

# CHARACTER OF LIFE

## IN LITERATURE & FILM



**ROY POSNER, MSS**

BASED ON THE FACEBOOK GROUP

# CHARACTER OF LIFE In Literature and Film

**Roy Posner, MSS**

thanks to Mother's Service Society (MSS) for providing  
deep insight and wisdom on this topic over the years

**Contains ~200 short essays, thoughts**

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## INTRO

Like us, Life has a Character. It is governed by subtle laws. To reveal, understand, and discover those profound laws and principles - especially through Literature and Film - is the object of this content.

Understanding the ways life functions, and therefore its character, gives us enormous inner power over outer conditions, enabling us to attract great success, and true, inner fulfillment.

Won't you join us on this Journey of Discovery to reveal the deepest Secrets of Life?

The knowledge presented here is based on the teachings of Karmayogi, Garry Jacobs, Roy Posner, and others.

# Character of Life Overview

## THE GAME OF LIFE

Some have suggested that life is merely a series of random events that occur without purpose or meaning. Our decades-long analysis on the contrary, indicates that life is a very meticulous, though complex system that expresses through profound, yet subtle laws and principles.

For example, we know that the motion of physical objects follow basic tenets of existence, but we rarely consider the fact that life itself also has its own methods and rules of causality and unfolding. It would seem a reasonable thing to do to try to discover just what they are.

And yet even if we were serious about identifying such laws and principles, would we have the right mental framework and perspective to identify them? [ep]

If we are tethered to simplistic notions of cause and effect, to that which can be visually perceived -- i.e. the scientific, empirical view -- we will hardly know anything beyond the surface of things. The fact is that life is far more complex, intricate, and interdependent than what the mind can see, let alone what the senses tell us. Even the most powerful human mind, steeped in logic is unable to glean the nature of reality because it is fixated and limited to what it knows, missing all of the subtle intricacies that make life what it is; that are the factors that move life and lead to its outcomes.

To begin to understand the character of life, we must start all over from the beginning; break down existence into its facets, and see how they each the parts fit together. It is not unlike a skilled watchmaker who in order to understand how to fix it, must take apart the timepiece to see the parts that make up the whole, see how it fits together, and figure out what is missing or wanting.

To understand life, its character, and its methods, we must begin our knowledge journey anew by deconstructing existence, and then perceiving how all of the parts – reality, life, society, the individual, circumstance, events, human character, evolution, destiny, et al fit together. From there we can know the play, the players, and the game, how they interact, and fit together, revealing life's character and all of the laws and principles that govern it.

[Understanding Life and Its Character](#)



"The events of our lives appear to lack coherence due to a limitation in our understanding. Those who perceive the true character of life realize that it has a complete connected significance." (from the Book inside the novel 'The Book' by Garry Jacobs)

[Character of Life Overview](#)

[The Book](#)

## **LIFE, ITS CHARACTER, AND ITS PRINCIPLES**

Perhaps the greatest question of all time is "what is life?" Scientists have tried to explain it without much success. Religious people have avoided it. Philosophers have grappled with it. Spiritual seekers have touched upon it from time to time. Realized souls have been immersed in its various dimensions, including those that are hidden from us.

### *Life as Field of Energy*

I would like to offer my thoughts to this mystery: Life is, in essence, a universal field of energy out of which forms take shape. Life not only ushers in those forms out of itself, but maintains, sustains, and, when necessary, discards them.

It should also be pointed out that Life itself is the final operation of an original movement that is Divine in nature. There is a fundamental immutable, ineffable Omnipresent Reality behind all existence. We can say that this spiritual Reality became "aware of itself", at which point it can be said to have developed Consciousness. As a result of being conscious of itself, it generated a *Force*. That Force is the source of energy that is the universal field of Life from which all forms take shape.

Then how do those forms of force/energy manifest? At various points, the energy of Life that was at rest begins to move; and consequently reformulate into seen and unseen patterns of existence. Certain forms that emerge are visible and material in nature -- like the plasma, rock, and earth we know in the known universe. Other forms are unseen, including the subtle realms of material reality, such as electromagnetic and sound waves.

In addition, there are forces, powers, and currents that are not related to material reality at all. These contain original vital powers and life forces that permeate the

universe. These currents and formulations of energy can be said to represent good and evil, positive and negative, and all manner of possibilities in between. There are also currents of mental and spiritual force/energy. We ourselves are evolved forms of these various visible and invisible energies -- e.g. our body is visible; our emotions and thoughts are invisible.

The building up, maintaining, and dissolution of energy-based material and non-material forms can be viewed as a great play -- a Play of Life, if you will -- as they intersect and interact to create a symphony of unfolding. Just as an athletic event consists of a field, the players, and the play, so too Life consists of a field of energy of seen and unseen forms that interact to produce a multiplicity of results.

### *Life's Character*

The intricacies of that cosmic Play formulates into patterns, which can be observed by the human mind as *principles* of Life. All of the principles together give life a distinct *Character*, which is not unlike the character of a human being. Life is then a Play of energies in which created forms of that force carry out their conscious or unconscious intention, intersect with one another, revealing patterns and principles that together give it a character.

### *Principles of Life*

If Life's character consists of principles our minds can perceive, what is an example of one? Perhaps the central principle of Life is that of *Oneness*. In essence, it means that all forms of force/energy are interrelated to one another in an inherent harmony and unity of being. In other words, everything seen and unseen in the universe and beyond are interconnected and One.

We humans however fail to see that Oneness since we live on the surface of things. However, when we move to a deeper consciousness within, we begin to perceive the integral unity of all. I.e. when we plunge within, and discover silence, peace, and equanimity of being within ourselves, and go further still and discover our True Spiritual Selves, we withdraw from our ego and separative consciousness, which makes us much more receptive to the unfoldings of life -- to the full spectrum of truths, seen and unseen -- in the environment. At that point, we begin to perceive that every entity and current of force serves a purpose; that each and all forms are crucial to the Cosmic Play; and therefore that everything is interconnected and One.

### *Inner-Outer Correspondence*

One way that Oneness expresses is through a related principle that I call "Inner-Outer Correspondence". This principle indicates that everything that happens outside ourselves is a reflection of our consciousness within. Therefore, if we change the inner, the outer *instantly* responds in kind. E.g., when I change a wanting attitude about a

matter, the conditions outside myself instantly become more positive, even though I have not taken any obvious material action. The outer instantly responding to an inner psychological adjustment is the phenomenon that I call "Life Response." I.e., when we shift our behavior to the positive, energies are released, which ripple through space-time, and align with corresponding objects, elements, and circumstances that suddenly appear before us as instances of sudden good fortune.

### *Nature of Acts*

There are many principles that indicate the Character and Play of Life. One grouping has to do with the nature of "acts" -- the fundamental unit of life. One extraordinary principle is the notion that everything that happens to us is indicated by a *prior* act or event. For example, if I had a problem with a client I was flying down to see, it is foreshadowed by a difficulty I had in boarding the plane. If this is so, then we can offer the current negative situation to the Spirit -- in this case the difficulty in boarding -- and avoid the problem that would have occurred later on! In this way, we are able to change the course of the future in the present.

Through an inner life of discovery, not only do we see that these understated, yet profound principles of life in action, but we are also able to affect those very conditions by making certain adjustments in our own consciousness -- such as changing an attitude, or taking to inner silence, or by opening to the spiritual Force, to name a few. In this way, we not only become witness to Life's infinite Play, but we can actively participate in it -- enabling its further progress, evolution, and transformation.



### **ON THE CHARACTER, PRINCIPLES, AND LAWS OF LIFE/NATURE**

- What I call "Nature" is not Mother Nature, but the way of life, or rather Life itself.
- Life/Nature has a character that expresses through particular patterns that can be further ascertained as principles and laws.
- The individual who understands life's character, including its particular principles and laws, will have a great power over it.
- The principles and laws of life are subtle, and are mostly unperceived by humans. However, there has been a recent opening as individuals have begun to see the power

of attraction, in which changes in consciousness attract sudden good fortune. This is also known as a "Life Response," which is based on the life principle of inner-outer correspondence.

-Principles of life include inner-outer correspondence, precedent events, simultaneity, synchronicity, law of karma, and many others.

-Through our higher consciousness we not only become aware of these subtle principles, but we can read them when they occur, which will help us determine what course of action to take (or avoid), enabling infinite-accomplishment and enjoyment in life. (Roy Posner)

## Character of Life Overview

### QUESTIONS ABOUT THE "CHARACTER OF LIFE"

Understanding the ideas presented in this work 'Character of Life in Literature and Film' can help us understand the answers to the following questions:

-Why does one person have luck and another fail to have it?

-Why do bad things happen to good people, and good things happen to bad ones?

-Why did the outcome of the story occur the way it did, when it seemed like it should have happened a different way?

-How is the social atmosphere affecting the outcome of events?

-Why does the tiniest action have the power to create the greatest outcome?

-How does our own character intersect with Life's character?

-Can Character of Life knowledge help us understand the true purpose and meaning behind circumstance and events.

-Does Life really have a character; a nature that follows its own laws and principles; its own course and flow?

-Is Life Conscious in ways we never would have imagined?

-Is there something we can do in consciousness that can causes outer events to turn more in our favor?

-Is Life a vehicle for something higher; such as a spiritual dimension?

-When we take an action, hoping for something to come about, why does nothing happen, or even worse, the very opposite?

-Why do people coincidentally appear on the scene in certain situations?

-Is life around us reflecting, positively and negatively our being inside?

-Is there a relationship between events happening around and our capacity to grow as a person?

-Can I become very successful, and inwardly fulfilled by learning the Laws governing the Character of Life?

-Can Character of Life indicate the purpose of human existence; social existence, universal existence, cosmic existence?

-Can Character of Life knowledge enable me to become the master of life? And if so, how? (Roy Posner)

[Character of Life Overview](#)

**Only when we understand Life and its Character will we begin to perceive our purpose; i.e. why we are here; and where we are headed.**



### **SCIENTIFIC VIEW VS CHARACTER OF LIFE**

Science perceives chance or randomness or certain material or mechanistic laws of life. It does not perceive Life's True Character.

We at MSS through guidance of Sri Karmayogi have revealed the Character of Life for 40 years and come up with many astonishing laws and principles, of which inner outer correspondence, repeating and predecessor events, and practical concept of infinity are but a few.

That knowledge of the Character of Life comes through painstaking observation and subtle perception and awareness on our part, which we can develop through our elevation and deepening of our consciousness.

By knowing the Character of Life we can truly understand the nature of life, the source of its problems, and therefore its integral solutions.

[Character of Life Overview](#)

"Character of Life" is an original, highly sophisticated perspective of human existence that Sri Karmayogi has brought to the world.

[Character of Life Overview](#)



## **CONTINUOUS CHANGE, EVOLUTION OF CONSCIOUSNESS IS CHARACTER OF LIFE**

"...According to Newton's Third Law of Motion, for every action or force in material nature there is an equal and opposite reaction or opposing force. According to The Book, there is a corresponding law of life but with one difference.

The character of the physical plane is unchanging equilibrium or balance. The character of life is continuous change leading to an evolution of consciousness..."

(From 'The Book' by Garry Jacobs, page 476)

[Character of Life Overview](#)

[The Book](#)

# Character of Life in Literature & Film



## LITERATURE AND THE CHARACTER OF LIFE

-It is in literature [and its offshoot, film] that we can most readily and objectively discover the nature of life.

-Great literature [and film] represents in story form truths of human action, individual character, social character, the character of life and spiritual evolution.

-The author draws on the vast reservoir of universal life to fashion stories, characters, action and consequences.

-Regardless of the author's conscious intention, what is portrayed is true in character if not in fact to the fundamental realities of human nature, the life of society and life as a universal plane.

-The results of action in a story of great literature are an expression not only of human initiative, individual and social character, but also of the character of life itself.

-Life is a universal field in which forces and forms act and interact with each other. Like the individual and society, it too has what may be called a character of its own. That character can be described in terms of the distinctive ways in which life events occur, repeat and reverse, and the factors that determine the results and consequences of human action. (MSS)

[Character of Life Overview](#)

## UNDERSTANDING THE CHARACTER OF LIFE

Entertaining literature (as well as film) enthralls us with suspense, humor and the intense action of an engaging plot. Superior literature transcends mere action. It presents to the reader the author's insights into human character and reveals the complex ways in which human character, action and circumstance interrelate to generate chains of consequences and results.

Still finer literature reveals the complex interactions between action, individual character and the evolving character of the society in which the action takes place. The greatest literature goes still further. It reveals not only insights of individual and social character but of the "Character of Life" itself.

A new genre of literary criticism that studies literature as a mirror of life and draws from it deeper insights into the character of Life will open up a window to the profound wisdom that resides in our vast repository of world literature.

Even personal experience cannot match its value, for in our own lives we are but half-conscious and too involved in the action to truly decipher its significance.

Only the knowledge that comes from direct spiritual experience can exceed the intuitive perceptions of great literature.

And like the scientist who in recent centuries has acquired more and more powerful instruments to delve more deeply into the mysteries of the infinitesimal and the infinite, we shall find that great literature offers an unending revelation both of the minute details revealed by critical analysis and the integral knowledge offered by a synthesis that exceeds the limitations of mental logic to reveal the logic of the infinite. (Janani Harish)

### [Character of Life Overview](#)



“...Life is the raw material from which the creative imagination of great writers generates works of fiction that are truer than life—truer because they probe and reveal more deeply its real character...”

(Janani Ramanathan, from Cadmus journal)

### [Life and Literature](#)

#### **LITERATURE REFLECTS LIFE**

Literature is filled with curious incidents and ironies, seeming coincidences and lucky or unlucky meetings. Life is full of them too. Literature reflects life.

Early societies and ancient wisdom from around the world claim to have discovered relationships between human consciousness and life events which the modern mind summarily dismisses as superstition.

Science studies objective external facts and regards subjective inner experiences as secondary or incidental, rather than causal factors. Literature revives the debate which science ignores or dismisses as unscientific. It intuitively points to a knowledge which rational thinking overlooks, ignores or dismisses.

Reconciling art and science, the subjective and objective views of reality through literary criticism may well provide a means to transcend the limitations of a purely material life science and discover a true science of life.

(Janani Harish)

[Character of Life Overview](#)



### **SHAKESPEARE'S WORKS AND THE CHARACTER OF LIFE**

Through comedy and tragedy Shakespeare reveals the vast expanses and Shakespeare's Insight into the Character of Life

The pattern of interaction between character, action, and the results of action reveals the importance of a crucial indeterminate which is variously called providence, chance, fate, etc. What appears as chance at the level of physical action is an expression of another dimension of causality in the plane of life. Shakespeare possessed an intuitive insight into this realm and into the role of individual character and social consciousness as points of expression of the wider character of life. (MSS)

[Character of Life Overview](#)



### **TO BE TITLED**

When we read what the characters have gone through in a story or in a film, we are subconsciously reading the process of our own awakening, our own self-discovery. (MSS)

[Character of Life Overview](#)



## **GREAT LITERATURE GIVES INSIGHTS INTO CHARACTER OF LIFE**

“...the great literature of any country and culture not only entertains us; It gives us insights into human nature, into how people act, into why we are the way we are. It also shows us the true nature of, the Character of Life...”

(paraphrase of Garry Jacobs from Savitri lectures)

[Character of Life Overview](#)



## **PERCEIVING THE SUBTLE LAWS OF LIFE THROUGH OUR EXPERIENCE, IN LITERATURE**

This is a translation and paraphrase of Karmayogi’s short article from a recent edition of "Malarntha Jeeviam" journal. (Senthil Murugan)

“AUTHOR”

We observe life up to the point of what is needed by us. We do not care about the things that are not related.

An author observes life in its wholeness. He not only observes, but also ponders. He ponders, reflecting on life, together with human character.

When we reflect on it by relating it to our personal experiences, we are able to perceive the world’s laws.

It is an irony that one who could not get 10 votes, contests in elections. When a Prime Minister contests in elections for 40 years, always such person would vie against him.

We observe such happenings, but leave it be afterwards. However an author continues to ponder it. When he perceives something, he observes till he discovers what is true, and then creates a character out of it.

Sri Aurobindo calls Shakespeare a “Seer of life”. Shakespeare perceives what a character thinks in the depths of his being through his behaviour, and also what would come in the future. When that is realized, then he becomes an author, and he is able to create eternal literature.

When we perceive in a similar fashion, it is an experience. When we understand a story as well as how the author perceives it, then we are deriving the true essence out of it. It is connecting to that author subconsciously.

When we receive that in life, it is experience. When we perceive that in stories, it is greater experience.

Stories and literature teach us life through pleasant entertainment.

Epics like Ramayana, Mahabharatha and ancient literature continue to exist till now because they still help people.”

### Life and Literature



### TO BE TITLED

“...In all great works of Shakespeare, there comes a fool, known for his wisdom. The creation of such a character in any fiction can be done only by great writers. He can emerge only into a great story. To know the story from his own point of view is to know it as exhaustively as the author has conceived.

In *Pride and Prejudice*, in this sense, Mr. Collins is the most central character. Next in importance comes Mrs. Bennet who has raw energy untempered by any values of the Mind...”

(From, P&P Commentary & Principles by Sri Karmayogi)

Life and Literature

Pride & Prejudice



### **ON UTILITY OF STUDYING 'PRIDE AND PREJUDICE' FOR LIFE KNOWLEDGE**

A: Roy, I think real life examples and experiences from the lives of the devotees makes it easy to understand and relate to for most of the people. P&P is fiction and far away from the cultural and experiential aspects of the layman.

Roy: Yes it is true, but P&P gives a marvelous COMMON knowledge for devotees. Mixed with people's personal experiences and the profound principles of Karmayogi interpreted by Garry and all, we have through the story a dynamic, integral path to self-knowledge, life success, and joy of being.

A: I agree..but i have read so many of your stories on IR that impact me much more than PP. What you've written has something of a directness....

Real life examples and experiences have a directness...

Roy: Yes, many of those instances I was writing about came right after or in memory of an experience I had. But P&P raises so many life response issues, especially useful when learning in these Group sessions.

In addition the story of P&P is so close to the subject of life issues that lead to greater degrees of success, so useful to Indians today, especially devotees. Karmayogi had this in mind in taking to this very powerful initiative.

Also I should point out that Garry mixes the life response incidents in P&P with his own powerful life response experiences, reinforcing Appa's principles that much further.

Life and Literature

Pride & Prejudice



**Map of Pride and Prejudice**

[Life and Literature](#)

[Pride & Prejudice](#)



**TO BE TITLED**

The central feature of 'Character of Life in Literature & Film' fb group is how to evoke sudden good fortune from out of nowhere.

[Character of Life Overview](#)

# Character of Life Principles



## FOUR CHARACTER OF LIFE PRINCIPLES

What are several principles that indicate Life's character?

One is that Life is a field of existence consisting of the play, the players, and their interactions.

Eg in the book, various films of *Pride and Prejudice*, the story that the author gives us is the Play. The characters, Like Mr. Darcy, Elizabeth Bennet, and Lady Catherine are the Players. The interactions are all the scenes where the players are connecting with one another; e.g. where Darcy refuses to dance with Elizabeth, or when Lydia elopes with a scoundrel. They can be major or minor scenes and interactions.

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A second is that Life is constantly responding to the inner and outer expressions of the behavior of the players.

Life can respond positively or negatively to the players. Eg negative circumstance constantly follow in the footsteps of Mrs. Bennet's thoughts, emotions and actions, because she is so negative herself. On the other hand, when Darcy shifts away from being proud and aloof, good fortune soon follows.

Thus Life reacts positively to higher consciousness inner and outer behaviors, and negatively to lower ones.

In fact, Life is always responding to our desires, actions, habits, attitudes, beliefs, and values.

Thus, what we are *within ourselves*, is how life expresses on the outside.

In this way, Life is alive and Conscious.

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A third principle is that life unfolds in the world in ways that are mostly subconscious to us i.e. we only perceive the obvious outer unfolding, -- what is material and mechanistic, tangible and in sight -- not the subtle unfoldings, signs, and indicators.

Eg Elizabeth Bennet has no idea that her feelings toward the treacherous Wickham will cause her younger sister to elope with him and nearly ruin her family. Likewise Mr.

Bennet has no idea that his indifference to his children will lead to the same nearly ruinous elopement.

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A fourth principle is that life progresses through the conflict or contradiction between pairs, that creates the possibility of a higher consciousness, that turns the conflict into a progress or harmony.

Eg Darcy and Eliza are fully at odds. And yet when they go through circumstance, they came to see their limitations in their being, make the necessary change in their attitudes and feeling, leading to the establishment of their relationship and their marriage.

Thus we can say that life progresses by turning contradictions into complementarities.

### Character of Life Principles



### SUBTLE PRINCIPLES OF LIFE

Perhaps the one principle of life we readily agree upon is the law of cause and effect. E.g. if I do something, there is an effect. Unfortunately, we only see this principle at work on the physical/material level. E.g., when I hammer in a nail, the wood splinters and it is penetrated. This physical/material causality is obvious for every human being. However, that is only a small part of the life picture. There is also the cause and effect at the non-material plane -- i.e. subtle level of life.

E.g., if I feel an emotion, someone else in the next town subtly perceives it. When they then receive my phone call, they comment that they were thinking of me. An even less known example: I change a negative attitude, and suddenly someone from half way around the world that I have never known before contacts me with an offer of a job of a lifetime. This is a subtle principle of life called 'inner-outer correspondence'. I.e. there is a direct connection between the inner me and the outer life. Therefore, when I change a wanting aspect of myself consciousness within, such as a negative attitude, life outside myself instantly responds in kind -- even though I took to no perceptible outer action to make it occur. This stunning unfolding defies our normal perceptions of what is possible, and how space and time unfold. Yet this principle is always at work, just beyond the bounds of our normal state of awareness.

There are many other subtle principles of life. One is that everything that occurs in life is indicated long before it occurs; i.e. by a 'predecessor event'. For example, an individual is eager to come to a meeting that could change his life, but then gets very lost while driving around in a huge housing development -- though eventually he finds his way.

Years later, he goes out of business when in his relationship with the very people he tried to meet at that earlier difficult-to-arrive-at, fateful meeting. The earlier negative event of getting hopelessly lost was the predecessor of the later negative circumstance of meeting with financial disaster through that same party.

It is also interesting to note that there are no exceptions to this rule: everything in life is indicated earlier by a predecessor event. Or to make it more personal: everything that is currently happening to your life -- whether great or small -- has been indicated by a predecessor event beforehand. Here is one other example of the phenomenon. A young man comes to India and meets with a teacher. Years later, they would be involved in a difficult trial against another person in which they (temporarily) lost a considerable financial judgment. At the very first instance when the two individuals met a decade earlier, the young man had asked the elder for a small loan to pay for a taxi. That sorry request was a predecessor of the near-financial ruin suffered by both. If we were to go back and trace the events our lives, we would see this same principle at work in our own lives. Something to think about: the things we are doing now will become signs and predecessors for future events.

Inner-outer correspondence and predecessor events are two startling subtle principles of life. How can the average person who only sees the obvious causalities of life perceive them? It is a matter of living a more concentrated existence, where our focus in life is more inward, and less outward where we are caught up in the surface unfoldings of life. From that deeper poise, we more readily perceive the subtle movements of life around us.

Let me add one other subtle principle -- one I have mentioned frequently in this column. It is that the negatives we experience in life serve the greater good. Or to put it another way, negatives are just as good in the creating the greater Good as the ordinary good is. Consider how the central episode in *Pride and Prejudice* unfolds, and you will see what I mean. In the story, Darcy is in love with Eliza, but she has rejected him due to his prideful ways. There appears on the scene an old nemesis of Darcy, Mr. Wickham. He runs off with Eliza's youngest sister, precipitating a scandal. Darcy then takes it upon himself to overcome the predicament, and succeeds in bringing Wickham and the younger sister back to the community married, thus avoiding the scandal. As a result, Eliza perceives Darcy in a new light, they reconcile, she expresses her love, and they marry. Cannot we then say that it was because of the negative Wickham that Darcy is given an opportunity to act in a way that wins over the love of Eliza? Put in philosophical terms we could say that Wickham appeared on the scene in order to bring about the marriage of Darcy to Eliza -- even though that was not his conscious intent. Thus, life progresses very quickly through the unfolding of negative circumstance, adding to the greater Good. It is one of Nature's profound methods.

The most extreme example of that would be the startling statement that the ultimate evil represented by Adolph Hitler and the Nazis unified Europe! Without their treachery, it may have never happened, or it may have taken hundreds of years before an EU was created. Because these nations had to jointly oppose the Nazis in WWII, instead of

acting selfishly and separately apart as they did in the years leading up to the war, they developed the beginnings of a unity of purpose. Then at the end of the war when the devastation was complete, the nations knew that they had to come together, or face similar consequences once again. They then went on to see their shared values and purpose. It was a vast evolutionary movement of hundreds of years through the misery of a few years of extreme negative unfolding.

If we think about it, each of us can identify extreme negative circumstance that precipitated a great advancement forward in our own lives. It is unfortunately too often the case that only through the shock of negative circumstance does our lives make the necessary leap forward. It is the cause because our habitual nature and our virulent attitudes and beliefs do not readily change on their own to allow for such progress. It is known by the spiritually wise man that the Divine itself sanctions the negative, including evil, as a radical means of moving forward -- at least until we develop the positive means to do the same. Thus, this negative unfolding that serves the greater Good, can be thought of not as a negative at all, but as a more intense form of the positive. It is a form of the positive that is not easily recognizable, and bitterly accepted if at all. This is Nature's difficult method -- though in the future we will discover the inner, spiritual means to move life forward without the need of pain and difficulty. It is called the way of Soul.

I have mentioned a handful of subtle life principles -- though there are many more, each more remarkable than the next. Though laudable, the goal is not simply to be aware of and occasionally experience these startling unfoldings of life, but utilize their power to raise our consciousness, while bringing about progress in our lives. Then life will become an endless adventure, a 'thrill ride of the within', which will not only take us to the heights of any endeavor we engage in, and allow us to make remarkable personal progress, but will fill us with an ongoing deep joy and delight of being. At that point, we will stand on the shores of a New Way of Living.

(Roy Posner)

[Principles of Life](#)

[Law of Karma](#)

[Having Subtle Connection with Another](#)

[Inner-Outer Correspondence](#)

[All is Indicated Beforehand](#)

[Negative is a Positive in Disguise](#)

[Pride and Prejudice](#)

## **CHARACTER OF LIFE PRINCIPLES**

Life has a character just like each of us. It expresses through patterns and principles that elude our view. However, if we look closely we can learn to identify the principles that

describe the workings of Life's Character. Here are some examples that indicate the nature of life's character:

#### WHAT LIFE IS

- Life is a universal field that seeks progress towards an unnamed goal.

#### PLANES OF LIFE

- Life exists at many planes – from the physical, to the vital/life force, to the mental, to the spiritual.

#### LIFE'S OUTCOME AND FLOW

- Life's outcomes are determined by the consciousness of the individuals, the influence of the collectives involved, the general atmosphere, and the progressive urge of life behind.
- The flow of events of life cannot be understood by mere mechanistic view of circumstance, but by understanding the inner attitudes, motives, and beliefs of the individual, or collective.
- The flow of events cannot be understood by mere mechanistic view of circumstance, but by understanding the inner attitudes, motives, and beliefs of the individual, or collective.
- Life is a process of ever-unfolding progress that can also move faster through evolution, and fastest through transformation.
- Life unfolds through the contradictions of force, such as between of two parties (individuals, nations, ideas, etc.), working its way to a higher harmony.
- Life or Nature provides a slow, often painful method of progress. Progress through higher consciousness or soul also enables progress, but without the pain.

#### ACTS

- The act is the central unit or measurement of life.
- Life's acts tends to repeat over and over until there is a counter force that changes that dynamic.
- That act or circumstance which happens at the outset of circumstance, indicate what is going to occur at the end; what the final outcome will be.
- When a great movement to the positive rises, an opposing force tries to deny it.

#### LIFE RESPONSE

- Life responds to the consciousness of the individual. When there is a further shift to the positive, life suddenly brings forth positive conditions to that person. Likewise, a negative will bring forth a negative.
- We have the capacity to shape life not just through our outer actions, but through our inner attitudes, motives, values, and beliefs.
- Life responds powerfully to movements and shift of intention, decision, attitude, and action.
- In “life response,” space, time, causality, and limits of possibility are overcome.
- Life responds to strength. Life is amoral (not the same as immoral), responding to force and power.

#### ONENESS OF LIFE

- Though we see separateness and division in life, all things are inextricably and integrally related. Thus even the smallest thing can have a great effect.
- The inner person and the outer reality are not two separate things, but are one. Thus when we change the inner view, the outer quickly responds in kind.

#### ROLE OF THE INDIVIDUAL IN LIFE

- A person is not just an individual being serving his own individual purpose, but also has a universal capacity to affect the society and other collectives. The person also serves a transcendent purpose.
- A pioneer individual will often advocate that which is subconscious to the society, enabling it to move forward.

#### IGNORANCE TO KNOWLEDGE

- Life is a journey from Ignorance to Knowledge. To enable the full accomplishment of that process, rebirth of the soul is necessary.

#### ACCOMPLISHMENT & SUCCESS

- There are factors that enable great accomplishment and success, reflecting life's character. Among them are aspiration, psychological strength, attitude, capacity, and values.
- All problems of life are essentially problems of Harmony. Increase the harmony and solutions are found, problems disappear.
- Limited consciousness prevents these from manifesting success. Higher consciousness facilitates these.

## LIFE AND SPIRIT

- Life is the final operation of a Supreme Conscious-Force.
- Behind the movements of life are the Intent of an Infinite Consciousness, a Divine entity.
- We can collaborate with the Divine will to facilitate the evolution of life on earth.
- Life seeks to manifest spiritual values like silence, peace, harmony, truth, wisdom, goodness, beauty, love, joy, infinity, and eternity.
- Though the Infinite Consciousness does not wish for it, it sanctions ignorance, falsehood, pain, and evil as a means of evolving the conditions of the world.

### [Character of Life Overview](#)

## **VARIOUS PRINCIPLES OF LIFE INDICATING THE CHARACTER OF LIFE**

### PRINCIPLES OF ACTS

- The consequences of an act depend on the strength of the act, the actor and the social atmosphere.
- When we function in the world we do so through the individual acts we perform. We can say that the act is the fundamental unit of life in the same way that the atom or molecule are the fundamental units of matter. In fact, each act is in fact a microcosm of the universe; the universe in miniature.
- Each act is a force with a propensity to repeat that increase with each occurrence. Each repetition of an act increases its tendency for further repetitions.
- There are always predecessor events that point to the bigger events. To know those smaller acts can help us control the bigger ones; turning them into great accomplishment and results.
- The outcome of a chain of events is indicated at the very beginning, though the meaning of that indication may not be evident.

### INNER-OUTER CORRESPONDENCE & LIFE RESPONSE

- Everything on the outside is an expression of our inner condition.
- This laws governing the relationship between the outer and the inner can be called the principle of "inner-outer correspondence."
- Life outside one's self is a reflection of one's inner consciousness.
- If we make a decisive shift within, life on the outside can suddenly and abundantly respond on the outside. This is "life response."

- The shift of the outer to the inner can occur instantaneously and at any distance and quantity.
- If life throws up a challenge and we respond in the right way -- e.g. overcome a negative attitude -- life will respond suddenly and abundantly, overcoming limitations of space and time, and our notions of what is logical and possible.

## PRINCIPLES OF ACCOMPLISHMENT

- An individual's ability to accomplish is affected by the social environment and atmosphere -- which includes the capacities, energies, character, and circumstance of the social environment and social institutions he is involved in.
- An opportunity taken up in a positive atmosphere supports and enhances its eventual outcome.
- When the atmosphere is negative, the initiative will fail, unless the individual is able overcome the resistance of the atmosphere.
- When there are deficiencies in the act that are greater than the atmosphere, the act fails. When the capacities are stronger than the atmosphere, then the act succeeds.
- When an individual tries to make a significant progress for improvement in life often there appears on the scene a negative influence to bring it down. If the person has the significant energy and character they can overcome this negative influence and move on to the next level. If they don't they are brought down.

### [Character of Life Overview](#)



## PERCEIVING THE HIDDEN PATTERNS OF LIFE

**There are subtle patterns of life that go unnoticed, and which defy our normal perceptions of logic, cause and effect, and space and time.**

Understanding these hidden patterns not only enables us to see the world in a different way, but gives us the insight to perceive the truths that are unfolding in the atmosphere around us.

From that poise we can know the true truth of the reality unfolding around us, giving us one leg up on the world so that we can make the right decisions that invariably will lead

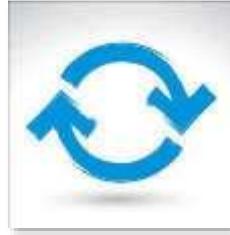
to infinitely successful results. In other words, perceiving the subtle workings of life can lead to great accomplishment, success, and happiness in life.

**In this article at Mother's Service Society we'll cover a variety of these subtle hidden patterns in life in the following discussion. We'll begin with that most fundamental aspect of life, the simple act:**

<http://www.motherservice.org/content/hidden-patterns-life>

Principles of Life

# Life Response Phenomenon



## LIFE RESPONSE SEEN IN GREAT LITERATURE, FILM

-One of the best ways to observe life -- including the miraculous-like phenomenon of life response (i.e. sudden good fortune from out of nowhere) -- is to read the great literature of the world. From such works, not only are we privy to the many fascinating experiences of its characters, but with a sharp eye, we can detect a number of powerful life response results as well.

It turns out that there is one great work of literature that I have found particularly compelling when it comes to life response. It is Jane Austin's masterwork *Pride and Prejudice*. Its rich story, its variety of fascinating characters, and its several dramatic turns not only contribute to an absorbing read, but also reveals a cascade of powerful life response incidents.

-Great literature as well as great cinema can serve as an invaluable instrument for perceiving and understanding the phenomenon of life response. By presenting us with a diversity of characters navigating their way through an array of situations and circumstance, these fictional forms not only help us observe the subtle and not so subtle unfoldings of life, but are windows into the inner and outer behaviors that attract these miraculous-like results.

And yet great literature and cinema will only reveal these profound insights if we are willing to penetrate the surface narrative, delve deeper, and discover the subtle causality at work. Then these works will reveal all of life's marvelous secrets, so we too can quickly attract the miraculous.

-The next time you watch a film, look out for one or two life response incidents in the story. For example, if there is a sudden positive development in the plotline, see if you can trace it back to a person's shift in attitude, or a decision or action taken, or the expression of intense desire or intention.

Do the same for negative life response. When ill fortune arrives, trace it back to a wrong movement on the part of that or another individual.

The next time there is a positive or negative development in your own life, see if you can relate it to a previous behavior on your part. If there is a positive result, try reinforcing the behavior that precipitated it. If it is negative, try avoiding it in future. (MSS, Roy Posner)



### **OBSERVING LIFE RESPONSE IN FILM**

Watch most any film, particularly a good one and you will be able to observe a half dozen or more life response instances in it. Tracing the positive (or negative) response back to the source behavior of the character that precipitated it increases one's knowledge of the ways of this startling phenomenon. (Roy Posner)

#### [Life Response](#)

### **SUBCONSCIOUS PRESENTATION OF LIFE RESPONSE THAT CAN BE CONSCIOUS**

"Life Response" is a startling phenomenon in which an instance of sudden good fortune is precipitated by taking to a higher level of consciousness, such as shedding a negative attitude, or having a focused aspiration to accomplish something, or engaging in an act of self-givingness. Life quickly responds to such reversals of consciousness and quickly returns the favor to that individual in the form of a life response event. It is miraculous thing to experience.

One interesting aspect of life response is that it is occurring all the time, but we do not have the subtle sense to perceive it. I.e. when good fortune happens to us, we aren't aware of the shift in consciousness on our part that precipitated it. While true in real life, we also see this dynamic at work in works of literature and film. Instances of life response are constantly being presented there by the author in these stories, but we don't recognize the effect, let alone the inner cause.

Another interesting point is that though the writer readily presents life response incidents in his work, he is unaware that he is demonstrating this miraculous-like phenomenon. Then how does it come to be written? The answer is that it comes from the author's subconscious. While the author has a conscious sense of the flow of events and character movements, the inner truths and subtle life principles of life he has revealed are *subconscious* to him.

Then where does the subconscious knowledge come from? It is there in his inner being, in a buried knowledge passed on through generations that the writer subconsciously taps onto. It is also there in the atmosphere of life that the author becomes an instrument of.

It turns out that all great writers present life response in one form or another, as they are more attuned to the intricacies of human relationships and character, even as they are unconscious and unaware of the subtle life principles at work. For example, if you watch closely, you will notice a startling array of life response incidents in the works of Jane Austin; particularly in her great novel *Pride and Prejudice*. There if one pays close attention one can easily trace the change in consciousness that precipitate sudden good fortune for an individual. E.g. when heroine Eliza Bennett gives up her hostile feelings towards Darcy when visiting his enormous Pemberley estate, he immediately appears out of nowhere (when he wasn't expected for weeks), which has the effect of kindling their romance, directly leading to their great happiness and marriage. Life has responded in her favor to her shift away from hostility to greater understanding, appreciation, and good-will. There are at least two dozen major life response incidents, and dozens of minor ones that I and my colleagues have traced in the story.

As I mentioned, it is there in all the great authors' works -- from Shakespeare's plays, to Valmiki epic *Mahabharata*. It is even there in the most mundane and banal soap operas, or in more serious tv and film fare. Here is an example:

The other day a friend and I were watching the TV series *The Good Wife*. At one point I asked her to temporarily pause the on-demand presentation. I then turned to her and mentioned that one of the three principles in the law firm in the show had just made a decisive shift in attitude, and as a result somewhere soon life would respond in her favor. When we resumed watching the episode that is precisely what happened soon after.

Which brings up an interesting question: what if an author or writer was *conscious* of the phenomenon of Life Response, and had the capacity to subtly show how the inner behavior of the characters precipitated sudden good fortune in the outer events? How would that work out?

It turns out that an associate of mine Garry Jacobs has written a fascinating work of fiction called *The Book*. It is in essence a 500-page mystery-story that is filled with the most profound secrets of the workings of life. Included in it throughout is the phenomenon of Life Response. Not only do the characters' experience sudden good fortune in a variety of astonishing ways, but several of them become aware of their ability to evoke it, which they do on a regular basis!

Garry has thus written a novel that not only includes a plethora of life response, which is a result of his conscious awareness of the phenomenon, but also has his characters aware of its workings. This is so because Garry has studied the phenomenon from all angles for thirty-five years, and is able to incorporate it in a spiritual-oriented adventure story of unprecedented depth and power.

Likewise, each of us can become aware of instances of life response in our own lives. Better still, we can come to understand the changes in consciousness on our part that precipitate these startling outcomes. Best of all, we can constantly be aware of, and then consciously make the effort to raise level our consciousness relative to given circumstance -- e.g. by practicing non-reaction to another's intensity, by holding back

from expressing our thoughts (silent will), by opening to the spiritual Force before engaging in actions, etc. -- which will quickly evoke luck from life.

In that way, not only are we conscious of the life response phenomenon itself, but use it to attract a continuous stream of good fortune into our lives.

[Life Response](#)

[Pride and Prejudice](#)

[Mahabharata](#)

[The Book](#)

## **'INTERSTELLAR' FILM & LIFE RESPONSE**

I recently saw this very popular and well-received science fiction film 'Interstellar' and in it, as one **columnist** says, are instances of non-local connection, entanglement, what I call synchronous connection that is one expression of Life Response.

He says "Nolan introduces the concept of quantum entanglement. That's when two particles that have interacted with each other behave as one even though they might be far apart. He then shows how people in love display some of those same features. They react in the same way at the same time to the same things. [no matter how far apart]

The characters in the movie are frequently experiencing cross-cutting and mystical connections that transcend time and space.

...As the poet Christian Wiman wrote in his masterpiece, "My Bright Abyss," "If quantum entanglement is true, if related particles react in similar or opposite ways even when separated by tremendous distances, then it is obvious that the whole world is alive and communicating in ways we do not fully understand. And we are part of that life, part of that communication. ..."

Further comment on the film: What is made dramatic through a science fiction adventure traversing the galaxies occurs in the most mundane of daily acts if we have the eyes to see them. If the average person can clearly see how the power of Love and other forms of harmonic connection –silence, goodness, truth, etc. -- can abridge space and time, and be experienced as a miraculous unfolding in one's own life, then the society would truly make a great leap in awareness.

[Life Response](#)

[Quantum Entanglement](#)

[Interstellar](#)



## **CONSCIOUS PRESENTATION OF LIFE RESPONSE IN 'THE BOOK'**

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In that way, not only are we conscious of the life response phenomenon itself, but use it to attract a continuous stream of good fortune into our lives.

(this is an extract from a longer article written in 2011)

[Life Response](#)

[The Book](#)



## **LIFE RESPONSE IN PRIDE AND PREJUDICE**

In terms of Life Response (onset of sudden good fortune from seemingly out of nowhere), *Pride and Prejudice* boils down to this.

There is aspiration for marriages among the Bennet family members. Life interferes and creates obstacles for this to happen, including the elopement.

Several persons undergo transformation of their being (especially Darcy, Lizzy, and Mr. Bennet) that overcomes the obstacles, leading to great achievement and the original aspiration fulfilled.

At the societal level, life progresses through compromise among the classes, instead of revolution as took place in nearby France.

Life Response

Pride and Prejudice

## **STARTLING DOUBLE SYNCHRONICITY WITH BAGGAR VANCE**

The other day I had a marvelous experience I would like to share.

A friend of mine and I decided to watch the film *The Legend of Baggar Vance* (from 2000), which I had seen several times before over the years. It is essentially the *Bhagavad Gita* presented in a modern context. It is the tale of the local golfer Junna (as Arjuna) competing against the two greatest golfers in the world. Junnah/Arjuna is guided by Baggar Vance, who is the equivalent of Krishna. (The title "*Baggar Vance*" is similar to *Bhagavad Gita*.)

Baggar shows Junna not only the keys to golf, but to Life Success. He shows Junna how to become "one with the field," enabling perfect execution in works; here meaning the capacity to execute the perfect golf shot. Baggar also reveals himself as a supernatural divine presence; infinite and eternal, which Junna begins to realize he too can become.

While watching the film I could feel the essence of Krishna coming through the performance of actor Will Smith. Junna is also convincingly performed by actor Matt Damon.

Then my story changes. The next morning I headed out to a client, but before that I stopped at a restaurant for breakfast. At the facility they have several mounted televisions - presenting various content, like news, weather, human interest stories, sports events, interviews, sitcom excerpts, etc.

However, when I got there that morning and looked at one of the screens, I saw that they were showing highlights of women golf pros performing at their craft. I immediately saw the connection with watching *Baggar Vance* the night before. I smiled at the synchronicity of the two events. It was a million to one shot of this taking place, yet I have had this experience hundreds of times before.

A minute later the presentation on the tv changed and instead there was an interview with none other than ... Matt Damon! The very actor who played Junna in the film from 2000 I watched the previous night!

I was stunned and gripped by the profundity of this super response from life; as if Krishna had simultaneously orchestrated the situation and blessed me with his cosmic smile.

It was a trillion to one possibility, yet it occurred.

And It was yet another reminder that when we deeply focus on something - here the powerful spiritual-like events in the film - more of it comes to us from out of nowhere.

Then you realize how cosmically interlinked all things are in the universe, something we can constantly perceive if we just open our eyes.

Synchronicity

Oneness

Baggar Vance

# Inner-Outer Correspondence

The phenomenon of Life Response is based on the Life principle "Inner-Outer Correspondence." That the outer is always reflecting our consciousness inside. We can also say if we change the inner consciousness (attitudes, beliefs, take to spiritual method), the outer life will instantly respond in kind.

## INNER-OUTER CORRESPONDENCE

just like an individual, life itself also has a character. It expresses in principles like inner-outer correspondence, i.e. that how the inner me determines the outer reality, which is the basis of the outcome of the phenomenon of life response, i.e. sudden good fortune.

## CAUSE OF LIFE RESPONSE

Life response is enabled by the underlying principle of inner-outer correspondence; that the inner and the outer are not two separate realities but are part and approval of the same contiguous stream of existence. I.e. the inner and outer are One. Therefore, if the inner me changes, the outer instantaneously changes in kind.

Life response occurs due to a shift in consciousness on the part of an individual that causes that person to move in alignment with positive conditions that are experienced as an immediate instance of sudden good fortune.

## INNER-OUTER CORRESPONDENCE

The principles and laws of life are subtle, and are mostly unperceived by humans. However, there has been a recent opening as individuals have begun to see the power of attraction, in which changes in consciousness attract sudden good fortune. This is also known as a "Life Response," which is based on the life principle of inner-outer correspondence.

## INNER-OUTER CORRESPONDENCE & LIFE RESPONSE

- Everything on the outside is an expression of our inner condition.
- This laws governing the relationship between the outer and the inner can be called the principle of "inner-outer correspondence."
- Life outside one's self is a reflection of one's inner consciousness.
- If we make a decisive shift within, life on the outside can suddenly and abundantly respond on the outside. This is "life response."

- The shift of the outer to the inner can occur instantaneously and at any distance and quantity.
- If life throws up a challenge and we respond in the right way -- e.g. overcome a negative attitude -- life will respond suddenly and abundantly, overcoming limitations of space and time, and our notions of what is logical and possible.

## **INNER-OUTER CORRESPONDENCE**

What we experience on the outside is a direct reflection of what we are inside. I.e. there is a correspondence between our inner psychological condition -- including our habits, wants, feelings, attitudes, opinions, and beliefs -- and how the world takes shape outside ourselves. This would suggest that if we were shift to a more positive psychological condition inside, life on the outside would instantly respond positively in kind.

Such sudden response of the outer life to our inner condition can take shape in two ways - positively or negatively. E.g. just after I decide that I will no longer allow myself to feel negative feelings towards another, I am informed that I've been selected to head an exciting and lucrative new project. Inversely, a moment after I feel an intense negative emotion towards a fellow worker, I am informed that an important project I've been working has been cancelled.

From this perspective we see that our normal views of what is logical and possible, of how cause and effect should relate, of how space and time should function, are rendered obsolete. Instead, we develop a new view, a new perception of the true subtle association and relationship amongst objects and individuals in the universe.

## **INNER-OUTER CORRESPONDENCE, ONENESS, ENERGY AND FORCE, AND LIFE RESPONSE**

In our analysis of the guiding principles behind the phenomenon of life, we have come to recognize a correspondence between our inner state of consciousness and how life reflects outside ourselves. We have identified this as the principle inner-outer correspondence.

Moreover, we have suggested that this principle is made possible because there is a subtle unifying force and energy behind all existence that binds all objects and individuals in the universe across space and time. This unifying mechanism enables the correspondence and connection that we have pointed out between what we are inside ourselves, i.e. our consciousness, and the world around us.

Finally, we have determined that within this associative framework, a change of consciousness -- expressed through transitions in our opinions, thoughts, habits, knowledge, insights, decisions, and actions -- intensifies the subtle connection between ourselves and corresponding objects and individuals across space and time, enabling a

return of energy from that element, which we experience as a sudden abundant positive response from life.

# Contradictions are Complements



## WE EVOLVE THROUGH A CONTRADICTORY PROCESS

"The vehement rejection from life on the surface is indeed not so [not way life normally progresses, evolves]. Rather it comes in Contradictory form, through something in us is not receptive to the other side's position or status. When we manage to identify it and reverse it, It embraces us in a magnificent and miraculous manner." (paraphrase of SM)

I.e. we progress, evolve through contradictions with others - whether another party, a differing idea, etc. By changing our consciousness relative to that conflictive, differing position, we become more conscious, and thereby progress; evoking positive response along the way.

Thus behind every conflict, division, contradiction, harmony with other parties there lurks an Opportunity to raise ourselves - realized by taking to a higher consciousness relative to the adversary or adversarial idea. When we reverse ourselves and embrace that other position or otherwise learn a lesson from that unfolding, not only do we realize a higher harmony, but life responds and we are thrust into a higher status in life.

This is then how life normally works for our progress. It is Nature's Way: 'Prakriti' in Sanskrit. All isn't thrown at us at once negatively or positively. Instead it comes through a process that is realized through the resolution of dual pairs in contradiction and conflict, as the parties shift from division, ego, separateness to greater awareness and higher Harmony.

[Contradictions are Complements](#)

[Pride and Prejudice](#)

## CONTRADICTION IN UNFOLDING OF LIFE

Behind the surface of existence, we see that Life has a Character, just like you and I do. It is the why and the wherefore of the outcomes of existence. Moreover, that character expresses through laws and principles, only a few of which we recognize. If however, we understood the methods and rules of life, would it not be a leap for humanity? Would we not have the power to not only understand all of Life's mysteries, but use that knowledge to forge our existence for our own best interest. By knowing the laws and

principles that govern Life and its character, we would have the tools to overcome limits of causality, space and time, and what we deem as possible.

The question then becomes how can I observe life in a way where I can recognize its character, and hence its rules. Just observing from out of our own mind's eye and examining our own personal existence will not provide enough scope to perceive the Little Details nor the Big Picture. We need to instead withdraw from our own limited view, draw back, and carefully and consciously examine life in all its fullness.

Perhaps the simplest way to do this is to examine the great works of fiction in the world. For after all, everything is there: the Players, the Play, and the Context -- especially so in the hands of a great author, like a Shakespeare or a Victor Hugo or a Jane Austin.

For example, in Jane Austin's *Pride and Prejudice* there is a broad canvas to observe; a rich panorama of characters, social context, motives, events, and circumstance. It would seem like an excellent candidate for revealing life's character; its ebb and flows, its mysteries, and more particularly, the principles and laws that govern it.

Right off the bat in that story, we see the role of conflict in life. Eliza and Darcy meet one another at a ball. Rather than acting like a gentleman, which he often is, Darcy acts prideful and arrogantly by insulting the intelligent and attractive Eliza Bennett. He remarks to his friend that she is not particularly handsome, is of a lower station, and thereby refuses to dance with her. And off the tale of *Pride and Prejudice* goes.

And yet we know after one reading (when it is literature) or viewing (when in the form of a film) how this story ends. They end up together, in love, which culminates in their marriage, bringing great happiness to themselves and to their families. So from a cursory examination of the dynamic of this very enjoyable tale, we perceive that several characters begin in conflict and yet somehow end in joy. We can therefore ask ourselves, "What is going on here? Does this say anything about life and its character?"

It turns out that it very much does. For one of the great principles of life is that it more often than not the case that life progresses through conflict and contradiction. That each time there is a progress, a movement forward in life, some obstacle between two or more parties has occurred and has somehow been overcome. Otherwise, there seems to be little chance of a progress occurring in life. This principle or law of "Contradictions" can be seen everywhere if we just take the time to observe it.

For example, if you were to think back on your life, you will see how often you were able to or forced to move forward because an obstacle, a conflict, a contradiction was offered up by life. That opposing force can be in the form of another individual, a collective of individuals, the society one is living in, and so forth. In the case of Eliza and Darcy, they had to go through the experience of contradiction in order to find one another in love and marry on the other side. This is a common dynamic and principle that reveals an important shading of life's character.

If we look a little closer however, we will see that there is a subtle intention behind this rule. One that relates to progress in life; even human evolution. In Eliza and Darcy's case, the contradiction was there to enable each side to see their own limitation and

thereby grow from the experience. Darcy realized that he was arrogant and prideful, and if he were to win over Eliza whom he loved, he would have to change his nature. And he does just that!

Eliza, on the other hand, gradually comes to see that she has misread Darcy's character; that he has many winning qualities, which she was blind to for several reasons, not the least of which was that she was hypnotized by the handsome scoundrel, Wickham. Through events, including the calamity of the elopement episode, she is thereby forced to give up her prejudice and narrow view of Darcy. She thus grows and evolves through the contradictory events and the harmonic outcomes that follow.

But how could this have all come about if Life, i.e. Nature had not put these two characters in relations to one another, yes in conflict and contradiction, so they could outgrow their limitation and evolve beyond their limiting attitudes and beliefs, and, as a result come together and find ultimate love and happiness. Through Life's principle of Contradictions, they are put in relation to one another, are able to discover one another; then perceive their own limits, overcome them, revealing a new resolution and harmony taking form as their eternal love for one another and the joy that follows.

Now we the dispassionate yet engaged witness and observer are able to see that these seemingly negative events are the very stuff that enables forward movement and indeed progress in life. The conflict can be between any two parties, whether two nations, two people, two organization, a business and the society, between one idea and another, and so forth and so on for every permutation of duality that manifests in the world. It is thus through Nature's law of contradiction that life develops the energy and force to move forward, even to progress and evolve. Otherwise, there is no intensity, complexity, diversity, and character to life. Only a bland stasis waiting eternally to move forward.

[Contradictions](#)

[Pride and Prejudice](#)



## **PERCEIVING CONFLICT AS OPPORTUNITY IN 'YOU'VE GOT MAIL**

It is one profound observation that things happen in Life in order to make us evolve. Sometimes it comes to us as a bitter lesson, but behind this apparent difficulty there contains an Opportunity, which comes to us as Fortune or Grace.

However, in order for these positive developments to come about we need to move in harmony with life and change our consciousness, especially our attitudes along the way. As a result, life will Respond and miraculous events will unfold.

In the movie 'You've Got Mail' Kathleen's "Shop Around the Corner" bookstore was threatened by the opening of a new much bigger store and chain, Fox Books. Though she had a very positive and cheerful disposition that nothing untoward would happen, eventually she had to shut down the store due to the competition after it had served the community for 42 years. It was a devastating moment in Kathleen's life.

However, after a while she accepted what life had put forth before her. She even visited the competing and dominating Fox Books herself and discovered that it was indeed big, had cheaper prices, and realized that people did like it there. Yet she also perceived that what was lacking was the personal touch including a lack of service.

Most interestingly, we see that as she moved on from being store proprietor, a new opportunity opened up for her to become a writer.

Meanwhile during that period, she was also in communication with an anonymous Internet friend. In a startling turn of events, it turned out to be Joe Fox himself, the owner of the competing book chain.

In an earlier scene, she accused him of spying on her bookstore. But then she felt bad that she should not have said such things, even if that was true. It was at that point that her change in consciousness aligned with Joe Fox's consciousness who began to show genuine interest in her.

Eventually they became friends, in contrast to their being bitter enemies in the beginning. In the end, she was so happy when she discovered that indeed Joe was the internet friend and as a result would now become her life partner.

As we see in this situation, the surface occurrences at the beginning appeared dark and threatening. But the Reality's bigger picture was to-

--elevate her from her current contentment of shop girl to new career of being a writer.

--simultaneously enable her romantic life to flourish, enabling her growth and personal fulfillment

--elevate Fox Book Store to a higher level of customer service through her innovative strategies

In the end, what seemed stressful and conflictive was actually an unfolding of Opportunities through a Cosmic Plan that addressed the truths of all parties those aligned with it.

(Senthil Murugan)

[Contradictions are Complements](#)

[You've Got Mail](#)



## CONSCIOUSNESS AND ORGANIZATION TOGETHER

"Life evolves through growth of consciousness, even as consciousness evolves through greater organization." - The Book

They always go together. Either one alone is not enough to bring forth results in life. One who lacks the first half of the formula means they haven't the energy; no fuel to drive the life. And one who lacks the second half of the formula means there is dissipation of energies due to lack of proper organization.

One of the ways life reconciles this by bringing contradictory parties in alignment; so one can learn from the other.

When MAI was lacking in organization, life brought them to Lempe's consultancy and through that process and with The Book, they discovered the above principle, and as a result both companies benefited magnificently.

The Book says:

"...The discovery arose from the realization that the two companies, MAI and Lempe, were mirror images of one another.

MAI had abounding energy, a clear direction, unlimited technological and market potential, and creative, enthusiastic people, but too little structure through which to channel that energy effectively and multiply its power to tap even a fraction of its potential.

Lempe had a highly developed structure, well-developed policies, systems and procedures, and a disciplined work culture, but the source of its life energy had somehow dried up. It had lost its direction and momentum. Its structure had become an impediment slowing down and entangling each action in a bureaucratic mass of lethargy.

The two companies were complements, two sides of a coin. Each possessed something that the other very much needed..."

( From 'The Book' by Garry Jacobs, page 165)

[Evolution and Growth in Consciousness](#)

[Complementarity](#)

[The Book](#)



## **FAILURE POINTS TO HIGHER HARMONY & FUTURE SUCCESS**

Life evolves through good and bad, finally leading towards a greater Good, though the initial conditions on the surface may look contrary.

In Garry Jacobs' novel "The Book", the team united together and launched the MAI system with just "Aspiration" as their asset.

And yet it seemed that Life always evolved for them through contradictions.

Despite the initial success of their first product MAIS, they had to give up due to obvious fault in it. That initial failure, the contradiction of life, bonded them more closely together and finally led to "The Book" which guided them the right direction from that day onwards. (Senthil Murugan)

Good and Bad

Failure Portends Success

Contradiction Are Complements

The Book



## **HOW THE TEAM OVERCAME HURDLES IN 'THE BOOK' (updated)**

'The Book' is filled with life response principles. However, I believe there are two that appear again and again, and that drive the story and MAI's growth. i) Contradictions are Complements ii) Inner Evokes the Outer.

The MAI team faced many hurdles -- including financial constraints, the threat from Gregory Thomson and other adversaries chasing The Book, the leak in data through Rana, the polluted data in Accomplish and so on. However, every contradiction, conflict, challenge would become a complements that would be the means of their further growth and progress.

Their uncompromised Inner aspiration to create products and services for every human accomplishment had transcended every contradiction, turning them into opportunities. At each point life responded and brought everything needed as "Grace" in all necessary circumstances, and at just the right moment -- with the arrival of The Book to Dan, the finding of Messages and Archives in the Internet, the arrival of Bill to MAI team, Lauren's financial help, Levin coming to MAI team, Limpia's goodwill on safekeeping The Book, the auspicious arrival of Prof. Stearne, and so on.

Also the team did not go in search of projects to develop MAI. Rather Life moved on its own and brought them opportunities, whether the need to develop MAI from MAIS, the various AIS versions, and the opportunity to create Evolve and Fusion. Because of their rising consciousness, they attracted these initiatives from life. Their inner aspiration and right behaviors in critical situations attracted this continuous stream of positive results, as they ascended the peaks of success.

Also, despite adversarial conditions there from the beginning, it was astonishing that at the end of the story there was no evil, and all that had happened was for their progress. Eventually even the adversaries benefited by receiving a copy of Infinite Game.

"Complete Knowledge is knowledge that leads to accomplishments that have no negative consequences or side-effects."

[Contradictions are Complements](#)

[Inner Evokes the Outer](#)

[The Book](#)



## **CONTRADICTIONS ARE COMPLEMENTS**

“...Life does not attack the weak because it has nothing to gain by doing so. No one bothers to defame the politician who is over the hill and out of office or rob the slum-dweller who has nothing to eat at home...”

(The Book)

In The Book, after six years of working to develop various versions of AI program, MAI faced a huge challenge. The partners were threatened and forced to sell MAI to another company in the name of risking national security. However, they faced that challenge in the right spirit, handled it very cleverly with the help of The Book, and overcame it.

Why did that challenge come to MAI?

MAI was content working with a small community, and was evolving various versions of AI programs. When they SATURATED their efforts at that level, i.e. when they were ready to move to a HIGHER level, Life presented an opportunity; but it came in the form of opposition, contradiction or challenge. After MAI passed through that great challenge, the work became “universalized,” expanding vastly, and thereby became known to the entire world.

[Contradictions Are Complements](#)

[The Book](#)



## **COUNT OF MONTE CRISTO**

**The Darkest Hour is the announcement of the greatest Opportunity. (Garry Jacobs)**

When a falsely-accused young prisoner Edmond Dantes is about to give up all hope and destroy himself, another inmate (and former priest) in the next cell, Father Abbe, burrows through to the desperate young man's cell, and, becomes his teacher in various aspects of life, eventually revealing the secret location of a vast lost treasure. The young man eventually escapes and becomes the fabulously wealthy and influential Count of Monte Cristo in Alexandre Dumas famous novel..

Like many other instances we could narrate, this is an example of how the Darkest Hour is the announcement of the greatest Opportunity. It occurs for all of us in some facet(s) in the course of our lives.

Contradictions are Complements

Count of Monte Cristo



### PERCEIVING OUR HIGHER NATURE IN FILM 'CYCLE'

'Cycle' is superficially a film about a stolen bicycle in a small town in India, but is really about the taking of a soul (bicycle) of one man by two thieves, who themselves learn to come in touch with their own souls. It is a precious, charming, and lovely story set in a country that deeply values the spirit in life.

Keshav is a well-known astrologer and doctor who lives with his father, wife and daughter. Keshav's grandfather had obtained a yellow bicycle from an Englishman and had bequeathed it to his grandson prior to his death. Keshav is in one sense possessive of his cycle, but he also perceives the great joy it brings to others and the divinity in it.

One night two thieves steal his family's sacred golden divinity statues and the family's jewels, and then take Keshav's yellow cycle to escape. Keshav is distressed and sets out in search of his cycle.

The thieves pose themselves as Keshav's cousins and tour around nearby villages. Wherever they go, they are honored by people for their relation with Keshav. and the yellow bicycle. The thieves are increasingly humbled by the villagers remarks.

The guilt-ridden robbers finally decide to renounce their activities and return all of the stolen goods. They write a letter to Keshav, expressing their respect for him, and also return the bicycle intact.

Keshav realises his folly of being overly attached to the bicycle, and gifts it to a boy who seems to adore the bike. Keshav then returns home, realising the true meaning of detachment and joy.

And yet then when he returns home he sees the bicycle, but it is not the same one. It is another cycle painted yellow created by the villagers so he would feel better. But Keshav touched the bicycle and felt the yellow paint and knew it wasn't his.

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Comments:

-The yellow bicycle can be likened to the soul of Keshav. When it is taken, he is lost.

-The bicycle secured by the thieves changes them, as they encounter one situation after another where people of the town not only glorify the bicycle, which seems almost holy, but also deeply admire the goodness of Keshav.

-Together the goodness of Keshav and the influence of the soul/spirit in the bicycle alter the feelings of the once-selfish thieves as they meet others during their escape and wandering period, recognizing the deep feelings the villagers have toward him and his bicycle.

-It is wonderful to see how redemption (of the thieves) can take place inwardly, and without strife or violence. In that sense this is a Spiritual film.

-The scene where the old lady dies and the new child is born is beautiful. She is ready and enters the child's body. A powerful scene of rebirth.

-His little daughter helps him realize that the bicycle, the soul it represents wants to be set loose on occasion to be free to experience life; in order to become something more than it is. In fact his daughter tells him she has seen the bicycle fly. At the end of the story Keshav perceives the valuable lesson of detachment and honoring the freedom of one's deepest depths and purpose - the soul.

-Philosophically we know that contradictions are complements. Through the interaction of events between the two parties - thieves and Keshav (the object of the thievery), - they both perceive a higher truth in their being and grow. Life grows through the interaction of the parties; without the conflict the growth would not happen.

-A beautiful and blessed story.

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Here is the Trailer:

<https://www.youtube.com/watch?v=EtVjQAzcIVU>

(by Roy Posner and Wikipedia)

[Contradictions are complements](#)

[Cycle](#)

# Nature Works on Multiple Fronts at Once



## LIFE WORKS ON MANY FRONTS SIMULTANEOUSLY

One of the subtle laws of existence that Sri Aurobindo revealed is that Life (otherwise known as Nature or Prakriti) works on many fronts simultaneously.

Take the elopement episode of Lydia and Wickham in *Pride and Prejudice*:

--As a result of this negative situation, Wickham will eventually be tamed, forced to pay his debts, and settle down and marry, all good for uplifting his lower consciousness.

--As a result Darcy takes responsibility for an action that he did not really create as part of an initiative to elevate his character.

--As a result Darcy and Eliza will be married, overcoming their previous pride and prejudice.

--As a result the struggling middle class Bennett family will come into great wealth.

--As a result, three marriages take shape, when the Bennett family were concerned that no one would want to marry their daughters.

--As a result the middle and upper classes will come to work out their differences, as they do in the wake of the elopement, as the wealthy Darcy will marry the middle class Eliza.

Examine any problematic situation, and perceive how its resolution has or would resolve a variety of situations. In this way, we see how Life works on many fronts simultaneously. (Roy Posner)

[Multiple Fronts Simultaneously](#)

[Pride and Prejudice](#)



### **NATURE WORKS ON MANY FRONTS IN 'SEABISCUIT'**

It is a truth of life that Nature works on many fronts simultaneously – whether individuals or collectives, or both. It is the way Nature overcomes past limitations en masse, on its way towards greater progress and evolution.

---

SM: thank you Sir.

Perhaps deep behind there is a cosmic intention which builds the Reality through such events, individuals and so forth and one may able to perceive them by Becoming of That.

It is an adventure of consciousness as how Life compels and guides them through towards that Reality. Such theme can be found in great literature and films.

Sea Biscuit is one such great film, where the characters Red, Howard, Smith and the horse Sea Biscuit from out of nowhere, united together and through that process overcame their painful past and accomplished in Life.

---

RP: Yes, Seabiscuit is a great example, as several individuals, and even several vast collectives simultaneously benefited from a common challenge and ordeal successfully navigated.

And yes the Divine sanctions Nature's (Prakriti's) way, even though it Knows even better ways to achieve great success, that are devoid of struggle and pain. When we are in touch with the Reality we can follow this Sunlit Path of opening to the Divine Force (the Mother) to rapidly move things forward, instead of waiting on Nature's slow and difficult path.

[Multiple Fronts Simultaneously](#)

[Sea Biscuit](#)

# Beyond Positive and Negative



## TO BE TITLED

Without the interaction of the good with the bad, the positive and the negative, or any other forms of contradiction or conflict, there is ordinarily no progress in life.

Additional comment: Eg in *Pride and Prejudice* Mr. Darcy would not have been able to grow in consciousness without the misdeeds of the negative Mr. Wickham, and his association with him. Likewise, he would not have been compelled to grow without the rejection of his marriage proposal by Eliza Bennett who thought he was prideful. (Roy Posner)

Positive and Negative

Pride and Prejudice

## THE POSITIVE AND NEGATIVE IN LIFE

We can all probably agree that at this stage in evolution life is a mixture of good and bad, positive and negative, truth and falsehood. At one level of perception we can see and feel the positive and negative around us all the time. At a deeper level of perception, however, there really isn't this division between positive and negative; we can actually perceive that in fact *everything* is part of one whole, and therefore everything that occurs, good or bad, serves a purpose.

We are, of course, always happy when pleasant things happen to us and life seems to go our way. However, it can be said that so-called "negative" things that happen to us may be just as "positive," if not more positive(!), than the things we normally find to our liking.

Consider a young child in India who flees his village to escape poverty. Years later his drive to overcome his poverty makes him a very wealthy man, while the members of his community who did not flee and did not suffer similarly in childhood, remain mostly at the same level in life. When the man looks back on his life he realizes that it's only because he suffered through these difficult experiences, did he achieve such overwhelming success.

In Dumas' *The Count of Monte Cristo* the hero, a good man, is falsely accused of things he has not done, and lands in prison. There he meets a wise man who says there is gold

buried somewhere. The young man tunnels his way to freedom, finds the treasure, and becomes fabulously wealthy. With his wealth and power, he not only brings down the jealous few men who falsely accused him, but connects them to an entire level of corrupt officials in French society, whom he unmasks before the nation.

When we learn to calmly accept and learn from the positive and negative circumstances of life, we reach a new level of personal growth that can help us toward unlimited happiness and success. Also, if we observe life from a distance we can see how negative circumstances often have the effect of bringing about a positive good for people.

In Jane Austin's *Pride and Prejudice*, we witness how negative circumstance take place to help two people grow and succeed. Elizabeth, from a lower class, and Darcy, from a higher class are romantically attracted to each other, but are prevented from coming together at first because of their limited views of one another; hence their "pride and prejudice" toward one another. Darcy tends to look down on people of Elizabeth's class. Elizabeth is a little too sure that Darcy's class pride is at the root of his character.

However, a series of difficult ("negative") events occur in their lives that makes them see their own limited perceptions of one another (i.e. their pride and prejudice overcome). These difficult circumstances (often involving equally difficult or even hostile people) enable them to come to a deeper understanding and acceptance of themselves and then one another, leading to their eventual love, marriage, and happiness. (In fact one of the characters, who tries her utmost to keep them apart, ends up being the person most responsible for bringing them together!)

Thus, through "negative" obstacles and circumstance in life individuals grow and evolve, and gain an otherwise unattainable higher degree of happiness and success. In fact, it may be in the very fabric of life that life manifests in conflicting personalities, circumstances, and events, and through these people evolve.

(To read an article on how *Pride and Prejudice* is an example of the interaction of the positive and negative in life, click [here](#). [in Word 97 format])

### *To Think About*

Can you remember difficult moments in your life that in retrospect were very helpful to your growth and success? Is there something happening now of this nature? Are you fretting about the negative aspect, when it is in fact the catalyst and opportunity for growth?

Positive and Negative

The Count of Monte Cristo

Pride and Prejudice



## BEYOND NATURE'S WAY OF DIVISION TO ENABLE PROGRESS

The more intense the division, the more integral, powerful the coming together. Eg WWII was followed by European Union; the conflict between Eliza and Darcy in *Pride and Prejudice* was followed by their intensive, benefit-spreading coming together.

On the other hand, Perpetual Higher Consciousness avoids the negative side, the conflictive, and goes directly to the positive outcome, rapidly turning limitation, finites, into infinite-like conditions. This will increasingly be the way of the future as we develop our consciousness to a higher level. In essence, the way of Spirit replacing the way of Nature. (Roy Posner)

Beyond Positive and Negative

*Pride and Prejudice*



## FAILURE POINTS TO HIGHER HARMONY & FUTURE SUCCESS

Life evolves through good and bad, finally leading towards a greater Good, though the initial conditions on the surface may look contrary.

In Garry Jacobs' novel "*The Book*", the team united together and launched the MAI system with just "Aspiration" as their asset.

And yet it seemed that Life always evolved for them through contradictions.

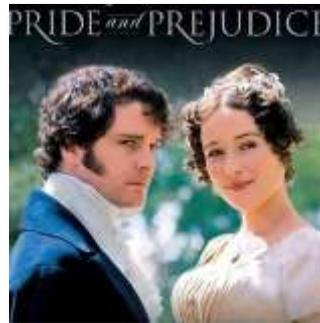
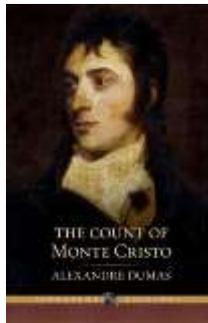
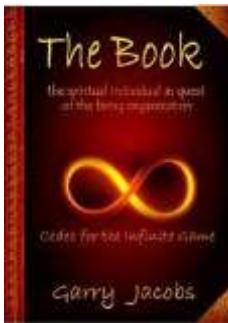
Despite the initial success of their first product MAIS, they had to give up due to obvious fault in it. That initial failure, the contradiction of life, bonded them more closely together and finally led to "*The Book*" which guided them the right direction from that day onwards. (Senthil Murugan)

Good and Bad

Failure Portends Success

Contradiction Are Complements

*The Book*



## UTILITY OF THE ARDUOUS PATH FOR OUR GROWTH IN CONSCIOUSNESS

When we are destined to have something greater, life may not fulfill our surface needs as they are clouded with ignorance. Though on the surface it may appear as arduous, difficult path, they are the shortest path in Reality according to our state of consciousness.

- MAI team dreamed off a product MAIS. The success of that product could have derailed their path, Through that failure, Life led them to 'The Book'
- Edmond Dantes dreamed off a content life with Mercedes, Life put him in prison instead and led him to the treasure of knowledge and wealth.
- Darcy dreamed off a marriage out of attraction towards Elizabeth. Life humiliated him at his proposal and led him to have emotional fulfillment and also to become an instrument in the cosmic plan.



## PERCEIVING THE PROGRESS LURKING BEHIND OUR PROBLEMS

Any experience or situation we face, whether good or bad is actually coming for our progress. Our purpose is not to judge from a superficial view, but instead to understand the true knowledge behind that experience. Until we perceive that knowledge, such experiences will repeat in one form or another.

When Eliza rejected and abused Darcy in Pride and Prejudice, he neither reacted nor compromised his life. Instead he transformed himself, rectified his mistakes, and evolved into a fine human being. Life then presented him all that he wanted in the form of Eliza.

(paraphrase of MSS by Roy Posner)

## NEGATIVE EVENTS FORGE THE UNITY OF NATIONS

Life has a character, which expresses in a myriad of subtle ways, and is captured in a variety of astonishing-like principles and laws. One principle (that can only be readily understood from a higher mental or spiritual point of view) is that everything that occurs in life is essential for its progress, including the good and the bad, as well as the great and the small.

Another closely related subtle law of life is that the negatives that occur are actually positives in disguise, as they are often the single instrument of great progress for the individual or collective, often exceeding the benefit that comes from a particular good.

In *The Lord of the Rings* we see how the "bad," represented by the evil kingdom of Mordor, becomes the very force that compels the races to come together for short term as well as long-term benefit. I.e. Life compels them to cooperate and combine their efforts to overcome a common evil enemy, and through that process, they establish a long-term closeness, commonality, and unity that never existed before.

In the story, kingdoms that mocked and chided one another in the past are compelled to work together to combat their evil foe in the present. Each are forced to give up their ego, their sense of separateness, their particular limiting attitudes toward one another in order to forge a common force that not only prevails over the enemy, but establishes a deeper, long-term bond among them. Left to its own devices, such an outcome might have taken centuries, millennia, or never at all to come about.

This is the same dynamic that occurred in the real world in WWII, where the individual nations of Europe were compelled by the malevolent German enemy to give up their individual egos to work together to secure the victory. In the wake of that monumental effort that produced so much suffering, the United Nations was formed, as was the European Union -- two transcendent historical developments that ushered in the next phase of human unity. Again, it might have taken centuries, millennia, if ever for these profound developments to have occurred.

That very same dynamic unfolds in the film *Avatar*, where the nations of Pandora, separate and reluctant to integrate and unite, are compelled to come together to combat a common enemy, forging a closeness of relationship that never existed before. Without the hostile forces, the negative, this overwhelming positive might not have ever come about.

One question that arises from this perspective is why does the negative have to happen to these good people in the first place? If they are on the good side of things, why should they suffer? Is it just the pure evil of the adversary, or is it something on their part as well?

The negative occurs to the "good" parties because of their previous and current unconsciousness -- whether the peoples of Middle Earth, Europe, or Pandora -- which attracts severe negative conditions. Because of the limitations in their attitudes towards fellow peoples; because of their self-admiration in their own selves and way of life; because of their persistent reluctance and unwillingness to cooperate; and because of their false, selfish actions of the past, they attract negative circumstance in the form of the dark forces trying to destroy them.

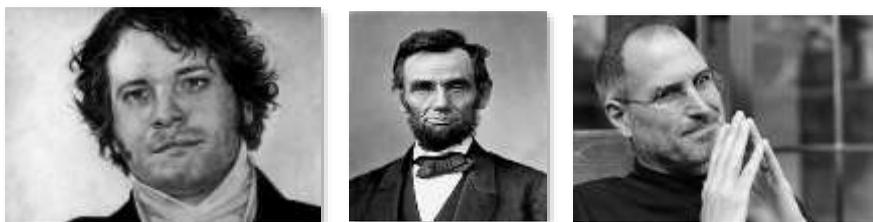
However, in each case they are able to overcome the adversary by bridging the gap between them, overcoming their selfishness, and binding together to forge a level of cooperation and harmony never known before to defeat the enemy.

Nature's Way then is to progress through difficulty and pain; through the contradictions and strife between parties. Often it occurs between two parties where one is mostly in the wrong and the other is partially so. And yet without the negative side, there can be no further progress for the more positive side, just as the positive side compels the negative to give up its limitations.

One question that remains is whether there is another way out of this process, this difficult method of Nature. The answer is that when we rise in consciousness, we can develop a level of awareness and make conscious decisions that can preempt the negative from coming about in the first place. That is, we are so positive in our outlook that we do not attract the shadow of the negative against us. Then we progress and evolve not through Nature's way of contradiction and conflict, but through the way of Soul.

Positive and Negative

Lord of the Rings



### **FAMOUS INDIVIDUALS' CATHARSIS ON THE ROAD TO GREATNESS**

We see how so many great individuals were forced to go through a catharsis in order to reach the pinnacles of success. It almost seems to be the norm of life. And yet one wonders if it is necessary; if it a requirement of Life.

Eg Abraham Lincoln was often sarcastic and cynical early in in his career, and as a result often abused his political rivals. Then one day one of rival challenged him to a duel.

Fortunately, at the last moment both parties agreed to halt the life-threatening situation. And yet this event had a great effect on Lincoln's psyche, and he began to change as a person. Years of personal growth ensued, culminating in his greatness as a president.

Likewise, Steve Jobs invented the personal computer, but was then kicked out of Apple and was forced to wander in the desert of technology. It caused him to change as a person, and when he ascended once again the mantle at Apple, he developed a series of even greater products that revolutionized the world. The catharsis of being kicked out of the company he founded changed his worldview, leading to the powerful positive events that followed.

Finally, Darcy in 'Pride and Prejudice' was humiliated when his marriage proposal was turned down by the woman he adored because of his proud and haughty nature, forcing him to reevaluate himself, after which he engaged in a brave deed that enabled him to prove himself and thereby win over the heart of the one he loved. Without the traumatic event of being turned down, he never would have changed.

And yet we know we can attain any of these great results without catharsis if we learn the laws of higher consciousness early on. As a result, we can avoid the pain life brings, and instead live a life of never-ending success and fulfillment.

(Roy Posner)

[Challenges Difficulties](#)

[Catharsis](#)

[Pride and Prejudice](#)

## SEEING THE MARVEL OF EXISTENCE

In the first of 56 chapters of his metaphysical opus *The Life Divine*, Sri Aurobindo suggests something profound. He indicates that everything we encounter in life -- positive *and* negative, pleasurable *and* painful, good *and* evil -- serves the greater Good that is unfolding. He indicates that such dual pairs, which on the surface seem to be in contradiction, are really complements to one another -- necessary for the upward, progressive movement of each. In that way, every difficulty and problem that comes our way serves us just as well as positives circumstance -- perhaps more so. Moreover, that vision of things, that ability to perceive meaning and utility in everything we encounter, from the macro to the micro, from the positive to the negative is to see the Marvel of Existence.

Let me illustrate this principle with several examples from literature. In Victor Hugo's masterpiece *Les Miserable*, a fundamentally good man Jean Valjean has escaped prison and is being pursued by an extremely dedicated, almost fanatical police officer named Javert. Along the way, Valjean raises a beautiful adopted daughter Cossette who falls in love with a young man named Marius, who eventually joins a people's fighting force barricading themselves against the reactionary government. At one point, the older,

magnanimous Valjean gets involved in the battle himself, and in a startling, ironic moment saves Marius' life. Interestingly, Valjean never tells him what he had done. In addition, Valjean and Marius over time are at odds with one another because the elder does not want to relinquish his beloved daughter to the young man. In fact, now that Valjean senses that he is losing Cosette to Marius, life begins to all lose meaning, and so he begins to wither away. But then one day near the end of Valjean's life, the evil Innkeeper Thenardier -- who once raised Cosette in squalor and did many appalling things along the way -- reveals to Marius that Valjean was in fact the one who saved his life. Stunned by Thenardier revelations, Marius and Cosette rush to Valjean's deathbed and console him, thanking him for a lifetime of self-givingness. In essence, *a very bad person has come forward and unwittingly helped resolve a knot between two good people*, -- enabling reconciliation between Marius and Valjean, and the return of Cosette's deep love and affection for Valjean, something he so desperately longed for. And so after a lifetime of kindness and generosity, Jean Valjean dies a very happy man.

It is said that great literature reveals the deepest truth of life. The principle that not just the good, but the negative and evil too serve the greater Good is also evident in Jane Austin's *Pride and Prejudice*. For example, at one critical point in the story, one of the five Bennet sisters, the wild, rambunctious Lydia, has eloped with the scoundrel Wickham, threatening the Bennet family with scandal and social ostracism. The elopement also threatens to ruin the relationship between the very wealthy Mr. Darcy and Elizabeth Bennet.

Now soon after the elopement ends with the marriage of Lydia and Wickham, Lydia foolishly blurts out that Darcy was the one who settled the accounts of her husband, resolving the situation. Lydia was instructed not to reveal this information. When Eliza hears this, she is thunderstruck because she now realizes how wrong she has been about Darcy. She saw him as arrogant and prideful, but instead, she now sees his very noble character. As a result, she falls in love with him, he proposes (again), and they marry. *Without the verbal blunder from the negative Lydia, the marvelous outcome would never have occurred*. I.e. Darcy and Eliza may not have fallen in love, married, found deep happiness, and thereby bring great wealth and social prestige to the Bennet family. That is the power the negative and false serve in manifesting the greater Good.

There is one other example of this principle in the novel. Late in the story, the aristocratic, wealthy, yet reactionary Lady Catherine tries to meddle in the relationship between Darcy and Eliza. When she does, it backfires on her, paving the way for the marriage of Darcy and Eliza. What happened was that when Lady Catherine got wind of the budding relationship, she stormed in the Bennet home, met with Eliza, and insisted that the relationship cease. Eliza of course refused. Most importantly however, when Lady Catherine returned home, Darcy learned of the meeting between his aunt and Eliza and realized from the discussion that Eliza had not ruled out a romance and marriage between him. Startled that this was the case, Darcy then went ahead and met Eliza, who then accepted his second proposal of marriage. In other words, *without Lady Catherine's negative intervention, the entire resolution of the story would not have come about!* Her

harmful attempt to block their relationship had the opposite effect of spurring them to come together.

Once again, we see how falsehood and evil play critical roles in movements of progress and greater accomplishment. It is to perceive that everything -- good or bad, positive or negative, pleasurable or painful, -- serves a purpose in the great unfolding. It is an ultimate perspective and vision of life. It is to see the Marvel of Existence.

Reality

Positive and Negative

Les Miserables

Pride and Prejudice

## THE UTILITY OF EVIL AS EXPRESSED IN MYTHOLOGY AND REALITY

In the mythologies of the world, we generally see the play of good and evil. E.g. in the Indian spiritual epic The Mahabharata, we see the conflict between two sides, some of whom are close relatives of one another. One of the sides, the one considered "good," is advised through the Wisdom of the current avatar [one who brings evolutionary change to the world] Krishna. In the West, there are also ancient, as well as modern mythologies, two of which involve the adventures of science fiction space travel. They are 'Star Trek,' generally produced for a more mature audience, and 'Star Wars,' written for youth. Here too good and evil are at play. Then, of course, there is the reality of life itself that the mythologies represent. In WWII, we saw that reality, including the conflict between good and evil.

Here, however, I would like to change the course of thinking about good and evil with several bold statements, one of which is that perhaps the greatest power to bring about Good in the world is through evil. I.e. evil is an even greater power for bringing about the true Good than the actions of the ordinary good, i.e. the good side that we perceive and appreciate in life. Why is this the case? It is because the result of evil's negative action *speeds up* and *intensifies* further progress of the world, enabling the truer Good to further emerge in all its integrality and fullness.

Consider the mythology of Star Trek. The Federation of planets is essentially the good, and the Romulan Empire, (or the Borg) are the bad. Yet, if we watch closely, we will see that the good is often fractured; i.e. its members are not yet fully in harmony with one another. That side only moves to greater coordination, cooperation, and integration of intent and action after the mischief of the dark side has run its course. It is only then that the good side -- the Federation -- moves towards greater solidification and unity.

This modern mythology is of course a reflection of the real truths of life. As the Nazis rose in power during the years leading up to WWII, there was no united force to confront them -- so the fascists flourished. In fact, it was the selfishness amongst the good nations leading up to the war -- expressed by the stock crash, the Great

Depression, and the fall of the Weimer Republic in Germany; all, by the way, facilitated by financial greed -- that set the stage for the rise of the German nation that turned to evil. With the lack of harmony of the "good" side, the dark side flourished. Finally, the good side came together and overcame the enemy, creating a modicum of further harmony and integration amongst themselves and the defeated nations. The United Nations then became the one great attempt to establish a formal institution to unify the world, especially in light of the darkness that preceded it. Likewise, the European Union (EU) is an attempt to insure the common purposefulness of the individual nations of that continent to avoid repeating such catastrophes as war, financial ruin, and cultural disharmony. It may have taken *hundreds*, even *thousands* of years for such progress to have occurred amongst the nations on its own if evil had not spurred it on. In the end, we see that evil speeds up the process of integration and unity. Thus, we need to perceive the value of evil in the evolutionary process -- even as we seek to overcome it.

Modern mythology, as well as ancient ones like the Iliad and Odyssey, and especially those with vast spiritual insight like the Mahabharata, serve to show the subtle processes of change and progress for the nations and people of the earth.

Similar changes are of course occurring right now in the world around us. All we need to do is look around to see that same dynamic at work now; that the various dark sides pressure life into further harmony and integration, and unity. A broad open mind, influenced by spiritual knowledge and insight will be a great aid in pursuing these insights. Then of course, we will be able to develop the right strategies that integrate these many-sided truths. Naturally, these same movements of good, evil, and the true Good are unfolding in our own individual lives. To see them we need to look within.

[Good and Evil](#)

[Star Wars](#)

[Star Trek](#)

## **STARTLING RELATIONSHIP BETWEEN THE DARKNESS AND THE LIGHT**

From the perspective of a higher consciousness, forces of Darkness are often a vehicle for the emergence of forces of Light. Contrary to their intent, the former help the latter more fully come out.

Example: in the film Avatar the hostile, oppressive evil people of Earth caused the spread-out, non-cooperating, separate clans of Pandora to work together in harmony for to drive the enemy out. Not only did they succeed, but they became a unified people for the first time in their history.

If you study history or current events or even the life of any individual, you will see this startling dynamic frequently occurring. It is one of the subtle principles and indicators of the true nature of existence.

[Darkness and Light](#)

[Positive and Negative](#)



**LIFE PROGRESSES THROUGH NEGATIVE AS WELL AS POSITIVE (IN SEABISCUIT)**

Another principle of life -- one that is also philosophical in nature -- is that life not only progresses through positive means, but through negative ones as well. In fact, we often move forward the quickest through the negative circumstances that befall us. For example, if a young Indian boy who is the victim of poverty and hardship is forced to flee his life with his family for the city, and then as a result is driven to become a multi-millionaire, then we can muse that his earlier difficulty was an instrument of his great accomplishment. I.e. the negative served a great purpose in his success.

Though it might sound harsh, we can say that Charles might never have raised and brought Seabiscuit to success if his son had not died and his wife had not left him. It created an opening in his being, which he filled by getting into the horse racing business, and then finding Tom, Red, and Seabiscuit. That flow of life from the negative to the positive not only brought him his own greatest successes, not only helped the other principals in the story achieve their greatest mark in life, but inspired an entire nation at a time of great suffering and duress. From this vantage point, we can conclude that often the greatest successes in life come about as a result of the greatest negatives. We could thus say that a negative is a more intense version of the positive. Or, to put it another way, a negative can be thought of as a positive in disguise.

Positive and Negative

Progress

Seabiscuit



**COUNT OF MONTE CRISTO**

1. Though it was Life's way of teaching Dantes by putting him in prison, why had that to be so cruel? He did not commit any crime or any initiative action to earn that prison. He was simply innocent and acted according to Life via Napoleon's letter. Similarly in devotee's life why sometimes cannot understand Life's purpose of punishment though no apparent mistakes or errors on their side?

Why does life punish? Life does not punish. Life responds to what we are and most especially to the nature of the energies we express in thought, feeling, urge, action and deeper subliminal consciousness. Its response needs to be understood in the totality of our being and also in the prevailing social-life context in which we live. The deeper truth of Edmund Dantes was a powerful, undeveloped and unexpressed potential for emergent individuality which was covered by his surface personality of politeness, honesty, goodness, efficiency and responsibility. He lived in a time and society where falsehood, ambition, greed and evil were prevalent. He was in love with a good woman of low consciousness, an orphan in dire need of security and incapable of true loyalty at the physical level. His superficial naïve, unsuspecting goodness and love for her brought down his consciousness and left him vulnerable. Dangler's ambition, Fernand's jealousy and the innkeepers general ill-will for others were the source of misfortune. But the deeper underlying factor was the concealed potential within him pressing to be released and developed. The inner opportunity attracted an outer challenge of commensurate intensity needed to release it. That is a fundamental law of life. – (Garry Jacobs)

(Roy Posner)

- -Another is that no matter how bad things get we need to maintain the equality of being, as great positive can emerge from the negative; especially when those values were heartfelt as in the previous point.
- -A devotee is asked to have that faith. That every lower point is actually working for a higher one.
- -In Count of Monte Cristo the hero, an innocent man, is thrown in jail for years. But then while there he meets and is helped along by a priest who gives him the maps to the greatest riches in the world that he will go on to discover.
- **-We must have that same faith when such titanic negatives occur in our own lives. It requires endless patience, and calmness, equality of being. Without the difficulty and the infinite patience he is forced into, the future Count would never have found the priest and become the most prosperous and powerful man in the world.**
- -For the Sadhak there is no negative. It's just a more powerful form of a positive. Sri Aurobindo indicates that Ignorance is a greater power than Knowledge to attain Integral Knowledge. Perhaps the Sadhak almost welcomes the negative, as a great opening upward behind the façade.
- Being ignorant to those forces will make one vulnerable to them as Edmond Dantes was not aware of them lead to suffer in prison in the "Count of Monte Cristo".

2. What Abbe has gained finally? He sincerely taught Dantes and made him a strong and wise man with all kind of knowledge and skills. Yet, his dream of escaping from Prison didn't come through and he died before that. Why is that so?

He was a man who had sought and acquired highest knowledge. Edmund became the opportunity for him to give that knowledge to another, by which it is infinitely enrich and perpetuated, giving an intense mental joy to the giver. He loved Edmund for his goodness and intelligence, like the son he never had, and that love was received and reciprocated with gratitude, giving Faria a rare emotional fulfillment. What gain does any rich man achieve by acquiring immense wealth other than the rare satisfaction of passing it on to loved ones who are unmercenary in returning that love? Life seeks intensity and eternity, not comfort, convenience or luxury. Faria gained both the intensity of knowing and loving and the eternity of passing it on to one who gratefully received and treasured them more than the buried treasure that accompanied them. – (Garry Jacobs)

Positive and Negative

COMPOSITE

Count of Montecristo



### NEGATIVE FORCES FULFILLING THE DIVINE PLAN

It is an irony of life: those who act against the Divine's plan become an instrument in one way or another to manifest that plan in the flow of life.

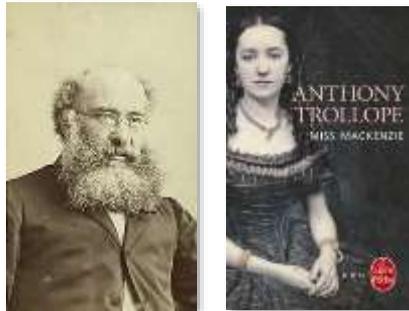
In *Pride & Prejudice*, Darcy had interfered in Bingley's marriage earlier. Later on he became an instrument by turning Lydia's elopement into marriage and brought back Bingley to Jane's life.

Lady Catherine, who was vehemently against intermixing of classes, the final confrontation of her with Elizabeth and further informing to Darcy, reconciled the last piece of the puzzle in the manifestation of Divine's plan, i.e. social evolution.

Comment: Perhaps we can say that there was not quite enough positive energy to bring things over the top, to their consummation. And when the positive forces cannot move things further, the negative ones, like Lady Catherine's interference, will serve that purpose, do the trick. (Roy Posner)

Positive and Negative

Pride and Prejudice



### **LIFE'S CONTRADICTION REVEAL HIGHER TRUTH IN 'MISS MACKENZIE'**

Life poses contradictory conditions, which no fault of ours, comes to reveal greater truth; and when one decides to go with the flow of life, it responds in its own fashion.

In the story, 'Miss Mackenzie' by Anthony Trollope, after spending most of her adult life nursing her dying uncle, and then her invalid brother Walter, Miss Mackenzie inherited a significant fortune from Walter at his death. However, at one point of time she lost all that money to her cousin, John Ball, as he was the rightful inheritor.

At the end of the story, despite the fact that she had rejected the earlier marriage proposal by John Ball, she married him who soon became Sir John Ball; and as a result she became The Lady, also becoming quite popular in society.

Though it appeared that she had lost all the money earlier, life posed that contradiction only to reveal the goodness of John Ball to her.

(Paraphrase of 'Savitri' lectures by Garry Jacobs)

Positive and Negative

Goodness

Miss Mackenzie



### **LIFE'S POWERFUL NEUTRALITY OF PURPOSE**

The dualities like good and bad, good and evil do exist in life. They exist in a sense that they serve a purpose in the overall perspective of the Divine's plan. It's not by condemning or running away from them that we can get rid of them. Rather when we rise in consciousness, when we transcend our ego, we are able to perceive the whole Reality and their purpose.

In *Pride & Prejudice*, Darcy was good and Wickham was bad is a limited understanding. Both are needed for each others' growth in consciousness, as well as to manifest the Divine (here Jane Austen) plan.

Thus, Life is neutral; it acts according to its laws, and presents opportunity to everybody. The extent we want to utilize that fact and grow in consciousness is a question of our choice.

# Reality, Marvel of Existence



## REALIZING THE REALITY (BRAHMAN) IN OUR LIVES

One of the greatest of all questions is What is Life? Another is What is God? A third is What is my purpose in the world? Indian metaphysics answers all of these questions through the ultimate conception and principle of existence, known as Brahman. It is also referred to as The Absolute in the West. Let us call it "the Reality." Let's also consider a more modern evolutionary view of It as expounded by the Indian seer and sage Sri Aurobindo, and the contemporary, multi-dimensional spiritual genius Sri Karmayogi.

The human mind can easily conceive of the realm of *matter* which we live in. It can also conceive of the realm of *spirit*; even the possibility that this universe of forms emerged from it. What it cannot readily do is think of their *oneness, unity, and integration*; in particular, that the universe is a form of spirit; and that spirit extends and fulfills itself in creation. This integral fusion of spirit and matter -- i.e. of the Unmanifest and the Manifest, of the Transcendent and the Immanent -- is the ultimate conception of existence afforded to us. It is the Reality.

The Reality includes and yet is beyond God the creator, as well as the transcendent Divine Spirit. It also embraces every and all things in creation; in this universe of forms, including us. The Reality is a startling conception that supersedes all notions of existence ever devised by man. It is in that way the ultimate Reality, Brahman, the Absolute. And yet it is something we can realize in our own lives.

Interestingly, America has in many ways realized the Reality in the realm of matter. It has perceived the infinite possibilities of material existence and has brought much of it to the surface of life. This suggests that we can realize, bring out the infinity of the Reality at any plane -- from vital to mental to spiritual. It is a vast opportunity that lies before us.

But then where is this Reality, this infinite possibility in these varying planes of existence? The answer is that it is buried deep down in an essential Essence. When Man rises in consciousness at that plane, we bring that essence to the fore in infinite variation. Whereas the US has brought the Reality, Brahman to the surface at the material level, we have yet to devise the ultimate emotional and social possibilities at the vital plane; or the most profound and wide reaching mental conceptions of existence at the mental plane. That infinity awaits those who can draw it out, who are

able to unlock and bring to the surface, thereby enabling life to fulfill its ultimate potential.

And yet we cannot realize the Reality and its potentiality through the vehicle that is our ordinary Mind. Our normal mental functioning cannot perceive the inherent oneness, unity, and integration of spirit and matter; the Unmanifest and the Unmanifest; the Creator and the Creation. It sees them as separate aspects, not as integral, complementary partners and parts of a Whole. As a result, we cannot perceive the essence that exists at any plane -- whether material, vital, and mental levels -- not draw out its spirit to bring about its infinite potential in life.

However, when we move to higher mind, including its spiritual aspects as intuition and revelations of thought -- of knowledge perceived directly without the hard churning of thinking -- we begin to perceive the Reality; i.e. have a direct Vision of the unity of spirit and matter, and a perception of the infinite possibility in the plane we are focused on. It is at that point that we can begin to draw out the Infinite from the Finite through myriads of higher feelings, deeper and more profound emotions, and connections at the vital level; and penetrating insights, revelatory principles, and deep human values at the mental level.

But we can only have a vision of the Reality and bring out its essences when we move our center of awareness away from the surface of life, and develop a deeper poise within. The more we orient our lives inward in silence and stillness, the more our mind opens to perceive the integral oneness and unity of spirit and matter; and therefore perceive new ways to bring out the infinite possibilities locked into every aspect of our lives. Through such a "witness consciousness", we not only glimpse the Reality, but more readily become instruments for extracting the Essence that opens life to its ultimate possibilities. Then we become conduits and instruments for infinite progress, in life, and a leader of the evolution and transformation of life on earth.

### **'TRUMAN SHOW' FILM AS METAPHOR FOR OUR PERCEPTIONS OF REALITY**

The Truman Show is a movie about a TV show. Truman was born and brought up in the giant set in an Island. 5000 cameras were watching him growing, studying, working, getting married and so on.

The surprising thing is that all other characters in the set are actors who knew they are acting, including persons whom he believed to be his Mother, Wife and friend. In order to make him stay in the island, the Director created a fear of Water in his mind so that he will not go near water or venture into boating.

He gets clues from various incidents that he is being watched and something is wrong with his surroundings only at the age of 30. The show is running for 30 long years. Finally, his desire to escape this situation made him to escape from the island in a boat. After rowing a long distance, the boat hit a wall that had a picture of sky and clouds painted on it. He then found the exit and entered the real world.

This is exactly how we live in this world. Each person is living in a set like this and are unable to move out of that set. Many times the people around us convinces us to accept our present status as real, but actually it is not. Crossing the limitations of mind and emotions and entering into the inner self will open up the gate for exiting from our limitations.

The TV viewers who watch the show represent God (collective God) who enjoys when Truman exits. God enjoys when Man identifies Him within. That finding is a moment of celebration, like how children enjoy in hide and seek game.

The Director plays the role of LIFE. He decides Truman's life. Life decides the life of all of us. When man wants to cross his limitation/ boundary, Life punishes him or threatens him and make him accept what his limitations lead him to. There are so many parallels we may find from the story.

(Nedumaran Ramakrishnan)

Reality

The Truman Show

## **The Reality, The All That We Can Realize**

In the aftermath of the battle of Kurukshetra in the Gita section of the Mahabharata, the blind Gandhari, wife of Dhritarashtra who is head of the evil Kaurava, anguishedly blames Krishna for the death of her sons, as he did not prevent the war, even encouraged it.

Remarkably, Vyasa responds that only Krishna himself has actually suffered in the war! He explains that Krishna is the Reality, which is All things in creation and beyond it. And therefore the sons and all soldiers who died in the battle is actually the destruction of parts of Krishna Himself.

In Vedanta, the Divine is not simply something beyond creation, but includes all things, all forces and forms IN creation. Thus all things in life are necessary, important, play a vital role in the unfolding: even the undivine, the negative, and the insignificant. It is this Reality, this Brahman, this All that is that what Krishna embodied.

Sri Aurobindo says that to have this ultimate view of existence - this All, where each thing, force, form, plane are simply infinite variations and shadings of the one Divine; each playing a vital part - is to have the Vision of the Reality. He tells us that this integral view of existence can only be experienced, realized in full through Supramental perception, which is Unity consciousness that can perceive the necessity and purpose of all things. The ordinary human mind is not able to have this experience.

How can one begin to see the see the necessity and interrelation among all things in and beyond creation? Karmayogi says that through constant consecration and constantly taking another's view, our mind vastly expands and we increasingly experience the utility and interconnection of all things, which gives us ultimate power

of knowing, decision making, and action, which in turn evokes the infinite from the finite in no time at all.

### **LESSON FROM THE MATRIX**

In the film 'The Matrix' earth civilization was actually an illusionary program created by robots, behind which was the real civilization that had been destroyed in their war against humans. Likewise, in life we live in and look out on a material world that is a clouding illusion of the true multi-faceted, integrated, unified Reality that is All things.

And just as an adventurer like Neo can learn from the visionary Morpheus to see the world as it truly was, we can learn from the spiritual prophets around us and discover the Reality as it truly is. In that way, we not only gain powers to dodge bullets, but we garner spiritual power that puts the entire world at our disposal.

[Reality](#)

[Seeing world as It Really Is](#)

[The Matrix](#)

# Aspiration



## TRUMAN SHOW

The Truman Show [Aspiration is the source of Reality.](#)

This movie captures that concept beautifully. This movie can be seen as the Divine's play in our life -- it is not to test us, not to tease us, not to humiliate us, but to evolve out our true individuality and to manifest His plan in our lives. We can be part of it if we sincerely aspire for it. Instead most of the times we live our material life not only just knowing our character but also the purpose of other characters whom we interact with. This quest continues on and on for many life times. Life can be a biggest helper on that context as it tries it's best to create situations for us so that we can reflect, turn back and go in the right direction. And so it creates failures, disappointments, problems, challenges, opportunities, luck, coincidences, synchronous events and so forth. At the same, we are surrounded by so many things, persons, situations which they continuously feed our ego and keep us in the surface, ignorant life. However, the man continues on this quest without conscious awareness but continues to evolve subconsciously. This movie subtly asks us the question, what if we could lead your life consciously? What are we aspiring for? Who or What is our aspiring factor? (like Sylvia in that story)

[Reality](#)

[Divine Play](#)

[Subconscious](#)

[Truman Show](#)



## THE LAKE HOUSE

In *Pride & Prejudice*, Elizabeth visited the Pemberley estate, astonished by its beauty, and thought from the depths of her being that she could have been the mistress of the estate. As a result, Darcy appeared in front of her sooner than expected, surprising her.

One question that arises is how could a thought in the present moment affect the acts of the past since Darcy had changed his plan a few days earlier, deciding to come back early to the estate? How we strain to understand this reality through our minds as it seems illogical.

It is because we are limited in our perceptions of Time and Space; as our minds cannot perceive such things, as it is itself limited in capacity and point of view. However, our higher and deeper Consciousness can.

The Truth of the Reality is that it is One, and we all are connected in consciousness; not only in the present moment, but to the past and future as well.

Unfortunately, the thing we are preoccupied with is our surface existence. And yet we would be able to perceive this triple time capacity in the Now by going within into our depths, to our Psychic being, where Time is synchronous in the past, present and future. From that poise one change would affect another; and results would happen instantaneously, from out of nowhere in the present moment. We would perceive this unfolding take shape as a 'Life Response'.

Hollywood science fiction and fantasy movies like *Arrival*, *Interstellar* and many others help us visualize this dynamic. 'The Lake House' is one such beautiful, romantic love story that portrays the concept throughout the film.

In the movie, Dr Kate witnessed a tragic accident on Valentine's day of 2006. Out of her genuine goodness and attitude, she tried her very best to save him but she couldn't. Though she had handled many cases in the past, this one greatly disturbed her emotionally. She was not aware of the reason why at that moment.

And so as per her friend's advice, she travelled for peace of mind, and finally ended up in the Lake house where she lived a while before. In addition, her deep emotion puts her consciousness in alignment with Alex who had lived there in the past exactly two years behind her time.

The story unleashes beautifully between them, despite the fact that they were two years apart, as the mailbox served as the medium to exchange their thoughts of consciousness. It is very beautiful to witness how the present moment of Kate influenced Alex's life (who was in the relative past). Also, the actions he took made an impact on Kate's life later on in her own time. For example, there was the tree which Alex planted on her Racine apartment; the *Persuasion* book which she lost in the station that was recovered by Alex, and many other such startling, time-abridging incidents.

As a result, both lived two years of their lives very deeply connected to one another, though they could not perceive that in their real time as events unfold by themselves. Even though they met each other in the past, they could not perceive that they were

meant for each other at that moment. It's like Darcy not recognizing Elizabeth as her soul mate when they first met at Meryton, despite the fact they were meant for each other.

Kate and Alex were then out of contact for quite a while. And yet at the end, - on Valentine's day 2008, - she understood that it was Alex who died in the accident she witnessed earlier. She then rushed to the mailbox to prevent him from coming to meet her, and asked him to wait two more years in his time from 2006 to 2008 in order to avoid that horrible incident. Something in Alex also moved him to go to the Lake House that day and receive her message. The movie ends beautifully with his real time arrival in 2008, and so they were united at the Lake House again. Though it is difficult to comprehend by mind, it is not impossible for this to happen.

As such, the movie gives us awareness. We are the creators of our own destiny and we can manifest that Reality by going within. What else could we do, as we are stuck in surface living and limited by ignorance, time and space?

And the movie gives us awareness that in life nothing happens by chance. And by being conscious, aware and act according to the laws of Life Response, we can quickly align with the Reality that is subtly manifesting. For example, though Alex and Kate met each other in 2004 at a birthday party, they were not conscious of that fact, and therefore they had to go through long series of events before finally reuniting in 2008.

(Roy Posner & Senthil Murugan)

### **Additional comments:**

-it is said that a desperate prayer does not fail to produce the results. At the very end, in a state of utter desperation and despair, Kate got on her knees and asked the universe for help. Alex arrived (across time) a moment later.

-It can also be seen in life, that self-givingness gives back from the universe. At one point Kate says that the one thing that gives pleasure to her in her career as doctor is the satisfaction of helping others. Life returns the favor in relation to Alex.

-Sri Aurobindo says that from the highest perspective of consciousness, we have power over past, present, and future in the Now. From a psychic poise within, we have this power. These fantasy films show that power superficially or in terms of a clever scheme, but in the end it is still true after all. As Senthil points out, we see this in science fiction films like Interstellar and Arrival. In all three films the triple time are interconnected backwards and forwards, instead of the normally perceived linear flow of time.

Love is an added power that abridges the three times states into one. That's because true Love is yet another property of the Psychic, the evolving Soul within.

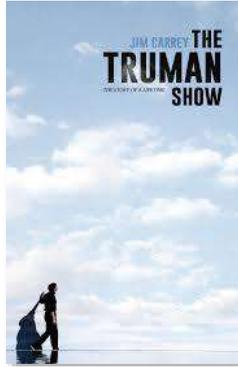
(Roy Posner)

[Interconnectedness](#)

[Space and Time](#)

Love

The Lake House



## TO BE TITLED

We aspire for many things in life, yet we may not know what the Divine is us, our psychic being aspires for. The Divine seeks Himself and reaches us through Life. Perhaps whatever we do, the response from life and the synchronicities from life are the guiding tools that indicates the alignment of our will with the Life's and the Divine's will and also could lead us there if we dare to pursue.

In that context, it is a wonderful quote

"We know about Our will and about the Divine's Will. But do we know about LIFE'S Will reflecting the Divine Will imploring Our will?

- Roy Posner"

and we could get evidence reflecting that in literature, film, our life and so forth.

In the movie "The Truman show",

the Divine 's will was to him come out of his own illusory limitations.

Truman's will was to reach her lover, Sylvia.

When that will reaches certain intensity, the life started to respond and came as synchronicities like the falling light, radio frequency mismatch, observing the routine traffic, people and so forth. Life's will was to make him aware of the illusory Reality so that he would seek his True Reality.

And he pursued his dream based on the life's hints, and in that process he overcame his own limitations and manifested all the Will in Reality.

Reality

Divine Play

Truman Show



## 'LOGIC OF THE INFINITE' POEM

Senthil Murugan has written a powerful poem-like essay 'Logic of the Infinite' that describes how each of the main characters in their stories were blessed with great reversals that overcame very challenging situations, including- Jean Valjean in Les Miserables Dantes In Count of Monte Cristo Darcy and Eliza in Pride and Prejudice.

### Logic of the Infinite

There are moments in our lives,  
The situation might appear hopeless,  
The events happened might look irreversible,  
We might perceive the life is punishing us,  
We might even think the Divine is ignoring us,  
And there are endless such convictions,  
The ignorant mind would impose on us,  
In all such difficult time, issues and problems.

The True Reality is rather different,  
And hard to perceive the Whole from the parts.  
Also, we might not aware often,  
The Divine has imposed on such conditions,  
Only with the sanction of our soul,  
As they are the only means,  
To awaken us from our ignorance,  
In the level of consciousness where we are,  
And in the prevailing conditions that exist.  
Yet at the same time,  
It doesn't mean that they couldn't be better!

Perhaps we could get some clarity,  
When we analyse the characters of literature.  
By going through what they had gone through,  
Not only do we gain some knowledge,  
But also do awaken in us, subconsciously.

### Les Misérables:

Just for stealing a loaf of bread,  
Life had put Jean Valjean in the prison,  
Not one or two days, but for nineteen years.  
And it was not the end even after nineteen years!  
When he was given conditional parole with yellow paper,  
And when everyone chased him away due to that paper,  
What kind of hope he would get in life?

**The Count of Monte Cristo:**

On the verge of getting married to his dream girl,  
When Edmond Dantes got arrested suddenly,  
For no fault or crime he had committed,  
And was put in prison for a very long period,  
And more than six years passed without any hope,  
How he could bear such injustice from life?

**Pride & Prejudice:**

After mesmerized with the beauty of Pemberley,  
And astonished with the sudden arrival of Darcy,  
And witnessed the gentlemanly behaviour of Darcy,  
Life appeared to be a miracle for Elizabeth.  
Yet, at the same moment,  
When the devastating news of Lydia's elopement came,  
And shattered all the positive developments at once,  
How she could perceive the puzzle of life?

Yet, all they had not been forgotten,  
And those desperate moments forced them to go within,  
By reversing their nature or by an earnest call.  
The result was inexplicable rapture indeed!  
As their Spirit came to the surface,  
And shattered all their grief and hopelessness,  
At once and for all changed their lives,  
Also aligned them with the Divine's plan.

When Jean Valjean was caught again stealing church goods,  
When he thought that it was over again,  
The Divine embraced him in the form of the Bishop,  
And showered His Grace by giving two more lamp stands!

For Edmond Dantes, on the verge of committing suicide,  
The Divine moment came through a knocking sound,  
And behind the wall was Abbe Faria,

Who became his Teacher, Guru and Father afterwards!

When Lydia accidentally let out the secret,  
And when Elizabeth read Mrs Gardiners letter,  
And when she knew it was Darcy who behind everything,  
She truly experienced the Divine moment!

All those characters had thought earlier,  
As their life would be hopeless and irreconcilable.  
They then equally beyond comprehension,  
When the Divine showered them with astonishing miracles!  
What they all had witnessed – Logic of the Infinite.

As such,  
Whatever our current situation might be,  
It is only part of the True Reality.  
Indeed we have the power to change,  
The power to move from part to the Whole,  
And the key to unlock this mystery,  
Either we have to ascend in Consciousness,  
Or we have to descend towards our Psychic,  
Perhaps in both movements simultaneously.

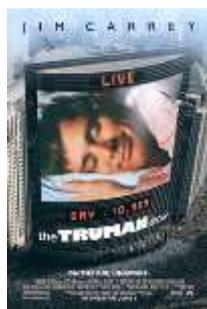
Reality

Divine Play

Les Misérables

The Count of Monte Cristo

Pride & Prejudice



**THE TRUMAN SHOW – A REVISIT**

**Soul (Psychic Being) Vs. Desire Soul**

A man is born on earth with a double soul within him. A soul, or a psychic, takes birth in order to undergo certain experiences in that given period and condition, lying in his depths. The other part is the desire soul (ego) that dominates on the surface and strives to keep the man on the surface through opinions, attitudes, desires, habits, inherited character, swabha and so forth. The desire soul also utilizes other external limitations in life in the form of family pressure, social conformity, superstitions, and so forth, and strives to keep him on the surface. Man is fully identified with the surface and generally not able to perceive that there is a greater life beyond.

### **Yoga and Transition from Desire Soul to Psychic Being**

Yoga begins with an aspiration to progress from the desire soul to the psychic. There are some who strive to take part in that process consciously, accelerate their progress and evolve continuously by practicing methods of yoga. Though such a kind of progress is open to all, only a few choose consciously to follow that path. Sri Aurobindo says, "He who chooses the Infinite has been chosen by the Infinite." The call from above needs to be receptively responded to with aspiration, decision, and determination to pursue the path.

As man lives in ignorance and identifies himself on the surface, it is generally not easy to perceive the call and grasp the process. Not only is the way the call comes to one person different, but the process is also uniquely different for each person according to their conditions, circumstances, and soul's (psychic) choice.

As an analogy, what if there is a movie that picturizes the desire soul (ego) and the limitations mentioned above as different characters and circumstances, and then picturizes the quest of a man to travel from his surface to the depths? That is, perhaps, The Truman Show. Representative of Desire Soul Truman was adopted at birth and was brought up on Seahaven Island. His director, Christof, represents the desire soul of Truman, and he controlled the life of Truman through his habits (routine life with known faces and experiences), societal limitations (need to earn money, mortgage issues, family needs, etc.), comfort life with petty desires (preference of food, TV shows, etc.), subconscious limitations and opinions (fear of water), and subconscious guilt (due to the loss of his father in a storm). Truman fully identified with his desired soul, accepted the false reality, and was living a comfortable life unconsciously.

### **Representative of Soul/Psychic Being**

Unexpectedly, the character Sylvia, who was an extra in the show, came into his life for brief moments as Grace from above, and she evoked his aspiration to find her. In response to his aspiration, life started to cooperate by presenting subtle signs like a falling spotlight from above, radio signals describing his driving moments, an unexpected appearance of his father's character, and so forth. It made him curious, and then he started to observe life around him. By trying to act spontaneously on many occasions, he found that, indeed, something was not right around him. His initial plan to go to Fiji was not successful due to the limitations imposed by various characters and the director.

## Process and Transition from Desire Soul to Psychic Being

In that process of fulfilling his aspiration, in the process of moving from the surface to the depths, he had to confront and overcome his habits, attitudes, opinions, and subconscious impulses like fear, etc. As his aspiration was intense, as his decision and determination were strong enough, he managed to overcome all such limitations. The director proudly gave an interview about the show, and life immediately responded negatively to him. At that time, Truman cleverly fooled everybody and set sail towards Fiji, but then was tested heavily by the storm and wind. He confronted them bravely, survived, and also overcame his subconscious fear.

At the exit gate, his director, the desire soul (ego), tried to convince him and keep him within the Seahaven islands. He cited reasons that the island life was safe and comfortable, and he (ego) knew better than what was good for him, and life outside would be unpredictable, full of lies and deceit, etc. Sri Aurobindo says, "Ego was the helper; ego is the bond." Indeed, his director had helped him to a certain extent by bringing him up on that island and developing his potential in a limited way. However, his (Truman's) soul's aspiration was too great, and he decided to explore further in his quest. Finally, Truman spoke his beautiful greeting dialogue one last time on that island and exited the gate. The whole world (viewers) who had subconsciously identified with Truman, reciprocated in joy and excitement, as Truman had demonstrated to them, the Inner determines the Outer.

[https://en.wikipedia.org/wiki/The\\_Truman\\_Show](https://en.wikipedia.org/wiki/The_Truman_Show)

(Senthil R. Murugan)

Truth

Reality

Cruelty of Society

Individuality

The Truman Show

# Nature of Acts

## ACTS

The individual meets life through acts. Individual acts are the fundamental unit of life and action. They are the building blocks of activity, and motion, i.e. life. The ways these acts are acted out have an ultimate effect on the ability of the individual to accomplish in life. Into every act the individual takes his level of aspiration, capacities and character, social perception, and meets the social forces around him. The result and accomplishment is determined by the mix of these forces.

A *series* of acts make up the interaction, events, situations, and circumstances of life. We can also perhaps say that the play of life is the story of how the acts unfold, of whether or not there was accomplishment. For example, in his plays Shakespeare portrays a series of acts that occur in a timeline that make up a play. Through a series of acts, he clearly portrays the individual and social forces, and the outcomes that result, either good or bad (i.e. tragedies).

[Acts](#)

## PRINCIPLES OF ACTS

When we function in the world we do so through the individual acts we perform. We can say that the act is the fundamental unit of life in the same way that the atom or molecule are the fundamental units of matter. In fact, each act is in fact a microcosm of the universe; the universe in miniature.

Each act is a force with a propensity to repeat that increase with each occurrence. Each repetition of an act increases its tendency for further repetitions. [Comment: Each time you meet with a certain person after a lengthy period of time, the person seems to be the same with all of the same wanting qualities and limitations. And yet if we consecrate the act beforehand, we can change those conditions, there will be freshness, as the other person will show their very best nature. In that way, the natural repetition of life is overcome.](#)

There are always predecessor events that point to the bigger events. To know those smaller acts can help us control the bigger ones; turning them into great accomplishment and results. [Comment: A man was running into great difficulties searching for some lotion before a boat ride, creating stress. When the boat ride occurred, it was marked by a near catastrophic accident, which was indicated by the earlier stress of seeking the lotion.](#)

The outcome of a chain of events is indicated at the very beginning, though the meaning of that indication may not be evident. [Comment: See above.](#)

The consequences of an act depend on the strength of the act, the actor and the social atmosphere. [Comment: Darcy's initiative in \*Pride and Prejudice\* to resolve the](#)

elopement succeeds royally because he was very determined to do so (and to show Eliza he has changed his nature); plus the supporting atmosphere, despite obstacles, is very positive.

An individual's ability to accomplish is affected by the social environment and atmosphere -- which includes the capacities, energies, character, and circumstance of the social environment and social institutions he is involved in.

An opportunity taken up in a positive atmosphere supports and enhances its eventual outcome. Comment: The atmosphere in *Pride and Prejudice* was highly positive, despite obstacles, which ended in the very successful marriage of three daughters. Life responded positively to the initiative.

When the atmosphere is negative, the initiative will fail, unless the individual is able overcome the resistance of the atmosphere. Comment: Two partners tried to make an import business work, yet there was ill-will against the manufacturers that created such a negative atmosphere that it led to the failure of the partner's endeavor, even though they tried so hard to succeed. Their energies were not strong and subtle enough to combat the resistance.

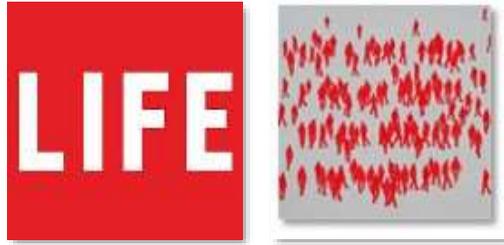
When there are deficiencies in the act that are greater than the atmosphere, the act fails. When the capacities are stronger than the atmosphere, then the act succeeds.

When an individual tries to make a significant progress for improvement in life, often there appears on the scene a negative influence and counter force to bring it down. If the person has the significant energy and character they can overcome this negative influence and move on to the next level. If they don't they are brought down. Comment: In the film *Unbreakable*, when one man rises with extraordinary psychic capacities to benefit the world around him, a negative force rises -- they are unknown to each other - - to overcome that positive force. Life has this quality. The negative is responding to the positive. Fortunately, the positive individual through his inner strength prevails.

Another Example: A woman had reached maximum prosperity due to her capacity, but at the same time was threatened by her husband and in laws to stop praying and apply spiritual principles. She then took a firm decision, forgetting her future and child, and instead increased her energy and faith towards her spiritual teacher, and said in her mind to others "if you don't want me to pray to the Divine and follow the spiritual principles, I don't want to live with you." The moment when she forgot the society, its norms and in laws, life responded with a Divine blessing in the form of birth of a new baby girl. (MSS, with comment by Growth Online, and a Karmayogi.net forum reader)

Principles of Acts

Pride and Prejudice



## **KARMAYOGI'S STARTLING 'PRINCIPLES OF ACTS'**

**(by Garry Jacobs, Roy Posner)**

There are dozens if not hundreds of subtle and startling Life Principles that Sri Karmayogi has revealed to the world. Here are several of the most significant ones to give you the flavor.

<https://1drv.ms/b/s!AjayTOYvR8hzgZIDxJdGF4xEGXcR3A>

[Principles of Acts](#)

## **ALIGNING WITH THE COSMIC GOVERNANCE**

"A world of endless possibilities and infinite outcomes. Countless choices define our fate: each choice, each moment, a moment in the ripple of time. Enough ripple, and you change the tide..... for the future is never truly set." (from film X-Men, Days of Future Past)

Thinking about this - i.e. free will, our role in destiny, our power to change the world, etc. - from the spiritual point of view, we can say that there is an overall Cosmic Governance and determinism. Also, there is an individual governance (through the Psychic being) which has itself planted itself in our essence in order to acquire certain types of experiences. Also, at any time, our acts vary anywhere from lower consciousness (swabhava) to higher consciousness. When they reach a certain intensity, right atmosphere, it's time for life to respond.

Sometimes we may align consciously or unconsciously (or subconsciously) with the Cosmic Governance, Life would then respond in greater magnitude. As a result, we would grow and evolve faster than what we are now, and maybe we even could become the instrument of the Divine to bring forth His cosmic intention. Yet, as indicated in the film, the choices are infinite. We could align now, in the future, in the next birth, and so forth.

On the opposite side, the lower consciousness acts also when we reach a certain intensity causing life to respond negatively, resulting in Karmic Effect. Yet, they do serve a purpose as well -- i.e. for the Psychic to learn through those experiences through which it is seeking to learn and grow in Life.

In 'Pride and Prejudice,' the Cosmic Governance was to unify the class difference among the people to avoid revolutionary movement. The opportunity to align with it came to Darcy in the very beginning. He chose not to align by calling Eliza "tolerable". The result was a ripple of experiences, which gave greater lessons for his Psychic being. He was fortunate to learn them quickly, undoing the past and aligning with the cosmic movement, even becoming an instrument of it.

Aligning with Cosmic Intent

film X-Men, Days of Future Past

Pride and Prejudice

## **INSTEAD OF REPEATING, ACTS REVERSE**

As each act is a force, it has a tendency to repeat. However, when the force of the act is insufficient for repetition or meets an obstacle that prevents it from accomplishing in a particular direction, the energy of the act may *reverse course* and express in a direction *opposite* to the original act.

Examples:

-In *Pride and Prejudice*, Eliza facetiously asks Collins whether it would be appropriate for him to attend the Netherfield ball. Her intention is to discourage him from attending. He responds by asking her for the first two dances, which she had hoped to reserve for Wickham. "Her liveliness had never been worse timed." Her clever comment is insufficient to discourage Collins who sees the dance as an opportunity to promote his courtship with her, so it provides him with an unexpected opening to further his plan. Her cleverness backfires.

-In *Pride and Prejudice*, Darcy conceals Jane's presence in London from Bingley. At Rosings, Fitzwilliam unintentionally reveals to Eliza Darcy's interference between Jane and Bingley. The original act of intentional concealment gets reversed as an act of unintentional disclosure.

Receiving Result Opposite of Intention

Pride and Prejudice

# Acts Repeat

## ACTS REPEAT

The first principle we present about acts -- and an extraordinary one at that -- is that they tend to repeat. The greater the intensity of the force and the more times it repeats, the greater its capacity for further repetition. The quality and intensity of the force express in each subsequent repetition of the act. Here's are several example of a repetition of an act.

In Jane Austin's *Pride and Prejudice* Darcy's initial refusal to dance with Eliza at the Meryton dance repeats as Eliza's initial refusal to dance with Darcy when he asks her during her stay at Netherfield Hall.

"One day I was watching a TV program. In the middle of the show, I received a phone call from a friend of mine. While listening to my friend I sensed that there was some connection between her and the program I was just watching. Months passed, and I found myself watching a rerun of this same program. What was incredible was that I noticed that I received a call from this same friend at the exact same moment I was watching the identical scene on television from that person. There was more to it, however. I noticed that my friend on the phone was having problems with an individual who had the exact same rather complex Asian name as the person on the show."

As we begin to see how acts repeat in our lives -- defying our normal perceptions of how life unfolds -- we can begin to benefit from our observations. E.g., we can learn to perceive when to take, or not take, actions based on a pervious occurrence of the act. That is, if you know the pattern of a repetition of an act, especially a negative one, you can overcome its ability to repeat in the future. So if a man who becomes ill every five years, can note its frequency, assume that the illness is likely to repeat in another years, and take precautions to prevent its reoccurrence when the next iteration rolls around. He can say, "Ah here it is coming on again. I am over-stressed again in this cycle, which is what ordinarily brings on the repetition. I will take actions to prevent such reoccurrence." Now as a result of perceiving the coming repetition, this individual has changed the course of his life.

Consider one other real life experience, where an individual saw a repetition of an act that expressed negatively, and then was able to avoid it the second time, i.e. when it would have normally repeated:

A computer consultant worked on a consulting project for a number of hours and days only to find out that he could not do the project because of his limiting skills. It was clear from the onset that he might not be able to do it. In fact, as it turned out he was unable to do it for the client, honestly explained it to the client, who were grateful of his honesty, and had now found a company who could do it. On the other hand, the consultant wasted a lot of time. As it turned out the project was later

completed by the other consulting company in fine order. A few months later, the consultant was asked if he could help the same client with another project. Again, it was an area just out of his expertise, even though he had had a little experience with the program many years before. This time, remembering that acts repeat, he knew that he would likely be wasting a lot of time if he were to take it on. He firmly decided not to take on the project because of the likelihood that the current situation was likely to be a repetition of the same situation that happened initially.

Thus from pattern recognition of the repetition of acts one has the insight to change, i.e. to negate or reinforce, the future. It is a miracle of insight into the workings of life, including understandings of the true, subtle nature of space of time. If we are conscious, we will be able to recognize the patterns; if we are not, the likelihood of seeing the patterns and reversing them is very limited. In summary then there are at least two ways to prevent a repetition. The first is an action or will on our part related to the act that is more powerful than the force that wants to repeat. The other is our recognition of the pattern in the first place, which has the power to cancel the next iteration. In other words, we can be aware of life's patterns of repetitions of acts, and then we can consciously control the next repetition. We have that conscious power in life.

Acts Repeat

Pride and Prejudice

## **VARIOUS WAYS LIFE REPEATS IN *PRIDE AND PREJUDICE***

Below is a list of the various ways we see life repeating in Jane Austin's *Pride and Prejudice*:

Another Acts in Similar Fashion to One's Self -- When Mrs. Bennet first asks Mr. Bennet to call on Bingley, Mr. Bennet protests and apparently refuses, but the next day he goes in deference to her request. When Bingley becomes interested in Jane, his sisters and Darcy protest, though ultimately they all accept Jane as his wife. Bennet's initial protest is mirrored by their own. The vibration of protest continues and ripples through the story. His initial reaction is a portent of the reactions that come later.

An Act Repeats in a Similar Way -- Bingley brings Darcy to Herefordshire and is the first to call Darcy's attention to Eliza, where he suggests Darcy asking her to dance at the Meryton ball. Later it is Bingley who brings Darcy back to Herefordshire and then to Longbourn and during that time Darcy proposes to Eliza.

Another Acts in Similar Fashion to One's Self -- Darcy's initial refusal to dance with Eliza at the Meryton ball repeats as Eliza's initial refusal to dance with Darcy when he asks her during her stay at Netherfield ball. Darcy first reacts to Bingley's suggestion and then reverses his reaction by asking Eliza to dance at Netherfield. At this point, Eliza is still reacting to Darcy's initial behavior -- first by refusing his dance offer, later by refusing his marriage proposal! Life has to wait until she too plays out the reaction and its reversal.

Both respond negatively to the first approach of greater opportunity, so life or karma has to take its course.

Another Acts in Similar Fashion to One's Self -- Eliza teases Darcy during their dance at Netherfield ball. The rest of the evening she is '*teased*' by Collins who clings to her and the teasing repeats.

Two Person's React Similarly -- - Collins takes for granted that Eliza will accept his marriage proposal just as Darcy does when he proposes to her later. The false presumption repeats.

Two People Have a Shared Coincidental Experience Repeatedly -- Darcy and Eliza meet by surprise at Hunsford and then meet again by surprise at Pemberley. They are brought together repeatedly by the initiative of life, rather than by their own initiative. The chance encounter repeats.

Darcy's problem of elopement (Wickham's elopement with Georgiana) comes to Eliza (Wickham's elopement with Lydia). Darcy arrives at the inn in Lambton at the same moment as the letter from Jane, so Eliza feels compelled to confide in him and he has the opportunity to solve a problem for her family that originated in his family. Both Elopement and confiding are repeated.

An Individual Repeats the Same Action in Different Circumstance -- Wickham's elopement with Lydia is a continuation and fulfillment of the movement of his failed attempt to elope with Georgiana. In the first case, Darcy arrived by chance two days early. In this case, Darcy arrives to convert it into a marriage.

Quarrel Repeats through Multiple Generations -- The quarrel of Collin's father with Bennet's father repeats in Eliza's '*quarrel*' with Collins when she refuses his proposal and he abruptly departs from Longbourn. The quarrel repeats.

Collins returns to Longbourn for the second time after proposing to Charlotte, rather than staying with Lucases. He later has to receive Eliza at the parsonage where Darcy proposes to Eliza.

Positive Attitude to Another Attracts Same Result for Self -- Collins feels abused by Eliza's refusal of his marriage proposal. By informing Lady Catherine of Darcy's proposed engagement to Eliza, Collins becomes an instrument for Lady Catherine's visit and abuses Eliza about Darcy's marriage proposal. Eliza meant no ill will by refusing Collins. As a result, Collins gets a better match in Charlotte. Eliza feels no harm from Lady Catherine's abuse. It brings Darcy to propose and the abuse leading to positive results repeats.

One's Response to Another is Repeated by Another to One's Self -- Impossible! -- Eliza's response to Charlotte's engagement repeats as Jane's response to Eliza's engagement.

Outset Indicates Repetitions -- On the return trip of Eliza, Jane and Maria from London to Herefordshire, Lydia wants to treat her sisters with lunch but makes them pay. They will continue to pay for the rest of their life. (MSS)

[Life Repeats](#)

## PREVENTING LIFE FROM REPEATING NEGATIVELY

Life has a character just like you and I. It expresses through subtle laws. One principle is that life tends to repeat; and will go on doing so until there is a higher understanding. A corollary is that every event that occurs is indicated beforehand through another event. And there are absolutely no exceptions to this rule.

Though life can repeat negatively (and we see the predecessor of such an event), we fortunately have the inner power to prevent its repetition -- avoiding painful, difficult iterations now and in the future. We do that by perceiving the trends in our own lives, and deciding in our hearts and minds that it will not occur again, which will have the effect of negating the negatives. Another approach is to understand the negative repetition and predecessor and offer it to the Divine. Then it too will not only cease to repeat in the short run, but the wanting behavior can be permanently removed from our being, while evoking startling positive outcomes in the process.

Let's examine a practical occurrence of these two interrelated principles -- repetition and predecessor events -- through a negative situation in a work of fiction. Then we'll examine how an understanding and access to Spirit not only cancelled a repeating, predecessor-inducing negative, but elicited staggering positive outcomes, including a fundamental change in a friend's nature.

In the recent (2010) British Masterpiece Classic series *Downton Abbey*, we observe a kitchen staff working in the basement of a great estate, preparing meals for the owners and dignitaries who gather there in the British countryside. In this particular incident, the main cook has been asked by the Lady of the manor if she can prepare a different desert for an upcoming important dinner. Shockingly, the cook cries out in anguish that she won't do that, offering the excuse that she doesn't have the time. Everyone in the kitchen is taken aback by her outrageous behavior. This incident is in essence the foundation for potential future negative circumstance.

Now the day of the great dinner arrives. As they the staff about to serve the main course, the cook stumbles, trays go flying, and the cooked chickens for the dinner are rolling around on the unclean floor! The kitchen staff, including the cook, stands aghast at what has taken place. This is in essence a repetition of the first episode where the cook angrily reacted when asked to prepare a different desert. Life waited until this critical moment of serving to the guests for the iteration and repetition to occur.

Time passes that evening and the moment has come for the desert to be served. After it is set down before each person gathered around the great dining table, the main invited guest and dignitary lifts his spoon to have a taste, but then spits it out as it is utterly foul. The host of the abbey then warns all gathered there to refrain from eating the desert. It turns out that the cook had accidentally put salt on the strawberries instead of sugar! It was an outrageous faux pas that was extremely embarrassing to the hosts, who pride themselves in perfection in all matters, including culinary affairs.

Once again, this is a repetition of an earlier act along the very same line. The salt on the desert was a repeat of the previous spilling of the chickens on the floor, which was itself a repetition of the cook's anguish when asked to prepare a different desert. Now that the ACTUAL original, non-changed desert has been served, it turns into a fiasco!

That is precisely how life works. It tends to repeats the same vibration, circumstance, unfolding over and over. It can happen positively, neutrally, or negatively. Negatively it only ceases when there is a change in understanding on the part of the individual or party of what is amiss -- such as an awareness of one's wanting quality that precipitated the repeating outcomes.

As mentioned earlier, we can also perceive this particular triple negative outcome in terms of another life principle: that everything that occurs in life is indicated beforehand. In this case, we need to see events in reverse order. In the story, the outrage of the salty desert was indicated by the previous accident of the felled chickens, which was itself indicated by the earlier agitation of the cook who was unwilling to create the substitute desert in the first place. In this way, every event we experience in life has been indicated beforehand. And, there are absolutely no exceptions to this rule!

The question then arises: what can we do to influence such outcomes, especially if they occur negatively?

In the case of the life repeats principle, we can exercise our powers of observation and perceive when it occurs in our own lives. From there we can move toward understanding its cause, which will have the life power to prevent its repetition. For example, a friend of mine, -- after many hints from others -- finally realized that he was always late to dinner meetings and related functions. (In fact, I witnessed this tendency repeatedly over the course of three decades.) As a result of my friend's new understanding, not only was he not late at our luncheon meeting, but he arrived several minutes early; in fact, before I did! Apparently, at some level, he was able to overcome that wanting quality through his own self-knowledge, decision, and action. Thus, the repetition had finally come to an end.

Another way to combat repetition of the negative is to use a spiritual technique; which is to offer the entire matter to the spiritual Force, and then wait for It to act. That's precisely the method I practiced at that same luncheon meeting with the friend who was always late. Before I walked into the restaurant, I thought about how he had been tardy every time we met in the past. I then sat quietly, concentrated myself within, and offered that entire past history (as well as upcoming lunch meeting) to the Divine. As I mentioned earlier, when I walked into that meeting, I was stunned to discover that he was already there, thereby breaking the cycle after thirty years.

But there was much more, as a startling set of events unfolded. First of all, he was sitting on the opposite side from where we normally dined; a first after our many get together there. In addition, he was sitting at the other side of the table, looking outward to the front, another first. Now I perceived a set of physical reversals due to my consecrated effort.

However, then friend then proceeded to hypnotize me with an amazing story of a two-week ordeal he had just gone through where he was caught in a blizzard on New York City. There he managed to get around in places he was unfamiliar with, with all public services shut down, while traversing three hospitals where members of his family were suddenly laid up. But even more startling was the fact that it all occurred in my old neighborhood where I was raised, on the other side of the country, which I had not visited in over 30 years!

But what was most startling of all was the fact that because of this great ordeal, he had made the inner commitment to embark on a new writing career, of which this two-week episode was an illustration of a wider social issue he would address. I was startled to hear about this sudden change in his life's direction.

In other words, by understanding from my side the history of the repeating problem, aspiring that it ceases in the upcoming lunch meeting, and offering the entire matter to the Divine Mother, a thirty-year pattern had come to an end, while evoking a startling set of circumstance that were nothing less than a miracle. Thus, from both our sides, we had overcome life's repeating pattern in its negative form. He through his self-knowledge; myself through concentration and the power of the Spirit.

It also demonstrated once more the power we have to redirect the course of our lives from within. From a relatively small matter and issue, we together evoked a stunning powerful set of circumstance, indicating that the infinite can emerge from the smallest finite.

The overall approach then to avoiding repetition can be stated this way: Each time we experience a negative outcome in our lives, we can try to understand its inner cause, aspire for its cessation, and act in the right way. That way we will avoid its repetition in the future. If we also offer that wanting capacity in ourselves or others to the Divine Force, not only will the difficulty cease to repeat (and the predecessor cycle overcome), but astonishing positive results will follow.

[Life Repeats](#)

[Downton Abbey](#)



### **LIFE RESPONDS (AND REPEATS) AT MO'S IN THE 'BOOK'**

In Garry Jacobs' profound epic novel 'The Book' a mystical tome appeared at various moments in time where significant revolutionary events were taking place in the world, each of which, in effect, bringing greater good to humanity.

As the story progressed "the Book" reached Dan when he visited Moe's Book store in Berkeley, California. It was a Life Response to his Inner Aspiration and Equality of Being in his demeanor when he encountered a difficult situation - in this case, the project rejection letter from NASA.

Dan then happened to visit the same location several years later, when the same sort of situation, involving the inner and outer, took place. From the outer perspective, it appeared the Book was lost. Yet he maintained his calmness and Equality of Being inside. His Inner Aspiration convinced him that the Book would not leave him until it finished the work. And so it did not.

As a response from life, the Book miraculously came to him in both situations. It was also proof of the profound principle that life tends to repeat with similar situations, including the same sorts of outcomes.

Life Repeats

The Book

# Predecessor, Initial Occurrence Acts



## ALL INDICATED BEFOREHAND

Sri Karmayogi indicates that everything that happens is indicated beforehand. And there are no exceptions.

Further Comment: If we develop a keen sense of observation one can verify the absolute truth of this principle. E.g. a study of *Pride and Prejudice* will show that every event is indicated somewhere before; often in the smallest, subtlest form.

One aspect of this is that if there is negative circumstance occurring, there were then one or more indicators of it happening earlier. This means that if at that earlier time we recognized a negative when it happened, no matter how large or small, and consecrated it, then the negative that followed it would never have occurred. That's why constant consecration is so powerful. (Roy Posner)

[Predecessor Event](#)

[Pride and Prejudice](#)



## PREDECESSOR EVENTS INDICATING FUTURE OUTCOMES AND THE POWER WE CAN HAVE OVER THEM

One aspect that relates to both the Character of Life and Life Response is the phenomenon of "Predecessor Events." That things occurring in the present indicate things to come in the future.

Eg in the book 'Lady Anna' by Trollope a young woman is on a date with a ruthless cousin. And on their meeting, she trips and does serious damage to her leg. Months later this man and a relative will strive to kill both the young woman and her significant other.

As we see small circumstance can indicate future ones; large or small, negative or positive.

To avoid the negative iteration(s), take notice the original negative circumstance as it occurs or just occurred and Consecrate it (offering it to the divine Power). That way the negative iteration in future will NOT occur.

If the negative does come (where consecration was not evoked) and negative repeating consequences followed, one can do "Past Consecration" to overcome the past's influence on the present. Intense contrition when taking to this spiritual-like act will bring greater power and effectivity to the Past Consecration effort. (Roy Posner)

[Predecessor Events](#)

[Lady Anna](#)

### **EACH THING IS INDICATED BEFOREHAND**

One of the profound principles that Karmayogi has revealed to us is that each thing that occurs in life is indicated beforehand. And there are no exceptions. A powerful positive or negative outcome in the future is always indicated by a small or large event earlier on. Thus, if we are conscious of the predecessor (whether or not we perceive it as such), any great negative can be avoided later on. I.e. We can simply consecrate the small negative condition that comes to our attention, and the larger problem will not arise in future.

Also when our consciousness is centered more deeply within, we will perceive such small indicators as pregnant with potentiality, whereas living on the surface misses these subtle warnings.

And yet even if we fail to recognize and consecrate such predecessors when they arise and were then affected negatively affected, we can still practice "past consecrate" to overcome its continued influence in the present.

In the Trollope novel 'Lady Anna' a young woman on a date with her cousin seriously injures her leg while walking across pods of stones on a pond. It would turn out to be a predecessor and harbinger of this man's later complicity in trying to murder her and her beloved.

This dynamic also occurs and is discussed several times by the team in Garry Jacobs' novel 'The Book.'

There is no greater fool than someone who does not respond when Life compels him to take action.

[Predecessor Events](#)

[Lady Anna](#)

### **NO EVENT OCCURS WITHOUT PRIOR INDICATION (AS IN PRIDE AND PREJUDICE)**

This principle is true both positively and negatively. Life gives as early hints of good fortune that is coming later and warnings of pending misfortune, which we ignore at our risk.

Elizabeth had ample occasion to suspect Wickham's true character long before calamity struck. In their very first meeting he told her that because of his gratitude to Darcy's father he would never speak against the son, but then proceeded to do just that. He also said that nothing could keep him from the ball at Netherfield, but then he did not come. Elizabeth might naturally suspect Caroline's motives when she spoke of Wickham's bad past, but she also ignored the blatant fact of his mercenary pursuit of Miss King and even justified it on his behalf. Darcy's letter at Rosings was only icing on the cake, but still she was reluctant to believe because she was still attracted to Wickham. That is the manner in which we disregard life's warnings when it does not suit us.

In her first meeting with Elizabeth at Rosings, Lady Catherine felt affronted by Elizabeth's free and outspoken nature and faulted her for expressing her opinion so freely. She was given a further indication of what was to come when Darcy stood up in the middle of a discussion with Lady Catherine to walk to the piano where he could see Elizabeth more easily. Alerted, Lady Catherine calls out asking what they are talking about and insists on being included in their conversation. She already feels she is being eliminated from the equation. Elizabeth later explains to Jane that Darcy called on them at the hermitage every day during their stay there. Her initial reactions were a forewarning of what was to come between her nephew and Elizabeth yet she chose to ignore it. When she went to Longbourn and tried to pressurize Elizabeth into relinquishing any interest in Darcy. Elizabeth responded boldly to her attack and stood her ground firmly.

Wherever a work is completed or cancelled, the end result is indicated by symptoms earlier. The circumstances during the first occasion on which two people meet very often gives a good indication of what is to come in the relationship. When Mrs. Phillips entertained in her home, Wickham gave attention to only two women - Lydia and Elizabeth. They turned out to be the two most important women in his life - one became his wife, the other his link to relationship with Darcy. When Bingley came to the ball, Jane was the very first person he danced with. Elizabeth was the one person Darcy refused to dance with at Bingley's request. Later Elizabeth would refuse his marriage proposal. Both began the relationship with an initial refusal. When Mr. Collins first arrives at Longbourn, Mr. Bennet teases him into confessing about his agility at making clever compliments, prompting Elizabeth to laugh. In fact, Elizabeth laughed even when Collins' first letter was read out. When Collins told Mrs. Bennet that he was interested in Jane, Mrs. Bennet informed him that Jane was practically engaged. His first idea failed. Ultimately he did not marry any of the five sisters. (MSS)

[Predecessor Events](#)

[Pride and Prejudice](#)

## **SUCCESS, FAILURE OF SIMILAR INITIATIVES INDICATE FINAL OUTCOME**

When two individuals take a small initiative in an area and for one it works out and for the other it does not, it indicates bigger success to come for the person who succeeded in the earlier small initiative, and failure for the other person.

Eg in the film 'Wicker Park,' Alex goes into the camera shop hoping to meet Matt but fails. Lisa goes into the shoe store willing to meet Matt and succeeds. This reflects the fact that Alex's initiatives will eventually fail to win Matt and Lisa's will eventually succeed in getting him back.

Initial Result Indicates Final outcome

Wicker Park

## **INSURING SPLENDID OUTCOMES BY TRACING ITS BEGINNINGS**

Spiritual sage Sri Karmayogi tells us that the ultimate outcomes of a project, work, circumstance, etc. can be seen at the very beginning. At the outset of a related chain of conditions there are acts that are indicators of the final outcome of that life flow, whether a project in a business, a home purchase, even a marriage.

Mother's Service Society researchers have traced many instances of this startling phenomenon. E.g. in *Pride and Prejudice* Mrs. Bennet announced at the very beginning the arrival of two young, handsome, very rich, eligible bachelors, which is in fact what happens at the very end, when they marry two of her own daughters, sending her middle class family to the heights of wealth and social status.

What good are such perceptions? It can help you anticipate, if not predict the future (the final outcome). A crime investigator, or a doctor, or a businessperson with that subtle sense can make decisions and take actions that abridge space and time through that knowledge; by either moving in the opposite direction of a negative event up front in that chain, or reinforcing any positives that arose at the outset. Developing a Subtle Sense to see that will facilitate the process; i.e. paying attention to the flow of life; as will an ability to make the correspondence between the outer conditions and one's own attitudes, motives, beliefs, decisions and actions.

Thus through this startling phenomenon of Life, you can become Its complete Master.

Here are some examples of the phenomenon from the negative side:

-When Nixon and Kennedy vied for the presidency in 1960, it was extremely close and contentious, with Kennedy winning by a hair. Kennedy was later assassinated, ending his administration. What happened at the start was an indicator of the final outcome.

-Bush Jr. won the presidency by an extremely small amount after an overwhelmingly contentious dispute in Florida settled by the Supreme Court. It appeared that his side did all to block the truth from emerging. His administration ended in near disaster for the country and the world.

-In the Russian Revolution, a group of serious-minded thinkers ended up resorting to slaughter of the aristocracy it wished to replace, which culminated in years of rule by the devil-like Stalin who had 30 million shot to death. Events at the outset indicated an outcome that was to come.

-Arnold Schwarzenegger's self-serving ascent to the governorship of California by cleverly taking advantage of a negative situation was a precedent of how he would later leave the state in financial tatters.

-One man I know was desperately trying to meet some people in a suburb of Los Angeles for a crucial meeting. He ended up getting utterly lost in a maze of suburban streets. Though he would later find the place and create a business relationship that would last several years, that undertaking ended in bankruptcy. (Had he opened to the spiritual Force to cancel the negative there and then, he might have overcome the disastrous eventuality.)

-An individual was desperately trying to get some sun tan lotion before taking a cruise on a tiny riverboat in Sacramento, California. His effort was intense and confused, though he and his friend managed to get on board just a moment before the little boat embarked. Twenty minutes into the trip a super, modern speedboat zoomed by, nearly cutting the boat in half. What happens at the outset indicated the thing to come. (Had he caught his emotions and remained steady, he never would have attracted the near disaster.)

Sri Karmayogi indicates that if you want perfect success at the end, trace its path to its earliest beginnings. All those events will be of the same character; with the same motive, attitude, opinion, etc. of the individual precipitating them. Once identified, withdraw the negatives that created the wanting outcomes at the start and presently, and reinforce the positive ones. Life will respond overwhelmingly in your favor.

You can also make that change at the very beginning, by catching the smallest or largest negative that appears. You can readily identify these by seeing the correspondence between the inner you and the outer conditions. Taking this approach at the outset will change the course of life relative to those circumstances. It's a way of insuring perfection in the outcome; avoiding considerable effort and the meanderings of life. In other words, it creates the greatest efficiency of space and time.

Finally, it is also worth noting *positive* outcomes that occur at the start -- such as workers being always on time, the firm passing quota the first week, much smoother running of machines, passing deadlines earlier than anticipated, and so forth. Whatever their nature, they too are indicators of our own individual consciousness and/or that of the collective. Identifying and reinforcing them at the beginning as well as along the way will ensure the final outcome is great, far exceeding our initial aspirations and projections.

Consecrating to the Spiritual Force at all critical junctures and in all details in any of these scenarios will insure the workings of Luck, guaranteeing extraordinary outcomes, enabling the Infinite to replace the finite.

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*A further illustration from Ramesh Kumar:*

Recently I got an offer from Indian Railways to strengthen certain old bridges. I was so excited to get such an offer, as such specialized job normally will only be given to already registered established contractors. Initially, they offered three bridges as trial.

I went to site inspection and thoroughly inspected the first two bridges. By that time, it was 4:00 pm and the bridge was around 250 kms from Chennai. I planned to reach Chennai the same night, though it was not necessary. As I was thinking about that, one of the two persons from Railways who accompanied me, reflected my mood and said, the third bridge which is about 50 kms away is similar to this. But another person said “no - better you look at it. You are like a Doctor and you should be aware that no two patients are similar”. As the former view fitted my mood, I took that and returned to Chennai without visiting the third bridge. After a few days, I got order for the three bridges and started the work.

Everything went smoothly on the first two bridges and I was very happy about the profits I was making out of it. I even proudly tweeted about this achievement, so that all other my links also know about this, because it was very difficult to enter as a Vendor in Railways now-a-days without corrupt practices. After 10 days or so, we started the work for the third bridge, and there came the thud.

The bridge was in worse condition than expected, and it started sucking all the profits I made on the other two bridges. The road had to be blocked for more than the planned days, and as it was in a main high way, the pressures from all departments concerned started affecting my morale to the point that I vowed not to do a public sector job again. I panicked when I crossed the breakeven point (no loss, no gain) and started incurring loss on the project. The way it was going, I expected there to be a heavy loss.

That is the point I ran to the Mother and started “past consecration.” As Karmayogi says the key lies in 10 or 15 minutes of conversations, happenings, atmosphere, emotion, etc. I started analyzing that. The first 10 minutes or so was fine, and only when I thought of returning to Chennai - just for comfort of sleeping in my house - in my bedroom that things went awry. There is no other reason. At that point only one person reflected my mood and said not to visit the third bridge. But the other person tried to raise my consciousness by saying that – I am an experienced person, and I should see all before taking on the job. But alas I preferred the comfort zone, knowing very well that life won't give opportunities within it. I tried to avoid physical work of going 50 kms which attracted the problem at the physical, vital and mental level, only to arrive at the knowledge that we should act from the highest wisdom or the highest professional knowledge we have.

Having realized that, I consecrated everything and vowed not to stay in comfort zone thereafter. As a remedy, I took the tool of “taking responsibility”. I informed our Operation Manager to do the job with all necessary inputs as promised in our quote and

not to try to save money by any sort of compromise; even if it was going to incur a heavy loss.

After a few days, the site was visited by the authorities and one of the senior engineers saw it and asked me whether I incurred any loss on the bridge. I said 'yes'. He said - "Yes I can see from the quantity of the materials used. I can help you within my powers to give you a 10% increase in contract value as unforeseen expenses and raise the bill accordingly".

This led me exactly to the breakeven point with a sigh of relief.

[Trace Beginnings](#)

[Pride and Prejudice](#)

# Power of Intention

## ASPIRING FOR SOMETHING (POWER OF INTENTION)

[extract from book 'The Miraculous Phenomenon of Life Response' by Roy Posner]

The second item in the pool of four human behaviors that all life response incidents draw from is having an *aspiration* for something. We can also call it our "intention." When we yearn for something to come about or be accomplished, life quickly conspires to make it happen.

One of the best examples of this phenomenon is found in *Pride and Prejudice*. From the outset, we see how deeply and persistently Mrs. Bennet aspires for her daughters to marry -- particularly to prosperous men. That intention is only heightened when their cousin Mr. Collins arrives on the scene and threatens to take over the family's estate through his right of inheritance as a member of the male sex. Well it turns out that just as Mrs. Bennet's aspiration in these matters reach their peak, two eligible and very prosperous young bachelors -- monsieurs Mr. Darcy and Mr. Bingley -- suddenly arrive on the scene! It is a powerful, direct response to the intensity and depth of Mrs. Bennet's aspiration. (By the way, they will marry her daughters in short order, fulfilling her deepest aspiration in life.)

Aspiration, Intention

Pride and Prejudice



## INTENTION ATTRACTS (IN SEABISCUIT)

Earlier we saw how our intention is one of, if not the most important key to success in life. One truth about intention is that when we take to it to a higher degree or with greater intensity, life tends to quickly cooperate with us, directly fulfilling the very thing we intended to happen. For example, early on after Tom meets Seabiscuit, he says that the horse has spirit, and if it could be calmed down and trained, it could become a legitimate racehorse. Thus, he has an aspiration and intention for it to come about. Right after that, Tom comes upon Red, where he sees how he and the horse share something in common -- an intensity of spirit, which would enable them to work together. This serendipitous event is an immediate response to Tom's earlier desire and intention to turn Seabiscuit him into a legitimate racehorse. Because he wanted it to

happen, life presented him with the opportunity for its realization. When we want something bad enough, life tends to take over and creates conditions for its occurrence. It is one of the great secrets and expressions of the character of life.

There is another instance of this phenomenon involving Red. As we just saw, at one point, he is desperate for work -- willing to do anything to keep going. Though his boss does not put him in a race, he asks Red to hot walk one of the older, slower horses. A few moments after Red begins that chore, Tom walks up to him and sees him for the first time, and their destinies are altered forever. It is through Tom that Red will meet up with Seabiscuit. In sum, because Red so intensely wanted to succeed, he quickly attracted the very vehicle – Tom (and therefore Seabiscuit) -- that would fulfill his aspiration and intention.

We see this same law at work in the same episode from Tom's point of view. Just before that same event, Tom is commenting to Charles about a horse they are watching. He says that in racing "it is not just the speed, but the heart." He tells Charles that you want a horse that is not afraid to compete; who wants to fight to win. Immediately after that, Tom sees Red for the first time, working tending that older, slower horse. It is a response from life to Tom's focused remarks, interest, and aspiration for the type of horse he wants. Red will be the jockey who rides the very type of horse Tom had in mind. Thus, Red's appearance is the response from life to Tom's deep-seated aspiration and intention. (In fact, we could say that this is a double life response; or better yet that their individual intentions were clearly in alignment with one another, bringing a life response for both sides.)

Finally, in an earlier episode still, we see how Charles after arriving at the Mexican track shows a deep interest in getting into the horse racing business. Soon after he sets out to purchase several horses, he meets with Tom who is stroking a horse he had earlier saved. Tom tells him that everything has a purpose and is worth saving, which moves Charles, and thereafter they strike up a friendship. That relationship will bring great success for Charles through Seabiscuit. In essence, because Charles had a deep interest and intention getting into horseracing and purchase horses for that purpose, he quickly attracted the man, Tom, who would enable it to happen.

Intention

Seabiscuit

## **TAKING A PHYSICAL ACTION**

[extract from book 'The Miraculous Phenomenon of Life Response' by Roy Posner]

The fourth and final item in our pool of four human behaviors that all life response incidents draw from is taking a *physical action*. At the point that we act in life, positive conditions quickly present themselves. This is especially true when we act with vigor, or when we take action in areas where we have been hesitant, negligent, or indifferent.

For example, in the refrigerator episode I described at the outset, I not only aspired to do that work, and then made the decision to do so, but I actually got down on my hands and knees and made that physical effort. At the very *moment* I completed that difficult physical ordeal, the phone rang and I received word that I now had months' worth of training work, when a half hour before I was desperate for anything.

Likewise, in a similar incident, right after I made the *physical effort* to learn a new software application -- something I had been reluctant to do until that point, -- word instantly came that my entire holiday work schedule was now filled; again coming at a time there was nothing on my calendar.

Finally, when the captain in *Master and Commander* reversed himself and navigated his ship back to the Galapagos Islands so his doctor could heal, he quickly attracted the very ship he was after. Because he took action -- *right* action in this case -- life rewarded him with a sitting duck ship that his men proceeded to destroy.

Action

Master and Commander

## MAKING A FIRM DECISION

[extract from book 'The Miraculous Phenomenon of Life Response' by Roy Posner]

The third item in our pool of four human behaviors that all life response incidents draw from is making a *decision*. Whereas an aspiration is primarily a desire, a hope, a wish for something to come about, a decision is a firm *commitment to a course of action*. When we decide on a thing, we release formidable mental and vital energies that quickly attract powerful positive conditions; often producing results we would never have imagined.

Recall the situation in *Pride and Prejudice* where the youngest daughter Lydia and the nefarious Mr. Wickham have eloped, threatening to tarnish the image of the Bennet family. In that episode, when Lydia's father Mr. Bennet became aware of the scandal, he went through a wrenching period of introspection. Fortunately, he was able to take responsibility for his daughter's actions, and then went a step further and made the firm commitment to be involved in his children's rearing. As a result, he *quickly* received word that the elopement had ended.

When we make a firm decision for something to come about, life quickly conspires to make it happen. Even if we do not physically act on it, our inner resolution sets in motion events that quickly overcome the negative and attract the positive.

Decision

Pride and Prejudice

## LESSONS WE CAN LEARN FROM ERIN BROCKOVICH

The film 'Erin Brockovich' is the true story of one woman's successful initiative to investigate the deaths and illnesses of dozens of individuals through the leakage of poisons into the water supply by the Pacific Gas and Electrical utility company of California. At the end of the story, Erin, working for a legal firm, wins a \$333 million settlement for the families of victims, which also includes a very substantial sum for her law firm as well as for herself. It is also a story that each of us can learn from -- especially if we hope to take our lives to the next level of success. The film not only shows her personal struggles that allowed this vast achievement, but also the social obstacles she was forced to overcome.

Although Erin demonstrated several unflattering traits -- including her provocative dress and her too-often vulgar speech -- one trait makes up for all of the others: her great *tenacity of purpose*. In this instance, Erin not only knew precisely what she wanted -- to uncover the injustice that has befallen the victims -- but pursues that goal with almost super-human effort and determination

In studying the ways individuals accomplish in life, several traits seem to stand out. First, it is imperative to have a clear vision of what one wants to accomplish. Then one is able to develop a plan to make it happen. And finally, one makes an exhaustive effort to see it through. Erin was able to embrace all three in this great period of her life. She not only had a clear vision of what she wanted to occur, not only developed right strategies to bring it about, but then implemented them through an unrelenting, persevering effort. As a result, life cooperated from all quarters -- leading not only to a vast settlement for the suffering families, but to a monumental breakthrough for victim's rights.

In addition to vision, strategies and determined implementation, there is one other factor that played an important role in Erin's stunning achievement -- the adoptions and adherence to deep personal values. At each point, Erin personally identified with the plight of the victims and felt a moral duty to bring them justice. Such deep beliefs and values guided her efforts and in the end drove her to succeed.

If she can bring about such vast results, then each of us can do the same in the areas we are predisposed toward. For example, think about your own situation for a moment, and then consider what it is that you really want to achieve in life. Now ask yourself the following questions: Do you have a very clear vision of what you want to achieve? Do you really want to make it happen -- i.e. do you have a deep abiding passion for this to come about? If so, then do you have clear strategies to make it happen? Also, are you willing to make an unrelenting, persevering effort to bring it about? If so, and if you follow through at all these levels, then life will surely cooperate with your efforts from all quarters. E.g. life will begin to present you with sudden instances of good fortune; a miraculous-like phenomenon that I call a "life response."

Now let's move on and consider the *social* dimension of Erin's extraordinary story. When any person ventures to achieve at a higher level in life, one is forced deal with the

social milieu. I.e. in these situations, we will see that there are environmental forces that are trying to help us, and there as those conspire or otherwise gather to defeat us. Often that opposition can originate from most unlikely of sources. For example, one thing we notice in Erin's case is that though she is working for the great benefit of the law office, the clients, even society itself, at many points she is directly opposed by these very entities!

When a pioneer individual takes on a work that is not part of the normal routines of that society, it often opposes that individual's efforts -- even if it will, in the end, bring it great benefit! We see this phenomenon at work in various points in Erin's story -- when the lawyers continually show their misgivings about her initiative; when the people in the office are put off by her behavior missing the greater benefit she is creating for them and the victims; when her boyfriend deserts her for a time; and, most dramatically, when the eventual beneficiaries of her initiative -- the victims in the village -- gather at one point and decide to *oppose* her efforts! This shows how the groundbreaking work of a pioneer will often be opposed by various collectives, including those who stand to gain the most. It is more than an irony; it reflects a fundamental ignorance and unconsciousness of the society in the face of a great boon. To be aware of these forces is to know the influences of life, which one can overcome through the right capacities -- of strength, attitude, right strategies, and so forth.

Fortunately for all involved, Erin's tenacity of purpose and her great psychological strength overcome the unconscious opposition of the ignorant social forces around her. She is courageous, and never despairs when the social milieu opposes. She is consistently *positive* in her attitude, believing in the rightness of her cause, and its eventual success. She also has great social skills, demonstrated by her great empathy and communication skills when interviewing the sick victims and their kin. She is not bothered by the social obstacles because in one sense she cares little about conforming to the social order. She is her own person, despite her sometimes boisterous and crude behavior. Fortunately, that offensive behavior is minor compared to the social strength she brings to bear.

By the way, we should also point out that the falsehood of the society is born out even at the end when Erin wins the case. She receives but \$2 million out of the \$333 million settlement, when she has, for all intents and purposes, single-handedly enabled this great outcome! The law firm, being a social institution, accepts the *social custom* of only giving Erin money equal to her social status and position, instead of what she really deserved. In addition, the law firm itself collects 40% of the reward. It is another indicator of the negative and false quality of institutions in society that reward the *socially-accepted* custom instead of that which is *right* and *just*.

So we can ask ourselves again: do we have the drive and will to succeed in our endeavors? Are we clear about what we want to achieve, and have the right strategies to make it come about? Do we have the strength and determination to bring our aspirations to fruition? Also, are we directed by our own beliefs, rather than being overly influenced by the social norms; and do we have the strength of purpose to

persevere beyond the opposition of the social milieu around us. If we meet these conditions, then we too can bring about successes that rival those of Erin; we too can rise to the highest pinnacles of success.

Success

Process of Accomplishment

Erin Brockovich



### **FULL, EXHAUSTIVE EFFORT ATTRACTS (IN SEABISCUIT)**

One of the more interesting principles of life is that when you make the full effort to accomplish a work, life takes up where you left off and complete it on its own. For example, if you make a full, exhaustive effort to organize dense training materials, at the point you exhaust your effort, life tends to take over on its own and complete the work. E.g., you suddenly realize that three chapters you had to go through were already done before; or you receive a call that you don't have to cover the remainder of the course, etc. We see this phenomenon at work in the film where Red says to Seabiscuit, "I know what you are all about," and then makes the full, concerted effort to tame the horse. Just after that grueling work is completed, Tom suddenly comes forward and introduces Red to Charles and his wife. The result is that his life is changed forever. Because Red made the full, exhaustive psychological and physical effort to tame the horse, life took over, and brought forth Charles, who would purchase the horse and lead the group, including Red, to Seabiscuit's overwhelming successes. That is the power of making the full, exhaustive effort in any endeavor.

Effort

Seabiscuit

# Attitudes and Success

## OVERCOMING NEGATIVE ATTITUDES AND FEELINGS ATTRACT (IN SEABISCUIT)

Life responds with sudden good fortune to any decided change in consciousness on our part. E.g., Life will readily respond to our shifts in attitudes. When we overcome a negative or limited attitude, emotion, or feeling, life tends to quickly work in our favor. Recall the state that Charles was in after his son died in the auto accident and his wife left him. For a long time, he was morose and sad. As a result, life around him essentially remained static and unchanged. Then however, something special occurred. When he made the effort to get out of his psychological malaise by going to Mexico, he met with a string of positive circumstance -- including his first encounters with his wife to be, as well as Tom, Red, and Seabiscuit. In other words, when he overcame his limited attitude and emotion by venturing to Mexico, life cooperated from all quarters. That is the power of shifting our inner condition to the positive.

[Overcoming Negative Attitude](#)

[Seabiscuit](#)



## THE QUEEN'S HUSBAND

We have seen that deep resentment overcome attracts the truly miraculous.

In one historical account, the husband of a world renown queen (Victoria of Great Britain) resented the man whom he thought was his uncle, but turned out to be his real father.

One day after discovering this shocking news, the child of the queen and husband became extremely ill, and near the end. However, the father of the queen's husband reminded him to tend to the child, instead of continuously expressing his resentment toward him.

The queen's husband then practiced self-control and gave up his bitterness. After attending to the child along with others gathered around her, the little girl miraculously came out of her deep fever and lived.

As we see, giving up resentment has the power to overcome the inevitability of the end of a child's life, not to mention any other catastrophic situation. (Roy Posner)

Ill will to Goodwill

Resentment

Victoria



### **CHANGE OF BEHAVIOR IN ONE AREA ATTRACTS STARTLING REVELATION IN ANOTHER**

One of the profound dynamics of the Life Response phenomenon is that if you change your behavior in one area of your life, it can attract startling results that resolves a great issue or problem in another. This is magnificently portrayed in the recent Indian film 'Lion,' a true story about an orphaned Indian boy and his quest to reunite with his birth family. Here's the story

In 1986, Saroo, a five-year-old boy lives with his elder brother Guddu, his mother and his younger sister in Khandwa, India. Guddu and Saroo sometimes steal coal from freight trains to trade for milk and food so the family can survive.

One day Saroo follows his brother to a job and they arrive at a nearby train station, where Saroo decides to stay back and take a nap. Guddu tries to wake him up, but Saroo is too tired. When Guddu does not return, Saroo searches for him and boards a train presuming Guddu is aboard. He falls asleep again in one of the compartments, and wakes up to find the train in which he was sleeping in motion.

After several days, the train arrives in faraway Calcutta, 1200 kilometers to the east, where he does not understand the local Bengali language. (he speaks Hindi) Saroo then stands at a ticket counter and tries to obtain a ticket home, but the attendant does not recognize the name of his village, which Saroo says is "Ginestlay." He spends the night in the station with some street-children, but is then woken up and forced to run when a group of men try to kidnap them.

Saroo continues to wander around the city before coming across Noor, a seemingly friendly woman who brings him back to her apartment. She tells Saroo that a man, Rama, will help him find his way home. However, Saroo, sensing that Noor and Rama may have sinister intentions, runs away.

After two months of living near the Howrah Bridge in Calcutta, Saroo is taken to the police by a young man. Unable to trace his family, they put him in an orphanage. Three months later, Saroo is introduced to Mrs. Sood, who tells him she has placed an

advertisement about him in several local newspapers, but no one has responded. She then tells him that an Australian couple is interested in adopting him. Mrs. Sood then begins to teach Saroo English. Saroo then moves to Hobart, Tasmania (an island state of Australia) under the care of Sue and John Brierley, where he slowly settles in. A year later, they adopt another boy, Mantosh, who has trouble adjusting to his new home and suffers from rage and self-harm.

Twenty years later, Saroo, now a young man, moves to Melbourne to study hotel management. He starts a romantic relationship with Lucy, an American student. During a meal with some Indian friends at their home, he comes across jalebi, a delicacy he remembers from his childhood. He confides that he is adopted, and his friends suggest he use Google Earth to search for his hometown in India. Saroo then begins his search to discover his Indian origins and family. However, in that process, he disconnects from Lucy, as he is overwhelmed by the thought of the emotions his family in India must have gone through while he was missing.

Now comes the part of the story that shows the power of Life Response; i.e. the capacity to evoke good fortune from out of nowhere.

Even though Saroo and Lisa have separated, she urges him to bond with his foster mother Sue, whom he has been estranged with due to his repulsion to her dedication toward her autistic adopted other son. Saroo then visits Sue, whose health is deteriorating, and learns that she is not infertile, but had chosen to help others in need through adoption, believing that there were already too many people on earth. As a result of this meeting, he drops his resentment toward her and the two bond as never before.

We know such shifts in consciousness from resentment and anguish to goodwill and harmony portend a great opening and response from life. And that is exactly what soon happens.

After a long period of fruitlessly searching for his hometown, now, after this meeting with Sue, Saroo decides to use Google Earth to locate his roots. He then suddenly and most intuitively zooms into an area that seems familiar. He then notices a region of rock formations where his biological mother worked; and then further zooms in and discovers the tiny village where he lived: in the “Ganesh Talai” neighborhood of the Khandwa district. This is his hometown area that he was calling “Ginestlay” since he went on his train misadventure as a child.

Discovering the exact location, Saroo journeys back to his hometown in India, where he has an emotional reunion with his biological mother and sister, though he also learns that Guddu was killed by a train the same night that they went to the station as children. It turns out that Saroo's mother never gave up hope and believed that one day her missing son would return, and therefore never moved away from the village.

The instance of sudden good fortune (“Life Response”) took shape in the form of the quick discovery of his family’s whereabouts by intuitively discovering his roots 1200 kilometers east of Calcutta. And yet what enabled that response from life to occur was

his earlier shift from antagonism towards his foster mother to re-bonding with her, and feeling deep affection for the woman who raised him for the last 20+ years. That shift in consciousness created an opening in Saroo's being that would soon enable him to intuitively discover the whereabouts of his family's home.

Life had responded overwhelming to his shift in consciousness to the positive. Then all that followed unfolded like a miracle.

[thanks to Wikipedia]

(Roy Posner)

[Ill will to Goodwill](#)

[Lion](#)



## **POWER OF SHEDDING CHILDHOOD REMORSE**

Shedding bitterness for being wronged in the past evokes most unexpected and joyful circumstance all around.

As depicted in the tv series 'Victoria,' the queen of England was bitter about the way she was treated as a child by her mother, as well as another official who tried to stifle her empowerment when growing up.

However, after seeing another child from Africa go through similar circumstance, the queen was now able to see her own childhood in perspective, and therefore she was now able to shed her long-time resentment.

At that very moment, from out of nowhere, the man who taunted and stifled the queen as a child arrived on the scene, and expressed deep-seated feelings of remorse and goodwill, withdrawing all material claims against her.

She then turned around and invited him to join the holiday dinner that she was sharing with others. The Joy and Goodwill now continued to spread all around.

(This being the case, what old resentment do you still hold onto, from childhood or otherwise; and how can you shed it? This can be the key to evoking a tremendous positive response in your life!) (Roy Posner)

[Resentment](#)

[Victoria](#)

## **WORK-FAMILY BALANCE EVOKES STARTLING RESPONSE FOR CHEF**

When our lives are in BALANCE, we can experience not only peak levels of success, but a deep, rich inner life of fulfillment. When it is not, life for us becomes fragmented and we can enter a period of slow or rapid decline. And yet if we shift from this state of disharmony, disequilibrium to its opposite, not only will we experience its wonderful benefits, such as better relations with others but we can evoke a powerful response from life. For example, if you shift away from obsession with your work life, at the expense of your family life, to a balance between the two, life will tend to quickly present you unexpected good fortune.

In the recent well-received film 'Chef,' the brilliantly skilled chef of a leading Los Angeles restaurant is at odds with the owner. The owner wants him to present the meals that have been successful for a big gathering at the restaurant where the leading food critic in the city is on hand, but the chef wants to offer something daring, as he knows the critic will appreciate it much more. However, the owner has his way, the food critic gives a disastrous review of the chef, and the chef quits in a major huff. And to make things much worse a video of the intense squabble goes viral across the internet.

In the meantime, obsessed with his brilliant work, the chef has ignored his young son, not to mention the fact that he is divorced from the woman who cares for him and his career.

Now that he has quit the restaurant, he decides to "downscale" and run a food truck of Cuban food - a huge comedown from his previous position. Feeling sorry about his son, they join together on a whirlwind tour of the southern part of America with the food truck, serving meals that meet the desires of local crowds in Miami, New Orleans, Austin, and elsewhere. He is now happy in what he is doing, even though he is not expressing himself as creatively as he would as a chef in a high-end, prestigious restaurant.

After the summer tour with his son and helper, the father chef has to tell the little boy that the fun time they had together was over, and they had to part ways, meaning that the chef would resume his work somewhere, and the boy would return to his normal life, including school. The boy reacts very sorrowfully to this development and sends his father an email with an attachment of photos of their amazing journey through the American South.

When the chef views these wonderful moments sent by his son, he is thunderstruck and realizes that he cannot separate and leave his child behind, and therefore they agree to let the boy work with him as an assistant in whatever food endeavor he participates in locally.

We know that when you make a dramatic shift in attitude, life will respond to that effort. And that is exactly what happens in 'Chef.' Just after the chef makes the decision involving his adoring son, the critic who lambasted his mediocre offering at the fancy restaurant, suddenly, out of nowhere walks up to the food truck and tells the chef that his modest food offerings have been marvelous. He then proceeds to inform the chef

that he is willing to bankroll a new prestigious restaurant where the chef can cook anything he pleases! The chef is startled, and then overjoyed by this stunning development in his life, as he now has the opportunity to participate in the work position of his dreams!

Because the chef embraced the needs of his young child, he moved his life into a greater balance and harmony. As a result, life responded with the opportunity of a lifetime; fulfilling his career and family dreams all at once. Even his former wife appeared eager to rekindle their relationship.

When you bring your life into balance, whether between work and family, or any set of conflicting aspects, you release energies that align with the greatest possibilities that are able to fulfill your wildest dreams.

Life Balance

Chef



## REVERSALS OF ATTITUDES THAT ATTRACT

We have developed a scale of attitudes, with each pair ranging from negative to positive. When you shift from the negative to the positive on any of them, you are likely to attract sudden onset of good fortune.

- Unwillingness to Willingness
- Arrogance to Humility
- Self-Importance to Respect for Others
- Impatience to Patience
- Suspicious to Accepting/Trusting
- Unreliable to Reliable
- Pessimistic to Optimism
- Defensive to Expansive
- Insecure to Self-Confident
- Closed Minded to Open-Minded
- Self-Satisfied to Aspiring
- Resentful to Goodwill, Gratitude \*\*
- Sarcasm to Sincerity

E.g. in Garry Jacobs' novel 'The Book' a key character Anya felt deep anguish and resentment toward her professor, with whom she had been out of touch for a long time. After ruminating on the idea that her current outer problems -- the negative attitudes of the people around her -- were the result of the negative attitudes she harbored toward her professor, she suddenly out of the blue received a call from him in which complemented her as being the most brilliant student he ever had, as well as offering her a very significant new project for her fledgling company.

That is the life response power of reversing from Resentfulness to Goodwill and even Gratitude. Good or great fortune follows.

[Change in Attitude](#)

[The Book](#)

### **A CAPTAIN'S CHANGE OF HEART**

In the movie *Master and Commander: The Far Side of the World*, based on one of a series of novels by Patrick O'Brian, we see a powerful example of how change in attitude can bring an overwhelming response from life.

During the Napoleonic Wars, the British naval frigate HMS Surprise is pursuing the Acheron, a large and powerful French war vessel that is sailing off South American. The Surprise, commanded by Captain Jack Aubrey, is then attacked by the Acheron, and the ship is badly damaged, with many of its crew wounded. Even though the Acheron is a far more powerful ship with many more men aboard, the Captain still decides to try to capture it at all costs.

At various points, the Captain is torn between his own ambition and the views of his close friend, Stephen Maturin, who is the ship's doctor. Martin thinks that the Captain is needlessly endangering the lives of the crew by perusing the Acheron.

At one point, Maturin wishes to stop at the Galapagos islands in order to gather some of the rarest animal and plant specimens on earth. The Captain insists there is no time, and they sail off. Thereafter, the doctor is accidentally wounded, and the ship is forced *back* to the Galapagos so he can heal. With Maturin near death, the Captain senses that he should have listened to his friend in the first place. After a while, the doctor recovers, and the Captain guardedly allows him to go on an outing to gather the specimens he so longed for. At one point, Maturin climbs a hill, looks out to sea, and then sees of all things, the Acheron, the French ship they are after, sailing nearby! The crew then immediately sets sail after the ship, and destroys it!

In other words, because the Captain saw the error of his way, and accepted the fact that he should have listened to his friend request in the first place, his friend suddenly finds the enemy *for* him. It is a wonderful example of how life responds in overwhelming fashion to a change in attitude.

[Attitude Change](#)

[Master and Commander: The Far Side of the World](#)

## A CAVEAT, A REVERSAL, AND A VAST OPENING

Though life responds to an aspiration that is clearly defined, filled with passion, and sustained over time, there are times when a response will simply *not* come! That is usually the case because there is some wanting element in our being that is blocking our aspiration from attracting our heart's desire. It is usually there in our *attitudes*. There is something in our wanting thoughts and feelings about life, about others, about work, or about ourselves that blocks us from aligning with and attracting corresponding positive conditions. However, when we identify those wanting qualities and reverse them, we open the floodgates, and startling, positive results move towards us. Often the results far exceed any expectations we might have had.

For example, consider the case of Darcy and Eliza, the two main characters of *Pride and Prejudice*. Early on in the story, Darcy really wanted Eliza. However, for the longest time, he was unable to win her over -- mainly because she was put off by his arrogant and prideful behavior. However, at some point, Darcy began to recognize his own deficiencies, and spurred on by his love for Eliza, made the conscious effort to overcome them. As soon as he did that, the elopement episode *immediately* presented itself, which gave Darcy the perfect opportunity to show the best side of his character. When he then resolved that potentially devastating affair, he was stunned to discover that Eliza actually loved him, and then accepted his offer of marriage. In other words, by reversing himself and overcoming a wanting quality in his character, he suddenly attracted that which he so dearly aspired for.

We see that the same dynamic occurred for Eliza. At one point in the story, she came to admire and secretly love Darcy -- especially after his noble efforts that ended the elopement episode. Unfortunately, she sensed that after that awful affair that Darcy would never anything to do with her. And yet she too grappled with her conscience, seeing the error in her attitudes and beliefs. At the peak of this reversal of consciousness, Darcy suddenly appeared at her doorstep with a proposal of marriage! In other words, she too shifted an attitude to the positive, and was therefore able to attract the object of her desire.

Thus, we see in these two cases that when we have the deep intention for something to come about and it does not come to us, it is often life asking us to make a corresponding change in our being -- usually in our attitudes and beliefs. When we make that change, life conspires to bring to us our heart's desire.

Intention

Changing Attitudes, Beliefs

Pride and Prejudice

## ATTRACTING ROMANTIC LOVE OUT OF NOWHERE

Is it possible to attract a romantic partner from out of thin air? I believe it is. The conditions are that (1) you have a real desire for a romance relationship, and (2) you are able to discover a corresponding wanting element in your being and reverse it. As a result, the man or woman of your dreams can emerge from out of nowhere.

In the German romantic comedy, *Mostly Martha*, Martha Klein is a workaholic chef, single-mindedly obsessed with the perfection of her culinary creations. After her boss, restaurant-owner Frida, catches her arguing with a pair of customers over the quality of her cooking, Martha is ordered to see a therapist to try to work out her control issues and poor interpersonal relationships. Meanwhile, Martha's sister, perhaps her only connection to a world outside of her job, dies in a car accident, leaving Martha in charge of her niece, the sullen and broody Lina.

Martha finds it extremely difficult to emotionally bond with Lina, demonstrating her psychological problems. Martha's world is then further turned upside down when the owner of the restaurant hires fun-loving and unorthodox Mario as a sous-chef to replace one of the workers there. Along the way, Mario challenges Martha's defenses and bonds with Lina, who begins to accompany Martha to work.

Martha begins to relax and open up to the possibility of a romantic relationship with Mario. However, after a second romantic interlude, it seems her psyche just cannot handle that possibility, and she in essence forces Mario out of her life.

One day after Lina tried to run away to Italy to visit her true father, Martha has an emotional catharsis and deeply bonds with the young girl. At that very instant, Mario knocks on her door, rekindling their relationship, which soon leads to their happy marriage.

What happened was that at the very moment the standoffish, obsessive, compulsive Martha gives into her feelings toward the young girl, the man of her dreams appears at her door, leading to the marriage and happy life that was unavailable to her until that point. By overcoming a deep-seated wanting attitude, life responded and brought the man of her dreams to her doorstep, when the relationship seemed all but over. That is the power we evoke when there is an aspiration for romance matched by a reversal of a limiting part of our being. Life immediately moves on our behalf, attracting the man or woman of our dreams out of thin air.

Here are several other examples of this dynamic:

- A mean-spirited retired military officer shifts to goodness by helping a young friend in a trial, and suddenly attracts the woman of his dreams on the way out of the courtroom.
- A man who is deeply in love with a woman is unable to win her over. But when he stands up to an abusive boss, from out of nowhere she immediately appears at his doorstep, confessing her love.

- A man in love with a woman is unable to win her over in full. However, when he refuses to give in and mock another woman when the entire group gathered at a reception does so, he attracts someone who causes the woman whom he adores to suddenly show great interest in him, leading to their marriage.
- When a man who has had a number of failed relationships finally gives up and works hard to earn a living, he attracts the most romantic relationship of his life.
- A man changes his arrogant and haughty ways, and suddenly finds out that the woman he adores who has rejected him in the past, now wants him, leading to their romance, marriage, and his greatest happiness and fulfillment in life.
- A woman, surrendering to the truth, finally acknowledges the questionable behavior of her family, attracting a wealthy man out of nowhere, leading to their marriage, their deep fulfillment, and vast prosperity for her family that had been teetering on failure.

In each case, an individual had an aspiration for romance, plus made a decisive change in their attitude that attracted their dream partner literally from out of nowhere. That being the case, ask yourself this: Do you aspire for romance? And if so, what key wanting attitude about yourself, life, or work needs to be changed? If you make that adjustment, life can reward you with the most fulfilling romantic relationship of your life.

Romance

Attraction Power

Higher Consciousness

Mostly Martha

## TO BE TITLED

When an individual is willing to change, very good things happen. When members of two interrelated groups each change concurrently in their own unique way, then magnificent things descend on that collective from a variety of angles.

This is demonstrated in the recent, very inspiring French-Indian film 'The Hundred-Foot Journey.' There two sets of individuals overcome their prejudices and fears, interlink in the most harmonious ways, evoking startling positive outcomes for all parties.

Change

The Hundred-Foot Journey

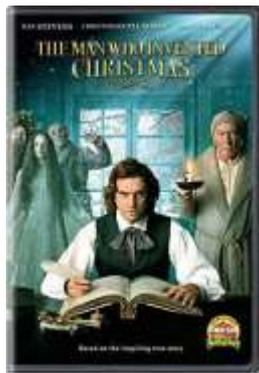


### **ACCEPTING THE GIVENS OF LIFE ATTRACTS (IN SEABISCUIT)**

Life not only responds to higher attitudes, but when we embrace life and accept the givens that before us. When we shun what life has put before us, we remain as we are, or even fall backwards. However, when we take up the current needs, or work – whether to our liking or not -- good fortune tends to quickly follow. In *Seabiscuit*, we see early on how Red has failed to live up to his own expectations -- both as jockey and as boxer. However, rather than give up, he shows a willingness to do whatever he has to do to survive. At one point, we see how Red was willing to take on the lowest of jobs – i.e. tending to the needs of a washed up racehorse. As a result, Tom, who was looking for a racehorse for Charles, suddenly appears out of nowhere, and meets with Red. This changes Red’s life forever. In essence, Red’s willingness to accept the current conditions of life by performing the lowest of jobs in order to move out of his current limited condition attracts a powerful positive response in the form of Tom’s appearance, who will become the conduit for his great success aboard Seabiscuit.

[Accept Givens of Life](#)

[Seabiscuit](#)



### **HUMAN TRANSFORMATION IN ‘THE MAN WHO INVENTED CHRISTMAS’**

“...Life is the raw material from which the creative imagination of great writers generates works of fiction that are truer than life—truer because they probe and reveal more deeply its real character...”

(Janani Ramanathan, from Cadmus journal)

The film "The Man Who Invented Christmas" explains the above quote beautifully as it portrays how the famous author Charles Dickens conceived the story “A Christmas

Carol”, created the characters, lived with them, evolved himself, and completed the story.

In that process Dickens created the famous character “Scrooge” who was a cold-hearted miser. Initially, he could not imagine that Scrooge could be transformed into a good human being.

And yet through that story-creating process, he evolved himself by giving up his grudge towards his father, which was due to a childhood incident that haunted him through frequent nightmares.

As he relieved himself of that incident, it removed his mental block, and so he was able to complete that story beautifully, with the character Scrooge transformed into a noble, kind person.

In addition, the story became a huge success, and the character Scrooge became one of the most famous in all of English literature.

(Senthil Murugan)

Attitude Change

The Man Who Invented Christmas’



**THE MAN WHO INVENTED CHRISTMAS - A REVISIT**  
(shows how change in attitude can evoke enormous response)

[https://en.wikipedia.org/.../The\\_Man\\_Who\\_Invented...](https://en.wikipedia.org/.../The_Man_Who_Invented...)

According to Sri Karmayogi's writings, (translated from Tamil):

“When Will embraces Knowledge, it creates Opinion. When the vital embraces mental opinion, it creates attitude. When the physical embraces that attitude, it creates the Power to manifest.

With the sanction of the soul, when the Jeevan exercises the power of the physical, vital attitude and mental opinion submit to that. It is called Value.”

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It is difficult to change an opinion. It is even difficult to change an attitude. To solve a problem, it is difficult to know from the surface what to change or how to change.

When the mind is presented with higher knowledge of possibilities (outer) or a deeper understanding of the problem (inner), opinion or attitude can be reversed according to that plane.

In the above movie, Charles Dickens had a painful past as a young child when he was forced to work in a blacking factory (workhouse) as his family was taken to debtor's prison due to his father's debt. It had wounded him deeply and often had nightmares despite him becoming a successful author in his later period.

In the meantime, he was creating a Christmas Ghost story (A Christmas Carol), and he envisaged the characters subconsciously from his own life, particularly the selfish miser character named Scrooge. At one point in time, he was not sure how to finish the story with a good ending and he was stuck.

He then visited the abandoned Blacking factory where he worked in his childhood and discovered the origin of his problem and from that depth, he gave up his grudge towards his father and remembered him saying "No one is useless in this world who lightens the burdens of another." When he reversed that attitude,

- His maid Tara came back to his home by herself
- He was surprised to see the gift from his father to his children.
- He was freed from his mental blockage and united happily with his wife and parents.
- Based on that realization and inspiration, he finished the story with a lively ending and Scrooge became a transformed person in that story.
- That story and the character Scrooge became world-famous.

So, Life acts in tandem for us. It creates situations and circumstances for us to realize the Reality through deeper truths or higher knowledge or potential opportunities.

- In the above story, Charles Dickens came to realize that truth by a deeper understanding of his life and his grudge towards his father (inner).
- Then he imagined the story of Scrooge's transformation by presenting that character

with knowledge of the future (as past and present ghosts had not impressed Scrooge in the beginning) (outer)

- In P&P, when Elizabeth realized her potential of becoming a Mistress of Pemberley, she gave up her negative attitude towards Darcy. (outer)

- When Mr. Bennet was confronted with Lydia's elopement, he gave up his negative attitude of irresponsibility. (inner)

A mere mental understanding from surface consciousness may not alone help to solve a problem. Perhaps, with that mental knowledge, when a man consciously decides to act on it with Faith in that knowledge or Higher Power, attitudes get reversed in that process and miraculous results would unleash.

For example,

- When a man decided to spend his time effectively by immersing himself in cleaning the fridge, his several future weeks filled with work schedules. (inner and outer)

- When a man decided to overcome his reluctance and decided to work on weekends, he earned the sales of his lifetime. (inner and outer)

- In The Book, when Anya decided to give up her negative attitude towards her Professor and offered Gratitude for his good deeds, life responded with a sudden email from him, the very next day indeed and also with a huge project for her company. (inner and outer)

- When Dan decided to give conscious attention to read The Book, the fading pages became brightened to normal. (inner and outer)

What are the other ways, one could reverse his attitude?

(Senthil Murugan)

[Attitude Change](#)

[The Man Who Invented Christmas](#)

## **AN ACTOR'S CONFESSION OF HOW RELUCTANCE OVERCOME BRINGS GOOD FORTUNE**

A month or two ago, I watched the fine little American film 'The Visitor,' about a solemn, inhibited economics professor whose life opens up when his apartment is occupied by an immigrant couple while he is away. Richard Jenkins plays the professor with rare beauty and subtlety. Well, yesterday I turned on my car radio and I found myself listening to an NPR interview with the same actor.

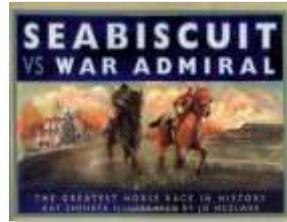
At one point in the interview, Jenkins agreed with the host and admitted that he is also inhibited and restrained in real life. He then went on to reveal that whenever his wife asks him to go somewhere new or non-routine, he is reluctant. But then -- and this is what really caught my attention -- whenever he changes his mind and goes out, he invariably has a wonderful time! That every time he gives up his reluctance and takes up the invitation, circumstances unfold in ways he never would have imagined! This revelation from a public figure on a national radio hit me like a small thunderbolt, for I have frequently had this same experience.

When we give up what we are hesitant or reluctant to do, life responds positively to that inner psychological change. When we make this not too subtle shift, we shed wanting energies, and thereby move from the local to the universal plane, where we move into alignment with corresponding positive conditions. As a result, life that we feared or were otherwise unwilling to confront becomes the vehicle for intense joy and delight. It is one of the deepest secrets and yet one of simplest manifestations of the phenomenon of Life Response.

[Reluctance Overcome](#)

[The Visitor](#)

# Negative Life Response



## ANACHRONISTIC, TRAILING EDGE ACTS ATTRACTS NEGATIVELY

In life there are often leading edge, forces-for-progress individuals partaking in events, as well as trailing-edge, regressive ones. One interesting life principle is that life often responds negatively to individuals who assert their anachronistic tendencies when the currents of life are moving in another direction.

For example, in Jane Austen's 'Pride and Prejudice,' we see how when the aristocratic, haughty, old guard Lady Catherine tries to interfere in a potential marriage between her nephew Mr. Darcy and Elizabeth Bennett, it utterly backfires on her. In fact, that attempt at interference becomes the very instrument through which Darcy and Eliza come to understand that they still feel love for one another, leading to their coming together, their engagement, and marriage!

We see something similar in the film of the true life events about the race horse in Seabiscuit. There at one point in the story, we see the effects of the actions of the trailing edge figure of the eastern owner of the horse War Admiral. In response to the request from the owner of the underdog Seabiscuit for a race between the two horses, the Eastern US owner responds that it is absurd to have the race because of his horse's obvious superiority in terms of speed and breeding. He then goes a step further and mocks the entire Western horseracing scene. The end result of his reactionary taunts is that he is humiliated when his horse loses to the underdog Seabiscuit before a national audience.

When trailing edge figures act in conditions where positive, progressive forces are emerging, their actions at critical points tend to work against them. (Roy Posner)

Anachronism Reactionary

Pride and Prejudice

Seabiscuit



## **NEGATIVE ATMOSPHERE IN SHAKESPEARE'S OTHELLO**

Though basically a good man, the atmosphere in Othello is decidedly negative against him. And so he falls victim to it. In Hamlet he has a moral conscience which prevents him from acting, and becomes life's victim even though he succeeds in attracting the end of the rein of the king who murdered his father. In other works of literature (and in life) man succeeds because the supporting energies are positive. (Roy Posner)

Further comment: The atmosphere is so negative that the mere dropping and discovery of a handkerchief leads to the tragic death of Othello and others. In a positive atmosphere such trivialities would be "forgotten and forgiven by life." (RP)

Negative Atmosphere

Tragedy

Othello

## **DISHONESTY ATTRACTS THE NEGATIVE IN FILM *WIN WIN***

"Dishonesty attracts an ever-widening circle of problems."

We see this dynamic of negative life response to dishonesty very clearly in the recent acclaimed American farce film *Win Win*.

In the story, a small-town New Providence, New Jersey attorney Mike Flaherty moonlights as a wrestling coach and struggles to keep his practice solvent, while shielding his wife Jackie and their two young girls from the extent of the problem. When his court-appointed client Leo Poplar, who is suffering from early dementia, turns out to have no locatable relatives, Mike persuades a judge to appoint him as guardian, for which he will receive a stipend of \$1500/month. It is pure dishonesty because Leo should have been left in his own home, and the attorney Mike has seen a way to take advantage of the situation to garner the \$1500 a month in order to keep his practice and his family financially afloat.

However, soon after a series of problems arise.

When the elderly Leo's troubled teenage grandson Kyle shows up looking to live with him, Mike and Jackie let Kyle stay with them, as Mike has moved Leo to a senior care facility. They discover that Kyle is a talented wrestler, and enroll him at Mike's high school, where he can resume his education and wrestle on Mike's awful, losing team, helping to make them viable contenders in their league.

This "everyone benefits" setup (in the mind of Mike; hence the ironic title of the film "Win Win") is disrupted when Kyle's mother Cindy shows up, fresh out of rehab. Cindy attempts to gain custody of her father and her son, and with them her father's substantial estate.

When Kyle learns that Mike had originally promised to keep Leo in his home but has instead moved him to a nursing home, the boy rightfully rejects Mike as a money-seeking opportunist no better than his mother.

Realizing the mistake of his earlier actions, and seeking instead to do what's best for both Leo and Kyle, Mike offers Kyle's mother Cindy the monthly \$1500 he had desperately and dishonestly secured for in a stipend in exchange for leaving them in his care. Mike and Jackie take Kyle into their home permanently and return Leo to his, with Mike instead taking a bartending job to address his financial problems.

Here we see how dishonesty attracts an ever-widening circle of problems. When the truth comes out, the individual who was dishonest is forced to change his actions, but not before creating much unintended suffering for others.

Interestingly, Mike had been almost angel-like in his career, helping those who were underprivileged and otherwise having problems in society. Yet even he lied to keep his own financial position secure, which shows that the best of us can take to dishonesty to placate our Ego, instead of taking right actions that could have attracted the positive and elevated our position in life.

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*A Reader Comments:* Don't we all face with the choice at every moment to take either path! It takes constant consciousness to take the right path as to the perceived or justified "right" path!

*Response:* Very true. However, if we truly perceive that Honesty attracts the positive, and the reverse for dishonesty, it makes the choice much easier, for who does not want to attract very positive outcomes, and avoid attracting painful ones.

[Dishonesty](#)

[Win Win](#)

## **NEGATIVE LIFE RESPONSE IN LITERATURE AND FILM**

We normally think of the phenomenon of "Life Response" as instances of sudden good fortune precipitated by taking to higher levels of consciousness. While this is true, it can occur negatively as well; i.e. life can respond in ways that are deleterious to our being based on our wanting inner or outer behavior.

We can observe this darker side of the phenomenon in several ways: including its occurrences in our own lives, as well as the lives of others. However, it is often easier to see this dynamic at work in literature or film, as we are able to follow the flow of events, and perceive the subtle ways life responds to the thoughts, feelings, and actions of the characters. If we do, not only can we learn from such experiences, but we can use that

knowledge to avoid those very same wanting behaviors that elicit negative outcomes in our own lives.

With that in mind, here are several examples of negative life response I have garnered from works of literature and contemporary film, which in some cases were later redeemed by taking to higher consciousness that cancelled the negative and attracted a positive outcome.

- In *Pride and Prejudice*, Darcy's wealthy, aristocratic, and anachronistic aunt, Lady Catherine tries to block his engagement to Eliza Bennet. However, it has the opposite effect, as Darcy finds out through his aunt that Eliza still cares for him! This emboldens Darcy to meet with Eliza again, where he finds out that she still loves him, causing him to propose, which she more than gladly accepts. For Lady Catherine, the result is a completely negative response from life due to her closed-mindedness (she did not want her nephew marrying someone from a lower social class), and her meddling in their relationship. Of course, for Darcy and Eliza it is a fortuitous outcome!
- In that same work, *Pride and Prejudice*, Eliza Bennet has an unfortunate crush on Mr. Wickham, a scoundrel if ever there was one. In one episode, she is miffed that he has not shown up at a festive gathering of the townspeople. Her anger and frustration is immediately reflected in life around her, as her sister plays an intolerable amount of ill-suited music for the ensemble, and her family members gathered there act rowdy and uncouth-like, embarrassing Eliza to no end. It is all a negative response to her anger, frustration, and disappointment.
- In one of Jane Austin's other novels, *Emma*, the main character (Emma) engages in a series of match making efforts that prove disastrous. Each time she tries to meddle in others' affairs by matching people up in relationship, it results in negative consequences. Though she is warned of this fact by the man she comes to adore, she does not listen, until the fiasco rises to a crescendo of absurdity. The resulting calamity is a negative response to her meddling actions, much of which can be traced to her inability or unwillingness to have romantic relationships of her own. Interestingly, when she gives up matchmaking, she quickly discovers that her best friend is the man she adores, and as it turns out also adores her. As a result, they fall fully in love and are married. (This final outcome is in effect a reversal of the earlier negative response, through her positive attitude, behavior, and action that attracts the overwhelming positive.)
- In *Gone with the Wind*, Rhett and Scarlett are so at odds with one another. It gets so bad that it leads to downright hate. At the peak of their hostility, their beloved young daughter is killed in a riding accident. It is a negative response to their intense, dark feelings and emotions toward one another.
- In one scene in the film *Seabiscuit* -- based on a true story about an underdog racehorse that electrifies America with its successes during the Great Depression of the 1930s -- we watch as Red, Seabiscuit's future jockey, is angry and bitter because his parents have not contacted him over the years, which reinforces his bitterness

about his continual failure as a rider and boxer. Immediately after, things fall apart when he has a disastrous race at Tanforan. There is also a similar incident where he becomes embroiled in a whipping contest with another jockey during a race, which causes Red to lose focus, opening the door for another horse's victory. It is a bitter defeat. Once again, his negative attitudes and feelings -- in this case intense anger and hostility toward his fellow jockey -- attracted a decidedly negative outcome.

- In *Master and Commander: Far Side of the World*, the English Captain refuses to listen to his crew, including his first mate who feels he is fanatical in taking a dangerous initiative in pursuing the enemy French ship. As a result of his inflexibility and obstinate attitude, the crew attracts a near tragedy when the Captain's first mate and best friend almost dies in an accident aboard ship. It is a negative response to the Captain's fanaticism and unwillingness to listen to rational arguments. Shattered by the incident, the Captain perceives his wanting ways, and returns the ship to the Galapagos Islands so his friend and first mate can recover. (There is a happy ending to the story, however. As a result of the Captain's shift of attitude and action, the very same best friend/first mate who has now recovered and gone on a field trip to collect plant and animal specimens on the island, ends up spotting the very ship they after on the other side, docked on-shore in a very vulnerable position! The crew then immediately sets sail aboard, traverse the island, and destroy the vulnerable, much larger French enemy vessel, fulfilling their entire military mission. In other words, because the Captain changed reversed his attitude and action, they attracted the enemy from out of nowhere, and succeeded beyond their wildest dreams. It was a complete reversal from the previous negative life response outcome to a glorious positive one -- for the Captain, his crew, and his country.

As in the case of the Captain, we too are capable of observing a negative outcome, discovering the correspondence in our being, and reversing it, thereby attracting positive conditions in its place.

Another example of that powerful dynamic occurs for Mr. Bennet in *Pride and Prejudice*. At one point in the story, the terrible elopement takes place in which the youngest Bennet daughter Lydia takes off with the scoundrel Wickham. As a result, Mr. Bennet is in mortal fear that due to the brewing scandal his family will be financially and socially ostracized. In essence, the elopement was a negative response because he was not serious about rearing his children, allowing his wildest daughter to bring shame. However, Mr. Bennet comes to recognize his fault, and makes an inner commitment to be fully involved in the future rearing of his daughters. As a result of making that decision, life suddenly returns the favor, when the elopement is very quickly cancelled, when his reckless daughter is compelled to marry Wickham, thus avoiding a scandal, and saving Mr. Bennet and his family from financial and social ruin. Thus, out of the extreme negative situation (which he attracted though his wanting attitudes), Mr. Bennet reversed himself and attracted a startling positive outcome.

We too can do the same by taking responsibility when any negative outcome comes our way. When we then shift our attitudes to the positive, the negative conditions will quickly evaporate, while attracting overwhelming positive ones in its place.

Life Response

Pride and Prejudice

Emma

Gone with the Wind

Seabiscuit

Master and Commander

### **MOCKING ANOTHER'S FEARS ATTRACTS IT TO SELF**

When you mock, make fun of another's fear, you may attract circumstance that cause you to be fearful of the same thing.

*Further Comment:* E.g. in the film 'Indiana Jones and the Last Crusade', Jones Jr. makes fun of his father's fear of rats; and immediately attracts hundreds of rats that put him -- and his female partner -- in grave danger, frightening them to no end. It is but one somewhat extreme and dramatic example of this subtle yet profound principle and truism of life.

Mocking, Sarcasm

Indiana Jones and the Last Crusade

### **THE ROLE OF HUMAN CHARACTER IN SHAKESPEARE**

It has recently been suggested that William Shakespeare was the first writer (at least in the Western world) to chronicle human character. Thorough extraordinary comedies, tragedies, histories, and poems he delved into the inner character of the individual, and showed how that character was inextricably linked with the circumstances and outcomes of events and circumstances around them.

Let's consider for a moment why some of his characters end in tragedy. This will help us understand our own limitations of character that set the stage for our own little tragedies.

In *Hamlet* we witness the tragedy of one man's *indecisiveness*. Though Hamlet, the protagonist, knows the cause of murder of his father he is unable to bring himself to take action against the wrong doers. This leads to a series of events that leads to his eventual death. His indecisiveness was the source of his tragedy. Can we see in our own lives or in someone we know this or a related quality? (For a more detailed analysis of Hamlet in this light, please click [here](#).)

In *King Lear* the king bequeaths his fortune to his three daughters. However, the daughter he loves the most refuses to accept his offer. Lear becomes pained, anguished, and eventually dies of madness. His tragedy is one of *excessive human attachment*, in this case to the one daughter who has spurned his overtures. Unbridled human attachment (it manifests in many ways) is one of the fundamental causes of suffering in life.

In *Othello* Desdemona, Othello's mate, does not have the emotional strength to break from Othello who desires her even though she does not feel the same way towards him. Her capitulation to Othello on this issue eventually leads to her own death. As a reader of the play we have a hard time believing that someone so good as Desdemona should end this way, but her tragedy was in one sense her own doing, caused by her *weakness and lack of strength*.

Shakespeare documented the causes of tragedy in many of his plays. He chronicled the effect that an individual's character had in one's life, and portrayed how a great character flaw was the cause of the individual's undoing.

There are so many corresponding points in our character that lead to our small or large tragedies. Whether it be indecisiveness (Hamlet), over-attachment to a sibling (Lear), unbridled vital desire for another (Romeo and Juliet), or weakness (Desdemona's in Othello), Shakespeare reveals many, if not all, of the major character flaws in human beings. Even qualities we consider "good" in our culture (Romeo and Juliet's intense affection, Desdemona's quiet deference) are the very things that lead to their downfall.

Human Character

Shakespeare

Hamlet

Othello

## **NEGATIVE ATTRACTION IN PRIDE AND PREJUDICE**

The other day I randomly opened *Pride and Prejudice* with a similar concentration one would have before opening Savitri.

It was the section where Eliza is walking along with Wickham, obviously smitten. Thereafter she meets with Jane who informs her that she received a letter that Bingley is going off for a while, suggesting a possible halt to Jane and Bingley's relationship.

We know that later Eliza is furious with Darcy about this development when he proposes the first time -- i.e. that Darcy instigated it (which Darcy said was for Bingley's own good, believing Jane did not truly love him). I believe these were the events.

Well it struck me that in fact Eliza is responsible for that development! Because she had just been with Wickham, which was negative for her, she aligned with negative circumstances that Jane was now reporting to her. So what Eliza blamed Darcy for, splitting Bingley up from Jane, Eliza 'instigated' herself.

MSS Comment: It a striking insight. Wickham's arrival is associated with Bingley's departure. Wickham is false and his consciousness is such that it destroys relationships because there is no true underlying basis -- the outer perfection is an appearance covering the heart of a rogue. Your comments bring out the fact that it is not so much Wickham's presence but Elizabeth's response (attraction) to him that brings about Bingley's departure. A perceptive Indian (or reader of your book) would have immediately noted the connection between Wickham's coming and Bingley's going.

Negative Attraction

Pride and Prejudice



### **NEGATIVE LIFE RESPONSE TO A POOR ATTITUDE (IN SEABISCUIT)**

One way life responds negatively is when we express a wanting attitude – whether about others, ourselves, or about life itself. For example, if at a corporate Christmas party I am upset when another person wins the big prize because I have a long-term grudge against that individual, I am likely to encounter something negative soon thereafter, such as word coming of the misfortune of a friend or relative. Negative attitudes tend to project negative energies that are likely to quickly return to us as ill fortune.

In one scene in *Seabiscuit*, we see that Red is mad and bitter because his parents have not contacted him over the years, and because of his continual failure as a jockey and boxer. Right after that, we see how wrong things immediately go for him at a race at Tanforan. There is also a similar incident where he gets embroiled in a whipping content with another jockey during a race, which causes him to lose focus, leading to the victory of another horse. Once again, his negative attitudes and feelings -- in this case his anger and hostility toward his fellow jockey -- attract a decidedly negative outcome.

Negative Attitude

Seabiscuit



### **NEGATIVE LIFE RESPONSE TO PREMATURE CELEBRATION (IN SEABISCUIT)**

Another behavior that blocks accomplishment is celebrating success before it has actually come to fruition. When you rejoice too soon, you squander your energies, and life thereafter tends to cancel all future success related to that endeavor. For example, two baseball players who have hit home runs in the game act cocky and speak ceaselessly about the flights of their own balls, only to see their team lose the game in extra innings in a bitter defeat. Or a basketball team is overly excited in the middle of the game as a result of a comeback and rally, only to see it squandered away later on. Their energies are allowed full play before the execution of the work, which attracts the opposite of their intention. Something similar happens to Red when he loses a race to a competitor when he hastily starts celebrating before the race is over. When our ego takes hold before the outcome is assured, we squander energy and attract ill fortune. When we remain calm and silent in such situations, we build on those energies, and therefore life works in our favor.

Premature Celebration

Seabiscuit



### **Blaming Others for Limitation One Also Has Attracts Related Problem**

If you are critical of another party's deficiency, while unconsciously having that same or similar limitation, a problem or calamity may suddenly arise indicating your weakness.

In the tv series 'Madam Secretary', the husband of the secretary of state of a nation complained about another nations' (India's) harmful nationalism and oppression of the minority Muslim population, not thinking that his own country suffers from the same problem (white nationalism), albeit it in a slightly different way.

Well very soon thereafter his country is attacked by a fanatical white nationalistic group from his own country.

These events demonstrate unconscious awareness and hypocrisy of government leaders. It can be related to a wide variety of issues.

(season 5, episode 1)

Negative Attitude

Mocking, Sarcasm

Madam Secretary



### **MOTIVE ATTRACTS ACCORDINGLY**

What we discover of another person is not necessarily what they are, but a reflection of what our motive is in life. Eg if I want to discredit another person, we will attract things that trouble us from that other individual. Example: Caroline Bingley's constant berating of Lizzy in *Pride and Prejudice* attracts to Caroline what she doesn't want (i.e. Lizzy's further connection to Darcy).

Negative Attitude

Mocking, Sarcasm

Pride and Prejudice



### **TO BE TITLED**

Willingness to believe something negative about others brings out the worst in that person. Eg in *P&P* Elizabeth's negative attitude toward Darcy makes him cancel the romance between Bingley and Eliza's sister Jane.

Negative Attitude

Pride and Prejudice



## JEALOUSY IN LITERATURE AND FILM

**Jealousy is the egotistic emotion and dark attitude one feels toward others who are receiving what you want to receive. Examples-**

-Caroline Bingley is jealous of Eliza Bennett in *Pride and Prejudice* because Lizzy is garnering the attention of Darcy whom Caroline desires. The more jealous she gets, the more Lizzy and Darcy come together

-Kitty is jealous of the freedom Lydia is allowed in *P&P*.

-In the *Real Rob* comedy TV series Rob, a comedian and actor, is jealous that his beautiful wife is constantly getting good acting parts well he is turned out. Each time he feels this way negative circumstances follow.

-Shakespeare's *Othello* is intensely jealous of his wife being with Cassio, which leads to his and others' doom.

-Jarvet is "jealous" of Jean Valjean's goodness which leads to the inspector's suicide.

-Any other examples?

-Can you identify instances of jealousy among your own circle of friends, family, work, etc., or even involving yourself?

Negative Attitude

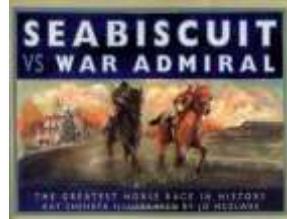
*Pride and Prejudice*

*Othello*

*Les Miserables*

*Real Rob*

# Anachronistic, Reactionary Forces



## ANACHRONISTIC, TRAILING EDGE ACTS ATTRACTS NEGATIVELY

In life there are often leading edge, forces-for-progress individuals partaking in events, as well as trailing-edge, regressive ones. One interesting life principle is that life often responds negatively to individuals who assert their anachronistic tendencies when the currents of life are moving in another direction.

For example, in Jane Austin's 'Pride and Prejudice,' we see how when the aristocratic, haughty, old guard Lady Catherine tries to interfere in a potential marriage between her nephew Mr. Darcy and Elizabeth Bennett, it utterly backfires on her. In fact, that attempt at interference becomes the very instrument through which Darcy and Eliza come to understand that they still feel love for one another, leading to their coming together, their engagement, and marriage!

We see something similar in the film of the true life events about the race horse in Seabiscuit. There at one point in the story, we see the effects of the actions of the trailing edge figure of the eastern owner of the horse War Admiral. In response to the request from the owner of the underdog Seabiscuit for a race between the two horses, the Eastern US owner responds that it is absurd to have the race because of his horse's obvious superiority in terms of speed and breeding. He then goes a step further and mocks the entire Western horseracing scene. The end result of his reactionary taunts is that he is humiliated when his horse loses to the underdog Seabiscuit before a national audience.

When trailing edge figures act in conditions where positive, progressive forces are emerging, their actions at critical points tend to work against them. (Roy Posner)

[Anachronism Reactionary](#)

[Pride and Prejudice](#)

[Seabiscuit](#)



## **REACTIONARY FORCE CAN AID PROGRESS**

A reactionary Force can help enhance a higher consciousness development. E.g. the Church by opposing his views helped Copernicus' heliocentric view of the world spread throughout society. In *Pride and Prejudice*, the reactionary Lady Catherine tried to interfere and block the relationship between her nephew Mr. Darcy and Eliza Bennet, but instead ended up providing the key information that brought the two together in romance and marriage. (Roy Posner)

Anachronism Reactionary

*Pride and Prejudice*



## **SYSTEM OF IDEAS BECOME UNTRUTH BEYOND THEIR TIME, PLACE**

Each idea (or system of ideas) is true in its own time and place. But if it tries to be exclusive or to persist even when its time is over, then it ceases to be true. (The Mother)

Comment: This is the dynamic of anachronisms emerging in life - in ourselves and others. In the novel *Pride and Prejudice* the aristocratic Lady Catherine is a perfect example. (Roy Posner)

Anachronism Reactionary

*Pride and Prejudice*

## **RESOLVING CHILD CONFLICT THROUGH PSYCHOLOGICAL, SOCIAL, AND SOUL KNOWLEDGE RELATED TO THE CHILD**

[The issue: dealing with conflicts between two children, and the growth and education of the child.]

When we get at the root of a child's behavior, we will begin to know him. E.g. how he is like his parents, or what he is bitter about, etc. This will help. Deeper still is to know what the child's Soul seeks from this person's growth, which itself can relate to first level. When the teacher, parent, etc. himself goes deep within, he will perceive his own being in terms of the child's being. There he can discover intuitively the way forward for the child and himself. Constant Consecration will forge the link to the Inner Being.

Beyond this is the social context. I addressed this a bit in my comments of the recent film "In A Better World," which similarly involves the (near tragedy of) friendship between a compliant and a manipulative, vengeful child. These forces have a great determining power, and thus also have to be addressed. Bullying, peer pressure, et al are several aspects.

At the deepest of levels, only intense self-offering to the Force can fully and integrally right these conditions - at the personal, local, and even wider collective levels.

The one attitude that is paramount is Taking Responsibility. Each individual can function from that level, and then see what occurs. It tends to forge greater harmony, which releases the necessary energies that attract substantial Progress.

[Children](#)

[Education](#)

[In A Better World](#)

## **ON WHY TREVOR DIES IN FILM 'PAY IT FORWARD'**

[Pay It Forward is a 2000 American drama film based on the novel of the same name by Catherine Ryan Hyde. It is about a boy who based on his teacher's ideal and urging launches a good-will movement that spreads around the world. ]

The story is true to life. Trevor is taking on acute negatives in the world. In that environment one is bound to suffer. In 'Gone with the Wind' Scarlett O'Hara while driving a stage coach in the midst of chaos tries to save several blacks. As a result she is almost killed, which would have changed the entire story and outcome. Her good intention almost destroys her. (The atmosphere is very negative which turns on her good efforts.)

One needs a very high consciousness to keep at a distance the negative forces, not to mention self-control that does not rush into anything foolishly. Trevor was young and did not have that capacity in full; though very few do.

It is the way of the world.

Jesus experienced the same when he was crucified.

We can emulate them, though if we want to take on such burdens we need deep psychological strength and spiritual protection. Consecration would have saved Trevor from being stabbed to death.



### **OPPOSING FORCES THAT ARISE AGAINST A GREAT GOOD**

There is an interesting phenomenon in the world: When a great positive comes forward, a great negative is released that consciously or unconsciously tries to destroy it. This is an idea taken from 'The Book' by Garry Jacobs, a startling modern epic novel in which an AI system is developed by a group of international consultants that can overcome any problem in the world, which negative forces try to co-opt and destroy.

The intelligence in the AI software system is based on the profound knowledge contained in Sri Aurobindo's 'The Life Divine,' as well as all of the new insights of Karmayogi and MSS. In this 500 page adventure story, a company is trying to bring the deepest truths of life to solve the major social problems in the world through an unprecedented AI system; and yet forces seem to spontaneously arise that seek to destroy it. Fortunately, the creative and evolving heroes use the wisdom contained in 'The Book' to save the day, and the future of life on earth.

It is interesting and ironic to note that the opposition forces the consultants to improve, perfect, and protect the AI system based on The Book. It is an indication that all negatives are positive in disguise; are further opportunities to improve ourselves and the world around us.

In its introduction the novel states: "This is not The Book. It is only a book about The Book."

[Opposition to a Great Positive](#)

[The Book](#)



### **NEGATIVE LIFE RESPONSE TO ANACHRONISTIC, TRAILING EDGE ACTS (IN SEABISCUIT)**

In life, there are often leading edge characters participating in circumstance -- i.e. forces of progress -- as well as trailing edge, regressive individuals. One interesting point is that life often responds negatively to individuals who assert their anachronistic tendencies when the current of life in that situation is moving in another direction. For example, in Jane Austin's 'Pride and Prejudice' we see how when the aristocratic, haughty, old guard Lady Catherine tries to interfere in a potential marriage between her nephew Mr. Darcy and Elizabeth Bennett, it backfires on her. In fact, that attempt at interference becomes the very instrument through which they realize that the two love one another, leading to their engagement and marriage soon thereafter! We see something similar in *Seabiscuit*.

At one point in the story, we see the effects of the actions of the trailing edge figure of the eastern owner War Admiral. In response to the request from Charles for a race between the two horses, Riddle responds that it is absurd to have the race because of his horse's obvious superiority in terms of speed, breeding, et al. He then goes a step further and mocks the entire western horseracing scene. The end result of his reactionary taunts that he will be humiliated when his horse loses to Seabiscuit before a national audience. When trailing edge figures act in conditions where the positive, progressive, emerging forces are moving to the fore, their actions tend to work against them.

Anachronism

Trailing Edge Acts

Seabiscuit



### **NEGATIVE PREDECESSOR EVENTS (IN SEABISCUIT)**

As mentioned earlier, just like an individual, life itself also has a character. It expresses in principles like inner-outer correspondence, i.e. that how the inner me determines the outer reality, which is the basis of the outcome of the phenomenon of life response, i.e. sudden good fortune. Another principle of life is that every event is indicated by a previous one. For example, when I go for a boat ride on a river and there is a near accident caused by a wonton vehicle that is speeding, I hearken back and recall that just before I embarked on the trip, there was a lot of difficulty getting to the dock on time. This earlier problem was in essence the predecessor and indicator of a future difficulty that would crop up. Every event in life has such a predecessor.

We see this rule in operation in *Seabiscuit* as well. Recall that just before the race with War Admiral, Red is asked to practice-ride an old associate's horse, which ends in a very

serious accident, barring Red from riding in the big race. The predecessor of this was Red's association with this individual years earlier when that person expressed a decided skepticism of Red's abilities. This prior negative association was the predecessor of the accident that ruined Red's chance of riding Seabiscuit to victory against War Admiral.

There are other examples of predecessor events in the story. For example, long before Charles watches George Woolf guide Seabiscuit over War Admiral in the great race, Charles sees Woolf win a race at the Mexican track. This victory was a predecessor of the great victory against War Admiral that Charles attends. In both cases, Charles watches Woolf in action; not recognizing that the first event involving Woolf would be a predecessor of a great victory by the same rider at a later date.

### Predecessor Events

### Seabiscuit



### **PAD MAN TRANSCENDS THE SOCIAL ATMOSPHERE: LIFE RESPONDS!**

Pad Man is the film and true-life story of an Indian mechanic who developed an inexpensive sanitary napkins for the masses of women in India, - despite virulent opposition from members of his narrow-minded community.

However when he exited the town and their thwarting hostility and shame, - leaving behind their ignorance and superstition, - life quickly opened up for him and his venture, to the point where he became world famous and even spoke inspirationally before a great gathering at the United Nations.

When an individual steps out of a hostile environment, doing all that he could, life takes over and introduces him to immense possibilities. Our hero in essence saturated his efforts at the first plane, which opened up enormous opportunities for him at the next plane, and the next!

### Pioneer Individual

### Limits of Society

### Anachronisms

### Pad Man



## 'HIDDEN FIGURES' REVEALS SPIRITUAL METHODS OF ATTAINING SUCCESS

I recently watched the beautiful movie 'Hidden Figures.'

This movie beautifully illustrates the power of Non-Reaction, Accepting Life, Patience, Silent Will, Embracing opportunity and many others.

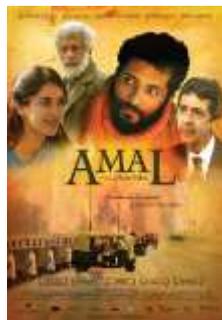
I thought of the following comment upon watching this movie. I think it has a direct message for me:

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Even when you are chosen by the Infinite, when you are aligned with His cosmic purpose, when you are destined to be a pioneer of evolution, the change is not that easy. The established forces and forms of Life resist against that as they do not want to be changed. We may not be able to revolt against them alone unless we have that kind of strength and spiritual support. Instead of reacting against life, when we accept what Life has given us, and when we continue to aspire our dream, eventually it will make Life to respond and bring us opportunity that would manifest our deepest aspiration and also make us an instrument of cosmic purpose.

The established forces that resist need not be from outside, they could be our fixed habits, attitudes, swabhava, subconscious impulses and so forth.

(Senthil Murugan)



**AMAL**

[\[https://en.wikipedia.org/wiki/Amal\\_\(film\)\]](https://en.wikipedia.org/wiki/Amal_(film))

Life is not moral. It acts according to its laws. It responds to strength. Though it responds to Values, the quality and intensity of those values determine the strength of those values to overcome the opposing forces that are acting in the atmosphere and thus makes life respond positively. A good, honest, and generous man may not succeed in life when the atmosphere is enriched with falsehood, if he lacks strength. Though he might be making inner progress by practicing values, to succeed in life, there are other factors required in conjunction. Perhaps that is the story of "Amal".

I was waiting for the moment to see when he would be able to achieve the \$300 million that was in potential, despite the fact that so many opposing forces were working against that possibility. Even though he was so close to attaining that, it had not become the reality eventually.

The opposing forces do not necessarily come from outside. When our nature, swabhava, is not ready to embrace reality subconsciously, it acts through our thoughts, emotions, and actions against us. Though Amal was generally patient, it is a wonder to see that phenomenon when he gave excuses to leave the lawyer's place, as he needed to go urgently, without knowing anything about what was waiting for him. Perhaps he lacks someone like Abbe Faria for Edmund Dantes, in order to make him wise and equipped with life knowledge before making him materially rich.

We are ignorant in many aspects, and whatever values we practice may lack strength when we are clouded with ego, desire, preference, ignorance, and so forth. The questions the movie puts forth in front of us,

-How to strengthen our values so that life will respond positively when needed?

-What is considered progress in life - a quiet, content, happy life like Amal, or an adventurous, action-oriented, outward life, or a combination of both?

(Senthil R. Mrugan)

[Limits of Society](#)

[Anachronisms](#)

[Amal](#)

# Opposition to One's Rise

## **THE GREATER THE OPPOSITION, THE GREATER THE OPPORTUNITY, PROGRESS**

Life has a character, just like we humans. It expresses through any number of laws -- whether overt or subtle. One particular principle is that progress in life occurs through our contradiction and conflict with others and circumstance. It is only through these adversarial relationships that each party can make a breakthrough in consciousness and thereby progress. In particular, when we find the higher harmony beyond the contradiction, then each side moves forward. Otherwise life remains in standstill or even goes backwards. If we look closely, we will see this dynamic everywhere -- in our own lives and in the world around us. It is Nature's secret method.

A closely related principle is that the greater the opposition we encounter in life, the greater the opportunity for us to rise and progress. We can observe this law in real life or in the world of literature and film.

For example, in Jane Austin's *Pride and Prejudice* there is a great scandal midway through the story when one of the Bennet sisters elopes with a scoundrel, threatening to ruin the family, both socially and financially. And yet the final outcome of that particular episode was that three of the five Bennet daughters find love, are married to attractive husbands, and come into enormous sums of money. Thus, a family once teetering on the edge of financial ruin comes into staggering good fortune. In essence, the intensity of the opposition that life brought through the elopement set in motion conditions that enabled the three marriages to occur. Because circumstance was so intensely negative, individuals reacted in such a way that caused them to come together in ways that would not have otherwise occurred.

A more recent and non-fictional version involves the case of Apple CEO Steve Jobs. In the 1980's he was tossed out of the company he founded by the board of directors for going in a direction that the company foolishly thought was reckless. Though he went through dark moments in the years that followed, he rose to the challenge, took up a number of creative initiatives, including the founding of the companies Next and Pixar, and was eventually rehired back at Apple along with the many assets he had developed while in exile. As a result, Apple, which was on the verge of bankruptcy when Jobs returned, increased its revenues by an astounding 10 times in the decade and a half that followed (on its way too many times more), making it the most powerful corporate turnaround in US history, and catapulting Apple to become a four-time in a row Fortune magazine the most admired company in the world.

In other words, intense opposition and difficulty provided Jobs with the "initiative" to strike back and take things to a new level. Adversarial conditions gave him the strength, fortitude, and determination to push his way forward and create conditions for his former company that no one would ever have imagined. Not only that, but it resulted in

products that had a profound impact on the nature of society -- including the iPod, iPhone, and iPad, etc., whose sales have boomed around the world.

If you examine your own life, you will likely see this same dynamic at work; that the greatest difficulty you encountered -- whether an outer opposition or an inner demon, was the force that enabled your greatest success. Or to put it another way, the greater the outer resistance, conflict, contradiction to our aspirations and goals, the greater the possibility for achievement and growth; i.e. the higher we can rise.

We can actually go a step further and philosophically say that the negatives we encounter are actually positives in disguise. Or better still that those negatives are simply more intense forms of the positive; providing the energy, force, and push that compels us to rise much higher.

Having said this, there is an alternate approach to progress. We can rise in consciousness and act in ways that tend to attract the positive and avoid opposition. In that way, we rise from peak to ever-higher peak of the positive. In order to do that, we will need to overcome our limitations, utilize the spiritual Force that is there to set right life's conditions, and live a life of increasingly conscious behavior. In that way, there is an intensity -- a positive intensity -- that compels us to move forward. It is not opposition, but energy and joy that drives us to the next level. This is no longer Nature's Way, but that of Spirit and Soul.

[Opposition and Progress](#)

[Pride and Prejudice](#)

## **OPPOSITION WHEN A NEW POSITIVE FORCE RISES**

We see a fascinating phenomenon of life that reveals another aspect of its Character. It is this: When a new positive Force arises, an opposition force rises in parallel. Consider these examples:

---In the 1970s British series *Poldark* about a heroic individual who aspires to and acts to lift up the people around him through his good deeds, the opposition Warleggan clan conspire to destroy him every step of the way. Fortunately, he succeeds, despite the opposition.

---In the American Film *Unbreakable*, a man (David) acquires fantastic powers of perception and action that attracts an equal and opposite negative force (Elijah) who tries to destroy him and the world around him. Like Poldark, he rises to the occasion and is able to succeed despite the evil that opposes him.

---When Sri Aurobindo and The Mother brought a new dimension to spiritual evolution in their time, the opposition in the form of a dark force rose in Europe instigating WWII. However, through a great effort of Inner consciousness and power they prevailed, ushering in a New Age where Spirit could now emerge in the course of human evolution.

---When a devotee of Theirs made the great effort to interpret Their profound wisdom in practical terms across many fields of life, a force opposed him that nearly ruined his works; and yet he too prevailed.

It is interesting to note that long-term the opposition force actually has the effect of *strengthening* the people who are positive, as they are forced to grow and evolve their character and consciousness; to utilize powers and capacities that might have ordinarily remained dormant, or not fully utilized.

Karmayogi indicates that every accomplishment in life is thus vulnerable to interference or destruction by negative influences. He indicates that the higher the accomplishment is with respect to previous levels of achievement, the greater the vulnerability.

Ultimately, the outcome of this dynamic depends on the strength of the positive side. That is, individuals as well as society achieve in this environment only when their strength is organized to contain the threat and mischief of the negative side.

There was a man who was meant for higher accomplishment, but as the opportunity emerged, his own dark past rose and confronted him. His ability to handle it successfully became the essential that enabled his further progress.

Finally, we see powerful examples of this Character of Life principle in one famous story -- Jane Austin's *Pride and Prejudice*:

In the tale, the Bennet family aspires for the marriage of their daughters to young, prosperous, available men, which would have the effect of overcoming the threat of their cousin to inherit their middle class estate. Lydia is one of the daughters. She is energetic and good-natured, but is wild, crude, and unconstrained. Darcy and Bingley are the well-to-do suitors for the Bennet daughters. However, the potential great fortune that could come to the Bennet family through these very prosperous young men is undermined by Lydia's ill behavior. She is the weak link in the family through which disaster strikes and almost cancels the great emerging positive good. Lydia's is a response of the lower consciousness of the family to the higher opportunity that has opened for them. In essence, the weakest link breaks when the strongest contemplates an upward initiative at times of great opportunity. Fortunately, in the end, the family overcomes that limitation and prevails.

Then there is Eliza, the heroine of the story, who is the eldest Bennet daughter. She is bright, independent, aware, and individualistic. In the story, there is the possibility of her romantic involvement with the very prosperous Mr. Darcy; the other hero of the novel. However, along the way she gets mixed up with Wickham, a handsome, yet treacherous man, whose deceitfulness and duplicity she is completely blind to because of her physical attraction to him. Her involvement with this individual at a time when there is a vast potential to move to a higher level of accomplishment almost ruins that opportunity. Ultimately, however her strength of character pulls her through, as she sees the light, overcomes the setback, which opens the door to her marriage to Darcy, enabling the family to rise dramatically in terms of wealth and social position.

It is interesting to note that at many if not all points the negative was curtailed, life responded with *sudden good fortune*. E.g. when Eliza finally perceived the treachery of Wickham, Darcy soon after appears with his proposal of marriage. At that stage, she had given up all hope that he was still interested in her. However, by shedding the negative influence that opposed when she was in the process of rising, she was stunned to discover that he was still in love with her, leading to his proposal, her acceptance, and their marriage, thereby changing her life and the condition of her family forever.

Opposition

Rising Up

Poldark

Unbreakable

Pride and Prejudice



### **COUNTER FORCES THAT RISE WHEN ONE TRIES TO ACHIEVE (IN SEABISCUIT)**

An important principle of life is that when we aspire to move ourselves forward to the next level in life -- such as an attempt to steer our career in a new direction, or an offer approaches with the promise of tripling our income -- an opposite force is set loose that has a tendency to destroy it. If we are conscious of that fact, we can avoid it, avoiding being thwarted in our upward ascent. If we do not perceive it, we can easily be deflected from achieving a cherished goal. It can even turn our life in the opposite direction.

For example, when Red was presented with the opportunity to run in the most important race of his life, he was sidetracked by the sudden appearance of an old, problematic acquaintance. When that individual asked Red to practice ride a horse he was trying to sell, it led to the accident that prevented Red from riding Seabiscuit against War Admiral in perhaps the greatest race of all time.

Thus, a counter force rising when one tries to move to the next level can have that effect if one is not vigilant. If however one is mindful when such great opportunities arise, then one can take the necessary precaution to avoid catastrophe.

Opposition When Rising

Seabiscuit

# General Positive Attitude

## POWER OF POSITIVE ATTITUDE IN CITY OF JOY

Perhaps the most powerful way to evoke sudden good fortune is to shift your attitude from the negative to the positive. If you have a wanting attitude towards others, life, or your own self, and then reverse it, benefit will quickly come your way. Often it comes in an instant.

It turns out there is another way to evoke powerful life response through one's attitude. It is by maintaining a generally positive one. If for example, you are straining to accomplish something in your life, and yet you maintain a positive attitude that things will work out fine; that you will succeed, bringing a solid confidence to your efforts, life will conspire and give you all that you wished for and more.

There is a wonderful example of this life principle and dynamic in the American film *City of Joy*, which is set in India. In the story, Hasari Pal, an Indian farmer, arrives in Calcutta with his family, desperately seeking work. Lost in the teeming masses as they move about the city streets, Hasari is not only frantically looking for shelter, but is hoping to find any type of work to support his family.

At one point, Hasari is alone with one of his three children, and in a tender and inspiring moment one of them asks if he will ever find work. Hasari responds that he is fully confident he will find employment soon, despite what looks like a desperate situation. Quickly a series of dramatic events transpire, the end result of which is that within 24 hours he finds employment as a cart driver (a "human horse"), which gives him a source of employment for years to come, fulfilling his earlier wish and then some.

It turns out that Hasari's employment not only takes him off the street -- providing a comfortable place to live for his family -- but enable him to save for his daughter's dowry, who will marry into greater fortune for the family. In addition, through his job he is put in position to help overcome the wickedness of the local mafia boss and his cronies who dominate that part of the city, including the cab company he works for.

In other words, Hasari's focused intention in a desperate situation married to an enormously positive attitude attracts a result within a day that changes his life forever, affecting not only himself but the collectives he is part of. That is the power of taking to and maintaining a generally positive attitude towards the conditions one encounters. Life then instantly moves in favor, overcoming obstacles, while fulfilling your fondest dreams.

There are countless examples where a generally positive attitude attracted positive circumstance. Here are several:

- One female business owner when confronted with difficulties or challenging situations, tended to take a positive, optimistic, calm, and forgiving view of things,

which continually attracted their quick resolution, as well as unexpected, sudden surges in sales.

- An individual who had deep admiration and positive attitude for the Indian people, and was always happy to speak with them through call centers constantly had positive experiences where the technical issues quickly disappeared.
- A young English girl, who had the tendency to see everything in a positive light, not only charmed the stodgy, grumpy, and cynical around her, but through her positive attitude and influence, caused their lives to quickly turn around for the better.
- A man at a family gathering did not give into others who were mocking a young woman's looks he once dated, attracting her sudden arrival as a now beautiful grown woman, which had the effect of causing another woman the man desperately loved to suddenly fall in love with him, which culminated in their happy marriage.

It is one thing to overcome one's own negative attitudes, and thereby attract sudden good fortune, it is another to maintain a positive attitude and do the same. In fact, each moment is an occasion for us to remain positive, cheerful, and confident, which will evoke the most positive results from the field of life. It is the miracle of "Life Response" in action.

[General Positive Attitude](#)

[City of Joy](#)

## **POLLYANNA'S CONSCIOUS HAPPINESS ATTRACTS**

In the course of our day we experience many things. What follows each depends on the attitude we bring to bear. One key reaction to the unfolding of our day is whether we see things in a positive light or from a darker perspective. When we react cheerfully and happily, not only do we feel more energized and uplifted, but we attract positive conditions from life.

In the story of Pollyanna, a charming young girl very consciously has this positive view of life. Moreover, she aggressively yet sweetly advocates others to practice it as well. In fact, she continually asks them to play the "gladness game;" i.e. to consciously see each moment in a positive light.

Though they are resistant at first, they come around and see the wisdom in the little girl's approach, and as a result each of their lives turns around. Good fortune follows their efforts.

As a result, the people of the town are deeply grateful to Pollyanna for showing them a better way to live their lives. In essence, she has attracted goodness and happiness from every quarter.

Comment: I am tempted to say she is a child guru, and therefore one could devote one's self to her "teachings." In essence, she is at war with pessimism in the world, and she asks all to follow.

Reader: As a total aside, the author of Pollyanna, Eleanor H. Porter, is from Littleton, NH, which is where I frequently do my grocery shopping (I go between North Conway and Littleton since I live in between both). Perhaps it is a coincidence (yup...right!), but Littleton - which honors the book and author and has a bronze Pollyanna statue - is well known for its very courteous driving on its Main Street.

I have never been able to figure it out, but I have never been in a town where nearly everyone "gives way" and allows cars to easily enter traffic from side streets, people wave and smile while crossing the street, and more. John and I always marvel at how "good" it just "feels" to be able to participate in such an upbeat way of helping others - even when it's just a simple act of letting people get into traffic.

Perhaps that "gladness" from the literature has somehow rubbed off on the people in town. Not that the town isn't without its issues, but it really is interesting that no other town I've ever been in has that particular vibe...

Response: Thank you Kathy for sharing your fascinating connection with the story.

We see that a simple but profound idea in the author's mind has not only touched many people, but continues to spread throughout the (real) town and around the world.

At the end of the story of Pollyanna there is a shine on all the faces of those who had been touched by her, and they are now able to further spread that positive attitude, appreciation and goodness to others. What a response to Pollyanna's conscious decision to view things from the bright side of life.

[General Positive Attitude](#)

[Cheerfulness](#)

[Pollyanna](#)

## **DAN IN REAL LIFE**

Life presents us with many challenges, some of which arise through negative circumstance. In particular, it can be quite difficult to remain positive when the social atmosphere is wanting -- e.g. if people around us are behaving in ways that are detrimental or even harmful. And yet those who are able to maintain the right outlook in these circumstances, who are immune to and do not participate in the negative social activity, gain an interesting power over life, as they tend to quickly attract positive conditions. Let me illustrate with a film I watched the other day.

In *Dan in Real Life*, Dan Burns is a newspaper advice columnist, a widower, and a father of three daughters in the New Jersey suburbs. One day Dan and his children take a trip to the Rhode Island home of his parents for their annual family get together. After they

arrive at the large house, situated on a bluff overlooking the bay, Dan takes some time off and goes to a local bookstore. There he meets a woman named Marie who mistakes Dan for an employee. He then proceeds to gather up several books for her, and in the process, hits it off with her. Suddenly love blossoms.

When Dan arrives back at the house, he lets his family know that he has found a potentially very special person. They are thrilled to hear this since it has been three years since he lost his wife. However, a short while later, his brother's new girlfriend arrives on the scene, and it turns out to be none other than Marie! She too was on her way to the family get together when she met Dan at the bookstore.

There then begins a tense situation in which his brother and Marie are somewhat romantically interacting at the home, even as Dan is now has fallen in love with her. After several days, the situation becomes unbearable for both. Because he appears so miserable, Dan's mother suggests that he call up a local girl on a blind date and ask her to come to the gathering. When the rest of the group learns that she is coming, they recall that she was a physically unattractive young girl, and so they begin mocking her for being an ugly duckling. At one point, they go as far as to launch into a rollicking, impromptu sing-along in which poke fun of "miss piggy face." All except Dan, that is.

A few minutes later, so-called "piggy face" arrives at the house, and shockingly turns out to be a beautiful woman. Immediately, Dan and her are physically attracted to one another. As a result, Marie becomes very jealous, which has the further effect of turning the emerging, partial love she felt for Dan into a full-blown blossoming of her emotions. This in turn compels her to truly seek out the relationship with him, once she breaks off with his brother. In the end, Dan and Marie fall deeply love and are blissfully married.

The moral of the story? Because Dan did not give into and participate in the mocking sing-along of his soon to be arriving date "piggy face," he attracted instead a beautiful woman. Furthermore, her arrival compelled Marie, the woman he loved, to commit to a relationship, which culminated in their marriage. That is the power of remaining positive in a negative situation -- in this case, in the face of social pressure to act falsely. The effect is that this person, the exception in the crowd, is propelled to the heights through complete emotional fulfillment. When we follow our own positive instincts and do not give into the social imperative of the herd, we release positive energies that attract the very best of conditions. In that way, we develop "true individuality," which tends to lure the infinite potentials of life in our direction.

[General Positive Attitude](#)

[Avoiding the Negative](#)

[Dan In Real Life](#)

## **EXPRESSING, EXPANDING ON THE POSITIVE**

[extract from book 'The Miraculous Phenomenon of Life Response' by Roy Posner]

Though life responds to overcoming a *negative* attitude, it does the same when we simply and boldly express a *positive* one.

For example, a professional woman I know of in Europe hoped to secure a new job. At the same time, she needed to purchase an expensive new computer. Because she had to deal with both issues simultaneously, she found herself in a pressure-filled situation. And yet she had a unique ability to maintain her poise and retain a positive attitude in these sorts of circumstance.

And so the first thing she decided to do was apply for the job; which she then followed up by purchasing the computer. Well almost *immediately* after buying the machine, she received word that she had secured the job she was after. Because her *attitudes were positive and expansive* -- boldly taking up the challenge without complaint in a difficult situation -- life instantly cooperated, bringing her precisely what she had hoped for.

Here is another example of the life response power of expressing a cheerful, positive attitude when it comes to one's work. In the 34-part British TV series *The House of Eliot*, two sisters have built up a high-end dress-designing business in 1920s London. As you might expect, periodically they encountered difficulties; sometimes involving a recalcitrant and problematic employee; other times, unscrupulous individuals seeking to take advantage of them. In such circumstance, there was ample reason to feel wronged, angry, or hold a grudge against the offending party. And yet Evie -- the younger of the two sisters -- had this unique ability to look at these sorts of situations in a positive light. As a result, every time she expressed her cheerfulness and positive attitude amidst the problem, good fortune would quickly follow; often in the form of as a spike in sales or the sudden arrival of a most unexpected opportunity. When you maintain a positive attitude; remaining cheerful, enthusiastic, and upbeat when difficulties arise, life quickly moves in your favor! There is no more powerful secret to life's success.

### Cheerful, Positive Attitude

#### The House of Eliot



### PHILEAS FOGG: HOW HIGHER CONSCIOUSNESS SUPPORTS ACTIONS OF A POSITIVE PERSON

People of great character attributes may attract the support of the Higher Consciousness through the workings of life, even though they are not cognizant of the fact.

E.g. the character Phineas Fogg ,who manages to traverse the world in a balloon in the story 'Around the World in Eighty Days', demonstrated great calm and equality of being on his journey; a wonderful capacity to live in the moment; was creative in the extreme; was kind and had goodwill toward others, along the way; and had great organizational capacities.

In the end he wins his bet and accomplishes his extraordinary feat, with a seemingly miraculous-like support of Life at the end of the story.

Perhaps we can say that he expresses so much positive energy, that he naturally aligns with the support of the Higher Power and Consciousness, even if that relationship is subconscious to the recipient. Through Life the Higher Power offers its boons to a person endowed with great positive attributes for accomplishment and success.

General Positive Attitude

Values

Around the World in Eighty Days

# Psychological Strength

## **EOWYN'S STRENGTH ATTRACTS IN 'LORD OF THE RINGS'**

Life responds to any reversal from weakness or neutrality to psychological strength. One instance of it not only can bring good fortune, such as the sudden elimination of a six-month back pain or a beloved partner finally confessing her love to you, but in the right situation can alter the very course of one's life. The response can go further still and affect the outcome of challenging events for a collective of individuals, such as a family, a community, or a nation. We see a powerful instance of this in the 'The Two Towers,' the second installment of the epic film 'The Lord of the Rings' based on the book by J. R. R. Tolkien.

In the story, a band of individuals from a variety of strange and exotic kingdoms have banded together to return to the fires of evil Mordor the one Ring that rules them all to bring stability and peace to Middle Earth. At one point, the dozen or so members of the fellowship are forced to divide into three companies after their mystical leader Gandalf apparently dies in the Mines of Moria.

Meanwhile, the soldiers of the evil kingdom of Mordor are moving swiftly across Middle Earth, pillaging the lands to gain control of the entire world. And yet one great kingdom stands in the way of their victory. It is the land of Rohan. Unfortunately, a dark force has taken over King Theoden's spirit, leaving him listless; looking and acting like a corpse overseeing his sullen, desperate people. Meanwhile, at court he is controlled and mentally and physically abused by the poisonous suggestions of his steward, Grima Wormtongue, secretly in the service of the Dark Lord.

To make matters worse, the King's only son Thodred has fallen victim to the Orcs, left mortally wounded in an ambush. Now the king's gentle and beautiful niece Eowyn walks the halls of the Great Hall as events continue to deteriorate for the peace loving peoples of Middle Earth. Then at one point, the devious Wormtongue makes a romantic advance on her. Though she is taken in for a moment, Eowyn recovers, remembers what he is, and casts him aside in outrage and disgust. Though he had all the power of the kingdom, and lurked as a threat to her life if she did not give in to his advances, she demonstrates great psychological strength to do what was right, and casts him aside.

Walking out the front door of the Great Hall and observing the spectacular valley around her, she realizes that she and her people are indeed in a dire predicament. A few seconds later, three men appear in the distance. It turns out to be one of the three parties of the Fellowship, followed by the great wizard Gandalf the White. They enter the hall, greet the moribund King Theoden, and Gandalf draws out the dark spirit that has overtaken him. In a matter of moments, the king is returned to his old vigorous and brave self. As a result, he decides to have his army join the battle against the evil forces.

In a short period, his forces and others prevail over the dark lord that threatened Middle Earth.

From the perspective of Eowyn, one small gesture of psychological strength against the romantic advances of the awful Wormtongue not only instantly attracts great help in the form of the three fellowship members, but they resuscitate the king, who now had the wherewithal to raise an army against the dark forces. As a result, he and other kingdoms are victorious over the armies of evil, thereby ensuring the future good future of Middle Earth.

This may be a fable, but it is very true to life. One small gesture of inner strength at the right moment in a critical situation can attract circumstance that not only changes the course of one's own life, but that of the collective one is part of -- whether one's family, the community, the nation, or even the world itself. Moreover, if there is both psychological strength and an adherence to truth in the act, as there was the case here with Eowyn, then great inner power is generated that attracts extraordinarily positive circumstance for one's self and the world around us.

Psychological Strength

Lord of The Rings

## **DECISION OF STRENGTH ATTRACTS LOVE IN 'THE APARTMENT'**

Normally, we believe that if we make an effort in a particular area, we will elicit results that will lead to success in that domain. For example, if I seek a mate, practically speaking I need to make an effort to find her and woo her, which will hopefully secure her love. Never does it occur to us that if we make the right crossroad-decision change in a related area, that we will attract the object of our desire; in this case, the one we adore.

In the 1960s film 'The Apartment,' C. C. Baxter is a lonely office drone working for an insurance company in New York City. As it turns, four different company managers take turns commandeering his apartment for the purpose of engaging in extramarital liaisons. Unhappy with the situation, but unwilling to challenge them directly, Baxter juggles their conflicting demands while hoping to catch the eye of fetching elevator operator Miss Fran Kubelik. Meanwhile the neighbors, a medical doctor and his wife, assume Baxter is a "good time Charlie" who gets a different woman drunk every night. Baxter accepts their criticism rather than reveal the truth.

One day, he meets with personnel director Mr. Shelldrake, who has gotten wind of this situation. However, rather than denounce it, he asks Baxter for the key so he can be the fifth user of his apartment! As a result, Baxter gets a promotion with his own office. Sometime later, Baxter realizes that Shelldrake is carrying on with Fran, the woman he loves, using his apartment to continue their affair. He also knows that Fran is being used by Shelldrake, for he will never divorce his wife and marry her, which is a pattern he has followed with a number of previous female victims.

One day, Fran takes an overdose of pills at Baxter's apartment after a rendezvous with Sheldrake, who she realizes will never commit to her. As a result, Baxter frantically seeks out the doctor living next door, and the two of them resuscitate Fran. Even after she is returned to full health, Fran still cannot give up her love for Sheldrake. Feeling humiliated, Baxter now realizes that winning over Fran is a hopeless case.

After this near suicide, Sheldrake callously asks Baxter for the key to his apartment so he can once again meet with Fran. However, this time -- despite now having been raised to a high-level position -- Baxter asserts himself by refusing. Even though he knows he will be fired, he exercises his strength and walks out on Sheldrake and, therefore, his job. A while later, he offers to pay the doctor for the services rendered for saving Fran, which is a small but powerful act of generosity. Finally, Baxter decides to give up his own apartment that has been royally abused.

Resigned to celebrate New Year's Eve by himself, Baxter opens a bottle of champagne, but then hears a knock on the door. It is Fran, who tells him that she has left Sheldrake, though she holds back from revealing that she learned that Baxter had stood up to him and left the company. Baxter then invites her in, and they play cards together as they have done in the past, resuming their friendship. Baxter then confesses his love for her, and Fran in her own way reciprocates those feelings.

What is the inner message here? It is this: because Baxter overcame his usual weakness and stood strong against his hypocritical and abusive boss, life responded with the sudden appearance of Fran from out of nowhere, igniting their romance, and fulfilling his deepest aspiration in life.

In life, we are often confronted by crossroad decisions. When we make the right one, we attract conditions that are favorable to us in a related area. In Baxter's case, he chose strength over weakness, which attracted Fran and her love from seemingly out of nowhere. It was not his effort to woo her that won her over, but his right choice in a related domain.

We can also examine this dynamic in a proactive way. If there is something we really want, we can look around and examine the conditions in related areas. There we should determine if there are important choices to be made. If we identify it and choose in the right direction, not only will we bring about positive results in that immediate area, but we are likely attract sudden good fortune in another. It can be a new promotion, an opportunity of a lifetime, or the love of one's life.

[Right Choice](#)

[The Apartment](#)

## **STRENGTH OF YOUNG ELIZABETH**

In order to accomplish and succeed in life one needs energy, skill, knowledge, right attitude, personal organization, direction, drive, and many other qualities. One

additional trait that stands out amongst the most successful of people is *psychological strength*. Those who show toughness, are unflinching in the face of adversity, are willing to take action when others would shrink demonstrate innate strength that invariably brings success. In fact, those who demonstrate such "intestinal fortitude" not only are more likely to invite success into their lives, but can evoke powerful and most unexpected positive responses from the environment. Sometimes the response to one's exercise of strength -- especially in the face of prior weakness -- can alter the course of one's life and propel one to the pinnacles of success. Such was the case for one young queen of 16th century England.

History tells us that Elizabeth was the daughter of King Henry VIII and Anne Boleyn, the second of Henry's six wives. When Elizabeth was only two years old, her father ordered the beheading of her mother. Then when King Henry died, his son, the nine-year-old Edward, who was Elizabeth's half-brother, succeeded him. After Edward died, six years later, Elizabeth's half-sister Mary became queen of England. Mary, who was Catholic, earned the name "Bloody Mary" for her persecution of Protestants during her reign. Because Elizabeth herself was Protestant, and because Mary feared Elizabeth might be plotting against her life, Elizabeth was held in prison throughout most of Mary's reign. However, in the end, Mary reluctantly accepted Elizabeth's right to the throne, and after the queen died, the very-young Elizabeth ascended to the throne of England.

As it turned out, just at the time Elizabeth took up the reigns, English society was being torn apart by the conflict between the Catholics and Protestants. With each side seeking to win favor from the young queen -- frequently accompanied by threats of retribution if she did not bend in their favor -- each day Elizabeth lived in fear; not only that her regime would topple, but worse still, that she herself would be killed.

As portrayed in the film *Elizabeth* (1998), one day Elizabeth calls a meeting of the leaders of the two religious groups in an attempt to negotiate a settlement. Though she felt that she was in an exceedingly precarious position, she managed to hold back her fears, and began the meeting by making the extraordinarily bold statement that "no group had an exclusive claim on God". As a result, gasps and shouts of "outrage" and "heresy" were heard throughout the chamber. And yet, instead of cowering before the protestations of the religious leaders, Elizabeth gathered herself and the strength and courage to continue her presentation before the gathering. She then went on to argue that that all sides had to work together *for the sake of the people* of England, not for the narrow interests of a particular religion. In fact, she *insisted* on this point, and would have it no other way. She argued that as representative of the *people's* interests, it was her duty to bring the two conflicting religious parties to a decisive settlement.

Quieted by her persuasive arguments, and her unexpected forcefulness and show of strength, both sides *did* in the end come around to her point of view -- with a majority voting to support her proposal for a common English church. This was in fact one of the great turning points in English history, as it overcame the conflicting sectarian interests, subdued and weakened the power of the church, strengthened the central authority of

the monarchy, and increased the power of the people in determining the nation's destiny.

The story did not end there, however. Despite Elizabeth's considerable achievement, dark forces continued to gather around her. For one, the Papacy in Rome was very displeased by her actions, and, at one point, actually sent an emissary to have her killed. Though the plot was foiled, Elizabeth's problems continued, as members of her own cabinet now begun to plot against her. Elizabeth's life was still in grave danger. In fact, she now appeared threatened from nearly every quarter.

With the circle of malice tightening around her, she knew that something had to be done. And so, the queen searched deep within herself to find a solution. Then drawing on an unknown inner strength, Elizabeth came to the one and only conclusion that made sense, considering the current dire circumstance. Making perhaps the most important decision of her life, she ordered her enemies arrested or killed.

Not unlike what Krishna demanded of Arjuna at the battle of Kurukshetra in the Indian epic the *Mahabharata*, Elizabeth did what *had to be* done -- what was right and just, despite its sometimes-brutal nature. As a result of her action, not only did she establish security around her, not only did she establish the solid underlying conditions that would allow her to reign for *forty years*, but she was afforded a lifetime of opportunities to express all of her innate talents. In the end, Elizabeth's reign would come to be known as England's "Golden Age." In the short and long term, life had responded out of all proportion to a young woman's overwhelming courage, determination, and exercise of strength in the face of the most dire of conditions.

In this light, we can examine our own lives and see where we lack strength and toughness; or where we feel helpless, powerless, and not in control; or where we are shrinking, cowering, and overly deferential; or where we are fearful and lacking in courage. If we then reverse that position, taking to the necessary level of psychological strength, life will respond out of all proportion, propelling us to the heights of success, while eliciting a deep happiness from within.

Psychological Strength

Elizabeth

## **ETHICAL BEHAVIOR, PSYCHOLOGICAL STRENGTH, AND COLLABORATION ATTRACT GREAT SUCCESS IN THE TIGER HUNTER**

Many qualities go into creating a successful venture or startup.

In the Indian comedy/drama film 'The Tiger Hunter' three qualities evoke great response from life and ultimate success for the principals: Ethical/Honest Behavior, Psychological Strength, and Collaborative Effort.

Here is a brief synopsis, followed by the three episodes where sudden good fortune (i.e. Life Response) is evoked due to right behavior:

"Sami Malik, a young Indian, travels to America in the 1970s. He dreams of becoming an engineer to impress his childhood crush and live up to the legacy of his father, a legendary tiger hunter. When Sami's job falls through, he takes a low-end job and joins with a gang of oddball friends in hopes of convincing his childhood sweetheart that he's far more successful than he truly is -- or perhaps ever could be. He works his way upward, eventually developing a micro-wave oven that actually cooks food properly; the first of its kind, and the ticket his and others' great success."

-ETHICAL BEHAVIOR: Sami decides to tell the truth about the fake arrangements he made borrowing someone's house to impress his girlfriend and her father, which causes him soon after to be given an opportunity to present his invention for the first time.

-PSYCHOLOGICAL STRENGTH: Sami decides to confront a favored white engineer at the company with the fact that he had stolen Sami's ideas, which attracts another person at the meeting who questions the ethical behavior of the favored engineer, further propelling Sami up the ladder to success.

-COLLABORATION OVER GO-IT ALONE: Rather than be ashamed of the half dozen young Indian engineers who live with him in a cramped space, he uses their knowledge to build the product (an excellent micro-wave oven) that propels him and his friends to the pinnacle of success.

Truth

Psychological Strength

Collaboration

The Tiger Hunter

## UNINTIMIDATED

[extract from book 'The Miraculous Phenomenon of Life Response' by Roy Posner]

One other place to observe the relationship between psychological strength and life response is in the great works of literature. In fact, there is one very powerful example of this dynamic in the one book I have focused on so far, *Pride and Prejudice*. It occurs at a critical juncture near the end of the story -- after the elopement incident has been diffused, but before Darcy has made his second and successful proposal of marriage to Eliza.

It turns out that Darcy has a fabulously wealthy, aristocratic aunt named Lady Catherine. She is not only a strong, willful person, but has an authoritarian, even bullying nature that she used to get whatever she wanted. Jane Austin saw her as an anachronistic character, clearly out of step with the progressive forces emerging at the time.

As this point in the story, Lady Catherine is very troubled by the fact that her nephew Mr. Darcy -- also very wealthy and a member of the aristocratic class -- has shown interest in Elizabeth Bennet, the daughter of a middle class, gentleman farmer. On

hearing these troubling rumors, the forceful, brutish Lady Catherine charges out across the countryside with entourage in tow, and seeks out young Elizabeth.

After bursting into the Bennet home, she locates Eliza and then berates her for being involved with her nephew, Mr. Darcy. How dare she be interested in someone of a higher class; and how dare she allow her family, the Bennets -- recently the object of scandal -- be entwined with a sophisticated and wealthy clan such as hers.

Though Lady Catherine hammers away at her with a frontal barrage, Eliza remains calm and collected, refusing to give in. Seeing that Eliza is unmoved, Lady Catherine then *demand*s to know if she has any interest in marrying her nephew Mr. Darcy. Once again, Eliza refuses to give a direct answer. Now completely flustered, Lady Catherine vociferously insists that Eliza give her satisfaction and respond to her inquiry. However, rather than cower before the wrath of this woman of great power and influence, Eliza holds her ground and once more denies her request. After several more threats against Eliza *and* her family, Lady Catherine is left frustrated, and barrels out of the house in a huff.

However, the situation does not end there, because Darcy later finds out about the meeting that took place between Eliza and his aunt. In fact, when he learns of the details of the conversation from Lady Catherine, he realizes that Eliza might still be interested in him! After all, he reasons, Eliza never actually *refused* to say that she would not marry him when pressed by Lady Catherine. That in his mind opens the door to the possibility that Eliza might accept another proposal of marriage. As a result, Darcy sets off for the Bennet home, where he then proposes again to Eliza, who then accepts!

Looking at it from Eliza's perspective, we see that she has just experienced an overwhelming positive response to her exercise of psychological strength. Because she held her ground in the face of Lady Catherine's onslaught; because she showed toughness before this woman's meddlesome, bullying tactics, Darcy suddenly and most unexpectedly appears at Eliza's doorstep and proposes marriage, changing her life forever. That is the life response power of exercising our psychological strength.

In addition to controlling our urge to speak, we can also reduce the *quantity of words* we express. For example, normally in a 10-minute conversation, we speak about 800 to 1000 words. And yet if we were to examine what we have said, we would see that it could have been expressed in 40 or 50. By following this "verbal efficiency," we not only get our point across more succinctly, but we can attract powerful, positive conditions. This is especially true for someone who transitions from being highly verbose to its opposite. For example, in *Pride and Prejudice*, Bingley one day arrives to meet with the eldest Bennet daughter, Jane. Sensing that something is up, Mrs. Bennet uncharacteristically speaks only the bare minimum, instantly attracting Bingley's proposal to Jane (and her glad acceptance), fulfilling her deepest aspirations for her family.

Psychological Strength

Pride and Prejudice



## PSYCHOLOGICAL STRENGTH ATTRACTS

Life responds to our motive, not to our actions. An intense opposition came as a threat to MAI, forced them to sell their company. At that crucial point of decision making, whether to oblige the demand of opposition or to fight against it, MAI faced with a dilemma. Dan shared his view to the partners as below, which inspired them as like Churchill inspired the countrymen of England to fight against Hitler in the World War II.

At the end, the partners stood united and fought for it. It's their motive; the truthfulness of their dream and their psychological strength paved the way to transform the contradiction into complements.

Excerpts of Dan's inspiring speech from 'The Book' (page 186)

"...The last thing I want to do is hand over AIS to Thompson. I would almost rather lose the company and everything we have put into it and I'll tell you why. As far as I am concerned, AIS is not merely a commercial product. We have worked for years to incorporate into it a knowledge that the world needs, a knowledge that can solve people's problems and make this place a better world for everyone..."

"...The very thought of turning it over to Thompson strikes me as a treason even greater than betraying my country. It would be treason against humanity. I don't know why Thompson wants AIS or what the government is so afraid of. But I do know that if they once get hold of it, our dream is dead. I would rather fight and lose than give up without a struggle. I would rather walk away empty-handed than take Thompson's bribe money as a reward for doing what I know is wrong..."

"...I know it may sound arrogant, but I feel AIS is the best thing that has happened to the world in a long time. I don't mean because we have done it. It's because of The Book. Are you all ready to drop this project in the middle and walk away, the first time we meet some significant opposition? If so, we might as well do it. Because I am sure that if we get through this successfully, we will certainly meet greater obstacles down the line..."

"...If making money is your index of success, then selling makes sense. But if the goal is to do what we set out to do six years ago, what we all gave up our jobs to attempt, then I think that in selling the company we are selling ourselves and our dreams. Thompson wants to make us feel guilty, as though we have done something wrong. But the

intensity of his opposition makes me feel even more certain that we are doing something very right. I don't fully understand it, but I feel it..."

Psychological Strength

The Book

# Personal Values



## LEADERS SINCERITY TO HELP THE PEOPLE

"Those in power crave for praise from the rich and it makes them happy. This attitude seems to be universal."

It depends on who is in power. I.e. the values they subscribe to. Yesterday I saw a wonderful film about the ancient emperor of Korea called "Masquerade." In the film a lowly commoner becomes an imposter replacement for the king who has been incapacitated. However, he brings great human values to the kingdom, shocking all who think it is the real king who has now suddenly changed. The imposter was absolutely sincere in his wanting to help his society. Through high, deep, sincere values of the people, he implements great changes that remain, even as he is discovered and the real king is put back in power. The real king then goes along fully with the progressive policies of the imposter, who now sails away to disappear in other lands.

It is based on a true story.

So here is a leader who is opposite of the too often greed of those who hold power.  
(Roy Posner)

Sincerity

Leadership

Masquerade



AMAL

One of my favorite Indian films of recent years is AMAL. It is a story about a man of utter humility and self-givingness; and how life responds as a result. I have watched it several times, and each time I have perceived more of its depth.

Here is the trailer.

<https://www.youtube.com/watch?v=vt8n0VydHys>

The actual film is available on YouTube.

(Roy Posner)

Humility

Amal

### **PURITY OF VALUES WINS CASE IN FILM 'A CIVIL ACTION'**

In 'A Civil Action,' based on a true-life story, a highly successful personal injury lawyer Jan Schlichtmann, who likes to negotiate big settlements for his clients, represents the families of several children who died of leukemia. Jan is touched by several parents' pleas, and decides to check out the polluting factories that might be responsible. When he discovers that one of them is a subsidiary of the big conglomerate Beatrice Foods, Jan convinces his partners to take on the case. During the trial, Jan contends not only with his well-financed judicial adversaries, but with the fact that by taking on the case he is forcing his own associates into deep financial debt, threatening their very livelihood.

It turns out that he not only loses the case, but his associates abandon him, and he himself is forced to move towards bankruptcy. However, in that impoverished state he perceives a new way to pursue the polluters. Then through a series of events, the case is renewed through other advocates, the victims win, and they are compensated by the courts for the amount of \$69 million.

We can look at the outcome of the case as life responding to the purity of Jan's values. He was at first an intelligent and clever attorney, driven by money. His higher values and idealism were buried beneath that attraction. He then, however, takes on a case -- i.e. the plight of the victims of water pollution -- that moves him emotionally and idealistically.

And yet here too he is at first motivated by the possibility of a big settlement in order to make a personal fortune. Though he is tempted, his ideals of justice for the victims prevent him from doing so. Yet, interestingly he is at the same time destroying the people who are working with him, forcing them into near financial ruin, in order to pursue the case against an opposition with deep pockets.

It turns out that he loses the case in part because though his idealism is strong when it comes to the victims, he is still insensitive toward the plight of his own people. In other words, he is still exhibiting negative, even mercenary attitudes when it comes to money

-- despite the fact that he has refused a settlement with the opposition -- and therefore life responds negatively in kind. I.e. life does not cooperate and he loses. In fact, the irony is that denying a lucrative settlement for the victims, while idealistically positive, causes his own staffers to suffer. And yet is only when he himself is driven into near bankruptcy that he is able to come up with the solution that leads to the resolution of the case in favor of the victims.

With his associates abandoning him, and now reduced to poverty, he is able to more fully and finally act from his idealism, i.e. his sense of justice, which are in essence his deep values. With the money taint gone, his consciousness was free to deal more purely with the issues at hand.

In that state, he was able to perceive a new strategy to solve the case. By moving away from money influence, he could think rationally, even intuitively, which enabled him to quickly come up with a plan that enabled him to find the man who provides the damning evidence that enabled him (through the EPA) to win the follow-up case. Life had in essence finally responded to his untainted idealism, by presenting his mind with a new perspective and insight on the direction to take the case.

Since he now had no money of his own, he was not able to pursue the follow-up case that he initiated though his intuition. Rather he had to send the new evidence he had gathered to the EPA (the Environmental Protection Agency), who then instigated the follow-up case. They then won a vast settlement for the victims -- even though Jan was no longer directly involved. Thus, life brought a huge settlement to the deserved victims only when the case was taken out of his hands. (That way his idealism could shine through and pave the way to a new strategy and new evidence that paved the way for victory. His old consciousness of money taint would not interfere.)

When a value is pure and perfect, life will respond to it. Jan valued that justice come to the victims, and with great passion was able to devise an intuitive strategy that won the day. Overcoming his mercenary attitudes toward money enabled him to overcome a wanting attitude that had once disturbed the purity of ideals.

[Values](#)

[A Civil Action](#)

## **INSIGHTS INTO THE INDIAN EPIC FILM 'LAGAAN'**

*Intro*

Lagaan (Land Tax) is a 2001 Indian epic musical sports drama film. The film is set in the Victorian period of India's colonial British Raj and revolves around the peasants from a barren village who are oppressed by high taxes imposed by their rulers. They attempt to persuade the British officers to reduce the taxes because of poor agricultural production. Instead, a wager is offered: If their village team beats a British team in a game of cricket, their taxes for three years would be cancelled. After accepting this

wager, the villagers face the arduous task of learning an alien game and playing for a result that will change their village's destiny.

### *Plot*

Lagaan takes place in the small village of Champaner, during the height of the British Empire in India in 1893. Captain Andrew Russell, the commanding officer of the Champaner cantonment, has imposed high taxes ("lagaan") on people from the local villages which they are unable to pay due to a prolonged drought. Led by Bhuvan, the villagers beg Raja Puran Singh to help them. He tells them that much to his regret, he is also bound by British law.

It is after their visit to the Raja that the people of the village first witness a cricket match. Bhuvan mocks the game and gets into a fight with one of the British officers. Taking an instant dislike to Bhuvan, Captain Russell offers to cancel the taxes of the whole province for three years if the villagers can beat his men in a game of cricket. If the villagers lose, however, they will have to pay three times the amount of their normal taxes. Bhuvan accepts this wager on the behalf of all villages without their consent. When the other villagers find out about the bet, they are furious with Bhuvan. He argues that it is important for everyone to fight against British rule.

Bhuvan thus begins to prepare the villagers for the match. He initially finds only five people willing to join the team. One by one he convinces others to join. He is aided in his efforts by Captain Russell's sister Elizabeth who feels that her brother has mistreated the people in the villages. As she teaches them the rules of the game, she falls in love with Bhuvan, much to the anguish of Gauri who is also in love with him. After Bhuvan reassures Gauri of his feelings for her, the woodcutter Lakha becomes enraged as he is also in love with Gauri. In an attempt to discredit Bhuvan, Lakha offers himself as a spy for Russell and joins the villager's team in order to destroy it.

Eventually, as the villagers realise that winning equals freedom, and as a few of them are insulted by the British, they join the team. Still short one player, Bhuvan also invites an untouchable, Kachra, who can bowl leg spin. The villagers, conditioned by long term prejudice against untouchables, refuse to play if Kachra joins the team. Bhuvan chastises the villagers, leading them to accept Kachra.

The second half of the film focuses on the match itself. On the first day, Captain Russell wins the toss and elects to bat, giving the British officers a strong start. Bhuvan brings Kachra into the match only to find that Kachra has lost his ability to spin the ball. In addition, as part of his agreement with Russell, Lakha deliberately drops many catches. During the evening, however, Elizabeth sees Lakha meeting with her brother. She races to the village and informs Bhuvan of Lakha's deception. Rather than allow the villagers to kill him, Bhuvan offers Lakha the chance to redeem himself.

The next day as part of his promise to Bhuvan, Lakha takes a diving one-handed catch. However, the British score almost 300 runs, losing only three wickets by the lunch break. Kachra is brought back to bowl and takes a hat-trick which sparks the British batting collapse. The villagers soon start their innings. Bhuvan and Deva (a Sikh, who has

played cricket earlier when he was a British sepoy) give their team a solid start. Deva misses out on his half-century when a straight-drive from Bhuvan ricochets off the bowler's hand onto the stumps at the non-striker's end, while Deva was backing up too far. When Lakha comes on to bat, he is hit by a bouncer on his head, and he falls on to his stumps. Other batsmen get out trying to score a boundary off each delivery. Ismail (Raj Zutshi), a good batsman, retires hurt as he is hit on his leg. The villager's team ends the day with 4 batsmen out of action with barely a third of the required runs on board.

On the third and final day, Bhuvan passes his century, while most of the later wickets fall. Ismail returns to bat with the help of a runner and passes his half-century, reducing the required runs to a gettable total. The game comes down to the last over with Kachra on strike. With one ball remaining and the team down 5 runs, Kachra knocks the ball a short distance, managing only a single. However, the umpire signals no ball and Bhuvan returns to bat, and swings extremely hard at the next ball. Captain Russell backpedals and catches the ball, leading him to believe the British team has won. However, Russell caught the ball beyond the boundary which gives 6 runs, and the win, to Bhuvan's team. At that moment, the drought ends as a rainstorm erupts.

Bhuvan's defeat of the British team leads to the disbanding of the humiliated cantonment. In addition, Russell is forced to pay the taxes for the whole province and is transferred to Central Africa. After realising that Bhuvan loves Gauri, Elizabeth returns to London. Heartbroken, she remains unmarried for the rest of her life. Bhuvan marries Gauri.

*(Thanks to Wikipedia for this summation)*

### *Lessons Observed*

*-When you take to Truth -- i.e. the right thing to do in a situation, -- you attract the very best of conditions. That Truth prevails over all obstacles. (Bhuvan was completely dedicated to the truth that the Britishers were acting in falsehood and it was absolutely wrong to follow that mandate, and therefore he should do anything in his power to overcome it. Following that Truth in his consciousness he and his fellow players prevailed.)*

*-The power of Unity overcomes any obstacle. (The story was about Bhuvan winning over others to his side. When they embraced his beliefs, which were the true Truth of things, a powerful unity was enabled that generated massive amount of positive energy and a tremendous Will that that prevailed despite extraordinary obstacles.)*

*-In a conflict or contest between two sides, a new, higher level of Unity on one side tends to attract disunity or other forms of discord from the other. (As one or more points where the Indian group adopted a new player, by overcoming prejudice or seeing into new possibilities, it created a higher unity, which was matched by a breakdown of unity on the British side, especially when the British higher up leaders questioned the foolish actions of Captain Russell.)*

*-Truth and Unity together form an irresistible power. (Bhuvan gave them the Truth which they were convinced of, and they then developed a unity of purpose that together became an irresistible power that prevailed.)*

*-When you widen the scope of benefit to embrace a wider collective beyond your own, you tend to attract support from some party of that broader domain from out of nowhere, enabling the expanded aspiration to manifest. (Bhuvan wanted the non-paying of double tax not just to his village, but to the entire area. A while later they attracted the best cricketer on their team who was a Sikh who came from that wider area outside the village)*

*-Intensity of Will amongst a unified group motivated by high values overcomes the opposing force. (This is a comprehensive statement about the meaning and events of the film.)*

*-Only Her Force can overcome a hopeless situation. (Desperate at the end, they called to Lord Krishna, and all miraculously worked out; which in our terms as devotees of the Mother is Her supramental power that we can open to that create extraordinary outcomes, including when things seem hopeless,)*

*-(which leads to one final statement) What can surpass unity of purpose, intensity of will, highest of values, and faith in the spiritual Force (consecrated effort) in accomplishing a goal among a group of individuals?*

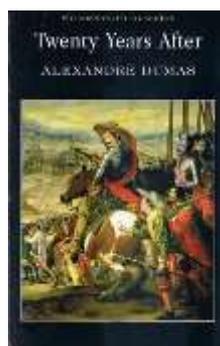
Unity

Intensity of Will

Highest Values

Spiritual Force

Lagaan



## **ATHOS OF THE MUSKETEERS**

"...Sri Karmayogi says, Athos from 'Twenty Years After' may be the greatest character in the western literature..."

(paraphrase of Garry Jacobs)

Additional comments: Athos was a perfect gentleman, was thoroughly sincere, valued honor, was not ambitious, practiced service to others and the kingdom; was never flamboyant, never asserts. He did not seek things for himself, and thus in each crisis it became a power and saves his life from an impossible situation. By virtue of his high values he came out in flying colours always. (paraphrase of Karmayogi)

Selflessness

Honor

High Character

Twenty Years After



## **CONTINUALLY DOING THE RIGHT THING**

We see certain individuals in literature and film who continually try to do the right thing, thereby evoking magnificent response from Life. Examples are-

-Dan in Garry Jacobs' novel 'The Book'

-Mary in Trollope's 'Doctor Thorne'

-Lorenzo in 'Medici the Magnificent' tv series

Each time they practice doing the right and true thing, it has an impact beyond their understanding. Eg for Dan it enables the company to jump from providing expert system software for the stock market to expertise to higher aspects of life, including business, government, and society.

For Mary, she is able to attract vast wealth after she selflessly gave up her attachment to marriage..

For Lorenzo he is able to keep The Renaissance flowering in the 16th century, as Medici family's evil enemies are reduced to powerlessness through his goodness.

What about ourselves in this regard? in our moment-to-moment lives are we conscious enough to continually try to do the right thing? If we do, we will tend to attract startling positive conditions back to our person. Life will be our marvelous friend!

<https://www.youtube.com/watch?v=NM1E6GnHC00>

Values

The Book

Doctor Thorne

Medici the Magnificent



## **HIGHER ORDER RELATIONSHIP OF CLARICE & LORENZO MEDICI**

'Medici' is a TV series about the rule of Florence during the emergence of the Renaissance and how the Medici family served as the banking support system for society, which included patronage to the great artists of that remarkable time.

The first season involves Cosimo, the son of Giovanni, the head of the great Medici bank, who believes that it is fine to do a small evil if it enables a greater good. Giovanni's son Cosimo grapples with his father's questionable belief system, and eventually gives it up when he realizes that Giovanni has bribed various high members of the Catholic Church to secure favor.

Many years go by and Giovanni's great grandson Lorenzo is raised by his grandmother to have the highest values in life. Lorenzo grows to become an exceptional young man of high personal values and ideals; in many ways the very opposite of his great grandfather Giovanni.

At one point Lorenzo, who is now head of the Medici bank gets involved with a beautiful woman of high position who he has an intense physical relationship with. During that time many things seem to go wrong for Lorenzo, despite his high values of fairness, justice and the like.

At some point subconsciously Lorenzo realizes he needs a higher form of relationship, and soon after meets the kind and humble Clarice. She is exactly what Lorenzo needs for a higher love, as well as his own personal growth. Not the intensity of sensual relationship, but the deep love with someone who is kind, loyal, even spiritual: a perfect complement to his own powerful, deep-seated ideals.

Clarice will not only prove to be a near perfect mate for Lorenzo, but she will take several actions behind the scenes that will enable Lorenzo to overcome several very serious political and social challenges occurring around him.

His connection to an individual of a higher order proves to be a great benefit to him, as he is able to act in ways that fulfill his own deepest values, as he navigates through the complex, dangerous issues facing an emerging Florence during the flowering of the Renaissance.

Clarice and Lorenzo are two magnificent characters of the highest order, making their way through difficult, yet breathtaking times in Renaissance Florence.

Trailer:

<https://youtu.be/NM1E6GnHC00>

Clarice composition:

<https://youtu.be/wZk6Vi7tcYk>

Values

High Character

Medici



### **CAPTAIN SULLY'S HIGH VALUES IN WORLD FAMOUS AIRPLANE INCIDENT**

At a moment of immense danger, when one is not preoccupied with the surface occurrences, and one does everything one could, Life will cooperate from multiple directions to address that serious problem, as well as reveal hidden opportunities.

When Mr. Bennet in *Pride and Prejudice* was confronted with a situation where his family's honor was at stake, and as a result moved away from his irresponsibility and took the right steps, it rapidly attracted the accomplishment of the marriage of his 3 daughters.

Similarly, Captain Sully, who loved his work and had an extraordinary 20,000 hours of flying experience, was confronted with a situation where 155 passenger's lives were at stake. And when he acted in the very short span of 208 seconds with utmost dedication, sincerity, and courage, life cooperated from all the angles, honoring his extraordinary task, saving all the passengers. As a result, he became world famous.

The movie, "Sully" ([https://en.wikipedia.org/wiki/Sully\\_\(film\)](https://en.wikipedia.org/wiki/Sully_(film))) portrays the real life experience of Captain Sully, who saved the lives of the passengers of US Airways flight 1549. When he took off on the flight from LaGuardia airport, New York City on Jan 15, 2009, within minutes of departure he encountered the loss of both engines due to his plane running into a number of birds. He had a mere 208 second to respond. He then made the right decision, landed that flight on Hudson River magnificently, and saved everyone's life. Though he became an American hero immediately afterwards, the aftermath events were not that easy, as he had to prove himself; prove that he took the right actions.

During the aftermath investigation of that incident by technical experts, he was confronted with the fact that one of the engines was still running on idle power, and therefore he could have turned back safely to LaGuardia airport. He calmly rejected the idea as that data could be based not on what he had experienced on that day. Later the

investigation board ran several computer simulations and thereby claimed that he could have safely returned back to LaGuardia airport instead of landing on the Hudson River.

Despite the fact that his career was now at stake, Captain Sully believed that he had done his duty as best he could. Yet, he was not sure how to prove his right actions to the investigation board. And yet that night when he watched the TV, he saw a broadcast of news about the incident, and then perceived the clue that “perfect time” was the key factor.

It was the day of the public hearing, and he consecrated deeply before entering the room. It was the first time the simulation videos and cockpit voice were going to be released. Initially two simulation videos were shown, and they proved that the flight could have been landed back safely to the airport.

As he sensed the “time” factor and figured out what was the mistake in the computer simulation, he did not react; but politely put up his argument that the simulations had not accounted for the “human factor”.

At the overwhelmingly difficult moment of losing both engines, Sully had to think, check so many things, and make the right decision; instead of what the computer simulations considered by default, which was to turn back to the airport once the problem was identified.

Also, he proved why it was wrong, as the computer simulations had to run 17 times before it was proven right. By considering the fact in his argument, the simulation was run again with delay time of 35 seconds to respond (though in actual scenario, more time was needed to take the right decision), and it was proved that the simulation videos was not able to demonstrate a safe landing.

Also at just the right time, the engines analysis reports arrived and confirmed that both engines had lost the thrust at that moment. That made the panel experts admit their flaws, and they therefore dismissed the case of pilot error.

Captain Sully became world famous ever since these dramatic events.

Sri Appa has written in detail about that incident. He has summarized as (translated from Tamil)

“...Sully was not feared of the danger, and he wanted to accomplish his duty with utmost dedication and sincerity. As a result, the danger transformed itself into the opportunity...”

(Senthil Murugan)

Values

High Character

Courage

Sully



## **LEADERSHIP ATTITUDES & VALUES OF TED LASSO**

**Ted Lasso is an entertaining new American comedy tv series on Apple TV+ about a successful college football coach who is recruited by an English football (soccer) club, and the trials and tribulations he goes through in an area of sport he is mostly unfamiliar with. Here are several of the powerful human values that lead him to success, all of which we can certainly learn from:**

- He has a totally positive, optimistic outlook on life, and applies it to his new job
- He respects every individual, even the most insignificant employee on the team.
- He is more concerned about personal growth of each player than just their sports skills and success.
- He is constantly learning from everyone: the nature of the game, the local customs, etc. and does so cheerfully.
- He accepts the truth of things. He does not blame.
- He embraces change and encourages others to do so as well.
- He does not interfere in a brewing conflict until it has simmered down, or he sees an opportunity for compromise and harmony
- He tries to instill the values of cooperation and team spirit over individual glory
- Out of the worst conditions he brings out the positive.

Through all of these means, values, actions he is able to make life respond in everyone's favor.

(These attitudes and values are probably what also enabled his earlier American college football team win the division 2 national championship.)

Here is the TV Series Trailer:

[https://tv.apple.com/us/show/ted-lasso/umc.cmc.vtoh0mn0xn7t3c643xqonfzy?fbclid=IwAR33leR0ehK7Xc\\_bHNxgQJLE4vdlvW\\_I8eS-0LFV-OqbWxIOsAIStwmwb0](https://tv.apple.com/us/show/ted-lasso/umc.cmc.vtoh0mn0xn7t3c643xqonfzy?fbclid=IwAR33leR0ehK7Xc_bHNxgQJLE4vdlvW_I8eS-0LFV-OqbWxIOsAIStwmwb0)

Individual

Values

High Character

Ted Lasso



## **GREAT TRUTHS BROUGHT OUT BY PRIDE AND PREJUDICE**

1. Charlotte exhibits unusual goodwill in the sense that ignoring her own unmarried condition she wishes that Lissy and Jane get good bridegrooms like Darcy and Bingley.
2. Lissy shows a high level idealism that makes her reject Collins proposal that comes with financial security and family property in favour of wanting to marry a man who wins her love.
3. She also shows a great affection for her sister that motivates her enough to reject the rich Darcy's proposal as it comes from a man who spoiled her sister's marriage.
4. In admitting the truth in Darcy's letter Lissy shows appreciation for the other man's point of view no matter how unpleasant the truths are.
5. Mrs. Bennet shows a keen sense of maternal responsibility in wanting her 5 daughters get married, though the haste and impatience she revealed there are not permissible.
6. Mr. Bennet shows a high level of responsibility in taking the full blame on himself for Lydia's elopement while refusing to shift the blame to anybody else.
7. Darcy shows that he is a real gentleman by accepting all the shortcomings that Lissy had pointed out in him and reforming himself to such an extent as to go all out of his way to find Lydia and Wickam and get them properly married and thereby save the Bennet family reputation.

8. Mr. Bennet also shows that he is a true gentleman when he insists on repaying the amount that Gardiner had spent on Lydia's wedding saying that it is the father's responsibility and not the uncle's duty to get her married.

9. Mrs. Gardiner shows a great deal of restraint in not wanting to probe into Lissy's relationship with Darcy though she suspects something.

10. Lissy shows remarkable courage in defending herself from Lady Catherine's accusations disregarding her wealth and status.

11. It is a great change on Darcy's part to invite the Gardiners to come to his house as often as possible when earlier he had looked down on them for living in cheap side.

12. It is an admirable show of restraint that Jane controlled her feelings for Bingley without using her feminine charms to capture the man she loved.

Values

Pride and Prejudice



### HUMANE QUALITIES IN WONDERFUL NEW INDIAN FILM

# Home is a brilliant Indian film that demonstrates the power of humility, love, silence, self-control, willingness to change, and the Life Response results that come from practicing those qualities. It is a great step forward for Malayalam film. The character of Papa is brilliantly portrayed by the chameleon-like actor (Indrans), who demonstrates the above qualities. We can all learn from Papa's remarkable attitudes and experiences. And the ending of the film is something beyond belief; the culmination of Papa's profound humanity.

Values

# Home

# Adhering to Truth

## STARTLING LIFE RESPONSE STORY OF INDIAN ACTRESS

(how seeking the Truth attracts; opening the doors to infinite-like results)

Truth is the real reality, as opposed to what we believe or wish things to be. And one interesting aspect of Truth is that when we take to it, instead of accepting the limited knowledge we have, extraordinary things can suddenly take place.

A woman was married to a ruthless Indian landlord. He not only abused his wife but he carried on an affair with a famous Indian musical actress. One day the wife asked her assistant to find out what this actress was like. The assistant went to see the actress's performance, and then reported back to the wife that she was rather ordinary looking, and could not act or sing very well. Though the wife listened attentively to her assistant's words, she was skeptical about the report. And so she herself went to the performance to see what the actress was really like. In her heart and mind, she needed to know the truth.

When she arrived on the scene, she was taken in by the bright lights and colors outside the theater. And then when the performance began she was less concerned about the beauty and talent of the actress her husband was having an affair with (and bankrolling the production), as she was by the magic of the musical theater. She was dazzled by this new reality - overwhelmed by the action, the dialogue, the color, sweep, music, etc.

The wife then moved out of her husband's place and was not heard from again. Meanwhile, the husband and the actress continued their relationship. More than the affair, it turns out that the actress really wanted the husband to bankroll a great new epic story she could star in. However, the part never came her way.

A few months later the actress was browsing the newspaper and learned that a dazzling new actress had performed in this new play, and she received rave reviews. Now the actress wanted to know who this woman was; and so she travelled to Calcutta to find out. When she arrived in the theater she was stunned to see that this new great actress was in fact the former wife of her boyfriend! She was started and overwhelmed to discover that this abused wife was now at the top of her field!

As we see, when the wife made the effort to discover the Truth of things, rather than stay with her limited view, she had an overwhelming experience at the theater, that compelled her to take it up as a career, and was then rapidly catapulted to the top of her field. That is the Life Response power of seeking Truth. The doors of Infinity are suddenly opened wide!

(by Roy Posner, based on TV series 'Stories by Rabindranath Tagore')

[Truth](#)

## **ACCEDING TO THE TRUTH ATTRACTS OVERWHELMING GOOD FORTUNE IN DOWNTON ABBEY**

One powerful principle of life response is that when you accept, embrace, and communicate the truth instead of holding onto it out of fear or other negative emotion, life will suddenly open up and present you with overwhelming good fortune. Here's an example from film:

Downton Abbey is a British TV series set in the fictional Yorkshire country estate depicting the lives of the aristocratic Crawley family and their servants in the post-Edwardian era. As we pass through the 5<sup>th</sup> season, there are two daughters of Lord and Lady Grantham Crawley -- Mary and Edith. Edith has had a romantic relationship with a distinguished newspaper editor which produced a child Marigold, though the editor never got to see his daughter as he disappeared and was then reportedly killed in Germany. Though the child was put up for adoption in order to avoid scandal for the Crawley family, Edith eventually gained custody of the child, brought her to Downton Abbey to live, though several members of the Crawley family did not know the child was Edith's.

It turns out that Lord Grantham eventually discovered that the little girl was Edith's, though he did not mention that fact to her. It also turns out that about the same time Lord Grantham was having health problems and therefore checked with a doctor to investigate about the issue. Several days later Lord Grantham confessed to his concerned wife with that he likely had Angina, and therefore was at risk of having a heart attack.

Now fearful for the end of his life, Lord Grantham decided to talk to his daughter Edith about her daughter Marigold. And so that evening Lord Grantham came into his daughter's room and confessed to her that he knew that Marigold was her daughter, and, more importantly, that he fully accepted the little girl into the Crawley family. As a result of his gesture, Edith was ecstatically happy.

Most interestingly, a day or so later, Lord Grantham reported to his family that he had gone to the doctor again for further tests, and discovered that he did not have Angina at all, but merely had an ulcer. Now all he had to do was eat modestly and he would be fine. It was a tremendous relief for himself and his wife.

Can we not say that as a result of being fully truthful with his daughter about his knowledge of the situation while fully accepting his granddaughter into the family, life responded and altered the conditions of his health?

When we give up our fears, and face the truth, admitting it as necessary, not only will we feel an inner relief, but life response with good or great fortune in the same or an entirely different area. When Lord Grantham gave up his fears and confided with his daughter about his true feelings, life responded and literally gave him a new lease on life. We can do the same in our lives by not holding on to our fears and admit to ourselves and to others that which is truly true.

Truth

Overcome Fear

Downton Abbey

## **DISASSOCIATING FROM CORRUPTION ATTRACTS IN 1000 RUPEE NOTE**

There are times when you receive something or otherwise become part of something that has shady or other untoward qualities. When you come to extricate yourself from that situation - whether because you have suffered as a result of being connected to it, or have simply through higher consciousness seen the falsehood in the association, - life will greatly reward you in some fashion.

In the Indian film '1000 Rupee Note' a woman gains funds - a 1000 rupee note - through a shady, corrupt politician. When in her poverty she tries to spend it on necessities, everything goes wrong. She is even arrested by a corrupt policeman who take the money from her and spends it on food for his staff! She is not even able to purchase a picture frame for her beloved son who has recently died.

At one point, she becomes fed up and simply wants to distance herself from the entire disastrous matter and go home. When she does and boards the bus, the man who was trying to sell her the frame with her son's picture runs up to her and gives her the frame with picture intact for free! She is startled by this development, and then sitting beside a friend who has now become her newly adopted "son," and with framed picture in hand, she becomes completely blissful, as the two circumstance give her full purpose in life. Always optimistic, she is once again happy to no end, but now with an inner richness.

As we see, extricating ourselves from falsehood in whatever way is a sure way to bring good fortune and happiness in our lives.

Moving Away from Falsehood

1000 Rupee Note

## **THE "GREATNESS" OF ATHEISM**

Q: If everything is Divine and there is only One Divine how to reconcile the fact that Atheist who are his creation do not believe in Him?

A: Sri Aurobindo goes even further. He says, very often the atheist is more sincere than the devotee. It is because the atheist does not know anything of spiritual qualities by himself, doesn't believe anything, that he is searching for the answers.

Atheism has done great service by having the courage to sincerely question the superstitions of religion and elsewhere. 500 years of Atheism has allowed the people to question, to ask the question - what is the truth?

So they have provided a great service by asking the people to search for knowledge instead of superstitious beliefs.

In other words, the Divine has also created Atheists so that the world can make greater progress. (paraphrase of Garry Jacobs)

Comment: A great dialogue takes place throughout the marvelous film Contact, based on a novel by scientist Carl Sagan, about man's search for extraterrestrial life throughout the cosmos. Here atheism and spiritual experience are in contradiction but move toward resolution and integration in the story. At the end, the scientist Eleanor "Ellie" Arroway who was a total skeptic and atheist has had an overwhelming journey throughout the universe that became a profound mystical experience, thereby uniting science and spirit within her.

Thus Atheism served her well on the way to discovering Truth, including a sense of cosmic awe that is a spiritual experience. She has confirmed Sri Aurobindo's viewpoint on the matter.

In this clip, Ellie expresses the emotion and faith of that intense experience after her return from her journey across the cosmos

<https://www.youtube.com/watch?v=l8sdxdgTMlo>

Reader: Thank you Sir.

As a coincidence, I just watched the movie today and trying to comprehend the movie. It does not matter whether one is Atheist or one who believe in the Divine. Those who are in the pursuit of Truth sincerely would be able to experience THAT one day. The Divine can be experienced but not explained by human mind.

In the movie, Dr Ellie Arroway didn't believe in God as she was a scientist on the surface. But on her depths, she was in the quest for Truth. Indeed she experienced that Reality one day, but she could not able to explain or prove to anyone.

Response: Senthil, a magnificent "coincidence" (synchronicity, life response)!

Karmayogi says that life responded with the disbelief of the world audience to Ellie's outer and inner journey because she herself as a scientist disbelieved in the mystical/spiritual. It was a negative response. But then she gave a convincing speech to the world directly from the heart of her experience, which would cause some on earth to believe her, furthering the evolution. She was thus a pioneer for a certain subset of believing individuals; something like Rhonda Byrne and The Secret.

Also let us not forget that science is making a startling number of discoveries that supports the truth of the subtle undercurrents of the universe, including such principals as Entanglement that explain inner-outer correspondence of Life Response.

Thus, in many case atheist scientists are paving the way for the spiritual understanding of the underlying factors governing the Reality!

Truth

Belief, Atheism

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entirely different area. When Lord Grantham gave up his fears and confided with his daughter about his true feelings, life responded and literally gave him a new lease on life. We can do the same in our lives by not holding on to our fears and admit to ourselves and to others that which is truly true.

Reader: Very nice story to clearly understand the message Sir. In my life, for the past 3 years, I was forced not to read Mother's books. This was due to some of my close relatives. But I did not lose hope in Mother's Grace. Suddenly from where I thought I will not receive support, from those relatives, I received great support. You also advised not to blame anyone but to think positively only. Suddenly I regained myself and said I can't take it anymore like this and said I will continue to follow Mother's path whatever comes. I prayed to Mother to give me strength. Mother blessed me and my family somehow accepted me and the very next day, that is yesterday, Mother's Grace showered as rain.

Response: You have seen and garnered inner strength; inner power. Congratulations!

[Facing, Revealing the Truth](#)

[Downton Abbey](#)

# True Self, Soul

## TENDING THE TRUE SELF THAT FOSTERS INDIVIDUALITY

Individuality begins at the point where we psychologically and outwardly express who we truly are. Moreover, those who are truly conscious of their own uniqueness will more readily bring it to the surface, creating real benefit for themselves and the world at large. Finally, the society that fosters that indwelling true self and individuality of the person will create a multiplying effect of ever-increasing creativity and accomplishment in the world.

In the recent powerful Indian film '[Like Stars on Earth \(Every Child is Special\)](#),' we see this latter dynamic in action. There a young boy with dyslexia becomes an outcast from his peers and the school system. And yet one progressive teacher steps forward, sees beyond the surface and into the depths of the child, fostering his individuality as a painter with a genius-like artistic temperament. This, it turns out is the complete opposite of the mass education system that operates on a hierarchical structure, with the teacher all knowing; departing knowledge to a strained or reluctant classroom of children. A better system would therefore be the opposite; where the teacher begins by discovering the true essence, spirit, and aspirations of each child, drawing it out, which allows it to flow and expand through a process of self-discovery. This approach not only energizes the child to no end, but turns learning into a joyful experience.

This approach to education -- and indeed to life itself -- suggests that there really is an essence and true self of each person. That somehow we are here to express our True Individuality, which not only expresses through our own creative, individualistic path, but has a unique influence and impact on the world. Some go a step further and see true individuality as our "spirit," our spiritual essence; even our evolving soul that has a mission and purpose trying to express through the unique capacities and potentiality of the person it inhabits.

In sum, the person who becomes consciously aware of his or her true self will facilitate the expression of his or her individuality, thereby accelerating the process of personal accomplishment and growth for themselves and the world. Moreover, social organizations where facilitators like teachers and leaders bring out the true essence and potential of individuals will foster an ever expanding community of entrepreneurs, creative artists, and free thinkers. One could even imagine a society where the number of geniuses expands a thousand-fold through this dynamic. In fact, one Indian school taking this approach advertised its goal as "every child a genius."

Albert Einstein, Leonardo D Vinci and others were not only infinitely creative individuals expressing their individuality, but had a conscious or semi-conscious sense of their essence and purpose. We too can come to know out true selves and purpose; our inner mission, by looking deep within, which will release powerful energies that will become a springboard for infinite realization and accomplishment in life.

Education

True Self

Soul

Like Stars on Earth



### THE JOURNEY OF THE SOUL

The spiritual tradition tells us the soul chooses to be born in a particular set of conditions in order to make progress during that person's lifetime. After the lesson has been learned, the soul leaves the body to assimilate its experience and then reincarnates in a new life to make further progress.

For example, in Jane Austin's *Pride and Prejudice*, Mr. Darcy, though a very wealthy man with a polished exterior, presents a haughty and arrogant disposition on occasion. And yet when he meets Eliza Bennet, he is overcome by his feelings for her, struck by the light in her eyes. Yet to win her over, he realizes he has to change his nature, which he does, leading to a critical event in the story where he is able to demonstrate his dramatically improved character. As a result, Eliza responds very favorably, culminating in their happy marriage. In essence, Darcy has made a powerful progress in life; precisely what his soul had sought when it entered his being at birth.

Over a decade ago, an individual I know of went through an intense change of his own. Not so much a shift from lower to higher character, or wanting attitudes to a higher deposition, but a powerful psychological and spiritual transformation that took shape through months of intense fear. So great were the 3-6-hour daily onslaught of causeless terror that during that he had to constantly remain in a state of immovable meditation, calling peace and calm to prevent that person from going mad. Along the way, he came to understand that this was what his soul sanctioned in order to move to the next stage of his life. In fact, from that day on, he embarked on a profound personal and spiritual journey that included a new career as a thinker and writer. Because of that cathartic episode, he was reborn into a new life, enabling his soul to make a great progress.

As it turns out, there are also uncommon individuals who actually make *several* such changes in a single lifetime. These rare souls go through consecutive stages of transformation that give sustenance to their souls in its journey through time. One such individual is Jean Valjean, the main character of Victor Hugo's nineteenth century masterpiece, *Les Miserables*. In fact, Valjean passes through four distinct life-changing stages that enable him to grow from a husk of a man to a veritable saint.

Jean Valjean's first transformation took place in prison, where he spent 19 years for the petty offense of stealing a loaf of bread. There he not only developed a new level of physical strength, but a new emotional intensity through his newfound cause of social justice. Because of the harsh abuse he suffered, he committed himself to overcoming similar abuses in society. As a result, Valjean had changed from an individual who hardly spoke or looked at anybody, to one dedicated to overcoming injustices in the world.

However, Jean Valjean's soul was ready for more growth. And so in his second incarnation, he came to know a humble bishop who showed him the power of selfless and self-givingness. When the bishop saved him from the authorities after escaping from prison, Valjean came to deeply admire his goodness, goodwill, and generosity. It was a spiritual like perception for Valjean, as he now saw the brute, husk of the man he was, and the self-giving man he could become if he emulated the bishop's behavior. And so from that day on, he dedicated himself to a life of self-givingness.

And yet Jean Valjean's being was ready for more change. As long as the soul aspires for progress, life will continue to present challenges that compel its further evolution. In the years that followed Valjean was able to realize his aspirations of self-givingness by becoming a beloved and prosperous businessperson. However, one day Valjean learned that someone named Jean Valjean had been convicted of a crime. He knew that this was not the case because he was the person with that name. After wrestling with his conscience, he went to the court in Arras and revealed that he was the real Jean Valjean, thereby freeing the accused. However, by doing so, the authorities learn that he was an escaped convict; forcing Valjean once again to be a fugitive from the law. It would mean that he would have to give up all that he had built up in his professional life. What actually occurred was that life tested his full commitment to his personal ideal of self-givingness. By acceded to a level of psychological purity, by doing what was right and true, Valjean had made the third great growth and progress of his life.

Though his mind and life found great emotional satisfaction in his new solitary existence, his soul aspired for more growth and adventure. That would come in the form of his relationship with his beloved adopted daughter Cossette. Though he rescued her as a child from the clutches of evil, and poured his love into her in the years that followed, Cossette blossomed into a young woman and found herself in love with Marius, a self-giving, young idealist.

Upon learning of the romance, Valjean through a great psychological and spiritual-like effort withdrew his possessiveness toward Cossette, retreating to his home so that she could exercise her freedom and pursue her own deep love for Marius. As a result, over time, he became weary, fell ill, and began to wither him away. However, as a result of

that self-restraining effort, life responded in overwhelming fashion when near the end, Marius and Cosette arrived at his deathbed, confessing their deep love and appreciation for all he had done in lives, including saving Marius's life at the barricades. Most telling, when Cosette confessed her deep love for Valjean, all that he aspired for in his life was fulfilled, enabling him to die a happy man. That giving up of attachment to the one person he so dearly loves in the name of Cosette's best interest was Valjean's final effort of self-givingness in life. He had now reached the heights of spiritual purity, of selfless love through non-attachment. As a result, he had now completed his multi-birth journey of the soul in a single lifetime.

A soul is born in each of us in order to derive one essential progress. Just as we are evolving, so is the soul through in its own cosmic journey. But the soul will only find fulfillment in us if we rise to a higher level of consciousness. The soul of Mr. Darcy was fulfilled when he made the psychological adjustment and changed a central part of his nature, winning over the woman he loved. Jean Valjean went steps beyond and evolved his being four times in a single lifetime, an almost unprecedented event that is indicative of a very rare soul.

This being the case, then what is life asking of us? What does our soul seek through change in our own being? Or to another way, how can we improve ourselves in a way that gives sustenance to our soul?

In the end, we not here merely to exist, or even to love and achieve, but to make one essential progress in our lifetime. But do we know what that is, and if so, do we understand what needs is to be done to make it happen? If we can identify those parts of our being that need change, then we will move in harmony with our soul's aspiration. If we then go a step further and make that change, not only will we progress and evolve, but so will our soul in its journey through space and time. *[Thanks to Mother's Service Society for their source materials that contributed to this article.]*

[Soul, True Self, Psychic Being](#)

[Pride and Prejudice](#)

[Les Miserables](#)

## **POWER OF FAITH THAT COMES FROM WITHIN**

In the film 'Chariots of Fire' based on the true events involving the great British runners in the 1920s Olympics, Eric Liddell is both a superb runner and an eloquent spokesman for his Faith.

In this 2-minute video clip we see how Eric intensely speaks of the spiritual power of Faith that comes from within that mirrors a runner's intensity and will.

The speech has such power that it evokes the sunlight after a hard, uncomfortable rain. I see that moment as a powerful metaphor, as well as a response from life. It is also a

reminder that we too can evoke that Power from within, from the depths of our souls - whether our faith is in Christ, Krishna, Mother, or whomever.

Faith

Soul Within

Chariots of Fire



## LES MISÉRABLES

[a poem by Senthil Murugan of the deeper meaning of the story]

No matter, we are unaware of our destiny,  
No matter, we've deviated far from the path,  
No matter, we do despair about the current happenings,  
No matter, we could not perceive what's going on,  
All those are limitations that seem only on the surface,  
And not the True governing Reality.  
The limitations will remain and appear so,  
As long as we cling and hold on to them.  
If we do aspire earnestly from the depths,  
If we do seek answers sincerely within,  
A time might come, a situation we might face,  
That would disillusion the surface Reality,  
The truth, then rushes in from the depths,  
The soul, then overtakes the ignorant mind,  
And reconciles all the contradictions on the surface,  
It's a moment, we are literally reborn!

Our goal is now set,  
Our path is now lit,  
Our soul that leads it,  
A life not just to quench ego's needs,  
Rather a life to give others what we've been given,  
A life to kindle the other candles,  
With love, kindness and hope.

Is there a man who had been into that journey?  
Indeed there was!  
The life of Jean Valjean,  
A lesson for us to remember and reflect.

It was a period in France,  
Where the rulers not cared their people,  
Also there was no humanism that exist,  
A man who stole bread to save a hungry child,  
Was put in prison for nineteen years!  
And went through unimaginable tortures in all those years,  
At last, the period of parole came,  
Yet, he was given yellow papers,  
And was being marked 'the dangerous man',  
Though he dreamed to see a newer world,  
The reality was rather different,  
As the life had not changed in the nineteen years,  
And the people judged his paper, not him as a person,  
Everyone chased him, he ran,  
Actually the life chased him, to his destiny.

Without hope, he wandered all along,  
One day, as he was resting in a church front,  
A Bishop saw him and cared him as a person indeed,  
The Bishop gave him food and also place to rest,  
Yet, that was not enough,  
To console him who was plunged in hatred and self-pity,  
And at that night, when everyone slept,  
He stole the silver goods and ran away,  
Alas, he was caught the very next morning,  
And was brought back to the Bishop,  
The Bishop looked deep in his eyes,  
Surprised him giving two more lamp stands, and said,  
"Brother, you've forgotten these,  
As I gave this to you too,  
All your past deeds, I forgave,  
And saved your soul for the God"  
Those words daggered like a knife on his chest,  
Melted all his moments of hatred and hopelessness,  
Wiped out all the past karmas,  
And he was literally reborn at that moment,  
He was Jean Valjean!  
His life from that moment, belonged to the God indeed,

And he remembered it and lived so,  
Till his very last breath.

\*\*\*

Valjean then moved to the small town Vigo,  
And started his life from a clean slate,  
As a free, hardworking and honest man,  
And no one was aware of his past life.  
Eight more years passed quickly,  
And he worked hard in those years,  
Elevated himself as the Mayor of the town,  
And also ran a factory of his own.

One day in his factory,  
A young woman, Fantine was punished hard,  
And was also taken out of her job,  
For no apparent fault of hers.  
All had happened without his notice,  
He only came to know it later,  
And genuinely wanted to reconcile,  
For what had happened.  
Fantine was angry and disliked him at first,  
As she thought, he had not stopped her punishment,  
Beyond her bitter words and resentful heart,  
He judged not her surface, rather her soul.  
He then took the consciousness responsibility,  
And also promised to save her and her child Cosette,  
Thénardier had kept Cosette under their custody,  
Despite they were paid by Fantine for keeping Cosette safe,  
Cosette was bullied and worked as their servant.

Life continues to operate in multiple fronts,  
And present us opportunities for our consciousness to grow,  
Yet, they might appear in the forms we dislike,  
To the measure we tune into what we've been given,  
We continue to evolve to greater heights.  
And that moment had fallen on to Valjean,  
In the form of Inspector Javert,  
Who was hunting him from the day of his parole!  
Javert took charge as the inspector of that town,  
And came to the Mayor to report his duty.  
When they both met each other,

Javert had not recognized Valjean at first,  
Yet, he sensed something was fishy,  
And started to doubt the Mayor, from the very beginning.

Also at the same time,  
A situation came to Valjean,  
To test his innate goodness and honesty,  
As he came to know of a news,  
A man had been caught and presented in the court,  
And was identified erroneously as Valjean,  
Also was going to be punished for breaking parole,  
The Mayor was caught in the dilemma,  
Whether to ignore the news or to reveal his identity,  
Then he remembered the Bishop and the words he spoke,  
Afterwards he had not worried the aftermath events,  
And so he spoke the Truth in the court,  
Also was ready to bear the punishment,  
By thus Valjean made the other man free,  
And thus brought his sincerity to the surface.

A long waited opportunity came to Javert,  
As to arrest Valjean and put him in prison for life,  
Valjean pleaded, to spare him for three more days,  
As he wanted to bring Fantine's daughter, Cosette,  
Yet, Javert was cold and rejected his plea,  
That forced Valjean to escape from that situation,  
He then also rescued Cosette, by giving ransom money.  
As her mother Fantine also died in the earlier scene,  
They both then ran for life to Paris,  
And Javert continued to chase them behind.

After an arduous journey,  
They both climbed a convent and sought for shelter,  
Life responded in a unique way,  
And they were given asylum and shelter,  
As police was forbidden to enter the convent,  
They then lived peacefully over there,  
And Javert waited the next opportunity.

\*\*\*

Ten years passed quickly afterwards,  
As Cosette wanted to see the world,  
Valjean and Cosette came out of convent,

And started to live in a nearby community.  
The people over there disliked Monarchy,  
And was longing for freedom from tyranny,  
A group of youngsters led those efforts,  
And their plan was to revolt against the rule,  
All waited the right opportunity.

In the meantime,  
Cosette fell in love with one of the rioters, Marius.  
Valjean disapproved their love at first,  
As that would reveal their identity to others,  
Then he viewed from her point of view,  
And changed his mind for the sake of her wish.

A situation came in favor of the protestors,  
And they planned for an attack against the kingship,  
By rioting through in a planned procession,  
During the moments of riot and fight,  
Javert was caught by rioters,  
Who came there as a spy to watch them,  
And they were almost about to kill him,  
And at that moment,  
Life brought Valjean and Javert in alignment again.  
In all the encounters earlier they had,  
Falsehood dominated the Truth,  
And Javert had been the upper hand, always,  
For the first time in their lives, the situation reversed,  
As Valjean wanted to handle Javert by himself,  
He then took the charge from rioters,  
And brought Javert to a lonely place,  
At last, a golden chance to revenge all his past!  
Yet, he forgave him unconditionally,  
And let him go FREE without any demands.  
He did that in a sincere manner,  
As what Bishop had done to him, years earlier.  
The foundation of falsehood is very fragile,  
And it could not survive when Truth reveals its power,  
Javert puzzled by the action of Valjean,  
And his foundation of belief was shattered,  
As he could not bear the Truth of Goodness,  
He committed suicide and ended his life.

In the meantime,

The situation not favored the rioters,  
And they could not resist the massive force,  
Their simple guns could not match the great cannons,  
Alas, the riot was suppressed too sooner one could imagine,  
And all the rioters were killed on the spot,  
Valjean saw the wounded Marius,  
And he took extraordinary efforts,  
Carried him through an underground tunnel,  
Swam through the flood of drainage,  
Saved his life for the sake of his daughter,  
Brought him to Cosette and fulfilled her wish.

As such Valjean lived his life all along,  
Only for others and never for himself,  
As like the Bishop had told him,  
His soul was meant for God, indeed.  
And he fulfilled that in every instance.  
At last, at his death bed, a fulfilling life he had,  
Whoever he had met in his life,  
Passed them the batons of love, kindness and hope.

As such,  
Whatever the odds we might face this time,  
Whatever the hurdles that might be in our path,  
Whatever the situations, that might appear as hopeless,  
All are only guiding us secretly within,  
As to bring our soul to the surface,  
And to fulfil what we are meant to be in our depths.  
And so, whatever be the circumstance,  
Never Give Up Hope!

Trailer:

<https://www.youtube.com/watch?v=isQGHwWyJ6k>

Soul, True Self, Psychic Being

Les Miserables



## **GROUNDHOG DAY, SOUL, REBIRTH, AND SYMBOL DAWN**

[Every Day An Opportunity to Grow In Consciousness]

In the popular American film 'Groundhog Day' a TV weatherman wakes up every day at the same time (6:00 am) and is forced by life to repeat the previous day. When he awakes each morning all the conditions are precisely the same as yesterday, except for a few small details. And yet, in the course of each day the weatherman has learned one or two things he did not know the previous day. He has in essence grown in consciousness just a bit, which will prove useful for today's iteration.

The film can be thought of as analogous to our own lives. We wake up every day with hopefully a little more knowledge than the previous; and today when we awake we will hopefully experience something that will enable us to grow further; that we can in turn bring into the next day, there make a further growth, and so forth.

The film can also be seen as analogous to the evolution of the soul, the Psychic Being over multiple births. Each time the Psychic (evolving soul) takes birth in a human host, it knows a few things more than the previous birth. And the purpose of the current birth is for the psychic to grow in Knowledge further still. In fact, if that individual is conscious, he/she can make the growth of several births in one; and if one is connected to the highest Consciousness, to the Divine Mother, even make the progress of a thousand births in one.

In 'Groundhog Day' the tv weatherman after having lived essentially the same day repeatedly dozens or even hundreds of times, finally reaches a threshold of gained knowledge, and evolves into a whole human being. He finally grows out of his deficiencies and becomes an Integral Person of sensitivity and compassion, capable of love and self-givingness, and insightful of the truths of life.

As a result, he is now able to live a normal life, without the repetitions, but now at a far more elevated level of awareness and experience than before his daily ordeal. It is comparable to the Soul finally gaining the total integral knowledge, and it now lives in a single, final birth, that can evolve further into a state of physical immortality.

In the epic poem 'Savitri' Sri Aurobindo at the outset explains the Symbol Dawn of creation. It can be taken as a metaphor of our capacity upon awakening to live each day anew; an opportunity to evolve our consciousness that much more each day.

If this is so, can we take up that glorious challenge to sincerely grow each day a little more than the previous in our own individual life?

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Here is the film's trailer:

<https://www.youtube.com/watch?v=GncQtURdcE4>

Soul, True Self, Psychic Being

Groundhog Day

# Individuality



## LIFE RESPONSE COMMENTS IN THE FILM 'SECRETARIAT'

(based on a true story)

As it indicates in the novel 'The Book', "Life does not attack the weak, because it has nothing to gain by doing so." And so, challenges come from life only for those who have the capacity to face it; who are able to convert that challenge into opportunity, fortune, and Grace.

In the movie 'Secretariat,' Penny was a content housewife, living happily with her husband, two daughters and two sons. One day she lost her mother, and as a result returned to her childhood home. There she came to see that everything was in a bad shape; that her father's health was deteriorating; and that the farm he had managed for horse breeding operations was not making money. In addition, her brother wanted to sell the farm, but Penny insisted on keeping it. And so she had to stay for a longer period in order to resolve these issues.

The first thing she discovered was the dishonest horse trainer, and so she fired him. We know Life responds to our Motive, rather than to our action. Life then responded indeed for her in the right spirit. As it turned out, through her father's good friend Hancock, she was able to approach veteran trainer Lucien. Initially, he rejected her offer, but later changed his mind and accepted it.

At that time, she found out that two of her best mares (SomethingRoyal and HastyMatelda) were pregnant by the owner Odgen Phipps Stallion 'Bold Ruler'. Penny's father had a deal with him that a coin toss would decide who would choose which foal. Hasty Matelda's foal was every one's favorite due to her young age. However, Penny's choice was entirely different as she wanted SomethingRoyal's foal. She thought that it had a unique combination, a rare quality of mix of speed and stamina. Though she lost the coin toss, she received SomethingRoyal, just as she wished. It was a first sign from life that these earlier events of good fortune would predict the final outcome. Her dream indeed came true at the end with SomethingRoyal's foal. After the coin toss, she immediately came to know that Lucien wanted to join her as the trainer.

All were surprised with the SomethingRoyal colt. In fact, her father wanted the horse to run races. Despite not knowing much about that field, Penny stepped into a male dominated business to fulfill her father's last wish. However, it was not easy for her, on several fronts. For one, her family was also not appreciative of her efforts. Instead her

husband wanted her to be back for her family and kids. But she was determined to run the horse because that willfulness came from her genes through her father; through her subliminal/subconscious aspiration. Earlier in the movie, this was nicely captured, when her father spoke to her as a little child, "Don't let them fool you darling, it's not whether they think we won. Its weather we think we won. You run your race, Penny"

Mrs. Ham (father's secretary) chose the name 'Secretariat' for the horse. However, the first race ended in failure. Then as per Lucien's advice, she employed veteran jockey Ron Turcotte. From then on "Secretariat" won many races, and eventually was named "Horse of the year".

At that time, life challenged her again with the sudden demise of her father. Now she had to pay six million dollars on taxes owed on the estate. Her brother also urged to sell the horse, but she rejected his advice. She wanted to walk in the footsteps of her father.

She had also employed Hancock's son (Seth) out of good will and gratitude. She drew up a horse breeding plan and contacted potential investors. All of them turned her down. Owner Phipps offered her 8 million dollars to purchase Secretariat, but she refused. In her heart she knew how much Secretariat was worth. And so determined to take risk, she made a bold decision to let him run in Triple Crown Race, which no horse had won in the past 25 years.

And yet life gave her another challenge.

Just before the Triple Crown race, Secretariat lost the Wood Memorial race in very poor fashion. She scolded Lucien and jockey Ron in anger and asked them to fix the issue. Both however did not react to her, remaining calm at that moment. Life immediately responded and revealed the reason for Secretariat's poor performance, which was due to an abscess in his mouth. Penny immediately recognized her mistake and apologized to both.

Though the horse was recovering, it still had not eaten since the abscess. Lucien worried if it was okay to run Secretariat in the race again. It was a beautiful scene in the movie: Penny reached "Secretariat" and looked at him subtly, deeply. Similar to the scene of being One with the Field in the movie 'The Legend of Bagger Vance,' Penny became identified with the horse. We know that material objects respond to our attention; then why can't an animal, such as a horse? The next morning onwards, Secretariat started to eat again as normal.

Secretariat went on to win the 'Kentucky Derby' and 'Preakness' in record times. The third race of the Triple Crown, the 'Belmont' was the acid test for him, as people believed that he was capable only for speed and not for long run running. In the meantime, her family became supportive of her efforts. At the Belmont Ball, her husband confessed to her, "I want you to win. And win or lose, you've taught our children what a real woman is. What is it to believe in yourself, and I never could have taught those things. And you've taught me something, too." She felt immense emotional fulfillment. With that happiness inside, she went to Secretariat and talked to

him subtly, "I realized something, I've already won, I made it here, I didn't quit, I've run my race, now you run yours."

Secretariat went on with a remarkable face, beat all the odds, and won the race with an extraordinary finish besting his rival horse by 31 lengths.

Secretariat was considered one of the greatest horse who ever lived. And Penny saved her farm, and lived with her family happily afterwards.

It was not just a movie about winning the horse race. It was a depiction of the LIFE of Penny, who rose up from a content housewife, and transformed herself into a living inspiration that touched the lives of all the people around her. (We call this a Gnostic Being). She just simply refused to give up when life challenged her on a number of occasions. And as a result, she went on to fulfill her father's legacy and last wish.

It was like Darcy from Pride and Prejudice. He could have walked away after Elizabeth's abuse, or he could have withdrawn after hearing about Lydia's elopement. Instead, he chose the other way. As a result, he not only succeeded royally by winning over the woman of his dreams, but he also fulfilled the dreams of all other people he was associated with. He brought Bingley back into Jane's life, turned a misfortunate elopement into a marriage, restored the honor of Mr. Bennet's family, elevated the status of Mr. and Mrs. Gardiner, and so forth.

\*\*\*\*\*

Qualities Demonstrated by Penny in the Story that Enabled Good Fortune:

- Had Aspiration to Rise Up Higher
- Demonstrated Power of Willfulness. Determination. Never Say Die Attitude
- Inherited Her Father's Willful Capacities
- Expressed True Individuality; To Think for One's Self; Not Being Constrained, Determined by the Herd
- Demonstrated Inner Psychological Strength at Key Moments
- Had Deep Belief in The Potential for the Outcome to Come About
- A Positive Attitudes maintained throughout
- Experienced Deep/Subtle Connection with Another Sentient Being
- Felt Gratitude at Steps along the Way

(Senthil Murugan and Roy Posner)

[Aspiration Willfulness Determination](#)

[Inner Strength Individuality](#)

[Life Response](#)

[Secretariat](#)



## DARCY'S RISE IN PERSONAL CONSCIOUSNESS THAT AFFECTED THE COLLECTIVE

The story of Pride and Prejudice is essentially the tale of how one individual, Darcy, evolves from pride and ego to higher consciousness that not only elevates himself, but through his courageous inner and outer actions does the same for several families, the community at large, even the society as a whole. His is thus a movement of Soul in the world. And he does it all in the name of Love for another. (Roy Posner)

Affecting the Collective

Pride and Prejudice



## SCALE OF DEPTH OF THE PERSON

Individuality enables the sense of I, which can range from ego to true individuality that issues from Soul.

Most people live merely at the level of Manners and Behavior, where there is little individuality, where even a true sense of ego is not well formed. Such individuals, probably over half the population, don't possess a formed Character, which is a further development of individuality beyond a life determined by mimicking the Manners of others, and Behavior, where one just lives and acts without a real sense of self.

Darcy in Pride and Prejudice has a formed Character and thus his ego is developed, which is then destroyed in pursuit of winning over the woman he loves. Eliza's consciousness is at a higher level; at the beginning levels of Personality, where she takes her cues from within, not the herd, and thus expresses an exceptional degree of individuality.

A great sage or seer can express ultimate individuality, as he is in touch with his soul, and therefore messages constantly percolate up from his Being to his conscious mind urging him to act or not act.

Thus, the scale of Depth -- from outer to inner -- is from Manners to Behavior to Character to Personality to True Spiritual Individuality. (Roy Posner)

Scale of Depth/Personality

Pride and Prejudice



### **THOUGHTS ON FILM 'THE TRUMAN SHOW'**

"He doesn't know it, but everything in Truman Burbank's life is part of a massive TV set. Executive producer Cristof orchestrates "The Truman Show," a live broadcast of Truman's every move captured by hidden cameras. Cristof tries to control Truman's mind, even removing his true love, Sylvia from the show and replacing her with Meryl. As Truman gradually discovers the truth, however, he must decide whether to act on it."

---

#### **TRUTH**

It can be looked at as a metaphor for Truth.

Truman cannot know the Truth because he is blocked from doing so. Not only from the outside, from within himself, unable to penetrate to the truth.

He does not have the power to penetrate to the Truth as his mind is on the surface. For a long time, he misses subtle signs to know the truth.

As a result, he becomes a victim, and suffers.

Also, the system that controls him breaks down, revealing little glimpses of the truth. False society is always eventually undone.

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#### **HUMAN BEHAVIOR OBSERVED**

People like to watch such reality shows in order to observe human behavior. We react to the characters based on our propensities, preferences, prejudices.

We move along with them as if we too are part of the story; only we are silent and invisible.

The film is an exploration of this dynamic; only here it is the story of exploitation of an individual.

---

## REALITY SHOW CULTURE

The writers and director of the Truman Show movie are describing the propensity of American and related cultures obsession with reality shows.

Ironically the story is a kind of escapism for the observers in the film observing real situations for Truman. (they are enjoying the falsity of it.)

The film is where we are observing the observers observing Truman in the story. It creates an interesting complexity.

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## FREEDOM

It is also a story about being trapped, and how we as human don't like to be restrained; we want to find a way out, and so root for Truman to discover it.

We enjoy his liberation, and feel those who exploited him get their come-uppance.

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## CRUELTY OF SOCIETY

Yet the authors of the film at the end are also saying that the viewing audience of Truman's hardships don't care that much care when the secret is revealed, as they can change channels and go on to the next thing.

In this sense, the film is a condemnation of society; who can be exploited by commercial interests, callously observing Truman's plight. Society is thus shown to be cruel.

The leaders of the cruel society – in this case the director of the reality show and related commercial interests in the film -- are crueler still.

Truman is like a guinea pig for the enjoyment of the masses, not unlike the gladiators in Roman times.

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## HERO, TRUE INDIVIDUAL

Truman is a hero because ultimately, he prevails, despite all obstacles.

He moves out of the limits society has placed on him, and in that sense becomes a true individual. In the USA we value the pioneer, who forges his way through an endless landscape.

The pioneer overcoming obstacles and prevailing is the HERO.

(Senthil Murugan, Roy Posner)

[Truth](#)

[Reality](#)

[Cruelty of Society](#)

[Individuality](#)

## The Truman Show



### INDIVIDUALITY, FAITH, AND LIFE RESPONSE IN 'INTERSTELLAR'

Individuality is to be optimistic in pessimistic conditions, embracing life's opportunity with a leap of Faith.

In the movie Interstellar, NASA space pilot and father Cooper was initially in that very situation. However, he then shifted from individuality and the optimism that issues from it, and relied instead on Dr. Brand and his "Plan A".

On the other hand, his daughter Murph demonstrated an inner spiritual courage and Faith that proved to be a greater power.

At one point in the story, knowing that there was no longer a Plan A as devised by Dr. Brand; that her father seemed unlikely to come back; that the earth was dying off due to dust storm; and that the gravity equations was not solved, she wondered what could she possibly do?

And yet when she changed her attitude about her father, releasing all her misgivings, she aligned with his consciousness of "third dimensional time" directly and started to receive his message from beyond the spheres. At that crucial situation, she perceived that it was not some ghost she was seeing, but rather it was her father himself who was trying to communicate with her through the bookshelf and the watch.

As she has said at the conclusion of the movie, no one believed in her when she solved the gravity equations, but it was the value of Faith and Courage; indeed, it was her Individuality that solved the problem for mankind.

(Senthil Murugan)

Individuality

Faith

Interstellar

### ON AYN RAND

From my understanding, Ayn Rand seems to be a combination of positive and negative:

Positive:

Belief in true individuality, not following the herd, think for yourself. Steve Jobs and other progressives followed her and her message. She asked us to discover our true nature and being within. How we can make a difference in the world by first thinking for ourselves.

Negative

She advocated a kind of selfishness on top of her individuality. She despised progressive political movements, especially socialistic, as she had witnessed the poison of the Soviet system, which she over-equated.

She was actually admired by many progressives for the positive reasons.

However, the conservatives (especially in USA) focused on her anti-collectivist view in tandem with individuality and entrepreneurial spirit, creating a negative conjunction.

Many in Asia admire her positive positions, while ignoring her negatives that conservatives here admire.

Comment:

On Ayn Rand: She focused on the immense innate potential an individual has, how individual is superior to collectivity. The universal truth is each individual is potentially divine, though she may not have based her philosophy on this.

However collective progress should happen along with individual progress. Both are mutually inclusive and complimentary, the fact she had overlooked.

(Sivakumar Saravanan)

[True Individuality](#)

## **RISKING ALL IN LIFE FOR SAKE OF DISCOVERY**

Those who are dedicated to changing the world at all costs will travel the world to make it happen; will risk any risk; and in the end uncover realities that change the course of their times and beyond.

We see this beautifully portrayed in the recent film 'The Physician,' about a young Englishman who in the 11th century travels to the other side of the world to Persia to discover the greatest physician on earth, when in reality it is he the young man who makes the greatest discovery about the makeup and functioning of the physical organs of the human body. Interestingly, it will be his mystical power that drives him to seek and discover that infinitely practical reality, and in the process overcome the superstitions of the world.

[Change the World](#)

[Pioneer Individuals](#)

[The Physician](#)

## **DARCY BECOMES THE TRUE INDIVIDUAL**

While the story is rich with insights into life and human nature, the most striking theme is the subconscious transformation of Darcy from a social character into a psychological individual. Darcy makes a progress in consciousness at the psychological level akin to that achieved in yoga at the spiritual level. He renounces the false or artificial sense of self-importance he derives from his social position and seeks to become a true, generous and self-giving person worthy of Elizabeth's personal admiration. He gives up social values in favor of human values. Darcy becomes a true psychological individual in the sense that he no longer relies or depends on society to define what is good or reputable. He not only changes his behavior, giving up that which was offensive to Elizabeth, but goes to the other extreme of completely reversing it by embracing that which was previously repulsive to him. So real and great is his change of consciousness, that he acquires the magnanimity to accept a vulgar Mrs. Bennet, a wanton Lydia and a rogue Wickham as his own relatives and refuses to acknowledge, even to himself, their past sins or present unworthiness.

Darcy's individual transformation becomes a catalyst for social evolution in England. By his own life and actions, he bridges the gap between the classes that was bridged only by the guillotine in revolutionary France. He is a representative pioneer whose actions usher in a future of greater freedom and equality for his countrymen. (MSS)

Individual

Personal Growth

Higher Consciousness

Pride and Prejudice



## **HOW PIONEERS LEAD SOCIETY FORWARD AS INDICATED IN 'THE POST'**

1. Pioneers catch the subconscious aspiration of the collective, and express it first. The established reactionary forces resist such movement. However, if the pioneers hold onto it, in the name of higher principles like Truth, Integrity and Courage, Life eventually responds in their favor.
2. In the movie 'The Post', based on true-life events of the 1970s, Mrs Graham was concerned about the sustainability of the newspaper business, including her Washington Post, and so she decided to take it from a family business to a public limited company.

3. Life then responds to her intention and brought an opportunity in the form of a challenge.
4. In the meantime, The New York Times published classified information (Pentagon Papers) about US Government decisions and involvement in Vietnam war across several presidential administrations. The government's false reporting of events created huge outrage across the country, and people started to protest. The Government temporarily banned the paper from further publishing such articles.
5. The Washington post meanwhile received additional classified information; more than 4000 pages of such articles through one of the editor.
6. However, it appeared that The Washington Post would face similar consequences and would be banned if they chose to publish. It was a crucial, very intense moment. The newspaper's future was at stake, as the Government could charge them and put them in prison. The board had conflicting views, but in the end Mrs Graham finally decided to publish he information in order to bring the Truth to the public.
7. The issue then proceeded to the high court. Finally, the Supreme Court made a judgement in favor of the newspaper, thereby restoring democracy and free press rights.
8. Before the court order, all other national newspapers had published articles based on the Washington Post content, which was a subtle announcement of the victory that was to come.
9. Perhaps, the atmosphere also supported the outcome in great measure as this was the period of the birth and growth of Hippy Movement which was based on aspiration for greater personal Freedom.
10. Also, this could be subtle warming to President Nixon's administration, as later the Watergate scandal would break out, leading to his resignation.

(Senthil Murugan)

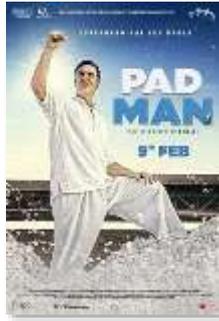
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The subconscious will of society was for the truth. The newspapers were the pioneers trying to bring out that truth. The reactionary force was the government of that time. By steadfastly holding on to high social values, the Post maintained and amplified the process. The Truth spread around the world, and the reactionary forces were forced out. -RP

[Pioneer Individual/Group](#)

[Subconscious of Society](#)

[The Post](#)



## **PAD MAN TRANSCENDS THE SOCIAL ATMOSPHERE: LIFE RESPONDS!**

Pad Man is the film and true-life story of an Indian mechanic who developed an inexpensive sanitary napkins for the masses of women in India, - despite virulent opposition from members of his narrow-minded community.

However when he exited the town and their thwarting hostility and shame, - leaving behind their ignorance and superstition, - life quickly opened up for him and his venture, to the point where he became world famous and even spoke inspirationally before a great gathering at the United Nations.

When an individual steps out of a hostile environment, doing all that he could, life takes over and introduces him to immense possibilities. Our hero in essence saturated his efforts at the first plane, which opened up enormous opportunities for him at the next plane, and the next!

Pioneer Individual

Limits of Society

Anachronisms

Pad Man



## **'DARKEST HOUR' REVISITED**

There are certain films and stories that no matter how many time we see or read them, they never fail to inspire. It is because they might be expressing the Character of Life, as the Truth. Perhaps 'Darkest Hour' is one such movie which portrays life events of Winston Churchill who inspired his entire nation against Hitler at indeed the Darkest hour.

Belgium had fallen, Norway had fallen. France was about to fall. 300,000 British and French men were stranded at Dunkirk, and were being bombed by German air forces. There appeared to be no hope of winning; not even a fight was possible against the mighty enemy.

The American President rejected supplying warships or any civilian ships at that crucial time. The members of Churchill's own political party were against him, and instead pressed hard to start peace negotiation talks with Hitler through Italy. They even convinced the King of United Kingdom of that tact, as he also disliked Churchill. Meanwhile, there was no favorable news from the field to save people at Dunkirk (Operation Dynamo). It appeared that he had no other choice but agreeing with his party members, and so he reluctantly agreed with them superficially, but he did not feel that way in his heart.

It is said that Grace comes when we have lost all our capacities; and often through unfamiliar, unrecognizable forms. And sometimes through people we don't like. Because Churchill exhausted all his efforts, at that crucial moment, the King he was in disagreement with came to see him, and surprisingly promised to offer his support. He also suggested that he take his views to the people. Immediately afterwards, Churchill learned of the good news that many civilian boats were ready to be initiated for Operation Dynamo. Another positive response from life to Churchill's exhaustive effort, and now a willingness to embrace those he had been in disagreement with.

Churchill went before the public, travelled underground train, and was rejuvenated by the peoples' support and willingness to fight against Hitler at any cost. The outer cabinet people echoed the same. These developments cleared the daunting doubt in his heart, and so now he boldly rejected the peace negotiation talks. And then he delivered one of the greatest speeches in history, which inspired the entire nation. Meanwhile his party members were shocked by the transformation in the views of everyone all around.

Earlier when Elizabeth Layton joined the duty, Church immediately wanted to fire her because she was unable to follow his first dictation. She survived through the influence of Churchill's wife. Later as Grace she would bring the letter from the King about his Prime Minister post. She continued to inspire Churchill, and therein he brought her to the War Cabinet and the Parliament. She worked with him to prepare that magnificent speech. After delivering the speech, the rest was History.

When he initiated Operation Dynamo, he said, "May God watch over them all".

The following is a paraphrase of Sri Karmayogi, translated from Tamil:

"Britain, despite the fact that they only had 237 fighter planes, fought and won the air war against 720 German planes. It was not only due to their courage and bravery, but because they exhausted all human efforts, and as a result the Divine Grace acted. And so they were able to win the war. And the Dunkirk fog which helped British forces to escape for seven days was a direct act of Grace."

(Senthil Murugan)

(Roy Posner offers these additional comments)

-Churchill saw into the integral TRUTH of things, that Hitler wished to take over the world. He saw it clearly, and so he was infinitely energized by that truth.

-As a result of his powerful insight he pushed aside all those who were defenders of the status quo, who wanted to appease Hitler. He even abandoned the support of his own party who were mostly against Churchill's view, though the opposition party was for it.

-He was willing to create all necessary relations with various parties in pursuit of the Truth he perceived in his very soul and being.. And so he attracted the King to his side, when the King previously disliked Churchill.

-His exhaustive efforts attracted positive developments. His courage and perseverance were almost super-human.

-His willingness to take to the streets to hear out the people created a tremendous response from them, further energizing Churchill in his quest.

-The fog coming to Dunkirk was a Grace due to Church's intense aspiration based on the Truth, as well as the action of the Divine Grace in response. (Sri Aurobindo and the Mother worked tirelessly from within to bring about these change before and throughout WWII.)

-He saved the world from fascism, which would have sent history backwards for hundreds if not thousands of years.

-He was a True Individual who acted based on the inner TRUTH he clearly saw before him.

-It is said that one man can change the world. He literally fulfilled that maxim.

[Individual](#)

[True Individuality](#)

[Courage](#)

[Grace](#)

[Darkest Hour](#)



### **CHARACTER OF LIFE IN FILM 'THE BOY WHO HARNESSSED THE WIND'**

This is a very recent and inspiring film about an African boy who tries to develop a method of generating water for plantation when there is severe drought and the people

are on the verge of starvation. The plot is first presented, followed by my thoughts on the film based on a Consciousness approach to the Character of Life. (Roy Posner)

## PLOT

Born in Kasungu, Malawi, William Kamkwamba is a young schoolboy who comes from a family of farmers who live in the nearby village of Wimbe.

William also dabbles in fixing radios for his friends and neighbors and spends his free time looking through the local junkyard for salvageable electronic components.

Although he is soon barred from attending school due to his parents' inability to pay his tuition fees, William blackmails his science teacher (who is in a secret relationship with William's sister) into letting him continue attending his class and have access to the school's library where he learns about electrical engineering and energy production.

By the mid-2000s, failing crops due to drought and the resulting famine has devastated William's village, leading to riots over government rationing and William's family being robbed of their already meagre grain stores. People soon begin abandoning the village, and William's sister elopes with his former teacher in order to leave her family "one less mouth to feed".

Seeking to save his village from the drought, William devises a plan to build a windmill to power an electric water pump that he had scavenged earlier. William builds a small proof of concept prototype which works successfully, but to build a larger windmill, William requires his father, Trywell, to give permission to deconstruct the family bicycle for parts, which is the only bicycle in the village and the family's last major asset.

His father believes the exercise futile and destroys the prototype. However, after intervention from William's mother, William and his father reconcile, and with the help of his friends and the remaining members of the village, they build a full-size windmill which leads to a successful crop being sown. (Wikipedia)

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## COMMENTS:

-The society subconsciously wishes for something to come about. In this case a solution to growing crops when there is no water, there are severe drought conditions

-An individual, a very young man, comes forward to offer a solution thereby fulfilling the subconscious wishes of society.

(Society evolves through its subconscious aspiration for improvement that is brought about by a pioneer individual.)

-There is also great resistance from the community, including his own father; from ignorant, reactionary forces. However it is eventually overcome. Overcome through the young boy's cleverness, aspiration, knowledge and skill.

(A society can wipe out the positive intention of the pioneer individual or support it. In this case it was a close call!)

-The boy is individualistic; thinking for himself. He is clever by coming up with a plan to make use of various junk mechanical and electronic components to solve the problem. Also, he is compelled to utilize the school library even though he was expelled from the school.

-The boy doesn't complain when others vociferously turn against him. He practices a kind of stillness and calm, that eventually attracts the change in his father who gives him the vital part, the bike so necessary for creating the turbine, to turn the windmill that will pump the water out of the ground.

-He follows the whole Process of Accomplishment to a tee: i.e. (1) intense Aspiration, an (2) Organized plan to become knowledgeable on the subject, and the (3) Implementation of the plan through high skills and right attitude. It is the "Complete Act" - i.e. intention, organized via strategies that are implemented through knowledge, skills, and right attitude.

-The father has to be dressed down and humiliated by his wife for his weaknesses, before he relents and gives the bicycle to his son. That is the only way to break his physicality; his unchanging, fixed nature.

-The boy's father, in a bout of extreme anger yells at him to give up the venture and plough the empty, dry fields. Instead the boy DOES NOT REACT, which creates the inner energy for life to respond on his behalf.

-His father's arrival is a life response to the son, for all the intention, humility, calm, intensity, cleverness, and goodness of the boy. It comes to the boy as he has just buried his doe who has died of starvation.

-His father valued education, and through his son's creative actions, utilizing the resources of the school he was so encouraged to attend, the father set the stage for the solution to the problem.

-The boy is courageous and persevering, which carries him through all obstacles.

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Individual

Courage

'The Boy Who Harnessed The Wind'



## **AN ANGEL'S UNIVERSAL CONSCIOUSNESS**

'The 1947 adaption of 'The Bishop's Wife' is the story of what happens when a distraught bishop calls to the Divine for guidance to help him recover his lost faith and purpose. An Angel individual (played by actor Cary Grant) then appears before the bishop and guides him, his wife, and others through the vicissitudes of life.

Interestingly I found that the 'angel' character Dudley demonstrates what we can call "Universal Consciousness"; embodying many of the qualities of incarnated divine being known as Krishna.

I would like to list these qualities below:

- Dudley has come to overcome the troubling environment around the bishop - i.e. .preserve it - as did Krishna as incarnation of Vishnu, the Preserver
- He constantly sees into the future and knows what is going to happen
- He knows when to act, and when to withhold action, as he perceives the true flow of life
- He never insists on his way; only stating the truth of the situation
- He never interrupts, allowing others to have their full say
- He has physical vibhuties (miracle capacity)
- He continuously practices non-reaction; remaining still in the face of others' anxieties toward him or the conditions of life
- He continually takes the other person's point of view when it is raised, though he always knows the inner truth, the direction, and outcomes of life
- He shows tireless compassion and is self-giving
- He sees the positive behind all problems and negative positions

--He alters the course of events through his constant self-offering and opening to the Divine (consecration)

PS. I welcome your further comments on this version of the film.

Individual

True Individuality

The Bishop's Wife



## INTERSTELLAR – A REVISIT

**A change in consciousness and reversal of attitude(s) help to bring the relevant parties into alignment regardless of their location or time zone. The spiritual attributes that are behind that change, which enable that change and also help to sustain the change, thus evoke miraculous responses from Life.**

The key aspect of the Interstellar movie is not just the creative visualisation of travel through a wormhole and the subsequent spacetime singularity experienced by the characters in the movie, but the subtle factor behind it. It's a story that explains the power of the spiritual determinant - Love. When such love is mutually expressed from the depths (between Cooper and Murph, his daughter) it transcends space and time and evokes a miraculous response from Life. The mutual feeling of love and affection on the surface may not evoke such a response. Its power is amplified when it comes from the depths, and one way to reach the depths is through a shift in attitude(s) or by acting from higher consciousness.

At the beginning of the movie, young Murph was angry towards her father as he had left her suddenly for the space mission. For a long time, she developed a powerful resentment towards him and was prevented from receiving the data she so desperately needed. Years later, she came to know that there was no plan A to export people to the new planet, as gravity equations could not be solved without getting quantum data from a blackhole. It made her furious again and also made her suspect that her father had left them willingly. Despite that, she was still determined to solve that equation by herself. But day by day, the crops were dying and dust storms continued to threaten. The hopeless situation was building up and it was subconsciously leading her towards her depths.

The mission of Cooper and Dr. Brand's team was to reach three potential planets by traveling through a wormhole created near Saturn, based on promising data received from three out of twelve astronauts who had flown earlier on the Lazarus mission, hoping to find a conducive place for humans to survive.

The first planet they visited became a failure, as that place was full of water, and it cost them about twenty-three years of earth time due to skewing of space time travelling through a wormhole. After that, they faced a critical decision on which of the two planets to visit, as there was not enough fuel to travel to both. Based on more promising data, Dr. Brand wanted to visit Edmund's planet. It also excited her to have a slim chance to meet his lover. However, Cooper overrode her decision based on rational judgement of proximity and decided to visit Dr. Mann's planet.

At the same time, he received the message from her daughter Murph that, indeed, there was no plan A due to a lack of quantum data from the black hole. Knowing that, he desperately wanted to go home, at least to unite with his family after settling the team on Dr. Mann's planet. Unfortunately, that planet was full of frozen ice and enriched with ammonia. Through various sequences of events, that visit also ended in failure. Also, the spaceship Endurance was partly damaged and not ready to travel back to Earth. He also came into a desperate, hopeless situation.

The hopeless situation appears to be real on the surface. But the key is that, at such crucial, intense moments, taking the right attitude and actions out of higher consciousness converts the problem into an opportunity.

Perhaps Cooper decided to compensate for his mistake of not agreeing to Dr. Brand's earlier decision. Despite insufficient fuel, he suggested an alternative way to travel through the black hole to reach Edmund's planet. In that process, without telling her in advance, he sacrificed himself by ejecting from the spaceship together with robot TARS, in order to reduce the overall weight of the spaceship, so that Dr. Brand could reach safely to Edmund's planet.

Fortunately, he survived the blackhole ride and ended up in a tesseract where he could witness all the past moments of Earth's time with his daughter Murph in her room. He finally realized that his travel had a purpose, and it was his mission to transmit the quantum data to Murph, so that she could solve the gravity equations. With the help of the TARS robot, he converted quantum data into morse code and transmitted it through the watch he had given her. Though TARS was skeptical, he firmly believed that his love for his daughter would make her return to that home one day, and she would be able to receive the messages and solve the gravity equations.

Back on earth, in that hopeless situation, Murph had a sudden feeling that perhaps the key lay in her childhood bedroom. When she visited there and recollected all her past experiences, she realized that it was his father who was trying to communicate with her, whom she initially called "ghost". She was emotionally moved by realizing what was happening and the purpose of her father's trying to communicate with her. She then transcribed the morse code messages from his watch and solved gravity equations

which eventually helped to fulfil plan A and enabled humanity to travel through space in bulk numbers.

(Senthil R. Murugan)

Life Response

Quantum Entanglement

Space and Time

Interstellar

# Personal Growth, Transformation

## MR. DARCY'S 180 DEGREE CHANGE

Those who are dedicated to *personal growth* develop an aspiration to bring about significant change in their lives. That is one level of progress. There is an even greater one. Those who commit themselves to *personal evolution and transformation* have accepted the possibility of reversing their nature 180 degrees from its current status. It is such a stupendous undertaking -- it may even seem impossible to the uninitiated -- that it can only occur by connecting with and making use of the spiritual powers of life. In fact, developing a spirit-based super-Nature is that individual's ultimate purpose and goal in life.

As a result of this staggering commitment, that person may change a dozen plus major character flaws; uplift and perfect all aspect of his physical, vital, psychological, and mental being; overcome a number of fixed habits that drag on him; shed wanting attitudes that demean him, and give up false opinions that limit him -- infusing all parts of his being, and every activity he engages with the Spirit. In the end, that individual comes to surrender his very life and purpose to the Divine Will and Intent. It is a stupendous effort for which he will be rewarded with ultimate pleasure, bliss, and delight (i.e. "Ananda" in the East); an astonishing power over every aspect of life; and the peace and serenity of Eternity.

Against this experiment in transformative living is the life of the normal modern-day individual. If we examine his life, we will see that if he changes but one *single* fixed habit or one virulent attitude, it is considered a significant achievement. In one sense, it *is* quite significant. And yet, it still isn't 1/100<sup>th</sup>, or even 1/1000<sup>th</sup> of what the transformed individual will come to realize in the course of his life. Such are the low expectations we have for people to change.

And yet, on occasion there are individuals who make a *significant* inner change that *far* surpass the norm. For example, when we examine the literature and films of the world, we often see how the plot turns at the point where a person overcomes a critical limiting personal quality -- such as a wanting attitude, or a falsely held belief. As a result, life not only changes for the better for that person, but others are deeply affected as well. That transition and change in that individual's life invariably attract instances of sudden good fortune, bringing the story to a happy and satisfying resolution. It is a mini-episode, instance of human progress.

Perhaps one reason such works kindle our interest is that we subconsciously perceive the need to make related changes in our own lives. Unfortunately, we are not prone to take up that challenge, mainly because (1) we are not conscious of our defects, and (2) we are in the habit of enjoying who we are.

In Jane Austin's *Pride and Prejudice*, we see a dramatic exception to this rule in the person of Mr. Darcy. At first arrogant and filled with pride, by the end of the story he

overcomes his limitations of character in full. It is an astonishing and rare change for any individual! As a result, life responds with overwhelming good fortune, as he wins over the woman he loves -- Miss Eliza Bennet. We see how life's circumstances dovetail with his efforts. Through a conscious decision to change an egregious part of his nature, he attracts the right circumstances that afford him an opportunity to save Eliza's family from scandal. As a result, he is able to show her his true, noble character, which in the end wins her over, culminating in their happy marriage. Actually, it leads to much more, as their marriage forges a powerful new alliance between the aristocracy and the gentleman-farmer classes of rural England; where earlier they were in an indifferent, if not contentious relationship. In other words, Darcy's inner-psychological adjustment is so substantial that life not only responds and uplifts his own personal fortunes, but also those of the wider society around him.

Darcy's formidable change is a distant echo of the ultimate transformative changes made by those who take to *conscious* evolution -- i.e. yoga. In one sense, both reverse themselves 180 degrees. The difference is that those who take to personal transformation will attempt to change every part of their nature -- physical, vital, mental, and spiritual, whereas Darcy only seeks to overcome but one or two major character flaws. And yet, what Darcy has achieved is still formidable, especially for one who is essentially a non-seeker.

His overpowering internal change is also something that we can try to emulate in our own lives. If Darcy can make such a great internal adjustment and attract stupendous rewards from life, then we can at least try to overcome one or two limitations in our own character. *It is the minimum that life asks of us.* Anything less and we could say that we are merely taking up space.

As a result of making that relatively modest effort, life will respond out of all proportion, and we will attract our hearts desire -- whether through the sudden blossoming of our career, or through a kindled romance (as was in the case with Darcy), or through some other area of our life that Nature deems worth uplifting.

The question then is whether we are sincerely interested in such change, and if so, what part of being needs changing. If we take up that effort to change, life will certainly respond. Darcy took to overcoming wanting aspects of his character and attracted the woman of his dreams, and influenced the course of that society's development. The modern, integral yogi seeks to change every part of his nature so he can attain a super-nature -- becoming a harbinger of a new, spirit-oriented way of living. What wanting qualities do we seek to change in ourselves, and what level of effort will we undertake to make that happen?

[Higher Consciousness](#)

[Turnaround](#)

[Pride and Prejudice](#)



## **TO BE TITLED**

To achieve something you've never achieved before, you must become someone you've never been before. (Brian Tracy)

Comment: Examples:

-In order to find Love, something he never expected, and seemed beyond him, Mr. Darcy in *Pride and Prejudice* changes his nature, becomes an entirely new person, and thereby attracts the woman (Eliza) of his dreams.

-In order to break out to a vast new level of success, Apple changed its way enabling connection of its iPod music players to run on PCs, not just Macs, propelling the company to the stars. (Roy Posner)

[Higher Consciousness](#)

[Pride and Prejudice](#)



## **PLANES OF EGO AND DETACHING FROM THEM**

The ego consists of physical, vital, mental and spiritual parts and each part consists of many strands, opinions, beliefs, attitudes, sentiments, urges, desires, habits, etc. Each time we detach from or reject one of these strands we are moving away from that element of ego. Each time we consecrate one of those strands, we are surrendering it to Mother. (MSS)

An example: Take Mr. Darcy's pride and arrogance in *Pride and Prejudice*. Mentally he perceives the dignity and refinement of the upper class, and the gross qualities of those under. But then it becomes a fixed, hardened attitude that lodges in his vital being, even his physical. The way out is for him to mentally acknowledge the deficiency, pushed forward by his higher vital love for Eliza. He then makes the decision to change, which is a mental act backed by his vital will, which is achieved as a personal growth, which can be considered spiritual in nature. (Roy Posner)

Ego

Pride Arrogance

Pride and Prejudice

## ANGULIMALA

Any person can completely change his nature at any moment, including this very second, and become the opposite of who he is. Even the most evil individual can quickly shift out of their demonic state and become an instrument of higher consciousness.

In the legend as shown in the recent 55-part series on the life of Buddha, Angulimala had become an evil murderer, chopping off the fingers of humans because of something that had taken place earlier in his life when he was a monk.

Now Buddha went to confront him in the forest. Angulimala was about to slay Buddha with a sword and cut off his fingers, when Buddha showed absolute fearlessness, and made Angulimala understand that he can change into a good person right now, on the spot, wiping away all of his past. Buddha reminded Angulimala that he had attained his evil status because of things that occurred in the past, and from that moment on could live a life of righteousness, goodness, and humility.

Then right before Buddha, Angulimala melted in his emotions, and suddenly changed, shifting from overwhelming hate to one of deep compassion and love for all. After all, love IS the flip side of hate.

Angulimala then took up residence as a monk in Buddha's spiritual community. In fact, Buddha said that because of his purity and intense compassion and goodness, Angulimala had become his favorite among all his followers.

Anyone can change from what he is to what he should become in an instant. It is simply a matter of becoming aware of the truth of one's being and life, and our choice that follows.

Reader: thank you Sir.

Similar incident can be seen in the film *Les Miserables*, where Jean Valjean's nature was wiped off completely by the priest who had shown him mercy despite he stole things from his place. He became a new man from that moment onwards.

Response: Great example.

Angulimala's story serves as an example that even the worst of people can undo the faults in their beings and return to the right path.

Redemption

Change in Consciousness

Angulimala

*Les Miserables*

## THE GROWTH OF JEAN VALJEAN IN LES MISERABLES

Les Miserables is the story of a pure (but positive) physical man evolving to vitality. He does it on a grand scale with total sincerity. He saves Marius for Cosette even though he would prefer to possess her for himself. He forces himself to overcome the selfish impulse no matter how painful it is. The narrative of his travel to Arras for the trial in the book is a masterpiece of literature. (MSS)

Personal Growth, Transformation

Les Miserables



## LIFE RESPONSE ANALYSIS OF FILM 'ENGLISH VINGLISH'

Today I watched an Indian movie “English Vinglish”

[http://en.wikipedia.org/wiki/English\\_Vinglish](http://en.wikipedia.org/wiki/English_Vinglish)

A nice movie in which the heroine transformed herself by acquiring a new skill of learning English. I think there are number of life response principles in the movie; I noticed some and wanted to share them with you.

Life Response Principles:

- At first, her family members did not understand her feelings. Yet, she did not react to them directly, but felt deeply about her incapacity. Probably the aspiration in the depths created an opportunity to go to America for helping the wedding of her sister’s daughter. It came as an opportunity that she had to go alone and stay for 3 weeks till her family joins for wedding.
- She faced an incident at the restaurant at New York, where her vital didn’t cooperate and she created a messy scene. However, contraries are compliments. At the same time life presented an opportunity by an advertisement on the bus about English learning.
- She sincerely made the effort, joined the class and started learning with full aspiration, interest etc.,
- Life responded her with the nice environment for learning and help from various characters in the movie to support her learning.

- She was continuously facing criticizing comments from her family over phone, yet she did not react to them openly or give up learning.
- Life posed her various problems like her family from India came to New York early, her son had small accident near empire state building etc., But at the same time due to her non-reacting attitude it responded by continue to pursue her interest with the help from her sister's daughter.
- At the final day of exam, life posed her another challenge by spilling all her sweet laddu incident which was meant an appreciation gift to all those who attend wedding. It also made her not to participate in the final exam. Though it was her son's fault, she showed the highest virtue of Non-Reaction again and took the full responsibility for that incident by herself and prepared all those sweet once again.
- Finally, for all her patience, non-reaction and aspiration to transform or uplift herself, Life created a suitable opportunity to show her real inner change to the outside world. She gave a very nice touching toast speech to the married couple which received huge appreciation from all and her teacher told that she had passed with distinction.
- Finally her husband and daughter regret for their mistakes. That was achieved by changing herself which evoked the response in others to realize their mistakes.
- It is something like when Eliza abused Darcy, he didn't try to justify himself or expose her faults. Instead he saw the truth in her saying and transformed himself which made her to came to him by herself.
- From Growthonline:

“Whether it be a new skill required of your work or a skill that creates a new perception or realization on your part, you will probably notice a surge of your mental or emotional energy. Just acquiring your skill can motivate you to take action, which can lead levels to new levels of achievement.”

(Senthil Murugan)

[Higher Consciousness](#)

[Personal Growth](#)

[Aspiration](#)

[Non-Reaction](#)

[English Vinglish](#)



**TO BE TITLED**

The vehement rejection from life on the surface is indeed not so. Rather it comes in contradictory form, as something in us is not receptive to it. When we manage to identify it and reverse it, It will embraces us in a magnificent and miraculous manner.

Or we can say the possibility expresses in a contradictory form according to our state of consciousness. However the possibility is real otherwise the opportunity would not have come from life. As Mother has said, that doesn't mean it couldn't be better, the wisdom lies in understanding the principle, contradictions are complements and other life response strategies. How fast that contradictions would be reversed or the possibility would be realized depend on our aspiration and sincerity to reverse ourselves.

Darcy's life guide us, as that took a year for him from being the last man on earth to be the first man. That time is not fixed, we could certainly abridge in our situation and life response strategies would help us to reveal and reflect.

Non-Reaction

Pride and Prejudice



### **TRANSFORMATION, INTELLIGENCE, AND SOPHISTICATION IN PRIDE AND PREJUDICE**

It is interesting that the three individuals who change the most to the positive in Pride and Prejudice - Darcy, Eliza, and Mr. Bennet, - also happen to be the most sophisticated and intelligent in the story.

(At the five levels of Personality they each had a developed Character (level 3), and were on the borders of true individuality, especially Eliza (Level 4). Development if Character and Individuality more readily allow for personal growth, progress, even transformation.

Individuality

Transformation

Pride and Prejudice

# Affecting the Collective



## CHARACTER OF LIFE IN FILM 'AVATAR'

Being Content with Nature and Threatened Compulsion for Progress

That which is content with the harmony of Nature lacks the psychic impulse for Divine perfection. Then it requires an external threat to awaken its urge for progress. (Garry Jacobs)

Comment: We see that in the film Avatar where the Navi are content being in harmony with Nature, but are forced to change through an external threat. In that way they progress, as they are forced to collaborate with their fellow races on their shared planet. There are similar circumstance throughout human history, particularly amongst the more primitive peoples, though it is not exclusive to them. (RP)

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Rapid Development of Collective Consciousness and Power through Supermind, the Mother

I found it interesting in the film Avatar that only when they made contact with other races on their planet, did they rise in power and collective consciousness, and throw out the aggressors. While the Navi had a great degree of Oneness on their own, they lacked something in consciousness that they could only solve by connecting to the surrounding peoples. It is a bit like Lord of the Rings and the collaboration of the fellowship, or the nations of Europe finally collaborating to fight the aggressors in WWII.

I suppose this relates to the need for a greater universality in the creative instinct. Supermind seems to have the individual, the universal, and the transcendent all linked together in knowledge and power of consciousness. Left to our own devices we are ruled by the exigencies of Nature (Prakriti), at both the individual and collective level, as there is a slow, painful climb to the integral truth and power. But that is readily released through the Creative Power of Supermind, which for us is facilitated by opening to the Mother.

[Collective Consciousness](#)



## **DARCY'S RISE IN PERSONAL CONSCIOUSNESS THAT AFFECTED THE COLLECTIVE**

The story of *Pride and Prejudice* is essentially the tale of how one individual, Darcy, evolves from pride and ego to higher consciousness that not only elevates himself, but through his courageous inner and outer actions does the same for several families, the community at large, even the society as a whole. His is thus a movement of Soul in the world. And he does it all in the name of Love for another. (Roy Posner)

[Affecting the Collective](#)

[Pride and Prejudice](#)

## **LIFE RESPONSE POWER OF ELIMINATING A DOMINATING NEGATIVE INFLUENCE**

Life has shown that the elimination of a single dominating negative influence can open the flood gates of enormous success --even for an otherwise mediocre organization.

A US baseball team had a certain level of success, but never won a championship title in the years since their beautiful, new ballpark opened. Its star player was a great batsman, perhaps the greatest home run hitter in the history of the sport.

However, he and others became mired in an epic drug scandal that tarnished the sport, the league, and the nation. After he left the organization, the team quickly fell to the bottom in the standings. But then within a year, and with a number of new castoff players it acquired, the team suddenly leaped over 25 other teams to the very top and won the World Series, garnering its first title in over 50 years!

How could this happen? When the underlying wanting influence was eliminated, the subtle energies shifted, opening the floodgates, enabling the team to leap to the title - even with a group of mediocre has-beens. Their level of play, enthusiasm, and camaraderie was unprecedented in their careers, as they rode a wave of unbridled positive energy to the pinnacles of success.

That is the Life Response power of expurgating a dominating wanting influence in an organization. The response is overwhelmingly positive.

That being the case, what is the single dictating negative influence in the organizations we are part of; or for that matter in our own lives and self?

*Further Comment:* We see this same essential dynamic in the critically acclaimed recent American film *Moneyball* based on true events from the early 2000s. As soon as the

general manager removed a disturbing influence player, the entire team turned around and went on the biggest winning streak in modern baseball history. The GM had garnered both the insight to see the disturbing figure and the strength to stand up to him. What he did not quite see is how he set in motion a startling set of positive events not only for his own team, but the entire sport at large. Together with high values against money taint and an innovative, technology driven method of determining talent, he changed the course of baseball history. This coming from an unknown executive for a franchise that was leaning heavily on hard times.

[Shedding Negative Influence in Collective](#)

[Moneyball](#)

## **INSIGHTS INTO THE INDIAN EPIC FILM 'LAGAAN'**

### *Intro*

Lagaan (Land Tax) is a 2001 Indian epic musical sports drama film. The film is set in the Victorian period of India's colonial British Raj and revolves around the peasants from a barren village who are oppressed by high taxes imposed by their rulers. They attempt to persuade the British officers to reduce the taxes because of poor agricultural production. Instead, a wager is offered: If their village team beats a British team in a game of cricket, their taxes for three years would be cancelled. After accepting this wager, the villagers face the arduous task of learning an alien game and playing for a result that will change their village's destiny.

### *Plot*

Lagaan takes place in the small village of Champaner, during the height of the British Empire in India in 1893. Captain Andrew Russell, the commanding officer of the Champaner cantonment, has imposed high taxes ("lagaan") on people from the local villages which they are unable to pay due to a prolonged drought. Led by Bhuvan, the villagers beg Raja Puran Singh to help them. He tells them that much to his regret, he is also bound by British law.

It is after their visit to the Raja that the people of the village first witness a cricket match. Bhuvan mocks the game and gets into a fight with one of the British officers. Taking an instant dislike to Bhuvan, Captain Russell offers to cancel the taxes of the whole province for three years if the villagers can beat his men in a game of cricket. If the villagers lose, however, they will have to pay three times the amount of their normal taxes. Bhuvan accepts this wager on the behalf of all villages without their consent. When the other villagers find out about the bet, they are furious with Bhuvan. He argues that it is important for everyone to fight against British rule.

Bhuvan thus begins to prepare the villagers for the match. He initially finds only five people willing to join the team. One by one he convinces others to join. He is aided in his efforts by Captain Russell's sister Elizabeth who feels that her brother has mistreated

the people in the villages. As she teaches them the rules of the game, she falls in love with Bhuvan, much to the anguish of Gauri who is also in love with him. After Bhuvan reassures Gauri of his feelings for her, the woodcutter Lakha becomes enraged as he is also in love with Gauri. In an attempt to discredit Bhuvan, Lakha offers himself as a spy for Russell and joins the villager's team in order to destroy it.

Eventually, as the villagers realise that winning equals freedom, and as a few of them are insulted by the British, they join the team. Still short one player, Bhuvan also invites an untouchable, Kachra, who can bowl leg spin. The villagers, conditioned by long term prejudice against untouchables, refuse to play if Kachra joins the team. Bhuvan chastises the villagers, leading them to accept Kachra.

The second half of the film focuses on the match itself. On the first day, Captain Russell wins the toss and elects to bat, giving the British officers a strong start. Bhuvan brings Kachra into the match only to find that Kachra has lost his ability to spin the ball. In addition, as part of his agreement with Russell, Lakha deliberately drops many catches. During the evening, however, Elizabeth sees Lakha meeting with her brother. She races to the village and informs Bhuvan of Lakha's deception. Rather than allow the villagers to kill him, Bhuvan offers Lakha the chance to redeem himself.

The next day as part of his promise to Bhuvan, Lakha takes a diving one-handed catch. However, the British score almost 300 runs, losing only three wickets by the lunch break. Kachra is brought back to bowl and takes a hat-trick which sparks the British batting collapse. The villagers soon start their innings. Bhuvan and Deva (a Sikh, who has played cricket earlier when he was a British sepoy) give their team a solid start. Deva misses out on his half-century when a straight-drive from Bhuvan ricochets off the bowler's hand onto the stumps at the non-striker's end, while Deva was backing up too far. When Lakha comes on to bat, he is hit by a bouncer on his head, and he falls on to his stumps. Other batsmen get out trying to score a boundary off each delivery. Ismail (Raj Zutshi), a good batsman, retires hurt as he is hit on his leg. The villager's team ends the day with 4 batsmen out of action with barely a third of the required runs on board.

On the third and final day, Bhuvan passes his century, while most of the later wickets fall. Ismail returns to bat with the help of a runner and passes his half-century, reducing the required runs to a gettable total. The game comes down to the last over with Kachra on strike. With one ball remaining and the team down 5 runs, Kachra knocks the ball a short distance, managing only a single. However, the umpire signals no ball and Bhuvan returns to bat, and swings extremely hard at the next ball. Captain Russell backpedals and catches the ball, leading him to believe the British team has won. However, Russell caught the ball beyond the boundary which gives 6 runs, and the win, to Bhuvan's team. At that moment, the drought ends as a rainstorm erupts.

Bhuvan's defeat of the British team leads to the disbanding of the humiliated cantonment. In addition, Russell is forced to pay the taxes for the whole province and is transferred to Central Africa. After realising that Bhuvan loves Gauri, Elizabeth returns to London. Heartbroken, she remains unmarried for the rest of her life. Bhuvan marries Gauri.

*(Thanks to Wikipedia for this summation)*

### *Lessons Observed*

*-When you take to Truth -- i.e. the right thing to do in a situation, -- you attract the very best of conditions. That Truth prevails over all obstacles. (Bhuvan was completely dedicated to the truth that the Britishers were acting in falsehood and it was absolutely wrong to follow that mandate, and therefore he should do anything in his power to overcome it. Following that Truth in his consciousness he and his fellow players prevailed.)*

*-The power of Unity overcomes any obstacle. (The story was about Bhuvan winning over others to his side. When they embraced his beliefs, which were the true Truth of things, a powerful unity was enabled that generated massive amount of positive energy and a tremendous Will that that prevailed despite extraordinary obstacles.)*

*-In a conflict or contest between two sides, a new, higher level of Unity on one side tends to attract disunity or other forms of discord from the other. (As one or more points where the Indian group adopted a new player, by overcoming prejudice or seeing into new possibilities, it created a higher unity, which was matched by a breakdown of unity on the British side, especially when the British higher up leaders questioned the foolish actions of Captain Russell.)*

*-Truth and Unity together form an irresistible power. (Bhuvan gave them the Truth which they were convinced of, and they then developed a unity of purpose that together became an irresistible power that prevailed.)*

*-When you widen the scope of benefit to embrace a wider collective beyond your own, you tend to attract support from some party of that broader domain from out of nowhere, enabling the expanded aspiration to manifest. (Bhuvan wanted the non-paying of double tax not just to his village, but to the entire area. A while later they attracted the best cricketer on their team who was a Sikh who came from that wider area outside the village)*

*-Intensity of Will amongst a unified group motivated by high values overcomes the opposing force. (This is a comprehensive statement about the meaning and events of the film.)*

*-Only Her Force can overcome a hopeless situation. (Desperate at the end, they called to Lord Krishna, and all miraculously worked out; which in our terms as devotees of the Mother is Her supramental power that we can open to that create extraordinary outcomes, including when things seem hopeless,)*

*-(which leads to one final statement) What can surpass unity of purpose, intensity of will, highest of values, and faith in the spiritual Force (consecrated effort) in accomplishing a goal among a group of individuals?*

[Unity](#)

[Intensity of Will](#)

Highest Values

Spiritual Force

Lagaan

### **BEING CONTENT WITH NATURE AND THREATENED COMPULSION FOR PROGRESS**

That which is content with the harmony of Nature lacks the psychic impulse for Divine perfection. Then it requires an external threat to awaken its urge for progress. (Garry Jacobs)

Comment: We see that in the film Avatar where the Navi are content being in harmony with Nature, but are forced to change through an external threat. In that way they progress, as they are forced to collaborate with their fellow races on their shared planet. There are similar circumstance throughout human history, particularly amongst the more primitive peoples, though it is not exclusive to them.

External Force Forcing Progress

Avatar

### **RAPID DEVELOPMENT OF COLLECTIVE CONSCIOUSNESS AND POWER THROUGH SUPERMIND, THE MOTHER**

I found it interesting in the film Avatar that only when they made contact with other races on their planet, did they rise in power and collective consciousness, and throw out the aggressors. While the Navi had a great degree of Oneness on their own, they lacked something in consciousness that they could only solve by connecting to the surrounding peoples. It is a bit like Lord of the Rings and the collaboration of the fellowship, or the nations of Europe finally collaborating to fight the aggressors in WWII.

I suppose this relates to the need for a greater universality in the creative instinct. Supermind seems to have the individual, the universal, and the transcendent all linked together in knowledge and power of consciousness. Left to our own devices we are ruled by the exigencies of Nature (Prakriti), at both the individual and collective level, as there is a slow, painful climb to the integral truth and power. But that is readily released through the Creative Power of Supermind, which for us is facilitated by opening to the Mother.

Collective Action

Avatar



## CHARACTER OF LIFE IN FILM 'AVATAR'

Being Content with Nature and Threatened Compulsion for Progress

That which is content with the harmony of Nature lacks the psychic impulse for Divine perfection. Then it requires an external threat to awaken its urge for progress. (Garry Jacobs)

Comment: We see that in the film Avatar where the Navi are content being in harmony with Nature, but are forced to change through an external threat. In that way they progress, as they are forced to collaborate with their fellow races on their shared planet. There are similar circumstance throughout human history, particularly amongst the more primitive peoples, though it is not exclusive to them. (RP)

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Rapid Development of Collective Consciousness and Power through Supermind, the Mother

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[Collective Consciousness](#)

[Avatar](#)



## **DARCY'S CONSCIOUSNESS RESPONSIBILITY**

“Consciousness Responsibility” is to take responsibility for things you are not directly responsible for, attracting great fortune to your doorstep.

Example: When the elopement happened involving the youngest Bennet sister Lydia and the scoundrel Wickham in *Pride and Prejudice*, potential scandalizing everyone, Darcy took responsibility for the entire matter though he had no direct hand in the matter. As a result, he not only made the effort and resolved the entire issue, saving the entire Bennet family, but attracted the woman of his dreams to marriage, Eliza Bennet.

By going beyond normal responsibility - i.e. dealing with what you are normally responsible for - to Consciousness Responsibility, which is be responsible for a wider field that others are actually accountable for, - he changed the course of his and several other peoples' lives.

Highest Values

Affecting the Collective

Responsibility

Pride and Prejudice



## **INDIVIDUAL GROWTH & GROWTH OF THE SPIRIT IN PRIDE AND PREJUDICE**

We don't understand that there are Deeper Forces at work, that are playing out through smaller events.

Eg Darcy in *Pride and Prejudice* evolves in his own life in the story that helps enable the two classes to get along, and thereby enables Britain to evolve without the upheaval of Revolution as had recently taken place in France.

This is one example of understanding the Character of Life. The societal intention to avoid conflict and create harmony in Britain subtly drives events in the story. (Roy Posner)

In the process of evolution, it is not only individuals that are evolving. The Spirit itself is evolving. It has its own mission and purpose. Yet, the Spirit cannot evolve by itself without the involvement of individuals. And individuals, do not necessarily need to be aware of the Spirit's mission and purpose. To the measure that they give up their limited nature and rise to higher consciousness, they themselves become an instrument of the Spirit.

In the story, the Spirit's mission was to unify the higher and middle classes of society, in a harmonious way. Darcy was not aware of that, at least consciously. His mission after Elizabeth's blow was to rise in consciousness and become a true gentleman. In that process, he became the instrument of the Spirit's evolution. (Senthil Murugan)

Highest Values

Affecting the Collective

Responsibility

Pride and Prejudice

# Generosity, Goodness, Goodwill



## **CHANGE OF BEHAVIOR IN ONE AREA ATTRACTS STARTLING REVELATION IN ANOTHER**

One of the profound dynamics of the Life Response phenomenon is that if you change your behavior in one area of your life, it can attract startling results that resolves a great issue or problem in another. This is magnificently portrayed in the recent Indian film 'Lion,' a true story about an orphaned Indian boy and his quest to reunite with his birth family. Here's the story

In 1986, Saroo, a five-year-old boy lives with his elder brother Guddu, his mother and his younger sister in Khandwa, India. Guddu and Saroo sometimes steal coal from freight trains to trade for milk and food so the family can survive.

One day Saroo follows his brother to a job and they arrive at a nearby train station, where Saroo decides to stay back and take a nap. Guddu tries to wake him up, but Saroo is too tired. When Guddu does not return, Saroo searches for him and boards a train presuming Guddu is aboard. He falls asleep again in one of the compartments, and wakes up to find the train in which he was sleeping in motion.

After several days, the train arrives in faraway Calcutta, 1200 kilometers to the east, where he does not understand the local Bengali language. (he speaks Hindi) Saroo then stands at a ticket counter and tries to obtain a ticket home, but the attendant does not recognize the name of his village, which Saroo says is "Ginestlay." He spends the night in the station with some street-children, but is then woken up and forced to run when a group of men try to kidnap them.

Saroo continues to wander around the city before coming across Noor, a seemingly friendly woman who brings him back to her apartment. She tells Saroo that a man, Rama, will help him find his way home. However, Saroo, sensing that Noor and Rama may have sinister intentions, runs away.

After two months of living near the Howrah Bridge in Calcutta, Saroo is taken to the police by a young man. Unable to trace his family, they put him in an orphanage. Three months later, Saroo is introduced to Mrs. Sood, who tells him she has placed an advertisement about him in several local newspapers, but no one has responded. She then tells him that an Australian couple is interested in adopting him. Mrs. Sood then

begins to teach Saroo English. Saroo then moves to Hobart, Tasmania (an island state of Australia) under the care of Sue and John Brierley, where he slowly settles in. A year later, they adopt another boy, Mantosh, who has trouble adjusting to his new home and suffers from rage and self-harm.

Twenty years later, Saroo, now a young man, moves to Melbourne to study hotel management. He starts a romantic relationship with Lucy, an American student. During a meal with some Indian friends at their home, he comes across jalebi, a delicacy he remembers from his childhood. He confides that he is adopted, and his friends suggest he use Google Earth to search for his hometown in India. Saroo then begins his search to discover his Indian origins and family. However, in that process, he disconnects from Lucy, as he is overwhelmed by the thought of the emotions his family in India must have gone through while he was missing.

Now comes the part of the story that shows the power of Life Response; i.e. the capacity to evoke good fortune from out of nowhere.

Even though Saroo and Lisa have separated, she urges him to bond with his foster mother Sue, whom he has been estranged with due to his repulsion to her dedication toward her autistic adopted other son. Saroo then visits Sue, whose health is deteriorating, and learns that she is not infertile, but had chosen to help others in need through adoption, believing that there were already too many people on earth. As a result of this meeting, he drops his resentment toward her and the two bond as never before.

We know such shifts in consciousness from resentment and anguish to goodwill and harmony portend a great opening and response from life. And that is exactly what soon happens.

After a long period of fruitlessly searching for his hometown, now, after this meeting with Sue, Saroo decides to use Google Earth to locate his roots. He then suddenly and most intuitively zooms into an area that seems familiar. He then notices a region of rock formations where his biological mother worked; and then further zooms in and discovers the tiny village where he lived: in the “Ganesh Talai” neighborhood of the Khandwa district. This is his hometown area that he was calling “Ginestlay” since he went on his train misadventure as a child.

Discovering the exact location, Saroo journeys back to his hometown in India, where he has an emotional reunion with his biological mother and sister, though he also learns that Guddu was killed by a train the same night that they went to the station as children. It turns out that Saroo's mother never gave up hope and believed that one day her missing son would return, and therefore never moved away from the village.

The instance of sudden good fortune (“Life Response”) took shape in the form of the quick discovery of his family’s whereabouts by intuitively discovering his roots 1200 kilometers east of Calcutta. And yet what enabled that response from life to occur was his earlier shift from antagonism towards his foster mother to re-bonding with her, and feeling deep affection for the woman who raised him for the last 20+ years. That shift in

consciousness created an opening in Saroo's being that would soon enable him to intuitively discover the whereabouts of his family's home.

Life had responded overwhelming to his shift in consciousness to the positive. Then all that followed unfolded like a miracle.

[thanks to Wikipedia]

(Roy Posner)

[Ill will to Goodwill](#)

[Lion](#)



## **THE QUEEN'S HUSBAND**

We have seen that deep resentment overcome attracts the truly miraculous.

In one historical account, the husband of a world renowned queen (Victoria of Great Britain) resented the man whom he thought was his uncle, but turned out to be his real father.

One day after discovering this shocking news, the child of the queen and husband became extremely ill, and near the end. However, the father of the queen's husband reminded him to tend to the child, instead of continuously expressing his resentment toward him.

The queen's husband then practiced self-control and gave up his bitterness. After attending to the child along with others gathered around her, the little girl miraculously came out of her deep fever and lived.

As we see, giving up resentment has the power to overcome the inevitability of the end of a child's life, not to mention any other catastrophic situation. (Roy Posner)

[Ill will to Goodwill](#)

[Resentment](#)

[Victoria](#)



## **GOODNESS OF DOCTOR THORNE**

In Doctor Thorne by Trollope, we see how the goodness of one man (the doctor) attracts an array of positive developments for others, as well as for himself.

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### **Summary of Story**

Trollope turns his attention in this novel to the landed wealth of Bassetshire. The gentry, represented by the Greshams, are in decline. They are in decline because of the political imprudence of the squire. Having lost his Tory constituency and his money, Squire Gresham attempts to save the estate for his son.

This is when Doctor Thorne enters the picture.

When their father dies, Doctor Thomas Thorne and his younger, ne'er-do-well brother Henry are left to fend for themselves. Doctor Thorne begins to establish a medical practice in Bassetshire with his niece Mary Scatcherd.

Thorne befriends the local squire, and Mary is educated with the squire's family. However, Thorne's brother Henry seduces Mary, the sister of stonemason Roger Scatcherd.

When Scatcherd finds out that Mary has become pregnant, he seeks out Henry and, in the ensuing fight, kills him.

While her brother is in prison, Mary gives birth to a girl.

A former suitor offers to marry Mary (Sr.) and emigrate to start a new life, but refuses to take the baby. Doctor Thorne persuades Mary to accept the generous offer, promising to raise his little niece. He names her Mary Thorne, but not wishing to have her illegitimacy made public nor have her associate with the uncouth Roger Scatcherd, he keeps her birth secret from all except one person. He tells Scatcherd that the baby had died.

After his release from prison, Roger Scatcherd rises quickly in the world. In time, his skills make him extremely rich. When he completes a seemingly-impossible important project on time, he is created a baronet for his efforts. Throughout his career, he entrusts his financial affairs to Doctor Thorne.

When Thorne becomes the family doctor to the Greshams, he seeks to help his friend the squire by advising various economies and suggesting judicious loans. He persuades Roger Scatcherd to loan ever-growing sums to the squire, who is the head of the Greshams family.

Rigorous in his ethics, proud of his social station, and in no way awed by the upper classes, Doctor Thorne supports the squire in his attempt to restore the estate to its former vigor.

Eventually, much of the Gresham estate is put up as collateral.

Meanwhile, Mary (Jr.) grows up with the Gresham children and becomes a great favorite with the whole family. As a result, Thorne feels obliged to tell his friend the squire her secret.

Mary falls in love with Frank Gresham, the son and heir to the squire of Greshamsbury and nephew of the Earl and Countess De Courcy, and he with her.

However, Frank's parents desperately need him to marry wealth, in order to rescue them from the financial distress resulting from the squire's repeated expensive and fruitless political aspirations.

Frank's snobbish mother and aunt wish him to marry an eccentric, if kind-hearted older heiress, Martha Dunstable. He reluctantly visits her at Courcy Castle and they become friends. He foolishly and playfully proposes. She demurs, knowing that he does not love her, and he tells her about his love for Mary.

Sir Roger Scatchert becomes a drunkard following his time in prison, and Doctor Thorne tries in vain to get him to curtail his drinking.

In Roger's will, he stipulates that bulk of his estate go to his odious, dissolute only son Louis, but leaves Doctor Thorne in control of the inheritance until the heir reaches the age of twenty-five.

Should Louis die before then, Roger Scatcherd stipulates that the estate go to his sister Mary's eldest child. Thorne is now forced to divulge Mary's history, but Scatcherd leaves the will unchanged.

The patient eventually dies of his excesses, and Sir Louis inherits his vast wealth.

Conveniently, the son Louis proves to be just as much an alcoholic as the father and his weaker constitution causes him to quickly suffer the same fate.

After consulting with many lawyers, Doctor Thorne confirms that his Mary is the heiress, much richer even than Miss Dunstable.

Unaware of these proceedings, the more-resolute Frank finally convinces his doting father to consent to his marriage to Mary.

When all is revealed, everyone is elated, even Frank's mother and Countess De Courcy.

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Doctor Thorne's Goodness

We know that Doctor Thorne's selflessness attracts conditions that help restore the 800 year old family tradition and wealth that had been lost during his times.

-One way his selflessness is expressed is by taking in Mary (senior) illegitimate baby, avoiding scandal, and that child Mary (junior) rises to the heights of wealth and good marriage..

-Another way he is selfless is by doing all he can to help his friend Squire Gresham to restore the Gresham family name and wealth; particularly by influencing Roger to loan the squire ongoing funds. It enables Squire Gresham to recoup.

It also has the effect of enabling Frank and Mary to wed.

He also encouraged Frank to marry for love, a higher value, instead of being mercenary and marrying for money.

Actually Doctor Thorne's goodness, generosity, and self-givingness – i.e. his moral strength -- saves Greshamsbury Park itself.

“It can be said that Trollope reveals his political sympathies with the English upper middle class and his antagonism to the aristocracy and their morality.”

(Roy Posner, plus Various Sources)

[Goodness](#)

[Doctor Thorne](#)

## **SUBTLE GESTURE THAT OVERCOMES DISHARMONY IN STILL WALKING**

Family problems can be deep and troubling. Sometimes they are intractable for years, or even a lifetime. Each individual can find himself stuck in a rut that perpetuates family misery and disharmony. And yet a single insight or gesture on the part of one individual can not only change the immediate conditions for that family member's immediate circle, but can set in motion a wave of goodwill that envelops everyone, reversing circumstance and feelings from the conflicting and contradictory to its opposite.

We see a magnificent example of this dynamic in the recent Japanese film *Still Walking*. The family members come together to commemorate the death of the eldest son, Junpei, who drowned accidentally 12 years ago. The relatives arrive at the home of the elder father Kyohei, a retired doctor who lives with his wife on a hillside overlooking the spectacular seaside of coastal Japan.

Unfortunately, there is deep psychological misery in the family, not only because of the earlier death of the eldest son, but because of Kyohei's deep resentment toward his younger living child Ryoto who has failed to follow in his footsteps as a doctor. Worse than that, Kyohei has deep resentment toward Ryoto because he feels he has little of the capacity for success that his deceased older son had. In turn, that causes Ryoto to have a deep inferiority complex, which together creates great tension between the two at the family gathering at the parents' seaside home.

Meanwhile, the elder father Kyohei's wife also has questionable feeling about Ryoto's marriage, since he married a divorcee, indicating her prejudice in this regard. In fact, her

feelings make Ryoto feel that much more anxious and self-doubting. In addition, the wife also has a difficult relationship with her constantly despondent and bitter husband, Kyohei, mostly over the death of their son. Only the elder couples' daughter, as well as Ryoto's unassuming and pleasant wife Yukari show genuine cheerfulness and goodwill amidst the gloomy family situation.

Now comes the key moment in the story. It is a subtle one, easily missed.

In one scene, Ryoto's wife Yukari and her little son are together in the bedroom talking. She sees that the little boy is indifferent to his step-father Ryoto, and longs for his real father through Yukari's earlier marriage. However, understanding his feelings, Yukari gently tells him that she and her first husband are the two parts that make him the whole that he is, comforting the young child greatly. She then tells him that he should also open himself up to his step-father, Ryoto. Yukari presents this in an endearing and humorous way that charms the little boy, causing him to want to reconcile with Ryoto. Yukari's tactic has proven eminently successful.

Well, at that that very tender moment, Ryoto serendipitously walks into the room, and sees the affection on the face of his little step-son for perhaps the first time, giving Ryoto a deep sense of well-being. Soon after Ryoto tears up an old letter that he wrote as a child in which he narrated how he wanted to be a doctor, which is a symbol of his current failures in his career, and all that is wrong with his relationship with his father. In essence, he has now changed his attitude for the better, a direct outgrowth of his son's new born affection toward him.

The ripple affect continues when soon after Ryoto and his father meet on the beach, where the elder, retired doctor out of thin air suddenly changes his attitude toward his only son. It is a subtle response from life to Ryoto's attitudinal shift. This then has the effect of energizing Ryoto's life further, which enables him to shed his past failures and achieve mightily in the years that follow.

In the final analysis, a strong, deep bond amongst all of the family members takes root, a startling reversal from what was there before.

As we see, one simple gesture of understanding and kindness can start the ball rolling and attract a series of circumstance in which years of resentment and bitterness are overcome for an entire family. Yukari's gentle gestures instigated and attracted a procession of outcomes that reversed a near lifetime of family travail.

What can we do if we find ourselves in similar circumstance? For one, through an increasing higher consciousness, we can use our subtle sense to identify that single behavior or attitudes or value that will moves our immediate relationship situation one step to the positive, as Yukari did when she spoke so kindly and insightfully to her once embittered child. Sometimes the key will require an act of self-givingness on our part. Other times, it necessitates an attitude of psychological strength. There are other situations still where the key is simply not to react to another's intensity. These and other inner tactics will certainly prove effective, and have the added benefit of attracting powerful positive conditions, as it did in the case of the Yokahama family.

There are thus a variety of practical psychological methods of overcoming family strife and acrimony. There are also spiritual approaches we can take. For example, one particularly powerful method is to simply offer the entire matter to the spiritual Force, which will tend to on its own break the logjam and acrimony and conflict, while attract powerful positive outcomes. In tandem with the right psychological approach, life will completely reverse in ways one could never have imagined.

By the way, these psychological and spiritual methods to change contradiction into harmony is not only effective for family situations, but for any collective, whether it is a business, in politics, or any other group association. It also works for personal relationships between spouse, friends, and others.

In the final scene of this uplifting film, we observe the elder Kyohei's and his wife "still walking" on the steep hillsides overlooking the beautiful coastal region, now finally rid of decades of bitterness and strife.

Goodness Kindness

Harmony

Still Walking

## **ACTS OF GOODNESS INSTANTANEOUSLY ATTRACT**

There are several key factors that attract luck in our lives -- one of which are acts of goodness. When one engages in selfless and self-giving behavior, life tends to respond with overwhelming good fortune to our person. In each of three novels by author Jane Austen, an act of goodness changes the life of the heroine forever through the institution of marriage.

Near the end of *Pride and Prejudice*, Eliza Bennett shows her gratitude to Fitzwilliam Darcy for the effort he made in saving her family's reputation. He in turn most unexpectedly responds with a proposal of marriage, when she thought her family's behavior had disgusted him and he therefore no longer had any interest in her. They are thus happily married, and as a result her family come into a huge fortune.

In *Sense and Sensibility*, Elinor Dashwood showed an act of kindness very early on in the story by relieving a servant girl of unnecessary work that instantaneously attracts Edward Ferrars for the first time out of nowhere -- not two feet from her (!) -- who would later marry her.

In *Persuasion*, Anne Elliot shows deep empathy for Captain Harville's love for his beloved wife whom he must return to on occasion after long, one year commissions at sea, which instantly attracts a completely unexpected love letter from Captain Frederick Wentworth, which leads to their sudden engagement and marriage. Again, she thought he had no interest in her anymore.

In each case, a profound act of gratitude, kindness, and empathy -- three forms of goodness -- attract a powerful response that instantly turns the entire story -- leading to the joyous outcome of marriage for each of the heroines.

Life for us in the real world is precisely the same. When we look out at life through the eyes of others, sudden good fortune moves in our direction, as we now have shifted from the limited plane of ego to the universal plane, where our deepest aspirations are instantaneously fulfilled.

Gratitude, Kindness, Empathy

Pride and Prejudice

Persuasion

## **GENEROSITY OF SPIRIT IN JULIE AND JULIA**

The 2009 American comedy-drama *Julie and Julia* depicts events in the life of chef Julia Child in the early years of her culinary career in the 1950s through 60s. This is set in contrast to the life of Julie Powell in the 2000s, who aspires to cook all 524 recipes from Child's cookbook during a single year, a challenge she described on her popular blog.

At the high point in the story, Julia Child discovers that her book of French recipes will be published by a large publisher, setting the stage for her illustrious career. Her book would go on to be one of the bestsellers of all time in that genre, and she would become the most famous chef and culinary teacher in the world through her TV series.

After watching the highly entertaining and breezy film of these true life events, I wondered what propelled Julia to the heights; i.e. what brought about the great response from life when her book was accepted by a major publisher? I then thought back to an earlier scene in the film. It is the one where she is gathered around a table with her two co-authors to discuss the future of the book that was now rounding into shape and ready for a publisher and sponsor.

In the gathering, the three women sat around a table and discussed the manner in which they would be listed on the cover of the book. One of the women was bitter and complained that the third (not Julia) would be listed prominently with the others since she had contributed so little to the writing. Julia however was more than conciliatory and was willing to have the third woman listed equally with the other two despite her limited literary effort. In fact, when this third person during the discussion revealed that she had just gotten a divorce, Julia instantly shifted the discussion, as she was more concerned with this issue than the order of or how prominently their names would be displayed. When pressed on the matter by the bitter woman, Julia noted that she did not give a fig about the matter and would be perfectly happy if all three names were listed equally.

It has been my experience any act of goodness comes back to that person in one form or another. Some refer to this as the "Law of Karma;" others, like myself call it a Life response; i.e. an instance of sudden good fortune due to expression of higher consciousness by that individual. Because Julia was so generous and self-giving when it came to the prominence of the names on the book, life rewarded her with a contract

from one of the world's great book publishers, setting her on a road of fame and fortune that she never would have imagined. When we honestly and spontaneously give of ourselves to others, showing deep concern interest in their concerns, life returns the favor with goo, or in the case of Julia, great fortune.

The great spiritual personality known as The Mother said that generosity is to find one's own satisfaction in the satisfaction of others. It is to forget one's own self and share in the happiness and joy of other's experiences. Moreover, that spontaneous act of goodness and solicitude not only brings joy to both parties, but evokes powerful response from life; often changing the very course of one's life.

[Generosity Goodness](#)

[Julie and Julia](#)

### **SELF-GIVINGNESS ATTRACTS LOVE IN 'SCENT OF A WOMAN'**

Life Response (sudden good fortune) has many subtle rules, nuances, and peculiarities. One example of the latter is that if you shift your consciousness to the positive in one area of your life, you will often experience a response in a very different one. For example, when you finally get the courage to stand up to an abusive boss, life rewards you when a previously non-responding woman you have been wooing suddenly appears at your doorstep ready to begin a serious relationship. This ability to attract from one domain by reversing our consciousness in another is a fascinating aspect of life response. Here is another example from a film I watched recently.

In 'Scent of a Woman,' Charlie Simms is a student at a private preparatory school who comes from a poor family. To earn the money for his flight home for Christmas, Charlie takes a job looking after retired U.S. Army officer Lieutenant Colonel Frank Slade, a cantankerous middle-aged man who is now blind, alcoholic, eccentric, and difficult to get along with.

Charlie is distracted by a very big problem he is having at school. Three students have played a prank on the school's headmaster, Mr. Trask, by placing a balloon filled with plaster and bearing a profane image above his expensive car, which was presented to him by the school's board of trustees. Trask then pops the balloon, causing the contents to rain down on him and his car in front of the entire school. Only Charlie and another classmate, George knows the identity of the culprits, as they had seen them setting the booby trap the previous night. However, both of them refuse to reveal the culprits' names. After threatening both with expulsion, Trask tries to bribe Charlie by assuring him admission to Harvard if he names those who committed the prank. Charlie still tells him nothing, but is warned that he must or suffer the consequences for being a "cover-up artist."

When Charlie originally took the job, he was told that he would only have to stay with Colonel Slade at his niece's home and look after him. However, Slade had actually

planned a visit to New York, and therefore enlists Charlie's help on the trip. He takes a room at the Waldorf-Astoria. During dinner, Slade reveals the real purpose for the trip: to eat at an expensive restaurant, stay at a luxury hotel, see his big brother, make love to a beautiful woman, and then commit suicide.

Charlie learns how Slade lost his sight by foolishly juggling hand grenades while drunk. Slade's crude behavior at dinner further alienates his brother and other relatives. Later, the blind Colonel tangos with a girl whose perfume captivates him. He drives a Ferrari with a very nervous Charlie in the passenger seat. Slade tricks Charlie into leaving the hotel room to buy him a cigar, but a suspicious Charlie comes back to find Slade ready to commit suicide with his gun. After a few tense minutes, Charlie is able to stop Slade from killing himself.

By this point, Charlie has become very loyal to the Colonel. Charlie becomes the sole person to stand by Slade, and defend him against the Colonel's own family. Charlie's loyalty is not lost on Slade, as Slade offers him advice numerous times and even comes to see him as a true friend. In their intimate discussions, the Colonel reveals that more than anything in his life he would like a good woman.

Charlie eventually returns to school, where George, is about to reveal the names of the students involved in the incident. Trask conducts a courtroom-like assembly of the student body and the Disciplinary Committee. He questions George, who with the help of his influential father is able to weasel out of the jam by claiming to be only partially certain of the culprits' identity, suggesting that Charlie might have had a better view than he did. Charlie then refuses to give the students' names, and is about to be expelled when Colonel Slade surprisingly enters and delivers a compelling speech on his behalf, revealing that Charlie had been offered a bribe to inform on the other students. Slade then wins over the students and the committee. The students who played the prank on Trask are placed on disciplinary probation, George is given no recognition, and Charlie is exonerated.

Now here is the part of the story that I would like to direct your attention. As Charlie and Slade walk outside of the school, a beautiful middle-aged woman walks up and congratulates them on their effort. Slade though blind is dazzled by her beauty and intelligence. He indicates that he would like to see her, which she seems to desire as well. In fact, she seems to be everything he had (earlier) dreamed of. Slade then returns home. No longer bitter, he seems to have a new look on life, a new young friend in Charlie, and the real possibility of befriending the woman of his dreams.

In this story, a broken man changes his attitude through deep friendship with a student. He then offers his services when the young man is about to be condemned in front of the student body. That act of self-givingness instantly attracts the woman he so deeply yearns for now in his life. As we see, when we shift our consciousness to the positive in one area of our lives, we often attract positive conditions in another. If for example we have a deep aspiration to love someone and then act in another domain in a positive way -- through an act of self-givingness, or greater psychological strength, or higher attitudes, etc. -- life instantly fulfills that deep, original aspiration. When Slade attracted

the lovely, sensitive, and intelligent woman at the conclusion of the story, it was the final outcome in a process that began when he expressed his deep aspiration for such a person, and then self-gave of himself in another arena, helping a young friend avoid a catastrophe.

We too can utilize this approach, if we are first clear about what we want, look around and overcome a glaring limitation in our being in any area of our lives -- whether a poor attitude, ego and selfishness, poor organization, weak effort, lacking psychological strength, etc. Life will then reward our efforts by bringing the object of our desire, whatever that is, to our doorstep.

[Self-givingness](#)

[Scent of a Woman](#)

## **WITNESS FOR THE PROSECUTION**

There is a wonderful scene in the film *Witness for the Prosecution* that shows how selfless and self-givingness can evoke the miraculous.

Sir Wilfred Robarts, a master barrister and an elder man in ill health, takes Leonard Vole on as a client over the protestations of his nurse. Vole is accused of murdering Mrs. French, a rich, older woman who had become enamored of Vole, going so far as to make him the main beneficiary of her will. Thus, strong circumstantial evidence all pointed to Vole as the killer.

When Sir Wilfred speaks with Vole's German wife Christine, he finds her rather cold and self-possessed, but she does provide an alibi for Vole's innocence. Therefore, Sir Wilfred is greatly surprised when she is unexpectedly called as a witness for the prosecution. On the stand, she testifies that Vole admitted to her that he had killed Mrs. French, and that her conscience now forced her to finally come forth and tell the truth.

As a result, Vole is likely to be found guilty and sent to the gallows. And yet Sir Wilfred, loyal to the end, presses on despite the futility of the situation, and despite his rapidly deteriorating health. At one point, someone asks him if it is worth pursuing the case any further because it could jeopardize his life. He answers that the life of his client is more important than his own life, and he will do everything he can to pursue the truth.

Not a few seconds after he makes that remark, he receives a phone call. It is from a mysterious woman who says she can produce shocking new evidence that will lead to the reversal of the case, which is in fact what occurs.

From a consciousness point of view, the phone call and presence of this woman is something more. It is a direct and immediate response from life to Sir Wilfred for having placed the life of someone else above his own. It is an astonishing act of self-sacrifice for which he is instantaneously rewarded with information that suddenly reverses the evidence and wins him the case.

This is no clever ploy on the part of the writer to create dramatic effect, but is precisely how life works. When we take to selfless and self-giving behavior, life *immediately* starts working on our behalf. Negative situations dissipate, unthought of opportunities arise, and other forms of sudden good fortune come our way. It is in essence the phenomenon of "Life Response" in action. When we change our inner condition, life outside instantly responds in kind.

[Selflessness, Self-givingness](#)

[Witness for the Prosecution](#)

## **THE POWER OF GOODNESS IN ARDEN FOREST**

Goodness and goodwill are deeply admirable traits for they enrich the lives of others, while eliciting extraordinary positive response back to the initiator. If it occurs in a time and place where there is a positive atmosphere, the response from life can be overwhelming. With such munificent attitudes within such a positive environment, the harshest enemy can reverse himself and melt into the Light.

In fact, we see these very circumstance in Shakespeare's beloved comedy and meditation on love, "As You Like It." In the story, Frederick has usurped the duchy in France from his elder brother, Duke Senior, who is exiled to a place known as the "Forest of Arden."

It turns out that the exiled Duke Senior is a gentle, mild, and good man who responds to his plight and that of his followers with calm and philosophic stoicism, rather than hatred or despair. In exile, he accompanied by four other lords who follow Senior Duke to the forest out of loyalty. On numerous occasions, he demonstrates his goodness, generosity, and goodwill to those around him, including new arrivals who arrive in the forest.

Rather than the difficult and harsh life with tension and conflict one might expect from the followers, so many things go right for the exiled party. Because of Senior Duke's munificent character, and the subtle, lilting, joyful atmosphere that issues from it, life conspires to bring about a series of fortunate events. For example, the Duke's daughter Rosalyn -- a famed and cherished Shakespearean character -- quickly finds romance and then marries. Even the daughter of the evil Fredrick leaves his kingdom and finds love in Arden Forest -- to a man who has abandoned Fredrick's heinous conspiracy against Duke Senior! In fact, we witness a breakout of infatuation and mutual attraction among the lovers in that place, culminating in the marriage of four couples!

In addition, Fredrick's plot to destroy the party holed up in the forest is thwarted, as the positive, energized atmosphere gives strength to the forces that oppose it. Finally, Fredrick himself has a powerful spiritual conversion, which relieves him of his malice, while handing his kingdom back to the magnanimous and good Duke Senior. In summary, the overriding positive atmosphere of self-givingness, gentleness, and camaraderie serve to attract a plethora of positive results for the party, including four marriages to eight main characters, the astonishing conversion of Senior Duke's enemy

brother, and his return as leader in his beloved homeland. It demonstrates the enormous positive energy and power that goodness has over life.

One other point about Fredrick's conversion should be mentioned. In this situation, his negative was not so much neutralized and negated by others, but reversed *within himself*. I.e. with no initiative and action on the part of Duke Senior's side, Fredrick underwent a startling conversion and saw the Light. Such instances of evil turning good on its own are very rare in life. In fact, it occurs nowhere else in Shakespeare. In his stories, negative individuals are sometimes victorious; other times are subdued or consumed. But never do they convert from the negative to the positive on their own -- i.e. seeing the light of Truth beyond their ignorance, falsehood, and evil. And yet in 'As You Like It,' that is precisely what happens.

In the final analysis, we too are capable of demonstrating our goodness and goodwill towards others. And we too can generate a positive atmosphere through that effort. As a result, not only will our warmth and affection energize others, but through that self-giving effort, we will quickly attract powerful positive conditions. If that is the case, then why not try this approach today? Focus yourself on the needs and concerns of others the next several times you interact. Then observe as your relationships improve, as emotional sweetness takes hold, and as positive conditions suddenly arise out of nowhere -- as they did for Senior Duke and his followers in Arden Forest.

Goodness, Goodwill

As You Like It

## **ESTHER SUMMERSON'S GOODNESS IN BLEAK HOUSE**

Goodness is a spiritual trait -- like Love, Beauty, Oneness, Wisdom, and Peace. It is expressed too little in life, though nearly all acknowledge and admire its appearance in others. When it rises in the popular mind, it is exalted; though for the most part it remains hidden below the surface of popular awareness, taking a back seat to the travails and celebrity status of various personalities. We are too preoccupied with material (or shall we say surface) matters to make it central in our popular discourse.

Charles Dickens was one of the greatest writers in the history of Western literature. He was a novelist who excelled at storytelling, especially when it came to describing the interactions of the classes of 19<sup>th</sup> century England. Often he shows how reactionary forces oppress the weak and the innocent, in the name of power and class maintenance.

One of Dickens greatest characters appears in his most complex underestimated novel *Bleak House* is the person of Esther Summerson. She is the personification of Goodness - - perhaps the greatest example known in the modern idiom. I say greatest because her Goodness was integrated with other great spiritual qualities -- even though she was not particularly of a spiritual bent. In other words, hers was *integral* Goodness.

An orphan, she is brought into a situation where she is employed as a companion to a young woman who is vying to win an inheritance in a very complex legal case. Raised by

her aunt, Esther's parentage is a mysterious secret, which is finally revealed in the course of the story. Let us examine some of the traits that indicate Esther's Goodness and related spiritual qualities:

- She never has a bad word to say about another individual. Even to the meanest and cruelest, she withholds any harsh remarks, unless she is absolutely pressed to.
- She helps those in needs at every occasion.
- She focuses on the other person whenever in their presence -- withholding her own concerns; always deferring to theirs.
- She is quiet and speaks in a soft voice.
- She does not espouse philosophy or points of view, even though she has conviction.
- She rises to great strength when life prods her to do so.
- When she is seriously ill, all she thinks about is others. As they fret over her illness, she is more concerned with their anguish than her misery.
- She is extremely calm in the face of negative circumstance.
- She frequently knows the truer truth of things; and therefore tends to express right thoughts, makes right decisions, and take to right actions.
- She asks for nothing and gives everything.
- She attracts love from all sides.
- She accomplishes greatly through marriage to a doctor she loves, and is given a great house of her own, even though she originally arrived with nothing.

In essence, Esther's Goodness is married to Calm, Equality of Being, Equanimity, Silence, Seeing the Positive in the Negative, Fortitude, Strength, and Right Action. Compassion oozes from her every pore. She is a spiritual individual -- while rarely speaking of the Spirit in her daily life. As a result of these qualities, life perpetually responds in her favor. E.g., when she remains utterly calm when she has come down with a very serious illness, life responds with the greatest boon of her life when shortly thereafter she not only recovers, but discovers the identity of her mother, the single great longing and unsolved mystery of her life.

Goodness is a great thing to behold in an individual. When it is connected to other spiritual qualities like Silence, Peace, and Strength, it becomes integral -- and therefore takes on great *power*. There are many who are Good, but somehow fail or fall back due to deficiencies in other areas -- particularly lack of strength. Jesus serves as a great example as he had no power to overcome his crucifixion and death. When Good integrates with other spiritual qualities, one is capable of accomplishing unflinchingly -- e.g. there is the sudden resolution of a great problem, or the unexpected uncovering of a dark secret, or the opening to a vast opportunity, to name a few. These each occur for Esther in *Bleak House*.

Some people are naturally good. The Divine easily comes to them. They are pleasant, expansive, and ready to oblige, anticipating another person's needs. To them, goodness

is a way of life, an instinct, an article of faith. They cannot refrain from being good. Dickens' lovely character Esther Summerson is a prime example from whom we can learn several of the great lessons of the Spirit.

Goodness

Bleak House

### **SELF-GIVINGNESS ATTRACTS LOVE IN 'SCENT OF A WOMAN'**

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Charlie is distracted by a very big problem he is having at school. Three students have played a prank on the school's headmaster, Mr. Trask, by placing a balloon filled with plaster and bearing a profane image above his expensive car, which was presented to him by the school's board of trustees. Trask then pops the balloon, causing the contents to rain down on him and his car in front of the entire school. Only Charlie and another classmate, George knows the identity of the culprits, as they had seen them setting the booby trap the previous night. However, both of them refuse to reveal the culprits' names. After threatening both with expulsion, Trask tries to bribe Charlie by assuring him admission to Harvard if he names those who committed the prank. Charlie still tells him nothing, but is warned that he must or suffer the consequences for being a "cover-up artist."

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We too can utilize this approach, if we are first clear about what we want, look around and overcome a glaring limitation in our being in any area of our lives -- whether a poor

attitude, ego and selfishness, poor organization, weak effort, lacking psychological strength, etc. Life will then reward our efforts by bringing the object of our desire, whatever that is, to our doorstep.

(Thanks to Wikipedia for their film summary.)

Self-Givingness

Scent of a Woman

## **LIFE RESPONSE POWER OF SELF-GIVINGNESS**

Life response is the phenomenon where sudden good fortune descends on a person due to an elevation of consciousness. It can come from a change in attitude, an intense aspiration for a thing to be achieved, to a decision, and to an action. One other way sudden good fortune comes is through acts of kindness, generosity, and goodness. We can sum them up as “self-givingness.”

The other day I attended a meeting where people were gathered to watch a presentation. Sitting next to me was an individual who like me was eager to learn new things from the speaker. At one point, my neighbor turned over several leaflet pages to their blank side. I thought this indicated that he wanted to take some notes. I then wondered if he even had a pen to write with, since there was none present. A few moments later, he pulled out a tiny, thin pen from his Swiss Army Knife. It seemed a rather anemic writing utensil. I then offered him to use one of my pens, which he gladly and appreciatively accepted.

At the end of the presentation, gifts were handed out to lucky winners. Interestingly, the man next to me to whom I gave the pen won one of the larger prizes. Then astonishingly the next person counterclockwise to him at the table won the next prize. (There were a number of tables, mind you.) Then utter astoundingly the next person sitting counterclockwise still won the following prize! Now, I was the only one left at the table. As they were drawing, the astonished participants in the room were looking at me as the logical next person to win the prize! And wouldn't you know it, that is exactly what took place! *And* it turned out to be an expensive gift that I needed for my work!

From the standpoint of life response, an inner cause creates an outer effect. The cause on this case was my concern for the person next to me and his lack of writing utensil. When I observed his situation and extended myself by offering a pen, I performed a very small act of generosity that precipitated the astounding series of events that followed; breaking all odds. That is the life response power we generate when we practice self-giving behavior.

Here's another example I witnessed recently. In the film 'The Savages', we watch as a son and daughter care for their elder ill father who has Parkinson's. They (the Savage children) are both struggling artists, who have yet to make a breakthrough in their creative fields. The son is a writer, the daughter a struggling playwright. As it turns out

the son is satisfied that they have put their father into a nursing home for care. The daughter however is not happy with this dismal arrangement, and seeks something better. Along the way, she discovers a much nicer home in a rural area. She then makes the journey to find out about it and apply for her father's transfer there. Most interestingly, however, is that when she arrives home, she receives a package in the mail with word that she has been given a very large grant from the government. It provides her with the money by which she produces her very first play – on Broadway no less. From rehearsals, it seems it is going to be a big success.

In this instance, we see how an unsuccessful woman on the verge of poverty with no work in site is catapulted to a completely new life. Her act of generosity of seeking out better conditions for her father has attracted an overwhelming response in the form of the grant that provided the funds by which she would change the course of her career. It is the overwhelming life response power generated by sweet acts of self-givingness.

Generosity, Self-Givingness

The Savages

## SISTERLY ACT OF LOVE

[extract from book 'The Miraculous Phenomenon of Life Response' by Roy Posner]

Scraping away our negative feelings towards others, focusing on their interests and concerns, taking their point of view, and giving them more personal attention, each have a power to evoke the miraculous. That is because they are movements away from our limited, separate selves to a wider, universal field. It is in essence a shift away from ego and self-absorption to a higher state of *selfless and self-giving behavior*.

Let's define these two terms. To be *selfless* is to avoid focusing on one's self in relation to others. It is essentially an expression of humility and modesty. To be *self-giving*, on the other hand, is to go a step further and *extend* ourselves for the benefit of others -- without expecting anything in return. Though they are slightly different, the one thing they have in common is that when we take to either in greater measure, life quickly responds.

To show you what I mean, let's turn once more to my favorite novel *Pride and Prejudice*. This time I will be focusing on an early episode involving the two elder Bennet sisters, Eliza and Jane.

As you may recall, at the outset of the story, word comes that two wealthy and handsome young bachelors -- Mr. Darcy and Mr. Bingley -- have arrived, exciting all of the townspeople. The hope, of course, is that two lucky daughters of Meryton will get a chance to meet and marry them. As a result, a ball is arranged for the young people to meet one another. It is there that Eliza Bennet and Mr. Darcy first encounter each other, and it is also where eldest sister Jane meets Mr. Bingley.

Shortly after the ball, Jane decides to visit her new friend Mr. Bingley, with whom she now shares a deep affection. Unfortunately, the weather turns cold and wet, and by the time she arrives at his estate, she is taken ill and forced to remain in bed.

Meanwhile, back at the Bennet home, Eliza is concerned about the condition of her sister. As a deeply affectionate and loving sibling, Eliza decides not to wait around any longer, and trudges across the countryside on foot through the mud to find out how Jane is doing. When she arrives at Bingley's estate, she discovers that Jane is indeed quite sick -- laid up in bed with cold, chill, and fever. Though this is an unfortunate development, it is more than offset by the fact that Mr. Darcy is also there -- perhaps the last person Eliza expected to see. As a result, Eliza and Darcy begin to establish an emotional bond that will kindle their romance and culminate in their marriage.

Would it not then be fair to say that because of Eliza's selfless and self-giving act of trudging through the wet fields to find out the condition of her sister that she attracted the man -- Mr. Darcy -- who would change her life forever? The fact is that when we engage in a caring and loving act, we not only bring benefit to the other person, but we generate an irresistible force that attracts powerful response back to our person.

[Selflessness, Self-givingness](#)

[Pride and Prejudice](#)

## **\$5 RAISE; £5 GIFT**

[extract from book 'The Miraculous Phenomenon of Life Response' by Roy Posner]

In studying literature and cinema over the years, I have often seen this dynamic at work: i.e. act in a self-giving manner, and good fortune quickly follows. In fact, I have noticed that a kind, generous, forgiving, or munificent act will often attract a *life-changing* response.

For example, there is a wonderful moment in the popular AMC TV series *Mad Men*, which is about an advertising agency in fast changing 1960s America. In this scene, the main character, Don Draper, a top executive in the firm, is having a meeting with Peggy Olson, who is a first year junior copywriter. It turns out that she has unexpectedly played a vital role in the marketing campaign of one of Sterling Cooper's important accounts, something highly unusual for someone in her position; and especially in that pre women's liberation era.

At this point, Peggy comes into Draper's office and modestly suggests that she deserves a small raise. Draper smiles in agreement, but then tells her that she should ask for it "like a man;" meaning she should quantify what she wants. In other words, Draper cares about her and wants to give Peggy what she deserves, but she should ask for the *specific amount*. Peggy then says she wants a \$5 raise -- a very modest amount considering what she had accomplished for the firm. Draper smiles and is about to agree, when the senior partner of the firm, Bertram Cooper, suddenly rushes into the room, interrupts their

conversation, and drags Draper into his office. He then shocks Draper by offering him the position of senior partner in the firm, the highest position in the organization!

And why did this sudden good fortune come to Draper? Because earlier on, he showed deep concern for Peggy by asking her to spell out exactly what she wanted. That single gesture of generosity and goodwill attracted his boss in mid-sentence and propelled Draper to senior partner in the large company. It is a precise demonstration of how self-giving behavior can quickly evoke life-changing results.

Interestingly, just the week before I was watching another TV show, the BBC series *Cranford*, which is set in 1840 rural England, where a very similar outcome takes place. In the very first episode, elder sister Matty Jenkeyns, played by famed actress Judy Dench, engages in a single act of generosity by lending 5 pounds to a hard working individual that attracts a tidal wave of positive circumstances for Matty and her friends, including the appearance of her beloved brother whom she has not seen in 30 years. It is but another demonstration of the overwhelming, life-changing power of a selfless and self-giving act.

Generosity, Goodwill

Mad Men

## THE CONSUMMATION

[extract from book 'The Miraculous Phenomenon of Life Response' by Roy Posner]

There is one final way to connect with others and thereby evoke the miraculous. It is to express our deepest thanks and appreciation towards them – i.e. our *gratitude*.

Gratitude is to communicate our heartfelt emotions for the role others have played in bringing about positive conditions in our lives. The object of our gratitude may be one person -- such as a friend, relative, teacher, boss, or business associate -- or a group of people, such as members of our project team, or the organization we are part of, or the state or nation we reside in. Gratitude can even go out to life itself.

Because gratitude is a higher emotion -- a *spiritual* attitude of the soul, -- it has a great power to attract powerful positive conditions. In fact, if that expression of thanks and appreciation is sincere and heartfelt, then there is no limit to what can come in return. To show you what I mean, let's return to *Pride and Prejudice* and examine the dramatic, climactic scene of the story.

At this particular juncture in the tale, the elopement episode that threatened to ruin the Bennet family has passed, and, fortunately, has done no serious harm. However, in the wake of that near-disaster, Mr. Darcy unexpectedly visits Eliza to discuss matters. Let's see what happens next.

When Darcy arrives, he and Eliza take a stroll along a path outside the Bennet home. It is on this walk that the two finally have a chance to express their thoughts and feelings about recent events. It is clear from Darcy's demeanor that he is still very much in love

with Eliza. Just below the surface, he yearns to express the deep affection he still feels. Likewise, Eliza also has strong feelings welling up inside her. Though they are both eager to share their thoughts, it is Eliza who speaks first.

She begins by expressing her heartfelt gratitude to Darcy for having saved her family from scandal and financial ruin by playing the critical role in resolving the elopement episode. He was the one who found the scoundrel Wickham and forced him to marry Eliza's impetuous younger sister Lydia, ending the potentially devastating scandal.

In fact, through that difficult ordeal, Eliza has come to understand several other painful truths about herself and her family. First, she realizes the deception that was perpetrated by the handsome, yet duplicitous rogue Mr. Wickham. Not only was she duped into believing he cared for her, but he also ran off with her wild younger sister, instigating the scandal. She was also now aware that Wickham had engaged in several other deceitful and harmful acts in the past, including his earlier attempt to elope with Darcy's younger sister, taking advantage of her considerable family wealth.

Secondly, Eliza also has come to understand the vulgar behavior of her own family members -- particularly the brazen actions of her youngest sister Lydia, as well as the boorish conduct of her mother, Mrs. Bennet. With that in mind, Eliza confesses to Darcy that he had expressed these sentiments all along, but that she had only come to appreciate their truth lately.

Then it is Darcy's turn to speak. He begins by acknowledging Eliza's candidness, as well as her heartfelt gratitude. A minute later, he reiterates the deep longing he has felt all along, and then asks for her hand in marriage. However, unlike his first proposal, this time Eliza gladly and joyfully accepts his offer -- bringing her ultimate fulfillment, and catapulting her family to the next strata of wealth and social status.

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If we examine this incident from Eliza's perspective, we clearly see that her heartfelt thanks and appreciation of Darcy's noble effort instantly attracted his proposal of marriage. When she expressed her sincere gratitude, she moved into alignment with Darcy's own desires for marriage, precipitating the greatest boon of her life.

It should be pointed out that Darcy's proposal was a most *unexpected and shocking* turn for Eliza because she had given up all hope that he was still interested in her. In Eliza's mind, her family's crude behavior and the recent scandal-plagued events had destroyed any interest he might have had for her, and therefore his current visit was a mere formality. And yet when she went ahead and expressed her gratitude for all he had done, he instantly returned the favor through his startling and most unexpected proposal of marriage.

Gratitude

Pride and Prejudice



### **ACCEPTANCE OF OTHERS, SELF-GIVINGNESS ATTRACTS (IN SEABISCUIT)**

It is not only the accepting of the givens of life that attract good fortune, but also embracing the needs and wants of others. In particular, we see that when we accept others for what they are and are selfless and self-giving in that regard, it will not only bring us inner happiness and contentment, but luck will also follow. E.g. if rather than criticize another's action, I am accepting and understanding of their plight in full, or rather than be taking from others, I become self-giving toward them, life will quickly respond in our favor thereafter.

Recall the incident where Tom gives Red instructions on how to ride Seabiscuit before the race, only to see him get embroiled with another rider, which causes him to lose focus, and be defeated in the match. However, rather than scold Red in the aftermath, Charles remains calm and is accepting of the situation. In fact, he tries to understand the source of Red's problem, which compels him to ask Red why he is so angry. This in turn causes Red to consider his own inner condition in life. The next day he asks Charles for a loan to pay his bills, which Charles is more than happy to oblige. As a result of now feeling better emotionally and psychologically, Red suddenly guides Seabiscuit to his first victory, a runaway that stuns the crowd. This has the effect of finally establishing the horse and the jockey as a winner. Because Charles accepted Red rather than criticize him, because he was generous, life cooperated with him by bringing his horse its first major victory. It also established Red as a solid rider, who would bring Seabiscuit even more victories, which also naturally benefited Charles as well. These gestures of acceptance and generosity are indicators of the power that self-giving behavior brings us in life. When we give to others rather than take, when we accept them rather than scold, when we act out of our high regard rather than through the foggy lens of our own ego, not only will the other person be uplifted and be energized, but powerful positive conditions are likely to come our way.

Acceptance

Self-Givingness

Seabiscuit



## **HIGH VALUES OF PHILEAS FOGG ATTRACTS**

Genuine goodness without any mercenary motive never fails to return as Gratitude at the time most needed.

In the story 'Around the World in 80 days', Phileas Fogg took on an extraordinary challenge to travel around the world in 80 days for a great wager. As he experienced numerous obstacles along the way, he faced them with calm and equanimity. As he was a detailed planning person, it helped him in his quest.

At one point of time, he came across a ritual in which an Indian princess was forced to undergo sati. Out of genuine goodness, he rescued her from that situation and then brought her with him.

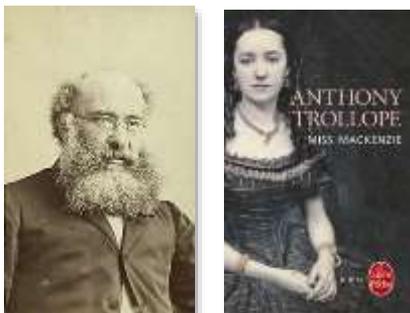
Also, at one point his servant Passepartout was caught by Red Indians. He realized that later on, and he then went after and rescued him with the help of American soldiers.

At the end of the journey, it appeared that they had reached the goal later than the stipulated time and so they apparently lost the wager. He apologized to the princess that they now had to live in poverty, given that the wealth was lost. Upon hearing that, Aouda, the princess confessed to him that she loved and wanted to marry him. So he sent Passepartout to arrange for the marriage ceremony. Passepartout went to the town and came to learn that it was only December 21st, as they had gained one day by travelling from east to west!

Fogg quickly rushed to the Reform club and reached there as punctual as ever, and won the wager!

[Goodness](#)

[Around the World in 80 Days](#)



### **LIFE'S CONTRADICTION REVEAL HIGHER TRUTH IN 'MISS MACKENZIE'**

Life poses contradictory conditions, which no fault of ours, comes to reveal greater truth; and when one decides to go with the flow of life, it responds in its own fashion.

In the story, 'Miss Mackenzie' by Anthony Trollope, after spending most of her adult life nursing her dying uncle, and then her invalid brother Walter, Miss Mackenzie inherited a significant fortune from Walter at his death. However, at one point of time she lost all that money to her cousin, John Ball, as he was the rightful inheritor.

At the end of the story, despite the fact that she had rejected the earlier marriage proposal by John Ball, she married him who soon became Sir John Ball; and as a result she became The Lady, also becoming quite popular in society.

Though it appeared that she had lost all the money earlier, life posed that contradiction only to reveal the goodness of John Ball to her.

(Paraphrase of 'Savitri' lectures by Garry Jacobs)

Positive and Negative

Goodness

Miss Mackenzie



### **SUPREME ACT OF KINDNESS ATTRACTS ULTIMATE POSSIBILITY**

A small, out-of-the-way Human Gesture for the sake of the beneficiary can quickly bring about a life-changing opportunity for the benefactor.

Consider this powerful example of this phenomenon from the tv series 'Madam Secretary'; season 5, episode 3, The Rake:

A judge excuses Secretary of State Elizabeth from jury duty. On her way out, Elizabeth bumps into a woman named Katelyn. Rather than ignore this ordinary citizen, Elizabeth goes out of her way to discuss Katlyn's case, a surprising act for the Secretary of State of the United States. It is a heart-felt goodwill gesture.

Katelyn explains to Elizabeth that she is about to go to 20 days in jail since her ex-husband forgot to pay her car insurance, with the court citing her a misdemeanor case. Katelyn doesn't have any money for proper representation, and she fears for her future if she gets sent to prison. Elizabeth then gives her the number of a Legal Aid Foundation and her card, encouraging Katelyn to call her if things go south.

Mike B, who is organizing Elizabeth's potential run for president, is then tasked by Elizabeth to help in Katelyn's case after she lost all chances of getting proper representation from the Legal Aid Foundation. Mike overwhelmingly wins Katelyn's trial, sending the DA running after his defeat.

Interestingly, that's when Elizabeth realizes her purpose for her presidential campaign. To help people with their human rights worldwide. Elizabeth calls Mike B over to tell him that she's running for president officially.

Had Elizabeth not made the small gesture of helping an ordinary citizen (Katlyn), none of these events would have transpired, and she would not have been motivated to run for president. The small act of goodwill evoked events that led to potentially the single most important career moment of her life.

Goodness

Goodwill

Madam Secretary



### **HARRY POTTER, SELF-GIVINGNESS, AND THE RESPONSE OF LIFE**

Perhaps the most profound Life Response I perceived among the 8 Harry Potter films took place in the very last one.

At one point. Harry, Hermione, and Ron were trying to escape the wrath of the fire dragon. They had now escaped its ferocity by riding their magic brooms into the sky.

However, Harry noticed that his arch enemy, Draco Malfoy, was left behind and about to be incinerated by the dragon. Rather than continue to safety, Harry turned his broom around, headed down toward Draco, and scooped him up before the fire dragon annihilated him. Harry's two friends were shocked by Harry's brave gesture, indicating that no enemy should be rescued, jeopardizing one's own life, but Harry insisted on it.

It is now later in the day when the forces of good, led by Harry were fighting against the forces of evil, led by Lord Voldemort.

At one point, Voldemort and Harry meet alone in the forest, where Voldemort shoots out a terrible force, which seems to have killed Harry. In fact, in the next scene we see Harry and the headmaster, wizard Dumbledore apparently in a heaven-like place.

Then back on earth we see Harry lying lifeless on the ground. Voldemort asks Malfoy's mother Narcissa if Harry is dead, she goes over to him, and announced that indeed Harry is dead.

As the two opposing groups meet, there is a funeral procession for Harry, where Hagrid carries the lifeless body from the forces of darkness to those of the light.

And yet just as the positive group is about to surrender to the negative one, Harry suddenly awakens, rallies his people, and therefore the battle continues on, which the side of Light soon are the victors.

So what is the Life Response in these events? It is simply this: Because Harry earlier in a gesture of self-givingness went ahead and saved Malfoy from death at the hands of the fire dragon, Malfoy's mother Narcissa was later able to fool Voldemort by lying, convincing the forces of darkness that Harry was dead. That allowed Harry to awaken at the opportune time, rally his forces, and defeat the dark Lord and his minions.

In other words, Harry's goodness toward Malfoy returned to him as good fortune through Malfoy's mother's deception, turning the tide of the battle, enabling the forces of light to quickly secure the victory.

**As we have often seen, acts of Self-givingness has that astonishing Life Response effect and power to evoke positive conditions in life. It can return the favor of goodness a dozen times or more! It can even, as we see in this Harry Potter episode, save the world.**

Goodness

Goodwill



### **BRIEF ANALYSIS OF TUCKLINGU (KD); A TAMIL FILM**

KD is a new (2020) Tamilian film about an old man who refuses to die for the sake of his children's inheritance and thus runs away and meets a precocious little boy who ends up teaching the old man some of the wisdom of Life!

Here are a few random thoughts about the film which I watched on Netflix with English translation:

-When the old man teaches a farmer an organic way to overcome the pests in his fields, and does so without charging for that service, startling positive events soon come to the old man. His humble selfless self-givingness attracts response conditions from the field of life.

--Kd is not senile. He is simply not educated, All he knows is the folklore wisdom of the fields. The young boy Kutty is street smart in the extreme, and yet also has a great intelligence and wisdom for someone his own age.

-Kutty makes up for his yet to be education with a life knowledge that can only come from being a ripe soul. He seems to be an incarnation of someone extremely wise, now possessing it at such a tender age.

-Still Kutty is missing the love and affection of a family, of someone older than him. KD is trying to get away from his selfish family, and Kutty has inherited a "family" in KD that he is missing.

-Kutty lives on his own, living around a Hindu temple. Perhaps he is an incarnation of a God. Eg he teaches the importance of living in the Present moment, and not be burdened by the future.

-Through their spontaneity and goodwill and instinctive decisions they avoid the man who is trying to hunt KD down to force him to return to his greedy children.

-KD's only pleasure in life is to eat Biryani. But now with Kutty he has found a deeper purpose. It is love and affection.

-KD has in essence surrendered his life to the child.

-In the West there is an expression "Child is Father to the Man."

-In the end, having learned life lessons from his experience with the boy, he signed away his inheritance to the eager family members, which he was unwilling to do at the start of the story. ... And yet when they looked for him in the house, he once again disappeared!

**Here is the Trailer for the film:**

<https://www.youtube.com/watch?v=4jWjvf93xtA>

Self-Giving

Goodwill

KD



### **SACRIFICING ONE'S DREAMS ATTRACTS IN 'CODA'**

**By giving in to others hopes and dreams, sacrificing your own, attracts one's deepest wishes back to one, and more.**

We see this dynamic portrayed in the wonderful, touching new film 'Coda' about a young aspiring singer who is raised to work with her hearing-impaired family, at several points sacrificing her dreams in order to maintain the family business as fishermen at sea.

Through the unfolding of events in the story, we see that Self-givingness and Self-sacrifice, in all forms, has a great power to attract good fortune to ourselves and to others in life.

Trailer:

<https://youtu.be/0pmfrE1YL4I>

Plot (Wikipedia)

[https://en.wikipedia.org/wiki/CODA\\_\(2021\\_film\)...](https://en.wikipedia.org/wiki/CODA_(2021_film)...)

Self-Giving

Goodwill

Coda

# Synchronicities

## STARTLING DOUBLE SYNCHRONICITY WITH BAGGAR VANCE

The other day I had a marvelous experience I would like to share.

A friend of mine and I decided to watch the film *The Legend of Baggar Vance* (from 2000), which I had seen several times before over the years. It is essentially the Bhagavad Gita presented in a modern context. It is the tale of the local golfer Junna (as Arjuna) competing against the two greatest golfers in the world. Junnah/Arjuna is guided by Baggar Vance, who is the equivalent of Krishna. (The title "Baggar Vance" is similar to Bhagavad Gita.)

Baggar shows Junna not only the keys to golf, but to Life Success. He shows Junna how to become "one with the field," enabling perfect execution in works; here meaning the capacity to execute the perfect golf shot. Baggar also reveals himself as a supernatural divine presence; infinite and eternal, which Junna begins to realize he too can become.

While watching the film I could feel the essence of Krishna coming through the performance of actor Will Smith. Junna is also convincingly performed by actor Matt Damon.

Then my story changes. The next morning I headed out to a client, but before that I stopped at a restaurant for breakfast. At the facility they have several mounted televisions - presenting various content, like news, weather, human interest stories, sports events, interviews, sitcom excerpts, etc.

However, when I got there that morning and looked at one of the screens, I saw that they were showing highlights of women golf pros performing at their craft. I immediately saw the connection with watching *Baggar Vance* the night before. I smiled at the synchronicity of the two events. It was a million to one shot of this taking place, yet I have had this experience hundreds of times before.

A minute later the presentation on the tv changed and instead there was an interview with none other than ... Matt Damon! The very actor who played Junna in the film from 2000 I watched the previous night!

I was stunned and gripped by the profundity of this super response from life; as if Krishna had simultaneously orchestrated the situation and blessed me with his cosmic smile.

It was a trillion to one possibility, yet it occurred.

And It was yet another reminder that when we deeply focus on something - here the powerful spiritual-like events in the film - more of it comes to us from out of nowhere.

Then you realize how cosmically interlinked all things are in the universe, something we can constantly perceive if we just open our eyes.

[Synchronicity](#)

## THE RECOMMENDED FILM AND THE TRIPLE RESPONSE FROM LIFE

A friend of mine in a social network (OV) had a week or so ago recommended to me the film ‘What the Bleep do I Know,’ which explains how quantum physics indicates that you are the creator of the world that appears around you. He told me he had seen the film and it helped him understand the principle that the inner moves the outer that I presented to him in an earlier life response experience I shared with him and the other readers at the Life Response forum discussion area.

Meanwhile this morning I published to that forum my article from last year ‘The Road to Hanna’ which explains a life response experience of mine in Maui where I overcame an attitude of reluctance and a problem was instantly overcome (the drive back was radically shortened).

This evening after quickly obtaining it from Netflix, I watched the film he recommended ‘What the Bleep do I Know,’ and it directly explains how we are the inner creators of our outer reality, which quantum physics indicate. It was a perfect addition for my book. When I finished watching, I went to the computer, I opened my email program and there was a single entry. It was from this very person who recommended I watch the movie!

In his email, he said that he read my just published article The Road to Hanna and still did not understand how changing my attitude from acceptance to reluctance attracted a response that changed a 3 hour return ride to the other side of the island into less than an hour. I then explained the principle involved (the reversal from reluctance) and how it attracts positive conditions.

In addition, I explained that his email to me immediately after watching the movie he recommended was another instance of life response. In fact, in this case too I had overcome my reluctance and accepted his recommendation to watch the film. It was precisely the same principle at work (attitude of reluctance to acceptance) as occurred in The Road to Hanna episode he responded to!

There were at least three life responses involved in this single exchange. And it was filled with wonder, irony, and somehow humor as well. There was a new richness and complexity to these sorts of experiences, and they are happening more frequently. It perfectly proved everything the movie was trying to get across intellectually. It was the living proof of everything pronounced in the film – whether from the perspective of consciousness or that of the new science.

### Synchronicity

#### What the Bleep do I Know

## SYNCHRONICITIES AND OUR PATH

The intense Synchronous moments observed in life may be the life-changing experiences coming from our deeper self trying to synchronize with our surface self directly to show us the path. Some examples:

- Darcy's arrival while reading Lydia's elopement letter in *Pride and Prejudice*.
- The falling of Book from the shelf to Dan in the novel *The Book*.
- Arrival of Abbe Faria on the verge of Edmond Dante's life in *Count of Monte Cristo*
- The crucial moment to find gravity solutions for Murph in film *Interstellar* (Senthil R. Murugan)

[Great Synchronous Moments in Our Lives](#)

[Pride and Prejudice, The Book, Count of Monte Cristo, Interstellar](#)

## OTHERS' SYNCHRONOUS APPEARANCE TO AN EVENT IS SIGNIFICANT

When other people suddenly appear on the scene synchronous to a significant event, they are related to it no matter how unconnected they appear on the surface. It's a subtle principle of life that is actually quite common if only we try to observe it. It is actually quite easy to see in fine literature and film.

Sometimes the connection is tangential but still compelling; other times an indicator of some future relation; still others some past connection and association.

There are times when such synchronicity is startlingly significant. For example, in *Pride and Prejudice*, Darcy loves Eliza. She finds out her sister has eloped with a scoundrel which could cause a huge scandal for her family. At the very moment she learns of this, Darcy appears on the scene from out of nowhere! He then resolves the whole mess almost single-handedly, which has the further effect of forging their love and marriage.

[Synchronicity](#)

[Pride and Prejudice](#)



## TO BE TITLED

When individuals are intensely thinking of one another, they tend to unintentionally, "coincidentally" meet at common points in space and time.

Comment: Darcy and Eliza unintentionally meeting at the pond at his Pemberley estate in *Pride and Prejudice* is a dramatic example. You can observe it's common occurrence in life, literature, and film.

(Roy Posner)

[Synchronicity](#)

[Pride and Prejudice](#)



## TIME AND THE LOGIC OF THE INFINITE IN 'THE TWO POPES'

**In the logic of the finite, i.e. human logic, time progresses linearly from past to present to future. In the Logic of the Infinite, time can be perceived moving in any and all directions.**

In the marvelous film 'The Two Popes' based on true events, Pope Benedict writes the Argentinian bishop to come visit him in Rome about an urgent matter, when it is discovered that the Argentinian bishop had sent a letter several days before asking to meet Pope Benedict in Rome related to a wholly different matter. (Keep in mind that they had been out of touch for months or years when this happened.)

After discussing it both could see "God's hand in it", which is surely true, though we call it "synchronicity" or "life response." They both knew that it was no coincidence.

As it turned out this synchronous occurrence and their meeting presaged their collaboration on a monumental change in their leadership positions of the Church. The strange movement of time in a kind of twisting reverse indicated great events to come; namely the ascension of Francis to the position of Pope.

[Synchronicity](#)

[The Logic of Infinite](#)



# Subtle Perception

## THE SUBTITLE/MOTTO OF 'THE BOOK'

In the subheading of the title page of Garry Jacobs' epic mystical and practical novel 'The Book' reads: "the spiritual individual in quest of the living organization"

What does this mean?

The "Spiritual Individual" is someone who is in touch with his inner being and is able to know things, to direct his life based on intimations that rise up from within. He is more than a person with individuality, who thinks for himself, but someone with super-individuality whose soul thinks for himself, thereby coming up with ultimate insight for ultimate success and delight in life.

The "Living Organization" is a business or similar in which all parts are in harmony with one another, expressing through highest consciousness and producing ultimate success.

Thus "the spiritual individual in quest of the living organization" indicates a person(s) who expresses their ultimate individuality through soul/psychic being connection in an organization that is in tune with all aspects of its makeup and being.

In the novel Garry Jacobs brings out how the various characters are growing in consciousness, understanding the inner and outer laws of life, even as they build a living organization in the form of their MAIS software technology company.

[Spiritual Individual](#)

[Living Organization](#)

[The Book](#)



## PERCEIVING THE SECRET INTENTION BEHIND THE SHOCKING, SURPRISING

There are many things happening in our life we do not understand. It may appear shocking or surprising, Yet, the Divine is governing them, for greater good, for our greater progress.

I remembered an incident in Garry Jacobs' novel "The Book" of similar nature. (Chapter 30)

When Lauren came to Dan's house on a Saturday morning to genuinely thank him for her work recognition, a mysterious thing happened. She glanced at the Book and

browsed the pages and discovered that some pages appeared to have faded away. That caused Dan to panic, as it was the only precious Guide helping their artificial intelligence company MAI. He then acted immediately to restore the Book by photocopying it. Yet the same thing happened again.

If that issue is seen from both Dan's and Lauren's point of view, it was indeed shocking. And why should such a thing happen when she came with genuine goodwill on that day? As Garry Jacobs writes: "It never even occurred to Dan that The Book was offering him a profoundly important lesson"

After several days, and various serious events he pondered the situation and came to a unique conclusion. (Chapter 36)

"Dan decided to give The Book more serious attention. Instead of thinking or worrying about losing it, he decided to start relating to the knowledge in The Book as seriously as he had when it first arrived. He started immediately by reading Chapter 26 and completed it in one sitting. When he got to the last page of the chapter, he suddenly burst out laughing. The page began with the following words:

"There is a consciousness in all things, even the most material, which responds to conscious attention. Including The Book. He suddenly noticed that the text on the page seemed easier to read than when we began reading earlier in the morning. It seemed brighter. All the pages had been restored to their original brightness."

As he busied himself with other activities and had gotten away from referring to the Knowledge in the Book, it was the Divine's plan (Indeterminable) to re-focus him by initiating that mysterious event on that day (Cosmic Determinant) through Lauren's Goodwill which appeared to be Indeterminates on that day for both of them.

[Divine Plan](#)

[Greater Progress](#)

[The Book](#)



## **THE APPRENTICE AND THE BOSS: POWER OF PERCEIVING THE TRUTH**

An engineering apprentice was feeling neglected by his superior during a time when subordinates were being tested for their mettle to rise in their position. The apprentice did not know why this was the case, but kept doing his duty diligently.

It turned out that the chief engineer was secretly afraid his apprentice would take away some of the glory by constantly recommending improvements. This is why the engineer kept the apprentice from rising in his position.

One day the apprentice figured out that his boss's insecurity was what was keeping his own suggestions from being adopted, and therefore an opportunity to rise in his position. A few seconds after the apprentice understood the truth about his boss, that same boss appeared before him as if out of thin air and expressed his gratitude to the apprentice for his suggests of improvement over the course of time. It was a miraculous-like turn of events for the apprentice.

In essence when the apprentice came to understand the truth of the situation, his boss instantly appeared, expressing his gratitude and asking the apprentice to continue with his suggestions for improvement. By understanding the truth of the situation, the apprentice instantly attracted from life what he always wanted; the respect from his engineer boss.

Truth

# Infinite and Finite

## HOW THE SMALL OPENS THE PORTALS OF THE INFINITE

In any given moment, there are large and small acts related to a significant event. E.g. at the time of a medical emergency, there is not only the suffering party and the rescue operation, but the unobserved arrival of a supervisor, a nurse ordering a batch of medicine, and an elderly patient joking in his wheel chair. Thus, there are closely related as well as seemingly unrelated, disparate activities occurring simultaneously. And yet in such circumstance, every and all events are in fact deeply interconnected, no matter how unimportant and distantly related they seem to be. And any one of them -- even the smallest, the most innocuous, and contrary -- can determine the final outcome. To be sensitive to this process is to have a vision of the life's true workings, which gives one a staggering power to control the world around us. Here is an example that illustrates this point.

The TV series *Numb3rs* (pronounced "Numbers") is a crime show whose outcomes are determined by the strategies of a genius mathematician, Charlie Eppes. In one particular episode, we see how the small and absurd determine the final outcome. In Los Angeles, a bus is hijacked and a nefarious gang holds passengers for ransom. Charlie's brother, FBI captain Don Eppes works with his staff to solve the looming catastrophe. Don's energies are completely focused on saving lives, as he interacts by phone with the evil ringleader who is aboard the bus. Meanwhile, Don's math genius brother Charlie is as usual helping on the case through his brilliant analysis intuitively derived.

There is an added subplot to the story; this one involving the father of Charlie and Don -- Alan Eppes -- as well as Charlie's good friend, theoretical physicist Larry Fleinhardt. It turns out that earlier the entire group had agreed to form a think tank, and at this point, father Alan and physicist Larry are debating -- actually *arguing* -- over its future direction. One aspires to start the project with the practical, the other the theoretical. In fact, they carry out this mental debate in front of the very preoccupied Charlie and Don, completely oblivious to the dangerous situation. At one point, they even implore Charlie to solve the dilemma for them. As we watch their comic-like callousness, we can only shake our heads. This dynamic repeats throughout the episode, adding to the tension of the already dangerous situation.

Then circumstance turn grave when the abductors threaten to kill each hostage one by one. And yet Alan and Larry persist in their seemingly ridiculous request that Charlie solve their problem. How can they be so oblivious! This time however, rather than tell them that they have to settle their squabbles on their own, Charlie is struck by something in their debate. He is shaken by the fact that Alan and Larry seemed to be locked in a 'paradox,' and that the hostage situation he and Don are involved in has a similar dynamic. As a result, Charlie now understands that everything he and Don

assumed about the case is faulty. When the two brothers act on this hunch, they discover that the bus abduction was actually a hoax: that they were in fact chasing the wrong bus, and that the real hostages and villains were aboard a *stationary* bus in a warehouse! As a result, they are now able to move in on the villains and save the hostages.

As we see, in this case, the small and the innocuous solved the case. That which seemed unimportant and irritating was the means by which the greater problem was resolved. Because Charlie opened his mind and paid attention to the small -- no matter how silly and absurd -- he garnered the clue that enabled him to solve the case.

In every situation in life, every element that presents itself serves a purpose. Thus, the smallest thing -- even that which seems *negative and opposed* to our intent -- can mean a means for its final resolution. In that way, we cannot deny or be irritated by anything -- for the smallest of the small can provide an opening to the infinite.

If this is the case, how can we become more mindful of the variety of elements, movements, and activities in a given circumstance? It all comes down to our level of consciousness. It takes an open mind and acute sensitivity to perceive the utility of each act in relation to the whole of any event. That in turn depends on a still and silent mind, as well as a calm and steady disposition. Think Sherlock Holmes. And through that keen, mindful, multi-sided perception, one becomes aware of the role of the smallest act in the outcome of a situation, problem, or event. To perceive this many-sided whole, rather than the obvious one or two parts is a spiritual quality known as "integral knowledge."

Indian spiritual philosophy tells us the infinite can arise out of anything -- whether the large or the infinitesimally small. To the infinite Consciousness and Being, there is no distinction between the two. Thus, the innocuous and silly, the trivial and trite, and the negative and hostile also serve as instruments for progress and change. If we can learn to perceive this dynamic in our daily lives, then we will have a glimpse of the Marvel of existence.

Infinite and Finite

Numb3rs

## **MULTIPLE LIFE RESPONSE AROUND COMMON CIRCUMSTANCE**

We see how life response (sudden good fortune) unfold in single, individual incidents, reflecting unique circumstance related to that person, collective, or entity. However, if we look closer, we will see that life response often -- maybe always! -- comes in bunches around common circumstance. To show you what I mean, consider this example from literature and film.

In the 1999 Masterpiece Theater adoption of Charles Dickens' *David Copperfield*, young David in 19<sup>th</sup> century England has been sent away to work at a wine factory in London by his cruel stepfather. There he meets with the Micawber family, which gives him some

relief from his gloomy situation. Unfortunately, Mr. Micawber, though a good man, is constantly in debt, and is at one point put in debtor's prison.

One day David out of pity and concern goes to visit Mr. Micawber. The older man is grateful to David for showing such kindness. In response, he tells David that if he were to leave the wine factory, he should visit his own aunt in Dover. It will turn out to be the most important bit of advice David ever receives. (I.e. when he leaves the factory, literally walks across the country, and meets up with her, his entire life is changed for the better.) Thus, this great bit of advice from Mr. Micawber is a life response for David for showing such concern for the man while he was in prison, especially when he visited on that particular occasion.

But the life response outcomes did not end there! As soon as Mr. Micawber gives his precious advice to David, his wife immediately bursts in on the scene and informs him that he has been released from debtor's prison! Because he in turn showed deep interest and concern for David, life instantaneously responded with news of his own release. Thus, we see two interconnected life response outcomes occurring around the same essential event.

Now we can take this a step farther. If we were privy to Mr. Micawber's wife's situation, we might discover that when she received news of her husband's release, it was due to an inner or outer behavioral change on her part as well. And even in the future, when David takes up Mr. Micawber's advice and walks across the country to meet with his aunt, we would see that she attracted the boy she has not seen since birth due to *her* shift in consciousness; and through David's arrival, her life would change as well.

Thus, we see a closely meshed, interconnected series of life response outcomes related to the same essential circumstance. David's primary action initiated a startling series of positive events, each unfolding in the form of sudden good fortune.

Life Response

David Copperfield

# Non-Reaction, Restraint

## LOUIS PASTEUR AND THE POWER OF INNER EQUALITY

There is a wonderful moment in the 1935 film *The Story of Louis Pasteur* that I doubt hardly a critic would notice. It is an expression of the miraculous-like phenomenon of "life response" -- i.e. the spontaneous arrival of sudden good fortune. In particular, it is an example of how taking to calm and equality in the face of great difficulty can elicit powerful positive response from the world around us.

In the incident in the film, the famous scientist Louis Pasteur has been trying to discover a cure for hydrophobia -- i.e. rabies -- that ordinarily comes through a bite or contact from a rapid infected animal. It is Pasteur's belief that if he gives a mild dose of the disease to an animal, it will build up a resistance to it when it actually does have the illness. This is the approach Pasteur develops to cure rabies and other infectious diseases. I.e. give the sick patient a mild form of the disease, and the body will spontaneously generate a resistance to it, which will push out the illness when it enters the system

In this particular episode in the story, Pasteur believes he has a cure for hydrophobia/rabies, but many are skeptical. In fact, one key member of the scientific establishment, Dr. Charbonnet of the French Academy, is so sure that his cure is wrong that when in Pasteur's lab he grabs a syringe filled with a dense concentration of the virus and injects it into his arm! Pasteur is mortified, as he believes that Charbonnet has sealed his own fate. Not only was it not intended in such concentrated doses, but it was meant only for sickly individuals.

As it turns out, Charbonnet not only survives the inoculation, but the next day seems perfectly fine! In fact, after 30 days he shows no signs of the disease. While Pasteur is baffled by this outcome, Charbonnet flaunts the fact by parading around the Parisian scientific community, as well as high society circles, proudly pointing out how healthy he is. At one point, he boasts that that the more he takes of the allegedly lethal serum, the healthier he feels! As a result of his public posturing, Pasteur's image is greatly tarnished in both scientific circles and amongst the general public.

One day an associate friend of his rushes into Pasteur's home to notify the great chemist that he has been made a mockery of throughout the country. Pasteur however *does not react at all* to this news. A moment later, however, his wife Marie has the thought that perhaps the dosage the doctor took was of an *old* batch, and therefore had no potency to affect him. Pasteur then rushes into his office to test out the hypothesis, which he then verifies to be true. A second later, it occurs to him that that he could give infected animals with the disease a low dosage of the serum and then gradually increases the dosage, thereby creating immunity without killing them. The idea has sprung into his mind like a revelation.

What does this story then teach us? From the point of view of life response -- i.e. the onset of sudden good fortune due to changes in our consciousness -- it is rather straightforward. Because Pasteur did *not* respond emotionally to word of his public humiliation, his wife Marie came forward and made her statement about the old serum, which set in motion events that led one of medicine's greatest discoveries. It is an illustration of how *inner calm and equality* in the face of negative circumstance attracts powerful positive conditions from the world around us.

If we think about it, we will see that being calm and equal is more than an inner psychological technique, but a spiritual one as well, reflecting the universal spiritual principles of Peace and Silence. Other principles, like Love, Oneness, Truth, and Goodness have their psychological equivalents as well, such as self-givingness, willingness to embrace the other person's point of view, generosity, gratitude, and others. Each time we take to any of these, we release powerful positive energies that tend to attract life response results.

Practically then we can do the following: when difficulties descend on us, we can try to move to a state of absolute stillness and calm. When we do, the difficulties will tend to quickly evaporate, and unexpected positive conditions will also tend to take their place.

But then a question arises. How can we turn ourselves on and off like a spigot as such situations arise -- i.e. readily shift from our normal psychological state to this poise of inner calm? One answer is that we can simply remember to put aside our emotions and take to that state when these intense situations arise. It does work for those who have trained themselves to do so. And yet this may not be enough, since we tend to be overwhelmed by life's outer conditions to have the wherewithal to move to this higher status on demand.

A more certain approach is to establish a more *permanent* inner poise of stillness and calm, which will spontaneously refrain from reacting to life's intensities. We can begin to produce this affect by moving our center of awareness back away from surface of life to an inner poise, marked by inner concentration marked by stillness, and silence. Through this approach, we develop an inner orientation, a "witness consciousness" that silently, calmly, and patiently looks out onto the world. Then when severe conditions cross our path -- whether as intense negatives, or even intense positives -- we will not be disturbed, as they will fall off us like the proverbial water from a duck's back. In other words, life will respond, and those severe external circumstance will tend to quickly subside on their own. In addition, an entirely new development might arise, outside the current situation, as a further positive response. Such unexpected developments can be so powerful that it can change our lives, as it did for Mr. Pasteur and the world.

[Non-Reaction](#)

[Equality of Being](#)

[The Story of Louis Pasteur](#)

## AROUND THE WORLD WITH PHILEAS FOGG

There are many keys to accomplishment in life. Vision, organization, and drive are several. Another is the capacity to be calm and equal in the face of difficult circumstances. One false step and one can fall down the latter to success. If however, we maintain the right balance in those situations, not only will we make the best of negative conditions, but life will tend to cooperate and, *on its own right*, right the wrong. It is the phenomenon of life response in action. You remain steady when life threatens to spiral out of control, and life rights itself as if by magic. Though it seems miraculous-like, it actually happens all of the time, just out of our "field of vision." For one famous character in fiction, that inner poise of equality attracted overwhelming good fortune -- just at a time when all seemed hopeless and doomed to failure.

In his novel *Around the World in 80 Days*, Jules Verne describes the wonderful adventures of Phileas Fogg and his traveling companions. In the story, Fogg has placed a wager of 40,000 pounds that he can travel around the world in 80 days. Though his adventures will provide him with astonishing experiences that take him to distant and exotic land, his central focus and all-consuming effort is directed toward winning the wager. In addition to his single-mindedness of purpose, several other personal qualities will prove invaluable to Fogg in pursuing his lofty goal.

One of those is the fact that Fogg is an eminently *disciplined* man -- both in his emotions and in his thoughts. He has the innate capacity to accept every difficulty and ordeal that comes his way in a calm and detached manner. No matter how problematic or even absurd the circumstances, Fogg's emotions are always tranquil and calm, as if he were detached from the intensity of every situation. And yet, interestingly his mind is always fully engaged in the issue at hand -- enabling him to rationally and most logically deal with any and all circumstance. In addition, his creative capacities border on genius, as he is able to meld a native intelligence and a broad knowledge of the physical workings of life with insights and intuitive-like inspirations that help him solve nearly every problem.

These qualities are further enhanced by his essential kind nature -- which can be seen in the goodwill that he consistently demonstrates toward his fellow travelers, as well as the people he meets along the way. That helps help him win the respect of others at critical moments on his journey, especially important when he and his comrades face imminent danger. He also exhibits other notable faculties -- including his ability to remain silent without speaking, unless situations dictate that he does so. Together with his utter punctuality and masterful planning and organizing capacities, Phileas Fogg is the very embodiment of stability, rationality, and equality -- making him the perfect candidate to accomplish his ambitious goals.

And yet, this is an adventure story that Verne is determined to infuse with a variety of life's exigencies. And so it turns out that at about the time Fogg first embarks on his journey, the Bank of England is robbed. Moreover, the robber himself steps forward and maliciously matches Fogg's physical description to the thief, which causes the high-level official, Mr. Fix, to believe that Fogg's wager is a pretense to elude authorities in Britain.

Fix then attempts to arrest Fogg in England, but when he fails to do so is forced instead to follow him on his travels around the world.

Though Fogg has astonishing encounters in Brindisi, Suez, Bombay, Calcutta, Hong Kong, Yokohama, San Francisco, New York and Liverpool, he still has to arrive back in London before noon on the 80<sup>th</sup> day to win the wager. Though on his trip he discovers that he has been accused of thievery, he brushes it aside and instead focuses all of his energies towards winning the wager. Along the way, he utilizes his uncanny creativity, ingenuity, and scientific know-how to solve every problem that crosses his path.

However, when he finally arrives in Britain on the very last leg of the trip, he is arrested by the authorities for robbing the Bank of England. Though he manages to escape from prison, he soon realizes that he is 5 minutes too late to win the contest. However, life then responds in his favor when he discovers that he and his party have actually arrived in Britain *one day early!* Because he had traveled *east* from England in circling the globe, he and his party had actually *gained* a day when they returned 79, not 80 days later!

Phileas Fogg's utter calm and equality in the face of extremely difficult circumstances attracted a magnificent response from life that provided him with his greatest moment of glory and success. It is an indicator that life on the outside responds to one's inner efforts or capacities of higher consciousness. Maintaining a poise of inner calm and equality is one method that enables that miraculous-like dynamic. It is in essence a spiritual-like quality that tends to overcome the negative, while attracting the infinite potentials of life.

Equality of Being

Around the World in 80 Days

## SENSE & SENSIBILITY AND THE RESPONSE OF LIFE

I would like to share some comments on the movie, "Sense and Sensibility" by Jane Austen

[https://en.wikipedia.org/wiki/Sense\\_and\\_Sensibility\\_\(film\)](https://en.wikipedia.org/wiki/Sense_and_Sensibility_(film))

"Sense and Sensibility" resembles Pride and Prejudice in many ways.

- Ms Elinor to Jane
- Edward to Bingley
- Colonel Brandon to Darcy
- Willoughby to Wickham
- Marianne, cannot compare her to Elizabeth, but kind of.

When the Reality strikes, everyone was living at the surface and were clouded over by (Sri Aurobindo's) Sevenfold Ignorance and therefore no one could perceive what was going on or what would happen next.

As the events progressed in London, they were terrible to bear for both sisters Marianne and Elinor on hearing the marriage proposal of their loved ones. The story almost seemed like a great tragedy as there appeared to be no hope for both of them. But the actual Reality that was manifesting subtly at that time was entirely different from what they perceived on the surface.

Marianne ignored Colonel's attention in the beginning, rejecting Life's opportunity which was coming on its own. (as Elizabeth rejected Darcy's proposal). As a result, she had to go through severe emotional and physical suffering to get back what life was offering.

Ms Elinor had a similar situation as well. However, due to her contented nature, she did not overreact like Marianne when the events unfolded during her London visit. As a result, her endless patience and non-reaction toward life events brought Edward back to her life, without any of her initiative [Life Response]

Non-Reaction

Patience

Sense and Sensibility



## THE POWER OF NOT REACTING IN INTENSE MOMENT

At intense moments, reacting to an event is a normal human tendency. However, when we take higher consciousness approach and DECIDE not to react to that moment will make Life to respond and bring miraculous results.

Background: MAI team (Dan, Ray, Vinay and Anya) were called for a meeting to evaluate their project proposal by NASA. They were confronted by one member of NASA (Roche) vehemently out of ill-will. It was an intense moment! What did Dan do?

The Book says:

"...Dan sat back and observed Roche carefully. The first thing that struck him was that Roche was confronting them with the very doubts with which they had confronted themselves just a few days earlier. His accusations were only a reflection of their own self-accusations. What was the use of getting angry or defensive with him for pointing out basic truths? No doubt he was doing it in a mean-spirited, intentionally provocative manner. Perhaps he was even professionally threatened and jealous that they had evolved an alternative approach to the problem. But Dan saw clearly that reacting and

quarreling with Roche would not do any good. He thought about what he had read in the article on silent will. He decided to remain quiet."

"...When Roche finally completed his tirade, all the partners were surprised to hear Ray start defending their position calmly and effectively, and Ray was the most surprised of them all!..."

"...When Ray completed his response, there was silence in the room. Roche seemed to be struggling for something to say, but he sensed that he had lost the initiative irretrievably..."

Result: At the end, MAI team won the trust of all except Roche and the project was indeed awarded to them.

Non-Reaction

The Book

## **NON-REACTION ATTRACTS IN DHANAK**

If something negative happens to you, such as being lied to and betrayed, yet you do not react, remaining very calm, not speaking about it to anyone, startling positive conditions will soon reveal themselves, often coming as a total reversal of the original negativity, and then some.

In a lovely film called 'Dhanak,' a young Indian girl was distraught that letters she sent to a famous actor to help her little friend overcome his blindness, were being intercepted by her callous aunt.

And yet despite the horror, she did not react with anguish or with blame. She remained unusually calm, something startling for someone so young.

Well it turned out that a very short time later, from out of nowhere there arrived an adult friend of theirs on a bike, who let them know that the actor had instead come to a local village to make a film; an absolutely startling reversal. The disappointment of the unsent letters was now completely reversed. Instead of not being able to meet the actor because the letters of introduction had been hijacked, the actor was sent nearby to them by Life!

The young girl's calm demeanor -- not reacting in the face of potential bitter disappointment -- attracted from out of nowhere the very person who could help her fulfill her deepest wishes for her little friend.

Non-Reaction, Calm

Dhanak

## **POWER OF WITHHOLDING HELPING OTHERS**

Sometimes we need to refrain from volunteering to give another help when they ask for it, and by doing so evoke the very best conditions for that person. In the film 'Ray' about the life of famed blind American musical artist Ray Charles, the boy as a blind child begs his mother for help to guide him through his darkness as he approaches her. While always accommodating him in the past, this time the mother catches herself and holds back from doing or saying anything. After a short period of anguish, something remarkable starts happening, as the boy now begins to hear subtle sounds of things that he was unable to perceive before. He can now distinguish between many different sounds of many different things, giving him the capacity to now navigate the world as a blind young man on his own, something he would make great use of the rest of his life. That is the life response power of withholding helping others so that they can in essence help themselves, evoking magnificent life response results to that end.

### Withholding Action

#### Ray



### AN EMAIL, A GAME AND THE BOOK

At the most devastating time of our life, when we lost faith in our capacities, GRACE comes to us, overwhelming us, though the FORM it takes may appear contrary to what we perceive. Our job then is to simply to be RECEPTIVE to it, consciously or subconsciously, and the remainder of the GRACE will be fulfilled by Itself.

In Garry Jacobs' novel 'The Book,' the most anticipated email from NASA, the last hope of MAI's (the organization's) survival, came in the form of a misfortunate "Rejection" letter to their surface view. Yet, it was in fact an act of GRACE. (Otherwise, Dan would have preoccupied with a new project or other.)

Something in Dan had become Receptive to the Grace, as he had previously practiced acts of Higher Consciousness. He did this-

- by not reacting to the email and its apparent bad news when it arrived, and
- by restraining himself by not sharing the bad news immediately with his partners, so not to spoil their weekend.

After the rejection letter, he did not know what to do; and so he flipped on the TV. At that moment, it was broadcasting one of the greatest Superbowl contests between the San Francisco 49ers and the heavily favored Cincinnati Bengals in 1989. He was inspired by the play of Joe Montana, the man who simply never gave up till the last minute of the game. Dan lost himself in that game, that awakened his subconscious/subliminal. With that inspiration, he decided to go for a walk, and the rest was history. The GRACE had

led him to the Moe’s Book Store, where “The Book” had fallen off, which changed his life forever.

During his walk, what had Dan thought to himself? The Book describes the situation:

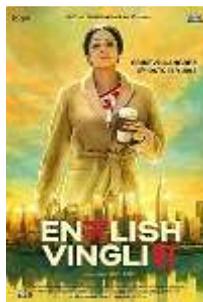
“... After being dominated and squarely beaten for 57 minutes, a team could elevate its performance to such an extent that it accomplished more in the last three minutes than it had in the previous 57. How was it possible? There had to be some principle or rule of life to explain this remarkable phenomenon. Could anyone have predicted this outcome? He [Dan] was really inspired by Montana’s performance. Here was an athlete who faced the peak crisis of his career. Everyone knew the odds weighed heavily against his team. He must have known that too. But given a tiny crack, a small opening in an apparently hopeless situation, he was able to convert the crack into a window and the window into another Superbowl ring. It was incredible to watch. Dan could not help comparing Montana’s situation in that game with his own situation at MAI. He marveled at Montana’s confidence, courage, and psychological stamina. By comparison, he felt his own faith and commitment were insignificant...”

Non-Reaction

Power of Restraint

Receptivity to Grace

The Book



## LIFE RESPONSE ANALYSIS OF FILM 'ENGLISH VINGLISH'

Today I watched an Indian movie “English Vinglish”

[http://en.wikipedia.org/wiki/English\\_Vinglish](http://en.wikipedia.org/wiki/English_Vinglish)

A nice movie in which the heroine transformed herself by acquiring a new skill of learning English. I think there are number of life response principles in the movie; I noticed some and wanted to share them with you.

Life Response Principles:

- At first, her family members did not understand her feelings. Yet, she did not react to them directly, but felt deeply about her incapacity. Probably the aspiration in the depths

created an opportunity to go to America for helping the wedding of her sister's daughter. It came as an opportunity that she had to go alone and stay for 3 weeks till her family joins for wedding.

- She faced an incident at the restaurant at New York, where her vital didn't cooperate and she created a messy scene. However, contraries are compliments. At the same time life presented an opportunity by an advertisement on the bus about English learning.
- She sincerely made the effort, joined the class and started learning with full aspiration, interest etc.,
- Life responded her with the nice environment for learning and help from various characters in the movie to support her learning.
- She was continuously facing criticizing comments from her family over phone, yet she did not react to them openly or give up learning.
- Life posed her various problems like her family from India came to New York early, her son had small accident near empire state building etc., But at the same time due to her non-reacting attitude it responded by continue to pursue her interest with the help from her sister's daughter.
- At the final day of exam, life posed her another challenge by spilling all her sweet laddu incident which was meant an appreciation gift to all those who attend wedding. It also made her not to participate in the final exam. Though it was her son's fault, she showed the highest virtue of Non-Reaction again and took the full responsibility for that incident by herself and prepared all those sweet once again.
- Finally, for all her patience, non-reaction and aspiration to transform or uplift herself, Life created a suitable opportunity to show her real inner change to the outside world. She gave a very nice touching toast speech to the married couple which received huge appreciation from all and her teacher told that she had passed with distinction.
- Finally her husband and daughter regret for their mistakes. That was achieved by changing herself which evoked the response in others to realize their mistakes.
- It is something like when Eliza abused Darcy, he didn't try to justify himself or expose her faults. Instead he saw the truth in her saying and transformed himself which made her to come to him by herself.

• From Growthonline:

“Whether it be a new skill required of your work or a skill that creates a new perception or realization on your part, you will probably notice a surge of your mental or emotional energy. Just acquiring your skill can motivate you to take action, which can lead levels to new levels of achievement.”

(Senthil Murugan)

[Higher Consciousness](#)

[Personal Growth](#)

[Aspiration](#)

Non-Reaction

English Vinglish



### 'HIDDEN FIGURES' REVEALS SPIRITUAL METHODS OF ATTAINING SUCCESS

I recently watched the beautiful movie 'Hidden Figures.'

This movie beautifully illustrates the power of Non-Reaction, Accepting Life, Patience, Silent Will, Embracing opportunity and many others.

I thought of the following comment upon watching this movie. I think it has a direct message for me:

--

Even when you are chosen by the Infinite, when you are aligned with His cosmic purpose, when you are destined to be a pioneer of evolution, the change is not that easy. The established forces and forms of Life resist against that as they do not want to be changed. We may not be able to revolt against them alone unless we have that kind of strength and spiritual support. Instead of reacting against life, when we accept what Life has given us, and when we continue to aspire our dream, eventually it will make Life to respond and bring us opportunity that would manifest our deepest aspiration and also make us an instrument of cosmic purpose.

The established forces that resist need not be from outside, they could be our fixed habits, attitudes, swabhava, subconscious impulses and so forth.

(Senthil Murugan)



## **BUDDHA'S AND RAMDEV'S NON-REACTION**

I have watched the 55-episode tv show on the life of Buddha, as well as the 88-episode on the life of Ramdev. In both instances they were repeatedly confronted with situations where there was great passion and agitation coming from someone or something outside them.

Rather than go against it, they accepted the situation (instead of confronting it, going against it). In each instance powerful positive conditions presented themselves thereafter; with the rightful karmas of all parties played out.

In other words, the two spiritual individuals spontaneously knew the right yogic poise to take in the face of uncontrolled questionable intensity coming from the outside. We call that in our devotee practice "Non-Reaction."

Life responds magnificently to the positive when following this dictate.

[Non-Reaction](#)

[Life of Buddha](#)

[Life of Ramdev](#)

# Silence

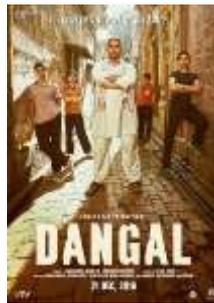


## VERBAL SILENCE ATTRACTS (IN SEABISCUIT)

One of the more interesting moments in *Seabiscuit* occurs when Tom first confronts the horse. Rather than try to force him into submission, he uses what we might call an “inner” approach. Tom remains silent, which compels the horse to calm down on its own. This is similar to the technique used in the film ‘The Horse Whisperers.’ By not speaking, a calming vibration issues forth, which had the effect of soothing the horse. When we reduce the amount of speaking we do our own lives, especially when in the presence of others, life tends to bring us positive results thereafter. Speech expresses our life energy. When we conserve it, it tends to build up and attract corresponding positive circumstance from the field of life.

Silence

Seabiscuit



## DANGAL AND THE LIFE RESPONSE POWER OF SILENCE

Dangal is an Indian film based on the true story of how a famous wrestler (Mahavir Singh Phogat) became a coach, overcomes his anger that he has no sons to follow him in the sport, and ends up training his daughters, who become national champions.

In one scene near the end, the Mahavir is giving hand signals to his daughter Geeta, who is competing in the Commonwealth Games for the world championship. Unfortunately, in the middle of the action, the father is tricked into being locked up by a jealous coach where he cannot offer his signals to his very skilled daughter.

However rather than remain in anguish, Mahavir begins to sit quietly and becomes still, almost to the point of meditation. After a short time, he hears the national anthem of

India being played, indicating his daughter has secured the victory; perhaps the happiest moment of his life.

Because he took to stillness - in mind, in thought, in emotion, and in action (in not trying to escape) -- over anguish, Life returned the favor by securing the victory for his beloved daughter. Her wrestling champion sister also shared in that overwhelming pride and joy.

Geeta would go on to be the first woman champion ever sent to the Olympics for India.

Stillness, Silence

Action vs. Non Action

Dangal

# Non-Initiative, Life Coming to You



## **THE COSMIC CONNECTION – THE WORK, LIFE COMING TO YOU, REVEALING ITSELF**

As we go within, as we rise in consciousness and when the time and the atmosphere are ripe, the work that needs to be done will be revealed by life, by itself.

In the novel 'The Book' by Garry Jacobs, Prof. Stearne was introduced to the readers in the very early chapters, as He had presented His speech at the AI conference. Afterwards, there was not a clue of what He was doing for the next several years. When the time was right and when the atmosphere was rich, life brought the MAI partners to Him without any effort on His part.

It was the same case for the MAI partners. Despite their continued progress, the threat of adversaries continued to increase. When they were stuck with not knowing what to do next, life brought them to Prof. Stearne. It was a mutual need for both. Without each other they would not have achieved what they had dreamed of.

In fact, what had happened was a COSMIC ACT, which brought the right parties in alignment and harmony in order to manifest a greater Reality, and to manifest the Spirit in Life.

[Life Coming to You](#)

[Cosmic Act](#)

[The Book](#)

# Surface vs. Depths



## ROMANCE THAT LASTS

The secret of lasting romance is not a matter of chance or luck or the magic of finding the perfect person. It lies rather hidden in the aspirations and values that bring two people together in the first place.

Allie in the film *The Notebook* made a conscious decision to follow the deeper urges of her heart, rather than the surface attraction of wealth, material security, status, respectability and social success. It is true she did love Lon in her own way, the way we love all our families, all that we are used to, all that represents a comfortable and acceptable way of life. But her love for Noah issued from the depths of her being. She had the strength which her mother lacked to renounce the safe and secure path in favor of an emotional adventure of the soul. (from *RomanceEternal*)

[Romance](#)

[The Notebook](#)

## SENSE DATA DECEIVES US

Man in his lower consciousness believes only in what he sees with his eyes. His conclusion is based on sense data alone, and as a result, his conclusions are faulty. He does not think. If he did, he would reason and perceive other possibilities. We each do this many times in the course of our days. We come to erroneous conclusions based on what we quickly see and hear, instead of considering the possibilities. In the famous film 'Twelve Angry Men' we see how this is overcome, avoiding tragedy. A man with a developed, probing mind and intelligence leads the way. From a deeper consciousness, we are less likely to judge from sense, and more likely to reason, and therefore perceive the true truth of things. Such a deeper poise can be fostered by spiritual methods and approaches over time.

[Surface Sense Physical View](#)

[Twelve Angry Men](#)

## TO BE TITLED

To see the beauty behind the ugliness, the truth behind the falsehood, the light behind the ignorance is a sign of a rising consciousness that is in tune with, one with the Integral Reality.

Additional comment: Eg to see the wisdom of life in the individual who abuses us, such as the nasty boss. We can learn he is there to teach us psychological strength, or to develop non-reaction power, etc., which can carry over into the future. It is to see the truth behind the falsehood.

In the play and film 'The Elephant Man' based on a true story, a horribly disfigured Englishman turns out to have a great intelligence, be eloquent beyond compare, and creates objects of art (such as a model of a cathedral) of exquisite beauty. He serves to inspire the entire society.

[See Beyond the Surface](#)

[Beauty](#)

[Truth](#)

[Light](#)

[The Elephant Man](#)

# Subconscious Influence



## SUBCONSCIOUS DECIDES THE OUTCOME PRIOR TO SURFACE ACTION

What you consciously perceive as good fortune on the outside, you were already predisposed to in your subconscious inside. (E.g. in *Pride and Prejudice* Eliza was shifted and accepted Darcy after seeing Pemberley because inside she was already subconsciously disposed toward him. Her subconscious which was in touch with their future relationship compelled her to take the trip.)

Further comments: -When I went to East-West Center in LA in '74 and found out there about people in the valley who turned out to be Garry, MSS, and all changing the course of my life forever in terms of Sri Aurobindo and Mother and Karmayogi and my work, it was because my subconscious compelled me to go there. I had no conscious intentions long these lines when I went to the Center, only to meet interesting people related to SA and the Mother. That's all. But the subconscious knew better and sent me there.

- The subconscious, particularly the subliminal and soul are in touch with the past, present, and future.

- The subliminal sits on the edge of the subconscious, and is in touch with the superconscious, which includes access to all dimensions of time and space.

Science tells us now of the integral oneness of the brain, including its cells, its pulses; its organization and interaction; and that mirrors the oneness of all things in the universe, and beyond. In that way, it is, we are a microcosm of the macrocosm.

(Roy Posner)

[Subconscious Influence](#)

[Pride and Prejudice](#)



## SUBLIMINAL OPENINGS THAT SHAPE OUR LIVES

The Subliminal being is the inner consciousness that guides you in life, often opening up doors to the unexpected, fulfilling conscious or subconscious intentions:

Eg one day you feel compelled to go to a spiritual center. When you arrive there you simply want to enjoy the experience. Instead someone greets you and tells you about an opportunity that will change the course of your life. Your subliminal was open to the universal, the superconscient that knew of your deepest aspirations and how to fulfill them by subtly urging you to take the action to go to the center.

(With this in mind, here is a paraphrase of comments by Senthil Murugan about the MAI team, the developers of the AI system that is able to solve any problem in the world as presented in Garry Jacobs' novel The Book.)

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The Subliminal potential of MAI team brought them together to meet one another at Fort Lauderdale conference in the beginning of the story in which they were also afforded the chance to meet Prof. Stearne. The four partners plus Levin then united together for a common purpose of helping the humanity by developing an almost infallible Expert System to solve any problem on earth..

The Book itself came in response to their aspiration and was continually aiding in their progress.

As the story progressed over time, the Team had tried their best to keep the Book safe through a variety of means, as they were confronting attacks from adversaries from all directions. Having tried all methods of improving security, taking to extreme vigilance, and so forth, they ran out of choices on the surface, and finally decided to consult Prof. Stearne who was a Spiritual Genius. (It was than six years since their first meet up with him in the beginning!)

The arrival of Prof. Stearne to MAI was a significant event in the story. He not only explained them the sources of attacks and guided them through the tough challenges but also solved the key problem in a dramatic and miraculous way.

Thus Stearne and The Book itself arriving serendipitously were due to the calling and opening in their Subliminal being which is open to the universal, superconscient plane of that which will be of great benefit now or later, while fulfilling their deepest aspirations in the work.

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In that light why not examine your own life and think of one or two events that were wholly unexpected in which the course of your life was changed. It is often the subliminal at work on your behalf, which is connected to a Higher Power that is in touch with destiny, success, and growth in consciousness.

[Subliminal at Work in Our Lives](#)

[The Book](#)

## BECOMING AWARE OF THE SUBCONSCIOUS INFLUENCE

The monarch butterfly travels 2000 miles from Canada to Mexico in a vast migration. Science looks for reasons for this astounding journey on the surface; but it is due primarily to instinct; or more specifically to subconscious knowledge of the animal that perceives what needs to be done.

We too do things that we are unconscious of. Like the butterfly, the subconscious knows very well why we are doing it. In fact, we are compelled to do so because the subconscious is telling us to do it. That is because aspects of the subconscious are in touch with universal forces that transcend time; that can look into the future and guide us toward a destination, even as we are not deeply aware of why we have come there. When at the end of that act, we come upon some great benefit -- such as an unexpected meeting an old friend, or coming upon a great opportunity, or finding the love of our life, we are surprised to know end. But not the subconscious, which had the knowledge all along.

In Jane Austin's *Pride and Prejudice*, heroine Eliza Bennet agrees to visit the fabulously wealthy bachelor Mr. Darcy's Pemberley estate. She has her reasons, but is not consciously aware of the main one. When Darcy suddenly appears on the scene, when he was expected to be away on business for several weeks, it leads to the rebuilding of their relationship and their soon to be marriage. And yet Eliza's subconscious knew this all along, as it was in touch with the superconscious plane of Mind that knows past, present, and future. In each of us, there is a subconscious that is aware of what the conscious fails to know, compelling us to act even when we do not see the purpose of our action.

Thus, one goal for an evolving being is to become cognizant of those forces that are below or above our normal state of awareness. As we develop our own consciousness to a higher degree, we increasingly have intimations of messages from these sub and super conscient realms. As a result, we are constantly being guided to move in the right direction, enabling a life of vast great success, fulfillment, and delight.

[Subconscious Influence](#)

[Pride and Prejudice](#)



## **WRITERS' SUBCONSCIOUS KNOWLEDGE OF LIFE'S CHARACTER**

“... Every writer has within him or her, to a greater or lesser degree, a subconscious knowledge of the workings of life. Therefore, when that author portrays a scene through the expressions of one of more characters, there is an instinctual sense of how life really operates under those conditions. It is not that they have a knowledge of the phenomenon of life response per se, but a sense of how life flows and what scenes, events, and outcomes would naturally arise from their predecessors.

The greater the artist -- e.g. a William Shakespeare, Alexandre Dumas, or Jane Austin -- the more they capture the subtle nuances of life, and hence are more likely to express life response incidents in their stories...”

(From ‘The Miraculous Phenomenon of LIFE RESPONSE’ by Roy Posner)

[Subconscious Influence](#)

# Supramental Qualities, Actions



## COLLABORATING WITH THE DETERMINATES OF EVOLUTION, THE FORCE

There are fundamental aspects and attributes of the Spirit that are trying to be realized in life. They are the determinates of all human existence, including our own lives. Those who identify and then consciously choose to collaborate with those spiritual aspects will ride the tide of progress and evolution forward. Those who swim against it will be drowned by the Force of progress.

Example: In *Pride and Prejudice* there is a force that is trying to create collaboration between the middle and upper class. Rather than have violent revolution as in nearby France, England took a quieter, more harmonious tact. All those who participated in it, like Eliza, Darcy, the Bennet family, greatly benefitted with it. Those who opposed the union of the two classes, like the effete aristocrat Lady Catherine were washed away by the tide of history.

There is thus a Force of movement forward. It contains one or more of the cosmic determinates, such as equality, freedom, peace, silence, harmony, light, truth, creativity, beauty, love, delight, etc. These forces are there in the Supreme Consciousness and moved out as waves in creation, moving in infinite directions as needed in the evolution. Those in touch with these waves, with that Force will be successful. Those who oppose will be washed away by the tide of history. (Roy Posner)

[Catching Wave of Evolution](#)

[Pride and Prejudice](#)



## **SUPRAMENTAL INDIVIDUAL IN FILM "PHENOMENON"**

A question that can be asked is whether there has ever been a film depicting a Supramental Being.

In the recent 55-episode series on the life of the Buddha we see many of these aspects, though not all. Of course there are a number of other movies presenting such Divine personages. Eg in the 6-hour English production of Mahabharata, Krishna also appears to have many of these attributes. But do they truly have the gnostic, supramental qualities as described in the next to last chapter of Sri Aurobindo's 'The Life Divine' and elsewhere?

One such film that stands out for me in this areas is the 1996 movie 'Phenomenon.' I have watched the film more than 10 times, each time enjoying being in the atmosphere of one who is on the cusp of Supramentality.

Among the ways the central figure in the story George Malley expresses those traits at the mental, vital, and physical levels are-

- the ability to synthesize any knowledge into a greater knowledge, leading to non-stop intuition and revelation of thought
- his universal capacity to know things at a physical distance, including its goings on
- his miraculous-like power to solve any mystery
- his ability to continually create exceedingly creative solutions beneficial to the community and society
- his power over the physical/material plane, overcoming gravity, magnetism, etc. (telekinesis)

But then what is he missing to be a true supramental personality?

-We can ask, does he show true harmony and oneness with others? He does seem to come into identity with ideas and material objects. However, in part due to the situation he finds himself in there is a modicum of conflict in his life with others, mostly due to the bewilderment and fear of his capacities by many members of the local community. This also irritates him on occasion, disturbing his equality of being.

-Does he show oneness and identity with things, life around him? Well, he still goes through conflictive situations. A supramental Being does not normally have to pass through contradictions to experience that harmony and oneness. He is constantly evoking a higher harmony (as Buddha is able to do in several of the episodes.)

-He does not appear to be aware of the Divine, Supramental Force or use it; though the writers of the film leave it open as a possibility that his capacities originate from a supra-normal, even spiritual-oriented race or entity.

-Does he experience the ecstatic Joy (ananda) of the supramental being? In many ways he does, but perhaps not the divine Bliss.

-His sense of True Individuality is established, though it is not clear to what degree he is in touch with his psychic being, evolving soul.

-How about Divine Love? It is not clear if he feels such a thing or consciously conveys it to others, though he fully loves one person (human love).

Please let me know if you agree with these assertions by watching the complete 1996 film when you have a chance. And let's discuss what makes him gnostic-like, i.e. Supramental, and where he comes up short.

[Supramental Existence](#)

[Phenomenon](#)

## **COSMIC COMPULSION TO EVOLVE**

We understand that through our rise in consciousness we progress, even evolve. What we do not see is how behind the scenes the Force is compelling us to advance in consciousness.

This is memorably presented in the 1960s sci-fi epic film '2001: A Space Odyssey.' Millions of years ago an ape sees shattered bones of a dead animal in front of him, picks up a large, heavy major bone, and realizes it can be used as a weapon to defend himself and his people against aggressive rival clans. Through his elevation of consciousness and awareness, he is able to progress.

However, what we miss is the fact that a Monolith, an entity from billions of years in the future, has come and visited this primitively culture, and emanates an evolutionary vibration that subconsciously compels the ape to make the leap in awareness.

Similarly, in our lives, we are not only consciously moving forward and progressing, but there is a Spirit and Force behind the scenes that is in tune with our destiny and urging our way forward. It is the compulsion of the Spirit in life.

[Evolution](#)

[Evolutionary Compulsion from Above](#)

[2001: A Space Odyssey](#)



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(Roy Posner)

COMPOSITE

Buddha



### **SUPRAMENTAL SOLUTION**

When a problem surfaces and when we analyze and solve it using our mind, we solve it based on a limited point of view, and therefore it is bound to have other consequences. When one solves a problem that reconciles the view of all those who are involved, then it comes from Supramental Consciousness.

In The Book, Prof Stearne became aware of the danger in front of MAI team, soon after His first meeting with them. And so He had thought of what needed to be done. And so He took an arduous task, and worked on silently without telling anyone; not even a hint, but magnificently manifested that solution in His own style. When the mystery was revealed, the MAI partners were speechless.

What He had done?

- First and foremost, He preserved The Book and ensured that it remained in MAI's hands.
- He permanently eradicated the danger that was daunting to the MAI team for so many years.
- He guided the MAI partners to manifest their mission and vision which they had dreamed off several years ago; and also brought out meaningful purpose in their lives.
- He manifest the solution that would help not only the MAI partners, but also the entire humanity.
- He thought of reconciling the needs of those who were in the lives after manifesting his plan, - for example for His servants Juan and Rosa, giving them His entire property.
- He perceived that after His plan was executed, it would create loneliness and vacant place in Dan's life, and so He invited Kristy (Rose) into Dan's life.

- He also reconciled the solution from the Adversaries point of view, as they would not need to chase after The Book again.

- And, many others...

(Based on 'The Book' by Garry Jacobs)

[Reconciling All Views \(supramental\)](#)

[The Book](#)



### **PROF. STEARNE - THE Gnostic BEING - RECONCILING ALL SIDES**

When a Gnostic Being acts from the Truth of his Being, he reconciles the Truth in Every other being's view point.

In the novel 'The Book', after the arrival of Prof. Stearne, MAI's growth rose to greater heights. Yet, at the same time, the intensity and threat of the adversaries also continued to increase, aiming for the 'The Book'.

What was needed was a permanent solution; not just for MAI, but such solution could reconcile all viewpoints [including positive AND negative, i.e. the adversaries]. How to devise such a solution? It is possible only when one has the Absolute's view point, and one acts from one's True Self.

At that crucial time, Prof. Stearne devised a master plan [that would reconcile the contradictions], worked towards that earnestly and executed it flawlessly. He had never proclaimed that he was going to solve it, not even shared it to MAI partners. When the solution unfolded , when the puzzle was revealed, it was a miraculous moment for everyone. Dan and MAI partners were speechless. At the end, everyone was benefited I, including the adversaries.

"Complete knowledge is knowledge that leads to accomplishments that have no negative

consequences or side-effects." - The Book

[Reconciling All Sides](#)

[The Gnostic Being \(supramental being\)](#)

[The Book](#)



## THE SUPRAMENTAL IN 'PHENOMENON'

WHAT WOULD A SUPRAMENTAL LIFE BE LIKE? (featured)

In this life as soon as one has an idea of something, there is immediately given a power for it to manifest as real in the world.

George had several ideas as a result of his experience. However, the world was not ready to embrace and try it out. He had tried himself with the organic fertilizer and then passed on that to his friend Nate. Also, he had written down all the possibilities and given that to Dr Ringold for the future.

In this life there is ongoing soul to soul connection with others. What occurs to another is equally as important as what happens to ourselves. There is thus a sense of Oneness toward both others and life.

He could identify himself with the nature and that's why he was able to perceive earthquake, identify himself with the rhythm of wind and so forth. He could clearly see the problem from other's point of view like the he was able to solve rabbit's problem.

One fine example was that he could understand not just Nate's surface problem as he was in need of a helper to clean his house, but a need of soul mate from his depths. And so he had connected him to Ella beautifully.

In this life when we accomplish something, it simultaneously is done at the collective, societal, universal level as well.

The world was not ready for that at that time. Perhaps that's why Mother didn't supramentalize the world though SHE has the power to do that. When the world evolves collectively, it would be easier to accept.

In this life the supramental power is always there, and always available to instantly solve problems, create the best conditions, open up opportunities, etc.

He could see various, numerous possibilities. Though people were not receptive to that except very few. It frightened his friends at the bar and also public in the book fair.

In this life there is no ego, no selfishness, no self-importance; there is also no ignorance, falsehood, or evil.

In this life, a positive development never creates an additional dark shadow. Life is therefore "self-existent."

In this life there is no pain, suffering, or even death. There is unending life if one so wishes it, especially if one has developed a modicum of a supramentalized body.

In this life there is no conflict, strife, war, poverty, and other forms of human misery.

In this life new, unprecedented solutions and possibilities constantly present themselves.

Indeed he had those possibilities and written down for the future.

In this life there is constant creativity, generating infinite variations and new formations of reality.

*Same as above*

In this life there is continuous peace, inner silence, truth perception, harmony, goodness, generosity, gratitude, knowledge, wisdom, beauty, love, joy, timelessness, and infinity.

He had expressed some of them to certain extent. He did not force Lace to accept his love. He happily, willfully accepted her to let go as she was not ready for that kind of surprises. Yet, she came back to him and she told she could not stop her from loving him till her life time.

In this life, we develop true individuality, even true spiritual individuality that emanates from our soul. Our actions are infinitely creative and dynamic as they emanate from the psychic being within.

Other than initial conflict and confusion, he himself amazed about what was going on with himself and he talked about Spirit to the doctor in the hospital. But the world viewed them as only physical things happening in the brain. Unfortunately he had not met anyone who could understand such psychic experience and guide him along.

In this life we are continuously centered deep within, in the psychic being, and call to the supramental force, the divine Mother, continuously bringing about divine-like developments around us.

In this life we are not just true Individuals, but also Universal beings affecting the world around us in profound ways; and also Transcendent beings, constantly fulfilling the will of the infinite Divine.

He became a universal being as the movie ends with how he had touched everybody's lives in his next birthday.

In this life we help bring about and partake in an ever-emerging Divine Life on Earth; a Supramental Existence.

Indeed this film had the glimpse of aspiration towards Supramental Existence and had picturized it well, though they may not aware of that on the surface but perceived subconsciously.

(Roy Posner & Senthil Murugan)

Supramental

Phenomenon



## **GRACE AND SUPERGRACE**

Grace brings in the known great boon to an undeserving nobody. [Like Elizabeth in *Pride and Prejudice* who gains Pemberley, or the US joining the allies during WWII.]

Supergrace brings the non-existent wonder to a non-entity. [As the not too bright Jane in P&P when she gained 4000 pounds from Bingley, and when Europe received the boon of the Marshall Plan from the US.]

(paraphrase of Sri Karmayogi by Roy Posner)

# Spiritual Life

## NOT YET TITLED

Many Indian films, literature, and the like are filled with what might be called "spiritual sweetness." It is a palpable sense of something Deeper and cherished behind events. On the other hand, Hollywood and related films of the West have practically none of that; as it is mostly foreign to the culture.

[Spiritual Sweetness](#)

## NOT YET TITLED

Karmayogi indicated a while back something to the effect that fantasy literature and films, such as Harry Potter, are like training wheels for the Spiritual life. Though the plots may be silly or unfathomable, the magic serves the purpose of stimulating the young person's imagination, and can be a precursor to partaking in a spirit oriented life. In other words, the artificial magic of fantasy entertainment presages the real Magic of the Spirit to act in life.

[Magic](#)

[Training Wheels for Spirt](#)

[Harry Potter](#)

## NOT YET TITLED

Karmayogi has indicated that he would like devotees to take to careers in Literary Criticism, - thereby revealing the Subtle Laws of Life at work that others can learn from, - rather than becoming computer programmers, doctors, and such. (I suppose in-depth film critiquing would be included.)

Reader: Thank you. May be I foresaw this in the 70s itself, switching from my Physics degree to Literature for my Masters!

Response: Congratulations K.

A little personal background: Once I wrote to Karmayogi asking him about what could be my future work, and he listed out in detail several lines I could pursue; one of which was Literary Criticism. I did in fact take that up in part, writing very long critiques of the film Seabiscuit, as well as the English tv series House of Elliott (30+ serial episodes).

Then there was my contribution on Pride and Prejudice that MSS themselves have developed in vast detail. Eg Karmayogi and I did a 300-page literary study together on P&P, one of his first studies on the story. Then there were my other film critiques, which were part of many other film analysis presented at the Mother's Service Society and Human Science sites. My focus in these critiques were mostly targeting key Life

Response circumstance in the story, though the critiques of Seabiscuit and House of Elliott were broader.

Then of course Garry Jacobs in collaboration with Karmayogi wrote brilliant analysis of all manner of fiction and film. Just on Shakespeare alone Karmayogi and Garry collaborated on analysis to bring out stunning insight on a wide variety of the plays.

All of these not only involved Life Response analysis, but exploration of the wider "Character of Life." This is an area that the multi-dimensional spiritual genius Karmayogi has opened up for the world. His brilliant, insights into the subtle laws of life are unprecedented in world literary history; as he has had the spiritual experience to describe each one of them in vast, startling detail.

From this basis, any individual can take up literary criticism/analysis, opening up that field in ways unimagined. We all certainly encourage it!

Literature sub-site of Mother's Service Society site:

<http://www.motherservice.org/literature>

Reader: Thanks for the detailed insight. I remember reading your analysis of Pride and Prejudice. You will be glad to know my elder daughter is also a journalist and reviews films, TV series as well as graphic fiction.

[Analysis of Character of Life in Literature](#)

## **THE CHARACTER OF LIFE VS THE CHARACTER OF THE DIVINE**

Life has a character of its own which simple-minded folk ignore. Meeting with misfortune, we exclaim, 'I have not done any wrong, why the punishment?' To succeed in life, it is not enough one has not done any wrong. It is also necessary to be strong enough to handle the forces of life. Edmond Dantes [of The Count of Monte Cristo] had not wronged anyone. He was incapable of it. Still, he was jailed. When Dantes became a captain at 19 and won the love of the prettiest girl there, Life demanded he be strong to enjoy them. He did not have the capacity to suspect his friend and therefore could not defend himself against betrayal. This is the stamp of Life which I call character of life. You will be punished for no fault of yours if you are not resourceful, alert, awake and aware of all that might arise in the minds of your enemies. It is not enough to be GOOD. One must be fortified against life by strength as well as cunning. Dantes is a fine example of this.

What life has not, God has - benevolence. Life could not reward Dantes for his goodness, but when he was about to die, God gave him Faria, the priest, and through him knowledge, wealth and prosperity. God in him gave all this, not Life. (MSS)

[Character of Life](#)

[Character of the Divine](#)

[The Count of Monte Cristo](#)

# Space and Time



## DEEPER TRUTHS PORTRAYED IN FILM THAT WE CAN PERCEIVE

Hollywood takes many liberties with space and time in its wide variety of stories. It often delights the viewer, while acknowledging it is artificial, even superficial. And yet behind the highly questionable realities portrayed lies deeper truths and laws of causality that completely eludes the authors. It is subconscious truth masquerading as surface, material gimmickry. However, to perceive the deeper truths behind is wisdom. One can therefore make the mental effort, look deeper, and intuitively perceive the subtle unfoldings and truths of life, even as one patiently observes the often-childish hocus-pocus unfolding on the screen.

(Roy Posner)

[Deeper Truths](#)



## ELIZA AND DARCY ALIGN IN SPACE-TIME

When life response occurs, two parties move into alignment in the same space-time, place/moment. Interestingly, neither normally knows that they or the other party is doing so.

One of the most powerful example of this synchronistic dynamic can be seen in 'Pride and Prejudice.' There Eliza Bennett visits Darcy's estate when he is away on business, and realizes to her surprise that he is in fact a good man, not a prideful one as she had come to believe. Thus, an invisible attracting dynamic takes place, as he physically moves toward her - returning early to his vast estate from a business trip. This dynamic also occurs the other way around.

As a result of their complementary shifts in consciousness, they arrive in the same point in space and time. They are stunned at this development, yet are deeply happy inside,

as they have secretly come to long for one another. Their relationship is thus rekindled, and they are soon married.

What has happened is that their Higher consciousness - in the form of more positive attitudes toward one another - has aligned both parties in space-time, bringing great, even ultimate reward to both.

It turns out that this dynamic is happening to each of us all the time, to a lesser or greater degree. Unfortunately, we are normally unaware of the fact. However, we can become keenly cognizant of this phenomenon, and thereby continually evoke startling positive results. It is one of the great subtle powers of human existence. (Roy Posner)

Alignment

Pride and Prejudice



### BEYOND TIME IN THE FILM 'ARRIVAL'

The powerful and profound film 'Arrival' in part is about how we can affect past, present, and future in the Now. That is the lesson of time the aliens are trying to teach the humans.

Loise experiences it as she knows the future in the present. A message from beyond time resolves the problem of the great conflict near the end of the story as General Chang changes his view and supports the effort of peace.

It is a similar principles described in poetry in the ancient Vedas of India, experienced by the spiritual rishis.

We can negate the effect of the past on the present by consecrating the past. We can get intimations of the future by being silent inside allowing intuitions to come into our field of awareness. We can make the future appear in the present through consecration, thereby speeding up time, (future is much less further out.) Etc. etc.

And from the present we can send out waves to the past and future, altering time sequence, and hence Life for ourselves and others.

Louise is thus experiencing a form of Supramental existence as she learns from and communicates with the timeless, not-time-bound aliens.

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Here is a trailer of the film:

<https://www.youtube.com/watch?v=tFMo3UJ4B4g>

Here is an explanation video of how past, present, and future is fused in film.

<https://www.youtube.com/watch?v=B748xYJQzK0>

Here is music from film:

[https://www.youtube.com/watch?v=YrwRd\\_27fhw](https://www.youtube.com/watch?v=YrwRd_27fhw)

[Space and Time](#)

[Simultaneous Time](#)

[Past Present Future](#)

[Arrival](#)

## **RELATIONS AMONG PAST, PRESENT, AND FUTURE IN LIFE RESPONSE**

We know the past affects the present, and the present can affect the future. But can the present affect the past? Or can the future affect the present? Well, according to the laws of life response it appears they can.

Eg I once asked Karmayogi if the circumstances that were attracted would occur if the attractor, such as the person who changed his attitude and evoked the response, did not change his attitude. He indicated that it would not. Which in turn implied for one that a person in the present could have an impact on the past, whether for better or worse.

For example, if Eliza in 'Pride and Prejudice' didn't change her opinion about Darcy when visiting his great estate, then Darcy would not have left several early from London and thereby met her at the pond - which brought them together for romance and marriage. In that way, her present would've had an impact on his past! And in turn her present!

Or if I hadn't cleaned my refrigerator on that fateful day, then the new abundant work would not have come to my agent to offer it to me as a response to my cleaning effort.

It also works the other way around, where if my agent hadn't made the effort to secure work in the hours and days before I cleaned out my refrigerator, then I might not have cleaned it in the first place and attracted that work! That party's elevation of consciousness in its present in essence compelled me to act thereby affecting my future.

There is then proof that the hard divisions we make of time – separating past, present, and future - begin to break down as we deepen our consciousness, since any one can determine the outcome of either of the others.

Thus, time shifts from being linear in three statuses to existing in one continuous stream of existence; undivided, not conforming to our normal views of cause-and-effect.

After all, Time emerged from the Timelessness of the Divine consciousness; without division, without any starting or end point. Just as timelessness has no sequence of unfolding of time, so time itself has no linear requirements. Past, present, and future are continually affecting one another in the most unusual of ways, even if it defies our ability to comprehend it.

[Time and Timelessness](#)

[Pride and Prejudice](#)

## **BEYOND PAST, PRESENT, AND FUTURE IN 'SOMEWHERE IN TIME'**

“The Lake House” is a lovely romantic film that beautifully illustrates how our past, present and future events are interconnected. “Somewhere in Time” is one such romantic film that illustrates the time synchronicity factor beautifully on its period of time.

[https://en.wikipedia.org/wiki/Somewhere\\_in\\_Time\\_\(film\)](https://en.wikipedia.org/wiki/Somewhere_in_Time_(film))

It is said that when we withdraw from our surface mind, travel inward and reach our depths of Being, we could get in touch with our Psychic Being which lives in Simultaneous Integrality of Time. From that state of consciousness, we could able to connect to our past or to the future, even we could change the events from that state as Elizabeth influenced Darcy to reach Pemberley earlier than his original plan.

The movie starts in 1972, where a college theatre student Richard Collier was celebrating the debut of his new play, and he suddenly met an old lady, who handed

him a pocket watch and said “Come back to me”. He was not able to recognize her, and then forgot about her. That old lady died in peace afterwards at her residence.

Eight years later, he was a successful playwright. Because he wanted a break at that time, he travelled to the Grand hotel at Mackinac Island, where he found himself interested in a photograph of young woman named “Elise McKenna,” and therefore started to research about her.

It turned out that he came to know that it was the very woman whom he had met eight years earlier in her old age. And so he came to that hotel again as a result of his subconscious intentions. His genuine interest towards her and uncompromised quest to resolve the mystery put him in alignment with Elise’s consciousness. And Life responded, leading him to her house where he learnt through his professor about the possibility of time travel. As a result, he decided to try this undertaking, despite warning of potential danger in the excursion as explained by the professor.

Through his research, he came to know that he had met her earlier in 1912. Then, he withdrew from his normal state of mind, and physically changed all the objects to 1912 period, as that would aid in his alignment with the past; and also tried to reach depths of his being by auto-suggestion, forcing himself that he was not at the period of the 1970’s but in 1912.

Through that process, he established that connection and met Elise, and after series of events, both were attracted towards one another, and began to love each other. However, her manager Robinson was not happy about their relationship and tried to stop him, as such love would spoil her career. At one point of time, Richard came in contact with a 1979 coin which disturbed the alignment and forced him back to the present reality. (It is like a sudden ringing of an alarm that suddenly wakes us up in the midst of a deep dream.) Being physically weak as a result, he could not connect back to the past consciousness again, and died few days afterwards. The movie ends with both were uniting in another Reality.

The movie picturizes beautifully other characters, like Arthur who was the bellman in the 1970’s—who helped Richard to know more about Elise. In fact it came as Life Response, an act of gratitude for Richard when he helped young Arthur in 1912.

There is a question to ponder. As Richard was able to get in contact with Elise in her past Reality, why could he not change that Reality as like in the movie, “The Lake House”, so that the ending could be different? Perhaps the consciousness of the past reality in 1912 could not prevail over the resistance faced by that time.

(by Senthil R. Murugan)

[Space and Time](#)

[Simultaneous Time](#)

[Past Present Future](#)

[Somewhere in Time](#)

## **'INTERSTELLAR' FILM & LIFE RESPONSE**

I recently saw this very popular and well-received science fiction film 'Interstellar' and in it, as one columnist says, are instances of non-local connection, entanglement, what I call synchronous connection that is one expression of Life Response.

He says "Nolan introduces the concept of quantum entanglement. That's when two particles that have interacted with each other behave as one even though they might be far apart. He then shows how people in love display some of those same features. They react in the same way at the same time to the same things. [no matter how far apart]

The characters in the movie are frequently experiencing cross-cutting and mystical connections that transcend time and space.

...As the poet Christian Wiman wrote in his masterpiece, "My Bright Abyss," "If quantum entanglement is true, if related particles react in similar or opposite ways even when separated by tremendous distances, then it is obvious that the whole world is alive and communicating in ways we do not fully understand. And we are part of that life, part of that communication. ..."

Further comment on the film: What is made dramatic through a science fiction adventure traversing the galaxies occurs in the most mundane of daily acts if we have the eyes to see them. If the average person can clearly see how the power of Love and other forms of harmonic connection –silence, goodness, truth, etc. -- can abridge space and time, and be experienced as a miraculous unfolding in one's own life, then the society would truly make a great leap in awareness.

[Life Response](#)

[Interstellar](#)

## **DEEPER TRUTHS PORTRAYED IN FILM THAT WE CAN PERCEIVE**

Hollywood takes many liberties with space and time in its wide variety of stories. It often delights the viewer, while acknowledging it is artificial, even superficial. And yet behind the highly questionable realities portrayed lies deeper truths and laws of causality that completely eludes the authors. It is subconscious truth masquerading as surface, material gimmickry. However, to perceive the deeper truths behind is wisdom.

One can therefore make the mental effort, look deeper, and intuitively perceive the subtle unfoldings and truths of life, even as one patiently observes the often-childish hocus-pocus unfolding on the screen.

Space and Time

Causality



## THE LAKE HOUSE

In *Pride & Prejudice*, Elizabeth visited the Pemberley estate, astonished by its beauty, and thought from the depths of her being that she could have been the mistress of the estate. As a result, Darcy appeared in front of her sooner than expected, surprising her.

One question that arises is how could a thought in the present moment affect the acts of the past since Darcy had changed his plan a few days earlier, deciding to come back early to the estate? How we strain to understand this reality through our minds as it seems illogical.

It is because we are limited in our perceptions of Time and Space; as our minds cannot perceive such things, as it is itself limited in capacity and point of view. However, our higher and deeper Consciousness can.

The Truth of the Reality is that it is One, and we all are connected in consciousness; not only in the present moment, but to the past and future as well.

Unfortunately, the thing we are preoccupied with is our surface existence. And yet we would be able to perceive this triple time capacity in the Now by going within into our depths, to our Psychic being, where Time is synchronous in the past, present and future. From that poise one change would affect another; and results would happen instantaneously, from out of nowhere in the present moment. We would perceive this unfolding take shape as a 'Life Response'.

Hollywood science fiction and fantasy movies like *Arrival*, *Interstellar* and many others help us visualize this dynamic. 'The Lake House' is one such beautiful, romantic love story that portrays the concept throughout the film.

In the movie, Dr Kate witnessed a tragic accident on Valentine's day of 2006. Out of her genuine goodness and attitude, she tried her very best to save him but she couldn't.

Though she had handled many cases in the past, this one greatly disturbed her emotionally. She was not aware of the reason why at that moment.

And so as per her friend's advice, she travelled for peace of mind, and finally ended up in the Lake house where she lived a while before. In addition, her deep emotion puts her consciousness in alignment with Alex who had lived there in the past exactly two years behind her time.

The story unleashes beautifully between them, despite the fact that they were two years apart, as the mailbox served as the medium to exchange their thoughts of consciousness. It is very beautiful to witness how the present moment of Kate influenced Alex's life (who was in the relative past). Also, the actions he took made an impact on Kate's life later on in her own time. For example, there was the tree which Alex planted on her Racine apartment; the Persuasion book which she lost in the station that was recovered by Alex, and many other such startling, time-abridging incidents.

As a result, both lived two years of their lives very deeply connected to one another, though they could not perceive that in their real time as events unfold by themselves. Even though they met each other in the past, they could not perceive that they were meant for each other at that moment. It's like Darcy not recognizing Elizabeth as her soul mate when they first met at Meryton, despite the fact they were meant for each other.

Kate and Alex were then out of contact for quite a while. And yet at the end, - on Valentine's day 2008, - she understood that it was Alex who died in the accident she witnessed earlier. She then rushed to the mailbox to prevent him from coming to meet her, and asked him to wait two more years in his time from 2006 to 2008 in order to avoid that horrible incident. Something in Alex also moved him to go to the Lake House that day and receive her message. The movie ends beautifully with his real time arrival in 2008, and so they were united at the Lake House again. Though it is difficult to comprehend by mind, it is not impossible for this to happen.

As such, the movie gives us awareness. We are the creators of our own destiny and we can manifest that Reality by going within. What else could we do, as we are stuck in surface living and limited by ignorance, time and space?

And the movie gives us awareness that in life nothing happens by chance. And by being conscious, aware and act according to the laws of Life Response, we can quickly align with the Reality that is subtly manifesting. For example, though Alex and Kate met each other in 2004 at a birthday party, they were not conscious of that fact, and therefore they had to go through long series of events before finally reuniting in 2008.

(Roy Posner & Senthil Murugan)

Reality

**Additional comments:**

-it is said that a desperate prayer does not fail to produce the results. At the very end, in a state of utter desperation and despair, Kate got on her knees and asked the universe for help. Alex arrived (across time) a moment later.

-It can also be seen in life, that self-givingness gives back from the universe. At one point Kate says that the one thing that gives pleasure to her in her career as doctor is the satisfaction of helping others. Life returns the favor in relation to Alex.

-Sri Aurobindo says that from the highest perspective of consciousness, we have power over past, present, and future in the Now. From a psychic poise within, we have this power. These fantasy films show that power superficially or in terms of a clever scheme, but in the end it is still true after all. As Senthil points out, we see this in science fiction films like Interstellar and Arrival. In all three films the triple time are interconnected backwards and forwards, instead of the normally perceived linear flow of time.

Love is an added power that abridges the three times states into one. That's because true Love is yet another property of the Psychic, the evolving Soul within.

(Roy Posner)

[Interconnectedness](#)

[Space and Time](#)

[Love](#)

[The Lake House](#)

## **EXPERIENCE OF SIMULTANEOUS TIME**

In normal life, we perceive the circumstances of the present, but have no real perception of what the future will bring, nor clearly perceive how the past has impacted the present moment.

However, when we come to the Spirit, this begins to break down. In that state we not only have an acute awareness of the unfolding of the present, but we have visions, intuitions of the future that would come to us; plus we perceive more clearly how specific elements of the past are impacting present conditions, i.e. the current moment.

Thus, in the spiritual domain - ordinarily experienced from within - past, present, and future are not separate entities but become one continuous single stream of existence, available to us in the eternal Now.

There is also another dimension of time to consider.

We are normally caught up in the moments of time. We do not feel that we are free of it. However, in the spiritual life, we can connect with a sense of timelessness, mirroring the state of the original divine Consciousness from which all things emanate.

And yet it is not just Timelessness we seek, - such as when we are separated from life through meditation as the ancient Rishis experienced in India, - but rather we experience a kind of Timelessness in the details of time. This is a progressive and

evolutionary timelessness. So that when I undertake any action I feel the Infinite and Eternal behind my actions, enabling the most profound perceptions, and therefore the finest decisions that lead to the most successful actions and outcomes. In essence, I bring a higher consciousness that moves me out of the bounds of time, while deeply affecting the world.

Sri Aurobindo combined these two dimensions of time: the time of past, present, and future melded together in one unified experience, to a second dimension which is the timelessness in time that enables ultimate success in the details of life. He combines these two and calls it "Simultaneous Time" as both the oneness of past present and future, and the time of timelessness in time are both occurring simultaneously in our experience.

The spiritual individual constantly lives in this framework of time, has ultimate practical and spiritual experiences, and therefore becomes an evolutionary personality and being.

This dual experience of time is where the future of humanity is headed. Is the basis of what Sri Aurobindo calls a new human species on the way to creating a Divine Life on earth.

Comment: I am thinking of some practical examples of either aspect of Simultaneous Time:

#### A. Oneness of Past, Present, Future:

-Just for personal enjoyment I found and viewed a simple drawing of mine that was a picture of an unusual creature. A day later I went to see the newly-released popular sci-fi film 'Arrival' and there was that same creature in a very similar form, though I had no idea there were any creatures in the film. From the perspective of watching the film in tat present moment, I could think back to viewing my drawing and see the connection.

In this way, if we are immersed in an inner consciousness, intuitions can constantly enter our being that can indicate the future, what we will experience in the future. While looking at my drawing in the present I can have a vision of seeing the creatures when I am in the theater in the future watching the film.

(BTW: It turns out that the film Arrival is actually about an alien race that live in the Oneness of Past, Present, and Future, and wish to teach that capacity to the people of earth. One woman attains that power. It also turns out that after I saw the film I thought I understood Simultaneous time that much better than before, and so that is why I wrote the above article! Every few years I try to repealing it, based on a (hopefully better) new understanding. Here's a link to discussion of Time in the film. <https://www.youtube.com/watch?v=6QAujmYORLA>)

-When we engage in Past Consecration, we are altering present conditions, based on past negative influence. Yet there is also the power to reverse the negative past itself!

-Many individuals had premonitions of 9/11. One friend was setting up a convention in New York City on how to prevent security attacks in buildings when the 9/11 incident

occurred. On the way to work a man tuned into his radio to learn of the attack when he exactly came to a point on the street where he had earlier had a violent stomach cramp. etc. In these cases, the present was subtly indicating negatives of the future. The three time periods were interconnected at the subtle plane, essentially indicating their Oneness. (BTW: It is for this reason that is recommended that we consecrate a negative that is occurring, so it won't repeat in the same or different form in the future.)

## B. Timelessness in Time

-When I engage in a work, I am focusing on Time. But I can do that work with reference to Timelessness, which is a release into silence, into non-anticipation, into patience, etc. which allows the work to go exceedingly well. It evokes response from life. It is Timelessness in Time.

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Karmayogi indicates that when we move into the depths and touch the psychic, we experience Simultaneous Time (i.e. A+B above). Synchronous, Life response life occurs when we function from that poise. I.e. Space and Time are overcome in the material world around you; eg in the work we do.

[Simultaneous Time](#)

[Timelessness in Time](#)

[Past Present Future](#)

[Arrival](#)

## ANGULIMALA

Any person can completely change his nature at any moment, including this very second, and become the opposite of who he is. Even the most evil individual can quickly shift out of their demonic state and become an instrument of higher consciousness.

In the legend as shown in the recent 55-part series on the life of Buddha, Angulimala had become an evil murderer, chopping off the fingers of humans because of something that had taken place earlier in his life when he was a monk.

Now Buddha went to confront him in the forest. Angulimala was about to slay Buddha with a sword and cut off his fingers, when Buddha showed absolute fearlessness, and made Angulimala understand that he can change into a good person right now, on the spot, wiping away all of his past. Buddha reminded Angulimala that he had attained his evil status because of things that occurred in the past, and from that moment on could live a life of righteousness, goodness, and humility.

Then right before Buddha, Angulimala melted in his emotions, and suddenly changed, shifting from overwhelming hate to one of deep compassion and love for all. After all, love IS the flip side of hate.

Angulimala then took up residence as a monk in Buddha's spiritual community. In fact, Buddha said that because of his purity and intense compassion and goodness, Angulimala had become his favorite among all his followers.

Anyone can change from what he is to what he should become in an instant. It is simply a matter of becoming aware of the truth of one's being and life, and our choice that follows.

Reader: thank you Sir.

Similar incident can be seen in the film *Les Miserable*, where Jean Valjean's nature was wiped off completely by the priest who had shown him mercy despite he stole things from his place. He became a new man from that moment onwards.

Response: Great example.

Angulimala's story serves as an example that even the worst of people can undo the faults in their beings and return to the right path.

[Redemption](#)

[Change in Consciousness](#)

[Angulimala](#)

[Les Miserables](#)

## DUAL TRANSITION AND ALIGNMENT IN A LIFE RESPONSE EVENT

[extracted from book 'The Miraculous Phenomenon of Life Response' by Roy Posner]

So far, we have been talking about life response as if it were a *one-way* operation. I.e. I change some wanting quality or otherwise raise my consciousness, and the other party responds in kind. While this is how life responds to *your* action, it does not take into account that you are also responding to them. In other words, in a life response event *both sides are actually moving into alignment with one another*. Without that dynamic, a life response would hardly ever occur.

For example, when Darcy suddenly appeared before Eliza at the pond of his Pemberley estate, he had *also* made adjustments in consciousness that allowed him to be there at the very moment as well. Though we are not privy to the details, we can speculate that Darcy did something that enabled him to cut short his business trip, or made some other adjustment in consciousness before meeting Eliza and the Gardeners at the reflecting pool.

Imagine two satellite dishes facing different points in the sky. Then because of some new conditions, they begin to point towards one another, thereby coming into alignment, so they can now more directly communicate with one another. This is analogous to what happens in a life response event. Both parties move towards and come in alignment with one another.

[Alignment](#)



**COMMUNICATING ACROSS TIMEFRAMES VIA SIMULTANEOUS TIME**

In the present, we can communicate with ourselves from the past; and ourselves from the future. This is the experience of Sri Aurobindo’s “simultaneous time.”

Past Consecration is one method that accomplishes this. Ie from the present we negate the negative influence of a past deed on the present; which is its future. We see that most beautifully in the film Arrival, where the other world beings try to teach humanity Simultaneous Time.

This is all made possible because there is only a single stream of time; rather the limited perspective of past, present, and future. That’s why the three divisions of time can be communicated across, as in Past Consecration.

Also science is beginning to catch up to this fact, as their instruments and experiments are increasingly bearing this out.

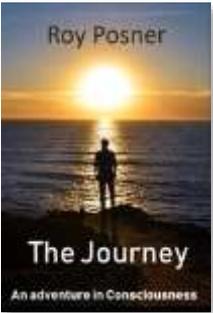
Being able to foresee and even predict the future is one product of this cosmic perspective. In Supermind, Simultaneous Time is a natural perspective.

Space and Time

Simultaneous Time

Past Present Future

Arrival



## 'THE JOURNEY' An adventure in consciousness

(a novella by Roy Posner )

A man encounters a strange woman on the shores of San Francisco Bay, beginning an adventure that takes him to five continents in search of the meaning of Excalibur, a computer that is able to make life suddenly respond outside itself, defying the laws of logic, and space and time. (39 pages; 2009, updated 2013)

Testimonials:

"A fascinating original adventure short-story by Roy Posner that touches on a number of the hidden, even mystical secrets to abundant and joyful living."

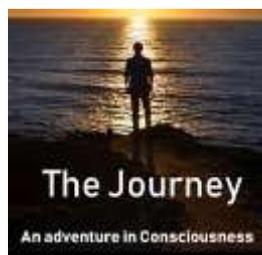
"It's a beautiful story that explains the process of Life Response, the phenomena of Inner-Outer correspondence, the wonders of opening to the Force (Consecration), and how Life instantly, miraculously responds with a mystical touch!"

--download the pdf for free here:

<http://royposner.weebly.com/the-journey.html>

[Space and Time](#)

[The Journey](#)



### PRELUDE VIDEOS FOR 'THE JOURNEY'

**A decade ago I wrote the short story/novella 'The Journey'. Recently we began to create three short Prelude/Introductory videos to the book.** Here are the names and the link to the three successive Preludes videos on YouTube:

**Prelude 1: An Adventure In Consciousness**

**Prelude 2: The Technological Challenge and the Nature of Reality**

**Prelude 3: Attracting the Miraculous from Within**

<https://www.youtube.com/watch?v=-qZm1lWwj9c&list=PLhGixAl6tUcnGoPzjVuzY8efrISVlciRS&index=1>

You can also download the pdf of The Journey for free here:

<http://royposner.weebly.com/the-journey.html>

[Space and Time](#)

[Simultaneous Time](#)

[Past Present Future](#)

[The Journey](#)

# Chance, Fate, Necessity, Destiny



## TOLSTOY ON "CHANCE"

"...Tolstoy was profoundly right when he wrote in his epilogue to War and Peace that there was no such thing as chance, only events whose cause we do not perceive and understand and therefore appear to us

as chance..."

(From 'The Book' by Garry Jacobs, page 304)

[Chance and Necessity](#)

[War and Peace](#)

# Ignorance to Integral Knowledge



## VAST POWER OF IGNORANCE

-Knowledge is great, however Ignorance is greater as it has the capacity through its reversal to quickly reach INTEGRAL Knowledge.

-Sri Aurobindo says ignorance becomes greater than knowledge because ignorance is created by knowledge when it has exhausted all its possibilities as knowledge and ventures to create something greater outside knowledge and achieves it in its opposite (Karmayogi)

-We see this in the character of Dantes in Count of Monte Cristo who is falsely imprisoned, in his ignorance experiences the peak of suffering, and comes out the other side with great Knowledge (learned from saint-like Abbe Faria while in prison) and Power (discovery of vast hidden wealth after he escapes).

## Ignorance as Power of Knowledge

### Count of Monte Cristo

*Pride and Prejudice*  
Darcy was not aware of the Reality, what the creator Jane Austen is trying to express

In surrender, one loses over his practical Ignorance or the practical knowledge he has to Mother, which destroys all the seven Ignorances at once.  
— Sri Karmayogi

- 1. Practical Ignorance**  
Not able to perceive what to do at next moment  
*Darcy calling Elizabeth "Tolerable"*
- 2. Constitutional Ignorance**  
Our Mental, Vital, Physical planes all acting in separate direction  
*Darcy's proposal to Elizabeth*
- 3. Psychological Ignorance**  
Not aware of our subconscious, subliminal, superconscious being  
*While all going smooth at Pemberley, why elopement letter came?*
- 4. Temporal Ignorance**  
Not aware of our past lives, present and future  
*Darcy was not aware why Wickham was crossing his life again and again*
- 5. Egotistic Ignorance**  
Feeling separate and not aware everybody around us has a role  
*Darcy finally had to accept not only Wickham but all Bennet's family*
- 6. Cosmic Ignorance**  
Not aware of Cosmic Plan manifesting  
*Darcy is just a character in P&P*
- 7. Original Ignorance**  
Truth of Reality is Divine, He became the world

**7Fold Ignorance**  
from Garry Sir Speech  
<http://luciferweebly.com/>

## **THE SEVENFOLD IGNORANCE AS EXPRESSED IN PRIDE AND PREJUDICE**

In his metaphysical opus 'The Life Divine,' Sri Aurobindo tells us that there are seven essential ways we express our Ignorance in life. In the diagram below we see how each of these express in Jane Austin's novel 'Pride and Prejudice.'

# Oneness

## THE ONENESS OF ADAMS AND JEFFERSON

In the 8-part series on the life of the second president of the United States, John Adams -- a man who helped forge the nation -- there is a startling finale. For several years after his loving wife's death, he kept up an intense dialogue with Thomas Jefferson via post. Though they worked closely on bringing the nation together, and collaborated in their respective presidential administrations, they were also rivals. They even ran against one another for president. Sometimes their philosophies would converge; on occasion, they would clash.

What then was the startling finale? Because their correspondence was so intense, they ended up dying on the very same day. Not only that, but it was on July 4th, the birthday of the nation. Moreover, the day they died was the 50th anniversary of the birth of the nation! On the surface, it seems like a startling coincidence, yet if you see how closely they were in their correspondence, they had almost become two halves of the same person. The energies, forces, and vibrations were so intense; and their interlocking relationship so powerful, that they deceased on the same famous day. Because they were so far apart -- one in Massachusetts, the other in Virginia; and were too old to visit one another regularly -- they each had a bust of the other in their room to help them envision one another. We can imagine them each looking at, talking to their respective friend's bust as they penned their plethora of letters.

Two men had thus practically become One -- in mental thought, in spirit, almost in body. In our lives, the Oneness between ourselves and others also beckons us. However, we are too caught up in our separate selves to perceive those outside our own physical being. Though we do come together intensely in love --whether for spouse or children or friend -- that in part merely fulfills our ego. It is more difficult to experience that oneness with other people we come in contact with, where a business associates or a casual acquaintance. To share that Oneness in that way would mean that we have abandoned our separative nature, our ego, so that we are able to bridge the divide between us and move in harmony; experience oneness and unity with our environment and those around us.

However, we can only reach that state when we move away from the surface of life and discover our deeper parts within. There we find silence, and further still our own True Nature and Soul. From there we experience a universal state in which we feel deep commonality with the world around us, including the people we come in contact with. It was there that John Adams and Thomas Jefferson met and found harmony of being, despite their being so many miles apart.

[Harmony, Oneness](#)

# Energies



## **ENERGIES OF SOCIETY ATTRACT (IN SEABISCUIT)**

Before leaving the subject of how life respond to adjustments in consciousness, there is one other factor that affects our ability to attract these miraculous-like results. It is the effect of the outer atmosphere surrounding a work or endeavor. When it is positive, life tends to open up and cooperate with our efforts. If it is negative, it tends to block or delay results. In *Seabiscuit*, we see how in Charles' dealings with Riddle, he is able to rally a good proportion of the nation to his side, which creates a positive, supportive atmosphere. That will in fact secretly boost Seabiscuit's chances for success in the race with War Admiral. Not only will the fans inspire the jockey and other principals, thereby energizing them, but a vibration of energy is set loose that supports their actions in life. In a positive atmosphere, actions taken tend to gain the cooperation of life.

[Society's Energies](#)

[Seabiscuit](#)

# Miscellaneous



## RESOLVING THE WEB OF CONFLICT & SUB-CONFLICTS

Examine any conflictive situation in the world. There will be different aspects, with a variety of inter-related sub-conflicts, issues, and challenges.

The process of the resolution of the central conflict relates to and is intertwined with the resolution of the subs. This is how the world changes; how Nature works, how the world (slowly and painfully) evolves. Nature works by resolving deeply connected multiplicities of issues simultaneously. It is the Genius of the Cosmic Master who conceived evolution through Nature's contraries.

Eg in *Pride and Prejudice* the elopement episode of the youngest daughter caused or was simultaneous to at least half dozen other interrelated issues. For the overall resolution of the potential scandal to occur, a series of psychological issues, each one unique in scope was required on the parts of the individuals involved. It is Nature's multi-pronged, interconnected, difficult way of progress.

And yet there is a higher form of evolution. It is through the soul, spirit, higher consciousness. In this dynamic evolution radically speeds up, as it occurs not through conflict, but through harmonic actions that trigger others in a chain of never-ending positive response from life. (Roy Posner)

[Conflict](#)

[Conflict Resolution](#)

[Nature's Way](#)

[Pride and Prejudice](#)



## FREEDOM OF WOMEN, AND POTENTIAL OF NEW RELATIONSHIPS WITH MEN

Karmayogi says that modern man, as the masculine principle, is only now surrendering authority to the woman and granting her full freedom. He wants the woman to serve the needs of his ego and has used authority and dependence to enforce it. Now woman is becoming economically and socially free and independent. She is no longer bound by compulsion to a single man. As the creative principle of delight, she loses the restraint and offers delight to the cosmos as a whole, no longer to the individual ego. Man feels the loss of authority, yet he consents. Why? Because he aspires for the love freely given by a fully formed individual like Eliza Bennett [in *Pride and Prejudice*], not the clinging dependence or subordination of a half formed personality. He can only have that when woman is completely free and developed in her own right.

(Roy Posner)

[Women's Liberation](#)

[Pride and Prejudice](#)



## SOLDIER'S TAKING TO JANE AUSTIN NOVELS

[Recently it was reported that Jane Austen's novels proved popular with WWI soldiers.]

Jane Austen showed, especially in *Pride and Prejudice* that through greater awareness and higher consciousness a person could overcome major obstacles and attain great success. This plus the romance, humor, and many characters in the story with a variety of interests resonated and inspired the soldiers. These men too had great obstacles; ultimate obstacles of life and death, and they (the Allied side) also eventually prevailed. Of course, too many on all sides did not make it.

(Roy Posner)

[Jane Austen](#)



### **ATTENTION ATTRACTS (IN SEABISCUIT)**

Everything in life responds positively to personal attention – whether people, objects, stocks of inventory, or money. When we increase the attention we give, that person or thing will not only be energized, but life tends to quickly bring us luck. E.g., out of the blue, machines will start working better, orders will suddenly pour, and unexpected sums of money will move in our direction. Normally, there does not seem to be any obvious correlation between such things, but that is in fact the way life works.

In the film, we see early on how Red relates to Seabiscuit -- perceiving how he has been abused in the past, and how he “needs to become a horse again,” as Tom suggests. The attention heaped on Seabiscuit by Red attracts a wonderful result, when the horse suddenly and most unexpectedly sheds his lethargy, and bolts through the countryside in a dramatic ride, something he has never demonstrated before. This turns the tide for the horse, as it is now not only cooperative, but shows the great speed that will be the basis of his great victories in the future.

Power of Attention

Seabiscuit

### **NOT YET TITLED**

"You only see the turn, you don't see the road ahead."

(from the wonderful film 'Stand and Deliver')

Stand and Deliver

### **OUR CHILDREN'S EDUCATION**

We should want our children to be educated so they can grow as a person, become knowledgeable and fulfilled individuals; not merely so they can earn.

Against the background of this film from India (*Salt Mango Tree*), we can begin to understand our fanaticism for our child's education taken in the wrong direction. Let them become who they are meant to become, without obsession and interference, is an important message.

[Children](#)

[Education](#)

[Salt Mango Tree](#)



## **COMPLEMENTARITY IN OUR ROMANTIC (AND OTHER) RELATIONSHIPS**

"...The first rule of romance is the principle of complementarity which underlies all events and relationships in life. Everything in the world is a complement to everything else. Everything that happens to us, everyone we meet, represents a complement to some aspect of our being. Your partners, your friends, your family members—each represent an expression of something in you. Each presents you with the necessary conditions and opportunity to perfect a portion of your being. But they are all partial.

It is only the man-woman relationship that represents complete complementarity on all planes—physical, vital, mental and even spiritual. That is why no other relationship can generate the intensity, the ecstasy and the pain that romance can, none except the relationship between the soul and God, which is a higher, all-encompassing form of romantic relationship. But leaving that aside, the love between man and woman provides the greatest opportunity for enjoyment, fulfillment, growth and even spiritual development.."

(from *The Book*, page 507, by Garry Jacobs)

[Romance](#)

[Romance of Life](#)

[Complementarity](#)

[The Book](#)

## **LIFE RESPONSE IN JANE AUSTIN'S *EMMA***

I watched the 1996 film version of Jane Austin's *Emma*. One thought I had immediately thereafter was that Howard Roark [of the *Fountainhead*] was a man true to Himself which attracted life to him. Emma's meddlesomeness created an endless series of

disasters (i.e. negative life responses, observable even at the gross/material level, that had the character of returning the opposite of her intention, leading to her own confusion and severe anguish. In this way Emma is the inverse of Roark. She is not self, venturing out to try to influence other selves, when her own being is incomplete.

However, through a series of blows -- where every scheme, arrangement, and strongly held perception of reality proves to be false, coming back to haunt her as lovers come together in their own pattern, not as she intended -- she comes to see her own false ways. Her change in attitude and consciousness enables her to shed her interfering nature, attracting the very man, Mr. Knightley, who repeatedly warned her about the merit of her false intentions and actions. It is he, her best friend, whom she in the end falls in love with and marries.

Love *itself* is a life response to her shedding of her need to help others find love and husbands. It takes the form of Emma's sudden and unexpected love for Knightley, and his sudden revelation of love for her. (It was subconscious for both all along.) Knightley's unexpected love coming to her is the response of the reversal of her meddlesomeness towards others. When she saw the falsehood of and shed the latter, the former came.

One must find love in one's self before one can find love for others.

At the end, her priorities were in the right order.

Still one wonders if her qualities would rise again later on in this marriage. Fortunately she has a husband who is strong, at least in his willingness to bring her faults out into the open, which could keep her the marriage in order. If not, it could fall back to friendship or worse. These are mere speculations.

I found this to be a very enjoyable story. Very humorous. I thought this work of Austin was exceptionally sharp and brilliant. A great character study.

I related very much to the idea that close friendship could blossom into love and marriage. It seems rare and precious. Perhaps, as this episode indicates, it requires a real change for one or both parties. Then it can move to the next level.

[Meddling](#)

[Romance](#)

[Life Response](#)

[Emma](#)



## **ANALYSIS OF LIFE IN FILM**

For over a decade, devotees of Karmayogi, including Garry Jacobs, Roy Posner, and others, have been developing insightful analysis of films based on a Consciousness Approach to Life and Human Character. Understanding the profound principles contained in these analysis are a powerful way to understand the nature of reality, and apply it to improve one's life, while being entertained in the process.

The analysis of ~50 films have been gathered in one place at the Human Science website, which you can visit here:

[http://humanscience.wikia.com/wiki/Category:Life in Movies](http://humanscience.wikia.com/wiki/Category:Life_in_Movies)

[Character of Life Overview](#)

## **BIOLOGICAL, SOCIAL, AND SPIRITUAL EVOLUTION AND THE CHARACTER OF LIFE**

The scope of the Character of Life is infinite, like the Source that created it.

One aspect that I learned from Sri Karmayogi through our regular email interchanges from 1999-2003 was the influence of three layers of evolution that are occurring simultaneously. Life's character reflects the confluence of these.

They are what He calls *Biological evolution*, *Social evolution*, and *Spiritual evolution*. These are their positive forms. At any moment, there can also be non-evolution; even regression. Life's character stands at the interface of these three.

For example, in *Pride and Prejudice* several individuals are clearly going through Biological evolution, Darcy being the most dramatic as he reverses a large part of his nature; a startling achievement for which he is greatly rewarded by attracting the love of his life Eliza to marriage. She herself is going through a degree of her own Biological evolution.

In the story, Social evolution is also occurring. We see it at the level of class, where we witness the progress of the gentleman farmers moving up in English society in status, privilege, and prosperity, represented clearly by the Bennett family. There is also a certain social regression occurring, represented by the aristocratic Lady Catherine; even though her nephew, Mr. Darcy, also of that class are moving forward, as they are refreshed by the dynamic, positive energies of the middle class.

The Spiritual evolution can be thought of as the intention and determination of the divine Force that seeks to spread Its Will throughout the cosmos and life on earth. In the story, we can perceive through the interaction of the middle and upper classes. Rather than having these two sectors progress friction and strife, as it did in nearby

revolutionary France, it instead occurs through interaction, cooperation, and harmony. Other spiritual aspects -- like wisdom, truth, goodness, creativity, beauty, love, delight, and timelessness -- also express the intention of the Force and hence Spiritual evolution in life; seeking the right individuals, conduits, and circumstance.

So Man stands at the interface of Biological, the Social, and the Spiritual. Each moment is like that for us; as is every event. The Character of Life is determined by the conditions of these three aspects, and their confluence and interaction.

We can see this in our own lives, in the world around us; even in literary fiction and cinema. E.g. Shakespeare portrays the intersection of these forces throughout his works; and does so elegantly and poetically. He is able to blend the micro and the macro view of circumstance; which is the cornerstone of his greatness. We should note that his emphasis was often on the tragic because 500 years ago Man's nature was brutish. Evolution -- biological, social, and spiritual -- took place through very coarse action and reaction during those times.

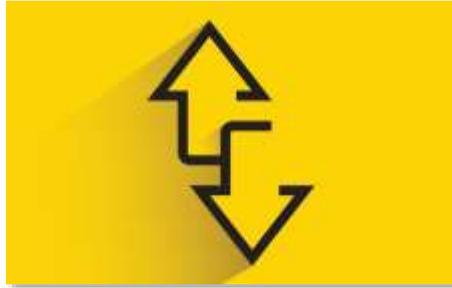
The confluence of the three forms of evolution (as well as their neutral and negative/regressive forms) also relates to Life Response, i.e. instances of sudden good fortune. For example, we see that in our own lives life response is determined not only by our own energies (our intentions, attitudes, decisions, actions, etc.) but by the influence of the social atmosphere. When the social atmosphere is at our back, then our initiatives succeed; life responds in our favor. When they are negative or absent, life will respond neutrally or counter to our aspirations. *Pride and Prejudice* is an example of the former; Shakespeare's *Othello*, the latter.

Then there is the influence of the Spirit and its effect on life. E.g. the Force can descend on its own as Grace. In addition, we can open to that Power, which also sets right life's conditions, manifesting startling positive outcomes. If we develop an inner power to perceive life's subtle movements, we can put ourselves in direct line with the spiritual unfolding that is trying to manifest in the world. Even without us, spiritual evolution is constantly occurring, as the spirit continually manifest its cosmic aspects including harmony, oneness, goodness, wisdom, creativity, beauty, and delight.

In the end, we each stand at the crossroads of these influences. To be able to pan back and perceive what that is at any moment in time, in any circumstance, gives us a great perspective of life's conditions. It reveals why things are happening the way they are, and what we can do to change them. For after all we are fully capable of influencing the world outside ourselves from within ourselves, which is yet another principle of the Character of Life.

[Character of Life](#)

[Evolution](#)



**ASCENT AND DESCENT**  
**(in Pride and Prejudice)**

by Senthil R Murugan

As we aspire,  
As we become conscious,  
As we rise in our consciousness,  
We start to perceive,  
How hard, how difficult, how unfortunate events are.  
Although they appear on the surface as such,  
Are they not also part of the Reality?  
It is in fact what we are learning – which we can call “the Ascent.”

But there is more, as Life then does its part in return,  
By evoking possibilities from out of nowhere,  
Behind which are opportunities for greater progress.  
And it goes further still, ready to reveal the Marvel.  
And that demands that we not to stop in the middle,  
That we continue the process of Ascent.  
Then we can internalize and apply that wisdom in the next situation.  
And when we do, it would be the next phase of learning,  
The lessons now applied downward into Life,  
And that is – “the Descent.”

When Reality struck so hard on the surface,  
When Lydia eloped suddenly in Pride and Prejudice,

The family's prestige was hanging in the air,  
And the future of the other daughters came into question.  
Then Mr. Bennet realized,  
He should have listened to Elizabeth's advice,  
He should have been more responsible,  
Then he went further, beyond that thought,  
And travelled to London by himself,  
Searched for them throughout the city,  
Yet, it was all in vain, as he returned with nothing to show for it.  
And yet at that intense, misfortunate moment,  
He took a stand,  
He perceived that all that took place occurred only because of himself.  
And now, because he blamed no one else, except himself,  
He took "conscious responsibility,"  
And that was the moment of Ascent for him.

But Life had not forgotten his Ascent,  
And It responded through Mr. Gardiner,  
Who brought surprising news, much sooner than expected,  
That Lydia had married Wickham,  
And Mr. Gardiner had made all the arrangements,  
Also he spent a vast amount of money,  
To convert that elopement into a marriage, thereby saving the day.

And yet Mr. Bennet did not stop at that level,  
As he took another stand.  
Despite, the fact he had little money and did not how to earn such,  
He decided from the depths of his being,  
To repay Mr. Gardiner, no matter what,  
And to honor honesty and return with gratitude.  
And the next moment proved to be the moment of Descent.

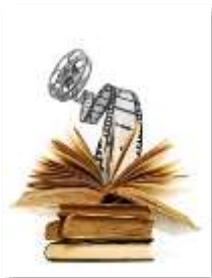
As the atmosphere was ripe,

As he subconsciously aligned with the Cosmic Plan,  
Before he took any further step,  
Life revealed its Marvel;  
With the sudden arrival of Bingley,  
And the surprise marriage of sisters Jane and Elizabeth;  
Without the need of any money on Mr. Bennet's part.  
As a result, not only was the family's prestige restored,  
But they were financially and socially elevated to greater heights.

And so in our own lives,  
We may not know how to distinguish,  
The acts which we undertake,  
Whether in the Ascent or Descent.  
And yet it does not matter.  
Life demands us to simply be conscious,  
In all that It brings to us,  
And apply our higher conscious knowledge.  
And by doing so,  
Not only will we evoke response from Life,  
But these moments will be filled with ultimate joy and delight.

## Miscellaneous

### Pride and Prejudice



## FROM NOVEL TO FILM

Each generation creates its own film versions of a great novel. In each we see a different shading, but also the influence of the times, including the values, the language, interests; even the technologies of those days. Sometimes we have magnificent,

enriching versions such as the British presentation of *Pride and Prejudice* of the 1990s. Because it was a serial and therefore extended, it could bring out the nuances of the character, plot, and values.

And yet even a lengthy serial version does not guarantee success as it did here. Someone has to have seen deep into the novel, bringing out its purposed shadings, and then reveal through a great script and the most appropriate actors the very best of what the novel offers.

(Roy Posner)



### **COMMENT ON FILM 'BECOMING JANE'**

I would like to share a few comments about the movie, *Becoming Jane*.

One who sees Life as it is and is not prejudiced by its surface appearances is the Seer of Life.

*Becoming Jane* ([https://en.wikipedia.org/wiki/Becoming\\_Jane](https://en.wikipedia.org/wiki/Becoming_Jane)) is a movie based on incidents from young Jane Austen's life.

We can see many incidents in her novel '*Pride & Prejudice*' that reflect circumstance presented by the film. Despite the events of disappointment, failure, betrayal, humiliation, misfortune, etc., which she experienced in her life, what came out of it was a magnificent story like *Pride & Prejudice*; which explains Life as it is, reveals the Character of Life, and does so with a happy ending.

Perhaps *Pride and Prejudice* explains the actual personality of Jane Austen, who write that story from the depths of her Being.

(Senthil Murugan)



## MARY POPPINS AND KRISHNA AVATAR

In the new fantasy film 'Mary Poppins Returns', a mystical-like character who descends from the sky as a nanny to help the children of a family in London, demonstrates a number of the divine-like attributes of the avatar, God-incarnation Krishna.

-Eg she knows what is going to happen in future. Still she does not interfere with the unfolding; Except where it is absolutely necessary. She allows for their free will within Her determination.

-She always remains exceedingly silent. Speaks few words.

-She discourages over-anticipating.

-She teaches life lessons, including seeing the light behind the difficulty/darkness, and that all material things/people that have departed this world live on in subtle space, and we can commune with them.

-Krishna is a God of the Preserver/Maintainer lineage, just as she tries to preserve the deteriorating conditions of this middle class English family.

-She says that Everything is possible, including the Impossible.

-She is inspiration personified. God inspiring us to become something greater.

-She continuously evokes instantaneous miraculousness around her.

Trailer:

<https://www.youtube.com/watch?v=-3jsfXDZLIY>



## Darcy Wickham Elizabeth Meet Jane Austen (All in One)

### Darcy, Wickham, Elizabeth Meet Jane Austen

join us in this fantasy of higher consciousness for the main players through an unexpected appearance of their Creator

by Senthil Murugan, Roy Posner

<https://1drv.ms/b/s!AjayTOYvR8hzjYoiaTbrAYt58-ze9g?e=ce7BIC>

Pride and Prejudice



### 'MIDNIGHT DINER'

I recommend the enchanting Japanese series 'Midnight Diner', consisting of dozens of half-hour vignettes across five seasons. Filled with moral, psychological, and even borderline spiritual insights, events can be understood in terms of life response and other life principles. I recommend seasons 4 and 5; aka Tokyo Stories 1 and 2).

Eg in episode 47 (Season 4, episode 7) "Kitsune Udon" Akina and Haruna are young, aspiring voice actresses who seek out Master's diner after hearing a rumor online that eating a bowl of kitsune udon will grant you one wish. After six months and many bowls of udon, only Akina's luck seems to have improved, leading to a rift between the two friends in an already fiercely competitive industry.

We see here how doing a lesser work diligently can propel one ahead of others who have more skill and better connections.

Review of series video:

<https://www.youtube.com/watch?v=kE6NwG7kuNQ>

Trailer for series video:

<https://www.youtube.com/watch?v=OCGDVHjPX0c>

Pride and Prejudice

# COMPOSITE

No	Subject	Pride & Prejudice	A Knight's Tale
1	<i>Period of the story</i>	After French Revolution (18 <sup>th</sup> century)	End of Middle Ages (14 <sup>th</sup> century)
2	<i>Indication</i>	Social mixing of classes and thus to avoid French Revolution	One man's rise from Peasant group to Knight. The end of middle ages to the birth of Renaissance period.
3	<i>Lead Character</i>	Darcy	William
4	<i>The Path</i>	<p><b>Change of Attitude:</b> To become Good for the sake of Elizabeth</p> <p><b>Aspiration :</b> Sincere Aspiration to change himself</p> <p><b>Decision:</b> He didn't react during Elizabeth's abuse, rather determined himself to change for good.</p> <p><b>Commitment:</b> He kept the commitment and lived for it.</p> <p><b>Action:</b> The life had given him the opportunity to prove his change by saving Lydia's elopement</p>	<p><b>Change of Attitude:</b> His dream started since young</p> <p><b>Aspiration:</b> He wanted to change his stars (destiny) and also his father.</p> <p><b>Decision:</b> His father decided to hand over to him for learning to become the hope of Knight one day.</p> <p><b>Commitment:</b> He left his father at the young age due to earnest aspiration of changing his destiny and learnt very well all the required qualities.</p> <p><b>Action:</b> He prepared himself to be a Knight. The life had given him the opportunity to made him become "Sir Ulrich"</p>
5	<i>The Reversal</i>	The sincere acts of saving Lydia's elopement and bringing back Bingley to Jane again (for his earlier acts of preventing Bingley from getting engaged to Jane)	The sincere and courageous act of not running away despite knowing the facts that his forgery had been exposed and he would be arrested. That sincerity earned him the Knight title indeed. (reversal of his earlier forgery in the name of Sir Ulrich)
6	<i>The Gift of Reversal</i>	He didn't proclaim that he had changed, but his sincere inner change made the Life to respond to bring Elizabeth to him	He did not runaway fearing life, and also did not fear about being punished, humiliated in the public. But his sincere inner change of accepting the forgery but still Knight in the heart had made the Life to respond and brought Prince Edward to the scene and finally he got Knighted by him as "Sir William"
7	<i>The Principles</i>	Achieving the human aspiration is inevitable, but the rule is not to stop in the middle. Darcy could have stopped in the middle by ignoring Eliza's	William could have run away for life or foolishly resisted/reacted the soldiers and the public. But he didn't and continued to persist to win his aspiration of being a Knight.

		abuse or reacting to her. But he didn't and continued to persist to win his aspiration of Love	
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### LIFE RESPONSE IN 'IMAGINE THAT'

Today I watched the 2009 movie “Imagine That” starring Eddie Murphy as Evan & Yara Shahidi as Olivia, his daughter.

[http://en.wikipedia.org/wiki/Imagine\\_That\\_\(film\)](http://en.wikipedia.org/wiki/Imagine_That_(film))

Tried to notice some of the of the life response in that film.

- **DIFFICULTY AS OPPORTUNITY** -- Evan faced the toughest competitor of his career, Johnny Whitefeather. However, it was Life indirectly offered him the opportunity to prove himself and come up in Life.
- **PSYCHIC OPENING OF CHILDREN** -- Mother has said the kids are more open to the psychic being as they do not have much influence of the mind. It was shown such that his daughter Olivia was talking to some imaginary princesses and queen. I think it is some kind of psychic knowledge or subtle knowledge the child perceived.
- **GOODWILL, CHALLENGE OF LIFE** -- After he realized the value of it, he started to use that for his own benefit and due to his daughter’s Goodwill. it continued for a while. Then Life posed him a bigger challenge to prove whether he was capable to position of heading the Western division of the company D.D.E.
- **SELFISHNESS** -- Though the subtle knowledge (or the Goo-Gaa blanket) helped him initially, he became so dependent on that and wanted that night so badly. His mind (or the vital) was fully on his own his success and did not care her daughter and forgot about her night stay with her friends and her school choir on Saturday.
- Yet he took all his initiative to meet up her daughter and get the blanket. It’s not the action but the motive decides the outcome. So he could not succeed in his first attempt.

- **DESIRE FOR SUCCESS OVER OPENNESS** -- Even her daughter had told once, he could call those imaginary princesses himself. But he was not really open inward. His mind was full of thinking the issue and desire of success. Hence, he tried to call them himself and didn't work out that time.
- **TAKING RESPONSIBILITY/CONCERN FOR OTHERS** -- Yet he didn't give up his initiative again. He went at midnight to the home where she was sleeping and made a funny scene. There, he finally realized his mistake that he was not being a responsible father.
- **EXHAUSTIVE EFFORT** -- Even though he got the blanket he didn't use that and instead worked on that whole night and exhausted all his efforts sincerely to solve the problem. The Life's principle is Mother Begins where Man ends. He sincerely put all his efforts what he could do on that night.
- **TAKING THE HIGH ROAD/RIGHT ATTITUDE/NON-EGO** -- On the next day, when he had that golden opportunity to present to his boss (Even after seeing his rival was out of the competition) he really felt it was his duty first as a responsible father and told to his boss and went to see her daughter's choir.
- He made that shift real indeed and hence he managed to reach at the right time when Olivia was about to sing. Finally he brought happiness to the child and made the entire atmosphere live and happy.
- **SHIFT IN ATTITUDE/FULL EFFORT** -- Finally, for his real shift and true hard work Life presented him with the opportunity of heading the Western division of the company D.D.E.

(Senthil Murugan)

COMPOSITE

Life Response

Imagine That

## **SIMILARITIES OF FILMS 'CONTACT' & 'INTERSTELLAR'; SCIENCE'S PURSUIT OF UNDERSTANDING OF SIMULTANEOUS TIME; AND KNOWING THE INTEGRAL TRUTH OF EXISTENCE**

This film Contact (1997) is very much like Interstellar (2014) and both are connected in many ways. Some of the synchronous observations between the two movies are:

1. Both women, Dr Ellie (Contact) and Dr Murph (Interstellar) were individualists.
2. Both were in pursuit of Truth in the depths of their being
3. Both were very much attached to their father. The love, the affection between them was the connecting bridge that made that Reality happen.
4. Both valued and demonstrated Faith and Courage, when the whole world thought the other way or believed it was impossible.

5. We can find the sources of Truth like Simultaneous Integrality of Time in Sri Aurobindo's writing. But how to understand that if we don't experience it? Science is in the quest of pursuing that Truth to make it into Reality and thus to explain the spiritual principle via scientific method.

For example, in 'Contact,' we didn't know who had designed the space travel machine. As science and technology has evolved significantly since then, 'Interstellar' has explained it beautifully and convincingly; how that knowledge could have been transmitted to solve the space travel equations by instantaneously communicating in third dimensional time and thus solving the problem for mankind.

6. Matthew McConaughey the actor played a key role in both movies.

7. The key message of both movies I think is "The pursuit of Truth", or Sri Aurobindo's message of "Don't stop in the middle". As Garry Jacobs has explained, every tradition, every practice has a value in it, but they are not ultimate. We may follow any but should not be limited by any. We should go on till we find the Integral Truth. An Integral Truth is not a substitute or a replacement for other partial Truths, rather it will reconcile all the other Truths. (SM)

Reader: When I have seen Interstellar. I could see Sri Aurobindo explanations on Timeless Dimension with the attempt to understand Timeless Plane through graphical representation. And I never got opportunity to discuss about it around my circle until now. And the movie Contact attempted 20 years back to shed a light on us, now it's explained well with the advancement in the present technology in the movie Interstellar. It is showing that Supramental Energy is at work constantly to make us understand what SRI AUROBINDO is talking about through different medium. One should know the core Principal of SRI AUROBINDO'S Vision to Connect the dots happening around us which is Immortality otherwise it stays just as another movie in our life Time.

Response: Excellent point VPB.

... and now this year we have the marvelous film Arrival, which is what started my recent thinking about Sri's Aurobindo's Simultaneous Integrality of time.

Time

Truth

Contact

Interstellar



## PHENOMENON

1. George was kind of like Mr. Darcy of Pride and Prejudice who yearns for Love but never provoked the heroine Lace as was the case with Darcy who called Elizabeth “tolerable.” Instead he waited patiently, never getting depressed when she rejects him initially and did all things to please her like buying the chairs, etc. just for the sake of her Love since the beginning.
2. Darcy changed his inner nature and then won over Elizabeth, but Elizabeth accepted him as an act of Gratitude. As per Lace’s character, she doesn’t like surprises and she was frightened initially by George’s miracle kind of things. But his true identity, sincerity in Love transformed her and as a result she embraced him with her Love at his final moments. So it’s a kind of total fulfillment.
3. After the experience on his birthday, he began to understand things like from Supramental point of view (Instead of surface mind). For example, at the opening of the film, he first believed that the rabbit was damaging his garden. After the birthday experience, he understood the truth in the Rabbit’s point of view such that he himself made the fence deeper and taller such that the Rabbit had no place to go. Once he perceived that truth, he opened up the gate and the rabbit happily moved outside.
4. The above scene is a tiny party of the film almost looks unrelated. But Infinite is behind the infinitesimal things and this scene clearly explains how we perceive things so contradictory from the Truth of Reality. Similarly there are many other examples in the film as George started to know the Truth of the situation from everybody’s point of view and started to help in their progress. Example, he exclaimed about the infinite power hidden behind the Nature’s phenomena of photosynthesis, subtle discovery for his friend’s need of love rather than just a keeper and helped him to fulfill that, subtle reason for the old man’s sickness and so forth.
5. His miraculous acts clearly revealed the subtle truths of the universe. Everything is made of energy. As all came from the same Oneness, anybody can connect with anything by consciousness. And physical objects can respond to his consciousness very well as he explains the reason of affection and partnership with them.
6. However, people started to look at him as a kind of stranger or alien out of fear, and could not tolerate the “different” kind of person he had become. Probably that may be the reason all the great Yogis preferred to be isolation and seldom performed physical miracles or share their powers openly. Yet they do make great changes subtly in the consciousness around the people, society etc.

7. Though it was sad that George's end came soon in that movie, from a different perspective we see that he performed all the great service, and made all the great progress in that short period of time than that a would normally take a lifetime or more. He touched the lives of every person around him deeply and became an inspiration for everyone.

8. Though the doctor (as a materialist) tried to justify his strange phenomena due to rare kind of brain tumor, he knew himself about the soul's quest, and beautifully argued that everything they knew is the limited understanding of the physical mind, and they could never perceive the consciousness and Spirit behind. George escaped from the hospital in order to fulfill his final quest and gave guidelines to his friend Nate, Lace's children and also passed on the research notes to Dr. Ringold so that the possibilities he uncovered could be fulfilled by others one day (similar to how Abbe Faria passed on the wealth of knowledge to Edmond Dantes in The Count of Monte Cristo.)

9. The movie beautifully ended showing the change(s) in everybody's life he had touched.

(Senthil Murugan)

## COMPOSITE

### Phenomenon



## COUNT OF MONTECRISTO

Though it was Life's way of teaching Dantes by putting him in prison, why had that to be so cruel? He did not commit any crime or any initiative action to earn that prison. He was simply innocent and acted according to Life via Napoleon's letter. Similarly in devotee's life why sometimes cannot understand Life's purpose of punishment though no apparent mistakes or errors on their side?

Why does life punish? Life does not punish. Life responds to what we are and most especially to the nature of the energies we express in thought, feeling, urge, action and deeper subliminal consciousness. Its response needs to be understood in the totality of our being and also in the prevailing social-life context in which we live. The deeper truth of Edmund Dantes was a powerful, undeveloped and unexpressed potential for emergent individuality which was covered by his surface personality of politeness, honesty, goodness, efficiency and responsibility. He lived in a time and society where falsehood, ambition, greed and evil were prevalent. He was in love with a good woman of low consciousness, an orphan in dire need of security and

incapable of true loyalty at the physical level. His superficial naïve, unsuspecting goodness and love for her brought down his consciousness and left him vulnerable. Dangler's ambition, Fernand's jealousy and the innkeepers general ill-will for others were the source of misfortune. But the deeper underlying factor was the concealed potential within him pressing to be released and developed. The inner opportunity attracted an outer challenge of commensurate intensity needed to release it. That is a fundamental law of life. – (Garry Jacobs)

(Roy Posner)

- -Another is that no matter how bad things get we need to maintain the equality of being, as great positive can emerge from the negative; especially when those values were heartfelt as in the previous point.
- -A devotee is asked to have that faith. That every lower point is actually working for a higher one.
- -In Count of Monte Cristo the hero, an innocent man, is thrown in jail for years. But then while there he meets and is helped along by a priest who gives him the maps to the greatest riches in the world that he will go on to discover.
- **-We must have that same faith when such titanic negatives occur in our own lives. It requires endless patience, and calmness, equality of being. Without the difficulty and the infinite patience he is forced into, the future Count would never have found the priest and become the most prosperous and powerful man in the world.**
- -For the Sadhak there is no negative. It's just a more powerful form of a positive. Sri Aurobindo indicates that Ignorance is a greater power than Knowledge to attain Integral Knowledge. Perhaps the Sadhak almost welcomes the negative, as a great opening upward behind the façade.
- Being ignorant to those forces will make one vulnerable to them as Edmond Dantes was not aware of them lead to suffer in prison in the "Count of Monte Cristo".

What Abbe has gained finally? He sincerely taught Dantes and made him a strong and wise man with all kind of knowledge and skills. Yet, his dream of escaping from Prison didn't come through and he died before that. Why is that so?

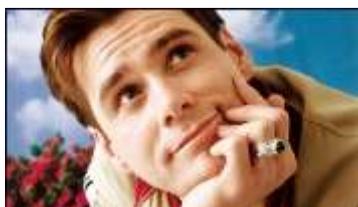
He was a man who had sought and acquired highest knowledge. Edmund became the opportunity for him to give that knowledge to another, by which it is infinitely enrich and perpetuated, giving an intense mental joy to the giver. He loved Edmund for his goodness and intelligence, like the son he never had, and that love was received and reciprocated with gratitude, giving Faria a rare emotional fulfillment. What gain does any rich man achieve by acquiring immense wealth other than the rare satisfaction of passing it on to loved ones who are unmercenary in returning that love? Life seeks intensity and eternity, not comfort, convenience or luxury. Faria gained both the intensity of knowing and loving and the eternity of passing it on to one who gratefully received and

treasured them more than the buried treasure that accompanied them. – (Garry Jacobs)

Positive and Negative

COMPOSITE

Count of Montecristo



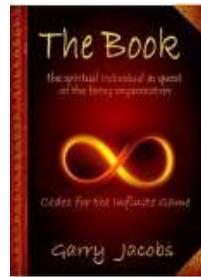
**A COMPARISON OF OUR LIFE AND TRUMAN’S LIFE IN THAT FILM:**

No	Our Life	Truman’s Life
1	We are the characters in the Divine’s play	Truman is a real character in the TV Reality show
2	We are not aware of our purpose in life	Truman is not aware of his True life.
3	We are content with our surface ignorant life and live for it	Truman is content with his life in the Reality show believing that it is real
4	Grace (Life) comes to us in many forms to awaken us	Sylvia came to him and tried to explain it to him.
5	We believe in our finite limitations.	Truman believe in his limitation – fear of water
6	Life tries to awaken us in numerous ways, through synchronous events, and so forth.	Truman gets hints in his life—falling spot light, rain showers only on him, radio channel messages about himself and so forth.
7	When we act away different from our routine, life responds.	When Truman brings Meryl in a car ride against the plan, the obstacles he faces make him think.
8	When we try to bring higher consciousness to the established routine, we face resistance from the atmosphere, swabhava and so forth.	Whenever Truman tries to act against the routine he faces obstacles to put him back in the plan. (car ride, bus breakdown, entering new lift and so forth)
9	Despite obstacles, our quest for Divine life continues	Truman’s quest for Sylvia continues

10	When we are stuck with the surface life, it is time for us to go within.	Truman reflects on all the events and obstacles and perceives that something is wrong.
11	When we take the right decision and act on it, it fulfills by itself.	Truman decides to risk his life and find out Sylvia. It is a quadrant II decision (Inner positive/Outer negative). As a result, after overcoming dramatic flood, fear of water, he finds out the real Truth that he is in a TV show indeed.
12	The Divine (in us) delights as we go through the process, and also at the end.	Not only Truman, the whole world rejoices at the end.

**COMPOSITE**

**Truman Show**



**SOME COMMON PHENOMENON FROM *THE BOOK* AND *THE GOLDEN COMPASS***

No	<i>The Book</i>	<i>The Golden Compass</i>
1	The Book - The source of Integral Knowledge	The Compass - The source of Truth
2	The Archives & The Messages - Explain the knowledge in The Book with many practical examples which are easy to understand the theory and the knowledge	The Images appear in Compass - The compass was the instrument, but it was difficult to understand. For the right people and the right questions, it shows the truth/reality by images of dust.
3	Prof Stearne - Worked intensely to reach the knowledge of The Book and the Spirit to everybody in the world	Lord Asriel - Worked on to understand about the Dust and its power to reach his world
4	Dan - Lead the MAI and the team and was guided by The Book. The Book had reached him at the right time and he used that in many circumstances to understand the Reality	Lyra - Lead the search to find the kidnapped children and was guided by the Compass. She had used it in many circumstances in the film to understand the Reality/Truth

5	The Core MAI Team - Vinay, Anya, Ray, Levin who worked together with Dan for a common purpose - ended up uplifting themselves and also made MAI a global, prosperous organization	Lorek the Bear, Lee Scoresby, Serafina - assisted Lyra to reach Bolvangar and helped in her mission of freeing all the kidnapped children
6	The MAI Organization - The employees of MAI worked together to fulfill the Aspiration of MAI partners.	The Gyptians - Worked together with Lyra to find the children and free them
7	Bill Gershwin - The friend of Ray who had brought Oppenhauer's contact (Bad arises from Good). However, that contact and the resulting problems spurred the growth of MAI in a tremendous manner and finally Oppenhauer withdrew himself (Good arises from Bad)	Roger - The friend of Lyra. Because of his friendship she went on to search for Gobblers which had brought many dangers to her along the way (Good from Bad). At the end, she managed to understand the Gobbler's plan, freed all the children and also destroyed the experimental station (Good arises from Bad)
8	The Adversaries - Worked intensely to prevent The Book from reaching the world	The Magisterium - Worked intensely to prevent the knowledge of Dust and also the Compass reaching the people of their world
9	Prof Dent - The Head of Adversaries council who worked on a common purpose to destroy the existence of The Book	The Head of Magisterium - Worked with other groups like Gobblers to destroy the knowledge of Dust and the Compass
10	Leonard/Gregory Thomson - Played active role in The Book by giving many troubles and challenges to MAI Team	Mrs Coulter - The head of Gobblers played active role in the film to kidnap the children and also giving many trouble/challenges to Lyra and her friends.

## COMPOSITE

Golden Compass

The Book



## ORU KAITHIYIN DAIRY

\*\*\*\*\*

Final revelation as Glimpses from the film Oru Kaithiyin Dairy, adhering to the Theme of this page of learning life characters and their responses from films.

Sincere Gratitude to [Roy](#) for the blessed opportunity.

Oru kaithiyin dairy!

\*\*\*\*\*

The Strategy of Law Vs Lord, David an illiterate labourer falls in love with Mary an educated teacher.

Life ties them as husband and wife and Lord blessed them with a baby boy.

Velappan is a true friend character that unite life response in the film for Lord to win.

David, because of his Illiteracy, follows blindly a political leader as usual telecasted in Tamil cinemas as underground Don.

He captures Mary in cunning ways, which leads her to end her life after writing a letter to police.

David recognises the drama, runs to send politician to jail but tamil cinema masala portrays politician, Sub inspector and Doctor as a group sending David to jail after burning the proof letter in cunning ways.

They cunningly prove in court after filing a false verdict that David is the culprit who killed his own wife.

Before leaving to jail, Upon handing over his baby, to his thick friend Veerappan, David ferociously requests his son James to be brought up as an Underground Don, acquiring all the qualities to kill the politician group once he is grown up and by the time David returns from Jail.

Upon serving his sentence in jail, David gets released, eagerly returns to his friend Velappans home expecting a hut, but surprised to find a luxurious bungalow, he shouts to see his son to velappan but learns that he has been brought up as a police officer to serve the country instead of a Rowdy.

Velappan justifies his action of breaking promise through a classy reason highlighting the fact that Illiteracy was the root cause of David's acquaintance with a cunning politician which put an end to a happy family.

David angrily diminishes taking an oath to kill all his 3 enemies himself.

He executes a master plan, uses IG daughter, who is characterised to marry his son James and kills the sub inspector and the Doctor.

Case gets serious and James himself gets appointed to trap David, the IG finds from old case files that Velappan who got introduced to James as father from early age is the thickest friend for the most wanted criminal David.

He runs to learn the truth from his acting father, gets David's Dairy from him, David was taught basic education by his wife Rosy, learns the facts from his original father's Dairy, that he is David's son, returns back to IG office to resign his police officer post to kill the other 2 culprits who were the reason for his mother's death.

But IG asks you will kill them, someone from their family will take an oath to kill you and the chain is continuous and law is there to punish them.

So James gets promoted as crime branch officer in search of his own father David.

Life makes James lover safeguard David in their own house after hearing the old pathetic story.

David makes all the plans sitting in IG home to kill the final culprit politician.

The politician returns back from off shore tour, and re-enters to public and his political group with the drama of opening Hero Chatrapathi shivaji Statue while addressing a huge political gathering, David fixes to kill the politician there challenging the police department and the crime branch including his son that he will kill his main and last enemy exactly at the fixed time after he re-opens the statue.

While they make master plans to save the politician, David anchors himself as shivaji statue and kills the politician at the challenged time.

The remarkable question was, once conviction is made to church father, he should not disclose to others except the lord on the secret, but the father follows the rule of not seeing David's face while he apologises, where he tells the father the whole story and plead mercy on his plan to kill his enemies.

But the father informs police which leaves the each reader's own views to conclude on religion methods.

Fathers thought was to save 3 lives as a true Christian.

The life lesson to learn is ILLETRACY is the root cause of rowdyism, ruining the life of a very happy family.

Second is whether political, Professional, Religious or Spiritual A leader should live as an example his own life and try to create leaders like him to serve the community.

But the politician used David's Illiteracy and blindly following a wrong leader which ruins David's family and sending him to jail.

If David was portrayed as a well-educated character, manners and other needed things, could have been acquired in no time, even though he is show cased as hailing from a low status and uncultured family.

If David acquired necessary Education through his brilliance, he would have plotted the politician's wrong motives, sent him to jail under Law and he could have sat in the politician's place as True Leader, to serve the country.

Lord won the game with Life for making life respond to Marys lost life by turning David Ferocious to kill all 3 culprits.

Law won the rule, by making James returning to Duty, after learning his past stories and getting convinced by the I.G'S Advice.

Life won the value of Truth by Velappan taking a life response of breaking the ignorant promise of bringing James as a Rowdy to a Sincere police officer.

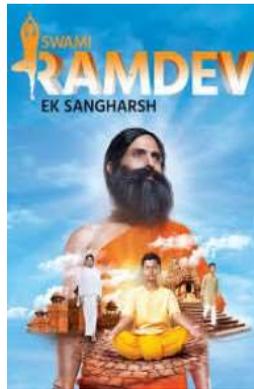
"ILLETRACY SHOULD BE ERADICATED COMPLETELY FROM THE SOCIETY".

"A LEADER SHOULD LIVE HIMSELF, AS AN EXAMPLE TO CREATE LEADERS AND NOT FOLLOWERS, SO THE VERY PURPOSE OF NATIONAL PROSPERITY AND GROWTH GETS ACCOMPLISHED".

- Priya,
- For Character of Life in Literature and Films.

## COMPOSITE

### Oru Kaithiyin Dairy



## THOUGHTS ON 'SWAMI RAMDEV' BIOPIC TV SERIES

I am watching the 80-part Indian TV series on the life of Swami Ramdev. Here are some initial observations.

-It is the story of how a young boy and later a young man of great inner strength and spiritual wisdom breaks through the barriers of untouchability to become a great teacher and guru.

-It is also the story of how one individual attempts to make the transition in Education from rote memorization to true knowledge acquisition i.e. learning. Also, it reminds me that there are ancient, sacred values in India related to true knowledge acquisition; i.e. Education.

-Acquiring knowledge, not just outer information, but inner wisdom is the goal of the main character as well as the teachers he learns under at their spirit-oriented, education centers.

-When one tries to change a serious defect in society, like untouchability, or later as rote education, it almost seems like an impossibility to resolve it, as all sides seem conspire against it through the lowest human behavior and values.

-Indian village is rife with ignorance, superstition and falsehood. Gullibility of the villager is another flaw. On top of that there is surrounding corruption at all levels. From police to politicians, even to revered though coniving false gurus who lead the village.

-Families can be infinitely cruel toward a member that wishes to break away from the herd.

-We see many spiritual-like qualities in the story:

-Aspiration to know, to learn overcomes all obstacles.

-Anger in the face of falsehood just perpetuates it. It also can lead to self-destruction in a negative atmosphere.

-Patience and good planning can work miracles.

-Creativity and cleverness of solutions accomplishes.

-Fearlessness and positive attitudes prevail.

-Openness to change is critical, even for the most experienced and knowledgeable.

-Reactionary forces can unconsciously move the positive along.

-The opposing negative is the fastest means of enabling the rising positive.

-Lack of Ego turns individual benefit into collective benefit.

-True individuality comes from deep aspiration and values within. It has the power to move the society forward.

## **ON SHORT FILM 'VALIDATION'**

It's a wonderful and clear little film that brings out so many things

-about our sense of self-worth

-about what determines how we feel about ourselves (whether outer-determined rather than inner

-about the need to develop a greater depth of being rather than having a facile positive view of life

-about our ability to change ourselves, from say a surface orientation to something deeper, when we perceive our limitations in our happiness and being

-about how we often go through a period of darkness to make that transition

-about how if we make that inner change and express it (whether through greater depth of character or through self-givingness), we suddenly attract positive results from life

-about how Romance can compel us to become better persons if we seek out that possibility when it presents itself.

[Self-worth](#)

[Depth of Being](#)

Higher Consciousness

Inner Change

Validation



### **POWER OF ATTRACTION OF YOUNG BOY IN 'MERE PYARE PRIME MINISTER'**

Last night I watched this terrific and inspiring new film from India. The story revolves around the film's eight-year-old protagonist, Kannu, who lives in a slum and dreams of building a toilet for his mother. After his mother Sargam gets raped when she goes out in the night to defecate in the open, Kannu takes charge of improving the conditions in the slum.

In his quest to build a toilet, Kannu writes a letter to the prime minister and travels to Delhi from Mumbai with his fellow comrades Ringtone and Nirala.

The film brings into focus the issues of defecation in open and sanitation problems faced in slums.

Here is the link to the film as described in Wikipedia:

[https://en.wikipedia.org/wiki/Mere\\_Pyare\\_Prime\\_Minister](https://en.wikipedia.org/wiki/Mere_Pyare_Prime_Minister)

Here is the trailer (in Hindi):

<https://www.youtube.com/watch?v=v1a2XyG5mIY>

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### **Observations:**

I had several comments on the film, the main one involving the credibility of the notion that three small children from the slums could get the attention of the Prime Minister of India. Is it even remotely possible in real life?

My answer is that it is so long as one follows the qualities demonstrated by Kannu and his two young friends. In essence he presented these qualities that had the power to attract the seeming impossible:

--Kannu is extremely determined, driven by the tragic act perpetrated against his mother; but also by his social consciousness and awareness of the sanitary conditions of a community without toilets.

--As a child Kannu has no doubts he will succeed. His attitudes are fully positive at every stage of the journey. That always attracts the positive.

--Kannu is extremely sensitive of her needs and is thus very giving toward his mother, almost divine-like in actions, and reaps the rewards in return.

-When Kannu leaves, he is silent about his intent, not informing his family and community. He only returns calls after he succeeds in making contact. Keeping the silence within of an undertaking attracts more energy and results.

-The administrator in the federal government Kannu meets has a kind-hearted disposition, and so gives the threesome a change when they are at the Prime Minister's gates.

-Keena and two friends are so determined that they arrive at the gates of the Prime Minister's office at the same time a children's group are meeting with the PM's public liaison . This makes it easier for the threesome to get his attention. This is a powerful example of Luck, or perhaps we can call it Grace.

**Thus the final outcome is no coincidence, but the response from life to Keenu's intention, bravery, social conscience, silence, self-givingness, et al.**

Individual

Courage

Mere Pyare Prime Minister



## CONSCIOUSNESS APPROACH TO FILM ANALYSIS FOR INDIAN MOVIE 'GURU'

I recently watched the 2007 epic-like Indian Film 'Guru' for the 3rd time. It is about how a man rose from nothing to become the greatest businessperson in India. It is based in part on the true story of a famous Indian business leader.

It reminded me of the study and analysis I did of the film 10 years ago. In fact, it was part of the 'Character of Life in Film' project that Karmayogi, Garry Jacobs, myself, and a few others initiated ten years ago, where we were each given one or more films to analyze in depth through a deeper understanding of life's workings.

In the case of Guru, it was closely related to the inner keys that enable vast BUSINESS success; as well as negative qualities that can destroy it.

Here then are the links to the trailer (in Hindi) of Guru, followed by the link to my Character of Life-based analysis of the film. I hope you get to see the film. (I watched it recently on Netflix, with English translation turned on.)

<https://www.youtube.com/watch?v=bYwDP9FN95U>

[http://royposner.weebly.com/uploads/2/7/1/0/27100343/guru\\_film\\_analysis.pdf](http://royposner.weebly.com/uploads/2/7/1/0/27100343/guru_film_analysis.pdf)

The New York Times called Guru an "epic paean to can-do spirit."

Success

Accomplishment

Guru



## 'SEABISCUIT" STUDY

**A comprehensive analysis of the film, including major themes, keys to higher accomplishment, and insights into the character of life in this true-life film. "Perhaps the most exciting and meaningful study I have ever undertaken" (Roy Posner)**

<http://royposner.weebly.com/uploads/2/7/1/0/27100343/analysisofseabiscuit.pdf>

MovieTrailer:

<https://youtu.be/Yv6RnFTlu4I>

Success

Accomplishment

Seabiscuit

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Entries are through March 26, 2022