

HIGHER LIFE



INSIGHTS ON HUMAN EVOLUTION
& TRANSFORMATION

**ROY POSNER
& OTHERS**

BASED ON THE FACEBOOK GROUP

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Last updated: 5 December 2018

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Accept the Givens

To Be Titled

When one has a desire to be elsewhere and neglects the current work, then if one changes one's consciousness - taking up the tasks at hand - it ordinarily brings an immediate positive response from Life.

To Be Titled

When you do the necessary thing, instead of avoiding it, life quickly cooperates with your effort.

Action Vs Non Action

To Be Titled

In the case of a serious problem, knowing when to engage in action and when to be utterly still is to have supramental sense.

To Be Titled

There is the right time and the wrong time to engage in an activity. As we develop in consciousness, as we move further along the Path, we increasingly develop the Subtle Sense that continuously knows when to act vs when to cease action or even forget the matter.

Acts, Complete Act

"Wisdom" of Unconscious Acts

From within we can perceive the Wisdom in the unconscious acts of nature. (paraphrase of Savitri)

Eg if someone unconsciously blurts out the truth of a matter, not understanding its implication, it serves a greater progress. From a deeper

poise, we can come to see the purpose of such unconscious movements, as it serves the unfolding of the positive.

Consecration Contains “The Complete Act”

Based on the teachings of Sri Aurobindo and his view of the process of creation, Karmayogi has conceived of "The Complete Act." It is the combination of certain factors executed consecutively in a process that all but guarantees perfect execution and outcome, including an often startling, unexpected positive response from life.

The Complete Act begins with the conception of what one wants to achieve, followed by one's supporting will and emotions for it to be carried out, followed by the physical execution of the act, supported by right attitudes and skills, leading to an outcome that is perfect; even unprecedentedly so.

One can follow this process for any major activity, like a project, or even the smallest act, such as brushing one's teeth. It is as microcosm of and similar to the process that enabled the universe to emerge from a Divine source.

Consecration is the opening to the Supramental Power that has descended into the earth's atmosphere, that engages in and fulfills all stages of The Complete Act process in a single spiritual gesture, returning immediate unprecedented, infinitely creative results.

Consecration is the spiritual method of opening to the Supramental power, aspiring for a great outcome, yet indicating "Thy Will Be Done;" where the Spirit's Will of the outcome is paramount, not our own will, which can limit the result.

One can consecrate before engaging in The Complete Act, at each stage, or even retroactively.

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The Complete Act begins with the conception of what one wants to achieve, followed by one's supporting will and emotions for it to be carried out, out, followed by the physical execution of the act, supported by right attitudes and skills, leading to an outcome that is perfect; even unprecedentedly so.

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Alignment

Intense Thinking about Another Causes Alignment in Space-Time

A frequent alignment effect occurs in my life as follows. I have a good feeling about a student in a class, and he has the same for me, for whatever reason. When we go on the break, though there are dozens of people moving to and fro, I arrive at the rest room at the very instant he does, almost bumping into each other!

It also works in the negative. I have problems with a student, and he too feels negative because perhaps I did not answer his question. Then on the break dozens of people move to and fro in the building, and the very moment I enter the class, he too enters, and we too almost bang into each other!

It follows the principle that when two people are thinking intensely about another, they align in space-time at some point later on. This has happened to me many, many times over the years, and perhaps it has happened to YOU!

Anachronism

To Be Titled

Regressive forces are those desiring to bring back, invigorate a past that no longer has any relevance.

Another's Point of View

Taking Other's View is Supramental

Do you know Karmayogi's principle of taking the other person's point of view? Even if they are wrong, it helps to embrace their position. Doing so, often has the effect of bringing them around to your original position!

It is to take the Supramental Perspective of the potentiality and reality of the many-sided truth of things, not just the part one knows.

It may be worth an experiment. It also puts one's Aspiration on a steadier psychological basis.

Ascent Descent

Ascent and Descent when Reaching Supermind

Please keep in mind that when we mention Supermind (in the evolution) we don't just mean that it is the ultimate plane of spiritual mind, but that when we reach, embody that plane, it supramentalizes all planes below it - including the Mind, our Vital being, and our Physical body (and for that matter all matter, substance in creation).

There is thus an Ascent and Descent dynamic occurring as we enter that plane, including Supermind.

Aspiration

To Be Titled

The Call, Aspiration for the Higher to come into Life helps It descend into all planes of our being, enabling their Transformation, leading to ultimate Delight in the experience; Ananda.

To Be Titled

Shift from wanting a thing for yourself to aspiring it for everyone.

To Be Titled

When you want something with a pure heart, the entire universe conspires for you to get it... It's when you want or ask for something with the best intentions for all and trust that the Divine energy will make it happen in the best way possible. (Salona Surjoo)

To Be Titled

It is said that what you do - in relationship to an issue, idea, etc. - is more important than what you say. However, what you deeply BELIEVE IN and ASPIRE to happen in the world are even greater than these.

When you identify with not just your own aspirations, but the aspirations of Humanity, your efforts will be great for others, as well as yourself. You will partake INFINITELY in the rewards because of your Universal intention.

To Be Titled

An aspiration, a hope is the awakening of the Spirit in us.

To Be Titled

If only we could be idealistic, noble, and aspirational for a Higher Cause, it would give great purpose and meaning to our lives.

To Be Titled

Which one do we want to live: the Little Life (typical, average, mundane); or the Greater, Higher Life? It is our choice.

Living A Greater Life Than You Were Told by Society To Live

When you grow up, you tend to get told that the world is the way it is. Your life is to live your life inside the world, to try not to bash into the walls too much: Try to have a nice family life, have fun, save a little money... but that's a very limited life.

Life can be much broader once you discover one simple fact: Everything around you that you call "life" was made up by people that were no smarter than you -- and you can change it.

You can influence it... the minute you understand that you can change it, that you can mold it, that's maybe the most important thing. To shake off this erroneous notion that life is there and you're just going to live in it -- versus embrace it, change it, improve it... and make your mark upon it.

(Steve Jobs)

Deepest Aspiration Silently Fulfilled

Welling it up deep inside, an Aspiration - without acting on it, without telling others about it, without even further thinking about it - can be realized in full.

Many years ago I had the deep Aspiration to work in an area that somehow connected with Sri Aurobindo and Mother. I told no-one about it, did not consciously act on it; kept it close to my heart. A year or two later this came about when I came upon an opportunity to work for Garry Jacobs and his import company Mere Cie, changing my life forever.

Aspiration from the Depths

The deeper you go within, the more life responds to our aspiration. On the other hand, when we live on the surface, -- in our thoughts, and feelings, and outer initiatives -- the result is negligible, as the energy is not stored, but dispersed, preventing the "magnetism effect" of Life Response from taking shape.

To Be Titled

Only the Mother and Her Force can save the world; though we can collaborate fully.

Reader: Indeed Sir! We can only play a perfect Instrument.

My or Everyone Job is to aspire to let myself or ourself make empty
So, thy will be done not my will or our will.

Response: Yes, sincere, deep Aspiration will attract Her Will to us.

To Be Titled

Sincere, deep Aspiration will attract the Divine's, Mother's Will to us.

To Be Titled

Deep Aspiration, welling up from one's true self, attracts new, unprecedented, unique opportunities to fulfill it.

To Be Titled

Aspiration is the source of all accomplishment in life. If there is Aspiration, the will, the power, and the knowledge will come to achieve.

To Be Titled

Our Aspiration to achieve is limited because our consciousness is limited in perceiving and believing in the infinite possibilities around us.

To Be Titled

Aspiring for the success of others qualifies you to receive the bounties of life. Otherwise, you are focused on yourself, which is ego, which qualifies you for nothing.

To Be Titled

Aspiration that originates in the Psychic Being that calls to Mother, the Supramental power, has ultimate effect.

To Be Titled

Upon awakening do we merely engage in our normal routines, or do we consecrate the day, offering our deepest Aspirations to the Higher Power.

To Be Titled

Mother says that in normal life we rush around here and there, only to end in a big crash (psychological, emotional, or physical). Aspiration for higher consciousness and deeper poise and stillness of being are nowhere to be found.

Atmosphere

In a high consciousness environment, an individual showing egotistic tendencies may suddenly find himself challenged by a humble individual with the same or greater talents. The higher atmosphere has that type of influence.

Attention to Others, Things

Attention to Objects, Their Appreciation, and Response from Life

Give a physical object, such a machine, and it will soon start operating in ways you would not have imagined. Even a small, token effort of attention can attract that startling result, especially if the object has been neglected. It is the soul of the machine expressing its appreciation.

A man cleaned part of a vacuum cleaner that went beyond normal levels of attention, and the next day it seemed to clean everything in sight! He was utterly amazed at the results it produced for that small extra effort of attention and cleanliness.

Beginning a Conversation

In a new conversation it's advisable to allow the other person to speak of their interests first.

And then throughout the conversation it's best to constantly take an interest in what they have to say; focusing on what their interests are, over your own concerns.

As a result, life will respond positively. Moreover, all that you were interested in saying at the outset will be conveyed in due time, and then some.

Not only will the conversation go very well, but along the way, unexpected positive developments are likely to be revealed.

Attitude

Positive Attitude Attraction Power

Though it defies logic, the Intensity of Positive Attitude previous to the work often supersedes the actual effort in evoking real success, as life cooperates from all quarters.

To Be Titled

To be in positive attitude,
When everything seems all right,
Is a mental awareness.
To be in positive attitude,
When everything seems NOT right
Is a spiritual awareness.
(SM)

To Be Titled

The power of positive thinking is its ability to attract good fortune, engendering great success.

Reader: Is the power of positive thinking really valid if one adopts consecration as a practice

Response: Consecration normally contains positive thinking, since we seek positive outcomes through it, and because we have some degree of Faith in the outcome; what Mother/the Divine gives.

We could thus say that the greater the Faith, the more positive is our thinking in relation to the consecrated act.

Being Beingness

Planes of Our Being

Here's a nice image of the makeup of our being. Note that the Spirit is the innermost center. (We could call it the spark of the Divine within us.)

Connected with the Spirit is the Soul, which is the Psychic Being, the evolving Entity that takes birth in the body and then enters other bodies in succession on its journey of Self-Discovery (through the experiences of the individual it inhabits).

Next, the mental being involves thought of the Mind, including fact processing, the beliefs we have, and where rational thinking takes place.

The Vital being consists of our attitudes, feelings, emotions, and sensations.

The Physical Body is just that: the gross, material, container of our existence, including all its systems and functionings.

Joining the Forces of Silent Change

The old mental order is crumbling or going through intense pressures, making the way for Something Greater. The Higher is also coming through subtly and Silently, while most on earth are consumed by the intensity of the change and the difficulties of their own lives.

It is then a matter of choice to join the forces of Silent Change. We can partake in this quiet process, ushering in a new-type person, a new society; spirit-oriented and supramental in nature.

—

Why “Silent Change”?

Most change is very public; out in the open. Here - in developing this higher self, higher human, in building this new world - it is mostly undetected, beneath the radar of societal tumult. Sri Aurobindo says the new world is being born while Man is asleep - preoccupied with so many other matters, the problems of their times, their surface interests. ... This new world is being built mostly undetected. Silently the great Change is being made.

Chance Necessity Fate

Einstein's Remark about God, and Determination in the Universe

Q: Einstein said "God does not play dice." Does he have a point?

A: Though he might not mean it that way, his remark suggests that there is a Divine Reality. Moreover that Reality has a divine Plan that we can all participate in, collaborating in its unfolding.

There is thus a certain Determination in the universe; rather than mere randomness and chance. Moreover, there are subtle cosmic laws governing the Divine Action.

And yet to us, existence seems very much the opposite - random; without any obvious determination, let alone a Source determining force. That's because we are unable to perceive the subtle principles, laws, rules governing existence, as we live too much on the surface of Life.

Sri Aurobindo, the great Indian sage was able to perceive this Reality in full. He knew and experienced and explained it in great detail, and with great clarity. He looked into Life and out of it perceived the Process of Creation; i.e. how the universe came to be from a Divine Source, and how we in the universe are evolving back to Spirit; yet bringing the divine attributes into the details of life.

Still it should be noted that we have complete freedom to partake in this Divine Unfolding. We can choose whether or not to participate, to collaborate with It. And to the degree we do, we enable the greatest positive results in the shortest period of time in our lives and in the world around us. This dual process culminates in what he calls "a Divine Life on Earth," which he has clearly seen is the destiny of humanity.

Change

Changing the World by Breaking Away from The Herd

The number of people who change the world is few. Why is that the case? It is because the remainder of us follow the herd, feel the instinct to keep in line with the past, not upset the norm, the tradition.

Until one looks around and asks who am I? What is life? What is my purpose? What should I become? Where are we headed? one will never cease following the herd. Until one uses the power of mind to question the norm, and seek one's own path, one will be in lock step with all others.

It is through mind that we can question things, enabling us to break away from the herd and become true individuals, with the capacity to change the world.

“What Should I Do with My Life?”

If one doesn't know, how can we discover what to do with our lives?

First of all, look around for subtle signs; for life indicators. They are always there, pointing toward future possibilities.

If that doesn't work for you, intensely ask the universe (or the divine, if you are so inclined) to reveal its Secret to you. And then let it all go; forgetting the matter completely. Be sure to have Faith in whatever is to come; not just what you may want.

Also, maintain a positive attitude; be cheerful and optimistic. Be sure to brush aside any negative feelings about others, work, life, and yourself.

Soon after life will begin to reveal the path it has laid out for you. It may come from outside or from within yourself. One way or another, Life will respond to your aspiration.

If opportunities come into your field of awareness, by all means take them seriously; and as necessary seize them.

Be open to all possibilities, for it is the Hour of the Unexpected.

Beyond Nature's Way of Division to Enable Progress

The more intense the division, the more integral, powerful the coming together. Eg WWII was followed by European Union; the conflict between Eliza and Darcy in *Pride and Prejudice* was followed by their intensive, benefit-spreading coming together.

On the other hand, Perpetual Higher Consciousness avoids the negative side, the conflictive, and goes directly to the positive outcome, rapidly

turning limitation, finites, into infinite-like conditions. This will increasingly be the way of the future as we develop our consciousness to a higher level. In essence, the way of Spirit replacing the way of Nature.

Joining the Forces of Silent Change

The old mental order is crumbling or going through intense pressures, making the way for Something Greater. The Higher is also coming through subtly and Silently, while most on earth are consumed by the intensity of the change and the difficulties of their own lives.

It is then a matter of choice to join the forces of Silent Change. We can partake in this quiet process, ushering in a new-type person, a new society; spirit-oriented and supramental in nature.

Life, Equilibrium, and Change

“Life acts at every moment to preserve and restore equilibrium. Where the force for change is weak, life overcomes it and restores the equilibrium at the present level. Where an evolutionary force for change has sufficient intensity, it disrupts the equilibrium at the present level and life rises to restore it at a higher level.” (from the ‘Archives’ in ‘The Book’ by Garry Jacobs)

— —

Life always seeks equilibrium. We can say that in this dynamic the equilibrium is restored through a Response from life.

Suppose a man has a deep aspiration to link his career to his ideals. That is a substantial rise in consciousness. It also shifts life out of equilibrium.

A short while after, he casually meets with someone about a great opportunity that would meld paying work with his highest ideals. It changes his life forever. This response from life restores the equilibrium, but now at a much higher level.

To Be Titled

Life is Change.

To Be Titled

When you try to do things differently, you invite Possibilities into your life.

To Be Titled

Living happily, steadily in the chaos, randomness, unpredictability, - what we seem to have little control of - is a yogic poise.

Changing Life

To Be Titled

Along with great beauty, there is great misery in life. Our goal then is - through our higher consciousness - to overcome the latter, while heightening the former. It will take the full Will of one's Life's Purpose to help bring about that eventuality; that Divine change.

Character of Life

Life's Powerful Neutrality of Purpose

The dualities like good and bad, good and evil do exist in life. They exist in a sense that they serve a purpose in the overall perspective of the Divine's plan. Its not by condemning or running away from them that we can get rid of them. Rather when we rise in consciousness, when we transcend our ego, we are able to perceive the whole Reality and their purpose.

In *Pride & Prejudice*, Darcy was good and Wickham was bad is a limited understanding. Both are needed for each others' growth in consciousness, as well as to manifest the Divine (here Jane Austen) plan.

Thus, Life is neutral; it acts according to its laws, and presents opportunity to everybody. The extent we want to utilize that fact and grow in consciousness is a question of our choice.

Circumstance

What Happens is Always for the Best?

In connection with an old Playground Talk of March 14, 1951-

[Devotee:] I feel like asking you a very simple question. You say here, "If we always had the feeling that what happens under any circumstances is the best, we wouldn't be afraid...." Is it truly the best that happens under any circumstances?

[Mother:] It's the best in the given state of the world – it's not an absolute best.

There are two things: in a total and absolute way, at every instant, it's the best possible with regard to the divine Goal for the whole; and for someone who is consciously attuned to the divine Will, what happens is the most favorable to his own divine realization.

For the whole, it's always, every instant, the most favorable to the divine evolution. And for the elements consciously attuned to the Divine, it's the best for the perfection of their union.

(from Mother's Agenda, May 19, 1965)

Cleanliness Orderliness

Attention to Objects, Their Appreciation, and Response from Life

Give a physical object, such a machine, and it will soon start operating in ways you would not have imagined. Even a small, token effort of attention can attract that startling result, especially if the object has been neglected. It is the soul of the machine expressing its appreciation.

A man cleaned part of a vacuum cleaner that went beyond normal levels of attention, and the next day it seemed to clean everything in sight! He was utterly amazed at the results it produced for that small extra effort of attention and cleanliness.

Collective

To Be Titled

Society supports the development of individual leaders who in turn support the development of society. The individual and the collective represent complementary rather than contradictory elements. (Garry Jacobs)

To Be Titled

Aspiring for the success of others qualifies you to receive the bounties of life. Otherwise, you are focused on yourself, which is ego, which qualifies you for nothing.

Collaboration Cooperation

Collaborating with Will of Divine Mother

The Divine Mother wants to manifest Infinity in Life; manifest the Supreme on earth and in each of us. And we are here as Her representatives to manifest Her Will in Life; to be the instruments that help create a Divine life on earth.

Collective

To Be Titled

Sri Aurobindo said that one man can change the world. (e.g. like Martin Luther, Leonardo da Vinci, Albert Einstein, Steve Jobs, et al.) Then what can you do in your life to make that happen?

(please enter in Comments)

To Be Titled

Shift from wanting a thing for yourself to aspiring it for everyone.

To Be Titled

When you identify with not just your own aspirations, but the aspirations of Humanity, your efforts will be great for others, as well as yourself. You will partake INFINITELY in the rewards because of your Universal intention.

To Be Titled

If a sincere, dedicated, insightful Mother devotee puts out a thought, a novel idea, a masterful solution, it unexpectedly spreads throughout the world, often solving the seemingly unsolvable problem it addressed.

Communicating

Beginning a Conversation

In a new conversation it's advisable to allow the other person to speak of their interests first.

And then throughout the conversation it's best to constantly take an interest in what they have to say; focusing on what their interests are, over your own concerns.

As a result, life will respond positively. Moreover, all that you were interested in saying at the outset will be conveyed in due time, and then some.

Not only will the conversation go very well, but along the way, unexpected positive developments are likely to be revealed.

To Be Titled

If you reject outright someone else's positive suggestion, you may be asked by life to serve a key role in its implementation.

Computers Internet Technology

Conscious Unconscious

To Be Titled

The Conscious tend to think critically and thus always question their motives, their facts, their logic and their conclusions. The Unconscious who negatively wield Power have the kind of arrogant confidence in the rightness of their cause that is only possessed by the truly ignorant. (paraphrase of TM)

To Be Titled

It is difficult to hold back one's Opinions; but the Conscious individual regularly does so. The reward is that Life continually takes to your points of view.

Consciousness

Consciousness and Organization Together

"Life evolves through growth of consciousness, even as consciousness evolves through greater organization." - The Book

They always go together. Either one alone is not enough to bring forth results in life. One who lacks the first half of the formula means they haven't the energy; no fuel to drive the life. And one who lacks the second half of the formula means there is dissipation of energies due to lack of proper organization.

One of the ways life reconciles this by bringing contradictory parties in alignment; so one can learn from the other.

When MAI was lacking in organization, life brought them to Lempe's consultancy and through that process and with The Book, they

discovered the above principle, and as a result both companies benefited magnificently.

The Book says:

"...The discovery arose from the realization that the two companies, MAI and Lempe, were mirror images of one another.

MAI had abounding energy, a clear direction, unlimited technological and market potential, and creative, enthusiastic people, but too little structure through which to channel that energy effectively and multiply its power to tap even a fraction of its potential.

Lempe had a highly developed structure, well-developed policies, systems and procedures, and a disciplined work culture, but the source of its life energy had somehow dried up. It had lost its direction and momentum. Its structure had become an impediment slowing down and entangling each action in a bureaucratic mass of lethargy.

The two companies were complements, two sides of a coin. Each possessed something that the other very much needed..."

(From 'The Book' by Garry Jacobs, page 165)

To Be Titled

The movement of consciousness exceeds the speed of the thinking Mind.
(Karmayogi)

To Be Titled

The power of Life is not from the outside; from out there; from externals.
The power of life comes from Inside; from Consciousness within.

Unconscious Experience vs. Conscious Growth

There are gaps in our consciousness that get filled through the pain of Experience. However, through Conscious Growth we avoid these rigors of time, self-educating ourselves about the nature of Reality, thereby filling those gaps quickly, evoking the best of conditions.

It is the Sunlit Path.

To Be Titled

Key to developing our consciousness is to see the world inside-out, instead of the opposite.

Surface vs Deep Consciousness When In Line

When in line for store checkout, the surface consciousness wants the customer ahead to speed up; whereas the Deeper consciousness cares that customer is served well.

Conscious-Force

Reemergence of the Conscious-Force in Creation

Out of the Supreme came a Conscious-Force, which devolved/involved into an energized Cosmic Mind, which devolved/involved into a knowledge-less Energy, which involved/devolved into and inconscient Matter. This is the Involution, ending with creation.

And yet the Conscious-Force that is buried in Matter seeks to come out. And so dumb Matter evolved into energized Life through animate beings, who evolved mind in their beings, which is further evolving into Cosmic-like Mind, and then into Supermind, with the Conscious-Force re-emerging in full as a Divine Life on Earth as the culmination of the Evolution.

The Conscious-Force is now in a greater formation, as now all of life, all of existence is Divinized with Its Power.

Consecration

Rising to Next Plane, Equilibrium of Energies, And Consecration

--Life always seeks to restore an equilibrium of energies.

--Eg if something attempts to rise to a higher level, something comes to bring it back the previous level; thereby restoring the equilibrium.

--Therefore, when we rise up to the next plane, it ordinarily evokes a hostile opposition; as life always seeks to balance out, to establish an equilibrium of energies.

--Eg if you are seeking to bring a new set of positive values to an institution, an unexpected opposing force will rise to not only prevent the values from being adopted, but to destroy your influence in the institution.

--However, if you consecrate the movement to the next highest level, (eg the interest in implementing the higher values in the organization), life responds, not negatively, but fully positively, restoring the equilibrium, but now at a higher level.

--Also, if you do not react in feeling and thought to the intensity of the opposition, it can have a similar effect. Or if you consecrate the opposition, it will melt away; in all cases restoring the equilibrium at a higher level.

To Be Titled

When you are regularly opening to the Truth Consciousness (i.e. the Supramental), you spontaneously align yourself with forces that prove to be great successes; whereas in ordinary life, it is very much hit and miss.

To Be Titled

When you have a problem, offer it to the Mother (consecrate); do whatever you can to improve things, but don't fret, replacing it with calm, still Faith in Her. Great things will follow!

Consecration that Attracts Parties that Ease Burden

When you deeply consecrate a very challenging work situation that puts enormous burden on your efforts, parties step forward from out of nowhere to make those conditions so much easier. It is truly remarkable!

To Be Titled

Make seemingly impossible situations possible through Consecration and Faith.

To Be Titled

Hourly consecration is a movement that signifies the beginning of surrender. (Karmayogi)

Consecration Contains “The Complete Act”

Based on the teachings of Sri Aurobindo and his view of the process of creation, Karmayogi has conceived of "The Complete Act." It is the combination of certain factors executed consecutively in a process that all but guarantees perfect execution and outcome, including an often startling, unexpected positive response from life.

The Complete Act begins with the conception of what one wants to achieve, followed by one's supporting will and emotions for it to be carried out, out, followed by the physical execution of the act, supported by right attitudes and skills, leading to an outcome that is perfect; even unprecedentedly so.

One can follow this process for any major activity, like a project, or even the smallest act, such as brushing one's teeth. It is as microcosm of and similar to the process that enabled the universe to emerge from a Divine source.

Consecration is the opening to the Supramental Power that has descended into the earth's atmosphere, that engages in and fulfills all stages of The Complete Act process in a single spiritual gesture, returning immediate unprecedented, infinitely creative results.

Consecration is the spiritual method of opening to the Supramental power, aspiring for a great outcome, yet indicating "Thy Will Be Done;" where the Spirit's Will of the outcome is paramount, not our own will, which can limit the result.

One can consecrate before engaging in The Complete Act, at each stage, or even retroactively.

To Be Titled

He who insists on Consecration in a problematic situation will be the ultimate determinant of a positive outcome.

Hourly Consecration Approach

Q: How to do Hourly Consecration?

A: My approach is-

At exactly (eg) 6:00 pm on the dot you remember Mother or move your attention to the Force while offering the problem or opportunity, then think/feel “thy will be done”; altogether for a few minutes. Do this for each waking hour. What is key is the intensity.

To Be Titled

Often we get overwhelmed by life. This is an indicator and opportunity to densify our relationship with the Divine; by remembering Mother (consecrating) more often - i.e. in the small details of our daily lives.

To Be Titled

In the Sunlit Path we offer everything (problems opportunities, activities, our very lives) to Mother as life unfolds. It's simple really. But it requires real Faith. I.e. transferring our hopes, wants, expectations to Faith in what She will bring.

To Be Titled

Upon awakening do we merely engage in our normal routines, or do we consecrate the day, offering our deepest Aspirations to the Higher Power.

To Be Titled

The best remedy (I mean the easiest) for me, is: what You will – what You will, in all sincerity. In all sincerity. And then – then understanding comes. Then you understand. But you don't understand mentally, not here (Mother touches her head).

(The Mother, from Agenda, April 12, 1972)

To Be Titled

Too much excitement as a result of winning an account (or a match or any clear success) will often cause it to go elsewhere. Instead, when the agreement comes, be as calm as possible, offering the opportunity to the Higher Power. Now the energies will settle in, and it can be your account, etc. forever.

To Be Titled

The more you go within, into the depths of one's being, the more you go up, ie are more inclined to consecrate, to offer one's actions and issues to the higher power.

It is also true the more you go up, ie consecrate, the more your center of consciousness will be centered within; in the depths of your being.

Contradictions are Complements

Life's Powerful Neutrality of Purpose

The dualities like good and bad, good and evil do exist in life. They exist in a sense that they serve a purpose in the overall perspective of the Divine's plan. Its not by condemning or running away from them that we can get rid of them. Rather when we rise in consciousness, when we transcend our ego, we are able to perceive the whole Reality and their purpose.

In *Pride & Prejudice*, Darcy was good and Wickham was bad is a limited understanding. Both are needed for each others' growth in consciousness, as well as to manifest the Divine (here Jane Austen) plan.

Thus, Life is neutral; it acts according to its laws, and presents opportunity to everybody. The extent we want to utilize that fact and grow in consciousness is a question of our choice.

To Be Titled

Two negative karmas (recent status of Russia and US) coming together in contradiction will need to find their way forward.

Reader: A country named SYRIA#

Response: Yes, it would if they could work out their difference there; as well as in deterring nuclear proliferation, a general respect for one another, etc. Working together they can solve many of the problems of the world. Just now they are at great odds, depleting a valuable resource for helping the world progress; but that can change swiftly when the right consciousness is brought to bear.

To Be Titled

Nature accomplishes through a process of turning contraries into complementaries. It does so slowly and painfully. Supermind, Mother's Consciousness does the same, but quickly, even instantly, without any difficulty; and without any residual negativity for the next round.

Courage

On True Courage

True courage, in its deepest sense, is to be able to face everything, everything in life, from the smallest things to the greatest, from material things to things of the spirit, without a shudder, without physically ... without the heart beginning to beat faster, without the nerves trembling, without the slightest emotion in any part of the being. Face everything with the constant awareness of the Divine Presence, a total self-giving to the Divine, and the whole being unified in this will; then you can go forward in life and face anything whatever. (The Mother)

To Be Titled

Demonstrating psychological strength, courage, and fortitude during trying times, releases a torrent of energy that comes back as enormous positive response from life.

Culture

Limits of Our Culture to Perceive Reality

We grow up in a particular culture, with its particular nuances, and we think that is Reality. But that is only a tiny segment of reality; a fraction of what is so; of the scope of human existence and possibility - limiting our understanding to a very small slice of Life.

We thereby carry around that limitation in everything we think and do. It limits our attitudes and beliefs. It limits our perspective of the Truth of things.

Still we are happy to exist in that limitation, without much compulsion to break out. As a result, our lives are determined, frozen, fixed. We are shuttered up in our little box, thinking it is the entire world.

Solution? Discover the “Inner Culture” that transcends the outer culture.

Decisions

To Be Titled

At every moment you are afforded the opportunity to make the Higher Consciousness decision, which will in effect attract the more positive response from life.

Depths Within Inner Life

To Be Titled

There is a deeper seeing from within
A greater vision meets us on the heights
In the luminous wideness of the spirit’s gaze.
At last there wakes in us a witness Soul
Then all assumes a new and marvellous face:
(from Savitri by Sri Aurobindo)

Going Within to Have Courage to Face Problems

Q: How we can get the courage to face changing situations when we don’t have it. Should we consecrate the problem or the solution. Like to be brave in the problem or the problem to be solved.

A: Learn to develop an Inner life. When we are centered deeper within, we are less bothered by outer circumstance, and so are able to know

have a clearer, less emotionalized experience, including a clearer understanding of what to do or not to do.

Ordinary life will keep us on the surface of things, of life, where we will constantly reacting to life's exigencies and problems: being bothered by outer circumstance.

To go within requires one to make the deep Decision to live a Spirit-oriented Life.

One can practice plunging inward as one is moved to do so. It will then cumulate. And the inner (subliminal) being will be discovered, and deeper still the Psychic Being, the evolving True Self.

Then nothing on the surface will bother us. Our equality of being will always be maintained.

It is the beginning of the Integral Yoga.

To Be Titled

The power of Life is not from the outside; from out there; from externals. The power of life comes from Inside; from Consciousness within.

To Be Titled

Everyone is hungering for things on the outside, when they can be found - and infinitely more! - Inside.

To Be Titled

God lives everywhere and in everything, and you will be able to see Him if you can find Him deep inside yourself. (The Mother, from Agenda, June 9, 1965)

To Be Titled

An aspiration, a hope is the awakening of the Spirit in us.

Aspiration from the Depths

The deeper you go within, the more life responds to our aspiration. On the other hand, when we live on the surface, -- in our thoughts, and feelings, and outer initiatives -- the result is negligible, as the energy is

not stored, but dispersed, preventing the "magnetism effect" of Life Response from taking shape.

To Be Titled

To solve the outer problem, best to go deeper inside (to silence) rather than doing things, expecting results on the surface.

Perceiving Life's Subtle Signals on the Road to Vast Accomplishment, Joy

Life is constantly providing you with Subtle Signals, of which way to turn, how to proceed, what to avoid, etc. However you can only perceive them from a Deeper Consciousness. From the surface you are mainly picking up your own internal Ego signals of thought and emotion.

So why not build a true inner life, - a state of inner serenity and silence within, - while constantly opening to the spiritual Force above, and you will be continuously guided to the Truth; and as a result you will gain a personal roadmap that when followed will help you rise to the pinnacles of success and the depths of happiness.

Right Poise for Dealing with Intensifying Modern Problems

Everyone is increasingly under so much strife and pressure, and yet the old ways of dealing with life are no longer sufficient. The only answer lies by going deeper within, or surrendering to the Higher force above. That way life continually self-corrects in your favor.

Our skill or capacity lies within deeper. What skill one gains by practice can be brought by going within to the domain where the capacity is. That is Divine Power. (Nedumaran Ramakrishnan)

To Be Titled

Only by going deep within, away from the surface of life, do we understand the reason for life's hard conditions, including the positive benefits.

"Wisdom" of Unconscious Acts

From within we can perceive the Wisdom in the unconscious acts of nature. (paraphrase of Savitri)

Eg if someone unconsciously blurts out the truth of a matter, not understanding its implication, it serves a greater progress. From a deeper poise, we can come to see the purpose of such unconscious movements, as it serves the unfolding of the positive.

To Be Titled

People want a great outer life; not an Inner Life that creates the best conditions inwardly and outwardly.

To Be Titled

You can't run away from the problems you are having by going outside - i.e. socializing, watching tv and movies, taking drugs and alcohol, overeating, engaging in sex, and other diversions. - but rather by going inside, and discovering there the levers of real change.

To Be Titled

The noise of the external world is muting the voice of the Inner World. (Malidoma Some)

Go Within Rather than Outside to Accomplish a Work

Instead of going outside to organize a work, e.g. by planning, strategizing, connecting with others, et al; instead go WITHIN, where you will see that the work is organized at a Higher Level.

And if we go within to connect with the work, are in touch with that higher level, we gain enormous power over life, including its results.

In essence, when the ego doesn't act, when the mind, or the vital, or the physical doesn't act on the surface, something HIGHER acts and organizes life for success. We can say that it is Mother who is acting, taking over and bringing about an integral response.

It turns out that going Inside to accomplish a work, instead of on the surface is a spiritual challenge given to us by Sri Karmayogi.

To Be Titled

When you go within, instead of going out to take initiative, the Force descends and starts acting.

To Be Titled

When you withdraw from the surface, the ego, the mind, the initiative, and all, and go deep within, the consciousness in turn rises; ascending towards the Light like a ray returning to the sun.

Move Life from Within when Opportunity Comes

When an opportunity comes, our normal reaction is to go into a state of action on the outside. Instead, we should go INSIDE, where we will perceive the organization of our consciousness relative to the matter, which we can then raise to a higher level, enabling us to quickly and powerfully move the outer life from Within.

To Be Titled

Mother says that in normal life we rush around here and there, only to end in a big crash (psychological, emotional, or physical). Aspiration for higher consciousness and deeper poise and stillness of being are nowhere to be found.

Surface vs Deep Consciousness When In Line

When in line for store checkout, the surface consciousness wants the customer ahead to speed up; whereas the Deeper consciousness cares that customer is served well.

To Be Titled

Surface living leads to Ego and Separateness. Living in Depths enables Harmony and Oneness.

To Be Titled

The more you go within, into the depths of one's being, the more you go up, ie are more inclined to consecrate, to offer one's actions and issues to the higher power.

It is also true the more you go up, ie consecrate, the more your center of consciousness will be centered within; in the depths of your being.

Detachment Equality of Being

To Be Titled

Often there reaches a point where if you want something to succeed, you need to move your attention away from it.

Devotees

Devotees' Universal Power

Wherever a serious devotee of Mother wonders, Society breaks out in vast success.

It happened to one well known MSS devotee when he went to Moscow in 1989, and suddenly the Cold War ended. And earlier in the 60s he attended university in Berkeley, where the student movement broke out, which then spread throughout the world.

It happened similarly for another devotee of Her's when his work was focused in Silicon Valley and environs in the 80s and later, causing it to break out into the greatest wealth machine in the history of the world.

Devotees have Universal Power if they learn to apply it; if they learn to open to the descending Force in the atmosphere; the Supramental.

A note to devotees:

Life around us pulsates with the practical, mixed with the lower vital. How to be still inside, call to the Force, and perceive how our mere presence can divinize the unfolding circumstance, and transform the forms of life into their divine equivalents.

To Be Titled

Being a serious practicing Mother devotee requires a persistent and sometimes intense courage and bravery, as you are continually challenged by the needs of the effort of transformation.

To Be Titled

If a sincere, dedicated, insightful Mother devotee puts out a thought, a novel idea, a masterful solution, it unexpectedly spreads throughout the world, often solving the seemingly unsolvable problem it addressed.

Following What Society vs What Mother Asks of the Devotee

The devotee of Mother shifts from being preoccupied with the society to focusing on what Mother wants of us. I.e.-

- not to be concerned with what others think of us, expect of us
- not to try to please others so they will like us
- not to go to temple because that's what the society demands of us
- not to be obsessed with marrying off children so we look good in the eyes of others
- not to study to become an engineer to please the family
- and so forth, ad infinitum.

... but rather do what Mother asks of us, in order to grow in consciousness; in order to partake in, play a vital role in the progress and evolution of humanity.

To Be Titled

As Sadhak (beyond devotee) one is closing in on Surrender; letting the Divine, the Mother, the Force work through one. Karmayogi says there is nothing to do in this state except wait for the Divine Signal, and then act accordingly.

To Be Titled

Each devotee can aspire to make \$100,000/100 Lak per year, and accomplish that goal through Mother's /Appa's methods. Not for the sake of the Ego, but for an Adventure of Consciousness and Joy. For deep personal and spiritual growth.

To Be Titled

We devotees are transitional beings, between the human and the Supramental; to a lesser or greater degree.

Karmayogi - Multi-Faceted, Integral Genius

Karmayogi explains society better than the greatest social scientist; history better than the greatest historian; economics better than the greatest economist; business leadership better than the greatest business leader; education better than the greatest educator; psychology better than the greatest psychologist; and spirituality better than the greatest living guru. All in the same one person. Sri Karmayogi: The great, unprecedented, unrivaled, multi-dimensional integral genius in the world.

Discovery

Higher Consciousness and Discovery

Prof. Stearne's comments in a speech:

"...According to the testimony of our greatest scientists, scientific discoveries are the result of intuition, not experimentation. You do not happen upon the formula for $E=mc^2$ by digging into any number of sand piles or conducting any number of experiments. You discover that formula by opening your mind to a higher way of knowing.

Discovery is an act of consciousness, not a lucky stroke of the shovel or pitch fork. It is a power that resides in the human mind and consciousness, not in the machine which is our instrument...'

(From, 'The Book' by Garry Jacobs, page 21)

Divine

To Be Titled

The Divine being Infinite itself wants to manifest infinitely; i.e. in infinite ways; in endless variation. It can only do so if every one of us is different.

Not only that, but when each one of us is different in relationship with every other person it manifests infinitely. This is so because each of us brings out a different aspect of the other.

To Be Titled

The Mother wants to bring down all the Divine qualities into Life, - peace, harmony, knowledge, truth, power, love, delight, infinity, and timelessness, - and She wants us to collaborate in that process.

To Be Titled

People want benefits from the Deity; but few want to become like, evolve their consciousness like the Deity.

To Be Titled

God lives everywhere and in everything, and you will be able to see Him if you can find Him deep inside yourself. (The Mother, from Agenda, June 9, 1965)

Triune Aspects of the Divine

The Divine is above in the transcendent; is at play in the unfolding of the universe (as Shakti of the divine Mother), and is in each of us, immanent in our being, in our soul.

Creation Process Same for Divine and Us

Sri Aurobindo's comprehension of Reality explained as first Involution from a Divine Source to matter, followed by Evolution from matter to spirit is virtually the same process we follow when we successfully engage in a project or the smallest activity.

It is a process of first apprehending the goal through Mind (for the Divine it is Cosmic Mind/Supermind); then having the vital will and drive for its manifestation as real (for the Divine it is the conversion of cosmic Idea into Cosmic Energy); and finally physically executing strategies to make it happen (for Divine, it is the conversion and breakdown of Cosmic Energy into atomic existence, which appears as matter in the universe).

For the Divine, Supermind coordinates the entire process. For Man he can rise to intuition and then Supermind to engage in the process for perfect execution that formulates a miraculous-like Response from Life (sudden good fortune from out of nowhere).

Evolution through Our Self-Evolution

The Divine itself has transformed and evolved as the Universe, and we humans are the extensions of that self intervention (Self-Evolution) of the Divine and its Shakti.

Evolution continues, and Beyond humans are evolving themselves as Supramental beings. We are moving from mind to Supermind. Hence Life essentially is for experiencing that Self -Evolution.

Sri Aurobindo tells us that All Life is Yoga, and every experience in Life, whether good or bad, is helping us EVOLVE.

(paraphrase of S.S. Sreejith)

To Be Titled

Nothing is impossible for the Divine when it wants to act. No law of life can restrain it; be a barrier to Its Intent.

To Be Titled

Often we get overwhelmed by life. This is an indicator and opportunity to densify our relationship with the Divine; by remembering Mother (consecrating) more often - i.e. in the small details of our daily lives.

To Be Titled

Our conception of God determines His power.

To Be Titled

The Divine in collaboration with Nature have an Intention for the world which only a few can perceive. Through the Play of Forces - both harmonic and their opposite - the Divine Intention is being realized in the world.

Divine Mother

Collaborating with Will of Divine Mother

The Divine Mother wants to manifest Infinity in Life; manifest the Supreme on earth and in each of us. And we are here as Her representatives to manifest Her Will in Life; to be the instruments that help create a Divine life on earth.

Divine Will, Plan

Negative Forces Fulfilling the Divine Plan

It is an irony of life: those who act against the Divine's plan become an instrument in one way or another to manifest that plan in the flow of life.

In *Pride & Prejudice*, Darcy had interfered in Bingley's marriage earlier. Later on he became an instrument by turning Lydia's elopement into marriage and brought back Bingley to Jane's life.

Lady Catherine, who was vehemently against intermixing of classes, the final confrontation of her with Elizabeth and further informing to Darcy, reconciled the last piece of the puzzle in the manifestation of Divine's plan, i.e. social evolution.

(Senthil Murugan)

To Be Titled

The Divine not only has an intention for Life on earth, but also has an intention for each one of us in our lives.

To Be Titled

Sri Aurobindo's Prophecy is that a Divine Life on Earth is inevitable. That is so because everything is Already divine, and that through an evolutionary unfolding this Plan will be progressively realized.

To Be Titled

Sincere, deep Aspiration will attract the Divine's, Mother's Will to us.

To Be Titled

“Something must be eternal for anything to exist.”

That's the dynamic behind the Involution; the Creation process, from Spirit to matter. And that's why life on earth is headed toward Divine existence (the Evolution); i.e., for the Eternal Consciousness to re-emerge in the details of life. Evolution is the reversal of the Involution.

To Be Titled

Beyond the appearances of life, there is a Divine Will seeking to accomplish Its Intentions.

To Be Titled

Behind the difficulties of the world, the Divine Will is unfolding.

Not Divine “Will,” But Divine’s “Way of Being”

And for everything, everything, all problems, do like this (Mother opens her hands): what You will, Lord, what You will....

I know – I say “will,” but it's neither a vision nor the will of the Divine, it's ... His way of being. A particular way of being – successive ways of being. We always think of a “conscious will,” but it isn't like that: it's His way of being. The way of being of His consciousness.

He has projected His consciousness into a creation: it's His way of being. And it's His way of being that changes.

(The Mother, from Agenda, April 15, 1972)

To Be Titled

The only creation for which there is any place here is the supramental, the bringing of the divine Truth down on the earth, not only into the mind and vital but into the body and into Matter. (Sri Aurobindo)

Education

To Be Titled

The Knowledge that comes through Education absorbs the vast energies of youth for productive use, instead of their normal animalistic propensities. The deeper the knowledge, the greater the energy utilization result. The greater the energy utilization result, the more life cooperates with each act.

Effort

Evoking a Response for All

Overcoming a resistance and making the necessary effort turns a consecrated act for one's self into a life response and benefit for all those around us.

Eg a man overcame a resistance to go to court, consecrated circumstance, and went to the facility. As a result, after a short while, he suddenly evoked a benefit not only for himself but for the dozens of people gathered in that room.

To Be Titled

Do your duty; don't procrastinate. Life will surely smile on you.

Doing What He Could Do Attracts for Instructor

If you find yourself in a tight position, such as waiting on something critical to arrive, and you are not sure when it will come, if you can do anything you can in the meantime, the object of your desire will arrive that much more quickly.

An instructor had a number of classes quickly coming up, and yet he did not yet have the training materials necessary to go through the courseware. He asked they be sent through his training company supplier, but he did not know when it would arrive. He estimated anywhere from a few days to a week.

Meanwhile, he worked with the information he already had, which was stored in uneditable PDF documents. As it turned out, within one hour of taking up that somewhat mentally taxing task, the package with the materials he desperately needed suddenly arrived via UPS!

When you do all you can in a pressing situation, Life will cooperate and bring you what you are after; especially if circumstance are offered to the Spirit for consecration.

Perfection Attracts Ease of Burden

When you do everything you can as perfectly and diligently as possible in a very complex, detailed situation, you will see the primary and secondary burdens lightened.

To Be Titled

One must give everything of one's self, and then when one has exhausted the last drop of energy, one must Let Go. At that point, Life takes over, as positive response comes quickly from a variety of directions. It works the same in any field - whether, science, art, athletics, business, education, governance, or other.

Ego

Rejection, Ego and Our Progress

Q: How do we take rejection as a means of our further progress in life?

A: Experience of the emotional state of Rejection is one of Ego. It is a truth that does not square with our desires, so our Ego is offended and reacts. When you develop higher consciousness, then ego reactions such as sense of rejection are reduced. In that higher state we accept the development as part of the flow of life, while understanding what purpose it serves in our lives.

Eg from the experience of being rejected for a job we applied for, we can now consider what we are lacking - in skill, knowledge, experience, approach, intention, practicality, etc. This will make us stronger in the

longer term; meaning that the Rejection was actually a positive in disguise.

To Be Titled

According to the ancient spiritual principles, it is true that we do not owe anything to anyone else, except to discover our own Soul and true Individuality. It is also true that we cannot indulge our false ego-Self, separating ourselves from the world around us, including others.

To Be Titled

The more you move the conversation or explanation away from one's ego and toward the Harmonic, the greater the result.

Problems Dissolving Ego

From one perspective, all of the difficulties we encounter in life serve the purpose of dissolving the Ego, when taken in the right spirit.

Taking Initiative (Ego) vs. Life's Initiative

Taking an outer initiative is mostly the initiative of the Ego, which creates negligible, questionable, or problematic results. Best to wait on Life's or the Divine's initiative coming to you, and then respond with full force. Everything will then cooperate, and lift you up to the stars.

To Be Titled

Aspiring for the success of others qualifies you to receive the bounties of life. Otherwise, you are focused on yourself, which is ego, which qualifies you for nothing.

Psychic Being Replaces Ego in the Evolution

Ego is the obstruction. Ego was necessary to shape humanity, but we are now preparing the way for a superhumanity, a supra- humanity. The job of the ego is over – it did its job well, now it must disappear.

And it is the psychic being, the Divine's representative in man, that will stay on and pass into the next species.

So we must learn to gather all our being around the psychic. Those who wish to pass to the supra-humanity must get rid of the ego and concentrate themselves around the psychic being.

(The Mother, from Agenda, April 12, 1972)

Ego Reaction to Round of Success or Failure, and Life Response

If the Ego grabs hold of a success, the next round will likely bring failure.

If the Ego is shed when there is failure (eg through contrition, self-awareness, yet without self-pity), the next round will likely bring success.

Energy

Raising One's Energy Level

"...A simple, practical technique for raising one's energy level:

Call energy. Open yourself psychologically and invoke energy to descend and enter into your personality.

The idea sounded so simple that they tended to dismiss it as a gimmick of some sort, until one morning Anya reported that she had tried it with remarkable results. She had been working late the night before on a very tough problem, finally quit in frustration at 3 am, and spent the rest of a short night on the couch in her office. The following day she resumed the work but found by 11 am her patience and mental concentration were thoroughly exhausted.

She lay down on the couch but could not sleep, so she sat up and imagined that her mind and heart were spreading out simultaneously in all directions. Then she started calling energy as in a silent prayer. She reported that within five minutes her mind was totally refreshed and she felt energy coursing through her nerves and body. She went back to work and within an hour had solved the problem that had been perplexing her all the previous day and night..."

(From 'The Book' by Garry Jacobs, page 63)

Rising to Next Plane, Equilibrium of Energies, and Consecration

--Life always seeks to restore an equilibrium of energies.

--Eg if something attempts to rise to a higher level, something comes to bring it back the previous level; thereby restoring the equilibrium.

--Therefore, when we rise up to the next plane, it ordinarily evokes a hostile opposition; as life always seeks to balance out, to establish an equilibrium of energies.

--Eg if you are seeking to bring a new set of positive values to an institution, an unexpected opposing force will rise to not only prevent the values from being adopted, but to destroy your influence in the institution.

--However, if you consecrate the movement to the next highest level, (eg the interest in implementing the higher values in the organization), life responds, not negatively, but fully positively, restoring the equilibrium, but now at a higher level.

--Also, if you do not react in feeling and thought to the intensity of the opposition, it can have a similar effect. Or if you consecrate the opposition, it will melt away; in all cases restoring the equilibrium at a higher level.

Maximizing Energy

Most people don't know how to conserve and build up their energies. They waste it on frivolities and social/vital pleasures. If they took to silence - in thought, emotion, speech and action, - they would be brimming with energy for productive use; including great success that engenders deep happiness and joy.

To Be Titled

Energy depleting activities cause favorable weather, like potential rains in a drought situation, to dissipate.

To Be Titled

The Knowledge that comes through Education absorbs the vast energies of youth for productive use, instead of their normal animalistic propensities. The deeper the knowledge, the greater the energy utilization result. The greater the energy utilization result, the more life cooperates with each act.

Equilibrium

Rising to Next Plane, Equilibrium of Energies, and Consecration

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--Therefore, when we rise up to the next plane, it ordinarily evokes a hostile opposition; as life always seeks to balance out, to establish an equilibrium of energies.

--Eg if you are seeking to bring a new set of positive values to an institution, an unexpected opposing force will rise to not only prevent the values from being adopted, but to destroy your influence in the institution.

--However, if you consecrate the movement to the next highest level, (eg the interest in implementing the higher values in the organization), life responds, not negatively, but fully positively, restoring the equilibrium, but now at a higher level.

--Also, if you do not react in feeling and thought to the intensity of the opposition, it can have a similar effect. Or if you consecrate the opposition, it will melt away; in all cases restoring the equilibrium at a higher level.

Life, Equilibrium, and Change

“Life acts at every moment to preserve and restore equilibrium. Where the force for change is weak, life overcomes it and restores the equilibrium at the present level. Where an evolutionary force for change has sufficient intensity, it disrupts the equilibrium at the present level and life rises to restore it at a higher level.” (from the ‘Archives’ in ‘The Book’ by Garry Jacobs)

— —

Life always seeks equilibrium. We can say that in this dynamic the equilibrium is restored through a Response from life.

Suppose a man has a deep aspiration to link his career to his ideals. That is a substantial rise in consciousness. It also shifts life out of equilibrium.

A short while after, he casually meets with someone about a great opportunity that would meld paying work with his highest ideals. It changes his life forever. This response from life restores the equilibrium, but now at a much higher level.

Evolution

Sat-Chit-Ananda in the Involutionary and Evolutionary Process

Above the plane of Supermind is Sat-Chit-Ananda. It is the source of all creation in the Involution, and the destiny and final step in the Evolution. That is, in the Evolution all other planes are divinized into their Sat-Chit-Ananda equivalents.

What is Sat-Chit-Ananda?

In the Involution it is the first step out of the unknowable, the Supreme. It is Existence, Consciousness, and Bliss. Sat-Chit-Ananda.

In the Involutionary process it is where Being (Sat) takes shape. I.e. a Being exists in creation from out of the Unknowable, the Absolute. And because it is self-aware of Itself (Sat), of its Existence, it emanates a Force, a Conscious-force. That Force (Chit) will later involve into Supermind, which will further involve into the Energy of creation which will become Matter.

And because It is aware of Its Being (Sat) and the Conscious-Force (Chit) that it emanates from It, It takes infinite Delight in that fact. That is Ananda/Bliss of Sat-Chit-Ananda.

At the end of the Creation process, beginning with matter, Sat-Chit-Ananda is completely buried, hidden, involved. However, In the Evolution matter/physical, vital/life, and mental emerge, and then through humans the planes of spiritual mind, culminating in Supermind. And beyond that is Sat-Chit-Ananda. All other planes are divinized as a result

THE INVOLUTION (Descent):

The Supreme

Sat-Chit-Ananda

Supermind
Cosmic Mind
Energy
Matter

THE EVOLUTION (Ascent):

Matter/Physical
Vital/Life
Mental
Spiritual Mind
Supermind
Sat-Chit-Ananda

Reemergence of the Conscious-Force in Creation

Out of the Supreme came a Conscious-Force, which devolved/involved into an energized Cosmic Mind, which devolved/involved into a knowledge-less Energy, which involved/devolved into and inconscient Matter. This is the Involution, ending with creation.

And yet the Conscious-Force that is buried in Matter seeks to come out. And so dumb Matter evolved into energized Life through animate beings, who evolved mind in their beings, which is further evolving into Cosmic-like Mind, and then into Supermind, with the Conscious-Force re-emerging in full as a Divine Life on Earth as the culmination of the Evolution.

The Conscious-Force is now in a greater formation, as now all of life, all of existence is Divinized with Its Power.

Choosing A Growth Path to The Future

Q: So there seems to be a number of ways people can learn to improve themselves and understand and master life.

A: Yes. An individual can at the highest level participate in the unfolding of the spiritual destiny of the universe, or, if a little less ambitious(!), can simply learn to make his being more whole by learning the fundamental techniques of personal growth -- including higher attitudes, more skills, greater and more integral knowledge, more energy, more organization, and other capacities to make them a more integral person.

One can also learn the inner functionings of life, including the subtle principles and powers of Life Response and Consecration, i.e. opening to the spiritual Force when engaging in life.

These will attract extraordinary results, and if taken up in full with sincerity enables one to become the Master of Life.

One can also learn, if so inclined, to understand how the universe came to be from a divine source. Such principles of creation as Satchitananda, and the nature of the Truth Consciousness (Supermind) that Sri Aurobindo has so magnificently identified and brought into the world.

One can also embark on a journey of spiritual transformation, including the discovery of one's personal evolving soul, as well as opening to the descending spiritual Force and Light that enables us to transform our physical, vital, and mental nature, thus evolving into a new spiritual-oriented being. That can culminate in an ultimate change, a supramental transformation, where we develop a Supernature, and become harbingers of a new type of spirit-oriented individual on earth.

So which path should one take? It depends on what we are ready for. What we aspire for, what motivates us, what we hunger for, looking for, are seeking in life.

Practical Example of Interrelation Among the Individual, Universal, And Transcendent

As we evolve as Individuals, we discover that we can be instruments for fulfilling the needs of Society, which is actually the progress of the Universal, which is turn fulfilling the will of the Transcendent, the Supreme.

Eg members of MSS seek to evolve in personal consciousness, so they become true spiritual Individuals. As they do, they come upon new avenues to bring about the progress for society (eg in economics, education, business, literature, Indian development, etc.), bringing the highest consciousness to these concerns, with the best solutions.

This universal action is in turn secretly carrying out the will of Transcendent that seeks the evolution of consciousness in these societal matters.

Joining the Forces of Silent Change

The old mental order is crumbling or going through intense pressures, making the way for Something Greater. The Higher is also coming through subtly and Silently, while most on earth are consumed by the intensity of the change and the difficulties of their own lives.

It is then a matter of choice to join the forces of Silent Change. We can partake in this quiet process, ushering in a new-type person, a new society; spirit-oriented and supramental in nature.

"Regression" of the Divine

In order for life in the universe, including ourselves to be progressing (the Evolution), the Divine had to “regress” from spirit to mind to dumb energy to first forms of matter at the dawn of time (the Involution). The two are complements of one another; inexorably inter-twined, inter-related.

To Be Titled

“Something must be eternal for anything to exist.”

That’s the dynamic behind the Involution; the Creation process, from Spirit to matter. And that’s why life on earth is headed toward Divine existence (the Evolution); i.e., for the Eternal Consciousness to re-emerge in the details of life. Evolution is the reversal of the Involution.

Evolution through Our Self-Evolution

The Divine itself has transformed and evolved as the Universe, and we humans are the extensions of that self intervention (Self-Evolution) of the Divine and its Shakti.

Evolution continues, and Beyond humans are evolving themselves as Supramental beings. We are moving from mind to Supermind. Hence Life essentially is for experiencing that Self -Evolution.

Sri Aurobindo tells us that All Life is Yoga, and every experience in Life, whether good or bad, is helping us EVOLVE.

(paraphrase of S.S. Sreejith)

To Be Titled

Evolution is the journey from separative, divided consciousness to Oneness.

To Be Titled

The only creation for which there is any place here is the supramental, the bringing of the divine Truth down on the earth, not only into the mind and vital but into the body and into Matter. (Sri Aurobindo)

Evolutionary Path

Choosing A Growth Path to The Future

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Experience

To Be Titled

We turn knowledge into power through our psychological Experience. (MSS)

Failure

Rejection, Ego and Our Progress

Q: How do we take rejection as a means of our further progress in life?

A: Experience of the emotional state of Rejection is one of Ego. It is a truth that does not square with our desires, so our Ego is offended and reacts. When you develop higher consciousness, then ego reactions such as sense of rejection are reduced. In that higher state we accept the development as part of the flow of life, while understanding what purpose it serves in our lives.

Eg from the experience of being rejected for a job we applied for, we can now consider what we are lacking - in skill, knowledge, experience, approach, intention, practicality, etc. This will make us stronger in the longer term; meaning that the Rejection was actually a positive in disguise.

To Be Titled

Disappointment and failure are always pointing to something higher; to a greater realization.

To Be Titled

Experiencing Failure is a way to come to Know what you don't know, and is therefore part of the Journey.

Faith

To Be Titled

Mother will put you in impossible situations, which when you have Faith, She will fully resolve for you. These will turn out to be great yogic learning experiences.

Mother's Unexpected, Unprecedented Solutions

There are times when if you offer a problem to Mother, She will not give you the solution you are after, but subtly points to an even better, unprecedented resolution. If you recognize and take it up, it will amaze, build up your Faith to a higher level, plus give a wonderful solution and opportunity that you can use well into the future.

To Be Titled

Make seemingly impossible situations possible through Consecration and Faith.

Falsehood

Ignorance to Falsehood

In the general Ignorance of the mind, we tend to see only one side of an issue, and then defend it vociferously. Moreover, we enjoy our limitation of understanding. Hence our Ignorance is emotionalized, and thereby moves to Falsehood.

To Be Titled

For every Falsehood in human society there is a correspondence in us of lacking consciousness. If we make a change in that area that is personally false, and offer it up to the Higher Power the corresponding negative in Society will also tend to be resolved. I.e. Life at the Universal plane will respond.

To Be Titled

See the truths within the Truth, but also the truths buried within the Falsehood. It is another shading of supramental perception.

To Be Titled

Ignorance is partial knowledge. There is an element of Truth buried even in the most extreme error and falsehood.

(From 'The Book', page 212, by Garry Jacobs)

Forgetting Intentionally

To Be Titled

Intentionally forgetting about a matter will often lift up that party to the level you earlier hoped would come about. Often higher still!

Genius

Becoming Genius in a Field

Ramanujan the Indian mathematical genius became so by silencing his mind completely and opening to the divine universal energies. Intuitions of mathematical insight then poured into his mind that he then transcribed on paper. Theoretically any human on earth can follow the same and become genius in a given field in no time at all.

Good and Evil

To Be Titled

All disease is a means towards some new joy of health, all evil and pain a tuning of Nature for some more intense bliss and good, all death an opening on widest immortality. Why and how this should be so, is God's secret which only the soul purified of egoism can penetrate. (Sri Aurobindo)

To Be Titled

When the "good" forces are unable to recognize, let alone address acute problems in society, then negative forces rush in to fill the void.

To Be Titled

When Truth is reversed for Anachronistic Viewpoint on a foundation of Conspirational Lies, Evil is afoot.

To Be Titled

Interestingly, when you stop railing against another's Evil, that Darkness tends to start dissipating.

To Be Titled

Nothing good can come out of an evil man other than through positive reaction to his negatives. Eg Israel would never exist were it not for Hitler. Nor the UN, the EU, the end of colonialism, the ascent of America, etc. (paraphrase of Tony)

To Be Titled

The Supramental view acknowledges the role ignorance, falsehood, and evil play in the Evolution.

Go Within

Go Within Rather Than Outside to Accomplish A Work

Instead of going outside to organize a work, e.g. by planning, strategizing, connecting with others, et al; instead go WITHIN, where you will see that the work is organized at a Higher Level.

And if we go within to connect with the work, are in touch with that higher level, we gain enormous power over life, including its results.

In essence, when the ego doesn't act, when the mind, or the vital, or the physical doesn't act on the surface, something HIGHER acts and organizes life for success. We can say that it is Mother who is acting, taking over and bringing about an integral response.

It turns out that going Inside to accomplish a work, instead of on the surface is a spiritual challenge given to us by Sri Karmayogi.

Grace

Grace and Super Grace

When Grace acts, karma is dissolved. When man refuses to believe in karma, Grace acts. When man refuses to believe in his capacities, Super Grace acts. When Super Grace descends on you, it brushes aside your faith in your capacities and acts. (Karmayogi)

On Grace and Lack of Receptivity

Divine Grace comes as pain when there is lack of receptivity in one's being, in the same way cyclone rain comes as Grace but leads to great destruction because the community and its infrastructure were not developed enough to harbor it.

It's a lesson to be learned for the next time, for future understanding, decisions, and actions.

GRACE

by Senthil R Murugan

It appears to enter as a stranger in our lives,
It appears to pose as contradictions to our surface needs,
It often presents itself to us as shocks or surprises,
And sometimes, It does act miraculously, from out of nowhere.
It comes to us with so many conditions, such as,
We might be destined, but ignorant on the surface,
Our soul might be seeking, but occupied with surface life,
We might be stranded in a problem, lost our capacity and hope,
And we might decide to call Mother out of despair,
And so forth -- in all such variations.
Not because It comes in an unfamiliar form,
That we could not perceive It,
Rather we could not see It,
As we are blinded in our ignorance and ego.
In the essence, It comes to us,
According to our state of consciousness,
And what we need in the depths, indeed,
It does not need our support,
To enter and act in our lives,
Yet often, It awaits the right moment and intensity.
As It enters in our life,
With a sole purpose in its mission,
It does everything It could,
To awaken us from the ignorance,
To shed our surface ego,
To align us in the cosmic plan.
And to give us, lead us, to what we are destined.
Instead of ignoring or running away,
As we accept whatever comes to us,
And embrace life in the right spirit,
Eventually we would come to know,
Neither had we been tested nor punished,
Rather we had been blessed and guided by It.
As we continue with our higher consciousness,
It would reveal the Marvel to us,
And presents us Infinite possibilities,
It is GRACE...and It is Unconditional.

For Darcy, It came as Elizabeth's humiliating abuse, (Pride & Prejudice)
For Dantes, It came as unjustified punishment, (The Count of Montecristo)

For Jean Val Jean, It came as the Bishop's unconditional kindness, (Les Miserables)

For Dan, It came as The Book falling off the shelf. (The Book)

And now, It is the Hour of God,
The Grace need not come as hardship to awaken us,
And It seeks us to shower its Higher form,
Despite It comes to us in so many ways,
There are times, the Grace gets disappointed,
And not able to shower it's gifts upon us,
Not because It couldn't give,
Rather because we couldn't receive.

As we continue our lives, insist on our ignorance,
And act according to the state of our swabhava,
Silently withdraws the Grace,
And awaits the next right moment and intensity.

As the Grace showers from above,
Our values from below make us receptive,
And to let the Grace acts in our life.

As the Grace awaits to bless us always,
The corresponding inner work,
In order to align with Grace,
Also awaits on us and the choice is ours.

Gratitude Goodness Goodwill Generosity

Gratitude in Everyday Life

We are easily bothered by the expense of certain items, yet do not appreciate so many things that come to us for free or at minimal cost. It is to move from ego-sense to gratitude and appreciation in everyday life.

To Be Titled

Our aspirations for the New far outdistances our Gratitude for the positive developments that have come to the world in the recent past.

To Be Titled

An ungenerous person acting generously immediately attracts significant financial benefit to his person.

Guru

To Be Titled

Why worship the guru when you can become a guru; i.e. become truly conscious and divine-like in your nature.

Habit Routine

To Be Titled

Unconsciously repeating the same old physical habit is a grave digger. Doing things fresh and new, reinvigorates Life.

Overcoming Habit

-Habits are the physical skills that maintain the surface personality.

-Habits are in the physical substance.

-We see we go back to our old habits, having cherished a new one for some time. It is the conscious that learns, and the substance asserts after some time. Whatever the substance learns is never given up. That is why old habits die hard. Mother calls the process of substance unlearning what it has learnt, transformation.

-Habits die hard. We are not aware of most of our habits as they are subconscious. Mother says even death is a habit of the body.

-Pain dwells in the rigidity of habits.

-Habits persist in spite of a full decision to the contrary.

-The deeply buried habits that are to be given up are not unknown. We are reluctant to be conscious of them and when they present our will has no energy to exert itself.

(Karmayogi)

To Be Titled

.. everything is a question of changing the habit. The whole automatic habit of millennia must be changed into a conscious action, directly guided by the supreme Consciousness. (The Mother, from Agenda, Jan 22, 1966)

Harmony Oneness

To Be Titled

To constantly be creating harmony where there is discord is one indicator of a devotee's consciousness.

Comment: Q: If we are not feeling good about what is happening, like arguments or feelings, how can we create harmony in such situations.

A: By detaching and not reacting at all to the situation - in action, feeling, and thought. Life will now soon respond with positive conditions.

Q: True sir thanks, but sometimes the opposite party thinks we are not giving enough respect by not reacting to what are they telling if we are quiet for long. For example, we don't like what are they telling in a close atmosphere, and we don't react, the opposite party expects a reaction from us. If we keep quiet in close atmosphere, it is quite obvious.

A: Then just agree with them. Taking the other person's point of view is a powerful spiritual approach. After a short while, they are likely to come around to your original point of view. The situation can turn around, like magic. Taking to another's point of view (whether true or not) moves one closer to the integral truth of things, from the part to the whole of the truth; which is a Supramental perspective, which in turn releases powerful positive condition, including eventual agreement and harmony.

To Be Titled

The more you move the conversation or explanation away from one's ego and toward the Harmonic, the greater the result.

To Be Titled

The central spiritual goal is to become One with, Unified with Everyone and Everything we encounter.

To Be Titled

Life seeks greater Harmony, - it is the Divine intent, - though it often comes about through Disharmony.

To Be Titled

Discover one's soul, psychic being, and one then tends to perceive the same in others. Harmony and Oneness is the result. It is a great yogic achievement. It can even be done by the businessperson! Maybe he should take it up before others!

To Be Titled

Only the cooperation and collaboration of nations can save the world of its problems.

To Be Titled

Individual fulfillment and harmony of purpose are twin goals of creation.

To Be Titled

Life is inextricably One, as it was/is One at the Source. Synchronicity reveals that Oneness in spades to an evolving consciousness.

Heaven and Hell

To Be Titled

Hell is Life without the Spirit; a war of Life between good and bad, happiness and suffering, pleasure and pain. Heaven is Life bathed in the Spirit, with no dark side, only a neverending, ever-accelerating Great Good unfolding.

To Be Titled

“Heaven on earth” is not the Life Divine. It’s a mere projection of what we think would be best; not the true, unprecedented positive qualities that would make up that Divine existence, transcending our imagination.

Higher Consciousness

To Be Titled

Why worship the guru when you can become a guru; i.e. become truly conscious and divine-like in your nature.

To Be Titled

People want benefits from the Deity; but few want to become like, evolve their consciousness like the Deity.

To Be Titled

Artificial Intelligence itself won’t save humanity, but evolved human consciousness that knows the Reality and its subtle life laws, blended with AI predictable capacity, can.

To Be Titled

Life is tempting us to awaken in Consciousness because Life Itself is trying to awaken in consciousness, thereby fulfilling its Universal Purpose.

To Be Titled

Life, including all our experiences, is Consciousness teasing, tempting us to awaken from the Unconsciousness in our selves.

To Be Titled

Everything that happens to us in life is to awaken the Consciousness within us.

To Be Titled

Life will never give up, it will keep pressing, until it discovers its own Divinity, its own Eternity; its own Infinity. It is we through our Higher Consciousness that makes this possible.

Consciousness is Ultimate Determinant of Success

It is not energy, skill, opinion, attitude or character, either singly or in combination, that ultimately determines the results of action. It is consciousness. As is the consciousness, so is the result.

(From 'The Book' page 379, by Garry Jacobs)

Reader: Thank you Sir.

All the factors (other than consciousness) mentioned appears to play their roles depend on the situation. Yet, how to understand that consciousness is the only reason? That consciousness means the combination of aspiration, motive, attitude of self-giving and so forth...?

Devolution and Evolution in Society

With the world rapidly devolving in the last several years, - eg Democracy in many places is on the run, rise of autocracy, international cooperation collapsing - it means that greater faith must be placed in the Higher Consciousness, than just the institutions of society. In recoil the devolution is then very likely a prelude to a great Evolution. The latter can quickly appear, even when we are seemingly at the darkest hours.

To Be Titled

We are stuck in Ego, Time, Mind, and Ignorance, on our way to their opposite.

Comment: Opposites are Harmony/Oneness, Timelessness or No Time, Silent or Intuitive Mind, Integral Knowledge

To Be Titled

Growth in consciousness occurs more readily through what you don't know than what you know.

Birthday

In a conscious person, conscious of his soul, on the birthday the Soul seeks a rebirth, a birth into higher consciousness. (Sri Karmayogi)

To Be Titled

Each day presents its own unique challenges, requiring us to discover a limitation in consciousness on our part we are required to overcome.

To Be Titled

Keep your attention, your mind focused on those things of higher consciousness, rather than the low or superficial. That will keep you in tune with, will attract conditions of a Higher Order from life.

To Be Titled

When you withdraw from the surface, the ego, the mind, the initiative, and all, and go deep within, the consciousness in turn rises; ascending towards the Light like a ray returning to the sun.

How Can We Change Our Consciousness?

We have to shift from will of the ego and dividing mind to Thy Will by consecration and surrender - from selfishness to self-givingness. (MSS)

To Be Titled

Mother says that in normal life we rush around here and there, only to end in a big crash (psychological, emotional, or physical). Aspiration for higher consciousness and deeper poise and stillness of being are nowhere to be found.

Humanity

To Be Titled

When you identify with not just your own aspirations, but the aspirations of Humanity, your efforts will be great for others, as well as yourself. You will partake INFINITELY in the rewards because of your Universal intention.

Idea

Receptivity to Ideas By Different Types Of Individuals

Most people are not mental. They are mostly vital; centered in their emotions and needs. Ideas are nothing until they are experienced in life. And yet the ideas were true before they had such experiences. Conscious individuals who are open to new ideas and also experience them are receptive at the mental and vital planes of the spirit. If they are really passionate about the ideas, then they become pioneers of consciousness; forerunners of a new way of living.

(Roy Posner)

Perception of An Idea at Five Planes

We can perceive several planes of being in our nature, rising up from lowest to highest consciousness. They are Physical, Vital, Mental, Spiritual, and Supramental. Also people tend to be centered in their being predominantly in one of the planes, usually vital or mental.

Also we can perceive how each type of person perceives an idea, thing or matter (from lowest to highest)-

A Physical person rarely perceives an idea, as he is not interested in learning, and so it bounces off his mind.

A Vital person perceives an idea only when he experiences it.

A Mental person perceives it when it is rationally presented and understood.

A Spiritual person perceives its truth in the silence of his mind.

A Supramental person perceives it Instantaneously in the moment it reveals itself as an integral truth, and simultaneously manifests as something materially real in the world.

Ignorance

Ignorance to Falsehood

In the general Ignorance of the mind, we tend to see only one side of an issue, and then defend it vociferously. Moreover, we enjoy our limitation of understanding. Hence our Ignorance is emotionalized, and thereby moves to Falsehood.

Purpose of Life's Difficulties and Challenges

When we experience something unexpected and troublesome, we blame Life.

The truth is that we attract these life outcomes because of how we are and what we do at every moment.

Each negative attitude, habit, belief, and action attracts a corresponding effect in the material world.

These negative qualities can be summed up by one word – our “IGNORANCE”

I.e. our inherent Ignorance, taking shape in these various forms, attract negative circumstance that evoke unexpected failure, disappointment, and pain from the world around us.

A related truth is that we each have a “Taste” for this Ignorance, as sage Sri Aurobindo puts it.

That is, not only do we make little effort to understand and come out of our Ignorance, but we ENJOY being in it, expressing it, even gleefully DEFENDING it.

An example is one who RELISHES expressing his obvious false opinions on a regular basis.

We may not believe it is Ignorance we are expressing, but rather some TRUTH we are privileged to share with the world.

And yet it is simply Ignorance masquerading as falsehood that we have unconsciously come to believe in.

Also keep in mind, that it is not Life that is putting us to the test when we experience something troublesome.

Rather it is Life responding to WHAT WE ARE; to the energies we release through our negative thoughts, feelings, attitudes, urges, decisions, and actions.

Life is therefore continually responding to our Ignorance.

Life even responds negatively to the expressions of falsehood emanating from our Subconscious Being.

There too, buried deep within us, is another layer of our Ignorance.

Thus, in order to know why life responds to us the way it does, we need to understand the various aspects of our being – including our thoughts, feelings, desires, attitudes, beliefs, and behaviors.

We also need to understand the prevailing Social Atmosphere that is influencing our lives.

Together, --

(1) perceiving the quality of our consciousness at various levels, and

(2) the prevailing social atmosphere, --

Life reveals the Secrets of why it responds to us the way it does.

Also keep this in mind: It is NOT that Life is TESTING Us.

If anything, it is we who are Testing Life!

I.e. we are testing the Reality's "patience" with us, when we continually express new forms of Ignorance that evoke negative results from the world around us.

Also note that the harshness we experience in our lives is not mere PUNISHMENT for our past inner and outer behaviors.

Rather these circumstances occur to make us THINK about the various ways our Ignorance precipitated the outer problems, so we can CHANGE OUR NATURE – which will in turn prevent us from moving in the wrong direction in future.

In the final analysis, everything that comes to us in life serves a Purpose.

It comes to teach us, to help us move out of our fundamental Ignorance, and to guide our future behaviors and actions.

(by MSS, Senthil Murugan, and Roy Posner; based on teachings of Sri Aurobindo in Life Divine)

To Be Titled

You can pull someone out of their fixed belief system with a persuasive argument build on a practical truth, but it will only last a moment, as they will quickly jump back into their narrow view, which will continue on for the rest of their lives.

To Be Titled

Without Failing there is no waking up, without Ignorance there is no knowledge, without mistakes there is no learning process. (Priya Mahesh)

To Be Titled

The ignorant enjoy being ignorant in the extreme. Watch how they gleefully run from the truth. It's a global phenomenon; taking its own unique shapes in a myriad of places.

To Be Titled

Knowledge is great; however Ignorance is greater as it has the capacity through its reversal to quickly reach INTEGRAL Knowledge.

Comment: Sri Aurobindo says ignorance becomes greater than knowledge because ignorance is created by knowledge when it has exhausted all its possibilities as knowledge and ventures to create something greater outside knowledge and achieves it in its opposite (Karmayogi)

We see this in the character of Dantes in Count of Monte Cristo who is falsely imprisoned, in his ignorance experiences the peak of suffering, and comes out the other side with great Knowledge (learned from saint-like Abbe Faria while in prison) and Power (discovery of vast hidden wealth after he escapes).

To Be Titled

Growth in consciousness occurs more readily through what you don't know than what you know.

To Be Titled

Karmayogi says that the greatest power of Knowledge is Ignorance. I.e. it is the fastest means of bringing Truth about.

Immortality

Immortality Indicated in the Unconsciousness

The Divine's promise of immortality and Life Divine can be found in the inconscience, the unconsciousness of existence. (paraphrase of Savitri by Sri Aurobindo)

The inconscience is the result of the involution/devolution of the spirit in the creation process of the universe from a divine Source, which was absorbed; the hidden divinity in the inconscience, that will come out fully in the Evolution.

To Be Titled

Soul gradually awakens to the divine quest for immortality. (MSS)

India

India as Arbitrator in New World

I believe India will increasingly become the great arbitrator of differences and disputes in that region (Asia) and outside it; on its way to becoming the "Guru of the world."

Individual

The Individual's Vs Society's Capacity for Transformation, To Become Divine

- Society is not as great as the individual, because the society has not in any form realized the Divine, whereas some individuals have.
- No society has aspired for the Divine or Satchitananda, but great individuals have and do.
- Society is a manifestation of the Divine, just as we are, but of a somewhat lower form.
- Like the individual, society is evolving, and also has the potential for transformation.
- Just like the individual the society has an aspiration to go to the next step- eg physical to vital to mental, with many substages, with many twists and turns.
- The society helps the individual go to the next step, to fulfill his aspiration; and the individual - especially the pioneer individuals - leads the society to its next steps.
- The consciousness of the individual is not limited by the consciousness of the society, to what the society aspires for. He can break through the conditioning of society and aspire for the peaks, and accomplish it.
- Society has given us, as individuals, so much. But the individual also can aspire for more than the society can offer.
- In the other direction is the question of what the Divine is seeking through society, and what is the Divine seeking through us.
- Ultimately the goal of society and that of the individual are the same: integral transformation and divine existence for individuals and the world.

The Supreme, Infinity, and the Individual

-The origin and purpose of true Individual is that the Supreme is Infinite, and He wants to manifest Infinity in the universe. He cannot do that if we are all the same.

Infinity means infinite variety; an infinite complexity in order to manifest Himself. That's the role of the Individual in the universe. I.e. each of us is manifesting a truth of the Supreme. Even if we are infinite in numbers, and even if in each moment we manifest a different truth, we can never exhaust the infinite truths of the Infinite. It's multidimensional Infinity.

-The individual is the Divine's instrument; rather it is Supreme's form to express the Infinite creative potential of Himself in every moment of time, in every point in space, in every individual center differently. (paraphrase of Garry Jacobs)

Beyond Individual Existence

Certain experiences make me think that this sense of personal limitation isn't necessary to physical existence – it's a thing we have to learn, but it's not necessary. The impression had always been there that a body defined as making up separate individualities is necessary – it's not. One can live physically without that; the body can live without that ...

(the Mother, from Agenda, August 5, 1970)

To Be Titled

Society supports the development of individual leaders who in turn support the development of society. The individual and the collective represent complementary rather than contradictory elements. (Garry Jacobs)

Individuality

Advocating True Individuality vs Social Change

“Perhaps you have a more political view of the world and I have a more psychological view, as I believe deeply in the capacity of the individual to accomplish most anything he sets out to do, while acknowledging the social constraints of the society. I am radically for true individuality, while also being radically for social change. Repubs and Dems in USA tend to position themselves on one or the other, but rarely both.

This same dynamic applies to many other countries in the world as well.”

(an exchange with a friend)

To Be Titled

To the degree we focus ourselves on the demands and influences of the society, we are controlled by the society. To the degree we give ourselves to Mother, we gain full control over life.

-When we surrender to the society, we surrender to Life. When we surrender to Mother we gain the power OVER life.

Infinite and Finite

To Be Titled

The Divine being Infinite itself wants to manifest infinitely; i.e. in infinite ways; in endless variation. It can only do so if every one of us is different. Not only that, but when each one of us is different in relationship with every other person it manifests infinitely. This is so because each of us brings out a different aspect of the other.

The Supreme, Infinity, and the Individual

-The origin and purpose of true Individual is that the Supreme is Infinite, and He wants to manifest Infinity in the universe. He cannot do that if we are all the same.

Infinity means infinite variety; an infinite complexity in order to manifest Himself. That's the role of the Individual in the universe. I.e. each of us is manifesting a truth of the Supreme. Even if we are infinite in numbers, and even if in each moment we manifest a different truth, we can never exhaust the infinite truths of the Infinite. It's multidimensional Infinity.

-The individual is the Divine's instrument; rather it is Supreme's form to express the Infinite creative potential of Himself in every moment of time, in every point in space, in every individual center differently. (paraphrase of Garry Jacobs)

To Be Titled

Small things carefully attended to, instead of being ignored, can evoke big responses from life.

To Be Titled

If you need work and are offered a small paying job, and instead of being disappointed and unwilling, you accept it, then before you even go on the job, a much larger opportunity will tend to come your way. In other words, shifting from unwillingness to acceptance, - no matter how small a matter, - opens up wider possibilities; i.e. the infinite potentials of life.

To Be Titled

Man is the Infinite with the appearance of the Finite. The Force helps him discover his own infinity. In life, it is material abundance. We can call it "Spiritual Opulence". (Sri Karmayogi)

Initiating

On Contacting Another to Initiate a Conversation

Q: Should I contact another person first, or wait for them to contact me?

A: It depends on the situation. If eg you have some work for them to do, it's best to contact them as necessary. It is possible to practice "Silent Will" and have them call us on their own first in these sorts of situations, but that takes a great inner discipline and patience.

If it is more casual conversation, then if you wish you can wait, and see if you draw them in, after having consecrated the potential conversation (or practiced silent Will).

Its always best to calm down before contacting another.

Also if you contact them and they are busy, it might indicate you are too anxious, or it may not be the best time to connect. Therefore, one can wait, or even forget the matter for a while to put things in their right perspective. Then move or not move as necessary; as Life seems to suggest.

Greater Knowledge & Accomplishment through Silence/Stillness

-Detachment from thought leads to silent knowing. We know more by silence than by word or thought

-We learn more by Listening rather than talking

-We act more powerfully by Silent Will than overt expression

-We accomplish more by Non-initiative than by ego initiative. Not acting is a better solution. (MSS, paraphrased)

All of these attract onset of good fortune (whether as knowing or achieving) from seemingly out of nowhere. It is "Life Response."

Taking Initiative (Ego) vs. Life's Initiative

Taking an outer initiative is mostly the initiative of the Ego, which creates negligible, questionable, or problematic results. Best to wait on Life's or the Divine's initiative coming to you, and then respond with full force. Everything will then cooperate, and lift you up to the stars.

To Be Titled

When you go within, instead of going out to take initiative, the Force descends and starts acting.

To Be Titled

Going after life - the clients, the media, et all - to spread the word about Her is not Mother's way. Instead She waits outside your door for a loving yearning of the Inner Flame.

(paraphrase of Sri Karmayogi)

Inner Life

Going Within to Have Courage to Face Problems

Q: How we can get the courage to face changing situations when we don't have it. Should we consecrate the problem or the solution. Like to be brave in the problem or the problem to be solved.

A: Learn to develop an Inner life. When we are centered deeper within, we are less bothered by outer circumstance, and so are able to know have a clearer, less emotionalized experience, including a clearer understanding of what to do or not to do.

Ordinary life will keep us on the surface of things, of life, where we will constantly reacting to life's exigencies and problems: being bothered by outer circumstance.

To go within requires one to make the deep Decision to live a Spirit-oriented Life.

One can practice plunging inward as one is moved to do so. It will then cumulate. And the inner (subliminal) being will be discovered, and deeper still the Psychic Being, the evolving True Self.

Then nothing on the surface will bother us. Our equality of being will always be maintained.

It is the beginning of the Integral Yoga.

To Be Titled

If you connect with the inner being or soul of an object, you can elicit its cooperation and better functioning.

Infinitely

To Be Titled

When you identify with not just your own aspirations, but the aspirations of Humanity, your efforts will be great for others, as well as yourself. You will partake INFINITELY in the rewards because of your Universal intention.

Inner Outer Correspondence

To Be Titled

Life confronts us with darkneses that mirror our dark nature that we try to conceal.

To Be Titled

For every Falsehood in human society there is a correspondence in us of lacking consciousness. If we make a change in that area that is personally false, and offer it up to the Higher Power the corresponding negative in Society will also tend to be resolved. I.e. Life at the Universal plane will respond.

To Be Titled

We can evoke those qualities we desire from another person by changing the corresponding qualities in ourselves.

To Be Titled

If you want to change something untoward in the world to something good, change the corresponding element within yourself. Eg if you want harmony in the world, try to harmonize the different parts of your being. Or if you want peace in society, go within and discover a deeper peace in your heart and being.

To Be Titled

If you want her/him to change, first change yourself accordingly.

Resource Misuse in Another Perceived in Self

Whatever fault we are seeing in others, there will be a drop of the same fault in us, in some other ways.

I used to complain about my mother that she is purchasing things she likes, but no using it properly/fully.

Suddenly I realized I have the same habit, BUT PURCHASING BOOKS, NOT READING IT COMPLETELY.

Thanks to Sri Karmayogi's teachings about Mother's principles

One of my WhatsApp group friends shared from Karmayogi's writings that "Buying books and not reading Will stop the flow of money. It is wasting resources"

(Kosalai)

To Be Titled

The real measure of what you have discovered Inside is what you experience outside in your life in response.

To Be Titled

If you reject outright someone else's positive suggestion, you may be asked by life to serve a key role in its implementation.

To Be Titled

Key to developing our consciousness is to see the world inside-out, instead of the opposite.

To Be Titled

If you want to overcome the problems you have with your children, first recognize the same or similar issues in yourself.

Move Life from Within when Opportunity Comes

When an opportunity comes, our normal reaction is to go into a state of action on the outside. Instead, we should go INSIDE, where we will perceive the organization of our consciousness relative to the matter, which we can then raise to a higher level, enabling us to quickly and powerfully move the outer life from Within.

Instrument of Divine

Becoming Instruments of Infinity in Life

The Big Picture problem we have is that the Divine is Infinite and seeks to manifest infinitely in life, - as infinite prosperity, infinite power, infinite beauty, infinite delight, - but we are a finite instrument, pre-occupied with, and interested only in ourselves.

The solution appears to be to go deeper within, and find our souls so we can be wider instruments to manifest the infinite in the details of life.

To Be Titled

We are not here so Mother can fulfill our aspirations, but so we can fulfill Her's.

(And as a result She will give us that which is beyond our wildest imagination.)

Integral

Power of Relating Things from Multiple Disciplines

An entity is greatly enhanced when is linked or combined with a different sort of entity.

For example, in science we can see how we can combine a technology, on the one hand, with an artistic quality on the other - such as astronomy and origami.

Imagine then if we could create links between any discipline, such as physics, and the Subtle Laws of Existence, like Life Response, that spiritual-oriented individuals have begun to reveal. Life would be enhanced in all directions. Infinities would continually break out of the current finites. It is Inter-disciplinary Power taken to a new, cosmic level.

Interest

Whatever your mind focuses on, more of it soon appears, from out of nowhere!

To Be Titled

When you take a keen interest in a matter you never thought of or witnessed before, watch how life soon presents you with iterations of it from out of the blue in the hours and days that follow. If you catch the correlation, it will astound and energize.

Integral Yoga

The Sadhak's Work for Sake of Divine

The work which the sadhak of the supramental yoga has to do is not his own work for which he can lay down his own conditions, but the work of the Divine which he has to do according to the conditions laid down by the Divine. Our yoga is not for our own sake but for the sake of the Divine. It is not our personal manifestation that we are to seek, the manifestation of the individual ego freed from all bounds and from all bonds, but the manifestation of the Divine. Of that manifestation our own spiritual liberation, perfection, fullness is to be a result and a part, but not in any egoistic sense or for any ego-centred or self-seeking purpose. This liberation, perfection, fullness too must not be pursued for our own sake, but for the sake of the Divine." (Sri Aurobindo)

To Be Titled

"It is the old methods of yoga that demand silence and solitude.

The yoga of tomorrow is to find the Divine in work and in contact with the world."

(the Mother, from Agenda, January 27, 1971)

To Be Titled

Living happily, steadily in the chaos, randomness, unpredictability, - what we seem to have little control of - is a yogic poise.

Integral Knowledge

Knowledge of the Whole in What We Do

In whatever we do, we should have knowledge of the whole. We should look at all points of view. Knowledge of the whole means the good and bad, the high and low, without judging, without reacting; objectively we should understand where we are. We should not distort things one way or another. (Karmayogi)

Having All Perspectives Simultaneously

We only see our own position, perspective relative to the unfolding situation. Yet circumstance demands knowledge of ALL perspectives simultaneously. When we develop universal and then Supramental Consciousness we will have this complete moment-to-moment Knowledge of the Reality.

To Be Titled

You cannot truly know the truth of your field unless you relate that knowledge to the truth of related fields. In that way you build up Integral Understanding.

To Be Titled

Knowledge is great; however Ignorance is greater as it has the capacity through its reversal to quickly reach INTEGRAL Knowledge.

Comment: Sri Aurobindo says ignorance becomes greater than knowledge because ignorance is created by knowledge when it has exhausted all its possibilities as knowledge and ventures to create something greater outside knowledge and achieves it in its opposite (Karmayogi)

We see this in the character of Dantes in Count of Monte Cristo who is falsely imprisoned, in his ignorance experiences the peak of suffering, and comes out the other side with great Knowledge (learned from saint-like Abbe Faria while in prison) and Power (discovery of vast hidden wealth after he escapes).

Integral Knowledge and Power

True Integral Knowledge is to know all views and their interrelations of any matter or thing, plus it has one's Will and the Power to manifest it physically, to Realize it materially in the world.

Complete Knowledge

Prof. Stearne's explanation in The Book:

“...As The Book states, complete knowledge has to be all-inclusive. It has to take into account inversions, reversals, contradictions and oppositions as well...”

(From ‘The Book’, by Garry Jacobs, page 422)

To Be Titled

Grasping the complete, many-sided truth of a matter from “out of thin air” is Supramental.

Interconnection

Power of Relating Things from Multiple Disciplines

An entity is greatly enhanced when is linked or combined with a different sort of entity.

For example, in science we can see how we can combine a technology, on the one hand, with an artistic quality on the other - such as astronomy and origami.

Imagine then if we could create links between any discipline, such as physics, and the Subtle Laws of Existence, like Life Response, that spiritual-oriented individuals have begun to reveal. Life would be enhanced in all directions. Infinities would continually break out of the current finites. It is Inter-disciplinary Power taken to a new, cosmic level.

To Be Titled

Everything is exquisitely interconnected, but we miss it, perceiving only the surface view. However, living deeper within, we progressively perceive it everywhere.

Intuition

New Mental Orientation When Stationed in Psychic

In the Evolution we shift from mind to the psychic being within, behind the heart. As a result, mind moves from mental churning to its spirit equivalent; where we have regular experiences of intuition, illumination, and then universal and supramental perception (truth consciousness).

Higher Consciousness and Discovery

Prof. Stearne's comments in a speech:

"...According to the testimony of our greatest scientists, scientific discoveries are the result of intuition, not experimentation. You do not happen upon the formula for $E=mc^2$ by digging into any number of sand piles or conducting any number of experiments. You discover that formula by opening your mind to a higher way of knowing.

Discovery is an act of consciousness, not a lucky stroke of the shovel or pitch fork. It is a power that resides in the human mind and consciousness, not in the machine which is our instrument...'

(From, 'The Book' by Garry Jacobs, page 21)

To Be Titled

Intuition is to be in touch with the Inner Voice that is itself in touch with the Superconscient.

To Be Titled

Intuition enables one to integrally connect with one's past, present, and future at once.

Involution

Sat-Chit-Ananda in the Involutionary and Evolutionary Process

Above the plane of Supermind is Sat-Chit-Ananda. It is the source of all creation in the Involution, and the destiny and final step in the Evolution. That is, in the Evolution all other planes are divinized into their Sat-Chit-Ananda equivalents.

What is Sat-Chit-Ananda?

In the Involution it is the first step out of the unknowable, the Supreme. It is Existence, Consciousness, and Bliss. Sat-Chit-Ananda.

In the Involutionary process it is where Being (Sat) takes shape. Ie a Being exists in creation from out of the Unknowable, the Absolute. And because it is self-aware of Itself (Sat), of its Existence, it emanates a Force, a Conscious-force. That Force (Chit) will later involve into Supermind, which will further involve into the Energy of creation which will become Matter.

And because It is aware of Its Being (Sat) and the Conscious-Force (Chit) that it emanates from It, It takes infinite Delight in that fact. That is Ananda/Bliss of Sat-Chit-Ananda.

At the end of the Creation process, beginning with matter, Sat-Chit-Ananda is completely buried, hidden, involved. However, In the Evolution matter/physical, vital/life, and mental emerge, and then through humans the planes of spiritual mind, culminating in Supermind. And beyond that is Sat-Chit-Ananda. All other planes are divinized as a result

THE INVOLUTION (Descent):

The Supreme
Sat-Chit-Ananda
Supermind
Cosmic Mind
Energy
Matter

THE EVOLUTION (Ascent):

Matter/Physical
Vital/Life
Mental
Spiritual Mind
Supermind
Sat-Chit-Ananda

"Regression" of the Divine

In order for life in the universe, including ourselves to be progressing (the Evolution), the Divine had to "regress" from spirit to mind to dumb energy to first forms of matter at the dawn of time (the Involution). The

two are complements of one another; inexorably inter-twined, inter-related.

To Be Titled

“Something must be eternal for anything to exist.”

That’s the dynamic behind the Involution; the Creation process, from Spirit to matter. And that’s why life on earth is headed toward Divine existence (the Evolution); i.e., for the Eternal Consciousness to re-emerge in the details of life. Evolution is the reversal of the Involution.

Joy Delight Fulfillment

To Be Titled

Individual fulfillment and harmony of purpose are twin goals of creation.

Karma

To Be Titled

“One good turn deserves another” is the law of karma, is Life Response, i.e. onset of sudden good fortune, from out of the blue.

Knowledge

Knowledge of the Whole in What We Do

In whatever we do, we should have knowledge of the whole. We should look at all points of view. Knowledge of the whole means the good and bad, the high and low, without judging, without reacting; objectively we should understand where we are. We should not distort things one way or another. (Karmayogi)

Limits of Our Culture to Perceive Reality

We grow up in a particular culture, with its particular nuances, and we think that is Reality. But that is only a tiny segment of reality; a fraction of what is so; of the scope of human existence and possibility - limiting our understanding to a very small slice of Life.

We thereby carry around that limitation in everything we think and do. It limits our attitudes and beliefs. It limits our perspective of the Truth of things.

Still we are happy to exist in that limitation, without much compulsion to break out. As a result, our lives are determined, frozen, fixed. We are shuttered up in our little box, thinking it is the entire world.

Solution? Discover the “Inner Culture” that transcends the outer culture.

Having All Perspectives Simultaneously

We only see our own position, perspective relative to the unfolding situation. Yet circumstance demands knowledge of ALL perspectives simultaneously. When we develop universal and then Supramental Consciousness we will have this complete moment-to-moment Knowledge of the Reality.

Knowledge of The Whole in What We Do

In whatever we do, we should have knowledge of the whole. We should look at all points of view. Knowledge of the whole means the good and bad, the high and low, without judging, without reacting; objectively we should understand where we are. We should not distort things one way or another. (Karmayogi)

To Be Titled

Without Failing there is no waking up, without Ignorance there is no knowledge, without mistakes there is no learning process. (Priya Mahesh)

Simplicity of Explanation

“If you cannot explain something simply, then you don't know it well enough.” (Albert Einstein)

This is my common experience as an instructor! The more integral the understanding and knowledge, the more likely it can come out as a simple pearl of insight that is useful to others.

To Be Titled

When does information or understanding become knowledge? When it touches life and is confirmed by experience. (Karmayogi)

To Be Titled

When do we really know something? We must confirm the knowledge in psychological experience by observation and application – review of our lives, experimentation, practice. (MSS)

Greater Knowledge & Accomplishment through Silence/Stillness

-Detachment from thought leads to silent knowing. We know more by silence than by word or thought

-We learn more by Listening rather than talking

-We act more powerfully by Silent Will than overt expression

-We accomplish more by Non-initiative than by ego initiative. Not acting is a better solution. (MSS, paraphrased)

All of these attract onset of good fortune (whether as knowing or achieving) from seemingly out of nowhere. It is “Life Response.”

To Be Titled

Karmayogi says that the greatest power of Knowledge is Ignorance. I.e. it is the fastest means of bringing Truth about.

To Be Titled

have to go beyond the THOUGHT of the Knowledge we have been given to the EXPERIENCE of it. That is ten or a hundred times more powerful.

To Be Titled

We turn knowledge into power through our psychological Experience. (MSS)

Life

To Be Titled

Our goal is to discover the Spirit in Life so we can discover what Life is really meant for; what purpose it serves.

To Be Titled

Life brings good with the bad. Spirit only the good; actually Great Good.

To Be Titled

The power of Life is not from the outside; from out there; from externals. The power of life comes from Inside; from Consciousness within.

To Be Titled

Through Life, we are awakening to OUR purpose. And through us, Life is awakening to ITS purpose.

To Be Titled

Life is communicating with us at every moment, through subtle and not so subtle signs, trying to awaken us to something Higher.

To Be Titled

Life is tempting us to awaken in Consciousness because Life Itself is trying to awaken in consciousness, thereby fulfilling its Universal Purpose.

To Be Titled

Life, including all our experiences, is Consciousness teasing, tempting us to awaken from the Unconsciousness in our selves.

To Be Titled

Life will never give up, it will keep pressing, until it discovers its own Divinity, its own Eternity; its own Infinity. It is we through our Higher Consciousness that makes this possible.

To Be Titled

Which one do we want to live: the Little Life (typical, average, mundane); or the Greater, Higher Life? It is our choice.

To Be Titled

To the degree we focus ourselves on the demands and influences of the society, we are controlled by the society. To the degree we give ourselves to Mother, we gain full control over life.

-When we surrender to the society, we surrender to Life. When we surrender to Mother we gain the power OVER life.

The Little and Greater Life

We are so caught up in the details of ordinary life that we fail to ask the essential questions of Why are we here, and What is our purpose. We need to substitute the ordinary Little Life with the Greater Life of deeper purpose and meaning.

To Be Titled

When we are ready inside, life brings us the connections we need that will take us to the next level.

Aim of Life is to Manifest Divine; Happiness Follows

Q: Is the aim of life to be happy?

A: That is just putting things topsy-turvy. The aim of human life is to discover the Divine and to manifest it. Naturally, this discovery leads to happiness, but this happiness is a consequence, not an aim in itself. And it is this mistake of taking a mere consequence for the aim of life that has been the cause of most of the miseries afflicting humanity.)

(Mother, from Agenda, March 28, 1970)

To Be Titled

At every moment life is bringing us what we need for our progress.

To Be Titled

Life is Change.

To Be Titled

Life seeks greater Harmony, - it is the Divine intent, - though it often comes about through Disharmony.

To Be Titled

Often we get overwhelmed by life. This is an indicator and opportunity to densify our relationship with the Divine; by remembering Mother (consecrating) more often - i.e. in the small details of our daily lives.

To Be Titled

Nature accomplishes through a process of turning contraries into complementaries. It does so slowly and painfully. Supermind, Mother's Consciousness does the same, but quickly, even instantly, without any difficulty; and without any residual negativity for the next round.

Life Divine

To Be Titled

A good or great thing coming to us is but a Glimpse of a Divine Life. When the glimpse repeats endlessly, and in endless variation, then the Divine Life is upon us.

To Be Titled

“Heaven on earth” is not the Life Divine. It’s a mere projection of what we think would be best; not the true, unprecedented positive qualities that would make up that Divine existence, transcending our imagination.

To Be Titled

An emerging Life Divine can and will progressively solve every major problem in the world.

Life Response

Instantaneously Overcoming Any Life Limitation

There is a radical shortcut to overcoming the limits of time, the distance of space, the long-term problems of life, and all sorrow and grief. It is the power of the Force that when evoked instantaneously overcomes these limits. It the miracle of tomorrow available today. It is Sudden Good Fortune through the Supramental Power that awaits our call in any given moment of our day.

To Be Titled

Whatever your mind focuses on, more of it soon appears, from out of nowhere!

Infinite Speed of Entanglement

Entanglement principal and dynamic allows for instantaneous connection between two objects that are trillions of miles apart. Essentially speed of connection is billions of miles per second (actually faster), whereas science says objects can't travel beyond the speed of Light, 186,000 miles per second. The former is actually how Life Response phenomenon can operate.

To Be Titled

"Life response is a mathematical formula for what one aspires to."
(from 'The Messages' in 'The Book' by Garry Jacobs)

Mental-Induced Life Response

The Mental is the plane of information and knowledge. It includes our ability to think and reason, to conceptualize things, and to aspire and

have intention to have things come about. It is also where our personal values and beliefs reside.

We will see that when we take to certain mental movements, life will respond in kind. That includes having an aspiration to accomplish a goal, an intense will and decision to achieve.

E.g. the moment one individual focused on accomplishing a matter instead of ignoring it, the opportunity suddenly came to him.

Also at the Mental plane resides our cherished values and beliefs.

We have often see that when people take to higher values, such as Honesty or Respecting Others, or Valuing the Customer to know end, life quickly responds.

To Be Titled

The real measure of what you have discovered Inside is what you experience outside in your life in response.

Greater Knowledge & Accomplishment through Silence/Stillness

-Detachment from thought leads to silent knowing. We know more by silence than by word or thought

-We learn more by Listening rather than talking

-We act more powerfully by Silent Will than overt expression

-We accomplish more by Non-initiative than by ego initiative. Not acting is a better solution. (MSS, paraphrased)

All of these attract onset of good fortune (whether as knowing or achieving) from seemingly out of nowhere. It is "Life Response."

Missing Startling Synchronicities

Life Response and its dozens of forms of synchronicity happen to us many times every day, however we miss THEM, because we are locked into our normal dense human consciousness, which does not perceive such subtleties, unless the event is very dramatic. And even then, 95% will be missed. That is why a new human species with supramental perception and consciousness will come one day, with this vast life response capacity to continually perceive and evoke the miraculous.

Quantum Entanglement and Simultaneous Time

Science has a partial explanation of Life Response. Quantum Theory indicates that two particles on either end of the universe can instantly affect one another. If one shifts on one end of the universe, so will another on the other side.

This is the phenomenon of “Entanglement.” This indicates that when we raise our consciousness, something nearby or at a great distance instantly or very quickly responds in the positive.

Now Quantum physics has gone a further step, indicating that a change in the spin of a particle can cause the response of another at great distance over TIME. I.e. cause a spin in the present to affect the second particle in the Future or the Past.

It is essentially Entanglement across past, present, and future. That what I think or feel or do in the present automatically affects future or present circumstance; aligning ourselves with positive developments in both future and present. It also happens in the negative (negative life response).

It is another confirmation of Sri Aurobindo’s cosmic concept “Simultaneous Time,” which is one aspect of the nature of the Reality we are capable of realizing as we grow in consciousness and move toward becoming Divine-like, Supramental beings.

To Be Titled

Deep Aspiration, welling up from one’s true self, attracts new, unprecedented, unique opportunities to fulfill it.

To Be Titled

“One good turn deserves another” is the law of karma, is Life Response, i.e. onset of sudden good fortune, from out of the blue.

To Be Titled

Through Life Response phenomenon one makes ultimate use of time, as what would normally take a lengthy duration happens in an instant, creating ultimate efficiency in life. The same for space.

Little Life Greater Life

Effect of Little Life

The greatest problem with living the “Little Life” – with its small desires and sensations, its petty needs and ambitions, its dumb repeating habits, its questionable attitudes and values – is that it prevents us from living the Greater Life.

The Little and Greater Life

We are so caught up in the details of ordinary life that we fail to ask the essential questions of *Why* are we here, and *What* is our purpose. We need to substitute the ordinary Little Life with the Greater Life of deeper purpose and meaning.

Love Romance

Love, Issuing from Our Depths, Seeks Fulfillment, Completeness

“...Love is a seeking for fulfillment and completeness. It is a universal aspiration shared by all human beings. It need not necessarily be formulated as a thought or a conscious goal. It may act subconsciously, even when we are consciously pursuing other goals, but its power arises from the fact that it issues from the depths and center of our being...”

(From ‘The Book’ by Garry Jacobs, page 256)

To Be Titled

True love is greater than attachment, in that the connection of giving is unconditional. As a result, there are never disappointments; only joy.

To Be Titled

The aim of romance is a self-existent joy in ever-increasing intensity seeking to become infinite. (MSS)

Mind

To Be Titled

The outer, surface mind can no longer handle the ever-increasing intensities and exigencies of life. An Inner Mind that is still, yet open, that silently observes the world, is the means by which we can address and resolve the increasingly complex issues of the world.

To Be Titled

Whatever your mind focuses on, more of it soon appears, from out of nowhere!

To Be Titled

Thinking Mind is very helpful, but it can also get in the way. Not thinking can then intuit the result.

To Be Titled

The movement of consciousness exceeds the speed of the thinking Mind.
(Karmayogi)

Irrationality to Rationality to Intuition

Irrationality is increasingly being left behind. Yet, rational thinking, though certainly preferable, is itself becoming the status quo. Replacing it is Intuition of knowledge without thought, with its vast capacity to instantaneously evoke the Breakthrough New.

New Mental Orientation When Stationed in Psychic

In the Evolution we shift from mind to the psychic being within, behind the heart. As a result, mind moves from mental churning to its spirit equivalent; where we have regular experiences of intuition, illumination, and then universal and supramental perception (truth consciousness).

Mental-Induced Life Response

The Mental is the plane of information and knowledge. It includes our ability to think and reason, to conceptualize things, and to aspire and have intention to have things come about. It is also where our personal values and beliefs reside.

We will see that when we take to certain mental movements, life will respond in kind. That includes having an aspiration to accomplish a goal, an intense will and decision to achieve.

E.g. the moment one individual focused on accomplishing a matter instead of ignoring it, the opportunity suddenly came to him.

Also at the Mental plane resides our cherished values and beliefs.

We have often see that when people take to higher values, such as Honesty or Respecting Others, or Valuing the Customer to know end, life quickly responds.

To Be Titled

Mind does not know the future, or truly understand the past. However, Supermind does.

To Be Titled

When Mind refuses to accept the truth, Nature creates situations of emotional distress and even physical suffering to prove its point.

To Be Titled

Mind as we know it no longer exists in the experience of Supramental Perception. A new formation, instrument of cognition is enabled. Sri Aurobindo called it Supermind.

Miscellaneous

To Be Titled

Sri Aurobindo used to say: it is woman that can build a bridge between the old world and the supramental world. (the Mother)

Miraculous

To Be Titled

Only a road paved with Miracles can take us to our destination.

To Be Titled

Sole reliance on Mother is Astonishing Life.

Money Prosperity

Psychological Strength in Money Matters

When you shift from weakness to psychological strength, even risking things a bit, but having faith in the Higher Power, life quickly works in your favor.

A client was long past due for paying an instructor. The instructor was hesitant to take legal action, since he had good relations with the client. However, without saying so directly he said he might have to "take things to the next level."

Within a few days the client more than eagerly agreed pay off on a substantial portion of the account.

(It was also a demonstration of the important of collecting all monies due to you, which, like paying off all funds you owe others as soon as possible, is a methods of evoking positive conditions in relation to money.)

To Be Titled

The wealth of the earth must be used for the transformation of the earth.
(the Mother, from Agenda)

To Be Titled

Each devotee can aspire to make \$100,000/100 Lak per year, and accomplish that goal through Mother's /Appa's methods. Not for the sake of the Ego, but for an Adventure of Consciousness and Joy. For deep personal and spiritual growth.

To Be Titled

We should try to earn a 100 crore or more. Not just for our own sale, but for the world. I.e. to help bring society forward in consciousness through best utilization of these funds. It is part of our universal mission on earth, beyond our Individual quest.

To Be Titled

Material well-being and prosperity is the solid foundation for personal and spiritual growth, development, and transformation.

Nature

To Be Titled

The Divine in collaboration with Nature have an Intention for the world which only a few can perceive. Through the Play of Forces - both harmonic and their opposite - the Divine Intention is being realized in the world.

Nature's Way

Life's Powerful Neutrality of Purpose

The dualities like good and bad, good and evil do exist in life. They exist in a sense that they serve a purpose in the overall perspective of the Divine's plan. Its not by condemning or running away from them that we can get rid of them. Rather when we rise in consciousness, when we transcend our ego, we are able to perceive the whole Reality and their purpose.

In *Pride & Prejudice*, Darcy was good and Wickham was bad is a limited understanding. Both are needed for each others' growth in consciousness, as well as to manifest the Divine (here Jane Austen) plan.

Thus, Life is neutral; it acts according to its laws, and presents opportunity to everybody. The extent we want to utilize that fact and grow in consciousness is a question of our choice.

Beyond Spirals of Change

The world moves ahead in Spirals of Change. It is Nature's slow and difficult method. However, through, utilizing Spirit the dips are negated, as change occurs through the positive; ie it is Self-existent, without a Dark Shadow.

To Be Titled

Life unfolds through the contradictions and conflicts among the parties so each can outgrow their limitation in consciousness. This is Nature's method of progress and change.

Beyond Nature's Way of Division to Enable Progress

The more intense the division, the more integral, powerful the coming together. Eg WWII was followed by European Union; the conflict between Eliza and Darcy in *Pride and Prejudice* was followed by their intensive, benefit-spreading coming together.

On the other hand, Perpetual Higher Consciousness avoids the negative side, the conflictive, and goes directly to the positive outcome, rapidly turning limitation, finites, into infinite-like conditions. This will increasingly be the way of the future as we develop our consciousness to a higher level. In essence, the way of Spirit replacing the way of Nature.

Necessary

Topic to be added on Facebook

To Be Titled

When you do the necessary thing, instead of avoiding it, life quickly cooperates with your effort.

Negative Expression

Overcoming the Mania of the Tragic

When people write me long letters (what letters I receive! laments all the time: my health is going wrong, my work is going wrong, my relationships are going wrong – laments all the time), and I always see, behind, that Consciousness, luminous, magnificent, marvelous – sun-filled, you know – exactly as if to say, "Whenever will you be cured of that mania!" The mania of the tragic and the lower.

(The Mother, from Agenda, May 8, 1965)

To Be Titled

Perpetually focusing on the negative continuously attracts more of it.

Comment: Q: "Perpetually focusing on the negative attracts more of it."

That means if we find a negative in others how should we react? I understand no reaction. But if the characteristics or behavior bothers how should we react?

A: Control one's self and not react to the intensities of others. No reaction in one's physical action, in one's vital emotion, even in one's mental thought. Startling positive conditions will invariably follow.

By raising one's consciousness over time, one learns not to react on a regular basis. Also, when you experience the startlingly positive life response to one's non-reaction, you tend to remember your past positive experiences when employing the methods, and therefore practice it that much more often.

I've seen horrible conditions melt away, and bad-acting people change their ways or even disappear from the scene because one took to non-reaction. It's an opportunity for the miraculous!

To Be Titled

Sarcasm is inability or unwillingness to express a truth with rational, persuasive thought.

To Be Titled

We blame issues and problems on everybody else, not seeing how our limitation of consciousness had a hand in it or attracted it.

On Anxiety

-Anxiety is not the reality. It is fear of the reality.

-Anxiety is reinforced by our constant dwelling on it.

-Anxiety distances one's self from the Now.

-Anxiety is to be gripped by an unknown future.

-Anxiety is weakness in the nerves.

-An unbridled mind fosters anxiety. Inner stillness of thought and feeling keeps it at bay.

-Anxiety is lack of faith in life.

-Consecrating anxiety or fear is to substitute Mother in its place, which engenders Faith.

Blaming Others Accelerates their Blame

If you intensely and persistently blame someone or some party as the cause of your problems, they will continue to do so, and in new, ever-expanding forms.

To Be Titled

Vanity and pride are different things, though the words are often used synonymously. A person may be proud without being vain. Pride relates more to our opinion of ourselves; vanity, to what we would have others think of us. (from a Jane Austin novel)

Turning an Unreality into a Negative Real

Worrying about a potential problem that is not an actual one can manifest it as real.

A man was upset about another matter. He then became obsessed about his daughter not catching an illness due to open windows in the house. It was an absurd claim; however, he kept insisting, egged on by his other frustration. Suddenly a mild flush on his child's face turned into a serious illness.

Only when the man gave up his earlier upset about another matter, did the child suddenly return to full health.

Talking about Impending Rains

If you talk too much about approaching significant rain when in a drought situation, it will tend to quickly fizzle out. Best to quietly hold the knowledge inside.

A man talked about an approaching storm, but the more he discussed it, the more it faded away; not a happy experience as it was in severe drought conditions.

Wherever there is fear, change it to stillness and faith. Life will then be on your side.

To Be Titled

Worry or fear is failure to go Deeper.

To Be Titled

No sense living in fear, as it only energizes, attracts the object of fear.

To Be Titled

It is difficult to hold back one's Opinions; but the Conscious individual regularly does so. The reward is that Life continually takes to your points of view.

To Be Titled

You wouldn't expect it, but unnecessary silliness for the conscious individual quickly attracts errors, misunderstandings, and the like.

To Be Titled

When there is fear, worry, doubt, put all of your faith in Mother. Things will work out as it should.

To Be Titled

Refraining from unnecessary silliness instantly attracts the positive. The inverse is also true.

Non-Expectation Attracts

Often a hoped for result comes about precisely at the point you have forgotten the matter. In these instances, it is what life requires from us to reap its bounty. Another way of saying this is that in such cases life responds at the point of non-expectation. I have experienced it many times, and it is a wonder to behold. Eg longed for checks arrive only when I have forgotten the matter.

To Be Titled

Avoid anticipating, expecting the negative. You just may attract more of it.

To Be Titled

You can pull someone out of their fixed belief system with a persuasive argument build on a practical truth, but it will only last a moment, as they will quickly jump back into their narrow view, which will continue on for the rest of their lives.

Non-Reaction Non-Complaint, Non-Blame

Reacting and Non-Reacting

Reacting never helps; it only complicates.

I have seen this phenomenon many times. Instead Non-reaction has a vast power to improve a situation.

To Be Titled

The more you hold it inside and don't Complain, the more you tend to attract what you want or wanted, sooner or later. It's a form of "Silent Will."

To Be Titled

Once you stop complaining, things that aren't working out suddenly start to work.

Objects, Things

To Be Titled

If you connect with the inner being or soul of an object, you can elicit its cooperation and better functioning.

When you softly, consciously interact with objects, things, - instead of handling them roughly, unconsciously - you begin to sense how each one is an expression of the Divine Reality. I.e. how objects, things are material formations of the Divine Reality.

Opposition

On Opposition in Creation Process

Opposition is the basic input in the process of creation. Overcoming the opposition and bringing harmony in consciousness is the process of evolution. Other man's point of view, Transformation and consecration are aiming to bring that harmony in consciousness. (Nedumaran Ramakrishnan)

Opportunities

To Be Titled

All our disappointments are hidden opportunities ready to emerge.

To Be Titled

Understanding that behind the apparent negatives are vast opportunities is perhaps the single great revelation of Society en mass in the last half century.

To Be Titled

Deep Aspiration, welling up from one's true self, attracts new, unprecedented, unique opportunities to fulfill it.

To Be Titled

Supramental Perspective: there are no problems, only Opportunities.

To Be Titled

In Supermind there is no success or failure; only opportunities.

Organization

Consciousness and Organization Together

"Life evolves through growth of consciousness, even as consciousness evolves through greater organization." - The Book

They always go together. Either one alone is not enough to bring forth results in life. One who lacks the first half of the formula means they haven't the energy; no fuel to drive the life. And one who lacks the second half of the formula means there is dissipation of energies due to lack of proper organization.

One of the ways life reconciles this by bringing contradictory parties in alignment; so one can learn from the other.

When MAI was lacking in organization, life brought them to Lempe's consultancy and through that process and with The Book, they discovered the above principle, and as a result both companies benefited magnificently.

The Book says:

"...The discovery arose from the realization that the two companies, MAI and Lempe, were mirror images of one another.

MAI had abounding energy, a clear direction, unlimited technological and market potential, and creative, enthusiastic people, but too little structure through which to channel that energy effectively and multiply its power to tap even a fraction of its potential.

Lempe had a highly developed structure, well-developed policies, systems and procedures, and a disciplined work culture, but the source of its life energy had somehow dried up. It had lost its direction and momentum. Its structure had become an impediment slowing down and entangling each action in a bureaucratic mass of lethargy.

The two companies were complements, two sides of a coin. Each possessed something that the other very much needed..."

(From 'The Book' by Garry Jacobs, page 165)

Foundational Security of Organization

In Business we can say that Security comes from Organization. Structure of job positions, hierarchy, authority, standard operating procedures, systems, business plans, are all foundational. When they are secure, the rest can follow. It is the solid ground from which all can thrive.

People don't value Organization - they take it for granted -- as they value the expert products and services much more. But everything depends on the foundation of Organization in business. It is the "Security" of the company.

It is the same for Society. There are roads and systems, schedules, means of providing education, ways to pay our taxes, military, police, fire support, etc. etc. We take them for granted, but they too are the foundation of society's physical security in life. Society achieves, thrives on top of the foundational security of Organization.

It is also the same for us as Individuals. When we are in a clean, orderly environment, when we have a to do list and schedule, when we plan our goals, when our computers are structured to meet our needs, when our appearance is neat and tidy, etc. we create personal organization.

When the solid foundation of daily existence is there, then we live in Physical Peace. We can now move to the vital peace of shared emotional experiences. No need to quarrel, as the Security of the physical is there.

In sum, Organization is the foundation that is the Security of Life. That enables us to move to the next plane of higher emotions and clear thoughts that will figure a way to take us to the future. The Spirit naturally does the same automatically.

To Be Titled

God Organized the universe. We can at least Organize our own lives.

Life Response Power of Decision to Unclutter

We know the life response power of cleanliness and orderliness, including clutter; and we also know the life response power of making a decision. We can also combine both to get an astonishing result.

An artist who often had too much clutter in her surroundings was looking for a particular photograph within a host of other photos. She scrolled and scrolled on her smartphone to find it without success.

Then at one point she indicated that she wanted to get rid of the clutter on her phone. At the very INSTANT she said that, the photo she was looking for suddenly came into view!

That is the power of making a Decision to improve one's self in a particular area; in this case to unclutter, which is a form of cleanliness and orderliness.

Pain Suffering

Avoiding Grief at the Outset

Often we don't act to correct a serious problem until it dramatically presents itself. Then through suffering we painstakingly overcome the problem. However if we were conscious enough we could have perceived the problem in the first place, avoiding pain and grief. Subtle and not so subtle signs, indicators presented themselves, but we lacked the capacities to read the them or the will to address them.

Perception

Levels at Which We Relate to Others

In a given moment we relate to people by what they look like as they stand next to us or appear in a picture, etc.; and from there we judge their appearance, whether attractive or unattractive; and in a variety of other superficial ways.

On the other hand, the Higher Consciousness Individual does not just relate to the physical presence of another before them, but picks up on the feelings, their psychological status, the person's mind, even that person's soul and essence.

This is an indicator of how future individuals of a spiritual-bent will relate to others. I.e. through soul to soul connection that is supramental in nature.

Beyond Opaque Perceptions of Life

The scientist, the materialist have little or no understanding of the subtle laws and forces that lead to outcomes, that govern circumstance in life. Nor can you teach them these subtle principles. At some point they need to spontaneously have the experience themselves. Then a bit of light will penetrate their opaque perceptions of the world.

Perfection

Radical Perfection and Change

The public and their business leaders scorn the idea of perfection, as it appears to stifle innovation and change. But that is not the Perfection we advocate, which embraces Uncertainty and other forms of Radical Change as part of that effort to Perfect.

Perfection is therefore not just to do everything exactly right, but to also embrace change perfectly from moment to moment.

--

and let's not forget perfection of organization, attitudes, values, etc.

Physical

To Be Titled

Great physical ordeals, like life-threatening catharsis can awaken one inside; revealing various aspects of the Mystery.

Physical Transformation Process

The biological process of overcoming limits of the physical is to direct the Force into the cells of the body so that it no longer believes in the inevitability of pain, disease suffering, and death. Eventually new organs and biological systems take shape.

To Be Titled

The first thing the physical consciousness must realize is that all the difficulties we encounter in life arise from the fact that we do not rely exclusively on the Divine to find the help we need.

(Mother, from Agenda, February 1, 1972)

Beyond Individual Existence

Certain experiences make me think that this sense of personal limitation isn't necessary to physical existence – it's a thing we have to learn, but it's not necessary. The impression had always been there that a body defined as making up separate individualities is necessary – it's not. One can live physically without that; the body can live without that ...

(the Mother, from Agenda, August 5, 1970)

To Be Titled

...in the body, whatever has trouble adjusting to this new Power creates difficulties, disorders and illnesses. Yet in a flash you sense that if you were totally receptive, you would become formidable.

(The Mother, from Agenda, May 6, 1972)

Comment: This too has been my experience.

Conscious Eating

- Consecrate the activity to the Divine/the Mother
- Concentrate on the meal at hand, putting aside other matters
- Avoid speaking if you can
- Empty the mind of thoughts
- Focus on the food
- Observe yourself eating
- Savor the food, but without attachment
- Eat slowly, carefully
- At the end feel fulfilled, immersed in silence and satisfaction

To Be Titled

Physical consciousness individuals will not change their fixed position no matter how compelling the evidence in the opposite direction. At that point Life may take over; harshly driving them down until they submit.

Pioneer

Receptivity to Ideas By Different Types Of Individuals

Most people are not mental. They are mostly vital; centered in their emotions and needs. Ideas are nothing until they are experienced in life. And yet the ideas were true before they had such experiences. Conscious individuals who are open to new ideas and also experience them are receptive at the mental and vital planes of the spirit. If they are really passionate about the ideas, then they become pioneers of consciousness; forerunners of a new way of living.

(Roy Posner)

Changing the World by Breaking Away from The Herd

The number of people who change the world is few. Why is that the case? It is because the remainder of us follow the herd, feel the instinct to keep in line with the past, not upset the norm, the tradition.

Until one looks around and asks who am I? What is life? What is my purpose? What should I become? Where are we headed? one will never cease following the herd. Until one uses the power of mind to question the norm, and seek one's own path, one will be in lock step with all others.

It is through mind that we can question things, enabling us to break away from the herd and become true individuals, with the capacity to change the world.

Practical Example of Interrelation Among the Individual, Universal, And Transcendent

As we evolve as Individuals, we discover that we can be instruments for fulfilling the needs of Society, which is actually the progress of the Universal, which is turn fulfilling the will of the Transcendent, the Supreme.

Eg members of MSS seek to evolve in personal consciousness, so they become true spiritual Individuals. As they do, they come upon new avenues to bring about the progress for society (eg in economics, education, business, literature, Indian development, etc.), bringing the highest consciousness to these concerns, with the best solutions.

This universal action is in turn secretly carrying out the will of Transcendent that seeks the evolution of consciousness in these societal matters.

To Be Titled

Social movements move society forward, driven by pioneer individuals.

Planes of Being

Horizontal and Vertical Planes, And the Integral Yoga/Transformation

Q: Just how many planes of being are there?

A: You can divide the planes of the person or life in many different ways. I usually speak of say 12 levels in the "vertical scale" (3 physical/matter planes, ascending through 3 vital planes, through 3 mental planes,

through three planes of spiritualized mind), though I suppose you can discover other levels too.

Then there are a number of planes that can be understood in the “horizontal scale,” from the surface to the depth; including one’s surface consciousness, the subconscious, the subliminal being, and the soul/psychic being. Eg a superficial, ignorant person may predominantly live on the surface, while one who has a developed subtle mind perceives the subtle workings of life around him more readily.

The depths behind the surface and ordinary mind - ie the Horizontal scale - include the subconscious mind, which influences one’s decisions positively or negatively, though we are not cognizant of it. Then deeper still is the subliminal mind, which within is in touch with universal forces and sends up positive influences to the surface of our being. And at the deepest depths is the soul or psychic being, which is the evolving spirit and true self within us, which has the greatest transformative power.

Eg In the integral yoga one goes within, shifting one’s consciousness from the surface to the depths (along the horizontal scale), which also has the effect of moving one upward from normal or rational mind to spiritual mind (of planes 10-12) in the vertical scale. “We go in to go up.”

If we consider the power to accomplish in life that includes the spiritual approach to our existence, then we can see that going to the deepest depths creates the most powerful lever to take us to the highest heights of spiritualized mind where we cognize the Reality in its integral Truth, which leads to the most profound insights, intentions, and actions that lead to the greatest successes. Here Life Response is continuous and overwhelming.

Planes of Our Being

Here's a nice image of the makeup of our being. Note that the Spirit is the innermost center. (We could call it the spark of the Divine within us.)

Connected with the Spirit is the Soul, which is the Psychic Being, the evolving Entity that takes birth in the body and then enters other bodies in succession on its journey of Self-Discovery (through the experiences of the individual it inhabits).

Next, the mental being involves thought of the Mind, including fact processing, the beliefs we have, and where rational thinking takes place.

The Vital being consists of our attitudes, feelings, emotions, and sensations.

The Physical Body is just that: the gross, material, container of our existence, including all its systems and functionings.

Receptivity to Ideas by Different Types of Individuals

Most people are not mental. They are mostly vital; centered in their emotions and needs. Ideas are nothing until they are experienced in life. And yet the ideas were true before they had such experiences. Conscious individuals who are open to new ideas and also experience them are receptive at the mental and vital planes of the spirit. If they are really passionate about the ideas, then they become pioneers of consciousness; forerunners of a new way of living.

(Roy Posner)

Perception of An Idea at Five Planes

We can perceive several planes of being in our nature, rising up from lowest to highest consciousness. They are Physical, Vital, Mental, Spiritual, and Supramental. Also people tend to be centered in their being predominantly in one of the planes, usually vital or mental.

Also we can perceive how each type of person perceives an idea, thing or matter (from lowest to highest)-

A Physical person rarely perceives an idea, as he is not interested in learning, and so it bounces off his mind.

A Vital person perceives an idea only when he experiences it.

A Mental person perceives it when it is rationally presented and understood.

A Spiritual person perceives its truth in the silence of his mind.

A Supramental person perceives it Instantaneously in the moment it reveals itself as an integral truth, and simultaneously manifests as something materially real in the world.

Subtle Physical Plane

-We perceive the gross material world, not the subtle physical, which lies beyond normal sight. There all forms are perfect, are beautiful. One

challenge of the evolution is to bring the subtle physical into the material reality we perceive around us. That will further ennoble life, divinize it.

-In one sense the subtle physical is the real, and the physical around us is an illusion, a distortion of the true truth of things; an imperfection on the way to perfection. The subtle physical is already in that state.

-Looking out on the world we do not see things as they really are; only perceive the limits of existence through our limited mind. We are not conscious of things as they really are.

-Everything that comes into being at the material plane, comes from the subtle physical, passes through there.

-Moreover, everything in our future, including accomplishments to come is indicated there; resides there.

-The subtle physical is continually setting forth its qualities into the physical plane. Eg the sudden blossoming of trees, may be indicating good fortune to come. Having a subtle sense, indicates that you are able to see subtle formations unfolding in the material world.

-The subtle physical is concealing the greater, higher consciousness planes still.

-Sri Aurobindo lived in the physical plane, and had constant interaction with Mother, beginning nine years after he left.

-Mother seemed to indicate that the supramental being is there in the subtle physical, awaiting to manifest in the physical.

Physical and Subtle Physical

Everything that now exists in the physical/material plane once existed in the subtle (immaterial, invisible) physical plane.

Therefore all that will come to be in this life now is formulating and existing in the subtle physical.

For example, it is said that Sri Aurobindo, who left the material plane in 1950, is working out the Supramental Being in the subtle physical, which will one day manifest in this material life.

Positive and Negative

Negative Forces Fulfilling the Divine Plan

It is an irony of life: those who act against the Divine's plan become an instrument in one way or another to manifest that plan in the flow of life.

In *Pride & Prejudice*, Darcy had interfered in Bingley's marriage earlier. Later on he became an instrument by turning Lydia's elopement into marriage and brought back Bingley to Jane's life.

Lady Catherine, who was vehemently against intermixing of classes, the final confrontation of her with Elizabeth and further informing to Darcy, reconciled the last piece of the puzzle in the manifestation of Divine's plan, i.e. social evolution.

Life's Powerful Neutrality of Purpose

The dualities like good and bad, good and evil do exist in life. They exist in a sense that they serve a purpose in the overall perspective of the Divine's plan. Its not by condemning or running away from them that we can get rid of them. Rather when we rise in consciousness, when we transcend our ego, we are able to perceive the whole Reality and their purpose.

In *Pride & Prejudice*, Darcy was good and Wickham was bad is a limited understanding. Both are needed for each others' growth in consciousness, as well as to manifest the Divine (here Jane Austen) plan.

Thus, Life is neutral; it acts according to its laws, and presents opportunity to everybody. The extent we want to utilize that fact and grow in consciousness is a question of our choice.

What Happens is Always for the Best?

In connection with an old Playground Talk of March 14, 1951-

[Devotee:] I feel like asking you a very simple question. You say here, "If we always had the feeling that what happens under any circumstances is the best, we wouldn't be afraid...." Is it truly the best that happens under any circumstances?

[Mother:] It's the best in the given state of the world – it's not an absolute best.

There are two things: in a total and absolute way, at every instant, it's the best possible with regard to the divine Goal for the whole; and for

someone who is consciously attuned to the divine Will, what happens is the most favorable to his own divine realization.

For the whole, it's always, every instant, the most favorable to the divine evolution. And for the elements consciously attuned to the Divine, it's the best for the perfection of their union.

(from Mother's Agenda, May 19, 1965)

To Be Titled

If dealt with in the right way, out of the negative can come new energy for success.

To Be Titled

When negative forces gain power, it sooner or later galvanizes the positive forces to become even more positive.

To Be Titled

From one perspective there is no positive or negative. There is just what is, and what isn't.

To Be Titled

If progress can't come through a positive movement, then it comes through a negative one.

To Be Titled

Often negative forces' actions are sanctioned by Nature to shake things up, allowing the positive to break through in this difficult way.

To Be Titled

When the positive can no longer bring about the necessary change, then the negative will.

To Be Titled

All disease is a means towards some new joy of health, all evil and pain a tuning of Nature for some more intense bliss and good, all death an

opening on widest immortality. Why and how this should be so, is God's secret which only the soul purified of egoism can penetrate. (Sri Aurobindo)

To Be Titled

Scoundrels rise to fill the void when good people fail to fulfill it.

To Be Titled

To be in positive attitude,
When everything seems all right,
Is a mental awareness.
To be in positive attitude,
When everything seems NOT right
Is a spiritual awareness.
(SM)

To Be Titled

Understanding that behind the apparent negatives are vast opportunities is perhaps the single great revelation of Society en mass in the last half century.

To Be Titled

When the "good" forces are unable to recognize, let alone address acute problems in society, then negative forces rush in to fill the void.

To Be Titled

.. as the Manifestation grows more perfect, the necessity of destruction decreases, to the point when it will disappear and will be replaced by the process of progressive transformation.
(The Mother, from Agenda, March 4, 1966)

Possibilities

To Be Titled

When you try to do things differently, you invite Possibilities into your life.

Power

To Be Titled

The Conscious tend to think critically and thus always question their motives, their facts, their logic and their conclusions. The Unconscious who negatively wield Power have the kind of arrogant confidence in the rightness of their cause that is only possessed by the truly ignorant. (paraphrase of TM)

Problems Difficulties Challenges

To Be Titled

You have to be brave when a challenge arises, consecrate the issue, have faith, and do the thing you have to do, with calm and an inner smile. Life will take care of the rest.

Mother's Unexpected, Unprecedented Solutions

There are times when if you offer a problem to Mother, She will not give you the solution you are after, but subtly points to an even better, unprecedented resolution. If you recognize and take it up, it will amaze, build up your Faith to a higher level, plus give a wonderful solution and opportunity that you can use well into the future.

To Be Titled

When you have a problem, offer it to the Mother (consecrate); do whatever you can to improve things, but don't fret, replacing it with calm, still Faith in Her. Great things will follow!

Avoiding Grief at the Outset

Often we don't act to correct a serious problem until it dramatically presents itself. Then through suffering we painstakingly overcome the problem. However if we were conscious enough we could have perceived the problem in the first place, avoiding pain and grief. Subtle and not so subtle signs, indicators presented themselves, but we lacked the capacities to read them or the will to address them.

Along with great beauty, there is great misery in life. Our goal then is - through our higher consciousness - to overcome the latter, while heightening the former. It will take the full Will of one's Life's Purpose to help bring about that eventuality; that Divine change.

To Be Titled

The difficulties, problems that we experience in our lives is not the result of Life trying to punish us. Life only has only one motive: to awaken the awoken Divine in us; the Spirit in our lives. At every moment life brings to us that which can awaken that Consciousness.

Accelerating Actions of the Supramental Power

Q: With all the problems around us, who is aware of the Supramental power that Sri Aurobindo brought down to earth?

A: In South India and among isolated people around the world there is a rapidly growing awareness. But increasingly there is also a semiconscious or subconscious feeling that something is afoot, is awakening and being born in the world, despite all of the problems. (The problems may in fact even be accelerating that higher consciousness.)

Personally I feel the atmosphere increasingly densifying with that supramental power and action. Startling things were always there when opening to Mother and Her supramental power, but now that is rapidly increasing; miracles are becoming VERY common for those open to that

Consciousness. Constant Consecration (opening to Mother) has become the great means of evoking the continuously Miraculous.

To Be Titled

The first thing the physical consciousness must realize is that all the difficulties we encounter in life arise from the fact that we do not rely exclusively on the Divine to find the help we need.

(Mother, from Agenda, February 1, 1972)

To Be Titled

Whatever sufferings come on the path, are not too high a price for the victory that has to be won and if they are taken in the right spirit, they become even a means towards the victory. (Sri Aurobindo)

Comment: Sri Aurobindo's remark is focused on those who actively seek the transformation of life on earth, not for the average person. He says that true seekers will understand their own suffering in the context of the reward of actively participating in the evolution of life on earth.

--

Eg Mother constantly felt pain due to negative influence of devotees around her. Still she accepted it as a means to further her own yoga by more fully relying on the Divine Will as means of developing greater faith.

Thus each serious devotee, and especially the sadhak will see the problems, the suffering, and pain in their lives as instrumental for their further growth, thereby furthering the evolution towards the earth's divine destiny.

To Be Titled

Every problem that comes into your life secretly serves as a means for you to grow.

Consecration that Attracts Parties that Ease Burden

When you deeply consecrate a very challenging work situation that puts enormous burden on your efforts, parties step forward from out of nowhere to make those conditions so much easier. It is truly remarkable!

Blaming Others Accelerates their Blame

If you intensely and persistently blame someone or some party as the cause of your problems, they will continue to do so, and in new, ever-expanding forms.

Problems Dissolving Ego

From one perspective, all of the difficulties we encounter in life serve the purpose of dissolving the Ego, when taken in the right spirit.

To Be Titled

In the case of a serious problem, knowing when to engage in action and when to be utterly still is to have supramental sense.

To Be Titled

Mother's Force is especially effective in solving our problem when it is accompanied by utter stillness on our part.

To Be Titled

When the "good" forces are unable to recognize, let alone address acute problems in society, then negative forces rush in to fill the void.

To Be Titled

To solve the outer problem, best to go deeper inside (to silence) rather than doing things, expecting results on the surface.

Right Poise for Dealing with Intensifying Modern Problems

Everyone is increasingly under so much strife and pressure, and yet the old ways of dealing with life are no longer sufficient. The only answer lies by going deeper within, or surrendering to the Higher force above. That way life continually self-corrects in your favor.

Our skill or capacity lies within deeper. What skill one gains by practice can be brought by going within to the domain where the capacity is. That is Divine Power. (Nedumaran Ramakrishnan)

To Be Titled

Only by going deep within, away from the surface of life, do we understand the reason for life's hard conditions, including the positive benefits.

To Be Titled

An emerging Life Divine can and will progressively solve every major problem in the world.

To Be Titled

He who insists on Consecration in a problematic situation will be the ultimate determinant of a positive outcome.

To Be Titled

Beyond the appearances of life, there is a Divine Will seeking to accomplish Its Intentions.

To Be Titled

Each day presents its own unique challenges, requiring us to discover a limitation in consciousness on our part we are required to overcome.

To Be Titled

You can't run away from the problems you are having by going outside - i.e. socializing, watching tv and movies, taking drugs and alcohol, overeating, engaging in sex, and other diversions. - but rather by going inside, and discovering there the levers of real change.

To Be Titled

To solve a problem at the current level, go to a higher or deeper level.

To Be Titled

If you want to overcome the problems you have with your children, first recognize the same or similar issues in yourself.

Process of Accomplishment

On Rising to The Pinnacles of Success

We can apply this method to achieve anything: put the urge of our being behind it, seek the enjoyment of that experience, commit ourselves to the idea, work out the necessary plans, and release our full enthusiasm. Then if we add the one extra ingredient of relying on Mother and Her force, rather than on ourselves and our capacities, and with that Force we act, there is nothing in the world that we cannot accomplish. (paraphrase of Sri Karmayogi by Ramesh Kumar)

The Divine vs Our Solving the World's Problems

The Divine could easily solve all of the problems in the world. However, It wanted us to learn that process, so we could do it ourselves. What good would it be if we as ignorant beings inherited God's accomplishment? Instead, we can evolve and learn the process and acquire the powers to create a divine-filled universe and life. As a result, there can be more diversity for its accomplishment, creating a richness of possibility that even the Divine does not inherently possess.

To Be Titled

Aspiration is the source of all accomplishment in life. If there is Aspiration, the will, the power, and the knowledge will come to achieve.

To Be Titled

What greatly changes the world is following the Process of Creation, plus practicing the powerful Spiritual Qualities and Methods at our disposal.

Sri Aurobindo's Intent and Will is flowing through us, and we are beginning to perceive it in one another. Life Responding on the outside is proof it is not an illusion.

Creation Process

What happens when your vision inspires you:

Your mission is clear

You decide to go for it

You meet your resistance

You choose paradox

Your intention is strong

You take in new information

You stay through chaos and creation

You get support

You are congruent

You are in synergy

You choose responsibility

(Unknown)

Process of Creation

Reemergence of the Conscious-Force in Creation

Out of the Supreme came a Conscious-Force, which devolved/involved into an energized Cosmic Mind, which devolved/involved into a knowledge-less Energy, which involved/devolved into and inconscient Matter. This is the Involution, ending with creation.

And yet the Conscious-Force that is buried in Matter seeks to come out. And so dumb Matter evolved into energized Life through animate beings, who evolved mind in their beings, which is further evolving into Cosmic-like Mind, and then into Supermind, with the Conscious-Force re-emerging in full as a Divine Life on Earth as the culmination of the Evolution.

The Conscious-Force is now in a greater formation, as now all of life, all of existence is Divinized with Its Power.

Creation Process Same for Divine and Us

Sri Aurobindo's comprehension of Reality explained as first Involution from a Divine Source to matter, followed by Evolution from matter to spirit is virtually the same process we follow when we successfully engage in a project or the smallest activity.

It is a process of first apprehending the goal through Mind (for the Divine it is Cosmic Mind/Supermind); then having the vital will and drive for its manifestation as real (for the Divine it is the conversion of cosmic Idea into Cosmic Energy); and finally physically executing strategies to make it happen (for Divine, it is the conversion and breakdown of Cosmic Energy into atomic existence, which appears as matter in the universe).

For the Divine, Supermind coordinates the entire process. For Man he can rise to intuition and then Supermind to engage in the process for perfect execution that formulates a miraculous-like Response from Life (sudden good fortune from out of nowhere).

Universal Process of Creation

Prof. Stearne comments from a debate:

“...What is the process by which consciousness or spirit becomes the material universe and evolves back again through a gradation of higher life forms to become more and more conscious until those forms ultimately realize their own origin and true nature as Conscious Being?...”

“...We already know all aspects of that process because it is the very same process by which we human beings create our own lives and the social world in which we live. It is the same process by which Shakespeare, that great seer of life, composed thirty-seven plays and hundreds of sonnets in his creative imagination and gave expression to them as immortal literature. It is the same process by which philosophers and inventors formulate new ideas, theories, processes and products. It is the same process that our founding fathers used to conceive of a nation founded in freedom and dedicated to the proposition that all men are created equal. It is the same process by which we each conceive of a romantic soul mate and seek out that person as our perfect complement. There is only one process, regardless of whether we follow it consciously or unconsciously. Isn't ironic?”

All the greatest minds in science have said their greatest discoveries arose by an intuitive process, a process of consciousness; not as the result on any experimental method. Yet the discipline we today call

science values only method and procedure. It says and knows nothing about the creative process behind its own greatest achievements...”

(From ‘The Book’, page 442, by Garry Jacobs)

Process of Creation

The process of creation is Energy directed into a Force that is organized into a Power that is executed and Manifests as real.

That same process was/is followed by the creator (Ishwara), the society, and the individual.

To Be Titled

God Organized the universe. We can at least Organize our own lives.

Divine Creates through Supermind via Processes of Self- Conception, Self-Limitation, and Self-Limitation

Supermind is the Divine’s power for manifesting the Infinite by a process of Self-conception, Self-limitation and Self-absorption. By this process of creation, the Spirit gives form to different aspects of itself.

By Self-conception, the Spirit projects truths of itself as Real-Ideas, which are powers or vibrations of the Self-Conscious Being. This is akin to the way Jane Austen conceived the general theme and story line of her novel.

By Self-limitation, it holds back other aspects of itself, like the other wavelengths of white light, so that each aspect can manifest as a distinct vibration. Then Austen fashioned from her own personality and personal experience specific characters and events through which to manifest the theme of romantic love.

By Self-absorption, the Infinite Consciousness of which each aspect is an expression conceals or absorbs itself within the form it manifests, hidden from view within each form as the Individual Divine. By concentrating solely on the unique attributes of each character, the people in Austen’s story acquire their own distinct and separate personalities.

Each of these characters and events is a creation of the author’s creative consciousness, which is its source and the very substance of which they are composed.

(Garry Jacobs)

Creation Process Same for Divine and Us

Sri Aurobindo's comprehension of Reality explained as first Involution from a Divine Source to matter, followed by Evolution from matter to spirit is virtually the same process we follow when we successfully engage in a project or the smallest activity.

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For the Divine, Supermind coordinates the entire process. For Man he can rise to intuition and then Supermind to engage in the process for perfect execution that formulates a miraculous-like Response from Life (sudden good fortune from out of nowhere).

To Be Titled

“Something must be eternal for anything to exist.”

That's the dynamic behind the Involution; the Creation process, from Spirit to matter. And that's why life on earth is headed toward Divine existence (the Evolution); i.e., for the Eternal Consciousness to re-emerge in the details of life. Evolution is the reversal of the Involution.

To Be Titled

What greatly changes the world is following the Process of Creation, plus practicing the powerful Spiritual Qualities and Methods at our disposal.

Sri Aurobindo's Intent and Will is flowing through us, and we are beginning to perceive it in one another. Life Responding on the outside is proof it is not an illusion.

To Be Titled

HE who explained the nature of Reality. The Divine Source of things. The process of creation from spirit to matter. The purpose of life and where we are headed. HE who revealed and brought down the transformative

Supramental power into the earth's atmosphere. Who envisioned the next stages of human existence, culminating in a Divine Life on Earth.

Progress

To Be Titled

When the positive can no longer bring about the necessary change, then the negative will.

Beyond Spirals of Change

The world moves ahead in Spirals of Change. It is Nature's slow and difficult method. However, through, utilizing Spirit the dips are negated, as change occurs through the positive; ie it is Self-existent, without a Dark Shadow.

Material vs Psychological Progress

Our progress at the material level - eg smartphones, hyperloop, atomic level changes to matter, etc - is continually accelerating; while our progress at psychological level - ego, selfishness, desire, et al - is hardly changing. The transition from our focus at the material to the psychological and spiritual is key to our personal growth and happiness; to the survival and expansion of our human potential, to the possibility of transformation of our nature to something unimagined.

To Be Titled

When you try to create progress in the present for the sake of the future, and there is a problem that arises, it may be a warning from the future not to pursue that course. However, if you consecrate the situation, such karmas can be dissolved.

To Be Titled

We often go through endless repetition of the negative until we see into it what can be learned, enabling us to make a great progress.

To Be Titled

If progress can't come through a positive movement, then it comes through a negative one.

Rising to Next Plane, Equilibrium of Energies, and Consecration

--Life always seeks to restore an equilibrium of energies.

--Eg if something attempts to rise to a higher level, something comes to bring it back the previous level; thereby restoring the equilibrium.

--Therefore, when we rise up to the next plane, it ordinarily evokes a hostile opposition; as life always seeks to balance out, to establish an equilibrium of energies.

--Eg if you are seeking to bring a new set of positive values to an institution, an unexpected opposing force will rise to not only prevent the values from being adopted, but to destroy your influence in the institution.

--However, if you consecrate the movement to the next highest level, (eg the interest in implementing the higher values in the organization), life responds, not negatively, but fully positively, restoring the equilibrium, but now at a higher level.

--Also, if you do not react in feeling and thought to the intensity of the opposition, it can have a similar effect. Or if you consecrate the opposition, it will melt away; in all cases restoring the equilibrium at a higher level.

To Be Titled

When we are ready inside, life brings us the connections we need that will take us to the next level.

To Be Titled

At every moment life is bringing us what we need for our progress.

To Be Titled

Every problem that comes into your life secretly serves as a means for you to grow.

To Be Titled

FAILURE can be great avenue for progress, though I am not sure we should seek it out! Rather, we should intensely seek PROGRESS, which begins as Aspiration. Most powerful when it originates from the deepest depths, the Psychic being.

Psychic Being

Soul and Past, Present, Future in Now

As we approach the evolving soul within, the psychic being, moment to moment time perception in the present shifts to Timelessness, or rather past, present, and future all together, fully accessible in the Now.

To Be Titled

“We” are not born over and over. Rather our soul, our true self, our psychic being is repeatedly reborn in its journey and quest through time to discover - through the person it inhabits - the integral truths of existence.

To Be Titled

A special inlet of the Self, of the Spirit of All in the cosmos is behind the heart; an evolving soul; a psychic entity and being.

To Be Titled

We are instruments of Life, of Mother awakening the Spirit, the Soul buried within us so a Divine Life can flower.

New Mental Orientation When Stationed in Psychic

In the Evolution we shift from mind to the psychic being within, behind the heart. As a result, mind moves from mental churning to its spirit equivalent; where we have regular experiences of intuition, illumination, and then universal and supramental perception (truth consciousness).

To Be Titled

When we are in touch with our psychic being, our evolving soul, we experience our deepest, truest self from which originates our most original, unique, and dynamic thoughts and feelings and actions of being.

To Be Titled

Surrender takes place when our psychic being gives itself fully to the Divine; to Mother.

Birthday

In a conscious person, conscious of his soul, on the birthday the Soul seeks a rebirth, a birth into higher consciousness. (Sri Karmayogi)

To Be Titled

Aspiration that originates in the Psychic Being that calls to Mother, the Supramental power, has ultimate effect.

To Be Titled

Discover one's soul, psychic being, and one then tends to perceive the same in others. Harmony and Oneness is the result. It is a great yogic achievement. It can even be done by the businessperson! Maybe he should take it up before others!

Psychic Being Replaces Ego in the Evolution

Ego is the obstruction. Ego was necessary to shape humanity, but we are now preparing the way for a superhumanity, a supra- humanity. The job of the ego is over – it did its job well, now it must disappear.

And it is the psychic being, the Divine's representative in man, that will stay on and pass into the next species.

So we must learn to gather all our being around the psychic. Those who wish to pass to the supra-humanity must get rid of the ego and concentrate themselves around the psychic being.

(The Mother, from Agenda, April 12, 1972)

To Be Titled

Going after life - the clients, the media, et all - to spread the word about Her is not Mother's way. Instead She waits outside your door for a loving yearning of the Inner Flame.

(paraphrase of Sri Karmayogi)

Psychological Strength

To Be Titled

You have to be brave when a challenge arises, consecrate the issue, have faith, and do the thing you have to do, with calm and an inner smile. Life will take care of the rest.

On True Courage

True courage, in its deepest sense, is to be able to face everything, everything in life, from the smallest things to the greatest, from material things to things of the spirit, without a shudder, without physically ... without the heart beginning to beat faster, without the nerves trembling, without the slightest emotion in any part of the being. Face everything with the constant awareness of the Divine Presence, a total self-giving to the Divine, and the whole being unified in this will; then you can go forward in life and face anything whatever. (The Mother)

To Be Titled

Demonstrating psychological strength, courage, and fortitude during trying times, releases a torrent of energy that comes back as enormous positive response from life.

Psychological Strength in Money Matters

When you shift from weakness to psychological strength, even risking things a bit, but having faith in the Higher Power, life quickly works in your favor.

A client was long past due for paying an instructor. The instructor was hesitant to take legal action, since he had good relations with the client.

However, without saying so directly he said he might have to "take things to the next level."

Within a few days the client more than eagerly agreed pay off on a substantial portion of the account.

(It was also a demonstration of the important of collecting all monies due to you, which, like paying off all funds you owe others as soon as possible, is a methods of evoking positive conditions in relation to money.)

Purity

To Be Titled

When you want something with a pure heart, the entire universe conspires for you to get it... It's when you want or ask for something with the best intentions for all and trust that the Divine energy will make it happen in the best way possible. (Salona Surjoo)

Purpose

Our True Purpose

Whatever we have in life, whatever we have gained, in the end is not our true purpose. Our True Purpose is to manifest the Spirit in life, fulfilling its and our higher Intentions in the world.

For What Purpose?

We get solutions to problems; but then what? Mother solves a conundrum for us, and we develop Faith. But Faith for what purpose? Just to solve more problems? Is there something deeper, greater that we aspire for; that we want out of life? Or are we happy to simply float along and see what happens? Let us go deeper Within and consider our lives.

To Be Titled

Through Life, we are awakening to OUR purpose. And through us, Life is awakening to ITS purpose.

First question to ask oneself: “what is my purpose in life?”, “why am I here?”

To Be Titled

If only we could be idealistic, noble, and aspirational for a Higher Cause, it would give great purpose and meaning to our lives.

The Little and Greater Life

We are so caught up in the details of ordinary life that we fail to ask the essential questions of Why are we here, and What is our purpose. We need to substitute the ordinary Little Life with the Greater Life of deeper purpose and meaning.

Aim of Life is to Manifest Divine; Happiness Follows

Q: Is the aim of life to be happy?

A: That is just putting things topsy-turvy. The aim of human life is to discover the Divine and to manifest it. Naturally, this discovery leads to happiness, but this happiness is a consequence, not an aim in itself. And it is this mistake of taking a mere consequence for the aim of life that has been the cause of most of the miseries afflicting humanity.)

(Mother, from Agenda, March 28, 1970)

To Be Titled

Increasingly the only meaning and purpose of my life is to surrender to Her Force, Power, and Will.

Rationality

Beyond Rationality

Humans are considerably more rational than they were 200, 100, or even 50 years ago. This is due in large part to education. However rationality is not enough to meet ever-intensifying life conditions. Deeper Insights about the nature of existence must follow.

Reaction

Reacting and Non-Reacting

Reacting never helps; it only complicates.

I have seen this phenomenon many times. Instead Non-reaction has a vast power to improve a situation.

Reality

To Be Titled

Artificial Intelligence itself won't save humanity, but evolved human consciousness that knows the Reality and its subtle life laws, blended with AI predictable capacity, can.

To Be Titled

Everything around you, as well as yourself, are expressions of the multiplicity of the One.

Nature of the Secret Knowledge

The Secret Knowledge is to perceive spirit and life integrally entangled, comprising the Reality.

The Secret Knowledge is to perceive the spirit unfolding in life, furthering the evolution.

The Secret Knowledge is to have the wisdom of the nature of the Reality, the All, and know the means of furthering the evolution, enabling the infinite to arise from the finite in life.

Beyond Exclusivism to Embracing All

The step forward humanity must take IMMEDIATELY is a definitive cure of exclusivism. That's what is, in action, not only the symbol but also the effect of division and separation. They all say, "This and not that" – no, this AND that, and this too and that too, and everything at the same time. To be supple enough and wide enough for everything to be together. (The Mother, from Agenda, January 3, 1970)

To Be Titled

... true divine Compassion ... is the total understanding that everyone is what he must be. (the Mother, from Agenda)

To Be Titled

Mother said that at every moment it is always the best thing that is happening. She then added, but that doesn't mean that it couldn't be better. (And that can happen because at any moment we have the capacity to raise our consciousness.)

To Be Titled

The central spiritual goal is to become One with, Unified with Everyone and Everything we encounter.

To Be Titled

The West has a very primitive, insufficient view of the nature of the Divine Reality compared to the ancient tradition of India, including the Vedas, and especially as dramatically updated and detailed by seer and sage Sri Aurobindo in an evolutionary context. In His view all of the details of how the universe emerged from a Divine Source are intuitively explained, and the purpose, destiny, and destination of life in the cosmos is also dramatically presented; providing a revelation for the world.

To Be Titled

HE who explained the nature of Reality. The Divine Source of things. The process of creation from spirit to matter. The purpose of life and where

we are headed. HE who revealed and brought down the transformative Supramental power into the earth's atmosphere. Who envisioned the next stages of human existence, culminating in a Divine Life on Earth.

Rebirth

To Be Titled

“We” are not born over and over. Rather our soul, our true self, our psychic being is repeatedly reborn in its journey and quest through time to discover - through the person it inhabits - the integral truths of existence.

Past Lives Knowledge vs Future Consciousness to Become

The knowledge of past lives is interesting for a knowledge of one's nature and the mastery of one's imperfections. But to tell the truth, it has no crucial importance and it is far more important to concentrate on the future, on the consciousness we must acquire and the development of the nature, which is almost limitless for those who know how to do it.

(the Mother, from Agenda, November 7, 1970)

Receptivity

On Grace and Lack of Receptivity

Divine Grace comes as pain when there is lack of receptivity in one's being, in the same way cyclone rain comes as Grace but leads to great destruction because the community and its infrastructure were not developed enough to harbor it.

It's a lesson to be learned for the next time, for future understanding, decisions, and actions.

Regressive

To Be Titled

Regressive forces are those desiring to bring back, invigorate a past that no longer has any relevance.

Relationship

On Human Relationships

-Relationships can range from physical to vital/emotional to psychological to mental to spiritual. E.g. if am competing in sports with another, then the relationship is physical. If I have a warm relationship with a friend, it can be mostly vital/emotional, with some degree of mentality as well. If on the other hand, I am working with a colleague on important concepts, then the relationship is mostly mental. I may even have a relationship with a teacher or guru who is bringing one along spiritually.

-We also see that relationships can range from the casual, i.e. non-intense, to the very intense. Eg a romantic relationship may be very intense, whereas a relationship with a colleague at work might be only mildly intense, with occasional flare up of the intense.

-There are of course all sorts of people that we can have relationships with. One has relationships with friends, family members, colleagues, significant others, associations, collectives, even with the invisible spirit. Each of these types will tend to have their own dynamics, including different focuses at the physical, vital, psychological, mental and spiritual levels.

-In general, we can say that each type of relationship serves a different purpose in our lives. And that the right blending of relationships is an admirable condition.

-Some people have many relationships and tend to be more social, outgoing people; while others tend to keep to themselves, with only a few, important relations. There is no right or wrong condition in terms of the quantity of the relations one has. The one caveat is that one's

relationships, whatever the quantity, should be ones that are as positive and uplifting as possible.

-The best condition is when one continually seeks to raise up the Quality of one's relationships. Constant inner and outer attempts to raise the quality of one's relationship also indicates a person who is making personal progress in life.

-Higher human values will always uplift relationships. For example, consciously trying to maintain a sense of Harmony in the relationship will tend to keep it on an even keel. Also higher values like Caring about the other person (self-givingness) instead of being obsessed with one's own issues will also strengthen relationships. Such higher, emotional and spiritual-like values shift us from a separative, self-absorbed, ego-oriented view in the relationship to one of harmony, affection, and personal growth all around.

-In any relationship it is therefore best to continually shift from what you can get out of the connection to what would bring benefit to the OTHER person; to THEIR concerns and needs.

-Relationships are always at their best when one consciously responds to the Negative. For example, not reacting to the negative intensities of the other person in the relation, - such as an outburst or accusation, - can preserve the relationship under stressful times. So does taking the other person's point of view when there is a conflictive view of things.

-And of course, such negative attitudes and feelings as jealousy, ill-will, superiority, and the like are never conducive to harmonious, beneficial relationships.

The key in all of this, is that anytime we raise the level of consciousness in our relationships, we are bound to attract Sudden Good Fortune from the world around us. Try making the effort to improve any of your relationships sometime. You will be amazed by the startling positive conditions that suddenly present themselves!

Levels at Which We Relate to Others

In a given moment we relate to people by what they look like as they stand next to us or appear in a picture, etc.; and from there we judge their appearance, whether attractive or unattractive; and in a variety of other superficial ways.

On the other hand, the Higher Consciousness Individual does not just relate to the physical presence of another before them, but picks up on the feelings, their psychological status, the person's mind, even that person's soul and essence.

This is an indicator of how future individuals of a spiritual-bent will relate to others. I.e. through soul to soul connection that is supramental in nature.

To Be Titled

If you reject outright someone else's positive suggestion, you may be asked by life to serve a key role in its implementation.

To Be Titled

We come in contact with certain people at certain times to further our and their progress and evolution. There is the Divine intention behind. Whether we succeed will depend on how we relate to, react to circumstance.

Religion

To Be Titled

Sri Aurobindo, Mother, and Karmayogi ask devotees to give up Gods and Temples. They ask us instead to progressively, sincerely evolve our nature and open to the Supramental Power: Her Force.

Resistance

Evoking a Response for All

Overcoming a resistance and making the necessary effort turns a consecrated act for one's self into a life response and benefit for all those around us.

Eg a man overcame a resistance to go to court, consecrated circumstance, and went to the facility. As a result, after a short while, he suddenly evoked a benefit not only for himself but for the dozens of people gathered in that room.

Responsibility

To Be Titled

“Consciousness Responsibility” is to take responsibility for others’ unconsciousness. Life then responds overwhelmingly!

Reader: There is an Ancient Hawaiian healing method called Ho'oponopono. This is now gaining huge popularity across the world. Basic principle is gratitude, love and assuming responsibility for what is happening outside you, as outside is only a reflection of your inside.

Restraint

Withheld Predictions Attract

Avoid outer verbalization of a prediction. Keep the vision secure and still in your mind. At the point you detach yourself from the prediction - with any sense of “I’m telling you” or “I told you so” gone - the withheld prediction will come to pass. It is a form of “Silent Will” in action.

Satchidananda

Sat-Chit-Ananda in the Involutionary and Evolutionary Process

Above the plane of Supermind is Sat-Chit-Ananda. It is the source of all creation in the Involution, and the destiny and final step in the Evolution. That is, in the Evolution all other planes are divinized into their Sat-Chit-Ananda equivalents.

What is Sat-Chit-Ananda?

In the Involution it is the first step out of the unknowable, the Supreme. It is Existence, Consciousness, and Bliss. Sat-Chit-Ananda.

In the Involutionary process it is where Being (Sat) takes shape. I.e. a Being exists in creation from out of the Unknowable, the Absolute. And because it is self-aware of Itself (Sat), of its Existence, it emanates a Force, a Conscious-force. That Force (Chit) will later involve into Supermind, which will further involve into the Energy of creation which will become Matter.

And because It is aware of Its Being (Sat) and the Conscious-Force (Chit) that it emanates from It, It takes infinite Delight in that fact. That is Ananda/Bliss of Sat-Chit-Ananda.

At the end of the Creation process, beginning with matter, Sat-Chit-Ananda is completely buried, hidden, involved. However, In the Evolution matter/physical, vital/life, and mental emerge, and then through humans the planes of spiritual mind, culminating in Supermind. And beyond that is Sat-Chit-Ananda. All other planes are divinized as a result

THE INVOLUTION (Descent):

The Supreme
Sat-Chit-Ananda
Supermind
Cosmic Mind
Energy
Matter

THE EVOLUTION (Ascent):

Matter/Physical
Vital/Life
Mental
Spiritual Mind
Supermind
Sat-Chit-Ananda

Science

Beyond Opaque Perceptions of Life

The scientist, the materialist have little or no understanding of the subtle laws and forces that lead to outcomes, that govern circumstance in life. Nor can you teach them these subtle principles. At some point they need to spontaneously have the experience themselves. Then a bit of light will penetrate their opaque perceptions of the world.

Infinite Speed of Entanglement

Entanglement principal and dynamic allows for instantaneous connection between two objects that are trillions of miles apart. Essentially speed of connection is billions of miles per second (actually faster), whereas science says objects can't travel beyond the speed of Light, 186,000 miles per second. The former is actually how Life Response phenomenon can operate.

Quantum Entanglement and Simultaneous Time

Science has a partial explanation of Life Response. Quantum Theory indicates that two particles on either end of the universe can instantly affect one another. If one shifts on one end of the universe, so will another on the other side.

This is the phenomenon of "Entanglement." This indicates that when we raise our consciousness, something nearby or at a great distance instantly or very quickly responds in the positive.

Now Quantum physics has gone a further step, indicating that a change in the spin of a particle can cause the response of another at great distance over TIME. I.e. cause a spin in the present to affect the second particle in the Future or the Past.

It is essentially Entanglement across past, present, and future. That what I think or feel or do in the present automatically affects future or present circumstance; aligning ourselves with positive developments in both future and present. It also happens in the negative (negative life response).

It is another confirmation of Sri Aurobindo's cosmic concept "Simultaneous Time," which is one aspect of the nature of the Reality we are capable of realizing as we grow in consciousness and move toward becoming Divine-like, Supramental beings.

Silence

Joining the Forces of Silent Change

The old mental order is crumbling or going through intense pressures, making the way for Something Greater. The Higher is also coming through subtly and Silently, while most on earth are consumed by the intensity of the change and the difficulties of their own lives.

It is then a matter of choice to join the forces of Silent Change. We can partake in this quiet process, ushering in a new-type person, a new society; spirit-oriented and supramental in nature.

--

Why "Silent Change"?

Most change is very public; out in the open. Here - in developing this higher self, higher human, in building this new world - it is mostly undetected, beneath the radar of societal tumult. Sri Aurobindo says the new world is being born while Man is asleep - preoccupied with so many other matters, the problems of their times, their surface interests. ... This new world is being built mostly undetected. Silently the great Change is being made.

Becoming Genius in a Field

Ramanujan the Indian mathematical genius became so by silencing his mind completely and opening to the divine universal energies. Intuitions of mathematical insight then poured into his mind that he then transcribed on paper. Theoretically any human on earth can follow the same and become genius in a given field in no time at all.

To Be Titled

Thinking Mind is very helpful, but it can also get in the way. Not thinking can then intuit the result.

Greater Knowledge & Accomplishment through Silence/Stillness

-Detachment from thought leads to silent knowing. We know more by silence than by word or thought

- We learn more by Listening rather than talking
 - We act more powerfully by Silent Will than overt expression
 - We accomplish more by Non-initiative than by ego initiative. Not acting is a better solution. (MSS, paraphrased)
- All of these attract onset of good fortune (whether as knowing or achieving) from seemingly out of nowhere. It is "Life Response."

Talking about Impending Rains

If you talk too much about approaching significant rain when in a drought situation, it will tend to quickly fizzle out. Best to quietly hold the knowledge inside.

A man talked about an approaching storm, but the more he discussed it, the more it faded away; not a happy experience as it was in severe drought conditions.

To Be Titled

Old way: thinking to garner knowledge. New way: NOT thinking to gain it.

Comment: ... through Silent Mind (rational thought steeped in silence), Illumination (perceive a knowledge in a flash), Intuition (knowledge entering mind without thought), and Supramental Perception (integral truth and knowledge appears in one's "mind" without thought; with equal power for its full realization, manifestation in life).

To Be Titled

Too much excitement as a result of winning an account (or a match or any clear success) will often cause it to go elsewhere. Instead, when the agreement comes, be as calm as possible, offering the opportunity to the Higher Power. Now the energies will settle in, and it can be your account, etc. forever.

To Be Titled

Not expressing an Opinion is more powerful than expressing it, as Life cooperates with that verbal restraint.

To Be Titled

Sometimes it's what you hold inside, keep close to one's heart and being, and don't share that has the greatest power for inner change and fulfillment.

To Be Titled

Going after life - the clients, the media, et all - to spread the word about Her is not Mother's way. Instead She waits outside your door for a loving yearning of the Inner Flame.

(paraphrase of Sri Karmayogi)

Expressions of Stillness, Beingness that Attract

We know more by silence than by word or thought.

(Don't speak, think; knowledge will come)

We act more powerfully by silent will than overt expression.

(Don't speak out your idea, want, and others will speak it out for you.)

We accomplish more by non-initiative than by ego-initiative.

(Don't initiate, let life initiate for you; then respond to that).

(Based on MSS)

Society

To Be Titled

For every Falsehood in human society there is a correspondence in us of lacking consciousness. If we make a change in that area that is personally false, and offer it up to the Higher Power the corresponding negative in Society will also tend to be resolved. I.e. Life at the Universal plane will respond.

The Individual's Vs Society's Capacity for Transformation, To Become Divine

-Society is not as great as the individual, because the society has not in any form realized the Divine, whereas some individuals have.

- No society has aspired for the Divine or Satchitananda, but great individuals have and do.
- Society is a manifestation of the Divine, just as we are, but of a somewhat lower form.
- Like the individual, society is evolving, and also has the potential for transformation.
- Just like the individual the society has an aspiration to go to the next step- eg physical to vital to mental, with many substages, with many twists and turns.
- The society helps the individual go to the next step, to fulfill his aspiration; and the individual - especially the pioneer individuals - leads the society to its next steps.
- The consciousness of the individual is not limited by the consciousness of the society, to what the society aspires for. He can break through the conditioning of society and aspire for the peaks, and accomplish it.
- Society has given us, as individuals, so much. But the individual also can aspire for more than the society can offer.
- In the other direction is the question of what the Divine is seeking through society, and what is the Divine seeking through us.
- Ultimately the goal of society and that of the individual are the same: integral transformation and divine existence for individuals and the world.

To Be Titled

Social movements happen when deep-seated social values are engaged.

Self-Transformation Content

I was in a major chain bookstore looking for titles on Eastern spirituality. I found the selections rather paltry. The reason being that there was so little Indian or Vedic-related content. Practically nothing.

I then walked upstairs into the more scientific area and I was startled to see two very large and quite varied sections on "Self Transformation", virtually all, in essence, to one degree or another, based on the Secret Knowledge of India.

It was exhilarating to see this potential change in the world! What younger people now had at their disposal.

Devolution and Evolution in Society

With the world rapidly devolving in the last several years, - eg Democracy in many places is on the run, rise of autocracy, international cooperation collapsing - it means that greater faith must be placed in the Higher Consciousness, than just the institutions of society. In recoil the devolution is then very likely a prelude to a great Evolution. The latter can quickly appear, even when we are seemingly at the darkest hours.

To Be Titled

Society supports the development of individual leaders who in turn support the development of society. The individual and the collective represent complementary rather than contradictory elements. (Garry Jacobs)

To Be Titled

Social movements move society forward, driven by pioneer individuals.

To Be Titled

Beyond the appearances of life, there is a Divine Will seeking to accomplish Its Intentions.

Sharing the Benefits

... hand in hand with freedom, social values and power structures require the sharing of benefits among the wider population. Only then can it preserve the stability, cohesiveness and harmony required for continuous evolutionary advancement. (Garry Jacobs)

Society & The Individual

[Society's Institutions Support Growth of Individual; while Each Person Develops His Own Individuality and Potential]

In future the best practice of government is to deeply value, care about, and help develop the potential of each individual in society.

The same for the economic system, where the human individual, not money, should become the center of life.

The same for the education system where teachers will not just impart information, but will serve students and their aspirations in life.

And the same for the corporate world, where leaders will do everything they can to bring out the potential of its employees.

Each of these (and other) institutions of society can work to bring out the greatest possibilities for each person on earth.

From the other side, each individual can fully develop his/her own individuality and thus potential, the results of which will not only enable that person's great success and fulfillment, but will also be a great boon to society.

Solutions

Mother's Unexpected, Unprecedented Solutions

There are times when if you offer a problem to Mother, She will not give you the solution you are after, but subtly points to an even better, unprecedented resolution. If you recognize and take it up, it will amaze, build up your Faith to a higher level, plus give a wonderful solution and opportunity that you can use well into the future.

Soul

To Be Titled

There is a deeper seeing from within
A greater vision meets us on the heights
In the luminous wideness of the spirit's gaze.
At last there wakes in us a witness Soul
Then all assumes a new and marvellous face:
(from Savitri by Sri Aurobindo)

Our and Our Soul's Cross-Birth Journey of Discovery

We have brought forth our accumulated karmas of hundreds of past births into this one, where we go through certain experiences so we can evolve further as a person, and so our soul/psychic being, true self, can continue on its journey of discovery.

It is a cross-birth unfolding in which we gradually emerge from out of our inherent Ignorance into the light of Truth and Knowledge.

Eventually we, along with our evolving Psychic Being are transformed; are able to reach the supramental heights and depths in all planes of our being - physical, vital, mental, and spiritual, - culminating in a new human form with the capacity to exist as long as we wish.

Soul and Past, Present, Future in Now

As we approach the evolving soul within, the psychic being, moment to moment time perception in the present shifts to Timelessness, or rather past, present, and future all together, fully accessible in the Now.

Ongoing Startling Soul Experience

I am increasingly shifting back and forth between the experience of my normal "Roy self and being," and a Something that is behind or observing it. It is an astonishing yet sometimes very disorienting experience that I have been having for 10 years, and has been accelerating recently. Often one is caught between the two, and one does not know who one is.

Still it is utterly amazing; extremely unusual. And through Mother I am able to control it if it gets out of hand. I believe It is a soul, psychic being phenomenon. Something Transformational.

To Be Titled

Soul gradually awakens to the divine quest for immortality. (MSS)

Spirit

Our True Purpose

Whatever we have in life, whatever we have gained, in the end is not our true purpose. Our True Purpose is to manifest the Spirit in life, fulfilling its and our higher Intentions in the world.

To Be Titled

Life brings good with the bad. Spirit only the good; actually Great Good.

To Be Titled

An aspiration, a hope is the awakening of the Spirit in us.

To Be Titled

We are instruments of Life, of Mother awakening the Spirit, the Soul buried within us so a Divine Life can flower.

To Be Titled

Our goal is to discover the Spirit in Life so we can discover what Life is really meant for; what purpose it serves.

To Be Titled

To be in positive attitude,
When everything seems all right,
Is a mental awareness.
To be in positive attitude,
When everything seems NOT right
Is a spiritual awareness.
(SM)

Spirituality

Self-Transformation Content

I was in a major chain bookstore looking for titles on Eastern spirituality. I found the selections rather paltry. The reason being that there was so little Indian or Vedic-related content. Practically nothing.

I then walked upstairs into the more scientific area and I was startled to see two very large and quite varied sections on “Self Transformation”, virtually all, in essence, to one degree or another, based on the Secret Knowledge of India.

It was exhilarating to see this potential change in the world! What younger people now had at their disposal.

To Be Titled

When spiritual-oriented people turn to the good, the positive in a particular area, it tends to have a universal effect.

Spiritual Experience

Topic to be added in Facebook

Ongoing Startling Soul Experience

I am increasingly shifting back and forth between the experience of my normal “Roy self and being,” and a Something that is behind or observing it. It is an astonishing yet sometimes very disorienting experience that I have been having for 10 years, and has been accelerating recently. Often one is caught between the two, and one does not know who one is.

Still it is utterly amazing; extremely unusual. And through Mother I am able to control it if it gets out of hand. I believe It is a soul, psychic being phenomenon. Something Transformational.

Space and Time

Intense Thinking about Another Causes Alignment in Space-Time

A frequent alignment effect occurs in my life as follows. I have a good feeling about a student in a class, and he has the same for me, for

whatever reason. When we go on the break, though there are dozens of people moving to and fro, I arrive at the rest room at the very instant he does, almost bumping into each other!

It also works in the negative. I have problems with a student, and he too feels negative because perhaps I did not answer his question. Then on the break dozens of people move to and fro in the building, and the very moment I enter the class, he too enters, and we too almost bang into each other!

It follows the principle that when two people are thinking intensely about another, they align in space-time at some point later on. This has happened to me many, many times over the years, and perhaps it has happened to YOU!

Sri Aurobindo

To Be Titled

Sri Aurobindo and Mother's teachings are so different from the Indian tradition, that scholars of Indian spirituality misread it. It has a radical modernism and evolutionary perspective that they don't appreciate, let alone grasp.

To Be Titled

Sri Aurobindo worked to organize and densify the Supramental power for the earth before and after He left in 1950. Then in 1956, Mother, in a vision, wielded a golden hammer that set loose the Supermind to pour down on the earth, fulfilling Sri Aurobindo's cosmic efforts. That power is now available to each of us to Transform life.

To Be Titled

HE who explained the nature of Reality. The Divine Source of things. The process of creation from spirit to matter. The purpose of life and where we are headed. HE who revealed and brought down the transformative Supramental power into the earth's atmosphere. Who envisioned the next stages of human existence, culminating in a Divine Life on Earth.

Subconscious

The Role of The Subconscious in Attraction

Our conscious self is what we are aware of. What we are unaware of for the most part is our subconscious.

The subconscious has many qualities; some good, others not so good. (That is for another discussion!) However, one interesting aspect and power of the subconscious is that it can cause us to take certain actions, or move in a certain direction without our conscious mind even perceiving its influence.

For example, sometimes the subconscious influence can compel you to take action, to go to places that have the net effect of changing your life forever.

Case Study:

In Garry Jacobs' novel 'The Book,' Dan, the young hero of the story sincerely aspired to formulate an Artificial Intelligence system based on a deeper life knowledge.

As it turned out Life led him to it, when on a very special day his subconscious compelled him to take a walk and end up at Moe's Bookstore in Berkeley, where he reached up among the shelves causing a book to fall into his lap that gave him the profound answers and vast subtle knowledge he was seeking for his ambitious artificial intelligence system.

(From "Life Response in Work")

Comment: In a real-life experience, the subconscious compelled a man to visit a spiritual center, where he met an individual who told him about a work opportunity that would dramatically change the course of his life. In other words, his subconscious was aware of the lurking opportunity, and compelled the man to go to the spiritual center to discover the job opportunity that would enable him to meld his deepest work and spiritual aspirations.

Man's Subconscious Opening to Superconscious

When your subconscious is in touch with the superconscious, the universal, Life leads you to your destiny.

Eg a man open to the spirit one day decided to go to a spiritual center in his new town. He went there seeking spiritual sustenance with like-minded people. However when he arrived he was immediately directed to several spiritual oriented people who had founded an import business. The man then went to meet them, joined their company, and his inner and outer life would be changed forever.

His inner being that was subconscious to him - that which he was not consciously aware of, - was open and in touch with the wider universal plane, causing Life to guide him toward his destiny.

Subtle Plane

Subtle Physical Plane

-We perceive the gross material world, not the subtle physical, which lies beyond normal sight. There all forms are perfect, are beautiful. One challenge of the evolution is to bring the subtle physical into the material reality we perceive around us. That will further ennoble life, divinize it.

-In one sense the subtle physical is the real, and the physical around us is an illusion, a distortion of the true truth of things; an imperfection on the way to perfection. The subtle physical is already in that state.

-Looking out on the world we do not see things as they really are; only perceive the limits of existence through our limited mind. We are not conscious of things as they really are.

-Everything that comes into being at the material plane, comes from the subtle physical, passes through there.

-Moreover, everything in our future, including accomplishments to come is indicated there; resides there.

-The subtle physical is continually setting forth its qualities into the physical plane. Eg the sudden blossoming of trees, may be indicating good fortune to come. Having a subtle sense, indicates that you are able to see subtle formations unfolding in the material world.

-The subtle physical is concealing the greater, higher consciousness planes still.

-Sri Aurobindo lived in the physical plane, and had constant interaction with Mother, beginning nine years after he left.

-Mother seemed to indicate that the supramental being is there in the subtle physical, awaiting to manifest in the physical.

Physical and Subtle Physical

Everything that now exists in the physical/material plane once existed in the subtle (immaterial, invisible) physical plane.

Therefore all that will come to be in this life now is formulating and existing in the subtle physical.

For example, it is said that Sri Aurobindo, who left the material plane in 1950, is working out the Supramental Being in the subtle physical, which will one day manifest in this material life.

To Be Titled

We know so much about the material world, but so little about the immaterial, subtle worlds and their effect upon the physical.

Subtle Signs

To Be Titled

So many moment-to-moment Subtle Signs, Life Movements are occurring that we miss. They are constantly indicating what to do, and what not to do. Unfortunately, we are asleep, oblivious to their presence, lost on the surface of our lives.

To Be Titled

Life is communicating with us at every moment, through subtle and not so subtle signs, trying to awaken us to something Higher.

Beyond Opaque Perceptions of Life

The scientist, the materialist have little or no understanding of the subtle laws and forces that lead to outcomes, that govern circumstance in life. Nor can you teach them these subtle principles. At some point they need to spontaneously have the experience themselves. Then a bit of light will penetrate their opaque perceptions of the world.

Avoiding Grief at the Outset

Often we don't act to correct a serious problem until it dramatically presents itself. Then through suffering we painstakingly overcome the problem. However if we were conscious enough we could have perceived the problem in the first place, avoiding pain and grief. Subtle and not so subtle signs, indicators presented themselves, but we lacked the capacities to read them or the will to address them.

Perceiving Life's Subtle Signals on the Road to Vast Accomplishment, Joy

Life is constantly providing you with Subtle Signals, of which way to turn, how to proceed, what to avoid, etc. However you can only perceive them from a Deeper Consciousness. From the surface you are mainly picking up your own internal Ego signals of thought and emotion.

So why not build a true inner life, - a state of inner serenity and silence within, - while constantly opening to the spiritual Force above, and you will be continuously guided to the Truth; and as a result you will gain a personal roadmap that when followed will help you rise to the pinnacles of success and the depths of happiness.

Success

Formula for Unfailing Success

- Acquire knowledge of the whole
- Act from the highest values
- Organize time and energy
- Determined enthusiastic energy
- Unceasing effort

· Call Mother
(Karmayogi)

To Be Titled

Success depends on a deep Aspiration to achieve a goal, an intense will and desire for it to come about, the persevering effort to make it real, the psychological strength to overcome problems that arise along the way, the right attitudes and values, and the necessary skills and knowledge.

On Rising to The Pinnacles Of Success

We can apply this method to achieve anything: put the urge of our being behind it, seek the enjoyment of that experience, commit ourselves to the idea, work out the necessary plans, and release our full enthusiasm. Then if we add the one extra ingredient of relying on Mother and Her force, rather than on ourselves and our capacities, and with that Force we act, there is nothing in the world that we cannot accomplish.
(paraphrase of Sri Karmayogi by Ramesh Kumar)

To Be Titled

If dealt with in the right way, out of the negative can come new energy for success.

To Be Titled

When you are in Mother's consciousness, something or someone you have identified as significant, of great potential, that is now very obscure, unknown, soon rises from out of nowhere into great utility, success, renown, and fame.

Resenting One's Success

There are people who will be jealous and resent one's success, which may cause them to penetrate a chink in one's psychological nature. Therefore, it is best to remain humble in one's accomplishment, as well as not react to others' ill-will should it come.

Perfection Factors

How can we know the factors that we want to maximize in any work?

In any work we can list out all of the key factors that lead to perfection, and then measure to what degree we have reached the high end of the scale.

When we reach the highest level on each factor, we approach Perfection. As we approach and attain perfection, we witness startling positive conditions move in our direction.

In business we call it "Standards of Performance," though it applies to any type of work.

Consciousness is Ultimate Determinant of Success

It is not energy, skill, opinion, attitude or character, either singly or in combination, that ultimately determines the results of action. It is consciousness. As is the consciousness, so is the result.

(From 'The Book' page 379, by Garry Jacobs)

Reader: Thank you Sir.

All the factors (other than consciousness) mentioned appears to play their roles depend on the situation. Yet, how to understand that consciousness is the only reason? That consciousness means the combination of aspiration, motive, attitude of self-giving and so forth...?

To Be Titled

FAILURE can be great avenue for progress, though I am not sure we should seek it out! Rather, we should intensely seek PROGRESS, which begins as Aspiration. Most powerful when it originates from the deepest depths, the Psychic being.

To Be Titled

He who insists on Consecration in a problematic situation will be the ultimate determinant of a positive outcome.

To Be Titled

Aspiration is the source of all accomplishment in life. If there is Aspiration, the will, the power, and the knowledge will come to achieve.

To Be Titled

The great, vastly expanding companies and organizations of the present were in touch with the Future in their past.

To Be Titled

Being in touch with the Future is key to success in the present - whether organization or individual.

Go Within Rather than Outside to Accomplish a Work

Instead of going outside to organize a work, e.g. by planning, strategizing, connecting with others, et al; instead go WITHIN, where you will see that the work is organized at a Higher Level.

And if we go within to connect with the work, are in touch with that higher level, we gain enormous power over life, including its results.

In essence, when the ego doesn't act, when the mind, or the vital, or the physical doesn't act on the surface, something HIGHER acts and organizes life for success. We can say that it is Mother who is acting, taking over and bringing about an integral response.

It turns out that going Inside to accomplish a work, instead of on the surface is a spiritual challenge given to us by Sri Karmayogi.

To Be Titled

Too much excitement as a result of winning an account (or a match or any clear success) will often cause it to go elsewhere. Instead, when the agreement comes, be as calm as possible, offering the opportunity to the Higher Power. Now the energies will settle in, and it can be your account, etc. forever.

To Be Titled

Sometimes it's what you hold inside, keep close to one's heart and being, and don't share that has the greatest power for inner change and fulfillment.

Surface

Levels at Which We Relate to Others

In a given moment we relate to people by what they look like as they stand next to us or appear in a picture, etc.; and from there we judge their appearance, whether attractive or unattractive; and in a variety of other superficial ways.

On the other hand, the Higher Consciousness Individual does not just relate to the physical presence of another before them, but picks up on the feelings, their psychological status, the person's mind, even that person's soul and essence.

This is an indicator of how future individuals of a spiritual-bent will relate to others. I.e. through soul to soul connection that is supramental in nature.

Aspiration from the Depths

The deeper you go within, the more life responds to our aspiration. On the other hand, when we live on the surface, -- in our thoughts, and feelings, and outer initiatives -- the result is negligible, as the energy is not stored, but dispersed, preventing the "magnetism effect" of Life Response from taking shape.

To Be Titled

To solve the outer problem, best to go deeper inside (to silence) rather than doing things, expecting results on the surface.

To Be Titled

Surface living leads to Ego and Separateness. Living in Depths enables Harmony and Oneness.

To Be Titled

How can we have an Inner Life - with all the powerful and profound benefits it offers - if we are continually living on the surface?

Supermind

Ascent and Descent when Reaching Supermind

Please keep in mind that when we mention Supermind (in the evolution) we don't just mean that it is the ultimate plane of spiritual mind, but that when we reach, embody that plane, it supramentalizes all planes below it - including the Mind, our Vital being, and our Physical body (and for that matter all matter, substance in creation).

There is thus an Ascent and Descent dynamic occurring as we enter that plane, including Supermind.

To Be Titled

Only when we have the full mastery, full knowledge of Supermind can we truly, clearly, perfectly know what to do at the next moment.

To Be Titled

Sri Aurobindo says that Supermind has descended here on earth, is everywhere, is in everything, and is determining all things at every moment.

To Be Titled

Mind does not know the future, or truly understand the past. However, Supermind does.

To Be Titled

In Supermind there is no success or failure; only opportunities.

Creation Process Same for Divine and Us

Sri Aurobindo's comprehension of Reality explained as first Involution from a Divine Source to matter, followed by Evolution from matter to spirit is virtually the same process we follow when we successfully engage in a project or the smallest activity.

It is a process of first apprehending the goal through Mind (for the Divine it is Cosmic Mind/Supermind); then having the vital will and drive for its manifestation as real (for the Divine it is the conversion of cosmic Idea into Cosmic Energy); and finally physically executing strategies to make it happen (for Divine, it is the conversion and breakdown of Cosmic Energy into atomic existence, which appears as matter in the universe).

For the Divine, Supermind coordinates the entire process. For Man he can rise to intuition and then Supermind to engage in the process for perfect execution that formulates a miraculous-like Response from Life (sudden good fortune from out of nowhere).

To Be Titled

Sri Aurobindo worked to organize and densify the Supramental power for the earth before and after He left in 1950. Then in 1956, Mother, in a vision, wielded a golden hammer that set loose the Supermind to pour down on the earth, fulfilling Sri Aurobindo's cosmic efforts. That power is now available to each of us to Transform life.

To Be Titled

The Supramental has descended from the spiritual to the mental to the vital and now to the subtle physical plane. The last step is to bring it into the full material plane. It will be the means of material transformation, including willed immortality of individuals. That became Mother's mission in Her later years, as captured in Agenda.

To Be Titled

Mind as we know it no longer exists in the experience of Supramental Perception. A new formation, instrument of cognition is enabled. Sri Aurobindo called it Supermind.

To Be Titled

The only creation for which there is any place here is the supramental, the bringing of the divine Truth down on the earth, not only into the mind and vital but into the body and into Matter. (Sri Aurobindo)

Supramental Being

Supramental Transition

Mother says the transition from our human state to Supramental beings is as great as from the ape to Man. And yet some are secretly beginning to bridge that gap. Eg consistent experience of Life Response, including the use of the Mother's supramental Force, is a starting point.

To Be Titled

Becoming the Supramental Being is a bigger change from the current human being than the human is from the chimpanzee. Yet, due to our collaboration with the ever-increasing Force in the atmosphere, it is beginning to occur.

Evolution through Our Self-Evolution

The Divine itself has transformed and evolved as the Universe, and we humans are the extensions of that self intervention (Self-Evolution) of the Divine and its Shakti.

Evolution continues, and Beyond humans are evolving themselves as Supramental beings. We are moving from mind to Supermind. Hence Life essentially is for experiencing that Self -Evolution.

Sri Aurobindo tells us that All Life is Yoga, and every experience in Life, whether good or bad, is helping us EVOLVE.

(paraphrase of S.S. Sreejith)

Future Body of the Supramental Being

-In the evolution men and women are progressively becoming like one another.

-Mother says the supramental being would be sexless.

-She even became that herself several times in several startling subtle experiences.

-All current systems of the body - circulation, breathing, digestion, procreation et al - would be replaced with centers of consciousness.

-This personality would live as long as it wants.

Supramental Consciousness

Having All Perspectives Simultaneously

We only see our own position, perspective relative to the unfolding situation. Yet circumstance demands knowledge of ALL perspectives simultaneously. When we develop universal and then Supramental Consciousness we will have this complete moment-to-moment Knowledge of the Reality.

To Be Titled

When you are regularly opening to the Truth Consciousness (i.e. the Supramental), you spontaneously align yourself with forces that prove to be great successes; whereas in ordinary life, it is very much hit and miss.

To Be Titled

Synchronicities rapidly accelerating in one's life is indicator of oncoming Supramental existence.

To Be Titled

Supramental Perspective: there are no problems, only Opportunities.

Taking Other's View is Supramental

Do you know Karmayogi's principle of taking the other person's point of view? Even if they are wrong, it helps to embrace their position. Doing so, often has the effect of bringing them around to your original position!

It is to take the Supramental Perspective of the potentiality and reality of the many-sided truth of things, not just the part one knows.

It may be worth an experiment. It also puts one's Aspiration on a steadier psychological basis.

To Be Titled

Grasping the complete, many-sided truth of a matter from “out of thin air” is Supramental.

Supramental Power

Instantaneously Overcoming Any Life Limitation

There is a radical shortcut to overcoming the limits of time, the distance of space, the long-term problems of life, and all sorrow and grief. It is the power of the Force that when evoked instantaneously overcomes these limits. It is the miracle of tomorrow available today. It is Sudden Good Fortune through the Supramental Power that awaits our call in any given moment of our day.

To Be Titled

Sri Aurobindo, Mother, and Karmayogi ask devotees to give up Gods and Temples. They ask us instead to progressively, sincerely evolve our nature and open to the Supramental Power: Her Force.

To Be Titled

Put your faith in the Supramental Power, in Mother, and less in doctors and pills and all.

Supramental Resolution Creates Something Beyond Merely Merging of the Two Opposites

... this [supramental] Consciousness, where the two contraries, the two opposites are united, the nature of both changes. They don't remain as they are. It's not that they unite and remain the same: the nature of both changes. And that's quite important. Their nature, their action, their vibration are completely different the minute they unite. (Mother, from Agenda, January 21, 1970)

New Human Orientation and Functioning

The New Functioning in life is a total moment-to-moment reliance on the Supramental power, Mother's Consciousness; no longer depending on the mind, one's feelings, desires, intentions, et al. It is a totally new formation of the human being; a radical Reorientation and dependence, experienced at every moment.

Eg a device is not working properly and you have to remove it. However it is tangled up in a mesh of wires. In ordinary life you struggle to you find the right wire to remove. On the other hand by simply opening to Mother, the supramental power you instantly see the wire you are looking for and then easily remove it.

Or your computer does not start up correctly, which causes one's mind to be engaged in a myriad of ways to try to solve the problem. Instead you put your hand on the computer and call in Her Force, and this time the system starts up perfectly. Countless hours of struggle have been avoided.

In every aspect of your moment-to-moment life, you rely on Her. No mental interference, no anguish or pain, just a never-ending evocation of right conditions.

To Be Titled

Sri Aurobindo says that Supermind has descended here on earth, is everywhere, is in everything, and is determining all things at every moment.

Accelerating Actions of the Supramental Power

Q: With all the problems around us, who is aware of the Supramental power that Sri Aurobindo brought down to earth?

A: In South India and among isolated people around the world there is a rapidly growing awareness. But increasingly there is also a semiconscious or subconscious feeling that something is afoot, is awakening and being born in the world, despite all of the problems. (The problems may in fact even be accelerating that higher consciousness.)

Personally I feel the atmosphere increasingly densifying with that supramental power and action. Startling things were always there when opening to Mother and Her supramental power, but now that is rapidly increasing; miracles are becoming VERY common for those open to that

Consciousness. Constant Consecration (opening to Mother) has become the great means of evoking the continuously Miraculous.

To Be Titled

...in the body, whatever has trouble adjusting to this new Power creates difficulties, disorders and illnesses. Yet in a flash you sense that if you were totally receptive, you would become formidable.

(The Mother, from Agenda, May 6, 1972)

Comment: This too has been my experience.

To Be Titled

HE who explained the nature of Reality. The Divine Source of things. The process of creation from spirit to matter. The purpose of life and where we are headed. HE who revealed and brought down the transformative Supramental power into the earth's atmosphere. Who envisioned the next stages of human existence, culminating in a Divine Life on Earth.

Why does Mother, the Force set right life conditions when evoked? It is because it is the Supramental power, the Truth Consciousness, which knows what the perfection of the current conditions can and should be, and has the power to make it so.

Supramental Perception

New Mental Orientation When Stationed in Psychic

In the Evolution we shift from mind to the psychic being within, behind the heart. As a result, mind moves from mental churning to its spirit equivalent; where we have regular experiences of intuition, illumination, and then universal and supramental perception (truth consciousness).

To Be Titled

See the truths within the Truth, but also the truths buried within the Falsehood. It is another shading of supramental perception.

Supramental Perception of Subtle Signs

Subtle signs are constantly presenting themselves, indicating what we should be aware of, what we should or shouldn't be doing, and so forth.

Unfortunately, 95% of the subtle signs are missed by the average person. Even the considerably conscious person perceives only a very few in the course of the day.

As you develop your inner self, and see the correspondence between things, that percent rapidly rises. The Supramentalized individual is one who is in total harmony with his environment, and thus perceives these subtle and not so subtle indicators all the time. As a result, all his reactions are in the right direction. From within he is able to become master of the outer life.

Supramentalized Knowledge/Skill of a Subject/Capacity

As knowledge in the world expanded exponentially there was a movement to create categorizations of topics. Same with skills and the need for specialization. The world we see around us is like that.

However, now Knowledge and skill specialization has become so compartmentalized and isolated from the integral truth of that subject or work that it misses its true potential. As a result, now there is a vast need for cross-pollination of disciplines of knowledge and skill. That way the individual gets a holistic view of things. Eg the sociologist needs certain economics and psychology knowledge. The same for every other knowledge or skill.

And when he garners the cross-pollinated integral whole, details, and essence of a subject or skill, he gains the supramental view of thing, as well as an enormous capacity to bring about startling developments in any field. Also, life responds dramatically in the positive to that integral, cross-pollinated supramentalization.

This then becomes an ultimate challenge for education; to develop students with such extraordinary abilities.

To Be Titled

Mind as we know it no longer exists in the experience of Supramental Perception. A new formation, instrument of cognition is enabled. Sri Aurobindo called it Supermind.

Surface

Missing Startling Synchronicities

Life Response and its dozens of forms of synchronicity happen to us many times every day, however we miss THEM, because we are locked into our normal dense human consciousness, which does not perceive such subtleties, unless the event is very dramatic. And even then, 95% will be missed. That is why a new human species with supramental perception and consciousness will come one day, with this vast life response capacity to continually perceive and evoke the miraculous.

Surrender

To Be Titled

Mother acting through us for the sake of all around us and beyond is the highest relation we can have with Her.

To Be Titled

We are not here so Mother can fulfill our aspirations, but so we can fulfill Her's.

(And as a result She will give us that which is beyond our wildest imagination.)

Collaborating with Will of Divine Mother

The Divine Mother wants to manifest Infinity in Life; manifest the Supreme on earth and in each of us. And we are here as Her representatives to manifest Her Will in Life; to be the instruments that help create a Divine life on earth.

To Be Titled

To the degree we focus ourselves on the demands and influences of the society, we are controlled by the society. To the degree we give ourselves to Mother, we gain full control over life.

-When we surrender to the society, we surrender to Life. When we surrender to Mother we gain the power OVER life.

To Be Titled

Increasingly the only meaning and purpose of my life is to surrender to Her Force, Power, and Will.

To Be Titled

Hourly consecration is a movement that signifies the beginning of surrender. (Karmayogi)

To Be Titled

Surrender takes place when our psychic being gives itself fully to the Divine; to Mother.

Right Poise for Dealing with Intensifying Modern Problems

Everyone is increasingly under so much strife and pressure, and yet the old ways of dealing with life are no longer sufficient. The only answer lies by going deeper within, or surrendering to the Higher force above. That way life continually self-corrects in your favor.

Our skill or capacity lies within deeper. What skill one gains by practice can be brought by going within to the domain where the capacity is. That is Divine Power. (Nedumaran Ramakrishnan)

To Be Titled

As Sadhak (beyond devotee) one is closing in on Surrender; letting the Divine, the Mother, the Force work through one. Karmayogi says there is nothing to do in this state except wait for the Divine Signal, and then act accordingly.

To Be Titled

In the Sunlit Path we offer everything (problems opportunities, activities, our very lives) to Mother as life unfolds. It's simple really. But it requires real Faith. I.e. transferring our hopes, wants, expectations to Faith in what She will bring.

To Be Titled

The best remedy (I mean the easiest) for me, is: what You will – what You will, in all sincerity. In all sincerity. And then – then understanding comes. Then you understand. But you don't understand mentally, not here (Mother touches her head).

(The Mother, from Agenda, April 12, 1972)

Synchronicity

To Be Titled

If you look around you will see that Life is constantly throwing up synchronous circumstance, which are nothing less than minor (and sometime major) miracles.

To Be Titled

Synchronicities rapidly accelerating in one's life is indicator of oncoming Supramental existence.

Missing Startling Synchronicities

Life Response and its dozens of forms of synchronicity happen to us many times every day, however we miss THEM, because we are locked into our normal dense human consciousness, which does not perceive such subtleties, unless the event is very dramatic. And even then, 95% will be missed. That is why a new human species with supramental perception and consciousness will come one day, with this vast life response capacity to continually perceive and evoke the miraculous.

To Be Titled

Life is inextricably One, as it was/is One at the Source. Synchronicity reveals that Oneness in spades to an evolving consciousness.

To Be Titled

Synchronicities accelerating is an indicator of emerging supramental (truth) consciousness.

Taking Another's Viewpoint

Topic to be added to Facebook

To Be Titled

Taking the other person's viewpoint is the supramental view, as it opens one's consciousness to all sides, which is the way Supermind perceives existence.

The Force

Instantaneously Overcoming Any Life Limitation

There is a radical shortcut to overcoming the limits of time, the distance of space, the long-term problems of life, and all sorrow and grief. It is the power of the Force that when evoked instantaneously overcomes these limits. It the miracle of tomorrow available today. It is Sudden Good Fortune through the Supramental Power that awaits our call in any given moment of our day.

To Be Titled

Mother acting through us for the sake of all around us and beyond is the highest relation we can have with Her.

To Be Titled

Mother's Force is especially effective in solving our problem when it is accompanied by utter stillness on our part.

To Be Titled

Only the Mother and Her Force can save the world; though we can collaborate fully.

Reader: Indeed Sir! We can only play a perfect Instrument.

My or Everyone Job is to aspire to let myself or ourself make empty
So, thy will be done not my will or our will.

Response: Yes, sincere, deep Aspiration will attract Her Will to us.

To Be Titled

... this Power, this Might, which is NOT MATERIAL, is becoming more concretely effective on earth than earthly material things.

(The Mother, from Agenda, May 6, 1972)

To Be Titled

Mother communicated often with Sri Aurobindo after His passing, who was/is fully engaged in activities. Similarly, we are increasingly communicate with Mother, whose Force has greatly intensified since She left the material plane.

The Mother

To Be Titled

When you are in Mother's consciousness, something or someone you have identified as significant, of great potential, that is now very obscure, unknown, soon rises from out of nowhere into great utility, success, renown, and fame.

To Be Titled

Sri Aurobindo and Mother's teachings are so different from the Indian tradition, that scholars of Indian spirituality misread it. It has a radical modernism and evolutionary perspective that they don't appreciate, let alone grasp.

To Be Titled

Mother acting through us for the sake of all around us and beyond is the highest relation we can have with Her.

To Be Titled

We are not here so Mother can fulfill our aspirations, but so we can fulfill Her's.

(And as a result She will give us that which is beyond our wildest imagination.)

Mother's Unexpected, Unprecedented Solutions

There are times when if you offer a problem to Mother, She will not give you the solution you are after, but subtly points to an even better, unprecedented resolution. If you recognize and take it up, it will amaze, build up your Faith to a higher level, plus give a wonderful solution and opportunity that you can use well into the future.

New Human Orientation and Functioning

The New Functioning in life is a total moment-to-moment reliance on the Supramental power, Mother's Consciousness; no longer depending on the mind, one's feelings, desires, intentions, et al. It is a totally new formation of the human being; a radical Reorientation and dependence, experienced at every moment.

Eg a device is not working properly and you have to remove it. However it is tangled up in a mesh of wires. In ordinary life you struggle to you find the right wire to remove. On the other hand by simply opening to Mother, the supramental power you instantly see the wire you are looking for and then easily remove it.

Or your computer does not start up correctly, which causes one's mind to be engaged in a myriad of ways to try to solve the problem. Instead you

out your hand on the computer and call in Her Force, and this time the system starts up perfectly. Countless hours of struggle have been avoided.

In every aspect of your moment-to-moment life, you rely on Her. No mental interference, no anguish or pain, just a never-ending evocation of right conditions.

To Be Titled

Beyond adoring Mother is making the inner and outer effort to become like Her.

To Be Titled

Mother's Force is especially effective in solving our problem when it is accompanied by utter stillness on our part.

To Be Titled

Sole reliance on Mother is Astonishing Life.

To Be Titled

Only the Mother and Her Force can save the world; though we can collaborate fully.

Reader: Indeed Sir! We can only play a perfect Instrument.

My or Everyone Job is to aspire to let myself or ourself make empty

So, thy will be done not my will or our will.

Response: Yes, sincere, deep Aspiration will attract Her Will to us.

To Be Titled

Often we get overwhelmed by life. This is an indicator and opportunity to densify our relationship with the Divine; by remembering Mother (consecrating) more often - i.e. in the small details of our daily lives.

To Be Titled

In the Sunlit Path we offer everything (problems opportunities, activities, our very lives) to Mother as life unfolds. It's simple really. But it requires

real Faith. I.e. transferring our hopes, wants, expectations to Faith in what She will bring.

To Be Titled

Mother communicated often with Sri Aurobindo after His passing, who was/is fully engaged in activities. Similarly, we are increasingly communicate with Mother, whose Force has greatly intensified since She left the material plane.

To Be Titled

Sri Aurobindo worked to organize and densify the Supramental power for the earth before and after He left in 1950. Then in 1956, Mother, in a vision, wielded a golden hammer that set loose the Supermind to pour down on the earth, fulfilling Sri Aurobindo's cosmic efforts. That power is now available to each of us to Transform life.

The Unknown

To Be Titled

Willingness to shed the routine, doing the same thing over and over, avoiding what you fear, and instead journeying into and embracing the Unknown is key to attracting the next set of positive conditions in your life.

Time

Out of Step with Time

Too often people do not want to accept the natural flow of Time. Through forms of unconsciousness - wrong urge, impulse, attitude, action

- they interfere with time, falling out of step with it, creating confusion, interference, and other necessary breaches in the outcomes of life.

Soul and Past, Present, Future in Now

As we approach the evolving soul within, the psychic being, moment to moment time perception in the present shifts to Timelessness, or rather past, present, and future all together, fully accessible in the Now.

Perception of Time in Work

When you are mentally fully absorbed in a work, the time element seems to disappear. It is a subconscious, willful-less phenomenon. When you open to the Spirit you are Consciously bringing the timelessness of the Divine into the unfoldings and movements of time. Results are thereby sped up, made ultimately efficient in terms of time, and harmonized, divinized

Quantum Entanglement and Simultaneous Time

Science has a partial explanation of Life Response. Quantum Theory indicates that two particles on either end of the universe can instantly affect one another. If one shifts on one end of the universe, so will another on the other side.

This is the phenomenon of “Entanglement.” This indicates that when we raise our consciousness, something nearby or at a great distance instantly or very quickly responds in the positive.

Now Quantum physics has gone a further step, indicating that a change in the spin of a particle can cause the response of another at great distance over TIME. I.e. cause a spin in the present to affect the second particle in the Future or the Past.

It is essentially Entanglement across past, present, and future. That what I think or feel or do in the present automatically affects future or present circumstance; aligning ourselves with positive developments in both future and present. It also happens in the negative (negative life response).

It is another confirmation of Sri Aurobindo’s cosmic concept “Simultaneous Time,” which is one aspect of the nature of the Reality we

are capable of realizing as we grow in consciousness and move toward becoming Divine-like, Supramental beings.

To Be Titled

When you try to create progress in the present for the sake of the future, and there is a problem that arises, it may be a warning from the future not to pursue that course. However, if you consecrate the situation, such karmas can be dissolved.

To Be Titled

Don't judge the future by the present.

To Be Titled

If you are going to live for the future, you cannot remain stuck in the past.

Quantum Entanglement and Simultaneous Time

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It is essentially Entanglement across past, present, and future. That what I think or feel or do in the present automatically affects future or present circumstance; aligning ourselves with positive developments in both future and present. It also happens in the negative (negative life response).

It is another confirmation of Sri Aurobindo's cosmic concept "Simultaneous Time," which is one aspect of the nature of the Reality we

are capable of realizing as we grow in consciousness and move toward becoming Divine-like, Supramental beings.

To Be Titled

Intuition enables one to integrally connect with one's past, present, and future at once.

To Be Titled

The great, vastly expanding companies and organizations of the present were in touch with the Future in their past.

To Be Titled

Being in touch with the Future is key to success in the present - whether organization or individual.

To Be Titled

Through Life Response phenomenon one makes ultimate use of time, as what would normally take a lengthy duration happens in an instant, creating ultimate efficiency in life. The same for space.

Token Effort

To Be Titled

If you need work and are offered a small paying job, and instead of being disappointed and unwilling, you accept it, then before you even go on the job, a much larger opportunity will tend to come your way. In other words, shifting from unwillingness to acceptance, - no matter how small a matter, - opens up wider possibilities; i.e. the infinite potentials of life.

Transformation

To Be Titled

Along with great beauty, there is great misery in life. Our goal then is - through our higher consciousness - to overcome the latter, while heightening the former. It will take the full Will of one's Life's Purpose to help bring about that eventuality; that Divine change.

To Be Titled

The Call, Aspiration for the Higher to come into Life helps It descend into all planes of our being, enabling their Transformation, leading to ultimate Delight in the experience; Ananda.

To Be Titled

Being a serious practicing Mother devotee requires a persistent and sometimes intense courage and bravery, as you are continually challenged by the needs of the effort of transformation.

To Be Titled

Whatever sufferings come on the path, are not too high a price for the victory that has to be won and if they are taken in the right spirit, they become even a means towards the victory. (Sri Aurobindo)

Comment: Sri Aurobindo's remark is focused on those who actively seek the transformation of life on earth, not for the average person. He says that true seekers will understand their own suffering in the context of the reward of actively participating in the evolution of life on earth.

--

Eg Mother constantly felt pain due to negative influence of devotees around her. Still she accepted it as a means to further her own yoga by more fully relying on the Divine Will as means of developing greater faith.

Thus each serious devotee, and especially the sadhak will see the problems, the suffering, and pain in their lives as instrumental for their further growth, thereby furthering the evolution towards the earth's divine destiny.

To Be Titled

“It is the old methods of yoga that demand silence and solitude.

The yoga of tomorrow is to find the Divine in work and in contact with the world.”

(the Mother, from Agenda, January 27, 1971)

To Be Titled

.. as the Manifestation grows more perfect, the necessity of destruction decreases, to the point when it will disappear and will be replaced by the process of progressive transformation.

(The Mother, from Agenda, March 4, 1966)

To Be Titled

The only creation for which there is any place here is the supramental, the bringing of the divine Truth down on the earth, not only into the mind and vital but into the body and into Matter. (Sri Aurobindo)

True Self

To Be Titled

When we are in touch with our psychic being, our evolving soul, we experience our deepest, truest self from which originates our most original, unique, and dynamic thoughts and feelings and actions of being.

Truth

To Be Titled

Taking to the deeper truth, values behind a situation has a greater life response power than doing what is seemingly practical.

To Be Titled

Truth is buried deep beneath narrow-mindedness, ideology, frenzy, emotion, and ignorance.

To Be Titled

See the truths within the Truth, but also the truths buried within the Falsehood. It is another shading of supramental perception.

To Be Titled

Ignorance is partial knowledge. There is an element of Truth buried even in the most extreme error and falsehood.

(From 'The Book', page 212, by Garry Jacobs)

To Be Titled

When Truth is reversed for Anachronistic Viewpoint on a foundation of Conspirational Lies, Evil is afoot.

To Be Titled

When Mind refuses to accept the truth, Nature creates situations of emotional distress and even physical suffering to prove its point.

To Be Titled

The only creation for which there is any place here is the supramental, the bringing of the divine Truth down on the earth, not only into the mind and vital but into the body and into Matter. (Sri Aurobindo)

Universal

Devotees' Universal Power

Wherever a serious devotee of Mother wonders, Society breaks out in vast success.

It happened to one well known MSS devotee when he went to Moscow in 1989, and suddenly the Cold War ended. And earlier in the 60s he

attended university in Berkeley, where the student movement broke out, which then spread throughout the world.

It happened similarly for another devotee of Her's when his work was focused in Silicon Valley and environs in the 80s and later, causing it to break out into the greatest wealth machine in the history of the world.

Devotees have Universal Power if they learn to apply it; if they learn to open to the descending Force in the atmosphere; the Supramental.

When spiritual-oriented people turn to the good, the positive in a particular area, it tends to have a universal effect.

Life is tempting us to awaken in Consciousness because Life Itself is trying to awaken in consciousness, thereby fulfilling its Universal Purpose.

Having All Perspectives Simultaneously

We only see our own position, perspective relative to the unfolding situation. Yet circumstance demands knowledge of ALL perspectives simultaneously. When we develop universal and then Supramental Consciousness we will have this complete moment-to-moment Knowledge of the Reality.

To Be Titled

When we give up our limitation and smallness, including our egoistic self-concern, and widen ourselves to the Universal, we meet there the infinite Divine, in Its omnipotence and omniscience.

Universe

To Be Titled

When you want something with a pure heart, the entire universe conspires for you to get it... It's when you want or ask for something with

the best intentions for all and trust that the Divine energy will make it happen in the best way possible. (Salona Surjoo)

Values

Acting from the Highest Value in Whatever We Do

In whatever we do, in any area where we want to achieve unflinching success, we should act from the highest values that are possible for us. Be truthful, honest, clean, punctual, well-organized, generous, thoughtful, kind, and humble. We all know the list. These are not impossible things; these are human values which society has cherished as ideals for thousands of years. At least in this one area where we want to unflinchingly succeed, we should be capable of acting from the highest values. (Karmayogi)

What Do I Deeply Value?

Personal values are the ideals you hold dearly, emotionally, even passionately. What then do I [Roy Posner] deeply value?

--Sri Aurobindo's thought.

--Karmayogi's interpretation of His thought in all fields of life.

--Mother as power in the universe to enable all levels of individual and societal transformation.

--Their Knowledge spreading throughout the world.

--Emergence of New Global Society based on Their spiritual perspectives.

--Personal computer, Smartphone, and Internet revolutions.

--Inspiration of Steve Jobs' life.

--Progressive values of California.

--Prosperity of India.

--US moving beyond physical/material consciousness.

--Diversity of America.

--Individuality, thinking from the depths of one's self, above all things.

--Freedom, so we can all become true spiritual individuals and realize our infinite potential.

--'Unity in Diversity' as motto for the future.

--Life Response knowledge, experience spreading throughout the world.

--Works of Garry Jacobs, interpreting teachings of Karmayogi.

- My own works (books, thoughts, presentations, music, etc.), and it spreading.
- Perfection in works; Success in works.
- Mother's Service Society pioneering efforts in all fields based on Sri Aurobindo, Mother's, Karmayogi's, etc. teachings spreading around the world.
- Fulfillment of each person I know; clients I am responsible for.
- Sharing the joy of each person's success, happiness.
- End of greed, selfish political policies.
- Society moving out of its Ignorance, replaced with Integral Knowledge of the Truth.
- Humor and good cheer.
- Appreciation of great artists, achievers.
- Transformation of my own self.
- Harmony wherever there is discord brought about by higher understanding.
- Solution to all world problems through utilization of Supramental Force (Mother's Power).
- To get in touch with psychic being and call Mother from there to enable personal transformation.
- Discovering the inner powers to healthy, long-life.
- Supramentalization of Life. Divine Life on Earth coming. Being an instrument of this process.
(what then do you value?)

To Be Titled

It is said that what you do - in relationship to an issue, idea, etc. - is more important than what you say. However, what you deeply BELIEVE IN and ASPIRE to happen in the world are even greater than these.

To Be Titled

Taking to the deeper truth, values behind a situation has a greater life response power than doing what is seemingly practical.

To Be Titled

If only we could be idealistic, noble, and aspirational for a Higher Cause, it would give great purpose and meaning to our lives.

To Be Titled

High Ideals turn into institutions and products that shape and elevate the world.

Vision

To Be Titled

There is a deeper seeing from within
A greater vision meets us on the heights
In the luminous wideness of the spirit's gaze.
At last there wakes in us a witness Soul
Then all assumes a new and marvellous face:
(from Savitri by Sri Aurobindo)

World Unity

India as Arbitrator in New World

I believe India will increasingly become the great arbitrator of differences and disputes in that region (Asia) and outside it; on its way to becoming the "Guru of the world."

To Be Titled

Just beyond the Darkness -
the contradictions
and divisions -,
a Unified World
is being born

Work

Living for Others

Live for others in a work in a smaller domain and life will respond and give you the opportunity to live for others in a much larger one.

Perception of Time in Work

When you are mentally fully absorbed in a work, the time element seems to disappear. It is a subconscious, willful-less phenomenon. When you open to the Spirit you are Consciously bringing the timelessness of the Divine into the unfoldings and movements of time. Results are thereby sped up, made ultimately efficient in terms of time, and harmonized, divinized

Youth

Young Minds, Old Minds

Though they may not fully understand the wisdom, young minds are often far more receptive to knowledge than old ones, which often become crusted over.

And yet when old minds open up, a new chapter of their life is born, can suddenly blossom, in ways no one would have imagined.

To Be Titled

Youth enjoys dissipation of their vast energies as they are not conscious of the means to positively absorb them. Conscious youngsters are the exceptions.

To Be Titled

The Knowledge that comes through Education absorbs the vast energies of youth for productive use, instead of their normal animalistic propensities. The deeper the knowledge, the greater the energy

utilization result. The greater the energy utilization result, the more life cooperates with each act.

Other Facebook Groups and Booklets

To see the collection of Facebook Groups created by Roy Posner, along with their respective booklets, click [here](#).

Upd: Dec 01, 2018