

INSPIRATIONS



mini-thoughts, insights, essays
on human evolution & transformation

Roy Posner & MSS

Inspirations

2012 to Present

(entries are through 2019)

entries are by Roy Posner unless otherwise indicated

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2012

On Negatives of Politics

Politics, as it is practiced, is a low and ugly thing, wholly dominated by falsehood, deceit, injustice, misuse of power and violence; because to succeed in politics one has to cultivate in oneself hypocrisy, duplicity and unscrupulous ambition. (The Mother)

Universe Setting Our Priorities

We must have our priorities in the right order. It should not be determined by what we want or that gives us pleasure, but what the universe requires of us now -- practically and for our progress. Therefore, think about your own life. Are your priorities in the right order? If not, what needs to change? If you know what that is and how to do it, fully commit to making the necessary adjustments. When you then make that effort, life will respond and support you at every turn.

Further Comment: It is good to be flexible to another's time. Still it is good to be organized and focus on what is most important in one's life; yet always being aware that change is normal. If one has a deeper poise that allows for inner calm and to be "Silent Witness" to all that is occurring around one, you will always be alert to what should take priority.

Buddha's and Jesus' Messages as Avatars

Buddha brought a level of inquiry into the cause of human suffering that was never there before in such a profound manner. Attainment of Nirvana and overcoming attachment to things was His way out. Compassion towards others was the human behavior he thus advocated.

Jesus brought Love to the world in its highest form in a broad way at that time when it was so lacking and necessary.

Hence they were both Avatars; bringers of something new for the world that is so needed by that culture in that time.

Shifting from Attention to Spiritual Means that Overcomes Illness

The more attention you give to your illness, the more you energize it; the worse it gets. Move to a deeper poise of calm, and the cells will relent; illness will give way. Visualize light or the rain of the Divine Force in that area and it will disappear.

Remain Humble in Your Role in Success of Group

If you are the cause of a success in a group, and seek to make it known, you reign in the chances of future success for everyone. Stay humble, accomplishment will accelerate.

Developing a Universal Consciousness

We only perceive things relative to our own selves. We do not readily know how moment-to-moment or ongoing circumstance affect the wider sphere of life and people around us. It is due to the limits of our ego and the finite capacity of our minds. However, a Universal consciousness perceives just that: all things, entities, forces, and forms in relationship to whatever is occurring. A Supramental consciousness goes a step further and perceives a deep unity among those things one universally comes to know.

Attracting Success through Various Means of Higher Consciousness

Success depends on your innermost values, including how one values effort in space and time. If you believe you can overcome space and time from within and attract great results without intense effort but through inner consciousness of focused intention, right attitudes, and spiritual force, then you will.

Success Merely through Positive Attitude

Many individuals without unique skill, capacity, or creative ability have succeeded greatly just by the power of a positive attitude; through their optimism; as a result of simply remaining cheerful.

Consecrating before an Event Is Minimum, and Attracts

Before you engage a client, or meet someone, or otherwise partake in something important, try to offer it to the Spiritual Force. All will work out for the best. This is the minimum we can do to live a spirit-oriented life. It is the act of Consecration, which never fails to quickly produce a uniquely creative, positive result.

Comment by R: Mother's Grace... Awesome Sir! .. I would like to share the experience of one of our Mother Devotees.. in this regard...This gentleman had some problem mainly regarding his retrenchment ...Yesterday he was called by his Boss for a meeting.. Before seeing his boss he consecrated to The Mother about this problem and went for the meeting... The meeting went on almost for an hour, but to his surprise the Boss was talking to him casually only and nothing connected with his job or any problem!!!!!!!!! THE EFFECT OF SPIRITUAL FORCE

Withdrawing Complaint at Levels

Withdrawing complaint from expression at increasingly deeper levels -- not speaking it, to not feeling it, to not thinking it -- attracts tremendous positive response from life.

No Title

Through each of us, the Infinite Consciousness is looking out at Itself.

How Our Consciousness Perceives Problems

The problems that come to us are the means for our further progress. In a lower consciousness, they are perceived through intensity of experience. In a higher consciousness, they are perceived as opportunities and means of delight.

Seek Progress Above All Things

Give up all personal seeking for comfort, satisfaction, enjoyment or happiness. Be only a burning fire for progress. Take whatever comes to you as a help for progress and make at once the progress required. (MSS)

Seek Psychological Cause When Mother Doesn't Respond

If you offer a problem to the Mother and conditions don't materially change, then it is likely that you need to seek out the psychological cause of the issue, and make the necessary inner change there.

Growing as Person Is What It's About

It is not about accomplishing, but about growing as an individual, which invariably attracts the necessary opportunities and success.

Comment by Padma: It is Divine's way to give us an opportunity to evolve when our prayers are not answered in some issues. We are lucky to have Mother and Karmayogi's works which help us understand such difficult philosophies which we may not attempt to learn otherwise.

Knowing the Process Eases

Once you know the process of something, its execution is immeasurably easier.

Comment: The process is its underlying, inherent, internal organization and truth.

Remove Ego, Don't Try to Elicit Praise

When you remove that sense of Ego when examining information from others so that you are not trying to elicit praise for yourself about your involvement, but simply care about the issue at hand, you quickly get feedback that in fact supports your positive role in the matter.

Subjectivity, Relativity, Objectivity, Absolute

Subjectivity is relative; objectivity is absolute.

Comment: Subjectivity is not absolute fact. It is one's impressions; one's subjective view of things. The truth is then Relative to the person experiencing it. On the other hand, things that are absolutely true, are fact, that truly exist are Objective. It does not depend on the person experiencing it. It is Absolute.

Acceleration of Consecration Resolving Problems

One difficulty, challenge, issue after another is being resolved in MINUTES through Consecration -- instead of the normal hours, days, weeks or never. It is a wonder that is accelerating!

Consecration, to Psychic, Supermind, Perceiving the Reality

Through constant Consecration one reaches the Psychic Being, thereby dissolving ego, enabling the mind to soar and experience Supermind and its unity consciousness that perceives the true nature of the omnipresent Reality, the All.

Irrational Rationality and True Rationality

What people call being rational is to think with their vital and physical needs, wants, desires, urges, and compulsions built into their logic. Pure rationality is above these. It is to engage in logical reasoning based on the true truths of things, not inner psychological prejudices and demands. Spiritual mind is above these still, where knowledge comes without thinking.

Recreating the Unity of the One and the Many

Out of the undivided One came the divided Many. Together in their unity, they make up the Reality, Brahman, the All. Our role on earth is to open to the higher consciousness in order to bring the One -- including its divinity -- back into the multiplicity and infinite diversity that is the Many.

Our Oneness with the Universe

The ego consciousness makes the individual feel completely separate from the rest of the world while in reality the individual is actually one with the universe in essence and creates by the very same process of creation that the universe uses. Though the individual feels small and petty before the vastness of the Universal consciousness, the universe does not feel the same way about the individual and treats him as very important to itself. Difference in size is immaterial to the universe and what it is keen on is to manifest its universal powers through these individual centres. This explains the phenomenon that we see occasionally of individuals succeeding in doing things that have universal effects. (Garry Jacobs, MSS)

Unprepared Rising in Negative Atmosphere Annihilates

If you try to rise up in a negative atmosphere where you also are not inwardly prepared, life will bring forth circumstances that can crush you out of existence.

Shifting Away From Attention to the Negative

When we focus our attention on something, it gets energized, whether the condition is good or bad. Therefore avoid focusing on problems, otherwise they will get intensified. Focus instead on solutions, or not thinking about it at all. Best to open to the spiritual Force, offer the issue to the divine, say 'Thy Will Be Done,' have complete faith in the solution, and forget about the matter. Life will respond exactly as necessary.

The Vital Power Behind Accomplishment

Our mind has knowledge and thought has clarity. But the power for accomplishment resides not with our mind but with our feelings. In the spiritual system devised by the Indian yogi Sri Aurobindo that part of our being that contains our emotions and nervous impulses has been described as "The Vital". It is this vital centre that releases the energy for accomplishment. The body is the seat of power. But that power is locked up within the body and is not easily accessible. The vital has the capacity to release that power if its enthusiasm for accomplishment is aroused. The vital is the centre of human existence. (Garry Jacobs, MSS)

The Unfolding Of Consciousness in the Planes of Life

Matter is not the basis of creation. Rather, a conscious-force or a formless consciousness is behind all visible creation. According to Sri Aurobindo, that formless consciousness has inverted itself and became matter in the universe. Out of this matter it has slowly evolved and manifested life and then mind. Life and Mind could evolve out of matter because they are already buried in it.

Life is a limited expression of consciousness. Mind is a partial and divisive expression of consciousness.

Unified, Not Divided State of Consciousness of Universe

The basis of creation is not an infinite number of divided and separate entities. It is actually a unified field of consciousness that holds all things together as part of one large whole and is aware of a unity amongst all of them.

This unified state of consciousness was not confined to the beginning. It is the reality even now and this is what actively supports the infinite diversity of the creation on the surface from behind. (Garry Jacobs, MSS)

The Aspiration of Society and the Universe

Just as the society has a subconscious aspiration of its own, so does the universe have an aspiration of its own which it seeks to fulfill through the individual acts and aspirations of millions of people like us. As society seeks to evolve by fulfilling its aspiration through the acts of individuals, so does the Universe also try to foster its evolution through the acts of its inhabitants. (Garry Jacobs, MSS)

Spring to Top from Depths

Often when sports teams and other organizations rise to and dominate at the top, they had just sprung forward from the depths of absolute rock bottom. This is also true for all collectives, and us.

Peace Inside Overcomes Social Problems

Peace inside, not anger will overcome a daunting social problem in the very best way.

Consecrate Negatives as They Arise to Avoid Future Consequences

Immediately consecrate any negative that comes up, even the smallest thing, because it is likely to repeat or be a predecessor and indicator of something wanting to come, which can be much worse. Through that consecration effort you catch and overcome the mischief of tomorrow.

Power of Non-Insistence Over Insistence

Bothered insistence delays, cancels, or is not responded to. Better to practice non-insistence and forget about the matter altogether, which quickly evokes response to your surprise.

Difficulties that Make You Strong

Confronting and resolving difficulties makes you psychologically stronger. Such inner strength and fortitude is key to success in life.

Looking for India Discovered America

European explorers in the 15th century looking to find a shorter passage to India instead discovered America. Can we therefore say that India played a vital role and subconsciously helped America realize herself?

Nature Allows the Negative for It to Be Rejected Outright

Nature keeps/allows negative forces to remain in power so that their philosophy/modus operandi can be understood for what it is and rejected outright once and for all.

Outrage Attracts the Negative

Don't be too outraged by a social injustice, for a dog may suddenly come upon you and try to bite your leg!

Holding Back Moves One Forward

The more you hold back, the more you go forward.

Comment: It's the power of non-initiating which attracts overwhelmingly. We know the power of initiating. It's how we live our lives. Yet most of our initiatives we instigate fail, as they are not given by, sanctioned by Life. However, Life's own initiatives that come to us, like opportunities, rarely fail when we take them up. In fact, we should do everything we can to insure we embrace those movements of Grace from the plane of Life.

No Title

Consecration IS the work. (Sri Karmayogi)

Managing the Way You Feel to Attract

By paying attention to the way you feel, and then choosing thoughts that feel the very best, you are managing your own vibration, which means you are controlling your own point of attraction -- which means you are creating your own reality. It's such a wonderful thing to realize that you can create your own reality without sticking your nose in everybody else's, and that the less attention you give to everybody else's reality, the purer your vibration is going to be -- and the more you are going to be pleased with what comes to you. (Abraham)

Comfort Zone

Stepping out of our comfort zone makes us more comfortable.

The Highest and Lowest levels of Society and the Universe

The Universe can be compared to society in the sense that like society it also has many layers. In a society at the highest level there will be people and organizations dedicated to peace, world unity and promotion of prosperity etc. At the lowest level there will also be criminal elements that are eager to make money through whatever means available out of their greed for money. Those who are positive and good natured would like to connect themselves to people who are also at a positive level and avoid those who will bring harm.

Like the society the Universe also has many levels. The highest levels are beyond the range of our human consciousness and they can be said to be superconscious. The lower levels of consciousness are lodged deep in our subconscious and can be taken to represent our primitive and animal past. It is forces that issue from this level that are responsible for destructive wars and genocides that give expression to human hatred and taste for violence. In between are the normal social forces that guide social activities and maintain ordinary social values. (Garry Jacobs, MSS)

Power of Non-initiative

The ego consciousness allows an individual to function as a separate person and provides a point of concentration for the universe to evolve through it. That is the original spiritual purpose behind the formation of ego. But it is also very much true that the power of the universe is much vaster than the power of the ego. The universe gets a chance to act when the individual refuses to take any personal outward initiative. The universe enters the scene of his life when he eliminates egoistic initiatives and thereby allows the universe to act in his life.

A young Dutchman who was interested in spiritual pursuits was advised by his Guru to upgrade his educational qualifications. Therefore he took some efforts to secure a graduate degree. That inspiration continued and helped him to secure an M.B.A degree also in Business administration. As he was an idealist he began to give donations to an international academic organization that was devoted to causes like the spread of knowledge and world peace etc. That organization conferred on him an Associate Fellowship which he never even dreamed of. His spiritual mentor advised him to take a Ph.D so that he may someday qualify for becoming a full fellow of that international organization. He hesitated for years and finally registered for the Ph.D only a year ago. Even before he began his research work the organization he was devoted to awarded him the desired Fellowship. His mere willingness to take a Ph. D brought him the result even before any serious work was done.

When the goals that we are seeking are beyond our capacities, at some point we give up our efforts and forget our aims. Life waits for that point of time to come. When our ego gives up its efforts the door opens for the universe to enter inside and accomplish for ourselves what our egoistic strength could not deliver. This truism is well-brought out by a sequel to Alexander Dumas's novel "The Three Musketeers". When Charles I the English King was executed by Cromwell, his young son escapes to Holland where he lives a lonely impoverished life without money or supporters. He approaches Young Louis XIV of France with a request for money or troops with which he can hope to regain the throne that he lost. Louis turns down the request and with that the last hopes of the young prince got dashed. It is at this moment of despair that a French courtier informs him that his father had secretly hidden away a lot of his treasure and that it could be retrieved now to finance his campaign for regaining his throne. From that point of time events turn in his favor and the young English heir is able to recover his throne without even spending all that money his father had hidden away. This sequence of events shows very clearly how life was able to help the young English prince once he withdraws his egoistic initiative and allows the universe to enter into his life and do what it can to deliver the goods. (Garry Jacobs, MSS)

Perfection in Detail Attracts

Many people who conceive of great projects focus their attention on key issues only and tend to neglect small details. But the fact is that great accomplishments require perfection at the level of details and those who neglect this area see that their accomplishment is vastly reduced. The infinitesimal appears small in our eyes and the infinite looms large in our eyes.

But spiritually both the infinitesimal and the infinite are one and the same. Those who take efforts to achieve perfection in detail know how much energy it demands. Writing perfect accounts that take care of the last paisa or cent, keeping one's premises clean, typing letters without one printing mistake and paying attention to all guests who come in are very demanding tasks that require our constant alertness and effort.

The General Manager of a small cool drink company that was operating in South India applied for the franchise of a big multinational to set up a distribution in their region. The G.M took great pains to write that letter in an error-proof manner on a clean white paper and sent it in a nicely folded envelope. He was greatly surprised to find that his small local company was selected for the franchise in spite of competition from much bigger contenders. When he asked the head of operations in India for that multinational why his company was chosen, the head replied that it was the neatness of his letter that decided the choice in his favor.

Small imperfections like typing errors, wrong movements that knock down things, loud noise, scattered materials and misplaced articles are all acts that disturb our harmony with the environment. The easiest way to great achievement is therefore to make every small act as perfect as possible. When one senior IBM executive remarked that "God is in the details" he was hundred percent right in what he said. (Garry Jacobs, MSS)

Silent Will

We are normally tempted to speak out to others about our wishes and goals little realizing that by doing so we are only wasting our energy. Speaking demands energy and energy spent in speaking out is therefore lost and is not available for accomplishment. The more number of persons we speak out to the greater is the loss of energy. More over all the people who feel the pride and importance of speaking about the great things that they are planning to do lose a lot of energy by that act and find that there is no energy left for actual accomplishment. One has to restrain oneself to speaking about his or her plans only to those who have good will for them and who are capable of guiding them in the efforts they are taking. Speaking out to those who feel competitive and who have ill-will is a sure way of ensuring the failure of one's projects. (Garry Jacobs, MSS)

Self-Givingness that Overcomes Ego

Self-giving is even more powerful than good will as a means of getting rid of ego. Self-giving involves doing good to others without expecting anything in return. The expectation should be absent in thought, feeling and act which is actually a very serious yogic discipline. The service can be to a person, an organization, ideal or god but the rule is the same. (Garry Jacobs, MSS)

Goodwill that Overcomes Ego and Attracts

A good way to overcome ego is to feel intense good will for another. A person has good will for another when he can take joy in the success and accomplishment of another. Egoistic people do not easily feel goodwill for another person. When others accomplish more the egoistic person feels as if he has become smaller. Therefore the best way to get out of ego is to wish for the success of others. The goodwill that we generate for the welfare of others can widen our own receptivity and bring the same luck and progress to ourselves also. (Garry Jacobs, MSS)

On Ego

The ego makes us feel separate and isolated from the Universe. That may make us feel fine, but our power is that much diminished. When we break out of the confines of our ego and open ourselves to the universe our power increases greatly. Truly speaking our self is one with the infinite self of the universe and realizing that will confer on our being much greater powers for accomplishment than it has now. An ambitious businessman who is keen on earning more and more money may be doing it all for himself. But his ambition widens his personality and to that extent he comes out of his ego. All those who are constantly striving to accomplish more and more are doing something positive in that what they are doing is

helping them to come out of their ego and align themselves more with the wider universe with which they are secretly one in essence.

The ego was once a helper but has now become a bar. It helped us to emerge from animal unconsciousness to conscious human mentality. But now when we want to go beyond the human level to something higher it now stands in the way. The methods of cheerfulness, faith and gratitude that "Secret" advocates are all methods that can help us break out of the ego. Constant cheerfulness is a very difficult condition for the ego to maintain since not all things that happen around us are to its liking. A faith that makes us feel that what we have prayed for has been given to us right away is also a powerful movement that breaks our ego. The ego is full of discontent and impatience. So any feeling of fulfillment that comes to our personality is a move away the ego. Similarly gratitude makes us think about others and what they have done to us and in that way diverts our attention from ourselves to others and thereby frees us from ego also. (Garry Jacobs, MSS)

Leveling Off After Making Progress Due to Old Consciousness

[Sri Karmayogi in an article says -when there is an idling or leveling off in an otherwise progressive life or even persistent problems is the reflection of persistent old consciousness rooted in us. ...]

When we ascend to a higher plane, a descent is necessary to saturate the lower planes for the completion, the fulfillment. Thus when we rise and level off, we might not have saturated the lower planes. Or the original rise was not integral, wide or deep, in the first place.

We have a physical consciousness. It drags us down. Devotees of Sri Aurobindo used to complain about flatness that followed inspiration and spiritual progress. He said it was normal; as the being settles back into the physical consciousness, where it feels as if the original inspiration that first propelled us upwards never happened. Bhagawan asked the followers to be patient and cheerful, and the higher consciousness would return and then some.

There is the possibility then that the physical consciousness flattens out the progress we make. But that may be due to the fact that the ascent is not full to begin with or the descent of that higher consciousness/values as related to that that development has not penetrated and saturated the lower planes.

Consecration that Evokes Supermind that Perceives the Reality

In Supermind there is the unity of Action, Knowledge and Love, and thus the omnipresent Reality is established, and we experience the eternal Now. It is established through Consecration, where our consciousness touches the psychic being within and evokes Supermind.

There the ever-present reality is established and we instantly we get result. When our focus is in our result, we get intermittent glancings of the supermind. Instead, if our focus is only towards super mind expectations, the ever-present reality is possible. There the work is called surrender instead of consecration. (Thanks to Nedumaran Ramakrishnan)

Education and Inner Self-Discipline (Not Obedience)

Discipline imposed from above teaches you not discipline, but obedience. The obedience may continue as a behaviour. When the circumstances of obedience are removed, it may turn into disobedience if it was unwillingly accepted.

Any discipline is worth the name only when it is self-discipline. By self-discipline we mean we accept what we understand. To elaborate that, the body accepts what the mind understands. It is generally an imposition. The mind never tries to educate the body. It tyrannises over it.

When the spirit in the body emerges, it cannot be tyrannised because it is the flowering of the higher in the lower. So the best discipline we can conceive of is the self-discipline of the psychic.

When you resist self-discipline, it exhibits an enjoyment of what is - that is the dark crude rigidity of the nerves in the body.

Education, in the best sense, must offer all social, psychological circumstances for the child to acquire self-discipline. It is for this reason that it is necessary for the individual to become a spiritually awakened individual. Man matures by self-discipline. The soul evolves by refusing to be disciplined. The only discipline the Spirit accepts is total freedom. (Karmayogi)

Training vs. Education

Training and education are synonymous. The word training is used more in the physical plane. Education is used in the mental plane. Sri Aurobindo says the present civilisation itself is a revival of a past civilisation destroyed. Therefore, all the faculties we need to develop hereafter are there in the subconscious memory of the earth. So, training is only a process of bringing to the surface what is there in the subconscious.

There is a difference between education and training. In education, we give the idea to the mind. Mind on its own internalises the idea. Then we say mind is educated. In training, we compel a man to repeat a thing until it settles down as a fixed habit. Training is the education of the body; education is the training of the mind.

Training vs. Teaching vs. True Knowledge Garnering

Training is a physical method. Teaching the mind is a mental method. Evoking the Spirit and allowing the child to Grow in knowledge is a spiritual method.

Training vs. Guidance

Training is for Methods; Guidance is for the soul that shapes

On Training

Making the training during this minimum period less rigid, authoritarian and dogmatic is necessary.

Conditioning, Training, Learning

As training is preferred to conditioning, learning is preferred to training.

Conditioning is Man getting a fixed habit not by his own conscious acquisition but as an unconscious result.

Conditioning being subconscious is of lower efficiency than training which is consciously acquired.

Training gives the ability to act all the time without instruction.

Learning is a conscious process of the Self undertaken by one's own mental initiative.

Higher mental energy is needed to learn oneself.

Training can be planned in such a way so that what begins as training gradually ends as learning. (!!!! -Roy) Such an effort, whether it is successful or it, will certainly prevent the training from degenerating into conditioning.

Learning needs higher mental energy while training needs only lower mental energy. (Karmayogi, extracted from various parts)

Affection and Training

As cheerfulness is a greater foundation than discipline, affection is greater than training. Our school gives the child cheerfulness issuing out of affection. It is one thing we aim at affection and succeed in getting it. It is another thing affection sprouts in the atmosphere.

Global Disasters Indicate Man Must Cooperate

Sri Karmayogi indicates that the Economic, Financial, Environmental, Natural, War, Terrorist-induced, Disease-oriented, Poverty, Unemployment disasters shows that Man needs to cooperate to solve the world's problems. He advocates a World Parliament or similar.

Everyone pulling in their own direction is only attracting worse conditions. The time is ripe for collaboration and further human unity.

God and Evolution

God's plan unfolds through Evolution.

Stock Market Speculation and Lack of Control Attracts Negatively

Stock Market emphasis of Wall Street has been attracting very negative circumstance to that region for over a decade.

Further comment: The problem is that they have passed no laws to rectify the problem, which means it could happen again -- in an instant. This is why Hurricane Sandy came to the US; because of her lower consciousness inability to do something -- i.e. take action -- about an extremely serious matter that threatens the world economy. The US is far too indifferent and nonchalant about this issue. With extremely rapid trading of derivatives and such, the world can quickly be brought to its knees.

Dishonest Man

It is more difficult to make a dishonest man honest than for a stupid man to become intelligent. (Karmayogi)

On Paying Back Creditors

As Shri Karmayogi says, we must not lose the Good will of people. We must pay back the debt from the creditors who actually have Good will towards us.

How many of us are willing to loan money to another? We would rather deposit them than risk the money. In that way, the creditors are great risk takers, adventure seekers and good willed people, contrary to our popular belief that they are money minded individuals.

If we take this other man's point of view of the creditors we may feel the urge to pay back the loans and have rich emotions towards them instead of dry, hostile emotions. -DC

Man's Supramental Future

The animal is a living laboratory in which Nature has, it is said, worked out man. Man himself may well be a thinking and living laboratory in whom and with whose conscious cooperation she wills to work out the superman, the god. (Sri Aurobindo)

Man Later Chases What He Rejects

-Man refuses vehemently what he will soon court.

-Man refuses now what he will run after later. (Sri Karmayogi)

Delight in Another's Life

-To delight in another's triumph is self-giving.

-To delight in another's joy is spiritual. (Sri Karmayogi)

Positive Attitude and the Small/Greatest

In positive attitude, the smallest becomes the greatest. (Sri Karmayogi)

Selfish Work Postpones

Approaching a work through small selfishness postpones it. (Sri Karmayogi)

Collaboration Brings Many-Sided Truth

Multiple individuals working to solve a problem or garner an opportunity brings us closer to the many-sided Truth of a thing, which is one of the primary, if not THE primary spiritual attribute. To the degree one is in unity with each and all others, one creates Unity, which is a divine attribute of Truth.

From Mental to (Higher) Satchitananda View of Things

[Satchitananda is the first poise the Infinite, the Beyond Knowable takes on its way towards emanating a universe out of itself. It is the highest plane we can rise to. It is the experience of Spirit, Truth, and other spiritual aspects.

Satchitananda is actually pure Existence/Being (Sat), that then becomes conscious of its being, which releases a Force (Chit), a Conscious Force; which Delights in its existence and force (Ananda). Space and time and creation emerge from the conscious Force.

Here N. Ashokan, son of Karmayogi explains the difference between the experience of life through Satchitananda vs. our ordinary Mental consciousness. Thanks to www.karmayogi.net]

Reversal of Consciousness

Reversal of consciousness is what happens when you shift from lower mental consciousness to higher Consciousness of Sacchidananda. For example, when you are in mind, everything appears divided, but when you shift to Sacchidananda everything appears as a whole. In mental consciousness one sees everything from the present perspective only. But if you operate at Sacchidananda, you see everything not only in the present, but in the past and future also.

What looks to be a great evil, from a higher point of view may not look all that evil. For example, war is looked upon as a great evil from the mental point of view. But for a person at the Sacchidananda level. war will appear as a great act of purification of human consciousness like the refining of crude ore into a pure metal. The death of a close relative leaves the ordinary mental man in great distress. But the man at the Sacchidananda level sees that the journey of the soul in this body is over and he accepts calmly its decision to shift to a new body without the grief that the mental man is plunged in.

The partial, time-bound and duality-ridden ordinary mental consciousness changing into the whole, eternal and duality-exceeding consciousness of the Sacchidananda is what is called a reversal of consciousness. The man operating at the higher consciousness sees the world as a marvel while the man operating at the lower consciousness sees it as full of poverty, evil and suffering.

Non-Attachment & Interference Guidance Succeeds for Sports Team

It was enjoyable guiding the local San Francisco Giants baseball team to the world championships from within; as they overcame seeming impossible odds and adversity. My main strategy and approach was practicing Non-attachment and Non-Interference. When I did, life cooperated out of all proportion on their behalf. In this case, to be a fan meant withdrawing desire from the result, which in the end attracted that very thing.

Take Responsibility for Everything

Take personal responsibility for everything in your life. Even the worst actions of others around you. Even war. Never blame. Change the world outside yourself from within by changing yourself. The outer will then change in kind. It really does work this way!

Remembering Reconstitutes

When we recall something of higher consciousness or formation, that quality instantly reformulates itself in some form before our eyes. E.g. earlier today I thought of the fact that a 2-page proposal a group of us had developed had turned out so utterly perfectly. At the very instant I looked up from having that thought, I saw a sign in front of a store that said they do perfect work, with the word PERFECT standing out like something highlighted.

Negative Attitudes, Emotions Dynamic

A negative attitude can trigger negative emotions, and negative emotions can reinvigorate a negative attitude. It works both ways

Offering Negative Emotions

For every negative emotion you feel, offer it to the Divine Mother. Your mind will be soothed, outer conditions will ease, and long-term benefit to your psyche will be felt.

Inner Keys for Change in Complex World

Unless we discover the keys to inner peace, and the subtle, spiritual methods that set right outer conditions from within, people will increasingly fall apart in an ever accelerating, ever more complex world.

Experiencing Satchitananda in Our Nights

Sat-chit-ananda -- pure existence, consciousness that is a force, and delight -- is the source of All and is also hidden, involved in the essence of our being. However, we can come in contact with it during our nights. One moment of connection to that ultimate stillness of being can completely refresh us for the next day. Dreamless sleep is one indicator of its presence.

Receiving for Various Levels

One can receive to survive, grow, develop, evolve, or form luck, grace or super grace. (Sri Karmayogi)

How Mind Sees

Mind sees everything from its point of view. (Sri Karmayogi)

Freedom and Responsibility

Much of what we consider personal freedom is really TAKING at others' expense. E.g. I want to be free to do what I want when I want it in work to the point of irresponsibility; which hurts the group. I want to be free to engage in all manner of relations, even if it means taking advantage of and disturbing others. I want to sleep in late, even if services are diminished for those who depend on it. Etc.

Freedom and responsibility go together. It is fundamental to human existence. It is something we subconsciously learn from childhood onward, yet it is easy to forget.

Ego is at the root of Taking in the name of freedom. Higher consciousness -- including connecting to spirit, to our depths, developing a high moral sense, deeply engaging in human values, etc. -- overcomes the separateness of Ego, which in turn makes us both truly individualistic, as well as highly responsible to others.

Hurricane Sandy & US Economy

Unconscious nations and people invite blows from Nature to wake them up. In this connection, we can examine why the US has been subjugated to hurricanes that inflict enormous economic damage.

The question is why would an advanced economy like the US still be inviting blows from Nature? What is in them is still unconscious? They are still unconscious about why their economy has faltered and is in so much trouble. Though unrestrained speculation has ruined their economy, neither the people, nor the banks, nor the government is truly aware of it or taking it seriously. So long as this unconsciousness persists, the blows from Nature in the form of hurricanes and other formations will continue.

Power of Spiritual Values

Spiritual values are the highest, and have the most lasting effect. I.e. goodwill, harmony, non-ego, appreciation, etc.

Technology and Expressions of Consciousness

Technology offers us a chance to interact and collaborate and express higher emotions and shared positive values including those of the spiritual type.

On Reluctance

Reluctance is the inability to see the true, overall direction of life, instead insisting on one's limited view of what that course should be, based on the need to repeat what one is already comfortable doing. Examples:

-I don't want to work weekends (when it will be the key to attracting a great success)

-I don't want to go there (when it will prove to be much different and more positive than one anticipated.

-I don't want include that in my plan, when in fact without it life will not allow the plan to go forward.

Offering Wanting Quality to Divine

Rather than offering, consecrating a difficulty to the Divine, try offering the wanting feeling or emotion you have in relation to it. It can have a more instantaneous effect.

Upsetness Indicates being in the Wrong

When you are upset somehow, you know that you are in the wrong relation to an issue. Change the upsetness -- including its source cause --, and the problem will have a far more solid basis for resolution.

Progress and Our Attitudes

Aside from Aspiration, progress is virtually all about one's Attitudes; i.e. overcoming the wanting ones.

Comment: I have identified nearly 200 negative attitudes. Most of us have at least a dozen or two which we embody negatively to a high degree.

My Whole Life

In one sense, my whole life is a progressive movement from what I want to what They want.

Becoming What We Must Be

To be young is to be always ready to give up what we are in order to become what we must be. (The Mother)

One Who Loves You the Most

Often the person who loves you the most is not the one you are with, but the one who admires from a distance.

Further Comment: We each admire certain people greatly that can express as feelings of love. These can exceed the love we feel for the person we are with. And there are others who secretly feel the same way about us. It's not always this way, but it occurs at least fairly often. We also frequently do not know who the admirer is, or we may know them but not know the degree to which they feel genuine love.

By the way, even though they may love you does not mean, you feel the same. Or if you secretly admire another, they feel the same.

Keep in mind that often there is infatuation, which is not necessarily an indicator of love. In my quote I am referring really to someone who admires at a distance through a deeper, multi-faceted love.

And yet we can say that what truly matters is who is with you, not others who live at a distance. I.e. it is in our best interest to make the very best of one's relationship; actually, rise it to a higher level of Romance as is explained at www.romanceeternal.org

The major elements are constant self-givingness, not trying to change another, not trying to gain the upper hand, or the final word; offering freedom and tolerance and respect that are the best conditions for elevating a relationship.

WTC Attack & Hurricane Sandy

The attack on WTC Towers was a rude shock that the US received that was meant to jolt them out of the fundamentalist mentality that the nation has slipped into with respect to US role in global affairs and its thoughtless attempts to maintain American hegemony in economic and political affairs of the world. (MSS)

Comment: Yes, US diplomatic insincerity in the Middle East in the name of propping up its own strategic and resource interests over many decades attracted the terrorist fanatics.

Now she has received another blow through hurricane Sandy, which is due to US utter inability to address the issue of rabid financial speculation that has seriously wounded the US economy and almost brought down the world economy. Not taking seriously this issue, and developing laws and controls so that it won't occur again is what attracted Sandy to US shores; right there at the power centers where these critical issues are being ignored.

Nature responds to our unconsciousness with physical blows, until we change.

Attracting a Grievance through Anger

No matter how right you are in your grievance, if your anger accompanied it, then you likely attracted it to your person.

We are Instruments of Divine

Our tasks are given, we are but instruments; Nothing is all our own that we create. (Sri Aurobindo)

Our Outer Finds Reflect Our Inner

We find in others what is in us. If we always find mud around us, it proves that there is mud somewhere in us. (The Mother)

God Sanctions, Not Plans Suffering

It's not so much "God's Plan" when a person suffers but grows through the experience. It is more like the Divine accepts, sanctions this difficult method as one means of evolution in the world.

Truth Knowledge without Thought

What we seek is direct knowledge without thinking. Where we simply Know the object in its totality, and garner a power for its complete and perfect manifestation. This is to have the Supramental Truth Consciousness, a plane towards which we are evolving.

Reconciling Divisions Enables Progress

We must discover the reconciliation between all contradictions, dualities, and conflicts in our lives and being. That alone enables rapid progress.

Low Consciousness of Nations, US Attract Negative

Countries do not realize that their low consciousness and the actions derived from it attract negative outer conditions. Examples:

- US unwilling to dramatically reduce nuclear weapons attracts Iranian development of nuclear weapons.
 - US diplomatic insincerity and imposition of its will in the Middle East for decades attracts 9/11 attacks from terrorist fanatics.
 - US unwillingness to take seriously and implement laws to curb financial speculation that nearly took down the world economy attracts Hurricane Sandy directly to its power centers.
- By the way, this dynamic is just as true for each of us as it is for nations.

Complaining, Non-Complaining, Weakness, Strength

Complaining indicates weakness; even when you are in the right. Non-complaining in such situations shows strength, and therefore attracts; even cancelling what originally bothered.

True Individuality and Personal Values

Man's true individuality comes when he discovers his True Self or the spiritual Force or both. Now he does extraordinary things beyond the herdal view, taking his cues from deep within, from his subliminal and soul being, which percolate up and continually tell him what to do and what not to do, always with spiritual values and Intent behind. When he acts on them, life responds overwhelmingly. He thereby becomes an instrument of the Divine Will. He is unique through deep spiritual Guidance and Experience.

Before we reach this stage of True Individuality based on the spirit, we can attain normal True Individuality by practicing the deepest values we believe in; not being determined by the herdal view.

Implementing Our Deepest Values and True Individuality

Then what are our deepest values? How are we implementing them in our careers; in our daily lives? How do they demonstrate our individuality? For example, Steve Jobs' believed that each person could be empowered and have a personal computer, when the prevailing view was the opposite.

Also, how much are we independent, self-determining, not dependent, not trapped by others' expectations and viewpoints about what is possible? These are some measures of your ability to express your true individuality. They are in essence values of individuality.

The scope for implementing personal values and true individuality is great. Won't you take a further step in that direction?

The Failed Old Compels the Radical New

Failure of the old ways of doing things compels radical innovation and change. It can be a distressing transition, yet is very necessary. Its benefit will surely be perceived in hindsight. Having faith and being open to that change will be of great psychological benefit.

Inter-Related Life Response

We perceive a life response, even its cause if we are subtly perceptive. What we miss is that several responses occur that are parallel to our own, yet are somehow related. In other words, these response "move together," yet are seemingly independent and apart.

For example, Mr. Darcy in *Pride and Prejudice* solves the elopement problem winning Eliza, but Mr. Bennet's change in consciousness in which he shifted from indifference to a promise to take care of his daughters, attracted Darcy resolving the elopement, which saves Mr. Bennet and his family from shape and economic ruin. Meanwhile, Eliza comes to realize that her younger sister Lydia was out of control, and her infatuation with Wickham were misguided, which attracts Darcy after the elopement, who then proposes to her when she had given up all hope that he cared. She accepts, and her and her family derive great benefit.

Thus in these situations many life responses move in parallel or together and are related to one another. Karmayogi indicates that one particular response is the Leader of all the others. In this case, it is the role of Darcy, as his love for Eliza drives him to change his nature and prove it by overcoming the mess of the elopement, which enables all other life responses to take shape. Darcy is thus the driver of a series of life incidents that move together, are related to one another.

Can we see such a set of responses moving in our own lives when we evoke a single response? Not easy to see, as we are not privy to all of the people and events surrounding the immediate party that we aligned with, whose response came to us through our shift in consciousness. A Jane Austin or Shakespeare can create these realities of multi-faceted, interconnected, related responses because she is creating the reality of the story from "above," perceiving all the players in the intricate web that is the Play of Life. Still, if we look around we might be able to see this multi-dimensional effect at work in our own lives.

Sri Aurobindo's Integral Yoga Is Also for the Earth

Accepting life, he [the seeker of the integral yoga] has to bear not only his own burden, but a great part of the world's burden too along with it, as a continuation of his own sufficiently heavy load. Therefore his Yoga has much more the nature of a battle than others'; but this is not only an individual battle, it is a collective war waged over a considerable country. He has not only to conquer in himself the forces of egoistic falsehood and disorder, but to conquer them as representatives of the same adverse and inexhaustible forces in the world. Their representative character gives them a much more obstinate capacity of resistance, an almost endless right to recurrence. Often he finds that even after he has won persistently his own personal battle, he has still to win it over and over again in a seemingly interminable war, because his inner existence has already been so much enlarged that not only it contains his own being with its well-defined needs and experiences, but is in solidarity with the being of others, because in himself he contains the universe. (Sri Aurobindo)

Comment: This indicates the triple burden on the practitioner of Integral Yoga; individual, universal, and transcendent. The gnostic, supramental being -- the end result of the Integral Yoga -- comes to embody these three in his person.

The First Signs of Supramental Consciousness in the Individual

The first signs of this new consciousness are quite tangible: One begins to feel others too as part of oneself or varied repetitions of oneself, the same self modified by Nature in other bodies. Or, at the least, as living in the larger universal self which is henceforth one's own greater reality. All things in fact begin to change their nature and appearance; one's whole experience of the world is radically different from that of those who are shut up in their personal selves. One begins to know things by a different kind of experience, more direct, not depending on the external mind and the senses. It is not that the possibility of error disappears, for that cannot be so long as mind of any kind is one's instrument for transcribing knowledge, but there is a new, vast and deep way of experiencing, seeing, knowing, contacting things; and the confines of knowledge can be rolled back to an almost unmeasurable degree. (Sri Aurobindo)

Moving to Spiritual Planes of Mind that Accelerate Creation

Mind of Man through his thinking process evolves and moves toward and attracts the Original Energy that created Cosmic Mind that created material life in the first place. When Mind of Man moves to intuition and beyond to ultimate Supermind (Truth Consciousness), this process is radically accelerated, as he now embodies Cosmic Mind and thereby becomes the Creator Source himself in his life.

Power of Leadership

Leadership is not just about the ability to convey an idea, but the ability to marshal others to embrace it. It is thus a power of the Vital/emotional being, rather than Mind. Great leaders

have not just leading ideas, but vital/emotional energy that attracts others to follow along. Naturally it is best that the idea is a positive one they are following.

Life Response Power of Goodwill

There is perhaps no greater power on earth to evoke good fortune than by welling up feelings of Goodwill towards others. That includes moving from general ill-will for someone to neutral, or even positive feelings; or small feelings of bother about an individual and turning that into pure goodwill. The result will be astonishing, quick evocation of positive response for that person, as well as yourself.

Further Comment: There has been a very important project I have been working on. The key moment had been delayed and delayed. It looked like things were still moving in that direction. Recently I felt occasional twinges of bother about the views of one of the principles. Not related to the delays, but simply due to certain ego movements on my part. (I ordinarily feel very positive towards him.) Finally, this morning I caught it, I said enough, and replaced it with goodwill. Several hours later I was surprised to find out that the undertaking had suddenly launched. After many weeks, the delay was finally over! Goodwill had evoked good fortune for him and other interested parties, including myself.

Idea and Realization Together through Supramental Force

An example of the supramental, consciousness at play is not only where you discover that there is a wonderful means of creating a personal web site for yourself as a budding author (that includes every dimension you were seeking out in such an environment), but you are told that the site has already been built for you in toto! It is both the Idea and its Realization coming together. That is the character of the Supramental Force in Action. (Consecration, goodwill, overcoming negative attitudes, etc. are means of evoking it.)

Integral Yoga and Surrender

Sri Aurobindo's Integral Yoga (conscious evolution) is the transition from consecration of circumstance to the Divine Mother to Surrendering one's entire life and purpose to Her.

What Consecration Is, Results In

"Consecration" is Allowing for, Calling in, Opening to the Spiritual Force and power that permeates the universe. It can take the form of "Thy Will Be Done," and then detaching and forgetting the matter. Life conditions are then set in right order, and there can be overwhelming positive response. Creation is the result; and without the restrictions of time and space; where the infinite replaces the current finite.

Living in the Eternal Now

To live in the Eternal Now is to be unconcerned, and therefore unfettered by the past and future. Thereby one is in the eternity of this moment, fully absorbed in it. Ironically, taking this tact gives one great power of insight over the past and future; including the ability to marshal their influences -- of what occurred in the past and what is coming in the future -- to perceive the true nature of the Ever-Present. It comes through intuition, without thought; not dwelling on them.

No Title

I am the field & I am the knower of the field. (Bhagavat Gita)

Ego's Negative Movement

When the ego believes that it is your true self, it then feels threatened by others and the world. It reacts to this fear with a desire to control, with anger and a need to be right. (Deepak Chopra)

Power of Being One with the Reality

When one is One with, in communion with, in identity with the Field, the omnipresent Reality, one embraces all things -- big or small; positive and negative; helpful or harmful; pleasurable and painful, spiritual or material; visible and invisible; etc. -- as necessary for the unfolding of life. That gives us clarity, insight, right decision-making capacity, leading to action that ends in perfect outcomes. Ultimate living is the result. Delight is the never-ending experience.

Thus, when we are one with, in identity with the Field, the All, Brahman we have ultimate Knowledge of it; of all of its aspects; of what is necessary to be known at each and every moment. Hence Lord Krishna's remark: "I am the Field. I am the Knower of the Field."

Surplus, Not Deficit Income Required for Devotion to Mother

The first proof of our devotion to Mother is surplus income. If after coming to Mother income remains inadequate then it means there are still elements within our personality that are against the action of Grace

We have to find out what those elements are and remove them immediately. Once they are removed insufficiency will disappear and abundance will set in.

Devotion to Mother and insufficient income are unacceptable contraries. Devotion and surplus are the proper complementaries. (Sri Karmayogi)

Comment: E.g. one individual, apparently very devoted to Mother had little income, even great debts. He then realized he had the wrong attitude about paying back his credit cards. When he contacted all his creditors and began to pay them, an enormous opportunity suddenly arrived at his doorstep. The Grace now had a receptive instrument for abundance.

US Financial and Economic Malaise

An astonishing statistic showing the utter stagnation of US wages in the last 50 years, and why so many are falling into poverty: the median male worker makes \$32,137 in 2010, and made \$32,844 in 1968!

Further Comment: The USA almost brought down capitalism for the entire world. It not only has problems, but is such that it can infect the entire global economy in a dramatic way. People around the world must wake up to this danger. Asia is beginning to inoculate themselves from this influence by adopting a more moderate form of Capitalism (not so speculative oriented). Eventually, US will put in power people of integrity who will want to collaborate with all sectors to remedy its problems. The global economy has similar problems, and they too must collaborate and even integrate to resolve the great economic and social issues of our time. The Old Way no longer works anymore. This has to be acknowledged.

Anguish Attracts Negative

Anguished reaction instantly attracts negative life response. (Non-reaction, the opposite.)

There Are No Miracles

Sri Aurobindo has often repeated: There is really no such thing as miracle, there are only phenomena whose processes we do not understand. (Satprem)

Mother's First Experience with the Supramental Light

There was an overwhelming impression of power, warmth, gold: it wasn't fluid; it was like a powdering. And each of these things (one can't call them particles or fragments, or even dots, unless "dot" is used in the mathematical sense of a point that takes up no space) was like living gold - a warm gold dust. It wasn't bright, it wasn't dark, nor was it a light as we understand it: a multitude of tiny golden points, nothing but that. It was as if they were touching my eyes, my face. And with a sense of tremendous power! At the same time, there was a feeling of such plenitude - the peace of omnipotence. It was rich, full. It was movement

at its utmost, infinitely faster than anything we can conceive of, yet at the same time, there was absolute peace and perfect stillness. (The Mother)

Outer to Inner in Yoga

In Yoga we shift the center of our lives from the outer to the inner.

Further Comment: One aspect: In ordinary life we make outer efforts to bring about outer results. In Integral Yoga we Surrender to the Force and attract from within anything we aspire for, whether for ourselves and the world.

Another aspect: in ordinary life we live on the surface of things, dominated by sense input, leading to ego, error and difficulty. In Integral Yoga we live in the depths of Silence and True Self, where we perceive the many-sided, true truth of things, and from that experience harmony, success and well-being on the outside.

Yet another: living inside we perceive that the entire universe resides within us, giving us infinite-like power over life. Living, focused on the outside, the surface, we perceive ourselves as finite being beings, subject to the limits of space and time, and the whims of Nature.

No End, No Beginning

That which has no end, has no beginning.

Further Comment: Take the universe. It is continuing forever, in both space and time. That means according to the above principle its basis has no beginning, which is in fact the case since creation emerged from an Infinite Source beyond space and time. Or to put it another way, "from Eternity nothing begins; and from it nothing ends." It is Eternal in all directions.

This also indicates that the Big Bang as the original source of creation is flawed. Perhaps it is the source of material form, though even that we can no longer be sure. E.g. there are now indications that there has been a chain of hundreds of billions of CONSECUTIVE universes (!), of which the currently known Big Bang is only the latest; meaning even the MATERIAL source of creation (forgetting the spiritual) is Eternal, or at least Eternal-like!

"Normally we believe that the universe has a beginning and an end and the earth is somewhere in the middle of the universe. it seems god has made that the universe has no beginning and no end."

We can say that time is eternal, space is endless, and energy is infinite in the universe. Matter however is time-bound, fixed in space, and confined in energy.

Matter then does have beginnings and ends. However we can bring out the divinity in matter, thereby making it timeless, spaceless, and infinite.

Purpose of Rebirth of Soul

The procession of rebirths of the soul into new bodies is for the purpose of its own Evolution, as well as that of the individuals it inhabits, as well as the world and universe.

The infinite can suddenly emerge from the smallest finite. It is so because the entire universe is embedded equally in the smallest or the largest. Thus be on your guard at any moment; for the key to your future may be in the very tiniest detail or circumstance that has come your way.

On Beginning, End of Eternity

From Eternity nothing begins; and from it nothing ends.

Harmonizing Organization with Spontaneity/Freshness

Q: "How can we harmonize the qualities of organization with spontaneity/freshness in life in business?"

They seem to be two fundamentally opposed principles"

A: I am not sure they are so much fundamentally opposed, as different from and even complimentary of one another. E.g. both male and female are not opposed to one another, but rather need and complement each other. How then does this apply between organization and spontaneity/freshness?

Well one thing we can see is that more organized the environment, the more positive the atmosphere for spontaneity to thrive without going off on negative tangents.

Likewise, the more spontaneous and fresh the environment, the more people are amenable to change dictated by others, as they feel they are respected in their freedom and individuality.

Apple is an extremely organized environment that allows for great spontaneity, and vice versa.

So to have both these two qualities, like any 2 or 10 or 100 values is a good thing. They reinforce one another, when applied at the highest level. E.g. the best forms of organization allow for insight from all levels of employees, and have procedures for acting on them. Likewise, the best organizations allow for greatest freshness and spontaneity by creating standards that allow for such things. At Google 10% of all employee time can be used to develop their own (non Google-specific) projects, some of which Google may use.

Values on the surface may seem in contradiction, but from the perspective of their widest application, they tend to reinforce one another. It is so because they have original Spiritual Attributes, Real Ideas at its core, in common -- including peace, silence, harmony, knowledge, truth, goodness, delight, love, timelessness, and infinity. And at the Source level they all integrally related. It becomes more obvious from the perspective of Supermind, a direction I believe we are gradually headed.

Reality Is Pure Potentiality

The true nature of Reality is that it is waves of potential. And there are infinite potential outcomes in these waves. Matter, on the other hand, is where these waves collapse into only one perceived outcome, and is therefore then perceived as a particle. (thanks to Deepak Chopra)

Time, Timelessness, Eternity

The Eternity of Time exists because of the Eternity of Timelessness.

Further Comment: I.e. the Time we live in can go on forever. It is limitless, eternal. That is so because it is an outgrowth of the Timelessness originating beyond this world, which too is an Eternity. In fact, the Time Eternity we live in came about because the Timeless Eternity of the Being decided to extend itself into moments of time. Our job then is to experience that Timelessness in every moment of Time. Then time becomes rich, blissful, infinite in scope.

Musings on Consciousness

- Consciousness is the ground of all being.
- When the Being became aware of Itself, Consciousness was born.-Consciousness is awareness of Self.
- Consciousness is self-awareness.
- Consciousness is awareness of being.
- Consciousness is awareness of Truth.
- Consciousness originates before space and time.
- Consciousness exists in space and time as background potentiality.
- Consciousness exists in foreground to the degree we develop it in ourselves.
- Identity with the true nature of Reality is Consciousness.
- The more we relate to the true nature of Reality, the greater our consciousness.
- When the Being became conscious of Its Self, Force was generated; a Conscious-Force.
- The Conscious-Force became the Energy of creation.

- Consciousness generated a Conscious-Force that produced Energy that formulated into Matter and Life in the cosmos.
- Consciousness of the Being is the source of all in creation.

Universe, Infinite Energy

A universe of infinite possibilities is one of infinite energy.

Principles of a New, Consciousness-Based Education

Education should seek out the soul in each student.

Education should give the student the freedom to discover his/her own soul and thus his/her deepest interests.

No memorization, no testing.

The teacher is there to guide, not to instruct.

No punishment at any level, including psychological is permitted.

The teacher must find his own inner being in order to recognize the true self of the student.

Each student by realizing one's Self can very rapidly acquire knowledge.

Each student can in this way become a genius.

Schools organized around these principles will produce endless geniuses in their communities.

These approaches will give students enormous advantages in life.

Students can learn to bring the spirit into the becomings of their lives, instantaneously releasing the infinite potentials of life.

Further Thoughts on a New, Consciousness-Based Education:

The first principle of true teaching is that nothing can be taught. The teacher is not an instructor or taskmaster; he is a helper and a guide. His business is to suggest and not to impose. (Sri Aurobindo)

-The chief aim of education should be to help the growing soul to draw out that in itself, which is best, and make it perfect for a noble use. (Sri Aurobindo)

-To learn for the sake of knowledge, to study in order to know the secrets of Nature and life, to educate oneself in order to grow in consciousness, to discipline oneself in order to become master of oneself, to overcome one's weaknesses, incapacities and ignorance, to prepare oneself to advance in life towards a goal that is nobler and vaster, more generous and more true ... (The Mother)

-The finest present one can give to a child would be to teach him to know himself and to master himself. Essentially, the only thing you should do assiduously is to teach them to know themselves and choose their own destiny, the path they will follow; to teach them to look at themselves, understand themselves and to will what they want to be. (The Mother)

-The school should be an opportunity for progress for the teacher as well as for the student. Each one should have the freedom to develop freely. (The Mother)

-The wise teacher will not seek to impose himself or his opinions on the passive acceptance of the receptive mind; he will throw in only what is productive and sure as a seed, which will grow under the divine fostering within. (Sri Aurobindo)

-It is not through uniformity of programmes and methods that you will obtain the unity of education. (The Mother)

-The true, the supreme Unity expressed itself in diversity. It is mental logic that demands sameness. In practice, each one must find and apply his own method, that which he understands and feels. It is only in this way that education can be effective. (The Mother)

-School is just a preparation to make the students capable of thinking, studying, progressing and becoming intelligent if they can - all that must be done during the entire life and not only in school. (The Mother)

Evolutionary Crisis

We are not in a moral or psychological or social or political or economic or environmental crisis, but in an Evolutionary one.

The Next Step in Our Inner Selves and Growth

The great question facing humanity is whether we are ready to take the Next Step and fulfill our evolutionary destiny. At issue is whether we are ready to make the conscious effort to discover our True Self, whether we are willing to uncover our deepest purpose, and whether we have the aspiration to rise to our highest consciousness and make that the center of our lives.

Change Without Chaos and Crisis (Self-Existent)

"Change is always constant and preceded by chaos and crisis." Yes, very true -- for the ordinary life. We want to create a New Reality where change is "Self-existent." where the shifting points are not chaos and crisis but by consciously willed movements toward the positive. In Indian terms it is shifting/ascending through Purusha (Soul) rather than the difficulties and pain of Prakriti (Nature).

(Still it is true that one who embraces chaos when it occurs will be better able to cope with and master life.)

Worrying vs. Taking to the Mother

Q: How can we take to the Mother when we are intensely worried about a thing? The latter seems to negate the possibility of taking to the former.

A: It is obvious that when a devotee is worrying that is not the only aspect of his consciousness he is able to access. He can easily take to non-worrying and to Mother if he stops and considers the situation. He has had many, if not a lifetime of experiences of not worrying, of being saved by Mother, of using his reason to overcome the wildness of his emotions. He has even had many experiences where life turned around when he practiced such approaches; i.e. where the cause of worry was cancelled. It is thus not impossible for a devotee who is worrying to take to non-worrying. It is in fact his common experience.

Now of course worry and fear can reach such an intense level that one is not able to tap into any of this 95% of positive consciousness. Then it IS quite serious because the person can do untoward things: take to irrational actions, harm others, even commit suicide. Even there Mother watches over us, or if we have doubt, we can call in protection against our own selves or some vital force trying to destroy us somehow. But these are rarer occurrences.

I believe the key here is that if we are consistently calm, are living from a deeper poise rather than the surface, are consistently opening to Mother, then when troubling circumstance come up, we can more easily access our more positive nature, and take to right inner and outer solutions that negate the worry. So let's practice these more often, and as a result there will be less reason to worry!

Thoughts on Gratitude on This Day of Appreciation (Thanksgiving)

-Gratitude is, in essence, the expression of a thought in which our heartfelt emotions go out to others for the role they have played in bringing about good fortune in our lives. The object of our appreciation and thanks may be one other person, a group of people, a social entity, or even life itself. (In its highest form, it is to recognize a Divine hand at work -- i.e. Grace.) Because gratitude is a higher emotion, a spiritual emotion, even an attitude of the soul, it has the power to not only create a stronger bond, e.g. a sense of harmony and unity with others, but it can to elicit the infinite possibilities of life. In other words, expressing our heartfelt appreciation and thanks can attract magnificent positive responses from life.

-Conscious awareness of God acting in human life is called gratitude. When we see how the Divine has acted in our lives, e.g. brought good fortune or prevented a disaster, and then acknowledge it in our thoughts and feelings, that is gratitude. We can think it, and we can feel it to the point where we are pleasantly filled with positively overflowing energies. When

we receive that knowledge in our physical bodies, it can thrill with an intolerable ecstasy and an unflinching rapture. (Paraphrase of MSS)

-Gratitude is a spiritual emotion, an attitude of the soul, which puts us in touch with the Spirit and has the power to attract the action of the Spirit, i.e. positive responses of life, continuously in our lives. For one who wishes to make such action of Spirit a permanent feature of his own life, a good beginning is to review one's past and locate at least one such event in which one was blessed by unexpected luck or escape from expected misfortune as a result of the invocation of Spirit. To feel gratitude for these occurrences enables the permanent Spiritual action that infinitely benefits our lives. (Paraphrase of MSS)

-One way we express the spirit in life is through an act of gratitude. When we offer our thanks and appreciation for the efforts of others -- whether individuals or organizations or society -- we move from the ego plane to the universal and transcendent planes. It is that movement that releases concentrations of energy that align with powerful positive conditions that come back to us as instances of sudden good fortune.

An individual was having a conversation with another where he expressed his admiration for Microsoft, who have bent over backwards to make each new iteration of its software backwards compatible with previous versions. It has sacrificed even its own state-of-the-art developments to ensure that it is compatible with "legacy" systems. This individual went on to express his gratitude that Microsoft had thus performed a great service for society -- i.e. enabled organizational data to carry forward from the past so that it could be used in the future. At that very moment, another individual appeared on the scene with a check to pay the consultant for services rendered, when he thought that he might not be paid for a month. In addition, he was paid an amount that exceeded his expectations. It was life responding to his expression of heartfelt gratitude.

At each point where we express gratitude for those who have helped us -- including the divine Spirit itself -- life moves towards us with instances of luck. If you perceive this miracle even once, you are more likely to express your gratitude in the future. Even dark thoughts, such as perceptions of one's own failures in life, will give way to offering one's thanks and appreciation for current positive conditions. That gratitude will in turn have the effect of cancelling future failure, while attracting additional positive outcomes.

Non-Attachment in Abundance

"To live a pure unselfish life, one must count nothing as one's own in the midst of abundance." (Buddha)

Spiritual Methods to Do Work as Service

It is a similar message as the Gita. I.e. do the work as service, forget the results. Not easy! But ridding ego enables this. Again not easy! Living an inner life enables loss of ego. Not Easy again! Consecrating activities to the Force creates an inner life. Ah, much easier; and enjoyable.

Joy of Inner Life is Ultimate

Once a man has tasted the joys of inner life nothing else will ever satisfy him. (the Mother)

Inner Presence is Greatest Joy

No joy is comparable to the feeling of the eternal Presence in one's heart. (the Mother)

Comment: What Mother says here is in one sense her ultimate statement about our spiritual lives.

Refusing to Ask Attracts

When man refuses to ask, life gives him what he needs more copiously. (Sri Karmayogi)

Comment: It is best not to ask others for things; whether money or help accomplishing a thing, etc. Try instead to carry on yourself as best you can. As a result, life will now conspire

to fulfill your aspirations. One man never asked others to help him built a super, dynamic version of his successful web site. He held it in close. Several years later, several individuals stepped forward from out of the blue and were absolutely determined to accomplish what he had dearly wished for. They never knew it was in his heart!

Siddha Day

Today is Siddhi day which honors the descent of the Universal/Overmental consciousness (as represented by Krishna) into Sri Aurobindo on November 24, 1926, clearing the way for the Supramental descent through Him later on. It was the day when the Mother said the Divine Lord, the Supreme consciousness had descended into Sri Aurobindo, which would pave the way for the Supramental descent that came later. (The Mother took the initiative to request Sri Krishna to descend into Bhagawan's body to help him on the way, and Sri Krishna obliged.)

It also appears to be the time when the Mother began to take over the outer action, as Sri Aurobindo retreated into confinement to make his monumental inner effort to bring down the Truth Consciousness, the supramental Force on earth, which would be the basis of human transformation, and a new, Divine life on Earth.

-The Universal Consciousness (Overmind) descended into Sri Aurobindo on November 24, 1926, paving the way for Him to evoke Supermind/Mother's Force for the world (1956 was the big breakthrough).

Sri Aurobindo took the descent of Sri Krishna into his body calmly and continued with his writing as usual. Mother celebrated the event as a great spiritual victory and named the day as Siddhi day and turned it into a darshan day.

Limits of Ourselves to Universal Around Us

There is a dome of consciousness surrounding us stretching to infinity and eternity; yet we are satisfied with the limited skull-cap of ego and our petty sense-oriented interests.

Full Effort Here Attracts Somewhere Else

When we make a serious, sincere, and exhaustive effort in one area, we often produce, i.e. attract success in an entirely different one.

Further Comment: It's a common life response experience.

Strategies to Affect the World from Within as Universal Beings

As Universal Beings we can affect anything in the world from within. One strategy is to use the spiritual Force; the Mother's supramental power. Another is to change a wanting corresponding element in ourselves. A third is to forget the societal issue in the first place, giving up our attachment to it. Life will move - in the collective, in the society, in the world, in the universe.

Biological Urge Limits Us

The biological urge in Man - in its various aspects - dominates, overwhelms his life, leaving limited scope for inner growth and progress.

Knowing subtle Changes in Others, Events Enables Predicting Future

As you become increasingly aware of the subtle shifts in character in people, and the shifting and turning of events, it becomes that much easier to predict future outcomes for all involved.

Further Comment: I had this experience once again yesterday. Often for me it relates to sports, but to other things as well, like story lines, literature, film, politics, world events, etc.

Thoughts Coming in Rather than Thinking

Thoughts coming in on their own is preferable to the hard churning of thinking.

I.e. as intuition of knowledge without thought; or beyond to supramental perception through the Mother's Force. These non-thinking based knowledge waves come percolating up from within, from the subliminal being; and from the cosmic planes of mind. This is how humans will increasingly know, garner knowledge in the future. Thinking will become unnecessary. (That's why Sri Aurobindo says Mind is only a transitional instrument of knowledge. Supermind would replace it.)

Cause of Inability to Attract Abundance

People who do not experience abundance either do not know how to attract it, or don't really want to.

Further Comment: "really want to" = SERIOUSLY want to

Experiencing Soul in Self, with Another

You can experience Soul by discovering the blessedness of your own True Self, or by merging with the heart and soul of another.

Perceiving the Reality, All through Supermind (Vision of Brahman)

From the perspective of Supermind one perceives the All, the omnipresent Reality, That which expresses at each plane; and therefore sees how each thing -- big or small, positive or negative, pleasurable or painful, -- is important in the utilitarian and cosmic scheme of things. This is what Sri Aurobindo calls having the Vision of Brahman, an ultimate status. Practically speaking this means we should value the tiniest detail in our lives because the infinite can break out from that micro finite.

What Worry Indicates, and Offering it to Mother

Worrying indicates lack of strength or power relative to the situation. That we are not the determinant of events. However, we can offer our worrying to the Mother, placing it in the hand of a higher consciousness. Emotional relief will follow, and if necessary we will be guided in our mind of actions to be taken.

We Live in Many Planes Simultaneously Which We Experience in Our Dreams

Understand that these experiences are not mere imaginations or dreams but actual happenings.... It is a mistake to think that we live physically only, with the outer mind and life. We are all the time living and acting on other planes of consciousness, meeting others there and acting upon them, and what we do and feel and think there, the forces we gather, the results we prepare have an incalculable importance and effect, unknown to us upon our outer life. Not all of it comes through, and what comes through takes another form in the physical - though sometimes there is an exact correspondence; but this little is at the basis of our outward existence. All that we become and do and bear in the physical life is prepared behind the veil within us. It is therefore of immense importance for a yoga which aims at the transformation of life to grow conscious of what goes on within these domains, to be master there and be able to feel, know and deal with the secret forces that determine our destiny and our internal and external growth or decline. (The Mother)

Comment: Sri Aurobindo in the first section of Savitri describes in great poetic detail many of these realms. (See BOOK TWO: 'The Book of the Traveller of the Worlds,')

Mother said in Agenda that she had visited these realms, and Sri Aurobindo described them in great detail without Her ever explaining it to Him.

Utility of the All

This world was not built with random bricks of Chance,
A blind god is not destiny's architect;

A conscious power has drawn the plan of life,
There is a meaning in each curve and line.

(from Savitri by Sri Aurobindo)

Comment: From the perspective of Supermind one perceives the All, the omnipresent Reality, That which expresses at each plane; and therefore sees how each thing -- big or small, positive or negative, pleasurable or painful, -- is important in the utilitarian and cosmic scheme of things. This is what Sri Aurobindo calls having the Vision of Brahman, an ultimate status. Practically speaking this means we should value the tiniest detail in our lives because the infinite can break out from that micro finite.

On Premonitions in Dreams for the Devotee/Seeker

Something else will strike the seeker by its almost daily recurrence. He will find, after the fact, that he has had, during the night, the exact premonition of all the important psychological events that will take place the next day. First, he may believe this is pure coincidence, or deny the connection between one event and the other, but after the same thing has reoccurred hundreds of times, he will begin to be on guard; and finally, once he has completely awakened to the fact, he will use this foreknowledge to take protective measures beforehand. For example, we may have a spell of depression that day, or go into a rage, or feel a movement of rebellion inside us, or a sexual impulse, etc., or even, to take another example of a seemingly different nature, we may trip on the stairs two or three times and almost fall headlong, or contract a violent fever; then we notice that each of these small, very trivial daytime incidents corresponds exactly to another incident, most often symbolic in nature (symbolic, because it is not the fact itself, but a mental transcription when we wake up in the morning), which we experienced the night before: either we were attacked in a "dream" by an enemy, or we were involved in an unhappy turn of event, or else we saw, sometimes very precisely, all the details surrounding the psychological scene that would take place the next day. It would seem that "someone" is perfectly awake in us and very concerned with helping us identify all the whys and hidden mechanisms of our psychological life, all the reasons for our falls as well as progress. (from 'Sri Aurobindo or the Adventure of Consciousness' by Satprem)

Comment: Around a decade ago, for almost every night for six months, my dreams would clearly indicate the psychological and actual conditions that would occur the next day. It was a startling set of experiences for me, as one who ordinarily does not have such supernatural realizations. (At the time I used to joke that I had already read the morning paper for the next day before it actually happened.)

What Blocks and Supports Our Receptivity to Fulfill Our Aspirations

Our Receptivity determines whether and to what degree we realize our spiritual aspirations, such as our desire for peace or light or inner joy. There can be various negative factors -- such as certain wanting attitudes -- that block full absorption of the incoming grace; and there are various positive -- such as an open heart, sincerity of aspiration, and pureness of spirit - - that support and attract it.

Mother Is Determinant for Devotees

For followers, devotees of the Mother, She is determining the Big Picture for us. All we need to do is be aware of what that is, and follow.

Stepping Out of Comfort Zone Makes Us More Comfortable

We do everything we can to make our lives more comfortable and pleasurable. It is a great physical and emotional effort. And yet if we were to simply step outside our comfort zone and do things a little differently according to higher principles of life, things would suddenly be far more comfortable and pleasurable, as unprecedented positive conditions would now present themselves. This indicates that a good portion of our efforts are wasted, and are going in the wrong or inoptimal direction.

Receptivity to Ideas by Different Types of Individuals

Most people are not mental. They are mostly vital; centered in their emotions and needs. Ideas are nothing until they are experienced in life. And yet the ideas were true before they had such experiences. Conscious individuals who are open to new ideas and also experience them are receptive at the mental and vital planes of the spirit. If they are really passionate about the ideas, then they become pioneers of consciousness; forerunners of a new way of living.

Beliefs Matching Desires Creates Reality

A belief is only a thought you continue to think; and when your beliefs match your desires, then your desires must become your reality. (Abraham)

Comment: Example: Steve Jobs had the twin beliefs that individuals, not just organizations should have access to a personal computer, and that computers should be easy to use. These were his values/beliefs. He also intensely believed it to the point that it became a great passion that was matched by an intense desire for its fulfillment. He then went ahead and worked hard to make both real. It then manifests out of all proportion and changed the world on both counts. Life cooperated with his efforts at almost every step, expanding it to infinity. He had engaged in the Process of Creation to an ultimate degree.

Giving Up the One Habit that is Ruining Your Life Attracts Overwhelmingly

As soon as you give up the one habit that has been driving your life down in an ever-increasing spiral, good or great fortune will suddenly descend on you, often from a most unexpected and unlikely source.

Further Comment: At a stadium in the US a man caught the baseball of a very famous home run hit. He later sold it for a fortune instead of relishing it, which then began a downward spiral of losing money. borrowing, inability to pay, which eventually put his life in danger from a thug creditor.

Now at an upcoming meeting he was likely to be eliminated by the creditor's strong man. However before the meeting, moved by an emotional situation, he decided to give up his life of borrowing and degradation.

When he arrived to meet his fate, the thug creditor suddenly got a call from his son asking his father if he hurts people. Mortified that his son had found out his vocation, he decided to stop this behavior. When the first man in debt who felt contrition for his past faced the thug creditor, the latter smiled and let him go, as he no longer could do something that would reinforce his son's beliefs.

The indebted man walked away happy that his life had been saved, and that he was going to follow a new course of right living.

When you break a long term bad habit that has sent you downward in a spiral of ill-fortune, life brings forth astonishing positive circumstance that work on your behalf.

Seeds of Evolution

"The greatest achievement was at first and for a time a dream. The oak sleeps in the acorn, the bird waits in the egg, and in the highest vision of the soul a waking angel stirs. Dreams are the seedlings of realities." (James Allen)

Sri Aurobindo explains it like this: Higher planes are hidden, involved in the lower plane. When the lower plane gets organized, the higher comes out. E.g. in matter was involved the potential for animated life forms, and in animated life forms the potential for mentality, thinking.

Why is this case? It is because the Divine Reality in the involutionary process from Spirit to Comic Mind to matter, hid its higher attributes in the forms of creation, as a kind of seed, waiting for the right time to come out. Evolution is that right time. When the form gets organized at its current plane, the involved hidden consciousness comes out, allowing it to

move to a higher plane. The corresponding plane above also compels that progress. It has various Intents and Cosmic Values that it seeks to see manifest in the world.

Thus in the scene in 2001: A Space Odyssey when the ape realizes he can use the bone as a weapon, his mental consciousness is further engaged, which already existed hidden, embedded within him as a seed. Now do to the battle with an opposing collective, he is compelled to reach into himself and discover what is necessary to gain an advantage and succeed. In the meantime, the Spirit in the Mental planes Above are pressing down on him for his and the collective's further evolution. This same process is occurring throughout life, including the way we humans are evolving.

Mother as Fulfilling Our Needs to Becoming Our Center and Purpose

At first one ordinarily relates to the Mother as One who fulfills our personal needs. Gradually we move on and relate to Her as the spiritual center of our lives. Eventually, if our soul dictates, we surrender to Her, as our very purpose in being is to give ourselves to Her and realize Her Intent in the world.

Mock Fears in Another Attracts It to Self

When you mock, make fun of another's fear, you may attract circumstance that cause you to be fearful of the same thing.

Further Comment: E.g. in the film 'Indiana Jones and the Last Crusade', Jones Jr. makes fun of his father's fear of rats; and immediately attracts hundreds of rats that put him -- and his female partner -- in grave danger, frightening them to no end. It is but one somewhat extreme and dramatic example of this subtle yet profound principle and truism of life.

Mind is Greater than Ego-based Emotion

Mind is superior to raw uncontrolled, ego-based emotion, which is out of sync with the unfoldings of life.

Reverse to Taking Another's Point of View Attracts

When you find yourself in difficult, conflicting situation with another party, and you reverse yourself and take the other person's point of view -- no matter how right or wrong or even absurd -- one's emotions quickly calm, and life suddenly presents you with positive conditions.

Further Comment: I was in a conflicting situation with another party. I remembered Karmayogi's method of taking the other person's point of view, even though the other party was clearly in the wrong, even absurdly so. When I did, I immediately calmed down, and positive conditions quickly presented themselves.

Money as Foundation

Sri Karmayogi tells us that prosperity creates the best foundation for personal growth and higher consciousness.

Yoga of Money

Man has lived in fear for tens of thousands of years. He carries the fear in all its varieties in his subconscious. His subconscious reinforces disease because it remembers past disease pralayas. It is the same for going to war, and other physical consciousness propensities.

Money is the means of exchange that connects all realms of life. It should be based on trust fully, but it is so partially, as it is also covered by layers of fear, insecurity, et al. This too is in the subconscious. It weighs on us. We must therefore engage in a Yoga of Money, to shed the old beliefs and falsehoods, and come into the True Knowledge about its nature.

Sri Karmayogi calls money a social force, and beyond that a Divine Force. And we think it is the means of past sufferings that we carry in our subconscious being. We need to do the Yoga

of Money to bridge the gap between Ignorance and Truth, which will further help us prosper in the world.

Life Responds to Giving Up Pet Peeves

Everyone has certain gripes and pet peeves. However, if we give them up, life will soon reward us at the corresponding or a related plane.

Aspiration for Improvement in Mother Is the Minimum

An associate of mine raises a very important philosophical and practical issue. We call to Mother to the degree that we have had past positive life responding experiences to that call, and yet we have those experiences to the degree we call to Her. Some people readily get the response, and so are more likely to call in future. Others call, and they do not get results, and so they don't call any more. It is the chicken and egg scenario personified.

There must be a dynamic, a formula, an energy exchange, etc. that differentiates one person for another. Obviously intensity of aspiration, receptivity to the Force, limited negative attitudes, faith in the Force acting instead of demanding what it should be, past karma, past lives (!), etc. are likely to be in effect.

From the perspective of Brahman, all just is. At the given point in time, it is simply the truth and right that one person should not get results, and the other does. This is the view even beyond reasons I've enumerated above.

Given these perspectives, we may conclude that we must minimally have an aspiration to improve ourselves, and have a dynamic relationship with Mother in that regard. With that sincere (and hopefully intense) level of aspiration for inner and outer improvements, the "hopeless determinism" of the chicken and egg scenario discussed at the outset is broken, and we are able to periodically, if not always, break into the next plane of consciousness, awareness, happiness, and success.

Living in the Ever-present

Living in the Ever-present, the Now, one is not disturbed by the past or future.

... and as a result we are more sensitive to, i.e. aware of the past's influence on the present, and thus where things are likely to go or can go in the future. The ever-present is therefore an excellent status to be absorbed in for right decision making!

Expansive Levels of Delight

When Life Responds there is great enjoyment, Delight. When it is shared with others so they can experience the same, there is greater Delight. When we (each of us and everyone around us) rise to our highest consciousness, there is Ultimate Joy and Delight through the discovery and experience of our Higher Nature.

Power of Belief

"Since what you achieve in life depends on what you first conceive, and this depends first of all upon your deep, inner, subconsciously founded belief--you see that your life depends upon your power to believe." (Napoleon Hill)

Yes, the ancient Indian Upanishads said, "You become all that you believe you can become." The author Rhonda Byrne of *The Secret* was influenced by several men from the previous century who received their knowledge of the Power of Attraction (Life Response) by reading the ancient wisdom in the Bhagavad Gita and Upanishads (and elsewhere) that spoke eloquently about the power to attract that which we believe we can become.

Money Force, Social Power

Money organizes social force into social power that enables progress in life.

E.g. there is an emerging education system. But it needs funds to realize itself. When it does get funded and is built, it provides education for a great many people, who now have a knowledge that otherwise would not have been available. In this case, the urge and aspiration of society is a social Force that is turned into a social Power through the use of Money. The educated individuals are then able to accomplish more, become more aware and conscious, enabling further progress and development in the world.

Scale of Depth of the Person

Individuality enables the sense of I, which can range from ego to true individuality that issues from Soul.

Most people live merely at the level of Manners and Behavior, where there is little individuality, where even a true sense of ego is not well formed. Such individuals, probably over half the population, don't possess a formed Character, which is a further development of individuality beyond a life determined by mimicking the Manners of others, and Behavior, where one just lives and acts without a real sense of self.

Darcy in *Pride and Prejudice* has a formed Character and thus his ego is developed, which is then destroyed in pursuit of winning over the woman he loves. Eliza's consciousness is at a higher level; at the beginning levels of Personality, where she takes her cues from within, not the herd, and thus expresses an exceptional degree of individuality.

A great sage or seer can express ultimate individuality, as he is in touch with his soul, and therefore messages constantly percolate up from his Being to his conscious mind urging him to act or not act.

Thus, the scale of Depth -- from outer to inner -- is from Manners to Behavior to Character to Personality to True Spiritual Individuality.

Process of Creation

The process of creation is Energy directed into a Force that is organized into a Power that is executed and Manifests as real.

Further Comment: That's how the universe came to be from a divine source (involution), and that's the energy conversion process of how we create in life (evolution).

Inner Understudying, Illumined Knowledge

By Knowledge we mean in yoga not thought or ideas about spiritual things but psychic understanding from within and spiritual illumination from above. (Sri Aurobindo)

Sense Input, Reaction, Non-Thinking, and Error

Reacting to sense input - such as a sound or a visual appearance - causes us not to think, thereby leading to false conclusions and error.

Further Comment: It is a very very common experience for all of us. It occurs for each of us at least several times a day; very common for small events, but is also there for serious ones.

E.g. I hear my spouse make a noise while cooking that seems destructive, but it is actually helpful. I take out the milk for a friend, who overhears it and accuses me of drinking it and wasting it, when it was in fact to pour a glass for that individual. I see the fire engine up ahead and assume it's a fire but it is actually for a life rescue. I witness sees what seems to be a murder by someone, but in fact it was an accident. A vigilante group wants to string up a wanderer in the old American West for killing a man, when he was actually trying to tend to him while he was dying. In Shakespeare's 'Much Ado about Nothings' witnesses see a to-be married woman engaging in relations with another man, thereby cancelling the engagement, and blaming her for treachery, when it fact what they saw was set up and due to someone's evil. Mind is quick to judge, but slow to learn. Fast to jump to conclusions, but slow to exercise itself and think of the possibilities.

It is the physical consciousness of the surface mentality absorbed by the domination of the five senses. When we rise in consciousness, we move from the surface to the depths, avoiding such errors, as the subtle mind is active.

Perfecting in 20 Ways that Attracts

Sri Karmayogi says we can take any work and identify at least 20 ways we can move it towards perfection. If we then act on it, we will change the unconscious to conscious, the limiting to the limitless, while raising our attitudes and values. Life cannot help respond to that in a really big way. Because the Source is perfection at its own plane, we too have that capacity in our own selves, especially through work details, as well as in our relationship with others.

Negatives as Positives

Negatives are positive in disguise; i.e. a more intense, more difficult to fathom form of the positive.

This New Great Moment in the Universe

We are today all simultaneously moving forward in this new moment that has never existed before for the earth and the universe. It is an uncharted existence that we together as the human race are concurrently embarking on, carrying forward the burden and magnificence of the past into this new Now.

Nothing Can Be Taught; Teacher as Helper, Guide

The first principle of true teaching is that nothing can be taught. The teacher is not an instructor or task-master, he is a helper and a guide. His business is to suggest and not to impose... He does not impart knowledge to him, he shows him how to acquire knowledge for himself. (Sri Aurobindo)

Withholding Builds Power of Accomplishment

What you hold back from verbalizing or otherwise communicating builds up tremendous power for accomplishment.

Necessity of Ego

In The Life Divine Sri Aurobindo indicates that Ego was necessary for the involution; for the multiplicity and variety of forms and individuals to manifest and express themselves. Likewise, overcoming ego is necessary in the evolution; in our lives, to arrive at a higher consciousness, mirroring the Origin and Source.

Losing Ego takes Us to Next Level, New Ideas

Sri Karmayogi indicates that losing our ego in relation to our capacities and skills takes us to embracing the next level of talents. Likewise, losing our ego in relation to our opinions and prejudices takes us to accepting new ideas.

Ego Allurement to Prestige

Sri Karmayogi indicates that of all aspects of the vital ego of the individual, the most difficult to overcome is "prestige" in social & personal life. Life dominated by the vital ego in practice is a life whose central goal is prestige.

Procrastination

Procrastination is the laziness and put-offness of the physical consciousness that does not want to heed life, and therefore moves one out of True Time.

Life Response Power of Taking Another's View

Taking the other person's point of view, whether true or not, has the life response power of soon attracting the full support of the other party. It defies logic, but that is the consistent experience of those who have practiced it.

From Finite to Infinite Logic

In his current status, Man perceives the logic of the finite. But to go to the next stage of his evolution, he needs to grasp the Logic of the Infinite.

Full Effort Brings Energy/Consciousness

Elevation of energy and consciousness occurs after making the full effort of giving to others. At the physical level you move into harmony with another with what they do; at the vital level with what they want; at the mental level with what they think; at the spiritual level with who they truly are.

Good Judge of Character

By being a good judge of character, you perceive the right psychological approach to take with each person.

Aware, Sensitive to Another's Nature

By being aware of and sensitive to another's nature, you bring out in them what will be beneficial to you.

Keys to Accomplishment

Though there are many factors that contribute to great accomplishment, some of the key ones are high Energy, intense Aspiration, indomitable Will, clear and focused Direction, psychological Strength, positive Attitudes (including absence of negative ones), persevering Effort, Non-Ego, Self-Givingness, perfect Skills and Knowledge, and applied Personal Values. Subtle powers of Accomplishment include Soft Speech, Silent Will, Equality of Being (to life's intensities), Non-Reaction to others' intensities, Non-initiating (wait for Life's signals), Taking the Other Person's Point of View, and opening to the Spiritual Force.

Any of these, plus the earlier practical ones taken to in higher order attract powerful response from life; often instantaneously.

Re-evoking a Negative of the Past

Any serious, unnecessary discussion of a negative of the past tends to re-evoke it.

Further Comment: I had that very experience again yesterday. I thought back at a negative travel incident and discussed it with another, and it suddenly raised itself again the very next day! Avoid speaking negatives, lest you are forced by life to repeat it.

Delight Out of Consciousness

Delight issues out of Consciousness. The greater the consciousness, the greater the joy in being alive.

Further Comment: This dynamic can also be seen -- actually originates -- in the cosmic planes. Out of the Infinite came Satchitananda, which is Existence/Being (sat), Consciousness-Force (chit), and Delight (ananda). When the Being became conscious of Itself, it released a Force/Power. Now experiencing its own Consciousness and Power, the Being Delighted in it. We experience the same process in our own lives.

Consider Motives of Another

When friends, relatives, associates, etc. contact you, it is helpful to consider and be sensitive to their underlying motive.

Further Comment: When an incoming call arrives, there will be extensive conversation, only for the receiver of the call to discover the real motive of the individual who called much later on in the interaction. One can feel a little surprised, even ashamed that one missed this need of the calling party after such delay. If the receiver however considers the motive of the caller from the outset, one can more readily get to the intent of the caller, which saves a lot of time, but more importantly indicates that the receiver is truly interested in the caller's concerns and issues.

Grace Comes for Transformation

"What Mother needs is an evolution in our personality that leads us to becoming the spiritual individual. In its peak it is seen as fully transforming man into a supramental being. SHE WILL SEND GRACE ONLY FOR THAT. We initially rely on prayers, and Grace comes. That should develop the faith in the Grace's principles that goes to develop the personality that needs no prayers in the future. Skill should accrue capacity to attract Grace, and goes on to surrender that capacity at next level." (Ramesh Kumar)

This statement is so true to life, and yogic experience. We adore the Mother, worship her, ask for things, pray, hope, etc. etc. But in one sense they are all irrelevant to Her Higher Purpose. She, the Divine has an Intent for the world, for each of us, and we must be receptive to that descending Grace.

We first call the Grace for our own individual purposes, but then it reaches another stage where it just come to us non-stop, and then the only question is how receptive we are to letting it in, to express through our lives.

At that point, clearing out all the blockages, and full surrender is all we need from our side. The Grace will come. No need to ask for things; other than being in touch with our highest aspiration in life. Just Surrender, Surrender, Surrender; in every detail, in every act, in every feeling and want and need. The Grace will just keep pouring in. Positive life response will occur in so many ways, at various planes and dimensions and fields of our being and lives.

We just have to identify our resistances as they occur, consecrate them, which will cast them aside. The Grace will still keep pouring down, as Her Intent is realized through our ever-rising consciousness.

Three Increasingly Ascending Levels of Being

"When you live as a single-faceted creature, you become deeply mired in matters of the body: Money. Sex. Power. Possessions. Physical stimulations and satisfactions. Security. Fame. Financial gain.

When you live as a dual-faceted creature, you broaden your concerns to include matters of the mind. Companionship; creativity; stimulation of new thoughts, new ideas; creation of new goals, new challenges; personal growth.

When you live as a three-part being, you come at last into balance with yourself. Your concerns include matters of the soul: spiritual identity; life purpose; relationship to God; path of evolution; spiritual growth; ultimate destiny.

As you evolve into higher and higher states of consciousness, you bring into full realization every aspect of your being.

Yet evolution does not mean dropping some aspects of Self in favor of others. It simply means expanding focus; turning away from almost exclusive involvement with one aspect, toward genuine love and appreciation for all aspects." (Conversations with God, Book 2 by Neale Donald Walsch)

Comment: The last few paras reminds me of the reality that "every ascent is fulfilled in its descent." E.g. in the ascent we move from money preoccupation to higher values. Yet as we achieve that higher consciousness we bring down higher values into our use of money. Thus the ascent is fulfilled in the descent. Rising from the physical to vital to mental, we need to

dive down into the lower of these three for anything of the higher order to be integrally realized.

Ascent Fulfilled in Descent

Every ascent is fulfilled in its descent.

A practical example of this is a person who is not physically healthy. He becomes aware somewhere down the line that changing certain eating habits will improve his condition. This is thus a movement upwards in mind toward a higher, mental realization. And yet it will only be fulfilled when he applies it at the physical level. I.e. when he starts eating right. The ascending movement of higher knowledge and consciousness is only fully realized when one descends and applies it at the lower (material) plane of the physical body.

Intensifying Complaint

The more you complain, the more there will be to complain about.

Negative of Self-Congratulation

At the point you congratulate yourself is where you go down.

Underlying Causes of Illness

Most illnesses have psychological and karmic causes, not physical ones.

Further Comment: Inner Causes of Serious Illnesses:

-Incurable illnesses will have corresponding rigid attitudes in the afflicted person. Greed is connected with cancer according to Mother. Insecurity is connected with diabetics, B.P and ulcer and persistent loose motions etc. Migraine is associated with a strong streak of falsehood in the personality according to Mother.

If the underlying psychological factor such as greed, insecurity and falsehood are given up, what seemed impossible to cure will start retreating. (N. Ashokan for MSS)

-The body is a place for divine habitation. Its natural tendency is to be healthy. To be diseased is not normal to it. Primitive people who live in conformity with nature are a good proof of this. When the body forgets its natural tendencies and becomes enslaved of the mind, it starts to get affected by the latter's fears and worries, which leads to illness. Only one out of a thousand afflictions is a real illness. Only that one requires medication. The rest are disorders generated by the mind. (Sri Karmayogi) [including psychological disturbance, attitudinal issues, mental tension, fixidity in the nature, karmic influence, etc.]

Growth in Ascent, Development in Descent

Sri Karmayogi indicates that Growth -- such as taking to higher consciousness, more intense aspiration, etc. -- is in the ascent; whereas Development is in the descent, where these qualities are applied in the lower planes of life. Thus the higher endowments of the ascent express in the lower planes in the descent, thereby raising the latter's performance.

Upward is Growth, Then Greater Development as Descent

When we go up in consciousness, there is Growth. But then it is applied, through multi-faceted, integral descent into the lower planes of our being (life, material), which is Development.

Calling Mother in the Ascent, Her Answer in the Descent

When we call to Mother through Consecration we ascend in consciousness. When Mother answers for us and applies it, there is descent, which exceeds in its scope and integral application at all planes beneath.

Change Visible with Invisible Higher Consciousness

To change the visible, raise your consciousness in the invisible.

Further Comment: I.e. in attitude, values, mind, and spirit.

We are Universal Beings that Can Affect It by Changing Ourselves

We are not just Individual beings, but Universal ones with the capacity to extend to and affect increasingly wider collectives. Thus if one gets rid of all that is wrong in one's self, the correspondingly element in the world around us is also changed.

Organizing Consecration into Surrender

If we consciously shift our thinking to the Mother whenever we think about a problem, we will be organizing consecration into Surrender.

Goal to be Aligned with Her Intent

My one overriding Goal is to be aligned with the Mother's Intent.

Comment: Yes Sir, I think it is the safest and surest way to ever be in Her consciousness. (D)

Yes. Infused with Her right consciousness one is led to do the right thing for the right reasons bringing the very best, right results for one's self and the world.

Faith Instead of Certainty of the Now

We want knowledge of the truth of the now; i.e. certainty. But life does not always afford it. So instead we are offered Faith, which is certainty that all that is occurring serves a higher purpose.

Overcoming Others' Deceptions

A question arose to the effect asking if it is fairly easy and quite common to be deceived by others, is there anything we can do about it? I answered as follows:

When there is supramental perception we see into the integral truth of things, and are not likely to be deceived. Constant consecration also protects us for the most part this way, while building up supramental perception. It is the integral truth of things that constantly appears in the mind, while correcting the outer life in our favor.

Karmayogi has also given us many outer life hints about people's deceptions. Going through so many books in depth and perceiving life around him, he has defined subtle principles, which we can follow so we are forewarned of others' deceptions. Some are life indicators; others are physical perceptions. E.g. a deceiving person will make us tired.

If we have subtle sense developed, we can sense deceivers somehow being out of step with things. Then we can back off from enjoining them, or accepting their view. I suppose Karmayogi knows it simply by examining the face, e.g. dark or light, the aura they give off; when they appear on the scene, i.e. the life moments in terms of the totality unfolding; and so forth.

Perhaps if we ourselves are completely transparent without any malicious deceptions of our own, all deceivers outside ourselves will come forward with their deception or run away! I am sure there are a number of real life examples that have been captured by devotees as well as those seen in literature or film or history.

The BOOK by Garry Jacobs

Garry Jacob's book 'THE BOOK' is a 500+ page novel of what would happen after a consciousness based Expert System (based on the teachings of Sri Aurobindo and Karmayogi) were created for the world. The novel focuses heavily on solving society's problems, not just business or personal issues, though it includes them. It reveals the deepest principles of life with great detail of explanation, and application for the institutions and nations of the world. In one sense, he took the story The Journey with its expert software app that evokes life

response and turned it into an expert system that can cure all of the ills of world. He reveals a startling, top-secret decision-making application for human progress. In the final analysis, the book is really a thrilling ride, a great adventure of heroes and villains, of the conscious and unconscious making their way forward in building a new consciousness-based future for the world.

Ishwara, the Creator and the Unreceptivity of His Creation

Q: When a CEO broadcasts what he desires, it is clear to the workers what should be done. And yet when the Creator, Ishwara broadcasts Its Intent, it is not perceived by Man. Why is this the case?

A: The Lord of Creation is fully letting us know his intent like the CEO, only we do not have the faculties to perceive it. And yet He knows that he has created a world of mixed truth and falsehood to enable the divine current to reach the greatest number in the greatest variety of forms for infinite variation in the experience of Bliss.

Now however we have a contradiction that he is fully broadcasting his Intent to a species he has helped render as non-perfection who he knows cannot receive his Intent! That is, Man is born a divided, ignorant being. Through the Divine Intent, or perhaps we can call it Divine Sanction, he begins his existence in this status of non-perfection as a result of the Involution to enable the greatest multiplicity and possibility. Thus how can he be rendered in imperfection if he is to receive the perfect, divine Word of Ishwara in full. This is the contradiction.

But this may only be an argument of Mind, and that from the perspective of Supermind looking out on Brahman, it all fits together.

Today I happen to read that in Life Divine he says that contradictions are the best way for the Spirit to descend on earth. It enables an intensity of aspiration that draws it down. So that might be the answer. He has an Intent that is fully Broadcast, while knowing that contradiction is the best way for it to be realized.

On India's Rampant Materialism

Q: India is experiencing excessive, rampant materialism as she ascends. What happened to her famed spiritual nature?

A: India is experiencing rampant materialism as we did here in America in the 1950s and 60s, as the society finally emerged from the Great Depression. America then took on organizational and other higher values that allowed her to ascend. She is still stuck however in materialism and physical, empirical, mechanistic thinking inherited from Europe. The one value she sticks to above all else is Freedom. But it is only freedom at the physical level, with the psychological and spiritual slowly peeking out.

India is going through a similar unfolding as the US in the 50s and 60s. She is becoming wildly material in many ways. Then where is her famed spirit? It is buried within. When she discovers a modicum of economic well-being, the spirit will come back. It can even come back while in the materialization process, which will enable her to reach the super-material that is balanced by spiritual values; by Mother. That is what Karmayogi has been offering us.

Also the Spirit in India will come back and be applied in better ways than before, as she will now have a spectrum of diversity and interests -- from the material to the psychological and the social -- to evoke a plethora, of increasingly diverse realizations. Static Spirit above will become dynamic spirit below in this, the divine Mother of all nations, enabling her to become the Guru of the world

How to Become a Genius

You can become a GENIUS in any domain or field when if you develop -- your inner being; your capacity to observe life; a profound knowledge of its workings; and the will to seek out the essence and true truth of what you are focused on.

Man Has Changed Little in the Depths in Millennia; but He Can

Psychologically, man has changed mostly on the surface in the last 5000 years. Routines, needs, wants, motives are mostly the same. Little change has occurred in the psychological depths. Though Life normally compels that to happen on an individual basis, it is not formed in human personality. Thus, the possibility of further evolution of life on earth awaits that change. Personal Growth awakens it. Conscious Evolution/Integral Yoga accelerates it.

The Secret's Origins in India's Upanishads, Vedas

Wallace Wattles garnered much of his teachings from the Transcendentalists of his time, including Emerson, whose major influence was the ancient Indian texts of the Upanishads and Vedas. Rhonda Byrne called it "The Secret," but that "secret" has been well known in India for over 3000 years! She in large part learned it from Wattles. Now the Indians are being reminded of their own knowledge from the West!

Limits of Our Normal Life from Without

Our normal life is based on blind habits, superstitious faiths, or entrenched opinion entrusted upon us by family, culture, and society. (Ramesh Kumar)

Reviewing and Reversing problems of the Past that Doubles Income in the Present

Karmayogi says take a great point of confusion at present or from the past where you were indecisive; understand it at all angles of work, persons, attitudes, motives, opinions, prejudices; and then try to change into one of greatest clarity. If you do, you are assured of a minimum doubling of your current level of prosperity. (Ramesh Kumar)

Growing from Finite to Infinite

Our humanity is the conscious meeting-place of the finite and the infinite, and to grow more and more towards the Infinite even in this physical birth is our privilege. (Sri Aurobindo)

First Right Move Insures Great Final Outcome of Success

Sri Karmayogi reverses the famous Tamil proverb: 'Initial difficulty is eternal difficulty' (mudal konal mutrum konal) -as- The First, Pleasant, wholesome success in an act is the Final, complete, overwhelming Success. He asks us to ensure the Final Outcome by the First Move itself. (Ramesh Kumar)

Taking View of Another is View of Life

To be able to take the view of anyone we deal with in any matter as a rule is to take the view of life. (Sri Karmayogi)

Values Prevent the Herdal View, Inviting Individuality

There is a subtle but intense pressure on each of us to think and act like everyone else, preventing us from expressing our true personhood. Only deep values that are alive in our conscious being can hold off this herdal instinct, and propel us toward infinite possibilities.

Further Comment: I think, Roy, that this is true, and possibly more powerful a statement than appears at first glance. We all have a "reaction" - at least at the surface - when someone says something (heck, anything!) to us. That may be that "subtle, but intense pressure" that you mention. I believe this happens at our "everyday level" of consciousness.

However, as you mention, "our deep values that are 'ALIVE IN OUR CONSCIOUS BEING'" (my emphasis) is our most beautiful Life Within (aka our SUB-conscious) that propels us past those moments when we may "sit and ponder" that which comes our way and which may catch our momentary glance or make that "pressure" felt. Thoughts on this anyone? In the meantime, back soon! (Kathy)

-Yes that totality of common influence that establishes a kind of natural setting for the reactive dynamic is so primal. How to take a step outside it? That is why practicing non-reaction and

consecration is so valuable. It's a way out. Applying right attitudes or higher values does the same. (Roy)

- The subtle intense pressure is some hidden emotions of us to act and live like others. It is a phase which we cannot avoid in life as everyone wants to get linked and stay in touch with their fellow beings. But Life gives some pressure or dry moments to come out of this herdal living. When we sense this instinct and we realise that we are in the wrong atmosphere it is evolution. Even in the midst of 100 people if we can live a life or stay in our uniqueness it is a magical moment as we have touched our inner and expressing it as individuality. (D)

Surrender to the Divine Shakti to Change Your Nature

Surrender everything, reject all other desires or interests, call on the Divine Shakti to open the vital nature and bring down calm, peace, light, Ananda into all the centres. Aspire, await with faith and patience the result. All depends on a complete sincerity and an integral consecration and aspiration.

The world will trouble you so long as any part of you belongs to the world. It is only if you belong entirely to the Divine that you can become free. (Sri Aurobindo)

Undoing a Negative through Unbother

When you stop worrying or being bothered by a perceived negative, that thing can cease from ever having been in the first place.

Gratitude toward Prospective World Changing Project

It is rare to have the opportunity to express one's deepest aspirations, values, and ideals in a project that can help change the world. It is a privilege to partake in that descending and ascending Grace.

Ego in TV, Film, We Cannot See in Ourselves

If you watch TV, film, etc. the majority of the unfoldings of life for the characters involve the expressions of Ego or the compulsion of life to overcome it. It is true for us as well, but it is more difficult to turn the camera on ourselves.

Comment: Yes, we always like to watch others and not see ourselves. (D)

Focusing on Other's Needs, Concerns Attracts Positive to You

When you focus on the needs and concerns of others, you not only create benefit for the other party and greater harmony in your relationship, but you attract sudden good fortune back to yourself.

Taking Pleasure in Future Personal Growth

We feel great pleasure when we learn of circumstance that reinforce our emotional ties. If only we can feel the same about conditions that would bring about our further personal growth.

A Prayer

Whatever You want me to do, I will do.

Whatever opportunity You wish me to take, I will take.

In whatever way You want me to grow, I will grow.

In these and other ways may I be progressively receptive to Your Grace.

Ambition vs. Aspiration

There is a subtle difference between ambition and aspiration. The former comes from want, desire, and is never really fulfilled. The latter contains something higher, a thing necessary and wholesome, that also leads to growth and inner fulfillment.

No Title

Unnecessary, excessive talking evokes negative response.

Positive Effect of Eliminating Negative Comments

Withdraw unnecessary negative comments about particular conditions. Doing so tends to dissipate the problem.

What Matters is What You Value

They say it's what you do, not what you say that really matters. But what ultimately determines is what you truly value.

Small Men Can Achieve what Great Souls Cannot

What great souls cannot achieve small men can. (Sri Karmayogi)

Comment: One interpretation: An ordinary person who Consecrates can elicit power in life that changes the world around them in ways even a great soul may not have utilized. Ordinary men have access to the increasingly descending Force in this Hour of the Infinite. Small men also focus in areas great ones do not, and so they can attract new possibilities in new fields of life not attainable by great souls who are preoccupied elsewhere. Similarly, in the New Age, the leaders have increasingly less influence, as the small man increasingly -- from the bottom up -- becomes the determinant of change in the world.

From Resistance to Fluidity

When you resist, things go wrong. If you have a sense of fluidity, there are no clashes. (The Mother)

Comment: ... and things go right. Life works in your favor.

On Ego and Personality

Ego gives one the sense of, and the illusion of one's personality.

Patience, Peace Within Leads to Right Action

When we are patient, and when we are receptive by living in the peace of the inner consciousness, we tend to know what to do and how to do it.

Take Up Life's Initiatives, Not Your Own

Normally we take initiatives to accomplish in life. But our research has shown that when one initiates on one's own, it is more likely to fail than succeed. Is there a way out? Yes, it is by responding to LIFE'S initiatives. When life comes to you with an opportunity and you take it up, success is almost always guaranteed. One man moved across country with the idea of starting a house painting business. It was a self-driven initiative, and it ultimately failed. A while after, a friend of his family asked him to work at one of his chain stores. When he did, an astounding series of positive successful outcomes followed; and his life was changed forever. That is the power of responding to Life's initiatives rather than taking one's own. It is a power of stillness and silence in which we wait for life to take us to the next level.

Matching Our Goals to that of Our Evolving Being

Just like your ordinary consciousness, the normal you, your Inner Being and Soul also has a secret Aspiration of something to be achieved. It is what you are meant to achieve or come to know or realize in your life that It seeks to absorb the Essence of. Therefore, when you are clear about your own goals, pushing aside what is not relevant, you align more with the Inner Being, the Soul within. Your Intention and Its (including what it wishes to know through your growth, as it is an EVOLVING soul) connect with one another in close association.

Of course what you want should be what is truly necessary in your life for accomplishment and growth, not merely what one's ego dictates. To perceive the difference is wisdom.

Then do you know what your own evolving Soul particularly wants out of you?

Life's Initiatives and the Aspiration of Our Soul

Elsewhere there has been discussion about the importance of not taking initiative, but rather waiting on Life's initiatives. Can we therefore say that one clue to what our Psychic Being aspires for in this birth is what Life is calling us to do. Doubly so when we know Mother is behind that Intention as devotees.

Thus we can recollect everywhere Life compelled us to move in a new direction, and develop a map of consciousness that we are and have been moving through. E.g. one man's soul needs to understand the benefit of hard work that can be a dynamic instrument for Mother's Grace. Another individual is a ripe soul in terms of kindness, generosity, and affection, but has little knowledge, and therefore much understanding of life to gain. And so forth. And it can be for several main aspects.

This also applies to problems we encounter in life, for by going through each one, we learn something; something our Psychic has longed to discover through its latest instrument.

Furthermore, if we develop this knowledge, we can now consciously apply it in work and the rest of our lives, to accelerate our evolution, and that of the interest and intent of our Evolving Being.

Changing Our Impossibility into Possibility that Vibrates through the World

The Mother said we each represent an impossibility that can become a possibility. This is why we are here, what our evolving Soul yearns to more fully comprehend through our progress.

And what we change within will also vibrate out and change the corresponding aspect(s) in the world.

And there also may be a Universal Soul that too is evolving, which through our development we partake in. In that way, we play an integral part in a universal process of Becoming, which itself is an instrument of a Transcendent Will that seeks manifestation of its spiritual qualities in the universe.

Sri Aurobindo says the universe evolves through the evolution of the psychic in Man, thereby fulfilling the Divine Intent.

The Mother's Power is Greater Now

On the notion that the Mother's Presence and Life-affecting Force is more powerful now than when she was on earth:

-The world is evolving rapidly, especially at the level of technology, which is a subset of the evolution of Mind or mentality that is accelerating, especially in the last 20-50 years. We, i.e. the Earth are more open to possibilities, as a more rational, mental world sheds more of its superstitions. Her Force can thus work more effectively at the global level, which can also affect individual receptivity to a degree.

-She ended the Cold War, which might have destroyed the earth. She did so from the subtle physical plane. Has there ever been a greater preventative achievement in earth's history?

-Individuals, including superconscious ones like Sri Karmayogi, are calling in her Grace increasingly, even in floods. So the more we call, the more She Answers. It may be a trickle compared to the future, but is a breakthrough compared to the past.

-Sri Karmayogi indicated that though they tried, Sri Aurobindo's disciples were unsuccessful in practicing Integral Yoga. Maybe most did not even consecrate in a pure form. Now people are doing the latter in increasing numbers, evolving powerful outer response and elevation of consciousness.

-There is a world consciousness brewing as well, as many have taken to paths that lead to integral approaches to personal and spiritual growth; unprecedented in history. This enables greater receptivity from Her.

-The supramental Force has its own momentum, thus is progressively descending on earth now after Mother left. It is a movement downward without even our evocation from below.

-Mother said that sometimes her body was an obstacle in the way of the Grace. That obstacle is no longer there.

Cosmic Sense Beyond Common Sense

Common sense and practicality are very useful in life. However, there is a higher truth; for a greater, infinite-like Life. It can be stated as: Beyond Common Sense is Cosmic Sense. It gives us ultimate power of discrimination. To gain that power, one needs to progressively attain a cosmic consciousness, perceiving the universality and interconnection of things; and beyond that, the supramental truth and power. As result, the Infinite and all its truths open before us. Now all we need do is follow and apply it. The world then unfolds as a Marvel.

Karmayogi also refers to this dynamic as the "Logic of the Infinite," which is something we can perceive in the Unfoldings of our lives, and then apply it, evoking the infinite from the finite. He also tells us that the Logic of the Infinite is a PRACTICAL concept, as it creates vast, practical results when applied. It occurs to the degree we are conscious; e.g. through constant consecration and realizing the Laws of Life, with Surrender a stage beyond that.

Common Sense vs. Discrimination

Karmayogi indicates that common sense is practical judgment that is independent of any specialized knowledge mostly by past experience and mostly inflicted with psychological and sociological opinions. Often it is temperamental. These are only based on past experiences and not necessarily be correct. For example, if psychological & sociological common sense says that only corrupt means can accomplish a Government related job, and by all parameters, this is good common sense that can bring results.

And yet Sri Karmayogi asks us to use discrimination and not common sense in such situations, which is defined as fine distinctions in the common sense. Discrimination is thus 'choosing only the truth', whatever be our subconscious or surface conscious. Discrimination is to sift the chaff from the grain'. Thus it is a fine distinction to see the TRUTH of life, at all levels, intermixed with what is not true.

Sri Karmayogi says common sense becomes discrimination when we analyze success and failures in ourselves, and of others, and all that is happening around us; taking the lesson based on Spirit's (integral, true) view, correcting the mistakes, not owing to do anything in future except all that is for progress in Truth's way.

Example: In a problematic situation, where I very well know that it is not possible for me to pay when the goods arrive which is critical for continuation of on-going work. The common-sense view is not to tell the supplier till the goods arrive, receive it and apologize for not able to pay then and there and pay later. Any supplier will accept that as a common business practice and my work will go on as planned if that is what we need and we can conclude that common sense is good here.

But, discrimination needs me to see the Truth. In that sense, when I saw the whole situation, I felt I am cheating him and breach of his trust on me. So, in confusion, on whether to do that or not, I consecrated the issue. To fortify the consecration, I called the logistics department of the supplier and expressed my inability. Alarmed he informed the GM finance who asked me to meet in person. During discussion, he found my technical capability which will be useful for his new product, introduced me to the product manager, and later got distribution rights free of cost- which is actually helping me now in tiding the general slowdown

in economy. [Thus discrimination evoked good fortune, as did the consecrating of the act.)
(Paraphrase of Ramesh Kumar)

Inner Life, True Individuality, Another's View, Initiative of Life

We can also see a relationship between Taking Another's Point of View and initiating only through Life, not our self-initiative. When we respond to the initiative of Life, we ARE taking the others' point of view, as we open to its opportunities. On the other hand, following our own initiative is in general not to take the other's view, but to insist on our own way.

By the way, taking the other's point of view does not mean we give up Individuality, for the view of the herd. True individuality, of the spiritual kind originates from the depths of our being, to the Psychic where we garner deep subliminal insights on what to do and not to do, also putting us in harmony with others. From there we can't help but follow another's view, as they are perceived as us. Thus, we have the Inner Guide of true spiritual individuality, and the other person to take us forward. It is not simply following the herd.

So perhaps we can generalize and say we have two opposite lines:

-Psychic Being/depths, Spiritual Individuality, Taking Another's View, Initiative of Life

-Surface Living, Herd's View, Avoiding Another's view, Self-initiative

The former leads to infinite success and joy; the latter finite success and failure/pain.

Contrition for Ego-Based Negative Undoes the Result

When one feels contrite for and consecrates an Ego-oriented action that attracted a negative, it will have the effect of cancelling that which was taken away, while moving things back in the right direction.

Example: A man was earning through his web site via on-page advertising, but seeing a rise in income, wanted even more. He asked others for their advice on how to make that happen, which was given. A while after, the site suddenly started LOSING 25% or more of the income, with an equal drop in viewership; the reverse of what he intended. When he understood his greedy, ego-oriented action and unnecessary initiative -- as things had been going well, growing well on its own, -- felt remorse for it, offered it to the spiritual Force, and FORGOT about it, the site soon regained all that it had lost in terms of money and viewership. Now it is quietly and nicely moving up.

On Sending Mother to Others, Including Limits

While sending Mother to another person, organization, situation, etc. to elevate it and produce positive life response results, Sri Karmayogi gives these basic prerequisites.

-Make an exhaustive list of all the men related to business or subject, objects, ideas, opinions, obstacles, time, Space, correspondence, relationship, etc. before you send Mother.

-With respect to obstacles or negative things, sending Mother to them will fortify the obstacles. So take effort to first remove the obstacle or reverse it if it is an attitude and then send MOTHER.

-The idea behind sending Mother- our interest in the envisaged results- is replaced by an interest to other higher values and consciousness. It can also be raised by raising the goal, motive, attitude, ideals- its determination, its commitment etc.

-Sending Mother should be for moving away from the moorings of human life to the foundations of higher life. (Ramesh Kumar, slight modification)

Inner Joy = Divine + Receptivity

The level of inner joy is the level of penetration of the Divine one side and receptivity on the other side. (Ramesh Kumar)

Another's Point of View and Their Happiness

To truly take another's point of view we have to know what will make them happy. A debt collector would like to receive payment; even double payment from the debtor. This makes them happy. An apartment manager would love to collect all the rents on-time, so she can report it to the owners as such. A parent would like to know their children are listening to them and are thereby being kept out of harm's way, etc. To know what would make another happy is to psychologically relate, is to have the other person's perspective of things.

It is a movement of IDENTITY. It is imagining what it is to be in their shoes relative to the issue at hand and further still. It is to want what they want. It is to be motivated in their direction with what makes them feel joy. It is a supramental movement; i.e. of unity consciousness. It is Oneness, being one with another in terms of interests and motives.

We can see it at increasingly psychological levels. At each point we go further towards them, we take a step away from our Ego, which is separateness. At each point we relate deeper, their potential joy increasingly becomes our concern. And in that context we increasingly take to their perspective and view of things.

Example of Taking Another's Viewpoint

An example of taking another's view that attracts:

In my (ego) view I am struggling to learn the lessons for my upcoming class for my students. From their viewpoint, they will gain pleasure from their understanding when they are taught. Shifting from my view to theirs will make my learning of the lessons easier and enjoyable, their experience in the class exhilarating, as well as attract other unforeseen positive developments.

No Title

Discovering what gives them pleasure - mentally, vitally, physically - is to take their view.

Sending Mother that Backfires on Benefactor When Beneficiary is Extremely in Negative

Before sending Mother to other people one must assess one's own strength of personality. If it is stronger than the recipient, then the intention will succeed. But if one's own personality is weaker than the other person, the karma of the other person will have a detrimental effect on the person sending Mother. If you are constantly sending prosperity to another person not doing well, he may come out of poverty. But if his poverty was very severe, the minute he recovers, you will go down. My father worked for the prosperity of some villages steeped in poverty by helping them get bank loans. The villages came out of their poverty. But the same year my father's agricultural estate was devastated by a storm and 60 acres of banana plantation was destroyed and it took him years to recover from the financial loss which ran into 3 lakhs or more which was a huge sum in the 1970s. His act was one of pure goodwill. But their decades-old poverty was very extreme and its karma on the rebound was very severe and the result was that his own prosperity was cancelled for many years. (N. Asokan)

Why Satchitananda was Easier than Supermind to Reach

The question raised is why was it relatively easy for Sri Aurobindo to attain to and realize Satchitananda, but it took him 10 years to discover Supermind, which is Satchitananda's objective status

Sri Karmayogi answered by equating the subjective and objective versions with the Indian governor and Indian chief minister. The Indian governor appoints the Chief Minister and so is a higher official than the politician. The position of the governor is like that of Satchitananda. While any retired IAS Officer can become a governor, it is not same with the Chief Minister who has to be popular though the whole state to become the CM. Becoming the CM is like attaining the Supermind while becoming the Governor is like attaining Satchitananda.

I added the following additional thoughts, though admittedly speculative:

Supermind renders and carries out in detail the Intent, the Real Ideas of Satchitananda. The process and result is therefore practical, objective.

A good sports team will have a team philosophy. It will have a coach to realize it, and players to carry it out. This can be likened to Satchitananda, Supermind, and we individual humans. It is a movement from subjectivity to objectivity of the infinitesimal. The final score is objective; it can be ascertained.

When the outcome is created, the subjectivity of Satchitananda through the action of Supermind and the Evolving Spirit in the individual is fully objectivized; which is the end game and divine purpose of life on earth.

Perhaps Supermind was more arduous to discover because it is younger. And out of Supermind come those things that never existed before. In addition, it may have been harder to find because there's little Indian tradition of its existence to make it easily realized. (Even Overmind has Gods to make its universal consciousness understandable and reachable.)

Now through Their experiences and their evocation of It on earth, we can easily draw on the Supramental power. As a result, we are Lucky, and infinitely grateful.

Influences On, Experiences of Sri Aurobindo

Sri Aurobindo's teachings are a synthesis of, yet transcend the spiritual influences that he came to know and personally experience. Among them are:

- the one Reality, Brahman, which is both active and passive; beyond existence and existence itself (Vedanta)
- the oneness of the spiritual dimension, of God (Monism)
- the existence and powers of gods (Indian tradition)
- the oneness of the divine and life (Non-dualism)
- the cosmic energy, shakti of creation; the divine mother (Tantra)
- the supramental truth consciousness as creator of the universe (via Vivekananda)
- the planes of spiritual mind above mind, including intuition (Vedanta)
- the unity of all spiritual approaches that discover the one divine (Ramakrishna)
- Real Ideas and divine intent unfolding in creation (Kant and eastern influences)
- yogas of knowledge, works, and devotion (Bhagavad Gita)
- the personal divine (Bhagavad Gita)
- the psychic being (?)
- experience of the negation of all in transcendence (Buddhism)
- the attainment of moksha, liberation in the transcendence beyond this world (Rishis, the Vedas)
- involution (?)
- evolution (modern western thought)

Integral Perfection in Work

An integral, many-sided perfection of a work takes it to supramental status, where one attracts vast, infinite-like possibilities and results. Perfecting every detail, in every dimension is perhaps Sri Karmayogi's central approach to work. His method is to list out half a dozen scales of measure by which one's work can be perfected; e.g. in terms of accuracy, timeliness, responsiveness, level of organization, intensity of effort, maximum utilization of resources, etc. Then act to move the work higher in each scale. Positive life response will break out; as the infinite replaces the current finite.

Making Real Doing Work for Divine's Sake

Do your work for the sake of the Divine, not yourself, which only leads to temporary happiness, instead of true, inner Joy. This requires a different orientation. How will you accommodate that; make it real in your daily life?

Indian Corruption, Dishonesty

If the Indian people could give up corruption and dishonesty, it could attract wider prosperity, and the direct or indirect reunification with its former lands.

D: If the leaders of India are strong and determined against corruption or people themselves have something inside them to stop them from indulging in corruption it will bring a change is my thought. My husband says if India is administered by westerners it will be corruption free.

Response: Yes. Devotees can practice scrupulous truthfulness in their own lives and attract these possibilities. But do we each know where we are lacking? One form of truthfulness is to accept the truth about ourselves where we know we fall down; such as unpaid debts.

... or holding a grudge, or a truth about things we do not accept, or our exaggerated claims on matters, or favoring one child over another, or manipulating events to our advantage. or slavishly following what our ego demands, etc. Changing these will attract the end to corresponding discords; whether corruption, conflict, war, or whatever.

Perfection in Work and Infinity

When a work rises to perfect perfection, infinity breaks out.

Perfection of Spiritual Qualities in Creation

To perfect every possibility -- of which there are an infinite number set in motion by an Infinite consciousness -- is the goal of Creation. It does so through the application of spiritual values, including Silence, Peace, Oneness, Truth, Knowledge, Goodness, Beauty, Love, and Delight. We fulfill the Supreme's aspiration to perfect every possibility by realizing these cosmic determinates in our own lives, and applying them to every matter, from the largest down to the infinitesimal.

Expansion and Contraction in the Process of Creation

The process of creation -- for the Supreme and for us -- is to go wide to allow for the broadest and most varied possibilities, and then to narrow down and perfect through an effort of organization and higher consciousness.

Supramental Descent and Earth's Aspiration

Supramental descent is the will of the earth's aspiration. (Sri Karmayogi)

Q: When Karmayogi says this, does he mean Prithivis? The Earth as a sentient Being?

A: Just as we have an aspiration during our lifetime, the earth has an aspiration during its existence - as its source and basis is a life force, has a will of its own, and originates from Spirit/Soul. It is thus an aspiration of the earth's essence and being. So yes it seems to be what you indicate.

In every physical object in the universe, there is an Essence we can come in contact with. If we do, that person, place, or thing comes alive; responds to our interest and will. Sri Aurobindo indicates that the Essence and Spirit has been buried, is involved in creation, is hidden in the object or form; yet is nevertheless there. This is what we can evoke, bringing the subtle, hidden, involved essence and being to the surface of life. Essentially, make it come alive.

Supramental Perception of the Reality

Supermind is the faculty that enables us to see the whole of the Reality, the All, Brahman. From there we see the Spirit and Life as two expressions of that same Reality.

Nature and Our Progress

Nature gives man the experiences he needs for progress.

Soul vs. Psychic Being

The Soul of the individual (Jivatman) is the spark of the Divine. It is the creative unmanifest potential. The Psychic Being, an outgrowth of the Soul, is the unfolding of that potential in time. (MSS)

Moving to Higher Plane by Saturating Current One

When you saturate the plane you are in, you are taken to a higher plane. For example, if you are in sales, do moderately well, but then are able to make the exhaustive, maximum effort suddenly demanded of you, life responds overwhelmingly and you are taken to a new plane of success. The same is true when you saturate a positive attitude, goodness, aspiration, skill, knowledge, psychological strength, determination, and so forth. In essence, by maximizing in any of these areas, your energies spill over at the plane you are in, attracting your entrance into a higher one.

Further comment: The breakthrough to the next plane is also in terms of the work you are doing. E.g. from sales to sales manager; or from researcher to partner. The latter is what happened to Erin Brockovich after her monumental physical effort that helped secure a \$400 million settlement for her clients.

In addition, had you consecrated the effort, you would receive not just Grace but Super Grace.

Mind and Supermind

Q: What is the role of mind in creating supermind; just like body to mind what is its role to higher mind?

A: Withdrawing mind from preoccupation with outer sense information, and silencing the mind from thought moves one to spiritual mind, including supermind. Constant consecration does the same. Connecting with psychic enables direct connection with supermind. The deeper we live, the higher in spiritual mind we go.

Movement from Limited to Spiritual Mind, and Role of Consecration

How little our poor little Mind understands. It is such a poor instrument for absorbing the countless truths, events, and circumstance affecting us and relevant to us in a given instant in time. And yet in the future we can know all such things through intuition and supramental perception which gathers all germane truths of that moment instantly and at once. Our paltry, inadequate little Mind is like a small solitary pail catching the waters of a monsoon downpour, when an entire vast landscape is required.

Further Comment: It is why Consecration is so important, as it gives us the knowledge we need from moment to moment, plus it sets right all life conditions. Our current Mind thus increasingly becomes an obsolete instrument, replaced by spiritualized Mind of illumination, intuition, revelation, and supramental perception, the latter of which is the ultimate power of integral knowledge and truth, as well as of creation and manifestation.

Accelerating the Arrival of a Divine-Oriented Life

Humanity does not seem to be cooperating with the Divine Intent, pulling in the opposite direction, making it seem like it will take forever for a Spirit-oriented life to come about. Is there a way out of this conundrum? Can we accelerate an opposite dynamic, evoking powerful positive response from life?

Imagine if an increasing number of individuals in important, influential positions of power -- in government, business, global relations, etc. -- evoked the Mother's supramental Force. There could be sudden leaps of progress in those areas/fields, infused with a deeper, dynamic, creative consciousness. This would surely accelerate Sri Aurobindo's, The Mother's, and Sri Karmayogi's Divine-oriented goals.

The Mother in The Agenda also spoke of how society's views change very swiftly; how it was just a matter of a current of thought, emotion, or belief suddenly altering course; spontaneously shifting from one direction and view to another. One day, people are thinking

one way; unforeseen events occur, values change, causing the current to shift, and suddenly people are thinking in an entirely new way. In an Internet Age, this dynamic will only occur that much more swiftly.

Perhaps in the end it comes down to changing ourselves, which can have the effect of changing the world around us. We have that divine-like Power within us. To accomplish that, first we need to ask ourselves what we would like to see changed in society. Then we can find the corresponding limited qualities in our own being, reverse them, and the outer world will quickly be affected. I.e. a wider, collective response will suddenly come about. We really do have that power to affect life. To test our sincerity in this regard, we can begin with a few small experiments of our own.

Distain for Another's Success

Not wanting others to succeed is a very ugly and very common human quality. Its life response effect is to hold our own selves back.

Subtly we express this quality far often than we realize. Sometimes it's in the form of jealousy. Other times competitiveness. Regardless, it always issues out of Ego, which personal awareness overcomes.

Another's Point of View that Enables Integral Truth and Personal Growth

When you are with another, put yourself in their shoes, and see things from their perspective. You will instantly move toward integral truth consciousness in that interaction. You will also grow as a person as your being widens and opens to a deeper knowledge and understanding, while creating more harmonic associations and relations with others and life.

Sri Aurobindo's Yoga

In Sri Aurobindo's Integral Yoga, you Surrender to the Divine, which rids one of Ego, which connects one to the Psychic Being, which universalizes the person to others and life, and which calls down the Light and Force into all planes of one's being, transforming them, enabling one to become a gnostic, supramentalized individual, forming the basis of a Divine, Supramental existence on Earth.

Collaborating in the Ascent to and Descent of Spirit

The Ascent is the evolutionary movement to Spirit. The Descent is Spirit descending into life. We can collaborate in this dual movement. Sri Aurobindo's Integral Yoga enables this to happen. Its method is Surrender - to the Divine Mother; the supramental force and power.

Power of Acting from Both Being and Becoming Simultaneously

If an ordinary person can raise their level of consciousness outside the bounds of the frontal personality and station themselves in a poise of consciousness that is capable of living and acting from both the Being and the Becoming simultaneously, it is possible to tap into this infinite wave of unfolding potentials and draw on the power of the original act to achieve results that are far beyond what life ordinarily permits. (Sri Karmayogi)

The Other Man's View Puts Him At One's Disposal

The other man's point of view is the all-comprehensive power of life that puts the other person utterly at your disposal. To take the other man's point of view, to take the view of life, is to move to Mother's life. If one does so selflessly, one becomes a devotee. (Sri Karmayogi)

Comment: By taking or seeing things from another person's vantage point and view - a very difficult thing for the average person - they immediately respect you, which leads to their willingness to do for you, which in essence puts them at your disposal.

Also, by putting ourselves in their shoes, we move to the integral truth of things beyond our current limited view. It is supramental perception and consciousness, which not only sees the

whole of a matter including the salient details, but attracts positive psychological and material results related to that knowledge - i.e. life responds!

To put it another way: When you are with another, put yourself in their shoes, and see things from their perspective. You will instantly move toward integral truth consciousness in that interaction. You will also grow as a person as your being widens and opens to a deeper knowledge and understanding, while creating more harmonic associations and relations with others and life.

Question by Reader: But this knowledge and perspective of what the other man feels and wants -won't this be distorted by our own mental & vital egos? How to avoid this?

Response: Yes, it can be. But let us first make the effort, and see the enormous (life response-evoking) benefit. Just the tendency to do so puts one in a Truth Consciousness, which garners integral, many-sided knowledge and attracts positive conditions. It is far better than the ego that only cares about one's own opinions vs. another's. The more we listen to another, the more we will be pulled out of our own ego. In any case, try doing it, it will be quite enjoyable and refreshing.

The Limited Good vs. True Goodness

What we know to be good belongs to the lower hemisphere of Ignorance, and is the opposite of evil, not pure Goodness. (Sri Karmayogi)

Comment: The good we know is truth mixed with falsehood. Positives and negatives issue from it. The True Good only has positive consequences, avoiding any dark shadow. Constant consecration and dependence on the higher Power puts us in touch with the True Good in many different ways. The Supramental power elicits integral Truth, constantly revealing the True Good. Consecration, opening to the Mother IS that supramental power.

Overcoming Inner Resistance to Grace from Consecration

Inner resistance prevents the Grace from acting for one's benefit when the Force is invoked through Consecration. Identify and overcome the limit in one's being, and the Grace will act on our behalf; life will suddenly and abundantly respond.

E.g. one prays, calls for substantial increase in one's salary, but nothing comes due to resistance of unwillingness to pay off old debts. When you then change the attitude and take the necessary action, the salary increase consecrated comes, and much more.

No Title

Take pleasure in another's enjoyment.

E.g. when they come upon a new success, feel joy in their joy. Practice this with each person you come upon.

On Worry and Relationship

What you worry about, you forge an intense relationship with.

On Retaliation & Relationship

Retaliation insures continuous relationship. (Paraphrase of Sri Karmayogi)

On helping Others vs. Raising Our Consciousness

Our first responsibility is not to help others, but to raise our consciousness, which enable the truest and most effective relations with the world around us.

Grievances and Awakening of Our Deficiencies

Grievances towards others is a sign of awakening of our own deficiencies.

Further Explanation: When we complain about others, it indicates corresponding deficiencies in our own nature, which we need to change. E.g. Instead of complaining about a spouse, examine why you have to resort to complaint. It could indicate your own lack of strength, self-givingness, etc. Change yourself, i.e. in these lacking areas, and the outer - the person you complain about - will then change in kind. In any case, the first law of spiritual life is non-reaction (to another's intensity, wrong doing, etc.). Positive things always happen when we take that tact; certainly we avoid further negatives ones.

Devising a Positive to Replace a Negative Attracts

Rather than be disturbed by an apparent negative that comes your way, devise a related positive to replace it.

Further Comment: When that negative comes, it will be accompanied by closely related potential positives, which we can come to quickly know if we have the subtle sense to perceive it. E.g. there was a faulty photo placed by another that unexpectedly appeared at an administrator's web site. Rather than be bothered by it, he had the right subtle sense of things, and created an extraordinary new, more beautiful photo than anything that had appeared before. Thus, the entire dynamic and cycle proved quite valuable.

...and a corollary: Shifting your perspective from reaction toward that which could disturb to non-reaction attracts instant positive results - that resolves, uplifts, creates new possibilities, etc.

Scientific Skepticism about the Soul

The mentality of the Scientist is very physical and therefore he looks for a physical basis for every psychological phenomenon. They have discovered the brain to be the seat of Mind as their physical investigation has verified that the nerves in the brain are indeed designed for mental activity such as thoughts and other cognitive abilities. Spirituality claims that apart from Mind Man also has a soul. Such a claim compels scientists to look for the physical basis in the body. The brain that serves as the seat of Mind can also equally serve as the seat of the soul. This however, scientists are not willing to believe since their laboratory experiments have not supported the claim that brain can equally be the seat of the soul as well.

Spirituality contends that the spirit resides in man using some subtle center which need not be physical at all. As the subtle center cannot even be verified The Scientific Community has come to the conclusion that the existence of the Soul is unverifiable. Admitting the possibility of a subtle center will require profound changes in scientific methodology which it is not willing to take. Given such a profound divergence of approach, it will be very interesting to find out whether in the days to come, Science can ever formally admit to the presence of a soul. May be, it is wrong to even expect such an acceptance from materialistic science which at no point ever reconciles with the basic tenets of Spirituality. (N. Asokan, MSS)

Sri Aurobindo On Love

Love is a passion and it seeks for two things, eternity and intensity. (Sri Aurobindo)

Romance that Lasts

The secret of lasting romance is not a matter of chance or luck or the magic of finding the perfect person. It lies rather hidden in the aspirations and values that bring two people together in the first place.

Allie in the film *The Notebook* made a conscious decision to follow the deeper urges of her heart, rather than the surface attraction of wealth, material security, status, respectability and social success. It is true she did love Lon in her own way, the way we love all our families, all that we are used to, all that represents a comfortable and acceptable way of life. But her love for Noah issued from the depths of her being. She had the strength which her mother lacked to renounce the safe and secure path in favor of an emotional adventure of the soul. (from RomanceEternal)

Problems are Small from Perspective of Higher Consciousness

From our highest consciousness, the things that bother and stir us seem slight. To reach that status, however, one must make a yogic progress.

Further Comment: The Mother was fully realized at the plane of mind and the vital being. Her yoga was predominantly at the physical plane, i.e. transforming it. Thus the fears worries, pains, problems etc. we experience are nothing for Her, as they fall from her like water from a duck's back.

We are hardly anywhere near that. Taking to yogic practice (conscious evolution), like Sri Karmayogi and others, enables this to happen.

Yogic Stillness

To remain always still inside, not reacting to a fear, a worry, a regret, a problem, a pressure, an intensity, a pain, etc. is the goal we seek on the way to yogic purity, strength, and power.

Further Comment: From our highest consciousness, the things that bother and stir us seem slight. To reach that status, however, one must make a yogic progress.

The Mother was fully realized at the plane of mind and the vital being. Her yoga was predominantly at the physical plane, i.e. transforming it. Thus the fears worries, pains, problems etc. we experience are nothing for Her, as they fall from her like water from a duck's back.

We are hardly anywhere near that. Taking to yogic practice (conscious evolution), like Sri Karmayogi and others, enables this to happen.

Higher Attunement to Life from Depths

From an ongoing status of living in the depths culminating in soul, psychic being, the ego interferes less, we are more open to others and their insights, more in tune to what life is telling us, more eager to discover the essential knowledge needed, more apt to listen to the Inner Guide, etc., which gives us far greater access to the true Truth of things.

Sincerity toward the Inner Divine as Totality, Perfection

Sincerity to the Inner Divine is like a totality of being, an identity with perfection that is like the objectivity that is Truth.

Truth is Truth

Truth is not what you believe, or what I believe. Truth is Truth, and that should be what we aim for.

True Individuality from the Deepest Depths

True Individuality is to live your life from the deepest essence of who you truly are.

Further Comment: The deepest essence from which we can express our Truest Individuality is from the Psychic Being, the evolving soul within, which we can arrive at by Surrendering our very purpose and existence to the Divine Mother. Now we are continually being informed from there what to do and what to avoid, enabling the very best, the most dynamic and creative intentions and actions, personifying our status as a True SPIRITUAL Individual.

Forcing a Child's Destiny

Forcing a child's destiny -- whether in terms of interest, values, career, romance, marriage, etc. -- is to abuse them and deny their freedom to become themselves.

Mother and Ishwara Power

When we call the Mother through our consecration efforts, we evoke the Creator power (Ishwara) behind the universe.

The Center Behind Our Personality; and Others and Objects

Behind the surface personality in man, lies his true inner being. By contacting this deeper center he gains freedom from all the conflicting elements of his personality and the power to mold them into a unified harmonious whole. He discovers the Divine within himself.

So too, behind and within all other living beings and material objects, there is a center of pure consciousness. By entering into conscious relationship with that center in other things and beings he gains a direct knowledge of his external environment and the power to influence conditions and events. (Sri Karmayogi)

Beyond the Possession of Marriage

Marriage is possession. Romance on the other hand is freedom, as one is engaged in the Adventure of Life. And yet partners in a marriage can move up the scale of romance and discover their own further Adventure.

Consecrating so Another Overcomes Conditions

You can consecrate that another individual who is struggling figures out the right method, or comes up with the right attitude, etc. in a situation, which will enable them to move in the right direction, attracting good or great fortune for all parties.

No Title

One man's perfection can save the whole world. (Sri Karmayogi)

One Man's Perfection Can Save the World

One man's perfection can still save the world if that is perfect perfection. The world knows thousands of men who have scaled the heights of fame by virtue of possessing ONE skill in perfection. (Sri Karmayogi)

Comment: -In essence when we perfect something, we move it from the human to the spiritual level, where the infinity of that thing breaks out.

-To perfect something we must examine it (e.g. a skill, a work, a project, etc.) from every angle and raise it to its maximum possibility. At the point we reach that, vast success rushes in propelling one to the stars. If it involves a work affecting society, it can change the world. Thus, one man's perfection can save the whole world.

Faith in Mother

Faith in the Mother conquers all.

Your Negativity Used Against You

Whatever negativity you put out will one day be used against you.

Further Comment: E.g. a father interferes in his daughter's ability to freely determine who her husband should be. She thus marries another who she does not love. In that marriage, her bitterness goes out constantly to the father, who adored her beyond all things in life. Now he is miserable having lost the affection of his beloved daughter.

One man in the old American West sought to kill criminals who did harm to others. He was obsessed with getting revenge on these bad people, to the point that he cared little if they actually and truly committed the crimes in the first place, or they were committed so long ago that the law no longer holds. Then one day, he himself is accused of a crime that he did not commit, and so he is forced on the road to be hunted like a dog. Thus, the negativity he put out of getting revenge against criminals whether just or not, he himself is forced to experience.

It is just another way of stating the Law of Karma; i.e. negative action/reaction. What you sow is what you reap.

Aim and Object of the Integral Yoga

The yoga we practice is not for ourselves alone, but for the Divine; its aim is to work out the will of the Divine in the world, to effect a spiritual transformation and to bring down a divine nature and a divine life into the mental, vital and physical nature and life of humanity. Its object is not personal Mukti, although Mukti is a necessary condition of the yoga, but the liberation and transformation of the human being. It is not personal Ananda, but the bringing down of the divine Ananda -- Christ's kingdom of heaven, our Satyayuga -- upon the earth. (Sri Aurobindo)

On Original Thinking and Ideas

When the practical man is confronted with problems, he looks for practical solutions, while the thinker looks for ideas to solve them. But when the Original thinker is confronted with problems, he takes that as an opportunity to know himself in the wider measure. The Original thinker seeks not just ideas but original ideas which are called in Philosophy Real-Ideas. Cadmus Journal refers to them as Seed-Ideas. Ideas, sooner or later, lead to action. Because conceivable by mind in some way, they declare it can be done. Pregnant ideas have the dynamism to lead to action. Real-Ideas are capable of self-effectuation, as knowledge and will are integrated in them. When Club of Rome published *The Limits to Growth* in 1972, it awakened the awareness of the world to the need for change in thinking and in action, and the world now is a better place for that. (MSS)

Individual-Society Caring Dynamic

As the society should care deeply and work for the complete fulfillment of each individual, we each individually should aspire deeply for the well-being and complete fulfillment of the society.

Embracing the Reality Practically

The practical application of knowledge of the omnipresent Reality, the All, the integral Brahman is that we should embrace everything that is happening in our lives - positive and negative, big and small, pleasurable and painful - and perceive it as a means of our further personal growth.

Strength and Faith

Inner strength builds up through ever-increasing Faith.

Cosmic Real Ideas and Our Original Ideas

There are Real Ideas of the Infinite Divine that have been set loose in creation. When we rise in consciousness, we become cognizant of them, or spontaneously express them in our original thought. Thus an original Idea brought forth into the world is really the Divine taking a creative step forward in the universe.

Restraint from Expression Draws Others' Actions

Whatever you hold back from expressing builds up energy, compelling others to make an unexpected material effort or progress on their and your behalf.

Comment by PR: To hold ones' expression is not a joke for a person like me who likes to voluntarily go and help people around whether they ask or not! After reading Karmayogi's works, slowly I started holding my expressions and it really works wonders!

In my office I always had the habit of giving new ideas as to how to improve our methods by trying new efforts in the system. Very few appreciated; rather they did not want to improve at all. I used to get so depressed. Slowly I started changing my nature. I kept quiet even if I knew where the problem is or the mistake is, unless and until asked for, or that is the last resort for the organisation to be helped. Within a few months I was transferred to the Zonal

Office where we have all the rights to guide the Branches or even instruct them to follow certain methods strictly to improve the work culture and become more accurate.

Everything I was trying individually in a small branch to make housekeeping perfect is now implemented by the H.O. and Branches directed to do so compulsorily. The Zonal Office Authorities give me a lot of authority to suggest anything good to the Bank, discuss all issues with every one of us, and really make use of all our skills to improve the Bank's working methods!!

Utility and Limits of Competition; Inner Directedness Instead

Competition is helpful in that it can wake us from our slumber of limited consciousness. Still it is the way of Nature (Prakriti); a compulsion from the outside with its own difficult terms. Better is the Inner Compulsion that originates in our Being, taking shape as sincere aspiration, highest values, persevering effort, true individuality, deepest poise, and the power of the Spirit applied at each point along the way. It is the way of Soul (Purusha) in which our motivation and power originates from within. There is no limit to the success that will follow.

Further Comment: The great achievers are inner directed, and care little about the competition. Inner-directed Mother devotees have the inner strength and wisdom to prevail, without having to give the competition a thought. Perhaps the only "competition" is between their old nature and the emerging New One.

Avoiding Unnecessary Chatting that Attracts Negative Response

If before a work, presentation, talk, etc. you engage in unnecessary, idle chit chat, negative circumstance will quickly present themselves. Best to stay silent as much as possible, and then engage the work. Things will tend to flow much more smoothly, doubly so when the act is consecrated.

Further Comment: It's easy to forget. When you experience several times the bad results that come from such unnecessary dialogue, it becomes easier to remember! Since over the years I trained others very often, meeting with a different group every morning, I had the opportunity to see the negative results from idle chatting, as well the positive from restraint.

Unprecedented Knowledge New Generation Knows

Each new generation knows something critical about life that the previous one can hardly fathom. To understand what that is would refresh the older group into the new.

New Thoughts are Best

The best thoughts are New Thoughts, instead of ruminating old ones in endless cycles.

Non-reaction and Identity with Others

Reaction is to treat another as a rival. Non-reaction is to treat him as oneself. (Sri Karmayogi)

Comment: Reaction to another creates dualism, separateness, contradiction with that person. Non-reaction enables harmony and oneness. Practicing non-reaction towards the anguish and other intensities of life - whether from others or circumstance - is to follow the first spiritual principle of life. It is the consciousness of Silent Witness, emulating the Divine Source of all things who looks out on His creation from this non-dual, non-reactive perspective.

Non-Thinking to Intuition and Supermind by Sadhak

The sadhak aims to gradually eliminate all thinking, substituting intuition and supramental perception of knowledge.

Imagining Brahman as Twisted Egg that is the Integrated All

Imagine taking an egg and twisting it in the middle, creating two interrelated, interconnected parts; one the Unmanifest (the Source of all things, the Divine), the other the Manifest (creation and all its details). The totality of this - including the integral relation and unity of all aspects, parts, forces, forms - is the Reality, Brahman, the All. It is a vision of the ultimate conception of Existence given to Man - the integrally unified Cosmic Egg of Brahman.

Psychic Being and True Spiritual Individuality

The deepest essence from which we can express our Truest Individuality is from the Psychic Being, the evolving soul within, which we can arrive at by Surrendering our very purpose and existence to the Divine Mother. Now we are continually being informed from there what to do and what to avoid, enabling the very best, the most dynamic and creative intentions and actions, personifying our status as a True SPIRITUAL Individual.

Giving Attracts Return Gift

If you are subtly observant, you will see that each time you give, life gives back something in return.

Irritation and Personal Growth

Small things you are irritated by represent corresponding limits in your consciousness you can outgrow.

Mother First in Consecration

In consecration, the thought of the Mother should precede the thought of what you wish. (Sri Karmayogi)

Seeing Truth in Another's Point of View

What another person observes and expresses to you may not seem true at first, but if you examine it more deeply, you will find a grain of truth in it that can be quite useful. Thus, always be ready to see the truth in another's remarks, no matter what your own reactive logic dictates.

Further Comment: When you see such truths in another's remarks you might have shunned, you open up positive possibilities from life; from them, from elsewhere.

Infinite Joy Available in Each Moment

There is an infinity of Joy contained in each moment, if only we knew how to release it.

Further Comment: Withholding ego, self-givingness, taking another's point of view (putting yourself in their shoes) by offering all possibilities, Silent Will (the same) were all there, and brought joy in the moment. Result is the wonder she bought the one you had in mind, and that she also stepped forth and expressed it so wonderfully. Beautiful moments of Joy.

We do see ways to release the infinity of Joy in many moments; that joyfulness, sweetness, power which is always "involved," hidden, ready to come out in that tick of time.

Surrender beyond Consecration Stage

Continuous opening to the Mother and Her force - Consecration - is one stage. Surrendering one's very life and being to Her, to the Divine is a further one. The former can lead to the latter which is taking to Yoga proper.

Inner Reflected in Outer Work Difficulties

If in work you meet with some difficulties, look sincerely into yourself and there you will discover their origin. (The Mother)

Our Fall So We Can Go Higher

The Divine holds our hand through all, and if he seems to let us fall, it is only to raise us higher. (Sri Aurobindo)

Sri Aurobindo as Portion of the Lord

Sri Aurobindo came on earth to announce the advent and realization of the descent of Supermind, thereby abolishing pain, suffering and death from the face of the earth. A PORTION OF THE LORD CAME AS SRI AUROBINDO. Those who came to Him saw a Rishi in Him. Later others thought HE was an Avatar. Mother declared HE was not an Avatar but the Lord. HE was a portion of the Lord. (Sri Karmayogi, Spiritual Opulence, slight modification)

No Title

She is the Force, the inevitable Word,
The magnet of our difficult ascent ...
(Sri Aurobindo, Savitri)

Comment: The Force = the supramental Force She embodies, that She is a vehicle for. The Word = She makes real the Real Ideas, the intentions of Satchitananda for manifestation on earth. The Magnet .. = through Her alone can we rise in consciousness beyond our limitations; otherwise it is impossible to do it on our own. Thus, She compels us, we are attracted to make this difficult ascent and transformation through Her Power and Intention.

Solving the Problems of the World From Within

Wherever you discover Truth lacking in the world, find the same or similar in yourself, change it, and life will respond and follow suit. As followers of Him, attractors of Her Force, and knowing Sri Karmayogi's micro principles, we can have that impact on the world from within. Once you truly experience such results a few times, that you CAN move life around you from inside, you will have the power to solve the problems of the world rather than merely observe them.

Trust as Basis of Enormous US Success

In the US over the decades there has been a high level of trust amongst the people over money matters; whether the borrower or lender. Hence their enormous 100 year run of success. Honesty is highly valued and practiced. We have to have that same value despite the culture around us. It will attract the best in others.

Original Thinkers of Original Ideas

- The essence of knowledge comes to us as Original Ideas. One who is able to get at such essences and expresses it succinctly is an Original Thinker of Original Ideas.
- Individuals who have gone beyond personal character to the realm of true personality and true individuality tend to express them, and thus become original thinkers.

Overemphasis of Money Value, not the Human in Financial Crisis

At the root of the current [financial global] crisis are not subprime mortgages, credit rating agencies, financial institutions or central banks. It is the Great Divorce between finance and economy, which is a subset of the widening precipice between economy and human welfare, between money value and the value of human beings. So great a divorce could well give birth to a great depression. (Cadmus Journal & MSS)

Q & A on Consecration

1. What is the difference between consecration and "let thy will be done"?

--Consecration is the overall method. Thy Will Be Done is offered at the end of the consecration, putting all faith in Her and detaching ourselves from the outcome.

2. To what extent is detachment necessary while consecrating?

--Detachment is expressed as Thy Will Be Done. It is detachment from the act; our impulse, feeling, thought etc.

Can we consecrate if we are still very identified with something? Like grief or anger?

--It is best to consecrate when we are as still and calm as we can be. As a separate consecration effort, you can consecrate both grief and anger, so they go away and never come back.

3. What in us consecrates?

-- Whatever plane we are in. If we are in thought, we get mental results, such as clarity or perceiving new ways to organize things. If at the level of will and emotion, we get vital/life results, such as a new opportunity, more work, more money, more affection, etc. If at the level of both non-thought and non-vital/emotional/will, we get physical results in the body, like increased physical energy and physical pain going away.

4. If consecration is always from the most conscious part of ourself, then most of the time it is the mind, right? How can we ensure that this consecration reaches the vital and the physical planes as well?

-- See above.

5. Sometimes during consecration, (especially regarding an interaction or relationship or act that is confusing) the outcome can just be knowledge and clarity can it not? Greater knowledge into the why's and how to progress through the situation? So my question is does consecration help us evolve and progress?

-- Yes, it depends on what our aspiration is. Whether to accomplish something, when we are in need of that accomplishment; to understand better; to overcome/change our attitudes and motives; to discover the spirit within or without; etc. Depending on the level of our aspiration will determine the level of our growth i.e. whether material, social, mental, emotional, and spiritual. They are all forms of progress at their corresponding plane, which can intensify to evolution and transformation.

Overcoming Rampant Nukes, Speculative Greed, High Unemployment, Etc. to Develop Human Capital

The madness of 70,000 nuclear warheads must terminate in the complete and immediate eradication of nuclear weapons. The economic devastation wrought by unbridled speculative greed has to be outlawed and banished the way slavery was abolished in the past. The unconscionable cost of widespread unemployment must be eliminated by recognizing employment as a fundamental human right. The hypocrisy and ineffectiveness of the institutions of global governance have to be rectified by democratizing the UN. Then and only then we will be fully free and empowered to fully develop the potential of human capital in each and every human being. (Cadmus Journal & MSS)

Society for the Individual, and Individual for the Society

The ultimate power of social and human capital reveals when they are harmonized and integrated with one another - when the society is fully committed to the development of its individual members and those members are in turn committed to the progressive evolution of the entire humanity. (Cadmus Journal & MSS)

Aspiration as the Energy/Fuel for Human Accomplishment

Human energy is the fuel for all human accomplishment, both individual and social. Energy depends on aspiration. The more intense the aspiration, the greater the urge for accomplishment, the greater the energy and potential result. (Cadmus Journal & MSS)

Keys for Accelerating Job Success

To insure ever-accelerating success in one's job, marked by powerful positive life response results-

-- perform the work with the highest consciousness you know how, unconcerned about results.

--consecrate it to the Spirit, the Mother; including at the beginning of the work day, for ongoing situations, for major activities, for any opportunities that come up, for problems that arise, for limits in your consciousness you perceive, per time period (such as every hour) etc.

--think about what in particular has brought you r level of success so far; accenting the positives, and reinforcing your previous holding down of the negatives.

Applying lessons from Token Work to Larger Work Attracts Great Success

If in an experiment, we can call it a "token effort," you find the inner and outer keys that unlock some important truths and results, and then apply it to a larger, more significant work, you can attract overwhelming success there.

Inner Origins of Outer Difficulties

If in work you meet with some difficulties, look sincerely into yourself and there you will discover their origin. (The Mother)

Disarming Enemy through Smile

To smile at an enemy is to disarm him. (The Mother)

Mother's Non-Interference in Trying to Cure

[On Mother's non-interference in trying to cure certain devotes, allowing them to pass on.]

Sri Aurobindo in Life Divine speaks of the need for rebirth of the soul through multiple consecutive persons to enable the ongoing growth, evolution, and transformation of the (evolving) Soul that inhabited that individual. It is a growth from Ignorance to Knowledge, and in many other ways. If Mother realizes that a particular soul in an individual can grow further in another birth and body (or needs to rest) Mother does not interfere in curing them.

I therefore suppose other individuals She believes can be reborn, have a rebirth in the current life without leaving, She supports and makes it happen. Karmayogi has revealed that Jean Valjean in Les Misérables and perhaps three or four births in the same life, as the soul perceived it could learn from the ongoing developing situations in his life.

It would be interesting to identify what our Soul is seeking in our current life, and what we can do to help It realize Itself.

What "Infinite" Means to Sri Aurobindo

Sri Aurobindo seems to use the term "INFINITE" the same as the omnipresent Reality, Brahman, the All, the unmanifest and manifest; and every detail.

What "Brahman" Means to Sri Aurobindo

According to Sri Aurobindo, BRAHMAN is the One and the Many together. The unmanifest and the manifest. It is all planes from spirit to matter, all things, everything we experience and don't experience, and includes and transcends Sat-Chit-Ananda. It is also all these things existing and interacting in perfect integral unity (which can only be perceived through Supermind). Another way of putting it is there is one Reality (Brahman) that expresses in infinite ways: including as and through Sat, Chit, Ananda, Supermind, Mind, Life, and Matter.

Sri Aurobindo's vs. Vedantic Views

Sri Aurobindo's views are somewhat different than Vedanta. He utilizes its basic tenets but then extends it, more fully develops it through his inclusion of the processes of involution, evolution, the role of supermind, and the evolving soul, amongst others.

Progress of New Species Beyond Human on Earth

Q: Has the next species [beyond the human] descended on earth with its form, and has it started working....any indication as per Agenda or otherwise.

A: To the degree we change our consciousness at the mental, vital, and physical level we will be aiding in the development of the new species. Whether there has been a spontaneous outbreak of a new type of individual as forerunner of this new species is unclear, and hasn't presented itself yet to the best of my knowledge. Certain individuals have had experiences that overcome illness and physical decay, which is promising. Whether this is helpful in the forerunner of a new supramental being is unclear. The Mother said the possibility for immortality at will in our current body would be 300 years. A new species could come out of this, or have its own fresh form with the new body. Mother said Sri Aurobindo could be born into a new divine body. From our side, we have to prepare and do our part for such possibilities to take hold by elevating our consciousness to the highest degree.

Evoking a Response by Speaking to the Spirit of an Object

Every object -- material or otherwise -- has a soul and essence. If we address that Spirit in the entity, we can evoke a powerful response from the field of life. Here is a true-life example. An individual's mother told him that few days back the AC stopped working. The AC repair person told her that he would be back the next day, but didn't show up for 3 days. On the third day, his mother shifted the whole issue to the spirit- i.e. spirit of the AC. She spoke to it saying "I do not know what the issue is. The repair man is taking so long and hasn't even got back to say what the problem is and how long it is going to take. I am not sure how much he is going to charge either. I request you to handle this whole situation and work well."

MIRACLE! Within 2 minutes of her heartfelt spirit prayer, the AC person called to say that he had found the parts, had finished repairing. and that he was bringing it on the same day.

On Romance's Sacrifice for Another vs. Marriage's Possessiveness

Romance is the urge to live and the willingness to die for another. Marriage is the urge to possess another. (Sri Karmayogi)

What Can Be Consecrated

Consecrate-

- an upcoming event
- a wrong attitude realized
- important daily activities
- hourly or even every fifteen minutes
- a problem or difficulty
- an opportunity that has arisen
- the current situation or condition.
- a goal undertaken.

Vast Wealth, Prosperity Potential of 1B Indians

Imagine the effect of one billion plus Indians using subtle life knowledge and the power of the supramental Force to attract vast, unprecedented wealth and prosperity. She would leave the rest of the world behind, and bewildered, while garnering great respect and realizing her destined role as Guru of the World.

Consecration as Act of Self-Givingness and Self-Forgetfulness

Consecration is to shift from one's preferences to Faith in the Mother. It is an act of self-givingness (to the Divine) and self-forgetfulness (of self and self-want), surrendering to Its/Her Will and Intent. It is a movement away from Ego and toward Faith. It is captured in truly feeling "Thy Will Be Done" in the consecration process, and then forgetting the matter, fully trusting in Mother. It is Faith.

No Title

Consecrate, Consecrate, Consecrate. Your day will be a Wonder.

Peace of Mind in Mind vs. Silence

Mind disturbs peace of mind. Silence enhances it.

Body's Illnesses are a Product of the Mind

The body is a place for divine habitation. Its natural tendency is to be healthy. To be diseased is not normal to it. Primitive people who live in conformity with nature are a good proof of this. When the body forgets its natural tendencies and becomes enslaved of the mind, it starts to get affected by the latter's fears and worries, which leads to illness. Only one out of a thousand afflictions is a real illness. Only that one requires medication. The rest are disorders generated by the mind. (Sri Karmayogi) [including psychological disturbance, attitudinal issues, mental tension, fixidity in the nature, karmic influence, etc.]

Changing Fear to Faith

Wherever there is fear, turn it into Faith.

Q: can you please explain how exactly one can do this? A process would be very helpful.

A: Let's say you are about to have an important interview. There may be a moment you feel afraid you may not secure the desired result. At that moment you can instantly shift to faith in the Mother, which will create the more positive energies for success. This can be applied to any fear or worry that suddenly rises. It also can be applied generally to an ongoing attitude of fear, worry, and the like. Also consecrating each shift to Faith would support spontaneous outpourings and feelings of Faith in future.

Money is Divine; Not for Ego

The normal human consciousness fails to see the Divine in money, and it wants to possess it for its value in fulfilling desires and the self-gratification of man's ego. Money is a form of the Divine in manifestation and it has a higher role to play in the life of each individual and the collectivity. (MSS)

The Divine vs. the Reality/the All

We can perhaps make a distinction between the Divine and the omnipresent reality, Brahman, the Infinite as devised by Sri Aurobindo. The latter is the All. So everything, all planes, or movements, acts, etc. is an expression of the Reality.

The Divine is there in the Involution, at Its Source, whose consciousness is lost, or absorbed at the outset of creation in Matter, and returns through our higher consciousness in the Evolution. In that sense "Everything begins from Divine - Everything ends with Divine." But in ending with Divine, it occurs through an infinitely variable, created universe of forces and forms, now filled with the Conscious-Force lost in the Involution and discovered in the Evolution.

Perhaps we can therefore say that the Divine is the highest consciousness of the Reality that seeks to move from its static to dynamic expression through a manifest universe.

What Attracts Money, And What Doesn't

There is more than one factor that determines whether money is attracted to a person, just like there is more than one determinant of health -- exercise, nutrition, constitution, psychological disposition, life style, occupation. You cannot explain health solely on the basis of any one of these factors. -- Money comes to those who are hardworking and enterprising is a fundamental truth that Americans, Germans and other high achievers everywhere illustrates.

-- Money does not come just because we long for it. Wickham in *Pride and Prejudice* is an example.

-- Money is attracted to those who value something higher than money, i.e. they are not mercenary. Elizabeth, Mr. Bennet, Mary Thorne illustrate.

-- High energy and strength attract money, not weakness, dullness, laziness

-- Enterprise attracts money

-- Organization attracts money

-- High level of skill applied diligently in work attracts money.

-- Passionate quest for money driven by ambition or the desire to accumulate can win money in the measure it is accompanied by other positive characteristics.

-- Wishful thinking, day dreaming, vain hopes of a windfall, gambling, borrowing, asking or expecting gifts, resentment at others' prosperity do not attract money.

Formless Created Infinite Variety of Energized, High-Motion Forms

A formless, immobile, and static being has created and empowered an infinite variety of forms, an entire manifestation full of energy in high-motion.

Beyond Our Self Conception of Ourselves to Be What the Divine Wants US to Be

The best thing is not to think one's self is either great or small, very important or very insignificant; for we are nothing in ourselves. We must want to be only what the divine Will wants of us. (The Mother)

Suggests for Harmonious, Intimate Relations

Several suggestions for better, more harmonious and more intimate relations:

-don't criticize

-don't complain

-don't react with negativity

-don't try to one up the other person

-don't try to impose your will

-don't try to change the other person

-compliment on small things

-give for its own sake

-try to raise the level of harmony

-treat partner as you would an honored guest

Taking up these methods will cause life to respond positively for both parties!

Companionship to Friendship is Sensation to Emotion

When companionship matures into friendship, sensation ripens into emotion.

On Friendship That Sustains, That Fails

Sri Karmayogi says that Friendship is a rich human relationship that does not permit calculations, mercenary conditions, or profit or loss. Friendship is simply friendship, as it knows no other consideration. Therefore, we can hypothesize that if one or more of these attributes has been violated that friendship can sour or turn into an enemy relationship.

However, Sri Karmayogi also indicates that the Mother gives friendship Her Touch and makes it noble, magnanimous and divine. Perhaps from that status it is far less likely for a friendship to break its binding attributes and turn into an unfriendly or even hostile relation.

The Omnipresent Reality as the Unifying Principle, which We Can Perceive

Science is trying to discover a unifying principle of the universe. However, the omnipresent Reality, that which permeates all planes of being is that unifier. We can perceive it by rising in consciousness beyond mentality to the planes above mind; i.e. spiritual mind of intuition, light, and supramental perception. Living from a deeper poise and constant opening to the spiritual Force enables this vision of Brahman.

All is Part of, Is Needed for Progressive Unfolding to Life

Everything is part of the Reality; positive and negative, big and small, pleasure and pain, matter and spirit, etc. And all those things are needed for the progressive unfolding of life. Therefore see the utility of everything, including that which you are oblivious and callous towards. It may be the means that opens the infinite physical, vital, and mental realities in your tomorrows.

Grace and Super Grace

When will is shifted from karma to faith, it brings in Grace. Will withdrawn from one's capacities changes Grace into Super Grace. (Sri Karmayogi)

Comment: Consecrating activities brings Grace from the Force. withdrawing limitations in our capacities (personality, or, character, or being) in the execution of acts or work attracts Super-Grace, particularly for something consecrated.

Infinite Power into Finite World

We are trying to bring the infinite power of the Force into this limited world.

Inner Work Over Outer Work

We continually engage in outer work, which produces certain finite results. Yet we spend little time engaged in Inner Work - changing our nature, opening to the Force, broadcasting goodwill, feeling gratitude, etc. - each small development of which produces tremendous results. Where then should we place our priorities?

Future Benefit of Difficulties

Whatever difficulties we face in life will only prove to be beneficial later on. (Sri Karmayogi)

Mother Initiates Instead of Ourselves

When we initiate in life, there is a limited chance of success; actually quite low. When the Mother initiates through us and we follow -- e.g. as a result of consecration or Grace simply descending -- the success rate is far higher, and unfolds in the most creative, dynamic, and unexpected ways.

Consciously Aspiring to Live the New Life in Her

The great challenge for devotees/followers of Sri Aurobindo and the Mother is that on one side we wish to live happy, ordinary lives; on the other there is the requirement to continuously open and Surrender to the Mother and Her Force in order to rise in consciousness and collaborate in bringing about a new world, a divine life on earth. We therefore live in the tension between these two poles.

Thus, there is a choice for devotees to either ascend from ordinary to divine existence through the exigencies and difficulties of life, or by CONSCIOUSLY aspiring to be Her child; putting

Her at the center of our lives, which is the Sunlit Path that leads to never-ending growth, adventure, and delight.

Goodwill and Life Response

Goodwill is one's wish for the best for another; for their happiness, success, and well-being. It is a higher vibration and emotion, related to spiritual aspects of Harmony, Goodness, and Love. When we feel and express our goodwill towards others, not only do we help establish a more positive atmosphere that lends itself to their further success and well-being, but we also tend to attract positive conditions back to ourselves. For example, one person felt goodwill for a business associate of his over several years. Then sometime later, he discovered that through that company he had earned the biggest referral fee of his life. That is the power of goodwill towards another. It raises the consciousness of the atmosphere and in the process attracts sudden good fortune from out of nowhere for the recipient as well as the benefactor. Another individual inwardly sent vibrations of goodwill and gratitude to various clients and friends through the air. Soon after, there was an avalanche of good news from each of them in terms of sales, money, and other forms of good fortune.

Approaching the Work Within, in Silence, Consecrated to Divine

Receive the work in the inner consciousness, grow inwardly in Silence and Peace and when they are able to saturate us inwardly, to consecrate - dedicate - the work to the Divine. It fetches not only work results but spiritual results. (Sri Karmayogi)

Comment: Imagine you show up at work. Your mind and emotions are still and silent. You now feel the inner purpose and importance of the work. You then go a further step and see the work not just as a vehicle that serves your interests, but is a work that can be dedicated and utilized by the Divine. You now pause every hour or so and dedicate and then rededicate the work to the Divine -- i.e. the act of consecration -- to the Mother. As a result, your daily work existence unfolds miraculous-like with all manners of wonderful developments; with unanticipated opportunities arising; a wondrous work life of inner spiritual richness and joy-filled adventure.

Evil, Wickedness That Is Separation from the One Reality

Ignorance in its deepest sense is a lack of knowledge of the one integral Reality that is the All of things. In Ignorance we lose the sense of oneness with others and life. We limit ourselves to our finite self, which expresses as separateness and Ego. Now our notions are limited to our mind that sees partially, exclusively, missing the integral, multi-sided truth of things. When we feel these limited or false truths with emotion, it leads to falsehood. When we then act it out to the detriment and harm of others, it becomes evil, wickedness. We are now completely divorced from the Oneness of Life, from the All, where each and everything serves a purpose, only focusing on our very limited, cutoff knowledge and purpose. We're in complete darkness. Evolving our consciousness brings us out of this Ignorance, Falsehood, Evil bondage, bringing us to Truth and Light and Harmony with all; with the All that is the Reality. When you overcome a resistance and instead make the necessary effort of psychological strength, life quickly and magnificently responds.

Injustice Hypocrisy

We are outraged when an injustice has been done to us, but remain callously silent, indifferent, or even mocking when that same injustice has been done to another to our considerable advantage.

Faith, Knowledge, Power

Faith converts knowledge into power. (Sri Karmayogi)

Interpretation: I may know what I want; even know how to achieve it. But that does not guarantee success. It still remains as Knowledge. Even acting through that knowledge guarantees nothing. But Faith in the spiritual Force, the divine Mother, causes life to move,

fulfilling our heart's desire. The knowledge has thus been converted into Power by our aspiration for and trust in the Divine.

Speaking the Absolute Truth

To speak only the precise factual Truth is an extremely difficult task requiring a great objectivity. The mind distorts the truth for a variety of reasons and in a variety of methods. It has been said that if one were required to speak only the absolute Truth, he would not be able to speak at all, since man's mind almost always distorts facts. (Sri Karmayogi)

Comment: Why is this so? A variety of reasons:

For expediency's sake. It is convenient to not have to think through the truth of things; i.e. be objective. Subjective expression is reflexive, automatic, even mechanical. (In a high consciousness individual, it can be the opposite; intuitive and highly perceptive.) It's like Al Gore's expression of "an inconvenient truth."

In addition there is also a form of lying or withholding of truth to protect others, or to prevent danger to one's self under duress, or to counter another's deception as in war. These are somewhat more justifiable forms, especially if they originate in goodness

Positive Sports Developments in Negative Times for Community

When an acute problem faces a city, area, or nation, it is so often the case that it wins an all-important sporting event; very often the championship. In the Euro zone, Spain's dire predicament of vast debt and unemployment has grabbed the world's attention. So today it is no surprise that Spain has won the European football championship concomitant to that economic reality.

Sri Aurobindo's Yoga and Surrender

The whole of Sri Aurobindo's Yoga can be thought of as surrendering to and being carried forward by the spiritual Force of the Divine Mother.

Love and Self-Givingness

Love is self-giving without asking anything in return. (The Mother)

Comment: Human love is 99% the opposite; i.e. we require, even demand something for something. However, sincere efforts of Self-givingness can begin to move us beyond these limits.

Great Significance of Vedic Discovery of the Reality, Brahman

Sri Aurobindo, a Cambridge scholar, said that the Vedic discovery of Reality, Brahman -- which he expanded on -- is of greater significance to the world than the scientific discoveries of Copernicus or Galileo. (Sri Karmayogi)

Comment: Sri Aurobindo's view of Brahman: Each and every thing in the Manifest (universe), as well as every cosmic/spiritual aspect of the Unmanifest are simply different shadings of the same omnipresent Reality.

PS. Science is looking for a theory of everything. They are lost in the material, mechanistic view. The omnipresent Reality, Brahman IS that Everything. It is that which expresses in infinite variations of consciousness from Spirit to Matter, from the Unmanifest to the Manifest, from the Being to the Becoming.

Disbelief in the Exceptional, Subtle Beyond the Material

There is disbelief in the material, physical consciousness to accept something that is exceptional, that is other than the ordinary, the routine. This disbelief is the bedrock of our consciousness. It is also defeatist, causing you to imagine the worst; in the most banal, ordinary activities of life. (The Mother)

Subtle Priority of Things

There is an outer priority of things one is compelled to follow. However, there is an even-greater, subtle priority of things that one can become aware of from within that puts one directly in harmony with the higher intentions and unfoldings of life. When followed carefully and spontaneously, one experiences an existence of perpetual miraculousness.

Outer Accomplishment, Inner Preparedness

All outer accomplishment is determined by inner preparedness at all planes - mental, vital, psychological, and physical; even spiritual.

Vital Plane

Q: In simpler terms could our Vital being be the SIXTH sense, extra sensory perception, GUT feel, Intuition or INSTINCT?

A: The Vital plane or being in us is emotions, feelings, needs, wants, desires, etc. It also includes our attitudes. It is the plane between our physical body and our mind.

Gut Feeling, Intuition, Occult Phenomenon

Gut feeling is inner intuition that comes from the subliminal being, a higher aspect of being in touch with the superconsciousness that sits astride the generally dark subconscious within us. The subliminal being sends up guidance from within (that is in touch with the cosmic plane), giving helpful, positive intimations of what to do and what to avoid. Inner intuition and gut feeling originate from here.

Intuitions of truth can also come into the mind as sudden knowledge from the universal plane of mind. ESP and similar phenomenon is an occult capacity in one's nature to see beyond the normal means. Inner intuition, gut feeling is related to ESP but the intuition can also come from the mind as well as sudden light, illumination, intuition.

Vertical and Horizontal Scale of Our being

Overall we can say that there are two scales of the makeup our being; vertical from and horizontal. In the vertical plane there is (from lowest to highest consciousness) the physical (material) body, the vital being, the mental being, and the spiritualized mind (of light, intuition, etc.).

There is also another scale from outer to inner; from the outer superconsciousness of the universal mind, to the human surface mind to the inner (dark) subconscious, which includes the subliminal (inner light connected to the superconscious).

Subtle Knowledge Needed by the West

The West has released the infinite in matter, but now has come to the end of the line because the physical alone can't solve their psychological and social problems. The subtle wisdom of the East however has all the inner answers for the West, if only they care to listen.

Forms Initiatives Take Shape

There are various sources of Initiative in life. Here are some possibilities:

Subconsciously from Within -- Many decades ago, I seriously came to Mother when I was subconsciously compelled to go to the East-West Center in Los Angeles where I immediately hooked up with Garry Sir. Darcy and Eliza meeting on the hill in the film version of *Pride and Prejudice* is another version.

Consciously from the Surface -- This is ordinary human initiative. It too often fails. It succeeds to the degree we are in the right corner of the four quadrants of Sri Karmayogi's magnificent scheme.

Compelled from the Outside -- as in the MCC story, which Sri Karmayogi rightly claims is not initiative, but a mission asked to be carried out. In WWII millions of soldiers were conscripted, compelled to serve from the outside, and they were often very happy to oblige.

Consecrated Effort -- We initiate, but offer it to the Mother. She acts for us when it is a valid initiative, otherwise holds back.

Grace Acting -- Not our initiative, but a Divine initiative which we can collaborate with. Maybe all human initiatives, conscious or otherwise, are merely subsets or surface formations of the Divine initiatives of Grace.

Process by Which the Formless Takes Form

Q: How does the formless take form in the universe?

A: We could say the formless takes form when there is a separation into subject and object. I.e. a subject perceiving an object. E.g. a knower knowing the known (rather than just mere knowledge); a love loving the beloved (rather than just pure Joy). Thus, a thought becomes conscious in or being when we the thinker think the thought. In a related way there is also we the observer observing the observable. Etc.

These separation into subject-aspect-object are also points where space and time is enjoined, where they become real in an emerging universe (real ideas, energy, forces become forms), but for us also in an unfolding event, in new aspects of our consciousness, etc. Thus, in a way, separation, division, disaggregation, analysis, etc. are means of making concrete the unmanifest.

It is Apprehending Supermind that causes subject-object relationship to arise, while still maintaining their unity as explained earlier. In this way, Real Ideas, which are cosmic determinates/spiritual aspects, take shape in space and time. This is what the Supreme Ishwara wishes to manifest in creation.

And yet the goal of yoga is to move from separation to oneness; as in when I am one with you, with others, and life. It is where Ego (which is separation) is overcome. It is where the object of knowledge and I the perceiver are in Identity, as in Supramental perception that has Integral Knowledge. Then subject and object merge, space and time disappear (or are overcome), and we move from limits to the limitless.

Further on in the process, out of the Conscious Force comes cosmic Mind and from that Energy, which is the plane of Life. When the Energy further divides (by further losing its consciousness, becoming mostly Force), Matter is born. (The material is ultimately divided entity into atomic divisions without consciousness.) Evolution is the way forward in which through the Consciousness and the Force are rejoined for the purpose of discovery of our higher nature and the delight that ensues.

The overall process is called the Involution, and involves principles or formations of Self-Conception, Self-Limitation, and Self-Absorption. The Supreme conceptualizes what it wants to be, limits itself on the way to a creation of divided forms, and hides its spiritual nature in the process to enable that micro division that culminates in Matter out of Energy. In our lives we can follow this same process to accomplish in life.

Power of Shifting from Demand to Silence

When you shift from demand to Silence, enjoying it, the intention gets fulfilled.

Involution, Evolution

The Source of Involution is the goal of Evolution.

Mind Replaced by Supermind

Mind is a transitional entity and means of functioning in the human that will gradually be replaced by Supermind, which is Truth Consciousness and its Force/Power. All knowledge, power of affectivity, and action in life will be derived through that supramental plane and power, rather than through the current thinking/knowning methods and processes of Mind. A

number of individuals are increasingly experience their lives this way, through this Knowledge Force and Power. They are pioneers of a new way of human functioning; the Next Step in our Evolution.

Comment: E.g. you want to know something, and that knowledge simply appears in the New Mind and Center, complete and integral. You want to accomplish something, and from within you access the power that attracts it from the outside. Thus, all power of knowledge and effectively is from within in that center of supramental force, power, and knowledge that gains complete mastery of the outer life. (We gain access to this supramental knowledge and power in the first place by surrendering to the Mother who is its channel and broadcasting mechanism, to the point where it takes over our very being and is the new basis of our New Supramental Nature.)

Wanting to Work Attracts It

When you REALLY want to work, opportunities to do so quickly arise.

All Aspects Around One Indicates Potential Progress

All those around me, all the circumstances of my life, all the people near me, are a mirror held up to me by the Divine Consciousness to show me the progress I must make. (The Mother)

Sri Aurobindo Explains Involution and Evolution

The involution of a superconscious Spirit in inconscient Matter is the secret cause of this visible and apparent world. The keyword of the earth's riddle is the gradual evolution of a hidden illimitable consciousness and power out of the seemingly inert yet furiously driven force of insensible Nature. Earth-life is one chosen habituation of a great Divinity, and his aeonic will is to change it from a blind prison into his splendid mansion and high heaven-reaching temple. (Sri Aurobindo)

Life Coming To You

Life coming to you is the goal. It's a success indicator; both in attracting it, and when taking it up.

Rise, No Fall through Her Consciousness

A rise unaccompanied by a fall is Her consciousness. (Sri Karmayogi)

Comments: In Mother's consciousness - including when we engage it- there are only positive results. In ordinary life and consciousness however a positive is often accompanied by a negative. E.g. science discovers the wonder of the makeup of the atom, which also allows for the dark side of atomic weapons to be developed. On the other hand, Her Consciousness and Force is Self-existent, producing no deleterious side effect, dark shadow, only infinitely and ever-expanding positives. It is in essence the supramental TRUTH consciousness.

A related explanation of the original quote: When we connect with Her Consciousness, we move up in the world, quickly, infinite-like. So long as we maintain that consciousness, we will never go down, fall. In ordinary life, we may rise, but there is always an opening to fall. This is the way of Nature, which has a dualistic, contradictory imprint. Steeped in Her Way, Her Consciousness, which is of Spirit, Soul, Truth, rather than Nature, the dynamic is a rise that maintains, increase, or accelerates. No chutes and ladders, only a highway to the sky.

Logic of the Infinite and Consecration

Human logic is steeped in Ego (separateness from the truth) and Ignorance (limited knowledge, very partial truth), and in future must be given up for the Logic of the Infinite. Consecration (self-offering to the spiritual Force, the divine Mother) allows for the emergence of that divine logic of the Infinite consciousness in the details of life.

Infinite Power of the Smallest Finite

The ability of the Infinite to be derived from the smallest finite is always there in potential, and can be realized when we have the right attitude toward that minutest thing. Life then bursts forth out of the limits with illimitable results. That's why we must hold sacred the smallest detail in the unfoldings of life.

But why does this happen? It is because even the small, the finite has the consciousness of the Infinite Source, whose Infinity can now be realized in life.

Deep Poise of Calm Attracts

When the poise is deep, one has the calm to wait on life, for it to come to you. And as a result, it does. Normally, we are far too impatient, not recognizing or attracting opportunities, but lurching into initiatives.

Consecration and Self-Givingness, Self-Forgetfulness

Consecration is an act of self-giving and self-forgetfulness in the Mother.

Comments: I interpret the remark as give it up to Her, and forget yourself in that process. To the degree you do so, life will move - within or without - through Her Force/Supramental Power. (from DK:) Yes Sir as thoughts or circumstances come to us we can consecrate to Her without even giving a tinge of our own emotion or thought, thus we transfer the issue to Her. It clears all the blocks we would have put in the way.

Perceiving the Subtle Workings, Organization of Life

When you become aware of the subtle workings of life and its principles, rather than the mere mechanical, you will see how life truly moves, including the phenomena of life response. You will perceive that the world is subtly organized through interrelated forces and energies across space and time because all of existence has a Spiritual source in which everything by definition begins in integral Unity, and now in the life plane in creation continues that profound oneness and unity. It is something that we can truly perceive, experience, and realize when we rise to our higher and deepest consciousness.

True Power Has No Urge for Action

The Power that can accomplish anything directly having no urge for action is the real Power. (Sri Karmayogi)

Comment; From within, you can garner a power that attracts life to you without having to take any outer action. A related explanation: The spiritual Force is the Power you can develop and marshal from within that will bring life to you without you having to initiate. Attracting all of life from within through the Force, the Divine Mother is the real Power.

Makeup/Planes of Our Being

Q: In simpler terms could our Vital being be the SIXTH sense, extra sensory perception, GUT feel, Intuition or INSTINCT?

A: The Vital plane or being in us is emotions, feelings, needs, wants, desires, etc. It also includes our attitudes. It is the plane between our physical body and our mind.

Gut feeling is inner intuition that comes from the subliminal being, a higher aspect of being in touch with the superconsciousness that sits astride the generally dark subconscious within us. The subliminal being sends up guidance from within (that is in touch with the cosmic plane), giving helpful, positive intimations of what to do and what to avoid. Inner intuition and gut feeling originate from here.

Intuitions of truth can also come into the mind as sudden knowledge from the universal plane of mind.

ESP and similar phenomenon is an occult capacity in one's nature to see beyond the normal means. Inner intuition, gut feeling is related to ESP but the intuition can also come from the mind as well as sudden light, illumination, intuition.

Overall we can say that there are two scales of the makeup our being; vertical from and horizontal.

In the vertical plane there is (from lowest to highest consciousness) the physical (material) body, the vital being, the mental being, and the spiritualized mind (of light, intuition, etc.).

There is also another scale from outer to inner; from the outer superconsciousness of the universal mind, to the human surface mind to the inner (dark) subconscious, which includes the subliminal (inner light connected to the superconscient).

Limits of Overmind that Supermind, Supramental Life Resolves

Overmind is the plane of universal consciousness, where each or any thing exists and is known in perfection. However, at that plane each perfection known has lost touch with other perfections of other things. Thus, there is the original basis of Ego (separateness) and Ignorance (missing integral knowledge). (E.g. at that plane each God represents something to perfection, but has lost touch with the truths of the other Gods.)

In Supermind, each thing is in perfection, but also maintains its unity with all other things, as well as the totality and essence. It is a Super Perfection. In Supermind, supramental life, there are no beginnings of Ego and Ignorance, but instead there is Harmony, Unity, and Integral Knowledge that is Truth at all points.

A world on this firmer foundation would be Self-existent, i.e. thoroughly Positive without any dark shadow, which still remains even in Overmind, the universal consciousness.

All Efforts for Progress Eventually Produce Results

What cannot be done today will surely be done later on. No effort for progress has ever been made in vain. (The Mother)

Collecting Debt through Strength and Consecration

It takes a certain detached inner strength to ask for payment on a due bill, doing so without demand, insistence, or threat. If you have done your best in that regard, I have seen life respond with other unexpected benefits coming in, as you say, especially if the matter is offered to the Force and then forgotten. Then the original overdue funds also come in at a later, wholly unexpected time. When it arrives, you smile. There are many variations of course.

Inner-Outer Indicates Oneness of Life and Attraction Power

Life response occurs as a result of the principle of inner-outer correspondence; which we normally think of as shifts in consciousness within evoke corresponding results from the outer life. But in one sense that is not always the case. E.g. if we want to change a wanting attitude (within) through an aspiration (within) for the Divine Mother to help us, that Force then moves (the "without"), touching us and transmuting that part of our nature (within), without necessarily producing an outer result. Thus we can say that inner-outer correspondence really means that there are no divisions between the inner and outer, i.e. they are one continuous reality, and therefore each "part" can affect the other. In other words, there are forces -- from material to spiritual, gross to subtle -- that are awakened that then activate corresponding ones, producing the life response effect, whether the cause is within, without, or both simultaneously.

How Mind and Spirit Compare

Q: How does Mind and Spirit compare?

A: Mind is focused on knowledge and truth. Spirit includes that and much more. However, there is a spiritual dimension of mind, where the two overlap.

There are various levels of mentality. Surface mentality dominated by sense input is certainly lesser than someone who lives in a deeper poise and perceives life from there. Being a rational thinker who goes after the truth of things rather than merely what his lower vital needs and wants dictates is a better thing. At the mento-spiritual level one can go even further, and perceive knowledge and truth through light, intuition, and beyond. It is instantaneous knowledge without thought, and is where mind and spirit overlap.

And yet this advanced knowledge capacity of spiritualized mind is but one aspect of spirit according to Sri Aurobindo. There is also being aligned to truth, having multi-sided knowledge, feeling deep peace/witness consciousness, a harmony and oneness with others and life, constantly expressing goodness, great inner strength and power, deep delight, indomitable love, great powers of creativity, capacity for perfection and beauty, living in timelessness in time, capacities for evoking infinite results, etc.

The spiritual domain's experience also includes connection to the universal consciousness, or further still to the transcendent, or a deep connection to the soul within, or feelings of peace and serenity and bliss, or feeling of a divine presence within, and so forth.

Mentality has only the beginnings of these capacities; an opening and possibility to perceive them, not a fundamental ability to experience them. With one exception: Mind does have the potential to realize the spiritual aspect of integral knowledge and truth in life.

Prosperity of Mother Devotees By Changing One's Nature

Prosperity for followers of the Mother and Her Ways comes down to sincere willingness to change one's nature relative to the factors that breed prosperity and those that repulse it. Identifying what those are and then acting on it is paramount. Also, with the Mother and Her Force entering the earthly plane with increasing intensity, there is no excuse for a follower not having substantial monetary success. Money is after all one of the means divine life evolves out of ordinary life for followers of Her Path, especially when earned by changing our limited nature and surrendering to Her infinite Force.

Involution, Ignorance, and Wickedness

Q: What is the cause of Wickedness? Sometimes this question comes to mind when listening to world news and news backgrounds around the globe.

A: The Divine sanctions, allows for good and evil, and all points in between so there can be the widest possibilities of experience in the world, and therefore the greatest variety of discovery of our higher nature and consciousness, and the Delight that issues from it.

In the involutionary process described by Sri Aurobindo, Man is born a divided, in many ways unconscious being, rooted in his Ego self that is separated from others, and steeped in Ignorance, which is the very limited, partial knowledge and truth of things he possesses.

When that Ignorance rooted in Ego turns to passionate action, falsehood and wickedness (i.e. evil) arise.

Thus Life is a field where such ignorance, falsehood, and evil play out to enable the higher nature and consciousness of each of the players to emerge.

Allowing for the negative (in addition to the neutral and good) enables the greatest diversity and variability of delight of the players, when they discover that higher aspect of being.

It's Nature's indomitable methods forward out of the Darkness in its march towards increasing progress, evolution, and transformation.

Divine Allows for Evil, but through Mother True Good Can Be Attained

The Divine allows for the Negative and therefore Evil of all sorts in creation, which from the perspective of the omnipresent Reality (Brahman) serves a great purpose, is a means of progress. The Infinite Divine sanctions the negative in order to create the greatest diversity for higher consciousness discovery and delight.

But the Mother's Way is different from Nature's. Hers is to shift from progress through Prakriti (Nature) to that of Purusha (Soul) -- creating Self-Existent, non-shadowed GOOD in an emerging divine existence.

On Worrying About Your Problems

Emotionally worrying about a problem usually intensifies it. In many cases, forgetting about a problem resolves it on its own. Bringing the spiritual Force to bear on a problem, and saying "Thy Will Be Done," and forgetting the matter with trust in the Divine can solve it easily and quickly. Sometimes the problem is deserved of more thought, greater insight, which breeds practical solutions that one can act on to solve it. Vital/emotional worrying about it however never serves us well. Therefore, the best status for resolving a problem is calm, positive attitude, cheerfulness, and patience.

Spirit into Life, Not Spiritual Life

Sri Karmayogi speaks of bringing the Spirit into Life, instead of spiritual life.

I.e. we apply the Spirit to the details of life to evolve it, divinize it to its greatest perfection, consciousness, power, possibility. Spiritual Life is rich connecting to the spirit apart from life that has no lasting effect on the daily activities of existence. It is the old way, instead of the new evolutionary spiritual approach.

Life Response Makes Impossible Possible and Force

Life Response makes every seeming impossibility Possible, especially when the supramental power is brought into play.

Cause of What You Attract Positively and Negatively

You attract what you are - positively and negatively and in between -- in terms of your attitudes, motives, feelings, decisions, actions, intention, beliefs, etc. The world around you is therefore in many ways a mirror of yourself.

Relate to Another's Inner Person, Soul

The next time you meet with someone try to feel their Inner Person, not their physical form or the surface personality you ordinarily perceive. Sense and connect to their inner being and eternal soul, and know them always that way.

From Expectation to Consecration Attracts Best

Shift from expecting an upcoming activity to go a certain way to self-offering it to the spiritual Force, which will take it in the best direction.

Conflict Between Parties are Really Possibilities from Higher Consciousness

"Conflicts in a relationship arise when people believe they know each other, whereas the fact is they don't." (DTK)

It is the problem of human Ignorance, where the human mind just has a partial understanding of the world around them - whether other people, outer events, circumstances, issues, etc.

We tend to judge others very quickly because we live on the surface of life. We do not use the mind to consider all possibilities; to wait until we have more understanding before judging. It is a "Rush to Judgment." I.e. quick to judge, slow to learn.

Also there is a certain tendency in human nature to enjoy conflict, to assert one's self; to take pleasure in the outbursts and assertions of our Ego.

As we develop a more conscious life, we are more open to the many-sided truth of things, whether concerning life issues or others.

It is the problem of the world, and why human need to evolve further from their animal-based humanity to a deeper sense of things, to a higher awareness and consciousness that sees beyond the surface into the deepest depths where Truth lies.

Irritation Toward Injustice Increases It

When you get irritated about an injustice, it grows.

Q: Well... shouldn't one be informed about the injustice...(e.g., Corrupt Government)...in those situations. How should one think to change the situation to a peaceful one.?

A: Recognition is good; even very good. Irritation isn't. Its negative energy that attracts negative circumstance, including the intensification of that which you do not like. Or to put it another way, having an inner aspiration for these things to change is very good; getting annoyed at them just attracts more of it. To know the difference makes all the difference in a positive outcome.

To change an issue such as this, you should be very informed about it, know in detail all of the salient issues and possibilities for change, have an intense, ongoing, sincere desire for it to change (not just ephemeral) and then offer the entire matter to the Divine Mother with intensity and emotion. Life will then move.

Thinking of Mother Before Activities and Great Outcomes

Before you engage in any activity, think of the Mother. Things will work out exceedingly well.

Beyond Mind's Thinking to Knowing Intuitively

Mind's unnecessary thinking blocks direct, instant Knowing of the object intuitively. It is the difference between searching haphazardly for the Truth of something, and instantly coming into Identity with it.

Transcending Comfort Zone that Attract the Infinite

When you go beyond your comfort zone, you leave behind your current finite - in terms of achievement, consciousness, fulfillment, etc. - and come to its infinite counterpart.

Q: What does infinite counterpart mean?

A: Greater success, achievement, consciousness, fulfillment, delight, up to Infinite of these.

Benefit of Indian Brain Drain of 1960s

The apparent "brain drain" migration from India of the 1960s and 1970s proved to be a great boon for the country, particularly in the field of technology where she has blossomed.

Soul is Unassertive, Passive, Timid

The Soul is unassertive, passive, and timid. It will not emerge in the forefront of our being until the Mind stops thinking and our Ego movements are overcome.

Black Problem in America and Killing of Native Peoples

America has suffered the great problems of the African American community (poverty, unemployment, crime) as karmic response to its ruthlessness against the Native Peoples a century earlier.

Sports Successes and Negative Events

Great sports achievements are often synchronous with significant negative events in that community.

Q: Why? That's so interesting!

A: I am not sure exactly. I suppose the energy in a given environment reaches a critical point, and expresses negatively in the macro (as intense general negative), but that has an avenue for fulfillment of the positive in the micro (like the sports event). The sports outlet also often serves as a positive outlet for the negative feelings of the population of the time.

Several years ago as Detroit, Michigan, USA was falling apart during the Great Recession- particularly in terms of producing autos which it is famed for -- the Detroit Red Wings hockey team had a sudden run of championship success it never had before. The New York Yankees won baseball championships around 9/11 after stagnating for years. Yesterday here in the San Francisco Bay Area, the rapid transit system collapsed due to a local fire, just as the pitcher for the local professional baseball team had the greatest success for the local franchise in 130 years - a perfect game! (The latter precipitated the original entry in this thread.)

To look into life this way is a great thing. To come up with the cause and effect relationships in such positive-negative scenarios and synchronicities requires a sharp inner eye to the deeper principles of life. In Shakespeare there is the main story, and often a parallel minor story. They work in tandem, and have related results. Sri Karmayogi says (in accounting for life response) that forces move together; however there is a major force that determines all of the others. Perhaps that is a clue to answering why sporting events reflect major difficulties for a community; only in the reverse.

Speaking Past Difficulty Gleefully Repeats It

When you gleefully and unnecessarily speak out a problem or challenge from the distant past, it suddenly starts happening again (within seconds), even after a dozen years since its initial and only occurrence!

Spiritual Evolution of Universe through Psychic Beings of Individuals

The universe is undergoing its spiritual evolution through the growth and maturity of all psychic beings inhabiting individuals across multiple births.

Effort of Perfection Attracts

When you try to perfect a thing, new unexpected benefits or opportunities suddenly arise.

Initiative from Life, Rather than Our Own in E.g. Sales Succeeds Greatly

Q: Sri Karmayogi indicates that fresh initiatives on our part are highly unlikely to succeed, whereas when life come to you and you take it up, it will far more likely succeed. But what about a sales person or a marketing effort by a company? Should they halt their action, because it is their own initiative, not coming to you by life?

A: People who are in sales and ask for orders have in one sense already been compelled by life to move in that direction already. They are in that career path, whereas undertaking fresh new initiatives where life has not indicated anything to us is different, and is less likely to succeed, or succeeds through difficulty. I think we can make that distinction.

In that light we can see the difference between opportunity and initiative. Opportunity comes our way from life. Initiative is our attempt to create life. Unless we follow the process to perfection (Karmayogi's "The Complete Act"), it will not succeed, or probably have not been worth the bother. In that sense an opportunity coming from life IS a complete act already, at least in potential. Then it is up to each of us to take it up (which unfortunately many do not), as well as consecrate it so the opportunity is truly a good one, so the momentum is maintained, and that it can further expand beyond its initial possibilities.

Victory at the US Open through Collaborative Knowledge

The biggest annual Golf tournament in the US just completed in Northern California. It is called the US Open. An upcoming player (Webb Simpson) won the tournament in a surge in the last round. The man in the lead throughout the later stages was a veteran who is well-liked and respected. However, in the end the upstart prevailed. Why?

I noticed the cause early on in the last round. Simpson discussed nearly every shot with his caddie (Paul Tesori), and together each time they came up with a strategy. The golfer then executed it nearly each time to perfection. He knew he did not have all of the knowledge, and so deferred to his caddie for his viewpoint and expertise. The caddie too respected the golfer. They were a superb team that took them to the top as champions of the US. It was one of the great expressions of the power of collaboration, and an openness and willingness to learn, which will take one to the top. Even the TV commentators noticed it.

One other point: In Supermind all knowledge is known about a thing. We can attain it to a large degree by incorporating all points of view. There are other individuals at our disposal who can inform us of the widest possibilities. The more open we are to others' inputs, the more we garner the multi-sided truth of things, as in Supermind. Sri Karmayogi calls it "taking the other man's point of view." It lands us closer to an integral knowledge, at least for the issue at hand.

Such Supramental power has another side beside integral knowledge. It is Force and Power and WILL for the thing/the knowledge to be executed, to occur at the highest level. In that way, Webb by moving in the direction of integral knowledge by taking another's views was also propelled to VICTORY, which is Supermind's actualizing Will; its power of manifestation. It achieves overwhelmingly. Life responds beyond our wildest dreams.

Process of Creation/Accomplishment that Garner the Cooperation of Life

Intention that has a targeted goal and where the vital will is engaged; a firm decision made for action, a full persevering effort, right positive attitudes relative to the situation, application of one's highest skill, patience, strength, calm, and opening and surrendering to Spiritual Force (the Mother) will all help garner the cooperation of life and manifest what is intended (and then some).

From Complaining to Appreciation to the Society We Are Born Into

People are unappreciative of the civilization they are born into. There is a fundamental lack of Gratitude for the benefits one has at birth; for the great developments that human ingenuity and effort have produced. True it is moreso in some nations than others, or in certain areas more accentuated in one place vs. another, yet there still remains this fundamental unappreciativeness.

It is easy to complain about all the problems. It is more difficult to silently will for their change, and make efforts, inner and outer in that direction. Too many are left to complain, while showing no appreciations for the positive givens they are born into.

New Remarkable Mind-Bending Insights of Science

Quantum (micro) and macro science have revealed a number of remarkable truths that baffle the mind of the logical, empirical, physical-oriented scientist. Among them:

An object can be in two places at once.

One object can affect another instantaneously, even if it is on the other side of the universe. (This is a proof of the phenomenon of Life Response.)

A pain is recorded by the human brain before it is inflicted on the human body!

There is not just this universe, but billions and trillions more; not just parallel but sequential. When one returns after a journey at the speed of light for a day, life on earth has aged a thousand years.

The properties and makeup of that which is being seen in the universe is determined by who the viewer is, what their consciousness is, not just what is being viewed. (Possibilities and potentials in the universe are determined by the consciousness brought to bear.)

It was believed that consciousness emerged from matter, but now there is proof that it is also the other way around. Consciousness is the source of energy, matter, etc. in the universe corroborating the ancient India mystics.

Dark Energy may be, or related to the Energy that originated in the Conscious-Force (Chit) of Sat-chit-ananda, the first step out of the Infinite Divine on its way to creation.

Infinitely micro Strings, the foundation of reality (to be proved) arise out of Nothing.

A truth and its opposite can both be true.

Unassertive, Unheard Voice of the Soul is Perceived When Mind, Ego Are Withdrawn

The problem with the soul who is the rightful owner of the body is that it is amazingly unassertive. This silence leads to other entities such as the mind and ego to exaggerate their importance and claim all credit for themselves as if they alone create anything of value here.

The voice of the soul that is almost never heard goes totally ignored.

The importance of the soul that is so unassertive will be known only when the Mind and Ego withdraws and not otherwise. (MSS, reoriented, paraphrased)

Sri Aurobindo's Evolution of Consciousness and the Psychic Being

Sri Aurobindo holds that the aim is an evolution of consciousness in the universe, rather than an escape from life and manifestation. This is commonly understood to mean the evolution of the evolving soul in nature through many lives from a tiny spark into an entity and eventually into a Psychic Being that is mature and powerful enough to come to the surface to influence, express through and direct our outer personalities and actions. He says that the realization of the psychic is the first step in the process of spiritual evolution, but actually it is only one aspect of the process. (MSS)

Comprehending and Apprehending Supermind from Out of Satchitananda

Satchitananda is the undifferentiated Transcendent One. In Comprehending Supermind it extends itself as an all-containing, all-pervading equal concentration of Cosmic Consciousness populated with forms of itself which that consciousness pervades. The Consciousness is at once the field, the forms and the self-experiencing consciousness.

... In Apprehending Supermind, the Divine Consciousness projects itself into each of these forms of itself and assumes the unique vantage point of each of its forms... All these individual centers are projections of the same Consciousness which resides within each of them as the Individual Divine. (MSS)

The Censor

Mother says it is easy to mistake what she calls the "censor" for an inner voice. The censor is a part of the mind that always criticizes ourselves and others and imparts a sense of guilt. It pretends to a great knowledge or authority or righteousness. It harasses human beings and must be totally replaced by the mind's silence. (Garry Jacobs)

Listening and Being Guided by the Inner Voice

"One sure characteristic of the inner voice is that it never presses, never insists, never gets angry, never disturbs. It is a still small voice of clarity and joy." (Garry Jacobs)

Often when conditions are pressing this way and that and a decision needs to be made, one can subtly perceive that the way of calm is almost always the right way. If we look behind the turmoil, contradictory elements, ego, etc. there is a quiet voice barely heard that knows which direction to head, and which to avoid.

It also takes knowledge of many other truths and principles of life, such as work over indolence, silence over speech, humility over boasting, etc. As we master these, the voice within becomes clearer.

Then there are the signs from the environment, that are subtly pointing in the right direction beyond the "noise." Understanding its nuances and suggestions will be of great value.

And there is also the Inner Station rather than living in the outer consciousness that can recognize the inner voice. We can work to develop this inner poise over time.

Remembering Mother constantly keeps us in the right space for all of these other elements to fall into their right place, plus it has its own great affecting power.

Overall we come in touch with the superconscient that is beyond time, that gives us direction from within, leading to right knowledge that enables us to make the best decisions that lead to wonderful outcomes.

Various Types of Self-Giving

Calculated self-giving is no self-giving. (i.e. giving for the sake of getting something in return, which is ego.)

Unconscious self-giving is a disaster if given to undeserved people.

Conscious self-giving without expecting anything in return from the person or cause to where one gave his/her self, is real self-giving. Even then, the world would not recognize its true value.

Self-giving with a purpose of making the Divine act in his place, with full of joy that the Divine will is being carried out in that act of self-giving is real self-giving. (Nedumaran)

Four General Determinates of Life Response

Life Response is the reaction of life to our shifts in consciousness. In general, it is precipitated by changes in Attitude, Intention, Decisions, and Action. There are also spiritual causes. The phenomenon occurs due to the principle of inner-outer correspondence. It indicates that the inner and the outer are one continuous field of existence. Therefore, if the inner shifts to the positive (at any of the four levels), the outer instantly responds in kind.

A true-life example: One man was reluctant to work weekends in his sales job. After wrestling with the issue, he shifted his Attitude to willingness, which also established his new Intention, leading to a firm Decision to work weekends. When he then made the physical effort and arrived at work that day (Action), he immediately attracted the biggest sale of his life, which led to an enormous pay check, which in effect changed the course of his career. It was a special case of life response, where all four general determinants -- shifts in Attitude, Intention, Decisions, and Action -- were at work. It is also true that the spiritual Force he had frequently engaged was working behind.

Inner-Outer-Inner Life Response

Life response occurs as a result of the principle of inner-outer correspondence; which we normally think of as shifts in consciousness within evoke corresponding results from the outer life. But in one sense that is not always the case. E.g. if we want to change a wanting attitude (within) through an aspiration (within) for the Divine Mother to help us, that Force then moves (the "without"), touching us and transmuting that part of our nature (within), without necessarily producing an outer result. Thus we can say that inner-outer correspondence really means that there are no divisions between the inner and outer, i.e. they are one continuous reality, and therefore each "part" can affect the other. In other words, there are forces -- from material to spiritual, gross to subtle -- that are awakened that then activate corresponding ones, producing the life response effect, whether the cause is within, without, or both simultaneously.

Manners to Behavior to Character to Personality to True Individuality

Sri Aurobindo indicates there are 5 levels of being for the person. One who acts merely to mimic the MANNERS of others. One who behaves and acts through his or her own compulsion, yet without a distinct and recognizable character or nature (BEHAVIOR). One who has a readily identifiable and formed CHARACTER and nature, as that person has a special uniqueness other people can perceive. One who is a PERSONALITY, who has unique character, but also an innate ability to transcend his nature and do things special in the world. Personality exists mostly as potential; not really fully formed. And then there is TRUE INDIVIDUALITY, who is one that has cast off all of the norms of society, enabling him to succeed in any domain through the power of his own unique insights and gifts. He is also capable of connecting to

his Soul within that sends further signals of individuality into his being for unique living and accomplishment. So the continuum of depth of being of people is Manners - Behavior - Character - Personality - True Individuality. Most humans are somewhere between Manners and Character. Very few are a Personality, developed or otherwise. And True Individuality is extremely rare.

Call the Spirit in Objects

Everything has Spirit or Essence within it, even objects. Then call to the spirit in a thing, whether machine, auto, or other, and it will respond in kind, much to your benefit.

Thinking, Experiencing, Realizing Oneness

Oneness happens not merely by thinking that I, the subject am in complete identity with thou/life, the object, but by experiencing that fact, and further still, by realizing it in full in the very fiber of my being.

Imperfect Evolving Brahman of the Manifest

God, Brahman, the omnipresent Reality is perfect in the Unmanifest; but is imperfect in the Manifest, the phenomenal. That is why Life is evolving.

Further comment: And there is a higher level still that is beyond perfection and imperfection, as all exists, is perceived to be in an integral Oneness and Unity. Sri Aurobindo calls this the experience of "the Marvel," where each and all, positive and negative, small and large, pleasurable and painful serves a purpose. One has this view in Supermind (truth consciousness).

Differences and Richness

Differences give richness to life.

Further comment: Differences was/is the intent of the Infinite consciousness so that our discoveries in creation are infinitely varied and wondrous, leading to infinitely dynamic bliss for the discoverers. To enable infinite variation, the divine allowed for the negative, painful, ignorant, etc. in addition to all the positive aspects, and all points in between. The process of discovery of our higher nature amongst those points is the intent of the Infinite consciousness for us in creation, which is on an evolutionary path.

Difficulties and Confidence in Grace

The best way of meeting difficulties is a quiet and calm confidence in the Grace. (The Mother)

Trial, Tribulations and Spiritual Growth

All the trials and tribulations we have experienced in our lives have served to progressively move us inward to our True Self, and upward to the Supreme Grace.

Speak Less to Know More

Spiritually, the more you speak, the less you will come to know.

True Happiness and Self-Givingness

True happiness' greatest indicator is constant self-givingness, rather than self-absorbed ego expression and selfishness.

Wisdom of Perceiving Interrelations of all Subtle Life Principles

Ultimate Integral Knowledge and Wisdom is to see every subtle life principle in terms of every other.

E.g. I know a principle of life response such as inner-outer correspondence. But now I also see it in relationship to the Oneness of the omnipresent Reality (Brahman). Then I see them both in terms of having integral, multifaceted knowledge of the truth of a matter, which I then perceive in terms of the keys to accomplishment in life, and so on and so forth ad infinitum. Now I am able to think and write and act on such things as a seamless totality. As result one has profound insight into a matter, and can thereby evoke the best from life, experiencing deep delight and fulfillment along the way.

Silent Mind Expands Knowledge

When you garner an insight or knowledge of a thing, let it settle in a quiet, thought-less, silent mind. Soon after, the knowledge will expand in all directions.

Consciousness as Objectless Pure Existence

Consciousness is pure Existence, undivided, without subject and object.

Oneness of Subject and Object

In Satchitananda there is no subject and object. There is pure consciousness that is One. In Supermind (on the way to creation) there is separation of consciousness into subject and object. E.g. the Knower (subject) Knows the Known (object), and yet the subject and object are One, in identity.

In the human mind, subject and object are separated and divided. E.g. the knower only knows the known in part. There is thus Ignorance, the opposite of knowledge.

As we discover the depths of Soul within, and rise to spiritual mind and beyond to Supermind, the subject and object remain, but are perceived as one integral thing in unity. Thus, in those depths/heights one knows the known in full, which is Integral Knowledge. One loves the beloved totally, which is True Love. One delights in the delightful completely, which is True Bliss. And so forth.

Conscious as Source of All in Involution

We believe that Consciousness is a product of matter evolving into life forms that then develop mental intelligence, which is of course true. Yet it is also the case that Consciousness is the Source of everything in the universe from energy to matter to life forms to us. The operation of Consciousness in the former is in the Evolution (the ascent). In the latter, it is in the Involution (the descent).

The Observer Determines the Reality

We the observer, determine the reality that exists in the universe. It is our consciousness that determines the possibilities, not simply just what is out there. This is what the ancient Indian tradition and quantum physics tells us. Life response therefore is due to increase in consciousness on our part that created new possibilities out of nothing.

Oneness of Subject-Object from Highest Consciousness

The subject-object split that we ordinarily perceive in life -- e.g. between the knower and the known; between the lover and the beloved, etc. -- is an illusion. They are simply one thing, undivided from the perspective of our highest consciousness. In Supermind, which is unity consciousness, we perceive the world this way. In ordinary mind, the subject is split from the object, and thus trying to truly come into identity with it is a futile gesture. Let us then overcome our limits and open to the spiritual Force so we rise to the heights of spiritual Mind and to the depths of True Self where we are one with the object in terms of Peace, Power, Truth, Knowledge, Goodness, Creativity, Beauty, Love, Delight, Timelessness, and Infinity.

True Love, True Knowledge and Identity

True Love is being one with, in identity with the object of love. True Knowledge is being one with, in identity with the object of knowledge.

No Title

To enjoy what gives others true enjoyment is Love.

Matter is Spirit to Supermind

To the supramental consciousness, the material world and its objects are perceived as Spirit itself.

One interpretation: In Supermind, one knows the true nature of the Reality including all its planes and their integral relation. Therefore when in supramental consciousness one perceives matter as just another form that the original Spirit, or the Conscious-Force has taken in creation.

Mocking Gives Other Side Strength that Becomes Success

When you rudely mock an opponent -- whether in sports, business, or other fields of life, -- you transfer strength and therefore success into their hands.

Further comment: What compelled me to write the original post above was a similar incident that occurred a few hours before. This time I heard someone on the local team's side mock the upcoming weak team it was about to play. It was blatant boasting. I therefore knew that the opposing team, though a heavy underdog would prevail. The next morning I learned that the opposing mocked team did in fact win the game, and did so in a most painful way for my local team, whose affiliates did the mocking. It was a perfect example of the negative life response power of boasting, as indicated in the original post. What compelled me to write this post was incident that occurred a few hours before. I heard someone on the local team's side mock the upcoming weak team it was about to play. It was blatant boasting. I therefore knew that the opposing team, though a heavy underdog would prevail. The next morning I learned that the opposing mocked team did in fact win the game, and did so in a most painful way for my local team, whose affiliates did the mocking. It was a perfect example of the negative life response power of boasting, as indicated in the original post.

Computer Empowers Individual; Internet Universalizes Him

The computer gave individual empowerment, which then extended to the universal of Internet. Thus Man is now on his way to becoming a True Individual, and further still to a Universal Being. Both in the current Hour of God, which is pressing down its Influence from above.

Descent from Above, and Ripening from Within Enables a Great Development in Society

When a great new development or period occurs in society - such as the Renaissance and Reformation; or the liberation of India and Africa from colonial rule -- there is a dual movement occurring: A descent from the Superconsciousness above, and a ripening of society for that possibility from below. It takes place in what Sri Aurobindo calls an "Hour of God."

Perhaps the computer and the Internet are several ripenings below in the current Hour of God, whose greater possibility is a dramatic change in the consciousness of Man by means of psychological effort towards greater self-awareness, facilitated by an opening to the Spirit and Its Force.

On Consciousness

Consciousness is the ground of all being; the source of infinite possibilities; the creator of all in the universe.

Non-Initiating in Group Compels Another to Do So

If in a collaborative environment - whether of work, learning, or other - we withhold initiating an action we are eager to pursue, another party will step forward and do it for you.

Head an Advice Attracts Unexpected Response from Them

When you reverse yourself and heed the advice of someone who you mistakenly wronged long ago in that same context, they suddenly come forward out of the blue and provide energy and benefit to a current undertaking.

Further Comment: It came out of a true story. I was going to copy some content from a friend's organizations' site to my site. I thought they would not mind, and the content would be invaluable to my readers. Then I read their security requirements, and realized I shouldn't. I also recalled that long ago I disseminated some info from that same person that slightly got him into trouble. With those two things now in mind, I removed the copied content from my site. As soon as I did, from out of the blue I noticed that he had come forward and contributed mightily to my new site, now the dominating entry there. It was an absolute miracle in my eyes! (By the way, this happened the other day, causing me to write the entry in the first place.)

Ego vs. Harmonic Consciousness

Ego is separative consciousness that divides itself from life and others, thereby acting negatively in an infinite variety of ways. Harmonic consciousness and behavior - Ego's opposite - is what we should be after.

The Mother Acts in Silence

The Mother tends to act when silence abounds - whether of non-thought, non-speech, non-imitation, non-stirring of the emotions, non-reaction, etc.

Beyond the Ego that Does Not Want to Learn

When you learn what you can from an event, it never hurts. What is hurt is ego that refuses to learn." (Sri Karmayogi)

Interpretation: We can either learn from circumstance - positive or negative - and grow as a person, or we can be oblivious to the lessons presenting themselves, which is a sure sign of the Ego at play, which does not want to learn.

Withholding Scolding Another Attracts

When you refrain from scolding someone for their mistaken action, they tend to soon understand their mistake on their own, and come back to you in a state of contrition; even with deep praise and positive effort on your behalf.

Further Comment: The thought came out of a true story. I was going to copy some content from a friend's organizations' site to my site. I thought they would not mind, and the content would be invaluable to my readers. Then I read their security requirements, and realized I shouldn't. I also recalled that long ago I disseminated some info from that same person that slightly got him into trouble. With those two things now in mind, I removed the copied content from my site. As soon as I did, from out of the blue I noticed that he had come forward and contributed mightily to my new site, now the dominating entry there. It was an absolute miracle in my eyes! (By the way, this happened the other day, causing me to write the entry in the first place.)

In Pursuit Of Our True Anchor

For decades, centuries, millennia we have been told what we should and shouldn't do; what we should or shouldn't be. The authorities of the SuperEgo laid out the dos and don'ts for us -- whether religious, social, parental, moral etc.

Then more recently we've been freed from the shackles of that which has limited us, and as a result, a great freedom was unleashed for the people of the world. However, now as a result of experiencing that which we were earlier denied, we have gone too far - too caught up in our indulgence, obsessions; in the mindless pursuit of that which is ultimately ephemeral and unfulfilling. For it is not the fulfillment one finds in the discovery of our True Self, our True Personhood and Individuality within, but that which is alluring and attractive to the surface view of things, to the lower nature.

As a result, we find ourselves betwixt and between: untethered and free from that which dictates and commands, but lost in a sea of indulgence without a spiritual direction or anchor. Until we discover our Inner Anchor, our True Personhood, our Psychic Center and Spirit, we will be lost in an ocean of suffering; cast here and fro on a sea that is unforgiving. We will be lost to that which gives pain to every pleasure; that confuses as much as it teaches; that leaves us cast adrift and ultimately ship-wrecked on the shore of the lonely island from which we once began.

The Role of Asuras (Dark Forces) in the Context of the All, the Reality

Q: We generally say that all emanates from the Divine. But if that is the case, does the Divine generate the [dark] Asuric forces, and therefor fight with its own creation?

A: In one sense Brahman, the All is beyond the Divine. Brahman/the Reality includes the Divine, and even that which is averse to it. The All incorporates the positive and negative; the small and large; all planes from spirit to matter; every act we are experiencing; etc. The Infinite consciousness allows for all the shadings, including the worst dark ones so there could be the greatest variety of possibility, experience, and discovery, enabling dynamic delight in that ascent.

In Christianity there is the story of the Devil. In it he is doomed to Hell; to rule over it. However, he does so not out of hate and evil, but out of his Love for God. He is willing to live in purgatory forever in the darkest depths if that is what pleases the God he adores.

This interpretation can be taken that All and Everything serves a purpose in the unfolding. The more variation -- including the negative and dark -- the greater the variety of our ascent and our experience of our higher nature, which was/is God's Intent.

Mother and others may take up the inner fight against the Asuras, but from the perspective of Brahman, it is all part of the Play of Life, His Play (Lila) that allows His static bliss to now extend and incorporate the dynamic bliss in the seen and unseen universe.

Why We Can't Evoke Positive Response in a Negative Social Atmosphere (e.g. Bribery, Money Obsession)

Q: Why can't we evoke a positive response from life when we decide to not give in to a bribe in India? It seems that the Life Response phenomenon is not at work here.

A: There seems to be an environmental vibration, in this case a negative one related to bribery, that issues from the society as a whole. Though one may be honest, or seek honesty, it is difficult to make a dent in the overbearing social atmosphere. Only a deep aspiration for something different, while using the Mother's Force can penetrate this darkness and evoke the positive response that changes things. It can even cancel good portions of it, say in one's district. (I now wonder whose aspirations evoked the movement of the Indian gentleman who has pioneered anti-corruption in India.)

Still what GJ says is true; that our intentions, attitudes, beliefs, etc., indicate our truer colors, is subconsciously supports the tainted environment, and therefore limit our ability to evoke the positive in this environment is limited. You could call it "Subconscious Insincerity." We need to search deeply, sincerely, objectively to perceive what that corresponding limitation is in our nature. In America, the plight of blacks lies still unresolved in many ways. But what is the average American's true sincerity about trying to overcome that problem, as well as poverty, stagnant wages, high unemployment, high cost of medical care, etc. He lives too much in the physical to bother. And what of financial obsession in the country that endangers it? The average American watches the stock market like a sporting event, cheering it on. Then

he wonders why the whole system nearly collapsed. He blames "them." But in his heart of hearts he is too much like them at some level.

Therefore, wherever we see that we cannot penetrate the resistance of the negative environment (such as bribe in India, or money taint or obsession as in US), we can check our own corresponding qualities, reverse them, while also developing a deep, intense aspiration to change such things, while using Her Power to make it happen. Life will then move. Society will soften in its negative propensity. We will be instruments of change in the world. Also somehow we will personally benefit from the fact.

How Great Spontaneous Developments in History Arise (Hour of God + Ripening from Below)

Q: I was wondering when the Divine works DIRECTLY ON ITS OWN in the world, takes to an action that is Grace, as opposed to when it works through individuals, our consciousness in which we are instruments. E.g. was the sudden unfolding of the Renaissance or the Hippy Movement or other similar spontaneous occurrences a direct Divine Initiative, irrespective of the individuals? Can we even say that Mother working as agent of the Divine in this instance with India-China is an instance of the divine working on its own directly, or is it somewhere in between? How do we draw the lines, and what are some examples?

A: Creative moments in earth's history could be occasions when the Hour of God was active. It is the ripening Hour that precipitates the emergence of such splendid events as Renaissance and Enlightenment in Europe and liberation of Asian and African countries in the 20th century. It is more like an upwelling from below than any conscious initiative from the surface. One can say the inner divinity ripens enough and expresses at some point as mental and vital creativity and dynamism etc. Below the surface it is pure divinity trying to come to the surface while on the surface those giving expression to the divine urge for creation can be viewed as the intermediaries. So it is partly direct and partly indirect. (MSS)

Comment: This is the same as the process of Evolution, where there is an Influence from the Superconscience above/around us, that compels the Conscious Force within (in this case of the society on earth) to come out, hence taking a new, higher formation (such as Renaissance).

Sri Aurobindo Beyond Avatar as Portion of Supreme Itself

As far as I know Avatars of the past such as Sri Krishna, Sri Rama, Jesus Christ and Lord Buddha can be considered messengers of the Divine who came down to announce The Divine's intention. But with respect to Sri Aurobindo, Mother went one step further and said that He cannot be considered a mere messenger though a luminous one at that. She said that He was a portion of the Supreme Himself acting directly on the earth consciousness to uplift it. (MSS)

Touching True Nature in the Present Moment

The only place we touch True Nature is in the present moment, not in the past or the future. In the present moment is where True Nature intersects time, because it is the now. (Golden Amber)

Silence at Various Planes

Silence at the mental level is non-thinking. At the vital level it is inner calm and equality of being. At the physical level it is non-action and initiation. Also there it is non-speaking.

Taking to Silence vs. to Action/Full Effort

Q: When should I be silent, and when should I act and make the full effort? I am confused.

A: It depends on the person, the time, the conditions. Sometimes silence is needed. Other times action and full effort.

Full effort is certainly helpful when taking any action. Going the extra mile often evokes the response. Knowing what you want, going after it with energy, having a plan, and executing with right attitudes and skills is the process.

Interestingly, we can also develop inner silent power that can evoke results from the world, without having to make an effort.

Confusion -- such as whether to be silent or make a full effort - is never a good thing and must be cast aside. It is mental limitation that keeps one from evoking positive results. Not thinking of the matter (turning to silence) and offering confusion to the Divine Mother with "Thy Will Be Done" is a first step. Answers and clarity will come.

After a while all of these blend together and you know what to do, what not to do, what right state to be in, etc. It comes from progressive personal growth. Meanwhile always be cheerful, patient, and optimistic.

How to Apply Supramental Consciousness Practically in Our Lives

Implementing the supramental consciousness at the physical level of day-to-day will involve essentially introduction of three major aspects of the supramental consciousness. Its chief distinguishing marks are a total and unified point of view, fusion of Knowledge and Will into a single entity which results in instantaneous accomplishment and a sense of perpetual freshness. Acceptance of these three features in our daily lives will necessitate following changes in our thinking and feeling and acting.

1. A widening of our mental outlook so that apart from our point of view on any issue, the viewpoints of others and the total picture is always considered.
2. A fusion of our knowledge and Will cannot be possible in the finite egoistic consciousness that we live in. The Psychic lives in the Infinite and unified consciousness and so he or she who moves to the psychic consciousness can hope to acquire an ability to achieve instantaneous accomplishment. Mother's grace is also functioning in the infinite dimensions and so he or she who is in alignment with grace can also acquire this capacity for instantaneous accomplishment. But again alignment with grace demands such spiritual accomplishments as surrender, liberation from ego-consciousness and absence of egoistic initiatives etc. As a minimum it will demand complete faith in the power of grace to act on the physical plane.
3. The supermind is perpetually fresh while 99% of our acts are routine, habit-bound and mechanical. He or she who can free himself or herself from the fixity of habits and routine.

Experiencing Satchitananda Without Passing through Supermind

Satchitananda is above Supermind. Supermind came out of Satchitananda; is its Nature; manifest its Real Ideas in the creation process. You can reach Satchitananda without going through Supermind. I read the other day that the great Indian mystic woman Anandamayi Ma had according to Sri Aurobindo the direct Satchitananda experience and embodiment without connecting to Supermind.

Supermind vs. Satchitananda's Power of Creation

Supermind is the only plane with the power of creation; with the knowledge and power that transforms the being. Have you ever consecrated and seen the benefit of Mother's Force? That is the Supramental power. It is very real and alive in the world. Calling down Satchitananda to change one's being is just not as practical and effective. I am not sure it is even possible. By opening to the supramental power, we reenergize the consciousness-Force of Satchitananda that is buried, hidden, involved in our being, which causes that plane or part of our being or nature to progress and evolve.

On the Rishis and Supermind

The ancient Rishis knew of and experienced Supermind as a plane of existence; perhaps they rose to experience it. Sri Aurobindo said it can also be called down into the earth, and thereby

transform life to its ultimate potential. And he did that very thing on his own, and later also through the Mother.

The Rishis were not interested in or capable of bringing Supermind down into the details of life. They just did the Ascent to, not the Descent of the Force into themselves and life. They hardly began to become supramental beings, only to melt their consciousness into it; not to transform their being at all planes.

It is not even certain that the Rishis reached Supermind, only the higher planes of spiritual mind, culminating in Overmind, the universal consciousness. Perhaps they even reached Satchitananda, skipping Supermind.

Also, they understood the One and the Many, but not how the One became the Many. The One became the Many through the action of Supermind working in tandem with Satchitananda.

They also knew of the Oneness of existence; of the omnipresent Reality, of the All that contains all planes, the unmanifest and the manifest, all the details of existence, and their integration. Through Supermind one can perceive this Integral reality, as Supermind is an integral knowledge capaciousness. This is Sri Aurobindo's explanation. But did the rishis have the same view of the Integral Reality, and did they experience Supermind to know it by identity. Or was there their experience somewhat less?

Moksha is liberation of the being by connecting to and experiencing the Bliss of the Spirit and remaining there; oblivious to life; not bringing down the power of the spirit to transform life. Maybe the rishis experienced liberation though ascent to the planes of spiritual Mind, where they experienced unity of knowledge, plus delight/bliss in the experience.

Attention Evokes More

Wherever you put your attention, more of it comes.

The Construction of the Levels of Mind, Spiritual Mind in the Indian Tradition

Q: Who made the levels of normal human and spiritual mind, and their degree of attainment of truth?

A: The ancient Vedas, Vedanta teachings, etc. describe the planes of cosmic mind, which came from out of Satchitananda of the infinite divine. Sri Aurobindo refined them as he experienced them all. From Supermind down to Overmind to Intuitive mind, Illumined Mind, Rational Mind, Sense Mind, etc. His epic poem Savitri is filled with such creative visions and knowledge from these planes, as is in his opus on existence in the universe 'The Life Divine.' we each occasionally have experiences from these planes. Sri Aurobindo simply mapped out in greater detail what was already known in Vedanta. He also put them in an evolutionary context. In addition, the higher amongst the planes we rise, the closer we come to the original truths of cosmic mind and beyond, where all knowledge is infinitely multifaceted, as well as profoundly integrated and one.

Three Poises of Supermind

Q: I wonder what exactly is meant by "Supermind."

A: Supermind is actually three things; or it has three poises. It is a plane of being of spiritual mind in which all knowledge exists and is in an integral unity. Second, Supermind is the force that created the universe out of a Divine Source, turning the original Real Ideas, spiritual aspects (of peace, knowledge, oneness, goodness, power beauty, delight, love, timelessness, infinity, etc.) enabling their further formulation as forces and forms in creation. Third, Supermind is a force and power that we can open to through consecrated and surrendering efforts that sets right the conditions of life, evokes the positive instantaneously, cancels past karmas, overcomes limitations in our being, and enables us to evolve into our highest mental, vital, and physical status, culminating in gnostic, supramentalized beings; i.e. the next human species.

Self vs. Supermind

Q: What is the relationship Between Self and Supermind? Are they the same?

A: Self can be the Soul and essence of our being, but Self also refers to the Being, the Existent, the first step the Infinite Consciousness (Brahman) takes out of itself. Self is thus Sat of Sat-Chit-Ananda. Supermind is an extension of this, whose mission is to carry out the Real Ideas and cosmic determinates of Sat. It is to manifest a universe out of the Real Ideas/Spiritual attributes of Sat. This is the Involutionary process in which Supermind divides the Conscious Force (Chit of Sat-chit-ananda), on the way to creating space and time, energy, and then matter. At that point the Evolution begins. Supermind can also aid in the evolution by our opening to its Force to transmute and master life.

Attracting Life from Within in Yogic Life

The yogic approach is not to go after life, but for life to come to you.

Further comment: From within we gain access to a stillness and a supramental power by which our inner aspirations are fulfilled, as life comes to us from all directions without lifting a finger or making a move. It is the way of life in the next stage of human existence, what Sri Aurobindo calls the Divine Life.

Involution/Evolution is God's Plan

Evolution is God's Plan, which is preceded by Involution, also His Plan.

Raising Consciousness, Yogic Practice to Maintain Consecration

Q: Though Life Response has brought many good fortunes, how can I continuously keep it up, sustaining its momentum over time, instead of it flagging in the middle.

A: One must progressively raise one's consciousness overall to maintain life response power. Constant consecration (self-offering to the supramental Force) can do that for you; helping establish an inner poise and outlook that will enable you to push the right Life Response levers for different conditions and situations. Or to put it another way, Life Response is an opening to the much greater world of Conscious Evolution (yoga), which ironically has one effect of releasing far more Life Response Power and therefore a continuous stream of remarkable experiences and benefits.

Mental, Vital, Physical Persons and Learning

A mental person will tend to want to learn. He is open to all manner and sides of ideas. An emotional person learns less so; only when it is found enjoyable or supporting their needs. A physical person does not want to learn at all. Darcy and Eliza in *Pride and Prejudice* are mental, and so learn about their own personal deficiencies from life. Mrs. Bennet is physical, thus too obstinate to learn anything. Life only improves for her through a pounding; through the wild, confounding, contradictory vicissitudes of daily existence.

Learning Instead of Expressing Our Knowledge

It is relatively easy to express what we know; much more difficult to remain silent and eagerly learn from others what we don't.

Q: How about a spiritual person....

A: Spiritual person is one with others in all regards; learning, emotionally relating, being in tune physically in time and space, etc. True, integrated, multi-faceted spiritual person is constantly alive and open to everything, even as that individual has a vast discriminating capacity.

Not Reacting to Another's Anger Attracts

When you restrain yourself from reacting to someone's anger, whether or not pointed in your direction, they are likely to return sometimes soon in a state of contrition. In essence, your

silence and stillness within has turned their upsetness upon itself, revealing the vibration of falsehood in their action, compelling their apology.

Imagining A Person as the Mother Upon Meeting Them

One of the most powerful ways to insure a wonderful outcome in a meeting with a client, colleague, friend, relative, etc. is to imagine them as the Mother when you first engage them. Wonder will follow.

True Fulfillment through Self-Giving Accomplishment

True fulfillment comes not by mere achievement, but by achieving through complete self-givingness.

Divine's Plan of Involution & Evolution

Involution is the foundation by which Evolution can occur. When Involution is reversed, Evolution takes place. The Divine's Plan then is to establish Involution to enable Evolution.

Upsetness Hides Wanting Quality Within Us

Reacting with upsetness indicates a lurking limitation in one's being.

Further comment: How often in a TV show, film, etc. do you see people getting upset with someone or a condition, which is either caused by our attitudes about that matter directly, or by something else inside bothering us that too indicates a limiting attitude, opinion, belief, habit, etc. Upsetness, no matter how "valid" on the surface, is invalid when we consider its negative underpinning. Thus our obligation is to see the problem at its source, and make the necessary adjustment in consciousness. Life will then respond in our favor, and we will grow in the process.

Catching My Ego Movements

I am starting to catch each Ego movement that rises inside me.

Stop Waiting Attracts Them

When you stop consciously waiting for someone when they have not yet arrived - not just physically, but in your thoughts and feelings - they come to you.

Embracing the Subjective, Unpredictable, etc. Beyond than the Physically Real

While we need the knowledge and truth of the physical real, we also need to embrace the subjective, the spontaneous, the unpredictable, the immeasurable - reflecting the wider, changing, creative nature of Life.

Know Involution that is Basis of Evolution

If you want to know the true nature and potential of the Evolution, you need to understand the Involution, for the latter is the Source of the former, containing the Consciousness towards which we are headed.

Don't Self-Give to the Undeserving

It is not advisable to be self-giving, generous, and goodwilled toward everyone, but to those deserving of it. To be discriminating in that regard avoids serious pitfalls, including negative reactions from others. That power can come from developing a subtle sense within, including an intuition about the true nature and motives of others.

Knowing the Supramental Truth by Taking to Practical Spiritual-like Methods

Taking the viewpoint of others, being and acting in harmony with others, giving up egoistic initiative, giving up faith from the mind's way of seeing things and relying on Mother, non-reaction and equality, goodwill and self-giving are ways in which we make real in thought and feeling a conscious recognition of Supramental Truth which can transform our lives. (Garry Jacobs of MSS)

Esalen: Case Study of Sustainability of an Organization

[Esalen is the great Big Sur, California institution that helped spur the New Age movement around the world. Now various influences are in conflict about her soul and future. Here is my brief comment:]

Institutions rise, mature, and then either sustain at some level or collapse. Esalen has had a great influence on the world, which many other institutions and services are now taking up. Esalen was and may continue to be a spawning ground. When there are conflicts on both sides of issues as there is now at Esalen, it indicates a limitation of consciousness of each side. If both sides can look deep within themselves, and discover what it is, then the organization will flourish. Unyielding Ego is normally the main culprit. Less than that will be a compromise, which will mean she will lose her great influence in the consciousness space, and the world.

Overcoming Conflict Between India and Pakistan at Border through Harmonic Initiative of Soldiers

[On the border standoff between India and Pakistan at the icy Siachen Glacier:]

Aside from the diplomatic ego of national leadership, I wonder what can be done at the very micro level of soldiers there on the scene. In a famous true story several dozen Allied and German soldiers made a pact and crossed the intense war zone in WWI to celebrate Christmas together! Their hearts then went out and touched one another in collaboration of the spirit of their Lord. How much trust they must have evoked to create this short peace holiday in the midst of horrible trench warfare in which millions were killed. Can a few from India or Pakistan in Siachen Glacier, or for that matter in any similar situation around the world summon up similar local Trust based on their common values and faith? Or perhaps I am dreaming, and the truth is that the greater social force of hostility and contention will overcome all such positive vibrations and harmonic initiatives.

Involution and Evolution

Sri Aurobindo indicates that in the Process of Creation the Involution precedes the Evolution. Involution begins with the unmanifest Reality that extends itself to Sat (Existence), Chit (Conscious Force), Ananda (Delight), whose Real Ideas are rendered by Supermind into aspects of integrated Knowledge and Will, that then further lose their consciousness and becomes Energy, that then moves and formulates into fully unconscious, nescient Matter. Now the Evolution begins. In essence, the Divine Reality (which experiences static Delight), has absorbed Itself in the Involutionary process, losing its consciousness for the purpose of infinite diversity and possibility of force and form in a created universe in order for us to rediscover our Higher Nature enabling us to experience dynamic Delight in life.

Sri Aurobindo's Yoga that is Conscious Evolution in the Context of the Integral Reality

Sri Aurobindo's Integral Yoga (conscious evolution) is not simply the sum of or the integration of the other yogas (jnana, bhakti, raja, dhyana, tantra, etc. etc.), nor even the addition of western thought (i.e. these yogas, plus evolution, plus kant, hegel, etc.; and their integration), but is a method of consciously evolving ourselves in the context of, to meet the needs of the Integral Reality.

Sri Aurobindo's Involution

Perhaps Sri Aurobindo's greatest contribution to the theory of creation is "Involution." In it, He explains how God, the Divine became the universe by withdrawing Its divinity in the forces and forms that emerged for the purpose of infinite diversity, possibility, and discovery.

From out of the Involution emerged/is emerging the Evolution, which he too explains, as the progressive movement of life to increasingly higher levels of consciousness, knowledge, truth, oneness, perfection, beauty, love, and joy, culminating in a New Spirit-based Humanity and a Divine Life on earth.

Divine Source of Our Infinite Potential

Because the source of everything, every person is an Infinite Consciousness, each individual is capable of expressing that Infinity. Practically speaking that means each individual has unlimited potential in life, including the ability to express it uniquely.

Dealing with Opposition to Our Initiatives

Any great initiative to the positive will tend to attract serious opposition, even outright hostility, thereby testing one's strength and perseverance. Consecrating the effort at the outset can negate that which opposes, is hostile, insuring a successful outcome.

Ascent and Descent in My Yogic Practice

The spiritual method of progress I employ follows an ascending and descending movement. I aspire, call to, offer myself to the divine power, the supramental force, the Mother; and then That descends into my being. The result is life cooperates; mind intuitivizes knowledge without thought; one feels closer, even One with others and existence; attitudes and habits turn fully positive; joy abounds; and even physical pain and illness is overcome.

Balancing Act in the Play of Life

Life is a like Play in which we are required to balance focus and intention on the one hand with spontaneity and uncertainty on the other. When we are centered deeply within, we maintain that balance, become one with that Play, and therefore becomes its most successful and realized Player.

Interconnectedness of All

The Divine is perfectly interconnected, then why not everything in His creation. This explains life response and many other such cosmic phenomena.

Nature's Evolution to Places of Non-Ego, Humility

Sri Karmayogi indicates that Nature evolves by moving away from places of ego to those of humility. For hundreds of years Europe developed trade, economics, science, and in general material well-being. However, She became proud, and the evolution moved to the US, shifting from the science of Europe to emerging Technologies practically applied. Now Nature is moving on to Asia, one outcome of which is that India can become the Guru of the world - especially if She gives up Her spiritual rigidity and egotism for the humility of applied spirituality through the details of life.

Greatness of Leaders by Abandoning their Position

The greatest leaders are often ones who while in office contradict some of the very principles they believed in when elected. Like when Gorbachev brought down the very system he was put in office to uphold. Such reversals of one's own self or the government self in the name of what is right, just, etc. appears to be a shift from Ego to Truth, even if it means swearing off the very beliefs one brought into power. Imagine if all of the reactionary leaders of the Arab Spring and such had taken this approach.

We can thus think about where we can reverse out of upholding the false that supports our Ego-self in our current work position, even if it contradicts the current reality.

Doing that which is Right, Instead of Wrong Attracts

If when in pursuit of something desired, you shift away from that which is expedient, illegal, and therefore selfish, life quickly rewards you, far exceeding your original intent.

(Basis of this entry: I was looking for a background photo for my FB timeline. I found an excellent photo on Google Images. However, it was proprietary. Part of me said, "such things are not really enforced." I then listened to my better angels, reversed myself, and didn't use it. Very soon after, a magnificent photo of my town appeared, far exceeding the one that I pushed aside. Hence the principle I described at the outset of this thread. (I try to base most of the ideas I develop on real world experiences I have that suggest the principle.)

Overcoming Individual Ego of Nations and Need for Increasing Global Collaboration

The individual nations of the world assert their Ego and refuse to engage in collective efforts to move society forward. Meanwhile the social problems are increasingly acute and cannot be solved within individual countries, but only through global collaboration. It is this petulant assertiveness of individual nations that block the inevitable movement toward Human Unity, itself a presage of a higher consciousness, spirit-based human existence.

Man as Money Slave, Instead of Master of Life

Man is the Slave of money, while missing the inner power he has to become the Master of life.

Danger of Financial Speculation

Rampant, unbridled Financial Speculation is the Darkness in the heart of a wavering economic system that has the potential to unleash a Great Depression for us all.

Connect to Others' Inner Person, Soul

The next time you meet with someone try to feel their Inner Person, not their physical form or the surface personality you ordinarily perceive. Sense and connect to their Inner Being and Eternal Soul, and know them always that way.

Non-Reaction to Childishness Attracts

By not reacting to or scolding child-like behavior amongst adults, one or more will suddenly respond with maturity bordering on wisdom.

Attitudes Towards Challenges

Any challenge facing us is not as important as our attitude toward it, for that determines our success or failure. (Norman Vincent Peale)

Ecstasy from Serving Others

At the end of a day of intensely serving others with heartfelt sincerity, ecstasy shines from the face.

The Factors that Make Up Who We Are, and Evolving Them

Who we are is a product of our physical makeup, our individual character, our personal values and beliefs, our attitudes (towards others and life), our knowledge and skills, our level of energy, our aspirations, our experiences, our achievements, and our spiritual nature, amongst others.

Conscious Evolution (Yoga) is to raise all of these to their ultimate possibilities in the course of one's life. Thus, Sri Aurobindo refers to it as the INTEGRAL Yoga.

Power of Intentionally Forgetting

Forgetting about matters you were overly absorbed in attracts marvelous results related to them.

Power of Silence

Silence is the tool that opens your consciousness to the ultimate truth or inner reality, beyond the confusion of the world of the senses. (Jay Kapur)

Jesus, Buddha, Krishna

Jesus offered Love to the world; Buddha the way out of Suffering. Krishna showed us the way to the True Self and Soul within, linking us to the Infinite Divine.

Silence and Infinite Creativity

Silence awakens one to the gifts of the universe, igniting the spark of infinite creativity.

Self-Employment as Adventure

Working for others may mask a need for security, while working for self and employing others often indicates an aspiration for the Adventure.

Connecting to Soul that Divinizes Life, Compels Oneness

Our Soul is the Spirit given to us in life. Our goal then is to connect to it and live from that poise, which will help us perfect and divinize all aspects of our being, while perceiving the Oneness of the Reality underlying all existence.

What Enables Success

Success comes about by having targeted goals, intense will for them to come about, rich enthusiasm for the work, and perfect execution through high skill and right attitudes.

The Unique Importance of Each Work

Each work, project, important activity, etc. comes to us to teach us a particular lesson, to show us a new way, to garner a new skill or knowledge, etc. To do the work just as we did the previous ones is to not take advantage of the lesson life is offering, but rather to work out of habit, out of routine of the physical consciousness that merely wants to repeat. A keen mind will perceive that subtle life lesson as it arises in that particular work or activity, rummage it around in our minds, and incorporate it in our storehouse of insights that we carry forward in our journey of ever increasing life experience, knowledge, consciousness, and delight.

Overcoming the Critical Dominating Negative Attracts

The elimination of a single dominating negative element can open the flood gates of enormous success, even for an otherwise mediocre organization.

Interrupting Another Attracts Negatively

When you interrupt another from expressing fully what is on their mind, then what you hope to present of importance thereafter will tend to get spoiled, drawing your irritation and ire. It is a negative response from life to your earlier ego-based behavior.

Example: A woman on a hybrid radio/tv show prevents the host from fully expressing the wonderful experience he had on his recent trip to Scandinavia. Five minutes later when she begins her presentation to the international viewing audience, she realizes that the service she is demonstrating does not include important features, causing her to be upset on the air.

Brahman Reality is Infinite of Quality, not Just Quantity

How could God become the universe? Since the Infinite (Brahman, the Absolute) is not just an infinite of quantity, but of quality, It could take on infinite formations, textures, forces, powers, etc. indicating it could extend itself and become this multifaceted, multi-dimensional, complex, ever-evolving universe.

Nature's Progress and the Spiritual Humility of India

Nature needs humility to continue its progress ... The feeling that Indians have discovered everything, found all subtle secrets, deserve greater luck or better treatment is there in many ways. It is expectation. For Nature- to raise India's spiritual stature to that of the Guru of the world- India should part with spiritual ego and acquire spiritual humility. (Karmayogi) (If India can find ways to come out of her spiritual ego and change that to spiritual humility -she can become the guru of the world in a very short time.)

Nature's Progress through Humility

Nature needs humility to continue its progress. (Karmayogi)

Spirit Takes Different Forms in Planes of Existence

God who became Sat and Spirit converted that Spirit into Supermind, Mind, Life and Matter. All of them - Mind, Life, Matter - are really Spirit disguised. (Karmayogi)

Embracing the Subtle Power of Money that Attracts It Endlessly

Theoretically money has its own subtle aspects also since it is only the physical symbol for the power of productive value which is a subtle entity. So it theoretically follows, that he or she who handles and masters money at this subtle level should be able to find his money supply infinitely growing and remaining unaffected by spending and sharing etc. The power of values such as efficiency, organisation, goodwill, self-giving, harmony and perfection in execution are all only subtle. Therefore those who empower their attempts to earn money on the strength of such values should be finding their income growing endlessly and not at all affected by spending and sharing which is what happens to their knowledge when it is shared. Theoretically, Mother devotees are in a position to upgrade their handling of money from the current physical level to the higher subtle level where its infinite nature will start to reveal. It is a shift which will have a profound magical effect on our income. I wish all devotees who take this effort should succeed and see the infinite side of money emerging in their lives.

- The devotee who believes that money is not physical but subtle will be taking the first step.
- If they believe that values have the power to generate money, then they will take the 2nd step.
- If they believe that power is endless, then the 3rd step is taken.
- Seeing that power delivered as infinite supply of money into their pocket and account is the 4th step.

Somewhere in between Mother has to be brought into the picture and then the marvel will move from the realm of imagination and become a concrete reality at the level of our daily life. (MSS)

Supramental Consciousness and Colors of the Rainbow

The Supermind or Supramental consciousness is like the spectrum of colors of a rainbow. In Supermind, one perceives each and all aspects of a matter or thing (like the spread of colors of the rainbow), but also sees each thing in relation to the Totality of Truth from which it emanates (i.e. each color is perceived in relationship to the white or clear Light from which it originates). Moreover, in Supermind, each individual aspect of a matter or thing is perceived as being in unity with each and every other, since it shares the same Essence and Totality. In essence, Supermind is Unity Consciousness; the reverse of normal life of contradiction and division.

E.g. Joe has his knowledge about a subject. Mary does too, but it a different knowledge than Joe's about the same subject. Each person asserts their point of view. There is no understanding of the other person's position, nor the Totality of truth from which it originates. In Supermind, one has all the knowledge at once; each individual thing is perceived as being in integral relation to every other; and each thing is perceived in relationship to a higher/greater Totality of Truth of which the individual truths have their origin. This existence is far beyond human functioning, yet is where we are headed.

In Supermind, the Totality, the Details, and the Unity all come in a flash, or at once. Plus there is an intense compulsion for that entire Knowledge or Truth to manifest in the world. Often it does manifest.

When we open to the Mother's Force, we take a step into the supramental plane and consciousness. Frequent consecration will keep us there forever. Our lives will be an endless unfolding of the miraculous, catapulting us to the top of any work or field applied to. Even to the "non-field" of ultimate yogic attainment.

Creation Process in Supermind and How We Can Integrally Know through that Power

Let's see if we can now tie the idea of the Creation Process of Supermind, and the process by which we can integrally Know and Manifest by connecting with the supramental power.

In the Supramental Process of Creation -- as explained in the Life Divine chapter 'The Supreme Truth Consciousness' -- the Knower Knows the Known. The Subject is thus in identity with the Object. Whenever something will seek to know something, it simply will. What it does know is everything about the object under consideration. Hence it is in Identity with it. In addition, Supermind seeks to have that vibration be embraced throughout the universe. It wishes to see it manifest as Real in Life.

Likewise, when we enter the supramental consciousness and Force, we too Know the Known under consideration. We too are in Identity (One) with it. I.e. when we consecrate and enter into the supramental consciousness, life returns us the favor and gives us all that which needs to be known. Thus, the Knower (we) Knows the Known. We as Subject are in Identity, are One with, have full integral knowledge of the thing or matter (the Object) under consideration. Thus in our metaphor, each color of the rainbow is one with, in unity with, in deep association with the Totality, and in each and every other particular color. And it too has the tendency to Manifest as something real beyond Knowledge as a new development in Life. (I.e. life responds not just with Integral Knowledge, but Life Action.)

A Double Response to Seeing Things from Another's Perspective

Normally we think of another person in terms of ourselves, of our relation to them. Rarely do we think of what they are interested in, what they are preoccupied now with in their work and other aspects of their lives. If we do think about that, life quickly responds, and emanations of them suddenly appear before us -- such as email from them arriving unexpected from out of nowhere, or new information about them coming into one's field of awareness, or even their sudden appearance instantaneous before our eyes. That is the power of putting ourselves in another's shoes; looking out from their perspective of what interests them and seriously occupies their time.

I wrote the above entry several minutes after I had this exact type of experience involving the manager of my building complex. It was a stunning moment. For a moment, I concentrated and thought about what she really does in her work and what normally occupies

her working time; not my mere association with her or my opinion or attitude about her, etc. At the very INSTANT I completed that 10-second thought, she suddenly appeared, walking past me, as if coming out of nowhere.

Moreover, just as I finished writing the above entry on evoking the response, something flew off my metal cabinet and landed right in front of me on my keyboard. It was a small poster I had made several years ago on which is printed in large letters. "EXPERIENCE INSTANTANEOUS MIRACULOUSNESS!" It was yet another miracle to behold; this one even more startling than the first!

These events were due in large part to looking at things through her eyes; her interests; what preoccupies her time, not my limited feelings and opinions about how she goes about her business. Life then instantly responded ... twice.

Further Comment: In essence, it is a movement away from the Subjectivity of Ego to the Objectivity of the Truth of the situation - as e.g. Darcy did relative to Eliza did in *Pride and Prejudice* in his self-examination of his own character. Often life overwhelms us and we are forced to be objective, and see things from another's perspective; or the absolute objective Truth of the situation. However that is Nature's way. The way of Soul or Higher Consciousness is to be in that deeper, higher state that compels us to constantly be honest with ourselves, with life. In the depths we are far more likely to be this way, as Ego tends to get annihilated there. Constant consecration makes that possible, as well as yogic effort of a certain degree to discover those depths. In the interim, we can constantly monitor our objectivity, our attitudes, opinions, etc. and deeply focus on the other person's interests, concerns, etc. from their perspective alone, not our own.

Divine's Calmness in the Face of Our Ungodly Behavior

Why does the Infinite Consciousness remain calm and equal in the face of unGodly human behaviors?

In *The Life Divine* Sri Aurobindo says there is a boundless Energy of infinite existence, movement, and activity that is pouring itself into Space and Time. And yet behind this movement, there is Stability. It is pure existence; eternal, infinite, indefinable; not affected by the succession of time, not involved in the extensions of space; beyond form, quantity and quality. It is immutable (unchanging), inexhaustible, and unexpended; without beginning or end; not acting, not moving, though containing all this action; not energy, but pure existence behind it.

Also the Being knows that for his Real Ideas to manifest in all its possibilities, It needed to create a universe of Infinite forms, with infinite possibilities, including all of the dark sides, all the impurities, and unGodly actions. He buried Himself in unconsciousness in the Involution to accomplish that, which we arise out of in the Evolution. So perhaps we can say that He knew that such behavior was part of the process. He thus remains unmoved, perhaps even amused, as Silent Witness in the face of human indignities.

Then what of us? We know nothing, live in divided consciousness, are Ignorant, have an unevolved, unregenerate vital nature, and so react to everything. Also, to the Mind, stillness seems like unconsciousness. It's the last thing it wants. However, when we move deeper within, and eventually discover our True Self, the Psychic element within, we move to stillness and calm like Sat/Being, and also become Silent Witness. Constant Consecration makes this possible.

At a practical level we can remember to practice non-reaction, non-complaining, non-initiating, non-opinions, etc., which will keep us held back so we can express Sat, the unmoving Stability within us.

Thoughts on Delight in Life and Spirit

- Delight comes from Self-discovery of our higher nature.
- Connecting to True Self, the Psychic Being gives ultimate (dynamic) Delight.

- Ananda/Delight is the natural state of the Being (Sat), relishing in Its aware of its Existence and the Force that issues from Its self-Consciousness. We can have that same experience.
- Delight rises when pain decreases, which is caused by ego and separateness from others, dualistic experience, ignorance, and unbridled need and desire.
- When we evolve, the Conscious Force is energized within us, releasing fresh forms of Delight.
- Feeling the Mother's Presence gives blissful Delight.
- Consecration and the wonders that issues from it expands Delight.
- Delight is long-lasting, whereas human joy is fleeting or ultimately unsatisfying. Giving up human joys and Surrendering to Her brings ultimate Delight.
- When our mind expands beyond sense and even rational thought to intuition and truth consciousness, there is Delight in the experience of integral Knowledge and Truth, including the recognition of the unity of the Reality, the All. (I.e. the experience of the Marvel gives Delight.)
- When there is detachment, equality of being, non-reaction, etc. then we remain undisturbed, preventing sorrow and pain, supporting the expansion of Delight in our lives.
- Delight is always there through Self-Givingness.
- A community of individuals who feel Delight creates an atmosphere of Delight that others can partake in.

On Dark Forces, et Al

According to Bhagawan and Mother, asuras, Rakshasas do exist though not in the mythological forms that we know such as the ten-headed Ravana and the mountain-size kumbhakarna his brother.

According to Mother an Asura called the lord of Falsehood possessed Hitler and inspired him to launch world war 2. There is another asura called lord of Death. She said that both these asuras were fighting with her and resisting the supramentalisation of the world. They will be destroyed finally by the power of her spiritual force. Still they have tried to wreck as much damage as they can.

According to Sri Aurobindo Rakshasas represent enormous egoistic power which works for self-aggrandisement rather than for spiritual progress. According to Bhagawan, Napoleon was such a Rakshasa who had enormous strength to make whole nations submit to him. He could have worked for spreading the ideals of the French Revolution in which case he would have aligned himself with the forces of truth. But he worked for his own glory and wanted to be only a great emperor presiding over his subject people and recruiting his soldiers from the people to drive them to the battle field to win his wars.

The hostiles may remain so long as the earth needs them for its progress. Once their role is over, they will disappear is what Mother says. (N. Ashokan of MSS)

Chant, Mantra for Mother that Overcomes Hostile Forces

Repeating the chant "In the name of the Mother, for the sake of Mother, by the power of the Mother, with the strength of the Mother, etc." overcomes hostile forces outside us or within us.

The Spreading of the Knowledge of Sri Aurobindo's *The Life Divine*

"The Life Divine is supposed to have answers to many of the questions listed above. But the problem is that the number of people who read this book is very few in numbers. Disseminating the knowledge found in this book to the common man on the street and the public at large will be a very difficult task. Unless the general public is enlightened and awakened, the transition to the next higher stage in evolution may not take place fully. In

that case only a small enlightened minority may even be fit to pass on to the next supramental stage leaving the vast unenlightened majority where it is now." (N. Ashokan of MSS)

Most educated people now understand Darwin's Theories of Evolution, though I doubt more than a few have actually read his books. It has become part of the popular knowledge base and lore. Sri Aurobindo's teachings are actually quite simple when explained in terms of Involution and Evolution. His knowledge has however remained a secret to the world, except for a few. Perhaps the time has not been ripe for it to spread. Or rather only now that time is coming about.

Who knew of the Internet twenty years ago! Now it is in the fiber of our being. Someone's dream has become an omnipresent reality. Sri Aurobindo is known, though Life Divine and the knowledge contained there is hardly mentioned or understood at all. But it is only a small shift or twist of circumstance (or sudden evolutionary leap!) that can make this real.

When we devotees and others take the next step, then Life Divine will take the next step to the world. When serious insight and wisdom valued instead of the triviality of physical hatha yoga in America, or Sri Aurobindo's teachings (including Her Force) are employed in business, organizations, politics, and the likes, people will see life response results, and will want to explore further. Then Life Divine will serve as a beacon.

Garry Jacobs' The Book gives a full explanation of how Life Divine is applied in work and the institutions of society in a dramatic work of fiction filled with astonishing characterization and plotline. It has brought alive The Life Divine.

From all these roots, we see the possibilities for His teachings to spread, even if only a few venture to wade into the actual reading of his cosmic masterpiece.

Getting in Habit of Moving Outside Life from Within through the Force

From within we can move anything on the outside by opening to the spiritual Force that is in the atmosphere. It is just a matter of getting in the habit of doing so.

Life Reverberations of Focusing Our Attention

If we look around we will see that life is constantly reverberating back to us iterations of a thing we have just focused our attention on. It is a wonder and joy to behold these echoes that appear from out of nowhere.

E.g. yesterday a friend was given a gift of a new type of cake, which we shared. A few hours later it popped up in a Facebook entry -- on its own, without her looking for it -- where she had never seen such a thing before. Other reverberations will likely follow. This phenomenon happens to me very frequently, and is part of my normal modus operandi. The phenomenon is sometime referred to as simultaneity or parallelism. It indicates that our focused attention to a matter goes out into the field of life and attracts related circumstance. Or we can say, we move into alignment with our focus, or we with others. (It is a subset of life response, or an aspect the wider Character of Life.)

On Withdrawing Our Opinions

Spiritually, all opinions constitute a limitation because they impose our limited and ALWAYS ignorant understanding on the infinity of the Unknowable. That is why it is ALWAYS best to withdraw our opinion and rely on the Mother rather than our understanding or belief. (Garry Jacobs - MSS)

Further Comment: I have noticed that at the point I assert an opinion, I increase division, diminish the energy, attract negative circumstance, or otherwise lessen the essential experience or work I am involved in. Thus, as Garry indicates, it is best to withhold expression of our opinion, and further still offer it to the Force, letting the Silence and Power work THROUGH you instead.

Technology Enables Us to Focus on Higher Mental Capacities of Knowledge

Computers, the internet, and the like can fulfill the more mundane knowledge processes of Mind, freeing us to engage in true, multi-sided rational thinking, and beyond to intuitions of truth without thought in order to resolve life's problems in dramatic new ways.

Growing as a Person through a Problem

The problem you are having is an opportunity to grow. If that is so, then what are you more interested in: growing as a person or solving your problem? When you look at the problem from the perspective of one's growth, it becomes much easier to solve, for now the knowledge of what is really going on relative to some limiting aspect of your character and being presents itself. As a result, the right inner or outer solution comes into focus. When the understanding matures, it's just a matter of carrying it out. The problem then rapidly moves toward solution.

Increasing Team Spirit through Soul Connection

Q: How can we increase Team Spirit in work and other aspects of our lives?

A: If we feel our Soul, and experience that as the same Soul that is there in others, and feel that too, Team Spirit will be increased. That Soul connection will dissolve ego, open our hearts, and put us in identity with others. We will see, feel, and act as if their needs are our own. Generosity, self-givingness, etc., will naturally follow. Our harmonic energies will spread, and Team Spirit will suddenly be on the rise.

Making Contact with the Soul and True Self

The Ultimate Reality has given us a gift. It is the Soul and True Self. When we make contact with it, all parts of our being that seemed at odds irrevocably fall into place, even as our relation with others and life shifts from ego and separateness to profound unity and love.

Learning the Lesson Each New Work Presents

Each work, project, important activity, etc. comes to us to teach us a particular lesson, to show us a new way, to garner a new skill or knowledge, etc. To do the work just as we did the previous ones is to not take advantage of the lesson life is offering, but rather to work out of habit, out of routine of the physical consciousness that merely wants to repeat. A keen mind will perceive that subtle life lesson as it arises in that particular work or activity, rummage it around in our minds, and incorporate it in our storehouse of insights that we carry forward in our journey of ever increasing life experience, knowledge, consciousness, and delight.

Further comment: It would be useful to keep a diary or some such thing, and as we make our way through a work, project, major activity, experience, problem, etc. write down what Life Lesson we were presented with, and how we can implement it further in the future.

Cosmic and Individual Choice

We have Choice because the Many was created by Self-Conception (choice) of the One, which is retained in the universe.

Further Comment: Or to put it another way, because the Divine had/has Choice (to create), so do we. And Choice is really Free Will.

The Absolute Remains in the Relative

The Absolute when it becomes the Relative, does not cease to be the Absolute at all. It remains the Absolute throughout. (Sri Karmayogi)

Unity of Brahman Includes Creation

The Absolute, Brahman, the All is One, and has never lost its Unity in creation.

Further Comment: All planes of the omnipresent Reality (Brahman) - Sat (spirit/truth), Chit (conscious-force), Ananda, Supermind (truth consciousness), Overmind (universal

consciousness), Mind, Life (energy), Matter -- are integrally one; i.e. they are deeply bound up with one another, are simultaneously at work in our lives -- something we do not see.

Spirit/Transcendence, Soul/Cosmos/Us

What is Spirit in Transcendence is Soul in the cosmos, in us.

Only Some, Not All Have Developed/Evolving Soul

Every person, like everything in the cosmos, is made of Spirit; but only a few have a developed Soul, that also is evolving.

Further Comment: The developed Soul is the Psychic Being. A "ripe soul" is one whose Psychic Being is well developed (across multiple births), and is continuing to develop in this life and beyond. Hence within him is an active evolving Soul.

Cosmic Mind and Atomic Division

Cosmic Mind, a dividing instrument, divides the Force (of Chit) until the atomic stage is realized.

Further Comment: Matter, the consummation of the Involution, is divided down to the level of atoms. Of the original Conscious-Force (Chit) of the Supreme, all consciousness is lost; only Force (of atom in matter) remains.

Seeing Beyond Division to Its Complementarity

The conflicts, divisions, and dualities we perceive in life are not so, but are rather appearances conceived by the lower mind. In Supermind (truth consciousness) they are seen for what they truly are - complementarities on the way to a higher harmony.

Further Comment: Thus we can say that through the other party, or aspect of things, we are in the best position to evolve. Thus the adversary person, idea, life experience, etc. is really a complement in disguise. E.g. an arguing couple in division have the widest scope to evolve their character by changing their ways relative to the other person. Thus they are complements to one another in disguise. This is the Supramental view of things.

Altering the Human Body and the Supramental Change

The question before us is can we radically change the physical attributes of our being that we have inherited (skin color, heights, etc.)? And what about possibilities beyond that -- i.e. the supramental physical transformation?

One stage of the Force working is curing incurable illnesses, which it can. It puts the equilibrium back into our lives. What we are addressing is much more hard core physical limitations; to change something very materially into something that it is not.

The Mother in The Agenda wondered how to make the transformation to the next species, for how can we transform e.g. bodily organs and systems into their supramental equivalents of centers of consciousness. That was Her challenge for a new species that could be immortal (i.e. to live as long as one wishes).

As we increase the material density, the workings of the Force appears to have limits; or at least we do not know how to become pure vessels of the Force to overcome those limits.

In The Agenda, Mother's experimentation with reprogramming the Mind of Her Cells was to enable the current bodily structure to change leading to a more vibrant HUMAN existence. However, to change it into something else, i.e. to manifest new Centers of Consciousness, replacing current organ and system functionings, with their subtle, non-material equivalent, was/is much more problematic. Changing from short to tall, etc. is somewhere in between the Human change and the Supramental, New Species change, though it appears closer to the current human side of things.

Perhaps if we learn how to direct the Force to change these human traits (like skin color), it will give us clues to the transition to the new species, where breathing, circulatory system, sex, etc. will be replaced by subtle, non-material centers of consciousness.

We know Mother's Force can make one more beautiful. We need to collect experiences of devotees and others with and without the Force to see the progress, and the possibilities it points to - for human change, and change to the new species that is the Supramental Being.

Taking to Force Speeds Up Evolution

We can speed up Evolution - for ourselves and others - by taking to the supramental Force of the Divine Mother.

The Pioneer and Social Evolution

Social evolution takes place when the Pioneer Individual takes up the subconscious urge of society.

Involution and Evolution of Consciousness

Out of an infinite Consciousness came Cosmic Mind, out of which Energy emerged, from which Forms took shape, leading to animated Life, and finally Man, who is on the way back to Consciousness in the particulars of his existence through his progress, evolution, and transformation. This is involution and evolution of Consciousness.

Taking to What Requires Attention Attracts

When you emotionally focus on something you realize requires more of your attention, life immediately responds with related benefit.

Further Comment: This thought was as a result of something that happened to me today. I checked FedEx on the web to track the status of a payment due. It indicated that I would receive it in 8 hours. For some reason I for a moment intensely focused on the fact that I needed to generate new income for the coming months. A moment later, there was a knock on the door. It was the FedEx deliverer with the payment I was expecting to come in 8 hours, now having come in around 80 seconds! That's the power of focusing on things deserved of more of your intention. Life responds instantaneously.

Non-Insistence, Forgetting Attracts

Not insisting - rather even forgetting - attracts the fulfillment of one's desire.

E.g. I am working with another to pick out some furniture. There is tension, in part due to my intensity and insistence. I realize what I am doing and back off. I forget the matter completely. An hour later I am astonished that my friend has taken an initiative on her own on this very matter, producing a wonderful result, much to my liking. In essence, forgetting the matter attracted that which I hoped to achieve earlier.

Nature is Amoral, and Is Attracted to Strength

Nature is neutral, amoral. It responds to the vibration that emanates strength, whether positive or negative. It is best then to emit the most positive attitudes, avoiding the negative ones.

Consecration and Attraction

Consecration enables constant Attraction.

Ultra Hard Work and Luck

Hard work beyond one's threshold attracts Luck.

On Overcoming Dishonesty and Deceit

The Divine Will allows for honesty and dishonesty, and all points in between to accommodate the greatest possibility and variety of experience of growth in consciousness, which in turn engenders dynamic Delight.

Dishonesty is thus there in our human nature. It is a form of Ignorance and Falsehood on the way to Integral Knowledge and Truth, which is the arc of where we are headed.

Ego is the essential lever in this dynamic that needs to be turned into Oneness with others and life, which will eliminate such false behavior. Constant consecration will create this new harmonic state, dissolving ego and its formations, including dishonesty and deceit.

The Divine in the creation process allows for error, darkness, pain, etc. to enable the widest and most varied possibilities of experience of our higher consciousness, giving us Dynamic Bliss in that discovery beyond the static bliss of the Infinite. Thus error opens the way to knowledge, perfection, etc. in the evolutionary process.

Life is Success and Failure; but Not in Her Consciousness

-Life, not only on earth but in the wide universe, alternates with success and failure.

-A rise unaccompanied by a fall is Her [supramental] consciousness. (Sri Karmayogi)

Soul in Us that is Spirit

The form Spirit assumes in the cosmos is Soul. (Sri Karmayogi)

Comment: I.e. the Soul /Psychic Being inside us, which is the Soul in Nature.

What Consciousness Is

God becoming conscious of Himself in the world is consciousness. (Sri Karmayogi)

Non-Insulting and Yogic Restraint

Not insulting those who deserve it is yogic restraint.

Solving Society's Problems through Spirit/Force, Not Mind

The problems of society are becoming far too complex for the human mind to resolve. That is why we must take to Spirit and Its Force, which will allow our minds to expand to light, intuition, and supramental truth consciousness, providing instantaneous knowledge that resolves societal problems and conundrums in one fell sweep.

No Title

Virtually every important thought I've presented publicly have roots in specific ideas expressed by Sri Karmayogi or other members of The Mother's Service Society.

On Sincerity that Is True Strength that Attracts

Sincerity is True Strength, attracting the admiration of others, and various positive conditions from life.

Further comment: If you are sincere in what you think, feel, and say, that will come out over time, as life responds positively to one's sincerity. Insincerity has the opposite effect.

"What do you mean by sincerity?" To answer it summarily, we can say that NO mercenary motive of any description should be introduced. (Karmayogi)

Applied Spirit in a More Complex World

The experience of applied Spirit will be so much more rich and dynamic now that the world is infinitely more complex.

Love for Mother and Gratitude

Love for Mother IS gratitude. That spiritual affection contains an all-encompassing recognition and appreciation of what she has done for us in our lives, and what she will do for us in future.

Sincere Will Accomplishes

It's only a small step from turning one's dreams to reality. It requires Sincere Will for accomplishment.

Will generates the Energy for accomplishment.

A Thought Expands through Mental Silence

Not thinking about a thought causes it to expand.

I.e. when you have a thought about a matter, and then instead of expressing it or thinking more about it, you move to mental silence, a few minutes later, you suddenly see the issues from a number of new sides. I have had that experience many times.

Connecting with the Universal Mind

There is a universal, Cosmic Mind where all knowledge exists; where all knowledge can be known. However, we live in the limited Mind of our senses, dominated by the lower nature's needs, wants and prejudices, cutting us off from the Cosmic Mentality. However, through steadily increasing Consecration - i.e. opening to the spiritual Force - we develop a deeper center of awareness and our mind expands to that Cosmic Mentality where all is known. Now we have constant bursts, flashes, intuitions of pure knowledge, deep many-sided truth of things (without thought) descending into our field of awareness from the All Knowledge of Cosmic Mind. As a result, we garner great insight, wisdom and power to affect life - in fact, to become its Master.

Overcoming Self-Doubt through Consecrated Effort

You "suffer" from Self-Doubt. I would suggest that every time doubt appears in your mind (whatever the cause), you offer it with faith to the Mother. It will dissolve that tendency over time, often very soon, plus it will attract positive conditions. You can also explore the deep-seated cause of your constant self-doubt. Try experiments of changing self-doubt into supreme self-assurance.

Doubt is due to uncertainty about one's knowledge, one's course of action, one's capacity, etc. Such self-Doubt appears in the mind as a thought, and in the emotions as a feeling. Both can freeze the body from action. It is therefore best to catch yourself in those moments, and offer it to Her Force. Over time, or quite soon, self-confidence and happiness will be the result.

Process of Surrender

The way from our Ego state to complete Surrender to the Divine Spirit and Force is through the Psychic Being, the evolving soul within. Constant consecration makes that readily happen.

Here is the process: Constant consecration > Causes you to move within > You discover the psychic being and experience all its wonders > You open to the spiritual heights of knowledge > You surrender to the Divine Force (Mother) as the whole basis and meaning of your life.

Inner Always Prevails

If you say or do one thing, and your vital nature believes in or clings to the opposite, the inner will eventually prevail.

Further comment: It's what you really believe in (positive or negative) that will attract corresponding results from life. People have harsh things happen to them, even though on the surface they said or did the right thing. They don't understand why. Looking deeper they will find the inner negative emotion, attitude prevailed, as it sent out dark energies that found

willing vehicles, circumstance, conditions, people, etc. for the negative response one has become aligned with.

Patriotism of Paying Taxes

Companies avoiding paying taxes break the contract between citizen and government that is the basis of advanced, modern societies.

The contract the citizen has with the government is that the latter provides basic benefits and services (roads, education, defense, social security, etc.) and we pay taxes to enable that to happen. If we don't pay taxes, then it cannot happen, voiding the contract, causing the system to come undone. Sri Karmayogi says that paying taxes is a great act of patriotism. The opposite is for not paying, as is often the case of late here in the US and elsewhere, as companies find loopholes, ways to offshore accounts, etc. to avoid taxes at all costs. Concern for the society is left behind. Many individuals do the same, in their own way; rich or poor.

Values in Business

Values are spiritual skills that dramatically uplift life. Among Business values that have propelled companies to the heights are:

- Simplicity, ease of use (Apple)
- Cleanliness (MacDonald's)
- Trust (Sears)
- Silence (Northwest Mutual)
- Innovation (Samsung)
- Maximum Value (Hyundai)
- Social change (Facebook)
- Practicality (Berkshire Hathaway)

Not Worship, but Spiritual Experience

The age of worshipping another's spiritual experiences (as in religion) is coming to an end, and the age of having those experiences ourselves is on the rise.

Causes of Life Response

Why does Life Response (sudden good fortune) occur?

- because of our shift in consciousness.
- because the inner and outer are One.
- because two or more corresponding entities have moved into alignment.
- because each thing in the universe is related to every other.
- because a vibration causing disequilibrium compels a reaction back to equilibrium.
- because the Oneness of life overcomes limits of space and time.
- because of a Cosmic Intention behind existence.

Lower as Conflict that in Higher is Complementarity

Where the lower consciousness sees division, contradiction, and conflict, the higher perceives complementarity on the way to higher harmony.

Perceiving the Marvel

To see the utility of everything in the universe - positive or negative, large or small - is to perceive the Marvel of existence.

Man's Thinking Process Poisoned by His Lower Nature

Man's thinking and reasoning processes are poisoned by his lower physical and vital needs, desires, preoccupations, prejudices, and attachments.

Until he gives them up, he will never know the integral knowledge and truth of things that enables great decisions that lead to great outcomes.

We can therefore ask: how do I express lower consciousness in my reasoning process?

Some examples: one sided political views that blocks truth awareness, ambition at the expense of truth, selfishness that side steps the rational and logical, how things benefit my family above all else, rationalized dishonesty, looking for the easy way out in grappling with issues, disregarding others' needs in the decision-making process, rationalizing selling things the customer doesn't need for one's own financial gain, hiring someone based on vital attraction, etc. etc.

Evolution that is Speeding Up in Modern Mental Man

People usually speak of Evolution in terms of the shift from animal to prehistoric man to modern human, but refer little to the fact that humanity has evolved more in the last 500 years than all-time previous, and more in the last 50 than the previous 1000. Evolution is now further accelerating as Man is becoming increasingly mental, bringing about overwhelming changes in power, production, values, organization, and knowledge in the world. And yet that is modest compared to the potential status of an emerging spiritualized mental humanity who experience through intuitive mind and supermind the many-sided truth and knowledge of things at any moment, while having access to the newly discovered and descended supramental Force that can shift the conditions of life around us to the positive in the blink of an eye.

Limits of Our Opinions and the Nature of Mind

People assert their opinions based on their limited experiences; not the multi-faceted truth of things. It is an indicator of the limits of mind, and its inability to make direct contact with the object of inquiry -- i.e. by Identity, as in Supermind.

Spiritual Evolution in Ascent and Descent

The Evolution takes place not only by the Lower evolving into the Higher, as in matter evolving to animated life forms and onward to their mentalization, but of the Higher consciousness descending into the Lower, as when the Mother's supramental Force and Power is called and descends into the aspects of our being - mental, vital, and physical, and all planes in between. These two movements in tandem foster evolution of life on earth, on its way to the great Spiritual and Supramental change.

The Supramental Beyond The Overmental Change

The Mother wanted to gain the cooperation of the various Gods, and through them evoke an integral power of the Spirit that would usher in a new age and a Divine Life on earth. In essence it would be the change at the Overmental plane -- otherwise known as Universal Consciousness.

Sri Aurobindo indicated this was not enough, that they should aim to bring down the Supramental truth consciousness -- the power that created the universe -- into the earth's atmosphere to effect the monumental Change.

The Mother agreed, and they both set out to bring about a divine life on earth through that power.

The Supramental is now very palpable force that is everywhere around us, and which can easily be called into our lives to bring life's conditions under control (Life Response), as well as change our current limited human nature into a divine-like Supernature.

MONEY: Our Surface Understanding Vs. The Way Life Responds

Our Surface Understanding: We wait for our loans and receivables to come to us before we clear loans we have taken from others and dues we have to give to others. *Life's Way of Responding:* Only when we clear our loans and pay our dues will the inflow from outside come.

Our Surface Understanding: We run after money for its own sake. *Life's Way of Responding:* Pursuing work and accomplishment will fetch us a lot more money than if money is pursued directly.

Our Surface Understanding: We think we will accomplish more by holding on to our money safely. *Life's Way of Responding:* The more we worry about the safety of our money, the less we will accomplish. It is people who courageously face risks who accomplish more. (MSS)

Trace Backwards Real Ideas of Infinite Divine

The Infinite Divine intended certain cosmic Real Ideas to manifest in Creation through forces and forms. Now that they have - at least in part - we can examine the current subtle principles of life (like life response), which will enable us to trace back their Real Ideas, Cosmic Intent source.

Real Ideas, and the Spiritual Aspects manifesting One Earth

Anywhere there is Peace, Silence, Oneness, Truth, Integral Knowledge, Goodness, Power, Beauty, Joy, Love, Timelessness, and Infinity in creation, there is manifestation of Real Ideas, for these are what Real Ideas are to begin with.

Of course since the world is unevolved, these positive manifestations are in contradiction with their corresponding negative opposites of discord, division, disunity, ego, falsehood, ignorance, weakness, ugliness, sorrow, hate, the limits of time, and the limits of the finite before us. Seeing our way forward beyond these dual pairs becomes the secret to our evolution.

Furthermore, consciously connecting to and living from the poise our inner being and Self (subliminal and Psychic Being), and opening to the spiritual Force enables the positive determinants in life to be fulfilled, melting away the corresponding negative influence.

It also strikes me that any individual one realized further enables the others to blossom and become real in the world. E.g. If I gain understanding of the way life works through life response principles (which is the real idea of Knowledge), then I will tend to be more giving (i.e. the real ideas of Oneness, Goodness, Love), furthering the evolution for myself and the world around me.

No Title

Everything is on the way to becoming what it should be.

Several Rebirths in a Single Lifetime

One can be reborn several times in a single lifetime instead of having to go through corresponding physical rebirth. Each birth in one's lifetime is initiated by a great obstacle overcome; either inner or outer, that ushers in a new stage of progress, even evolution of consciousness for the individual. E.g. in the novel *Les Misérables*, Jean Valjean experiences three or four rebirths in a single lifetime.

The Psychic Being as Basis of Form of the Supramental Being

The Mother understood that it is the Psychic Being (the evolving soul within us) which will receive the Supramental Force and acquire a solid form and emerge as the Supramental Being, the next species beyond the human.

Mental Rationality Preceding Spiritual Progress

Mental individuals that we are, we should be logical, rational, embracing all points of view, instead of being weighed down by our vital preferences, desires, and needs, and our bodily rigidities and fixities. For before we can be spiritual, we need to at least be rational; meaning logical, open, and clear thinking. That will provide the rich fertile soil through which the Divine Force can plant its life-response evoking, evolutionary seeds.

Following a Plan to Overcome Our Limited Nature

We may want to change several of our wanting qualities, such as certain negative attitudes and habits, but unless we have a sincere plan to do so, our wish will remain unfulfilled. The process to follow then is (1) what do we want to change; (2) how are we going to do it; and (3) where and when will we make that effort. Following that process will accomplish the goal, while evoking powerful positive response from life.

How Mental, Vital, Physical Individuals Respond to Ideas

Individuals are predominantly mental, vital, or physical. A mental person readily learns from ideas and others. A vital person, from the idea, only if others take it up first, i.e. following the social compulsion of the herd. A physical person - fixed, rigid, or stupid - doesn't want to learn anything. Life beats on him until he changes.

A reader's comments: I think I am a combination of mental and vital.

Response: Yes, most people are. There are of course further in-between degrees, favoring one of the two (vital, mental) to a lesser or greater degree than the other. E.g. Most of the people I interact with in my work are quite mental, with a vital that is not overly pronounced, though in some it is. Obama is strongly mental, but somewhat vital (particularly as leader).

Every Five Minutes Consecration

I have been practicing every five minute consecration and it has produced incredible, miraculous-like results thus far. How can one practice this intense method? When problems loom large, one is compelled to do so. It puts one in touch with one's deepest Faith. Also, the benefit of practicing it is not only to resolve a serious problem, which it surely does, but to put one far more deeply in contact with Mother. Thus far it is having that effect on me.

Life Confronts One's Self-Righteousness with Opposite

Those who assert their righteousness about a matter will be confronted with the truth of its opposite.

Example: Listen to a sports talk radio show. The lower conscious host will rant and rave on a point of view he holds dear. Then a while later, life will reveal just the opposite. He then becomes silent or is defensive. He is perhaps humbled for a short while, until he returns to his old habits. Only blows from life will likely reverse his self-righteous beliefs.

Power of Value of Simplicity

The product of the value of Simplicity gives power, ease, and joy to the recipient.

Example: Apple's wonderful products - Mac, iPod, iPhone, iPad, etc. - were the result of the values founder and CEO Steve Jobs had of Simplicity and Ease of Use. It gave great power, ease, and joy to the user.

Difficulties and Lack of Conscious-Force

Difficulties at the physical, vital, or mental plane are due to insufficient Conscious-Force at that level.

A reader asks: How to overcome that?

Answer: Changing your nature in a hundred ways to the more positive will increase the level of Conscious-Force. (I.e. the amount of energy steeped in consciousness.) Also developing a

new center of awareness within, and continually opening to the Mother's Force (consecration) will add to the same.

Evolution = Movement Within + Surrendering to Force

Sri Aurobindo indicates that there are two simultaneous movements we can make to hasten the Evolution: Moving the center of our consciousness into the Inner Being, culminating in the Psychic Center; and surrendering to the supramental Force, the Divine Mother.

Service and Joy

The more we forget ourselves in service of others, the more Joy we experience in life.

Movement from Lower Mind to Spiritual Mind

Man moving from mind preoccupied with sense inputs, and dominated by limited, exclusive points of view to one of true, multi-sided rationality through thinking, and beyond to knowledge through intuition without thought are hallmarks on the way to spontaneous integral knowledge in identity with the object through supramental perception.

The More Money Circulates, the More It Comes In

We are aware that the more money that comes to us, the more we can spend. However it is also true that the more we spend, the more that comes to us. Spending and therefore circulating funds, rather than hoarding it, attracts much more of it. Of course what we spend on should not be indiscriminate and wasteful.

Examples of Non-Circulation: Indians foolishly hoard gold, preventing circulation, and thus more money coming in. Japanese do the same with their tremendous savings, creating stagnancy there.

Examples of Circulation: Banks immediately lend out money that comes in from depositors, causing circulation half dozen times of more, creating inflow of money for everyone who borrows, plus stimulation of economy. A man spending his last \$10 on necessities rather than holding onto it will attract the inflow of much money from out of nowhere.

Environmental Degradation and Material View

The root cause of rampant environmental degradation is obsession with the material/physical plane of existence.

I.e. at the expense of the vital, the psychological, the mental (e.g. human values), and the spiritual (e.g. Truth, Goodness, Harmony).

Releasing the Conscious-Force through the Within and the Force, Hastening the Evolution

As the involved Conscious-Force progressively awakened, life in the universe evolved from matter to animated life forms to mental Man. Now he must awaken further, through his evolving Soul within and the Truth Consciousness power above, further releasing the Conscious-Force, accelerating our evolution to spirit-based beings, and the arrival of a divine life on earth.

Opening to Supramental, Releases Conscious-Force, Enables Progress

Opening to the divine Supramental power stimulates the hidden, involved Conscious-Force in our being that spontaneously generates new development and progress within and around us.

Linking the Outer Material and Spiritual Worlds

We are fascinated by accomplishments in the outer, physical world, but are oblivious to the far more vast, enriching, and helpful realms of the Spirit. How to make these two live ends of life One is the great challenge before us.

Mother's Force that is Grace and Luck

Opening to the Mother and Her Force evokes Grace that descends into our lives and is experienced as pure Luck - i.e. sudden good fortune.

Knowledge of All through Divine Mother

By focusing on Her, I can truly know the nature of the universe and beyond.

Being World Catalysts through Mother

By opening to the spiritual Force, we become catalysts and change agents for the World.

Ego and Infinite Consciousness

The Ego self has lost contact with the ocean of infinite consciousness we are part of.

Further Comment: Through constant opening to the Force, we progressively connect with our True Self, the Psychic entity, enabling us to feel the blissful waves of the infinite ocean of consciousness that is the essence of the Reality.

Interconnectedness of All and Life Response

Since everything is related to everything in the universe and beyond, a thought or emotion of ours will have a vibratory effect on other things, forms, individuals, collectives, forces, et al outside ourselves. When that effect reaches us or comes into our purview, we experience a "Life Response."

Embracing the Work at Hand and Life Response

Fully embrace the work at hand, no matter if it is to our liking or not. Life will respond in a positive way, which may compel you to love the current work, send you to another work, or provide some other positive surprise.

Seeing All is Necessary Is to Perceive the Marvel

For the All, the Totality, the omnipresent Brahman, all and everything that is happening is absolutely essential on its way to a higher Becoming. Sri Aurobindo calls this "The Marvel," and it can be perceived when we rise above mind proper to spiritual Mind culminating in Supermind (Truth Consciousness).

Sri Aurobindo discovered Power of Creation and Means to Change the World

Our eternal Gratitude to Sri Aurobindo who discovered the Supramental Truth Consciousness, which created this universe out of the Infinite Divine, and whose Power we can now access to transform our lives as well as life on earth to their ultimate possibilities.

Enjoy Freedom of Unconsciousness

Man enjoys the freedom of his unconsciousness.

Math as Measure of Reality, Brahman

Mathematics is a symbolic representation of reality. It is the omnipresent Brahman quantifiable in numbers.

Perceiving the Oneness of Life

Our body is an amalgam of integrated system that makes up the Oneness of being that we are. We perceive that oneness and recognize it in the form "I am this one individual." And yet we miss the Oneness of Life, where everything too is integrated and unified, but where we instead see fractured, separative existence. Life for us is a constant carving out of manageable parts, of division, of separation, without perceiving the integral unity behind. And yet from the Spirit within or the supramental Truth Consciousness "above," we can constantly perceive that harmonic view, even as we go about the details of our lives. To make that possible we can take to constant consecration, which will elevate our consciousness and allow us to see the Marvel that Life truly is.

Future is for Ideas Not Great leaders

The time of great leaders is coming to an end replaced by the age of great Ideas.

THE USA and India in the World's Future

The USA, the leader of the world, how magnificently organized she is at the material level; but barely adolescent at the psychological, as her physical consciousness blocks entry there. Further Comment: Fortunately, USA is not mentally rigid, is in fact open-minded, and therefore can change. But will she do so, and will it be enough? If not, she will have to retire her mantle as world leader, allowing others to step in. India is eminently qualified as she can have the perfect combination of a rich mental and spiritual life once it is married to an increasingly organized and sophisticated material existence.

Discovering Higher Harmony Beyond Contradiction

From within ourselves we must discover the higher harmony towards that which we are in contradiction with.

Example contradictions where a higher harmony needs to be found:

- I don't like my job.
- She is constantly complaining about me.
- We are almost out of money.
- My health is failing me.
- My view of things is different than my boss.
- I have the knowledge if it, but not the will to achieve it.
- I have the will, but not the knowledge and skill.
- Christianity and Buddhism have opposing views.
- Nations X and Y are locked in a trade war.
- Our government is paralyzed because the parties pull in opposite directions.
- We want the benefits, but refuse to pay taxes.
- We pay taxes, but the agencies squander it away.
- I want to go to art college, but I haven't the funds.
- My heart says yes, but my head says no.
- I give her freedom, but she abuses it.
- Etc.

Each of these have solutions through appropriate movements of higher consciousness.

Peak of Faith and Mother

At the peak of Faith is the Mother crystalline.

Receptivity Beyond Wishing for Thing

Wishing for a thing is good, but inner receptivity enables it to happen. It occurs in the measure our mental, vital, and physical consciousness is organized.

Faith in Mother's Force and the New World

In this New Divine Existence, Faith in the Mother's Force is what ultimately matters, and where our attention should be focused. By surrendering to Her supramental power, we will progressively be carried into the New World.

Power of Freshness, Not Routine

When each day is fresh, not routine, with unexpected outcomes and bright new vistas, then you know you are on the spiritual path.

Aspiration to Be Instruments of Divine Force

Let us every day aspire to be instruments of the Divine Force, so we can collaborate in the elevation of consciousness of life on earth.

Imagining Another as Divine Mother

When you imagine the person you are about to meet or otherwise engage in as the Divine Mother, they tend to act in a wonderful and engaging manner.

Consciousness Determines Results of Action

It is not energy, skill, opinion, attitude or character, either singly or in combination, that ultimately determines the results of action. It is consciousness. As is the consciousness, so is the result. (from The Book by Garry Jacobs)

All is Lost Springboard

The "All is Lost" moment or occasion is often the great springboard to higher consciousness and achievement.

Conscious of Moments' Thoughts, Feelings

At any moment, we can turn within and consider if we are thinking the right thing, feeling the right thing, and if not, stop it in its tracks. It's a very conscious way of living.

Higher Consciousness and Aspiration for Growth

An elevated consciousness always seeks, aspires for new inner progress. In this way, the scope of our potential growth is infinite.

Beyond Dull Repetition to New, Infinite Possibilities

At a deeper consciousness there is less of a tendency to blandly and dully repeat, which creates regression. There is more of an opening to the New, to the Infinite Possibilities, which enables pro-gression - i.e. progress, evolution, transformation.

Mother's Power that Energizes Conscious-Force Within

When we open to the Mother's Supramental Power, it energizes and releases more of the hidden, absorbed, involved Conscious-Force - the Source Cosmic Energy in us - enabling our further progress, development, evolution, or transformation.

Perceiving the Unity of Everything

Mind cannot perceive the Unity of everything (of Brahman), but Supermind can.

Further comment: By Unity of Everything I mean that all forces and forms at all planes - physical, vital, mental, spiritual - are inextricably linked in a profound Oneness. Everything happening, every detail - positive or negative, large or small, in the unmanifest and the

manifest - is linked to every other. Mind however does not see this Oneness and Unity of this All, this Brahman - perceiving things in life as unrelated, fractured, divided, contradictory - whereas the Supramental Truth Consciousness does. The more we consecrate, opening to the divine Mother and Her Shakti, the more we step into this extraordinary supramental state, giving us a profound understanding of the unity of life, and therefore a great power over it.

Ego is Root of Falsehood and Evil

Falsehood and Evil have their roots in the emergence of Ego in the human experience.

Ego as Step Toward Individuality

Nature allows the half-lit, ignorant Ego to emerge in Man as a temporary step on the way to true individuality, and further still to soul-based Spiritual Individuality.

The Force Overcomes Negative Results, and Source Inner Cause of It

The Supramental Force intensely invoked not only can quickly overcome a problem, but can negate the source wanting attitude, motive, etc. that precipitated it - whether within us or outside ourselves.

Pay, Collect All Money Debts

One principle of money is to pay off all outstanding debts, and collect all funds due you. That will quickly attract more money, including new opportunities to earn.

Power of Consecrating Every Five Minutes that Overcomes Serious Illness

The consecrating (opening to the Mother) every five minutes method will definitely cure any physical ailment. One 75-year-old devotee developed kidney problems and had to have a stent and bag installed to drain urine. He could also not retain his bowel movements and felt like remaining in bed all day. On Karmayogi's advice he started walking for an hour a day and consecrate every step, then maintain the consecration throughout the day. Last week the MD pronounced him totally cured and was quite baffled at how it happened.

A young woman with severe liver disease was on very costly medication for years and even then found life unbearable. She suddenly announced she was going to stop the medicine and rely only on Mother, though the MD said she could not survive without it. After doing so all her symptoms disappeared and she became totally normal. That was two years ago.

Another devotee woman who could not help losing her temper at her husband every day took to half hourly consecration exactly on the half hour, and she started reading one paragraph of Sri Aurobindo's 'The Life Divine' every half hour. She completed the entire book in two months. By that time she had completely lost her uncontrolled reactions against her husband and was filled with a constant sense of deep joy.

After reading your (R's) message, I read a passage in Agenda 3 just after Mother's birthday in 1962 when she reported that her legs, which had been useless for several years, suddenly regained their youthful strength and vibrancy and she literally had to restrain herself from skipping and jumping. (MSS)

Overcoming Hard, Mental Rigidity !

Sri Karmayogi indicates that mental rigidity and hardness rooted in ego is worse than mental unconsciousness, as the latter can simply become conscious by surrendering to the spirit. Even a stupid mind can evolve by passing through confusion. But a hard, rigid, mental Ego reaches consecration by dismembering itself by heavy unconsciousness; i.e. which entails severe difficulty in life.

Some examples of rigid mental ego: Severe ideological point of view, dogmatic moralism, maintainer of rigid rules, protecting to the point of squelching, religious fanaticism, philosophic rigidity, persistent sarcasm and criticism, mind that insists on its position, mind that turns

away from other's thought and points of view, hardened attitudes about others and life, mental resistance to change, insistence on material or mechanistic causality, etc.

A reader asks: "How can one overcome such a condition? By tuning his rigid mind to the Mother?"

Yes. The more Her Force enters our being, the more we open in the depths and experience oneness with others and life - instead of the separateness of ego, and therefore the exclusivity, hardened views of mind. Also through consecration, the mind opens to its higher formations like insight, vision, intuition, etc. where hardened, fixed, egotistic mental viewpoints have little or no play. When we rise to supramental consciousness, we embrace and capture the knowledge of a matter from all sides, and there is a power of that knowledge to materialize as real in the world.

Another practical method advocated by Karmayogi is to constantly take the other person's point of view. I.e. seeing things from their perspective. Practicing this on a consistent basis will break down the barriers created by our ego-based hardened and rigid mentality.

Fulfilling the Cosmic Determinates, Spiritual Aspects in Life

Sri Aurobindo in 'The Life Divine' indicates that out of Sat-Chit -Ananda (pure Existence, Conscious Force, Delight) came the universe we live in. Also "cosmic determinates" emanated from It that It seek to manifest in the world through the details of life. Among the central ones are Silence, Oneness, Truth, Knowledge, Goodness, Power, Beauty, Love, Delight, Eternity and Infinity. As the world evolves, indeed as we as individuals evolve, we progressively experience each of these spiritual qualities. By experiencing these qualities, we are also bringing them further into the world - for ourselves and others - thereby fulfilling the Divine Intent for their manifestation in Life.

Mother's Supramental Power, Conscious-Force, and the Evolution

We hasten the Evolution by calling in the Mother's Supramental Power which stimulates the involved Conscious-Force, the Spirit in things.

You and Others Receive Same/Similar Good News

When you unexpectedly receive good news about a matter, others closely related to you (e.g. spiritually) will spontaneously have the same or similar result.

Multi-Culturalism, World Unity, and the Problems of Society

What is called multi-culturalism closely relates to the subject of Human Unity. It has its live end in problems of social inequality (as we see in Paris, London, etc.). These are the sorts of issues we are quite a way from solving. They (global poverty, etc.) were masked during the Cold War. Now it is coming out as friction between nations and co-mingling groups within nations. In many ways it is the necessary obstacles out of which further unity will be formed.

At the heart of the matter is the virulent Ego of individuals, peoples, and nations. It is a sorting out process. In the US we have succeeded in many ways in the coming together of the races, though if the economics fail, so will that social cohesion. The US is the melting pot all the world can emulate, or is at least one reasonably successful model. Even she struggles with it. It is interesting to observe how readily the Asian nations accept the citizenry of one another. In Europe intention and values are good, but Ego rules the day, just as it did before the two great world wars.

Still I think Europe will work it out, especially when she perceives successes elsewhere. When the world collectively addresses poverty, unemployment, disease, etc. these issues will ease. But that takes a big change to some sort of parliamentary world governance, which is desperately needed. The movement to World Unity is a multi-faceted and complex process; one that is well underway and one that I believe cannot be stopped.

The Movement of the World Energies and Application of Spirit to More Diverse World

Karmayogi indicates that the World Energies have taken many circuitous turns in history, and expressed in a variety of directions and fields, especially in the modern era, so that the indwelling Spirit, the Conscious Force within could express in the greatest diversity and variation.

He tells us that from out of Africa, Spirit was born in India. From the Middle East came religion. Then Life, i.e. the leading edge of the World Energies moved to Europe with the rise of thinking man, science, organization, etc. From these roots came America, and its freedom, individuality, technology, etc. This movement has now continued and moved to Asia. As a result of this meandering movement of the World Energies, a far more complex society has risen, enabling the dormant Spirit born of India to now be applied to an infinite variety of fields, forces, and forms.

Evolution from Mental Man to Supramental Being !

Sri Aurobindo tells us that Mental Man has to evolve out of himself the fully conscious being, a supramental nature which shall be the next product of the evolution.

Revelation of Indwelling Spirit and Terrestrial Existence !

Sri Aurobindo indicates that revealing in forms including us, the hidden indwelling Spirit and Conscious-Force is the central motive and purpose of terrestrial existence.

Higher Consciousness that Handles the Intense Flow of Details in Daily Life

Life comes at us fast, hard, and strong. How to cope with all of the inputs? A psychologically weak person will be overwhelmed, confused, frozen. A reluctant person will be unable to accept the givens life puts before him. A third will take the course of least resistance, or follow the instincts of his lower Ego at the expense of others or his own best interests. This is the challenge we meet every day. And yet from our highest consciousness, our deepest poise, we readily accept all possibilities, filter out what is unnecessary, while being guided by our highest values and conscience. In other words, Spirit turns the onrush of life events into a blissful, harmonious, symphony of order and progress.

Infinite Creation from Silence

From Silence came the universe. We can practice the same to create infinitely.

What Science Misses of the Total Person

Science sees only the surface of life, missing the infinite powers of the inner person. Science misses the emotional being of man, his psychological nature and capacities, the social and interactive dynamic, his powers of intention and will, his human motives and values, and his spiritual heights and depths, to name a few, instead focusing solely on his and life's physical/material and mechanistic existence.

Intention + Values = Great Success

Human intention driven by deep personal values is what achieves in life.

True Individuality and Opportunities

True Individuality will always see new Opportunities that others miss. Its ultimate power - Spiritual Individuality - issues from the poise of the psychic being, the evolving soul within.

Overcoming Wrong Attitudes that Ruin Our Lives

Our wrong attitudes - about others, life, and ourselves - ruin our lives. Discovering what they are and reversing them, opens the door to great achievement, success, and inner fulfillment.

Supermind, Conscious-Force, and Evolution

The Supramental Power above awakens more of the hidden, involved, sleeping Conscious Force within us, in things, evoking new progress and change to those forces and forms. This is the process of Evolution that Sri Aurobindo perceived in the cosmos, which we can facilitate through the development of our higher consciousness.

My Aspiration and Mother

I aspire for the Mother's Force to be the Leader of my life, while ushering in a new Divine-based existence for the world.

Ending Drought through Consecration

A month or two back California was on its way to its lowest rainfall totals in 50 years. At the time, I consecrated the matter intensely. Not only was there suddenly a big storm the next day that seemed to come out of nowhere, but the following month - the March just concluded - had the highest rainfall totals in the state for that period in 80 years!

Developing the Subtle Sense

As you awaken in consciousness, you naturally develop a subtle sense of which situations to avoid and which to pursue. E.g. you sense that a line in a store should be avoided because of a certain brewing conflict or other intensity, and when you then go elsewhere, everything works out fine. By being sensitive to the outer conditions and vibrations (as well as your own), you can avoid difficulty and maximize positive outcomes. Constant consecration and knowing the subtle laws of life will facilitate this moment-to-moment decision making process.

Another Example of Subtle Sense: I go to the local library, where I daily venture to the newspaper rack to read the two local papers. However, this time they are not there in their location, as others have obviously gotten there before me. What then will I read? I then see in the lower racks multiple copies of a magazine. It is the monthly *India Currents*, which almost seem to be glistening, calling to me. I then pick up a copy, settle into one of the sofas, and begin reading. There I see a half serious article about Food that substitutes for Love in Indian families, which makes me start thinking about a consulting project I am in the midst of that involves an Indian woman's aspiration to start a food concern based on her cooking abilities. I then check out the various services offered there for Indian food (restaurants, catering, etc.), giving me many ideas for the project. In retrospect, it was clear that the absence of the newspapers, lured to me to the beckoning magazine that had something important in store for me. That is an example of how through a subtle sense one can follow the becomings of life to bring about good or great positive reward.

Put Issued in Hand of Mother

Put every issue in the hands of the Mother. Each will work out surprisingly well!

Repetition, Habit Limits Field of Possibilities

Absorption in bland repetition and habit causes one to lose touch with the field of Infinite Possibilities.

Life Response and Harmony

Positive Life Response is due to vibrations of Harmony coming together from the various sources and parties. By 'Harmony' I meant that the parties are in deep Alignment.

Knowledge Beyond Technology

Technology is the container, not the Knowledge. It is the vessel, whereas we are looking for the integral Truth to fill it.

Conscious vs. Subconscious Life Response

Life response, synchronicity, parallelism, etc. are either consciously intended (as in consecration or other shift in consciousness that one perceives will likely attract) or subconsciously so.

All Works Out is Divine Life

Divine Life is where everything works out in the course of your day.

Supermind as Creator and Method of Our Transmutation

Supermind, the extended nature of Sat-Chit-Ananda, is the Lord and Creator of the universe. It is also the spiritual Force and Power we can access through the divine Mother to transmute all aspects of our being and all life on earth into their ultimate possibilities.

Mind Led by Lower Planes to Mind Becoming the Leader of Our Being

The body's routines and habits, the vital's wants and desires dominate the human Mind, and therefore our lives. As we become more conscious, this process is reversed, as Mind leads the way and determines Life's direction. Embracing the Spirit expands the Mind in all directions, enabling us to perceive and fulfill our infinite potential.

Problem Solved, Not Repetition, Takes One to Higher Plateau

People want the same pleasant things to repeat. When there is a problem, they want it to go away. But the problem solved creates a new plateau of the positive previously unimagined.

Truth Power

Karmayogi indicates that nothing attracts the positive like Truth; embracing it and living it in all facets of our life. Sri Aurobindo indicates that Truth is the objective status of the unmanifest Being (i.e. Sat of Sat-chit-ananda). When we move in the direction of Truth, the universe quickly and abundantly moves toward us.

Further Comment: When one reveals the truth that one was previously embarrassed to present, or when one adheres to the truth when others pressure and advocate falsehood, a great positive windfall will follow for that individual. E.g. in one incident, a woman finally accepted the truth of her situation, and then revealed it to others. As a result, her husband suddenly secured the biggest victory of his life. In another episode, a woman adhered to the truth when others around advocated skirting it. As a result, life suddenly responded with a big windfall for her. That is the power of taking to Truth in life. It quickly attracts the infinite to one's doorstep.

Nurture, Not Possess Children

Parents are normally overly possessive of their children. It is an Ego movement of the worst kind. They should instead nurture their children without the physical consciousness of possession. It will be beneficial to all.

Exclusive Nature of the Mind

People love to insist on one side of an issue, avoiding all others. It is non-rational exclusivity of the mind that is supported by our prejudiced vital needs and wants which make up our separative Ego.

Oneness and Unity by Connecting to Mother

As soon as I connect with Mother's consciousness, I feel a heightened sense of oneness and unity with everything and everyone around me.

The Evolving Reality

The omnipresent Reality, Brahman can be said to be evolving to the degree the universe is evolving, which occurs through our elevation of consciousness through the Psychic Being. At another level - from the perspective of Supermind - the Reality, the All is beyond evolution.

Power of Expertise as Devotee of the Mother

When you are an expert in a matter and a devotee of the Mother's Force, a problem your client is having often clears up instantly upon their contacting you.

Avoid Initiating in Awkward Situation

Often when you initiate an action in an awkward situation, it ends up backfiring on you. It would have been best to remain still and silent.

Catching the Micro Negatives

It is getting to the point where I am catching even the tiniest negative thought, feeling, emotion, and action of mine, and halting it in its tracks. It is a micro precision, reflecting a further development in consciousness.

Consecration of Problem Quickly Resolves It

When you consecrate a problem expected to take several hours to resolve, it often gets solved in mere minutes.

Non-Reacting to Silliness Attracts Intelligence

When you refrain from reacting negatively to another's silliness, they soon come back to you with their intelligence.

Embracing Other Side Fulfills Ones Intent

When you embrace the other side, instead of insisting on your own, you end up getting what you wanted in the first place; or more.

Embracing, Not Reacting

From a Deeper Consciousness there is less reacting, and more Embracing.

Appreciating What Society Has Provided

Too often, and especially here in the West, we don't appreciate what society has given us; instead take to complaining at every turn. Ironically, if we felt a deep appreciation for the benefits we have inherited, Life would respond and self-correct one or more of the ills of the society.

Life Compel You to Revisit What You Have Revolted From

If an individual storms out of a situation due to a negative attitude or other psychological defect, sooner or later Life will compel that person to return to the witnessing party in contrition. (Ironically, a positive new development is likely to occur for the returnee as a result of making that shift.)

Example: In the episode of the legal serial tv show of 2002, an attorney working for a social service organization is angry at the head of the org because he feels they are not giving their support to his adoption of his violent nephew. They see the attorney himself acting too violently in his dealing with the boy. He thus storms out of the department and secures a job at a higher-paying law firm. However, after a short time, he runs into a situation at the large company where he is forced back to the social service organization to ask the man who he ran out on for a \$10K loan. Eventually he is forced back to that original organization as he

realizes the falsehood of his demands about his nephew. Not only does he secure his old, stable job, but he suddenly finds a girlfriend who has the potential to be his partner for life!

Health Problems Compel Deeper Center

Physical health problems compel you to move inside and discover a deeper Center.

Willingness to Change a Mistake Attracts Opportunity to Do So

Life will give a person conscious of and willing to change a mistake an opportunity to do so.

Power of Material Well to Enable Deeper Life

It is ironic that Material well-being can be the great support for the development of personal character, human values, and spiritual experience.

World Unity that is Blocked by Ego

The major obstacle to World Unity is Ego. Ego of individual nations, peoples, races, beliefs, etc. Overcoming these brings Harmony, which is the basis of Human Unity.

Spiritual Pioneers vs. Religion

The pioneers of the Spirit are making traditional religion seem increasingly worthless.

Experiencing Divine Reality without Religion

The Divine Reality can be experienced by anyone directly without the need of religion or similar institution.

Do Not React to Irrationality of Another

Normally, one should not try to reason with someone in an irrational state of mind. Instead remain still and silent. It is likely that they need to go through their discord, anger, etc., to discover the truth of the situation and the falsehood of their ways.

Drawing Down Our Daily Mis-Knowledges from 50 to 0

We constantly jump to erroneous conclusions about things, based on the limited information we perceive. Supermind (Truth consciousness) is the opposite, as It perceives the absolute truth of things gathered from all angles.

Further Comment: I have seen myself and others I interact with make at least 3-5 erroneous judgments daily based on what they visually see and hear (i.e. sense) in a situation. Then there are the endless opinions people take in discussion, which only expresses one side of a matter that they are attached to. Sri Aurobindo indicates it is due to the normal mind's tendencies to adopt views that support our own vital and emotional prejudices. You combine this with misinformation around us, in the work place, family, etc. (e.g. wrong gossip, wrong circulated data, limited understanding), and you have the average person making 10-40 errors of knowledge per day. Interestingly, most people don't perceive a single one! A conscious person progressively perceives all of them. This is why Sri Aurobindo dedicated over half of his philosophical opus *The Life Divine* to this very issue of mis-knowledge. (It is solved by having a deeper center of awareness, which tends to embrace more of the truth of any matter. Sri Karmayogi also asks us to take the other person's point of view as much as possible. Obviously education, truth in the workplace, open-mindedness, et al will contribute to a greater, more integral knowledge. Constant consecration creates the best conditions for all of these methods to be implemented. It is actually the accessing of the supramental Truth Consciousness itself, which draws in an integral, unified, many-sided, knowledge of the issue or matter under consideration. Our conscious evolution therefore turns the 50 mis-knowledges per day into zero, accelerating out capacity to draw the infinite out of the current finite.)

Beyond Progress through Contradiction

The oppositions, conflicts, contradictions we experience in life are the central means by which we move forward and progress. Without them, there is little compulsion to evolve. This is Nature's Way (Prakriti). However, a greater method is evolution through Consciousness and Soul (Purusha), which is advancement not through division, but from Good to Greater Good.

Matter & Involution/Evolution of Consciousness

From out of the Involution of Consciousness, Matter takes shape, which then begins its Evolutionary journey back to Consciousness.

Power of the Conscious-Force in the World !

All action, all mental, vital, physical activities in the world are the operation of a universal Energy, a Consciousness-Force which is the power of the Cosmic Spirit working out the cosmic and individual truth of things. (Sri Aurobindo)

Accepting Any Work Is of the Spirit

We like to do the work in which we are interested. It is vital laziness. Capacity to accept any work that comes to us and do it with the same interest is a vital discipline in the field of spirit. (Sri Karmayogi)

Every Act as Omen

Every act around us is an omen if we are awake. This is so because the outer is a reflection of the inner. (Sri Karmayogi)

True Reason of Logical Mind

Karmayogi distinguishes between two types of reason; normal and True. Normal reason thinks logically, but only at the point where it agrees with its vital and physical needs and desires, its opinions, its proclivities, etc. True Reason is pure logical thinking, devoid of prejudice. A programmer or a philosopher engages in this sort of reason. We are capable of doing the same, especially if we have an open mind, see another's point of view, have a center of awareness that is not separative and exclusive, etc. Sri Aurobindo calls it the center of Mind or Mind proper or Logical Mind.

Hard Work Compulsion Presages Rain

The compulsion of life to make an extra-difficult physical and emotional effort will often presage abundance of rain in drought-like conditions.

The Reemergence of the Light within Indians

The Light within acquired by Indians is due to the country's long-standing spiritual culture. If they can avoid the excessive materialism of the West, while still embracing prosperity and their own spiritual values, the embedded, hidden Light will reemerge for Indians and India, and She can gradually fulfill her destiny as Guru of the World.

Principle of Loss Precedes Major Achievement that Can Be Learned

"What looks like a loss may be the very event which is subsequently responsible for helping to produce the major achievement of your life." (Srully D. Blotnick)

Comment: Absolutely true! A lesson all youngsters should be made aware of, so that when they go through a difficulty, they can see it in context so the difficulty is softened, and yet their new, forward movement left unimpeded.

Opening to the Divine Mother Overcomes Influence of the Asuric Influence Over Time

Sri Aurobindo indicates that the asuric forces, entities, beings seek to throw one off course in our spiritual pursuit and yoga.

The attacks - whether experienced as a violent inner conflict, abnormal depression, compulsions to abandon the spiritual path, suggestions of calamity, irrational impulses, etc., - will gradually fade as one maintains a close connection to the Mother and her Supramental Power.

He says that we should not trouble ourselves and worry about the hostile forces; only we should keep our aspiration and faith and connection to the Divine constant. Through constant self-consecration and opening to Her Force, a settled peace comes in, and so when there is an assault, one is more readily aware of it, and can therefore more easily cast it off and not give in to it.

Being Vigilant of the Dark Forces, Asuras

There are Dark, Asuric forces, beings, powers, entities that compel us to feel, think, and act our worst. We should constantly be vigilant of their influence, especially when our own emotions turn negative, such as when we become angry, hostile, depressed, fearful, et al. It is then that they seek to reinforce our wanting disposition, creating great mischief, even calamity. Fortunately, constant opening to the spiritual Force, to the Divine Mother's Supramental Power will keep these at bay, securing a clear path to a more spirit-oriented future.

In Supermind Knowledge and Will, the Theoretical and Practical Are One

In Supermind, there is Knowledge and Will (for that idea's manifestation) together. In the same way an Idea has real power when it both an ideal and when practically applied.

In human life there is normally one without the other. A theoretician has an unproven concept; a worker executes an Idea, but has no understanding of the ideal behind what he is doing.

Through knowledge, experience, etc., the two come together slowly. There are thus shadings in between.

However, when opening to Mother, they tend to arrive together; the principle and the manifestation together; or the integral knowledge that also has the commensurate Will for its execution. One Knows, and One Sees, One Chooses, and One Acts all in one motion. Or it is simply executed for us on its own. The theoretical and the practical are then one and the same.

On Multi-Tasking

What enables a good multi-tasker?

It depends on the character and capacity of the individual. Someone who is strong, decisive, clear in thinking can multitask successfully; while for another it is best to concentrate on one or a few things. The same with decision making. Someone with a strong, focused mind can weigh a variety of options and make a decision. Another with less capacity may need to focus on only several in deciding, or asking others help, reducing the scope, etc.

How can one become a good multi-tasker?

First of all, it is not how many things you do at a time that matters, but how you make the things you do evoke the best response; i.e. attract the maximum benefit for the least effort. Then life will require far less multi-tasking. Second, to develop multi-tasking ability is to develop one's mind. How to do that is a great inner science. It requires a sincere and dedicated yogic effort. Third, one needs to ask if you should be doing so many things simultaneously, and whether others should take up the slack; or otherwise know how to delegate one's time and actions. Fourth, one may need to reduce the scope, and concentrate on the essentials, get the benefit there, at least at first.

Cleanliness, Orderliness and Power Outage

Efforts of greater cleanliness and orderliness tend to attract resources in short supply - whether fresh supplies of money, new opportunities for work, or even the return of electricity when there is a power outage.

Patient Expression in Group Influences

He who waits patiently and speaks last in a collaborative environment often has the most lasting influence.

Making a Full Effort Returns Unexpected Beneficial Results

When you make a full effort of self-givingness toward others, you are pleasantly surprised when they invariably do something highly beneficial for you.

Overcoming Reluctance Attracts

Doing a thing one is stubbornly or ignorantly reluctant to do will invariably turn out magical.

Cascade of the Miraculous

One minor miracle after another is occurring as I consecrate particular events and conditions on my current trip. Instant solutions to problems, instantaneous appearance of things that could have taken a while to appear, sudden unexpected support of individuals, startling interventions, things taken care of before they were supposed to -- all within one or two days. This is no longer normal, human life, but a step into divine, supramental existence. I invite my friends and acquaintances to tread the same miraculous-like path.

Depend on Mother, the Force; Not Life

Do not depend on Life. Depend on Mother. I.e. the Supramental Force.

Inner-Based Choice Is Best, and Attracts

Human choice that issues from our deepest and loftiest consciousness is the best of all choices, attracting the most perfect inner and outer conditions.

Values Shape the World

Personal Values shape the world; especially the Future World.

Gratitude that Attracts Greatly

Gratitude is a profound spiritual attitude and value of the soul that has the side effect of attracting the universe to you, bringing the infinite into the finite.

Awareness of Self through Deeper Consciousness

From a deeper center of consciousness within one is able to see one's self in full and right context.

Keeping an Upper Mind with Wrong Individuals

I have noticed that individuals who are so often utterly wrong in their opinions can on occasion be utterly correct in certain key situations, indicating that we have to always maintain a very open mind.

Psychic Being that Experiences Simultaneous Time

The Psychic Being is the evolving soul within us. It is the transcendent divine embedded in our being that is at the crossroad of Time Eternity. Connected to it, we experience past,

present, and future as one continuous stream of time existence, giving us a vast knowledge and power to understand and shape the events and details of our lives.

The Reality Does Not Hide: It is Everywhere, and In All Things

Someone asks, "Why does the Divine not remind anybody that He is there? Why does He keep secret, only showing himself through miracles, calamities, in times of extreme strain, etc.?"

The truth is that He is always reminding us that He is there, in every single aspect of Life, in every turn in our own individual lives. It's just that our Physical Consciousness is too dense to notice, our Ego too strong to embrace Him, our Ignorance too persistent to perceive the Truth that He is. It is as if we were wearing dark glasses to block out the Divine Sun that is always shining. Only an effort of elevation of consciousness will make his Omnipresent Presence fully known.

Cause of and Inner Means of Overcoming Ego

I have been developing a detailed summation on *The Life Divine*, and have recently come upon the following related to Ego that may lend itself to the solution to the tricks of Ego. (These are my paraphrases of Sri Aurobindo.)

The human reason identifies the individual self with the Ego and the exclusions of consciousness that arise when absorbed in it.

Ego tends to internalize the workings of life Nature/ Life, viewing it from its own limited perspective. Thus, we perceive only the small part of things; i.e., those we identify with; only a part of any or the entire Truth.

To overcome Ego, we have to see beyond this individualization of ego to our Greater Self and World Being. We have to come to see that this self of our individuality is not only an ego self, but one that embraces the whole world and all other beings.

How do we move towards this wider self?

When we move to the soul and Self, we move towards this wider existence.

This Self and Soul connects us to other souls, individuals, and the cosmic. This is the unity of being; in Self.

[I would add that constant Consecration and repeated efforts of self-givingness, deep respect for others, taking the other's point of view, etc. will facilitate this process.]

The Body is In Touch with, Reacts to Future Circumstance

The body is subconsciously in touch with the future. E.g. if it suspects you are going to move in the wrong direction three days from now, it can suddenly fall ill or feel a pain in the present. That is because, as Sri Aurobindo indicates, the subconscious, which has a profound influence of the physical, is conscious. Its subliminal aspect is in touch with the Superconscious that is beyond past, present, and future, or rather embraces all of them simultaneously in the Ever-Present. This has increasingly been my experience.

Grace Awakens Existing, Creates New Capacities !

It is true that Grace awakens and releases unseen potential or unexpressed capacities. It is also true beyond doubt that Grace can create capacities where none exist. Israel converted deserts into lush gardens. Mother can create capacities where none exist. She can create even the potential. (Garry Jacobs)

The Divine Constantly Reveals Itself, but Our Limited Consciousness Prevents Us from Perceiving It

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Higher Consciousness and Progress !

An essential characteristic of higher consciousness is its aspiration for further progress. (Garry Jacobs)

Being Content with Nature and Threatened Compulsion for Progress !

That which is content with the harmony of Nature lacks the psychic impulse for Divine perfection. Then it requires an external threat to awaken its urge for progress. (Garry Jacobs)

Comment: We see that in the film Avatar where the Navi are content being in harmony with Nature, but are forced to change through an external threat. In that way they progress, as they are forced to collaborate with their fellow races on their shared planet. There are similar circumstances throughout human history, particularly amongst the more primitive peoples, though it is not exclusive to them.

Self-givingness and Overcoming Infirmities of Old Age !

The power of self-giving is so great that even the infirmities of old age change into the vigour of youth. Self-giving is in the reverse order of taking which is extended to biological and physical. Theoretically it must be capable of giving a new lease of life. Practically too, it is true. (Karmayogi)

Rapid Development of Collective Consciousness and Power through Supermind, the Mother

I found it interesting in the film Avatar that only when they made contact with other races on their planet, did they rise in power and collective consciousness, and throw out the aggressors. While the Navi had a great degree of Oneness on their own, they lacked something in consciousness that they could only solve by connecting to the surrounding peoples. It is a bit like Lord of the Rings and the collaboration of the fellowship, or the nations of Europe finally collaborating to fight the aggressors in WWII.

I suppose this relates to the need for a greater universality in the creative instinct. Supermind seems to have the individual, the universal, and the transcendent all linked together in knowledge and power of consciousness. Left to our own devices we are ruled by the exigencies of Nature (Prakriti), at both the individual and collective level, as there is a slow, painful climb to the integral truth and power. But that is readily released through the Creative Power of Supermind, which for us is facilitated by opening to the Mother.

The Consciousness of the Body, Health, and Life Response

The body has a consciousness and mind of its own. When it perceives that something is amiss, such as taking to the wrong work or moving in the wrong direction, it tends to fall ill. If ill, when one makes the necessary positive change, e.g. doing the right thing, taking up the right work, shifting an attitude from the negative to the positive, etc., the body spontaneously heals itself.

What Goes Wrong is an Opportunity One Should Seize

In the strange, but profound Logic of the Infinite, when something goes wrong in the course of your day, a greater opportunity has actually risen on the horizon. Therefore there is no reason to brood or complain. Instead perceive the hidden message, seize that truth, and make the necessary change. Life will quickly move towards the positive, and anguish will be replaced by Ease and Joy.

Embrace the Flow, Avoid Simply Repeating Out of Habit

Every day has its own unique flow. Perceive its subtle signs. Embrace it. Opt for adventure, not habit and repetition. The latter are limits of the lower, physical consciousness that does not want to change, to learn, to experience fresh energies, only to repeat ad infinitum on its way to decay and dissolution.

One Great Effort that Takes One to the Next stage

Often Life waits for you to make one great, exhaustive physical and psychological effort to usher you into the next phase of your existence. Until then, there is stasis.

Further comment: It is a kind of Rebirth, but while IN this life. It is a difficult "birth" indeed, but necessary until we are able to Surrender our mental, vital, and physical consciousness to the Infinite Divine's Force.

How Enjoyment Takes Shape

The Mind perceives something that it interprets as favorable. The Vital being acknowledges and endorses it, releasing energy that is experienced as the sensation of Enjoyment.

Power of Distinguishing Between Physical, Vital, and Mental

Making distinctions between physical, vital, and mental make it so much easier to understand reality, life. You can define anything in the world so much more clearly by making these distinctions.

Spiritual Aspirants Should Embrace Thinking

Many explorers of the Spirit reject thinking at the expense of their Subtle experiences. Yet these two aspects complement one another very well. After all Truth is a spiritual quality, perhaps the First one, and Mind, especially its rational and intuitive forms allow us to "experience" it directly.

Becoming Calm and Composed Like the Supreme

The ultimate status of the Supreme is timeless, spaceless, unchanging (immutable), indescribable (ineffable), etc. There is nothing to react against as there is no embodiment. When there is an embodiment, i.e. when Brahman extends to creation, He is Silent Witness observing infinite manifestation of form of infinite Energy. He maintains that poise in Sat, as Silent Witness even as the universe emerges from Sat, as Creator. Whatever He creates, He creates in Stillness; no matter what status the forms take, positive or negative, big or small, etc. You could say that Sat (Pure Being) has the consciousness of Brahman, the Absolute that it is the first extension of.

We start from the opposite direction; in the inconscience of Matter, and our constant reaction to the emergences and becomings of life; first as physical sensation, then as vital intensity and recoil, then mental assertion and exclusivity.

Our need is to go within and discover the Silence, the Witness, that calmly observes, even as the world rushes forward in the Becoming. Constant consecration will facilitate this process.

Taking Pleasure in Others' Success, Happiness

When you regularly take great pleasure in others' success and happiness -- instead of feeling envy or jealousy or ego of any sort -- then you are well on the path of Goodness and Self-givingness, attributes that are simultaneously Heartfelt and Spiritual in nature.

The Divine Concealment Retains a Fully Conscious Portion !

When the Divine conceals itself it always retains a portion that is fully conscious -- it never buries itself in ignorance as we do. Jane Austen may enjoy the suspense of reading how Darcy and Elizabeth emerge out of Ignorance, but always part of her as author remains separate, apart and fully conscious of her true Self. Our problem is we are fully immersed in the ignorance which is the source of suffering, pain, falsehood, death and evil. Enjoying the delight of being ignorant and unconscious is what Sri Aurobindo calls the "Taste of Ignorance", which is a perversion of the unconscious egoistic surface vital mental nature.

Mother offers us the Delight of freedom and self-discovery which is the sweet divine Taste of Knowledge. (Garry Jacobs)

Perceiving Problems in the Right Spirit

Problems arise in life to announce a future progress. Taking it in the right spirit creates the bridge. Examples: A man's computer suddenly failed, putting him and his business in a precarious position. However, he then purchased a new one, which was magnificent, with new, state of the art software that made everything he had before seem paltry in comparison. The same individual saw his beloved business fail, yet it opened the door to a new, wonderful career that has been the center of his life for decades. In both cases he had a secret faith, despite the obstacles that quickly created the bridge to the more positive future that was a great progress.

Beyond Dualities to Reality/Brahman and Mother Consciousness

From the perspective of the Reality, Brahman, there are no dualities in life, only complementarities. Each apparent negative serves a purpose, just as each positive. If we perceive that in our own life, we will see that everything is part of a forward movement of progress. From the Supramental Consciousness, we have this vision of the necessity of All; what Karmayogi calls "The Marvel."

We can also open to the spirit through the Mother and enable the transformation of the darker side so from hence forward there is a more evolved consciousness in the mutable aspect of Brahman; i.e. in life here on earth.

Bringing the Timelessness of the Eternal into the Moments of Time

As a result of the Involution of the Spirit, the Eternal Timelessness of the Infinite Consciousness is experienced as divisions of time by sentient beings. This occurred for the purpose of creating the greatest multiplicity and possibility of discovery in the difficult divisions and details of time. Now our mission is to bring the Timelessness of the Infinite, the Eternal into the detail moments of our lives to make each division a blissful, still, dynamic experience of Eternity in time. From the depths, culminating in the Psychic Being, the Evolving Soul within this is made possible, as it is where the two dimensions meet. It is where we experience the past, present, and future in the Eternal Now, giving us a great power over life.

Consecration & Supramental Consciousness

By consecration you step into the Supramental consciousness. (Sri Karmayogi)

An Idea Will Lead the Future

What will lead the world hereafter will not be a person but an Idea. It will be an idea that exceeds the human personality. (Sri Karmayogi)

Comment: Until roughly 100 years ago Man was essentially vital, not mental. Now he is increasingly mental. In a vital world, leaders and great personalities lead. Churchill and

Gandhi are examples in the political arena. Being more mental now, society can more easily be led by an Idea or an Ideal. E.g. Internet is based on the Idea of connecting the world, we humans electronically. We are also ready for PURE Ideas, Ideals, and Human Values that can drive the world forward. Belief in True Individuality is one, as is putting the Human Individual at the center of economic life. There are spiritual Ideas as well, which await a further development of Man from his current hard-churning mentality to spiritualized mind of intuition. This could be a spiritual Idea advocated and practiced in education, with say an Einstein as a role model.

The Root of Consciousness

God becoming conscious of Himself in the world is consciousness. (Sri Karmayogi)

Comment: As we become more conscious in our own lives, we add to Consciousness, which from a wider perspective is the All, Brahman, the Reality becoming more conscious of Itself in Manifestation, in Time.

Overcoming Physical Illness, Dissolution by Following Same Approach to Rejecting Wanting Mental and Vital Aspects

If we start with the mind and vital first, it will be easier when we get to the physical. That is, not accept the negative effect of our fixed habits, our wanting attitudes, our limited perceptions, etc. Through the rejection of these limiting aspects of our being, we see that we have a power over life's conditions, not to mention that they attract positive outcomes in their wake. When we see that these mental and vital wanting aspects of our being are "not inevitable," we build up an inner power that is more readily available to tackle the physical defects and the inevitability of dissolution, disease, and death. As an extension of dealing with the limiting mental and vital qualities, I take the approach to the physical. E.g. when a pain arises, I ignore it - just as I would detach myself from a negative feeling I have. Or when a physical problem arises, I would correlate it to a limit in consciousness in my being. If I change the limit, the body will react positively. Etc. The process is the same - whether mental, vital, and physical.

Of course, the cessation of dissolution and decay is another matter still, and the Mother attempted this great experiment in the last 15 years of her life. She scolded, even yelled at the cells for reacting in dissolution when they did so. She called in the supramental power to alter their programming. She opened to the Divine Force to overcome the detrimental influence of the pessimistic subconscious, etc. etc.; with the ultimate goal of changing the programming of the cells so they could become immortal.

She succeeded in part, but realized in the end that a new supramental being must somehow spontaneously arise on its own. She suggested once or twice that it could be Sri Aurobindo born into a new body. She also had many visions of this new physical being, and several times became it herself. All physical organs would be replaced with centers of consciousness, there would be a new substance in its makeup, it would be tall, and very svelte without gender, etc. etc. It's all there in the Agenda; too fantastic to believe.

Brahman Consciousness and the Force in Dealing with Negatives

-When a negative occurs in one's life one can have the perspective that everything is the Divine intent, positive or negative. This is the of Brahman consciousness (of the omnipresent Reality); that All serves a purpose. However, the Force can permanently change conditions so that no negative ever appears again along that line. It is Transformational. Perhaps we can call it the Evolving Brahman.

-It is best to have both powers; that of Detachment that sees no negatives, only unfoldings in a divine movement; as well as the Supramental power that permanently changes. This is the essence of Sri Aurobindo and The Mother's approach. To embrace the All, even as we use the transformational power (the same supramental power that evolved the universe) to hasten the evolution into a divine life on earth.

Overcoming the Vibration of Dissolution and Death

Death exists only for cells that accept the vibration, the suggestion of dissolution. It has no reality at all for cells that do not respond to that suggestion.

Death, Mother says, is not the opposite of life. Life is an immortal power. Death is only a habitual way of behaving which life now accepts, but need not accept. The choice and the power lie with the cells of the body. For them knowledge is power. If a cell knows how to do something, it has the power to do it. The chromosome contains the knowledge and the capacity. In matter as in Supermind, knowledge and will are one. So if the cell really understands that it has the choice to live eternally or to die, then it also has the power to choose - to accept the vibration of disintegration or not. When the supramental power is present in the cell, that vibration cannot enter. Death cannot exist for it. (Karmayogi)

Restraining from Criticizing Attracts Positive Conditions

When you restrain yourself from criticizing another's error in judgment, a positive will quickly come your way; often from that same individual.

True-life example: My friend made a mistake. I could have reacted and criticized her, but I didn't. I held it within, even dissolved it emotionally inside me. A moment later, she comes up to me and surprised me with a gift.

Anticipate, Not Predict, Except ...

"Our is not to Predict, but to Anticipate."

In other words, for any matter we can perceive trends from past to present and on to future, while allowing for change.

And yet If one truly knows the laws of life, including life response phenomena, one CAN predict future events. I have done it myself, with increasing frequency. The caveat is that one should be humble, and not let that capacity tickle the Ego.

Religion (of Overmind) Replaced with the Supramental Life

Characteristically the old world, the creation of what Sri Aurobindo calls the Overmind, was an age of the gods, and consequently the age of religions. As I said, the flower of human effort towards what is above it gave rise to innumerable religious forms, to a religion relationship between the noble souls and the invisible world...And now, all these old things seem so old, so out-of-date, so arbitrary --- such a travesty of the real truth. In the supramental creation there will no longer be any religions. The whole life will be the expression, the flowering into forms of the divine. Until manifesting in the world. (The Mother)

Liberation of the Jewish Psyche

I am not inclined to say that the long tradition of the Jews is of spiritual experience, but is rather mostly religious in nature, with perhaps a mystical core of a very few. When the 6 million died in the holocaust, the race in essence shed their old religious superstitions (dogma, ritual, etc.) for that of rational, logical mind, as they believed if there were any God, it had failed them. Now they are great accomplisners in every field, whether in the US, Israel, and elsewhere. Their mind has been freed, and many have taken to intuition, as well as the variety of emerging spiritual teachings.

The Mother being born Jewish could be interpreted as a foreshadowing of a New Life for the Jews.

Now if the remainder of the Jews could shed their physical consciousness that is overly attached to family, security, and faith in material reality alone as some are prone to, the race would truly be liberated.

Americans Valuing Marriage Less, Love More

American society and its values are changing fast, reflecting the increasing freedom of the individual. Marriage itself is a social institution, meaning it can shift in significance as society's values change. In America, marriage is losing its value, even as Love is increasingly cherished.

Conviction through Strength Breeds Success

Conviction that reflects through psychological strength is a great key to success in life. It is knowing what you want, what you truly believe in, and having the inner strength and power to overcome all obstacles to see it through to its achievement.

Happiest People in the World

In a recent poll highlighted in the magazine The Economist, it was revealed that Indonesia and India were the countries with the happiest people in the world. Perhaps it is due to the Spirit that is there in the fiber of their being. Sri Aurobindo says the Spirit, Light is there in the body of the Indian, where it is mostly darkness in the Westerner.

Further Comment: The 10,000-year culture of the Spirit has provided this Light to the Indian, garnering smiling faces, despite great hardship, including poverty. The Westerner is absorbed in mind and technologies; his vital being brittle; and his preoccupation with the material-only stultifying to Spirit. Still the two sides are bound to move closer together, which will be good for everyone.

Spending on Them Breaks Down the Possessiveness of the Ego

The willingness to spend with devotion [on flowers for Sri Aurobindo and The Mother, and large photos of Them, et al] is a powerful mechanism to pry open the selfish possessiveness of the vital physical ego to let in the Grace of Prosperity that the Mother so abundantly showers on devotees. (Garry Jacobs)

Our Creations are Held Within Us, Giving Us a Power Over Them !

Appearances to the contrary, our creations too remain subjectively within our consciousness at all times, even though we are able to perceive only their outer manifestations. That means that we always retain power over that which we project into manifestation and can exercise that power subjectively within ourselves. (Garry Jacobs)

New Creation that Exists Outside and Inside Brahman, the Individual

N. Asokan of MSS raises a question as follows: "With human creators no creativity is possible unless the subjective inspiration is given an outward form. But all this logic disappears when it comes to God's own creation. He can give his subjective creation a full objective form and appearance while still holding it within Himself."

The Reality is both the Unmanifest and the Manifest, in an integral relation, and in one of unity. From our perspective we can say that first Brahman was unmanifest, ineffable, immutable, and then It extended itself to Manifest, mutable form, as creation, the universe. It IS the new. The new Body of Itself. It is the new, extended Reality, Brahman.

Similarly we can say that when I write a poem, it is an extension of myself. It is an objective form of ME. And yet both that object and everything that exists in my current self make up the true Me who I am. It exists simultaneously outside of my "lower self," but Inside my Truer Self and Being.

We can also see this in the creation process of Supermind. Supermind is both a Comprehending entity that conceives of Real Ideas to manifest in life, but through its Apprehending capacity makes these Ideas real in an emerging universe. It is that Totality. First Supermind conceived of Knowledge, Love, Delight, etc. and then made it real by creating a subject-object relation; i.e. the Lover Loves the Beloved, the Knower Knows the Knowledge, the Discover Delights in the Discovery, etc. These are potentialities released in the universe that we human can realize.

(An aside: This makes me wonder how that dual nature of Supermind expresses every moment. And that if by opening to Mother we are making the comprehending potentiality of an Idea in Supermind into an Apprehending manifest real in life. It is a kind of collaboration and alignment with the Grace of the Supramental Creation Power. Again we see that I then become a subjective Creator who manifest an objective reality that is an extension of Me. I then become not just an Individual being, but a Universal one as well, which Sri Aurobindo indicates is our secret purpose and destiny.)

Power of Considering Another's Needs

When you think of another person's needs over your own, unexpected positive developments quickly present themselves, -- often from that other individual.

Ascent and Descent in Conscious Evolution

In the elevation of Mind to spiritual Mind, vital to higher vital life, and physical to higher material response, we see an Ascent and Descent. When I have a deeper, multi-faceted knowledge of a thing, I can then apply it at a lower level.

E.g. normally I have a limited awareness of a matter. But rising to Silence in the Mind and beyond to Intuitions of Knowledge without thought, I garner the deeper truths such as the real cause of one's diabetes or stress. Now that individual can turn it around in the lower vital and physical plane, by garnering the intensity of the Will, and taking to the right emotions and actions there to overcome his illness.

The process of Conscious Evolution can begin anywhere, at any point of one's being, but in Sri Aurobindo's Yoga it is a higher movement of Mind that then descends and purifies the lower plane. Once we have developed a level of awareness (through Mind) we can consciously change the vital and then the physical. The vital is predominantly of the attitudes and emotions, and the physical is of the sensations and the physical substance, in addition to its movements and actions.

The expression "Conscious Evolution" is a synonym for the term "Integral Yoga." It is also a way of indicating that we are consciously improving ourselves, rather than waiting for the exigencies of life to force us to change (i.e. the way of Soul/ Purusha vs. Nature/Prakriti).

Though we can progressively make the mental, then the vital, the finally physical change, there is often a mixture in one's growth or sadhana; a spiraling movement of effort, or an ascending/descending unfolding at these planes.

Sri Karmayogi fortunately gives us daily routines for facilitating Sri Aurobindo's process through practical, powerful methods of non-reaction, self-givingness, standing in another's shoes, etc.

A continuous opening to Her Force greases, facilitates, heightens, and improves life's conditions every step of the way.

Practically speaking in my own life Karmayogi has given me knowledge (mental), which I have then tried to apply to my vital being, down to the physical at the level of action.

It is overall a conscious choice to practice a Conscious Evolution of rising/ascending to knowledge, and then descending into lower planes to facilitate the improvement. It occurs at the level of Progress, Evolution, and Transformation; each a higher formation and densification of the Yogic Change.

It is the process and means by which we change ordinary life into Divine Life.

Relating to Mother From Remembering to Surrender

At what level can we relate to Mother? Constant remembering of Her is sufficient, say hourly, or before undertaking a major activity, etc. E.g. a thought in Her direction, or a feeling of Her inside; or the self-offering of an act. Further still one can have an Aspiration for Her power to come into one's life; to feel one is living for Her, which is at a more advanced level. There is thus a difference between remembering or calling Her, and Surrendering to Her -- to Her Force, Power, Will, and Intention.

Stages of Conscious Evolution and Life Response

The transformation of the material substance, including the physical makeup of the human individual is an advanced stage of Conscious Evolution. Before that we are seeing the purification and perfection of the vital/emotional being including our social interactions; as well as the elevation of our mentality from its surface view of existence to true rational thinking, and above that to intuitive knowledge without thought.

Supramental perception of the All related to any object that is fused to a propensity for that thing to manifest as real; a supramental Life in which one is one with life conditions and others around us, enabling a divine social existence; and the supramentalization of the physical body into a higher form or even a new species are further stages still.

In the meantime consistent opening to the spiritual Force, to the Divine Mother (the act of Consecration) hastens these changes, as it brings in an ultimate, creative Power to instantly shape and transform life - mentally, psychologically, vitally, socially, and physically.

Life response occurs at each point in this upward movement of Conscious Evolution, both inwardly and outwardly.

Parallel Events of Chinese Leader and Sudden Emerging Start Athlete

It is cosmically interesting that just as future Chinese leader, who loves to watch basketball, was in New York for his great meeting with the US president, the phenomenon of Jeremy Lyn, the sudden, completely unexpected basketball star of Chinese origin was taking place for the pro team in that city. These sorts of synchronicities or parallelisms occur all of the time, but are below the radar of normal human consciousness. We can perceive them however if we make the inner effort to look around and see the corresponding links between events unfolding around us near and far. It is but one clue of the integral connection of all things in life, seen and unseen.

The Body is Conscious; It Knows

The physical body has a consciousness. It knows what it wants and what it does not want, and acts/reacts accordingly.

The Mother's Power is Greater Now

It seems likely that the Mother's Power is much greater now than when in Her body. This indicates that little of it goes a long way if we make the sincere effort to call Her into our lives. Another way of saying this is that the Supramental Power has leaned further down on earth and is continuing to saturate life. If we call It/Her into our being - individually or collectively - it will further densify the atmosphere with Her Grace, and dramatically improve the inner and outer conditions.

How Man Can Adopt New Consciousness and Shed the Old

[The question is why Man readily adopts new appliances, technologies, et al; but not so easily new attitudes and behaviors.]

Man is physical, so he will tend to make the physical change, especially when the value is obvious, as in taking to new appliances, technologies, which are easy to adopt. He has not however yet developed the awareness of his own being, including an understanding of the constraints his Vital Ego has over his life. How can he switch to a different Frequency of Being, when he doesn't even recognize the limits of his own lower nature? He does not see that his attitudes, urges, opinions, habits, beliefs, actions are dominated by his lower nature, so where is the scope to change and shed them for something better?

Even our thinking is fully absorbed by our own vital wants and needs; not to mention the physical urges. These are not easily given up, like to a new toy, appliance, or technology.

And yet when we take to Spirit, we detach Mind from its lower physical and vital moorings, our Ego Self, see the world in a new light, perceive the truth of things, and as a result develop

higher values and new energies that enable us to progress. Life then cooperates with our efforts, inwardly and outwardly.

Man is just entering that non-vital influenced stage of mentality; of rational thinking where he can engage in reason and discard that which is harmful for that which is better.

Fortunately there is also the Spirit, the Mother and Her Force to facilitate, speed up that evolutionary process. Through our connection to Her, we develop a deeper awareness of life, and are less impressed with the superficial, the alluring, the foolish, the mistaken, the error-prone that lead to failure and pain. From the poise of spirit, whether in the Depths or surrendering to Her Force, we are more likely to shift to that which is Right and True.

Sri Aurobindo thus tells us to add REJECTION to Aspiration and Surrender; to push aside all that which is false and adopt all that is right until the Mind fully evolves into its higher, spiritual dimensions, and the heart is turned towards something deeper, more meaningful, and harmonic.

Rules for Happy Harmonious Relationships

1. Complaining aggravates the behavior it seeks to cure. Lose the ability to complain.
2. The less you react, the less cause and provocation you will have for reaction.
3. Disengage yourself from every conflict as soon as possible.
4. Give your partner the benefit of the doubt, always, at all times.
5. A touch of patience dissolves disharmonies. Genuine patience comes from knowing oneself.
6. Avoid cynical humor, teasing and sarcasm in the guise of being funny. They are like acid rain that poisons the flowers in a luxuriant rain forest.
7. Never attribute ulterior motives to your partner, even when you feel justified.
8. The capacity to completely forget a problem is the way to overcome it forever. Let go of the grievances of the past without trace.
9. Whenever you are very sure you are right, take your partner's point of view. You will always discover a truth in it that should be honored.
10. Being right and having your way are the triumph for ego, which destroys relationships. Be generous, considerate, loving and self-giving
11. The more you try to improve yourself and the less you try to change your partner, the better your relationship will become.
12. Acknowledge your partner's feelings and perceptions, without judgment or criticism.
13. Undivided personal attention fosters intense affection.
14. Taking 100% responsibility for making the relationship better without expecting anything of your partner is the best way to evoke your partner's fullest cooperation.
15. Learn to cherish the differences between you and your partner.
16. No act is too small or insignificant to serve as a means for expressing affection.
17. Don't take anything for granted. Give full credit to your partner where it is due, even for the smallest happy occurrence.
18. Silent Will is more effective than the spoken word. When you intensely want something from your partner, will for it silently rather than asking in words.
19. Listen to your partner's silences. Respond with understanding, acceptance and affection.
20. Gratitude is a spiritual emotion that brings more of what we feel grateful for. (Garry Jacobs)

Freeing Our Mental, Vital, and Spiritual Parts that Enables Improvement, Success

If our mind is freed from its partial perspective, narrow and confining opinions, belief and sensory impressions and sensory data, compulsions of its reasoning and logic, we will witness an improvement in our mind's accomplishing powers similar to what the body got when it

managed to get its arms free. Likewise if we can free our vital centre from enslavement to desires, from its impulsiveness and from its stubborn insistences, we can see its own productivity rise immensely also. In a similar manner if our soul chooses to shake off its subjections to the mind, vital and body complex and stand on its own strength, we can witness the birth of the spiritual individual whose capacity for accomplishments will be unparalleled in human history. (N. Ashokan, MSS)

Maintaining the Staying Power of Values

Q: While personal, business, and social values are key to success in life, often they become diluted in the course of time to the point that they no longer provide accomplishment power. What to do?

A: Core values have staying power when they are implemented deep into a thing. If a company has several core values it believes in at the top, but it is not implemented in the details, such as in the standard operating procedures, activities, systems, et al, it will have little sustaining power. If it is implemented at these levels, the power released will be great - for the organization, the people in it, and the customer. Even the society is enriched.

E.g. the value of Tolerance needs not only be something management subscribes to in general, but be applied to every phone conversation a staffer has with a customer; to every repeating procedure involving interaction with others.

The same general principle applies to the individual, family etc. The deeper the value is applied, i.e. in the deepest details, the greater the power generated.

Even when applied in these depths, it needs to be implemented with richness, dedication, intensity, and aspiration. Success will follow, and flow from everywhere.

If the values don't maintain, it is only because one (the organization, nation, family, individual) have lost sight of the forest for the trees by unfortunately counting the rewards.

It thus takes constant rededication until it reaches a point where the core values are perfectly implemented, and thus become institutionalized forever.

Levels of Silent Will and Corresponding Life Response Results

Here are three levels of Silent Will in increasing levels of difficulty, but corresponding increasing degrees of life response power:

First level: Don't SPEAK out your thought, which will cause the other person to soon after say it instead.

2nd level: Stop THINKING the thought, causing the other person to speak it out or think it through more deeply.

3rd level: Stop FEELING it, i.e. the urge to say or think, and the other person will embrace the notion enthusiastically, or otherwise vitally and emotionally.

There is also the possibility of further response from life (not just the other person/party) to your physical, mental, and vital effort of restraint of expressing, thinking, feeling an idea or thought.

Beginning Negative Indicating Final Outcome Can Be Consecrated, Dissolving the Karma

A problematic outcome is often indicated at the beginning. It is best therefore to offer the matter to the Spiritual Force when it first occurs (when any negative occurs) to avoid its repetition or the final outcome of that circumstance. The negative karma gets dissolved for that particular thread.

Reactionary Force Can Aid Progress

A reactionary Force can help enhance a higher consciousness development. E.g. the Church by opposing his views helped Copernicus' heliocentric view of the world spread throughout society. In Pride and Prejudice, the reactionary Lady Catherine tried to interfere and block the

relationship between her nephew Mr. Darcy and Eliza Bennet, but instead ended up providing the key information that brought the two together in romance and marriage.

A Thing and Its Opposite Are True

The spiritual individual realizes that anything and its opposite are true.

E.g. I perceive that there are Evil Forces in the world. I oppose it believing it serves no purpose other than destruction. But then I realize that these Evil forces serve a purpose in that they have the effect of binding humanity together in ways that would not have occurred; or the non-evil side realizes their own complicity in creating the evil in the first place; and so forth, which leads me to see the Utility of Evil. In this way, we come to see the truth of a thing and its opposite. This principle can be applied infinitely across all manners of thinking, understanding, etc. It also reinforces the perception of the ultimate truth of the Reality, Brahman, the All, which incorporates all truth in its movement forward -- including each thing and its opposite.

Confluence of Forces, Aspects in a Life Response Incident

Life Response occurs when a confluence of forces meet, and it is in that context that a response can occur. E.g. in a given moment someone takes to a higher attitude relative to the current conditions, which is higher than his normal view, but only occurs because of the intensity of the situation. In addition, there are other forces at play, such as the social atmosphere, the karmic necessity impinging on the individual, the particular law of acts (like repetition) that has come into play; not to mention the Cosmic intent, the interrelationship of particular things in the world that create impacts, etc. These confluences of forces and aspects of Reality come together in a moment, whose effect ripples out across and beyond space and time.

Arrival of Hippies Presage Spiritual Age

The arrival of the Hippies was perhaps the single greatest Glimpse of the future spirit ever given to the mass of humanity. A core of tens of millions and perhaps a widening base of billion on earth turned in this direction. It then suddenly disappeared, and was absorbed in wonderful ways -- giving birth to values-based business management, the personal computer, the Internet, new social values, liberation of women, the New Age movement, etc. etc. Mother indicated it was the Force that had descended on earth (~1965-1974), but whose power could not be held by the recipients.

Resolving Child Conflict through Psychological, Social, and Soul Knowledge Related to the Child

[The issue: dealing with conflicts between two children, and the growth and education of the child.]

When we get at the root of a child's behavior, we will begin to know him. E.g. how he is like his parents, or what he is bitter about, etc. This will help. Deeper still is to know what the child's Soul seeks from this person's growth, which itself can relate to first level. When the teacher, parent, etc. himself goes deep within, he will perceive his own being in terms of the child's being. There he can discover intuitively the way forward for the child and himself. Constant Consecration will forge the link to the Inner Being.

Beyond this is the social context. I addressed this a bit in my comments of the recent film "In A Better World," which similarly involves the (near tragedy of) friendship between a compliant and a manipulative, vengeful child. These forces have a great determining power, and thus also have to be addressed. Bullying, peer pressure, et al are several aspects.

At the deepest of levels, only intense self-offering to the Force can fully and integrally right these conditions - at the personal, local, and even wider collective levels.

The one attitude that is paramount is Taking Responsibility. Each individual can function from that level, and then see what occurs. It tends to forge greater harmony, which releases the necessary energies that attract substantial Progress.

Several Methods of "Concealment" that Evokes Success and Delight in Work, Life

By withdrawing our sense of self in situations, we are not only able to be creative, dynamic, innovative, etc., but attract great success, expressing as intense Enjoyment. Among the methods of concealment are:

- Not broadcasting news impulsively or excessively
- Not initiating outer action unless necessary
- Reduced speaking, including number of words and loudness
- Utilizing Silent Will power
- Modesty, Self-effacement, Humility
- Embracing the work at hand
- Eliminating expectation in the result
- Staying out of Ego
- Silently wishing benefit for others
- Not dominating a discussion
- Listening first
- Not being sarcastic, deprecating
- Being self-giving
- Taking great interest in another's work
- Taking great joy in another's success
- Detachment, Non-reaction to others', life's intensities
- Moving to the depths to be silent Witness of all
- Resting in the divine Mother and Her Force alone

Expressions of the Playful Creator -- in Work, Life through Concealment -- that Elicits Delight !

Playfulness in neither expecting an appreciation for past or reward for the future and living in spontaneity of the moment. This in work reflects as creativity, innovation and developing as psychological strength experiencing the Ananda hitherto inexperienced, which correlates somewhat with idea of divine, Ananda by self concealing.

Excessive cheerful energy can be a playful creator. It is liveliness by self-concealing (our capacity, our skill, our opinions and preferences to come out of our limitations) to experience a new Ananda. (paraphrase of Karmayogi)

Listening and Learning from Everyone

When you learn to Listen, everyone is your Guru. (Ram Das)

All Life Is Yoga

"All Life is Yoga" is the basis of Sri Aurobindo's approach. Life is everything in creation; all aspects of existence. And it is for us to connect those aspects of Life -- mental, vital, and physical -- to something Higher; to lift it up to its greatest possibilities, that is the goal before us.

The Emerging Perception of the Laws of Life Response

In ordinary life we do not perceive the laws of Life Response; though through hard knocks we do often learn certain life lessons. As a result, our inner and outer behavior has now changed, though we still miss the subtle causality behind things. A certain group do however perceive that a certain Law of Karma is in effect, even if its ways remain unclear; or that we somehow do sow what we reap, and so forth. In its lower, trenchant form, it is observed as simply Gods will, and that is all there is to it.

Gradually in this New Age we are coming to realize the subtle connection between things. People speak of synchronicities, psychic experiences, visions, and such. The book and film *The Secret* is a near global phenomenon amongst the New Age intelligentsia and their followers, and has ushered in the beginning of a new knowledge coined the "Power of Attraction."

However the Laws of Subtle Existence as we devotees have come to know it through Life Response phenomena go far beyond that, and have not been grasped by the general public. It is a newly perceived phenomenon for a now more-developed human mind. I.e. it has waited till the current, emerging mental age for its first blossoming.

Garry Jacobs has elegantly explained why it is easier to grasp material laws and difficult for the public to grasp Life Response and its subtle laws. The former has a simple cause and effect dynamic and can easily be perceived by the senses. The latter is far more complex, as it involves all of life, and can only be perceived through a subtle sense.

As we open to Mother on a regular basis, we develop that subtle sense. In tandem with understanding the Life Laws as presented by Sri Karmayogi, we have the entire realm of consciousness at our fingertips. What is then left is our human choice to follow this subtle Life, and use it to uplift ourselves, the people around us, and the world at large. This is the great opportunity placed before us.

In a marvelous statement, Sri Karmayogi reminds us that in effect ALL of Life is Life Response. That alone can turn the heads of thinkers and influencers around the world. Others will then follow.

Life Response living is then a bridge -- perhaps THE bridge -- between our current human existence and a Divine Existence that Sri Aurobindo and the Mother have imagined, laid out for us, and pioneered for the world.

Nothing Succeeds in Negative Atmosphere

Karmayogi indicates that nothing that tries to grow in an atmosphere of disharmony and violence will succeed. (One prime example is the tragedy of Romeo and Juliet.)

Life Response Laws are Unfailing Too

Karmayogi indicates that just like physical laws of life, the laws governing Life Response are equally unfailing.

Perceiving Principles of Life vs. Physical Laws

Why are the laws of life, including Life Response less evident than physical laws? I can think of several reasons:

Simplicity vs. Complexity: Life is infinitely more complex than material life. The laws of science rarely incorporate more than 3 or four variables in the formula. Einstein's famous equation $E=MC^2$ has only variable and a constant speed of light. Whereas any act in life involves countless physical, vital, mental and spiritual variables -- opinions, attitudes, motives, urges, sensations, beliefs, energy, skill, organization, faith, goodwill, sincerity, commitment, decision, external atmosphere, subconscious propensities, past habit, karmic consequences, expectation, aspiration, inner conflict, etc. Therefore, the outcome of the same physical act in similar physical circumstances can vary immensely according to variations in these factors.

Simple Cause and Effect vs. Subtle Causality: Our minds are trained to look for cause and effect, which means in practice a physical explanation for every physical event. In life, the causes are mostly subtle. Even Mr. Bennet can never imagine that his silent decision to repay Mr. Gardiner is the principal reason why three girls are married within a month at no cost to him.

Physically vs. Intangibly Perceived -- The results of physical laws are physical events so they are easily perceived and even measured. The results of life laws are results in life -- they may be material, social, psychological or even spiritual. We can see and understand the result when a lost cell phone returns or money comes, not so easily when someone like Bingley calls Darcy stupid and proposes that he dance with Elizabeth or when Elizabeth hears him call her

tolerable. Darcy does not see the value of what is being offered to him and Elizabeth does not know his insult is the prelude to a marriage proposal. (Garry Jacobs)

Yielding on Money Differences Attracts

If you give an honest person the benefit of a doubt in relation to a money matter, those funds will quickly come back to you from another source in spades.

Power of Seeing the Divine Mother in the Client

If you pretend that you are about to meet the Divine Mother in the person of the client, then what will follow will simply amaze. Recently I did the same, and upon meeting the client, she exuded such tremendous enthusiasm about the glorious series of events that have transpired in the past year that I was left speechless.

Not-Asserting, Yielding To Another Attracts Overwhelming Results

When you come to a crossroads with another about the direction to pursue, and allow the other person to assert their will over yours, stunning positive developments will occur in that work, project, etc. in ways unimaginable. The other day I did the same, and a client on her own immediately came up with a tremendous solution that "accidentally" attracted the complete resolution to a multi-dimensional, intractable problem. It is the power not to assert, but to stand down in silence, which attracts miraculous like results.

Spiritual Approaches for Becoming Calm and Composed

How to find the deeper calm and composure on an ONGOING basis may require a deeper center of Being, which can be aided by constant Consecration. Discovering the Witness consciousness that calmly and silently looks out on life (like Sat on its creation) is a lifelong pursuit of Sadhana. Taking to non-thinking, non-reaction, non-complaining are the "outer" controls, which will be very useful. The inner ones need come from a deeper orientation. Karmayogi indicates that constant consecration will enable this deeper poise (of Concentration). Constantly remembering the Mother is the bridge between all these approaches and realms. This can culminate in the Psychic connection, and attitude of Surrender to Her.

As a result, calm, composure, even bliss will be there far more often. In the status of Silent Witness, we will then be able to accurately relate to and gauge situations, enabling us to take the best actions that attract the best results.

In addition, we may have to develop greater inner strength, or less ego, greater organization, change a virulent attitude, etc. -- depending on the person -- to gain ongoing calm, and prevent wrong reaction to the vicissitudes of life.

Taking Delight in Others' Success Attracts Wealth, Divine Living

Life evolves when form interacts with form; humans with other humans. It happens positively or negatively; i.e. through Nature and its contradictory method or Soul (Purusha) that is higher consciousness.

The best way to interact with others via Soul is through SELF-GIVINGNESS. Taking a deep interest in others' successes and enjoying the joys of others is a prime example; perhaps the apex of Goodness.

Such acts of spiritual Goodness vastly increase the vital and spiritual energies we generate, attracting great benefit back to us like a magnet, at the same, corresponding planes. Since Money/prosperity is an expression of both the vital plane and a spiritual power of the Divine, when we take to the vital/spiritual Heart movement of Goodness, we can attract considerable wealth.

In this way, Money of Light comes to us through acts of goodness, love and affection, bringing great Delight to all parties, while fostering Divine existence.

Growth through Interaction with Others

Through our interactions with others -- positive or negative -- we grow.

Progress through Interaction of Forms

Form interacting with form is the basis of our progress.

Enjoying the Ride through Her

At any moment, open to Her and let Her set up the right conditions, allowing you to "sit back and enjoy the ride."

Speaking Ill of a Person Attracts Negatively

Do not speak ill of any person, lest you suddenly find yourself in an awkward position vis-a-vis your remark.

Seeing Anything in Terms of Physical, Vital, Mental

One essential for following the teachings and worldview of Sri Aurobindo and Karmayogi is to consistently perceive any matter, principle, or thing in terms of each of the three central planes of being - Physical, Vital, and Mental. This will dramatically clarify your understanding.

When Time Goes Fast & Mental Interest

Time going by fast often indicates one's interest in a thing. It is the absorption and preoccupation of the mind unfolding as enjoyment.

True Security

In one sense hankering for Security is of the lower, physical consciousness. True Security is based on Pure Faith. When one can hang by a fingernail at the edge of a mountaintop and smile because of Faith, then one has moved from physical to spiritual Security. We devotees live somewhere in between, hoping for physical, vital, and mental security in various shadings. E.g. vital security is created by the Trust and Faith that all life circumstance we engage in will work out well. It's a psychological state of well-being based on life's cooperation. The Mother's Force enables such Security, as she does all the other kinds.

Naturally physical security comes first - money, house, career, possession etc. It is something humans have hungered for since the dawn of time. Mother will provide these of course. But that surely cannot be enough for Her Life, for Supramental Living. When we stop looking for physical security (even that which She can provide) and instead perform our work to perfection, are self-giving to others, and live for the joy of astonishing moments, then we have the Security of Life; secure that spiritual Magic is always afoot, which is to experience the Ananda of Living.

Gusts of Synchronicities

Synchronicities are now arriving in gusts! At least half a dozen experiences just yesterday. But ONE example: As I drove on the freeway at night after a training session with my client, I was listening to the car radio, and on came an ad for Mercedes. I then looked up and instantly saw that I was passing the most visible Mercedes dealership in Silicon Valley. (Actually as I lifted my head, I felt in my bones something special was going to happen, and it did). Then immediately I looked to the left and there was a Mercedes car moving parallel to me on the highway! At that point, I could have allowed more iterations of this dynamic, but it was getting too intense and I said to myself "Enough, it's too much!" And this was but ONE synchronicity incident I experienced yesterday.

Such intensifying and increasing incidents must be due the growing effect of the Force, the supramental power in the atmosphere. Gusts of parallelisms, life responses, synchronicities, and simultaneities must indicate that a radically new way of living is now at hand. Constant

consecration, effort, self-givingness, et al releases the Power, enabling us to increasingly experience these extraordinary phenomena of life.

Good Fortune Coming Indicating Being in Right Consciousness

When unexpected good fortune comes to you, know that you are doing the right things; are in the right consciousness. Think back from the point of that unanticipated benefit, and you will see the connection.

Sarcasm's Negative Attracting Effects, and Overcoming It

Sarcasm constantly attracts ill-fortune. Positive, non-judgmental attitude the opposite.

Application: The following took place just minutes AFTER I issued the above post: I met a person today who I thought was sarcastic because I thought he mildly criticized something I had done. In a roundabout way I was sarcastically indicating that he was sarcastic. Confusion then reigned for a minute. I caught my slight sarcasm, and became silent in his presence. Life then settled in nicely. In fact, he proceeded to become my most valuable ally amongst all my students in the class I conducted. Giving up the slight sarcasm and silently embracing the conditions without reacting enabled him to be my hero today.

Power to Complete Halted, Incomplete Projects

Karmayogi indicates that if you have to halt an important project to take up something else, there will still be a powerful vibration in the future that will compel you to complete it; and if you do take it up, all of the original intensity and power of it will be there, as if no time had passed.

(This also suggests that we try to complete all unfinished work related to past opportunities, even if 30 years old.)

Anticipating and Making the Future Positive through Subtle Sense and Life Principles

When we have developed the subtle sense from within that is Silent Witness to events, and know well the life principles determining the conditions, we can anticipate certain outcomes, circumstance in the future. If we consecrate, it will work out in our favor. I.e. the future will conform to the spiritual power elicited in the present -- actually the ever-Present; the Eternal Now.

On Spending, Wasting Money

Q: So what does wasting money entail? And what about giving to the poor?

A: Wasting money is where you spend on things that are wholly unnecessary or harmful; or spending too much on a thing when a more reasonable price was available; or overspending compared to your money inflow, etc. It's mostly a common-sense issue.

Issues like giving to a poor person on the street are more complex as they involve several factors, including moral judgment. It also involves the consciousness you bring to bear. Doing things for the sake of self-aggrandizement is certainly a lower value than doing it for their sake. It's the difference between Ego and Goodness/Generosity.

Then there is the "life response" effect. I.e. if you give or spend money and life returns with a negative response, then you know that is not a path to continue on in the future. Likewise, if the response is positive, then it is with continuing. E.g. one man was tight with money. Whenever he overcame this and spent on his spouse, equal or greater sums of cash suddenly came to him from out of nowhere.

Non-Expectation of Silence at Various Levels that Attracts Success

Q: "So basically we must rid ourselves of expectation?"

A: We CAN have an aspiration for achieving a goal. However we should move to Silence to prevent it from failing or dissipating, enabling it to expand to its full, integral achievement.

To do so, minimally do not speak it out or broadcast it to others. Even better, do not think of it in terms of expectation. Best of all is to not feel it that way. In coordination with offering the entire matter, goal, condition, etc. to the spiritual Force, it gathers a vast power for success. Life will respond overwhelmingly in your favor, often very quickly.

Restraining Yourself from Expressing a Benefit Until the Thing is Complete

When a fine benefit comes your way, try to restrain yourself from gleefully speaking it out. That way it will gain power and expand.

Or to put it another way, when you outwardly go on about your benefit, it tends to dissipate or even be cancelled. E.g. braggart athletes can destroy their team's final success through unbridled expression. Or a work on its way to a successful conclusion can attract its ruination by speaking out too soon and much about the current level of success.

Even after the benefit fully comes, it is worth being silent, as it will have carryover power for the next round or the next thing we apply ourselves to.

Evoking the Consciousness of an Object through Our Higher Consciousness

Everything has consciousness: it's just a matter of degree. The higher the consciousness we bring to bear, the more the consciousness of the object, person, thing comes out. Thus if from the depths of my being I connect with Soul of the object such as a machine, it quickly responds. Reality is thus determined by the level of consciousness we bring to bear as viewer and witness, something quantum physics is beginning to, such as a machine, it quickly responds. Reality is thus determined by the level of consciousness we bring to bear as viewer and witness, something quantum physics is beginning to understand.

Consciousness of Perceive Determines Possibilities, Potentials

Spiritual Knowledge and Quantum Physics are beginning to arrive at the same astonishing conclusion: whenever greater consciousness is brought to bear by the perceiver, the more Possibilities and Potentials arise for that which is perceived.

Spirit and Making the Abstract Concrete

One of the great powers of the Spirit is its capacity to rapidly make the abstract the concrete. Further Explanation: By evoking the Spirit, an idea (the abstract) quickly becomes a living reality (the concrete). If e.g. I want to create a new service, have the inner focus and intention to do so, and call in the spiritual Force, it tends to rapidly move to fruition. This mirrors the process by which Real Ideas of an Infinite Consciousness emerged in the universe as forces and material forms, culminating in us.

Non-Wastage of Money Attracts

As soon you restrain yourself from wasting money, even the smallest amount, more of it comes to you. This applies to any resource, whether in short supply or not.

Taste of Ignorance

People enjoy the sound and expression of their own Ignorance. Karmayogi calls it "Taste of Ignorance."

Daily Opportunities for Personal Growth

Every day provides fresh new challenges -- even difficulties -- that are secretly opportunities for further personal growth.

(I had this thought as I was going through some problematic moments in work. I perceived that dealing with my reaction, attitude, etc. was more important than the actual problem that was occurring. Thus, when we do the higher consciousness thing in that moment -- whether

not reacting so vehemently, being patient, etc. -- it is truly a rewarding experience, affording us an opportunity for personal growth, despite the difficulty and pressure.)

Life is to Become More Conscious

The point of Life is to continuously become more Conscious.

Perspective of Things from Various Planes of Mind

The explanation and evaluation of a thing, matter, or phenomenon depends on the consciousness/plane of experience of the viewer. The Spiritual tradition of India has known this for thousands of years, while Science is just coming to realize it.

Thus from the plane of Brahman, the All, everything simply exists; each thing is necessary, including positive and negative, right and wrong, small and large, etc., transcending normal human conception.

From the plane of Mind, life divides into opposites. It sees only sides; or parts; especially from the perspective of the surface sense mind. Even rational Mind struggles to see all sides of an issue. Intuition succeeds where mind does not. Supermind exceeds all, and perceives through Brahman consciousness, embracing the integral all.

Practical application: One arrives on the scene of an apparent crime. Sense mind judges the situation from the physical facts it sees, which prove to be woefully faulty. Rational mind stops to think about the possibilities, but is still limited to its emotional and mental biases. Intuition knows directly certain truths without thinking, but not the totality. Supermind knows all aspects, and their integral relation. It even sees the benefits of the tragedy on the way to future greater benefits. It is the view of the All, Brahman, the Reality. The latter view is to have a stupendous advantage in life, and is the direction humanity is likely headed in its evolution. Opening to the spiritual Force, the Mother Power on a regular basis facilitates this dynamic. Already a core group of individuals are having powerful experiences in this area, opening the door for others.

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Ideal Political System !

Politics concerns the organization and expression of power as law and governance. Politics concerns the governance of both individual, the community and humanity as a whole. For the individual perspective, the ideal political system is one which accords the ultimate freedom to each individual to develop and express its uniqueness and evolve in consciousness to discover more and more of the Truth of its Being, while ensuring the harmony of the collective in a manner that protects the right of every other individual to the same freedom. Society is not merely a collection of individuals. It is a collective being with its own soul and destiny, itself a portion of a larger whole which is the human collective. Therefore from the perspective of the collective, the ideal system would be one which accords the ultimate freedom to the community to develop and express its uniqueness and evolve to discover the Truth of its being, which ensuring the harmony of the community with the whole of humanity which is also divine. Individual, community (nation), humanity are three expressions of one Reality which is striving to manifest in form and express itself in manifestation. Freedom, harmony and unity may be termed the attributes of perfection for a political system. (Garry Jacobs)

Consciousness of Perceiver Determines the Possibilities and Potentials of the Perceived

Spiritual Knowledge and Quantum Physics are beginning to arrive at the same astonishing conclusion: whenever greater consciousness is brought to bear by the perceiver, the more Possibilities and Potentials arise for that which is perceived.

Requirements for Seeing Mother

To see the Mother visually within or outside ourselves requires a great aspiration; a great intensity; and an inner silence.

God Has Extended Itself into Creation

God has taken on all new forms of Itself in Creation: as Matter, Life, Mind, and Beyond.

Problems of the World and Ego

Most of the problems of the world are due to the separative influence of the human Ego. (Thus all such issues can be resolved through expressions of their opposite, which is Harmony.)

Following Life's Movements Forward

Life keeps moving Forward. It has its Evolutionary Intention. We must learn to keep up with it, understand it, embrace it, let it carry us forward into an ever-more Extraordinary Future.

Asserting Our Part Knowledge Rooted in Ignorance

We enjoy and assert our very partial knowledge of a matter, which is the Ignorance of our exclusive mind.

Power of Personal Values

Perhaps the single key that can energize you to the heights of achievement are your Personal Values. They are the ideals and principles you truly believe in. If you apply personal values to the goals you aim to achieve, you will be securely placed on the road to great success.

Resolving Divisive Issues in Society through Supramental Power into a Higher Harmony

When divisive societal issues arise, the human mind wants to take hard sides. And though the truth may lie more on one side than the other, even the "right" side will be blocking its outlook by not perceiving the truths of the other. Sri Aurobindo says the Mind is exclusive, knowing the part, avoiding the Whole. However, Supermind, Truth Consciousness embraces the Whole, the multiplicities of truths and the essence, which is beyond both sides. It also has a peculiar and astonishing power inbuilt in it that tends to spontaneously manifest that Resolution Truth as a Living Reality in the world. Thus, one who rises above exclusive Mind to integrally-intuitive Supermind and perceives issues this way becomes the instantaneous creator of the Resolution of the contradiction of the two sides into the Higher Harmony, which also suddenly and spontaneously manifest as real entity -- policy, program, institution, etc. - in the world. It is the ultimate Process of Creation available to us that is the same Process that evolved a universe from a Divine Source. It all begins by Taking the Other Person's Point of View.

AW: Eventually the solution is in complete transcendence of "any two sides."

Comment: Yes, it's the Higher Harmony beyond opposites.

Misfortunes as Harbingers of Higher Accomplishment !

Our lives are filled with apparent misfortunes that announce future accomplishment at a higher level. (Garry Jacobs)

Overcoming Impossible-like Situations with the Corresponding Right Inner Approach

Whatever be the impossible situation, there is a corresponding spiritual approach that will deliver the expected result.

A person with huge debts has to free himself or herself from the mind-set that led to that huge debt burden. If that major step is taken, half the problem is over. Estranged husbands and wives have only to appreciate the other person's point of view and give up their insistence on their own point of view and the resulting harmony can bring about a reunion. Those who want to see a huge increase in their income have only to practise all those values that appeals to money such as hard work, intelligent effort, perfect execution, up-to-date accounts, self-giving and enormous goodwill etc. to make that money move towards them. Persons who dream of owning a nice house have only to promise the Mother that if she gives them the house they are thinking of, they will maintain that house in a way that is pleasing to Her in terms of cleanliness and order and if they are sincere in their promise they can see funds for that house moving towards them. (N. Ashokan for MSS)

Inner Causes of Serious Illnesses !

Incurable illnesses will have corresponding rigid attitudes in the afflicted person. Greed is connected with cancer according to Mother. Insecurity is connected with diabetics, B.P and ulcer and persistent loose motions etc. Migraine is associated with a strong streak of falsehood in the personality according to Mother.

If the underlying psychological factor such as greed, insecurity and falsehood are given up, what seemed impossible to cure will start retreating. (N. Ashokan for MSS)

Staggering Results by Overcoming Repetition through the Mother's Force

Life repeats, and we have to avoid the negative repetition. It is happening in the small eddies of our recent lives; and across the span of our entire life. If we see the negative repetition pattern (as in the case of the photographs taken by one individual of great spiritual individuals who then each died), and consecrate the fact, staggering positive developments can be unleashed. E.g., recently I called Mother into a situation where in my annual lunches with a friend he was always late. As a result, for the first time in 30 years, he was early and I was slightly late (which I rarely am). Also, he then narrated recent events that have resulted in the altering of the course of his life that could send him to a new career expressing his deepest aspirations in life. That is the Life response power of evoking Her into negative repeating conditions for ourselves and others.

Mother Responds to Devotees Highest Aspiration

Often, the Mother responded not to the expressed prayer but to the highest aspiration of the devotee, which was unspoken, and, perhaps, a wish the follower was not even fully aware of. An Example: 35 years ago, I came to the East West Center in Los Angeles -- founded by a devotee who was missioned by the Mother to open Their teachings to America -- looking to continue my connection to Sri Aurobindo and the Mother at a philosophical and spiritual level. Instead I met someone there who connected me to Garry's company nearby which ushered me into a career where I was able to apply Their and Karmayogi's teachings into the details of my work life. It is an example of where I prayed for one thing, but instead the Mother responded and provided an answer to my highest Aspiration, which was secretly to meld the realm of Spirit to Work, which I have done ever since.

Lower Ego, Not Self-Givingness and Harmony Dominate Our Day

A large part of what we do in the course of the day placates our lower Ego. Ordinarily only small bits are done through self-givingness and harmonic consciousness.

The Mother Indicates Silence in a Dream

Last night I dreamt that I was sleeping, then awoke, and saw the Mother sitting on the edge of my bed gazing out silently without looking at me or saying a word. I understood it was her instruction to remain still in verbal expression, in thought, and in emotion, which would establish the conditions for things to work out best.

Guaranteed Pathway to Success through Spirit and Right Consciousness

Rather than merely asking for an important result through the Spirit, take to the Right Consciousness that will attract such outcomes. It will be different for each person in each circumstance. Knowing what that is -- whether right attitude, belief, decision, etc. -- and then acting on it is a guaranteed Pathway to Success.

Our Unique Experience on Earth that Enables a Richer, More Integral Evolution

The Divine enabled a universe of infinite variety and multiplicity of forms so each could have a unique experience, thereby progressing in a particular way and leading to a richer, more integral evolution on earth, while still knowing the Delight of being in that Discovery in an inimitable, dynamic way.

Silence at Various Planes Regarding a Matter Attracts Its Integral Fulfillment

Withholding verbal expression, mental thought, vital feeling, and physical action in relationship to a matter - such as an opportunity presenting itself, or the undertaking of project, - will raise the Consciousness and therefore the Energy related to it, which will attract its Integral Fulfillment.

Focusing Your Interest on Something Quickly Attracts More of It

As you develop the subtle sense, you will notice that the more you focus your interest on a matter - e.g. on a particular song, an artist, a program, an idea or concept - the more of it you will quickly attract from out of nowhere. This is so common a phenomenon that one might consider it the first indicator of a subtly conscious and aware individual.

Subtle Consecration !

Subtle consecration is to consecrate the subtle aspects of an act or event. The physical aspects include the actual chain of events, words spoken, circumstances, setting, time, facts, etc. The subtle aspects include thoughts, opinions, attitudes, feelings, impulses, urges, sensations, atmosphere, and even subconscious propensities, e.g. in *Pride and Prejudice*, Eliza's attraction or attachment to Wickham. We might say the Mr. Bennet's decision to repay Mr. Gardiner is almost the equivalent of a subtle consecration of the money spent on Lydia's marriage. The deeper we go inside, the more we move from the gross to the subtle. The less we depend on or give sanction to external circumstances and shift to faith, the more subtle. The more we give up faith in our understanding, procedures, minimum required time for an act, external requirements, the more we shift from gross to subtle. The more we realize that nothing is fixed, limited, finite, all is a frontal expression of the infinite, the more we move to the subtle. (Garry Jacobs)

Education and Tolerance of Opinion

The highest result of Education is tolerance to others opinion. (Helen Keller)

The Act Repeats

Every time it is used the rubber stamp faithfully repeats its original words. The *ACT* is a structure very much like the composed words in the press or on the rubber stamp. It can only repeat. It can repeat only when the occasion arises. A rubber stamp does not reproduce its

words unless someone cares to use it. *The act is the form - rupa - of the swabhava*. It varies its details to suit the changed circumstances but the character of the act remains. A student was selected for his professional course. He left his place the day before. There was one train in one day. It was over-crowded. He decided to jump into an upper-class compartment though the door was locked. It is then he remembered that twelve years earlier when he went to his interview to join the university there was such a crowd before the Vice-Chancellor's Office that he gained entry along with a dozen others bribing the peon with one rupee through a window.

Someone writing about Kashmir on how Pakistan sent her raiders into Kashmir said the tribals came from the very place from where Mohammed Ghazni famed for his tenacity raided 17 times. *The Act repeats*. One can multiply instances from one's own life but what is the use of this knowledge. Knowledge is valuable by itself. It is worth knowing something. Of course knowledge becomes power when it is usable. *The very fact one knows this rule relaxes the power of previous acts to repeat*. When he is determined to overcome the nature of this physicality and get rid of this power of repetition, this knowledge helps.

Buying the very first property in his career, someone paid Rs. 5850/- for a property which had no bidders when auctioned for 1200/- because he wanted a property unencumbered. Eight years later this act exactly repeated its character when he bought a second property. He was alerted. Five years later when he bought his biggest property, no trace of earlier debts was there. His knowledge helped him to overcome the irresistible power of repetition of an act. Not only acts repeat. Names also repeat. The character of the act - rasi - repeats. Occasionally the exact spot repeats; the fixed hour repeats. *Repetition is the character of physicality. The earlier one gets rid of it the better.* (Karmayogi)

Repetition that is Physicality that Should Be Ridded

Repetition is the character of physicality. The earlier one gets rid of it the better. (Karmayogi)

Deeper Poise Avoids Judging, Perceives the True Truth

Q: How can we avoid judging things, especially through what we perceive through our Senses?

A: Move to a deeper center within yourself. Then you will be less inclined to judge by what your eyes see; more inclined to observe, consider the situation; more willing to wait until you come to a many-sided understanding, enabling you to arrive at the truer Truth of things.

Constant Error of Judgment of Sense Mind

We are constantly making errors in judgment based on the sense information we perceive, especially what we see. E.g., I gaze over to my friend, and notice she is eating a sandwich I just brought her from the store. I also notice an empty bowl next to her, and conclude that she had already eaten just a few minutes before. I then exclaim, "You have had two dinners!" She replies this is not true at all. It is obvious I have misjudged the situation. We do this countless times; by my estimation at least several dozen per week. It's the error-prone tendency of the surface, Sense Mind, which allows little scope to logically grasp the situation. As a result our judgment is constantly faulty in small and large matters.

Non-Assertion, Initiative Outwardly; Non-Reaction/Silent Will Inwardly Attracts

Normally we waste our energy and consciousness by activating the ego and reacting against others. Each outer egoistic initiative can be best understood as a squandering of spiritual prosperity. That is why non-initiative and Silent Will are so powerful. When we neither assert outwardly nor react inwardly, our energies collect deep inside as a rich reservoir that attracts the outer life, including money and the cooperation of life events. When those energies are very quiet, calm, joyous and directed in silent self-giving, Life moves toward us. (Garry Jacobs)

Impersonal Love of the Divine vs. Relating to the Divinity in Others !

We usually think of Divine Love as love of the transcendent Divine. That is an impersonal and for most people a mental conception that does not fully release our emotions. Mother says Divine Love is fulfilled when we become conscious of the psychic or Individual Divine in other people and relate to them from our deepest psychic center. It is extremely personal yet free of the possessiveness, attachment, turbulence, egoism and lower emotions of human relationship. Its principle expression is joyous self-giving without any demands or expectations. (Garry Jacobs)

Overcoming the Struggles of Life through the Supramental Power

Normal life is struggle. It is the way of Nature (called Prakriti in Sanskrit). But opening to and benefitting from the spiritual Force overcomes struggle; as well as past and future karmas; as well as space-time limits, the limits of the finite before us, limits of understanding and knowledge, limits of power, etc.

Opening to this supramental power, the Divine Mother overcomes all of these, as life's struggles fall by the wayside.

The only "struggle" is the degree to which we make the effort to substitute "That" for our own ego selves. The more we do, the more our limited self evolves into Self - Individual, Universal, and Transcendent $\frac{1}{2}$ causing us to live a very different sort of existence; far beyond the normal life of travail, stress, and struggles.

The Higher Divine Maya Principle Where Each Thing Created is Related to the Whole

In one view of the notion of "Illusionism," individual separate objects are said to not exist, and the only thing real is the Whole from which they are part. When humans are attached to the individual object, they are said to under the delusion of illusion ("Maya" in Sanskrit). Sri Aurobindo calls this attachment to the separate objects the "Lower Maya."

But that is not the entire story, for he says that the separate objects indeed DO exist, but we miss the integral relationship of each part, thing to the Totality of which they are a part. He indicates that this "Higher Divine Maya" is in fact the very principle behind the process of creation of a universe from a divine source. As each object is created originally, the intention is for each thing to have an integral relationship with the whole of which it is a part, as well as all other aspects of the whole. In this way, life divides into parts, yet retains a profound relationship to the One; to the integral truth and harmony of being. This is in fact how the supramental truth consciousness develops the forces and forms of creation.

The problem is that we humans miss the whole as we look at each thing as a separate object divorced from the other items of which it is related, and the Whole of which it is a part. Fully "absorbed" in that limitation, we are lost in ignorance. But it is not an illusion; but rather a lack of Integral Knowledge.

Sri Aurobindo says however that when we rise to supramental Truth Consciousness, we see each thing, matter, person, idea, force, circumstance, etc. in relationship to the Whole, which gives us a true view of the Reality. It is to have the View of the Infinite Creator who devised and manifest a universe of infinitely diverse forms for the purpose of infinite Delight when they each discover their higher nature. As a result, our essential Ignorance born of creation falls by the wayside, and is replaced by Integral Knowledge of the Truth of existence.

Full Effort Plus Detaching from Problem Attracts Powerfully

I have seen this dynamic -- making the full effort along with withdrawing bother or concern in a particular area -- dozens of times in my work over the years. That full effort along with the forgetting of the bother solves problems (including that which bothered), attracts money, and (most enjoyably) opens up other unexpected types of new work/projects.

On Freedom

Freedom of all sorts is necessary to allow the full Play of Life; the full unfolding of all possibilities on the way from Unconsciousness to Consciousness in a myriad of formations.

Naturally misuse, abuse of freedom is included at one end; with the other that people have little freedom to begin with, or don't subscribe to their ultimate freedom, including the ability to determine their own lives and discover their True Self within.

Connecting to the Mother, we widen the scope from the finite to Infinite Freedom: to accomplish, to do, to experience, to evolve, etc. -- but always on the self-existent (n dark shadow) Good side.

How One Can Spontaneously Apply the Right Spiritual Principle to Meet the Conditions of Life

How to *spontaneously* take to the right consciousness -- such as to inner silence or opening to the spiritual Force -- rather than having to remind ourselves, which is unreliable, is the issue at hand.

I believe these Silence and Right Reaction capacities *can* rise spontaneously from one's Being within. But that is the final leg of a journey of knowledge that has moved from the level of an idea (Conception) to an experience of it (Perception) to the spontaneous expression of the body to apply it (Realization).

Assuming we have the knowledge of the principle (Conception), it will be reinforced in our being through constant experience of it. Yet even there (at the level of experience/perception) one must also remind ourselves to apply the principle to meet the situation.

However, when these experiences become *continuous* and thus quite familiar, the principle in us moves to Realization, which is the spontaneous right action of the being (Silence, et al) to the conditions of life. In other words, we spontaneously apply the right principle, which leads to right action and outcomes.

Is there then a way to facilitate this process? I believe there is. It is to create an ongoing Inner Orientation and Poise in our lives. Living in the depths enables more of the spontaneous right reaction of the being in such situations. From the deepest parts, we are sensitive to what is happening around us and therefore can spontaneously apply the right principle to meet life, as in the case of taking to the right attitude, being silent, et al.

Yet to establish the deepest depths in the first place, it is best to engage in constant consecration. That helps establish over time a deeper poise within, and hence the capacity to spontaneously apply the right principle to the current conditions.

Also from these depths, the mind expands to have intuitions of the knowledge of things, which enables us to perceive what to do in any situation.

As a result, you now have the positive influences of the subliminal and soul being percolating from below, and intuitions of right knowledge and actions descending into the Mind from Above.

Scientific Phenomena and Human Life Are Affected by the Consciousness of the Perceiver

Mr. Garry Jacobs submitted a short paper to my father Sri Karmayogi wherein he wrote that subatomic particles are very sensitive to human observation and that when they know that they are being observed they change their usual functioning and act according to the expectation of the human observers. He says that subatomic particles move so fast that literally they are present everywhere in their field of movement. Yet humans expect to see them at some particular point. So when a physicist looks for them at some particular location, he does find them there which only confirm his own expectation. This he says is a fundamental principle of quantum Physics. *That is subatomic particles match their functioning to human expectation.*

He goes on to say that in human life also a similar phenomenon occurs and we end up seeing or witnessing what we want to see or think is happening. In other words if we think that our life is going to take a downturn or suffer a setback, it will happen simply because we are thinking like that. In his paper he says that this is precisely what happened with the U.S economy. It was witnessing a big boom. At some point bankers and economists started fearing that it is going to crash and that the boom will turn into a bubble that will burst. Once suspicion

and fear set in at one point, it quickly turned into a panic and very rapidly the boom turned into a bubble that burst and remains so for 3 or 4 years resisting all efforts to normalise the economy.

Mr. Garry Jacobs says there is no difference between the behaviour of subatomic particles and the behaviour of economic forces. Both are only responding to human wishes and expectations. The book *The Secret* says, "*We are the makers of our own world*". Mr. Garry Jacobs is coming up with evidence that it is very much so both positively and negatively. If we visualise troubles and anticipate problems that very anticipation brings about the problem. If on the other hand we visualise opportunities and anticipate progress and accomplishment, the same will materialise in our life also. How much truth there is in this parallel between subatomic physics and life response has to be explored further and verified. (N. Asokan, MSS)

Hippies Avoided Revolution, and Brought Evolution Instead

Revolution was avoided in America and elsewhere in the 1960s and 70s because the Hippies arrived on the scene. Their creative and unusual ways absorbed the intense revolutionary energies that were fermenting in the world in opposition to reactionary forces. As a result, there was Evolution instead.

Life's Secret Method of Progress: Divine Maya, Real Idea !

When there is progress in life, it is the result of Real Ideas manifesting through the power of Divine Maya.

Explanation: As Sri Aurobindo has identified it in 'The Life Divine,' Divine Maya is the power that divides things into an infinite multiplicity of forms and forces, while each retains a connection and unity to all others, the Whole.

In *Pride and Prejudice* we see how various circumstance are created that enabled a great progress for many individuals and aspects of society in the story. Yet the progress of each was dependent on the progress of each of the others they were related to, indicating the Divine Maya power that creates multiplicity of forms that are interrelated in their growth and ascent.

What was the progress to be created? It was determined by the Real Ideas of the Infinite Divine, such as the compulsion towards greater Harmony, Goodness, Truth, etc. in life, including variations and subsets of these, which is what occurred in the story. They all progressed, did so together, and in a multiplicity of ways that depended on their relations with one another.

Thus we see how the consciousness-raising Real Ideas of the Infinite Divine seek to manifest in life, and do so through the dividing, yet integral relating Divine Maya power. This is the essential method of progress, evolution, and transformation in the cosmos.

[PS: This information could provide science and the world with more of the essentials of a "Theory of Everything," including how the universe came to be, its process of unfolding, where it is headed, etc.]

Humiliation and Evolution

The Mother indicates that the route to evolution and spiritual glory lies through humiliation. How can we take this?

Humiliation can come to an individual as a result of his Ego movements, but also NOT because of it. E.g. A nation can be conquered and he and his family may suffer. It may not be due to his ego alone, but to wider events of the collective, whether induced by a wider ego or a wider social incapacity (e.g. weakness, ignorance, backwardness, etc.). Then there are karmic forces. (Even in these wider and temporal realms one can perceive a subtle relation to a limitation of the individual's being.)

Yet in normal and to some degree spiritual life Humiliation DOES touch the Ego as a RESULT. Whether it was evoked through the individual, collective ego, or some other limiting capacity, or past karmas, what comes as stings and pains the being -- i.e. Humiliation -- does touch

the raw Vital Ego. And yet from that experience one LEARNS. From all of life's pains, whether self-induced or not, one Learns if one has a propensity to do so.

I also believe that Mother is not indicating that ALL progress occurs through humiliation, but those who do progress WILL go through Humiliation of various sorts. E.g. it has been interesting to me that those who truly know a thing -- whether a principle, insight, deep truth -- tend to experience the dark, hurtful, ego-piercing side of it. In this way, they are afforded to become integral masters of that Truth.

And yet even Humiliation (as a result) is not inevitable if one comes to the Supramental Truth Consciousness, opens to Her Force -- as progress there unfolds from Truth to Truth, and Self-existent (only positive) Real Manifestation to the Next. Plus one is in the Right Consciousness to receive whatever comes our way through that Power.

From Mental Fog to Knowledge through Consecration

Consecration removes "mental fog". When struggling to grasp a concept, taking a moment to call for the Divine results in a rapid and complete understanding of the issue and how it can be applied. The quality of the knowledge thus acquired has a type of freshness and one is invested with a spontaneous joy. (NR)

Comment: The spiritual Force invoked clears out obstacle forces, creates stillness in the atmosphere, enabling the clear light of Truth to descend into one's mind. That is the power of Consecration to turn haziness into clarity.

Life Immediately Challenges the Truth of What You Have Espoused !

When an individual comes forward and makes a bold statement about some truth he believes to be true, life has a funny way of immediately creating conditions where he is compelled to prove the veracity of his statement. E.g. one man I observed subscribed to a noble ideal about the heroism of an historical character, when life then suddenly challenged him to be heroic in a similar manner! It is a remarkable principle of life.

Problems and Faith

All problems are opportunities to increase Faith.

Enjoying Another's Joy Personifies Goodness that Is Spiritual

K, you're statement about the joy you receive from others' experience of your service is inspiring. I hope others see the power of that attitude in whatever field they are in. Taking pleasure in another's joy is one sure sign of Goodness, which is itself a great spiritual quality.

Changing Negative Qualities to their Positive Counterpart

Change Hatred into harmony;

Jealousy into generosity;

Ignorance into knowledge;

Darkness into light;

Falsehood into truth;

Wickedness into goodness;

War into peace;

Fear into fearlessness;

Uncertainty into certainty;

Doubt into faith;

Confusion into order;

Defeat into victory. (The Mother)

How the Dark Side Compels the Light Out of their Limitations

The Dark side in any conflict compels the side of "Light" to elevate its consciousness beyond its current limited status of ego, disorganization, insincerity, disharmony, etc., to their opposite.

E.g. Fascism in Germany that was at the root of tens of millions of deaths during WWII compelled Europe to abandon the tendency of its individual nations to be isolated from one another, to assert their individuality as ego instead of collaborating, to give up their selfishness that led to financial ruin in the Great Depression that destabilized Germany, to realize the foolishness of sending the Nazis arms before the war, etc. In this way the Dark side compelled the side of "Light" to elevate their consciousness beyond their current limitations. We can see this phenomenon at work in our own society, in the collectives we are part of, in the way we interact with others, in circumstance we encounter, even in the very fiber of our being.

The Highest Aspiration for a Romantic Relationship

The best way to approach the potential of love with a partner is to conceive of it at the highest level of consciousness and connection you can imagine. As a result, you will tend to attract that person, and the relationship will tend to be long-lasting and soul connecting. !

Asserting in Romantic Relationship

Don't try to assert and dominate in a romantic relationship. It will diminish the connection. !

Non-Insisting is Silent Will that Deepens the Romantic Relationship !

Rather than insist on what you want in a romantic relationship, withhold it, which is a form of Silent Will, which will have the effect of raising the level of harmony and depth in the relationship, while potentially evoking other response from life. It in effect raises things from the lower vital ego plane to the mental or spiritual.

Complete Divine Faith and Embracing the Future !

Its only when we have complete faith in the Divine that we no longer are afraid of the future. (Salona Surjoo)

Pushing Aside Fear of Doing that Attracts Very Positive Results

You worry about what's going to happen, but then it (normally) turns out quite alright. In another instance, you feel it is impossible to do a thing. But then you do it, and it works out fine. In that way, they share that same fear element that should normally be cast aside. In fact, most of our great accomplishments in life occur by pushing away that fear element and carrying out that which life has put before you.

Supramental Power that Overcome Negative Possibilities by Creating New Positive Ones

There is a plane where there are all the possibilities, and on that level, as there are all the possibilities, there is the possibility also of changing these possibilities. If a catastrophe is foreseen in that plane, one can have the power of preventing it also. In other cases, even though one is forewarned, one has no action upon the event. And yet there, it depends on the level from where one sees. (The Mother)

Comment: Right consciousness and right use of the Spiritual Force can together create new possibilities, as Mother indicated. That includes overcoming the current possibilities, including impending disaster or any negative karmas that have accumulated from coming to fruition. I have had this experience any number of times, including at the wider level of the collective. Opening to the spiritual Force (consecration) activates the Supramental Power that creates these new positive conditions. It is the same force, power, and knowledge that created the universe from a Divine Source.

An Act of Goodness Turns Family Disharmony into Harmony !

If there is general family disharmony and discord, one small act of goodness or goodwill towards one's immediate contact in that collective can quickly set in motion an unexpected chain of events that lead to an atmosphere of deep harmony and oneness.

Harm of Idle Chatter Expressed through Opinions before an Important Work

If before an important work you intensely engage in idle chatter, such as concerning politics or other issues of the day, the activity for which you have gathered will tend to be negatively impacted if not spoiled, often by the very person you expressed your fervent opinions to at the outset.

From Insisting on What You Want to Self-Givingness in Romance !

According to Sri Karmayogi, the key to Romance is to give. Insisting on what one wants is the opposite of that. If one gives to the partner, embracing their truths, then truer Love is indicated. If not, then the love is held captive by one's own egotistic need, despite one's feelings of adoration.

A principle that applies here is that when one stops insisting on a thing, that which one wants in the first place comes to be; or something even better occurs. This reflects the phenomenon of "life response," that the outer life reflects our consciousness within, particularly our positive or negative attitudes.

Thus if one removes one's thought of insistence from one's mind, let alone the emotional intensity and need of it (which absolutely must go in a Love situation), positive outcomes will suddenly arise, including the further blossoming of feelings toward one another.

Marriage is Occasion for Self-Givingness, Not Self-Aggrandism, Demands

Marriage is an occasion for sacrifice, not for negotiation. The other person is to be pleased. It is an occasion for self-giving not self-aggrandism. Try to take the partner's point of view, please the partner on their own terms. Begin life in love of the partner. Do not demand anything. Otherwise one is in marriage market making his demands of the other. (Karmayogi)

Power of Taking Another's Point of View !

Taking Another's Point of View moves one from opinion, preference, and insistence to the many-sided truth of things. It is a Supramental Act.

Are Emotions Helpful or Harmful?

An intense emotion that aims for a higher purpose is useful. E.g. one is in desperate financial straits and intensely wishes to rise out of it, tends to attract benefit. Or one feels intense contrition for the wrong one has done in the past, tends to move life dramatically in your favor. Or you intensely wish for a better humanity, even a divine life on earth, and there are sudden positive developments in your life or that of the collective or society around you.

On the other hand, intense emotions like hate, anger, fear, hurt, disappointment, and jealousy attract negative results from life; often reinforcing the negative life conditions one has reacted to in the first place. Feelings of desire, want, demand, et al can attract results, but they can often be short-lived, causing pain and disappointment, which are negative feelings.

Then there is the practice of equality of being, of not reacting to the intensities of life. This is in essence a non-emotion in the face of others' or life's emotions. Taking to such "non-reaction" tends to attract positive conditions from our surroundings. If e.g. a spouse goes on an emotional rampage, and you do not react, positive conditions can come your way in its wake. It is the silence of one's vital being that attracts the positive (as does the silence of the mind (non-thinking) and the non-movement of the body when it is compelled to move through impulsive action).

Democracy and Non-Entity Leaders

Democracy is an occasion for non-entities to be trained as national leaders at the expense of the nation. (Karmayogi)

Consecration and Supramental Consciousness

By consecration you step into Supramental consciousness. (Karmayogi) !

Supermind Perceives the Integral Reality, Brahman !

Only an integral consciousness, i.e. Supermind, can truly perceive the integral Reality of things, Brahman.

Further comment: E.g. from Supermind we readily perceive how any particular thing that comes to our attention is related to many other things. Or we see how the smallest thing is as important as the largest, and how they interrelate. Or how EVERY detail of life serves a purpose: that nothing is to be excluded. Through intuition, overmind (universal consciousness), and (best) Supramental Truth Consciousness we are able to see these relations, and therefore perceive the Reality (Brahman) for what it truly is.

Wanting in Normal Life vs. Knowing What to Want in Spiritual Life

In normal life, we want something, we struggle to get it, and perhaps do achieve it. In spiritual life, we just suddenly Know something, which becomes our "want and desire," and conditions around it enable it to happen with little or no effort on our part. This is the Life of the future.

Further comment: By "Knowing" I mean direct knowledge that comes from the universal field without thought, as in Intuition. When you consecrate a lot, intuition occurs more and more frequently. Also, non-thinking helps in this regard, enabling sudden descents of Knowledge in a now more Silent Mind.

Negatives India/Indians Can Overcome to Spur Unification

Some things India can work on overcoming (as a people and individually) that could spur federation or unification:

- Dependence
- Dishonesty
- Poverty
- Religious Ritual
- Laziness
- Lack of thinking
- Weakness
- Inability to use its spiritual values, resources
- Wildly mimicking the West
- Inability to value knowledge, education
- Disorganization
- Blaming others
- Lack of Individuality
- Limiting Social Imperatives

Accepting Different Personalities

One sign of an expanding consciousness is the increasing acceptance of different personalities of people. !

Why the Indian Subcontinent Issue Has Yet to Resolve Like the Cold War

Question: If the Cold War ended through the initiative of devotees and the action of the Mother, why has it not happened in the conflicted area of the Indian Continent, where the Mother aspired for the unification of India?

Answer: India's Mission is greater than the US's. It is to be the Guru of the world. Aside from the inner reasons, the Soviet system essentially ended because it was an economic failure at the Physical level. America was the opposite.

Beyond the physical is the vital, the mental, and the spiritual. The US is trying vitally, and making tiny efforts mentally. Europe is perhaps somewhat ahead there.

How can India accomplish its spiritual mission of Guru of the World, if she hasn't succeeded physically, materially? The breakup and tension gives an opportunity for that to happen faster. It is a strange logic, but yesterday I read in Karmayogi's Volume 20 of Messages the following: "Hell is a shorter route than heaven." If we think of it in terms of evolution, it becomes clearer.

We can also say that the multiplicities of partition will enable a richer, more integral experience of physical, vital, and mental development for India, on the way to becoming spiritual, i.e. Guru of the World.

Also all the other nations are evolving too, and the multiplicity and contradictions facilitate a more dynamic resolution once taken to.

In addition, all the other nations are evolving too, and the multiplicity and contradictions facilitate a more dynamic resolution once taken to.

Finally, there is a plethora of religious impediments, not just from surrounding nations' sectarian antagonisms, but in the limits of her own religion that us overwhelmed by tradition that is increasingly anachronistic. Perhaps it repels the Force in some way.

There must be many other reasons, such as the effect of colonialism, the limits of Gandhi's Ahimsa, the need to wait for other things in the region or world to first resolve or be accomplished, etc. I am offering but a few possibilities.

Bringing about the federation or unification of India through our higher consciousness is looking at the same reality from a higher plane. It is to resolve the contradictions of separation through Soul rather than Nature.

How the Cold War Ended in Response to International Initiative and Response of the Mother

The 45 year old Cold War between America-led NATO Block and Soviet-led Eastern Block dissolved in the year 1990 when Shri Karmayogi proposed an international initiative to promote world peace and security as well as ease food shortage. Before that initiative got physically got off the ground, the Berlin Fall, which is the symbol of Cold war tensions, fell in the last quarter of 1989, itself indicating that Mother was delivering the final hoped for results at the very beginning of the work. An international disharmony between two powerful military blocs that had persisted for 45 years yielded to a devotee's efforts to promote world peace without any severe resistance. (N. Ashokan of MSS)

How to Develop the Supramental Consciousness !

Q: How does one enter into the supramental consciousness?

A: The most direct path is practicing constant Consecration, i.e. opening to the spiritual Force, which has the effect of not only bringing conditions around you under control, but forging a link to your inner being, while opening your mind to spiritual realms, including intuition and supramental perception. Beyond that is required a yogic effort of transformation of all the parts of one's being -- mental, vital, and physical.

Keep in mind that the spiritual Force one opens too IS the Supramental Power. Therefore the more one opens to it, the more the Mind expands to wider realms where it perceives the integral truth of things, garners instantaneous multi-sided integral knowledge, has experiences of intuition and supramental perception, feels oneness with others and life, perceives the subtle unfoldings and laws of life, etc. Also in the individual there is a shift from

the vital being of desire, ego, et al to the Heart center where one feels a deeper connection with others, takes to selflessness and self-givingness, etc.

Sri Aurobindo describes the overall process to supermanhood as the "Triple Transformation", which culminates in the supramental change of one's being (including the physical transformation of the body). He explains it in one of the last chapters of 'The Life Divine'.

(He also describes a simpler approach for the devotee who might not accede to making the yogic effort consisting of Aspiration, Rejection, and Surrender. The details are contained in his powerful article called 'The Mother'.)

Focusing Your Attention on Something Attracts More of It

When you focus your Attention on an item -- e.g. a song, an artist, an idea -- life quickly presents more of it, often from the most unexpected sources. This is my very frequent experience.

Taking Up an Essential Work Instantly Resolves a Long-term Mystery !

Many times I have seen that a long-term, problematic, unsolvable Mystery is instantly solved by focusing on an unrelated important work that needed more of my attention.

Enabling Dynamic Delight in Life

The Static Delight of the Infinite consciousness creates a universe to experience Dynamic Delight in infinite variation of forms. Each time an individual discovers his Higher Nature or has a higher conscious awareness in his life, he experiences that dynamic delight, and it is his unique experience of it being a unique form/individual. It is a progressive movement upward, with infinite scope just like Its Source. Our method is constant consecration, as Her power makes this process easier. There is also the Path through the Psychic Entity within. Together they enable ultimate dynamic Delight for the individual.

Continuum of Consecration from Ego to Transcendent !

We can perceive levels of relating to work from the Ego-sense to collaborating with the spiritual Force:

1. I work and life gives me what it pleases, based on my capacities. I may or may not succeed.
2. I develop higher capacities (or have them already), and life tends to give me a certain proportional level of success; often very substantial.
3. I ask Mother to give me success in a particular or general area, and she obliges to the degree of my receptivity.
4. I ask Mother for a particular, and then say and feel 'Thy Will be Done', letting Her determine the outcomes, how it takes shape.
5. I don't ask for anything, but constantly remember Mother, bathing in Her, and she lifts up my life at all planes.
6. I offer up and surrender all aspects of my being, all of what I have and do and are limited by in order to transform myself.
7. I Aspire for Her and the Supramental power to descend on earth through my work, offering that possibility to Her through an act of consecration or Surrender.
8. I aspire for the Divine Supramental Life to manifest on earth for its own sake, constantly surrendering to Mother with intensity for that purpose, without it occurring particularly through me or my work.

The Key and the Lock in the Process of Creation

In the Chapter on Divine Maya, he speaks of the lock and the key, which seem to be central to the theory. The Theory of Vedanta know of the Being, Sachchidananda, and they knew that in some way "All this is Brahman" -- the Becoming is of the Being. They were missing the lock

and the key which explain the process by which Being manifests as Becoming. The key he says Involution and Evolution -- self-concealment through self-limitation and self-absorption followed by a progressive awakening and emergence of Consciousness in the inconscient Matter. !

That is the key. But it is less clear as to what he means by the lock? If a key acquires its power only in relation to a lock, Supermind may be the lock, because Supermind is the power of Being that enables the self-limitation and self-absorption that results in Involution and Evolution.

The distinction between Divine Maya and Supermind are not clear to me. It almost appears as if they are the same. He says there must be an intermediate power between the Infinite and the Finite that makes manifestation possible and says that is Maya, the power to measure out and limit. Later he says that it is a supramental power. In the following chapter he drops reference to Maya and says we will call it Supermind, perhaps because Maya has other strong connotations in the tradition.

This also corresponds to the overall plan of the book. Book I described the Sachchidananda in four chapters and then all the planes of manifestation. Book II focuses on the key, the process of involution to create Ignorance and spiritual evolution to create Knowledge.

Sri Aurobindo distinguishes between the lower and higher Maya. The first is the illusion; the second is the principle by which the one divides into the many while retaining its Oneness.

Perhaps the difference between the Divine Maya and Supermind is that the former is this dividing-retaining-oneness principle of creation, while the latter is the plane and power that creates in the Creation process using that principle. (Garry Jacobs)

Comment: Sri Aurobindo distinguishes between the lower and higher Maya. The first is the illusion of the Tradition; the second is the principle by which the one divides into the many while retaining its Oneness.

Perhaps the difference between the Divine Maya and Supermind is that the former is this dividing-retaining-oneness principle of creation, while the latter is the plane and power that creates in the Creation process using that principle.

Power of Consecrating Negative that led to Current Problematic Conditions !

If you sit calmly and review your past errors that have led to your current problem -- whether a wrong attitude, belief, action, decision, etc. -- and with intensity and emotion offer them to the divine Mother for correction, you will attract conditions that dissolve the problem, attracting positive circumstance in their place. This method is unfailing.

Doing the Work For the Mother So Her Will is Fulfilled in Life !

The two quotes that I found very attractive that go together were:

"According to some devotees like Mr. Ramesh Kumar prayer is not even necessary for a devotee if the right work values are followed with the necessary aspiration and attitudes of earning money for serving mother. In other words the work itself becomes a sort of prayer by the body and as such other forms of prayer become unnecessary." (N. Asokan)

(Ramesh Kumar) "My assumption is based on Karmayogi's words: Man working hard expresses his skill to produce a human result. *Man seeking Mother in work makes it possible for Her to express in his work so that SHE will fulfill Herself in life.* Incidentally SHE saturates him with HER consciousness through his work when he brings in any of Her manifesting aspects - particularly self-giving - which starts from particularly giving our-self to HER. Giving our-self to family, to our employer, to our company, to our society, to our nation in that order gives the power of Infinity and prosperity in that order."

If consecration is beyond Prayer, then what is said here is even more than what we normally mean and practice as Consecration. Consecration is normally thought of as a method to call Mother into work. But here we are saying that *work is the very instrument for bringing Mother into life, to manifest Her will in human existence, to facilitate divine life on earth*, not just to elicit a positive personal outcome. It is to accede to the Ultimate Attitude and Value in life.

Miraculous Power of Consecration

One can open to the spiritual Force to bring life under control at any moment and attract startling positive outcomes. We can apply this Consecration method to upcoming events, current activities, to problems in life, to opportunities, and to wanting parts of our being. Life will respond with great benefit, and do so very quickly. I have seen this power at work hundreds of times in my life, with startling results. It is the persistent miracle of life that each of us can experience. This alone can make life worth living.

The Good vs. the True, Self-Existent GOOD !

Philosophy speaks of good as the opposite of evil. This is simplicity itself. When philosophy goes further and speaks of GOOD that is not the opposite of evil, our intellect is confounded. It is called 'Self-Existent Good' and it is said in the higher consciousness of the higher world there is no evil, only the good. We call it GOOD.

It looks irrational. We can concede the existence of a higher GOOD in a higher world, but we clearly see our sense of appreciation is left behind. We are told that it is a world of Light which is not the opposite of darkness, a world of joy that is not the opposite of pain. We are offered a world of conceptions we are not used to. They are Truth, Unity, Goodness, Knowledge, Power, Beauty, Love, Joy, Purity, Silence and Peace. The intellect is hard put but it is not utterly impossible for it to accept it. (Karmayogi)

The Immutable and Mutable Brahman in Sri Aurobindo's View !

The ancients discovered Brahman. It was the ultimate discovery of the human mind. It still remains so. To them, Brahman was Ineffable, Immutable, Akshara Brahman. It was Infinity and Eternity. It was featureless. They said it was incapable of determinism and therefore declared that the world was created by Mind.

Sri Aurobindo too had this experience, early in His yogic life. But He could go beyond and see that all the above is only one side of Brahman. To Him, Brahman was mutable too. It was an Infinity that could take on features. It could determine though It is beyond any determinism. This experience of His too was another side of Brahman. In reality, Brahman was capable of both these statuses of being immutable as well as mutable.

As the Rishis saw Brahman was Existence, Consciousness, Bliss, He too saw, but His experience discovered the fullness that Brahman was. (Karmayogi)

Supermind and Simultaneous Time !

Mind that is in Time can move to the plane of Timelessness. But Supermind is in a plane where Time and Timelessness co-exist. He called it simultaneous integrality of Time eternity and Timeless eternity. (Karmayogi)

Planes of Mind and Spiritual Mind !

He explains in the latter chapters of the Book that Mind is a partial instrument. It was created for dividing things. It can see only a part of a whole and therefore Mind saw only one aspect of the Brahman and mistook it as the whole.

To Him, Mind has a range. He calls it spiritual range of Mind. Our mind is a power of Ignorance which to arrive at an understanding resorts to thought devoid of sense impressions, though all its impressions reach it through the five senses. This is the human mind, the lowest level of Mind. This exists on the surface being in Time and is possessed by the ego as a finite.

Above this surface mind lies the Higher Mind of Silence of the Muni, the Illumined Mind of the Rishi, the Intuitive Mind of the yogi and the Overmind of the gods.

Below our surface mind is the Inner Mind that is in Timelessness and beyond it is the subliminal Mind that spreads all over the universe and beyond. It is a plane of Mind where the Superconscient and the subconscient meet. The psychic Being, the evolving part of the Immutable Soul is hidden in a cave in the subliminal mind.

To understand the full range of Mind from the subliminal to the Supermind, their scope, the instruments they use, the popular terminology given to them, etc. will clear much of the confusion generally created. (Karmayogi)

Causes of Natural Disasters: Example of Katrina

Karmayogi indicates that when people are inflexible and rigid and persist with their foolish and anachronistic attitudes Nature delivers them blows.

Example, Hurricane Katrina:

Life works on many points simultaneously. New Orleans where Katrina hit is in many ways a site of debauched indulgence, made worse by the fact that the city has the highest crime rate (rooted in extreme poverty) of any urban area in the US, which the tourists do not see as they are caught up in partying, while the poor people live in squalor and fear not far away. A society that does not care about poverty, source of crime, will reveal itself at its weakest spot. (The president at the time was famous for these qualities.)

It is also an indicator of the lack of infrastructure improvements in the urban areas of America as the country indulges itself in Laissez-faire economics, which is the freedom of every side to run wild without care of the whole. Thus when the weak levees around the city were punctured by the rising waters engendered by the hurricane, it was an indicator that infrastructure was a secondary priority.

Also, what matters most in that region is the movement and development of oil at all costs, which is in many ways at odds with the progressive movements of society. (Katrina was also a predecessor of the Great Oil Spill that would come in that same locale several years later; also indicative of backwards priorities, including lack of environmental and business controls.)

So yes here we see (as Karmayogi points out) inflexibility, rigidity, foolishness, anachronistic attitudes, etc. They are all there in spades. It is Resistance -- to change and the needs of the present and the future.

The Spectrum of Spiritual Aspiration: Householder to Yogic Effort

Most people who come to Spirit will not give up common personal goals, like success, money, love, etc., but will try to blend the two together. Only at an advanced stage, where the goals are for yogic transformation and a Surrendered to the Divine existence are common personal goals and aspirations shed.

Karmayogi likes to make the distinction between the Householder taking to Spirit and the full Yogic Effort of mental, vital, and physical transformation. The former opens constantly to the Force to enable great achievement, harmony, well-being and prosperity in the family or self. The latter surrenders his entire existence to the Divine, the Divine Mother, to follow Its Will in the world, and to transform his self into the highest Spiritual and Supramental nature.

Each one of the followers, devotees of the Mother will find himself somewhere along that spectrum of Aspiration, even as that position will be constantly changing as our lives unfold.

Judgment vs. Opinions

A distinction can be made between judgment and opinion. Judgment is impersonal and impartial, based on facts. Opinion is based on personal preference, inference, and external appearances. In casual matters we often decide based on our personal preferences, never thinking of Mother or consecration and we accept the consequences. At least in matters of work, it is not advisable. (Garry Jacobs)

Overcoming Physical Habits, Vital Attitudes, Mental Opinions !

Our physical habits, vital attitudes and mental opinions are expressions of the forces of physicality and ego in us striving to create and maintain a separate existence. So long as they are prevalent, we are cut off from other people, from the world around us and from the transcendent divine. Until we overcome these limiting expressions of the ego, we are locked

within a finite, fixed, predictable form, like the atom, and can never discover or give expression to our true self that is infinite.

How do I come out of my habits, vital attitudes and mental opinions? The first thing I have to do is recognize that that is not me. These things are not what make me unique. I am something other than my habits, attitudes and opinions.

Once we have given up justifying (e.g.) an opinion, we have to decide that the opinion is something we want to change. And then we have to say, "It's not me." My opinion is not my whole mind; it is only a thought in my mind. It certainly does not include my life, my heart, or body. It is only one small point. Let me push it away like an object. I decide it is not me, I realize it is not me and I push it away from me. Then I call [the Divine] Mother's power to dissolve the opinion. (Garry Jacobs)

Spiritual Sincerity

Spiritual Sincerity is sticking to the same principle, organization, guru, etc. even in the Life's most trying times. It is being sincere no matter whatever happens around us. (spiritualpotential)

Man is Physical Valuing Doctors Over Teachers

That the least paid people are teachers and doctors earn the most itself is an indicator that MAN is physical. (Karmayogi)

Comment: I believe what Karmayogi is pointing out here is that the human individual is still mostly physical, not mental or spiritual. By physical consciousness, he means that Man values his physical relationship to the world over the subtle. He is dominated by what the senses show him, not what the depths and soul perceive; let alone the rational thoughts and deeper insights of mind. So he values the doctor over human wisdom and knowledge that comes through education and teaching. However, as Man becomes mental he is increasingly valuing such knowledge.

Physical consciousness as Sri Aurobindo and The Mother mean it also expresses as an unwillingness to change, fixidity, resistance, possessiveness, even brutality and war.

Having doctors is a great thing, but education is far greater, for it is infinite in scope beyond the physical. One SINGLE RIGHT IDEA can change the course of Man as it has done continuously, whether it is freedom, democracy, individuality, or spirituality.

Also doctors do not perceive the True Man, only the empirical and measureable, with a bit of the psychological. Thus he does not perceive the deeper laws that cause man to be ill -- or be well -- and therefore help in their True recovery. He helps man cope, but not grow. Like scientists they are fixed in their material-based belief systems; often worse than scientists, for the latter at least are beginning to perceive ultimate truths in the universe. There are doctor exceptions of course, but they are in the small minority.

Likewise, America is a very physical consciousness nation, as it is obsessed with what it sees, views; not the deeper truth of things. As mentioned in another post, it is difficult for Her to embrace an idea. That is because Her consciousness is centered in the senses of her body. In fact, Sri Karmayogi says the US "thinks with the body." It is not yet a mental country, let alone spiritual. That is what gets it in so much trouble in recent decades, despite all its great material successes. It acts first, thinks later; another attribute of physical consciousness.

Americans Can't Grasp Ideas

To explain ideals to the politician is as difficult as explaining any idea to an American. (Karmayogi)

Not Telling the Truth When It Matters

In our hearts and mind it is risky to upset the apple cart by telling the truth when it matters. It is a foolish approach and a sign of psychological weakness.

The Mother as Our Ultimate Destination

If our firm and final destination is the MOTHER then we can enjoy our drive. If it is struck with selfishness, EGO, and a superiority complex then we are struck in Life's Traffic jam. (PH)

Yes, we need to know what our ultimate aim in life is. For those devotees who have that aspiration, the Mother can be thought of as the final destination and goal. It is a Surrendered life beyond even our ordinary, personal goals, and is for those who sincerely aspire for it. Mother herself said: "A life consecrated to the Divine is the only life worth living." If that is our belief, if that is our destination, then we can truly enjoy that Ultimate Ride, while always being vigilant and mindful, as you say, of ego, selfishness, and all the other pitfalls of our nature. Your Driving analogy is very apt!

Our Double Soul: The Eternal Self and the Psychic Being

There is a secret divinity of Self in us which is imperishable; it is unborn and eternal. The psychic being, which is the spiritual representative in us, is reborn in the being. It is this inner person, this Individual that survives after death, and pre-exists before birth. It is a constant rendering of the eternity of our timeless Spirit in terms of time. (Sri Aurobindo, from 'The Life Divine')

Power of Silence of Mind

When the mind becomes silent, when it stops judging, pushing itself forward with its so-called knowledge, one begins to solve the problem of life. One must refrain from judging, for the mind is only an instrument of action, not an instrument of true knowledge -- true knowledge comes from elsewhere. (The Mother)

Comment: Yes, ordinary Mind over-relies on the senses, perceives a tiny part of any matter, not the integral whole, and insists on the little or single side of things it knows. It therefore misjudges, is prone to great error, and simply does not know the integral truth, leaving Man helpless in his knowledge capacity of any subject or matter. On the other hand, true integral, many-sided, multi-faceted penetrating Knowledge of a matter originates in the stillness of Mind. From that poise of stilled thoughts, information and insights come to us as flashes of Light/Truth, through intuitions of knowledge that just appear in our minds without thought, and through supramental perception where the information and insights come to us as flashes of Light/Truth, through intuitions of knowledge that just appear in our minds without thought, and through supramental perception where the truth of a matter enters the mind complete, integral, while also demonstrating the propensity to manifest as real in the world.to manifest as real in the world.

Divine Will, Sanctioning and the Mother's View of Acute Problems in the World

Perhaps we can say that the Divine does not Will for calamities and other problems in the world, but only Sanctions it as necessary means for the integral development of life. That sanctioning includes perceiving the utility of suffering, pain, ignorance, contradiction, negative, evil, etc. to allow for the multiplicity of possibility in the upward movement of existence.

Also as we consider Mother, we can imagine a further softening, as She is the means of sweetness and compassion that urges us on to see things in their right context, understand the utility of current conditions for our personal growth, and thereby supports us in our attempt to evolve from where we are to something higher. She even makes Her Force available to us to make that transition to our Higher Nature that much easier.

Developing an Inner Life that Protects from Hostile Influences

Developing an Inner Life in the Depths, culminating in our connection with Evolving Soul, we are protected from the negative forces of the world, while continually feeling vibrations of Delight, Love, Oneness, Truth, and Peace. Karmayogi indicates that constant consecration of daily activities will help forge the inner life where there is the sweetness, light, and peace that no external hostile force can disturb.

Experiencing the Thoughts of Others We Think Are Ours

Often the thoughts we have that jump into our minds are actually those of others that are circulating in the atmosphere that we pick up on, and think of as our own.

Further Comment: There are Ideas that exist in the cosmos that we are each tapping into. It formulates in someone's mind, and then others pick up on it. (That's how great ideas often rise spontaneously on various sides of the world back when there were no means of communication.) We pick up on theirs and that which is in the universal plane. And they do the same of ours as we embrace ideas in the cosmos. Knowledge is thus subtle and impersonal at the Universal plane, which becomes personal when our mind opens to it. We pick up on theirs and that which is in the universal plane. And they do the same of ours as we embrace ideas in the cosmos. Knowledge is thus subtle and impersonal at the Universal plane, which becomes personal when our mind opens to it.

Also everything, including all circumstances and everyone are interconnected in a Oneness. When certain individuals have certain experiences, we tend to have related ones, especially when we are closely associated in consciousness. This includes common or similar experiences and mental perceptions. People call such things coincidence, but it is not so. It is an expression of the subtle Oneness that binds us.

Spontaneous Arrival of New Idea In Different Places Indicates Evolution (Spurred From Above)

I believe that ideas which seem to arise at different places at around the same time may be part of Nature's evolution. The idea which will contribute may appear in several individuals with potential but only one or two may follow through. We, human beings, are after all part and parcel of nature's yoga. What I'm alluding to is that there is a higher intent as it were, in the distribution of these thoughts. (NR)

Response: N, you are right about the spontaneous arising in multiple locales of great ideas as one of the methods of Evolution. This indicates that the Idea is coming from "Above." Sri Aurobindo says that the Above (superconscious, transcended) influence (in this case of a new knowledge or possibility) stimulates the involved Conscious Force in ourselves, releasing a higher plane or aspect of progress in ourselves, which in this case means the expression of a New Idea that engenders progress and Evolution for ourselves and the world.

Previous Tensions that Provide Fuel for New Ones

Often when two people disagree, or otherwise come into conflict in a harsh manner, you can observe that they were already upset by something else, providing the fuel for the current conflict.

Enjoying Routine Blocks New Success !v

Karmayogi indicates that when we enjoy the routine, we lose touch with results, and therefore creating! success.

Comment: We can make the act fresh by remembering to do so. It's easier however when we consecrate it, i.e. offer it to the spiritual Force, to the Mother. It then tends to automatically move to freshness; in the act; in the (life response) result

Current Conditions - Difficult or Not - Are Best For Our Progress !

At every moment the best possible happens under the given circumstances -- the best possible for our progress and future fulfillment. If that happens to be a difficulty, it means that our present consciousness requires the difficulty for its progress, not that difficulty is good or inevitable. The best attitude is to ask at every moment "What is the progress I can make? How can I be more conscious? More sincere?" and then to make that progress. (Garry Jacobs)

Purpose of Pain and Suffering !!

Pain and suffering and difficulties come to awaken us to our true Self and greater potential. (Garry Jacobs) Pain and suffering and difficulties come to awaken us to our true Self and greater potential. (Garry Jacobs)

Seeing the Benefit of Past Experiences !!

As we become more conscious, we find reflecting back on past experiences that they have offered us a great benefit never imagined at the time. If they do not, it only means we have not yet learned all they have to tell us about ourselves. In that sense our past experiences are a rich reservoir of potential knowledge and future happiness. (Garry Jacobs)

Message for the New Year

The Mother's Force is Causal. It always brings the New. May we constantly and integrally open to Her unpredictable, astonishing, dynamic Power, which will refresh all aspects of our being, as well as all life around us.

Nature's Neutrality

It is Nature (Prakriti) not the Divine that is neutral, non-moral. Nature/Life/Prakriti just responds to energies, positive, neutral, and negative. It has no particular munificence, or cares one way or the other about things. Purusha-based existence (Soul) has these, consciously working to enable the Big Divine Plan.

(Ultimately even Nature, and her circuitous, difficult, painful route of progress is following the Divine Plan, but that can only be ascertained at the level of Supermind. It is the view of the All, the Reality, Brahman.)

On the Influences to Establish World Governance

Q: What would be the best model of World Governance to avoid it becomes a negative influence?

A: The United Nations is certainly a good model, but world governance needs to go beyond it. The UN though great in so many ways is not democratic because a single veto on the Security Council can negate a great world benefit. Also the UN has no teeth. It has great ability to address the issues, but not to come up with common policies that can be implemented.

I have recently associated with The World Academy of Science (WorldAcademy.org), which is a prestigious body working with many others, like Club of Rome that are coming up with progressive plans for greater levels of collaboration in the world. The intellectual framework amongst these and other organizations is a movement from the bottom up of high consciousness insights into the particular needs and challenges of the world.

Sri Aurobindo has written extensively on this subject, and Karmayogi has devoted most of his life to Indian development and global issues, including World Governance. The momentum is rapidly building, as nations see the futility of trying to resolve problems on their own.

In my view, The Mother ended the Cold War through agencies such as these, including MSS, and there is a movement of consciousness with staying power and influence that is guiding us to more collective decision making, even as all the energy of these developments have very decentralized roots. A commonality of purpose is the first step forward, and policies debated and implemented can follow.

There is always threat of cooptation and asuric forces stepping in, but that does not seem to be the vibration and policies that are in any way being advocated. Europe is dead set against dominating power, as is the US increasingly. Most energies in Asia are on the need to develop; to bring several billion out of poverty. The world energies as Karmayogi calls them are ripe for the deeper global association that Sri Aurobindo envisioned in his many writings on social development and human unity.

Global Warming and World Government

Sri Karmayogi stated that global warming would stop if a world government was formed.

Comment: The problems of the world are so vast and cannot be solved by individual nations. Though there are many global institutions that have formed since WWII and especially in the last ten years, there is nothing yet comprehensive enough to coordinate the solutions to the problems of the world that cross all nations' boundaries. (Immigration, poverty, war, unemployment, pollution, financial stability, coordination of resources, security, etc.) Something along the lines of World Parliament would help immensely in this regard.

And yes we see that this movement would have the life response effect of stopping Global Warming. I wonder if he meant it would stop on its own somehow (as the response), or as a result of the global governance, or BOTH.

Of course, World Governance would usher in human unity and a divine life on earth. Therefore, Mother Nature and her growing global warming calamity (as an instrument of Nature/Life) offers the world an opportunity for the world to move in that Higher Direction.

In fact all serious global problems are the means of pushing the world to higher harmony through deeper coordination and collaboration, which entails a form of governance that directly addresses and helps solve the problems of the earth.

Seeing the Opportunities Behind Nature's Calamitous Movements

The earth is evolving. She wants progress. It can happen through difficulty (Prakriti), which is its normal method, and through Higher Consciousness (Soul/Purusha). Because Life/Nature wants to progress along with the nations of the world, She will take on the role of Mother Nature when there is resistance in a particular society. The calamity is the response; a negative one, to the resistance. The impacts are multi-fold, since She seeks many outcomes and benefits around the world. We saw that with Japan disaster, September 11th, Katrina, and even the second War in Iraq.

The disequilibrium (spurred by some sort of resistance or inner conflict) compels Nature to put things back into equilibrium through calamity -- natural, manmade, or otherwise. This is Life Response. It can happen positively or negatively. Global Warming, assuming it is real, is really Global WARNING. So is the financial crisis of the last several years. It also reflects multi-fold, almost infinite-like resistance.

But it is also Opportunity, since negative are positives in disguise; are in fact most often occasions for great progress. The world could come together in a thousand non-environmental related ways just in relation to the environmental issue. The financial crisis is compelling nations and national identities to change, even compelling world unity behind the scenes. Will those nations, peoples awake to the possibilities behind the crisis?

Crisis is opportunity when taken in the right spirit. What are we learning from our own calamities, or those shared by the community? Also do we see the multi-pronged impact that is actually positive? Do we also see that which is negative on our part or others that spurred it in the first place?

The whole world is at play -- Lila -- with infinite change that enables infinite opportunity if we are willing to look behind the curtain and gaze at the multi-sided truth of things. Simultaneous knowledges and changes is what Nature (Prakriti) compels.

Beyond that is Self-Existence; positive-only producing influence and results of Soul (Purusha) through the Force when adopted by Man.

Reason for Calamities

If we think that in a philosophical way, cyclone, earthquake or any other natural calamities in certain area - is to awake the low consciousness lying there. As humans are evolving, earth is also evolving. Its rigidities of matter fixities of vital and preferences of the mind are always get corrected by an upper plane for an equilibrium in evolution, which we cannot understand. The calamities are one of the ways the physical breaks down its rigidities to raise to the vital and the mental. Human induced environmental problems are one such example. Mother says

- Earth quakes and cyclone are Nature's call to Man to live in harmony with Earth. (Ramesh Kumar)

Our Stage of Development, Money, and Its Movement from Forces of Darkness to Light

People are at different stages of development. What is best as related to money (or anything for that matter) depends on their nature and needs for progress. For Indians who are poor to become prosperous is a gain in of itself. A more conscious person can gain money to support the family, working to help them. Another still perceives the power of service to the collective, company, society, etc beyond the family. Beyond is service to the Divine, to the Mother that can incorporate all the previous ones.

To truly understand the nature of Money, rather than merely work for it and want it, would be a great knowledge for humanity, and would result in bringing it out from under the sway of Dark Forces (selfish, greedy, unscrupulous, possessive, jealous, etc.) and towards those who are in the Light of increasingly higher consciousness (self-giving, does work as service, willing to share, generous of spirit, wishes others to succeed, etc).

Forgetting the Problem + Thy Will Be Done

Turn your mind completely away from your difficulty, concentrate exclusively on the Light and the Force coming from above; let the Lord do for your body whatever He pleases. Hand over to Him totally the entire responsibility of your physical being. This is the cure. (The Mother)

-This "forgetting the problem" + "Thy Will be Done" approach has worked dozens, if not hundreds of times in my life. The problem is cancelled or resolved very rapidly or quite soon - whether for myself or the world around me.

-Though the Mother's statement is referring to a devotee's physical problem, the principle applies to any difficulty. Giving it added attention often energizes it (negatively), while forgetting it, (particularly when also offered to the Force) tends to quickly dissolve it. Over the last several years I am increasingly finding that forgetting a problem is a great strategy to make it disappear! Detachment has that effect.

Ultimate Faith Required in Sri Aurobindo and Mother's Path

It is said that in practicing Sri Aurobindo and The Mother's path that one has to be metaphorically willing to be hanging over a cliff on the edge of a mountain by one's fingernails, and still have the faith that the Divine will save one. And of course it does, ALWAYS. This is when Faith is profoundly deep ... with corresponding overwhelming to be hanging over a cliff on the edge of a mountain by one's fingernails, and still have the faith that the Divine will save one. And of course it does, ALWAYS. This is when Faith is profoundly deep ... with corresponding overwhelming positive results for one's self and the world around us.

To Just Be, to Experience 'That' Without Process

We dwell so much in 'process', and too little in just Being the infinity that's already there, and what Mother and Sri Aurobindo wanted most of all is for us to 'be That' fully. (Alicia)

Yes, I really see your point. I believe there is a fine balance between experiencing Beingness, and having an aspiration of some sort and following the processing of realizing it. Or for that matter any other process of becoming. E.g. to open to and bathe in the warmth of the vibration Mother, or to simply walk and be, or to clear the mind to clearly see, or to simply share and care. There are so many ways to be, from inner to outer, without an objective or goal, without following a process. It soothes the vital being, opens the mind, and refreshes the body. So if you do take to process, you will be in the best conditions to do so. Or we can simply Be just for its own sake!

One other thought: What then is 'That'? There are any number of explanations and experiences. A few I have felt: To commune with God, to feel the Divine Presence within, to dissolve into the Divine Mother, to merge into the Omnipresent Reality (Brahman) that is all things, to be open to a universal consciousness and beingness, to be one with the Field

(Bagger Vance); to connect with the Transcendent, utter Stillness, Utter Release, communing with one's Soul, Blissful Joy, Infinite Love, Oneness with Others, etc. etc.

Evoking the Infinite from the Finite is a Practical Concept

We know that out of a single atom split can arise massive, atomic energy. Infinite physical energy is held in that finite. The same with our potential. We can evoke that infinite from life in a second by discovering the right inner lever to make it happen --evoke that infinite from life in a second by discovering the right inner lever to make it happen -- whether a change in attitude, an opening to the Force, a widening of our world view, an extraordinary effort, etc. Life responds, and the infinite, or infinite-like results replace the current finite. This is the Practical Concept of Infinity Sri Aurobindo has offered the world. Whether a change in attitude, an opening to the Force, a widening of our world view, an extraordinary effort, etc. Life responds, and the infinite, or infinite-like results replace the current finite. This is the Practical Concept of Infinity Sri Aurobindo has offered the world.

Moving from Ego-Sense to Life Sense to Evoke the Infinite from the Finite

Infinity comes out of Finite when we get "Life sense". But what we have is only "Ego sense".

We can see even in prayers we limit ourself to what we want though we are greedy enough for 100 or 1000 crores that karmayogi says. But most of the time we never ask that. We pray for next level of promotion or next good job but not to become CEO of that company. *We limit ourself to what we know.*

When we understand the Infinite in us - Finite vanishes. Karmayogi says this point is the prosperity point for the devotees - as this is the point where philosophy and life meets. (Ramesh Kumar)

Ways to Evoke the Infinite from the Finite

We can evoke the infinite from the finite-

-when we perceive our infinite potential and reach for it, instead of limiting ourselves to what our ego-sense tells us.

-when we move beyond the external limits and influences placed on us, and express our true individuality

Starting the Transformation in Sri Aurobindo's Integral Yoga through Mind

Our synthesis takes man as a spirit in mind much more than a spirit in body and assumes in him the capacity to begin on that level, to spiritualise his being by the power of the soul in mind opening itself directly to a higher spiritual force. (Sri Aurobindo, the Synthesis of Yoga)

Comment: It makes sense to begin the yoga the transformation of the mind, before the vital and before still the body. When the mind opens to the spiritual heights of deep insight, illumination, and intuitions of truth without thought it garners the many sided knowledge of what life is, what the truth of the situation is, who we are, what to do in a given moment, and so forth. Now we have the knowledge to act or not act, what to do and what not to do; a perception of the myriad of possibilities rather than limited ones. In sum, we perceive the infinite potentials of life through a wide opening of Mind to the universal truths of life.

Somewhere in this yogic process we "descend" from mind and begin to overcome the limits of the vital being, including its wants and ego-sense; and we also discover and bring out the higher emotions to loftier possibilities and truths that the mind perceives -- including the potentials toward and realizations of goodness, love and delight. Through those higher vital experiences, we develop new, higher relations with others around us.

Finally, the body's limitations can be overcome in His Yoga through further opening to the Force, which transmutes its tendencies toward illness, disease, decay, and death. Through an opening to the supramental plane, which is the ultimate mental plane, the physical body is energized to no end, and thereby avoids many of its eventual failures. (Immortal existence, or willed desire to live as long as one wishes is a step beyond.)

By starting with mind, i.e. spiritual mind, we begin with the widest picture, which we can now apply to the details of life; to the vital and physical aspects of our being; to the collectives we are part of.

Also as Sri Aurobindo indicates, Mind opens us to the spiritual heights, particularly the supramental Force and Power which is the apex of spiritual mind. There we have not only full integral truth and knowledge of things, but the power to instantaneously make them real in the world. It is Knowledge and Power together in a mental plane, or at least Knowledge and a corresponding Will for its complete effectuation. Thus if I want to achieve something, and I open to that Power, and all conditions are ready, the supramental Force, which is actually ultimate MIND power, will instantly make it real.

Practical Concept of Infinity

From the chapter 'Reality Omnipresent' from Sri Aurobindo's 'The Life Divine' come statements regarding the power of the Infinite consciousness, and therefore the infinite power we have in life.

Out of his understanding, Karmayogi offers the principle of the Practical Concept of Infinity. That means that since an Infinite Consciousness is the source of all things, It also seeks to manifest his Infinity infinitely in the forms of creation, including us. Thus it is practical for us to evoke that infinity in life because that was the Intent of the Infinite Divine.

How then do we do this? There are many ways. Amongst those that come to mind: calling the Spirit from the Psychic, calling the divine Mother (the spiritual Force) with all our being, changing our essential wanting attitude as Darcy did in *Pride and Prejudice* that evoked infinite love for him and infinite prosperity for the Bennets, by catching the wave of social change as Bill Gates and Steve Jobs did ushering in massive adoption of technologies, and in many other ways.

In these ways, Infinity is and becomes a Practical Concept.

Further Comment: We know that Sri Aurobindo turned around the view of spirituality in many ways from a static to a dynamic and evolutionary process of spiritual unfolding and other forms of progress in life. This is at its most dramatic when he indicates that the infinity of the Divine can manifest infinitely in life, which can be viewed as the ultimate evolutionary process. Whether the idea is there in the Upanishads and Vedanta I am not sure. We know that Sri Aurobindo turned around the view of spirituality in many ways from a static to a dynamic and evolutionary process of spiritual unfolding and other forms of progress in life. This is at its most dramatic when he indicates that the infinity of the Divine can manifest infinitely in life, which can be viewed as the ultimate evolutionary process. Whether the idea is there in the Upanishads and Vedanta I am not sure.

In the material world, as science understands it, it is easy to see this Infinite, as the universe goes on seemingly forever. And now they say we are but one of billions of universes! So infinity can be understood in the world of sense and material existence at the astro level. Even at the quantum level there seems to be an infinite level of levels down to the smallest.

Also if we look around, stunning developments are occurring in the world that were not there before, as if new infinite-like results replace a finite or non-existence there before. Recent technology developments are like an infinite relative to our existence 50 years ago. And the same with the future relative to today.

Once I was flying right over downtown San Diego, and noticed that a series of new very tall condos had arisen there, even multi-colored. It reminded me a bit of a cartoon where things just "spoon" out of nothing. That is the Infinite that we can harness, once we understand the means that the Infinite Consciousness has given us in life to bring that out.

Every time I experience a Life Response incident it is an instance of a something coming out of nothing. So the practicality of the concept of infinity is very real to me.

Karmayogi has written so much about this, in so many utterly new and fresh ways, with so many applications in life. His Mind alone is an Infinity; an infinite Fountain pouring thousands of pages of many more thousands of new truths and insights into life never before expressed

in the world. There is no more perfect example of the Infinity pouring into life at the level of thoughts and mind.

Then there is the infinity at the vital and material level. At the spiritual level, Sri Aurobindo insists it is already there, so we must reverse, and bring that Spirit into the details of life through moment to moment Consecration, by Surrendering our being to the Infinite Divine, and all other forms of elevation of our consciousness. As a result, new things will constantly emerge out of nothing, as the current finite suddenly becoming Infinite-like - at the physical, vital, mental, and spiritual levels.

For Sri Aurobindo, the Mother, Karmayogi, et al is the very essence of what the Evolution is all about.

Cosmic Encounter with Steve Jobs

In a great cosmic moment in the late 1980s, I reached out my arm to hand Steve Jobs an envelope containing a paper by Karmayogi on the 'Consciousness Approach to Business Management' that if he had adopted would have made him aware of the vast attraction power of Life Response and the Spiritual Force, which if implemented would have created more Balance in his life, enabling him to live a full life to a ripe old age, instead of a premature death. (This was Karmayogi's view.) Though Steve seemed about to take the envelope from me, instead the exchange was intercepted by an aid who told me that his boss was too busy just now to be distracted, or words to that effect.

Bearing the Burden of Others through Inner Poise that Comes from Yogic Practice

The question as I understand it is how to handle the problems of others that fall into our hands; whether they ask our advice on difficult matters or in general express their wanting qualities in our presence. In other words, how to bear the burden of others.

In light of this question arising, it is ironic that yesterday I read a quote from Sri Aurobindo that the practice of Integral Yoga is not just for one's self, but for the world, including the people we interact with; and so a follower of that path must bear the burdens of an increasingly wider life.

This being so, each of us can find the ways to absorb the karma and energies of others -- whether at the level of thought/ideas, or emotions, actions and interactions of life, or even as it affects the physical body.

Each of these can be dissolved by tossing it into the flame of the psychic or by offering it to Mother without expectation, and with full confidence.

There are also various methods of protection.

Ultimately the Integral Yoga requires that we are firmly stationed in the depths, from which nothing can affect us. There we are immune from the negative inputs and effects of others, yet able still to broadcast vibrations back out that can help them, fulfilling the social/collective aspect of the yoga.

Few of we devotees have taken to such Yogic effort yet, as we are practicing the bare essentials discipline of the householder as Karmayogi has conceived it. Till then we can cope and perhaps have modest successes, but not fully enjoin and transmute the offending karma and vibrations of other parties.

Only when we transcend the limits of ego, time, finite, and mind through integral yogic practice, -- from the depths within and through complete Surrender to the Divine Force above -- can we truly absorb the intensities of the people around us and turn them into Gold.

The New Radical Change in Consciousness

Nothing but a radical change of consciousness can deliver the world from its present obscurity. (The Mother)

Q: What is that radical change of consciousness? A few examples?

A: The first, and I would say fundamental change required is the acceptance of the spiritual dimension of reality. This is increasingly being accepted by scientists. E.g. Fritjof Capra, David Bohm, Francis Crick etc.

The second shift must take place amongst the spiritual people; there must arise an acceptance and understanding of life/creation as a valid and useful reality as opposed to an illusion that must be escaped or transcended.

Thirdly, both parties need to grasp that the Spirit, being the subtlest of the subtle, and thus the most powerful force, is capable of solving any and all human problems and of creating new opportunities for humanity.

The last change would be to cultivate a willingness to abandon older mental patterns and behaviours that stand in the way of a new creation.

Satyamaya, Anandamaya, Chaithanyamaya Param will then follow on earth. (NR)

Change Ourselves Instead of Criticizing Others

Before we criticize another, we should first consider the defects we have in our own selves that others see quite clearly. Long ago Jesus told us to first take the timber out of our own eye, which will enable us to see more clearly and therefore put us in a better position to help remove the speck from another's.

Consecration and Free Will

Consecration is the ultimate Free Will Choice.

Non-Reaction Power to Another's Deficiency

Being bothered by another's deficiency will only worsen it. However, remaining calm and not reacting to it will cause the problem to dissipate on its own.

The Highlight of My Day

The highlight of my day is remembering, opening to, and feeling the rich Silence and Presence of the divine Mother and Her Force, as well as experiencing the startling small and large miracles that ordinarily follow.

Self-Givingness that Attracts in Romantic Relationships

When in a romantic relationship we shift our attitude from one of needing and taking to one of giving, life brings astonishing results. This is a prime principle followed by Karmayogi, the "expert system" behind the RomanceEternal.org web site.

To illustrate: In a recent TV episode I watched, a woman was involved with a man for several years. They both loved each other. However, after he cancelled a romantic vacation in order to participate in an important race (both to him and his organization), she began to express her frustration with the relationship. She felt he loved her, but could not derive true commitment from him.

However, in the midst of her turmoil, a good friend suggested that instead of complaining, she take an interest in her boyfriend's interests, included his involvement in the upcoming race. Not only did she listen to the friend's advice, but went a step further and collaborated with him to try to win the contest.

As it turned out, during the course of the competition, he confessed that he very much loved her, and wanted to be closer, but he thought that all along she did not want such affection. Shocked by his confession of true love, she was further startled when he actually proposed to her, to which she accepted!

It was a prime example of how when in a relationship you shift from wanting and demanding to being truly interested and giving, startling positive developments unfold. Just as in real life, the two friends' relationship had moved to an even higher level of love and mutual respect

through her inner and outer reversal. Or as Karmayogi would say, through self-givingness, the couple had ascended to a higher level on the Scale of Romance.

The Genius of the Indian Mind to Influence the World

The Indian mind is able to embrace ambiguity, subjectivity, emotion, and infinite possibilities, serving as a great model for a world, especially in the West, trying to adapt to rapid change in business, economics, and other aspects of society.

Bringing About Perfect Change in the World through Perfection & Connection to Our True Selves

"It is only by the perfection of the soul within that the outer environment can be perfected."
(Sri Aurobindo)

He evoked the independence of India by connecting with his Psychic Being (true self, evolving soul) and acting from there. This is an extreme example of his principle. We can do the same in small ways by overcoming our limited, surface nature and connecting to the Depths within, and from that poise of True Self bring about powerful, positive, perfect change in the world around us.

\$100,000 Short Story

For a fantastic short story involving an individual who tosses the darkness of his being into the flame of his Soul, attracting startling results, please read \$100,000. It is a story that Karmayogi adores, even as his personification is a character in the tale! It is a must read for all those on the spiritual path and wishing to evoke miraculous-like response. A very poetic, humorous, deeply spiritual, and beautiful tale based on a true event in the life of the author. Click [here](#) to view.

The Utility of Doubt

The enemy of faith is doubt, and yet doubt too is an utility and necessity, because man in his ignorance and in his progressive labour towards knowledge needs to be visited by doubt, otherwise he would remain obstinate in an ignorant belief and limited knowledge and unable to escape from his errors. This utility and necessity of doubt does not altogether disappear when we enter on the path of Yoga. (Sri Aurobindo)

Power of Feeling Mother is the Doer, Is the Gift Giver

The less we feel that we are doers and the Mother is the doer, the easier it becomes. At very least, the almost fanatical feeling of doing something as a gift to the Mother, like when you were a child and would make something for your mother with enthusiasm, brings delight.
(NR)

Returning One's Lost Energy in Uncertain Times by Embracing the Work at Hand

A businessman's energy had been sapped due to competitors coming in and taking away most of his market. He wondered what to do. Here was my response:

There are monumental shifts and pressures occurring in the economies of the world. People take advantage of openings, whether moral or not. Governments let things be, until they are pressured to seek redress. Here in the US we see the same. In this sense, life appears beyond our personal control. And yet we have several positive choices before us: to engage the current reality, to embrace Mother, to see that Mother is actually bringing answers to our prayers even when they think they are not, that we can develop new strategic plans for the new reality (including products/services, market and competitive analysis)

Lack of energy is often due to not embracing the change, fighting against it. We must instead go with the flow, embracing uncertainty, be the change. Then we will see that all of this is an opening to even greater possibilities. It is said that everything that is occurring is for our own personal growth. What is that in your case?

Lack of energy is the Will sapped out of us. Embracing the Becoming returns that energy. Doing the work at hand as best we know does that. Though there may be reduced funds and apparent paucity of opportunities, when we embrace the current work with a positive attitude, and deep faith in Mother, Life Opens Up right there, based on the limited current conditions. The Infinite begins to emerge from the Finite, even a dwindling finite.

Collaborating With the Divine Will

There is a Divine Intention and Will on the one side, and our alignment and collaboration with that Aspiration from our side.

For example, the Divine Mother has blessed and given me the opportunity to write about the principles of life. It is there in Her Will and Desire, in the Cosmic Intent. I then sensed that, and through my relations with others, including Garry Jacobs and Karmayogi of Mother's Service Society, I developed Growth Online and wrote books on Life Response and related subjects, which are several of the ways I have aligned and collaborated with that Divine Intent.

Naturally, along the way, I have also had to personally experience the many points of consciousness I have presented the world. It is the personal yoga behind the public knowledge. Most of that road still lies ahead.

In that way, we can each sense what our personal and societal mission is in life that is in tune with the Will of the Infinite consciousness, of the Divine Mother, expressing the Brahman in its progressive and evolutionary movement on earth.

In that light, why not consider what that collaborative mission is for you, or what it could be in future. Often it comes out of one's personal values and beliefs. They are spiritual skills descending from the heavens, expressing the Divine Will in mental forms that can lead to great collaborative actions.

Consecration and Free Will

Q: I believe that our reason for being is so that we can make choices which affect the world and thus give us a role in co-creating in an evolving Universe. How then does surrendering ourselves by Consecrating something that needs to be done affect that process? Is it possible that Consecrating facilitates our choices?

A: You have posed a very interesting question. Here is one line of thought:

We can take to consecration in many ways. E.g. to solve an existing problem or before an event that is going to occur. Let's say we consecrate an important meeting we are about to have. The choice of partaking in the meeting is ours. It is also likely that we would like the best outcome. By consecrating the upcoming event, we insure the very best outcome.

Now one could argue that we should not consecrate and wait for the event to occur, hoping that the choices we make in the meeting will turn out to be the very best ones. Or we could reason that the act of having the freedom to make the right choice at each moment in the meeting (without consecration) is paramount; i.e. our taking to conscious moment-to-moment decisions and action is what ultimately matters.

But that is risking that life itself will present the best outcomes. That of course is not guaranteed, since e.g. the other party may act opposite to our intention; or the environmental vibrations surrounding the meeting may be non-conducive to a positive outcome, even hostile to it; etc.

Thus, when we choose to open to the spiritual Force, we are not only expecting powerful positive outcomes, but we are making a conscious choice to evoke this Power on our behalf. In other words, *Consecration is in fact a freewill choice we are making based on the faith we have in its effectivity to create positive outcomes.*

Therefore, the more Faith you have in the Force's power, the more it becomes a conscious choice to evoke it.

Keys to Maintaining High Levels of Energy

To maintain continuous high levels of energy, give your all in your work, be self-giving to others in the extreme, and keep up a continuous connection to the Spiritual Force. Streams of new physical, emotional, and mental energy will emerge in your being from out of nowhere.

Spiritual Protection

The more complete your faith, sincerity and surrender, the more will grace and protection be with you. And when the grace and protection of the Divine Mother are with you, what is there that can touch you or whom need you fear? (Sri Aurobindo)

The Mother on Christmas (from the Agenda)

Christmas is the festival of the return of the Light - it's much older than Christianity! - when the days were beginning to grow longer (Mother laughs).

"Regarding Christmas, I'll tell you a curious story.

For a while, there was a Muslim girl close to me (not a believer, but her origins were Muslim; in other words, she wasn't at all Christian) who had a special fondness for Santa Claus! She had seen pictures of him, read some books, etc. Then one year while she was here, she got it into her head that Santa Claus had to bring me something. 'He has to bring you something for Christmas,' she told me.

'Try,' I replied.

I don't know what all she did, but she prayed to him to bring me money. She fixed a certain sum. And on Christmas Eve, exactly this sum was given to me! And it was a large sum, several thousand rupees. Exactly the amount she had specified. And it came on that very day in quite an unexpected way.

I found it very interesting."

Supramental Power to Know Everything in a Given Moment

In ordinary mind we have little knowledge of what others are doing or feeling in a given moment; the details of circumstance of events happening around the world; the full truth of what is happening around us and influencing; etc. We wait on time for reports of the many facts, which can take time, if we ever receive such knowledge. Even when information comes -- whether from the outside or through our thinking about the matter, -- we garner paltry, flimsy facts that block any real understanding.

In Supermind however -- i.e. Truth Consciousness -- we instantly have the integral knowledge of anything we put our attention on; including what is on the mind of others in a given moment, or the detail of the unfolding of events in the world at a distance at this very second, or the many-sided understanding of what is occurring and influencing our lives earlier, right now, and projected into the future.

It is an evolutionary leap of Knowledge perception from our current ordinary mind steeped in an essential Ignorance of things to an instantaneous, moment to moment integral perception of the truth of any matter or thing through Supermind.

However, this new nature awaits humanity in the deep future. In the interim, we can open to the Supramental Force (the divine Mother's Power) which will give us that same knowledge capacity in our daily lives, but in a somewhat limited form; that is, until we develop the full supramental power in our nature.

Still, that constant opening to Her will reveal a staggering moment-to-moment many-sided, deep Knowledge of a matter that overcomes constraints of distance and time, bringing full, integral awareness and understanding of anything in the eternal Now.

Invocation to the Mother

Morning invocation: (while holding blessing packets) "Guide me Mother this day, and may I follow your Will."

Offering Money to the Divine Mother in Right Proportions

The issue is why people do not give in the right proportions of their incomes in their monetary offerings to the divine Mother, especially in light of the fact that Her Force has brought enormous benefit to their lives. This seems especially true amongst those who are wealthy who are too-often tight-fisted in proportion to their income despite the enormous boons -- often lifesaving -- garnered from the action of Force.

In fact, there appears to be no right relationship on earth between what is good and money to support it. Money instead flows in the direction of the vital energies of Man. This presents itself in a myriad of ways. Why is this sad dynamic so?

Since money is a vital Force, its flow depends on the vital nature of individuals, which is in many ways not evolved. As Man's vital moves from desire, want, need, -- i.e. ego -- to a deeper heart center (of gratitude, generosity, oneness, etc.), as well as toward higher values and a many sided integral knowledge of things (i.e. Truth awareness), money flow will be in the right proportion.

If we also consecrate the act of Offering itself, we will see that Mother will tend to help us perceive the right proportions of things along the way, thereby influencing our giving habits. The choice however still remains up to us.

There is also the dynamic that over time we tend to forget the Benefactor, whether Mother and Her Force, Karmayogi, MSS, or anyone else who has helped bring betterment in our lives. We even forget the benefactor at the outset of the boon! In that light, there will be little will to give in right proportion or increase the stipend.

Then there is the fact that we give in response to past boons, forgetting the possibility of future boons through the Offering to the divine. Or the other way around.

There is also the thought in the rich person's mind that giving e.g. a \$500 offering is so much vaster than a \$25 from a less off person, so there is no reason to go beyond that, even though the well-off person is paying at a 2% rate of his income and the poorer man 10-20%. It is the "mathematics of Ignorance and Selfishness."

The bottom line is that Man is Selfish, Ignorant, and has little Faith.

What Makes a Great Giver of Advice !

Giving correct advice is a great talent in itself. It requires an excellent understanding of human nature,, a deep knowledge of the subtle principles of life including life response mechanisms, intense goodwill towards the people seeking advice, and the right alignment with the spiritual Force so that it can flow thru the advisor to the other person concerned. Sri Karmayogi fits all of these requirements, and has given beneficial advice to countless individuals with startling, life-changing results, of every type imaginable. (paraphrase of N. Ashokan of MSS))

Source of the Inner Voice

Ann "Inner Voice" can arise from a variety of sources..

There can be an inner voice that rises from one's inner, subliminal being, guiding one in the right direction or giving useful instruction. The subliminal is after all in touch with the superconscient, which knows all things, and past, present, future combined..

There can be an inner voice from other sources as well, such as the Mother speaking to and guiding you after following the method Karmayogi advocates.. ("Inner Voice arises when Mind falls silent and inner visions arise. This is a yogic state not easily attained, but for an intense inner effort with respect to one issue where one is intense, it can be heard..")

Then there are the less conscious influences of the subconscious that are wanting. Interestingly, the subliminal (mostly positive) sits at the apex of the subconscious (often negative influence). Sri Aurobindo indicates that a key to the evolution is transform the subconscious, allowing the Inner Guide of the deeper subliminal (the psychic being) to guide one's actions..

So an Inner Voice suggestion can originate from a variety of sources..

Power of Individuality, Selflessness, and Hard Work -in Sports and Life

In basketball, scoring is Individuality personified. Passing is Selflessness; being self-giving to others. Rebounding is hard work.. A combination of the three creates great results in that sport, as it does in most aspects of life.. At that integral point, accomplishment rises to infinity..

Divine, Universal, Society, Countries, Individuals Purposes !

Divine has got a purpose in creation. The universe has got a purpose in evolving the living beings and humans in the world. Society has got a purpose to accomplish. Countries have got their own purpose. The individuals have got their own purpose of life. In essence, every purpose is one from the point of view of the super mind. There is a unity of purpose in the diverse purposes..(Nedumaran Ramakrishnan)

Inner-Outer Correspondence

Why does life suddenly respond on the outside with good fortune when I change my inner condition? The answer is that there is no "inner" and "outer" to begin with. They are not two separate entities as we have come to believe, but are parts of the same continuous stream of existence. Though our senses tell us that there is a world outside us that is separate and apart from our own selves, from a deeper perspective there is no such division. And because we share this same contiguous reality, when I change the inner me, the outer -- which is really inseparable from myself -- instantly responds in kind. In other words, the inner and the outer are One.

Non-Local Connections of Science and Life Response

Extraordinary findings in the field of quantum physics -- i.e. the study of the very small -- confirm that there can be an instantaneous connection between physical objects that are extremely far apart. For example, for over half a century scientists have known that a shift in the "spin" of an electron of an atom can instantly affect the spin of another electron of that same atom even if the two particles are on opposite sides of the world -- or the other end of the galaxy! Like the principle of inner-outer correspondence, the phenomenon of "non-local connections" between objects corroborates the fact that there is an extraordinary, super-subtle relationship between objects, defying our commonly held beliefs about what is possible; of how cause and effect interrelate; and the nature of space and time.

The difference, however, is that whereas the scientific view of non-local connections indicates that changes in material properties -- like the spin of atoms -- can affect related properties of objects thousands of miles away, the principle of inner-outer correspondence extends that to include non-material changes as well, including variations and fluctuations in our feelings, emotions, attitudes, thoughts, and beliefs. Thus, if I change my emotions and attitude here, it can instantaneously connect with and attract good fortune from another object or individual from anywhere on earth.

The Nature of existence that enables Life Response

Here are five insights that describe the substance, medium, and power that binds the outer world to the inner person, accounting for the extraordinary life response events we experience:

1. Energy

The first insight is that in every life response event, the individual initiating the response generates a certain amount of energy. That energy then moves out into the field of life and connects with related energies, elements, individuals, and circumstance across space and time, enabling the life response effect to occur. Thus, energy is the essential binding force between the inner me and the outer world in every life response incident.

2. Four Types of Energy

The second insight is that any of four types of energy are at play in any life response event - physical, vital, mental, and spiritual. For example, when I move my body and act, I generate physical energy. When I express a desire for something special to happen, or feel an intense emotion during a concert, I generate vital energy. When I exercise my mind and take an interest in a subject matter or think my way through an important issue, I generate mental energy. And when I have inner experiences of deep calm, serenity, and well-being, I generate spiritual energy. In every life response event, one or more of the four energy types are released by the individual, which connects with corresponding energies of related people, objects and circumstance at the receiving end.

3. Required Intensity

The third insight is that for a life response event to occur, a certain minimum amount of energy needs to be released by the individual commensurate with life's conditions at the time. I.e. in a given instance, our change of consciousness needs to reach a certain pitch or level of intensity -- a threshold, if you will -- for the life response incident to occur. Anything less will not produce the desired results.^[1]

4. Common Purpose and Intent

The fourth insight is that as these powerful energies flow out from our being, they link up with individuals, objects, and circumstance with whom we share a common purpose -- whose intentions we are aligned with. Thus, when I reverse my negative attitude about my work, I align with the intentions of those individuals, objects, and circumstance with whom I share a common purpose, which formulates into an act and movement of life that crosses my field of vision as an experience of an instance of life response.

5. Coordinating Action of the Web of Life

The fifth and final insight is that these pulses of energy are able to flow between the initiating and receiving parties because there is a fundamental communication and transport system at work in the universe. Imagine that the energies we generate move out across a kind of cosmic highway -- a "web of life" if you will -- that correlates and coordinates related elements and circumstances along those pathways. Thus, e.g. when I change my attitude from a limited view of the marketplace to a broader one, I set in motion a burst of mental and vital energy that move out along one or more of the strands of this cosmic system, connecting and aligning me with the intentions and movements of corresponding energies, elements, and circumstance.

Just as a telecommunications system coordinates currents of electricity that allow sound waves to be transported between particular points on a grid, so too energies produced by our change in consciousness are directed and correlated with corresponding elements and circumstances along specific pathways through this cosmic web of life.

The Mother, the Web of Life, and Life Response

Mira Alfassa, known to her followers as "The Mother", and the partner of the Indian sage and seer Sri Aurobindo, commented on this apparent cosmic transport system in the early 1970s:

"I have a curious impression of a kind of web -- a web with ... like very loose threads, I mean not tightly meshed, connecting all events, and if you have power over one of these webs, there's a whole field of circumstances that apparently have nothing to do with each other but which are linked together there in such a way that one necessarily implies the existence of the other ... And I have the impression it's something that envelops the earth.

And it's not mental. They are circumstances that depend on one another, in a completely invisible way outwardly, without any mental logic, and yet as though connected to one another.

If you are conscious, really conscious of that, that's how you can change circumstances."

If this extraordinary cosmic transport system really exists, then one wonders what could account for it in the first place. It is my view that behind this cosmic web -- in fact, behind all existence -- there is a fundamental spiritual plane of existence. That spiritual Reality in turn provides the ultra-Intelligence and Power behind the cosmic web of life, giving it its subtle power to bind and coordinate all activities, purposes, intentions, and circumstances among individuals and objects in the universe.

Life Response Aspects: Inner-Outer Correspondence, Energy

There are actually two fundamental aspects of life response. The first is captured by the principle of "inner-outer correspondence," which states that the world outside is not separate from our inner selves, but shares the same continuous stream of existence. Therefore, if we change our inner condition, the outer instantly responds in kind. Thus, inner-outer correspondence provides the cosmic foundation by which every life response event is made possible.

The second fundamental aspect of life response is the generation, movement, and association of energy. It is the essential force, substance, and media that moves and flows in any life phenomenon event. Without it, life would not respond, for there would be nothing to respond to.

And so we begin to see the emergence of what might be called a "physics" of life response: a conglomeration of factors and a variety of processes that allow it to take shape. In concise terms, we can conclude that life response takes shape through an energy flow process that occurs within the context of a universal Oneness.

Inner-Outer Correspondence and Life Response

-The way you act towards life is how life will act towards you is captured in the aphorism "what you sow is what you reap," and in the "law of karma."

-In this principle, we recognize a flow of events that are logical in sequence, and that lead to a reasonable and just end.

-And yet a shift in one's consciousness -- such as a change in attitude -- can also bring about instantaneous results, not waiting for the normal lengthy chain of events to unfold.

-The instantaneous nature of life response is made possible because of underlying principle of "inner-outer correspondence."

-This law indicates that the inner and the outer are not two separate entities, but share the same continuous stream of existence. Therefore, when I change my inner condition, the outer instantly responds in kind.

-Inner-outer correspondence thus indicates the fundamental Oneness of life.

-Nonlocal connection of quantum science confirms that there can be an instantaneous connection between physical objects that are infinitely far apart.

-Inner-outer correspondence extends that to include non-material changes as well, including variations and fluctuations in our feelings, emotions, attitudes, thoughts, and beliefs.

-Energy is the binding force between the inner person and the outer world in every life response event.

-Any of four types of energy are at play in any life response incident -- physical, vital, mental, and spiritual.

-For a life response event to occur, a minimum amount of energy needs to be released by the individual commensurate with life's conditions.

-These energies flow out from our being, and link up with individuals, objects, and circumstance with whom we share a common purpose; whose intentions we are aligned with.

-These pulses of energy are able to flow between the initiating and receiving parties because there is a fundamental communication and transport system at work -- a cosmic web.

-Behind everything, there is a fundamental spiritual Reality that provides the ultra-Intelligence and Power to the cosmic web of life.

-Life response takes shape through an energy flow process that occurs within the context of a universal Oneness.

Life Response and Equilibrium of Energy

Here is another way of looking at a "physics" of Life Response. Imagine that the universe is an ocean of energy that is in a state of equilibrium. When we make certain changes in consciousness, we "disturb" that equilibrium and smooth flow of life relative to the point we are involved. (This can be a positive or negative disturbance, and points in between.) The universe however always seeks to restore energies back to a state of equilibrium. It does so through a fresh act. That fresh act is the life response coming back to the individual from a corresponding element across space-time (as a positive, negative, or neutral response). As a result, the equilibrium is restored; or we could say that a new equilibrium is created. Life then waits for the next cycle to unfold ad infinitum throughout the seen and unseen universe.

Deeper Awareness Beyond the Sense Enables Right Action that Attracts Life Response

If we examine how we function, we will see that we are normally caught up in the visual and auditory influences taking shape in front of us; by the surface information that is streaming into our minds through our five senses. As a result, we tend to focus on objects, colors, and motion; instead of concepts, ideas, and insights. With limited knowledge of the current conditions, we are unable to make the right choices that will trigger life response events.

If I am at the checkout line at the supermarket and focus only on the physical movement of the people in front of me, I will miss other information presenting itself in that moment. E.g., I may not catch the fact that I am getting impatient, or that the person ahead of me is having trouble loading items onto the conveyer belt, or that the cashier is overwhelmed with too many customers. That in turn prevents me from taking to inner or outer actions that can evoke a response.

However, if I were stationed in a deeper poise within -- in a state of stillness and calm -- I would be less likely to be taken in by the surface influences and more attuned to the truths unfolding before me. With this more complete understanding, I am more likely to take right actions that will attract immediate response. E.g., I would allow the person behind me to move ahead of me, or suggest to an elderly person that they use the empty adjacent checkout stand, or I would take control of my own irritation. As a result of these inner and outer behaviors, life will tend to quickly respond: e.g. the jammed food conveyer belt suddenly starts working; or several extra baggers suddenly arrive on the scene; or an expensive product I put in my cart now turns out to be on sale.

Making the Right Choices from the Depths That Enables Life to Respond

-At any moment, there are infinite possibilities before us.

-The more we are cognizant of the possibilities, the more likely we are to make the right choice.

-The right choice tends to evoke instances of sudden good fortune.

-When we live on the surface of life, dominated by the auditory and visual, we perceive few possibilities.

-When we live in a deeper consciousness within, we are more mindful and aware, which helps us perceive the possibilities that can lead to conscious choice that attract powerful life response results.

-At various points in time, we are confronted by crossroad decisions. When we make the right choice in those moments, life instantly responds in our favor. The wrong choice can instantly attract the opposite.

-The best life response-inducing behaviors are those that are helpful (over that which is uninvolved or harmful); those that focus on the needs of others (over that which serves our own self-interest); those that are positive and upbeat (over that which is negative and glum); those that engender calm and patience (over that which is disturbed and impatient)

-Even a single, well-formed decision can attract circumstances that change our lives forever.

Life Response Seen in Great Literature, Film

-One of the best ways to observe life -- including the miraculous-like phenomenon of life response -- is to read the great literature of the world. From such works, not only are we privy to the many fascinating experiences of its characters, but with a sharp eye, we can detect a number of powerful life response results as well.

It turns out that there is one great work of literature that I have found particularly compelling when it comes to life response. It is Jane Austin's masterwork *Pride and Prejudice*. Its rich story, its variety of fascinating characters, and its several dramatic turns not only contribute to an absorbing read, but also reveals a cascade of powerful life response incidents.

-Great literature as well as great cinema can serve as an invaluable instrument for perceiving and understanding the phenomenon of life response. By presenting us with a diversity of characters navigating their way through an array of situations and circumstance, these fictional forms not only help us observe the subtle and not so subtle unfoldings of life, but are windows into the inner and outer behaviors that attract these miraculous-like results.

And yet great literature and cinema will only reveal these profound insights if we are willing to penetrate the surface narrative, delve deeper, and discover the subtle causality at work. Then these works will reveal all of life's marvelous secrets, so we too can quickly attract the miraculous.

-The next time you watch a film, look out for one or two life response incidents in the story. For example, if there is a sudden positive development in the plotline, see if you can trace it back to a person's shift in attitude, or a decision or action taken, or the expression of intense desire or intention.

Do the same for negative life response. When ill fortune arrives, trace it back to a wrong movement on the part of that or another individual.

The next time there is a positive or negative development in your own life, see if you can relate it to a previous behavior on your part. If there is a positive result, try reinforcing the behavior that precipitated it. If it is negative, try avoiding it in future.

Four Determinates of Life Response: Right Attitude, Aspiration, Decision, Action

-There are four major determinants of life response -- having the right attitude, aspiring for something to come about, deciding on a course of action, and taking a physical action.

-In every life response incident, one or more of these are at play. Often, two, three, or even all four are present.

-The most common cause of a positive life response is overcoming a negative attitude -- whether towards others, one's self, or life itself. Common examples are overcoming reluctance, and shedding distain of others.

-There are dozens of negative attitudes that we are capable of expressing. We each have a propensity towards particular ones. Overcoming them invariably attract powerful positive response.

-Expressing wanting attitudes attract negative circumstance.

-If you stay fully positive in a situation or otherwise raise your level of cheerfulness and enthusiasm, you attract positive conditions.

-When we focus our thoughts, interests and emotions on anything, life tends to bring more of it.

-When we deeply aspire to achieve something, life conspires to quickly bring it about.

-When we commit ourselves to a course of action -- i.e. take to a decision -- life moves in our favor.

-Life also responds to taking a physical action.

-In an event where all four determinants are at play, we can attract overwhelming, even life-changing response.

Life Embracing Strategies that Attract

- Accept the work before you in full, rather than what you want.
- Be positive, cheerful, and optimistic in everything you do.
- Do the work in ways that generate unbridled enthusiasm and joy.
- Make the full, exhaustive effort to accomplish the work.

Astounding results will surely follow!

Powers of Organization that Attract

- Higher Levels of Cleanliness
- Higher Levels of Orderliness
- Systematizing Life's Activities
- Organizing Facts into Ideas
- Maximizing Use of a Resource
- Giving things Greater Attention

The Great Secret that is Organization

-To know what organization is not is to know what it truly is. To imagine an existence without structure and order is to appreciate how organization has shaped every aspect of our lives.

-Organization is the ordering mechanism that coordinates and integrates all aspects of life, providing a foundation for stable existence.

-Organization is a power that turns unruly, unordered, disparate existence into manageable, utilitarian reality so life can thrive.

-Taking to higher levels of organization not only creates practical results, but powerful life response results as well.

-Life has a particular tendency to respond to higher levels of cleanliness. It is perhaps the quickest way to evoke a positive response from life.

-Cleanliness reaches its apex and perfection when accompanied by higher levels of orderliness.

-Whereas cleanliness makes objects more presentable and appealing to the eye, orderliness puts them in recognizable patterns for easy access.

- To systematize a thing is to organize that object or matter into orderly and logical patterns that maintain themselves and repeat. When taken to in greater degree, it tends to evoke good fortune.

-When we take facts and turn them into organized knowledge, life responds to that effort; often attracting more or greater knowledge in that domain.

-When you make the maximum use of a resource, you attract more of it, as well as other positive developments.

-Giving an object or individual more attention energizes it, brings out its full potential, and attracts powerful life response results.

Strategies to Connect with Others that Attract

- Overcome your negative attitudes towards others
- Focus intently on the interests & concerns of others
- Take to acts of selflessness and self-givingness
- Embrace the other person's position and point of view
- Give deserved individuals more personal attention
- Feel sincere goodwill to another party over time
- Consciously send others vibrations of goodwill

- Express sincere & heartfelt emotions of gratitude

Example Expressions of Psychological Weakness

- Lacks strength
- Lacks fortitude
- Lacks toughness
- Lacks courage
- Lacks resiliency
- Lacks conviction
- Lacks will & determination
- Feels helpless, powerless
- Is in a weak position
- Has no sense of control
- Is overly deferential
- Is easily swayed
- Is dependent on others
- Doesn't know what to do
- Is incapable of acting
- Is indecisive
- Is shrinking, cowering
- Is fearful
- Is timid, shy
- Lacks self-esteem
- Lacks focus, direction
- Cannot deal with problems
- Has no power
- Is uninformed, gullible, naive
- Accepts abuse
- Has no energy
- Shirks responsibility
- Procrastinates

Expressions of Psychological Strength that Attract

- Takes action instead of avoiding it
- Deals with problems head on
- Takes up the challenge
- Does what is necessary
- Makes the hard, tough decisions
- Is forceful when necessary
- Is determined and persevering
- Expresses an intensity of will
- Show toughness and resiliency
- Is fearless, courageous, and brave
- Maintains emotional equality
- Is unflinching in face of adversity
- Doesn't back down

- Has a never-say-die attitude
- Sticks to one's beliefs
- Stands up for what's right
- Avoids being at the mercy of others
- Is not bullied by others
- Avoids procrastination and delay
- Is able to think for one's self
- Is self-confident, self-assured

Is able to lead; direct others

Trace Backward

One of the most powerful life response techniques worth practicing is something I call "Trace Backward." It is actually quite simple. Every time you come across an instance of good fortune, -- such as a client calling after years of being out of touch, or the sudden, unexpected arrival of money, or an opportunity arising out of nowhere -- trace it back to a recent shift in your behavior, such as a change in attitude, or a decision made, or an action taken. That way you will consistently connect the life response outcome with the change in consciousness that precipitated it. (You can also do the same when you watch a film or read a novel or review news events in the media.)

Taking this approach will enable you to see life response more often and more clearly. As a result, you will tend to take to these corresponding right behaviors more often, which means you will experience life response more frequently, leading to greater success and fulfillment in life.

By the way, the same approach can be used with negative life response. If a negative event occurs in your life and you trace it back to a wanting inner or outer behavior -- such as a lack of inner strength -- you will be more motivated to avoid it in the future (and thus avoid additional negative response).

Trace Forward

An even more advanced technique is something I call "Trace Forward." This is in essence the ability to predict when a life response will occur in the future! Though this method usually requires several years of life response knowledge and experience, there is no reason you cannot acquire in early on. In essence, in any given moment, you sense how life is unfolding, and therefore where it is leading, which enables you to determine where, when, and why a life response will occur. You can even predict the precise moment that it will happen! Here is an example:

One day rather than take my afternoon walk, I decided to wait at my office for a FedEx package to arrive with my new HP laser printer. For several days, I tracked the package and therefore knew that it would arrive soon. But I still couldn't say if it would be today or tomorrow.

Then it struck me that rather than wait around, I should instead (at 2pm) vacuum the floor. And so I took out my new, month-old vacuum cleaner and began the task. Unfortunately, the dirt was not being sucked up into the machine! Then I recalled that the previous three or four times I used it, the same thing happened -- i.e. it spit out dust balls even as I seemed to be picking things up.

When I then opened the machine to see what was wrong, I discovered that the bag inside was not collecting the dirt. It turns out that I had not installed the hose properly when I assembled it, causing a lack of suction. When I then went ahead and fixed it, the vacuum worked perfectly.

Now comes the best part. I vacuumed for ten or fifteen minutes, but I was concerned that I would miss the delivery of the printer because the vacuum would be too loud. Then it occurred to me that as soon as I finished the cleaning, the delivery would arrive.

As I finished the vacuuming, I was now all but certain that the delivery would arrive at the moment I completed the task. It just seemed right considering the flow of events. A minute after finishing, I walked over to the window, had that thought again, and instantly saw the delivery person with the FedEx package containing the printer walking up the pathway! He arrived right on cue!

In essence, I had predicted the exact moment, down to the second, the delivery would take place based on the flow of events and my life response knowledge and experience.

Though it is indeed very powerful, there is one caveat to this approach: you should not let the effort stroke your ego. You must remain perfectly humble when using it. If not, you will be inviting trouble. On the other hand, if you use the technique properly, it will not only be a fantastic and fun experience, but further proof that you can determine the future from within.

Trace To Beginning

In a closely related phenomenon, spiritual sage Sri Karmayogi tells us that the ultimate outcomes of a project, work, circumstance, etc. can be seen at the very beginning. At the outset of a related chain of conditions there are acts that are indicators of the final outcome of that life flow, whether a project in a business, a home purchase, even a marriage.

Mother's Service Society researchers including myself have traced many instances of this startling phenomenon. E.g. in *Pride and Prejudice* Mrs. Bennet announced at the very beginning the arrival of two young, handsome, very rich, eligible bachelors, which is in fact what happens at the very end, when they marry two of her own daughters, sending her middle class family to the heights of wealth and social status.

What good are such perceptions? It can help you anticipate, if not predict the future (the final outcome). A crime investigator, or a doctor, or a businessperson with that subtle sense can make decisions and take actions that abridge space and time through that knowledge; by either moving in the opposite direction of a negative event up front in that chain, or reinforcing any positives that arose at the outset. Developing a Subtle Sense to see that will facilitate the process; i.e. paying attention to the flow of life; as will an ability to make the correspondence between the outer conditions and one's own attitudes, motives, beliefs, decisions and actions.

Thus through this startling phenomenon of Life, you can become Its complete Master. It is thus an ultimate Life Response power.

Here are some examples of the phenomenon:

-One individual I know was desperately trying to meet some people in a suburb of Los Angeles for a crucial, potentially life changing meeting. He ended up getting utterly lost in a maze of suburban streets. Though he would later find the place and create a business relationship that would last several years, that undertaking ended in bankruptcy. (Had he calmed himself and opened to the Spirit to cancel the negative there and then - something we'll discuss in a later chapter - he might have overcome this disastrous eventuality.)

-An individual was desperately trying to get some sun tan lotion before taking a cruise on a tiny riverboat in Sacramento, California. His effort was intense and confused, though he and his friend managed to get on board just a moment before the little boat embarked. Twenty minutes into the trip a super, modern speedboat zoomed by, nearly cutting the boat in half. What happens at the outset indicated the thing to come. (Again, had he caught his emotions and remained steady, he never would have attracted the near disaster.)

Sri Karmayogi indicates that if you want perfect success at the end, trace its path to its earliest beginnings. All those events will be of the same character; with the same motive, attitude, opinion, etc. of the individual precipitating them. Once identified, withdraw the negatives that created the wanting outcomes at the start and presently, and reinforce the positive ones. Life will respond overwhelmingly in your favor.

You can also make that change at the very beginning, by catching the smallest or largest negative that appears. You can readily identify these by seeing the correspondence between the inner you and the outer conditions. Taking this approach at the outset will change the course of life relative to those circumstance. It's a way of insuring perfection in the outcome; avoiding considerable effort and the meanderings of life. In other words, it creates the greatest efficiency of space and time.

Perceiving the Consciousness of the Individual Collective By How Things Start

is also worth noting positive outcomes that occur at the start -- such as workers being always on time, the firm passing quota the first week, much smoother running of machines, passing deadlines earlier than anticipated, and so forth. Whatever their nature, they too are indicators of our own individual consciousness and/or that of the collective. Identifying and reinforcing them at the beginning as well as along the way will ensure the final outcome is great, far exceeding our initial aspirations and projections.

Spiritual Expressions in Life

- Silence/Being
- Oneness
- Creativity
- Knowledge
- Truth
- Power
- Goodness
- Beauty
- Love
- Delight
- Eternity
- Infinity

Silence Strategies that Attract the Positive and/or Avoid the Negative

- Withhold expressing ideas, desires when conversing.
- Avoid forcing yourself on others; be patient & wait.
- Avoid initiating action, letting life come to you.
- Avoid engaging in wasteful conversation.
- Avoid talking loudly; speak in a low, soft voice.
- When a positive occurs, avoid wasting that energy.
- Quiet the mind when over-stimulated or disturbed.
- Avoid vocalizing negative thoughts and feelings.
- Remain calm & equal when serious difficulties arise.
- Practice non-reaction toward others & life's intensities

Underlying Source Influences on Life Response

The Spiritual Reality > The Oneness of Life > Inner-Outer Correspondence > Life Response

Life Response Outcomes Generated by Opening to the Force

- the seriously ill return to health
- those at the bottom rise to the top
- items lost are suddenly found
- families near ruin experience a windfall
- groups coming to blows, suddenly relent
- decades long feud are diffused
- those who are poor come into wealth
- tornadoes destroy all homes but theirs

- pilots shot down float safely to earth
- nations about to attack are mollified
- the many-years sick become well
- the unattractive become good-looking
- a court case hopelessly lost is reversed
- oppressive bosses become compassionate
- emergencies turn out to be nothing
- those ready to die find reason to live
- babies with defective hearts are healed
- criminals on the loose are apprehended
- families in discord find harmony
- years-long enemies become friends
- the forlorn find reason to live
- the unloved find love
- heavy rain replaces drought
- solutions arise for intractable problems
- resources appear in times of scarcity
- individuals are saved from embarrassment
- electrical power suddenly comes on
- an entire life's work presents itself
- lost individuals find their destination
- small sales turn into huge ones
- lost wallets and purses show up
- long empty stocks of inventory are filled
- difficult medical operations go smoothly
- people near death come back to full health
- difficult to sell properties are purchased
- bitter rejections turn into acceptances
- disagreements turn into agreements
- obstacles of every manner & type disappear

Spiritual Results from Opening to the Force Include-

- a feeling of serenity and calm
- a feeling of richness and fullness
- a sense of utter well-being
- a buoyant, uplifting energy permeating the atmosphere
- a sense of harmony and oneness with the environment
- a feeling of deep connection and bond with others
- a perception that all and everything is utterly perfect
- a deep and abiding joy and delight of being
- a deep faith that all will work out well
- a sense that any and all things are possible

Response from Consecrating Life Activities

- The conditions of life are brought under control
- Everything works out just right (and then some)

- Life is free of interruptions and disturbances
- Life unfolds smoothly and effortlessly
- Perfections shows itself everywhere
- New, creative possibilities reveal themselves
- The seeming impossible is made possible.
- Magical-like events take place
- There is a feeling of serenity and well-being
- There is a joy-filled and delightful atmosphere

What We Can Consecrate

Acts/Activities

- Minor or Major
- Individual or Collective

Aspirations/Intentions

- Short or Longer Term
- Individual or Collective

Situations/Problems

- Small or Large
- Mild or Acute
- Past or Present
- Yours or Others
- Individual or Collective

Results of Consecration

- Life Comes Under Our Control
- Negative Conditions Evaporate
- Positive Situations Arise
- Unprecedented, Creative Outcomes
- Spiritual-Like Experiences

Keys to Consecration

- Clear Focus of What We Are Offering
- Intensity in the Act
- No Insistence on a Particular Outcome
- Faith That Results Will Come
- Accepting the Results in Full
- Gratitude for What Does Come

The Process of Accomplishment; Direction, Organization, Action

Direction - You become aware of the possibilities > You narrow down the possibilities > You envision what you want to accomplish > Your emotions endorse it > You make the decision to make it happen.

Organization - You consider strategies to accomplish the goal > You choose the best strategies > You develop time bound action to do to make it happen.

Action - You execute the to dos in a timely manner > You execute with intensity, skill, and right attitudes > Life responds overwhelmingly!

Sample Wanting Attitudes that Block Achievement/Response

PESSIMISM, INCAPACITY

"That is just too difficult"

"It's just too much to take on"

"It will never work out"

"It will take forever"

"There are no solutions for that"

"What's the use of trying"

"I can't do that"

"I don't have the energy for that"

"I can't do it all alone?"

RELUCTANCE

"I don't want to do that"

"I don't want to get involved"

"Let someone else take care of it"

"This is new; I cannot accept it"

"Leave me alone"

"I'll do it another time"

LIMITS

"5% growth is more than enough"

"The market is limited"

"There are limits to X"

"Let's play it safe"

"We only have limited funds"

"Resources are always tight"

"I must hold on to my money"

OTHER PEOPLE

"I'll have nothing to do with them"

"He's the cause of the problem"

"They'll just ruin things"

"They cannot be trusted"

"They're always trying to cheat me"

"They are impossible to control"

"They just won't cooperate"

"It's my way or the highway"

Envision & Create Your Future

- Envision the goal you want to achieve
- Make sure it is clear in your mind
- Passionately desire for it to come about
- Make the decision & commitment to achieve it

- Organize the details, including right strategies
- Develop time bound to do to make it happen
- Carry out your plan in a timely manner
- Make the full, determined effort
- Remain positive, optimistic, and enthusiastic
- Overcome corresponding wanting attitudes
- Execute your plan with the highest skills
- Focus on its attainment as exclusively as possible
- Aim to achieve the goal by your target date
- Open to the spiritual Force at every stage

Life Will Respond in Overwhelming Fashion!

The Infinite Power of Creation

There is a process by which individuals create and accomplish in life. Interestingly, this process is not limited to acts we as individuals engage in, but to all planes and field of life -- whether it is a business, social institutions, or society as whole.

For example, when a business does a strategic plan, it follows this same process from vision to decision to execution to manifestation. When followed diligently, meeting all of the conditions described earlier, the company will not only accomplish its goals, but it will come about through powerful life response results. The same is true for a family, a community, a nation, or any collective or aspect of society. When that entity diligently follows the steps of the process, it not only accomplishes what it intended, but far exceeds it through instances of sudden good fortune.

We therefore see that the process of creation is actually a universal in nature, and applies to any aspect of life. In fact, that process also reflects how the universe itself came into being from a divine Source. I.e. an Infinite consciousness conceived of a universe of forms of its own Force, and then organized and executed Its intent, bringing about the cosmos we know and live in. Thus, when we follow the process of creation and accomplishment in our own lives, we are following the same essential method of the Infinite - from vision to direction to organization to manifestation. And like that divine Reality, we are able to create infinite-like results in the very shortest period of time.

Indicators of a New Way of Living

- Good fortune continually comes your way
- Luck comes on its own without outer initiative
- You constantly move life from within
- Your orientation and poise is inward
- You see life through a 'witness consciousness'
- You are in harmony with the unfoldings of life
- You feel a deep sense of oneness with others
- You are consistently selfless and self-giving
- Life inside you is calm, silent, and equal
- All of your aspirations are fulfilled, and quickly
- You follow a universal process to fulfill them
- You constantly open yourself to the Force
- The Force constantly works on your behalf
- The conditions of life are under your control
- The creative and dynamic constantly unfolds
- The seemingly impossible is made possible.
- The infinite moves into the current finite

- The future takes shape in the present
- Space and time are overcome
- Cause and effect are seen in a different light
- You live an ultimate efficiency in living
- You sense a deeper purpose in life
- You feel an intense joy in being alive
- You feel a spiritual presence above and within
- You are constantly growing and changing
- You are a pioneer of a new way of life

Key Human Behaviors that Attract

- Be positive, optimistic, and cheerful
- Give up a wanting attitude or belief
- Turn negative emotions positive
- Try to make any situation better
- Choose what is positive and helpful
- Make a decision about something
- Take the necessary physical action
- Embrace what life has put before you
- Overcome any reluctance you have
- Feel deep enthusiasm in your work
- Make the full exhaustive effort
- Take responsibility for a situation
- Increase cleanliness & orderliness
- Systematize an activity
- Organize facts into ideas
- Maximize the use of a resource
- Give people/objects more attention
- Implement money-attracting strategies
- Shift your focus to others
- Be selfless and self-giving
- Show gratitude to others, life
- Send others good will
- Forgive others when wronged
- Take to greater psychological strength
- Hold back a thought so others speak it
- Talk less; and in a low, soft voice
- Take the other person's point of view
- Eliminate thinking in intense situations
- Move from agitation to stillness
- Be calm and equal when problems arise
- See negatives as positives in disguise
- Hold back initiating; drawing others
- Execute an activity perfectly
- Open to the spiritual Force
- Really aspire for something to happen

- Plan, implement, and execute a goal

7 Key Strategies to Make Life Respond

- Look Around, Be Aware, and Choose in the Right Direction
- Take to one or More Human Behaviors to Continually Attract
- Apply the Right Human Behaviors to an Upcoming Event
- View a Negative, Correlate it to Yourself, & Make the Necessary Change
- Apply the Right Human Behaviors to Resolve a Problem
- Open to the Spiritual Force for any Aspect of Life (Consecration)
- Follow the Process of Accomplishment to Achieve Your Heart's Desire

Readiness of World to Adopt Sri Aurobindo's Teachings

[On the issue of why society did not adapt our -- MSS' and affiliates -- insights before, and their readiness to do so now.]

Garry' Jacobs' and my writings based on Karmayogi's thinking based on Sri Aurobindo's Theory of the Process of Creation were pioneering efforts. By its failure to expand beyond our worldwide clients, we had a chance to learn more deeply in other areas, giving an even wider basis. Now all energies, forces from our side are far more ready, and is much more synchronous with an increasing readiness from the outside, the collective. Global business development, emergence of poor nations, accelerating technologies, the need to find meaning, competition, getting the upper edge, acceptance of the concept of personal and human values, etc. are all driving forces that make this material (which is now further developed) more amenable to current society.

The fact is that a human based humanity is on the rise, in particular in the wake of all sorts of disasters - environmental, financial, and so forth. People are more ready for New Thinking, new approaches to success.

The aspiration in countries like India is astonishing, pushing things forward. They have the deep insights of the past and now have the best opportunities to relearn them in a prospering environment. The same elsewhere in different degrees.

Business Entrepreneurs, Others Open to New Consciousness-Based Understanding

[on whether the business world is open to new thinking as presented by MSS]

In an entrepreneurial environment, there is more openness to such innovative new age business ideas. RH at LinkedIn is but the tip of the iceberg of such an entrepreneurial spirit of openness to change that is here in Silicon Valley and is spreading worldwide. They are open to such ideas. Steve Jobs read Autobiography of a Yogi, Swami Yogananda's Life, the biggest selling spiritual book from India ever, every year. He created the most highly valued company in history, having TURNED IT AROUND when it was on the precipice. TEDTalks and the like are full of innovative thinking. It is spreading worldwide too. TedTalks in Chennai India! In Search of Excellence started the whole wave intellectually. Merging Peter Drucker's thinking with freedom and self-expression for the individual in the workplace, a product of the hippy 60s. Now it is snowballing in all directions.

Living in The Ever-Present

If one lives in the ever-present -- i.e. not concerned about the past or future, but is absorbed in the needs of the Now -- one is much more sensitive to true Time, including the true nature of events of the past, such as feeling gratitude for past deeds others have done for us. Those who don't live in the Ever-Present and have this munificent "time memory" and feeling are caught up in time, feel the pressures of the past and future in the current moment, and thereby live in psychological pain. One must come out of that state and live in the Ever-Present, the eternal Now, where one is fully absorbed in what needs to occur in the current moment, and yet where all necessary truths of the past, present, and future reveal

themselves and come into our field of awareness so we can better understand life's conditions and take right actions.

Conscience Levels and the Spirit Beyond It

He who runs his life based on his family point of reference - is better than the one who does not of have any point of reference to ethics and moral. He who transcends family and take society as reference point - is still better.

So first any individual who accumulates a point of reference which has all good of individual and society and codifies them as law of life for himself can only say that he is a conscientious individual. But, the struggle between life and conscience is always decided in favour of life.

The best point of reference is to the spirit, which transcends all physiological and mental plane of individual conscience. It may sometimes be inhuman, unethical and above all defy social logics, but has to be done for the Divine.

The Mother says conscience is adversary - as yoga is in the plane of the universe, while conscience is in the psychological plane of a society in which one lives. (Ramesh Kumar paraphrasing Sri Karmayogi)

Overcoming Limited Quality in Devotees that Block Money Coming In

[On why devotees find themselves not making money, even though they work hard.]

We devotees are each here to overcome a deficiency. Each one has one or more, and often it expresses through money. E.g. insensitivity to paying back debts, or jealousy of another's success; etc. The depth of the problem is equal to the magnitude of the opportunity. The mirror image of this dearth is something ordinary non-devotes cannot reach - in terms of wealth, in terms of effect on society, change in consciousness amongst our peers, friends, collectives, and the world itself.

At every point we are deficient is a point where we are absent from Mother. If we change that wanting attribute in our nature, Her Force and power can rush in. Up till then it deflects the incoming grace -- whether it comes as money, opportunities, physical well-being, etc. Once we identify the issue(s) life Her Power takes over. Till then we are in stasis, or may grow in consciousness but not in security and wealth, or go backwards.

Devotees Bringing the Passion for Money for Sake of Divine

Devotees being spiritual in nature - at least in part - are not ordinarily as life affirming as non-devotees and tend not to chase after money, possessions, et al as much. Thus that aspiration for such things is less there, hence attracting less along those monetary and material lines.

If however Mother's devotees also had the passion to bring money to the Divine, plus practice as spiritual aspirants, they would attract equal to if not FAR MORE than their non-devotee contacts.

Also taking money out of the hands of the Asura requires that combination of Aspiration for both Mother and money; without being attached to the latter, while being supremely Devoted to the former.

Human Conscience vs. The Logic of the Infinite

For the average individual, conscience is a great thing. It is a sign of humanity, of taking responsibility, of questioning life, of seeking truth in things, etc. Hamlet is a prime example; who as Sri Karmayogi says is an unprecedented character in the history of the world, even though fictional. He was great because he had both individual and social conscience; being the first of that kind.

The world today is rapidly evolving in conscience. It is a great thing: a sign of the further emergence of rational thinking, as well as the further arrival and spreading of human values.

And yet relative to the Spirit, the Divine, the Mother, conscience offers little, as the Logic of the Infinite takes over, with its Higher Truth and Insight into life's conditions. It knows

precisely what is and what to do in space and time. When we then follow its Subtle, Truth-filled Guidance, the outcomes are magnificent. Conscience can only sit on the sidelines and observe the Cosmic Insights of the Infinite Divine into the Play of Life.

Likewise, the results of Consecration, of self-offering acts to the Divine, trumps conscience; though there will be times when we will need to evoke both powers simultaneously since we are not fully conscious and divine ourselves.

Sharing Good Things with Others Attracts

It is that basic instinct of us to share good things to more and more people which attracts powerful response from life. (DK)

Limits of a Particular Spiritual Method

Sri Karmayogi indicates that any spiritual method - however powerful - will not be good or perfect in every occasion. (Ramesh Kumar)

Example: Calling Mother repeatedly will be of less use when the physical consciousness is resisting the Grace. Shifts in one's psychological condition of the underlying cause often has a greater power in such situations.

Decision and Sincerity in Work Evokes Response

Any work done in this regard when the DECISION touches the depths and is matched by the SINCERITY required, will at once evoke a response from outer life around or even from outside. Its power is unfailing. By his inner actions Man can move outer work is a rule that never failed in my observation. (Sri Karmayogi)

Pollution and Human Consumption Greed

Pollution in all its forms is a sign of human greed for consumption growing beyond nature's capacity for absorbing waste which shows up as pollution. (MSS)

Reluctance and Suffering

Everything I have been reluctant to do has been the cause of my suffering.

Focus and Intensity on Beauty and the Beast Elicits Response

For a month now I have been watching the 1987 TV series Beauty and the Beast, 25 years since first seeing it. I was reminded of the spiritual values in the series that is equivalent in its own way to the people I know who have gathered around Karmayogi's teachings, Mother, et al. They too called the leader "Father" in the series.

As I have been approaching the last handful of episodes, I wondered what the series would be like if they remade it now. I also had anticipated that I would be finished viewing the current episodes by about the first week in October. I had really been enjoying the show, especially after the first 10 episodes of Season 1 onward, and the intensity has been building up. The deep, heartfelt values of the community and deep abiding love of the principles has warmed me on many occasions. I was regretting to see it end.

However today I opened my Apple TV on my television and discovered something astounding. On October 11th, a new Beauty and the Beast series was scheduled to be aired around the world (something I had no idea they were making), and with the same basic characters and plot arrangement! Almost to the day I expected to complete the old series, a new series had suddenly appeared out of nowhere and was presenting its first episode precisely when I was completing the old one!

Apparently my identity and deep affection for the values and community had created a level of focus and intensity that evoked a new show to my person. Now that's the way to create a remake!

2013

Basis and Cause of Lapse into Ignorance

- Division of consciousness is the basis
- Exclusive concentration is the cause
- Ignorance essential for Divine Life in material body (MSS)

Methods of Ascent Beyond Mind

1. Go within from surface to the subliminal
 - Discover inner mental, vital, subtle physical being
 - Psychic Being comes to the surface
2. Rise above
 - Realize the Silent Self
 - Self can ascend to Spiritual planes of Mind (MSS)

Dimensions of Division and Separation in Involution and Evolution

- Four above separate from four below
- Essential knowledge separates from Totality & Individuality
- Being separates from Consciousness from Ananda
- Knower separates from Knowledge & Object of Knowledge
- Being becomes Transcendent, Universal and Individual
- Consciousness becomes multiple planes of consciousness
- Knowledge separates from Will in Mind
- Force separates from Consciousness in Life
- Form separates from force in Matter (MSS)

Descent into Inconscience - including Division and Separation

- Involution creates Inconscient Ocean of Rig Veda
- Complete separation occurs in the Inconscience
- Each being, idea, force becomes completely separated from all others
- Consciousness and Force become completely separated
- Mind, Life and Matter become separated
- Consciousness gets absorbed in Form and Force
- This makes error and falsehood inevitable (MSS)

Origin of the Dualities in Our Being

- Our fragmentary separative existence and consciousness emerges from the Inconscient
- Ignorant struggle to know creates falsehood & error
- Ignorant struggle to live engenders wrong & evil
- Egoistic struggle to enjoy creates joy, pain, suffering

- Existence expresses in dual terms of life & death
- Forces of Darkness assert to maintain the Ignorance (MSS)

Methods for our Ascent in Consciousness

- Be rational
- Non-reaction
- Consciousness responsibility
- Goodwill
- Self-giving
- Non-initiative
- Be Good and True (MSS)

Life Response Power of Accepting the Givens of Life

(I had told a young Facebook woman friend who did not like sales to accept what is coming to her from life. She preferred another career direction. Here is her private message to me today.)

"Hi Roy, hope you well! I would like to share something with you. After our chat the other day, I began accepting a career in sales (one which I have been closed off to because I didn't want to do sales). And I have also been sending my cv for jobs in drama and media (my two passions). Yesterday I have attended a sales training, a part time sales job that I have accepted. And was excited as well, when I've gotten 2 emails for part time job interviews. And you guessed it; one was for a part time online editor post and the other, a radio drama audition. I had to share it with you! Will consecrate those new jobs now."

(And now a followup to the story above about the young woman: "I just went for the audition for the drama and the lady loved me! She said she wants me to act for their show. It's a radio drama. I'm so happy! Thank you Roy thank you!")

Comment: This is excellent news and feedback!

Power to Choose

Between stimulus and response there is a space. In that space lies our freedom and power to choose our response. In those choices lie our growth and our happiness. (Martyn Green)

Acting in a Cultured Fashion

One sign of a cultured individual in these times is that when engaged in an online discussion he exercises his mind and thinks before he reacts. (It actually applies to all human interaction)

[A viewer: Very true Roy but the fact is at times if thought consecration, is not in practice words fall out from us before they are analyzed by us.]

That is why we need self-control, which is what culture is, as we move in full deference to the needs and thoughts of the other person. Through personal growth and even yoga, we move our mind to silence. Practicing Non-Reaction, silent will, taking another's position, as well as consecration all enable us to develop the right cultural capacity to properly engage in these dialogues.

[A viewer: Roy your comment goes well with an individual with a Spiritual opening. Can u be specific for say a common man? There are many personal occasions, our communication which was done quite friendly and openly, invokes an otherwise response from the other person.]

For the common man he can practice simple acts of culture, such as being pleasant, respect for others, listening, thinking before reacting; not abusing another, "do unto others as ..." etc. in other words self-control. All forums ask this as a minimum. If this is too much for the average man, then perhaps he should aspire to move beyond the common.

If another person acts unfriendly or even hostile to us, we can link it to a wanting aspect of our being, and change that. When we do, others will tend not react in an unfriendly way.

Why Focusing on a Thing Attracts More of It

By focusing on a thing, you align with its vibration and even intention, which is why more of that thing suddenly comes to you. More energy between you and it take place, which pulls in corresponding additional subtle and material formations of it. Their sudden arrival seems miraculous-like.

Innovation vs. Implementation

Innovation is Individual. Implementation is Collective. (Karmayogi)

Comment: We see how great pioneers in a field, driven by subtle values, creates new innovation, whether an idea, concept, principle, form, service, product, technology, etc. Then the result is implemented by others -- by the group, the institution, organization, business, government, the society itself, or any other form of collectivity.

Expressions of Planes of Work and Accomplishment

Work can be in one plane. Accomplishment exists in all planes whether it is visible or not. (Karmayogi)

Comment: E.g. you are a carpenter and do the work diligently at the material level. As a result, someone calls to inform you that your book on that craft is suddenly selling big time in Europe, a completely unexpected outcome. Also you are asked to give a speech on the subject that requires an explanation of several principles you have to devise. The work was at the material level, but the accomplishment - through life response phenomena -- was at the physical, vital, and mental levels.

Enjoying Another's Misfortune

Callous enjoyment of another's misfortune will surely return as negative life response.

On Technology (extracted from various thoughts of Karmayogi)

- The first aim of technology is to raise the quantity and quality of the result.
- Technological improvement is the direct result of Man's urge to be better than the past.
- Technologies generally become creative when two or more come together, as the computer and telecommunications generated the Internet and Worldwide web.
- Technology of various levels coming together gives birth to creative technologies. (Computer and telecommunication met to create the Internet.)
- Creative technology creates fresh energy in vast quantities.
- The increasing energy, the demands of higher production, the greater mobility of the population, the new equation of power between the ruler and the ruled, the greater comfort the population enjoys, etc. also demand a New Technology.
- Technology is developed not only by those who think mechanically but by those who are subtly perceptive of the release of energy by the varying use of tools.
- Technology derives its higher technical advantage from the subtle, causal planes.
- In a higher technology energy comes out of the subtle plane, the accomplishment from the causal plane.
- Higher technology uses less energy.
- Technology is a symbolic index of man's civilisation.

Harmony's Productive Vibration

Of all the vibrations in the atmosphere, harmony is the most productive. The highest creativity belongs to harmony. (Sri Karmayogi)

Hiding Money to Not Pay Taxes

Hiding is deceit. Hiding money to avoid taxes is financial deceit. It is easily condoned as a means of creating efficiency in business, and simply the nature of the global environment. That is insincerity. Deep down it is a form of unpatriotism, as the contract the people have with the government is that It will protect us and provide stability, and we are obliged to pay our taxes to support that effort. That is the basis of a democracy. Deceit and insincerity coopts that contract, creating instability in the world. The financial crisis that nearly took down the world economy is another form of the same perversion of monetary values.

Reader: Then what we will do for basic necessities like home loan, bike loan, etc.

Response: I am mostly speaking of hundreds of billions of dollars not paid by large business concerns many of whom are swimming in cash. Still everyone should aspire to pay their taxes, and do the best to do so. Likewise the nations should do all they can to uplift their country. People should work together to do so too. Not paying tax is like not paying one's debt. It is our citizen duty to do so.

Organization and Harmony to Solve Income Gap

People recognize and wish to overcome the huge gap in income distribution in society. It is a laudable goal. E.g. here even in the US it has completely gotten out of hand. The problem is that there is not enough organization in the society to make it possible. Instead of cooperation, collaboration, and systems that organize the effort, ego predominates at all levels, as people and parties pull in their own direction. In other words, there is a lack of Harmony that prevents Organization that can help resolve such social challenges. Sri Aurobindo says that all problems in life are essentially problems of Harmony. Organization creates Harmony. Harmony creates Organization.

Knowing More than One Thing at a Time through Spiritual Mind

There is a Tamil saying: "The Divine has limited our vision. We can perceive only one thing at a time." It is the Essential Ignorance of the Mind born of creation. It is the result of the Involution. However, through intuition, light, and supramental perception we move out of this limitation, as the Mind embraces and knows the many-sided Truth of things from moment to moment. Constant consecration opens us to the Depths where this is made possible. It is a movement of the Evolution.

Avoiding those Who Seek to Tear Down

There are certain individuals whose first instinct is to tear down any positive development they learn about, no matter how magnificent and practical. Let us learn to listen to them without reacting, not give them credence, and move on.

Consecration Before and After Problems Arise

Anticipated problems dissolve before they happen if you consecrate them.

Reader: What about unanticipated? How to consecrate problems beyond our limitations of mind?

Response: Before each act, consecrate. Then the chance of problems occurring greatly diminishes. Another approach is hourly consecration, which helps positive flow on a continuous basis.

Sincerity

Sincerity is being true to your vision, no matter what it is. Insincerity is to act otherwise or opposite to one's aspiration and claim.

Power of Applying Values in the Details

The key to Values in business is not just having them and including them in your mission and strategic plan, but to implement them in every activity, system, project, and procedure in the organization, with specifics and standards of how that value is to be applied there. In this way we push values deep into the heart of the organization, creating maximum practical and life response effect.

Spiritual Determinate/Values and their Subset Human Values

Mind perceives the cosmic determinates that emanate from the Divine as Spiritual Values. Silence, Peace, Harmony, Truth, Knowledge, Goodness, Beauty, Love, Joy, Timelessness, and Infinity are among them. They are what the Divine seeks to manifest in creation. Below that are a hundred key human values, such as openness, freedom, collaboration, honesty, creativity, perfection, simplicity, reliability, justice, organization, and dozens of others. When we apply a value, we are actually employing a spiritual skill, reflecting one or more cosmic determinates of the divine Reality, fulfilling Its intent in creation.

Myself, Steve Jobs, and Simplicity

Since 1982 I have followed Steve Jobs' career very closely. As if he were a second me. The essence of his values is Simplicity. Making the complex simple, while retaining all of its power. Further comment: Today ironically I am down the road in Silicon Valley, which in many ways Steve Jobs' single-handedly made into a vast power through his vision of Simplicity.

Gladness in the Unfolding

For the Seeker there is no "payoff"; only ever-increasing moments of Gladness.

Finite from the Finite and Details of Life

The infinite can emerge from the finite, so respect the tiniest detail that comes your way by perfecting it in action and by recognizing it in one's heart and mind.

Power of Going to Their Source to Solve Problems

We normally solve problems by dealing with the effects. To go to the source that attracted it and make any necessary reversals is to cancel it instantaneously.

Example: A sports team is having troubles performing. Physically and psychologically. Morale and performance are low. The team leader thinks about replacing members, moving things around, trading with other teams. The leader looks deeper and discovers that one player is disruptive, has been spreading discord for a while. They release him of duty. Suddenly the team starts doing spectacularly. As soon as they discovered the underlying problem and changed it, life responded overwhelmingly.

Enthusiasm to Aspiration and Spiritual Life

Life begins to be Spiritual when enthusiasm changes into aspiration. (Sri Karmayogi)

Comment: Enthusiasm of the vital is harnessed and focused into the heart and mind's aspiration, reflecting our deepest values and purpose.

Aspiration, Potentials, Actualities

Aspiration converts potentials into actualities. (Sri Karmayogi)

When we focus our intent that expresses our deeper values and beliefs, then the potentials of life manifest as real for us.

Sincerity as Music of the Soul

Beyond words and thoughts lies the tone of sincerity. It is the tone of the music of the soul.
(Sri Karmayogi)

Brain, Intelligence, and Mind

The intelligence of the computer is perfect and fast within its imparted scope. Beyond it, its response is a blank. Human intelligence is thus a skill imparted to the brain by the higher understanding of the mind. (Sri Karmayogi)

Perfection of the Small Evokes the Infinite

The greatness of the greatest emerges in the precise perfection of the little wonders of the small significance. (Sri Karmayogi)

Comment: The infinite can emerge from the finite, so respect the tiniest detail that comes your way by perfecting it in action and by recognizing it in one's heart and mind.

Ultimate Power in Life

The Power that can accomplish anything directly having no urge for action is the real Power. (Sri Karmayogi)

Comment: (one of my favorite messages of His.)

Consecration is that Power. The Mother's Force. The depth of its use eliminates action attracting ultimate results.

Animal to Man to Superman

Man is to the Supramental being what the animal is to Man. (Sri Karmayogi)

Remove Cause of Problems Attracts Its Instant End

To remove the cause of a problem is to solve it at once. (Sri Karmayogi)

Comment: We normally solve problems by dealing with the effects. To go to the source that attracted it, is to cancel it instantaneously.

How Different Planed People Learn

- Physical people learn when compelled by circumstances.
- Vital people learn by example.
- Mental people learn by explanation.
- Spiritual people themselves create their opportunities. (Karmayogi.net)

Psychic Being/Evolving Soul vs. "Standard" Soul

The Psychic Being is essentially the Evolving Soul within us. That is different from the "regular" Soul or spark of the Divine. Sri Aurobindo said that the Psychic Being was his greatest discovery. The same one travels through many lifetimes; i.e. rebirth.

Purpose, Will, Values, Faith and Ultimate Accomplishment

What can surpass unity of purpose, intensity of will, highest of values, and faith in the spiritual Force (consecrated effort) in accomplishing a goal among a group of individuals?

Gradually Unfolding of Lessons for the Conscious Individual

For the conscious individual life unfolds gradually in such a way to reveal a few things at a time so he may absorb all of the smaller lessons critical to his development.

Intensity of Will and Values Overcome Opposition

Intensity of Will amongst a unified group motivated by high values overcomes the opposing force.

Widening Attracts Beneficiary from the Widened Group

When you widen the scope of benefit to embrace a wider collective beyond your own, you tend to attract support from some party of that broader domain from out of nowhere, enabling the expanded aspiration to manifest.

Unity Attracts Disunity, Discord from Hostile Opposition

In a conflict or contest between two sides, a new, higher level of Unity on one side tends to attract disunity or other forms of discord from the other, hostile side.

(It also works from disunity of one side creating unity in the other.)

Do It Yourself, Don't Wait for Leaders

Don't wait for leaders to solve the problems around you. Do it yourself, from within; by aspiring for the particular change you seek, and offering it to Her; to the supramental Force. Life on the outside WILL move.

Exaggeration of Claim of Vital Influence

The vital/emotional being exaggerates our conclusions.

Example: One hears a song that stirs our emotions and we are compelled to say it is the best piece of music we have ever heard. (Except we have said that many times about many other pieces.)

On Vegetarianism

Vegetarianism is not required according to Sri Aurobindo and the Mother, though later if one comes to sahjana and the practice of the integral yoga one will tend towards vegetarian diet as one is less inclined to the more gross type foods.

The Mother indicated that control at the physical level comes much later in the course of conscious development, and that raising one's consciousness at the vital and mental level comes first. Therefore vegetarianism has little consequence for most who are undertaking the more fundamental stages of personal growth, such as controlling the ego, one's negative attitudes, wanting habits, false beliefs, etc.; and even for those who practice spiritual-like methods like silent will, meditation, consecration, non-reaction, self-givingness and so forth.

Joy/Delight/Ananda from Psychic Poise

Sri Aurobindo indicates that the Joy of the Spirit, of the Source -- which is the Ananda of SatChitAnanda -- manifests in the individual at its highest level through one's Being and True Self. From that depth one knows in all directions, and experiences the pure Joy of being. It is actually blissful to live from that Psychic Being, as everything we do and act out becomes a means of expression of that Joy/Delight/Ananda.

Science Can Perceive the Spiritual Truth of the Reality

Science is very slowly but surely discovering the truths of the Vedas, Upanishads, and Sri Aurobindo who communed with the Reality directly. If science can give up their material empiricism, embracing all planes of being, they would discover it All much more quickly.

Mind is Transitional Instrument Only Knowing the Part; Spiritual Mind Surpasses It

Our Mind knows only a small portion of any particular thing or matter, and even these can be faulty. Contrast that with the ACTUAL multi-sided Truth of things. These two are miles apart. That is why the Mind is only a transitional instrument that according to Sri Aurobindo is

destined be replaced by Supermind (which is a Truth Consciousness that knows all sides of any particular object within its purview, including their integral relation, while also having a Will and Power to manifest that which it comprehends).

Changing Life through Human Values & Spiritual Power

Organizations that bring a social consciousness to their works is a positive development in the world. E.g. nearby here in San Francisco Twitter has their headquarters. They put it in a somewhat rough neighborhood intentionally. The workers go out once a week or more and help the homeless on the street and clean up things in the area. It is the value of the man who started Square and Twitter all by himself.

The idealism and values that enabled the creation of those companies he is also attempting to do in the physical area around two of his companies. One result is that other businesses are moving into the area. They saw a successful man putting up a headquarters in that rough area because he wanted to improve the environment. He had a high social value, echoing the 1960s hippies but now applied to business. Now many more businesses are rushing into the area turning it into a mini gold rush. Will the homeless problem be cured in the area?

A higher method still is to use the Force within, which attracts sudden developments such as a potential National Homeless Eradication bill that is suddenly passed by Congress from seemingly out of nowhere. Miracles can happen. That is our chosen path.

How Individuals from Within, Using the Force Have Changed the World's History

We can do inwardly much faster for the world what individuals can do outwardly. Sri Aurobindo shifted from outer method to inner means to bring about the independence of India, which was a mirage when he began the effort. Several decades later it occurred for 1 billion plus souls. Karmayogi deeply believed in the potential prosperity of India in the 1970s when virtually everyone believed they were a basketcase as they were impossibly mired in poverty. As a token gesture he created the International Commission on Peace and Food for it to be a channel of that Force. Five hundred Indians then moved out of poverty in the four decades since, a miraculous turn around that is still accelerating. Both spiritual sages used the Mother's Force to attract powerful, macro forces that allayed the problems for tens or even hundreds of millions.

The Force as Spiritual Organization/Technology

The Force that descended in 1956 can be called Spiritual Organisation or spiritual technology. It gives us, ordinary people, what was the close preserve of the Rishis, yogis, munis, tapasvis. (Sri Karmayogi)

Controlling Our Sexuality

Vital sexual attraction is an almost irresistible force that is there in our very makeup. It is Nature's powerful means of propagating the species. Through sexual control and elevation of our relations to higher levels, we overcome Nature's compulsion, allowing us, not our urges to determine our actions and the course of our lives. The average individual can start with moderation. The advanced individual directs his energies elsewhere towards higher pursuits.

Reader: it's not very easy to achieve ...

Response: It is one of the latter things to achieve. Mental and vital control of our bad attitudes, bad habits, false beliefs, comes first. This is conquering at the level of the mind and vital. At the level of physical we control gluttony, addictions (alcohol, drugs, etc.), physical actions that harm, etc. Sexual control gradually is developed along the way. The average person, the householder can at least move to moderation, and gradually reduce. The yogi who practices Integral Yoga does all of these things simultaneously at the outset, surrendering his life and being and purpose and actions to the Divine Mother.

Life Response Power of Making a Decision

Making decisions attract life response. It is one of the Key Four that Attract the most. Attitude shift out of the negative, intense Aspiration, coming to a Decision, and taking an Action have extra power to attract sudden good fortune. The depth and intensity of each determines the speed and power of the response.

Examples: A man finally makes the decision to work weekends when asked to do so. Within five minutes of doing so he attracts the biggest sale of his life. That same man decided to stop travelling the world, and work, and quickly attracts an opportunity that forever changes the course of his professional career and his own personal happiness. A second individual makes the firm decision to be involved with the rearing of his daughters, instead of being aloof, and attracts the sudden end of a scandal that had been brewing in his family. Finally a woman who had been hiding it made the decision to tell the truth about her family, which suddenly attracted enormous success for her husband. In fact, the greatest success of his life.

Decisions attract, and do so at the speed and quantity and quality based on the intensity of the decision made.

Shedding Our Interest for Another's when in their Space

When we enter another's space, it is challenging to shed our current interest and embrace theirs. This is an indicator of the poise of one's consciousness; in a range from being absorbed in ego to a harmonic status. When we embrace them and their interests, they tend to readily do the same.

All is Opportunities to Soul

All things your heart and mind measure as positives and negatives in your life are simply opportunities to your Soul.

Easier After Walking through

What seems so difficult to understand or achieve appears so much easier once we walk through that door.

Repeated, Subtle Signs of What Took Place

If you look closely you will see that life is subtly presenting signs of what has taken place, is taking place, and will take place, near and at a distance.

I went by the site of an accident, and suddenly there were subtle reminders that started appearing around there that had nothing directly to do with the accident. These were various echo synchronous reminders to what had occurred the day before. A tow truck suddenly appearing there for some other matter completely, the sudden appearance of a police car again for another purpose, etc. etc. This is a quite common experience for me. It is something anyone can experience if they observe conditions of life closely.

Mother's Protection in Threatening Situations

In dangerous, teetering, and other threatening situations, it is best to seek out the Mother's protection.

Intense Sexual Experience and Negative Life Response

Intense sexuality tends to attract accident, theft, money problems, failure, and other negative circumstance.

Further Comment: Vital sexual attraction is an almost irresistible force that is there in our very makeup. It is Nature's powerful means of propagating the species. Through sexual control and elevation of our relations to higher levels, we overcome Nature's compulsion, allowing us, not our urges to determine our actions and the course of our lives. The average individual can start with moderation. The advanced individual directs his energies elsewhere towards higher pursuits.

Severe Negative Life Response of Intense Anger

Intense anger tends to quickly attract negative circumstance including failure, accident, calamity and tragedy.

Strength that Spiritual Individuals Lack

Often the one element that spiritual oriented people lack is psychological strength. Persons with spiritual inclinations value goodness, harmony, and peace, even as they suffer for lack of psychological strength, power, and even basic levels of personal organization. Naturally there are no set rules in this regard, as there are infinite variations of expression; though certain combinations of traits tend to stand out among the spiritually inclined.

The Evolving Psychic Being

We know that when we exit the body, the psychic being leaves and rests in the "intermediate zones," shedding vital and mental sheaths, and then prepares for and then takes on a new birth. It does so as it is seeking new experiences through the new person in its own journey of progress. Hence the psychic being is an evolving being; i.e. the evolving soul. As all psychic beings evolves, the universe evolves in Its own "journey." If in our daily lives we connect to the Psychic Being and from that poise Surrender to the Force, the Mother then we attract powerful results for ourselves and the world, speeding up the Evolution. This is in fact the method and object of Sri Aurobindo's Integral Yoga.

Personal Values and Success in Life

One's personal Values are the single key to success in life. You see it everywhere; in every successful undertaking, in every major development in society, in the progress of history, and in the raising of consciousness of the individual.

Success by Following What Life, Not What You Want

For the conscious individual, the devotee of the spirit, or for that matter anyone, the quickest way to success is the way Life wants you to move, not the way we want to. The former succeeds 90%, the latter less than 50%. Later as we more fully develop our higher consciousness, we perceive that these two have become one, giving us ultimate power in life.

Further comment: Decades ago when I worked as the organizer of 50 franchise outlets, I decided to help some members get trained on several software applications. Suddenly out of the blue two women arrived and asked me if I would like to do training for their organization. I accepted, and that was the beginning of a 30 year training career. Life summoned me, and when I followed the opportunity, it succeeded, creating a life-long career. Other times I have initiated projects, as I did one several years ago on my own in an attempt to revive a flagging sales effort I was involved in decades earlier. After a few small successes, it utterly failed. Success comes almost always when one follows the opportunities Life brings. It succeeds far less often when one initiates on one's own.

Qualities of Evolving Individual

Several indicators of an increasingly evolved individual are:

- You worry less, things bother you less.
- You become light-hearted.
- You are filled with joy.
- You have ever-increasing, more meaningful powerful life responses, coincidences and synchronicities.
- The miraculous is on the increase in your life.
- You are much calmer and less reactive.
- Your faith takes on new dimensions and nuances.

- You move from the local, ego plane to the universal one of harmony with others and life.
- You perceive the utility of all things.
- You tend to be in the right place at the right time.
- You initiate less, waiting on life to move first.
- You increasingly move life from within.
- Your knowledge grows in all dimensions.
- Self-giving towards others is increasing.
- Speech and mind and emotion are increasingly moving towards stillness.
- Patience is developing, as is cheerfulness and positive attitude.
- Others value your influence and knowledge and goodness.
- You perceive life's signs and portents at a higher degree.
- Inner richness is growing; as are feelings of connection to the Higher Power.
- You increasingly sense your Higher, True Self.

Society Seeks Openness for Ultimate Variation, Possibility

Society consciously or subconsciously demands a more open environment to allow for maximum variation and possibility.

Values Taking Form Drive Evolution

New human Values taking on the form of products, services, technologies, organizations, principles, etc. are what is driving the Evolution.

Experience, Observation Beyond Slogans

Slogans, aphorisms, and inspirations are fine, but it is when they are personally experienced or observed in others or in life that they really gain power.

Closed Environment and Market share Loss

If a great innovating organization has closed views on the market, its market share can be taken right from under them.

Further comment: This has happened twice to Apple and it's great, but closed environment. Microsoft 30 years ago did it to Apple in the PC era, and now again so far with Google/Android in the Mobile era.

Divine Sees Harmonies, Not Contradiction, Conflict

Everywhere we see contradiction and conflict, the Divine perceives higher harmonies working themselves out in the evolution.

Goodwill Not for those with Ill-Will Against Us

We can have goodwill for anyone who does not have serious ill-will against us or unconsciously carries that vibration for others.

Viewer: Is it not safer to have the goodwill towards the negative person and to consecrate their ill-will towards you?

Response: I would avoid the good-will, and add the consecration.

Evolving through Difficulty with Another

If a soul constantly gives us trouble, and we evolve through that soul, taking it as Mother's Grace, at one point in life the same soul will come to us and apologise. At that moment we will realize it is only by her/his acts and effects on us that we have grown. This is the height by which we can feel the bond inside us. (paraphrase of D)

Wonderful remark. I wonder if there are examples. Perhaps it is Darcy and Eliza in Pride and Prejudice, when she confesses at the end her gratitude to him for what he has done, while herself apologizing. He too apologizes. It is a dual apology actually. They both subconsciously realize that they have grown from one another. Soul to Soul, reinforcing D's remark.

Parents Originated Children's Faults

Often when parents blame their children for their misguided actions, they themselves had an originating hand in it which they are unaware of.

Conscious Evolution instead of Karmic Progress

Ordinarily in life people will change because they set in motion negative conditions and then receive the results. It is the Law of Karma. That is not conscious evolution however. That demands an examined life; self-awareness, which is psychological and spiritual growth.

How to Deal with Negative People

Q: How does one handle individuals who hurt with their words, belittle others, find fault in then, back bite, etc.

A: Ignore them. Practice Non-reaction. It will cause them to change their ways or disappear.

Calm in Tense Situations through Non-reaction, and Ego Elimination

Q: How does one cultivate calm in tense situations? It seems difficult to control.

A: That is what spiritual growth is all about. Learning how to cultivate spiritual values like calm, patience, harmony, etc. When spiritual qualities become the center of your life, it becomes much easier to control these aspects of your being.

The first spiritual law of life is Non-Reaction; i.e. controlling your reactions to tense situations brought on by life conditions or by others. You move from a reaction state to that of Silent Witness, calmly observing the world. It takes practice and positive experience. Why not begin cultivating it from hereon in as situations arise?

Another way to measure your state is Ego. If the Ego rises, i.e. focusing on your needs, wants, inclinations above and beyond what the situation demands, then you are in the wrong state.

Non-Reaction and Non-Ego are two methods and reference points you can begin today.

Western Ingratitude for China's Products

The West has never shown any sincere gratitude for the high quality, low cost products from China and elsewhere in Asia that have dramatically improved the lives of western citizens.

Eliminate Negative Person to Turn Things Around

Eliminate one key negative element or party creating mischief or otherwise blocking harmony in a struggling organization, and fortunes will quickly turn around.

Further comment: -Here I am mainly referring to one particular negative person in the organization, but it can be in the attitude of the company, or within one's self if say we are the leader.

-One's boss can be the key problem; or it can be the subordinate of the boss.

-Here's an example: In the powerful American baseball film of last year 'Money Ball,' the team was doing very poorly. The manager of the players was not prone to fire people, as he had a somewhat soft heart. However, he saw that one staffer was rebellious and a clear trouble maker to many. He garnered the inner strength and then released the player. Now Life took over and the team suddenly soared near to the championship level! That is the power of an organization ridding itself of one problem worker. He can be at any level, subordinate, peer, or boss.

Persevering Negatives in Others, Self

We perceive so many of the negative attitudes of others -- but not of ourselves.

Cosmic Determination and Free Will

Within the determination of the Infinite Divine we have free will; i.e. free will to collaborate with Its evolutionary Intent.

Attitudes is the Main Problem

90% of the problem in people's lives are in their attitudes -- about themselves, others, and life.

Refrain from Speaking Out Our Wishes, Goals

We are normally tempted to speak out to others about our wishes and goals little realizing that by doing so we are only wasting our energy. Speaking demands energy and energy spent in speaking out is therefore lost and is not available for accomplishment. The more number of persons we speak out to the greater is the loss of energy. (Garry Jacobs, MSS)

Changing by Responding to Karma vs. Conscious Evolution

Ordinarily in life people will change because they set in motion negative conditions and then receive the results. It is the Law of Karma. That is not conscious evolution however. That demands an examined life; self-awareness, which is psychological and spiritual growth.

Supermind, and Space-Time Coming Together

In Supermind space and time -- in terms of acts, knoweldges, results, etc. -- tend to instantaneously come together at spaceless, timeless points/moments.

Rise in Consciousness and Attraction/Alignment

When we rise in consciousness, -- by overcoming a negative attitude or focusing our aspiration or connecting to the spiritual force -- we attract and align with newly-emerging corresponding positive conditions in the world. Thus we have the power within us to change any aspect of life on earth.

Our Evolution as Mental Beings

Some people respond predominantly to physical things they can see or touch or hear. Others respond only when their emotions are stirred. These are vital centered people. They need practical examples or personal experiences to understand concepts and learn. Then there are those who respond directly to ideas. They are more of a mental bent. They engage in pure thinking, and can grasp ideas without examples.

Most of us are predominantly physical and vital beings, with a touch of the mental. Sri Aurobindo says we are evolving in our mental capacity from the surface mind dominated by visual and auditory sense input to a deeper center; from the domination of our vital and physical needs in our thought processing to rational thinking, where we perceive things from many angles using logic and reason.

The spiritual realms of mind lie beyond these. Here we garner knowledge DIRECTLY without thought -- as light, illumination, intuition, revelation, and supramental perception. Sri Aurobindo says that to obtain knowledge this way -- with its tendency to know the many-sided truth of a thing in an instant -- is the destiny of humanity.

Aspiring for Cleanliness/Orderliness Can Attract It from Another

If you are one who does not so easily take to cleanliness and orderliness, and you focus your intention to get things done along those lines, you might find that before you begin, someone else has suddenly and most startlingly done it for you!

Super Synchronicity

I believe I had my first quadruple instantaneous, simultaneous synchronicity, all occurring within several seconds. Stunning moment, as there was a confluence of several things from entirely different directions, yet were exactly related in subject matter.

This is not what occurred, but imagine this: You are walking along with a friend and he starts talking about peace. At the instant he does, you look down and see a tee shirt on the ground advocating peace, and when you look up at the giant tv screen there is a TV commercial about peace, and at that very moment the iPod you are carrying starts playing a song about peace. All of this happening within 3 seconds. (Note that this is just a random point in time, where you are going about your business, and where no one had been talking about or interested in or in any way focused on the subject of peace.) Now you have the flavor of what occurred to me, as a quadruple instantaneous synchronicity; albeit under different circumstance.

I believe the Mind would become unhinged if this were Man's constant experience. The current basis of mentality could not handle it. A new basis and functioning of the brain would be necessary. It would require a non-mental mind that embraces such blizzards of super-intuitional knowledge. Sri Aurobindo calls it Supermind.

Further comment: Focusing on a matter and getting more info about it from out of nowhere is a very common experience for me. Also experiencing synchronicities of two simultaneous events. But focusing on a matter and getting instantaneous results from three additional simultaneous sources was something new. A blizzard of spacelessness and timelessness in a single moment.

The Play of Life

Space and Time form the field or playground for this infinite, never ending quest for the delight of self-manifestation. The interaction of each unique evolving soul with itself, other souls, each moment, act and event, with the evolving world of forms and forces in which it lives and with the Transcendent Eternal from one unique, infinitesimal moment to another, from one infinitesimal point to another, through myriad infinitesimal acts in boundless Space and Eternal Time is Lila [the Play of Life]. (from 'Individuality and the Manifestation of Infinity' by Garry Jacobs and Karmayogi)

Give Up Expectation; It Draws the Negative

Karmayogi asks us to give up every form of Expectation we experience, as it tends to delay, cancel, and ruin the object event under consideration. E.g. one sports franchise that had experienced 30 years of failure, finally rallied against a rival. The fans began over-expecting results from the team for the rest of the series. Immediately, they lost, and their star player was injured. As we see, expectation from one in a weak position can be ruinous. On the other hand, non-expectation for a coming event will attract surprises; forms of good fortune one never would have imagined.

Big World Inside

It's a big world out there. It's a much bigger one Inside.

The Play of Life for Divine's Enjoyment

It never occurs to us that we are all players in a Great Play acting out our individual parts for the sake of enjoyment of the Infinite Divine.

It is 'Lila,' the Play of Life.

Asking for Funds vs. Surrendering to Mother

At one level we can ask the Mother for new sources of money when we need it. It will work, is a sign of a certain level of faith, but not necessarily of yogic growth. The latter occurs when we increasingly give ourselves to Her, Surrender our very nature and being to Her, which will inevitably be accompanied by dramatic increases of money if that is what we aspire for.

Preventing One's Obnoxiousness, et al from Spreading

If you are obnoxious or in any way untoward, then that vibration will spread, and others will adopt it; so why not catch yourself when it arises. Moreover, its consecration will insure its reduction or elimination in future.

Hinduism as Sanatan Dharma to be Lived; as Salvation of Humanity

We speak often of the Hindu religion, of the Sanatan Dharma, but few of us really know what that religion is. Other religions are preponderatingly religions of faith and profession, but the Sanatan Dharma is life itself; it is a thing that has not so much to be believed as lived. This is the Dharma that for the salvation of humanity was cherished in the seclusion of this peninsula from of old. It is to give this religion that India is rising. She does not rise as other countries do, for self or when she is strong, to trample on the weak. She is rising to shed the eternal light entrusted to her over the world. India has always existed for humanity and not for herself and it is for humanity and not for herself that she must be great. (Sri Aurobindo)

Hinduism Less a Religion, More a Unified Mass of Spiritual Qualities

India is the meeting place of the religions and among these Hinduism alone is by itself a vast and complex thing, not so much a religion as a great diversified and yet subtly unified mass of spiritual thought, realization and aspiration. (Sri Aurobindo)

Ego and Tragedy

Ego movements invite tragedies.

Problems are Opportunities for Personal Growth

Every problem, difficulty, challenge that arises is a perfect opportunity to develop higher consciousness and engage in further personal growth.

Ancient Sanskrit Alone Describes the Aliveness, Essence of Life

Life is alive in so many subtle and astonishing ways, and yet a supposedly dead language Sanskrit is perhaps the only one that can clearly explain it or at least get to the very heart and Essence of it.

Ways to Have Positive Interaction with Others

Here are several ways to insure harmonious unfolding and a positive outcome in your conversations with others

- Be concerned foremost in what they have to say
- Focus on creating harmony, over one's Ego-interest
- Be agreeable and friendly. Avoid arguing of any sort
- Take the other person's point of view
- Speak the minimum & in a soft voice
- Consecrate the interaction beforehand
- Listen first. Be a patient listener
- Avoid judging
- Try to stay with the direction the other person is going in
- Don't interrupt

- Don't anticipate what the other person is going to say
- Be patient
- Avoid trying to constantly change the conversation in your direction
- Imagine their soul and yours are interacting, and are one
- Try to understand the motive of the other individual
- Avoid speaking negative about others
- Avoid gossiping as much as possible
- Be truthful. Do not lie or exaggerate
- Think before you say something
- Imagine you are before the most esteemed individual in the world
- Take joy in other person's joy

Resistance and Opportunity

Pushing through resistances creates opportunities.

Further comment: Have seen this dynamic at work many times! Has been very helpful for myself personally, given my nature.

Intuitional Insights

Trust in your intuitional insights; i.e. when knowledge suddenly enters your mind from out of nowhere without thought.

Outrage vs. Strength

Outrage is weakness. Power to change the conditions from within is Strength.

Sweet Nature for Depraved Indicates Opening

Even the worst, depraved individual can have a sweet nature; reminding us that there is always an opening somewhere.

Knowledge when there is No Mind

Mind, Mind, constantly wants to know. When there is no mind, Knowledge flows.

Power of Token Positive Effort Beyond Resistance

Making a small token effort in a positive direction that has been previously resisted by the majority can open the floodgates to new support from most unexpected sources. People may complain about the original initiative, but they are deafeningly silent when the world suddenly rushes in to support it.

Ultimate Individuality is Service

The ultimate form of individuality is to dynamically and creatively serve others.

Freedom Allows for Infinite Variation, Possibility

As the spiritual sages have said, the first principle of life is Freedom. It allows for and includes the positive and the negative and everything in between to enable ultimate variation and possibility.

Fruits of Work in Higher Consciousness

We want the fruits of the work, but the higher consciousness experience of the work is the fruit.

No Title

The other side of reluctance, resistance, stubbornness is a world of infinite possibilities.

No Title

Give an inch; receive a mile.

New, Old, New

Everything that's new gets old. Everything that's old gets new.

Power of Focusing Mind

Focusing our mind concentrates our mental energies, putting us in greater alignment with the fulfillment of our aspirations.

Being Your Absolute Best, Imagining Mother for Each Person You Meet

Imagine you are about to meet a revered person, and therefore you are on your very best behavior. Now imagine regularly doing the same with your spouse, your children, your parents, your peers, your subordinates and all others you normally interact with. Maintaining that quality of interaction is a sign of a spiritually awakened individual.

Related: -Sri Karmayogi asks us to imagine we are meeting the Mother when we meet with any individual.

- "Always behave as if The Mother is watching, as she is indeed always present." (Sri Aurobindo)

Mind Divides for Navigation and Loses Touch with the Whole

Mind divides Reality into parts in order for us to navigate the world, making life livable. But Mind also gets lost in one or more of those parts, losing touch with the Whole, and therefore with the Oneness of existence.

Further comment: This is one of the central dilemmas of life that Sri Aurobindo addresses throughout 'The Life Divine,' especially Book II.

Living in the Now and the Psychic Being

There is a world of difference between getting caught up in the present and living in the Now.

Further comment: One gets caught up in the present due to the tyranny of the Mind which asserts in one direction or is lost on the surface; the pull of the Ego which wants things according to one's own vital and physical needs; our limited, Finite view of things; and the pressure and strain dictated by Time.

In the Now we are beyond the limits of Mind and experience identity with the needed Knowledge; we are free of Ego, instead experiencing Oneness with other and life; we perceive Infinite potential instead of finiteness; and live in the timelessness of the current moment, unburdened by the pull of the past and the wants of the future.

Sri Aurobindo tells us that when our poise is centered in the depths within in the Inner and Psychic Being, we move from Mind, Ego, Finite, and Time; replacing them with Intuition/Supermind, Oneness, Infinity, and Timelessness.

How do we experience the Psychic Being? Through constant Consecration; i.e. self-offering of the details of our lives to the spiritual Force; the divine Mother.

Love as Ultimate Truth and Mother's Experience of Creation as Love's Pulsation

"Love is the only reality and it is not a mere sentiment. It is the ultimate truth that lies at the heart of creation." (Sri Aurobindo)

Comment: The Mother had a powerful experience of Creation where each movement of Creation of the universe was accompanied by a great wave and Pulsation of Love. It shows Love is the power behind creation; behind everything.

(It's a powerful experience of Hers explained in detail in the Agenda -- her 13 volume dialogue with her main disciple Satprem covering the last 20 years of her life in 5,000 pages.)

Further comment: It is Mother's experience of April 12, 13, 1962, further explained in May 1962.

Work Perfected as Key to Success and Life Response

Perfection in work is key to evoking great and sustaining success - in terms of the details, one's attitude, fortitude, values, skill, knowledge, effort, etc. When the work reaches a certain level of perfection, through a combination of these, life takes over and responds overwhelmingly.

Cause of Yawning

-When the body cannot keep up with the mind it yawns.

-When the thought is blocked by the reluctance or inertia of the body it yawns. (based on Karmayogi)

Find and Use What is Uniquely Divine in One's Self and Education

Everyone has in him something divine, something his own, a chance of perfection and strength in however small a sphere which God offers him to take or refuse. The task is to find it, develop it & use it. The chief aim of education should be to help the growing soul to draw out that in itself which is best and make it perfect for a noble use. (Sri Aurobindo)

Negative Response to Neglect

Neglect causes the negative to spread widely and vociferously.

(The Great Plague of London during the Restoration is an example.)

No Title

Every turn in the road is another means of progress.

Changing Yourself to Change the World

If you want to awaken all of humanity, then awaken all of yourself, if you want to eliminate the suffering in the world, then eliminate all that is dark and negative in yourself. Truly, the greatest gift you have to give is that of your own self-transformation. (Lao Tzu)

Comment: This is literally true in terms of life response phenomenon; i.e. the instantaneousness of the response.

Additional: Sri Karmayogi has explained so many of the subtle laws of life, in an unprecedented manner. Lao Tzu was also focusing on the subtle ways of life in his works (Tao te Ching - Way of Life/Dow) That's why he made such powerful statements above.

Vibration and Tone towards Others Returns in Discussion

Have you ever noticed that the quality of the energy one puts out in a discussion (from positive to negative) returns at that same level of consciousness from the other person? E.g. if you write something to another person with a slight offensive tone, then no matter the quality of the idea, the offensiveness will come back as an undertone effecting their argument. It is as if the ideas being exchanged are secondary to the level of goodness or lack thereof being put out.

Forward and Back-Tracking View of Life Response Event

You can see any life response event from two different perspectives

1. I think or do something untoward, and a negative response ensues. (forward looking view)
2. I have a negative life response experience, and trace it back to an earlier untoward thought or feeling. (back-tracking view)

The same for positive life response events.

Mocking Comes Back Negatively

As soon as you mock a competitor, either they or another rival will come along and knock you down a peg. That is one reason humility is always in order.

Finite Resources Become Infinite through Harmony

People say resources are finite. But resources are infinite in potential. When we move from separateness to harmony, finite resources become infinite.

Paying Unpaid Taxes Can Reinvigorate US

Unwillingness of American businesses to pay taxes has punished the country, sending it into debt and slow growth. (We see similar dynamics in Greece, Spain, and other countries, though there more spread amongst the people.) If this is the case, then willingness to pay will change the economic performance of America in a dramatic way.

Limiting Views Indians Can Reverse

Q: there is a feeling in India that god will take care of the wrong doers [such as tax dodgers] and hence they remain passive. Playing safe. Is it the right attitude?

A: God CAN help them overcome the wrong if the Indian people are receptive in their consciousness to Its Force. But that will only occur if they change their attitude about a whole host of things, enabling that receptivity. They can start with loving work, making the full effort there, being scrupulously honest, developing real skills, becoming dynamic and entrepreneurial, casting off religious and social superstitions, stop hoarding gold and jewelry, etc., etc. With such reversals of consciousness, the Force can act as they will now be a far more receptive vehicle. Life will thereby respond with overwhelming good fortune.

Life Can Straighten Another More than Our Doing It

Life will assert itself more powerfully on others than the demands we make of them.

Further comment: E.g. if instead of complaining about another, you hold back, then life will compel or aid that person in making that change.

Subject and Object Merge in Higher Consciousness

The higher the consciousness, the more subject and object merge; becoming one with the other. In fact the distinction between the two doesn't even exist.

Further comment: E.g. I become one with you. I know, am in identity with the object of knowledge I wish to know. The work and I are one. Two nations have mutual agendas. I am one with the universe. The Source Consciousness and Being is this way. Ego, i.e. separative consciousness is not there.

Pioneering the Higher Consciousness Shifts in the Society through Spirit

Every day, week, month, and year the world inches forward in consciousness, in new thinking, in technologies, in historical developments, etc. Our part is to make the corresponding adjustment to keep up.

And yet those who have taken to the Spirit can leap beyond merely adapting to these shifts, and can become pioneer leaders for the world around us. Utilization of and ultimately surrendering to the spiritual Force can readily make this possible.

The History of an Organization and Its Way Forward to Ultimate Success

History reveals the limits of an entity or organization, and hence what values and action to adopt to make its way forward toward ultimate success. It applies to any form of organization -- whether a family, a business, an army, a municipality, or a nation.

E.g. one sports organization at its peak did very well in its offense capacity, but failed to win championships because another team with superior defensive capacity constantly bested them, securing several world titles. Years later that same offensive-minded team remained so and again nearly secured the title, but once again fell short. Unfortunately, it once again occurred several times.

However, one day the team, consciously or subconsciously aware of the dynamics of its failed history as an offense power took the opposite approach and became defensive oriented. Immediately they secured two championships after 50 years of failure in its adopted city!

We see that when we examine the history of an entity, we see trends of success and failure. The dynamics of that history will be very telling, indicating success and failure tendencies of the organization, which reflect the character and values of the owners and founders. When the core values are reversed, whether due to a change of heart in one's beliefs or based on the reality of the outer conditions, that organization quickly moves toward fulfilling its maximum potential. In that way, history becomes a signpost of our past and the method to adopt to make our way forward to attract ultimate success in life.

Further comment: Naturally this also applies to the individual.

Negative Behaviors Reflect Secret Inner Bothers

Many of our negative outer behaviors are due to semi or subconscious disturbance caused by other matters and concerns in our lives.

Further comment: E.g. we act with hostility to our staff members because we are bitter about our financial status or a divorce or something else disturbing. (This is a specialty area of psychiatrists and psychologists. Yet we can explore these undercurrents and self-monitor them in our own lives.)

Dwelling on Negative Outcomes Makes Them Real

Avoid anticipating or dwelling on potential negative outcomes, for you will only make them real.

Scan for Negatives and Turn them Positive

Scan your mind regularly for any negative thoughts, inclinations, feelings; and cast them aside. Rich, positive emotions will take their place.

Terrorism, Poverty, Unemployment

Terrorism has its roots in poverty and unemployment, yet there is hardly any discussion on those aspects. The media enjoys broadcasting the sensation, with insight an afterthought.

Injustice in Society Matched by Other Negatives

A society that has poverty, high unemployment, violence, etc. will invariably have injustice, plus many other negative values.

Connect a Problem in a Project to a Limitation in One's being to Reverse It

If a negative event has come to the fore that delays a project, undertaking, or similar, and you know its outer cause, look within yourself to discover a corresponding wanting aspect of your own being, and then reverse it. When you do, the outer problem that was seemingly "beyond your control" will give way and resolve itself.

E.g. a key associate and partner cannot keep up in a critical project because of poor relations with his wife, placing the outcome in jeopardy. You then realize that you are having similar problems with your own spouse. You thus decide to change your attitude toward her -- shifting from reaction of her intensity to non-reacting and from complaining to non-complaining -- causing life to suddenly reverse, dissolving the problematic outer condition.

Problems Originating in Semi and Subconscious Disturbance

Many of our negative outer behaviors are due to semi or subconscious disturbance caused by other matters and concerns in our lives. (This is a specialty area of psychiatrists and psychologists. Yet we have the ability to explore these undercurrents and self-monitor them in our own lives.)

Reemergence of Conscious Force (Consciousness)

Sri Aurobindo says that the universe emerged from a Conscious Force. I.e. that an Infinite, ineffable Being became conscious of Itself which emanated a Force, a conscious force. That Conscious Force began to fade in the creation process, became the Energy of the cosmos, culminating in matter where it was hidden, invisible, fully absorbed, involved. It was nowhere to be seen on the surface.

This is the involutionary process. In the evolutionary process that followed the Conscious Force has gradually re-emerged as animated beings appeared, who then further evolved mentality, culminating on earth in the human. At each point, the hidden, Conscious Force reemerged at a higher level.

As we evolve in our individual consciousness, it emerges even more. In each higher formation of our being -- physical, vital, mental, supramental -- that Conscious-Force takes new forms in us and in the world.

The Conscious Force -- i.e. Consciousness -- originates in the Infinite Source, becomes energy and then matter where it is lost, and reestablishes itself in the higher formations of our individual being; in the ever-emerging, increasingly conscious forces and formations of life.

Scale of Depth of Being and Level of Individuality

When we live on the surface, dominated by the visual and auditory, we tend to conform. We accept things at face value. Deeper, in rational mind, we begin to move to individuality, taking a few unique steps. Deeper still in the Inner Being, we access our true personhood, guided by the inner spirit that is connected to the superconsciousness. From there our thoughts and actions are creative and unique - in every direction; everywhere we turn. There we become a spirit-based True Individual.

Supermind and Facts Above Opinions; Integral Truth Beyond Ignorance

We have our opinions. And then there are the facts. Truth Consciousness (Supermind) gives us the facts and the Essence as one. There one moves from Ignorance of opinion to truth of Integral Knowledge. Constant consecration is the means.

What Sri Karmayogi Has Given Us

Karmayogi has made the deepest principles of life accessible, practical and easy to understand. He has given us thousands of case studies, real world example of these life laws and characteristics from novels, film, and history. Then we also see it occurring in our own lives. In this way the powerful knowledge is reinforced through practical experience. Thus, it becomes very much alive in us. And therefore it becomes relatively easy to retain.

We constantly discuss these powerful ideas at karmayogi.net forums, with our customers and clients, and though the articles we write for public web sites like Growth Online and all other MSS-related sites, where the knowledge is organized, distilled, and presented in so many ways; through text, audio, video, live presentations. Then there are the books we have written

that cross-pollinate one another. Thus an integral view of existence is developed; continually churning, expanding; becoming more varied and rich.

In one sense, I and others are merely librarians and custodians for the infinite knowledge and experience Sri Karmayogi has provided the world.

I believe there has never been anything like it in world history; Sri Karmayogi connecting the cosmic wisdom of Sri Aurobindo to the many disciplines of life including education, science, philosophy spiritual growth, economics, history, current events, etc. etc., through thousands of detailed principles and hundreds of practical methods, expressed through an infinite variety of real life examples in which the miraculous came about.

Overall then it becomes a magnificent education system, revealing the infinite ways higher consciousness expresses; a magnificent means of keeping these deepest truths of life out front and in the minds of many.

On the Supramental Life

It's as if our entire spiritual life were made of silver, whereas the supramental life is made of gold - as if our entire spiritual life here were a silvery vibration, not cold but simply a light, a light that goes right to the summit, an absolutely pure light - pure and intense - but in the other, in the supramental world, there is a richness and a power that makes all the difference. This whole spiritual life of the psychic being and of all our present consciousness, which seems so warm, so full, so wonderful, so luminous to the ordinary consciousness, well, all this splendor seems poor in comparison to the splendor of the new world. (The Mother)

Comment: This is a magnificent statement. The Mother's Force gives that extra richness and power that changes life instantaneously. This is supramental existence; a new dimension of spirit discovered by Sri Aurobindo. Supermind is the Creator aspect of the Divine that manifest forms out of the formless in the creation process enabling this multifaceted universe, and has now descended into the earth's atmosphere, available to anyone who opens to it. This is a leap beyond earlier conceptions of the spirit.

Hour of God

We are at one of those Hours of God, when the old bases get shaken, and there is a great confusion; but it is a wonderful opportunity for those who want to leap forward, the possibility of progress is exceptional. Will you not be of those who take advantage of it? (The Mother)

The Creation from Division that Is Becoming Unity

... the creation is the result of division; but that creation has to become Unity in order to become divine again. At present, it seems like absolute nonsense, and yet that's it.... The creation is the result of division (or at least, rather, to be more exact, division has become the result of the creation), and so it has to be.... Only Unity can restore ... (The Mother)

Divine Extreme Transforming Undivine Extreme, Requiring Our Endurance

There is ONLY the Divine. But He is broken up into opposites. And the extreme opposite can be touched, overcome, if you will, transformed by the divine extreme - halfway measures won't work. It is the divine extreme that will be able to transform the dark extreme: by absorbing (gesture of taking into herself), absorbing and blotting out the darkness. By absorbing it, it can blot out its action.

But a tremendous power is needed. Especially a power of endurance. What is most important is a power of endurance that absolutely nothing can shake. (The Mother)

Love Deeply Felt Held Back is Expressed by Another

If you hold back the outer expression of love of something deeply felt, another will express that same love outwardly when shared.

Americans' Openness, Transparency

Americans are open, transparent. That is why it is relatively easy to see through them.

Qualities of Americans

- Friendly
 - Transparent/Forthcoming
 - Generous
 - Shallow
 - Materialistic
 - Empirical (believe only in what they see)
 - Non-intellectual
 - Industrious
 - Entrepreneurial
 - Independent
 - Rise to challenges
 - Patriotic
 - Organized
 - Values Freedom
 - Allows problems to fester
 - Violence-oriented (e.g. guns)
 - Optimistic
 - Disingenuous (foreign affairs)
 - Problem Solvers
 - Practical
 - Form over substance
 - "Thinks with their bodies"
- (Visual-oriented, not ideas)

Consecration, the Psychic Being, and the Now

Constant consecration, e.g. hourly, progressively moves one closer to the psychic being, the True Self and evolving soul, where you tend to live in the Now, constantly perceiving its guidance, its lessons, the direction it is pointing to.

Past is Only to Learn from

Life is moving forward, forward. There is no need to look back; unless one learns from the past.

Low Consciousness at Outset Results in Negative Ending

When you enter with low consciousness, you pay the price on the exit. Arnold Schwarzenegger ascended to the governorship of California as a result of a false smear campaign against the incumbent. When he exited, California government was in the worst financial shape in its history. When George Bush Jr. won the presidency, it came after a dubious victory in which the Supreme Court acted expediently on his behalf. On Bush Jr.'s departure the US was embroiled in its greatest economic crisis since the Great Depression. Thus the beginning indicates the final outcome. In these cases, low consciousness beginnings.

Consecration and Change in the Mind

Constant consecration softens the mind and makes it malleable, logical, and open to all knowledges and truths, instead of the ones our senses and lower vital being insists on.

Conception, Perception, Sensation/Realization

We can see three ways by which knowledge is garnered, apprehended: through Conception, Perception, Sensation/Realization.

Conception is when we conceive of an idea. It is pure thought. Perception is when we have the experience of the idea in our lives. Realization is when we simply know the concept as it is part of the core knowledge of our being. I.e. it is second nature to us.

Some people can learn just by Conception (of the idea). E.g. a philosopher or programmer. Most people need examples of the concept explained before they know it (Perception). Some people will not even learn this way. They simply have to have experiences of it in their own lives before the concept becomes real. (Sensation)

From Separative, Lower Mind To Mind of Light

Normally our mind is dominated by the lower vital being, including its desires wants, negative, attitudes, habits, etc. that prejudice it, that prevent it from seeing the integral truth of things at any moment; that interferes and block reason and logic, not to mention higher formations of mind as light and intuition. Thus, the mind dominated by sense and the lower vital being is a dual mind, separated between what it wants and needs in its thought processing and what the truth of things really is. This separative consciousness is ego-laden and is the basis of our dual view of things.

Rising in consciousness, the mind is not dominated by sense, by the lower vital being, by need and want, by habit, by ego, and sees things, sees life for what it truly is. Through higher level of consciousness and awareness the mind begins to perceive all sides of a matter, not just the part it is attached to, incorporating other viewpoints, other truths. Now the mind overcomes the dualistic perception that separates itself from others and life and is replaced by a harmonic one. Sri Aurobindo calls this the movement from Ignorance to Integral Knowledge and Truth; from the separative lower mind to the higher Mind of Light.

Don't Give Attention to Small Pains

If you feel the occasional small pain, try to ignore it completely, as giving it more attention will only energize it.

Expect Nothing from Others to Get their Best

If you are overly prone to anticipate or demand outcomes from others, try to expect nothing from them, and they will give you and the world their very best.

Life Coming to You Indicates How to Act

One of the most powerful ways to know what to do next -- such as when trying to determine which particular content to add to a web site, or which action to take in a problematic situation, etc. -- is to notice how life is coming to you on its own, revealing direct or indirect signals of how to proceed.

Moreover, when your life is oriented around regular practice of consecration, i.e. self-offering of acts to the spiritual Force, then this dynamic becomes almost second nature.

Consecration Beyond Meditation

There are many reasons one comes to spiritual life, such as to overcome physical problems, or to surmount emotional issues, or to find clarity where there is now confusion, or to find meaning and purpose where there is doubt, or to discover something greater than our normal selves -- whether transcendent beyond us or within -- and so forth. Thus, the aim of spiritual life is to overcome a limitation or rise to a higher level at the physical, vital, psychological, and mental planes through divine methods and means.

If such aspiration is the goal of coming to Spirit, then spiritual life is useful at the point we fulfill one or more of these. However, if we meditate and do not achieve any of them in any substantial way, then what purpose does it serve? It is here that consecration is eminently

effective, because it always achieves at any plane of our being, fulfilling our deepest spiritual aspirations at each. Thus consecration is progressive and evolutionary, rather than a static power. After all, we are here to make progress -- for ourselves and the world -- which is an ascending movement, not a static one.

Still one can meditate and overcome so much of the negative of life enabling us to grow and evolve. E.g. through meditation or similar disciplines we can experience the Present Moment and not be so caught up in the past pull and the future allure. We can have a direct experiences of the divine reality, of ananda, and the like, which we may have never had before. There can be so many benefits.

And yet when it moves to the point where we experience such beingness without any substantial external or behavioral or psychological effect, then it loses its true spiritual significance. One is lost in the Essence, like the rishis, yet are unable to apply it to life. Mothers' Force on the other hand enables us to fulfill any aspiration at any plane, while providing all of the spiritual aspects of meditation -- from peace to harmony to love and delight. It's the Creator aspect of Spirit and its Silent Witness wrapped in one; the creative dynamism of Supramental action and the silent stability of Sat/Being working together.

Mother Intervenes After Mistake

It appears that the Mother sometimes intervenes after you have made a mistake or done something untoward or that She otherwise does not approve of, cancelling it from manifesting in Reality, and saving you from embarrassment or something worse.

Take Time Before Judging

Give others plenty of chances to make mistakes before you judge them.

Impatience and Faulty Outcomes

Impatience can be due to the excitement or the weakening of the nerves. In either case, the Balance has been disturbed, leading to faulty outcomes.

Gain Skill to Avoid Repetition of Small Mistake

One tends to make the same small mistake a hundred or thousand times before one is willing to gain the minor skill that will prevent its repetition in future.

Anger Indicates Chink in Us

When we get angry at someone or something that has wronged us, it reveals a hidden chink in our armor.

Further comment: It is the anger I am referring that is the chink, not the alleged wrong done by the other. The anguished emotion normally attracts negative response, as if something subconsciously negative in us has been pierced and let loose, and that often has little direct relationship to the outer "wrong." Thus anger is always revealing a negative quality inside us, despite the outer condition one is troubled by. Moreover, by coming to grips with that inner limitation evokes instantaneous response from life.

Man and God Complaining

Man complains. God, the Divine complains about Man.

Our Own Consciousness Matches the Media's

We complain about the media and its frivolity and mindless obsession with stories that allure rather than inform, but we rarely consider our own drone consciousness that is fully willing to accept the superficial and banal in deference to the hive mentality.

Power of Pushing Beyond Your Limits

Pushing yourself beyond the bounds of what you are accustomed to doing is one of the keys to success in life.

Further comment: -It is to go beyond what we perceive as our current limits of what we can do, especially in terms of inner or outer effort, and push beyond that. We know where, at what points, and when we are reluctant to make the special effort beyond our comfort zone. However, when we do; when we cast that aside and prevail, entering a new threshold of effort, we move to a higher plane, release powerful energies, and attract and align with the infinite potentials of life. I have seen life respond to that dynamic so many times in my life!

-When you push yourself and have had the experiences of life responding as a result of making the effort, bringing astonishing results, you are motivated to do so again and again. Experiencing the life response power of going the extra mile lifts you into a whole new level of life. If you cannot do it a first time, consecrate the limitation you perceive that way, offering it to the divine Mother and that mental or physical block to go the extra mile will dissolve, which will sooner or later allow you to walk through that door and experience instantaneous miraculousness.

Negatively you can look at it as that you have so far failed to achieve at a higher level in your life precisely because of this factor. You are being held back. And who wants that. Until you have reached that level of intensity that "I no longer want this to be the case in my life," you may not be able to push through and enter the new realm. You are compelled to break through precisely because you can no longer tolerate being held back in your life. Again self-offering to the spiritual Force this aspect of your being will loosen things so you can fulfill your infinite potential.

Soul Connects with Soul in Supramental Life

When the Soul in you experiences the Soul in each person you meet, then you have been transformed. Sri Aurobindo calls it the "Supramental Transformation."

Supramental is Unity Consciousness

The Supramental Consciousness is one of unity; of you with life, with others, and self. It expresses as peace, harmony, truth, knowledge, goodness, beauty, delight, love, timelessness, and infinity.

Fortune and Aspiration

Fortune comes through seeking, formulating, and focusing our deepest Aspirations in life.

Ingratitude to Gorbachev

Ultimate ingratitude: Gorbachev saved the world and is rebuked in his own nation. (The beneficiary abuses the benefactor.)

God's Plan, Involution, Evolution

Evolution is part of God's plan. The earlier part or basis was/is the Involution.

Rationality and Intuition Can Solve World's Problems

Our normal mentality, with its brittleness and ego-oriented underpinning can no longer solve the problems of the world. Only pure rationality and better yet intuitions of truth that come through Supermind can devise creative, unprecedented solutions to problems, while simultaneously manifesting as a living reality, i.e. a done deed in the world.

Preventing Life Repeating that Apple Can Realize

Life will keep repeating the same thing until a counter force - from within or without - interferes. 30 years ago Microsoft offered a common OS platform that dozens of computer manufacturers utilized, while Apple only had 1, itself. The PC garnered 95% share and Apple

less than 5. This dynamic is developing again with Google's Android OS and its smartphone hardware builders, as again Apple is limited to itself. Android is up to 65% share and Apple 20% and falling. Life is repeating for Apple. She can change or suffer the same fate once more, as life energies come round again with the same essential conditions.

Freedom and Romance

The first law of romance is Freedom. In that space romance can blossom to its widest possibilities and deepest depths. Often our need from another interferes with the allowing of that freedom, as we make selfish demands on the partner. That only exacerbates conditions, leading to trouble.

One man was unhappy that his partner started working at a new job in which she arrived home late. He not only complained, but took foolish actions that utterly backfired. Had he allowed her the freedom to do her work as necessary, it would have attracted positive conditions, enriching the relationship, instead of nearly destroying it.

Forget Problem to Solve It

There are times when the best strategy for dealing with a problem is to simply forget about it. That can attract its easing or resolution.

Observing Life Response in Film

Watch most any film, particularly a good one and you will be able to observe a half dozen or more life response instances in it. Tracing the positive (or negative) response back to the source behavior of the character that precipitated it increases one's knowledge of the ways of this startling phenomenon.

From Divine Allowing to Our Taking Responsibility for Our Ill-Fortune

IS: Why has God, the Divine, the Mother allowed ill fortune to descend on me?

SHOULD BE: Why do I persist in the negative attitudes, habits, behaviors, actions that attract such things?

Learning About Our Limits of Attitude When We Are Young

Viewer: When you are the problem [e.g. through wanting attitudes] you cannot see the problem so the answer is well hidden but close by. I think many lifetimes can pass before the treasure is revealed to the seeker while the solution is seen to be outside of oneself. Such a conundrum.

Response: If we learn to see such problems at an early age and that process is institutionalized in society it will make it much easier -- like learning math.

Poverty Spreading from Lower to Middle Class

When a prosperous country avoids addressing the long-standing poverty of the lower class, it creates conditions that allow it to spread to the middle class.

Further comment: Likewise, when one does not address a serious, problematic area of one's being, it spreads to the healthy parts.

Giant Miracles in a Name

The San Francisco Giants baseball team recently won two world championships in 3 years. It was a victory of consciousness, particularly of unity, that unfolded through astonishing, miraculous-like series of events. I have referred to it in several posts.

One thing I neglected to mention that adds to their startling feat of harmony is this: In the second championship season they secured a new player named "Cabrera," who quickly became the leading batter on the team. In fact, he was leading the entire league. However in the midst of his great success it was revealed he was taking drugs. Immediately he was

suspended by the league. However in the playoffs he was eligible to play again. Not to disturb the harmony and the goodness of the team, the Giants did not take him back. Now handicapped without that excellent batter, the Giants carried on.

In the playoffs they were continuously in deep trouble, yet miraculously in each series came back from the edge of collapse. In the final series, on the final at bat for the other team, that player struck out giving San Francisco the world championship. The name of the player who struck out? Cabrerra! No, not the player who was suspended, but another player with the very same name. It was a subtle hint from life that the Giants did the right thing in consciousness to keep up the inner harmony above all else by not bringing back the reckless player. It was another powerful life response reminder of the subtle, yet startling ways life unfolds.

Attraction Power of Caring about Another's Values

When you care deeply about another's values that made them who they are, they suddenly start taking a similar interest in your own.

Attraction Power of Expressing Deep Values

Expression of deep values, such as believing in the importance of Self-discovery in education attracts unexpected iterations of it from others.

Harmonic and Attraction Power of Agreeability

Agreeability evokes harmony which attracts sudden good fortune.

Being Enables Harmony and Oneness, vs Ego

In Being there is harmony and oneness with life, others, which is opposite of when we are stationed in ego.

Human Happiness vs. Spiritual-based Joy

The human point of view us to feel happy when things are going well. The spiritual perspective is to feel joy all the time, regardless of the conditions.

How Knowledge and will Fused Creates Ultimate Results

Sri Aurobindo tells us that in the plane of Supermind Knowledge and Will are fused. In that Truth Consciousness there is an integral Knowledge of things that simultaneously willfully effects, creates; and a Will that simultaneously integrally knows -- creating universal order out of infinity. And we have that same power at our disposal when we consecrate and open to the Divine Mother, who is the vehicle for that supramental power.

Generosity of Spirit

"Generosity" is not just being free with money, but being generous of spirit.

Learning From vs. Winning the Game

We say that winning is the object of the game. But isn't it learning?

Effect of Living in the Present

When not working, just try to be in the Present Moment, without thinking. It is soothing, clear, blissful.

Love and Freedom

"No love without freedom. No freedom without love." (chorus of popular American song)

Fully Engaging the Acts of Life

There are hundreds, even thousands of acts we engage in the course of the day. Though each requires a certain amount of time and effort to perform, from a millisecond to hours, we tend to move out of balance with it and its needs. Often that has to do with our inability to give the act the proper level of attention; the compulsions and influences of our lower vital/emotional being; and the tendency to move out of alignment with the Present by being overly influenced by the push and pull of the past and future.

And yet if we develop a subtle sense and observe closely, we will see exactly how long each act should take, how much of our attention is required, the patience or determination necessary, and the meticulousness needed to produce a perfectly positive outcome.

E.g. as you engage the act of washing the dishes, you sense if you are giving it your proper attention; whether you are rushing it in the name of some future action you wish to get to; etc.

Now your mind stands back for an instant and senses how long that act should take; what level of your attention is required; what degree of patience is demanded, etc. As a result, you reengage the act and move forward with the right rhythm, creating a result that is nearly perfect. Moreover, the actions that follow it tend to flow harmoniously from that point forward.

Through the smallest act, you have discovered the rhythms of the universe, which you have now moved into perfect alignment with.

Small Irritants Can Indicate Big Differences

Often beneath small irritants between parties can lie big differences; whether current or emerging. Hence the expression "tip of the iceberg." Moreover, Sri Karmayogi says that things are always indicated beforehand. Thus, a small irritation at the outset of the Mahabharata indicates a coming great war between adversarial parties.

Wanting Attitude of Nation Draws Hostility from Another

Understanding how the attitude of one's nation attracts negative from the outside from another nation is indicative of the inner condition of the former. If they change that attitude to the positive, then the outer will change as well, including the non-cooperation or hostility from the adversary country. It is one way to create harmony among the peoples and nations of the world.

Creating Higher Harmony to Resolve World's Problems

The egos of nations pull in opposite directions instead of cooperating and collaborating. There are serious problems to be solved -- including global unemployment, poverty, debt, disease, instability, terrorism, weapons proliferation, and environmental degradation -- whose solution is not so much in the details, but in the level of HARMONY among the countries.

Sri Aurobindo said that all problems in life are essentially problems of harmony. It is not a problem of resources, or of similar alleged material limits, but of limits of consciousness that exist in the minds of nations that see the world through their own individual lens, instead of embracing the other.

Putting yourself in another's shoes and seeing the world from their perspective, as well as giving up your hardened position and taking their point of view are two spiritual methods that enable Higher Harmony. If nations can truly and sincerely do that, all problems of the world will quickly attract their resolution.

When Vital Lessens Mind's Control Over Body

When the lower vital emotions gain control, the mind loses the ability to control the body.

Elevation in Consciousness and Receptivity to the Force

At each essential point of reversal from our lower to our higher consciousness, we open up and become a more receptive vehicle, allowing the Force to work through us, which causes life to respond in the form of something new blossoming, or something or someone coming to us, taking us another step toward the fulfillment of our deepest aspirations in life.

We are Born Divided, Ignorant Beings

The negative attributes of our being originating in the physical mind and elsewhere are certainly habits that are enhanced by what we learn from others, but Sri Aurobindo indicates that we actually come into this world that way. He says we are born divided, ignorant beings. It is in the very fiber and nature of our being, transferred through the genes through birth. It is the legacy of the lower animal, inconscience, and material nature in the evolution.

Mother's Inner Movements In Agenda

In Mother's Agenda -- Her interaction and diary with Satprem over the last 20 years of Her life captured in 6000 pages of dialogue, -- She would often go into a meditation-like state for a half hour or so, sometimes longer, and the atmosphere would become suffused with sweetness and tremendous power.

She would often Surrender to the Supreme Consciousness in that inner movement, which She often referred to "The Lord." Other times she called in the Force to overcome particular problems around her or to transform the recalcitrant parts of her being. She often called in the Supramental power so that the cells of her body would give up its inherent programming, enabling her to overcome the aging process, illness, and even death.

Mother's Use of Mantra Om Namō Bhagavate

Viewer: The Mother found that the holy "Om Namō Bhagavate" mantra had a transformative effect on her body down to the very cells.

Response: Yes, she did. It was her secret for a long while. One day she offered it to Satprem. I tried it a few times, when I walked through a small tunnel in downtown San Francisco, creating an echo effect.

I remember she explained it something like this:

Om = I invoke the universe, the Divine, the All

Namō = I offer myself to Thee so the Divine Force can descend into me

Bhagavate = I call that supramental Power into my being

Here she explains:

"I will tell you my old mantra. It keeps the outer being very tranquil: OM, Namō, Bhagavate.... Three words.

To me they meant:

OM: I implore the Supreme Lord.

Namō: I obey Him.

Bhagavate: Make me divine.

(silence)

This, I found, has the power to calm everything."

Viewer: Thank you for this Roy. Sri Karmayogi has written a short article on the mantra as well...I would love to see your comments on it at some point. It is a mantra I have been trying to work with.

Response: I believe it is his interpretation that influenced mine. Mother was constantly dealing with very intense experiences and situations. Often unprecedented in earth's, let alone spiritual history. She thus required a great calming influence, which is what the mantra provided Her.

Mediation and Consecration

Meditation is great, but consecration, i.e. opening to the Force has a much greater power still to overcome the limits of our being, in that it makes the change permanent.

When our group used to do meditations together, there would be great peace and bliss. Now many years later I would probably have been served better if I had called to the Force to enter my being during the meditation. In fact we often now refer to it as "Callings." Daily meditations can certainly be very valuable, but most of the people I am in close connection at the spiritual level with instead do daily or even hourly consecrations, as well as consecrating conditions, as life then cooperates from all sides. Meditation can be effective for overcoming the negative influence in our being, but only when the Force is activated can they truly be transmuted.

In any case, all paths -- meditation, consecration, calling, prayer, mantra, shaktipat, rejecting the negative, devotion, love, works, etc. all are valid paths to help overcome our divided nature, turning it into integral knowledge, a purified vital being, a happy, joyful heart, and great energy and physical well-being.

Restoring the Calm and Peace on the Other Side of Disturbance

On the other side of the disturbance is always calm and peace. When each time fear, worry, doubt, confusion, impatience, depression, et al arise, and you simply push it out of mind, stillness and clarity quickly establish themselves on the other side. You are restored to your normal nature, and you are somehow surprised that you are back in your old self once more. Moreover, the more you remember that this dynamic is a reality and easily attainable, the more readily and quickly you push away the momentary negative when it arises, having confidence in a quick reversal, which invariably comes about.

Millions Die and there is Little Concern

20 million people die a year in the world due to non-age related illness, including a shocking 1.2 million in traffic accidents. Yet people are riveted and react aghast when 3 people die in a terrorist attack in America, while shrugging their shoulder at the 20 million a year who need not die. Our priorities surely need straightening, as sensation needs to be replaced by common sense.

On Aspiration

(gathered random thoughts of Sri Karmayogi)

- Aspiration means irresistible reaching out of our parts to HIM, not thinking of HIM sometimes.
- Aspiration is not found in most, even in young age. What idealism finds is a sublimated version of ambition. Crossing the youth, most people do not find even ambition in themselves. What is found in middle age and after is mental occupation or preoccupation, nothing more.
- Aspiration is like its other compeers faith, adoration, concentration, patience, integrity, etc. Therefore it is non-existent in normal human beings.
- Aspiration is our part; Grace is Her part.
- Aspiration is Agni in the heart.
- Whatever the human longing is for, it is only to find fulfillment in Him. All aspirations are aspirations for the Divine.
- Our aspiration is graded. We see it as meditation, prayer, change of heart, change of attitude, change of motives, alertness, SINCERITY.
- Aspiration can be expressed in words or as a mental, vital, physical urge. As an urge it is more powerful than articulated words. When the urge takes hold of the whole being and moves to its centre, the form of urge gives way to a vibration of the Being.
- Aspiration will not be born until you emotionally outlive the existing endowments.
- Aspiration opens the being to the descending Truth.
- If you intensely aspire for something, Life grants it perversely after a long time, and Mother fulfils it graciously in an unexpected fashion, rarely unpalatable.

- High mountains like tall aspiring trees are expressions of the earth's spiritual aspirations.
- Aspiration is the awakening of the Being in the Becoming.
- Aspiration is the ascent that brings down the descent of Grace. Aspiration becomes grace in Silence that is behind Silence.
- Aspiration is the being wanting what the mind understands to be good.
- Aspiration expands the Being.
- Aspiration in one plane saturates the previous plane with Silence.
- Aspiration of the body absorbs the Force.
- Man aspires for the Psychic to surface. The Psychic is divine aspiration.
- Aspiration dissolves ego.
- Aspiration is the means of filling the Individual with the Universal.
- Aspiration is individual seeking.

Assertiveness Attracts the Opposite Idea from Others

You can be exuberant, even passionate about a matter, but when it spills over into assertiveness, one is bound to soon attract the opposite of one's belief.

Ignorance of Unity of Relation of Objects; Not Illusion

It is not that all objects in creation are an illusion as Buddha and Shankara explained; rather that these objects are real but we have lost sight of their integral oneness and unity. In other words, it is Ignorance of the true nature of Reality, as Sri Aurobindo explains it.

Erroneous Conclusions Based on Sense

At least a dozen times a day we come to erroneous conclusions based on what our senses tell us, especially our sight. We jump to conclusions about what we see and then have to backtrack to correct ourselves when we discover the truth. It is a VERY common negative phenomenon, yet we hardly recognize it!

Limitations of Sense Mind

A child sees a white cow and believes it gives white milk. It sees a brown cow and perceives it gives chocolate milk. It is the logic of many grown up individuals as well. In the West, and especially here in the US, we are dominated in our thinking by what we see and hear. Our mind is obsessed by the visual sense input and the material, which prevents us from using our mind for what it is made for; to think things through using logical discourse. Sri Karmayogi says Americans think with their bodies (i.e. via the sense input of the eyes and ears, and other senses) rather than using mind proper for rational discourse that gets at the multi-sided truth of things.

Difficulties Enable Progress

The difficulties come always to make us progress. The greater the difficulty, the greater can be the progress. Be confident and endure. (The Mother)

Difficulty Before the Victory in Surrender

The hours preceding Victory are most often the most difficult. For the individual's surrender, it is the last resistances, sometimes quite insignificant, that are the most obstinate and difficult to conquer. (The Mother)

Media's Restraint Based on Limited Evidence

The media is gradually learning not to jump to conclusions based on flimsy evidence in an unfolding event. (They have been burned too often; appearing foolish and mercenary.) It is a movement towards Silence; one that will surely benefit all parties involved.

Contradiction between Terrorists and Insincere West

Darkness of terrorists meet the falsehood of the US, UK and others, e.g. in diplomatic insincerity over the years, is subconsciously working out a resolution and higher harmony beyond the contradiction. It often takes the negative of two sides to interact to work out human progress.

Moving Out of Time, Ego, Finite, and Mind to Overcome Limits of Knowledge

Why do we have the incomplete, fragmentary knowledge which limits us? Sri Aurobindo says we are divided beings born of Ignorance, and our goal is to attain its opposite, the Integral Truth and Knowledge. How do we do this? We must move out of time, ego, finite, and mind. How do we do that? By aspiration to rise to a higher consciousness, by rejecting the various aspects of our lower nature, and by opening ourselves to and surrendering to the supramental power; the divine Mother. As we do, we come out of time, ego finite and mind, and we develop the capacity to know the integral truth of things at every moment. In addition, we experience constant peace, harmony, truth, wisdom, goodness, creativity, love, joy, timelessness, and infinity. We meet life perfectly, becoming Its Master; for our sake and that of the world.

Seers Saw the Reality behind Existence, Expressing in Various Forms

The seers who composed the Upanishads in India saw the ultimate divine reality behind all existence and called that reality Brahman. They go on to proclaim that all that exists is only Brahman in many different forms. This Brahman is described as SatChitAnanda which is a triune reality comprising of Sat (existence) Chit (consciousness) and Ananda (bliss). They see manifestation as a divine play staged for the sheer delight of the play. (MSS)

What Can Assuage Doubt?

- Catching it and casting it aside as it rises.
- Doubt is like fear in the mind; a mental sensation that is primal-like, which can be pushed aside.
- Turning it into the Faith as it arises is be a great movement.
- Gaining knowledge of the truth of what is under inquiry.
- Developing integral knowledge beyond our Ignorance can eliminate it permanently.
- The physical consciousness naturally disbelieves the new -- i.e. doubts -- can be overcome through recognition of that tendency in ourselves and consecrating it.
- Patience that waits on the knowledge and the truth to come that answers doubt can eliminate it.
- Doubt often arises when we are tired or sleepy. Knowing that, we can simply cast it aside.
- Doubt can occur as a form of intellectuality that, like argument and skepticism enjoys itself. Moving beyond mind's assertiveness of its position at the expense of another's reduces the tendency to doubt.
- Doubt is a weakness of the mind supported by the fear of the vital which can be overcome by silencing mind, taking to faith and garnering the underlining knowledge and truth of that matter.

Expressing Sweetness to Adults

We love our little children with deep sweetness. If we only felt that way towards the adults in our lives.

Consciousness Approach to History that Perceives the True Cause of Things that Attract

A Consciousness approach to History needs to be blended with the current history, providing the world with deep insight so we can take right action in the future.

Further comment: Consciousness approach perceives true inner causes that attract the positive or negative. E.g. FDR wished the US entry into WWII. The people blindly rejected it. Life then responded negatively when the US was attacked at Pearl Harbor, forcing its entry into the war.

Attack at Pearl Harbor and Consciousness Approach to History

FDR begged the government and populace to enter the war against the Axis. They refused. As a result the US was attacked at Pearl Harbor; a negative response to American indifference.

Further thought: This is an example of a "consciousness approach to history." Sri Karmayogi has provided this in great detail, with hundreds of original insights on history, revolutionizing our view of the past. What a tremendous service he has provided the world in this arena, if only we learn the lessons and apply them to current events.

Anger vs. Righteous Indignation to Attract Negatively

Anger almost always attracts negative life response. How about "righteous indignation"? Though partially rooted in the good, it too can attract negative response; sometimes positive.

Doing the Right Thing Moment to Moment that Attracts

Moment to moment be mindful of what you are doing and what is occurring, and DO THE RIGHT THING. You know what the right thing to do is; what the right choice is to make. And each time you choose in the right direction, life will respond in your favor; right then or soon after. Follow this approach and you'll be constantly energized, and so very happy to be alive.

Lack of Gun Control in US and Negative Events

The unwillingness of US Congress to pass effective Gun Control legislation, and the mindless dominating belief of the people to accept guns as a right attracts negative circumstance like the recent Boston massacre. Like attracts like is the principle.

Further thought: the culture got used to it long ago in defending themselves against Native Indians. But where is that threat now? It's another product of a material oriented culture, and the abuse of our freedom. Also cultural values are very limited in many segments of the nation.

Perfecting Our Being to Be Receptive to Mother's Force

The Mother's Force works through us to the degree we chisel and perfect our being. It is Her power working through our level of Receptivity.

Difficulties and Possibilities in Us

Difficulties come because there are possibilities in you. If in life everything was easy, then it would be a life of nothing. Because difficulties come on your way it shows you have possibilities. Do not be afraid. (The Mother)

Affecting Past, Present, Future in the Ever-Present

We can control the outcome, quality of events -- past, present, and future -- through our right actions in the Ever-Present.

Deeper Truths Portrayed in Film that We Can Perceive

Hollywood takes many liberties with space and time in its wide variety of stories. It often delights the viewer, while acknowledging it is artificial, even superficial. And yet behind the highly questionable realities portrayed lies deeper truths and laws of causality that completely eludes the authors. It is subconscious truth masquerading as surface, material gimmickry. However, to perceive the deeper truths behind is wisdom. One can therefore make the mental effort, look deeper, and intuitively perceive the subtle unfoldings and truths of life, even as one patiently observes the often-childish hocus-pocus unfolding on the screen.

Changing the Events of the Past in the Present

I would like to posit this question: Can the actions one takes in the future affect the outcomes of the present? E.g. It is now conceded that the US used heinous torture to elicit confessions from alleged terrorists after 9/11. Can that low attitude have attracted the vile attack itself, which occurred long before? According to laws of consciousness, and now of quantum physics this does seem to be a real possibility.

Further thought: - Sri Aurobindo says that when in the Psychic Being one can experience the state of the Ever-Present, the Eternal Now, where past, present and future are indistinguishable, not only in consciousness but in action.

- We can control the outcome, quality of events -- past, present, and future -- through our right actions in the Ever-Present.

Good Only From the Good

Positive developments in life emerge from the positive as well as the negative. When during WWII the German submarines were destroying the US supplies headed to Europe to help the Allies, the great American industrialist Henry Kaiser had dozens if not hundreds of liberty ships built around San Francisco Bay in an extraordinarily short period of time that helped save Europe from being destroyed. Thus, out of darkness of the German advance came the great good of Kaiser's efforts.

Now Kaiser was firmly established as a great and influential company in America. Moreover, out of his concern for his now plethora of workers, Kaiser developed a health care system within his firms to support their well-being. Out of it came Kaiser Permanente, the largest and perhaps most progressive and influential health care concern and hospital system in America.

In the first case, the positive came out of the negative. In the latter case, the positive came out of the positive. We see how life works both ways.

Now through the Mother's Force, the Supramental Power we can evoke the positive from the positive alone. Unlike modern science and other contemporary advancements, from that spiritual Power only comes the Good; meaning It is Self-Existent, never throwing off dark shadows of itself.

Involution & Evolution

-Without involution, there is no evolution.

-Evolution to the higher occurs because the hidden, buried, involved Conscious-Force in all things resulting from the Involution comes out.

-Evolution follows Involution in never-ending cycles.

-Evolution is due to the push from within of the Conscious-Force seeking to come to the surface as new, higher formation, and from Above due to the influence of the Infinite Consciousness.

Evolution through Positive and Negative

Life evolves through both the positive and negative.

Immortal Consciousness

Identify yourself with the Immortal Consciousness and you will become It. (The Mother)

From Morbid to Psychologically and Spiritually Enriched Art and Life

People enjoy the morbid -- in culture, art, and life-- because they cannot imagine positives beyond what they perceive as banal happy existence. And yet we know psychologically rich and spiritual-based life is infinitely powerful and moving, and can absorb the morose interests of the disenfranchised.

True, Spiritual Individual, the Psychic Being, and Surrender

The "True, Spiritual Individual" lives from the poise of his Psychic being, takes his cues from Its inner Guidance, has surrendered to the Divine, enabling infinite creativity and possibility to spring forth.

True Individuality from Deepest Depths

The ancient Vedas, Upanishads and Gita focused on the very deepest aspects of Individuality -- True Individuality -- which we experience when we move from the surface to the depths and come in touch with our evolving Soul. From there springs forth infinite creativity, infinite original thinking, and infinite guidance from the supracosmic planes.

Negative People Can Attract Wealth, but Dark Money Ensues

People with low values in many regards, such as being greedy and unscrupulous can still attract money, even vast quantities, because they have at least some positive values in them, such as strength, being highly organized, honest to suppliers, punctual in manner, a desire to support and uplift one's family, and an intense aspiration and desire to move ahead. The result of his efforts are a mixture of positive and negative which creates a somewhat Dark form of money. To turn such Dark-oriented money into Money of Light, the individual must become positive in all aspects of his being. That money of Light will then self-multiply, benefitting others.

D: That is the difference between a smugglers' organisation and a Pioneer' s dedication. The smugglers may have some values like harmony but it is the Pioneer and his creations which exist for many generations in spite of his one and only effort. Dark money is easy to earn and it disperses very fast without any accomplishment but the Money of Light establishes it firmly on earth serving humanity. Shri Karmayogi says money has the characteristics depending on how and whom it is earned through

Comment: D, thanks for that very insightful point about the long-lastingness of the positive value; here as applied to money.

Producing as Darkness or Light

Belief of any type, intensity, etc. can produce for sure. The quality of what it produces depends on one's intent, attitudes, motives, and values. That makes all the difference -- between a world of dark, semi-dark, and light.

Begin Where You Are Now to Rise in Consciousness

You don't have to go where you don't want to be to get where you want to be. You can go from where you are to where you want to be. (Abraham)

Comment: Yes, in Sri Aurobindo's teachings he says that to grow in consciousness we begin from where we are.

Creating Our Own Infinities

Imagine if each person in the world could manifest something as powerful as undertakings like MSS and Evolve!/BonVibes in their own domain or field of interest. Then it would be a breakout of infinities. Each individual creating an infinity, a multi-verse that would be

beneficial to all. That is the power that Individuality guided by the Evolving Soul or Psychic Being within us is capable of.

Supramental Power that Creates Harmony that Resolves Problems

Sri Aurobindo indicated that all problems of life are problems of Harmony. That means if we create the higher harmony, any problem will be resolved. Well, it turns out we have the Supramental Power, the divine Mother, to make that happen.

Scientific Outcomes Based Material, Empirical vs. Supramental View

The consequences of Science rooted in just the material, empirical view is to create negative outcomes for each positive. The entire industrial revolution has been like this, and it continues till this day. When higher values come to the fore, the negative side is reduced. Supramental power creates no negative side. But hardly anyone uses it yet, as it awaits humanity.

From Ape to Man to Supramental Life

Our moment-to-moment consciousness, and perceptions of space, time, and possibility is much closer to the ape than to the supramentalized beings we are on the way to becoming.

Further comment: The ape perceives physical possibilities, as well as some developed in the mind. The human the same, but more in the mind, though limited to single-line, limited mental perception. Supramental gives all necessary knowledge in each moment, plus it concurrently gets materially realized in life. This is a startling change that is on the way to being realized by pioneer individuals, after which it will spread.

Viewer: Well said, from being much closer to the ape we've a long way to go to become a supramentalized being !!!!!

Comment: Yes, but time is accelerated when we move from mind to spiritual mind. Supramentalization, at least at the level of knowledge, can happen very quickly.

The Ape was material-oriented; very slow to change. We were like this till the last few hundred years. Mentality has been accelerating in the last 50. It takes a certain subtle but decisive shift into this new consciousness to cross the bridge to this Truth Consciousness. Plus we have a full-throttled vehicle for its realization: the Divine Mother and Her Force and Power, which has fully descended into the earth's atmosphere for our evocation.

Another way of saying this is that we can evolve much more quickly now that we are more fully mental beings.

Mentally a good number of us can be supramentalized within 100 years or even less. Physically it will likely take much longer. Mother's monumental effort and work in the physical cleared the way for us there.

Mother as New Species and Her Force

The Mother while in Her body was the beginning of the New Species, and Her Force is the means by which we can follow.

Money and the Spiritually Inclined

Money flows to greedy people and to spiritual people, and to everyone in between. The question is whether we want it Dark or Light or in between. Spiritual people want it Light, which may require special qualities. Also many who come to the Spirit are predisposed to not knowing the rules of money; are less than mindful in this area. Also many who come to the Spirit simply do not care for money.

Karmayogi asks us to tie the two ends together; of money and spirit. Those fully predisposed to Mother and also have the Money aspiration will discover it in buckets. They will receive the Money of Light, which will aid in bringing about the New Dawn.

Core Education Values to Learn

One's motivation, inspiration, meaning of life interest, and self-exploration are among the core education values that create the will to learn.

Further thought: And it's not just will to learn, but will to become.

Overmental-based Gods Surrendering to the Mother

The Mother had many powerful experiences with the Gods, including Durga, Shiva, Krishna, Ganesh and others. They would appear live before Her and she would request that they surrender to the original Goddess, the Divine Mother.

She understood that each God was perfect in its own domain, but was ignorant or even at odds with the other Gods. This indicated they were at the universal plane of Overmind. In Overmind each thing is integrally perfect and knowledgeable in its own field, but has in its individually separated from the other perfections and knowledges embodied by other Gods. This is resolved by surrendering to the Divine Mother and Her Force which is at the plane of Supermind, where each individual truth is not only perfect and integrally embodied, but is in complete harmony and unity with every other truth. It is where each God would be perfectly aligned with every other, instead of merely asserting its own capacity. That could only happen in Supermind by their surrendering to the supramental Shakti of the Divine Mother, the Conscious-Force source of creation.

Similarly, we in life can come to know and embody the integral truth of things beyond our limited capacity, thereby attaining the Truth Consciousness in all planes of our being by self-consecrating and surrendering to Her in our daily lives.

From Goal to the Deepest Context of Inner Aspiration

"In the measurement world, we set a goal and strive to achieve it. In the universe of possibility, we set the context and let life unfold." (B. Zander)

Comment: Magnificent. There is a gradation from one to the other based on our level of consciousness. The Old world is to set a goal with mind and go after it. Time, space, inner resistance, ego, and imperfection are among the obstacles. The New world is to have an aspiration in our deepest parts, and life brings the result (i.e. the achievement of the goal) through instantaneous miraculousness. Consecration is what enables us to transition from the old way to the new.

Solving USA's Problems

On why the US has difficulty solving its problem of poverty, stagnant wages, skewed income distribution, etc.

The US is a land of liberty and freedom. It is less so a land of cooperation among its parts -- i.e. the government, its businesses, its institutions, and the citizens. They rarely work together because cooperation is less of a value in the country than freedom, individuality, entrepreneurship, etc. As a result there are not comprehensive solutions to problems, such as poverty, in which all of these sectors work together in harmony.

When the problem is not addressed it spreads. It can eat at the fiber of the nation.

There is always a chance to reverse course. For that to happen, values need to change. Psychological values must replace material ones. They need to expand beyond freedom to cooperation and harmony.

Sri Aurobindo says all problems in life are problems of harmony. Harmony here is the cooperation and collaboration of the segments of society. The American must stop thinking with his body (i.e. material only view), but with his heart and mind. That will bring the harmony among the parts and resolve all pending problems.

On Discord Between Women

"One big inner struggle for man is between two women — mother and wife — later mother and sister." (Karmayogi)

It can be related to a kind of possessiveness and rivalry of women; about the man, the children, material property, -- taken as "mine is the best and what I possess" and don't you interfere -- thereby "guarding the gates" from other women rivals. Verbal spats and conflict are the other expressions of the vital and physical possession.

Also the vital is more developed in women than men and she is therefore more likely to feel such possessiveness and rivalry and express it outwardly when interacting with other women. (When multiple vital feelings are expressed, it has more potential to lead to conflict, even as it also leads to spontaneous positive emotional bond and sisterhood between them from the other side.)

On Satchitananda

-The ultimate reality we can know is a Transcendent Existence-Conscious-Bliss; i.e. Sat-chit-ananda.

-Beyond that there is only the inexpressible Absolute

-ECB - Sachchidananda - is the nature of divine being

-Sachchidananda becomes the universe

-ECB is the origin, continent and ultimate reality of all that expresses in cosmos (MSS, explaining Sri Aurobindo's The Life Divine)

On the Nature of Consciousness

-Consciousness has two aspects by which it possesses itself in static condition and dynamic movement

A. Illuminating self-awareness

B. Effective self-force

C. Its creative action knows and wills

D. Omnipotent self-consciousness knows all that is latent within it

E. Omniscient self-energy governs the universe of its potentialities (MSS, explaining Sri Aurobindo's The Life Divine)

Unity & Multiplicity in the Cosmos

A. Eternal oneness is the foundation and reality of the multiple worlds

-Brahman is intensive unity

B. Creation moves between unity and multiplicity

-Oneness is essence

-Variation between unity and multiplicity in manifestation

C. The original unity expresses in the cosmos as idea, force and form

D. Involution is toward multiplicity, evolution back toward unity

E. Cosmos is infinitely variable oneness (MSS, explaining Sri Aurobindo's The Life Divine)

Supermind in Relation to Satchitananda

Supermind is the Nature or Creative power of Satchitanada

It is the nodus of Existence-Consciousness-Bliss's creative action - it is itself Satchitanada (MSS, explaining Sri Aurobindo's The Life Divine)

Supermind, Knowledge and Will

In Supermind, Knowledge and Will are one

-Divine knowledge is one with self-existence and self-awareness

-Will is in perfect unison with existence and knowledge

In contrast human consciousness is ignorant of the truth of our own existence and our own inner being

-Darcy does not know his feelings for Elizabeth

-Eliza's will is unable to accept her knowledge of Wickham (MSS, explaining Sri Aurobindo's The Life Divine)

Supermind Unity, Multiplicity

Supermind proceeds from unity to multiplicity and from multiplicity to unity (MSS, explaining Sri Aurobindo's The Life Divine)

Supermind is Creator

Supermind is Divine Gnosis which creates, governs, upholds the worlds (MSS, explaining Sri Aurobindo's The Life Divine)

Supermind's Double Faculty of Oneness and Division

A. Its self-awareness comprehends all things in itself as itself the One

B. Its action apprehends separately all things in itself as objects of its will and knowledge

C. It infallibly develops the movement, form and law of things in harmony with the Truth and significances of its manifestation

-Nothing can happen without its knowledge because all is within it

-Nothing can happen without the Will of the Supreme

-All that happens occurs for our evolutionary awakening from the ignorance - this is true Knowledge

-To know that it need not happen - something better can happen - is a greater knowledge - Human Choice

D. It creates an appearance of division which is not binding

-A subtle unseparating division

E. It upholds both our Knowledge and our Ignorance

-A demarcation within the indivisible (MSS, explaining Sri Aurobindo's The Life Divine)

How Supermind Creates Ordered Relations

A. Sachchidananda alone cannot become an ordered universe

-It would create only an infinity of figures without fixed order or relation

-But the world we know is stable in form and orderly in process

B. Supermind creates ordered relations by its power to

-It fixes determined relations out of infinite possibilities

-It develops results out of the seed

-It establish the rhythms of cosmic Law

-It governs the worlds as their ruler

C. Supermind creates through self-limitation

D. All development is self-development

-All that manifests is seed of a Truth of things

-No law is absolute - only the Infinite is absolute

E. Supermind is the fourth (Turiyam) in descent and ascent (MSS, explaining Sri Aurobindo's The Life Divine)

Questions of History

(by N. Asokan of MSS, with my responses)

1. What is it in Jews that brought on them the holocaust that made some 6 million of them lose their lives. Is it the karma of killing Jesus centuries ago or something else? What was their God Jehovah doing when his worshippers were being gassed to death? If he was only a helpless mute spectator, then how does he deserve to be called the One and only True God?
 -- He was a dark force, one of the four Mother identified as the great asuras. I believe Karmayogi said something to the effect that the Jews went through hundreds of years of transformation in a few, as the terrible ordeal of the people enabled them to give up their superstitions, enabling them to become a more fully rational people. Compare this to the superstition still of many Muslim and even Hindu followers.
2. What was special about the city-state of Rome that helped it to form an empire? One city forming a whole empire sounds incredible. But that is what happened and it demands an explanation.
 --There were many city states in what was ancient Italy. She then garnered great power and overwhelmed neighboring city states, regions, peoples, while still being autonomous. In essence, Rome became the capital of her empire. Why she gained such power to begin with would be an interesting study. I read that she made strategic alliances with neighbors, then broke them, and conquered them. Why she followed this and similar dynamics to be so expansive is likely explained.
3. Napoleon has been estimated to have killed off at least a million French Soldiers by his military campaigns. By today's human right standards this is a serious crime deserving exemplary punishment. Still Sri Aurobindo calls the work that Napoleon did as "wholly admirable". How can an act viewed as a serious crime be described as wholly admirable. What could Sri Aurobindo have meant by his statement.
 --Napoleon helped bring democracy and freedom to many nations of Europe, although it can be seriously questioned whether it was necessary to do so by force. It is interesting that his birthday is the same as Sri Aurobindo's, and he may have been Him in a previous birth.
4. Mother describes Russia as being mystical in her essence. If so how come a mystical country took to God-denying communism for nearly seven decades.
 --Communism was caused by a mental ideal going sour. Such "isms" tend to rise in a mental age, but as Sri Aurobindo indicated they are too often too rigid to be successful (as a higher consciousness still is needed to deal with issues of modern times). Russians have a mystical bent, but also a violent bent, and an unorganized consciousness in various ways. Mysticism is not the same as spirituality. It has occult powers, which does not automatically imply goodness and stability, or even divinity.
5. Mother describes Shankara, Buddha and Swami Vivekananda as incarnation of Lord Shiva. If so in what ways are these great men incarnations of Shiva who is described in the puranas only as the God of Destruction. How can a philosopher advocating illusionism be connected with the lord of destruction?
 --The god of destruction is really the Force that clears out the old to make way for the new. It is not an evil, destructive power, but one that enables regeneration. There are natural forest fires that help clear out the old growth allowing for a more fertile environment for the new. Perhaps these great spiritual figures are doing the same, each in their own way.
6. Both the Kennedy brothers died a violent death. John Kennedy was a young and very charismatic American President who was responding to suggestions for nuclear disarmament. But he was killed off unexpectedly. Can we see that forces maintaining nuclear power removed him from the scene?
 --Mother in Agenda indicated that Kennedy and Khrushchev had the right consciousness to bring about Détente in the world. It did not happen as both were destroyed; one through assassination, the other by being rudely forced out. She indicated or at least hinted at that there were invisible dark forces that compelled or were behind the real forces/individuals in the world that drove them out of existence. Also those were very violent times in terms of civil rights, the war in Vietnam, etc. and there were various forces aimed at getting rid of the Kennedy brothers who were in opposition to these reactionary beliefs.

7. Mahakali is described as mother's emanation of Force and Power. But Mother describes in the Agenda that the attack on the Ashram during the anti-Hindi agitation of the 1960s was her work. If so how can an emanation of Mother Herself work against her own ashram?

--Perhaps the ashram was in darkness somehow at that time. Mother often saw that people around her were in opposition to her goals, but she remained quiet and worked to overcome it from within.

8. Both the apostle of Non-violence Gandhiji and his disciple Martin Luther King died by violence. What should we learn from this?

--In violent, changing times anyone can be a victim. There were many forces against them and the change they represented; whether the means of the two was violent or non-violent. We know Gandhi's non-violent tactics delayed independence for India and directly contributed to millions of death, partition, and now potential nuclear confrontation.

9. The Divine chose to bury himself in ignorance and slowly evolve out of it in which process he unavoidably faced suffering, evil and falsehood. Instead of sinking into ignorance from knowledge why it did not occur to him to evolve from Knowledge to greater knowledge by which he would have only enjoyed greater delight and greater perfection instead of facing suffering and evil?

--It would have limited variation, possibility, multiplicity of joy of discovery.

10. Life Divine says life on earth has a purpose which is the progressive manifestation of the Spirit and that earthly life is purposefully leading to the emergence of the supramental being. But biologists say that they cannot detect any purpose in biological evolution as it is being guided only by random mutations selected by natural selection. How to reconcile the divine purpose with the scientist's view of random mutations guided by natural selection.

--Scientists are only looking at the surface of life, not the depth. Supramental beings will be so at all levels of being - spiritual, mental, psychological, vital, and spiritual. At most of these levels scientists are asleep and ignorant for understanding normal human life, let alone for spiritual and supramental beings. Also the supramental change at the physical level may be the last (of the planes) to occur. So even if scientists could detect something here (which they don't seem capable of now), there may be not much to detect amongst people of the earth at this point.

Thoughts on the Physical Mind

(by N. Asokan of MSS, with my comments)

1. The physical mind goes by external form and appearance only and rarely looks for inner content.

--It has no deep values, such as content over form.

2. It knows only its point of view and will insist on what it knows and hardly listen to any other point of view.

--The lower part of mind is deeply connected to the lower vital nature, which is ego-oriented, insisting on its position in the mind.

3. It has great faith in the power of money and position and will hardly believe that values have any equal or greater power.

--It sees that only the rich and famous and powerful determine things, but it is deep values, or will or aspiration that enabled them to achieve, which is a deeper aspect they do not see.

4. It believes only physical proofs and won't believe theoretical claims and inferences.

--Living on the surface in sense mind, it only believes what is physically presented to it. The thinking process is left behind. The film '12 Angry Men' is a tremendous demonstration of this.

5. When it comes to treating illnesses, it relies only on medical treatment and will hardly attach any importance to psychological therapy.

--People see that the medical solutions often work to a degree to treat people, not knowing that the source causes of the illness is psychological, and thus inner solutions are far more direct and effective. Spiritual solutions are unknown to them.

6. It cares only for results and not for the means or how the result has come about.

--The physical consciousness wants shortcuts, as it is lazy; does not want to move to make the necessary, commensurate effort.

7. Even after seeing the power of grace successfully demonstrated, it can doubt again the efficacy of grace the next time a similar problem arises.

--There is no mental mechanism for the experience to be internalized. If it wants to learn however, or rather it sees in plain daylight the truth of its action, the physical can adopt the Grace even faster than the vital and mental individual.

8. It cares only for short-term solutions and hardly has any long-term perspective.

--Living in the outer sense mind, and dominated by vital wants and needs, and physical urges of the body, it demands solutions now. It cannot wait.

9. It relies on sensory evidence and gives only secondary importance to higher types of evidence such as that given by mind.

--Truth is at all planes - physical, vital, mental, and spiritual. It does not embrace all of these as evidence, and when it does it takes the lowest common denominator of each of them.

10. It is easily fooled by verbal assurance and does not distinguish between external assurance and inner intention.

--Individuality is nowhere to be found. It is like the stupid character Lenny in Steinbeck's 'Of Mice and Men,' who utterly depends on his friend for assurance and truth.

Money and the Spiritually Inclined

Money flows to greedy people and to spiritual people, and to everyone in between. The question is whether we want it Dark or Light or in between. Spiritual people want it Light, which may require special qualities. Also many who come to the Spirit are predisposed to not knowing the rules of money; are less than mindful in this area. Also many who come to the Spirit simply do not care for money.

Money and Spirit Together

Karmayogi asks us to tie the two ends together; of money and spirit. Those fully predisposed to Mother and also have the Money aspiration will discover it in buckets. They will receive the Money of Light, which will aid in bringing about the New Dawn.

Supermind's Integral Vision of Reality

Ultimate Reality is the Absolute --a multidimensional Infinity

Unity, Identity, Freedom are its secrets

That reality is an infinite Oneness

Its dynamic movement is from unity to multiplicity and back again - an infinitely variable Oneness

Atma, Purusha, Iswara are three poises of that reality

Transcendent, universal and individual are its three aspects

The four above manifest as the four below

Spirit and Matter are its two poles of expression

Involution and Evolution are its grand movements

The hidden principles press to emerge from below and press from above to manifest the Unmanifest (MSS, based on chapter 'Ascending Series of Substance' from 'The Life Divine' by Sri Aurobindo)

Mother, Gods, Overmind, and Supermind

The Mother had many powerful experiences with the Gods, including Durga, Shiva, Krishna, Ganesh and others. They would appear live before Her and she would request that they surrender to the original Goddess, the Divine Mother.

She understood that each God was perfect in its own domain, but was ignorant or even at odds with the other Gods. This indicated they were at the universal plane of Overmind. In Overmind each thing is integrally perfect and knowledgeable in its own field, but has in its individually separated from the other perfections and knowledges embodied by other Gods. This is resolved by surrendering to the Divine Mother and Her Force which is at the plane of Supermind, where each individual truth is not only perfect and integrally embodied, but is in complete harmony and unity with every other truth. It is where each God would be perfectly aligned with every other, instead of merely asserting its own capacity. That could only happen in Supermind by their surrendering to the supramental Shakti of the Divine Mother, the Conscious-Force source of creation.

Similarly, we in life can come to know and embody the integral truth of things beyond our limited capacity, thereby attaining the Truth Consciousness in all planes of our being by self-consecrating and surrendering to Her in our daily lives.

No Title

"In the measurement world, we set a goal and strive to achieve it. In the universe of possibility, we set the context and let life unfold." (B. Zander) [thanks to Martyn Green]

Comment: Magnificent. There is a gradation from one to the other based on our level of consciousness. The Old world is to set a goal with mind and go after it. Time, space, inner resistance, ego, and imperfection are among the obstacles. The New world is to have an aspiration in our deepest parts, and life brings the result (i.e. the achievement of the goal) through instantaneous miraculousness. Consecration is what enables us to transition from the old way to the new.

Solving US Problems

On why the US has difficulty solving its problem of poverty, stagnant wages, skewed income distribution, etc.:

The US is a land of liberty and freedom. It is less so a land of cooperation among its parts -- i.e. the government, its businesses, its institutions, and the citizens. They rarely work together because cooperation is less of a value in the country than freedom, individuality, entrepreneurship, etc. As a result there are not comprehensive solutions to problems, such as poverty, in which all of these sectors work together in harmony.

Unaddressed Problems Spread

When the problem is not addressed it spreads. It can eat at the fiber of the nation.

Higher Values and Changing Course

There is always a chance to reverse course. For that to happen, values need to change. Psychological values must replace material ones. They need to expand beyond freedom to cooperation and harmony.

How Americans Can Create Higher Harmony that Solves

Sri Aurobindo says all problems in life are problems of harmony. Harmony here is the cooperation and collaboration of the segments of society. The American must stop thinking with his body (i.e. material only view), but with his heart and mind. That will bring the harmony among the parts and resolve all pending problems.

Expansion of Neglected Problems in US

When you neglect a problem, it expands. E.g. US has not dealt with extensive poverty among the lower class for over 50 years. As a result, many in the middle class have now fallen into poverty as well.

Mind's Activity and Intuition

Mind's incessant activity drowns out the Intuitional thoughts that well up from within (the Subliminal being) or "without" (from the planes of cosmic Mind).

Life Response and Supramental Age

Life coming to you with sudden good fortune from out of nowhere is the hallmark of the Supramental Age.

Thoughts on World History

The following thoughts are based on a "consciousness approach to history."

--Gandhi brought independence and a nation state to India, yet through his non-violent tactic prevented the British from leaving in the 1920s, which gave time for partition to develop, culminating now with India and Pakistan as cross-border nuclear enemies. (This was Sri Aurobindo's and the Mother's view of Gandhi.)

--Europe and the US meddled in the Russian Revolution, which helped shift the revolutionaries to radical communism, leading to the a militaristic state led by Stalin threatening the world and creating the state of Cold War with the West that could have led to destruction of the world through nuclear weapons.

--Mother's power moved through Gorbachev who dismantled the dark Soviet system from within and ended the Cold War without anyone dying, creating perhaps the most miraculous turnabout in world history. (Indicator of the Supramental power)

--The Cold War did not end because of Reagan, but despite him.

--9/11 was in one sense the culmination of 100 years of meddling and interference in the Middle East and Arab states.

--In the evolution of history the Middle East was left behind, and reduced to its current pathetic state. (Out of Africa religion came to the Middle East, and spirituality in Asia. The energy from the Middle East was left behind as it entered Europe which evolved and prospered, and whose dynamic energies then went to the US. From the US, the East has been energized, leaving behind only the Middle East nations in dire straits, including poverty, unemployment, fundamentalism, and terrorism.)

--The Mother predicted the end of Communism in 1973 when the West was certain the communist state was beginning to prosper. Only a few years later, in the 1980s Gorbachev explained to the world that the Soviet system was economically bankrupt, which shocked nearly everyone.

--The series of natural catastrophes visiting the East Coast of the US from 2010 to 2013 is in direct proportion of the people and government unwilling to rein unregulated financial speculation.

--The West's Great Depression and its monetary speculation and greed was the primary cause of the rise of the Nazis as their country's economy system was radically disturbed, allowing the Fascists to step in. The West therefore was complicit in the rise of the system that would lead to the death of over 50 million in the Second World War, including the horror of the holocaust. Money greed has that power to destroy the world, as we nearly saw again in 2008 during the financial crisis instigated by unregulated financial speculation.

-The Mother also in 1973 predicted the end of Capitalism. (The old Capitalism of low social values is certainly dying, with socialistic values replacing them. It may become a socialistic capitalism, or some other hybrid or form we are not yet aware of. The financial crisis almost ended money-oriented Capitalism as we know it, and can repeat and do the same in future.) What is needed is a human-centered economics, not financial/money oriented.

Things that do not work will tend to come back again, and when we try them out are bound to fail once more. It is because their energy and consciousness remains the same. And yet our interference through higher consciousness can break the negative life-repeating cycle, and either neutralize it or turn it into a powerful positive.

The solution to a problem suddenly appearing in the mind without thought is Intuition.

Mind's incessant activity drowns out the Intuition thoughts that well up from within (the Subliminal being) or "without" (from the planes of cosmic Mind).

Sri Aurobindo and Cosmic Mind

Sri Aurobindo incarnated, Embodied the Cosmic Mind; the Mind of God.

Further Comment: He often wrote and otherwise lived from the poise of Silent Mind (clear thinking by silencing the mind), Illumined Mind (vision perception), Intuitive Mind (intuition of knowledge appearing in the mind without thought), Overmind (perception of all at once w/o thought), and Supermind (integral knowledge of all that is necessary to know with all aspects in unity, w/o thought, and with the propensity to manifest as a real form in the world).

The Life Divine and Savitri were written with a combination of these spiritualized mind capacities.

They are increasingly higher formations of the highest Consciousness and Cosmic Mind of the Infinite Divine, God.

What Makes America Great

- fresh waves of eager immigrant populations
- practical organization that systematizes, automates everything
- liberty and freedom
- true Individuality
- entrepreneurship
- application of science as practical technology
- intense physical and vital energy
- increasing application of social values

Can She maintain these, as well as overcome her limits, including her material orientation that needs to move to higher vital and psychological planes? This will determine her future and influence in the world.

Additional: Yes their generosity is an expansive quality that has surely contributed.

The vast virgin land they first came to was an open opportunity. The fertile soil, the abundant resources, the resourcefulness of the people are additional factors. Europeans coming here who already knew how to build an advanced civilization was also advantageous.

True Individuals from Below Replacing Great Leaders

The age of great government leaders is coming to an end, replaced by the upwelling of True Individuals among the masses having breakthrough, pioneering influence on society.

On Evolve!

At the Psychic Center of Evolve! lies 'The Life Divine.'

Religion vs. Spirit

Religion is lesser or greater degree a distortion of the original spiritual founder or inspiration. People fight in the name of religion because of this distorting undercurrent. The Spirit is far beyond this influence and Ignorance, standing in the light of shining Truth of being.

Context of Cosmos and Out Human Potential

To know what our human potential is and what our higher consciousness can be, it helps to know the context of the Cosmos and beyond. Sri Aurobindo makes that abundantly clear. Karmayogi brings it down to the details in every conceivable direction, through thousands of case studies.

The Idea Beyond the Material

We tend to believe that the material is only what is real. In 'The Life Divine' Sri Aurobindo says that the IDEA is more essential and real than the material, as it is the seed of the material real; it's cause. He tells us that all we conceive as an Idea, a vision will become real in the world. That all the great things that have been achieved began with an idea; and the material manifest aspects of it. And that the universe itself began with the Real Idea of the Infinite Divine. They are in fact the spiritual principles of the universe that we express through our individual values and beliefs.

From Predicting to Humility, Silence

Making sure predictions of success almost always guarantees its failure. Humility and silence has the opposite effect.

On The Right Pursuit of Our Curiosity

[On whether one's probing into another's business is based on one's own healthy or unhealthy curiosity.]

In any given moment; in any given situation we can have or develop the subtle sense of which curiosity is permissible to pursue and which is not. E.g. if we sense that a partner or associate is doing some harm, we can find out more from others what may be behind it. But is our perception of the situation correct or it based on a misreading of the situation, an ego movement, or a serious falsehood?

As we rise in consciousness, the subtle capacity to read into the truth of situations improve, and we are more likely to take right actions of curiosity rather than wrong ones. If we have per chance made the wrong one, then we can consecrate it, which will put us in a higher state in relationship to the curiosity dynamic for the future. Also by perfectly consecrating such situations as they arise, rather than initiating curiosity seeking actions on our own, we can attract the knowledge we seek, if indeed it is meant for our perusal to begin with.

On Karmayogi

Karmayogi has explained in great detail what is needed for the complete transformation of India, as well as the world. His thoughts are very original and cross many fields simultaneously, which is why I sometimes refer to him as the multi-dimensional original thinker and spiritual genius of our time.

The Play of Life

All the world is a play of Him. It's His Play.

God as Creator and Destroyer

"It Is Said That God Is Both A Creator And A Destroyer."

He destroys not for its own sake, but to clear out that which is outworn in order to make way for the vibrant and new.

Beyond Emotions of Self-Satisfaction and Failure in a Work

If after a success you wonder how you could have done things better, instead of being self-satisfied; and after a failure focus on the opportunity to improve yourself, instead of being sorrowful and bitter, you will be well on your way to a life of great outer achievement and inner fulfillment.

Money Circulation and Self-Multiplication

Money circulation not hoarding or holding it tight is one key to attracting money. (It multiplies money on our behalf.)

Karmayogi adds that money is beginning to self-multiply in the world, indicating it will be available to all of us at our discretion as much as we need in the future.

Further Comment: "Money and Good Will should be shared to self-multiply." (D) Yes, trust, which comes from goodwill, causes the multiply effect - for society or ourselves.

Difference Between Mind and Spirit in terms of Duration, Effort, Distance

Mind dwells in space and time. Waiting (duration) and effort and accommodating distance are its modus operandi. Spirit, more particularly Supermind (the Force, the Mother) eliminate these, enabling instantaneous miraculousness.

Life Coming to You

Life coming to you is Life Response.

Farther Comment: The old way is you going after Life.

Consecration brings life to you instantaneously. No long wait, no effort, no initiative. Results just suddenly appear at your doorstep. It's a New Way of Living.

Rising Self-Multiplication of Money Paralleled by Movement of Dark Money

The recent financial crisis showed how vulnerable we are: especially with no regulation of financial instruments traded. Hadn't the Federal Reserve in the US moved swiftly in 2008, the whole system would have come crashing down wiping out all the gains by China, India and the rest of the world in the last several decades in a matter of hours.

And yet this threat in general comes parallel to what Karmayogi considers a new age of the self-multiplication of money, which readily makes infinite-like amounts of money available to everyone in the world essentially at no cost. The hundreds of billions of dollars in the coffers in Apple and Google and the like is but one expression of this unfolding phenomenon. This is a progressive upward movement just beginning to take shape in the world in the last few decades.

When there is such a positive potential upward there invariably develops a negative counter force. The spectacular speed of infinite-like financial instrument transactions that are unregulated is one expression of the negative counter force.

Approaches to Waste & Other Environmental Abuses

(On the outrage one feels about the waste of natural resources in the world and related misuses of the environment.)

The earth has not yet learned to organize its improvements in its standard of living; i.e. the bi-products. That comes with higher values. People are at different points in adopting such values; from little to some to a great deal. So are nations. Maximum utilization of resources is a value of organization. Organization is a value of the mind. We mostly live in the vital realm of enjoyment. Cleaning up and other forms of organization are secondary. We develop the mind through education and becoming self-aware. When we are educated and self-aware we perceive efficiencies that can be brought to bear.

If we want the world to change, we ourselves have to change. In this case we must discover our own inefficiencies. When we do that the inefficiencies of the world will change.

Another factor is that all that Science, Technology produces normally is accompanied by a Dark side. The dark side of prosperity is pollution, waste, and the like. When Man takes to higher mind and Spirit, technological or scientific inventions will tend to be Self-Existence, i.e. have positive outcomes without mirror dark ones.

For Science itself, it has to change from material view of the world, to include all of the planes of existence. Being material, empirical, Science produces negative bi-products for every scientific breakthrough. Nuclear weaponry, pollution, computer-driven financial speculation, waste of natural resources, etc. are the dark bi-products of positive developments. Science needs to evolve from physical Science to Science of Life, with the Human Being at the center.

Then the good, which also produces the negative, will be replaced by the self-existent, only Good.

One's own outrage of these matters only energizes it. Calm, as well as discovering and overcoming one's own corresponding inefficiencies, disorganizations, and related lower values will attract and accelerate the outer positive change we seek for the world.

Unmanifest and Manifest Brahman

God, the Divine is the unmanifest Brahman (Reality). Creation, the universe is the manifest Brahman (Reality).

Consciousness and God

The consciousness of God IS Consciousness.

Difficult Progress through Low Consciousness

The lower consciousness -- in the form of corruption, speculation, gambling, etc. -- FORCES the issue of progress in one's favor, yet unleashes a regressive, negative movement towards that progress.

Various Thoughts on Corruption (By Karmayogi, Extracted)

- Corruption is the expression of organised Ignorance overmastering unorganised knowledge.
- Corruption is the most common behaviour of the undisciplined member of an unorganised group when they are not caught and punished.
- Corruption becomes the order of the day when those who are unfit to be honest employees become the boss.
- Corruption is attractive to non-achievers. They believe they can achieve by corruption what is not attainable.
- Capacity to accept low standards of living, a low standard of morals breeds corruption.
- Poverty is the basis in life that permits man to seek corrupt solutions. Where poverty was permanent, corruption can develop into a way of life. It is at this stage corruption becomes a culture, acquiring complex social forms with the approval of the society.
- Corruption is a symptom of a vaster population seeking developmental progress.
- The more prosperous an unorganised society becomes the more prevalent is what is NOW understood as corruption.
- Present corruption is a negative expression of the newfound affluence.
- Corruption grows with the growth of prosperity. What remains the same is man's self-evaluation. Increasing prosperity increases self-esteem which results in increased corruption.
- The immense level of corruption shows how capable people are in getting rich quickly. It is a good negative symptom. They can use a positive one. Corruption reveals dynamism.
- Corruption is a negative symptom of positive development in the absence of values. -- Corruption is the development of the valueless.
- When values are taken to greater depths they are reversed and are understood to be corrupted.
- Corruption is values spreading wider and penetrating deeper.
- Presence of violence sustains corruption. Corruption goes with violence inevitably.
- The native home of corruption is diplomacy. Its shining instrument is the medium of bargaining.
- Corruption that is rampant is the other side of uncivilised pride in denying the due to the deserving.
- Corruption will not arise when men have developed self-respect.

- Self-respect is preceded by corruption. Corruption is pride in destroying one's vestige of self-respect.
- Corruption is the experience that the longest route is the only short cut.
- Corruption is the creativity of the unformed.
- Corruption is the morality of the immoral.

How the Stock Market Ruined the World In The 20th Century (by Karmayogi)

There is another unconscious process of social systems. Every social system enables man to organise his tyranny over the lower levels. The caste system and class rigidity are such. The most characteristic example of this type comes from Money. Money is a great, organized power that pushes the social progress by leaps and bounds. Its other side is it helps man to tyrannise over the other in the extreme, as Shylock did. Money, in utter ridicule of man, offers itself to be played with. It offers him a field of self-destruction. Gambling is the result. Cards, races, betting are the usual field where Man, by his uncontrollable instinct for gambling, destroys himself. The stars of gambling are the children of accumulated wealth. There is a wider field of resourcefulness in the negative arena of social existence. It is the stock exchange. Here men can gamble collectively to destroy the very system of money and the society which created it. So the great Depression of 1929 came. It was the most glorious economic moment for USA with the boom at its peak. Stock exchange is no real institution beyond a point. Up to that point it is the institution that brings the public savings as private capital. Beyond a certain point, as elsewhere, it changes its character. Society came to that brink half a dozen times since 1825. In 1907, it was given to one man's integrity and strength to save the world from such a crisis. In 1929 the bounds were broken. Man used with a vengeance the very system that made him leap several times to destroy himself and the system. It raged essentially between 1929 and 1932. Money was destroyed all over the world. It was devalued. America had the productive strength of the society so her suffering was confined to social life. It was in Germany that humanity was making an effort at the physical level. The Allies were out to destroy that country at its very roots, its physical existence. The impact of the Depression on Germany was received by her monetary system. It resulted in runaway inflation, the very worst the world economy had seen. It was the peak of the dire result in the negative side to recover from which one needed to make a reviving effort at the deeper level – the physical. Germany chose to destroy mankind physically and decided in her subconscious to sacrifice her physicality initiating the Second World War. She developed her material physical strength militarily to destroy herself physically. The Second World War was caused by the Great Depression of 1929-1932. As soon as the power of the Depression slackened, Hitler came to power in 1933. He was diabolical. The diabolical character of Hitler originated in the devilish instinct of self-destruction initiated in 1929. All negative uses of a system have this character. He went further to plan the holocaust feeling it was by that act he was destroying the money power symbolically. There was an immediate excuse for him. When bands of unemployed youth roamed the streets, they found most of the employers were moneyed people of a particular community. Hitler played upon it.

Thoughts on the Nature of Consciousness

- Consciousness is the ground of all being
- Out of consciousness came the universe, whereas we think it is the other way around
- Through its infinite consciousness God became the universe
- Consciousness is non-local. It exists everywhere in space and time and beyond
- Consciousness is the realm of infinite possibilities
- Our higher consciousness enables us to create: to activate the possibilities of the universe
- Higher consciousness accelerates creation
- The Divine is ultimate consciousness and creator
- We can rise in consciousness and become the same
- In consciousness all is interconnected; aligned

- In consciousness there is no separation between subject and object; they are one
- Consciousness is one continuous stream of existence
- In consciousness one perceives that the outer and inner are one
- Consciousness is non-dual
- Ego makes it dual, local, bound by time
- In Supramental consciousness Knowledge of a matter and its power to manifest as real are fused
- The observer of the universe determines what the universe is
- In higher conscious we turn the infinite Possibilities of consciousness into realities.
- The result of higher consciousness is endless Joy
- Out of Sat (consciousness-force of the Being) comes Delight (Chit)
- The Being (Sat) realizing Itself is Consciousness (Chit), which emanates Delight (ananda)
- Our purpose is to fully realize that - Sat-Chit-Ananda - in our lives
- Opening to, surrendering to the Supramental power, the divine Mother accelerates consciousness and

Satchitananda in our Being

- The ultimate consciousness in our being resides in the Psychic Being
- Surrendering to Her from the Psychic - the evolving Soul and True Self - enables ultimate consciousness and therefore ultimate possibilities

Being in the Now and Non-Thinking

When you are able to, focus on the present with no thoughts of past and future. Also empty your mind of all thinking. You will begin to melt into peace. Things will go just right. Now Mother may appear in your emotions, giving added richness.

Stock Market and Dark Money

The stock market and its puerile values is at the heart of Dark Money that threatens global financial and economic stability.

The Body of God

Life and the universe within it are the Body of God.

Further Comment: The Infinite Consciousness, for the purpose of Delight enabled an Energy which became the forces and formations of creation.

Why God became the Universe

God, the Divine, the Infinite consciousness became the universe for the purpose of discovery of infinite variation of delight through infinitely variable forms.

Effect of Negative Means to Create a Business Result

While you can use lower vital means (unethical, deceitful, intimidating, abusive, sexual, etc.) to secure a business result, it will arrive simultaneous to a crushing blow for the organization from another area.

Utility of the Negative

All serves a purpose in the world, including the negative, since we can learn from it.

E.g. a sadhak once asked the Mother why She patiently answered all silly questions of Her devotees. She replied that everybody's question in some way gives Her the experience She needs to receive; i.e. for her consciousness and growth. Thus the silly questions never

appeared as such for Her. In that way, truly enlightened people do not find fault or perceive negatives in the world.

Beyond the Conception of Miracles

(by the Mother, from the Agenda)

It's only the mind that has the notion of miracle, because following its own logic the mind decides that given this and that condition, this or that circumstance can or cannot be. But these are merely the mind's limitations. What people call "miracles" are just interventions in the physical or vital worlds. And those interventions are always mixed with ignorant or arbitrary movements.

If what belongs to the supramental world materialized abruptly, rather than through a slow evolution, that would be something which man, as a mental being, even if his mentality, his mental domain, were brought to perfection, could call a miracle, for it is the intervention in his conscious life of something he doesn't consciously carry within him.

The taste for miracles, which is very strong, is basically the faith that the aspiration for the Marvelous will come true, that things beyond all that we may expect of normal life will come true. We might say that the sense of miracle can only belong to a finite world, a finite consciousness, a finite conception. It is the abrupt, unexpected entry - or appearance or intervention or penetration - of something that did not exist in this physical world. So it follows that any manifestation of a will or consciousness belonging to a realm more infinite and eternal than the earth is necessarily a miracle on the earth. But if you go beyond the finite world or the understanding proper to the finite world, then miracle does not exist.

Policeman of the World

The United States remains the policeman of the world because the other nations are as yet unable to collaborate and create a World Army or similar to relieve the burden of the Americans.

Pain, Illness, and Inner Resistance

Pain and illness are often due to some resistance in one's nature and the conditions.

Namaste

The Indian greeting "Namaste"

(The soul in me honors the soul in you.)

Cosmic Source Connection to Our Benefactors

We have karmic relationships with others who have seriously helped us. It is easy to comprehend in one sense as we have experienced their critical support along the way, yet somehow our relationships are undetectable across eons of time and any number of lives.

On Mistrust

The more mistrusting you are, the more you will have to mistrust.

Effect of Sarcasm and Silliness

Adding sarcasm or silliness to an exchange, like a purchase, disturbs the flow and creates lesser or greater negative life response.

From Buddha's Detachment to Sri Aurobindo's Transformation

Buddha above all others till his time was the first to address the issue of Impermanence of Life from an infinitely lofty perch. His solution was not to be attached to the forms, which would release ourselves into the silence of the void where there is no such attachment.

Sri Aurobindo went further and asked that life be transmuted so there would no longer be suffering, as well as the absence of death itself; i.e. through willful immortality. He tells us that the mind and the vital first need to be consciously transformed through the aid of the Spirit before the spiritual Force could transform the body and its cells, culminating in a new supramental being and race.

Reviving Flagging Aspiration and the Physical Consciousness

I am not addressing any issue in particular just feel empty inside...and my aspiration is turning into desperationi want to feel the constant presence of Mother inside me...so i dont need anything else...i want to be alive inside. But all i have is a wall...dont know what's beyond. Its suffocating. What will ignite a constant light within me?

Comment: Ask Mother to discover your deepest aspirations hidden within also that you are consciously aware of it. If it comes, it will energize you to no end.

Also note that often on the path we go through dry periods where the physical consciousness takes over, creating feelings of blahness, of a kind of ordinary and mechanical existence, without real purpose or meaning, as if one never knew the spirit to begin with.

Patience and faith that all will come in due time will accelerate the process. Calling Her to restore the feelings of being on the path, of feeling Her presence, of purpose and meaning will certainly help.

Most people take their sustenance from their vital/emotional existence. When that does not serve them anymore or if the emotional realities are not there in the current cycle we are going through, we can feel empty. Still, the same solutions outlined above will serve us well.

Beyond Illusionism to Immortality of the Body; Timelessness into Time; The Force and a Divine Life

"Roy, I have this impression that our bodies of matter are here in the moment and time is an irrelevant illusion other than to our body failing. Our body is simply a focus of energy of the soul for a time of body life on Earth. Once that body has served it's finite purpose and fails it changes form while our essence - formless and expansive as the Universe itself returns to the mother"

What you say is fully true at its own level. It is profound and eloquent.

However, Sri Aurobindo indicated the body is not an illusion and can attain immortality, so that all of the qualities our Soul and Being experienced before and after life (in its ongoing journey of discovery), can be experienced and fulfilled in Life.

As for passing of time Sri Aurobindo again asks us to bring the timelessness of the Infinite into the moments of time in creation, thereby divinizing life, giving us in life all the higher perceptions and powers of timelessness in the unfoldings of time. It is the basis of what he calls "Instantaneous Miraculousness" -- life results happening instantly in time and space -- and which I call "Life Response."

Similarly he indicates we are here to bring the transcendent power into the details of life to create a new divine life on earth through transformed individuals, including a transformed supramental body; i.e. willed Immortality of a New Species beyond the current human.

Learning from Unhappy Customers and Others

Your most unhappy customers are your greatest source of learning. (Bill Gates)

(or friends, associates, family members, bosses, superiors, co-workers, subordinates, spouse, etc.!))

Discover the corresponding negative quality in ourselves in our attitudes, motives, habits, beliefs, thoughts, decisions and actions. At each point we make a change, life will suddenly respond in our favor.

Our Harmonic Association with the Society

We are all connected in association, united in totality, one is essence. Even socially no one can live outside the society. Every social advance such as cell phone benefits us in some measure, and every collective setback such as power cut impacts on all. The natural state is one of positive association and relationship, not neutrality and indifference. Money itself is only a social instrument and has no existence outside of society. If the farm grown food does not reach us, we starve. We are not self-sufficient. Therefore the neutral position is a denial of the reality of interrelationship. It is a weakness which life perceives, a vacuum that attracts disharmony to fill it. (Garry Jacobs MSS)

Lack of Electricity and Missing Harmony

Lack of (electrical) power (in India) indicates lack of Harmony in the collective.

Right Consciousness Qualities

All that matters is your right consciousness - optimism, cheerfulness, faith, and patience. Everything else will take care of itself.

The Learning and Expression Process

As you learn new things and have new experiences, then your explanation of an idea or phenomenon takes on new dimensions that when compressed lead to diamond-like statements of truth.

Avoidance Harmony vs. True Harmony

Often we take to avoiding situations, such as meeting with other in order to create more harmony with them. But this is not True Harmony but avoidance harmony.

I have seen this problem myself up front in dealing with perspective partners for new ventures. It is easy to step back from disharmony and avoid it. It is better still to find the inner limitation in one's self and change it, or discover the related inner change necessary that matches another's' negativity. Either way, we develop the inner strength to move to the resolution of the contradiction.

Also taking this tact will enable life to respond. E.g. when I returned to the sessions after several months of reluctance due to strain and disharmony I was shocked to see how far life had progressed. It was like a hyper jump from what I expected; and something told me that my higher conscious return was synchronous and in alignment with it. My inner shift to true harmony rather than avoidance harmony attracted tremendous results.

Spending, Circulation, and the Means of Paying

"People who come here [India] after visiting the states say that they don't have savings habit and by spending they want to enjoy life. The opposite of India."

Response: Spending and circulation (as in the US) is a very good thing. It enables money circulation which expands it for the collective., causing self-multiplication effect. However, if we spend without the means to back it up, such as on credit with the hope of earning in the future to meet match it, it can lead to vast debt. Also financial calamity that comes as a result of the unregulated speculator's action create conditions that expose the very narrow margin Americans live off of due to exuberant spending using credit card without the means to repay. US is learning balance in this regard. In addition, credit card companies (banks) made using their credit cards almost irresistible for Americans. Then the financial crisis hit, and the banks were in dire straits. A lesson for them too about the need to not wildly offer credit. It is all about balance. Indians have a number of different issue, are at a different stage; have other factors affecting their financial condition and economies.

What Is Ignorance?

What we ordinarily mean by the term "Ignorance" is lack of education or lack of knowledge about one or more issues. What Sri Aurobindo means by Knowledge is far more comprehensive. Ignorance for Him is:

- Lack of or very limited part knowledge of any issue we are dealing with or any subject, matter, or thing
 - Lack of understanding of who we truly are
 - Lack of knowledge of our purpose in the world
 - Lack of knowledge about the true nature of reality
 - Lack of knowledge of the nature, character, and principles of life
 - Lack of knowledge of the different parts of our being and how they interact
 - Lack of knowledge of our soul and being
 - Lack of understanding of the nature of Spirit; of the universal & transcendent Realms.
 - Lack of understanding of the Purpose of existence, and where we are heading.
- Etc.

From Out of Ignorance to Integral Knowledge

For Sri Aurobindo Knowledge is INTEGRAL Knowledge. And we humans are mostly steeped in its opposite, what he calls "Ignorance." Ignorance is our status born of creation, expressing in the ways listed above.

The ascent from Ignorance to Integral Knowledge (moving from logic to the planes of spiritual mind like intuition, culminating in Supermind) is the reversal from that Ignorance to an Integral Knowledge. It is the realization of Truth Consciousness in all aspects of existence for the individual.

When and How to Consecrate (Engage the Spiritual Force)

Q: What are the best ways of creating a daily plan of consecration to the divine? Should I make a particular statement to the divine when I consecrate? Your advice will be gratefully received.

A: 1. WHEN should I engage in the act?

There are many approaches: Some people like to consecrate before certain activities, such as before the start of work, before important meetings, gatherings, etc. Others like to consecrate on a regular basis such as every hour. Others still will consecrate when there is a difficulty; or when we express a wanting tendency and we offer it up; or even when an opportunity arises. Many do various combinations of the above.

2. HOW should I engage in the act?

If there is time, such as at the beginning of starting one's daily work or before a major activity or event, one can settle in before the act of consecrating. E.g. try to be silent for a moment, and then think of the coming day or activity (or problem), including its circumstance and in your mind say I offer this (xyz) to you. Then let your aspiration of offering soar to the Divine, to the Mother. Then after a moment, say and feel "Thy Will Be Done," indicating you have no particular expectation of precisely how things should go or what should happen (or what the solution to a problem should be). Then release from that effort, even forget about it, and carry on with your life.

All Indicated Beforehand

Sri Karmayogi indicates that everything that happens is indicated beforehand. And there are no exceptions.

Further Comment: If we develop a keen sense of observation one can verify the absolute truth of this principle. E.g. a study of Pride and Prejudice will show that every event is indicated somewhere before; often in the smallest, subtlest form.

One aspect of this is that if there is negative circumstance occurring, there were then one or more indicators of it happening earlier. This means that if at that earlier time we recognized

a negative when it happened, no matter how large or small, and consecrated it, then the negative that followed it would never have occurred. That's why constant consecration is so powerful.

Love

Love is a yearning Of the One For the One. (Sri Aurobindo)

Small Suggestions Presage What's to Come

Every small suggestion you receive is an indicator of something big to come. So take everything seriously.

Other's Comment: it means god lies in detail. from micro to macro transformation is needed.

Response: Yes It means that the slightest nuance of circumstance is actually pointing to much larger things; and its quality will indicate in which way to decide, act, or not act, what attitude to take, etc. relative to that much larger matter. All around us are small signs of what is taking place about larger events, matters, concerns, activities in our lives.

You develop this subtle capacity by raising your consciousness, as E indicated above. It is also helpful to know the subtle laws of life.

Psychological Pain to Strength through Consecration

Consecrate every psychological pain you feel in the course of your day. It will build up psychological strength.

How to Help Your Favorite Team Win

If you can avoid vital need and desire for the team you love to succeed, they will win it all. (Remaining positive at each point will support that approach.)

Calling Mother

On doing a 3-day calling to Mother to alter circumstance in our lives:

"Calling Mother or calling with a specific goal are both acceptable. Simply calling Mother with intense aspiration will bring the widest and highest general result. If you intensely call for a specific goal, the results will be more focused. [Either way the objective is to think of what is to be achieved, rather than dwelling on the problem which will energize it.]" (Sri Karmayogi)

Focus on Inner, Not Outer Determinism

Don't be bothered by the outer. Take to the right inner status - in terms of calm, non-reaction, patience, aspiration, attitude, faith, consecration - and the outer will change.

What Will Is

Will is the urge of the vital to execute an idea of the mind through the action of the body.

Avoid Beating On Ourselves

We can consciously come to know our defects and change them, but it serves no good to batter and heap great pity on ourselves in that process.

Expressions of Cosmic Determinates/Values in Life

The cosmic determinants of the Infinite Divine express through spiritual values -- including peace, harmony, knowledge, truth, goodness, creativity, love, and delight -- in limitless combinations in space and time; in endless events and circumstance; in never-ending types of people; through their ceaseless interactions; through boundless combinations of aspects

of our being, including our changing nature; all for the Infinite's play of Delight to manifest Itself in infinite variation of forms.

See Macro from Micro

From the smallest micro event, you can determine the direction of the macro. It takes a subtle sense to perceive those signs.

Power to Become God-like

We really are capable of being God or God-like; through technology ... and of course higher consciousness. It is the empowerment of the individual to become universal; a universal being.

Positive, Conscious, Proactive Way to Progress

Usually it takes a big negative to make us change. Consciously determining life, including overcoming our negatives is not normally in our nature, so it festers until the big Problem arrives. That is the old way. We want the new conscious way, to be proactive and deal with the inner correspondence with the outer negative and change our nature now, before it blows up in our face.

Ordinary's Effect on Conscious Life

We are too busy with ordinary life to dedicate inner resources to conscious life.

Negative that Precede Great Positives

Often as a result of a negative event we see our limitation, fault, wrong attitude, action, etc. which has a great power for us to now do the right things, take new right actions. Thus negative events, circumstance, etc., often precede great positive developments and outcomes.

Outer Correspondence to Inner, which We Can Change

Our outer circumstance -- good, bad, and in between -- are exact, corresponding projections of who we are inside.

Remark: it sure is difficult to find the exact correspondence between inside and outside.

It takes honest introspection of matching all of the positive and negative conditions outside to who you are.

Take each wanting aspect of your being; success, career, money, relationships, happiness, love, etc. and see what is lacking or missing. It can be lined up to corresponding deficiencies in attitude, capacity, skill, intention, focus, organization, etc. etc. It requires an honest evaluation of your condition, and what enables you to forge ahead, and what holds you back.

Others Know You

Others know very clearly about your strengths and weaknesses.

Unraveling the Knot that Project US upwards

To unknot the innumerable knots of problems we have made in our confusion, one single pull of a particular knot will solve the problem. Knowing what it is, is only going to take us to the next level of life. (DC)

Comment; Magnificent statement. This subtle cause and solution is known by one who has developed subtle consciousness.

Supreme Human Love

The supreme state of human love is the unity of one soul within two bodies. (Sri Aurobindo)

Truth vs. Mind and Society's View

Truth incorporates all sides of the matter; good and bad. Mind likes to take one side, at the expense of the other. Society, a product of mind does the same.

Tracing nuances of good and bad requires a serious mind and person. People are too preoccupied to be serious or just don't know how; or if they are, assert their limited side, view of things.

There is also the evolutionary movement. What seems bad in one time is not perceived so in another. And vice versa. Social views are like perturbations of water on the surface. The deepest nature of things lies below where the body of truth resides.

Aim of the Integral Yoga

Integral Yoga does not aim to accomplish in the ordinary human sense. Rather it is to Surrender to the Supramental Power, to the Divine Mother, enabling one to attain one's highest nature, which in turn helps the world move forward on its way to a Divine Life on Earth.

No Title

Intensely willful execution of our vision accomplishes.

Upanishadic Expression of Our Becoming

The ancient Indian texts known as the Upanishads declare, 'You are what your deepest desire is. As is your desire, so is your intention. As is your intention, so is your will. As is your will, so is your deed. As is your deed, so is your destiny.'

Knowing When Things Will Happen

Life has hundred eyes. We too can stay over attentive and watch for opportunities, like when the milk van or post man will arrive. If we are true individuals we will know the exact moment even when we are not watching. On the other hand if we are real opportunists we will be watching all day our neighbour's supplies only. (D)

Comment: "If we are true individuals we will know the exact moment even when we are not watching." Very true! I can verify the truth of it through personal experiences.

Openness of Indians vs. Westerners Need for Proof

Indians have the Light in their bodies. Westerners are dark in their bodies; in their essential makeup, even as they are mental and highly knowledgeable at the material level. The Indians have just forgotten a lot of the wisdom and light that is there in their being. A little prodding and it will awaken. Westerners are more skeptical. You know, the scientific method, and all. You have to prove spiritual and universal and transcendent things to the Westerner, and then they want more proof and more proof, until its dry and lifeless. Indian for the most part are more like "oh, sure." They recognize the wisdom when it is described; spontaneously. Not all, but many.

Indians Not Hording Gold; Spending Money

Indians should not hold onto their gold, but spend it. Money or money value circulating creates more money; 3, 4 or 10 times or more. We Americans have known this for several hundred years.

Encouraging Indian Dynamism

Indians encouraging entrepreneurship and dynamism in their children will make them wealthy without the acute need of self-sacrifice of their parents. Education can teach them that.

Suffering, Buddha, and Sri Aurobindo

Buddha got to the heart of the suffering of the world. Sri Aurobindo showed the way out - permanently, for all generations to come.

Politics' Way and Beyond

In politics each side knows the truth about some aspect of the other side's falsehood, ignoring one's own. Beyond politics is to evolve that dynamic into all-encompassing truth, which will be beneficial to all.

No Title

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Beyond Accomplishing

You reach a point where one does not seek accomplishment; only continuation, and the blissful experience of the unfolding of moments.

Predicting Future Outcomes

When you perceive the subtle movements of life - of events, circumstances, shifts in outcomes, ways people are behaving and reacting, higher purposes emerging, etc. - it is not too difficult to predict future outcomes. It is one aspect of the spiritualized mentality of the supra-mental species gradually emerging from the human.

Expressions of an Evolving Individual

Several indicators of an increasingly evolved individual are:

- You worry, things bother you less.
- You become light-hearted.
- You are filled with joy.
- You have ever-increasing, more meaningful powerful life responses, coincidences, synchronicities.
- The miraculous is on the increase in your life.
- You are much calmer and less reactive.
- You faith takes on new dimensions and nuances.
- You move from the local, ego plane to the universal one of harmony with others and life.
- You perceive the utility of all things.
- You tend to be in the right place at the right time.
- You initiative less, waiting on life to move first.
- You increasingly move life from within.
- Your knowledge grows in all dimensions.
- Self-givingness towards others is increasing.
- Speech and mind and emotion are increasingly moving towards stillness.
- Patience is developing, as is cheerfulness and positive attitude.
- Others value your influence and knowledge and goodness.
- You perceive life's signs and portents to a higher degree.
- Inner richness is growing; as are feelings of connection to the Higher Power.

-You increasingly sense your Higher, True Self.

Fulfilling the Universe's Destiny through the Psychic and Mother

The ultimate purpose and destiny of the universe is the bringing of the spirit Being into the Becomings of life. It is accelerated infinitely through our connection to our Psychic Being, the Evolving Soul, which calls to and attracts the supramental power, the Divine Mother into the details of our lives.

Involution & Evolution

Involution is the movement from the One to the Many. Evolution is the movement from the Many to the One.

Mother as Grace and Super-Grace Card

The credit card is a symbol of wealth and status. Accepting Mother is to have a Grace card. There is nothing better for parents to grant their children. Children accepting Mother on their own is to own a Super-grace card. (Sri Karmayogi)

Outer Defects of Others and One's Own

Perhaps the highest spiritual approach for dealing with the defects of others is to see them as defects in one's own self. Correcting them inside will automatically correct the defect in the other individual.

Higher Consciousness Selling

In higher consciousness Sales - as indicated at the site www.TenFoldSales.com -- all you care about is what the customer needs; nothing more, nothing less, not to sell what I want; even if it means smaller initial sale; or no sale at all. It is one aspect of self-givingness that ends in Customer Delight. Essentially it is the complete abandonment of Ego in the sales process and after sale. Yet life responds to our self-givingness with more sales there or elsewhere or with something else positive.

Goodness Disguising Weakness

What we too often see in others as goodness is actually disguised psychological weakness. True Goodness is a spiritual principle that resides beyond one's strength.

Further Comment: One example: some timid people seem good in that they don't react unpleasantly, but that can come from weakness, lack of psychological strength as much as timidity.

Embracing Life's Opportunities

Life is always throwing up new opportunities, but we miss them, enjoying the current conditions.

User Comment: And when we try to get the attention of Life, it evades.

Response: Yes, we must take to what Life brings. Not chase after it to satisfy our wants. The latter as you say is often futile, whereas the former is a never-ending fountain of opportunity

Self-giving to Customer Attracts

Aspiring to be more self-giving to the customer (or by the instructor to the student or the relative to a family member, etc.) in specific ways attracts: more work, opportunities, money, energy, harmony, and joy.

Paying Attention to Life

Life is constantly trying to get our attention, but we are oblivious or too busy to notice.

Act When Not Tired

Avoid acting when you are tired. It will produce wanting results. Wait till energy returns; then act. The result will be far greater. Your increased energies will now align with positive developments in life.

Shift from External to Internal Determinism

Look at all places in life where you are constrained by the external environment and don't accept it. Shift from external determinism to internal. Life will respond in your favor.

Right Attitude Far Greater than Mere Action

Right attitude, avoiding its negative iterations has 100 times greater power to accomplish than mere action.

Strength Accomplishes, Attracts

Psychological strength, not weakness accomplishes; determines the result; attracts positively.

Good Fortune Preceded by Right Consciousness

Good fortune suddenly coming one's way can always be directly traced back to a previous movement of higher consciousness on one's part.

Past Consecration Overcomes Problem's Effect on Present

"Past Consecration" is a marvelous method of undoing any existing problem. You think back on the causes -- including one's wanting attitudes, behaviors, decisions, et al; and then you offer it to the spiritual force, the divine Mother, which then moves and acts on your behalf overcoming the burden of the past on the present either directly related to the problem or in related ways.

Negative Can Presage Positive

Often a negative event precedes an opening to great positive circumstances thereafter. It can even be a seeming tragedy.

Power of Intuition Beyond IQ

Einstein's intuition, not his IQ alone, changed the world. Same with Ramanujan, the famous Indian mathematician of many decades ago. Intuition is a spiritual quality of the mind, and has infinite-like power to quickly secure the object of knowledge under inquiry.

Aspects of What Comes to You Should Be Further Investigated

If people are coming to you on their own, asking for suggestions, seeking your advice, offering opportunities, etc. and it is helped along or resolved through a particular article, principle, etc. one should immediately want to give that item or aspect more attention. It goes back to the principle that Life's Initiatives that come to you are very important, and should be responded to without hesitation or delay. Thus, when another party initiates by contacting you whether with an opportunity, an inquiry, etc., one should improve/elevate anything -- articles, content, ideas, priority of work, allocation of resources, etc. -- related to the Life-initiated contact. There will now be benefit for an ever-widening number of beneficiaries.

Further Comment: Often when people arrive this way I discover that the very piece of content that relates to their situation has a serious flaw in it that needs upgrading. I then fix it, and then say to the Divine thank you for bringing it to my attention! This happens quite frequently.

Fully Embracing the Work at Hand and Income

If you fully embrace the work that comes your way, whether low paying/profit or high -- treating them the same, with equal level of attention and self-givingness, goodwill, etc., -- your income will skyrocket.

Current is Best for Growth

The life conditions you find yourself in are the best for your personal growth.

Man's Evolution to Spiritual Being, Life Response, Consecration

Man is rapidly evolving as a mental being. Greater education, Internet content, higher values, and psychological complexity are signs of that movement. However, Man does not yet know how to evolve spiritually. The Secret and Life Response knowledge are steps in that direction. Consecration, opening to the Spiritual Force is a greater step still, as are adoption of spiritual values like harmony and self-givingness.

Divine's Sanction of the Negative

The Divine does not seek ignorance, pain, and evil, but does sanction it as necessary in the greater scheme of things.

Others Reflect Our Defects

The negativity of others (on us) reflects our defects.

Involution, Evolution, Subjectivity, Objectivity

The Involution to the Evolution is a movement from subjectivity to objectivity.

Comfort Zone & Success

Moving out of our comfort zone opens the door to great success.

Habitual Nature and Success

Our dull, habitual nature blocks potentials for greater success.

Making Full Use of What We Have in Various Ways Attracts

Let's make the most of what we have, i.e. inner and outer resources and that will help attract what we don't.

Further Comment: We can do that by taking to higher levels of organization, effort, perfection intention, will, attitudes, personal values, decisions, actions, appreciation, harmony, goodness, goodwill, self-givingness, etc. etc. related to that which life has currently put before you. The future will then take care of itself; as we will attract more rapidly and intensely whatever is meant to come next.

Feeling Joy in Another's Success

The ego is highly competitive. It judges its own importance and success relative to the achievements of other people. When others accomplish more, it feels smaller and as if it had less than before. Therefore, generating intense goodwill that takes joy in the accomplishments of other people is a powerful means for transcending the ego. Those who can ardently aspire for others to succeed and prosper generate the maximum receptivity for success and prosperity in their own lives. (MSS)

Opportunities of Life Taken Succeed 90%

Opportunities that come from Life are far more important than what we want. These Openings originate from, are attracted by our True Self and Being. Responding to them brings success

90% or more of the time, whereas our own initiatives alone evoke success far less often; more often failing than succeeding.

Benefits of True Self Status Over Vital Attachments

Our vital attachments to others bring happiness and joy. The joy of the need fulfilled; and the pain of it not. Buddha explored this topic in great detail. Stationed in True Self one is mostly immune from the negative consequences. There Ego has no sway.

Moving the World by Changing Our Consciousness for the Smallest Act

If you change your habit or attitude towards the smallest, tiniest act it has a power to vibrate out and affect corresponding wider collectives of individuals; including world events. Let's say you decide not to be bothered by a certain political story you are watching on tv, you might discover in the days and weeks to come that this particular issue of turmoil has been resolved at the macro level. In that way, each micro act contains the power of the macro. In the finite that is buried the infinite, like the way vast atomic energy comes from the manipulation of a tiny array of atoms and molecules. At whatever plane involved - material, emotional, psychological, social, mental, and spiritual, the infinite is buried in the finite waiting to come out. We can make that happen by changing ourselves, by shifting our corresponding consciousness upward from within.

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In True Self We are Immune from Negatives of Vital Attachments

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No Title

Be happy, be patient, be positive, be cheerful. Life will take care of all the rest.

No Title

Being patient, positive, cheerful, and giving to others brings long-lasting happiness.

Spiritual Means of Perpetual Happiness; What Generates the Opposite

Constant Self-givingness, discovering one's True Self, and opening/surrender to the Spirit are three powerful means of attaining unflagging long-term happiness. Their opposite - selfishness; ego-orientation; and absorption in the surface and material -- generate long-term unhappiness.

Stillness and Calm in Difficulties

Stillness and calm takes one through a difficult problem much more swiftly, as life aligns with our more positive emotions.

Technology Irony in China

A startling irony: China has mostly banned Google's search engine from the country fearing the spread of truth at the expense of their leadership, and yet smartphones based on Google's Android operating system are flooding the country. China's attempt to meddle and interfere is attracting the opposite from a related area. (Higher consciousness seeks an outlet of expression despite attempts to block it.)

What Mother Wants is Surrender

Surrender is "Mother what do you want me to do in my life."

Limits of Mind to Pick Up Cosmic Vibrations

Mind is a low-level interpreter of vibrations, thought waves, real idea pulsations that circulate throughout the cosmos and beyond.

Further comment; Low-level because Mind is a very incomplete instrument of knowledge as it is able to garner only a fragment of the integral truth of a matter circulating the cosmos. Intuition - knowledge without thought - is much better; with direct Integral Truth Consciousness of Supermind best of all.

Feeling Pleasure in Another's Success

To feel pleasure in another's success is one great expression of the spiritual trait of self-givingness.

Sudden Good Fortune Coming from Others

When we experience sudden good fortune it often comes because of others' actions; whether they did something inwardly or outwardly directly on our account, or because they rose to a higher plane or level of being that aligned them with positive developments that spilled over into our domain or sphere.

Achieving Our Goals

Focusing on a goal attracts its accomplishment. The conditions are:

- intensity of will for it to be achieved
- making the full persevering effort to carry it out
- maintaining a generally positive attitude throughout
- holding down negative attitudes, ego, etc.
- watching for signs of which way to move
- embracing the opportunities life gives in return

Also, consecration (opening to the spiritual Force) will take it to the next highest plane.

Thinking, Worrying "Plans" the Future

Whatever you're thinking about is literally like planning a future event. When you're worrying, you are planning. When you are appreciating, you are planning...What are you planning? (Abraham)

Positively Effected by Positive People

The world seems to be happy and cheerful when we see through positive persons. A clay pot makes the stored water cool by release of warmth through the minute pores in it. Since its source the clay is flexible and gets transformed according to its creator's hands, the pot too gives us the coolest tastiest water than an expensive fridge will give. The positive persons too are flexible persons and radiate the coolness from within. (D)

Absorbing in the Needs of the Now

Fully absorb yourself in the needs of the Now, not the past or future. You will thereby gain power over all time from that Ever-Present.

Adopting Spiritual values Makes Us Receptive to the Force

All things we do that promote the highest spiritual values -- of Peace, Harmony, Truth, Knowledge, Goodness, Love, Delight, Timelessness, Infinite, etc. -- will make us more receptive to the Force of the Divine Mother, causing life to suddenly and abundantly blossom before our eyes.

Illwill Disturbs the Mother's Grace

The Mother is Grace, definitely and She always gives opportunities to prove it. Only we human distributors disturb the grace which She offers to others and dilute it through our illwill. Also we are denying our receptivity power. (D)

Goodwill, the Mother, & Accomplishment

If you have intense goodwill for others, take it for sure that The Mother will be with you, you will accomplish what you want irrespective of whether you have great talents for accomplishments or you have good judgment of people. If on the other hand you do not have goodwill for people around you or worse have active ill will for those whom you declare to be your rivals and competitors then you can equally be sure that The Mother is not with you no matter how talented you are, how well you understand others, how many books you have read, how often you visit centers and offer flowers and make prayers etc. Your performance will always fall way short of your expectations. So the final word on these matters is Goodwill is Mother, ill will is the Asura. Let us make a sensible choice and stay with The Mother by choosing to express Goodwill and not invite the asura to step into ourselves by exhibiting ill will. (N. Asokan paraphrasing Sri Karmayogi)

Comments: At least I know one man whose heart overflowing with goodwill unconsciously increased his income 10-fold and by the time he was about to realise it, it became three times higher.

Good will even in small measures has the quality of having saturated fullness and acts as an agent to touch the divine aspects of life, e.g. an extraordinary luck. (Karmayogi)

Not Fulfilling Desire Greater than Fulfilling

To not take of the fruit can be more satisfying than taking it.

Further Comment: Restraining yourself from a desire can bring inner fulfillment of higher consciousness.

Gratitude Instead of Beneficiary Abusing Benefactor

The beneficiary abuses the benefactor. Society abuses the pioneer who worked on their behalf.

Comment: That is why gratitude is more stressed in Integral yoga (D)

Response: D has described the solution exactly.

Aspects of Non-reaction

Let us be detached and practice non-reaction to our urge, need, want-

- by withholding its verbal expression
- by not thinking about it
- by withdrawing all emotions and will related to it
- by not acting on it

Further Comment: Life will quickly respond positively to such efforts.

Manners that Indicate Honoring Divinity on Others

Holding the door open for another can be more than good manners. It can indicate that you subconsciously honor the divinity in others.

Organization of Energies of Adults and Children

In adults the energies in the physical and vital planes are often well organized, but too often for lesser or greater degree of falsehood and darkness.

Energies of Young Children

Except for the very rare exception, the energies of young children are not yet organized.

Negatives to Use Correspond to Negatives to Others

Because we are lost in time, it is difficult to perceive that most negatives that come our way correspond to negatives we have done to others. Like attracts like is the principle. Those wanting energies simply return in fresh forms; even as we are oblivious to and ignorant of their origins.

The Pioneer Individual

It is the pioneer individual who brings forth what the society subconsciously yearns for. He leads them by becoming his True Individual Self unfettered by the limits of the herdal view.

Subtle Signals from Life

If you are about to engage in an activity and at that very moment you are interrupted, you can be sure that this is an indicator of the need for an adjustment of sorts. E.g. a man was about to record an audio. And that very instant he was about to begin, his associate called. When he then tried to record the audio, there were some problems. He then realized that it would be more appropriate for the associate who called to do the audio, which he more than willingly obliged to do. As we see, the earlier interruption was a signal of that fact. These are the subtle signals that we can become aware of that will enable us to become Life's Master.

Expressing Spiritual Values that enable True Self to Grow

What can be incarnated in our human hearts as the Divine should be Truth or Sathiyam, Honesty, Goodness. These positive thoughts will only make the Divine or Trueself in us grow.

Mother Inside

When Shri Karmayogi points to someone and say that person has Mother inside nobody will believe as we all imagine that Mother will be like the one we see in the photo, but She is Real spiritual values and an iconoclast who will never get fixed in one thing including Her own image. (D)

Expressing Our View to Teach Truth, Not to Impress

Do we express our views to impress others or do we want to impress others by our expression. Whatever it may be we must express the Truth only so that the impression we leave on others will stay forever. Many footprints are left in the seashore the waves erasing them day by day. But only few have statues lining the beach road who might have never visited this beach. It must be a tribute to their Truthful life. (D)

Using Spirit Over Politics to create Results

Politics is too much engrained in falsehood. Our mission however is that through Spirit we tend to and evoke Truth for ourselves and the world.

Further comment: Sri Karma says people of Truth using the Spirit going into politics can have a huge impact on that collective.

Bothered by Negative of Another

The more you are bothered by a negative of someone, the more they will do it to you.

Reverse Source of Negative Attracted

Discover what in you attracted the negative and reverse that.

Create Inspirations Based on Life Response Analysis

To develop aphorisms such as I am providing, think about the outcomes that are occurring in your life and around you and try to devise the subtle life response principle behind.

Church's False Belief in their God alone

God is beyond all churches; yet churches insist that God approves of theirs alone. What a farce of falsehood.

Negative by Association in Business

When you hope to emulate a successful company that has now begun to sink by a competitor, you too will be annihilated by the same firm. (E.g. Steve Jobs of Apple expressed admiration for Sony, wanting to emulate them. Soon after Sony began to fall, mainly as a result of Samsung's emergence. Now recently Apple has been being beaten in the market by Samsung.)

Further Comment: It shows the subtle association of things; and indicators of future outcomes.

Insisting on False is Opposite of Future's Destiny

When people insist on the false -- the opposite of what is true in the current conditions -- you can be sure that the opposite is the destiny of the future..

Service at Various Levels

It's service for me, it's service for you, it's service for us, it's service for the collective, it's service for society, it's service for the world, it's service for the universe, it's service for the divine. (They are service at increasingly higher levels of consciousness. And for each ascent to the next plane upwards, there is a descent and fulfillment at the planes below.)

Forget It to Perceive What Cannot Be Fathomed

One powerful way to understand or realize something is to forget about it.

Comment by reader: How it is powerful?

Response: When you forget about it, the answer often suddenly comes.

Women More in Tune with Values than Men in the West

In general women here in the West seem to be more in tune with progressive values and unfoldings than the men. Their views more often turn out to be right compared to their male counterparts.

Making Unpleasant Pleasant and Being in Now

Making the unpleasant current moment pleasant is the way to continually live in the Now, the ever-Present.

On Strategies

1. Right strategy makes the impossible possible.
2. Strategy is the method to reach the goal quicker and surer.
3. Knowledge of the whole programme, and its theoretical explanation will help fashion the right strategy.
4. Strategies can be physical, vital or mental.
5. Strategy is a device to save time, money, material, space, and energy.
6. Strategies and systems are correlatives.
7. Strategies sometimes enable us to accomplish even when an essential is missing.
8. It can degenerate into a trick or ploy in a mean character.
9. In extreme circumstances great strategies will assume the appearance of stupid folly.
10. Nature is the greatest of strategists. (by MSS Research)

Comment: 10. Nature is the greatest of strategists." This can be taken several ways. For myself what jumps out is the principle that we should follow the initiatives of Life, not our own. Taking up the former succeeds 80% or more; the latter succeeds 50% or less from my experience. Nature is Life, Life is nature. Thus the Comment that Nature is the greatest of strategists.

P: Roy, Nice to read your elucidation. But how will you focus Nature with a given Business Strategy? You mean to say Nature decides the same?

Response: We can develop many strategies. We may decide to develop certain ones by carrying out all of their corresponding goals. We will take initiatives, but life will present its own initiatives and opportunities in response that may or may not follow our strategies! It does not matter; follow those initiatives presented by Life. They nearly always succeed when adopted. In other words, follow the process of accomplishment with direction, strategies, implementation, et al, but keep a keen eye on how Life Responds. It may be different than expected. Regardless follow it. It may also be AS expected, follow that too. Spirit facilitates the entire process.

Taking the Other Person's Point of View and Life Response

One of the most extraordinary principles of Life Response is that when we give up our own view of things -- however much correct -- and embrace the other person's position -- however much in error or at odds with our own perception -- life responds out of all proportion. This mind twisting truth is no mere concept, but a lived experience that conscious individuals have had throughout time.

Further comment: It is the way to what Sri Aurobindo calls "Truth Consciousness." (I.e. Supramental perception of the integral truth of any matter.)

Truth of One as Mere Perceptions

The truth of most truths is that they are perception and not, in fact, true. (Simon Sinek)

This is one sense the basis of the second half of Sri Aurobindo's The Life Divine. I.e. how to evolve from our essential Ignorance of being, born of creation, to true Integral Knowledge of ourselves and life's ways.

Expressing Opinions and Ego

People take great pleasure in expressing their Ignorance.

User question: Why?

Response: It is the ego movement of believing what one knows is the truth, whether or not it is. A great pleasure in expressing it, even if fully false.

User Question: Just by expressing what one believe (whether it is true or untrue) is ego movement?

Response: Not caring whether it is true or not and repeatedly expressing it with unabashed abandon and glee, is to be lost in Ignorance supported by the vital Ego.

Have you ever listened to a foolish person gleefully expressing a backwards political or social view? Well we do the same in other areas of life where we think we know the truth, but we don't, and take great pleasure in the expression. It's the 'Taste of Ignorance.' Others see through our Ignorance in these areas, but we do not.

Don't Speak Out Negatives of Past

When you speak of a negative that has occurred, you invite its repetition.

User Question: What about the case of 'injustice' (human rights and duties)?

Trying to improve things by calling out a problem is somewhat different than reminiscing about a negative in casual conversation, or indulging our emotions by bringing up the intensity of a past negative, etc. etc.

Hollywood does something similar with disaster movies. It stimulates the lower vital consciousness. It also attracts variations of the negativity which it portrays.

Fear to Faith

Fear converted to Faith is one of spiritual life's great transitions.

Power of Full, Exhaustive Effort

Put in the full, exhaustive effort for the work given to you; Life takes over! Completing the work for you, or attracting unexpected money, or new possibilities, etc.

Further Comment: Putting in the last ounce of energy and emotion and care and self-givingness into the work attracts the powerful positive life response benefit.

Divine, Real Time vs. Our Time

We want things to move in our time, but there is Divine time, which is the Real time. Patience is a key to make that happen. Another is consecrating the activities.

Ask For Capacity Rather Than Results

(from article 'Secrets Behind The Secret' by Garry Jacobs)

It is true that we can ask the universe for results and get them, but there is a higher truth. We can ask the universe for the capacity to bring or create the results. When we do that, we acquire the capacity to create results over and over again, because it becomes a personal endowment. And, in the process, we also get the results which we did not specifically ask for.

Suppose you are in financial difficulty. You can ask the universe for money; it will be a one time achievement. But, you can also ask for the capacity to earn as much money as you want whenever you want it. Instead of asking for \$1 million, ask for the capacity to earn \$1 million. You will certainly earn it and never again want for money.

Suppose you very much want a house for the peace, security and satisfaction it will bring. Instead of asking for the house, ask the universe for the feeling of peace, security and satisfaction and for the capacity to always feel them. That opens up much greater options for the universe to act. It can meet your need in countless ways that are more lasting and fulfilling than a house would be. You'll get the house or something much better.

Suppose you love a person very much and want them to love you. By asking, you may get the person and later find out that they are not as lovable as you thought. Or, they may discover that you are not what they were really looking for. Instead of asking for the universe to give you the other person, ask it for the qualities that will make you more lovable. When you acquire those qualities, the right people will naturally come to you without you seeking them. Ask for the psychological endowment.

Perfection in Detail

(from article 'Secrets Behind The Secret' by Garry Jacobs)

Another very powerful, subtle strategy for accomplishment is based on the importance of the Infinitesimal. When we seek a great goal, we often disregard the small details as insignificant and unimportant when, in fact, the very opposite is true. The best way to progress toward a great accomplishment is to make every small act as perfect as possible. To us, the Infinitesimal and the Infinite seem like opposites. But spiritually, the Infinitesimal is a manifestation of the Infinite. That is why it is very difficult to perform even the simplest act perfectly. If you try to keep a room perfectly clear, you will constantly discover areas that have been missed or that cannot be maintained in that condition. If you try to make everything you write - even the most casual message - error-free, you discover that it requires enormous attention and effort.

The CEO of a small, local beverage company in South India wrote to one of the largest multinational soft drink companies applying for a distributorship in that area. He put enormous concentration into preparing the letter without a single error or imperfection. To his utter amazement his small company was selected over much larger firms. When he asked the VP of the multinational why his small company had been selected, the VP replied that he was extremely impressed by the letter the CEO had written.

High achievers know that perfection in small matters is powerful. Avoid clumsy movements, loud noises, spilling, breaking, tearing and every other form of disharmony with the environment. Avoiding small incidents of friction, dispute, quarreling and annoyance is even more important. When your goal is high accomplishment, the very best method is to make every small act as perfect and harmonious as possible. It is a method that brings a much greater result much sooner. As a senior executive of IBM put it, "God is in the details."

Silent Will

(from article 'Secrets Behind The Secret' by Garry Jacobs)

Silence is one of several important issues that are not mentioned in The Secret. You learn as a child that when you make a wish, it is better not to speak about it to other people. This belief is based on a profound truth of life: speech is an act that consumes energy in the process of giving expression to a thought. Each time we speak about our goal to others, we are throwing out energy that can be better conserved as fuel for accomplishment. Silence is powerful. Silent will is more powerful than will expressed in words. This is especially true when we speak about our aspirations to others who may feel jealous or threatened by our accomplishment.

Furthermore, when we speak about our intention of a great accomplishment, it is very difficult to prevent the ego from deriving pleasure or a sense of importance from the communication. When we take pleasure merely in talking about an accomplishment, that sense of satisfaction saps our energy for the accomplishment and we end up only talking about it, never doing it. Pride, satisfaction and contentment with what we have or are is the enemy of higher accomplishment. Of course, there are times and people to whom speaking of our goal is appropriate or even essential. Speaking to those who have intense goodwill for us will magnify the power of aspiration. Speaking to those whose consent or cooperation is essential for accomplishment is necessary to avoid conflicts later on. Most spiritual disciplines advise practitioners not to speak about their experiences to other people, except to the guru whose guidance and support is essential for accomplishment.

Rising above the ego through goodwill and self-giving can invoke the highest powers in the universe to act in our lives. When we do this, the universe invariably responds, bringing what we aspire for. Since, in this case, our aspiration is not selfish, the benefit comes not only to the one who aspires but to everyone.

Goodwill and Self-Giving

(from article 'Secrets Behind The Secret' by Garry Jacobs)

The best way to escape and transcend the limits of ego is to feel genuine, intense good will for others and to practice total self-giving. To feel joy in the joy of another is Good Will. The ego is highly competitive. It judges its own importance and success relative to the

achievements of other people. When others accomplish more, it feels smaller and as if it had less than before. Therefore, generating intense goodwill that takes joy in the accomplishments of other people is a powerful means for transcending the ego. Those who can ardently aspire for others to succeed and prosper generate the maximum receptivity for success and prosperity in their own lives.

Self-giving is even more powerful than goodwill. To grow by giving is Self-giving. Moving from selfishness to selflessness helps a being expand and increases the energy of the personality. To give oneself in thought, feeling and action without calculation of return is the ultimate spiritual discipline and path to higher accomplishment. That giving may be to a person, an ideal, an organization or to God. It is most powerful when there is no thought, expectation or demand for recognition or return, only the joy of giving oneself

Not everyone can practice self-giving, but everyone can raise their level of personal efficiency. This is a less powerful method that has a similar result because it gathers and concentrates our available energy to be more effectively utilized. Efficiency is a laborious physical method; Self-giving is an enjoyable spiritual method.

Rising above the ego through goodwill and self-giving can invoke the highest powers in the universe to act in our lives. When we do this, the universe invariably responds, bringing what we aspire for. Since, in this case, our aspiration is not selfish, the benefit comes not only to the one who aspires but to everyone.

Subconscious Source of Problems & Changing Our Consciousness

(from article 'Secrets Behind The Secret' by Garry Jacobs)

According to The Secret whatever problems we suffer from are created by our consciousness. Changing our consciousness will eliminate the problems. If the problem is the result of our conscious thoughts and feelings, then we can easily solve it by consciously changing those thoughts and feelings -- by envisioning the goal, enthusiastically endorsing it with our emotions, and insisting on only positive thoughts and feelings.

But, often the source of the problem is subconscious -- in portions of our consciousness beneath the surface where we cannot easily observe or alter it. According to Eastern tradition, it can even be a form of consciousness created in a previous life or a decision of the soul before birth to seek a particular experience for its overall spiritual progress. What should we do then?

Even if the source of the problem is subconscious, our will is conscious and the decisions of our will are extremely powerful. Decide that you want to give up the element in your consciousness that has attracted or is attached to the problem. Then, ask the universe to change your consciousness. Instead of just asking for a positive result, ask for a change of consciousness. Then, that problem or a similar problem can never again come to you. If you have a health problem, ask the universe to fill your consciousness with energy, health and harmony.

Aspiration vs. Wishful Thinking vs. Expectation

(from article 'Secrets Behind The Secret' by Garry Jacobs)

Consciousness is power. The time taken for accomplishment depends on the strength of our aspiration and the intensity with which we apply it. Sometimes we confuse aspiration with wishful thinking. Wishful thinking is a dream of achieving something without the intense will to achieve it. It is passive and satisfied, a pleasant thought. Aspiration is active and intense, a determined will.

Aspiration is also confused with expectation. Both express a will for accomplishment, one strong and the other weak. When we aspire, we send forth energy to bring a result. When we expect, we wait for something to come. Aspiration is active. Expectation is passive. In aspiration, we feel we can determine the results by the intensity of our will. In expectation, we depend on others or circumstances to accomplish the results for us. The more intense our aspiration, the faster and greater the results that come, whereas expectation can have the opposite result. Expectation has the power to postpone the results until we stop consciously looking for them to appear.

Retention of Vibration, Condition in a Place

A vibration in a place will retain that vibration for the next party, leading to the same or similar outcomes. Only higher consciousness can intervene and halt the repetitions.

Ego, Greed of Sheltered Taxes

The Economist magazine reports that \$26 trillion dollars of income is currently sheltered around the world in order to avoid payment of taxes. It is ego and greed; unpatriotism of the worst sort; detrimental to the world economy; all told, a reflection of the evil of Dark Money, plain and simple.

Law of Karma/Life Response in Action:

- US gets cyber attacked, but that is what she herself has been doing to others in recent years.
- US is attacked in 9/11, but she has meddled in the middle east region for 60 years in its own self-interest, mainly involving oil.
- Rogue nations are developing atomic weapons; but US and Russia have an enormous number of unnecessary weapons they have been reluctant to part with.
- US Northeast has had a horrific hurricane and other natural disasters recently; but she has made no substantial effort to curb financial speculation that can bring down the world economy literally overnight. (which originates in those cities/areas).
- The outer is a reflection of the inner. Here the inner negative of the US has attracted corresponding instances of the same in the outer.

Perfection in Work that Attracts vs. Its Opposite

The goal is Perfection in work, which attracts the infinite, replacing the current finite. The main spoilers are lack of patience, expectation, and self-initiatives instead of those that come from life.

All, Even Suffering Serves a Purpose

All the suffering in the world serves the development of multiplicity of possibility for the purpose of infinite variations of dynamic delight. Thus we can say that all of these parts, positive and negative, including poverty and misery, serve a role in that possibility, unfolding. From that perspective, each part plays a vital role, even the negative ones. It is life splitting and splitting into infinite variation, so Divine delight can spread into the ever emerging hyper-details as they overcome their contradictions and discover their higher nature. This is the view of Brahman, the Reality, from Supermind's perspective; not of ordinary mind. It is to perceive the Marvel of existence.

Darcy's Rise in Personal Consciousness that Affected the Collective

The story of Pride and Prejudice is essentially the tale of how one individual, Darcy, evolves from pride and ego to higher consciousness that not only elevates himself, but through his courageous inner and outer actions does the same for several families, the community at large, even the society as a whole. His is thus a movement of Soul in the world. And he does it all in the name of Love for another.

Shed Ego and Perceive Soul of People We Meet

To shed ego and perceive the soul in the people we meet enables us to experience and feel the boundless Being, Energy and Activity behind all existence. (paraphrase of Sri Karmayogi)

There is a process by which one can cross ego and see the world as boundless energy of infinite existence, infinite movement, infinite activity. The process explained in the article "Unshakable Power" written by Sri Karmayogi is to bow down to the divine within every other person. When taken momentum it will lead one to be an observer when something from

within does the job of bowing down. After a while all the people, movements and actions will be seen as one boundless energy of infinite existence, infinite movement, infinite activity which is explained by Sri Aurobindo as "When we withdraw our gaze from its egoistic preoccupation with limited and fleeting interests and look upon the world with dispassionate and curious eyes that search only for the Truth, our first result is the perception of a boundless energy of infinite existence, infinite movement, infinite activity pouring itself out in limitless Space, in eternal Time, an existence that surpasses infinitely our ego or any ego or any collectivity of egos_ _ _" (Nedurman)

Author's Further Comment: Bowing down i mean here as Namaskaram

Comment: An extraordinarily powerful experience to have. To shed ego and perceive the soul in the people we meet enables us to feel the boundless being, energy and activity of existence. I wonder if perceiving Mother in others would enable something similar.

Progress through Contradiction in Prakriti vs through Purusha, Positive Only

Without negativity, higher positivity would never have occurred has been the human condition so far. This is the difficult way of Nature (Prakriti in Sanskrit) via contradictions to higher harmony. The way of Soul (Purusha) is the other way of Life. It is a direct conscious movement to the positive through Spirit. And yet even for ripe souls it is usually a mixture of the two because the world itself is so infused with darkness.

User Comment: Unless the negativity we will never understand positivity.

Comment: Yes. But we want to change that in future; for a more conscious, divine-like existence. We want positive leading to positive. It is assured through consecration.

I should add that there have been rare moments where a positive drove a further positive. E.g. the European Renaissance of Leonardo and many others is one. Their works drove things up positively for the most part. But one wonders if even the Renaissance would have come about in its particular positive form had it not been preceded by the Darker Ages before it. In any case, it appears that there will be a gradual evolutionary movement of increase in the movement from the positive leading to positive, and away from the negative leading there.

Solving Thorny Problem through Consecration and Effort Settles Other Issues

When you are struggling with a thorny problem, consecrate it, and then patiently try your best to work your way through it, you will not only discover answers that resolve the current issue, but they will also settle related problems that have been lingering.

Receptivity at Various Planes of Our Being

When you are open and receptive physically, emotionally, psychologically, and mentally rather than experiencing negativity at any of these planes, the Force can operate best in them. They are thus the planes of, that which determine our Receptivity.

Consciousness for Settling Family Conflict

All anger, rancor and bitterness will only exacerbate a family, business, or relationship conflict. The cure is non-complaining, non-reaction, and withdrawal of all ego-based thoughts and feelings, which will attract the very best conditions for all concerned.

Deeply Appreciating a Value Attracts

I am taking "Business Ethics" for my students this academic year and I was going through a study guide from IAM UK. It was so interesting and was offering me some new insights in the field of ethics. I started comparing it with the Values of Business put forth by Garry Jacobs and Inner Outer Correspondence view by Roy Posner and it had given me a kind of silence this morning. I was really seeing at least for a moment the importance of ethics and its connectivity with the sustainability of a firm. I came out of my thoughts with a call from Vinay, a Bangalore based person whom I had done a business some 6 months back and was yet to make a payment..., which I never asked. I was exactly understanding the concept of prompt

payments as a Value for progress and sustainability through my readings and the moment I realised the concept in depth for my class to students, Mr. Vinay offered me Rs 25,000/- (just now). (Sreejith)

Comment: Wonderful. Deeply appreciating the value of ethics elicited the response. When it moves from the mind to the emotions, the ideal is energized, and thus attracts the result. The response from the person who owed you and from whom you did not demand (as I understand it) was the result. Your behavior towards him was at an even higher level than ethics. It was as patient witness that is spiritual.

Author: Yes., I never demanded my share and true that I was very patient and was genuinely appreciating Mr. Vinay's efforts in that business. I had understood couple of methods in full and were experiential.

Technology vs. Higher Consciousness

Technology is wonderful, but Higher Consciousness must come first.

Randomness Can Be Known in Consciousness

Embracing of randomness is a spiritual characteristic. And yet even randomness, the unpredictable CAN be known in consciousness, making the random KNOWABLE. It happens through consecration and intuition. Through these means we move in alignment with the subtle connection between things that are the profound indicators of the future.

Melting into Her, Not Asking for Something

One measure of the quality of our faith in Mother is that on a regular basis we are not simply asking for something from Her, but are just seeking to melt into her Being.

Perfection, Patience, and Response

Perfection comes through patience, attracting infinitely.

Emergence on Surface of Spirit in Matter

The material world is the manifestation of spirit in form.

Further Comment: You see, matter through technology and the like is becoming Spirit-like - i.e. infinite and timeless, -- which it always was underneath.

Sarcasm and Negative Response

Sarcasm is an unworthy attitude that tends to attract negatively no matter how much truth there is in the idea expressed.

Indians Inner-based Happiness

Indians are often happy inside because it is in their nature. A recent documentary film I watched on happiness showed how miserably poor Indians are often very happy. There is a fundamental deep cultural sense and essence in them.

Patience as Spiritual Aspect

Patience is a spiritual attribute. It also attracts. We notice it particularly when we shift from impatience to patience, and the positive result appears before our eyes.

Comment: Tolerance has got a limit. Patience doesn't have any limit as it is a spiritual attitude. Like perfection, patience can be raised to any level. Even Nature is considered to be patient. Nature responds to peoples' collective evil attitudes in the form of Tsunami or Tremor once in a while. Patience is beyond Nature's response also and in that sense it is spiritual.

Response: Thank you. Not having limits of what patience can be raised to is eye-opening. Thus Infinite patience can express deep spiritual richness.

Indian Doctors and other Professionals Get at the Essence of Things

Indian doctors - at least in theory - are highly capable of seeing the Essence in the patient, in his problem because Indians have the Light in their body to begin with.

Further Comment: Indians doctors and other professional can and increasingly are expressing that light through deep knowledge and warm smiles has been my experience (in the US). I and some friends have seen firsthand what a certain quality of Indian doctor can perceive.

In the realm of programming, entrepreneurship, and management they have an uncanny capacity to see the deeper truth and light in things, as I have experienced here in the San Francisco Bay/Silicon Valley area. (Ironically) India must catch up! They have forgotten the Light that burns brightly within.

Self-Awareness and Consciousness

Self-awareness is consciousness. Greater self-awareness is greater consciousness.

Spirit is Completed in Form

Spirit is not complete until it manifests as some form, material or otherwise.

E.g. spiritual precepts of personal growth and higher consciousness manifests as a software program.

Surrender to Mother from Silence of Our Being

It is one thing to connect with Mother through our thoughts and emotions; another when we associate with and surrender to Her from the silence of our Being; in essence, have a Soul-connection.

Doubt, Confusion, and Accomplishment

Doubt and confusion spoils accomplishment. It should be shunned, halted in its tracks and offered to the Spirit.

Ego Act Reversed Attracts

I withdrew a hasty and ego-driven action with an unaware contact, recognizing the wrong consciousness behind. As soon as I did, someone else INSTANTLY appeared with great praise (about my book on Life Response, he was now reading), and the possibility of association in future. It was a mirror image in reverse of my original misguided act.

Awareness of Current Problem to Past Indiscretion

Relating a current problem to a past indiscretion or hard feeling is a great awareness; one that comes especially to those related to and applying the principles of Mother and Sri Karmayogi.

Relating Current Problem to Past Indiscretion or Hard Feeling

Am working in a private concern and the cab will pick and drop us from the point on everyday. It's almost a year back, by mistake they have allotted more than capacity on one day. That day we were in the situation to adjust and sit, to reach the office. Both myself and another girl adjusted, but little bit I got irritated how come this happen? Why it's like that? Everything sorted out that time.

But today I faced the same situation that inadvertently they removed the name and happened to go in the same cab and people in the cab given space like the earlier what we did...

Mother made me realise today through the same situation for my bit irritation earlier. (PP)

Comment: Relating a current problem to a past indiscretion or hard feeling is a great awareness; one that comes especially to those related to and applying the principles of Mother and Sri Karmayogi.

Two Types of Intuition

The intuitive mind is a sacred gift, and the rational mind is a faithful servant. We have created a world that honors the servant, but has forgotten the gift. (Albert Einstein)

User Comment: people who have listened to their intuition have achieved success.

Response: Yes, there is inner intuition from the subliminal being within that percolates up positive, helpful insights and feelings, as well as external intuition from universal mind, including silent, illumined, intuitive, universal, and super minds.

The Real Self, Soul

Do you know sadhana [spiritual discipline or practice]? I feel sadhana comes from the real self. Sadhana goes from here [points to his head] which is the ego, to this [hand on his heart], which is the real self. And this is the soul. In the depth of the soul is the atman, the oversoul. And that oversoul is really love and compassion, peace, joy, and wisdom. [He says these words carefully, with reverence]. But that isn't just knowledge; it's much more. If you want to get to know a tree, the head would merely say, "That's a tree." If you go into the heart, you meld with the tree. If you meld, and I meld, we're melding into something, into oneness. And this is bhakti—giving from here to here, the head to the heart. This is loving awareness, that's the soul. And you go down to the heart. You say, "I am loving aware ness." In the middle of the chest: "I am loving awareness. I am loving awareness, I am loving awareness," and you get moving down

The soul is not ruled by time and space. The soul is infinite. It blends with the One in infinity. I'm talking to you, but that's only one level, and you and I are one, so one is talking to self; it's another level. These are planes of consciousness, and I think human beings exist on two planes of consciousness, the soul and the ego.

The soul is not part of the incarnation. It comes into the incarnation. And the soul is not afraid of death because it has done it so many times. (Ram Dass)

Facts to Process to Essence and Revealed Knowledge

When you move from the facts to the process to the Essence, critical details and necessary courses of action increasingly reveal themselves.

Divine Sanctions, Not Wills the Negative; Supermind Perceives All as Necessary

I am not sure that the Divine WILLS for the negative to take place in life, but SANCTIONS it as necessary for the unfolding of Truth in infinite variation and possibility. From the level of Supermind one sees that all that is occurring is necessary. It perceives the true nature of Brahman, the Reality.

The problem is that we are attempting to address this issue with our limited minds. When we rise up higher to intuition and beyond, we begin to recognize the complementarity of such dualities, the resolution beyond the contradiction. At a certain level, we only can be still, surrender, and smile.

The Lower vs. Higher Good

User Comment: I cannot recall the exact quote but Mother says something to the effect of it is not the Good as people understand it that ultimately triumphs but rather the Truth, which is something very different from what commonplace humanity thinks it to be. (N)

Response: Yes, the good (lower case) is filled with its other side (the bad), or attracts it or it emerges from this lower good. The true Good (upper case) has no dark side. E.g. scientists create "good" products, but they often have negative results (e.g. pollution, nuclear bombs), but the Self-existence Good never produces the dark side. Truth is then a manifestation of

that Good, or maybe its source. The supramental Truth Consciousness (accessed by opening to the divine Mother) manifests this Good. It has the capacity of perfect Truth creating.

Step Away from Confusing, Unclear Matter, and Get at Essence, which Attracts

When things are confusing or unclear about a matter, step away from it, be still, and at the right time after think about the deeper aspects and Essence of the conditions. Now profounder solutions about the issue will appear in your mind. When you then apply the answer, you will be amazed; not only about the new tactic and positive result, but about the consciousness process that enabled you to get there.

Consecrated Act Takes You to Its Intention

When you consecrate at the outset of an activity, you are taken to where life wants to go beyond your own intention.

Solution, Formula, Essence Was there Before We Came to It

We never invent the solution or formula of that which we discover. The solution is actually flowing all around us. And if we move really deep, and the frequency matches, then the thought transfers into the mind, even as we think we have made the discovery.

Thus invention is really an historical event which has already occurred in the past, but was found again in our present human life.

Further Comment: Another dimension to this is that the Essence of a thing is often invented hundreds of years before, but then it hides, goes into hibernation, waiting for the right time and social context to express itself. So the modern inventor is not quite the genius he is made out to be.

Thought vs Psychic Focus of All-Inclusive Concentration

The entity Abraham suggests that when we focus on a single thought for 68 seconds continuously, it builds up so much momentum as to quickly materialise. An experiment I have begun is to do this hourly (as of this morning) with the most powerful thought i.e. The Mother. One can feel an immense build up and pressure and lightness in the mind, 8 hours work was abridged to under 4 hours (my consecration was very unfocused in between those working hours so it would likely have been more), and the whole day has generally flowed better. (N)

Comment: This is somewhat similar to "all-inclusive concentration" mentioned by Sri Aurobindo in Synthesis of Yoga and elsewhere, though there I believe the focus is completely at the gathering point of the psychic being or perhaps of the Divine Mother or both; i.e. from one's poise of the psychic, focus on Mother. The experience and life response results that come from there can be overwhelming.

My Calling Method to Mother to Evoke Vast Opportunity, Income

I have been practicing the technique of repeating Mother's name till it self-repeats on its own. Then I offer my Aspiration up till it reaches a level of intensity, which is followed by a descent of Joy that can culminate in it reaching the heart center. It can lead to the attraction of a quarter to half million dollars per day. Then one can do it again and again. I was practicing it for a while, producing marvelous, even life changing results, including a Vast Opportunity.

User comment: Is the offering of Aspiration in this method to be done during activities or during a meditation-like calling period?

Response: The latter.

Amazingly, the information you gave above is exactly what I was looking for.

Intuition of Cosmic Truth Abridging Time

If one is intuitive, as was Einstein and Ramanujan, then one apprehends Cosmic truth knowledge of the "past" in the present for the sake of the future.

Further Comment: Ramanujan was apparently shown cosmic mathematical and scientific truths by the Divine Mother.

User comment: May be he dug deeply inside than rearing his mind higher.

Response: Yes, the Subliminal is in touch with the superconscious.

Seeing a Difficulty as an Opportunity

The best attitude about a problem is seeing it as an opportunity to learn something new. Conditions will then quickly improve.

Further comment: I had that very experience today (which compelled me to write the comment above).

Here it is:

The program I was working on had some problems. There was suddenly error messages. I contacted help support, but more importantly I took the entire situation as a learning process. I thought that maybe I would learn something new as a result.

An hour or two later when I returned, the help desk said they could not recreate the problem in the first place in order to diagnose and solve it. I then went to my computer, and alas there was no problem anymore. It had in essence self-corrected.

It is the life response power of seeing a difficulty as an opportunity to learn something new. If there is a resistance outside, then there is one inside.

Fulfillment is in One's Eternal Self at Any Age

An elderly man stands before his 56 grandchildren and ponders who it is better to be, the child or the grandfather. He wisely exclaims that there are advantages and disadvantages to each. But then he adds that what is key to fulfillment at whatever age is that one is in touch, feels deeply connected to one's Eternal Self rather than one's limited self.

Power of Prayer, Great Act, King Idea Using Her Force

A prayer, a master act, a king idea

Can link man's strength to a transcendent Force

Then miracle is made the common rule

One mighty deed can change the course of things

A lonely thought becomes omnipotent

(Sri Aurobindo, from epic poem Savitri)

Power of Force to Overcome Snow Obstacles

Another example of Life Response... This morning we have had more Snow including a Blizzard! I had to get my wife to work with a drive into the city centre, I told her that we would wait for the blizzard to ease off which it did and then make our way carefully to work. Whilst waiting I consecrated all worry of mishaps and disasters on the journey and asked the Divine to guide us safely there and me home. The main roads were not that good even on low levels but we travelled there with traffic lights on steep hills remaining on green so we didn't have to stop whilst going up them! We eventually arrived at the city centre and the gridlock that was apparent started to clear and flow in the direction that we were going in. We arrived safely at our destination passing abandoned cars and other mishaps. The journey home was even better totally stress free with hardly any traffic and clearer roads with teams of gritters working on them! (Martyn)

Comment: Very indicative of how the spiritual Force operates. It was your own personal magic carpet ride, where all obstacles are removed.

It's a New Way of Living.

Congratulations, again!

Predicting the Future

Through an awareness of the subtle confluence of events one can predict the future.

Teaching Sri Karmayogi's Knowledge to Another in Short Period

Sri Karmayogi has indicated that all the essential knowledge he has -- which is infinite beyond anyone's imagination -- can be taught to another in less than a year, maybe even a month or two. Of course, the aspiration for such knowledge must come from that other individual.

User comment: I read that statement by Sri Karmayogi. It must be through some sort of Shakthipata that this could be accomplished.

Response: He has organized the essential knowledge in his mind very clearly. Garry Sir can easily present it to anyone on Karmayogi's account. E.g. in half a dozen 2 hour sessions in 1996 over several months Garry Sir and his business partner provided me with the essential of everything I know.

Non-Positive Attitudes toward Money Repels It

You do not have to have money to attract money, but you cannot feel poor and attract money. The key is, you have to find ways of improving the way you feel from right where you stand before things can begin to change: By softening your attention to the things that are going wrong, and by beginning to tell stories that lean more in the direction of what you want instead of in the direction of what you have got, your vibration will shift; your point of attraction will shift—and you will get different results. (Abraham)

Comment: Wonderful quote. Positive relation and attitude toward money and our current monetary condition will certainly attract more of it.

Opportunities Come to Others with Problem You Have Dealt With

Life will constantly present situations where you are given the opportunity to help another overcome a problematic condition you have already gone through, understood, and even overcome. This is one of the dynamics of personal growth.

Sri Karmayogi's Original Insights

Sri Karmayogi has had thousands of original insights about life that the rest of the world has not yet realized -- in totality and in specifics.

Mind vs. Inner Poise Flexibility Along Line(s) of Thought

The mind being an inflexible instrument tends to move along one line, and if it is interrupted, forcing it into another, it becomes irritated. However, developing an inward-oriented poise enables our mind to fall silent and be more flexible, allowing it to embrace more things, more possibilities that come our way. Furthermore, when we perceive how that which came along another line actually complements and enhances the first one, then we will be well on our way to perceiving the true nature of Reality.

Solving Difficulties Reveals Unexpected Possibilities

Trying to solve a difficulty or challenge reveals unexpected new possibilities, often fulfilling aspirations we may have forgotten.

Further comment: Example: A man was struggling a bit to overcome a technical hurdle in building a web site. He pushed forward despite the obstacles. While trying to solve the problem, he suddenly discovered how to do something he did not expect to accomplish with his current software and knowledge. He thus fulfilled his forgotten aspiration to include these very features.

It is the life response power of intention and effort and positive attitude (not being disturbed by the problem).

Premature Celebration Ruins

Never celebrate or glorify before a work is accomplished, or you risk complete failure in that endeavor.

Further comments: Humility and silence makes all the difference.

I just recently saw this unfortunate dynamic of one sports franchise (and their pundits) who celebrated before the game, preventing them from doing so after.

On Dealing with Life Repeating Negatively and Positively

Life repeats negatively until we break the habit or aspire for a different direction or simply recognize the repetition and not want it anymore. Positively we can reinforce the repetition by becoming aware of what in us created it positively. It repeats because the energy set in motion comes round and round again as it is not hindered, until there is an inner change one way or the other.

User comment: How we can aware negative change positive?

Response: To change negative to positive, we need to first identify how life repeats negatively in our own lives, and then take to corresponding new behaviors & consciousness, which will avoid negative repetition and make things positive

Ego and Problems We Attract

Ego overwhelmingly dominates so much of our moment-to-moment lives. And we wonder why we attract so many problems!

Focusing on Others Overcomes Ego and Selfishness

'Our ego and selfishness towards others can truly begin to wane when we imagine at any moment what the other person is feeling, what is on their mind, what would be best for them, not one's self.

Connectedness of All and Synchronicities

We think that things in the world are disconnected, chopped up into unrelated pieces. But everything is connected with everything else which is why synchronicities are such a common experience of life.

Predicting the Future and Current Subtle Events

Through an awareness of the subtle confluence of events one can predict the future.

Needs if Body Tether Us to Time

The appetite and hunger of the physical body holds one in the grip of time, not timelessness.

Movement from Flimsy Religiosity to More Compelling Spirituality

As people become more educated and therefore more mental, the flimsiness of the spirituality of traditional religion will progressively reveal itself, leading to their decline. Yet that opens the door for a richer, more encompassing, more profound spirituality; one that any individual can experience, and on one's own terms.

The Secret vs. Life Response

The Secret as presented in the video and film is a subset of the Life Response phenomenon. However, the True Secret (which Garry Jacobs explains in his site and articles) is the same as Life Response.

On Short Film 'Validation'

It's a wonderful and clear little film that brings out so many things

-about our sense of self-worth

-about what determines how we feel about ourselves (whether outer-determined rather than inner)

-about the need to develop a greater depth of being rather than having a facile positive view of life

-about our ability to change ourselves, from say a surface orientation to something deeper, when we perceive our limitations in our happiness and being

-about how we often go through a period of darkness to make that transition

-about how if we make that inner change and express it (whether through greater depth of character or through self-givingness), we suddenly attract positive results from life

-about how Romance can compel us to become better persons if we seek out that possibility when it presents itself.

The Positive Influences of the Subliminal Being Within Us

Sometimes when you wake up you discover you have the complete solution to a problem, or you awake with something new in your mind that is of considerable benefit that you can now implement. This knowledge comes from the Inner Mind, also called the Subliminal. The Subliminal is a very positive part of the subconscious nature that percolates positive thoughts, insights, and suggestions to the conscious mind. It is also in touch with the superconsciousness that surrounds all and everything, and which knows all things beyond space and time. That is why from the Subliminal you receive indications of new possibilities, of what you could do or could occur in the future, or what the truth and necessity of things have been from the past.

The Subliminal, the Inner Mind sits astride the Subconscious being, which is a vast container of lower consciousness elements, including acute pessimism, unwillingness to change, and in general the seat of darkness in our being. However, as we rise in our own consciousness, such as by connecting to the spiritual Force, the Subliminal garners a more heightened connection to the superconsciousness, which causes it to percolates even more positive influences and information to our conscious mind. And that includes messages that come to us through our sleep process that causes us to awake with new insight.

In addition, this heightened connection of the subliminal to the superconscious enables the lower consciousness Subconscious being to become more conscious, shedding its lower elements. Thus, the subconscious becoming conscious is one of the keys steps for growth, evolution, and transformation of our being.

Non-Reaction Reversed Negative Situation

An individual I know practiced non-reaction after a great business opportunity suddenly soured. As a result, a few hours later all that had fallen apart had come back together, and then some. When you remain very still when negative circumstance present themselves, Life has a way of quickly righting itself.

Ignorance, Knowledge & Sri Aurobindo's Yoga

We must move from Ignorance to the Integral Knowledge. This is a foundation of Sri Aurobindo's Integral Yoga.

Seeing Other's Position as Diverted, Not Opposition

From the physical perspective, most of you believe that your beliefs are the right ones, and if you disagree with someone then they must be wrong. But from the Nonphysical standpoint, it is not seen as right and wrong. It is seen as the powerful diversity that stimulates thought, and from the Nonphysical perspective, you enjoy that diversity. (Abraham)

Comment: Excellent and very true thought. It is the omnipresent Reality beyond our perception of reality.

Dark to Light to Divine Money

Money can be dark or divine in the extremes. When money is considered greater than Man, it becomes Dark. When it becomes an instrument of man, it sheds this quality and becomes Light, refined. When it becomes an instrument of the Spirit, it becomes fully Divine Money. (paraphrase of Sri Karmayogi)

Validity of the Justice System and the Law of Life Response/Karma

[A question has been raised as why we need the justice system as negative karma will come upon the person who has acted wrongly or evil. I.e. life will respond and he will receive his just deserts.]

Life Response dynamic is due to Energy change that is then neutralized and put into equilibrium by the response. It can happen positively and negatively. Psychological strength is one of the determinants of life response. A person can take to strength positively or negatively. Life will respond to that strength; including the strength of evil. In that sense, life response is neutral, amoral; not moral.

At another level, or from a different perspective, negative energies come back on one. It can occur in a short period or a very long one. Many can suffer in the process if it takes a long-time. It is the Law of Karma which is another way of describing Life Response.

Such distinctions can help us decide if the justice and prisoner system doesn't mean anything; i.e. justice will come to a bad man anyway through karma process. The fact is that the justice system is there as much to protect the citizenry from bad people or bad actions as much as it is to punish the criminal. This will be critical if we consider it may take a long time for a negative action to come back on the perpetrator through the law of karma.

Hardships as Grace

Grace comes to people in the form of threat, pressure, abuse and what not. If we trace back history, those who sustain such hardships evolved beyond measure. It is true with Japan's development after the attack on Hiroshima and Nagasaki. It is true with Lee Iacocca and all strategic Victorians. Kamal Hasan is no exception. It is grace for him to emerge as a real Ulaga Nayagan. (Nedurmaran)

Mind's Ignorance, Not Illusion

Sri Aurobindo indicates in The Life Divine that there is no such thing as Illusion as the Indian tradition has it. Rather it is the Mind's Ignorance. And we must move from Ignorance to Integral Knowledge.

Matter as Substance of Consciousness, Conscious-Force

Matter is substance of consciousness. Matter is actually substance of the original Conscious-Force (Chit of Satchitananda) that is Consciousness.

Intersecting Negatives and Tragedy

Two or more intersecting negative forces at odds creates tragedy.

Lost in Past, Instead of Ever-Present

As I was coming from the other direction, a man walked by me and in a friendly manner with wide smile said hello. I did not fully respond, as my attention was elsewhere. I was lost in the past instead of being fully engaged in the Now; the ever-Present.

Life as Cosmic Play of Coincidences

Life can be likened to a cosmic play of "coincidences" put on for our benefit.

Matter, Division, Atomic Existence

Matter is extreme division of Energy into atomic existence.

Learning the Keys to Success from Our Current Status

It is fully true that individuals learn from their experiences. A successful undertaking will reveal many of the processes and capacities that enable success. Thus we can learn from such achievements. It is also true that people learn from their failures. It is in fact often reported that their utter failures was absolute keys to future success, as they learned new lessons and what to avoid.

I would like however to suggest a third possibility beyond learning from one's success and failures. It is to learn from our current limited achievements. Namely, we can educate ourselves as to why we are currently unable to achieve at a higher level, and then devise strategies and make efforts to overcome them. As a result, we will be lifted by Life to a much higher level.

We know that aspiration, will, effort, right attitude, personal values, psychological strength, and skill ensure success. Thus, if we sincerely examine ourselves relative to these, we can fairly easily identify those specific areas where we are lacking. It will be there particularly there in our attitudes. Once we identify the limitation and make the sincere, persevering effort overcome it, we will rapidly move upward -- in terms of achievement, personal growth, and joy. In that way, we don't have to wait for some great success or difficult failure to learn the keys to accomplishment, as we learn from the conditions and status of the Now, directly applying them in the present.

If we also open to the Spirit and its Force at each stage along the way, we will not only accomplish at a higher level, but we will be taken to the stars. All told we will have turned the Inner Levers that shift us from our current finite levels of success, consciousness, and joy to its infinite-like counterparts.

User comment: Many of us still have an abiding belief in the power of externals such as degree, contacts, money etc. Even though we "surrender" to Mother, we still expect Her to act through these agencies. The expectation leads to losses.

Response: Yes. Thousands of years of internal programming compel us to believe in, trust in Life and its methods and resources - including degree, money, social position, status, other people, circumstance, even luck itself. It's very difficult to transition from these more surface, life planes to subtle/causal ones and have trust and faith in the divine Force, the Mother alone. This however can be achieved through Integral Yoga (conscious evolution process). And yet as devotees/believers we are fully capable of making small, steady strides in this direction without fully engaging in yogic effort.

When we are energized and joyful from the life response of the Force we will be compelled to trust further in that Higher Power. Sometimes, we are put in the position of being fully out on a limb, and asked to have faith. This will be the great test, and when we pass, we will be ushered into new, unprecedented levels of consciousness and joy.

Consecrating Generally Before and the Details After Meeting

Two ways to consecrate a short term endeavor, like a meeting: At the outset consecrate what is to come in general. "I offer this meeting to the spiritual Force, to you dear Divine Mother." Another is to consecrate the accumulated details at the end of the meeting. "We have now decided on x, y, and z, and I offer them all to You. May Thy will Be Done." Such approaches all but guarantee right or best results thereafter. It can be done verbally or silently, matching the temper of the occasion.

Apple Repeats Negatively

Life has a character. One of its principles is that things tend to repeat. They repeat until the consciousness changes, positively or negatively.

Apple, the founders of the computer revolution in the 1980s lost out in its competition with Microsoft Windows based PCs. It has become the PC with 90% market share; Apple less than 5. Now in the Smartphone area where Apple again pioneered, she is being dominated by phones based on Google's Android software. The market spread is rapidly moving into proportions mirroring the disparity between PCs and Apple Macs. Life has repeated, as the consciousness at Apple has not changed.

What did not change? In both cases -- Mac vs. Windows, and Mac vs. Android -- the founder Steve Jobs was unwilling to open the platform to allow other companies to manufacture based on Apple software. Why did Jobs take such tact? He believed in the integration and hardware and software for sure. But it may be closer to the truth that he was possessive in nature, and would not allow anyone else to use the Apple family jewels other than Apple itself.

Why was Jobs possessive? It is not certain, but one reason points to him being raised an orphan, leading to his highly insecure nature, and therefore the need to hold things close. That possessiveness and closeness threatens Apple once again. However, if she breaks out of the mold that Jobs established, it will overcome its repeating problem and thereby take to new, uncharted heights once again.

Anger Not Justified, Reveals Flaw in One's Nature

Anger always show a flaw or limit in one understands or power (i.e. weakness) hidden below that which we are angry about. No matter how justified anger seems based on what is occurring on the outside, it is an indication of one or more obvious or hidden flaws or limitations of one's being inside.

Consecration and Peace

Consecration done in the right spirit quickly brings deep peace.

Ego and Negative Life Response

Every Ego movement is instantly or soon after followed by a corresponding negative response from life.

Mastering Our Inner Selves to Accomplish

We search in the wrong place for answers to the secret of our lives. It is there right before us in the smallest and apparently least significant details. Our perfection is not measured in our conduct at moments of social importance when the eyes of the world are upon us, but in our attitudes to the smallest acts and least important persons. For what looks small and least important to our egos is Infinite. As Ganesh won the race around the world by circling his parents while his brother circled the globe, we need not travel the world to accomplish, but to master the world within ourselves. (Garry Jacobs, MSS)

Several Advanced Consecration Methods that Evoke the Miraculous:

- Consecrate wayward, negative unfoldings, events.
- Consecrate wanting emotions e.g. in a difficult situation.
- Consecrate a thought as it arises.
- Consecrate another's intensity.
- Consecrate anything that comes to one as "sharp" in life, whether physically, vitally, or mentally.
- Feel contrition and consecrate one's false past actions.

We Create and Accomplish Like the Creator

Just as the Creator created an infinite universe with its infinite diversity and multiplicity; its infinite potential of forms and possibilities, we can follow a parallel process in our own lives to accomplish infinitely and to experience infinite-like joy.

Moreover, the more closely we follow this process of creation and accomplishment, the greater and more joyful the results. I.e. the more life will respond to our efforts. And that response from seemingly out of nowhere will never fail to amaze; heightening our joy and delight of being to the nth degree.

Lesson from The Matrix

In the film 'The Matrix' earth civilization was actually an illusionary program created by robots, behind which was the real civilization that had been destroyed in their war against humans. Likewise, in life we live in and look out on a material world that is a clouding illusion of the true multi-faceted, integrated, unified Reality that is All things.

And just as an adventurer like Neo can learn from the visionary Morpheus to see the world as it truly was, we can learn from the spiritual prophets around us and discover the Reality as it truly is. In that way, we not only gain powers to dodge bullets, but we garner spiritual power that puts the entire world at our disposal.

Two Sides of Organization

Organization is great in that it creates the solid basis from which life can thrive; where creativity and success can expand endlessly. And yet organization can grow stale and wither, and thereby become an obstacle to our and the collective's further progress.

Uncertainty and Possibility

Uncertainty opens the door wide to possibility.

Finding Harmony Beyond the Contradiction to Enable Progress

One side takes a view on an issue. And the other side takes a counter view. Yet both sides need to find the resolution beyond the contradiction for ultimate harmony and the highest form of progress to prevail.

On Reactionary Forces In the World

Reactionary forces hold on, are allowed their full play by Nature so what they represent can be summarily rejected for all time.

Further comments: This indicates that one should never get angry with current conditions, as they are there for a purpose. We can do everything we can to improve them, especially through the spiritual Force, but not be bothered to the point of negative emotion.

In politics we see this dynamic. We blame the reactionary or foolish politicians, yet it is our anguish about it that is the root knot that prevents its resolution.

As we evolve we realize that the entire world is inside us, but we need to create the right inner condition to change it. It will then vibrate out, and the reactionary and backward forces will lose their grip.

The reactionary forces also hold on so we can see their backwardness from many different angles; in its multiplicity and variety. This is Nature's way of presenting "the Richness of their Falsehood." Then when the positive change comes it will be that much more integral and sweet.

Life Response Power of Clarity & Focus

As you clarify in your mind that which you want to achieve, focusing on the specifics to be attained, life suddenly brings forward corresponding opportunities for that to manifest.

E.g. an individual now more clearly realized he wanted to do a certain level of web development for his associates and partners, he now found a teaching tool that made that possibility far easier. In the past when he had searched for such a tool, it was hard to find or did not quite live up to his expectations. Now that he had greater clarity of the end goal, what he needed suddenly presented itself with equal clarity and specificity.

We want certainty, security, but the Adventure and Romance of Life is to embrace uncertainty and insecurity; all the while clinging to the Infinite Divine.

Education and How to Learn

The single key to education is not learning, but learning how to learn.

Sri Aurobindo Embodying Mind of God

Sri Aurobindo named Buddha, Krishna, Rama and perhaps Jesus as Avatars. But He Himself was beyond Avatar, as He embodies the Mind of God, being a messenger and direct instrument of an emerging Divine Life on earth.

Joy and Expressing Forms of Goodness

Joy is created most abundantly by being Self-Giving. Its forms are goodness, generosity, goodwill, and gratitude. They attract infinitely, and in the act of their performance bring fresh new sources of Joy and Delight.

No Title

You meet the people you need to meet in order to become the person you ought to be.

Means of Understanding without Thought

Through silence of the mind and light and intuition, understanding comes directly without thought.

Beyond Thinking to Consecration

As the physical work is replaced by the mind by thinking, thinking should be replaced by consecration. (Sri Karmayogi)

Non-Thinking, Thinking, and Energy

Non-thinking allows energy to collect while thinking expends it. (Sri Karmayogi)

No Title

Thinking will STOP when it realises that thinking narrows the process of enquiry. (Sri Karmayogi)

Power of Non-Verbal Sensation

Replacing thoughts by non-verbal sensations is a great progress. Non-verbal sensation is closer to consecration than thoughts well articulated. (Sri Karmayogi)

Catch, Consecrate Thought for Instant Result

For instantaneous results, catch the thought as it enters and consecrate it. (Sri Karmayogi)

Unity in Diversity

The truth is neither in separation nor in uniformity.

The truth is in unity manifesting through diversity. (The Mother)

Comment: There are two ways to look at life. One from a sense of ultimate freedom of possibility. This can be restated as diversity or variation. Another way to look at life is through oneness or unity. It is connectedness and harmony amongst the parts.

To combine these two aspects into one thing is very difficult for the mind. It can understand or be attached to freedom, without unity; or to unity without freedom's diversity. The world struggles with this too.

And yet for the individual and the world there is a compulsion for the two sides that is Unity and Freedom/Diversity to come together. In fact, this is the living ideal of India, which is expressed in its national motto of "Unity in Diversity," which is captured in the Mother's quote above.

Spiritually for us it means we can explore our infinite possibility as freedom, while seeing the unity of all part, peoples, and principles of life.

Ultimately in fact the two sides depend on one another for their expansion and fulfillment.

Ascend and Decent in Our Growth

Ascent followed by Descent are the dual movements of the process of the unfolding of evolution in creation. E.g. I ascend in mentality and come to know as an idea that it is important to take care of my body through healthy eating and right exercise. It then descends into the lower, physical plane when I actually materially, physically act on it, and then see the benefits.

System of Ideas Become Untruth Beyond their Time, Place

Each idea (or system of ideas) is true in its own time and place. But if it tries to be exclusive or to persist even when its time is over, then it ceases to be true. (The Mother)

Comment: This is the dynamic of anachronisms emerging in life - in ourselves and others. In the novel *Pride and Prejudice* the aristocratic Lady Catherine is a perfect example.

No Title

The Power that can accomplish anything directly having no urge for action is the real Power. (Sri Karmayogi)

Silence vs. Movement in Attracting

Movement attracts. Silence attracts more. (Sri Karmayogi)

Ancient Problems Dissolve in Timeless Consciousness of Mother

The Timelessness of Mother's consciousness is seen when an ageless problem instantaneously melts at its touch. (Sri Karmayogi)

No Title

The sun is in everyone's mind, not the million stars. (Sri Karmayogi)

Subtle Vision Missing in Rationality

Rationality believes in microscope, not in subtle vision. (Sri Karmayogi)

Mystery, Life, the Infinite

Mystery is the missing link between life and the infinite. (Sri Karmayogi)

No Title

Those whom we want to meet inside intimately we give up externally. (Sri Karmayogi)

Gratitude of Weak and Favor Asking

Gratitude of the weak leads them to ask for greater favours. (Sri Karmayogi)

When Death Arrives

Death arrives when the human life has outlived its usefulness. (Sri Karmayogi)

'The Vital Corporation' and the Soul of the Company

Throughout Garry Jacobs' and Fred Harmon's book 'The Vital Difference,' they refer to the Essence and Psychic Center of the company. In fact the entire book can be thought of as a meditation on the Soul of a company and how that Essence is built up.

Essence, Soul at Heart of Company

At the heart of an organization is an Essence and Soul of being, which defines its purpose. When that is either not well defined, or if defined is no longer followed, it begins to die, just like an individual.

Thoughts on Our Potential To Achieve And Grow

- You become that which you believe you can become.
- Our potential to achieve is infinite, but we only perceive the finite.
- All accomplishment is Inner; is made possible by the determinants of consciousness within our being; not the outer effort, circumstance, etc.
- We can accomplish at the level of survival, growth (more of the same), development (at a higher level), and evolution. We determine which levels we achieve at.
- There are psychological and spiritual qualities within us that determine outer achievement -
 - from aspiration, intensity, will, attitudes, values to silence, right perception of life, and opening to the Spirit.
- Knowing the inner subtle laws of life and living by them is what ultimately achieves.
- Achievement and growth has as much to do with what we aspire for as what we need to shed of our limited nature.
- As we develop in consciousness, our ability to achieve and grow increases proportionally.
- We can achieve and grow the most with the least effort in the shortest period of time by raising our consciousness. It is the great Efficiency of Life.
- Often when the outer responds to the inner, it occurs as sudden good fortune; i.e. as a Life Response.

Mystery of Accomplishment

Accomplishment is a mystery. Very often we are unable to see the relationship between our actions and their consequences. Sometimes our efforts are quickly and generously rewarded by life. Occasionally the rewards come even before we complete the required action. At other times, the more and the harder we try, the farther we seem to be from our goal. Then there are inexplicable moments when a work that was proceeding smoothly suddenly runs into trouble or a work that was stalled just as suddenly takes off. At rare moments, the veil concealing the mystery of accomplishment is lifted for a moment, revealing to us its deeper secrets. (MSS)

The Transcendent Mother and the Gods

This ["The Transcendent Mother"] is what is termed the Adya Shakti; she is the Supreme Consciousness and Power above the universe and it is by her that all the Gods are manifested, and even the supramental Ishwara [Creator] comes into manifestation through her - the supramental Purushottama of whom the Gods are Powers and Personalities. (Sri Aurobindo)

Comment: Thus Overmind (where Gods originate) and (higher still) Supermind are manifestations of Her. She is thus born previous to these, in the Conscious-Force (Chit) of SatChitAnanda.

Items that Quickly Attract Positive Conditions

- Taking to a higher value.
- Shifting from ego to non-ego.
- Shifting out of a wanting attitude.
- Acts of goodness and self-givingness.
- Feelings of goodwill towards others.
- Silencing unnecessary emotions and thoughts.
- Higher levels of cleanliness and orderliness.
- Embracing the work before instead of what you want.
- Intensity of aspiration and will.
- Taking to greater psychological strength.
- Withholding initiatives.
- Practicing non-reaction to another's intensity.
- Shifting away from blaming others.
- Taking responsibility.
- Remaining calm in a difficult situation.
- Practicing Silent Will.
- Feelings of gratitude.
- Making the full, exhaustive effort.
- Coming to an important decision.
- Taking a necessary, decided action.
- Embracing the truth of things, instead of covering it up.
- Feelings of contrition for past mistakes.
- Taking the other person's point of view.
- All manners of self-offering to the Spiritual Force (consecration)

Valuing the Essence of the Company Attracts Good Fortune

An exceptional personal value expressed in the right situation can attract overwhelming results. Two brothers owned a music recording concern. The first brother Crosby deeply believed in the studio and the services it was providing. The second brother Adam wanted to sell the company for a high price he was offered because his family expenses were piling up. However, the first brother Crosby expressing values of the Essence of the relatively new firm refused to sell. Suddenly out of nowhere his estranged girlfriend who he was once engaged to returned to him, proposed and they were then married. Crosby's higher values toward the studio attracted the girlfriend who had broken his heart, but which was now mended, and then some!

Attitudes Distorts Our View, Reflects in Outer Life

Our wanting attitudes - about others, self, life - distort our view of existence; of the conditions, of others. Also what manifests before ourselves is a reflection of these same attitudes and beliefs -- positively and negatively.

Outer Mind Makes Snap Judgments vs. Inner Mind Patience for Truth

We make snap judgments about others based on first impression qualities that remind us of, relate to others we have known, similar conditions, and the like. But that is the method of the outer, sense mind. The inner mind waits patiently for more truth to present itself, and it does.

Stationary Life Overcomes Space, Mind Living in Present Overcomes Time

Stationary life that needs no shifting of places is overcoming Space, through its nearest expression. Mind that refuses to go to the past or future is its counterpart that overcomes Time in a similar measure. Overcoming Time in the right sense of the word is to be ecstatic in the present. (Sri Karmayogi)

User Comment: Sir, in the book "Autobiography of a Yogi" it is stated that Kriya Yoga as stated by Lord Krishna "Offering the inhaling breath into the exhaling breath and offering the exhaling breath into the inhaling breath (I presume this is the process by which everpresence is practiced), the yogi neutralizes both breaths, thus he releases prana from the heart and brings life force under his control". Before Sri Aurobindo, the process of consecration was vaguely explained in Gita like this and the resultant control of life force is the outcome of consecration. This is my understanding.

Response: Perhaps we can say that the self-cancelling of the breaths in the method of the Gita puts one in the ever-Present (from which consecration is activated and therefore past and future karmas are overcome).

Power of Being in the Now

Today my car was blocked by another auto very early in the morning when people were asleep. Thus I could not get to a very important meeting. It looked grim. I put these thoughts aside, and took to what I could do. There was a number to call that I saw, which I did. Suddenly the person blocking appeared from out of nowhere resolving the problem. I then turned on the radio in the car and the first word out of the announcer's mouth was "consecration." I was astonished and joy-filled. When you focus on the details of the Present, the Now and not worry about the past or future, miraculous-like conditions quickly presents themselves. Calm consecration aids the process.

When Physical Person Changes

A physical consciousness type person tends not to change until Life smashes him to bits.

Children of Great Men vs. Great Souls

Great men are mostly followed by their children at a higher level. Great souls are rarely followed, never by their children. (Sri Karmayogi)

Love of Children and Selfishness of Flesh

Love of children and love of grandchildren is love of one's own flesh, an intense physical love of selfishness. (People who are incapable of it are still capable of intense affection.) It is selfishness pure and simple. (Sri Karmayogi, slightly modified)

Controlling Ego to become More Rational

When we are rational we are open to the many-sided truth of things, of a matter. When we are irrational we only consider a tiny, small part of things, as our lower physical and vital nature acting through the ego blocks out all other parts of the truth. Thus control Ego and you will become more rational, and perceive the truth of things, of a matter as they truly are, from its many sides. It is as Sri Aurobindo calls it a movement from Ignorance to Integral Knowledge.

Benefits of Focusing on the Present Conditions; Being in the Eternal Now

Ordinarily in our moment to moment lives we are thinking of things relative to present conditions, as well as past ones and future ones. It creates a huge ongoing burden on our nerves, psyche, thoughts, etc. However, if we concentrate only on the present conditions, on what life has put before us, what the needs are now, our mind tends to be more focused, more relaxed, will tend to do more things in the right way, and there will be less tension in the nerves as we are not so burdened by concerns of the future and past.

Also, ironically and most interestingly, if we watch closely we will see that this new center of awareness will put past and future at our disposal as results from them start changing, and therefore affecting the Now. In other words, life will respond in our favor in the present, as it relates to existing past and potential future conditions and circumstances.

We can thus think of living in the present as the Eternal Now. We are focused in the present, without being bothered by other time concerns. So it is a form of timeless living, unburdened by time, yet with the ability to garner all of the necessities from All-time -- past, present, and future -- into the Present.

I also find focusing on the now in tandem with silencing the mind very calming and refreshing, whether in the midst of work or when taking a walk. As a result of these two, our mind opens to vast knowledges through inspiration and intuition, and our center inside is much more aware of life's conditions and its unfoldings.

(I have been making some experiments lately in this domain and hope to report back in future in terms of the experience and the life response evocation. E.g. in my walks I just focus on the steps I am taking and that moment to moment existence and nothing else. In tandem with silencing the mind, it creates a very nice condition for just "being" and if motivated to do so for calling the Mother for a particular purpose, or for no purpose at all. It becomes a great part of the day. Let's then see how life responds.)

Rearing a Child In Great Goodness as Devotee

To be a strong devotee of great goodness, one needs the ability to rear a child without abusing, frowning, or feeling frustrated. (Sri Karmayogi)

Parents Disgusted by Child What They Could Not Do

When parents deeply regret or feel disgusted with the behaviour of their children, the truth is what the children do now only reflects the deep wishes of the parents which they could not enjoy. (Sri Karmayogi)

Practical Ways to Attain Supramental Consciousness

- Consecrate often and for all conditions
- Take the other person's point of view
- Live moment to moment in the eternal Now, forgetting the past or future
- Take to Silence of thought in the mind
- Conceive of Infinity in the current finite
- Have complete faith in the Mother that is Surrender

Consecration Gives One Access to One's Knowledge Across Multiple Births

While consecrating, one will be able to access the essence of the knowledge gathered over various births as sparkling ideas for the present problem (an aspect of ignorance). The knowledge available to any individual on any aspect of ignorance may even go beyond the essence of experiences of various births. But if this Bounty of knowledge descends to a person, it may be called as Brahma Jananam, the divine grace. (Nedumaran; paraphrase of MSS)

Comment: My inquiry is about the multi-birth acquisition of the knowledge (which has become integral). Sri Aurobindo addresses this in the two chapters on rebirth in Life Divine. I.e. it takes multi-births to acquire integral knowledge and move out of the Ignorance. That is why there are born geniuses. Here at the outset of this thread we are saying that Consecration

does the work of multiple births, giving integral Truth knowledge through Truth Consciousness (Supermind) which the consecrating opens us to. This is one thought.

Author: Yes sir, Consecration is capable of enabling us to access the integral knowledge what one would take many births to acquire.

Intuition; Subliminal Influence of Inner Mind

Intuition is where knowledge comes into the mind from the universal plane without any thought on our part. Einstein perceiving $e=mc^2$ occurred as an intuition of knowledge without thought.

Besides Intuition there is the subliminal influence of the inner mind which guides one on the right direction and avoids the negative, as in the case of your business example. When we experience life on the surface, the inner mind and vital have a deeper perception of what is going on at that moment. It sends these messages to our surface consciousness, which we can utilize for right understanding, perception, insight, and decision making.

Rational People, Ego and Truth

Rational people shift from Ego to Non-ego in the light of truth. Irrational people sustain it.

Attracting Prosperity through Self-givingness and Maximum Effort

How to increase our prosperity? If in our paid work we can rise to the point of utter self-givingness towards others while exhausting our physical efforts, life will present us with never-ending opportunities, matched by a vast rise in wealth.

Consecration Deepens One's Consciousness

As you consecrate more often, your center of consciousness deepens, and as a result you become more aware, enabling you to catch ego movements, and thoughts and acts of selfishness.

Birthday (by Sri Karmayogi)

Indians do not celebrate birthdays. Pious people go to the temple and conduct a special archana on their birthdays, not according to the English calendar, but according to the star of their birth. Celebration of birthdays has become universal as part of the several new-fangled Western habits that are becoming popular. What was common in Indian households was the celebration of the first birth anniversary of the child and the sixtieth birthday which would be a mini wedding festival.

These are the celebrations of the birth of the body. The birthday I speak of is the birth of the SOUL at a higher level than this embodiment will permit. In our tradition, the Soul is not born except when it leaves the body to be reborn elsewhere. For one who takes to spiritual initiation, initiation is considered as the second birth, the first being the physical birth. Even this second birth will set the man on his search of the soul.

Initiation as well as realisation are supposed to give a further lease of life equal to what he has so far lived. In a conscious person, conscious of his soul, on the birthday the Soul seeks a rebirth, a birth into higher consciousness. Celebration of his birthday is the celebration of this higher birth. It is not necessarily once in twelve months. It may be earlier depending upon his own awakening in the Soul. For those who do yoga, it is a yogic possibility that they can be reborn everyday. Others find such men wiser than their years. One Muni who saw Sri Aurobindo called Him Puradhana Purusha and explained that in Him he found the wisdom of 500 years. Maybe He was reborn in His Soul 500 times in this birth.

Comment: Karmayogi is indicating that when we dramatically rise in consciousness, it is a rebirth for us in THIS life, and this is what we should honor/celebrate.

Harmony and Life Response

In a problematic situation, movements from ego to harmony attract enormous positive response, resolving the problem and then some.

Two brothers were trying their best to support their first client under difficult circumstance. The siblings each pulled in their own direction, and the client now seemed likely to cancel their engagement. However, the two brothers, resigned to the fact that they had lost the client still made the effort to resolve their personal differences. Suddenly and most unexpectedly the client arrived on the scene and proceeded to have a wonderful engagement with the two brothers utilizing the new firm's services. Now the partnership had secured a very solid first client, and was well on its way to success.

True Scientific Method that Embraces all Planes

Scientific method is a good thing. Just perceiving the material plane as first cause without examining any others -- whether vital, mental, psychological or spiritual -- is to abuse the scientific method, which is to be open to possibilities and to test and verify them. Thus too often Science is not practicing the method it preaches.

Taking to Another's Side in a Debate Is Harmonic, Opens Possibilities

When people debate issues their egos dominate. Either by taking a side and being closed to another's knowledge; or holding onto to a point of view based on one's experience alone; or as the result of the influences and needs of one's lower vital and physical nature. Truth begins when one opens to the other side, to what one does not know. Harmonic association with the other party opens the mind to wider possibilities, including additional knowledge from without, and intuitions of knowledge without thought from within. All are steps to acquiring the many-sided Truth of a matter. They are points of the spiritual evolution of the mind.

Awakening into Knowledge that Brings Continuity of Earlier Experience

Awakening from ignorance is like waking from sleep. Ignorance in particular aspect is like sleeping. When you get the touch of knowledge in that particular aspect, you have the continuity of the earlier experience in that particular field like how we continue our affairs of previous day or previous time before sleep. Consecration will bring the awakening. (Nedumaran; paraphrase of MSS)

No Title

Reorienting our lives around Her is the great daily challenge.

Living in Now

Living and focusing on the Now and its needs relieves one from the tension of addressing the future.

Eliminating Expectation

Remove EXPECTATION in as many areas as possible, great or small. (Sri Karmayogi)

Perfecting Work & Our Relation to Family

Business is a part of life which includes family, relationships, society in general. We cannot achieve perfection in work if there is dirt or disharmony at home. Cleanliness, Harmony and self-discipline at home are as important as they are in work. We cannot achieve prosperity in work if personally we do not discharge our rightful responsibilities to family, repay our debts, restrain our personal impulses. Ideal expression in work should be matched by ideal expression in relating to others personally. A successful businessman accepts that the customer is always right and should be pleased at all cost. The same attitude extended to family is much more powerful. (Garry Jacobs, MSS)

Doing the Work Inside

Overview:

The real work is inside, which means in taking the right attitude, arriving at the right understanding and consecrating each act to Mother.

Action:

Action should only express what we have completed inside in the measure it is our responsibility to act or it is sanctioned by life. Do the work inside and wait for confirmation before acting outwardly.

Difficulties:

- Discover the inner correspondence for every external difficulty and resolve it within oneself.
- External disputes are signs of inner work left incomplete, inner conflicts unresolved.

Opportunities:

Create new opportunities externally by giving a greater opening with greater faith internally. (Garry Jacobs, MSS)

Overcoming a Failed or Non-Completed Work

When a work fails or does not get completed, there are multiple possible reasons for it. Insufficient aspiration, energy, organization, skill, wrong attitudes or actions may explain it. Identifying the insufficiency or wrong element and correcting it can convert failure into success. Consecration is the spiritual method for identifying the weakness and rectifying it inwardly by invoking Mother's Power and offering the wayward element to Her. Work gets completed when both inner and outer conditions are fully met. If an earlier work failed, consecration of it now will reveal the reasons and rectification of the deficiencies will either revive the past work or bring a greater opportunity now. (Garry Jacobs, MSS)

Askance View of American Capitalism and the Rise of Socialistic Values

Many in Asia are now saying they want US prosperity but without the great instability that comes from the US due to its rampant financial speculation and other limits. A material-based economy short on values is a disaster waiting to happen. That is why socialism rose, as it knew these dangers. The salvation of capitalism may very well be the adoption of higher, socialistic values. Then it might no longer be capitalism, but something new in the world.

India Rising in Prosperity, but with Higher Social and Spiritual Values

Sri Karmayogi tells us that India should value prosperity without taking on the lower US money values, but instead engage in wealth creation in tandem with its own deeper spiritual values. He has explained it in great detail in his book 'Spiritual Opulence.' I think anyone would love this volume if you have not seen it before. It covers much about India rising out of its poverty in tandem with high spiritual values.

Value of Goal Setting Instead of Habit, Mindlessness

Since the setting of personal goals can change from day to day, it is a way to focus and take us out of repeating bad habits and meandering mindlessness.

Pioneer Advocates Values Society Subconsciously Embraces

Great leaders, organizations are often committed to new or elevated Values that the society is subconsciously waiting on and ready to embrace. The leader, forward thinking organization pioneers this and the collective follows.

Not to Be Respected by, but to Learn from Others

The right consciousness is not yearning to be respected by others, but a sincere desire to learn from them.

A Work Abandoned Out of Necessity Blossoms Greatly Later On

Sri Karmayogi has indicated -- and I have seen it in action a number of times -- that when we take up a work, such as a great opportunity, and cannot finish it then, due to e.g. other more pressing needs that have come up, that when you enjoin it later on, even decades later, the whole work starts blossoming before your eyes with enormous power despite the long passage of time. It is because the Essence is there, which does not leave, but remains waiting to be restarted. When it does, all the original energies are released, and then some. I am experiencing this dynamic right now in a big project.

Low Financial Values Threaten Stability of US

(on how the US and capitalism can possibly collapse economically and otherwise like the USSR, as indicated recently by Michael Gorbachev)

US is very material. People who control money have vast power. Uncontrolled power. That lack of control pulled down the West the last three years to near depression levels. It can happen again, even worse. The Great Depression brought the West to its knees in the 1930s during a time of plenty. It can happen again. It almost did three years ago. Controls are still not in place. People with money have power and leverage; blocking control; deflecting the issue. The people being ignorant of these complex details follow blindly. The nation values money above all things. They must bring their higher values to the fore and make them dominant. The whole financial system can come down in several hours the way it is now rigged without speculation controls. It's a very dangerous game all hinging on uncontrolled financial speculation.

Opportunities that Advance vs. Frivolous Ones

(on taking up opportunities that present themselves)

One must discriminate between those opportunities that come to truly advance your life, that seems to be targeted by the Higher Consciousness for your growth and progress and those that are frivolous or not really targeted to the needs of your being. If one is sincere about where one is in their development and what is helpful for their growth, such discrimination will be easier. One also needs to be aware of the subtle ways opportunities present themselves. Often they do not shout out, but quietly whisper.

Identifying with Supreme Makes Movements Inner

"Human consciousness responds to outside matter. Identification with the Supreme makes all movements inner." (Sri Karmayogi).

Potential Complete Collapse of USA, Capitalism

Michael Gorbachev has recently warned the US that it could be on the verge of a complete collapse similar to the disintegration of the former Soviet Union. Keep in mind that the Mother several times in the 1970s mentioned the likely coming collapse of Communism and Capitalism. The recent financial catastrophe may be a first indicator of the latter (which incidentally has been followed by various environmental and natural disasters that have visited the country). Of course this could all mean that the US will evolve into Something Else, which might not be a bad thing at all.

Life Response and Making Right Cross-Road Decisions

Life response can simply be about making the right moment-to-moment decisions by bringing the right consciousness to bear; i.e. taking to what is helpful over what is harmful; what is beneficial to others over one's own self-interest; what is positive and upbeat over what is negative and pessimistic; and what engenders calm and patience over what is rash and impulsive. That turns one's existence into a life of micro miracles throughout the day, which will energize one to no end, creating a life of absolute wonder.

In addition, if you are constantly consecrating activities, then life will either show you at once what to do or will bring the right conditions for you. In other words, it's a shortcut to right crossroads decision making, as it is made for you.

Affecting Global Events from Within as Universal Beings

We can influence world events by opening to the spiritual Force and by changing corresponding wanting attitudes, reactions, and feelings. It is so because we are not only Individual beings, but are secretly Universal beings as well, with that inherent cosmic power over life. In this way, we can quickly and comprehensively overcome problems in the world, rapidly accelerating human development.

Financial, Economic Crisis Forces People into New Attitudes, Values

Due to the acute financial and economic stress over the last four years, here in the West we are beginning to see vast changes in attitudes and values with regards to money, jobs, employment, and wages. These changes are causing people to look at new ways of resolving current problems -- individually, collectively, cooperatively and harmonically. This is happening at the Macro level.

At the Micro level Individuals are realizing that by elevating their own consciousness in various ways they can rapidly attract creative, dynamic, and even unprecedented solutions to the economic and social problems that have arisen.

Together the macro and the micro can usher in a new level of psychological and spiritual maturity in the West beyond the mechanistic, the empirical, the material, and the surface that has almost exclusively guided her till now.

Take Up Serious Initiative from Life

If something comes to you that reflects a serious initiative from life, then you should take it seriously.

Miracles are Just Not Understood Phenomena

There is really no such thing as miracle; only phenomena whose processes we do not understand.

Ubiquity of Absolute

The Absolute is everywhere. (Sri Aurobindo)

Infinite of Finite

Every finite is an infinite. (Sri Aurobindo)

Supermind Sees from Beyond Facts, Phenomenon; but Inside Truth

The supramental being sees things not as one on the levels surrounded by a jungle of present facts and phenomena but from above, not from outside and judged by their surfaces, but from within and viewed from the truth of their centre. (Sri Aurobindo)

Squandering Our Energies at Various Planes

We squander our energies in so many ways, which express at various planes of our being. E.g. we waste MENTAL energy by engaging in needless thinking, when at those moments our minds can be still and at rest. We waste VITAL energy by wanting and expecting too much; by holding onto our negative attitudes; by engaging our ego; and by involving ourselves in too much superficial association and emotional interaction with others. We squander our PHYSICAL energies by indulging in unwholesome activities or even involving ourselves in certain so-called wholesome acts. Not only do we exhaust our energies at each of these

planes, but if the reduction is substantial enough, we can evoke negative response from the world around us.

With this in mind, examine your own life, and consider which mental, vital, or physical activities -- whether inner or outer -- are sapping your energies, preventing you from accomplishing at a higher level, and radiating happiness and goodwill toward others. Once you gain control of that wasteful behavior, you will see your energy level take a sharp turn upwards, providing you with a new spring in your step, a greater flare for life, and a more-permanent smile on your face.

Expressions of the Integral Divine Living

To be in the being of all and to include all in one's being, to be conscious of the consciousness of all, to be integrated in force with the universal force, to carry all action and experience in oneself and feel it as one's own action and experience, to feel all selves as one's own self, to feel all delight of being as one's own delight of being is a necessary condition of the integral divine living. (Sri Aurobindo, from 'The Life Divine')

No Title

Disregard a negative that bothers, and that problem will soon evaporate. (In that way you can affect the life of the community.)

What Divine Wants

Not what I want, but what You want of me.

Difficulty to Rise Above Made Easy through God Contact

All things seem hard to man that are above his attained level and they are hard to his unaided effort; but they become at once easy and simple when God in man takes up the contract. (Sri Aurobindo)

(It's a situation familiar to most of us, and yet what a wonderful solution!)

Supermind

Imagine if the current mind you know is replaced with another one that is far vaster than anything that has ever existed. That knows all things, all individuals, all ideas in any combination instantly. That is what Sri Aurobindo calls "Supermind," a plane beyond rational mind, and even light and intuition. It is Truth Consciousness; that simply knows what it wishes to know from within instantaneously. An omnipresent Universal Consciousness of Unity within.

Consecration that Enables Depth/Soul that Opens Mind to Spiritual Mind

Consecration, i.e. opening to the spiritual Force facilitates the process by which we experience the attributes of spiritual mind. That act causes us to move to a deeper poise, culminating in the evolving Soul (the source of the "inner flame"), which in turn causes our mind to expand upwards to the spiritual planes of mind of light, intuition, and supramental perception where we tend to know all there is to know about a matter in a flash, thereby overcoming limits of space and time, bringing the infinite into the finite.

Proselytizing and Teaching

The greater the proselytizing, the shallower the teaching.

On Trusting

Whom you don't trust will become untrustable, or related.

No Title

As if a childlike finger laid on a cheek
 Reminded of the endless need in things
 The heedless Mother of the universe,
 An infant longing clutched the sombre Vast.
 Insensibly somewhere a breach began:
 A long lone line of hesitating hue
 Like a vague smile tempting a desert heart
 Troubled the far rim of life's obscure sleep.
 Arrived from the other side of boundlessness
 An eye of deity peered through the dumb deeps;
 A scout in a reconnaissance from the sun,
 It seemed amid a heavy cosmic rest,
 The torpor of a sick and weary world,
 To seek for a spirit sole and desolate
 Too fallen to recollect forgotten bliss.
 Intervening in a mindless universe,
 Its message crept through the reluctant hush
 Calling the adventure of consciousness and joy
 (From Savitri by Sri Aurobindo, Book I, the Book of Beginnings, Canto I - The Symbol Dawn)

Freedom in Romantic Relationships

The spiritual perspective of relationships is to allow for maximum freedom and space for the partner. It is a powerful concept and ideal, difficult to realize, but well within our grasp.

On the Need for Freedom in Romantic Relationships

The spiritual perspective of relationships is to allow for maximum freedom and space for the partner. It is a powerful concept and ideal, difficult to realize, but well within our grasp.

Expanding the Bounds of Trust and Freedom in Romance

"Romance is a vibration that can only exist in an atmosphere of trust and freedom. That is one reason why it appears at the onset of a relationship and then disappears as commitments are made and responsibilities accepted. Romance is an adventure freely undertaken and an emotion of self-giving freely offered when nothing is assured, nothing guaranteed. Conditions, demands, doubts, suspicions and restrictions chase romance away. Extending the boundaries of trust and freedom you give your partner within the relationship to the maximum extent possible creates the best foundation for romance to flower.

(from 'Unfailing Strategies for Love & Romance' at Romanceeternal.org)

Freedom of Women, and Potential of New Relationships with Men

Karmayogi says that modern man, as the masculine principle, is only now surrendering authority to the woman and granting her full freedom. He wants the woman to serve the needs of his ego and has used authority and dependence to enforce it. Now woman is becoming economically and socially free and independent. She is no longer bound by compulsion to a single man. As the creative principle of delight, she loses the restraint and offers delight to the cosmos as a whole, no longer to the individual ego. Man feels the loss of authority, yet he consents. Why? Because he aspires for the love freely given by a fully formed individual like Eliza Bennett [in *Pride and Prejudice*], not the clinging dependence or subordination of a half formed personality. He can only have that when woman is completely free and developed in her own right.

Marriage, Freedom, and Types of Relationships

Karmayogi has suggested that marriage itself is a mere social institution, without having any fundamental Truth basis. Thus, we are free to have any types of relationships we please; and that freedom will increasingly express itself in the course of human evolution.

India, US, and Marriage

Karmayogi has said that America is doing everything to destroy marriage, while in India there is a certain need to reinforce the family for greater security and richness. Different societies are at different points in their development, requiring different forms of progress.

How the Mind Tends to Judge in One Direction

We are usually ignorant of a fool's good qualities. Mr. Collins in *Pride and Prejudice*, being a fool in many ways has several virtues we are ignorant of, including his punctuality, his determination to make a place for himself in the world, his loyalty (though gone to a ridiculous extreme), etc.

More generally, we tend to be ignorant of negative individuals' positive qualities. E.g. brutish Nixon, who created so much mischief, went to China and opened doors there.

That's why we need to be very humble when judging others. E.g. imagine if none of the Bennets had negative feelings (contempt, fear, sarcasm, etc.) towards Mr. Collins when he was visiting. They could have avoided the turbulence caused by the threat of his inheritance of Longbourn. Life would have responded more positively - and likely through him.

Ignorance does not see the total picture, let alone the deeper truths. Our mind tends to run in one direction. If someone is perceived as negative, then the mind stays only along that line. (The same towards positive people.) Also, the mind is not discriminating, as the vital feelings get in the way, and again leads one's thoughts into narrow places. That's why coming out of Ignorance is so essential in Sri Aurobindo and the Mother's teachings and yoga. It opens our minds to the many-sided truth of things -- which enables right understanding, feeling, decision making, and actions, -- culminating in the unity consciousness of supermind that perceives the utility of all things and all qualities.

On Romance 1

Romance is the soul's love for God in all souls. (Karmayogi)

On Romance 2

Romance is the adventure of emotional idealism. (Karmayogi)

Determining Our Next Birth

(extracted from 'An Analysis of Sri Aurobindo's 'The Life Divine' -- chapter 44: Rebirth and Other Worlds; Karma, the Soul and Immortality -- by Roy Posner)

What determines the character of the New Birth [our next birth after physical death and we are ready to take on a new birth]?

Sri Aurobindo says that the character of the new birth would be decided by the Soul itself.

Just as the mental, vital, and physical have their assimilation and resting places (after physical death), so does the Psychic Being; the Soul of Personality accumulated. Therefore, from its psychic resting place in the Intermediary Plane, the (evolving) Soul would draw back into itself and await its new stage in the internatal evolution.

But then how then would the Psychic Being, the Soul of Personality prepare Itself for the new birth? What would be the basis of its future actions in new births?

Sri Aurobindo answers that the Psychic Being prepares for itself whatever is needed for the next step in its evolution, the next formation of personality; the step in growth of the being towards its destined self-unfolding in Nature. [Based on the latest status of the Psychic Being,

there is a determination by itself of what would be a further evolution of its being, the next step of growth of its own soul of personality in its evolutionary journey.]

Once that is determined, then in each return to earth, the Person, the Evolving Soul makes a new formation, builds a new personal quantum suitable for a new experience, for a new growth of its being.

Sri Aurobindo also indicates that the next stage of the development of the evolving soul, the psychic being is not purely dependent on that soul being, but other factors that come into play. To this point, he indicates that that since the action of the cosmic Energy is complex, there is also the effect of circumstance, the need of the being, and the intention of the cosmic Power in determining the future action for the psychic being, the soul of personality.

[When the personality has assimilated and is considering a new birth, the universal energies including circumstance and the cosmic forces and needs play a role in determining (beyond its own self-aware needs and intentions) if and how the new birth of the Soul of Personality would take shape.]

He then clarifies the point about the impact of cosmic forces and says that there is a logic that the Infinite divine follows, and it has a bearing on the future direction and growth of the Psychic entity and soul. In particular, it is Conscious-Force (Chit of Sat-chit-ananda) that also determine the nature of our rebirth.

Imaging Who You Will Be before One's Birth

Before you can live anything, in what you are calling physical manifestation -- you have to have conjured it in vibrational form. You have to have imagined it before it can become a reality. Everything that you are living here in this physical body, you have imagined the essence of it before you are living it. (Abraham)

Comment: It explains the points of consideration between rebirth.

What Love Is

Attachment is not Love. Love is Love.

Marriage is not Love. Love is Love.

Fidelity is not Love. Love is Love.

Infatuation is not Love. Love is Love.

Possession is not Love. Love is Love.

Then what is Love?

It is the Adventure of the Heart.

It originates in Freedom, and consummates in the intermingling of two Souls.

Parents' Interference with Children

Interference by a parent of a child's relations often attracts negative circumstance.

Reappearance of Negative by Recalling It

Gleefully recalling a negative of the past will cause it to suddenly reoccur in the present.

Education and Thinking

Education is not the learning of facts, but the training of the mind to think. (Albert Einstein)

True Service in Work and Self-Givingness

How can we take the work we are engaged in and make it a greater expression of true service that matures into self-givingness?

Life Plan Based On Serving Others

Build your Life Plan from the starting point of "how can I better serve others."

Think About Serving Not Earning, which Will Attract

Thinking about ways to earn more money can repulse it. Thinking about ways to serve others tends to attract it. The former can be an ego movement; the latter a harmonic one that evokes positive response.

The Integral Yoga Process

Sri Aurobindo and Karmayogi indicate that there is an outer mind and an inner mind. The outer is our normal consciousness. Through the inner mind one can reach the transcendent Spirit, which can occur through intense meditation or other means, as occurred for the ancient Rishis.

However, we do not want to be lost in moksha/liberation apart from life. We want to experience the spirit IN LIFE. How can we do this?

Behind the inner mind is the Subliminal being, which sends up positive influences that guide us, as it is in touch with the superconscious throughout the seen and unseen universe. Deeper still is the Psychic Being, the evolving Soul and True Self within; behind the Heart in that center of being. From the Psychic, the integral yoga and its ensuing transformation can begin; though it is ultimately realized and fulfilled at the Supramental plane. How to arrive at the Psychic Being to begin this process?

Sri Aurobindo and Karmayogi offer consecration. When we consecrate, our consciousness moves to the subliminal and deeper still to the Psychic Being, which then causes our mind to expand to Supermind and its consciousness. Now we receive the benefit of that plane continually, including its Force which evokes the infinite into the finite, and perceive the true nature of Reality, which is the Vision of Brahman.

Beyond consecration is Surrender; of our Psychic Being, as well as our very purpose of being to the Divine Mother. This accelerates and deepens the above process of evolution and transformation, enabling us to become true Supramental, Gnostic Beings at all planes.

This is how I understand the Integral Yoga process just now.

Right Balance of Energies through Conscious Growth and Use of the Force

We need the right Balance of Energies in our lives. At every level - physical, vital/emotional, psychological, mental, spiritual; and across all of them. It creates the Harmonious, Integrated, Dynamic, Successful, Peaceful, Fulfilled individual we are meant to be. Those who engage in a path of continuous personal growth and make use of the spiritual Force at each step along the way will insure this Right Balance of Energies in their lives.

Universal consciousness

Universal consciousness is to live in everyone else's world at the same time as our own.

East and West

On the view that "East is East and West is West and never the twain shall met."

This was the view of an English writer (Kipling) at the time, not of the Truth for all time. He saw the two worlds as utterly different, which they were then. His idea spread. Now the East is prospering and looking more and more like the West (e.g. megacities developing in China), even as the West moves to humility, an eastern value. Yet each will bring its own unique truths; e.g. from the East emotion, and spiritual insight; from the West dynamism and practical organization. Already each is sharing what the other side has uniquely.

Two Great Dangers

While individuals rightfully focus on the environment, two great dangers lurk in the world: the still unregulated financial speculation system, which threatens to bring the world to its knees

at any moment as it did four years ago; and the proliferation of nuclear weapons, which are bound to be used if they still remain deployed. These have the potential to make most of our current concerns seem like quite trivial matters.

No Title

Its message crept through the reluctant hush
Calling the adventure of consciousness and joy.
(from Savitri by Sri Aurobindo)

Stable and Spiritual Life

Stable life is the solid basis for spiritual life.

Prospects for Progress in 2013 & Beyond

The West has gone through an economic shock, while the East is darting ahead. If the East develops the psychological capacity and complexity of us in the West, and we the spiritual qualities of them (which they themselves have somewhat forgotten), there will be real progress in the world.

I see big movements ahead at the macro level of collaboration amongst nations and peoples to solve problems. We just can no longer do it alone. Too many disasters, and they are increasing - political, financial, economic, environmental, natural, etc. There is also the threat of nuclear and other arms overhanging the world

I also anticipate further cooperation between government, institutions, businesses, and individuals. Working separately can only lead to disaster, unemployment, inequality, and a lot of suffering.

At the other end, i.e. at the level of the individual, the Internet is making education available to everyone which will accelerate world knowledge and hence awareness and consciousness. The smarter Web is coming about spontaneously due to the continued evolution of technology as well as through conscious decisions and actions of entrepreneurs, developers, and others.

Also individuals want fulfillment in life. They will not wait. The "Era of Rising Expectations" is at hand, and nothing will stand in its way. People are demanding a stable life now, and all the institutions of the world need to accommodate.

No Title

"Blessed are those who take a leap towards the Future." (The Mother, New Year's Message 1971)

Overcome Ego to Overcome Problem

The way out of most of our problems is to shed our ego formations relative to that situation.

Complaining Reinforces

Complaining about others, matters will reinforce that which you are complaining about.

On Reluctance

Reluctance = resistance = failure.

Overcoming Ego

Overcoming each ego movement opens the door wider to a brighter future.

Difficulties and Growth

Where difficulties reside are points of potential growth.

Harmony Beyond Contradictions

We must find a way to the higher harmony and resolution of each of the contradictions and divisions in our lives.

Spirit, Problems, and Opportunities

Spirit sees problems as inner or outer opportunities.

On Conscious Sleep

Our sleep is unconscious. Man goes to Sachchidananda in sleep and is recharged. Conscious awareness of the Mother before going to sleep will do it. (GJ, MSS)

Readiness to Engage in the Integral Yoga

This yoga implies not only the realisation of God, but an entire consecration and change of the inner and outer life till it is fit to manifest a divine consciousness and become part of a divine work. This means an inner discipline far more exacting and difficult than mere ethical and physical austerities. One must not enter on this path, far vaster and more arduous than most ways of yoga, unless one is sure of the psychic call and of one's readiness to go through to the end. (Sri Aurobindo)

Expressions of the Character of Life

Like the individual, life too can be said to have a character. Life's character can be described by the way events unfold, as well as by the factors that determine such outcomes.

Moreover, the character of life is governed by subtle laws and principles, which we can observe if we closely examine its unfoldings. We can perceive a number of these principles at work, which in turn can supply us with profound insights into the nature of life.

Inner-Outer Correspondence and Life Response

The law of "inner-outer correspondence" indicates that the separation we normally perceive between the world outside us and our inner condition is an illusion of our limited consciousness. That, in fact, the inner and the outer are part and parcel of the same contiguous reality. Therefore, if I change the inner me -- such as reversing a negative attitude to the positive -- the outer world instantly responds in kind with good fortune. This miraculous like phenomenon is known as a "life response," a term coined by Indian spiritual teacher Sri Karmayogi in the 1970s. It is the instantaneous response of the outer life to changing our consciousness within. It can occur positively, neutrally or negatively, depending on the nature of the shift in consciousness that precipitated it.

If we examine life closely -- whether our own life, the life of others; as well as in history, literature, or film -- we will find many such incidents, as well as the principles that stand behind them. Let's then explore several of these, and see how they are instrumental in the outcomes of life.

Overcoming Negative Attitudes Attract

Life responds with sudden good fortune when we raise our consciousness to a higher level. E.g., when we overcome a negative or a limited attitude, emotion, or feeling, life tends to quickly respond in our favor. Here's a true life example:

A man's young son died in an auto accident and his wife left him. For a long time, he was morose and sad. As a result, life around him essentially remained static and unchanged. Then however, something special occurred. When he made the inner effort to get out of his psychological malaise, he met with a string of positive circumstance -- including his first encounters with his wife to be, as well individuals who would be instrumental in the dramatic change and success in a new-found career.

In other words, when you overcome a limited attitude or emotion, such as sadness, depression, anger, bitterness, etc. life cooperates from all quarters. That is the power of shifting our inner condition to the positive.

Accepting the Givens of Life Attracts

Life responds positively to embracing the givens that life has put before us. When we shun what life has put before us, we remain as we are, or even fall backwards. However, when we take up the current needs, the current work we are obligated to do -- whether to our liking or not -- good or great fortune tends to quickly follow.

For example, one man had failed to live up to his own expectations in his career. However, rather than give up, he showed a willingness to do whatever took to survive. At one point, he accepted the lowest, most menial of jobs that was offered him. As a result, an individual suddenly appeared on the scene who changed his life forever -- elevating his life to the pinnacles of success.

Because he was willing to accept the current conditions of life by performing the lowest of jobs in order to move out of his miserable condition, he attracted a powerful positive response in the form of an unknown individual who helped him achieve his fondest dreams.

Acceptance of Others, Self-Givingness Attracts

It is a truth of life that embracing the needs and wants of others attracts good fortune. In particular, when we are self-giving to other individuals, not only do we experience a new level of happiness and joy, but lady luck tends to follow. E.g. if rather than criticize another's action, you accept and understand that person's plight in full, life quickly respond in one's favor.

A sports figure had gotten embroiled in a physical altercation with his competition, which caused him to lose focus. As a result he ended up being defeated in the match. However, rather than scold him in the aftermath, the owner of the organization remained calm and accepted the situation. In fact, the owner went a step further and tried to understand the source of his problem. In particular, he sensed an overall level of anger in the athlete and therefore asked him why he was so angry. That in turn compelled the athlete to consider his own inner condition in life.

The next day he told the owner about his lack of money, and asked him for a loan, which the owner was more than happy to oblige. As a result of now feeling better emotionally and psychologically, the athlete suddenly attained the first great athletic victory of his life, which also had the effect of finally establishing himself as a champion in his field.

As we see, because the owner accepted the athlete's plight rather than criticize him, because he was generous, life not only brought victory and a new solid footing of success for the athlete, but brought the owner great success as well.

Such gestures of care, concern, acceptance and generosity are indicators of the power of self-givingness in life. When we give to others rather than take, when we accept them rather than scold, when we act out of our high concern and compassion rather than through the foggy lens of our own ego, not only will the other person be uplifted and energized, but powerful positive conditions are likely to come our way as well.

Attention Towards Others, Objects Attracts

Everything in life responds positively to personal attention - whether people, objects, stocks of inventory, or money. When we increase the attention we give, that person or thing will not only be energized, but life tends to quickly bring luck back to our own selves. E.g., out of the blue, machines will start working better, orders will suddenly pour, and unexpected sums of money will move in our direction. There does not seem to be any obvious correlation between such things, but that is in fact the way life works.

A horse-racing jockey perceived how a new horse he was riding had been abused in the past, and how he "needed to become a horse again." The attention heaped on the animal by the rider then attracted a wonderful result when the horse suddenly and most unexpectedly shed his lethargy, and bolted through the countryside in a dramatic ride, something he had never

demonstrated before. This turned the tide for the horse, as it was now not only cooperative, but showed the great speed that would be the basis of his great victories in the future.

In another example, a manager in a struggling company had ignored a machine for years, which gathered dust without any attention. He did not think it had any use. One day, through the advice of a consultant, he decided to clean it and get it in some working order. Suddenly out of nowhere business started booming at the company, and even the machine started mysteriously working at double its rated capacity! It was a miracle of life response that came about by giving greater attention to something that had been ignored.

Verbal Silence (Non-Speaking) Attracts

One astonishing principle of life involves how we communicate with others; in particular the level at which we express ourselves through speech. When we reduce the amount of speaking we do in the presence of others, we tend to attract positive conditions from life.

A family business was failing and one of the brothers suggested that the company reduce the amount of and the volume of their speaking. They took up the suggestion, and within two years the principals were so successful that they could have retired for life.

Why does conservation of speech have this power? It is because speech expresses our life energy. When we speak too much, we tend squander our energy. But if we reduce the amount of speaking we do, we conserve our energies, which causes it to further build up, which then attracts magnetic-like corresponding positive circumstance from the field of life.

Power of Intention Attracts

One truth of life is that our level of intention to accomplish something is key to bringing it about. A corollary principle is that when we take our intention to a higher level, feeling it with great intensity, life tends to quickly fulfill or even surpass that which we hoped to achieve.

For example, one man in evaluating a situation felt that if he could relax his staff and train them in a new skill, they could become productive employees. This was his aspiration and intention. Well, right after that he suddenly realized that he had something common with the students that would enable them to better work together in the future. This newfound awareness came as a response from life to his intention to improve things. Because he wanted it to happen, life presented him with the opportunity for its realization. In his mind, he now suddenly intuitivized the solution to the whole problem.

This is an example of a life response solution that appears as an idea in response to one's intention. Very often the response from life appears on the outside.

For example, one man was desperate to succeed and was willing to do anything to bring that about. He was even willing to take on the most menial of jobs. When he did, he suddenly attracted someone from out of nowhere who gave him the opportunity to fulfill his lifelong dream. Because he so intensely wanted to succeed and was willing to do anything to make it happen, he quickly attracted the vehicle that fulfilled his deepest aspiration.

Making the Full, Exhaustive Effort Attracts

One of the more interesting principles of life is that when you make the full, exhaustive effort to accomplish a work, life takes up where you left off and completes it for you on its own.

For example, one individual made an all-out effort to organize dense training materials. When he put the last ounce of energy, he suddenly realized that the three chapters remaining had already been done before. In another case, that same individual made an all-out effort with other materials, and then soon received a call that he didn't have to cover the remainder of the course. That is the power of making the exhaustive effort in any undertaking.

In yet another example a woman had to gather hundreds of signatures in order to win a case. She did so despite a pretty severe illness. Despite these obstacles, every fiber in her being was driven to achieve her goal. When she was done, she went into a restaurant, and in a state of near collapse, she was greeted by a man who told her he knew the key to the legal case she was championing. As a result of this information, she was able to win a titanic, several hundred million dollar legal case for her clients. Because she made the exhaustive effort to

the nth degree, life returned the favor in the form of an individual who provided the incriminating evidence that secured the biggest victory of its kind in history.

Energies of Surrounding Atmosphere Determines

An interesting principle of life is that when the outer atmosphere surrounding a work or endeavor is positive, life tends to cooperate with one's efforts. On the other hand, if it is negative, it tends to block or delay results.

For example, in a famous race in US history, the owner of an underdog horse was able to rally a good proportion of the nation to his side. That created a very positive atmosphere that enables him to win the race against its arch rival.

If we examine any circumstance around an even we can gauge the surrounding atmosphere. If it is positive, it will support the successful outcome of events. If it is negative, it will retard it. For example, in the Shakespeare play Othello, the atmosphere was so negative that a small handkerchief revealed a bit of information that led to the death of the principles.

The best conditions for success occurs when both the person and the outer condition are both positive. On the other hand, if both are wanting, then no matter what one does, life will not cooperate, and the outcome is likely to fail.

Negative Life Response

Just as life responds positively to movements of higher consciousness, so too life responds negatively to wanting behaviors and actions -- such as a poor attitude, or a premature celebration, or a movement of ego, or something that is out of step with the prevailing external environment.

Poor Attitudes Attract Negatively

One way life responds negatively toward us is when we express a negative attitude - whether towards others, ourselves, or even life itself. For example, at a corporate Christmas party a woman was upset when another person won the big prize because she had a long-term grudge against that individual. As a result, she soon learned of the misfortune of close relative.

An individual was mad and bitter because his parents have not contacted him over the years, and because of his continual failure in his career. Right after that, we see how terribly wrong things go for him in his work life.

In another incident a man got embroiled in an argument with another person at work, which caused him to lose focus. As he was preoccupied with that matter, other sales rep and rival stepped in and took over one of his critical accounts, a terrible blow to the argumentative sales rep. Once again we see that negative attitudes and feelings -- in this case his anger and hostility toward another -- quickly attracts a negative outcome to his person.

Premature Celebration Attracts Negatively

An interesting behavior that attracts the negative, blocking accomplishment is celebrating a success before it has actually come to fruition. It turns out that when you prematurely celebrate unfinished business, you squander your energies, and life tends to either delay or create difficulty or even cancel success in that endeavor.

For example, two baseball players who had hit home runs in the game acted cocky when on the bench and spoke ceaselessly about the flights of their own balls, only to see their team lose the game in extra innings in a bitter defeat. Or a basketball team is overly-excited in the middle of the game as a result of a comeback rally, only to see it squandered away later on in a stinging loss.

When our ego takes hold before the outcome is assured, we squander energy and attract ill fortune. However, if we were to we remain calm and silent in such situations, controlling the need to express our success so far, we build on those energies, and attract conditions that work in our favor.

Anachronistic, Trailing Edge Acts Attracts Negatively

In life there are often leading edge, forces-for-progress individuals partaking in events, as well as trailing-edge, regressive ones. One interesting life principle is that life often responds negatively to individuals who assert their anachronistic tendencies when the currents of life are moving in another direction.

For example, in Jane Austin's 'Pride and Prejudice,' we see how when the aristocratic, haughty, old guard Lady Catherine tries to interfere in a potential marriage between her nephew Mr. Darcy and Elizabeth Bennett, it utterly backfires on her. In fact, that attempt at interference becomes the very instrument through which Darcy and Eliza come to understand that they still feel love for one another, leading to their coming together, their engagement, and marriage!

We see something similar in the film of the true life events about the race horse in Seabiscuit. There at one point in the story, we see the effects of the actions of the trailing edge figure of the eastern owner of the horse War Admiral. In response to the request from the owner of the underdog Seabiscuit for a race between the two horses, the Eastern US owner responds that it is absurd to have the race because of his horse's obvious superiority in terms of speed and breeding. He then goes a step further and mocks the entire Western horseracing scene. The end result of his reactionary taunts is that he is humiliated when his horse loses to the underdog Seabiscuit before a national audience.

When trailing edge figures act in conditions where positive, progressive forces are emerging, their actions at critical points tend to work against them.

Success through Life's Initiatives, Not Our Own

I would like to discuss a rather startling conclusion I have come to regarding the way we achieve in life. If we closely examine life situations, we would see that we are far more likely to attract success when we follow life's initiatives and take up those opportunities than when we initiate action on our own.

For example, at various points in his career one individual was asked to take up important works by different outside individuals. Virtually each time he did, it led to success; in many cases long-term success. However, when this same individual took up his own initiatives, based solely on his own volition, without any external compelling signs -- whether to start another business or to attract people at a web site, etc. -- the results were successful far less often.

It appears that when life approaches you with opportunities, there is something in your nature that is attracting them for your own well-being and personal growth. There appears to be a kind of cosmic compulsion and guidance that is urging you to embrace these in order to elevate your success, as well your level of consciousness. Though uninvited personal initiatives can do the same, very often they do not. In fact our own conclusion is that such initiatives fail as much as they succeed, whereas "life-driven initiatives" coming from outside or others seem to succeed nearly every time.

With this in mind, try to be acutely aware of opportunities coming in your direction. Take them all seriously, no matter how small or how subtle they appear; for they can be openings to a new, wonderful stage of success and well-being in your life.

Life Progresses through Negatives as Well as Positives

An important principle of life -- one that is philosophical in nature -- is that human life not only progresses through positive means, but through negative ones as well. In fact, we often move forward the quickest through the negative circumstances that befall us. For example, if a young Indian boy who is the victim of poverty and hardship is forced to flee his beloved family for the city, and then as a result is driven to become a multi-millionaire, then we can muse that his earlier difficulty was an instrument of his great accomplishment. I.e. the negative served a great purpose in his success.

Though it might sound harsh, in another case we see that a man might never have risen to his enormous success if his son had not died and his wife had not left him. These difficult

events created an opening in his being, which he filled by shifting to a new direction in life, which opened the door to vast opportunities that culminated in his overwhelming success.

From this vantage point, we can conclude that often the greatest successes in life come about as a result of the greatest negatives. Another way to put it is that a negative is simply a more intense version of the positive. Or that a negative is a positive in disguise.

Contradictions Between Dual Pairs Enables Further Progress

A philosophical yet practical principle about existence is that life evolves or can evolve through the contradictions between two parties -- whether spouse or family members, business associates, organizations, nations, etc.; even schools of thought and ideas.

E.g. a man felt that others did not listen and respect him. In particular, he was bothered by the fact that his wife tended not to ignore him when speaking, as she was constantly absorbed in other matters. Also when the man would ask her to do something, she hardly listened causing the man to become irritated. This was his constant dynamic in life.

From a consciousness point of view, we see that he must evolve out of his insecurity; and she out of her unresponsiveness. This can only occur through their association and interaction. Though they may not recognize it, Nature has put them together to serve this evolutionary purpose.

In fact most of life evolves or has the potential to evolve through the contradictions of two parties; of such conflicting pairs. If that is so, then goal then should be to perceive those relationships, and aspire to go beyond the contradiction to its resolution. That occurs by overcoming a corresponding limitation in our nature. When we do, we progress and grow. Also by taking this approach we can evoke a powerful positive response from life.

From a higher consciousness and perspective, we perceive that the contradictions between parties is really not so; but is in fact a complementary relationship on the way to a higher harmony. Our goal then is to discover what we can learn from the other side, and change the necessary wanting aspects or element in our being. When we do, life moves forwards and we grow. This dynamic is true for ourselves and for everything else in the world.

Being, Consciousness, Force, and Substance Expressed as Matter, Life, Mind, and Supermind

	MATTER	LIFE	MIND	SUPERMIND
Being (Sat)	<ul style="list-style-type: none"> • Apparent Non-being • Infinitely divided 			<ul style="list-style-type: none"> • Pure Being • Infinite unity
Consciousness	<ul style="list-style-type: none"> • Inconscient • Subconscient 	<ul style="list-style-type: none"> • Conscious desire 	<ul style="list-style-type: none"> • Conscious thought 	<ul style="list-style-type: none"> • Truth-Consciousness
Force	<ul style="list-style-type: none"> • Mechanical energy • Inert - incapacity to change 			<ul style="list-style-type: none"> • All-powerful creative Will • Intensity grows progressively
Substance	<ul style="list-style-type: none"> • Substantial form & force • Gross • Rigidity & Solidity • Fixed finite properties 	<ul style="list-style-type: none"> • Life Energy • Increasingly Subtle 	<ul style="list-style-type: none"> • Thought • Idea 	<ul style="list-style-type: none"> • Infinite Plasticity • Infinite qualities & properties

On the Interrelationship Amongst the Planes

-Each plane is not cut off and separate from the others

-Each plane contains all the others implicit (MSS)

What Causes Evolution

Evolution comes by

- Pressing of supraphysical planes from above to manifest
- Pressing from below to evolve (MSS)

The Power of Subtle Substance

-The more subtle is the more powerful

-- Subtle has a greater permanence in its being, greater potentiality

--The more subtle is more truly concrete

-We give greater credence to the existence of what is gross But the things we value most are utterly nebulous and intangible -- love, joy, freedom, honor, respect, Darcy's prestige, power, Eliza's individuality

-The power of an idea.

-Pen is mightier than the sword

-The power of values. (MSS)

On the Nature of Substance

Conscious Being experiencing itself as object is substance. (MSS)

Characteristics of the Ascendance of Substance From Matter Upward

-There is an infinite gradation between two poles

-The ascent is from gross substance to pure spirit substance

There is a movement from:

-Durability of form to Flexibility of substance and force Eternity of essence

-Impenetrability to Interfusion, Power of interchange, Power of assimilation, Variation, Transmutation and unification

-Persistent separation and resistance To: Infinity, Unity, Indivisibility (MSS)

Characteristics and Limits of Material Substance

- Gross

- Solidity and tangibility

- Impenetrable

- Resists change

- Fixed and rigid

- Unconscious or Inconscient energy

- Inert - helplessly subject to external forces

-Material principle Symbolized in Veda by Earth

-Associated with the sense of Touch

-Other physical senses based on series of more and more subtle and indirect contacts

-We judge the reality of substance by these characteristics:

-- It was so real I could feel it

-- I saw it with my own eyes (Eliza 'saw' Wickham's goodness)

-- I was so close I could smell and taste it

- Matter is last stage in cosmic progression from pure substance as spirit to form
- Form in its utmost development of concentration, resistance, durably gross image, impenetrability
- It is the culminating point of distinction, separation, division.
- Matter is the formula accomplished divisibility
- This is the intention and character of the universe
- Matter is the final lowest rung in the ladder of creation (MSS)

The One Energy, Substance of Being Expressing From Spirit to Matter

- Matter and Spirit are two forms of one energy, one substance
- There is only one substance which is the pure Existent
- Substance is consciousness experiencing itself as object
- As the consciousness varies, so does the substance
- Substance takes on multiple expressions from Matter to Spirit
- Because they are various expressions of one Existence, Matter can be transformed into Spirit or rather Spirit can fully express itself in Matter (paraphrase of Sri Aurobindo by MSS)

Matter in Relation to Other Planes

Material world is result of all the others

- All higher planes are collapsed and contained within the lower
- Every particle of Matter contains the others
- The higher planes act covertly from behind a veil every moment and movement (MSS)

Matter in the Descent and Ascent

- Matter is last word of the descent, first word of the ascent
- All the higher planes are capable of evolving out of it
- Therefore material world does not begin and end with gases and chemical compounds, physical forces and movements
- It evolves life and mind and must eventually evolve Supermind

Mother Takes Responsibility for Our Souls

Mother says she takes responsibility for our soul's progress. She can do so because our souls are conscious of Her and surrendered to Her.

Comment: Perhaps we can say that Mother supports and protects us to the degree that Her higher consciousness is more effective in helping us evolve than the progress we make by experiencing pain and difficulty that comes as a consequence of our wrong attitudes, behaviors and actions.

Beyond the Conception of Miracles

It's only the mind that has the notion of miracle, because following its own logic the mind decides that given this and that condition, this or that circumstance can or cannot be. But these are merely the mind's limitations. What people call "miracles" are just interventions in the physical or vital worlds. And those interventions are always mixed with ignorant or arbitrary movements.

If what belongs to the supramental world materialized abruptly, rather than through a slow evolution, that would be something which man, as a mental being, even if his mentality, his mental domain, were brought to perfection, could call a miracle, for it is the intervention in his conscious life of something he doesn't consciously carry within him.

The taste for miracles, which is very strong, is basically the faith that the aspiration for the Marvelous will come true, that things beyond all that we may expect of normal life will come

true. We might say that the sense of miracle can only belong to a finite world, a finite consciousness, a finite conception. It is the abrupt, unexpected entry - or appearance or intervention or penetration - of something that did not exist in this physical world. So it follows that any manifestation of a will or consciousness belonging to a realm more infinite and eternal than the earth is necessarily a miracle on the earth. But if you go beyond the finite world or the understanding proper to the finite world, then miracle does not exist. (The Mother, from the Agenda)

Danger of Helping Others Who Feel Shamed By It

Think twice before helping anybody who will feel shameful to receive the help. Even if the person asks for help, refrain in your long term interests from doing so. If for sentimental reasons you say yes, you will only regret it later on. (N. Asokan MSS)

Cosmic Determinates, Their Reversal in Us, the Involution, Our Combination of Determinates, Diversity, and Infinity

Since the Absolute is Infinite, it must be capable of an infinite number and variety of determining vibrations. The Absolute objectifies itself as Sachchidananda, (Existence, Consciousness, Bliss), from which all creation is derived. That Existence (Sat) reveals itself to the evolving soul as Atman (Self), Purusha (Conscious Being), Iswara (the Divine or God). Consciousness (Chit) extends itself as Knowledge and Will. Bliss (Ananda) expresses itself as Beauty, Love and Joy. Other essential powers and attributes of the Spirit include Silence, Peace, Infinity, Eternity, Freedom, Truth, and Goodness. He calls these the fundamental spiritual determinations of the Infinite. Each of these has the capacity to combine with any of the others to form new determinates, which can in turn combine with one another and with the fundamental determinates to create other determinates. Jane manifests Goodness, which is formed by uniting Knowledge and Truth; while Elizabeth manifests goodwill for her sister, which is formed by uniting Goodness with Will. Furthermore, each of these determinates can also differentiate itself as subject, object and experience (as knower, object of knowledge, and act of knowing; as lover, beloved and act of love; etc.). Each of these combinations of determinates represents a unique vibration of Being, a potentiality of the Infinite Absolute, which seeks to manifest itself for the sheer delight of existence. Darcy as the Lover beholds the Beauty of Elizabeth's fine eyes, finds Love welling up within him, and feels the ecstatic Joy when his Beloved accepts his second proposal. In this manner, the Infinite can formulate an infinite number of possible combinations of determinates seeking to manifest themselves in infinite Space and Eternal Time.

... The negative attributes we experience are limitations and distortions of the spiritual determinates created by self-absorption of Divine Consciousness through Involution by the action of dividing Mind. This involution creates Ignorance and Ego, which are mechanisms for distorting the appearance of the spiritual determinates so they appear as their opposites.

... Through this projection of spiritual determinants and their distortion by Ignorance and Ego, the Absolute is able to manifest a universe of create diversity.

... Each form, each being or soul represents a unique combination of determinates, a unique vibration of the Infinite Being.

... For each soul is in fact a microcosm of unique vibrations in combination.

... All these elements that add to the complexity of personality add to the capacity of the Absolute to manifest infinity.

... Furthermore, each of these souls has the capacity to relate, interact and creatively combine in experience with every other unique soul, creating an infinite combination of influences and relationship.

... Space and Time add additional dimensions of complexity and uniqueness. Each point in space and each moment in time is an infinitesimal drop in the infinite and eternal ocean of the Absolute's self-experience. Each point in boundless universal Space is unique and each of these possibilities can occur at any, many or every different point in space, once or any number of times in any sequence. Each moment in Eternal Time is also unique and each of

these possibilities can occur at any, many or every different moment of time or any number of times in any order.

... So too, each soul is capable of an inner self-experience of the various aspects of its own being - ideas, thoughts, feelings, sensations, and movements as well as spiritual experiences.

... Moreover, each individual is evolving in time from ignorance to knowledge or knowledge to greater knowledge, so that we are never the same from one moment to the next.

... And their world too is evolving.

... Space and Time form the field or playground for this infinite, never ending quest for the delight of self-manifestation. The interaction of each unique evolving soul with itself, other souls, each moment, act and event, with the evolving world of forms and forces in which it lives and with the Transcendent Eternal from one unique, infinitesimal moment to another, from one infinitesimal point to another, through myriad infinitesimal acts in boundless Space and Eternal Time is lila.

From Shared to Unshared Goodwill

Shared Good will. When we see luck coming to others we have an urge to seek the same for us too and will be doing unintelligible things. Thus luck becomes shared and not giving the results. On the other hand by reversing our attitude we have un-shared Good will as we do not seek any returns for our goodness. It needs a steady determination to withhold all our urges. it may be something like a man who starts a charity organization to help the less privileged and slowly taking the monetary funds from the charity organization and feeding his needs. Thus in the middle he will lose his aspiration and his originality too. The funds too will get stopped. But when he realizes it and never licks the Honey dropping in his hand he will receive abundant prosperity. There is a saying in Tamil The man who takes the honey from the honeycomb cannot stop licking his hand. But when we have immense Good will and want to grow our Good Will, then we will have immediate reflex in our personality to stop our urge. (DC)

The Unity through Soul of India, the Family, and in Pride and Prejudice

The body of India can be and is divided, not the soul. The analogy to the family is useful if we can assume that the family has a soul of its own, as the nation does. We know the family certainly has a personality, as the Bennet family's personality differs from that of the Lucases or Gardiners. The personality of the Bennet family is characterized by the energy of freedom, cheerfulness and the aspiration for higher fulfillment, devoid of ill-will.

The body of the family can be divided by physical separation, quarrel, etc., but the personality of the family remains intact. Wherever its individual members go, that personality will express in and through their individual actions. If the family has unifying soul bent on unity as India does, then regardless of the circumstances that may divide them, that family would seek to perpetuate itself.

Unity is spiritual not physical. The soul of India can express through its members wherever they live in the world, even if they live on opposite sides of a dividing line and are in conflict with one another. But for the soul of India to emerge and become guru of the world, Sri Aurobindo says that India and its people must overcome the disaster of partition and be reunited.

Similarly, in order for the Bennet family to play its role in the social evolution of England, the disaster of Lydia's elopement and the estrangement of Jane and Bingley, Darcy and Elizabeth must be overcome. The deeper power of the soul acts through Darcy to make that happen and draws all the disparate parts back together. (GJ, MSS)

The Mother's Protection as We Move Toward Greater Success

[The subject has been raised as to why Mother does not always seem to give devotees protection when we attempt to achieve at a higher level, as we still run into difficulties.]

Perhaps we can say that we have protection from Mother, but then as we rise we do not have that commensurate protection because our consciousness has not made that same gain

within. As a result, we are not receptive to the Force at this higher level attempt at accomplishment. We therefore need to prepare inwardly to match the outer rise to garner Her protection and power to enable us to fulfill it difficult-free and to its highest possibility and perfection.

Sometimes the rise upward can begin in the subconscious, which aspires for something the conscious is not aware of. Now if the conscious personality is not up to snuff as the subconscious is acting, then there is outer difficulty.

Sri Karmayogi indicates that in Yoga, the movement is INWARD FIRST. Once that is prepared, the outer moves, and tends to do so difficult-free. But we normally start with the Outer and then we pray that the Force backs up our efforts.

Therefore taking to constant Consecration, -- especially as it relates to the details of our effort to move to a higher level of accomplishment -- will build the bridge between these two approaches (of Inner First and Outer First); enabling a level of success that tends to be difficult-free.

Qualities That Quickly Attract Positive Conditions

- Taking to a higher value.
- Shifting from ego to non-ego.
- Shifting out of a wanting attitude.
- Acts of goodness and self-givingness.
- Feelings of goodwill towards others.
- Silencing unnecessary emotions and thoughts.
- Higher levels of cleanliness and orderliness.
- Embracing the work before instead of what you want.
- Intensity of aspiration and will.
- Taking to greater psychological strength.
- Withholding initiatives.
- Practicing non-reaction to another's intensity.
- Shifting away from blaming others.
- Taking responsibility.
- Remaining calm in a difficult situation.
- Practicing Silent Will.
- Feelings of gratitude.
- Making the full, exhaustive effort.
- Coming to an important decision.
- Taking a necessary, decided action.
- Embracing the truth of things, instead of covering it up.
- Feelings of contrition for past mistakes.
- Taking the other person's point of view.
- All manners of self-offering to the Spiritual Force (consecration)

The Transcendent Mother and the Gods

This ["The Transcendent Mother"] is what is termed the Adya Shakti; she is the Supreme Consciousness and Power above the universe and it is by her that all the Gods are manifested, and even the supramental Ishwara comes into manifestation through her - the supramental Purushottama of whom the Gods are Powers and Personalities. (Sri Aurobindo)

On Conscious Sleep

Our sleep is unconscious. Man goes to Sachchidananda in sleep and is recharged. Conscious awareness of the Mother before going to sleep will do it. (GJ, MSS)

Readiness to Engage in the Integral Yoga

This yoga implies not only the realisation of God, but an entire consecration and change of the inner and outer life till it is fit to manifest a divine consciousness and become part of a divine work. This means an inner discipline far more exacting and difficult than mere ethical and physical austerities. One must not enter on this path, far vaster and more arduous than most ways of yoga, unless one is sure of the psychic call and of one's readiness to go through to the end. (Sri Aurobindo)

Expressions of the Character of Life

Like the individual, life too can be said to have a character. Life's character can be described by the way events unfold, as well as by the factors that determine such outcomes.

Moreover, the character of life is governed by subtle laws and principles, which we can observe if we closely examine its unfoldings. We can perceive a number of these principles at work, which in turn can supply us with profound insights into the nature of life.

Controlling Speech, Silent Will

Controlling what you want to insist on saying and then forgetting about it completely, quickly leads to its expression by the other party.

Additional: It is a form of Silent Will.

Surrender and Best Conditions

Surrendering to Her that brings about the very best conditions is my continual experience.

Integral Awareness of Conditions

To be simultaneously aware at the physical, vital, psychological, mental, and spiritual levels of ourselves and life in a given moment is to have Integral Awareness of the conditions.

Agreeability Elicits More Truth

Agreeing with someone rather than narrating any flaw attracts more helpful truth from them.

Absence of Pain as Bliss

The experience of absence of pain amidst incessant pain is literally blissful.

Detachment and Success

Inner detachment attracts success.

Additional: Detachment = being calm and not needing and wanting in the face of something intense occurring. Letting it just be, even putting it out of mind and forgetting it, which in turn attracts the best of conditions.

Karmayogi says: "Concentrating on our responsibility fully is detachment."

"Detachment from another person or any act is detaching from our own opinions, expectations, prejudices on that."

Reader 1: Inner detachment can be explicitly shown as attachment with detachment. For example worry on the future or relatives, hurry or impatience on results or showing that we are very punctual, taking every instinct as a knowledge and not understanding that it may be intuition are all some ways in which we are too attached to outer circumstances and our own self. Mrs. Bennet or any one do not understand that circumstances are tools for attracting prosperity or Darcy. We have a saying in Tamil that we are having the Butter in hand and searching for Ghee. likewise with power of consecration and Non reaction we can attract

infinity or wealth . But now with wealth in hand managing it has become big problem as we always spend it on all our projects and experiments. Mother's mission of Transformation and developing the children of today as Future Global citizens of the Supramental world can be some of our vision. How to make it possible and not how not to make it possible should be our realm. But because of the few undertakers who carry out this mission we drift from them because we do not see eye to eye with them. It is Mother's ideas and not theirs, will give the inner detachment. My very first down load of Non reaction paper form Roy Sir's site was a great eye opener in a very difficult time where i had to switch from life to yoga .It seems to help me till now . To bring the inner detachment we can take Non reaction as the first poise.

Reader 2: Detachment from thought is silence.

Detachment from feeling is equality.

Detachment from impulses is power.

Detachment from capacity is accomplishment.

Mother and My Growth

Through Mother's will and guidance I am being swept here and there along a path that is best for my growth and success.

Over-Expectation Based on Current Success Cancels

Rooting for local team is fine so long as the expectations don't get ahead of themselves. Teams constantly go downhill through their own or public's over-expectation of "we'll easily wrap it up" after a fast start; especially against a formidable opponent. It's a startling negative life response movement. On the other hand, strong, solid will and calm married to great skill, teamwork and positive, non-egoistic attitude normally wins the day.

Spiritually Discovery Exceeds Searching

Discovering is spiritually superior to searching in the sense that the former can offer results without our even trying.

Additional: Life response is discovering, finding, manifesting; life coming to you. Ordinary existence is searching; your going after life.

Mocking, Immaturity, and Limited Argument

Mocking others who do not agree with you is a sign of immaturity in the development and communication of one's argument.

Keeping Up with the New of Time through Consecration

Time keeps marching on, casting off past experiences, hungering for the New. The question is can we keep up? Rising in consciousness, especially through consecration, we increasingly make that possible. There we move in alignment with and create the causal New.

India's Corruption

[On the corruption in India:] Let us overcome the limitations in our own being which correspond to their corruption. Then as we change, they will change correspondingly.

Power of Consecrating Decisions

When we consecrate a decision to be made, we will make the right decision, as seen from the perspective of the future.

Spiritual Love in Self and Divine Beyond Partner

For so many a life without a loving partner is empty and not worth living. This is not the spiritual view however. Though they can live without a loving partner, they cannot live without relation to Self within or in another, or the infinite Divine.

Supramental Perception Along Multiple Lines simultaneously

Our mind can only perceive along one or two lines in a given moment. But life is happening at hundreds or more cross-currents relative to our own personal moment to moment existence. Only Supermind (truth consciousness) can navigate ALL of these simultaneously at every instant. It is the future mind, available to us now through constant consecration.

Duty, Givens of the Now

Enjoy the duties of the now, instead of daydreaming about the future. That way the present (and the future) will work out for the very best.

OK vs. Yes in a Response

"OK" often implies a certain level of resistance

... as opposed to responding with "yes" or "very definitely" or "absolutely"..

Insistence vs. Silent Will

Insistence attracts resistance; silent will - cooperation.

Additional: Silent will = holding back expressing a thought or wish, causing another nearby to speak it out for you.

Power of Extra Patience

It's that extra little bit of patience that makes all the difference.

Do for Others

Do things for others' sake, not your own. Miracles will follow.

Love is Giving, Not Receiving

We believe that Love consists mainly of receiving good thoughts, feelings, and physical actions from the beloved; but that is incorrect. Love is actually GIVING these without expecting anything in return.

Overexpectation and Negative Response

When you over-expect an outcome, it recedes into the distance. Overcoming expectation manifest the intention as real.

Example: An individual was hoping that his national team would win the championship as they seemed near to victory. He was anxious to see them complete the last rounds and sew up the win. Unfortunately, the next day things were held up due to the elements. Then it happened again, and yet again. The more he was expecting the wrap of the victory, the more it receded. It was not just true for him, but for his country.

Romance as Adventure of Life

Romance between two is the Romance and Adventure of life. It is all encompassing, thrilling, the joy of the soul. Two souls growing, experiencing. It is the Divine found in another. It normally comes to an abrupt end in marriage, unless one elevates one's consciousness vis a vis one another. (from RomanceEternal)

Not Blaming

We often blame others for disappointing us. But with a little more forethought, research, analysis, inner scrutiny, etc. we could have done more to rectify or avoided the disappointment. That is the higher consciousness approach. Or to put it simple: Don't Blame, Take Responsibility. Life will then be your ally and friend.

Reader: Employees also instead of blaming their employers should focus on their job and produce quality products. The motto should be create wealth and then try to share.

Comment: Yes. If the workers scan their attitudes toward the work and reverse that which is wanting, -- e.g. laziness, being overly demanding, not making the necessary effort, lack of organization, lack of punctuality or reliability, not embracing the work before them, doing things haphazardly and without care, being dishonest etc., etc. -- they will never have reason to complain about their employers as life will constantly respond favorably in their environment.

Opposition Rises to One's Attempt to Go to next Level

When you come upon a significant new positive development in your life -- such as a great business opportunity, or a means to help society or a way to rise the next level of success, - - often an opposing force will rise to counter it. However, if you aware of such a thing, person, group, etc., navigate around its harmful influence, use its negative force as a means to move forward, while consecrating at each step along the way, you can reach your intended goals that much faster. In fact, you are likely to attain a level of achievement far beyond what you originally perceived or intended.

Reader: Right at the moment I have adversaries that are standing in front of me getting a residential site

Response: Adversaries may not be the same thing as hostile forces working against you, and which require different strategies to pursue to enable success. Often such opposition, adversarial forces may simply be a reflection of a limitation within ourselves; whereas hostile forces are more universal in nature, working through individuals and tends to want to destroy any work that leads to higher consciousness. (Often the individuals serving the hostiles have no knowledge they are doing so.) You will have to judge which is which in your case.

Subtle Signs of What to Do or Not for the Future'

All around us are subtle signs of what is currently planned for our future -- positive and negative. With this knowledge, we can ascertain what to pursue and what to avoid, enabling optimal outcomes in our lives.

E.g. an individual realized that each time he associated with a particular person there was signs of imminent danger to him in the form of what he suddenly glanced at in the paper that was harmful that had had his surname on it; by ominous references to what news had suddenly broken out that had been discussed in a friendly manner with this person; by a dangerous police action that occurred in the area they had spent time in; and by a dozen other signs over the course of several months. He thus had the wherewithal to disassociate from that individual, thereby enabling him to avoid harm. In fact, that individual may have been a force that was counter to a very significant positive project and career development in his life.

Divine Mother Entering the Mother

Calling the mighty Mother of the worlds
To make this earthly tenement her house.
As in a flash from a supernal light,
A living image of the original Power,
A face, a form came down into her heart
And made of it its temple and pure abode.
(from Savitri by Sri Aurobindo)

Comment: As She narrates in Agenda, at one point the Divine Mother entered into Mother, and remained there.

Additional: "Sri Aurobindo writes of this in Savitri – Savitri lives always on earth, with the soul of the earth, to make the whole earth progress as quickly as possible. Well, when the time comes and things on earth are ready, then the divine Mother incarnates with her full power – when things are ready. Then will come the perfection of the realization. A splendor of creation exceeding all logic! It brings in a fullness and a power completely beyond the petty shallow logic of human mentality."

Focusing on Something Attracts More of It

Wherever you focus your attention, more of it comes; and from seemingly out of nowhere.

E.g., for no particular reason you think about a singer with a certain amount of emotion, and suddenly from out of nowhere you see news reports and other iterations about this person. This is a very common cosmic experience that we mostly fail to notice in full.

Spiritual Individual's Pleasure of Not Fulfilling a Desire

For a spiritual individual not fulfilling a desire brings more pleasure than fulfilling it.

Further thought: It is a movement from short-term outer-based pleasure to longer-term inner-based ananda (bliss).

It will increasingly be the way of the Evolution.

Avoiding Waste Attracts More of Resource

At each point you avoid waste (of any amount), you receive more of it from out of nowhere in the same, similar, or new form.

E.g. an individual did not go to a restaurant in order to save money. A short while later he discovered that an unexpected delicious meal had been cooked that he was now invited to share in.

Intense Feelings Attract

Intense vital/emotional feelings attract life response instantaneously - positively or negatively, depending on the source expression.

Protection

"Protection" is the Divine, the Mother shielding you from untoward, hostile, etc. individuals and circumstance. It also protects you from yourself, including that which is subconsciously negative within you.

Desire Opens Up Life

When desire overwhelms reason, life opens up in a thousand directions - both positive and negative.

Being Alert to Mother's Guidance of Opportunities

For those on Her Path, Mother is constantly guiding our life; providing us with great opportunities. Therefore we should be very alert to them, taking them up whenever possible.

Unseen Association, Not Coincidence

There are no coincidences; only deep cosmic and terrestrial associations unseen.

Ego Movement

An ego movement occurs each time you experience separative consciousness from others or the world.

Additional: Catch and shift each instance to harmonic.

Reaction to the Negative, which Happens Infrequently

95+ percent of the time things go well, and yet it is how we navigate the remainder that often determines which direction life responds.

Additional: The remaining 5% depends upon whether or not you give into your negative side -- whether in your attitudes, opinions, beliefs, behaviors, actions. It is to this that life readily responds to.

Complaint, Not Appreciation for Social Amenities

We have little appreciation for the social amenities around us. Our main reflection on them comes as complaint.

Further thought: I.e. for business, government, education, transportation, internet, communications, social welfare, medical, food supply, etc. etc. While there is vast scope for improvements (and we can work towards that possibility), we rarely thank these for existing in the first place; from the time of our birth It's unconscious social ingratitude; lack of appreciation for great efforts of the past that have made possible the present conditions.

Irritation

Irritation is reaction to the flow of life that is not compatible to what is in your mind.

Further thought: From a deeper poise of calm and patience such reactions do not arise. Constant (e.g. hourly) consecration makes that possible.

Positive Change through Negative Circumstance

Normal Life: negative circumstance is the most powerful means of positive change.

Supramental Life: unexpected, creative, unprecedented positive change that continually cascades.

Examples: The unity among nations (UN, etc.) that developed after horror of WWII, and embarking on new career after bankruptcy are examples of Normal Life. The Renaissance, the Internet and results of consecration are examples of Supramental Life.

Science Sees Surface, Not Below It

Science has the knowledge of the surface. Then there is the rest of existence behind that material facade.

Finite, Infinite

Your area is a tiny dot in the world, yet you almost feel as if it is the entire world. The same with you inside your one body.

Adhering to Truth, Mother, and Protection

Adhering to Truth is the greatest protection in life. Adhering to falsehood puts one at the mercy of negative karmas.

Additional: "Protection" is the Divine, the Mother shielding you from untoward, hostile, etc. individuals and circumstance. It also protects you from yourself, including that which is subconsciously negative within you.

Infinite Consciousness in Involution, Evolution

From an Infinite Consciousness emerged the universe through an involutionary process. Now through an evolutionary process we are evolving from a limited to an Infinite consciousness and being. Thus the creator and creation become integrally related and One.

Additional: Involution: Infinite Spirit (Satchitananda)> Supermind > Cosmic Mind > Energy > Forms/ Matter

Evolution (in the universe): Forms/Matter > Vital Life > Mind/Mentality > Spirit (and Divine Life on Earth)

Environmental Catastrophe and Negativity of Guns, Lack of Financial Regulation in US

The two or three major environmental catastrophes in the US in the past few weeks have their roots in the use of guns and lack of gun control. At Yosemite National Park, the massive fire was started by a hunter. A similar dynamic occurred for a local fire. The calamitous flooding in Colorado came just after elected officials who advocated gun control were recalled.

Last year the major catastrophes on the East Coast of the US (hurricane Sandy, earthquakes, and others) had their subtle roots in an unwillingness of officials to set rules on financial speculation in the US, thus threatening another world financial crisis.

Environmental calamities reflect conflict, unwillingness, resistance, and the like among a given population.

Education and Discipline

Reader: One of my boss told me that education gives discipline.

Response: Yes, it disciplines the mind to think, which it can also be applied to control and better direct other aspects of one's life.

True Understanding in Educating Ourselves

--True understanding comes from understanding, not memorization.

-Understanding comes from thinking.

--Thinking tells us why

--"Why" is to penetrate the deepest aspect of the subject

--One aspect is how does it relate to our lives

--The best form of understanding comes when we experience the veracity of the truth of the idea. It becomes real to us.

--Real life examples, case studies make knowledge more real to us

--A mental person can learn directly from theory. A vital person, learner needs real world examples to know. Most are in that category

--What one learns is what one feels deeply compelled to learn, that issues from one's Inner Self.

-One should learn that which one has an Aspiration for learning

--One should learn that which relates to one's own interests and values

--The best education is what one learns on one's own

--No testing

--Internet provides a great vehicle to learn what one wants; that which we deeply aspire; in our own time; at our own pace

--A mentor can help us when we are stuck or need further knowledge and encouragement; yet the predominant learning thrust should come from our own will, interest, values.

Life, Not Photos, Videos is Life

Photos aren't truly life; nor are videos and such. Life is Life.

Inner Being as Guide

"Your Inner Being is always guiding you toward what you are wanting." (Abraham) Very true and profound! It is the ultimate perspective of the purpose and meaning of our lives.

Addictions Intensity vs. Intensity of the Reality

We take to alcohol, drugs, and other intensities because we are not satisfied with the current reality.

Additional: And yet the current Reality has every intensity one could possibly want, though they exist hidden in the subtle plane within us.

Wasting New Surges of Energy

As soon as we feel a surge of energy, our first tendency is to seek ways to waste it. Preserving and enhancing it is never a thought.

High, Energy, Positive Attitude Together

With high energy and non-egoistic positive attitude life is a never-ending wonder and dream.

US as Representative of Future World

US is the melting pot of the world; a microcosm of the macrocosm of the peoples of the earth. It represents the future unity of the nations, now gathered in one special place.

Additional: It must evolve its consciousness to become the model for the world.

Loving the Wife is God-like Experience

A man who loves his wife ceaselessly over many years has found god in the heart.

Russia Aiding in Policing the World

Russia sharing the burden with the overtaxed US as Policeman of the World is a great development; a benefit that was promised by the end of the Cold War, but until now little realized. Now a wider group of nations can increasingly join and share in that necessary effort.

Limits on US Military and Russian Oil-based Economies

US cannot afford continuous high military spending to meet the needs of a world policeman, as its infrastructure is aging and crumbling in many places, and there is need for more and better public education, and other beneficial services from government. Russia, is a one dimensional economy, focusing on oil, which is threatened by natural gas, and needs to connect with other nations to create a more diverse economy. That will happen when it has better relations with other countries, enters the international political theater, etc.

Sri Aurobindo's First Tier Poets

In remarks from his work 'The Future Poetry' Sri Aurobindo listed Shakespeare, Valmiki (author of Mahabharata) and Homer (Iliad, Odyssey) as the greatest epic poets, with Virgil (Aeneid) and others just below in a second tier, with many other in the third. I would say Sri Aurobindo's Savitri places him also in the first tier, though it may be in a tier higher still, as it is a work of 25,000 lines of unprecedented mystic poetry, perhaps 1000 years ahead of its time.

Interacting with Others Forces Our Change and Enables Progress

It is when we interact with others that we are forced to confront our own limitations, as life puts us in opposition or contradiction with the other party through which we must rise in consciousness to create the higher harmony. It is Nature's slow and difficult way of progress.

Thus, Sri Aurobindo indicates that it is form interacting with form that brings about the evolution; a continual movement from unconsciousness to consciousness.

Overcoming Conflict with Another Has Universal Effect

If we give up a small conflict with another and turn it harmonious we may see corresponding positive rippling effects in the collectives around us -- from friends and family to business to the world. In this way we can affect the macrocosm (the universe) from the microcosm (ourselves).

Rising to Level of Consciousness, Above Unconsciousness

We rise to our level of consciousness. Beyond that requires overcoming our unconsciousness.

Demanding Beyond Entitlement

When you demand from life something you are not entitled too, life will take from you in proportion.

E.g. a woman demanded a special sauce she was not entitled to at the current price. After pushing hard on the matter, she got what she wanted. A moment later she found herself in a slow-moving line with the person in front of her having problems, which caused the woman frustration and irritation.

Rising to Next Highest Level Attracts Oppositional Force

When you try to establish the next highest level of consciousness for yourself or the world, there will normally rise a force in opposition that will try to destroy it. Learning how to navigate your way through this opposition by dissolving its power from within or making use of its force for your advantage will enable you to rise to that desired next level of being.

Example: A small group of individuals in an organization quietly tried to raise the body's level of consciousness, knowledge, aspiration, etc. Over time there was an extreme opposition from a regressive force which sought to block the party who wished to implement the new. Court cases and the like followed. Yet because of the calm of the higher party, people in the organization became more aware of them and their progressive ideas. In fact, they were soon voted to head the entire august organization, implementing many of their values! In essence, the negative force rose up to block the positive, but the higher party carefully utilized the events perpetrated by the negative side to rise to the very top.

Another example: In the Jane Austin novel *Pride and Prejudice* the Bennett family aspired to rise up in prosperity and well-being. Immediately a nefarious scoundrel rose up and instigated shenanigans that almost ruined the family. However, through the personal growth of several members, they overcame the oppositional force; enabling marriage of the daughters to wealthy men, enabling the struggling Bennett's to rise in prosperity and social status.

Levels of Physical Transformation from the Force

Consecration makes the consciousness flexible, increasing one's energy, and therefore giving greater power to the e body. A stage beyond this is the transmutation of the cells of the body so they lose their programming to fall ill and die. Beyond that is the replacements of the organs of the body -- breathing, fluid circulation, digestion, etc. -- with corresponding centers of consciousness. This is the supramental body and existence in which we can live as long as we wish.

Overcoming Causes of Illness and Aging

Illness and aging are due to the body's inability to keep up with the demands of life. When it does, we will take a major step toward unbounded health and living as long as we wish.

Solve Problems by Consecrating, Forgetting

One of the best ways to solve a problem is to consecrate and then forget about it. Life will then offer you a solution or implement it on its own.

Withholding Expression of Another's Breaking a Rule

When you hold back and dissolve the emotional urge to tell another they are breaking a rule, they tend to come back into line on their own.

Life Iterating One's Thought is Supramental

When increasingly each time you have a thought about a matter and an iteration of it instantaneously appears before your eyes from out of nowhere, you know you are on the way to embodying supramental (truth) consciousness.

Religions Limits Compared to Spirituality

Religion can help a person live a moral life, but is generally inadequate for living a spiritual one.

Religion is to honor and worship the spiritual founder. Spiritual life is to embody those and other spiritual qualities in our own being.

Regressive Forces Overcoming Positive Development Attract Natural Disasters

The cancellation of a progressive development (such as government legislation) by regressive forces can attract the sudden onset of a natural disaster for that community.

E.g. the state of Colorado in US in a forward-looking movement passed gun-control legislation. Soon after the individuals who helped put this in place through legislation are recalled from office through a nefarious process in an attempt to overcome the law. Within a few days the worst floods in 100 years threatens the lives of thousands of Coloradoans.

Parallelism

When two things come on their own from out of nowhere at the same time, look closer and see the way they are related in consciousness.

E.g. after not hearing from an individual for months, an email comes to me response to an earlier message I sent him. It comes as a conference he represents on education is about to take place to which I have been invited. In the inbox is only one other email message. It is from an online education system of the very type that is to be the very focus of the upcoming education seminar. These two messages, which have no outer association to one another, came simultaneously and are thus related in consciousness.

It is interesting that I virtually never receive such message related to new education system, but here they come together in an instant and are the only ones in the inbox.

It is also worth noting that such associations also point to future relations that will occur between the parties of these two messages, as well as to the person who received it. (It is one way to anticipate, if not tell the future.)

These and dozens, even hundreds others are examples of life association laws that are indicated by such synchronicities between parties. We refer to them as "Laws of Life Response."

Embracing What We Dislike in Work Attracts Positively

It is often the thing that we least like of our work that attracts our future success. Therefore it is best to embrace in full the givens life has put before you. If you do, you will be taken to the next level of success in life!

E.g., an individual disliked sales as her job, but then reversed her attitude, and as a result suddenly attracted the job of her dreams.

Severely Unbalanced Income Gain in USA

Life out of balance: In the United States 95 percent of the income gain since 2009 have gone to the top 1 percent.

People's Unaware of Other Areas; Provincialism that is Ignorance

People in a given country are little concerned with the issues of other nations, being absorbed in local and national matters alone. As a result of this rampant ignorance, people are unaware of important global developments, innovative solutions to problems, and how we can work collectively to uplift our own nation as well as the world. In the age of the Internet, such shameful ignorance is inexcusable. Let us then wake up and learn about the condition of our neighbors worldwide, and we will all be greatly enriched!

US as Capitalist Country

Reader: The US is truly a capitalist country.

Response: Yes, where "capitalist" indicates a focus on money and financial speculation first, regardless of fairness; the human being second. If America can turn from "capitalist" country to being human-centric, it would serve as a model for the rest of the world. (like the Scandinavians and several others) Right now, with unbridled speculation she is virulently the former; money centered. But things can change; usually through pain.

How to Change the Course of World Events

Any individual learned and absorbed in the issues, and deeply, sincerely open to Mother can from within change the course of world events.

Living Unendingly and Soul/Psychic Connection

Q: Can we live unendingly through intense life summoning desire, which organizes, creates more Life Force?

A: In theory if you were to aspire for what your Evolving Soul (Psychic being) aspires to know in its cosmic Journey, then you could live a very long life. (One lives so long as the psychic entity sees the possibility of its growth in this life. Otherwise, we die and it move on to further rebirths) And yet the degradation of cells would still persists, which is only curable through the action of the supramental Force, which invariably would replace all of our organs and such with a higher representative functioning. In other words, it would be the means of a new type of Individual, making up a New Species of human with the ability to live life unendingly; as long as one wishes through movements of consciousness within.

Connection with Mother and Avoiding Life's Obstacles

Only our deep association with Mother enables us to successfully navigate the minefield of Life.

Summoning Your Highest Value that Evokes Response

Think about and feel the highest value you can imagine to uplift a problematic situation. Life will positively respond to that higher consciousness aspiration, offering creative means for its implementation.

Resistance Overcomes Attracts Sooner Completion

When you give up resistance to go down a certain path, the completion date of its achievement occurs much sooner than planned.

One Change in Our Limited Consciousness, Usually Attitudes, Moves Us to Next Level of Accomplishment

We try to move to the next level of accomplishment in our life, but nothing happens; life does not cooperate. But then if we change one small aspect of our being, usually a limiting, negative attitude or a missing level of will or effort, and suddenly a golden opportunity appears from out of nowhere, that when taken propels us to the next level of success in life. Knowing what that inner change needs to be is the key to attracting Life's initiative that takes you to the stars.

Reader: How to know?

Response: One needs to evaluate aspects of one's being and discover and then change those that are wanting. The biggest problems are normally in the attitudes. There are a number of negative attitudes, from which you can identify your own. If you change even one, life will quickly respond with good fortune:

Another approach is to perceive all of the negative situations that have come to you and see the negative quality inside that precipitated it. (You can still reference the same list in my previous comment.) The key is of one is truly sincere in doing this, in discovering the weakness and making the change; or is it just an idea or passing fancy.

Hoping for Collaborative Effort Evokes New Solution in Syria Crisis via Gorbachev

At the beginning of the Syria chemical weapons crisis and threat by US to retaliate for its use, I went to a news story in which Michael Gorbachev spoke of how this event can be used as a means for forwarding relations between Russia and the US, which has sorely been neglected since the end of the Cold War. I hoped for this naturally, as it would change the smaller circumstance of the Syrian gas to one of the potential of world unity and collaboration. No one of significance was speaking along these lines. Several days later from out of the blue the Russians made their overture to the crisis by inviting the Syrians to give up those gas arms. As a result, at least for the moment, the situation has radically changed. It should be noted that Gorbachev ended the Cold War almost single handedly, and without a single death. It is one of the great events in history, and one that surely had Her Force behind it. It is a power of Non-Violent peace.

Additional: I perceived Gorbachev's as the higher consciousness approach, connected with that reality, and life responded along those very lines. (It was also synchronous to members of MSS entering the country via Washington DC for conferences on this sort of and other social development topics.)

Developing Inner Poise by Developing Inner Life

You develop the peace within that is untouched by outer circumstance by establishing an inner life. That inner poise can become real and permanent by practicing constant consecration, non-reaction, taking another's point of view, silent will, self-givingness, etc. It will over time establish a deeper poise in the subliminal being, the inner mind vital, and physical, from which to consciously observe and be unaffected by the world. Deeper still lies the Psychic being.

What Mother Is, Does in Life

Mother is the spiritual Force of the Infinite Consciousness poised to further evolve the world through our collaboration.

Power of Surrendering Ego

Common View: Surrendering our ego will make us very weak.

Spiritual Reality: When we surrender our ego and the spirit takes over, we become much more powerful. (MSS)

Individuals Ensconced in their Opinions

Individuals who assert their opinion vociferously will often cower and shift to the opposite in the face of truth. This indicates a somewhat open mind. Those who do not shift in the light of

true knowledge are ensconced by the physical consciousness. They only change when life beats them to a pulp.

Immersing Ourselves in the Present Conditions and Its Perfection

Since every moment has its own character, we must be fully immersed in the present conditions -- unconcerned with future or past -- to engage it perfectly. Too much of the time we let our minds drift to other things, other wants, causing faulty engagement in the needs of the present moment.

Further comment: Please note that such 'ever-present engagement' tends to enable perfection in the act, which theoretically evokes powerful life response in return. We could gather examples, or watch ourselves to prove. Sri Karmayogi and associates likely have such real-world examples that verify the hypothesis.

Changing Corresponding Inner Condition to Evoke Response from Collective

Life Response not only relates to evoking good fortune for one's self from within, but also for the collective. One aspect is to discover the corresponding quality in one's self that relates to an outer problem of the collective. E.g. if you don't want a particular war, discover a certain irritation or sarcasm or something in your nature that gets energized when the subject of that war comes up, and reverse it. Life will then take over, and do the right thing about the conflict. In a similar way we can overcome poverty, disease, and many other social ills. This approach can also work more locally relating to your country, region, company, family, or interpersonal relationship.

This shows that ultimately we are not just individual beings, but universal ones as well.

The Success of Leader Who Listens to All Sides, and Then Decides

One great quality of a leader is the ability to listen to all sides of the issue, e.g. from subordinates, and from out of these determine the best course of action. Having been involved in the decision making process, the staff will now be motivated to follow through with determination and positive attitude. Through this process, the chance of success is greatly enhanced.

Knowledge through Non-Thinking in Supramental Life

In normal human life knowledge comes through thinking. In supramental life, knowledge comes by NOT thinking, -- through intuitions of knowledge. That is made possible when we move to a deeper poise of stillness within, which itself occurs through constant consecration, opening to the supramental Force of the divine Mother.

Dead Habits vs. Doing in Freshness

Q: Please clarify meaning Dead habits?

A: Dead habits are routines we engage in repeatedly over and over, never changing them. This as opposed to doing things differently, with freshness, which elicits new-found energies and successes:

Shedding Lower Consciousness Aspects Will Attract Opportunities as Life's Initiatives

Constantly move from lower to higher consciousness -- by shedding negative attitudes, dead habits, false beliefs, ego movements, etc. -- and life will come to you with good or great fortune. Thus, you will never have to initiate actions for success, as Life's initiatives will come to you as Golden Opportunities. Embrace them and you will be taken to the stars.

Power of Moving from Insistence to Putting Out of Mind

When you refrain from insisting on a truth you observe, putting it out of mind completely, it tends to manifest with vigor in the world.

Not Waiting on Things Delayed

Not waiting on a thing delayed, and doing what one can with what one has, attracts the delayed thing to arrive during the new course at just the right time.

Catching and Consecrating Ego Movements Enables Harmony

Each time an Ego movement arises catch it and then consecrate it. Your life will then be filled with Harmony -- towards others and life, which will be the source of unending Joy.

The English vs. French in Past and Future

In the last century or two the British have demonstrated towering strength against its adversaries, as opposed to the French who were soft and cowardly, taking to wine, women and song. And yet the French have a much finer intellect, and subscribe to high forms of idealism that the English do not aspire for. The Mother even indicated that the French would be instrumental in the spiritual evolution. Sri Karmayogi says this will happen only if she moves from intellectuality to the Spirit. UK on the other hand seems to be out of the evolutionary picture as the US has taken up that role.

Opening to the Wider Mind to See the Big Picture

We are hemmed in by the small dome of our mind, causing us to perceive a haze of truth, a bare minimum of knowledge. But there is a vaster Mind that stretches out in all directions that enables us to truly see the Big Picture of existence. By moving to a deeper center of being within, we are enveloped by that universal and cosmic Mind, garnering its infinite knowledge and success benefits in our lives. (Constant consecration, and practicing non-reaction, taking the other person's point of view, and self-givingness, will move us to our subliminal and psychic being within where this dynamic is made possible.)

Not Wanting, but Accepting in Mother

In Mother you don't want anything, but you do accept everything that comes.

The Way Out Of India's Woes

(My entered comment on today's NY Times article on the very recent economic troubles of India:)

This is likely to turn out to be the best thing to happen to India. It will wake her up in all of the areas she has been asleep, negligent, and backwards. This will also allow the prosperity to spread from a core 20% to the rest of the nation. After all 66% of all Indians make \$2 a day, which is pathetic. By the way, it is not just the government, infrastructure, et al that must change in India, but also the poverty mindset of the individual people has to change; developing entrepreneurial spirit, a work ethic, shedding caste, often mindless rituals, a reconnection to her spiritual wisdom in a modern context, etc. That is the real key to long-term success.

Sri Aurobindo on Destruction of Europe's Organization

"Europe prides herself on her practical and scientific organization and efficiency. I am waiting till her organization is perfect: then a child shall destroy her." (Sri Aurobindo, Thoughts and Aphorisms)

Sri Aurobindo's quote may be referring to the logical mind of the European that is the basis of how organized its society is through mental constructs. However there is a power of truth much greater than the mental; that is the spiritual. Spiritual being spiritualized mind of intuition and supramental perception. Einstein intuitivized reality breaking the bounds of the

traditional Newtonian view. But that is just the start. We can intuitivize the truth of anything, which gives us a far greater power than mental logic. Opening to Supermind (the Mother) gives us vast integral knowledge plus instantaneous capacity to change reality. How can science and organization of the mind as in Europe compete with this new formation of human experience? Perhaps then the child represents individuals who will perceive this capacity, which will shake the foundations of European "logic" and organization.

Underlying Attitude and Illness

Change the underlying negative psychological attitude, and one's serious illness will soon disappear.

Solution to Middle East Problems

Until there is a comprehensive ECONOMIC solution for the Middle East and North Africa, civil war, terrorism, flaunting of democracy, coups, and general violence and misery is likely to continue there unabated. The underlying angst is caused by poverty, high unemployment, feelings of little opportunity, etc. The world should work together in collaboration with these nations to create a viable economic solution. Otherwise, the madness among the nations in that region there will go on for the foreseeable future. The rest of the world will not tolerate this for much longer, as it jeopardizes their own progress. To create such an economic solution a World Parliament or similar should be created to pass legislation that can be enforced. Also a World Army should be deployed to troubled areas as needed, not dependent on the US alone as is now the case.

Existential Question

It is estimated that ~100 billion people have lived on the earth. Then how does one feel significant in the face of this startling reality is the question I am raising. I invite your responses.

Higher Harmony Beyond Various Contradictions

Progress and therefore Evolution occurs through infinite pairings of contradiction -- between husband and wife, boss and employee, two rival nations, etc. etc. -- who through their difficult interaction discover a higher harmony beyond their current contradictory state.

Anger and Knowledge

Anger indicates lack of knowledge of all the facts.

Nations as Policeman of the World

The nations of the earth need to collectively take over the role of policeman of the world from the United States who no longer has the capacity and will to sustain it.

Steve Jobs and Indian Spirituality

A few thoughts on Steve Jobs relation to Indian spirituality.

--He went to India seeking spiritual enlightenment, but after a difficult experience, he turned around, feeling he needed to develop his technological visions.

--It has been reported that ever year Jobs read saint Swami Yogananda's book 'Autobiography of a Yogi' and was therefore influenced by ancient Indians spirituality.

--'The Journey is the Reward,' a pet phrase of his, is advocated in the ancient Vedas and Upanishads texts of India

--Seeking the Joy of Work and Service over Money is what Lord Krishna taught in the Bhagavad Gita. It is the Karmayoga of the Indian tradition.

--Think Different/True Individuality -- a deep view of his that is again deeply ensconced in the Vedic, Upanishadic and Gita traditions.

--Much of the Apple advertising and marketing over the years had a touch of the Zen (Buddhism) in it. I.e. filled with irony and a dash of that which goes beyond mental logic.

Unfortunately Jobs did not lead a balanced life despite his philosophy, being too focused on accomplishment at the expense of his own serenity and well-being. He was also insecure and possessive. As a result, he turned ill and died. In this regard, he was not able to practice the knowledge he had perused.

Reader: It is unfortunately the case of so many other gifted people

Compulsion from Within, Above

There are two compulsions that drive the evolution: one from Within Ourselves; the other from Above.

Attention Energizes It

Whenever you give more attention to something, it gets energized. E.g. illness (begets more illness), upsetness, a problem, cheerfulness, aspiration, machines (better performance), people (more responsive), information and ideas (more of it comes), etc.

Utility of Negative in Life vs. Supramental Life

Without negative circumstance life almost never moves forward.* It is normal human existence. Supramental Life on the other hand overcomes this dynamic.

* "moves forward" = progresses

Reader: It is also 'negatives are positives in disguise.'

Comment: Exactly!

Reader: When one finds getting rental accommodation difficult, he starts thinking why not build a townhouse for himself.

Catching Negatives Prevents Response; Better Yet Consecrate It

Catch every negative thought and feeling you have in the course of your day - whether towards others, life, or self. That avoids further negative response from life. Better yet also offer it to the spiritual Force which will tend to reduce or eliminate its occurrence in future.

Need for World Parliament to Solve World Problems; Human Unity Formations

Only a World Parliament of collaborating nations or similar can overcome the acute cross-nation problems of the world - including conflict, war, poverty, unemployment, skewed distribution of wealth, environmental concerns, terrorism, and other forms of political, economic and social instability. These problems are too great for any individual nation to solve on its own. Global parliament policies can reinforce Harmony, instead of nations each pulling in their own direction as they are doing now. Sri Aurobindo saw such collaboration as necessary for ever-increasing Human Unity. And yet the solutions themselves can percolate from the bottom up.

Further thought: It is rapidly happening, Since WWII there have been a plethora of world organizations from UN to G20 to ASEAN, to global environmental and economic gatherings, and many many others, as never existed on the earth. These are now accelerating as people realize they cannot solve problems alone. From 1 or 2 before WWII, to many dozens now, and increasing even faster since end of Cold War.

One Mind, Vital, Body

There is only one body, one mind and one vital though outwardly we see so many different bodies. (MSS)

Comment: E.g. there is Cosmic Mind, which is universal. Our own mind (and its knowledge) is only a tiny eddy in the sea of Cosmic Mind. Similar for other planes mentioned.

When All is Lost, All Returns

It is when all looks lost, that everything will be returned back to you. (MSS)

Comment: Only when you move to intense hopeless state, calling out in desperation, and there is soon an answer to your prayer. At such moments one's being is wide open, so the Grace comes unobstructed. Life responds with new opportunity, development, clarity, answers, funds, etc.

The Psychic Being's Journey Between Births

The psychic being (evolving soul) of a dead person goes to the psychic world to take rest. It then collects from out of its past experience what is necessary for its next birth and then chooses the next body for incarnation. (MSS)

Remembering Past Births through Psychic Being Connection

Q: Can we recollect our previous bodies thru Aspiration?

A: What I understand, if you connect to your psychic being you can recollect experiences in past births where you were in touch with that (same) psychic being within one's self. This is what Sri Aurobindo and Mother experienced. E.g. in Agenda Mother remembers specific moments she experienced as Taia, queen to Amenhotep III and mother to Akhenaton in ancient Egypt. She also had any other experiences as Joan of Arc, Mona Lisa, and Catherine the Great of Russia.

From Psychic One Knows Others Thoughts, Feelings

Those who are in contact with their psychic being (evolving soul) are able to know the thoughts and feelings of others without anybody speaking them out. (MSS)

US on the (Negative) Cusp

Most in the US did not upgrade their skills for the new economy as they were asked to do over the last 20 years, and their wages stagnated terribly. Meanwhile all recent wealth increase since the financial crisis and ensuing near Depression has gone to the top 5%, leaving the remaining reeling beyond stagnant wages, as they are also burdened with lack of funds and saddled with debt. Tax decreases for corporations and sheltering and offshoring of money avoiding taxes further depleted the governments financial base and there has been little infrastructure development and funds for education in the nation. The unregulated financiers recklessly abused money ushering in the Great Recession. A perfect storm of problems have ensued and people are pointing in various directions to blame. The entire society has to work together to get out of the mess that has been created. Lack of cooperation among the sectors and mindless laissez faire style capitalism need our attention. A new way out is required with people at the center, not money with its tendency for greed and indifference. The cash flushed and innovative tech companies can play a vital role in this process. We need to work together. Individuality without cooperation leads to anarchy. We are on the cusp of that, so we must work together and take serious actions soon.

Great Literature Enriches the Subconscious

Great literature enriches ordinary daily life in many ways possible, but it mainly enriches the subconscious through its subtle faculty. (MSS)

Raising the Child with Affection and Living to Old Age

The mother is the main source of affection for the child. The wife who enters a man's life later on is a higher version of the same social emotion, whose highest expression is the sacred emotion of Love. Its birth is commonly vitiated by the social institution of marriage in which property is given central importance. If mercenary motives are not present and the child is raised with full affection, the human relationship formed around the child's psychological

blossoming becomes the human efflorescence in old age. So great is its power that, according to ancient Tamil literature, it can prevent the graying on man's hair even in advanced age. This is its merest outer expression. Its inner cultural richness expresses as tolerance for the lapses of the younger generation. It is tolerance born out of the soul's inner freedom. That freedom can express as a playful cheerfulness which we find in the heroine of *Pride and Prejudice*, whose creative energies raise her whole family to a higher level of social life. (MSS)

Opportunity for Personal Education

What families, especially affluent aristocratic families, give to their children through private, personal education by tutors can now be made available to all the children of the world with the same flavor of human solicitude and affectionate responsibility. (MSS)

The Family and Culture

Family is the creative social organization that nurtures the biological child to form the psychological citizen. The mother's loyalty enriched by the father's sense of responsibility form the flowerbed on which culture flourishes. (MSS)

On Civilization and Culture

Civilization is the essence of history which is itself the essence of social existence. The distilled essence of civilization is culture. (MSS)

Intuition in Education

If the world's knowledge of intuition is brought into the field of education, it would revolutionize the field and transform teaching into a creative process. (MSS)

Great Moments of Intuitive Perception of Individuals

Steve Jobs says he acquired intuitive perception during six months of his stay in India and relied on it for crucial successes in his life, such as invention of the Macintosh computer, Pixar's *Toy Story*, the iPod, iPhone, iPad and the highly successful Apple Stores. Lincoln possessed the uncanny intuitive sense to know just how much the public would support and tolerate and how far he could push the Northern states to abolish slavery without precipitating an open revolt. Food rationing introduced during the Second World War continued in South India until 1952 out of belief that removing it would lead to hoarding and sky-rocketing prices. The then Chief Minister of Madras Presidency, C. Rajagopalachari, intuitively perceived that rationing could be abolished without any ill-effects. People feared that prices would soar immediately. He was proved right when instead of rising, prices declined slightly. When people wondered how he managed to do it, he said that he did it relying on intuition. (MSS)

Memorization to Subtle Understanding in Education

The shift from memorization to understanding in education is a significant evolution in that field. It can go one step further from conscious understanding to subconscious or subtle understanding, intensifying the evolutionary process. It is not unknown in the world. (MSS)

Evolution in Society

Evolution is not confined to biological species; it occurs in societies as well. Evolution is organizing itself under the surface in every sector of society. (MSS)

Creative Aspiration

Creativity expresses through enormous energy. To organize that energy into consciousness is further greater work. Energy comes from aspiration. Aspiration for what? When we aspire for what is already there, it can be described as ambition. When we aspire for what is as yet unrealized, it is creative aspiration. (MSS)

On Genius Born or Created

The traditional belief is that geniuses are born and not made. Creative consciousness when cultivated can form the bedrock on which genius flowers. (MSS)

Creative Moments in Childhood Education

Montessori, Summerhill and Glenn Doman mark creative moments in early childhood education. They all made education creative. For the child who is memorizing, a moment of original understanding is creative. Similarly, it is a creative moment for the teacher also when he shifts from addressing the memory of the students to addressing their creative minds. (MSS)

Need for War in Europe

WWI was hailed as the war to end all wars. But the social psychology of Europe at that time thrilled with the intensity that war offered as an outlet for its pugnacious energies. An Englishman commented that forty years of peace was intolerable to the national psyche. So, the first war half-consciously prepared for the second war. It was assumed that this horrendous war would mark the end of all wars. The end of the second war offered abundant opportunities to end wars forever, but the subconscious urge to prolong the spirit of war was too pronounced. Hence, it was followed by the intense tension of the Cold War for another 45 years. (MSS)

Freedom and Self-Discipline

Freedom and discipline are not opposites. Freedom and compulsion are opposites. The only real discipline is self-discipline. Growth takes place only when we exercise our free will. When we are compelled, it is not our will that exercises but that of the person or society that compels us. Growth occurs only when we make a choice, decide to act by a particular set of values. That which is imposed is not a decision. True freedom means opportunity to choose. Right use of freedom is to choose rightly. Choosing according to higher values is right choice. The alternative is that we choose what is comfortable, convenient, self-serving, permissible -- rather than what is right and true and good. That is not freedom. It is license, self-indulgence and dissipation. All great acts come from choosing a higher value in the absence of compulsion. Darcy did it when he chose to go after Lydia when no one thought he had any responsibility for doing so. Mr. Bennet did this when he chose to repay Gardiner, though neither Gardiner nor the society expected it of him. (MSS)

Giving Freedom in Human and Spiritual Life

(MSS) We know very well that when we are given total freedom in life we don't use it properly and mostly end up issues in it. For example, when parents give a lot of freedom to children the children spend most of the time in play only and end up neglecting their study which hurts them later on. Similarly, when a company gives freedom to its employees they come late, waste the time in gossiping and not doing work and insist on leaving earlier than the scheduled time. All these only leads to the financial loss to the company. Therefore, traditional wisdom is always insisted on a full and proper discipline for achieving any progress in life.

(response) In business it is essential to establish discipline first. That is the authority implicit in the job position. Once that is established, then giving subordinate staff members freedom -- whether to be creative, innovative, taking initiative, etc. -- will produce highly beneficial results. It is a psychological growth for the manager to release himself of egoistic control. The same basic dynamic is true between parents and children.

(MSS) Now we come to integral yoga. The basic principle of integral yoga is that the psychic being grows only under conditions of true freedom. It is to give this freedom that the Mother has freed Sadhaks from the control of rituals, from the authority of the shastras and the necessity of having an external spiritual guru. When people misuse freedom in ordinary life, why won't they misuse the same freedom when it is given in spiritual life?

(response) The starting point of Spirit is freedom, the play of Life, Lila, in which the Divine can do anything He chooses; including not creating a universe. Spirit is organized around trust, actually faith, not authority. In that way it is different than business and family life, which still have the element of duality embedded and require a certain foundation of authority to function properly. The true authority in spirit is the Soul which is the spark of the divine, which is Free as it wishes. The play of Lila is thus inside, as well as transcendent to us in the spiritual life.

(MSS)Therefore, I am honestly puzzled by the philosophy of Integral Yoga that insists on the freedom given to Sadhaks for achieving substantial spiritual growth. Commonsense says that freedom is invariably misused. If so, how will any Sadhak of Integral Yoga achieve any real progress under conditions of freedom from rituals, shastras and guidance of the Guru. Surely, this demands an explanation. Perhaps hidden beneath the external appearance of freedom there is a greater discipline in Integral Yoga which alone is responsible for the spiritual progress achieved by the Sadhaks.

(response) Yes, I believe so. It is self-discipline, not authority/compulsion.

Thoughts on Substance by Sri Karmayogi:

--Substance is deeper than consciousness.

--The substance is more real than the consciousness.

--The substance readily reveals the natural strength.

--One's evolutionary progress or even potential is seen by the measure of his own uncompelled willingness to respond from his physical substance.

--To reach the substance and to act from the spirit of that substance is to evolve spiritually.

--The change accomplished by Elizabeth [in *Pride and Prejudice*] is from the vital to the mental, by Darcy from mental revulsion to vital acceptance. It was not enough for life. It needs to be repeated in the substance of the vital so as to be permanent. Lydia completes it.

--[In *Pride and Prejudice*] Pemberley possessed her [Eliza's] feeling with a deeper appreciation. That feeling having reached her substance, evoked the Response of bringing the owner [Darcy] to meet her.

--The thought in the Mental consciousness moving down to the Mental substance becomes the thought of understanding of the body. Hence the instantaneous action.

--[On making the choice to come out of poverty} Making a positive choice he makes a progress in consciousness unaccompanied by a similar progress in his substance. In life, it is for him to cling to the higher opportunity and fill up the substance.

--Humanity may cover only the consciousness excluding its substance which is earth.

--Home is the consciousness, the house is the substance.

--The ideal is the consciousness, the organization is the substance.

--The highest work of reason is to find the one substance, the one law, the cementing latest reality connecting and unifying the many, the different, the discordant and disparate.

--Moving from thought to mind, it is vast. Rising to Silence, Light, and Knowledge, it is more and more subtle and more powerful. Descending into the vital, the physical and further reaching the substance, Mind becomes profound, whole, mighty and discovers itself as the Absolute dissolving itself in the Process.

--The outer atmosphere is like a cloud. The inner atmosphere is like a flood. Beyond is the substance of the person.

--If the atmosphere is undisturbed and calm even without a mental effort on your part, it means your substance is calm.

--One has touched the substance if nothing in him moves.

Overcome Power Problem via Communication with Mother

Reader: When I was coming back from work, reading article of life response. Suddenly came to my mind that nowadays we are not facing power cut problem in tamil nadu. I thought we

, tamil nadu people , are not showing any gratefulness. No praise for the concern govt /persons for giving power. After reaching home, suddenly power failure in home after a very long time. I silently went within me for the cause. Suddenly remembered I have not thanked mother for solving the power problem . Felt ashamed .. thanked mother. Same second, power has come.

Comment: Wonderful reversal from complaining about others' lack of gratitude to overcoming one's own that evokes instantaneous response.

Mother's vs. Our Relation to Money as Devotees

Money belongs to the Divine, not to us. Mother has a right to ask for all the money in the world. That does not give devotees the right to presume that we too can ask. In the name of the Mother and in the name of service to the Mother, ego claims it is doing divine service and collecting money only for Mother. In reality, it is ego collecting money to enhance its own prestige and self-importance by asserting the work done in the name of the divine is service which others are privileged to give to.

What Mother asks is that we understand all the money that comes to us is really Her money, not ours, and should be utilized in disinterested manner without ego. How many of us are capable of it? What we earn we feel is ours. What we receive as gift we feel is ours. What we collect for Mother we feel is our accomplishment.

To overcome the ego, Karmayogi asks us not to take initiative, including not to take the initiative to ask for money. But if Mother asks us to collect money due to her, it means not to allow our sense of social propriety to interfere, since social propriety is only an expression of ego.

It is not a question of giving or asking. These are only physical acts. It is a question of motive. Silent will and non-initiative are the best way to move from the ego to the psychic. Practicing them in a truly disinterested manner, the money needed for Mother's work will come of itself. (Garry Jacobs of MSS)

On the Jews Persecution and Suffering

How can we explain a persecuted community like the Jewish community continuing to suffer Arab hostility even after undergoing the horrors of holocaust? –

They were placed right in the middle of the Arab homeland, and the Arabs are possessive and close-minded in recent decades. Why does the Jewish community face never-ending persecution?

--Because they are deemed responsible for the death of Jesus. They have also been misled by their asuric God. Finally, it enables them to evolve to the forefront in a special way.

Response by Garry Jacobs of MSS: Yahweh and Jehovah are both the names of the Jewish God. The Jewish and Christian god are not identical in consciousness. The Jewish God demands faith and punishes disloyalty, which are egoistic or asuric qualities. The Christian god is known for forgiveness, compassion, sacrifice as symbolized by his son, Christ's, sacrifice for humanity.

Another view is that the development of mind by the Jews and extraordinary success has made them victims of jealousy and resentment among vital society and a reason for their persecution.

A third is that the Jews' attachment to money value at the expense of human value, especially toward non-Jews, has evoked a reaction of resentment toward the community. Their wealth alone is enough to elicit jealousy. When employed to make money off of others difficulties through moneylending, resentment is inevitable.

A fourth is that the Jews have insisted they are a chosen people, set apart from the rest, which is why they have resisted conversion for 2000 years. Those who set themselves apart risk alienation and hostility, whatever the reason. (Garry Jacobs, MSS)

From Irritation to Consecration Before a Meeting that Elicits Success

If you arrive at a presentation you are giving in an irritable mood, unexpected negative conditions are bound to present themselves during the performance. It is therefore best to consecrate the event (and the irritation) to avoid such outcomes. (Avoiding the cause of the irritation in the first place is a further, long-term solution, which requires examination of one's consciousness, behavior, actions, etc. related to it.)

Example: before a woman's presentation, she showed signs of irritation. A half hours into her demonstration a key component failed to operate properly, causing her to be upset and lose touch for a while with her audience.

Relation to Our Children

Dominating our children is as big a sin as ignoring them.

True Selling to the Customer

True Selling is the act of being lost in the customer's aspiration.

Self-Control in Difficult Situations

Self-control prevents a bad situation from becoming worse.

Negative Effect of Anger, Irritation

Anger, even irritation exacerbates any problem.

Reader 1: Very good quote for Anger Management. let me follow that 1. Will not get an Angry, if i get, i will call Mother to remove it from me. 2. Will stop to blame others 3. Will treat : children nicely without dominating. Thanks Uncle.

Reader 2: It's very true, Roy. Since I've been working on expanding my consciousness and awareness, I've become more attuned to when I begin to feel the discomfort of anger/irritation.

So, these days, if that happens, I am almost instantly consecrating it. Followed by a quick thought of "peace & harmony...peace & harmony...peace & harmony." It helps, and I can FEEL the irritation begin to pass.

Changing Another Person

Trying to change another person is normally a waste of time and energy. On the other hand, helping others when they ask can be very helpful. Even there proceed cautiously.

Blaming Attracts Negatively

Blaming others attracts more problems.

Additional: Perceiving your own limitation or culpability in such situations is higher consciousness, and attracts the positive.

Sizing Up Another Person

A psychologically rich or ripe soul can readily size up a person they meet. A person living on the surface has little of that power.

Further explanation: Understand what type of person this is. His nature and character. Also a sense of his current and on-going motives and intent.

Supramental vs. Human Life

Supramental life is as distant from human life as human life is from animal life. (And yet supramental is in certain ways readily available to us now.)

Comments about the Subliminal Being Within

Here are a few statements on the subliminal being made by MSS, and my response.

"At the subliminal level we are all one and that is why when one man corrects himself at the subliminal level the whole situation gets corrected even though many others are in the picture."

--The subliminal is in touch with the superconscious, which has a consciousness of oneness of all things. E.g. oneness of past present and future. Oneness of the inner and outer. Oneness with another's soul and being. Etc. When we take actions from the subliminal we are taking right actions since there is a universal knowledge and will at that plane.

--How then does one correct one's self at the subliminal level? The more we consecrate, the more we will find ourselves in the subliminal; or the more the subliminal influence will send up right indications of what should be done, or not done. These knowledge influences percolate into our surface consciousness, subtly making their suggestions. Silence, non-reaction; even self-givingness also connects us to the subliminal.

"The amazing feats of hypnotism are possible because the hypnotist awakens the subliminal part of the person subject to hypnosis and the subliminal sees things clearly even when the person's eyes are closed."

--Yes, the mind's influence is held in abeyance, suspension, allowing the subliminal influence to percolate its superconscious knowledge (steeped in oneness) to our surface awareness.

Devotees Restraining from Initiative

The more devotees restrain themselves from taking initiative, such as urge to call a friend, tell others about a success, share some information, etc. the more the positive energies build up, releasing LIFE'S initiatives and success (Grace) for all parties. It is also helpful to consecrate the urge as it arises or after you have controlled it, which will reduce the likelihood of one moving on the urge in the future.

Reader: I see it as allowing life to flow, by non-response to egoic urges...therefore making way for the highest possible outcome...being in the flow of life, consecrating all activity, brings the optimum soul growth.....we basically don't stand in our own way. My life ten yrs ago was extremely different and difficult, now....its effortless, just by adopting the attitudes of being in the flow, all are mirrors so we go within to fix, and there no such things as mistakes or accidents, all is meant to be as it should be, in perfect order, and everything u need will come to u at the perfect 'time/space' sequence for ur growth.....I used to be an obese, type 2 diabetic, on medication for an underactive thyroid, and battling fertility issues with polycystic ovarian syndrome.....all GONE, by the adoption and realisation of the above truths....I am in perfect health, off medication, and I have Two kids... lesson learned...do not bow to egoic need....it serves ONLY the ego.....

Response: "Non-response to egoic urges." That's it. And thank you for a very inspiring personal account that can give others strength.

Supraethical Guidance

Ethics and morality are mental concepts. They do not reflect spiritual truth. To be ethical is better than being unethical, but it is not the ultimate goal or solution to the problem of life. Arjuna wanted to be ethical when he refused to fight against his cousins at Kurushetra but that was in direct opposition to the Divine Will and the spiritual evolution which required falsehood to be destroyed. To be supraethical is to abandon mental standards of right and wrong in order to know and follow the Divine Will. Thy Will be Done is a prayer for supraethical guidance. (MSS)

Ways to Move to the Psychic Being

We move to Psychic Being (True Self, evolving soul) by becoming humble, sincere and truly self-giving. Consecration, non-reaction and non-initiative are essential methods. (MSS)

Benefit of Financial Crisis in India

The financial crisis facing India involving the drop in the value of the Rupee is secretly a driving force that will lead to greater positive change in the government, in business, and amongst the people. In that way, negatives are positives in disguise.

Goodwill toward those You Don't Love

It is easy to show goodwill and affection toward those you love. It is more difficult to express them to those you don't. In that way, the latter is the interpersonal challenge of our lives.

Additional: I.e. it is a great key to our personal growth.

What Americans vs. Indian Value

The American values the Outer. The Indian, the Inner. What we need is to infuse the Outer with the Inner, enabling a divinized material existence.

Unfinished Projects Returning Strongly

An important project abandoned in deference to other priorities will come back with a vengeance once its time has arrived to be taken up again.

Grace and Values

"The incoming grace can be greatly magnified when it joins values." (MSS)

-Grace is more effective, powerful in an atmosphere of spiritual values like Aspiration, Goodwill, Harmony, et al. Or it can be basic human values like freedom, tolerance, etc. Or both. (Roy Posner)

-A non-devotee and a devotee both practicing values in their business can have very different effects. Let us say a non-devotee is running a restaurant in a very clean manner. This value of cleanliness is bound to give him a very good business. A Devotee running a similar restaurant also in a very clean manner will get even more business since the combination of grace and cleanliness will magnify the results many times more.

Any value such as punctuality, honesty, quality, perfection, on-time delivery, safety and customer service when combined with grace will fetch more results than when operating singly is my understanding. Grace is expansive and so when it acts on a value, the effect of that value is equally magnified also. This can be verified by studying two companies practicing the same value, but run by devotees and non-devotees alike. For example Federal express, the courier service practices the value of on-time delivery. It has become a leading player in the field. Now imagine the CEO becoming a devotee and stressing the same value. Surely the effect would be even more. (MSS)

Role of Supramental Force and Divine Life on Earth

The supramental Force that rendered creation from an Infinite Source is destined to evolve the earth and its inhabitants to their ultimate capacities, culminating in a New Human Species and a Divine Life on Earth.

Additional: We can collaborate with such by opening to Her regularly. It is that same supramental force, with Its Divine Life Response Action.

Repeating Same Mistake

Apple lost the market to Microsoft in PCs in the 1980s (92-4%), and is now losing the same to Android in the mobile space (80-13% in most recent quarter). Apple's, actually Steve Jobs' possessiveness prevented their OSs to be used on other manufacturer's devices. Apple can

reverse that trend, not just by making a wider variety of devices (which will help somewhat), but by opening their OS to other manufacturers. Then it can become e.g. Apple 80% and Android 13%. Otherwise it is likely going to repeat again as 92-4% against them as in the 1980s.

After all, those who don't learn from their past mistakes tend to repeat them.

Then what mistakes are we repeating that we have failed to learn from?

What MSS Is

Wherever I mention "MSS" as an author source, I am referring to 'Mother's Service Society,' which I have been involved with and a contributor for 30+ years. They have a number of source authors including Sri Karmayogi, Garry Jacobs, and N. Asokan.

Successful, Vitrally Fulfilled People and Coming to The Spirit

People who attain vital success normally don't seem to go to the spirit very often, as their vital is full, but there are exceptions. It depends on their karma and the readiness of their soul. E.g. a renown successful actress in her 30s began a lifelong spiritual quest. There are also many from the upper middle and upper classes who look for more meaning than the wealth and prestige they have attained. They therefor go on to spiritual retreats and take to different teachers. There are successful managers who have learned of higher techniques and they follow teachings that border on spiritual. Then there is the traditional religions that serve a certain if limited spiritual role in the life of successful people. But these appear to be far in the minority, not the majority. Most who have come to the Spirit do not seem to have attained full success, and are seeking Spirit in part to attain it; in part to find deeper purpose and presence.

We know money is in the hands of the Asura, so it would make sense that those on the spiritual quest would do so through the exigencies of money and wealth, so they can be instruments of it for the Divine while rising in economic well-being and stature.

One interesting trend is that many who are struggling to attain money for Mother come from well to do families, and are willing to sacrifice a certain professional work for other types of work that initially pay less, and thus have a somewhat lower starting point. We could say it is to learn the spiritual ropes; the methods of accomplishment and inner growth.

The goal Mother seeks is to give our vital in full for the Spiritual Quest. And that is no easy chore. Some are ready and seem to be pushed from within or above. Some are on the cusp, only an onion skin away, yet must make one decisive change to become "a member" of Mother's Corps.

The minimum we can all do is to discover that one decisive element that will allow us to move forward. If we do that, the entire universe can open up before us.

Levels of Coming to the Spirit

Every person is at a certain level of development. They have come here to go further. There are the Divine Influences that compel him to do so; to Collaborate with Its Intent. Whether he takes up the Call is his choice. He may choose at any level of Spiritual Adventure. And that depends on his outer awareness, as much as any inner push.

If a person is only ready for spirit when there is trouble in his life that is where he is at in his consciousness. Then the depth of the problem can determine how far into spirit he goes. Whether just to call the Spirit to resolve the problem without changing any aspect of himself; or to call the Spirit plus change a corresponding wanting element related to the problem, such as a negative attitude, or go further still. Sometimes such individuals will feel a spark to go further, to truly take on the Spiritual Adventure of consciousness.

If he is a riper soul, to begin with -- whether with problems or not, -- his psychic aspiration will be stronger. It could take shape as a mental ideal, such as being inspired by Auroville and its ideals, or it can touch something deeper in his being, such as recognizing Mother as the ultimate power of power and delight.

Then the question is how far he is willing to go; e.g. as devotee or sadhak; as something key in his life but not ultimately dominating; or taking up as thing such as integral yoga, where surrender is paramount.

Occasionally there are even people who aspire to these loftier heights and venture deeply onto this road, but then fall back.

Listening and Agreeing Instead of Debating and Disagreeing Attracts

It is a waste of time to debate and disagree, as people will tend to assert their own positions. On the other hand, Deep Listening and Taking the Other Person's Point of View are primary spiritual methods for communicating with others. Interestingly, they quickly attract very positive conditions for all parties.

Becoming of the Subconscious that is Moving Your Life

Your subconscious is constantly making you act in ways you are not consciously aware of. The goal then is to make your subconscious more conscious to you. That way you will have greater power over your life. And that can occur through personal and spiritual development, particularly when you connect to your inner being, culminating in the Psychic Center and True Self.

Spending on What is Necessary Attracts Positively

When you overcome reluctance to spend on what is expensive but necessary, money is made up on its own through purchases that follow.

Additional: There was something pressing that needed to be purchased, but was expensive and a bit beyond my budget. Knowing the subtle law of spending and circulating and necessity, I made the purchase. The next item I had to purchase ended up being far less than I thought; in fact the savings was almost exactly equal to the extra amount I paid for the first item. In essence, the end result was just as I originally intended. I have seen this dynamic many times in my life, reporting on it often.

Soul and Body

We are not a body with a soul inside. We are a Soul with a body outside.

Power of Accepting a Formerly Unacceptable Truth

Embracing the truth that you were reluctant to accept suddenly makes you an instrument for revealing truth of a related party.

E.g. a woman finally came to terms with the truth of her relationship with a man. As a result, she soon discovers that she has now through her actions opened up the doors to new revealed truth for a close friend of hers.

Hardship that Brings out Psychic/Soul Aspiration for Mother

Your whole life is geared to awaken and strengthen your aspiration for Mother and that every hardship and every difficulty is precisely designed to bring out the psychic aspiration in you. Once you understand this, your life will take on a wholly different meaning. (MSS)

Comment: Psychic = soul

Violence of Revolutionaries

Sometimes the forces that seek to overthrow the old backward order can become as abusive and violent as those they seek to dispose. The French and Russian revolutions are cases in

point. We see this now in the Middle East and for years in Africa, as they only know violence as a way out of their troubles.

Go In to Go Up to Descend in Evolution of Consciousness

In evolution of consciousness you have to go in to go up, and when you go up, you must come down and perfect the lower planes.

Additional: (in other words) Move from surface to depths (soul space), which causes your mind to soar to spiritual mind (e.g. intuition and supermind), which enables super-realizations and knowledge, whose ideas now have to be applied to the lower planes (mental, vital, and physical) for full implementation.

Intelligence vs. Consciousness

Intelligence is the capacity to know. Consciousness is the degree of Knowing; and much more.

My Being is in Consciousness, Not in Me

My core consciousness is not in my body, my mind, or the universe. They are rather in my core consciousness.

Additional: Core consciousness = soul, psychic being

Personal Transformation Requires Collective Transformation

Sri Aurobindo and the Mother would realize that transformation is not just an individual problem but one involving the earth and that no individual transformation is possible (or at least complete) without some degree of collective transformation. (Satprem)

If you advance on the path that is open in front of you without patiently waiting for the rest of creation, that is, if you achieve alone something very close to the Truth as compared to the present state of the world – what will happen? The whole is thrown off balance; not only the harmony but the equilibrium of the whole will be upset, because a certain part of the creation will not be able to follow. And instead of a full realization of the Divine, you will have a small, local, infinitesimal realization, and nothing of the goal will be achieved. Moreover, if you want to do the work in a solitary way, you absolutely cannot do it in a total way, because every physical being, however complete he may be, even if he is of an altogether superior nature, even if he was made for an altogether special Work, is only partial and limited. He embodies only one truth, one law in the world – it may be a very complex law, but it is still only one law – and the full transformation cannot be realized through him alone, through one body.... Alone, you can attain your own perfection, become infinite and perfect in your consciousness. Inner realization knows no limits. But outer realization, on the contrary, is necessarily limited, and a minimum number of physical persons are necessary in order to achieve a general action. (The Mother)

Clear Up Intermediary Planes Before Rising to Supramental

... when the pioneer of mental evolution suddenly emerges in the Supramental, his discovery is not a feat of magic that upsets all the former laws. He does not leap to the complete supramental being any more than the Neanderthal man leapt to Plato; he must first "supramentalize" all the previous levels. ... The pioneer must therefore clear up the intermediary mental, vital, and material levels so that the two poles can actually meet. (Satprem)

Comment: In evolution of consciousness you have to go in to go up, and when you go up, you must come down and perfect the lower planes.

Supramental within Pushing Up and Descending Enables evolution

... the supermind involved in Matter pushes from within, in the form of spiritual yearnings, human aspirations for Immortality, Truth, or Beauty, etc.; at the same time, it presses from

above, from its own eternal plane, in the form of intuitions, revelations, or illuminations. (Satprem)

(additional) ... The advent of a new stage in evolution, whether it be Life in Matter or Mind in Life, has always resulted from a twofold pressure: a pressure from within or below, from the involved principle seeking to emerge, and a pressure from "outside" or "above," from the same principle as it already exists within its own plane. (Satprem)

Her Power Remedies, so No Need for Fear

No matter what the problem, you should not live in fear, as there is always an answer to be discovered by opening to Her Power. Ordinary life does not offer this solution.

Purpose of Creation and Delight

The purpose of creation was/is to extend the static Delight (Ananda) of the Infinite Source consciousness to dynamic Delight of infinitely variable forms in the created universe.

Deeper Poise enables Higher Capacities of Mind

The deeper the orientation of one's consciousness, the more the mind soars and experiences inspiration, which is an inner vision of a vast possibility. It would precede motivation (to act) in the creation process.

Non-Initiating Life Response Outcome

If you withhold initiating an action towards another party, they will in turn initiate a very positive action back towards you related to the original or another matter.

E.g. in the past I had a relation with a company that did not end in success. However, recently I had a new design that I thought they could make a beautiful object out of. This time however, I restrained myself and did not forward the design to him because (a) I remembered that things did not work out in the past, and (b) I recalled that initiating tends not to work out (whereas Life initiating works out better). The next day I saw an entry in a discussion forum where this same individual responded very enthusiastically to a post I had recently made, something he had never done over the course of half a decade, even though I had made hundreds of such posts before!

By not initiating to an individual in an area, that individual quickly responded positively in a wholly different area. It is a profound truth of life we can all learn from.

Goodwill Attracts for All Parties

Intense, sustained Goodwill towards another individual or group never fails to attract Grace as great reward for both parties.

Involution and Evolution of Mind

(my comment today in the NY Times on the subject of Mind in the universe)

The Indian sage and seer explains that (cosmic) Mind first appeared in the Involutionary process from out of an original Conscious Force. It then was involved, hidden in the energy that was the basis of matter. In the Evolution, life emerges from matter, and mind from life through we sentient beings, although the plane of Cosmic Mind remains behind the visible universe.

Sentient life, including we through an evolutionary process come to embody a very partial and limited aspect of Mind, though as we grow in consciousness we can perceive the wider cosmic Mind which we can eventually enjoin in our own being.

In that overall evolutionary movement we perceive the potential of our higher nature and therefore are able to consciously overcome the limits of our physical, life/vital, and mental existence and attain an increasingly higher consciousness at each of these planes of being. The result is a process of growth and transformation.

Through Nature alone this dynamic is extremely slow. However, through our conscious collaboration we speed up the process of evolution, including our ability to connect with Cosmic Mind, through which we experience knowledge as light, intuitions, and revelations of truths without thought, as Einstein, Archimedes, and many Indian sages have in the past.

Power of Tiny Positive Gestures

In collaboration with the Force, it is the sum of our tiny positive gestures that will attract the universe.

Nature of Speaking and Power of Withholding, Reducing It

Speaking expresses life/vital energy. Holding back unnecessary speech, speaking softly in a low, soft voice, and consecrating when we are to speak increases life energy; i.e. vital power. All of them bring us closer to Mother at that plane.

Additional: They each also attract positive conditions, while their opposite repulses them.

Universalizing Ourselves

To be universalized is one of the evolutionary goals of life. It is to feel all possibilities inside one's self, as one expands and envelops the universe and beyond within.

Unhappiness and Not Being in Tune with Present

Why smiles often quickly turn to frowns: being out of touch with the needs of the current moment.

Envy on Facebook

An important recent survey found that the most common emotion aroused by using Facebook is envy of others.

Lesser Negative with Others and Relation with Greater Negative

One person's large negatives are linked with the lesser negatives of an actively engaged and interconnected spouse, friend, associate, etc. The universe evolves through their interrelation; i.e. the lesser and the greater cannot move forward without each growing in a particular way. Thus in the greater scheme of things the tiny and the vast are equally important.

Not Changing Others Attracts their Change

Overcome the desire to want to change others, and they will begin to change if they are ready to.

On Trying to Change Others

Don't try to change others. Instead change yourself.

Reader: I discover when we change "self", we tend to appreciate others much better.

Response: Yes, for sure. Higher consciousness sees the world from higher view, including appreciation and even gratitude towards others.

Also when we change ourselves, others tend to mysteriously change as a response from life. This is especially true and readily seen when dealing with a significant other, children, friend, etc. Instead of changing them, when we change ourselves, they unexpectedly change.

On Disappointment After Marriage

One reason for disappointment immediately after marriage is the unreal understanding that romance once won will last forever if secured by marriage. It is an ordinary ignorance of a

rule of life. That courtship is to be intensified AFTER marriage is not a palatable thought soon after wedding. (Sri Karmayogi)

Additional: Romance essentially ends with marriage, though one can overcome this through higher consciousness movements between the parties.

Forces of Wedding Released and Who Rules Thereafter

The forces unleashed by wedding are so powerful that within the first twenty four hours the accounts are settled, - who is to rule for the rest of their lives. (Sri Karmayogi)

Successful Courtship

Successful courtship is lucky. It is a period of expansive generosity of intense emotion arising out of ever living expectation. (Sri Karmayogi)

Energy of Source and For in Creation

Energy of the source spirit becomes the substance of the forms of creation.

From Animality to Psychological Depth in the Evolution

Surface inherited animality to psychological depth and richness is a key aspect of the evolution. (MSS)

Further explanation: Animality expresses in us as survival, physical domination, procreation orientation, hunting, desire, sense only view and orientation to life. This is surface physical existence inherited.

The opposite is inner psychological (vital and mental) complexity, revealing character and personality, culminating in spiritual awareness and psychic depth.

Positive and Negative of Divorce

Q: Is the enormous social freedom in America to divorce, go to other partners, etc. a blessing or disguise to attain spiritual growth?

A: Depends on the person and their situation. For one person, a relationship are key to their growth; for another it can block their growth. There is also the situation where an individual repeating the same kind of relationship is not helpful, and the new relation needs to be of a higher order. Etc. The Spirit originated in ultimate Freedom. We too have that. Then it depends what we do with it in our own lives; how it relates to our growth. If we use our freedom as license to indulge in lower consciousness activities, then it is unlikely to help our growth.

Family in India and America

India is trying to build up prosperous family life. Americans are destroying it, perhaps moving on to higher vistas.

Further comment: Divorce rates are soaring in America as couple's interests easily diverge, even for the smallest reasons due to culture of individuality and rampant choice. India is trying to build up prosperous family life that America essentially had from the 1950s forward, but which is now being destroyed in US due to divorce and lack of harmony as each side pulls in different directions. This may be simultaneously a negative and a positive. Negative because it has harsh effects on children and creates great stress; and positive as it may be a sign of freedom, that she is overcoming the shackles of the normal determinants of life (marriage, family, having children, etc.).

Mind and Emotion in the World in the Evolution

Mind emerged in Europe. Emotion in India and Asia. Combining the two is part of the evolution.

Nature Works many Fronts Simultaneously

-Sri Karmayogi says that nature works on many fronts simultaneously in order to bring about the evolution. While Mind was developing in Europe, emotion and spirit were developing in Asia, particularly India.

Black Americans and Beneficial Emotion

Black Americans in high political office in America adds beneficial emotion to the entire society. Further comment: African Americans are an emotional people. Whites have a certain dullness of emotion, inherited from European stock. When whites experience the emotions of blacks and others (e.g. Indians), they can grow from that experience. They feel energized by their emotion, and will then be less likely to give it up. The Americans now have Obama. When it comes to leadership, white Americans might not want to give up those sorts of emotional energies that are there in him and his people.

Not Ignoring Arrived Opportunity

Life coming to you with an opportunity should never be ignored.

Asking Life What It Wants One to Do and Success

Life, what do you want me to do; not what I want to do without life's signals and sanctions. That way I am far more likely to succeed.

Dominating Poverty in India

August 15, 2013 is a glorious independence day for India, but keep in mind that over 2/3rds of the population makes 125 rupees or less a day. This is a sorry state that must be overcome by the masses shedding their poverty consciousness.

Sri Aurobindo and August 15th

Sri Aurobindo's birthday is August 15th. So is Indian Independence Day. He worked in the subtle plane to bring it about. He succeeded and it occurred on his birth date.

Romance, the Adventure of Life, and Meeting of Two Souls

Romance between two is the Romance and Adventure of life. It is all encompassing, thrilling, the joy of the soul. Two souls growing, experiencing. It is the Divine found in another. It normally comes to an abrupt end in marriage, unless one elevates one's consciousness vis a vis another. (MSS)

Vast Benefits of Integrating One's Life with Another'

An aspiration to integrate one's life and existence with another reveals every meeting point as a point of celestial creativity. In form it is beauty. In sensation it is joy. In expanding perception it is infinite. (Sri Karmayogi)

Comment: He is speaking here of two people in love, sharing romance, and what their ever-expanding experiences release. In form, it is as beauty, in the emotions it is joy, in knowledge/wisdom it is infinite.

Widening the Context of Joy towards Beauty in Romance

Any occasion of joy enables one to widen the context of joy, the field of experience turning into joy, at which moments the expanding borders give out sparks of beauty. (Sri Karmayogi)

Comment: This is written in the context of romance, and the increasing joy that is released as the relationship widens, deepens.

Harmony, Joy, being, Higher Consciousness and Being in Romance

As our view becomes finer, we see the discord receding, accord arising, maturing harmony, their meeting lines giving out sparks of celestial beauty, and at the integrated stage we feel the force entering force generating joy, form meeting form creating consciousness, consciousness melting into consciousness maturing into Being, Being disappearing in existence on meeting Being, existence elevating into Self-existing Absolute.

One who aspires for Romance Eternal can trace this path. (Sri Karmayogi in reference to Darcy and Eliza in *Pride and Prejudice*)

Comment: This is poetry and inspiration of language of the highest order encompassing the spiritual.

Altruism as Ego

Altruism can be a form of Ego, that in effect will not benefit others.

Problems of Harmony Not Scarcity

Poverty, hunger, food supply, and the like are not problems of scarcity but of harmony of purpose among the participating parties. (Sri Aurobindo says all problems in life are problems of harmony.)

Love Begins with Self-Givingness

Love in its various forms begins with small and ever-widening acts of self-givingness.

Consecration that Overcomes Error, Discord

Unless you consistently consecrate, -- i.e. self-offer activities to the supramental Force, the divine Mother, -- your work will tend to be littered with errors, difficulties, false starts, and misfortunes. Depending on your level of receptivity, regular consecration eliminates most if not all of these.

Not Progressing By Rejecting Advice of Others

If you constantly ignore or reject the advice of others, there is little chance of ever getting ahead.

Higher Consciousness in Old Age

When we live an active life, thinking, doing, aspiring, not just retiring in older age, we keep alert, are energized, and live much longer than those who don't. The soul and being wants to learn from our being which is now still growing in older age, and thus does not depart, which means we don't!

Taking Another's View, Personal Progress, and Life Response

Each time you embrace another's point of view, and then another beyond your own in a given situation, you invite personal progress into your being, as well as sudden good fortune. E.g. Darcy in *Pride and Prejudice* accepted Eliza's view of him, and then took responsibility for Wickham debacle, and thereby attracted her, the one he so desperately loved, to marriage.

Further comment: When you take this multi-faceted view, you move from the part to the Whole of Truth which opens you to universal powers that act in your favor.

Harmony of Two Things is Greater than Sum of Parts

The coming into harmony of two interrelated positive parts -- whether people, events, ideas, emotions, etc. -- creates something far greater than their sum. E.g. Darcy and Eliza in *Pride and Prejudice* finally seeing eye to eye not only brings deep love between them, but prosperity

for her family and the community, and even progress between the classes. In this way sum moves to multiplication.

Overcoming Illness and Proper Balance of Life

If you are not feeling well -- whether physically or psychologically -- do those things that will put your life back in proper balance.

Living Differently Each Day Rewards

Whenever you can, make that day a wondrous new day by looking out on the world with fresh, new eyes. See things differently. Feel things differently. Behave and act differently. The world will invite you in and be your very best friend.

Gratitude and Higher Atmosphere, Better Circumstance

Intense gratitude toward life is a very powerful way to attract positive atmosphere and circumstance over the course of your day.

Dead Habits That Limit Our Success In Work

Consider yourself as a second person and observe yourself as you would examine a candidate for a responsible job. Collect the habits learned and the channels through which they are learned. During observation keep yourself detached. Do not frown on yourself or approve of discerned habits. See for yourself how you have acquired your present efficiency, mannerisms, tone of speech, gait, ways of meeting people and problems. One will be pleasantly surprised that he is almost nothing but habits. There is nothing wrong in learning habits or functioning through them. But these habits close after a time and become dead channels of behaviour. They are to be made alive. (Sri Karmayogi)

Ascent from Human to Spiritual Values

Life unfolds progressively from lesser to greater consciousness. Capitalism was a significant start at the lower end. Now it must evolve or die. Social evolution is also occurring from lower to higher. Human values mirrors that. As human values ascend, it creates the ripe condition for spiritual values and behavior. Thus spirit awakens for the world after a modicum of prosperity and humanity has been established. It is the fertile soil for spirit to truly emerge in all its variety, beauty, and magnificence. And yet for certain pioneer individuals and groups they can integrate spirit early on in the social evolution process.

Create Greater Harmony at Current Level by Going to Next Higher Level in Society

To create greater political harmony, take to economic cooperation. To create more economic harmony take to higher cultural harmony. In other words to harmonize at the current level, create relations at the next higher level. E.g. to overcome political tension between India and Pakistan, or Israel and Palestinians create more economic integration. The planes in ascending order of consciousness are political, social, cultural, spiritual.

Improvement of Distribution of Profits in the World

The profits of the planet are increasingly going to be distributed amongst the peoples and classes of the world compared to now where it is concentrated mainly among the rich. It will be part of society's ongoing progress and evolution.

From Feud to Taking Another's View

In a feud above all take the other person's point of view; see things from their perspective. Thereafter all will work in your favor.

From Capitalist to Human to Spiritual System

We need an alternative view beyond the capitalist system that is a Human system. Beyond that is the Spiritual.

See Each New Day with Freshness to Attract the Positive

Whenever you can, make that day a wondrous new day by looking out on the world with fresh, new eyes. See things differently. Feel things differently. Behave and act differently. The world will invite you in and be your very best friend.

Gratitude towards Life Attracts Powerful, Positive Results

(Reader) One day I was keep on Thanking the universe for every step I take. That day was wonderful & happy, successful

Comment: Yes, intense gratitude toward life is a very powerful way to attract positive atmosphere and circumstance over the course of your day.

Ways of Perfecting Work

Perfection in a work attracts the infinite (as life response) from those micro perfecting changes of the finite. Then what the various ways you can make your own work more perfect, attracting startling positive results from life?

Reader: Perfection is achieved by exhausting the physical exhaustion, subtle attitudes and causal invisibles.

The physical exhaustion is done by work, subtle attitudes are exhausted by silence and the causal invisibles are exhausted by reversal of consciousness.

Here Sri Karmayogi says, dissolving through silence is - by taking that all is coming for evolution and progress ii consciousnesses, non-reaction, neutrality, calmness in nerves, accepting everything without subjection.

No Title

I am absolute existence. I am a field of all possibilities. (Deepak Chopra)

Mindful Moment

There is a beautiful saying in India's ancient Vedic tradition: "If you want to recreate the world, look at it with fresh eyes." Today have the intention to see one thing as if for the first time. Look without the camouflage of your memories. Sometimes the hardest thing is to truly see someone we have known for a long time, such as our partner, child, or friend. We assume we know who they are, and so we stop seeing. It is also important to look at yourself as though doing so for the first time. We may assume that we know ourselves, but as we are discovering, who we are is much more than our limited ego-mind can envision. Through the eyes of your true self, take a few moments to consider how truly magnificent you really are. (Deepak Chopra)

Enjoyment of One's Negative Expressions

Certain people enjoy their complaining, pessimism, sarcasm, and contempt for things. Even when issues are resolved in their favor, they are more than happy to be troubled again -- about anything. That is their nature, which they enjoy in the extreme.

Reader: I have seen this happen.

Depth Emerging in Surface is Progress

Man's progress is the depth emerging into the surface. (Sri Karmayogi)

Comment: E.g. the deepest spiritual knowledge applied in everyday experiences; the feeling of timelessness in the depth experienced on the surface (as instantaneous miraculousness,

life response); the feeling of deepest harmony within expressed through harmonic gestures with others; etc. etc.

Knowing What's Coming via Spiritual Perception

A spiritually perceptive Man can more or less know what is coming. (Sri Karmayogi)

Comment: It is to know the laws of life (such as predecessors and repetitions), from subtle to obvious; to perceive the subtle signs around him; to be consciously aware not subconsciously; to project the arc from past, to present to future; to consecrate and get Mother's guidance, etc. etc.

Wishes Granted by Mother

Mother grants our deepest wishes, whether they are right or wrong. (Sri Karmayogi)

Overcoming One Limitation Reverberates to Others

If you overcome a particular weakness in full -- such as lack of punctuality, procrastination, dishonesty, etc. -- many other limiting qualities and aspects of your life are bound to be overcome as well. It is because each quality is tied to many others. In this way a single full change in a particular wanting attitude, quality, belief, or habit can transform that person; i.e. raise him up to an entirely new plane of consciousness and being.

Further thought: Punctuality in particular has this quality, perhaps because it is so tied into space and time. I.e. being in sync or out of sync with the demands of life.

Absorption & Concentration in a Work

The Spiritual approach to life is full absorption and concentration in a work in the present.

(cont. of my original comment)

This means (in the work):

- focusing on this at the exclusion of all other matters
- not thinking about the reward
- not being bothered by future benefits, outcomes
- perfection in the details
- patience and steadiness
- vision of what is to be created backed by total will to execute it through the highest attitudes and skills

The result will be very positive response from life. If we add consecration, results become infinite-like.

Bringing the Original Consciousness into Life

There is the Original Consciousness that permeates all, that is the source of all, that is hidden in our being, even though we emanate from it. And then there is our evolution in which we increasingly gain that Consciousness in our being and in the details of our lives bringing it to the surface of existence. That is the Great Adventure of Discovery; the secret of why we are here on earth.

Additional thought: For devotees (of Sri Aurobindo, the Mother), it is the spreading of Her Consciousness all over the earth.

Benefit of Perceiving Utility of Past Life Perils Issues

If you see how perils of the past led to your current personal growth -- i.e. seeing the positive in it and feeling a kind of gratitude for it -- life will respond and you may never have to pray for anything again.

Multi-Tasking Hinders

When you multi-task, you tend to not do any one thing well. It also leads to errors or misfortune occurring. Therefore, as much as possible focus on one thing at a time, which will allow for greater perfection in the activity, as well as your being more in harmony with the unfolding of life.

Reader: When you go out and try to do 4 or 5 works in a single trip results in mistakes.

Comment: The Spiritual approach to life is full absorption and concentration in a work in the present. Too much multi-tasking takes one in the opposite direction, with errors, imperfection, accident, etc. in the results. Americans e.g. cannot be still for a moment, so they multi-task in the extreme. They enjoy the intensity of busy-ness. It's almost comical to observe. Even mother's (of any land) can overdo it.

On Procrastination

Procrastination has at its root a combination of insincerity and conscious or subconscious fear. Weakness is its hallmark

To overcome procrastination –

- one has to know and decide if the thing is something one seriously wants

- one has to decide to do it

- one has to have the strength of will inside to do it, to act

- one has to have the determination and perseverance to see it through

Procrastination is overcome by sincerity of purpose, decision, strength, and determination.

A lack of any of these creates procrastination. Building these up eliminates procrastination.

Additional thoughts: Procrastination is *tamas*, inertia; the pull of the physical consciousness. The Mind's recognition and the vital's will leading to action is the process out of procrastination.

Also life responds to movements out of procrastination.

Soul Seeking Ocean Source

The Spirit inside, the Soul, the estuary of being within us is seeking its ocean source, the Divine.

Changing One Weak Spot & Psychic Opening

[On the suggestion that changing one element of one's being, one particular weak spot -- such as shifting from being tightfisted to generous -- can open one's Psychic Being; i.e. enabling contact with one's True Self, Evolving Soul within.]

Yes, overcoming the weak spot opens the entire being to the universal forces. In the business book 'The Vital Difference,' Garry and Fred explain how overcoming the single habit of being late leads to a series of positive circumstance that opens his life in all directions. They call a person who makes such a change - in this case a manager - a "Significant Individual." He becomes Significant because as a result of his change from lateness to punctuality, not only he himself, but all around him in the firm, including the people and circumstance change for the better. Being Significant could in that way be equated to a Psychic connection.

Darcy in *Pride and Prejudice* becomes Significant by giving up his proud demeanor, and instead becomes soft. His face radiates with a glow of humility. We can perhaps say it is a psychic experience, initiated by his love for Eliza. He is ushered into a new existence, in the depths that also radiates out universally to others. All around can benefit from his new deeper center of being.

Various Methods to Reach the Psychic Being

As I understand it another powerful way to reach the psychic is to practice constant Consecration, plus taking the other person's point of view, practicing non-reaction, etc. This combination moves the center of our consciousness from the surface to the depths, and can

begin yoga in earnest as one has penetrated the subliminal and reached the Psychic Center. All possibilities of spiritual experiences, infinite success, and inner fulfillment can radiate from that center. It is a significant starting point of His Integral Yoga.

Human vs. Subliminal View of Difficulties

-What is pain on the surface is the greatest enjoyment to the depth, to the subliminal. (Sri Karmayogi)

[E.g. in *Pride and Prejudice* the pain of Eliza perceiving she had abused Darcy, and the same for him on being rejected in marriage after he had abused her. Yet the pain brought inner progress and great success for both, culminating in their marriage. This is what the subliminal sees, perceiving universally and beyond space and time, whereas the surface only perceives the short-term difficulty.]

-The long term good is a short term loss for the myopic human view. (Sri Karmayogi)

Perversity in Delving into Life of Public Officials

In most cases the delving into the personal lives of politicians and celebrities is far worse than the indiscretions they are accused of. The perversity of the popular media knows no bounds, and the common man's willingness to follow is shameful.

Limits of Forgiveness

Forgiveness is not quite a spiritual principle in that it avoids the Truth of things, including-

-the deeper lesson to be learned by the offended party

-why the offended party attracted the problem

-how all events related to the offense are means of progress for individuals involved

In a certain way forgiveness is an ego movement, as it shifts all the blame to the offending party, not the multifaceted truth of the unfolding and progress of circumstance of life.

Forgiveness is however a valid spiritual principle when it occurs as a complementary means of self-growth.

Remembering Another's Folly Repeats it

If you do not react to and instead forget another's short-term folly, they tend to come around.

On Karmayogi's Genius

Is Sri Karmayogi the greatest creative thinker the world has ever known?

Reader: The only issue one could have with calling him a creative thinker is whether his knowledge process can be deemed thinking, or is it something vastly different...or to put it in another way...does Supermind think?

Comment: It sees in every direction, in all the details, and how they integrally interrelate. So he is at that plane in his thinking process, though as you suggest there may be an automatic quality where knowledge just appears in the mind without thought.

What I meant to say at the outset is that he is the greatest ORIGINAL thinker. I.e. new thought out of nothing, where it never existed before, endemic of Supermind.

Opinions that Suit, Not Truth

People like to express an opinion that suits them. When it doesn't, even if fully true, they will abandon it. It is human folly personified!

Shift from Outer to Inner Complaining is Progress

The shift from complaining against another to being vexed with oneself is a psychological progress as it is a step towards self-discovery. (Sri Karmayogi)

Goals on the Spiritual Path of Adventure

For those on the spiritual path there is no goal other than an ongoing, never-ending Adventure of Consciousness.'

Learning about Subconscious, Subliminal

I am studying the nature of the subconscious and subliminal being as explained by Sri Aurobindo, Mother, and Sri Karmayogi in order to understand what my higher nature intends, so my conscious mind can follow. Success and self-realization is the object.

The Subconscious That Drives Our Lives

Often the motives for why we do things, such as going certain places that bring great success is subconscious to us. However, the subconscious knows, and its urge upon us took us there. Eliza going to Darcy's estate Pemberley in *Pride and Prejudice* is one example. It would sow the seed of their romance and future marriage. She subconsciously knew it was the place to go to enable this, even as her conscious mind had no knowledge of the fact. The subconscious urge compelled her to go there.

Our Great Events Egged On by Our Subconscious

Many of the great events of our lives have been egged on, urged, determined by our subconscious. For example, many decades ago I was compelled to visit the East-West Center in LA and meet with the people of MSS that changed my life forever. I had an urge to go there, but I did not know why, or its true purpose that my subconscious knew.

Making the Subconscious Conscious

One goal then of personal growth and evolution is to make the subconscious conscious to us. Then we will know what we are supposed to do, as our now conscious subconscious -- in touch with past, present, and future simultaneously -- indicates which directions to take to enable ultimate accomplishment and fulfillment. Integral Yoga (conscious evolution) makes that transition possible.

Further Thought: Here the subconscious influence is a positive thing, so the body is being led in the right direction. The body is led to the truth and one's destiny. In fact, the body is very compliant, serving as a positive agent, moreso than even the mind! On its own, without the subconscious influence, the body would not be led there, losing the opportunity for exceptional progress of that person. The key however is to make this process conscious. Then the mind and body would continuously work together in the pursuit and fulfillment of that individual's higher nature. Integral Yoga makes this possible.

Experiencing Negative to Learn to Overcome It

To consciously experience a negative quality in one's being is to truly know that limitation, and therefore readily develop the means of overcoming it.

Spiritual Attributes Precious to the Aspirant

What is precious for the spiritual aspirant are those things that consistently bring silence, peace, presence, harmony, knowledge, truth, goodness, aspiration, strength, power, perfection, beauty, creativity, love, delight, timelessness, and infinity into our lives.

Jealousy in Another's Success

Jealousy instead of joy in another's success is a leading human impediment.

Our Receptivity to the Force

The supramental power (Mother's Force) has descended deeply into the atmosphere. The question then is if we are aware of it, if we aspire for it to enter our lives, whether we have faith in its action, and whether we are able to hold down the lower consciousness (negative attitudes, ego, false beliefs, etc.) so that we are more receptive to Its Grace and action. Then we become right instruments for its spiritual qualities to be realized in our lives, furthering our own growth and aiding in the evolution of life on earth.

Significant Events in Recent World History (A Consciousness-based Approach)

Here are some significant dates in history that had great impacts on the world, and also includes spiritual influences when known:

- With Depression accelerating around the world FDR garners confidence through his Fireside Chats with the public, which ends the panic and even deeper world recession
- Churchill rallies his country and the world to fight the Nazis and defeat them, when all public been oblivious or given up hope. (The Force of Sri Aurobindo was behind him.)
- Indian independence obtained on August 15th, on Sri Aurobindo's birthday, who worked inside to bring it about.
- Kennedy takes an innovative tact to end the Cuban Missile Crisis, rising above the warnings of the warlords, saving the world from potential WWII.
- Gorbachev ends the Cold War from within, eliminating the chance of world destruction through nuclear holocaust. (The Force of the Mother was behind.)
- Chinese Premier Deng moves China from disastrous economic and social policies to new era of cooperation and open economy.
- Mandela brings freedom to South Africa, which has begun to vibrate around the continent.
- Obama acts decisively to stop the crash of the financial system that threatened the entire world.
- Steve Jobs and Bill Gates usher in the new era of the PC, followed by smartphones and tablets.
- The rise of Asia in all walks of life, beginning with the economic.

Ascent and Decent in Accomplishment and Spiritually

Our aspiration expresses through mind's vision, which is in the ascent, but is implemented and realized through our vital will and physical action in the descent. In spiritual life, it is realized through further ascent via consecration, which automatically generates the necessary descending action, but without space and time, and with infinite-like results.

Choosing Rightly of the Absolute

At every moment of life, something represents to us the Absolute.

To know that human choice becomes divine choice. (Sri Karmayogi)

Mother Consciousness Dissolves Sin and Without Legacy

Mother's consciousness dissolves sin and all its lingering effects. We know past acts reversed leave a remainder. We call it legacy. Mother's consciousness transforms, which means every evil propensity and the old act is reversed to its good aspect. (Sri Karmayogi)

Hour of God Unperceived

Sri Aurobindo brought the Hour of God on earth unperceived. His spiritual discovery remains unknown in his own country. (Sri Karmayogi)

Conscious Choice to Embrace Growth Circumstance

Life is constantly throwing up circumstance for your personal growth. What you do with them is your choice. Conscious choice in the right direction for the conditions presented enables great accomplishment and therefore evolution.

Embrace Life Coming to You

Do not go after life. Let life come after you; embracing what comes, rigorously following. Luck will be the result.

Relation of Involution and Evolution

Involution is the basis of Evolution, as the former divides things in endless variation, only to be unified by the latter.

Evolutionary vs Involutionary

That which is harmonic, brings together is evolutionary. That which is divisive, separates is involutionary. Our goal is to change divisions into harmonies; involution to evolution.

Utility of Pain

Pain wakes you up from making things worse, and taken in the right spirit is also a means of making things better.

Holding Things Under the Hat

It's best to keep things under your hat until done, instead of impulsively revealing prematurely, which tends to cancel the remainder.

Expressions of Involution and Evolution

Involution is infinity changing into the finite. Evolution is finite turning into infinite.

We have to see every moment whether we are using all our time, skills and capacities to its fullest utilization. Then it is evolution. If we don't use all our time, skills and capacities to its fullest utilization it is involution.

All our attachments to falsehood in day to day life are involution. It is the dividing mind, in the process of involution. How it can act as the instrument of evolution.

Our every step towards falsehood is involution, but it also comes with provision for evolution. To know that helps one to understand The Life Divine. Involution reversing itself as evolution is the secret of transformation.

Seeing the cause in outer is involution, seeing the correspondence in inner is evolution.

Power of a Thought Applied Vs Ordinary Things

One true thought applied has more long-term power than ten thousand ordinary things seen or actions taken.

Instant Life Response

What has the greatest power to quickly attract positive conditions is overcoming that aspect of your being where you are weakest -- whether a specific poor attitude, lack of focus, undeveloped intention, psychological weakness, lacking energy, limited effort, poor organization, missing skill or knowledge, etc. etc. Within minutes or hours of changing one of these, life will respond with good fortune. Often it occurs instantaneously. It can even occur just by sincerely feeling one really wants to make that specific change.

Others Point of View and Life Response

If you take the other person's point of view, even if it seems dead wrong, good things quickly start happening to you.

Rely on Mother, Not Capacities

The key is to rely on Mother, not our capacities in our work. Then everything is set right, as her Supramental power arranges all, brings continuous good or great fortune into every activity.

We Become the Lord of Creation as The Creator Himself

We can connect to the Divine through the spiritual mind (Manomaya Purusha) as the Rishis did, but then we are disconnected from life, lost in the Divine. You do not affect the world. However when you start by first connecting to the Psychic Being, the evolving soul within, your mind/being soars to the supramental plane where you access the power of the Divine Mother to enable ultimate creation through your life in this world. You thus mirror the Ishwara/Creator (an element of Sat/Being) who created the universe in the Involutionary descent from Supermind to Mind to Life/Energy to Matter, whereas, when we begin with Psychic to Mother we engage further the Evolution, the creation process from Matter to Life to Mind to Spirit.

Love vs. Marriage

Love is a psychological condition of deep emotional attraction to another person. Marriage is a social arrangement which may or may not be supported by shared emotion. The two are often confused but distinctly different. Love can lead to marriage, in which case it often disappears. Marriage can and often does exist without love, but in rare instances can mature into a deep abiding love. Friendship, familiarity, acceptance of the other person, enjoying their company, security, sense of belonging come through marriage, but none of them are essential or sufficient for love. (MSS)

On Entering, The Realities of Marriage

The passions of youth make many people enter marriage headlong without any after thought about temperamental adjustments that would follow. After the initial flush of youth subsides and the passions cool down, ego-adjustments come to the surface and what was once a loving and self-giving relationship soon turns into a power game with each one trying to dominate the other and in the process spoiling it all. It takes a lot of time for couple to realize that even marriage is mainly a power-play and not a relationship of self-giving as it appears on the surface. Those who stop the power-play and relate to each other without the ego coming in between can save their relationship while those who insist on the power-play effectively rule out any compromise and keep their relationship quarrelsome to the very end. (N. Asokan, MSS)

Consecrate Negative to Avoid Repetition

Best to consecrate a negative condition to prevent its repetition or iteration.

Not Caring and Difficulties

Reader: Based on Karmayogi - we can put it in other words. Life is asking us to take conscious responsibility. It is to understand one's part to understand one's future. Practically it means successful monitoring of life.

True Patience

What true patience is, is knowing that you want it and knowing that it's coming and actually enjoying the unfolding along the way. Understand that you never get it done. So you might as well be patient. You never get it done, because every time you want and receive, you also

receive a new perspective from which to want. Life is a constant unfolding of new desires and then a constant alignment to those desires. (Abraham)

Great Difficulties Source of Great Strength

When seen in the right light, our greatest difficulties have been the source of our greatest strength, to rise and fulfill our aspirations and dreams.

Determinants of Long-term Happiness

Key determinates of long-term happiness include self-givingness, generosity of spirit, joy in another's success, appreciation and gratitude, openness and tolerance, embracing uncertainty, being emotionally open, positive outlook, agreeability, not reflexive to intensities around one, achievement of goals, spiritual connection, and feelings of meaning and purpose.

Feeling Joy in Another's Success

Feeling joy in another's success is one indicator of one's ability to forge positive relationships, as well as an indicator of one's long-term happiness.

Replacing Complaint with Appreciation

An energy of the value of spirit replaces complaint by appreciation and create conditions for more cooperation. (Ramesh Kumar)

On Our Habitual, Fixed Nature

Our habitual nature does not want to develop new skills; learn anything; embark on new opportunities, etc. Breaking the habit requires enormous energy, so we don't embark. Those who do are propelled into new dimensions of one's field or new fields.

Further comment: Our fixed nature is there when we are born. It's the nature of the "physical consciousness" that does not want to change. It is inherited from the unconsciousness of matter that expresses through the inertia of our physical body. Fixidity, habitual nature, routine, unwillingness to change are expressions. Some people are less prone, depending on the propensities they have inherited from their parents or grandparents. Cultures can have this "physicality" in different ways. Eg Indians are a bit prone to laziness. Westerners, especially Americans don't like to believe things unless they see it or it is measurable (empiricism, materiality). That determines whether or not they are moved to action, or change.

The mind can be aware of these tendencies and throw them off. Each time we do sudden good fortune tends to follow.

Integral Yoga (conscious evolution) practice enables the person to use psychological and spiritual power to overcome these tendencies that hold one back

A complaint sends out energies that create conditions for more things to complain about.

Sri Aurobindo Has Explained Creation in Detail

Can God, the Divine be known in detail, including his methods of creation? Religion says it cannot, but Sri Aurobindo has explained it clearly in vast detail.

Fortune Favoring the Good, True Good Behavior

Does fortune favor the good? Yes, but only when it is accompanied by psychological strength.

Reader: Spiritually goodness means possessing knowledge of truth and the first qualification for a pious or good man is truthfulness. That is the ultimate strength to invite the fortune awaiting. In society harmless people, people endowed with no talents are considered good, as they do not meddle in others' affairs. It is behaviour but not real goodness. Many of goodness of people is because of inefficiency or laziness or loving monotonous tasks , fear of getting caught, fear of rejection and related behaviors.

Plethora of Ego Acts Engaged In

We each engage in dozens of ego acts every day, not realizing we are doing so.

Human Rationality that is Ego

What we call "rationality" is really ego, as our thought patterns are dominated by our lower vital and physical nature (i.e. our wants, desires, opinions, prejudices, ignorance, etc.). True rationality is pure and logical, which is above these. Spiritual mind (as in silence, light, intuition, etc. is above true rationality still).

Reader: Sri Karmayogi says, human, rationality and ego - all is one. Because greatest joy for the human is to "be the ego". Then how can that be anything except selfish, irrational, unjust, and narrow? Ambition by comparison, victory, domination, success, destruction of enemies, meanness, perversity, joy in betrayal are the areas our rationality hungers for and justified as natural human.

Mothers life demands relating to another as a soul. The grades of aspiration that lead to it are scales of rationality. Evaluation of oneself on that scale reveals one's rationality

Reader 2: People do not see the "positive" role of terrorism. It is forcing countries, especially in the West to work together and collaborate, instead of pulling in various directions. It is another push towards Human Unity and World Governance.

Reader: Terrorism is only a manifestation of exploitation of a group of people.

Response: Yes, it is a combination of an exploited culture that also happens to be a backwards and false one. To bridge the contradiction is the aspiration of Nature.

Destiny or Choice in Our Romantic Relationships

Q: What about Destiny? Are we destined to marry or be with a particular person, and should that determine what actions we take?

A: I would say there is something above destiny. It is Human Choice. It is our decision that determines all. It was the Divine's decision to extend itself to a universe of forms. It is our decision to take our lives in any direction we choose. It is Ultimate Freedom.

There may be a destiny at an ultimate level, and our ability to collaborate and further the Intention of the Infinite Divine; but even there it is our choice whether or not to participate, and how.

Our Individuality is the essence of who we are, and should be the determining factor of how we direct our lives.

Spiritual Individuality is deeper still and takes its cues from the Psychic Being in determining one's directions; for making those important choices. There are few who are able to live and choose from that poise, unless one has taken to integral yoga to reach one's True Self within.

The real question is What Do You Want? That determines your destiny. If you can answer that from your own deepest center, then you will know what your life stands for, and therefore what choices to make in the world.

Spouse Psychologically Equal to the whole World: The Challenge

One will find that one's spouse is psychologically equal to the whole world. One will expand by self-giving positively. It can take a negative turn, and then we find to meet a spouse is more difficult than to successfully meet the whole world.

It is important to remain positive, though it is difficult. Self-giving at home makes a house a home and a home a centre.

Self-giving practiced at the centre by all will make the centre a paradise on earth. (Sri Karmayogi)

Showing Life Response Precipitates Additional Life Response

While someone eagerly was showing me their life response, we both simultaneously experienced another life response.

Further comment: In fact, her original life response that she showed me was in relationship to her earlier reading an episode where she experienced a life response many years earlier!

Leaders Sincerity to Help the People

"Those in power crave for praise from the rich and it makes them happy. This attitude seems to be universal."

It depends on who is in power. I.e. the values they subscribe to. Yesterday I saw a wonderful film about the ancient emperor of Korea called "Masquerade." In the film a lowly commoner becomes an imposter replacement for the king who has been incapacitated. However, he brings great human values to the kingdom, shocking all who think it is the real king who has now suddenly changed. The imposter was absolutely sincere in his wanting to help his society. Through high, deep, sincere values of the people, he implements great changes that remain, even as he is discovered and the real king is put back in power. The real king then goes along fully with the progressive policies of the imposter, who now sails away to disappear in other lands.

It is based on a true story.

So here is a leader who is opposite of the too often greed of those who hold power.

People Attract the Betrayal of their Leaders

People are betrayed by their leaders because they are worthy of being betrayed. Their consciousness is mirrored in their leaders. Let the people change their consciousness to a higher level, and their leaders will follow suit.

Financial Crisis Roots

When George Bush Jr. gave vast tax breaks mostly to the rich, it helped attract negatively the financial crisis thereafter that nearly brought down the world economy into Great Depression II.

Further comment: Financial crisis was due to excesses of the rich, who were coddled; left to their own devices uncontrolled. It is where the "capital" in capitalism - via rampant speculation - nearly ruined life for everyone on earth.

Discovering Love in Marriage

Man has discovered the church, not God.

So also he has discovered marriage, not love.

To discover love in marriage is to discover god in life. (Sri Karmayogi)

Impatience vs. Consecration

Impatience is the body's inability to obey Mind.

Consecration is Mind's willingness to obey the Spirit. (Sri Karmayogi)

Future Effect on the Present

We readily perceive how past events bear on current circumstance. What we don't comprehend is that future events bear on the present as well.

E.g. the Superconscious that permeates everything seen and unseen knows past, present, and future, including their integral relations. Our inner being, also called the Subliminal is in touch with the Superconscious. Therefore the Subliminal compels us to take actions that meet the knowledge of the future the Superconsciousness knows. On the surface we hadn't any clue of why we took that action, other than we were compelled to move in that direction. Only in hindsight do we come to understand why we acted in the context of the result.

Great Value of Downs in Life

The downs in life are usually more valuable than the ups in advancing our progress.

Current Knowledge vs. Knowledge Mother Can Bring

My mind knows nothing compared to the Integral Knowledge and Truth the Mother and Her Force can provide me with moment to moment.

Inner-Outer Relation

To see the outer developments in terms of inner changes is to acquire a psychological understanding of life. (Sri Karmayogi)

Eliminating Complaint By Seeing into the True Truth of Things

We are bothered when visually we see conditions that support our complaint. Yet there are other factors that we don't see that actually created the problem in the first place. If we had access to these, we would not have complained. That is why the spiritual method of Non-reaction is so powerful and important as it calms us and puts us in closer touch with the truth of things even if we don't have all the facts at our disposal. Non-reaction also tends to attract the cancellation of the problem on the spot. It's one method among others that enable 'A New Way of Living.'

Divine and Human Intent to Manifest Ideas

The Supreme Consciousness had an urge of the Being, which we call a Real Idea. It is a vibration that wills to manifest itself. This vibration expresses the awareness of a possibility and a seeking for Delight through that. Now that urge, awareness and seeking take a form of a Real-Idea representing what the Divine wants to accomplish. With human mind we can do this as:

- An aspiration or urge of the being, a desire to accomplish.
- There must be a vibration of awareness of a possibility, a way for us to do it.
- There must be a seeking for the enjoyment of that accomplishment.
- We should give a form to it; convert that decision into a plan of action that will release the energy of the vital.
- Then we should set ourselves into action to achieve it to get the enjoyment we wanted through it. (teachings of Sri Karmayogi; thanks to Ramesh LifeNext)

Comment: And if personal and spiritual values are added to the creation process; to what we want to create, we align with corresponding Real Idea-based spiritual values (like peace, silence, harmony, truth, goodness, beauty, love, etc.), fulfilling the Divine intent.

Diana's Death, the End of Royalty, and England's Decay

The tragic death of Princess Diana heralded another step in the demise of the reactionary English monarchy. Still it persists, inviting further degradation and tragedy.

(Comments by Sri Karmayogi related to this topic):

-Diana's popularity. This signifies that the royalty is held in esteem, only that people want the royalty not to be aloof, but to come down to the widest cross-section of population. Here is a clue for all the royal houses to dissolve themselves honourably, without being violently overthrown or contemptuously pushed aside.

-Britain where democracy was born, unable to outgrow its sentiment to Royalty, lost its right to found the world government.

-England, the mother of democracy, ruled over the seas with an empire where the sun never set. Having undergone subjection under the Romans, Normans, and French for centuries, Britain cherished democracy and the values of democracy. That built up a leadership of

courage and character. They could save democracy for the world or the world for democracy because they were men of character. Had their character sprung from spiritual roots, it would not have become rigid as it has now done. So, she cannot be in the evolutionary race any more. It is a character from physical hard work. By definition it will ossify and lead to rigidity. We see them worshipping the rigidity for permanence, not realizing that it has no life. Their Royalty is the symbol of their decay.

On Sri Aurobindo's Writings & His Being Beyond an Avatar

He wrote six books in five years.

Whether anyone can finish reading them in fifty years is a question. There is no question of anyone doing so in five years.

About a thousand years later they may be intelligible. He wrote to further Spiritual Evolution. It was not written by thinking. Ideas descended on Him. He says ideas were transferred directly to his pen.

We cannot mistake them for inspired writing as we mistake him to be an Avatar.

There is a widespread belief He is a Rishi. He is a portion of the Lord come down to announce the advent of the Hour of God.

They are the divine script in celestial sky deciphered into human speech. (Sri Karmayogi)

Work May Replace family as Primary Source of Growth & Relationships

It may be that in the future the family will gradually shrink and shatter (as in US now) and then disappear in influence as the work environment becomes the primary means of growth, relationships, and progress. It would be a step towards wider freedom of possibility and individuality, and therefore a step into supramental life.

Not Asking from the Divine, but Surrendering to It

True Spiritual life is not what we desire, seek to gain from the Divinity, but the manner in which we experience and surrender to It -- enabling our growth in consciousness, as well as serving as an instrument for Its Intent to manifest in the world.

Reader: Intent to manifest:

Sri Karmayogi says this as highest accomplishment with human mind. The Supreme Consciousness had an urge of the Being, which we call a Real idea. It is a vibration, that wills to manifest itself. This vibration expresses the awareness of a possibility and a seeking for Delight through that. Now that urge, awareness and seeking take a form of a Real-Idea representing what the Divine wants to accomplish. With human mind we can do this as:

- An aspiration or urge of the being, a desire to accomplish.
- There must be a vibration of awareness of a possibility, a way for us to do it.
- There must be a seeking for the enjoyment of that accomplishment.
- We should give a form to it; convert that decision into a plan of action that will release the energy of the vital.
- Then we should set ourselves into action to achieve it to get the enjoyment we wanted through it.

Every situation has a part that is unmanifested. Every product has an unmanifested part. The part that is unmanifested is the potential for higher product or for higher consciousness. Often the unmanifested part is greater than the manifested part.

The Involution and Self-Discovery

The greatest of Delights is the delight of Self-discovery.

Self-discovery is at its height when one forgets oneself.

In pursuit of that Self-discovery, God the Eternal and Infinite has hidden Himself in Himself, that is, he became the very opposite of what He is - the finite, Time, in an inconscient form.

This process is involution.

His Self-discovery is evolution. (Sri Karmayogi)

[At the point we reverse in consciousness, in which our emotions change to something higher out of the lower, including out of Ego and Ignorance, we becomes the means of His Self-Discovery.]

Change in Emotions is Point of Self-Discovery

This point of change in our emotions is the point of Self Discovery. Any change that brings a skill into our physical being, pleasantness in our vital being, and comprehension in our mental being overcomes our prejudices, opinions and preferences, and so it is Self-Discovery. (paraphrase of Ramesh Kumar)

On Taking Offense

People are easily offended. It indicates brittleness in their attitudes, weakness in their nerves.

Qualities Emanating from the Psychic vs. from Ego

All that is sweet, quiet, full of beauty, goodness and peace comes from the psychic. All this is angry, bitter, depressed, resentful, sad, etc. comes straight from the falsehood of ego. It cannot and should not be reasoned with. The only thing to be done with it is to throw it away or throw it on the fire of inner aspiration. (paraphrase of Mother)

Mothers Comments on Nations, Peoples

The Mother said or indicated that:

- England would go under the sea
- Communism would end, and then Capitalism
- India along with France would usher in the Spiritual Age
- US individuals would be the vanguard to bring about the New Age
- India would become the Guru of the world
(after she reunited, after she emerged from poverty, and Asia had risen)
- the Chinese have lunar origins
- the Russians were great mystics and therefore had no need for Orthodoxy
- the Japanese should give up their sense of superiority
- the Jews went through holocaust to evolve & shed their religious superstitions
- India should focus on personal spiritual development, not rituals and Gods
- the Greeks disappeared because their great mentality did not evolve into spirituality
(many of these were expressed in Mother's Agenda, her 14-volume, 7000 page discussions with her disciple during the last 30 years of her life)

Reader: That sounds interesting but what about my poor Africa. Maybe sinking into poverty

Comment: Sri Karmayogi indicates that all the poor nations, whether being poor by domination or their own doing, including India and Africa, will become rich. Africa has a very bright future, despite its poverty, strife, war, disease, etc. There are many positive signs there.

-Note: The comment on the Greeks is actually what Sri Karmayogi indicated. Perhaps it originated with Sri Aurobindo.

[heading point]

Capitalism Adopting Socialism Benefits

All the social benefits of Socialism are being adopted by Capitalism; or rather what Capitalism is now turning into.

Emotional Inner Change Evokes Life Response

A drastic change in emotion is a moment of self-discovery. Life Responds at such moments. (Sri Karmayogi)

Reader: Sir can you please elaborate on this point with example.

Response: Eliza in Pride and Prejudice while at his Pemberley mansion changed her negative view, emotions about Darcy to positive, which attracted him from out of nowhere back to his estate early causing them to meet up, leading to their marriage. She changed her emotions and Life Responded overwhelmingly.

Reader 2; Sri Karmayogi says, reversal of consciousness is the beginning of changing of emotions that is starting point of self-discovery.

Change of emotions due to other man's point of view is the law of oneness with others, and coming out of law of oneness with their ignorance. This point of change in emotion is point of self-discovery.

Any change that brings a skill in physical, pleasantness in vital, comprehension in mental is overcoming the prejudices, opinions and preferences, and so it is self-discovery.

Comment: This is a great set of related points.

Reader 2: Emotions accepting our mental ideas and convictions makes the idea more powerful but does not to the path of self-discovery. As it is not yet compelling. When the Force in the emotion becomes conscious and integrates with it so as to allow each- a right to compel the other, an emotion changes as self-discovery point. We are at present in the grip of irresistible desires and so we constantly look for the world of the outside. If we forget the world in the grip of aspiration it is self-discovery.

Gratitude for Past Failures

Gratitude is only recently born on earth. Life meets us as we meet it. ... Should a devotee go back in his life and feel gratitude at every instance he had failed earlier, there will be no occasion for him to pray in future. (Sri Karmayogi)

Future of the Family

Family is shrinking. Company life is growing. In future, instead of the tiny family, the big corporation will become the unit of society. (Sri Karmayogi)

Spiritual View of terms "OK" and "Yes"

- "OK" is generally a somewhat reluctant Yes.

- Taking Another's Point of View, no matter its truth or agreement with your view is in its fullness a "Yes"

- Taking Another's Point of View is the spiritual view expressed as "Yes" that attracts.

Reader: It is a mechanical utterance. It is usually used by big bosses to their subordinates after they accomplish a job.

Requirement for the New Force to Manifest

Until a dragging force bows out, a related emerging one cannot truly manifest.

E.g. there is a new project in which two parties efforts are required. The first party is having problems in the endeavor, and the second party cannot even get started because there is a defect in the communication system. Now the first party bows out indicating that other work commitments have had to take precedent, which now suddenly evokes a response from life, eliminating the problems the second party had with communication system. As soon as the first force retired, it energized the atmosphere, allowing the second force to take root.

Non Reaction Evokes Life Response

Not being bothered and irritated in a situation where you are put behind schedule evokes response from life that puts you ahead of schedule.

Realisation of Sri Aurobindo's Teachings in the Current Era

Sri Aurobindo's teachings were held back in the world for 75 years, awaiting a type of globalism of culture and communication, which it now has.

Further thought: His Integral approach, melding Eastern and Western currents, awaited at least the beginnings of a more integral society, which we are at the dawn of now.

Popularity of Buddhism over Hinduism in Western Countries

Westerners take far more to Buddhist rather than Hindu teachings because what they really want is to discard the baggage of the Judeo-Christian tradition. Buddhism casts off that baggage, while Hinduism has an enormous scale of Gods and cultural icons to support the underlying Spirit.

Further thought: Sri Aurobindo's teachings are often arrived at for Westerners after going through the Buddhist or Zen teachings, but where the seeker sees there is little of the knowledge of the underlying reality, creation process, and evolutionary tendencies that they long to understand, and which He clearly and in great detail provides.

Reader: can u pls elaborate on this

Response: In religions such as Christianity and Judaism prevalent in the West, there are many rituals, formalities, dogmas, etc. Teachings like Zen Buddhism popular in the West are free from these, which is appealing to the Westerners. Its teachings are also simple: to clear the mind in silence. In essence, there is virtually no religion. Also Westerners read books by Buddhist spiritual teachers like Trungpa Rimpoché, which is purely about spirit, not religious ritual. It is liberating for the Westerner. On the other hand, Hinduism is ripe with ritual on top of its vast spirituality. Westerners of Judeo-Christian background often see this as more (much more! e.g. Gods and all) of the same of which they already have in their own tradition. Still some number of Westerners see beyond Hinduism as just religion, and appreciate the source wisdom of Vedas, Upanishads, and Gita, as well as modern evolutionary spiritual teachers and personalities like Mother and Sri Aurobindo, and take to them. Thus, the spirituality section of Western bookstores has Buddhist books at perhaps 3 to 1 over Hinduism-related texts.

Reader: Just as u have gone ahead and embraced the teachings of Mother and Sri Aurobindo

Expansion of Buddha's Statues in Contrast to his Teachings

It is startling to view the abundance of statues of Buddha, even though he was not an advocate of idols and their representation, as they are additional forms of illusion that one should not be attached to.

Reader: it could be the work of latter day Buddha bitches as an effort to spread buddhism. I like your comment that idols are additional forms of illusion

Response: Yes, indeed. Spirituality turns into religion. People say they go to Buddha after death in heaven. Buddha subscribed to no such ideas.

Emergence of Spirituality over Religion

90% of what people advocate as spirituality is really religion, where spiritual experience has been lost in deference to ritual and dogma. It is however the dawn of the age of personal experience of the Spirit in all its richness and wonder, so following religious tradition has by and large lost its reason for existence.

Attitudes (both positive and negative) Evoke Life Response

Life response as we know it occurs primarily at the vital plane -- the plane of Life. For us, the vital plane expresses through our emotions, which is the source of our skewed attitudes. Thus

Life Response responds to our attitudes -- especially the negative ones, or coming out of negative ones -- above all other life factors.

Further thought: Positive gestures -- like self-givingness, goodwill, generosity, gratitude -- life also responds to with sudden good fortune ; though these are more spiritual attributes than attitudes; or spiritual attitudes, values. We have many dozens of case studies that show the wondrous response.

Values and Attitudes Evoke Life Response

Your skill, talent, effort, will, focus, knowledge, intensity, etc. appear to have less effect than the quality of your Attitude and Motive for creating an ongoing, positive and successful life. Life Response's primary order of business is responding to these.

Further thought: So many of our attitudes are negative -- towards work, others, life, ourselves -- which holds us back, or brings corresponding troubles when we do have a level of success. Life responds to these negatively, and responds to overcoming these positively.

Also the more our motives are steeped in high personal values, the more we accelerate to the pinnacles of success.

Power of Attitudes

Life Response's first order of business seems to be responding to our Attitudes; whether a negative attitude (negative response), or shifting out of the negative attitude (positive response). Nothing elicits Life Response's attention more than these.

Mother's Realization as Supramental Being

In her vision of the new body that she became for a few minutes that being was neither male nor female, had no sexual organs, had no digestive system, was tall, tapering at the midriff area. Most of its physical organs and functionings were replaced by their equivalent in consciousness. This the Mother became in the subtle body for several minutes; a forerunner of the new supra-human species of the future.

Silent Mind Solves Problems and Attracts Positive

Forgetting, not thinking about a matter attracts positive developments related to it, and others.

Further comment: -Often this is the case when you are overly concerned with a matter. Consecrating and forgetting in these situations is even more powerful.

-Also if you can't think of the answer, forget about it. The answer will then come. It is the power of a silent mind.

Silence Saves Energy for Accomplishment

Don't initiate conversations unless there is a need to. Practice Silence. Save your mental energies.

Ego's Jealousy

People are often jealous, or look on it with not much favor when friends or acquaintances experience good fortune and success. It is the recoil of the human Ego.

Mother's Displeasure with Sri Aurobindo's Photos

The Mother indicated in the Agenda that She was not pleased with the (now famous) photos of Sri Aurobindo taken near the end of his life when he was in physical pain. She said it lacked his normal state of sweetness, of deep compassion, in which he had a continuous smile on his face.

Difference between Rationality (Ego) and True Rationality

What humans call Rationality is just the logic built on the framework of our preferences, opinions, prejudices, wants, and desires: in other words, Ego. True rationality is the ability to reason and see the multi-sided true truth of things, which includes the constant embracing of others' points of view.

Reader: At-least we have to strive for what Karmayogi defines as rationality: It is coordinating all intelligence that we have in highest available faculty. Though it can give highest logical and reasonable conclusions, it still egoistic. But as here the ego is taking an intermediary status that has the capacity to shed itself.

For example When we think that every man must get married, get employed, must survive etc, as rational logical and reasonable, what we have to understand is it is social goal developed as social intelligence. But our highest faculty or self intelligence knows that is not true in a wider context. It is difficult to accept but that is how we can come out of ego to see not only others point of view but Mother 's point of view too.

Response: So True Rationality requires a progressive Coordinating All Intelligence using our highest available faculty that is simultaneously consciously aware that what it knows may be limited by social and other milieu influences and factors.

Limitation of Mind

Mind cannot perceive the Unity of the Reality, but Truth Consciousness, Supermind can.

Reader: Mind cannot perceive the Unity of the Reality. For example in obstacles in life or work we don't see the opportunity. We find that or understand that over a period of time. To see that in the beginning itself is to expand the limited mind to see all aspects / unity of work . The limited mind keeps us tied to the present time - not even in past or future, but always thinking of the obstacle. We feel leveling off and contented due to partial look or ignorance and after some time when others progress, the gap seems widened. Here coming out of our opinions, prejudices and justification, like lack of business, social environment, persons, market - is truth consciousness.

Response: "Mind cannot perceive the Unity of the Reality. For example in obstacles in I life or work we don't see the opportunity. We find that or understand that over a period of time. To see that in the beginning itself is to expand the limited mind to see all aspects / unity of work . The limited mind keeps us tied to the present time - not even in past or future, but always thinking of the obstacle. ... " Excellent example.

Importance of Living a Conscious Life

Love, happiness, wealth, abundance, status, truth, knowledge, skill, beauty, creativity, goodness and many other attributes are not as important as Life; i.e. following the flow of life, perceiving its subtle signs, of what should be done moment to moment. For if you consciously follow Life, are in harmony with its unfolding, with the Reality, all of the other attributes will be given automatically, as life response, as necessary.

Reader: Yes living in the now and enjoying every moment of the flow of life.

A negative situation approached with the necessary psychological strength can attract overwhelmingly positive conditions in and outside of that domain.

Power Of Psychological Strength That Attracts – Case Study

One man we know of developed and handed in some content for a project that was getting under way. He did not know yet what the evaluator thought of it. It was the content provider's very first submission for the project. In fact, the very first submission among all the content providers!

When discussing other matters with this same evaluator, our content provider friend was asked by the evaluator if he (the evaluator) should pursue a certain course of action with a new client. The content provided felt a little uncomfortable discussing this subject as it

involved serious personal issues. However, he overcame his hesitation, welled up the psychological strength, and stated his opinion on the matter.

One minute after doing so, the evaluator told him that by the way the content he had provided earlier to kick off the project was wonderful! The content provider was naturally thrilled to hear this news!

He also understood that because he earlier overcame his hesitation to discuss a tense issue and acted from strength by giving his asked for opinion on the matter, he attracted the wonderful news about the content from the evaluator. As a result the project had now gotten off to a tremendous start!

We see that when we overcome our hesitation and weakness and exercise our fortitude and inner strength, we attract the infinite potentials of life.

Power of Supermind

From the perspective of Truth Consciousness (Supermind) everything is exactly as it should be on the way to something greater.

Evolution of Consciousness

Each time we are calm, patient, silent, self-giving, do not react, withhold ego, consecrate, etc. we awaken the divine consciousness within. When we move to a deeper poise in our lives, culminating in the psychic being this process is accelerated. When we then Surrender our very existence to the Divine, it accelerates even further. There is thus a progressive scale of realizing divine consciousness -- from beginner to advanced. With each step, the Divine moves to the surface of our lives -- mentally, psychologically, vitally, emotionally, physically; in our attitudes, emotions, beliefs, actions, physical makeup etc. It is the means of evolution of consciousness, culminating in Divine consciousness and life in earth.

Faith in Mother Accomplish When We Withdraw Faith On Capacities

The secret of highest accomplishment is to withdraw our faith in our capacities.

Shifting from activity to Silence is the basis for highest accomplishment. (from The Book by Garry Jacobs)

Reader: Yes! That why Sri Karmayogi says, 'even in life, many of our success is more so by our character, attitude, motives -not by our capacity. If we analyze we can see, often it is in spite of our capacity. When we withdraw our faith from our capacity, grace becomes Super grace. A very simple spiritual truth, which is equally true in life, is that our capacity stands in our way as much as our incapacity does.

Comment: So capacity is basically our skills, talents, and knowledge?

Reader: Karmayogi says in Pride and Prejudice Lizzy got Grace through marriage to wealthy Darcy as she had many virtues, whereas Jane had few dynamic qualities and therefore got Supergrace through marriage to wealthy Bingley.

Comment: I understand as: Essence of knowledge accumulates as skill. Many such skills accumulate as capacity. Planning, executing, painting, meditating, mediating, speaking, organizing etc., each collects its essence behind a knowledge, skill and capacity. In human level consciousness - (as listed by Sri Karmayogi)

He asks us to be at least to get the 3rd level , where mind that makes the body act according to its efficiency by converting all knowledge and skill into capacity. At this stage only man can lend a character to his actions - by his motives, attitudes, aspirations.

Sri Karmayogi gives two examples: On the negative side to understand more: Sakuni character of Mahabaratha. His knowledge and skill acquired about dices construction, constitution and probability made him to exactly bring the number he wants to accomplish. On the positive side: He asks us to see the capacities displayed by those who became multimillionaire in a short span.

Shift in Consciousness Shift out the Problem

When there is a very problematic situation, even the tiniest movement in a fresh, new, creative direction can have an enormous effect. I.e. life will respond enormously to that small shift in consciousness.

Reader: Whenever there is a problematic situation I just start praying to Mother for helping me shift from within so that all the hurdles or evils in me which have attracted such a situation may leave me and let me become more and more clean and pure. When the prayer becomes deep and intense right from the heart something melts in you and gives way for a turn, a change in the situation that slowly the intensity of the problem reduces and you feel a little resolved and liberated. Whether I am aware of the shift always, I don't know. But something moves from within is sure! Thank You Sir!

Individual and the Collective

The individual and the collective complement one another. The pioneering individual gives conscious expression to the subconscious aspiration and latent capacities of the collective. The collective imitates and multiplies the pioneer's accomplishments until they become a general endowment of the whole society. (from The Book by Garry Jacobs)

Preventing A Company from Ossifying

A company is a child of the society in which it is born and is in alignment with that society at the moment of its birth. Like every individual, companies tend to acquire fixed attributes during their formative years. As the parent society evolves over time, a gap arises between this fixed corporate character and the changing attitudes and values of its social environment. Often the gap widens into a chasm or unbridgeable gulf and the company dies from self-inflicted asphyxia. Continuous realignment and integration of the company with its environment results in a continuous stream of creative ideas, new products, innovative strategies and non-stop growth. Perfection of the alignment will enable any company to maintain exponential rates of growth. (from The Book by Garry Jacobs)

The Importance and Power of Token Act

The whole universe can be lured inside us, as we are in essence already that cosmos within; a microcosm of that macrocosm.

Reader: That is why Sri Karmayogi defines "Token Act" as the universe is represented by an act - the macrocosm in the microcosm. An act is the unit of life. It is a microcosm of the universe that is macrocosm.

On Seniors

Rather than vegetate in old age, Seniors can be a national (international) treasure, bringing forth unheard of new insights about life (cross-pollination of their greatly varied experiences), while being deeply involved in solving the problems of the world through their acquired wisdom and maturity. What a titanic resource they can be for humanity!

Reader 1: There is much we can do to encourage spontaneity among the elderly.

Response: Very true. Once they experience the eye-widening Consciousness, that will release the energies in their emotional and mental being that can be infinitely creative.

Reader 1: Re-engaging our senior population is a cause unto itself and quickly becoming our largest population segment.

Response: Yes. Our generation already went through the Hippy phase, and so already knows about higher consciousness, even if we have forgotten it. If we reignite it, but now on a higher ground, we can lead the way for other seniors.

Reader 2: Many times it is the wisdom/experience of the seniors is guiding at times of crisis.

Response: Yes, very true

-We think of children helping the elders as they age and fall into ill-health. However, it can be the reverse, where elders can help shape the unshaped or out of balance lives of their children and their children's children.

- It has been my joy to do in one sense this very thing on Facebook every day for the last year or two; not with my children, but with my Facebook "children," i.e. the Indian youngster friends in their teens, 20s, and 30s. It is one model of possibility for the elders giving support and advice to the younger people.

Soul's Command

Last night I closed my eyes and asked myself "what do I want?" I then heard a voice within that said "follow Mother."

Consecration Shares the News

Consecration is the companion who constantly shares the news as it happens. (Sri Karmayogi)

Comment: Wonderful remark. Supermind (Truth Consciousness) via consecration does that. It provides essential, comprehensive information as needed.

Romantic Partner as Complement Who Can Help Us Grow

I believe that each of us is searching for the perfect complement which will help us become complete. But I don't regard it in static terms. I don't think that a person is a fixed piece of a puzzle in search of another fixed piece to make it whole. I think we human beings are dynamic, growing, evolving. Our complement is the person who can help us evolve most rapidly to discover our own inner wholeness. (from The Book by Garry Jacobs)

Comment: This is the thought of the character Dan in the story (in chapter 72), perhaps not exactly Garry's view; or maybe it is.

Universalizing Ourselves Through Romance

According to The Book, every soul is an expression of the One and is fulfilled by universalizing itself to re-attain the wholeness of that One. In a sense the whole universe is a complement of each of us, since in the process of individualizing ourselves we push aside or deny so much of what is also part of our true self. Our perfect complement is a microcosm of that universe, who by presenting to us all that we are not, can help us overcome the limitations of being separate. And the process of interacting with our complement is the adventure of romance. For some it may come in the form of perfect harmony and compatibility, for others in the form of constant conflict and contradiction. It depends on what we need. Ultimately, all life is a romantic adventure and every person, circumstance and event life presents to us is a complement that comes to us for our growth. When we meet life with this attitude, it reveals its ultimate secret as the MARVEL. (from The Book by Garry Jacobs)

Comment: This is the thought of the character Dan in the story (in chapter 72). The Book is actually a character in the novel "The Book." It is essentially The Life Divine, and serves as the foundation for the expert system that the software company that the four main characters (including Dan) run.

Accomplishing One's Aspiration

Aspiration is the awakening of the soul.

Awakening aspiration never fails to achieve.

Its accomplishment is guaranteed when consecrated and surrendered. (Sri Karmayogi)

Sri Karmayogi s Poet of Life Knowledge

Sri Karmayogi is the great poet of subtle life knowledge expressed in its myriad details through dynamic language and expression.

Grace And Supergrace

Grace brings in the known great boon to an undeserving nobody. [Like Elizabeth in Pride and Prejudice who gains Pemberley, or the US joining the allies during WWII.]

Supergrace brings the non-existent wonder to a non-entity. [As the not too bright Jane in P&P when she gained 4000 pounds from Bingley, and when Europe received the boon of the Marshall Plan from the US.] (paraphrase of Sri Karmayogi)

Psychological vs. Material accomplishment

Psychological accomplishment is greater than material accomplishment. (Sri Karmayogi)

How Our Slips, Desires, Aspiration, Attitudes, Motives Express

Our slips show our subconscious determinations.

Our desires indicate how we want to advance.

Our aspiration offers the energies for our endeavours.

Our attitude gives us the organization for our aspiration.

Our motives fix the goal, width of operation and extent of achievement.

What comes to us shows what we are. (Sri Karmayogi)

What our Schools, Society, Human Choice Bring

Our school and college give our manners and outlook.

Our society decides the stamp of our career.

Human choice determines the scope of our progress. (Sri Karmayogi)

Comment: This beautifully captures the influences on and (infinite) possibilities of our lives!

Relationship of Past, Present, Future

Past reflects the present as well as future. (Sri Karmayogi)

Comment: What is happening and will happen is indicated in the past; and vice versa.

Subconscious Decides the Outcome Prior to Surface Action

What you consciously perceive as good fortune on the outside, you were already predisposed to in your subconscious inside. (E.g. in Pride and Prejudice Eliza was shifted and accepted Darcy after seeing Pemberley because inside she was already subconsciously disposed toward him. Her subconscious which was in touch with their future relationship compelled her to take the trip.)

Further comments: -When I went to East-West Center in LA in '74 and found out there about people in the valley who turned out to be Garry, MSS, and all changing the course of my life forever in terms of Sri Aurobindo and Mother and Karmayogi and my work, it was because my subconscious compelled me to go there. I had no conscious intentions long these lines when I went to the Center, only to meet interesting people related to SA and the Mother. That's all. But the subconscious knew better and sent me there.

- The subconscious, particularly the subliminal and soul are in touch with the past, present, and future.

- The subliminal sits on the edge of the subconscious, and is in touch with the superconscient, which includes access to all dimensions of time and space.

Science tells us now of the integral oneness of the brain, including its cells, its pulses; its organization and interaction; and that mirrors the oneness of all things in the universe, and beyond. In that way, it is, we are a microcosm of the macrocosm.

Melting Away the Negative is What Our soul Wants

No one is asking us to change our character and nature; only to melt away the negative aspects that we each have virulently in specific areas that we are mostly blind to.

In one sense, that is what our Soul seeks most from us, as It wants to learn through our growth experiences in its Journey through time.

Attitudes Evoke Life Response

Maintaining positive attitude energizes, keeps the atmosphere buoyant in a work, while attracting positive conditions from out of nowhere.

Further comment: An important part of this is to see the opportunities hidden behind the negatives that crop up; which enables you to consistently maintain a positive attitude.

The Process of Creation

All creation is by and out of consciousness. Consciousness expresses as aspiration, aspiration as will, will as energy, energy as force, force as results. A manifestation of forms out of consciousness by the objectification of consciousness as form is the complete process of creation. (from The Book by Garry Jacobs)

Mother, Perfection, and Simplicity

Mother's hallmark is the descent of Perfection through integral Simplicity.

Integral Simplicity and Supramental Action

The essence of Supramental action is direct, integral Simplicity.

It creates the exact perfect solution with simplest knowledge and manifestation, yet beyond anything we would have conceived.

Best Answers from the Spiritual Force

The most Perfect solution to anything -- elegant, creative, appropriate, all encompassing, long-lasting, integral, simple -- is one that comes from the spiritual Force; Mother, Supermind, Consecration.

Inner Stillness Moves the Outer

Inner stillness effortlessly negotiates the most difficult situations.

The Power of Supramental Force

Utilizing Supramental Force everything dovetails.

World in Need of Harmony, not Authority

The problems of the world -- environmental, military, economic (including unemployment, poverty, and stagnant wages, etc.) -- transcend any individual nation's ability to solve it. Global collaboration is desperately needed. Unfortunately, the Veto vote in the United Nations holds the world hostage. One country can cast a veto, negating the passage of any bill or action. This is fully undemocratic. It holds back the type of collaboration, legislation, and joint ventures the world so desperately needs. In its place other forms of world union need to be developed; perhaps a World Parliament that has teeth, and no veto; that can legislate and thereby enable the nations of the world to work together to solve its ever-mounting and ever more dangerous problems.

Corporate Growth in Width and Height

A company grows like a pyramid, expanding its base and raising its height simultaneously. Each time a company rises to a higher level, it has to grow horizontally to handle the larger

volume of work and rise vertically to higher levels of efficiency and complexity. (from The Book by Garry Jacobs)

Reader: Heaping sand to raise it to a good height, we find it slides down to spread in a wide circle forming a foundation at the bottom. Only when the bottom is sufficiently large, does the centre rise slowly. Ascent is a higher plane, horizontality functions like a lower plane. Exhaustion of potentials, intensity, perfection, and uniqueness are important concepts to saturate every plane below to widen the base to form a crest.

How We Awaken the Divine Consciousness within Us

Each time we are calm, patient, silent, self-giving, do not react, do not blame, do not initiate, withhold ego, open to the Mother (consecrate), etc. we awaken the divine consciousness within us.

Tolerance, Openness, Uncertainty, Fresh Moments for Adventurous Spiritual Living

Be increasingly tolerant, be more open, and embrace uncertainty, allowing each moment to be fresh, unexpected, creative, and dynamic. Then you will be fully engaged in the Adventure of living; instead of being asleep in the habitual and routine.

Living Within, Without Forgetting the Divine

Being confined by life is helpful in that it forces you inward to discover a deeper and wider center of being.

Reader: Initially it was said the aim of Sri Aurobindo is "Profound Simplicity". I could not get the meaning of the same till I came through Sri Karmayogi's inference:

Narada in heaven is the greatest of devotees. The householder is reminded of Narayana by his distress. When Narada expected Narayana to declare that he is the greatest bhakta, Narayana chose the farmer in the field who chants his name nonstop amid his works. Einstein and Newton were great scientists, but Edison rose to be the greatest scientist from being a worker. Sri Aurobindo enjoins on his disciples to realise the Brahman in life here in the fourth dimension so that it would combine the realisation of the rishi and the householder at its divine height in the simplicity of domestic life.

The Past Decides the Present and the Present Decides the Future

Unfortunately through our visual sense we only see and therefore judge a thing or matter in the present moment in time, when it actually has a history going back seconds, minutes, etc. from past till now, and is in a state of unfolding which we completely miss. This dynamic occurs dozens of times a day to each of us, leading to equal number of false conclusions on our part. However, withdrawing from the surface sense inputs, in a deeper consciousness, we are far less likely to quickly judge based on current visual or auditory input, and are more likely to consider a greater variety of possibilities about that thing or matter. Thus our conclusions are far more likely to be correct. This is the great moment-to-moment ignorance that is occurring in our lives, that we fail to acknowledge, and yet is happening tens of billions times a day on earth.

On Writing for all Time

Use the language of your time, but write for all time.

Reader 1: "To write in our mind" with inner consciousness!! Is it correct Roy sir.

Reader 2: In using language in write or speech form- should express "HIS WILL" with the understanding that all our expressions has our opinion, preference, urge, or impulse. We may make real advances in the journey towards the Divine and implementing "HIS WILL" but the leading motive being egoistic, they subordinate the gains of the real advancement to the purposes of the ego. Thus the progress even when it is there, serves the opposite purpose To

write for all time first we have to disinherit our will with preference to preference to the Divine Will.

Sri Karmayogi says to understand this we have to see in this context Vol. 12 and 13 of Agenda and Mother's words and actions which is going to be there for all the time.

Response: Thank you reader 1 for your fine point about the necessity of inner consciousness in writing.

And thank you Reader 2. Very well said.

One way to consider this is that our writing should reflect underlying values that will be relevant well into the future. There are dozens of these, from openness to simplicity to the social good to efficiency and organization, etc. etc. The highest of these values are spiritual values, such as peace, harmony, goodness, beauty, love, delight, etc. So if the writer, speaker advocates these, then it has a lasting power. Moreover, it has greatest power when expressing 'His Will,' especially if we consecrate. But as you say these will have greater effect when the ego is held back. One example, it to hold back ego even as when one expresses our experiences.

What Supermind Sees

Supermind sees all sides, the deepest cause, the most lasting solution, the widest universal effect, with a great will and determination for its implementation.

Consecration and the Process of Reaching Psychic

Through consecration, one goes increasingly deeper; Inquire Mind, Supermind begins to take shape, gradually becomes the leader, sees the totality not just the part, has power of both integral knowledge and will to manifest any result, resolves any contradiction, brings all planes of our being (mental, vital, physical) to their highest possibility, revealing ananda/delight in every aspect of our lives, taking us deeper still to the Psychic being, expanding our mind's further upward, transforming us still, ultimately fulfilling the Human Aspiration for light, love, and immortality that was previously unfulfilled. (Thanks to Ramesh Kumar for inspiring these thoughts)

Sri Aurobindo, the Mother, and Spiritual Evolution

Sri Aurobindo and the Mother came to accelerate the process of Spiritual Evolution.

Added: ... from current vital and mental dominated life to spirit-oriented one.

Openness and Non-Expectation Attracts Best Solution

Though it is helpful to be prepared for a meeting, it is also beneficial to keep an open mind and not have too many expectations. That way the best will follow.

The Divine's, Individual's Attaining, Conscious and the emerging Conscious Force

The Divine Goal is the evolution of consciousness in the Individual so that the Divine buried in the Inconscient can awaken, evolve and manifest in every individual center of consciousness. (Garry Jacobs, Mother's Service Society)

Reader: To awaken the divine consciousness in individual is a Herculean task whether this can be achieved in this birth or another, because from animal to human it take millions of years to evolve again man still have animal instinct which Sri Aurobindo have already said how the transformation process can happen at the earliest is there any simpler method to transform ourselves to divine consciousness. I need some guidance in this regard.

Comment: Each time we are calm, patient, silent, self-giving, do not react, withhold ego, consecrate, etc. we awaken the divine consciousness within. When we move to a deeper poise in our lives, culminating in the psychic being this process is accelerated. When we then Surrender our very existence to the Divine, it accelerates even further. There is thus a progressive scale of realizing divine consciousness -- from beginner to advanced. With each step, the Divine moves to the surface of our lives -- mentally, psychologically, vitally,

emotionally, physically; in our attitudes, emotions, beliefs, actions, physical makeup etc. It is the means of evolution of consciousness, culminating in Divine consciousness and life in earth. Reader: Excellent message which i was longing thank you sir, i will practice

Why Didn't Sri Aurobindo & The Mother Perfect, Divinize The World?

Sri Aurobindo said Mother does have the power to Supramentalize the world in a day. He did not say it was merely a theoretical power. But She did not exercise it. So the question we should ask is 'Why not?' Or why did not Sri Aurobindo liberate India in 1910 or 1920?

The answer lies in the mission on earth. They came not to get a specific result such as Indian Freedom. They came to accelerate a process of spiritual evolution. Spiritual Evolution cannot be imposed from Above any more than we can create aspiration in our children by ordering them to aspire. Aspiration must be awakened. If the goal of the Divine was simply to wipe out the Ignorance, it need never have created the Ignorance in the first place.

The Divine Goal is the evolution of consciousness in the Individual so that the Divine buried in the Inconscient can awaken, evolve and manifest in every individual center of consciousness. That cannot be done by authority from Above. It must be a free choice of the divine concealed in the Ignorance to give up the taste of Ignorance. Parents can get passing grades for their children by doing the homework and term papers for them and compelling them to memorize or instructing them how to cheat on exams or bribing the instructor. But they cannot compel them to think or love learning or acquire high values by compulsion -- only by inspiration and example.

Mother and Sri Aurobindo came to inspire humanity to awaken to its Divine potential as described in Savitri when the Goddess of the Dawn descends to earth every day to awaken sleeping consciousness hidden in Ignorance. (Garry Jacobs, Mother's Service Society)

The Spatial Strength of Americans vs. Intuition, Light of Indians

Statement by Reader: US are pioneer in spatial intelligence a short step before existential.

Comment: Very well put. Spatial > Existential > Spiritual. It's really a movement from surface to depths. As more Indians are educated you see this dramatically in relation to Americans. I.e. Indians are much more intuitive; much more attuned to Life Response, Attraction phenomena, as if second nature. Not all are of course.

Sri Karmayogi a teacher extremely knowledgeable of Eastern and Western ways says that Indians have the Light inside them, while the Westerner is filled with darkness. It is mainly because there is little direct relation to the spirit in the Westerner.

Science needs to Expand its Materialistic View to Life Response View

Scientific, material, empirical view dominates in the West, which leaves little scope for subtle phenomenon like Life Response. Still there is a certain body of individuals in the West who are open and awake. If only science itself could broaden its view of reality as what only can be measured and perceived. That view is beginning to die off, as the nature of the universe at both the quantum and macro level is discovered to have 'spooky' qualities (like "entanglement") that are truly indicating the fundamental oneness of life. It is actually scientific proof of the Life Response/Attraction phenomenon. When Science broadens from material science to a Science of Life it will really make some great strides for the world.

America's Reality in the Process of Evolving from Physical

"America is a vast country where material comforts are plenty. They think that life is for enjoyment. Why should they bother about religious discipline? That is why it is said east is east and west is west." Yes, America is so successful materially that they do not see the need to be successful elsewhere. The material success has been so enjoyable. But now that is

changing as the Middle Class there falls into poverty-like state due to financial crisis, 20 years of stagnant wages, very shaky economic conditions, new coming financial and economic shocks, etc. Life is forcing America to change its world view. The physical blows of Nature through economic uncertainty, natural disasters, etc is driving out the physical consciousness that does not embrace anything but material view of reality.

Ego is the Obstacle of Science

"Science has a taboo to go beyond limits. It put value for discovery i.e., measure to convince and prove. This 'ego' stop them to go beyond." Yes. It is an ego rooted in Ignorance of the multi-faced truth of things. Science and Americans are dazzled by the surface. The depths are covered over, which can be seen as the ego of the Material/Physical consciousness.

US Closed to Life Response, Spirit, et al in Heartland

Reader: It's also possible that a lot of people are mired in communities or jobs where anything "different" just isn't easy to introduce or discuss. For example, try discussing all of this with the person down the street who attends a typical or more-or-less accepted place of worship seen in most towns throughout America. I, for one, have almost no one I can talk about this with other than my husband, one of my colleagues with whom I work online, and you! And, fortunately, Roy, I can contact you anytime!

Response: Yes Kathy, it's just not in the culture, at least in the rural and suburban areas. In the urban areas, there is more possibility. Here in SF/Silicon Valley area you feel it is just an onion skin away. Very close, yet somehow impenetrable. Even many spiritual groups cannot perceive Attraction power! It just takes making that little experiential connection.

It's going to happen. The Secret WAS a breakout. It is in the undercurrent of the world, discovered by the ancient Rishis of India and others. So it can happen again and again, progressively. Also because the Force is increasingly penetrating the earth, we have access to the ultimate life response creating power. Even the surface Americans will perceive it. We Users are childlike, unrigid, so we can accept.

PS A substantial life response knowledge push is likely coming soon, so stay tuned.

Reader: And, if I might add, Roy - the whole thing about the spiritual beliefs and knowledge that we're discussing being somehow "different" or "scary" to those who have grown up in these doctrines/dogma/sin-hellfire/whatever beliefs is that - if people were to truly look at some of the things Jesus (for example) taught in the context of Life Response and more Eastern and ancient teachings - they would find so much peace and joy!

"Religion" holds no fear for me. Of course, there are things I don't yet understand, but the unfolding of a lot of what I've come to learn over these last several years has been nothing short of remarkable.

And, I've been searching for my entire life for a system of belief or teachings that makes sense - because, frankly, none of the stuff taught by people in churches or elsewhere ever made any sense to me.

Oh... the old saying, "If only I had known then what I know now..." But better later than never at all!

Response: Thanks Kathy. It is difficult to hold the atmosphere of the Mother without some group to reinforce it. And even then it is dependent on the soul's aspiration and destiny.

Breaking through Physical Mind in America Has Precedence

They [Americans] are open-minded and childlike. But physical mind of sense input blocks things. There are pioneers who will move things forward. Then the society will follow. Atmosphere for the American pioneer is very positive, as it is rooted in freedom and

individuality. The society will not move unless the pioneers move first. That is what we are doing.

During the Hippy Era the entire society moved at once; unprecedented in modern history. Then it disappeared, as a wider foundation was needed. Still those values hold deeply -- e.g. many businesses have developed open, individualistic, people-oriented values. The development of PS and mobile technologies comes directly from the Hippies (note Steve Jobs and Silicon Valley). These came from the Hippies. If Hippies were possible in the US, as an explosion of individuality creativity, open values, then anything can happen.

Collaborating Work of India and America will Lead the World's Evolution

The Secret was very popular for several years with Americans out front leading the way. But then it sort of faded, as we became caught up in the mass culture, material, surface orientation once again. (Karmayogi says Americans think with their bodies; their visual and other senses dominating their perceptions.)

Indian Upanishads, Vedas, et al believe deeply that you can change the outer from WITHIN. It is in their very being, even though most have forgotten it. They KNOW The Secret in their bones. This is not there in Western culture, as they believe only the outer -- hard work, enterprise, etc. -- can bring about the outer.

Still I know a core of Americans who have spearheaded Life Response, which is ironic, and perhaps an indication of the future conversion of America. The Mother said in The Agenda that the great change would happen first in America. The Secret was a first burst. I have a feeling there will be new and very different iterations in future.

The US is despite the superficiality a magical country after all, where the majority of the major changes seems to happen first. We just need a little guidance and direction in what we believe and do, which I believe will come from India, the future Guru of the World. Together they will lead the evolution. They will pioneer the power of instantaneous miraculousness that is at our fingertips; that can be evoke any time we choose from within.

America's surface Consciousness and Life Response Retention in USA

I have been wondering why interest and therefore ongoing experience of Life Response phenomenon does not seem to stick with my American friends. They take interest only sporadically. Here are several possible reasons (and I invite others to contribute):

- they have so many material and entertainment things to preoccupy them.
 - they are very sense oriented, dominated by visual and audio, therefore have little inner wherewithal to perceive the subtlety of life and life response.
 - there is nothing in the traditional culture to support interest in this area.
 - Religion discourages in the sense that they turn everything into God's will, when we also know changing attitude, self-givingness, etc. attracts sudden good fortune.
 - they are workers, achievers, mass producers, organizers, with little desire to stand back from life.
 - they can't be still for 15 minutes, constantly having to jump into action.
 - though educated, they are not deep thinkers, except for the intelligencia who tend to frown on "power of attraction non-sense."
 - technology, though a great thing, has become their religion, when it is only a means to serve.
- Indians are in large part opposite of this, and are thus far more receptive on an ongoing basis.

Consciousness as Creator, Transformer

Everything was/is created from Consciousness; therefore through Consciousness we can transform ourselves. (thanks to Deepak Chopra)

Root Cause of Complaint Exist in Bother from Other Matters

Complaining means you are already bothered before the complaint; by other matters. That should be investigated and overcome.

America's Policing World is Changing

America as policeman of the world is nearly over. She can no longer afford it; nor has the appetite for it. Yet something MUST take its place. A World Army, rapid reaction force or similar is suggested. Probably US will engage its' allies to help lead in problem areas. But will that be enough?

Re: Egypt Situation

Until the nations of the world collaborate to reduce unemployment and poverty in this region and elsewhere, the types of problems -- and absurdities -- will persist in the Middle East and elsewhere. The problems of the world are too great to be solved by individual nations. International collaboration is needed. I would go a step further still and develop a World Parliament to pass legislature to enable policies that would overcome these dire economic conditions in these and all other nations.

Opening to the Divine Mother Reveals Supramental Possibilities

Before Creation the plane of Supermind rendered the Potentialities and Possibilities of what we could become, including Real Ideas of Peace, Harmony, Knowledge, Wisdom, Goodness, Love, Delight, Timelessness, and Infinity. Through our elevation of consciousness we can increasingly realize these in our life, enabling us to shift from our current limited consciousness to supramental consciousness. The quickest way of attaining these is to consistently open ourselves to the Supramental shakti of the Divine Mother.

Supermind as Creator, Can enable Life Response

Supermind rendered the universe, and is the same plane we can open to as the Mother's Supramental shakti and power, enabling instantaneous miraculousness in our lives.

Unthinking Mind Attracts Intuitive Thoughts

Karmayogi asks us not to think and have thoughts of our own, but to let thoughts come to you. Such thoughts will turn out to be perfect, infallible thoughts, filled with truth and power. Further Comment: These are descents from planes of spiritualized mind -- including intuition -- where no active thinking occurs, and where the thought that appears in the mind is a perfect truth.

Wide Scope for Contractions Resolved in Romance

Romantic relationships have the greatest scope for contradiction, and therefore self-improvement and fulfillment as the conflicts are resolved.

Harmonizing with Other Souls

Spiritually, we know that a romantic relationship between two individuals is really of two souls connecting. We can engage our own soul as a way to connect to spirit; also connect with another person to do the same.

Further Comment: The higher the level of relationship, the greater the inter-soul relationship is realized.

Soldier's Taking to Jane Austin Novels

[Recently it was reported that Jane Austin's novels proved popular with WWI soldiers.]

Jane Austin showed, especially in *Pride and Prejudice* that through greater awareness and higher consciousness a person could overcome major obstacles and attain great success. This plus the romance, humor, and many characters in the story with a variety of interests resonated and inspired the soldiers. These men too had great obstacles; ultimate obstacles of life and death, and they (the Allied side) also eventually prevailed. Of course, too many on all sides did not make it.

The Individual, Society, and the Universal

Society fulfills itself through the uniqueness of its individual members. The individual fulfills itself by universalizing to identify with the whole society. Both give expression to something beyond either of them which is trying to manifest. (from *The Book* by Garry Jacobs)

One Man's Aspiration Can Change the World

[On the individual's ability to create great change at any level of society]

One person, totally determined, thoroughly motivated, identified with the wider interests of the entire society, rather than merely selfish, narrow interests, could make the difference between victory and defeat, high accomplishment and failure. (from *The Book* by Garry Jacobs)

Comment: Michael Gorbachev and Steve Jobs are two examples of individuals who fulfilled this.

Equilibrium and Breaking Equilibrium Needed for Accomplishment

On the one hand, there is the importance of balance, equilibrium and harmony as the foundations for all progress. On the other, there is the need for continuously breaking old patterns, disrupting the existing equilibrium, confronting and absorbing the impact of new challenges. (from *The Book* by Garry Jacobs)

Element of Truth Exist in All; Even the Negative

Ignorance is partial knowledge. There is an element of Truth buried even in the most extreme error and falsehood. (from *The Book* by Garry Jacobs)

Response: E.g. Nazis ruled over the world, causing death of tens of millions. People accept this as final and absolute. Yet Allied imposition of severe fines against Germans after WWI, shipments of weapons from Europe to Germany before WWII, and financial speculation in West that destroyed Weimer Republic and led to rise of fascism in Germany, are the other aspects that led to rise of Nazi Germany, indicating there is a partial truth in the Nazis point of view. (If we examine history we will see that the good side was not absolute; neither the Evil side.) In the Indian epic Mahabharata the good Pandavas ruined themselves when their leader Yudhishthira squandered away their entire empire through reckless gambling.

Thus we can be humble and see the Truth buried even in the most extreme error, falsehood, and evil.

Inner Aspiration Attracts External Condition

Our inner aspirations attract the external conditions needed for their fulfillment. (from *The Book* by Garry Jacobs)

Every Event Unfolding in Front of Us for a Purpose and Progress

Nothing happens by chance. There is a meaning to every event, a deeper significance and causality. (from *The Book* by Garry Jacobs)

Reader: Quite True Sir! In how many incidences we are aware of it is a big question! The more we are in touch with the Divine and such true devotees like you the increase in clarity of the event.

Response: Yes, very true.

Reader 2: Nothing happens by chance. Nothing will happen to a person without its being in him somewhere in the being.

It is theoretically, Consciousness perceives a certain Truth or wishes to experience a certain truth in itself and directs its force of creation along the line of that Truth.

Darcy's calling her tolerable is subconsciously a marriage proposal—he recognizes his soul mate. When Eliza says she could be mistress of Pemberley her perception has power to bring him home one day earlier.

The Power of Calm, Non-Reaction to Intimidation

The calmer you feel when in the presence of a person bent on intimidating you, the more likely that party will falter. This principle applies in many different directions.

Life's Initiatives (i.e. Opportunities) Succeed

Life initiatives are ones that come to you, usually from out of the blue, out of nowhere. They come to you as opportunities. They almost always succeed when we take them up. On the other hand, our own initiatives fail as much as they succeed, maybe worse than that.

Divine Life on Earth as Goal of World

The goal of creation and where we are progressively headed is toward a Divine Life on Earth, where we will emerge as a new species, omniscient and immortal; divinized in all parts of our being.

The Reason for the failure of Self Initiative and a Personal Example

A READER "One may ask why self-chosen initiatives fail when life-chosen initiatives succeed. It could be probably due to the fact that most self-chosen initiatives are taken impulsively and thereby become foolish initiatives. ... When however life takes the initiative, such impulsiveness is missing and therefore the attempt succeeds. "

MY COMMENT: I think you are on to something here.

There was e.g. one initiative where I started a new enterprise, which seemed to have a lot of possibility. I received encouragement from various sides, though in the back of several minds was the idea that it would be difficult for me to succeed as the product was past its time. In the end it failed, in part because of resistance of the past, in part because I did not follow through as I might of, etc.

In this case there is/was a kind of wanting personality in that thing/opportunity that made it difficult to succeed. I knew of its limitation at the outset, but still tried. In any case, it did not come to me, it was not offered to me, it was not an initiative from life. I was a little desperate to succeed, since normal work was low (recession). We know Mother overcomes forces like recession and could have made the current work blossom even during hard times.

If I had applied the principle of embracing Life's initiatives instead of my own, I might not have taken up the project in the first place.

From this example, we can devise why initiative driven projects fail. And this is only this one case. Each case will have its own flavor, revealing the wanting personal attitude and relationship to the object (the project), as well as the nature of the object and atmosphere itself. Inner and cosmic purposes are additional factors that are steps beyond.

Our Initiatives and Life's Initiatives (Repeated)

Life initiatives are ones that come to you, usually from out of the blue, out of nowhere. They come to you as opportunities. They almost always succeed when we take them up. On the other hand, our own initiatives fail as much as they succeed, maybe worse than that.

Negative Consciousness Attracts Negative Events

Your intense lower consciousness movements can be synchronous with disasters or other significant negative circumstance locally or at a distance.

Q: Examples for better understanding?

Response: Acts of violence, intense feelings of hatred or anger, sexual intensity, powerful drug experiences, etc. can attract/align you with corresponding major negative events at the local, national or international level.

Benefits of Consecration

For attracting the greatest good fortune on a daily basis we recommend you consecrate, i.e. remember Mother once an hour at the top of the hour. As a result your day will be filled with wonder and good fortune, and over time your consciousness will rise to the Nth degree, shedding each of your wanting qualities one by one while discovering your true self and psychic center (soul). Opening to Mother's supramental power at the top of the hour has this overwhelming effect on your daily and long-term existence. There is nothing more powerful for the spiritual seeker and aspirant.

From Ego to Harmony with Others and Life

In Garry Jacobs' novel *The Book*, he defines ego as a view of reality in which each of us feels separate from everyone and everything else. It's the view in which each of us stands at the centre of the universe and we look out on the whole world and everything in it from our own point of view. We relate to everything in terms of our needs, our understanding, our values and beliefs. The ego's view of the world is false. It is an illusion.

Thus, we should make the effort to recognize it when we experience it; when it rises in our being; and then halt it in its tracks, shedding any identity with it. One way to do that is by becoming unselfish and regarding all other people as I regard myself. E.g. if my friend receives a promotion I should feel happy for them, not jealous. If I have an agenda I would like to narrate and my friend has something else to talk about, I should defer to him. In other words, instead of giving supreme importance to my own needs, priorities, preferences, my skills, accomplishments, I can recognize that other people are as important as I am in the scheme of things.

Spiritually we can say that Ego is separative consciousness; as we are divided from others and life. The opposite of ego is Harmony, where we are one with Reality around us. Anything that creates this harmonic feeling and experience overcomes ego. Sri Karmayogi has recommended non-reaction, taking the other person's point of view, self-givingness, goodwill, and other means to create feelings of harmony and oneness. Employing these will shed ego short and long-term.

When you recognize the Soul in another and the Spirit in life, then you truly exit Ego. That is made possible when you live your life from a deeper poise, culminating in the realization of your own soul and being. Through consecration and the methods above, you develop this deeper poise from which you come in alignment with others and the conditions of life. Doing so you move from a confined, local existence to a wider, universal field, where you not only experience rich joy, harmony and love, but you are able to attract the infinite potentials of life.

Even the Great have Flaws that can be Transformed

You can expound the greatness of someone, one who is a hero for the world, and still reveal his great, even fatal flaws.

Further Comment: Gandhi and Steve Jobs come to mind.

Overcoming Tainted Money When Money Serves Us, Not Vice Versa

Money falsehood is expressing all over the world, in different ways in different regions in different domains of society. Dark or tainted money needs to turn into money of Light that lifts all of society. That will happen when the Human Individual is put first in our economic systems, with money serving him, rather than the other way around.

Q: Can u pls explain this

Response: Let's say there is a work you need to accomplish. At first you feel hurried by it, as there is a firm, tight deadline. There is a degree of reluctance developing on your part. You then shift your consciousness to fully embracing that time limit, deadline. As a result, life quickly creates conditions where the deadline, the constraint of time is eased.

Embrace Current Time to Be Relieved of Time

If you fully embrace the current time demands on you, life will turn around and relieve you of the pressures of time.

Sri Aurobindo and Gandhi

Sri Aurobindo believed that Gandhi's philosophy of Ahimsa (non-violent thought and action) was a disaster for India. In fact, it delayed Indian independence as Gandhi would not ask the British to leave when the Indians forcefully rose up against their masters in the 1920s and 30s, which gave time and to and led to the eventual partition, millions dead in the aftermath, and two nuclear armed neighbors pointing weapons one another. Though Sri Aurobindo admired Gandhi as the savior of India, he repeatedly stated throughout the 1930s and 40s that Gandhi's philosophy would create great pain for India even as it led to independent through Gandhi's great efforts. Thus Sri Aurobindo viewed him as a great, but flawed leader, couched in what Sri Aurobindo calls the narrow "mental" view of Ahimsa, instead of the deeper truths of the forces affecting life including India's role and being. Sri Aurobindo was further against Gandhi's neutrality in fighting the Nazis and Hitler. By the way, Indian independence day occurred on Sri Aurobindo's birthday, August 15th, which indicated how He had worked inwardly for 40+ years to bring about independence. Now Sri Aurobindo works inwardly with Mother to bring the two or three divided powers back together in federation or even reunification, and then for India to take its rightful place and become the Guru of the world.

Reader: Bhagavan was himself the liberator of India. He did it in 1910...failure to accept the Cripps plan messed everything up, and resulted in partition.

Response: Yes inwardly he realized independence back then. The receptivity was then distorted somewhat by Ahimsa.

Further Response: Sri Aurobindo warned early in the century against certain "isms"; mental construct formulations like fascism, communism, capitalism and even Ahimsa. While many thought Gandhi's Ahimsa was spiritual in nature, Sri Aurobindo saw through it as another mental construct that flew in the face of the realities of life.

Forces of Life are the ways of the Reality, the dynamic Brahman that Sri Aurobindo perceived. He saw into the deepest currents of existence, while Gandhi's spiritual or even Life understanding was limited, even flimsy.

Still one cannot deny the greatness of the Mahatma, and Nehru too, despite the limits, holes in their views.

The mental "isms" need to be replaced by integral Truth as we ascend beyond the mental age to the dawn of the spiritual.

[On this America's July 4th, Independence Day]

Now the journey is shifting from physical liberty which has been largely attained to the next stage of Inner Liberty, freeing ourselves from the bounds of our limited consciousness, releasing the infinite potentials of life.

Sri Karmayogi's Methods and Practices

In my own words I have put together this list of methods and practices that Sri Karmayogi has asked us to follow. It can be used like a daily checklist.

Relations to Others

- cultured engagement with others; good manners

- do unto others, as one likes others done to you
- nonreaction to others' intensities
- not blaming, complaining
- listen first
- take the other person's point of view
- giving over taking
- concern for others and their situation
- sense what other party really wants
- constant self-givingness
- feel joy in another's success
- gratitude and appreciation toward others
- inner and outer goodwill toward others
- give attention to others deserved of it

Relations to Life

- don't initiate, wait for life's initiatives
- always take responsibility
- patience and cheerfulness
- continuous optimism
- feel gratitude and appreciation towards life
- see positive in the negative
- see opportunities in negatives
- embrace opportunities that come
- see current conditions as best for your growth
- perceive subtle signs of what to do, not to do
- resolve contradictions by finding higher harmony
- avoid expectation, anticipation
- embrace change, uncertainty
- seek adventure not comfort

Relation to Work

- embrace the work at hand, instead of what wants
- make the full, persevering effort
- apply values to work, in every detail
- perfect the work at hand
- the complete act to accomplish (aspiration, will, organization, action)
- aspire for higher capacity for success instead of success
- develop all the necessary skills and knowledge
- care for employees customers, etc.
- keep open to opportunities
- follow the emerging social wave for opportunities

Money

- pay off all debts; collect all monies due
- think of work first, money after
- raise your level of aspiration, energy, effort
- self-giving raises opportunity, finances

Relation to Things, Objects

- take to higher levels of cleanliness and orderliness
- give attention to things deserved
- maximum utilization of resources
- connect to the essence of inanimate objects

Personal Values

- discover, apply, adhere to one's most cherished values
- be honest and forthcoming
- discover the essence, the deepest value behind anything

Human Choice

- in crossroad moments choose what is helpful, positive
- chose the higher, deeper rather than the expedient, etc.

Life Response

- notice how the outer reflects one's inner
- move the outer world from within
- spacelessness and timelessness over space and time

Relation to Spirit

- constant consecration
(opening to Mother hourly; for events, problems, one's wanting qualities, opportunities, etc.)
- seek Mother in everything
- continuous abiding faith
- move from surface, visual and auditory inputs, to deeper poise
- discover one's psychic being, evolving soul
- shed ego

Spiritual Silence

- mental silence (non-thinking)
- withhold thought so others express it (silent will)
- reduced and soft speech
- refrain from unnecessary speaking of a matter until it is accomplished
- refrain from expressing one's opinions

Knowledge

- take the other person's point of view
- always seek the truth, rather than the part or what is expedient

General Negativity

- catch all ego movements
- shed negative attitudes we feel -- toward others, self, life\
- avoid repeating dead habits

Only Collaboration of Nations Will Solve World Problems

The problems of the world are too great to be solved by the individual nations. Only collaboration amongst the countries can make this possible.

One Nation's Problem is a World's Problem

Egypt and other like nations cannot solve their severe economic problems including vast poverty and unemployment by themselves. The problems are too vast. The international community must come together through a regional or global parliament to solve them. The time for regional and global economic unity is clearly at hand.

Severe Floods In India & Further Impacts

Chittaranjan Rajaratnam: Scientists say that like the cloud burst that happened in Uttarkhand (India) which resulted in massive rainfall in two days leading to floods and disaster, such cloudburst can also happen in the western Ghats where 22 rivers originate and most of them flow into Tamil Nadu to join the Bay of Bengal in the east. This is due to the destruction of natural wealth here, occupation of lake areas by towns etc.

Comment: Lack of harmony between the states and regions along the course of these rivers is a central cause. It is the various parties involved only looking out for themselves.

Sri Aurobindo says that all problems of life are problems of Harmony. How to create that harmony is something to consider. We can begin by creating greater harmony in ourselves, in our own being, as well as with others. The outer harmony in society then starts developing as a result. It is life response of the outer due to our shift to the positive in our inner. This is the spiritual method of change.

PS People in position of authority can practice this approach, in tandem with offering the conditions to the spiritual Force, the Divine Mother, which would have a real outer impact on the corresponding outer social conditions.

Focus on Aspect Evokes Life Response on that Thing

When you focus on a particular teaching or person or thing, instantaneously out of the blue individuals you know pop-up, call, appear, etc. who very much subscribe to that specific teaching, person, or thing. What a wonder to behold, even if it has occurred to one for the thousandth (or is it the ten thousandth?) time.

E.g. you think of a particular aspect of a spiritual understanding, and the person you closely identify with suddenly pops up from amongst dozens of people you know that he has just gone online to the service you subscribe to.

Hourly Consecration

For attracting the greatest good fortune on a daily basis we recommend you consecrate, i.e. remember Mother once an hour at the top of the hour. As a result your day will be filled with wonder and good fortune, and over time your consciousness will rise to the Nth degree, shedding each of your wanting qualities one by one while discovering your true self and psychic center (soul). Opening to Mother's supramental power at the top of the hour has this overwhelming effect on your daily and long-term existence. There is nothing more important for the spiritual seeker and aspirant.

Comment: also others are doing it at the top of the hour, so the consciousness gets enhanced.

Deference Moves You Ahead

By yielding to others you are more likely to end up in the right place.

E.g. you and another individual have entered a store at the same time and are vying to be the next person in line. But rather than try to get the lead, you defer to the other party. While you are now waiting you receive a phone message where you are informed that it is no longer necessary to be in that line to make that purchase. You thus leave for the better situation elsewhere.

Domination of Ego, Self-Need in Physical Consciousness Person

Physical consciousness individuals have little tolerance for the truth of conditions that require thoughtful consideration, as they are overwhelmed by their ego and needs.

Further comment: A physical oriented construction or maintenance worker who is hungry has no tolerance for the food service that is being delayed. Rather than looking around and perceiving that there is delay for many others there as well, not to mention not taking any interest in why there is a delay in the first place, he lashes out at the server. This is an example of a physical consciousness individual, where truth is kept in the background, and ego-oriented force and demand is in the fore.

Supermind, Ego, and Unity Consciousness

Supermind is opposite of Ego. It is Unity Consciousness.

Consecrating a Small Negative Prevents Its Repetition

If a small negative comes to you, such as a bent package arriving in the mail for an upcoming event, it is best to consecrate it as it is likely a predecessor of difficulty to come. By opening to the Mother and Her Force, the negativity of the future is cancelled.

Q: please give me an example on how to consecrate it in such manner.

A: Just think about the negative condition and say to Mother "here, you take it, to be transformed."

India's Economics

We can say that India is transitioning from a socialistic-oriented country to a neo-capitalistic one, though it would like to avoid the extremes of financial orientation of the US in the light of the great crisis, even if it itself gets caught up in the same. India subconsciously wishes to be a HUMAN centered country beyond capitalistic at the core of its economics. That will gradually emerge from the depths and be seen on the surface of life. Right now it is still shedding the restrictive parts of its socialistic legacy and adopting capitalism's benefits, even as it tries to hold onto the good parts of socialism that is aligned with a Human-centered economics. Perhaps the West's -- especially the US's -- greatest contribution to India is not so much capitalism as the way to Individuality and entrepreneurship.

Learning from Others Experience to Avoid Pain

Most of us just want to enjoy life, unburdened by the dos and don'ts that learned and experienced people offer. But sooner or later our wanting propensities will attract the negative as a series of gut punches that will send us reeling. Therefore why not be a bit more proactive and consider what changes in our attitude and behavior we can make to prevent such painful outcomes; what inner methods we can employ to avoid these difficult consequences. That way while your friends play blindly, obliviously in their temporary happiness, you will have the means of being joyful always and forever.

Don't Broadcast the Negative

Unnecessarily broadcasting of negative circumstance will attract more of it.

'The Life Divine' By Sri Aurobindo

The Life Divine is Sri Aurobindo's major philosophical opus. It combines a synthesis of western thought and eastern spirituality with Sri Aurobindo's own original insights. The Life Divine covers topics such as the human aspiration, why it remains unfulfilled, the individual's divided nature, the nature of the divine reality, how the universe emerged from a divine source (aka Involution), the role of Supermind in the creation/involutionary process, the nature and methods of evolution from matter to spirit, the means of overcoming our divided nature through higher consciousness, the nature and boundaries of human ignorance, the

transformation from our divided nature into a supernature, and the emergence of a gnostic supramental being and a divine life on earth.

Solutions to World problems from Macro and Micro Levels

Governments are not responsive to the people, not so much because of wrong tactics, corruption, lack of resources, bureaucracy, and the like but because the problems of society have become global in nature and cannot be solved by individual nations. Fresh ideas percolating up from below can increasingly provide global solutions to problems that cannot be solved locally. As these powerful, new ideas rise, a degree of world governance is necessary, such as world parliament, that can pass legislation to make them concretely available to the world.

Sri Aurobindo explained this dual process that takes shape from above and below. Thus he would likely have been happy with the EU, ASEAN, and the many other macro developments and associations that have taken root since WWII, as he saw them central to furthering Human Unity from above. From the other end, he saw the rise of True Individuality, even soul-based individuality leading to pioneer individuals who would drive the world forward from below, completing the integral process of social evolution.

Further comment: Egypt turned to democracy, but now it is unravelling because it is unable to solve its extremely bad economic problems, including very high unemployment. An international approach to resolving the destitute of the Middle East nations is necessary to lift up that region, even as individuality and entrepreneurship can help from below.

Judging Prevents Wider Truth Known

Constant judging of others blocks one from knowing the wider and deeper truth.

Give Criticism Only When Asked

Avoid offering constructive criticism to another unless they ask for it first or seem open to such.

Seeing ego in Others, Not Self

We each express Ego in many different ways, however we normally only see it clearly in others.

Taking Other Man's Point of View as Movement from Part to the Whole

Very often we will discover that the suggestion or point of view of the other person proves to be the correct one. That is why it is suggested that at the outset you always take the other person's point of view. Spiritually it is a movement from the part to the whole of the Truth, which is the Supramental view of things. Besides, taking the other person's point of view tends to instantly or rapidly attract sudden good fortune.

Stepping Back Within For More Conscious Living (by the Mother)

Most of you live on the surface of your being, exposed to the touch of external influences. You live almost projected, as it were, outside your own body, and when you meet some unpleasant being similarly projected you get upset. The whole trouble arises out of your not being accustomed to stepping back. You must always step back into yourself - learn to go deep within -step back and you will be safe. Do not lend yourself to the superficial forces which move in the outside world. Even if you are in a hurry to do something, step back for a while and you will discover to your surprise how much sooner and with what greater success your work can be done. If someone is angry with you, do not be caught in his vibrations but simply step back and his anger, finding no support or response, will vanish. Always keep your peace, resist all temptation to lose it. Never decide anything without stepping back, never speak a word without stepping back, never throw yourself into action without stepping back. All that belongs to the ordinary world is impermanent and fugitive, so there is nothing in it

worth getting upset about. What is lasting, eternal, immortal and infinite -that indeed is worth having, worth conquering, worth possessing. It is Divine light, Divine love, Divine life- it is also Supreme Peace, Perfect Joy and All-Mastery upon earth with the Complete Manifestation as the crowning. When you get the sense of the relativity of things, then whatever happens you can step back and look; you can remain quiet and call on the Divine Force and wait for an answer. Then you will know exactly what to do. Remember, therefore, that you cannot receive the answer before you are very peaceful. Practice that inner peace, make at least a small beginning and go on in your practice until it becomes a habit with you. (The Mother)

Matter/Universe as Spirit?

Q: Is the universe indistinguishable from spirit?

A: Vedantic-based teachers view things a bit like this. So do a number of mystics of various sorts. Sri Aurobindo suggests that matter is ultimately really spirit, indicating the universe is too. But that is only a partial understanding of his teaching because when you bring in evolution, then the universe is not fully spirit, but on the way to becoming spirit, is being spiritualized. Certainly consciousness or spirit underlies everything in the universe. Sri Aurobindo says that the Conscious-force (chit) that is the source of creation is involved, hidden in all things. The question is then to what degree it is realized integrally and in full on the surface; in the frontal aspect of things, forms, individuals, forces, etc. That is what the Evolution is all about.

Threat of Non-Regulation of World's Financial System

Non-regulation of the world's financial system and its rampant speculation may very well be a greater threat to world stability than our environmental, nuclear, and terrorist concerns combined.

Our Opinions are Only Partial Truths

We gleefully express our limited and error-filled opinions. If only we knew the truth of things; in which case we would be fully embarrassed.

Utility of Negative Expression to Overcome the Negative

Negative people are often needed to broadcast their negativity so that the virulent strain of falsehood they represent can be rejected once and for all.

On Shankara

Shankara was a great figure in the history of the Spirit, who in many ways went even beyond Buddha, as he acknowledge the divine reality, which Buddha did not.

One key difference between Shankara and my view is that Shankara indicated that Brahman, the Divine exists only beyond this world, and that the life existence is fundamentally an illusion. My view is that Brahman, the Reality is not only the Spirit beyond this world but also immanent in this world as well, including all its material formations. Moreover, there is a power we can access that has the ability to transmute this world further into divinity by accessing it. (The supramental power/shakti of the Divine Mother.) This helps explain not only the evolutionary movement of life, but a theory of creation that relates Sat-chit-ananda "above" to the forms of creation "below."

Sri Aurobindo explains it this way:

The Shankara knowledge is, as your Guru pointed out, only one side of the Truth; it is the knowledge of the Supreme as realised by the spiritual Mind through the static silence of the pure Existence. It was because he went by this side only that Shankara was unable to accept or explain the origin of the universe except as illusion, a creation of Maya. Unless one realises the Supreme on the dynamic as well as the static side, one cannot experience the true origin of things and the equal reality of the active Brahman. The Shakti or Power of the Eternal becomes then a power of illusion only and the world becomes incomprehensible, a mystery

of cosmic madness, an eternal delirium of the Eternal. Whatever verbal or ideative logic one may bring to support it, this way of seeing the universe explains nothing; it only erects a mental formula of the inexplicable. It is only if you approach the Supreme through his double aspect of Sat and Chit-Shakti, double but inseparable, that the total truth of things can become manifest to the inner experience. This other side was developed by the Shakta Tantriks. The two together, the Vedantic and the Tantric truth unified, can arrive at the integral knowledge.

Absorption in Current Times Limits Us From Seeing Bigger Picture

We often get so caught up in the issues of our time that we lose touch with the much Bigger Picture.

Savitri Saves Satyavan in Poem which is Occurring in Our Lives

In Sri Aurobindo's epic mystical poem 'Savitri', Satyavan, representing the earth is doomed to die. However, his lover Savitri overcomes all the limits of creation, rises into an ultimate consciousness, overcomes death itself, becomes the Divine Mother, and saves the world, enabling Satyavan to live, ushering in a new divine life on earth. In essence, the Mother has saved the world.

This is what actually must happen in our lives. Her supramental Force and Power is the means of earth's salvation and evolution. Thus, we must open to Her in all aspects of our lives to collaborate in this process, overcoming the limits of life and ushering in a new Golden Age.

Mother Can Save the World (which We Can Collaborate In)

Only Mother can save the world.

Further comment: We need to constantly call Her Force into our lives to make that happen.

Non-Locality, Entanglement, and Life Response

Space is extension; time is movement or change in extension. In Life Response, space and time are overcome, as they resolve into instantaneous miraculousness in the current moment and place.

In physics life response phenomena is explained as the principle of "Non-Locality," also known as "Entanglement," where two objects at opposite ends of the universe from one another instantly interrelate to change or mirror the state of the other. E.g. a shift in the spin of an electron changes the spin of another instantly, even though the second is at the other side of the galaxy or universe. Thus, what affects each is occurring from beyond locality and thus the two are entangled with one another.

This is similar to how in Life Response two objects are interconnected across-space time, overcoming locality and are in an entangled relationship. E.g. if I shift in consciousness to the positive, a person from around the world instantly contacts me with good news, though I have never communicated with or known them before. Our consciousnesses shifted one another, causing us to move in alignment, which we experienced together in a moment in a common space.

Life Response is thus a non-local entangled phenomenon that physics has begun to trace. However, physics does not yet know the many hundreds of laws governing the Life Response phenomenon, which we have traced for over thirty years.

My Life Response Statements and their Experiences

Virtually every life response related statement and principle I enter in this forum is based on an experience I just or recently had, or, somewhat less frequently, witnessed in another. Thus these are hopefully not merely hypothetical ideas for the reader, but have a liveliness in them that reflects true life experience.

Life Response Power of Shifting from hesitation to Reluctance

When you shift from hesitation or reluctance to solving the problem, certain novel solutions will suddenly present themselves.

Difference between Worry and Concern (Love)

You cannot worry about someone and love them at the same time. Most people mistake the emotion of worry for the emotion of love. They think that worrying about somebody means that you love them. (Abraham)

Comment: It is a thin line between concern and worry for loved ones. Non-Reaction and Consecration works well in this area. Non-reaction is remaining absolutely still and not reacting to another's situation, intensity of feeling while remaining concerned. This attracts the very best results for both parties. Consecration is to open to the spiritual Force, in this case to ask the supramental power to do the best for the person concerned about, which also creates rapidly improved and optimal conditions for that person, while also calming one's self down in relation to the matter.

Related Terms to "Life Response"

When we speak of "Life Response," we have been known to use related terms, such as:

"sudden good fortune"
"power of attraction"
"evoke luck in your life"
"the cooperation of life"
"you can evoke the miraculous"
"instantaneous miraculousness"
"instant success"
"something out of nothing"
"grace"
"Mother's grace"
"moving in alignment"
"synchronicity"
"overcome space and time"
"the inner moves the outer"
"inner-outer correspondence"
"instantly change the outer reality from within"
"oneness of life"
"non-local connection between things"
"you can make life instantly respond"
etc.

On Global Prosperity

All economies are increasingly interrelated with one another. They can no longer easily rise independent of each other. This is increasingly the case. Thus nations need to drop their egos and cooperate. Better still, perceive, care about, and abide by the interests of other, even rival countries. Without such cooperation, all will fall together. With it, they can rise to infinity, individually and collectively.

Sri Aurobindo said all problems of life are problems of Harmony. It certainly applies here as harmony of purpose is a key to global prosperity.

In addition, a Human rather than a money centered economics is the key to an ever-expanding, dynamic prosperity in future.

Conscious Person Always Embraces Change

The conscious person is constantly open to change, uncertainty, even contradiction, as his being is centered in a deeper and wider poise where everything and anything is readily accepted as part of the unfolding. His modality of being is always open to the new.

Taking Other Man's Point of View vs. Your Side of Argument

From a spiritual perspective, taking the other side's point of view is a greater feat than prevailing in your side of an argument.

In Difficulty Focus on Essential than Negative Attracts Resolution

In a difficult situation let go of your untoward feelings, desires, expectations, fears, etc. focusing only on what is essential. The problem will tend to correct itself, especially in an overall positive atmosphere.

Life's Initiative Brings Us the Right Choice for Lifetime Partner

When considering a long-term partner -- of any type; romantic, business, or other -- try to refrain from taking initiative and wait for life circumstances to indicate whether the relationship is really meant to be. Unhurried non-initiative is the secret of making the right choice.

Though Limited, Manners is Beneficial

While manners is not as great as character, everyone can benefit from practicing them.

Stillness in Tense Situation Self-Corrects It

In any tense situation be absolutely still. Things will quickly self-correct.

Via Consecration, Knowledge & Will Are Fused, Accomplishes Infinitely

In Sri Aurobindo's view, we have most power when Knowledge and Will are both there; i.e. they are One. One can have knowledge and vision, but without will and action, it remains an idea. We can have will and do, but without knowledge and vision we will do what is in error or wrong or incomplete. Thus, Knowledge (and vision) and Will (and action) together is what truly accomplishes.

Again in His view, Knowledge and Will are fused in Supermind. When we Consecrate something, we gain the full knowledge and there is the full will and action that reflects it. Actually Life does it for us. We ourselves don't have to do anything! When we open to the supramental power, Life has the knowledge of what to do what is best to do and does it for us. Vision and Action are accommodated, manifest in one go. It is instantaneous miraculousness; aka Life Response.

Moving Out of Egoless Evokes Life Response

Each time you step out of Ego in the course of the day, life responds in your favor.

Wrong Perception of Chopra vs. Ignorance of Sri Aurobindo

What Deepak Chopra calls wrong or subjective Perception of the object of inquiry (whether it is physical like a vase or a rose or a planet, or otherwise, such as an emotion or idea), Sri Aurobindo calls Ignorance.

Thoughts on the Equilibrium Dynamic of Life

Life constantly tries to come back into equilibrium. E.g. if someone does something negative, life responds with negative fortune returning to that individual sooner or later. The original negative action is movement out of equilibrium to disequilibrium, which life brings back into

equilibrium via the negative response to that person. The same holds true for positive, neutral, and in between behaviors and actions.

The "action" can originate inside such as a shift in emotion, attitude, belief, decision, intention, etc., or outside through a physical act.

The entire world, actually the universe itself is constantly shifting from equilibrium to disequilibrium to equilibrium in trillions and trillions of inner and outer actions and responses. Moreover, all of the movements occur within an interlocking system of infinitely related individual, actions, and forces, meaning that the dynamic not only occurs trillions of times a moment, but are interconnected within one another and are thus affecting one another in that moment.

Note that after each iteration of the equilibrium dynamic, the entire system that is the cosmos or the universe or the earth, society, etc. evolves, creating an even more dynamically interlinked global entity of force, energy, power, and knowledge. In other words, Reality in creation is becoming more conscious, or advancing in degree of consciousness through this dynamic, yet is always subject to it.

There are also other influences on this dynamic including the role of the human subconscious, movements from the environment including the society and other collectives, influences of forces from subtle realms, including the role of the Spirit in life. Even they are subject to the equilibrium, disequilibrium, equilibrium (though now at a higher level) dynamic.

Exhausting Efforts with Perseverance Enables Life to Take Over

When you make that final push in a work that requires an extra level of effort and energy and perseverance, Life Takes Over and carries you across the finish line with a tail-wind that enables the completion to occur so much easier than you thought; or takes you so much further than you anticipated, both as startling unexpected "finale" results.

Higher Consciousness of Managers, and Business Success

Many problems in a small or large business can be attributed to the limited views - attitudes, habits, beliefs, values - of its principals. If that individual(s) identifies and changes only one significant one, life's conditions will suddenly right themselves or new opportunities will quickly appear from out of thin air.

Uncertainty in the Hour of God

As in the Heisenberg uncertainty principle, anything can happen at any time, and things can quickly and dramatically change at a moment's notice. New developments can spring out of nowhere. Out of failure or lack of movement or stagnation can suddenly arise a great opening. This is what the spiritual-oriented individual embraces. As Sri Aurobindo said "It is the Hour of the Unexpected."

"He who can stand up on the truth of his purpose is he who shall stand; even though he fall, he shall rise again; even though he seem to pass on the wings of the wind, he shall return.

Nor let worldly prudence whisper too closely in thy ear; for it is the hour of the unexpected."
(Sri Aurobindo "The Hour of God")

Change from Within What You Don't Like Outside

Keep what you don't like to yourself as much as you can. Instead work inwardly to seek its change.

Learning from Other Side in Argument

In an argument, each side has something to learn.

Wrongfulness in Argument

In an argument all sides are wrong, each in their own way.

Negative Attitude Attracts Negativity

Complaining about others, a situation quickly meets with others being displeased with you.

Life Coming to You Indicates Spiritual Life

Life coming to you without initiative is an indicator of spiritual life.

Further comment: Consecration and related methods enable this to happen.

Complaining reverberation

Being bothered by another's complaining is another form of it. Instead take to non-reaction.

Making Fun of Another reveals Negativity Within

Consistently making fun of others reveals a troubling deficit in one's being.

Complaint Attracts More to Complain About

The more you complain, the more you will have to complain about.

Learn from Complaint; Life Will Cancel the Object

Instead of complaining about a situation, learn from it. The object of complaint will then mysteriously dissipate.

Vedanta's Wisdom and Science

How extraordinary it is that a fundamental ancient spiritual philosophy and mode of living, Vedanta, which includes Upanishads, Vedas, and Gita -- had realized for thousands of years a good part of the knowledge that science is now just beginning to discover.

Vedanta's essential teachings is that there is one essential Reality, and that all things -- seen and unseen, from matter to spirit -- are various manifestation of it; and whose origin is a Consciousness and Power that each of us can realize in our own lives.

When science considers how things spring out of nothing as is indicated in quantum physics, or what the source of the Big Bang was, or how non-locality/entanglement occurs, it is increasingly required of them to consider the Consciousness that underlies and links and relates all things.

Generally speaking a System is more powerful than a thing in isolation. A Holistic System is a further advance. When the Essence and Consciousness of that holistic system is recognized, valued, and implemented, then that system moves to infinity -- in terms of power, benefit, result, progress, satisfaction, enjoyment, fulfillment, etc.

Creating Infinitely Out Of Consciousness through Supramental Power

From out of the source Consciousness (Conscious-Force), Supermind engaged the process of creation formulating Divine Attributes (peace, harmony, knowledge, goodness, love, joy, etc.); creating in succession Space and Time, Energy, Matter, and the universe we know of, and its life forms including us as its inhabitants.

We too can create infinitely by utilizing that same source Consciousness -- that surrounds us, that permeates all, that is an infinite potential and possibility, -- by opening to that very same Supramental power (the Mother) that enabled the universe, that is powerfully in the atmosphere readily available to us.

Overcoming Most Illnesses through Consciousness

95% of human illnesses can be overcome in consciousness. Likewise, 95% of the programming of our genes can be overcome by the same.

Consciousness vs. Matter As Ground of Being

The traditional Indian spiritual view is that consciousness is the ground of all being. Science has it the other way around, indicating that consciousness evolves out of matter. Both are true. Thus the two views need to be reconciled. Sri Aurobindo's Involution and Evolution of consciousness resolves the contradiction.

Q: Thank you for your post Roy Sir. And, can you explain a bit more in detail about how consciousness evolves from matter? Thank you:)

A: Matter is animated and becomes living things as water, as plants, as animals, as humans. With the advent of human, mentality dramatically increases. Greater mentality means greater knowledge. Greater knowledge is more awareness, which is increased consciousness.

Taking Your Romantic Relationship to a Higher Level

If you are engaged in one, try to constantly raise the level of your romantic relationship. E.g. if it is based primarily on physical attraction, try to focus more on compatibility and one's emotional feelings towards your partner. If it is predominantly emotional, try to focus more on being affectionate and feeling admiration for one another. If it is mental, try to make it more devotional and spiritual. One can ascend up the scale of romance to deepen your relationship, making it more satisfying and longer-lasting. Here are the details on how to rise in your relationships at Romance Eternal, I site I helped develop, focusing here on the article on Scale of Romance which includes the choices and strategies you can take with your partner, as well as examples from film and literature that make the ideas more understandable.

Choosing Happiness

Developing an ongoing deeper center and poise of being enables one to have the wherewithal to detach one's self and examine life's moment to moment situations, evaluate one's state of mind, and therefor make the right choices in the positive direction, including the decision to be happy vs. being unhappy. Developing that deeper consciousness that allows for such awareness requires taking personal and spiritual growth, and can be attained through various practices such as meditation, prayer, and consecration (opening to the spiritual Force).

Another shortcut to happiness is simply being self-giving, instead of constantly focusing on one's own self and taking through the influence of the separative ego. The happiest people in life are always giving rather than taking.

Methods that Take One to the Psychic Being

Constant remembrance of Mother, plus practicing non-reaction, non-initiating, and taking another's point of view will take one to the depths, even to the psychic being, enabling deep peace, inner silence, guidance from within, harmony with others and life, heightened awareness, mind's expansion and revelation of profound knowledge and wisdom, right decisions and action, feelings and acts of goodness, self-giving urge, joy in being alive, experiences of timelessness in time and the drawing of the infinite from the finite (life response), and others.

Seeking Mother's Help and Taking Helpful Actions

If you are going to ask Mother for help in any area, minimally you should do the things that you know would be helpful in that matter.

Self-Multiplication of Money and Society's Aspiration

Karmayogi indicates that money Self-Multiplies when there is an increase in the intensity of aspiration and will of the society for productive economic gain. An example of the self-multiplication of money is the over \$400 Billion in cash without debt in the coffers of Silicon

Valley companies, whose products and services met the increasing aspirations and needs of society.

Taboos Change With Time

What is taboo in the past can become beloved in future generations. Breaking arranged marriages in India is one example. There are a thousand others. One current one is this: not needing to engage in family life.

Financial Speculation and Eventual End for Capitalism

Why are financial investors in stocks, derivatives, and other speculative instruments determining the economic fate of the world? Is this presaging the collapse of capitalism or similar, to be replaced by something unknown, yet more humane?

Further comment: Mother said in 1973 that collapse of Communism was imminent, which is what occurred 15 years later. She predicted the same for Capitalism thereafter. We may be approaching that time.

A Note on Silliness

Silliness does not hold up as well as clarity of expression that is self-giving.

Results of Following Our Lower Vital Being

We are driven in a whirlwind by our lower vital being, only to crash and burn.

N: This is why we have to aim for vital immobility.

From Opinions to exploring Issues Further to Intuition

Rather than feverishly rushing to an opinion on a matter, driven by the lower vital being, be patient and take the time to learn all sides of the issue. Now add deeper spiritual perceptions you have realized along the way, and watch for intuitions of knowledge that enter your mind from out of nowhere. As a result, you will have the many-sided, integral knowledge of that matter or issue that is worth sharing with the world.

What You Attract Over What You Do

It's not what you do of itself that matters, but what you attract. And whatever attracts is what you should do.

Provincialism of West Not Reporting Certain Nations Calamities

Thousands may have perished in Northern Indian floods and yet for the entire period there was virtually no word of it on the front pages of the New York Times online edition, as if it never had occurred. Even in the International edition! Now we see how far apart our own interests and interests of others lie. What an immense gap to bridge. This dynamic also suggests the point in the future where India will become far more relevant and the US and Western influence correspondingly diminished in the eyes of the world.

Focusing on Insight Attracts Related Individual

When you review an insight that has touched another individual, don't be surprised if that same person suddenly appears at the very instant you revisit it.

From Not Being Enemy to Harmonious Relationships in Business

We try not to create enemies in order to preserve our self-interests: e.g. to maintain positive business relationships. This is good. But we should try to maintain harmonious relations in all cases; whatever the benefit to us.

Micro We Experience in relation to Macro Reality

At one extreme the micro live end of our being that we experience at any given moment through our thoughts, feelings, actions, etc. is integrally entwined with the macro Reality that is the All and Everything at the other extreme.

Results Come When Effort is Forgotten

Results may not come while the effort to achieve something is being made, but a while after when you have forgotten about it. It reflects the uncertainty of life that the spiritual-oriented person comes to embrace.

Perfection of One to Save the World

Sri Karmayogi persistently reminds us that one man's perfection can save the world.

No Title

We are moving through a phase where we have become inter-connected with one another to an even higher one where we are inter-dependent.

Each Illness Has Specific Inner Remedy

For virtually every illness known to Man there is an inner remedy.

Further Comment: The illness has a corresponding psychological deficiency of our being that causes us to move out of balance in life. Discovering what that is will put the body in balance, bringing the cure. Also the Force of the Divine Mother invoked intensely will add to that healing power.

Sri Karmayogi tells us that the Supramental Force not merely cures the disease, but dissolves the basis of the disease in consciousness.

Being Conscious in Life Will Guide Us Rightly

Observe life, watch it very closely. It is always suggesting what to do, and what not to do. Separate your desires and needs from these observations. Keep out Ego, be objective, and let the subtle signs guide your way.

Unique Value One Can Contribute

The key to survival in this new interconnected world is to ask one's self "What is the UNIQUE value contribution I can make in society?" Less than that will almost certainly guarantee mediocrity, limited success or even failure. In a rapidly emerging, hyper-connected global environment, with all of the tools available to anyone for practically free, you better be offering something uniquely unique, otherwise you are likely to get buried by others or lost in the shuffle.

Risk of Discussing Negatives

When you discuss negative circumstance with others, you attract repetition or reiterations of it. And not just suddenly occurring in the present, but unfortunate word of its occurrence in the past. E.g. a group of people were discussing the fact that losing one's wallet can be a rather trying experience. Immediately, one of the four individuals indicated that just last week her husband lost his wallet, which was a very trying experience. Then another negative matter was discussed, and someone else mentioned that they had just that situation happen to them recently. Thus we see by discussing a negative, not only can we attract its repetition now or in the near future (a phenomenon I have discussed elsewhere), but we tend "attract" word of its occurrence in the recent past! Therefore, best to keep such thoughts to one's self.

Life Response and Yoga

Life Response is the first step into Yoga (Conscious Evolution), which is an infinite Journey of self-discovery and realization.

Life Response Aspiration & Experience

Life Response is a wondrous phenomenon, but it is also a Fun experience. Who has not felt the thrill and joy when it happens and when we recognize its cause?

There are various levels of Life response experience we can identify. Sincerity is whether we seriously want to elevate our consciousness and life through life response means. Integral Yoga is a step beyond to Surrender of one's self to the higher Power, and the complete transformation of one's self -- mentally, vitally, physically, and spiritually. Here Fun becomes never-ending Enjoyment; i.e. Ananda/Bliss, while attracting the universe to ourselves. Only a handful have ever seriously trod this path.

Not many are even interested in evoking life response on some steady basis, as we are content to simply experience the phenomenon whenever it occurs, which is unfortunately all too rare. Where then do you stand in this continuum of life response aspiration and experience?

2013 THOUGHTS (through June 19, 2013)

Indicator of Right Relationship/Partnership

Refrain from taking initiative and wait for life circumstances to indicate whether the relationship is really meant to be. Unhurried non-initiative is the secret of making the right choice.

Level of Consciousness of Individuals I Am Familiar With

(This modest first attempt is not based on Dr. David Hawkins Calibration Scale, but my own, which is stored in my mind, and includes factors of wisdom, spiritual attributes and attainment, innovation, influence, etc. Note that the numbers actually expand exponentially as one moves up the scale; so that an 800 individual is not just 200 points, but far beyond a 600.)

Sri Aurobindo 800

The Mother 800

Sri Karmayogi 750-800

Garry Jacobs 700-725

Deepak Chopra 675-700

Vivekananda 675

J. Krishnamurti 675

Ramana Maharishi 650

Satprem 600

Eckhart Tolle 575

Joseph Campbell 575

Andrew Cohen 575

Steve Jobs 550

Maharishi Mahesh Yogi 550

Mohandas Gandhi 500

Ken Wilbur 500

Rhonda Byrne 500

Jane Austin 500

Dale Carnegie 500

Steven Covey 500

Michael Gorbachev 500

(most people are around 300)

Solution to Problem in the Cause

We often seek the solution to a problem by trying to reverse the effects, but we are better off examining the causes and finding solutions there.

E.g. an engineer ran into a serious problem in the system and tried to solve it from there. But a person of greater wisdom suggested that they look into the fundamental cause of the problem, which he provided. Though the engineer could not see into the cause as clearly as the wise man did, it made the engineer see a practical solution based on that deeper causality. The engineer made the necessary adjustments and the problem was instantly solved.

US and China

US and China are in one sense mirror images of one another. US needs more cooperation among the segments of its society, whereas China needs more freedom and individuality amongst its people.

Selecting the Right Partner

Selecting the right partner and living together peacefully in a lasting relationship are not easy. Is there a way to select rightly? Is there a way to ensure that a peaceful relationship lasts? The answer to both questions is 'Yes'. The short answer is patience and good manners.

Eagerness for relationship and intensity of emotions often make us rush into relationships that later disappoint or end painfully. Patience in selecting a partner works far better. Better still, refrain from taking initiative and wait for life circumstances to indicate whether the relationship is really meant to be. Unhurried non-initiative is the secret of making the right choice.

Once you have chosen a partner, maintaining harmony depends entirely on how you behave. In the beginning both partners usually bend over backwards to be at their best. Later they often drop even the effort to maintain good manners. Good manners that always aim to please unconditionally is the basis for lasting harmony and fulfillment. (RomanceEternal.org)

Solution to Problem in the Cause

We often seek the solution to the problem by trying to reverse the effects, but we are better off examining the causes and finding solutions there.

E.g. an engineer had run into a serious problem in the system and tried to solve it from there. But a person of greater wisdom suggested that they look into the fundamental cause of the problem, which he provided. Though the engineer could not see into the cause as clearly as the wireman did, it made the engineer see a practical solution based on that deeper causality. The engineer made the necessary adjustments and problem and the problem was instantly solved.

Power of Consecrating a Mistake

`(Padma) I pursued my post graduation through correspondence, in that we have to submit project in the Final year. I did the same but by mistake I mentioned the enrollment number wrongly hence the same is mentioned as absent in the marksheet. I tried from my end but somewhat it got delayed. I knew the mistake is from my end and surrendered to Mother. Last month, I came to know a member on this forum who is working there and sought help and now everything had been sorted out and got the revised mark sheet. I understand the power of surrender and reversing the mistakes. Thanks so much for the member who has helped me a lot...

Response: Congratulations!

The InnerNet

There is the Internet, which is astonishing. But far more so is the InnerNet. It evokes instantaneous miraculousness.

Fulfilling Our Soul's Purpose in One Life

We are here to fulfill our Soul's Aspiration in its Journey through time through our experiences in the physical body it now inhabits. The Soul continues on from there to new births. If however we are conscious, we can speed up that process, enabling the Soul to fulfill its aspirations quickly in this life. If we discover our evolving Soul within, the psychic entity we facilitate that process. That is what Yoga, aka Conscious Evolution, is all about. If we do that and apply it to the field we are working in, whether intellectual or practical, we will become geniuses in that domain, and be appreciated for all time.

India's Vast Population

[In response to the idea that India's population is too large to sustain itself.]

Sri Karmayogi indicates its great population is India's strength. Everyone thought the population could not be fed, but then the Green Revolution came about refuting that. Its huge population can reflect as a blossoming of infinite possibilities in infinite variation. Plus just the numbers can allow it to rise to super-productivity and prosperity. Contrast that with China now who is worried about a stagnant or dwindling population! (Note that the youth population of India is overwhelming in number, and can be the basis of a tidal wave of prosperity and innovation in future. Again, the power of her Great Numbers.

Let India give up her stagnant mindset, her corruption, her provincial ways and religious dogma, her rote education and lack of entrepreneurship, and take to the Spirit she owns inside in a modern context, and she will be fine. Actually more than fine, as she accedes further to prosperity, enabling her to be admired and respected, eventually becoming the Guru of the World.

From Ego to Service Self

It's been a long journey from the Ego self to the Service self that reflects the Spirit inside.

Appreciation Someone Who Tries Attracts Problems Resolution

If instead of being upset with another party who has failed to resolve your problem, you summon up appreciation for their efforts, the problem will be resolved, one way or another, through this same or a related party.

Anachronism Holding On and the Negative: Princess Diana

When anachronisms stay on, it leads to tragedy. (E.g. witness Princess Diana's fate in the light of the persistence of the English monarchy.)

Infinity of Life Responses that are Unacknowledged

Perhaps tens of billions of miraculous-like, synchronous outcomes are occurring every day, and yet only a very very few are ever acknowledged.

From Limits to Focusing on Current Issue to meaningful Issues of All Time

Almost all of the issues of your time that you hold so precious will be mostly irrelevant to the next generation(s). So why not consider the deepest ongoing issues of life -- e.g. why we are here, what is our purpose, and where we are all headed. Then your efforts to come up with fresh answers and your unprecedented experiences will be appreciated for all time.

Embodying Spiritual Values in Our Lives

We can embody all the spiritual aspects in our being in the present, such as Peace, Calm, Harmony, Oneness, Truth, Wisdom, Goodness, Creativity, Delight/Joy, Love, Timelessness,

Infinity, etc. that are the Real Ideas, the Spiritual Values of the Source Consciousness that the Gods and the avatars embodied in various combinations.

We can embody them in our being and all around us by Surrendering to the Divine Mothers' Force, and by practicing certain spiritual methods such as Non-Reaction, Non-Initiative, Self-Givingness, Silence of Thought and Speech, Taking Another's Viewpoint, Avoiding Ego, etc. as advocated by Sri Karmayogi. Then we embody all of the spiritual aspects on the way to becoming realized, transformed beings at all planes -- mental, vital, physical, and spiritual.

Moreover, from the Psychic Being we are fully in the Now, the ever-Present and is the best place to open to the Mother's Force and practice these methods, creating ultimate results for ourselves and the world, helping lead the Evolution towards a new way of living; a Divine Life on Earth.

On Ultimate Freedom

Freedom is the first law of the universe. The Divine could do anything it chose, e.g. to manifest the universe or not; and so can we. Freedom is also the source of our greatest Individuality. We are free to choose as we wish unfettered by the herd. Ultimate Freedom is to discover the psychic being inside and be guided by its Soul-based extremely individualistic suggestions. Now the ultimate freedom we are given to choose formulates into action and service that helps the entire world move forward.

From Gods to Surrender To the Mother

Each God represents a different vibration in creation; a manifestation of the universal consciousness in a different direction. When we perceive the underlying Reality, we can begin to know the specialty of each God. Sri Aurobindo and the Mother ask us to forget the Gods, and surrender to the Divine Mother, the universal Shakti.

When the Mother was in Her body she communed regularly with the Gods, and one by one they agreed to Surrender to her or the underlying Divine Mother nature. The Mother and Sri Aurobindo explained that the Gods were of the Overmental plane, meaning they were each perfect of themselves, but did not know how to interrelate in unity with the other, thus a higher power was necessary for the evolution, which they identified as the Supramental (or Truth Consciousness) plane. This is the Unity Consciousness beyond the universal.

New Self-Multiplication Power of Money in the World

Money is undergoing a startling transformation in the world. It is beginning to Self-Multiply. It is doing so because hidden from view, there is increasing, accelerating social will, trust, and confidence of society in its own total productive capacities. The more that happens, the more intensely and faster money circulates, and thus creates more money. An example is the hundreds of billions of dollars that Silicon Valley and related companies have accumulated as cash without debt. It is more than they know what to do with! Where has it come from? And how is that dynamic of sudden masses and multiplications of money occurring in other areas of society?

On the Internet there is constant self-multiplication. Internet information begets more information each time it is accessed or processed in new ways by human beings. It self-multiplies. Money is the same way, the more it circulates, the more it self-multiplies.

The circulation is dependent on the increasing will and drive of people, society to act for productive purposes; on the increasing willingness of human beings to relate to one another in productive ways, including our increasing capacity to trust. As long as these social aspirations are expanding, the potential for money creation will continue to expand at an accelerating pace. That is precisely the Self-Multiplication dynamic that is increasingly happening in the world.

Since there is no limit to human will and aspiration and action, there is no limit to how much money can move and circulate and be created in the world from seemingly out of nothing. Thus Money is not a limited resource, but an Infinite one that can greatly aid in the evolution of the world.

The Personal and Impersonal Experience of the Divine, the Reality

Buddha, Jesus, Krishna, and others are our Personal experiences of the Divine through avatar beings. There is also the "Impersonal," the Reality itself; Satchitananda being its first expression in non-physical creation. To know that Reality, Satchitananda, the Spirit, and how it became the universe is to know the Involution as described by Sri Aurobindo, which is followed by the Evolution. From that perspective we can better know the context of these Personal embodiments of the Spirit.

This process of how the universe came to be occurred through the creative power of Supermind, Truth Consciousness, which was unknown by Jesus and not touched on by Krishna. Sri Aurobindo intuitivized it fully and could explain all of the details of the Reality, Satchitananda, the Spirit, the Supermind, the Energy, etc. that is the source of creation, plus where creation, including we are headed. This was never Buddha's or Jesus' or even Krishna's mission. The world was not ready for that knowledge then, so there was no instrument; but it is now.

Thus, to know the "impersonal" nature of the Divine and reality enables us to perceive the Personal divinity of these avatars. Of course, there is also the Mother, who in Sri Aurobindo's scheme is the personal divinity we surrender to, i.e. to her Supramental Shakti and Power to further our own and the world's evolution on its way to a new species and a divine life on earth. She herself is the embodiment of the Chit (Consciousness-Force) of Satchitananda, and plays a role to further enable the evolution through her supramental power, which is the same force and plane that enabled a universe to emerge from a Divine Source.

What are Planes of Mind, Life and Matter

Mind is the plane of knowledge and will. Matter is the plane of form and substance. Life is the plane of energy and power of action. (from The Book by Garry Jacobs)

Supramental Consciousness Soon Gives the Answer Complete from Other Parties

In supramental consciousness you can ask any question (with a certain intensity) and Life itself will soon give you the answer through appropriate known or unknown parties without taking any outer action of your own.

Individual and Universal Fulfillment

Society fulfills itself through the uniqueness of its individual members. The individual fulfills itself by universalizing to identify with the whole society. Both give expression to something beyond either of them which is trying to manifest."(from The Book by Garry Jacobs)

The Best of India in Future

India's rich cultural and psychological heritage will enable her to eventually carve out her own path that takes the best of other countries, and leaves the worst behind. This dynamic is likely to accelerate over time.

Animal and Human Habit to Repeat

The animal's way is to repeat the same thing over and over, as it is locked into its habitual nature. Hence, the expression "a creature of habit." The human's nature is also to repeat but to come out of it on occasion through higher awareness of mind. The supramental being never repeats, as all that emanates from him is dynamic, unprecedented and new.

God/Spirit and Nature Unifies through Man

God and Nature must consciously unite in man. So united, they should ascend and integrate themselves into higher forms. (Sri Karmayogi)

Instantaneous Miraculousness

Shifting to the inner from the outer, the instantaneous miraculousness arises. (Sri Karmayogi)

Jealousy of Others' Success

"I have no jealousy or fear of the accomplishments of others." This is a great problem in our human nature. We often feel bad when others succeed, as it subconsciously showcases what we believe are our own deficiencies. It is an ego-movement of ill-will. It can be controlled however by being more conscious of our reactions.

Comments on the Subject of China's Espionage

On China's Espionage, As Well As Legitimate Means to Acquire Technology from the Us
(my comment in the NY Times)

There is enormous pressure for China to innovate, as low paying jobs alone will not sustain the country due to competition from even lower wage countries that can produce the same products. Thus China is compelled to acquire technology to move to that higher plateau. Therefore the temptation to acquire it via espionage as well as by having agents in the US to copy and acquire it is real. The US and other nations need to monitor and when necessary contain China in this regard, even as it welcomes China as a legitimate competitor, which American ego is sometimes reluctant to do.

Acknowledging both the positive and negative in China will be the best tact for the US, even as China and other nations (such as India) perceive both the positive (innovation, individuality) and the negative (obsessive greed through financial instruments threatening the world, munitions supply, gun obsession, etc.) of the US.

Consecrating Activity Evokes Response of Aspiration from the Past

Consecrate an important upcoming meeting and you might find that cherished goals long forgotten or put on the back burner suddenly present themselves through another. That is the Divine Mother's power to rejuvenate the past in the present for the sake of the future.

Taking Other Man's Point Of View is a Path to Integral Knowledge

Unfortunately we live in an either/or world, instead of all of the above.

Further explanation: We tend to take one side or the other, instead of seeing the many-sided truth of things. Sri Aurobindo indicates it is due to exclusive nature of the Mind that is focused or prejudiced in one direction out of the many that make up the integral truth of things.

This limitation of the mind has many causes, including living on the surface of life where we are dominated by the input of the senses, including the visual; being overly influenced by our own lower physical and vital propensities, needs and desires which limits our perspective; lack of the essential, multiplicity of facts; the fact that the mind tends to follow along one trend of thought without considering others; etc. Thus we assert either this way or that way, often counter to another's perspective. We rarely aspire to take in all of the truths of any matter, which is the "all of the above" approach.

Sri Karmayogi indicates that practicing true listening, non-reaction, and taking the other person's point of view will open our consciousness beyond either/or to "all of the above" consciousness. It's the path to Integral Knowledge, which is a supramental capacity.

Krishna and Sri Aurobindo in Terms of Consciousness

Krishna's is universal consciousness. Sri Aurobindo's consciousness is Supramental.

All is Divine (from View of Supreme)

From the perspective of the highest Supreme Consciousness, everything that was, is, and will be is Divine.

Jesus, Krishna and Sri Aurobindo in Terms of God

Jesus was a son of God. Krishna was God incarnate. Sri Aurobindo is turning the universe into God.

Changing Unconsciousness By First Perfecting It

How can certain unconscious individuals change their ways unless they first perfect their folly. (Comment: When the negative results of one's consciousness gets so bad, then people are compelled to change.)

Happiness is Within, Not from Others

Depending on others for our own personal happiness is one of the traps of human existence. Enduring, endless happiness can only come from within, from our deeper Self, where the exigencies of life have no substantial influence.

Doing Another a Favor with Good Intent, and Life Response

When someone asks a favor of you and you overcome any resistance and do it fully with good intent, life may quickly create the very best conditions for it to occur.

On Aspiration vs. Ambition

Aspiration is different from ambition. Aspiration is what is good and wholesome; that originates in one's highest motives and values; that aspires to move up in one's life and/or in one's consciousness. Ambition has lower, less pure motive that is rooted in ego; often fulfilled at the expense of others.

One is patient to fulfill one's aspiration, whereas ambition is urgent and blind, demanding quick fulfillment, and when it fails, is irritated. With ambition the vital is fully engaged, and higher personal and social values are left behind. Ambition can be ruinous to a career as well as to one's peace of mind.

Aspiration in its deepest sense is aspiration for the Divine; to connect with it, and bring the Spirit into the details of one's life.

On Aspiration vs. Ambition

Aspiration makes you feel good and puts you in harmony with the Now. Ambition has the opposite effect.

Deep Values Applied at All Levels Enables Vast Success

All great success in life stems from application of deeply formed personal and social Values. Simplicity, Others' Progress, Fun/Enjoyment, Harmony, Sharing, et al are such values. When they are applied at every level of detail possible, then the entity gets truly energized, which is the basis of enormous success.

Know Life Response Once One Experiences It

Q: When will the knowledge/inspirations we are providing here become addictive to the reader?

A: When the viewer has a life response experience of his own, -- even of the very smallest type, whether he realizes it on his own or we point it out, -- he will begin to become a hard addict to this knowledge, and will increasingly seek out more.

Evolutionary Movement of Love

The evolutionary movement of Love is from body to body, to heart to heart, to soul to soul.

Defer to Others at Outset of Conversation

Begin every conversation by allowing the other person to speak first and set the tone. It will help create goodwill and ironically establish the best conditions for getting your own points across.

Focusing the Efforts Fully in Present Issue

Try to be fully engaged in, absorbed in the work at hand. Keep your focus here, not on other things, or the later completion of the work, or the rewards that come at the end of it. Keep focused in the task, losing yourself in the small details of the current moment, and life will respond positively accordingly.

Life's Initiative vs. Our Initiative

Any initiative one undertakes is fine. It's just that the opportunities that come to us on their own from Life have a far greater chance of succeeding than when we initiate them. In fact, they often come as a response to our own conscious or subconscious aspiration for improvement.

Consecrated Aspiration Manifests as an Initiative of Life

Having a deep aspiration to improve ourselves is an excellent thing. If we also consecrate that aspiration to the spiritual Force -- i.e. to the Divine Mother, -- then it tends to manifest through an initiative of Life that comes to us as an opportunity. Best to take it up when it arrives, as it has a great power for success.

Avoid Discussing negatives Else It Repeat

When you recall and verbalize a negative experience of the past, it tends to present itself again in the present. Thus, it's best to recollect such things only if it is helpful to your understanding of your current life.

Inner Determination, Changing One's Self to Fulfill Romantic Relationship

Relationship is a journey that two people embark on together. So the question naturally arises whether you can rise to higher levels without the full cooperation from your partner. Cooperation is certainly welcome, but it is not the essential condition for success. That condition is your own determination. Too often partners think that their happiness lies in making the other person different than they are. In reality no one has ever attained romantic fulfillment by changing another person. Eternal romance is attained only by those willing to grow and change themselves. Ultimately your romantic fulfillment does not depend on a second person at all. It is something you create in yourself. And when you do so, other people and circumstances change to convert your whole life into an adventure of romance. That is part of the secret of romance which you can discover on this journey. (Stairway to Romance from www.romanceeternal.org)

Mocking Attracts Negative

Every mocking remark will soon return to you negatively in some form.

Criticizing Before Others

Criticizing another before others is the greater offense.

Cheerfulness Attracts Unexpected Solutions

The person with a cheerful disposition will present the best and most unexpected solution in the most conflicting situation.

Soul Cares about Our Changes in Consciousness

Throughout our lives we are focused on the realisation of our cherished goals. But the evolving soul in you cares less about the goals than the changes in consciousness required of you to realize them.

Life's Initiative is Luck

When Life initiates and you take up that thread, the results are incredible.

Don'ts that Attract

Don't react, don't complain, don't initiate. Life will then cooperate and be your friend.

Harmony Overcomes Poverty

Poverty is not a problem of scarcity, but of harmony amongst the peoples of the earth. Technology, especially Internet, is a step in this direction. A further step is in the higher consciousness of individuals, which has an exponential harmonic effect.

Current Human Values vs. True Truth

Unfortunately, current human values determine what is acceptable, not the true Truth of things.

Ways Supermind's Knowledge is Integral

Supermind has Integral Knowledge of the Essence, the Totality and the Individual Truth. (MSS)

Millions Dead in Congo Not Cared About

5 million have died in the current war in the Congo, the greatest number of any conflict in a nation since WWII, and hardly anyone knows of it. The media's priorities, or for that matter the values of the average citizen are once again demonstrated.

Cleanliness , Orderliness and Discovery

Higher levels of cleanliness and orderliness lead to the discovery of things beneficial that were hidden.

The Psychic Reveals and Guides Our Purpose of Existence

Our elevation of consciousness, including connecting with our Psychic Being, the Evolving Soul puts us in touch with the reason and purpose of our and Its birth, enabling the involved Truth of Being, Consciousness of Being, and Delight of Being – Sat-chit-ananda -- to further emerge in our lives and the world.

Americans Unwillingness to Pay for Benefits

Americans want so many things from its government -- education, defense, social welfare, infrastructure improvements, etc. -- but are in large part unwilling to pay for it. Then they blame the government for its inability to come through.

On Frustration and Life Response

Frustration prevents or delays clear solutions from presenting themselves. Withdrawing it while keeping the intention allows for the very best resolutions.

Consecration in the Ascent and Descent

You can offer your deepest aspirations to the spiritual Force, the Mother, which is a movement in the Ascent. The more intense the aspiration, the greater the result in the Descent, especially

when you have touched the heart center. It will be matched by increasing Joy washing over you. Results will be overwhelming, as unprecedented opportunity, amounts of money, etc. will present themselves. It can be practiced every day to attract additional vast openings and additional huge amounts of funds.

Shallowness in Taking Offense

Taking offense indicates the shallowness of the understanding or teaching.

Connecting Souls & Social Life

Connecting souls is what social life is ultimately all about.

Eternal Now

Now is the moment that never ends. (Deepak Chopra)

Comment: From the psychic being we experience this simultaneous time (of past, present, and future in the Eternal Now)

Self Within and Above

Through the Self within one is able to resonate with and fulfill the goal of the Self above.

Higher Consciousness Heals 90% of Illnesses

90%+ of all non-age-related illness can be overcome through higher consciousness, instead of drugs. Through higher attitudes, habits, beliefs, and the action of the spiritual Force all of these can relatively easily be turned around.

Verbalizing Cancels

Excessive verbalizing, talking about something -- e.g. an opportunity or nascent undertaking; with a third party -- tends to delay or cancel it. Verbalization has that negative propensity, whereas Silence enhances the opportunity, enables it to expand endlessly.

People Blame ...

--People blame their politicians and leaders for all of their problems, not seeing corresponding weaknesses in their being that put them in power.

--People blame their children for untoward behaviors, not seeing corresponding or related weaknesses in their own being that their children are reflecting.

--People blame or complain about their partners or spouse, not seeing that blaming and complaining is a limitation in of itself.

--People blame their bosses for abusing or ignoring them, not seeing corresponding weaknesses in their being that enabled this to occur.

--People blame the problems of the world on forces outside themselves -- environmental, conflict, economic instability, etc. -- not seeing corresponding limits inside their being that match the outer difficulty.

These and other examples suggest the truth that if we wish to see the world around us change, we should change ourselves inside at a corresponding level.

Transformation to Another Species

It's not easy transitioning to another species.

Freedom and Uplifting the Individual in Society

The world is in search of the social equation that provides maximum freedom for the individual to release and express his energies productively and creatively within a social organization

that ensures equity and promotes the maximum welfare of all its members. Some essential elements of that ultimate social equation are already known. Freedom is essential, but freedom without regulation to ensure equitable standards of fairness and reciprocity quickly degenerates into license and self-destructive egoism. Unregulated markets lead to unsustainable levels of inequality, concentration of social power and governance by plutocracy. The challenge we face is to balance and reconcile the individual and collective dimensions of this formula. (Cadmus Journal)

Relationships Power of the Internet

The recent development of the Internet as the first truly global social organization has brought us full circle back to the most fundamental principle of our development - our relationships with one another. For the first time in history we have the capacity to fashion a global social network in which each individual is empowered to draw upon the resources of the entire world and also directly contribute to the enhancement of our collective social capacities. (Cadmus Journal)

Characteristics of a New Intellectual Paradigm in the World

What the world most urgently needs is fresh thinking to formulate a new intellectual paradigm with the following characteristics:

- It fully comprehends the interrelationships and interdependence of all dimensions of global society and social development.
- Its goal is to optimize human welfare and well-being for all human beings.
- It recognizes that universal human values are not merely inspiring ideals. These values are the only viable basis on which sustainable progress for humanity is achievable.
- It gives central importance to the full development and utilization of Human Capital as the driving force and Social Capital as the most essential enabling technology for rapid social evolution.

(coauthored by Garry Jacobs of Mother's Service Society)

Vital's Mis-Knowledge a Bar to Perceiving Real Truth

Individuals will vehemently support a position even as the salient facts point in another or opposite direction. It is vital interference from knowing the Truth. Often it is only when they are seen as fools will they relent, and even then they may simmer in their irrational resentments.

Apple Repeating Same Mistake

A wise man said that life repeats unless someone consciously avoids the conditions that can prevent it. Apple lost the PC wars by 90 to 5% market share to Microsoft in the 80s and 90s, mainly due to the fact that the DOS/Windows system was an open one, even though in a number of ways Mac was superior. That same dynamic seems to be happening again, as Android has 70% market share to Apple's 25%, and the numbers seem to be getting worse by the day, again due to a closed system, as opposed to Android's open one. And again Apple's solution is somewhat superior, yet it is being annihilated by the opposition again.

In my own view this goes back to Apple's brilliant former leader Steve Jobs, who changed the course of technology history on several occasions, yet was an insecure individual who was possessive, establishing the psychological roots of his unwillingness to open things up. His counter claim that only Apple can make the perfect machine that blends software and hardware falls flat on its face when everyone is overwhelmingly using the opposition's devices. (E.g. Windows is 95% as good as a Mac; even superior in some ways.) Apple though now without its great guiding hand can overcome this three decade old mistake, and dominate the market at every level if it gives up its specious arguments and opens the system to the world. The people will then follow, instead of once again walking away from it is as it is now apparently beginning to do for a second time.

Embracing the Now that Attracts the Future

Embracing the current conditions of what life has put before you is to live in the Now. And when you take care of all business required by the Now, instead of doing what you want to be doing, life has a funny way of supporting that effort by suddenly bringing positive conditions to you from out of nowhere.

Opinions vs. Way of Knowing the Truth

Opinions swirl and swirl; outside one's mind by others, and in one's self. How can one come to the true Truth of things? Rationality and logic, balance and patience, discarding ego from the equation, and silence and inner poise that allows for intuition of knowledge all can garner the multi-sided truth of things, replacing wild, leaping assertions and opinions of a prejudiced mind.

Inner Attracting without Action the Outer is Future method

Wanting something to be, from inside without taking any outer action, producing the desired results is the dynamic of tomorrow we are after.

Exhausting One's Efforts Initiates Life Response

When you push yourself and get through something that requires a great physical, vital, or mental effort, life quickly takes over from that exertion and rewards you with unexpected positive things; often taking you to an entirely new plane of possibility and success.

Intense Aspiration, Will, Efforts is Triple Means of Attracting

When we focus on something intensely, we attract more of it. So if one's goal is intensely and willfully aspired for and planned for and acted on, life tends to magically support that effort. We are in essence developing and progressing through this mental, vital, and physical concentration effort.

Silent Will Dynamic

Remain silent about things you wish to verbally express, and others will speak it out for you.

Both (Materialist and Ascetic) Views are Indeed Necessary for Evolution

People nowadays are engaged in a heated debate between God and natural phenomenon (represented by Science) as the cause of things. Both sides bring good arguments, though they are ultimately at cross-purposes. Religious people insist on God as first cause to exclusion of all else, including evolutionary theory. Science does the same in terms of advocating the principle of evolution as the cause of all that has developed in the universe, mostly excluding God, the Divine. Therefore my ironic statement that "God's Strategic Plan is the Evolution" is an attempt to make a synthesis of the religious and scientific view. I.e. the Divine and evolution are fully compatible. God is the Source and first cause, and evolution is the means by which His nature spreads throughout the cosmos. It's the Divine method of progress. What then is evolution? It is increasing higher consciousness amongst the forms in creation, including us. Each time we evolve -- and here is another irony (!) -- we become more like Him.

Science Will Embrace the Truth of Spiritual Reality

Science is very slowly but surely discovering the truths of the Vedas, Upanishads, and Sri Aurobindo who communed with the Reality directly. If science can give up their material empiricism, embracing all planes of being, they would discover it All much more quickly.

Doing Things Differently Can Attract

When things are blocked or failing or otherwise not moving in the right direction for yourself or you firm, just doing something different, whether unconventional or not, will compel life to suddenly start moving in your favor.

Additional: When one is stuck at the current level of doing things, one can widen one's self and open to a wider field and existence. From there energies are able to flow, and connections are made to it. It is like unclogging a dam. Just looking for a solution on one side of the dam when it is clogged may get you nowhere, but by unblocking the dam many more possibilities can flow. Psychical one opens to wider energies in the universe, which enables you to align with more possibilities and solutions.

Borrowing Money from Opposing Person

When you take or borrow money from anyone at cross-purposes with you, those funds will work against your interests.

External Circumstances –e.g. Checkout Line -- Exposes Your Inner Nature

All of life is alive when you are at a busy checkout counter at a grocery or other outlet. There you see quite clearly your true nature and who you are.

Thinking Stupid Thing Attracts Negatively

Even THINKING a stupid thought attracts a negative response.

E.g. while in line at a fast food store a man childishly started thinking about onions being put in the ice cream sundae he had ordered. Instantly the worker preparing it dropped it on the machine, spoiling it, and forcing her to create another.

Imbalance Create Illness

95% of all illness has a "living out of balance" cause, not mere material, biological.

Greatness and Limits of the Rishis, And the Way Beyond

- They Experienced Transcendence
 - They knew the Reality/Brahman that permeates all in different forms
 - Division between Matter and Spirit is thus reconciled
 - They are both forms of the one Reality
 - They intuitivized directly the Truth of the Reality/Brahman
 - However, they did not bring transcendence down into life
 - They did not engage in the planes of life and matter with their vision
 - As a result their realization was only partial
 - They also not know how to bring their experiences into life
 - Bhagavad Gita indicates how; through soul connection and yogic approaches
 - Sri Aurobindo goes further and explains it in evolutionary terms
 - He indicates that through the psychic one Surrenders to Supramental Power, the Mother, transforming life
 - Thus the transcendence is brought into all planes
 - His method was the transformation of the Whole (of existence) into their highest consciousness, not just the part of experiencing the transcendence apart from life.
- Additional: -The Rishis realized Satchitananda; had Vision capacity of spiritual Mind; knew the Reality; perhaps realized Truth Consciousness/Supermind, but not in life, thus not its full power.
- Sri Aurobindo took up the Rishi's quest, seeking the realization of Supermind, the Divine Mother's Force and Power, but in the details of life

-The Vedic Rishis never attained to the Supermind for the earth or perhaps did not even make the attempt. They tried to rise individually to the Supramental plane, but they did not bring it down and make it a permanent part of the earth-consciousness. (Sri Aurobindo)

-It is left to us to realize it.

The Roadmap to Psychic and Beyond Transformation

As I currently understand it, in the integral (purna) yoga of Sri Aurobindo one connects to the psychic being (evolving soul) and from there perceives and is able to Surrender to the Divine on the way to spiritual and supramental change/transformation. How to reach the subliminal, and further to the psychic? Sri Karmayogi indicates it is through constant consecration, non-reaction, taking the other's point of view, silence, reduced speaking, self-givingness, overcoming ego movements, etc. enabling the depths to come to the fore; i.e. one develops the deeper poise of True Self. From there one experiences constant guidance, peace, oneness, truth, goodness, love, delight, timelessness in time, and instantaneous miraculousness (infinity).

Levels of Knowledge Without Thinking

Thought is division in mind. It is thinking through logic that stitches knowledge together. Beyond thought is direct experience of knowledge without thinking. Sudden experiences of Light (as when Archimedes exclaimed "Eureka, I've Got It" while in the bath), or intuition of truth that just appears in the mind (as Einstein had on occasion), or complete revelation and supramental perception, where one knows the entire thing in the mind are examples of knowledge without thinking.

A deeper poise and center of being enables such thought-less knowledge. That inner status is developed by taking to spiritual methods such as opening to the spiritual Force, taking another's point of view, non-reaction and equality of being, and self-givingness. The deeper the center of being, the greater the knowledge descending into the mind without thought. Here there is no division in mind; only oneness with the object of knowledge.

Further thought: Each of these techniques brings us to the thoughtless state. They each shift the mind out of thinking. The effort of each does involve a small degree of thinking of each; at least to initiate them; though when they are a deep part of our being, they are spontaneous experiences without thinking. If you practice each you will know what I mean.

Inner Poise to Psychic Being

You develop the peace within that is untouched by outer circumstance by establishing an inner life. That inner poise can become real and permanent by practicing constant consecration, non-reaction, taking another's point of view, silent will, and self-givingness. Over time you establish a deeper poise in the subliminal being -- the inner mind vital, and physical, -- from which you consciously observe Reality and are unaffected by the world. Deeper still resides the Psychic Being.

Gratitude to Rishis' Spiritual Experiences

I felt a wave of such gratitude for the ancient Rishis who had these wonderful spiritual experiences that are the basis of Vedanta and the profound knowledge of Reality issuing from it.

Contraries are Compliments

Difficulty is Opening, Opportunity. This is hard to see, as the nerves are focused on the difficulty alone. From a deeper consciousness, the awareness is clearer, and negatives are perceived as positives in disguise.

Life Response and A New Way of Living

Life Response -- including the methods that evoke it and the startling results that follow -- is the bridge to A New Way of Living; supramental life beyond the current human form.

Joy in Another's Progress

There is no joy greater than enjoying another's inner and outer progress.

God's Strategic Plan

God's Strategic Plan is the Evolution.

California's Bold Action Can Change the Financial Fortunes of the World

So many nations around the world have been worrying about their financial deficits and mass long-term debt. They have been cutting back on spending in the name of austerity. California recently took another, even opposite approach, focusing not on outflow but inflow. She passed a bill that collected masses amounts of taxes that had not been collected in the past -- especially from companies. Now she has gone from a basket case financially to having a surplus in a few months! In fact, She has so much money now that she doesn't know how to spend it! It is an unprecedented turnaround, overcoming limits of space and time.

Now this approach can spread around the globe, as we see it happening concurrent with the realization of mass tax avoidance by the corporations of the world. While the media and the leaders of nations, especially in the West, were focusing on outflow, we were targeting the inflow, i.e. collection of taxes due.

Now California has taken a bold step that in many ways can help lead many parts of the Western world and beyond back to prosperity.

Wall Street's Financial Problem and Its Darkness

Wall Street is fully in Darkness. It precipitated the Great Depression and the rise of Hitler with tens of million deaths; and five years ago nearly destroyed the world economy in one swift blow in the great financial crisis. It is now poised to wreak havoc once again as it is still unregulated to trade in derivatives and other poisonous financial instruments in the name of greed. It is the citizens' obliviousness that is another form of Darkness making Wall Street's Darkness possible. And yet the Forces of Light wait in the wings to fully utilize and realize Money's highest purpose -- to uplift Man and every individual on earth.

Orienting Life Around Mother

When your orientation is around Mother, you have now moved out of ordinary life.

Conscious Personality Takes Responsibility

For the conscious person the universe doesn't cooperate by complaining, but by taking responsibility for what is indicated about one's self.

Scientist Can Invoke Spirit to Know Mystery of Creation

The scientist who is searching for the Mystery of creation can persist in invoking the Spirit. If he succeeds, he will not merely know the success of a small act, but he will know the Mystery of creation as both are the same. (Sri Karmayogi)

Comment: The success of a small act is intention, will, focus, right attitude, persevering execution that enables its perfect execution. The Divine created the universe in a similar fashion. Real Ideas of Satchitananda, Supermind enabling them as real, space and time created, energy created, forms emerge from energy beginning with matter, emergence of life and man, and then the evolution continues. Both the act and the universe begin with an Idea, an intention, a means of execution, and then a formation that is manifestation.

Spirit Invokes Only the GOOD; No Dark Side

Spirit invoked offers GOOD unfailing success that is everlasting. (Sri Karmayogi)

Comment: Offering each activity to the Force creates everlasting success that creates only the GOOD side without the corresponding negative that ordinary life brings. E.g. the scientist creates nuclear energy which is source of great power, but is also turned into bombs that can destroy the world. Consecrating activities, such as R&D will not create dark side to any new development and discovery; only the GOOD will come out of offering such activities to the Mother.

Power of Character One Can Shift To

Character is in the depths, swabhava. Whatever you are in your character, life rewards accordingly. What a man of good manners accomplishes in a lifetime, a man of character accomplishes in the beginning of his career. One who wants to receive the rewards of life at the end of his career, can shift his work from good manners to good character. (Sri Karmayogi)

Identifying with Essence of Work Abridges Time

Capacity to move away from the love of details [of a work] to the significance of the ESSENCE enables one to do in one day the work of seven days. (Sri Karmayogi)

Comment: Essence is essentially the deeper values behind things. When you touch on your deepest beliefs and values as it relates to the work, it energizes it, and aligns with the very best conditions of life. Positive conditions rush toward you, and you accomplish in a day what would ordinarily take a week. Another way of approaching this is to feel the Essence of that work and identify with it. I.e. what is its true purpose, how and who is it helping, what are my attitudes to it that are blocking the flow of its essence, etc. etc. That too evokes powerful life response results related to that activity, overcoming limits of space and time. You can even connect with the essence of an inanimate object so that it (machine, mode of transportation, system, etc.) works much better than before.

Being Conscious of Social Opportunity Brings Abundance

One who is fully aware of all his social potentialities, if not possibilities in life, will be ushered into abundance and opulence. (Sri Karmayogi)

Comment: Society is constantly throwing up new potentials, If we know, identify, and catch the wave of social change and emerging possibility, we can be carried by it to the peaks of success. But we have to take our head out of the sand, stop doing things rote, look at opportunities that are knocking at our door and respond to them instead of being reluctant, see each point where there is a new possibility and embrace it. Doing so one will be taken to the highest heights.

Syria and Iran Dynamic of Life Response

Positive life response: the day after Obama and others decided to give up their reluctance and intervene in Syria by arming the opposition, the first moderate, friendly government in Iran was elected in nearly 40 years. (Note also that Iran was a great supporter of the Assad government in Syria.)

Additional: Also it was extremely surprising that the moderate won, let alone by such a huge margin, after he had been very far behind.

Evolution Only Possible through Psychic Being

Mother says the further evolution is possible only by the instrumentation of the involved psychic being coming forward. It is not any of the human faculties or endeavours that can accomplish the further evolution, but the Mother Force, the Shakti in the evolving consciousness. (Sri Karmayogi)

Comment: At this point I am consecrating (opening to Mother and Her Force) and practicing non-reaction, non-initiating, et al as a means to reach the Psychic, the evolving soul entity

within in the first place. When I do, from there I will be able to Surrender to Her in the yogic path as advocated by Sri Aurobindo and explained in vast detail by Sri Karmayogi.

Being Receptive that Enables Full Use of Her Power

Mother says what SHE pours into a sadhak is the overflowing of Grace which brings about beneficial progress inwardly and outwardly but the effects will be for the moment only as the sadhak's inner preparedness alone has the capacity to make the effects permanent. To achieve lasting yogic results the sadhak should shed the present structure of character and acquire a new structure of consciousness. Reversal of any thought, any feeling or sensation brings in a huge descent of the higher energy. Reversal of character, reversal of personality create a better structure for greater receptivity and lasting results. Reversal of consciousness instantaneously initiates movements of evolution of consciousness. (Sri Karmayogi)

Inner Organization Determines Outer Realization

For you to realize what you are asking for one needs to rise to the necessary level of intention, will, right attitudes, skills, knowledge, psychological strength, and effort. In other words, the inner organization and preparation determines the outer realization of your heart's desire.

A Note on Simplicity

True simplicity is derived from so much more than just the absences of clutter or ornamentation... It's about bringing order to complexity. (Jony Ives, Apple)

Selecting the Right (Romantic) Partner

Selecting the right partner and living together peacefully in a lasting relationship are not easy. Is there a way to select rightly? Is there a way to ensure that a peaceful relationship lasts? The answer to both questions is 'Yes'. The short answer is patience and good manners.

Eagerness for relationship and intensity of emotions often make us rush into relationships that later disappoint or end painfully. Patience in selecting a partner works far better. Better still, refrain from taking initiative and wait for life circumstances to indicate whether the relationship is really meant to be. Unhurried non-initiative is the secret of making the right choice.

Once you have chosen a partner, maintaining harmony depends entirely on how you behave. In the beginning both partners usually bend over backwards to be at their best. Later they often drop even the effort to maintain good manners. Good manners that always aim to please unconditionally is the basis for lasting harmony and fulfillment. (Romance Eternal, based on spiritual principles of life)

Further thought: This applies to any type of partner, such as one in business.

Steve Jobs and Utility of Utter Failure

The Heisenberg theory of Uncertainty in life is amply demonstrated by the utter failure of Steve Jobs' NeXT computer in the marketplace in the 1990s and the fact that it's underlying technology was alluring to a failing Apple computer who then purchased it and brought its former leader into the fold bringing about the greatest corporate turnaround in history, jettisoning it to the all-time leader in market capitalization.

Additional: -As we know, the higher consciousness aspiring individual embraces uncertainty in his life. That openness to possibility of all sorts allows him to become an instrument of great success through instantaneous miraculousness (life response).

-In addition, through faith and consecration we will be more balanced to make our way through the cosmic-like exigencies of uncertainty.

-Also perceiving that all negatives are really positives in disguise would be helpful.

The Power of True Individuality and Values for Future Economic Development in the World

Steve Jobs' genius demonstrates the power of True Individuality that is and can increasingly be the primary mover and means of vast economic development in the world.

Further thoughts: Jobs' True Individuality manifest through his intense commitment to perfection, simplicity, clarity, and ease of use, among other values he deeply subscribed to. From that came products that changed the course of the history of technology and its use by hundreds of millions around the world. Thus it had a vast economic impact. In sum, True Individuality > Great Values > Vast Economic expansion and prosperity. In any model of economics, the role of Individuality and human values needs to be understood. The current economic system, models, and theories place emphasis elsewhere.

Sarcastic Nature and Its Cure

Sarcasm often has its roots in lack of understanding or knowledge of other sides of the issue. It can also be coated with strident petulance that sticks to its own viewpoint. Affability and patient desire to get at the many-sided truth of things that is devoid of ego and irritability is a solid antidote.

Similarity of Mindset of Generation

The mindset of a particular generation of a nation is pretty much similar.

Further thought: This makes thinking out of the box among one's peers in that time of that nation a challenge. Yet that is where geniuses often emerge, for the current or future generations.

Opposite Reactions to a New Knowledge

It often happens that when there is a further knowledge that one has discovered that goes beyond another's, it creates conflict. The old pulls back and asserts its old ways, often trying to drag back the forward-movers to the previous state. It is an Ego movement rooted in Ignorance.

Shifting to Another Matter When Bothered by First

One powerful way to not being bothered or irritated by the current condition, is to simply focus your attention on another matter. As a result, the original matter tends to dissipate, and therefore lose all hold on your nerves.

Everything Is Announced Beforehand

One extremely fascinating phenomenon of life is that every major (and minor) problem or disaster is announced beforehand; before the actual problematic event occurs.

E.g. yesterday I opened my iPhone and was requested to update two apps; one being the KGO radio app. Since this occurs fairly often, I took no notice. But then as I looked at the KGO icon for the app something get telling me to give it attention, including uploading the app. I gave it some heed since the station often announces important occurrences in the community, and maybe I thought something critical might occur soon. Still I moved on.

The next morning I was rudely awakened to the sound of one or more extremely loud helicopters right over my residence. This happens once every several years for a few moments, but then the copters would fly off. This time the copters hovered right over the area for several hours straight (!), and I knew something serious was occurring, perhaps a police emergency or a problem on the nearby highway.

I then recalled my KGO app that was "urging me" to download it the day before. And so I now grabbed my phone and uploaded it. Immediately I opened it up, and the radio announcer began announcing the traffic report in the San Francisco Bay Area. The very first thing he mentioned was my small town's name and indicated that a multi-car carrier truck had caught

fire not too far from my home on the highway, backing up traffic for miles during the busy morning commute.

The KGO app had in essence announced the event the day before when it sat there on my phone "insisting" that I download it. Every major and minor event in our lives has this quality. Just as an examples; thousands of people around the world had this premonitory experience through certain details in their lives before 9/11, each in their very unique way. This phenomenon is occurring to us all of the time, but is too subtle for the average person to perceive it. However, those with a developed consciousness, who take notice, we see that it is occurring all of the time.

Which leads to one last point: If we consecrate the portent, offering it to the spiritual Force, then we can prevent the negative outcome that it is pointing to from ever happening.

Non-expression of Beliefs Expressed by Others

If you withhold the intense urge to express your beliefs on a subject, it is often the case that immediately after you will discover that someone has already expressed it for you.

E.g. I witheld the urge to explain in the comments area what I believed to be uniquely true about concerning an article above it I had just read. Instead I scrolled down and then most surprisingly noticed that someone had entered precisely what I had thought. (It was not such a unique idea after all!) That is the power of withholding one's urge to express one's opinion. It is done for you; now, or even previously in the past!

The Gods and the Psychic Being

The gods don't have in themselves the divine spark which is the heart of the psychic being, since only ON THE EARTH (I am not even referring to the material universe), only on the earth was there the Descent of divine Love that was the origin of the divine Presence in the heart of Matter. And naturally, as they don't have a psychic being, they don't know, they have no knowledge of the psychic being. Some of those beings even decided to take on a physical body in order to experience the psychic being – not many.

They generally did it only partially, through an "emanation," not through a complete descent. It is said, for instance, that Vivekananda was an incarnation (a vibhuti) of Shiva's; but Shiva himself ... I have had a very close relationship with him and he clearly expressed the will to come down on earth only with the supramental world. When the earth is ready for supramental life, he will come.

And almost all those beings will manifest – they are waiting for that moment, they do not want the present struggle and darkness. (The Mother, from Mother's Agenda, January 12, 1965)

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Generally speaking, those who practice yoga have either a fully developed, independent psychic being which has taken birth again to do the Divine's work, or else a psychic being in its last incarnation wanting to complete its development and realize itself. (The Mother, Mother's Agenda, July 25, 1962)

Psychic Alone Conscious of Our Past Lives

Normally, it takes several lives for the psychic to become completely formed, and it's the psychic that passes from one body to another; that's why we aren't conscious of our past lives – because we aren't conscious of our psychic being. But sometimes, at some MOMENT the psychic being participated in a particular event, it became conscious; and that creates a memory. Sometimes you may find you have a partial recollection of something, the fleeting memory of a circumstance or event or thought, or even of an action.... It's because the psychic was conscious of it. (The Mother, Mother's Agenda, February 8, 1973)

Psychic Enables Us to Become Supramental

The Mother indicated that the Psychic Being in us is to become the Supramental being.

Aspiration Originates in Psychic

Aspiration is almost always an expression of the psychic being ... (The Mother)

One's Who Transcend Need for Rebirth Involved in Certain terrestrial Action

Among those who have gone beyond the stage of needing successive reincarnations to develop their psychic beings, among those whose souls are conscious, fully developed, there are some who (what shall I say?) ... who are chosen or destined to participate in a certain terrestrial action. (The Mother, Mother's Agenda, May 27, 1962)

What Psychic Being Is

In Sri Aurobindo's and Mother's terminology, 'psychic' or 'psychic being' means the soul or the portion of the Supreme in man which evolves from life to life until it becomes a fully self-conscious being. The soul is a capacity or grace particular to human beings on earth. (Satprem, from Mother's Agenda)

Psychic Being Is of Terrestrial Life

The psychic being is the one thing belonging specifically to terrestrial life ... (The Mother)

Man Is or Potentially Is Superior to the Gods

If human love came forth unalloyed, it would be all-powerful. Unfortunately, in human love, there is as much SELF love as love for the beloved; it is not a love that makes you forget yourself. Evidently the gods of the Puranas are a good deal worse than human beings. ... The gods of the Overmind are infinitely more egocentric – the only thing that counts for them is their power, the extent of their power. Man has in addition a psychic being, so consequently he has true love and compassion – wherein lies his superiority over the gods.

The gods are faultless, for they live according to their own nature, spontaneously and without constraint; it is their godly way. But if one looks at it from a higher point of view, if one has a higher vision, a vision of the whole, they have fewer qualities than man. [In this film], it was proved that through their capacity for love and self-giving, men can have as much power as the gods, and even more – when they are not egoists, when they can overcome their egoism.

Certainly man is nearer the Supreme than the gods. Provided he fulfills the necessary conditions, he can be nearer – he isn't so automatically, but he can be, he has the power, the potentiality to be. (The Mother, from Mother's Agenda, August 29, 1958)

Attitude toward Difficulty is Problem

90% of the time the difficulty itself is not the real problem, but rather the attitudes we have toward it.

Negative Feelings Ripple into Others

Negative feelings on our part, such as impatience and irritation have a ripple effect causing others to act or do the same. From another perspective we might not perceive that we were experiencing a negative ripple from someone else when we were disturbed in the first place.

Romance is Spiritual

The greatest joy in the world is to commune with God. Its human version is to discover that relationship [of a man] with a woman. (Sri Karmayogi)

Several Ways to Be More Conscious in Your Thinking

Here are several approaches to take to elicit the very best results when exercising your mind:

- Don't just go by what you see and hear; think about the matter in some detail before concluding or responding.
- Consider if your own vital/emotional wants, needs, urges are the basis of your conclusion, instead of the true truth of things.
- Be patient and wait on things, rather than being rash and impatient. Then use your mind to rationally think about what is going on, what the truth of things really is.
- Consider if your Ego is out front in that moment of thinking, restrain it, and if necessary begin again.
- When in conversation, try as often as possible to take the other person's point of view. Be very open to others' perspectives, and current interests and concerns.
- Let your mind go free, instead of being confined to one narrow train and tract of thought.
- Try to combine ideas into new ideas that are true Insights, revealing things startlingly creative and fresh.
- Keep your mind silent, so intuitions of knowledge and truth can appear in your mind without thought.
- Listen without judging, but as a means of understanding and learning.
- Think about what the Essence of the matter is under consideration, and begin further assessment from there.
- Be aware of the life conditions, the subtle hints unfolding, the various life responses occurring in and around you.
- Think creatively, taking your mind in new directions unthought-of of previously.
- From moment to moment let go of limiting attitudes, dead habits, and outworn beliefs, freeing your mind to explore the unknown.
- Consecrate to the spiritual Force every thinking session or thought-related act you are engaged in.

Informed Decisions Based on Many Viewpoints

Listen to as many points of view as possible on a matter, and then make an informed decision. Adding consecration to the mix can give you infallible knowledge that can be the basis of precisely right actions that lead to astonishing results.

Finding Right Values and Applying It

Discover your deepest personal values and beliefs inside, and then find the right outlet outside -- career or otherwise -- to express it.

Guidance of Our Inner Depths, Consciousness

The deeper we go in consciousness, the more we feel our uniqueness. And from those depths we receive inner Guidance on what direction to take, and how to express ourselves individualistically in our careers and otherwise.

The Hidden Purpose of Problem: Faith

Problems come to us to test our current level of Faith.

The Powers of MAHALAKSHMI and MAHASARASWATI

Whereas MAHALAKSHMI contains the powers of Harmony, Beauty, Delight, and Love, MAHASARASWATI is the power of Organization, Patience, Persistence, Skill, and Perfection. We can emulate all of these powers in our own life, enabling ultimate consciousness of being.

Taking Right Decisions Indicate developed Consciousness

Taking the appropriate action at precisely the right moment based on the subtle signs that has the maximum life response effect is a quality of a developed consciousness.

Overcoming Ego through Developed Inner Life, Evoking Response

We express our ego many times a day, rarely perceiving it, let alone its ongoing negative effects. However, when we develop an inner life, our Witness consciousness perceives that self-absorbed movement each time it arises, and halts it in its tracks. Let us then make the smallest periodic effort to look inside and control our Ego; that separative consciousness that divides us from others and life, evoking so many short and long-term deleterious effects.

Levels of Effort for the Spiritual Aspirant

Sri Karmayogi asks us as devotees to exhaust our physical, vital, and mental efforts, and surrender the rest to the Divine Mother. Infinite-like results will follow, exceeding our imagination and aspiration.

And yet there is a way of living beyond taking outer effort, replacing it with Inner Effort that is spiritual in nature. From the depths we can practice certain techniques which can quickly create positive outcomes in life. E.g. by withdrawing from the surface of things, connecting to the soul within, and surrendering to the Mother and Her Force we can evoke instances of instantaneous miraculousness on the outside.

What then are the boundaries between these two overall approaches; from physical, vital, and mental effort to spiritual effort from within? Sri Karmayogi tells us that so long as Ego is there, we need to make the human exhaustive effort and offer the remainder to Her Force. However, when we cross beyond Ego in our development, we can fully practice Inner/Spiritual Effort, surrendering our very lives to Her Force, and thereby moving life on the outside exclusively from within. Now we are fully engaged in Yogic Life.

Revisiting Our Source Inspiration

Every so often we need to revisit the source Inspiration that sparked our heart-felt Aspiration to follow the path of Sri Aurobindo and the Mother, including their Vision and Dream for a New Humanity based on a New Consciousness that each of us can help manifest by increasingly opening to the Supramental Power in our lives.

Being Grateful for Good Deeds of Others

Take no good deeds of others for granted. Be appreciative, whether inwardly or outwardly.

What Man and Woman Seek from the Other

To a large extent, men seek psychological security in women; women seek physical, material security in men.

Timelessness in Time Evokes Life Response

From within you shift from being time-based to timelessness in time. Instances of instantaneous miraculousness is the result.

Health, Cure of Diseases

(by Karmayogi from book 'Life and Teachings of Sri Aurobindo and The Mother')

Sri Aurobindo says that the body cures itself. He even says that doctors create disease and then cure it. The doctor is able to cure the patient more by the patient's faith in him than by his treatment. The body needs medicine for its cure because over the ages the body has become used to taking medicine and has come to believe in the medicine.

Sri Aurobindo and The Mother have cured hundreds of people who have prayed to them. Cancer, TB, and diabetes are no exception. Several people who had lost their sight regained it by the Grace of the Mother and Sri Aurobindo. Mother says when Sri Aurobindo's Grace

acts, a hand of blue light goes to the diseased part and wipes out the disease. Mother's complaint is that the patient's faith in the disease (that it is an incurable one) impedes the effectiveness of the force.

Mother advises us to imagine a cocoon of white peace around us before we sleep. The cocoon ensures restful, good sleep. When we sleep like this, our sleep is replaced by a luminous peace. On waking up we feel as if we are coming out of dhyana (meditation).

Of the millions that suffer from various diseases, Mother says, one in a thousand is a real disease. Mother has a novel cure for any disease. The method involves speaking to the cells and removing the disease. She explains that cells are very conscious of what they are. Their being self-conscious is a way of life with them. They go their way as long as we do not pay any attention to them. The moment you examine an aching part, she says, the cells receive the attention and respond fully. Their way of response is to increase the disease which brought them the first attention. If we show the ailing part to another person the cells enjoy the attention very much and increase the disease greatly. So, Mother's way of curing any disease is to speak to the cells directly, "You idiots, keep quiet, shut up." When repeated, the cells obey the order and give up the disease. I personally know several cases where disease was cured in this way.

Our [Indian] tradition says that a disease can be cured by three methods: medicine, mantra or a gem. Each has its own process and differs in effectiveness. Cure by supramental force has the hallmark that the disease is unable to recur. Supramental Force not merely cures the disease, but dissolves the basis of the disease in consciousness. Whether it is karma or swabhava or a desire or whatever, the supramental force eliminates the basis and the disease has no further possibility of recurring.

Seniors Attracting Wonderful Opportunities

"A person past age 65 may feel it is too late for him at that age to work again and recover lost wealth. But if his consecration is sincere, he will attract some young people to work for him and recover all that lost wealth. It is not necessary that he alone should have to work."

Out of one's deep intention over the years in an area one can attract individuals who desire to take your work to the next step. It can come to those who are middle age and seniors and have deep debt, yet also have deep aspiration that attracts such persons. Positively responding to these developments, opportunities can attract others, such as the young people A mentioned in his response. It is never too late for such things to happen.

Mother envisioned Auroville fully in the 1960s and the world came to her and made it real. She was in her 80s when she developed the official plans. She responded to an opportunity to acquire the land and the urging of others to further her earlier vision.

If we have a vision of something special inside, and have the deep aspiration for it, consecrate it, then fresh opportunities will arise no matter what the age or the state of our finances. When we take it up, life will cascade for us. Tens hundreds, thousands, even millions can take up the cause. In India the vast masses of population are skewed dramatically to the young, which can be an enormous advantage over time.

In addition, we now as leaders in a suddenly rising venture and group are also afforded the opportunity to go deeper in consciousness and move our organization and life's circumstances around us from within. What an exciting and profound yogic prospect!

On Stupidity

- Stupidity takes the credit to itself of everyone's achievement.
- One hallmark of stupidity is it never owns a failure.
- The stupid calls another or all others stupid. (Sri Karmayogi)

Sarcasm

Sarcasm is the intelligence of poverty. (Sri Karmayogi)

On Secrecy

- Secrecy ministers to the capacity of possessiveness.
- Through secrecy one tries to acquire a power he does not have.
- Secrecy creates intensity in relationships, though negative.
- Secrecy is the source of selfish pleasure.
- Secrecy generates self-enjoyment.
- Secrecy makes the other seek you out.
- Secrecy acquires power only when others are aware of the existence of a secret. (Sri Karmayogi)

Sarcasm Spoils Opportunity

Sarcastic humour despoils the atmosphere of its potential generosity. (Sri Karmayogi)

Comment: Life offers positive opportunities, but if we look on the negative side of things we destroy that possibility from emerging, which tends to happen when we are oriented around our skepticism and sarcasm.

Even in the case of Mr. Bennett (in *Pride and Prejudice*) there was the opportunity for the newly arrived in town very rich bachelors Bingley and Darcy to meet his daughters, but his ongoing insistent sarcasm concerning the foolishness of his daughters was not helpful. It was however when he gave that up, that life responded and cancelled the elopement scandal that threatened to ruin his family.

Some people are so sarcastic and skeptical in nature that even the most basic positive atmosphere and environment for good things to emerge can be squashed.

Note that there is a difference between rational criticism of a situation that dispassionately analyzes a negative condition and the sarcasm that emerges from vital dissatisfaction or an ongoing propensity in the personality to start with the dark side of things.

Married Life and Domination

Married life is a field where one tries to dominate the other. (Sri Karmayogi)

Comment: Rising to a higher level of Harmony between the two overcomes this dynamic.

The Process of Consecration to Psychic that Surrenders to Ishwara

As we consecrated the thoughts and feelings to the psychic, the psychic surrenders itself to the Ishwara and grows into it. Thus from thought which is Becoming we move to the psychic which is the Being of the Becoming. (Sri Karmayogi)

What does this mean? One interpretation is that we can offer our wanting thoughts and emotions through the psychic being. E.g. in the short story '\$100,000' (based on a true-life incident) the protagonist one by one tosses his wanting attitudes, behaviors, beliefs, etc. into the flame of his evolving Soul, the Psychic Being. That way those elements are perfected in him, and eventually enables him to attract from out of nowhere the \$100,000 he so desperately needs.

How then is the Psychic surrendering to the Ishwara (the Creator) in this dynamic? Perhaps that is the way the sudden good fortune is created, manifests, comes about. I.e. the Psychic offers the wanting elements that has been tossed into it to the Creator, or the Divine Mother, which manifests the creation of good fortune. As this dynamic is constantly engaged in, the Ishwara increasingly surrenders to the Ishwara.

Being of the Becoming means we bring the Spirit (Being) into the Becomings of our lives. When we do so we overcome limits of space and time, which we experience as Instantaneous Miraculousness. Through our connection to and tossing the wanting elements of our being into the flame of the Psychic, we bring Spirit into the becomings of our lives, thereby overcoming space and time, evoking the response.

Faith in Mother in Human and Spiritual Life

Human life is to have faith in the Mother in the worst or most pressing of situations. Spiritual life is to actively court and have faith in Mother on every occasion.

Detachment through Psychic and Work

Detachment through Psychic Connection that Enables Ultimate Accomplishment

Psychic connection enables us to shed the limiting mental, vital, and physical influences in a work, which is detachment, and perceive our right relationship to the work which enables ultimate accomplishment.

(By the way, psychic connection is brought about through consecration, taking another's view, non-reaction, etc.)

Here we see the effect of the work with and without the psychic being in terms of our mental, vital, physical detachment:

Equality of being (silence in mind, quiet heart in vital, calm nerves in physical)

Inequality of being (desire, want, need, attachment to, expectation of result)

--

Fully absorbed in the work

Scattered in concentration

--

Maintains steady aspiration (including awareness of the higher needs of the work, and the will to see it through)

Dwindling or scattered aspiration (leveling off tendency)

--

Profound integral knowledge and insight comes (including the process behind)

Missing knowledge of the whole, details, and process

--

Perfection

Imperfection

--

Joy

Strife, irritation, etc.

--

Accomplishment and life response phenomenon is maximum

Accomplishment and life response phenomenon is minimal

Impulse

Never act on an impulse and always reconsider the incoming impulses from all possible angles. (MSS)

Capacities

Never overestimate your capacities and take on tasks that are above your competency level if you want to avoid financial loss. (MSS)

Illness and Psychological Cause

Many illnesses are not strictly physical and they have psychological origins. Pl find out that origin and work on removing them. That way your medical bills will considerably be reduced. (MSS)

Preserving Valuables

If you want safety for your valuables and for your properties, please take good care of them and they won't ever leave you or get lost. (MSS)

Losing Friendship

If you don't want to lose friendships, then please don't make fun of their weak spots, or have money dealings with them or challenge their cherished opinions. (MSS)

Attractiveness and Money as Basis of Marriage

If you don't want to lose peace of mind in marriage, then don't select your partner on the basis of looks or on the basis of income figures. A pretty woman is liable to be very vain and haughty and a man with a high income will be very money-minded. Pl look for a person with proper family values and if you succeed, then your peace of mind is assured. (MSS)

Offering Financial Help Beyond One's Capacity

Pl don't offer financial help beyond your capacity. It can wreck you financially and even Mother cannot protect you from your foolishness. (MSS)

Travelling Tips

While travelling please stay alert and watchful and Mother's protection will be assured. (MSS)

Don't Violate Law

Never violate the law or do anything that is impermissible and you are assured protection from law enforcement agencies. (MSS)

Pleasing Others at All Costs

Don't try to please other people at all costs and don't get involved in the details of other people's lives. Please stay within limits and your peace of mind is assured. (MSS)

Organization of Consciousness vs. Prayer

What prayer accomplishes for the moment, organization of consciousness ensures it automatically. (Sri Karmayogi)

Organization of Consciousness and Joy

The highest aspiration for consecration or surrender that can be realized in a man is indicated by the greatest enjoyment he seeks in organizing his consciousness and values of Spirit. (Sri Karmayogi)

Competition

Competition is actually business expansion for the entire industry. (paraphrase of Sri Karmayogi)

What Comes is In You

Nothing comes to you without a corresponding element in you. (paraphrase of Sri Karmayogi)

The Nature and Limits of Mind

- Mind is limited by the senses
- Mind divides reality
- Mind is involved in the movements of mental energy
- Thoughts enter from outside, above, behind

- Our minds are formations of Universal Mind
- Our own temperament limits what we receive (MSS)

On Why Trevor Dies In Film 'Pay It Forward'

[Pay It Forward is a 2000 American drama film based on the novel of the same name by Catherine Ryan Hyde. It is about a boy who based on his teacher's ideal and urging launches a good-will movement that spreads around the world.]

The story is true to life. Trevor is taking on acute negatives in the world. In that environment one is bound to suffer. In 'Gone with the Wind' Scarlett O'Hara while driving a stage coach in the midst of chaos tries to save several blacks. As a result she is almost killed, which would have changed the entire story and outcome. Her good intention almost destroys her. (The atmosphere is very negative which turns on her good efforts.)

One needs a very high consciousness to keep at a distance the negative forces, not to mention self-control that does not rush into anything foolishly. Trevor was young and did not have that capacity in full; though very few do.

It is the way of the world.

Jesus experienced the same when he was crucified.

We can emulate them, though if we want to take on such burdens we need deep psychological strength and spiritual protection. Consecration would have saved Trevor from being stabbed to death.

For Women to be Respected in India

Indian society is male-centered and women are given subordinate position only. Only when social values change and people come forward to give equal importance to women, can we expect any change in these areas. Society remaining what it is, women who want to accomplish and retain their self-respect must learn to function independently and demonstrate that they can survive on their own. Till they learn to demonstrate like this, male domination is likely to continue. IN India if a woman want to be free of men's authority 3 things are needed.

1. She must have her own money and not be financially dependent on any man.
2. She must occupy an important post and enjoy some authority.
3. She must be a strong-willed personality with a very independent mind of her own.

If these three things are present, no man will ill-treat her and she will enjoy the full respect she wants. Even if she does not have money or post, but if she is a devotee and has a strong-willed personality and a well-formed spiritual aspiration, she can be safe from the domination of men. Mirra, the devotee of Krishna suffered a lot from the persecution of men as the mentality of men in those days was very conservative. But Mirra born again today and having a well-formed spiritual aspiration can easily lead a free and independent life of her own without the hassle of men as the Mother's support is very much there. (MSS)\

Routine Acts Looses Freshness and Lacks Receptivity to Mother

When new devotees come, they come with a fresh and open mind through which grace easily acts. But when one has been a devotee for a long time, this freshness is lost and mind becomes closed. The closed mind and loss of receptivity delays the response from grace. This is a very frequent occurrence and something which should be accepted. If a senior devotee manages to maintain the same freshness that he felt when he came to Mother for the first time, then he will certainly see quick results for his prayers. But over time, devotion and faith become habitual and mechanical and these things have a deadening effect on our prayers which is not easily observed. (MSS)

Why Mother Resolves Problems for Non-Devotee

Q: Here it is mysterious that Mother blesses and resolves problems instantly for a person who is not a devotee in full-fledged but takes longer time to grant a prayer of a person who has accepted Mother in full. (based on facts which cannot be shared to protect the interests)

A: Where the intensity and freshness is there, She acts; without them, She may not. Also Mother has a more integral plan for us, so She may take Her time to insure that various aspects of our being are changed before the Grace acts. Likewise, She is asking us to overcome certain fundamental resistances in our nature, which is one reason we have come to Mother and her to us. Again as a result, Grace may wait before giving the boon. On the other hand, other people who are not devotees, are very open and intense at this one sore point where they need help, are not on an integral development plan, so it often comes quickly.

On Sexual Relations for the Individual, Devotee, Sadhak

Please understand that the comments of Mother's I earlier posted are mainly for those who are seriously engaged in or seek to engage in the path of Sri Aurobindo and his Integral Yoga. Few of us are at that point. For the average person, even the devotee whether married or not, sexuality is to be modest and kept in balance and perspective. As one grows in consciousness, the relationship with the partner changes or should evolve to higher connections between the two marked by self-givingness and affection, where the sexual needs recedes.

There is no formula for an individual, as every person is at a different stage. One can only look within to see what is necessary for our own growth. If one sees that sexuality is detrimental to one's business or work success through Life response awareness (of loss, theft, accident, etc.; in terms of money, or otherwise), then one is already aware of what one should or shouldn't do, or to what degree. As one creates deeper bonds with the partner, sexuality tends to fade in importance relative to the Love. As one ascend to the plane of yoga one sees that sexuality and connection to the Force are mostly if not completely incompatible. There even relationship with a partner may no longer be compatible with union with Mother, the Divine.

Values and Organization

Values are a form of subtle organization that guides understanding and decisions. (MSS)

Values in History

The emerging values of individual freedom and social unity, which inspired Lincoln and galvanized America to abolish slavery and found a strong federal government after the Civil War, launched the USA on an evolutionary course that enabled it to emerge as the world's leading nation a century later. (MSS)

Values in Society

The emergence of values in society is a moment of creative organizational evolution. Society grows in many ways; commitment to high values is one. Moments in which society embraces a high value are creative moments. (MSS)

How Values Emerge in Society

Society converts raw social energy into organized productive energy and transforms it into cultural values such as honor and hospitality. (MSS)

Values as Cultural Forces of Society Imparted to Next Generation

Values are the organized capacities of the cultural forces of society imparted to the next generation as an individual possession.

World University Consortium as Vehicle for Enabling Education Impart Values

Values are the organized capacities of the cultural forces of society imparted to the next generation as an individual possession. Education that imparts values is an evolutionary social organization seeking to be born. The World University Consortium can be the vehicle for that accomplishment.

Creativity and Life

Life is entirely creative. All her moments are creative moments. (MSS)

Creative Aspiration

Creativity expresses through enormous energy. To organize that energy into consciousness is further greater work. Energy comes from aspiration. Aspiration for what? When we aspire for what is already there, it can be described as ambition. When we aspire for what is as yet unrealized, it is creative aspiration. (MSS)

Evolution in Society

Evolution is not confined to biological species; it occurs in societies as well. Evolution is organizing itself under the surface in every sector of society. (MSS)

Emergence of Values in Society and Its Expression through Education

Society converts raw social energy into organized productive energy and transforms it into cultural values such as honor and hospitality. The most advanced enlightened expression of this process is the conversion into cultural essence of life through education. (MSS)

Tutor Based Education of Affluent Aristocratic Can Come to All

What families, especially affluent aristocratic families, give to their children through private, personal education by tutors can now be made available to all the children of the world with the same flavor of human solicitude and affectionate responsibility. (MSS)

Love of Child, Love of Wife as Interrelated Expressions of Love

The mother is the main source of affection for the child. The wife who enters a man's life later on is a higher version of the same social emotion, whose highest expression is the sacred emotion of Love. (MSS)

Education and Society

Society evolves by education. (MSS)

Limited Formal Education Replaced By Technology to Acquire Accumulated Wisdom of Society

The mind of the child is brilliantly receptive to the accumulated wisdom of the collective. However, formal education often buries this emerging wisdom. Fortunately modern technology can be commissioned to counter these ill-effects, as the iPod has done for music, capturing the world's imagination. When backed by proper technology, such courses can cater to the spirit of aspiring young humanity and awaken their imaginative faculties to develop inwardly and eventually blossom in full creative freedom. (MSS)

Evolution in Education from Memorization to Subtle Understanding

The shift from memorization to understanding in education is a significant evolution in that field. It can go one step further from conscious understanding to subconscious or subtle understanding, intensifying the evolutionary process. It is not unknown in the world. (MSS)

Creativity Developments, Moments in Education

Montessori, Summerhill and Glenn Doman mark creative moments in early childhood education. They all made education creative. For the child who is memorizing, a moment of original understanding is creative. Similarly, it is a creative moment for the teacher also when he shifts from addressing the memory of the students to addressing their creative minds. (MSS)

Education is Second to Yogic Growth in Society

Sri Aurobindo called yoga an organized influence designed to take life to its maximum height by the shortest route. 'All life is yoga' is his mantra. Education is the next best.

Creativity of Society that is Civilization

Creativity of society accumulated as the achievements of a succession of creative moments over millennia is civilization. That civilization is the essence of history which is itself the essence of social existence. (MSS)

Civilization and Culture

The distilled essence of civilization is culture. (MSS)

Family of Mother and Father, and Culture

The mother's loyalty enriched by the father's sense of responsibility form the flowerbed on which culture flourishes. (MSS)

Great Literature Enriches Subconsciously

Great literature enriches ordinary daily life in many ways possible, but it mainly enriches the subconscious through its subtle faculty. (MSS)

Economics – and Values, Money, Development

Economics is a reflection of the values of the society, where we place money, and the development that arises from its use.

Other Man Point of View

Some interesting views of Janani Harish - taken from her speech on P&P:

1) Taking the point of view of another person:

It is move from selfishness and self-centeredness to appreciate the egoistic needs of another. Recognizing the importance of another's ego perspective helps destroy our own. Placing the selfish interests of others above our own, taking interest in their interests, helps us outgrow selfishness. We become pleasing to everyone and harmonious in all situations. We give people freedom the way Mr. Bennet did, freedom to grow and express themselves without interference, criticism or conflict.

2) Taking the wider view of society which is universal:

Instead of being lost in our own little personal world of preferences and conveniences, we recognize the demands and requirements of society and life. It makes us more mature and responsible. Such a person can become a leader and accomplish at a high level, like an entrepreneur who perceives a need in the market.

3) Taking the view of our soul or psychic being:

Why did it take birth, what does it seek and aspire for? Our view is egoistic. The view of our psychic is spiritual based on spiritual values of self-giving, goodness, truth, harmony, humility. Taking the soul's point of view enables us to see the soul in other people and only that to accept them as they are and worship them as Darcy worshipped Elizabeth and accepted all her words even her errors and misconceptions as Divine Truth. When we take

our soul's point of view, everyone else is right and everything they do to us is right, is a help to us along our path of spiritual evolution.

4) Taking the view of the transcendent Divine:

Why did the Divine create the universe? What does it seek to accomplish now? How can I truly be in harmony with the Divine Will Thy Will, not my Will. This viewpoint opens our being for highest spiritual accomplishment. But it is most powerful when it is taken at every moment in relation to every other person and every act. (Ramesh Kumar)

Benefits of Education

Education is directly or indirectly connected to every global challenge we face. Statistics from every continent show that the higher the level of education, the lower the rate of unemployment. Even in countries where unemployment levels are high, the unemployment rate of those with a degree is less than unemployment rate of those without a college education. Higher educational attainment also correlates with higher earnings. Perhaps with the exception of Bill Gates, Steve Jobs, Mark Zuckerberg and a few others, college education is essential for a rewarding career.

That makes education an insurance against poverty. Illiteracy, unemployment and poverty form the hotbed of extremism, and education that tackles each of these issues is a safeguard against violence at all levels, domestic to international. Better educated people are better equipped to overcome the frictions of globalization and cultural differences. Historically, education and democracy have been inextricably linked. No country with very low levels of education has been democratic over the long term, and almost every country with a high level of education has remained a stable democracy.

Life expectancy is found to be strongly associated with education. Data shows that among 15 OECD countries, a man with tertiary education lives 8 years longer than one without a degree or diploma. According to a 2012 UNESCO report, each extra year of a girl's schooling reduces her fertility rate by 10%. At the same time, the probability of infant mortality reduces by 5% to 10%. The children of more educated people are better immunized and twice as likely to survive beyond age 5. Education also turns out to be the first vaccine against disease.

Those with higher levels of education are more likely to report stronger civic engagement. They take action to address ecological and social issues. Education plays a key role in our attempt to evolve a new global paradigm to meet today's challenges. (by Janani Harish, a research associate of Mother's Service Society)

Gaps in Education Today

People arrive packed with food, sleeping bags and torches, ready to spend the night outside. They are not campers holidaying in the woods. Nor are they eager customers impatient to buy the latest model of the iPad or iPhone at an Apple store in New York or Beijing. They are parents of three year olds queuing up in front of the school gates in many Indian cities, to secure an application form for kindergarten. Application forms are limited in number, and obtaining a form is the first of many steps in obtaining school admission for their wards. So, the night before the forms are distributed, parents queue up on the road outside the school, to ensure that they get the form in the morning. If this is strange, college admission can be worse. The acceptance rate in some Indian colleges is less than 2%, and the admission process is a pressure cooker like situation.

The Indian national college enrollment rate is under 20%. If all those of college going age in the country need to be enrolled in tertiary education, then India will need to send 95 million new students to college. That means 132,000 more colleges will need to be built, and 4.1 million lecturers will have to be recruited to teach these new students. If in 65 years of independence, the nation has reached a position where it has 35,000 colleges and .8 million lecturers, what will be the time, cost, resources and effort required to multiply the educative capacity of the country 4 times in the next few years!

The Indian college education scenario is indicative of the same level of functioning in many other countries as well. The world over, more than 366 million youngsters are left out of tertiary education. If all of them are to be admitted to college, how can they be

accommodated, or can they ever be accommodated? Such a large gap between demand and supply as it exists in India does not exist everywhere, but every country has its own set of issues.

According to American Dream 2.0, the Gates Foundation report, just over half the students who enroll in an institution of higher learning in the US graduate within 6 years. One of the primary reasons students drop out is finance. In the past three decades, average family income has risen by 16%, while fees at public universities have gone up by 250%. Some of the enrolled students are forced to drop out of college and take up a job because debts are piling up. The student loan debt of over \$1.1 trillion in the US is composed of 38 million borrowers. The higher the fees, the greater the borrowing, and higher the default rate, dropout rate and the unemployment rate.

Where finance is not a problem, quality of education can be. Much as it may defy the imagination, there are schools and colleges that teach the technology of magnetic tapes and punched card readers to their students of computer science. Syllabus updation takes place once in a few years, while advancement in technology is announced every few weeks, if not days. There are classrooms without roofs, without walls, without even teachers. More than half the college faculty positions in India are currently vacant. Low college enrollment rates result in fewer eligible teachers and lack of good teachers affects college education in return.

Many other factors trouble education today. It is one of the first victims of conflict and violence. In societies where women are repressed, half the population is consequently left out of education. Those with special needs and challenges often face insurmountable obstacles on their path to school and college. In the US, 57% of youth with visual impairments attend post-secondary schools compared to 68% of the general population. In many developing countries, not even 10% of such youngsters receive any kind of education. With low levels of education, poverty follows. (by Janani Harish, a research associate of Mother's Service Society)

An Adventure Novel about Higher Consciousness – The BOOK

'The BOOK' by Garry Jacobs is a monumental-length novel (~600 pages) that portrays a Silicon Valley-like startup that has developed an ultimate Artificial Intelligence Knowledge Base that contains the wisdom to solve any social problem on earth. This knowledge is garnered from the deepest insights of Western and Eastern philosophy; i.e. it is an integral approach that can be customized to create insightful solutions for any issue for any organization or entity. Multiple parties try to steal this knowledge for their own self-interests. The software company goes through all of the usual startup issues as it attempts to secure clients from various fields of life -- from the military to UN negotiators to high growth companies to those trying to improve the environment and end global poverty.

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One of the central themes of 'The BOOK' is the power of individuals to change outer conditions of life through their shifts in consciousness, also programmed into the AI system born in this Silicon Valley startup, actually from Berkeley, CA.

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'The BOOK' is actually the story about this Book of knowledge that everyone wishes to possess for their own needs, and how the dynamic company consisting of half a dozen modern Steve Jobs-like principals thwart various international conspiracies to obtain it. It is both a novel of adventure and profound wisdom, especially useful for those wishing to build their startup into something world changing.

Interpretation of Lines about Mother's Nature

(from Savitri from Sri Aurobindo)

"If this is she of whom the world has heard,

Wonder no more at any happy change.

Each easy miracle of felicity

Of her transmuting heart the alchemy is."

"Wonder no more at any happy change."

We never know what is going to happen in life. We are at the mercy of Nature (Prakriti) for good, bad, or in-between results, though in the long-term it is an upward movement. (Opening to Mother changes the movement from Nature to Soul (Purusha), which is only positive, occurs rapidly, and manifests as the unfathomably new in the world.)

"Each easy miracle of felicity"

She will respond and bring us wonderful results, which for Her is easy as she is the divine shakti carrying out the Will of the Infinite. She has been granted that power, the Supramental power to manifest the Real Ideas, cosmic determinates of the Infinite Divine (as waves of peace, power, truth, goodness, love, infinity, etc. that will manifest in our lives). AND each life response result She originates and makes real in the world we experience as deep Joy.

"Of her transmuting heart the alchemy is."

Her nature is to bring about change, improvement, betterment, the unprecedented, the unexpected to the world. That is the value that is in Her heart; that She is passionate about: to transmute, transform the earth. AND it is miraculous-like, almost seemingly conjured out of nothing, which is her alchemy; Her magical, mystical means of transformation of life on earth.

Ehen Revolutions Occur

Revolutions occur when society resists change and refuses to respond to the compelling call of the future. (MSS)

Future Need an Evolving Education System

Our future lies in evolving an educational system capable of nurturing and bringing out the full latent potentials of each individual. (MSS)

Mother's Origins in Conscious-Force

Out of an Infinite Consciousness emerged the Force of creation that manifest the universe through an involuntary and evolutionary process. The Mother originates in that Consciousness-Force, and by opening to Her Shakti power we can manifest that same infinity in our own lives.

Superiority is Inferiority

Feeling superior is to be inferior.

Comment: I guess feeling inferior is inferior too, right? Humility is altogether a different feeling. Humility is natural once you get a glimpse of the truth in things... Correct me please...

Response: Yes, feelings of inferiority is also an ego movement.

Supporting Negative People Brings Negativity to You

If you bend over backwards to assuage someone who is clearly in the wrong, what you do or say can turn against you. Best to refrain from going too far.

Feeling Inferior is Egoistic Too

Though it's easy to see for superiority, it's harder to perceive that feeling inferior is also an ego movement.

Further comment: Feeling less than others, sorry for one's self, self-hate, etc. are self-indulgent movements that are separative (from others and life), and are therefore egoistic in nature.

Fear Turns to Faith By Mother's Force

Fear is fear of the unknown; an acute feeling of powerlessness in the face of perceived negatives. It is an intense expression in the nerves that can be controlled through higher mental and spiritual consciousness. If the Mother's spiritual force is called into fear, it can disappear in an instant, and even turn to faith. Positive conditions, often unanticipated, are bound to follow.

Desire Vs Levels of Aspiration

Desire is normal human want. Aspiration comes from a deeper, more positive, less egoistic center. "I want a fancy car" is desire. "I need a functional car for the well-being of my family" is aspiration. It is more wholesome than desire. There is also spiritual aspiration. Eg "I would like a functional car so I can better serve Mother," or (even higher) "I aspire to do what Mother wants of me." In both cases we call to Her Force.

The level of intensity of aspiration determines the quantity and quality of the result. The more intense, the greater the positive response from life.

Hourly Consecration

A question: If you use this method, how do you do Hourly Consecration? Eg do you stop what you are doing immediately? For how long? What process do you follow? Etc.

--

Reader: I stop if I can but if the current of remembrance is there, it is often possible to consecrate in the midst of an action; driving for instance. I try to include some words of a prayer or mantra that She has given as well...to tune into Her consciousness behind the words.

--

Reader: I don't think there is any single "correct" way, save that we are open to Mother. The only point that I noticed Sri Karmayogi stresses is that it's important to consecrate at the same time if we seek to awaken the Spirit for transformation of personality.

--

Additional: I am adding these comments of Sri Karmayogi on the subject that are in English. (He also has Tamil content that may shed additional light.)

-Hourly consecration alerts the surface and helps break the crust for those who desire to cross it. Having crossed the surface, it is not such a great help as it needs attention periodically.

-Hourly consecration achieved by prayer of remembrance, achieves not by constant remembrance but by faith in prayer.

-People who miss an hour in hourly consecration can fully compensate for it by maintaining the consecration during that full hour.

(extracted and modified from a Karmayogi.net post)

Sri Karmayogi is very fond of suggesting the practice of hourly consecration to any devotee who is facing serious problems in health, work and income and family relationships etc. He also recommends the same when any devotee receives information about some big opportunity coming so that the opportunity becomes a reality.

During the last 6 months or so Sri Karmayogi recommended hourly consecration to 4 people with health disorders. It worked for an elderly devotee in his seventies who took it up in a serious manner and the extent of his recovery surprised even the doctor he was consulting. Another devotee is also reporting good recovery from her physical disorder.

An enterprising and hard-working devotee eager to expand his business was told to take up hourly consecration. But he expressed his inability to do so and Sri Karmayogi left it at that.

Another wrote to Sri Karmayogi asking for methods to collect 3 crores outstanding dues for the company he is working for. He was asked to take up hourly consecration. He has written back to Sri Karmayogi saying that 1.75 crores had been collected after he took up hourly consecration.

The practice is very demanding and difficult. But for those who enjoy doing it, it can be rewarding in a big way spiritually, psychologically and materially.

Evolution is an Inner Process

Evolution is not just what is happening outside ourselves, but what is occurring inside, and that's what the world does not understand.

Concluding from Many Points of View

Take in as many points of view as possible before jumping to a conclusion. The human tendency is to do the opposite.

Relating to Consciousness in Objects

Relate to the consciousness and being inherent in the objects you interact with. They will then give you their very best.

Further comment: Sample examples of relating to the consciousness and being in objects:

- When you lose your phone, call to its soul and spirit for it to return.
- When a machine has been neglected or abused call to its essence and ask for forgiveness.
- When a device starts having problems, ask it to reveal what is the underlying cause.
- Feel deep gratitude for the great results a device has given, and it will respond.
- Feel the essence of the underlying values in an organization - business, school, etc - and there will be a response.
- Consecrate a long drive by calling the Spirit into the vehicle.
- Recall that all objects have their origins in the Divine.
- Get in touch with the hidden, absorbed, involved consciousness-force in the object, which can be brought to the surface, eliciting its infinite potential.
- Etc.

Not Wanting to Work Repels It; Wanting to Work Attracts It

When people say that they cannot find a job, Sri Karmayogi used to invariably say that such people are not interested to do the work. When full interest in doing work is there, he says that Life won't disappoint such people by not providing work opportunities. (MSS)

Comment: When we don't have a real desire to do the work, we don't attract work opportunities. When we do, opportunities come to us from out of nowhere.

The Steps of the Process of Creation for Ourselves and the Divine

The process of creation consists of the vision of and knowing what you want to accomplish, the intense will for it to come about, and its execution through skilled, persevering effort and right attitudes that attracts powerful positive response from life.

The whole process from beginning, middle, and end is joyful. Like the Divine who followed/is following that same process and set forth conditions that enabled/is enabling the universe, and enjoyed/enjoys every aspect, we too have that same delight in experiencing all aspects of the process -- whether involving the largest undertaking or the tiniest micro act.

The execution and the result unfold as unexpected Discovery leading to unbound Joy when experienced in the right spirit.

Connect to the Divine to Feel Its Presence

Connect with the Divine not just to receive boons as Grace, nor only to express gratitude for what He/She has given you in the past, but to simply feel His/Her Presence in your being, which nothing else on earth can compare to.

Make Way for Her Intention

It's not my intention that seems to be unfolding, but Her's. Mine too often seems to get in the way.

Being Conscious of Our Subtle Associations Among Things

At any moment you can perceive astonishing associations between events and circumstance if you only make the small mental effort to examine what is occurring around you.

Intensity + Calm = Success

Success requires both intensity and calm. One without the other creates imbalance of energies, and therefore prevents sustained high achievement.

--

Steve Wozniak on Steve Jobs: "Wozniak noted that Jobs' intensity caused him to fail with some projects, like the Lisa and the early Macintosh effort, and only once Jobs learned patience to complement his intensity is when things really took off."

Threat of Blocking Financial Regulation

The asuric financiers trying to grind down the reform legislation that seeks to curtail speculative abuse that threatens the world's economic security will continue to attract natural disasters from mother nature.

Further comment: In Indian parlance an asura is a dark force. When a financier speculates at the expense of the public good (as we saw in 2008 that almost brought down the world economy), they are backed by unseen asuric forces; i.e. that seek to bring society to its knees.

Beyond Business in Work to Opening to Mother

We are busy, busy with work. But opening to the Force cancels busy-ness, as future outcomes sought through considerable effort occurs at the beginning.

Mother as CFO; Sri Aurobindo as CEO

The Divine Mother is my Chief of Operations (CFO). Sri Aurobindo is the CEO.

Further comment: Through Her shakti She helps us carry out the Divine Plan as understood and willed by the Divine via Bhagavan.

The CFO carries out the CEO's plan.

The Process of Creation of the Divine is In Our Lives Too

The Divine desired to extend itself in infinite multiplicity, and so engaged in the process of manifesting a universe of infinite forces and forms. So too we can have the desire to manifest anything we envision and manifest it as real in the world.

Further comment: In other words, the power of the Creator is at our disposal in creation.

From Agenda to Offer to the Mother that Sets Positive All Conditions

Before a meeting with others we tend to have our own agenda in mind; often taking the form of our own little grumblings of what should and should not be. Rather than take this into the gathering, release yourself self of such thought and open and offer the matter to the Divine, the Mother, and then let it go. Now when the meeting takes place, watch what transpires. You may be pleasantly surprised how life unfolds; as fresh, new, unexpected and highly beneficial discussion and direction takes shape.

Reader: Hi Roy I did this 2 hours ago and I now have a new corporate client.

Our Inner Shift Can Subtly Resolve Another's Serious Problem

It is often the case that when people close to us have run into a serious problem and we then change a negative attitude to the positive - whether directly related to their situation or not, - the difficulty involving the individual(s) suddenly clears up. In essence, our higher consciousness aligns with their good fortune.

Stillness in Intense Difficulty Attracts Improved Conditions

The best strategy in a high intensity, conflictive situation is to be absolutely still. It tends to attract improved conditions.

Beyond Evolution through Conflict of Forms

Forms - including we humans - meeting, associating, interacting, conflicting with other forms is how life evolves. Through their higher development, organization, and consciousness, the process becomes more fully positive and therefore infinitely delightful.

Life's Initiatives are Universal

Our initiatives are limited to our consciousness. Life's initiatives are filled with universal consciousness. That's why the latter more often succeed when taken up.

Sexual Indulgence Invites Monetary Loss or Accident

Mother says that when the Sex vibration disappears from individuals and humanity, Money will move from being predominantly in the hands of the Asura (as it is now) to that of the Divine-oriented consciousness, which will give it far greater power for progress. She learned of this in the famous incident in her 'Agenda' where she had a vision of a great Snake who informed Her of this.

(Here is the quote from Mother's Agenda, June 22, 1958)

"... one day I entered into trance with this idea in mind, and after a certain journey I came to a place like a subterranean grotto (which means that it is in the subconscious, or perhaps even in the inconscient) which was the source, the place and the power over money. I was about to enter into this grotto (a kind of inner cave) when I saw, coiled and upright, an immense serpent, like an all-black python, formidable, as big as a seven-story house, who said, 'You cannot pass!' - 'Why not? Let me pass!' - 'Myself, I would let you pass, but if I did, "they" would immediately destroy me.' - 'Who, then, is this "they"?' - 'They are the asuric' powers who rule over money. They have put me here to guard the entrance, precisely so that you may not enter.' - 'And what is it that would give one the power to enter?' Then he told me something like this: 'I heard (that is, he himself had no special knowledge, but it was something he had heard from his masters, those who ruled over him), I heard that he who will have a total power over the human sexual impulses (not merely in himself, but a universal power - that is, a power enabling him to control this everywhere, among all men) will have the right to enter.' In other words, these forces would not be able to prevent him from entering."

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Reader: Sri Karmayogi has written about the link between sexual indulgence and monetary loss or accident. This is likely to be occurring at the societal level as well...man is the microcosm.

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Response: Yes, it is a very common experience for money loss and accident. E.g. I know of one who had an intense experience with someone, after which he found out that his car with his inventory of product was robbed. It is very very common phenomenon -- whether in the form of theft, accident and money loss. For a devotee using the Force, it can also result in physical pain. (From one perspective it is a movement of ultimate human joy to ultimate joy in Mother. The vibrations are for the most part in opposition.)

Social Problems and Opportunity for New Forms of Harmony

Everywhere there is a social problem in the world is an opportunity for new forms of harmony to emerge that never existed before. Problems are thus disguised harmonies waiting to be.

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Reader: I refer an example I remember from pride and prejudice:

Mr. Bennet's decision to prevent the officers is a mental decision. He had not used his mental will till then. Compelled by the enormity of the catastrophe, he did so. He was compelled by the catastrophe, and the catastrophe was created by the Force of the Revolution. Mr. Bennet's decision, in this case, was impelled by the force of the Revolution. It was the supramental force in disguise that brought harmony which laid a seed of accomplishment.

As in Life Divine, necessarily all problems are problems of harmony and all problems takes us to AT LEAST next higher level of harmony and oneness in some aspect of other.

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Response: Your description reminds me that evolution takes place not just from below pushing forward, but from the compulsion Above that seeks its intention and change. In this case Harmony itself pressing on the world and creating human harmony through new-found Will in a man.

And yes, all problems of life as Bhagawan says are problems of harmony; opportunities for parties to come together, cooperate and unite to resolve the problems. It's not so much scarcity of resources, or even the problem itself that is the problem, but the inability, unwillingness, and ignorance of separative egos pulling in their own, exclusive directions.

Process of Evolution from Below and Influence from Above

Evolution takes place not just from below pushing forward, but from the compulsion Above that seeks its intention and change.

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Reader: -In Supermind the force of Prakriti is the force of the Purusha.

-That is Mother- the Shakti of the Ishwara.

-Mother expresses the conscious intention of the Ishwara in Supermind.

-She is the force for the creation.

- all force acting on creation is Divine intention.

From Lectures on Life Divine.

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Response: Excellent. In Pride and Prejudice, there is not just the urge on Darcy to change because of his love for Eliza and his own self-analysis of his character, but there is also the compulsion of On High for the society to create harmony between the middle and upper classes, instead of engaging in revolution as in nearby France at the time. Through Darcy's personal growth and evolution (as well as others around him), he won over and married Eliza and allows the middle class Bennett family to marry into and blend with the rich aristocracy of which Darcy was a part. In this way, England avoided revolution and transitioned to democracy much easier than most other nations. In essence the evolution took place from within Darcy's soul and being from Below, as well as due to the influence of the Force expressing the intention of the higher consciousness from Above.

Mother's Shakti, Ishwara Creator

The Mother is the Shakti (divine force) expressing the intention of the Ishwara (creator) in life and beyond as Supramental power.

Negative Indicators of Self-Driven Initiatives

When we initiate an undertaking on our own, there will be eagerness or expectation experienced in our nerves. There will be an urge and impulsiveness to execute things as we decide and actually do it. Such unbalanced, self-driven initiatives tend to fail as much as they succeed. In addition it can be accompanied by a sense of strain or even push back in such an undertaking. On the other hand, initiatives of Life-- i.e. one's sanctioned by higher consciousness, the universal plane -- will not have these qualities, and as a result tend to succeed greatly.

A man undertook an initiative to reenergize an old business that had essentially died out. There was a sense of urge and expectation in him in the undertaking. There was also strain as others were not very supportive of the project, even leading to push-back from certain quarters. Though there was some initial success, things soon petered out, and the project was soon abandoned.

Thus our approach should not be to act/initiate when the urge and impulsiveness rises in us, or to continue to pursue in this direction when there is strain and push-back. Instead we should let such feelings recede, which in turn will allow Life to take its own initiatives, which will appear before us as new Opportunities. When we recognize and take them up, they invariably tend to succeed; often exceeding what we thought would happen or what was possible. (Thanks to Ramesh Kumar for his inputs.)

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Reader: When life took initiative, I resigned from a company in August 2008 – to start my own venture –a pan India company voluntarily called me to give distribution agency without any guarantees and deposits to start at Coimbatore -which was hitherto unknown place for me. I agreed and the development was miraculous.

After two years I thought how any growing company can be without business in Chennai and so I voluntarily took up another product of International repute for distribution in Chennai but till date it runs with hiccups and every time I have to run to Mother to solve the problems.

Similarly, In Coimbatore, I took an office cum warehouse that came on my way, without any conditions attached as I was desperate at the time to start immediately and was ready to accept whatever comes first. But I didn't like that, as it was small and not easy for lorry movement. Nevertheless I took that as I had no other option at that time.

Again after two years, as an expansion plan, I voluntarily decided to open a branch in Madurai. But this time I planned elaborately –in outskirts good location, good for vehicle movement, loading unloading etc and got it, as I wished. But after few months -when I analyzed the business I saw that -that life's initiative -in Coimbatore-is yielding results in different angle. As it is in commercial location and nearest to "town bus stand" small time dealers of nearby towns finding it easy to come, purchase and return by same bus which has developed some sort of retail market –which was not in my business plan at all. But in Madurai it is very difficult to maintain the big office, particularly the cleanliness and difficult to approach as even our labors are finding it difficult to reach, very difficult to generate business in this time of business slow down.

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Response: Ramesh, excellent examples of how life initiatives tend to succeed, and our own unsanctioned initiatives tend to sputter or fail, (though we have Karmayogi's exception caveats when related to social wave, deeper aspiration, subconscious influence, etc).

Problems of Harmony, Not Resources, Issues Themselves

As Sri Aurobindo indicates, all problems of life are problems of Harmony; opportunities for parties to come together, cooperate and unite to resolve difficulties. It's not so much scarcity of resources, or even the issues themselves that are the source of the problem, but the inability, unwillingness, and ignorance of ego-laden individual parties to work together instead of pulling in their own direction.

Further comment: Sri Karmayogi gives us the powerful spiritual method of 'Taking Another's Point of View,' which can be a great step in overcoming one's separative ego sense and establishing the higher Harmony. It also attracts powerful positive Life Response results.

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Reader: Taking another person's point of view is the best instrument to overcome the divided consciousness as first step and see the oneness as final step. At the least we make a Harmony between our higher self and lower self.

Patience and Inner Aspiration for Growth Brings Outer Opportunities

Let us be patient, while also kindling our inner Aspiration for personal and spiritual growth. We will then attract Life sanctioned opportunities, which we can then consecrate and commit to. Great success and Delight of being will be the natural result.

Seek Life Coming to One as Opportunities

Life coming to us is what we seek; an ultimate way of living.

Further comment: The goal we seek is opportunities constantly moving in our direction, which life sanctions for our betterment and growth, instead of us going after life, which is more haphazard and too often futile in its result. When we raise our level of consciousness, life tends to quickly move toward us with new opportunities for growth, success, and joy.

Taking Other Man's Viewpoint and Overcoming Ego

Continuously embrace another's egoistic point of view. It will help dissolve your own ego.

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Further comment: I.e. listen to them, do not interrupt them with counter arguments, perceive even the tiniest truth in what they say; and through that effort you will dissolve your own ego which would otherwise want to assert its preferences, opinions and viewpoints.

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Reader: very true sir... i have experienced it at times... however, i need to remind myself of this at all times... and BENEFIT FROM IT.

Thanking the Rejector Can Evoke Response

Sending a note of thanks to an organization or individual who rejected your application, interview, etc. can attract very good fortune down the line from that same or another party. That appreciation even in the face of "failure" -- e.g. in the form of "thanks, it was an honor applying there and meeting with you, even though I wasn't able to secure the position" -- sends out positive vibrations, which invariably come back as good fortune from that or a related entity.

Offering Our Aspiration to the Spirit to Evoke Progress

We constantly want things in the outer life. We then act to make them real. We are anxious to realize them. But there is another approach, which is to be calm and patient, and think about what we really want out of life, what our deepest aspiration is. We can then set aside some time, and call to the Divine, the Mother, whatever your preference, and express that Aspiration with intensity and deep emotion. Thereafter if it is what is best for you and your growth, life will present opportunities, which we need to be vigilant of and watch for. When we perceive them, and take them up, we will be led in the right direction. They will be life sanctioned, universal consciousness backed, which tend to bring great Luck for one who takes it up in full.

Overcoming Faulty Attitude Attracts Instantaneously

Changing a faulty attitude attracts instantaneous luck.

Further comment: There is very often NO delay in eliciting life response result when you shift out of a negative attitude, making it truly unique. It is deep vital plane shift of the person that INSTANTLY attracts from the vital field of life - such as a sudden new opportunity, an outer success, an increase in money, in paying work, etc.

Ego and Closed-Mindedness

Ego, i.e. separative consciousness, blocks opening to others' viewpoints, and is thus the root of closed-mindedness and intolerance.

Further comment: Sri Karmayogi's method of taking the other person's point of view is a powerful, supramental-like antidote.

Generosity Attracts Positive

Sincere, heartfelt generosity attracts good fortune back to one's self.

Benefits of Educating Mind, Spirit

Educating the mind eliminates the uncertainties from one's life. Educating the Spirit lifts it out of the non-creative frame of mind into one of ever-living creative consciousness. (MSS)

Appreciation of Government

"Appreciation for government rises when it's no longer there."

(in light of current US gov't shutdown)

Further Comment: This is meant to indicate that people in the US belittle government, but when their services are cut off they desperately cry out for those benefits. This crisis serves to make them appreciate this boon in their midst that they take for granted. Every 20 years or so events pressure the citizens to give up their false view, whether world war or financial crisis or other.

Reconciliation Process through Nature vs. Spirit

There are forces and facts in society that are true, yet are at odds with one another. Eg vast prosperity in the US, but mostly for the upper tier. Nature resolves these, but slowly and painfully in the course of time. Spirit however, including opening to the supramental power quickly creates new, harmonic conditions out of nothing and nowhere, overcoming the contradictions, which is a wonder to behold.

What Sri Aurobindo's Defines as Yoga

Sri Aurobindo called yoga an organized influence designed to take life to its maximum height by the shortest route. (Sri Karmayogi)

Comment: Wonderful.

Living In Mother's Consciousness Invites Logic of the Infinite

When you open to Mother's consciousness, you engage the logic of the Infinite, instead of human logic.

Further comment: When opening to the supramental power, life unfold in extraordinary, often unfathomable ways that defy human logic. Yet the Infinite Consciousness is fully cognizant of each turn and consequence. When we rise in consciousness we are able to perceive the movements and whys and wherefores of the Infinite's determination and action in our lives. Regular consecration, learning the subtle laws of life, and practicing certain inner methods of higher consciousness (like non-reaction, taking another's view, silent will, etc.) will enable us to perceive the Infinite's Cosmic Logic.

Examples of Historical Contradictions Which Are Hard to Perceive

Great men can do foolish things: Gandhi practiced (ahimsa) non-violence, instead of kicking British out when they had a chance in 1920s and 30s, delaying independence, which led to partition and nuclear threat.

Negative men can do great things: Nixon's visit to China opened the door to capitalism in China.

Normal human mind has trouble processing this. However, Supermind embraces such historical contradictions.

Our Attitudes and the Past, Present and Future

We are mostly unaware of how our past attitudes created our present reality, and how our present attitudes are creating our future.

Benefit of Mother's Vision of Future to Us

Mother sees into the future so we can be safe in the present.

On Withholding Initiatives

When possible, refrain from taking initiative. As a result others will (unknowingly) do it for you.

Further comment: It's a form of "silent will."

My 'The Book' Comment In New York Times

(the following is from my New York Times comment on an article about the plethora of new novels set in Silicon Valley.)

'The BOOK' by Garry Jacobs is a monumental-length novel (~600 pages) that portrays a Silicon Valley-like startup that has developed an ultimate Artificial Intelligence Knowledge Base that contains the wisdom to solve any social problem on earth. This knowledge is garnered from the deepest insights of Western and Eastern philosophy; i.e. it is an integral approach that can be customized to create insightful solutions for any issue for any organization or entity. Multiple parties try to steal this knowledge for their own self-interests. The software company goes through all of the usual startup issues as it attempts to secure clients from various fields of life -- from the military to UN negotiators to high growth companies to those trying to improve the environment and end global poverty.

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One of the central themes of 'The BOOK' is the power of individuals to change outer conditions of life through their shifts in consciousness, also programmed into the AI system born in this Silicon Valley startup, actually from Berkeley, CA.

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'The BOOK' is actually the story about this Book of knowledge that everyone wishes to possess for their own needs, and how the dynamic company consisting of half a dozen modern Steve Jobs-like principals thwart various international conspiracies to obtain it. It is both a novel of adventure and profound wisdom, especially useful for those wishing to build their startup into something world changing.

Importance of Moving Forward While Shedding Out Old Habits

Every day presents new realities, so we must be prepared to venture forward from where we are, and not get bogged down by old habits and inner resistance to change.

Stressing on Self's View is Defective

People love their own opinions, but are less interested in and effusive about the actual facts. Further comment: Vital/emotional attachment to certain things clouds the mind into a part knowledge about the multi-sided true truth of things is the problem behind.

Life Reveals Future Outcomes When We are Conscious

If you become learned in and observe life movements very closely, it becomes relatively easy to predict future outcomes.

Leading a Harmonious Life Attracts More of It

When you have been included and participate in new, breakthrough harmonies with various partners, you may notice new, unexpected harmonies suddenly breaking out in wider collectives of society.

The Subtle Truths of Life

They say mystic truths are pseudo-science, but it's more like science is pseudo Reality, or maximally only the surface of things. A myriad of subtle Life truths and laws lay beyond its purview.

Further comment: We need to replace material science with Science of Life that embraces all planes of existence from matter to vital to mind to spirit. Then we know objective reality, instead of science's limited, surface-only, physical based objectivity. Because it is a material only view, our current science creates great negatives for each positive – e.g. atom bombs to atomic research, pollution to new physical factories and methods or oil discoveries, etc. A Science of Life looks at the integral whole of things, this creates less or no dark shadow to every positive discovery made. It puts man at the center of life, not just what can be seen under a microscope and proved empirically.

The Existence of Life and Non-Life

Life is a field of Existence. So is non-Life.

Additional: e Divine, which is non-life is Existence; the source, guiding, intending, creating invisible Existence.

Watching Over the Mind's Movements, Emotions is Critical

Your mind gets mixed up with troubled emotions, producing negative thoughts. Thus it is critical to catch both as you move through the course of your day. As a result, misery will be replaced with cheerfulness and joy, and life will cooperate from all quarters.

The Current Reality of US

The US can no longer by itself be the policeman of the world. It is too expensive, adding to her vast deficit; and it is not just that only her point of view is the all-determining one. Still she can continue to play a vital role in the continued roll out of progress and human unity in the world.

Everything is Interconnected

One outcome of the US government shutdown et al crisis of 2013 is the further realization that the world is extremely interrelated economically and financially. What happens in the US threatens or supports the conditions of other nations, and vice versa. Now the interrelationship can extend to social, cultural, emotional, and spiritual. That intensity of connection between peoples will be further signs of progress and the unfolding of human unity, itself on the way to a spirit-based divine life on earth.

Non Reaction Turns Negative to Positive

If you receive news that disappoints, and in that moment you shift to stillness of mind, non-reaction instead of reaction, you are likely perceive unexpected positive circumstance immediately thereafter.

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Reader: Its true. One important raw material for our product is not available. As soon as my subordinate who is responsible for this job , told me, I was very calm , silent & not got angry. Within 15 min , we have found some which will be enough for next half a day production.!!!!!!

--

Response: at example!

New Generation Perceives and Lives New Truths

Each new generation perceives and lives out something critical that the previous one fails to grasp.

The Positive and Negative Guidance of Subconscious

Our subconscious is constantly compelling us to go here and there, though we are not aware of the fact. To be conscious of our subconscious and its intent requires yogic effort, which opens up channels of the Within so it's wisdom percolates up to our conscious mind. Now our understanding, direction and destiny is fully in our hands.

Additional: Regular consecration, non-reaction, etc. deepens our center, opens the mind above and within (subliminal), causing the superconscient force to make the subconscious less buried, more familiar to us, including its motives and intent. Surrender to Mother makes this fully possible. It makes us understand what is it we want and don't want, which we don't normally perceive. Now through this yogic effort we perceive our buried motivations and intentions.

There is also the negative part of the subconscious including its pessimism and fixed habit and routine that also gets dissolved in this process.

Perhaps in future I will be able to explain it better; more exacting. Others are welcome to chime in here on this subject.

Learning is an Inner Process

People who want to learn rather than constantly express their emotionalized opinion become learned.

The Difference between Emotions and Higher Emotions

Emotions are like flares. They quickly rise up and then rapidly die out. However Higher Emotions - like selflessness, true friendship, self-givingness and gratitude - originate in our deepest being and remain lodged in our hearts forever.

Time Bound Living Perceive Only Partial Truths

We are a product of our times; unable to perceive the deeper, longer-term currents of change.

Children Reveal Parent's Nature

Every complaint about the child from the parent is traceable to a limited quality of the parent. E.g. we complain that our child does not do their homework, yet we give them little attention that would inspire the child to regularly perform that task. The child's room is a mess which we complain about, but our own mind and life is in a state of disorganization and discord. Etc.

Parent's Nature Reflects in Us

What we don't like in a parent, we have in ourselves, often manifesting in a somewhat different way.

E.g. we perceive our father as a bully, which we don't do, yet we behave sarcastically towards others, hurting them. Sarcasm is our form of bullying.

Expressing Wanting Qualities Attract More Negatives

Wanting qualities we refuse to change will grow worse.

Example: Inability of US to deal with inner city poverty has led now to a large part of the Middle Class falling into poverty as well, as their wages have been the same as 30 years ago, though expenses have risen. The problem has widened, as is a challenge requiring new skills,

overcoming unemployment, strain on gov't resources, etc. This is at the level of the society the collective. The same of course holds true for the individual. Putting off dealing with a problem, pushes it down the line, where it gets accentuated, worsens, leading to catharsis and serious difficulties at defining points in one's life.

The Origin of Joy and Ananda

The Joy, Ananda we have as a result of our experience of the Infinite Divine's Knowledge and Love is the reason It has manifest this Life.

The Power of Elevated Consciousness

The right elevation of our own, particular, limited consciousness combined with opening to the Mother's Force will cure any illness.

The Result of Not Seeing from Other Man's Point of View

If you reject or ignore another's practical, helpful suggestion, things can turn troublesome or even fatal, sooner or later.

Supramental Force

Only the Supramental Force and its use by we humans can truly change the world.

Psychic Being Guides Our Evolution

Key to the evolution of Man is the rise of the True Spiritual Individual who takes his cues from Self, from which he is able to intuitivize and create the new world.

Additional: Self = one's Psychic Being, Evolving Soul

He takes his cues from his innermost being, his ultimate uniqueness and purpose for being here, rather than the social norms and expectations of society.

Goodwill toward Others Invite Infinite Happiness

To continuously feel pleasure of other peoples' joy is a means of never-ending personal happiness.

The Power of Inner Stillness

Mother asks us to be very still inside, all of the time, no matter what the circumstance. This is the perfect state for the supramental power and action to have the greatest effect, evoking instantaneous miraculousness in our lives. Ramesh --

--

Kumar: Karmayogi gives another perception. As light is there in fire which cannot be separated - stillness is there in being which has the inherent potential of the soul. For example water and its power cannot be separated. Water rushes from reservoir to produce electricity. Power is the potential of stillness of the water. Public deposits money in bank. Power of money and its potential cannot be separated. So money when comes out of bank comes as industry or commercial complex. Money is the industry or complex in stillness.

So when Mother asks us to be very still inside, all of the time, no matter what the circumstance - it is probably to concentrate only on potential of the soul in stillness.

Or as practically - not thinking, equality, vitally or emotionally not disturbed etc., silence in every part of the being.

To be able to go to silence in every moment of life until we reach Brahman is to realise Brahman conceptually in the higher realms of the mind which Sri Aurobindo calls the thought reaching the Absolute in stillness.

--

Response: Excellent.

Stillness in Every Parts

Stillness is the frontal view of ultimate power to manifest new creation. It is realized in soul, expressing as not initiating in physical, equality in vital, non-thinking in mental, each attracting the Force that creates infinitely in no time.

Dwelling On Deeper Consciousness Reveal Our True Purpose

Regularly contemplate and dwell on the deeper Consciousness behind life, instead of merely going through surface events and daily routines. It will give you a continuous spark and wake you up to the wonder and enjoyment of life.

The Mother's Force

The Mother's Force quickly puts all that is in disorder and conflict in order and harmony.

A recent example: a woman in a training class became very agitated because she could not find a solution to her particular work problem. It disturbed the class leading to frustration, agitation and conflict. The instructor then called for a break, and as he returned he intensely called to the divine Mother to solve the problem. Within two minutes another student most unexpectedly came forward to help the woman solve her complex problem. Also throughout the remainder of the class there was an unusual amount of collaboration and harmony among the students - to the utter amazement of the instructor!

Everything Fulfill their Purpose

Mother indicated that so long as we have nuclear arsenals they are likely to be used.

Life Challenges Our Beliefs Which Are Partial Truths

The individual resistant to the truth is often required by life to solve a problem by embracing the opposite of his belief.

--

Ramesh Kumar: Beliefs are based on some conviction. Usually the opposite will be true. When I believe that I am affectionate person but nobody shows affection - deep thinking proves that we are not affectionate. Similarly when I say money is secondary and work is first - the opposite will be true when the money flow is intermittent.

One who seeks progress should locate in himself for each act, each type of act, each part of being, the belief structure that stands in the way and its true conviction. Locating it exactly is half the effort. Taking the right perspective is truth.

Karmayogi says changing our belief and conviction is like - to change the typewriter into a computer or a rich nation into one that is spiritually rich.

--

Additional: True recent example of my initial remark: A man was in opposition to his subordinates' methodology for tracking projects, a somewhat prejudiced view compared to the subordinates' knowledgeable take. A problem arose in the project plan, which the subordinate could not solve. The manager then attempted to fix it, which he did by realizing the utter truth of his subordinate's ongoing project position that he earlier opposed!

The True Meaning of Freedom

For freedom remains an empty promise unless it encompasses not only the right to vote, speak and worship, but also assures the right to work, to a steady income and economic security, to social acceptance and mental development. (Garry Jacobs of MSS)

Freedom is Not Truly Realized in All Parts of America

Freedom remains an unfulfilled idea in America, a distant goal, perhaps even a fading dream. And the reason is still the same. Those who enjoy the benefits won at such great cost and sacrifice by their forefathers seek to preserve their privileged positions and are reluctant to extend and share what they have gained with others. Freedom to them, like to the slave-owning plantation owners of an earlier period, means freedom for themselves, not assured equality for all. (Garry Jacobs of MSS)

Mikhail Gorbachev's Efforts Lead the Global Freedom

Mikhail Gorbachev won a huge battle for freedom on behalf of all humanity. Because of his initiatives, a democratic revolution spread throughout Eastern Europe and overflowed to other continents. The world became a far safer, more open, freer place where people could move freely and interact without fear or suspicion. The very founding of the World Wide Web was made possible by Gorbachev's radical initiatives, making possible the extension of freedom globally. (Garry Jacobs of MSS)

The Time for the Birth of Supramental Being

The evolution from current Man to the Next Species - the supramental being - is according to Mother as great a change as Man was from the ape. She said it would take 3000 years through Nature's own course, yet can occur in 300, or even 30 with the right forces coming together, including the accelerated integral yoga (conscious evolution) by a group of dedicated sadhaks.

Inner Guidance

Your deepest values and beliefs should guide your way to the future. That alone should be the spark of your Aspiration in life.

On Human Nature of Repeating Mistakes

We repeatedly make the same mistake, as we readily forget the lesson learned.

--

Ramesh Kumar: We make repeated mistakes because we take our strength as life's strength and our weakness as life's weakness.

Life's strength is mainly in psychological development and to some extent in general social atmosphere.

We don't take decisions based on our best of knowledge but only through attributes of vital and emotion like impulsiveness, desires etc., We repeat mistake because we have not educated our emotion based on past experiences- to understand the intricacies of life and personality.

Unless we do that emotion / human ego will defy all the knowledge and wisdom already we have or even sometimes defy the Divine.

Human Initiatives Seldom Bring Success

Avoid getting involved in someone else's work unless they first ask or it is incumbent upon you, as the initiative will tend to backfire.

Every Upset has a Reason of our Own Nature

If you are miffed, bothered by something, that object of concern is at least partially your own fault.

Perfection of an Act

Whenever you perfect an act, even of the smallest kind, life creates better conditions for related act(s) that follow, including need for less effort.

Perfection Brings Success

Perfection of the current work invites unexpected positive developments on future work.

--

Ramesh Kumar: Alternatively perfection of knowledge that pertains to that work – in spite of that work going awry or not moving due to many other reasons - also gives positive development in future work.

Response: Yes, giving attention to a n incomplete work can attract new work.

--

Additional: What instigated my original thought above was that I noticed that after completing a very small task I was carrying out, I realized I had just about created a "complete act". I.e. there was a clear vision of what I wanted to accomplish; willful, enthusiastic energy and emotion; and right execution with skill and positive attitudes. As a result, life responded and the thing I had to do next was made much easier due to sudden availability of more physical space. Thus, that complete act was a kind of perfection, alluded to above, that opened the door to life responding for the next act.

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Ramesh Kumar: Yes Roy sir. My comment is due to a corollary:

Though I tried to bring perfection in execution of work (a contract epoxy flooring job with a new product imported by client) it completely failed to give envisaged performance. They stopped using that product in other areas. Though client retained just 5% of the contract as performance liability - it was much intriguing to me.

I roughly took it as some were my perfection is 5% less. I completely went through product brochures and application methods but could not find any faulty method. I extensively searched in net and found that these kind of products only performs - when laid in 27 - 30 degree Celsius. I asked to give some more areas and even promised that I will compensate if the product is wasted. I kept it in refrigerated van for some time and then applied the same. This time it gave the performance.

Now I think I have got 100% knowledge of perfection in one particular area / one particular product.

Today after Microsoft acquired and Nokia I am one of the few contractors retained by the company along with the international big names like JLL, CBRE, GSH etc.

So the corollary: Alternatively perfection of knowledge that pertains to that work – in spite of that work going awry or not moving due to many other reasons - also gives positive development in future work.

Money and Social Progress

Money is despite Man's abuse of it a Divine force that enables prosperity, well-being, and social progress. Likewise, social progress and development generate more money, and in new forms. E.g. new technologies create new forms of money transactions. This two-way synergy of money and social progress is one of the great powers of life, and one that is accelerating.

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Reader: Money makes many. But it should be earned in honest ways.

--

Response: Money IS expanding greatly because it is increasingly performed in honest ways in the world. It is based on new forms of increasing trust (e.g. new forms of loans, credit, venture capital), which engenders honesty, just as honesty breeds trust. America became wealthy because of super honesty, even when greedy financiers subconsciously attempt to bring it down. Silicon Valley is booming because people there care little about money benefit, but social benefit, which is a higher value. Money therefore flows intensely in their direction; to unprecedented degrees. India has been poor because its people have been dishonest. It is poverty consciousness.

Mantra – Follow Mother

My mantra is "Follow Mother. Stay open to Her Will. Follow Mother."

Additional: By "Follow Mother" I mean an invocation for Her to lead the way for me, which I will follow. Only this - Her Will - shall guide me.

A month or two ago I closed my eyes and asked the following question. "What is my purpose in life." I then heard a voice inside that said "to follow Mother."

Gratitude, the Quality of Soul

Gratitude is an emotion of the Soul. This morning I felt deep gratitude and appreciation for all that Mother has given to me; that she has been so deeply ingrained in my life. It welled up tears of intense emotion and joy.

Being Conscious – Inwardly and Outwardly

Once you know the process of any undertaking - outwardly AND inwardly, you will be well on your way to great success. Life will surely cooperate with such efforts.

Additional: By clearly perceiving the psychological and practical process in a given undertaking or project, you will have the essential knowledge and wherewithal to succeed greatly in any other one, even if it is of a completely different type.

Sri Aurobindo's Yoga Progresses Us to Become Supramental Being

Through Sri Aurobindo's Yoga, including surrender to the Force, the Mother we are attempting to overcome the inexorable laws of Nature, including life and death, and space and time, on the way to becoming a new (supramental) being and species.

All is Brahman

We think that the Divine is separate from us. But everything is the Divine, including all that is occurring in life, and in our lives.

Additional: It is the All, the omnipresent Reality, Brahman, in its various shadings including all the planes from spirit to mater. This Reality/Brahman, ALL is according to Sri Aurobindo the highest conception of existence afforded to Man, and is the true nature of things.

Perceiving the Reality, Brahman

There is the omnipresent Reality, aka Brahman, which is the All -- including the Divine and the body of the divine (the universe), and everything in it, and every circumstance, physical form, thought, feeling, etc. They are all different shadings, forms of the one Reality, Brahman. One can perceive the Reality/Brahman in its myriad of formations not from Mind, but from Truth Consciousness (spiritualized mind of Supermind). In Supermind one sees the utility and interrelationships of every individual thing in creation, such as the interconnection between spirit and matter, or the power of the smallest thing not just the largest, or the necessity of both the positive AND negative for the unfolding of life, etc.

We reach Supermind (to perceive the true nature of the Reality) by regular consecration (opening to the Mother's Force), by taking the other person's point of view, by practicing non-relation to others' intensities, and other means. That has the effect of moving our consciousness from the surface to a deeper poise within, which also opens the mind to intuition and supramental perception where we have integral experience and knowledge of existence, of the Reality/Brahman, perceiving life, all things in its true nature. Sri Aurobindo calls it the Vision of the Reality, Brahman.

The Act of Mockery Brings the Reality to Us

If you mock another's plight, there is a good chance you will suffer the very same fate in future.

--

Ramesh Kumar: In P&P the sharp mocking by Mr. Bennet is in two occasions: (From the speech of Ms. Janani):

1. When Eliza tells about Darcy's help.

2. Mr. Bennet's teasing response to news of Bingley's arrival, when he informs the family that he has visited Bingley, his mocking his wife and daughters, teasing Jane about her disappointment over Bingley.

Result: Mr. Bennet is completely left out of the picture when the proposals come for Jane and Elizabeth.

Karmayogi says sarcasm and mocking is for psychological survival that gives vital energy to live. He says if that sarcasm and mocking is not there in Mr. Bennet - he would have felt his life as a vacuum and so either he would have ran away or committed suicide. It is pent up force finding its release and naturally it will be negative and mean to bring negative life responses.

After reading this I used to see husband or wife who are constantly nagging their spouse and realized the truth of this statement- particularly when constantly negative things happens in their life.

Inner Methods of Overcoming the Client's Opposition

Q: How can you work with a client whose decision maker works contradictory to your recommendations?"

A: We can work inwardly to make the change. We can see the correspondence between their negativity and something lacking in ourselves. Sometimes it is opposite in character. E.g. a brutish manager manages a person who is relatively weak. When she moves to strength, he changes, and even leaves. She can take to stronger action, or even THINK of doing so, and life can move.

This approach can also work with the client who works against us or does not want to change.

We can take to just the right outer behavior and tact in a difficult client situation, through one's character has to be developed enough to choose the right approach. When our inner being is settled in peace and harmony, we spontaneously offer the same to others who are at odds, which will tend to reduce the opposition and contradiction.

We can also radiate Goodwill to the forces who support our view at the client. They can then step forward with Mother's consciousness and press on the recalcitrant decision.

Spiritual Will Never Go In line with Lower Vital

Spiritual life is incompatible with intense lower vital life.

Additional: Lower vital is carousing, wild living, drinking, doping, gambling, intense sex, ego aggrandizement, violence, troublemaking, selfishness, greed, possessiveness, materialism, hatred, etc etc. Higher vital is affection, self-givingness, gratitude, love, humility, sincerity, etc.

Inner Stillness Turns Problem Into Opportunity

The first thing that needs to be established when there is difficulty is a sense of calm and equality of being inside. Now, when evoked, the Force can readily act to resolve the issue.

... as a result the problem tends to turn into an opportunity or other benefit.

Growth In Consciousness

If you desire something, and it reflects a growth in consciousness, it tends to manifest very quickly. Eg a relatively unorganized individual aspired for better organization in the facilities around her, and it occurred on its own very quickly to her amazement.

Money Expansion In the World

Money IS expanding greatly because it is increasingly performed in honest ways in the world. It is based on new forms of increasing trust (e.g. new forms of loans, credit, venture capital), which engenders honesty, just as honesty breeds trust. America became wealthy to a large degree because of a high level of honesty, even when greedy financiers subconsciously worked to bring it down. Silicon Valley is booming because people there care little about money benefit, but social benefit, which is a higher value. Money therefore flows intensely in their direction; in unprecedented degrees.

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--

Response: It is a very valid point. I believe money expanding as it is through greater trust, honesty, and connection as is beginning to happen in the world is a movement out of the Asura (dark forces in and beyond this world). Not fully, because that would require spiritual means, including greater harmony, inner peace, non-ego, self-givingness, etc. Internet technology is certainly a movement out of Asura as it is a great dual for human advancement. Even there it can be abused, which means that only when developments begin with Soul, or spiritual Force, etc. that no dark side is created.

This movement is very uneven, and most countries are burdened with dark forces in different ways (e.g. dishonesty and bribe in India, drugs and violence in Central and South America, financial speculation in US, forced or abusive labor in China, etc. etc).

Sri Karmayogi says money is beginning to self-replicate on its own, another sign that money is moving out of the hands of the Asura. The fact that an Apple has \$150 billion in cash on hand, and similar companies have generated such a hoard, and don't know what to do with it (!) is a sign of money self-replicating. All of the new forms of loans, and credit are further forms. Human Trust is the ultimate creator of self-multiplication of money in the world.

Of course, the Asura that generates such "Black Money" is also there in each one of us. So if we change that limiting aspect, the Asura relents at that point in ourselves, and often at that point in the society as well. We have that universal power within us.

Values and Wealth

Where there are new higher values implemented in companies, success and money follows. E.g. in Silicon Valley Apple values simplicity, ease of use, and having a deep perception of what the public desires. Innovation based on these values created the greatest money-making company in history.

Self-Replicating Money in the World

Self-replicating of money occurs when it expands exponentially on its own, progressively moving to all peoples in the world. It occurs when people move from the physical and vital plane to the mental plane of higher values, including greater harmony and trust. That adds a new subtle dimension, creating more space and possibility for money to flow, and replicate itself.

E.g. 700 million people in India and China moved out of poverty in the last 20 years, the biggest shift in world history; and it still continues. There the values changed, which opened up new channels of possibility, releasing a tidal wave of prosperity for those entities.

Thus, self-replication of money is due to emerging higher consciousness in the world that has a subtle power to move rapidly and utilize itself to create more of itself. Vast sums of money

are generated seemingly out of nowhere, like the Silicon Valley companies that have generated nearly a trillion dollars in cash with little or no debt.

The rich getting richer without their consideration of prosperity expanding to the other classes prevents money from Self-Replicating (i.e. where vast sums spontaneously emerge from smaller ones). It is an abuse of values; a physical consciousness movement of selfishness and possessiveness, instead of expansive sharing and trust.

Inner Guidance Combined With Spiritual Force Gives Ultimate Solution

The strains and problems of the outer life are becoming so acute that only an inner life that utilizes the spiritual Force will be able to discover unprecedented solutions that enable us to navigate to the other side.

Experiences Makes Us Experts

Where we suffer and overcome, we become experts in that or related areas.

Example: Bill Wilson through his faith overcame his severe alcohol addiction, and then went on to found Alcoholics Anonymous (AA), the largest organization of its kind in the world.

The Emerging Sign of Infinity

We have entered a glorious age where any individual in front of his or her pc or mobile device with a great idea can connect via the Internet with others anywhere in the world and change society in his particular field or domain. This was beyond imagination just a generation ago, and is a further sign of the infinity of the Infinite Divine further emerging in the world.

Withholding the Urge of Complaint Evoke Positive Conditions

So often when we complain about another, such as their inaction or wrong action, it is because we instigated it in the first place. E.g. an order taker was supposed to fill an order for a customer. However, he either neglected to do so or was not unaware that it was his duty. As a result the order got delayed, and had to be filled by another worker. The order taker then became upset with that worker because the order taker now needed help from the worker at the cash register since more customers had now arrived, and the worker was not readily available. In essence, the order taker had created the situation that caused him to be irritated. Thus, it always best to withhold blaming others for difficulties that arise, and instead take personal responsibility. One way to do that is to be still and silent when difficulty arises, which tends to quickly elicit positive conditions that otherwise would not have come about.

Do Not Take the Situations for Granted

If you take advantage of a situation you are not entitled to, that aspect made use of will soon disappear. Eg a man went to a coffee shop and sat outside on the comfortable couches, but did not purchase anything. A few days later when he did the same, he learned that all the outdoor couches had been stolen.

Negative Sign and Outcome

A negative sign will normally precede a negative outcome.

On Marriage, Romance and Higher Consciousness

Normally where marriage begins romance ends. However, through higher consciousness toward one another that dynamic can be overcome.

Our Surrounding Affects Us, Positive or Negative

An urge unfulfilled can be subconsciously passed on to another in close proximity, which can bring them difficulty, including danger.

Additional: It is a truth that vibrations can get passed around among individuals, whether positive or negative. E.g. an opportunity, such as a romantic possibility not taken by an individual is readily "offered by life" to someone else nearby. A study would be in order to gather and review such "force and energy switching" developments. It can be ascertained by studying great literature and film, as well as real life, which very often reveal such life movements, enabling us to understand the movements more precisely and thereby develop life laws and principles in this area. I witnessed a particular situation, which compelled me to write the original quote above. But what that was I hesitate to reveal at this point.

Stillness Solve the Problem Miraculously

Stillness in the midst of trouble is like being in the calm eye of a hurricane, but where the surrounding turbulence quickly dissipates.

Inner Moves the Outer

Harry Potter and friends use magic to change life conditions. In their classroom they learn about the right spell for a given situation to create instantaneous beneficial outcomes. We essentially do the same by understanding the rules, methods, correspondences, effects of the miraculous-like phenomenon of Life Response in order to bring life's conditions under our control; to become its master.

Additional: Sri Karmayogi indicates that children taking to magic (which is not real) are like training wheels for taking to the spirit, with its, multifaceted true enchantment.

Thy Will Brings the Best Solution

One way to solve a problem is to ask Mother to solve it as we would like. A better way is to ask Her to solve it in Her way, as She deems best. That opens us up to the infinite potentials, instead of just the one line we favor.

Concentration and Consecration Brings Opportunity Near

Being fully absorbed in a work that is consecrated attracts the greatest possibilities.

Consecrating Negative Sign Abolishes Its Outcome

Everything is foreshadowed, including the negative. If however we consecrate the predecessor negative circumstance when it presents itself, no matter how small, the greater corresponding negative outcome will be prevented.

Inner Gratitude Turns Negative Situation to Positive

Instead of complaining about someone or something, think about it and well up deep feelings of gratitude toward that person or entity. As a result, that which you had reason to complain about will quickly turn positive. It is a (life response) miracle to behold! If you are a devotee of Their teachings, feeling gratitude toward the Mother for all She has done in your life will have that same effect, and then some.

Life Constantly Reveals To Us By Subtle Hints

At every moment life is presenting us with synchronous signs mirroring what we are currently experiencing. Eg you think of a friend with a serious issue, and suddenly on tv appears a story about someone with the exact same problem. Unfortunately, we live on the surface of life, and therefore miss 99% plus of such occurrences. However, through higher and deeper consciousness they readily appear to us, and become a source of constant wonder and delight. They can also be a subtle, yet powerful means of guiding our future actions in right directions.

Sri Aurobindo's Yoga Guides Us the Path of Evolving Supramental Being

If we learn how to summon the Energy, the Conscious-Force into our cells in just the right way, we can begin to overcome their programming, leading to our capacity to overcome any illness and the decay of the body, and eventually a kind of immortality; i.e. the ability to live as long as one wishes. Learning that process enables us to become a forerunner of a new species beyond the current human. This is the experience and teaching of the Indian seer and sage Sri Aurobindo.

Mother's Force Release Us from Physical and Subconscious Limitations

The subconscient (subconscious) is dark, pessimistic, and lords over illness and our dreams. It is one of the aspects of transformation to our highest nature that need to be overcome. There is also the physical consciousness, which tends to want to repeat, not change, go on indefinitely and in the same manner, which leads to boredom, listlessness, humdrumness, etc. This too has to be overcome in the transformation. Calm, patience, and opening to the Mother's Force when they arrive is the sure means of overcoming their hold over us, so that we can continue on the path of the mental, vital, and physical change of Sri Aurobindo's Integral Yoga, and the emergence of new type of spiritualized individual existence.

Life Coming to Us As Opportunities

Life normally comes to us as new opportunities, developments, and other positive responses when we are not thinking of them at all, and are fully absorbed in the current work or conditions.

Uniting with Mother's Will

Mother is working hard to open the portals of possibility in the world. Let's open to and collaborate with Her efforts!

Avoid Expressing, Feeling, Thinking Negatives about Others

If you don't have something positive to say about a person or entity, it is best to avoid expressing it. It tends to evoke the negative and that which is conflicting. This is at the physical level of speech. We can avoid it at deeper levels still. We can withdraw the critical feelings inside us at the level of our vital emotions. Further still we can eliminate the criticism as a thought in our mind. Physical to vital to mental we can withdraw all negative expressions, sentiments, feelings, and thoughts about the other, which will tend to attract positive conditions in its place.

It is another form of non-reaction, i.e. equality of being inside that creates harmony and goodwill among the parties outside, or the separation and parting of them as life sees fit; as well as new opportunities and benefits all around.

One final step is to consecrate this process, offering the outer and inner critique of the other person, party, or entity to the spiritual Force at various steps along the way. We can even offer an unnecessary criticism of another person or entity that has occurred in the past, which we call "past consecration," which too will evoke the positive from life.

Moments of Unforeseen, Unexpected Awaits In Front of Us Always

Nor let worldly prudence whisper too closely in thy ear; for it is the hour of the unexpected, the incalculable, the immeasurable. (Sri Aurobindo)

Additional: Whenever the spirit is operating in the world, the infinite breaks out in incalculable, immeasurable, unexpected ways, never experienced before. Therefore, we should always be open and prepared for these unprecedented unfoldings instead merely accepting that which is practical and prudent. The Internet is a great example. So was the Renaissance; and even the hippies. Much more awaits us; things we cannot even dream of that brings the consciousness of the world dramatically further forward.)

Comment: This is such a beautiful statement!

Surface Living Is Partial, Deeper Living Reveals Our True Purpose of Existence

The deeper one goes toward the Soul, the greater the knowledge and wisdom. Living on the superficial surface, dominated by the visual and auditory sense, we have a very part knowledge, itself riddled with error, false assumptions, etc.

Stationed in the Inner being also means connecting to our true purpose; and the attitudes, values, behaviors, and actions that issue from it. The more often and deeper we are stationed within, the more these express intensely and positively in our being, in our lives.

From this deeper poise we see the best way forward. We feel clear, positive, cheerful, filled with optimism and energy for adventure and progress.

Materialistic Judgmental is Always Prejudiced

When an interesting bit of news breaks, observe how people jump to conclusions, such as in their comments to a story on a web site. It is not the mind, but the emotions thinking, which very often means inadequate knowledge, false assumptions, prejudiced view, anguished protest, and all other forms of ego and ignorance presenting the worst of "mental" man.

Further thought: One somewhat humorous aspect of this dynamic is to observe how strongly people feel about an issue, only to take the opposite view a week later! The universe gives us this freedom to reach the truth through any circuitous route.

Values Determine Our Future

Always the key question of your life is "What do you want?", and the answer to that is or should be "What do you value?".

Contraries are Compliments

Mother gives us the profound rule that the greater the difficulties, the greater the opportunities.

The Psychic Guidance

Beyond our outer nature, our surface self, and all that happens to us - past, present, and future - is the psychic entity, the evolving soul within you. It is your True Self. And if you dwell on it, you will see that it is a flame behind the heart that radiates throughout your individual nature. Moreover, you can access it, experience it any time, enabling a life of deep Peace, profound Harmony, Infinite Possibility, ultimate Adventure, and ecstatic, never-ending, supreme Delight.

Organization Leaves No Gap Behind

Often if we are in rush to do things then something isn't organized in the work; yourself or outside. Urge to do the work is a good thing, but when things fall behind, urge turns into something negative. If it happens often, something is amiss. Organization includes cleanliness, orderliness, systemization, timeliness, punctuality, reliability, proper planning, etc.

Buddha's Statues Contrary to His Teachings

Many of the largest statues in the world are of Buddha or emanations of Him, often rising 400 feet tall or more. Yet Buddha was against the adoration of material objects, as he considered them illusion, not the essence and spirit of life. Thus, these gigantic idols though impressive, even inspiring, seem to be at odds with his teachings.

Infinite Consciousness To Become Infinite Beings

An Infinite Consciousness extended Itself and became an infinite universe of forms, including us. Now we have that same power of consciousness within us to become infinite beings.

Attracting is Alignment

From your perspective you are ATTRACTING the result or another party in a positive life response event. But from a wider perspective you are actually moving into ALIGNMENT with that result or party. This is verified by quantum physics' Entanglement phenomenon, also known as Non-locality.

Spiritual Resourcefulness

Perceiving the positive behind the negative is spiritual resourcefulness.

Indicators Of Success In Work (updated)

What indicates success in work? Let's list some out:

- Accomplishing what was intended, or more
- Goals achieved, even exceeded
- Plan executed as intended, or better
- Work completed on time, or sooner
- Results matched, even exceeded expectations
- Challenges met
- Application of personal, work, organization's values
- New skills, knowledge acquired
- Benefit to others
- Appreciation of others
- Things learned for future work
- Life lessons learned
- Improves the organization
- Is a template for future success
- Learned from mistakes
- Advances the field, craft, industry, etc.
- Spawns new types of work, projects
- Enables the field to expand - in the industry, in society
- Opening of new possibilities, opportunities
- Enables social progress
- Happy, shared connection and interactions
- Commensurate income, or more
- Higher standard of living
- Benefit to family, spouse
- Increased status, prestige
- Personal fulfillment
- Personal growth
- Higher consciousness
- Spiritual fulfillment

Further Comment: As soon as I listed out the factors that make for successful work - I did it because I wanted to attract opportunities - I received a bunch of new work. This focus was telling. This proves one item above about how a successful work enables the learning of (subtle) life lessons; here life response related. I.e. focusing on the nature of work attracts more of it.

Applying Subtle Life Laws Evoke Joy

Joy is the end result of discovering and applying the subtle life laws and methods that enable greater success, well-being, harmony, peace, and love in our lives.

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Reader: Joy is the end result of discovering and applying the subtle life laws and methods that enable greater success, well-being, harmony, peace, and love in our lives.

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Comment: Yes, that's it. You show the life response power in applying these laws and methods that attracts infinitely in no time, bringing great joy and delight through the experience.

Materialistic Judgmental is Prejudiced

Unemployment and limits of unemployment (low wage, low hours worked) are the root cause of poverty, crime, and decay. Greater education and opportunity are invariably the ways out.

Sense Data Deceives Us

Man in his lower consciousness believes only in what he sees with his eyes. His conclusion is based on sense data alone, and as a result, his conclusions are faulty. He does not think. If he did, he would reason and perceive other possibilities. We each do this many times in the course of our days. We come to erroneous conclusions based on what we quickly see and hear, instead of considering the possibilities. In the famous film 'Twelve Angry Men' we see how this is overcome, avoiding tragedy. A man with a developed, probing mind and intelligence leads the way. From a deeper consciousness, we are less likely to judge from sense, and more likely to reason, and therefore perceive the true truth of things. Such a deeper poise can be fostered by spiritual methods and approaches over time.

Idleness and Aspiration

Idleness exists because our life energies are not absorbed in productive work. What generates aspiration in ourselves will overcome this as we will be motivated to want to work to achieve our goals and dreams.

Consciousness in Various Forms

Accepting in consciousness the infinite variety, variation, multiplicity of things, including each thing's utility - even the negative or small - is to have a vision of the true nature of Reality. It is exactly what the Source intended - both as possibility of forces and forms that emanated from Its conscious Energy, but also for each of us to experience and realize in the details of our lives.

Process of Infinite Emerging from Finite

New realities are created out of potentialities, opportunities seized, which opens the door to new potentials, opportunities, ad infinitum. It's how the infinite emerges from the finite.

The Mother on Faith

- An absolute faith and trust in the Grace is, in the last analysis, the Supreme Wisdom.
- It is when all seems lost that all can be saved. When you have lost confidence in your personal power, then you should have faith in the Divine Grace.
- Have faith and unshaken confidence. The Divine Grace will do the rest.
- Keep good faith in the Grace. She is the doer of all miracles.
- It is only by remaining perfectly peaceful and calm with an unshakable confidence and faith in the Divine Grace that you will allow circumstances to be as good as they can be. The very best happens always to those who have put their entire trust in the Divine and in the Divine alone.
- And this faith--sincere and constant--is at once our help and protection.

- Continue to have full faith in the Divine's Grace, Will and Action and all will be all right.
- The Grace and the help are always there for all who aspire for them and their power is limitless when received with faith and confidence.
- At the very moment when everything seems to go from bad to worse, it is then that we must make a supreme act of faith and know that the Grace will never fail us.

We can overcome our animal nature by being aware and taming our fear, hate, violence, desire, possessiveness, need to dominate, selfishness, ego, etc. Higher consciousness catches and overcomes these.

Further comment: Educated people are aware of these. Psychologically and spiritually educated individuals are not only aware of them but actively change those limiting qualities in themselves.

Dependence on Others is a Bar to the Progress

A key to great accomplishment in life is avoiding dependence on others of various sorts, whether financial, emotional, or other. Independence and self-reliance are spiritual qualities of self. Dependence on others is replaced by giving to others in the process that attracts success.

The Reason for People's Interest in Life Response Topic

People really enjoy reading life response incidents because it is applied awareness, consciousness that gets RESULTS in miraculous-like ways.

A Brief Analysis on the Topic of Sarcastic Nature and its Effects

Sarcastic humor bordering on boorishness gives one pleasure; but life does not like it, invariably attracting the negative.

Further Comment: Anger, feelings of inferiority or superiority, jealousy, narrow-mindedness, destructive need, lack of culture, ego, position of weakness, bitterness, dissatisfaction, meanness, social convention adhered to, disdain of another's position, support of prejudiced view, petulance that simply likes to take the opposite opinion are several causes or underlying aspects of sarcasm. The goal should be to extricate sarcasm in the thoughts and feelings whenever it appears, replacing it with agreement, goodwill, and even silence in words, thoughts, and feelings. Taking the other person's point of view is a powerful spiritual approach.

Sri Karmayogi says "Sarcasm soils the soul."

Mr. Bennett in *Pride and Prejudice* was sarcastic as he was bitter that he was married to such an obnoxious fool and could do nothing about it, and had daughters he was unwilling to properly raise whom he considered foolish and silly.

Karmayogi adds:

- Sarcasm is the petulant perversity of the inhibited freedom by vulgarity.
- Sarcasm in any fashion refuses culture in any shade.
- Sarcasm murders goodness of any description.
- Sarcasm is the result of darkness expressing through intelligence.

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Ramesh Kumar: Excerpts from my article on Sarcasm - written in another forum:

Sarcasm can be classified broadly into two heads:

1. Sarcasm based on formed opinion;
2. Sarcasm based on mean intelligence;

Sarcasm based on formed opinion - is that opinions developed by the society like - fair skin is good (sarcastic expression - blackie - karuppan), height is advantage (sarcastic expression

- shortie - Kullan), city person is well mannered (sarcastic expression - village person - Ooru naattan), etc. which can generally be characterised as nick names.

Sarcasm based on mean intelligence - is dangerous version of Sarcasm. It is judgment with a hidden anger, brought to life for a pleasure in punishing - which cannot be gained by a positive expression. It is actually to gain a control of situation which he does not deserve, or which he cannot get. Karmayogi gives an example of an office person - who otherwise cannot be bogged down - can be bundled when he hears a comment on his "childlessness".

To avoid this in us:

1. To recognize the source of discontent that brought this sarcastic utterance.
2. To find - by this sarcasm, what kind of upper hand or authority or official position or social position or image we are trying to project.
3. Why cannot we actually be like that - the insecurity, inability, incompetence behind that, irresponsibility or culpability with a problem or issue.

The results should be -

1. Admiration of that person - who received the sarcastic remark.
2. It should then change to aspiration, as we now know what we lack and initiating to get it. Because one cannot aspire for anything that he does not know - EXISTS.

On Rising to the Pinnacles of Success

We can apply this method to achieve anything: put the urge of our being behind it, seek the enjoyment of that experience, commit ourselves to the idea, work out the necessary plans, and release our full enthusiasm. Then if we add the one extra ingredient of relying on Mother and Her force, rather than on ourselves and our capacities, and with that Force we act, there is nothing in the world that we cannot accomplish. (paraphrase of Sri Karmayogi by Ramesh Kumar)

Additional (from same source): Motivation is one that integrates - the aspiration for the goal, increases level of obligation, sincerity to adhering to the force that helps to attain that goal, understanding the rules of the atmosphere to get necessary strength.

On The Mother's Mahasamadhi - November 17 (by Sri Karmayogi)

Balaraman is a mirasdar living in his native village. He is devoted to the Mother. His entire family is devoted to Mother. His thoughts come to him as images; rather, he thinks in images. Whenever he meets me he used to describe the many visions he had. Some are of Mother and others are of life. I used to think the Rishi was in him. One day late in the evening he came out of his village house and he was struck by a vision whose immensity immobilized him. Standing on the edge of the road outside his house, he saw a huge light (Brahmanda jyothi). To his great surprise, it fragmented into a million bits of light that spread all over the world, and each bit lodged in one human being. He was overwhelmed by the vision, but by itself it explained nothing to him. The next morning the All India Radio announced that The Mother of the Ashram had attained Mahasamadhi and She had left her body at 7: 30 p.m. the previous day. This news and the time of Mother's departure immediately helped him understand his previous day's vision. It showed that Mother had not merely left the world but was enshrined in every human heart where a soul lodged.

In debate and other mental functions, the mind tends to follow only one line of thought and opinion, which causes us to immediately fall into the trap of limitation of knowledge that the many-sided Truth of anything reveals.

You see this frequently when people comment on an issue. They immediately take to one side, and virulently, doggedly so. The mind fights for its right to express a very part knowledge of the truth, telling the world that the stream is the ocean, when in fact the ocean is the ocean that it is ignorant of.

However, in mind's silence, the many sided truth is revealed through intuition, or the individual simply remains quiet as he wishes to learn from all sides of the matter, giving him the integral knowledge of that matter for the future.

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Ramesh Kumar: Yes! The following are some of the lines taken from Karmayogi's writings:

- The dynamics of action acquire the proportions of silence in mind.
- That we are maturing and evolving from readings and experiences is indicated by Silence of the mind.
- He defines this silence in mind as "all thoughts based on prejudice, opinions, preferences, past experience and comforts is fully absorbed by silence of mind. It is psychic coming forward.

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Comment: Very fine Ramesh, and helpful. Will try to implement those specifics of silence -- prejudice, opinions, preferences, past experience and comforts -- more often.

Forget Religion, Gods, and Become Divine-Like

Religion is not the same as spirituality. It is only distantly related. It is mostly rituals, dogmas, tradition, social convention, limited perceptions of reality, outworn beliefs that does not want to go further, fixed in stone mentality, discouraging the follower from experiencing the spirit directly, while merely honoring its character and founders.

Hinduism, being more of a series of widely diverse tenets of existence than a single teaching is somewhat of an exception, but even there the current honoring the Gods -- instead of becoming divine in nature one's self as its great wisdom advocates -- is a serious impediment. Mother and Sri Karmayogi asks us to give up Gods and become God-like; divine, higher consciousness beings ourselves.

Note that Sri Aurobindo rejected the plane of Overmind (of the Gods) as what is to be ultimately attained, instead advocating surrender to the higher plane of Truth Consciousness (Supermind) that Mother personifies to enable ultimate transformation of our being to help bring about a new supra-human species and a divine life on earth.

Non-Expectation Evoke Life Response

Not expecting brings the unexpected.

Additional: When you over expect, anticipate something to come about, it tends to get delayed or even cancelled. This is how life responds. It's a negative response. When you give up an expectation, even forget the matter, life rewards you with unexpected positive results.

Karmayogi says, even in "unexpected" we expect some rewards of the higher plane or higher consciousness. They do not come even for an unexpected attitude of equality.

The finer things in life are to be waited for with no expectation in its integrality. When they come, they come on their own. There are rewards of the higher plane. They wait for the maturity of the plane and satisfaction of the soul expressed as inability to know that possibility. (cannot give explanation for the last line. Nice if you can infer some).

Everything Happens for a Purpose

When you undertake a task and things go wrong, don't get upset, because it could be leading to other developments required that make the act more integral and complete.

E.g. you go to the FedEx center to fax an important set of papers. However nothing works. Yet you do not get upset. When you contact the vendor by phone, you discover that actually much more was needed to be sent. In fact, you find out that a series of things were needed beyond what needed to be faxed. Now you are able to gather all the necessary documents, payments, etc. and send the entire package by post. Had you not done this, and the fax worked, the application would have been woefully inadequate and time-wasting. In other words, as a result of the fax not working and not being bothered of the fact, you came up with an integral solution that the other party required in the first place. Now the activity is more complete. That is the power of non-reacting to the negative; even seeing its value.

Supramental Power Aware of All Possibilities

Why does Mother, the Force set right life conditions when evoked? It is because it is the Supramental power, the Truth Consciousness, which knows what the perfection of the current conditions can and should be, and has the power to make it so.

Mockery Or Making Fun Attracts Further Negative Events

If you make fun of something, life will compel you to be the victim of what you mocked or similar.

Example: a man good-naturedly and jokingly made fun of the limited snacks made available by his training company for the students he was training. Several minutes later he decided to join with several students and have one of the soft drinks. When he then drank it, he was astonished that it was completely flat and had absolutely no taste, which was not only very surprising but particularly irksome since he looked forward to having the drink.

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Reader: this is so true, because words have an agenda, and an energy, with consequences, responding to the good or the evil spoken, or acted out.

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Response: H, beautifully explained.

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Reader: lol! this happens to me all the time. so I stopped making fun of anything, even innocently.

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Response: Congratulations S. May we follow in your footsteps.

New Thoughts Require Empty Space to Get Manifest

The problem is never how to get new, innovative thoughts into your mind, but how to get old ones out. Every mind is a room packed with archaic furniture. You must get the old furniture of what you know, think, and believe out before anything new can get in. Make an empty space in any corner of your mind, and creativity will instantly fill it. (Dee Hock)

Comment: Dee Hock discovered the Visa credit card, perhaps the greatest breakthrough in the history of money. He accomplished this by following the idea of his quote of discarding the old ways that were blocking the new enabling the new to occur. The new in his case was the idea of a universal credit card (that became the Visa card) that any bank could use, instead of each bank creating its own card. It enabled trillions of "trust-based" monetary transactions.

Various Thoughts on How Expectation Cancels What One Desires and the Way Out (By Sri Karmayogi)

--Man's desire for results without effort or responsibility expresses as expectation.

--The only service expectation does is to cancel that particular possibility.

--Expectation brings the opposite results.

--Expectation ends in disillusionment.

--Expectation brings into the realm of imagination what life has denied one in future.

--All accomplishments are made first inside and later expressed outside. Expectation tries to express it outside first without creating it inside.

--Expectation is reliance on the external.

--He who expects should go inward and accomplish there first.

--By expecting people to come or expecting a result, one develops an expectation that leads to frustration. Expecting Mother makes one rich. Still it is better to shed expectation and replace it by aspiration.

--Expectation is a crop that grows without sowing. Diversion is a major help in getting rid of it. When one is so diverted in Mother, expectation dissolves and Mother is the only standing crop.

--Expectation is to be avoided for opportunities to arise. They can be enjoyed only when there is no expectation. Nor can the expectation have any place after the opportunity is fully availed of.

--Capacity for expectation will cease if the capacity for initiative ceases. Initiative expects.

--To lie in wait without expectation is to be moveless in Timelessness.

--Elimination of expectation is to rise from thought to intuition.

--Absence of expectation or calculation is a measure of yogic readiness.

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Reader: It is true that we always find the results better when we focus on Mother without expectation. However, how is the devotee (not yet a sarva amba pari tyagi) to distinguish between expectation and aspiration, particularly when using the methods of the Secret such as visualisation and affirmation with strong emotions?

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Response: N, it's a very important question. Garry Jacobs Sir influenced by Karmayogi addresses your issue head on in this section of MSS's article on The Secret. It is whether visualization works and why it often doesn't, indicating other qualities are required to evoke the response, such as planning, action, changing attitude, will, intention, aspiration, etc. There is also non-initiating and non-expectation and non-reaction to put into the mix. Discovering that perfect blend for a particular person -- in terms of their character, spiritual development -- when they after a particular objective is a subtle science of inner psychology. When I listen to others' problems, challenges, intentions, always a few wanting qualities of that person stand out. That is where I focus my attention and give advice. That often evokes the reasons when they take it up. Once it is known and that person adds Mother as the topper then it is nearly infallible in producing life response results. Doing it for one's self is a greater challenge still!

The Power of Honesty

Honesty attracts more than you expected. Dishonesty less.

Pray for Values Rather than Results

We should aspire less for more money, success, love, etc. but for more Capacity (skill, knowledge, right attitude, effort, strength, organization, self-givingness, values, use of spirit, etc.) to generate them.

Perfection Leads to Future Possibilities

When you perform an activity carefully and to perfection -- whether something simple or complex -- out of nowhere an opportunity tends to instantly arrive.

Further comment: The idea came out of today's personal experience: I was doing my taxes, and trying to do it to perfection. At each point I focused on the specifics of that step, aiming to do what was correct, honest, and complete, I found more money to claim, which was a benefit. Moreover, at the very instant I completed the entire activity an unknown potential client called with an excellent opportunity.

On Overcoming Limits of the "Higher" Ego (MSS)

Normally man wants his desires to be fulfilled. Better individuals seek the fulfillment of their ideals. Desires or ideals both are of the ego. They operate through our physical, vital, emotional and mental satisfaction urges. Mostly it will be based on our habits, our preferences and our comforts zone. All are attributes of ego. Opening comes only when the ego dissolves.

Only when we come out of our routine, monotonic ways of making things and works we can utilize our fullest capacity. For example normally we clean our house as per our ideas, preferences and comfort every day. We perform higher in Darshan days. Think of how it will be if Karmayogi says he will visit our house.

No part of our ego will work. Only mind- the highest part of being we can recognize -will work to its fullest capacity to express the absolute of all things that we can clean or organize, an opening to receive higher consciousness. For man to express the Absolute, such an opening - working for higher force, receptivity for higher force is necessary.

By ego we normally think of pride, selfishness, arrogance, assertiveness. All these are the lower, mean and narrow forms of ego. Except Spirit, which we are not aware of, all our parts of being are made of our volition, urges, motives, and attitudes which are of the ego.

Karmayogi wishes us to reject all that comes from the ego and await the divine inspiration- which is opening.

Prejudiced Mind Involves Blaming

Blaming is often due to missing knowledge on our part.

Example: You hastily blame someone for a problem, only to discover more information about that person's situation enabling you to understand that they are not to blame at all. It's a very common experience; one that eludes our full awareness.

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RK: The more we blame persons, force, atmosphere, circumstances, the more we turn away from true knowledge and the true solution to our problems or progress. Consciousness responsibility starts from not blaming others for anything,

All irritating, provoking, or negativity that occurs to us is to show the areas that we need to change or need to acquire more knowledge. If we can do this -with each persons, forces, atmosphere, circumstances-, they grow in self-awareness, Purity and humility is the result and starting point of shedding the ego.

All is Brahman

Every physical being on this planet is your partner in co-creation, and if you could accept that and appreciate the diversity of desires and beliefs, all of you would have a more expansive, satisfying, fulfilling experience. (Abraham)

Forgetting a Problem to Attract Its Dissolution vs. Giving It Attention

We know that one of the major ways to deal with a problem is to simply forget it. Those praying for rain who did not secure it, stopped praying for rain and forgot it, and rain came. The same with giving too much attention to a pain; as it only gets intensified when given too much attention. The problem can dissipate when ignored in these situations.

When in the consciousness of the depths culminating in Soul, one is less and then not attached to the surface problem, so it has that power to evoke the positive result through detachment. It is related to what Sri Karmayogi calls the method of "non-reaction."

This is an approach that is not appropriate in all situations. If a bus is about to hit you, you should react and take action. If debtors are knocking on your door, you should pay back. It is life compelling you to do so.

Where the boundary lines are between these two approaches is an interesting science, knowledge that perhaps others can comment on.

Soul always know which direction to take, whether action or detachment. It has that subtle distinguishing capacity, which percolates up as guidance from below/within to our surface consciousness.

One must always observe and apply the appropriate life law to the commensurate situation. That occurs through subtle sense. Constant consecration enables this. There is also the array of subtle laws of life, which we can learn as a Life Knowledge, a plethora of which Sri Karmayogi has offered the world.

Consecrating to Spiritual Force Guides Us to Right Decision

It can be a razor thin line between whether a proposed vast municipal project will become a great success vs. a boondoggle and waste of the public's hard-earned money. Looking into the future, it can go either way, based on so many forces. And yet if we develop the power of Intuition or better yet Supramental Perception, i.e. full integral revelation of the truth inside us, we can far more easily perceive what is the right direction to take -- to go forward or hold back -- and have that decision prove to be the absolute right one long-term. Consecrating the potential project, endeavor, work, etc. -- i.e. self-offering it to the spiritual Force-- will reveal the right course of action (or inaction) from that point forward.

The Mother on Divine Love

When one has found divine Love, it is the Divine that one loves in all beings. There is no longer any division. (The Mother)

10 Essential Methods of Sri Karmayogi to Evoke Positive Response

1. Consecrate to Mother each activity engaged in.
2. Raise your level of cleanliness and orderliness.
3. Do not react to the intensities of others, life, remaining absolutely still.
4. Accept the other person's point of view, suggestions, etc.
5. Try not to initiate actions, but respond to life's initiatives, opportunities coming to you.
6. Withhold speaking out a thought, which attracts others to speak it out.
7. Refrain from giving opinions, wasteful speech, remaining silent.
8. Inwardly shed all negative feelings toward others, even turning it into goodwill.
9. Do not complain about anything, anyone. Always take personal responsibility.
10. Be self-giving, not taking.

Power of Withholding Helping Others

Sometimes we need to refrain from volunteering to give another help when they ask for it, and by doing so evoke the very best conditions for that person. In the film 'Ray' about the life of famed blind American musical artist Ray Charles, the boy as a blind child begs his mother for help to guide him through his darkness as he approaches her. While always accommodating him in the past, this time the mother catches herself and holds back from doing or saying anything. After a short period of anguish, something remarkable starts happening, as the boy now begins to hear subtle sounds of things that he was unable to perceive before. He can now distinguish between many different sounds of many different things, giving him the capacity to now navigate the world as a blind young man on his own, something he would make great use of the rest of his life. That is the life response power of withholding helping others so that they can in essence help themselves, evoking magnificent life response results to that end.

Intense Will

"Where there is a will, there is a way." Life responds to intense will; overwhelmingly to intense will sustained.

RK: Karmayogi says intense will comes from the emotion in other words from the heart. That can be brought by firm decision in mind. The firm decision means – constantly replacing negative attitudes, biased opinions, impatient expectations, confused rambling thoughts on our will and aspiration - with clear, objective goal for a silent receptivity that allows a higher understanding to be born. Intensity of the will is strengthened by rejecting turbulent feelings, insatiable desires, possessiveness and selfish demands.

The effectivity of our will depends on the development of our consciousness in positive manner towards that goal. To the degree that this inner mastery and perfection is achieved, outer

conditions and events take on a strongly positive and cooperative character. Now life brings constant all opportunity and atmosphere to fulfil our will.

Human pity is born of ignorance and weakness; it is the slave of emotional impressions. Divine compassion understands, discerns and saves. (Sri Aurobindo)

Feeling Positive About the World, Our Surroundings, Our Circle

One of the most important decisions you'll ever make is choosing the kind of universe you exist in: is it helpful and supportive or hostile and unsupportive? Your answer to this question will make all the difference in terms of how you live your life and what kind of Divine assistance you attract.

Remember that you get what you think about, whether you want it or not. So if you believe that this is an unfriendly universe, you'll look for examples to support this point of view. You'll anticipate people attempting to cheat, judge, take advantage of, and otherwise harm you. You'll blame the antagonistic, inhospitable cosmos for not cooperating with you in the fulfillment of your desires. You'll point the finger at belligerent people and bad luck for the kind of world we all live in.

I implore you to see the universe as a warm and supportive one because you'll look for evidence to support this view. When you anticipate that the universe is friendly, you see friendly people. You look for circumstances to work in your favor. You anticipate good fortune flowing into your life.

My favorite affirmation when I feel stuck or out of sorts is: Whatever I need is already here, and it is all for my highest good. Jot this down and post it conspicuously throughout your home, on the dashboard of your car, at your office, on your microwave oven, and even in front of your toilets! Remind yourself: I live in a friendly universe that will support any thing or desire that is aligned with the universal Source of all.

I've found that by shifting my belief about the nature of the universe, I attract whatever I desire into my life. I desire love. I desire peace. I desire health. I desire happiness. I desire prosperity. When I pray, I do so in the spirit of Saint Francis, who beseeched God to "make me an instrument of your peace." In other words, "Let me be like the Source from which I originated, and then I will rest in the knowing that my desires must be here, on their way, and for my highest good. (Dr. Wayne Dyer)

Key Inner and Outer Behaviors That Quickly Attract Positive Conditions to Your Person

- Be positive, optimistic, and cheerful
- Give up a wanting attitude or belief
- Turn negative emotions positive
- Try to make any situation better
- Choose what is positive and helpful
- Make a decision about something
- Take the necessary physical action
- Embrace what life has put before you
- Overcome any reluctance you have
- Feel deep enthusiasm in your work
- Make the full exhaustive effort
- Take responsibility for a situation
- Increase cleanliness & orderliness
- Systematize an activity
- Organize facts into ideas
- Maximize the use of a resource
- Give people/objects more attention

- Implement money-attracting strategies
- Shift your focus to others
- Be selfless and self-giving
- Show gratitude to others, life
- Send others good will
- Forgive others when wronged
- Take to greater psychological strength
- Hold back a thought so others speak it
- Talk less; and in a low, soft voice
- Take the other person's point of view
- Eliminate thinking in intense situations
- Move from agitation to stillness
- Be calm and equal when problems arise
- See negatives as positives in disguise
- Hold back initiating; drawing others
- Execute an activity perfectly
- Open to the spiritual Force
- Really aspire for something to happen
- Plan, implement, and execute a goal
- Focus on what should be accomplished
- Embrace the truth of things, not shun it
- Forget a problem, not dwell on it
- Change a long-standing negative habit

Asking for Mother's Guidance

Q: Please tell me how can I ask Mother to guide me. I really want Mother's guidance.

A: Sit in a quiet place, and still your thoughts and feelings for several moments. Then Tell Her your situation, what you aspire for (or lack of aspiration). Then say to her "I offer this up to you. Please do as you wish for me, and I will follow your will." Do this with intensity. Then let it go. Do not have expectations. Don't insist on a particular outcome. It is "Thy will, not mine." Watch for signs of response from life in the days to come.

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Reader: But it is very difficult to sit calm in those situations. It is like moving a mountain.

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Response: One strategy is to first relax and garner a level of calm before engaging the act. Know that calm is the foundation of all such consecration efforts. Calm must come first.

(Over time, while on Her path, one increasingly in a difficult or intense situation develops the capacity to evoke a certain level of calm through the faith one has developed. Now a very important consecration effort can have a more solid, still basis. Actually ongoing consecration -- e.g. before acts in one's daily life -- helps build up the calm and faith so that when something serious or an intense aspiration requires Her Help, one has the calm basis to engage in the act. Practicing non-reaction and take another's view point also deepens the inner being and the peace that enables one to more harmoniously, perfectly engage in serious consecration moment.)

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Reader: If we find that we need to take a sudden decision we can use a formula She, Herself gave to use in addition to "Thy will be done", which is "Grant that I may do the best I can, the best thing to do", and take action. Also, for obtaining a level of calm, we can sit down and call Her name "Mother...Mother...Mother" or even sing "Om Namo Namah Sri Mirambikayai. Om Namo Bhagavathe Sri Aravindaya. Om Namo Namah Sri Mirambikayai" for a few minutes.

Response: N, thank you for these appropriate spiritual approaches.

Focus On Aspiration Without Expectation

Maintain intense, focused aspiration for achievement, while avoiding expectation, impatience, preference, opinion, and similar movements. Life will respond overwhelmingly, fulfilling your aspiration and then some.

Contraries are Compliments

Life evolves when two conflicting or opposing positions are overcome through a higher harmony that transcends both. E.g. the revelation of NSA security snooping in USA is virulently opposed by freedom advocates on the one hand, a just position; while security officials value the snooping to protect the life of citizens against dangers, also a valid view. These are examples of two things in conflict. However, from a higher consciousness, we see the validity of both sides and the need to discover something beyond that embraces both views. When we are open that way, we are able to discover new ways that bring new solutions that satisfy all contradictory parties. Trillions of such oppositions are in effect in the world at any given moment -- whether a husband with a wife, a boss with employee, two political parties, multiple philosophies of life, two intersecting weather systems, and so on ad infinitum. When we move from surface, even rational mind to intuition of the necessary knowledge without thought, culminating in supramental perception, we are able to transcend the contradictions. We then can become instruments of the higher harmony. Constant self-offering of activities to the spiritual Force, taking the other person's point of view, and practicing non-reaction to others and life's intensities, move us to the supramental, truth consciousness view that sees beyond the conflicts and dualities of life, constantly opening up New Vistas.

Further Comment: From a deeper perspective still, there are no contradictions, as the intersecting parties are actually complements of one another in disguise; each compelling the other side to change and grow through their dual relationship. Sri Aurobindo indicates this fundamental process of evolution in Nature in the first chapter of 'The Life Divine.' Without the dual relationships between forces and forms there would be no progress, indicating that contradictions are actually complements in disguise. This is the vision of Reality (Brahman) perceived from Supermind.

We experience the dualistic nature of progress in so much of our daily lives. Living a higher life one sees it all in right perspective, and we spontaneously come up with creative, harmonic resolutions, moving us, things to the next highest plane.

--

RK: I remember an essence of discussion by Mother to a question of a child: The child asked when two persons ask the supreme the same thing but don't like others to get it -- whom the god will give. Mother replied- to the one with better attitude and intention.

If I think in that line -- If the idea and motives are some in one level for both the parties, and supposing comparatively USA has an iota of idea of spying too- then conflict will go on based on the strength of the convictions. All intentions, motives, attitudes should be at a higher and purified level without a drop of falsehood or shade of ego like even rationality. That allows the psychic to create a higher harmony by making the conflicting elements -- man, society, world etc., into complements to embrace all views.

In practical it is mental ideas rising to resolve into a higher harmony of accomplishment that generates fresh Supramental ideas. Constant self-offering of activities to the spiritual Force, taking the other person's point of view, and practicing non-reaction to others and life's intensities are some of the expression of it.

Karmayogi says - The same is for employee- boss, husband wife as you say.

Harmony of emotions or thought between two persons can release energy to conquer the world. It can be accomplished with the best of intentions. It is one soul apprehending another, thus releasing Supramental consciousness. This is the first step to comprehend each in all.

Mind growing out of the identification with a part, before dissolving itself in a vision of the total, sees both sides of an issue, perceiving them as contradictions. Fullness of perception of a mind outgrowing obliviousness finds two opposing contradictions - as the vision of the whole.

Feeling of Harmony Releases Supramental Consciousness

Harmony of emotions or thought between two persons can release energy to conquer the world. It can be accomplished with the best of intentions. It is one soul apprehending another, thus releasing Supramental consciousness. This is the first step to comprehend each. (Ramesh Kumar)

Comment: Supramental Consciousness IS Unity consciousness, so this makes sense.]

Taking Other Man's Point of View Attracts Fortune

When we embrace another's point of view, instead of keeping to our own, we can attract startling positive conditions from life. Here is an example:

A man didn't want to work weekends at a retail store when requested to by his boss. He thought he was already working hard during the week. One day he shifted and accepted the boss' point of view. When he arrived that weekend, he was suddenly greeted with the biggest sale of his life.

On The Power of Strategizing

-Strategizing is to consider alternate approaches to a matter in order to accomplish; to make something real in the world.

-Strategizing is an activity, an exercise of the mind, which is subtle, to manifest an intention at the physical plane.

-The choices we make from the possibilities devised by strategizing is determined by-

--the current reality of the life situation

--the logic used that indicates which path to choose

--the nature, quality, intensity of our aspiration and intention

--our level of energy and will

--the values and beliefs we subscribe to

-Strategizing is clouded over by our-

--wanting attitudes

--inability to reason

--our preferences and opinions

--our physical consciousness that does not want to change

-Strategies become comprehensive through cooperative efforts with others, reaching their peak when there is goodwill and harmony among the parties.

-Strategies are best devised when all the facts of the situation are at our disposal, whether positive, neutral or negative.

-Strategies are best when they are creative and dynamic; when they burst through to new possibilities.

-Ultimate strategies embrace the subtle plane; that reflect subtle laws of life.

-Implementing strategies requires a plan of action and its timely execution.

-Strategies leading to action taken that manifests them as real is to engage in the process of creation.

-It is to harness raw energy and turn it into a Power that takes form in life.

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Reader: "To harness raw energy and turn it into power that takes form in life" quote by Roy Posner. An idea sketched as blueprint, with an engaging process, reality is born...it becomes tangible.

--

Response: Magnificent, H

The Mother's Comments on the Limits of Religion

(extracts from Her 14-volume diary called 'Agenda')

-I do not want a religion! An end to religions!

-I have never been on very good terms with religions, neither in Europe, nor Africa, nor Japan, nor even here (India).

It is enough to read everything Sri Aurobindo has written to know that it is IMPOSSIBLE (underlined) to found a religion upon his writings, since for each problem, for each question, he presents all aspects and, while demonstrating the truth contained in each approach, he explains that to attain the Truth a synthesis must be effected, overpassing all mental notions and emerging in a transcendence beyond thought.

Religion and yoga [conscious evolution through spirit] are not situated on the same plane of the being, and the spiritual life can exist in its purity only if it is free from all mental dogma.

Sri Aurobindo didn't put too much emphasis on the Overmind. The one significant point is that the Overmind has ruled the world through the different religions. And it is the dwelling place of all the gods, all the beings humans have made into gods in their religions. Those beings exist in their own world, and some humans, coming in touch with them, have been overwhelmed by their powers and their superiority, and have made gods and religions out of them.

What seems ... bizarre to those who have gone beyond the petty, purely terrestrial limits – human terrestrial limits – is that belief in a SINGLE divine manifestation on the earth; all the religions are based on that, everyone says, "Christ was the only one," or "Buddha was the only one," or elsewhere "Mohammed was the only one," and so forth. Well, that "only one" is something IMPOSSIBLE as soon as you rise a little above the ordinary earth atmosphere – it appears childish. You can understand the thing and accept it only as a sort of recurrent movement of the divine Consciousness on the earth.

I do not readily use the word "God" because religions have made it the name of an almighty being, foreign to his creation, outside of it. Which is incorrect.

Basically, that's always what men ask of religions; the "God" of religion is a god who must do them favors: "I believe in You, therefore You must do this for me" (it isn't formulated so bluntly, but it is like that), It isn't the aspiration to be guided on the path in order to do exactly what should be done for the Transformation to take place.

And every religion came as a stage in the development and the relationship with the Divine, to lead the consciousness towards a oneness which is a totality and not a removal from a whole reality so as to obtain another. The need for totality, completeness, is what caused those religions to come like that, one after another.

All religions are partial approaches to the one simple Truth that is far above them.

That's what I have learned, in fact: the bankruptcy of religions was because they were divided – they wanted you to follow one religion to the exclusion of all others. And all human knowledge has gone bankrupt because it was exclusive. And man has gone bankrupt because he was exclusive. What the New Consciousness wants (it insists on this) is: no more divisions. To be capable of understanding the extreme spiritual, the extreme material, and to find ... to find the meeting point where ... it becomes a true force.

Using The Force In Politics

When people of higher consciousness, of the spirit (not mere religious individuals) enter the realm of politics, they can have life response producing effect for the public utilizing the divine power of the Mother, and will be more effective than those tied to their inflexible ideologies. Her Force can be availed by any person in any institution of society including government, for any purpose, any issue. Dynamic solutions that are helpful for all will spring forth from out of nothing through inner, spiritual methods of such individuals.

Limits of Human Pity vs. Divine Compassion

Human pity is born of ignorance and weakness; it is the slave of emotional impressions. Divine compassion understands, discerns and saves. (Sri Aurobindo)

Overcoming Clutter Attracts

A friend of mine decided to declutter all the social media that was invading his life today and within 5 minutes got a call from a client he hadn't seen in 2 years who needs a lot of life & serious-illness life insurance coverage which he offers! This wonderful response shows the power of orderliness, as well as focus to instantaneously attract positive conditions into one's life. That being the case, what clutter and other forms of disorderliness are you neglecting? If you give them the proper attention, you too will suddenly evoke a wonderful response!

From Rush to Higher Organization

Often if we are in rush to do things, then it is likely that something isn't ORGANIZED in the work; whether in one's self or outside. Urge to do the work is a good thing, but when things fall behind, urge turns into something negative. If it happens often, something is amiss. Organization includes cleanliness, orderliness, systemization, punctuality, reliability, timeliness, proper planning, maximum utilization of resources, etc. Increasing these not only puts one in the right flow, but evokes powerful, rapid, positive response from life.

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Reader: It is really true. This is the situation what I am facing in my office now. Thanks for the timely message. After paying to mother, I'm receiving this post in fb. Mother is pointing out our problem . She only has to guide me to improve the organisation in me

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Comment: Very good!

Keys to Instantly Attracting Success and Happiness in Life

Each of the following quickly attracts good fortune, so why not embrace them in your daily life:

- Don't blame others; take personal responsibility for situations
- Increase your and your environments level of cleanliness and orderliness
- Shift from weakness to psychological strength
- Shift away from any negative attitude about yourself, others, work, life
- Remain cheerful and positive
- Make the full, persevering effort in your work. Go the extra mile
- Increase your level of self-givingness in all relationships

- Don't react to others' intense expressions, actions. Remain calm
- Fully embrace, take up life's initiatives, opportunities
- Accept in full what life has out before you in work, rather than what you want
- Open to the spiritual Force before activities or every hour
- Reduce the quantity of words spoken, and lower the volume
- Remain silent in a conversation, causing others to speak out your thoughts, wants
- Take the other person's point of view, no matter how at odds with your own viewpoint
 - Reduce thinking, consistently clearing the mind of all thoughts
- Express gratitude toward others and life for what it has given, instead of complaining what you are missing
- Give up all forms of ill will towards others; even changing it to goodwill
- Eliminate all forms of agitation and remain calm
- Continually monitor yourself for expressions of selfishness and ego
- See negative circumstance as opening to great positive developments
- Correlate the outer positive or negative conditions to your recent state of mind, attitudes, and beliefs
- Be forthcoming and truthful; avoiding all forms of dishonesty
- Withhold expression of your opinions. preferences, points of view
- Shift from surface view of things to a deeper status to see true truth of things
- Watch for subtle signs in order to make right decisions
- Try to do what is positive and helpful rather than negative and harmful in daily crossroad decisions
- Perceive that the smallest detail can be an opening to the greatest possibility

On The Quietness of Inner Strength

I enjoyed these statements about Inner Strength from Karmayogi. I know of several individuals who live this in their lives:

- Unselfish strength and rightness of the situation make one invincible in all situations.
- Men who are right and strong, possessing their strength quietly will always succeed.
- Strength that craves for no expression is Spiritual Strength.
- Strength is to be able to decide without the desire to be understood. Strength is to be on one's own. (Sri Karmayogi)
-

RK: Out of the list, for me based on Karmayogi's writings "Psychological Strength" plays a major role in attracting Success. Karmayogi's inferences on "Psychological Strength" are entirely different than what we think as strength.

Strength comes from general, personal, social and above all psychological. According to him -Psychological strength comes from understanding of other three.

For example – Real romance starts when husband and wife relationship is like relationship of friends. What one understands in a friend, he will not be able to understand in a wife. Similarly strength of general and personal and social nature lies in protection of wife which leads to jealousy on wife's men friends. It may be even for his wife's lady friends. Then the social context changes – he gets used to it and accepts it. This is social strength. Developing "Psychological strength" is invert change of attitude towards individuality of his wife in all facets. That leads to "Romance Eternal".

It is educating the emotions –i.e., emotion, understanding the essence of physical and mental strength.

Karmayogi says this as -man moving from physical and mental understanding to emotional understanding. Mother in Agenda says when the body and mind understands evolution in emotions, he can start doing yoga.

So, this kind of Psychological strength to find the essence of our personal, social and cultural strength will achieve all we need. This psychological strength qualifies one for great luck.

Karmayogi says suppose you understand this fully in principle, start acting at the easiest point of life and you will see life pushing you ahead. At the minimum – knowing one's greatest strength will find himself successful. Knowing his own greatest defect, he will be very cautious in character. He who knows both is of "Psychological Strength". Failures are rare for him.

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Response: R, perhaps if you gave a business example it would be a little clearer to me.

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RK: Creativity in mind and related work by physical when understood properly results in liveliness and playful disposition in emotion always. That is psychological strength in this situation.

Mental gratification and physical drain is psychological weakness in emotion that cancels the accomplishment.

I could not correlate any business example at present. I am giving one of Karmayogi's example:

Let us see our own life. That we are Mother's devotee and its superior status in mind. Some what it reflects in physical doings too. Our job is to feel really not superior egoistically. The question is how to do it. To know humility of emotions is sincerity to Spirit helps. Further any sense of importance is a weakness — a psychological weakness. One who is not weak has no need to assert, to exhibit, even to know he is superior.

Really superior people over the generations forget their superiority. What they do by efflux of time, we must be able to do by the richness of Her consciousness – is psychological strength.

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Comment: Yes Weakness in the sense of whatever degrades us at the psychological such as ego sense, sense of importance, and many others. It is psychological weakness of any of the many negative aspects of the psyche, as opposed to (only) lack of toughness/strength, fortitude.

Observation in Silence and Skillfulness

To know how to observe in silence is the source of skillfulness. (The Mother)

Mother Devotees Are Instruments to Facilitate the Evolution

We are instruments of the Mother and Her Force to bring about a new consciousness in the world to facilitate the evolution of the species beyond its current contradictory nature.

Changes in Business Management Environment

-Four decades ago Peter Drucker gave a comprehensive view of the nature of the business entity and the proper methods of management.

-Then Tom Peters in the 70s and 80s described the emerging empowerment of the individual within the corporate environment, reflecting the social liberation of the times, which continues till this day.

-In the last several decades the waves of change have only accelerated. Among them are:

--the power of the Internet that changes the nature of the individual and business in so many fundamental ways.

--the true age of entrepreneurship, with the ability to be individualistic and create new businesses as never before.

--the nimbleness of small entities to topple larger ones.

--the acceptance and development of business values, and their implementation at all levels of the organization, energizing and accelerating opportunity and growth.

--through expanding media, the increased awareness of the waves of change in society.

- the internationalization of business in so many fundamental ways.
- the flattening of the organization in terms of structure and authority.
- projects based business, where teams come together to create solutions and break up; where one's point in the hierarchy keeps shifting according to the project.
- the dramatic increase in the role of women.
- the rapid changes in technology that can make or break a company in an instant.
- the Uncertainty principle due to accelerated change in the nature of business, and the demands and need of a rapidly changing society.

This is the whirlwind of change and challenge a business is up against, that is resolved by helping the entity discover its essence, its core values, its purpose, its vision, its strength and weaknesses, and develop and implement its action plans of change on the way to becoming a dynamic, highly energized, ever-expanding, joy-filled Living Organization.

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Reader: Thank you Sir But being an entrepreneur who strictly follows the values taught by Karmayogi and Garry sir I feel whatever may be the situation values which the organisation stands gives the final result or rather management by consciousness or soul will be the future of any organisation in the world. After all business is ethics.

--

Response: Yes, values have that power. And yes the evolution of business management is on a course of increasingly discovering the realm of higher consciousness and soul.

The original quote is meant as a perspective for my management consulting business clients consisting mainly of the general public. Your statement is the way for devotees, and perhaps those we bring along to the beginnings of that status. In certain cases they go further still. We use Karmayogi and Garry's ideas whenever possible.

Values is the bridge among all these levels; from practical ones like punctuality and reliability and simplicity for any client; to more spiritual and subtle ones for the devotee-like clients, such as adopting powers of silence.

Anticipating Outcome through Speech Cancels

Do not speak out the accomplishment of an outcome until the deed is done, lest you delay or cancel it. A man spoke confidently about winning a contract at an upcoming meeting only to discover at the last moment that the meeting had been cancelled and rescheduled to a much later date.

Preventing a Company from Ossifying

A company is a child of the society in which it is born and is in alignment with that society at the moment of its birth. Like every individual, companies tend to acquire fixed attributes during their formative years. As the parent society evolves over time, a gap arises between this fixed corporate character and the changing attitudes and values of its social environment. Often the gap widens into a chasm or unbridgeable gulf and the company dies from self-inflicted asphyxia. Continuous realignment and integration of the company with its environment results in a continuous stream of creative ideas, new products, innovative strategies and non-stop growth. Perfection of the alignment will enable any company to maintain exponential rates of growth. (from The Book by Garry Jacobs)

On the Importance of Settling Outstanding Loans; Even a Decision

Outstandings, loans are grave diggers. If you have GREAT goal and are willing to do your honest best with dedication, liquidate your loans. When the last rupee is returned the goal will be realised. A real deep decision has the same power of returning the loan. A thought DOES what an act alone can do. Decision is decisiveness. (Karmayogi)

Comment: This is a critical one in my life. Have been working on, concentrating on the Deep Decision Karmayogi mentions above. It is critical for fresh, abundant funds to come into your life through your career goals over time. Otherwise, debt-laden money will come slowly,

reluctantly. Wealth is almost out of the question. However reversing debt as explained above can even attract enormous wealth.

Right Methods, Attitudes to Prevent Becoming a Debtor

(a reader) In a way business can be dangerous as it can throw a person from prosperity to a debtor.

(response) Yes, by knowing the laws of money and right methods and attitudes in work one can avoid these dangers of business failure. 90% aren't cognizant of these things, especially in under-developed nations, putting them at risk when undertaking business ventures. In other words, the conscious knowledge of what creates success must be commensurate with the mere effort in a work to accomplish - business or otherwise. Education can help gain that knowledge, which can then be successfully practiced in the field. We at Growth Online and various sites and members at MSS and affiliates provide this insight for success, including its more subtle laws, leading to infallible business accomplishment.

Happiness Depends on Accepting the Conditions

Happiness has nothing to do with your life's circumstances, it's based on your ability to accept the things you are experiencing. (quoted by a reader)

Laws of Money for the Individual

Here are some principles and methods that attract money instead of repulse it:

- Circulate the funds you have rather than hoard it.
- Keep accurate and up to date accounting of money.
- Collect all debts owed, down to the penny.
- Pay every debt owed from your past.
- Practice high levels of cleanliness and orderliness.
- Avoid dependence on others. Be a self-starter.
- Make the extra effort in work. Go the extra mile.
- Shed negative attitudes toward work, such as unwillingness and imperfection.
- Focus intensely on what needs to be accomplished; your key goals.
- Create an atmosphere of trust and harmony with others.
- Take up initiatives presented by life.
- Raise your knowledge and skill levels.
- Avoid wastage of money of all kinds.
- Bring down costs wherever possible.
- Make maximum usage of resources including money and materials.
- Speak in a low, soft voice. Avoid excess speaking.
- Be generous (to the deserved), instead of tight-fisted.
- Remove any ego movement in relation to money.
- Be truthful and honest, instead of deceitful.
- Avoid over-anticipating and expecting.
- Embrace the current work conditions instead of what or where you want to be.
- Be still, calm, positive, and patient when in the face of money challenges.
- Avoid when possible energy depleting activities, like drugs, alcohol, excessive intense sex, wild partying, etc.
- Perceive money as a divine force for the purpose of expanding the individual, society, life.
- Avoid dark money risk of gambling, financial speculation, and the like.
- Avoid greed and avarice in all forms.
- See money as a means, not an end.

- Do not worry about money, instead take to the required inner or outer laws.
- Consecrate every money-related matter that comes to your attention.

Subtle and Practical Cause of Circumstance in World History

In history we can perceive deeper causality and associations between things at play. E.g. the Civil War in the US in the 1860s in which more Americans died than in all the wars combined that followed including WWII had its roots in its egotistic, callous destruction of the native peoples during those and previous decades. Likewise, the US was confronted by the formidable negative Soviet Empire in a tense and potentially devastating-to-the-world environment of the Cold War because decades earlier she and Europe meddled in the affairs of the Russian Revolution.

History has direct causes, as well as more subtle ones rooted in the level of consciousness of the parties and the atmosphere. We can also see where there is a confluence of both: e.g. where the unregulated money speculators in the US and Europe brought about the Great Depression and as a result the collapse of the democratic and progressive Weimer Republic in Germany, allowing Hitler to take over, leading to the death of many tens of millions in Europe during WWII. Thus, Greed sparked the near ruination of the world. In this way, we can discover not only obvious, practical but also subtle causality in the movements of history; or for that matter in any aspect of life.

True Love Beyond Need from One Another

Remember that the best relationship is one in which your love for each other exceeds your need for each other. (quoted by a reader)

Listen to their Interests Before Communicating Your Own

It's best to communicate laws of consciousness not by starting out instructing others, but by listening to their current interests and concerns, discussing these and gradually working your way to the deeper insight that the other person can benefit from. It is even better when they ask along these lines in the first place, as it is life's initiative rather than your own, which tends to succeed and have greater life response benefit and effect.

Prayer for Intuition of Knowledge

Mother, let my Intuition bring in the required knowledge automatically without thought of what to do after consecrating and following Thy Will and Grace.

--

RK: Excellent prayer.

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Ramesh: Reminds me of theory of self perfection in synthesis of yoga. Based on Karmayogi's view on that my idea to see intuition after consecrating is:

According to Karmayogi institutive knowledge is as big as universe or universe in itself.

As intuition necessarily consist of four parts suggestion, discrimination, inspiration and revelation.

- Seeing what Mother is suggesting through universal knowledge point of view or divine consciousness view.
- Discriminating all that prevents us from doing it including the attributes that Sri Aurobindo in ""Mother"" or something coming to give it to us.
- Inspiration to evolve in consciousness through that.
- The revelation of Ananda through that.

This practice will induce intuition.

Karmayogi says after consecration of anything – a thought raises based on our own knowledge, prejudices, opinions, preferences and experience . If we consecrate the moment it rises in the mind, we can see flash of thought in the subtle mind which we often miss.

The Power of Restraint in Not Revealing Work Until It Is Done

Restraint in revealing the work until it is done, solidifies, expands it, attracting good fortune in connection with it. On the other hand, revealing the work before it is done because of an inability to control one's self, one's compulsive need to share, short-circuits the work, delays or even cancels it; negating its potential positive effect.

An Example: Garry Jacobs has written this outstanding novel called 'The Book.' There is nothing in the world like it, melding profound wisdom in an adventure story related to society's evolution. It is astounding detailed, like 10 novels in one. Why do I mention it? I had been interacting with him regularly for years, including during the period 2008-9. One day I found out that he had written this 600 page extremely detailed novel. He had never even mentioned it to me, or to anyone else, but one or two people for proofing. But there it was completed before me. He had held back all pronouncements about it, including his enthusiasm and buried himself in the work, producing a masterpiece of untold proportions. He was able to contain any vital urge to broadcast, and had created the fictional masterpiece of our time; a superjourney portraying an evolving group of individuals in an organization who had created an ultimate expert system that could solve any problem in the world (which it did in abundance), based on the infinite-like inner wisdom of Sri Aurobindo, the Mother, and Karmayogi. That is the power of restraint to produce infinite-like results out of thin air.

Synchronicities and Birth of Supramental Life

Experiencing synchronicities everywhere. It's the birth of the supramental life.

RK: yes mainly seeing it slowly reducing the distance i have between inner and outer happenings and correspondence.

Attracting the Market through Inner Methods

Hold tight to your core beliefs, work silently to accomplish the work, perfect it to a tee, do not broadcast or boast of developments, consecrate it at all points, and if you do life will come to you without the slightest outer effort to seek markets or followers. The inner will determine, attract, manifest the outer.

Man's Need for Social Approval

Man is a social conformist and cares far more for social approval than for doing what is right and proper. (N. Asokan MSS)

Common Men is Driven by Money, Power, Social Status

Money, power and social status is what drives most men to act. Only a tiny minority respects values more than the lure of money and Power. (N. Ashokan MSS)

Connecting to the Spiritual Force at Pauses

At any pause in your activities, try to get in touch with the invisible Spiritual Force that is in the atmosphere. Silence will descend and life will cooperate from various quarters.

Meaning of Feeling Overwhelmed

A feeling of being overwhelmed is your indicator that you are denying yourself access to all manner of cooperation that could assist you if you were not disallowing them. (Abraham)

Comment: Yes, being closed, fixed in one's way, not nimble to embrace the new causes one to feel overwhelmed by abundant circumstance, instead of being infinitely energized.

America Adopting Socialistic Values

America is one by one adopting socialistic, human-centered values while remaining essentially a capitalistic economy, mirroring what is occurring in Scandinavia and elsewhere.

Greater Knowledge and Skills Addresses Global Economic Issues

Greater knowledge and skills acquired through various forms of education is a critical solution to most of the economic issues facing the world.

Beyond Social Status to Self-Givingness

Above all things we seek social recognition through our work. Yet the evolved individual seeks no such thing. He only tries to be of service, to help and benefit others through his highest values. Ironically by doing so he gains the deep respect and recognition of others. E.g. Karmayogi seeks no social recognition, but through his profound knowledge and self-givingness elicits ultimate admiration from his followers. In this light, we can do the same. It is an approach of humility and silence; a kind of anonymity and disappearance into our highest values and deepest self.

Breakdown in Health Before Big Accomplishment

Often before big positive development or change there is a breakdown in one's health, such as onset of flu.

Vision of a Living Business Organization

One can imagine the Living Business Organization as a clear, crystalline 3d globe, in which people, customers, products and services, market, structure, activities, projects, finances, etc. are dynamically interrelated, pulsing with energy, producing infinite-like results resulting in ecstatic joy for all. When you zoom into any part of this business entity you see its dynamic interrelationship with other parts, sparkling with creative energies, always manifesting the fresh and new. This institution, personified as a globe of ever-expanding consciousness and force, also touches the society around it, energizing it as well.

At the core of the Living Business Organization are its deepest values and beliefs; its soul and psychic center, which is nowhere and everywhere, permeating all aspects of its being. It is the secret Source and Purpose of things that makes all aspects of this Living Organization pulsate with life. It is what generates aspiration, will, energy, vision, knowledge, perfection in this dynamic, infinitely growing entity. It is the soul of this Being; mirroring the soul of all things in the world, even the cosmos. It is a formation of conscious force expanding in the world, constantly revealing itself and experienced as never-ending progress and joy.

Further comment: Sri Karmayogi has described in detail in various places the concept of the Living Organization. He in essence is describing what an organization like a business can ultimately become. The above statement of mine is but one way of visualizing and conceptualizing his various profound ideas on the subject.

By the way, this same visualized conception also applies to the individual; what Sri Karmayogi calls the "True Spiritual Individual." And the two can intersect:

"Man is really a spiritual Individual in quest of a living organization. Organization is an arrangement to get work done. Such organizations are physical, vital, mental and are known to dry up, be fixed, or even dead. A living organization is a spiritual organization which will stay fresh forever to accomplish any work he undertakes. A spiritual Individual is fashioned by a living organization. He functions through a living organization. Any organization he functions through becomes living. Spirit cannot become fixed or dry. A living organization becomes an organism whose organizations modify themselves according to requirement. It is due to harmony, mutuality and unity. Unity with all, harmony with the member one is dealing with, mutuality is the principle of relationship." (Sri Karmayogi)

Attention Energizes Positive as well as Negative

The spiritual truth is man energises his misery by dwelling on it. (Sri Karmayogi)

Giving up Mental Trying

Man should voluntarily give up exercising his mind to solve an insoluble problem. (Sri Karmayogi)

On Spiritual Life

To fashion our entire lives on the basis of inner Spirit is spiritual life. This cannot be done religiously, based on a guru's realisation. It must be on our own invocation of spirit. (Sri Karmayogi)

Organisation and Coordination Evokes Sprit of Time

Organising Time in work evokes a higher Spirit of Time. Time in one work that honours Time in another work is co-ordination. Co-ordination extended all over the company evokes the Spirit of Time of your company. (Sri Karmayogi)

Comment: Spirit of Time overcomes limits of time; even evoking life response that eliminates the wait and extended duration of time.

Punctuality Abridges Time and Attracts Abundance Prosperity

Punctuality at all levels of a company that co-ordinates work is the highest Spirit of Company Time. Work done in an average company in 6 1/2 days' time with pride can be done in a company that employs punctuality all over in half a day, a saving of Time which is money. Here is a 13 fold savings. Any company that resorts to punctuality with full understanding and commitment will increase its profits five or six times, as Time will be saved to that extent.

On Thoughts of Punctuality

Punctuality is direct Profitability.

Punctuality converts a losing concern to profitability.

Punctuality is an organiser par excellence.

It was said punctuality was the manners of kings.

Now we can say punctuality is the hallmark of unfailing success.

Anything may fail, not punctuality (Sri Karmayogi)

Consecration Can Change the Negative Habitual Behaviour of Others

From within through consecration we can change the negative habitual behavior of others.

Example: every time a man got together with a friend, the friend was late. He had been habitually unpunctual for 30 years. One day the man decided to consecrate their upcoming get together at a restaurant. When he arrived he realized that in fact HE HIMSELF was late, as his friend had arrived on time for the first time in all the years he had known him. Moreover, a startling, almost miraculous-like set of circumstance were revealed by the friend during the remainder of their get-together. That is the power of the spiritual Force to overcome the negative behavior of others -- in this case, the virulent, repeating tardiness of a long-time friend.

Organization and Integration

ORGANIZATION: the parts, their functioning related to other parts in sequence or work significance to complete the work is organization. ...INTEGRATION: through integration an organization matures into an organism. Each part in its existence and functioning is directly or indirectly related to every other part and to the whole. This interrelation is known to be integration. (Sri Karmayogi)

Comment: (I would add that Integration is the supramental view of the ultimate possibility of a business. The question then becomes how each part of a company can be made to directly or indirectly be related to every other part and the whole. This an ultimate challenge for building the ultimate living organization. The Vital Corporation gives a number of examples of companies that have done so.

Sincere Decision Need Not Physical Action

Even a sincere DECISION to act, without actually taking ANY outer action can quickly attract that which you seek or something otherwise beneficial.

Rain is Grace

Rain is Grace. Sri Karmayogi provides me with future direction last night and rain suddenly occurs here this morning after long dry spell. He brings Grace to everyone he touches.

When Good Individuals Suffer

In 'The Count of Monte Cristo' a very good man is duped due to his naiveté, and sent to prison in isolation for years. He then learns the keys to life from a priest, also incarcerated, escapes the prison, finds a vast treasure and becomes the richest and most powerful man in France. By coming to terms with his weakness, life responds, drawing the priest, and then the will and way to escape, that takes him to a treasure and as a result a much much higher station in life, influencing many. Sometimes a Good man has this sort of fate, especially if his soul and being is open to further progress.

Additional: Good individuals often suffer because they are often psychologically weak. Goodness and weakness frequently come together in people. Naiveté is one form of weakness, as is cowering before others, a feeling of powerlessness, an acute shyness, a willingness to be under the thumb of others, an inability to present one's rightful position, etc. Many of these people are considered nice, even sweet and giving. And yet they are also weak, which can attract the negative as in the case of the naïve Count. Even a divine being will suffer. Karmayogi has suffered. On the other side of that suffering is the greatest possibility of upward movement. It is often caused by the unconsciousness and darkness of outside forces. Yet they appear in our lives, and for some deeper purpose. The Reality has placed it before us as part of our growth. Yet it is also true that taking to spiritual consciousness will tend to avoid much of this suffering, depending on the level of one's openness, receptivity, and spiritual sincerity.

Play of Life

Life often seems illogical, moving haphazardly in one direction or another. We see good people suffer, and villains thrive. It then shifts, and works the other way; twisting and turning on the way to some fathomable or unfathomable resolution.

It's all a great Play of Life. What is called "Lila" in Sanskrit. I.e. the Divine Reality is the player, the play, and the field; and He enjoys the Dance, even if it goes in all sorts of directions and confounds the human mind. It all may seem illogical, but that is His prerogative. He is free to be anything He wishes to be. After all, He is working to solve many problems simultaneously, though for Him it is mere Joy in the expressions of his multi-faceted nature in the Dance of Life.

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Reader: Sir If the world is lila then why we need liberation or why do we aspire god, light, freedom and immortality, can we take life as like that why do we see life response why do we think about karma why do we think about values in life?

--

Response: The world does not perceive Lila, the Play of Life. Lila is however perceived by the Divine Reality. He is above all conceptions, positive or negative, big and small, smart and stupid, helpful and harmful, etc. as he sees all as necessary in the Divine Play. And yet we as humans have infinite scope to attain all of the positives of existence, without the problems. This is our purpose and destiny, as willed by that same Source consciousness. This is what we should aspire for in our lives if we wish to grow and remain on the spiritual path. And yet from an ultimate perspective, Supermind, Truth Consciousness, which is essentially similar to the Divine view of Itself, we see that everything serves the purpose of the Evolution -- the

good and bad, the small and large, the painful and pleasurable, etc. -- i.e. the Play of Life, Lila -- even as we aspire to get there through the very highest, most positive means.

Universe Accepts Both Good and Bad

The universe is not moral, but amoral; accepting both the good and the bad, and responding to whichever Force is stronger.

On Punctuality

Punctuality is not just being on time, but doing everything in a timely manner, as required by life.

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Reader: Ok. Think Punctuality is a Concept of Mind. (Time, space, business, Is Irrelevant Here)

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Response: Yes, it is a human value of the mind. Human values can be thought of subsets or recombinations of spiritual values. E.g. punctuality is a human value, and can be seen as a combination of the spiritual values of Timelessness and perhaps Infinity. Both come from Sat-chit-ananda, the first step the Divine takes towards creation, which is also the source of spiritual values ("Real Ideas"), which then descend and are captured by man as human values like tolerance, openness, individuality, honesty, and many dozen others. Spiritual values include Peace, Harmony, Knowledge, Truth, Goodness, Power, Beauty, Love, Joy, Infinity, Timelessness, etc. This is the view of Sri Aurobindo and Sri Karmayogi.

God and the Humanity

God descending into world in various forms has consummated on this earth the mental and bodily form which we call humanity. (Sri Aurobindo)

Praying for Capacity than the Result

Instead of asking the Divine for more money, ask for greater capacity to earn.

On Selfish Moments

Our moment to moment selfishness knows no bounds.

Additional: If we are on the path of personal or spiritual growth, we can catch it at least half dozen times a day.

Supramental Force and Our Ignorance

The Divine has descended into this world, especially since 1956 when the Mother opened the gates to the Supramental Force. Unfortunately, we have been oblivious to that fact, and have done everything in our power to avoid Him.

Higher Consciousness Attracts Positive Response

Higher consciousness interaction with our spouse or significant other is a powerful way to overcome our selfishness, as the scope for it - not to mention ego, dominating, and complaining - is vast! Thus a yoga of "interacting with our partner" is a powerful means of becoming aware of and overcoming our deficiencies, which we can then apply to other areas of our lives, including work. As a result, not only will our relationships improve dramatically, but we will tend to attract positive response from life, eliciting non-stop, never-ending Joy.

Punctuality and Other Spiritual Values

Human values can be thought of subsets or recombinations of spiritual values. E.g. Punctuality is a human value, and can be seen as a combination of the spiritual values of Timelessness

and perhaps Infinity. Both come from Sat-chit-ananda, the first step the Divine takes towards creation, which is also the source of spiritual values ("Real Ideas"), which then descend and are captured by man as human values like tolerance, openness, individuality, honesty, and many dozen others. Spiritual values include Peace, Harmony, Knowledge, Truth, Goodness, Power, Beauty, Love, Joy, Infinity, Timelessness, etc. This is the view of Sri Aurobindo and Sri Karmayogi.

Additional: Eventually Sri Aurobindo gives us a fuller array of cosmic determines, including Timelessness, Eternity, Infinity, Silence, Harmony, Truth, Knowledge, Goodness, Power, Creativity, Beauty, Love, and Delight. Some come right out of an aspect of Satchitananda, such as Timelessness, Eternity, and Infinity coming out of Sat (which are expressions of Sat), while others like Goodness come out of a recombinations of items. (In the case of Goodness, it is the determinant of Truth interacting with the Chit (Consciousness) that creates it.)

The Divine Mother and Human Nature

The Divine Mother Knows and Guides all.

We however are lost in the Mystery.

And yet we can bridge the gap between these two realms through our sincere, intense, never-ending Faith.

Finite Opens to the Infinite

It is how we relate to the little things psychologically that make the big things possible; that attract them.

E.g. if instead of complaining about my job, I decide to do the current work happily, the next day I discover that an opportunity of a lifetime has presented itself. Thus the finite is an opening to the infinite.

On Sri Aurobindo's Yoga

Adoring the Guru is not the aim of Sri Aurobindo's yoga. Rather it is to experience the spirit in all facets: to Surrender to Her Force, which guide our lives and sets right life's conditions, while transmuting all parts of our being - mental, vital, and physical, - ushering in a new type of Spiritual Individual, culminating in Divine life and existence on earth.

On Aspiration for the Divine

Our Aspiration for the Divine to enter our lives is the starting point of Conscious Evolution; of Sri Aurobindo's Integral Yoga.

On the Work of The Divine Mother

The Divine Mother brings the absolute consciousness of the Father to the world as fresh forces and forms.

On Sri Aurobindo and the Mother

Sri Aurobindo and the Mother are beyond avatars, as they are direct manifestations of the infinity, stability, and cosmic ideas of the Supreme (Him), and the creative Power and Force to make them real in the world (Her).

The Festival of Lights

Good morning! It's the festival of Light: Christmas is the festival of the return of the Light – it's much older than Christianity! – when the days were beginning to grow longer (She laughs). (The Mother, December 25, 1971)

Comment: Yes, -21st of December is the winter solstice, where a good part of the earth is tilted furthest from the sun, and there is more darkness and shortest daylight of the year. Thus there is now the beginning of a return to the light of days with increasingly longer

illumination from the sun. It is therefore also a symbol of a New Dawn, a New Beginning, a return to the Light of consciousness and being. In addition, January 1 is celebrated as the New Year, but the solstice of -Dec 21 is the true beginning of the year, the deeper truth known scientifically and spiritually long before Christmas ever existed. This is the universal truth behind the holiday season.

On Christmas Story

Regarding Christmas, I'll tell you a curious story.

For a while, there was a Muslim girl close to me (not a believer, but her origins were Muslim; in other words, she wasn't at all Christian) who had a special fondness for Santa Claus! She had seen pictures of him, read some books, etc. Then one year while she was here, she got it into her head that Santa Claus had to bring me something. 'He has to bring you something for Christmas,' she told me.

'Try,' I replied.

I don't know what all she did, but she prayed to him to bring me money. She fixed a certain sum. And on Christmas Eve, exactly this sum was given to me! And it was a large sum, several thousand rupees. Exactly the amount she had specified. And it came on that very day in quite an unexpected way.

I found it very interesting. (The Mother, from Agenda, December 20, 1960)

Comment: This sort of thing often happened to Mother, where money would come at the very last possible moment to overcome a money deficiency. While others around her thought it was hopeless that money would arrive in these circumstance (eg to pay off huge debts or receive due funds to run the huge ashram), She had deep faith, and things would arrive just at the very last moment, as in the above Christmas-related true incident.

Cleanliness Evoke Life Response

A messy area formerly ignored, now cleaned can evoke instantaneous miraculousness. Eg after a minor accident that left a cup shattered on the floor, a man noticed how filthy the floor was and decided to clean it up there and then, not waiting for the maid to arrive. Within a minute of completing that task his friend came over to him and showed him through her phone that a very important, large payment, not expected for a day or two had suddenly and most unexpectedly arrived early. It was a joyous experience for both, occurring on Christmas Eve, and indicating once again the overwhelming power of higher levels of cleanliness to evoke good fortune, often related to money.

Our Deeper Consciousness Decides the Surface

What manifests positively or negatively on the surface originates in the depths of our being where there is a deeper purpose at work to bring about our further growth and ascent.

Joy In Creation

Joy/Bliss is the fundamental state of the Divine itself. And He wishes us to have that same Joy in creation, each person in his own way; each when we discover our higher nature, culminating in discovering our True Self and Soul, one's Divine being within, mirroring and emulating the Supreme himself, now extending His Original Joy, Bliss through our own individuality and uniqueness.

On Silent Will and Non-Initiative Attitude

Silent will and non-initiative are the best way to move from the ego to the psychic. (Garry Jacobs of MSS)

Comment: Comment: When we explain what we believe or want, it is in essence an expression of an ego urge and movement. Silent Will is refraining from speaking out what is on our mind, causing another to speak it out. It is not or much less of an ego movement.

Taking an initiative is really an ego movement as well, as we are asserting our own compulsion to accomplish something. However, not initiating and instead only moving based on the compulsion of Life or Mother or both is not an ego movement, but one of being in harmony with the universal and divine rhythm and will.

Any movement away from ego is a movement to our True Self (instead of our egoistic false self). The psychic being is our True Self; our evolving entity and being within that is the expression of the Divine Spirit in our lives.

(Continuous Consecration puts us in right rhythm with taking to both Silent Will and Initiating only through Life's/Divine's compulsion, not our own.)

Inner Moves the Outer

Shedding an obsession about another's alleged wanting behavior, skill, attitude, knowledge etc. causes one to quickly experience the opposite quality from that individual.

Example: A man thought that a colleague of his did not respond to the issue at hand, going off on wild, non-related tangents. He began to obsess about this one night, but then caught himself and said to himself "enough is enough; I will not obsess about this anymore!" When he then read the most recent statement of the colleague, he realized it was perfectly in accord with the issue at hand. In fact, it took the issue to a much deeper level!

Perceiving the Totality of Truth

We make so many assumptions about other people and situations and circumstance that prove to be very limited, often wrong. We are blinded by what we see and hear, by our limited opinions of things, by our wanting attitudes, and by our fixed worldview and beliefs. This is our normal state: what Sri Aurobindo calls our "essential Ignorance."

This is opposite to the Integral Knowledge of things, where we perceive the many and essential truths related to any person, place, or thing. This is attained when we rise above sense mind to rational mind, and beyond that to mind steeped in silence, to intuition of knowledge directly without thought, to bursting of light of wisdom, to supramental (truth) consciousness where all is known that need be known in an instant, with the added power that it tends to manifest as real in the world.

This is the journey from Ignorance to Knowledge that awaits humanity; that Sri Aurobindo suggested is our evolutionary destiny.

If this is so, then how can we make it real? As we grow in consciousness, we move deeper within, culminating in soul, which causes our minds to soar, enabling us to scale the spiritual heights where all is known, and where all that is known automatically has a tendency and will and power to become real in the world.

This process accelerates as we increasingly offer situations and circumstance to the spiritual Force; -- i.e. engage in the act of Consecration. This dislodges us from the surface of things to a deeper poise within, enabling our minds to scale the spiritual heights, allowing us to see the true, multifaceted, infinite-like nature of Reality.

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Reader: This is how misunderstanding is created in relationship with people.

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Comment: Very true.

Our Ignorant Limitations

What is it that keeps us in the Ignorance, as opposed to having the multi-sided Integral Knowledge of any person, place, or thing? It is-

- the limits of how Mind functions
- the limits of how Ego dominates
- our limited view of Time and Space
- our Finite view of what is possible

Mind, Ego, Time, Finite are overcome when we open ourselves to the spiritual Force, the Mother, and engage in a lifelong process of conscious evolution and change (yoga).

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RK: Life Divine says - The origin of Ignorance is the point of separation from Supermind. In practical we can say it is point of our distance from Mother.

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Response: Thank you! Supermind has all, integrated knowledge of a matter and thing, and a propensity for it to manifest in life. Ignorance is the opposite of that. It is the normal human state of radical incapacity of access to knowledge and truth, countering Integral Knowledge of Supermind (truth consciousness). The goal of evolution is a movement from limited mind to Supermind; from our essential ignorance born of creation to integral truth and power in life. It is facilitated by surrender to the Force, Mother.

Soul's Aspiration Decides Our Life Span

People who live longer have a continued urge and will to be, a willful intention, a meaning and purpose for existing deep into old age; plus good genes from others who had some of those same qualities in their lives. At a deeper level, it is their Soul's aspiration to carry on into old age in this life in order learn new lessons in Its cosmic journey through time spanning multiple births/lives.

Surrender Shifts from Ignorant View to Supramental View

Supermind has all, integrated knowledge of a matter and thing, and a propensity for it to manifest in life. Ignorance is the opposite of that. It is the normal human state of radical incapacity of access to knowledge and truth, countering Integral Knowledge of Supermind (truth consciousness). The goal of evolution is a movement from limited mind to Supermind; from our essential ignorance born of creation to integral truth and power in life. It is facilitated by surrender to the Force, Mother.

On Problems

Problems will cease only if we stop growing is a rule of life. (MSS)

RK: Karmayogi [Sri Karmayogi] asks us to see – in case of no problems for quite some time it means that we are acquiring an attitude of levelling off. The attributes will be mostly like, 'I know you', 'I know what it is', 'I have known this for ages' are statements that are wrong 90% of the time factually or otherwise. Even we want many a times to prove that it is right. When they prove to be right, it is 'right' for the wrong person, because this comes out of the ignorant mind that cannot afford to know.

Potential progress levels off or is destroyed when one thinks or takes that all happening are routine are usual in life. Every moment, everything comes with an opportunity for evolution in consciousness and progress.

We have to watch as this comes always in the shape of vain –glory or irresistible impulses of selfish aggrandisement, complacency etc.'

Avoid Acting During Tiredness

When you are tired, avoid acting if you can. When your energies return, then you can act once more. Acts taken when there is energy attract positive conditions. When acted on from state of fatigue, it can attract the opposite. To move from fatigue to energy, relax the body and empty the mind. Be peaceful and happy. Now you are ready to move on, and life will be your friend.

The Mother's Words On Difficulty

Whatever is the difficulty if we keep truly quiet the solution will come. (The Mother)

Life Response Power of Taking Responsibility

Taking responsibility has a number of life laws. One is that one should not blame others, but instead take responsibility for the cause of the problem. One father did this when confronted with his child's elopement, not blaming her but taking personal responsibility, and quickly attracted its happy resolution from out of nowhere.

Another form of taking responsibility is not to depend on another to resolve a problem. A man had hoped that another person would help him secure an acceptable living situation in a new location, but it did not happen. Then the man took full responsibility and decided to do everything he could to earn income on his own. A few days after he made that decision and took action, his friend called with very unexpected news that he had secured a living situation for him.

Taking responsibility thus has the peculiar tendency to evoke extraordinarily important positive conditions from life.

Reagan and Disarmament

Nature compels Reagan who builds up armaments to sign for DISARMAMENT. (Sri Karmayogi)
[Gorbachev under the influence of the Sri Aurobindo and the Mother, who brought him to power and helped him bring down the Soviet Union to end the Cold War and possible world annihilation without a single shot, compelled the militaristic Reagan to disarm in the process.]

Negative Feelings towards Others, Like Revenge, Attract Negatively

When I was re organising my shelf which had some old litigation files. Even after few hours after organising I was furious on one particular person who landed me into all the trouble and I was even thinking of taking revenge – as I have enough of power and influence now. Though immediately I consecrate that and called the Mother to cool me down, after I sat before the computer, the files fell from top which was practically not possible as it had enough support and door and properly put. When all the files fell down to floor the file that pertains to that person fell on me and the clip which was sharp scratched my finger. (RK)

How England Came to Rule India

The English were from a democratic country for the purposes of trade, the future of the world. They were organised in their functioning as they represented Mind. India was vital. The helpless fugitives soon, by the circumstances, became effective rulers. It was the victory of Mind over the vital, trade over agriculture, organization over the unorganised. (Sri Karmayogi)

Roots of Falsehood of Eliza in P&P that leads to Success

Without her roots in falsehood, Eliza (in Pride and Prejudice) could not have elevated her whole family and indirectly [the town of] Meryton. (Sri Karmayogi)

The British Empire, Trade, and Beyond

The British came for trade. Life thrust on them trade, power, Spirit, empire, wealth, fame, etc. (Sri Karmayogi)

Boon to England for Attending to Indian Spirituality

It is natural when Spirit comes, prosperity too comes. The English paid total attention to our [Indian] Scriptures and for that mere lifeless attention an empire all over the world came to them as they were already awakened in the Mind.

They were rigid, worshipped dead forms, employed ruses to rule India. Their deathless courage and high administrative skills were rewarded. (Sri Karmayogi)

The process of how the One became the Many does not reveal itself to Mind, but to Supermind.

The One became the Many through Objectification Process

-The process of how the One became the Many does not reveal itself to Mind, but to Supermind.

-Sachchidanandam becomes Supermind, the comprehending Supermind becomes apprehending Supermind, all by the process of objectification. Objectification is the secret of creation. Spirit creates Time and Space by objectification.

Existence creates Spirit and Truth by objectification.

-Atma, Purusha, Ishwara put out their powers Maya, Prakriti, Shakti by the process of objectification.

-Conceding the existence of Supermind and the process of objectification, the process of creation reveals to Man. (Sri Karmayogi)

English and World Government

Sri Aurobindo says they [the English via their Empire] could have created the world government. (Sri Karmayogi)

Rishis, the One, and the Many

The Rishis knew of the One and the Many, not how one became the other. Sri Aurobindo says it came to pass when the One decided to objectify Himself. (Sri Karmayogi)

Concentration vs. Consecration in Terms of Ultimate Time

It is by concentration that Time becomes Timeless and by consecration Simultaneous Time.

On Monetary Offerings (to MSS)

Money is a life force, even a divine force; a concentration of the original conscious force and being. When spent, circulated, etc, money has a propensity to benefit and elevate the person, community, society etc. Money given for the divine enhances these in an even more significant way, in that it creates spiritual benefits all around, such as harmony, power, timelessness, joy, etc. for individuals and among collectives. It is the life force directed by the spiritual force for divine-like results. Since MSS leaders align themselves with Mother's Force, the money coming enables infinitely creative, fresh, and dynamic opportunities and outcomes all around. For the individual it is an urge and offering to receive blessing in his life as well as to participate in something higher to further the work of divinizing all aspects of life for various undertakings, projects etc.

Thoughts from Sri Karmayogi:

Offerings are made not because the Divine needs money, but man needs to offer his own to the Divine. To offer money to The Mother because She needs it is SERVICE, not offering.

Offering of money when given and received from the depths is an act of pure Love of the soul for the Soul.

To give is to receive. To receive is to give. Offering is to receive blessings.

What Time Is

Time is a field of circumstances and forces meeting and working out a resultant progression whose course it measures. (Sri Aurobindo)

The Spiritual Individual

Both Sri Aurobindo and Sri Karmayogi indicate that one can become the Spiritual Individual by taking to Integral Yoga, which is to surrender ourselves, our lives, our very purpose to the Divine Being and Its Will - for us devotees the Divine Mother - which strengthens the Psychic connection and Its Ultimate Individualistic influences that guide our aspiration and action.

That Guide also constantly monitors us, preventing us from expressing wanting qualities, attitudes, and behavior in the yogic process.

In addition, the Psychic Influence of the Spiritual Individual has a universal and transcendent aspect. I.e. the Psychic Guide is indicating what actions one can advocate for the world, for society, to improve them in a great way from within. Thus through spirit-based Individuality, you are releasing energies, advocating projects, works that have power to change the world. This is e.g. what I have seen from Sri Karmayogi for many decades; in his teachings, his programs, associations, his subtle influence that has in certain areas influenced the course of world progress and events.

And then there is the fact such universal power and activity is actually fulfilling the Transcendent, the Divine Intent behind it.

Note that in a way the Spiritual Individual (#5 in our scheme) is similar to the True Individual/Personality (#4) in that in both one can render great works, great service to society; except for the Spiritual Individual the cues are from Self that has surrendered to the Infinite Consciousness, the Divine Mother, and Her Will in the world. Here the progress one initiates inside for society is not just material, but spiritual - i.e. to bring forth the spiritual dimension in the details of life, furthering the Evolution. It's the work of the Avatar or similar, who is in essence a realized Spiritual Individual.

On the Emerging Psychic Personality

What is meant in the terminology of the yoga by the psychic is the soul element in the nature, the pure psyche or divine nucleus which stands behind mind, life and body (it is not the ego) but of which we are only dimly aware. It is a portion of the Divine and permanent from life to life, taking the experience of life through its outer instruments. As this experience grows it manifests a developing psychic personality which insisting always on the good, true and beautiful, finally becomes ready and strong enough to turn the nature towards the Divine. It can then come entirely forward, breaking through the mental, vital and physical screen, govern the instincts and transform the nature. Nature no longer imposes itself on the soul, but the soul, the Purusha, imposes its dictates on the nature. (Sri Aurobindo)

Sri Karmayogi's Subtle Insights and Principles

Knowing Sri Karmayogi's subtle insights and principles of life and applying it to the world around us makes it relatively easy to predict the future. Only caveat is to keep the ego in check.

Reader: What are these subtle insights and principles?

Response: It is most of the hundreds of entries I have been making in Facebook over these last few years.

Reader: I collect positive results by using his entries and applying them in life.

Reader: I had felt Roy Sir is giving Karmayogi's messages and also tailor made for me (may be my own perception). But it gives a boost and Roy Sir gets such messages by touching Karmayogi's consciousness and Karmayogi too willingly coming forward to give these messages. A sincere American and a Dynamic Indian are working every day to make our Life Divine or life next.

Love at the Heart of Creation

People know of love in their families and relationships. People even know of higher love emanating from their spiritual teachers - like Krishna, Mother, Jesus, etc. But to know that Love is at the heart of creation is at another level still. Mother had an experience where each wave of creation of the universe from a Divine Source was perceived as an overwhelming pulsation of Love. It was one of the great experiences of Her life.

Supramental Power to Perceive the Reality

By opening to Mother we gain Supramental mind power to perceive the utility and purpose of each thing in the play of life (Lila). Thanks to NR

Taking Another's View is the Supramental View of the Whole & Power of Manifestation

A cardinal rule of Sri Karmayogi is to take the other man's point of view. He says it is a movement toward the Whole of a matter, as it goes beyond our own view which is of the part. It is in essence the supramental view beyond our own limited mental perception. It also should be noted that any supramental perception or experience is accompanied by the tendency for it to manifest as real in the world. Thus taking another's viewpoint has positive life response evoking power built in. So why not try out this powerful inner spiritual technique today and experience the profundity of Sri Karmayogi's marvelous method.

Taking Another's Position Attracts Your Intention

If a difference of opinion arises with another and you consecrate the matter while taking the other person's point of view, the other person will tend to suddenly take your position, which will benefit you with absolute precision down to the smallest detail, to the penny, etc.

Example: A man had been staying at a motel for three weeks, and had no difficulties in making payments for each night. Now the boss appeared, and he seemed to want to raise the rate. The man felt an impending confrontation with the boss. The man then caught himself, consecrated the matter offering it to the spiritual Force, and also decided to take the boss's point of view no matter what. Instantly the boss gave the same rate that the man had been charged previously down to the penny, and exhibited a softness in his manner that he ordinarily did not demonstrate.

Reader: When in family especially on property matters how we can take others point of view and again if it is going to happen in a landlord and social standing family how things are going to be right because the family members are all highly value based people but cannot understand mother's values please guide me sir

Response: It doesn't matter if other party is completely wrong, or has lesser understanding. By taking their point of view, you move out of ego, which causes others to suddenly come around to your position, or something else unexpectedly positive will occur. It is engaging supramental power (Mother's Force) that always rewards the highest consciousness of the players. It supersedes common sense.

The English, French, and Americans

The French are an idealistic people, and that is why Mother said they could take to spirit. However, they have to give up their indulgences (wine, women, song, and weakness). The British are not idealistic so much as practical. They ruled a great Empire, and helped save the world from tyranny, but as mental beings never took up Spirit, so they are out of the evolutionary picture. Forty years ago Mother said that the next burst of opening would happen in America, and it did in the 60s and 70s, and again now through Silicon Valley and technology. But beyond individuality, military power, and prosperity does she have other higher values to contribute anymore to the world? The Indians have their own spiritual values buried deep down that are the profoundest on earth. No wonder why she can become the guru of the world. First however they must come out of poverty and achieve a modicum of prosperity.

Further comment: I was watching Les Misérables by Victor Hugo that triggered these thoughts.

First Generation out of Poverty and Obesity

Karmayogi indicates that the first generation coming out of poverty turns to eating (which had been denied) and therefore obesity, including diabetes issuing from it. In America we have seen it recently in the Latino community. I saw it too in the previous generation of my family, as well with a number of their friends.

Power of Taking Responsibility Inside

Moving from focus on outer circumstance -- social, economic, business, etc. -- to taking personal responsibility for your life releases a power that quickly attracts the miraculous.

Avoid Gleeeful Verbalization After Success

When you have overcome a great obstacle and have attained what you had hoped for, avoid gleefully telling it to the world, as you will invite trouble, such as part of what is new suddenly going wrong. Best to keep things under one's hat till things are well sorted out.

Original Thinking

There are thinkers and then there are Original Thinkers. Thinkers use logic of rational mind to think and arrive at new understanding and insights. Original Thinkers go beyond mind proper and garner not only insights but intuitions of knowledge without thought. They come up with ideas, principles, methods, etc. that have never existed before on earth. Sri Karmayogi is an original thinker. Since he is aligned with Mother, he thinks rationally, but also supra-rationally through intuition and supramental perception, where all is known in a flash inside. Sri Aurobindo wrote his great treatise on the spiritual origins and evolution of life -- 'The Life Divine' -- through spiritualized mind of light, intuition, universality, and supramentality. He did the same in unleashing the vast creativity and cosmic beauty in his epic 700 page spiritual poem 'Savitri.'

Power of Consecrating a Failing System

When a system is failing, such as a computer, consecrate it to Mother (the supramental Force in the atmosphere), and in no time after a few token actions it will be completely revived. It also works for the human system, including our physical body, our level of knowledge, our psychological status, our relationship with others, and so forth. We can consecrate their problems in order to rectify them or to otherwise make them whole.

Thought and Manifestation

Manifestations come on the heels of what you've conjured in thought. (Abraham)

Further comment: An Indian woman once wrote to me elliptically: "Whatever is in the Mind comes out." (It is a great spiritual truth known there for a very long time.)

Subtle Means of Overcoming Delay

Often we wait around for people to do the things they promised. The human approach is to be anxious and do nothing. This only delays things further. The better approach is to take any actions that you can, which will attract positive condition.

A property owner promised that a kitchen stove would be fixed. The tenant waited for several days, but nothing happened. Then the tenant changed his thinking and decided to use what was available. Exactly as he was completing this, the property owner called and said he was sending over the person to fix another major problem that also had been delayed. By doing what he could the tenant attracted the positive result within 1 minute of completing his action. Life responds to taking action where we can, which tends to overcome delays of time.

Challenge of Moving To the Next Level

If you want to move to the next level, which let's say is a much higher than the current one, then best to make sure that all is well at the lower plane. Let's say you see the opportunity for a big deal involving several parties which you are responsible for organizing. That deal would establish a great new organization of which you too would significantly profit. However, if among the partners you have in the past felt resentment or there are any other untoward feelings or forms of unresolved business, then the larger deal will not come together.

Therefore all needs to be harmonic, resolved, perfected, etc. at the current plane of any matter in order for one to move to a significantly higher level. Psychological reversals of wanting attitudes and beliefs can make all the difference, meaning that this is a great opportunity to rise in consciousness and thereby meet the opportunity.

RK: Karmayogi gives a simple example on saturating the previous plane. Take an act of negotiating to buy or sell something. He says, "Instead of becoming engrossed in bargaining, go inside yourself, examine the earlier negotiations that failed and identify the reasons for failure. Avoid those errors now, or at least decide to avoid them now. During the next negotiation, you will be conscious of your failures and the chance of failure will become less". This is evolution in consciousness.

Particularly Karmayogi asks us to see our prejudices, convictions and opinions which are bound to express sometime later in our actions that spoils the higher plane we are moving.

This can also said as evoking the inner knowledge and discovering the potential in ourselves, rather than waiting years for it to emerge as experience based knowledge to outer actuality is knowledge coming out of ignorance- which is yoga.

When we shed ego, the higher consciousness in us surrenders the falsehood of the lower consciousness. (MSS)

Away from Ego to Psychic Being

Each time we move a step away from ego, we move a step closer to the Psychic Being. (MSS)

Planes of Ego and Detaching from Them

The ego consists of physical, vital, mental and spiritual parts and each part consists of many strands, opinions, beliefs, attitudes, sentiments, urges, desires, habits, etc. Each time we

detach from or reject one of these strands we are moving away from that element of ego. Each time we consecrate one of those strands, we are surrendering it to Mother. (MSS)

An example: Take Mr. Darcy's pride and arrogance in *Pride and Prejudice*. Mentally he perceives the dignity and refinement of the upper class, and the gross qualities of those under. But then it becomes a fixed, hardened attitude that lodges in his vital being, even his physical. The way out is for him to mentally acknowledge the deficiency, pushed forward by his higher vital love for Eliza. He then makes the decision to change, which is a mental act backed by his vital will, which is achieved as a personal growth, which can be considered spiritual in nature.

Strength of Substance Beyond Consciousness

Ramesh Kumar describes how moving from Consciousness to SUBSTANCE at the physical, vital, mental, and spiritual levels creates ultimate Strength, and therefore ultimate power, success, peace, joy, etc. (You can think of Substance as the form or formation where consciousness more fully gathers in one's being.)

"Strength gives peace - but it depends on how much strength he has in his being.

Based on Sri Karmayogi's teachings I envisage as follows:

We know we have physical, vital, mental, spiritual parts. Being can be said as person + personality. As being is split into two all others too have two layers – 1) Consciousness and 2) Substance. Strength can give peace when it is from substance.

For example, if a trader accomplishes based on some strength in all parts – that is in consciousness - he will continue to expand his sales till he becomes the number one in his trade in his town. Consciousness has the power to take you to the limits of your trade and to the borders of your town. There it stops. Beyond this consciousness does not have power. Substance has greater power. When one who has strength in his substance becomes the number one trader (e.g. textile shop) in his town, he has the capacity to move up either to a bigger town or to becoming a wholesaler.

How is consciousness different from substance? Simply consciousness is on the surface, substance lies deeper. In the mental plane mind belongs to the consciousness; brain, belongs to substance,. In the emotional plane, consciousness lies in the vital, substance lies in the nerves. In Matter it is physical consciousness and substance is body.

In Physical:

If his nonstop work beyond 12 hours is strength in consciousness as his hard work - if it is extended beyond 18 or 20 hours with the same physical energy it gives peace to the body with over flowing joy. It means the element of willingness has entered into substance.

In Vital:

Readiness to give up likes and dislikes in preference to work is the first condition of strength. The more you come forward to reverse your dislikes and do the very opposite, the greater will be the peace which means that you have got that in substance. Doing the opposite of your dislikes, your family's tradition and human preference sends the strength of consciousness to the substance in the nerves. The indication of peace is -increasing pleasant human relationships, particularly rivals and enemies turning friends.

In Mental:

Willingness to exert the mind to understand more of the work we are doing is consciousness. Knowing the work point of view and other man's point of view is the substance.

In Spiritual:

Spiritual consciousness is all-pervasive. Its seat is the soul, self or Spirit inside. The substance is in the seat. Truth, Consciousness, Force, Will, Bliss, Delight, Knowledge, Beauty, Love, Joy, Power, Infinity, Eternity, Immortality, Light are its aspects. Silence and Peace are its central aspects. When a work is done or we read, speak, think, if Silence or Peace descends we are doing it spiritually. So also for other aspects. In speaking if we become more and more truthful, by being frank and factual we grow into spirit.

In Personality:

The whole being carries OUR CONSCIOUSNESS. Its substance lies in our body, nerves and brain. Calm, quiet, stillness, absence of restlessness, passivity, motionlessness, patience, equality are the attributes of BEING. In work if we endeavour to be calm or patient etc., strength in the consciousness of being collects. When it goes down deeper still, we feel like a rock. Then it touches the substance."

Reaching Mental, Vital, Spiritual Substance (Beyond Consciousness)

--Substance is more real and deeper than consciousness.

--The substance readily reveals the natural strength.

--[In *Pride and Prejudice*] Pemberley possessed her [Eliza's] feeling with a deeper appreciation. That feeling having reached her substance, evoked the Response of bringing the owner [Darcy] to meet her.

--The change accomplished by Elizabeth [in *Pride and Prejudice*] is from the vital to the mental, by Darcy from mental revulsion to vital acceptance. It was not enough for life. It needs to be repeated in the substance of the vital so as to be permanent. Lydia completes it.

--The thought in the Mental consciousness moving down to the Mental substance becomes the thought of understanding of the body. Hence the instantaneous action.

--One's evolutionary progress or even potential is seen by the measure of his own uncompelled willingness to respond from his physical substance.

--To reach the substance and to act from the spirit of that substance is to evolve spiritually.

(by Sri Karmayogi)

Substance vs. Consciousness

Making a positive choice, he makes a progress in consciousness unaccompanied by a similar progress in his substance. In life, it is for him to cling to the higher opportunity and fill up the substance.

--Humanity may cover only the consciousness excluding its substance which is earth.

--Home is the consciousness, the house is the substance.

--The ideal is the consciousness, the organization is the substance.

--The highest work of reason is to find the one substance, the one law, the cementing latest reality connecting and unifying the many, the different, the discordant and disparate.

--Moving from thought to mind, it is vast. Rising to Silence, Light, and Knowledge, it is more and more subtle and more powerful. Descending into the vital, the physical and further reaching the substance, Mind becomes profound, whole, mighty and discovers itself as the Absolute dissolving itself in the Process.

--The outer atmosphere is like a cloud. The inner atmosphere is like a flood. Beyond is the substance of the person.

--If the atmosphere is undisturbed and calm even without a mental effort on your part, it means your substance is calm.

--One has touched the substance if nothing in him moves.

Movement at any plane from consciousness to substance (where the consciousness gathers in form) instantaneously attracts. Substance in the vital is sensation.

Examples presented by Sri Karmayogi:

--[In *Pride and Prejudice*] Pemberley possessed her [Eliza's] feeling with a deeper appreciation. That feeling having reached her substance, evoked the Response of bringing the owner [Darcy] to meet her.

--The change accomplished by Elizabeth [in *Pride and Prejudice*] is from the vital to the mental, by Darcy from mental revulsion to vital acceptance. It [the shift in consciousness] was not enough for life. It needs to be repeated in the substance of the vital so as to be permanent. Lydia [and the elopement] completes it. [It causes them to change forever.]

On Substance

My (RK) understanding of substance:

--Substance is consciousness experiencing itself as OBJECT.

--As the consciousness varies, so does the substance.

--Substance takes on multiple expressions from matter to spirit.

--There is an ascent amongst the planes from gross substance (of matter) to pure spirit substance.

--As we move from matter to spirit, substance changes from gross to subtle.

--As we move from matter to spirit, the consciousness rises, and the substance becomes less gross/material and more subtle.

--The physical plane is dense in substance (and has little consciousness); vital substance is less dense, more subtle, with more consciousness; mind substance is less dense still, even more subtle, with even more consciousness; spiritual is the most subtle of all, culminating in being causal. It is ultimate consciousness.

--The substance of matter is the physical density of atoms.

--The substance of the vital is sensation.

--The consciousness of mind is knowledge; the substance of mind is a thought or thought wave.

Substance and Life Response

--Life responds when there is a rise in consciousness (an ascent) at a plane(s); but it responds the most when there is also a descent of that consciousness into the substance of that plane(s).

--When Eliza saw the Pemberley mansion of Mr. Darcy in *Pride and Prejudice*, the vital emotional shift she had towards him descended into the substance of sensation, making the conversion complete, which instantly attracted the love of her life and husband to be, Mr. Darcy.

Who Sri Aurobindo, Mother Prayed to

Q: We know Bhagawan and Mother to be divine. Still they did yoga and prayed to the Divine for transformation. If they are themselves divine, then who did they pray to?

A: Sri Aurobindo did not pray to anyone. He is the Lord. Mother prayed to Sri Aurobindo. In her *Prayers and Meditations*, She identified with the human consciousness and prayed to Her own Higher Being as Divine Mother. (MSS)

Negative As More Intense Positive

It never occurs to us that a negative is not a bad thing, but actually a more extreme form of a positive.

Let me give you an example.

I was driving my car and came to an intersection near my home. Unfortunately I was unable to see the cross-traffic very well because there was a large van interfering with my view. I therefore slowly made my way into the intersection. However, just as I did, a car came speeding by. I immediately put on the breaks and the car zoomed by with no damage. However, as the driver of the other car drove through the intersection he shook his head at me as if to say I had made a big mistake. I knew I had to tread gingerly because my view was blocked, and yet I still razed the wrath of the other drive whom I almost ran into.

And yet, if we take this incident in the right light we will see that it is a cautionary tale. It is an indication that I have to be even more vigilant in the future as I approach this area. And it is also an indication that had I not learned this lesson I might have easily had a crash at the location in the future.

So the negative of that event was really a positive in disguise; a more intense form of the positive, as it has potentially saved me from a lot of grief.

Reader: Interesting that the other party preferred to highlight that you nearly made a mistake than highlight that you corrected yourself in time. A form of duality maintenance of supposed superiority.

Response: Yes, he had no knowledge of my attempt to correct. He thus reacted in part through truth (of the danger); in part through ignorance (of my attempt to do what was right). As you suggest, in a lower consciousness one is stuck in this duality. If he was calm in his being he wouldn't have reacted that way, which he was not. He did not see that his own limited consciousness attracted this or other such events. With exceptions, this is the general condition of humanity.

Reader: When we approach that sensitive area it is indicated that all senses are vigilant and in practice we will become used just like consecration arising on its own. Life indicates while driving alertness is needed and in yoga awareness about what is happening inside us is needed.

Drought "Benefit"

People say that when something very difficult and challenging occurs it is necessarily a negative thing. But is it? In 1977 California faced one of the driest in its history, a drought that would turn out to inspire a water conservation movement, along with low-flow toilets and showerheads, water-saving washing machines and dishwashers, drip irrigation and recycled water. This affected tens of millions not just locally, but around the world. Thus can we say that the water condition in 1977 was truly a negative circumstance? Rather we can say that it was a more intense positive that people at the time could not perceive. The same is occurring today in California, as the drought here may be the worst in recorded history. What new, breakthrough measures will come out of this challenging scenario, benefitting people enormously once again; not just locally, but around the world?!?

Reader: God wants to remind people that no resources are always available in abundance and conservation has to be exercised even in a country of plenty as the USA

Response: Yes, very true. It is actually a global issue, that will be increasingly coming to the fore, with this event a potential harbinger of change.

Exceptional Power Now of Supramental Force; e.g. via Goodwill

Karmayogi indicates that because the Supramental Force is now in operation, life response rewards for even simple Goodwill can get magnified all out of proportion. (MSS)

No Title

She is the Force, the inevitable Word,
The magnet of our difficult ascent ...
(Sri Aurobindo, Savitri)

Creation is Revelation of Secrets

Creation is nothing but creation of secrets. The dimension can be understood like this. What secret, mind understands and accepts, vital and body resist because that fact remains a secret to Vital and body. To the seed, the tree is secret, till it is planted and grown. To the fallen flowers, the fruit remains a secret. Matter is filled with infinite numbers of secrets. Evolution is nothing but revelation of the secrets. So far we have revealed the secrets of vital, mind and life in matter. There are many grades of secrets to be revealed. Hypothetically, secret will remain and be revealed till the last particle of matter realizes its source. (NR)

Right Reaction When Things Go Wrong

We easily get upset when something does not go as intended. Often it simply means that the mind has a missing knowledge. What goes wrong does not however have to disturb us. In a mind and vital/emotional being that is calm and still, where the activity has been offered to the Mother as a consecrated act, we will be far less bothered when things go amiss. In fact,

we are liable to have the patience and presence of mind to seek out the cause of the problem, which not only can resolve it, but provide us with new knowledge we did not have before.

New Illnesses Due to New Pressures in the World Unmet by Higher Consciousness

As the pressures of life increase and the consciousness of people is not able to rise to meet these, new forms of illnesses arise.

Further comment: Mother said that the new forms of cancer and the like are of these kind. There are also new forms of nervous-oriented disease. We see that the mind is not able to keep up with the changes in the world, with the pressures put upon us, so the body falls in in new ways. It is indicating that our consciousness needs to expand beyond mind. Though being rational is certainly desired, formulating a deeper consciousness within allows our mind to expand beyond its current limits so that we are able to intuitively pull in knowledge which leads to deeper understanding and therefore better solution to resolve the problems of the world, relieving it and ourselves of the mounting strain.

Revelation of Knowledge that is Grace

Sudden bursts of revelation of knowledge are signs of Grace descending in the atmosphere.

Purpose of Evolving Soul in One's Being

Your soul has entered your body in this birth because it wants to grow. It senses that through your interests, your career, relationships, experiences, etc. it will grow, learn new lessons it itself seeks. After all, it is an Evolving Soul, just as you are evolving. Thus there is a double compulsion at work upon life entry: the soul's urge as well as your own. They are inextricably intertwined. Once it discovers and assimilates what it wants from our birth, the evolving soul leaves and enters a new body, or if it has found what it seeks, it rests. Rebirth then is our human self and our higher self's growth, evolution in consciousness – from limitation (ignorance, incapacity, etc.) to integral realization.

Shared Thought in the Atmosphere

When several individuals who are apart, not in touch, and who independently share the fact that they started thinking about the same thing though recently this subject was on no one's mind, -- whether in the form of a sudden thought, a vision, a dream, a life circumstance, or otherwise -- indicates that the matter had been circulating in the atmosphere, and was simply picked up via our inner antennae. In this way, so many of our thoughts and feelings are not truly our own, but are simply borrowed from the universal plane.

The Reality that is What Is, and What Isn't

We say "life should be ..." But life is bigger than that and also includes what "shouldn't be." Together they allow for infinite variation and possibility in preparation of a higher, more positive, more integral Reality that is sure to come.

Ego and Slavery; Spirit and Freedom

Ego is a slave to our lower nature, so in that sense we are marionette-like. Spirit on the other hand gives us total freedom to be whatever we choose, which is the opposite of being a puppet.

Integral Faith

We can have trust in the Divine, in Mother in the outcome of a challenging situation in our thoughts, but still be disturbed by this reality in our emotions, our vital being. When that is calmed and smoothed over and we feel emotionally confident there through our association with the Higher Power, we have gone from mental trust to mento-vital Faith. One stage further is where the certainty of a positive outcome to the challenging condition via Higher Consciousness moves to the substance of our body. It is where faith springs forth

spontaneously as it is integrated into the very fiber of our being. This we may call Integral Faith.

Increasing Aspiration & Faith

Day after day our aspiration will grow and our faith will intensify. (The Mother)

Thanks to NR

Factors that Indicate People are Growing

People grow by releasing greater energy in themselves, improving their knowledge, acquiring new skills, changing their attitudes and committing themselves to higher values. (MSS)

Personal Growth in the Psychological, Social, and Physical Planes

RK: What is committing to values that are for overall growth:

- Committing to all that is "abominable" to a plane.
- In psychological plane one has to go against conscience.
- In the social plane breaking the so called sacred values.
- In the physical plane breaking physical sensitivity to anything. (is the)

Steps Before Commitments

Sri Karmayogi says the steps before commitments are: hearing, sensing, understanding, accepting, deciding, determining and committing.

Example: we heard about Mother, we sensed Mother, we understood Mother, we accepted Mother, we decided to follow Mother, we determined to do that and committed to that which enabled growth.

The same if you replace Mother with Sri Karmayogi, work etc..

Growth is - Comprehension becoming a commitment - the mental moving to emotional. (provided by Ramesh Kumar)

Results of Willingness vs. Unwillingness to Embrace Given Conditions

When you embrace the current conditions before you, you progress. Life affords you unexpected opportunities. On the other hand, unwillingness to embrace the present conditions holds you back, and golden opportunities recede into the horizon.

Reader: When golden opportunity passed, how to attract it again?

Response: (1) By embracing fully the work before you is one way. (2) Past consecrating the missed opportunity is another. If you are avoiding doing the current work in a happy way and/or spend much time thinking about doing something else, try the first method first.

Non-Action that Accomplishes

By non-action everything can be done. (Lao Tzu)

Comment: Similarly Sri Karmayogi says: "The Power that can accomplish anything directly having no urge for action is the real Power."

Fully Accepting Current Condition

If you are on Mother's Path, fully accept your current condition with inner silence - mentally, emotionally, and physically, - so you may be fully receptive to the Force, and at the right time will be catapulted to the next highest level, inwardly or outwardly.

What the Spiritual Individual Gives Up and What He Spiritually Embraces

The spiritual individual gives up his preferences, opinions, wanting attitudes about others and life, all ego movements, repeating dead habits, and instead does his work silently, cheerfully, while continually opening to the Mother's Force. He increasingly, progressively lives from within, from his Inner Being. As a result, life continually works in his favor, cooperating from all quarters. And in that environment the one emotion he feels above all others is a continuous sense of Wonderment.

Sri Aurobindo's Experience of Existence

Sri Aurobindo experienced existence just like the Divine does. Thus He came to explain, realize, and embody all its attributes fully.

Knowing All Sides of a Person

To truly know a person we must be able to perceive all sides of his nature. Our preferences prevent us from seeing these. In developing a personal growth program we have seen that it is helpful for the individual do a self-analysis of himself one subject at a time, which will reveal various aspects of his character. If he is in the least bit sincere he will recognize his strengths and weakness of personality and make necessary adjustments. Whether he seeks to depart from his current nature depends on his aspiration and will in life. From our side we perceive others better when we too rise in consciousness -- e.g. are still inside, alert to others motives, watch for the subtle signs that reveal the other person's true nature, shed our prejudices, overcome ego, constantly monitor our thoughts and feelings, etc. etc.

Principle of softness Overcoming Hardness

Water is the softest thing, yet it can penetrate mountains and earth. This shows clearly the principle of softness overcoming hardness. (Lao Tzu)

US on the Cusp

Most in the US did not upgrade their skills for the new economy as they were asked to do over the last 20 years, and their wages stagnated terribly. Meanwhile all recent wealth increase since the financial crisis and ensuing near Depression has gone to the top 5%, leaving the remaining reeling beyond stagnant wages, as they are also burdened with lack of funds and saddled with debt. Tax decreases for corporations and sheltering and offshoring of money avoiding taxes further depleted the governments financial base and there has been little infrastructure development and funds for education in the nation. The unregulated financiers recklessly abused money ushering in the Great Recession. A perfect storm of problems have ensued and people are pointing in various directions to blame. The entire society has to work together to get out of the mess that has been created. Lack of cooperation among the sectors and mindless laissez faire style capitalism need our attention. A new way out is required with people at the center, not money with its tendency for greed and indifference. The cash flushed and innovative tech companies can play a vital role in this process. We need to work together. Individuality without cooperation leads to anarchy. We are on the cusp of that, so we must work together and take serious actions soon.

No Title

We are Divine but have forgotten the fact.

Nature, Climate, Weather

(California is facing severe drought, the worst in its history. With that in mind (I am a resident here), I am publishing here one of Sri Karmayogi's statements on evoking rain through Mother.)

Mother says the weather is under the control of some little entities. They all obey her. When children in the Ashram school pray for no rain during the games, these entities answer positively. It is a constant experience of our school children.

Indira Gandhi was in North India, touring parts that were affected by drought. A devotee was there in those parts by chance. He met the Prime Minister and told her that a prayer to Mother would bring rain. She instructed a telegram to be sent to Mother by the devotee. Rain came in copious measure in response to the prayer.

Pondicherry and its environs have never suffered the negative effects of drought. From a certain village, a group of workers were coming to an ashram factory. They complained of water scarcity in their village. The news reached Mother. Mother asked the villagers to pray. Rain descended in torrents and would not stop. Too much rain now caused a problem. News again went to Mother. She smiled and the rain stopped.

Mother easily tunes herself to nature and nature responds to her readily. It is the experience of several devotees that, in answer to their prayer, several times a cyclone that was predicted to hit in the next few hours moved away. Even in cyclone-devastated areas, devotees have reported that their properties, even an advertisement board, have been left intact though surrounded by several damaged buildings.

Robert was someone who brought rain wherever he went. Even in a desert he visited, there were unprecedented rains creating a flood. Robert was fond of Sri Aurobindo's Gayatri mantra and started chanting it. The temperature reached peak levels as in dog days. It was Robert who constantly complained about the heat. When he suspected a relation between his chanting and the rising heat, he suspended the chanting. The heat came down. But the Gayatri he was chanting would not stop. It started repeating itself inside him without his initiative. The heat rose. With great effort Robert succeeded in stopping the Gayatri and maintained that control till summer passed away.

Reacting To Others Who Ill-Treat Us (prune down this item or subdivide)

Q: When our employer or relative or even a friend ill-treats us or has a tendency to be sarcastic, etc for unjustifiable reasons, the receiver develops enmity and begins to curse him internally. Does our inner curse or retort affect the other person's behavior, or should that not be done. For everyone cannot be a Gandhi.

A: Cursing or otherwise acting hostilely toward others in response to those who ill-treat us will attract additional negative circumstance back us including exacerbating the conflicting relationship with the other party.

Intensity of response to another party always strengthens the relationship we have with them: here negative.

We must see what in us attracts ill-treatment from others. Once we identify it, we can overcome it and consecrate it to Mother for it to disappear. Then the outer will respond in kind. Sometimes an outer action is required after one has identified the corresponding limitation in our being to shift conditions to the positive.

We can also learn to practice Non-reaction to others' negative expressions, which if done sincerely, and rises to the point where our thoughts and emotions do not react, then there will be an outer positive change here too.

Such conflictive circumstance are opportunities to grow. That is the purpose of problems in life.

Reader: Nice to hear sir. But it's also difficult to follow when we are unable to find the cause inside us, what to do sir?

Response: Think about it deeply.

E.g. one person was being abused by one boss after another. She then realized that she was weak as a person. She then decided to stand up to her boss. But not by confronting her, but by considering other means such as talking to higher ups. Before she mentioned her problem or solution to anyone else, another individual stepped forward and talked to higher ups about this boss on the woman's behalf. The boss was then scolded, and left soon after. It was a miracle of the inner power to change outer circumstance; in this case because she first discovered the correspondence of the problem with our inner self, and made an effort at fortitude and strength.

If one cannot see such correspondence between the outer and the inner, one can intensely consecrate the fact to the Mother asking her to reveal it. The answer will come in some form shortly after.

Reader: Fabulous, Roy. Using this type of technique, I, too, have been able to unearth some long-forgotten idea/feeling/action/attitude/or whatever that, once I recognize it, I've been able to see the connection. Releasing/consecrating it almost NEVER fails to make me feel better instantly.

I have an example: 2 years ago, in front of a produce stand in Florida, I slipped on some gravel in the parking lot, and seriously hurt my knee. The owners in the shop said, "We saw you FALL out of your truck. You didn't SLIP!" I was stunned at their reaction, and felt a flash of anger towards the people.

I vowed never to shop at that produce stand again.

I sort of put it out of my mind, but in actuality, it really did NOT entirely exit my mind. Which means it stayed within.

While I was thinking of my knee a few months ago, which still hurts (it really was a nasty little fall), my husband & I were talking about it, and he said, "Kath, do you REALLY think they were happy you slipped?"

It then occurred to me that they reacted to my fall in their parking lot out of FEAR. Fear that I might sue them or something... Not sure.

But I instantly realized that they reacted out of FEAR, and I had INVITED their reaction by MY INTERNAL reaction at the time - which was this: "I cannot BELIEVE they have this slippery stuff in their parking lot! What is WRONG with people? Don't they know someone could hurt themselves??"

Now, all this was internal, mind you... But, once I recognized it for what it was a couple of months ago, I instantly - and I mean INSTANTLY reversed my thoughts - sent prayers mentally asking them for forgiveness for my ridiculous thoughts...Also forgave myself, and offered it up to the Force/Mother.

The moment I did that, I felt relief - and even though my knee isn't really 100% better, I can tell you that it has definitely improved!

We're now back in Florida for the winter, and yes... We're still going to that produce stand where the people are as friendly as can be.

I'm sorry this is so long, Roy, but I really wanted to share it. It may only be a small example, but I hope it's helpful to someone

Response: Yes Kathy, thinking on such things from a higher consciousness perspective can be very helpful to get at the truth of things. Once you accept the truth and consecrate it, you can release many positive things and overcome negative ones.

I recall a spiritual book I went through long ago. It was called "The Knee of Listening."

Power of Values Added to Our Goals

It is important that in formulating our goals, we include the deep personal values we believe in. Steve Jobs did not just want to make computers for the masses, but he aspired that they should be friendly and easy to use. This is what he believed in, which are our values. When we add values to our goals, the latter are energized, enabling us to succeed at both a higher and deeper level. By putting meaning behind our goals, life returns the favor and gives benefit that is filled with purpose and meaning.

Reader: Values is eternal we teach values to our children for survival but we never teach values for life values for survival is falsehood I believe

Response: Very true! Values in work, that the company subscribes to and we follow can teach us some of that; but it can be done so much earlier on in a person's life, as you suggest. That would have an enormous positive impact on that person's life. A course in personal values in high school level, not to mention college would be extremely beneficial.

Consciousness as Self-Aware Energy

Sri Karmayogi says that "Consciousness is self-aware energy." What does this mean? Here's my understanding: When an individual becomes conscious of his higher nature, it releases energy and joy within him. Likewise, when the Unknowable became Being, the pure Existent, It became conscious of Its existence and therefore released a Force, a conscious-force, that became the Energy that would become the source of creation starting with Matter. In simpler terms, every time we rise in consciousness we are becoming more self-aware and therefore release energy that is stimulating and joy-filled.

On Cross-Border Terrorism in India that Shows Karma and Life Response Phenomenon

India has ill-treated its Harijan population ("Untouchables") in a big way for many centuries. This has resulted in them flocking to Islam and now the same ill-treatment comes back to India through cross-border terrorism which appear totally unjust. Recognising past atrocities towards the Harijan population and making amends for it now by giving them a decent treatment will see a sharp reduction in terrorist attacks from across the border and perhaps the eventual reintegration of Pakistan with India also. (MSS)

Further comment: To take this approach is similar to what we call "Past Consecration."

We see a similar dynamic in US where the abuse of the Native people's by whites (perhaps several million wiped out through battle and disease) led to attracting all the problems with blacks including the Civil War (where vast numbers of whites had died), not to mention all the problems with blacks in urban areas for the past 100 years. Like in the suggestion above for India, future problems along this line can also be reversed when there is an inclusive, comprehensive approach for lifting America back up through cooperation of all its sectors.

Non-Wastage Response

Once again I had the experience of the phenomenon of getting back exactly the amount one did not waste. I came to a coffee shop/restaurant, but decided not to needlessly spend money on a particular thing I desired. The next day I looked at my bank account and noticed that a deposit was made there from a book publisher of mine that was EXACTLY equal to the amount I decided not to needlessly spend the previous day. This has been a persistent theme in my life: don't spend wastefully on something you desire, and you will quickly receive that same amount back in return from seemingly out of nowhere. And very often down to the very penny! It's the life response power of non-wastage, one of the keys to attracting money and opportunity into your life.

Communicating With Objects Evokes Response

We know that objects respond to very personalized attention, including communicating with them. E.g. if you talk to the object, you can evoke a response from it because you are acknowledging and respecting its essence and being. One woman we know of spoke to a leaky drum, and soon after it stopped leaking! In that way, we can develop a deep repoire with anything -- object or human -- by relating to, connecting with its essence and being.

Above the Line Individuals in a Firm

What are the best types of people to have in an organization? They are individuals that Karmayogi's describes as "above the line." I.e. are energetic, positive, knowledgeable, skilled, involved, interested, helpful, and from a good background. On the other hand, people below the line are those that have opposite qualities, and therefore tend to pull the organization down.

Ego vs. Psychic (Being) Expressions

All that is agitated, angry, impatient, anxious, offended, frightened, aggressive, disturbed, depressed, self-important, intolerant, self-righteous comes straight from the falsehood of ego. All that is quiet, peaceful, cheerful, of goodwill, patient is a marker pointing on the path to the Psychic. (MSS)

Reversing the Corresponding Negative Inside to What is Outside

Whatever negative that has happened to you on the outside is a reflection of something wanting in your consciousness inside. To recognize specifically what that correspondence is the first step. The second is to reverse that wanting attitude or behavior. And last is to consecrate it, offering it to the Mother with intensity so it never happens again. Taking to all three also tends to quickly evoke good or great fortune.

On People Watching Soaps and Nighttime Conflicting TV Shows (prune as necessary)

People (in India now, especially housewives) are stimulated by these domestic quarrel type serials (soaps) as they have not found any higher consciousness activity to give them inner sustenance; whether work or other, to absorb their psychological energies. The on-screen domestic conflict creates a little bit of spice in their life, as they increasingly feel bored or other such things at home.

These "soap" (as in selling soap in the advertisements) used to be watched avidly by an enormous number of housewives in decades past in America, but now woman are increasingly working here with careers and are away from the homes to watch tv. Yet such daytime soaps are replaced by their night time versions which are more sophisticated as they involve stories in which people are at work in some manner. In that sense, India is 30 years behind the US as it is only now discovering the beginnings of middle class life.

A reader: Watching these domestic quarrel scenes in the night time in TV can also result in giving disturbed sleep.

Response: Yes, very definitely! It may even be worse than day time soaps. Though the scripts are well-written, and acted, with cinematography that grabs the viewer, (and is far beyond just domestic quarrels, but conflicts in work and society) it has an effect on the lower and inner vital emotions which can disturb sleep. Americans can't be still for a moment. They constantly need information. Instead they should close their eyes and empty their thoughts in the hours and minutes before sleep. They would then wake up refreshed and peaceful.

Reader: May I add that such people watching these sad scenes regularly may develop destructive attitude.

Response: It can definitely happen. I would say it can open up the lower vital, emotional being to intensity that they then can mimic in their lives.

Q: Why does life punish us?

A: Life does not punish. Life responds to what we are and most especially to the nature of the energies we express in thought, feeling, urge, action and deeper subliminal consciousness. Its response needs to be understood in the totality of our being and also in the prevailing social-life context in which we live. (Garry Jacobs)

Great Progress After a Negative

Negatives are simply more intense forms of the positive; seen in the right light, even greater opportunities to grow.

Further comment: Often the most progress people make in life occurs after a very negative situation. It is in fact what compels them to make a great effort or reach high for success and achieve it, etc. We see that for the individual and in society. So in that sense the negative was not negative at all, but a great positive that enabled enormous progress for the party. It was a more intense form of the positive that we do not recognize as it also causes pain.

Initial Occurrence Portends Final Outcome

Often we see that the final outcome of a relationship is intimated by the initial connection. For example, a consultant worked for a client intermittently and was paid well. He performed his work admirably. Then one day the client started complaining about the computer environment that the consultant had been working on over the course of several years. The consultant responded that the computers were too overloaded with applications and were

thus causing the system to intermittently break down. The client was dismissive of this view and turned angry. The consultant could do no more and stepped away from their business relationship.

Well it turns out that when the future consultant met the future client several years earlier, the to-be client was arguing with the technical support people over their inability to solve his computer systems problems! And they too saw that he was pushing things too far. The consultant watched this from a safe distance!

In other words, the final outcome conflict between the consultant and the client was intimated when the former first came into contact with the latter. That is one of the subtle yet profound principles of how life works. Moreover, if we develop a deeper awareness things not only will we discover this initial occurrence - final outcome dynamic to be the case, but we will now have access to a deep knowledge of what actions to take and what to avoid to insure positive outcomes now and in the future.

Visionaries See Before the People See

Steve Jobs indicated that Apple made products and services for people that they didn't even know they wanted! This is what visionaries in their respective field are able to do. It often issues from an intuitive sense of the future.

On Religions Devolution from Spiritual Origin

Religions ordinarily have a spiritual source in the form of a divine teacher or entity or teaching. But then it devolves into ritual, and then dogma and superstition. All followers of religion can emulate the spiritual founder in their own lives and withdraw from much of the rest. They can then become divine-like and whole in their own being. This is after all the age of direct spiritual experience, rather than being subject to the dictates of an organization and its power. Religion has in that sense run its course.

On Impatience

Impatience is the inability to accept time and its truths on their own terms.

Reader: Also impatience shows that there is no faith in divine

Response: Yes, it really does.

Sri Aurobindo's Role in Manifesting the Force We Can Open to

After He left in 1950 Sri Aurobindo worked in the subtle plane to enable the Supramental Force (Supermind) to descend into the earth's atmosphere, which occurred on February 29, 1956. Now we can partake of that spiritual Power, also called Mother's Force at any moment to create instantaneous miraculousness in any endeavor or situation. When that activity or condition is consecrated using the Force, life cooperates from all quarters. In this way humanity can be transformed, ushering in a new supramental species and existence. We thank Sri Aurobindo for fully manifesting God/the Divine in his being while on earth and then bringing the supramental force and action -- aka Truth Consciousness -- into the field of life. It is now up to us to use this wondrous evolutionary Power that is readily at our disposal.

Life Evolves by Working through Mistakes Vs. Right, Positive Consciousness

Reader: We seem to only learn through our mistakes; i.e. the hard way.

Response: That's the main way life evolves; through difficulties we encounter which we learn from. Only in rarer cases does life progress through right, positive consciousness to begin with -- examples being the onset of the Renaissance or the birth of the Internet in the history of society; or personally when without difficulty's prodding we fulfill our intense aspiration to lift our lives to a higher plane.

Limits of Western Mind in Interacting With the Guru

"Questioning is an established Western mode of interaction that can cancel the transfer of knowledge and inspiration from the guru in a thrice. One has to know when questioning generates further knowledge and when it cancels inspiration. Most questioning is of the physical mind that cancels. Genuine questioning by the thinking mind creates." (MSS)

Response: We see how in Mother's Agenda that Satprem often asks the right question or makes the proper comment, and Mother takes up the thread and discussion; and just as often if not more he interferes with the flow of Mother's focus and intent. In his later books (with possible exception of Mind of the Cells) he seems to have lost connection with Her vibration and his own personality dominates. He is a kind of microcosm of the western mind that on the one hand uses rational thought to probe and ascertain the truth, but other times goes against the grain of the discussion for some individualistic and vital reason. It is a kind of surface or sense-based view of things instead of the true truth of it. Karmayogi calls this "intellectuality." I as a westerner have had to grapple with that; i.e. move from the higher plane of intellectuality to one of being in tune with the other person and his interests, and therefore the true truth of things. Silence in the mind, deep listening, taking the other person's point of view, and simple catching of ego drive are various means of overcoming the limits of the Western Mind, or any mind for that matter.

So we see that it is both the need to question and avoid the truth through the physical mind, as well as the surface view of the truth through our intellectuality.

Using Mother's Force to Bring Rain to Drought-Stricken Area

"Pineapple Express" is bringing torrents of rain into California from Hawaii for many days just after people, media were worried about the state being in a 500 year drought. The whole thing is reversing suddenly out of nowhere. Devotees' actions are definitely having an effect, beginning two weeks ago when they began addressing the issue and the drought was at its absolute peak (no rain for three months during the rainy season with reservoirs falling towards empty).

Further comment: One interesting aspect of this is that if you look at a drought map of the US, you see the area of California highlighted where the drought had been most severe. Well that is PRECISELY where the rain has been coming for two weeks, with none of the others areas immediately around it receiving any significant rain! The Mother and her Force has an amazing precision! It is because it is Supramental.

Creative Response from Life to Turning Consciousness Higher

When you shift your consciousness higher -- whether making an important decision, overcoming a wanting attitude, taking to silence, opening to the spiritual Force, etc. -- Life suddenly turns Creative, bringing about the imaginative, the innovative, and the totally unexpected.

Appreciating Rival's Skill Instantly Attracts

Appreciating a rival's skill instantly causes life to appreciate yours.

Example: a man had a slightly competitive relationship with a long-term friend of his concerning their musical capabilities. One day the man was listening to the music player on his iPhone, which contained nearly 1000 songs. Surprisingly one of his friend's songs came on through random play, and rather than be jealous of his friend's skill, he fully embraced it and enjoyed its quality. When it ended, one of the man's OWN songs suddenly came on next, a very improbable occurrence given that there were 1000 other tunes. It both stunned him and made him smile because he knew he had evoked that response from life. He understood that because he embraced his friend's music rather than think of it competitively, Life instantly returned the favor and brought forth his own.

Ego as Attachment to Weakness and Insecurity Too

We ordinarily think of Ego as proud, haughty, selfish behavior, but it also expresses as virulent attachment to one's weakness and insecurity.

RK: Yes Garry sir used to say - whenever I say I am upset for some weakness or insincerity in following the principles - you should be never sorry for any apparent failures or defect, because then it is more likely that we will be proud of our positive factors and achievements. Both are movements of ego.

Rain Downpour Amidst Drought Due to Force and Rain God

Nearly 8 inches of rain fell in last 24 hours very near my friend Bob's place in Napa, who is an incarnation of a rain God and who has been doing something right since I spoke to and implored him two weeks ago -- along with other devotees (and the one Goddess we adore) - to put a dent in the '500 year drought' in California. The rains have not ceased in various parts of Northern California (including its vast reservoirs) for two weeks straight after the historic, unprecedented utter lack of rain during the first three months of the rainy season.

Mind, Psychic = Finite, Infinitesimal

Mind concentrates on the infinitesimal while the psychic being sees the infinite. (Sri Karmayogi)

Faith in Mother, When Lose It In Ourselves

Faith in Mother arises when we lose faith in ourselves. It is the voluntary giving up of one's faith in one's capacities that generates Faith in the Mother. (Sri Karmayogi)

Soul Connection to Others

When we are in touch with our own Soul, we feel no separation from other souls; rather an identity and inextricable oneness with them.

All is Operation of Universal Energy, Conscious Force

All action, all mental, vital, physical activities in the world are the operation of a universal Energy, a Consciousness-Force, which is the power of the Cosmic Spirit working out the cosmic and individual truth of things. (Sri Aurobindo from 'The Life Divine')

Keep Negative Under Control to Not Attract Corresponding in Outer Life

The smallest, slightest negative emotion on our part can quickly attract a negative condition from any party we are related to, from anywhere in the world. Best then to keep such feelings under control. Better yet, consecrate it, offering it to the Mother.

Not React to Complaints of Others

To the rightful or wrongful intense complaints of others it is best to be still and not react; otherwise you will attract more negatively, inviting more trouble on your hands.

Calm in Difficulty Attracts Unexpected Opportunities

When you calmly work your way through difficult circumstance, life returns the favor and rewards you with new unexpected opportunities.

Human Emotion short-lived vs of the Heart

Being enthusiastic and excited about something is an emotion, of the vital plane. It can easily turn around to its opposite. Gratitude, on the other hand is of the heart, which is a spiritual quality that tends to last.

Overcoming Outer Problem that is Traced to Inner Negative

Every problem you experience on the outside can be traced to something wanting inside.

Further comment: Thus if you shift the wanting inner quality to the positive, life will instantly do the same for the corresponding aspect on the outside.

Aspiration Succeeds, Expectation Postpones

Aspiration is often confused with expectation. Both express a will for accomplishment, one strong and the other weak. When we aspire, we send forth energy to bring a result. When we expect, we wait for something to come. Aspiration is active. Expectation is passive. In aspiration, we feel we can determine the results by the intensity of our will. In expectation, we depend on others or circumstances to accomplish the results for us. The more intense our aspiration, the faster and greater the results that come, whereas expectation can have the opposite result. Expectation has the power to postpone the results until we stop consciously looking for them to appear. (MSS)

Life on The March; Making Absolute, Creating the New

It is fascinating to see how life is constantly on the march relegating certain things obsolete -- whether businesses, organizations, beliefs, values, theories, -- while ushering in the unexpected and the new. We miss marking such movements as we are caught up in the tide of life, merely participating in its ongoing effects.

Pray for Day of Complete Consecration

When waking up every morning, let us pray for a day of complete consecration. (The Mother)

Perfection and Deep Values in Work Attract

If you do your work to perfection, while applying deep values of helping your organization succeed and being self-giving to others, life will reward you with popularity and prestige among your peers; not to mention ever-increasing levels of personal success.

No Title

This consecration is not for anything in particular, but simply to be open to You and follow whatever You wish of me.

Done Deal Overconfidence Repels

Overconfidence about a potential outcome as a "done deal" tends to cancel or delay its realization. Best to hold it inside as much as possible, or humbly express it as a solid possibility rather than a certainty.

Premature Talk of Success Repels

Talking about the potential success of a thing before actually doing it decreases the chance of it coming about as life responds opposite of our intention.

From Conscious Force to Energy to Matter in Creation

According to Sri Aurobindo Supermind divides the original Consciousness (Chit) of the Being (Sat) into the plane of cosmic Mind, and out of it the ENERGY that becomes the basis of matter in creation, i.e. the universe that follows. [Perhaps Dark Energy discovered by science is something similar.]

Further comment: Sri Aurobindo has explained how creation came about in great detail. The scientists still have hardly a clue, except the material results.

On Understanding Sri Aurobindo's Teachings

Karmayogi indicates that Sri Aurobindo's teachings may not be fully understood for another 1000 years.

Deep Insights that Have Greatest Power to Move Society Forward

There are those who see the problems of society. They are abundant, ranging from pundits to thinkers to average people and simply complainers. There are also others who are doers and continually attempt to rectify the social challenges. They are hailed as heroes and are glorified when they succeed. Then there is a third category of individuals, very rare indeed who consider various aspects of society, its progress and deficiencies, its future trends, and offer deep philosophical and practical suggestions to move the world forward. These are the forces that have the greatest long-term effect, and yet are by far the least appreciated. They offer the world subtle knowledge and powers that stimulate great change, that enable great progress, even evolution, yet live quietly, anonymously, in the shadows of notoriety and fame.

Each New Upward Transition in Society Brings Great Benefit to Its Members

At each period of upward transition – agriculture to industry – Society confers vast benefits on all members. It is copiously abundant. No one who uses Internet even at the minimum will fail to recognize it. (Sri Karmayogi)

Wealth of the World to Make Things Free

The world, by its institutional trust, has created enough wealth to make all conveniences – medicine, education, communication, transport, etc – free for the public. (Sri Karmayogi)

Not to Feel Frustration Beyond Non-Reaction

Non-reaction achieves vastly. Not to feel frustration is more powerful. To know that what now frustrates us is a source of our inner rapture is welcome. (Sri Karmayogi)

Further Comment: Yes, the frustration is the negative expression of the inner rapture. Two sides of the same coin.

Each time you consciously overcome frustration life responds positively.

Weakness, Failure, and Potentialities

Every weakness or failure sounds the depths of life's potentialities. (Sri Aurobindo, The Life Divine, p. 406)

Sense's vs. Intuition's View of a Problem

Sense (eg hearing) reacts and perceives a problem. Intuition, on the other hand perceives the truth and positive behind.

Sri Aurobindo's Integral view of Existence vs Science's

Sri Aurobindo has explained the process of how creation came about, its current nature and status, and where it is headed -- all in great detail. He thereby perceives the Whole of existence. Science on the other hand knows little but the material results, and are therefore lost in the part.

No Title

Yoga begins when ego is shed. Then Nature remains. Surrendering one's nature, we discover the Psychic. (Sri Karmayogi)

Calling Mother, Calm, and Great Results

Through Calling to Mother, a day or two or more of very good news is preceded by a feeling of deep calm and serenity.

Gratitude Before Spending Money Coming In

When money comes in, first feel gratitude -- toward its source, what earned it, etc. -- and only then consider how to spend it. Otherwise, a financial arrear may suddenly appear.

Example: A man received a gift. Rather than inwardly feeling thankful to the benefactor for its receipt, he thought about ways to spend it. Two minutes later when he checked his bank balance, he noticed an overdraw on his account.

Remaining Quiet About a Development Expands I

Remaining quiet about a development helps it expand.

Comment: This is a regular experience of mine over the years. Sri Garry is a master of this. Apple practices it in the form of extreme secrecy, and as a result so many in the world want to know what they have to reveal on the day their new products are finally presented to the public.

No Title

Happy Birthday Mother.

Power of Embracing Minor Irritants

Often the minor irritants that when embraced rather than ignored turn out to be the doorways to our future.

Being on Best Behavior on All, Not Just Special Occasions

People will be on their very best behavior when they are trying to impress someone who they seek to derive benefit from or otherwise impress, but will not act the same way towards the people who are normally around them. Often in fact quite the opposite!

Criticisms of Others Reveal Own Flaws

People gleefully point out the alleged deficiencies of others, but through their irritated or virulent expression reveal their own faults worthy of criticism.

On The Original Cause of Success of America

What Karl Marx aspired for the working class and Lenin endeavoured to achieve through dictatorship, Nature offered to the entire population of Europe in America if only they were willing to quit the class system and discover the infinity in the physical material plane. America was an occasion of work, a productive work, not a field of thought. The American borrowed the European science and converted it into scientific technology of the society which was at pains to be born at a higher level of prosperity. The abundance of opportunities around and the American's willingness to work endlessly needed one more factor, the practical organisation that forges results out of labour. Mother says the Americans have excelled in practical organisation. Andre Siegfried writing about the characters of various population - Latins, Germans, French, British, Russian - speaks of the American dynamism. Nature gave them compelling circumstances that were opportunities to be creative. Hence their enormous productivity. (Karmayogi)

Further comment: We see technology (the practical application of science) again leading the way in America and therefore the world through internet, world wide web, smartphone, tablet, solar and other alternate technologies, etc. -- and the vast wealth generated by it. (It will of necessity need to spread.)

The Message of America for the World

The message the U.S.A has for the world is 1) break the barriers 2) overcome the obstacles 3) Create a nation of all equal people - a nation of middle class 4) develop self-reliance as individuality 5) accommodate all types of people to create ethnic unity 6) Bring Mind to work to make it more productive and the nation prosperous. 7) Know life will break open your

encrustrations if you stick to them 8) move work from personal labour to collective organisation 9) Conquer Time and Space 10) Know any problem has a solution 11) Do anything on a big scale 12) Give up nothing as too difficult. (Karmayogi)

Goodwill Power

When you inwardly feel and project best of luck and goodwill toward someone engaged in an activity or undertaking, unexpected good fortune will quickly descend on that person. Plus you too will partake in that joy.

E.g. a man wished that a woman have the best of times at an activity she had sorely missed for a number of months. When she arrived back, the man discovered that the woman had unexpectedly secured a very important art-related machine that she had been yearning to use for a very long time. And now he too was able to share in her joy.

Shiva and Shakti

Shiva represents the unmanifest and Shakti the manifest; Shiva the formless and Shakti the formed; Shiva consciousness and Shakti energy, not only in the cosmos as a whole but in each and every individual.

Though one is manifested and the other unmanifested, they are in the ultimate sense one and the same. One is the principle of changelessness and the other, the principle of change - Shakti is change within changelessness while Shiva is changelessness as the root of change.

The experience of perfect unity of the changeless and the changeable, the dissolution of duality, is the aim of Tantra, and thus of Yoga.

Everything you see around you, whether physical, psychic, mental or whatever, is Shakti, both individually and collectively. This includes everything from a pebble to the sun. All manifestations of Shakti come from the underlying substratum, Shiva.

The aim of Tantra is to invert the process to retread the path of creation as it were, back to union with Shiva or the Paramatman (supreme). (Swami Nischalananda Saraswati)

Thanks to Salona Surjoo

Comment: This understanding is close to Sri Aurobindo's view. The Divine Mother is the Shakti force, the power of creation which we can collaborate with. Her origins are in the Being (Sat); in particular, the Creator who is supreme, beloved and adored (Ishwara).

The tantric view of Shiva and Shakti as the Stability and Force of creation is adopted in Sri Aurobindo's metaphysical view as expressed in The Life Divine. It is a large part of the puzzle that describes the ultimate cause of reality, that includes the workings of the plane of Supermind (Truth Consciousness) in the creation process; the utility of the Spirit inside, i.e. Soul/True Self and its connection to the transcendent as given by the Gita; the one omnipresent Reality in many forms, and the connection to Self that enables the mind to expand to intuition and beyond of Vedanta; the integration of the 4 main yogas, again of the Gita; etc. Based on his direct experience and realization of the Divine Sri Aurobindo has seamlessly developed his own Integral view that incorporates the profound teachings of Tantra, Gita, Vedanta, and merges it with a western-like evolutionary view that posits an ultimate transformation of the individual, society, and life on earth into its spiritual equivalents.

Two Startling Parallel Ukraine-Related Events (put in kb)

On the week the government of Ukraine in Kiev was cast out a Ukrainian immigrant from Kiev escaping misery and oppression there years earlier, and who had come to America to build his startup company secured \$19 billion in the US by selling his phone app called WhatsApp to Facebook. The confluence of these two simultaneous events is indeed a startling one. As it turns out Life continuously, daily, every moment presents these subtle and profoundly meaningful associations, but we do not normally have the wherewithal to perceive them.

Reader: Can u explain the inner meaning of these parallel events please Sir

Response: It's a very good question.

There is now an intensity surrounding Ukraine. She is trying to change from negative to more positive political and social environment. Jan Koum was an immigrant whose parents tried to get away from repression there years ago. As he came to the US he found freedom, including freedom of infinite opportunity. As Ukraine changes to the positive, he gets a positive boon of \$19 billion. Great positive meets great positive; reflecting the same vibration. They come in pairs, actually with many other iterations we do not see.

There are always events occurring in our lives that reflect our own movements in consciousness. It reflects in social events, like a change in the community or nation. It also works in the opposite direction, a social change that reflects in a change in us.

If you read the newspapers and magazines frequently you constantly see this correspondence between two significant events. It's there to be read about every day. People do not see such associations, or if they ever do it is prefaced with "coincidentally ...". There are no coincidences, as everything is interconnected in space and time – at the gross and subtle planes.

It is also notable to Ukrainians that he did not succeed in his homeland, but did so greatly in the US. They subconsciously know that his homeland failed him, and had it been more open, he could have had a great success there instead.

Reader: Thank u so much Roy Sir for the wonderful explanation. The more conscious we are the more aware we can become about such parallel incidents

Response: Very true!

Training Your Mind for Life As It Is

Peace is the result of retraining your mind to process life as it is, rather than as you think it should be. (Wayne W. Dyer)

Humility and Psychic Being

Humility is nothing but submitting oneself to the psychic being inside. (Nedumaran Ramakrishnan)

Humility and Accomplishment

--Humility is the inner knowledge that MAN is a trifle before the world, Nature or God.

--The moment one becomes truly humble inside, life and its abundance rushes towards him. That is the point of transition from a life of misfortune to one of good fortune.

--Humility makes failure into success.

--Humility is the conscious awareness of one's potentialities and not appropriating them to one's ego.

--Humility is the capacity to act without the knowledge of anyone.

--Humility not only recognises we are part of the whole, it enables the whole to offer the efficiency of it to the part.

--Awareness of the whole administers to the sense of humility.

--Humility or self-awareness is described as the capacity not to interfere in another's affairs.

--One sure mark of humility is the willingness to learn from inferiors, and it reaches its acme when the emotions consent to learn from those whom you taught. The best of spiritual humilities is learning from adverse circumstances.

-Humility is the strength of prosperity. (Sri Karmayogi)

Reader: Humility to Mother takes one out of ego. Materially she sanctions the boons to those who are humble. Spiritually she offers experience of one boundless energy in action. One can practice humility by feeling the Mother with in every other person and offering pranam to the Mother with in every other person. - KY.net

Abundance Quickly Responds to Humility

The moment one becomes truly humble inside, life and its abundance rushes towards him. That is the point of transition from a life of misfortune to one of good fortune. (Sri Karmayogi)

No Title

Why not behave, act towards others as if you were interacting with the Mother.

Power of Humility in Mother

Humility to Mother takes one out of ego. Materially she sanctions the boons to those who are humble. Spiritually she offers experience of one boundless energy in action. One can practice humility by feeling the Mother within every other person and offering pranam to the Mother within every other person. - KY.net

Role of Government as Leader, Not Implementer

Government should serve the role as leader, that which envisions and gives direction, and less so be involved in the actual carrying out of initiatives. This role of government in right coordination with organizations, businesses and the people will bring about great success for the nation. Through this dynamic relationship, a balance is created amongst the components; a harmony that enables optimal results for that society. Without government playing its modest but important role anarchy and division tends to rise up from within. And yet we also know that the greatest ideas and energies percolate up from below, from amongst pioneering and visionary individuals, secretly reflecting and realizing society's subconscious aspirations.

Comment: (a thought: the nation too has its Engines - as in Garry Jacobs' VitalCorp business book - which need to be balanced and in alignment, and led by its psychic center which are its deepest values.)

Doing Right Thing in Consciousness in Moment Attracts Possibilities

If you do the right thing in consciousness, life will constantly surprise you with new possibilities. In that way, you can follow the thread to infinite-like success and joy.

Further comment: At each point we can make a choice and do what is most helpful, positive, conducive to others well-being, etc. As we do this, life presents opportunities from out of nowhere. Now we can apply the right action in each of these areas. As we follow this path, we are moving along a never-ending path of ever-higher accomplishment. There is nothing to do but follow this golden thread to infinite success.

Money Generating Power of All Taking to Self-Givingness

If all the population takes to self-giving, three thousand times more Money can be generated ... (Sri Karmayogi)

Further comment: Self-givingness to others tends to attract more work, opportunity, success, and money. E.g. Erin Brockovich would do anything for her long-suffering clients. It resulted in a \$100 million settlement on their behalf. If everyone acted in a way in which we are thinking of others first, giving rather than taking, going the extra mile for them, etc, we will attract vast amounts of money. If there is a general movement in this direction money will multiply a thousand times in society as Karmayogi suggests. Youth will be born into a splendor of success, well-being, and infinite opportunity.

Restraining Our Opinions (go through)

Restraint of opinion is a cultural creation of a high order. (Sri Karmayogi)

Comment: Keeping our opinions to ourselves not only avoids negative response, but it enables additional knowledge to be revealed by others, by life. It is the power of Silence.

Reader: Heard in speech "Karmayogi says opinion flows in the plane like needles and it will come back and penetrate "

Response: Yes, very true Kosalai.

Example: An instructor one morning decided to express his strong opinions on a matter with a student who arrived before the rest of the class. An hour or two later, everything began to go wrong in the class and it was mainly sparked by problems related to this particular student. Life had responded negatively through the person that the instructor's unbridled opinions were directed towards. He learned a good lesson from that day onward.

An Opinion vs. a Knowledge

I believe we can distinguish between an opinion and a knowledge. The former is based on one's preferences, which are influenced by the vital being, our experience, and sense. It is kind of rolled up into a ball that we express gladly, gleefully, even asserting it as if it were the final truth. Knowledge is beyond that. It is truth itself. When we are silent we open to the many-sided truth of things which Sri Aurobindo calls integral knowledge. Also, as we grow in consciousness, we begin to hold back expressing our opinions, recognizing it as an ego movement -- whether it happens to be true or false, negative or positive, or most often somewhere in-between.

So yes an opinion can be positive in its truth essence, but the urge to express it is often a false one. Expression of knowledge in the right context, devoid of ego is almost always justifiable.

Assuming the Potential of Something New

Man acts as he is, never takes the effort to assume there will be something new. To assume something new is to shed the coating of habit and take a fresh look. (Sri Karmayogi)

Further comment: In other words, when he casts aside habit, takes the fresh look and does something new, life responds overwhelmingly. E.g. one man simply walked a different way instead of his usual path. He thereby discovered a wondrous view, plus an out of the way bookstore that had a booklet with the name of a woman who would review his own book, causing him to rewrite it with startling inspirational results for many. That is the power of casting aside a habit, and embracing the new. Life rushes in with good or great fortune.

Taking to the New for the Old, Not For Its Own Sake

Man always wants to receive the new to fortify the old, even if the old and new are inimical [unfavorable]. (Sri Karmayogi)

Further comment: It's indicative of the physical consciousness in Man that does not want to change. It wants the new to be the same as the old, even if it is still no good.

Prosperity When People Take Responsibility for Themselves

No government ever made a people prosperous. Prosperity comes when people take responsibility for themselves and decide to become prosperous. Then government, which is not separate from the people but part of them, aids in that effort. As long as the people expect someone else to make them prosperous, they remain poor. (MSS)

The Sanction of Our Soul in All That Happens to US

Sri Aurobindo says that nothing happens in the world without the sanction of the Cosmic Purusha and the Individual Purusha of the soul affected. What happens to us happens with the sanction of our own deepest inner being which has taken birth as an adventure of consciousness and joy in the Ignorance. (MSS)

Further comment: Whatever happens in life is sanctioned by the Conscious Being and Soul (Purusha) above and our true self and being within (Soul). They recognize that what is happening -- no matter how difficult, problematic, painful -- is an opening to better, higher, greater things. Sri Aurobindo describes it as the transition from Ignorance to Knowledge that is sanctioned by the spirit - whether transcendent above or the psychic being within.

Even from Smallest Can Come Infinite Potential Realized

From any activity, even the smallest we can bring out and realize its infinite potential – in terms of knowledge and results. This is the way from the current reality to the infinite future.

Reader: Even sweeping the floor!

Response: Yes. A man cleaned out his refrigerator and upon completion instantaneously attracted months' worth of work when he had absolutely none in site and was near penniless.

Grace Ever-Present in this Supramental Era

It is now the Supramental era that the Grace of the Absolute is ever-present on the universe, searching for right instruments to carry out His will in the world. (MSS)

Thousand Year's Accomplishment At Once in the Hour of God

Aeons of God's work create an Hour of fruition. At that Hour, what can be achieved in a thousand years can be accomplished at once. Sri Aurobindo says this is such an Hour of God. In this Hour, He says, Man can evolve into Supramental Being and usher himself into the World of Delight, a world of Spiritual Opulence. Sri Aurobindo came into our world to bring that Hour into human life. (Sri Karmayogi from Spiritual Opulence)

No Title

In the silence of the heart burns the steady fire of aspiration. (The Mother)

Further comment: By "aspiration" Mother means aspiration for the Divine, or for a higher consciousness to be developed in ourselves. Through silence (of mind, emotion), we feel that aspiration emanating from our soul.

Peace and Calm from Consecration

When you consecrate a problem, offering it to the divine Mother for its resolution, one of the first things you notice is peace and calm settling over you.

Reader: true true not only a problem but just offering a task at work or routine errands at home

Response: Yes, thank you for that reminder.

Russian Under Putin & Consciousness Approach To History (move to kb)

[In light of the current Ukraine issue involving the Russians.]

A "Consciousness Approach to World History" indicates that the West attracted the often diabolical qualities of the Soviet Union and the Cold War because Europe and the US meddled in the Russian Revolution in the early 20th century. Brute Stalinism, who killed tens of millions of his own people, replaced idealistic bolshevism. The Cold War was thus a negative response to Western interference to a fundamentally positive development.

Likewise we have seen that the anti-democratic actions under Putin is a negative response to the US and European insensitivity to Russia following the end of the Cold War, counting her out as a world player. Russia is thus asserting herself, her right to be respected through the negative anti-democratic actions of its leader.

In addition western support of shock therapy economics in Russia following the fall of the Soviet system led to vast economic insecurity and the rise of gangsterism in that nation and its expatriates abroad.

As we see, often the most negative developments in history are the response of life to the false actions of the presumed good side earlier on. It is an another indicator of the inextricable connections of all things in life.

Reader: Kerry and the IMF offering Ukraine trinkets would seem to be an attempt to poke Russia with a pointy stick. What economic advantage to the US of destabilization of a grand scale?

Response: It's a complex issue that indicates the need of the various sides to come into harmony with one another beyond their differences. There is plenty of ego and falsehood to

go around. If each side sees the other's viewpoint instead of just asserting their own it will help a lot.

Reader: I have often seen that only when Russia shows its military movement the US and the western countries calm down and the international crisis is defused.

Response: The question now on the table is whether Ukraine will hold together or split into two or more nations, or even have one of the potential split nations join the Russian federation or Russia itself. Ukraine has many nuclear weapons. US and the West did not take the best tact when it threatened to extend NATO to countries on Russia's borders (including Ukraine) after the end of the Cold War. Russia is like an angry, violent child who did not get the respect it thought it deserved in the last 25 years. There is little question that the West treated the Russians shabbily after the end of the Cold War. On the other side, Russia also has almost no democratic tradition, as we see again under the autocratic Putin. These differences, contradictory forces, indicate that the two sides (and the ones in between like Ukraine) are inextricably linked together for the purpose of evolution of each out of its ego, hypocrisy, violence, and authoritarianism. A higher harmony in one form or another between all parties is the solution. All life evolves through contradiction and its resolution into higher harmony.

I believe that perhaps the one overriding and counter-balancing influence is that of the Russian people. They do not want to go backwards. A few years ago they almost forced Putin from power. They are happy now to earn, to discover middle class existence and wealth. Like other people who are beginning to prosper, they want stability above all else. Putin knows this and cannot therefore go too far, or else there will be trouble again on the streets of Moscow and elsewhere in the country. They also need to diversify their economy, which is too heavily dependent on oil. The people know this, as they see the excesses of the super-rich there who own the oil. The Russian people are the great force of change in the country that I believe in the longer term nothing can stop.

Unwillingness Expressing at Physical, Vital, and Mental Planes

Negative habits -- i.e. doing the same wanting thing repeatedly, with an unwillingness to change -- expresses through the Body (physical), e.g. as inertia and resistance; through Ego (vital) as e.g. assertion of self; and through Ignorance (mental), i.e. lack of knowledge of the truth, in various combinations. If we want to overcome these dominating influences of habit, we ought to develop a deeper consciousness. Sri Karmayogi has offered us many methods to accomplish just that.

Habitual Nature Prevents from Being in Right Flow, embracing Possibilities

We are creatures of habit, which blocks what the currents of life are presently aiming for. In other words, our outworn and dead habits block spontaneity, preventing us from being in the right flow of things, and therefore the infinite possibilities it is continually presenting.

Habit is the Enemy for Grace

Sri Karmayogi says "habit is the enemy for grace". WHEN WE'RE in MOTHER, SHE makes the circumstances in such a way that we're not the victim of habit. If we are so adamant to change, SHE gives a gentle hit and makes us to change. SHE gives continuous improvement in all directions which changes our habit. (Ramesh Kumar)

Response: Wonderful

Embracing Another's View Whether True or Not, and Response of Life

Embracing the other person's view, whether or not it is true has a great power to attract positive conditions. It opens the mind beyond one's own perspective, which is the Part, to the supramental view, which is the Whole and integral truth of things, with an added power to quickly manifest positive results in one's favor.

Reader: I wish more people understand this.

Response: This is a very strange concept to most people. But once you have seen the positive response from life by embracing the other person's view, it will no longer seem that way. We

have been conditioned to assert our own perspective of things, especially if we disagree with another's position. But here we are saying that if agree with the truths of another, no matter how small, positive things start happening, including the real possibility that they will completely agree with your position! This has been my ongoing experience.

What You Get from Prayer Is Not repeated by Mother

Whenever I speak to devotees – at some point of time there will be utterances of words that means “ Mother is not granting as before” – adding to that saying “may be my receptivity is low now” to show that they are so humble in accepting the same.

Karmayogi in Yoga Vazhkkai Villakkam says: ‘Mother Never Grants Prayer in the same level which She granted earlier’.

Mother also clearly says, “Don’t expect me to fulfill all that you want or pray. I have a purpose -Evolution, and speeding up the evolution. You don’t have to worry about all the prayers based on that. My sanction is there always for that. Grace never fails to act on them instantaneously”. But I don’t like who limits themselves to worshipping me. It is actually they don’t want to do anything more for me”.

Karmayogi says Grace is sincerity of Mother towards us -for our sincerity to Her. She never fails in Her duty.

He even lists when our prayers are granted in a moment.

- For prayers that is based for progress to next higher in vital and mental level.
- On reversing the attitude, character, behaviour, opinion, prejudice, preferences that brought a problem. (Past consecration)
- Aspiration for expression of the Divine in any form.
- Attitude that can make life much simpler , without the complexity of the ego and open to the Spirit within, knowing its true purpose and shifting the activities of life, to be a true and authentic expression of that purpose.

If you want hundred times quicker results, you have to change hundred times quicker too. In simple words, a lazy man trying to make his nature as dynamic person will surely be rewarded-to the level and how quick he changes himself. (Ramesh Kumar)

Out of Touch with and Moving Into Alignment with Time and Knowledge

We are often out of sync with life and others in terms of Time and Knowledge. We know when we want things to occur, but it may not be when others want it to happen, which we are unaware of. Likewise, we have a certain knowledge of things, but are often unaware of what others are thinking on matters related to us, manifesting as a knowledge gap on our behalf. As we become more intuitive (as a result of developing a deeper consciousness), we begin to move in alignment with others in terms of Time and Knowledge. Then success and joy is our never-ending experience.

Time Eradicating Power of Education

Great, practical-oriented Education can eliminate having to wait for years of experience to succeed. It can put you way ahead of the curve.

Further comment: A person with a Masters graduate degree in say business administration is mostly hearing, not experiencing it is true. But when he witnesses in the field of experience, he will truly witness with an educated mind, thus accomplishing in 2 years what it takes the non-educated to experience and learn from in 10-20 if at all. It is thus a matter of degrees. High level education does not overcome experience completely, but does so to a very large extend. The same with vocational training. Or to put it another way what it takes 30 years for a non-educated through experience, occurs through 2 or 3 years of experience through the educated. Also now with online technology one can see videos of many types of experiences of others as well, giving even greater power to the learning process, and thus reducing the experience needs by even less. In company training and continuous education for adults accelerates the process even further.

Tying the Discovery of Spirit in India and Mind in West Together

Spirit was experienced profoundly thousands of years ago throughout India by the rishis and others, much of which is captured in the Upanishads, Vedas, Gita, Vedanta, etc. But then the world, especially Europe ushered in science and materialism, not focusing on spirit, but instead on the development of Mind. Now however, we can tie the two ends together. Because of the infinite developments of the scientific and technological age of the last several hundred years, we can now apply Spirit to a myriad of details, enabling a true all-comprehensive, integral spirituality to make its way across the globe.

No Title

MOTHER is an Experience and not Explanation. (Sri Karmayogi)

Generating Quiet Efficiency that Moves the Work Dynamically

Inner restlessness is outer movement.

Inner quiet is outwardly quiet efficiency.

Quiet efficiency can have the work moved dynamically.

The cultural restraint (of Mrs. Gardiner) is superior to quiet efficiency. (Sri Karmayogi)

Silence Over Restlessness for Attracting Life's Cooperation

Silence is better than restlessness for attracting the cooperation of life. Restraining one's self from taking an outer action, or in Mrs. Garner's case (from Pride and Prejudice) she restrains herself from asking Eliza about her relationship with Darcy, which attracts their meeting at Pemberley and their eventual marriage, enabling vast wealth to come to Eliza's family. It is the infinite power of self-restraint; in this case, from butting into another's business.

Attracting the Market in Business

The internal organisation [of the company] is related to market; and therefore a greater internal organisation attracts the market.

Business considers market as an outside sector which the company has to reach by its resourcefulness. Our position is the company is a child of the society and therefore powerfully related -- its values are social values, its organisation is of the type of social organisation, its members are drawn from the society, its texture is of the society's etc.

It is a greater strategy to better organise the company to attract the market than to reach it with ads, price, incentive, concessions etc. The link between the society and the company is the management or the CEO. His own commitment to the company is the psychological link between the market and inner organisation. (Karmayogi)

Comment: If a company's executive can feel one with the society, realize that his business is a child of that society, then that business will be undivided from the market which resides in that society, and therefore he will attract it to him. Karmayogi explains the links we have as a business to that society. The CEO's goal should be to internalize that in his being.

Restraining Broadcasting Accomplishment

The more you restrain yourself from broadcasting your accomplishment, the more the energy and power for its success builds up.

Unrestrained Eagerness to Broadcast Success Is Ego that Attracts Negatively

The unrestrained eagerness to show what one has done emanates from the ego, as well as an indicator that one is out of step with time. It can bring disdain from others, lead to premature error, and worst of all perhaps one loses the capacity for great success. Higher consciousness and therefore a deeper center makes one more patient and therefore more restrained. Also being aware of the principle will tend to compel one to hold back.

Negative Response to Complaining

Complaining normally makes things worse, attracting the negative.

Unwillingness to Willingness Power

Merely changing from unwillingness to willingness to engage in an activity can suddenly attract another person's interest in doing it for you!

Capitalism Adopting Socialistic Values, and Further to a Human-Centered Economics

Capitalism is progressively adopting many of the social values and benefits of socialism.

Q: Then why is it called capitalism?

A: It is fundamentally capitalism, but one by one it is adopting social values of socialism. We see that throughout Europe, especially in Scandinavian countries, even in America -- in terms of unemployment insurance, minimum wage, social security, women allowed to take paid time off for pregnancy, rights of employees, employers increasing caring about workers, safety standards set by government regulation for companies, consumer protection, guaranteed health care, and eventually even right to a job, to a fulfilling education, and others. Also companies themselves are taking to many human values as never seen before.

Free market still dominates, but now social consciousness is rising. It is capitalism enriched. It is becoming socialistic capitalism, and we hope it is eventually replaced by a Human-centered economics, not money centered as now in capitalism (nor government controlled as in socialism and communism). Human values would then predominate, not money (as in capitalism) or control (as in socialism). For now capitalism with certain values aspired by socialism adopted seems to be the way forward before it changes to a true Human centered economics.

(Beyond that is a spirit-oriented society and existence with spiritual values like Harmony, Oneness, Self-givingness, Love, Beauty, Intuition, Goodness, Timelessness in Time, and Infinity as the core of life. Sri Aurobindo calls this a Divine Life on Earth.)

Reader: Adopting social values by capitalism is a welcome move as otherwise it may lead to another revolution.

Response: Yes. It enables stability in those countries. A kind of safety valve. But it is more than that. It is a progressive, evolutionary movement of increasing higher values in society.

Timelessness in Time is Instantaneous Miraculousness (Life Response)

We know what time is. That is what we live in. We also know what timelessness is. It is the eternity beyond time; in this life and beyond. Thus "Timelessness in Time" is the experience of Life Response, i.e. sudden good fortune. It is where time is abridged, overcome, brining results instantaneously (instantaneous miraculousness). Life response, time negated, is timelessness that occurs within the time we live in. This is one of the key attributes of the coming divine life on earth.

Further comment: Time was necessary for creation, and was enabled through the dividing capacity of Cosmic Mind in a movement from out of the Timelessness, i.e. the eternity of the spirit. But now in creation there is a movement back the other way, from the mere time we live in to timelessness in time, which is life response, -- instantaneous miraculousness -- which is a sign of the emergence of Spirit in life. Or to put it another way, there was a movement from Timelessness to Time in the Involution, and from Time to Timelessness in Time in the evolution. We are thus moving towards a life of never-ending miracles, and in that process the transformation of all aspects of human existence.

Abriding Multiple Births by Connecting to Them

We abridge the time of multiple births to one birth, learning all the necessary remaining lessons at once when we connect to Sri Aurobindo and the Mother.

Sri Aurobindo Beyond an Avatar

Sri Aurobindo's devotees and sadhaks know him as a Rishi. Most think of Him as an Avatar and are satisfied. To describe Him to oneself as an Avatar is to describe the computer as the latest model of typewriter. (Sri Karmayogi)

Psychic Emerges by Overcoming Nature

An Individual overcoming Nature is the Psychic emerging. For that to emerge one must move away from all responses to Nature. (Sri Karmayogi)

Getting Results From Calling The Mother (prune this?)

Calling the Mother is to move to Psychic.

Calling Mother can be from several levels.

Calling from each level will help more away from that level.

It happens when that level is saturated.

Silence descending on him is his quitting the Mind.

Silence, drshti, intuition, knowledge are the four levels one has to cross.

Even on the first level of Silence, the problem will vanish.

The first obstacle is random thoughts.

Next is thinking represented by the censor.

Failure here is certain, rarely one can get beyond. Faced with the failure, don't give up, ask Mother to protect you from the censor.

The prayer must be long, very long and intense before it is answered. (Key)

When answered it will be one time victory, not a permanent endowment.

One time victory is the Governor coming home for dinner.

Permanent victory is to become the Governor.

For permanent victory one has to repeat it in all other contexts successfully.

Usually after one victory, one will lose all patience and would not be able to repeat it even once which means the little faith is exhausted.

Faith is generated by perseverance.

Perseverance is to exercise the physical by the Mental.

One's patience is most tested in such an exercise.

It is for this reason consecration is always forgotten.

It is grace to remember consecration. (Sri Karmayogi)

Reader: It is grace to remember consecration. It is Supergrace to activate Life Divine or application of Life Divine in our life.

Response: Nicely put D. Karmayogi has magnificently explained the process of Calling Mother to solve big problems, capitalize on opportunities, engage in activities, and so forth. We can begin that process from any plane. Here he is explaining the process of calling originating in the mind, where one takes to silence, overcomes the obstacle of the mental censor, and then calls often and intensely from that status, which will bring about magnificent results.

For the last two years I have been engaged in persistent Calling for various reasons which has not only had great outer effects, but has changed the center of my being. He tells us that when we engage in the process, from any plane, here through the still mind, we move to the Psychic, which is the first essential step of the Integral Yoga. (BTW: His words above are taken from his vast commentary on Pride and Prejudice.)

Reader: Thanks Sir. What is obstacle of mental censor?

Response: Here are examples of the persistent mental Censor we each have as Mother explains in Agenda:

The Censor

"Everyone carries with him, in his atmosphere, what Sri Aurobindo calls the 'Censors'; in a way, they are the permanent delegates of the hostile forces. Their role is to criticize mercilessly each act, each thought, the least movement of the consciousness, and to place you before the most hidden motives of your behavior, to expose the least lower vibration accompanying your apparently purest or highest thoughts or acts."

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"Sri Aurobindo had told me that it was a 'censor,' that I had with me a 'considerable' one! It was constantly, constantly telling me, 'No, it's not like that, it's like this ... Oh, no! It's wrong to do that; be careful, don't be egotistical; be careful – do this, do that.' He was right, but I sent it away long ago – or rather, Sri Aurobindo sent it away."

Response: The censor questions every progress we make, positive step we take. I often experience this at the end of the day. It says are you sure that was the right thing to do? Or all that benefit you created may not have been so great after all. Or perhaps I have offended someone. Or what's the whole point of that exercise I engaged in, etc. etc. It wants to deny progress we make. Hence it is a censor. Thus it has the stamp of the hostile forces.

Conversation on Idea that Yoga is for Those Who Seek Danger (prune this)

This yoga is meant for those who love danger.

Danger is energy that can destroy all structures [within].

When all structures are demolished there is endless scope to expand.

Expansion is delightful as creation itself is an extension of the Absolute.

(Sri Karmayogi)

Response: By love danger in yoga I believe Karmayogi means that one accepts, even embraces all possibilities, including all difficulties no matter how severe or extreme (as the yogi perceives that they are means to great positives, and thus to integral transformation).

Reader: Yes Sir but in our spirit to embrace all possibilities we must not provoke others. I am witnessing loss and shakes and wasted time in my house. That's it.

Response: I don't believe he means provoking others, but to absorb the provocation of others or the deep challenges of life, as a means of inner transformation. Thus he is willing to court danger.

Reader: Yes that is correct but all cannot do that Sir. That is nature.

Response: Yes of course, but here he is talking of Integral Yoga, not merely being a devotee. Integral Yoga is only for a very few as Karmayogi mentions often. The Integral Yogin must be open to all external dangers as possibilities, that need to be either ignored, be silent to, transformed, etc. through inner movements. He needs to be an adventurer, even a dare devil, as he allows for all possibilities as means for the transformation.

RK: I would like to mention the reference Sri Aurobindo Has made to "EVIL PERSONA" . there he says every pre destined instrument has in himself a part or a being – that is totally negative to all that he stands for. We don't normally recognise it. If we feel that such a thing is not there, the moment our work begins on our ideals – we can see it inters into our periphery (mostly as subtle inner force) or as a person. In the occult economy of things the shortest route to realisation is - to accept that person fully and work out his propensities in oneself,, as if these or one's own. -BY KARMAYOGI.

Response: So Ramesh it seems that Bhagavan is saying sort of what Mother says that each of us represent an impossibility, and sooner or later we come to recognize in ourselves, or in a personification through another person, and by overcoming that from within is the quickest means for our progress and transformation. So that would seem to be a key element in doing the Yoga, or perhaps something a bit less on the transformational scale.

RK: I am not going into high yoga consciousness. Even I see when a big project comes, the other part of being often lingers on every negativity about that and why I cannot do this or handle at present. Similarly when one of my life time ambitions was blessed by KARMAYOGI – friends and relatives who left me at least seven years back suddenly cropped up from nowhere with all the attitudes and habits that started spoiling the atmosphere.

According KARMAYOGI I should not ignore it or avoid it or run away from my duty – else it will come in higher levels. When the task in hand demands more, truth, the higher consciousness also should be more formed. Should face it by seeing it in correspondence, life response etc.,

Response: Yes, you are right Ramesh. Getting rid of the one or even several impossibilities in one's self does not necessitate the yoga, which is a lifting up of all the parts of the being. The one or several changes one can get through higher consciousness in work can reverse the "impossibility" in one's self, and translate as all the necessary growth one is required in this life.

Remembering Mother, Forgetting Ourselves

To remember Mother implies forgetting all that we are. Turning to Her means commissioning all energy to that. (Sri Karmayogi)

Spirit, Evolution, Mother

The Spirit taking interest in the evolution is turning to Mother. (Sri Karmayogi)

Mother Discusses the Sensor that She Too Has (prune as necessary)

Here are examples of the persistent mental Censor we each have as Mother explains in Agenda:

"Everyone carries with him, in his atmosphere, what Sri Aurobindo calls the 'Censors'; in a way, they are the permanent delegates of the hostile forces. Their role is to criticize mercilessly each act, each thought, the least movement of the consciousness, and to place you before the most hidden motives of your behavior, to expose the least lower vibration accompanying your apparently purest or highest thoughts or acts."

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"Sri Aurobindo had told me that it was a 'censor,' that I had with me a 'considerable' one! It was constantly, constantly telling me, 'No, it's not like that, it's like this ... Oh, no! It's wrong to do that; be careful, don't be egotistical; be careful – do this, do that.' He was right, but I sent it away long ago – or rather, Sri Aurobindo sent it away."

Reader: Thank you for your comments Roy Sir. But I don't understand it clearly. Are these bad? Eg when it tells don't be egoistic, be careful, I don't understand what is bad in it

Response: The censor is constantly over-analyzing, fretting, burdening and shackling one from experiencing a wider consciousness, from being free to be, to discover, to take individual action in joy. It doubts, it questions everything, retarding action, stifling aspiration; preventing any movement of higher consciousness from taking root. This is not being careful, but casting doubt over everything. It even blocks the spirit from taking root; in fact, it questions the spirit itself. This is so because it has cosmic roots in hostile forces.

On the other hand, as we grow in consciousness, we progressively get in touch with our inner, subliminal being which constantly guides us to action in the right direction. That is because it is in touch with the super-consciousness. This is the opposite of the censor. The psychic being or evolving soul is one level deeper still, and the aim of yoga is to get in touch with this True Self. The practical, rational mind lies somewhere in-between.

Reader: Thank you so much Roy Sir. Also could you explain a bit in detail on how to overcome this constant chattering of the censors please Sir?

Response: It helps to recognize it when it occurs, and when it happens you can assert your will, and say "Stop. Let me carry on without your interference and see what happens." The deeper the poise of your consciousness, the more you will be able to recognize it.

One can also consecrate the matter to the Mother. Consecration often brings peace and silence. It also has the effect of deepening the poise of one's consciousness that enables one to catch instances of the censor when it occurs, as well as other mechanical ruminations of the mind. In addition its supramental force and action has an added power to work directly on the censor itself and loosen its hold over us permanently. The question then becomes how

much you are committed to consecration in your life that creates the silence and deepens the poise of one's being.

Meditation is another widely known method as it can still the mind and make it sensitive to when the censor or other forms of mechanical thinking take place, and block it from taking hold.

On Mechanical Thinking (and vs. the Censor)

Your comments on mechanical thinking are very true Sir. Most of us have this problem I guess. And the more we try stopping them the more they occur. Also it really drains the energy out when we try harder. And as you have told meditation and consecration are two really effective methods Sir. Let us all try to grow in our consciousness:-) btw guess you have moved your comments regarding mechanical thinking as a new post while I was wondering where your comments disappeared;-)

Response: Yes, mechanical thinking is a little different than the Censor, so I wanted to distinguish between them in a new post.

The censor questions every progress we make, positive step we take. I often experience this at the end of the day. It says are you sure that was the right thing to do? Or all that benefit you created may not have been so great after all. Or perhaps I have offended someone. Or what's the whole point of that exercise I engaged in, etc. etc. It wants to deny progress we make. Hence it is a censor. Thus it has the stamp of the hostile forces.

Consecrate Meeting Without Expectation

When you go into an important meeting, consecrate it to the Mother, and try not to have any expectations. Have faith in Life's outcome, whatever form that takes shape.

Don't Complain, Instead Change Yourself

If you want someone to change, don't complain about them. Instead change yourself in a corresponding way. E.g. if you see that your partner is messy and you feel the complaint coming on, withdraw it mentally and emotionally. You will soon see the other person changing their behavior in the area you desired change, or in some related area you would appreciate. Though this seems counter to human logic it meets the standards of the logic of the Infinite; of higher consciousness, and the laws of attraction and life response.

Further comment: A further stage beyond neutralizing complaint is to turn it into appreciation for that party, and to consecrate the issue.

Haste In Modern Life that Leads to a Crash

... that haste in which people live – they hurtle through life ... where to? ... to end up in a crash! (The Mother, from Agenda)

Comment: Mother sees how the modern individual throws himself into life, into action, with so little thought; desiring so much; caught up in the whirlwind of the lower vital; fully engulfed by Need, only to be overwhelmed by events; taken down by life, ending in a crash.

Reader: Much ado about nothing.

Response: Yes. It is most challenging for young adults who have so much life energy.

My Goal of Taking to Mental Silence

Karmayogi long ago asked me to take to mental silence throughout the day, which I have slowly been adhering to. Naturally that would overcome the mechanical perturbations of the physical mind. It is one of the goals of integral yoga, and thus a life-long task. It requires one to go deep within. Consecration, non-reaction, taking the other person's viewpoint, self-givingness, etc. are ways to accomplish that.

The Cheerful, Plodding Make Greater Progress than the Impatient

It is the fact that people who are cheerful and ready to go step by step, even by slow steps, if need be, do actually march faster and more surely than those who are impatient and in haste. It is what I have always seen. (Sri Aurobindo)

Comment: Yes, over the years I have enjoyed learning one new life principle ever week or month and apply it, slowly gathering up all previous steps, taking it a little further, having the experience, experimenting with it, learning more about it, slowly integrating it into my being. Sometimes I forget that new idea, but then it all comes back with exact appropriate application, and the cumulative effect is wondrous. As a result, one finds one's self so much further along than one would ever have expected.

Upsetness with Someone Increases Relationship

The more you are upset with someone, the more you forge a relationship with them.

Reader: Yes it's true. We're giving more attention to them

RK: There is always a response to attention – positive or negative. . If the person does not respond, Life responds through a vibration representing that person. – Sri Karmayogi.

Habit of Non-Thinking, Silence

The mind needs to get in the habit of reminding itself not to think so much. Eventually when silence takes root, the body itself can spontaneously serve that purpose.

Overcoming the Inconscience that is Behind the Limiting Aspects of Our Nature

Inconscience is every resistance in our nature, every habit that has outlived its time, every attitude that asserts negatively, every action based on falsehood, every thought that is a part. However the inconscience expresses, if we overcome its attributes we bring light into that darkness. Opening to Mother's Force is the Sunlit Path, the easiest and most direct and effective means for that achievement.

Conversation on Why We Express our Opinions

Why do people express their opinions? It's due to the exclusivity of the mind, which asserts its own knowledge, which is a part, compared to the whole of the truth. It is because the lower vital nature, rooted in ego, dominates the mind, causing it to assert what it knows, keeping it closed to the wider truths of others and life. In spiritual development, this reality is shattered, and one is able to continuously open to the wider truths on any matter, to other peoples' points of view.

Reader: In Carnatic music a renowned critic Shri Subbudu gave critics about musicians' performances which was widely appreciated by famous musicians too as review from him itself was considered a tribute. Accepting critics is progress and others expecting our critics is evolution or an evolutionary soul.

Response: Yes, one's opinions are not normally welcome, or they are challenged, whereas helpful advice, taken in the right spirit, is appreciated. From the other side, one can even learn to appreciate others' opinions when one has developed a quiet inner poise, though that evolved individual will tend to hold back and not outwardly verbalize a response.

RK: We (I) make opinions

(1) when our expectations /desires /wishes are not met. It may be due to egoistical or not taking other man's point of view or less knowledge

(2) when we are more knowledgeable than the other person , for eg opinion about our subordinates. It may be due to good will (to make them more knowledgeable) or due to lower vital nature (to show our pride , to make them feel bad).

(3) sometimes, by giving our opinion , we may get correct knowledge in that particular subject(for eg in a panel discussion) .

(4) sometime opinion is used for knowledge and information sharing .

Response: Very good points! There is somewhat of a difference between an understanding expressed in the right environment and context, and offering our opinion unsolicited to others.

The Circumconscient

Circumconscient is the plane of all the energies, factors, etc. in the environment, seen or unseen, that are expressing and can affect the individual.

(Sri Aurobindo) By environmental [or circumconscient] consciousness I mean something that each man carries around him, outside his body, even when he is not aware of it, – by which he is in touch with others and with the universal forces. It is through this that the thoughts, feelings etc. of others pass to enter into one – it is through this also that waves of the universal force – desire, sex, etc. come in and take possession of the mind, vital or body.

Obtaining Knowledge in the Spiritual Planes of Mind

Beyond the human mind lies the mind of Silence – Higher Mind – of the Muni. The Rishi is one who sees visions. Visions are figures of light. That mind is called the Illumined Mind. Intuition needs no thought for understanding. Nor does it need Silence or Light. It gets the knowledge direct without any medium. It is the mind of the yogi. It is known as Intuitive Mind. (Sri Karmayogi)

In Meditation Ramanujan Discovered Theories

Srinivasa Ramanujam did not think. He meditated. Theorems of Geometry sailed into his mind. Once two English Professors of Mathematics came to see Ramanujam while he was in England. After asking them to wait, he went in to cook rice. They waited for a long time. Suspecting what had happened, they went into his kitchen to see. The pot of rice and water were overflowing. He was sitting before the oven with eyes shut. It is in such meditations new ideas appeared before his mind. (Sri Karmayogi)

Comment: Indian greatness is to be able to know the truth of things without thinking. It is called Intuition, and is the way of knowing beyond rational thought. The knowledge just appears in the mind from out of nowhere. It has been known in India for thousands of years. They have a great capacity to know this way. Ramanujam knew this way. Einstein's great equation of material existence came this way. I know of others who are able to do the same in many other fields of inquiry. Sri Karmayogi is one example of knowing without thinking through intuition of knowledge in the extreme. There are others. This is the way of the future, increasingly so for an ever-expanding group of people. It is a key to solving the immense, ever-intensifying problems of the world that normal mind cannot resolve. It is thus a key aspect to our further human evolution.

On Blaming Others

We can see that blaming others is due to lack of knowledge of the facts (mental) or uncontrolled emotion (vital) or the urge of the nerves to lash out (physical). In all cases it is due to lack of self-control, as well as an inability to take responsibility for conditions. The yogic attitude is to take responsibility for all conditions no matter how much others deserve (or do not deserve) blame. Doing so attracts very positive conditions; often for the person who could have otherwise easily and foolishly been blamed. Non-complaining thus offers a golden opportunity for success and happiness in life.

[naming and editing point]

Mind and Body in Right Relation

It is not the body that has developed a mind. It is the mind that acquired a body for its physical expression. (Sri Karmayogi)

Birth and Death are the Two Great Mysteries

Birth is the first mystery in life and death is the second mystery. Birth is the soul's adventure in matter. Death is the victory of the soul over matter. Immortality is knowing the soul in Non-birth and Non-Becoming. (Sri Karmayogi)

Stock Markets Trading's Darkness

Share/stock market is illogical as it is based on the lower vital needs of the investors. Sri Karmayogi calls it Dark Money.

Stock market serves a purpose in helping companies come to market and if done carefully and conservatively as an investment for old age. Otherwise it is based on greed accelerated by intense mania that makes it Dark.

Its collapse led to the Great Depression and (in Germany and its collapse) to World War II, and 50 million dead. It almost destroyed capitalism for good five years ago. Its danger lurks treacherously and maniacally, ready to lash out and ruin the world.

No Title

These are the "olden days" of the future, and the future of the olden days.

Sudden Benefit Related to Improvement in Consciousness

When a sudden unexpected benefit comes your way from seemingly out of nowhere, then you know you have done something recently in consciousness to attract it. It is the ultimate means of accomplishment.

Enormous Life Response Power of Utilizing the force in Work

We outwardly work hard so life will give us what we want. But that's the slow and difficult way of Nature. We now have the supramental Force at our disposal, personified by the Mother, which garners the full cooperation of life when invoked. All we need to do is offer the effort - whether physical or mental - and life will speed up for us, giving us what we want in a tenth the time. And in those rarer situations where the Force does not give us what we want it will be because It perceives that it is not in our best interest. Or in other outcomes, something wholly unexpected in an entirely different area will come to us as a result of our silent effort of consecration.

Squaring the Misconstrued Contradictory

Things that seem to be in contradiction with one another on the surface, may not be so at all when we examine the underlying facts. E.g. in the US, unemployment has been very high for over half a decade. Even now when the rates have come down a bit, they are not counting those not seeking work. Thus the unemployment rate is still historically very high. And yet on the other side of the coin there is word that there are immense SHORTAGES of workers in the US! How to square the two realities?

It is simple really. There is a shortage of SKILLED workers in the US to fulfill job needing great technical expertise. Along with having high unemployment, the US has a shortage of skilled workers to fill jobs in number of key, growing fields including high tech. The general population of unemployed workers haven't the wherewithal to fill these jobs. Thus simultaneously unemployment remains high, and many jobs for cutting wedge companies remain unfilled.

It seems that the country - and yes the entire world -- needs to work together to fill the skills gap, which will also have the added effect of bringing down the rate of unemployment.

So the next time you perceive things that do not square, take the time and learn of the underlying facts, which will give you the necessary insight and fuller knowledge that the next person next to you may never possess.

Best Decisions Based Our Grasping Multi-sided Truth

It is very difficult for an individual to embrace all sides of the truth as the Mind likes to take a side and fix itself there. It is exclusionary. But through deeper consciousness the Mind opens to all truths of a matter, engendering deeper understanding and knowledge. It is thus the destiny of Man to evolve from exclusive mind to rational, intuitive and super-mind that is open to all of the truths about any matter at any moment. Now when decisions are made they are based on deep truth which provides the most chance for integral success. In this way, the slow and difficult way of Nature is replaced with the Spirit in the Mind.

Reader: Choosing a side in sport is a simple example.

Response: Yes. And yet you can enjoy the game very much if you have this more open view. It's not however something we are used to. For years I would occasionally go to Golden State Warriors professional basketball games in the US. The Warriors consistently lost! I didn't care, as I enjoyed the sport so much. It was wonderful to see the skill, the teamwork, the spectacular plays, the strategies for winning close games, the roar of the crowd, just getting away into another reality, etc.

Reader: Yes that's right, it's good practice at staying loose and enjoying the beauty of skill development.

Then of course you have the mine field of nurtured national pride. So the curriculum collective ego construct! This can rid the earth of Poverty and Pain quickly if harnessed for the good of all.

Response: Yes. It's the same thing, but at the collective level.

Was Socrates The Wisest Of All Men? A Paradox

According to Plato's Apology, Socrates' life as the "gadfly" of Athens began when his friend Chaerephon asked the oracle at Delphi if anyone were wiser than Socrates; the Oracle responded that no-one was wiser.

Socrates believed the Oracle's response was a paradox, because he believed he possessed no wisdom whatsoever. He proceeded to test the riddle by approaching men considered wise by the people of Athens—statesmen, poets, and artisans—in order to refute the Oracle's pronouncement. Questioning them, however, Socrates concluded: while each man thought he knew a great deal and was wise, in fact they knew very little and were not wise at all.

Socrates realized the Oracle was correct; while so-called wise men thought themselves wise and yet were not, he himself knew he was not wise at all, which, paradoxically, made him the wiser one since he was the only person aware of his own ignorance. (from Wikipedia, on Socrates)

Comment: This is Sri Aurobindo's view; that being aware of one's Ignorance of the ways of life is the path to an integral, multi-faceted Knowledge and Truth. That is why Karmayogi so admires Socrates.

From Relying Your to the Grace's Capacities

If you are caught up in and rely solely on your own capacities, you will be blocking the Grace from acting in your life.

Reader: Could you also give some examples Sir, please?

Response: When we try to accomplish a work we rely on our skills, capacities, will, drive, thoughts, physical actions, motives, attitudes, energies, etc. The Spirit in us is nowhere to be found. Spiritual life however is to shift from these qualities to full dependence on the Spirit, to Mother and Her Force. What then accomplishes is a product of Her supramental action. We thus rely on Her alone to create the result, and feel and aspire in that direction. All of the other qualities fall into the background, just as when we relied on our capacities, the spirit was far in the background. It is just where we place our faith in the accomplishment of the work: in ourselves and our abilities, or in Her actions. If we embrace Her as the main focus, as the central motive, then life responds overwhelmingly in our favor; far beyond what we might have achieved through our own individual capacities and efforts alone.

Sri Aurobindo's Integral Yoga begins when you give up your own capacity as the center of accomplishment and instead let the Force work on your behalf.

Series of Life responses & Great Success

Great success comes through a SERIES of life response over the course of time.

Life Initiatives vs. Ours to Bring Great Results

Life's initiative always gives the best results when compared to our own initiatives.

Example by GM:

I resigned from a company in August 2008, to start my own venture –a pan India company voluntarily called me to give distribution agency without any guarantees and deposits to start Coimbatore -which was hitherto unknown place for me. I agreed and the development was miraculous. After two years I thought how any growing company can be without business in Chennai and so I voluntarily took up another product of International repute for distribution in Chennai but till date it runs with hiccups and every time high have to run to Mother to solve the problems. First time I took the one that came to me without thinking about unknown area or unknown product. Second time I relied on everything I know.

Similarly, In Coimbatore, I took an office cum warehouse that came on my way, without any conditions attached as I was desperate at the time to start immediately and was ready to accept whatever comes first. But I didn't like that, as it was small lane and not easy for car / lorry movement. Nevertheless I took that as I had no other option at that time.

In April 2009, as an expansion plan, I voluntarily decided to open a branch in Madurai. But this time I planned elaborately –in outskirts good location, good for vehicle movement, loading unloading etc and got it, as I wished. But after few months (in March 2010), when I analyzed the business I saw - Coimbatore-is yielding results in different angle. As it is in commercial location and nearest to "town bus stand" small time dealers of nearby towns finding it easy to come, purchase and return by same bus which has developed some sort of retail market –which was not in my business plan at all. But in Madurai it is very difficult to maintain the big office, particularly the cleanliness and difficult to approach as even our labors are finding it difficult to reach, very difficult to generate business in this time of business slow down and finally closed .

Thoughts that Circulate in the Atmosphere (prune as necessary)

Many of the thoughts that you suddenly think of out of the blue and are then excited about are actually floating around in the subtle plane, being passed around from one person to another and accelerated throughout the collective. It enters our minds, we are energized by it, even think it is unique or original to us, when it has been on a cosmic voyage around the earth, journeying through space and time. It shows that we need to be humble in our pronouncements and insights, as they may have already been there passed around throughout the cosmic ether.

Reader: In this respect Facebook does a great service to express our thoughts.

Response: Yes. But are they "our" thoughts, or thought waves passed around the subtle plane that we have merely gotten in touch with. Facebook and the entire Internet is certainly a great way for thoughts to express - whether they are ours or "the universe's".

When we are connected spiritually then these thought waves, especially the best of them come streaming into our consciousness as intuitions and revelations. We can then take to true original thinking and give things a new turn, which can then float about the earth, and after a few days you will read in a newspaper that another person has just thought of the possibility.

Geniuses and original thinkers like Ramanujan, Einstein, Sri Karmayogi, et al create things never before known in the world, though at the higher planes of Mind all of that knowledge already exists, and they are simply re-expressing it and giving a new turn.

The Mother describes supramental expression which is actually the creation of new ideas that never existed before on earth. This Sri Aurobindo refers to as the causal plane. Even at the

causal plane of the completely original there are original cosmic Real Ideas of the Divine that are expressions of these. Supramental expressions are not just ideas, but arrive as life responses where the Idea actually manifests as a real thing, form in the world. It's extraordinary.

Reader: Could be thought waves. One cannot claim that they are his original. Thoughts arise in one of several ways, discussion with people, reading newspapers, magazines TV, radio etc.

Response: Yes, the normal communications channels are certainly means of passing it around. But they are also passed around through the ether. Even Science is beginning to perceive mental energy, and how it moves out into the unseen spheres of life.

Increasingly so in the future we will not have to consult the Internet and other knowledge sources to know something, especially an abstract idea or undercurrent. Instead we will tend to know a matter by merely tuning into the ethereal plane. Knowledge then comes through silence, light, intuition and revelation.

Tapping into the Ethereal Plane to Know Beyond the Internet

Increasingly so in the future we will not have to consult the Internet and other knowledge sources to know something, especially an abstract idea or undercurrent. Instead we will tend to know a matter by merely tuning into the ethereal plane. Knowledge then comes through silence, light, intuition and revelation.

Reader: I think all the search engines available on the internet are an aspiration towards supramental because these engines are designed such that when one types a few words one gets instant knowledge about what one is seeking for

Reader: Sometimes, unknowingly, answer for some problem / situation will come from us, which we don't know how we got it without any knowledge.

Response: Yes, it is a form of intuition, maybe even higher to supramental perception.

On Reasons for Monetary Offering (to MSS)

Money is a life force, even a divine force; a concentration of the original conscious force and being. When spent, circulated, etc, money has a propensity to benefit and elevate the person, community, society etc.

Money given for the divine enhances these in an even more significant way, in that it creates spiritual benefits all around, such as harmony, power, timelessness, joy, etc. for individuals and among collectives. It is the life force directed by the spiritual force for divine-like results.

Since MSS leaders align themselves with Mother's Force, the money coming to them from devotees and well-wishers enables infinitely creative, fresh, and dynamic opportunities and outcomes all around. For the individual it is an urge and offering to receive blessing in his life, as well as to participate in something higher to further the work of divinizing all aspects of life for various undertakings, projects, works, etc.

The amount of the offering is incidental, as even the smallest amount with the right intensity and depth of sincerity behind will produce the best outcomes.

Monthly offering to MSS has been a standard practice for many devotees over the years and even decades.

It has been an integral part of my life.

RK: In my experience - as MSS is full of GOODWILL to every human not only to devotees and wants mothers force to enter every were Offering to MSS it definitely bridges the gap that we left in our work to get it accomplished.

Similarly in past consecration, we find something that we are at fault and if we keep aside / or promise an offering with change of attitude, sure it will clear the problems –depending on the depth of change of our attitude bringing new opportunities, persons of similar higher attitudes.

I have noticed the development in proportion to our attitude while sending the offering.

- Mechanically giving as method for prosperity.
- Display of devotion or commitment.

- Giving it with gratitude for Karmayogi.
- Giving with attitude - I am giving this because I cannot serve your directly Mother and so I giving it who is serving you.
- All this are form Mother and so all is for Mother.

Offering as a method for some accomplishment or for some achievement – should commensurate with their growth, with their goal, with their aspiration, with their prosperity.

Response: Thanks for this excellent addition.

Supermind Does Not Think, Divide, Organize

Mind that does not think, divide, organize is Supermind. (Sri Karmayogi)

Comment: It simply Knows, from moment to moment.

Attitude and Opportunity

A higher attitude converts a problem into an opportunity. A lower attitude converts an opportunity into a problem. (Sri Karmayogi)

Anachronisms Once Served a Purpose (move to KB)

The capitalist, the aristocrat, the monarch, the rich man, the priest, the dominating male, the fundamentalist, the terrorist, the dictator are today reactionaries.

Spiritually ego is an eternal bar.

Historically each one of them was a positive social instrument once.

Now all of them have become anachronistic obstacles.

The entire culture in any country is with the aristocracy of one type or the other.

All the Money society needed was earned by the rich men.

While Britain and France were at war the Rothchilds in Paris were negotiating British bills.

All the knowledge in any country was once found among the priests.

Today the scientists are the priests of knowledge or expertise.

Royalty in any country possesses the art of handling power in times of peace – diplomacy.

In one of the most complicated historical situations at the time of transfer of power to India, it fell to the lot of a member of Royalty to deliver the goods.

The terrorist is the embodiment of self-sacrifice.

The fundamentalist is the personification of unflinching loyalty to a cause.

It was a dictator who accomplished in 3 years the work of 3 centuries – a work that put the nations on an administrative basis of equality – when Napoleon gave the world the values of the French Revolution. (Sri Karmayogi)

Inner Richness as Measure of Spiritual Life

The measure of our spiritual life is the degree one feels Richness inside as a result of our association with Mother.

Beyond Zero Sum Game

Life is organised in such a way that one Man's gain is another Man's loss. Even at an earlier stage of the divine life, life is organised in such a fashion that one Man's gain is the gain of every other Man. (Sri Karmayogi)

(further comment) Can we think of a work organisation for the world where one Man's good is every Man's gain? Conceiving the coordination, attitudes, strategies of such an organisation in one's own life, one finds his consciousness rising to Her consciousness. Her consciousness generates such an organisation. (Sri Karmayogi)

Reader: In the share market the pundits used to say that one man's gain is another man's loss.

Response: Definitely true in the financial markets, where the lower values can often dominate. Whereas in Education say, there is more of positive and positive. Spiritual life is all positive to positive. We see that in consecration to Mother's consciousness. It brings good for self and anyone else we are associated with relative to the consecrated activity.

No Title

Grace is usually what we expect as a result. Supergrace is something not in the usual procedure, or law or something within the realm of possibility. A girl seeking a groom and getting one is grace. Contrary to custom, his coming to her seeking her is supergrace. (Sri Karmayogi)

No Title

Sincerity to the Spirit is egoless, pleasant, humble, QUIET. (Sri Karmayogi)

No Title

The ultimate Reality behind creation is Brahman, and this world is nothing but Brahman in physical, vital, mental, and spiritual forms.

Comment: This is perhaps the profoundest knowledge in creation. It is the Indian Vedantic revelation now given greater depth and scope by the ultimate futurist, Sri Aurobindo.

No Title

Creation is a divine play engaged in by the Divine for the sheer Joy of the play otherwise known as the Delight of existence. (MSS)

Reader: Yes....I hv personally realized that we do all things in life for enjoyment

Response: Yes, that is its goal. Particularly realizing, experiencing that which we did not know, perceive before, which is a rise in consciousness, which releases energy and therefore Delight in our being. Discovery are the great moments in our lives, enabling growth in consciousness, which is Delight of existence. (Our soul is also delighted because it is for these experiences that it entered into our being. Thus the outer being shares the Joy of the inner, Psychic being.)

No Title

Effectivity of the consecration depends upon

--Depth of the consecration

--Comprehension of the problem.

--Absence of mental reservations.

--Intensity of the consecration.

--Thoroughness of the consecration of the problem. (Sri Karmayogi)

Comment: "Depth of the consecration" -- Today I consecrated an issue from a deep place, the soul perhaps. It was done when walking. Perhaps it was the first time like that, or the first time I noticed. It felt deep, deeper even than richness, to a kind of hole in the fabric of my being. It was a softly happy occasion, with the awareness of this deep\space, even while walking in the park. Let us if there is a commensurate result.

No Title

The greatest of relationship for Man are that of the Guru and the wife. The Guru starts as the telescope, the wife the microscope. (Sri Karmayogi)

RK: Yes Karmayogi says in all relationship only husband and wife has the greatest scope of fulfilment in physical, vital and mental levels or even all three put together. The one between

Guru and sishya has the greatest scope of fulfilment in all part of beings that included these three + soul.

Highly devoted wife knows everything about husband by intuition has she is deeply connected in subliminal by her devotion. Similarly sishya will get all the knowledge directly from the subliminal of the Guru, by devotion - with or without the knowledge of the guru. (Example Elakalyva).

No Title

The infinite evolving fully out of the finite completes the evolution. (Sri Karmayogi)

No Title

When something important arises, we see for the first few minutes or even several minutes what comes and occupies us. If the call [to Mother] is instantaneous, the [life response] result is instantaneous. (Sri Karmayogi)

Reader: I need clarification about Something become important in few minutes? How we can dfr with something or Important? At what point something migrate to Importance.

Response: If it deeply catches your attention. Often this is in the negative. We can consecrate it even as the feeling is intense, which attracts the instantaneous response that negates the negative and brings the positive. We also do it for an important thing that is very positive, such as a great opportunity that has come your way, which can instantaneously now come to fruition by consecrating it on its arrival.

No Title

Disappointment is ego.

No Title

Sri Aurobindo and the Mother are ultimate Futurists.

No Title

Generally, at least till now, man leans on, relies on woman psychologically; woman on man for security.

No Title

We believe that a problem we have just gone through is something to be forgotten and left in the past. However, it is really an experience to be learned from and cherished in the future.

No Title

Many people complain that prices have gone up over the decades, and this has hurt or ruined their lives. It can be true, especially if one lives on fixed income and the like. But it is also true that many things have gone DOWN in price relatively speaking. E.g. back 50+ years ago to purchase a computer would have cost the individual \$10 million dollars. (\$50 million in today's dollars.) Today it can be had for \$400. a ways back an advertising campaign would cost in the thousands, whereas now in many ways it can be had on the Internet for free. Likewise, delivering mail can cost hundreds in postage to the sender, and now is essentially free via email. Thus, speed and time are also positively affected, not just cost! When we evaluate cost, value, standard of living, etc., we need to look at all sides of the issue, the totality of conditions, including modern conveniences, as well as vastly empowering new technologies. These modern tools give us great productive power that the normal economic indicators (wages, inflation, GDP, etc.) don't account for. Today we can even get a free education online if we wish! Cost there has practically dropped to zero.

No Title

Unwillingness overcome quickly attracts positive, unexpected conditions. E.g. a man was unwilling to go to a shopping area with his spouse because he thought it wasteful in several ways. He then changed his position, perceiving that it was a selfish, narrow-minded view. When he then arrived at the destination he found a store that enabled him to purchase a number of things he really needed, but at much reduced price. He was very satisfied by this turn of events. Unwillingness turned to willingness and even advocacy brings good fortune to the person making that shift in consciousness.

No Title

Beyond Grace is Super Grace, where one receives unexpected boons beyond what was hoped for.

No Title

I believe the greatest joy one can have is doing something for someone else without any thought of getting something in return. (famed sports coach John Wooden)

No Title

Generally the great secret of Spirit lies in not seeking the result in the outer life but seeking it in the inner world of life. (Sri Karmayogi)

No Title

Man outgoing is efficient and expands in the world thus. Man going inside outgrows efficiency and expansion. He is not in need of it anymore. If he remains in life, he creates efficiency in others to expand. (Sri Karmayogi)

Comment: I believe the third case describes Karmayogi himself very well!

He goes on to say something similar for India itself:

No Title

India ... must go in and find her own inner value. That inner value is not in rituals or the pure spirit, but in the spirit expressing in Matter, Life and Mind. (Sri Karmayogi)

Reader: can u give one example so that I can understand this better

Response: Karmayogi is referring to India not being like US or UK, (which I cut off in order to create better flow in the quote) and to be guided by her own cherished beliefs and ideals. But she should not take to religious rituals or even just melt into the spirit, but instead discover the spiritual values in the details of life. Bring out the Spirit in Matter, Life, and Mind. When we consecrate an activity we do just that. This is no mere ritual, nor just letting into the spiritual transcendence or void, but to change the details of life through the action of the Force. To divinize them, on the way to bringing about a divine life on earth.

No Title

He who cannot be angry when deprived of something will always get it. (Sri Karmayogi)

No Title

It never strikes devotees to live for Her. [instead of themselves.] (Sri Karmayogi)

RK: Though the Mahabharata is popular in the extreme, elders at home will discourage anyone getting deeply interested in that epic. The Ramayana, on the other hand, is encouraged. The Mahabharata is a story of battles. If one becomes deeply interested in it, there is a subtle infection. The family will be quarrelsome.

No Title

Devotees coming afresh to Mother will gladly accept Her, but shun yoga. Ordinarily in our families there will be no encouragement for deep religious life. They counsel us, "Too much of these things is not good. There must be a limit." In our tradition there is a true belief that if a sannyasi stays at home overnight, that family will be ruined.

Among the devotees of the Mother there is a clear perception of all that She is, that long-standing prayers are now answered by Her. Alongside there is also an unseen fear that all that we cherish in this life has to be given up. This feeling is undefined and imperceptible. It is true that we have to part with all the shams of social life, the appearances, hypocrisies, "keeping up with the Jones", the mercenary motives. It will be good if this is clearly recognized and people walk away happily from the false pretensions and walk into a TRUE way of life – the Mothers way of life. Sri karmayogi.

Response: To live for Mother is essentially Surrender. It comes after we have established a deeper center. This enables us to live for Her. It is part of the integral yoga process. There is an in-between state for the householder and the devotee, where we can practice all that Sri Karmayogi has given us to uplift our lives. Here we are living for ourselves, but through Her. Some will make a token tethered connection to live for Her, which will give sustenance to the Soul, which is fulfilled in its cosmic journey several births beyond.

No Title

If you want to know why another person has complained or otherwise presented something negative about you, consider the fact that you might have done the same or similar to someone else.

For example, a contributor to an online forum on personal and spiritual growth is very surprised to learn an individual he admires has complained about him. He cannot fathom why since he seems to have a good relationship. But then he thinks according to the law of correspondence and recalls the fact that recently he has complained about a third individual, and therefore that must be what attracted a complaint from the second person about himself! What comes to us negatively from one party, we may have done negatively in some fashion to another. It is one axiom among the startling, subtle laws of correspondence.

It is helpful to perceive this negative correspondence so you can avoid complaining in future. It is also helpful to offer it to the Spirit to not only guard against its reoccurrence, but to change your nature in this area for all time.

No Title

Q: When someone is feeling in need of personal development in order to complete his business tasks as an employee and the business is not providing due to different reasons. What is the best way to do so?

A: Consider how you can take responsibility for what is missing. Conceive of anything you can do on your own to improve your condition. Inwardly aspire for the result. See it in your mind's eye. Don't be disappointed that the company and others are not giving you what you want. Do what you can on your own. See if there is a change in your situation in the days and weeks to come. This is what I call an inner approach to an outer problem.

RK: I was working in a company whose business was executing government contractual jobs, in what is predominantly noted for corrupt practices and compromising qualities. But when I wanted to follow the Mothers principle and reluctant to follow the regular "govt contractor procedure" for executing the jobs, and concentrated on giving quality by other cost cutting measures as far as I know.

Mother within few months gave abundant jobs in private sector- particularly under foreign clients who is for perfection in execution and transparent dealings. The abundance made the company for whom I worked decided on not to concentrate on government and completely stopped doing those kind of jobs from Chennai branch for which I was the manager.

But the companies Coimbatore branch continued to depend on "such job and those type of methods" where their belief was on societal means.

Response: Confluence of business value of honesty/integrity and Mother. It cannot be exceeded!. It gives the solution to so much of what ails India. Karmayogi would be proud. Excellent. Thanks for yet another powerful example of Life Response in Business and Work that I am collecting.

RK: Yes this is first token act in 2006, that gave me faith on token act and "Swabhava" based changes. Since then I relied more on change in consciousness which in-fact has become barrier to pray for anything and even to consecrate.

Response: Yes. To work on nature and also consecrate/pray/call can be challenging. There are points where they can be worked on together. There the poise is increasingly deepening.

No Title

Every act you are about to engage in offers at least a subtle sign on how to proceed, or whether to proceed at all.

No Title

Avoid asserting, projecting certainty of outcomes, substituting possibility instead. It generates far greater energies for realization.

No Title

True Progress is inner progress that evokes outer progress.

No Title

Beyond the Internet is the Inner-net.

Mind Existed Before Man's Thinking Mind

It is the descent of mental consciousness into the physical plane that made the evolution of Man possible and not the other way around. In other words Man did not evolve first and later manifested Mind. Spiritually speaking, Mind descended first and later helped to evolve Man. (MSS)

Comment: Yes, Sri Aurobindo describes the involutionary process, the Descent, from the Absolute to Sat (Being, Existence) to Chit (Conscious-Force) to Ananda (Delight) to Supermind (Truth consciousness) to Cosmic Mind to Mind to Energy, which would become the basis of Matter in the universe.

No Title

When Man emerges in the evolution, he develops mind, which already exists as a plane. He simply evolves to the point that he increasingly uses mind, which is already there to begin with as it arrived in the Involution. As Man evolves, he not only makes breakthroughs in mind, but the plane of Mind leans down to enable that compulsion.

When Man evolves to spiritual Mind (light, intuition beyond rational thought, revelation, supramental integral perception), those plane, which already exist through the involutionary process, also lean down and give their influence in Man's (spiritualized) mental evolution.

No Title

There is little gratitude for what is; but there is plenty of ingratitude for what isn't.

No Title

The way to the future occurs by being fully engaged in the needs of the present.

No Title

Holding onto one's opinions (not expressing them) harnesses energy for greater accomplishment.

No Title

Stay positive to attract positive conditions; otherwise you will experience the opposite.

Beyond Karma to Resolving the Contradictions of The Reality, The All (prune as necessary)

By "karma" people are usually referring to negative actions of the past accumulating on and influencing the present. Karma is also the positive and neutral aspects as well. This totality of karmic past and the conditions of the present, and for that matter anything else in the world is what Sri Aurobindo calls the Reality (Brahman). It is all mixed together in a soup of interrelated existence. There are harmonies, knots, contradictions, and everything else under the sun, and ALL serves a purpose in the evolution to move things forward. So in that sense (negative) karma is not negative at all, but part of the porridge of the now on the way to the higher consciousness future. Without the negatives there might not be the energy and will to move life forward, and so we would just stand still. So I think it is correct to ask whether it is necessary to dissolve karma, as it is part and parcel of the essential stuff that will enable further progress. When people see the negative, they want to overcome it, which furthers growth, progress, and evolution. This is echoed by Sri Aurobindo's remark that contradictions are (secretly) complements on the way to something higher. And yet at the same time we need to acknowledge that the Mother and the Force She embodies facilitates this process, breaking down the negative side, and bringing about the supramental new.

Reader: Sir but in Hindu rituals karma has a prominent role the past karma and present karmic activities. There are number of theories and essays on karmic effect which nobody deny this, my only perennial quest is to rid of karma how to do this and how to overcome the obstacles I was a staunch savitri and from a traditional orthodox family but after I came to mother I never go back to the old system. Even I stopped visiting temples more than 17 years in spite of coming close to mother I do know how to eradicate Karmic effects. I am sure my family has done karmic acts in the past. Sir please guide me

Response : It is good you have gone away from traditional views of karma, ritualism, orthodox view, temple etc. Compared to the deeper knowledge they are somewhat superficial and mixed with the false. To answer your own questions about your life situation, you will need to send me detailed information about your condition. (90% of the problems are usually there in the attitudes - towards others, work, self, and life.)

The important thing as devotees to know is that our calling, consecration, prayer, surrender, etc. to Mother (the supramental force in the atmosphere) dissolves karma. I.e. it rids us of our negative qualities, and the negative influences on us in the atmosphere from past and present conditions. Mother is causal power that eliminates all negatives, and creates infinitely creative new positives -- often instantaneous to our opening to Her.

Reader: Karma is subjective. Goodness to all is perspective. Yearning for Good to all Beings is objective. The dimensions to relate above Is RELATIVE!

Response: From another perspective karma can be seen as the very best thing for our growth. Without it there would be nothing to overcome, and we would live a stagnant existence. Karma becomes the challenges of life. The Reality, the All (Brahman) includes all karmas -- good and bad, big and small -- a means to move forward. Practically speaking, pain takes us to pleasure, negative to positive, ignorance to knowledge, difficulty to progress. This is the view of the Marvel of existence; that all serves a purpose in the unfolding, and the movement upward; including the negative and the small. By opening to Mother, this process is facilitated; there is a vastly quicker movement to the positive; in terms of space, time, values, realities.

No Title

To simply think of The Mother before we speak to anyone will make him feel pleasant, as Her consciousness touches him. (Sri Karmayogi)

No Title

In higher consciousness, subject and object division melts into Oneness.

Comment: When we are in touch with our soul and true self, this is the experience. It is also the Divine's own experience.

The Divine as the undivided One enabled a universe by creating dualistic subject-object relations. Eg the knower knows the known, the lover loves the beloved. This is what Supermind brought about. It created division out of oneness to enable a universe of distinct forms with distinct consciousnesses. Now the role of evolution is to go beyond the division and re-establish harmony, unity, i.e. Oneness. Subject and object become one thing. No division between knower and knowledge, between lover and beloved, between creator and creation, etc. etc. When we move to the depths within, culminating in the soul, this non-division and Oneness is experienced by the individual.

No Title

It is always best to communicate your words clearly and logically, to help the reader understand the essence of what you are trying to get across. Often it is best to wait till that clarity and logic is established before communicating to others. The tendency is to blurt out whatever is on one's mind in disregard of the audience. It also does a disservice to the insight or important point you are trying to get across.

Reader: Very true. Speech with unclear words creates differences among people. In Tamil language also a book has come out Engengu kaninum edaiveligal, stressing this point. This is written by Erama Vairavan. Wherever you look there are differences among people.

No Title

Normally we waste our energy and consciousness by activating the ego and reacting against others. Each outer egoistic initiative can be best understood as a squandering of spiritual prosperity. That is why non-initiative and Silent Will are so powerful. When we neither assert outwardly nor react inwardly, our energies collect deep inside as a rich reservoir that attracts the outer life, including money and the cooperation of life events. When those energies are very quiet, calm, joyous and directed in silent self-giving, Life moves toward us. (Garry Jacobs)

Common Sense vs. Faith

- Even when common sense appears to work, it is faith that moves the affairs.
- To willfully choose common sense instead of faith, will be an eternal block.
- Common sense can solve problems, but cannot raise consciousness.
- Faith solves the problems raising the consciousness.
- Common sense or rationality is what Man knows to be valid social experience.
- Faith is the belief of the Individual in the Divine, something higher than himself.
- According to these definitions one is the best of the past and the other is the endless potential of the future.
- Obviously one is severely limited and the other is limitless. (Sri Karmayogi)

RK: Insight by experience -> commonsense by knowledge -> Faith->Trust->Shift->Transformation->Evolution.

The Secret vs. Consecration to Mother (move to kb, perhaps two places)

Q: How do the methods of the Secret compare to consecration to Mother for producing the desired attraction result?

A: In the Secret approach, visualization plays a part in the process. I would assume visualization alone will not always work, but does for some people in certain circumstance. The other day in doing some research for current work on life response in business I came

across a number of people who did visualization and got some result. However, there is much more to it if it is going to be infallible as in consecration to Mother.

E.g. if we examine the three essential steps of The Secret as outlined in Human Science (shown below), we see that more than mere visualization will produce the desired results. Even with these additional factors (like emotionalize, letting go, aspire and wait, etc.), there are other factors beyond these that come into play for guaranteeing the result -- especially as relates to personal attitudes, intensity, sincerity, trust, faith, the person's karma and destiny in life, what is best for the person's growth, the atmosphere and conditions, etc. (Note that a number of these also come into play with consecration, which can be summarized as "receptivity.")

Here are the three essentials for success in the Secret approach as outlined in Human Science by MSS personnel:

1. ASK: Intensely visualize and emotionalize the goal you want to achieve and continuously concentrate on the achievement of that goal. Avoid all negative thoughts that are contrary to the achievement of the goal. Especially avoid focusing attention on the problem or situation that one wants to change, since according to the law of attraction, attention to the problem reinforces the existing situation.

2. BELIEVE: Wait for the universe to respond. It is not necessary for you to know how your goal can be accomplished. Do not dwell on 'how', only on the goal itself. Your task is only to intensely aspire and wait for circumstances to turn in your favor.

3. RECEIVE: Align and attune yourself to the universe. Put your thoughts and feelings in harmony with what you want to accomplish. Express only positive feelings. Feel cheerful and enthusiastic. Avoid all negative emotions of any description. Try to feel now as you will when your goal is achieved. Feel gratitude for what you already have.

RK: I think it is mostly faith in any system, principle, divine - that works basically than any other parameters in all prayers visualization etc., In fact all others are intrusions.

I have seen many a times the faith of village people on their family deity - bringing many things that they ask in desperation - from health, snake bites, and cursing the wrong doer. My neighbor girl who was very introvert and never interact with others always displaying irritation - due to her inferiority complex on her dark face ridden with marks of chicken pox. Few month back she visited a Religious Preacher - who asked consistently told her that , he can see the divine cleaning her face and when she started believing that - I can see in past two months her face getting brightened and the marks slowly going off.

For me too- few years back, before knowing about principles, life response, inner outer correspondence etc., I used to visualize Mother, sending Mother before all that I do. I always wonder when other person behave in the way exactly I visualized. Many a times the person using the same word or sentence I articulated in mind, many are unique to vernacular slang and dialect-in all probability the persons from other states don't have chance to know.

But that is not the case now - as I am unable to send Mother without thinking on the other principles I know and how life or Mother responds based on that. And naturally the success is not as before.

No Title

Faith & Trust in anything including on our capacity, skill, goal, ideal plays maximum role in an accomplishment.

No Title

By consecration - we not only seek the Infinite, but we call upon the Infinite to unfold itself in human life. (The Mother)

Thanks to Ramesh Kumar

No Title

At each point where you have a choice and choose in the higher consciousness direction, life cooperates and sends you forward as in chutes and ladders.

Eg a man had a choice whether to update a somewhat frivolous app. If he did, it would use precious bandwidth that others were sharing. He decided to update other smaller apps but not this one. After the others updated, he soon discovered that somehow the big frivolous one updated as well, saving time and effort for himself and the parties involved. By making the right, higher consciousness cross-road decision, life instantly cooperated in everyone's favor.

Attitudes, Values, & Methods for Human Transformation

Attitude and values go together. Often we see that the wrong attitude not only has its corresponding right one, but also related human value -- whether personal, business, societal, or otherwise. In turn, very one of the values have their higher spiritual equivalent.

Example: The intolerant attitude of a boss becomes tolerant, which is a shift from negative to positive attitude. Now the company (including that boss) adopts the value of tolerance and open-mindedness.

These are human values. Tolerance and open -mindedness is actually related to two or three spiritual values, including Harmony, Goodness, and Love.

Sri Karmayogi also gives methods or strategies for becoming tolerant. Taking the other person's view and not reacting to another's overly-intense speech or rage are two. These methods are more often accessed when we have developed a deeper consciousness, and when we consecrate intensely and often the issues involved.

Therefore, to see relationships between these factors -- attitudes (positive and negative), values (human and spiritual), and higher consciousness methods, -- and then applying it to ourselves on an ongoing basis, enables us to become a living laboratory of progress, evolution, and transformation.

No Title

Perhaps the first thing one needs to learn is not reading, writing or math, but simply how to think. The first lesson on thinking is that reacting is not thinking. Thinking is to dwell on the object. Such proper thinking is key to learning, to great education, and therefore to be fully armed within to take on the exigencies of life. Spiritual knowledge and application is a further step beyond rational thought, as you knock on and open the door to light, intuition, and supramental perception.

RK: Sri Karmayogi says that we are in the clutch of vital. Our thinking should be at least on coming out of that. By thinking only individuality emerges.

He says only those who start thinking that –why I am like this-is the starting point of progress at higher levels. Because –we are today what we are – because this is the position we can attain by choices we made based on our thinking in different stages of life-which we ourselves now agree is based on utter stupidity.

He who thinks of past –connect it to present happenings-and predict what will happen in future-can be called as “tiri kala gyani”. Because thinking comes only when we come out of emotions, opinions and beliefs which make us to think of other alternatives-accumulating wisdom.

Utilizing Mother's Peace and Light to Cure Illness

Whatever be the nature of the illness, mother's peace descending into oneself gives quick and lasting relief to the affected devotee. Visualising peace flowing from Mother's hand as She blesses the devotee should give a good relief. Let us say a devotee has severe joint pain. He imagines that Mother is blessing him by putting her hand over his head. If he imagines peace flowing from Her hand and descending through his body and reaching his affected knees, then that would give some relief. Imagining one's body to be filled with Light can also have very good curative effect. For example a person with chest pain (angina pectoris) can imagine that his heart vessels are full of Mother's light and that they are widening his arteries also. If his

imagination is real, then the spiritual light will widen his arteries and reduce the pain just like the drug digitalis reduces the pain by widening the patient's arteries. Those with ulcer can visualize peace reaching down to their stomachs. As antacids reduce acidity, the peace will also reduce acid production and help restore the stomach lining. Women who have trouble conceiving, can imagine receiving a new –born baby (boy or girl as their choice) as a gift from Mother which they accept happily. (Sri Karmayogi)

When True Thinking Comes

True thinking (and therefore true knowledge) comes only when we come out of emotions, opinions and beliefs.

(thanks to Ramesh Kumar)

No Title

Thinking is superior to dullness of not thinking. Yet silence of the mind is preferable to thinking. Acquisition of integral knowledge progressively increases along this line.

Reader: Mere intense thinking can result in mental tiredness, and thus resting our mind is preferable as you say.

Response: Yes. Resting the mind is very helpful. It leads to right thinking thereafter.

Mr. Darcy's Great Soul–Based Change of Nature

No greater growth in consciousness in literature is seen than Mr. Darcy in Pride and Prejudice. In the name of Love he ventures to become opposite of his lower nature. He succeeds, making the 180 degree reversal. It is an astonishing achievement; a connection and movement of the Soul, the Psychic Being, as his soul yearned to move in alignment with Eliza's.

Compared to Darcy's 90%, if an individual makes a 1% change in a lifetime it is unusual. Even then he complains when the tiniest habit or attitude or belief is threatened. No wonder he hardly changes; and as a result merely takes up space.

It is because our Aspiration for true self-improvement is limited, weak, flimsy, brittle, or non-existent. Even when we decide to uplift ourselves in the name of that bit of Aspiration, we struggles mightily; we fall back easily.

Perhaps like Darcy we need someone or something or some event or circumstance to awaken us out of our slumber; to shock us into making the Soul connection, which seeks to change our lower into its higher equivalent, enabling transformation of our very lives.

Reader: It is true that we need someone / something /some circumstances to awaken & transform us

I came to know one man 3.5 years back. I started like him a lot .I never spoke to him , but I was attracted by him , That time only P&P sessions speech started in MSS centre, I started changing myself like anything , non-initiative , harmony , sweetness, silent will, etc. whatever taught in MSS. After 6 months, that man changed his job and went somewhere. He was the inspiration to follow KARMAYOGI's P&P principle till today. I don't know where he is. But thanking him to make me to move in the path of progress.

Thanking KARMAYOGI for the P&P sessions in MSS

Response: A lovely application of the idea.

No Title

The question I am asking of you this Easter morning (symbol of new birth) is what is God, the Divine's Strategic Plan?

Reader: Good question. GOD is a power which drives the entire universe thru his presence in all his creations.

Response: Yes. And that is kind of what I believe the painting above illustrates. The Divine's One Light, Power diffuses into infinite shadings, colors, in the manifestation. His strategic plan then is to bring about His Consciousness into the universe, into the details of existence, which

is a process that is continually occurring. We are then the vehicle to make that happen from our side; to be conscious of and collaborate in that process if we so choose.

Then what are the attributes the Divine seeks to manifest of Himself in creation? Sri Karmayogi lists among them Peace, Harmony, Knowledge, Truth, Goodness, Power, Abundance, Creativity, Love, Delight (Joy), Timelessness, Infinity. We can each experience any and all of these, and also bring them out in life around us through our higher consciousness aspirations, feelings, thoughts, and actions. This would then fulfill God, the Divine's Strategic Plan.

No Title

Instead of being irritated about a person's particular wanting attitude or behavior, best to forget about it; or better still consecrate and forget. Better relations will soon follow.

Cleaning Up the Mess

If you do not react and remain still and patient when a problematic situation arises, it will get resolved by life on its own, and in the most interesting way.

A man who shared garbage disposal bins with his neighbors saw that it was overflowing with junk due to the slovenly ways of the neighbor's daughter. Rather than get upset about the mess, he remained very calm, still, and patient.

About an hour later the girl's mother came out and strongly scolded her daughter about the mess she made and ordered her to clean things up immediately, which she did. The daughter was even aided by a friend who suddenly appeared on the scene. Just like that the entire matter was resolved. The man did not have to lift a finger. In fact, he had practically forgotten the matter until he heard the mother speak out so vociferously.

That is how life responds when we practice non-reaction. It not only does so quickly in its own time, but in the most interesting of ways.

No Title

There are likely two to five key attitudes or beliefs of yours that are fully in error and are holding you back in life. What are they, and what are you going to do about it?

Reader: There are many here who believe that mere prayer can remove all the mistakes one has, God will do the work for them.

Response: Very definitely, if done in the right way. But you must want to change those too intensely as you ask God's, Mother's help.

No Title

The man normally depends on the woman for psychological strength. Woman normally depends on him for physical security.

Reader: In this respect the East and the West are the same.

Response: Yes. It goes back to primordial humanity.

His [Darcy's] need is love and romance.

Hers [Eliza] is Pemberley and status.

Romance is a complement to status.

There will be no romance for Darcy if she had had no mercenary needs.

Elizabeth's need for Pemberley subconsciously rises as romance in Darcy.

The woman's romance is for security.

That Man can emotionally expand into a woman's personality is his fulfillment psychologically.

The woman by expanding herself safely in security of a property is her fulfillment.

One becomes the complement of the other as the nut fits into the bolt serving a wider purpose.

No Title

When a person aspires to move upward, whether in business or other aspects of life, it is really, secretly a growth process. That is why we are here - to grow and rise in consciousness. It occurs in business and every other field or endeavor; even love. Sri Aurobindo thus presents his great maxim: "All Life is Yoga."

Higher Forms of Love and Divine Love (review)

Reader: I was reading some material about Bhagavan and Smt. Mrinalini Devi; one gets the impression from letters He wrote to her after at least two of His major realisations that there are many higher dimensions of love that are yet to be understood.

Response: I would think it begins with ecstatic love of self-givingness between two people, and beyond that to unconditional love, then further still to soul to soul connection (psychic love). Then there is love of God, and further still becoming God's Love in one's self (like Jesus), and beyond that ... I cannot imagine.

Mother has had the experience that each movement of creation is of Love, when she had her remarkable experiences of Pulsations of Love in the universe as explained in Agenda.

Sri Aurobindo and Mother have both mentioned that if Love descended on earth with all its majesty, we would be overwhelmed, crushed. Thus truth must come down first, to give us more understanding and balance, which would enable us to become more receptive instrument for the descending Divine Love.

Reader: The love that Shri Aurobindo expressed to Mother may be the formation of Divine love. That is he gave her all and that made Them. Spiritual reality is always seek Thy will and see Divine in all. Then even the least squirrel gets the divine acknowledgement .By accepting that a person has some potential and allowing them to express it freely is also Divine love. For us it is encouraging others creativity. Those who receive that Divine love should pass it to all thus giving a meaning for the grace we have received in our life.

No Title

Yoga is conscious evolution.

Further comment: Normal life is unconscious evolution -- slow and painful, if at all.

No Title

If you do not have the capacity, skill, talent, strength, will, focus, right attitude, etc. you can offer it to Mother and Her supramental Force, and She will soon help you in that regard.

Standard And Spiritual Keys To Success

As Sri Karmayogi often reminds us the keys to success in life are aspiration, intention, will, effort, capacity, knowledge, skill, strength, organization, attitudes, values, and energy, among others.

Each of these has its sub-components. E.g. within organization there is cleanliness, orderliness, systemization, non-wastage, clarity of thought. Within intention there is intensity, depth of belief, focus, etc. Effort, another key, can be physical, vital, and mental. It can be focused, persistent, unrelenting, going the extra mile, etc. These in total can be considered the Standard keys to success.

Beyond these are the spiritual-level keys that bring about ultimate success. I.e. greatest results in the shortest period of time with the least effort. They include self-givingness, silence and silent will, reduced speech, taking responsibility instead of blaming, seeing negatives as positives, following life's opportunities/initiatives vs. one's own, power of intuition and vision, non-broadcasting a work till it is completed, non-anticipation and expectation of a result, knowing and following the subtle principles of life, consecration (instantaneous miraculousness), powers of harmony, heartfelt gratitude, making the right crossroad decisions, taking the other person's point of view, etc. etc.

Indians Seek the essence of Things

Indians are by and large Essence Seekers. If they can tie that subtle capacity to material reality and life's activities, they will be enormously successful as well as fulfill their destined role as Gurus of the world.

On Sensationalist News and Gossip

News has always a tendency to become sensational in the hands of characters who are trying to exhaust in themselves the sensationalism of the day. Through this route news become entertainment. It will be a glorious day for humanity when Man as a reporter, editor, reader refuses to entertain sensationalism, as he has overcome in the last few centuries the entertainment of torture or execution. That was to overcome physicality. Overcoming sensationalism is to overcome vitality. It is certainly a cultured gathering if no one there feels free to release a piece of such gossip. If the ranks are hesitant to carry a sensational gossip to the leader or the top echelon, we can certainly say, it is a cultured cross section. (Sri Karmayogi)

No Title

Cosmic life is Soul relating to soul without egoistic barrier to penetrate the infinity of the other as a step to universalize himself. (Sri Karmayogi)

Comment: An extraordinary statement on the nature of ultimate relationships that enable us to fulfill our universal nature and purpose.

How Sri Aurobindo Reached Supermind

After Swami Vivekananda showed Sri Aurobindo the supermind, he left without telling Him how to reach there. He took ten years to discover the method. The method is not to go to the Absolute from our surface Mind or its depth the inner Mind. That can only lead to moksha [liberation, lost in the spirit, free of this world]. Sri Aurobindo saw there is the subliminal below the inner Mind and the Psychic [evolving soul] is lodged there. He saw that first we must go down into the subliminal, reach the Psychic and rise then through the spiritual range of Mind [illuminated, intuitive, universal] to reach the supermind. This was the occult secret He was seeking for ten years. (Sri Karmayogi)

No Title

A devotee makes psychological progress by consecration. A sadhak has no such necessities as all outer contacts are under his control. His world is inside. (Sri Karmayogi)

Comment: Yes, whatever the Sadhak [practitioner of integral yoga] aspires for occurs on the outside without him lifting a finger. He has the universe inside him, and moves it from there. Eg Sri Aurobindo intimated the French Revolution originated in the Himalayas.

No Title

The greatest victories are the least noisy, the manifestation of the new world is not proclaimed by beats of drum. (The Mother)

Comment: Sri Karmayogi is the greatest example of this principle I know of.

No Title

Each time we express Ego we separate ourselves from others and life, and the truths they and the world have for us that we are shunning due to our self-absorption in our own selves

No Title

Not only can we be true Individual beings who express their ideals and individuality, but as a result become true Universal beings serving and uplifting others. It is our dual mission in life.

Eliza's (Of Pride & Prejudice) Realization

Elizabeth sponsors Jane, adores Wickham, provokes Darcy, crosses swords with Collins, stands up against Lady Catherine, receives the romantic patronage of Pemberley and Darcy, was an affectionate victim of the cultured indulgence of the Gardiners, abuses Darcy, cross examines the colonel, fulfilled in Jane's engagement and Lydia's restoration and still was in distress when she was face to face with the naked fact that she was a selfish creature.

Within three or four minutes the Sun dawns in her life, her oscillations, vacillations, erroneous adorations, the traps into which she walked all disappeared. The most powerful truth about her life was not any of the experiences she had met with, but that she was a selfish vain creature who was despicable in her own eyes. (Sri Karmayogi)

No Title

"All experiences without exception—thoughts, feelings, emotions, desires, even physical sensations and urges—are forms of energy, vibrating waves that move from one person to another, radiating out from centers of generation and spreading by a process of contagion. Fear spreads in that manner. So does joy and love. The contagion of any vibration in any situation is subject to precise laws that depend on the nature of the relationship, the attitudes and receptivity of the persons involved."

(from THE BOOK by Garry Jacobs, Chapter 82 'Contagion')

Comment: Some pages later (p.305) the following is stated:

"when you feel love for your children, you are releasing a life force that cannot be detected by any scientific instrument. But it is intensely real to you and very real to your children as well. Even if you do not express that love in words or actions, your children still receive it and feel it. It nurtures and protects them in life as surely as any physical force."

Avoid Saying a Thing Before It Happens (review this)

It is best to avoid saying a thing will happen before it does. Over the course of several months a man continually verbalized that such and such a thing would definitely happen, especially regarding potential clients; and each time the opposite proved to be the case. When you gleefully or emotionally speak out an outcome before its occurrence, you drain all energy from it actually occurring.

Reader: It happens in our life so many times. But we take pride in telling the outcome

Response: Yes, it is related to pride isn't it. That's a helpful thought for me K. Thanks.

Reader: I think it causes "confusion energy" which so does not 'allow' any 'natural' enfolding process. The "reason" why the man in the given example did so, is maybe because of some sort of "rigid bossy boss" that he -in whatever way- sensed?

Hi Roy, I meant trying to see 'why' the man in the example would feel to express "in front" of the actual outcome already "how it all would turn out", so then if he/anyone feels such a need, then there must be some "reason why", else no need; for example "the man" may feel to have to 'please' some "boss" (or anyone else he wants to "please"), so some sense of "having to please" then leads but to straying away of his inner focus, so a lack of inner focus, the "energy" that comes along with this is but "confusion", eventually the entire process becomes "forced" instead of 'natural' and the (later) outcome then the result of the force of "confusion".

Response: Yes, the need to please is an interesting possible cause. Often that has roots in insecurity; sometimes not. It is an interesting subject!

There is another possibility. By emotionalizing the possibility it makes you feel better. It gives you a shot of energy. It stimulates you so that you will see that it is carried out on a wave of emotion. However, the emotion can give way at any time, and the reality (positive, neutral, or negative) of the actual situation sets in. So it's like an emotional high, working of adrenalin in the mind and emotions. Some salespeople are like this to keep them stimulated, though it can seem a little buffoon-like. The whole approach sidesteps thinking and the natural flow and fate of life. It can come from a parent, or be developed in childhood due to emotional conditions of being raised. So we are back where we started again, asking "why?"

Reader: The "salespeople" approach how you put it, Roy, I find an interesting observation, as such attitude can never be based in real shared 'mutuality', eventually is an illusive "one man's show", and a person that "buys" whatever based on but "salesperson confusion", will first of all not 'become' that particular "salesperson", just because s/he 'bought' the whatever "buy", yet the "salesperson" can feel "good" about the illusion of having "sold" whatever it is, and may --albeit for a limited time-- feel it is because of his/her "selling emotions" that way, but the person that "has bought" the whatever "buy", will possibly enjoy what s/he "bought", or not at all, but --in both cases-- will likely forget totally about the particular "salesperson", as 'after all' it is the quality of the product (=the whatever "buy"/"bought") that is what it is about and not the whatever "salespeople emotion confusion". A natural flow in a 'mutual transaction' however would be that someone can ask questions or ask for more information where the other one provides fact-based answers and gives helpful insights that way, so in this situation the 'confusion' that the deviation strain on "emotion" (confusion) of "selling" would but only bring, is not there so the whatever outcome for both just is completely 'free' as supported by the 'natural flow' of mutually shared infinite space, just the flow of life.

Response: Thanks A. The salesperson aspect is interesting. As you suggest it is not true sales; whereas listening and gathering knowledge is more what it is about.

Another take: In the individual post the person involved is garnering the reward of the future in the present in order to feel better now. But that drains the future of its positive expressions. Why the need of the shot of that "future victory" in the present. One thing that comes to mind is that experiencing the emotion of victory of the future in the present is an emotional wave that particularly stimulate an emotional type person.

No Title

Silent Will is one of the most powerful ways to elicit results from life. That does not mean there shouldn't be communication among parties. Rather it means holding back in your speech the things you want to see happen, which has the subtle effect of causing others to say it or bring it about.

Reader: Yes. Have experienced the power of silent will during every day of my life. But due to the urge, many times, silent will is not applied, because of that problem arises.

2 days back, one of my fb friends posted mother pic in his timeline. In the pic , flower vase was hiding mother smile. I thought of posting the comment. Then I didn't do and the thought was gone inside. Just 5 min after, one of the other friend is posting the same comment , requesting to move the vase so that we can see mother's smile.

Response: That's a perfect example of Silent Will power as devised by Sri Karmayogi. It often requires great restraint from action or expression. Congratulations if you are able to do this regularly.

Power of Attraction

In the physical world of matter, a relationship is created between two objects or events by their proximity in space and time. When I hit the table with my hand, I create a relationship between my fist and the table because both are present in this room at this moment. I cannot create that same relationship with a table in the next room or with a table that was here yesterday and has since been moved. But in the plane of life, relationship is based on psychological rather than physical proximity. The more people, objects or events are related by virtue of a common idea, interest, aspiration, attitude, desire, fear, hatred or other psychological factor, the greater the relationship and attraction between them in life. That is why when we speak or think about people, they suddenly call, write or appear on our doorstep and when we are afraid of something, we tend to attract the very object of our fear. It does not happen every time, because other factors and laws are also at work, but to the observant instances of this principle are very commonplace. Psychological relationship in life attracts objects and events to the same time and place physically.

(from THE BOOK by Garry Jacobs p. 312)

No Title

Every psychological advance in human nature requires an alteration in the existing structure of human personality and evokes a force of resistance from those elements which are organized at the previous level and refuse to change.

(from THE BOOK by Garry Jacobs)

Comment: Ramesh Kumar said this in response:

Yes, the higher consciousness we get that ascends one level, descends to saturate the previous levels, when a force of resistance comes mostly into the levels we left behind or we supposed to have left. The stabilisation of our move to next higher level is determined by saturation of our lower plane with our will and determination.

Sri Karmayogi says we can achieve the same object by past consecration.

Comment: A man started having even deeper connections with Mother. He felt it - this richness inside -- rising frequently from within. Just after that began his physical well-being (health) began to deteriorate, and in part this was related to huge unpaid debts of past years matched by current dramatic lessening in work. The Force coming in was deflected as pain due to these money issues. There was likely other issues involved as well. In essence, his consciousness and being went up, but then went down and met resistance, which he has been working on for several years. Progress is slow and steady. He also has deep aspiration to move out of his difficulties and take up and fulfill the great opportunities that are now appearing before him. He uses Calling to overcome the various limitations as well as the fruition of the vast opportunities. It is somewhat of a yogic effort. It is Ascent and Descent dynamic as you have described.

No Title

Every positive social advancement requires a change in the subconscious organization of society. The force for progress has first to overcome the inertial resistance and active opposition of reactionary forces that seek to move in the opposite direction. The faster and greater the social progress, the greater the intensity of the resistance. (from THE BOOK by Garry Jacobs)

Comment: This directly explains the cause of the increase in fundamentalism in recent years.

Going Back and Raising the Consciousness of What You Wrote

It is often very helpful to go back to what you wrote and not only correct it for accuracy and clarity, not only eliminate any harshness and over-assertiveness, but respect and write to the emotional needs of the audience. It is one expression of what Sri Karmayogi calls "culture" in life. I.e. making the other party feel comfortable and at ease.

No Title

Risk that exhausts its potential without exceeding its limit will meet with the richest reward. (Sri Karmayogi)

RK: Risk taken as persistence in the righteous course brings reward. Risk taken towards higher values often are well organised, full of energy, constantly on the move for accomplishment at higher levels. – Sri Karmayogi.

No Title

The ideal attitude of the sadhak towards Time is to have an endless patience as if he had all eternity for his fulfilment and yet to develop the energy that shall realise now and with an ever-increasing mastery and pressure of rapidity till it reaches the miraculous instantaneousness of the supreme divine Transformation. (Sri Aurobindo, Synthesis of Yoga)

No Title

Just as there are subtle reasons for thing happening that we can come to perceive, there are also subtle reasons for things NOT happening that we can come to perceive.

Comment: Example: There is a story called Silver Blaze in Sherlock Holmes. There he recommends to the Inspector to know the significance of the dog that did not bark in the night.

Further explanation: In knowing the truth of things we can make use of Sri Karmayogi's vast insights into the subtle nature of life and its workings. This is the greatest knowledge ever available into the meaning of what is currently occurring. We can apply those principles by first observing the evidence. The evidence is what appears, but it is also what does not appear. Now using the subtle principles we can perceive what is really happening and the arc of life into the future.

E.g. a man has suddenly appeared after six months. Why did that happen? Sri Karmayogi says it is because you changed your consciousness. It is inner-outer correspondence. Your higher attitude instantaneously attracted him. Now suppose he had never have come and there is failure as a result. (I.e. what did NOT happen). There too you can observe an absence or negative consciousness that created that condition of failure.

No Title

Man ordinarily takes an initiative to succeed, which often accomplishes; but almost equally fails. When he does achieve, it is ordinarily solid, though modest. Sri Karmayogi indicates that to achieve at the very highest levels, one should not take any initiative, rather aspire for and await for life's opportunities and initiatives to appear, and then take them up in full. Doing so results in extraordinary, super accomplishment, beyond our wildest dreams.

Further comment: -"Aspire" can be consecrating to the Force something dear to us that we want to accomplish.

-Often what comes will be different than what one wants, but we should still embrace it, as it is what the Mother, the Divine wishes for us, for our growth. Embracing that in full can enable other aspirations to be fulfilled at a later date.

--Sometimes what comes will not be due to our conscious aspiration, but to the aspiration of our subconscious.

No Title

If I can make my way to Surrendering to the Force and then accepting what comes instead of taking mental initiatives to make it happen, then the result will be extraordinary in terms of consciousness and accomplishment.

Limits of Mind for Accomplishment

The mind is filled with an array of limitations that can prevent life from blossoming through the action of the Force. There is also another aspect: Mind or mental activity itself does not accomplish according to Sri Karmayogi. For us to accomplish we must also be at the vital plane of Will and life movements. Mental activity or action only attracts more mental knowledge. Will is absent when mind alone work. E.g. to attract sales you must have not only the skills and knowledge, but also intensity and opening in the vital plane of interaction, association, energy, will, etc. Knowledge alone won't do the job. Plus it won't attract as in life response phenomenon. On the other hand Supermind, above mind, accomplishes because it has both the Knowledge and the Will for manifestation together.

No Title

Q: We know that knowledge and will together enables the work to blossom. And yet we may have the knowledge to do something, but not the will to accomplish it. How to generate the Will?

A: First of all consider what your personal values are relative to the work. If those values really excite you, then you will have the urge and will to implement the work. This is on the positive side. On the negative side there are limiting attitudes we have about others, life, self, and the work itself that block the will from properly taking shape. These too should be considered, and then overcome. Implementing the personal values that are meaningful and

pushing away the attitudes that are harmful allow the Will to join with, fuse with the Knowledge to enable great accomplishment.

No Title

It's best not to butt into or meddle in another's affairs unless you are asked or there are indicators of some necessity for you to do so. If you do butt, meddle with the wrong motive, you can exacerbate problems, lower the atmosphere, attract negatives, etc.

No Title

As long as you understand events as reflections of what you are, you will have the power to accomplish anything and master any difficulty. (Garry Jacobs, THE BOOK)

No Title

When you are open to Mother, your subconscious - in touch with the superconscious - sends up signals to your conscious mind of what to do, helping you avoid problematic situations. Thus you are blessed with Her guidance and protection.

Eg a man in touch with Her heard an inner voice to go to place X instead of Y, which he did. A few minutes later on the radio he learned that a crash and fire incident had just taken place near Y.

No Title

The capacity to evoke life responses at will gives one the power to accomplish anything in life. (from THE BOOK by Garry Jacobs)

No Title

Sri Aurobindo indicates Man is born ignorant, divided beings. Yet he has the ability to overcome his ignorance by raising his consciousness to a higher level. In that way he can begin to realize an integral knowledge -- the truest truths about himself, the spirit, and the ways of life.

Armed with Truth Consciousness he continually possesses the right knowledge that allows him to make decisions that lead to creative, dynamic, perfect outcomes. His Integral Yoga is the method and practice that make that transition possible. It is the means of bringing about human progress, evolution and transformation

No Title

Though people will change when life presses, they will often go back to the same wanting habits or limiting interests, as the physical consciousness returns them to the same place.

Reader: True. But pain can be changed to joy.

Response: Yes. It often occurs if the problem is perceived as intense enough for them, and they have an opening to learn from life.

On The Need for Rationality

The problem of human evolution is not just to know what is right. The problem is to act on that information. You might say the challenge is for human beings to become rational. We need to move from the vital consciousness of the animal which acts out of sensations and desires, and evolve to become rational mental beings that respond to what the mind knows is to be logical and reasonable. That requires first of all that we become mentally conscious in thought, no longer swept away by our physical sensations, impulses, emotions, fears and desires. We have to be able to detach ourselves from the compulsions of the physical and vital impulses that drive us to act without thinking or reflection. We have to be able to detach ourselves from social opinion and pressure to conform with the thoughts and actions of others, for as long as we are social we can never be rational. Finally we have to detach ourselves

from our own personal egoistic way of looking at things and view them from a wider perspective that takes into account every other possible viewpoint. If we can do all that, then we can evolve consciously.

(from THE BOOK, p.328, chapter 91: The Pyramid Scheme by Garry Jacobs)

Comment: This is essentially the method of Yoga (conscious evolution) of Sri Aurobindo. Just add surrender to the divine Mother and Her Force.

No Title

Though you may be intensely upset that someone has wronged you, let us not forget that it is something on the surface or deep within you that attracted the result; that enabled it to happen. In that way we can learn to take responsibility for any of the negatives that come our way. Such a conscious approach will have an enormous positive effect on our lives.

No Title

I am embarking on a new phase of my life. One way it expresses is "increasing knowledge through decreasing thinking."

No Title

The capacity to accomplish is infinitely multiplied by shifting from the outer to the inner and from there to the inner which includes the outer. (from THE BOOK by Garry Jacobs)

Comment: This is overwhelmingly profound. It indicates that from within ourselves we can cause outer events in the world to change in an instant, as the universe is held within us. If we put the Force on the problem in the world, it will change. Or if we change a corresponding wanting aspect of our being to a problem around us, that problem will change. We have that power within us. The universe is in our hands. It is our evolutionary destiny; i.e. to be not only true individual beings, but universal beings.

Accomplishment, Decisions, and Life Response

Accomplishment is by consciousness.

Accomplishment is the process of conscious creation.

Consciousness creates by Real-Idea.

Real-Idea is an intention that carries within itself the power for its realization.

A decision is the mental counterpart of a Real-Idea.

A decision is an act of mental will that carries within itself the power for its accomplishment.

A decision has the capacity to evoke life response. (from THE BOOK by Garry Jacobs)

Comment: A friend of mine made two important decisions recently. As a result, an astonishing array of opportunities have suddenly come to him unsolicited.

Evoking Life Response At Will

It is one thing for life responses to occur. It is quite another to be able to predict them. Then it's only one further step to being able to make them happen at will. And if you can evoke life responses at will, then you can create the circumstances and events needed to accomplish anything. (from THE BOOK by Garry Jacobs)

No Title

It is one's attitude and inner aspiration that determine the result in life, not external circumstances.

No Title

Twice recently there were serious disruptions in my area. People were acting extremely irrational. I could have called the authorities, but did not take action; instead I practiced non-reaction and non-attention, focusing my attention elsewhere. Soon after in both instances the authorities came on their own and resolved the issue.

When you get involved you can aggravate a problem; whereas by detaching yourself from it you are practicing Silent Will that causes others to work on your behalf, as they did here when others contacted the authorities. Thus, the problems instantly disappeared. This is how we move the outer life from within. It is a magical and mystical way to become Master of Life around you.

Reader: Please elaborate on what causes them to be irrational in a rich and prosperous state.

Response: The problem involved the children. One where the child in a family was autistic; the other where the parents failed to control their children while they were away celebrating holidays. I am currently residing in a not so prosperous part of the state; at least for the interim.

Reader: the main thing here is... I think that we must have lots of patience and faith in Mother's Grace.

Response: very true. Patience is critical, and is the backbone and support of practicing non-reaction and silent will in the midst of intense or otherwise problematic situations.. Consecrating gives that additional support; or perhaps ultimate support. The result is Life takes care of everything for you.

No Title

Sri Aurobindo was the Divine Lord dwelling in a human body.

Response: Roy, I think of Him as a specific 'function' of the Divine Lord in a human body, a

Sri Aurobindo's Compassion, Love

The Mother said that the compassion and love Sri Aurobindo normally showed on his face was nothing she had ever experienced in her life. It melted all before him. Hardly anyone saw him who could judge, as he was solitary for 30 years. I believe he embodied all of the essential spiritual qualities in the extreme -- including peace, light, truth, wisdom, goodness, love, joy, infinity, and eternity. He aspired to bring all of these to the world as expressed in his evolutionary philosophy. He knew how creation came about and explained it in great detail. Only God/the Divine could know this. Sri Karmayogi has indicated that Sri Aurobindo was God on earth plain and simple. The Mother felt the same and called him Lord after he left the body. They both insist that he was not just an avatar, but rather the Lord Himself embodied on earth. Even now he has great influence over events and the progress of the world.

No Title

What people call "problems" are often the very things that accelerate progress.

No Title

When you are confronted with doing what you want vs. doing what another person wants, and you defer to them, they will surprisingly bring you benefit that is most unexpected, such as what you initially desired!

No Title

Srinivasa Ramanujan, the great Indian mathematician indicated that Zero is God, Infinity is Manifestation. This corroborates the ancient Vedic view that the unknowable, ineffable, immutable Divine (zero) became a universe of infinite variation and possibility of forms (infinity).

Conscious-Force, Involution, Evolution

According to Sri Aurobindo out of an Infinite Consciousness emerged a Conscious Force that became the Energy that is the source of creation including matter. This is the Involution.

Life in the universe then evolved from matter to animated life and life forms to mentality and upward to spirit, of which we humans are the crown of creation. This is the Evolution. Involution thus precedes evolution.

Whereas the original Conscious Force gradually was reduced, involved, absorbed and finally disappeared in the involution in order to create unconscious energy that then subdivided into infinitesimal, atomic existence of matter, that Conscious Force begins to reemerge in the evolution from matter to animated life forms to mentality to spirit, accelerated by a rise in consciousness on the part of we humans.

In other words, we bring the original Conscious Force that is the source of the universe back into creation through our higher consciousness, which is Evolution. The Conscious Force/Spirit emerging in life is according to Sri Aurobindo the destiny of universal existence.

Ramanujan and Mathematical Value to Infinity

Reader: "I think Mr. RAMANUJAN trying till his death to define A Mathematical Value to INFINITY.."

Response: Infinity for him was the Manifestation (that originated in Spirit). So we could say that all actualities, plus all potentialities and possibilities in the universe and beyond is infinity.
 $I = A + P$

Reader: Excellent. ACTUAL vs Possibility Is ACTUARY science which rules the Whole universe.. Next is SPIRITUAL Science!

Response: If it is understood that Consciousness/Spirit is anterior to the actuary/universe, then the science of spirit and of the universe can be correlated. Dr. Goswami has done interesting work in this area in quantum physics, heavily influenced by Vedic and Sri Aurobindo's teachings. His videos are readily available on web, YouTube.

Reader: Potential leads to Possible. Regarding impossible our time is limited to understand all Possibles. Lead to a negative IMPOSSIBLE

Response: We are here to rise in consciousness so we can see all the possibilities, potentialities, and turn them into actualities, which is what enables progress, development, evolution, and transformation for ourselves and the world.

Strengths & Weaknesses of Mind; Cause of Ignorance

Mind knows by division and divides reality into an infinite number of infinitesimal parts and aspects. In the process of dividing, it discovers greater knowledge of the distinguishing aspects of the parts, but simultaneously loses sight of the greater whole of which each aspect is an integral part. That division leads to specialized, fragmented and partial knowledge, which is the essential characteristic of ignorance in all the various manifestations that we see in the world.

(from THE BOOK by Garry Jacobs)

What Falsehood Is

Falsehood is conscious, willful distortion of the truth in order to serve the selfish, narrow purposes of a separate and isolated individual.

(from THE BOOK by Garry Jacobs)

No Title

There is no such thing as giving without receiving. There is always a return, only you have to be able to recognize it.

(from THE BOOK by Garry Jacobs)

Patience

Patience with family members is Love.

Patience with others is Affection.

Patience with self is Confidence.

Patience with Divine is FAITH.

No Title

By remaining as silent as possible in a conversation with another when there is much to say on both sides tends to attract unexpected good fortune for both parties.

Example: A man was having a conversation with his partner. Things recently hadn't been exceptionally bright, so when he heard the partner drone on about minor circumstance that produced little results, he became somewhat restless. However, since this was a period where he was committed to practicing mental silence, he reversed course and simply listened without reactive thought or judgment.

Suddenly the partner mentioned a positive new development, and then another and another! Good news came in solid waves of accomplishment from the lips of the partner. As a result, the conversation turned around and was now filled with energy, especially when a new dimension to their work was revealed, exciting them both to no end.

What started out as humdrum continuation of an uneventful and even somewhat down time turned into one of great enthusiasm and joy about the future. That is the power of taking to mental Silence. It can turn dullness to ecstasy of higher accomplishment.

No Title

Life is an amalgam of positive, neutral, and negative. Those who see all of these as necessary given the current conditions will be forever happy and wise.

Reader: But the wisdom to segregate is the Key

Response: That's the traditional answer. However, to see negatives as positives as disguise, as opportunities is the higher consciousness approach. It is how life evolves; from contradictions and conflict, and differing views to higher harmony resolutions. Of course, from this point forward we can act as positive as we can, so there is more positive in the future.

Beyond Positive and Negative

From the highest perspective there is no positive and negative in creation; only forces and forms intermingling in equilibrium and disequilibrium and back again within the universe and beyond. We call this "the Reality". The All. It includes Spirit and Matter and all shadings and planes and possibilities in between. There is only one Reality expressing in infinite variation among forces and forms in creation and beyond to the Source. It is the highest conception of Existence afforded to Man. To perceive the Reality and its workings requires one to rise to a Truth Consciousness beyond Mind; also referred to as Supermind.

No Title

A decidedly new phenomenon for myself has been occurring: Mother is instantaneously blocking a post or other act that might trouble or offend, or "deleting" a message that contains a problematic possibility if acted on. Sometimes an app will suddenly crash before I hit the Post button. Extraordinary. It is very close to a material miracle -- of the substance as touch -- as I have experienced. It is different than the Force acting and creating a life result that sets right all conditions or cancels negative situations. Here my hand is literally being blocked, or forced to slip, or prevented from taking action by the Mother before I had the chance to act erroneously. What can we call this extraordinary material-based, spiritually-induced phenomenon?

Reader: I've had something like that happening, maybe two times in the last 10 years, but I know what you mean

Response: A, it is interesting to learn that you have experienced something similar. It's like it's skipping the life plane and one's relation to it, and gone directly to affecting physical

movement. We know the Force can heal. It can even alter the programming of the cells on a permanent basis. This feels like something else, though related. It feels like there is another driver behind the wheel; i.e. behind myself. That's it. We shall see where this leads.

Reader: I have experienced this in forums when inflow will exceed mind limits and the urge to make entry will be very fast. But suddenly the post will crash. Then came the facility of auto save where we could retrieve the contents. Consecration was done when the crash took place. Perhaps the Divine wanted to establish power within us and then only outer manifestation. Same with FB as when thoughts are blocked by others consciousness the post stops. In movements of energy flow we face such as long as technology is believed upon. That is why Karmayogi says to do subtle work as it is more powerful.

Response: D, you have explained it well.

No Title

When you put the Mother's Force on something that isn't working or is otherwise problematic, it instantly or very quickly self-corrects itself.

We see this with a file that has corrupted information, a computer that won't restart, a bank statement that doesn't seem accurate, an object that one cannot find, a disrupted line one is standing in, etc. In each case, remembering Her or putting her Force on the situation tends to very quickly reverse the condition. It is also helpful to be as still as possible in these situations, which enables the environment to be receptive to the incoming Grace that resolves.

No Title

"There is no greater courage than that of recognising one's own mistakes." (The Mother)
Thank you Malar

No Title

Though we know of Mind in creation, in the evolution we live in, we do not recognize Mind previous to it, in the involution. Thus when Man develops Mind in himself to a higher level, he is actually clearing away the obstacles to the Mind, including cosmic Mind that is already there.

No Title

The main obstacle in understanding the other man's point of view is our attitude and eagerness to prove that the other person is wrong and we are right. (The Mother)

Comment: Yes, it is the Ego, which is separative consciousness. We don't want to learn, absorb from another, just because it is coming from another. We instead want to assert our own position which has its root in Ego. The Ego formulates as vital and physical-based preferences, needs, and wants, which hardens us, causing us to assert our own limited view, that turns into an eagerness to prove the other person wrong and we right.

Responding to Life's Subtle Suggestions for Improvement

One phenomenon I have observed over the years is that if an item suddenly comes into my field of awareness, such as a particular article referred to by someone else -- whether for discussion or a question asked or an error in the content -- it tells me that I need to go to that item and improve it. I take this tact not simply because I want to make it better, but because Life is telling me to do so. Invariably when I do, I find problems in it, or ways to make a vast improvement, which others then tend to quickly respond to and benefit from.

It is also another example of the power that is generated when Life initiates, and you respond to that opportunity. In a recent situation life initiated when a friend of mine sent out a reference at LinkedIn to a new article of mine, which I responded to, seeing it not only as an opportunity for improvement, but something life was compelling me to do. It was then enjoyable making the changes, whose outcome benefited others. There was a kind of Intention behind the whole thing!

It is essentially to develop the Subtle Sense of what life is indicating. It's one of my favorite themes that I have been writing about over the years. When we perceive such normally under-the-radar small circumstance, we invariably sense what to do with it; which leads to decisions that create benefit all around. Developing the subtle relates to several aspects of consciousness -- including living from a deeper poise, developing a certain inner quietude, paying attention to the minutia of life, seeing the interrelatedness of events, circumstance, and people, and so forth. Naturally that all relates to life response, decision making, creating successful outcome, etc.. It truly is a New Way of Living!

Four Drafts to Perfection

I notice that I normally go through four drafts in writing something, such as an inspirational thought, an article or essay, or even a book:

- the first gets the urge of knowledge down into an initial form, capturing the original inspiration.
- the second draft smooths it all out, creating clear flow and right language and tone for the benefit of the reader
- the third eliminates small mistakes, creating an effective whole that is presentable to the public
- the fourth attempt to get as close as one can to absolute perfection, and if one achieves that, powerful response tends to follow.

What Initiates the Compulsion to Write

My writing usually occurs after I or another have had a particular experience, and there arises a desire to share the meaning behind; or it originates as an inspiration of knowledge that I wish to share; or it comes as a response to another's inquiry.

The latter is perhaps the most challenging as it asks one to think anew on an issue, yet is the most stimulating, as it tends to tap into the new and unexpected. This can be a wonderful thinking and relating experience. E.g. often I have heard Garry Jacobs Sir make a presentation which itself is wonderful, but then it turns sublime when he responds to a question from the audience. Now the response opens up to the entire universe, lending itself to marvelous expression and inspiration, integrating an array of thoughts and experiences into a dynamic whole that answers the question, and much more. It is an exhilarating experience for the speaker and the audience when the expression is just right.

Often writers or thinkers or gurus are "waiting for another to ask a question first," which triggers the original thinking process. The response may be crude in expression in the first go round, depending on the capacity of the responder, but has the essence of meaning and inspiration behind it. This attempt to explain can then be reconstituted as a new thought or idea or inspiration to offer the public at a further stage, or perhaps just kept on file for one's self to measure one's understanding progress, or keep as reference material for new writings.

Bringing Timelessness into Our Time-Bound Lives

Time does not exist in the higher plane; only in the lower one. And yet the yogic goal is to experience that timelessness in the details of our time-driven life. It is to bring timelessness into time, which essentially divinizes life.

To do this we can feel that we are not bothered by time; that we have all eternity to accomplish something, yet take those necessary steps and make right use of our energies to accomplish it in a timely manner. That is the yogic poise Sri Aurobindo asks of us. It is a means to divinize life.

Short of that we can practice the following to bring timelessness into the details of time, which can have the life response effect of creating instantaneous miraculousness, which overcomes space, time, and finiteness.

- Having all the patience in the world
- Living in the depths not the surface

--Not forcing things; waiting on life to initiate

--Taking care of the needs of the present, while not bothered by the needs of the future or the drag of the past.

--Consecrating which brings peace as well as time relaxation; and also overcomes time by bringing the future to the here and now. It is life response; instantaneous miraculousness.

No Title

What to leave out is as important as what to put in. This was continuously on the mind of Steve Jobs of Apple as he proceeded to develop wonderful new products and services for the world. We too can keep that in mind in our own work.

Reader: Wonderful. There is something in the universe that connects everything. Today only I hv read (again) Garry sir article in Cadmus journal about Steve Jobs.

Response: "There is something in the universe that connects everything."

The Divine is One, so out of it emerged a universe that is also One, though our normal human consciousness is unable to perceive the interrelatedness and Oneness amongst all things. However, people occasionally perceive startling connections and relations between things as a synchronicity of two events (as you have done here). One law of life is that when you take an interest in a thing, focus your attention on a specific subject or aspect or quality, you attract more of it, as occurred to you. I.e. focusing on information of a type attracts more of that specific type of info.

Also, the more you perceive the value of the Oneness of things, the more you will perceive Oneness events in future. Thus taking an interest in the subject of "life response" or "synchronicities" will attract more of them!

No Title

God, the Divine does not punish. Rather Man "punishes" himself when he attracts commensurate results to his negative behavior.

RK: Sri Aurobindo says that even Mother's punishments are Grace. The Divine Mother only has one thing that She can do. She has only one weapon in her arsenal: Grace. She does not give Grace to some and punishment to others. She does not have that capacity to punish. The only thing She has is a creative power. Even what we take to be a punishment is Her power coming to us. Why it appears as a punishment is the secret we have to discover in the next few days.

Sri Aurobindo goes further and say, it is not only true that Divine cannot punish anyone; it is also true that you cannot punish yourself, because you are the Divine.

Response: Ramesh, maybe it is lack of receptivity that appears as punishment.

Reader: Lack of mental acceptance of Life Divine may appear as punishment.

Response: Still Ramesh there is the question of whether negative deeds attracts Grace. At one plane this appears in error. At another, correct. From the point of view of the Reality, the highest conception, there is no good or bad, just information; where all is necessary for the unfolding of the Play (Lila).

Reader: Yes. But negatives should not come is everyone's wish. Man can build dams to avoid floods then why not he stops his mental creativity so that negatives will stop.

No Title

Life is a field for the organized expression of energy for growth. Expression of unorganized energy is mere dissipation which leads to death. If you are not growing, you are dying. (from THE BOOK, p.465, by Garry Jacobs,)

No Title

To know Mother acts, where and how SHE acts is to be conscious. When one is conscious, the capacity to invoke the Force becomes permanent. – Sri Karmayogi.

Space and Time

-Space is extension. Movement in extension is Time.

-Space is objective. Time is subjective and relative.

-In Spirit there is no time - timelessness. In universe there is time.

-The goal is to bring timelessness into time. Doing so brings out life response -- i.e. instantaneous miraculousness; i.e. space and time are overcome as what is at distant is suddenly before us, and what requires duration is negated.

Reader: Timeless beings in a time control space.

Reader: Yes. Through our higher consciousness we bring in timelessness into the details of life (time). We thus become non-time bound beings; where we are now pretty much the opposite.

E.g. Consecration, opening to Mother's Force does this directly. Events are aligned just right for us; overcoming the barriers of time, making us less time-bound beings. Likewise, when we go to a deeper center and act from there, there is a similar effect on time. Such higher consciousness approaches overcome the duration of time, making us less time-bound.

In one sense time is an illusion of the mind. There isn't really time, but our minds think so. And yet when we bring timelessness of the Source into time, we are overcoming the mind state that adheres to it. Infinite possibilities are now released as life responds.

No Title

"The solution to any problem lies not in changing others or waiting for them to change, but rather by changing the corresponding element in oneself that attracted or created, sanctioned or necessitated that problem in the first place."

(from THE BOOK, p.491, by Garry Jacobs)

No Title

An ideal turning into the practical is the essence of what brings about progress and evolution in the world.

RK: Yes. Probably the process is:

Our knowledge becomes practical when it turns into an Ideal.

The Ideal becomes practical when it inspires one's, will & determination.

Will & determination becomes practical when it moves us to action.

That action is essence of ideal for progress.

But in "Practical" – over a period practical dominates and the ideal goes to the background, and the progress, evolution in consciousness stops.

No Title

We should move forward one step at a time, with patience, as if we had all eternity to accomplish, yet harnessing our energies in such a way that we attract an ascending series of opportunities that bring ever-increasing success.

No Title

"How does pure infinite consciousness create forms? It releases vibratory waves of energy that make contact with each other, forces colliding, like two waves in the ocean meeting head on ..."

(from THE BOOK, p.501, by Garry Jacobs)

New Paradigm of Existence – Now

There is a rising tide of discontent in many nations of the world among many people who do not want to wait, seeking solutions to their economic and social problems here and now. It is the era of Rising Expectations where people's needs demand to be met, and very quickly; otherwise in its place will be increasing instability, even revolutionary fervor. The solution is a New Paradigm of Existence spearheaded by new ideals that have at its core a Human-centered society. It is thus time for the peoples across the globe to come together now and solve the world's problems.

No Title

The beauty and power of Indians is that are so readily open to any perspective of life, including the unconventional, even the atheist, as their own faith and belief system (predominantly Hindu) already embraces so many aspects of the spirit. That is the status through which spiritual truth can enter, in all its dimensions and variations. No wonder Sri Aurobindo indicated that India would become the Guru of the world.

No Title

Sri Karmayogi says every salaried person should become self-employed / an entrepreneur. Also, if the entrepreneurship takes form as being a merchant, or trading, or distribution, the next development should be to manufacture those products he is dealing with. It is a step up in consciousness. (Ramesh Kumar)

Comment: Yes, it is a powerful point. Manufacturing something (as opposed to just moving it) is to know the item in greater detail; like knowing more of a person's nature; instead of the surface character. As a result there is more essence and therefore more energy that can be released by engaging it. E.g. compare Amazon to Apple to see that difference. Amazon ships things for self and others, has big sales, but razor thin profit margin. Apple invents, makes things that are supremely innovative, and has huge profits, including \$150 billion in the bank with no debt! Its meticulously designed and manufactured inventions have seriously changed the world. Likewise, the telecom companies enable data to be transmitted along its line, moving electrons and bits from place to place, but the millions of dynamically created web site (that are "manufactured") release the Internet's true communication and knowledge power.

Response: Exactly. I could not do it but the fact is I influence my children also in this ...My daughter who is an interior designer is very dynamic and creative in nature. But when she tries to do something on her own it does not pay her well and consumes a lot of time and energy. Moreover a liability of a housing loan is also scaring as EMI is quite high which requires a permanent income at least from one member of the family! I feel the fear in me is making my kids also not come out of the salary shell!

Reader: Sometimes we need to fully embrace the current work and do it as perfectly as one can, which will cause life to give us opportunities that when undertaken will prove successful. Self-initiatives without life's sanction fail as much as they succeed. I don't know your daughter's situation. If you wish a detailed explanation of several paragraphs (sent via email or Facebook messages) will help me see the big picture, which can lead to strategies I can offer. It depends on the individual's situation, their temperament; issues often beyond being entrepreneurial and whether to be salaried or not. It comes down to which life laws to apply. (Like the AI system in Garry's novel THE BOOK is able to determine to evoke the best response from life.)

Reader: Being salaried but taking risks in investments or creative ventures or passion turning to work or investing in potential markets may also be business ventures. In India Tupperware, Amway many small scale industries like making traditional snacks and supplying it to stores is becoming more and more popular .What was all considered not as a honour is valued now as money necessity is increasing. What we need is a skill ,perseverance and good public relations. Market when becomes big the employed under someone can be discontinued .It all takes place in the heart to bring the entrepreneurship which Karmayogi says as even without being an entrepreneur we can earn like one. Say Luck may bring shares of a company where we work or percentage allotment of profits or an annual flight ticket for a holiday free. Let us earn for that linkpoints from Mother.

Reader: In my Experience tuning yourself with the Divine makes you float in the air in business. As Roy has put, as Indian house wives, we have some duties and restrictions. But if we offer at Thy feet, business dealings come unasked for, without we straining much, but the sole condition is, opening ourselves to the Divine.

The Divinity of Power

It is a mistake of the ethical or religious mind to condemn Power as in itself a thing not to be accepted or sought after because naturally corrupting and evil; in spite of its apparent justification by a majority of instances, this is at its core a blind and irrational prejudice. However corrupted and misused, as Love and Knowledge too are corrupted and misused, Power is divine and put here for a divine use. Shakti, will, Power is the driver of the worlds and whether it be Knowledge-Force or Love-Force or Life-Force or Action-Force or Body-Force, is always spiritual in its origin and divine in its character. It is the use made of it in the Ignorance by brute, man or Titan that has to be cast aside and replaced by its greater natural – even if to us supernormal – action led by an inner consciousness which is in tune with the Infinite and the Eternal. The integral Yoga cannot reject the works of Life and be satisfied with an inward experience only; it has to go inward in order to change the outward. (by Sri Aurobindo, from The Synthesis of Yoga)

Mother's First Encounter with the Supramental Light

There was an overwhelming impression of power, warmth, gold: it wasn't fluid; it was like a powdering. And each of these things (one can't call them particles or fragments, or even dots, unless "dot" is used in the mathematical sense of a point that takes up no space) was like living gold – a warm gold dust. It wasn't bright, it wasn't dark, nor was it a light as we understand it: a multitude of tiny golden points, nothing but that. It was as if they were touching my eyes, my face. And with a sense of tremendous power! At the same time, there was a feeling of such plenitude – the peace of omnipotence. It was rich, full. It was movement at its utmost, infinitely faster than anything we can conceive of, yet at the same time, there was absolute peace and perfect stillness. (The Mother)

No Title

Americans have trouble staying still for even 15 minutes, as their physical energy for action, doing, viewing, reading, thinking, talking dominates their being. As a result, they lack the inner poise to see into the deeper, more subtle aspects of life.

Reader: The extra energy should be spent only in sports activities and after its exhaustion, they may have inner poise.

Response: Yes, that could help. They also need to develop their vital/emotional and mental energies; build them up, so it does not all go into the physical. E.g. being still for a little bit can enable them to be more thoughtful. Living too much on the surface of life, of the visual and auditory (the senses) makes them appreciate too much the physical. As they develop more of an inner consciousness, they will be less physical-oriented with non-stop motion, and move up to rational thought, higher values, and a more overall subtle approach towards life. As a result, they will grow in consciousness and they can continue to be leaders of the world. Otherwise, if they are just physical, the world will stop appreciating them as in the past. The financial crisis made them look inside and see that the outer material is not all there is to life. It made them introspective. But they will need to do a lot more, to develop the consciousness to lead the future. They will need to develop a true inner and outer culture

No Title

In Supermind, each individual thing is perceived as a necessary part of the truth, the whole, while still recognizing the distinction of each. Nothing is to be discarded as unhelpful or distained, as in Mind.

No Title

In one sense to be Enlightened is to be aware that you know nothing, that you have no real capacity, and that everything is failing.

No Title

According to The Book, life is not a plane of forms like matter. It is a plane of forces in movement which generate results, and the basic building block of life is the individual act. ... To understand life, we have to stop thinking about things and concentrate on thinking about forces that generate results. (from THE BOOK by Garry Jacobs)

Underlying Cause of Recent Global Events

"It was self-evident to Stearne that the end of the Cold War, the emergence of the Internet and the sudden rise of Terrorism were all of a piece—interrelated and interdependent movements of the continent of human evolution as it moved forward. The end of the superpower rivalry had given birth to the greatest social institution of them all and the end of the threat of war between nations had opened the gates for an explosion of sub-national tensions that released into play the horrors of Bosnia, Somalia, Rwanda and the Sudan and released the genie of fundamentalism which lay hidden but impenitent deep in the human heart. This awareness had prompted Stearne to frame a corollary to the third law stating that the deeper the source of the social movement and more rapid the change, the more powerful the reaction when it comes. And according to a corollary to that corollary, if the reaction does not express progressively apace with the change, then it will erupt violently as an explosion." (from THE BOOK, p.476, by Garry Jacobs, published in 2008)

Steps to Surrender:

With your thoughts, give your thoughts to Divine.

With your heart, give your feelings to Divine.

With your body, give your work to Divine.

(The Mother)

No Title

Mind cuts up, divides life into infinite parts and pieces so we can understand and navigate the world. However in that dividing process, Mind loses touch with the Whole, the Oneness of things, and so Ignorance is born

No Title

I believe India will rise because Indians themselves deeply aspire to, and for no other reason. Government can harness that energy; even lead its citizens to a degree. But ultimately the drive forward comes from the aspiration of the people, of individual Indians. That inner flame can grow into a power that releases a torrent of energy that can lead to vast accomplishment for the entire nation.

No Title

There is no such thing as "luck" as we know it. Luck is simply the result of doing the right thing inside.

No Title

It is not personal reward or gain one should seek from the client, but their progress and success that comes about through our self-givingness.

Reader: As I am coming to understand it, if we are giving all we can of our services or products to truly benefit our customers, clients, readers, etc, then we shall receive. But our first thought should be "what can I give of value?" (At least that's what I'm thinking in my whirling

thoughts...) Giving before receiving. The receiving will be a natural result. That's some of what is coming to me.

Response: Yes. Personal reward in any shape or form should be forgotten. It is absence of ego, where we put ourselves in the other person's shoes; losing ourselves in their concerns.

A higher form of this is offering that process to the Spirit, which means consecrating it. Then the benefit to the other party (and to ourselves) will tend to expand exponentially, often in unforeseen directions.

One caveat is that we should give to the right persons; the ones that life sanctions or is pointing to; where the other person seems to be responding, positively. To perceive that requires a certain degree of discrimination.

No Title

Luck is instantaneous miraculousness on the outside due to a shift in consciousness to the positive on the inside.

Reader: Finding the connecting thread between the outer luck and inner consciousness is knowledge / consciousness

Response: Yes

Reader: Luck is the other thread of connected inside to Universe. By holding we Can Invite Luck.

Response: Yes

Reader: Luck is connecting to LUCK that is everlasting consciousness which makes Life Divine.

No Title

Q: How do you win the game of Monopoly in reality?

A: For one, you must have luck in the "rolling of the dice"; which begs the question how does one CREATE luck in one's life? Second you have to have a strategy based on conditions, and willfully employ it. Third, you have to be strong, persevering, have the necessary skills, make a full effort, and be fully positive in all of your attitudes.

You create Luck in life by raising your level of consciousness, especially overcoming limiting attitudes, whether towards others, life, work, or self. You also do it by opening to the Spirit in the details of one's life. It is known as "consecration." You thereby attract good fortune from the world around you - i.e. Luck.

(thanks to S)

Response: When we bought a car the numbers in the numberplate was used by a Chinese friend of us in Toto and he won a hundred bucks on the same day evening. When we expressed this in the monthly meeting a friend of us immediately said do not aspire for the raw fruit of today but aspire for the ripe fruit of tomorrow. Although we do not believe in lottery till now I could not know why she said so and what does it mean. I can only say that it was not said with goodwill but rather to settle our mind. Many people who by just uttering few words which they consider as knowledge just pull our mind and push their thoughts on us just changing the course of our life .Luck thus gets postponed and others by touching our growing consciousness evoke luck. Whatever we had aspired would be got by others. Alertness may even not help as things go beyond our reach. Our consciousness influencing others is grace making others get luck or preventing it is an obstacle in human evolution.

No Title

Act without expectation. (Lao Tzu)

(thanks K)

Reader: Yes sir. Many of my good things got spoiled because of expectation. Heard in MSS P&P session "Expectation postpones the result, sometimes it cancel the result also". Ego expect, vital desire, soul aspire. We should aspire instead of expect or desire

No Title

Our destiny is written in double terms:

Through Nature's contraries we draw nearer God;

(from Savitri by Sri Aurobindo; the Book of Fate)

Reader: Can u please explain this

Response: Life evolves through forces and forms coming in contact with one another, working out their differences, and moving to a higher status. We see that often in our lives, as we invariably make progress by going through contradictions and conflicts -- e.g. between two different aspects of our nature, between what we want and what life gives us, between ourselves and our boss or colleagues or subordinates, between ourselves and our spouse or our children, between one strategy espoused and another, between two points of view, between two nations in conflict, etc. etc. We and thus Nature (i.e. Life) evolve by working through these dual pairs towards a higher harmony. Thus "destiny is written in double terms"; these dualities and contradictions and conflicts worked out. They are Nature's slow and difficult method of progress. Thus "Through Nature's contraries we draw nearer to God". It is the means of our progress; towards an increasing higher consciousness, which in its highest form is God, the Divine itself.

No Title

Hidden in the mortal's heart the Eternal lives:

He lives secret in the chamber of thy soul,

A Light shines there nor pain nor grief can cross.

(from Savitri by Sri Aurobindo; the Book of Fate)

No Title

We can achieve Sri Aurobindo's vision through consecration (opening to the Mother) that establishes a deeper center, including discovery of our soul and psychic being, which compels our mind to soar above sense and rationality to intuition and revelation of truth. And through that supernal light above and the re-awakened Conscious-Force within, the various parts of our being are transmuted into a supernature, culminating in a new supramental existence and divine life on earth. (This is essentially his Integral Yoga)

Results of Reversing Anger

An artist explained that there was so much anger in the world, and he was seriously bothered and troubled by the fact. However, it never occurred to him -- nor practically anyone else who shares such feelings -- that by sincerely shedding such rage, it can vibrate out and alleviate a good amount of anger in that world.

Reader: In no way we must stop from being angry as long as we feel it is right anger. For social and psychological purposes nowadays we wear a mask and just let go our anger. If only we have time to think and express our anger or pinpoint others' defects too there will be unity of consciousness. But there is a threshold and if we can evoke anything in others or ourself then it is right anger in right amounts. Instead we all indulge in damaging others personally. Those persons grow tall while we become small men watching others 24/7 giving quick food that is always producing energy spheres by being jumping jacks and the wise men grow when we sleep.

Response: There is a difference between righteous indignation and anger. The former is to see the wrong in the world and to call it out with intensity that can seem like anger. It is a vital reaction mixed with beliefs and values. Anger is more of a lower vital expression, even lower physical. It indicates incapacity, powerlessness; sometimes missing information or knowledge; and surface living. Karmayogi calls anger "emotional ignorance;" the vital's claim of a non-existent right. He goes on to say that Unity banishes anger. That one who has realised unity with the world has nothing to be angry against.

Reader: Anger developed against some person should not be released towards a another person, treating him as shock absorber. A husband whose anger was caused in his office may release it towards his poor wife. The wife in turn releases it towards her son. The son may release it towards the street dog by throwing a stone at it.

Response: Yes, it continue to vibrate. That is why it must be held in check. A deeper consciousness overcomes it for most life situations. Ultimately only yogic effort can completely eliminate it.

Approaches to a Meeting

In attending an important meeting, consider incorporating the following:

- Imagine you are going to meet the Mother.
- In your mind shower the locale with Her light.
- When possible, keep your mind empty of all thoughts. Appropriate knowledge will then come into the mind more swiftly (as intuition).
- Try not to assert. Wait on life or others on what to do next.
- Think less about what you can get and more about what you can give.
- Listen, and listen some more.
- Be open to the unexpected.
- Perceive that from the smallest thing great positives can arise. Don't discount anything.
- Perceive challenges as opportunities.
- Wherever possible, hold back the urge to express one's self. Practice Silent Will.
- Hold back negative attitudes.
- Put the ego on the backburner.
- Show deep consideration towards others through the highest manners.
- Be always at ease. Be yourself. Enjoy the situation

Taking to any of these will elevate the meeting, and draw out the unexpected and the very best from life!

Perfecting Work

"In every act or work we do, the degree of perfection depends on degree of our consciousness." (The Mother)

Comment: Perfection is to perceive the work from every conceivable angle and fulfill the demands of each. Angles can be external (the work itself in all its facets) and internal (our perception of it, including all attitudes, values, skills, etc.). E.g. Sri Karmayogi asks us to take any written document we are working on, whether a short story or a research paper and perfect it in 20 different ways (spelling, grammar, flow, rhythm, intensity, tone, voice, etc. etc.) till there is not even a scintilla of error. Likewise we can take any other work, and come up with several dozen categories of ways to perfect it. When we do life responds in astonishing ways. E.g. one man perfected a document he was working on for a mailing to elicit support for a project, sent it off, and instantly received a response from an entirely different client within 5 seconds that brought him substantial financial benefit for a year.

Another way to approach perfection is to look at the work from physical to vital to mental. Physical could be the dexterity of our handling or the maximum utilization of a resource; vitally is our attitudes about the work as well as our right relations with others; mentally can be to clarify in detail the right order and logic of things, our strategies for implementation, and such.

Yet another powerful way to insure the perfection of the work is to add spiritual methods like doing it patiently; getting at the essence of the thought or idea; silencing the mind so the integral knowledge will flow into our minds as intuition; practicing restraint from communicating information about the work prematurely; perceiving the tiny as an opening to the infinite; see difficulties as opportunities; consecrating it at all points along the way, etc. etc.

When the work reaches perfection through any of these or other means, supramental vibrations are released, (since supermind is Integral Truth consciousness; unity of all the positive details), and, as a result life rushes towards us with good fortune in most unexpected, creative, and dynamic ways.

(thanks to Ramesh Kumar for the post of the Mother)

No Title

One man's perfection can save the world. (Sri Aurobindo)

Reader: Tamil sage Thiruvalluvar has said that bountiful rain occurs when nature perceives that there is even one good man .

Response: Such a beautiful statement Sir. It perfectly illustrates how one man's perfection can save the world.

The Rate at Which We Consciously Change

People normally change very slowly. When we learn something profound, we are shaken in a positive way, but then more often than not we circle back to our old ways, perhaps with a bit of extra spark. Whether we acquire and implement further wisdom that comes our way -- such as the knowledge of the spiritual powers we have within us -- is determined by our own conscious choice. In that way, each of us creates our own destiny. We alone decide whether our growth occurs slowly at a snail's pace through Nature's difficult course, or rapidly and progressively like an ever-expanding flower garden of delight.

Connecting With Our True Self

It is said that our deepest self craves for our supreme purpose, which in turn compels us to partake in the perfection of life. How then do we get in touch with that deepest element within us? There are many spiritual approaches. Ours is consecration; opening to the supramental Force, the divine Mother power that is there in the atmosphere. Each time we consecrate, in the background our consciousness moves to an increasingly deeper poise, until it comes upon the True Self, the Soul and Psychic Being. That enables us not only to experience spiritual qualities of deep peace, silence, harmony, truth, wisdom, goodness, love, joy, and timelessness, but it gives us a profound feeling of purpose that gives direction to our lives, including an aspiration to participate in humanity's progress, evolution, and transformation. By touching the Soul that is the divinity in ourselves, we open the door to infinite possibilities that is there in the Infinite Consciousness.

Reader: Sir, how can one settle in this deeper poise and how can one make consecration purer and intenser?

Response: Consecration creates concentration (deeper poise). Consecration becomes purer and intenser through increasing SINCERITY in wanting to be connected to and guided by the Mother in one's life, instead of living mere ordinary, outer life.

In other words, consecration can be purer and intenser by developing deeper Aspiration for the Divine, for Mother in one's life.

Reversing a Long-term Negative

At each point where you shift from a wanting element of your consciousness to its positive equivalent, life instantly responds in your favor.

Yes it can happen even after 20 years. A devotee who was cheated by his cousin 20 years back , by which he lost all his rights over the properties he was about to inherit. Though he is well off now, he always had a grudge and till last week he used to fume whenever he think of that and even he said, I should have killed him.

Last week when school final results came, when the whole Tamilnadu got very good marks and pass percentage , the cousins sons failed even to pass. He was so happy in hearing that telling that only his "curse" brought that as that boy was more than average . After a moment, he suddenly started telling that, what that poor boy will do for the things their father has

done. Why I am like this, Mother has given me more than what I have lost. I pray Mother, the boy should get passed in re-totalling.

After one week, when he was visiting a bank where he applied a loan for a project, he met another person who applied for similar project and after discussion they found that their ideas were similar and the other person lacked the technical expertise. He said he is applying loan only for accounting purposes and so he can invest nay amount if the devotee can join him, and ready to give major stake in that. The devotee agreed and within a week everything filled its places.

When we were talking about the antecedents of that person, his native etc., we found that he is the relative of the person who cheated this devotee 20 years back and the money he got for investment is that persons money on my as new investor married sister of the cousin, and they are no more in good terms or in contacts.

The investment he got and proposals were four times than what the devotee thought. The boy got good marks in re- totalling.

The change of consciousness never fails.

Attention given to anything – (here the property) never fails to show their gratitude.

Mothers answer will be good for all concerned.

Astonishing story that shows the power of reversing a long-term resentment, even to the point of hoping for the best for those persons in tandem with self-offering to Mother's consciousness enables the most extraordinary, creative response imaginable.

Developing Inner Poise

Q: How can one settle in the deeper poise within?

A: Constant, ever-increasing Consecration -- self-offering of the details of life to the supramental power; the Mother – deepens the poise, the inner perspective of existence for the individual over time. Now he experiences all of the attributes of the spirit – peace, silence, harmony, oneness, truth, goodness, love, delight, timelessness, infinity, etc. – on a regular basis. From there one also feels deep meaning in life, one's purpose in the larger scheme of things

Quality of Consecration

Q: How can one make consecration purer and intenser?

A: Consecration becomes purer and intenser by increasing SINCERITY in wanting to be connected to and guided by the Mother in one's life, instead of living a mere ordinary, outer existence. In other words, consecration can be purer and intenser by developing deeper Aspiration for the Divine, for Mother in our daily existence

No Title

Among the first realizations one has on the spiritual path is that "I am selfish and self-absorbed, and I really have to change."

Apple's Negative Repetitions And Ours

Android is the Windows of the modern generation, with Apple relegated to a niche player with decreasing and eventually insignificant market share. IOS may loom large in the US, but the world is rapidly jumping into Android. It's a repeat of the PC wars which Apple lost to Microsoft. The reason? Apple's closed system (IOS) that other manufacturers cannot make products from.

The only other way forward for Apple to do well in this Android tidal wave environment is radical innovation. And yet Google seems even to be a bit ahead even there. And yet we know that things can change because people can change. Steve Jobs didn't want to open iTunes and the iPod to Windows users, he changed (Hell freezes over episode), and the fate of his company changed along with it. He didn't want an iPad mini and its form factor, but he changed. He said "no one reads anymore," but he changed there, etc. etc.

Radical innovation plus opening IOS to other manufacturers may be the only way for Apple to reclaim the market. Otherwise, it will be a slow descent as Apple slowly becomes isolated from the needs of the world, even with all the cash in the bank. Estimates now have Android at 80% worldwide smartphone share within 1-2 years, and Apple at 10% and slipping, with the remainder being Windows Mobile (8%), and a few others.

The lesson is simple: If you don't learn from history, you are doomed to repeat it.

Preventing Negatives from Repeating

"If you don't learn from history, you are doomed to repeat it." This phenomenon fits perfectly with Sri Karmayogi's theory of ACTS; specifically that they tend to go on repeating over and over until a different consciousness is brought to bear.

E.g. Apple is repeating the same mistake it made in the 1980s with a closed system for its software so others cannot use it to manufacture products like smartphones, tablets, etc. Thus Android is dominating the market, just as Microsoft did with PCs (over Apple) in earlier times. Apple is once again being relegated to a small or even tiny share of the market. Since there seems to be no compulsion on their part to change their repeating negative action, they neatly fit the statement that "If you don't learn from history, you are doomed to repeat it."

Of course, we tend to do the very same things in our own lives. Recognizing such repetitions, especially of the negative sort, -- whether in our work and our relationships; whether taking shape as wanting habits, attitudes, beliefs, and action -- would surely be helpful. Catching the negatives from repeating (as it will always tend to do) will help us dramatically increase our level of success and happiness in life, instead of stagnating and falling back.

Eg one man reacted with a wrong attitude every time an opportunity arose, causing it to escape his grasp each time. If he were to recognize this repeating negative and catch it when it presented itself, he would not only reverse the repeating tendency, but turn the new opportunity into an enormous success!

No Title

True Love is an Adventure of Romance that is never fully realized, yet we are compelled to seek it forever.

On Overconfidence

Overconfidence tends to quickly attract failure. An example: A sports team was very doing well during the season. It had several games coming up against a weaker team. Several fans abused that team, indicating how poor they were and therefore the home team would easily beat them. They said it with emotion that bordered on contempt. Immediately that day the degraded team pounded the successful team into submission.

In another example, a man was always confident that he would secure the work from potential clients coming up that work. However, each time he expressed that opinion, which was often, the work never came about. It is yet another example of the negative life response power of overconfidence.

On Inflation

Inflation of the normal (non oil-shock) type is considered a negative phenomenon, yet there is increasing evidence that it is due to increases in wages, which is a good thing. In America inflation has been hardly detectable for 20 years, matching the lack of gains in wages in that same period, a shocking development. In India inflation is high, matching the rapid rise in wages in the country in the past decade. Let us therefore consider inflation in terms of its cause -- wage gains of the populace -- not just to its alleged harm on spending power.

Comments of Karmayogi and associates on inflation:

-The movement toward a more egalitarian society has raised the expectations of lower income groups, increased wage demands and consumerism, and thereby spurred inflation.

- Rising prices were a direct result of the greater dignity and social value extended to the common man. Inflation was only a mechanism for reestablishing harmony at a higher level of prosperity and social equality.
- Inflation acts as an instrument for shifting money from the centralised powers (of the rich men and companies) to the individualised consumer.
- Inflation, in my view, is an instrument of development.

No Title

Humility elongates and expands current success; ego withers and destroys it.

No Title

Almost all serious illnesses have psychological causes behind the physical ones. Thus they can each be cured by making the right adjustment of the psyche. Adding Mother's Force to the equation ensures it.

No Title

Illness is the physical indicator that one's life is out of balance, and therefore one needs to make the corresponding psychological adjustment to bring things back into harmony, but now at a higher level.

Steve Jobs' life was not in balance; he was not able to make the corresponding psychological adjustment, and so he left us. Had he done so or taken to Mother, he would have continued to thrive. So indicates Sri Karmayogi. I was about to hand him a booklet of Karmayogi's on consciousness approach to business management at his office at NeXT in the early '90s, but one of his aids intercepted me just one second before I was going to put it in his hands.

No Title

People do not realize that there is a Divine Intent in creation. The Divine evolved a universe out of itself so that its attributes -- like truth, love, delight, etc. -- could spread throughout the world, and a divine life emerge out of vital and then mental existence. As that unfolds, there is evolution. We are naturally the means of that change. We hasten progress and evolution by coming in touch with, surrendering to the Divine Will.

No Title

It may take a half dozen life experiences of one of Karmayogi's principles for it to enter the substance, making it permanent in our being.

No Title

The best way to bring OUR inner potentials out is to recognise in others talents they are unaware of. (Sri Karmayogi)

No Title

For the householder, mind and its thinking is the means to knowledge and therefore success. For the spiritual individual, mind and its thoughts is the bar. There Knowledge and Truth come through intuition and its variations.

Same Outcome, Different Cause

We can see the phenomenon of two entities sharing the same problem, but for very different reasons. The San Francisco Bay Area (which includes Silicon Valley) is a very unaffordable place to live due to very high home prices, though wages are also very high in the region due to tech and other booms there. On the other hand, the Los Angeles basin, in California as well is also very unaffordable, but there it is because wages are low and stagnant (like much of

the US), and therefore only a small percent of people can afford to buy a home. In one case unaffordability of homes is due to prosperity; in the other it is due to stagnant wages. Thus when we study issues and see outcomes, we must be careful to identify the underlying cause rather than merely lumping things together in the same category. That little extra mental effort of curiosity, of bringing out the subtleties will be very helpful to others, and can be the difference between true knowledge and mere information.

No Title

The problems of the world are too large and complex to be solved by individual nations. The countries need to come together and cooperate in ways that have never existed before. For World Unity to take shape a form of world governance needs to come about where nations can legislate solutions to the problems of life -- whether economic, social, and environmental. If the human individual is placed at the center of that movement, made the cornerstone and core value of that new cooperative effort, then the results will be extremely beneficial to the peoples and nations of the world.

Serenity Amidst the Bustle Attracts

With fast food, ATMs, instant Internet response, et al we have entered an age where people are expecting more in less time, which is creating ever-increasing impatience when engaging in the activities of daily life. And yet it is exactly the opposite that Nature is seeking; i.e. us to be still amidst the hurry; to be calm in a line, while still enjoying the benefit of a fast life. In fact when we are patient, life responds positively and quickly thereafter, making the Internet and the like seem slow compared to the instantaneous miraculousness that occurs when we are still amidst the hurry. It is the astonishing shortcut to success, as life's conditions are immediately rearranged and set right for you as if by a magician's hand. As a result, you now long for that stillness on these sorts of occasions, as it brings both inner calm as well as outer magic.

No Title

If you point out a deficiency in another while also suggesting the right spiritual attitude to take its place, life will tend to quickly afford you an opportunity to prove your own proficiency in that same area, but at an even higher level.

No Title

We are at a decisive hour in the history of the earth. The earth is preparing for the advent of the supramental being, and because of this the old way of living loses its value. One must launch oneself consciously on the path of the future in spite of the new exigencies. The pettinesses tolerable at one time are no more so; one must widen oneself to receive that which shall be born.

(The Mother, from Agenda, December 29, 1971)

No Title

He determines what He wants for the world. We determine if we wish to collaborate in bringing that about. Or to put it another way, we have free will within the determination of the Divine.

Reader: But why His will and our will is not same. When we are Divine, then why we wish against his wish or why He wish against our wish.

Response: When we are Divine-like in consciousness His wish and ours become the same. We can discover that Oneness, instead of living in the duality where ours and His Intent are out of alignment. Ego creates the big divide; mostly through our negative attitudes. Overcoming these helps greatly. So does Consecration, which is supramental -- the consciousness of Unity. Through these approaches our and His aspirations move into complete alignment. We become the Master of life, which always responds in our favor.

Aligning Our Aspirations with the Divine's

When we are Divine-like in consciousness His wish and ours become the same. We can discover that Oneness, instead of living in the duality where ours and His Intent are out of alignment. Ego creates the big divide; mostly through our negative attitudes. Overcoming these helps greatly. So does Consecration, which is supramental -- the consciousness of Unity. Through these approaches our and His aspirations move into complete alignment. We become the Master of life, which always responds in our favor.

RK: Everything comes or expresses -- the fundamental will of the divine -- perfection in creation. To know the holistic view or aspiring to know that or to do that is aligning with the divine. It is divine evolving within our personality to align with the divine in ourselves to manifest the perfection on earth as per His will. That urge, awareness and seeking take the form of a Real-Idea representing what the Divine wants to accomplish.

Response: "To know the holistic view or aspiring to know that or to do that is aligning with the divine." Yes, very true. It is the opposite of the ego view that creates division and non-alignment.

Perhaps we can say that embracing the Reality, the All, the variation of moment to moment conditions, to see the necessity of all facets whatever they are, is to have the alignment consciousness. It is not just alignment with the Divine, but with the Reality, the All of things that life presents -- at any level, from spirit to matter, positive or negative, big or small, painful and pleasurable, etc. Karmayogi says to have this view is to perceive "the Marvel."

No Title

To accept and embrace all that comes our way is to perceive the Marvel. It is to have the unity consciousness in which we align with the Reality in all its facets.

No Title

The more you hold back from expressing an opinion or preference, the more it-

--proves true over time

--is accepted by others

--spreads throughout the community

--is verbally or otherwise expressed by others

--attracts even greater truth on the matter

--ripens into a deeper perception

--attracts positive conditions for oneself

It is the life response power of Silence in action.

Reader: Is it true of expressing our emotions like our affection or love for somebody also? I doubt that.....

Reader: Sometimes expressing our love or affection also becomes disastrous as those who receive it may not be reciprocating the same. Higher love that is if you know the way show it or rather live and then preach so that Mother in you acts to them through you i.e. your consciousness, may be an ideal one.

Response: Opinions and preferences are two of a number of forms of mental and vital expression. They often take shape through an urge to express itself, where one is in essence offering a Part knowledge in the context of a fuller Whole truth that is there in the atmosphere. Opinions and preferences tend to be filled with the desires and urges of the lower nature. Thus they are often an expression of Ignorance, as opposed to the integral Truth of things. Holding back their expression tends to attract any of a variety of positive conditions.

Affection or love is of the Heart, and is therefore different. Though related to the vital it has less of its lower nature, and (depending on the relationship) a touch of the spiritual. And yet even here, by holding back in one's feelings, one can attract certain positive conditions, such as its ability to draw out the feelings of another, the creation of an even deeper bond with that individual, its ability to set right other conditions, cancel negative situations, create new opportunities, and so forth. The purer the inner motive, the more positive the outer effect.

Reader: I am trying that but sometimes become impatient and lost. Perhaps I must be more sincere. Can we hasten the process and improve the result in any way ? Than.

Response: One approach: Each time you are impatient etc. consecrate the fact. It will gradually give way.

Opinions, Preferences vs. Expressions Of The Heart

Opinions and preferences are two of a number of forms of mental and vital expression. They often take shape through an urge to express itself, where one is in essence offering a Part knowledge in the context of a fuller Whole truth that is there in the atmosphere. Opinions and preferences tend to be filled with the desires and urges of the lower nature. Thus they are often an expression of Ignorance, as opposed to the integral Truth of things. Holding back their expression tends to attract any of a variety of positive conditions.

No Title

Affection or love is of the Heart, and is therefore different. Though related to the vital, it has less of its lower nature, and (depending on the relationship) a touch of the spiritual. And here too by holding back one's feelings, one can attract certain positive conditions, such as the intensifying of the bond between the individuals, the ability to draw out the feelings of another, the ability to set right other conditions including the cancellation of the negative, the attracting of wholly new positive situations, and so forth. The purer the inner motive, the more positive the outer effect.

No Title

The mystics revealed God to the world and it still remains a mystery. The world has not witnessed an effort that tried to explain mysticism in terms of rationality. Sri Aurobindo's 'The Life Divine' does it very ably and enchantingly. (Sri Karmayogi)

No Title

The key to the transformation is to shift from reliance on our own capacity to that of the Mother and Her Force, which will accomplish all that we desire, and so much more.

No Title

We are oblivious to and ignorant of our on-going folly, but others perceive it quite clearly.

No Title

How often do you feel that spiritual Richness radiating from within? How often do you feel Her Light and Love and Peace welling up inside, permeating every fiber of your being? How often do you look out on the world and feel Her Joy washing over you, permeating every movement of your life?

Benefits of Non-Thinking

Non-thinking-

- brings greater awareness, knowledge, and understanding
- enables us to get at the heart and essence of a matter
- allows for greater clarity; overcomes confusion
- enables us to perceive the many-sided truth of things.
- enables true rational thought, unprejudiced by our lower nature.
- indicates what to do and what to avoid
- allows new possibilities to emerge
- accomplishes at a higher level

- helps overcome problems
- attracts good fortune
- causes one to be less reactive
- enables better relations with others
- is soothing to the emotions and the body
- enables possibilities to emerge instead of being deflected
- enables the Force to function through our being
- opens to the doors to light and intuitions of truth

No Title

Universal consciousness is to perceive the world through any number of other people's eyes simultaneously.

RK: We can reach the universal consciousness through values. The first one is other man point of view. and finding the oneness in that. - Sri Karmayogi.

Response: Yes, it is a powerful means of creating that oneness with all and everything.

I started compiling a variety of edited statements from The Life Divine Sri Aurobindo's view of Universal Consciousness. I have included it in a new entry at my page.

No Title

Fully embracing what you don't like but is necessary quickly elicits Luck from the universe.

No Title

When you are troubled that you are not getting what you want, the first thing to do is to push that feeling away. A better perspective will now tend to take its place.

Power of Intuition

Life is moving too fast and is getting too complicated to solve problems by merely thinking them through. We need to develop the capacity to elicit knowledge, strategies, et al complete in our mind instantaneously without thought. This is the spiritual power of mind known as Intuition.

Intuition garners knowledge that can get right at the heart of a matter, to a necessary solution, as the cosmos provides us everything we need to know in a flash. Two methods that elicit intuition are Mental Silence (non-thinking) and Consecration (opening to the spiritual Force). Both tend to attract intuitions of knowledge and truth without having to think of anything. In these ways space and time are overcome.

What rational mind strains to do over long periods of time, intuition does in the snap of a finger without engaging the thinking mind.

Reader: this is so timely...just thinking about "not thinking" and allow the universe give the answers...just to speak and let it be...to obey is spontaneous

Response: Thanks H. After reading your comment, I considered the issue some more and then updated my original comment a bit.

No Title

One needs to develop a certain level of psychological strength and toughness in life so that when things don't go as planned or someone says something untoward about you or when any of a number of things presents themselves that could disturb, it simply falls away from your consciousness and you are easily able to resume your normal poise.

Reader: Mr. Posner, 2 days ago I had an experience, where I felt the (psi) pressure squeezed individual began to surface, and with quick response to the conscious(gps) governed purpose self, the situation was under control...again a timely comment.

Reader: An unshakable Peace that is incapable of reaction, unending Patience and ever expanding Cheerfulness!

Response: Yes that is the basis of that inner strength. Deepest poise enables these, which itself is arrived at by constant consecration.

No Title

When we have a work, conduct an exam, build a house, manage a seminar, or conduct a negotiation, we prepare ourselves, plan and meticulously execute. We are satisfied with excellent results. When you have one such work, instead of preparing yourself and planning, observe the course of events. First speak to Mother, consecrating the work, and do not plan as usual. If you have the luck of such an observation and you are able to leave every step in Her hands, the results will be amazing. "I could never have done this," is what one exclaims at the end. And that happens every time we are able to leave the work and its different parts in Her hands. (Sri Karmayogi, from Spiritual Opulence)

Sri Aurobindo's Role in Accelerating the Evolution

God seeking delight arrived at a moment of fruition which Sri Aurobindo calls the Hour of God. This is the moment the Godhead buried in the darkness of Ignorance can wake up and hasten evolution. Should man respond to that, That will respond as the descent of Supermind abolishing pain, suffering and death from the face of the earth.

No Title

Sri Aurobindo came on earth to announce its advent and realise it. A portion of the Lord came as Sri Aurobindo. Those who came to Him saw a Rishi in Him. Later others thought HE was an Avatar. Mother declared HE was not an Avatar but the Lord. HE was a portion of the Lord. Lord who worked up above and made the HOUR come, came down to realise it in human consciousness. (Sri Karmayogi, from book 'Spiritual Opulence')

Sri Aurobindo's Integral Yoga

(Below is the opening of chapter XI. 'Sri Aurobindo's Integral Yoga' as presented by Sri Karmayogi in his book 'Spiritual Opulence'.)

"Sri Aurobindo's yoga is of importance for this book because it makes Spiritual opulence possible. As yoga is the antithesis of family life, this aspect of Sri Aurobindo's yoga is relevant and is of interest here. He calls His yoga Integral Yoga. It is so called because this yoga is integrated with life. In Sanskrit it is called Purna Yoga, meaning everything in creation is included in this yoga. He has also said that this is a yoga of Self-Perfection. The Self that is known to be aloof, perfects itself by emerging through our minds, lives and bodies. Hence the Yoga of Self-Perfection. In perfecting life, this Self enriches life, makes it spiritually opulent. There is one more description of this yoga. It is the yoga of spiritual evolution. We know our tradition describes the Spirit as unchangeable and immutable. But Sri Aurobindo has perceived the evolution – change by growth – of the Spirit in all planes. The Spirit that evolves in life makes life,

--invincible, unfailing

--one of ever-growing abundance

--conscious by the force and consciousness that are
separate joining together

--capable of prolonging life at will, conquering death

--ascend and integrate itself with consciousness

--evolve its Psychic Being

--enter the third dimension of Time from where it is now – in successive, processive Time as we always know it."

No Title

The more one is willing to change, the greater will be the change he can effect on others. (Sri Karmayogi)

thanks to R

Reader: We should set the precedent.

Response: Here is one application of Sri Karmayogi's principle: We are often trying to change others. We do it by the force of our personality. It is in large part ego-driven. However, there is another way to change others. When we refrain from criticizing them and instead change ourselves correspondingly, we see that the things we wanted changed in others begin to happen on their own, as if by magic. It is the power of taking inner responsibility for the outer deficiency.

We are wary of criticism from others, yet by embracing it our capacities expand and our personal growth takes on new dimensions.

Reader: If one has the attitude that nobody should say anything about me, he can never progress. Some times when one reflects back criticism made by certain persons on certain occasions prove to be correct and acceptable latter.

Response: very good insight.

Reader: Sol arivu or sua arivu i.e. in Tamil they say either you have your own knowledge or follow others words .In a moment we brush aside others comments even though said with good intentions, but later we realise those were the best words to be said or best moments.

Reader: absolutely...at times it seems harsh, and you know it is true, anger brews within, later when truth evaluates and you are honest to digest, your personal growth and views take on a new dimension.

Response: Nicely put H. We can develop a non-egoistic, non-reactive spirit so that all criticism becomes a means of joy for ourselves. This would be a real advance in anyone's personal growth. At that point you would say and feel "Thank you for that helpful criticism!" Criticism experienced as gratitude.

No Title

We are often trying to change others. We do it by the force of our personality. It is in large part ego-driven. However, there is another way to change others. When we refrain from criticizing them and instead change ourselves correspondingly, we see that the things we wanted changed in others begin to happen on their own, as if by magic. It is the power of taking inner responsibility for the outer deficiency.

No Title

The profound and subtle principles we are advocating and experiencing do not conform to human logic, but to the Logic of the Infinite.

No Title

A hypothetical of the supramental age: You wish for 10 particular things to be accomplished at work. When you then come into the office, you are informed that these, as well as several other items have been completed, even though you never informed anyone of your intentions.

No Title

Mind accomplishes. But if the Mind is silent, it accomplishes like GOD. (Sri Karmayogi)

No Title

If you stay positive and consecrate an emerging possibility in the midst of others' skepticism and doubt, you can attract the best conditions for that collective.

Negative Response from Over-Celebrating

When an individual or collective (such as a team) cannot hold the energy of recent success and allows it to spill over through intense vital celebration, immediately thereafter things go downhill for that person or group.

Example: A baseball team (San Francisco Giants) had won a game in the last inning and were celebrating wildly. The player who caused it, began to take off his outer garment in celebration and let out some wild gestures of celebration. (The player was the best player on the team over the course of several months. Also the team was leading all others in both league leagues in terms of victories.) From that point forward they lost a number of games in a row, dampening their spirit and perhaps making them just a bit more humble.

Reader: Nice example. Things done for fun even in moments of celebration may cause pain or hurt. We can see in films or real stories where only one person is affected while enjoying the sea or wild fun. While in the burst of emotions we tend to spill our energies those who sense it and realize a fear inside will calm themselves. Things too around will indicate that. But the psychologically weak person normally they may have an emotional strain or physical problem will be affected or loser. Over celebrating or just being in the crowd causes a problem means as world solution providers the MSS acts through all of us and if course through its publications to bring to the collective the necessary energies to bring forth such beacons of light. For Karmayogi and all our mentors value human beings and their evolution more than their personal work or accomplishment. Through each of our own mental understanding or works Karmayogi says we have become like that. For this day we understood a life support of knowledge to the awakening souls rather than a google search engine for the mentally elevated ones is the dire necessity. Bhagawan's dream in forward mode

Response: D, thanks for those solid and helpful examples.

Cat Crunchies

Life is at every moment presenting subtle signs of what you should do or not do. If you then follow them, you will be directed to just the right place or life will present you with opportunities from seemingly out of nowhere.

For example, today I was going to go to my usual afternoon location for a cup of coffee or the like and then a walk to the library. However, when in my car I approached that area I saw a bevy of police cars and fire engines. Obviously there was commotion up ahead. I could have waited and waded through the troubled area, but instead took it as a sign to do something else. Since my cats were out of their crunchy food, I immediate pulled out and drove to the supermarket. When I went to park I found the very first slot, a very unusual occurrence!. Then when I entered the store, I was amazed that from among 20 isles in the store, I was standing exactly in front of the food isle for cat food. I then found several items on sale and purchased just what I needed. When I returned home, the cats quickly gathered around me, sensing that I had brought the food they required, which proved to be exactly the case.

When you examine the conditions around you, and then move in the right direction, life has a funny way of guiding your steps, leading you to the very best of conditions. It was a joy and a privilege to see that dynamic in action once again.

No Title

The apparent Inconscience of the material universe holds in itself darkly all that is eternally self-revealed in the luminous Superconscient. (Sri Aurobindo)

Comment: I.e. in the heart of Darkness there is buried the Light.

No Title

The sincere DECISION to shift from being blasé to seriously engaging a work, no matter how trivial or small, quickly attracts unprecedented results.

The Shutdown

Consecration of a problem works best when it is accompanied by taking any positive action you can to remedy the situation, while remaining very still in your emotions.

A couple apparently had their Internet service permanently shut off which they had been sharing with others nearby. It was a serious moment. However, they spontaneously consecrated the situation, offering the problem to the Divine Mother. They also remained quite calm considering the severity of the situation; plus they creatively thought about alternatives solutions and contacted the local supplier to find out what was possible. Five minutes later, they were astounded when the service came back on, and they were able to use the service just as before.

The Training Class

Consecration is calling to the supramental Force, which is Unity consciousness. I.e. wherever there is separation, harmony, oneness, unity is evoked through the consecrated act.

For example, many years ago I was conducting a training class. The morning session was chaotic, even conflictive. During the lunch break I called to Mother intensely. Then in the afternoon session with that same group a profound stillness suddenly came over that room. A sense of harmony and well-being permeated all. The chaos of the morning session was gone and forgotten, as if it never happened. Harmony reigned supreme.

Spiritual Alertness is always having an accurate perception of events in terms of what the Higher Force is trying to bring to the situation. (paraphrase of Ramesh Kumar)

Comment: I truly cherish this thought.

No Title

Sri Aurobindo's Integral Yoga requires Surrender of one's life and purpose to Her Force, while discovering one's Psychic being (evolving soul), which in turn attract transformative benefits to ourselves and the world.

No Title

Frustration with the situation masks an opportunity to grow in consciousness.

No Title

One can engage in a powerful transformative yoga of life by simply making the persevering effort to eliminate Ego movements from all aspects of one's being.

No Title

True courage is marked by inner strength that does not complain about one's life conditions.

No Title

Love can emerge from hate because hate is inverted Love.

Further comment: The Israeli-Palestinian situation is an example of such relationship and possibility, as they are from the same ancient kin.

No Title

Q: Mother has said meditation is not necessary for Integral Yoga. However, I think meditation may help to quiet wavering mind and focus energies on right path. So, I'm thinking to learn some meditation which may help to discipline my mind. How to know which may be right one for Mother Devotees?

A: For Mother's devotees on-going consecration is best as it creates a soothing, peaceful effect like meditation, while maintaining its power and force to set right life's conditions. But if you also add stilling the mind of thoughts, it will be even more powerful. I.e. simply catch and

halt all wasteful thinking when it occurs in the course of your day. Also as Mother does in Agenda, you can try be still for ten minutes at a time, say several times a day, where you can just BE without thinking. The cumulative effect can be soothing and sublime.

No Title

Make your case, but do not to insist. As a result, others will tend to come around and value your point of view.

No Title

Discovery is inside. Confirmation is outside. (Sri Karmayogi)

Comment: One interpretation: Inside we discover the methods of moving life from within or otherwise relating to the Reality behind existence, without the necessity of taking outer action. Outside is the life response result that is the confirmation of the application of our approach.

No Title

Despite great efforts to discover and realize the unwavering deepest principles and truths of existence, the spiritual individual is also fully comfortable with Uncertainty in life.

No Title

The same broken records play over and over in our minds. How do we break the influence of these incessant, limiting tunes?

Reader: Mind replays what the heart can't delete - fb page

After I read yr post, thinking about the answer. Suddenly one more post from one of the FB page which I liked

Response: Yes, very true.

They tend to originate in our lower nature. In our vital physical sensations and habits, our vital attitudes, and our mental beliefs. Offering the broken record, specific fixed quality to the Mother can begin to dissolve its automatic response and repetition. Eg "Mother please take away this useless, never-ending recording!"

What then are some specific examples to change the tune?"

Some that come to mind:

-I don't want to have the same old reaction to him/her.

-I won't react in fear to this upcoming event

-I will hold back complaint that I am not doing the work I want.-I will not grow impatient when things don't go according to plan.

-I will not blame others, holding back its expression.

-I will not react to others' intensities toward me.

-I will not fall into silly behavior with certain people.

-I will not react to a song by getting melancholy and seeking more iterations of it.

-I will not engage my mind for the least important of reasons.

-I will not react with emotion to silly headline or other media information.

-I will not react or lay blame when a system doesn't work right.

-Etc.

I will consecrate each of these, offering them to the Mother and Her Force as they arise or soon after. As a result, they will dissipate as it becomes easier to identify and hold them in check when they present themselves.

Inner Detachment from a News Story

If you restrain yourself from taking umbrage and arguing with a fact or statistic -- such as presented in the news online that seems to be at odds with reality, -- soon after life tends to

lure you to a story or other place that fully confirms your earlier position. It is the power of inner detachment, a subtle, spiritual method in action.

Example: An individual came across a news story that made a bold statement. Based on all that he knew, he felt the main argument was faulty. It also bothered him that this foolish point of view could be headlined in the first place. But rather than continue in his righteous indignation, he decided to detach himself from the situation and not be bothered by it. An hour or two later, when the issue was the farthest thing from his mind, he opened his smartphone and there suddenly was another story about the same topic, but now without the foolish conclusion, and fully confirming his original point of view. By detaching one's self from that which causes anguish often attracts results from out of nowhere that are in harmony with one's original position.

No Title

When 100%, the consecration effort brings so much stillness that nothing moves, and there is no urge to move. It is total non-doing and total acceptance of whatever happens. In a perfect state of Oneness. Life now fully cooperates through the action of Her Force, as She deems fit.

(thanks to P)

No Title

In yoga one knows without thinking.

No Title

Yoga is the process of shifting from human life to Mother's Life.

Middle East, Evolution, & Collaboration

In the evolutionary history of the world, the nations of the Middle East and environs were left behind by Asia and the West - economically and culturally. Now the world needs to cooperate to help resolve the issues of this area, especially economically so those backward and often fanatic nations can join the family of Man. Needless to say, the West can no longer play games and engage in diplomatic insincerity in the name of self-interest, which has only exacerbated problems in the region. By cooperating to help solve these issues, the West, Asia, and the rest of the world can grow in consciousness as well.

Reader: Diplomatic insincerity. That is the word. They prolong the issue by this activity.

No Title

Life keeps repeating until a different consciousness is brought to bear.

Additional comment: For devotees, they can see how they are repeating negatively in one or several areas in their lives. Now they can offer a prayer to the Mother. "I don't want this to happen again. Please let me develop a higher consciousness in this area to avoid its repetition."

Reader: Absolute truth...The pattern repeats until the soul learns the lesson. ..

Consciousness View of History

A lack of consciousness in one area can attract a negative result in a very different area. E.g. the Americans brutalized the native people in the mid-19th century, and as a result a few years later the Civil War raged, threatening to bring down the entire nation. We can see this dynamic throughout history, in the lives of others, and even in our own life if we are willing to be honest with ourselves.

Opposition to a Major Step Forward

There is a principle of Sri Aurobindo that all serves a purpose, even falsehood. More specifically we have seen that if one tries to rise to a new plane of consciousness, like bringing something new to the world, whether an individual or organization, an opposing power will invariably rise to block it. When people I have known took up an array of higher consciousness initiatives over the years, forces in the form of certain individuals and institutions arose to block their progress, even destroy it. Yet my colleagues have come to embrace this dynamic and are now able to utilize the opposing energies for their direct benefit.

Non-Reaction Method at Various Planes

Non-reaction is the spiritual method of not reacting to others' intensities or the difficulties of the current situation. By remaining still, one is able to maintain one's own calm, as well as calm the situation itself. It can even attract astonishing positive conditions from life.

I believe we can speak of non-reaction at various planes from physical, vital, and mental. At the mental level it is relatively easy not to react to some intensity, as the mind doesn't feel intensities. It just turns away from the disturbance.

At the vital level, one can also practice non-reaction somewhat easily, and quickly ease the situation, even attracting positive circumstance. E.g. not react to someone's disorganization and attract a bank who takes full care of that person's accounts. It takes steady practice and regular consecration to reach this level of non-reaction consistently.

At the physical level it would be most difficult, as in the cases where the body itself is threatened. We could say that defending ourselves calmly without emotional reaction is a physic-emotional formation. It is the vital's non-reaction in a physical circumstance. Arjuna learned to do this at Kurukshetra. Many World War II pilots also had this "ice in their veins" capacity. If one has great consciousness as Satprem did in Auroville canyon, then even the potential murder can be held in check, turned away without any outer action. How to do this requires a deep center of consciousness, and great support from Above.

Negative Self-Fulfilling Prophecy

The power of attitudes is most easily demonstrated in the negative. "I had a deep fear that something would turn out bad and it did ... I told them it could not be done that way and I was proven right." How many times can we catch ourselves saying or thinking "I told you so ... This task is beyond my capacity." "They will not understand me." When we anticipate the negative outcome of an event, our attitude has the power to fulfill itself in life, like a self-fulfilling prophecy. Every problem and constraint we meet in life has its counterpart in our own attitudes. (MSS)

Reader: Doubts and fears always manifest and manifest faster.

No Title

Because truth is not linear, but global, and not successive, but simultaneous, it can therefore not be expressed in words: it must be lived. (The Mother)

Examples:

- Past, present and future are being impacted in the Eternal Now.
- There is no past, present and future. Only the Now.
- Life response is the truth of existence, where the future happens in the present, time is overcome; normally perceived successiveness is obliterated.
- The American Civil War can be attributed to US mistreatment and annihilation of native peoples. Normal causal view once again transcended.
- Methodology for a technology does not lead to its being built in that time but many hundreds of years later.
- Mother spoke of a universal web of existence. If we "pluck" a strand here through our higher consciousness, it brings about a reaction from various quarter anywhere on this cosmic stream of existence in the seen and unseen universe.

- Quantum science says the observer determines the objective reality of what is being observed.
- One can change the actual events of the past in certain instances of "past consecration."
- etc.

No Title

We can think of "truth" as "how life really works." The subtle principles of existence. It is exhaustively described by Sri Karmayogi in his *Pride and Prejudice* commentary. Eg Darcy and Bingley arrived on the scene because of Mrs. Bennet's intense aspiration to marry off her daughters to wealthy men. This does not conform to normal views of causality. Likewise, Darcy's transformation and actions allowed the middle and upper classes to live together (global influence of the actions of a single individual)

Linear causality, time notions, individual thing not connected to universal, etc are out the door.

Synchronicity Perception Heightened On Internet

We see life response all around us. E.g. hours go by and we see no response from a colleague. Now we go to a website that he is involved with, and within two seconds his name pops up that he has just gotten online. The fact that we went to a site he was related to is synchronous to his sudden appearance.

No Title

As we see the Internet heightens the life response phenomena as it gives real time clues of synchronicity. Life outside Internet does the same, but our dense physical consciousness prevents us from seeing it very often. On the web, it becomes common place, humorous, joyful!

Reader: It happens to me too many times! Net life responses faster.

Response: You are lucky and blessed to see it!

No Title

Mother says forget religion, Gods, et al, and instead open to, give yourself to Her Force, the supramental power that descended on earth in 1956, and every aspect of your life will quickly improve. The time has come to use that divine power to rapidly change the conditions of one's life and the world around one. All other means are half measures that are slow to bring about change. The Force instead enables instantaneous miraculousness.

Reader: Means to surrender ourselves totally to Her Will? To be in total consecration?

Response: Yes. Do not consecrate to Gods. Forget temples, rituals. In *Agenda* She narrated how one by one several central, renown Gods came to Her and surrendered to Her. We should do the same, in order to further our and the world's evolution.

And so, yes, the Yoga is complete surrender to Her, our very purpose and being, while discovering the psychic being, ushering in a divine life for ourselves and the collectives around us.

False Assumptions About Others

People assume what they know of another person is the truth, and then think and act in relation to them from that reference point. And yet due to our resistant or egotistic nature, our understanding of that individual is often but a tiny sliver of the truth, and when we discover the fuller truth we are embarrassed by our false assumptions. It is but one way Man evolves from Ignorance to Integral Knowledge.

Here's a recent incident that precipitated this thought:

A friend and prospective client of ours was so caught up in his own product that he hardly listened to the presentation we made of our services when we got together. He was so taken

with his own scheme and was so skeptical of ours that he related to us at a very shallow plane.

And yet we remained patient and over several weeks provided information that enabled him to see the profound depth of our solution. He finally responded with "Wow, this is extraordinary." Unfortunately he had to go through a dozen exchanges with us to arrive at this conclusion, as we patiently dealt with his tendency to interfere with success.

Because his ego dominated, expressing through a deep-seated inability to listen to others, he arrived at faulty conclusions that in effect excluded us from a perspective big project. For too long a period his resistant nature held him at a partial understanding of what we knew and who we are.

No Title

Through consecration 70-90% of all personal problems are eliminated for the individual.

Additional comment: I.e. they do not happen in the first place.

No Title

Sat-chit-ananda is the first step the Infinite Consciousness took on the way to Creation.

No Title

Refrain from speaking out what is on your mind, and soon after the other person will say it for you.

Additional Comment: "silent will" is a powerful way to elicit what you want from others.

No Title

Sarcasm, even in its most subtle forms, tends to quickly attract the negative.

RK: The following are the finer points on Sarcasm based on Karmayogi's view:

Sarcasm can be classified broadly into two heads :

1. Sarcasm based on formed opinion

2. Sarcasm based on mean intelligence; Sarcasm based on formed opinion - is that opinions developed by the society like - fair skin is good (sarcastic expression - blackie - karuppan), height is advantage (sarcastic expression - shortie - Kullan), city person is well mannered (sarcastic expression - village person - Ooru naattan), etc. which can generally be characterised as nick names.

Sarcasm based on mean intelligence - is dangerous version of Sarcasm. It is judgment with a hidden anger, brought to life for a pleasure in punishing - which cannot be gained by a positive expression. It is actually to gain a control of situation which he does not deserve, or which he cannot get. (Karmayogi gives an example of an office person - who otherwise cannot be bogged down - can be bundled when he hears a comment on his "childlessness").

Another is subtle forms as passing comments - what we call as "tongue in cheek expression" (a simple asthiramalla - vasthiram, a tongue in cheek expression by Droupathi, which seems to be harmless and just a joke, led to disrobing her vastra).

To avoid this in us :

1. To recognize the source of discontent that brought this sarcastic utterance.

2. To find - by this sarcasm, what kind of upper hand or authority or official position or social position or image we are trying to project.

3. Why cannot we actually be like that - the insecurity, inability, incompetence behind that, irresponsibility or culpability with a problem or issue.

The results should be -

1. Admiration of that person - who received the sarcastic remark.

2. It should then change to aspiration, as we now know what we lack and initiating to get it. Because one cannot aspire for anything that he does not know - EXISTS.

No Title

Man who adores the body of a woman invites poverty consciousness. (Karmayogi)

Reader: but how??

Response: When you are mainly at the sexual level in your relationship, your energies are depleted, physically and psychologically, which has a repulsion vibration, negating opportunities coming in and also causing money to be delayed, depleted, or eliminated. It also invites theft and even accident. Depending on the person and circumstances it will tend to drive you into financial strain, a lower standard of living; even poverty. An individual who develops a full romantic relationship at a higher level creates an opposite type dynamic, attracting benefit instead, especially as he makes the concerted effort to move from the lower to the higher.

No Title

Intense sexual activity has a tendency to attract money depletion, theft, or accident.

Additional Comment: We have seen this phenomenon many times over the decades.

No Title

Sri Aurobindo directed the Force into Winston Churchill, which helped win WWII, while Mother directed the Force into Gorbachev which helped end the Cold War.

Additional Comment: Two articles by Sri Karmayogi on how Sri Aurobindo directed the Force into Churchill to win WWII, and how He withdrew of It in order to overcome English colonialism, including Indian independence.

No Title

People want things they don't have, but they won't make the effort to perfect what they do. What they don't understand is that the latter is the quickest way to attract the former.

No Title

Oh Divine Lord, this whole world is your Playground!

Right Attitudes for Accomplishment That Attract

The attitudes listed below are expansive attitudes that elevate our aspiration, open us to new opportunities and fully support the success of other people. These and similar attitudes align our personalities with the universe and enable us to receive from Life the in rush of energies and opportunities for endless accomplishment and deepest personal fulfillment.

- I aspire to achieve at highest possible level of which I am capable.
- I am eager to expand my capacity and grow my personality.
- I am ready to take any effort and any risk that will help me realize my full human potential.
- I take joy in the higher accomplishments of other people.
- I am willing to work enthusiastically for the higher accomplishments of other people.
- My life will be most meaningful if I can contribute in some measure to the fulfillment of the world around me. (by Mother's Service Society)

Power of Silent Concentration to Accelerate Career Development

There are even higher spiritual methods available to rise further and faster in your career. The greater your capacity for concentration, the greater the knowledge you will extract from any situation, the faster you will learn, and the deeper the insights you will perceive. Try to suspend your thinking processes and imagination and enhance your capacity for concentration. Try concentrating on what you have learned from the experiences of others in order to extract the essential knowledge that they have acquired. Try concentrating on your

own past experiences in order to feel and sense the truths life was revealing in these situations which you missed or only partially at the time. Nothing requires greater energy and concentration than thinking and it generates far greater results. This method can abridge years of study and experience into a few weeks or months of effort. (Mother's Service Society)

RK: In another article Karmayogi says, concentration can be base for conscious evolution.

In life, concentration can be used as means to do integral yoga method.

Every moment, every happening, every person we come into contact , every thought that arises, every feeling, desires and wanting, every movement of the body however trifling should be is used for this work. Concentration on all above - to see the corresponding planes and points, connection between the events, our acts, attitudes and motives. In this way, even the most repellent suffering, becomes a step on the path to evolution in consciousness.

This is actually a base for self-awareness. It is a gathering up by concentration of the movements dispersed and loosely combined in the involution.

This will give the integral realization that we are the divine being. This realization of the one in its indistinguishable unity with others.

his will put in the path of surrender.

No Title

I experienced another life response "Blizzard" episode yesterday. Perhaps 5-10 interrelated synchronicities occurred within 2-3 minute period. You are stunned, thrilled, and dazed by the rapidity of these psychic events. You are tempted to call out "stop, it's too much!" Such attraction blizzard phenomena occur several times a year for me, and is increasing in frequency. It is likely related to the supramental action.

No Title

When another party makes a suggestion for improvement, we might react defensively, and refrain from taking proper action. However, if we accede and take it up in full, we are liable to discover OTHER areas that need improvement, requiring your immediate attention. Now instead of being defensive, honing our ego, we feel grateful that potentially embarrassing mistakes had been found and avoided.

Reader: Going to other end. Normal human being will avoid taking suggestions from other party. Thank u Roy Posner sir.

Response: Yes, the tendency of humans is to not want to learn from others. We subconsciously want to learn on our own, which unfortunately is the slow, difficult, and painful way to knowledge and success.

Reader: Excellent thought Roy. Suppose I say that a plot of land is available here for a low price and it has high growth in value in the future, people refuse to listen because it has been said by somebody.

Response: Often people will react, accept, and take action only when there is social pressure to do so. Decades ago Karmayogi helped establish via Bank of America a means of funding water wells in arid Indian villages. None of the farmers took up the opportunity, save one. However, when these individuals gathered at social events and noted that this person was gathering the praise and respect of others, a number of the other farmers reversed and secured the water well loans! As we see, people are vital and social, not mental and rational.

No Title

So much of our life we are stuck in ego, wondering what others think of us, whether we are appreciated, and the like. No real good can come from such ruminations, so best to halt it in its tracks. Another approach it is to shift the pattern by gathering yourself and feeling sincere, heart-felt gratitude and appreciation for the capacities and accomplishments of others around you. It releases enormous energy, and attracts positive conditions for all concerned.

No Title

Along with valuing creativity, openness, wanting to change the world mentality, Silicon Valley also prides itself in tolerating failure. If someone fails in a business there, it is not looked down upon, but is seen as an experience one has had that can support future success. Does this have a deep philosophical basis? I believe so. It is to see that negatives are actually positive in disguise; conditions we can learn from that can help us rapidly rise in consciousness, outlook, and station in life.

No Title

"Brahman" is the one, omnipresent Reality, the All, that expresses as all forces, forms, things, planes, beings, acts, possibilities in creation, and transcendent to it. Thus, everything we experience in life and all that occurs beyond this world are different shadings of that same one Reality, Brahman. On the other hand, Para Brahman is the mystical core of Brahman; the Godhead, the ineffable, unknowable source of things; the Supreme.

No Title

The Mother indicates that Man has a more conscious connection with the Supreme than the Gods, because he has a psychic being, an evolving soul within.

Mr. Darcy's Great Soul-Based Change Of Nature

No greater growth in consciousness in literature is seen than Mr. Darcy in *Pride and Prejudice*. In the name of Love he ventures to become opposite of his lower nature. He succeeds, making the 180 degree reversal. It is an astonishing achievement; a connection and movement of the Soul, the Psychic Being, as his soul yearned to move in alignment with Eliza's.

Compared to Darcy's 90%, if an individual makes a 1% change in a lifetime it is unusual. Even then he complains when the tiniest habit or attitude or belief is threatened. No wonder he hardly changes; and as a result merely takes up space.

It is because our Aspiration for true self-improvement is limited, weak, flimsy, brittle, or non-existent. Even when we decide to uplift ourselves in the name of that bit of Aspiration, we struggles mightily; we fall back easily.

Perhaps like Darcy we need someone or something or some event or circumstance to awaken us out of our slumber; to shock us into making the Soul connection, which seeks to change our lower into its higher equivalent, enabling transformation of our very lives.

No Title

Thinking is superior to dullness of not thinking. Yet silence of the mind is preferable to thinking. Acquisition of integral knowledge progressively increases along this line.

No Title

True thinking (and therefore true knowledge) comes only when we come out of emotions, opinions and beliefs.

Utilizing Mother's Peace and Light to Cure Illness

Whatever be the nature of the illness, mother's peace descending into oneself gives quick and lasting relief to the affected devotee. Visualising peace flowing from Mother's hand as She blesses the devotee should give a good relief. Let us say a devotee has severe joint pain. He imagines that Mother is blessing him by putting her hand over his head. If he imagines peace flowing from Her hand and descending through his body and reaching his affected knees, then that would give some relief. Imagining one's body to be filled with Light can also have very good curative effect. For example a person with chest pain (angina pectoris) can imagine that his heart vessels are full of Mother's light and that they are widening his arteries also. If his imagination is real, then the spiritual light will widen his arteries and reduce the pain just like the drug digitalis reduces the pain by widening the patient's arteries. Those with ulcer can visualize peace reaching down to their stomachs. As antacids reduce acidity, the peace will

also reduce acid production and help restore the stomach lining. Women who have trouble conceiving, can imagine receiving a new –born baby (boy or girl as their choice) as a gift from Mother which they accept happily. (Sri Karmayogi)

No Title

Perhaps the first thing one needs to learn is not reading, writing or math, but simply how to think. The first lesson on thinking is that reacting is not thinking. Thinking is to dwell on the object. Such proper thinking is key to learning, to great education, and therefore to be fully armed within to take on the exigencies of life. Spiritual knowledge and application is a further step beyond rational thought, as you knock on and open the door to light, intuition, and supramental perception.

No Title

Attitudes, Values, & Methods for Human Transformation

Attitude and values go together. Often we see that the wrong attitude not only has its corresponding right one, but also related human value -- whether personal, business, societal, or otherwise. In turn, very one of the values have their higher spiritual equivalent.

Example: The intolerant attitude of a boss becomes tolerant, which is a shift from negative to positive attitude. Now the company (including that boss) adopts the value of tolerance and open-mindedness. These are human values. Tolerance and open -mindedness is actually related to two or three spiritual values, including Harmony, Goodness, and Love.

Sri Karmayogi also gives methods or strategies for becoming tolerant. Taking the other person's view and not reacting to another's overly-intense speech or rage are two. These methods are more often accessed when we have developed a deeper consciousness, and when we consecrate intensely and often the issues involved.

Therefore, to see relationships between these factors -- attitudes (positive and negative), values (human and spiritual), and higher consciousness methods, -- and then applying it to ourselves on an ongoing basis, enables us to become a living laboratory of progress, evolution, and transformation.

Verbalizing Negatives of The Past

One of the more remarkable phenomena I have noticed (and experienced) over the years is that if you reminisce about a negative circumstance from the past, there is a good chance it will instantly start happening again! Therefore it is always best to avoid going down that road, and hold back speaking, feeling, and thinking about negative experiences from times gone by.

It was in fact that very approach that I practiced a week ago when on line at the motor vehicle bureau for registering my driver's license. There was a bright fellow who was in line next to me who reminisced how bad things were at the DMV in decades past. However, I caught myself and did not pursue that line of thinking, knowing that if I did, the line would soon come to a screeching halt or related! So I held my tongue, and the rest of the activity continued on as it had before – very well!

“One God” Misnomers

Hindus are condemned by Christians and Muslims for not worshiping the one God, yet it is only Hinduism that fundamentally believe in the One Reality of the one Spirit, while the Semitic religions are actually according to the Mother worshipping asuras who claim to be the one God.

Sri Aurobindo's Negative View of Gandhi's Ahimsa (Non-Violence)

Sri Aurobindo condemned Gandhi's Ahimsa (non-violence) as it blocked Indian rebellion, let critical time go by that led to partition, millions of death, and two countries India and Pakistan squared off at one another with nuclear weapons.

How the Cold War Ended

In the 1980s the militaristic Ronald Reagan and the aggressive Soviet military counterparts were on a collision course towards World War III. However, Mother intervened through Gorbachev to end the Cold War and the potential destruction of the world.

No Title

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Revolutionary Fervor in the United States?

A question some are asking is "Is it possible for a revolution or revolutionary instability to occur in the United States?" With 95% of the income gains of recent years going to less than 5% of the population, a very worrisome statistic; with no real income wage gains for 90% of the people in the last 20 years, another startling fact; and the country at the mercy of the stock market and other forms of speculation that could bring down the system in 24 hours, the American public might be ripe for taking to the streets. It is not just in the undeveloped countries where we see such instability, but now the economic leader of all nations -- the United States -- may be ripe for that same movement, unless she devises innovative solutions out of her conundrum.

Further comment: It is interesting that even corporate CEOs in America are asking how they can help overcome the vast wealth inequality in the system, as they fear instability as well (not to mention stagnant markets). The resolution of this problem obviously needs a broad and deep outlook on the best ways to get all Americans to participate in prosperity. Greater affordable education is one means that increases skills is one; as are corporations paying their due taxes; and most importantly the development of a new Human-based economy, instead of a Money-centered one. Money should support humans, not the other way around. It is increasingly time for a New Paradigm of existence for our economic, social, psychological, and spiritual well-being.

Reader: It is said that money has a tendency to attract money. Only the people in power should act fair. They should work towards an equitable distribution of wealth.

No Title

During the course of your day continually scan yourself for Ego movements; catching and then stopping them in their tracks. As a result, conditions will quickly become calmer, smoother, and increasingly cooperative. Also, each movement away from Ego brings you a step closer to your own personal evolving Soul.

Reader: From Garry Sir's speech, some of the practical steps to move away from ego are taking other man's point of view, good will for other's progress, non-reaction etc.,

The challenge is when we try to move one step up by following one of the principles, our mistakes induced by vital nature or Swabhava pulls us down 10 steps or even below. A persevering effect is required every day, every moment. However, the mistakes are kept on adding the karmic effect. Continuous rising up in this spiritual journey may be possible for people who are on the mental plane and quite hard for those who are vital or physical nature.

Response: One's personal nature and its propensities (swabhava) pull us down. E.g. if we want to get rid of ego or a poor attitude, and we have the tendency to mock certain friends or people on tv, we will be pulled right down again, and our efforts to overcome ego or poor attitudes will be cancelled. It's like chutes and ladders, where we slip way down. Or we can say it's like a dog chasing its tail, where the effort to say get rid of ego is prevented by our unique propensity toward ego, such as sarcasm or selfishness when it comes to food or money.

Our vital and physical nature expresses differently in each person. We each have unique negative propensities in our nature that negate our efforts to raise ourselves in consciousness. Becoming very aware of these wanting aspects is yoga, as is overcoming them when they arise, and offering them to the Mother's Force for transmutation.

No Title

Many of the difficulties facing the world could easily be solved through greater cooperation and collaboration among the nations. Instead of each country pulling in its own direction, problems that are common throughout society can be overcome by sincerely working together. Thus, let us not forget Sri Aurobindo's famous dictum "that all problems in life are essentially problems of Harmony."

Power of Cleanliness, Orderliness

How could McDonald's have become so successful while selling relatively mediocre food compared to its competitors? It is due to their extreme dedication to Cleanliness - an obsession at the company. Customers feel reassured about the spotlessness of the place and therefore come in droves.

Those familiar with the principle know the startling "life response" power of taking to high levels of cleanliness and orderliness. It quickly attracts money, opportunities, and success from seemingly out of nowhere. For McDonalds it has become a deep value that has been institutionalized at all levels of the firm, attracting the masses, and hordes of money, catapulting it to the pinnacles of success.

With that in mind, consider your own level of cleanliness and orderliness. How can you upgrade them so you too attract the cooperation of life and be jettisoned to the stars?

No Title

The spiritual-oriented person does not blame the world, other people, and events. Instead he/she takes responsibility and changes the corresponding limitation from within. The world then changes in response.

Social Influence on Our Decisions

Often people will react, accept, and take action only when there is social influence and pressure to do so. E.g. decades ago Karmayogi helped establish via Bank of America a means of funding water wells in arid Indian villages. None of the farmers took up the opportunity, save one. However, when these individuals gathered at social events and noted that this person was gathering the praise and respect of others, a number of the other farmers reversed and secured the water well loans! As we see, people are vital and social, not mental and rational.

Sustaining Higher Consciousness

Q: Why are we not able to sustain higher consciousness movements -- like practicing non-ego and other spiritual methods? What is preventing its continuous realization in our lives?

A: Understanding is only the first step in realizing a higher knowledge. The knowledge has to go deeper into the emotions, where we are moved by it and have the intense will for it to come about. Then further still we have to carry it out and sustain that inner or outer action for it to have a lasting effect.

Then there is another issue: it's that our physical consciousness, steeped in nescience pulls us back down to our former selves, negating the higher movement; even making it seem as if it never happened!

That is why integral yoga was conceived. Yoga is the persistent method of turning spiritual knowledge into living reality by overcoming the pull of the lower consciousness and by bringing to bear a higher power for its permanent, integral realization.

Non-Thinking on the Yogic Road

One of the essentials of integral yoga according to Sri Karmayogi is taking to non-thinking. I am trying to list out some thoughts in this area as I make the effort of non-thinking as part of a yogic attempt:

-Yoga and non-thinking go together.

-An active mind limits the integral truth from coming in.

-By not thinking, the necessary things come in.

-By not thinking you will more readily catch the great possibilities that are coming in that can take you to a higher plane, including higher level of success.

-Thought is more effective when it comes from a silent Mind

-The road to non-thought comes by giving up different types of unnecessary thinking in the course of one's day. These types can be dissipated one by one.

- Non-thinking lets the Mother's Force work optimally to set right all conditions.
- Practicing mental silence in the presence of another is a great starting point for fruitful, creative, dynamic conversation.

No Title

Mind is a clumsy interlude between Nature's vast and precise subconscious action and the vaster infallible superconscious action of the Godhead. There is nothing mind can do that cannot be better done in the mind's immobility and thought-free stillness. (Sri Aurobindo)

No Title

Interpreting the universe by soul signs

He read from within the text of the without.

(from Savitri by Sri Aurobindo)

Thoughts on the Power of Organization in Life

- To know what organization is not is to know what it truly is. To imagine an existence without structure and order is to appreciate how organization has shaped every aspect of our lives.
- Organization is the ordering mechanism that coordinates and integrates all aspects of life, providing a foundation for stable existence.
- Organization is a power that turns unruly, unordered, disparate existence into manageable, utilitarian reality so life can thrive.
- Taking to higher levels of organization not only creates practical results, but powerful life response results as well.
- Life has a particular tendency to respond to higher levels of cleanliness. It is perhaps the quickest way to evoke a positive response from life.
- Cleanliness reaches its apex and perfection when accompanied by higher levels of orderliness.
- Whereas cleanliness makes objects more presentable and appealing to the eye, orderliness puts them in recognizable patterns for easy access.
- To systematize a thing is to organize that object or matter into orderly and logical patterns that maintain themselves and repeat. When taken to in greater degree, it tends to evoke good fortune.
- When we take facts and turn them into organized knowledge, life responds to that effort; often attracting more or greater knowledge in that domain.
- When you make the maximum use of a resource, you attract more of it, as well as other positive developments.
- Giving an object or individual more attention energizes it, brings out its full potential, and attracts powerful life response results.

No Title

An effort that you undertake sends out a vibration that calls forth related information even though you have not communicated your work to anyone or even been in contact with the other party on this matter for months! It comes INSTANTANEOUS (i.e. less than one minute) when the portal of communication is opened, such as checking one's email or the like,

It shows that everything in the universe is interrelated, instantly communicating with one another, and eliciting synchronous results behind the scenes, even though NO outer communication is taking place, and long periods have passed -- e.g. weeks, months, even years! -- since last interaction. It is the synchronicity of life you experience in this New Way of Living.

No Title

To be able to see the good in bad people, and the bad in good individuals is a step toward wisdom. E.g. the brute Nixon helped bring China out of darkness, while the great hero Churchill who saved the world was a blatant racist and colonialist. We can see the same in friends. E.g. a bad person in many regards may demonstrate great strength, while a very good person may be weak and unable to stand up to the vicissitudes of life. We can do the same in recognizing our own strengths and deficiencies.

Right Crossroad Decision Attracts

When you make the right crossroad decision, life immediately cooperates.

E.g. say you make the decision to make a needed purchase, instead of whiling away the time. Or you decide to make that purchase by going to a place with the best price, rather than the most expensive which might be nearby. Life will then cooperate with you by causing all of the lights to be green enabling fast passage, or someone will let you pass while on line at checkout, or some other form of positive condition that is immediately put before you. Doing the right thing in a given situation evokes the full cooperation of life for its execution. To be cognizant of and practice this ushers you into A New Way of Living.

Reader: How to know the decision we are going to make at any crossroad problem would be the "right" one?

Whatever decision we may end up with on that situation has its own merits and demerits, which we will come to know later in Life as experience.

Wish we all have a tool for that....that helps to avoid detour by our "wrong" decisions at that moment.

Response: (from chapter 3 'The Power of Conscious Choice' from my book 'The Miraculous Phenomenon of Life Response')

"... it would be helpful if there were a set of simple guidelines that we could follow when we find ourselves in these sorts of crossroad situations.

While there are no hard rules, the best choices are:

1. those that are helpful (over that which is uninvolved or harmful)
2. those that focus on the needs of others (over that which serves our own self- interest)
3. those that are positive and upbeat (over that which is negative and glum)
4. those that engender calm and patience (over that which is disturbed and impatient)

The key point is that if you make the right crossroad decision in a given situation, you will immediately attract the cooperation of life. For example, in the lens incident I described earlier I actually made several crossroad decisions. First, I shifted out of turmoil and anguish to a state of calm (guideline #4 above). Then, I shifted out of ego and opened to the influence and recommendation of my friend (#2). Finally, I did something helpful by acquiring the lens, rather than avoiding the matter (#1). The net effect was to instantly attract a cooperative and friendly sales rep; the availability of an obscure filtering lens; an immediate improvement in the output of my camera; and years of happy picture taking!

There is also Sri Karmayogi's Decision Making Matrix, explained in chapter 23 'The Matrix' of Garry Jacobs' 'The Book': This method examines the inner and outer factors in the decision, whether they are positive or negative, and therefore if and when a positive result will occur by making that decision. It too helps determine the potential for life to respond in favor of the decision. This is a powerful tool for the Big decisions you make in life.

Nature Works On Multiple Levels Simultaneously

It is interesting how Nature through its conflictive dynamic of progress solves multiple problems simultaneously.

E.g. a landlord sees that the garbage has been spewed all over the place by a slovenly tenant, indicating that he has to be more forceful with them in future. And yet he too realizes that he has not provided enough receptacles for their storage, and so makes a commitment in that direction. Meanwhile this forces the littering family to discuss their own unhygienic actions,

including the wayward behavior of their children who are out of control. And so on and so forth vibrating out among a number of parties and circumstance.

Thus from one perspective the garbage problem is not really a negative at all, but a core means of rectifying a series of problems amongst interrelated parties. Sri Aurobindo says this is Nature difficult method of evolution: She works on multiple fronts simultaneously to improve things through a common conflictive situation.

On the other hand, had one of the parties taken to the supramental power, the Mother's Force in this scenario, life would have unfolded far differently, yet retain its capacity to change positively multiple, related circumstance simultaneously.

Sri Karmayogi indicates it is the difference between the way of Nature (Prakriti) and that of Soul (Purusha).

No Title

Each person around you who you complain about represents a deficiency in your own self. Discovering what that is and reversing it, will have beneficial effects all around.

No Title

A profound event took place last night. A hurricane, quite early for the season, passed over Boston last evening, as it was celebrating July 4th Independence Day. It was in Boston that the American revolution began over two centuries ago

Further comment: I believe that this is further sign of instability in America; how there is deep economic and social conflict behind the scenes, indicated by the huge income inequalities revealed by the Great Recession and building over recent decades. It is another event, like the earthquake in Washington DC two years ago that shut down the Washington monument for repair, and the devastation of hurricane Sandy that hit NYC indicating the deep conflict and despair fomenting in America. The financial crisis precipitated by uncontrolled financial speculations threatens once again to bring down the country (and the world) economically in an instant. There is revolutionary fervor beneath the surface that the ironic hurricane over Boston on July 4th Independence Day could represent.

Nature (Life), including Mother Nature is constantly reflecting the vibrations of the people and events of the times through natural forces and circumstance.

No Title

Scientists have observed that a tiny particle can spontaneously appear from nothing and then disappear as if it had never existed. It may very well indicate that matter originates from a hidden Energy that is the final product of a Conscious Force whose source is the Supreme.

No Title

An intense effort of greater cleanliness instantaneously attracts something deeply desired.

No Title

Nature (Life), including Mother Nature is constantly reflecting the vibrations of the people and circumstance of the times through natural forces and events.

No Title

Intense hostility of another towards you will be represented by negative circumstance in the surroundings related to that person -- such as from his community, or a group he subscribes to, or a popular artist he likes, or to some mutual acquaintance, etc. etc. If you observe life conditions closely, you will see correlative negative events or unfoldings from the world that reflect another's ill-will towards you. From there you now have a subtle knowledge that will enable you to take right, necessary actions.

Eg an intense ill-will from a perspective client towards a consultant was highlighted when just after receiving an email from him the consultant opened his News app and there at the top of the page above all was a huge national story of a violent shark attack originating in his small beach community.

Reader: True sir. I have experienced it many times. How to get rid of those attacks?

Response: Non-reaction, and consecrating the circumstance and forgetting

What Are You Searching For?

(from Growth Online website)

Have you ever wondered what were the keys to extraordinary accomplishment, success, and happiness in life? If so, Growth Online has come up with some startling new answers for you. Have you ever asked yourself questions like -- how can I turn my deepest aspirations into a living reality? Or how can I elevate my business to the pinnacles of success? Or how can I find meaning in the world and make a real difference? Or is there really a spiritual dimension to life, and how can I get in touch with it? Growth Online provides fresh, compelling new answers to these and dozens of other important questions in the areas of personal, business, and society's growth and evolution.

If you would like to take your life to a whole new level; if you want to view the world and your existence from a dramatically new perspective; if you want to gain a profound knowledge and wisdom into the workings and meaning of life, Growth Online can provide you with powerful insights to help you on your way.

We believe that these unconventional new ideas -- some of a truly mystical bent -- are not likely to be known by the general public for years, if not decades; yet, we invite you now to discover how they can elevate your life to undreamed of levels of happiness and success.

With that in mind, we welcome you to the ultimate adventure of consciousness and joy!

No Title

Not to react is discipline. NOT TO HAVE THE CAPACITY TO REACT IS EQUALITY. One is mental, the other is spiritual. (Sri Karmayogi)

RK: Karmayogi says – Insistence on non-reaction is also reaction. It will explode in another area.

Actually it starts from developing the capacity to make our temperament untouched. It starts from balanced temperament when others provokes, ridicules, accuses when we are right. This is also an egoistic identification but can be seen as self-restraint towards a higher goal – “non egoistic functional”.

And this capacity for self-restraint decides level of accomplishment

Response: What R is describing in second para -- "when others provokes, ridicules, accuses when we are right, etc. -- has been almost exactly my recent experience with one individual who was a potential client. It's bringing out several interesting life lessons.

No Title

Sri Karmayogi indicates that if you think back on all your associations and try to elicit the essence of them, what their deeper meaning was for clients, yourself, etc. it can have a power to attract your higher future as it relates to them or otherwise. It is the energy gathering and attracting power of inner Concentration.

Reader: By "essence" do you mean the lessons that the associations has taught us Sir?

Response: Yes, as well as the values that enabled success, or even the poor attitudes that prevented it.

Reader: It requires deep thinking.

Response: Yes.

No Title

There is a subtle difference between quietly feeling solid and positive about the outcome of an undertaking you have initiated and having emotionalized expectation that it will end up as you want. The former creates positive energy that supports superb outcomes; the latter tends to deflect or cancel it.

No Title

Surrender is the conscious act of forgetting all the layers of your Personality so that Mother takes it up. (Sri Karmayogi)

Ramesh Kumar: Probably, It is from P's favourite book "saranagathiyin aanmeega sirappu"

Karmayogi says, when you forget something, it is taken up by the next layer of your personality, which is more powerful. For example when a part of my personality has fear in anything – surrendering that fear to Mother – takes us to next side of that courage – which is best channel for Mother to act. That is a layer of personality is taken over by Mother.

In the same line Karmayogi says – surrender is not ordering anything to Mother. She will take your personality if you forget to order or request Her. Mother takes you to the substance non-stop, if you do not choose to interfere. Surrender is non-interference with Mother.

No Title

Concentrate your consciousness on your deepest values looking back across your life to the present, and dwell on them. Gather them together into an Essence of your beliefs. Now aspire for them to occur increasingly from hereon in. It will have a power to produce results that change the course of your life - always for the better.

RK: Karmayogi gives check list for – looking for the values that we believe / essence of beliefs – within us. Concentration those to fortify it and bringing it to surface will accomplish a lot. .

- Values that we think as our culture, family tradition and brought up.
- Values based on what we know as conscience.
- Values based on what we know as spirituality.
- Values based - how we want others to behave / treat us.
- Values based on our knowledge of privacy and comfort zone for us - and giving the same to others.
- Values based on skills / capacity- that others or other manufacturers needed -that can give a product, a social value, optimum use value, conceptual value.

No Title

Sri Karmayogi says when you forget something, it is taken up by the next layer of your personality, which is more powerful. For example when a part of my personality has fear in anything, surrendering that fear to Mother takes us to next side of that, courage – which is best channel for Mother to act. (RK)

Several Ironies of History

Here are some ironies of history I discovered over the years.

- Napoleon spread democracy through Europe via brute conquest.
- Stalin who killed 30 million of his own, the greatest evil in history to one's own people, is adored in Russia.
- Gorbachev who saved the world from nuclear annihilation and brought down a failing Soviet system without a single person dying is vilified in Russia.
- Clinton was condemned for minor tete a tete, while Kennedy's much greater physical indiscretions are ignored.
- Gandhi's non-violence (ahimsa) led to millions killing each other at partition and two nations - India and Pakistan – with nuclear arms pointed at one another at their borders.

- The brute Nixon, who also illegally bombed, lied and cheated opened the doors to new economic liberalization and better relations with China.
- Americans who possessed guns to hold off the American Indians, kept hoarding it to the tune of 200 million today, while the Indian have long been vanquished and annihilated.
- The Republican Party of Lincoln that current conservative Republicans like to associate themselves with in the US, were actually great liberals who soon formed the Democratic Party!
- A black man with a Muslim name - Barack Obama - came to power seven years after the Muslim-based attack of 9/11.
- 9/11 is the same number as the emergency phone system in America - 911.
- Jefferson and Adams who helped shaped the US Republic and were adversaries became deep friends in old age and both died on the same day July 4th 1826, Independence day.
- Jesus who advocated love was killed on the cross. His main disciple John the Baptist was decapitated.

Consciousness Approach to History – Sample Entries

Here I present a few examples of deeper causality in history; the subtle inner relations between things that the history books are unable to fathom. (Based partially on the words of Sri Karmayogi)

- The US Civil War was a negative life response to the virulent oppression of the native peoples by the US government.
- All of the problems that America has had concerning African Americans is a negative response to the oppression of the native peoples.
- The rise of a dangerous USSR was the result of the US and Europe meddling and trying to prevent the Russian Revolution.
- The Japanese attack at Pearl Harbor was the best thing that could have happened; enabling the US to win the war in Europe and vanquish the Japanese from Asian aggression.
- Sri Aurobindo projected his Force on Churchill to help him win WWII, but withdrew it after so the British Empire would come to an end.
- The American financiers ushered in Hitler in Germany through their speculation that led to the market crash, the Great Depression and destabilization of the Weimer Republic.
- From one perspective radical Muslim fundamentalism is a negative life response to Christian fundamentalism.

No Title

Nearly all of the cultural and artistic achievements we find so fascinating in our generation, that fully absorb our emotions are virtually forgotten in the next.

Further Comment: That might be a depressing thought to some. It tells me however that we need to keep to eternal things, which will be lasting and appreciated in following generations. That does not mean we exclude ourselves from the current cultural and its attributes. After all, we live in these times. It just means that as we navigate the culture of our own generation, it would be helpful to see it in an evolutionary context, of where society is and is going, of the deeper meaning behind things even as we enjoy them; while always having one eye on the increasingly emerging spirit in the world. Such things will always be appreciated down the road.

No Title

Obesity occurs for the first generation that moves out of poverty. Much of the repressed hunger is let loose.

Reader: Interesting principle Roy Sir. So is there not a way out of it?

Response: Sure, be conscious of the dynamic and then take to right health approaches.

Reader1: Thank you Roy Sir. This is a completely new principle that I have come across:-)

Reader2: And likewise for other repressed feelings??

Response: Good question. First note that the comment above on weight gain is the insight of Karmayogi's. I suppose closely related to weight gain there is onslaught of type 2 diabetes and similar. We see that a lot amongst those in the Latino and African American community in USA who have come out of dire poverty.

Usually in poverty there is not so much repressed feelings, but indulging them. Moving out of poverty often brings a certain level of civility. A middle class ethic that contains a certain moral sense. An educated outlook. And yet sudden poverty exit could cause mindless shopping if one had the money, obsession with video games and the like, etc. etc. Perhaps someone who has or whose family has come out of poverty can speak of these. We know there is the tendency for rampant materialism when there is movement up into the upper middle class, say in India -- mimicking Americans. "Keeping up with the Joneses" mentality, et al.

If one is not careful, debt accumulation can happen, though often because people were once poor, now that they are better off, they "count pennies," so to speak. There can be a certain loss of innocence and purity of the rural life when moving up and when moving into the city.

It is worthy of study by sociologists. Eg I am sure there are articles on the same on the web, even narrowed down to tendencies for the Indian, or any ethnic and social or economic group. If you are a devotee who is moving up, then there is no need to release repressions as the urges for excess or acting on repressed feelings tend to melt away in the higher consciousness.

RK: Karmayogi says, Obesity is symbol of - Poverty consciousness becoming Prosperity consciousness. He even says, when we say we like foods that can be kept for days - (like dried meat, dried fish or even dried rice balls as is custom in India as well as our own "Vatha Kulambu" and fired papad) all reminds of our poverty consciousness and guiltiness of misuse of prosperity consciousness for sensual pleasures. Generations that have missed food, compensate the loss when food is available.

But that is not the only rule. When the mind is fully developed, to that extent that obesity is less. (We become health conscious, as we understand that it is only for energy).

There is an interesting note on Mothers Volumes. When Lal Bahadur Sastri requested the nation to forego one meal a week, he asked people not to eat on Monday evenings. Eating establishments were closed all over the country on Monday night. Mother did not agree with him. She said the body has a way of adjusting. It eats more before and after. There is no real savings of food. To miss a meal without that compensation is possible only for yogi.

No doubt Lal dropped the plan as it didn't yield nay result or savings.

Response : "But that is not the only rule. When the mind is fully developed, to that extent that obesity is less." Yes. It shows that through education or at least knowledgeable self-discipline most of the indulgences can be brought under a reasonable amount of control. Through Spirit, they are absorbed into nothingness, as the higher energies are found to be more attractive.

Reader: Every third person in America is obese. It would be interesting to link that to what you mention...

Response: The definition of obese can be someone only a few pounds overweight. Truly obese, say 20 lbs or more overweight, where diabetes is truly a threat is a smaller number than one in three, but still significant. Perhaps one in 5 to 8

Reader: OK... Thank you! Would like to know what's it in Asian immigrants. They are coming out of poverty too, so to speak...

Response: Good question. Most East Asians are not obese in America. Many are educated. South Asians in US are mainly obese in the older generation, who are less educated and active. Maybe some older East Asians are that way too. Younger generation of Asians in are hardly obese here, as they are educated, now in second generation out of poverty, etc.

Reader: Thank You...Like you pointed out...Our Food is a source of Energy... Is it possible that the place (restaurants) we eat or the Nature of food we eat decide WHETHER WE RECEIVE POSITIVE OR NEGATIVE ENERGY. So we should choose place and the food based on such factors ???? and not based on our LIKING FOR TASTE etc.

Response: These certainly have their place in the scheme of things. We want to eat wholesome, nourishing food, and do so in places with a pleasant atmosphere if we can. However, positive energy also comes from many other aspects aside from what and where we eat. The consciousness of the proprietor and people serving us, the quality of our feelings and attitudes, our relationship with others if they are there, the quality of the people we are dining with, how we conduct ourselves relative to others, the things we are presently occupied with, etc. etc. More powerfully still is the spiritual energy that we bring to the experience, through such means as reduced speech, inner silence, eating in quietude, having patience, as well as any consecration efforts we bring to bear to the activity.

Reader: Thank you very much. I have been keenly observing these aspects and certainly felt it. But when I CONSECRATE before the act, it is always a pleasant experience and we could draw more positive Energy. For example, the place becomes cleaner than before or those with negative attitude avoid dining with you for whatever reason, etc. All that adds up and comes to us as a Pleasant experience. If one is keen on observing, we can certainly feel the change (for better or otherwise) in our physicality.

Response: yes, very true

Preventing Negatives from Coming Your Way

Get out into the sunlight — out where everything is — with a vibration that is so dominant that those who annoy you; those who don't agree with you; those who make your life feel uncomfortable don't come into your experience, because your vibration — through your practice — has become so clear, so pure, so clean, so in keeping with what you want, that the world that revolves around you just feels like that. That's what you planned. (Abraham)

Comment: Yes, it is a great thing to have the inner power not to attract all of these negative people and circumstance. Consecration and other means enable this to happen. So does an intense positive aspiration for something you wish to accomplish or believe in, as you say. A third way is that by not reacting to these negatives when they do arrive, -- i.e. practicing equality of being, non-reaction, non-complaining, non-blaming, taking their point of view, etc. -- it causes them to arrive less frequently in the future.

Right Perspective of a Problem

There is an ascending scale of consciousness that starts with the lowest level, the physical, that rises up somewhat higher to the vital/emotional plane, and higher beyond that to the mental, and then to the highest level of all, the spiritual.

Take a problem that has arisen. From the physical consciousness perspective, everything seems terrible; difficulties are everywhere. From the vital consciousness of emotion one sees good or bad, shifting between the two, depending on how one feels about the matter. From the mental consciousness one sees and recognizes the problem for what it is, at least somewhat. From the spiritual plane there is no problem, as one realizes that everything that's occurring, good or bad, is necessary for the unfolding and progress of life.

No Title

Anyone faced with a multitude of problems can pray and solve them. There is another method. Let him look at what recently came to him by Grace and offer gratitude to it. All his present problems will disappear. (Sri Karmayogi)

RK: Karmayogi says – we all think we have gratitude towards grace. But what we actually have is recognition of grace. A belief on grace. A devotion on grace.

But true gratitude shows as joy in the emotion and thrill in the body. Ready to do anything for Divine. If it can happen nobody can ever lose an endowment – health, wealth patronage, etc. –if he feels true gratitude to Grace. Our gratitude should be examined, analysed, rationalised, subjected to close scrutiny in this context. Should a devotee do that by going back in his life and feel gratitude at every instance he had failed so far, the grace will follow him and there will be no occasion for him to pray in future.

No Title

Cleanliness is the first indispensable step for supramental manifestation. (The Mother)

No Title

Even when we have acknowledged their harmful effect in our lives, we circle back and make the same mistakes, take to the same negative attitudes, and stubbornly hold onto the same wanting opinions. The habitual physical consciousness drags us back down to the same level, unless we are vigilant and stay fully engaged in our aspiration for higher consciousness.

Reader: Habits are difficult to change for which one requires strong will power.

Response: Yes

No Title

In the process of evolution, does the psychic being have to cross through every habit in one birth or the other? For example, a person who has developed a very good habit might have undergone a negative trait of that same quality and mastered it probably in his earlier life. Similarly, a person who has developed a very bad habit has to overcome it with the help of Divine in the same life or probably in his future life

But, do all human beings have to go through all the habits (Good and Bad) in one life or the other?

Response: I believe that in a given birth that person has the opportunity to elevate several aspects (not necessarily all) of his wanting nature. Occasionally someone has many negatives and overcomes many or fundamental ones, like Darcy was able to do in *Pride and Prejudice*. When we say that a person has a "ripe soul," he has already come into his life with most of the consciousness qualities highly developed. Now he can go through and elevate himself on several more as necessary. His life circumstance will afford him the opportunity to do so. If a person cannot complete all of the consciousness attainments, which is normally the case, he comes back again (rebirth) to do so. In some case he does not come back, but just rests in the ethereal planes. Sri Aurobindo says that the movement from Ignorance to Integral Knowledge (Truth), which is the foundation of the evolution for the individual, occurs through multiple births. In fact, the very reason for rebirth is to complete the gains in consciousness required to move from Ignorance to Integral Knowledge. From the other side, the psychic being is the instrument that enables the continuous rise in consciousness as it enters each new person (rebirth) in its journey of discovery. Before it enters the person, it considers which person to enter, evaluating their consciousness and their potential life circumstance so it can obtain what it yearns for. It too has "aspirations" for wholeness and integral realization; though perhaps at a more cosmic level.

Gathering Up Your Cherished Values for Future Success

Perhaps the simplest and most effective approach to building one's future from within is to think deeply about the expression of your cherished values in your past work. Consider the best of them; including its application and the results obtained. Now roll them into a tight ball and think about the very best ways those values can be applied in future. This is your values-saturated Aspiration. Consecrate it intensely, and see what happens. Life can respond quickly and overwhelmingly to such an approach. This is Sri Karmayogi's view.

Silent Will vs Inner Silence

Though used interchangeably by some, there is a fundamental difference between Silent Will and Inner Silence. The former is the method of withholding expression of a thought compelling others to express it for you. The latter is where the mind is silenced of all thought, where there is no intention, other than the experience of pure emptiness or Being. It creates the best condition for right thinking, right doing, right feeling and connecting. It is an experience of the Self and Soul that tends to attract the best conditions from life.

Reader1: What are the methods for achieving inner silence Roy Sir? Meditation is one of them I believe. What other steps can we follow to silence the mind?

Reader2: Consecration of thought word and deed throughout the day...the mind is silenced. Everything takes on divine meaning and becomes grace filled..give worry and troubles even, to God...if all good and bad belongs to Him...and we are instruments of His will...what is there for this egoic self...but to experience "nothingness"...I have not known anything holier than just being in the flow of life in its current moments...there isn't anything more than feeling this alive ness...the light ness of being...

Response: "Consecration of thought word and deed throughout the day...the mind is silenced. Everything takes on divine meaning and becomes grace filled.." (Sandy) Beautifully put. This is my ongoing experience.

Accessing the Infinite Database Of Consciousness

It is said that there is an infinite realm of consciousness surrounding us that can be viewed as a kind of fount and database of knowledge that we can tap into. But how to tap into that database? The human mind as people ordinarily use it cannot tap into this. They must move to a higher means of accessing it. It can come from the silence of the mind from which the mind opens to wider sphere, it can come as light of revelations of truth, it can come from intuition which is knowledge without thought that comes in, and one can have direct identity with the knowledge as an integral whole, as in truth consciousness, supermind. The western teachers and gurus do not know how to do this. Even the Eastern ones have limited knowledge, with partial exceptions like Deepak Chopra, and of course people like Karmayogi, Sri Aurobindo, etc. We advocate constant Consecration (opening to the spiritual Force, Mother), which moves the consciousness deeper, from which the mind opens to the spiritual planes, enabling the infinity of consciousness to pour in. Meditation, concentration, prayer, etc. are other means, though less effectives compared to the Force which instantly acts to bring us whatever is needed in a flash, including knowledge and consciousness from any and all spheres. Here Sri Aurobindo and the Mother have given the means of fulfilling the aspiration of the Vedas that sought the realization of consciousness from the universal spheres through the spirit in the mind.

Taking Responsibility for Our Bad Habits

There are many causes of our bad habits: from the family we are raised in, to the society we are born into, to one's own self and beyond. E.g. a spoilt child will develop certain bad habits. The society that teaches materialism, aggressive behavior, etc. can affect one as well. The difficult, bad experiences one has had along the way is yet another. The negative people we associate is a cause as well. The wanting attitudes one builds up over time about others, life, self, and work is another central reason. There is even genetic inheritance of negative traits from relatives, and the fact that man himself is born with a number of wanting attitudes and habits that comes from the unconsciousness inbuilt into human nature. Then there are the karmic, cosmic, and past life influences. There are more factors beyond these.

On the other hand, it is also true that the conscious individual takes responsibility for his bad habits, not blaming one's upbringing, family conditions, the society, others' influence, etc. A conscious person does this as a normal part of his/her growth process. He regularly considers who he, what are the limiting aspects, and tries to overcome these and elevate himself to a higher level. It will prove useful for every aspect of our lives, from our relationships to our work to our happiness and well-being. We could say that this constant elevation of our consciousness is the very reason we are here on earth: to grow and evolve, and enjoy the experience of discovery of our higher nature.

Elevating Our Consciousness through Rebirth Process

Q: In the process of evolution, one grows in consciousness. It is said that it occurs through a number of births. Does a human being have to go through all the good and bad habits in a single life, or just several of these?

A: I believe that in a given birth that person has the opportunity to elevate several aspects (not necessarily all) of his wanting nature. Occasionally someone has many negatives; or has

one great fundamental limitation, and overcomes them/it -- like Darcy was able to do in 'Pride and Prejudice.

When we say that a person has a "ripe soul," he has already come into his life with most of the consciousness qualities highly developed. Now he can go through and elevate himself on several more as necessary. His life circumstance will afford him the opportunity to do so. If a person cannot complete all of the consciousness attainments, which is normally the case, he comes back again (rebirth) to do so. In some case he does not come back, but rests in the ethereal planes.

Sri Aurobindo says that the movement from Ignorance to Integral Knowledge (Truth), which is the foundation of the evolution for the individual, occurs through multiple births. In fact, the very reason for rebirth is to complete the gains in consciousness required to move from Ignorance to Integral Knowledge.

From the other side, the Psychic Being (evolving Soul) is the instrument that enables the continuous rise in consciousness as it enters each new person (rebirth) in its journey of discovery. Before it enters the person, it considers which person to enter, evaluating their consciousness and their potential life circumstance so it can obtain what it yearns for. It too has "aspirations" for wholeness and integral realization; though perhaps at a more cosmic level.

No Title

Each time you gleefully or nostalgically recall a negative event in your past, you dramatically increase the chance of its reoccurrence -- even instantaneously.

Reader: Sometimes people tell their past sad events to others if they suspect the other person has envy towards him and to show that he too has had bad experiences.

Response: Yes, it's true. Still one must be careful not to go over them for no good reason. If you are truly trying to learn from your mistake, then going over the past and reviewing it can be very helpful. If you then identify the underlying cause -- such as a wrong attitude about things one had -- commit to changing it now, and then consecrate your past errors in deed and consciousness to Mother, you will quickly attract enormous benefit into your life in the near future. Sri Karmayogi calls this powerful spiritual method "Past Consecration."

No Title

A woman on the radio was sure that her team would win the World Cup final. Someone for the other side disagreed, but was not insistent. She became very persistent in her opinion, the kind of egotistical insistence I have seen many times portending failure. Soon enough her team the Argentinians lost to the Germans in a close match. As Americans are keen on saying, "you could see it coming a mile away."

Further Comment: -The energy of expectation is capable of activating a formation that is undesirable.

-Intense expectation yields unexpected disappointment. -Congratulation in anticipation negatives the outcome. (Sri Karmayogi)

Reader: After all Football is a game only and hence why so much persistence.

Response: Persistence and insistence of any sorts is counterproductive. People do it in all facets of life. Football is just an outer, collective formation for the purpose of enjoyment and competition which in the greater scheme of things is not all that important. People like to hold onto a team as much as an attitude or a belief. Thus it certainly has an ego element. On the other hand, one positive aspect of sports -- individual or team -- is that it not only demonstrates considerable physical skill, but with the right attitudes employed can build up character.

The other aspect is that we can see life responding in anything -- from the most superficial like football to the deepest aspects of life. That is the true magic to witness. I.e. the workings of the subtle ways of life, and then harnessing them for ultimate success. Eg a single attitude shifting his attitude from the negative to the positive can attract wonderful results, such as

great new teammate coming to the team, or even great success in the following games. I have observed the latter many times. It is fascinating!

(re: the Brazilian team that was humiliated by crushing defeats earlier and were the host of the world cup, this quote from the NY Times: "If the soccer team's collapse teaches us anything, it's to remember: You can't win before the game is played.")

No Title

-In contemporary times, where Christianity is predominant, it tends to be (not always) in an area of poverty, matched by an urge to come out of it. South America and Africa are examples. Islamic-oriented countries are somewhat similar.

-Middle and upper classes increasingly discard religion altogether, except as ritual. For these individuals, success and its rewards become new twin gods.

-Where one moves out of poverty into prosperity, religion generally begins to lose its grip; especially orthodoxy and fundamentalism.

-Prosperity loosening the grip of religion opens to greater knowledge through education and also begins to open the door to spirituality.

-Spirituality is the Essence, whereas religion is a cover layer.

-The best foundation for spirituality is prosperity.

-Spirituality is fulfilled in the material plane, through wealth, new technologies, new possibilities, applying spirit to the details of life, etc.

-Spirituality culminates in the divinization of life on earth, including the emergence of a new divine-like species.

-Low income/poverty, religion, prosperity, education/knowledge, spirituality, divinization of life are several progressive stages.

-The order can vary depending on time and place.

Reader: Great sir...this is only from the supermind. ..no need of evidence. ..it is felt!!!

No Title

Surrender in Sri Aurobindo's yoga is where you give up human life for divine life.

RK: Integral yoga starts as surrender:

-From changing selfishness to selflessness and grows as substituting SELF for the self.

-Egos views changing into souls views.

-Thoughts of mind changing to light the Spirit,

-Gradually becoming fully conscious of divisions (of ego) and unity of soul(holistic).

-Fulfilling the very highest and earliest of human aspirations, than present human ambitions.

Response: Thank you. These are keys.

I think the process of the yoga can be stated for us as -- regular consecration and practicing Karmayogi's methods (equality of being, self-givingness, others' point of view, etc.) that takes one deeper, which in turn sheds ego, which opens the spirit in the mind and its greater knowledge, continuing to the depths to the psychic, and surrendering all aspects of one's life and being from there to Her (true Consecration of the being), awaiting on Her Will, which we act on from within. We are transformed; society, the world is impacted. Supramental existence, all the spiritual aspects are embodied (peace, harmony, truth, goodness, love, delight, timelessness in time, infinity, etc.) supramental beings, divine life on earth.

No Title

When you hold at bay a party who is conflictive or has ill-will towards you by keeping them at arm's length or better still by putting them out of mind, the same opportunity can instantly arise somewhere elsewhere, but now in a positive context. It shows the miraculous-like power of garnering silent strength in a difficult situation.

No Title

There is a world of difference between explaining the potential of a thing to succeed and gleefully saying it's a done deal.

Evoking Mirror Image Business Situations

When you revisit and make a request of a party through whom you had a success or failure in the past, instantaneously you may receive a communication from an unknown party from out of the blue who had or is having nearly the same experience. It is an astonishing, synchronous association to witness. Moreover, when you see the correlation between the two circumstance, you will know how to address the issue of the second party even though you hardly know them or their condition, as the subtle principles and rules guiding the original situation of the past will tend to closely apply to the new one.

Example: A man contacted a manufacturer in India about a spiritual booklet they supplied. He had done work for the company selling gift items many decades before successfully. However in a recent endeavor the initiative failed. It turns out that the very instant he made the booklet request, he received an email - the only one in the Inbox -- from a proprietor seeking advice on a nearly an identical business situation (selling gifts) to the original initiative of the booklet requester that failed! Also, the essential details were also very much the same. It was a powerful synchronicity that occurred within one second of the booklet request. A mathematician might calculate the chance of this occurring as 1 trillion to the trillionth power. That is the life response power of reigniting a connection from the past -- positive or negative -- which attracts back a virtually mirror image situation from out of nowhere.

The Guitars

"A student of mine A of Chennai wanted to buy a Fender Strat Electric guitar and asked me to find out the price which I came to know was very much above his budget...

Watching him play the guitar in the U tube and Fb impressed me so much that

I observed that he has a wonderful style and potential..

I decided to give my Fender Strat to him as a gift and informed him accordingly.

He was so happy that he became emotional and started crying with joy ..

I remembered The Mother's saying "The happiness you give makes you more happy than the happiness you receive.",,,

To my surprise a couple of days back V , another student of mine bumped in to M and gifted me a CORT CUSTOMIZED guitar with my name in it !!!!!

What else can I think of this other than Mother's Grace and Life Response ?????:" (RV)

Response: Comment: Self-givingness, in this case in the form of generosity, always attracts things back to the giver in equal or greater amount. That is one of your strong suits and deep-seated values that has given you much success in your field.

Another way to look at it:

It can be seen as an attitude of goodwill. Perhaps we can call it an attitude of the heart. I once admired a man for his genius in the software field he was in when I met with him several times at a monthly gathering of the local Microsoft community. I had very good will towards him, recognizing his great intelligence, skill and potential that lasted for several years. One day his accountant spoke to me and indicated that I had generated a giant client for him (AT&T) through a referral that I hardly remembered, that would go on to generate nearly \$1Million for my friend's company and a vast commission for myself (\$50K or more). Garry Sri said it was my goodwill towards him which was to see not only his skill, but his potential. There was that mental recognition that had an enthusiastic quality.

Life Initiatives That Spread, and Succeed

We know that when life initiates and you take up that opportunity, it tends to create successful outcomes, whereas when you initiate on your own it tends to fail as much as (or more than) succeed.

There is also this corollary: If a party responds to a life initiative and is required to take another initiative related to it, and then another party responds to that initiative, which requests action to be taken (in essence a life initiative to them), then that second party will also succeed. In other words, life initiatives can spread to others, and likewise attract very positive outcome when that opportunity is seized.

Example: A fast growing organization was afforded an opportunity to offer training, which was a life initiative to them, which they took up, leading to the development of an event, which they developed successfully. For that to happen, others had to be informed for marketing purposes, so they sent out notices to various parties. One of the parties received the invitation (it was a life initiative to them), took it up, and their efforts of design and implementation went smoothly, ended successfully. Thus we see that responding to life's initiatives successfully (first party) vibrate forward to other parties experiencing the same.

No Title

Often by merely shifting from indifference, ignorance, etc. to sincere intention, will, and (especially) a decision for something to come about, it can suddenly happen on its own. I.e. life gives you what you want before you even act on it! That is one of life response's extraordinary secrets.

Attracting the Right Romantic Partner

How to attract the right romantic partner? The key is to really know what you want in another person, from the relationship -- to think about it deeply, dispassionately; with the highest ideal you can sincerely feel and believe in -- and to silently and intensely aspire for that to happen. That person will come, sooner or later; often quite quickly.

No Title

Your body will take you where you don't want to be. Your heart and mind will take you where you want to be. The spirit will take you where you should be.

Reader: About Soul?

Response: Soul is the transcendent Spirit encased in the individual.

Reader: How the soul manifest or allow to body/mind/spirit?

RK: Fit to be a chant

Power of Decision and Action That Attracts

When you have a problem and then overcome your hesitancy to take action to solve it, not only will you move things along in a positive way, but information can suddenly arise that reveals that you do not have that problem in the first place! This is particularly true if you first offered the issue to the spiritual Force. The changed attitude, the decision, the action, and the consecrated act in tandem can overcome what seemingly was a fact.

A man had a serious physical problem, but he was hesitant to act on solving it. He waited for "time to heal," but it got worse. Then one morning he changed his attitude, made a decision to act and made that effort, offering the matter to the Divine Mother. When he arrived at the medical facility, he found out that his self-diagnosis was faulty, and he actually had a much lesser problem, which was a great relief. He also unexpectedly learned of other health programs that seemed just right for his future physical needs.

In yoga one realizes that 75%+ of all physical illnesses are due to ill-will from others, grace coming in that is blocked inside, some unwillingness on one's part, breakdown of one's psychological balance, nerves overwrought, general negative atmosphere, breakdown in material conditions such as lack of funds, resistance of the physical consciousness to grow further, etc. Outer conditions just reflect that.

Reader: Is it safe to assume that the other 25% is karmic?

Response: Or material, biological. Our normal view. The Mother says they are probably less than 10%.

Power of Accepting Another's Point of View on Money

If you are having a disagreement on the status of what is owed, and you completely withdraw insistence, even taking the other person's viewpoint in full, very soon after you are likely to receive word from the other party that your perspective was the true one, and you will benefit.

An instructor had an amicable exchange with his referral agent on a significant bit of money he was owed. The issue was examined from various sides, and the exchange went back and forth. The consultant then told himself that he was not going to press the matter further, he would not insist; in fact he would accept the agent's position as the true one. The next day he received an email from the agent who said that the consultant's view was in fact the correct one, and the important money due was being sent and would arrive soon.

No Title

Soul is the transcendent Spirit encased in the individual.

No Title

Keys to an expanding Knowledge: The more points you know, the more you are capable of making new connections among them. Innovation, creativity, revealing of the unprecedented follows. This is also true of the subtle laws of life given by Sri Karmayogi. Bridging, connecting these truths and methods in new ways reveal the hidden Infinities that can come into one's existence.

RK: Expanding knowledge is to know the - completeness.

The knowledge in individual is concentrated within its limits. It limits its formation - barring Innovation, creativity etc., Seeking completeness or holistic view by expanding the knowledge leads to self-awareness. Awareness on atmosphere, opportunities, functioning, and everything we need. Expanding knowledge to recover his own truth of himself - is not discovery inventing or creating, it is manifesting.

No Title

HE is the player, the play, and the playground.

Further comment: Yes, this describes the Reality; Brahman as Sri Aurobindo means it.

Our Social, Psychological, Spiritual Personalities

We have several personalities lying in layers inside us. The social personality acts according to circumstances. Here the reward is for your social standing, not for your capacity. Deeper than that is the personality of psychology. Life rewards here for your motive, disregarding capacity. Deepest is the Spiritual Personality which seeks spiritual experience. There, only GOOD exists. It is above life. Ability to invoke our inner Spiritual Personality overcomes our social circumstances, our motives and even our capacities. Here rewards arise according to what you are inwardly, not what you do. (Sri Karmayogi)

No Title

An individual who is steeped in the Spirit, opened to the spiritual Force abides by a different rule than the average person: It is that the higher the result aspired for, the quicker it comes. Also, what comes is more perfect in the measure it is higher. This is the fundamental wonder of the Spirit flowering in life. (paraphrase of Sri Karmayogi)

No Title

The Spirit is Infinite and Eternal. Indian spiritual wisdom knows how the entire infinite universe is compressed into the infinitesimal and how one can release that infinite from the infinitesimal. (Sri Karmayogi)

Further comment: Eg Einstein accomplished it in matter via a formula, as the bombardment of a few atoms can create vast, nuclear power and weapons. Likewise, the smallest detail in our life can produce a vast result when its embedded infinity is released by consecration, the spiritual Force. In that way an infinite can emerge from any finite; even the tiniest idea, act, condition, aspiration, hope, dream, etc.

No Title

Anxious to illustrate Sri Aurobindo's theory of Spiritual Evolution through a great work of literature, we chose 'Pride and Prejudice' and studied it for some time from the angle of the Spirit. (Sri Karmayogi)

Further comment: Yes, Karmayogi has given many thousands of page of commentary on P&P in relation to Life and Sri Aurobindo's 'The Life Divine.' Each single line is a jewel, in this case over 25,000; and in my view an unprecedented study of a work of literature -- and practical application of Spirit in life -- in the history of the world.

Self-Givingness

The opposite of selfishness is unselfishness or selflessness. Self-giving is of a higher order. What is it? Giving one's all to the OTHER person because he is a Self, is Self-Giving. It is a spiritual connection of soul with soul. (Paraphrase of Sri Karmayogi)

Deeper Cause of Terrorism in The World

Mind is a plane of knowledge. Progress here demands purity and TRUTH. Man has a way of moving to the impurity in insincerity and falsehood. Especially in the affairs of a nation, the diplomats cannot always be frank and true. Diplomacy often becomes a successful weapon in international affairs. Insincerity becomes a way of life in diplomacy. Unless one realises his own insincerity and by his own idealism comes forward to change the way of life, there is no alternative. The terrorist crudely exposes the mental insincerity of international politics. In my view, this is what terrorism does. Though unpardonable, in a higher sense, the movement of terrorism TELLS the world that for the urge of social evolution to fully express itself, it has to shed its own accretion of mental insincerity in the garb of diplomacy. Should the MIND come forward to be more and more sincere in its utterances and convictions, the external movements of barbaric acts of terrorism will shrink and finally disappear. (Sri Karmayogi)

No Title

Any activity, however exalted it is, can become an addiction if one outlives its need. (Sri Karmayogi)

Further comment: Examples: constantly reading light novels when one can do better, endless tv watching, obsessive facebooking (!), repeatedly looking for the same type of mate, always trying to help losers, expressing the same consciousness observation like a broken record, obsessive gargling, always reading the same section or website in the morning, perpetually praising others that gets tired after a while, thinking for the sake of keeping the mind occupied, meditating as a stale routine when one could consecrate to get that effect and much more, constant worrying about one's child, butting into another's business like Jane Austin's 'Emma', etc. Other examples that fulfill Karmayogi's criteria?

Reader: I think we are all spending much time on facebooking. No harm in it I suppose.

Response: Yes, it is a new format of communication, so it is pretty exciting. Aside from the expense, I wonder how much people listened to the radio or talked on the telephone when they were first commonly available. I suppose there too people indulged and it became obsession-like. As new technologies came along like TV, the dynamic changed again, and again now with the Internet. The key in using any of these, as Sri Karmayogi suggests, is whether you have outgrown the need. If you have and still use it, it becomes an obsession, or at least a seriously outworn habit. Either case, it causes people to stay where they are or even go backwards in terms of their personal growth.

Psychological obsessions are the worst. Like repeatedly waiting on a former girlfriend's return at a particular place when she has long forgotten you, we each have our own unique set of psychological obsessions. Best if each are methodically shed.

No Title

To obey the immediate MASTER, whoever he is and whatever the consequences is a spiritual value that hastens the best final result. (Sri Karmayogi)

Further comment: In WWII as depicted in 'Bridge Over On the River Kwai,' after first resisting him the English colonel obeyed the ruthless Japanese colonel in charge of the prisoner of war camp, and with his men built a magnificent bridge across the river. The English soldiers made the bridge perfect, as the English colonel valued duty and its perfection. Soon after the bridge was blown up by the prisoners, leading to the downfall of the Japanese there. That is how life works. Obeying the immediate master -- positive or negative -- has this extraordinary positive consequence of hastening the best final results. It is perhaps a form of taking the other person's point of view, no matter what, which will bring about your most cherished desires through Life's confounding, yet astonishing logic.

An extraordinary thought that seems to run counter to rationality and opposite of what we believe, especially in the West, but is in fact how life often acts, unfolds, responds.

Reader: I have one immediate admin boss who is 10 yrs younger to me . I was not happy to report him. I used to bye-pass but life puts situations before me to obey him /listen to him. After reading this post, my mind is changing. Thank u sir

Response: The combination of obeying and adhering to the needs of the superior and feeling no malice inside can attract splendid results. It will be a very good experiment for you!

The original post here reminds me of how Karmayogi in his review of Herman Hess's novel Siddhartha said that had Siddhartha given in and surrendered to his father's will, he would have attained spiritual realization quickly instead of having gone through a lifetime of spiritual tapasya, struggle to attain it.

No Title

Shedding is as important as acquiring -- of the inner and the outer.

Reader1: Also more difficult, I would add. For the accumulated energy to get dissolved, a monstrous effort is required!

Reader2: Especially, Shedding our own Ego and offering that to HER, can work miracles!

Response: "For the accumulated energy to get dissolved, a monstrous effort is required!" Yes, that is why people practice spiritual-oriented yoga. To shed these. It requires great self-awareness and great self-control. That is what many are learning to do and practicing to various degrees.

"Especially, Shedding our own Ego and offering that to HER, can work miracles!" Yes, very true, especially as they express in our negative attitudes about others, life, self, work, etc.; our narrow-minded opinions, our fixed habits, false beliefs, etc. etc. Each person has a solid dozen of them that they express in the course of the day. Catching them and then offering them to the Mother is the best way to overcome them, which allows the True Spirit, the spiritual Force to now circulate throughout your being, creating the wonderful inner and outer positive results.

Evaluating the Internals & Externals to Determine the Future Outcome of a Decision

"...In joining a college, the minimum positive result is to secure the admission. The rightness of one's decision can enable him to pass the degree creditably. Its maximum rightness can insure a successful career and its rise to national eminence or further to world fame. What does a decision consist of?

Any decision has its external requirements as well as inner psychological conditions. If all the external requirements are present positively along with the right fulfillment of inner conditions, it leads at once to the first necessary result, such as securing an admission.

External requirements in an admission are eligible scores, fees, health, necessary certificates, punctual appearance at the interview, hostel fees, social skills to live in a hostel, possession of books, writing materials, etc. Inner conditions are eagerness to read, consent of the family for your education, tradition of the family in education, the goal you seek - the degree or the subject or higher still, pure knowledge -- personal values such as reliability, honesty, integrity in the educational life. All these factors admit of constant improvement. The higher the endowments are - requirements and conditions - the greater the end result. In human life, a greater result demands a longer time.

A man in Spirit has a different rule: the higher the result, the quicker it comes. Also, it is more perfect in the measure it is higher. This is the fundamental wonder of the Spirit flowering in life. Even in our human life, rarely do we see such expressions. We call it meteoric rise. The human mind reached its acme in Socrates more than 2000 years ago. For that to develop as scientific inquiry in Europe it took 1500 or 2000 years. In the next stage, the scientific inquiry matured into practically usable scientific technology in the USA. This was done in two or three hundred years. Technology is more meaningful for us than the abstract inquiry into the origin of things, which is Science. A nation such as ours can overcome poverty in a short time by perfecting its tool of Decision-making. An individual can unfailingly succeed in all that he does by making his decision right inside and outside. Or, if he chooses, he can RISE in life endlessly, which means he contributes to the national welfare." (Sri Karmayogi)

Power of Silent Concentration to Accelerate Career Development

There are even higher spiritual methods available to rise further and faster in your career. The greater your capacity for concentration, the greater the knowledge you will extract from any situation, the faster you will learn, and the deeper the insights you will perceive. Try to suspend your thinking processes and imagination and enhance your capacity for concentration. Try concentrating on what you have learned from the experiences of others in order to extract the essential knowledge that they have acquired. Try concentrating on your own past experiences in order to feel and sense the truths life was revealing in these situations which you missed or only partially at the time. Nothing requires greater energy and concentration than thinking and it generates far greater results. This method can abridge years of study and experience into a few weeks or months of effort. (Mother's Service Society)

RK: In another article Karmayogi says, concentration can be base for conscious evolution.

In life, concentration can be used as means to do integral yoga method.

Every moment, every happening, every person we come into contact , every thought that arises, every feeling, desires and wanting, every movement of the body however trifling should be is used for this work. Concentration on all above - to see the corresponding planes and points, connection between the events, our acts, attitudes and motives. In this way, even the most repellent suffering, becomes a step on the path to evolution in consciousness.

This is actually a base for self-awareness. It is a gathering up by concentration of the movements dispersed and loosely combined in the involution.

This will give the integral realization that we are the divine being. This realization of the one in its indistinguishable unity with others.

This will put in the path of surrender.

No Title

Not to react is discipline. NOT TO HAVE THE CAPACITY TO REACT IS EQUALITY. One is mental, the other is spiritual. (Sri Karmayogi)

RK: Karmayogi says – Insistence on non-reaction is also reaction. It will explode in another area.

Actually it starts from developing the capacity to make our temperament untouched. It starts from balanced temperament when others provokes, ridicules, accuses when we are right. This is also an egoistic identification but can be seen as self-restraint towards a higher goal – "non egoistic functional".

And this capacity for self-restraint decides level of accomplishment

Response: What R is describing in second para -- "when others provokes, ridicules, accuses when we are right", etc. -- has been almost exactly my recent experience with one individual who was a potential client. It's bringing out several interesting life lessons.

No Title

Nearly all of the cultural and artistic achievements we find so fascinating in our generation, that fully absorb our emotions are virtually forgotten in the next.

Further Comment: That might be a depressing thought to some. It tells me however that we need to keep to eternal things, which will be lasting and appreciated in following generations. That does not mean we exclude ourselves from the current cultural and its attributes. After all, we live in these times. It just means that as we navigate the culture of our own generation, it would be helpful to see it in an evolutionary context, of where society is and is going, of the deeper meaning behind things even as we enjoy them; while always having one eye on the increasingly emerging spirit in the world. Such things will always be appreciated down the road.

No Title

Often by merely shifting from indifference, ignorance, etc. to sincere intention, will, and (especially) a decision for something to come about, it can suddenly happen on its own. I.e. life gives you what you want before you even act on it! That is one of life response's extraordinary secrets.

No Title

One of the approaches to attract something you deeply desire is to forget about it completely. It then tends to come to you on its own, in its own time.

Reader: I had a doubt Sir. But according to Rhonda Byrne THE SECRET, imagine about the thing that what you deeply desire. If I am wrong correct me.

Response: There are many ways to attract results to us. To follow The Secret's method is one way. Visualize, Ask, Let the Universe take over. It works perhaps 25% of the time. We have discovered many of the reasons why it fails. Often our negative attitudes -- towards others, life, work etc. -- prevent us from being receptive to what the universe can give us. Also being overly attached to the result can prevent its attraction. There are a number of other reasons we have documented.

There are dozens of laws of Life Response that determines the power to attract in any situation. The Secret knows but the basics; has a limited understanding, though still powerful compared to our normal human approach. Sri Karmayogi has explained dozens if not hundreds of laws of life response. When he is given the details of a situation, he has the encyclopedic knowledge of attraction in his mind and therefore knows exactly what inner behavior will attract the result. Results are then 90%. The Secret is 25% and then only doing it exactly as prescribed. Most don't, so it has a 10% success rate.

Consecration is in a way all approaches in one, and is the most powerful way to attract one's aspirations in life. If you explain the issue, opportunity, or problem to the Mother, offer it to Her for Her help, and then say "Thy Will Be Done, Not My Will" good things almost always take place. Life responds, often overwhelmingly and in very short order.

Even there one is limited to one's receptivity, which is the product of our attitudes, opinions, and beliefs. Still the result is 80% or more guaranteed; as the Force that is very strong in the atmosphere, Her Force, has this power.

The Secret is an important step into the attraction and response space, but only a first step. The Laws of Life Response and knowing which ones to apply is a step far beyond, and gives one great power to become the Master of Life.

Consecration is the most powerful method, but also there is the power of Silence, of Silent Will, of Non-reaction, of Taking Another's viewpoint, of shifting out of Ego, of Self-givingness, of making a decision instead of inaction, having the deep aspiration for something to come

about, Forgetting, and many others. The more one practices these, the more one becomes the master of each, applying the right one in the right situation.

No Title

My current method of consecration to Mother is after awakening in the morning to think about each major upcoming activity or situation or condition for the day, and offer each one individually to Her with intensity. It has definitely produced positive results. From there in the course of the day I also try to consecrate as activities and circumstance, foreseen or not, warrant it.

Reader1: Thank u sir. My way of starting most of my activities / thoughts / wishes is - telling "mother pl guide me" She makes my life happier & lovely for this simple sentence. If I start consecration, I think miracles will happen

Reader2: This is the method described as "Half an hour with Mother"?

Response: Yes, N, I believe it is Sri Aurobindo's suggestion to concentrate one's self daily, focusing on Her to make one more receptive for that day. I only spend 5-10 minutes however in my approach.

Reader: We should thank you for your open mindedness in raveling your success stories. These days I find that many of my relatives don't speak from their heart though they may move with you, and have the highly selfish habit of, that they alone should progress and remain happy, wishing the other person to suffer. But soon it is found out as one's intuition guides him properly.

The Way Out of Poverty Consciousness

Poverty Consciousness is to not to be cognizant of the means of getting ahead in life; to instead only perceive limits, obstacles, roadblocks. It is to be unaware of the laws of success, including -- the power of aspiration to perceive possibilities and develop goals; the willfulness to achieve those goals; cleanliness, orderliness and other aspects of personal organization; right attitudes towards others, life, and work; the knowledge and skills to take one further; the simple experience of success that energizes and brings joy; not being bound by old, dead habits; overcoming the social barriers we perceive around us; not obeying rituals like a slave; a heightened sense of individuality instead of following the herdal view; the application of personal values we deeply subscribe to; the willingness to make an all-out, persevering effort to succeed, etc. Adopting these in our lives -- as well as spiritual methods of non-ego, soft speech, inner silence, taking the other person's point of view, self-givingness, and consecration, -- takes us from poverty consciousness to great, even infinite-like success.

Parenting, Standard Of Living, and Child Success

As a result of reviewing recent research on the subject, here are some thoughts on parenting, one's standard of living, and their relationship to a child's eventual success:

- Genetic propensities toward accomplishment -- inherited from a parent or grandparent -- normally have a greater effect than a given parent's influence on the eventual success of the child. That is why the parent should not hound them into being what they want them to be. It will usually make little difference.

- Also the wealthier parents are, the more effective they are as parents. Poor parents are the least effective. Thus, becoming more prosperous, and therefore more educated, is one of the best ways to be more effective parents. But even that may not work if the child has been born before that improvement of the parents, as the "poverty consciousness" has already likely been passed down through the genes.

- A great change in the consciousness of the poor parent can in certain instances overcome a child's inherited propensities for limited success or failure.

- A parent choosing the right partner can greatly help influence the child's success if that helpful partner parent partakes in conceiving the child. Somewhat less if child was conceived before.

-These are some general observations based on recent research, as well as an understanding of inheritance principles based on certain laws of consciousness in that area. The conclusion needs to be verified through case study evidence.

Reader : Sir! would you explain "Poverty Consciousness" of parents in detail because they always wish success and prosperity for their kids? And how can it be offset in case of families with humbler beginnings?

Response: Poverty Consciousness is not to know the means of getting ahead in life. To only perceive limits, obstacles, roadblocks. It is to not know the laws of success, including -- the power of aspiration to perceive possibilities and develop goals; the willfulness to achieve those goals; cleanliness, orderliness and other aspects of personal organization; right attitudes towards others, life, and work; the knowledge and skills to take one further; the simple experience of success that energizes and brings joy; not being bound by old, dead habits; overcoming the social barriers we perceive around us; not obeying rituals like a slave; a heightened sense of individuality instead of following the herd view; the application of personal values we deeply subscribe to; the willingness to make an all-out, persevering effort to succeed, etc. Adopting these in our lives -- as well as spiritual methods of non-ego, soft speech, inner silence, taking the other person's point of view, self-givingness, and consecration, -- takes us from poverty consciousness to great, even infinite-like success.

(parents must also give up domination, control and possessiveness of children (especially starting with adolescence), obsession with social prestige in terms of their children's achievements, and other attitudes that hold back the child.)

No Title

Shifting from rejecting to accepting your current position tends to attract good fortune -- either in that place or in relation to where you long to be.

No Title

The ordinary person eats for pleasure. The spiritual individual, to garner increased physical energy

RK: We Tamilians – (Indians?) need full stomach to get the satisfaction of eating. Even a kg of glucose cannot give that energy. One favourite item should be there always.

Karmayogi says the man who eats a great quantity of coarse food does not enjoy it half as much as the one who eats a fourth of that quantity of an essential meal. Enjoyment increases as the level of consciousness increases. To grieve for the absence of heavy meal , fuller meal or native food is lower consciousness and at lower levels is a biological superstition.

Energy and enjoyment (Rasa) from eating rises in proportion to man's ability to wean himself physically and emotionally from craving and to the extent he understand the necessity of food and its purpose..

It's always good to consecrate a meal. Also to be as quiet as possible during the eating, and if possible to think of Her during that time. Feeling the food being tasted and absorbed and being turned to physical energy would be an additional interesting experience.

No Title

Behind every collective activity of long established social activities--marriage, agriculture, games, festivals, cooking, stealing, wishing--there is a being which when reached will be able to act miraculously. (Sri Karmayogi)

Reader: how do we reach this being?

Response: The being is the spirit or essence or value or highest truth inside everything-- whether a person, a thing, a circumstance, or a social activity.

No Title

Karmayogi was earlier in this discussion describing how each of the Gods represents a power of some sort in the world; that can give a particular benefit -- whether overcoming obstacles,

providing wealth, giving security, attaining beauty, enabling high achievement, etc. When we connect to the power through offering and such we can attract such boons from that God. (But Karmayogi asks us to forget Gods, and surrender to Mother instead, who is all those Gods in one, and integrally related.)

Well it also turns out yet we can also connect to the being or spirit inside anything, including the various social attributes explained in Karmayogi's quote DIRECTLY without going through a God.

One way to get in touch with the being is to think of its highest aspect, or its deepest spirit. What would be the highest value of marriage? Let us say it is giving without asking anything of the beloved in return. Even we connect to such things, we evoke the spirit of it, in this case of marriage, and a boon related to it comes our way. In the same way we can relate to the other social activities. An athlete who believes in teamwork and ever-increasing improvement of skill over competition and winning at all costs will come closer to the being or values of the social activity of Games. And so forth for the other items Karmayogi has mentioned.

Another approach is to relate to Mother in the activity, which also will bring out the being, the spirit. Through consecration She does it for us, without us having to know what the deepest value of that activity is. Perhaps taking up both together -- getting in touch with the highest value and outcome possible in the activity, and offering it to Mother -- would evoke the most powerful life response result.

RK: How to reach the being – essence that brings joy:

Seeing everything – work , ideas, motives, attitudes – in Mother's 12 manifesting point of view and trying to take it to next higher level. In initial years every move of Mother – was based on " To bring Supramental Force" as Sri Aurobindo said to Her only that "Supramental Force" can manifest a new world.

Response: So for the attitude of the individual player in the Game, it is to reach the higher level of the 12 attributes: Here are 4 of those attributes with examples of going to higher level.

- Team view instead of personal success alone (Harmony)
- The deepest secret ways of overcoming the opponent (Knowledge)
- Enjoying the game instead of just winning to win in a state of anguish (Joy)
- Embracing others in affection instead of merely having a competitive relationship (Harmony, Love)
- etc.

No Title

This is another approach to discover or release the being of anything, including one's own self.

No Title

Sri Karmayogi says if we are oppressed or provoked by others leading to anger or fury – we acquire the viewpoint that all the problems are external and refuse to look inwardly for the cause of the oppressive circumstances. The more we blame other person, external forces and circumstances, the more we turn away from true knowledge and the true solution.

If we accept the formula of conscious responsibility, we see all negativity that occurs around us as a reflection of something in us that needs to be changed. With each circumstance, we grow in self-awareness, purity and humility. (RK)

Reader: The others who oppress us, happen to read the above will they change their attitude and act more humane?

Response: Only if we change our consciousness first as RK Sir explains.

No Title

Ingratitude of the beneficiary toward the benefactor is a very common occurrence.

Reader: The receiver of help sometimes fails to appreciate

Response: Yes, very true. He often simply forgets. Gratitude always remembers.

Reader: This is the reason many think what is the use of doing good, when the receivers do not remember it.

Response: That is the other side of the coin. It is one expression of the ego need of the benefactor; a lower consciousness movement. True doing of good is doing it for its own sake, without expectation of a return; without the need of social recognition and prestige. It is akin to true love which is to give for its own sake, without expectation of receiving anything in return. True Giving to others in general is the same. To give for the sake of helping others one cares for is the reward itself, rather than need of good feelings and admiration from others in return, the need for their gratitude, etc. which are Ego movements. The very successful and wealthy industrialist, businessman Andrew Carnegie built many libraries, schools, and colleges with his own money for the well-being of the future of America. He cared little for personal recognition. He had the self-satisfaction of Giving for its own sake.

A closely related form of ego of the beneficiary is to be proud and puffed up that was has given. Many who give this way are doing it to stroke their ego, not for the pure sake of self-givingness. It is important to consider this when engaged in charitable contributions and the like. If it is done for ego's sake, it is best not to give. For the true sake of others, especially those individuals of social collectives deserved of it, is a better, purer, and more long-lasting motive and approach.

No Title

Everything in our lives and in the life around us ALWAYS fits together. However, the mind does not see the solved puzzle; only the pieces separated. And yet the higher consciousness does perceive that Oneness. Sri Aurobindo calls it Supramental Perception, which has the vision of the Reality, including how all things within It perfectly interrelate.

Reader: Dear Roy Sir

Is there any technique / advice / practice to avoid this?

Response: This is the outcome of yoga, of dedication to the spirit in one's life. It usually takes two forms; one being the control of the negative, and the other the release of the positive in spirit.

On the negative side we need to remove all of the obstacles of the being that create a sense of separateness. It can begin with continuous observation of self, becoming vigilant and aware, and blocking any Ego movement that arises. Ego normally expresses through our negative attitudes, fixed habits, uncontrolled opinions, and silly beliefs. By controlling these, you will move from separative Ego to a sense of harmony with others and life.

On the positive side we can practice regular consecration, offering our activities and thoughts and feelings and actions to Mother, which will not only quickly create better conditions around us, but will deepen our center of being. From there we will not fall into the trap of living on the surface, of being dominated by the influence of what we see and hear, which tends to miss the many-sided truth of things. From that deeper center you will tend to be harmony with others and the world around you, which will enable you to not only see the subtle unfoldings of life, but how each piece of the puzzle fits together. It is to know and experience the true nature of the Reality.

No Title

--Religion is the superstition of the ignorant masses about the Reality. At its best, it shades off into Spirituality.

--Except the discoveries of genius, an examination of every sacred faith of the past is now discovered to be a faith of ignorance. (Sri Karmayogi)

Reader: The politicians who rule us should spread the above message to the masses so they can correct themselves and we will be in a better world. I think most of the people here are not aware that Aurobindo has given us so much wisdom and even the educated are not aware of this.

Response: I am afraid if the politicians said this, they would in large part be driven from office; even physically abused. People give up superstitions for psychological reasons. The best way to give up their religious ignorance is for Indians to rise in prosperity. As a result they can be educated at a higher level, and if they are so compelled can take to modern spiritual, evolutionary teachings like Sri Aurobindo and thereby come to wisdom and Knowledge; instead of ritual, superstition, and Ignorance.

No Title

Mother indicates that to "Become Conscious" is to always be conscious of the Divine around us, or to always be conscious of those things within us that bar the Divine from entering.

Thanks to RK

RK: Dear DS.

Even my wife say – if we see all this, we can't even pray to Mother. But actually it is easy. But we are not conscious of it. More so, as Karmayogi says we don't want to do it. Let us see the above quote shared by Mr. Roy Posner. I wrote about preoccupation and thinking of Mother. As I said we visit restaurant we think of menu and we also think of Mother. We order food, offer it to Mother, we consecrate and eat.

But what is remembering Mother and consecration. First of all we should not have visited restaurant for the sake of tasty food. When we say consecration it means exercising Mother's choice. Consecration is telling something to Mother and doing it in Mother's way.

That is taking food not for taste, only for energy. Consecrating is making sacred an act so that the Divine can take over to manifest. That is being conscious of Divine and doing for Divine

Like this we have choice in every moment on what Mother wants us to do in a given situation. Doing that is being conscious for higher consciousness.

No Title

Consecration is a movement away from ego that is separateness. It moves us deeper within into the subliminal and psychic being, which breaks down barriers between ourselves and others and life. It shows us that all is part of the Reality, not just what we perceive from our limited separative perspective of ego. Consecration brings one to Self which perceives life increasingly in this harmonic fashion.

RK:

Sri Karmayogi: - When a devotee consecrates, he is actually seeking Mother's manifesting aspects in work.

-He silently secures Mother in the crevices of his subconscious being, where all parts of human instrument unasked will always be there.

-When the mind dwells on Mother, Mother enters the deepest layers of the mind as light and saturates those layers.

-Later it expresses as knowledge, through intuition or incidentally through others by overcoming all limitations of the ego, all barriers of mental, vital and physical. - The new information that he stumbles upon brings in unprecedented result of Infinite dimensions.

Response: Wonderful explanation of how consecration penetrates the various levels of our being within we are not normally aware of.

No Title

"If an unexpected good thing happens to you, know it was one of your earlier dreams now forgotten. (Sri Karmayogi)

Harmonious Relationship Expressing Through Evil or Good

"If a husband and wife team are both selfish, possessive and mercenary, and there is a perfect identity of interests as such, there will be a great harmony between them. But it will be very

low-level of harmony and consciousness. What is valuable is a harmonious relationship of a higher level. That is, if e.g. both husband and wife are self-giving, happy and out-going, then they will be very harmonious too. But it will be of a higher level. That is what matters." (paraphrase of MSS)

Comment: The very popular American serial (on Netflix) 'House of Cards' is about the first couple alluded to above. They move from (the husband) being the leader of the House of Representative of the US Congress to becoming Vice President of the nation and then to the Presidency itself (and First Lady), which we witness over the course of several dozen 45 minute episodes. They are in many ways perfectly in harmony, like almost no couple one meets, but serve selfish and nefarious ends. There is actually something wonderful to see in the freedom of their relationship, their tolerance and support of one another, their continuous affection, etc. despite their aggressive, evil deeds.

No Title

Imagine what you really want. Feel it intensely. Offer it to Mother, noting that the result should take the form of Her Intention, not yours. Thereafter through your subconscious being you will be directed to some place or become aware of some knowledge or opportunity than when embraced will fulfill your original aspiration. Sometimes it will simply come knocking on your door.

No Title

Anticipation delays or cancels.

Reader: Yes sir! Expectation always reduces joy.

Response: Yes, it is a false vital movement that feels good, but is transient and ultimately not helpful. It is false happiness, not the real joy, as you indicate.

No Title

One can act outwardly and try to produce results. More powerfully one can NOT act and from WITHIN attract life to you.

How to do this? By withholding initiative, by aspiring deeply, by consecrating the aspiration, by considering the deepest values involved, by keeping the mind silent, by being patient, without expectation, while being fully sincere in the inner effort. Life will now tend to come to you, in the right time, in the right circumstance, as an opportunity or a dream fulfilled, often exceeding your deepest wishes.

Reader: I find if I talk about my victory prematurely will cancel my possible outcome. .but it's so hard to resist. .

Response: Yes, a keen insight. It takes real self-control to prevent such vital urges; an important quality for anyone seeking growth in consciousness.

Non-Wastage of Funds Attracts

One way to evoke response from life is to not waste scarce resources, or for that matter any resource. That includes the resource of money.

A man was eager to have some coffee. He thought of purchasing a cup at the fast food store since there was not any coffee left in his pot at home. However, rather than spend that measly dollar, he decided to return to his house and run some water through the already used grounds in the pot.

However, when he arrived home, he instantly saw that his roommate was making a freshly brewed pot, something she rarely does that time of day. He was a bit startled, yet quickly perceived the subtle principle behind:

When you avoid wasting money, you attract more of a resource -- whether more coffee, food, work, material, or anything else. This goes for the average person seeking mundane satisfactions like a good cup of coffee to a multinational corporation affecting the lives of

thousands. Like other subtle laws of money, non-wastage of funds quickly attracts the infinite from the finite, including those things in short supply.

Reader: And what do we call this level of karma?

Response: "Life Response" phenomenon; also called Law of Attraction

No Title

When you interact with others in work, think of the deepest value involved. For example, before sending off to other team members your prototype of a potential program, think of the deepest value associated with it, - such as its potential to help people in their lives, to raise their consciousness, or to help the wider society. One can even think of higher spiritual values, like its capacity to create harmony and well-being, or being a vehicle for the Divine to emerge in the world. Devotees can think of its value to serve the Mother in Her Work on earth. This approach will release fresh energies that will spread and tend to attract enormous positive results.

Reader: definitely will raise conscious levels, and influence others to become more aware of the work ethics such as excellence and uniqueness in whatever project they undertake, helps to heighten thought life and how valuable they are.

Response: Thank you H. Very true.

Non-Wastage of Funds Attracts

What is a person made up of? Among other things an individual consists of or is measured by -

- Physical Attributes (outer)
- Physical Qualities (inside)
- Physical Sensations
- Urges, Desires
- Wants, Needs
- Feelings
- Attitudes
- Interests
- Aspirations
- Beliefs
- Values
- Knowledge
- Opinions
- Intelligence
- Capacities
- Skills
- Endowments
- Status (social)
- Accomplishments
- Temperament/Behavior
- Outer Nature
- Character (Nature)
- Spiritual Qualities
- Subconscious Nature
- Other?

Reader: Prejudice

Response: Prejudice is an attitude, maybe a belief.

Reader: Prejudice has a genetic origin.

Response: Perhaps. I believe it is more a trait and attitude acquired through family, friends, society, etc. I am not sure one is born that way through inheritance, but perhaps there can be some genetic predisposition and propensity toward the negative aspects of things.

Reader: Good Decision, curiosity, Adjustment, Self-belief, perseverance, expression

Response:

Thank you.

Decision making is a skill or capacity. It also depends on knowledge and attitude.

Curiosity is an expression of temperament or character (nature).

Self-belief is already in the list.

-Perseverance is also an aspect of temperament.

-Expression is one's temperament or outer nature or even character

-The ability to adjust is a combination of one's attitude and temperament, maybe character.

Reader: The divine spark of consciousness at the core of every being...

Response: Yes, S, thanks for bringing this out. It can be incorporated in the designation of "Spiritual Qualities" listed above.

However, we have also developed a schema that we call "Levels of Personality" that incorporates the spark of the divine, the soul, at the high end. It's one of our guiding methods we follow to evaluate the person. It is in an ascending continuum of consciousness from Manners > Behavior > Character > Personality > the Spiritual Individual. It incorporates an ever deepening being, culminating with the last who lives from his soul and psychic being, manifesting ultimate individuality in himself, affecting the world. Here is a simple overview of the breakdown.

MANNERS is total surface, where the person takes cues from world around him alone. He is determined completely by what others do and say. I.e. the outer.

Then there is BEHAVIOR where a majority of people are, which is just acting and living out one's thoughts and feelings, not too consciously.

Then there is CHARACTER which is a person of substance. They are persons we tend to notice and admire. A minority of individuals are at that level.

Then there is PERSONALITY which is kind of a super version of a person with Character; someone like a Steve Jobs or Gorbachev. Someone who stretches his sense of self and individuality, making a big impact on the world.

Finally there is SPIRITUAL INDIVIDUALITY. This is a person who has discovered his soul and being, takes cues from there and has a vast power to change his being, be in touch with his highest consciousness, and change the world from within. He is the polar opposite of Manners, as he lives informed within; in the Individuality and Guidance of his Soul Being.

This is actually taken from Sri Aurobindo's profound insight on the subject of Human Character.

No Title

Mother knows the future, and thereby gives you what is necessary in the present.

Further comment: (utterly bewildering the mind, and astonishing the soul.)

No Title

In any event, there are many truths converging. Truth for us then is to know them all, plus the totality and the Essence. This is supramental knowledge. Mind only perceives a few pieces, is therefore mostly in ignorance from moment to moment.

Reader: Perception of the truth at the right time lies one's understanding and success.

Response: Very true!

Reader1: Generally in ignorance and constantly striving to keep one's head above the learned illusion that repeats in order to see the present moments unencumbered focused light.

Reader2: Mind dwells in Prejudice mostly, hence it connect to truth side of a 'big truth' in the track of vision. Prejudice get strengthen in EGO/PRIDE levels.

Response: Very true on both accounts P.

Reader1: P If one continues to entertain prejudice and jealousy in his mind, this attitude itself can destroy his health.

Reader 2: Mind understands what is comfortable for it to accept. Even after reading so much about the Divine Truth mind conveniently filters and takes the best part which is comfortable for you and cleverly hides the remaining. In spite of knowing it we wish to dwell in ignorance because it is more tasty!

Response: Exactly Pad.

No Title

RK: According to Sri Karmayogi any act can be made of higher consciousness by adding a bit of expansiveness in it. Even the most ugly attitude of selfishness can be changed as an act of higher consciousness. Even selfish thinking can be changed to ""higher selfishness"" to make infinity act.

He says if in job you are selfish, thinking only about you-be selfish about your company.

If you are a selfish in home, thinking only about you, be selfish for your family.

If you are selfish on your village, town or caste or creed be selfish for your country etc.

Now Infinity reveals itself as a formula for you.

Einstein had so many pros and cons, ifs and buts research, thinking etc. to find something for fame -but the formula revealed itself only when he left his thought of research for a moment and thought that how useful it will be for the world if we can find the reason for gravitation.

No Title

RK: Sure way to eliminate the Spirit:

- For one who will repeat his earlier errors surely eliminate the Spirit.
- He who treats falsehood as a way to truth can never invoke the Spirit. If he ever does it, it will lead to no result.
- Scarcity in funds reveals impulsiveness and bad temperament which bars invoking the Spirit.
- Resorting to shortcuts removes one from Spirit.
- Cleverness of any type will eliminate the Spirit.
- One can cheat anyone, even himself but not he Spirit, he cannot invoke it.
- Do not seek Spirit to enrich our life, Seek life for expressing the Spirit. .
- Not giving up pride in ones achievements eliminates Spirit.

No Title

When you virulently express a negative opinion, complaining about a matter, that negativity tends to quickly spread.

A woman in a large book store vociferously expressed that she did not like escalators, only elevators. As a result within 5 seconds of saying that she noticed that the escalator was not working - for anyone!

Reader 1: I also like only elevators and not escalators. It is found that most accidents in escalators happen to people who are aged above 60 years and they are not exposed to escalators like in India.(when they travel abroad)

Reader 2: Escalator/elevator/LIFT/OTIS. All these facilities quite zeroed When I find elder one (75 plus) climbing staircase for livelihood.

Reader 3: Quite true. This happened when we were taking a lift to reach the 3rd floor of a hotel along with our family friends. The husband said that he always preferred to take the staircase instead of lifts. But he just joined us as company. But the joke is every time he entered the lift it would not move! In spite of the less number of people in it the lift would not

move. So the same husband moved out to check if everything was ok. Immediately the lift started working properly! The same lift would not move when someone else tried the same trick. I felt it is a life response from the lift! Like "If you don't want me I also don't want you!" Response: Exactly. His negative attitude toward the lift is fulfilled. We do that all the time. We worry about such and such happening, and it does. We fear something will take place, and it occurs. When we abandon such views, life becomes our ally, instead of our foe.

No Title

It's best to channel the Ego energy that tends to rise after a success into a focused effort to increase one's Capacity for future accomplishment.

Reader: But we tend to celebrate / inform to all proudly and waste the energy. Thanks u sir. Nice one.

Power of Gratitude

I was faced with a situation of either registering my new company in my home state which would involve an \$800 fee, or register in another state across the country at a much lesser fee.

I thought about the matter and recalled that my own state (California) had recently given me great benefit through free medical treatment. In fact the possibility of that benefit seemed to come out of nowhere.

As I thought about these recent events involving my state, I felt deep, emotional gratitude welling up inside me. I then said to my business partner that I would rather pay the \$800 and register in my home state than take the other option. (It also turned out that the amount of the fee was coincidentally the same amount I saved through medical treatment through California medical, which got my attention.)

Well after a brief discussion, several minutes later my partner suggested that I would not have to register as a corporation at all, but could register as a non-profit instead; and do in my home state which would not only cost next to nothing, but would be a very valuable improvement on the way I originally conceived registering my new organization. I was very happy about this new prospect, as it gave an entirely different perspective and purpose to the new company in terms of its values.

A short while later I realized that as a result of my deep feeling of gratitude towards my home state -- for recent benefit, including my willingness to incur the corresponding fee, -- a vibration went out that aligned me with a new opportunity for registering my organization. I was once again reminded of the enormous spiritual power of gratitude; not only to experience its delight, but its divine-like capacity to quickly attract unexpected good fortune.

Reader: Gratitude towards our home place, our work place etc. gives us a lot of spiritual power. When I took VRS from my Bank many suggested investing the funds in different places to gain more interest. But somehow my conscious did not let me do it. Even though the Bank service is little slow and not up to other Banks I feel it is not correct to quit my Bank. It is like my mother who have nurtured me from childhood and made me stand erect today by giving me so many facilities. My Bank had groomed me to this level and without my Bank I am no one.

No Title

Once when I was ~9 years old in summer camp I walked down the green trail and came upon a barn. When I entered, it was dark, yet with strands of sunlight shining in my face. I then saw a tall shadow in front of me. I walked up to the man who was very tall. I looked closely at his old weathered face. It was Joe Lapchick, the legendary basketball coach and one of the original great players. In that spiritual-like moment all alone with him in the light and shadows, he taught me how to throw bounce and chest passes on that hardwood floor. We passed it back and forth. We were at center court, with the baskets lurking in the shadows. From there began a close association with him down through the years at St. John's. It was a mystical moment in my early life.

Reader: Beautiful! Those moments must be the most precious moments!

Response: Yes, unforgettable, and soul-related.

The Waitress

There was very good, self-giving waitress who noticed that every time she was nice to people she got low tips, but when she was not so nice she got high tips!

She came to the conclusion that it's best to be mean or indifferent to people.

Actually the deeper truth was that she was possessive of tips. When she was nice to people she expected to get big tips. And when she didn't, she got upset. On the other hand, when she was indifferent to customers, she didn't care about tips and therefore got more!

The key for her was not to think about tips at all, which would almost certainly cause tips to come pouring in. It is a subtle principle of life, often referred to as "detachment."

Naturally this principle applies to each of us when it comes to money - in our work and elsewhere.

Reader: Thanks to "This American Life," whose fascinating story I listened to and commented on.

Reader: Yes. This has happened to me also. Whenever I offer the situation to mother, expecting the 100% result, it never happens.

Reader: Thank you... very helpful

No Title

When things are tough and there are problems everywhere around you, with plenty of people to blame or rely on or depend on, it is a great thing to take personal responsibility for everything, doing the very best you can on your own, which will tend to attract good fortune soon after. Personal responsibility as such gathers inner power that releases tremendous energy that attracts the very best from life.

Reader: Hard to accept responsibility unless one is fully matured .I just think so.

Response: Yes, it comes through growth in consciousness; expressing as true Individuality; creative viewpoint; urge for progress; embracing life; awareness of life conditions and principles; inner strength; movement out of Ego; etc.

No Title

If you are very quiet inside, there is a "silent" voice there telling you what is about to happen.

No Title

When someone says or writes something, there is the tendency on our part to immediately respond with our own thoughts, instead of letting the other person's words wash over us, allowing silence to take hold so that we can more fully grasp the significance of what they are saying.

On His, India's Birthday

Indian Independence Day occurred on Sri Aurobindo's birthday, August 15th, which indicated how He had worked inwardly for 40+ years to bring about independence. Now Sri Aurobindo works inwardly with Mother to bring the two or three divided powers back together in federation or even reunification, and then for India to take its rightful place and become the Guru of the world.

No Title

One person working with another in FULL HARMONY is not $A + B$, but $A \times B$. E.g. one person has 7 exceptional skills; the other 5. Perfection of work that expresses through harmony is

not $7+5$, which is 12, but 7×5 , which is 35. That is ~300%+ increase in efficiency through deep harmony of purpose expressing through exceptional skill. And it is ever-accelerating.

Further comment: ... and in these relations life is constantly responding with sudden good fortune for each person, generating from within and without these spectacular results.

No Title

You are a function of what the whole universe is doing in the same way that a wave is a function of what the whole ocean is doing. (Alan Watts)

Further comment: Yes, we perceive ourselves as separate entities, where the universe is outside us. But we are the universe itself, and it is contained in us, just as we are contained in it. Because of that oneness, life response phenomenon is able to take place. What we change in our inner being, such as shedding a wanting attitude or making a decision or opening to the spiritual Force, is reflected instantly in the universe as good fortune because it and us are one and the same, one continuous stream of existence. Likewise we can experience all of the spiritual qualities inherent in and behind the universe in ourselves -- such as peace, truth goodness, love, delight, timelessness, and infinity -- through efforts to raise our consciousness.

No Title

To determine perfection in work, we can devise several dozen scales of it ranging from imperfection to perfection. When all of the scales are rated to the right, i.e. fully positive, infinity will tend to break out beyond the current finite. Therefore, take the time to analyze the factors in your work that can be measured, and then execute each of them to their maximum potential. Life will catapult you upward. It's the Supramental power (Truth consciousness) at work, engaged by reaching perfection through a variety of means.

Reader: Could you give an example Roy Sir?

Response: Take a work like writing a book. We can devise many factors for perfection, each of which can be in a scale from imperfection to perfection. Examples are clarity of writing, clarity of voice, right flow, power of language and expression, clarity of concepts, enjoyment for the reader, grammar, sentence structure, etc. We and others judge these points in the book. When it reaches near perfection on the scale for all factors, you get a call for an order for 10,000 copies when the most you ever sold was 100 at a time. You - and your publisher - are delighted!

No Title

Often when you stop thinking, all the parts tend to fall into place.

No Title

On Sri Aurobindo's Birthday, August 15th Indian Independence occurred. He worked inwardly for 40 years to bring it about, abandoning the earlier outer approach as revolutionary. August 15th is also the date the war (WWII) ended in Asia. It is the date of the birth of Napoleon, whom Sri Aurobindo did not deny He was in a previous birth.

August 15th is the birth date of sage and seer Sri Aurobindo who gave us a vision of a new type of human existence, nurtured by a New Force He and Mother brought down into the earth's atmosphere, the Supramental, the same Force that enabled the universe to emerge from a Divine Source.

They brought down this Truth Consciousness Power into the earth's atmosphere so that it would be readily available to each of us. It is this Power which we can access through the Mother that enables us to quickly bring life under control, while engaging in the great change from our human to our super-human nature, foreshadowing the emergence of a Divine Life on Earth He envisioned.

Further comment: In addition, on Sri Aurobindo's birthday the famous Woodstock Music Festival began (1969), marking in popular lore the beginning of the "Aquarian Age" (of peace

and harmony). I was happy to have been there for those extraordinary five days, "celebrating His birthday" before I even knew who He was.

No Title

The subconscious mind compels us to do things, go to places that can alter the course of our lives.

Reader: Sometimes, when we sincerely aspire for progress, the subconscious acts we do may end up with good results as well. In [Garry Jacobs' novel] *The Book*, as Dan sincerely aspired to formulate AI system based on knowledge, the life led him to it. On that special day, his subconscious walk ended up with Moe's book store where he reached *The Book*.

No Title

... the difficulty faced in the right spirit and conquered, one finds that an obstacle has disappeared. (Sri Aurobindo)

Further comment: This is my common experience.

Reader: Can you further explain sir

Response: If you take a problem you are having and are not anxious about it, worry about, fret over it, and remain very still despite its intensity, you will find that either that problem or a related or different one will suddenly disappear on its own.

No Title

When you control yourself and refrain from asserting what is on your mind, others, unknowing of your inner decision will ask you to express it.

Reader: So does that mean we should be secretive

Response: I don't believe the above is being secretive. Its intent is to be non-asserting, non-egoistic. By being this way, by being silent, we attract others' interest in what you have to say. Being secretive is different. It can have an element of deceit or lacking truth; through sometimes it is necessary for those who have ill-will towards you. Too much secretiveness enables others to later catch you in lies; causing them to lose respect for you or worse.

No Title

RK: According to Karmayogi, The only qualification to speak on a problem or relative progress is - you should be directly affected by the problem. No hypothetical situation, theoretical situation. You should have put a little effort towards that, never mind about results. The wider the emotional identification with what is needed for progress, the wider the qualification to discuss.

Karmayogi Says, in doing so try to remember or even record what you are saying / suggesting / advising to others. Recollect or hear it yourself later, it is actually your subconscious telling you what to do.

Response: Excellent. This can also be criteria for evolve! Life Coaches.

Reader: Everyone is a teacher for others

RK: The one guide line I followed throughout is not to express my ideas or suggestions. I give my experiences based on my acts and its result. I never said what I have not experienced.

Otherwise I say only as KARMAYOGI says, MOTHER Says, for a given situation.

Karmayogi advised in that too – have commonsense and wisdom at the mental level. Not to go into vital / emotional reasons. For example when a lady asked about physical problems of her child what she can do or how to see correspondence, Karmayogi said not to get involved into subconscious reasons.

Response: So if a person says that she has diabetes, and you know that according to Karmayogi that it often caused by insecurity, but you have not experienced that correlation, you would say to the lady "Karmayogi says that etc. Etc."

However if I know insecurity is the cause of diabetes because I saw that correlation clearly in a friend, then I might explain to the lady the correlation without having to preface with "Karmayogi says, etc." as it is my experience (through another).

Virtually every post I make on Facebook comes out of a personal experience recently or previously had (or perceived in another).

Sometimes I post what others say, especially when it is novel to me, identifying the author. Then I might add a comment as I make my way to an understanding. This then becomes more of a learning experience than a teaching one.

"Karmayogi advised in that too – have commonsense and wisdom at the mental level. Not to go into vital / emotional reasons. For example when a lady asked about physical problems of her child what she can do or how to see correspondence, Karmayogi said not to get involved into subconscious reasons."

I wonder how to conduct "Life Coach" this way. I can see starting at the practical (physical) and then working to the vital and then subconscious (only) if there is an opening coming from the other person to explore there. Perhaps only go there as last resort? I wonder.

No Title

Most people want something from the Deity and ask for it to happen. Few simply Surrender to It, and follow Its subtle, yet profound suggestions.

Reader: For many people prayer is another means to secure benefits.

Where Does The Power of Jealousy Come From?

Jealousy is the concentrated and condensed form of unfulfilled wishes or prolonged failures in one's personality. It is pent up negative emotion accumulated over a long period. The undischarged negative emotion carries forward to even the next birth or pass from parental gene. The strength of Jealousy depends on the root from where it originates.

The bonding glue of the form Jealousy is ego. Ego gives that energy a negative form. If one is able to dissolve/disintegrate/surrender the ego to the Divine which bonded as jealousy, what remains is pure aspiration capable of achieving great result.

I understand jealousy as a perverted form of aspiration. Removing the ego, it is powerful aspiration. Given a direction, it is capable of achieving any thing in this world. (NR)

RK: We can see even a supposed to be most "good will" person having a jealousy if another crosses the mark, that the good will person wanted another to have. In almost 90% of the an employee's questioning management or HR, it will be always based on that – that fellow got this, this fellow got this, but not me. He never raises questions in first hand.

As jokingly said, as soon as the electricity goes in my house, I just run out and see whether it is out for everybody. Then it is OK.

Karmayogi says the only reality and oneness he saw is: More than one's own progress, to prevent the least little progress of anyone around is of psychological importance for human.

Reader: The mind knows it is wrong and even harmful about Jealousy. But the jealous feelings still comes sometimes, (due to vital clings?) How to train or educate the vital to be free from those feelings and rise above?

Response: People are often jealous of others; reacting to the good fortune and success of friends or acquaintances with ill-favor. It is the recoil of the human Ego.

Ego is the view of reality in which each of us feels separate from everyone and everything else. It's the view in which each of us stands at the center of the universe and we look out on the whole world and everything in it from our own point of view. Its view is false; an illusion.

The opposite of ego's separateness is harmony, oneness. Whatever engenders such feelings overcomes ego. The opposite of jealousy is appreciativeness and supportive goodwill. E.g. if my friend receives a promotion I should feel happy for them, not jealous.

One interesting phenomenon of life is that movements of jealousy can attract ill-fortune. If I am abhorred by a positive development in a friend's life, such as a great promotion, corresponding negatives can happen suddenly in my own life, such as sudden reduction in

pay. On the other hand, shifting from jealousy to its opposite – whether appreciativeness, supporting goodwill, or other -- can attract positive conditions back to you.

E.g. man had a slightly competitive relationship with a long-term friend of his concerning their musical capabilities. One day the man was listening to the music player on his iPhone, which contained nearly 1000 songs. Surprisingly one of his friend's songs came on through random play, and rather than be jealous of his friend's skill, he fully embraced it and enjoyed its quality. When it ended, one of the man's OWN songs suddenly came on next, a very improbable occurrence given that there were 1000 other tunes. It both stunned him and made him smile because he knew he had evoked that response from life. He understood that because he embraced his friend's music rather than think of it competitively, Life instantly returned the favor and brought forth his own.

The key with any form of ego is to cast it aside when it occurs. And that includes jealousy. However, longer term one can develop strong harmonic feelings with others we come in contact with by discovering our deeper center, culminating in the soul, the psychic being, where appreciativeness, goodwill, oneness and harmony with others are its natural state.

Perceiving the Progress Lurking Behind Our Problems

Any experience or situation we face, whether good or bad is actually coming for our progress. Our purpose is not to judge from a superficial view, but instead to understand the true knowledge behind that experience. Until we perceive that knowledge, such experiences will repeat in one form or another.

When Eliza rejected and abused Darcy in *Pride and Prejudice*, he neither reacted nor compromised his life. Instead he transformed himself, rectified his mistakes, and evolved into a fine human being. Life then presented him all that he wanted in the form of Eliza. (paraphrase of MSS)

No Title

RK: -Life repeats everything in one form or other till we evolve, progress or understand the purpose.

The repetition can occur positively or negatively.

-The quality of the repetition is in proportion to the expression of the consciousness that is required by higher source.

-If the consciousness remains the same, there are more repetitions, and with greater intensity.

-When the consciousness changes, the repetition tends to cease or alter its expression.

-Repetitions express through various subtle phenomenon of life including synchronicities, life response, and karmic movements.

-Mental knowledge truth of things, holistic view, and higher shifts in consciousness, as well as the utilization of the spiritual Force will overcome negative repetitions. Probably from Old Notes of Roy Sir taken in 2010.

Response: -It is the reason often when people go to another place to get away from things, they experience the problem again in the same or a new form; as only the place, not the consciousness has changed.

-Likewise a woman had the same trouble with a series of managers, even though each would often express themselves in a shameful manner. The woman had to go through it -- including the very difficult superiors -- until she learned from the experience.

-Certain men will marry the same looking woman over and over.

-Experiences like these can be measured against Karmayogi's principles, standards.

-Middle East situation between Palestinians and Israelis has this repeating negative quality - almost endlessly. They learn very slowly, if at all. It is an extreme example! (Even MAI in the 'The Book' had no solution; except possibly through the Force. It was said to be the last solvable problem on earth.)

-Darcy took the opposite approach, and is a great model of transformation that overcomes repetition. Even he was repeating in that his boyhood friend Wickham tried to abuse Darcy's delicate sister, and then Lydia, the sister of Eliza. By changing he could avoid such repetition around him in the future.

Further comment: ADDITIONAL THOUGHTS ON LIFE REPEATING (from RK)

When we aspire for progress but when we also want to be in "comfort zone", "life repeats many things". It is not actually life. It is Grace.

Karmayogi says - as when Grace determines to act in a bigger way- Man insists on Karma, Swabhava etc., At those times Grace will wait - for an opening or even a unconscious chink in his armor to enter again - and so the Grace that came continues till it fulfills its mission. The following are some more examples to understand more:

- When we touch any of Mother's aspects or principles of Supermind - it follows us. For example of an office assistant who helped all without expectation and with good will and expansiveness - got all help financially and government support from unexpected quarters to start own business. But he refused that saying that he is not after money and he leads a contended life. Suddenly he lost his job and in-spite of his best efforts he could not get one and forced to start his own business.
- Those who touch perfection can see works / orders coming on its own asking for higher level of accomplishment. It happens often to me. When others get full payment for shoddy work, my payment will be held for miniscule mistakes, making me to go deep into technicalities of the product.
- When we physically come away from a circumstance but the emotions are not severed, the new circumstances will have the same character/factors as the old ones. When I think of some mean cheap low conscious characters which I left long back , but still feel they are good friends, I see them passing me or meeting them in unavoidable circumstances or someone mentioning their name.

Other points by KARMAYOGI on repeating circumstances worth giving a deep thought.

- Our physical energy admits of a certain maximum limit to acquire skills, habits, capacities, talents, manners, behaviour, character etc., If anything that comes to exhaust those to make us to go to next level or plane and if we refuse - it comes with compulsion.
- If a work is left unfinished but energy is there, it returns later with the same people of same attitudes.
- That which is touched by Mother fully once can never be given up by Mother in the future. Mother seeing the sadhaks have forgotten Her -said that after all of them forget Her totally She will be active and alive in a deep part of them.
- Single touch on Life Divine Knowledge continues on various fronts till we know its integrality.
- When we aspire to evolve, Knowledge of The Life Divine, the Divine Touch of Sri Aurobindo or The Mother in any form will continue for eternity- to give that knowledge.

No Title

If in a panel discussion someone insults you, but you do not react, your idea or presentation will likely turn out to be a hit of the show.

Reader: But it requires mountain high will from us not to react. It is like going from 0 deg to 180 deg

Response: If one has a settled and strong nature and is used to these sort of things, it is not so hard. If the nature is opposite, it will be difficult.

And yet consecrating the activity beforehand can eliminate the possibility of it occurring in the first place. Also consecration helps deepen the nature longer term.

No Title

If non-reaction is a principle persistently uppermost in one's mind, then any person can do it, anytime.

Reader: If a person is already having a hurt mind he would take such ridiculing very seriously and feel miserably, but on the other hand if another person's circumstances keeps him always cheerful he would not mind such injuries and would brush aside such comments.

Response: Yes. One can call also develop that latter capacity through rise in consciousness and personal/spiritual growth.

No Title

When mind is silenced and one develops the patience of eternity, powerful circumstance arise that can send you to the peaks of success.

No Title

Sometimes I feel I am being taken on a magic carpet ride, and the only thing required is to happily show up.

No Title

RK: Sri Karmayogi says Grace seeks entry, but man's limiting nature repels it. Still grace seeks a chink of consciousness by which to enter. It is persistent that way.

No Title

RK: Karmayogi says we do not even know what kind emotion we let out, and so we don't understand life response too. If we can name our emotions correctly it is half won-for example-we understand anger as irritation, irritation as annoyance, annoyance as dejection, dejection as rejection etc. Jealousy is still in our genes from primordial and animal instincts as becoming head of a group.

Here too we have to first understand our emotion whether it is jealousy or envy. Jealousy involves the wish to keep what one has (prestige, status, upmanship, feeling of importance, fear of losing attention, threat to or position etc., we may have ten cars. But if next house person buys one we feel lost in any one of the above). Envy is the longing to get what one does not have. (when we don't have a car and next house person buys a car. Our feeling is based on our inability to get that as we wished, but he got it. We can see this in children behaviour easily. When elder boy don't like newly born sister, it is jealousy. The same having a enmity with next house boy as he bought new bicycle and prided over it , it is envy. Karmayogi has written about how a daughter didn't liked Mother long hair, how a dad didn't liked intelligent son etc.,

Karmayogi says, analyze your jealousy / envy based on – capacity, capability, goal, desires, you wanted to accomplish. Karmayogi says in jealousy more than rising oneself, one has a greater urge to crush another. It only strengthens the victim to give you more jealousy and envy. so one needs knowledge of the process of creation of jealousy or envy. That can weaken the reaction or emotion, but cannot eliminate it. First concentrate on origin of your emotion or ill will. Consciously try changing it into compassion or good will or expansiveness. At this point only consecration to Mother is possible.

No Title

Virtually every illness and physical difficulty or deficiency has a psychological cause behind it, like selfishness to cancer, insecurity to diabetes, unwillingness to change to heart problems, etc. Even the inability to conceive a child may have deep-seated psychological issues behind it. Since we are not always able to identify the subconscious cause, we can always offer the matter to the Mother, who will work on our behalf.

No Title

What science now calls the cosmic phenomenon of "non-local connections" or "entanglement" or "spooky effect" is essentially the same thing as "Life Response," where two parties Align miraculous-like in a single point in a single moment in space-time.

Further comment: Science is starting from the material end, but confronting cosmic truths that make the physical-only, empirical view inadequate. On the other hand, the spiritual people, rather than losing themselves in the bliss of the Divine are seeing the application of that Oneness being applied in the details of modern life, including the material world. (including life response phenomenon)

These two perspectives are thus slowly moving toward one another; on the road to discovering the ultimate integral truth that combines spirit and matter; just the issue Sri Aurobindo addressed in the first few chapters of The Life Divine.

Chapter 4, Omnipresent Reality resolves the contradiction between spirit and matter into the Reality, the All, which is inclusive of both, and even integrative of both.

No Title

Often when we advocate a belief -- such as expressed in an article we've written explaining how to overcome depression -- life immediately gives you the opportunity to practice what you preach!

Example: A man advocated methods to overcome negative attributes and feelings, including depression. Soon after a small accident occurred that challenged his emotional state, thereby requiring him to adopt the methods he advocated.

No Title

Reader: When we give attention to things that deserve more of it, life appreciates it and smiles back at us, especially when Mother is involved.

A man saw that the Mother calendar with Her daily messages on it was presenting the wrong date. He then corrected it. When he noticed Her message for that date, it now said: "The Divine is in things also and that is why they must be treated with care." – The Mother

No Title

Expansiveness is the attitude that there are infinite potentials and possibilities, and one is fully open to them. One opens to the universal plane. Expectation or anticipation is to assert that great things will occur in a given period of time based on one's preferences. It is a local movement of Ego. The former opens the doors to success; the latter shuts them down.

Two Types of Ego to Rid Oneself Of

Ego is separative consciousness that walls you off from others and the world. There are two types we can identify: one of "strength" and the other of "weakness." Both however are lower forms of consciousness, and are thus negative.

When you assert your point of view, or act arrogantly, looking down on others, are selfish, etc., then you are expressing the Ego of strength. It is harmful and toxic to others and one's self. The other type of Ego is one of self-pity, self-loathing, feelings of helplessness and hopelessness, of guilt, shame, and other related qualities. It is Ego of weakness. It, like its cousin of strength walls you off from others and the world; locks you in your own cell of self, and self-decrying attitudes.

When either type of Ego arises in its various forms, it is best to catch it in its tracks and push it away; telling it never to return. If you are of a spiritual bent, you can offer it to the Divine so that it never repeats. From that point forward it will tend to arise less and less, and as a result you will be so much better for it.

Experience of the Soul

When you look at someone who is conscious of his soul and lives in his soul, you feel you are going deep, deep down into the person, far, very far within. While generally, when you look into people's eyes (there are eyes you cannot go into, they are like closed doors, but some eyes are open, and you can enter), well, very close to the surface, you encounter something

that vibrates, and sometimes shines and sparkles. You may misidentify this and say to yourself, "Oh, he has a living soul!" but that's not it. It is his vital.

To find one's soul you must withdraw from the surface, withdraw deep inside, enter far within, go deep, deep down, into a very deep, silent, and still cavity; and there is something warm, quiet, of a rich substance, very still and very full, and exceedingly soft – that is the soul.

If you insist and are conscious yourself, you experience a feeling of plenitude and fullness, something with unfathomable depths. You feel that if you entered there, many secrets would be revealed; it's like the reflection of something eternal upon a calm, peaceful surface of water. Time ceases to exist. You feel you have always been and will be for all eternity. (The Mother)

No Title

-Extraordinary powers are there in the mind. Mind is a part of the universal mind. Each mind is connected with every other mind. Each mind wherever it is located, is in actual communication with the whole world.

-He who knows and controls his own mind knows the secret of every mind and has power over every mind. (Swami Vivekananda)

No Title

In a difficult situation with others, the first tendency is to blame the other party. Sri Karmayogi asks us to take the opposite perspective by fully embracing the other person's point of view, seeing things from their perspective alone. As a result of eliminating this negative self-justification, good fortune will suddenly arise, including the real possibility that the other person will now start fully agreeing with you!

Negative Response to Colorful Paintings

In one sense, it is not the details that determine the short or long-term success of an activity, but the attitudes and behaviors we bring to bear. When they are positive, we attract good fortune whatever the specifics, and are elated. When they are negative, we attract the opposite, and are disappointed.

Example: A man wanted to show a friend a website of an artist group who create very creative and colorful contemporary paintings. When he asked her to view it, she was busy with another matter. However, the man insisted, and she came over and reviewed it on his PC. The man was sure his friend would like the site, as the paintings were colorful, creative, created by fine artist like herself. However, after viewing a few of the works, she was anxious to get back to her own work. When the man insisted that she see some more, she reluctantly complied.

A few minutes after, they engaged in conversation about the site, and he mentioned how lovely the paintings were. However, his friend responded that she felt all of the paintings were of a similar kind, which very much surprised the man, as he thought there were a wide variety of styles. In fact, the entire interaction in which she expressed her views on the matter turned out to a big disappointment.

Because he asserted his need to show her the paintings despite the fact she was busy with other chores, he attracted a series of negative responses from her that sorely disappointed. It was not the details (i.e. the quality of the site or the paintings or the artists) that was the problem, but the way he initiated the communication. Had he been more sensitive to his friend's needs, and been more patient to show the site, he might have elicited very different results, including the possibility that his friend might have admired every bit of the online presentation, and indicated that there indeed was "a wide variety of beautiful art"!

No Title

For one on the path, egotistic, rambunctious silliness quickly attracts negative conditions.

Reader: rambunctious silliness??

Response: uncontrollably exuberant silliness. Here, especially for one on the path it becomes an overbearing and grating ego movement of the vital being, so it attracts negatively. An evolved, cultured, high consciousness person should not act this way\ no matter how entertaining or well-received, as it pulls him out of his higher consciousness, attracting negative vibrations and therefore circumstance from the lower vital plane.

No Title

Because I began making the effort I promised myself of creating more space in my mind for Mother, She quickly came in the form of Blessings.

(thanks to Karmayogi via RK)

Pioneers of the Spiritual Age

The coming of a spiritual age must be preceded by the appearance of an increasing number of individuals who are no longer satisfied with the normal intellectual, vital and physical existence of man, but perceive that a greater revolution is the real goal of humanity and attempt to effect it in themselves, to lead others to it and to make it the recognized goal of the race. In proportion as they succeed and to the degree to which they carry this evolution, the yet unrealized potentiality which they represent will become an actual possibility of the future. (Sri Aurobindo, The Human Cycle)

(thanks to BBB)

In all we feel his presence and his power.

A blaze of his sovereign glory is the sun,

A glory is the gold and glimmering moon,

A glory is his dream of purple sky.

A march of his greatness are the wheeling stars.

His laughter of beauty breaks out in green trees,

His moments of beauty triumph in a flower;

The blue sea's chant, the rivulet's wandering voice

Are murmurs falling from the Eternal's harp.

(Sri Aurobindo, from Savitri: Book X, The Book of the Double Twilight; Canto III, The Debate of Love and Death)

No Title

Performing an act of goodness is surely a wholesome thing. However, often buried in it are small or larger movements of Ego, which have their negative consequences. When we think we are giving, we should examine our motives, acting only if they are perfectly pure and unselfish. If there is any ego involved, one should refrain from that initiative, at least until one's motives are set right.

No Title

It is gradually, slowly, with perseverance, first of all with great care and much attention, one becomes conscious, learns to know to remember the Divine and then to become master of oneself to constantly be with Divine. (The Mother)

thanks to RK

No Title

Consecration doesn't normally lead to a positive through a negative, but through a positive. Normal life however almost always does.

No Title

Each of us think we are good, but according to Sri Karmayogi's view virtually every one of us is fully selfish.

Reader: Mother's Grace Yes, I agree

Which means it is our own preference or feeling or kind of wanted

But how do we overcome? Pls. Advice uncle Is it different that our like or selfish?

Response: We overcome it by first observing it in ourselves; by watching for instances of in the course of our day, especially taking form as Ego movements. If you are sincere, you should experience a dozen or two at least. Also keep an eye out for each time you forget to consider another or other's around you as you act. More selfishness will show there. Even if your thoughts are merely about yourself in the course of the day without thinking of others concerns, it is additional selfishness. Once you perceive 50 instances of it you will see why you, we are fully selfish. Now you can start reversing each of those attitudes to become its opposite - ie Self-giving.

Reader: Mother's Grace. Thanks uncle. Can I know that likes and selfish? Are they related each other?

How do we differentiate it? Or all our likes are attaching with our selfish? Pls. Advice

Let me try to work with Mother's Blessings

Response: Like that is wholesome aspiration to improve one's self or connect to the Mother or have deep connections with others or do a work perfectly, etc. are not selfish.

No Title

Sri Aurobindo says the glorious Sun is just a shadow of what must come.

No Title

His ways challenge our reason and our sense;
By blind brute movements of an ignorant Force,
By means we slight as small, obscure or base,
A greatness founded upon little things,
He has built a world in the unknowing Void.
His forms he has massed from infinitesimal dust;
His marvels are built from insignificant things.
If mind is crippled, life untaught and crude,
If brutal masks are there and evil acts,
They are incidents of his vast and varied plot,
His great and dangerous drama's needed steps;
(from Savitri by Sri Aurobindo)

No Title

One who expresses a positive attitude, is cheerful, and maintains their poise in the face of a difficult situation is an evolved personality.

No Title

Intense Aspiration is what is necessary if we want to rise in life. Not self-satisfaction of what we already have. How to build up the intensity of Aspiration is a key question. What creates Aspiration? Some deep motives create it, as in the case of Steve Jobs. How can we find those levers in ourselves? What great achievers have are intensity of values, or urge to achieve what one sees as a possibility, or the force of life that compels one to change, etc. How can we discover those levers of intense aspiration that enables great achievement in our own lives?

Human Personality, Individuality, and Accomplishment

The question of development of Human Personality and its role of human accomplishment is one of Sri Karmayogi's great themes. And that was actually first described in detail by Sri Aurobindo in certain chapters of The Life Divine.

The five levels of personality are just mimicking others (Manners), Behavior (just unconscious self-movement and expression, like Lydia in Pride and Prejudice), Character (that which makes a person seem unique, instead of like others), Personality (highly developed character and individuality like Steve Jobs or Winston Churchill, who can have a big impact society) and Spiritual Individuality (who change the world from within through their soul connection; their ultimate self. They are ultimate individuals).

All told is a movement from non-individuality to complete individuality. Also the more one moves up the scale, the more one accomplishes. Darcy who had Character changed his nature and moved to the edges of Personality (the 4th stage) releasing great accomplishment in his being (in the form of marriage with Lydia).

The scale is Manners > Behavior > Character > Personality > Spiritual Individuality (Soul of Personality). It is from non-individuality to ultimate individuality, enabling ultimate achievement.

No Title

After we make a certain progress due to the intensity of our aspiration, we tend to level off. But it really is the start of a slow decline. Where then will come new sources of inspiration and aspiration? One must look deep within and find it there where our most cherished values reside, or we can discover new values from a deeper source still, emanating from the Soul and Spirit.

No Title

Energy is the source of the universe, and Divine Conscious-Force is the source of it.

No Title

You can silently aspire for the success of another individual without mentioning it, and attract great benefit for that person ... as well as yourself

No Title

RK says Unwillingness is our incapacity and inability to cope with a situation or person. Sri Karmayogi indicates it is unwillingness to give up the present faculty. Higher consciousness however perceives that unwillingness and changes it to acceptance; or better yet, embraces it enthusiastically, indicating a higher faculty at play.

RK: Dear Roy Posner

How can we discover those levers of intense aspiration that enables great achievement in our own lives?

1. By becoming so self-aware: By tracing back each of our traits and its origins in our own lives or its inheritance from our parents, brought up, social background, etc., by then detaching from each trait as it arises in our daily experience and offering it, consecrating it to the Divine

When we aspire, we effectively free the being on the present level of personality and experiences a wonderful flow of energy, joy and freshness into the daily activity, a widening of consciousness, and a rising to the next higher level. After achieving that we get satisfaction and on fear of losing that we tend to do ""our"" best which gives way to gradual emergence of habits and traits from the next deeper level of our psychological heritage, or opinions and prejudices - which dampen the aspiration on accomplishment and reduces the intensity of the freshness and establish themselves as a new routine. Our receptivity and aspiration subside, growth slackens or ceases, we remain in the same plane.

2. By acknowledging the knowledge that: Life is energy of HIS / HER / Divine / Conscious force. We can use that energy only to the attributes of manifesting aspects so that we can find the lever or lever comes out itself- to give Delight to the world.

For example Steve Jobs – knowingly or unknowingly practised other man point of view / customer point of view – an attribute of expansiveness – to the maximum and through that everybody's wish or aspiration on how a hand phone should be came out. (according to Steve Jobs, he gave a product to the world, which they don't even know that they need it). But when the company started looking on commercial point of paid OS / monopoly OS it started declining. So to find the lever or to become instrument to serve world the concise force should be expressed in every of our act.

Group Experiment In Consciousness - Cleanliness & Orderliness

We have begun a group movement to increase the level of Cleanliness and Orderliness in our lives in order to attract sudden good fortune. I have informed a number of people of the undertaking. I started the ball rolling this morning, and instantly got a response!

If you need any guidance, please click on the link below. Otherwise, please begin this group movement of cleanliness and orderliness whenever you can. See if you can attract something very positive very quickly. That is the normal experience of people who make a serious effort to raise their level of cleanliness and orderliness. If you receive the response to your effort, please report back here and describe your experience. Thanks for joining this group experiment in consciousness! Best of luck!

Further comment: Cleanliness and Orderliness Checklist:

My desk

My files

My computer apps

My workspace

My storage space

My to do list

My calendar

My hygiene

My appearance

My wardrobe

My living space

My auto

My storage facility

Other?

No Title

When you try to move to a higher plane of accomplishment and success, your weak points will be revealed.

Reader: Thanks. Could you please explain this with an example? I am unable to understand this.

Response: In Pride and Prejudice by Jane Austin, Mrs. Bennet the mother of 5 daughters wants them married off to prosperous men so her and her family's status and wealth can improve. However her own obnoxious, churlish nature and her meddling actions deflect, block every chance of that reality happening.

Likewise Mr. Darcy is in love with Eliza, the eldest Bennet daughter, but in trying to win her, all his normal worst characteristics come out, including his pride and arrogance. Yet incredibly he changes his nature, overcoming his negative attitudes. and life rewards him with Eliza's love and their marriage.

The same phenomenon can be seen in business, politics, individual nations, etc.

No Title

We take for granted all of the benefits of society we are born into, as we see here in America. We strongly believe in our own individuality, yet obviously relate to the social fabric underlying our existence. It is ingratitude and ignorance; a limited construct and worldview. We should instead be grateful for the wonders society has provided us upon birth. Such a view will give us an added power and perspective of life that will actually strengthen our individuality. Sri Karmayogi says the greatest form individuality takes is when one serves the wider needs of society, not just one's own. Here the individual and the universal join together in the true Person.

On Perfection

-Perfection comes - when the receptivity from below is equal to the force from above which wants to manifest. – THE MOTHER.

-Perfection is not a summit, maximum or an extreme. Whatever you do, there is always the possibility of something better and exactly this possibility of something better is the very process of perfection. Perfection is Eternal. it is only the resistance of the world that makes it look like a process of progress. So perfection is maintaining an equilibrium and harmonization in every next level, till you become exactly as the Lord wants you to be. – THE MOTHER.

thanks to RK

No Title

Life Response is a mere concept for people until they have the actual experience. Then their lives are changed forever. The degree of emotionally relating to it from that point forward then depends on how vigilant they are in recognizing it, and how aggressively they pursue it and its miraculous-like effect.

No Title

Recent revelations of science -- like non-locality/entanglement, which is the basis of life response; and Dark Energy, which may be akin to the Conscious-Force of Satchitananda (chit) which is the basis of creation -- seem more mystical than the ongoing rituals and superstitions of religion who have drifted far from their source teachings. I wonder who is really mover closer to the Spirit, and who away.

No Title

"Life Response" phenomenon ultimately becomes the study of what Life truly is.

Reader: Response Is LIFE.

Response: Yes. All of Life is Life Response, and vice versa.

Token Initiative/Do What You Can

One powerful method of attracting good fortune (i.e. Life Response) is that in any difficult situation, including a hopeless one, look around, think about it and DO WHAT YOU CAN, even the smallest thing. It can open up vast opportunities you would never have dreamed of.

A man had just lost his entire business and his home on top of that. He was living at a friend's house who was away for a while. The man did not know what to do with his life. One thing he thought of however, was to look for a job in the paper for a sales position. ANY sales position!

To his surprise, several weeks later he secured a job for an Energy Conservation company nearby to sell energy saving products. Soon after he was made sales manager for that division, and thereby organized a team of sales people to do what he had done before. While on the job he helped develop a spreadsheet program that calculated energy savings for the client if they purchased his team's products. He enjoyed this and as a result he took an interest in the personal computer, a fledgling technology at the time. Several months later,

he became a computer sales person, which kicked off a 30 year career in that field that he practices till this day.

By doing what he could in that original desperate situation, by making that token gesture to seek sales employment of any sort, his entire world quickly changed! It was an overwhelming response from life due to a small token initiative for improvement.

Further comment:

When you are in a desperate situation, you need solutions, wherever it comes from. Calling to Mother is always the first option. She can then reveal tiny openings that we should take and not ignore. Or we simply perceive them without having opened to Mother. They are just there.

When something is going to fall on your head, that is Life's Initiatives. If you are in a desperate situation that too is Life's Initiative. In both cases something needs to be done whether or not you open to Mother. In these situations, life always opens a crack for possibilities through which we can act.

A man had limited medicines for a physical problem and was suffering greatly as a result. The instructions told him the dose. But then he looked it up on the Internet and found that he could take the medicines more frequently and if necessary multiple ones per swallow. He followed the former advice, and was therefore now able to navigate his time out of intense pain before seeing the doctor.

He discovered the crack of knowledge and acted on it. It was the Token Initiative that got him out of his intense quandary. He did what he could do.

No Title

Life is a Play of energies in which created forms of that force carry out their conscious or unconscious intention, intersecting with one another, revealing patterns and principles that together give it a character.

No Title

Sri Aurobindo and Mother say move away from religion and its ritual, and toward direct spiritual experience. Also away from empirical scientific view and toward a Science of Life that includes all planes, not just the material.

Life's Acts Repeat

Life's acts -- whether involving ourselves, others, or the world; whether positive, neutral, or negative -- repeat over and over again, until there is a countervailing force that alters the dynamic.

—

"Buying the very first property in his career, someone paid Rs. 5850/- for a property which had no bidders when auctioned for 1200/- because he wanted a property unencumbered. Eight years later this act exactly repeated its character when he bought a second property. He was alerted. Five years later when he bought his biggest property, no trace of earlier debts was there. His knowledge helped him to overcome the irresistible power of repetition of an act. Not only acts repeat. Names also repeat. The character of the act - rasi - repeats. Occasionally the exact spot repeats; the fixed hour repeats. Repetition is the character of physicality. The earlier one gets rid of it the better." (Karmayogi)

Reader: 1. is our life taken for granted by Life.

2. Will life too act like this.

3. When we analyse our life, many such incidents can be seen in our everyday life. Thanks for sharing.

In the article, overcoming repetition thru Spiritual force, u have been coming earlier than ur friend . U have followed the principle of punctuality, patience , non reaction . But for 25 y times life was repeating the same thing, that is it made you to wait for yr friend . So is life taken us for granted .

Bcos i m in the same kind of situation for many years

Response: K, because one is punctual does not cause another to be. Life owes us nothing. Even when I worked with this person, he was late for meetings. He could have used discipline from the boss which he might have gotten, though he was a top producer. I could not scold him as he was my friend. Yet Consecration changes ALL the dynamics. (By the way, it's also possible I came too early!)

RK: Our part is limited to our acts. Our time is limited to our life. Our space is confined to where we live.

We always have a choice - to choose the truth or aspects of the truth -it is leaving the part of the good for whole good. Till then life repeats so that we turn to that truth. We call that as knowledge.

Mostly we are unaware of the acts repeating in one form or another. Occasionally it strikes us in our life, especially the second or third time. For example, till the age of 37, my qualification was school final (HSC) and proudly said that it is waste to study. Life repeated so many things several times to make me conclude that education is a necessity-and when I took that path-I got masters in management –and the life has returned all that I have lost so far.

No Title

Life repeats until the underlying causality is changed.

Further comment: E.g. in the US every summer or two there is a race riot or similar locally in relation to police shooting black individuals as excessive force. The underlying problem is the poverty and unemployment of these people, which has not been comprehensively addressed by all aspects of society

When the news makes a big brouhaha on the latest occasion, they act as if it never happened before, when in fact it happens over and over every year, seemingly infinitum. One smiles at the current ignorance of past iterations. The same with Israeli-Palestinian issue and much more. Even the media is stuck firmly in the repetition, as they too see no way out, or worse yet, do not really care. The higher Knowledge and consciousness necessary to bring to bear to prevent the repetition is absent. On the other hand, on occasions there are big breakthroughs, often instigated by someone or some group seeing a new way out of the travail and repetition.

Reader: The media acts always in the commercial interest by wanting to publish only sensational news.

Response: Yes, that is true, but even the unsensational media is reporting this way in their ignorance of the fact that this has occurred many times in the past, repeatedly over and over, as if it had never happened before. Only a very few outlets actually discuss the underlying issues that have caused the problem to occur again and again, including providing real, tangible, fresh, solutions to resolve it. This is the way forward, rather than through conflict and strife.

Reader: In the end the taxpayers' money is wasted, and the problems are perpetuated which may be gainful to some.

Response: It is a question of harmony of the various parties involved, actually the entire society involved, collectively addressing these issues so they can be solved, enabling all of us to move forward. Each segment tends to be stuck in their own ignorance. Each cares only about its own interests. Yet there are competing interests; and all interests need to be harmonized, which is the essence of what enables progress.

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No Title

It's so easy for us to blame somebody else. It is so difficult for us to look deeper and take responsibility for it ourselves.

Reader: It is said that for any mishap we should take 50 percent of responsibility.

Response: I am in the original quote above trying to express the yogic view of life. That everything that is problematic happening around us that we blame others for, we can take responsibility for by discovering a corresponding wanting quality in our nature that attracts it to us, and overcome that aspect in ourselves. Now life will self-correct through life response phenomenon.

Actually there is a first step, which is absolute non-blaming of others. From a poise of stillness, when the tendency to blame others arises we can catch it and cancel it in our being. It is the first spiritual poise of silent being. A further step is to see into the depths of the issue and take responsibility by discovering and overcoming the corresponding quality within.

RK: Karmayogi says:

Every time we blame others or circumstances – we are discarding a chance to evolve, a chance to progress because every time we blame others, we turn away from true knowledge and from the true solutions. Even a minute of thinking - that I may be a reason too - is starting point of self-awareness and humility that can open a new door.

When you are of a higher consciousness, life is constantly feeding you indicators of what the truth is, what to do or not to do, etc. The end result is indicated at that beginning point. All you have to do is pay attention, discover it, and then follow that path. What you then perceive to be true or act upon related to this matter will be precisely what actually comes about.

No Title

When you refrain from asking for your benefit, instead focusing on the needs of the other party, they will soon start asking on your account, about that which fulfills your needs.

No Title

Each moment or event in your life offers subtle clues on the right actions to take to derive the maximum result, including instantaneous miraculous outcomes.

Consecration to Mother

A central tenet of Sri Aurobindo is the surrender of the devotee or sadhak to the Mother. She stands as the instrument through which the divine shakti, the supramental power flows. Devotees are asked to open up to Her Power, or simply just to Mother when engaging in all facets of life. That will insure that the supramental force can enter their person and transmute all aspects of their existence, including their own nature as well as the unfoldings of life around them. By doing so, instantaneous miraculousness can occur.

Since Mother has left her body, the action of Her Force seems to be growing, with an ever-increasing power and effectivity to transmute the targeted aspect of life; whether parts of our own nature – mental, vital, and physical -- or the life around us we engage in.

No Title

The more you unnecessarily speak or think, the more you block the Grace from coming in and creating good fortune in your life.

Reader: By all means, the unnecessary thinking has been coming just like that while we walk or see if any things whichever happened in our life. How do we avoid or overcome this. Hope it is very important to know. We used to call Mother whenever we start work or any problems arise usually. Looking for your advice uncle.

Response: Perhaps 50% of the speaking and thinking we do is necessary. But if you watch yourself in the course of the day, you will see that the other 50% is unnecessary. It can be replaced with fewer words and softer speech, as well as less thinking. This is a discipline one can learn to follow. It allows good fortune (i.e. Grace) to more readily flow through you. You

can try it out as an experiment for proof. Calling Mother regularly also tends to calm the urge to speak and think.

Reader: Thanks uncle for your immediate answer with clear information. Yes I agree with you. Let Keep call our Divine Mother. Let Thy will be done Not my will.

Fulfilling the Divine Work and Intent

There is the Divine work and Intent. The human being is an instrument for fulfilling it. Man however fulfills it unconsciously through the workings of Nature, which is the slow and painful method of evolution through contradiction and conflict we experience in life, through our lower, Ego movements. The Divine itself carries out the remainder behind the scenes.

The CONSCIOUS collaboration with the Divine Intent occurs when we are in touch with our deeper self; the soul and psychic being within. Here we experience peace, harmony, goodness, love, and delight, which enable a dynamic, infinitely positive relation with the world and others, speeding up and perfecting the evolution, enabling the Divine Work and Intent to be realized in the world.

No Title

Psychological strength and fortitude in the face of life's vicissitudes is key to success and happiness.

Reader: Pls. Uncle, could you explain?

Response: People who are strong when difficulties arise pass through them and can attain success. People who are psychologically weak when there is pressure, when there are difficult conditions, will wilt under the strain and not successful.

No Title

Success depends on a deep Aspiration to achieve a goal, an intense will and desire for it to come about, the persevering effort to make it real, the psychological strength to overcome problems that arise along the way, the right attitudes and values, and the necessary skills and knowledge.

Reader: I thought desire is not part of Yoga?

Response: Aspiration is the wholesome yearning to improve one's condition; to lift one's self up, which is almost spiritual. On the other hand, "desire" as commonly used means wanting, needing, hungering for something, which is a movement of the lower, vital nature.

No Title

The Divine aspired to create a universe, and did. We can aspire to create a better life for ourselves and others, to uplift our world.

There is also an even higher form, which is Aspiration for the Divine. It is a deep seated yearning for the Spirit to increasingly enter one's life. It is pure Aspiration of the soul for ever-increasing peace, harmony, light, presence, goodness, love, and delight in our lives. That aspiration begins as a burning flame in the core of our being that rises to manifest itself as real in the world.

Aspiration vs. Desire

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aspiration begins as a burning flame in the core of our being that rises to manifest itself as real in the world.

Perfect Outcomes without Dark Shadows in Supramental Life

In normal life, such as in science, a dark bi-product often emerges for each positive advance. E.g. power stations which supply energy also produce pollution. Nuclear fission created energy, but also bombs threatening to destroy the world. It is because not all aspects are considered when developing the item; here only the material. The same in business, such as we recently saw with the financial crisis, where the increasing fluidity of money to spread (a good thing) led to its abuse by financiers engaged in unregulated speculation that early destroyed the world economy.

In the supramental existence, where one opens to Her Force, no negative shadow is ever created when something new is developed; only the self-Existent Good. Here in Sri Aurobindo's epic poem Savitri, She is experiencing that very thing. As Divine Goddess and Savior of the world, Her spontaneous beingness and actions always lead to perfect outcomes that are devoid of the dark shadow, and as a result each action is an opportunity for Joy to spread throughout the world.

Reader: "She saw all nature marvellous without fault "

No Title

On the very day in May of 1985 that CEO Steve Jobs was being fired from Apple by the board, I was at Apple headquarters interviewing for a job there. As my interviewer began to speak, one could hear voices calling out about there something very important going on with Steve. In the tumult, my interview was suddenly halted and then cancelled. As it turned out I never worked at Apple, and on that day Steve Jobs was relieved of his duties. He would return in 12 years and create the most valuable company in business history.

No Title

When Steve Jobs was fired from Apple in 1985, he created a new company NeXT, where he developed a computer that many believed was even better than the Mac. But it didn't sell. In one sense, his was a vendetta against Apple for being cast out. Yet when he was convinced to take up a NEW direction in his life by investing in Pixar animation, Jobs had great success. Thereafter Apple invited him back to lead a failing company, using his NeXT software technology, and went on to create iPod, iPhone, and iPad, making it the most valuable company in business history. Accepting a new possibility in a different direction from the old, and thereby shedding some psychological baggage, was pivotal in the turnaround of his life, and the history of technology.

No Title

... the Consciousness where the two contraries, the two opposites are united, the nature of both changes. They don't remain as they are. It's not that they unite and remain the same: the nature of both changes. (Mother, from Agenda).

Further comment: Sri Aurobindo tells us that life progresses through contradictions, conflicts, dualities between parties, events, ideas, beliefs, etc. This is the slow and difficult way of Nature (Prakriti). However, to resolve such divisions in a more conscious way, individuals develop higher consciousness relative to the situation, enabling a new knowledge or possibility to present itself, allowing for a meeting of the minds. Note that this is no mere compromise, but a higher harmony reflecting a New Possibility that was not there before. In this process, these newly discovered and revealed possibilities present themselves because both parties have grown in consciousness.

No Title

The small thing you avoid with intensity when overcome will quickly open the door to great success in your life.

No Title

When a wholesome, cherished value of yours is threatened by another person's lower needs and desires, but you hold tight to what you believe, unexpected, overwhelming good fortune can suddenly appear at your doorstep.

Example: A young man was involved in a relationship. The partner wanted a physical relationship; he desired more than that from romance in his life. After persisting in the expression of her needs, the young man told her that what she wanted from the relationship, he did not. A short while later there was a visitor at the door, and the young man figured it was the girl again. Instead it was his previous high school girlfriend returning after a long time from college with whom he shared a deep romantic relationship. His insistence on his more positive, wholesome romantic value attracted that which he really wanted.

This same dynamic can be seen in all facets of life, including business, sports, family relations, romance, etc. Even in the movements of nations and society. Deep-seated and felt values will trump all; attracting life's boons in the face of others' lower intent.

No Title

When the Grace descends, the mind should be still and devoid of all thoughts; otherwise it deflects the Power from Above from manifesting beneficial results.

No Title

Often the go-ahead and blossoming of a significant project or undertaking waits on a single small reluctance on our part overcome. Life then rushes in with great benefit.

No Title

When another person offers an opinion, the mind rushes to give an alternate one. Embracing and expanding on what they have said occurs only in a small number of cases. It is due to the exclusive rather than the inclusive nature of mind that seeks to express itself.

Reader: If there is a willingness to learn from what others could say then one might listen.

Response: Very true.

No Title

What a parent intensely fears might happen to their child moves toward tending to occur. Withdrawing that fear substantially reduces that risk.

Reader: I know this happens but how?

Response: It happens because when we are fearful we send out negative vibrations which align with corresponding negative conditions. This is the life response phenomenon (or power of attraction) phenomenon in action, but from the negative side. There is a famous statement that "Fear attracts the object of fear."

A person can recognize and change a serious wanting attitude, habit, or belief, or instead go through a serious illness or such that knocks that "physicality" out of their being.

Reader: Can u give one example of this

Response: Often we see people falling very ill. If we look closely we will see that it is due to a psychological cause; e.g. a serious negative attitude in their lives. Often life forces them to overcome the psychological cause through illness, which forces them to change, or they can be conscious of the psychological deficiency and change it on their own, avoiding the illness. This is discussed in greater detail with examples here: in the section "Illness and Our Psychological Condition" (you may have to scroll a bit down to see it)

No Title

Consecration is shifting your faith from your capacities to Mother's.

No Title

To have the right attunement with the outer world, one must move to an increasingly deeper poise within, culminating in soul. Then one has the silent "Witness Consciousness" that can perceive the true nature of the occurrences of the outer world.

On the other hand, fixation with the outer only through the senses (including the visual and auditory) gives that person a surface view of things, riddled with limited information that leads to false conclusions, wrong decisions and failed actions.

From the soul one is calm and peaceful, feels harmony with others and the world, tends to perceive the full truth and knowledge of what is happening, operates from a sense of goodness and self-givingness, feels love in their heart, and, all told, experiences intense delight in being alive.

On the other hand, the surface view can only feel these in small bursts, which is quickly followed by their opposite, leading to continuous oscillation between the positive and negative ad infinite in one's life.

No Title

There is an enormous difference between being lost in the moment and being trapped by it. In the former, one lives in a kind of timelessness where one is not burdened by time. In the latter, one is burdened by concerns of the future or the influence of the past affecting the present. The first is a spiritual experience; the latter is normal life.

No Title

The Supramental Being that we are destined to evolve into as envisioned by Sri Aurobindo and the Mother is as different from the human being as the human is from the primate.

No Title

It's best not to jump to a definite conclusion when one has only limited knowledge of the facts, as it can set you on a very bumpy road.

Reader: Also many people could not express themselves clearly, and this partial understanding could lead to wrong conclusions.

Response: Yes exactly.

No Title

In normal life the key is successfully navigating your way through the difficulties that present themselves. In spiritual life the key is successfully navigating your way through the positive openings that continually present themselves ad infinitum.

Reader: Hi Roy Sir, does that mean the difficulties are the positive openings in spiritual life? Or will the difficulties be less in spiritual life?

Response: In spiritual life it is continuous stream of positives. But one must be conscious of those openings occurring and embrace them, which a spirit-oriented person will tend to do.

No Title

Negatives will come to a spiritual-oriented person, but they will be understood as positives in disguise. In Spirit one perceives that ALL serves a purpose, including the negative. The totality or Reality includes all things, and their interaction; thus everything must be embraced and included in the unfolding,

It's also worth mentioning that in Spiritual life one tends to create outcomes that have no negative side; only positive I.e. the result is Self-Existent. In normal life, negatives often follow as shadows of the positive.

Naturally it depends on what level one has attained in spiritual life. The greater the intensity of joining the spiritual life (as e.g. being a fully practicing sadhak in Sri Aurobindo's Integral Yoga), the more these aspects are realized as true.

No Title

Enthusiasm comes from an intense will to achieve a goal, which releases emotional energy that makes one enthusiastic. The intense will comes from deep aspiration to have something accomplished, including the personal values behind it.

Tolerance and Education Level

It was recently reported that the higher the educational attainment of the individual, the lower the chances of reporting intolerance towards people of other groups - including ethnic, language, religious, national, sexual, class, caste, etc. Tolerance for diversity and education go hand in hand, and is critical for the evolution of society.

-thanks to Janani at World University Consortium

No Title

Whereas mind, influenced by the lower vital nature, is generally closed to new possibilities, Curiosity and the knowledge that follows opens the door to infinite-like results.

Further comment: E.g. during a heat wave once notices that the fan is not operating as required. One can ignore the problem and lose the opportunity to resolve it, or take to curiosity and discover how the fan actually works via an online article, providing not only the solution to that problem but to many others; even an opening to the Unexpected.

Embracing the Unfolding Of the New

Our willingness to accept what is necessary to do in the unfolding of the new moment -- whether requiring new discovery, learning, or belief -- is the key to furthering our progress and the evolution.

E.g. an issue or problem presents itself. We may not want to be disturbed from our present situation and deal with it, as the tendency is just to go on doing what we are doing or liking. As a result, the opportunity for progress is lost.

However, if we embrace the conditions of the new -- whether issue or problem, -- rather than ignore it or reject it, we will tend to make the effort to discover the necessary knowledge, ideas, beliefs that will resolve it, enabling positive response and progress all around.

No Title

Over-assertion of one's point of view is the wrong point of view.

Token Initiative/Do What You Can

All problems in life are solvable. What is required above all is a higher level of Harmony among the parties to resolve it.

Further comment: Sri Aurobindo says all problems in life are problems of harmony.

True Cause of "Black Swans"

A few years ago Nassim Nicholas Taleb wrote a book entitled Black Swans exploring the significance of extremely rare, high impact, unpredictable events in the life of humanity and in our personal lives – events such as the end of the Cold War, advent of the World Wide Web, and many other historical facts. The falling of The Book at Moe's Bookstore was a Black Swan in my life as it was in the life of Dan and the other characters in my novel.

Taleb did a remarkable job of documenting the importance of events that appear so unlikely we assume they could never occur and he criticizes social science for focusing on normative

data and ignoring the role of the unexpected. He concludes that life is so inherently uncertain that the only thing we can be sure of is the unpredictable. His perception is wonderful, but my impression is that he has missed the most important point. Rare events are of momentous importance not because they occur, but because we have the power to make them occur. Life Responds miraculously, as Roy has explained so thoroughly in his own book.

The Cold War did not end. It was ended by the courageous actions of one man – Mikhail Gorbachev – which embodied the aspirations of millions for an end to nuclear confrontation and hostility. WWW did not just happen. It happened as the result of growing aspiration of millions of individuals to reach out and connect with one another, to empower themselves so they have a voice in the world. The truth of Black Swans is that they reveal the unity between the subjective inner world of human beings and the objective outer world from which modern science and mental education has divided and divorced us. Black Swans do not prove that Chance is the presiding deity in this universe. Rather they evidence that Conscious Force is the real creator of everything that happens. (Garry Jacobs, The Mother's Service Society)

Sri Aurobindo's Grand Unification

Sri Aurobindo's Life Divine achieves the grand unification that modern science can only dimly conceptualize and aspire for. Great science has always involved the unification of phenomena that were previously perceived as separate and disparate from one another. Maxwell discovered that electricity and magnetism were two forms of the same reality -- electromagnetism. Newton discovered that objects at rest and objects in motion were expressions of the same laws. Einstein revealed that Matter and Energy are two expressions of one Reality and even conceived of Space and Time (could any two things appear more dissimilar to one another?) as a single reality Space-Time.

So in Life Divine, Sri Aurobindo has reunited God and the world, revealing that God has become the world. He reunited God and Man, by revealing that the individual is the incarnate representative of the Divine on earth, the evolving Spirit which is destined to become the Ishwara. He reunited Consciousness and Force, Spirit and Nature by showing that the Force is Conscious (it is ALWAYS conscious even when we perceive it to be inanimate) and that Life is the expression of that Conscious Force responding to our consciousness at every moment. (Garry Jacobs, The Mother's Service Society)

No Title

Perfection of work is to be utterly absorbed in the details, while observing the highest standards and scales of quality, reaching the highest point of each. When reached, life responds out of all proportion.

No Title

Each party shedding Ego relative to the situation is an important first step in resolving life's conflicts and conundrums.

Aspiration That Attracts Grace, But Then Levels Off

Every devotee has a market or potential of Microsoft or Apple. Many may aspire for that. But may fail to grow after an initial growth.

Grace always meets the aspiration through the field of expression. Leveling off, arises when the original emotion is lost and irrational extension of the same is resorted to even in higher levels.

Some of the things we do in higher level or during growth are: Arrears in human effort, hesitation to do all in Mother's ways, belief in falsehood and its ways, extraneous motives, vanity and show off, making money to serve the darkness of the physical and vital, no efforts for value implementation more than earlier etc. (RK)

Further comment: We can say that when there is an upward movement of consciousness, there needs to be a descent as well, otherwise, the lower will reassert itself. R's list of "fall backs" are precisely where the descent has not occurred and the lower fills that space. By

being aware of these when ascending, we can be vigilant when there is that tendency to slide. Now the ascent is supported by the a "descending strategies." If implemented then each of the fall backs become opposite of their negative character and support the ascent. The Ascent and Descent of consciousness are complete. Leveling off and backsliding from the original Grace meeting the Aspiration of consciousness is overcome. (This is one approach.)

Great Transitions in Our Lives

We understand the great transitions in our lives in hindsight, but not so much when they are occurring. Yet we can recognize them if we develop a higher consciousness, as well as a faith in life and spirit. Then we see that all negatives, including great life changes are positives in disguise. We just need to think about it, contemplate the transition, rather than react to it, which often comes as a shock or sting.

If we look back on our lives, we will recognize the wonder of these transitions which seemed so problematic at the time. As far-fetched as it sounds, as a truly evolved being, we can actually learn to feel a certain joy in these powerful transitions instead of being pained by them. It is a subtle recognition that we are moving up in our lives in terms of our personal growth and development. It is actually a spiritual transition sanctioned by our Soul.

No Title

What ultimately makes a nation's economy grow is the intensity of aspiration, will and values of its people.

No Title

Controlling egoistic-oriented chit-chat is one sure sign of progress on the spiritual path.

No Title

Life is going to continually come at you. So be prepared, relax, have faith, and enjoy the ride.

No Title

One man's perfection can save the world. (Sri Aurobindo)

Further comment: "One man's perfection can save the world is what Sri Aurobindo laid down. Whatever the problem, if one man in any such field can aspire for that Force to come into his own Perfect Work, that problem will be solved for the world, be it poverty or unemployment or radioactive fallout. This is the spiritual possibility the Force has made available to all men since 1956. When people succeed in such ventures, Mother says it is not announced by the beat of drums." (Sri Karmayogi)

Reader: In Tamil language there is a saying that even if there is one good man in this world for his sake alone rain showers to the benefit of entire mankind.(Thollulagil nallar oruvar ularel avar poruttu ellorkum peyyum mazhai.)

Response: Excellent.

No Title

If your emotions well up negatively, quickly control them, as they indicate perceptions likely in the wrong.

Reader: thanks Roy. Controlling negative emotions - is this the same or different from suppression of negative emotions? Please explain.

Response: Very similar. There is perhaps a slight difference which I cannot easily explain.

Reader: thanks Roy. I asked because in psychology, suppression of emotions could lead to various disorders. I'm trying to get a deeper understanding of this topic.

Response: I am not advocating suppression of emotions per say, but of controlling negative attitudes that are harmful to one's self and others. Control is in large part a mental capacity that perceives the negative reaction and tries to rationally put an end to it. Suppression is a

stronger term indicates a suffocating of the emotion with less of a mental and more of a forceful control.

Some schools of psychology advocate expressing a negative pent up negative feeling one has toward another so it does not get further internalized and exacerbated. My own view is to make the effort to understand such negative feelings, such as anger or jealousy, to get at the root of it, and therefore change it. In the interim it is worth controlling our expressions rather than just blurting them out, which can easily intensify and worsen a problem and any relationship involved. I believe this is a more conscious and spiritual approach.

No Title

Every negative can attract a corresponding positive when taken in the right spirit.

No Title

Regular consecration, opening to Mother will consistently save you from any number of major and minor disasters.

No Title

People want certainty in their lives; but there is none. Only Mother, the Divine can bring certainty.

It is said that "God it in the details." One way to explain this dictum is that when we perfect a work against several standards of performance, the supramental divine with its integral perfection consciousness and force tends to rush in, attracting powerful life response results. Thus, God enters our lives through our efforts and realizations of perfection, turning finite conditions into infinite-like results.

No Title

The only thing for certain is uncertainty. Embracing it will broaden and enrich our lives.

No Title

There is an inherent Oneness permeating all things in the universe and its spiritual source beyond. Though everything is inextricably related and integrated from that perspective, the consciousness of Oneness is hidden from us -- in our relation to life, the cosmos, others, work, circumstance, etc.. It is due to our limited minds and the dominance of our lower vital nature which amplifies the separative ego that blocks our experiences of Unity and Oneness.

And yet the experience of Oneness is available to us if we seek it out. In particular, when we move to a deeper consciousness within and feel the presence of our True Self, the psychic entity, the wall that separates us from the world breaks down, and the Oneness can be experienced. Now we tend to move into harmony with all that comes our way. Life conditions unfold magnificently. Deep Joy becomes our ongoing experience.

For an ungenerous man, every act of generosity brings a wonderful surprise.

Reader: thanks Roy. Could you please explain this?

Response: Say you are a person who does not normally consider others when making a purchase; or is tightfisted about spending on another, as you tend to be preoccupied with your own needs. Now after a friend has expressed her desire for something simple she would like to have, you realize that this is an opportune moment to change your ways.

So you seek to purchase what she desires. You even come to realize that it might be an expensive purchase. And yet when you find the item, you discover it is actually on sale and costs far less than expected! In fact, there is even one available for yourself at very little additional charge! Life has in essence responded to your shift from self-absorption and tight-fistedness to self-givingness and generosity evoking an unexpected, wondrous response for both.

In fact, every time this individual thinks and acts this way, he will receive startling results from the field of life, as he has moved from the local domain of self-absorption and ego to the universal one of self-givingness.

By the way, this phenomenon is not just for conditions where people are tight-fisted, but for any situation where one overcomes a negative attitude and feel and/or acts in the opposite way - such as jealousy, pride, unwillingness, anger, insularity, sloth, tardiness, lack of cleanliness and orderliness, etc. etc. Through this "reversal of consciousness," life will instantly respond and bring good fortune to all the parties involved.

Reader: Apart from material aspect, Generosity in non-material like time, space to others tend to respond in 'elastic'

Elastic nature of an orientation quite pretty Reactive/responsive. Thank you Sir.

Reader: how do u come up with such beautiful thoughts?

Response: By studying the works of Sri Karmayogi and seeing how his principles are applied in the experiences of others and myself.

No Title

Emerging technology is higher consciousness at the material plane.

Reader: Mother disapproved High-tech like Nuclear Fission as it breaks the matter to give energy while approved Nuclear Fusion as it unites the matter to give energy and thus gave an occult or consciousness basis to it. A new emerging technology is neuromorphic engineering in which novel devices are designed to function like brain does and thus be faster, smaller and dramatically power saving. But the most striking featuring is their self learning like brain does. Sir, how do you see these sort of 'conscious' devices?

Response: In one sense technology is neutral. It is the consciousness we bring to bear that determines the benefit. Eg Einstein's formulae led to nuclear power, which can be used positively only if radiation effect on humans can be eliminated. Higher consciousness occurs when people consciously weigh all the effects at all planes of being. This has not occurred for most scientific and technology developments, meaning that it is not Self-Existent, ie it has a dark shadow to its positive qualities. (Nuclear bombs are negative to begin with.)

Any scientific invention and the technologies that issue from it tend to have dark shadows, which are due to Man's unconsciousness as explained above. Manufacturing that enables prosperity brings pollution. Internet brings security breaches, nuclear power can bring world destruction, medicines bring side effects, etc. When Man brings his highest consciousness to these efforts no dark shadows will be created. The result is fully positive; ie Self-Existent. When the vital, mental, and spiritual planes - not just the physical - are considered when the scientific discovery and technology products are developed, the results will tend to be self-existent.

Opening to Mother's Force during the invention and development phases enables the Self-existent Good to emerge without dark shadows. We intuitive the right things even as she rearranges the conditions to enable Self-existent outcomes.

These principles and methods will continue to be the same for any emerging technology - like genetic engineering, neuroscience, neuromorphic engineering, and dozens of others.

The Internet has this Self existent quality to a degree because it issued from mental values of communication and collaboration. The higher the values, the more likely the Good will be created.

Likewise every discipline needs to interact with every other one to create the most dynamic and Good product. Eg science and technology researchers developing a product should be knowledgeable of corresponding pertinent issues related to biology, sociology, psychology, sustainability, etc. etc. Cross-discipline analysis leads to greater perfection and the development of the Self-Existent Good.

Reader: Thank you, Sir!

Avoiding Dark Shadows in Science & Technology

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No Title

From the holistic view of Supermind everything that has happened in your life is exactly as it should have been. It is a vision of Brahman, the Reality, the embracing of the All, all things. From the dualistic view of Mind, your life is viewed as a series of circumstance ranging from positive to negative, and all points in-between. From that perspective each and everything is subject to scrutiny and judgment. The perspective of the whole is lost.

Reader: I wish to know sir, what is dualistic view of mind. Could you explain? Is it the positive and negative thoughts that arise in our mind at the same time?

Response: The dualistic view of Mind is to perceive contrast, to differentiate: this compared to that; this is bigger than that, greater than that, better than that, etc. Mind does not readily perceive the Reality before it in its Seamlessness and Oneness, but instead differentiates qualities, always judging them, expressing preferences, favorites; constantly advocating things it likes, and rejecting things it does not.

This exclusive tendency of Mind to differentiate judge, prefer, etc. creates a kind of separation of one's self from life. As a result, we continually come into conflict with others and the world; even are divided in our own selves. Furthermore, Mind influenced by the lower vital nature, including our needs, desires, and egoistic preferences hardens this view, further separating ourselves from the inherent Oneness of existence.

There is an analogy: Mind can view the different shadings and colors of the rainbow, which is a good thing, but then harps on one or several of the colors, favoring it, losing touch with the entire spectrum of existence.

On the other hand, the spiritual mind of silence, light, and intuition tends to embrace Other, all things; not judging, opinionating and taking a stand. It is inclusive, Holistic in outlook; not divided. It accepts others' viewpoints, the various truths of any matter, not just one's own perspective.

Also when we move to our deeper Self within, this harmonic relation with the world increases, as we look out on the world as Silent Witness and pure Being; whereas living on the surface

of life reinforces the ego view, the separative consciousness that is divided from the totality of existence, the Reality, the All.

Reader: The truth will set you free Dualistic view shouts out from all today at our children from their very first step, captured by canned experience. Yet the appearance of the truth is more obvious once seen because of this sharp 21st Century contrast of physical man versus spiritual source. IMO

Reader: One should always try to understand a subject clearly. Thank you sir. (Ethayium sariya purinjikkanum)

No Title

Conscious restraint from impulsively initiating, engaging in life actions builds up Inner Power.

No Title

Where the ordinary mind experiences gaps in causality, the subtle mind perceives deep connections.

From Dualistic To Harmonic View of Reality

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Cause & Cure of Illness

Illness is caused by an individual's short or long-term negative attitudes, habits, beliefs, expressions, etc. that attract corresponding negative forces from the field of life that subconsciously penetrate an opening or weak point in the subtle physical protective sheath of the body, thereby negatively affecting particular organs, tissues, fluids etc. that is enhanced by fear and is devoid of spiritual protection.

The cure for illness is remain calm, be patient, stay positive and cheerful, and continually call to the Mother Force, while reversing the negative psychological cause (attitude, belief, habit, etc.) that attracted the illness in the first place. The balance of energies that were disturbed will then be restored, and health will blossom.

Reader: But what if a baby has some illness they don't have any negative attitude or habit

Response: It can come from the parents consciousness, other members of the family, the surrounding general atmosphere, etc. etc. in which there are negative feelings, vibrations,

etc. circulating. (By the way, even babies genetically inherit negative propensities from their parents, grandparents, etc.) There can also be karmic influences from past lives, etc.

No Title

Opinions are many; Truth a lonely orphan.

No Title

Yoga (conscious evolution) is the shift from struggle life to surrendered life.

No Title

In yoga you patiently live as if you had all eternity to accomplish, while doing those things inwardly that integrally and rapidly attract the future into the present.

Further comment: This is a personal challenge Karmayogi has given me.

Mother's Startling Experiences of Time Shift

As explained in Agenda, Mother would sometimes stop and stare for a moment or two, and then tell Satprem that She had actually gone through hours of experience in that time period. Conversely, She would stare for 20 minutes and then indicate that only a few seconds had actually gone by for Her. Mother in these and many other situations was living beyond the normal bounds of time, indicating that we have the capacity to do the same.

Reader: Time and space is the perpetual zones to explore. Now is actually related by the Mind Equation towards infinite. Thank you

Response: wow!

No Title

Often before we can catch the Big Fish, we need to embrace the practical smaller ones demanded by life. That gives us the solid foundation, strength, and security for our larger endeavors.

No Title

We must have a great deal of patience and a very wide and very complex vision to understand how things work. (The Mother)

Further comment: Sri Karmayogi revealing all of life's laws from every conceivable angle has helped immensely in fulfilling Mother's requirement.

No Title

The manifestation of the Supramental upon earth is no more a promise but a living fact, a reality. It is at work here, and one day will come when the most blind, the most unconscious, even the most unwilling shall be obliged to recognize it. (The Mother)

Further comment: This is Mother's well-known and very powerful remark that vibrates through our time. It is the single great key to the evolution.

No Title

Do not legitimize the normal material laws of the body's existence. The Supramental can alter them in a moment. (paraphrase of the Mother)

Reader: Kindly explain in detail PLEASE... I am trying to understand this in particular. Thank you.

Response: In life we normally believe in the obvious cause and effect. If this happens, then that must happen. If that occurred, then it was caused by this. But in Supramental life we see subtle cause and effects that bring us to a far greater awareness of than the normal

dynamic. We see subtle causes that brought about a result, such as a person's positive or negative attitude, or the effect of the atmosphere of the surrounding people and community, or the effect of the spiritual Force.

In other words, we perceive the laws of life response and their power to attract events. The causality has shifted from the seemingly rational to the subtle.

When we open to the Mother's Force, the conditions can be quickly rearranged. You expect such and such to occur at a meeting, but then you consecrate it, and when you arrive the conditions are completely different. Where is the normal cause and effect dynamic? It is out the window! One has shifted from the Logic of the Finite to the Logic of the Infinite through Mother, and through other positive reversals of consciousness we have made.

Reader: Thank you very much Sir.. Of course to be able to Live The Supramental Life, one needs to Reverse the (Finite) Belief System installed by the Society... and that's like changing our Nature....I am unable to do that. Therefore I take refuge in The Mother and CONSECRATE the negative thoughts that try to convince me about the cause and effect theory you were talking about. Of course perceiving the Laws of Life Response and following the Principles with COMPLETE FAITH will change even the most negative conditions, to be FAVOURABLETHEREFORE, what helps us transcend from this ordinary Life to the Supramental Life is THIS INTEGRAL FAITH. Hence it all starts with FAITH. Am I Right??

Response: Yes. The more faith we have, the more we consecrate, and the more we consecrate, the more faith we develop. Either way, through that orientation we increasingly perceive the subtle signs around us, the subtle causality behind things, and are thus able to apply the right subtle method that evoke the instantaneous positive response. This IS supramental life.

On How We Waste Our Energy

Human beings don't know how to keep energy. When something happens - an accident or an illness, for example - and they ask for help, a double or a triple dose of energy is sent. If they happen to be receptive, they receive it. This energy is given for two reasons: to restore order out of the disorder caused by the accident or illness, and to impart a transformative force to repair or change the source of the illness or accident.

But instead of using the energy in this way, they immediately throw it out. They start stirring about, reacting, working, speaking ... They feel full of energy and they throw it all out! They can't keep anything. So naturally, since the energy was not sent to be wasted like that but for an inner use, they feel absolutely flat, run down. And it is universal. They don't know, they do not know how to make this movement - to turn within, to use the energy (not to keep it, it doesn't keep), to use it to repair the damage done to the body and to go deeply within to find the reason for this accident or illness, and there to change it by an aspiration, an inner transformation. Instead of that, right away they start speaking, stirring about, reacting, doing this or that!

In fact, the immense majority of human beings feel they are living only when they waste their energy. Otherwise, it does not seem to them to be life.

Not to waste energy means to utilize it towards the ends for which it was given. If energy is given for the transformation, for the sublimation of the being, it must be used for that; if energy is given to restore something that has been disrupted in the body, it must be used for that.

Naturally, if a special work is given to someone along with the energy to do this work, it's very good as long as it is being used towards the end for which it was given.

But as soon as a man feels energetic, he immediately rushes into action. Or else, those who don't have the sense of doing something useful start gossiping. And still worse, those who have no control over themselves become intolerant and start arguing! If someone contradicts their will, they feel full of energy and they mistake that for a 'godlike wrath!' (the Mother, from Agenda July 21, 1958)

Reader: Talking in loud tone is also a sheer waste of energy, besides being annoying to others

Response: Yes, very true. We tell companies and people to reduce the loudness of their voice, as well as keeping words expressed to a minimum, which builds up positive energy that

attracts positive conditions such as company near failure turning around to success, success, sudden influx of money from out of nowhere. etc.

No Title

The purpose of difficulties is to make our realizations more perfect. (the Mother)

No Title

Sri Aurobindo says that as you progress you become more universalized, and thus you take on the burdens of others and the world. (the Mother)

No Title

For me sadhana consists in loving the Divine more and more integrally, more and more absolutely, with a love so total that it leads to identification. (The Mother)

Thanks to RV

Response: "Identification" means being one with, no separation with something; here with the Divine. It is Mother coming into complete Identity with the Supreme.

Why Are We Here?

Here are several spirit-oriented explanations of why we are here:

-We are here because our psychic being, our evolving Soul has entered this body so it can continue on its multi-birth journey to Integral Knowledge and Consciousness through our personal experiences.

-We are here to realize our highest consciousness, and aid in the transformation of ourselves, as well as the world in the evolutionary process.

-The Divine created this universe out of itself, extended Itself, so that infinite forms like us can also become Creators of infinite possibility as well. We are here so each of us can create infinitely just like the Source, but each in our own unique way.

-We are here to express the spiritual attributes of Silence, Oneness, Truth, Knowledge, Goodness, Creativity, Love, Delight, Timelessness and Infinity in our life, which are the attributes of the Source consciousness Itself.

-There is a Transcendent Purpose and Intent that is fulfilled through unfoldings in the Universal plane, itself through the actions and experiences of Individuals who have discovered their true spiritual Individuality and Self

-We are here to reunite the Consciousness and Force which were separated in the Involutionary process on the way to creation.

-Others?

No Title

The true Spiritual applied to life brings out the very best of the physical, vital, and mental.

No Title

The inner-oriented individual takes responsibility for the conditions he finds himself in, while the outer-oriented person blames any number of perceived deficiencies of the world.

Reader: Dear uncle, could you explain with some example ? Pls. Uncle Mainly How do we differentiate or identify inner and outer oriented person?

Response: [Situation]

Response from Inner vs Outer individual

[I am currently poor.]

It is my fault and responsibility vs It's the world's fault.

[My project went wrong.]

I made foolish decisions. vs They botched it up.

[Spouse is agitated.]

I will be calm and not react vs Why do you act so crazy?

Reader: Mother's Grace Thanks Uncle Is it meaning as

'Let Thy will be done not my will'

Then We do our best and let us surrender to Mother be continue with calm to progress

Am I saying correctly?

Response: The more you consecrate life activities, situations, take other person's point of view, move to mental silence, etc. the more the center of consciousness moves deeper within, and the more you tend to embrace life conditions as yours - not others - to improve or resolve.

No Title

Airports are gateways into other physical realities. Mother and Her Force is a gateway into other spiritual realities; actually all realities guided by Spirit.

No Title

Stale, outworn habits tether us to the past, blocking our brighter future.

No Title

The more you remain positive and cheerful, taking full responsibility in consciousness when another party has provided deficient resources under a contract agreement or such, unexpected new resources tend to suddenly present themselves.

Accelerating Inequality in America

75% of the wealth of US is shared by 30 million inhabitants. Remaining 300 million people share the other 25%. (And this trend is accelerating.) This is opposite of what the ratios were previously. This makes the country ripe for mass protest and insurrection.

Reader: This revolution is going to happen in India too but for different reasons because total absence of law enforcement. Big crime makers totally escape from punishment in this country.

Response: Perhaps.

No Title

In India the revolution will come if the 600 million only making 30 rupees a day get fed up and organize in the street demanding improvement.

Reader: Already land is very scarce and building own house is a Himalayan task.

Response: Yes. India has four times the population and half the land of USA.

India is also in the process of urbanizing into big cities, which is a positive sign of being more aware, educated, and sophisticated.

Reader: With a positive spiritual background perhaps India stands on a different plane

No Title

In the 1970s the Mother said communism and capitalism would come to an end. Communism ended and everyone was shocked. Not Mother. It is now capitalism's turn. That system almost ended in 2007 with the extreme financial crisis. Uncontrolled financial speculation and overwhelming wealth concentrated in the hands of a very few sets the stage. The change can happen peacefully, like the end of communism, or through insurrection like the French Revolution.

A Human-centered economics can be an important step on the way to the coming Spirit-oriented Age of Humanity. It can emerge peacefully, replacing capitalism, which is on the verge of teetering, with something great that can serve man.

Reader: I wish to know why not the present leaders try to correct the system there. As the saying goes "Where wealth accumulates men decay"

Response: Leaders do not know what to do. If the people revolt or the system implodes then the leaders (of both parties) will be compelled to stand up and take action. Even then, the leaders may not know what to do.

No Title

The values of the world have to change. "Every man for himself" in a dog eat dog jungle environment that capitalism has become has to give way to collaboration.

Also the problem, (including its other various forms like high unemployment, stagnant wages, debt, et al) is really a Global problem. Only global collaboration through strong initiatives can fully save the system; or instead build a new, Human-based one. That's what my colleagues at MSS and their contacts are working on.

Reader: I think the present democratic system compels the leaders to 'adjust to everyone.'

To Be Titled

The truest expression comes out of an absolute Inner Silence. (Sri Aurobindo)

To Be Titled

A relatively small negative occurrence in one area will often indicate a much greater one to come in a different sphere. However, if we catch it, perceive the potential connection, remain still and consecrate the initial small negative, offering it to the Mother and Her Force, the much greater difficult circumstance will tend not to manifest.

To Be Titled

The world is but a spark-burst from its light
All moments flashes from its Timelessness
All objects glimmerings of the Bodyless
That disappear from Mind when That is seen
(from Savitri by Sri Aurobindo)

To Be Titled

From out of Silence, from the Vision of a "Silent Witness" came the infinite universe. So too we can take to a still and silent heart and mind, enabling infinite abundance to manifest around us.

Focusing On Something Intensely Attracts More Of It

When you intensely focus your thoughts on a matter, more of it comes streaming back to you, often in the form of unexpected new developments.

An instructor intensely discussed a media technology he had used for years with several of his students. He hadn't thought of the item in months; plus there had been little technological advances on it in a very long time. The next morning when he opened his favorite tech news site, he was astonished to see this little-reported technology as the lead story, and how it was about to take a huge technological advance for the user!

To Be Titled

One of the key qualities of a great leader is to stay positive in all aspects of his being: from the inner feelings of the heart to the outer visage on one's face.

Forgetting Problem Brings Solution

Often the best way to solve a problem is to forget about it. Then the answer comes. E.g. you have a pressing work issue involving calculations. You have tried hard to solve it, but without success. But then you put it aside. In fact, you forget it. The next morning when you awake, the answer is right there in the mind. You try it out and it works perfectly.

What has happened is that the subconscious has been working on resolving it on your behalf. Or another way of putting it is that because the mind has been stilled, it has become an empty vessel, allowing the intuition of the necessary knowledge to enter from the universal field in the period you have forgotten the matter.

This too can be considered one expression of the "life response," sudden good fortune phenomenon.

To Be Titled

When one opens to Mother and perceives Her Force operating in our daily lives, all the ordinary, fixed laws of life seem rather pale in comparison, as the supramental power overcomes any limits of nature, setting right all conditions in a thrice.

To Be Titled

If you are depressed you are living in the past.

If you are anxious you are living in the future.

If you are at peace you are living in the present.

(Lao Tzu)

To Be Titled

When you go the extra mile for a party such as a client, other seemingly unrelated things that were moving slowly or were in limbo will suddenly move faster or unexpectedly get completed earlier than expected. It is the life response power of making the extra effort and self-givingness together in action.

Life Response Power of Perfection & Multi-Tasking

Life responds to perfection in a work. When there is the necessary intent, the goal envisioned, the work executed with emotion, skill, and right attitudes, we are well on the way to perfection. This is called "The Complete Act" by Sri Karmayogi.

However, perfection also requires one to measure all of the factors and develop a scale of perfection for each. When one reaches the upper ends of the scale for every factor in that work, perfection is near. Life responds overwhelmingly; even from the smallest work.

And yet when we try to do too many things at once, such as different activities at the same time, we tend to chase away perfection, as each thing never has the opportunity to mature into perfection. It is because we lose the necessary concentration to make original act perfect. Thus, life tends not to respond, as acts become diffused, releasing little energy that can attract corresponding good fortune from the field of life.

Perfection thus requires an all-intensive concentration to engage in a Complete Act in which all of the mitigating factors have reached the high-end of the scale. Now life responds overwhelmingly, as we have reached the supramental plane of perfect perfection.

Behind everything in life there is an Absolute, which that thing is seeking after in its own way; everything finite is striving to express an infinite which it feels to be its real truth. (Sri Aurobindo)

Further comment: This is such a profound statement about the nature of existence and its ultimate purpose and potential.

To Be Titled

Sri Aurobindo asks us to live in the ever-Present, where we have access to the necessary information and energy from past, present, and future in the Eternal Now. By living in the

depths of the True Self, the evolving soul within, we have access to this extraordinary time-embracing experience and power.

Non-Reaction to Newspaper Article Contents Attracts

If you refrain from reacting to another individual's obviously uniformed and distorted viewpoint, you often discover a short time after that this individual comes around and expresses changed views that are much more in accordance with your own.

Eg a newspaper journalist had consistently shown bias against a certain region of the state and country in his articles. A reader of the online paper read the obviously incorrect assertions in the article, but was able to keep his emotions intact and also avoided responding with a comment. He just smiled and moved on to other matters.

Several weeks later that same author presented a new article where he greatly admired that very same region he had earlier disparaged. By being still in the heart and mind, the reader attracted the author coming around to his point of view. It is the Life Response power of "Non-reaction" in action.

To Be Titled

Fear has its roots in undivine forces, so we must do everything we can to prevent its occurrence, enabling the further descent of the divine in our lives. Going within and discovering a deeper center, stilling the heart, and having faith in the Higher Power/the Mother are essential counterbalances to fear.

To Be Titled

What keeps life fascinating is the constant creativity of the soul. (Deepak Chopra)

Further comment: When we move our consciousness to the deepest parts within, culminating in the True Self and Soul, the Psychic Being, the doors open to infinite inspiration and creativity. Constant consecration, opening to the supramental force, to the Mother will bring us there, unleashing a torrent of imagined possibility.

To Be Titled

90% of what I personally report in this forum has their roots in the principles of Sri Karmayogi or variations thereof.

To Be Titled

Surrender to what is. Say 'yes' to life—and see how life suddenly starts working for you rather than against you. (Eckhart Tolle)

Further comment: If you continually accept what life is putting before you, -- instead of being aloof from it, or rejecting it, or wanting something else, or in general being unwilling to embrace it -- good fortune will be your never-ending companion, catapulting you to the stars. This has been the very real, and quite startling and dramatic experience of those who have followed this subtle yet powerful principle of life.

To Be Titled

The supramental by its very definition is the Truth - Consciousness, Truth in possession of itself and fulfilling itself by its own power. (Sri Aurobindo)

Further comment: The Supramental, which is the Force we open to when we self-offer circumstance to Mother is not just the integral knowledge, the full Truth of that thing or matter or condition, but it is also the power of it to manifest itself as real in the world - doing so suddenly, unexpectedly, integrally, magnificently, perfectly.

To Be Titled

Another person's uncommunicated hostility and anger can be experienced as a sudden deep fear in one's self in regard to a related area.

To Be Titled

One rule Mother gives is the greater the difficulties, the greater the opportunities. (Sri Karmayogi)

To Be Titled

When a sincere Mother devotee gives the required minimum attention to a problem -- such as a non-functioning machine -- that entity tends to quickly "self-heal."

To Be Titled

A positive opening that can take one to another plane of accomplishment, consciousness, etc. is often opposed by a suddenly-rising external force or party.

To Be Titled

We are vulnerable to the ill-will of others at certain points in our being based on the situations we currently find ourselves in.

To Be Titled

There are fanatic Muslim fundamentalists in Pakistan because there are fanatic Hindu ones in India. And vice versa. Life is a mirror of our attitudes and beliefs. It is the law of Inner-Outer correspondence in action.

To Be Titled

Mother and Her supramental Force ended the Cold War. Various devotees collaborated in that process.

To Be Titled

Supramental (i.e. Truth) consciousness is one level higher than Overmental. Supramental -- Unity consciousness -- created the universe and is the Force we open to through Mother's that sets right all life conditions. Overmental is universal consciousness of Krishna and the Gods that is also great, but has the first signs of division and duality. (This God is unaware of another's power and purpose.) In Supermind all is integrally known about a matter or thing, with an added power for its tendency to manifest as real in the world. Sri Aurobindo and Mother embraced Overmind, but then sought to go beyond it, which is what they discovered in Supermind, which they brought down into the earth's atmosphere for all of us to access and thereby evoke its miraculous power.

To Be Titled

When we are of a higher consciousness and realize we don't have time to do a work and consciously put it aside, often to our amazement someone out of the blue will step forward and do it for us.

To Be Titled

In addition to any obvious ones, there are always subtle signs presenting themselves of what should take priority in our work and activities. Following those signs will always lead to great success.

To Be Titled

When life continuously comes to you with good fortune, providing wonders from all sides, when you hardly have a chance to think, then you know you are on the supramental path.

To Be Titled

As you rise in consciousness, your choices, view of things, and such are increasingly borne out by future events.

To Be Titled

"Romantic love endeavours to please the other on the other's terms, not on our terms."

Further comment: True Love is only giving; expecting nothing in return.

To Be Titled

The yogi moves life from within, not from the outside.

To Be Titled

90% of the problems of the world can be solved collectively; by working together. But Man insists on solving things locally, alone; in isolation. It cannot be solved that way as the individual problems are too big for any country to resolve; as the issues span many if not all nations. The evolution of the world requires this decisive step of global cooperation and collaboration.

For this to happen, each nation needs to give up its Ego to begin the cooperative process. Sri Aurobindo says all problems in life are problems of harmony (not of resources, or capacity, and the like). Harmony between the nations to work collectively to solve all of the political, economic, and social problems is the great global step that awaits us in the evolution of humanity.

To Be Titled

Life is continually attempting to penetrate the chinks in our physical, vital, and mental armor, which we experience as challenges and problems at that level. It is Nature's (Prakriti's) slow and difficult method of progress. And yet, if we are conscious in our being, we can identify the chinks within ourselves and change them before difficulties arise, or consecrate them when they do come to fruition so they fully disappear. This is the way of progress through Spirit or Soul (Purusha).

To Be Titled

Only Mother and Her Force can expedite a complex situation, resolving it into simplicity and perfection.

To Be Titled

True Love is only giving; expecting nothing in return.

Conception -- Perception -- Realization

For most, these inspirational thoughts are mostly at the level of conception; i.e. they are simply inspiring ideas. A level up is Perception of the idea through real life experiences of the inspiration. E.g. you have had several real life experiences in which you have evoked a life response in this area. Realization is a further and ultimate stage. It is the spontaneous expression of one's being of a principle in our moment to moment lives. There we have fully embodied it in our nature, as it is second nature to express this inner or outer behavior. The idea has now manifest fully as real. Thus Conception -- Perception -- Realization is the scale of fully realizing a given idea or truth in life.

To Be Titled

Global cooperation requires not only harmony of purpose but a deep knowledge of the areas under consideration from a variety of points of view, so the best solutions can be devised and implemented. The world thus needs integral approaches for solving so many global problems like unemployment, lack of skills, poor education, stagnant wages, poverty, debt, disease, terrorism, weapons proliferation, environmental degradation, etc. etc. Integral solutions would need to be devised for each area that spans the globe. Single nations cannot develop them on their own as it is too overwhelming for them to solve by themselves. The earth is one body, and requires the involvement of all the parties in taking the society forward. This - collaboration and integral solution blossoming into human unity -- was Sri Aurobindo's dream; a necessary stage he envisioned for the further evolution of humanity.

To Be Titled

Idealism alone cannot bring about the solutions to life challenges and problems. One must also be aware of the practical realities on the ground. The integration of the two will powerfully move life forward.

To Be Titled

Life response is occurring more frequently, actually accelerating, not only because people are more conscious, are increasingly overcoming negative attitudes, are more often consecrating events, etc. -- i.e. a movement of "Ascent" -- but because the supramental power (Mother's Force) itself is densifying in the atmosphere in an ever-increasing Descent.

To Be Titled

When people get personally abusive in their conversation, such as in an online dialogue, their argument no matter how true will tend to lose its validity and power.

Reader: Can you explain further sir.

Response: When someone is argumentative, the idea he is trying to get across will tend not to persuade others as it is clouded over by emotion. Also life does not respond positively to it. In fact, negative response, conditions are likely to follow.

To Be Titled

Irritation and impatience often go together. Patience rooted in inner serenity can be a powerful antidote.

Reader: In one of karmayogi Appa's writing, he mentions "Irritation is incompetency". Recollected

Response: Yes, irritation is often due to one's incapacity or incompetency. One does not know what to do, or is powerless, or is lacking in the necessary knowledge, or is disappointed, or is outraged by others' behavior and cannot do anything about it, etc.

Perfection In Work

Life responds overwhelmingly to perfection in a work. When there is the necessary intention, the goal envisioned, the work executed with emotion, skill, and right attitudes, we are well on the way to perfection. This is called "The Complete Act" by Sri Karmayogi. Good fortune is almost certain to follow. This can be said to be the vertical view.

Perfection also requires one to measure all of the mitigating factors and develop a scale of perfection for each. This is the horizontal view. When one reaches the upper ends of the scale for each success factor in the work, perfection is near. Life can respond overwhelmingly; even from the smallest work. It is because Perfection energizes the supramental plane (Mother's Force), which is the Truth consciousness, where all things are perfectly blended.

To Be Titled

Aspiration for perfection in one's daily life can be fulfilled by reviewing, correcting, consecrating every negative movement one has made in the course of the day. The life response reward will be in proportion to the depth of our sincerity and feelings.

To Be Titled

When we try to do too many things at once, different activities at the same time, we tend to chase away perfection, as the original act never has the opportunity to reach its full potential. By multi-tasking, we lose the necessary concentration to make the act perfect. It becomes diffused and as a result releases little of the energy that attracts good or great fortune.

To Be Titled

Irritation turns to anger when raw emotions and feelings get the best of us. It is the loss of the mental component, substituting uncontrolled vital sensation.

To Be Titled

An individual with a deep-seated consciousness will tend to perceive irritation when it arises and therefore have the wherewithal to control it. Positive conditions will likely follow.

To Be Titled

Subconscious ill-will can cause one to make misstatements or otherwise engage in errors related to that party.

Example: A highly respected technology commentator and media personality had harbored a long term grudge against a major tech company for not inviting him to their major rollout events. Though he continued to use their products and admired the technology involved, over a period of time he made a number of predictions about the company that turned out to be absolutely false. Being a good and self-reflective man, he even professed shame about his mis-statements on the air. Because he harbored subconscious ill-will toward the company, he developed negative urges that took shape in the form of wrong predications about that firm. Had he been more conscious of his ill-will and shed it, life would not have presented him with the opportunities to make his erroneous assertions.

To Be Titled

If you intensely express a negative attitude or feeling, it is likely that soon after one or more small or significant things will go wrong.

Eg in *Pride and Prejudice* Eliza Bennett is bitterly disappointed that Mr. Wickham has not come to the party, as he is someone she has a crush on. As a result everything after at the gathering goes wrong for her. Her sister's miserable playing and singling becomes unbearable for those gathered, Mr. Collins her cousin acts foolishly in front of important people, and others. The evening thus becomes a complete disaster for Eliza. Had she calmed herself and held in check her feelings of disappointment, many of these things could have been avoided. Her uncontrolled vital attitude of anguish had unloosed these negative events.

In another case a woman was jealous that her rival won a cherished prize at a Christmas party for her company. Not two minutes after, she learned of some disturbing news about her son.

To Be Titled

The deeper you go within, culminating in your True Self and Soul, the less likely you are to engage in separative ego movements, and the more likely you are to experience unity and mutuality with others.

To Be Titled

Often a particular event will suddenly trigger the simultaneous occurrences of related circumstance.

Eg someone makes a request of you to use your presentation, and suddenly thoughts come pouring into one's mind about another presentation due, or one notices an error on one's website on that very topic that you now thankfully have the opportunity to correct, or one receives an unexpected call on this matter from another person whom you haven't heard from in years, etc. It as if the first circumstance came not only to fulfill a request but to get your attention about the others. It's a subtle working of life.

To Be Titled

Every societal disaster when taken in the right spirit offers the opportunity to improve the conditions of the world.

On Self-Reliance, Non-Dependency of Grace

Life in general does not encourage depending on others to get things for oneself. The regular and well-formed habit [in India] of asking other family members to secure grace for oneself may be advantageous materially but spiritually harmful in the sense that it does not allow one's faith to grow. Such people are requested to wake up at least at this point and take charge of their own affairs and build up the faith required to restore their health. Self-reliance always helps whether it is money matters, carrier matters or family matters. This is true of spiritual matters also. One does not have to pay a huge price in terms of one's health to learn this common sense rule. Help offered can be accepted but the policy of habitually seeking help or demanding help can only be counterproductive. (N. Asokan, MSS)

Through Intuition Comes New Knowledge

Kant observed, "All human knowledge begins with intuitions, proceeds from thence to concepts, and ends with ideas." Einstein stated it this way: "The intellect has little to do on the road to discovery. There comes a leap in consciousness, call it intuition or what you will, and the solution comes to you and you don't know why or how." (Garry Jacobs & others, Cadmus Journal)

Further comment: Intuition is to garner a knowledge of or a solution for something without having to think about it. It just appears in the mind complete. Einstein and Ramanujan had occasional intimations of it. For Sri Aurobindo it was His modus operandi of garnering wisdom and perceiving the truths of life.

We can develop the intuitive capacity by regular consecration, self-offering to the Mother which deepens the consciousness that in turns opens the mind to the higher, spiritual planes of mind, including intuition.

To Be Titled

As global problems accelerate beyond the bounds of a single entity, the need for nations, regions, continents to increasingly and seriously cooperate looms.

To Be Titled

When you remove your mind from a stressful situation, life quickly begins to work in your favor.

To Be Titled

The Creator wishes each of us to become ultimate creators, thereby fulfilling His mission in Creation.

To Be Titled

Accepting everything that comes our way is to be one with the Reality.

To Be Titled

When a Mother devotee refrains from engaging the mind, the Grace tends to descend into his life.

To Be Titled

There are no final, absolute outcomes in life. There is only change.

To Be Titled

As we see, we devotees and others are engaged in what Sri Aurobindo calls an "Adventure of Consciousness." We are so very lucky to be taking an active part in that evolutionary movement.

To Be Titled

Key to success in a pressurized situation is practicing detachment of thoughts and emotions; i.e. cultivating a silent mind and a calm heart. As a result, life will now tend to work out smoothly in your favor.

To Be Titled

In fact, from the depths within, our natural state is to continually feel harmony with others and with life, so there is far less chance our separative consciousness in the form of ego, anger, fear, etc. will occur.

Yoga (conscious evolution) is the process of developing our deepest poise (of the Soul) so that none of the wanting qualities of human nature present themselves. Taking to Sri Karmayogi's methods of the devotee listed above is an interim step, which will ordinarily be enormously effective.

To Be Titled

Cast aside any adversarial feelings towards others in your being. Offer them to Mother so they never return.

Consciousness Approach to Anger

Anger is a primal reaction and can only be controlled by an equally powerful force of self-control. It is like an explosion of bright light that envelops you and takes control of your being. There is little power we ordinarily have to gain the upper hand. Only a re-orientation of the nature can bring about the power to control an outburst when it occurs.

So perhaps the more important question is not be so much how to control anger when it arises but how to prevent it from arising in the first place.

For devotees, if one is constantly opening to the Mother and Her Force, continually taking the other person's point of view no matter what, and practicing non-reaction to people's intensities, then anger will occur far less often.

Over time, taking to these methods has the effect of deepening the poise, and therefore one is far less reactive, or if one does react and takes to anger, irritability, and the like, then one is able to recognize it as it arises and handle it better.

In fact, from the depths within, our natural state is to continually feel harmony with others and with life, so there is far less chance our separative consciousness in the form of ego, anger, fear, etc. will occur.

Yoga (conscious evolution) is the process of developing our deepest poise (of the Soul) so that none of the wanting qualities of human nature present themselves. Taking to Sri Karmayogi's methods of the devotee listed above is an interim step, which will ordinarily be enormously effective.

To Be Titled

When you accept all possibilities, including those things that are counter to your interests, life returns the favor and gives you what you really want.

To Be Titled

I continue to engage in experiments in changing the outcome of real time events in society from within, with a handful of dramatic successes. The key is to bring to bear the right behavior of consciousness for that particular changing situation. E.g. recently the acceptance of any possible outcome as well as silencing all thoughts have proven to be two powerful levers, especially when working in tandem.

To Be Titled

A surface view of a situation often leads to a surface opinion about it that is invariably riddled with error.

Overcoming Computer Problem through Spirit

(reader) "I was struggling with our PC at Mirra for the past 30 min, and it could not be started at all. I tried all possibilities using the recovery procedures with my little knowledge, but it was in vain.... I then tried calling our PC Technician but his line was busy and never returned my call... My stupid brain never commanded me to call the Spirit, the Divine Mother.

Just a few minutes ago I realized that core spiritual method, and called Mother by closing my eyes and chanted the mantra "If this she....." I recited the mantra about 5 times. When I then opened my eyes, I saw the PC with Mother looking at me in the Desktop background which was now reset!"

To Be Titled

A combination of each member expressing true individuality in their work and each losing themselves in the needs of the team evokes great fortune for the organization.

The Individual and the Collective

The individual and the collective evolve in tandem. The collective imparts its acquired capacities to its members. The emerging individual acts as a catalyst to spur further development of the collective.

(from abstract of article 'The Conscious Individual' by N. Asokan of MSS; slight paraphrase)

Further comment: Eg Steve Jobs is born into a solid middle class environment in America, where he can explore the possibilities of developing a personal computer for the masses. He does so at Apple, is very successful, and the computer revolution is born. It takes a further step with the smartphones, et al. which he also spurs. The society gave him the opportunity to create, he used his genius to develop something of great utility, which in turn helped spur the further development of the society/collective (through use of the technological tools he spawned).

Emergence of the Conscious Individual

There has been an evolutionary development of human consciousness in the form of an increasingly complex and sophisticated organization of human personality; from the instinctive behavior of the animal and the subconscious conformity characteristic of early forms of human civilization, through progressive stages of transition from physical to social to mental levels of awareness; from the undifferentiated social consciousness of the member of the tribe to the emergence of independent thinking, creativity and uniqueness, which characterize the Conscious Individual.

(from abstract of article 'The Conscious Individual' by N. Asokan of MSS; slight paraphrase)

Conscious Individual & World Problems

The individual must become conscious in order for the society to follow. For the conscious individual, there is no problem in the world too difficult to solve. Rather the conscious individual will discover opportunities all around.

(from 'The Conscious Individual' by N. Asokan of MSS)

To Be Titled

Americans do not seem to have any substantive knowledge about the culture, events, and goings on in India; and vice versa. It is as if the nations exist in separate universes. Bridging the gap and turning the contradictions between the two into complementarities will be a fascinating thing to observe in the coming decades. I believe the further progress of humanity depends on it.

To Be Titled

As an organization, business, association, sports team, etc. goes through great adversity yet is able to rise to the top, it has acquired a profound life knowledge which it can far more easily apply in future iterations involving similar conditions. It now garners a knowledge that others do not have, unless they take the time to closely observe and practice the unique capacities that the first org has passed through and realized. We can see this as one process that society goes through in its development. Education then becomes one way to internalize the new knowledge for all.

GJ responds: I fully agree with your perception. Everyone fails. Not everyone learns from their experience. Learning from experience is the essence of wisdom and high accomplishment. Much of this learning can be institutionalized and passed on to future generations.

Reader: Learning through experience is the key.

Response: Yes. And learning through others' experience (education) makes that much easier.

Reader: Learning through others experience gets benefits for us and saves us from sustaining wounds in the learning process.

Response: Yes, very true. It relates to why Karmayogi is fond of saying that "education is the yoga of the collective;" that passes on wisdom to the recipient, facilitating progress. That includes the subtle, inner powers that lead one to success, which awaits education in future.

To Be Titled

Virtually all physical illnesses have psychological causes. Mother says it is 95%. Therefore if we discover the psychological limitations of our being -- in terms of poor attitudes, habits, beliefs, etc. -- and reverse it, the body will quickly heal itself.

Garry Jacobs Speaking At Oxford on Global Education

World University Consortium was invited to present its vision of the future of global higher education to an international assembly of university leaders at the Oxford Summit of Leaders in Oxford, UK on October 13-14, 2014. In his address, Garry Jacobs (CEO, World Academy of Art and Science & World University Consortium) highlighted the need for a new paradigm in higher education to address the multidimensional global challenges and the unprecedented intellectual, economic, social, technological and organization capacities now available to humanity. New paradigms in knowledge are achieved by unifying phenomenon that were previously considered separate and independent, as Maxwell unified electricity and magnetism and Einstein unified matter and energy. There is urgent need for leadership in thought and action to bridge the gulf between the university and the society, to unifying teaching with active learning, and the unifying theory in the social sciences with the realities of social life. Jacobs called for revolutionary ideas commensurate with the revolutionary social

forces now acting to shape the future of education. Leadership in education is needed to provide educational leadership to society.

Synchronicity of Thought

When multiple parties in separate places scattered long distant apart have the same thought or express the same idea without anything obvious connecting them materially or otherwise, it is an indication that knowledge traverses the plane of Mind and those individuals have tuned into it through their common interests. Or we can say that due to a certain densification that particular knowledge presses down from the plane of Mind causing several parties to experience it simultaneously. This is sometimes referred to as synchronicity or parallelism, which is one expression of the phenomenon of Life Response in action.

Further comment: It is interesting to note that Sri Aurobindo's first great spiritual experience was to fully realize that all thoughts come from the outside, not inside, which led to utter stillness in His mind that lasted the remainder of His life.

To Be Titled

Subconscious disdain of another party instigates surface errors and mistakes in relation to them on our part.

Reader: Exactly. Mutual deeper understanding or rather accepting the existence of others is a wiser approach. Most of us try to eliminate others or those we do not like from our world but the soul flowers because of them is not understood. If we note many degrees and elevation in status got that kick from those who pricked our ego and not those who fanned us. Maturity of mind comes with age or education. But more with understanding our own life experiences.

Response: Very true and eloquent.

To Be Titled

Irritation is impatient helplessness.

To Be Titled

Sri Aurobindo's first great spiritual experience was to fully realize that all thoughts come from the outside, not inside, which led to the utter stillness in His mind that lasted the remainder of His life.

Further comment: He imparted that Silence on Mother in one minute on the day they first met when She sat at his feet.

The Essence of Diwali

The celebration of Diwali as the "victory of good over evil" refers to the light of higher knowledge dispelling all ignorance, the ignorance that masks one's true nature; not as the body, but as the spirit immanent within us, and the infinite, transcendent reality that encompasses all things.

With this awakening comes compassion and the awareness of the oneness of ourselves with others and the world.

Diwali is thus the celebration of this Inner Light over darkness, knowledge over ignorance, right over wrong, good over evil, harmony over ego, spiritual self over surface being, joy over suffering.

(with some help from Wikipedia)

To Be Titled

The mind must become silent in order to let the Supramental Consciousness take its place. (the Mother)

Comment: Yes, the silence not only allows the supramental Force to bring us the necessary integral Knowledge and understanding of anything or any situation, but it alter conditions of the world around us for our and others' benefit. When the thoughts are out of the way this dual dynamic of supermind has a clear pathway to unfold. It is one of the keys to successfully navigating conscious evolution/integral yoga for ourselves and the world.

To Be Titled

Most of us try to eliminate those we do not like from our world. However, we do not understand that the soul flowers BECAUSE of them. We should realize that many degrees and elevation in status we received came from those who pricked our ego, and not those who fanned it. (DK)

Reader: Actually we grow as better persons by the criticisms of others.

Response: Yes, very true; if we adhere to their criticisms. We also grow through the long-term goodwill and support of others.

Further comment: D's original post above, which I have paraphrased, is magnificent.

To Be Titled

In 95% of the repeating acts we engage in we take the same basic approach as before ad infinitum back in time. Do we ever stop to pause and consider executing a repetitive act in a fresh, new way, thereby releasing positive energy that attracts good fortune from life? Let's be more conscious during our day, and pause to reflect on how we can perform the next upcoming repeating act better -- perhaps with a new approach, or with a better or deeper understanding, or with more enthusiasm, or with greater dexterity and skill. The process and the likely life response/sudden good fortune outcome will be revealing!

Reader: Thank u sir. Reading the technique itself gives joy. Will implement during the day

To Be Titled

If you don't insist, to the point of even forgetting the matter, others tend to quickly come around to your point of view.

Further comment: It's a form of "Silent Will."

Startling Predecessor-Successor Life Dynamic

Everything we observe is a sign of what is to come even though we see no obvious correlation. However, we can learn to examine a current significant event and look back on how it was presaged by an earlier seemingly insignificant act. Likewise, we can look at a small thing occurring now and have a sense of something significant to come; even anticipate precisely what that will be. Either way, when our consciousness has risen to a certain level, we are not surprised by this correlation between a predecessor and successor event; through we are likely to still be amazed.

Example: On a video podcast technology show in which the guests were discussing various aspects of the scene I was struck by how all of the members were using Apple laptop computers. After all, the industry is dominated by windows PCs. Moreover each Mac laptop was shining silvery, with the Apple logo prominent, which caused me to feel that there was something significant going on. Later in the day, Apple announced its highest sales yet in its last quarter, including a very unexpected boom in Macintosh laptop sales. This was highly significant when you consider that the PC industry had been floundering or barely growing in sales over the last few years. Now in the news the reporters were describing an unexpected boom in Macs for the last quarter.

It was clear that earlier podcast of the reporters and their silvery Mac laptops all in a row with the prominent logo shining presaged the boom in Mac sales that was to be reported later in the day. This phenomenon of events foreshadowing larger events is occurring all of the time, in every single act in the universe; without exception. It is a startling concept that has been brought to the attention of the world by seer and sage Sri Karmayogi.

Reader: Perfection in work, Silent will and Silence collaborating for world change if not inner change attracts responses in advances. Are they indicators or actual results ? Say one morning I saw a particular model car moving in the road. Myself and my daughter started counting and within 10 minutes we counted at least 23 .That was last year.

May be matter 's victory over spiritual mind. Now it may be different. Anyhow spiritual mind should always see things in good view is Appa's constant guidance. May be we see more victory in the world of matter through spiritual mind .

Response: "Perfection in work ,Silent will and Silence collaborating for world change if not inner change attracts responses in advances. Are they indicators or actual results ?" Utilizing these methods we become conscious creators; a step above normal means of Nature where there is non-conscious means of engaging the predecessor/successor dynamic. With these spiritual methods the practitioner is consciously looking forward to create a result. Through their act they envision and create the future, and when that future arrives that person can see the effect, and the cause. These methods are therefore conscious predecessors of outcomes that are successors. But being conscious of it at all points, it all melts together; intention and result; predecessor/successor, subject and object. The main difference is that it is consciously initiated (i.e. Soul/Purusha), not waiting on Nature (Prakriti)'s slow and difficult method.

To Be Titled

When you give up a particular resistance or reluctance in your being, Life does the same for you, quickly working on your behalf.

Eg each time Apple gave up a resistance to offer certain products, it triggered a sudden, unexpected, and overwhelming boom in their business. The same dynamic holds true for the individual. Where then are our resistances? Shedding them can go a long way in determining whether or not we will truly be successful in our lives.

To Be Titled

Not being discouraged by bad news, error, forgetfulness, delay, etc. will quickly attract good fortune.

To Be Titled

Indians in the Unites States are earning more than any other ethnic group in the country; over \$67,000 (4,098,725 rupees) per year.

So in essence emigrants and their family from the poorest county in the world (India) in terms of total population are earning the most of any ethnic/racial group in the richest country in the world (US)! It is an astonishing development, indicating the enormous subconscious aspiration for prosperity among the people of India.

To Be Titled

When your have an intense aspiration to make something complex simpler or something long-term occur sooner, or both, life quickly affords you an opportunity to do so.

To Be Titled

If you overcome your reluctance and do what another requests, you may not take pleasure from that particular activity, but other conditions will quickly arise that WILL provide enjoyment. Then you will see the benefit of the entire engagement, including the importance of acceding to the other person's original request.

Heeding another's point of view will always attract benefit to you in its wake, no matter what their position. The act of accepting has more life response power than the contents.

To Be Titled

It is astonishing that an Indian is now running Microsoft, and another Indian is second in command at Google, and could become its leader soon. That is, 2 of the 3 biggest tech companies in the world are being driven by Indians at the very top. It is also astonishing that over 1/3rd of the companies in Silicon Valley were founded by Indians. Many of these founders and their families and compatriots then went back to India and formed powerful new tech companies there.

If Indians in India can overcome their dishonest and slothful ways, become entrepreneurial and truly individualistic instead of following the herd, there is nothing India cannot achieve. Moreover, if they can utilize the unique psychological and spiritual endowments they are blessed with and apply it to the field of business and other work, they can become the richest country on earth within 50 years. This has been Sri Karmayogi's powerful and profound message to the Indian nation.

If as Sri Karmayogi anticipated 40 years ago that India could bring 500 million into the middle class in less than 40 years, then the country can quickly bring the remainder of the nation forward, including the 700 million poor. If Indians can learn and apply the outer and inner ways to success, they can achieve anything their hearts desire in a very short period of time. Then they can take their rightful place as Guru of the world and through its spiritual wisdom guide the earth forward.

Further comment: Here is sage and seer Sri Karmayogi's free book 'Spiritual Opulence' on the means by which Indians can become infinitely successful.

Beyond The Gods to Mother and Her Power

Mother has asked followers to refrain from worshiping Gods and instead surrender to the Supramental power which has descended into the earth's atmosphere and has vast power to change the conditions of life when opened to.

As she explained in Agenda, Mother worked with several Gods to convince them to surrender to the Divine Mother and Her Supramental power. They would appear before Mother in full view and She would explain how the Supramental plane and force was superior to the Overmental plane of the Gods, where each God, moving along a single line of thought and focus was invariably at odds with the knowledge and power of the others. It is therefore where Ego and Ignorance begin to emerge in the cosmos. Though Overmind (of Krishna and the various Gods) represent the universal consciousness, where all can be known, where the Spirit can be experienced in a thrice, the Supramental power is also a UNITY consciousness, where all forces, powers and knowledges are integrally Unified in an ultimate plane of existence. In addition, the supramental Power has a great tendency to manifest the knowledge it apprehends as real results in the world. Thus it has vast capacity to bring about rapid progress for the individual and the world, thereby furthering the Evolution.

We should also keep in mind that Supermind is the creative power that enabled a universe to emerge from a Divine Source, and yet is also now available to each of us at any moment in our own lives. Many devotees have frequently witnessed astonishing results and miracles take place in their lives by opening to Mother and Her Supramental Power.

Reader: Above the mind there are several levels of conscious being, among which the really divine world is what Sri Aurobindo has called the Supermind, the world of the Truth. But in between is what he has distinguished as the Overmind, the world of the cosmic Gods. Now it is this Overmind that has up to the present governed the world: it is the highest that man has been able to attain in illumined consciousness. It has been taken for the Supreme Divine and all those who have reached it have never for a moment doubted that they have touched the true Spirit. For, its splendours are so great to the ordinary human consciousness that it is absolutely dazzled into believing that here at last is the crowning reality. And yet the fact is that the Overmind is far below the True Divine. It is not the authentic home of the Truth. It is only the domain of the formateurs, all those creative powers and deities to whom men have bowed down since the beginning of history. And the reason why the true Divine has not manifested and transformed the earth-nature is precisely that Overmind has been mistaken for the Supemind. The cosmic Gods do not wholly live in Truth-Consciousness: they are only in touch with it and represent, each of them, an aspect of its glories. For, in the Overmind there is already the play of possibilities which makes the beginning of this lower

triple world of Mind, Life and Matter in which we have our existence. And whenever there is play and not the spontaneous and infallible working of the innate Truth of the Spirit, there is the seed of distortion and ignorance. The Overmind, therefore, does not and cannot possess the power to transform humanity into divine nature. For that, the Supramental is the sole effective agent '. (The Mother from Questions and Answers 1929-1931, p. 173)

Those who still believe in Gods can certainly continue to worship them if they feel like it - but they must know that this creed and this worship has nothing to do with the teaching of Sri Aurobindo and no connection whatever with the Supramental Realisation' (The Mother 1964. - from The Words of Mother - vol 3 - p. 13)

To Be Titled

Give in and fully accept the other person's point of view on the small stuff, and life will reward you aplenty with the big stuff.

The New Backup Program (The Force Knows the Future)

Mother, the Supramental Force always knows the arc of our future, and therefore we should trust in it when transitions are demanded of us in life, even forced on us.

I had an online computer backup program that I used for many years. It worked quite well. Then one day it began to falter somewhat; plus there were issues concerning its price. Thus somewhat reluctantly I was forced to adopt another program. I had no choice. I consecrated the matter to the Mother, and let it go as it may.

As it turned out, the new program worked quite well. But what was most interesting to me was the fact that whereas the backed up files of the old program had become a bit of a mess, the new program cleaned that up perfectly in its own backup. Though I had been grappling about other matters when the transition between the two programs was forced on me -- the fact that the older program was having troubles working problem, price issues, etc. -- Mother, the supramental Force knew that the transition was necessary to derive a more perfect backup. She had looked into the depth of the matter and through Her Force compelled a change whose benefit I would only understand in full once the transition was complete.

To Be Titled

There is no use dwelling on the past unless it can uplift your future.

To Be Titled

If in your heart and mind you accept the possibility of any and all outcomes for the current situation, including those that might not seem favorable, you dramatically increase the chance of attracting the outcome you desire.

To Be Titled

Complaining replaced by reasoned argument has greater life power to persuade, and therefore leads to action that achieves. Non-Reaction and Silent Will are spiritual approaches that have even greater life response power in such situations, as the results unfold miraculous-like through the action of the Force.

To Be Titled

Before offering an opinion, consider if it is the right time and occasion to do so. Also ruminate on the truth-value and consequences of verbalizing the remark.

To Be Titled

In a situation where you want a favorable result, withdrawing attachment to it, or forgetting about it completely can quickly attract its achievement.

To Be Titled

When man refuses to ask, life gives him what he needs more copiously. (Sri Karmayogi)

Comment: It is a form of "Silent Will." Actually it is more than that, as the inner desire for any outcome dissolves, opening the door for life to rush in copiously. Eg don't ask the boss for a raise. Don't even silently will it. Instead eliminate all wanting. Life will reward you on its terms and your consciousness of deservedness. The book 'The Secret' says Ask and the universe will respond. Better still is NOT to ask and Life will give to you abundantly.

The book 'The Secret' says Ask and the universe will respond. Better still is NOT to ask and Life will give to you abundantly.

Reader : Roy Posner sir, Sometime getting afraid that if we don't ask , our wish is not get fulfilled.

Also how aspiration differ from asking. For me asking is also a part of aspiration which is expressed thru words or thinking or feeling

Response: Aspiration is the intensity of what we want to achieve. The focus on the deep value behind it is what really counts. Holding true to it attracts. Offering it with Thy Will Be Done is not quite asking, but offering. Holding back asking the universe intensifies the aspiration, which it more readily responds to.

To Be Titled

We learn in hindsight. Mother acts through foresight. If we open to Her and seriously develop our consciousness, we can have that same future-knowing and realizing capacity.

To Be Titled

When you emotionally accept a negative situation - where there is no inner stirring of feeling or bother - conditions tend to quickly reverse themselves.

Life Response Power of Generosity

Acts of true generosity have the capacity to attract extraordinary positive conditions from life.

-One woman loaned a desperate boy a small amount of money and shortly after her long-lost beloved brother of 40 years suddenly appeared at her doorstep.

-A young golfer won a major tournament and offered his winnings to his loyal caddy, and suddenly attracted his estranged father who now for the first time in his life accepted the boy's profession and career.

-A women who wrote on culinary matters selflessly allowed her co-writers to be listed before her on the cover of their new book, and soon after she rose to become the most famous culinary figure in the world, while the others were forgotten.

To Be Titled

Has the center of the world now shifted to Asia as a number of pundits have suggested?

Reader: It could be as no interesting news can come from already developed nations And hence it is turned to emerging economies such as India.

Response: Yes, that's true. And perhaps the Euro-US culture has run its course in terms of higher values. Asia has buried psychological and spiritual values that are reemerging in a modern context. Sri Aurobindo said the rise and re-awakening of Asia is key to the further development of human unity and the gradual emergence of a spiritual age. Naturally India emerging out of poverty and her reunification with her neighbors in some forms are several of His other aspirations for that to come about.

To Be Titled

Evolution - from energy to matter to life to mind to spirit - is the Divine's Plan. Involution - from spirit to cosmic mind to energy to matter, also Its Plan - preceded it.

To Be Titled

"Westerners always think they have to fill that awkward pause, but things left unsaid can have more value than what is spoken." (paraphrase of BBC site)

Further comment: Americans cannot be still for 15 minutes. They always have to be doing something. Their outer, physical-oriented consciousness is intimidated by the silence. It's what enables them to achieve greatly, but at the expense of a balanced life.

Reader: Perhaps they have lot of energy and comparatively free from mental burden unlike here.

Response: Yes. Enormous physical and vital energy. Very surface, material, empirical. They think through what they see; the visual. That stimulates their minds. There is little use of the mind to engage in inner contemplation.

A few are psychological; especially when highly educated. Americans mainly think to achieve; not to garner deeper truths. Thus they don't contemplate the next set of deeper human values required to lead the world forward. However, that COULD change.

Americans are very stressed because they live too much on the surface. Life out of balance. Karmayogi says they "think with their bodies" meaning the sense inputs of visual and auditory dominate their thinking and actions. They need to develop higher values and take to silence and spirit.

Reader: As their higher standard of life is the cause for generation of excess energy it should be directed to physical activities rather than mental activities.

Response: Yes, and toward spiritual "non-activities." - ie mental silence and other inner movements that will enable balance in their lives. This will give them vast power to help evolve the world out of its limitations, and then perhaps they can resume their position as Leader of the world.

To Be Titled

RK: Thank you Very much Mr. Roy for your following comments: I had my own confusion on my angle but you are apt to the point.

Comments by Mr. Roy Posner for my previous post / status:

Yes, Sri Aurobindo, different from the tradition, emphasizes that the evolution occurs through the Mind. Ie from sense to human reason to true reason to absence of thought to spiritual mind, where the spiritual light and supermind descend and transform the other parts - eg lower vital to the higher consciousness of the heart.

So yes, even in taking to higher attitudes, values, it can be for selfish reasons. But as we see the true truth through this evolution through Mind, we can increasingly see into our ego, control it, cast it aside, all the while getting closer to a True Motive.

In the process we go deeper and deeper until we reach the psychic where the Motive is pure. Now the true Self existent benefit comes when we call to Her.

Thus, it's a great journey - for us individually, humanity - from sense/surface to planes of mind to evoking infinite, pure Ishwara-power from the Psychic.

To Be Titled

Try to not to outwardly ask for what you want. Be silent and see if that entity moves toward you. That is the inner method of "Silent Will." It's a common technique of Karmayogi devotees that invariably works.

Reader: Karmayogi devotees. A new coinage of words like Appa's" Life response". I like this Sir.

To Be Titled

Worrying about a problem energizes it, making it worse. Shifting your attention elsewhere to the point where you have forgotten about the issue tends to quickly resolve it.

Yogic-Based Evolution Beyond the Limits of Involution

- Involution is the process by which Spirit became Matter in the universe.
 - It is a movement initiated by the Divine from Consciousness to Unconsciousness to enable a universe with infinite variation of possibilities and delight.
 - At every step of involution, provision is made for evolution. (I.e. there is a corresponding way to evolve out of the limitation that the Divine has sanctioned.)
 - The deep rooted area - the darkest of Matter - is the point where involution and evolution meets at shortest distance.
 - That is why Sri Karmayogi says in the yoga to focus one's aspiration to making the change at that deep point.
 - How do we do this?
 - Existence can be seen as either dividing or uniting.
 - As the involution is dividing, evolution is to move from the divided part to the united being.
 - What then will enable the uniting, from matter upward?
 - Inertia is of ignorance and division standing in the way of matter responding.
 - Ignorance can be overcome by knowledge. Division can be overcome by shedding ego.
 - Both free inertia from the lock with wings of inspiration and aspiration.
 - That is point we aspire to unite with our soul by evolving.
 - At the same time this aspiration, which is a dynamic force also releases all that is human in us: all the deficiencies of the mind, all the attachments of the heart, all the refractoriness of our vital emotions and the inertia of the physical body. All these aspects have to be rejected.
 - In other words, they have to be given to the human will. As long as there is something to be rejected, the human will has to take effort. The aspiration combined with the rejection and followed by surrender will complete our yoga.
- (thanks to RK's explanation of Sri Karmayogi's wisdom based on Sri Aurobindo's teachings, which I have reconstructed a bit. Also thanks to NR for raising the issue in the first place.)

To Be Titled

People of one area do not like to celebrate another region's success, victory, etc. The ego attachment to one's own community does not allow it. It is similar to feeling indifference, jealousy or contempt toward individuals we know of who have recently come into good fortune.

Life Response Power of Making a Token Effort

If you make a small token effort to overcome a seemingly insurmountable problem, life will soon reward you by presenting a relatively easy solution to the entire matter.

A friend asked me to retrieve a very difficult to get at important device held in storage. For months we discussed ways to dislodge it from its location, and then have it shipped back and returned. Then one day I took it upon myself to make an effort to retrieve the item, even if I had to climb over heavy, difficult to move boxes and other furniture-based obstacles. After making a small, yet strenuous effort, I soon realized that I could get to the desired item much more easily than I had thought. And so I was able to quickly retrieve it and then return it via airlines to my friend who was ecstatic when she received her beloved sewing device. Months of anxiety on her part had now come to an end due to one small token effort on the part of her friend.

To Be Titled

GENEROSITY is to find one's own satisfaction in the satisfaction of others. (The Mother)

To Be Titled

SELFISHNESS is to put oneself at the center of the universe and to want everything to exist for one's own satisfaction. (The Mother)

Reader: It seems most humans are like that

Response: Yes, for the most part; in varying degrees.

Reader: I wish I just should gradually shed ego

Response: if you wish it, it will occur. All sincere aspirations for change are answered.

Reader: A good place to start is to observe each Ego movement in the course of our day and then stop it in its tracks. Over time, we will increasingly be able to recognize and then block them when they occur. One will then gradually move from a self-orientation to an harmonic one with others and the world. Consecrating them to the Mother will further dissolve such negative attitudes and feeling to the point that they will rarely manifest again in the future.

To Be Titled

LOVE is self-giving without asking for anything in exchange. (The Mother)

Further comment: Yes, we call it "unconditional love."

To Be Titled

Divine psychological perfection is a smile in any circumstance. (The Mother)

Further comment: Developing a deep, inner orientation and poise as well as practicing the spiritual method of Non-Reaction to the intensities of others and life helps establish the profound outlook of having a smile in all situations Mother speaks of.

If you badmouth a competitor, such as disparaging their product compared to your own, you may quickly find that your own service suddenly fails or encounters other serious problems.

A famous airlines and outer space technology mogul disparaged similar technology of an equally famous competitor. Within several weeks of that caustic remark his own space device product exploded on takeoff, creating great anguish and embarrassment for him and his organization.

Reader: Thanks for making me understand my mistake

To Be Titled

Everything happening to you on the outside - positive, negative or in-between - is a reflection of who you are inside, including your attitudes and beliefs. Therefore if you want to change the outer negative condition, discover and reverse the corresponding inner wanting quality within yourself. When you do, life will instantly respond in your favor. This is the principle of "Inner-Outer Correspondence" in action, reflecting the inherent Oneness of life.

To Be Titled

At the outset of a meeting with another person make the effort to focus on them, their needs and concerns; keeping yours at bay. It establishes the very best atmosphere for attracting a successful outcome.

To Be Titled

Involution is the movement from Ultimate Consciousness (Spirit) to the inconscience (unconsciousness) of Matter in the universe. It precedes Evolution, which is the movement from unconscious matter to life to mind to Spirit (ultimate Consciousness).

To Be Titled

People want boons from the Mother to solve a problem, but neglect to consider their wanting attitudes that block receptivity to Her Force.

Reader: True. Which should mean we ourselves deny practical infinity. To overcome that denial syndrome inside us we can ask ourselves if we are opting only what we accept or we ourselves

do not believe but just be with the movement. Close relatives, familiarity sometimes create a block. That is why Indian spices get recognition worldwide mostly than in India. I remember Appa's words local market will not give best price or rather appreciation.

Response: Yes, we see at least types of receptivity-related issues. One are poor attitudes - like being disturbed, being angry, unwillingness to change, jealousy, selfishness, and a hundred others qualities that block receptivity when we open to Her in particular situations. The Force cannot penetrate our limitation, or perhaps it never really gets engaged.

Another type is that people cannot quite believe in the infinite possibility that is available when we open to Her Force. We fall back to empirical, normal cause and effect view of life that is a fundamental disbelief in the body of the miraculous; of the infinite quickly replacing the current finite.

Reader: One more is people cannot accept the truth about themselves. At one point we must learn or hear remarks about us which is also grace. Crossing that line by accepting our fault or mistake is a joyful adventure. May be people think what they hold is wealth. 😊

Response: Yes, ability to accept others' criticism or critique takes a brave heart psychologically.

To Be Titled

In general, political elections is to shift from one form of Ignorance to another; even if one side knows a bit more than the other. The integral truth of things lies somewhere beyond in a distant future.

To Be Titled

Societies that lurch from one crisis to the next have not yet learned how to take control of their destiny.

To Be Titled

When people, businesses, organizations, nations, etc. give up their resistance to change, they and society evolves - success-wise, psychologically, even spiritually.

Non-Insistence Attracts

Withholding insistence of one's position compels an uncooperative party to cooperate with one's intent.

An instructor was not receiving the attention of three advanced students in the class who were preoccupied with other matters. Though he started to get annoyed, he quickly caught himself, knowing it was not the right, higher consciousness approach. He then went a step further and cleared all insistence from his thoughts. When he returned to the class several moments later, he was stunned to find all three students fully immersed in their classroom assignments.

To Be Titled

If you are tired, try to get the necessary rest. You can also create energy by calling "Energy" into yourself. In a short while you may be surprised by how energetic you have become.

Reader: What is 'calling energy' Roy Sir?

Response: It is calling to the universe for energy to come into your being, which it obliges.

To Be Titled

Sometimes you need to board a bus using polluting gas to get to a destination where you have an opportunity to eliminate it.

Reader: Can you please explain by an example Sir

Response: It means that sometimes you have to make a certain compromise with the current reality and conditions to get at what you ultimately want.

To Be Titled

Politics is the art of enthusiastically presenting certain higher values, but then retracting them in the name of expediency.

To Be Titled

90% of the problems in USA can be solved by the people, the government and private sector working together cooperatively. Now each pulls in their own direction, based on ideology or ignorance or indifference. As Sri Aurobindo says all problems in life are problems of harmony. Each entity egotistically pulling in its own direction is the opposite.

Reader: Towards a goal unity in diversity arises. But when goals become individual aims it tends to disintegrate.

Response: Yes, the individual needs to align his own goals to those of the collective. It is a wider view, emanating from a deeper part of himself that is more deeply in alignment with others and life. In yoga it is called Unity consciousness, as in all for one, and one for all; which is Supramental.

To Be Titled

Society evolves when pioneer individuals take to breakthrough initiatives that are then supported by the public. The pioneer is actually bringing forth new possibilities that reflect the subconscious aspirations of that society.

To Be Titled

When progress is set loose by a pioneer individual, there often arises an opposing, resisting, anachronistic force, which in turn further energizes the progressive person to counter it, releasing even greater success for the world.

To Be Titled

It's not just what you see that is the truth; but it's also what you don't see. In fact, the overwhelming majority of Truth is the latter. It is one reason to be humble in our thoughts and opinions, and be more open to the knowledge and experiences of others.

The Mother's Force is Unity consciousness: through it everything in disarray gets Unified, and scattered knowledge is integrally Known.

Call Center Miracle

Sri Karmayogi says every act, article, object, material, word, has "jeevan" (soul-like consciousness) - and they remember everything we do to them, and give an appropriate response at the appropriate time.

Example:

Few years back one of my friend- who is resident of a town Thirupur, a far away place from Chennai -planned to open call centre for some service provider -but for some reason dropped the plan. The place for the call centre was booked long before that, and so it was lying idle for about eight months. As he asked another friend-in Chennai- to look after the place once in a while -the Chennai friend asked his office-maid to visit that place-which is about two KM from his office- once or twice a week and clean it-and paid telephone electricity bills etc.

After some time my Thirupur friend vacated the place-as he felt the outsourcing business would no more be feasible. Now-after a year or so-when the Chennai friend needed an office for his new venture-and we both went looking for one.

We had a shock of the lifetime when the broker took us to the same office space which my Chennai friend looked after once-at much cheaper rentals than he expected and fully furnished with no extras cost. (RK)

To Be Titled

If you keep an open mind and dwell on what another has written, said, presented in detail, keeping your own thought and opinion at bay, the presenting party will unexpectedly describe your own view as well.

It happens when we lose ourselves, are fully absorbed in the thoughts of another; without interruption; being still and patient, with full concentration on their ideas. By focusing exclusively on their content, life responds and presents your view as well.

To Be Titled

In the Silence of our minds, backed by Her Force, the world rapidly rearranges itself to our advantage.

Further comment: I am in a restaurant and they play continuous pop music, mostly of typical subject matter - romantic, etc.. But just after making the above post I heard a song "We are Surrounded By Silence Now", a completely unusual subject matter for such a music station. What a lovely coincidence (life response) and affirmation!

Now just a few moments later, I have heard another song on the same pop-romance radio station where the chorus is "It's Amazing, It's Amazing what we can do!" Repeating over and over; almost like an Indian chant. It is the universe's further comment on the above two entries. It is a startling chain of events! One affirmation after another in this thread. One is left speechless.

To Be Titled

It is focus on the Power of Silence vibrating out in various ways. The repeated quick responses indicate mental silence's monumental potential if we were to seriously take it up.

To Be Titled

By not broadcasting your association with a significant person who has provided key wisdom and important advice, that knowledge expands in multiple dimensions in one's life.

Reader: One obvious way of broadcasting is to boast about it and feel complacent in that but some other subtle or hidden ways are also possible that we don't recognize.

Response: There are indeed subtle ways by which we and others can derive maximum benefit from life by controlling or directing our intention, feelings, thoughts, etc.

Silent Will -- We can inwardly "broadcast" our intention through Silent Will. Here we hold back from vocalizing what we want, would like to discuss, our opinion on a matter, which stores up the energy, moves out toward them, causing the other person shortly after to express the very thing we had on our minds for us. This miraculous-like, subtle life technique and phenomenon works nicely when people are in close proximity, engaged in phone conversations, having meetings, etc.

Goodwill -- We can also silent broadcast our good will towards others, showering them with genuine good feelings and affection, which brings powerful positive circumstance to their person, and over time enables us to receive benefit in return.

Power of Restraint -- Then there is simply the holding back of broadcasting our progress on a matter, project, etc., which intensifies our ability to accomplish much more. Eg suppose you are on a project and want to gleefully express the progress you have made to a colleague or boss. If you restrain yourself, and hold back sending out that information, you will see that you are able to make even greater progress in a short period of time. By holding onto the energy, we concentrate our capacity to create and attract greater results. This we call the Power of Restraint.

Synchronous Experience of the Same Idea

Since, as Sri Aurobindo discovered, all thoughts originate outside one's self in the plane of Mind, within and beyond the universe, when we experience that thought it occurs synchronously to others as well who have also picked up on it.

They may then contact us about that idea to which you would reply that you were thinking the very same thing. It is because it has become a shared idea in the plane of Mind that both parties have simultaneously picked up on.

Thus an idea is really a current, a vibration of mind energy. When the Mind is still and silent, and therefore receptive, this dynamic is especially active and noticeable.

To Be Titled

Space-time began at the outset of the universe when the Divine's Ideas (peace, harmony, knowledge, love, delight, etc.) extended from their non-dual state to subject-object relationships. Eg from Love alone to Lover loves the Beloved; from Knowledge alone to Knower knows the Known; etc. Forces and then forms based on an emerging cosmic energy followed to reflect and embody these Divine Ideas.

To Be Titled

By steadily raising our consciousness we can increasingly perceive and follow the subtle signs life is presenting that can take us to infinite-like abundance and joy.

Response to Appreciating a New Social Value

When you appreciate a higher value and policy of an organization in society such as a business, that benefit suddenly comes to you out of nowhere and at just the right time.

I had heard on the radio that the phone companies had switched from nickel and diming the public for overage charges on their data plans, and now simply gave unlimited coverage. I saw this as a higher social value and benefit. Moreover the commentator said they even warn the user if he is approaching such overages where they do exist.

Well wouldn't you know it but one hour later I received an sms message from my service provider indicating I was approaching my overage, something I do not recall ever receiving before in years of use!

Coincidence? Or rather the result of appreciating a new value in society, that has now turned around and descended into my person as real benefit.

To Be Titled

Religion is exclusive and non-integral in its thought. Each one has only a small part of the truth of spirit, of life, which each believes is the entire truth. They have also drifted widely from their source teacher or teachings, lost in ritual; often caught up in superstition.

Also, religions' fringes are filled with fanaticism (whether Christian, Muslim, Buddhist, and Hindu), which is the crack that reveals the chink in the armor that seals their doom in their current forms.

A New Age beyond these, with deeper and wider knowledge and experience of Spirit and Life awaits us.

To Be Titled

Deeply relating to, believing in a social value and its benefits later brings those same positives to you through unexpected circumstance..

To Be Titled

When you are criticized for something, take it seriously; for what led to the outer problem may have been something very different from what you might have thought, of what surface

logic dictates. Discovering the subtle, deeper cause will make you more conscious, helping you avoid such pitfalls in future.

To Be Titled

One sign that you are on the very best track is when the person least interested in your knowledge or advice later becomes the first to ask for it.

To Be Titled

When you mentally and emotionally embrace your mistake, taking full responsibility without anguished remorse, good fortune tends to quickly follow.

To Be Titled

When you make the extra effort to relate to the DEEPER needs of another, whether one of your students, family members, colleagues, etc., good fortune tends to suddenly rush towards you; sometimes from multiple directions simultaneously.

Further comment: The other day that happened; from several directions at the same time there was a blurry blitz of positive developments in front of me, each different from the other, due to the awareness of a deeper possibility for the group which I took. It was a quite startling experience. Like several storylines intersecting and revealing themselves, offering at once a variety of short and long-term benefits.

To Be Titled

When you enthusiastically, sincerely agree to help another person requiring your assistance, you may find that when it comes time to helping them they have already solved the problem on their own.

Further comment: The positive willfulness opens the doors for life to reconfigure itself in one's favor.

Reader: Sir can you please explain further

Response: Life is constantly responding on the outside to our level of consciousness within. One way "life responds" is to the intensity of one's aspirations. Life brings us what we want if we want it intensely enough. Another is when we are self-giving to others. Life brings us positive things when we make the extra effort to help others. Together -- as in this case involving a consultant -- we create a formidable power within us that moves out into the field compelling other related parties to also act from a higher position.

Let's then look at it from the other person's perspective, Here the other person might have e.g. decided to solve the problem on their own, not depending on the first person to help him. That attitude of self-sufficiency is a positive one that was influenced by the positive vibe sent out by the first person. The second person has also create a positive vibe that moves out into the field of life.

When the first sees the second to help him, the second has already solved the problem on his own. It is a life response for the first person, as his positive energy saves him the effort of having to help; as the second person has self-learned on his own. Meanwhile the second person in solving the problem on his own has saved time, not having to wait for the first person. So that's a positive development for him.

Because of the mutual and interdependent benefits, the two parties have subconsciously met at a common point in space and time, where they share their experiences.

If we take the time to observe. we will see that things outside ourselves are always responding to our level of consciousness within -- whether positively, negatively, or in between. If we act or feel in a more positive direction, we align with other positive conditions from other people and circumstance that we experience as an instance of sudden good fortune.

To Be Titled

When an elected leader goes beyond his party line and works collaboratively for the sake of the people it is Patriotism in action

Reader: Rare to find them.

Response: Yes, very rare. Yet there are degrees of doing this. Even a great patriot like Nehru could not fully shed his party line. Roosevelt was close in that he advocated war against the Nazi, which was against the pacifist left wing of his party. Churchill the same against the conservatives of his own party, also advocating for the same war. But integrally going beyond party lines seems almost like an impossibility. Bill Clinton did it in several ways, and he is now regarded as perhaps the best of the last half dozen US presidents.

How to break the bounds of the party of whom you got elected? It takes great courage and advocacy of the Truth; even convincing those on your side that there is a more integral way than just the old party lines. In fact, this is how parties evolve.

Often it takes the needs of the time to enable one to overcome the limits of the party line to become a true patriot. One is forced into that role, as Jerry Brown, the Governor of California was forced into being a physical conservative when the state accumulated so much debt. Then the people voted for a tax that balanced the budget. The people were realistic. He helped push in that direction because he too became realistic.

Overcoming one's mental prejudices and seeing the entire spectrum of the problems of the nation will help one come up with policies that are integrally effective, and that transcend the party line. It is almost a yogic movement of the purification of the exclusive mind.

Perhaps true patriotism cannot come from the top, but amongst all levels of the population of the people below who work with others for the common good. In most nations it begins with happily paying your taxes, which is your fulfillment of your contract with the government. You pay in, and the government protects you and helps organize life so you can thrive. The paying out of the tax is an example of a Patriotic Act. It is a recognition of a wider truth of being a citizen of that country.

Developing such an integral mental awareness of what is most helpful to the society and emotionally seeking improvement for your nation enables one to become a True Patriot. He becomes a pioneer who leads the people into a better and brighter future.

Reader: May be always being in power too gives a lax attitude over the responsibility. If there is difficulty to win the people's support and there is an urge for the politician to win their appreciation then it may be crossing the lines and serving the people and thereby the nation

Response: I think it depends. Governor Brown has been in office for four terms, but he saw the need to act. He wasn't lax. (He has vast energy and idealism for his age. (76) He was governor previously in California in his 40s!)

Others will be lax. It depends on the urge and desire to implement high values over time. In democratic system that restricts terms to say 2, there is more of a compulsion to do something positive, yet the party line is sticky.

Politics ultimately needs to be replaced by something else, or evolve out of itself something new. What is it? I once had this discussion with Karmayogi. I gave some suggestions. One was the development of various Parties of Ideas, a Greek like approach.

In recent years Appa said that it is the end of the age of great political leaders. All profound ideas and therefore power is coming from below, pushing upward. MSS's work with its partner organization on the international stage is a testament of such influences. It is the first light of the emergence of a Golden Age of international collaboration. He is spearheading this evolutionary change in the world. We too can collaborate with that effort. It is Service of the highest order.

To Be Titled

When we make assumptions based on what the eyes tell us, without any substantial thought behind, we tend to misread the situation. This is an extremely common mistake we make on a daily basis that almost everyone misses.

Taking Another's Point Of View Attracts Success

If you switch from your position to the other person's point of view, while remaining still inside, everything tends to go right thereafter.

Eg rather than take the same approach to shopping for new clothes, you recall in the back of your mind your friend's suggestion to shop at a particular store. When you take her advice and go there, remaining still and calm at each point, everywhere you turn you find just what you were looking for, and more. You feel like you have experienced the miraculous.

Reader: I think God has made it that we can at any time have only one side of the picture so that people have to necessarily cooperate with others to get the full picture. This is one way to promote human relationship.

Response: It is a profound and true statement. And one that brings up many issues (almost all of which are addressed in vast detail by Sri Aurobindo, Karmayogi, and others).

One is that the Divine wanted to create an endless multiplicity of possibilities in creation, and to do that allowed for Ignorance, which is in essence our very part knowledge. This He calls the Involution.

We can however evolve our mind so that we can develop more of the necessary whole or integral knowledge. This is the Evolution.

It is also true that through this process we can acquire that knowledge through our association with others. And yes through that process, one is compelled to cooperate with them and their understanding, which also enables us to grow as individuals.

Going through this progressive process also causes life at each step to respond with good fortune. That is the extra magic of growth in consciousness, in addition to benefits of experiencing Integral Knowledge, Harmony with Others and Life, intense Joy in being alive, and Love for others and the Divine.

To Be Titled

When someone sends you unsolicited important information on a certain topic or area, it is often a subtle suggestion to look at RELATED areas and discover and overcome errors or other mistakes there. When you correct them, you will smile and see the cosmic-like Reasoning of Life that compelled you to receive the original message in the first place.

America's great success over the decades is due in large part to her continuous waves of immigrant population who refresh the nation with new ideas and capacities. As a living laboratory of this approach, US serves as a model for the world. However, she must find UNITY within that diversity to continue to be a template for the rest of society.

To Be Titled

Indians have a natural tendency to relate to and appreciate others' experiences of the subtle laws of life, while Westerners, with their filtering rationality and mechanistic view of reality have a hard time fathoming it.

Restraint's Accomplishment Attracting Power

The more you restrain yourself and hold back the expression of built-up energy, the more it strengthens and attracts more benefit, including greater accomplishment in a work.

E.g. an individual who is too eager to put out some material he has been working on or feels too much of an urge to express what they have so far accomplished on a project can instead silently hold communication of it inside. As a result one attracts good fortune -- such as more and higher-value work, the earlier completion of a work, or the work taking on new dimensions that are beneficial to all parties involved. That is the power of not broadcasting a work too eagerly, and instead practicing restraint by holding it inside and build up accomplishment attracting power.

To Be Titled

The prerequisite for integral yoga is coming out of prejudices and opinions. Every time we come out of that we will have a minimum of one pleasant experience. (Ramesh Kumar)

Comment: Eg as Ramesh narrates, when he came out of prejudice about the worthiness of an alcoholic associate, he suddenly experienced a powerful synchronicity emanating from that individual. Giving up the prejudice opened the door to a remarkable, pleasant experience.

To Be Titled

Society normally goes through expression and experience of freedom before it learns willful self-control. If we examine the arc of history we can see a progression from rigid control, to liberalizing freedom, to greater self-control within a wideness of culture. Those who short-circuit this process and become moralistic -- condemning society for such things as abortion, promiscuity, breakdown of the family, various forms of wild culture, et al, -- can have the net effect of sending the society BACKWARDS along this scale or worse. What is needed is not moralism, but self-awareness that leads to self-control. It occurs best in an atmosphere of true freedom.

Flowers and Their Messages

The rishis of ancient India discovered the One Existence in all things. They saw the animate and inanimate alike as manifestations of Spirit pervaded through and through with living consciousness. They recognised not only the divinity of all but also the uniqueness and individuality of each. What they saw was codified and recorded in the holy scriptures, the Shastras. These rishis did not know by the mind or the senses. They perceived by a direct inner vision and identity with the object of perception.

Of all animate and inanimate things on earth they found that flowers are nature's purest manifestation of the Divine. They knew that each flower embodies in its color, form and fragrance a particular vibration or consciousness and that contact with a flower can bring one into contact with that vibration. For this reason flowers were commonly used in all forms of worship, offering and devotion. Through the ages flowers became an integral part of Indian culture playing a very significant though often forgotten role. (The Mother's Service Society)

Unusual Impatience & Restraint Incident

Two men were waiting on a long line for their important travel documents to be processed. The first man's number was next, and he was very eager to be called. However, the more eager he became, the longer the delay continued.

Another man standing next to him observed and understood this inner-outer dynamic involving this impatient individual. He could have told the first man to give up his impatience, and thereby unblock the negative energy that was keeping his number from being called out, but he exercised restraint and kept it to himself.

Suddenly, the first man's number got called. It came as a result of the second man's understanding of the wrong attitude of the first, plus his restraint in not saying anything about the matter.

The first man now happily was served, while the second man smiled an inner smile to himself. Reader: perfect example of inner strength!

To Be Titled

If you don't complain about another's mistake, you will receive more than you asked for.

To Be Titled

If you withdraw all fear when another person is struggling to fulfill your need, the problem will disappear, often through a creative movement of life.

To Be Titled

Even the worst of men can make one helpful brilliant decision.

Further comment: Nixon in China; that help open it up, is one example. Mother called him a brute.

To Be Titled

The moments when great movements envelop one are his most helpless moments. For the same reason, they are the most propitious moments to invoke Mother. (Sri Karmayogi)

Further comment: This is my very current experience.

To Be Titled

Matters from your subconscious that irritate you (e.g. problems of childhood) will keep attracting negative iterations of it in your present life -- such as difficult people who represent it, -- until you consciously recognize it for what it is and reverse it in consciousness. Then if it also consecrated, you will be unburdened from that psychological issue forever.

To Be Titled

"How to perceive the Divine's play as enjoyable as He is playing?"

In Vedanta and in Sri Aurobindo's view there is an ultimate Reality, and each plane from spirit to matter are expressions of it. It includes all things, positive and negative, great and small, every detail in life, every circumstance, everything.

When one develops a deeper consciousness within, culminating in the psychic, one perceives the utility of all these things, including all the problems and challenges we experience in our lives. We perceive the Reality (Brahman) for what it truly is, in all its facets. As a result, we perceive the working of the Play of the Divine (Lila); including its movements and intent.

By developing a deeper consciousness within through consecration, our mind expands from ordinary to silent mind to intuition, culminating in Supermind, where we have a glimpse of this infinitely multifaceted Reality. We see each thing and its purpose. We perceive how all things in our lives and the world around us fit together, and are necessary.

Sri Aurobindo says this Vision of the Reality is the ultimate view of existence given to Man. It is to perceive the true workings of life, as well as the Divine's Play, including Its Delight in the process. Now His Joy becomes ours.

To Be Titled

Surrender: The turning of all the movements of the being towards the Divine. (The Mother)

Surrender, is the Conscious Act of Forgetting, all the layers of our Personality, so that MOTHER takes it up. (Sri Karmayogi)

To Be Titled

(response to various questions asked)

America is definitely embracing socialistic values within capitalistic framework. Becoming humanistic is an even higher goal. I.e. adopting human values above all others. Mother also said end of capitalism is on its way, especially in its money-oriented, non-humanistic form.

Obamacare is an excellent initiatives that takes up what Roosevelt initiated, but didn't live to realize. Some of it IS realized in Europe, especially Scandinavia.

The world is changing rapidly. Financial crisis almost annihilated the world economy. More radical disruptions are bound to happen if the nations of the world don't collaborate -- to set policies, establish regulations, and overcome economic malaise such as unemployment, stagnant wages, under development, etc. etc. The time to come together is now. World governance with teeth is necessary to solve the vast global problems that transcend national boundaries.

Reader: We learn by experience after all everyone including Nations are selfish in the beginning.

Response: FDR's Second Bill of Rights Speech which demonstrates some of the Humanistic qualities that could be part of a New Paradigm of existence, and is more relevant today than ever (though he did not live to see through)

Further comment: He was way ahead of his time in a number of areas. Karmayogi says however that he caved in to other interests and did not push that agenda. (Or something to that effect.) Also it was near the end of his life.

The video had been lost since it was recorded, and was rediscovered in 2006. It was ironically rediscovered at the dawn of the financial crisis, the Great Recession, which was the time that so many economic and social issues he addressed in the speech have come to a head.

"Roosevelt's January 11 address was delivered via radio, as the President was suffering from the flu at the time. During the last portion dealing with the Second Bill of Rights, he asked news cameras to come in and begin filming for later broadcast. This footage was believed lost until it was uncovered in 2008 in South Carolina by Michael Moore while researching for the film Capitalism: A Love Story. The footage shows Roosevelt's Second Bill of Rights address in its entirety, as well as a shot of the Six Rights printed on a sheet of paper. ((Wikipedia)

To Be Titled

Lord Krishna broke all rules of dharma He came to establish. To win for truth in a plane of falsehood, a pinch of falsehood is essential. (Sri Karmayogi)

Further comment: It is distantly related to my earlier comment that you may need to ride a bus that gives off pollution in order to get to a conference in which the elimination of pollution is discussed.

During WWII the western spies practiced lies and deception in order to capture the Evil Nazis who practiced it at all levels.

Jesus was angry and threw things around at the money changers in protest of their hoarding of funds, a seemingly unspiritual like action on His part.

New Paradigm for Global Society (Summary)

Introduction to New Paradigm for a global society by MSS leader and World Academy CEO Garry Jacobs:

"The multi-dimensional challenges confronting global society today will not lend themselves to resolution by piecemeal sectoral strategies and incremental measures. Their causes are deep, inextricably interconnected and result from deficiencies in values, concepts, institutions, policies and actions. Fundamental change is needed in both thought and action – a new intellectual paradigm that is comprehensive and integrated combined with a new institutional policy framework founded on the values of human welfare and well-being.

At every crucial juncture in human history the advent of new paradigms has precipitated radical change. Past paradigm changes confirm that the problems created by human beings can be solved by human beings. At such moments, ideas have the power to precipitate radical change driven by compelling social forces and emerging deep drivers.

Today the pressure of rising expectations for freedom and prosperity, unprecedented technological capabilities, burgeoning global financial assets, and an inevitable movement toward an integrated global society combine to generate the opportunity and necessity for fundamental change. The starting point is the willingness to challenge the irrationality of the premises underpinning the existing paradigm.

Paradigm change is not only possible. It is inevitable. The only question is whether it will occur by gradual, progressive, peaceful social evolution now or drastic, sudden, violent and potentially catastrophic revolution later."

The Great Good of Difficulties

The reaction of our mind and emotions to challenging situations and conditions is a distorted view of things. When we are confused, upset, feel helpless, in those difficult moments, our

mind has a very limited perspective of the truth of things and our emotions have been overwhelmed by what it experiences.

However, from a higher consciousness and view, it is just more stuff, more flux, more fact, more reality that is necessary for the unfolding and progress of ourselves and the world. The individual who has developed a stillness within and opens to the Higher Power, to the Mother will see these difficulties in a more positive light as challenges.

He can even go further and see them as golden opportunities. At the highest level he sees them as great goods, and feels gratitude that he can further develop his being and the world's conditions through them.

To Be Titled

Making the extra effort in work, pushing through our inertia, causes space-time to quickly cooperate with our intent.

Reader: True. Not stipulating the time or monetizing the work should give the same benefit.

Response: Yes, they are corollaries of the same essential principle. They often all go together simultaneously. E.g. consultant who makes the extra effort loses himself in the needs of the client, forgetting the clock, as well as the income. When he does, great benefit is attracted, such as the remainder of the work being unnecessary as it has already been done; that the project has been completed much earlier than expected; etc.

Becoming Irrelevant In Higher Education

Recently at a global symposium of education leaders the heads at Oxford boasted that they were in the top 10 colleges in the world, and that they would be at the same spot decades from now by doing what they were doing.

Garry Jacobs, the CEO of World University Consortium (WUC) told me that he listened to this speech, and then stood up before them with his own and then very boldly told them that they would become irrelevant and even disappear if they stay pat and do not embrace the changes that are happening and are going to happen in higher education, such as low-cost online systems, including Moocs, and other dramatically new forms of learning that are in the process of being developed.

To Be Titled

Every difficulty is a knock-on-the-door on how to improve things.

'Interstellar' Film & Life Response

I recently saw this very popular and well-received science fiction film 'Interstellar' and in it, as one columnist says, are instances of non-local connection, entanglement, what I call synchronous connection that is one expression of Life Response.

He says "Nolan introduces the concept of quantum entanglement. That's when two particles that have interacted with each other behave as one even though they might be far apart. He then shows how people in love display some of those same features. They react in the same way at the same time to the same things. [no matter how far apart]

The characters in the movie are frequently experiencing cross-cutting and mystical connections that transcend time and space.

...As the poet Christian Wiman wrote in his masterpiece, "My Bright Abyss," "If quantum entanglement is true, if related particles react in similar or opposite ways even when separated by tremendous distances, then it is obvious that the whole world is alive and communicating in ways we do not fully understand. And we are part of that life, part of that communication. ..."

Further comment on the film: What is made dramatic through a science fiction adventure traversing the galaxies occurs in the most mundane of daily acts if we have the eyes to see them. If the average person can clearly see how the power of Love and other forms of harmonic connection –silence, goodness, truth, etc. -- can abridge space and time, and be

experienced as a miraculous unfolding in one's own life, then the society would truly make a great leap in awareness.

To Be Titled

- The more you hold back verbalizing or asserting your success, the more it will rise.
- The more you withhold speaking of your success, the more others will speak it out for you.

Entanglement, Space-Time, and Life Response

The ancient rishis of India experienced that all things are one in space and time. When we raise our consciousness (such as overcoming a negative attitude), we connect with related items in space-time that come to us as a response of good fortune. Space and time are overcome, as the thing comes to us instantaneously.

Science understands entanglement (non-local connection, alignment, synchronicity) where two particles on either side of the universe can influence one another's action. This is in essence Life Response. Science however does not know the Oneness of existence that enables this to happen. It also does not perceive the types of higher inner behaviors that allow this to occur – such as overcoming a negative attitude, intense feelings of goodwill, including love, not reacting to another's negative feelings (non-reaction), making a firm decision and commitment, and a number of other inner behaviors - psychological and spiritual.

Sri Aurobindo and Sri Karmayogi also explain that when we move deeper within in consciousness, we increasingly experience past, present, and future in the Ever-Present. In each moment we know the essential influences of the past on the present, the present conditions, and sense what the possibilities are for the future. This is in essence supramental perception of time, as we know all of the essential details in any given moment.

Also from that depth, culminating in psychic being (evolving soul), when we call to the Mother, to the Force, we evoke ultimate responses of good fortune; also thereby overcoming space-time, as the positive conditions come to our doorstep rapidly or instantaneously.

To Be Titled

What will ultimately convince you of the reality of Life Response is your actual experience of the phenomenon.

To Be Titled

Sarcasm tends to evoke negative response from life. Even being Satirical can evoke problems, as it often has sarcasm built into it.

One man jokingly shared with a friend his mock rewards for his worst purchases of the past year. A few minutes later, he was trying on a newly purchased shirt, and it turned out to be far too small! Now he had to return it to the department store!

Speaking a negative will tend to attract more of it.

To Be Titled

If you make the right crossroad decision at each point, - eg listening to others, taking their point of view, doing what the subtle signs are indicating, holding back ego, applying positive attitudes wherever possible, etc. - you will RAPIDLY arrive at your desired destinations and fully achieve your end goals. It may even appear as if an invisible hand were guiding you at each step along a forethought path to your multifaceted destination.

Reversals of Attitudes That Attract

We have developed a scale of attitudes, with each pair ranging from negative to positive. When you shift from the negative to the positive on any of them, you are likely to attract sudden onset of good fortune.

--Unwillingness to Willingness

- Arrogance to Humility
- Self-Importance to Respect for Others
- Impatience to Patience
- Suspicious to Accepting/Trusting
- Unreliable to Reliable
- Pessimistic to Optimism
- Defensive to Expansive
- Insecure to Self-Confident
- Closed Minded to Open-Minded
- Self-Satisfied to Aspiring
- Resentful to Goodwill, Gratitude **
- Sarcasm to Sincerity

E.g. in Garry Jacobs' novel 'The Book' a key character Anya felt deep anguish and resentment toward her professor, with whom she had been out of touch for a long time. After ruminating on the idea that her current outer problems -- the negative attitudes of the people around her -- were the result of the negative attitudes she harbored toward her professor, she suddenly out of the blue received a call from him in which complemented her as being the most brilliant student he ever had, as well as offering her a very significant new project for her fledgling company.

That is the life response power of reversing from Resentfulness to Goodwill and even Gratitude. Good or great fortune follows.

To Be Titled

When you make an effort and solve a problem, life tends to present you with additional related problems, which you can now easily handle. It is the same for issues and opportunities.

Eg a man noticed that a light was not working. He investigated the situation and discovered the battery and back panel was missing. He then moved shelving out of the way and discovered the two missing parts on the floor. He then replaced them in their socket, and the light now worked. While moving the shelving to find the missing parts he discovered that the floor was filthy there, which he then happily cleaned. That led to additional discoveries, and new opportunities for improvement. The original effort had opened up the doors of multi-faceted change.

To Be Titled

- Mind leading without emotional baggage that holds back from vital accomplishments
- Body immediately taking to action from compulsion of Life is not interfered with by Mind also accomplishes and spreads.
- Doing the right thing in that and every moment always attracts right outcomes, including new possibilities.
- Non-interference of vital and mind (and any inertia of the body) to a necessary activity - where one acts Now - attracts supramental action and power (which is powerful, dynamic, ever-expanding).
- Inner value of 'Continuous Progress' continuously opens doors to new possibilities.
- Overcoming time through immediate action attracts the recognition of issues, problems that can be easily and quickly solved.
- etc.

Every Act Is Indicated Beforehand

Each life event is indicated, presaged by an earlier one.

When a man went to return a shirt that was the wrong size, he had to wait in a lengthy line, which was kind of unusual for that store. It turns out when he first purchased the shirt a week

or so earlier, he also confronted a long line at checkout, even though it was a quiet shopping day. The second event was indicated by the first. Karmayogi says that there are absolutely no exceptions to this rule.

On the other hand, if you consecrate the original problem event, it will NOT repeat.

Further comment: By the way, this also pertains to positive events, as well as anything in between. Thus EVERYTHING is indicated beforehand; an astonishing phenomenon!

To Be Titled

Sri Aurobindo said that increasingly the problems of the world will not be solvable by Mind, as it requires solutions that only Spiritualized Mind -- silence, intuition revelation, supramental perception, -- can bring. The Middle East region with all of its conflicts, conundrums, contradictions, and ironies is a good example.

Reader 1: It is like playing Chess game against Ten Magnus Carlsens

Reader 2: Even in my day to day problems...I find that solutions given by mind don't help much...and these solutions are not integral

Response: Yes, exactly.

However, stilling the mind and consecrating the situation to the spiritual Force (the Mother) can bring the necessary integral knowledge for that issue.

To Be Titled

If you get upset with someone else's mistake, you are likely to make a number of errors yourself soon after. (That negative energy disturbs the mind and leads to faulty thinking.)

Reader 1: How do we overcome this situation?

Reader 2: This happens often in office where...people often shout at others without knowing the why such a mistake happened and yes they also commit the same mistake

Also I HV observed that many people consider themselves far more superior in doing a task ... And they often get surprised when someone does the same task better

Response: "How do we overcome this situation?"

One must develop a new center of consciousness; not on the surface, but from a deeper poise. This is one of the goals of yoga (conscious evolution) and a change from the ordinary life. In addition, one can readily practice non-reaction to situations, others, so one does not react when others make a mistake. It takes a commitment to change one's being this way.

Sri Karmayogi also advocates regular consecration, opening to the Mother before events which helps the life conditions so all parties involved avoid the negative and do the right things; plus it has a calming effect inside, enabling one to more readily practice the method of non-reaction to life's and others' intensities, so in this case one does not react to another's mistakes.

To Be Titled

If you are having problems with others - whether spouse, family, friends, co-workers, boss, subordinates, etc. - understand that it is a reflection of some lacking consciousness on your part. Rather than blame or try to change others, discover the corresponding wanting element(s) inside and change that. When you do, the outer conflict, contradiction, or problem with others will quickly disappear.

To Be Titled

Harmony is a key to finding the solutions to entrenched social problems, as it removes Ego from play among the parties, allowing for collaborative answers. It also creates a solid foundation for each individual to develop his own integral solutions via his own unique capacities and genius, while creating a soothing effect that allows each person to gather all the necessary knowledge through silence in the mind and intuition. Together it can have a great power to solve any societal problem.

Power of Organizing That Attracts

When you take several moments and plan out what is to occur and then consecrate it, the work happens dramatically quicker and with more creative action from life than one would have imagined.

E.g. I briefly planned how I would go about organizing some new case studies for my 7-day presentation on life response. I also consecrated the matter, offering it to the spiritual Force. What I originally thought would take perhaps 3 or 4 sessions of perhaps one hour each, occurred in less than a half hour. Matching that swiftness was a sense of JOY of how each thing dovetailed with the next!

Aided by engaging the Force, we see the power of rational Mind to organize and thereby create energizing and deeply satisfying results that overcome space and time.

To Be Titled

There are times when the Mother will not give us what we ask for, as She perceives the totality of conditions that we do not

Moving the concentration away from the act at hand disperses the energy and increases the chances of attracting the negative.

Further comment: E.g. Multi-tasking can have its down side, as no one thing is done correctly.

To Be Titled

The more you emotionally and egotistically insist on your position, the more you are taken astray.

To Be Titled

Before you speak to another, make sure they are ready to be spoken to.

To Be Titled

Reader 1: At every stage of perfection of an aspect or a thing, redefining what is perfection from that stage is called perfection. A stage where it cannot be redefined for that aspect or thing, it is called perfect perfection.

Reader 2: Perfect perfection can also be redefined by past consecration or my mere thought to define something may also be an error. For example I wanted to try my luck in an admission process which I failed to get few years ago. I was confident even on appealing but no was the outcome. May be correcting errors of the past too did not work out as I should have never exercised my energies. Why you want this to happen is the question before us or me now. Contemplatingabout it.

True "Giants"

I have seen the local professional baseball team (San Francisco Giants) win 3 world titles in the last 5 years solely due to team unity and deeply calm yet firm leadership by the manager, though their talent was limited compared to the competition.

And they won in the most extraordinary, unconventional methods; constantly dangling from the edge of a cliff facing elimination.

I have also added my consciousness at each point. My approach: at each point I watched them and they started losing, I withdrew from watching, and they then suddenly started winning! I practiced this technique as well as detachment from the outcome through each of the three championships.

The baseball world is completely baffled by the Giants' extraordinary successes.

Thinking about these events always makes me smile; and who knows, there may be more to come!

Life Response Power of Transforming Our Attitudes

The [negative] attitudes we have created are one of the ways by which the Infinite has become finite. Our job now is to reverse the direction and make the finite Infinite. The way we do that is to reverse our attitudes, of which we have thousands.

There is a method that can work for all of us. Wherever we feel a strong reaction, without trying to justify it in any way, let us say "I offer this attitude to you, Mother. Let me give it up. Let me make a progress." Call Mother at that point to reverse it, to dissolve that attitude.

There is infinite prosperity behind each of our opinions, attitudes and habits. Each time we come forward to give one of them up, we release an enormous energy that translates in our lives as the disappearance of a problem or the sudden appearance of a great opportunity.

(from Lectures On Sri Aurobindo's 'The Life Divine' by Garry Jacobs)

To Be Titled

If you study your own life or the lives of great achievers, you will see that enormous opportunities have emerged when small attitudes are rejected.

(from Lectures On Sri Aurobindo's 'The Life Divine' by Garry Jacobs)

Further comment: E.g. Apple's CEO Steve Jobs didn't want to allow the iPod music player and iTunes music store to work on PCs, only Macs. He held very firm on this. It was a foolish belief. But then he changed that small-minded attitude, and business suddenly boomed for Apple, and from that moment on it was set sailing for the stars; the highest valued company in the world.

To Be Titled

The Mother has entered our lives so we can be instruments and pioneers of the New Species, guided by Her Force and Love and Power.

Inner Response to An Opportunity

How should one react when an opportunity comes to us? Karmayogi says the following:

-The very first thing that is necessary is to recognise the incoming opportunity as GRACE and FEEL a thrill of thanksgiving, which is GRATITUDE. It is difficult.

-Mind, at this moment, should entertain ONLY positive thoughts. It should not indulge in expectation. Discourage and eliminate expectation, dwell on whatever is positive.

-Any negative thought entering by itself or initiated from inside is too great an insensitivity which this fresh opportunity and its atmosphere can admit.

One's experience should make him know that this new opportunity is too very sensitive in life and will not survive in the subtle plane the touch of or even the presence of a negative sensation.

-It is possible for us to know that right atmosphere. Silence is not the right atmosphere, but Silence behind the Silence is the region where these secrets dwell. Can you create it inside? Can we give the spiritual support it needs to be assimilated by our awakened spiritual being?

The atmosphere around us is social which is the very opposite of this requirement. To be able to view any social event from this Silence behind Silence is the only possible way.

-What one can receive depends upon the positive, creative sensitivities that can receive and negative sensitivities that can reject the undesirable vibrations.

Reader 1: Yes very informative. That is accept all opportunities in the positive vibe and do not give negative or any expectation. Just like sightseeing enter all fields of life and get the knowledge in it.

Reader 2: Thank you Sir for the post. Could you please further explain:

"Silence is not the right atmosphere One should go silence behind silence to perceive the new opportunity". Thank you.

Response: It is the Silence of Brahman.

There is mental silence of non-thinking.

When before going to bed, we consecrate and empty our thoughts, we can enter the silence of Brahman ie Satchitananda in sleep. Mother says five minutes in that place can give complete nightly rest. This was Mother's regular experience and reality.

The Rishis experienced the Infinite Brahman, and therefore the Silence behind the Silence, but apart from life.

We can achieve the same during the day through connection to the psychic being in the depths,

Through regular consecration and taking the others view as much as possible we can move deeper within to the subliminal and then the psychic, where we also experience ultimate silence as well as other spiritual aspects - like oneness, light, goodness, delight. Love, etc.

Silence has been my experience, but rarely the Silence behind it. However I am most interested in attaining it.

USA's Wageless and Top 1% Only Recovery

"Median household income continues to drop [in the US]. This is the first "recovery" in memory when this has happened.

Jobs are coming back but wages aren't. Every month the job numbers grow but the wage numbers go nowhere.

Most new jobs are in part-time or low-paying positions. They pay less than the jobs lost in the Great Recession.

This wageless recovery has been made all the worse because pay is less predictable than ever. Most Americans don't know what they'll be earning next year or even next month. Two-thirds are now living paycheck to paycheck.

So why is this called a "recovery" at all? Because, technically, the economy is growing. But almost all the gains from that growth are going to a small minority at the top.

In fact, 100 percent of the gains have gone to the best-off 10 percent. Ninety-five percent have gone to the top 1 percent.

The stock market has boomed. Corporate profits are through the roof. CEO pay, in the stratosphere. Yet most Americans feel like they're still in a recession.

And they're convinced the game is rigged against them."

(Robert Reich)

Further comment: Conditions are ripe for insurrection unless something is done.

Reader: The underprivileged should make vociferous demands.

Response: Yes, but it is also the middle class that needs to express their voice vociferously. The illness has spread from the underprivileged to the middle class because no serious action was taken by the society over the last number of decades to rectify the problems of the lower class. Now it has spread like an Ebola virus throughout the society.

What is needed are HIGHER skills amongst the population that is coordinated among all parts, including the people, the government, and the private sector, which will bring the higher wages so people will not be on the edge of the cliff as the lower and middle class are now. (i.e. almost zero savings, and strained to pay the bills.)

Further still a new form of Economics needs to emerge. It is just a matter of working together, of harmony not a shortage of resources. (All problems in life are essentially of harmony not resources and the like.)

The irony is that even the upper classes will want to be involved when there is a clear Plan.

To Be Titled

"Our problems and diseases are social conditionings. Break that conditioning, the problem disappears." (the Mother)

Let us examine the ways social conditioning determines in our own individual lives and try to reverse them so life opens up like a flower for us.

To Be Titled

When attending large functions like company Christmas parties and the like devotees and those close will tend to win special prizes is my experience; often sensing the vibration of the win just before it is announced. And when it does happen, it is still startling to them, but somehow not surprising.

To Be Titled

It is not in a day that one can overcome one's own nature. But with patience and enduring will the Victory is sure to come. (The Mother)

To Be Titled

There are times when focusing one's mind on a matter concentrates the energies and attracts a desired result, while other times attracting a result requires the mind to be silent, even forgetting the matter. Perceiving when to use either comes through subtle awareness of the situation.

Reader: Could you throw more light on difference (1) when the mind needs to visualize the result on a constant basis and (2) when the mind needs to consecrate the goal to The Mother and then remain SILENT. Thank you.

Response: The Secret asks us to visualize a result. It can be an effective method if one also addresses other issues that go along with it as explained by Garry Jacob at MSS site and elsewhere. I personally don't use this approach.

If I visualize at all it is visualizing Mother in certain ways as explained by N.Asokan at Karmayogi net forums, such as imagining your debtors each being paid off by Mother, or her touching an afflicted area, or similar types of scenarios.

I generally practice the 2nd method you mention of consecrating situations to Mother, followed by "Thy Will Be Done," which is a kind of silence as you indicate.

To Be Titled

To continuously be in the exact right place at the exact right time is Supramental.

Supergrace That Transcends Our Capacities

Our past is collected in us as our present capacities. Our past is our karma. As long as we believe in karma, Grace cannot act. The moment we move away from our karma, our being is no longer occupied in any fashion. It is fresh. Grace acts at once and allows us to reap the rewards of our own endowments unhindered by the past or karma.

There is a further progress open to Man. It is his ability to give up his faith in his own endowments. Man is not constituted to withdraw from his endowments because he is his own endowment. His identification with his endowments is total. Should he do that, grace at that moment turns into Super Grace. Grace permits you to work unhindered by karma. Super Grace brings the end results in the beginning, as it is not our own endowments that are at work, but Her endowments that do the work. (Sri Karmayogi)

Further comment: An example of Supergrace: You are assembling an important piece of new furniture for your home. You have consecrated the entire effort. Now you are at a critical point, and you are relying on your strength and skill to accomplish the work. However, things go a bit roughly and as a result you remember and decide not to depend on your capacities, but on Her. When you make the smallest effort to go further, all of a sudden the particular difficult action starts working out, which in turn leads to similar successful actions, leading to near perfect execution of the entire undertaking. You have cleared an important milestone in your new home by forgetting your capacity, in exchange for Her life response Power.

To Be Titled

Restraint from commenting is spiritual.

To Be Titled

Research has shown that the best way to be happy is to make each day happy. (Deepak Chopra)

Further comment: Yes, happiness can be viewed as the accumulation of happy moments -- where we seek and increasingly experience a more harmonic existence with others and life. Where there is no dark side, and we are free of want, desire, and ego movements that end in unhappiness.

Ultimate, non-stop happiness comes when we connect to and commune with our higher or deeper self, or with the Divine Itself, collaborating with Its Intent, losing ourselves in its being. Such true happiness is called "Joy" or "Ananda" or "Delight of Being."

Consciousness is experiencing the transcendence and perceiving it everywhere and in everything, including one's self.

Consciousness is the field of All. The Reality. It is non-local, beyond space and time, yet imminent in both.

Our perceptual experience is nearly the opposite of this, as we are caught in our surface, ego self, -- instead of being freed into the unbound Infinite Existence; that All; that Reality we are part of; that we are.

To Be Titled

In a tense, difficult situation, remain calm and still inside, and call Mother. The problem will tend to quickly dissolve.

To Be Titled

Creation emerges from the Force of Consciousness. It begins as unconscious matter, which we inherit and is the basis of our essential Ignorance. In this Involutionary process the original Consciousness is hidden, buried, involved. However, through our conscious progress, we release the involved Consciousness, reuniting it with Its Force (chit), thereby hastening the Evolution.

To Be Titled

The full understanding and realization of a deep principle reaches its peak when it can be expressed with great simplicity, brevity, and clarity to an unintelligent person.

To Be Titled

Complaining about a problem is easy. It is a sign of weakness. Devising an inner or outer method to help rectify it is empowerment, a sign of strength.

To Be Titled

Evolution is the Spirit unfolding in life.

To Be Titled

Karmayogi says that when we discover our Psychic Being (our evolving soul within) and from there surrender to the Mother and Her Force, we hasten the Evolution. It is the essence of the Integral Yoga, which is done for ourselves and the world.

To Be Titled

The more you complain about a matter, the worse things tend to get, in that or a related area, as the negative energy spreads.

Complaint is an understanding or idea surrounded by a negative emotion. Such emotions attract negatively.

To Be Titled

Intense loyalty all around, in every direction builds harmonic power that can attract enormous success, catapulting an organization or other entity to the top of its field. Such "all for one, and one for all" mentality is supramental, delivering the individual and one's group to the pinnacles of success.

Eg the players on a team deeply respect management, and vice versa. The team rises to win three championships in five years even though their overall talent is limited. At each critical point they rise to the occasion and succeed beyond all expectations. Their harmony created powerful energies that attract positive outcomes at key moments taking them to the stars.

To Be Titled

Impatiently waiting for a thing to happen tends to delay, lessen, or cancel it.

Eg in drought conditions an individual impatiently waits for and dwells on the reported coming storm. As a result the storm weakens or is deflected.

To Be Titled

In a positive atmosphere, the negatives are eventually swallowed by the positive. In a negative atmosphere, the opposite.

Eg a man makes a foolish mistake in relation to a conference. Still the conference, bathed in a positive atmosphere is very successful, and even his mistake turns into a plus.

To Be Titled

The smallest negative remark, even one made in jest can quickly attract negative circumstance, such as a small accident. Best to hold such thoughts to one's self.

Life response is consciousness manifesting an evolving reality. (Bill Hultquist)

To Be Titled

Karmayogi indicates in ordinary life we reach levels of what we can consider "perfection." But even there we can perceive how we can go higher still. With Perfect Perfection there is no obvious way to improve one's self at that level. It is ultimate perfection. It is Truth consciousness, supramental, the Essence of That which created this world, which we have achieved through our creation.

Further comment: I should add that when we reach perfect perfection in a work, life responds out of all proportion with good fortune, as the infinite replaces the current finite. (Yet ANY movement in that direction will also evoke proportional life response results.)

To Be Titled

When you give up your fear or anxiety or bother about doing a work or activity and fully commit to it, what occurs when you do is either much easier than you thought, or the need to do it at all disappears completely.

The ultimate form of individuality is to use one's capacities to create something unique for the betterment of the world. Examples are Steve Jobs, Albert Einstein, Srinivasa Ramanujan, Mohandas Gandhi, and Eleanor Roosevelt. In their cases, individuality and communality become integrated and one.

To Be Titled

Freshness in our everyday life occurs by being open to new possibilities, by embracing uncertainty and the unexpected, by continually shedding old/dead habits, and by continuously aspiring for something new and wonderful to enter our lives.

Reader: Roy Sir, nowadays I'm consciously changing the habits which gives me energy, enthusiasm

Response: Excellent.

To Be Titled

All of life is life response. There is nothing but it.

To Be Titled

All that needs to be done, gets done based on the logic of the Infinite.

Further comment: (Whereas the logic of the finite, of our reasoning mind has a very limited perspective of what is and isn't necessary.)

Universal Energies and Life Response

Life response can be explained this way: There is equilibrium of energies in the universe in a given infinitesimal space-time moment. Something gets "disturbed," positively or negatively as a result of a shift in consciousness by something, someone. Life however always seeks to restore its equilibrium of energies, so it offers a Fresh Act. That fresh act comes as a Response from life. The equilibrium of energies in the universe is restored in relation to that micro space-time event, but now at a higher level (if it is a positive response). Life continues to unfold endlessly, infinitely, yet progressively according to this cosmic energy-related dynamic. Each powerful vibration you give off through shifts in consciousness expresses as one or more significant events in the world.

To Be Titled

It is said by the guru that we are not inside our body, but the body is inside us. That would indicate that we are vast, infinite-like beings, even though we perceive ourselves as limited and finite.

To Be Titled

Sometimes we take action, get a result, not knowing why. Only later on do we discover the purpose and meaning. It is the subconscious leading the way forward, compelling our body to act. It is the subconscient that is in touch with the superconscient that perceives all space and time, and therefore the right path to our future.

Reader: Sometimes the things we do are to our ruin

Response: Yes that is mostly due to bad habits, poor attitudes, and wrong beliefs.

Reader: Is it soul's guidance?

Response: Yes, the subliminal and soul receive the guidance from the superconscient, and pass it on subconsciously to the individual. Appa says that the soul exists inside the subliminal which is inside or on the edge of the subconscient.

The consciousness wants the Mind to be still, but it continues unabatedly, so there are headaches. Listening to that inner voice to change replaces it with stillness that expands to soothing peace. Now we become fit instruments for the Force to descend in us and create practical, life-changing results.

How Practical Knowledge Is Absorbed As Skill

Knowledge of the mind taken down to vital and physical for effectivity is skill. Skill is practical knowledge.

In the long process of manual labour and vital adventure man acquires the physical, vital skills such as building a house, or killing an enemy tactfully. The essence of this long labour collects as a mental residue, viz. knowledge. Hence knowledge is mental skill.

The process of evolution provides for hastening it either by education or concentrated effort, but it does not admit of escaping any step.

Therefore acquiring the right skill of each level and gathering their essence in mind as knowledge is an inevitable process of evolution.

(thanks to RK)

To Be Titled

Humility in one's significant achievement opens the door to even greater success.

RK: Appa says humility is a state – where we dissolve our ego or deny the scope of expression of ego or at the least deny the scope of assertion. He also says according to Mother, She know only one person with humility – that is Sri Aurobindo. For us Appa says – awareness of our ignorance in every moment is humility. He gives a formula : humility + determination to have that = Sustained greatness.

We often confuse - our obedience to any one, politeness due to social needs, keeping low profile due to incapacity , being good for some reasons – all as humility. It is not enough to be humble in public or private, because it is only a behaviour. Humility must be acquired as inner character for it to be of value in Spirit. Inner humility is awareness of the divinity in others or inner outer correspondence or the feeling of oneness.

To Be Titled

Often in society charity and other forms of generosity are honored above all other values. Yet the application and openness to Truth -- true Knowledge and Wisdom of the conditions -- has the power to bring about results that rapidly solve the problems that charity and generosity aspire to overcome. It is because Truth is rooted in the Spirit and Its Force, which can take any limited condition, any finite and rapidly turn it into an Infinite; i.e. great abundance that also brings joy.

The Great Choices of Great Individuals

If you take most great men, their contemporaries will say, "He is not exceptional, many were his equal, and sometimes they excelled him. It is luck that favoured him." This is what they believe. When you read the CHOICES the great man had made at every step of his crucial life, it will be clear all those who had equal abilities did not choose as the great man chose. Greatness always chooses the RIGHT side, which every other person shirks. (Sri Karmayogi)

Success in Life That Does Not Plateau

Most people who rise fast due to their capacity, receptivity, et al, also level off after sometime. As soon as their life rises, all the lower urges -- competition, jealousy, self-assertion, demand, desire, etc. -- rise up. However, through Spirit one can continue to rise if one develops the necessary inner qualities that build up success; such as overcoming negative attitudes and fixed habits, thwarting ego movements, applying high personal and business values, maintaining high levels of aspiration and will to achieve, being open to all possibilities, maintaining inner silence, and calling to the Mother and Her Force. Then one builds up a powerful, magnetic level of receptivity that attracts the Force, evoking ever-increasing levels of success into one's life. (based on thoughts of Sri Karmayogi)

To Be Titled

I am happy to report that my book 'The Miraculous Phenomenon of LIFE RESPONSE' was just favorably reviewed in the Hindustan Times of India. (You may need to expand your browser setting to 250%+ to read it clearly on a PC.)

To Be Titled

The Mechanistic view of life -- mechanical, material, "logical" cause and effect -- and the Life Response view - subtle, causal, nonlinear, overcoming space-time - are polar opposites. Shifting from the former to the latter dramatically elevates one's consciousness, hastening Evolution in the world.

Resolving the Web Of Conflict & Sub-Conflicts

Examine any conflictive situation in the world. There will be different aspects, with a variety of inter-related sub-conflicts, issues, and challenges.

The process of the resolution of the central conflict relates to and is intertwined with the resolution of the subs. This is how the world changes; how Nature works, how the world (slowly and painfully) evolves. Nature works by resolving deeply connected multiplicities of issues simultaneously. It is the Genius of the Cosmic Master who conceived evolution through Nature's contraries.

Eg in *Pride and Prejudice* the elopement episode of the youngest daughter caused or was simultaneous to at least half dozen other interrelated issues. For the overall resolution of the potential scandal to occur, a series of psychological issues, each one unique in scope was required on the parts of the individuals involved. It is Nature's multi-pronged, interconnected, difficult way of progress.

And yet there is a higher form of evolution. It is through the soul, spirit, higher consciousness. In this dynamic evolution radically speeds up, as it occurs not through conflict, but through harmonic actions that trigger others in a chain of never-ending positive response from life.

Trace Backwards & Forwards

If you observe an egotistic movement by a player in a film or novel or in real life, you can sense that something problematic will arise for that person later on in relation to that behavior. When you discover and look back from that point to the underlying wanting quality that precipitated it, you can clearly see the connection; how life responds negatively to that original wanting attitude or behavior. I call this perspective "Trace Backwards" or "Trace Forwards", depending on the vantage point.

Eg rather than being humble and calm, an FBI agent celebrated wildly and with malevolent feeling when he trapped an attorney who was allegedly involved in an underhanded scheme. However, a while later the agent discovered that the attorney was actually a plant, and that instead he himself had been completely duped by the fake lawyer, nearly ruining the agent's career.

In this situation we can see the way the agent originally responded - with lower physical and vital feelings/emotions -- whose vibration went out and then later rippled back to haunt him. In this way, we can take any story or real life experience and watch for signs of negativity that are likely to manifest as instance of ill-fortune somewhere down the line. Likewise we can track back the original malfeasance of an individual or collective from the current negative circumstance.

There are ways out of such dilemma in our own lives. E.g. if we recall that we have acted in a false way in the past, we can consecrate it by offering it to the spiritual Force so that it does not ripple forward and lead to a problematic outcomes in the future. Or we can examine a negative outcome that has come to us and trace it back to a wrong attitude and behaviors of the past and consecrate that so that it will never happen again in the future.

A Problem Flushed Out

Sometimes what we think of as a bad thing is the accumulation of falsehood that has built up, is for some reason no longer allowed to fester, and is then released before us in full view. In other words, it is the forced elimination of an accumulated negative, which is actually a good thing.

For a long time the water in the bathtub of a house renter would occasionally back up and not flow out. It was a minor nuisance. Then one day, the entire system backed up, and it was

discovered that the pipes leading into this home and several others were filled with serious debris. On this occasion, the renter of the home quickly took action on a Sunday morning, when usually no one is around to fix such things. However, after a call in, the landlord quickly arrived on the scene, and was beaming that he had brought the best plumber expert he had ever known. Such a response on a Sunday morning when most were slowly rising! The plumber then proceeded to discover the entire mess in the pipe system. It was solved in less than a half hour, which almost seemed miraculous-like.

As it turns out in the days and hours leading up to this problem, the Force was strong and the atmosphere filled with good energy. Moreover, an extra special important positive event in the life of the house renter had just taken place. We can say the atmosphere and conditions forced the system to present its true colors, which was the accumulation and overflow of the putrid water and debris. Now that this problem presented itself in full, it could be solved once and for all in one fell swoop.

It is interesting to note that the owner of the home had remained calm throughout the situation and took direct action when confronted with this difficult situation, which in a very positive surrounding atmosphere "flushed out" the negatives, bringing things to a head, enabling a resolution, which all told meant that it was a positive in disguise.

To Be Titled

Taking to Integral Yoga -- i.e. surrender to the Mother through the psychic to become the Ishwara (creator) in the world -- we are not limited to the one time attainment of material and spiritual progress; to a leveling off. It is instead a never-ending ascent. This is to go far beyond the devotee level in our spiritual aspiration, to the yoga of the sadhak. It is our choice whether to take this difficult, unchartered, infinitely-ascending, ultimately rewarding path to the Future.

Power of Higher Harmony

If any entity or organization wants to achieve at a higher level, it can begin by creating more harmony - amongst its people, its customers, the levels of organization, etc. Harmony enables higher achievement even when there are limited resources, talent, energy, etc. Increasing harmony generates the right atmosphere that can take an individual or collective to the pinnacles of success. In fact each attempt at higher harmony will tend to attract good fortune from out of nowhere.

That being the case, how can you create more harmony around yourself or within your organization?

Reader: By advising them to stop their investments or by taking the authoritative approach on subordinates to get matter fixed quickly.

Reader: Appreciation, positive reinforcement, giving them enough space to share their views.

Response: Very good, Hemi.

Some others that come to mind: tolerance, openness, acceptance, respectfulness, discovering mutual interest, coordinating views and actions, shedding ego, all for one/one for all attitude, not asserting, not blaming, not interfering, crossing over the boundary between us, agreeability, taking the other person's point of view, patience, deep listening, not dwelling on another's weakness or sore point, finding the mutuality of spirit in others, etc.

Reader: Thanks Roy Sir, Now we are implementing these values in our small business. By The Mother's grace we started seeing significant improvement. Thanks for your more points or views. Sure, we will develop these values too. Simply we want our employees to be happy and feel more comfortable at work place. My father always states that point all for one/one for all attitude for family harmony.

Response: "Simply we want our employees to be happy and feel more comfortable at work place." To do that focus on how you can help develop each individual staffer to the max

To Be Titled

It's important to give others the right to be wrong.

To Be Titled

At the lowest level we are anguished by a situation or circumstance. From a level higher we perceive it as a difficulty or problem. Beyond that it is perceived as a challenge. Above that still it we see it as an opportunity. Higher still we recognize it as good fortune. Beyond that we recognize it as Grace.

Reader: "Lydia's Elopement in Pride & Prejudice"

- Mrs. Bennet took that as great difficulty and deeply depressed.
- Mr. Bennet took the conscious responsibility and took that as a challenge and he tried his very best to go to London in search of them.
- Darcy took that as an opportunity to demonstrate his inner change and reversed the elopement to marriage. He did that impersonally though.
- Jane Austen, the author had applied the principle of Luck behind the misfortune knowingly or unknowingly.
- Sri Karmayogi explained the principle behind that misfortune as Grace since that incident accomplished the other 2 marriages (Elizabeth & Jane) and brought everything back to Mr. Bennet's family which they thought had lost. In his commentary He has said. "Lydia's elopement is a marvel"

In practical life problems, one may perceive the issues as challenge or up to opportunity. To perceive it beyond (as Luck or Grace) one will need to know the issue in totality which is usually difficult by the ignorant mind as the mind divide the reality into parts and pieces and perceive that as real. Perceiving till difficulty or challenge is Nature's slow method of evolution which accompany with pain and suffering. Perceiving in higher context is conscious evolution which makes Life to respond in many miraculous ways. One needs to develop his personality in various aspects in order to perceive such higher levels.

To Be Titled

The more you complain, the more life will present you with situations to complain about.

Reader: Roy, if you were a cricket or baseball player, you'd hit the ball out of the park every time.

Additional: Shifting from complaint to non-complaint (and withdrawing the corresponding emotion inside) evokes powerful positive response from life.

To Be Titled

Disappointment indicates wrong original attitude.

Reader: Please explain it with an example. Thanks.

Response: You are over-anxious about something you want to come about. When it doesn't, you are disappointed. The original over-anxiousness cancelled the possibility of the desired thing to take place. Replacing it with calm, steady aspiration would likely have attracted a far better outcome.

There are a number of negative attitudes that attract disappointment and related negative emotions.

Impatience, over-eagerness leads to mistakes; causes one to jump to wrong conclusions. Instead use the mind to contemplate, to dwell on the issue, which will lead one closer to the facts; to the recognition of the true truth.

RK: According to Appa the bottom line to be seen is not to be disturbed by the impatience of others or over eagerness to meet the deadline of others.

Reader: Yes ur right....I have often seen people relating their over eagerness and impatience to their being more dedicated and sincere than others and they feel that faster they do things the better they are however that's not true

Response: Faster is good if one has the patience, organization and capacity to meet that speed. Faster with impatience and other lower movements will invariably lead to a crash of sorts.

To Be Titled

Evil manifests when the regressive, dark forces hidden in the invisible realms meet the lower vital emotional being of the individual whose thoughts are saturated with dark, intense, negative attitudes and feelings that lead to action. The confluence of these two movements usher in evil into the world.

To Be Titled

Before each major activity you engage in, offer it to Mother, with intensity, and without expectation. The conditions will now tend to work out splendidly.

Reader: Yes, I'm doing that. Thank you Roy. I'm grateful for your reminder to continue to offer it to the Mother.

One should not be disturbed by the impatience of others, or be overeager to meet their deadlines. (paraphrase of Karmayogi)

thanks to RK

Additional comment: If we are steady and calm in such situations, the conditions will tend to shift and move toward smooth flow.

Reader: tried, it seems it is really hard

Response: Recognizing it when it happens is a first step. Establishing a kind of inner strength is helpful in these situations.

Also, practicing "non-reaction" is a method we often employ that has great power in these sorts of situations. Would need to know the details (eg via message) to help you.

Response: Thanks Roy Sir, will try it.

To Be Titled

The truest devotee waits on Mother's initiatives to come to him first, and then acts on these alone

Further comment: Success is almost 100% here when the opportunity is taken up. And the results are far beyond one's expectation or belief. Initiating on one's own has perhaps 50% success rate, and tends to be riddled with problems, great ups and downs, etc.

To Be Titled

"God is in the details" is a corollary of the principle that perfection in work attracts the Infinite.

To Be Titled

Each act of self-givingness attracts an unexpected positive result back to your person.

To Be Titled

When you perceive and begin realizing the integral nature of the Reality, of the All, thoughts come pouring in that express it in novel and instructive ways.

To Be Titled

"Sri Aurobindo reminds us that in the involutionary process, Satchitananda (Existence, Conscious-Force, Delight) is hidden, absorbed in nature. That consciousness is thereby also hidden in Man, which is the source of his essential Ignorance.

How then can Satchitananda be brought back and flourish in human existence in the evolution so that Man's Ignorance is overcome?

He says it can happen when Man gains the True, Integral Knowledge of the nature of existence: of his own True Spiritual Individuality, as well as of the Universal (cosmos) and Transcendent (Divine) nature."

(from 'An Analysis of Sri Aurobindo's The Life Divine' by Roy Posner)

Ways to Build Up Psychological Strength

[Here is my response to the question of how we can build up psychological strength in our lives.]

One approach is to start by examining where our weakness lies in a given situation, and then reversing it. If we see we are weak in a situation, we can think about why, and then devise strategies to do the opposite, or at least take a small step out of that weakness. When you do life will open up in several unexpected ways. Moreover, the entire matter will now give you added strength. In the book [The Miraculous Phenomenon of Life Response] I give several stories where the weakness showed, where they recognized it, and then made the conscious decision to take to some action that brought about the response from life. It built up their confidence in that area.

Naturally when you have the positive response from life as a result of the effort to shed weakness, you will be more amenable to express your strength when situations appear in the future.

Often people feel weak because they are in an untenable position or they have no control over the situation. The stories in the book address these. Then there are situations where one feels weak out of fear.

Say some client owes you lots of money, but now you are unable to collect for a while. A key here is not just having the strength to collect, but not feeling fear and anxiety inside. In other words, just by not giving in to the negative sensation of fear that makes you feel so vulnerable, you can attract good fortune. It is like saying no to a naughty child. We can do the same when fear appears. Tamp it down, and try to relax. Again, once that person sees the positive life response results, they are more likely to take to in future. This is in essence the process of developing the capacity of "equality of being," or we can call it "non-reaction." It is a spiritual virtue that can build up over time. Offering difficult matters to the spirit can also give you inner strength and produce astonishing results.

To Be Titled

It's best to turn complaint and assertion of your position to accepting their point of view and even feeling gratitude toward the other person for what they have done on your behalf. When you do, there is a good chance that what bothered you materially will be found to have never existed in the first place.

Reader: Roy, could you please give an example?

Response: A man was complaining to his wife that the tuna he was about to open from a can was not solid but mushy. The title on the can was "Chunk Light." He insisted that she should purchase ones that just said "Chunk" without the Light. She said it doesn't make a difference, that the others were more expensive, etc. Then at one point he decided to shift away from his complaint and position, and feel grateful for the fact that she made the purchase in the first place. When he then opened the can he discovered that the tuna was all solid! -- even though it was called Chunk Light. By shifting his consciousness, what he perceived to be materially a fact actually never was to begin with.

Negative Response to Panelist's Questionable Value

A young, intelligent woman on a talk show indicated that once hackers had broken into an entertainment company, the press had a right to reveal any of the hacked company's secrets to the public; a dubious conclusion on her part.

Well it turned out that right after making that remark she had trouble staying on the air due to technical problems, mainly caused by her husband who was playing video games, disturbing the speed of connection. In fact the discussion amongst the panel members went

on about the particular game he was playing, instead of the issues at hand, thoroughly embarrassing the woman on the air in front of thousands of people.

Because she had taken an ethically dubious position about the company that was hacked, believing it was fine to reveal private matters publicly, life returned the favor by embarrassing her publicly on the air with gossip that threatened to ruin her marriage, as she jokingly put it. It was a classic case of a negative response of life to a low attitude and value.

To Be Titled

A persistent effort to overcome a sticky problem will often reveal at the end an unexpected, wonderful new opportunity.

To Be Titled

Karmayogi says that when we shift from faith in our own skills and capacities to Mother we attract Super Grace

Tuna Can Response

It's best to turn your complaining and assertion of your position to one of accepting the other person's point of view; even going so far as to feel gratitude toward the other person for what they have done on your behalf. When you do, there is a reasonably good chance that what bothered you materially will be found to have never existed in the first place!

A man was complaining to his wife that the tuna he was about to open from a can was not solid but mushy. The title on the can was "Chunk Light." He insisted that she should purchase ones that just said "Chunk" without the Light. She said it doesn't make a difference, that the others were more expensive, etc. Then at one point he decided to shift away from his complaint and position, and feel grateful for the fact that she made the purchase in the first place. When he then opened the can he discovered that the tuna was all solid! -- even though it was called Chunk Light. By shifting his consciousness, what he perceived to be materially a fact actually never was to begin with.

Reader: That's really true I experienced it in my life

New Human Species on the Horizon

It is said that as a result of World War II and its outcome humanity sped up its progress by 100 years or more. Such developments as the UN, the EU, global trade, higher education for the masses, the personal computer and smartphones, the mass knowledge and power of the Internet, greater health awareness, artificial intelligence, the vast multiplication of money, billions coming out of poverty in Asia and elsewhere, environmental awareness, new views of personal growth and spirituality, and many others have dramatically accelerated the mental development of Man. They may have taken centuries longer to appear had not the world gone through the calamity of WWII.

Along another line the Mother said it would take 30,000 years for humanity to evolve a new Supramental species and a Divine Life on earth through Nature's normal progression.

However, she said it could occur in 3000 or even 300 years through the supramental power; Her Force. She even mentioned the extreme possibility of it occurring in 30 years if people en masse learned of and took to the Force. She said it would only take a certain current of thought for humanity to switch directions, take to a higher consciousness, thereby accelerating the Evolution.

The Force alone ended the Cold War, the greatest danger to the world in history, in less than a year. A further movement toward Human Unity among the nations can be a great support for the development of a new spirit-based humanity and species.

To Be Titled

Every moment has its very specific needs. The question then is are you able to maintain your connection with them, or are you easily deflected? Being one with life flow of life, with the

unfolding of the Reality puts you in touch with the exact requirements of each moment. If you then act on them, good fortune will be your never-ending friend.

To Be Titled

Despite all the shocking daily attention it garners in the media, it startles people when they are informed that violence in the world has radically decreased in recent years. It is now around one tenth of what it was for the average year of the 20th century. It has gone from - 5,000,000 deaths a year to well under 500,000, and this downward movement is accelerating . Another way if saying this is that the media is covering each violent death over 10 times more intensely than before.

In his book, Steven Pinker an authority on the subject writes: "The decline of violence may be the most significant and least appreciated development in the history of our species."

Some of the reasons for this change:

- more democratic nations
- more highly educated population
- greater literacy; more mental society
- human life now considered more precious
- higher human values

Reader: Yes the news from far reaches make it into our living rooms in seconds not days or years!

Response: It creates reality distortion field that we fall into. It's not that the facts are not true, but the importance of events in the context of the greater scheme of things is warped. Instead, we need to turn off the media more - especially the visual - and think.

Reader: Warped is a good word choice. Time and distance are flattened to a single concentrated point that misleads.

Response: Yes, exactly.

To Be Titled

When in Mother's consciousness you feel compelled to do things more perfectly. That's because it is supramental, where each and every thing has added significance.

Reader: Yesterday have read in Appa's book Narumanam - when we do a simple / small work in the attitude of doing a big work, it becomes perfect and a way to poorna yoga

Response: Excellent point. Thanks.

Perfecting an Act

The perfect execution of any act requires-

- clear perception of what needs to be done
- an aspiration for it to be accomplished
- the decision and commitment to actually do it
- the persevering will to carry it out
- the knowledge and skills to bring it to perfection
- the necessary resources for it to be executed
- the right attitudes at every step of the way
- the full absorption in the act at the expense of other matters (i.e. focus)
- bringing to bear one's appropriate high personal values (e.g. orderliness)
- bringing the spiritual Force to bear as necessary

Joy will rise up from within as the activity proceeds, and life will frequently respond in unexpected positive ways to such efforts.

You will see the Process of Creation of the universe in miniature.

Reader: Excellent roy, Roy Posner sir. Have analysed some of my activities which was failed. Sometimes "the right attitude " is missing . The attitude behind the act was selfishness, not taking other man's point of view. Thanks for sharing, an eye opener msge

Response: Yes, generally that is the big hang-up.

How to Attract Particular Results in Life

Sri Karmayogi offers these ways to create a particular result in your life:

Need money -- examine your willingness to work

Need friends -- examine your attitudes

Seeking Promotion -- examine how far you are willing to raise your talents

Seeking Popularity -- Initially it depends on how far you deserve it, later how far you do not seek it.

Husband doubts -- purity of thoughts

Disobedience in children -- overcome your uncontrollable mature

Disease -- Faith in disease, medicine, doctor, lack of faith in Mother, unwillingness to give up disease-creating gunam (qualities of your nature).

Marriage -- your opinions, circumstances.

Negative Response to Abandoning One's Highest Values

Abandoning the high personal, business, or societal values that got you where you are tends to attract one's ruination.

Examples:

-A sports team dedicated to teamwork, state of the art execution, and catching the progressive way -- thereby winning title after title -- resorts to machismo attitude, hiring players who advocate such, lack of concern for the community that helped it succeed, which in turn leads to failure in big games, the onset of acute losses, continuous embarrassment in the press by the foolish deeds of its players, and the loss of coherence and faith of the players in their organization and in themselves.

-The largest department store chain in the world, famous for trusting in its customers to return goods without question, as well as utilizing the latest resources and technologies of its time is able to maintain the trusting value, but abandons seeking new methods of offering its products, which leads to its ongoing rush toward imminent collapse.

Evolution of Papacy

As described in detail in Her 13-volume diary "the Agenda," the Mother worked inwardly to have a positive effect on the Vatican, so that its old superstitions would begin to fall away, opening the doors to new social values and possibilities in society.

Well it turns out that just after Her inner efforts Pope John Paul II came to power and played an important role in ending the Cold War; and now Pope Francis appears to be demonstrating human values that are even higher.

If there is no regression, the Mother's aspirations along these lines will have been realized. It is the subtle conversion of the Papacy to higher values, which is probably necessary for the evolution of life on earth.

To Be Titled

A person will almost never change when we complain about their attitudes, habits, beliefs, etc. Though there may be some short-term improvement, soon after they are likely to resort to their old ways. They CAN however change if we consciously withhold our complaint, which tends to quickly attract positive conditions all around.

Life Response Methods Working In Tandem

Non-reaction approach to the intensities of others can elicit a positive response from life as a result of one's Silent Will that follows. Thus the two inner techniques can work in tandem.

Suppose someone is disorganized. One day for the nth time she is anguished when she cannot find an important document she is looking for. Instead of catching her vibration and complain about her lack of organization, I refuse to respond. It is non-reaction. Moreover, in this situation I inwardly aspire that she become to more organized, without expressing it outwardly. A moment later she reveals that earlier in the week she actually found someone to take care of all of her papers for a reasonable costs; price which is the answer to her (and my Silent Will) prayers.

Non-reaction, non-complaint, and Silent Will all working together can create such a magnificent response.

Thinking Addiction

Like eating, watching sensationalist tv, playing on the smartphone et al, we are also addicted to thinking. Mental thought gives us mental energy that spreads through our body. The problem is that non-thinking - mental silence - brings ten times the essential knowledge required when we do think, and does so in one tenth the time.

Reader: Hi Roy, so that means that mental silence is better for us.

Response: Yes. A lot of our thinking is wasteful. It competes with rational thinking and mental silence for effective "Mind-space."

Also, thought after mental silence often comes as Intuition and Light, without having to think, where one just knows the essentials of what needs to be known at that point of the day. The knowledge just appears in the mind from out of nowhere.

(Actually it comes from the universal plane of Mind, which is nowhere and everywhere.)

Reader: This is rather interesting. I have experienced this after meditation many times

Response: Yes. Very good.

Forget About It!

If you are bothered by a problem, simply forgetting the issue and withdrawing any anxiety about it can cause the matter to self-correct!

A man was frustrated that he couldn't get his virus protection and backup programs to work in tandem. He had to turn one off to enable the other to work. After various attempts to solve the problem, including calls to tech support, he put aside the entire matter. A week or so later the problem self corrected and the two programs were now working in perfect sync.

In another situation, an individual was trying to make contact via phone to the Indian visa office in San Francisco. He had to wait a half hour or more to get through each time he called over the course of a month. The situation had now reached the point of absurdity as many other issues tied to that office had also failed the man. Seeing that after consecrating the matter, it still remained problematic, he decided to forget the matter completely. A week later he contacted that office twice and in both instances was INSTANTLY connected, without a minute delay. Plus the underlying mystery of what was causing the delay in the processing of the visa was discovered.

In both cases forgetting and withdrawing emotional angst attracted the resolution of the problem on its own.

Reader1: When we forget, our soul take the matter

Reader2: Consecration is the key

Response: Yes, S, in the two episodes there may have been subconscious or background or residual consecration tied into the forgetting.

Yes, K, forgetting is a kind of detachment that allows the subliminal being, the soul to take over in the background.

Part of the spiritual growth process is the seeker seeking ways out of impatience and towards patience. It is a spiritual attribute. These difficult, prickly situations are a test of our patience.

It is through these we develop the unmoving "witness consciousness" that silently and without judgment looks out on the world. Forgetting is one means of embracing this spiritual quality.

To Be Titled

One solution to ending terrorism in Pakistan and India is for the two nations to reunite.

Reader1: Roy Sir, thanks for the post. Few days back, u have posted one msge about how mother force ended WWII. When mother can stop world war, she can stop the terrorism in the world. In MSS, we used to pray for rain before meditation for 2 minutes as advised by Appa. I thought of sending mail to Appa to add 2 min prayer to evoke mother for peace, in all MSS meditation. Bcos for the atmosphere in MSS, whatever we aspire, mother sanction the same.

Reader2: Thanks K for the note on prayer and meditation. In MSS what mantra did you use when meditating and praying for rain as advised by APPA Unity of India and Pakistan would mean unity of religions and ushering in of spirituality. Correct or right.

Response: Yes, at least at a later stage. Now there are more Muslims in India than there are in Pakistan, and they get along reasonably well. So social harmony would likely take place in a newly united or federated India/Pakistan before spiritual unity.

K, I believe terrorism will end when poverty (and the unemployment and angst that issues from it) ends. If we pray to Mother for prosperity for the Middle East and African nations then the roots of terrorism can be overcome. This is one approach.

To Be Titled

Since any act in life will repeat over and over, sooner or later, it is best to consecrate each negative circumstance as it arises in order to prevent its future repetitions, including iterations that are exacerbated.

RK: Basically life repeats – to teach you something to evolve. But we don't want some happenings repeat again, that we perceive as negative circumstance. I remember some of Appa's advices.

When we feel the circumstance is negative due to failure in work, instead of lingering on negatives look for number of positive strands for future work that reveals success in higher planes.

- In a negative circumstances, let no negative thought enter your mind or let it find its expression. If you have to express one, try to express it as positively as possible. Best thing is to listen others, not to talk. When listening, keep mind quiet without any prejudice, opinions and preferences.

- Learn to see things in a positive aspect which come to you negatively. In yourself for each positive action, see the negative counterpart and vice versa. Try to station yourself at the core where positive and negative meet, consecrating both.

- Think of how grace acted in similar situations earlier. In negative circumstance or atmosphere - Start with Consecration end with Gratitude.

Response: This is a wonderful approach on how to act, to be in negative situations to prevent repetitions of those circumstance. No negative thought, seeing things in a positive light, see past in light of how Grace unfolded.

Brain, Mind, Knowledge

We believe that Brain, Mind and Knowledge are essentially the same thing, but in reality they are three distinct entities.

--BRAIN is like the physical hardware of a computer, phone or tablet. It is the material entity that is the interface between our body/person and the unseen universe.

--MIND is like the software operating system of those devices, which is NOT physical and does not reside in the brain, but rather exists as planes of mental being.

Each plane of mind we are at determines the quantity and quality of knowledge that can come into our field of awareness. Mind's levels range from sense mentality (visual and auditory

alone) to spiritual (like intuition and revelation); from surface awareness to perceiving life from the subliminal/soul depths within.

--KNOWLEDGE is waves of consciousness that permeate the universe surrounding our being. They describe the nature of the Reality from infinite points of view.

Our level of consciousness, the plane of mind we are in, determines our level (quantity and quality) of knowledge. Integral yoga (conscious evolution) brings us integral knowledge where we know the essence, the details and the whole of anything in any moment in a unified oneness. It is known as Supermind.

To Be Titled

English historian and broadcaster Michael Wood called the Tamils the last surviving classical civilisation on Earth, because the Tamil mainstream preserved substantial elements of their past regarding belief, culture, music and literature despite the modern globalised world.

To Be Titled

In romantic relationships trying to change the partner is a futile gesture. In fact, NOT trying to change them has the best chance of changing them.

Reader: According to The Book, "The real essence of permanent romance is self-giving"

Response: Yes, that is the active spiritual element of romance. It is almost opposite or inverse of complaining.

To Be Titled

Helpful, practical solutions are always preferable to complaining. Complaint has the element of weakness, including an inability to solve the problem in a harmonious way,

To Be Titled

When the nerves are weak it is best to remain silent until one recover one's energies.

To Be Titled

Every difficulty is another opportunity to engage in, put our faith in Mother.

Reader: Like when I am facing a disciplinary hearing

Response: Yes

To Be Titled

When the world is moving toward ever-increasing modernity and you hold your ground or move in the opposite direction, you are likely to be pummeled by life somewhere down the line.

Example; Russia has pretty much built its economy on oil alone, instead of diversifying, let alone taking to new environmentally friendly energy technologies. As a result its economy and currency has been pummeled in the downturn in oil prices. The frackers of the American mid-west, the North Sea of the UK, and the like are currently meeting with the same fate.

Anachronistic forces will meet with negative fate -- sooner or later. It can occur at the level of the individual or of the collective - whether families, communities, societies, nations, businesses and organizations.

To Be Titled

Cynicism is best replaced with helpful solutions. Look at the problem from the perspective of overcoming it, rather than being contemptuous and sarcastic.

Reader: I totally agree with you on this!....in my office whenever I try to bring out a solution people try to bring out the negative aspects of it saying that we are being cynical because we want you to overcome these weaknesses but then in this process they ignore the goodness

or the vast potential of the idea, moreover (as you said) they don't come up with solutions and instead hinder birth of the idea with their cynicism

Response: If the owners develop a "can do" environment, and hire people who think along these lines, or at least management influences the current culture and staff to be positive, i.e. it becomes a business value permeating the organization, it can help the situation greatly.

Another line of thought: If the ideas you promulgate regularly elicit negative reaction, it might be best to withhold them, or hold them silently within till you see a positive response from life (including from the skeptics).

Reader: yes but if that's not the case in India specially in IT companies, people don't consider the values of the company as their own and keep changing companies or opt for higher education I guess there are many reasons such as top management not being concerned, lack of opportunities in the company etc.

Response: If people don't consider the values of the company their own, then either the company isn't hiring people who share those values, or the values are not being implemented deep within the company at the extreme level of details. Another issue is how sincere the company is about the values it says it believes in. This is definitely a problem in India, and a sign it needs management consulting support. She is just coming into success, and the management/employee relationship still has a way to go, especially compared with US, EU, Japan, etc. Still things are starting to improve.

To Be Titled

Perhaps the most foolish thing an individual can do is not learn from their experiences - whether positive or negative; in work, relationships, or other aspects of life.

Therefore why not take the time to contemplate your past and make a list of all your major experiences - whether successes or failures - and what you have learned from each. Now try to integrate those lessons into your current, daily life. If you make that effort, life will blossom everywhere around you.

To Be Titled

Life is the Becoming. Our challenge is to bring the Being (the spirit) into the Becomings of our lives, creating a divine life on earth.

To Be Titled

There have been 10,000 generations before us. And yet ours is the first to have access to the supramental Force, which has the power to instantly set right the conditions in any area we wish to apply it.

To Be Titled

The more unstable our mind, the more unstable our choices. (a proverb)

To Be Titled

Society evolves by increasingly applying higher social values in evermore complex situations.

Several Thoughts Related To Christmas

-Christmas is much older than Christianity, when it was celebrated as the return of the Light, a symbolic and spiritual event.

-Christ humanized Europe.

-Christ was selected as one of the Avatars by Sri Aurobindo, but not quite in the top tier 4 or 5.

-Santa helps children have faith in the invisible, and appreciation of generosity and goodness.

-The Virgin (Mary) was an incorporation of the Divine Mother Goddess of earlier times. Catholicism retained that attribute.

-The Papacy is being converted by the Mother; Pope Francis the latest example.

-The extreme beliefs of fundamentalists of all major religions shows that religion's reign is drawing to an end.

-A new reign of clearer thinking and direct spiritual experience is at hand.

-Santa is a clear thinker; an invisible harbinger of goodness, continually rekindling Jesus' message of Love.

Reader: Perhaps after New year Christmas should be the widely celebrated day crossing religion and boundaries. Is this correct?

Response: Yes it could be. Or the New Year could be recalibrated to occur on the solstice December 21st. I.e. Christmas, New Year and solstice all start on current Dec. 21, but it is converted to a new January 1. Perhaps it is too much to ask of the world!

How to Take Negative Circumstances Positively

"I remember some of Karmayogi's advices.

When we feel the circumstance is negative due to failure in work, instead of lingering on negatives look for number of positive strands for future work that reveals success in higher planes.

In a negative circumstances, let no negative thought enter your mind or let it find its expression. If you have to express one, try to express it as positively as possible. Best thing is to listen others, not to talk. When listening, keep mind quiet without any prejudice, opinions and preferences.

Learn to see things in a positive aspect which come to you negatively.

In yourself for each positive action, see the negative counterpart and vice versa.

Try to station yourself at the core where positive and negative meet, consecrating both.

Think of how grace acted in similar situations earlier. In negative circumstance or atmosphere
- Start with Consecration end with Gratitude." (RK)

To Be Titled

Life repeats in order to teach you to evolve some part of your nature.

To Be Titled

RK: DK: "But how to know that we are in a zone that is comfortable? Sometimes circumstances deceive us."

The main points to see are:

We know but we don't do it:

We act in million points in all our personality, character, attitude, vital, mental, physical etc.
- in a lower level or plane though we very much know what is higher consciousness, what is higher values , higher perfection - even at the level of higher manners and etiquettes. It means that we are in comfort zone when there is no pressure to perform in higher levels. Appa gives example of Indians visiting Singapore and maintaining the cleanliness there and as first thing they through garbage and spit as soon as they land here.

Inefficiency and clumsiness:

This happens when lower does anything in its comfort zone or trying to do the higher job which requires based on higher principle, higher values higher consciousness etc., shows that we are not bothered to learn, change, develop, know or progress. Appa gives an example of compounder on the pretention that he knows everything may have all the knowledge but he cannot do everything trying to do all that a doctor does.

Conflict in mind:

Contrary to above. Where we perform at lower levels than designated or delegated. For example when I came up to a manager level from lower rung labour level, I had lot of problems in handling them on fear of losing relationship. Particularly no more I can have tea in road side shop or accompany them to liquor bars. Only after coming out of that I succeeded.

To Be Titled

The best inspirational Facebook entries are not mere slogans presented, no matter how profound, but are those that are deeply felt and experienced by the person offering the post. That vibrates a truth energy that touches others directly, even if they are unaware of it.

To Be Titled

Living Mother's Life is so utterly different from the ordinary life. As great a change as it was from the human to the animal, Her Life is different than our current way of living.

To Be Titled

The future belongs to Spirituality, not religion, says The Mother. The time of religion is over according to Her. Religion is many following the inspiration of one enlightened person. Spirituality is each one seeking his own illumination. As Protestantism removed the priest between Man and God, Spirituality will enable each man to seek his own God, seated inside. (Sri Karmayogi)

Reader: But when will happen Sir Mixing Religion & Spirituality is the order of the day. When we are bind in religion for so many years how people will realise their divinity

Response: Prosperity often helps people shed religion. Most of acute religion is in poor areas. The world is rapidly coming out of poverty, though certainly not fast enough (as terrorism indicates which is rooted in poverty and unemployment). In prosperous areas where there is religion, it is generally fairly weak as in EU and USA..

Education also helps end religion, as people see the variety of teachings, each of which is utterly insufficient. And Internet speeds this process of knowledge.

In India religion is so entrenched, yet it is mixed with spirituality. As people are more educated and prosperous there too they will take more to an enlightened spiritual view.

In most of the world religion is on the decline, and people associating themselves with a particularly religion is rapidly decreasing. First in EU and USA; then it will happen in Asia in its own way. We see religion in terms of fanaticism, a sure sign that its time is rapidly coming to an end.

Prosperity, education, Internet, personal mobility, movements to urban centers, are among the factors that create the antidote to entrenched religion. Also the rise of Individuality, not following the herd view, and its cousins entrepreneurship., making one's own way economically in the world.

Then there is the Force that is increasingly deepening in society that has its effect, which can breakout new possibilities at any time.

To Be Titled

Responding to another's dysfunction in a negative way creates more dysfunction. Detaching from it evokes the best conditions.

From Criticism to Praise Attracts In the Wipers Times

A simple shift from condemning someone to praising them can instantly attract career-changing circumstance.

An officer heading a troop of soldiers was about to criticize another high ranking official for his sarcasm. Instead he praised his insightful mind and nature. Within five seconds of making that remark, he was informed that a printing press had been found that would enable him to

put out a humorous journal that would entertain the English soldiers of WWI who were stuck in their cold, muddy trenches, risking death from the enemy.

Your ability to progressively move forward in life is proportional to your ability to continuously shed outworn habits, attitudes, and beliefs.

To Be Titled

One who learns and practices regularly the essential 25 laws of Life Response can be the one person in his time who changes the course of the world.

Reader: merry Christmas Roy!

And thanks. Could you please repost the link to the 25 laws of Life Response?

Response: Human Behaviors that Evoke Life Response:

- Be positive, optimistic, and cheerful
- Give up a wanting attitude or belief
- Turn negative emotions positive
- Try to make any situation better
- Choose what is positive and helpful
- Make a decision about something
- Take the necessary physical action
- Embrace what life has put before you
- Overcome any reluctance you have
- Feel deep enthusiasm in your work
- Make the full exhaustive effort
- Take responsibility for a situation
- Increase cleanliness & orderliness
- Systematize an activity
- Organize facts into ideas
- Maximize the use of a resource
- Give people/objects more attention
- Implement money-attracting strategies Shift your focus to others
- Be selfless and self-giving
- Show gratitude to others, life
- Send others good will
- Forgive others when wronged
- Take to greater psychological strength Hold back a thought so others speak it
- Talk less; and in a low, soft voice
- Take the other person's point of view
- Eliminate thinking in intense situations Move from agitation to stillness
- Be calm and equal when problems arise
- Do not react to others' intensities
- See negatives as positives in disguise
- Hold back initiating; drawing others
- Execute an activity perfectly
- Open to the spiritual Force
- Really aspire for something to happen
- Plan, implement, and execute a goal
- Focus on what should be accomplished
- Embrace the truth of things, not shun it

- Forget a problem, not dwell on it
- Change a long-standing negative habit

Further comment: Principles of Life Response:

- The phenomenon of life response reflects the principle of inner-outer correspondence.
- Inner-outer correspondence indicates that the inner and outer are One.
- The inner and outer are one single contiguous stream of existence.
- Inner-outer correspondence also indicates that the entire universe is contained within.
- The outer reflects the inner state.
- If you change, the inner, the outer instantly responds in kind.
- When life responds, the parties come into an alignment.
- When an act creates a disequilibrium, the response creates a new equilibrium.
- Each act that evokes a response causes the universe and its associations to realign.
- Life response creates a constant refreshing of the cosmos.
- Life responding occurs within the context of the constant realignment of energies in the universe.
- Life responds at the gross/material, subtle, or causal plane.
- Life responds because all and everything are interconnected in the cosmos.
- All is connected in the cosmos because of the Conscious Force behind it.
- The Intent of the infinite, timeless, spaceless, immutable Being is behind the alignments in the cosmos.
- Life response occurs in ways that transcend normally perceived limits of space, time, causality, and possibility.
- Life response is due to physical, vital, mental, spiritual energies moving out and aligning with corresponding energies.
- Life can respond positively, negatively, or neutrally.

Reader: Thank you Sir but difficult to remain focused in this hectic world

Response: It depends on what you are committed to; where your priorities lie. If you are deeply committed to several of the life response behaviors, outer hectic life disappears, as life give you what you need in a thrice.

To Be Titled

Most people achieve up to a point and then level off. This is their Comfort Zone. They don't try or know how to go further. Often they are self-satisfied at what they have achieved; what they have become. It is here that they rest. Unfortunately, they don't understand that it is the beginning of the end of their lives.

To Be Titled

Humans are quick to judge, slow to learn.

To Be Titled

Before you can be supramentalized (into the new human species), you first need to be universalized. In practical terms it means that for the Supramental Force, Mother's power to fully act and transform your being and the life around you, you need to first accept any and all things as necessary in the unfolding.

To Be Titled

Non-bother and reaction to thoughts of others that drift off into foolish or unrelated areas, opens up discussion for yourself and your others in the right ones.

People respond to events in the world with the subtlety of an unfettered mob. There is little chance for discrimination and nuanced understanding of the issue. As a result, the society goes through a lot of pain in that area, only to arrive back at the subtle suggestions originally proposed by those who were drowned out.

Reader: Most people tend to put the horse before the cart without first looking at the issue

Response: Yes S, they think with their emotions, which is not thinking. It is reacting.

To Be Titled

True resolution of contradiction between two parties is not mere Compromise between them. It is rather a Higher Harmony; a synthesis to something new, unheard of, unexpected, creative, and dynamic that is beneficial to both parties.

Example: when the Germans settled with the Allies after WWII, it was not just an armistice that was created, but the United Nations and other global entities, including the EU.

The same Higher Harmony beyond the contradiction can occur at the social level, between two organizations, two people; even two ideas.

To Be Titled

Writing Process: Once you have a sketch or outline of what you want to cover, including key ideas, you can go wide and let expansiveness take over your thoughts. Then examine your draft and compress what you have created with fewer words. Finally, review once more and polish the content to perfection. A final title can now become the crown.

RK: Something I remember, related to this:

- Try to tell the same in few sentences.

- Try to minimise words by using more appropriate words.

- Try not to bring your conclusion, prejudice and preferences.

- Though perception and opinions cannot be avoided, try to

transform your all related consciousness and attitudes from the human to that of Spiritual.

- When reviewing remember Mother in every start of sentence.

Reader: This is the way to make postings in Facebook.

Response: Yes. It is the way I and associates of mine and many others write books, extended articles, create presentations, as well as produce smaller entries as here in Facebook.

Unfortunately people generally don't have the patience or wherewithal to do this. It therefore mars their final output. So much of what people comment on is therefore either incomprehensible or riddled with faulty arguments.

To Be Titled

If you read many of the letters to the editor or comments by readers to articles written in the New York Times, the results are well thought out; mainly because the people commenting are well-educated and reasonably rational.

The authors of the articles themselves, as Ramesh points out, are able to choose just the right word or words that express the idea being raised,, substituting for their rambling expression. They have built their reputation on the ability to compose articles that come out diamond-like. It is a high value of the founders.

Bob sir once told me that the European mind has developed this unique capacity to express themselves so clearly in language. It has a lot to do with their success over the years. The US naturally adopted much of it. It continues now to spread around the world.

Reader: It could also be due to the Editors skill in presenting the letter

Response: Yes, the editors appreciate letters of high quality, especially in terms of content as it relates to the article that was written. The editors then highlight those articles; making them stand out. The editors thus have high standards for the public, just as they have high standards for their own writers.

The editors also appreciate when the commenter stays on topic. Most people tend to drift off into sidelights that take them far astray from the original issue(s) being addressed. The human mind is like this. It has trouble staying on topic; even staying close to it. It is the ego in the mind, ignoring the important issue initially raised for the sake of what excites one mentally.

To Be Titled

In normal life you solve a problem by addressing and then tackling it. In supramental life you resolve the issue by consciously ignoring it. It then self-corrects.

Response: Example: an individual wanted his spouse to gather together and remove a number of books that were scattered about the house. However, instead of complaining, he withdrew all such thought and feelings. The next morning the man noticed that his spouse had gathered together a number of those books in anticipation of returning them to the library.

To Be Titled

It is useful to recognize patterns in your life - so you'll know what to continue doing in future ... and what things to avoid.

RK: As usual Sri Karmayogi gives a different perspective in observing the pattern. In a success or failure particularly when it repeats he asks to observe the pattern of behavior, attitude capacity, skill, opinion and prejudices. Though not exactly, the distant analogy is: When an official is acting based on power, delegation, skill capacity we see only him – we don't see the power of the entire organization that gave power to him, is behind him. Similarly, we don't see what made us to do that or behave or express skill or capacity in particular way. As a surface man, we see only our own action.

Sri Karmayogi says, Man rarely knows what he wants. He aims at one thing, but actively drives at another. Observation of patterns of life will be a great moment in his life to know what he really wants, because that knowledge will help him to achieve it., by avoiding the weakness and enhancing the strength.

To Be Titled

One definition of consciousness is the capacity to learn from one's past experiences. Unfortunately, there are many individuals who would not pass this test.

Music & Dreams

People who are close to me know that I am secretly a composer of music. For decades I have been writing and playing my own compositions.

It turns out that a tiny fraction of my pieces came to me in dreams, some of which I have carried over. If I remained very still when I awoke, the music transferred intact from the ethereal plane to ours. However, the most magnificent of that music I was unable to bring into this world.

It turns out that we can take this same basic approach of stillness to remember our dreams in full upon awakening. Mother explained this technique in Agenda.

She also explained in Agenda the spiritual approach to sleep. She said that if we lay flat, relax and become like a dish rag without thought, quietly drifting into sleep, we can enter a dreamless state of spirit that Indians call Satchitananda. She indicated that if we experience that for one single minute, all of our energies would be restored, without the need for the normal 7-8 hours.

Mother Herself would go in and out of this state in later years and reached the point where she hardly slept at all. She had harnessed a titanic energy that simply carried over from day to day. She had brought the power of the conscious-force Within to affect her body without, just as I had the pleasure of doing several times through music.

Reader: Nice musical experiences Roy Sir. Thanks for sharing

To Be Titled

The Lord comes immediately, without delay to one who makes a fundamental shift from skepticism to Belief.

Further comment: A young man was skeptical of the power of a great being who was capable of bringing both practical as well as divine-like gifts to his followers. The young man stood in a vast crowd of thousands of helpers who were devoted to that divine-like personality, and there felt alternately skeptical and hopeful.

At one point something deep inside him awoke, releasing a profound faith in that spiritual being. An instant later, in a mirroring-like device he held in his hand, the young man was stunned to see the reflection of the divine leader right behind him, about to address him alone and impart his wisdom and grace.

To Be Titled

When you take action that produces a result that has no apparent reason for existing in the present, but proves very useful in the future, you are subconsciously living in supramental time.

Token Effort to Improve Things Attracts

If you make a small token effort to overcome a seemingly insurmountable problem, life will soon reward you by presenting a relatively easy solution to the entire matter.

A friend asked me to retrieve a very difficult to get at important device held in storage. For months we discussed ways to dislodge it from its location, and then have it shipped back and returned. Then one day I took it upon myself to make an effort to retrieve the item, even if I had to climb over heavy, difficult to move boxes and other furniture-based obstacles. After making a small, yet strenuous effort, I soon realized that I could get to the desired item much more easily than I had thought. And so I was able to quickly retrieve it and then return it via airlines to my friend who was ecstatic when she received her beloved sewing device. Months of anxiety on her part had now come to an end due to one small token effort on the part of her friend.

To Be Titled

All our difficulties are utilities to spur us toward greater personal growth.

To Be Titled

Startlingly, according to some statistics, America is the most religious country in the world! It may be wide, but is actually quite shallow.

To Be Titled

In general the practical cannot achieve at the highest level without the involvement of the subtle. However the subtle alone can.

Eg an individual will not ordinarily accomplish at a very high level by merely developing a plan and then carrying it out with gusto. He requires one or more of - higher attitudes than he has now, application of deeply felt personal values, capitalizing on changes occurring in society, utilization of the power of spirit, etc. - to take him to the highest heights.

However, one application of the right, subtle element at the right time in the right place can attract results that take him to the pinnacles of success.

To Be Titled

In normal life we view the world from our own individual perspective. Thus separateness and ego are its hallmarks. In Supermind one perceives life from the perspective of each of the other parties or influences simultaneously. Thus it is an ultimate, Unity consciousness. The method of taking the other person's point of view is one step in that direction.

To Be Titled

RK: Roy Posner Sir,

Yes! It is intriguing me for quite some time. Probably that is theme we can concentrate this year. Though we all try to live Mothers path after certain stage we level off – the plane being our unavoidable comfort zone which we are afraid of leaving. Though maximum we live on what we know as principles, values etc., I think that is the point our ego is getting saturated.

For example, I compromise many things for my family members in the name of harmony which is actually border comfort zone of other man point of view , freedom and exploitation of my attitude. Similarly I fought a lot with lower officials in government departments and against corruption but I was bit “flexible” in case of ministers and higher officials which is again a comfort zone. I am happy to get name like I am straight forward person, I keep my word, financial integrity and in the process I maintain the level of comfort zone within in quality and perfection . If the payments get delayed beyond my capacity I get into corrupt practices. I keep harmony only till my ego is not touched – even fighting for Appa or MSS is satisfaction of the ego , a comfort zone on not taking higher principles to solve the problem like silent will or inner outer correspondence.

If I analyze every moment I am having comfort zone – may be at higher level than others. This is actually contrary to Mothers words – Truth or Abyss . Also it is contrary to Life Divine’s basic formula –you cannot stop in the middle”.

Mother asks us to make the maximum possible progress through Spirit at any given moment without seeking for comfort. She says, Grace instantly moves in and accomplishes the Divine intention at that moment.

So I think (Based on Sri Karmayogi’s Advices):

- As a devotee our effecting physicality, venturing vitality, curious mentality – all no doubt seeking a higher consciousness in their own ways. But they are seeking the Divine in their own domains. But coming out of comfort zone is seeking Divine through Spirit.
- So we should not - particularly seek psychological comfort.
- To come out mental comfort –c heck ourselves on what we call as our rational decision all the time. Even if it is right based on our known ethical, values, conscience etc., Only question we have to ask is whether Mother likes it or not.
- Every moment we have to evolve and expand in the aspirations of the Divine.

Response: I had the thought after reading this that The Comfort Zone for an Aspirant is one where one is unable or unwilling to make the corresponding Descent to any Ascent in consciousness. I.e. he does not implement his higher consciousness aspiration (ascent) in the details of his life so it is accomplished (descent). He is happy to remain where he is in a kind of "static" ascent, not completing the process.

RK: Yes that is what I am trying to elaborate from the Chapter “Delight of Existence” - Infra-ethical, Ethical, Supra-ethical - Levels.

Response: (to continue my thought from above) On the other hand, the true Aspirant is continually releasing his aspiration for improvement (Ascent) and then manifesting it in the details of life (Descent). His Comfort Zone is eliminated, at least for now.

And yet we can identify a further stage. Interestingly once you descend and apply the higher in the lower, you are likely to discover additional Highers to aspire for, as you perceive new limitations in your being and therefore new ways to elevate your nature. Then growth becomes never-ending. Comfort Zone is transcended.

Eg in Gary Jacob’s book The Vital Difference he discusses how one man can make a great difference by improving one aspect of his life. In the example a man decides to conquer his lack of Punctuality. This is his ascent. The descent is to do all of the things necessary to make that happen. Eg create a firm time-bound to do list, garner the cooperation of his family, etc. etc. Well in the process of carrying out those details he realizes several other deficiencies in his being. Now he wants to conquer these as well! So he ascends to carry out each of these, which in turn requires their corresponding descents, ad infinitum. Now he has risen very

rapidly in the company. In fact, changing it (and himself) forever. He has long ago passed his Comfort Zone, replacing it with his never-ending Evolution Zone.

To Be Titled

On the surface we perceive contradiction and division. In the depths we perceive these as Complements on the way to a Higher Harmony.

Ascent & Integration beyond Our Comfort Zone

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To Be Titled

Sometimes the Ignorance also serves a purpose as it conditions us to evolve our being. As Darcy did in 'Pride and Prejudice' ignorantly proposing to Elizabeth, which exposed his hidden weaknesses, compelling him to transform his nature. It is the Divine who enjoys the process of self-discovery from the Ignorance. We are not aware of that since we are exclusively concentrated on ourselves. (recollected from Garry Sir's speech) --paraphrase of SM

To Be Titled

Misunderstanding can be a great first step toward understanding.

Reader: can you explain further.

Response: A man was having trouble getting the right information from another person. He persisted but things just seemed to go in circles. Finally he drew up a list of examples for the other person to follow. In doing so the first man now had sample data he could now send to a variety of other users. It also compelled the second man to forward a paper revealing much information about himself, something the first man did not ask for, but helped him understand the second man's mind. The whole misunderstanding had the net effect of creating better understanding about the process and data required. Life evolved quickly through a conflictive unfolding that secretly had a higher purpose.

Reader1: How does misunderstanding in a relationship makes the first step for understanding. In all cases it leads to problem only

Reader2: Gaps in knowledge or lack of communication too may lead to misunderstanding.

Response: Misunderstanding if pursued in the right spirit can reveal much that might have never come out, which can strengthen the relationship, or at least create a better one for the future.

It is another form of the journey from Ignorance to Knowledge, so key for the evolution.

Suggestions for Happy Harmonious Relationships

(each when taken up will also evoke positive conditions from life for you)

1. Complaining aggravates the behavior it seeks to cure. Lose the ability to complain.
2. The less you react, the less cause and provocation you will have for reaction.
3. Disengage yourself from every conflict as soon as possible.
4. Give your partner the benefit of the doubt, always, at all times.
5. A touch of patience dissolves disharmonies. Genuine patience comes from knowing oneself.
6. Avoid cynical humor, teasing and sarcasm in the guise of being funny. They are like acid rain that poisons the flowers in a luxuriant rain forest.
7. Never attribute ulterior motives to your partner, even when you feel justified.
8. The capacity to completely forget a problem is the way to overcome it forever. Let go of the grievances of the past without trace.
9. Whenever you are very sure you are right, take your partner's point of view. You will always discover a truth in it that should be honored.
10. Being right and having your way are the triumph for ego, which destroys relationships. Be generous, considerate, loving and self-giving
11. The more you try to improve yourself and the less you try to change your partner, the better your relationship will become.
12. Acknowledge your partner's feelings and perceptions, without judgment or criticism.
13. Undivided personal attention fosters intense affection.
14. Taking 100% responsibility for making the relationship better without expecting anything of your partner is the best way to evoke your partner's fullest cooperation.
15. Learn to cherish the differences between you and your partner.
16. No act is too small or insignificant to serve as a means for expressing affection.
17. Don't take anything for granted. Give full credit to your partner where it is due, even for the smallest happy occurrence.
18. Silent Will is more effective than the spoken word. When you intensely want something from your partner, will for it silently rather than asking in words.
19. Listen to your partner's silences. Respond with understanding, acceptance and affection.
20. Gratitude is a spiritual emotion that brings more of what we feel grateful for.

To Be Titled

Mother's New Year Message:

"Blessed are those who take a leap towards the Future."

Moving Beyond Taking One Side or Another

Most of us tend to hastily jump to one side or the other when a key issue arises. That one side attracts us because it agrees with our experiences and beliefs, energizing us in that direction. Unfortunately it is only a part truth we are holding onto. We do not have the discrimination to embrace the many sides of an issue, accepting the variety of things that are true, while rejecting those that are not. We instead embrace or reject the idea out of hand, whole heartily, as we are influenced by the preferences of our lower nature. However, as we rise in consciousness, we become more attuned to the many sided truth of things, instead of merely adhering to and being slaves to our preferences and opinions.

I was reminded of this when I read the other day that doctors today in the US are becoming more entrepreneurial and are offering their clients more custom, higher end services. You

can see how people will tend to jump to one side of this issue or the other. One side will feel this is a very helpful development as it broadens the available solutions and technologies to solve any type of health problem. The other side will indicate that this is another example of health care costs being driven up to new heights beyond the reach of the average citizen. And yet the truth is that both of these conclusions are likely valid, as well as other truths that are contained between the lines; that require our interest and patience to bring out.

To have such discriminating power our mind must be detached from our lower human needs, preferences, habits, et al, and be continually open to a wider sphere of existence; to a multiplicity and variety of truths inherent in the idea. As we move into a deeper consciousness through meditation or opening to the spiritual Force, or simply by rejecting ego-based limitations in thinking as they arise, we eventually expand the mind beyond its narrow vision, opening it up to broader vistas. In the silence of the mind, it becomes more rational and tends to think through possibilities. Through intuition of the mind, it garners knowledge and truth of things without thought at all. Beyond that are supramental planes of truth consciousness where the entire matter suddenly presents itself inside us in its various dimensions. There we do not react by taking a side, but are at the other extreme where an infinite-like variety of truths are presented, enabling us to come to a comprehensive view of the idea, with its various ions, its shadings of possibilities, which can support our quest to make serious positive contributions to the world.

Life Response Power of Making a Decision

A mere decision for something to be accomplished can evoke the extraordinary has been my experience. This again happened today:

Over the last month I had positive results in guiding the weather patterns into California, evoking rain storms, thereby overcoming the worst of the great drought and more. However, I was unable to generate results further south in my new hometown. The whole area remained bone dry.

Today I noticed that while a big storm could once again pound the north, a smaller amount was headed our way in the south. It seemed so small, and there seemed little hope here. Then I said "enough is enough" and finally aspired for serious rain to come here in southern California.

A few minutes later I turned on the radio and the announcer indicated that in fact a very big storm was headed our way in the south and would arrive a few hours. This was utterly astonishing because it was contrary to what I perceived.

No matter I thought. What was truly important was that it occurred, plus I realized that the mere DECISION to want significant rain in my area was enough to instantly evoke a tremendous response from life. It seemed nothing less than a miracle.

It was in fact yet another example of the extraordinary, instantaneous, infinitely creative life response power of making a decision about something one desires to accomplish; especially if one was previously hesitant, unwilling, or unaware of the possibility.

Embracing the Infinite Power of the Force

The Supramental Force essentially won WWII and ended the Cold War, and yet we believe so little in it to elevate our own lives. To help us to move to the heights of success, wealth and other forms of greatness would seem to be but a trifle for the Mother, yet we hardly ask this of Her, believe hardly at all in Her ability to help us reach such heights.

This is mostly due to our extremely limited understanding of the nature of Reality,... which includes our inability to recognize the vast power of the spiritual Force to quickly act and alter the conditions of our lives. We can literally have anything we want, manifest any deep aspiration if we simply and intensely open to Mother and ask for it. We can become great in our field, be wealthy beyond compare, find the love of our lives, and discover the deepest riches of our inner being and the outer life.

Our inability to capitalize on this Ultimate Opportunity is due to our essential Ignorance born of creation, which expresses through a puny mind that sees a tiny sliver of the truth of things. Boggled down on the surface of life, locked into our preferences, held captive by our fixed

habits, chained by our wanting attitudes and misbegotten beliefs, our mind misses 99% of the truth and power of existence, including the vast power of the supramental Force to rapidly change conditions for the better.

And yet we can begin to overcome mind's limits, its fundamental Ignorance by embracing Mother and Her Force in full. When we enthusiastically believe in it and open to it, She will quickly act and help us realize our fondest dreams, while elevating us from Ignorance to an integral awareness of the truths of life.

Progress and Evolution Via Physical, Vital, Mental Planes Of Our Being

Understanding distinctions between physical, vital, mental, and spiritual – as pioneered by Sri Aurobindo and taken up in full by Sri Karmayogi -- and seeing them in life is very helpful for understanding conditions and deriving or providing solutions to life's problems.

If a person is just material/physical oriented he will only see the surface of things. He is ruled by sense -- the visual and auditory, not the Idea or the Value as in the mental plane. E.g. If I go to the scene of a crime and blame a person who I physically don't like or are otherwise ill-disposed to, one is engaged at the physical plane, which is mostly of ignorance. On the other hand, if I look around and think about the matter and thereby perceive other possibilities, and finally perceive who really is to blame, then I have moved to the mental plane. That is a progress.

Likewise, if a person is obese and his life is organized around eating, then he needs to widen his vistas by moving up the higher planes -- of having feeling, or relating to others (vital), or better still knowing that obesity can destroy one in so many ways (mental). If he takes this up in earnest there is progress, even evolution.

There is also another movement, which we can call "Ascent and Descent." It is where you move up in a plane, but have to apply it through lower planes. Thus if say you have an idea (mental) and don't apply it "down" to the physical plane of matter and action, it does little good. E.g. I want to lose weight is an idea, but only when applied at the lower, vital plane (willfulness to do so) and physical (the losing of the actual weight), it won't do any good, and just remain an idea. This is an Ascent (to mind) followed by a Descent (to the body.) It too is progress and evolution.

The spirit is another, even higher plane, having its own dynamics, with infinitely greater power for progress, evolution, and even transformation. This is where ultimate possibilities and discoveries take place.

To Be Titled

Shifting from unwillingness to willingness - such as becoming willing to take a particular, required action - instantly attracts favorable conditions.

To Be Titled

People reflexively jump to conclusions based on what they learn in the media, speak it out, and then sheepishly feel like fools after it proves to be false. This is the excited, surface mind that has not developed an inner poise of calm, patience, and wherewithal to perceive the actual truth.

To Be Titled

Those who hold back expression - whether in speech, opinion, urge, action, etc. -- are often the ones who prevail in the end.

To Be Titled

Many hundreds, perhaps thousands of Mother's miracles have I witnessed over the years.

"Complete Act" Attraction Power

Sri Karmayogi tells us that any act - even the smallest, such as writing a check, or cleaning a carpet, or eating a meal, - if done to perfection can instantaneously attract good or great fortune.

To perfect an act is to make it a "Complete Act," where we have an aspiration for its accomplishment, the inspired will to make it happen, and make the persevering effort through right skills, positive attitudes, and high personal values. Doing so will achieve our goal and much more, as the infinite will emerge from that finite, putting in our hands the same capacity as the Lord.

Additional comment: This once again shows that the infinite can emerge from the finite, as Sri Aurobindo explains in *The Life Divine*. It is so because every finite thing in creation has its source in a Divine Infinite. However it is hidden from us in life. And yet if we make any life activity a Complete Act, the infinite reemerges as life responds out of all proportion.

To Be Titled

For a smaller or greater goal, there is often one great obstacle to its achievement, and it often resides in one's attitudes and feelings. When that limitation is identified and overcome, accomplishment of the goal comes quickly; often through commensurate positive response from life. When the wanting quality is not overcome, one can still achieve the goal, but it is often accompanied by difficulty and pain.

To Be Titled

Restraint on our part builds up energy inside, attracting positive conditions outside.

To Be Titled

If anything is to be achieved for the world, it is to be accomplished first inside. (from 'The Book' by Garry Jacobs)

To Be Titled

Passivity is not the same as Restraint. The former is a form of uninvolvedness, bordering on obliviousness. The latter is practicing self-control that builds up energy, invariably attracting positive conditions.

Infinite Power of the Finite

To know the significance of the infinitesimal is to discover the power of the Infinite. All that we see as finite, limited, ignorant and impotent is in reality a frontal appearance of the Infinite. Behind every finite appearance lies an infinite potential. It means that every individual, every circumstance and every moment possesses infinite possibilities. (Garry Jacobs of MSS)

Reader: It is then up to the individual to reach the infinite possibilities through consecration

Response: Yes, very much so. As well as in combination with other methods, such as practicing higher levels of cleanliness and orderliness, non-wastage of resources, overcoming negative attitudes, practicing non-reaction towards others' intensities, not blaming others, taking responsibility, making a decision overcoming ego and selfishness, feeling goodwill toward others, gratitude, making the mind silent, silent will, taking the other person's point of view, seeing negatives as an opportunities, creating greater harmony with others, etc. etc. All attract powerful positive response, especially in tandem with consecration to the Mother's Force, which in effect is evoking the Infinite from the finite.

Making Life Respond

As we are to Life, so Life is to us. This is a great spiritual truth based on Oneness. The individual is not separate and different in essence from other individuals or from the world around. The individual and the universal, the person and the world, or two manifestations of the One Reality, the One Existence. This truth has immense practical consequences in the world and is the basis for acquiring an invaluable practical knowledge and effective power in life – – the power to make life respond to us.

Actually, life is responding to us all the time. We arbitrarily draw a line between what we call ourselves and our own with the rest of the world of theys and its. But in reality that distinction is valid only for our surface consciousness. At a deeper level, all existences are interminably linked together. What we think is "inside" and "outside" us are not separate and distinct at all, but only two expressions of one Life.

When we carefully observe our inner and outer worlds, we discover a close correspondence between them. A subtle connection appears between what we think and feel, and what happens around us. We think or speak about a person and suddenly she calls us on the phone. We go to a 1000 page dictionary to look up a word and open the book to exactly the page on which the word is listed. We desperately want a particular thing, and without our having mentioned it to anyone, it comes to us on unasked. We watch a scene on TV and the next moment the same thing happens in real life.

These apparently "random coincidences" are only glimpses of the much more pervasive and comprehensive set of correspondences between our inner and outer life. Our outer life is a direct expression of our inner consciousness.

Acquiring a deeper knowledge of the relationship between our inner and outer life requires careful, patient, dispassionate observation and sincerity. Once acquired that knowledge becomes a valuable instrument for inner progress and outer achievement. When we encounter an external obstacle in life, we can look within ourselves and discover an opportunity for inner growth. When we take the effort to make that growth, outer problems dissolve and new opportunities open for us. Even if life does not present any outer problems, we can press the inner keys of our personality to make life respond in wonderful ways. (Mother's Service Society)

To Be Titled

Excellent decision-making begins by bringing to bear the right Consciousness to the situation - in terms of attitude, awareness, knowledge, energy, will, values, spirit, etc.

To Be Titled

What fresh, new resolutions have you made for yourself for the New Year? Would they truly be helpful if accomplished? Most importantly, are you sincere about carrying them out? Sincerity - as opposed to mere thought or talk - is the critical psychological state that truly moves one forward.

Reader: My father asks me to take resolution for every New Year to giving up unwanted attitudes. Honestly I am not very sincere about to keep that up. Hopefully in 2015 it will work.

Response: Once you are clear about what they are, you can make it part of your everyday routine to rid them, through specific to dos. Doing so will tend to quickly attract positive conditions. Are you interested in obtaining these results?

Reader: Yes of course, I try to practice silent will and ' non-reaction'

To Be Titled

Today is tomorrow's memories.

Tomorrow is today's dreams.

Yesterday is faded - memories and dreams.

To Be Titled

If I have witnessed thousands of Mother's miracles along the way, then I have also experienced ten thousand synchronicities, simultaneities, parallelisms, and related in that time.

To Be Titled

The happiest people are often those who happily make others happy.

To Be Titled

If you consistently identify and then try to improve several weak points in your being, you will always be riding the fast train to greater success. On the other hand, those who are self-satisfied, who are happy with where they are now will remain stuck at their current "station."

To Be Titled

When two individuals realize that they have had the very same thought, though they have not been in communication long or short term, they have in essence been locked into the same thought-wave passing over them.

To Be Titled

There is a gradation of Reacting among the ascending planes of our being: Physically it is with reflexive material force, Vitally it is with uncontrolled emotion, Mentally it is through counter-argument, Spiritually it is by not reacting at all.

Reader: Mother advises us to learn to be quiet and silent. When we have a problem to solve, instead of turning over our head all possibilities, all consequences, all the possible things one should do or should not do, if we remain quiet with an aspiration for goodwill, if possible a need for goodwill, the solution comes very quickly. And as we are silent we are able to hear it.

To Be Titled

For any problem you have, intensely ask Mother to resolve it. Then let go, offer it up, and say "let Thy will be done." Have Faith in the answer, in what She brings, yet without expectation or demand.

Reader: So you mean every problem we have we just bring to mother and it will be solved. I had a lot towards end of 2014 even among family .My house vandalised by a jealous relative and my brother not talking to me

Response: Had your been regularly consecrating, it would have given you protection from such things. At another level what happens on the outside is a reflection of something inside yourself or someone close. Discovering the correspondence -- usually found in our negative attitudes; towards others life, self, work - recognizing, and consecrating it will eliminate these sorts of outer events from occurring in future. If it involves the wider community, then you can consecrate on behalf of the collective as well, and things will improve there too.

To Be Titled

The deeper we go in our own consciousness, the more we perceive the Infinite Consciousness that is the source of, that permeates, that makes up (through forces and forms) creation.

To Be Titled

Quantum entanglement proven by science indicates that if a particle on one side of the universe changes its spin, direction, etc. a corresponding particle on the other side of the universe will instantly do the same. This indicates that the law that nothing can move faster than the speed of light -186,000 miles per second,- is false, as things can move a trillion times faster; and it proves that the instantaneous miraculousness of Life Response is a reality.

To Be Titled

Quantum laws of physics indicate that the universe cannot exist unless it is being observed. Who is then doing the observing? It is the Infinite Consciousness, that is its source. And it is also we who are increasingly coming into a higher consciousness.

To Be Titled

An empirical Science says consciousness emerges only from life, i.e. through higher life forms in the evolution. However, the laws of spirit indicate that consciousness is previous to matter, and is its source. In fact, the consciousness that emerges at each stage of the evolution - from matter to life to mind - is already there, hidden, involved as a kind of seed of consciousness ready to come out, as it was formulated previously in the involution.

To Be Titled

Involution is the process by which the universe was created from a Divine Source through a process of self-absorption of consciousness. Evolution is the process by which the universe emerges in ever higher planes through the reemergence of the involved, hidden, absorbed Consciousness-Force.

To Be Titled

Recent discoveries in quantum physics indicate that nothing fundamentally exists in the universe; that the underlying quantum particles have no material reality and exist only as mathematical potentials. Then what binds the universe; what is the truth behind these quantum particles? It is Consciousness. The Conscious-Force of the Infinite Divine is actually what we recognize as quantum particles that is the basis of all existence. That would make everything in the universe Divine in essence.

Unifying Subject and Object

In higher Consciousness subject and object fuse and become one. E.g. the lover is one with the beloved; the thinker is one with the thought, etc. In lesser consciousness they are separated; e.g. the lover seeks, longs for the beloved; the thinker strives to know/understand the thought, etc.

In normal life we are in the second category. However, as we rise in consciousness, we move to the first, making life blissful, filled with ease and inner fulfillment. All is unified and one. It reaches its apex in Supermind which is complete Unity consciousness where all subjects and objects are experienced in Oneness, including the unity of Spirit and Matter.

We however live in Ego consciousness, where subject and object are very much divided and separated from one another. My concerns as opposed to yours; instead of mine and yours. My superiority as opposed to your inferiority. To bridge this gap we need to make the journey from ego to oneness. It occurs through elevation of consciousness, which moves us to the depths within, and the universal without. There subject-object pairs move into alignment, creating harmony of purpose. Oneness and the Joy that issues from it are the result.

To Be Titled

If you are tired when doing a work, take time out to replenish your energies by resting, eliminating thinking and if possible connecting to or melting into the Divine Mother. When your energies return and you resume the work, the results will tend to be extraordinary.

To Be Titled

Nothing in our human nature evokes powerful response from life more than our attitudes - whether negatively or positively.

To Be Titled

Concept waves emanating from the Infinite Divine, called "Real Ideas" by Sri Aurobindo, establish the underlying purpose and destiny of the material universe. Among the Real Ideas are Silence, Peace, Being, Knowledge, Truth, Goodness, Creativity, Beauty, Love, Delight, Timelessness, and Infinity. Waves of these spread through the Involutionary process that establishes mind and energy, but are hidden at the birth of the material universe. Through our evolution we reintroduce them and make them real in the world. We actually experience them as Values, which are combinations of Real Ideas that we manifest in life. Thus, what the Divine intended in the involutionary process, we help fulfill in the evolution.

Reader: Thank you Sir.

Does evolution always happen in an ascending scale? For example, if we learn a good value (or reversed a negative value) in this birth, will we remember that in the next birth such that it would be an asset for us and we progress further or we may have to go through life experiences again to find out that.

Similarly, how do we know that what are the values which we have learnt from previous births, but we may not aware of our potential and we might be doing exactly opposite of what we had perceived as life experience before? Thank you Sir.

Response: First of all I don't believe it is the normal I that is reborn in successive births. It is rather our evolving soul and psychic being. On the other hand, if we identify with our soul, then the soul and I are same.

The evolving soul (psychic being, true self) is that which learns from the life experiences of the person it inhabits, and carries over to its next birth so it can continue its journey from Ignorance to Integral Knowledge. So yes each rebirth of the soul is a progression; and the newest birth is to discover something it has not yet realized through the experiences of the individual it now inhabits.

As for knowing the values of previous births: If we are in touch with our soul, we can sense the values the soul has already realized, that is a part of "ourselves," plus perhaps what it seeks from us in this life through our personal growth and development experiences.

Does the rebirth succession happen in an ascending scale, without regressions? I am not sure. I believe the psychic being prepares between births whose body to enter in the next birth, so it might avoid regressions, barring something unexpected.

It's interesting to note that Mother said she was able to experience her past births when She connected to Her own psychic being which enabled a kind of portal of awareness into key events in Her past life. Eg She saw herself as Egyptian queen Hatshepsut at a key moment of that life, and similar with her births as Catherine the Great, Mona Lisa, and others. She said in Agenda that she hoped to be reborn as an ordinary person in the next birth as it would be easier on Her!

To Be Titled

In Consciousness subject and object are One. Eg the lover and beloved are one. The seeker of knowledge and the knowledge are one. However with limited consciousness subject and object are divided, separated. Eg the lover tries to love the beloved. The seeker tries to know the knowledge. As we rise in consciousness all dual pairs in creation move from a divided state of incapacity to a unified state where subject and object are one. It culminates in Supermind which is Unity consciousness.

To Be Titled

There are two formations of Brahman. One is the Divine Brahman, the transcendent, the Infinite Consciousness that is the Source of all. The Supreme. All things in creation originated in it, are formations of it. There is also Brahman that is the All, the Reality. It is both spirit and matter; the One and the Many; all in creation and all behind it. It includes the Infinite Brahman, plus everything in the universe. It is the All; the Omnipresent Reality, the highest conception of existence given to Man. In Supermind it is glimpsed and realized.

To Be Titled

When one rests in the Spirit, each failure is only temporary, and leads to an even greater success. Eg after failing to secure a loan, one obtains an even larger one from another source. Or one who longs to be a distributor of a product fails to do so, but becomes an executive for the manufacturer. Consecrating or otherwise bringing the spirit to bear has this exceptional life response power. (paraphrase of Sri Karmayogi)

What Comes To You Spreads & Astonishes

There is a difference between what you initiate and what comes to you. The latter is alive, filled with a kind of will, that when embraced will invariably be successful, and will also surprisingly connect with others' interests thereafter.

They will say that it is an astonishing coincidence that you brought up that matter just at that particular time when they were experiencing the same or they found it helpful, but the deeper truth is that you have caught a vibrating wave of knowledge or information, have recently been its caretaker, benefitted from it, and then it moves and passes on to others. Their interest and yours are simultaneous and synchronous. It is the Force in action, moving in the world.

The Power of Ignorance

Sri Aurobindo tells us that the Ignorance we experience is a power of the Infinite consciousness; that it serves a purpose to hasten the evolution.

He also says that Ignorance is a greater power than knowledge. Through all of the false and mistaken feelings, thoughts, behaviors and actions of our lives, we learn key lessons that hastens our knowledge and hence our progress. Even moving through knowledge alone would not so speedily and in such depth reveal the profound life lessons we can garner and therefore the progress we can make as through the Ignorance.

Thus we could say that the power of Ignorance is one that enables Self-discovery in the world, as well as the Joy we have in that discovery. If that is so, then Ignorance is helping the Divine Life unfold in the universe

To Be Titled

White is all colors reflected. Black is all colors absorbed.

To Be Titled

Impatience extends illness, short-circuits success, creates errors in judgement, delays funds, attracts accidents, compounds a problem, wastes resources, causes friction, delays outcomes, and makes one seem foolish, to name several.

Rishi Wisdom of India Applied Now

Q: The ancient Rishis of India discovered the spiritual Reality behind existence, and was able to intuitivize it, as captured in the Vedas and other sacred texts. Then why didn't the great spiritual insights of the Rishis take hold back then, 2000 years ago? They had discovered the Spirit at its source, and explained it in detail. Why didn't India and the world take heed?

A: In essence the world energies shifted from the Rishis to the rest of the globe -- i.e. development of Europe, America, and now Asia, -- so that their added experiences, ideas, cultures, positives, negatives, etc. could later be gathered up and spiritualized through the insights of what the Rishis had discovered. In other words, Life had to wait till now, after these historical developments and evolution at the material level, before Rishi's wisdom could be applied to the details of life. That would give it a far vaster and multi-faceted reality to apply it to.

Sri Aurobindo and The Mother have come to bring the Rishi's wisdom to the world, at the dawn of a new psychological and human-centered spiritual age. And yet they have also incorporated the evolutionary insights of the West to the direct spiritual intuitions and insights of the Rishis, giving it a far greater power. This is fully embodied in Sri Aurobindo's metaphysical opus 'The Life Divine.' Also they have brought down the Supramental Force in the earth's atmosphere, providing a direct conduit for people to apply the spirit into the daily lives, evoking instantaneous miraculousness.

Discovery of Supermind & Other Traditions

Q: Why isn't the descent of Supermind explained in other traditions, religion or philosophies?

A: The ancient Rishis of India had kind of discovered Supermind 2000 years ago, but Sri Aurobindo went back to those teachings and realized it at a deeper level, and then worked to bring it down to earth plane for humanity. Other traditions do not have the depth of experience to perceive what the Rishis experienced, let alone what Sri Aurobindo and the Mother had realized and then embodied for the world thousands of years later.

Also, other spiritual traditions have little knowledge of the involutionary and evolutionary process as described in 'The Life Divine.' I.e. a comprehensive theory of Creation, which includes the key role of Supermind in that process.

Sri Aurobindo had a vast integral knowledge of all philosophic, religious, and spiritual traditions. From these he was able to glean his own unique, comprehensive, integral, and thoroughly original view, including his apprehension of Supermind in the scheme of things. It was ultimately based on his own spiritual experiences, not mere philosophy that gave him the depth of understanding. No one had the spiritual, let alone the intellectual capacity to come to such a profound understanding.

To Be Titled

When you energetically come around and do what you were hesitant or reluctant to do, you garner immediate positive response from life - such as very quick service when you expected a long wait, a much simpler process to go through, and benefits beyond what you expected

To Be Titled

If you observe life very closely, you will see small, seemingly insignificant circumstance around you that subtly mirror, reflect a significant event in the world occurring at that time.

To Be Titled

We live cloistered behind our skin, focused only on our own small affairs, not realizing that at every moment the entire universe is inside and available to us.

Reader: Sir, Thank you. Normally our mental chatter & imagination is negative, if we shift it to +ve , situations will be favourable.

To Be Titled

If you have a pessimistic view that negative things are going to happen to you, they generally will. Best to reverse such self-fulfilling attitudes.

To Be Titled

Over-expectation or over-anticipation have roots in psychological incapacity garnered genetically, from childhood, socially, or otherwise.

To Be Titled

Everyone wants to get something from God, the Divine. Yet no one wants to Surrender to It; to follow Its Guidance and Will. It is the difference between ordinary and spiritual life.

To Be Titled

The best method of progress is to constantly come out of one's Comfort Zone. (Ramesh Kumar)

To Be Titled

If you consecrate a serious problem and Mother does not solve it, look for deeper causes.

To Be Titled

"Initial occurrence portends future outcome."

It is one of the great principles about the Nature of Acts offered by Sri Karmayogi: Here are two true life experiences:

Example (positive) From seemingly out of nowhere two well-dressed women approached an executive to do be an instructor for their training company. For the next 25 years people would contact him regularly unsolicited to do training for their organizations without him having to pursue them at all.

Example (negative) A man was trying to find the location of a small business in the suburbs that would give him a chance to participate in the most important and profound work of his life. On the drive there he got very lost among the endless streets of hundreds of suburban homes. After being in deep anguish he finally made it there by consecrating the situation. Seven years later after working with the company and founding his own to continue that relationship, his company went out of business, which too created great emotional pain.

To Be Titled

As long as I avoid a bad person, my inner knowledge keeps the inner Ignorance at arm's length. Avoidance is austerity; acceptance is prosperity. Ignorance does not transform into knowledge as long as we avoid it or avoid the person in our life who represents that Ignorance. He is there for us to make a progress. When we make that progress, mysteriously he vanishes. He tells us by his jealousy that there is jealousy in us. We are not aware of it, or we are

unwilling to concede it. That is the positive value of a negative person. The moment we recognise it and exhibit a willingness to give up the bad trait, that man disappears. (Sri Karmayogi)

Reader: this was an excellent post by RV

Sir, after reading his post, tears were rolling from my eyes. I have avoided so many people if I don't get along well with them. Now i came to know it is for us to change mother sent all those. Now i am doing past consecration to mother that "Pl convey the lessons / progress to my soul , i should have made, if I accepted them,during my earlier days . I have realised the mistake now after so many years. Without meeting the same kind of person again, pl give me the knowledge to my soul"

To Be Titled

Terrorism represents a complex, even subtle problem that demands corresponding solutions from the society, requiring enormous, detailed cooperation of all nations. It thus ironically serves the cause of furthering Harmony of Purpose and Human Unity in the world.

Reader: yes that's true....but why do we need terrorists to make progress...why do we learn only after a terrorist attack?

Response: It is due to unconsciousness. Why did it take WWII before the UN, the EU, etc were made possible? It was in order to shatter the physical ego of the society to bring out the sincerity of the all parties to cooperate. Before that nations pulled in their own direction, all puffed up with sense of self.

Terrorism is very minor compared with those times, but requires even more subtle cooperation amongst all nations because the problem is more subtle.

The nations of the world are still ruled by Ego, though they are slowly evolving.

We can progress rapidly without violence through higher harmony, but that is not in the cards due to the ego of ALL nations. That is the way of Purusha. Man still progresses through Nature's slow and difficult way (Prakriti). Each nation getting rid of its Ego that allows for greater, more subtle cooperation and collaboration is the shift from Prakriti (Nature) to Purusha (conscious being and self-awareness/soul).

Higher education, internet, and perceiving the deeper laws of life can reveal the way forward. Mere mental good and evil view will lead only to confusion, anguish, etc. That is where we are now.

My own view is that terrorism is mostly an economic issue. It grows out of unemployment, low wages, and poverty, which leads to frustration. As people become prosperous and buy material things they lose the fundamentalist edge.

Will the world work together to create a new Human-centered Economics that helps all, not just those with monetary power? A degree of World Governance can eliminate the roots of terrorism by developing better economic, educational, and social realities for all nations. Internet can help implement it very quickly.

In the meantime a World Army, a global rapid reaction force would also help at the security level; to address immediate threats to the peoples of the world.

To Be Titled

Things that are normally perceived as being in contradiction and conflict are recognized as moving towards a Higher Harmony in Supermind (Unity consciousness).

To Be Titled

Though we recognize the material, empirical, mechanistic causes at work in a tragedy, there are also the subtle, attitudinal, vibrational, atmospheric factors that attracted that misfortune as well. Knowing them is wisdom.

To Be Titled

Sri Aurobindo indicated that Truth had to manifest first before the power of Love.

Additional comment: Mother said that were divine Love to manifest now, it would crush us. However, in an environment where the atmosphere of Truth was established - as opposed to falsehood, disharmony, and ego, - Love would manifest more stately, sweetly, purely, without any opposite reaction.

To Be Titled

Accepting the other person's points of view, instead of insisting on what you already know, leads to new understandings and bursts of creative insight along lines you hadn't considered before.

Interest, Decision, Commitment, Determination, Action (In Sales)

["Life Response" is the evocation of good fortune from out of nowhere back to your person"]

"Life responds to mind's interest with information. It responds to mind's decision by moving toward us. It responds to the vital's [emotion, feeling] consent and commitment with action. When the enthusiasm becomes vital commitment and determination, action of life is inevitable. When the movement touches the subconscious (physical), it brings instant results." (MSS)

--"Life responds to mind's interest with information."

You as salesperson think about a product you are interested in selling at the store you work at, and you see an ad for it just as you turn the page of a daily newspaper.

--"It responds to mind's decision by moving toward us."

As salesperson I decide to overcome my reluctance to work weekends; and the person who can give me an enormous response decides to shop at our store that weekend.

--"It responds to the vital's consent and commitment with action."

When I as salesperson make this commitment, the potential shopper decides that he wants to purchase a number of goods, which will be an overwhelming response for the salesperson if purchased.

--"When the enthusiasm becomes vital commitment and determination, action of life is inevitable."

With my commitment and the customer's aspiration to buy, we too are in alignment for great results.

--"When the movement touches the subconscious (physical), it brings instant results."

When as salesperson I enter the store on the weekend I recommitted to, the customer appears at the door, the only one to enter the store, ready to buy, which he then does; an overwhelming response for myself as salesperson.

(another example) In *Pride and Prejudice*, Darcy appears at Pemberley from out of nowhere to Eliza as she has fully changed her psychological view of him at all levels down to the physical/material.

To Be Titled

We can progress by taking up opportunities that come to us on their own, or by overcoming challenges and difficulties presented to us in the right spirit, with the right consciousness and its application. Both will attract the cooperation of life, bringing favorable results, enabling our further growth and success.

To Be Titled

All achievement originates inwardly, not outwardly. The outer success is the result of the right consciousness inside.

Vision, aspiration, will, decision, commitment, right attitudes, right motives, high values, deep knowledge, inner strength, level of energy, right perceptions of obstacles, use of the spirit are among them.

Collaborating With the Determinates Of Evolution, the Force

There are fundamental aspects and attributes of the Spirit that are trying to be realized in life. They are the determinates of all human existence, including our own lives. Those who identify and then consciously choose to collaborate with those spiritual aspects will ride the tide of progress and evolution forward. Those who swim against it will be drowned by the Force of progress.

Example: In *Pride and Prejudice* there is a force that is trying to create collaboration between the middle and upper class. Rather than have violent revolution as in nearby France, England took a quieter, more harmonious tact. All those who participated in it, like Eliza, Darcy, the Bennet family, greatly benefitted with it. Those who opposed the union of the two classes, like the effete aristocrat Lady Catherine were washed away by the tide of history.

There is thus a Force of movement forward. It contains one or more of the cosmic determinates, such as equality, freedom, peace, silence, harmony, light, truth, creativity, beauty, love, delight, etc. These forces are there in the Supreme Consciousness and moved out as waves in creation, moving in infinite directions as needed in the evolution. Those in touch with these waves, with that Force will be successful. Those who oppose will be washed away by the tide of history.

To Be Titled

We have free will within the bounds of what the Infinite consciousness seeks to manifest in life. We can choose to collaborate with that Divine Intent, and if we do, we will be lifted up by that tide of progress.

To Be Titled

Make a list of several negative things in your life. Now find the corresponding wrong attitude, habit, belief, behavior that precipitated it. Once you discover and reverse it, the outer negative will quickly disappear, often instantaneously.

To Be Titled

Try to remember the Mother before you engage in any important activity. Each time you do, life will fully cooperate with your intensions.

To Be Titled

Sometimes you need a fresh, new perspective to perceive the true nature of a thing - whether a different vantage point for a physical place, a new experience for one's emotional relationship to some entity, or a new understanding to perceive the deeper nature of a concept.

To Be Titled

Education is the technology for conscious social evolution. (World University Consortium)

To Be Titled

From out of the regression of religion and its dogma, rituals, superstitions, and control comes the progression and freedom of individualistic, personal experience of the Spirit.

The universe has Spirit or Soul, as do we humans. Even objects have an Essence. Therefore our relationship to those objects has consequences. Positive relationship to them will bring about their cooperation, while negative will attract their malfunction or other forms of non-responsiveness or non-utility. So never blame or complain about any object or any person or anything in the world; instead take responsibility when there is a problem, and always try to feel goodwill and gratitude toward anything and anyone around you. That way you will continually attract positive conditions from all that you encounter in life.

To Be Titled

What the West has achieved in the last 500 years using the power of Mind, Indians can achieve in a very short time if they know how to express the Spiritual Power in daily life. (from Spiritual Opulence by Sri Karmayogi)

To Be Titled

There is no greater power for great, sustained success than Oneness of being – whether in a mutual relationship, an organization, or any collective of life.

To Be Titled

At the point there is insufficient physical, vital, or mental energy, the body and its health will tend to break down. Best to restore the energies before resuming work or other aspects of life; otherwise the breakdown can worsen.

To Be Titled

The subconscious holds many negative feelings and attitudes that we are not conscious of, such as a deep-seated ill-feeling towards someone, or a racial prejudice we are not aware of, or an aversion to having a child, etc. etc. Through personal growth we become increasingly conscious of our subconscious, including its wanting qualities. When we become aware of one or several, a feat in of itself, and then consciously reverse it, life responds out of all proportion.

To Be Titled

If you learn the lessons failure has provided, life will lift you to the heights. Failure to learn from past failures will keep you in the same place, or worse.

To Be Titled

If one feels intense contrition for a serious mistake, a solution that resolves it tends to well-up from life.

To Be Titled

Gratitude and appreciation are spiritual attitudes of the heart that have a special power to attract instantaneous positive response. E.g. a man greatly appreciated how well his car now ran after his friend brought it into the shop, had it worked on, and paid for it. Immediately after expressing his gratitude to her, he learned that the bill was considerably less than he expected. That is a small example of the enormous life response power of gratitude.

To Be Titled

May I be open and tolerant and humble and patient to see the validity in every person's point of view -- whatever the level of merit. That act alone tends to quickly attract good fortune for involved parties.

To Be Titled

When you take care of something that you were hesitant to take up, important content for the undertaking suddenly, synchronously appears out of the blue.

To Be Titled

Gratitude will tend to attract more of what you feel gratitude for.

To Be Titled

Present information to another not just when you want to give it, but when they are ready to receive it.

Roundabout, Yet More Substantial Response from Consecration

Ordinarily we perceive that consecration -- offering of circumstance to the spiritual Force -- will evoke positive outcomes in relation to the immediate aspect, matter, et al we consecrating. Often the correlation is obvious and we see the direct answer to our inner evocation. However, sometimes the positive response from life comes to us indirectly, more roundabout, yet can be more integrally effective.

A man consecrated for physical comfort, and received a limited response by calling to the Divine. The next day however he received instructions on the psychological nature of his underlying problem. Only a while later did he realize that the knowledge coming in was a life response to his consecration, substituting for the direct relief he sought. Instead he received a more powerful insight about the way forward; i.e. filled with integral truth and knowledge that if he were to act on it would greatly benefit his life, far beyond his immediate concern with resolution of his physical discomfort. The final irony was that his affirmation of the insight brought the physical relief, at least for the interim. The even greater longer-term issues were now plainly in sight and ready to be resolved.

The moral is to observe closely the events that occur in the wake of consecrated effort. It can come in subtle forms, or ways you did not anticipate. As a result, you are now able to take the power of consecration to a broader, deeper level.

To Be Titled

People who complain about others will increasingly attract people and situations whom they will feel compelled to complain about.

To Be Titled

While one can offer a benefit to another with a particular conscious intent, there is often a subconscious intent that is also being broadcast, that can produce a detrimental effect.

To Be Titled

Money coming to you or not coming to you is a reflection of who you are.

To Be Titled

All progress - whether technical, social or others - is the result of being not content with 'what is'. (Garry Jacobs)

Additional Comment: Yes, it is continuously wishing to move things forward to what we perceive it should be, as well as continuously going beyond our Comfort Zone.

Mountain of Debt & Spirit

Human experience knows what is once lost is lost forever. An error committed once cannot be rectified later. He who foolishly walked into the trap of debt cannot now hope to come out of it by regretting. One has to suffer the consequences of it. The Spirit tells him, "If you regret in your emotions the folly of an earlier act, or reverse your past attitudes now in your understanding and feelings, your debts will fully dissolve, liberating you forever."

- In life, acts of folly are irreversible
- In Spirit, acts of earlier folly can now be reversed in emotions deeply felt
- Spirit corrects physical FACTS by the reversal of TRUE feelings deeply realised
- A mountain of Debt can dissolve into thin air if there is a mountain of felt emotions regretting it. (Sri Karmayogi)

To Be Titled

"Hold Infinity in the palm of your hand
And Eternity in an hour." (William Blake)

This is what occurs through instantaneous miraculousness; aka Life Response phenomenon.
Infinity in terms of space; eternity in terms of time; both overcome.

To Be Titled

Vedanta is the essence of Hinduism, as experienced by the Rishis who saw into the nature of Reality, including its spiritual Source. Sri Aurobindo took it much further into the modern age. He explained in great detail the involutionary process from spirit to matter culminating in the universe, as well as the evolution from matter to spirit that can culminate in a divine life on earth. Between these two processes, Supermind created space-time, subject-object, the spiritual values of creation, etc. and it now serves as the (the Mother's) Force we can evoke to bring about sudden good fortune in our lives and the spiritual transformation of life on earth.

To Be Titled

Your greater future always lies at the point you decide to change some limiting aspect of your being.

To Be Titled

Mathematics can be viewed as the formulations of reality at the conjunction of space and time; extending to infinity and eternity.

Mathematical Formula of Life (& Life Response)

Mathematics is the Queen of Sciences.

There is no object in life that cannot be described mathematically.

The path of a stone thrown into the sky -- projectile -- follows a formula of mathematics.

Astrology has reduced all events of Life into formulas that can be defined in mathematics.

Computer follows the rules of grammar because they are represented mathematically.

Zero is a wonderful conception of mathematics when it captures the secrets of creation.

Einstein discovered the mathematical equation of Energy that is matter, which enabled science to predict the movement of objects.

Sri Aurobindo speaks of a mathematical formula of creation -- one in terms of yoga -- and says it is intelligible only to Him.

By applying Sri Aurobindo to all other sciences as well as life, that field can be reduced to a formula.

Life Response represents that idea about the movements of life.

Sri Aurobindo mentions the route of life from the finite to the Infinite in various ways of which mathematical architecture is one.

Life events lend themselves to prediction because they are movements according to measurable rules.

In a planned work in a factory or administration one can predict what will occur at a given future date or time.

Production is a controlled activity confined in Time and Space. Life is in widening Space and in limitless Time.

Mathematical knowledge brings the limitless into limit.

Invoking the Spirit raises one's power to act.

Knowledge has a clarity which power does not have.

Moving from will to knowledge, one lands in mathematics.

That mathematics in the field of life is Life Response.

We know all the rules of Life Response.

Would they all abridge themselves into a Formula? (Sri Karmayogi)

Reader: roy sir, here is one formula for becoming infinite , it was the heard in my first speech attended in mss p&p session , some 5 yrs back

$1 \div 0 = \text{infinite}$, i could not find infinite symbol in my tab

meaning:

man with ego =1

when we approach others without ego , that is zero

we both becomes infinite

this formula is embedded in my mind very deeply .

To Be Titled

Rather than instantaneous sometimes a response to your consecration effort will come days and even weeks after. In that case you may enjoy the reward but have forgotten the source consecration that brought it about. It takes a little mental effort to associate the result to the source self-offering moment that occurred earlier, but is well worth it, as you now know what aspects of yourself can trigger the wondrous life response results in future.

To Be Titled

The other man's point of view expands the finite into the Infinite. (Sri Karmayogi)

To Be Titled

Integral Yoga puts up with things that normal human life cannot; that humans find intolerable. Yoga deals with it through high consciousness instead of running from it, and thereby transforms it. Note that He (Sri Aurobindo) says ALL life is yoga, including all that humans find troubling; that can thereby be overcome and transformed through the yogi's higher consciousness.

To Be Titled

The tiniest circumstance can be the one and only opening to the next stage of success, so do not take anything for granted, and don't believe that only the very obvious is the doorway to a new or heightened future.

To Be Titled

Moving to Silence from thought in waking invites the Force to act. (Sri Karmayogi)

To Be Titled

For instantaneous results, catch the thought as it enters and consecrate it. (Sri Karmayogi)

Additional comment: It would be a growth for me to practice this. To catch the urge to think and offer it is a tremendous feat. We can try it, and look out for the instantaneous results.

Shedding Our Biases for the Integral Truth of Things

Examine our political parties, the newspapers, the government, the companies, etc., and you will see that each are biased in certain directions; have predilections for a certain social philosophy or at least social, political, and economic beliefs. As a result, each is stationed far from the integral truth of things, while fervently asserting its own limited point of view.

It turns out that as individuals we do the very same thing, as each of us are prejudiced in our opinions, attitudes, and beliefs that in turn keep us at a distance from the true truth of things. As a result, we take to questionable behavior and actions, and therefore experience many

difficult, painful, surprising, and most unexpected circumstances in our lives that reflect these limitations. And yet if we were to develop a deeper center of awareness, we would be open to the multi-sided truth of things; shedding our ego-dominated moment-to-moment world view, and as a result avoid error and therefore much of the distress that life presents us in response.

Sri Karmayogi says we can begin this transition from ignorance to integral knowledge by taking the other person's point of view, by shifting from our opinions to the other person's conviction. We can also transition to a consciousness of truth by developing a deeper center of awareness, where we are more amenable to the multi-sided, integral truth of things; not just our mind's partial, exclusive, and therefore ignorant view. We can develop that deeper center by constantly self-offering events in our lives through consecrated effort. As a result, over time we develop a deeper center from which we can more accurately gauge the world.

In tandem with seeing things from the other person's viewpoint and continually stilling the mind of its rambling opinions and biases, we can develop a new center of awareness in our lives that sees existence, Reality for what it really is, instead of what we believe it to be.

To Be Titled

Each time an individual takes a step beyond his current level of consciousness -- whether shedding a negative attitude, having a deeper aspiration, implementing a higher value, raising his skill, making a new important decision, taking a firm action, etc. etc.-- the world also benefits, not just himself. If significant and intense enough, it will have vibrational power, reverberating through corresponding events in the world.

Our conscious mind might fully endorse a reality or truth, while still not gaining the endorsement of the vital being (our emotions, will of action, etc.). In that way it is only half-embraced and therefore may lead to outcomes not intended.

Intense disagreement and anger between people can evoke natural calamities, like a fire that destroys a good part of one's town. It can also vibrate forward in time and repeat under different circumstances in future.

To Be Titled

When we are too quick to react, having not taken the necessary time to contemplate the situation, we can set loose confusion and complications, including ill-will. Best to take the extra time to more fully grasp what is at hand before responding.

To Be Titled

Wait for the world to seek you. (Sri Karmayogi)

Additional comment: When the thing comes to you it almost always succeeds when taken up. On the other hand, when you go after life, success occurs far less often.

Reader: That explains a lot - and I'm not saying that in jest. Just this morning, I had a feeling of exhaustion for "thinking" so hard about what I'm trying to accomplish, and although I have made strides, I'm also feeling myself slide backwards a bit lately. So, I just decided to stop thinking so much about what I want. Interesting.

Response: Yes, it is the power of giving it up. Let the mind go silent, no strain, offer up the issue, forget about it, and see what happens. I.e. be patient and wait for the world to seek you. In a silent Mind the Force can move rapidly.

To Be Titled

"Moving to Silence from thought in waking invites the Force to act." (Sri Karmayogi)

To Be Titled

Coming from the body, thought is the essence of experience that finds words. Coming from above, it is Real-Idea expressing in the mind as knowledge. (Sri Karmayogi)

To Be Titled

Opinion, good or bad, will constrict the field of action for the Force. Opinion expressed will destroy the field. (Sri Karmayogi)

Reader: Is this why Zen masters usually not say much or anything? They remain Silent.

Response: You could say that; that the goal of some schools is cessation of thought in any form

Opinions are egoistic expressions of one's belief. They block chances of good things coming in through the spiritual Force when they are formulated in the mind; and when actually expressed they attract negative outcomes.

To Be Titled

If someone has abused you, you can be certain that there was a certain negative quality in your being that enabled it to happen.

To Be Titled

Seeking after result is to exclude realisation with a vengeance. (Sri Karmayogi)

Additional comment: A variation of the same idea: "Attention to positive results makes it negative." (Sri Karmayogi)

In other words don't focus on the results that will come at the end, which will negate them through negative life response. Instead focus on the process, the work at hand, and perfect that. Then great results will come.

To Be Titled

Self-giving matures when one enjoys the receiver's joy. (Sri Karmayogi)

Additional comment: Normally the individual does not like it when another succeeds. It's a perverse, primal reaction. Sri Karmayogi's comment describes the reverse; a spiritual-like quality.

To Be Titled

Absence of reaction renders the opposition lifeless. (Sri Karmayogi)

Additional comment: Absence of reaction is Appa's great spiritual method of "Non-reaction." When you do not react to others' action, including that of an opposition, their power over you fades away; i.e. life creates conditions where their influence is rendered lifeless. Eg a man tried to destroy a member and his cohorts of an organization through his bureaucratic action. The member remained silent and did not react to this harmful tactic. Within a short period of time, the man lost his power in the organization, while the member soon rose to the very top.

Reader: Thank you Sir.

When we react, we miss the opportunity of seeing other man's point of view. Hence, both principles work in tandem.

In P&P, Darcy went one step further. When Elizabeth abused him, he didn't react and finally he wished her for her health and happiness.

Even if he would not have written the letter later to justify his action to her, the moment of wishing might surely create a spark in her heart and make her to reflect on her mistake, just an analogy.

Response: Yes, the goodwill in spite of his rejection and pain was an indication of his higher nature which she would later discover when she visited Pemberley. It was a form of non-reaction on his part to maintain that civility. He even accepted her viewpoint later on; perhaps even starting with her reaction to her proposal and the letter that followed. As you indicate a number of these qualities and potential higher methods intersect and are at play here.

To Be Titled

Be open to everything that comes your way. Then the things that are unnecessary will naturally, spontaneously fall by the wayside.

To Be Titled

If you want to change the world, change yourself, and the world will quickly follow. E.g. say you want to decrease the amount of garbage in society or in your neighborhood. If you clean up your own space to a higher level, you are likely to see corresponding positive developments in the outer world. This is especially true when you also consecrate the issue; i.e. self-offer the situation to the Divine, the Mother.

To Be Titled

Nothing attracts positive response from life as quickly and dramatically as taking to higher levels of cleanliness and orderliness.

Additional comment: Very often we have seen that by cleaning in filthy areas not attended to, straightening out a desk or closet space or tools area, reordering paperwork and folders, scrubbing an area never attended to (such as an oven), removing stuffs and cleaning a grimy refrigerator to a shine, etc. evoke instantaneous response from life bringing benefit in terms of work, money, and similar.

Even if your things are very clean and orderly in these areas, increasing by another 10-20% can also evoke that response.

Also along that line it is best to practice giving objects (appliances, computers, machinery, etc.) the necessary attention they deserve (repair, cleaning, updating, etc.), as well as practicing non-wastage of resources (materials, money, time, effort). Each time you do, life tends to respond.

The physical plane (including cleanliness, orderliness, giving attention, non-wastage, etc.) is best to start a life response approach, as it is the most fundamental. From there you can go to the vital plane (mainly negative attitudes), mental (lower to knowledge), and spirit (e.g. consecration and silence).

To Be Titled

A current small negative situation can offer an important lesson for a current important positive one.

Example: You have had a difficult experience with an employee of a former client who has royally abused you. Her behavior is intolerable. And yet you also realize that had you taken a little more time to analyze her situation when she first contacted you, you would not have received that emotionalized abuse. Now when you are in communication with an important current client, you are much more careful in ascertaining their needs, enabling you to react in a very positive way that has the effect of building more success with that party.

To Be Titled

From your lower consciousness you perceive difficulties and problems as conflictive, frustrating, painful, and sorrowful. When you are in your higher consciousness, you tend to learn from them, see into their deeper truth, which you can then apply in future to great benefit. You can even see them as opportunities that can take you to a whole new level of success in life.

To Be Titled

Most of our negative attitudes are subconscious to us, making it difficult to connect the negative conditions outside ourselves to our inner qualities that precipitated it. Only a sincere commitment to a minimum degree of personal growth and conscious evolution (yoga) will reveal and make conscious what is now subconscious.

Subtle Inner Power Over the Outer Physical

The subtle - which includes the realm of our emotions, thoughts, and spirit - have progressively more power over physical reality than our mere physical actions.

E.g. an individual tried and tried and could not get the software on her computer to work; frustrating her to no end. She then realized the error of her ways (i.e. negative attitude) and trying to force things, in which case she decided to completely give up and forget about it. Out of the blue and less than ten seconds later she discovered the way to make the software work. She tried it out and it did!

It is the subtle inner power we possess over the outer physical life.

To Be Titled

Consciousness is the original self-awareness of the Infinite Supreme whose energy became the source of the material universe. Consciousness is also that which we are rediscovering through our experiences, and our personal growth and evolution.

Attracting Grace through Cleanliness

The Supramental Force needs cleanliness to descend on objects. It is the external form of cleanliness. Inner cleanliness is purity. Sincerity to the Divine is that purity.

Our [Indian] tradition has two extremes. At the higher end, it says through proverbs 'Cleanliness will feed one with food'; 'Even if you wear rags, wash them daily'. At the other end people believe that if you clean too much, you will lose what you have. A devotee married into an affectionate family. It was very dirty. She started cleaning. Everyone who was fond of the new arrival of a daughter-in-law suddenly frowned and abused her. They successfully prevented her from cleaning. One cannot take cleaning to great heights without orderliness. To put your things in order and that too in perfect order especially when you have an abundance of objects will leave no time for anything else. Cleanliness attracts grace. Grace comes to one in every conceivable form, as accomplishment, appreciation, cheerfulness, rain, money, good will, etc. etc. Often Grace comes only in one form.

For various reasons, cleanliness, especially perfect cleanliness, attracts a greater measure of grace. It comes in floods in one field or in some measure from several fields. It depends on the readiness of the soul and its ripeness. If cleanliness attracts grace, its opposite also is true. Any amount of grace can shower on one in spite of dirt. That is true of one who lives in the cave or one who has attained realisation and awaits for the final departure. For us mortals, we can say cleanliness attracts prosperity, one expression of grace, in direct proportion. In the experience of innumerable devotees, cleanliness is more money, a smaller expression of grace. (Sri Karmayogi)

To Be Titled

Concentrate on perfecting the work, not seeking praise.

Additional comment: Seeking praise spoils the work.

It is cart and horse in wrong sequence and relation.

To Be Titled

Mother said in Agenda that it would require the full yogic efforts of ~10 individuals to make the necessary transformation ushering in a new, supra-mental age. Surrounding this core would be hundreds, thousands, and more devotees who are taken in by Sri Aurobindo's vision of a divine life, even if they do not take to an integral yogic effort of transformation. They would live a normal, educated, cultured life, but remain in awe of His Vision. (Sri Karmayogi has offered devotees and others a wide variety of methods to make that a successful and harmonic one, while maintaining the connection to the Supramental power Sri Aurobindo discovered, which we engage through Mother.)

To Be Titled

As soon as you gleefully narrate or boast about a special benefit you have been given, life tends to quickly take it away.

To Be Titled

A man slightly egotistically told his friend how lucky he was to have fast security processing at the airport when he flies. The next time he prepared to go through security for his flight, he discovered that he had lost those special privileges.

To Be Titled

Gratitude becomes sincere and full-bodied when that thought is emotionalized. It is then a Higher Emotion, which is a spiritual quality, felt inside as richness and peace, with a tendency to attract.

To Be Titled

I continue to experience Mother miracles in a continuous stream. Eg just made a fb post while in airport concerning our capacity to follow His Vision, Her, and Karmayogi, when I turn to the left and serenely sitting next to me is a young Indian woman, the only Indian out of hundreds of people I have seen today at this California airport. A confirmation, symbol of Mother. So startling, so wonderful.

Double Synchronicity at the Apple Store

It is my ongoing and quite constant experience that whatever my mind intently focuses on, quickly and startlingly returns to me in new forms. I'll give you the most recent example:

While at a busy, state-of-the-art outdoor shopping area in Emeryville, California, I walked into an Apple store and had a lively conversation with a young rep, discussing all sorts of technical issues. At the end of the discussion, I recalled that I used to have a friend working at the store, though after all this time I doubted she still was there. And so I asked the rep if he knew of her, and he told me he did. Moreover, he mentioned that she still worked there, which really surprised me. I then went to the back of the store to see if she was there, but I did not find her.

I then left the Apple store in this modern indoor/ outdoor complex, walked to a book store and spent some time there, and then began to return to the parking lot at the other side of the complex. Suddenly the friend that I longed to see appeared right before my eyes! And amidst a busy shopping area, the only person coming in my direction! I happily greeted her and we had a brief discussion.

On the way back to the parking area, I wanted to capture the startling synchronicity that just took place. As I was about to type in the story about the rep and the friend, I suddenly saw the Apple store rep all alone across the street at a stop light coming from the opposite direction! I was flabbergasted that he was there, and the way he was coming from the other way around. It was as if Life at choreographed the whole scene for my amazement!

At this point I knew I had experienced a double simultaneity or synchronicity, demonstrating the startling life response power of focusing your attention on something or someone. When you do, you get more of it, often in the most unusual ways. And not only can it bring new forms of it to you, but it can also vibrate out in another direction and happen again and again.

Motel Room Miracle

The principle is "that which is reported as horrible, miraculously turns out quite fine after being consecrated." Here is a recent experience of mine that demonstrates this law.

The reviews for a motel I was to stay at were about as poor as a lodging can receive. And that same horribleness was reported by a number of online sources. It seemed a daunting situation, but I was determined to see it through. In addition I remembered to consecrate the problem, offering it up to the Divine Mother and Her supramental Force.

Well it turns out that when I arrived at my room, I was startled to see how nice it looked! Fortune had it that the room had recently been completely revamped and everything I needed was there, fresh and new! I was astonished by this remarkable turn of events. It was surely another miraculous instance of Her Force at work.

To Be Titled

He who seeks to convert others would benefit from his own conversion.

To Be Titled

Pain among devotees is the result of deflection of the Force. Deflection of the Force is due to lack of receptivity at some level.

To Be Titled

Consecration changes reality; rapidly reorienting it to a much higher status.

To Be Titled

You cannot expect others to behave or act perfectly. But when you consecrate - self offering the conditions to Mother - they do.

Reader: Normally we expect perfection from our kids.

Response: Yes. We should aim to be more perfect parents instead. If we do that then our children will become more of what their own Being longs to be.

To Be Titled

The Hippy movement and vibration of 1960s, including social and psychological values, evolved and became the pc, internet, and smartphone generations. The Force pushing from above spurred it on. Its full representative at each stage was/is Apple.

To Be Titled

The continued evolution of the earth can be seen as the sum of all evolutions of consciousness of each individual from some psychological incapacity to that capacity fulfilled.

To Be Titled

Through detached consecration a co-worker irritated with you will soon turn pacific and cooperative.

To Be Titled

A hum-drum job position becomes thrilling when one perceives and experiences the laws of life response unfolding. As a result, both grow inwardly and outwardly by leaps and bounds.

Solve an Acute Problem by Reversing the Wrong Trait That Precipitated It

There are nothing like insoluble problems for Mother. But, in the scheme of things, in the life of the devotee many problems are left unsolved which he comes to describe as insoluble problems. If problems of that description are taken up, there are two approaches that lead to solutions. One way is to change the human trait that generated the problem. That is a radical, substantial solution that would not only offer a solution to the problem on hand, but would usher the willing individual into a greater measure of prosperity.

For this solution, it is necessary for a man to know why a certain problem arose. If he knows it and he is willing to change in himself that trait which created the problem, then it is good. Once he makes that inner change, a prayer will readily remove the problem, however knotty it appears to be. In case he is unable to locate in himself any characteristic or attitude or activity that led to the problem, he should come forward to assume that one exists inside him

and be willing to give it up, whether he knows it or not. Before taking up a prayer to solve the problem, he must pray to Mother to remove what in him has caused it. (Sri Karmayogi)

To Be Titled

According to Sri Aurobindo the Infinite consciousness through the involutionary process (from spirit to matter) allows for all variations and possibilities in creation,-- including Ignorance, Falsehood, and Evil; the large and small; positive and negative; all variations of human personalities; etc. -- to allow for infinite variations of Discovery of higher consciousness by each form for the purpose of infinite variation of experience of Delight.

To Be Titled

Patience is spiritual as it is a step towards timelessness.

To Be Titled

The Great Recession has shocked many Americans into new social and economic values.

To Be Titled

Sri Karmayogi - the great multi-dimensional, integral, Original Thinker and Spiritual Personality in the world.

To Be Titled

"Change yourself and the circumstance will change." (The Mother)

Change as necessary in terms of motives, behaviors, attitudes, habits, values, beliefs, skills, capacities, knowledge, actions, etc. Doing so will evoke new positive circumstance.

To Be Titled

The highest Goal one can have is to be transformed into a New Person. It is the end result of Integral Yoga (conscious evolution).

To Be Titled

Constant Self-givingness without expectation of reward is a sign of an evolved personality.

To Be Titled

The individual on whom you shower Goodwill will likely come into wonderful new opportunities or other great improvements in their lives.

To Be Titled

Ignorance, Falsehood and Evil often help evolve the world when there is a deficit of consciousness among the remainder. WWII and its aftermath is a prime example. It also occurs in our own individual lives through physical or psychological suffering and pain.

To Be Titled

When the devotee's affairs are caught in a tangle and are spoiled and news comes to him after the loss is incurred, if he can bring himself to pray to Mother to save the situation that was already lost, Mother will act in a unique way. She does save the situation. The faith of the devotee to pray to her after the work has been spoiled, is no ordinary faith. It is extraordinary. (Sri Karmayogi)

An example: Once Sri Karmayogi had a visitor who told him that something bad had occurred in the town. This fact had been passed around and many recognized it as so. However, Sri Karmayogi did not believe it to be true. Perhaps he consecrated the circumstance at that

point. I do not know. Soon after, it was discovered that the bad thing had actually not taken place, just as Appa had believed!

(This is but a fragment of my knowledge of the story. Perhaps someone knows the more precise details of the incident.)

Reader: Once I received a phone call that my close relative got an accident and injured severely and the doctor advised to take a few months rest and should not go to work. I at once called Mother and consecrated to Her. Soon after a few minutes, I once again received a phone call from the same person that the injury is not so severe because a friend suggested to consult another doctor, who said a few days rest is enough to cure the injury. So Mother gives us what we believe in our life.

Response: Very fine application of the principle.

To Be Titled

When the Mother's Force is called upon, not only will it uplift our own work and that of our colleagues, but it can spread and raise up the entire industry one is a part of.

To Be Titled

When we feel gratitude for each of our past misfortunes, then we will have the psychological clarity that will enable the Force to take us dramatically forward.

Additional comment: We feel gratitude after recognizing that each of our misfortunes were/are circumstance that were necessary in our journey to greater personal growth and success. E.g. a poor Indian child who was forced to flee his beloved village, a very painful reality, was grateful in hindsight as he saw it as the key element that enabled him to later become a great success. That realization when fully emotionalized can actually attract great fortune in one's life.

To Be Titled

In Mothers view, the greater the difficulty, the greater the opportunity.

Additional comment: This does not mean we should seek out problems, but instead recognize the pent up energy for opportunity that difficult problems and circumstance present. If we understand that a negative is actually an intense form of a positive, then we will recognize its value.

Fascinating Relationship Between Good And Evil

After indicating that both Good and Evil serve positive purposes in the progress and evolution in the world, Sri Aurobindo in *The Life Divine* tells us that Good and Evil aren't simply polar opposites without relation between them, but are deeply related. In fact, he makes the remarkable assertion that Good can come out of Evil, even as Evil can come out of Good. Let's explore these two concepts.

Good Out of Evil -- Sri Aurobindo in various places indicates how the negative is often the greatest power for accelerating the evolution and contributing to the Good. Evil is the same; playing an unseen constructive role in Nature, in the evolutionary unfolding of life. E.g. though horrific, WWII brought about true liberal democracies as well as the European Union, developments that might have taken centuries to occur, if at all.

Evil Out of Good -- To explain how Evil comes out of Good, Sri Aurobindo resorts to a powerful analogy. He says that just a shadow depends on light for its existence, so Evil depends on (an unseen) Good. E.g., the good intentions of the Europeans to placate the Germans strengthened and emboldened the latter at the outset of WWII. Likewise, Gandhi's attempts at non-violence, an apparent Good, delayed Indian independence and led to the partition with Pakistan, who till this day remain acute enemies, with nuclear arsenals pointed at one another. Likewise, in attempting to release the power of the atom for scientific inquiry, an apparent Good, the atomic bomb was created, the greatest Evil ever known to Man.

Additional comment: We can see this same basic dynamic in our own lives. That many good things happened because of the bad; and many bad things came out of the good.

(Good out of the Bad) Eg as a result of falling to the depths of poverty, we make the great effort to emerge from it, which sends us to the top. Or because of the ill-will of another party we are dropped to the bottom of the organization, but then others rally around us, and we are taken to heights we would never have dreamed of. Because of a breakup in a relationship our spirit is released to achieve our greatest life's work. Etc.

(Bad out of the Good) We have a very solid success, but then enjoy it so much that we become complacent and fall down sharply like chutes and ladders. Or in our munificence we are self-giving to the wrong, bad people, which comes back to haunt us. Etc.

Reader: Thank you Sir.

The Falsehood and darkness exist because of ignorance and ego. At the same time, Good can come out of Evil because there is a moment of Truth in it, how contrary and difficult the experience we perceive that might be.

In P&P, Wickham continued to appear at all the critical moments of Darcy's life, finally the scandal he made became the path of transformation for Darcy. There Darcy transformed from ego to self-giving.

In the count of Monte Cristo, Dantes was put in prison because of evil acts of others because he was ignorant. At the end, the prison became the learning ground for him through Abbe Faria and he learnt the valuable knowledge which he would have never get from outside. There he transformed from ignorance to knowledge.

Similarly, the good acts bring bad results when we take ego or ignorant initiatives. In P&P, Collins good intention of marrying one of Mrs. Bennett daughters brought humiliating result to him

Yet, Life evolves through all those various combinations. The acknowledgement of every life experience comes to us for a purpose and aspiration to learn from that will help us to progress.

(perceived from Garry Sir speech/writings)

Response: Excellent post S with fine examples. It is true to Sri Aurobindo's insights in Life Divine. I.e. that the positive and negative both serve a purpose in the unfolding. That there is truth in both.

It is because they are simply variations of the one Reality. The vision of Brahman, the Reality is to see the utility of all things, and see everything in its right place, good or bad, positive or negative, large or small, etc. etc. So in our daily lives we can see the utility of all things, not just what we prefer or like or know about.

In Supermind we see the utility of each thing within the All, and we also perceive the integral nature of all things that make up the Reality. That is why it is called the "Truth Consciousness." It sees the truth in everything. And the more we consecrate the more we move to the state of observing and embracing all things, this All that is the integral Reality. We recognize the contractions of life, and also see beyond them to their resolutions, and the role they serve in the further progress of life

To Be Titled

From one perspective, illnesses we experience are the result of Ego. Actually, each illness is the result of a particular type of Ego movement in our being. Thus, healing the illness occurs very rapidly when we discover and overcome that corresponding psychological form of Ego. E.g. the way out of diabetes is shifting out of insecurity and fear of future. The way out of cancer is overcoming selfishness, greed, and vital depression. And so forth for the dozen or so major illnesses we have identified.

Synchronicity at the Airport Terminal

One principle of life response that we have seen quite often is that when you intensely focus on a matter you can attract further iterations of it. That also applies to recollecting significant events of your past. Here's a recent example:

I was in the terminal of the Oakland, California airport terminal that many Silicon Valley people use. When I passed the first gate, I thought I recognized a man around my age who was a well-known technology pundit and reporter. I did not greet him, and instead continued to walk through the busy terminal.

For some reason I imagined having a conversation with him. In the vision I told him about several very interesting things that happened to me during the decades in the tech field, including life response type situations. The high point was my narrative to him about how I came within two feet of handing Karmayogi's booklet 'Consciousness Approach to Business Management' to Steve Jobs of Apple. I briefly explained this experience to the tech reporter in my mind.

However realizing that I was in a busy terminal with people coming rapidly from the other direction, I cut off the fantasy. Well it turned out that the very instant I did so, I looked up and saw a man who looked practically identical to Steve Jobs!

I was startled and amazed, though I have had such experiences many times before. Still this experience was a wonder to behold, and as I walked on I felt like I was practically walking on air.

To Be Titled

When you fail to appreciate another's great achievement, you can be sure Ego has gotten in the way.

To Be Titled

Complaining about a challenging situation tends to attract greater difficulties, while addressing it with a positive attitude attracts dynamic or simpler solutions, or reduces the scope of the problem to begin with.

To Be Titled

When you overcome your reluctance and do what another person asks you to do, the whole world opens up.

To Be Titled

Energy is never lost. It just seeks other avenues for expression when the form utilizing it decays. E.g. when a bulb goes out, it does not reduce the energy that provided the light, but that power is now able to flow and be utilized elsewhere, through other forms. Thus, if an organization loses the high business and social values that made it a great success, its energies tend to move out and discover another entity to manifest them, with similar successes.

To Be Titled

When you come around and make a firm Decision for something particular to come about, life will soon support that effort by bringing forth circumstance to move you forward in that direction.

Additional comment: Making a decision has great life response power.

A Whale of A Story (Predicting Life Response)

Yesterday I had a rare opportunity to predict a life response before it happened. I was with my friend in the hills above the ocean in Palos Verdes, California in the Los Angeles area. It has a spectacular view from the top, and this time of years many are gathered to engage in whale watching.

My friend asked me to look out for whales, which I did, though I enjoyed hiking about the area even more. At one point a family from another country asked me to take a photo of them, which I did, and then they called out that just behind them they saw a whale emerge

spouting water. I barely saw it. So over the next five or ten minutes I intently looked for a whale to emerge. Then I saw the sea glisten in a rectangular area, a spout of water emerge, and saw the dark area that was the whale, with it then descending into the water with its magnificent tail showing.

When I went back and greeted my friend she was deeply disappointed that she had not seen any whales. I then briefly thought about the issue, and said to her, "if you change your attitude away from disappointment to a positive feeling, you will instantly see a whale."

My friend then took my advice and calmed herself. About one minute later there was a magnificent glistening of the sea, a perpetual spray of water emerging from the surface, and the whale then emerging with dramatic flair. The spouting continued unabated for quite a while providing us with a magnificent show. We were so excited that even the whale watchers stationed there with their super lenses on their cameras heard us and pointed their devices in that direction to see the whale we had sighted. Needless to say my friend was ecstatic to no end.

I too was so happy to predict a response from life, and watch it occur in all its glory. It was another reminder that when you shift your attitude from the negative to the positive, the magnificence of the world instantly unfolds before you.

Additional comment: This was such an enjoyable moment! A shift from subconscious to conscious self-willed life response. Karmayogi once explained to me that once we truly know its laws we can learn to predict life response. The one caveat is that don't let the Ego get in the way. This incident was then a wonderful little application. With the ability to predict a life response you feel somewhat like a magician, who explains his trick before it occurs. Except in this case it is real!

Harmony of Purpose Power

Baseball Hall of Famer Ernie Banks was a great player of the 1960s and 70s, famous for his unbridled optimism. Though his team was often near the bottom, he would always maintain that positive outlook. Once he remarked that it was such a beautiful day that they should play two games that day instead of one!

A question that naturally arises is if he was so optimistic, and a positive attitude is a condition that tends to elicit great response from life, how come his team, the Chicago Cubs, is so well known for its utter futility over the years? Shouldn't life respond to his unbridled optimism with division titles and World Series victories?

One answer is that it takes a team to create success; in particular great team work married to that same optimism that Ernie banks embodied. A perfect example of this has been the three world championships recently achieved by the San Francisco Giants baseball team. Though perhaps not quite as talented as some of the other best teams, they have achieved near greatness through an exceptional sense of Esprit de Corps, of unity of purpose, as well as a belief that no matter how difficult the situation they find themselves in during a game, they will somehow prevail. This form of collective optimism releases a titanic energy that elicits response that have consistently taken them to the top; and often in the most extraordinary ways.

Other teams may have great players. Other teams may have enthusiastic and very positive individuals. But it is only when a team, -- or an organization, or any collective -- aspires for and experiences deep harmony of purpose that it will rise beyond all limited expectation, and reach the very pinnacles of success.

Startling Consecrated Visit to the Doctor's Office

Consecration attracts the very best conditions in terms of space and time, including the unexpected arrival of joyful, helpful people to a challenging situation.

Today I went to visit the doctor for some routine lab work. Well before that I consecrated the event, offering it to Mother and Her Force in the hope all would work out for the best. When I arrived a bit early for the appointment I was a bit surprised that the office waiting room was all filled up, plus the people there seemed a bit amiss. I sat down knowing they were all ahead of me, and that the wait could be a half hour or more. A small part of my mind might have thought

that a consecrated effort wouldn't have created such a condition. Still I remained still and content.

Not a minute or two a minute later a smiling medical assistant burst out from behind the door and informed me that I was up next! I was a bit startled, yet obviously quite willing. I then went in, leaving the other patients behind. It seemed no less than a miracle.

But there was more. When I arrived in the lab room the technician was beaming and full of enthusiasm. Her vibe was completely positive, joyful, filled with good will. For a second, I thought she might have been putting on a show for worried patients, but that wasn't the case at all. Her demeanor was actually another manifestation of the consecration effect.

Half hour waits turning into one minute. Joy-filled workers in a normally gloomy environment. It was as if I were on a magic carpet ride sweeping me forward. That was further proven by the fact that the lab test themselves took only two or three minutes, and I was quickly zoomed out of the office and onto the street before I knew it!. I was stunned by all of these rapid-fire events, so that left me in a state of quiet ecstasy. After all, so many positive responses in such a short period for one simple consecrated event! It was a joy to behold.

To Be Titled

An ego movement against another will attract a corresponding negative upon one's self. E.g. an individual who bitterly scolds another for alleged wrong attitude may soon be informed that he has deeply upset others because of his incompetent actions or similar.

To Be Titled

The rule of the lower life is each develops in turn while the rule of the higher is all develop simultaneously. (Sri Karmayogi)

Motel Room Miracle

A paraphrase of one principle I have learned over the years is "that which is reported as horrible, miraculously turns out quite fine after being consecrated." Here is a recent experience of mine that demonstrates this idea.

The reviews for a motel I was to stay at were about as poor as a lodging can receive. And that same horribleness was reported by a number of online sources. It seemed a daunting situation, but since the reservation was already made, I was determined to see it through. In addition, considering the situation, I remembered to consecrate the problem, offering it up to the Divine Mother and Her Force.

Well, after exhaustingly carrying up my luggage to the top floor, I opened the door to the room, looked around, and was startled to see how wonderful it looked! Fortune had it that the room had recently been completely revamped, and everything I needed was there, fresh and new! I was astonished by this remarkable turn of events. It was surely another miraculous instance of how Her Force can take the worst of situations and turn it into its opposite.

Reader: When I travel by share autos people say that share autos are not safe, due to many reasons. But it turns out that if I look for town bus, I have to wait longer. So I took to share autos after consecrating to Mother. Many negative incidents about share autos stopped. So Mother not only protect our lives but also the transport vehicles in which we travel !

Response: MS, thank you for sharing that story.

Mother's power is not just individual, but universal as well. Also devotees are not just individual beings, but universal ones who are instruments for the world around them, including the society. Thus when we consecrate for our own individual situations, benefits not only comes to us, but spread to the collective.

Reluctance to Willingness Attracts

A man was reluctant to purchase a tool because he didn't care for the neighborhood the store was located in. However, after reconsidering, he overcame his hesitation and went ahead to secure the item.

On the way out, he passed his car. Suddenly he thought of the remote possibility that the tool he wanted was in the emergency kit of the car, though he seriously doubted the fact. Still he persisted. When he began digging through the bag, he suddenly noticed a small utensil near the top. He looked closer and saw that it was the obscure tool he was looking for! It was practically calling "take me, take me!"

As he made the return trip of only a few yards to his home, he quickly realized that when he shifted from unwillingness to willingness, from reluctance to acceptance life moved into alignment with his wishes, and gave him what he wanted without having his having to go to the required destination. In fact, he hardly went more than 15 yards!

Shifting from reluctance to acceptance nearly always attracts sudden good fortune. It is a movement away from the physical consciousness of the body that does not want to change; that is content to remain fixed in its routine. Then he thought to himself: 'How many times have I experienced this phenomenon in my life! It is a lesson I seem to be learning again and again!'

Reader: you say he didn't like the neighborhood the shop was located in--i wonder if that is not just the mind trying to find a 'reason' for something it intuitively already knows is not going to work/happen...myself i notice this often to be the case...i sense a blockage, and then mind tries to find a reason to justify it...which often turns out to be wrong...not that it is very important, nor am i trying to be 'right', just interested in the mechanisms of mind--and wondering how to reconcile it with your approach--i guess that sensing the blockage itself would/should be reason enough to closely look at what is going on and if not a better solution is available...then, the INTENTION of sincerely wanting a solution would guide me to the idea there may be a tool in the carkit...the intention being the equivalent of your man taking action despite his reluctance

Response: You are on the right track.

-Such situations work on a number of levels simultaneously. In this case, shift from reluctance to willingness, overcoming a limited attitude, onset of intuition and subconscious influence, willingness to take another person's point of view (another individual suggested it), power of intention, etc etc.

-In most life response events there are four general determinates at work: Attitude, Intention, Decision, and Action in various combinations, weights, and orders...

To Be Titled

Mother's power is not just individual, but universal as well. Also devotees are not just individual beings, but universal ones who are instruments for the world around them, including the society. Thus when we consecrate for our own individual situations, benefits not only come to us, but spread to the collective.

To Be Titled

Sri Krishna knew all things that needed to be known at any given moment. Thus he knew exactly what to do and what to avoid. This is Universal Consciousness, also called Overmind by Sri Aurobindo. It is a vast state of cognition far beyond Man's normal mental capacity. Stages before it are Intuition, Illumination, and Revelation; beyond it is Supramental perception and power.

Sri Aurobindo attained the universal consciousness, as Sri Krishna's being entered him. Then He discovered, embraced and brought down Supermind; the truth and unity consciousness containing the Power of Creation.

For us we connect to Supermind through Mother, who is its instrument and conduit. It is not just a current or wave of ultimate, integral Knowledge, but a Creative Power that in each instance sets the world anew.

Some of Mother's Experiences with Krishna

"Only a few days ago, on the morning of the 29th, I had one of those experiences that mark one's life. It happened upstairs in my room. I was doing my japa, walking up and down with

my eyes wide open, when suddenly Krishna came – a gold Krishna, all golden, in a golden light that filled the whole room. I was walking, but I could not even see the windows or the rug any longer, for this golden light was everywhere with Krishna at its center. And it must have lasted at least fifteen minutes. He was dressed in those same clothes in which he is normally portrayed when he dances. He was all light, all dancing: 'You see, I will be there this evening during the Darshan.' And suddenly, the chair I use for darshan came into the room! Krishna climbed up onto it, and his eyes twinkled mischievously, as if to say, 'I will be there, you see, and there'll be no room for you.' " (March 3, 1960)

"In 1926, I had begun a sort of overmental creation, that is, I had brought the Overmind down into matter, here on earth (miracles and all kinds of things were beginning to happen). I asked all these gods to incarnate, to identify themselves with a body (some of them absolutely refused). Well, with my very own eyes I saw Krishna, who had always been in rapport with Sri Aurobindo, consent to come down into his body. It was on November 24th, and it was the beginning of 'Mother.'

... It was this: Krishna consented to descend into Sri Aurobindo's body – to be FIXED there ... After a while, I too began having meditations with people. I had begun a sort of 'overmental creation,' to make each god descend into a being – there was an extraordinary upward curve! Well, I was in contact with these beings and I told Krishna (because I was always seeing him around Sri Aurobindo), 'This is all very fine, but what I want now is a creation on earth – you must incarnate.' He said 'Yes.' Then I saw him – I saw him with my own eyes (inner eyes, of course), join himself to Sri Aurobindo." (August 2, 1961)

Krishna ... sometimes I walked with him for hours in conversation. At night, when I was very tired from my work, he would come and sit on the edge of my bed, I would put my head on his shoulder and fall asleep. And it lasted for years and years and years, you know – not just once by chance. (January 4, 1964)

To Be Titled

In the Gita we see how Krishna as the Preserver (incarnation of Vishnu) comes to save the world by allowing the playing out of the great war so the world could be preserved. He even told the great Bhishma not to interfere in the dice game that sent the Pandavas into exile. Yet after 13 years the Pandavas returned to defeat their enemy, as Krishna implored Arjuna to fight his own relatives to win the war and preserve the earth. That was the Truth of existence that Krishna foresaw and enabled to come into being. He had the universal consciousness to perceive such things; seeing each and all things in their right place. Sri Aurobindo and Mother called this the Overmental capacity.

Reader: Thanks Roy

A question. Why didn't Krishna prevent the war? He could've prevented all that violence.

I realize that I'm asking this question using what little I know. I'd love to see more.

Response: He actually tried to prevent it in small ways, but saw that it did little good. He saw that it had to occur in order to purify the world by letting the darkness rise and then overcoming it. If He had supramental power He might have had the power to prevent it, but his was one powerless. E.g. Mother prevented WWII between the US and the Russians. And in WWII Sri Aurobindo stopped the Germans at Dunkirk by evoking the fog, and Mother caused them to split their forces into two fronts, both events directly leading to the eventual Germans defeat. Indeed Mother and Sri Aurobindo had supramental power at their disposal, though I believe Sri Krishna did not.

Reader: Thank you Sir.

Just an analogy, I might be wrong. Sri Krishna had done many things which were against the moralistic view perceived by the human mind; He was above from all that view, since He was from the Overmental plane. At the same time, He could have done many things to bring back Dharma instead of war. For an example, he could have simply influenced the play of Dice game (though He was not there physically, when it was played the second time) to favor

Pandavas and send Kauravas to exile. However, all the characters except Sri Krishna belong to the plane of Life. Hence, both Kauravas and Pandavas were subjected to the rules of Life Response (both positive and negative) which had played in their life and brought them the results accordingly. During the war, He had stood on the side of Pandavas as Grace to them and the ruse He had played brought defeat to Kauravas. But all such ruse could be explained by life response from the individual character point of view like negative attitudes, actions and so forth. At the end, as the war was over, as His mission was established, He subjected himself to the law of life and embraced the curse of Gandhari without any resistance.

Response: Yes, we see life response from the individual human's feelings, behaviors, and actions. Yet that can exist simultaneous to the view of Truth that Krishna embodied by practicing detachment and non-interference of the dice throwing events. Even detachment that is non-reaction is a means of evoking life response.

We can speculate that had the dice game not occurred, there would have been other means of starting the war as the hate of the Kauravas was so great, and their falsehood and evil was building up. However, when the dice game came about, it was a Life Initiative that Krishna recognized, and then realized was the means to restore the society through war. Even Sri Aurobindo and Mother did not stop the onset of WWII and the Cold War, though they helped end it.

Universal Consciousness (Overmind) as embodied by the Gods including Krishna did not have the instantaneous miraculousness power of Creation, to recalibrate and create a new life conditions as in Supermind. It is why Sri Aurobindo and Mother rejected Overmind as the ultimate goal of their yoga and instead made the Supramentalization of themselves and the world as a means of ushering in a Divine life on earth, their great spiritual Mission.

To Be Titled

There are hidden Jewels in the world. If our Being is open and awake, we will continually find them.

Additional comment: creatively, artistically, truth-wise, success-wise, enjoyment-wise, etc.

To Be Titled

Cynicism is lack of positive mental and vital energy.

To Be Titled

When you remove the worry, the difficulty tends to rapidly withdraw.

To Be Titled

We constantly jump to wrong conclusions before having the facts. It is the eagerness and impatience of the limited, surface mind.

To Be Titled

Increased energy and large sums of money will often arrive together.

An individual was owed a good sum of money, which he did not expect to arrive for a week or two. On this particular morning, he felt a tremendous surge of energy, something he had not experienced for a long time. A few hours later that large sum of money arrived -- far earlier than expected. As we see, the energy reflected the money, and vice versa.

To Be Titled

Embracing a change of routine, rather than being troubled by it, speeds up benefits due.

Example: A man was due a large sum of money for services rendered. However suddenly the process by which the invoice was to be processed had changed. He could have easily been bothered by the development, but instead held steady. The following week he was quite surprised when the money due arrived far earlier than expected.

To Be Titled

Obliviousness deflects opportunities and potential benefits.

Being Attached and Unattached To a Problem

There are times we are overly attached to a problem, and need to detach from it. There are other times we are uncaring about a problem and need to care. We can see a scale for improvement in addressing either scenario.

We can identify three levels of over-attachment to a problem:

1. Completely being overwhelmed by it (physical)
2. Being overly emotionally attached to it (vital)
3. Being overly mentally focused or interested in it.

We can move from 3 to 2 to 1 in the attachment dissolving process. The difficulty will then increasing recede, as life responds.

On the other hand, if a person is oblivious or otherwise does not care when a problem presents itself, he should move toward greater concern. He can move from level 1 (mental) to 2 (vital/emotional) to 3 (physical) in being increasingly more concerned and attached to the problem. That will also attract the corresponding positive.

It is an inner skill to know when to detach or when to attach. And then there are various points in between.

When rain would not come through deep prayer mixed with intense desire for it, Karmayogi suggested forgetting about rain to bring it about. I have seen that work.

In Southern California they are now too caught up in the superficial and are oblivious to rain during current severe drought conditions. If they get serious through the mind's interest (1), and then start feeling it in their emotions (2), rain will come. If they are spontaneously interested in rain and water levels in future (3), rain will come non-stop for years on end. If they take no interest, Life/Nature will force them to grips with it through harsh measures.

To Be Titled

Though we may not wish it so, life never stands still. It keeps moving forward and changing. Our ability to keep up, embrace and navigate that change is key to our level of success, including our ability to attract new opportunities from out of nowhere.

To Be Titled

Normal human knowledge cannot explain why intensely positive or negative circumstance suddenly happen, but Life Response knowledge can. In other words, Black Swans can always be understood.

To Be Titled

Even the seemingly most innocent bystander and victim had some opening in their being that attracted the darkness.

To Be Titled

Speaking conveys the thought; but so does Silence.

To Be Titled

The Divine does not seek or desire Ignorance, Falsehood, and Evil, but accepts it in the greater scheme of things; as part of Life's forward movement. It does however seek and desire the manifestation of their opposite in the world; i.e. Integral Knowledge, Truth, and Goodness.

To Be Titled

That which is disorganized in our lives needs to be organized into a habit. That which has become a dry, fixed habit needs to be obliterated in order to open up the future.

To Be Titled

The world is ready for global governance -- such as a World Parliament -- to understand the multifaceted issues, set policies, and implement strategies to rectify the earth's problems that no individual nation has the capacity to self-correct. At the heart of this endeavor are human centered values that can be the basis of every agreed upon action. This overall approach could be a next decisive step on the way toward Human Unity.

To Be Titled

Threat of terrorism offers the nations of the world the perfect opportunity to ban together and solve the world's problems - economic, social, environmental, political, etc.

To Be Titled

In Sri Aurobindo's book 'The Ideal of Human Unity' he reveals the process by which humanity has evolved politically from tiny fragmented communities into kingdoms and nation-states, the prospects of its further evolution into a single global community, and the difficulty in fashioning international institutions that can effectively foster that goal. (MSS)

To Be Titled

The Infinite Source Consciousness of the Involution is buried as potential in the forms of the Evolution. And it is through our personal progress, evolution, and transformation, we bring that involved, buried consciousness to the surface of life.

Additional comment: This is the metaphysical basis of Sri Aurobindo's Integral Yoga.

To Be Titled

Each of us have different interests, perspectives, backgrounds, heritages, capacities, etc., and we should genuinely respect that in one another.

To Be Titled

Never think of a difficulty - you give it strength. (The Mother)

Additional comment: Think of Mother instead, or nothing at all, or both. The problem will then subside on its own.

To Be Titled

To be young is to be always ready to give up what we are in order to become what we must be. (The Mother)

Additional comment: Profoundly true, and applies to our motives, attitude, habits, behaviors, values, beliefs, understanding, skills, etc.

To Be Titled

Offering an inspirational post has most power when you have recently experienced the truth of it and it is alive in your nerves. That will convey its power to others consciously and subconsciously.

To Be Titled

When in your life you meet with a hardship, take it as a Grace from the Lord and, indeed, it will become so. (The Mother)

Our Increasing Mentality

As we evolve as a race, we increasingly value and express compassion, goodwill, and other forms of self-givingness. And yet interestingly we haven't acknowledged the fact that we are increasingly becoming Mental beings with an accelerating capacity to understand existence; including the true nature of ourselves and of life.

The fact that the Internet came about reflects our increasingly developed mentality, as we value facts, information, and knowledge easily at our disposal. Our mentality is in fact accelerating in recent decades, becoming perhaps the means by which human are rapidly evolving.

And yet simultaneously we have reached a point that we can no longer fathom and resolve the problems of life through our mental functioning, and that something else is needed. It is Spirit, or rather, the capacity to know directly without thought that which needs to be known through spiritual means of intuition, light, and revelation -- providing one with deeper, more subtle solutions to life's problems, as well as all the salient facts in a given moment.

We are thus in the very early stages of moving from Man the Mental being to Man whose center of mentality is in Spiritualized Mind.

We are rapidly moving beyond mere physical effort of the body to increasingly use our mind to engage in services and other forms of work that enrich the world. When Mind then moves from its current rationality to true and deeper knowledge through intuition and other spiritual means we will have moved to an even higher state in our evolution.

To Be Titled

By changing yourself first, you will have the greatest power to change the world.

To Be Titled

Mother can help us become a better person in every conceivable way.

To Be Titled

Judge another not by how they flatter you or give you pleasure, but by what they feel about and how they treat others.

Reader: or not judge at all?

Response: By judging here I really mean discriminating between people; between the right type of people to associate with and those that aren't. No one wants to be associated with people who do great harm but we don't perceive it because they charm you on the surface or they are simply nice to you. The context of this remark is our Ignorance and the ways we express it.

To Be Titled

Goodness is doing what is true in each circumstance.

To Be Titled

Good and Evil are constantly shifting entities that depend on what the individual or the society believes in. Truth lies far beyond.

To Be Titled

Goodness is to have good will toward everybody, not just those we favor.

To Be Titled

Truth is not a mental rule, but a Spiritual one. It has an extraordinary flexibility based on conditions.

Additional comment: Mind says this is true and this is false, but someone else sees it the opposite. A third person sees it in-between. A fixed mental rule cannot be applied as it is a shifting target. However, a spiritual rule has a broader, more inclusive Truth that embraces the needs of each situation. When we move to Spirit we are in identity with that Truth and its correlative principles, giving us that discriminating consciousness.

To Be Titled

Truth, including Good and Evil, can only be known from our deepest consciousness, culminating in the Psychic being. Whereas when we are on the surface, we are left baffled at what is true; gazing out on shifting sands.

Additional comment: In the Psychic, the true self and evolving soul we are open to the universal influences; the superconscient that brings us all of the necessary knowledge and reveals life's deepest principles. One of those is Truth, including its movements and laws. From the Psychic being we also know peace, silence, harmony, knowledge, wisdom, goodness, beauty, love, joy, infinity, and timelessness. Constant consecration will take us there.

Ego cannot discriminate between true good and bad or evil, as it constantly takes one for the other.

To Be Titled

One's actions or inactions based on our Ignorance can lead to unintended consequences of falsehood and evil.

Additional comment: Eg a woman is smitten by a handsome man, who turns out to be a bad person who almost ruins her family. We believe X is the solution when it is X, Y, and Z, causing the machines to seriously malfunction. We believe a certain person is proud and haughty, when he proves to be a good man, and we've lost a vast financial opportunity to be connected with him. There are infinite ways we express such Ignorance in our lives. We are even Ignorant of our Ignorance!

To Be Titled

Unless we conquer our Ignorance, Falsehood and Evil will persist.

Additional comment: Our Ignorance opens the door to falsehood and evil; whether Ignorance of the facts, Ignorance of the Truth, Ignorance of the current conditions, Ignorance of where things are headed, Ignorance of others' nature, Ignorance of our own nature, Ignorance of our deeper consciousness and the spirit, etc. Acting from out of those Ignorances attracts negative circumstance that we can measure as Falsehood and Evil.

Reader: Thank you Sir.

Ultimately, the resulting ordeals out of ignorance serve as knowledge to find the greater truth. At the same time, we had learnt lessons from many problems and also forgot many of them since often we are in physical and vital consciousness. Only when we rise to mental consciousness, we learn the knowledge at the first occurrence of the mistake. When we live in spiritual consciousness, we learn the knowledge by themselves. We do not have to make the mistake to realize that knowledge.

Hence, it is important not only to come out from ignorance to knowledge, but also to remember the knowledge and apply in future circumstances.

(perceived from Garry Sir Speech)

- Understanding this knowledge itself is just a first step. Try to implement them in the midst of physical habits, vital attachments, social conditions there exist infinite number of steps for me to cross. Thank you Sir.

Response: Yes, from an even higher plane, of the Reality, Ignorance is perceived as a great spur to Knowledge. In fact, He says that Ignorance is a greater spur to Integral Knowledge than Knowledge itself. And from that perspective looking back we can see our own Ignorances, our failings, our pains as really Graces.

Naturally, as you point out, we want to be able to learn from our negative experiences; our mistakes; our Ignorances, and thereby avoid them in future.

And yet it would be preferable to move toward the Truth through positive means instead of negative: through higher and deeper consciousness (Purusha), rather than the slow, difficult, painful way of Nature (Prakriti).

So we can see that these issues can be understood from a number of perspectives. The real power is when we have particular experiences and corresponding understandings that bring out each of these shadings at once. That everything in our lives, positive and negative becomes a means of our growth.

The Miraculous As Commonplace

Miracles are actually the norm in life. E.g. when the conditions around us suddenly turn positive due to a shift in our attitudes, a miracle has taken place. Space and time have instantaneously been overcome when the result appears before us. What is more miraculous than that?

Moreover, such miracles occur hundreds of thousands if not many tens of millions of times a day in the world. It also occurs negatively, which is also miraculous.

The problem is that our ability to perceive these events is infinitely limited by our level of consciousness. Living on the surface, we do not see the subtle yet stunning causality at work. In other words, we miss the Wonder of Existence.

And because we miss the daily miracles of life response, there is no inner compulsion to CONSCIOUSLY evoke it; to make it happen at our beck and call. Instead we wait on fate, hoping that the fruits of our efforts will lead to some level of happiness and success in life.

And so the miracle-generating apparatus within us lays dormant, unused, waiting for the conscious among us to pull the levers that evoke instantaneous miraculousness in life.

Then who will make the decision to consciously evoke these miracles on a regular basis? Is it you? Is it something you see the value in? Are you sincerely ready to take it up in full, or is it a mere passing fancy. The difference between these two dynamics is a life of the ordinary vs. the Life of the Extraordinary. The choice is yours.

To Be Titled

If you keep trying new things, new vistas will continually open up before you.

Becoming Infinitely Unique

If we honestly evaluate ourselves, we will see that each of us are basically 99% the same as everyone else in our human functioning. We are driven by Nature, with little that truly distinguishes ourselves from others.

At the lowest level in a scale of human Personality we observe people who simply ape others; where a sense of individuality is not at play. At the next highest level, we observe people who have a slight sense of self, but behave and act mostly unconsciously. Higher still, there are those of us have formed characters, distinguishable and identifiable to others, but still quite limited in the greater scheme of things; in their level of self-awareness and purpose in life.

True individuality, a leap forward in our scale, where one demonstrates a truly unique nature with an equally distinct, high purpose and mission in life is exceedingly rare. Here a person is truly unique, individualistic, and self-aware of the fact.

And finally there is Spiritual Individuality where that person takes their cues directly from their Soul within and Spirit above. It is the pinnacle of human Personality, and is virtually unheard of.

To Be Titled

The overwhelming majority of us experience life very much the same as everyone else, despite our apparent surface differences. We think we are special in many ways, even unique, but that is a misperception relative to the whole of possibility of what we can become.

How then to become a member of that rarified 1% is the Great Question that the Force of Life, of the Evolution waits upon. For It knows that such infinitely unique individuals will shape the course of human existence, enabling the Will of the Infinite Consciousness to be realized on earth.

Who then will take up the challenge of the Evolution? Who among us are driven to become infinitely unique individuals, with some great mission and purpose in life, using the power of Soul within and the spiritual Force around us to lead the world forward?

Obama – Solyndra – Solar City Synchronicity

If we look deep enough we will find synchronicities, also called “parallelisms” everywhere in life, which are linked phenomenon that on the surface don’t seem to have anything in common, yet are really deeply connected. With a little effort, we can see this phenomenon at work every day. E.g. here is one I noticed today.

Five years ago US President Obama took up an initiative to support the growth of alternate energy in America. Part of that initiative was to fund several up and coming wind and solar companies with big cash infusions. One of them was a company named “Solyndra.” Unfortunately after a great start and mass infusion of funds by the US government, the company failed. It closed its doors in Silicon Valley, and the giant facility has remained empty since then. Detractors lambasted the president for this effort, as they were always ready to debunk his efforts. Even support from his own party was withdrawn after the apparent Solyndra fiasco.

Yet in the years that followed something very opposite occurred as a boom in alternative energy occurred amongst the emerging startups in the Valley, far surpassing all expectations. In fact, Obama’s initiative seems to have turned on an entire new segment in Silicon Valley, with expanding innovation and jobs. Still gratitude for his efforts was shortcoming.

Five years later – i.e. today – President Obama appeared in Silicon Valley (San Francisco Bay Area in California) to discuss the important issue of cyber-security. He had made the concerted effort to come out to SV to inform business of the common threat they share with government in overcoming cyber-crime, from within the county and without.

Well as it turned out that not an hour or two after completing his remarks, it was announced from that the empty former Solyndra facility has now been taken over by another company Solar City, a very successful solar energy company in the Valley. It was in essence the final vindication of the Obama initiative, cancelling the last traces of failure in the president’s efforts. To me this revelation was a startling “coincidence” coming just after Obama made his intense plea for companies in the Valley to cooperate with him on this thorny security issue. These two events, seemingly separate and apart, with little to do with one another on the surface were at a deeper level aligned in space and time, as they both together served multiple purposes in Life.

If we focus our attention and closely examine events around us, we will begin to observe all manner of synchronicities and parallelism occurring. We only have to identify the subtle correlation between these seemingly unrelated events. Once you perceive one such correlation, more will appear before your eyes. Eg you think of a singer and instantly his voice appears on the PA, though you haven’t heard his voice in that location in two decades. Or you discuss with someone a person you had met decades ago, and within ten seconds someone walks by who looks exactly like that individual. And so on and so forth for any and all circumstance you come in contact with.

It is another indication that all things in the universe have a subtle internal connection and relation that is unseen on the surface. That when one thing occurs in life, other subtly related things also come into play. To be able to see such seemingly disconnected circumstance as deeply related requires a capacity for subtle observation of life conditions.

It is also to understand that there is an essential Oneness in life, instead of the division and separateness we see through our surface view. It is to increasingly comprehend that no matter how separate, apart, disconnected events and circumstances appear on the surface, they are secretly, integrally related in the depths. Synchronicities, parallelisms, and similar

phenomenon are subtle reminders of the Oneness of life, including the spiritual Source behind all existence.

To Be Titled

We like what we already like, not what we could like.

To Be Titled

We can make incredibly foolish remarks when we are ignorant of the truth.

To Be Titled

Goodness comes out of Knowledge and Truth. Evil comes out of Ignorance and Falsehood.

Thoughts on Competition

--Competition is fine if it spurs you on to improvement, and your lower ego isn't aroused by the competitor. If however it is merely an Ego movement, then it is false and best to avoid.

--We can contrast that with an Inner directed person who is self-motivated to improve; who does not concern himself with the competition -- whether to compete with or spur him on. In fact, the most successful people and organizations have this Inner-directedness tendency; an indicator of True Individuality.

--From a wider perspective we can say that competition is Nature's way of compelling forms to move forward. It is not however the way of Spirit and Soul, which compels progress from within.

To Be Titled

If you cannot say something positive about another person, it is best to avoid speaking about them. (You may get a negative life response reaction if you do.)

To Be Titled

The journey from Ignorance to Integral Knowledge and Truth is the dominating subject of the second half of sage and seer Sri Aurobindo's metaphysical opus 'The Life Divine.' It is also the essential dynamic of His Integral Yoga.

Positive Response to Understanding a Negative One

If you recognize a quality that led to a negative life response, you tend to quickly evoke a corresponding positive one.

E.g. an individual watched a silly comedy version of a quiz show in which contestants were perpetually in the negative in their earnings. He took pleasure in the foolishness of it all. As it turned out, five minutes after he watched the show, he opened an envelope with a payment against one of his invoices. It turned out that the amount was lower than he expected.

Fortunately, he realized the correlation between his enjoyment of the ridiculous show where money went negative and receiving the paid invoice with the lower-payment amount. The silliness lowered the consciousness, which aligned with another, related negative condition.

When he then went online to observe his bank balance, he noticed that it had suddenly gone up by a significant amount as a result of an unexpected payment from one of his income sources. He was elated by this serendipitous development.

As we see, when you realize the truth of what attracted a negative to you, life tends to respond by bringing forth a new positive. In this case it involved money, but it can happen in any area or field of life.

To Be Titled

--When you forget a disappointment involving money, you may very well be rewarded later with that very same amount.

--When you believe you have been short-changed in monies due, but then release that emotional angst, new moneys often arrive from out of nowhere that surpass the original concerned-about amount.

Additional comment: In both cases a movement out of the lower vital attitudes opens the portals of possibility.

To Be Titled

When you receive financial gifts, or borrow, or otherwise receive money from others, it carries a vibration with it - positive, negative, or in-between - which can produce unintended consequences.

To Be Titled

Not reacting to a person's anguished expression will tend to soften their difficulty, or even attract its disappearance.

To Be Titled

As a devotee of Mother, life will continually bring forth a procession of events that all you will need do is follow.

Reader: Sir an example please

Response: Everything coming to you as a devotee will be things you should embrace -- whether work, relationships, duties, etc. etc. - as not only Life is behind it, but so is Mother, who is behind Life.

Even in the course of a single day you can recognize a flow of events to embrace (as well as messages of what to avoid) when you are in the right consciousness. That also extends over longer time-frames.

Events, circumstance, situations, etc. are constantly arising with possibilities and opportunities to guide you forward; that She and Life fully are fully behind and embrace, knowing they are necessary and helpful for your personal growth and progress.

To Be Titled

Every reversal out of Ego attracts a commensurate positive from life. The deeper or more intense the change, the greater and longer-lasting the response.

Sarcasm is an Ego movement that shelters corresponding Ignorance.

Additional comment: Example: A man had been to a facility a number of times and he had to go there again. His spouse asked him if he knew where the facility was. He answered sarcastically that he had been there many times already so it makes no sense to ask him such a question. A few minutes before leaving, he told her which street the facility was on. But it turned out to be wrong one and she had to correct him! "Of course, that's it" he exclaimed, and at that moment he felt royally foolish of with his Ignorance now exposed.

To Be Titled

New stores of energy that are unharnessed, left unbridled can quickly lead to Ego movements on our part.

Additional comment: We see this in many types of situations. Eg someone is sick. Then that person feels much better, but wastes the energy - engaging in unnecessary conversation, where they needlessly recollect and narrate unimportant, even trivial moments of his past, with a certain type of self-congratulation. With the surge of energy, the Ego has taken over, and as a result the energy normally gets depleted in the process.

We see this often in young people, when they feel a surge of energy, but then waste it engaging in questionable activities that satisfy the lower Ego. They often haven't even a modicum of self-awareness of their energy status, let alone control it. If they had, the energy would have sustained, even built up further, with added power to attract enormous opportunities.

Thus remembering to stay balanced and humble will also keep new stores of energy flowing and expanding.

The problem is that we are normally too unconscious to see these aspects of our being -- whether in relation to energy or to ego or to humility.

To Be Titled

If you have a real insight or idea, but then refrain from broadcasting your view, holding it deep inside, - silently, quietly, without expectation, - it will likely be realized in due time.

Additional comment: Holding it within builds up energy and power to attract its manifestation.

To Be Titled

On this occasion of Mother's birthday, let us adore Her; feel gratitude for all She has done for us and the world; and open and surrender to Her Divine Presence.

To Be Titled

It's helpful to spend less time criticizing others and more time Understanding the underlying conditions, which will bring one much closer to effective solutions.

To Be Titled

Western philosophy is mainly concerned with the workings of Life. Eastern philosophy is mainly focused on the Spirit, apart from Life. Integral philosophy, as devised by Sri Aurobindo instead focuses on the nature of Spirit and its subtle functioning in the details of Life.

To Be Titled

Profound Insights that have inspired and energized us are normally absorbed and forgotten by the routines of life. However, continually thinking about and experiencing such Insights will cause them to lodge in the subconscious where they spontaneously activate depending on the conditions.

To Be Titled

The consciousness is content to go on repeating the same habits ad infinitum. Mother wants you to come out of habit, open to Her and Her Force, and observe life that's now been created anew.

Garnering Energy from Mother through the Vital

Some 15 years ago I went to Europe to contact some computer software companies. I was traveling all over Europe on a tight schedule. On the last day of my tour I was in Paris to meet with a very large, important software company. When I went to their corporate office and entered the lobby, I realized that I had no energy at all. I had been traveling for two weeks and I was exhausted. Then I thought this is the most important meeting of my entire trip and without energy surely I cannot accomplish anything. So I started calling Mother intensely from the vital (emotional being) and asking Her for energy. Within ten minutes I felt like somebody had pumped me up. I felt buoyant and charged with energy. I met the Vice President of the company for one hour, and he was very excited by our proposal.

(Garry Jacobs from 'Lectures On Sri Aurobindo's The Life Divine')

The Reality, The All That We Can Realize

In the aftermath of the battle of Kurukshetra in the Gita section of the Mahabharata, the blind Gandhari, wife of Dhritarashtra who is head of the evil Kaurava, anguishedly blames Krishna for the death of her sons, as he did not prevent the war, even encouraged it.

Remarkably, Vyasa responds that only Krishna himself has actually suffered in the war! He explains that Krishna is the Reality, which is All things in creation and beyond it. And therefore the sons and all soldiers who died in the battle is actually the destruction of parts of Krishna Himself.

In Vedanta, the Divine is not simply something beyond creation, but includes all things, all forces and forms IN creation. Thus all things in life are necessary, important, play a vital role in the unfolding: even the undivine, the negative, and the insignificant. It is this Reality, this Brahman, this All that is that what Krishna embodied.

Sri Aurobindo says that to have this ultimate view of existence - this All, where each thing, force, form, plane are simply infinite variations and shadings of the one Divine; each playing a vital part - is to have the Vision of the Reality. He tells us that this integral view of existence can only be experienced, realized in full through Supramental perception, which is Unity consciousness that can perceive the necessity and purpose of all things. The ordinary human mind is not able to have this experience.

How can one begin to see the see the necessity and interrelation among all things in and beyond creation? Karmayogi says that through constant consecration and constantly taking another's view, our mind vastly expands and we increasingly experience the utility and interconnection of all things, which gives us ultimate power of knowing, decision making, and action, which in turn evokes the infinite from the finite in no time at all.

To Be Titled

When we do small things, we don't ordinarily see how it leads to big things, such as a new opportunity or an opening unimagined. That's why small things are precious, as they are doorways to the infinite. So let us perform every act with our highest consciousness so that it results in perfection that draws out the infinite from the finite.

To Be Titled

We know and act through human mental logic; i.e. of the finite. It is linear, constricted, inflexible. Mother knows and acts through Supramental logic; i.e. of the Infinite. It goes in all necessary directions that serve the emerging truth. To move from one to the other gives us great understanding and power in life, accelerating success, while enhancing our personal and spiritual growth.

To Be Titled

To practice Sri Aurobindo's Integral Yoga, -- which is essentially giving up normal human life, even devotee life -- one Surrenders one's very purpose and existence to the Divine Mother and Her supramental Force.

However, to qualify for Surrender, the Ego and its negative movements will need to have been overcome for the most part, replaced by the Psychic being within, including its expressions of harmony and oneness.

To Be Titled

Reader: Sir, if we give up ego, people like to control us thinking that we obey everyone. How to handle this problem in life?

Response: One can give up ego and still maintain inner strength. I would need to know the details to comment further.

Reader: When i accept my surroundings and situations, however critical it may be, and don't fight for my wants or needs, people take it for granted. I had to struggle very hard to gain

my faith towards Mother and follow Her in daily life. Should I ask Mother to give more psychological strength?

Response: Yes, and clear out any negative feelings you have about your environment; others. Life will then tend to respond in your favor.

Reader: Ok Sir. I will do it. Thanks for your advice.

To Be Titled

Each time we control an Ego movement, we move closer to the Psychic being, and its attributes of Harmony and Peace.

To Be Titled

An individual perceives one aspect of a situation; a second person perceives another, and so forth for others involved. "Truth" however lies beyond these; is all possible perceptions combined, integrated, with misinformation burned away; and with the Essence shining through.

To Be Titled

When the Ego is engaged when communicating thoughts to others, it readily leads to misinformation, exaggeration, distortion, and other forms of mental error.

To Be Titled

A Devotee is one who seeks to obtain whatever he wishes through Mother. A Sadhak is one who attains whatever Mother wishes for and through him.

Reader: does Sadhak = monk-type person? or could a householder be a Sadhak?

Response: A householder can be a devotee. A sadhak is a yogi, practicing (e.g.) integral yoga. (I.e. total surrender to Mother.)

To Be Titled

With greater education, Internet exposure to all manner of knowledge, Financial Crisis shock, emerging higher values, self-awareness consciousness spreading, etc. Americans are gradually growing out of their superficiality, their surface/material view of existence into a more complex relationship with the world. Amidst the younger and mid-range generations, you can subtly perceive this coming about.

To Be Titled

The more you are bothered or anguished about something that is true, the more it will be.

Additional comment: We forge a stronger relationship with that which we are bothered, irritated, angered by.

To Be Titled

A devotee from the outside, without any material interaction, using Mother's force, and knowing when to implement silence and withdrawal power, can guide any organization -- such as a sports team or a competing company -- to the very pinnacles of success in an extraordinarily short period of time. The experience unfolds like a miracle of the highest order.

To Be Titled

We can change our entire life in a single minute by committing to doing something we know should be done.

To Be Titled

Truth is the objective status of Reality. It defies comprehension by ordinary mind, but not by spiritual Mind of (progressively) intuition, revelation, and supermind (truth consciousness).

Additional comment: Truth and Spirit are the two aspects of Reality. Both emerged from the Absolute, the Infinite Divine. The Supreme.

Truth is the objective facts of existence in the Reality (visible or invisible). It is the integral nature of things that we can perceive as an integral knowledge.

Spirit is the divine reality in its pure state that we experience. It is subjective, as it cannot be readily experienced or expressed as facts.

Perhaps we can say that Truth and Spirit are two sides of the same coin: two expressions of the One Reality.

In Supermind we experience both Truth (as an integral knowledge) as well as Spirit.

For the Mind to open to its spiritual dimension of Supermind. For that to happen, our center of consciousness needs to move toward our true self. Anything that moves us away from Ego and toward Harmony will bring us there, such as taking the other person's point of view, humility, silence, self-givingness, and consecration. From that poise we experience the true nature of the Reality (Truth) as well as experience the Spirit behind things. The objective and subjective aspects of the Reality.

To Be Titled

Ego is absorption in self, with separateness its hallmark. Non-ego is expansion of Self, with connectedness and harmony its hallmarks.

To Be Titled

One can embark on a great journey from Ego to Non-ego, experiencing and overcoming its myriad of expressions, thereby landing in a state of harmony and oneness, centered in the True Self.

To Be Titled

According to Karmayogi true meditation occurs only when the mind has gone silent - i.e. where there are no thoughts.

To Be Titled

We ask the Mother for boons such as prosperity, success for our children and in our careers, etc., but infrequently do we ask Her to remove the deficiencies in our nature - including negative attitudes, habits, beliefs, et al. - that prevent these and other aspects of our lives from being fully realized.

To Be Titled

Chances are that the intense complaint you have about another corresponds to something in yourself that is worthy of being complained about.

Additional comment: A tv show host and pundit was outraged that a company was selling low cost computers with software in it that culled personal information from the user for advertising purposes, even though he was eagerly, somewhat greedily waiting to receive a free smartphone from that very same company!

To Be Titled

Often what seems difficult, daunting becomes much easier once you begin making the effort.
Additional comment: This is a very common experience of mine.

To Be Titled

Being strong and sensitive CAN go together, leading to great things.

To Be Titled

Often the opening to the Large can only happen by going through the Small

Additional comment: Often life will require you to undertake something seemingly trivial, yet it is only by making the effort to go through that (rather than avoid it) will life reward you with a big opening, opportunity, and such. The Small thus becomes the doorway to your future. It's also worth noting that the greater the resistance overcome, the wider the opening.

To Be Titled

The tone in which you deliver your message can be as important as what you have to say.

A Happy Man

(Non-ego attracts reduction in work effort)

When you shift from selfishness to self-givingness, substituting another's precious time for your own, life cooperates, facilitating the conditions of your own life.

I was working on a project of organizing complex material into a more readable whole. It was a work that was taking somewhat longer than I anticipated, and in fact seemed to have no end. At one point I left the office to take a drive, but a friend of mine also needed to use the car. However, because I felt the need to air myself out, I stuck to my guns. As I began the drive, I realized that I was acting egotistically and selfishly, and so cut it short from several hours to a half hour, and also brought back a treat for my friend.

When I then resumed work on the knowledge organization project, I suddenly realized that the important phase I was now engaged in was going MUCH FASTER than I had anticipated. In essence, I reversed from being overwhelmed by the never-ending quality of the work to a situation where time was cut by 90%!

When you shift from your own ego needs to that of the needs of others, life returns the favor, and creates positive conditions, including the facilitation of time. Because I reduced my re-energizing time in order to accommodate my friend, life radically reduced the time for my own precious project to be complete.

To Be Titled

Separation is the basis of the ego's sense of identity. (Eckhart Tolle)

To Be Titled

Individuality and the separateness of Ego are not the same thing. The former is fully positive; the latter fully negative.

To Be Titled

The Source Consciousness seeks infinite variation of Itself through the development and expression of higher consciousness of each individual.

The Consciousness of the Supreme was there before humans came to be and evolved their consciousness. Thus we could say that as we become more conscious, we are simply tapping into the Consciousness that is already there. That our purpose is to give it more varied expression through the details of our lives.

To Be Titled

Science has mistakenly believed that consciousness began in earnest with the human race; i.e. through the development of brain function. But Consciousness was there before creation; was there, is, and always will be. Now scientific breakthroughs in understanding -- like quantum entanglement and non-locality - aka Life Response; that all things are instantly linked across space-time -- are shattering the old reductionist view and scientific order.

To Be Titled

For years we hold to certain beliefs about certain things only to find that when we go to such easily-accessible online sources as Wikipedia that we were mostly wrong. Such widely available knowledge is Nature's way of putting the truth of things before us, something we as increasingly mental beings subconsciously yearn for. It is one reason the Internet and such have come into existence; i.e. a response to that subconscious aspiration.

To Be Titled

We can break the tyranny of Nature that wishes to repeat the same things over and over - including certain negative aspects of our lives - by rising in consciousness at that inflection point.

Negotiating the Transitions of Life

Life has a rhythm which we are challenged to embrace. E.g., you are actively engaged in circumstance for days, weeks, months on end; and then there are quiet periods or quiet time where little of significance occurs. And then just when you are settled in, life bursts forward with activity; often overwhelmingly so. For many, such transitions are difficult and trying.

However, if we develop an Inner Life we can more easily negotiate such undulating change. With that subtle consciousness, life becomes smooth for us; no matter how sharp or intense the transitions or the flow.

To Be Titled

Most illnesses are due to psychological resistance of various sorts. Eg diabetes is due to insecurity and fear of future. Cancer is due to vital depression, selfishness, greed. Chest pain like angina is due to a tight unyielding and inflexible personality. Etc. Overcoming the psychological deficiency will eliminate the illness.

Elevating Your Romantic Relationships

Among the factors that make for a happy relationship are:

- true and abiding affection
- being self-giving
- not expecting, demanding from partner
- not complaining; criticizing
- taking responsibility, instead of blaming
- elimination of ego
- not asserting one's point of view
- taking the other person's point of view
- not trying to change the other person
- tolerance and patience
- not squabbling

What are some of the others?

Which ones are you deficient in?

Reader: feeling and showing unconditional love for them. accepting them as they are
feeling and showing unconditional love for ourselves. accepting ourselves as we are
feeling and showing unconditional positive regard (psychological term)

letting them be. not possessing

being open. engaging in what they like and in what we like

being honest no matter how easy or difficult the topic is

being compassionate
forgiving
resolving conflict smoothly, quickly successfully if conflict arises
being independent and self-sufficient
finding and sharing positive humor, joy and ecstasy in everything
spiritually evolving consistently
feeling a oneness
losing track of time
Reader: Accepting them as they are.

To Be Titled

You can accomplish 5-10x more in a given day by opening to Mother and Her Force, which quickly sets right life's conditions, while opening up great opportunities on your behalf.

Additional comment: This will ordinarily resonate with us once we see it happen several times in our lives. Then if we are likely to be energized to pursue it regularly throughout the course of our lives. If we do, we will enter a most unbelievable success-generating realm of existence.

To Be Titled

At least 50% of our everyday speech is unnecessary, dramatically reducing our life response attracting power. And to the degree we speak less, that "emptiness" will be filled by unexpected good fortune.

Reader: Sometimes or in case Many times 'emptiness' space quite NOT EMPTY.

Response: Yes.

We can think of Emptiness as Silence. There are various levels of it: Silence of thoughts (of the mind), silence of the emotions related to the thought or otherwise (of the vital), silence of the speech; of speaking out the thought (physical), and the silence of the urge to act based on a thought or otherwise. True Emptiness or Silence occurs when all of these are occurring simultaneously.

Eg one can control one's speaking (as referred to in the original note above). That is easy if one can control the urge. But then the thought is likely to still be active in the mind. So we can learn to control the thought. But then it may still reside in our emotions; including desire to speak or think about it And there too we can control the feelings. Yogic effort is able to control all these on an on-going basis. Most people simply speak, think, feel the thought, and act, without giving any of it attention. We are mechanical, driven by nature's urge built into who we are. The yogi on the other hand controls all of these, knowing when to engage any of them, and when to hold back.

In that sense most humans are closer to animals - like a chimp - than the yogi, who is really a super-human, especially if he transforms all parts of his nature.

Focusing On The Now

I am absolutely convinced that confusion is to teach us to live from day to day, that is to say, without being preoccupied with what may happen or what will happen, just concerning ourselves from day to day with what we have to do. All thinking and foreseeing and devising and all that furthers disorder a lot.

To live almost from minute to minute, to be like this (gesture turned upward), attentive only to the "thing" one has to do every moment-and to let the All-Consciousness decide.

(The Mother, from Agenda, August 16, 1969)

To Be Titled

Look at one's own faults first, before complaining about others' faults, and to mend one's ways before demanding others should mend theirs.

To Be Titled

The goal of creation is for every force, idea, particle, formation, person, collective, etc. to possess the Consciousness of the Infinite, the Eternal, the All Powerful. (inspired by the Mother)

Additional comment: We can help make that happen through continuous Consecration.

Acceding To the Truth Attracts Overwhelming Good Fortune in Downton Abbey

One powerful principle of life response is that when you accept, embrace, and communicate the truth instead of holding onto it out of fear or other negative emotion, life will suddenly open up and present you with overwhelming good fortune. Here's an example from film:

Downton Abbey is a British TV series set in the fictional Yorkshire country estate depicting the lives of the aristocratic Crawley family and their servants in the post-Edwardian era. As we pass through the 5th season, there are two daughters of Lord and Lady Grantham Crawley - Mary and Edith. Edith has had a romantic relationship with a distinguished newspaper editor which produced a child Marigold, though the editor never got to see his daughter as he disappeared and was then reportedly killed in Germany. Though the child was put up for adoption in order to avoid scandal for the Crawley family, Edith eventually gained custody of the child, brought her to Downton Abbey to live, though several members of the Crawley family did not know the child was Edith's.

It turns out that Lord Grantham eventually discovered that the little girl was Edith's, though he did not mention that fact to her. It also turns out that about the same time Lord Grantham was having health problems and therefore checked with a doctor to investigate about the issue. Several days later Lord Grantham confessed to his concerned wife with that he likely had Angina, and therefore was at risk of having a heart attack.

Now fearful for the end of his life, Lord Grantham decided to talk to his daughter Edith about her daughter Marigold. And so that evening Lord Grantham came into his daughter's room and confessed to her that he knew that Marigold was her daughter, and, more importantly, that he fully accepted the little girl into the Crawley family. As a result of his gesture, Edith was ecstatically happy.

Most interestingly, a day or so later, Lord Grantham reported to his family that he had gone to the doctor again for further tests, and discovered that he did not have Angina at all, but merely had an ulcer. Now all he had to do was eat modestly and he would be fine. It was a tremendous relief for himself and his wife.

Can we not say that as a result of being fully truthful with his daughter about his knowledge of the situation while fully accepting his granddaughter into the family, life responded and altered the conditions of his health?

When we give up our fears, and face the truth, admitting it as necessary, not only will we feel an inner relief, but life response with good or great fortune in the same or an entirely different area. When Lord Grantham gave up his fears and confided with his daughter about his true feelings, life responded and literally gave him a new lease on life. We can do the same in our lives by not holding on to our fears and admit to ourselves and to others that which is truly true.

Reader: Very nice story to clearly understand the message Sir. In my life, for the past 3 years, I was forced not to read Mother's books. This was due to some of my close relatives. But I did not lose hope in Mother's Grace. Suddenly from where I thought I will not receive support, from those relatives, I received great support. You also advised not to blame anyone but to think positively only. Suddenly I regained myself and said I can't take it anymore like this and said I will continue to follow Mother's path whatever comes. I prayed to Mother to give me strength. Mother blessed me and my family somehow accepted me and the very next day, that is yesterday, Mother's Grace showered as rain.

Response: You have seen and garnered inner strength; inner power. Congratulations!

To Be Titled

Some people believe that Silicon Valley is rich because it is greedy, when in fact their great success is due to decades of humility, and quiet, visionary, individualistic work.

To Be Titled

If there is the slightest bit of irritation or anger on our part, then we are likely partially or fully in the wrong, though we may have to dig deep to discover why.

Reader: You mean face it with inner calm and be cool?

Response: Yes, if you can.

It is also helpful to know why you are really angry or irritated, which requires one to dig deeper, and there you will find the negative aspect. Eg a man was very angry that his wife spoiled all that he had worked on, but never considered that what he had desired to occur was extremely harmful to others, and undertaken with the lowest values.

In another case a man was always irritated that his spouse would not listen to him, though he did not have the full capacity to speak to her when she was ready to listen, not just when he wanted to speak.

This irritation and anger have immediate cause, but also have deeper causes in one's wanting attitude, beliefs, and behaviors.

In *Pride and Prejudice*, Eliza Bennet was unhappy and irritated when Wickham, a man she was infatuated with, did not show up at a party. What she did not realize was that this man was duplicitous and a scoundrel.

To Be Titled

Each wrong attitude in our being - whether towards others, life, work, or self - attracts corresponding negative circumstance.

To Be Titled

We can understand the aphorism "one good turn deserves another" in a new light in terms of the miraculous phenomenon of Life Response.

The Future Ahead

There are often small signs up ahead of things coming but which we miss until they come upon us and suddenly become huge. When we develop a deeper consciousness, we perceive the current tiny and small as potentially vast, and are thus able to capitalize on it by giving it special attention, enabling us to stay ahead of the game.

Today's tiny is tomorrow's gigantic is another expression of the idea that the infinite is buried in the finite. It is our right perceptions of the unfoldings of life that brings that infinite possibility to the surface; to the attention and concerns of the Now.

To Be Titled

The more you are irritated by or get angry with a situation, the more the issue will sustain itself, or even get worse. On the other hand, the more you hold back and do not react - especially in your emotions, - the quicker outer condition will improve.

To Be Titled

In the current way of life success is mirrored by failure, pleasure with pain, good with evil, knowledge with ignorance, and life with death. These divisions and dualities almost seem inevitable, never-ending. However, in the Divine life that is to come on earth as envisioned by Sri Aurobindo there will predominantly be the positive, without the dark complement, both in our experiences and in our way forward.

Integral Knowledge is the Knowledge of the Integral Reality.

Additional comment: The Integral Reality is the totality of all things visible and invisible, - forms, thoughts, emotions, forces, planes of being, circumstance, etc. -- and their subtle inter-relationship.

Integral Knowledge is to know this from moment to moment as necessary. Ordinary human knowledge is hardly any of this; not even a billionth of it. Thus it is Ignorance. The goal then is to move from Ignorance to and Integral Knowledge of the Integral Reality - the All.

We can begin that process by Opening to Mother by taking the other person's viewpoint, etc. which deepens the consciousness, culminating in the True Self, which in turn widens our mind beyond ordinary human thought and knowledge to intuitive, revelatory, and supramental perceptions, where we more readily perceive the true nature of existence -- the Integral Reality.

To Be Titled

Even bad people can attract enormously positive conditions when they do the right thing.

Additional comment: Eg Nixon – Mother called him a brute - goes to and helps open up China in the 1970s. Another: a corrupt politician changes course and allows for proper funding of disaster relief, and the hurricane about to hit suddenly and most unexpectedly veers away from land and heads out to sea.

To Be Titled

What we believe in reflects the essence of who we are. Otherwise, we are not very much of anything.

To Be Titled

Negatives have hastened the evolution in the physical and vital ages humanity has passed through. Now somewhat in the emerging mental age, accelerating in the coming spiritual age, advancement for the individual and society will take place through the Positive. It will be a decidedly different orientation to human existence.

To Be Titled

There is what you want, and then there is what the Divine via your Inner Self would like of you. It's the difference between normal and a spirit-oriented existence.

To Be Titled

True devotion is not so much to ask boons of the Divine, of Mother, but to surrender to Her Will and Purpose whenever possible. When we do, we will regularly attract the miraculous.

To Be Titled

Q: Can we consecrate past mistakes and failures?

A: The answer is yes. If we do, their negative impact on the present will be dissolved, or we will simply evoke new very positive conditions as a result of our contrition on that aspect we consecrate. We call this "Past Consecration."

Each of us is born into this life to further the evolution of the soul that inhabits us. It is through our growth and experience that the True Self, the psychic being grows in consciousness in its journey through time via multiple births.

This is also true for the poor, the destitute, the deformed, and the like. So though we can feel compassion for their situation, we should avoid pity, for they too have the opportunity to grow in consciousness, at their level, for their own growth and that of their soul.

To Be Titled

At any given moment you can do something to elevate the consciousness of the situation. The results will be marvelous.

Book Review Surprise

If we observe ourselves closely, we will see that our Ego constantly takes control of us during the course of our day. Our obligation then is to catch it each time it presents itself and then suppress it, which will enable us to maintain harmonic relationships with others and life, as well as avoid negative life response consequences. The other benefit of suppressing our ego movements is that it can instantaneously attract positive conditions. Here's a recent example:

A man was thinking about his communications with a fellow business associate. In particular, he dwelt on the response he received to an email he sent to that colleague. Thinking about the content, the man got a little irritated, believing that the associate was restating the obvious. He then began to rationalize his viewpoint to such a degree that his higher self came to the fore, enabling him to recognize that his Ego was getting the best of him. Now clearly perceiving that fact, the man stopped his egoistic thoughts in its tracks, and as a result, his mind resumed its normal quieter state.

When he then opened his email to begin his work day, he saw a message from a journalist that the book he had written about a famous spiritual sage had been favorably reviewed; the first such response since he had published the work.

In other words, by catching an Ego movement and halting it in its tracks, the man instantaneously attracted a ray of good fortune from out of nowhere.

Energized Instructor

When you take on your current work with great enthusiasm, interest, and perfection, another project you have been working on, including a great one, may suddenly be elevated to unimagined heights.

Example: though it was in one sense a small, insignificant class, an instructor decided to put his all into it. He then expended an enormous amount of energy, making sure the students received all necessary information, and with great clarity. The next morning on examining his email he discovered that one of the books he had written suddenly and most unexpectedly received a very favorable review at an international news site; the first major critique of that work since its publication.

To Be Titled

It is only in tranquility and peace that one can know what is the best thing to do. (The Mother)

To Be Titled

Whenever possible lead by example rather than by command, and others are bound to follow.

To Be Titled

The visible is far less powerful than the Invisible to affect the visible.

Additional comment: Life response results of consecration, overcoming a negative attitude, non-reaction to another's hostility, and being silent inside etc. are proof.

To Be Titled

While the Source is infinite, material existence is finite. And yet the goal of creation is to make the material and all other planes infinite-like through the invocation and action of the Source.

To Be Titled

Negative circumstance will be understood as a positive at a later time.

To Be Titled

When we are able to recognize and catch ego movements when they arise, it indicates that our relationship with our soul is alive.

To Be Titled

When a bad person transforms themselves, they tend to reach a higher level than a good person.

Additional comment: It is because a negative is really a more intense form of the positive. It has more energy in it for transformation.

Reader: Yes it is often seen in our Bollywood movies that when a man who is into drugs, alcohol, women decides to improve himself, he does it better than anyone else

Response: Nice observation.

To Be Titled

What we are in apparent contradiction or conflict with, we are from a higher perspective actually complements to, as each side is secretly helping the other grow. Life/Nature/Prakriti has put them together in dual pairs, so we each can learn from the other; so each can progress beyond their current limited consciousness and status.

Additional comment: We see this quite clearly in the Middle East in the conflict between the Israelis and the Palestinians. The question there is whether they will be compelled to make the necessary change.

Naturally, we can see this dynamic in every conflict we have with others and with life. That conflict is what Nature set up for you so that you can learn from the other party or through the experience so you can grow. The key is to give up ego and accept the lesson that life is trying to offer you.

To Be Titled

Without the interaction of the good with the bad, the positive and the negative, or any other forms of contradiction or conflict, there is ordinarily no progress in life.

Additional comment: Eg in Pride and Prejudice Mr. Darcy would not have been able to grow in consciousness without the misdeeds of the negative Mr. Wickham, and his association with him. Likewise, he would not have been compelled to grow without the rejection of his marriage proposal by Eliza Bennett who thought he was prideful.

To Be Titled

Every negative that comes to us is a means to help us grow.

To Be Titled

We are all divine, even the negative amongst us, as each of us are a seed that can change and reach the highest heights.

To Be Titled

Mother comes to us most powerfully through the people who give us the most trouble. (MSS)

Additional comment: It is the Ego view that sees them as giving trouble. The higher view is that they are actually bringing Grace. The ego view sharply divides good from bad. It wants good, but not the bad. But the Integral View sees them both as necessary; including necessary for our growth and progress.

It is the essence of Sri Aurobindo's insight about attaining the Integral Knowledge. Dividing good and bad sharply is the view of the Ignorance, which is the normal human view. It is the opposite of the view of one who has attained the Integral Knowledge.

From a deeper consciousness we have the undivided view; the Integral View that everything serves a purpose, That the negative helps us grow to a higher nature, just as the positive can. Constant consecration will bring us to those depths to have this soul-based supramental view.

In the end it just depends how committed we are to seeing the world this way. To moving deeper within so we can embrace the negative as Grace; which will help us reach our highest nature and experience ultimate delight.

And when we overcome the trouble, we rise to the highest heights. Far higher than if there were no trouble. I know of many examples of this amongst friends and colleagues. Eg one mid-level member of an organization was threatened to be ejected by a hostile colleague, but instead he rallied and soon rose to the very top. It's because he perceived the negative as an opportunity and then made the right decisions

The negative people, situations et al that come to us represent negatives inside ourselves. Therefore know what that correspondence is, and make the necessary change within. When we do, the negative will disappear, and we will grow immensely through the experience.

To Be Titled

When a negative comes your way, ask yourself, "What can I learn from this situation? What does it represent in me? How can I grow through this circumstance?"

To Be Titled

We believe we are separate from others, but that is the view of the Ego. We are actually One with others and life in every conceivable way.

The ego-sense blocks us off from others' experiences, knowledge, insights, even who they physically are, and yet we need them as much as we need ourselves, and in every conceivable way.

From the perspective of the Integral Reality all things reside in perfect Oneness. At that true level of being we are one with all things; not just with what we like, as the Ego view dictates. And yet to shift from ego to that Oneness we need to discover a deeper center within us that feels deep connection and harmony with others and the world around us.

How can we make that transition? Through consecration, taking the other person's point of view, and non-reaction we can build that deeper center within where we experience that Oneness with others and life. There we transcend the separateness of the ego, replacing it with the harmonic, unitarian view; the same perspective the Integral Reality has of Itself.

To Be Titled

People who continuously express their unsolicited opinions are highly susceptible to the Truth of things.

To Be Titled

Ill-will, resentment, jealousy, and dishonesty -- toward friends, colleagues, family members, renowned individuals, etc. -- are several of the common banes of our daily lives. No wonder why we continually attract the negative.

To Be Titled

One minute of feeling Mother inside as deep richness or golden light or similar can change the course of our lives.

The Process of Accomplishment:

Know what you want, consider the details and the right strategies, including time-bound actions. Commit to it in full. Make an exhaustive effort, executing it with energy, fully positive

attitudes and skill. Follow the flow of things for next step indicators. At no point should you feel impatient or disappointed. Consecrate the entire matter to the Higher Power.

As a result, Life will cooperate with you in full, bringing about what you want, and so much more. You will be amazed how at each step life cooperates with your intent. It is a wonder to behold. The process of accomplishment mirrors the same process by which the universe emerged from a Divine Source.

Signs You Have Followed the Process In Full:

The work, project, task, etc. works out much better than you thought, in far less time, with less effort, while energizing you to no end. The ultimate product is not just the fulfillment of your intention, but a power of Knowledge of the Process for the future, as well as ecstatic Joy.

To Be Titled

We inherit negative propensities through genes from the parents or grandparents. It settles in our subconscious being, which means we are hardly aware of it. However as we become more conscious, we begin to perceive that when we think or act falsely, we are aping some aspect of one or more parents. Which means we can become conscious and stop those negative aspects in their tracks.

To Be Titled

When you accept what another person wants (instead of what you want), they often end up embracing what you (secretly) wanted to begin with.

Additional comment: It is a form of Silent Will.

To Be Titled

When you focus on the money being earned in a work instead of the benefit the work provides others, that or other funds will recede from your account.

To Be Titled

To see the beauty behind the ugliness, the truth behind the falsehood, the light behind the ignorance is a sign of a rising consciousness that is in tune with, one with the Integral Reality.

Additional comment: Eg to see the wisdom of life in the individual who abuses us, such as the nasty boss. We can learn he is there to teach us psychological strength, or to develop non-reaction power, etc., which can carry over into the future. It is to see the truth behind the falsehood.

In the play and film 'The Elephant Man' based on a true story, a horribly disfigured Englishman turns out to have a great intelligence, be eloquent beyond compare, and creates objects of art (such as a model of a cathedral) of exquisite beauty. He serves to inspire the entire society.

To Be Titled

There is a time to focus on a problem, and there is a time to withdraw all attention to it. Each done on the appropriate occasion will quickly evoke the resolution.

To Be Titled

To be aware of the omnipresent Reality inside is spiritual awakening. (Karmayogi)

Additional comment: It is to perceive the utility of all things in the Unfolding, which is the perception of spiritualized mind.

To Be Titled

Internet is very good. INNER-NET is Infinite.

Additional comment: What is Inner-Net?

- it achieves vastly by opening to the Divine, Mother (i.e. inner achieves in the outer through consecration.)
- we can take to inner silence that brings the exact necessary knowledge from out of nowhere.
- it is deep inner connection with others across the earth, marked by our capacity to broadcast deep goodwill towards others from within that spreads and brings good or great fortune to others and ourselves quickly from out of nowhere.
- it is shedding negative attitudes inside, that quickly attracts vast success outside.
- it is recognition that the entire universe is held inside us, and from there (the inner, the Inner-net) we can take to inner means to affect the outer in infinite ways, overcoming limits of space and time, of causality and reality.
- it is as Mother indicated a vast invisible web with trillions of strands, and when we pluck a the right ones, it vibrates to other corresponding ones, influencing them, having a power over them, bringing good or great fortune to others, the world, including ourselves.
- the Inner-Net is many other things we can define, indicating its infinite nature and capacity.

To Be Titled

All progress originates inside, not outside.

Additional comment: Inner is aspiration, values, silence, and spirit (consecration). These have ultimate power to evoke outer results.

On Social Interaction

Much of the social interaction we have with others is vital, placating the emotional needs of our lower nature. It stimulates us and keeps the conversation going and the interaction lively.

On the other hand, when a spiritual person connects with others in a social situation, he aims to share experiences, help others with their problems, seeks to improve their life condition, and in general seeks their happiness and fulfillment.

The inner-directed person of the spirit substitutes deeper purpose and connection for emotional titillation, silliness, and other forms of amusement that stimulate the vital being.

Naturally, unbridled social interaction and the stimulation that is felt is quite difficult to control, let alone think about. It wastes energies instead of conserving them, allowing for short-term emotional gain at the expense of on-going happiness and joy. Only when we develop a deeper center do we transition from social amusement to harmonic interaction.

Sri Aurobindo says it is the Hour of the Unexpected.

Additional comment: "Nor let worldly prudence whisper too closely in thy ear; for it is the hour of the unexpected, the incalculable, the immeasurable." (from The Hour of God)

Eg who would have expected the sudden, unexpected end to the Cold War just as tensions were overwhelmingly high and could break out into WWIII? Mother and Her Force enveloped Gorbachev who brought it about.

And who would have imagined a personal computer, or the vast power and influence of the Internet, or the smartphone.

Who would have imagined the ancient Upanishadic idea of Oneness and the power of attraction (life response power) breaking out amongst the masses.

And who would have imagined in 1950 and beyond the stunning rise of Asia, of China, and now of India when they seemed destined for decades, perhaps centuries of dire poverty.

And now we are on the cusp of a New Paradigm in so many areas of life and society - such as a human-centered economics and the possibility of world governance and much greater collaborations amongst nations.

And who would have imagined the breakout of the entrepreneurial spirit that empowers every individual in the world to fulfill his potential.

And this is only the beginning of what is possible in this Hour of the Unexpected. Especially so if we were to make use of the Supramental power which has fully enveloped the earth and its power to bring about instantaneous miraculousness whenever invoked.

To Be Titled

What is Truth? It is the objective status of Reality. Of what truly is, whether visible or invisible; whether material, subtle, or causal. It is all things in all planes from spirit to matter. It is the nature of the omnipresent, integral Reality.

Reader: Thank you. That was Mr. Albert Einstein tried to establish thru 'Relativity Theory'

Response: Yes. And Quantum theory has extended that much further.

But still Truth is not understood in science as they are obsessed with the material only. How can you understand anything about Truth unless you understand that Consciousness is the ground of all being, is the source of the universe.

Quantum theory is beginning to show that, especially in the math. Even there the scientists say there must be a material basis for the universe and no other cause. They are still mired in the Ignorance about the nature of the integral Reality. They only know matter. Hence they go round and round in circles when trying to discover a Theory of Everything. For them understanding of Truth is very far away.

Reader: The same with Religions. Each one claims they represent the Truth and one has to follow them. But obviously they manipulate the Truth about 'God' and its intrinsic Universal Laws of Creation to gain power over humanity. The TAO claims it is the root of all Religions. Hmmm

What about exhibiting integrated positive values and passion and enthusiasm to unfold ones live according to one's unique Potential to serve humanity without being attached to a Religion? Is there not instant peace and harmony on our planet prevailing? As a consequence we would also care for mother nature instead of to exploit her for profit maximization. There would be no 'designed' terrorism that creates worldwide calculated conflicts and lead to more and more power of the 'Elite' and suppresses the birthright of each human being to be happy and fulfilled in Life. etc. etc

Response: Yes, it is very true what you have said about religion, Wolfgang. I would like to add the following.

There are great teachings that are the roots of certain religions that are filled with great wisdom, though they are not the religions themselves that came after - including tao te ching, the vedas, the upanishads, vedanta, etc.; in addition to the wisdom of the avatars, rishis, saints, spiritual philosophers and others. In my view there are also teachings that now incorporate and exceed these, including the teachings of Sri Aurobindo, the Mother, Sri Karmayogi, and many others to a lesser or greater degree.

The era of religions themselves is clearly coming to an end as they are stultified and twisted, or in some cases even adopting higher spiritual values, making them almost unrecognizable from their earlier form. Though religion has served a great purpose in the past, providing a glimpse to many of the higher spiritual reality, as well as a moral sense, we are moving into the realm of personal experience of spirit and truth without the need of organized religion, yet holding on to certain deep wisdom at the source of some of them. The Spiritual Individual and the capacity to be such is now clearly on the horizon.

To Be Titled

In the course of your day try not to see others as adversaries or even separate beings, but as true extensions of your own self.

Comment: Actually, that is the true status of our relations with others: Soul extended to, interrelated and intertwined with other Souls. It is the separative Ego that blocks out that harmonic awareness and feeling.

To Be Titled

Over expectation and over anticipation of an outcome is foolish and cancels success. It is like stirring the coffee before putting in the crème and sugar.

To Be Titled

In one sense our greatest guru and teacher is our spouse; especially in our conflictive moments with them. In those situations they "teach us" about our limited consciousness, -- whether our closed-mindedness, our complaining nature, our negative attitudes, and above all our Selfishness -- so long as we are willing to embrace the truth that life is presenting us.

To Be Titled

Searching for love and struggling to find it is the human way. The more conscious way is to paint a picture, develop a profile in one's mind of what we would like from a potential partner, especially in terms of one's highest psychological relationship, and then silently aspire for it, until the day it comes.

To Be Titled

In the past, technologies supported and strengthened existing industries. Now tech companies seem to be enveloping them and in some cases swallowing them whole, integrating them into their ecosystem. Is this the evolving power of mind in action; of higher intelligence brought bear? A new form of economic organization? Reflective of a new orientation and organization of existence?

To Be Titled

It is often best not to interfere in and try to change another individual's false behavior, as it can short-circuit important life lessons that can be learned when corresponding negative outcomes present themselves.

Additional comment: On the other hand, if they take the initiative and seek your counsel, you can evaluate whether you have something helpful to offer them, and if so, proceed with caution.

To Be Titled

There is a very highest plane of consciousness where one perceives that all things in creation serve a purpose in the evolution, including the positive as well as the negative (such as ignorance, falsehood, evil, suffering, pain, illness, disease, and death). This is from the perspective of the integral and omnipresent Reality.

From a slightly lower plane of awareness one realizes that all such negatives should be eradicated and be replaced with their positive spiritual equivalents in the universe (including peace, silence, harmony, wisdom, knowledge, truth, goodness, beauty, love, joy, timelessness, and infinity). It is the plane of the soul's aspiration.

Far below this is the normal human plane of consciousness where one is subject to and fully immersed in the dualities of life - including pleasure and pain, ignorance and knowledge, happiness and unhappiness, etc. It is the plane of division, duality, and conflict, where one is at the mercy of Nature's slow and difficult ways.

To Be Titled

The life that is there in this Force is not there in the very best of the past. (Karmayogi)

Additional comment: When via Sri Aurobindo and Mother Supermind descended into the earth's atmosphere in 1956, everything changed as there was there no a power never available on earth before to enable instantaneous miraculousness. I.e. instantaneous knowledge along with instantaneous change in the life conditions when evoked. We evoke the Force, this Power through consecration, i.e. self-offering of life circumstance to Mother.

To Be Titled

Every movement takes you closer to Mother, or it further organises your ego.

Ego competes with Mother at every Moment. (paraphrase of Karmayogi)

To Be Titled

Hope comes from faith in the Infinite; hopelessness in faith of the finite. (paraphrase of Karmayogi)

Additional comment: When we arrive at very difficult moments, where we seem to have no power or control, the human way is to be overwhelmed by circumstance which leads to feelings of hopelessness. It is in those key moments when we can draw on our faith; faith in the Infinite power of Mother, which will give us hope ... plus it will normally lead to enormous life response results, which will further enhance our faith in the Infinite.

To Be Titled

The Indian subtle knowledge can accomplish a month's work of the American in one day, especially because of his excellent organisation. (Karmayogi)

Additional comment: In this way India can outrun the previous historical norms and methods of accomplishing. What a different world that would be, with India out front as success leader!

To bring this about they can be more conscious of and utilize their subtle knowledge about the nature of reality, how life flows, and utilization of spirit and other inner psychological methods to quickly attract the very best outer conditions; abridging space and time; eg accomplishing in one day what it takes others 30.

To Be Titled

It is not Indian spirituality, Russian mysticism, German discipline, French ingenuity, or British character that will lead the world. It is the American who is devoid of all these who will lead the world by his Quest – evolutionary quest. (Karmayogi)

Additional comment: As an American, this makes me smile. We are devoid of the essential qualities of a cultured person, yet we will be making the evolutionary change first. What a paradox; and yet it also makes complete sense, knowing the "Questiness" of Americans, like when they came to and overcame the obstacles of the virgin land four hundred years ago, or when they made their way across the Big Country, or made the Gold Rush, or Edison's inventions, or the Internet, or all forms of the entrepreneurial spirit, etc. etc. We have been surface, material explorers, who are mostly unconscious pioneers for later-to-come world of deeper depths.

Reader: Yes. Quest or to Question is the Root of all evolution to the MANKIND.

To Be Titled

Be vigilant in the course of your day and try to turn any negative feeling you experience into a smile. Make it a habit. If you take this approach, your inner being will start automatically reminding you to do so. Good fortune is bound to follow each time you take that advice percolating up from within.

To Be Titled

Often the person doing the complaining is more in the wrong than the person allegedly deserving complaint.

Eg a woman vehemently honked her car horn at the person in front of her for allegedly going to slow. The driver of the car in front was trying to figure out which way to turn, and so cautiously moved ahead. The woman in the second was impatient and filled with anger at the slowness of the first vehicle. It only added to the already agitated environment, causing it to spread.

Here we see how negative complaining can be, especially when combined with impatience, anger, ill-will, and ignorance. We can see the same dynamic in our own lives every day in the way we complain or blame, etc.

Additional comment: Even seemingly justified expressions of complaining like "righteous indignation," for say a wrong done by another party, can itself become false when tied to

vehement negative attitudes and feelings like ill-will and hate. Such intensities can make the situation much worse.

A deeper center of awareness of the drive behind would allow for greater calm that would not be so reactive. It can be achieved by practicing non-reaction and consecration (in this event or otherwise).

To Be Titled

Every problem in society is an opportunity for a new, unique form of harmony to emerge that would not have been there had the situation not been uniquely negative to begin with.

Additional comment: That is why Sri Aurobindo says that the world was created in infinite shadings of the positive and negative so to enable infinite variations of discovery of the truth of things beyond the problem, elevating our consciousness, and therefore causing us each to experience a unique form of delight. Through infinite variations of both the positive and the negative the most comprehensive integral evolution can take place.

Like every opportunity, every problem offers us a quick road to success when it is seen and engaged in as an opportunity as well.

To Be Titled

Westerners tend to question everything and thereby often miss the Essence, as their minds do not trust in the insights of others. They have a too active and aggressive mentality that deflects deeper truth. Indian on the other hand tend to be deferential to others' knowledge, and are therefore less inclined to originate ideas, or at least express them.

To Be Titled

Man initiates, organises and executes. The yogi refuses to initiate, lets the work organise itself in him and be executed. (Karmayogi)

Additional comment: Devotees can take a middle course [between Man and the yogi] and be open to opportunities that come in and take them up as they have Mother's sanction. They will succeed almost always. Self-initiating succeeds far less often than the initiative first coming from life to one's self.

The aim of Service is to make an essential difference in the life of another. The yogi makes such a universal difference inside him. (Karmayogi)

To Be Titled

Mother and Her Force can solve ANY intractable problem, and does so in the most dynamic, creative, and unexpected ways.

To Be Titled

When the individual intent is in sync with the cosmic intent, life response results burst forth. When the individual intent only serves itself, conditions remain in stasis or fall back.

To Be Titled

From the perspective of the Highest Consciousness and Reality, all of life and beyond fit together perfectly like a Cosmic Puzzle; including the positive, negative and in-between. They are all necessary for the unfolding and evolution. From the view of human consciousness, the pieces do not fit correctly, as the positive and negative are perpetually at odds.

To Be Titled

Good health is the exterior expression of an inner harmony. (The Mother)

Additional comment: Eg, as Appa has said, Steve Jobs was unable to maintain the inner harmony and so he became ill and left us. In his case his work was not in harmony with a

more developed spiritual life which he was ready for but did not take to. Life was out of balance and he fell ill. He could have taken to business management oriented life response, but shunned it when I offered it to him.

Inner harmony is the right balance of energies inside us and in relation with the world. Where there is illness it indicates a particular psychological deficiency which is the basis of disharmony. Eg selfishness and possessiveness can cause cancer, which Jobs succumbed to. Insecurity and fear of future leads to diabetes. Fixed nature to heart and stroke problems; Etc.

When we develop the right balance of energies, including having the right attitudes and habits -- overcoming any negative ones -- good health will be our natural state

To Be Titled

In the period after you have consecrated a challenging situation, focus less on the ongoing results, which can go this way or that, and more on maintaining the inner relationship and your Faith in Her. That way the energy released through consecration keeps building, generating ever-increasing positive results.

Additional comment: This is an important new understanding for myself; practicing it, seeing it in action.

Utter stillness and silence is a hallmark of Mother's action.

To Be Titled

He who is centred behind the heart and acts from there will never lose the Remembrance for a moment. (Karmayogi)

Additional comment: Behind the heart = psychic being

To Be Titled

Strength that craves for no expression is Spiritual Strength. (Karmayogi)

To Be Titled

Inner awakening is the world's awakening in us. (Karmayogi)

Additional comment: Magnificent.

To Be Titled

As devotees we are increasingly learning to follow the Logic of the Infinite, not the finite. It is Mother's very special and extraordinary ways of unfolding, replacing our ordinary mental view of things.

To Be Titled

Shift your consciousness from "whatever is best for me" to "whatever is best for everyone." Doing so will move you to a more universal status that can attract results at the next highest plane in your life.

To Be Titled

Stay as positive and calm as you can in difficult situations. Life will then smooth out.

To Be Titled

In life the negative serves to bring about a more integral positive outcome. Without Wickham's duplicity in Pride and Prejudice, Darcy would never had a chance to prove himself, change his nature, and thereby win over Eliza. The negative thus serves a critical role in the unfolding of Reality.

To Be Titled

Life is constantly presenting you with those things that require your attention, including what needs to be done (or not done). However the mind and the emotions interfere, causing one to stray here and there, causing us to miss the direct path to on-going, ever-increasing success. If they are silent however, one will be precisely in tune with the unfolding and flow of life, making each moment an expression of the miraculous.

To Be Titled

Often life's future direction will not reveal itself to us until we take care of what is demanded of us in the present. It is as if there was an opaque wall before us blocking our knowledge of what is to come. However, once we have taken care of business and done what is required in the present, the wall quickly dissolves, and the near or longer term future reveals itself. This is my constant experience.

To Be Titled

Difficulties test our balance and faith. But if we see them as opportunities, as intense positives that widen the scope of possibilities, then we are no longer at the mercy of life, but are engaged in a great learning experience; an adventure of consciousness and joy.

To Be Titled

Lessons always arrive when you are ready, and if you can read the signs, you will learn everything you need to know in order to take the next step. (Paulo Coelho)

To Be Titled

Difficulties such as we encounter in work ordinarily test our nerves, our patience, our faith and balance. But when we perceive a higher purpose behind the problems, while remaining calm and open to Mother, the journey becomes quite tolerable, even enjoyable. It blossoms into a true learning experience; a journey of discovery; an Adventure of Consciousness.

To Be Titled

Proper handling, attention, and right attitude to an intense, small problem one is challenged by may be discovered in hindsight to have prevented a wider, multi-faceted catastrophe. It is an example of collaborating with the Grace that is at work.

To Be Titled

We can imagine deeply from within what we want to achieve and have it be so without any initial outer action. We can develop the intense aspiration for the goal(s) to be achieved, the right motives, eliminating wrong attitudes, and deeply feeling the values we believe in. We can project it out into the earth, and if the universe is in agreement, it will return as an opportunity that we can embrace and fully realize.

To Be Titled

Taking the Other Person's Point of View (instead of insisting on your own) is a key to spiritual progress. It is startling what happens when you take this harmonic tact. E.g. you suddenly learn something of importance you never knew before. Or the other person actually comes around and embraces your own viewpoint. Or a state of harmony and peace suddenly presents itself. Etc.

Taking the other person's point of view also deepens your center of being, enabling a variety of positive spiritual capacities to develop inside – including silence and peace, deep feelings of harmony, newborn affection toward others, sudden descents of insight and knowledge; and a deep, abiding joy in being alive.

Reader: Sir. will it be a start to read other's mind also ?

Response: If you could know another's mind that way, then it is worth taking that point of view, especially if there is a tendency on their part to want to express that information to you and influence you, as taking the other person's point of view is a method when one's own position may be opposition to another's viewpoint, and you should take theirs, or the other person wants to otherwise convey or help you with their advice, which according to the principle you should listen to.

By taking to another's point of view I am referring to when they express their view to you verbally or in writing, etc., and that it relates to your situation or condition, not psychically; though that too is a possibility if it meets the criteria I have just mentioned.

Realization of Divine Values In the World

The Infinite Divine has intention for its own spiritual aspects to be recognized and realized in the cosmos and amongst the people of the earth. It includes Peace, Silence, Harmony, Truth, Goodness, Beauty, Love, Joy, Infinity and Eternity.

We could say that all of life exists -- its unfoldings, history, events, circumstance, issues, conflicts, progress, etc. -- as a means of bringing about these "Real Ideas" as Sri Aurobindo calls them throughout the universe.

When we take to Higher Consciousness, instead of waiting on Nature's slow and difficult way of progress, we help facilitate this unfolding in the world. Or to put it another way, when we take to high human values, we help facilitate the spiritual values that the world is destined to realize.

To Be Titled

So far in the evolution everything that IS always becomes a WAS, but in the future everything that IS will remain an IS for as long as one chooses.

Reader: This is little confusing.... can you pls explain in detail

Response: In ordinary life, things die off. In future life, one can be immortal; being, living as long as one wishes.

To Be Titled

If you cast out what you don't want with intense negative emotion, it will keep returning in some form to test your sensibilities until you have overcome it.

To Be Titled

Sri Aurobindo says it normally takes multiple births to shed our essential Ignorance born of creation and attain Integral Knowledge; i.e. become a realized, divine-like being; a ripe soul. However, by discovering the psychic being, the true self behind the heart, and opening to and evoking the supramental power around us via Mother, it can happen in one birth, this one.

Unconventional Forms of Gratitude

People can feel gratitude for their home, their family, their friends, their careers, their success, their money, their luck, etc. We have seen that deeply and sincerely feeling gratitude for any of them can quickly attract positive conditions in our lives. Here are a few other, less conventional forms of gratitude to consider offering as well:

-Gratitude to the society that we are born into; that provides so many things that people of the past accomplished or fought for.

-Gratitude to the Spirit for enriching us, enabling to see beyond the normal, and on many occasions saving us from the worst circumstances.

-Gratitude to the deep knowledge that others have revealed to us that we have used to make life far more special than we might have ever imagined.

-Gratitude to the wise ones -- living and of the past -- who have showed us the way.

-Gratitude to the difficulties we have had in life that often served to secretly open up many new opportunities.

To Be Titled

When you do all of the right things during a certain period of time, applying your best attitudes and deepest values, instead of falling back into old bad habits, life will unexpectedly reward you with a great opportunity that can take you to the stars

The Source of Ignorance and Separation

There is no fundamental separation between our core existence and the existence of others or anything else in creation. That is the basic reality of unified existence. Our individual spark of consciousness has choice or free will in how it perceives itself with respect to the world at large. When it is fully awake to its true nature, it sees that unity with everything else as its dominant reality and the diversity of experience is understood in the context of that wholeness. When individuality is not awake to its essential truth, then it sees itself as separate and isolated from the world around it. Seeing the world as "other," awareness identifies itself with the object of perception. This lack of self-awareness is the ignorance of its true self, and that misunderstanding gives rise to the perception of separation, not real separation. (Deepak Chopra)

To Be Titled

The Divine always responds when you do for others, not yourself, first.

To Be Titled

If we do a simple/small work with the same attitude of doing a big one, it becomes perfect, life responds, and we take a step toward fulfilling the Integral Yoga.

Reader: An Income Tax Opinion provided to a Co-operative society for a fee of Rs 1000 with due genuine consideration to benefit the members of the society, brought a life response of 300 such opinions and revenue flow of say Rs 6 lacs. The opinion got circulated throughout the state to 3000 such societies.

Response: Wonderful example.

To Be Titled

When evoked, Mother and her supramental Force tends to eliminate the source of any conflict.

Additional comment: Not only smooths things over, but resolves it at the root level, often through unexpected, unprecedented, and infinitely creative means. That's the nature of the Supramental Action.

To Be Titled

By allowing others to have their way short-term, you are more likely to have your way longer-term.

Additional comment: as life will tend to respond that way in your favor.

Reader: I think I HV understood this but can u give an example so that I can fix this in my mind in a better way

Response: It can happen in the most trivial circumstance or the most important.

-Say there is a conflict between two parties. Neither gives an inch. However, one makes a small concession, and as a result surprisingly the other party makes a much larger one a short while after.

-Or you are the boss and you restrain yourself from complaining about a staffer, and later in the day you discover he has made a great sale.

-Or two people are vying for a place on line, and I defer to the other person allowing him to go ahead of me. A short time later a new checkout station opens and I am invited first to be checked out.

-Etc.

The opportunity is there often in the course of your day. And Life responds wonderfully each time you take this small deferential or compliant approach.

Reader: Yes true! But the practical problem that I face is that when I do such a gesture I am considered weak by the people around and they think that the other party has won But I still believe in doing this

Response: How life responds is all that matters. If you get the results they will admire you.

Not asserting and deferring - especially when done consciously - is an indicator of great inner strength, as it has a vast power over life.

A true individual does not worry about what others think, instead taps his inner resources that enable him to make decisions that evoke powerful results. His orientation is inward that makes life outwardly move.

To Be Titled

A true devotee is constantly consecrating all major activities engaged in, and experiencing the startling results.

To Be Titled

Very often our first visual perception of a matter is a mis-perception. It is because the mind is not engaged in rational thought, deferring to sense mind of the visual and auditory streaming into our surface consciousness. It leads to many errors in judgement on a daily basis, which ironically we are almost completely oblivious to!

Fortunately, there is a solution: From a deeper center of awareness this problem is dramatically reduced, as rational thought overrides the impulse of sense domination and surface thought. Regular consecration, non-reaction, and taking the other person's point of view deepens our center of being, replacing our surface mis-perceptions of reality.

To Be Titled

Where Do You Stand Along these Attitudinal Scales of Being?

(remember: overcoming negative and taking to positive attitudes quickly attract good fortune, while maintaining negative ones attract ill-fortune.)

- Unwillingness to Willingness
- Arrogance to Humility
- Self-Importance to Respect for Others
- Impatience to Patience
- Suspicious to Accepting/Trusting
- Doubt to Faith
- Unreliable to Reliable
- Pessimistic to Optimism
- Defensive to Expansive
- Insecure to Self-Confident
- Closed Minded to Open-Minded
- Self-Satisfied to Aspiring
- Resentful to Goodwill
- Sarcasm to Sincerity

(from 'Life Response in Work' by Roy Posner)

Additional comment: (from this list)

Where are your strengths, and how can you build on them?

And where are your weaknesses, and how can you practically eliminate them?

To Be Titled

Mother's Life and married life do not ordinarily fit together. We also know that romance often decreases, if not ends with marriage. Yet for those already married, one can live Her life and follow Her ways as householder, and experience a happy, spiritual existence. One can even increase romance in marriage by rising up that scale. Other devotees may continue their marriage, but only as a formality. Others still will abandon it. The decision of which path to take wells up from our true self and soul within.

To Be Titled

Adventure of Romance can be a great spiritual path, as soul and soul can increasingly connect.

To Be Titled

The quality of our sleep depends on the plane of consciousness we descend into. Mother offers the method of being still and laying ourselves out like a dishrag, without thought, silently drifting off to sleep. When consecrated one descends into the plane of Satchitananda, and when one awakes we are completely refreshed.

Additional comment: Mother says in Agenda that one minute in Satchitananda in sleep can fully replenish one's energies for the next day.

Mother who worked for years to improve Her sleep got to the point where She needed less than an hour of sleep per night. She had accumulated vast energy by opening to Satchitananda at night and to the Supramental Force during her days enabling this to occur.

When an individual is willing to change, very good things happen. When members of two interrelated groups each change concurrently in their own unique way, then magnificent things descend on that collective from a variety of angles.

This is demonstrated in the recent, very inspiring French-Indian film 'The Hundred-Foot Journey.' There two sets of individuals overcome their prejudices and fears, interlink in the most harmonious ways, evoking startling positive outcomes for all parties.

To Be Titled

I continually dream the night before what I or the world experiences the very next day.

To Be Titled

Sri Aurobindo's great dictum is that "Contradictions are Complements." I.e. all whom we are in conflict with are secretly our complements who are helping us grow.

Therefore, discover the lesson life is trying to present to you through the contradiction you are having with the other party, and then change accordingly. In that way, you will come to perceive them as your teacher, even as a blessing in disguise.

No Title

The greater the negative, the greater the opportunity that follows

No Title

Tolerance expanding is a sign of the psychic being, the True Self moving to the fore.

Reader: Very true!! So if a person can tolerate others with all their faults and weaknesses and that too without showing his greatness or having anger within but pretending to be calm outside then I guess his psych is in dominating his personality

Response: Yes, the psychic being (evolving soul) opening is indicated by increasing affection for and harmony with others. Tolerating others despite their flaws is one step and indicator.

Seeing beyond their weakness in a state of undisturbed equality of being is a step higher still. Seeing one's own faults manifesting through others that needs to be changed in one's self is beyond that; a great yogic view. Pure oneness with others in a soul to soul relationship is the supramental ultimate Unity view. With each succeeding stage the psychic being, the true self and soul, has opened further.

No Title

Problems are opportunities in disguise.

No Title

The negative is just as useful in the evolution as the positive; maybe more so, as it speeds up human progress through our attempt to overcome it.

Comment: This has been Nature's slow and difficult way till now, and will serve us well until we rise in consciousness by which we are able to progress from positive to greater progress. For most of the world that time is not at hand; only to a limited degree for a small number that is gradually expanding. Connecting to Mother and Her supramental Force is a concentration of that new movement which we are all invited to partake it.

No Title

Nothing preoccupies the psyche of man more than the yearning for Love.

No Title

90% of people are centered predominantly in their Vital being - of emotions, feelings, social associations, life energies, etc. Perhaps 10% are centered in the Mind - of logical and rational thought, mental focus, idea creation etc. Only a handful on earth are centered in the Spirit - of soul feeling and connection, higher emotions of the heart, of vision and intuition, of transcendence, etc.

No Title

Above all, the one quality that stands out for each of us is our utter Selfishness. We do not see ourselves that way, thinking only others are like that, but the truth is we are preoccupied with ourselves above all other matters, including other people.

In fact, when individuals come to the Spirit, one of the first things they realize about themselves is their utter Selfishness, which is followed by their intense aspiration to change that condition.

Beyond Mind's Single Tract Thinking

The mind is exclusive, restricting itself to only one line of thinking on any matter, when there are many perspectives and truths about what is unfolding. In that way mind is like a peephole into the truth, when there is a hemisphere of multi-faceted knowledge related to any moment and occasion.

It is why intuition is so powerful, as it gives just the right lines of truth about the thing we engage from moment to moment, whereas ordinary mind misses most of it, lost in its single-tract blindness.

Constant consecration deepens the consciousness, increasingly revealing the ever-changing, multi-faceted hemisphere of light and truth available about any given moment in time.

No Title

The body often does not want to move, and so one needs to "kick it" like a mule.

Comment: I recall Mother mentioning something similar several times in Agenda, and from time to time, in my own experience; I am reminded of this fact!

No Title

The depth, sincerity, and degree of implementation of personal and business Values determine the level of energy, and sales and profit capacity of one's products and services.

No Title

Mother engaged in the most difficult of all forms of transformation - that of the body. For Her the mind was fully conscious, and so she could easily change a wanting thought to its opposite. The same for the vital: though filled with fears and wrong attitudes, she could easily make that change. (No ordinary human has this capacity.) But the physical BODY and its pain, illness, and mortality was the most difficult to change; and hence her central Mission in life: to bring about transformation of its cells, to make them responsive to the Force, eliminating all forms of pain and disease, transforming the current basis of physical functioning (replacement of physical organs and processes) with centers of consciousness, on the way to a divine-based, on demand, willed Immortality.

No Title

Often the best way to solve a problem or conflict is to forget about it; or consecrate it and then forget. The issue then tends to dissolve on its own, often through surprising circumstance.

No Title

Human beings are the world's next (and future) "killer app."

No Title

Whenever something substantial comes to you on its own, Cosmic Intention is bound to be at work. The question then is will you then embrace it, fulfilling Its Intent?

No Title

Mind is somewhat responsive to an emerging possibility, so long as it understands, which is often not the case. The vital/emotional being only gives its sanction if it feels in the mood, which is unpredictable. The body does not want to change or move at all, and is unresponsive. Only the Spirit is fully responsive and in identity with that emerging possibility, and spontaneously puts out its all to make it happen.

No Title

When you communicate your dislike of something, you tend to attract more of it.

Comment: Eg, a man communicated his dislike of a particular film character to a friend. She then surprised him by informing him that she had ordered a film with that very same character!

RK: From the theme of opposites attracts – contradictions are complimentary, we can also say

Disliking is actually stronger liking – because its quotients are recognized by comparisons , giving energy for both.

Appa Says, resentment is even more dangerous – as it is well organized dislike, which is sure to attract the same.

Response: Thank you Ramesh for your comments.

Proof that disliking is stronger liking is that -- at least for a mental person -- when discovering the truth that the person is very kind they will reverse and suddenly very much like them, even deeply admire and perhaps love them! Eliza had just that experience for Darcy at Pemberley.

Your point on resentment is very powerful, for it goes deeper into the vital than disliking. Even a clear mental understanding of the truth may not rectify and reverse their attitude. Resentment is almost physical, unforgiving, and often takes a shock to shake them out of their intensity.

Or if they are lucky they attract something positive from life that is so wonderful that it takes them away from their resentment. It can only come when that person has changed some other negative aspect that has equal power to resentment. It can also come through intense negative situation drawn. I say this para in theory only, as I have no examples I can think of that verify.

No Title

Moving to Silence from thought in waking invites the Force to act. (Sri Karmayogi)

Comment: This is currently a key in my life.

No Title

Just by making the extra mental effort to understand the source of a problem can cause it to suddenly disappear.

Comment: This dynamic can occur for the most mundane acts all the way up to the greatest problems in one's life.

Eg a man was trying to fill a dispenser with more sugar. However, he could not get the cover to come off. He tried and tried with ever-increasing force, but to no avail. He then took the dispenser and looked at it in the light near a window. He noticed that it might have been closed the wrong way. He saw that the cover was attached in an uneven fashion. He thought he might now have to make a mighty effort to open it. But then when he gave it a very mild twist, it suddenly came open! He was baffled as he hardly exerted any force, even though he did not unscrew it any differently than before.

His mental effort to further understand the cause put him in alignment with the easiest angle to open the jar. This dynamic is true at any level of life, from the tiniest act to the greatest difficulty in one's life.

No Title

When you make the decision not to think, replacing it with mental silence, life responds through others who you quickly discover have done considerable thinking or thought-related work on your behalf.

No Title

Every Soul comes to experience something particular in Life. Meanwhile, the Divine is guiding our lives so that ultimately we find the path for the Soul's quest. In fact, most of the time we hardly notice the subtle hints, the guidance etc., since we are preoccupied with surface life happenings.

And yet sometimes, during intense periods, Life hits us with problems, failures, and disappointments, including adversarial situations. From a deeper perspective, it is the best thing for our Soul's growth; especially when we take those challenging experienced in a positive spirit, rather than dwell on the problems and failures. Indeed, the failures and adversarial conditions perceived on the surface are understood as pure Grace in the Truth Consciousness - i.e. Supermind. (paraphrase of S)

No Title

People with whom you have spent considerable time explaining higher principles will gladly learn them, even practice several, but then several months later will go back to their old ways, the same limited tired beliefs, even broadcasting them gleefully as if nothing had transpired in between.

Comment: It is the reassertion of the Physical consciousness that does not want to change. Sometimes it is merely part of a cycle, and they will resume the higher movement they earlier learned. But for many they are locked down in the old ways, rhythms, world views, shedding the essence of most of the profound wisdom they have required. It is a subconscious process.

No Title

Opinion disseminated wastes the energy and thereby destroys an intended goal. Opinion withheld (and even forgotten) attracts and manifests the intention, and then some.

No Title

Obnoxiousness wastes one's energies, attracting forgetfulness and other negative consequences.

No Title

Atheists often believe in the power of Love, which is a spiritual quality; a vibration of the Divine.

No Title

Merely asking the Divine (or Mother) for boons is not really spiritual life, but more like ego extended to the Infinite. Faith in, guidance from, and surrendering to the Intent of the Divine (or Mother) is the truer life of the Spirit.

No Title

Sweetness of expression is a sign that Mother has entered the vital center of our being.

RK: Sweetness is because of - Beauty, Love and Joy - the three expressions of Ananda that is spiritual.

Sweetness is the result of - Truth expressing through love.

Sweetness is - noble expression of character of spiritual individual - on not being disturbed inwardly by any outer circumstances.

No Title

In the modern world, poverty and religion tend to go together; as do wealth and empowerment. The latter leads to individuality and, in a number of cases, to spiritual pursuit and realization.

When there is disagreement and conflict between nations at the political level, focus on the next highest level - the Economic - which will tend to foster agreement at the lower.

Comment: Likewise when there is economic conflict, go one level higher to the cultural; and when there is cultural conflict go higher to the Social; and from social to spiritual.

The ascending scale is:

Political > Economic > Cultural > Social > Spiritual

Eg there is periodically acute political division between India and Pakistan, yet economic development and cooperation between the two over time can soften the political divisions. Similarly there are on occasion economic frictions between US and China, which can be smoothed over by deepening cultural ties.

In the Middle East and Arab world acute religious differences that create conflict can be smoothed out by more economic success. When people have gainful, employment, and have money to spend and going to malls, they are less likely to take to fanatical views and take to violent, war-like behaviors. It is a movement from religious-political to the economic. By developing and taking to new strategies of economic development this process can be enhanced.

No Title

We take everything for granted. Where is the Gratitude?

No Title

When terrible things happen in a conscious society, it is ordinarily followed by great improvements.

No Title

Inner strength that leads to practical action for the sake of the people and the land garners the cooperation of Life, including Mother Nature.

Recognition from the Universe

Over the years I have had some fascinating experiences in evoking powerful life response for the collective. Eg one involved altering the course of the weather in the state of California when it was in dire need of a change because of grave fire danger. My effort proved a success when the next day the weather inexplicably changed, saving the state from an accelerating catastrophe.

Recently I've had some interesting similar experiences in trying to overcome the severe drought currently being experienced in California by evoking rains when there were none in sight.

But now I'd like to tell you about an extraordinary experience that happened recently. A few days ago I visited a local McDonald's restaurant in Long Beach, California where I live and noticed when I walked through the front entrance that they were pulling out plants in what seemed like an attempt to re-landscape the area around the building.

This is at a time when I was taking deep interest in the severe drought that had overtaken the state. I have been thinking deeply about this issue, had some recent success in evoking rain as in the past, and just a few days later was happy when it was announced by the governor that there would be huge cutbacks in water use and wastage around the state in an attempt at conservation.

The day after the announcement and my visit to McDonald's I watched the national TV news about the governor's plan to radically reduce water outflows in the state. At one point in the video the announcer showed a McDonald's that was altering their landscaping from grass to succulents and such in order to save water. A few seconds later the announcer said "here is an example of what McDonald's is doing in Long Beach, California in trying to adapt to the governor's new order mandate."

When I looked closer at the video I noticed that that they were showing the very same McDonald's that I had had been in and walked across a few hours earlier! In fact, they were showing the very same workers altering the shrubbery that I saw only a few hours earlier!

To appreciate the enormity of this cosmic response, one needs to know that this was a live national news broadcast and that there are also nearly 10,000 McDonald's in the world of which 7000 are in the USA, and yet they managed to show the very one that I had just frequented!

It shows when you make an effort to help the collective - in this case taking deep interest in and trying to evoke rain during severe drought conditions - the collective responds and recognizes your inner contribution in the most astonishing way! You and your locale are broadcast to the world!

No Title

A growth in consciousness that overcame a limitation -- of attitude habit, et al -- in the past may now be a bar to one's further growth. Eg a man learned not to be dependent and instead stand on his own, taking responsibility and determining his own life. However, then he became a person of the spirit and realized that self-initiative can be a bar as it often leads to failure; whereas following Life and the Divine initiative of the Mother behind it has a greater power of

affectivity, and ordinarily leads to success. Now his attitudes and values need to be focused in the direction of this new understanding. In that way, it is a never-ending journey of progress through ever-higher attitudes, values, and beliefs.

(thanks to RK for inspiring this)

No Title

Backwards journalists, broadcasters, and such serve Nature's ends, as they say foolish, ignorant things that energizes the population to think and feel in the opposite direction.

No Title

There are so many truths and methods of higher consciousness and the spirit described by Sri Aurobindo, Karmayogi, Mother, and many others. How then does one access them on demand and thereby determine which one to use in a given situation?

Most of us will simply let the points pass after learning and being inspired by the idea, which means forgetting it very quickly, while hoping we retain something of their content when needed.

But a more reliable approach is to organize the knowledge in a way that fits our temperament so that the ideas, principles, and powerful methods are easily available as situations dictate. Otherwise individuals new to a consciousness approach to living their lives will simply lose out.

What then are the best ways to organize the spiritual principles that come into our field of awareness so that we have easy access to their inner power?

Reader: I do the following.

- reflect on them
- remember them
- practice them every day whenever the opportunity arises
- look up Roy Posner's profile updates
- check out romance eternal

Response: Very good. By practicing them every day you can keep those particular thought alive in your consciousness. (Eventually it can settle in the deeper in your being, making them more spontaneously available as needed over time.)

RK: Though only individual can design the plan to evolve in consciousness based on their level of aspiration – It can be of some of basic – “Must” – steps.

- Try doing any act (Token Act) fully with the divine principles you know.
- When it is success (based on your parameters) don't think that Mother has done this – as this may lead to devotion – particularly for Indians will lead to methods, rituals of different forms.
- Instead think Mother is Supramental force helping all that we do to evolve in consciousness.
- Try to understand the process of its working or the force taking anything as its instrument or channel – to convey that to you.
- Every moment, every happening, every person we come into contact , every thought that arises, every feeling, desires and wanting, every movement of the body however trifling should be is used for this work, to see the corresponding planes and points, connection between the events, our acts, attitudes and motives.
- Accurate perception of the events on what higher knowledge is trying to give.
- Divine Clarity on that as “Whole knowledge”- not seeing in parts or not leaving any parts.
- It is a gathering up by concentration of the movements dispersed and loosely combined in the involution.
- Getting the psychological perfection, based on all above in personality.

No Title

These stages of efforts are ways of self-awareness that we are the divine and we are capable of divine perfection and therefore of right completion in the individual.

Response: I believe two keys are Aspiration and Sincerity - both in their spiritual sense. When they are both there in good measure for the devotee, all necessary knowledge will be there as needed, which will build itself spontaneously in the right form.

No Title

A mental person will find a proper means of organizing the wisdom. Perhaps he'll build up a written or mental framework. A more vital person will consider his more intense experiences, and revisit them in his emotions when necessary.

However, without aspiring for higher consciousness and making the sincere effort to attain it, retaining the wisdom may become a moot point.

(re: RK's comment) It is a great approach for gathering, retaining, and reutilizing the higher Knowledge through keen observation at every point. It is an extreme, spiritual version of the Western dictum "Know Thyself." Here is to know thyself in every conceivable way, gather that knowledge, and use it, repeating its use again and again! Transformation and never-ending Joy (i.e. constant living of Mother's Life) would be the result.

BTW: You (via Appa) are the first I know of to mention the idea that Indian devotees tend to turn things into devotion, which though very sweet (say compared with Westerners) can be a bit limiting, as they sidestep the multi-faceted processes involved; even the nature of the (Supramental) Force, always returning in a devotional fashion to "Mother did this, Mother did that, etc."

Perhaps we can say that devotion alone can block out the truths known through the Mind. After all Sri Krishna speaks of the four yogas as one; knowledge, devotion (heart), works, and action. Sri Aurobindo has merged these and also added supramental and psychic and evolution. It's an infinity of consciousness that can be experienced from the physical to the vital to the mental and up, and from the surface to the depths. Traditional spiritual devotion alone is not enough in Bhagavan's worldview. It can even border on a kind of childishness.

No Title

In a house where tension is a permanent feature, we find that during the visit of an uncle or aunt for a week the tension disappears. The whole household becomes cheerful during the uncle's visit. Members of the family find it difficult to be quarrelsome in his presence and wish he stays for a longer while. He exudes the vibration of joy or cheerfulness or harmony. When a person is inwardly harmonious, he emanates vibrations of harmony. While he is around, others who are habitually quarrelsome cease to be so. The vibration of disharmony recedes and harmony appears on the surface. (Karmayogi)

"Tech" Incident

Today upon waking I thought of the fact that my father went to a technical high school in the 1940s. In fact, it was called "Brooklyn Tech," a startling name to me considering it is from the 1940s and how the term "tech" is so widely used today. I had not thought of this fact ever in my life.

I then started thinking about the importance of technical schools, especially in higher education. When I then got out of bed, started up my computer, and opened the New York Times online, there was at the top of the first and main page a huge picture of students entering their school with the following caption:

"Dante de Blasio towered over his schoolmates on the first day of his senior year at Brooklyn Technical High School, in Fort Greene." (The article then goes on to explain the importance of higher technical education.)

The coincidence of "Brooklyn Tech" suddenly showing up on the cover of the NY Times was astonishing. And yet at the same time I was reminded for perhaps the thousandth time that when you think of something - a matter, concept, person, organization, etc. - with great interest and enthusiasm, the universe sends you more of it very quickly.

Even on the cover of the New York Times!

No Title

Nature and society compel us to marry, procreate, raise children, engage in family life, have property, and so forth. Spirit makes no such demands.

No Title

To put it in simple terms, we can see two sides to the Path forward; one negative, one positive. On the negative side it is becoming aware of and changing our wanting attitudes, habits, and beliefs. This purifies our being and makes us fully receptive to the Spirit. On the positive side it is opening to The Mother's supramental power, which transforms our lives in every conceivable way.

No Title

In a surrounding positive atmosphere our own negativity tends to be absorbed, even transformed.

Comment: Eg in Pride and Prejudice despite Mrs. Bennet's petulant, boorish behavior, she gets everything she wants (marriage of her daughters) because the atmosphere is relatively harmonic between the upper and middle class. There also Darcy is given the opportunity to be transformed into a new man because of the love of Eliza. The positive atmosphere makes this and other such things possible. Even a silly fool like Collins and a dangerous, duplicitous individual like Wickham are rendered harmless.

No Title

Americans tend to seek individual fulfillment at the expense of the group, whereas Indians are often happy to be lost in the group at the expense of individual freedom.

No Title

Smartphones, tablets, and the like are small portals to the everything and the everywhere.

No Title

How do you conjure up work, or anything for that matter? You have to be seriously be interested in it, and really want it, which will give you inner power to attract it.

Reader: Sir can you please explain the word Conjuring/conjure. The related movies here under the ' Title' are like 'sundae cream' to Kids! THANK you.

Response: Conjure has various meanings. In can mean to bring about, to summon up, to call up, invoke; or to charm or mesmerize; or in magic or the occult to bring about from seemingly out of nowhere. In my quote above I actually probably mean all of these simultaneously (!); particularly how to evoke a development on the outside -- here the sudden rising of work -- simply from within one's self and consciousness. I.e. evoke a response from life.

Background To Writing My Book On 'The Life Divine' (And A Wonderful Response)

Though I had read the book several times before, in 1999 Garry Jacobs held a small weekend seminar I attended at his home in Napa, California on the subject of 'The Life Divine' by Sri Aurobindo. I began then and there to understand the contents of the great spiritual tome in new, unimagined ways. And so around seven years ago I plunged into the book in earnest, carefully gathering the most salient point of each chapter.

A few years after that I embarked on writing my own chapter-by-chapter analysis of Life Divine, working on it in my spare time, mostly during the Christmas and New Year's season when there was some quiet time.

Along the way I read Garry's wonderful book 'Lectures on Life Divine,' which was a more advanced version of the fine presentations he gave in the late 90s. Then in the years that

followed I regularly reviewed Karmayogi's online notes on Life Divine and Pride and Prejudice, and occasionally dropped in on Garry's nightly online discussions of that content with a small group of devotees. In recent years I listened to Garry's monthly lectures on each chapter that he continues to present till this day, and regularly perused Karmayogi's accompanying vast, detailed notes. I also went through and gathered important statements related to Life Divine from Garry's great novel The Book for more clues into Sri Aurobindo's vast, cosmic work.

And so after all these years I finally finished a first solid draft of the book 'An Analysis of Sri Aurobindo's The Life Divine.' It happened yesterday.

My book is now approaching 500 pages, though I know it could easily be double that if I were to delve into many of the other principles Appa has revealed from His book, or even if I were to flesh out the ones I have already addressed. It is an on-going project and work that I hope to enhance over time.

Secretly, the book was actually written for myself, so I could understand the concepts more clearly, and hopefully at some point apply them in my life. If others read the book, so much the better, but I didn't have any great expectations in that regard.

It turns out that I also had a wonderful little life response related to this subject. Yesterday, on the very day I felt the first draft was complete, I received a call from a friend who I had not spoken to in a while, but who surprised me at the outset of the conversation with his remark that he has been utterly thrilled by his first reading of The Life Divine. Rather than talk about his family, his new business, etc. he was just bursting with enthusiasm about his experiences reading the book.

It was naturally a startling response for me having just finished my first full draft after all those years just a few hours earlier. It was doubly remarkable because this individual hadn't shown any inclination to read any of Mother's or Bhagavan's works. And yet on that same day of completing the book, someone called to narrate their thrilling first encounter with Sri Aurobindo's master work. It was gratifying to say the least.

The Old House

Here is a life response experience a devotee recently referred to me.

"I would like to share my life response experience. My father in law who is in India wished us to receive from him a property for investment purposes. But my husband and I didn't like that previously-built, old house. For one, we realized that the home's worth was not going to be much of an investment. And yet we were both being pressured to buy it.

Though the house didn't seem like much of an investment, my father is in his 80s, and so I told my husband that money is not everything in the world. If buying the house would make him happier in his old age, then that was fine for us. At least we would get the chance to make him happy. That was my exact statement.

We thought of calling them to India the next morning. But after 30 minutes we received a call from India and the message was that they had dropped the plan. They decided to go with our own wishes, and therefore told us not to bother ourselves any more about it anymore. As you can imagine I was shocked by this development.

Though response is always playing a very big role in life, this was the very first time I noticed a life response; mainly because of your writings and postings. At the time my husband hesitated to take the house, I made that decision whole heartedly without having a trace of frustration. And life responded for us!

It was truly amazing. I couldn't believe how the results turned out to be favorable for us. Thanks much for your guidance."

My Comment: The response was due to your act of Goodness, taken on the elder man's behalf, which built inner positive energies that attracted these fortunate conditions back to you. Also because you took other person's point of view, instead of holding onto your own despite the validity of your argument (valuelessness of the old house), you attracted that which you wanted in the first place (not having to take the house).

Challenges and Opportunities

The theme is challenges and opportunities. Stated differently, when we miss an opportunity it expresses as a challenge. Or when opportunities come for us to rise in consciousness and we remain where we are, the opportunity appears as a challenge.

When we blindly persist in the past or insist on our incapacity to progress, opportunities for progress appear as challenging problems. The solution is to accept the pressure of the problem as a lever or momentum to change. (Garry Jacobs)

Levels of Harmony We Can Attain

Sri Aurobindo says in his book "The Life Divine", without any qualification, all problems of life are problems of harmony. We understand harmony to be smooth relations within our family or at our work place. But the disharmonies of life go deeper than that.

--There are disharmonies between what we know we should do and what we want to do. Our mind wants one thing, but our vital wants another. The disharmony is within ourselves.

--There are disharmonies also between our mind and spirit. Our ego wants one thing and our soul may want us to go in another direction.

--There is disharmony between the desires of our ego and the egos of those around us with whom we constantly compete to prove who is more important, more knowledgeable, more skilled, or more cultured.

Our lives are filled with disharmonies. If we want to overcome the oppositions coming to us from outside, to bring things into harmony, we must become HUMBLE and PLEASANT in all circumstances.

This can be done if you attune your mind to be in harmony with the higher consciousness. (from Lectures on Sri Aurobindo's The Life Divine by Garry Jacobs)

Strategies to Evoke Positive Life Response through Our Attitudes

Here are several attitude-related strategies to help you evoke sudden good fortune in your life:

--Examine one or more lists of personal attitudes, focus on several you are weakest in, and make the commitment to improve on them.

--At any given moment become aware of your thoughts and feelings, determine if anything is negative, and reverse it.

--Take any negative condition that has occurred, is occurring, and relate it back to one or more corresponding negative attitudes you have, and then reverse it.

--See the difficulties you are having in life as opportunities to grow. Try to understand what higher attitude life is wanting you to adopt, whether related to others, work, or yourself/life.

--At any moment when a decision needs to be made, take the path that is of a higher consciousness, rather than a lower one.

--Try to feel as positive as you can in any given situation. Make the effort to feel optimistic and cheerful.

--Ask the Universe to help you identify and rid you of any particular negative attitudes.

--If life conditions are positive to you, think about what inner attitudes made that possible. Now go to the well and feel that positive quality again and again.

--Examine the higher attitudes that others have that you do not and try to emulate them in your daily life.

--Each time a positive life response occurs due to a change in or higher attitude, write it down, and review it often to remind yourself how to feel in future.

--Identify and feel genuine contrition for past wrong attitudes that have led you to your current difficulties.

No Title

A spontaneous thought that rises in my mind from within on awakening almost always leads to abundant success when acted upon.

No Title

In Mother's Life everything you think about with intensity will quickly come back to you in new forms, even though you have communicated with nothing and no one about it.

No Title

Once you have devised a System and put it in place, your ability to function in the world becomes so much easier. It is a power of Mind that establishes this orderly foundation so life can Thrive. Supermind is an even greater Spiritual System that created the universe AND can instantaneously organize the details of life each time we open to Its Force.

No Title

A first suggested step to take when there is a problem is to be as still, silent, and calm inside as possible. If you are also able to maintain cheerfulness and optimism, it will be a great added support that will enable the problem to soon self-correct.

No Title

People are inspired by a profound idea, only to quickly forget; and yet are dazed when they actually experience it.

Comment: It shows that most people are not fundamentally mental, but vital (emotional, experiential). On the other hand, mento-spiritual individuals are dazzled by the idea in the first place and keep it in their active consciousness and memory. Thus they grow much faster as individuals.

No Title

We live in our small, individual worlds, but when we come to the Mother, we move to the wider Universal plane, and can even have a power and influence over it.

No Title

Do not be deceived by the apparent objective "facts." Instead make the conscious effort to discover the deeper Truths behind.

No Title

One true measure of the level of your consciousness is not just your ability to remain stably happy in the course of your day, but your capacity to not go off the rails when something goes wrong.

Reader: Excellent message sir, the energy require for identify the wrong and stop us not to go in that wrong way is more than feeling happy for the right

Response: Yes, very true.

It also has to do where your center of consciousness lies: on the surface where it is easy to be reactive, or deeper down where you are more likely to be "silent witness."

No Title

When you claim a theory, be prepared to be quickly challenged by life to prove it.

Comment: Eg today I wrote the idea about not going off the rails when something goes wrong, and then something went very wrong a short while later, but I did not react to what that person told me, kept my composure, and so had a positive response when the same person just moments after gave me unexpected news that was quite encouraging. ☺

RK: This can be seen as conviction of vital is more powerful. We guarantee a theory, when we are satisfied in all known angles to us, particularly if the conviction is based on higher

values or higher ethics, with no known admixture of falsehood at any level before coming to that theoretical conclusion.

In those cases, Appa says, life will take initiative to show the holistic truth. He asks us to see this in property matters and job matters. Whatever we feel right or wrong, justice or injustice - life will bring the circumstances so that - The truth in them will stir in favour of the truthful man or in which side the truth is.

Response: In other words, assertion of an idea is an occasion for Life to act and present us with gaps in our knowledge and consciousness.

No Title

When a person has gaps in his understanding, it shows up as corresponding untoward events in his experiences.

No Title

We are mostly ignorant of what is really happening in our lives; of what is truly trying to be established in our being over time. Ordinarily we only come to understand it in hindsight; but even that is not guaranteed. However, if we consciously contemplate the arc of our existence, we can come to realize its truth now, which will help us see much more clearly as we take each step into the future.

No Title

Every time you experience a negative thought or feeling, quickly push it away to avoid further life complications.

Concentration, Consecration Symphony

In one sense spiritual concentration and spiritual consecration are movements in opposite directions.

Imagine a funnel. At the wide end is our normal consciousness. Through an all-inclusive concentration we can shift from the wider end of our limited surface consciousness to the narrow, deeper one which is our inner being, culminating in the psychic entity.

Consecration on the other hand is like starting from the narrow end of a funnel where our limited consciousness lies and opening to the wider end which is the vastness of Mother, the Supramental power.

And yet constant consecration can eliminate the need to concentrate on the inner being. Through constant consecration, we not only evoke the best life conditions, but we deepen our center of awareness. It thus works to concentrate us. Now from that deeper center we are more focused in the inner spirit which creates an inner aspiration to consecrate more deeply and more often, even creating the possibility of surrendering our entire life and being to Her.

A circular rhythm is thus established of consecration, concentration, consecration. A cosmic symphony plays itself out among our True Self/Psychic Being, the Divine Mother, and Life. Non-stop, ecstatic Joy and Delight is the result.

Nature's Way & Beyond

We see how Nature works on many fronts simultaneously in relation to common circumstance. It is its profound, but difficult method of progress.

Eg a big conference is scheduled and one of the participants is struggling to get there as it is very far away and his visa has not yet arrived. He did not know what was required as it was his first visit there. Another party responsible for receiving this man and others was not aware of the man's lack of knowledge about the travel needs. A third party was supposed to interact with the man at the conference itself, but had assumed all his travel arrangements were fine, and did not check with him till the last moment.

In the end, each of these (and other) parties were amiss in their understanding and knowledge, revealing a gap; each gap being different for each individual; reflecting very different parts of their character. Thus through this single event, three people have been compelled to change in three different ways. It is Nature's way of progress through multiple fronts simultaneously, which is profound, but slow and difficult.

The way of Soul/Spirit (Purusha) which can come through Mother and all other means of higher consciousness can substitute for Nature's Way (Prakriti) as we rise in our personal growth and sadhana. In this way all problems are avoided in the first place. However, the fullness of this divine-like approach lies in the future when our consciousnesses are far more evolved.

To Be Titled

For a devotee to see every collapse, failure, illness, impoverishment, etc. in his life as Grace - to the point of expressing Gratitude for each difficulty - will take him to a level of success he has never attained before

Ways of Releasing 4 Powers in Work

Karmayogi asks us to minimally concentrate on values of the Spirit every moment in work so that every action of ours submits itself to the divine Power of Truth.

- At the PHYSICAL level the concentration should be on - orderliness, cleanness, productivity, maximum utilization of all available resources etc bringing out the required power at the physical level.

- Concentration on VITAL/EMOTIONAL level should be on - temperament and a wide variety of attitudes required for that work. Communication, coordination, team work, planning, systematic functioning, perseverance etc. bringing out the vital power needed for that work.

- Concentration on MENTAL level is having clarity in the work, its requirements; plus accuracy, attention to details, perfection, self-reliance, skills, capacity, knowledge etc. releasing the mental power.

- Concentration on SPIRITUAL level is - Harmony, truthfulness, trustworthiness, integrity, faith in divine, gratitude to all concerned etc. releasing the spiritual power.

(Ramesh Kumar)

No Title

Every idea you focus on is simultaneously being echoed, expressed by someone or something else around you, though we are normally completely unaware of it. However, if we observe and listen with subtle eyes and ears, we will be astonished how life is constantly, instantaneously reverberating back to us every idea we focus our minds on. It's an absolute miracle of life playing out every minute of the day.

Comment: I have seen this phenomenon many hundreds if not thousands of times over the years, -- at least several times a day -- and each time it startles and amazes. Most people have perceived it at least on occasion, but generally pay it no heed. Devotees perceive it at least fairly frequently and are generally conscious of it when it happens. For others till it is in fact a very part of their modus operandi, their way of life.

Some call this phenomenon "synchronicity" or "parallelism." Some, an aspect of life response. I have described a number of instances of it at this Facebook site over the years.

No Title

By yelling at your children, or for that matter anyone, you may win the battle, but you will likely lose the war.

(By "war" I mean a loving, trusting, harmonic relationship that endures.)

Matching People to Great Jobs in the World

There is an imbalance of economic prosperity in the world. What would help is gainful employment in areas that is satisfying to each and every person on earth. There are jobs available, with new types emerging every day, yet there is a disconnect with them because of the lack of skills of workers to meet the requirements of these jobs. Skills of course depend on knowledge which comes from education that provides it.

LinkedIn as a social network for the professional is trying to link all of these factors together in a system to enable right jobs to be in the hands of the right people who have the necessary skills and knowledge through cost-effective education to fulfill them. This would enable abundance to spread around the world. LinkedIn's 'Economic Graph Challenge' seeks to coordinate this for all of us.

Interestingly about seven years ago out of my involvement with the World Academy of Art and Science I was interested in creating a massive database-like system to do this very thing of coordinating companies with jobs with people with skills with education outlets; and now I see a great business organization moving ahead with a very ambitious plan to make this real. It is very satisfying to learn of this development.

No Title

We contemplate what the future will bring by what is now before us, and then project that forward. However, the future invariably will be something unexpected, unintended

Comment: Recall that Sri Aurobindo said "nor let worldly prudence whisper too closely in thy ear; for it is the hour of the unexpected, the incalculable, the immeasurable."

Power of the Subjective

Unless you consider the subjective aspect of things beyond the objective, you can never understand the integral Truth of any matter.

Eg when the Great Depression took place in the US in the 1930s, President Roosevelt did not focus merely on the statistics of failure, but also on people's Fears. He asked them to overcome that fear and deposit their money back into their banks; a focus on the subjective state of the people. He said memorably "The only thing to fear is fear itself." It worked wonders and the country was saved from further decline.

Thus in each situation, consider not just the hardcore, material objective facts but the subjective qualities as well; i.e. the feelings, attitudes, perceptions, temperament, motives, values, subtle/spiritual aspects, etc. of that which is under consideration. That knowledge will help work wonders in terms of fostering energy, aspiration, success, harmony, and delight.

No Title

We often ask Mother for help when there is a big problem, but less so when there is a great Opportunity. We should not forget Her Supramental power to elevate the opportunities that come our way into enormous multi-faceted successes.

No Title

We often feel gratitude for what others have done for us outwardly, but little for what they have given to us inwardly.

No Title

Americans are unprecedentedly dynamic on the surface; mostly unconscious in the depths. Indians are often sleepy on the surface, yet there is light in their deeper parts.

No Title

When you embrace difficulty and responsibility in the right spirit, life quickly responds, causing a heavy workload or other burdens to unexpectedly ease.

No Title

Faith attracts positively, turning worry and tension into stillness and ease.

No Title

What we call rational thought is not so, as just below the veneer of rationality lurk our prejudices that taint the logic process.

Comment: True rationality therefore lies beyond our own predilections. It is logical, truth-filled thought unencumbered by our prejudices.

No Title

When you consciously avoid a resource-wasting activity, that thing desired quickly returns to you in a new form.

No Title

The unconventional becomes the exceptional when given a chance to express itself.

Comment: corollary: The unconventional individual when accepted by others at face value releases his exceptional capacities, greatly benefitting them and the world.

No Title

A single gesture of heartfelt goodness can attract the revelation of a solution to that which seemed unsolvable.

Comment: A man was in an awkward social situation given his withdrawn demeanor. However, a good friend recognizing the circumstance made an effort to assuage conditions. They had both been part of an important security team. It turns out that less than a minute after the heartfelt gesture towards his awkward, but genius friend, they were informed of a method that instantly solved a problem that had eluded them for two years. As a result, a great benefit came to them and to the entire world.

Reader: To get good friends is a Big Grace in our life. True friends never let us down, whatever difficult our situations may be.

Response: Yes it is a blessing to have such good friends. Even better is to be a true friend to another, helping them, never letting them down, evoking positive response and benefit all around.

No Title

Each time you needlessly assert your thoughts, opinions, feelings, etc., catch it and hold it back from further expression. Life will then move to smooth flow and greater cooperation.

No Title

When life response incidents come to you in gusts of multiple events, then you know you are well on the Path of the Mother.

No Title

Often when we get angry or are irritated about something, we are actually already bothered by another matter that creates the negative energy just waiting for the new situation to arise in which we get upset.

No Title

If you withdraw agitation about something you would have liked revealed to the public but has not been, you will soon discover that everything you hoped for will have been communicated to that collective on its own. It is the life response power of letting go of a bother.

No Title

Withdrawing all negative emotion from a problem moves it towards its resolution. Increasing that emotion attracts the intensification of it.

No Title

It would be wonderful if there were serious training on how to read the signs of life and the knowledge of how to proceed; how to perceive the outer conditions of life as reflective of our consciousness within and how to make the necessary change; to know the many principles by which Life is guided and unfolds, enabling vast accomplishment and success; etc. It would truly be a New Education that can move society rapidly forward toward a new evolutionary stage.

No Title

Women are oppressed by social pressure to get married, which they subconsciously embrace with little question.

No Title

Romance is the yearning for and discovering of deep connection between two. It is never truly fulfilled as there is always a higher level to be attained. And yet that does not deter us from trying. Romance is thus an unpredictable, unstable journey; an Adventure of the Heart connecting soul to soul.

Marriage is a social convention, not something intrinsic to life. Romance is more fundamental, inherently real, expressing ever-deepening values that can touch on the spiritual.

No Title

You can consecrate the mistakes of your past that are influencing your present so you can have a glorious future.

From Conflict to Higher Harmony in Relationships

Partners often demonstrate mirror image conflictive pairs in their relationship that Nature seeks to harmonize through their higher consciousness.

Eg a man gets irritated when his spouse does not pay attention when he expresses a thought or shares some content. Meanwhile she complains that he talks too much or too loud, interrupting her activity. It is two side of the same coin, and the clear means by which each person can evolve. He has to learn mental and verbal silence, and she must learn to be more responsive.

This can in turn lead to further progress: eg he can also appreciate her thoughts and feelings instead of focusing on his own, while she can learn to be less insecure. And so forth.

Through the conflictive elements between them, Nature offers them an opportunity to develop in consciousness on many fronts simultaneously.

Reader: Mother's Grace Thank you Sir. What a coincidence! Yesterday we were discussing about this in our monthly meeting.

RK: Interestingly I mailed the same question to Appa today. When the disharmony is because of ethics and principles vs. social norms and popular methods (particularly with business partners) how long you can compromise by saying were same, other man point of view, inner outer correspondence etc., with more and more of false hood coming in. Where is the line for perseverance and assertion? I am bit confused.

Response: One approach is you can do a test and observe. Eg for taking the other's point of view. If it is genuine inside on your part, at least devoid of any emotional block, and that approach attracts the other person suddenly agreeing with you on that point or some other positive development, then you can take a further step forward. (Not unlike the children's

game "May I?") Then we go further. If things get much worse as a result of the effort, then we can withdraw from the game.

Perhaps an original dividing line is ill-will. If that is there on the other person's part, then we don't even play the game. Even there we can discover if the ill-will is a result of our abusing him in the past, and can take appropriate action. If the ill-will is too hardened, then we can withdraw all effort.

For the game to produce the knowledge of what we should do (or not do) next, we need to be very steady, calm, no emotional stirrings inside, without any ill-will on our part. It's kind of like a token project, but in reverse; i.e. to discover any negative elements.

One other point is that we know that partnerships in business can be problematic. Perhaps Appa has guidelines in this area.

No Title

Traditionally women seek physical security in men, while men seek psychological dependence in women.

Comment: It is one reason why when their husbands die in old age before them, women feel a degree of liberation.

No Title

If there is great pressure from life to do a certain thing, and you unhesitatingly take it up, it is likely to unfold a lot quicker than you imagined.

Comment: (Life responds quickly and positively to pent up energy directed toward us that we fully embrace.)

No Title

There is a Higher Intention flowing through our lives that we ordinarily do not perceive.

No Title

Minor offenses by life and others that sting and trouble us are the Mother's caressing embrace, as they offer us an opportunity to see our faults so we can overcome them and grow. When we offer a smiling welcome to such destabilizing touches, wisdom dawns on us, indicating the presence of the Divine's embrace. (paraphrase of Sri Karmayogi)

No Title

By engaging in any of your routines in a fresh, new way, you can attract fresh, new circumstance and opportunities into your life.

What We Can Consecrate to Mother

Among the aspects of our lives we can offer to Mother (i.e. consecrate) on a daily basis and receive powerful response are-

- the major activities we engage in
- important events, occasions in our lives
- problems we are having with work, relationships, money, etc.
- opportunities that have come to us
- negative qualities in our being we recognize and want to rid
- false attitudes, behaviors, beliefs of the past affecting us in the present
- minor daily activities and routines
- entire projects we are working on
- unsolvable issues

-crossroad decisions; making a decision

-others?

Reader: life itself.

Our purpose and meaning that we seek in life

Response: Yes, we can ask her for direction, purpose, and meaning. I wonder if someone has had that result after calling to her for that purpose.

No Title

Human consciousness is to watch film, media, theater, presentation, etc. for vital pleasure, titillation, stimulation; in other words, for the entertainment value. Higher consciousness is to see its purpose and meaning, to learn from it, so it can become a means of one's progress.

Comment: (one can still experience great joy when learning from something; even be entertained by the scenes that deliver these helpful insights.)

No Title

People drink, take drugs and such to cope with the pressures of life, instead of creating the inner space that would create the same or far greater benefit, and without the negative consequences.

No Title

Ten seconds of consecrating (opening to The Mother and Her Force) before a medical exam can have a hundred times greater effect compared to normal life of constantly visiting doctors requiring one to take a stupefying variety of pills or engaging in other physical treatments over decades to cope with and overcome various illnesses.

Response: Eg one women who had several ailments consecrated her first visit in several months, and as a result all her tests unexpectedly proved excellent, a complete reversal from the earlier period. A few seconds of consecration potentially negated problems and therefore years of perpetual medical visits and treatments.

Offensive Use of the Force vs. Defensive Methods of Overcoming Illness

One of the very first results of the supramental manifestation was to give the body a freedom and an autonomy it has never before known. And when I say freedom, I don't mean some psychological perception or an inner state of consciousness, but something else and far better – it is a new phenomenon in the body, in the cells of the body. For the first time, the cells themselves have felt that they are free, that they have the power to decide. When the new vibrations came and combined with the old ones, I felt it at once and it showed me that a new world was really taking birth.

In its normal state, the body always feels that it is not its own master: illnesses invade it without its really being able to resist them – a thousand factors impose themselves or exert pressure upon it. Its sole power is the power to defend itself, to react. Once the illness has got in, it can fight and overcome it – even modern medicine has acknowledged that the body is cured only when it decides to get cured; it is not the drugs per se that heal, for if the ailment is temporarily suppressed by a drug without the body's will, it grows up again elsewhere in some other form until the body itself has decided to be cured. But this implies only a defensive power, the power to react against an invading enemy – it is not true freedom.

But with the supramental manifestation, something new has taken place in the body: it feels it is its own master, autonomous, with its two feet solidly on the ground, as it were. (The Mother, from Agenda, October 17, 1957)

No Title

Mother used to take medicines even though she did not believe in them! She felt they had no effect, or if they worked, another ailment would crop up in its place. Still She took medicine

to keep the cells of her body from panicking and saying "we will fall apart without them." So She took the drugs just to keep them quiet, and meanwhile cured herself of a wide variety of illnesses by using the Supramental Power.

No Title

Hourly consecration, on the dot at the very top of the hour, has a great power to overcome illness.

Reader: wow. I have had a reminder on my phone to help me with hourly consecration for about 2 years. Thanks Roy. Why does hourly consecration have a great power to overcome illness specifically?

Response: It's a very good question. Some possibilities include-

- it's the power of a very organized discipline (in terms of regularity of time) utilizing the Force
- it's very challenging to do and thus tests and brings out the concentration of your higher nature
- the fact that many are doing it at the very same moment
- it builds up a great concentration (in terms of focus, sharpness, and summation) of the Force
- the possibility that the cells feel comforted by the regularity of the Force entering
- that it keeps Mother in your mind and indicates a building faith
- that the Force intersects with work activities, giving a new orientation to those energies
- etc.

Perhaps others have additional perspectives on this subject.

No Title

The Mother actually communed with, spoke with, and coaxed a number of the Gods to embrace Her integral approach, and succeeded with several.

(Her astonishing conversations with them are given in detail in Her 7000 page, 14-volume dialogue with her main disciple Satprem known as 'Agenda'.)

No Title

It's so easy to get caught up in the Tide -- of daily routines, others, emotions, media, et. etc. -- causing you to lose connection to the higher consciousness you have built up over the years. And yet with one, solitary minute of silence, it can all return!

Science says only matter is real. Shankara and others say only spirit is real. Sri Aurobindo indicates everything is real: i.e. all things are just different shadings of the same One Reality.

No Title

There is no greater victory than that of controlling oneself. (The Mother)

Comment: This -- along with opening to the spiritual Force -- is our moment to moment, evolutionary challenge.

No Title

Spiritual faith is trust in the Divine that no matter what the current condition - positive, negative or in between - all will work out for the very best.

No Title

The hippies (who became the baby boomers) abandoned marriage, property, money, religion, conformity, etc. for love, communality, free exchange, spirituality, individuality, etc. They burned brightly, with a quarter of the youth of the Western world, and then just as quickly disappeared. Mother said in Agenda that they were embodied the Supramental force, but then

dissolved with the changing times. Their drug interest also heralded their demise. Mother also said indicated they were a kind of harbinger of the New World, the supramental life.

Interestingly, several of their other legacies is their introduction of the personal computer, which in turn fostered the internet, tablets, smartphones. etc. (Eg Apple, founded by Steve Jobs, is a hippy legacy company.) Thus the non-materialists created greatest material reality known to man.

Now we can take their vision and accomplishments further, embrace many of their profound values, rather than the ordinary social values, and thereby become the harbinger of the next human species.

Comment: --The fact that the Hippies arose so fast among a huge quantity of the world's youth indicates how quickly society can change. Sri Aurobindo said that we should be vigilant to the potentiality of change, as it is to quote Him, the "Hour of the Unexpected."

--Mother said that the Hippies could not hold the Force correctly, which led to their excesses, and thus their inability to sustain themselves. From a strong economic and stable basis without the excesses of youth, we can collaborate and rapidly bring the world forward.

No Title

The more you worry now, the more you will worry in the future.

No Title

When you take the other person's point of view - no matter what that is, - they are likely to soon take a view that actually or closely corroborates your own.

Comment: It's a startling life response phenomenon that is supramental (truth consciousness evoking) in nature.

Endless Progress (For a Devotee's New Business)

To have constant endless progress as a goal enlivens a business organisation.

When a sugar mill was founded, the owner sought Mother's blessings. She wrote "For endless progress". He registered 1,500 acres of cane for the first year crushing. The average per acre yield in the adjacent factory area was 28 tons. This factory fixed a high average of 45 tons an acre, since initial cultivation gives higher return. Mother's endless progress reached the fields too. The fields yielded 85 tons an acre, which even touched 110 tons in exceptional cases. The factory kept on crushing the first year's cane for two full years.

Mother herself blesses her devotees with endless progress. If endless progress is accepted as a conscious goal, the company does progress endlessly.

If a devotee starts a company, endeavours along these lines seriously and meets with a fair level of success, his company will have several characteristics that can be observed.

- There will be an atmosphere of hope and joy in the work.
- Public image will be one of admiration and approval.
- Individuals in the company will be sought after by everyone from everywhere.
- Expansion, not mere growth, will be endless.
- No difficulty will ever arise (Sri Karmayogi, MSS)

Layers of Success & Perfection In Work

We can imagine success and perfection in one's individual work as a kind of globe, with the outer, Physical visible layer of excellent skills and full persevering effort; influenced by a deeper layer of the Vital's enthusiasm, will, and right attitudes; itself determined by a deeper layer still of Mind (of understanding, organization, planning including envisioning new possibilities, and personal values), affected by and radiating a deepest, core level of Spirit (peace, silence, patience, equality, faith, Force, goodwill, self-givingness, etc.), all leading to perfection and therefore infinite-like response and success.

Comment: Based on Sri Karmayogi's insights, Ramesh Kumar explains it from a somewhat different perspective, including how each plane/layer in the work builds up in the first place:

Making Higher plane working on lower plane:

- Pure physical work, gives skill.
- Vital work, emotional involvement, builds capacity and gives agreeable attitudes towards that work.
- Mental comprehension of physical skill and emotional experience results in good understanding of all that is related to work its persons and environment.
- After raising oneself to the Spiritual values and consciously introducing these values in physical, vital, mental plane - makes us to understand the intent of the Divine.

Practically this can be done as:

- When we do any work-as we know-is doing in physical/matter.
- When we bring bit of emotion/vital -like doing it with interest, an artistic or any other lateral view of the work is exposed, and way to perfection is found.
- Then if we think that "is there any way to improve this" by using knowledge/mind - this bring out the innovation, creativity etc. To give a new perspective to the work we are doing.
- If all the above are subjected to spiritual values we know, we come to know the purpose of the work being entrusted to us and Divine intent behind that.
- So this can be construed as- higher plane acting on a lower plane of work.

No Title

Everything in the universe is Becoming. Becoming what? Becoming increasingly more evolved by embracing the higher consciousness, the spirit, the Being in all forms. Thus the purpose of existence in the universe is to progressively bring the Being into the Becomings of our lives, so they are eventually fused and One.

Comment: (The Divine is One, and now the goal of creation is to reestablish that Oneness, as the Being and Becoming become fused.)

No Title

It would be very helpful to maintain a high consciousness Barrier between our negative thoughts and feelings, and the world around us. Thus each time we sense a negative thought, feeling, behavior, action emerging inside us, it is blocked from taking shape or driven out if already under way. It is to practice the yogic power of Self-control; a key to personal growth and the development of our higher nature.

Overcoming Negative Repetition Attracts Overwhelmingly

Some of us may be familiar with the principle that life's acts tend to repeat over and over. Eg we will make the same foolish mistake periodically, or have the same disdainful boss repeatedly no matter where we work, or see the same disaster for a nation re-occurring over time, or we repeat the same dead habit of our own, or we move in the same foolish direction ad infinitum, etc.

It is the "physical consciousness;" the regressive, inertia-inducing part of our being that does not want to change, that assures the repetition of negative acts. However, introspection and self-analysis that identifies our repeating negative acts and then makes a sincere concerted effort to overcome them, will not only break this long-term dynamic, but opens the doors to enormous positive, even life-changing response from the world around us.

One man met an associate every few years at a restaurant. One thing that never failed was that his friend was always late. It happened at least half a dozen times over the years. However this time he said to himself that he did not want it to happen again. And so while sitting in his car in the restaurant's parking lot, he called to the Spirit and asked that his friend not be late this time. When the man walked into the building, he did not expect much of anything; yet when he looked into the distance of the large room, he saw his friend sitting

there. It runs out that this time the man was late, not his friend! When he then sat down in amazement, the friend told him that he decided not to be late anymore. He also narrated some startling new developments in his life, each of which was miraculous-like.

Because the man sincerely wanted to stop the repetitions, and opened to the Force to make it happen, life completely turned around. The world had changed right before his eyes!

No Title

In the spiritual life we exchange ambition for aspiration.

Comment: (Ambition being the naked desire for money, power, prestige, and the like as end goal, which is in essence an ego movement. Aspiration on the other hand is the desire to improve one's lot in life for the purpose of raising up one's life and personal growth. In its highest forms, it is the yearning for the higher consciousness and the spirit -- including its various expressions -- to enter one's life.)

No Title

Instead of asking the Divine, Mother for more money, possessions, etc., ask her for more Capacity - such as more knowledge and skills; right attitudes, motives, and beliefs; etc. That will give you a much more solid foundation for even greater future successes.

No Title

One of the first great spiritual realizations is that we are selfish, greedy, and egotistic. This is an excellent starting point for those embarking on the spiritual quest.

No Title

We each have several specific negative attitudes that are blocking our way to the next level of success and fulfillment in life. Thus, identifying what that is and reversing or consecrating it may be the most important act of our lives.

Reader: awareness, alignment, achieve

Response: Yes exactly. And the achievement in such cases often occur through life response phenomenon (i.e. instantaneous miraculousness).

No Title

Each major illness is directly attributable to a specific wrong attitude in one's being. Discover that attitude, change it, and the illness will quickly vanish.

No Title

Perpetual silliness or triviality indicates lacking spiritual energy.

No Title

In a large group, only a handful are on a quest to improve themselves. The rest are mostly asleep.

Reader: In evolution, if even a single man change, whole world changes. so even if a handful people change, rest also will change.

Response: Yes, it's very true. Eg Steve Jobs changed the course of societal history in our times with introduction of Mac, iPod, iPhone, iPad, etc. Through extreme individuality and aspiration one person can have that impact on the world. And, as you suggest, there can be a number of such world-influencing people, such as Appa and the institutions under his care.

Individuals can also use Her power to bring this about through the shortcut of higher consciousness and Her Force, meaning we have the power to be not just true Individual beings, but Universal ones as well.

In The Life Divine Sri Aurobindo says that the ultimate, gnostic, supramentalized individual will live amongst and harmonize with regular people. Yet these regular people also will be more sophisticated, educated, aware, etc. than today's people. So he has invited the whole world to uplift themselves. This means that those asleep need to wake up to collaborate in the New World.

'Twilight Time'

Thoughts circulate. We think they are our own when we have them, but that's often not the case. The thoughts are simply being passed around through the ether. It's actually a very common experience that all of us have, yet invariably miss.

Eg I quietly started singing the song "Twilight Time" to myself in the morning. A friend simultaneously came by, overheard me, and said that throughout the night she heard that very same song in her own head. And yet it was when she appeared before me that I started actually singing that song. In other words, my thoughts of singing the song were actually my friend's earlier thoughts circulating through the atmosphere that I then caught onto and expressed.

That's how thoughts, including such things as songs and music, often come to mind. It's a startling phenomenon that can at once make us humble, while also astonishing.

No Title

The more we assert our position, the more life will rush towards us with the opposite point of view.

No Title

A true listener continues the conversation on the other person's terms, not his own.

No Title

Whereas many of the religions of the world indicate that the process of creation of the universe from a Divine Source cannot be known, Sri Aurobindo has explained it in great detail in 'The Life Divine.' His revolutionary insights are a leap beyond the religions of the past, as well as the most modern discoveries and theories of science.

No Title

How can you truly evaluate something when you already have a predisposition against it?

Comment: Truth lies beyond our prejudices.

No Title

Gandhi's greatness led to the liberation of India. Yet, Gandhi's errors of ahimsa (non-violence) led to delay and therefore partition of India with two nuclear countries pointing at one another.

Comment: Now the re-Federation of these two nations, India and Pakistan, as well as surrounding countries formerly part of India can begin to take shape.

Further economic alliance among them all will surely help.

Reader: Yes the only safe and reliable country in this region is India and these small countries have no existence of their own for eg anything that Pakistan does it always compares it with India it has no individuality

Response: Yes, it is true, but India must have a positive attitude, not a hostile one; even if Pakistan seems hostile. That will attract positive conditions. India must focus on being more prosperous, overcome all of her negative tendencies (bribery, corruption, laziness, lethargy, filth, Hindu fundamentalism, ritualism, dowry, ill-treatment of women, arranged marriage, rape, gold and jewelry hoarding, dependence, victimhood, etc.). Mostly she needs to get out of her poverty consciousness. That will attract better circumstances from the counties around her. The outer conditions are negative to her because India itself has so many negatives. That

is what must change to attract the outer to be more positive. She can advance that cause even more by taking to her ancient spiritual wisdom, including the revolutionary new ways set out by Sri Aurobindo, Mother, and Karmayogi, discarding her religious ritualistic attitudes.

No Title

When a businessperson stubbornly resists the insightful suggestions of others, the organization tends to stagnate, leading to royal disappointment. However, when that person relents and heartily embraces those truths, the organization tends to quickly take off and boom.

No Title

Often the individuals who are most empirical - i.e. not believing in any existence other than the material - are those who evoke some of the most startling responses from life. When you then explain the experience to them, they gaze at you with blank expression, not comprehending a word you are saying.

No Title

When you restrain yourself from vehemently countering another's argument, and instead are gracious, easing into your point of view, life will respond and provide you with the time and mindspace for your point of view to be clearly explained and understood.

No Title

We enjoy what we enjoy, but not others' enjoyment.

Comment: (Another expression of separative consciousness, i.e. ego, plain and simple.)

Reader: Roy, many times, i enjoy other's enjoyment. What does that mean when i enjoy others' enjoyment?

Response: -When another person succeeds we are often jealous.

-A child is enjoying a game. When another child wishes to take the helm of the game, the first child stubbornly refuses, as she is enjoying it so much.

-We are so happy to express our successes to another; less happy to discuss other person's success.

-We thoroughly enjoy our emotional highs, but only mentally acknowledge another's with perhaps a bit of emotion.

-A Muslim experiences joy in his God. A Christian disdains it, but loves his God.

-Etc.

On Prestige

"Whether it is a high placed person or low placed person, [man's] whole functioning will be guided from the salient point of guarding his hard won prestige. Everyone jealously guards his prestige." (Sri Karmayogi)

Karmayogi also indicates that we value prestige even more than money or power. We long to be honored, recognized, respected, acclaimed, renowned, influential, helpful, having succeeded, accomplished, etc. etc. They are various shadings of prestige. When prestige lessons or it is somehow lost or taken away from us, we sink down into a morass. Life is hardly worth living. "I get no respect" is one modern version of it. We feel humiliation, and may fall into depression.

On the other hand, when we are in touch with our own true self, our real identity, our soul within, we no longer depend on social prestige for our peace of mind. We have an inner relationship with ourselves, making us a true Individual. If further still we take our cues from the Divine, whether from within or without, then we become a true Spiritual Individual. Prestige then turns into humility before the infinite power and joy of the Supreme.

No Title

Intense jealousy can attract the very worst of circumstances.

A man was jealous and distraught that his boss's son was picked over him to run a significant part of the operations of a large retail concern. He manipulated circumstance to try to put the boss's son in serious trouble. As it turned out, not only did his scheme fail, but the next day he found out that his wife was tragically run over and killed by a delivery truck.

No Title

Retaining a positive attitude when negative conditions present themselves will always attract better circumstance. Adding consecration to the mix will reverse it completely.

No Title

Asserting your side, quickly attracts the other side's position. On the other hand, embracing the other side's view, causes the other side to soon embrace yours.

No Title

When certain people appear on the scene, things seems to go wrong. When others with a higher consciousness appear, life seems to move into smooth flow, evoking the most positive conditions.

Eg, when the former appear, bad news arises, there is a certain tension in the air, anything helpful and progressive gets squelched, people fall ill, etc. The opposite for higher consciousness individuals.

No Title

That which you obsess about, you energize.

Embracing Change

Human beings don't take well to Change. Our physical consciousness, inheriting the bedrock of unchanging material existence, reacts to change as if it were an affront to our very being. But change is the order of things, though it might appear good or bad to us.

To the Higher Consciousness that sees beyond the material, change is welcomed with open arms. It is not burdened by attachment to the security of previous conditions. That consciousness is also in touch with the future, intuitivizing positive outcomes as a result of the current change-demands. It smiles at these possibilities, and thus embraces change with an open heart.

No Title

For most people thoughts and ideas alone rarely make lasting impressions. It is only our real life experiences that have that effect.

Comment: (Only a few are able to learn directly from the Idea, thus avoiding the long-term journey of experience.)

Who We Are

We are not just our physical bodies, our sensations, our emotions, our thoughts, our behaviors and actions, but there is also a life around us of other people and our relation with them, as well as the influence of the wider society surrounding us.

And then there is our purpose, the context of our lives, why we are here, and what we are challenged to do. There are also the secret movements of Nature in which we are partaking, for ourselves and for a wider purpose beyond our own.

And then there is our essence and soul being, and its purpose relative to our normal surface existence.

And moving outward there is the universal and transcendent reality that we are part of, whose intentions seeks expression in the world through our collaboration.

And finally there is the divine Force moving in the world that we can collaborate with to create an ever-more conscious and responsive world; to help build a divine life on earth.

To bring these together into a dynamic, integral whole is to become one with life; to experience the wonder and joy of the integral Reality.

No Title

If instead of making a verbal request for additional resources, you make use of the very last remaining ones, the provider will bring forth unprompted that which you inwardly desired. It is one expression of the life response method of Silent Will.

No Title

The ability to quickly shift in any given moment from what you want to what life requires is a spiritual-like skill.

Comment: (It is spiritual because you shift to a wider field of existence, which is a spiritual quality.)

Consecration Power to Overcome a Problem

Recently I had a very difficult, complex, and seemingly intractable problem trying to sync my technology devices. I tried everything I knew to resolve it. Finally, today after trying one more time I gave up and asked the Mother for Her help. Five minutes later a screen suddenly popped up with information that helped me realize that I had faulty data in the system. It was as if She brought it up just for me to see. Now realizing what the problem could be I changed a bit of information (overriding an outdated email address in the log in) and the entire system suddenly began to work! Not only that, but another related intractable problem I had a week ago got resolved! Once again I had witnessed the astonishing power of Mother and Her Force to quickly overcome the impossible.

Foreshadowing Phenomenon

There is always a sign indicated before a negative (or positive) occurs.

For example, one man was about to place an order at a restaurant when he noticed that at the order counter the overhead signage for the food he wanted to purchase was not visible. He pointed it out, and the order taker then made it available for viewing. When the man then ordered his food from that particular signage, it turned out to be overcooked and unsatisfying.

As we see, the unavailable signage was a sign of things to come.

Comment: Interestingly, if you consecrate at the point you notice the sign, the negative will not occur.

No Title

Ignoring and consecrating word that a certain individual is difficult to deal with causes them to adore your work and be fully grateful for services rendered.

Fully devoting yourself to a work with self-giving emotion causes another problem - such as a spouse's worry about a medical condition or a child's fear of not doing well in an exam - to completely disappear. The positive energies you produce move out into the field of life, releasing others of their burden.

Comment: As Karmayogi has pointed out, nature works on many fronts simultaneously. But Nature is a slow and difficult method of progress. However, a Higher Consciousness movement will not only bring good fortune to you, but also to others whose circumstances are seemingly unrelated, indicating that this Higher Power movement - like being fully self-giving in work or consecration - has the same capacity as Natures to work on many fronts simultaneously, but

do so through Quickness, and without any of the difficulty, struggle, pain, etc.; rather the opposite.

No Title

Like Nature, a Higher Consciousness movement works on many fronts simultaneously, has effects in multiple dimensions, but without the negative aspects of slowness, struggle, and pain.

No Title

The Civil War divided the US, and then reunited her in an unprecedented manner, releasing stupendous energy that made her the the most powerful, dynamic, prosperous nation in the world.

Comment: (It is another reminder that negatives are secretly great spurs to further progress.)

No Title

All the great problems of today will be the spur to the powerful solutions of tomorrow.

No Title

The ever-increasing, ever-more complex problems facing the world indicate vast opportunities for society to move ahead.

No Title

Life response overcomes the eternity of time by instantaneously bringing before us just the right thing from the infinite expanse of space.

Purification of the Planes of Our Being through the Force

In Sri Aurobindo's yoga we open to the supramental force which enters our being at the mental or higher spiritual mental level and then gradually moves to the emotional vital center and then further down to the physical.

In His integral yoga, the least conscious elements of the lower vital and the physical are not addressed first, which would be too conflictive and radical a change. Rather first we make a connection with the Force through the higher, spiritualized mind, which opens and purifies the surface mentality and the intelligence centers; which is followed by the purification of the vital being and its limiting attitudes and lower emotions, as well as opening of the heart center; which is then followed downward by the purification of the sensations and the very physical substance, as well as the negative subconscious plane which is its support.

There is also a gradual awakening of our true selves, the spirit within us, the psychic being, which enables us to further surrender to the Force, the Mother, and its transforming action.

Comment: Actually, to the descent of the Force, there is a corresponding ascent upward. For example, when the Force purifies the mind, there is a corresponding upward movement from mind to higher forms of mentality including intuition, light, and supramental perception. Likewise when there is the descent of the supramental Force into the vital, the negative aspects are purified, but there is also an ascent to the higher vital called the "heart center" where one expresses self givingness toward others, engages in acts of goodness, feels gratitude, and so forth.

Receiving Stations

Thoughts that we think are our own are actually constantly streaming into our minds from elsewhere. The same with our feelings, desires, willfulness, joys, and so forth. Thus we are less an originator of these mental and vital formations of consciousness as we are a receiving station of them.

Necessity of Global Environmental Change

What if what we call global warming is simply the natural order of things; the inevitable change the earth is going through? While we must do everything in our power to overcome its abuse so far and prevent further deterioration of the environment in future, we can ask ourselves if the changes occurring to the earth - whether all or in part - are natural, and even inevitable.

The Mother once remarked that one day it would snow in Auroville, the very warm, once desert-like international spiritual community in Southern India. If this change is inevitable, then various sections of the world could see radical shifts in the weather, in the jet stream, in the ice flow, etc. etc.

Perhaps we can say that Mother Nature, which is in touch with its parent Nature (Prakriti), has its own agenda that defies our current understanding.

Moreover, the apparent crisis of the environment can also be understood as a vast opportunity for human resourcefulness; to develop new technologies, or have new insights into the nature of reality.

Perhaps that is what Nature and her material daughter Mother Nature have in mind for us. As this child of Nature changes, so shall we, in new ways that bring us deeper into our journey toward ever-increasing consciousness, ushering in a new spirit-based life on earth.

Life, Nature, and Soul

Life is the offspring of the Infinite consciousness. The children of Life are Nature (Prakriti) and Soul (Purusha). They are divisions of Life. A material child of Nature is Mother Nature. We humans are children of both Nature and Soul, showing far more of the attributes of the former, on the way (through our higher consciousness) to the latter. When we fully emulate our parent Purusha in the details of life, then we will fulfill the intent of our great ancestor, the Infinite consciousness, who is around us, always has been, and always will be.

The End of Time

Once I was driving across the endless expanse of farmlands of the Central Valley of California and suddenly experienced something extremely unusual. I looked into the white-bleached, sun-drenched sky and had the experience in that moment of a future where time no longer existed in the world; not just for me, but for everyone; in fact, for the entire universe. It was the end of Time in the world. And yet life however would still go on.

After several minutes I came out of this startling experience.

I mentioned this very powerful event to Karmayogi and he legitimized my experience. He also acknowledged that it was good that I had made the distinction that in this future existence there would no longer be TIME, and yet SPACE would still exist. Till this day I wonder if this startling reality will be the true course of things in some distant future.

Being in Identity with Life

In the new consciousness one begins to feel others as part of oneself... All things in fact begin to change their nature and appearance; one's whole experience of the world is radically different ... One begins to know things by a different kind of experience, more direct, not depending on the external mind and the senses... there is a new, vast and deep way of experiencing, seeing, knowing, contacting things. (Sri Aurobindo)

What Emerges Was Concealed as Potential

Nothing can be taught to the mind which is not already concealed as potential knowledge in the unfolding soul of the creature. So also all perfection of which the outer man is capable, is only a realizing of the eternal perfection of the Spirit within him. We know the Divine and become the Divine, because we are That already in our secret nature. (Sri Aurobindo)

Comment: This is key to Sri Aurobindo's central view of Involution and Evolution. In the involution the higher consciousness is buried, hidden, involved in all forms at the dawn of

creation. When we evolve, or there is a new knowledge, it was already there in potential, as a seed of consciousness waiting to come out. When it actually does emerge in the evolution as new consciousness through our inner and outer actions, it was already there before creation, but secretly hidden in every form waiting to come out. Thus we say that the conscious-force (chit) - the secret divine energy - involved in forms in the involution reemerges in the evolution.

No Title

Embrace, do not be discouraged by the accelerating problems in the world. It is a sign of unprecedented leaps in human consciousness that are on their way.

Getting at Deeper Causes

When a bothersome situation occurs in the course of our day, such as an object not doing what we want it to, we try to quickly remedy the situation. However we rarely are able to take a step back, examine the situation, and get at the deeper cause so we can have the right knowledge to easily prevent such situations from occurring in the future.

It is because the physical consciousness of our being, that which control habit and the movement of our bodies, is unwilling to learn in a given moment; is only willing to do what is facile, simple, surface in order to remedy the situation. When the physical habit and the vital's emotions rule us from moment to moment, the mind with its rational capacity to ascertain, to probe, to consider more deeply is not allowed to gain entry. It is only when we bring to bear a deeper consciousness that we have the wherewithal to hold at bay the physical and vital's thought-squashing power, and see into the truth of things. It is in that "silent witness" state that we have the patience, the power of observation to gain entry into deeper causes beneath the surface view of life's conditions.

It is also my observation that when we gain this control in a given moment, and make the effort of deeper discovery, life responds and gives us new insights we would never have imagined before. It is a life response power that has gained entry into the mind.

No Title

Reflecting deeply on the tiniest act can reveal the secrets of Creation.

Comment: We can take any act we engage in and see the process involved and whether or not it meets the requirements that brings success. Eg do I really understand what I want to do; do I really want to do it; do I know the best methods to carry it out; do I have the will for its execution; and did I really execute it with right skills, serious effort, and right attitudes. This is what Appa calls "The Complete Act" and when followed perfectly it leads to perfection and life response results. It also turns out to be the very same process that the Divine itself follows/is following in the on-going creation process.

"The Complete Act" that we can engage in is equivalent to the Ishwara's (Creator's) ultimate act creating this universe of forces and forms. In The Complete Act we perceive what we want to accomplish, we figure out ways to do it, are energized to carry it out, and do so with the necessary effort, skills and right attitude. The act being complete leads to perfection results, which further evokes enormous positive conditions.

Likewise, the Ishwara, the Creator aspect of Satchitananda perceives the purpose for creating a universe of forms from out of the Conscious-Force of Infinite consciousness. It has realized the goals and the real Ideas it wants to see manifest in creation (such as peace, wisdom, goodness, love, beauty, joy, etc.). It then uses the power of Supermind to render a universe of forces and forms to accomplish these Real Idea goals. It takes the energy of the Conscious-Force and renders the forces and forms that are the basis of the created universe.

Like the individual who has engaged in The Complete Act the Ishwara too has moved through the process of Direction, Organization, Willfulness, Execution, Results. It is the Complete Act of the Infinite Divine to extend itself as forms in the universe. Whether a tiny act in our lives or the mission of the Ishwara, they both follow the same process of creation. This is what Sri Aurobindo has explained to us in great detail.

No Title

In yoga you deconstruct yourself and then rebuild yourself anew.

No Title

Mother said that if Sri Aurobindo's teachings became a religion She would be the first one to leave.

Comment: (It is not more religions that we need - we actually need less - but direct experience of the higher consciousness in all its facets, in order to evolve our lives and life on earth.)

Trace Backward

One of the most powerful life response techniques worth practicing is something I call "Trace Backward." It is actually quite simple. Every time you come across an instance of good fortune, -- such as a client calling after years of being out of touch, or the sudden, unexpected arrival of money, or an opportunity arising out of nowhere -- trace it back to a recent shift in your behavior, such as a change in attitude, or a decision made, or an action taken. That way you will consistently connect the life response outcome with the change in consciousness that precipitated it. (You can also do the same when you watch a film or read a novel or review news events in the media.)

Taking this approach will enable you to see life response more often and more clearly. As a result, you will tend to take to these corresponding right behaviors more often, which means you will experience life response more frequently, leading to greater success and fulfillment in life.

By the way, the same approach can be used with negative life response. If a negative event occurs in your life and you trace it back to a wanting inner or outer behavior -- such as a lack of inner strength -- you will be more motivated to avoid it in the future (and thus avoid additional negative response).

(from the book 'The Miraculous Phenomenon of Life Response' by Roy Posner)

No Title

To achieve something you've never achieved before, you must become someone you've never been before. (Brian Tracy)

Comment: Examples:

-In order to find Love, something he never expected, and seemed beyond him, Mr. Darcy in Pride and Prejudice changes his nature, becomes an entirely new person, and thereby attracts the woman (Eliza) of his dreams.

-In order to break out to a vast new level of success, Apple changed its way enabling connection of its iPod music players to run on PCs, not just Macs, propelling the company to the stars.

Our Journey from the Part to the Whole

Any partial truth ultimately hits a wall where you can't go further with it. So whenever we come upon a problem that we can't solve, we should know that the truth we are living by is only partial. We therefore have to broaden the truth and come closer to the totality of the reality of the situation. Then we can more readily understand the full nature of the issue and more easily solve. (paraphrase of Garry Jacobs)

Comment: Example: For Darcy and Pride in Prejudice his whole life is bound up in his prestige, his pride of his class. That's his very partial perception of the world. But then he meets Elizabeth and discovers Love, and as a result an entire new side to his life reveals itself that he had never known.

We are all like this. We only see our life in a very partial, limited context, until we are exposed by life to much more. We feel our current existence is the way life is, and then if we are lucky

we discover many other sides to existence we were blind to. It is the journey from the ignorance of the part to the knowledge of the whole. From partial truth to the totality of Truth that is the Integral Reality of existence. This is the great insight Sri Aurobindo and Mother and Appa have given us.

Life slowing down or speeding up is affording you the opportunity to be in the Right Flow of existence beyond your limited, fixed rhythms.

No Title

Regularly scan yourself, identify, and remove any negative thought, feeling, behavior, action from your being, and life will continually respond in your favor. Your existence will become a never-ending procession of wonder.

No Title

When seekers truly seek, they truly find.

No Title

On those rare occasions where we are in Right Flow, everything dovetails perfectly. When we live the supramental life that is ALWAYS the case.

All the underappreciated, unembraced Grace of the past is still accumulated and can be released now in the present by focusing on doing what is necessary in the current situation.

No Title

When you communicate a helpful insight about another's situation, it tends to be synchronous with others who find themselves in that very same circumstance. They then marvel at the coincidence and are overjoyed to learn of your solution.

No Title

When you offer an opinion, a comment, a response to others' remarks, etc., consider your level of consciousness. If your feelings are devoid of ego, it is ripe for dissemination or discussion. However, if there is ego involved, i.e. separative consciousness in the form of pride, sense of superiority, irritation, anger, reflexive reaction, insult, vindictiveness, sarcasm, cynicism, etc., it is best to hold back. Words contain a great life power, and when we express them negatively, we tend to quickly attract negative conditions from the world around us.

No Title

One great cosmic insight is that we are on a path of spiritual realization that progressively occurs in this life and continues in lives to come.

Comment: It is the evolving spirit, the psychic being within us that is on a Journey of discovery of higher consciousness through the experiences in our own being and current life, which continues in future births. It is a transformative Journey from Ignorance to Integral Knowledge.

No Title

The Divine has rendered this material universe so that the Infinite consciousness can manifest all its spiritual attributes in our lives.

No Title

The Infinite Divine's intention is fulfilled when we, its creation, evolve to become divine in every aspect of our lives.

No Title

Often we need to first recognize and cast out a negative aspect in ourself - whether a wanting attitude, habit or belief - in order to set a new direction in our lives.

Comment: Eg an individual has failed to find his calling. He drifts aimlessly. Then as things get acute, he realizes that he has the wrong attitude about work. I.e. he is not serious about it. Now he remembers an opportunity offered to him by a family friend. He firmly decides to take it up. He has direction. When he takes up the opportunity, an astonishing positive response occurs and his life is changed forever. By shedding his unwillingness about working, it paved the way to set his direction which led to the greatest response of his life.

Attitude, Aspiration, Decision, Action: Four Determinates That Evoke Great Response from Life

One quality I have noticed about evoking a great or life changing life response is that one or more of four General Determinates are usually at work; often involving all of them working in tandem. They are a shift away from a negative Attitude, an Aspiration/Intention to go in a new direction, the Decision/Commitment to make it so, and the physical Action to execute it, to make it real. As a result, of embracing these aspects, life responds overwhelmingly.

In the one incident when I returned from wandering around the world and came to accept work that was offered me, attracting the biggest response of my life, I realized the fallacy of my Attitude, set a new direction (Aspiration/Intention) as a result, made the firm Decision to take up the opportunity and work, and executed it as Action by returning to California and working in a lumber yard that I was invited to. As a result, shortly after I met the people who would shape the course of my life.

In another experience (which is described in my Life Response book) I was asked by my boss to work weekends in my sales position but I refused. However, then I examined my Attitude and changed it, focused my Aspiration/Intention on coming in that weekend, made a firm Decision and Commitment to do so, and then took the physical Action to actually come into the store that weekend to make it real. When I did, I attracted the biggest sale of my life by far, ushering me into a 30 year computer-related career. Once again it involved the determinates of Attitude, Aspiration/Intention, Decision, and Action.

I have seen this dynamic repeatedly over the years for evoking startling life response. We can even see it in literature. In Jane Austin's 'Pride and Prejudice' it is precisely what Darcy does, following the path of those four determinates, and as a result attracts the woman of his dreams, Elizabeth Bennet. It begins with the realization that he can't have her unless he changes his attitude of pride. He does that and then follows the other determinates, which leads to Elizabeth's unexpected confession of love for him.

The four general determinates unfolding this way can be seen as the movement from out of Ignorance to Knowledge. We start with the wrong or limiting understanding, feeling, attitude, habit, etc. -- which we can put under the general category of Attitude. Then we realize how that attitude is wrong and change it. As a result, we see the world in a new light, which focuses our Aspiration/Intention of what we need to do. But that doesn't guarantee we'll do it. We do it by making a firm Decision and Commitment to make it happen. But that is ordinarily still not enough as an Action is required in the field of physical life, which now has the capacity to evoke the startling response.

It often begins with the Attitude change because our feelings and beliefs are so interconnected with life events and life energies. As soon as that Attitude changes, those energies move out into the field of life looking for corresponding elements that return to us in the form of vast response. The Aspiration/Intention, Decision, and Action then follow and fulfill this dynamic.

We have even seen that by merely making a Decision one can evoke the startling response; i.e. without even taking any physical action! In rarer cases still, the life turnaround occurs simply by changing the Attitude alone. In other words, whatever the intensity required of moving from Ignorance to Knowledge for that particular person for that condition and incident will evoke the powerful positive response.

There is also of course the ability to have the goal in mind from the outset and then follow its process to fruition. That is powerful too, ultimately so, but most people do not have that inner

capacity to follow that process. In essence, they haven't that knowledge, though it can be learned. If they do, such as following a 30 day process of focused goal to strategies to execution to realization, it will ordinarily lead to a powerful response, especially if consecrated at all steps along the way. On the other hand, often it will not work because the life energies are not right and something more is needed: usually a change or adjustment in attitude, or an intensity of desire for the result, or greater clarity or focus one is not able to muster. Sometimes taking an initiative in the wrong situation or context will also leave one frustrated.)

There are obviously infinite variations for evoking the response. We each can choose our entry point: through the Four Determinates or subsets, through a formal process of goals setting and realization, etc.

Perhaps the most powerful way to evoke success is to consider a possibility, intensely want it, offer it to Mother, do everything one can to make it real, even a token effort, and see it suddenly move forward to fruition. This is the spiritual method of accomplishment. It can also begin as contrition for a wrong attitude or behavior in the past that is affecting our present that is offered to the Divine, the Mother, and then She simply opens the Path for us to move forward for its realization and our ultimate success. There is no faster way to evoke the infinite potentials of life from the current finite!

No Title

- There is only one Reality. The Divine, God is one form of it. We are another.
- God, the Divine didn't so much create the universe, as He became the universe.
- We are God too, only in a different form.
- The totality of God and the universe is the Reality.
- The All is the Reality.
- The Individual, the Universal, and the Transcendent is the Integral Reality.
- If God has extended itself to us, and we are evolving, then God is evolving.
- God is evolving through our soul's multi-birth journey of never-ending progress.

No Title

Catch each ego movement as it arises, and cast it aside. You'll avoid perpetuating, attracting the negative.

No Title

One consistent theme of very successful people is when confronted by serious difficulty somewhere downstream, rather than give up, they manage to push through it, and as a result their careers take off. It is Nature's critical test of one's inner strength in life. Those who pass it fulfill their soul's purpose while realizing their fondest dreams.

People will fiercely defend the position they have staked out, even in the face of evidence to the contrary. It is the Ego out in full force.

No Title

Harmony of emotions of thought between two persons can release energy to conquer the world. (Sri Karmayogi)

No Title

When the One became the Many, it never ceased being the One.

Comment: We - a form of the Many - do not see the Oneness; only division, duality, conflict, and separation. Yet from the Divine's perspective all in the Many is One. I.e. all negatives are seen as positives in disguise; while contradictions are perceived as complements.

No Title

That which we are in contradiction with is secretly the means of our greatest progress
Comment: Whether contradiction with other people, organizations, with life circumstance, between parts or planes of our being, between different ideas or thought or beliefs, etc., etc.

No Title

Evil arises not just from acting on false, harmful intentions, but through collaboration with dark unforeseen forces.

No Title

Ignorance, Falsehood, and Evil are three progressions of negativity in the world. Ignorance is missing or wrong knowledge; Falsehood is emotionalizing that Ignorance; and Evil is acting on it with hostile intent.

No Title

From one perspective even Evil advances society, as it builds up unprecedented, harmonic counter-resistance in the surroundings.

No Title

Trying to help another person who is experiencing difficulty can be very helpful. It can also be completely at odds with their intention.

Reader: Can u help me understand this with an example please

Response: In a restaurant, a woman was making her way to a seat with her tray in hand. Another woman seeing her heading toward the exit to dine outside, called out to the first woman, and told her of an available seat nearby inside the restaurant, as she thought the place was so busy that the woman with the tray could not find a place to eat. However, after the second woman called out to her, the first woman with the tray in hand turned around and said to her that it was ok; that she wanted to go outside and have her meal in the fresh air. In other words, the second woman misread the first woman's motive.

With greater thought or insight, the second woman might have considered the possibility of the first woman dining outside, and therefore might have been more patient to see where the first woman was going.

Better still, a developed intuitive sense would have instantaneously known what or what not to say or do, as the knowledge of the truth simply appears in one's mind.

No Title

To the Spirit good manners has no particular value. In life, however, it can be very helpful.

Reader: True! Good manners is a mask that everyone wears and we don't know what's really going through their mind

Response: Yes, we cannot know their underlying motive. We can be fooled by their manners. That is why higher consciousness does not perceive it as a fundamental Truth. And yet we have seen that when we ourselves practice good manners it can be very useful for creating a level of civility that enables positive energies to enter that interaction.

Karmayogi advocates good manners, not because of its inherent Truth, but because for a devotee it tends to more readily usher in positive circumstance in its wake. On the other hand, being ill-mannered can release negative vital energies that can quickly attract negative conditions.

So let us see beyond others' manners into the truth of things, but let us practice it our own daily lives to help establish the best life conditions, knowing very well that our deepest values and beliefs mean so much more.

No Title

Over-excitement about an unfolding positive outcome tends to quickly dilute it. However, in the silence of the mind and the calm, equal poise of the heart, it accelerates and intensifies.

No Title

Each time you restrain yourself from broadcasting an accomplishment, it gather power and expands.

No Title

Over-celebration of an accomplishment such as for a hard-won success or victory causes unforeseen negatives to suddenly arise.

Comment: Calm, silent, grateful recognition of the success causes it to breed new opportunities and successes.

No Title

The fact that we can consecrate and evoke response for the Collective -- whether family, community, nation, world, etc. -- shows that we are not just Individual beings, but Universal ones as well.

No Title

What if Life were simply an endless series of learning experiences for one's Soul?

No Title

Each of us are apertures in the universe looking out on Itself.

No Title

Though we normally think it's the opposite, Silence always energizes accomplishment.

No Title

Many successful people want others to succeed. Many unsuccessful people want others to fail.

No Title

Though very true, it is not often easy to perceive that negatives are actually positives or opportunities in disguise. One relatively easy way to demonstrate this is in sports. For example, a star player gets hurt, which is perceived as a devastating negative to the team. But then what actually happens is that other players on the squad are given an opportunity to shine. Now as the season progresses, with the return of the star player integrated with the success of the players given a chance, the team is now much stronger than before, leading to considerably more success.

The once perceived negative is now viewed as a golden opportunity that came to the organization. A few of the players and managers may even regard it as Grace.

The Choice That Aligns Us with the Luck of Our Lives

"-Looking back on their flourishing career, anyone can locate an event, a choice, an idea that had set them on this course of luck.

-Often we see impossible circumstances converge to confer a great favour on us. At that moment, our choice decides.

-In such cases if one tries to know all the attending circumstances, it will be amazing how the entire Life has conspired to deliver Luck to us. We may have accepted it or not, but the fact remains that life was at pains to do it." (Sri Karmayogi)

Examples:

-In 1974 I decided not to continue travelling through Europe and on to Egypt, and instead made the decision to return to America and focus on earning through a paying job of which I was given an opportunity. As a result of taking that division and action, I met the people who would change the course of my life, and continue to do so.

-In 2003 Steve Jobs decided to allow the iPod to run on iTunes for Windows, a far faster market, and something said he would never do (the "Hell Freezes Over" episode). As a result, the iPod sales suddenly boomed, which led directly to the iPhone, ushering Apple into vast, unprecedented success, changing the course of Technology and even world history.

-In the 1980s Premier Michael Gorbachev decided to change the direction of the Soviet system via Glasnost and Perestroika to improve the faltering nation, and instead the entire system came crashing down, bringing about the end of the world threatening Cold War.

-In Pride and Prejudice, Mr. Darcy decided to take personal responsibility to catch the duplicitous Mr. Wickham in the elopement episode. and quickly attracted his marriage to the love of his life, Eliza Bennett, a fulfillment of everything he had dreamed of.

Governor's Strength Attracts Response from Mother Nature

One recent discovery is that when human intention shifts from weakness to strength in relationship to the physical environment, it can attract the sudden cooperation of Mother Nature.

Here's a recent true-life example:

California has been suffering through its greatest drought in hundreds of years. It was now past the rainy season, and well into the six-month dry period. The Governor had recently ordered cutbacks in water distribution for all regions, but in the months that followed many did not cooperate, as reservoirs dried up and there was virtually no snow-pack in the high mountains.

He then got tough and ordered very specific cuts for every town in the state. This not only got the attention of all municipalities, but suddenly during this onset of the dry season rain started coming down profusely! Even the mountains were unprecedentedly covered with snow in this dry, warm, very sunny part of the year; an almost unheard of phenomenon. People were startled by Mother Nature's sudden change in course.

And yet very few if anyone perceived the deeper causality that was at work instigated by the Governor's strong, bold actions.

Asking for what we want often evokes resistance and opposition. Silently aspiring for what we want prompts life to offer it. It is the power of Silent Will. (Garry Jacobs)

No Title

Our nature urges us to action. Our ego demands it. And yet our capacity NOT to act has tremendous power to evoke action from life. (Garry Jacobs)

No Title

Our capacity to receive is directly proportionate to our capacity to give to others. (Garry Jacobs)

No Title

Rather than try to control your life, to control the universe, give up control and have trust in what life brings you, following its path and direction.

thanks to alan watts and martyn

No Title

"The events of our lives appear to lack coherence due to a limitation in our understanding. Those who perceive the true character of life realize that it has a complete connected significance."

(from the Book inside the novel 'The Book' by Garry Jacobs)

Comment: This is echoed here:

"Our outward happenings have their seed within,
And even this random Fate that imitates Chance,
This mass of unintelligible results,
Are the dumb graph of truths that work unseen:
The laws of the Unknown create the known."

(from 'Savitri' by Sri Aurobindo)

No Title

People readily value self-givingness in individuals. Less valued is the power of inner, psychological strength. And yet the combination of the two, which is indeed rare, enables extraordinary accomplishment, and the great admiration of others.

Western religions see God and the world as two separate entities. But the Indian view may be nearer the mark when it says that It is God who has become the world. (N. Asokan, MSS)

Reader: When you get free from certain fixed concepts of the way the world is, you find it is far more subtle, and far more miraculous, than you thought it was. - Alan Watts

Response: Yes, exactly. Sri Aurobindo says that as mind is free from the domination of the senses and surface living, as well as the pull of the lower vital nature which distorts and prejudices our thinking, it widens and expands, and is able to increasingly perceive the true nature of the Reality in all its facets. It is thus a journey from Ignorance to True Knowledge of the nature of existence.

No Title

It would be helpful one day to be able to know the relationship between the Psychic Being, the Divine, the Supramental plane and power, Involution, Evolution, our own Destiny, Rebirth, Ignorance, etc. And all of these in terms of the Reality.

We are mostly stuck at the alleged division between God and Man, and are unable to see much further. But there is a way forward, which Sri Aurobindo has discovered and revealed to the world.

From Novel to Film

Each generation creates its own film versions of a great novel. In each we see a different shading, but also the influence of the times, including the values, the language, interests; even the technologies of those days. Sometimes we have magnificent, enriching versions such as the British presentation of *Pride and Prejudice* of the 1990s. Because it was a serial and therefore extended, it could bring out the nuances of the character, plot, and values.

And yet even a lengthy serial version does not guarantee success as it did here. Someone has to have seen deep into the novel, bringing out its purposed shadings, and then reveal through a great script and the most appropriate actors the very best of what the novel offers.

No Title

How can we know the true nature of the Reality if the lens of our consciousness is clouded over and distorted.

Reader: By looking and listening within, all the answers are waiting to be awakened.

No Title

Life Response phenomenon proves that the inner me and the outer world are One. That there is only Oneness in the universe and beyond.

Reader: The Law of One. We are all connected.

Response: Yes, which indicates we are all constantly evoking response from one another, though it is mostly subconscious to us.

No Title

The Mind can't "see around corners." But Intuition can.

Comment: It knows the truth of things without the need for sense input, or even thought itself, as the knowledge just appears in one's mind.

No Title

When we listen to another, we tend to quickly jump to conclusions, even though we have not given the other party the chance to complete their thoughts and rationale. More patience on our part, a degree of mental silence, and respect for others' points of view -- all spiritual qualities -- will rectify that problem. Now the interaction will become elevating and deeply rewarding.

Detachment Power

Recently I have been developing presentation materials for the topic 'Life Response in Work.' One of the modules is how to evoke it through Spiritual means. But spirit is a vast topic, and one may not know where to begin.

Spirituality in one sense begins not in action or even Force, but through stillness and silence. And they can be viewed as the expression of non-involvement or non-attachment at various levels. In other words "Detachment."

All forms of Detachment issue from "Silent Witness" consciousness where we stand apart from and gaze upon the world. We can detach ourselves from a thought, an opinion, a sensation, a desire, an obstacle, etc. In all of these we can withdraw and become Silent Witness to circumstance.

If we think about it we may notice that our very existence from birth onward is one of Attachment, - to our mother's sustenance and care, to achievement in school, to move ahead in our careers, to set and make real our goals, to actively support our family, to try to improve our lives, even to change the world.

And yet the Spirit begins with Detachment, which is the very opposite: the negation of any action at any plane - physical, vital, or mental. Through physical dependence, emotional dependence, even mental dependence our days are filled with attachment. Moreover, habit fixes these in our consciousness and we repeat them over and over. And yet at each point we learn to detach, we will have discovered a higher means of accomplishing the same or greater result, but with far less effort in a much shorter period of time. Detachment thus enables us to overcome the limits of space and time. By being still in the face of life's exigencies, our energies concentrate and attract, align with marvelous circumstance.

As human beings we have been trained to be attached in every conceivable way. Now as spiritual beings we can reverse again to be detached Silent Witness to the circumstance of our lives. Not uninvolved, not not caring. But keeping still inside so we have the wherewithal to perceive the true truths unfolding around us.

It is to mimic the Divine Itself, who Silently looks out upon the universe that has unfolded from His being. Similarly we can live from a poise of silent observer, releasing the energies that enable life to blossom in a thousand ways.

Reader: Roy this has happened to me today! I received an email from our marketing department explaining why they hadn't started a very important campaign for me (short staffed illness etc.) and that it would probably be July at the earliest to start the campaign now. I accepted this without judgement, frustration, anger etc. and sent them a nice email back explaining that I understood. Within 1 hour I received an email from my business

development manager asking If I could do a financial surgery for a group of NHS workers (these usually result in home visits and financial planning) this is a full day event! I of course said yes! This is life response in action.

Response: Yes Martyn, non-reaction and equality of being in the face of difficulty - two forms of detachment - are very powerful, and can evoke powerful positive response in their wake. Congratulations!

No Title

There is a great difference between consecrating and worrying about a problem or issue, and consecrating and letting go and having complete faith in the Mother without further thought. The quality of the results will be indicative.

No Title

All other factors aside, those who are without work will attract work by really wanting to work.

Comment: I have often seen that when a person with a deficiency of work makes the intense Decision and Commitment to want to work, new work suddenly presents itself from out of nowhere.

(Often only a small token effort in a particular direction will evoke the response.)

No Title

When there is a serious challenge before us and we demonstrate the strength and courage to see it through, we tend to quickly attract unexpected positive developments.

E.g. an individual's business had recently not been doing very well. On top of that he had an appointment with the doctor that he was not exactly looking forward to. It seemed like life was piling on too much at once. However he gathered himself and developed the inner strength and faith to see it through. A few minutes after seeing the doctor and the results, a client suddenly and most unexpectedly appeared out of nowhere after several years with a new, lucrative business opportunity.

No Title

Sri Karmayogi has been likened by several of his closest followers to Abbé Faria the priest in Count of Monte Cristo who reveals the infinite potentials of life to the at first unbelieving, fellow prisoner Edmond Dantes.

The latter learns these life laws, escapes from the prison, and then discovers, as Faria promised, the greatest wealth on earth, enabling him to become the world renowned Count. Dantes has thus undergone a complete metamorphosis, becoming a very different person. Sri Karmayogi offers the same to his followers. Will we rise to his transformational challenge?

Reader: Yes he awoke from the imprisonment of being spiritually asleep and once spiritually awake recognised the beauty of all of the treasures of life that had always been there.

Response: Beautifully said.

No Title

It is said that "he hesitates waits." But spiritually he who waits -- who does not initiate but waits on life's initiative in order to act -- truly accomplishes.

Comment: A man initiated and asked for and received a job at a printing center. It went well for a while, but then after six months everything fell apart due to internal disharmony. Yet one day while there two women appeared and asked the man if he was willing to participate in their software training company. He agreed, and it launched a 25 year training career.

His initiative succeeded for a while, then failed, while life's initiative through the two ladies succeeded 100%.

No Title

Complaining about something attracts more disappointment from it.

A man was complaining to a friend about the problems that occurred in the local post office with people arguing with workers about money, bad service, and other issues. When he then went to the post office that day to get stamps, he was further disappointment when he discovered the office was closed!

No Title

It is a universal truth of life that with rare exceptions people who help others are hurt by the people they help. The ego of those who receive help feel the humiliation of being dependent on others for their support. That ego seeks to overcome the sense of humiliation by pulling down the person who condescended to help them. (MSS)

Reader: yes this is true! but what is the solution to this

Response: Those who would normally receive should try to do everything in their power to move forward without asking for the help of others. They can learn to be self-determining and self-sufficient. If one has already garnered help from others, they should watch for ego reactions such as disdain and resentfulness due to feelings of humiliation and such and stop it, or better yet change it to deep gratitude for the received help.

From the helper's side he should only help those who seem genuinely appreciative and are deserved in consciousness of receiving help. Also helpers should never help out of an ego sense, such as pride or prestige, but rather out of a sense it can do genuine good for the recipient.

Being aware of and keeping in mind the rule above in the original post will always be helpful each step of the way.

Reader: This is almost like a rule except for few conscious people with right knowledge and wisdom.

Response: Yes

Reader: I have helped lots of people during my lifetime and never been hurt.

Response: Yes, that is often the case in a business relationship, as the goals and agreements are relatively clear. (It is also especially a sign of the organization having high values which is reflective of harmony with the recipient.)

Even of course in business we witness gross ingratitude by the recipient people/customers, as eg when a hateful article is passed around about an Apple or Google or Microsoft on a trifle, whereas those companies have brought so much benefit to them.

However, in social relationships outside of the contractual and the like (as in business and other organizations), where people extend themselves out of the ordinary, MSS's principle at the outset of this post can readily be demonstrated, as in-

-helping the poor, when they are not trying or able to help themselves as well. (eg In Africa they are very resentful.)

-offering a loan to a friend or relative

-offering to help another in a dangerous situation

-etc.

Sometimes the Benefactor being hurt by the Beneficiary is just the natural way of things in our current life. Eg Gorbachev ended the Cold War and the misery of the Soviet people and is to this day reviled with almost universal contempt by the Russian public.

By "natural way" I mean in the current makeup of society that lives in the Ignorance. There are many examples throughout society.

We know that Ingratitude is a universal negative attitude throughout society.

Reader: As they say, "No good deed goes unpunished." You are right Mr. Roy, that many people who receive help succumb to pride, humiliation, guilt or just feel the burden of having to repay a debt quid pro quo. And lord knows, it is very dangerous to try to help two opposing people or groups! More often as not, they will both turn on you for butting in. Bad habits and vendettas are often so deeply entrenched that they define a person's reason for living, provide justifications for feeling victimized and in the most extreme situations where problems expand

to the level of crises provide a "rush". People love the familiar and hate to face the void of unknown possibilities. Sometimes "help" can be construed as being "made wrong". It also ties back in with the (deluded) comfort of feeling the victim; no responsibility is therefore required. So, "Thanks a lot for your help, you bastard!" Words are powerful thought missiles. Assisting someone has far less of a charge than "helping". Bueno

Response: Fine psychological insights on the subject Ken. Blame, complain, raging against "Other" - whether the benefactor or anyone or anything else - indicates little development of their true self and being, as they are lost in the vital/emotional/ego center that is the foundation of Ignorance and Falsehood. It continues on until (if they are lucky) they break through into a new perspective of life. Personal and spiritual growth is the result. True knowledge of life follows.

No Title

What is outrageous to one generation, is natural to the next.

Reader: Ok. Whether right or wrong?

Response: Yes. Most of the time, not always, the new generation knows better than the old, but there can certainly be excesses or certain regressions among the better new.

No Title

Current conditions are always indicating future outcomes, but we don't have the wherewithal and subtle sense to perceive it. Therefore, if a negative presents itself in the present, it's best to consecrate it to avoid negative permutations in the future. If a clear positive shows itself now, one can offer that too to the Mother so that it's redoubled again and again in the course of time.

No Title

The more you are bothered about something, the more there will be to be bothered about.

Comment: Or to put it another way, to be bothered by something energizes it, which causes it to spread.

Best to be calm about the matter, offer it to the Mother, and then forget it. Positive developments related to it will ordinarily soon follow.

No Title

Detachment is a spiritual movement that can occur at the physical, vital, and mental planes. In the mental plane detachment is the deconditioning of mind by neutralizing our likes and dislikes; by detaching from our prejudice, formed opinions, preferences, and expectations. This enables right perspective that leads to life-supporting positive action and results. (based on comments of Ramesh Kumar)

No Title

Detachment is Shifting Faith:

From what we see

From what we know

From what we learned and experienced

From what we have achieved

From what we think we can achieve

From our endowments, skills and capacities

From our family, friends, organization, community, nation

From every form of finite.

And attaching ourselves to universality to see the truth and purpose behind all above.
(Ramesh Kumar)

No Title

Let's not be burdened by unnecessary thoughts, feelings, and influences of the past, except those that can be of value in the present to create a more dynamic future.

No Title

Looking at the same thing from new perspectives reveals untold possibilities and opportunities.

Comment: It can be as mundane as physically looking at a table from an angle at floor level, revealing dirt that has not been attended to in months and should now be cleaned, to mentally considering a software service from the view of the needs of the society beyond the individual that leads to new code that addresses that need. In either case, it opens up new possibilities and their means of manifestation, whether through action, inspiration, analysis, or even spirit.

How then can we look on what we do in our work or otherwise with new eyes? What will give the new perspective? And once we perceive such new angles, what will we do to accomplish it; to manifest it as real in the world.

No Title

The brain is somewhat analogous to a radio that tunes into various planes of Mind, its array of stations, and their infinite content of Knowledge.

No Title

Involution is the process by which Spirit became the Universe. Evolution is the process by which the Universe becomes Spiritualized. The Supramental plane and force plays a central role in each.

Sri Aurobindo has revealed this ultimate Knowledge to the world. Now science, philosophy, psychology, etc. can catch up.

No Title

One's own daily lives can be a living laboratory of the principles of higher consciousness Sri Karmayogi has given to the world. We can observe ourselves at each point and keep a journal of our progress. It will be a great learning experience, like no other.

No Title

The predominant negative trait we express in the course of our day is Ego. It is persistent and frequent, and expresses in a myriad of ways. Learning to look within and catch Ego at each point in the course of our day is a critical aspect of personal and spiritual growth.

Life Repeats Negatively

Life repeats negatively again and again until we get it right.

Examples:

-A man leaves the country to escape the mistakes of the past, but then life presents it in a new form, and then later once again, until he gets it right.

-A woman feels abused by her boss, does not know how to handle it, and goes to work somewhere else. But then it crops up again. It repeats until she develops the inner strength to overcome it

-A man repeatedly gets involved with the same type of woman with the same types of problems, until he chooses something higher.

-A man is constantly late when he meets with a friend at a restaurant periodically over the years until one day he decides to make a change, and as a result he suddenly attracts astonishing developments at that on-time meeting.

(Or to put it another way, when you break the chain of the negative repeating, life issues forth astonishing results in response to that higher consciousness movement.)

Each of us have our own unique repetition patterns. To recognize what they are and then overcome them enables growth in one's consciousness, accelerated success, and fulfillment in life.

Applying Custom Inner Strategies to Overcome Each Problem

You can solve any outer problem by the right combination of inner oriented strategies.

Eg if a neighbor has a very messy yard, you could confront them directly, but that is a conflictive solution liable to do more harm than good. Instead you can take an inner approach and-

1. Clean up your own environment
2. Not be bothered by the neighbor's mess; i.e. practice non-reaction and detachment
3. Consecrate to the spiritual Force and then forget the entire matter.

As a result of implementing these strategies together, a completely unexpected solution may soon present itself, such as another neighbor suddenly coming forward to express complaint with higher ups about the messy first neighbor bringing about a substantial tangible outcome.

No Title

One of the Mother's specialties is that when you offer a problem to Her, She doesn't just solve that issue, but reveals others and solves them as well.

No Title

The mind is incapable of seeing the truth and it judges according to its own limited capacity – not only limited but unconscious of the truth. (The Mother)

On the Utility and Limits of Mind

-[Mind's] role in the creation has been, as a matter of fact, to make things precise, to explain them, and at the same time to limit them.

-It's quite certain that when the Supramental manifests, it will replace the ... restricting mental precision [of the Mind] – a precision which limits, and therefore partly warps things – by a clarity of vision, another kind of precision that will not restrict. (the Mother, from Agenda, September 25, 28, 1968)

Higher Consciousness Perceives Multifaceted Nature of the Reality

"We don't see things as they are, we see things as we are." (Anais Nin)

It's very true. The challenge is to see things as the Reality really is. Sri Aurobindo's The Life Divine explores this very topic -- i.e. the nature of Reality, and what it is, and how we can come to perceive its true nature in 1000+ pages of metaphysics of cosmic insight. His views on the subject are unprecedented in spiritual history and if we can even have the smallest glimmer of his Knowledge, we will begin to see Reality beyond our small portal view. It requires the complete transformation of our being, including the experience of our psychic/soul nature within, so we have the supramental view of the integral Truth of things that perceives the Reality for what it truly is.

Relative Experience of Time

It is well known concept that space is absolute, but time is relative. Eg when we are busy time appears to move rapidly, whereas when we are bored or otherwise unoccupied it seems

to move at a snail's pace. When we move to the spirit there are even more dramatic experiences of time. Eg when we consecrate (offer to the spiritual Force) an activity, life presents us very quickly with results that might have taken days, weeks, months, if at all, to occur. We call it "instantaneous miraculousness."

It is also said that when you connect with your psychic being, the evolving soul within you, then past, present, and future are not three separate divisions of time, but are one continuous arc of being. From that deepest poise within you can affect the past in the present, and similarly know the future in the Eternal Now.

In Her 14 volume Agenda diary we are privy to Mother's startling array of time-oriented experience; where e.g. She suddenly stopped all motion, was still for 20 minutes, and confessed to Satprem her disciple that one second had passed in her consciousness. Likewise, in a few seconds she experienced hours and days of time. It shows that through higher consciousness of the spirit we can have the relative experience of time in the extreme, something that science has only begun to recognize.

Accepting the Limitations of Others

I was reading in Mother's Agenda where She said that there is no point condemning the ignorance of other individuals, as they are in one sense doing the best they can, which is a reflection of who and what they are. If we look out on life and accept the world and others this way, it will be very helpful for one's self in our view of life, and can also have an influencing effect on others to do better.

This approach is the recognition of the Reality for what it is, which includes all planes from spirit to matter, of all forms, of positive and negative, large and small, etc. etc. When we perceive the Reality, including the necessity of all the flaws of existence within it, we have the True View of life, which in turn serves a great purpose in the world, particularly in our relationship with others, as well as the development of our own consciousness.

No Title

Positive developments often come in bunches at exactly the same time, and from completely different, unrelated sources.

It is Synchronicity and the Interconnectedness of life.

In addition, though on the surface each appear to be unrelated to one another, from a deeper perspective one discovers profound connection, correlation among them; as well as deep indicators and prophecies of great good in future.

No Title

For devotees the swiftness of their personal growth and evolution is dependent on how frequently and intensely they open to the supramental power via the divine Mother.

No Title

Truly conscious individuals are constantly perceiving Synchronicities occurring around them; perhaps a dozen or more times a day.

No Title

Inspirational Slogans we share with others are most powerful when they come directly out of our own recent or otherwise memorable personal experience. Otherwise, they tend to be brittle, evanescent, easily lost by others in passing.

Reader: Evanescent?

Response: fleeting, temporary, momentary, transitory, not solid, easily lost. In other words, the shared item has no lasting effect on the reader because it is just a fleeting mental idea rather than a deeply lived experience.

No Title

I believe that the view of "the Reality" (as explained in Vedanta, Sri Aurobindo, et al) is the most profound conception of existence afforded to Man. And it is this that is the center of a true "Theory of Everything," that currently eludes science. If they were to truly perceive the Reality, which is the interrelated, integral All, they will have the right basis for understanding everything in their purview.

No Title

The more we are bothered by the service we are getting, the worse the service we will get. Detachment and non-reaction has the opposite effect.

No Title

The REALITY can be viewed as any one of these sums:

- The universe and the source of the universe
- The Being (source) and the Becoming (creation)
- The One (Divine) and the Many (forms and forces)
- All planes from matter to life to mind to spirit
- All forms and forces in and beyond creation
- The Absolute and the Relative
- The Involution and the Evolution
- The Creator and Creation
- The positive, negative, and in between
- Good and evil
- The large and the small
- The macro and the micro
- Every variation of personality
- All circumstance, events, unfoldings
- Space and time; Spacelessness and timelessness
- The objective and subjective
- The false and the true
- The ignorance and the knowledge
- Prakriti (Nature) and Purusha (Conscious Being)

In other words, the Reality = the ALL, the EVERYTHING, including their integral Connection and Oneness. All things are just different expressions of the Reality, the All.

This conception of existence can be the foundation of a so far elusive Theory of Everything. Sri Aurobindo provides that theory of everything, which is his theory of Creation - mainly the Involution from spirit to energy to matter and of Evolution from matter to life to mind to spirit.. Science is slowly and awkwardly moving forward toward what Sri Aurobindo has already posited.

No Title

Sri Aurobindo has given the Theory of Everything that has so far eluded science. It begins with an understanding of the nature of "the Reality."

No Title

"The events of our lives appear to lack coherence due to a limitation in our understanding. Those who perceive the true character of life realize that it has a complete connected significance."

(from the Book inside the novel 'The Book' by Garry Jacobs)

Our Illusory View of Reality

For our entire lives we have been looking in the mirror, thinking that is what we look like. But that is actually a reverse view, what is called a "mirror-image." That is an example of a physical distortion of reality. Then there is the psychological distortion, where we think we are a certain way, but others see us quite differently; in terms of our nature and character.

Then of course there is our entire conception of reality itself, which we think is one way, but is far different and more comprehensive than we think. We can only garner that view by developing a much deeper and higher consciousness. Our view of existence is therefore in many if not most ways illusory, while the true nature of the Reality in all its infinite facets is really real.

Eg Mr. Darcy in *Pride and Prejudice* has at the start a view of life that is of privilege, class, and sense of superiority. He is immersed in this life and existence. Then he meets Eliza, and discovers that love is a side of reality he never perceived before. It is a new dimension of existence.

Likewise the people around us have different views of reality that we do not have, and we are surprised when we learn a new aspect from one of them or from life. There are actually hundreds, thousands, infinite sides to existence, but we only perceive one, our own. It is as if we believe bread is the only food that exists, and continue to eat it, not knowing that there are infinite types of foods and tastes.

When we rise in consciousness, we experience more "tastes," progressively adopting additional perceptions of existence from among the infinite variations. When we reach the peak, it is called Universal Consciousness, as we perceive and embrace all aspects of being. Supermind is beyond that still. It sees the multiple even infinite sides and aspects of existence in integral unity. It is the very opposite of our extremely narrow, separative view of life, of our single side, therefore mostly illusory perception of existence.

Perceiving the True Nature of Reality

The human mind that we are born with has an extremely limited capacity to perceive the true nature of reality. Only when we move to intuition of knowledge without thought, to illuminations and lights of truth, to revelation and supramental perception -- spiritual formations of mentality -- do we develop the capacity to perceive the multi-faceted view of existence, the true nature of the Reality.

Through constant consecration, taking the other person's point of view, non-reaction, self-givingness, et al, we begin to develop an inner life, plus an opening into these higher spiritualized planes of mind, where we increasingly perceive newer facets of existence, including their integral relations.

Fulfilling the Human Aspiration

Sri Aurobindo in the first chapter of *The Life Divine* says that we are unable to fulfill the Human Aspiration for Light, Love, Joy, and Immortality because our nature is divided, which expresses through an inability to perceive the true nature of Reality. We don't know who we truly are, and what existence truly is. It is our Ignorance born of creation. If however, we develop a higher consciousness, we overcome that division, see existence for what it really is, in all its variety and integration and oneness, and are therefore able to fulfill our Human Aspiration for Light, Love, Joy, and Immortality.

No Title

When you are strong and do the right thing, taking the necessary action for that condition, completely different benefits will come to you that are perfectly in sync -- down to the minute -- with further positive developments on the original matter.

Example: A man had taken strong action behind the scenes in conversation with the owner to discuss the perpetual inaction of the hired property manager to deal with issues in the home complex. Several days later the owner of the property called to further discuss the

issue, in which he agreed to take action as the man earlier suggested, and at that exact moment a significant check arrived in the mail that enabled the man to pay on a number of his pressing bills.

The man's strength of action in one area, not only helped solve the situation involving the property, but was synchronous with benefit in another area in the form of the payment. It was perfect synchronicity of life response down to the minute.

Embracing What Life Brings that Attracts the Miraculous

People like what they like, not necessarily what life presents them - positive, negative, and in-between. Conscious individuals see the necessity of all these things coming, and learn from it. They especially see how each negative is a reflection of something wanting inside, and therefore discover what that is and overcome it. Good or great fortune then follows. Also they seek to know what inside them attracted the positive, and they then make the effort to accentuate that quality, causing more positive to arrive, often miraculous-like from out of nowhere. Thus, everything that life brings becomes a learning experience for that individual and the basis of a higher existence. A life of wonder and joy follows.

No Title

From our viewpoint, only the Divine is divine. But from the Divine's perspective, everything is divine.

Perceiving That Opportunities Can Emerge from the Negative Causes It to Happen In Software Incident

If you have a very difficult problem and take the right attitude about it, not only will that problem get solved, but other legacy problems that have been there for a while will also miraculous-like self-correct.

The other day I needed to upgrade my Microsoft Office software application from the 2010 to the 2013 version. In the middle of the installation the system froze. I tried to reinstall, but to no avail. Though I was not pleased with the situation, I remained steady. I even suspected some additional good could come out of this problematic situation. I then contacted Microsoft technical support, and spoke with someone who was very pleasant and supportive, but after two hours of trying also could not resolve the problem. The case was then forwarded to a higher-level expert there.

On a second call the next day, the tech took over my machine remotely and continued to try to resolve the problem. At one point they asked if I had the computer tuned recently as I had a number of issues with it. I said I hadn't, though I had noted to myself that the system ran slow on occasion, and occasionally froze.

At one point I consecrated the problem and also did my best to forget the issue, putting the entire matter fully in the technician's and the Divine's hands. A little while later I saw that the system was beginning to install properly. When it completed, I thanked the technician and began to use the upgraded software. It turns out that not only was the upgrade now running very well, but I also noticed that the entire computer was also running faster! When I explored further I saw that many software add-ins acquired along the way had been removed, one of several reasons why the systems now ran so much better!

I was startled by this turn of events but somehow not surprised as I knew of the wonders of the spiritual Force, as well as the power of not reacting to a negative situation. Actually there was more in this case, as I had consciously thought about the fact that additional positive outcomes can come out of a negative situation beyond resolving the immediate problem, which is precisely what happened when in essence I practically acquired a brand new computer!

No Title

"The rival outwitting you announces that you need a better strategy, rather a positive one."
(Sri Karmayogi)

E.g. let's say a person who is negative in our relationship with them rises to the top, leaving you behind. That negative can serve as a positive spur to respond, not just with a better strategy, but with a more positive one. A more positive one is one enriched by an appropriate higher value, or a deeper spiritual method, -- such as harmony of being, re-commitment to the ideals of the organization, patience, cheerfulness, non-reaction, consecration, etc. -- which evoke a response that will take you beyond the other difficult person's status, depositing you at the highest levels of success.

No Title

On the surface the spiritual aspirant appears to be on the way to great achievement, but in the depth he is actually on the way to profound transformation

Reader: Mind is surface?

Response: The mind can be on the surface or in the depths. On the surface it has a superficial understanding of conditions; not penetrating into the truth of things. In the depths, the mind is aware of a deeper causality, purpose, meaning behind things. Through a rising consciousness, the deeper understanding comes.

No Title

Ordinarily, it's best to avoid direct confrontation when there are problematic issues. Better to work with back channels, and more measured, thoughtful approaches. Best if one can change the outer situation through inner means, -- such as greater psychological strength, non-anger, non-reaction, seeing negative correspondence to one's self etc.; whatever life is requiring of you -- if you are capable of doing so. The outer, life response results will prove which is the best strategy in your situation.

No Title

The mind can be on the surface or in the depths. On the surface it has a superficial understanding of conditions; not penetrating into the truth of things. In the depths, the mind is aware of a deeper causality, purpose, meaning behind things. Through a rising consciousness, the deeper understanding comes.

No Title

Capacity for expectation will cease if the capacity for initiative ceases. (Karmayogi)

There are those who constantly have expectation about the outcome of the matter they are engaged in - whether a work, romance, venture, project, meeting, act, etc. They cannot control their urge, as they get ahead of themselves; and worse still, their expectation delays or cancels the potential outcome.

We can overcome this urge through self-control, but that is not so easy when one has lived like this all one's life. Here Appa offers a way out by asking us to practice non-initiative. I.e. wait on life to come to you, instead of initiating on your own. If you are able to do that, then expectation and its various symptoms (including impatience, verbalizing the outcome too soon, asserting that it will happen, etc.), as well as the negative life response that normally follows will naturally fall by the wayside.

Reader: Question: If we are involved in sales, how does waiting for life come to us work? In terms of outreach, etc. Or is this the genius of inbound marketing?

Response: In a practical sense waiting on life's initiative is not normally for sales because that is the job itself - to be self-starting and get customers. Likewise, garbage collectors don't wait for a request to collect; it is their job to collect, just like sales to sell.

However, even in sales we can learn to attract the market from within. We can eg intensely focus our goal, offer it to the higher power, forget it and see if that attracts a life response result.

In many companies over the years we have advocated that they increase their level of cleanliness and orderliness internally to attract the market, i.e. evoke customers. It works

almost unfailingly!
There are other means as well. It is a shift from outer initiative to its inner form. Any organization is fully capable of doing things internally that can bring the market to them, without spending a dime, on say advertising.

In sales for the entrepreneur she can discover all those things inwardly that have the power to bring her top, breakthrough clients and customers. Eg a single change in a negative attitude - toward others, work, or life - can have that effect. Developing inner strength, inner commitment to high values, focus, faith, etc. can do the same.

Thus inner strategies can to be devised for each entrepreneur or each company that can evoke a response, which returns to us as Life's initiative and opportunity that we can respond to.

Additional:

We often advocate that the company seriously examine the changes in society and try to catch that wave by targeting new services to meet it. If we took a deep Interest in discovering that and focusing it as a goal and consecrating it, we can attract perfectly appropriate customers in that area. It is a profound concentration on the Idea that can bring the world to us.

Man's Inner Effort Enables New Regulations to Spread to the Collective

We know that when there is a big problem and we give it due diligence while consecrating the matter, Mother will act and help us resolve it. In many cases, not only will that happen, but the result can spread to the collective, having that same effect on a number of people around us; even to the entire community.

A tenant noticed that his living complex had become filthy and overgrown due to the inattention of the manager of the property. However, rather than confront him, he narrated the information to the owner, and even picked up a bit of the litter as a token gesture. Several days later, it was clear the manager got the word, and people were brought in to help clean up the mess. The tenant was pleased with this outcome ... but there was more.

The very next day he opened the major newspaper for the region and saw a headline that indicated that the city the man lived in (Long Beach, California) had finally decided to consider instituting regulations for upkeep of all rental apartments by their owners, -- including electrical, plumbing, heat, trash, general upkeep, etc., -- something this city alone had been lax to do and wholly negligent in. Now suddenly there was a public outcry and movement in the community to institute these fundamental regulations; something hardly ever mentioned before.

Because the tenant had consecrated the problem, did not react negatively to the difficult situation, made use of the right channels, and even made a token gesture to clean up the mess, the solution spread from his own small living enclave to the city of half a million!

Conscious-Force

At each point we become more conscious, we are simultaneously unleashing a bit of the absorbed, involved, hidden Conscious-Force within us. The Conscious-Force (chit) is the cosmic energy that has its origins in Supreme, and has become buried in life through the Involutionary (creation) process. At each point that seed unfolds, there is growth in consciousness; even evolution; for ourselves and the world.

Comment: The compulsion for the seed to come out is two-fold: through our higher consciousness, as well as from the influence of the supramental Force above. In essence, we re-embody in life the Conscious-Force of the Supreme, the Divine that is the origin of existence. The universe filled up with Conscious-Force is therefore the purpose of existence.

No Title The universe filled up with Conscious-Force is the ultimate purpose of existence.

Comment: Sri Aurobindo says it is in fact our, the universe's Destiny.

Reader: Our universe could also be a sub conscious to somewhere existence in a billions of galaxies!! (time 8.30 pm) thank you for a propelling thought.

Response: I believe knowledge of All aspects of the Reality, not just the material, are subconscious to us.

No Title

Contrary to many people's view of things, the Ideal can be looked upon as the ultimate Practical.

After all, what has had more practical effect than such Ideals as freedom, liberty, democracy, true individuality, entrepreneurial spirit, women's right, and dozens of others?

And what of the ideals today that seem to be only wishes and values that can become tomorrow's ultimate forms of the practical; such as Human Unity or Spiritual Realization and Transformation? Imagine their practical effect on the world.

No Title

Consciously restraining ourselves from taking a particular action can have an effect on others to come forward and take on that very same effort. And it can surprise you just how well they do it.

Comment: An individual had participated in a public forum on spirituality in life for a number of years. He often read what the leader posted and then occasionally would provide his own detailed comments on that subject matter.

One day the chief contributor posted a new essay, but this time the man consciously decided to hold back and not give his comments. A couple of days later he went back to the site revisiting that particular post and discovered that another very informed individual had given his own extensive comments on the same subject. In fact the way he arranged his comments were very similar to the way the man ordinarily did, plus his words were exceedingly insightful.

The man understood that by withholding his response, it attracted someone else to step forward and provide rich, penetrating insights that were equal to if not superior to his own.

No Title

Karmayogi asks us to have Patience as if we had all Eternity to bring about our aspiration, yet practice those inner behaviors that attract such results to us very rapidly. It is a wonderful challenge to develop this right relationship to Time and Accomplishment.

No Title

True measure of successful work in one's day is the degree to which we evoke positive response from life. No evocation is pretty much a wasted one.

No Title We humans are for the most part adept at getting at the physical/material root cause of problems; less so of the psychological and spiritual sources. This indicates the scope in front of us for creating a better world, including our growth in consciousness as a species.

No Title

Behind the physical/material cause is the psychological, and behind that is the evolutionary, with the Spirit (self within and transcendent beyond) being life's ultimate determinate.

Right Crossroad Decisions Attract

There are dozens of tiny crossroad decisions one negotiates in the course of the day. If in any given instance you take the positive path, as opposed to the negative, life will quickly respond in your favor.

For example, you are walking down an aisle in the store. There is a clerk loading goods who is in your path. You can decide to be irritated by that person or not. Better than that you can say "excuse me" with positive intent when you walk by. When you do so, you immediately

discover that what you had hoped to be available is. In fact, it far exceeds your original expectation.

A day filled with right crossroad decisions will convince you of the power we have within us to make life respond on a continuous basis.

Restraint from Meeting with Friend Attracts Conference's Enormous Success

An associate of mine was about to participate in an important conference in a nearby city. Normally he travels throughout the world to give his presentation, but this time he happened to be participating in a gathering nearby.

I had not met with him in over a year and could have easily been overeager to see him. Though he emailed me and left his hotel information, I held back and practiced restraint, since there really was no other compelling reason for our getting together. In light of additional time constraints and other factors I thought this was the best approach. Plus I felt this could lead to positive consequences.

A week or so later my colleague informed me that the conference had gone exceedingly well; far beyond his expectations. He energetically told me that he had met a number of very interesting and influential people who were deeply sympathetic to his own aspirations in his field. He went on to tell me about other marvelous and most unexpected developments at the conference.

In retrospect I felt that my restraint helped evoke these wonderful results, reminding me once again of its extraordinary life response power.

No Title

You rise to the heights of your self-giving.

Self-giving raises one to its maximum. (Karmayogi)

Reader: Sir an example please

Response: The more you give to others, the more you get back; ie the more life returns the favor with good fortune.

Eg instead of merely servicing your customers, you think about what they really could benefit from. You then develop a strategy to make that happen, and then execute it. That evening after the first day of implementing your plan you unexpectedly receive a call from a new client that has the eventual effect of doubling your income.

Reader: Thank you Sir. But there is a saying don't help others unless they ask for it.

Response: That is also true in many instances. But only taking that approach with say our clients, can be ruinous; as others can swoop in with better, more active service. Going the extra mile is an example of this.

Self-givingness is a movement of the heart and soul, where one thinks of others before one's self; of benefit to others rather than benefit to one's self, though ironically it attracts great benefit to ourselves as well as well, as Karmayogi indicates, and which is my common experience.

Mostly we live in selfishness and ego; concerned about ourselves and our own issues alone. Just becoming aware of such negative propensities and overcoming them will increasingly move us toward self-giving behavior. In the meantime we have a lot of work to do; both on the negative and positive side!

No Title

In a conflictive situation with another if you withdraw your position or assertion or action, and accept the other person's point of view and then forget the matter without any emotional attachment, at some point soon thereafter the other person is bound come around to your point of view, even acting as you would have in the first place. It is the life response power of non-assertion, taking another's viewpoint, withdrawing attention, and silent will all wrapped up in one.

No Title

Education is rapidly making us more mental and psychological in nature, instead of merely physical and vital (which is where most people are centered). Education that offers deeper insights into the Character of Life and the nature of Reality can also make us spiritual in nature. That New Education and knowledge is just starting to arrive on society's shores.

No Title

The great tragedy of the modern era is that with the end of the Cold War the world has not taken advantage of that vast opening for positive change.

The Web of Life and Life Response

The Mother here describes the essential makeup of reality and the interconnectedness among things that enables the phenomenon of Life Response to take place:

""I have a curious impression of a kind of web -- a web with ... like very loose threads, I mean not tightly meshed, connecting all events, and if you have power over one of these webs, there's a whole field of circumstances that apparently have nothing to do with each other but which are linked together there in such a way that one necessarily implies the existence of the other ... And I have the impression it's something that envelops the earth.

And it's not mental. They are circumstances that depend on one another, in a completely invisible way outwardly, without any mental logic, and yet as though connected to one another.

If you are conscious, really conscious of that, that's how you can change circumstances."

No Title

We rarely consider that the past has determined our present, even as our present is determining our future. We are too caught up in our current moments to consider it.

No Title

Through consecration we can reverse the negative influences of the past on our present, as well as assure positive outcomes in our future.

No Title

Society's problems are rapidly accelerating, and yet there is no one in control. A degree of global governance - such as a World Parliament - can begin to solve the problems of society collectively.

Comment: -Individual nations cannot solve their problems because they are increasingly global in scope.

-A degree of World Governance is a critical stage that Sri Aurobindo advocated on the way to World Unity and a Divine Life on Earth.

-Global governance would have teeth to pass legislation for the world that is binding, like one would see in an individual country.

-it could tackle issues like mass poverty, disease, unemployment, stagnant wages, radical income disparity and distribution, nuclear proliferation, weapons proliferation and profiting, financial speculation, ecological disaster, global security, terrorism and fundamentalism, etc.

-Such Global governance would not mean the end of the identity of each nation. In fact, the first law of global governance would be the sovereignty, integrity, and true individuality of each nation.

-In toto that is expressed by the deep spiritual value "Unity in Diversity", extending India's motto to the world.

-That body can have as its fundamental value a Human-centered economics, not money-centered as it is now

-Money should serve humanity; not the other way around as it is now
-A Human-centered economics and world would be the New Paradigm of existence
-It is a progressive stage on the road to Human Unity, which itself can usher in an infinitely creative and dynamic spirit-based life on earth.
Reader: It may also be a nice step to bring success to the Truthful people, and to the people who want to lead a prosperity life, through spirituality, like Mother wanted in this world.

No Title

Money should serve humanity; not the other way around as it is now. The financial crisis that almost brought down the world economy is proof of concept. Moreover, it can repeat in future, though in different forms. When we develop a Human-centered economics instead of the current money-oriented one, such convulsions can be avoided. This is the New Paradigm of economic and social existence now offered to the world.

Reader: And heart centred!

Response: Yes. Heart centered is Human centered in its higher forms.

Human centered serves human needs - like right to a good job, health care, real opportunity in the society, environment of individuality, security from harm and a stable economic life, etc. etc. It is the human being at the center of life, which should come first, rather than money, power, materialism, etc.

Heart centered is a higher emotion, a spiritual quality that can foster human centered life, bring it to its full flowering. Heart centered is ultimately spiritual in nature as there is deep identity with others, feelings of compassion, self-givingness at all levels without expectation of anything in return; as well as humility and reduced ego, which are all spiritual values.

Human centered may very well begin as a shared mental value, an expression of a powerful idealism that can mature into its ultimate form through a heart-centered, self-giving, spirit-based environment.

No Title

The problems of the world are too great to be solved by any individual nation. Since they are global in scope, they need a global, collective response.

No Title

Inner stillness is the solid basis for attracting great success when engaging in outer action.

No Title

We live on the surface of life; not in our soul, our immortal being. Therefore we are unable to perceive the true nature of Reality.

No Title

All of our past is with us now, including all that has been learned from our past lives, which we take with us now for our further growth in the future.

Comment: When we connect with the depths, our true self and being, we come in touch with all the accumulated knowledge that our psychic entity has acquired through multiple births.

No Title

It is the aspiration of our Soul that is creating the circumstances of our lives.

Comment: The evolving soul (psychic being) has entered ourselves in this life/birth so it can continue its Journey to evolve; learning something uniquely new through our experiences. Thus this True Self within us is urging, compelling us to move in certain directions, meaning that it is a great determinate of our existence.

And yet that entire process is normally subconscious to us. However, when we discover our Deeper Center we more clearly perceive this cosmic dynamic. Now we have truly awoken to life.

No Title

Living on the surface we think we are determining our lives, but the real action is occurring in the depth of our being, in our evolving soul, which is truly influencing, even determining our existence.

Reader: If we carefully observe then we can also generalize the thought patterns, behaviour patterns of people and categorise them however people at individual level think that they are unique which is not true for most people.

I guess we are a part of a bigger movement just like small particles floating on tidal waves

Wow I am thrilled just after writing this I saw your post "we think we are a stream.....". Is thus what u mean by synchronicity??

Response: When we are in Ocean consciousness - as opposed to stream - we perceive an infinitely deeper and wider existence, which enables us to perceive subtle unfoldings including a continuous flow of life responses, synchronicities, parallelisms, etc. Our wider existence thus moves into identity with the infinite existence that is the Reality, which is Ocean consciousness.

No Title

Every person's ignorance, wrong attitudes, bad habits, misguided beliefs, etc. serve a purpose in the evolution; as it's a starting point and basis for us to go forward.

That way we can be more tolerant of others. Not so much to admire their ignorance and other negative qualities, but to realize it serves a purpose, is a condition and basis for their further growth.

No Title

We think we are the stream, but we are really the ocean.

No Title

When we are in Ocean consciousness - as opposed to stream - we perceive an infinitely deeper and wider existence, which enables us to perceive subtle unfoldings including a continuous flow of life responses, synchronicities, parallelisms, etc. Our wider existence thus moves into identity with the infinite existence that is the Reality - which is Ocean consciousness.

Reader: reading Life divine - consciousness,

No Title

Very often pending work instantaneously becomes booked work when previously booked work is undertaken; not a second before.

No Title

Irritation towards another's alleged misbehavior leaves one prone to absent-mindedness and therefore physical mistake.

No Title

Increasing awareness of negativity in one's thinking and feeling is a sign of a rising consciousness.

No Title

(a poem of mine from 2008)

Carrying Forth

We all live on the skin of the earth.
We all dream in the sky of mind.
Down the dark corridors, and up the white path,
We journey on roads to unknown places.
On the chapel hill, beside the broken urn,
In the hourglass of eternity, we slip through forests of dreams.
Incalculable unknowns, incandescent notions,
We carry forth the ideal of the past,
Discarding it at the foot of the Golden Hill.

Beyond Eye for an Eye to Global Collaboration

Is the world still in eye for an eye mode?

I believe that most of the democracies are not, which is over 90% of the nations. That tit for tat mode more or less ended after World War II.

The problem is that Middle Eastern and parts of North Africa have not evolve over the last 500 years, personified by their backwards ways and lack of democracy.

That multifaceted conflictive condition there can easily be resolved if the countries of the world work together to overcome it. The truth is that the powers that be have not taken advantage of the end of the Cold War which opened up a great window of opportunity. Instead nations drew inward and then became oblivious. The problem lies there amongst the great powers, as much as with backwardness in the Middle East and environs.

The world is rapidly moving towards higher harmony, but it is not readily seen on the surface. In part that is due to the fact that media only presents conflict, avoiding the facts. We now know that Violence is down 90% since World War II, 50% in the last 10 to 20 years, and continues to radically decelerate. Media only accentuates the negative, even as the negative is actually decreasing over time.

Other problems like unemployment, poverty, financial speculation, environmental degradation, nuclear and other weapons proliferation, etc. are still outstanding, pressing issues. And yet all can be successfully addressed through collaborative effort of the nations.

The Internet is sign of an evolving consciousness, which is accelerating behind-the-scenes, as we are becoming more mental beings. As we continue to educate ourselves and work collaboratively to solve global problems, progress will follow. The problem just now is that the problems are increasing, yet no one is in charge. A form of active world governance with teeth would help legislate change in the world. It's time to truly become a global society, one that deeply respects the individuality of each nation. Unity in Diversity can thereby become the global motto.

Comment: "What is the fate of these non-evolved religious nations?"

Prosperity that moves them away from fanaticism and towards rationality. Education is the topper. The nations of the world working collaboratively, devising plans for improvement can help create that prosperity.

No Title

People often think with their emotions, which invariably leads to faulty logic.

No Title

Each time you accept what you were reluctant to do, life will respond in your favor. And each time you "go to the well" and utilize that new thing again, it will continue to respond positively. In addition, if you harvest more of that thing - whether it be new types of people, resources, actions, etc., - it too will evoke that same powerful positive effect. It can be summed up as the life response power of embracing needed change, instead of thwarting or ignoring it.

No Title

Argumentativeness energizes opposition. Silence energizes agreement

No Title

Sri Aurobindo indicated that human unity and further on a divine life on earth are a fact and certainty that are bound to occur. It is the plan, purpose, and eventuality of evolution. It is then only a matter of time; of how quickly we embrace that outcome.

Even there the supramental Force can act ON ITS OWN and create those positive conditions without human collaboration. New developments can suddenly burst forward, as the hippies suddenly did in their time or the Renaissance in theirs. Internet is an example in ours. Another unexpected development power of Attraction interest; aka Life Response phenomenon awareness and experience. New, untold possibilities and realities will constantly reveal themselves, as we stand back in wonder.

Sri Aurobindo tells us not to listen too closely to the naysayers, the soothsayers, the doom and gloomers, even the blind optimists for "It is the Hour of the Unexpected."

No Title

"Offer the opportunity, patiently wait until it is asked for" seems to be the formula. (Sri Karmayogi)

Yes, when the opportunity comes offer it up to the Force, the Mother. Then patiently wait, rather than pursue, allowing the opportunity to materialize into something real that is requested of you. You will be informed of that reality, work, etc. at the appropriate time. This overall approach creates maximum results. Life response dynamic (sudden good fortune) will constantly be there.

No Title

That which bothers you now will bother you more in future as a result of your current bother.

No Title

Restraint from action that is also without expectation evokes supramental-like results.

Karmayogi's Comments on Affecting The Collective

In response to my efforts of consecration that evoked a response that helped end the energy crisis of over a decade ago in California (2001), Sri Karmayogi added these powerful insights at the time:

1) Mother's Consciousness is universal. Any act done in it spreads. That can be our understanding. Even to confirm that understanding one has to look at his life earlier.

-- As a thought, it becomes public opinion.

-- As an emotion, it stirs up the population.

-- As an action, Govts. act accordingly.

2) It is worth listing all such correspondences on the discussion forum as one man's action is really collective action avoiding personal reference.

3) In a country of general abundance, shortages quickly correct themselves. Good health fights diseases better. The whole pulls up the part as water level disturbed by depression at one point quickly restores itself

4) Bush is voted for. He represents wealth, not only that side of wealth that is abundance, but that which measures its own greatness by the distance between the poor and rich.

5) Fighting -- confrontation -- for rights raises the spirit of the cause

6) This is really not a shortage. It is a symptom of prosperity. Shortage arises from the confrontation between administration of several states, a problem of growth, not scarcity.

7) The dramatic response is:

- California's response to Mother.
- USA's response to social evolution.
- A response to the website of Roy evoked from life.
- a direct consequence of Roy's consecration.

8) It is an occasion to study the process of life responding:

- it responds to existing structures.
- it responds by modifying the existing structure
- it responds ONCE through an inconceivable circumstance created by Mother for this occasion (Supermind does not repeat).

9) In time, this Forum [Growth Online] can become a SITE available to all and serve as a centre to evoke the response of humanity to Sri Aurobindo and The Mother.

--brings the benefit, with hardly any effort on our part. (I.e. life cooperates fully.)

No Title

Unwillingness to make the required effort keeps the benefit away. Giving up the unwillingness and acting, quickly

Utility of Conflict For Progress

Conflict secretly serves to enable greater unity and levels of success that had never existed before. That transition can occur slowly through Nature's difficult path or more rapidly through growth of consciousness of one or more of the parties amidst that challenging situation.

Examples:

- Problem with Greece can secretly serve to strengthen and deepen the European Union.
- WWII served to accelerate new forms of unity among nations, democracy spreading around the world, and the end of colonialism.
- California Energy Crisis of 2001 led to greater awareness of and dramatic rise in alternate energy supplies.
- Darcy and Eliza's deep conflict in Pride and Prejudice enables their deepest fulfillment through love of one another.
- Financial crisis in America and world (Great Recession) can serve to usher in a new human-centered economics.
- In Garry Jacobs' novel 'The Book,' the trials and tribulations of the main characters leads them to enormous, unprecedented success.
- A man's conflict with his boss enables a middling sales rep to become the top performer amongst a large group of his peer sales professionals
- All of our own personal difficulties and conflicts can be seen in retrospect as key stepping stones to our greater successes and fulfillment.
- Etc.

Note: The conflicts, contradiction turn to unity, complementarity when there is a rise in consciousness of one sort or another among the parties brought to bear.

No Title

Negatives tend to vibrate forward in time producing new iterations of itself. And yet a higher consciousness can be brought to bear that cancels such repetitions, eliciting the light.

No Title

As life organises and spreads its mastery, it will do so in many concentric circles, particularly two – the inner one where there will be no flaw and the outer one where flaws exist but in diminishing fashion. (Sri Karmayogi)

Yes, the inner is the psychic being, the soul and spirit in Man, which is flawless. The outer is the material, the life we perceive and experience around us, which is filled with the positive and negative together; but through higher consciousness we bring to bear becomes increasingly more conscious over time.

New Global Values that Can Save the World

The fact that American society is polarized into two political camps and are fixed there indicates it has not yet found the higher harmony of the way forward. This is true of many other nations as well.

Each side has a part knowledge and a part ignorance that can be resolved with new ideas, new values that transcend both.

It also indicates that individual nations are not capable of solving their problems as they are really global in nature and therefore require global-oriented solutions. That would suggest global society needs to develop higher values that can serve as a basis for progress of the world.

It can begin building that New Paradigm of existence by entertaining the idea of a Human-centered economics and society instead of a money and power oriented one. It would be the beginning of the development of a marvelous new world; for each individual nation and society as a whole.

No Title

As the center of our consciousness shifts from the surface to the depths, the hidden Conscious-Force (Chit) of the Divine within us emerges on the surface.

No Title

Let's not be too eager to condemn others because from one perspective they are simply what they are, steeped in their own particular brand of ignorance (just as we are), which is in one sense their own current best.

No Title

Compassion is in one sense the capacity to accept the ignorance of others.

No Title

The intersection of the macro and micro is our own individual Soul. It is the cosmic Spirit embedded in us; a ray of the Divine at our center; the Psychic Being and evolving entity within.

From that profound inner consciousness, Life is experienced as a never-ending wonder. From that nexus of being we experience a myriad of spiritual qualities - including peace, truth, goodness, knowledge, joy, love, timelessness, and infinity.

No Title

We humans exist in infinite variation so that we can each have our own unique experiences of Spirit's infinite variety of expressions.

No Title

Human potential is infinite because we are in essence Divine, which Itself is infinite.

No Title

The goal of life is a progressive unfolding and an ever-increasing experience of Delight of existence

No Title

We experience the intermingling of Spirit's infinite variety of expressions as Human Values.

Contradictions Are Complements

The Life Divine is replete with principles. One of the central principles is that 'contradictions are complements.'

Our life is filled with contradictions, things opposing us, people disagreeing with us, our emotions coming into conflict with those around us. We want to go to a fine university, but our marks are too low. We want to marry our daughter well, but our social status prevents it. Constantly we are faced with contradictions. He says all of those contradictions in life can be seen from a higher point of view as complements to what we are, as opportunities to make us more than what we are today, as the exact conditions needed to help us discover and bring forth hidden potentials within ourselves.

In 1989 when I met Professor Amartya Sen, the Nobel laureate in economics, he was not a very famous man.

Today he is a world figure. Can we not become famous like that?

When Sri Aurobindo says that contradictions can become complements, he means that contradictions are really a SANCTION for accomplishment. Nobody has attempted more impossible things than the Divine. What, then, is impossible for us?

(from 'Lectures on Sri Aurobindo's 'The Life Divine' by Garry Jacobs)

Human Choice

It is said that the Divine has a cosmic purpose which governs the unfolding of universal acts through which He is experiencing the Delight of Evolving from the Involved.

The Divine Soul in us, the Psychic Being, also has a purpose. It has come in order to acquire certain experiences in the life of a particular birth, including our own.

When the above two align, both complement each other and evolve together and to a greater degree, bringing valuable benefit for both the individual and the universe.

Yet, the Divine has also given us the freedom to CHOOSE our own path, as every one of us is a part of Him. We may evolve several levels by aligning with the cosmic purpose, or may evolve at our own pace, or we may even deny the evolution on the surface, though it will still happen subconsciously. Human choice is the key to determine which path we will take. Wisdom and a rise in our consciousness will help us determine which path to take.

We see several examples of this in Jane Austin's 'Pride and Prejudice. We witness how Darcy aligned with the cosmic purpose by his inner change, utilizing the opportunity that presented itself during Lydia's elopement. It brought greater good for himself, as well as for the people he interacted with, while also achieving the cosmic purpose. His choice was in alignment with the cosmic purpose because his actions helped the upper and middle class come together in harmony instead of through violent revolution that was currently taking place in nearby France.

Second eldest sister Jane was neutral on the surface, but subconsciously aligned with the cosmic movement by practicing patience and calm during the period of Bingley's absence. In the end she received the benefit of the cosmic movement attracting Bingley to love and marriage without any initiative on her side.

Mrs. Bennet also aligned with the cosmic movement on the surface by having the intense aspiration for the marriage of her daughters. However, her every initiative spoiled and delayed the action of cosmic movement. As a result, she went a year of anxiety, remorse, and turmoil before she finally benefited by the cosmic movement through the marriage of her daughters.

Till the very end Lady Catherine resisted the cosmic movement and tried her best to prevent it from happening. As a result, it brought her defeat; and her evolution was thereby delayed or halted on the surface. However, her soul would grasp that experience as a valuable learning experience, and might use that in successive births for its evolution.

It is interesting to note that the Divine made use of those who resisted the cosmic movement, who would serve as instruments for the final outcome of the story, including of the marriage of the sisters and the rise of the Bennett family. E.g. towards the end of Pride and Prejudice, Darcy came to know that his love for Eliza had still a chance of succeeding only through the reactionary and arrogant Lady Catherine. (by S)

No Title

All morality, all social rules, the whole material organization of the world is based on division. And it seems more and more evident that that will be the FIRST thing – the first – which the higher being (which Sri Aurobindo called the “supramental being”), the first thing that being will want to abolish. (The Mother, Agenda volume 11)

No Title

It is much better to Become than to worship - whether deities, divine beings, even Mother. It's out of laziness to change that people worship others. (The Mother, paraphrase)

No Title

The body knows the positive or negative outcome of upcoming circumstance before the mind does, which has to wait. It indicates what is to come through well-being or ill health.

The more complicated a problem, the greater the urge and capacity of a technology to move forward.

No Title

We admire great physical feats we observe, but we ignore great mental feats and ideas that have ten times the effect on the world. It's because we are predominantly physical in nature, -- i.e. surface and sense-dominated, - plus vital; not truly mental and ideative.

Reader: That is why a sports person gets more footage on television than anybody else

Response: Yes, physical possessions, as well as a physical outlook on life.

Reader: We need to focus on the inner and the outer will change in line with our focus.

Response: Yes

No Title

Catch and consecrate any feelings of impatience or failure or despondency or others' alleged indifference. Life will quickly turn around in your favor.

No Title

If you follow the subtle signs life is presenting, you will always be taken to the right place.

Comment: i.e. with the best outcomes.

No Title

A negative situation seriously probed reveals additional negative conditions, which means greater opportunities for improvement. Thus, negatives are truly great positives in disguise when addressed in the right consciousness.

Complete Knowledge Now

In ordinary life to know something in full you can draw on your own limited knowledge, or ask others about it, or discover the information from other sources, etc. etc. With all that effort you might still only know a fraction of the truth of that issue or matter. In Supermind you know all of that matter, all you need to know in a flash without thought as it simply appears in your mind intact. It is A New Way of Living that Sri Aurobindo says awaits us; a

leap beyond our current capacities to cognize the truth. Consecration of the matter or issue -
- opening to the divine Mother and Force -- makes that possible for us now in the interim.

No Title

Life does not ordinarily come to a person with a vast opportunity, which one takes up, after which we are quickly propelled to the heights. Rather it often comes in a modest way; through a relatively small opening that we may or may not appreciate; that we are secretly implored by life to respond to; and if we do, it can suddenly blossom into something enormous. The universe is thus testing our consciousness at the front door to see if we are a candidate to be taken to the stars.

Life is always, above all seeking to bring about our further growth of consciousness. To the degree we make the necessary change in our nature, we fulfill life's intent, and in that process move up to the next level.

No Title

US president Franklin Roosevelt was simultaneously idealistic, optimistic, practical, and strong, making for great character and leadership power that enabled the country to overcome the Great Depression and win the Second World War. How many of us can say we have all four of these qualities, let alone one?

No Title

To live in the moment yet still be conscious of the eternity of time is one expression of divine existence.

No Title

Supramental consciousness is to perceive any particular thing, idea, or activity in relationship to its wider existence; to its Source. It is analogous to perceiving the stream, not just in of itself, but in relationship to the infinite ocean of which it is a part.

No Title

It is ironic that Patience, which allows for the widest unfolding of time, elicits the shortest path to our goal.

Comment: I.e. life always responds quickly and positively to patience.

Reader: I can certainly testify to that!

Response: Impatience can be due to one's obsession with achieving one's goals. "Obsession" should be for positive consciousness we bring to bear each moment along the way. Or to put it another way, to live fully and positively in the present moment without negative interference is the True Goal. Hence the famous expression "the Journey is the reward." Everything then takes care of itself, including the original goal, which is royally fulfilled, or leads to something much greater.

Consciousness Responsibility

Taking responsibility for a problem we are directly related to instead of complaining about or blaming another person is always a helpful tact to take. And yet there is an even wider, more universal form of this approach. We call it "consciousness responsibility."

In this form we take full responsibility for conditions beyond our own selves to those of the group and wider collective -- such as the family, community or organization. When we take such responsibility, taking the appropriate inner or outer action to rectify the problem -
- such as intense aspiration for improvement or consecration, -- life quickly moves on behalf of all.

One example is a high level executive in a company who takes consciousness responsibility for a serious problem that crops up in the organization; including those outside of his level of authority. When he makes the right inner or outer effort - such as an aspiration to improve the situation or actively takes a physical action -- the problem is solved for all.

Consciousness responsibility can even go back in time, to problems from the distant past. When we take responsibility for solving a collective problem from long ago, we too will attract positive conditions, including the cancellation of the negative influences of the past on the present lives of the group.

Thus, consciousness responsibility enables us to become more universal in nature. We shift from our limited selves to a wider sphere of existence. As a result, we gain access to enormous inner power over the collective life.

No Title

Impatience can be due to one's obsession with achieving one's goals. "Obsession" should be for positive consciousness we bring to bear each moment along the way. Or to put it another way, to live fully and positively in the present moment without negative interference is the True Goal. Hence the famous expression "the Journey is the reward." Everything then takes care of itself, including the original goal, which is royally fulfilled, or leads to something even better.

No Title

Mother knows our past, present and future, and their integral relationship. Thus, She perceives exactly what is right for us and what we should do at any moment of time. On the other hand, we barely know our present, which means we have little insight on what to do next.

However, through consecration (opening to Her supramental Force) and the development of a deeper consciousness, culminating in our soul and psychic being, we can begin to develop our own mother consciousness, which will reveal the secrets of our past, present, and future, giving us an extreme capacity to do the right thing.

Technology is a means, not an end. We often get more excited about developments in that area than the Deep Values that drive life and have real sustaining power over human existence. To reach that point of understanding and realization requires us to make the evolutionary journey from the material to the Real and Ideal.

No Title

Not always, but very often true Love comes not when you're looking for it, but when you aren't.

Unintended Consequences of Ignorance and Hypocrisy

One principle of Life Response is that if you undertake an action with good intentions to solve a problem or improve a situation, but make things worse, it is an indication that you have that same or similar issue within yourself.

A good example of this has been US attempts to improve things in the Middle East and elsewhere, that too often ends in confusion, failure, and unintended negative consequences. The reason? The US has over 200 million guns in the people's possession. How can a country eradicate violence elsewhere, when at its very foundations is rooted in the instruments of violence?

Ignorance and Hypocrisy only attract the opposite of one's intent. It is a cruel lesson that every people must come to understand, as well as every individual.

Comment: We see instances where life responds negatively even when we have a positive intent. It is because, as the above post points out, our own consciousness is at odds with our intention.

(From another perspective, Nature compels us to act in error so we can become self-aware.)

No Title

The recent murders of the blacks in the church in South Carolina (which precipitated the post) is another reminder of how guns lurk behind the consciousness of America. Each time such tragedies happen, it reminds us of the vast problem USA has with guns, not to mention weapons proliferation.

No Title

One remark Garry Sir or one of his aids have said of late is how US can lead the world in nuclear weapons reduction, when it maintains a vast cache of gun supply in the country. Other nations subconsciously take note of the fact and therefore wish to have those horrific weapons as well, as they feel no moral compulsion from USA.

Thus we see how life response happens – positively or as in this case negatively – in response to our negative proclivities; and how it acts counter to our intention.

All of history can be explained this way, as also can be seen in literature and film, in companies, in families, in any collectives, as well as in our own individual lives.

No Title

When we have a number of pending activities to do, and we make a firm decision to do at least one, Universal force will provide us with the energy, power, positive atmosphere, wherewithal, etc. to do the other activities as well. Life starts moving on our behalf if we start doing at least one. (paraphrase of KL)

No Title

The world, society demands of us that we move faster and faster. How can we keep up? If we practice spiritual methods like consecration and overcoming negative attitudes, the future will move into the present, and we will accomplish a month's worth of work in a single day. That way we keep up with society's demand for quicker movement; even far exceed it!

No Title

Man wants to be successful somehow.

Instead, he can try to be HAPPY at all costs. (Karmayogi)

Comment: Happiness, Delight is the reason for the universe. It is the reason for Life, for our being here; to experience Ananda, Joy, Delight of being in all aspects of our lives.

We think happiness will come about by being successful. But success, though certainly a good thing, guarantees no happiness at all, or even fulfillment. It offers no guarantee of fulfilling Life's and the Divine's purpose, which is the experience of Joy, Delight of being.

And yet to achieve such ongoing happiness and Joy requires elevation of consciousness on our part. It requires us to change our wanting ways, which will shift us out of the Ignorance and into the light of Knowledge and Truth. That will enable us to perceive the world from the highest perspective, to see the Reality for what it is, which energizes us and gladdens our heart.

For devotees, opening to Mother on a regular basis creates constant Joy, especially when it leads to the development of an ever-deepening center of our being. Calling Her from there brings continuous experiences of Ananda, even Ecstasy, which no work, even a very successful one can match in intensity.

No Title

Problems ignored will compound.

Comment: Example: US never collectively addressed the problems of poverty, unemployment, stagnant wages, et all for the Lower Class. As a result, not only has it

festered, but via the financial crisis (Great Recession), the problem has revealed itself to have spread to the Middle Class as well. Their wages have also stagnated over the course of the last 20 years with NO increase when taking inflation into consideration; an astonishing fact. Now the US Middle Class does not so much worry about rising to the Upper Classes in terms of wealth, but not falling into the bottom; a great reversal in attitude.

That is what happens when a problem is ignored. It festers and spreads. It is a negative life response to inaction; to lack of collaborative effort of the society to solve an egregious, festering problem.

Reader: in our regular life also, problem ignored will come back with more force

Response: Yes, it's true. There are so many examples. E.g.-

-In *Pride and Prejudice* Mr. Bennet over time ignores the rearing of his daughters and thereby invites the elopement scandal of his youngest daughter.

-In schools we allow bullying by students, which over time causes the bullied child to lash out and go on a violent rampage.

-We don't address the debts that pile up in our lives, until one day when income becomes scarce, our entire financial position collapses.

-We ignore the lies of our spouse, until one day it overflows when we discover that he has betrayed us.

-We allow our children to engage in the most egregious behavior, until one day a serious incident occurs at school that is embarrassing to all parties.

-We do not address our poor eating habits, lack of healthful exercise, which causes our physical condition to deteriorate over time until it becomes something serious.

These ignored, compounded problems are due to the inertia of the physical consciousness; or to fear, procrastination and other dark qualities in the vital; or to the foolish or stupid ignorance of the mind.

No Title

How the US and the West in part responsible for WWII and the Cold War:

-Financiers in America speculated wildly, which led to stock market crash, the onset of the Great Depression, the destabilization of the world economy including the democratic German Weimer Republic, which caused Hitler to come to power. In other words, US financiers' greed evoked the evil.

-The West interfered, meddled in the Russian Revolution, causing the authoritarian wing of the Soviet to take over, reinforced by the rise of Stalin, and the great economic, social, and nuclear divide of the Cold War.

It demonstrates a cardinal rule of Sri Aurobindo: that good comes out of evil; and that evil can come out of good as we see in these two historical cases.

No Title

Man wants boons, blessings from his God or deity, but does not want to change his own nature. It can this be thought of as selfish Spirituality.

Comment: Even when opening to Mother, Her Force comes to us to the degree we are receptive. Receptivity is enhanced through growth of consciousness. Thus, boons, benefits coming to us from Her are inextricably tied to our level of inner development.

The seemingly intractable problems of the world are not that of scarcity, but of right association and distribution, which can come about through the value of Harmony. E.g. there are an estimated \$250 trillion in liquid financial assets in the world; yet they are in the hands of a relative few. Let us recall that Sri Aurobindo said that all problem in life are problems of harmony. Reaching beyond the bounds of our own self-interest to that of Other engenders Harmony, and hence can be the basis for solving any social problem on earth.

No Title

Every day you will see several indications of inner-outer correspondence dynamic in your life, whether positive or negative, if you just take a moment to examine the circumstances. If you perceive and learn from those experiences, -- i.e. identify what is negative inside you that precipitated its outer manifestation and change it; and discover what in you is positive that attracted its outer realization, and enhance it -- you are all but guaranteed a successful and happy life.

No Title

Putin and his somewhat authoritarian, even brutish regime is a product of the West's callous humiliation of Russia after the end of the Cold War. In its wake, the Russian people have looked to him to restore the nation's self-confidence and psychological strength. It may seem foolish and very troubling to outsiders, but there is logic to his ascent.

Comment: Russia and US can come together to help solve the problems of the world. This was the point of the end of the Cold War, not just the West's "victory."

No Title

For those with a developed consciousness, Mental initiatives can block Life, the Force from acting and presenting new opportunities.

Reader: Example?

Response: A man was well developed in mental knowledge about Life, Spirit, etc. though his paying workload was slow. He was told by his spiritual teacher that Life will begin to move for him when he stops taking mental initiatives -- like reorganizing his essays into a book that is just for other's knowledge without compensation; developing a vast, multi-level presentation for a 5-day seminar though no one had asked for it, nor did he have any contract for it., and others.

He noticed that during the time he absorbed himself in these unsolicited mental projects that had no guarantee of pay, his paying work dwindled. Now with his income so low and no major work in site, he decided to take up his teacher's advice and ceased all major non-paying mental projects, whether ongoing or any new ones that came his way. He wanted to earn through work, which was needed.

Within one day of taking this tact, he received an unsolicited call from out of nowhere for a substantial paying project. Feeling a bit secure now, he started up with his non-paying mental work again. However, after quickly getting headaches, he saw the light and said "no more" to himself. This time he seriously recommitted to paying work; now and forever.

The next day another substantial unsolicited paying project came in, again coming from out of nowhere. Both were the type of higher paying projects he hadn't had in a year or two, but that he so much needed. Now he knew the process to attract the paying work that he so much desired.

Further comment: Generally speaking life responds with work and money to willfulness, intention, decision, urge; as opposed to ideas. Ideas can be behind the intention, but it is that inner want, willfulness, decision and commitment that attracts.

Another way of putting it is that the response is equal to the plane from which it was originated. So mental thought attracts more knowledge or thought, which is at the mental plane; whereas intention, desire, want, urge, decision, commitment are of the vital plane of our being, which attracts corresponding results at the vital plane, which are life movements like work engagement, money exchange, interchange in relationships with others, etc. Giving up mental initiatives opens the door to such vital Life movements.

Generally speaking, for most people, an Idea given by another does not truly become real until one has had the experience of it.

Comment: (Through experience the Idea shifts in the descent from the mental to the vital plane; i.e. from thought to emotionalized concept. It becomes fully real, when it descends further and penetrates the physical consciousness where that idea is spontaneously experienced; i.e. it becomes second nature.)

No Title

To fully accept each person for what they are is one definition of compassion.

No Title

Interference in a matter often leads to error of fact or similar. Best to restrain one's self as much, as long as possible, if not completely.

No Title

Add expression of a negative attitude to an already low energy condition, and the response from life will expand negatively in many directions.

No Title

What is scarce is not water, money or protection from pollution, but awareness and attention, in short, consciousness. (Sri Karmayogi)

No Title

What the mind sees is true, even if it is partial. When it begins to insist on that as the only truth and goes on denying what others have seen, it becomes false. (Sri Karmayogi)

Comment: Yes, the limited perception of the truth is Ignorance of the Mind. When there is insistence on that partial truth, it further degrades into the Falsehood of the Vital. When one forces others to believe in that falsehood it becomes Evil of the Physical.

Ignorance (Mental) > Falsehood (Vital) > Evil (Physical)

No Title

Needlessly reminiscing about a past negative - whether failure, foolish action, etc. - can quickly re-evoke it or something similar. Therefore, avoid such discussion unless absolutely necessary.

No Title

The full truth revealed humbles one who only perceived a part.

No Title

An aspiration held and felt deeply within can attract success ten times faster and to a greater degree than mere outer action. This is especially true if that aspirational intensity is also consecrated; i.e. offered to the spiritual Force. In that condition, the Life Response power is enormous.

No Title

Our surface or emotionalized mind tends to reject things that are New, as the reactive part of our nature is normally in ascendance. And yet when given time to settle in, when there is wherewithal to reason, contemplate, and learn other aspects of that matter, the more rational part of our mind takes over and is more likely to now embrace that New.

On the other hand, a spiritualized mind - i.e. one steeped in silence and intuitively open; which reflects a deeper consciousness - normally accepts the New without hesitation or reservation. As a result, it gains tremendous advantage for right functioning and for being highly successful in the world.

No Title

The spiritual approach to time and success is to have endless patience, as if one had all eternity for things to arrive, while inwardly evoking response that rapidly brings the future into the present.

No Title

Each time you detect you are being impatient, it's best to stop it in its tracks, and then consecrate it so it won't occur in future.

No Title

South India rarely has temperatures below 60° F, day or night, yet Mother said in Agenda that one day it would snow in Auroville; i.e. there would be temperatures under 32° F. In other words the perpetual heat there would be brought under control. Could this be Her interpretation of what we now call "global warming?" Or is it simply the fact that in the future She will exercise or perhaps delegate to us a Power over Mother Nature?

Physical, Vital, Mental, Spiritual Planes of Our Lives

There are various planes of being. They range and ascend from the physical plane to the vital to the mental to the spiritual. Among these there are further subdivisions in an ascending scale, as well as from the outer to the inner.

- The athlete functions and is centered at the physical plane.
- The Politician evokes interest and the sympathy of his followers at the vinyl/emotional plane.
- The thinker organizes and clarifies ideas at the metal plane.
- The sadhak and seer evokes peace, harmony, truth, wisdom, goodness, joy, love, timelessness, and infinity at the spiritual plane.

We exist at all of these to a greater or lesser degree. Evolution is to move upward and inward among these planes.

Society, even Life itself exists all of these planes, and is also progressing, evolving slowly among them over time.

Humanity is now especially evolving at the mental plane, which is in fact accelerating in recent decades.

No Title

In addition to the challenges of work, spousal relationship offers the widest scope for personal growth. Every complaint, blame, reaction, ego movement, inflexibility, insensitivity, et al can be turned into its opposite, enabling vast growth in consciousness.

No Title

What we seek is Karma while GRACE is after us with an evolutionary vengeance. (Sri Karmayogi)

Comment: We are here to grow in consciousness beyond our current limitations. That is the opportunity we are afforded for our evolution.

Knowing the status and aspiration of our souls to grow further, Grace comes intensely to us through It's initiatives. Therefore we should be vigilant and open to those initiatives when they arrive.

It is the direct means of our deepest progress; as opposed to a mere drive to accomplish, to be successful, which alone only builds up new karmas.

No Title

In an atmosphere of humility and eager interest in others, unexpected positive conditions, solutions, and opportunities present themselves.

No Title One quality of a rational and hence successful organization is the capacity to quickly reverse course when it has made a mistake. Holding onto, maintaining that error normally brings stagnation and can lead to disaster.

Comment: One championship professional sports club was continually reluctant to make a change when things were going bad. But invariably as things got worse, they learned the lesson, saw the light, identified the mistaken area, and made the necessary change. Each time, that very thing would be the method that propelled them to three world championships. We see the opposite for teams, organizations, even individuals (!) who hold onto their mistake, whether out of ignorance of it or simply reluctance to change.

No Title

It's never too late to reverse a mistake, especially when it is shifted in consciousness. Even when the period has passed and the damage has been done, a movement of contrite recognition of the past error can elicit unexpected positive conditions in the present.

No Title

Outer expressions of psychological strength is not inherently egoistic if it's required by the conditions of life.

Reader: Can you please explain more Roy Sir?

Response: There are times when you may have to stand up to other people or conditions and assert yourself when they are causing you or others harm. (It may have even been created through your own weakness.) This is not really an egotistic movement, but something that is necessary for your sake in your life. On the other hand, Egoism is where e.g. you have disdain for another's opinion, action, station in life, etc. and only care about your own interests. One is a movement of psychological strength; the other is the separative consciousness of ego.

(It is also true that we can instead effect such outer change through inner movements of right, higher consciousness.).

Reader: Thank you Roy Sir. This is an interesting way to perceive things. I have always thought that this type of assertion is also a form of ego

Response: If you are required by life to assert your position, it can still be done with humility. Eg if a woman is constantly humiliated by her boss, she can shed her weakness and take it up with higher ups. Just the decision can attract positive results, such as an unknown person suddenly acting on your behalf, causing higher management to discipline the manager. Inner intention that shifts from weakness to strength can attract such a life response effect. If humility, patience, no ill-will, etc. is added to the dynamic, it will have even greater life response effect.

(Of course if one knows why one attracts an abusive boss, spouse, etc. and changes the corresponding limiting quality inside, it can also have a great Life response effect. Consecrating the problem will also help immensely.

As we see there can be various approaches to resolve such problems.)

Reader: Thank you for the further explanation Roy Sir.

No Title

Running away from a problem only brings it back in new forms.

Comment: ... sometimes more fiercely in each iteration.

No Title

A persistent, general connecting to Mother for no particular benefit, with the gentle self-offering to Her of "Thy Will be Done" is the essence of spiritual Surrender. For devotees there is perhaps no greater inner experience.

No Title

Though problems are accelerating in the world, so are solutions, as we are increasingly able to tap into the infinite, spiritual dimension of our minds - including light, intuition, revelation, and supramentalization.

No Title

The knowledge of what we could have done in the past is powerful enough to overcome Time. One who has that knowledge today, if he can do now what he had missed earlier will see all the results he had missed coming to him cumulatively. It is the infinity of Simultaneous Time. (Sri Karmayogi)

Comment: Simultaneous time is the experience of the past, present, and future as one seamless and undivided arc of time in the ever-present, the Now. (Mind on the other hand has a divided view of time.) That is why a heightened consciousness today can have the effect of undoing the negative influences of the past on the present. Life responds to our influences in the simultaneousness of time.

Sri Aurobindo says that when we are centered in the psychic being (soul) we continually have the consciousness of simultaneous time, with all that implies.

No Title

We can perceive illness as Grace when we recognize its latent power to compel us to raise our consciousness and move our lives forward.

No Title

Sincerely take an interest in another and their interests, and they will openly respond to you.

The Humiliation of Henry Ford

The great, enormously successful car builder Henry Ford was in the latter part of his career brought to trial by a Chicago newspaper who claimed that he was an ignorant individual, an anarchist, a fraud, and therefore completely undeserving of the universal adulation heaped upon him.

When he was asked while on the stand a series of questions about history, world events, and other matters, he failed miserably in his responses, thereby becoming the butt of jokes around the world. Eg he actually thought the American Revolution took place in 1814 instead of 1776. Many other commonly known facts he was also unable to account for. Now rather than being considered a genius of the age of mass production in America, he was looked upon by many as an ignorant farmer who reached the pinnacles of success through luck and manipulation of the public.

How could this great man ever have been put in this situation? The answer is quite simple when you consider what he had done before that ordeal. It turns out that he had often had fits of pride and ego, to the detriment of many around him, especially his son Edsel. His ego had become legend among those near him and because of that life responded negatively in kind through a famous trial in which he was utterly humiliated. It was Nature's way of restoring the balance of forces that had moved out of equilibrium through his frequent egotistical attitude born of his vast success.

Reader: Thnx sirsuch example really help us correct ourselves!!

Response: Yes, it's true. Henry Ford had the chance to correct his ego, but each time confronted by the challenges of life that asked him to change, he became even more petulant and egotistic. Until he almost ruined his company. Luckily his progeny guided it back to success.

Likewise, we can see what Life is asking of us, and in what ways we resist. Also we can see where any negative that comes to us is a product of our foolish attitudes of the past and present. We can correct it by acknowledging, feeling contrite for our mis-deeds, wrong attitudes, etc., and offer it to the spiritual Force, the Mother which will create positive new conditions in that or related inner and outer areas of our lives.

No Title

There are times when you just have to let go, and let Life take you where it wants. You'll then find yourself just where you should be!

Reader: Excellent and Timing message for us...Thank you very much.

No Title

The ultimate source of most illnesses are psychological – mainly attitudinal – not physical.

No Title

The more you broadcast, the more you dilute. The more you withhold, the more you concentrate. The former affects others superficially; the latter more deeply.

No Title

Smugness attracts the reverse of one's belief.

No Title

A product of impatience is looking foolish to others in hindsight.

No Title

Taking the other person's point of view leads one from the part to the Whole

Reader: Depends sometimes though.

Response: Mary, please let me try to explain this concept.

We have seen that a willingness to take another person's point of view – whether they are right or wrong or somewhere in between – not only has a great power to open and broaden the mind, but also bring about good fortune.

Mind is almost always exclusive, focusing on what it knows, limited to one trend if thought, and can therefore be considered a "part." When the mind is open to another's viewpoint, no matter what the level of truth contained therein, it stretches to embrace a wider reality, greater possibilities. Through this dynamic we move from away from the part and move to the "whole;" i.e. the integral, multi-faceted truth of things. We move from the limited stream of our own understanding to the wider ocean of integral truth and possibility.

In addition, over the years we have seen an astonishing phenomena related to this principle. It is that when you embraces another's viewpoint beyond one's own, no matter what it is, sudden good fortune comes to us. It often takes shape where suddenly and astonishingly the other person comes around to our own original view on the matter! We have seen many cases of this dynamic over the years.

It's a little hard to explain, but a number of our friends and associates have experienced this "life response" dynamic. I've written about it various occasions here in this forum, as well as other places, which are often accompanied by true life examples that illustrate the phenomenon.

To experience it once is to be astonished at how life secretly works; confounding our normal views of cause and effect, and space and time.

It turns out that taking the other persons point of view is but one of several powerful methods of attracting sudden good fortune, while elevating one's consciousness in the process.

Reader: I understand! All good!

Thomas Edison and Steve Jobs

While watching the recent PBS documentary on the life of Thomas Edison I was struck by how many qualities he and Steve Jobs had in common.

They were similar in –

- gathering disparate technologies into new ones
- being in touch with the needs of society
- being fiercely independent
- being a self-starter in the extreme
- being curious to no end
- always pushing the envelope of innovation
- never being fazed by failure
- being very competitive
- not being in it for the money
- being a tremendous self-promoter for the organization
- creating whole new industries
- revolutionizing their worlds

Jobs struck me as being a bit more worldly; in touch with his generation and the issues and values that were circulating (hippy, boomer, et al). More of a Renaissance man in that way. Edison was more of an engineer, a tinkerer working at his craft, at the edge of hard science.

No Title

We quickly judge something to be the case, only to soon discover that it is completely the opposite!

Reader: Happens often

Response: Yes it does happen VERY often. Such false snap judgements often issue from living in the surface consciousness, especially the visual sense. It is avoided when we develop a deeper center of being, where we more likely to think things through, rather than simply react to inputs.

No Title

Limits are secretly potentials in waiting.

Reader: Sir, do you mean that we are only putting limits. But still, potentials are waiting to come out of our limits?

Response: Yes, exactly.

No Title

We in the West perceive the coiled snake as a symbol of Evil. However, Sri Aurobindo indicated it is a symbol of our Evolutionary potential.

No Title

The deeper you go, the wider the possibilities.

When in a crossroads situation you sincerely convey that you are interested in engaging in the other person's needs over your own, soon after yours will be fulfilled.

No Title

Excitedly anticipating and communicating (especially verbalizing) to others the possibility of a good thing coming quickly dissipates it.

No Title

It's difficult for us to hold onto the energy that comes with a newfound success. The first thing we tend to do is squander it by over celebrating or speaking too much about the matter, etc.;

in effect preventing the buildup of the necessary energy for a next, even greater round of success.

No Title

In the left vs. right, liberal vs. conservative philosophies, the best of each will be carried forward in human development, and the worst of each left behind. Thus a more integral view will emerge over time that transcends both.

No Title

It's best not to be overly concerned about the future, instead focusing on the now. By perfecting what is happening in the present, your successful future is all but guaranteed.

No Title

Each time it occurs make the effort to truly appreciate the small thing that someone has done for you.

No Title

How can America lead the way towards non-proliferation when it harbors 200 million guns among the populace? There is a lack of moral center for such outer efforts to take hold. Life cannot respond positively to inner hypocrisy. Arms reduction can however come from a collective of nations with that common purpose.

No Title

The reason why the universe is eternal is that it does not live for itself; it gives life to others as it transforms. (Lao Tzu)

No Title

Truth alone can give to the world the power of receiving and manifesting the Divine's Love. (The Mother, from Agenda)

Comment: Mother often used to say "Truth first, then Love." Without a foundation of right knowledge, understanding, spiritual wisdom, high consciousness, we would be crushed if Divine Love were to descend into our being. But if we are receptive in the right way, not dominated by our vital nature as people normally are, pure, still, embracing the truths of existence, the descending Divine Love would be experienced in all its glory.

Stages of the Bull

Years ago as a young man while loosely practicing Zen and similar, I recall reading a version of "The Ten Bulls" story. Remembering it now, I offer here my own personal, abbreviated version:

In the first stage of the bull you see the animal in the far distance. This represents the first distant glimpse of the Spirit. Yet your life remains pretty much the same.

In the second stage of the bull you approach it gingerly. This represents your emerging interest in trying to connect with Spirit.

In the third stage of the bull you grasp it and then mount it. This represents your decision and commitment to utilizing Spirit in your life.

In the fourth stage of the bull you have tamed it and are possessed by it. Now you have manifested the Spirit in all aspects of your life and it is your one and only beloved Guide.

No Title

Mother in Agenda says her center of consciousness was not only inside her, but extended outside too, beyond her bounds, perhaps even everywhere. There was thus no longer the sense of I or me, as her center of being was whichever way she turned, focused herself. She had an essence realized a kind of Universal consciousness, with Supramental the next vista to realize.

The Mother and Sri Aurobindo

"If Sri Aurobindo is an ocean of peace, Mother is an eternal spring of sweetness. But She loves to call Herself a Force in action endeavoring to evolve the next species.

Sri Aurobindo succeeded in bringing the Supramental golden light into his very physical body in 1950. All his life he was working for this Force to come down on earth to abolish suffering and death and evolve the first member of the next species.

Mother offers to all those who sincerely aspire a touch of this Force if they come forward to give an opening to the Divine Touch.

She assures us of the Presence of the Force that descended in 1956 and invites us to take a leap forward in the evolutionary march.

To know the Mother is to know the Divine; to let Her Force work in you is to evolve. Her sweetness, which is the sweetness of the psychic, invades our nerves when we call Her into our being."

(from the Spirituality in Life page of Mother's Service Society website)

No Title

It is the experience of sadhaks and devotees that whatever they do consciously or unconsciously, it spreads all over the world after a fashion, maybe after the fashion of their own personality. (Sri Karmayogi)

No Title

A devotee working for his organisation to make it prosperous by ways of Truth will be a channel for the Force to descend on his country as Prosperity. (Sri Karmayogi)

No Title

Anger and resentment often issue from disappointment. It is a point where the ego has been pierced.

On Possessiveness

An important condition for living a spirit-oriented life is not being possessive, whether-

- of spouse
- of children
- of property
- of possessions
- of money
- of power

- of authority
- of affiliation
- etc

Possessiveness is not the same as being involved and diligently taking care of things. The former is an expression of ego, while the latter is an application of human values.

No Title

Things are changing rapidly, on many fronts, and it is important not to cling to our old pre-conceptions of how things are, nor what they will become.

Opposition to a New Power in Society

When a power is born in the society, the previously established powers fully appropriate [usurp] it. Money, education, trade, communication, banking, transport are such social powers which are appropriated by the society for its own purposes of survival and growth. Anything new has to meet the entire opposition of those powers. (Karmayogi)

Comment: Eg when Steve Jobs presented an easy to use, user friendly, graphic interface-based computer, the powers that be at Apple tried to destroy his efforts in the name of preserving the status quo at the company (the non-user friendly older Apple II, which was generating the bulk of the company's money).

Ironically they would oust Jobs from the company, after which the Mac became the overwhelming main source of their income!

There are endless such instances of such opposition to a new power of society in history, not to mention current events, and in the lives of those around us.

Behavior toward the Opposing Individual

Everyone will have a [traitorous, deceiving, harmful, hateful individual in some form, whether] in a partner, a brother, a wife, a friend, etc. There lies the key to man's existence in consciousness. A man can be precisely evaluated for his accomplishment in his behaviour towards that person. (Karmayogi)

Comment: If we recognize the opposition (who it is, what is the source) and have the calm inner strength to do the right things in consciousness, then we will be unaffected by the opposition; even gain from it, projecting one's self or group upward as a result. Examining one's corresponding attitude, practicing non-reaction, and consecrating the entire matter can be very useful in such situations. Also having the integral knowledge, and seeing the entire puzzle will give one the knowledge for right action in light of others' opposition. On the other hand, all negative reactions will deepen the opposition, forcing the solution to be more complex.

Three Banes of Human Nature

Love of a gravedigger [someone who is your undoing] is the outstanding virtue of falsehood. A far greater misfortune is the human capacity to avoid the source of luck, as its appearance is unacceptable or unintelligible. Love of a gravedigger and the conscious avoidance of a bringer of luck remains the bane of human nature.

Worse than that is the capacity to happily repeat previous errors. The architect of Ignorance prides in his loyalty to the past inherited ways. It is physical mind enjoying its ideals of tradition. (Karmayogi)

No Title

In the absence of the rule of Truth, STRENGTH rules. (Karmayogi)

Comment: That is why negative people can prevail in life situations. It is because there is no truth, no rightness, no higher consciousness and vibrations in the community, and therefore the robber, the thief, the deceitful, the bullying, and the powerful can prevail.

We can see this in an Indian village where there is no real truth settled among the people; there is lack of organization, ignorance of the facts, etc. and therefore thugs and other mafioso-like powers can rule the streets. People think the problem is the outer negative, these harmful individuals, when it is actually the limited organization of the consciousness of the villagers that creates the condition. The strength of the brutes prevail in the absence of surrounding Truth amongst the people.

On the other hand, when there is high consciousness among the people, then Truth prevails. The best values rise to the top and spread their influence in the community. Strength that is good then will serve that truth, while negative strength falls by the wayside.

Truth First, then Love

The wisest of the wise say that we must first grow in consciousness, and then compassion and love will follow. If you start with the latter two, they tend to soon peter out or be only of the surface. There is lacking inner consciousness to sustain them. Also the love can go out for the wrong purpose, to the wrong people, etc.

That's why Sri Aurobindo said Truth first (ie higher consciousness, awareness, inner power, mastery over life, feelings of harmony, etc.), then Love. Then the latter when expressed will be deep. In other words, work on yourself before concerning yourself about the ultimately profound vibration of Love. In the interim we can shift from our normal state of ego and selfishness to concern for others, to expressions goodness and self-givingness. Love will then naturally flow. Love in fact is their natural product.

Comment: PS In the unfolding of the spiritual values, what Sri Aurobindo calls "real Ideas," Goodness emerges from out of Truth. And Love from out of Goodness (and those divine Aspects before it).

The basic order is Peace, Harmony, Truth, Goodness, Love, Beauty, Delight, Timelessness, and Infinity.

So we can first move to inner Peace quietude so we become silent witness to the world; come to know the deepest Truths of life as light entering the mind; express Goodness as expression of the right, truthful thing to do; feel the Love that emanates in the exchange with others and life; perceive the Beauty in everything; and Delight in the expression. The result will be instantaneous miraculousness (Infinite-like results coming in no time, instantly).

Nature Works on Many Levels Simultaneously (as in Greek Crisis)

Along the way we have come to learn of Sri Aurobindo's profound principle that Nature works on many fronts simultaneously. I.e. around one grouping of events, various nations, entities, collectives, individuals, etc. in their interrelatedness run into serious situations and are compelled to change at the same time; each for a very different reason. It is Nature's great multi-pronged Efficiency in space and time to bring about further progress in the world.

We can see the phenomenon in virtually any aspect of life. Take the current Greek economic crisis. We see blame with the Greeks e.g. for not collecting their taxes, of having a lax work ethic, etc. We can also blame the European Union for their insensitivity and fixed view of the problem, concerned with economics and finance alone. We can even blame the financiers on Wall Street whose financial speculation created the crisis beginning in 2008 that sent Greece reeling with debt and unemployment. Even the fate of the European Union itself comes into question through these events. (Or should we say that it can be a means of her even greater economic and social integration.)

All of these factors and many more converge over a single core issue so each party involved can purify themselves by rising in consciousness based on their current limited perceptions and beliefs. In this way Nature works on many fronts simultaneously, raising a whole host of problems at once, and also creating the possibility of all of them getting resolved at once through movements of higher consciousness among the various parties and situations. It is

thus Her great Efficiency in space and time. It is her indomitable method of simultaneous, multi-pronged progress.

No Title

The ultimate purpose in creation is the experience of Joy/Delight of being. And though there are others, Love is the ultimate power to make that happen.

No Title

The happiest people in the world are those who are constantly self-giving to others. The unhappiest, those who heedlessly, shamelessly take.

No Title

Above all things Man seeks to get ahead, whatever the means. He hopes for Luck in his life, not knowing he can create Luck from within, through Her supramental power.

No Title

The Mother indicates that when the supramental action occurs one feels an absolute stillness in one's being, and a perfect knowledge of the situation at hand.

Scope for Greater Faith Incident

When you consecrate a situation and the results are not to your liking, it can indicate scope for greater Faith.

Example: A man had consecrated for a safe and successful journey of a friend to collect important valuables from a location 500 miles away. She had taken the same inner, spiritual approach. When she returned (much sooner than expected), she had brought back far more stuff than he ever imagined, which proceeded to clutter up their living space in the extreme. He became bitter at the result. Fortunately, a half hour or so later he began to cool off a bit in his reaction.

Then something marvelous took place. The next day, looking among the piles of new boxes, the friend joyfully discovered some personal artwork she had created things that she thought she had lost.

Now the friend understood that his reaction was not just premature, but filled with vital selfishness. Had he had true Faith, he would have accepted the piles of stuff that she had returned with, even if an apparent excess, as an expression of the will of the Mother to their common consecration efforts. It showed the limits in his faith in Her response, no matter what form it took, whether or not it was to his liking.

Reader: Perhaps it also indicates the presence of expectation that's diluting our consecration

Response: Yes it can be. What you have said is kind of what I meant.

No Title

People will happily jump to conclusions, even though they haven't a handle on all the facts. They then look completely foolish in retrospect.

No Title

Grace invites faith in our capacities, as when someone solicits our help. In Supergrace we give up all reliance on our capacities, and simply surrender to its Action. The result is of an even more astonishing order.

No Title

If you regret something you discarded for good reason, it will suddenly begin to come back!

"Silent Will" Mini Example

I was moving a series of objects around to create more space in our living quarters. I had moved several items, and was ready to move the next, which was a stereo device. However, not sure if I should move it without the cooperation of my friend and not to disturb the atmosphere, I held back from acting, waiting to see what life had in store. Two minutes later my friend who was preoccupied in another area and was not involved in the moving just then suddenly looked at the pile of objects yet to be moved, and then for some reason focused on the specific item I intended to move next, and then unexpectedly proceeded to move it on her own, and to the very spot I wished it moved to!

When you hold back from expressing your intention, the energy of that will moves into the atmosphere and is caught by another person nearby. They then either verbalize your intent or simply carry it out as if it were their own idea.

We call this phenomenon "Silent Will," of which the episode above is a tiny, mini instance. Silent Will can be practiced to create very important outcomes, enabling vast success -- whether for an individual, an organization, or any other collective. It is an indicator of the enormous power we have within ourselves to forge our vision of accomplishment into a living reality without having to take any outer action of our own.

My Mystical Experience in Greece

In 1975 after climbing up the Acropolis in Athens Greece, I came down to the streets to wild celebration. I wondered what it was. I later found out that for the first time in nearly 2000 years Greece had a democracy, overthrowing the monarchy.

In the years that followed I often wondered what I was doing there at that very moment; on that very auspicious occasion. When I ascended the Acropolis earlier that day, and looked out on the Aegean sea and the islands in the distance, I felt I had been here before.

And now I was there again at the very moment Greek society was changing to modern democratic governance.

And so today, as the Greek economic crisis unfolds, I hark back to that memory.

Reader: Sir which means the crisis is on the surface and a bright sunlight economy is behind this turmoil is that the reason that your past memories still giving you nostalgic pleasure,

Comment: Yes, that is a good way to put it. As you may know I believe all these events are harbingers of even greater European Unity, on the way to Sri Aurobindo's dream and vision of World Unity. After all Greece is the cradle of Western civilization, and even a great influencer of world civilization, including recently the East (as per individuality, the power of mind, rationality, democracy etc) which practically the entire globe is now sharing in.

Reader: Thank you Sir

Acts

Repeat:

In Garry Sir's "The Book", A mystical Book appeared at various significant revolutionary events in the world which brought greater good for the humanity. As the story progressed, The Book reached Dan when he visited the Moe's Book store. It was the Life Response for his Inner Aspiration and Equality of Being on the outer when he had encountered a difficult situation (Project rejection letter from NASA).

He happened to be visiting at the same location several years later, (chapter 102) with the same kind of experience at the inner and outer. On the outer, it appeared to be loss of The Book, yet he maintained his calmness and Equality of Being. His Inner Aspiration convinced him that The Book will not leave him until it finishes the work.

As a Life Response, The Book had reached him at both situations miraculously.

No Title

The purpose of our lives is twofold: to discover our own true nature, and to discover the true nature of the integral reality. And through that process of discovery experience the Delight of being.

No Title

If we are lucky we may have several epiphanies in our lives; moments of deep fulfillment and bliss. Sri Aurobindo says we are capable of having such experiences constantly, in every instance of our waking life.

Reader: How can we do that?

Response: By engaging in the effort to transform one's nature into a higher consciousness. By ridding ourselves of bad habits; by giving up wrong attitudes; by shedding false beliefs replacing them with true ones, including higher values; by shifting from taking to giving, from ego to selflessness and harmony; by developing a deeper center of being within us; by constant self-offering of all our activities to the spiritual Force (consecration), etc. etc.

In other words by seriously engaging in an effort of conscious evolution, then not only will we become a more developed person, but we will feel a fullness of life, a richness inside, a sense of oneness with others and the world. As a result such epiphanies will quite often.

No Title

As consecration needs a lot of energy, when we are tired we wait patiently for energy to revive. Until then we relax. It rarely occurs to us that we can consecrate the tiredness. Such a thought will release the energy to do it. (Sri Karmayogi)

Comment : One interpretation: When we are tired, we can think about the idea that we have the capacity to consecrate one's tiredness in order to overcome it. That will release and give us the energy to actually make that effort. Now if we actually consecrate the tiredness, the Force will soon replace it with abundant energy.

Reader: sir similarly can we consecrate our ego and visualize that Divine Force is superimposing on it.

Response: Sure you can do that, but it might be better to consecrate the instances and particulars of the ego expression - such as an antagonistic attitude, or selfish action, etc. That way you identify it more clearly, which can focus the consecration effort, producing a more powerful positive result inside and without.

No Title

Transformation of one's being is one product of growing out of a severe problem.

Discovery of Cherished Quilts Via a Changed Attitude

When we shift from being uncomfortable with a new development involving another individual, to being neutral, to being fully supportive, then startling good fortune will suddenly come to that person.

A woman travelled far to retrieve years' worth of her quilt-based art work. When she returned, she came with a host of boxes that crowded out their living environment. The man was distraught to no end. The he thought about the matter beyond his first impression. The anguish began to dissolve. Later he accepted the piled up boxes for what it was; even beginning to feel it was actually a positive development.

A moment later the woman found among the boxes her key and perhaps best artistic creations which she had created over several decades, that only a few moments before she thought she had left behind and lost forever.

No Title

If you genuinely appreciate someone's fine effort of the past, while others out of Ignorance deprecate that individual, then at the right time he will step forward again and shine, quieting, even humbling all the naysayers.

No Title

The greatest power we are given is not to express our own will, but to surrender to Her Will, the Divine, which will bring about the transformation of our nature, as well as the world around us.

No Title

Merely recognizing a fault in our being does not indicate we have evolved our nature at that point. It requires us to actually CHANGE from that wanting quality to its opposite – in our thoughts, in our feelings, in our actions; in all aspects of our lives. Now with a complete reversal of those energies, our nature shifts to a higher plane, and powerful response from life follows.

Power of Aspiration

The mind and vital parts of our being want, need, expect things to happen. They anticipate, including over-anticipating. They thus have negative aspects. On the other hand, Aspiration comes from a deeper place. It longs to improve one's self, better one's life; and to evolve as a person through that process. It is really the Soul speaking through our awareness indicating what our True Self longs for; what we should aim for; what our deepest values are that we hope to realize. Aspiration is thus in these respects fully positive.

No Title

When you understand how negative conditions foretell positive potentials, then it becomes somewhat easy to anticipate - even predict - future outcomes.

Synching with Synchronicities

There are constant miraculous-like synchronistic connections occurring between what we are doing and exact parallel situations, discussions, communications, etc. outside ourselves. However, our limited mind is too preoccupied and not expansive enough to perceive them.

I would say I have around a dozen synchronicities a day. In fact, a synchronicity I just had precipitated this post. I was scanning many articles on a wide variety of subjects in the world. Suddenly someone next to me mentioned Microsoft and instantaneously I saw an article on the company on my smartphone. (None of the many articles I perused had anything to do with Microsoft.) In fact this was a special synchronicity as I sensed I was about to see something on Microsoft!

I believe that in the Supramental life that is emerging, synchronicities will be as common as breathing in and out. (Remember dozens if not more are happening every minute, but we do not normally have the wherewithal to perceive them. And yet if we develop a more conscious inner life we will.)

No Title

People receive emotional satisfaction when meeting with others, whatever the reason for gathering. It is the enjoyment of vital interchange; the exchange of social energies.

Comment: For the average person there is this need. For the developed person such meetings are scheduled or otherwise occur when there is a practical utility and need for the gathering. The spiritual person has no need for it whatsoever as the vital interchanges are unnecessary, even detrimental. He only communicates with other persons in order to lift them up.

No Title

Mother's solutions are often radically different than what one might have expected. They are usually creative in the extreme.

We feel that time unfolds backwards in a receding line to the distant past. But what if all past time really exists as a single "moment" that is available to us in the present; whether it occurred an hour ago or a thousand years ago or more. The past then becomes a "wall of events" that is readily available to us in toto in the now; the Ever-Present.

Comment: (the same with the future)

Reader: Past to present/ NOW IS Future.

Response: Now is past, present, and future together; no separation. We simultaneously have power over all 3 in the Now. It is possible through consecration as well as by connecting to one's soul, both of which are connected to All-time in the eternal Now. Eg if a negative is affecting us now, we can consecrate which causes life to cease having that negative influence on us. Likewise we can consecrate an upcoming activity, which can cause what it would take six months to unfold to happen instantly. In this way in the Now we alter the effect of the past on the present, and bring the future into that same present.

No Title

Calling Mother or reaching the psychic (evolving soul) can have this effect. I believe that once we reach it, the psychic can also call Mother enabling a super version of this dynamic.

No Title

In terms of what is happening to us now, including specifics that have come our way, Mother is many steps ahead of us, as She knows what these mean relative to what is going to occur in future, while we have only the vaguest sense of what that will be.

Comment: I mean She knows the positive outcomes, while we suffer in doubt and anxiety in the present. However, if we connect with that higher consciousness we will sense the utility and good of the present conditions; that it is contributing to our further growth.

The First Step: Become a True Individual

The first step to take in order to rise in consciousness is to go beyond the way of the collective we are part of, the herd view, what other people believe, say and do, and instead think for ourselves. It is to look around, consider the possibilities, and do what is right. Thereby we begin to become a True Individual.

We can even go a step further by listening to our Soul within, to the Inner Guide that offers unique insights into our lives, indicates our purpose in bring here, and therefore what to do and which way to turn in the greater scheme of things. Now we become not just individualistic, but a True SPIRITUAL Individual.

No Title

A True Individual is not just a person who thinks for himself relative to the views of others, but unlike others has a passionate desire to change all his limitations into virtues.

No Title

The greatest achievers in life are those who think for themselves: who are not constrained by what others believe or say or do. They are their own person; immune from the oppression of the collective.

Going Beyond Our Wants

Ordinarily people want things from other people and from life. Sri Karmayogi indicates that instead we can practice Silent Will and not ask for what we want outwardly, but do so silently from within, which can cause the other person or life to pick up the vibration and embrace it or manifest it for us.

He then says better still we shouldn't ask anything of anybody - inwardly or outwardly! Instead we should be silent and let our soul and psychic being take over our lives and evoke whatever is necessary for our progress.

Alternately, we can offer the details of our lives, including our preferences, desires, opinions, and all to the spiritual Force, to Mother, saying "Thy will be done, not my will." It is a movement out of ego, and a step into the spirit within is. Life invariably responds in our favor, enabling our progress -- i.e. what is best for us -- and the Joy that comes with it.

No Title

Insistence is separative consciousness; ego and division; and as a result the spirit cannot work on our behalf.

No Title

If you spend and thereby circulate funds for necessary improvements in your environment rather than hoarding or fearfully restraining due to low savings and the like, new unexpected funds will quickly arrive that more than offset the outflow.

No Title

Disparate things arriving together may seem to have no obvious connection, but probing a shade deeper will reveal a profound association; often in multiple directions. It is known as synchronicity, parallelism, or similar.

No Title

We seek security. Yet Consciousness seeks the adventure and benefits of insecurity.

No Title

God, the Divine working in tandem with our souls has great things in store for us.

No Title

Life is continually responding to our subconscious wants, needs, desires, beliefs as much as our conscious ones.

No Title

The greatest expression of Individuality is the creation of something truly unique that emanates from the deepest part of our being that has the effect of lifting up humanity.

No Title

Instead of criticizing or condemning others, we can try to improve ourselves. It can have a great, lasting effect.

No Title

Every Great Soul has a mission for the times he lives in. That is one definition of an Avatar. E.g.-

- Jesus brought Love to the world and thereby humanized Europe.
- Buddha was the first to seriously question suffering on earth and then offered a way out.
- Krishna showed the way to the Transcendent and Imminent Divine.
- The Mother and Sri Aurobindo revealed the evolutionary way forward to a Divine Life on Earth.

Example of how a Negative is a Positive in disguise:

An insect infestation hits one's home. And yet it reminds us of the level of filth in our residence. As a result of cleaning, life often responds and good fortune follows, such as more money or sales or projects coming in. In addition, that experience is absorbed in consciousness, as greater knowledge for the future. Henceforth we now appreciate the importance of having a clean and orderly environment, which of itself is conducive to success.

Comment: (As Sri Aurobindo points out in 'The Life Divine,' we very slowly move toward Integral Knowledge (truth consciousness) by going through the facets of our Ignorance. We rarely arrive there through knowledge. In fact, he says that the greatest power that brings about Truth is the experience and transition out of the negativity of Ignorance. Or to put it another way, Ignorance is the greatest power of Knowledge.)

WAYS OF CONNECTING TO THE EVOLVING SOUL

Sri Aurobindo says that the Soul, about the size of the human thumb, resides invisibly behind the heart. It is not just a static soul however, but an EVOLVING entity, which has entered a series of individuals in its cosmic Journey through time, and now lodges in our own being, hoping to learn new lessons through our experiences in this life.

How then can we get in touch with this soul, this "psychic being"? There are a number of specific ways, but the simplest general approach is that whatever deepens our consciousness brings us closer to the psychic. That includes such spiritual-like approaches as moving into harmony with others and with life, being selfless and self-giving, sensing the deepest truth of things, and creating beauty in the world.

Karmayogi indicates that regular Consecration, opening to the spiritual Force, the Mother before activities or events is the most powerful way to connect with the evolving soul. Consecration efforts not only evoke powerful positive conditions from the world around us, but deepens our being, taking us from the surface of life to a deeper poise within. Gradually we plunge deeper still to the inner being (the subliminal), culminating in the psychic, the evolving soul in the deepest depths of our being.

Another method of connecting with our True Self is by continually taking the other person's point of view, which is to accept at face value what others say and believe, no matter what its truth content. It opens the mind from its partial view to a many-sided truth of things, which also in effect deepens our consciousness, taking us to our True Self. Taking another's viewpoint melts away the mental ego and deepens our center of being. In fact, any movement that dissolves the Ego, whether a self-giving gesture or widening the mind to its spiritual capacities such as intuition and revelation will help create the psychic opening.

Then what is it like to experience the Evolving Soul? It is to experience all of the spiritual attributes of creation -- including Peace, Harmony, Truth, Goodness, Beauty, Love, Delight, Infinity, and Timelessness. The experience of the Psychic Being is one of stillness; it is to feel oneness with others and life; it is to perceive the deepest and widest truth of life; it is to spontaneously do things to please others; it is to perceive the majesty of creation; it is to find deepest meaning and purpose; it is to feel deep affection and compassion for others; it is the capacity to evoke plenitude out of current limitations; it is the ability to bring the future into the present in an instance by connecting to the supramental power from this deepest place within us.

The realization of the evolving soul indicates the birth of the Spiritual Individual, who will be the basis of a new type Being on earth, a Supramental Person, which itself is a harbinger of and will usher in a new Spirit-based Life on earth.

Equilibrium of Energies and Life Response

Karmayogi has explained the phenomenon of Life Response in terms of "Equilibrium of energies." I.e. I take an action or exhibit a positive behavior, like a change in attitude towards someone from the negative to the positive. As a result there is a change in the current equilibrium of energies. It has shifted to a state of disequilibrium. Now life responds to that change as it seeks to return to that state of equilibrium. It does so with a fresh act. That act comes in the form of a response from life; from somewhere across the universe in the form of say a new opportunity arising for that person or fresh supplies of money coming in. It is the life response. As a result, now the equilibrium is restored, albeit at a higher level of consciousness.

An analogy to this dynamic is explained here by Karmayogi at the surface material level. He wrote this to me (in 2006) when I was trying to understand his equilibrium energy dynamic when writing my book on Life Response:

"When a man stands up and reaches for a fruit and eats we understand his act as such. It is a movement of energy, the actions caused by the altered equilibrium. Here is a man whose stomach feels hungry (or his mind is desirous of eating a fruit – the variations are endless). It is a depression of energy. At a distance he sees a fruit. It carries energy in excess. The excess energy moves towards the point of the stomach of lower energy. It is a movement of energy caused by the disequilibrium. The legs that stand, the eye that sees, the hand that reaches the fruit are the intermediary instruments whose actions can also be similarly explained."

Cosmic Causality vs. Synchronous Alignment in Life Response

Quantum "entanglement" is the scientific explanation of the phenomenon of life response; i.e. sudden good fortune precipitated by one's shift in consciousness.

I had assumed according to the science if say an electron on one side of the universe changes its directional spin, another one on the other side of the universe in which there is an "inner relationship" will do the same. It is a cosmic cause and effect across space and time; infinitely faster than the speed of light, as it is instantaneous.

However, recent discoveries or at least theories in quantum entanglement indicate that the two electrons change their spin at the exact same moment, suggesting not so much a cosmic causality at work, but a simultaneous synchronicity. In layman terms, a perfect ALIGNMENT of the two. They do their cosmic synchronous dance at once and together.

So when in *Pride and Prejudice* Darcy and Eliza startlingly meet at the pond of his estate at Pemberley, it is not because she changed her ways and she thereby attracted his arrival, but rather because she changed her ways she became synchronous with him in space and time. In other words they moved in perfect Alignment.

This explanation is more in line with recent scientific understanding of entanglement, though science has a ways to go before it realizes the subtle causality perceived through a spiritual perspective.

There is yet another issue: how this Alignment theory squares with the Equilibrium of energies dynamic of explaining the life response phenomenon, which appears to lean toward cosmic causality (i.e. cause and effect, as between those two electrons or Darcy and Eliza) rather than simultaneity of Alignment!

On the other hand, maybe everything squares after all, but we don't yet know how to express it in mental terms. There is obviously still a lot to learn.

Source of, Breaking the Reigns of Conformity and Other Negatives

Issue: What is the cause of, the origins of our nature -- Swabhava in Sanskrit -- such as a tendency to conform, or for that matter any other positive or negative attribute in our being. Eg is it simply social conditioning; i.e. are we just a product of our environment?

Comment: Sri Aurobindo indicates our nature is actually shaped before birth; much of it inherited through the genes. These human tendencies are inherited from parents or grandparents. Even the tendency to conform. Eg in a conforming home, the child with the genetic tendency for individuality will break out and be his own person. It had to have been there at birth.

It is even deeper than that. It is in the soul, the psychic being influencing, based on what it seeks from the person in this birth.

The social scientists and psychologists who blame conformity and other negative traits of the child on the conditioning of society alone are seeing a truth; but only the truth at the tip of the iceberg.

Perhaps what we are really talking about is the ability to break the grip of "karmic conformity," or any other negative attribute, which exists collectively and cumulatively in our being at the social, the inherited, and the soul (i.e. previous birth) level.

And yet regardless of the cause, through a deeper knowledge of who we are and what we can become, we have the power within us to break the reigns of conformity, or for that matter any limitation in our being.

Solution To The Greek Financial Crisis

(by Garry Jacobs, CEO World Academy)

The key to the Greek crisis lies in economy not finance, for any financial solution that results in further contraction of the economy will only aggravate budget deficits and debt servicing problems. Economy can restore financial stability, not vice versa. The solution lies not in successive rounds of external funding at concessional interest rates, no matter how crucial that may be in the short term, but in unleashing the productive forces of the Greek economy which has contracted by more than 10% in the last two years, 15.5% in December 2011 compared to December 2010. The most essential requirement for a quick turnaround and lasting solution is to drastically reduce the unemployment rate which has tripled since 2008 from 7.2% to 20.9%. Youth unemployment is nearing a totally untenable 50%.

The tremendously wasteful underutilization of precious human resources and productive capacity is Greece's most serious problem and also its greatest opportunity. This is not merely a Greek crisis. What happens today in Greece has relevance to all of Europe as well as other mature economies. Money that energized economy for two centuries has reversed its role and is acting to strangle the economic vitality of prosperous, productive nations. The immediate need is to reverse the shrinking economy, release energy and revive economic dynamism. Addressing the swelling unemployment problem is a key.

Research by Fellows of the World Academy of Art & Science points to a strategy which could reverse the downward spiral in a short time, while avoiding ever increasing amounts of foreign assistance, national bankruptcy, or an increasingly likely withdrawal from the Eurozone. The debt problem is starving the Greek economy of essential liquidity needed to reverse the deflationary contraction. The capacity for a rapid and dramatic turnaround was demonstrated in Yugoslavia in the mid-1990s, where introduction of a freely-convertible parallel currency stopped hyperinflation and reversed economic decline in a matter of weeks, while safeguarding social welfare payments so essential for social stability. There are also countless instances in which communities and some local governments around the world which have introduced complementary currencies to successfully spur the local economy.

The introduction of a dual currency regime – a fully convertible national currency (drachma) in parallel with the Euro – will stimulate domestic production, employment and demand, while simultaneously enhancing the government's capacity to service its foreign Euro-denominated debt. Full convertibility of drachmas to euros at a floating exchange rate will ensure ready acceptance of the drachma domestically, while enabling Greece to remain in the Eurozone for all external transactions and improve the competitiveness of its exports, a critical requirement for a turnaround. Under present conditions of vastly underutilized capacity, the Greek Government could loan or spend drachmas to make idle national assets fully productive without generating inflation – restoring public services, stimulating public works, spurring

entrepreneurship, implementing a jobs program to generate full employment, and investing in education and training to enhance human capital.

A growing Greek economy can support and service its debt obligations, a shrinking one can only become more dependent and insolvent. The dual currency will allow a natural and essential adjustment of prices between Greece and the other countries of the Eurozone without compelling the government to undertake the politically disastrous task of cutting salaries or jobs. Raising domestic production will reduce social welfare expenses and increase government revenues. Drachma bonds can be issued to mop up domestic savings for productive purposes. Public investment will promote growth. A small differential tax on drachma-euro exchange and savings accounts can incentivize savings in local currency. A tax on speculative investments can redirect resources to the real economy. The acceptance of the drachma for some forms of services and taxes would ensure immediate demand for the new currency, facilitating the transition. Government might also combine a mixture of euro and drachma currencies in equal or unequal proportions in its welfare and salary payments, thereby immediately reducing its euro expenditures and eliminating its euro deficit. Most important of all, this strategy would shift initiative from the international community to the government and people of Greece and restore in a matter of days their lost sense of independence, which is so essential for responsible action and human development.

Greek thought still leads the world today. Here is a thought that can lead to action. Greece's successful recovery can lead to European recovery and the world's. Let Greek thought become a leader of action too.

Genetic Code and the Mother's Quest for Immortality

Q: Has Karmayogi written about the Light of Mother having an effect on the genetic code when invoked?

A: Certainly Mother spoke of this sort of thing often in Her 14-volume diary *The Agenda*, as physical transformation of the body, including willed Immortality was her great life's work. She constantly spoke of bringing the Force into the cells of her body, which would imply the transformation of the genetic code of her being. Karmayogi has referred to Her efforts on this path in various places. They have naturally spoken of our own ability to do the same. Consecration is the primary means. It can affect the cells at the genetic level, the cellular level, and the atomic level. Even the subtle level.

I think Mother did not so much concern herself about the material formations (like organs, even genes), but directed the Force into the Consciousness of the cells, of the body, aspiring to have an effect there. If the consciousness of the cells changed (away from their fear, their belief in the necessity of decay, and opening to the truth that they are truly immortal in essence), the rest would take care of itself, including the material formations of organs, genetic and cellular and atomic makeup, etc.

No Title

Many of our short term illnesses - e.g. lasting a few hours to a month - are the result of a subconscious reaction to a troubled, faulty, or otherwise negative relationship or connection to another party.

Comment: (in this way the body is instructive.)

Reader: Sir an example please. . does that mean we have to stay away from those people?

Response: It can. Or it can mean that you have to adjust your relationship with them, including your faulty attitude. Etc.

Reader: I guess illness is body's language to communicate to us a problem deep within us.

Response: Yes, deep within us, or originating in someone else outside ourselves, or both simultaneously. Eg we make a connection with another after many years, and suddenly we

fall ill. It could be caused by ill-will of other party toward us, or our own inner need to get benefit from another which is wrongheaded, both together, etc. These sort of subconscious reactions will occur many times in the course of our lifetime, though we rarely if ever make the connection, perceive these deeper correlations.

As we rise in consciousness, we become more tuned in to our deeper, subconscious needs, faults, expectations, etc. Then as we experience these outer traumas or otherwise intense conditions we can connect it back to what is subconscious in us that is precipitating these events.

Eg a man received a donation from another, which instantly caused his illness, as the donor had certain psychological needs behind the gift. When the money was returned to the donor, he quickly recovered.

There are hundreds of these subconscious incidents we have been privy to over the years, which are themselves yet another dimension to our research on the subtle laws governing the Character of Life.

No Title

Good will all around turns an opportunity that has met with limited success into a realization of great accomplishment.

Comment: Eg a copper mine had failed so far to produce any results. There had been long-term conflict among certain parties related to the mine - both business and personal. A Christmas gathering was held in which several of the parties got together, one of whom was a woman from a lower class that some might not approve of. However, because of her poise, humility, and beauty she was accepted by the gathered individuals, which then lead to other people's negative viewpoints about one another to suddenly melt away. At the end of the gathering there was a remarkable feeling of goodwill among the parties whereas till that time there had been deep resentment. Now that had all cleared.

The next day there was a great stirring among the workers at the copper mine. Some arriving at the scene worried it was an explosion or fire. However it turned out to be an outpouring of grateful emotion as the miners had finally struck copper, insuring work and prosperity for themselves and the deep satisfaction of the owner who had utterly failed to produce results till that point.

In essence, the goodwill created the night before had evoked the sudden good fortune of great success at the copper mine. That is Goodwill's enormous power to evoke the very best of life in its wake.

No Title

In the integral yoga your mind, heart, and body become a laboratory, a testing grounds that will bring great benefit to others.

Comment: Eg you go through a physical pain or a difficult situation, each of which is resolved through a movement to a higher consciousness - whether a deeper knowledge, a right attitude, a changed habit, a movement of stillness within, a consecrated effort, etc. You accumulate such experiences and knowledges over time and communicate it to others who benefit.

In yoga you are seriously and sincerely committed to working on these micro and macro problems that appear in one's life by applying right inner movements. This is the core of your life, and the result creates benefit for others when communicated, while bringing about personal transformation of one's own being.

No Title

Taking strong action when in a weak position - instead of delaying, procrastinating, or otherwise shrinking from the situation, - attracts fast positive response from life.

Reader: Eg a man waits for a long while to find out the status of his scheduled classes; whether they will run on the established dates. Meanwhile he hesitates contacting his other potential clients about other potential work, as time gets increasingly critical. Finally, he takes the bull by the horns and acts, contacting the potential clients. Suddenly thereafter the scheduled classes with their dates are confirmed. When he gave up his hesitation and took to decisive action in one area, life rewarded him in another.

No Title

Most people call to the Divine only when times are tough; otherwise He is allowed to sleep.

No Title

What strikes the mind as questionable and doubtful, strikes the Spirit as infinite in potential.

No Title

Man working hard expresses his skill to produce a human result. Man seeking Mother in work makes it possible for Her to express in his work so that SHE will fulfil Herself in life.

Incidentally SHE saturates him with HER consciousness through his work. He gets Mother's fulfilment, which means his being is filled with Mother and his life is filled with material results. Also, the material results are elevated from human products to divine creation. (Sri Karmayogi)

Comment: We are not just individual beings, but universal ones as well. Using Mother's Force gives us that opportunity: to help fulfill the universal purpose, as well as our own (materially and spiritually).

No Title

Giving of one's self and earning money without money taint is service. Avoiding money taint by not earning is Ego. (paraphrase of Karmayogi)

Coordinated Effort to Solve Computer Problem

Making a serious effort to solve a problem rather than let it slide can quickly evoke an unexpected opportunity for its resolution. It is especially the case when people agree to move ahead and resolve it together.

A woman was having problems with her computer. There were apparent software issues that had been plaguing the machine for several days. She wanted to improve things and asked her friend for help. Though he was preoccupied for several moments, he then absorbed himself in her problem. He thought about the situation and the issues involved from several angles.

After a short while she mentioned that the computer was trying to shut down, which troubled and perplexed him. When he went over to look at the screen, he saw that it was actually the operating software installing fresh new system software on its own. Now the problems would self-correct, a solution coming from the software itself! It was a pleasant and most unexpected surprise!

When several people get serious about trying to solve a problem, rather than let it drift or complain about it, life can quickly cooperate with that harmonic effort.

Comment: The deeper you go inside, the more you aspire to connect with Mother. And the more you aspire and connect with Mother, the deeper you go inside.

No Title

Solving the Greek economic crisis is a prelude to resolving the global economic crisis - including high unemployment, low wage growth, skewed income distribution, debt, poverty,

vulnerability to financial speculation, etc. If we do one, - including development of fresh, new strategies and plans of action, - we can begin to do the other.

No Title

If you needlessly discuss an inner power you have over life, you may be quickly tested to use it in a difficult situation. Unless necessary, best to keep such things to yourself.

No Title

Money has been a great, positive power in the world, leading to two hundred years of ever-rising prosperity in the West and now the same globally. However, money - especially speculative financial transactions and other unbalanced approaches and instruments - is now threatening to destroy all that the world has accomplished.

Symbol Indicators in Life

People, objects, circumstance we experience around us are not just things in of themselves, but are symbol indicators of other, often larger things occurring or about to come.

A woman received a hand-delivered notice that the owners of her property had not paid their recent gas and water bill. The large prominent notice was placed on her door. It really felt like an intrusion. The next day it was reported that her city experienced a huge gas explosion that caused all the electricity to go off in much of the area.

Thus, we see that the earlier intrusion was an indicator of the much bigger event to come. If only we shifted more of our attention to the subtle unfoldings of life we would see this dynamic occurring all the time. It is truly one of the wonders of life!

No Title

There are times when all attempts to solve a problem fail, and only by doing something dramatically different or taking a strong action brings about the solution. It can be startling to witness how effective that almost desperate approach and action can be.

Super-fast Computer Surprise

Just when things have virtually stopped functioning or are on the verge of collapse, and you consecrate and pray deeply for their return to how they were, things don't just revert back to their previous working state, but reach a new, extraordinary new level of functioning it had never attained before. It's a miracle of miracles.

Example: For the first time in the life of his four year old computer a man had serious technical issues, to the point where the system was hardly working at all. It seems like it could be the end of the line for the machine.

However, he and his friend consecrated deeply on the issue. He then had an inspiration and decided to unplug the router connected to the Internet. It was a dramatic step with unknown consequences. Several hours later he realized that not only was this computer running as well as before, but was actually running a double the speed it had ever functioned previously. He was overjoyed by the development. That things could shift from one extreme to the other. Not merely the resolution of a problem, but the attainment of a new level of performance that could not have been expected.

No Title

Consecration, opening to the supramental/spiritual Force, feeds you with extremely creative ideas to solve a problem you might not have thought of on your own. When you then act on one or more of them, there is a startling turn-around in conditions.

No Title

Quickly resolving enormous problems through unexpected, unprecedented solutions is a specialty of the Mother's Force.

No Title

Extreme problems solved by unprecedented solutions at the very last moment without anything to hold onto but Faith in the spiritual Force, the Mother is one hallmark of Sri Aurobindo's Integral Yoga.

No Title

When you accept a demotion with good cheer, you may soon find yourself in a situation where you become the hero of the organization.

No Title

The difference between success and great success depends on our ability to identify, and our willingness and effort to overcome the limitations of our being. Life will respond overwhelmingly to such a conscious approach.

No Title

Integral yoga and the transformation that follows is a hard-earned, unprecedented spiritual journey from a bit of faith to Total Faith.

No Title

Sometimes the best thing to do when a situation is moving toward a finale whose outcome has not yet been determined, is not to "sit on it" and wait impatiently for the result, but to focus your mind elsewhere. Then when you return, you discover that things worked out just as you had hoped. By releasing the attachment, you move in sync with the energies for the positive result. Over the years we have seen that many great things are accomplished through this inner, "detached" approach.

No Title

The Mother and Sri Aurobindo intensely worked on themselves and became living laboratories for the emergence of a New Consciousness on earth.

No Title

We are very wary of having to deal with a major hurdle in an important project we are working on. After all, who wants to go through the anguish and anxiety of something that could destroy our plan? However, in retrospect we will see that overcoming that hurdle not only enabled our project to succeed, but the knowledge derived from it was the single key that allowed several future projects to succeed as well. Now what we once called an "obstacle" was really a blessing in disguise. That's why all obstacles and hurdles should be looked upon as an opportunity, with a still heart and a silent smile.

No Title

When a good thing is occurring try to keep still and avoid speaking about it so it can continue to blossom and then some.

Tesla, Energy, and Sri Aurobindo's Extension of Vedanta

Sri Aurobindo, extending Vedanta, indicated that Energy was the final operation of an original Conscious-Force (chit). However that Energy would continue to divide itself, losing its consciousness in the involutionary descent, which is the reason for ultimate breakdown, division into atomic existence, which is what we know as matter.

Thus the Involutionary process enables Matter to emerge from an essential Energy. In this sense we can see how Tesla perceived we could create matter and especially electricity from the universe. (Understanding of the big bang and Einstein are further confirmations that energy and matter are related and can be converted from one to the other.)

And yet in Sri Aurobindo's view Matter that comes from Energy is the result of an Involutionary process instigated by a Divine source. Then can we humans initiate the same process, as Tesla believed?

And you have to wonder if the scientist and the mystic are actually speaking of the same thing, when they each speak of Energy. Or are they really speaking of different degrees of subtlety in their views of Energy.

Interestingly, recent revelations about Dark Matter and more so Dark Energy in the universe seems to close the gap a bit further between the scientific and spiritual views.

And yet when one moves into, elevates one's self in Consciousness one can truly perceive the even-deeper shadings and meanings and source of and purpose of Energy, as Sri Aurobindo surely experienced himself.

Science clearly has a long way to go in understanding these deeper truths, even though we must commend Tesla for seeking out Vivekananda and others on the subject.

No Title

There is no coincidence in the cosmos. All is subtly interconnected and therefore synchronous.

Comment: [in reference to the phenomenon of Synchronicity:]

"In the fourth century B.C., the Greek philosopher Heraclitus viewed all things as being inter-related, nothing is isolated and that all things are linked. Similarly Hippocrates said: "There is ONE common flow, a common breathing. Everything is in sympathy.'" (Robert Torres)

No Title

People enjoy holding onto their extreme views. It gives comfort and satisfaction in their ignorance. They will hold onto it tight until an extreme trauma - physical or emotional - wakes them up. It is one of Nature's ways of progress.

No Title

When times change, certain segments will hold onto outdated, reactionary beliefs. They will pull in the wrong direction relative to the evolutionary movement of society. Ironically, the progressive forces are often energized by the ignorance of these regressive forces, propelling the evolution forward that much faster.

No Title

Karmayogi is fond of saying that "education is the yoga of the collective."

On Atheism:

-Atheism is a necessary protest against the wickedness of the Churches and the narrowness of creeds. (Sri Aurobindo)

-So long as religions exist, atheism will be indispensable to counter-balance them. Both must disappear to make way for a sincere and disinterested search for Truth and a total consecration to the object of this search. (The Mother)

Faith in The Mother and Extra Effort are "Key" to Success

With the Mother one has the deep feeling that no matter how hopeless the situation that somehow She will prevail.

I had to search for a key in order to retrieve a computer from a locked drawer. I was asked as a favor to do my best and try to find the object. I then searched everywhere in the room, digging into the mass of objects and the many nooks and crannies, but had no success. Still I was determined to find it.

At one point, I consecrated the situation to the Divine Mother. Still I found nothing. As I was about to give up, I also had the thought that Mother could do anything, no matter what the situation. And so I tried once again, but again met with the same result. It now looked like a hopeless situation.

Then I checked my email message and was startled to see an entry from the person who was looking for the computer in the first place, who had now provided detailed information on where to find it. I followed his advice, and a few minutes later found the key! I then unlocked the drawer, and voila! there was the computer!

I understood that the feeling I had inside that Mother could do anything, no matter how hopeless the situation, attracted the email that enabled me to resolve the issue. In tandem with making the extra effort to find the key, life cooperated and I was able to prevail in the end.

No Title

Supramental Life depends less on the thinking mind and more on the Knowing mind.

No Title

Thinking is a transitional process on the way to direct Knowing of the truth of anything.

Comment: Intuition, light, revelation, and supramental perception are progressively higher and more powerful means of direct knowing of the mind. It is mentality of the Spirit.

No Title

In one sense we are truly Immortal, as our soul and psychic being, our true self existed before us in others, exists in us now, and will continue to exist after us successively in the lives of new individuals to come.

Reader: A different character in a continuous story

Response: Yes. Exactly.

On Immortality

Physical immortality is something different from immortality of our true self, our evolving soul, our psychic being, which is the unending existence of our being through multiple births. Physical immortality is where we are able to live as long as we choose in the physical body. This will be possible when the cellular essence of our being is responsive to the descending or evoked Spiritual Force, and therefore the body's programming will change so that there will no longer be illness, decay, and death.

The Mother worked on this transformational issue for much of Her life, enabling the cells of Her body to be responsive to the incoming supramental power, forging a path for us to follow. She indicated that Sri Aurobindo or perhaps someone else would return with a New Body that is supramentalized with the capacity of willed physical immortality. That New Person would have centers of consciousness instead of the current organs, digestive systems, fluid and breath circulation, et al. She described this being as tall, svelte, sexless, emanating light, which would be an evolutionary change into a new-type of human species.

Mother had many visions and personal experiences in this area. For example, once She saw Her own body become the supramental being at the subtle plane. She actually, physically saw it. Dozens of these sorts of experiences of Hers are described in great detail by Her in Her 4000 page diary called Agenda.

No Title

We often think, "I should love to have a smooth life." Instead, it is better we develop a sense and a knowledge that is able to look on what happens WITH A CALM EYE AND SMOOTH NERVES. (Sri Karmayogi)

Comment: Or to put it another way, developing smooth nerves - eg through non-reaction, equality of being, respect for others, a silent mind, consecration, and deep faith - creates, attracts a smooth life.

Spirit and Success

Most of us don't ordinarily associate Spirit with accomplishment. The Divine appears to exist in one realm, and accomplishment and success in another.

And yet there is nothing that creates, attracts, aligns with accomplishment more than opening to the spirit, to the Divine, to the Mother's supramental power. This is especially true when also practicing spiritual methods like not reacting to others' intensities, taking the other persons point of view, and being selfless and self-giving.

These attract overwhelming good fortune - often instantaneously - indicating that Spirit and Success can be inexorably related.

No Title

The Divine has become the universe for the sake of Delight.

Comment: It was to move from the static Delight - one ultimate form only - of the Infinite Consciousness to an infinite variety of experiences of Delight that can be experienced among a vast array of human individuals. Hence the universe emerged for that purpose. As a result of this development there is then a confluence: the Delight of the One and the Delight of the Many inexorably entwined.

No Title

To relate to another so that Delight issues in both is the yogic aim in life. (Sri Karmayogi)

Comment: Comment: By bringing to bear our highest consciousness at every moment when interacting with others - through consecration, self-givingness, and other methods - enables this Delight to come about for each, fulfilling the Divine purpose for creation.

No Title

Nothing speeds up the pursuit of Truth more than bold expressions of human ignorance.

Comment: It's a "recoil" effect.

No Title

If you cannot express your point of view with calm and non-upsetness, it is best to wait until things settle down. Then at the right time later on your thoughts will be much clearer, and what your express will be far more helpful to others.

No Title

Opportunity knocks at all the doors and windows too, all the time, once Life Responds. (Sri Karmayogi)

Comment: When we take to any of the inner methods that raise our consciousness, life quickly responds in the form of opportunities suddenly flying in our direction.

No Title

She is the Force, the inevitable Word,
The magnet of our difficult ascent...
(Sri Aurobindo, from Savitri)

No Title

Normal life is to ask, and then hope for the best. Spiritual life is NOT to ask, but to silently and patiently wait, attracting what is necessary from within.

No Title

Anxiety turning into serenity is a product of inner, yogic effort.

No Title

#1 rule for devotees is to remember Mother before doing anything of significance. The miraculous is bound to follow.

No Title

Education is the most sophisticated instrument yet fashioned by society for its own conscious social evolution. (Garry Jacobs)

No Title

When circumstance fully cooperates with your intentions, behaviors, and actions, then you know you are moving in the right direction.

No Title

Being in sync with others' successes is a spiritual achievement.

No Title

There is little question that creativity can come out of conflict, facilitating success. However it cannot compare to the powerful life response results that are attracted through movements of Higher Harmony. One is the result of Nature (prakriti) and its conflicting method of progress. The other is of the Spirit (purusha), which is of the Infinite consciousness, and therefore infinitely creative.

No Title

When we think, we know; and yet it is only in part. However, when we stop thinking, we begin to Know in integral fullness.

No Title

If we examine things closely, we can observe that the negative qualities our children express mirror the same or related qualities in ourselves. Therefore, rather than argue and fight with them, and constantly making demands, discover and change the corresponding negative elements in yourself. As a result, the children will respond positively, raising the level of domestic harmony in your life.

No Title

A great spiritual change occurs when we shift from the activity of the mind to the still Presence within.

No Title

When Ego enters a discussion, Truth takes a back seat.

Approaching Quiet Geniuses in India (By Sri Karmayogi)

President Dr. Abdul Kalam has suggested that instead of waiting for a Hardy to discover an Indian genius, we should set about seriously searching for one. It is a laudable suggestion from an eminent personality. It is not a question of creating a genius but of searching for one who may be lost in the oblivion of obscurity.

India has witnessed a procession of spiritually realised souls, not in hundreds but maybe in thousands over the millennia. Genius is the penultimate stage where, deviating from his own avowed goal of moksha, the Rishi diverts himself in a subject such as astronomy, mathematics, medicine, music, etc. The spiritual realisation in one generation, it is said, is never lost after that. It will be mostly in their descendants or those kindred souls that have picked up the vibration of Spirit. That blessed soul may not be aware of its presence in him. But it will never be totally suppressed and buried. It will show itself to the discerning eye, expressing itself in another unexpected field.

All those who possess out of the ordinary talents in their own respective fields, whether it is tractor driving, building or public speaking are potential candidates to be approached. The team that is on the lookout for the ONE must be given the training to look for extraordinary talents in a graded scale. On the surface it will be talent par excellence. Behind, it will lurk as essence of talent, a conceptual comprehension of the field hitherto unknown. Such people would be ridiculed in their own work spot. The potential candidates will be, more often than not, QUIET and will be lost inside themselves.

To frame all the criteria for such a search and reduce it to workable administrative procedures that are most likely to land on the target is possible. Should the parents suspect such a latent possibility in their child, the very best method to help it emerge is to teach the child utter truthfulness.

No Title

When a problem comes your way, look around the corner and you will see an opportunity following.

No Title

People normally feel gratitude and appreciation for what comes unexpectedly, but rarely feel the same way about the routine. And yet the latter can overcome dullness and generate real freshness in our lives, making it gratitude's true frontier.

Each Thing is Indicated Beforehand

One of the profound principles that Karmayogi has revealed to us is that each thing that occurs in life is indicated beforehand. And there are no exceptions. A powerful positive or negative outcome in the future is always indicated by a small or large event earlier on. Thus, if we are conscious of the predecessor (whether or not we perceive it as such), any great negative can be avoided later on. I.e. We can simply consecrate the small negative condition that comes to our attention, and the larger problem will not arise in future.

Also when our consciousness is centered more deeply within, we will perceive such small indicators as pregnant with potentiality, whereas living on the surface misses these subtle warnings.

And yet even if we fail to recognize and consecrate such predecessors when they arise and were then effected negatively affected, we can still practice "past consecrate" to overcome its continued influence in the present.

In the Trollope novel 'Lady Anna' a young woman on a date with her cousin seriously injures her leg while walking across pods of stones on a pond. It would turn out to be a predecessor and harbinger of this man's later complicity in trying to murder her and her beloved.

This dynamic also occurs and is discussed several times by the team in Garry Jacobs' novel 'The Book.'

There is no greater fool than someone who does not respond when Life compels him to take action.

No Title

Dynamic, creative sage individuals breaking down the Truth of existence into a myriad of synthetic Knowledges taught through revolutionary new education systems and approaches are the way forward for the growth, development, and evolution of society.

No Title

The Divine holds our hand through all and if he seems to let us fall, it is only to raise us higher. (Sri Aurobindo)

Life, the Physical Body, and Immortality

Life is immortal, but our physical body that contains it is unconscious and therefore is subject to death. And yet when we open to the supramental power the cells can become conscious so life can be immortal in the body.

Another way to put it: Life is immortal, eternal. If the universe were to disappear, there would still be Life, as it is Energy; the final operation of the Conscious-Force. Chit of Satchitananda. This is Life in creation, and the Life in us as living beings. And yet it is the limits of the body that prevent the life in us from being immortal in a material existence.

However, overcoming the programming of the cells through the Mother's supramental power makes this possible. That immortality of Life in the physical body is the basis of a Divine Life on earth.

The essence, consciousness, and energy of an object, thing does not desist, only the form breaks down, and so those life aspects enters another form. Think of a light bulb. When it burns out, the electricity is not lost. It simply goes into another receptacle. It is also true for we human beings. E.g. the essence of what we have created outlives us in new forms or formations. Even our soul and being continues on into new beings in new births. It can however sustain itself in one life, in our current form when we learn to become physically immortal, something Mother worked on realizing in the latter decades of her life.

Growth Online Comes To An End

After nearly two decades the Growth Online web site I founded has been taken off the air. It may re-emerge in future as a knowledge base of content for something greater. Growth Online has been a site that has organized and interpreted the teachings of Sri Aurobindo, the Mother, Sri Karmayogi, Garry Jacobs, and Roy Posner in the form of hundreds of articles and thousands of inspirational thoughts.

Growth Online peaked at 6000 viewers and 10,000 article reads per day in 2011. I want to personally thank those of you who have fervently supported and believed in the site. I also want to congratulate those of you who have greatly benefited from it. With very best wishes to all. -Roy Posner, Growth Online founder

Reader: Wishing you well Roy in all you do. Thank you for all of your timely advice.

Reader: OMG! Growth Online is my "go-to" for explanations and encouragement. I can scarcely believe it... Of course, I'm excited for you in whatever your endeavors are going forward, Roy... I will sorely miss your vast treasure trove of wisdom.

Response: Thanks Martyn. And yes Kathy it is a big OMG!

However,

Now that Growth Online has been taken off line, it should be noted that a good deal of that material is still available in the form of several of the books I have written. For example, the 20 or so main articles at Growth Online are what make up my book 'Essentials.' Likewise the 300+ shorter articles, called Essays, in Growth Online are what make up my 'A New Way of Living' book. Also a good deal of the knowledge base content of Growth Online, especially since 2010 is captured in my book 'Inspirations.' You can download any of these books at no charge at my personal website here: <http://royposner.weebly.com/>

Reader: You just keep giving and giving, Roy. I have your book on The Phenomenon of Life Response in my living room for me to pick up anytime I sit to relax. I'll be sure to visit your new site! Would you like me to change my link in my website to lead to the Weebly site? I'll be sure to do that if you like!

Response: Yes Kathy, that would be nice.

Reader: This is very sad to hear about Roy Sir. Whenever I want to understand the reason behind the various happenings in life or whenever I would like to learn on how to change my behaviours I always refer to your website. Will be missing the site for sure frown emoticon

Response: Gayathiri, yes I understand your feelings. I share them. But now you have the option of essentially doing those same things but directly with me: smile emoticon <http://royposner.weebly.com/for-the-individual.html>

Reader: Yes agreed Roy Sir and am very very happy about it:-)

Response: Also Growth Online content appears in my books, AND is likely to appear in new forms in future-- eg as part of an Artificial Intelligence system of sorts in new tools/software.

No Title

Make a special effort to help someone else, and quickly thereafter you may receive an unexpected positive response from someone who has just helped you. (It's the life response version of "one good turn deserves another.")

A man overcame his reluctance and made an effort to explore the possibilities for creating a new web site for a friend. Immediately after making that extra effort for her, he received an email from an associate who had now reported that he had completed the voluntary work he had done for the man, but much sooner than the man expected!

It was a startling confluence of the man's self-giving effort with his friend and the self-giving associate's sooner-than-expected completion of the voluntary work. It was Life Response phenomenon in action.

Our Experience of Existence, Conscious Force, Delight (Sat-Chit-Ananda)

According to sage and seer Sri Aurobindo the reason for life on earth is for all sentient beings to express infinitely -varied and intense expression of Joy and Delight of Being. (Ananda in Sanskrit) What then makes this possible?

Sat-Chit-Ananda is the Divine Reality's makeup on the way from its unknowable, ineffable, immutable state to its manifest state in the universe. Sat is the first step out of the ineffable that the Divine takes on its way to creation of a universe of forms. Sat means that the Divine now Exists as Self-Aware infinite spiritual being.

Chit is that that His self-awareness as Infinite consciousness and being generates a Force -- a Conscious-Force -- that will become the basis of the energy and forms of the universe.

Together that Self-Awareness and Conscious Force of the Divine generates a Joy beyond all Joys, a Delight beyond all Delights in Himself. (This is Ananda).

We too are capable of experiencing these same three aspects of Divinity in our own lives, in infinite variation and possibility. In fact, discovery and increasingly experiencing our Higher Nature -- including our True Self and Existence, our Consciousness and Power, and the Delight that follows -- is our very purpose in the cosmos.

(Peace, Harmony, Truth, Wisdom, Knowledge, Goodness, Beauty, Love, Delight, Infinity, and Timelessness are among the spiritual values that we can increasingly experience in this process. They emanate from Sat-Chit-Ananda.)

No Title

When you are struggling to find answers, or your mind is simply overloaded, best to stop thinking about the matter, or not think at all. Not too long after you may be startled by the insights a rested mind conjures up.

No Title

-Everything you see around you is a formation of Spirit. So are your and everyone else's thoughts and feelings and spiritual experiences.

-The universe and all its aspects are variations, different shadings of the One Reality, as is the Divine itself.

No Title

If you eliminate something once great that has now stagnated, life will quickly move forward and present you with Opportunities of a Lifetime.

No Title

Instead of feeling overwhelmed that you have been given too much work, or too many things have taken over your life, be still and feel gratitude for it. See it as an opportunity to grow in new directions through these emerging fresh energies. Life WILL respond to such a thankful attitude: as peace, as ease, as fulfillment of your heart's desire

No Title

The conscious individual is continually shifting from "Attitude" to Gratitude.

No Title

If you are on a line at a restaurant or such and an inexperienced server makes several mistakes that include messing up your order, rather than being upset with that person and condemning their incompetence, consider what karma brought you to that situation in the first place. Whatever the cause, realize that the universe has brought you there to once again learn and truly appreciate the spiritual values of tolerance and patience.

No Title

Things break down in order for new things to build up.

No Title

Each person goes through a unique set of circumstance and challenges in Life in order to accelerate their growth, progress, and evolution.

Making Change at Four Levels of Our Being

It is very difficult for one to overcome the body's illness and decay, as the physical consciousness is virtually fixed. It is somewhat easier to alter one's emotions and feelings from negative to positive in the Vital being, as there is more fluidity there. It is much easier but still not simple to switch one's attachment from one idea to another in the Mind. In the Spirit all is possible, easily shifted and changed, as its dynamic is infinitely fluid and creative.

On India's enormous response to the passing of Dr. Kalam:

It's a great outpouring of affection for what he did, and moreso for the values he stood for. Along with the movement out of corruption, women standing for their rights, and the country taking to technology, India is gradually awakening. Her Spiritual reawakening is another step beyond. Then she can begin to fulfill her destiny as Guru of the World.

No Title

Each movement from unwillingness to willingness attracts a new benefit.

No Title

Today I was sitting near the beach and had the following experience:

"On a very pleasant day, a very few rain drops fell from the sky. Several fell on the screen of my iPhone. One burst into eight mini drops, each about the size of an ant's head. Each glistened in the sun creating a magnificent rainbow effect! Also each had its own color combinations that were constantly shifting and glistening. And equally astonishing the 8 were in the form of a lovely smile! It was a magnificent mini necklace of ever-changing beauty."

No Title

The greater the problem, the greater the opportunity.

No Title

While Self-reliance at first glance seems to separate yourself from others, it actually has the effect of attracting the world to you; especially when it is the True Self you are relying on.

No Title

Disappointment is a product of expectation, which arises out of impatience and/or desire.

No Title

In strained situations shifting from our capacities to Mother's Capacities reduces tensions substantially, while attracting marvelous conditions.

No Title

Americans are very fast and free to express their opinions, sometimes startling people from other lands. And yet Americans are also often ready and willing to pull back and change their points of view when they learn the facts. Wouldn't it be better for them to be silent in the first place and wait till they have all the details, and then offer their opinions; or better still not express them at all? Then other peoples would rush to and be absorbed in their profound wisdom!

No Title

Restraint from expressing one's opinions in a social situation requires self-control and humility. It is essential for conscious living.

No Title

The need to be constantly humorous often masks underlying pain.

The Missing Piece of the Puzzle

You can do everything right in your life, in your organization and company, and yet just one quality can trip you up; can block success; even be the cause of failure.

And yet from a cosmic perspective it is one reason you have been born into this life: to discover what that missing piece is, - whether a wrong attitude overcome, an ill-suited habit or belief now understood - completing the puzzle of your existence. Life then responds to that higher movement and blossoms in every way possible.

It is also why you're Soul, the Psychic being within has taken birth in your body; to uncover a higher knowledge that has been missing in its existence, but now discovered through your advance in consciousness. By discovering the chink in your armor that you have now overcome, your True Self has attained a new level of Satisfaction in its cosmic Journey through Life and beyond.

So what is the missing piece of the puzzle in your life? And once you discover what that is, are you willing to make the full effort to overcome it? It is after all the main reason why you are here.

At each point we embrace change, success turns into more or greater success. However, at each point we are unwilling to change, or are self-satisfied, we tend to fall back into the pack, or worse. Interestingly, this dynamic and requirement appears to be accelerating in the world.

The Domination of Our Physical/Material Being

We know that matter does not change of its own volition. The stone doesn't change because it wishes to do so. And that physical nature, which expresses as in the form of our own physical body inherits that fixed nature of matter, limiting are various capacities of being.

In fact each of the planes of our being are held back by the bedrock of our physical/material makeup.

Our life force and VITAL being cannot continue on indefinitely because the physical substance in which it dwells is unable to maintain itself, decays and eventually dies. Thus the life plane is subject to the limitations of the material substance of our body.

The MENTAL consciousness cannot fully know The truth of things and lives in ignorance because the mind lives on the surface of life, seeing the world through the material senses of the physical body; the eyes that see, the ears that hear, dominating our thought processes, keeping us from rational thought and knowing the true truth of things.

Even the SPIRITUAL nature is held back by the physical/material layer of our being because when one rises through elevation of consciousness, thereafter the physical being and its fixed, unchanging nature pulls one back down to our old ways, our limited, fixed habits, to the predictability of routine. As a result the spiritual experience some fades, we are forced to try once more.

Only through intense development of our consciousness, including coming in touch with our Deepest Being and by opening to the Spiritual Force can we overcome the regressive physical/material domination over us; over the its stranglehold over the planes of our nature; releasing us into an entire new world of infinite consciousness and infinite possibilities. This is one aspect of the integral yoga that Sri Aurobindo asks of us in order to make the transformational change.

No Title

The constant contradictions, conflicts, divisions of life is the difficult method of Nature's progress. At first glance it can seem without purpose, or if purposeful, then painful.

Yet the resolution of contradictions enable greater subtlety, complexity and puissance to emerge in the world, which means greater organization, which is higher consciousness; furthering, accelerating human evolution.

No Title

Efforts of Transformation of our being as Sri Aurobindo and Karmayogi have devised it is no easy undertaking; is not for the meek of heart. And yet it is infinitely rewarding; beyond anything else we can possibly experience in life.

No Title

One false attitude about money is to only care about what you receive, not thinking about the other person and what THEY deserve.

No Title

Nature evolves by turning contradiction and conflict between dual pairs into resolution through higher harmony. Thus, secretly they are not really contradictions at all, but are actually complementaries that need one another for their individual growth.

No Title

If Life wants to move, there is almost nothing you can do to stop it.

No Title

In this age of nonconformity and individuality, nearly everyone conforms.

(I.e. compared to the Conscious life we can live, we are content with an ordinary existence that for the most part is in lock step with others.)

No Title

If you don't give objects the attention and respect they deserve, they may cease cooperating and operating properly when being used. They may even lash out at your indifference and disrespect.

No Title

Depend not on your skills, your energies, your wherewithal, brilliance, expertise, etc., but on Her. You'll get to where you are going much faster, with greater ease; in stillness and silence; with richness and deep inner pleasure.

No Title

Holding back expression of insightful solutions inwardly compels others to come around and make the changes you silently withheld. It is a version of what Karmayogi calls "Silent Will."

No Title

Lost in, absorbed in, and acting from Mother is the ultimate form of Individuality.

Reader: All our outside becoming inside!

No Title

Let go of fear of future events and circumstance. Depend on Her instead, and all will work out magnificently.

No Title

If we rise to a challenging situation with calm and unshakable faith in the spiritual Force, the Mother, the results are bound to astonish.

A trainer had a very difficult situation in front of him. It involved a very critical client for whom he would provide materials for a series of training sessions. At first he panicked, working feverishly with all his skill to develop the content. However, he was still overwhelmed by the situation; as he had limited information and resources at his disposal. It was as if he had one hand tied behind his back.

Perceiving the enormity of the situation and the great pressure he was under, the instructor suddenly switched direction and decided to give up depending on his capacities and skills, and instead relied fully on the spirit; in his case the Divine Mother.

From that point on everything worked out perfectly! Not only the development of the all-important materials, but the magnificent unfolding of the class itself. He had travelled a road from confusion and pain to one of clarity and bliss.

Comment: A trainer had a very difficult situation in front of him. It involved a very critical client in a series of training sessions. At first he panicked and worked hard with all the skill to develop the materials. However, he was still overwhelmed by the situation; as he had limited resources and therefore one hand tied behind his back. Perceiving the normative the situation and the pressure he was under, he suddenly which directions and decided to give up depending on his own skill and wherewithal, and instead rely fully on Mother. From that point on everything worked out perfectly; not only the development of the all-important materials but the beautiful unfolding of the class itself.

No Title

Modern life is moving at ever-increasing speed, and it is difficult for us to keep up using normal human methods. However, by opening to the supramental Force, to Mother we are not only able to keep up, but we often move AHEAD of life, which is a wonder to behold.

No Title

Whenever possible, do not insist on your suggestion. Instead state your case, be patient, and let it go. If the other party comes around to your position, Life will respond and things will tend to work out for the best.

Example: A man suggested to his colleague that she upgrade to a new version of the computer's operating system software. She reacted with some degree of irritation. Recognizing the situation, the man withdrew his emotions and forgot the matter entirely. A couple of days later, the colleague came around and was now eager to install that very same software. When she did, it all worked out splendidly!

No Title

As we move forward, what are we to do? We have to continually be vigilant and alert, and make the right decisions based on the conditions. We will know those things, look into what is necessary, when our Consciousness has risen; when we are in a deeper place that spontaneously looks out onto the world as Silent Witness. Then we will know how to proceed, and thereby journey forth and help bring about the Wonders of the world.

Entryway to Love

People want Love from another or others. But Love is not something you take, but something you GIVE. Because of our inherited animal nature - desire, need, want, etc. - we are not wired to think that way. However, we can change.

Giving love and affection to others in the many details of our daily lives is a way to build up Love. A simpler way still is to stop being Selfish. When we realize how often we are selfish, acting out of Ego in the course of our day, unconcerned about the needs and feelings of others, then we will begin to understand the nature of Love. Ridding ourselves of that

selfishness and ego each time it arises is the entryway into Love. Love is to give Love, not to take it.

No Title

From one perspective love of children and parents and family is for the most part a form of Ego. It is self-love extended to our extended body. On the other hand, True Love is for anyone you normally interact with. Being genuinely affectionate toward each person we encounter in the course of our day is a powerful way to express our Love in life.

No Title

Property is ego. What we call love is mostly ego. Our ambitions is ego. Our negative attitudes, habits, and opinions are ego. Many of our values and beliefs are filled with ego. In one sense we are an ego being, Ego Man.

Reader: Property is a key to ego and to empires..... And to poverty and starvation. Realising that is the beginning of equality in my opinion.

Response: "Ego is duality and predominantly in control, until awareness of truth floods in light." very nicely put.

Yes, property goes back to animals vying for territory. In general, defensively it was somewhat less an ego movement of preservation, unless there was selfishness. The aggressive pursuit of property is more likely to be ego-oriented.

No Title

We humans do nearly anything now to collect things and strengthen our property that we are so attached to. In the spiritual age beginning to emerge the attachment to possession of property begins to wane. We value it far less. Ironically we may reach that state by first having the property attachment instinct.

That's how Nature progresses; from Ignorance to Knowledge, with Ignorance necessary as a spur to attaining greater Knowledge/Truth.

No Title

Rather than condemn a person's questionable opinion, if you politely and sincerely accept it for what it is - at face value without judgment, - often, on their own, without any prompting from you, the other party will soon come around and embrace your deeper perspective of things. It is yet another form of Silent Will in action.

Sri Aurobindo's Birthday - today, August 15th

Sri Aurobindo worked for Indian Freedom in the field of politics between 1906 and 1910. His inner voice told Him that Indian Freedom was achieved and HE was meant for other work. Indian Freedom arrived on His birthday. When Mountbatten was asked why he chose August 15th, he answered that was the day on which Japan surrendered. Sri Aurobindo fought the World War in the subtle plane and that victory too came on His birthday. He prophesied that India would become the Guru of the World. (Sri Karmayogi)

No Title

Blaming indicates powerlessness. Taking inner responsibility instead, moving life, improving that condition from within is true Power.

No Title

On Sri Aurobindo's birthday, August 15th, the following occurred through the years:

-Date of Sri Aurobindo's Birth (1872)

- Date of India's Independence (1947)
- Date of Pakistan Independence (1947)
- Date of end of WWII in Asia, which ended entire war (1945)
- Date of the birth of Napoleon (Sri Aurobindo in previous birth, Mother wondered?) (1769)
- The Beatles come to America, changing youth culture and beginning of hippies and baby boomers, many of whom advocated New Age teachings (1965)
- Date of Woodstock Music Festival; Global hippie movement central event (1968)
- Date of Feast of Assumption ("Mother" Mary taken to heaven. The Divine Mother was adopted by Catholic church (30 AD).
- Panama Canal opens, as opening to global trade and internationalism (1914)
- Apple launches iMac and the rebirth of the company with Steve Jobs returning. Apple is vanguard of tech revolution. (1998)

(all are openings in the world, with Sri Aurobindo leading the way from within; ushering in a New World.)

No Title

In Sri Aurobindo's view, Nature progresses from Ignorance to Knowledge, with Ignorance as a necessary stage and spur to attaining greater Knowledge and Truth.

No Title

For those of a more mental bent it is worth noting that if you read something that is clearly not true and is not to your liking it is best to withdraw all attempts to respond, such as typing in a comment at a web site, instead holding inside your thoughts and feelings. As a result, a short time later, e.g. a week's time or so there may be news reports that completely validate your point of view. The more you hold it within and detach yourself emotionally from the issue, the greater and faster the response of life validating your own truer understanding.

Reader: I read that one prominent Lama has stated that the burning sensation we feel when we try to contain anger, burns up negative sanskaras. It probably applies to any area we are trying to transform.

Response: Yes, withholding of one's point of view often also involves the holding back of irritation or even anger. It is interesting that, as the llama says, controlling them can also overcome other accumulated negative baggage.

No Title

Sri Aurobindo's Silence and Peace can be tangibly felt on his birthday August 15th.

Opening of Mind at the Outset of Sri Aurobindo's Path

In Sri Aurobindo's path, often the first opening is not of the Heart, or in the substance of the physical Body, or even the radiance of the Spirit, but rather in the higher experiences of the Mind; i.e. in the expansion of Mind to garner Knowledge and Truth through light, intuition, and other spiritual powers of Mind. That begins the process of lifting one out of one's essential Ignorance born of creation towards a many-sided and deep integral Knowledge of ourselves and the nature of Life.

Now that the Way forward is charted and understood, the follower of His path can open to the supramental (Mother's) Force above and to the psychic entity within, which along with personal inner effort slowly perfects and transforms the parts of the being - including the lower emotions, negative attitudes, and outworn habits of the Vital plane; the opening and blossoming of the Heart and it centers, including the active experience of higher emotions of self-givingness and gratitude; and culminates in the transmutation of the very material essence of the physical body to create the beginnings of unending physical life on earth.

Comment: This was similar to my own experience. At first I had intuitions of the higher, divine life on earth Sri Aurobindo and Mother laid out for us, and only later was I able to regularly open to Mother's Force and bring about powerful life response results. There continued the inner effort of the recognition and overcoming of the negative attitudes and such, as well as a deepening of the consciousness within, and further expansions of the Mind to more revelatory heights (including subtle perceptions, perceiving subtle life laws, perceiving signs and portents, etc). Along the way life has been sprinkled with powerful meditations, deep feelings of peace and experiences of silence, feelings of divine Presence within, perception of the Transcendent Reality, powerful inspirations and revelations, and so forth. Perhaps most significantly, the miraculous has increasingly become the commonplace.

Making a Cross-Road Decision

Often we are compelled to make a cross-road decision, such as whether or not to do a particular thing. As we all can attest to, sometimes it is not easy to decide. And yet we can make the best decision if we follow a process, which goes something like this:

In two columns think about and write down the positive and negatives involved in the situation. Think of the positive and negative both as it relates to your own consciousness within, the Internals, as well as the External conditions, atmosphere. Whichever one dominates, - positive or negative -- choose in that direction.

Eg a man wasn't sure if he should go on a trip. He wrote down the positive as it relates to his own consciousness and the positive externals. He did the same for the negative side. He saw that the positives outweighed the negatives, and decided to go on the trip. The trip went splendidly. Life responded all around in the positive.

(What I am narrating is essentially the 4-Quadrant approach of Karmayogi. That approach also indicates whether a potential decision taken would have short or long term success or failure.)

Love and Hate

Hate is the inversion, perversion of Love. You normally cannot have hate without an origin of Love. E.g. in the legend of King Arthur, Mordred hated his father because he wasn't acknowledged by the king as his son. He therefore spent the rest of his life in hate trying to destroy his father. We see similar things in the Middle East between the Israelis and Palestinians (who have common roots and origin of homeland), between Sunnis and Shiites, between Indian Hindus and Muslims in Pakistan, in every imaginable form of relationship between individuals, etc. etc.

Reader: That's because we have been conditioned to believe in polarity when in reality there is only oneness. We've just forgot!

Response: Yes, it's true. Ego and our deep attachment to the belief behind it dominates. However, later generations tend to evolve out of the past influences as their interests are different - e.g. emerging into prosperity - and as a result the past conflicts begin to loosen and then dissolve. This is one path of Nature.

Other paths are War, and in the case of an evolutionary movement, a recognition of one's foolishness and falsehood. But even in the latter case it often comes after the Physical (animal-like) Consciousness is shaken to its core through a great trauma, thereby opening one to change. Very rarely will it come through sudden shifts to Higher Harmony (such as the Egypt - Israeli agreement years back; or the sudden end to the Cold War.)

And yet with the Supramental Power this is very possible. One man can practice it, and sudden good fortune will follow for wider collectives. Hate then dissolves, and harmony and common interest, and even love can take their place through the action of the Spiritual Force, the Mother. This is of course for an enlightened world, which we have barely begun to realize. In the meantime, we can do our very best in our individual lives to bring about more harmonic conditions. Sri Aurobindo says that one man can [from within] change the world. We can prove him right!

From Immortality to the New Body and Species

In Her 14-volume Agenda Mother explains in vast detail the physical change She was undergoing by opening to the supramental Force for the purpose of transmuting the programming of Her cells. Near the end She said Sri Aurobindo could return in a new birth with the New Body; i.e. with the organs replaced by Centers of Consciousness. Still She wasn't entirely sure He would be the one.

She describes this new person as very tall, svelte, sexless, devoid of the major biological systems (digestion, breathing, etc.) with a great illumined head. In Agenda She narrates how She became this New Being in the subtle physical in one of her many extraordinary supra-physical experiences.

Then how does a material organ of substance turn into a center of consciousness? She said it begins when the cells are convinced of their immortality. And being non-decaying, immortal, unending would then serve as a foundation for a change of the material substance into centers of Consciousness, replacing organs and such. In other words, the cells becoming more conscious would evolve new, more subtle structures, formations culminating in non-material centers of consciousness and being. In that way a new human species, the Supramental Being, would be born.

No Title

Sometimes the best addition comes through subtraction.

Reader: Sir can you please elaborate on this

Response: Example: A sports team was doing terribly. The coach couldn't figure out what the problem was. He tried everything including bringing in new players, but nothing worked. Then he came to realize that one particular member of the squad was causing dissension on the team and in the organization. At first the coach and management did not take action against him. Problems persisted. Then one day they took action and rid themselves of this one player. Suddenly everything started going well. During the next several weeks they went from the worst team to the very best in their division, an incredible turnaround, all due to "addition," i.e. improvement through subtraction by ridding themselves of a troublemaking individual.

Other examples:

- Accumulating too many possessions
- Eating less when obese
- Remaining silent instead of hogging the conversation
- Taking up too many projects at once, or reducing scope when bloated
- Shedding a hostile friend
- Reduced, slimmed down content in an article
- Slimming down the organization when it is too bureaucratic
- Reducing the number of tasks on a bloated agenda
- Less thinking
- Applying Values like simplicity and ease of use

Mother on Food and Nutrition

Some of the things I recall Mother saying or implying about food from a spiritual perspective are:

- Essentially eating is for nutrition, upkeep of the body; not for pleasure.
- The more subtle the forms of food, the better that serves this purpose.
- She commented how vitamins are examples of one efficient way to ingest nutrition; is but one example of more subtle foods that can be developed in future.
- She was not anti-meat eating, as it was a source of protein, energy, etc.

-Part of Mother's mission and focus was on the transformation of the body where there would be no need for the gross, material digestive system in the first place.

-"Food" too would evolve new subtle forms.

-That one could even learn to absorb Energy directly through the ether was another of Her hypothesis that she experimented on.

-She essentially believed that if people spent 1/10th the time elevating their consciousness compared to time spent obsessing and focusing on food, it would be a real progress.

Reader: I saw a documentary on this guy who promotes sun gazing as a form of nutrition and self-development; he got the initial inspiration from the Mother.

Comment: Very interesting.

In Agenda Mother narrates how as an experiment She tried to gain Energy by absorbing it from the atmosphere, but then She kept losing weight! So She stopped.

No Title

Best to avoid acting superior to any person, for that individual may hold the key to your future happiness and success.

No Title

To clearly perceive the situation at hand and know precisely what to do at every moment is an indicator of an evolved consciousness.

No Title

Truth of facts silences opinions.

No Title

Detachment is non-reaction to the intensities of life around us, which has the effect of resolving the issue at hand or eliciting another positive outcome.

An Unexpected Financial Delight

A management consultant friend of mine got involved in a new burgeoning enterprise. At various points he switched from being a consultant to one of the investors and partners, and then to consultant once again.

At one point he got very upset with the other partners who at that point were unwilling to invest their funds and move the project forward. As a result in the days that followed there was much tension and anxiety; especially for him.

One day he came to realize that he was pushing so hard on the money issue because he wanted to buy a special boat that had become available. After receiving condemnation from one of his trusted friends, he realized his false behavior, and as a result consciously decided to detach himself from the whole money issue.

A couple of weeks later he was astonished to discover that the other partners had decided to lend him the money so that he could now be one of the investors in the company, thereby promising him big potential returns in future.

As we see, when we shift from desire for and attachment to money and what it can bring, we can suddenly attract money from out of nowhere; often from the most unlikely sources; and often in the dearest and most precious ways. It is yet another instance of the life response power of coming to grips with and overcoming one's unconscious, false behavior.

No Title

Management of an organization cannot just advocate high corporate Values for the company without implementing it at every level, from the very top to the smallest details of the lowest

paying jobs. It is key to Values implementation in the organization and the vast success that issues from it.

No Title

Karmayogi indicates we need to capitalize on the inner resource -- whether detachment, goodwill, shedding a wanting attitude, consecration, etc. -- that brought about a magnificent positive response from life by continually reusing it as well as expanding it in new directions.

No Title

I am enamored and in awe of how easily Krishna shifted back and forth between his human poise and his true being as divine Lord of All. What makes the transition smooth is his utter humility, self-givingness, service, and love in his human status.

No Title

Unnecessary speech – in terms of words spoken, volume, etc. – distances you from success. Verbal silence has the opposite effect.

Sincerity and the Secret of Creation

Knowledge gains power when it moves from thought to action. When the Idea turns into a strategy that we act on, then knowledge is empowered. Another way of putting it is that we can move from superficial interest in the idea to true Sincerity of application through strategies and action. As a result, we generate an irresistible force that attracts the successful accomplishment of the idea. It comes as an unexpected, unprecedented, powerful Response from life. This is the Secret of Creation; of manifestation and accomplishment in the world.

No Title

We are not just "consumers" as the economists say; rather we are human beings with human needs. Let us measure the success of our economy based on such values alone.

No Title

If a problem seems to be developing up ahead, don't assume it will continue that way. Holding back that negative expectation will quickly free up conditions to your benefit.

Example: you're driving your car on a busy highway and suddenly the traffic up ahead is coming to a standstill. You assume that you are at the beginning of a long traffic jam, and therefore a long wait. Instead you catch yourself and assume no such thing. As a result only a few minutes later traffic starts moving, flowing, and the backup completely clears out! It's a complete reversal from your earlier perception. That is the power of not giving in to a negative expectation. Life takes over and you are once again aligned with the very best conditions.

No Title

Our apparent separative individuality is only a surface movement and behind it our real individuality stretches out to unity with all things and upward to oneness with the transcendent Divine Infinity. (Sri Aurobindo, The Life Divine)

Reader: The mirror has a lot to answer for!

No Title

Sincerely owning up to and apologizing for a wrong behavior can evoke an instantaneous, startling response from life.

Piano Synchronicity and the Power of Intention

A long-time friend of mine who was staying with his elderly parents decided that he wanted to take up the piano after many years of guitar and other music playing. He would start from scratch. His strategy was to pick out 10 songs he was familiar with and then try to figure it out on the piano.

At the residence there was a recreation area where others could come in and play the instrument, though the piano itself was hardly ever used, especially during this particular season of the year.

Just as the man dedicated himself to learning the first song on the instrument, giving up all hesitation and taking an action, a couple walked into the condo music room and b-lined it straight for the piano where he was sitting. No one hardly ever came to this area, yet right at the moment he decided to practice the composition the couple arrived. When the man asked the woman (who was approximately the same age) why she marched over to the piano, she said with smiling enthusiasm that she'd just finished her 5th piano lesson and was excited about learning to play more of the piano when she retires from work shortly!

The man was startled at these turn of events; that just as he was making this new beginning to learn the piano someone else had come over who also had decided to take up the piano and had now progressed to her 5th lesson.

When you truly focus your interest and attention on doing something, life has a funny way of cooperating with that intent and bringing forces and forms that substantiate your intention. The man's intention, including his decision and action to get started, was mirrored by woman suddenly arriving with virtually the same intent; and doing so synchronously to a place at a piano that was nearly always abandoned. That is the power of giving up all hesitation, fixing your intention, and acting on it. Life cooperates with corresponding positive conditions. An abandoned piano suddenly attracts more users in a joyous occasion of synchronicity among the parties.

No Title

Magnificent irony: the greatest form of individuality is when that person's Self uplifts the collective.

Comment: Eg Steve Jobs, Leonardo de Vinci, Krishna, etc.

No Title

Every outer problem can be resolved inwardly.

Comment: This a concept foreign to humanity, as it believes the way to solve the problem is to attack it head on- i.e. outwardly, materially; as opposed to movements in consciousness, where no outer connection is initiated between parties. I.e. where we raise our consciousness - through inner methods of silence, non-reaction, consecration, overcoming wrong attitude, habit, motive, belief, - and then Life instantly responds positively on its own, SELF-RESOLVING the problem. And yet this will increasingly be the way for humanity to resolve its problems in future.

No Title

When we ask for something through prayer, the response is limited to our level of intensity, sincerity, receptivity, etc. Consecration however as we know it in its purity of "Thy Will be Done," and even more so as yogic movement of Surrender in life, has no limits. It is the Force acting unencumbered, doing precisely what It (the Mother) wants.

Changing Genes through Higher Consciousness

While an international debate focuses on whether we should modify the human genome to create more perfect children who are less susceptible to disease and of a higher intelligence,

many know that can be accomplished through various methods of elevation of consciousness; and done so without potential negative side effects.

Just taking to a more silent mind; and shedding negative attitudes and habits; and opening to the spiritual Force can readily bring about those hoped for positive effects. (Eg the woman known as the Mother spent decades calling in the Supramental Power to alter the programming of the cells of Her body.) Moreover, those powerful results can also be passed down through the genes to future generations, who can take further steps still.

While society focuses on the ethical issues surrounding gene-manipulation to create enhanced humans, they miss the deeper potential to make real what the material-oriented scientists hope to achieve, but not through their one-dimensional physical approach.

No Title

The greatest technology we have to move life lies within.

No Title

Everyone blames everyone else when things are not to their liking, but only a very few take inner responsibility instead. It's too bad, because that is where all the inner power lies to attract outer positive conditions (that one has unsuccessfully been trying to resolve through outer means of blame)....

No Title

The best way to converse with another is to connect with their Soul and Essence in a conversation. It engenders goodwill, harmony, and sparkling interaction.

Soul of the Family

Each family is uniquely constructed so that through their interaction and contradiction each member has the opportunity to grow to a higher level; individually and collectively. We can perhaps call it "Soul of the Family" that has been born into this life through its members, just as there have been past births and there will be future ones. Families are therefore constructed by the Divine and manifest in life for an evolutionary purpose: to grow its members out of its Ignorance toward an ever-increasing higher consciousness.

Comment: Between births the soul retreats into a nether realm and figures how to reenter the universe; through which person it will profit from inhabiting. This psychic entity collaborates with Nature and the unfoldings in the universe it will reenter - determining where one is born, which is the appropriate family to enter to enable Its growth and the growth of the person who hosts the soul.

No Title

By studying human nature as it unfolds around you, you can truly begin to understand the Psychological conditions of life. By perceiving the subtle unfoldings of life, including the flow of activities and events around you, you will learn the deepest laws and principles of Nature, of Existence. Together the Psychological and Universal knowledge and power will flow and grow within you.

No Title

An open soul will readily respond to suggestions for improvement in their nature. Souls tinged with ego will battle and battle against the truth of things until they eventually relent and the barrier breaks down. Often it takes a psychological or other form of trauma for their physical consciousness to loosen its grip, freeing them of ego, and thereby creating an opening to others' suggestions for improvement in their nature.

Big Life Lessons from a Big Tree Branch

One life principle that periodically presents itself is that one should avoid reminiscing about past mini-disasters; otherwise, new ones will suddenly descend on you.

Recent Example: A man reminisced with his friend about small negative experiences each had in their childhood. Both exchanged several stories about troubled events.

A little while later the man went for a drive. When he parked his car, another car - a craftsman's truck, - drove into an empty space just in front of his car and nearly banged into it. When the worker got out of his car, he grimaced as his wrist suddenly hurt.

The first man then walked around the block for some exercise. When he returned near his parking space on the street, he saw that a gigantic tree overhead had collapsed and fallen on the three cars behind his! He was very lucky that the huge eucalyptus tree branch didn't destroy his own vehicle.

There are two points to note here. One is that a small event will indicate a much larger one to come. When the worker man nearly knocked into the first man's car and then indicated pain in his wrist, it was an indication of the big tree collapse to come.

Second, as mentioned at the outset, blithely discussing earlier disasters invariably attacks more of them soon after.

One other point: Had the first man recognized the situation from an inner perspective and consecrated the near collision of the worker's car into his, the tree falling incident never would have happened.

No Title

According to Sri Aurobindo to overcome the Practical Ignorance of not knowing what is truly going on in our lives, what we should do next, and where we stand in the scheme of things, we would need to overcome all the other Ignorances. I.e. we would need to consciously experience all of the parts of our being, commune with the Divine, and be one with, in identity with the omnipresent Reality itself to truly know how to carry out our moment to moment lives in the Light. That is the evolutionary challenge before us.

No Title

The more you hold back from boasting about an accomplishment, or letting others know of your fine result, etc. the more life builds upon and expands it. On the other hand, impulsively, impatiently, or gleefully expressing the result can quickly diminish what has already been attained.

No Title

Think about the companies you're familiar with, and the deepest values that underlie their success. Then think of the individuals around you, and the deepest personal values that are the basis of their accomplishments. Now consider all these values in total, and you will begin to understand the essence and power behind the heartbeat of life.

Nature of Money and Our Capacity to Attract It (updated)

Money is a Social power; ultimately a Divine power. It exists primarily through human Trust; and in ever more subtle forms:

- barter of goods
- gold for good
- coin for goods
- bills for goods
- checks
- credit cards

-transfer through pulses of electricity

The greater the Trust the newer and more subtle the forms of money.

Eventually through highest trust and social progress money starts self-multiplying. Money is then available in vast quantities, approaching infinite.

There is vast amount of money in the world; much of it unused and uncirculated. Pressures of society and higher consciousness can rectify this.

The more money circulates, the more of it is produced. Eg bank deposits are loaned out by banks, causing 6 to 1 boost.

The more society evolves, the higher the consciousness, the more money SELF-replicates. Apple has \$200B it doesn't know what to do with, an indicator of self-replicating money emerging in society.

Money enables development in society, even as development produces more money. They feed off one another.

However, Man is a slave to money. At its worst it becomes Black Money that can destroy, individuals, parties, and the entire society.

He who works for service of others, with money a distant thought can attract the most (as in Silicon Valley).

Highest consciousness brings out the social utility and divinity of money.

As Man evolves in consciousness money is increasingly available in right quantity, time, and place. It self-distributes exactly as necessary, needed.

The more Trust in the world, the more new forms of money and distribution models are created in society.

There are many laws we can practice to attract money via life response phenomenon, including-

- higher levels of cleanliness and orderliness
- shedding negative attitudes, habits, and beliefs
- collecting all monies owed to you
- paying off every debt you have
- circulating rather than hoarding it
- service and self-givingness as goal, not money
- soft speech and fewer words
- intention, decision, action to achieve a goal

The devotee thinks of the spiritual Force, the Divine in all money transactions. As a result money functions and flows in just the right way.

The sadhak of integral yoga has no interest in seeking and accumulating money, and it thus can fly to him when it is needed.

At one level Money is a neutral force, dependent on the consciousness of the holder.

Ultimately however Money is a vast social power available for the benefit of society, reflecting its ultimate and true nature as a Divine force and power, carrying out the Intent of the Infinite Consciousness through its infinite circulation in the world.

No Title

Each of us are here to go through a particular and unique set of challenging situations in order to further our own personal growth and progress.

No Title

Shifting from dependence on your skill, capacity and wherewithal to Mother in a challenging situation not only elicits great positive results, but causes one to be engulfed by a profound spiritual peace.

Faith that Brings Courage

Courage is not just a physical attribute, but a psychological one as well, like when we dig deep and summon the inner strength to face a life challenge. Fortunately we have Mother to rely on, to have faith in, providing us with the inner strength and fortitude to face any situation. When we then act in that context, we discover to our surprise that everything actually moves quite smoothly; far more easily than we might have imagined. Then we come to realize that such strength-demanding life challenges are actually adventures of consciousness and joy when supported by the power of the Spirit.

No Title

All problems have come to teach us life lessons, so we can grow.

No Title

The Divine is constantly presenting us with situations that we can learn from. However we tend to cherry-pick what is convenient instead of eagerly harvesting that vast abundance of Truth and Knowledge.

No Title

From a Higher consciousness we perceive all events around us as perfectly flowing and unfolding in a symphony of interrelatedness.

From a highest consciousness perspective, the only one who can disturb your current psychological status and well-being is your own self.

No Title

Cleverness is a gift; kindness is a choice. (Jeff Bezos)

Comment: It's a beautiful remark.

To be kind requires a kind of conscious awareness of a situation, a momentary movement within, and then a reaching across the chasm that divides us in order to help or be of service to another. It is a conscious choice; which is really a divine-like choice. It puts aside our focus on our own needs, concerns, and agenda, - encapsulated as Ego - and enjoins Other in a sweet gesture of momentary soul embrace.

The Role of Mind and Self-Reflection on Sri Aurobindo's Path

In Sri Aurobindo's integral yoga, even in the general approach, Mind or mental understanding leads the way. The context of all methods is a mental awareness of the truth of things, including one's level of knowledge and consciousness even if very limited at the outset. He is not looking for devotees who merely have great enthusiasm and devotion, but do not know what the purpose and context they are practicing it in. He wants reflective individuals who are self-aware of their strengths and limitations even as they are on a journey of progress.

And yet ironically at a further stage of His path rational mind will be increasingly shed in deference to mental silence, intuition without thought, and even higher formations of understanding of spiritual mind and the guiding influence from our deepest depths. It peaks at revelation and then supramental perception where there is complete multi-sided knowledge in that context along with a power for that Truth manifesting as something real in the world.

As defined in Life Divine book ours is a journey from Ignorance to Integral Knowledge of the true nature of ourselves and the universe, spirit, the Reality. The Mind and its understanding plays a vital role in perceiving our Ignorance and the road we have to travel to reach the Integral Knowledge and Truth of existence. Knowing who we are and what life is the mind, mental yoga that needs to complement the yoga of the heart, devotion, and that of works.

They are together seamless in his evolutionary path, though mind and efforts of being self-aware of our strengths and limits leads the way.

No Title

Sticking with the tried-and-true can prove to be a very good strategy provided that subconsciously it is not blocking the emergence of the Dynamic and New.

No Title

Capacity to restrain ourselves from speaking ill of any person in public garners a great power to attract success. Goodness and humility are the spiritual values behind such positive behavior.

No Title

At each moment consider the situation, and then try do the right thing in consciousness. Each time you do, life will respond in your favor.

No Title

The essence of 'The Secret' is that negative thoughts and emotions attract negative circumstance, while positive thoughts and feelings attract positives ones. It is a simple yet profound truism; indicating that the inner and the outer are One, without separation; a single continuous stream of existence.

Psychic Being is Spirit in the Ascent

Sri Aurobindo says in The Life Divine that we know God in the descent, but we do not know God in the ascent. God in the descent is the Parameshwara who has willed the creation. But what is God in the ascent? It is the godhead concealed in Matter that is evolving from Matter and progressively manifesting itself. That is the psychic.

It is not outside of the evolution. It is the seed of spiritual consciousness that is awakening through our conscious experience in Prakriti (Nature).

When we talk about the soul that goes through the experience of life after life and evolves and gains knowledge, we really mean the psychic. (Garry Jacobs, Lectures on Sri Aurobindo's The Life Divine)

No Title

"Romance is the ultimate adventure and the greatest mystery."

It is an adventure because it's an adventure of consciousness; that is, through your interrelationship you are afforded the opportunity to grow as an individual, and together. It is a mystery because you have taken to the unknowns of Love, whose majesty is constantly being revealed, even as it can never be fully realized.

No Title

It is said that the more intense our romantic relationship is on the surface, the more brittle and likely it will fail. On the other hand, the more affectionate, self-giving, and deep the connection, the more likely it will last: even last forever. It is because such a bond engenders so much joy that neither party would ever want to extricate themselves from it.

Then where do you stand (or wish to stand) in the scale of romance? Here's a range that RomanceEternal has developed to help you come up with an answer:

<http://romanceeternal.org/article/ten-levels-romance>

No Title

The trend of Evolution is increasingly to accomplish the outer from within.

No Title

Within discretion it is best for the devotee to be very responsive to what others ask of him, as it ordinarily has the sanction of the Higher Power.

No Title

As soon as you give up your reluctance, the world opens up.

Example: A man was reluctant to address what he thought was a minor request from his business friend, as he felt the other person was not seeing the bigger picture. After seeing that his own perspective was not penetrating the mind of his business friend, he gave up his reluctance, took the other person's point of view, and accepted in full the associate's request. As a result of working on that task, the man now clearly saw a way forward for their future collaboration on a great major project in the life of both.

No Title

Allowing yourself to be pushed one step beyond your physical or psychological breaking point shatters limits and opens up a world of new possibilities.

Reader: moving out of the comfort zone

Response: Yes

No Title

Not to feel the challenge is one trait of equality [of being]. (Sri Karmayogi)

Comment: Suppose there is a request for you to perform a class within a week, and you have no materials, nor any obvious way to attain such. Normally this hits one as a challenge as the mind and vital react. On the other hand, Equality of Being is to be absolutely undisturbed by the challenge, to be utterly still, and in that context know how to proceed. If one has deep faith, then one also knows it has come for a purpose, which helps build and sustain that equal state.

No Title

Detaching fully from money while being truly self-giving to others in the work attracts more opportunity, thus more money.

No Title

We are not here to do good in order to go to heaven, but rather we are here to bring down heaven and it's Divine values and attributes to help establish a more evolved humanity and thereby a divine life on earth.

No Title

Indian sages discovered the Infinite Brahman and devised various yogic disciplines to reach him. The main condition is to give up life. In a world where rationality is not yet the ruling force, Sri Aurobindo saw that Man can evolve into the next species, the Supramental Being, if 12 yogis attain the Supramental consciousness. In their absence, HE decided to achieve that goal by working in the subtle plane, left the body in 1950 and achieved it in 1956. The Divine Mother continued His work and reached further spiritual heights.

Sri Aurobindo added a new dimension to yoga: the Infinite Force above can descend into our finite life and flower as Spiritual Prosperity, which includes material abundance. Yoga is not for all, but the yogic force is available to all for progress in life. One who invokes this Force

can witness his life endlessly expanding. What the West has achieved in the last 500 years using the power of Mind, Indians can achieve in a very short time if they know how to express the Spiritual Power in daily life.

(from the preface of booklet 'Spiritual Opulence' by Sri Karmayogi)

Life Response Book and the Check

I had a number of bills coming up and was dependent on a large check coming in the mail to cover the expenses. I gently asked the client if they could rush the payment a bit, which they were more than happy to do.

However for five days, far beyond the time I hoped to receive the check, I still did not have it in hand. And I didn't know if the client had even sent it.

Meanwhile I have been working on a major project of gathering together four hundred plus life response incidences that have taken place over the last 15 years. The compendium book is called 'A Life Response Reader.' I have been working on the document for several months straight. On this day however I realized I was coming to the end of that work and mentioned that fact to a friend.

A few minutes later, it was all done. Finally I had a completed the first draft!

However just as I lifted my head in a moment of exultation and relaxation, I saw the mailman walk to my letterbox.

I then went to the front door, leaned out to the box and found a lone envelope. It was the check that I longed for; something I did not expect to receive for a while!

I understood that there was great power in the project I had been absorbed in. The gathering and categorizing of life response content creates enormous psychic energy. And the proof was that within one minute - actually one SECOND - of completing that months-long work I received the payment that I had dearly longed for.

It was a wonder that the check arrived synchronous with the completion of the project, but it was really astonishing that it happened within a second of completing the work.

A book of Life Response incidents had itself evoked a magnificent response from life. Like the contents of the book, it was another chronicle of "Instantaneous Miraculousness."

No Title

Why is everything interconnected (as we see in life response, attraction, synchronistic phenomena)? It is because the Source is One, and therefore the Many that is the body of the Source is secretly One as well.

No Title

Mother's Service Society leader Garry Jacobs has written a magnificent novel that encompasses many of his experience as global thinker and speaker on social development, as business management consultant, and as student of Life Response phenomenon. It's called 'The Book.' Find out more at this Facebook group site I am leading.

<https://www.facebook.com/groups/140220262753364/>

On Trust

-What makes human life sweet is implicit trust. Trust grows in a soil where suspicion has no roots.

-Intelligent unselfish trust between two people makes that moment divine.

-Frank trusting relationship makes the emotions rich and life expand.

-Capacity of man to trust his arch enemy – the boss, the priest, the wife, the parents, the rival, etc. – is endless. (Karmayogi)

Willingness to Make Small Correction Opens Up the World

A swallowing of ego and willingness to correct the slightest mistake suggested by another can open up an entire new world of possibility.

A partner suggested that a small error was there in the training materials of a workshop the other partner had developed. The second partner took umbrage that the first partner was focusing on a minutia as opposed to the overall presentation. Still he pushed the troubled feeling aside, did not give it voice, and went ahead and made the small change anyway. Suddenly a moment later for the first time the two were considering working together to market the entire 7-day workshop!

Thus we see that the small, even an apparent negative small, taken in the right light can open to the door to the very large. In other words, the micro is an opening to the macro when embraced in the right way. Why is this so? The tiny is great because it is one with everything else. From the perspective of the highest consciousness there is no distinction between the small and the large, the micro and the macro. Pull the string on the tiny, such as embracing it rather than being hostile towards it - and the universe will quickly open up!

Our Subtle Connection to Corresponding Elements in the World

Each of us are subtly related to a unique set of circumstance, conditions, people, places, and things throughout the world. And when we shift our consciousness to a higher level, we can instantly have an influence over any of them without even knowing they exist.

For example, if we shift away from a negative attitude, such as from ill-will to goodwill; or we make a change from uncleanness and disorderliness to their opposite; or make a breakthrough of some kind in our understanding and awareness, we may quickly learn of a positive development somewhere in the world among those elements we are secretly related to.

Eg we may read the news and read a just-breaking headline, and in amazement say to ourselves "oh I see: I gave up a negative attitude, and now suddenly there's a breakthrough in Paris concerning peace among these two nations, who on further analysis had each backed down and given up their ego a bit in the negotiation." Or we otherwise take notice of some other occurrence in the world that seems inexorably related to our own new-born inner change.

In this way we begin to see that everything in the world, in the universe is interconnected; or as described in science is "entangled." And that each of us seem to be entangled to certain specific things in the cosmos. And when we make a certain change in consciousness, we align with corresponding emerging conditions elsewhere in the world. In this way, we have an enormous power to alter the conditions of life.

The Mother explains this astonishing phenomenon this way:

I have a curious impression of a kind of web -- a web with ... like very loose threads, I mean not tightly meshed, connecting all events, and if you have power over one of these webs, there's a whole field of circumstances that apparently have nothing to do with each other but which are linked together there in such a way that one necessarily implies the existence of the other ... And I have the impression it's something that envelops the earth.

And it's not mental. They are circumstances that depend on one another, in a completely invisible way outwardly, without any mental logic, and yet as though connected to one another.

If you are conscious, really conscious of that, that's how you can change circumstances."

No Title

Very few of our thoughts are original, come from within ourselves. Rather they originate from others, circulate invisibly in the atmosphere and we catch onto it, or come from universal Mind or planes of consciousness further beyond.

No Title

Uninvited criticism of another will not help change them nearly as much as restraining from criticism and consecrating, which has the power to draw them out and ask for your help on this or another matter, or they may simply change on their own.

No Title

Our destiny is to become the Divine, not just worship the Divine.

No Title

Ego dominates our lives, from every angle, in so many ways, even as we believe only others in their negativity express it.

Comment: (I am tempted to say that there are 25 to 100 individual expression of Ego each day by the average person. And we are normally completely unaware of the fact, rarely take note of them, let alone attempt to halt them in their tracks as they arise. It is part of what Sri Aurobindo calls our essential Ignorance born of creation.)

Reader: Can you please give examples of such expressions Roy Sir as that would help us to become aware of them and take note of them?

Reader: It's in every sense of separation (or the separate self-negative or positive).

Response: As Nora indicates all expressions of separative consciousness is Ego. Separation and division from others, life, work, even self. There are dozens if not hundreds of types of expressions.

Among them are –

Feeling proud and superior to another

Feeling jealousy about another's accomplishment

Wanting to get the raise before one's competition

Feeling anger, irritation, hate, etc.

Wanting to assert one's opinion above another's

Wanting a romantic partner and being disappointed when he fails to appear

Feeling sorry for one's self

Concern for your own children at the expense of others

Being overly fond of one child over another

Overly admiring one's beauty

Proud of one's new possession

Impatience, over-anticipation, and over-expectation

Pride of one's association with a higher up

Unwilling to change a bad habit

Not listening and asserting one's own view

Concern about your side of the issue; not the other person's

Unwillingness to be involved in the rearing of one's children

Constantly blaming others

Unwillingness to take responsibility

Hostile feelings towards another

Disappointment one has not won a prize

Frustration in one's current situation

Boorish and related behavior that is offensive to others

Not being concerned that you are disturbing others

Taking advantage of another person.

Feeling of insecurity and incapacity
Lying for expedience sake
Unwillingness to share with others
Unwillingness to change
Unwilling to listen to advice, suggestions of others
Any bad habit that affects others negatively
Selfishness of any kind
Etc.

PS If you catch yourself and consecrate that egoistic inner or outer thought, emotion, or act, you are likely to elicit a powerful positive response from life.

Reader: Thank you Roy Sir smile emoticon the ego is a false centre within ourselves to which we shouldn't fall prey to

Response: Yes, we should constantly be vigilant for any expression of ego. Every hour it will express at least several times. Let's start today. Even right now. Life will respond each time we observe it, catch it, stop it.

Money Problems And Ego

- Money issues can dog the best of people, as they have never become conscious of its underlying laws.
- Lack of money is often tied up with detrimental attitudes we have in relation with others, ourselves, life, and work.
- While we correctly acknowledge that ego can dominate the lives of the rich, we don't see how negative attitudes, including Ego-sense interferes in the lives of the poor, as well as others who have financial problems.
- The small little things that we miss over time build up and create our financial woes.
- Usually we are glossing over small details that facilitate an issue by serving our ego-sense, instead of adhering to truth.
- All of this can be reversed by identifying our wanting history in relation to money, and consecrating it.

Life WILL respond to such efforts.

Mistake of the "Practical Ignorance"

It is said we should not assume anything to be the case until we know the truth of things, i.e. the facts. Otherwise we will seem foolish for having rushed to judgement. It is one expression of our "practical ignorance."

A man saw his friend interact with a group of people ten meters away. Based on recent serious events he assumed she was discussing these circumstance with certain members of that party. However, when she returned, she presented a completely different narrative. It was not the serious problem she had been discussing, but rather she had a pleasant interaction with a new individual who would become our neighbor.

Our mind is not calm and patient enough to wait on the truth of things. Instead we defer to the faulty and superficial input of the senses including the visual and auditory; or too heavily lean on the logic of the past that our mind projects into the future. Mind being brittle in this way, one tends to be error-prone and mistaken in one's conclusions. A higher consciousness and deeper poise needs to take its place to eliminate such common mental errors.

In his metaphysical tome The Life Divine, Sri Aurobindo tells us that this sort of condition is the result of our inherent "Practical Ignorance" born of creation. It is but the first of 7 great forms of Ignorance that Man is ensconced in. And yet He tells us that through an evolution in

consciousness we can shed all forms of Ignorance, come to an Integral Knowledge of the true Truths of life, enabling our highest consciousness and divinity to emerge.

No Title

Mother puts everything in the exact right order of unfolding. It is because it is the supramental Truth Consciousness at work.

No Title

Consecration is to give up our will, replacing it with Her Will.

Major Themes Of 'The Book'

(The following are some of the broad themes and undercurrents of Garry Jacobs' epic novel of human consciousness 'The Book')

AI's Need to Discover the Laws of Life

Artificial Intelligence has succeeded to the degree it is able to understand the physical laws of existence. However it does not know the underlying Laws of LIFE that the MAI team discover from The Book, and incorporate into their AI system making it so powerful and profound for all the world.

Change One's Self to Change the World

The MAI team are seeking to change the world, but over time realize that to do so they must first change themselves. Thus progress and evolution in the world comes not just by individuals trying to improve the collective, but by raising their own consciousness and become more self-aware. Such wisdom incorporated not only gives power to the AI system itself but provides the knowledge for the team to function optimally and attract positive conditions from life.

Relationship Between the Team and Professor Stearne

Professor knowing the ways of The Book that he first discovered in Budapest in 1958 (after the descent of the Golden Light of the Mother) is the wisdom behind the MAI company. Yet it only the team that can fulfill his vision. He and his knowledge depends on them and the execution of the principles, just as they depend on him for their self-knowledge. Dan stands in between as the group interface to the wisdom, and in the other direction, the executor of the vision by leading the team.

Individual, Universal, and the Transcendent

There is a confluence of the individual, the collective, and the higher consciousness or transcendence in life. The Individual serves the role of fulfilling the intent of the collective, of society, i.e. the universal. And the universal; i.e. the movements of life serve to fulfill the intent of the Divine or transcendent. The true individual is thus the person who connects with the flow of life to produce benefit for himself, the collective (including the society the group, the team) bringing about change, development, evolution in the world.

Conscious Life Response

At each point that the team gain a higher knowledge and apply it, life responds. It is actually continually responding both positively and negatively, though as they become more conscious they can direct events and evoke response at will. This is true for themselves and for the AI system that advocates solutions to the problems in the world.

No Title

Supramental life is to accept and embrace every shift in the flow of events.

Reader: Even the painful event?

Response: Yes. To see the painful event in relation to other circumstance; to the totality of conditions. Supermind perceives the integral relationship of all things, including the good with the bad.

By "embrace" I don't mean desire the negative, but to accept its purpose and role in the greater scheme of things. In that way the negative can be a great teacher. We can view every negative around us as a reflection of a corresponding negative quality - often a poor attitude or limited belief - inside ourselves.

This is from the spiritual perspective. From the ordinary human perspective the negative is simply division, conflict, and pain.

No Title

At the instant you even make the Decision to go the extra mile for others, life does the same for you.

Embracing Change in Training Class Attracts

Over the years we have seen that fully cooperating with the Unexpected can evoke startling positive conditions. Here is a recent personal experience of mine that demonstrates this truth of life.

I was conducting a training session in a conference room for 14 participants at a Logistics company in the port city of Long Beach, California. Things were moving along quite smoothly. But then towards the end of the session out of the blue a higher up suddenly arrived on the scene and suggested altering the direction of the instruction. Though initially put off by the radical change in the agenda, I soon went along with and embraced this very different direction of things.

Despite my earlier fears and misgivings, suddenly everything started moving to a higher level. There was more energy and enthusiasm among the students; more involvement and participation; and more practical accomplishment at each step of the way. By the end of the session, nearly everyone was practically dancing on air!

The class had risen to a much higher level because I had given up my trepidations about the unknown, cooperated fully with the change in the flow of events, and as a result life responded, as we were carried on a wave of great success!

Lack of Organization in Life

Lack of organization - whether personal or societal - creates so much needless suffering in the world. Here are but a few examples:

- Safety suffers when improper things are held in the wrong place or are otherwise disorganized

- People have accidents or take to illness because things are not properly organized in the home

- Wastage of resources, like water, electricity, etc because systems are improperly distributed, organized.

- People lose jobs, money is lost, etc because companies have any number of deficiencies related to the organization of activities, systems, manpower, projects, operations.

- Because our schedules are disorganized we create needless suffering for ourselves and others

- Breakdown of public systems occur because of improper maintenance, attention due to lack of organization such as poor planning, bad scheduling, etc.

Organization and Consciousness

Sri Aurobindo indicates that Organization is Consciousness. The greater the organization, the greater the consciousness. The greater the consciousness, the greater the organization. This applies to the individual or the collective.

Eg. as we as individuals become more conscious, we in essence organize our Consciousness at a higher level. That includes such things as-

- the right organization between our thoughts, feelings, and action
- the right organization between our health, well-being, food, diet, exercise etc
- the right organization (balance of life) between our personal life and work
- the right organization between what is required of us in the world and our coordination with that intent
- even the right coordination between our soul's aspiration and our own individual goals in life

As we become more self-aware, we consciously organize the various aspects of our being, our life to a higher level, which translates as higher consciousness.

Incidentally, efforts of greater organization -- such as taking to higher levels of cleanliness, orderliness, systemization, etc. -- tend to quickly evoke positive conditions from life. It is because such movements are expressions of higher consciousness.

No Title

We are each RIGID, FIXED in our own unique way. Identifying such qualities as they arise in our nature, letting go and allowing for change, while offering it to the Higher Power puts us squarely on the road of personal progress. Also, by giving up that rigidity, fixidity, the world opens up in its wake.

Comment: Ways we can be rigid:

- We don't want to be bothered and taken away from what we are doing. (the routine)
- We don't appreciate the involvement of others. We'd rather do it ourselves.
- We don't want change from the way we planned things.
- We hold to our point of view and opinion no matter the contrary evidence.
- We insist on our point of view alone. We ignore or disdain others' opinions
- We repeat the same viewpoint over and over insisting on our position.
- We believe in our own tradition, religion, etc. alone, and are closed to an infinite variety of other positions, aspects.
- We insist our children should do things a certain way.
- Since this was helpful to us in past, we insist it has to be helpful to others.
- We are unwilling to take to higher levels of organization - eg cleanliness, orderliness, non-wastage, etc. as the old habit persists.
- We do not want to budge an inch in negotiation.
- We demand to raise our children as we were raised, physically and psychologically.
- We don't appreciate it when others make suggestions for improvement.
- We think our generation is the best, and the new ones are a degradation.
- We insist on our cultural ways, social, artistic, musical, etc. - deploring new changes in the world.
- We insist that because things went a certain way in the past, they will continue to do so in the future.
- We are intolerant of new ways of thinking.
- We do not appreciate when someone suggests a different way to accomplish a task or resolve a problem.
- We insist that things must be done "according to the rules" and no other way.
- We expect others' allegiance to authority without exception.

-We are bothered by any change in the plans, whether it is caused by life circumstance or someone's suggestions.

-We want to follow the agenda without deviation.

-Others?

No Title

Complaining about someone is in one sense not truly loving them. And yet withholding complaint - down to the level of one's feelings - can stir the seeds of Love.

No Title

The Divine Intent is for the Creator power of the Infinite consciousness to be in the hands of each individual. Each person becoming the Ishwara (Creator) in their own unique way is the intent of the Divine, enabling an infinite-like human existence.

The Key to 'The Book'

The key and "hook" to the story presented in Garry Jacobs' epic novel 'The Book' is that the MAI team has created an artificial intelligence system that is capable of making recommendations to solve any known problem in the world. As a result of its astonishing success in doing precisely what it claims, the world embraces it in full.

And it is able to solve any difficulty on earth because its logic and source wisdom is based on a long-lost BOOK that contains the most profound knowledge of existence ever devised by man. That book is actually 'The Life Divine' by Sri Aurobindo and the endless extensions of it by Sri Karmayogi and others, though it is not identified as such in the novel.

No Title

Restraint from pursuing the object of desire tends to attract it in one form or another

No Title

Sri Karmayogi has revealed hundreds of profound principles of life, including countless ways to evoke the miraculous. We, or rather the entire world are indebted to Appa for his extraordinary insights into the nature of existence and his tireless efforts to express the infinite ways we can evoke sudden good fortune. It is a knowledge that when implemented has the capacity to change the course of human life on earth.

No Title

Meddling in other's affairs, even with the best of intentions negatively compels one to meddle some more, resulting in alternations of emotional highs and lows that invariably lead to disappointment.

No Title

The Divine's purpose and goal is to manifest or realize some aspect of its Infinite power and glory in each individual, to give birth to the Divine in man. (MSS)

No Title

We each possess the creative power of the Infinite to manifest Infinity in our own lives. (MSS)

No Title

One deep, sincere, heartfelt apology can set a series of positive developments in motion.

Reader: wow, just now , i said apology to my house owner. Let be briefly explain, I stayed in a room which was vry comfortable. he askd me to move to a small room so that he can fetch more income from the big room. initially i said it is not ok for me, then I remembered the quote "Accept the given life puts before u". after shifting, now i went & told my apology for saying no to him initially.

After the meeting with him, opening my fb , msge related to that act

Response: Nice Kosalai.

Apology unburdens us from the previous recognized false or limited attitude or action, and has a power to respond in reverberations. Eg your synchronicity to my message is yet another reverberation of several from the same apology I made several weeks ago.

No Title

As soon as you think positively with affection, i.e. appreciatively about anything, such as something wonderful in your past or present, instantaneously more if it may appear before you, even though you've seen or heard nothing of it for weeks or months on end.

No Title

Restraint from correcting another on a minor point is a sign of culture, i.e. cultured behavior.

Reader: Roy sir, thanks for sharing the message. i used to always correct others minor mistake . Will correct myself

No Title

We gain the Creator's (Ishwara's) infinite-like power to create by connecting to our True Self (psychic being) within and from there calling in the Supramental Consciousness and Force

No Title

In one sense, life and its outcomes is about the shattering of one's Ego and the Purification of one's being.

No Title

People ferociously hold onto their political and social views, with little scope for change. In that way Truth becomes a victim.

No Title

Before explaining something to someone, make sure you have their attention. Otherwise your effort may prove to be in vain.

No Title

One interesting phenomenon is that when you think about a particular attitude or value or virtue, suddenly out of nowhere the one person out of dozens of friends and colleagues who most expresses or is associated with that quality suddenly appear in your life!

No Title

The more you get aggravated about a matter, the more likely it will re-present itself in future.

No Title

We believe Consciousness occurs exclusively through the evolution of human beings. And yet consciousness was there before the universe existed. We are not only late to the cosmic party, but think we are the party, when in fact it has been going on Forever.

No Title

The Divine has surely blessed America. If only she can rise to the occasion.

Creating an Endless Stream of Interest-Induced Response

If you take a serious interest in something, you tend to quickly attract more information about it from out of nowhere. If you then take an interest in the miraculous-like iteration result, you will tend to suddenly attract yet another response directly related to it! And so on ad infinitum.

In this way, on any subject or matter, you can attract an endless stream of knowledge or other useful result related to it, without having to take any outer action.

Example: A man associated with an individual who had a very unusual quality. It was a fascinating and interesting experience for him. When he then left that individual and turned on the radio of his car he immediately heard discussion about a person who had this exact same unusual quality. The chance of that happening seemed one in a million.

But there was more. The next day he told a friend about this startling response. When he then pulled out of his driveway in his car, the first person he saw once again had this same very unusual quality!

He thought that the chances of this triple happening were a hundred million to one. Instead it was one to one to one!

He understood that through continued interest in a matter and its responses one can continue to evoke response on that issue ad infinitum.

No Title

The Truth of the Absolute, including Its attributes and values is constantly translating itself into the Relative at every moment, in every event, in everything that happens. (paraphrase of MSS)

No Title

Everything is part of the movement of Evolution. Nothing is outside it.

No Title

The aspects, values of the Spirit, the One - i.e. Peace, Silence, Truth, Knowledge, Goodness, Beauty, Love, Joy Timelessness, Infinity - are progressively emerging in the unfolding of the Many. This is what we mean by the Evolution. And it is through our higher Consciousness that we collaborate in this process and help bring about the evolution.

No Title

While Silent Will is a great inner power to evoke response from life, Karmayogi asks us to give up our will entirely, which is of Ego, and substitute the will of the Divine, Mother, the supramental Force. I.e. take to Consecration. (paraphrase of MSS)

No Title

Knowledge is involved, absorbed in ignorance; consciousness in unconsciousness; life in matter; mind in life; and spirit in mind, life, and matter. Through our elevation of consciousness we help awaken the involved higher in the lower, enabling it to emerge on the surface. In that way we participate in the evolutionary process.

No Title

Ego expression now means pain - psychological or physical - up ahead.

Startling Simultaneity on a Working Contract

A consultant friend of mine had been working for a contractor providing management advice for the client, including the development of a plan for its future expansion. However, the consultant had not asked for any payment in return for his efforts. One day he decided that this was no longer feasible and prepared a contract where he would receive a monthly stipend of \$500 for his efforts.

At the very instant he completed the contract and was prepared to tell the contractor of his new financial arrangement, the consultant received a call. It was the contractor, who proceeded to explain that he was writing checks for his vendors and employees and thought that it is only right to start paying the consultant for his business. He decided that \$500 a month was a proper figure. So on the phone call the contractor informed the consultant that he would like to implement this new arrangement.

The consultant was dumbfounded! The contractor had decided to take an initiative that exactly matched his own, even though the contractor had no idea the consultant was doing the same, or even interested in wanting to work on a payment basis! In other words, they were exactly in alignment on their intention though neither knew the other had any intention in moving in that direction whatsoever. Plus the amount was exactly the same! Not to mention that the incoming call from the contractor came at precisely the moment the consultant finished writing up the contract.

How could this amazing confluence of events have happened? When two people are deeply on the same wavelength in their normal interactions, such astonishing synchronistic events are made possible. From another perspective we know that many of our thoughts originate elsewhere, and that we are often expressing the thoughts of others, even though we think it is our own. In that way each side was picking up the thought waves of the other. As a result of these inner cause, two parties aligned in a way that seems utterly impossible, but actually did happen. A perfect confluence of objectives in space and time had taken place, all emanating from within.

One other point. From the side of the consultant, it was the very best thing for him to ask for payment. He was at a point in his life where he could not afford to work gratis. And so when he made an effort of psychological strength to ask for payment, he attracted that very thing instantaneously from the contractor.

And what of the contractor? We can only imagine that the contractor was expressing a higher value to compensate someone deserved of it, rather than continue to accept the consultant working on his business for free. His concern for the consultant attracted the fact that the consultant had actually wanted the same arrangement, though now the consultant hardly needed to the compensation as it was already a done deal!

No Title

People want to be blessed by Gods and receive their boons. Too bad they don't have the same aspiration to rise in Consciousness, which is what the Gods really want of us.

No Title

The advent of open-minded Pope Francis is yet another movement away from the strictures of religion and toward the individual's multi-faceted experience and realization of the Spirit in life.

Comment: In the 60s and 70s Mother worked inwardly to try and change the Catholic Church; away from its narrow-minded dogma. She felt this reversal would provide a more solid base for enabling a New Consciousness to emerge in the world. (Perhaps Francis's emergence is a sign of Her efforts.)

No Title

Forgetting, even if it is out of unconsciousness, helps the Force to act. (Sri Karmayogi)

Comment: When we are too attached to a difficult situation, we energize the problem. By detaching from it psychologically we allow the Force to move into play and resolve conditions. Consciously forgetting is a further step still; where there is no mental or emotional interference to the Force. Even memory of it is gone. Also, even when we unconsciously forget the issue, the Force will act, as it too is a form of non-interference.

No Title

My aspiration is to have no resistance to what Life, the Divine wants of me.

Reader: path of least resistance

Response: Yes exactly!

Physical Objects are Conscious

Mother's Service Society teacher Garry Jacobs recently had a very interesting experience that he narrated to his monthly audience. He told the group that he regularly used two computers; one for normal work and another for travel. He then said that recently one of the computers started malfunctioning. As a result he had to give it attention in order to fix it. However, soon after, his other computer suddenly stopped working properly as well!

Needless to say, he started wondering what was going on. However, being a very conscious individual he sensed that the situation was no mere coincidence.

When he then brought up the issue to his teacher Karmayogi, Appa told him that the reason the second computer stopped functioning properly as well was because it was jealous of the attention Garry was giving to the first one!

We are here reminded of the fact that seemingly inanimate objects really do have an Essence and Being, and if we're in touch with It, we can bring out the best in that object. We can even learn to become sensitive to the subtle relationships they have among themselves!

Activities for Remembering Mother

A standard operating procedure for a devotee is to try to remember Mother before any activity, such as-

- before a meeting
- before engaging the client
- before conducting the class
- before preparing the meal
- before the show begins
- before the social reception
- before the match or game
- before the swim or other athletic activity
- before reading the sacred book
- before using the computer
- before explaining the idea
- before asking a question
- before closing the sale
- before going to sleep
- before rising up to meet the day

The result will be constant positive outcomes, and a new orientation and way of living. A lilting, enchanting, deeply enriching, never-ending life of Joy.

Reader: Also before speaking in general...this gives an opening in the vital.

Response: Yes

Subliminal Openings that Shape Our Lives

The Subliminal being is the inner consciousness that guides you in life, often opening up doors to the unexpected, fulfilling conscious or subconscious intentions.

Eg one day you feel compelled to go to a spiritual center. When you arrive there you simply want to enjoy the experience. Instead someone greets you and tells you about an opportunity that will change the course of your life. Your subliminal was open to the universal. the superconscious that knew of your deepest aspirations and how to fulfill them subtly urging you to take the action to go to the center.

No Title

If you don't have an inner life, a spiritual life, but only a psychological and emotional and mental existence, you are missing a great piece of the puzzle for attaining true happiness and fulfillment. In fact, we ordinarily place spiritual life last, but it should come first, enabling ultimate fulfillment at each of the other planes of our being - mental, vital, and physical.

No Title

Shift your consciousness from wanting to personally succeed to wanting success for your company or organization. By moving to a wider plane of existence, both you and the collective will tend to experience powerful positive response from life.

No Title

A photo I took today of a Blue Dawn flower, very similar to Morning Glory.

The Mother had given the spiritual significance of many flowers. The meaning She has given for this flower:

"Artistic Taste

Is pleased with beautiful things and is itself beautiful."

... and a paraphrase of a poem/song that has been in my mind for many years that relates to the Dawn:

"Who among you who has not laid his head upon some Holy Awning would have dreamed that such a tortured evening would bring such a Glory Morning."

Comment: Mother used to say in Agenda that tending to and interacting with flowers was the one thing that gave Her "pleasure" in life.

No Title

When you consciously hold back from doing something you would like to accomplish, others tend to step forward and do it for you.

Supramental Creation Power in Our Hands

Sri Aurobindo discovered that the supramental Truth Consciousness enabled the universe to emerge from a Divine source. From the ethereal realms, He then concentrated that Force, and then the Mother called it down fully into the earthly realm in 1956.

Now that power is available to each of us, so that we too can evoke the infinite, on-demand, as instantaneous miraculousness.

It is in fact the destiny of Creation for each of us to become infinite Creators just like the Infinite Divine Source.

No Title

Continually opening to Mother - to the supramental Truth Consciousness and Force - is the only method one needs to follow to live an ecstatic and abundant life. Other approaches may get you there, but you will likely have to go down a long and winding and often painful road. Mother's is the Sunlit Path of instantaneous miraculousness.

No Title

If you consecrate someone else's upcoming important event, you will help evoke positive conditions for them as well.

Walt Disney's Great Effort and the Response from Life

Often when we make a monumental effort in one area and do not produce any tangible result along that line, we create a wholly unexpected positive outcome in another area.

I was watching a detailed biography of famed cartoonist and mass entertainer Walt Disney. At one point early on in his career he came to New York City to try to obtain funding for a new innovative cartoon series he had produced. He met with utter failure in raising capital, though he did manage to secure a theater where he could present the series to the public. It seemed only a slight salve to his disappointment.

However, the series (the same one he failed to get funding for) received glowing reviews from several critics who attended. As a result his career suddenly blossomed and he was suddenly launched into the mega-successes that changed the course of entertainment history.

It just shows that making an all-out willful effort to achieve something will always attract results, though it may not be in the way or from the direction we expected. In addition, the result that comes by making that exhaustive effort often comes through a small opening, rather than the obvious, showing that the tiny, the finite can be an opening to the infinite potentials of life.

Recent Historical Context of Life Response

Historically I found it interesting that just as I was completing my book 'The Miraculous Phenomenon of Life Response' and Garry Jacobs was completing his novel 'The Book,' which covers Life Response and much more, the film/book 'The Secret' was released, which is essentially life response as well. This all happened circa 2007.

I was very surprised when The Secret arrived on the scene, even taken aback for a few days; but then clearly felt that this new global spiritual phenomenon came in one sense as a response to Garry and my efforts, which itself a product of Karmayogi's untiring devotion and revelation of life response philosophy and practical application over the last 50 years. (which itself a product of Sri Aurobindo's revolutionary spiritual realizations now beginning to take root in the world.)

There is yet another point I find interesting. It is that the Global Financial Crisis came almost precisely in the footsteps of our three literary releases. We know of the principle that as soon as something of a higher order or consciousness arises in the world, a countervailing force immediately takes root to oppose it. With a great opening to life response/power of attraction revelation for society, a near catastrophic financial development, based on human ego and greed came for the purpose of negating the chance of this New Power to take root in the world.

And yet we also can philosophize that this great negative development came about for the purpose of forcing society to take to higher values related to finance, economics, social stability, human unity, etc.

With that in mind, let us see what further developments await us through our dramatic experiences of life response phenomenon, even as people's awareness of it continues to slowly (or quickly?) spread throughout society.

We can especially experiment by utilizing the Supramental Power, Mother's Force to bring about ever-new unfoldings of instantaneous miraculousness in the worlds. It can be an exciting, a spiritually thrilling time all around.

No Title

As soon as you lower your resistance to a suggestion, life opens up with new possibilities. Until then one is locked in at the current plane of belief.

No Title

Debates between two parties are often simply about not understanding one another as much as disagreement on a particular points of view. When we are immersed in Ego and are not listening or caring about what the other person is saying, we tend to fortify miscommunication. Truth and Knowledge then take a back seat to the negative waves of our emotions.

Return Trip & Miraculous Power Of The Force

We have continually witnessed the power of the supramental Force, i.e. Mother's Force, to quickly set right the conditions of life. In a recent episode, I experienced this phenomenon at work multiple times in succession, defying all human logic and possibility. Here is my story:

I was scheduled to do a training class at a major corporation in Sunnyvale, California in the heart of Silicon Valley. I had to fly up from Southern California to the San Francisco Bay Area late one evening, rent a car at the San Francisco Airport, drive to the motel in Sunnyvale 38 miles away, get up the next morning and do the class, and then in the latter afternoon begin my return journey to Long Beach in reverse order. Considering the fact that the highway system is now completely jammed in Silicon Valley these days because of the boom there, it was a daunting prospect. A 30 mile drive could take over 2 hours or more during rush hour.

As it turns out, my trip from Long Beach to the Bay Area, though somewhat intense, went smoothly for the most part, more or less as I expected. However, the trip back was a different story. It was filled with adventure, the unbelievable, and the miraculous. Here is what happened

I knew the return journey would be difficult, as I was going to be driving in the midst of the rush hour from Sunnyvale to the San Francisco Airport. However, I caught my anxiety, detached from focusing on any particular outcome, and consecrated that upcoming trip.

My driving strategy from Sunnyvale to SFO was to avoid the two main highways going south to north because they would likely be jammed. Instead I decided to take the El Camino Real, a 50 mile long street that runs all the way from Silicon Valley through San Francisco. Often in the past when I lived in the Bay Area I used it as a shortcut to get back home. I called it "a slow boat to China," but at least it moved. And yet I knew in the back of my mind that these days in this latest Silicon Valley boom even this 3rd or 4th choice of passage, the non-highway El Camino, could be log-jammed. Still I remained positive. I also had my map app on my smartphone to inform me where the log jams were appearing on the El Camino in real time.

And so I left the client's facilities in Sunnyvale ~4:20 pm and headed over to the El Camino, with its endless shopping centers, motels, residence, etc. So far so good as I steadily navigated through the towns of the "South Bay." However, after a short while I realized that I was moving forward in fits and starts, which was verified by my Smartphone Maps app red-dotted street indicators. I also discovered that there was the possibility of a big rain storm hitting, which I actually took as positive as it could put out the fires raging north of San Francisco.

In any case, I remained calm. And yet an hour into the ride I realized I was only half way to my destination, and there was a legitimate chance that I wouldn't make the 7pm flight. Also there was the possibility that the storm would cancel the flight anyway. Though I was ready to inform my roommate down in Long Beach of these possibilities, I held on and kept silent. I continued to consecrate in the back of my mind.

Now here is where the story gets interesting. Time for the flight is ticking down. After two hours on the El Camino I got off the street and drove over an overpass that took me to the extremely busy Hwy 101 heading directly for the airport. Was the highway also going to be jammed? Fortunately, it turned out not to me. Another good sign. I then drove a few miles and came to my first stop; the car rental area where I had to return my rented vehicle. When I arrived on the 3rd floor, there was a big backup, and I was all the way on the back. However

I remained calm and did not emotionally react. Then suddenly out of nowhere a check-out attendant greeted me and quickly processed the checkout of the car. That was a startling change, I thought! Actually, I was amazed, yet subtly tuned into the fact that the Force was behind these outcomes.

But now I had to get to the airport via the AirTram, the overhead driverless rapid transit system that went two miles or so deep into the airport terminal system. At this point I recalled the vast effort I had to make the day before upon arriving at SFO; the exhausting situation; the fact that I had to stop every few minutes because of the strain; and now once again my bags were getting very heavy. With these thoughts in mind, I felt even more exhausted and barely had enough energy to walk to the escalator still 100 yards ahead. And so I stopped in my tracks, and then took a deep breath.

But then I quickly noticed that there was an elevator that could take me more easily to the AirTram above me. I pressed the button and hopped in. When in the elevator I immediately encountered a young, friendly, well-dressed young man leaning on his luggage cart containing his own baggage. I asked him where one could rent one of these and he informed me that it was actually free, provided by the airport. "I could really use one of those right now" I thought, and I could see he had the same idea in mind for me. We then got off the elevator and began to wait for the AirTram. However, within a few seconds the young man pointed to a single, lone unused luggage cart on the platform that was almost directly in front of me. Needless to say I immediately grabbed onto it. Wow that was incredible, I thought! No more schlepping my luggage to the far end of the huge airport. Not only had the baggage been heavy, but the weight was slowing me down, as time was ticking away and the departure of my flight was imminent!

A moment later I hopped onto the futuristic-like AirTram that circled the airport, and two minutes later I was getting ready to exit at the International terminal. As I was getting off I looked to my left and there was the young man who pointed out the cart now winking at me as if to say "I am happy to have found the cart for you and good luck the rest of your way!" As I wheeled the cart through the terminal I thought about him as a kind of guardian angel: the wink and smile he gave me being the confirmation. It was yet another opening of light on this dizzying path toward my goal; even as time still seemed hopelessly stacked against me.

But now before I could get to the end of the terminal which was still a long distance, I had to get through security! Again I wondered how in the world I would get to the flight in time. I imagined that it must be lining up for departure now, etc. However, I still kept my faith; and so far, in the past half hour or so, life had cooperated fully.

In the past when I went through airline terminals I had special privileges to move through TSA security rather fast. Recently I had apparently lost those privileges. And so as I approached security, I prepared myself for a long wait at the back of the line. However, when the guard looked at my ticket, he waved me through for fast processing, enabling me to avoid any long line. Not only that but I was the only one at the checkout, plus the security requirements were next to nothing! This all seemed just too unbelievable; yet I knew the Force was working for me in every conceivable way

After less than two minutes of security check - by far the fastest I had ever experienced - I was on my way to the end of the international terminal; past British Air, Japan Air and dozens of major airlines. Yet my airline, JetBlue, was a domestic carrier, the only one in the international area. Plus it was stuck at the very back of the International departure gates! Life was surely testing me to the limit. However, now with the baggage cart I could move more rapidly, and in conjunction with the people-mover I was now gliding toward my destination. Still I wondered if the plane had fully boarded and I would be left out.

When I arrived at the very far end of the international terminal, I was able to make out the voice of the announcer at my gate, and he seemed to be indicating that boarding had begun for my flight. I had apparently made it; and just barely in time! Life had in the last half hour or forty five minutes magically cleared a path for me. It could only be the result of the spiritual Force to create these wonder of wonders when life seemed so stacked against me. Consider that-

--I was stuck on the El Camino with less than an hour to my flight, and suddenly things opened up when I veered off and got on the highway leading to the airport

--When I arrived to the car rental it looked like a twenty minute wait with many people ahead of me, though it turned out to be just two minutes

--When I was exhausted and thought I had to drag my heavy bags to the escalator far away, there was suddenly an elevator before me to help me more easily get to the AirTram.

--When I thought I would have to carry my heavy bags to the far end of the international terminal, a man appeared on the elevator with a cart and then pointed out an available one that helped make my day

--When I got to security check out which normally takes 15-20 minutes, it happened in just two.

--I sailed through the very long terminal with the aid of the cart and a fast-moving sidewalk trajecting me rapidly forward, enabling me to arrive in the gist of time.

Life had cleared the way at every point. It had cooperated with my faith that was the guiding light at my side. It became an occasion for one miraculous-like event to dovetail into the next in a symphony of the Unimagined.

As I shook my head on line for departure of my flight, I took breath and recognized the magic carpet ride I had just been on. "Wouldn't this make for a fine life response story?" I thought to myself as I handed the pass to the attendant to step into the plane that would now take me home.

Comment: (from a reader)

The beauty of that is, all that various circumstances you have faced like traffic, car rental and so forth needed to synchronize in order to achieve the outcome.

On one side it is a constant reminder of keeping up the consciousness, not to react to the resistance or attached to it in one's vital emotions, and most importantly consecrating and keeping Faith in the Mother which enabled that incident to progress forward.

From another side, life administers a mini-test, and we may continue to progress by keeping up the consciousness, or we may 'hold' at any point.

Also, we may consciously decide to experience miraculous unfolding of events and experience the delight of unfolding. It's human choice.

I think, your conscious decision made the people you interacted with align subconsciously to achieve the final outcome. And the most beautiful thing about that part is that you narrated this in such detail with patience; I believe that will help all of us understand the process!

Comment: "A great day and a great lesson!" (Garry Jacobs)

No Title

People may be bothered, irritated by a small kind gesture towards another that e.g. causes a slight delay. However, if they have the patience to look around, they would see the positive benefit that soon comes as a response for all parties, including themselves.

On the other hand, the conscious individual who appreciated the original caring gesture of another will have the pleasure of partaking and enjoying the positive response that comes about. Through that process he has now also developed more inner awareness and power to pass such goodness along.

No Title

Movies, serial videos, and the like are increasingly becoming the Literature of today. Global contributions are only accelerating this development.

No Title

Long term initiatives that seem too far in the future to care about often turn out one day to be your saving grace. That is why we should care about and feel gratitude for every planned development that will affect our lives.

Life Response and Coincidence

Q: How do we know that what we are calling "Life Response" isn't just simply Coincidence?

A: One reason is that in life response you can consciously be evoking the response. E.g. if you know that changing a bad attitude can overcome a problem or otherwise bring good fortune, and you consciously make the decision to change with the idea that something good will happen, and then a minute alter something does, it is surely not Coincidence. It is more like science, with cause and effect very clear.

Also we have systematically examined these life response incidents, and the laws that govern them, and the principles seem virtually infallible when followed.

When we truly perceive the interconnectedness of life, including at the subtle level, then we see what others call coincidence occurs through a perfect, infallible causality; not the randomness of coincidence.

No Title

We keep relying on our own capacity, which is minuscule, limited, finite, instead of depending on the Divine Capacity, which is Infinite.

No Title

For the Divine Consciousness, the negative is just as important as the positive for the movement forward; maybe moreso.

No Title

Often Life requires you to spend certain funds before fresh, new ones can arrive.

Widening Perception of One's Limitation

It is one thing to change one's behavior because the boss wishes of you in the working context. It's another to take what your superior says and see how it pertains to related aspects of one's life, and then change from there. That brings a result far beyond anything the manager or yourself might have imagined. Infinity-like results can now break out - for you, your personal life, and the organization you are working for.

Romantic Adventure as the Marvel

All life is a romantic adventure. Every person, circumstance and event life presents to us is a complement that comes to us for our growth. When we meet life with this attitude, it reveals its ultimate secret as the marvel. (MSS)

Perceiving the Utility of All is the Marvel

The Marvel as revealed in Sri Aurobindo's The Life Divine is the capacity to perceive the Reality, the All. It is to perceive the necessity of all things in the unfolding. In this way we can look out on life and see that everything that is happening to us - positive and negative, big and small, pleasurable and painful - is necessary for our progress. To engage life this way is to perceive the Marvel and to participate in the Adventure. It is the romantic view of life; Romance itself.

No Title

If someone makes a claim whose content is counter to your interests, it is best to remain still and not react. The opposite to that report is likely to soon present itself.

Beyond Faith in the Material

We place much of our faith in material solutions to a problem - e.g. a doctor's pills, a mechanics tool, etc. But the Force picks out exactly the right material, as well as subtle, non-material solutions that solve it. It is because the lower, physical consciousness dominates us, compelling us to have faith in material solutions alone that the surface mind perceives as worthy. In that way, we are more like the instinctive animal than the evolved, supremely rational person, let alone the spirit-oriented individual.

Shift From .. To

Shift from resentment to acceptance; blame to taking responsibility; fear to faith; assertion to restraint; unwillingness to willingness; obliviousness to perfection.

Initiative, Consecration, Surrender

Consecration is to refer the initiative we have taken to Mother. Surrender gives up the urge to take initiative. (Sri Karmayogi)

No Title

Instead of complaining about another's lack of cleanliness and orderliness, increase your own 10%. Now watch if the other person sometime soon accedes to your original, hidden wish.

Is It the Truth?

When you make a claim, you might ask yourself: "Is it backed up by facts? Or is it just an opinion?" It's always worth investigating the truth of one's belief. When you do, you may be in for a big surprise!

No Title

True, undisturbed tolerance of others' incessant Ignorance is a sign of one's emerging Knowledge.

No Title

Traditionally the instinct of the woman has been to seek physical security in the man. The instinct of the man has been to find psychological security in the woman. Seeing beyond this is romantic adventure and progress. It is to replace instinct with Love.

No Title

Shift from trying to impress others with your skill to wanting to learn from others and their knowledge. Life will surprise you with unexpected information, results, etc.

Supramental is Unity, Truth, and Creation Consciousness

When we are in touch with the supramental consciousness we experience Unity with every aspect of life. It is from that status we perceive the Marvel; which is the perception of the one Reality, the All, from spirit to mind. As a result one realizes that every conceivable thing in existence serves a purpose.

As a result one experiences Unity with all, as nothing is outside one's self, that Reality.

Moreover, one knows the Truth of things at every moment. Hence the Supramental is also called Truth Consciousness.

Finally, It has a power to make real whatever is aspired for. This is what happens when we offer, consecrate the activities of our lives, open to the Mother and Her Force. It is the supramental Creation, life response power in action.

Potential for Indians to Rapidly Move Out of Poverty

Hundreds of millions of Indians have emerged from poverty in the last two decades. Was it due to the action of the government? Only in part; particularly aspirationally; i.e. a keen desire of the leaders to see improvement in the conditions of the people. Still I believe the essential energy and power came from the people themselves; including their intention to rise up. Life responded to that powerful aspiration, will, and energy.

The remainder of the poor can do the same; quietly, intensely, with a hunger and desire and plan. They will need also need to learn to shed their various ignorance's -- their dishonesty, cast-focus, laziness, lack of organization, etc. Leaders can inspire them in that direction; can help develop plans for mass improvement in jobs, education, infrastructure, and the like. E.g. Mother's Service Society decades ago offered a plan to the heads of the Indian government to increase jobs by 200 million, and life somehow made that real. If the government along with the private sector and the people work together, the next 200M can easily be achieved.

If Indians also tap into their spiritual power which is latent in their culture, 500 million more can quickly emerge from poverty. Then She can take her place as a global leader, eventually fulfilling her destiny as Guru of the world.

No Title

Be thankful for all the constraints in your life that prevented you from making a fool of yourself.

Planes of Mind and Spiritual Mind (lowest to highest)

Surface mind (visual sense input, preoccupation; "animal-like perception") > Thinking mind (coordinating thoughts, influenced by lower physical and vital propensities) > Rational mind (pure logical analysis, synthesis of thought; thoughts into ideas) > Silent mind (insightful thought arising from silence) > Illuminate mind (flash of understanding) > Intuitive mind (understanding just appears inside mind without thought) > Universal mind (knowing everything in relation to a matter w/o thought) > Supermind (knowledge of all in their integral truth and unity that also tends to manifest as real)

Comment: Most people are oriented at the Surface Mind and Thinking Mind with an occasional movement to Rational Mind. As we evolve as a species the focus increasingly moves toward Rational mind, and as we develop in Spirit there is a further movement spiritual planes of mind above them. Eg we silence the Mind and are able to think so much better as a result, leading to truer understanding (Silent Mind). In these ascending spiritual planes of Mind is where real Knowing and Truth apprehension takes place. It is the direction we are heading in the Evolution.

Similar scales can be made for the Vital and Physical and Subconscious planes; as well as the pure Spiritual.

Beyond Mind, Future is Revealed

In a higher consciousness one is more easily able to perceive the undercurrents of the present, as well as have a much clearer sense of where the future is headed.

On the other hand, the ordinary consciousness of mind has only the vaguest sense of the future. Mind is like a wall that cannot be easily penetrated, seen through, in terms of future space and time.

And yet consecration, opening to the spiritual Force reveals the future to us; even brings it to our very doorstep as response from life.

Longer term, consecration breaks down the walls of ordinary mind, so the past, present, and future are constantly revealing themselves. Then as we tread upon the earth, life clearly reveals itself at every step, in every possible way.

No Title

Being still and calling Mother's Peace in the midst of turmoil will quickly calm things down.

No Title

Anger attracts more of what you are angry about.

No Title

This glorious moment will soon be a forgotten moment. What should we make of this?

Reader: Roy sir, Not understood yr point. Can u elaborate?

Response: How do we retain the glorious moments we experience? Why is it easily forgotten? What is it about the passage of time and the limits of memory that prevent the retention?

No Title

I was having a glorious moment, or succession of such moments, and was wondering why does it disappear; is it not retained.

No Title

Coming to conclusions with only a small sampling of data leads nowhere, and is a human weakness. Sherlock Holmes understood this. He was infinitely patient, and therefore was constantly being led to the truth.

No Title

The more you focus on, dwell on a matter or thing, the more of it comes; and often from the most unlikely and unexpected sources.

No Title

Absorbed, hypnotized by the visual and auditory data streaming in through the senses causes the rational thinking process of mind to be held at bay, deflecting one's capacity to seek the wider truth of a matter. This over-absorption in what we see and hear rather than engaging the rational thinking process happens to us many times a day, leading to wrong conclusions and frequent error in judgement.

New Strategy and the Plunger

If you develop a strategy to improve a situation, you may be soon asked by life to utilize it.

A man devised a calming, non-reaction strategy to deal with certain neighbors who were quite ignorant and often uncouth. Suddenly a few minutes later one such person knocked on his door, and in a very humble and contrite way asked to borrow a bathroom plunger from the man, which the latter readily agreed to. A person like this had never come to the man's door before in all the years he could remember, and now it suddenly happens. Plus it occurred in a such a sweet manner.

As we see, a strategy agreed to in one's thoughts at the mental plane is quickly tested at the vital plane of Life.

PS: Right after these events the individual who borrowed the item from the man, returned it. He then volunteered to and proceeded to fix a window screen for the man that had been left damaged for months. It was a further response to the man's higher strategy of non-reaction, which has a tendency to repeat in new forms into the future.

Often when you tackle the apparently insurmountable, you discover that it is much more easily accomplished than you imagined. It is life responding to your shift out of unwillingness, or fear of the burden, or the lack of skill, or any other alleged incapacity.

Retaining the Oneness with Others

When you complain or blame another, you have moved into divided consciousness, where you perceive the other party as separate from you. It is an illusion of the ego in the mind and vital and physical that prevents us from perceiving that there is actually no separation and

division between you and the other, but one single, continuous stream of existence. That others are in fact a part of you, and vice versa.

In this deeper consciousness we increasingly refrain from reacting, and thereby blaming and complaining about others. In fact, we are increasingly likely to take responsibility for conditions. As a result, separation and division dissolve. Harmony and unity take its place.

Also, in this elevated atmosphere, life continually responds in the positive, rewarding you for your harmonic state of being. New-found Success and Joy are now added to your experiences of Oneness with others and life.

No Title

Constantly monitor the degree of separation between you and another, and make the inner and outer effort to bridge the gap.

No Title

When a work is impossible, we give up.

It rarely strikes us to refer it to MOTHER. (Sri Karmayogi)

Comment: Then the Force makes it so much easier for us!

No Title

With each significant growth in consciousness, there arises a Great Opportunity in life.

Disney's Discovery Beyond the Routine

A small effort to change a habit or routine can propel one into the next stage of one's life and career. Here's an example:

In the 1950s Walt Disney had reached the pinnacles of success as the most famous Hollywood animation producer in the world. His Snow White, Mickey Mouse, Fantasia and dozens of other animated films had made him legend in his own time. However, when the studio began development of its next project, the animation of Cinderella, Walt unexpectedly dropped out of the production. Instead he stayed at home and rode a model train that went around his vast estate. Every day he would sit on the engine and hour after hour went round and round on the scaled down mini train. People now thought that the pressures of his position had finally gotten to him. Some even thought he had gone mad.

And yet what was actually happening was that Walt had gradually come to see that he could develop some sort of park in which a small train could circle the environs. Not long after, the vision matured and he envisioned an amusement park where his cartoons and animation could come to life. It became Disneyland, built in California which then spread around the world with additional parks, taking Disney and his corporation to even greater heights.

And it all happened because Walt Disney wanted something FRESH in his life. He was willing to give up the routine, in this case the Cinderella film, and try something different, and as a result, he came upon an idea that changed the course of entertainment history.

With that in mind, think about what has become mere dull habit and routine in your life, and consider how you can make it fresh. Not by eliminating or abandoning the job, but by seeing a new wrinkle, a new possibility of doing the work, instead of the same old way.

One man we know of simply took a different path one day on his daily walk and suddenly came upon a small store that contained a book that changed the course of his writing career, enabling the publication of his breakthrough book. That is the power of changing the habit and routine into something fresh and new. The world suddenly opens up before your eyes!

How the Psychic Being Partakes in the Spiritual Evolution of the Universe through Multiple Births

The Divine has become the universe. However it has yet to perfectly become so. Therefore from a cosmic perspective there needs to occur further evolution of the spirit in life; i.e. for

each of the physical, vital, and mental planes of being to be infused with the attributes of the Divine Source and thereby realize its ultimate possibility. This is what Sri Aurobindo calls the Spiritual Evolution.

Most interestingly the individual through his inner being partakes in that universal process. It occurs through the movement of the evolving soul, the psychic being in us. It seeks to elevate the physical, vital, and mental planes of the person and the life around them, thereby collaborating with the general movement of the Spiritual Evolution in the universe.

However, it cannot be accomplished in an individual in one single birth, as only a certain amount of progress can be realized in one incarnation. The psychic thus leaves after death, rests in the ethereal spheres, and then enters another individual to further the growth and consciousness at the physical, vital, and mental levels through that person. In this way, through multiple births, each psychic being, also known as a Soul of Personality, collaborates with the universal and transcendent intent of furthering the Spiritual Evolution in the cosmos. Through this process the Divine attributes are able to permeate and saturate the physical, vital, and planes of existence, releasing their ultimate consciousness, fulfilling the intent of the transcendent Divine.

Our Perceptible and Imperceptible Faults

It's relatively easy to perceive the limitations of our being against the contrasting white of moral righteousness, and then overcome it. It's much more difficult to see our limitations against the blackness of our limiting subconscious nature, with all its variety. That however is the great psychological and spiritual challenge before us.

Reaction to Vulgar Expressions Enables Repetitions

A physical place retains its negative vibe through new iterations of parties inhabiting it if observers of the situation have negatively reacted to it. Non-reaction could have broken the chain.

Example: a mother and her children were living in a next-door residence. The mother constantly expressed herself through profanity, which was very bothersome to the neighbors. She was then compelled by them to change her ways.

However, several months later, another party moved into that same residence and after a while they too persistently spoke with similar profanities. Had the observer neighbors practiced non-reaction to the original vulgar expressions, not only would there not have been a new, repeating iteration of the same conditions, but the original individual likely would have taken to gentle expression, or simply disappeared from the scene, or something related.

Addenda: It is also true that a physical place can hold a negative vibration, enabling the same negative things to happen to completely different parties at that spot over time. This principle also works in the positive.

No Title

They alone see truly who see the Lord the same in every creature, who see the deathless in the hearts of all that die. Seeing the same Lord everywhere, they do not harm themselves or others. Thus they attain the supreme goal. (Krishna avatar)

thanks to S

Energy and Relationship Among People

"Life is a field of energy. When human beings relate to one another they exchange energy. When they relate positively and expansively, the energy level increases. When they relate negatively or critically, it shrinks. If life is a field of force and human attitudes and emotions are expressions of force, then what occurs to us and around us reflects the play of those energies." (from The Book by Garry Jacobs)

Example: I spoke with my business partner the other day. He was completely exhausted due to the fact that he had just put in a significant effort with a new client and now he was faced

with a group discussion in another venture he was involved in. In our conversation I brought up a number of issues related to our common work in the consciousness space, and the tremendous opportunities before us. Plus it was peppered with life response and related insights. At the end of the conversation he was filled with energy and was looking forward to utilizing some of the new knowledge in his upcoming conference call.

As we see, fatigue can instantly disappear and energy reappear when a higher consciousness is introduced.

No Title

Each of us have unique contribution to make in the evolution of the universe.

No Title

The Divine can only progressively manifest its spiritual qualities in the universe through we humans. We are thus the key to the Spiritual Evolution of the cosmos.

No Title

Progress for the Soul is not just taking responsibility for what we do, but for what other people do, including those things we would ordinarily complain about and blame others for.

Purpose of Rebirth

The purpose of Rebirth is for the psychic being (evolving soul) to progressively grow in consciousness through each host it inhabits. This process serves the individual being as well as the spiritual progress of the cosmos; ie the Spiritual Evolution.

No Title

We fundamentally believe in Life and its ways; not the Mother and Her's. And there's the rub.

Mother Joins Sri Aurobindo's Quest

As a result of Sri Aurobindo's intense aspiration for the spiritual transformation of life on earth, the Mother came and joined him in His evolutionary quest. She could now be the vehicle and transmitter to others of the supramental Force and Power He worked so hard to realize.

The Method & The Mother in a Work

"Faith in the Mother and faith in the method stand separately. When the former is greater, then it flows through the latter." (Sri Karmayogi)

Let's say you have a process to fix certain machines. You can have faith in that process, or you can have sincere, deep faith in the Mother to function through the process. That is the ultimate synthetic solution that attracts exactly what is necessary for its accomplishment -- ie. as life response.

Spirit-Oriented Problem Solving

When you have distant yourself from the issue, and when your mind is quiet, address and think through the problem before you. While getting close to the core issues, consider the wider possibilities of solution. Probe deeply and see how solutions are hiding there in the problem itself. Also, be sure to consecrate the effort so the widest opening of possibility can take place, and its attraction power evokes intuitions of understanding that simply appear in your mind without thought. It is a spiritual-oriented approach to problem solving; one that overcomes limits of space and time; causality and possibility.

No Title

One way to take responsibility and not blame or complain to others is to consecrate the issue. Now you've gained inner power to overcome the outer problem.

No Title

If you withhold verbalizing what you wish of another and then consecrate it, the thought will circulate in the atmosphere, causing the other person to soon pick it up, who will then feel compelled to carry it out. It is the life response power of Silent Will in action.

No Title

When you have no power to solve a problem; see no way out; consecrate the situation. Positive conditions will soon emerge.

Reader: Am finding that besides solving and dissolving the problems, consecration brings its own satisfaction. I read somewhere Sri Appa says that consecration is the only work.

Response: "consecration brings its own satisfaction" Very true.

"consecration is the only work" Yes. Perhaps we can say that when you reach the point of the Sadhak (aspiring yogi) all one needs to do is practice Consecration as complete Surrender of all parts of one's being; of one's very purpose of being on earth. That is all there is to do. For a devotee being aware of the negative propensities is also key. In Sri Aurobindo's booklet 'The Mother' he focuses on the two together; the ridding of the negative, and the surrender to the Force (consecration), the Mother.

We can see the truth in the remark if we say that we can also consecrate the negative qualities in us. Plus anything else. So there are not two aspects as I mentioned earlier, overcoming the negative, plus consecrating to Mother, but one -consecration- that straddles both.

Reader: Another thing that I noticed was that with initial 15 minute interval consecrations, time seemed to move faster and then later the spaces feel much longer.

Response: Yes, I sense what you mean.

No Title

Each significant negative happening around you contains the seed of something important for you to learn.

No Title

The most unsolvable problem that boggles the mind becomes easily solved by Mother when sincerely consecrated to Her.

Two Sides of Abundance

It is interesting that both lack abundance and over-abundance can cause consternation. "Oh if only we could get some more orders things would be so much better." VS "Oh my goodness, there are too many orders coming in. Please stop!"

Having the psychological strength of nerves and the right strategies to negotiate both is a great organizational skill.

Seeing Beyond the Dualities of Life to Endless Means of Progress

"To live in the truth one should rise above affirmation and negation." (The Mother)

Comment: We say this is good, and that is bad; that this is positive, and that is negative. But it is often through the bad and the negative that life offers us our greatest opportunities.

Besides, from the perspective of the Reality, the All, such dualistic viewpoints of affirmation and negation melt into one another and disappear, as everything serves a purpose in creation. Oneness is the result. Dualistic views of good and bad, big and small, infinite and finite, etc, have no place from this harmonic perspective.

Most importantly, we can learn to experience that same capacity to see beyond the positive and negative, the dualities in our own lives, meaning that every moment life is presenting opportunities for our growth and progress.

Reader: Mother's Grace. Thank you Sir. After reading Appa's books and your explanation now only I realise the following lines of Savitri. ' As if she knew not facts are husks of truth, The husks she keeps, the kernel throws aside,'

No Title

There is one way we are greater than the Gods: we can evolve, while they essentially cannot, and do not want to.

No Title

Evolution can only take place when we are in the body; not in the Before or the Hereafter.

Our Immortal Destiny

-When something has a beginning, it must have an end. If something has no beginning, then it has no end. It is Eternal.

-Our true Self has no beginning nor an end. It is Eternal. Thus we are essentially eternal Beings.

-However, the spiritual goal of our physical existence is to be immortal. I.e. we can become eternal in our physical body. It is our evolutionary challenge.

-The Mother in Her life took up that spiritual quest by calling in the supramental Force to change the "programming" of Her cells.

-In our immortal existence we can live as long as we wish, and continue to evolve our nature to further the Evolution.

Death, Rebirth, and Human Progress

As Sri Aurobindo explains, death is not the opposite of life. Death is a process of life. Because if you leave it to the person he will do the same thing over and over, learning but one lesson in this life. At the end, the Soul, the Psychic Being will say that the only lesson this person has learned he keeps repeating. Thus the Soul says "I need a new birth; new lessons to learn in new individuals."

Thus, death is there to free us from our Habits. Death only means we have exhausted our capacity of the surface personality for progress for this body, for this birth; for this life, and we can continue to grow in consciousness in future births.

Yet we also have the capacity to progress further in THIS life, at every moment, in every situation, enabling our consciousness to widen, at every plane, allowing our lives to carry on indefinitely.

Ultimately in this way, life can be extended, even to the point of realizing our immortality in our body and being. This in fact is the aspiration and intent of the Infinite Divine. (paraphrase of Garry Jacobs)

If you restrain yourself from publicly commenting on the insidious deeds of an organization, life will compel other negatives to be publicly revealed about that entity, further damaging their reputation and status.

No Title

Evolution of consciousness is to replace the logic of the finite with the logic of the Infinite.

Individuality and the Collective

We think of individuality and following the collective, the societal view as polar opposites. Yet the greatest accomplishment of individuality is to create in such a way that it brings the

greatest benefit to the collective, to society. Gandhi, Churchill, da Vinci, Einstein, Marie Curie, Elizabeth I, Edison, Tesla, and Steve Jobs are examples. The contradiction between individuality and the collective is thus royally resolved.

The Spiritual Individual

Spiritual individuality is beyond normal individuality in that the person takes his cues from messages emanating from his psychic being, his True Self, which are connected with the universal stream of life. When he commits and acts on these inner influences, he attracts great, individualistic results for himself as well as for the collectives around him.

No Title

Work comes to a stop when we refuse to do what is possible NOW. Doing that, WORK moves non-stop. (Sri Karmayogi)

Comment: I have seen this subtle life principle at work many times!

No Title

Fear, worry, and pessimistic outlook, rooted in the physical consciousness, can cloud and rule over the mind and its perceptions. Best to cast it off and consecrate it, enabling clear, empty, optimistic mental space to take its place.

No Title

Example of shifting from the logic of the finite to the Logic of the Infinite: shift from what you want to what others want, and as a result you will gain what you desired and more.

Reader: Roy Sir, if i do that, i m taking for granted. I'm doing all the work and my immediate superior is taking all the credit. I feel like i m serving a selfish person

Response: My recommendation is to consecrate his selfishness, plus you're being bothered by it. Also any idea of being taken for granted. They are all forms of ego.

Also I would suggest inwardly and outwardly serve the organization with high values, while being neutral about the boss. No hard feelings.

No Title

A parent who is constantly complaining, scolding, or shouting at the child is not doing their job properly; is not spending enough meaningful quiet time listening to, supporting, and guiding their offspring.

No Title

Problems that are created in immaturity can be solved when both are mature, but it can be better done in silence than by exchange of ideas. This is true because the inner attitude is more ready to iron out issues than the capacity for conversation and communication is developed. (Sri Karmayogi)

No Title

Resolution of conflict can be seen in ascending planes from the Physical (eliminating war, violence, et al) to the Vital (eliminating hate, prejudice, et al) to Mind (eliminating disagreement, fixed theory, et al) to SPIRIT (which overcomes all of the others through harmony of purpose).

No Title

Atheism serves a purpose in presenting an alternate "philosophy" to the limited religious dogma we see in the world, including those originating in the Semitic regions, among others. In fact, a number of great spiritual figures began as atheists who could not tolerate the fixed

dogma and superstition, the shallowness, or the authoritarian, intolerant-like commanding God of their faith.

Comment: Mother said She was an absolute material-oriented atheist in her 20s, adopting her parents views, and said it was the best starting point imaginable, as she was free of religious dogma. She was then able broke through into the Spirit; in ways none had ever experienced before.

No Title

Life Response occurrence can make a believer out of anyone, from an agnostic to an unrepentant atheist, because it is so experiential and perceivable by mind. Once our being is opened this way, then anything (including a vision of a deity) can take place thereafter.

No Title

Atheism is mind freed of others' questionable religious convictions. Agnosticism is that same mind, but open to possibilities of divinity.

No Title

There is nothing that I can recommend more highly than to consecrate, i.e. offer to Mother each important activity you engage in during the course of your day. It dramatically improves the outcome, and gradually becomes the basis of a New Way of Living.

No Title

When someone does something egregiously wrong, it's often best to avoid taking direct action and complaining to them. Instead consider putting it out of mind, which will enable situations to arise in which the wrong-doer will be confronted by others for their shameful behavior.

No Title

Life puts each person in their proper place in relationship to others so that the individual can be in situations that give him the opportunity to overcome his limitations in consciousness.

No Title

It's important to listen carefully to another person's opinions and take them seriously. A cultured, mature person will always respond calmly and insightfully to another's thoughts because he genuinely respects other people, no matter what their status.

No Title

The journey to the true Me occurs by first embracing the true You.

No Title

Behavior we don't like in another, we often express ourselves, in the same or in a somewhat different way. We see this very often between family members (such as parent and child), though it can occur in any type of human relationship.

If you are observant, you can perceive patterns of repeating events in life that are indicators of future outcomes. In this way, you can anticipate and even predict what is to come.

No Title

Try to deeply relate to the highest values of the organization you work for, not merely the issues pertaining to your own success. Such an attitude can (ironically) take you to the top of the firm, enabling great achievement.

No Title

Every day we have the opportunity to be born into a new life. The Sunrise is a symbol of that, as well as that reality.

No Title

Each sarcasm, even if harmlessly intended draws a negative response from life.

No Title

Tragedy drives progress, as do visionary individuals. Both have their place in the scheme of things in the Evolution.

No Title

According to Sri Aurobindo, the journey from Ignorance to Integral Knowledge, which is our deepest purpose, occurs through many births. We can condense it in one birth through a deeply sincere effort to raise our consciousness. That way our Soul (psychic being) learns multiple lessons in one life, precluding the need for many incarnations.

The average person however will go through many births, learning but one lesson in his lifetime, since he is not sincerely committed to elevation of consciousness, or is simply ignorant of the possibility.

No Title

There is no greater courage than that of recognizing one's own mistakes. (The Mother)

Comment: I recently sincerely apologized for a small mistake I made, and I observed it have rippling, successive positive repercussions. A wonder to behold.

No Title

Though a person may learn a new lesson about a limiting quality of their being, after a while the physical consciousness, not willing to relent, takes over and pulls one back to the old way. Normally only a firm decision to shift to the new or a serious blow from life prevents the repetition.

Reader: Thank you Sir.

Being aware of the limited quality of our being is the first step. In proportion to the Opportunity or the Grace waiting for us, life demands not only the understanding but a change in vital consciousness and physical effort is often needed so that the essence of knowledge learnt through the process of transformation would be grasped by the Soul for its evolution.

Yet, those opportunities may pose as problems or challenges with respect to one's consciousness. The challenges may be even greater if one is destined to bring collective results for the Society. It is wisdom to look beyond those contradictions as complements. Faith in the Mother will help to uncover quickly, the Opportunities and the Grace awaiting for us.

In P&P, Darcy's awareness of his nature at his proposal was the first step. After that he had to go through a series of reversals in vital and physical before his fulfillment of Love. During the process of transformation, he aligned with the Divine's plan which brought greater results for Mr. Bennett's family and also to the society. (perceived from Garry Sir Speech)

Response: Excellent, wonderful point.

It shows the process of "ascent and integration" in human progress. That is, when you rise up say at the mental level through a new understanding, you have to apply it at the lower, vital and physical levels for it to be completely realized in one's nature.

Darcy had the aspiration of his limited nature at the mental level, but then life compelled him to apply it at the vital life and physical levels.

However, we can shortcut this process by doing it consciously, without waiting for life to force us to complete the integration from the ascent. We can make the decision to apply the new understanding in a practical way (through its full acceptance in our emotions and feelings at the vital level, plus any physical action required on our part to make it fully real). If we add the Spirit, such as consecrating the entire issue, then we bring about a vast change in our nature, which then evokes a corresponding vast response and benefit from life. Just as Darcy evoked it by attracting Eliza in marriage, so we too would attract enormous benefit as a result of integrating the mental realization at all levels of our being.

No Title

There are a wide variety of malevolent subtle forces and entities whose objective is to lead us astray. They can have a direct impact on our consciousness, causing us to take to wrong movements or be adversely affected, or it can come to us through other individuals and circumstance. To the degree we maintain our balance and higher nature, they will have less effect on our lives.

Comment: Sri Aurobindo and Mother referred to them as the "Hostiles." They range from Asuras, great Forces of Darkness that have sway on events and circumstances in the universe, (and which the Mother had great confrontations with), to small entities that enjoy their mischievousness to disrupt things and bother people. They exist in the subtle planes, but have influence in the material/life planes we are familiar with.

No Title

Often by shifting to an entirely different matter we attract a solution to the current problem.

Comment: I have often seen this phenomenon at work, whether involving the smallest detail or the largest issue.

No Title

People are visual and reactive first (like animals) and mental second, though in recent decades there is rapid movement toward developed mentality (i.e. thinking first). True Rationality -- i.e. the ability to weigh various sides of a matter, unimpinged by personal preference, like Sherlock Holmes -- is a step beyond, and is demonstrated by relatively few. Spiritual mentality -- such as persistent intuition, i.e. knowledge that comes into the mind without having to think -- is for less still, perhaps a few thousand on earth. Supramental perception -- the ability to know the entire truth from every angle and have it instantaneously and miraculously manifest as real in the world -- is beyond that and experienced by a handful.

No Title

To be active in the mind or engaging in unsolicited mental initiatives can block the Force from acting in you to fulfill your deepest aspirations in life.

No Title

Each ill-will or hostile feeling you have - towards others, life, self, work, etc. - quickly elicits a negative response from life.

No Title

The ability to trace back negative outcome in one's life to previous lower consciousness attitudes, behaviors, or actions is one indicator of true Self-Awareness.

No Title

Sri Aurobindo indicates that before a person can be spiritual in the mind (e.g. ongoing experiences of intuition), he first has to be Rational. According to His definition of Rationality, 99% of individuals are not truly rational, as our own desires, prejudices, beliefs, and other lower influences prevent the true exercise of logical, rational thinking that apprehends the truth of a matter.

No Title

Detaching from a problem shifts it to the positive.

No Title

The more we worry about a problem, the worse it gets.

Reader: Let's consecrate it and leave it to Mother, huh Roy

Response: Yes, being conscious of and catching the worry as it arises, pushing it aside, and then consecrating the matter, i.e. leaving it to Mother, is an excellent approach.

Reader: Fantastic and practical quote sir...but making it live is bit difficult

Response: If we are sincere in following Salona's approach, it is not so hard, as we have inner tools to deal with the worry. If we are regularly dedicated to raising our consciousness, then it is much easier. If we don't care about maintaining a higher center of awareness, and just care about our success, our family, money, status, having fun, et al, without caring about our personal growth, it WILL be difficult. Certainly weaker people will be overcome by the worry. Even the strong can be overwhelmed when they have not developed a deeper center of being.

Likewise, if we have true Faith in Mother it is much easier to deal with the cause of any worry. In fact, She will dissolve it. But it takes genuine Faith in Her, which can build u over time.

It all comes down to our SINCERITY -- sincerity to develop our Consciousness and to be open to the Higher Power. It is also known as "Spiritual Aspiration."

No Title

People we look up to and think are wise -- like scientists, doctors, professors, and all -- live fully in the Ignorance of the true workings of Life. A brilliant mind and some poor soul are both equally devoid of Knowledge of the true nature of Existence.

No Title

Karmayogi in his vast commentaries has given 10,000 principles of the true nature of reality and how life works, It is doubtful that any of the "great minds" of our time (scientists, doctors, professors, pundits, thinkers) have knowledge of even a few.

This is the "Ignorance" that Sri Aurobindo says humanity is burdened with, and is therefore the central topic He addresses and then resolves in the second half of his epic metaphysical work 'The Life Divine.'

No Title

"A fuller appreciation of the ABSOLUTE by the mind is capable of relieving the vital of its most oppressive fears." (Sri Karmayogi)

According to Sri Aurobindo, the Absolute is the All. It is the Divine and the Universe. The One and the Many. The Being and the Becoming. The small and the large. The good and the bad. The positive and negative. The pleasurable and the painful. Every thought and feeling and circumstance. Every plane of being. And they are all integrally connected in the greater scheme of things; and all are part of the Movement forward.

Perceiving the Absolute then is to realize that everything in your life serves a purpose. That all is helping you progress. Thus there is nothing to fear.

No Title

Progress happens through darkness and light. Often faster through darkness; though more painful. Supramental action, i.e. Mother enables very rapid progress (often instantaneous) without suffering; in fact blissfully.

No Title

I have often found that not reacting to the sudden onset of what appears to be seriously backed-up traffic on the highway very soon opens up the roadway for an easier drive. It's another instance of the extraordinary life response power of "non-reaction."

The Main Mistake ...

- The main mistake neuro-scientists make is that the brain and Mind are the same.
- The main mistake scientists make is that only reality that can be measured exists.
- The main mistake doctors make is that the only cure is material, not psychological.
- The main mistake thinkers make are that they are rational; that they are immune from their mental and emotional prejudices.
- The main mistake humans make is to believe only what their senses tell them is real.
- The main mistake religions make is to wander astray from the founder's or its source teachings.
- The main mistake politicians make is to be completely trapped by their ideology.
- The main mistake education makes is to teach knowledge instead of Knowledge.
- The main mistake achievers make is to be content with their current level of success.
- The main mistake failures make is to denigrate the success of achievers.
- The main mistake parents make is to be possessive of their children.
- The main mistake athletes make is not to learn from their failures. (applies to others too!)
- The main mistake ... (your entries)

Reader: I think it's not so much that thinkers feel that they are immune from prejudices and emotions, but rather they hold their own prejudices and emotions to be rational and reasonable while others are mistaken and savage. This is true for the mass of humanity perhaps.

Response: Yes, that's kind of what I meant.

No Title

Because of his deep values, the success the founder has brought to the organization tends to continue even after he has left. However, that success tends to eventually fade or worse unless the old values are reinvigorated or new ones are brought to bear.

No Title

By "Ignorance" Sri Aurobindo does not mean our lack of knowledge such as one would acquire in school or through family or society, but the infinite ways we have lost connection with the Divine, with the Truth of existence. Thus the Journey from Ignorance to Integral Knowledge occurs through a vast transformation in our nature in which we are fundamentally remade according to the principles of the Infinite consciousness.

Three Levels of Initiatives and Their Potentials for Success

We can observe three levels of initiating a movement toward success in life, from least likely to most likely to succeed. They are Self-Initiative, Life's Initiative, and Mother's Initiative.

1. Initiatives that you initiate have as much chance of failing as succeeding. Eg one man in a time of slow work initiated by forming a new company. But after some initial success, it quickly faded. One reason was that the surrounding influence was not very positive. There was doubt, including the questioning of the viability of the product.

Still it is worth having deep inner aspiration to achieve something in life, which itself can evoke either of the other two initiative types as opportunities coming; especially if the inner and outer conditions are conducive to evoking them.

2. Initiatives from Life such as opportunities coming in unsolicited have a much greater chance of succeeding when taken up. E.g. two women greeted a trainer who was working in a computer store, and asked him to work for them. He did, and it kicked off a 25 year training career. He was also ready for that path (internals), and the externals of the people involved were fully positive and committed.

However, even with Life Initiatives there are times where a great opportunity comes, is embraced, but then somehow fails to materialize as hoped. E.g. a man aspired for and almost miraculous-like attracted the opportunity to train for months around the world, but then at the last minute the agent said the client had reconsidered. Perhaps the trainer was not up to the challenge. Ie the inner conditions might not have been fully positive. Or maybe the outer condition, as portrayed by the agent, was not quite fully on the level.

Still Life's initiatives in general are more likely to end in success than one's own. Positive inner and outer conditions together nearly guarantee it.

3. Mother's initiatives (i.e. of the Divine Force) almost always succeed as well as last when taken up, for they are fully formed, without any opening for failure. Eg a man was hoping to improve his life condition, as well as future direction. One day he met a woman who suggested there may be an opening for work with several devotees who were in the import/export business. He met with them, and it led to a profound lifetime association, including a multitude of works. Subconsciously his inner being and Soul longed for it, and it met with outer conditions of great intensity and spiritual power.

By the way, one of the hallmarks of Mother's initiatives is that there seems to be a supreme harmony of unfolding, plus it carries a rich, peaceful atmosphere.

Sometimes Life's Initiatives and Mother's are virtually indistinguishable. What comes from Mother is often in response to one's deepest aspiration for meaning and purpose in life. Mother's initiatives can therefore be thought of as interchangeable with the term "Destiny."

Comment; For further analysis of potential successful or unsuccessful outcomes to these levels of initiatives, it would be helpful to run it by Mother's Service Society's 4-quadrant Decision Making tool, which measures the capacity and determines the outcome for short and long-term success of any initiative or undertaking based on the status of the inner and outer conditions. It is presented here:

<http://www.motherservice.org/node/156>

No Title

The key for an athlete is not just to win, but to learn from every experience so that he can become better and therefore increasingly succeed in the future. It's also true for the rest of us in the works of our own lives.

No Title

The emergence of India economically (and as a competitor) can compel China to become more democratic in order to keep up. This can bring a great benefit for the world.

Reader: deng xiaoping had realised that sometime ago and begun the reforms. The chinese communist party has also took steps to revive buddhism, taoism, and confucianism when they recognised the value of Values for economic growth and stability.

Response: Yes, this was (and will be) the internal pressures for reform. Deng led the way and ensuing generations have felt compelled to follow. They have been mostly free of outer economic pressures, but India could increasingly play that role. Eg Google is welcome in India, where it is anathema by the Chinese gov't for censorship purposes. It will be hard to sustain

such actions. Also India can compete on price, is more welcome in Silicon Valley, etc etc. American alliance with India is key. I am however optimistic that China will continue to change its ways, if begrudgingly. After all, it has many hundreds of millions to employ.

Greece's Evolutionary Purpose

The emergence of the Greek crisis has forced the members to reconsider the deepest values they originally advocated when they formed the European Union. Eg are they truly committed to those values or just to financial considerations or to their own nation's self-interest?

It is ironic that Greece, the cradle of Western civilization, and long dormant, has reemerged to compel the EU members to reevaluate their deepest beliefs. This is Life's compulsion to further the Evolution in this domain.

No Title

India and Pakistan can begin the process of reuniting or at least joining in a federation through increasing economic cooperation.

No Title

To solve a problems that exists at the current level, we can move to the next higher level. Eg India and Pakistan are at odds politically. However they can resolve that problem by moving to greater economic cooperation, which is at the next higher level. In this way we can list out any problem and then consider the higher consciousness approach to move things forward.

On Conformity and Individuality

- Most people just copy what others do. Even those who rebel are mimicking other rebels. True individuals are thus very hard to find.
- Conformity is the norm amongst 99% of the population, including so called non-conformists.
- People end up being very much like everyone else, even when they try not to be.
- What people consider being different is just another form of being the same.
- True individuality is a radical and profound shift from the norm. It is where there is no one around to emulate, so one takes one's cues from the deepest parts of one's being.
- Only true individuals bring the world forward. The rest keep it in stasis.
- True individuality is an instrument for and expresses the Divine Will in the world. Together they guide it forward.

Reversing Grudge that Brought Negative Business Conditions

"When I opened an office in south part of Tamil Nadu all my good work in sales promotions, the name and the incentives went only to the Area Sales Manager of that company and even he got promoted as RSM with very good pay scale. Repeat orders were not passed on to me and they went to other distributors. Then I started to search for correspondence in me but could not find exactly the same or anything that can justify his act. Eventually I had to close that branch due to losses. For about one year - always boiling whenever his thought comes or whenever I hear about him. One day it dawned that having negativity or grudge about someone is itself a link to get offended though I am not doing anything that is negative - I tried consecrate it whenever that thought comes as "all is for good". This happened in 2012. After few weeks I got calls from south part of Tamilnadu like Tuticorin, Thirunelveli Rajapalayam -wherein he developed the market but as and when some of them needed the services they found that he is incompetent and found that I was the brain behind him . Since then, till now, whenever the Chennai market is down only the south market is giving the profitable business with no overheads like branch office, staffs, travels etc., etc., Now other companies also came to know about my technical competence through which I got distributorship of leading products without any deposits, bank guarantees, minimum sales targets etc.," (RK)

Non-Judgmental Business Partner Attracts

Often there are qualities in another person that irritate us, that we are not comfortable with, that we judge not be in our and other's best interest. However, if we catch and reverse our bother, restrain ourselves from judging others, life can bring forth the truly unexpected.

A business friend of mine is one of the principles in a new business venture. Well it turns out that one of the five partners running the new firm was not to my friend's liking. He was especially bothered by his business attitudes.

One day after reading his daily inspirations on higher consciousness, my friend decided to withdraw bother and judging this other partner. In fact, he went so far as to agree that this person should be appointed the CEO of the entire organization moving forward, a risky suggestion.

It turns out that in the days and weeks that followed, my friend watched as the CEO partner ascended to his duties with great aplomb and skill, winning the admiration of the other partners in the fledgling business. It was a perfect development since the company was now about to launch.

Because my friend withdrew reaction to the partner's ways, eliminating all judgement about his behavior, attitudes, and values, life responded in the form of the now-appointed CEO partner taking actions and demonstrating behaviors that exceeded everyone's expectations, pushing the enterprise forwards on the road to success.

Metro Miracle

It is said that calm and Non-Reaction in an intense situation matched with self-offering of events to the spiritual Force, the Divine Mother can attract overwhelmingly positive conditions from life. Here is some further proof:

When riding on an underground metro train in San Francisco several years ago, I was suddenly greeted by a transit police officer who asked me to show my ticket receipt. It turns out that many locals had avoided paying for their rides and officers were now being placed on trains to randomly check people's transit receipts. It turns out that I did not have my receipt; not because I cheated, but because I had forgotten to take mine in the rush through the high tech ticket gate machine. I was therefore now being issued a summons to appear in court for my alleged impropriety.

At the hearing several months later, I logically pleaded my case before the judge, but though appreciative of my suggestions for improvement of the system, she proceeded to levy a heavy fine against me. I breathed a deep sigh of inevitability as I listened to her pronounce judgement.

However, just at that moment she was writing up and explaining my fine, out of nowhere the transit officer who accosted me and issued the summons several months earlier suddenly stepped forward and informed the judge that I had acted very gentlemanly, without incident at the time he handed me the summons. The judge listening to this new piece of evidence then took this fact of good behavior into consideration and switched her ruling, cancelling the entire fine!

As I stood there in shock at these dramatic turn events, I felt that a miracle of sorts had just taken place. However later on, in retrospect, I recalled that I had originally practiced Non-Reaction and Consecration when the transit officer first accosted me about my missing receipt and handed me the summons. And now as a result, at the hearing, I had elicited from out of nowhere the Goodwill of the very same transit officer, enabling the outcome to be completely reversed!

As I walked in a daze out of the court and into the bright sunshine, I knew that I had experienced one of the most extraordinary life response episodes of my life. As I walked along I simultaneously smiled and lightly trembled as I recollected the events I had just been through.

No Title

As you get older, it gets harder to address two things or more at once. Mother at 90 could do 10 or more, as the truth poured into her wide consciousness and Mind from a variety of directions. We can gain that same power if we steadily maintain our inner relationship with Her. Seniors can reverse the degradation of the Mind.

No Title

When you are associated with Mother and develop a breakthrough idea, it tends to vibrate far and wide into people's hearts and minds around the world.

No Title

The world has not learned how to anticipate problems and thereby avoid them, only how to react to them after they have occurred.

No Title

Individuality is to dream what the collective has not thought of so far. (Senthil Murugan)

Comment: Great remark! In this way the true individual enables society to move forward.

THE BEST INSTRUCTORS

The best instructors-

- go the extra mile for their students...
- are always learning from their students
- come up with new ways to present the materials
- discover the needs of the students at the outset
- are organized to the hilt
- are willing to stray from curricula to meet students' needs
- are able to keep pace on the agenda
- are exceptionally talented in at least one area
- consecrate every class and every problem
- experience life response phenomenon often
- are willing to work hard
- are energized not fatigued at the end of the day
- have the capacity to improvise and solve problems
- feels gratitude to their employer, agent, etc.
- stay youthful with the times
- are willing to listen first and instruct second
- have respect for others' inputs, thoughts, and opinions
- are able to network with others
- see subtle signs of opportunity coming in and seize them
- are always seeking new sources of knowledge
- do not panic when there is a problem or change of course
- are always improving their presentation skills
- really care that the students are learning, gain benefit
- have an exceptional ability to explain the concept
- teaches at the level of the students' knowledge and capacity
- has the necessary energy to conduct the class
- is friendly, gracious, and hospitable
- does not waste time and energy on too much chit-chat
- keep his ego at bay, avoiding self-aggrandizement
- listen to others' advice, suggestions
- others?

Reader: Roy u have covered everything . How about the below 2 point s

Who is extremely happy for the student's success

Who empower the student

Response: Very good, and very true!

Before most classes - over 1000 so far - I consecrate that the students receive maximum benefit; that I fulfill their needs.

No Title

There are certain Life Movements, - like the sudden, most unexpected collapse of Communism, and the onset of a never-thought-of Internet, - that indicate the Force is alive and active in the world, constantly bringing new revelations and modes of being to a dumbfounded society.

No Title

Mother let me be free of all forms of ego so that I might arrive at Truth in every situation.

Expanding Animal Intelligence?

One reader thought that animals may be getting smarter, and that perhaps the Force is at work in that process. I responded something like this:

Animals have certainly gotten smarter when there are around humans. Also humans having developed a more humane attitude toward animals, including wild ones, can have a positive, expansive effect on the consciousness of animals. In addition, animals, like us, can evolve, and we may be seeing results along this line as well.

Whether the Force is having an impact on animals I cannot say, but the increasing perception of the interrelatedness of life by humans can have a vibratory effect that advances animals' wherewithal.

In addition, animals who are now in closer proximity to one another or to new species introduced for whatever reason may develop new forms of reaction, which can result in some development of consciousness.

Finally through video we are seeing new sides of animals we may not have seen before; and it also seems to be the case that we are very much interested in animals as a way to examine and further understand our own nature.

There are many possibilities for the development of animal intelligence, of which these are but a few.

No Title

When you listen to and act on the subtle influence of the Inner Guide, (the subliminal being within which is in touch with the universal), you discover you have done the right thing at the right time down to the very second.

No Title

When you become aware of a moment where society has risen to embrace something they ignorantly condemned before, the atmosphere turns so rich that it brings both joy and tears. It is an evolutionary moment of the Spirit.

No Title

True understanding of a thing or matter, penetrating to the Essence, energizes and inspires that individual to no end.

No Title

To the Spirit, and therefore to the flow and outcomes of life, ridding itself of Untouchability may one day be a greater achievement for India than Independence.

Reembracing Vedanta

Vedanta is at the very heart of Indian spiritual thought and is likely the most profound spiritual teaching ever devised. It is at the root of Sri Aurobindo's wisdom, though he has taken it to new, evolutionary heights - introducing the Psychic Being (evolving soul) and supramental consciousness that can perceive the true nature of the Reality, the All that the Vedic Rishis revealed to the world.

Here the author asks Indian thinkers to revisit this profoundest of all wisdom, that so many great spiritual personalities have been touched by in the past, so the nation can be propelled into a glorious future.

Reader: It may be possible to classify Sri Aravindam as a vedanta or even the ultimate vedanta since it takes the vedic knowledge to its ultimate conclusion including Supermind as creator (Prajna) and Psychic Being Chaitya Purusha...so it is literally the end of the Vedas i.e. Ved-anta. Perhaps "Integral Vedanta"

Response: Yes, Supermind as creator gives the evolutionary push and power. In that way we have direct method of manifesting the Spirits intent - peace, goodness, love, joy, infinity, etc. for manifestation - in creation. And from Psychic Being our nature is fully open to surrender to that supramental power, furthering the evolution. We thereby have an integral process to engage in within the Integral Reality.

Reader: Sri Aravindam has also given the view that finally reconciles Vaidik and Tantrik philosophies.

Response: Yes, Supermind expresses for us through Divine Mother/Shakti, etc., enabling the spiritual attributes of the Divine to be infused in us and the world, bringing about a Divine Life on earth; fulfilling our, the Cosmos' evolutionary purpose.

(from Wikipedia) Tantrism is an ancient Hindu tradition of beliefs and meditation and ritual practices that seeks to channel the divine energy of the macrocosm or godhead into the human microcosm.

GIIMS

I am happy to be on the Advisory board of GIIMS (Global Institute of Integral Management Studies) in Cochin, Kerala state.

GIIMS offers complete education in Logistics and Supply Chain Management with the intention of creating high class professionals for meeting the global industrial needs. In association with CII Institute of Logistics, GIIMS offers MBA, PG Diploma, Diploma, Certificate and B.Com courses with specialization in Logistics and SCM.

Our Vision: "Serving the society through education"

Our Mission: "Developing a new generation of highly qualified professionals for creating a peaceful and prosperous world "

Our Goal: "Building a group of educational institutions by blending the educational systems and organization of the West with Indian Values and Wisdom"

Our Motto: "Transforming education through collaborations and bringing the best in the arena together."

<http://www.giims.in/>

PRIMROSE SCHOOL ("Every Child a Genius")

In 1999 Mother's Service Society established Primrose School in an urban area of Pondicherry to demonstrate the efficacy of the results among children of more socially and economically advantaged families.

Primrose School has been widely recognized as the most advanced institution for early childhood education in Pondicherry. In 2006 Primrose Educational Trust, a Chennai-based organization, drew up a plan to establish a chain of Primrose schools in other parts of South India and opened its first school in June 2006.

In 2007, Primrose was affiliated to Council for the Indian School Certificate Examinations (CISCE). In 2012, the educational programme at Primrose School is being extended to include all levels of high school, from pre-kg up to the 12th grade.

No Title

Love is an eternal virtue; marriage merely a social convention.

No Title

The busy mind does not appreciate interference in its routine in order to remember Mother and Her Force, whereas the Silent Mind is more amenable.

No Title

When you make a request of another but do not insist, forgetting the matter completely, there is a very good chance the other person will soon do what you asked.

Intuition and Genius

Man thinks. The muni is silent. The Rishi sees visions, the yogi has Intuitions. Beyond, the gods live. A genius is born when the Intuition of the yogi expresses itself in the human mind for whatever reasons. (Sri Karmayogi)

Self Learning and Spirit

Formal education as we know is dead and lifeless. The process of learning is live. The process of Self-learning rises in a flame to move the Spirit inside. (Sri Karmayogi)

Spiritual vs Mental Intuition

Spiritual Intuition is wide enough to include all life and all creation, whereas mental intuition of the genius is only one component of it. (Sri Karmayogi)

Comment: One interpretation: With Spiritual intuition we connect with the Reality and its spiritual facets; including transcendent. It just comes into our field of awareness as direct experience. It also rises within from the psychic entity, the evolving soul, the true self. Sri Aurobindo, Krishna, Ramana Maharishi, Eckhart Tolle, and others have dwelled there.

On the other hand, mental intuition, a subset, is to apprehend knowledge; that appears in the mind without the thought. It is where Einstein ($E=mc^2$ experience) mathematician Ramanujan, and others have on occasion resided.

No Title

All blame is a waste of time.

No matter how much fault you find with another, and regardless of how much you blame him, it will not change you. The only thing blame does is to keep the focus off you when you are looking for external reasons to explain your unhappiness or frustration. You may succeed in making another feel guilty about something by blaming him, but you won't succeed in changing whatever it is about you that is making you unhappy. (Dr. Wayne Dyer)

Comment: Also, each time you withhold blame, positive circumstance soon develop. Moreover, if you also take responsibility for the conditions instead of blaming others for them, then the response can be overwhelming.

No Title

Indians vs Americans in Terms of Spirit, Activity, Work, Accomplishment. Bridging Work Activity and Silence

The Mother says the bodies of Indians contain light. We know India is poor, ranking 134th out of 197 nations. Where does that Spirit dwell? Can we not have some glimpse of it?

The Americans cannot sit quiet for an hour, not even for fifteen minutes. We know they are dynamic. Indians will sit motionless for hours. We know it is inertia, laziness.

Yogically the human physical, the physical being, is restless. Ages of tapas have brought down Spiritual Peace into the very atmosphere of the nation. It has permeated the being of man down to his physical.

America can produce scientists. After four hundred years the nation has not produced one Saint. It is not in their soil. India has not produced an original scientist of renown for the past several centuries.

Let us narrow our enquiry. There are many people of really dynamic nature in India, both men and women. Perhaps women outnumber men in this respect. Often they are organised. They are not merely active, but their energy issues out of a dynamic nature. When they commission themselves in a work, there will be a great speed untouched by hurry. When the work is over, they will sit quietly, which the American cannot do.

In many people the Spiritual Peace has degenerated into laziness. In those who are dynamic, that Peace silently energises their work. Spiritual Peace in them has reconciled dynamism and rest. To be active when necessary and to be QUIET when not working is a spiritual ability. The American would go mad if he had to be QUIET. His is the physical energy which needs physical expression. (Karmayogi)

No Title

Dear friends, I will likely be reducing the number of posts I make here at this personal Facebook page, as well as at Life Response and The Book Facebook groups, as I shift my focus toward work-related activities. Meanwhile, if you wish you can visit my new personal web site to find out about the work I am engaged in, the services I offer, and most importantly to keep up our deep connection. Here is the link to the site: Warm regards, Roy

"Conscious-Force" In the Involution and Evolution

From the Infinite Being emerged the Conscious Force. The Being was conscious of itself, and released a Force; a Conscious-Force.

Through an Involutionary process, the Conscious Force, the shakti and creation power of the universe, the Mother, consciously "devolved" into unconscious Energy, which divided further into atom-based Matter in the universe from which life then unfolded and blossomed in the Evolution.

Conscious Force's intent is for the spiritual attributes of the Infinite Divine - Peace, Truth, Goodness, Beauty, Love, Delight, Timelessness, etc. -- to manifest into infinite variable forms in infinite variety, including us. For that purpose the Divine became the universe.

Our cosmic goal is to partake in this Process by raising our own consciousness and overcoming our ignorance, incapacity, separateness, ego, et al, -- a product of inheriting through our physical body of the inertia and unconsciousness of matter. As we rise in our mental, vital, and physical nature, we release the Conscious-Force in us, and the spiritual attributes take root in our being.

We most powerfully raise our consciousness by connecting with our deepest Self, the Psychic Being, and the supramental Force above -- Mother's power of Truth Consciousness -- which elevates our being at all planes, enabling us to experience each of the spiritual Attributes to a higher degree, in fullness, fulfilling the Divine Intent.

As a wide variety of individuals rise in consciousness, the society evolves along with them, bringing the Conscious Force into the collective. The individual, universal, and transcendent thus share in, participate in a common process and purpose.

This culminates in the transformation of humans into a new species of supramentalized (truth consciousness, Conscious-Force oriented) Beings, and the onset of a Divine Life on Earth.

No Title

India's emerging prosperity joined with her spiritual values will create the vibration that releases Supramental power on earth.

Strategies to Attract the Solution to Unsolvable Problems

Here are several inner strategies one can take to solve any Unsolvable Problem. Each can evoke a powerful positive response from life in the form of the solution or some other great results.

1. The fault is with me. I am willing to change.
2. I am willing to take an effort that is of a higher intensity than before.
3. To solve this problem I am willing to give up a fault of mine which I have not done so far.
4. Now I will try to achieve perfection in what I am doing.
5. I have a confidence that nothing is impossible if one tries. I will keep up the effort until the problem is solved.
6. If others can solve a problem like this, I can solve it.
7. There is a secret solution to every problem which I will try to discover.
8. I accept that every principle has an opposite which is also true.
9. It is better to make an effort, rather than resign oneself to defeat.

(strategies by Karmayogi)

The Mental Age

Sri Aurobindo identified four overlapping levels or phases in the development of society -- physical, vital, mental, and spiritual. Physical was about survival. Vital was about expansiveness and interaction. Mental is about garnering knowledge and the organization of society. Spiritual is focused on realization of Truth and other spiritual qualities like Goodness, Harmony, Beauty, Love, and Delight.

We are now squarely in the Mental Age with the rise of education everywhere, the application of Values in work and other aspects of society, and now the infinite-like onset of the Internet, amongst others. In the mental age Man can determine his future, and work harmoniously and intelligently to do so. He has the mental capacity to solve any problem, as long as his mind remains open. When the Mind takes to Spirit -- expressing through intuition, not thinking, and supramental perception of integral understanding -- it opens to all such possibilities, and thereby fulfills the needs of the Mental Age. The Spiritual age, rooted in the higher capacities of mind and the various expressions of higher consciousness at all levels, then follows.

No Title

There are times one must pull back and widen to perceive the Big Picture in order to understand current conditions in their right context.

No Title

Life doesn't always go where you want it to go. Honor that direction; follow it's flow.

No Title

Each problem in society or in our own lives is solvable by moving to a higher level of Harmony, instead of merely asserting our own position.

Comment: At each point where you give up an Ego movement, you overcome separative consciousness, which creates more Harmony with others, life. There are dozens of forms of Ego we express in the course of our day. One is asserting one's position. Catching it and giving that up creates more harmony, while also attracting unexpected positive conditions; ie "life response."

It also attracts the negation of problems, differences, conflicts.

No Title

When we see the positive response to the inner, spiritual method of Non-Reaction, we are overwhelmed by the miracle, our lives are subtly changed, and we build up inner power to negotiate any future situation. We even see the utility and purpose behind all such problems in the greater scheme of things.

No Title

Silence energizes.

No Title

Mother's Grace in response to consecrating an event often brings the unexpected.

No Title

Taking to Self-Reliance rather than dependence in a difficult situation generates new-found positive energy within.

Our Life Response Education Vision

We have abundant Life Response-related principles, methods, and case studies at our disposal to provide comprehensive education to the public in various markets using a wide variety of means, approaches, and media. This will in turn help students Consciously evoke Life Response phenomenon, enabling their great achievement, their serious advancements in personal and spiritual growth, which will in turn enable society to evolve, ushering in the first stages of a Divine life on earth.

Divine Perspective of Devastating Floods in Chennai

A logical questions asked in these circumstances is why does God allow for such devastation if He is truly Divine?

From our perspective the devastation appears completely negative; the worst of all possibilities. However, from the perspective of the Infinite consciousness such devastation allows for infinite variation of circumstance that opens the door to a wide variety of new progress in the world.

In this particular case, the devastating floods are there to remind people that they have been unconscious in their use of water, especially in terms of waste; unconscious in their they're planning of flood control systems; unconscious in their conflicts of religion and cast to work together as a society to improve conditions; unconscious in nearly every conceivable societal way.

The flood thus serves to raise these issues so that they can be transformed into their higher consciousness equivalents, fulfilling the Divine's perspective of necessity of multifaceted progress whether through positive or negative means.

Through this pain and suffering inflicted by this extreme difficulty, long-standing Ignorance can be transformed into Knowledge in a wide variety of ways. Also Disharmony can be transmuted into Harmony, as peoples work together to overcome the immediate problem, as well as collaborate to overcome entrenched issues plaguing society.

From the Divine perspective then, the negative is a great positive in disguise. It perceives Reality through a dynamic 'Logic of the Infinite', as opportunity for simultaneous, multitudinous change and progress, whereas we see things through the logic of the limited finite as suffering and pain.

New Attitude Toward Devastating Flood Attracts (updated)

Rain is more than life endowing resource. It is also Divine Grace. Then why are there floods and other forms of devastation? It is due to lack of receptivity in consciousness on the part of people causing rains to come irregularly and with hardship.

How does the lack of receptivity express? There are a variety of ways. One is wastage of water when there is little. Another is the wrong attitude of complaining about rain when it comes profusely, not recognizing it as Grace. At the societal level it is due to lack of infrastructure to harness waters such as the cities in the West, including poor planning when communities expand. All of these cause rain to come irregularly, and sometimes with superabundance and its corresponding devastation.

This then suggests that we can have a vast power over rain, which means higher receptivity to its Grace. One woman came to realize and finally gave up her anger towards the superabundance of rain causing havoc in Chennai India, and suddenly it all returned to normal, with power now quickly restored after a very long time.

No Title

When the Divine gives rain in abundance Man receives it as misery. This shows that Man as he is constituted now is unfit to receive abundance. (paraphrase of N. Asokan, MSS)

No Title

To perceive how everything happening in one's daily life is interconnected and fully necessary is to experience the Marvel of existence.

No Title

When Goodwill breaks out among people, the atmosphere sparkles.

No Title

We live in the present only; moving from moment to moment; having no knowledge of the future, with only memory of the past. However by opening to the supramental consciousness, to the Divine Mother we are able to alter the conditions of the future, while negating the negatives of the past. Thus in the true Now of Supramental existence we have power over past, present and future simultaneously.

No Title

According to Sri Aurobindo, just as the Ishwara, the Creator aspect of the Divine, enables this infinite, unbound creation, so too each of us can become an Ishwara - opening to and surrendering to the Mother, the supramental power, - thereby creating infinitely, while bringing the divine attributes into the details of Life, in effect furthering the Evolution. This is our method and cosmic purpose on earth.

No Title

We think that life is all about outer effort, but it is really about Inner Attitude. That is what makes life respond suddenly and overwhelmingly in our favor.

No Title

When we change our Consciousness, the world around us automatically changes. It is the cosmic principle of Inner-Outer correspondence in action.

Non-Reaction and Big Paycheck Life Response

When we remain undisturbed by an outcome that is not to our liking, such as a limited amount of a resource, and do the best we can with what is available, much more of that resource suddenly descends on us unexpectedly.

A man received an amount in his paycheck from his training company that was far less than he expected. It also left him in dire straits in terms of paying his bills. He decided however not to react any further and would make the best of what he had.

He therefore ventured out and made several purchases that were necessary with his limited funds. When he returned from that outing, he opened his email and now discovered that his training company would be sending ALL monies invoiced, which included a substantial amount not due for several months!

He had reversed the situation from unexpected paucity to unexpected abundance. That is the power of NOT REACTING to a negative situation and uncomplainingly making the best effort with what is available. In these cases, resources unexpectedly shift from scarcity to vast abundance.

No Title

WAAS (with Club of Rome et al) today issued a statement on the recent Paris environmental accord. Especially magnificent is the last para which says:

"The significance of this accord extends beyond its immediate impact on climate. It reflects the emergence of an unprecedented level of consensus and commitment for collective action by the nations of the world. It offers promise that humanity can act collectively in a spirit of cooperation to address the other extremely complex and difficult challenges confronting us in our endeavour to promote peace, security and prosperity for all human beings."

It is my belief that this is an important step towards Sri Aurobindo's dream of Human Unity, which among other ways can come about through collective global action.

The entire statement of WAAS is at:

[https://www.facebook.com/worldacademyofartandscience/...](https://www.facebook.com/worldacademyofartandscience/)

No Title

Attracting the right conditions at exactly the right moment in precisely the right context is Supramental Life.

No Title

I am increasingly living in a world where each individual detail reveals the Whole, and awareness of the Whole reveals all salient details.

No Title

Like vast rains, Mother's Grace is now pouring down in super-abundance, bringing with it unprecedented opportunities. That's why we should put aside all things that interfere and block our receptivity to it, including those long-term habits and routines that bring small satisfactions and even uphold our identity.

Levels of Relating to a Fine Thing

We can perceive several levels of consciousness in developing a fine product, service, tool, feature, entity, etc., ranging from expressions of ego to non-ego; and corresponding from incapacity to full capacity to evoke sudden good fortune from life.

-"I MYSELF" created this fine thing."

-"The thing I created is fine."

-"It is (in of itself) a fine thing."

-(Humility of Silence; Non-Broadcast); others simply come forward on their own to ask about, appreciate, and add to the fine thing.

Finite and Infinite

From a deeper perspective one perceives that every small detail in our lives should be honored and respected. That through our higher consciousness the Infinite can suddenly emerge from any finite. And that's because deep inside every finite -- whether a small form, circumstance, or event -- lies the Infinite ready to burst out. The Infinite emerging from the finite is what we call a "Life Response."

Exactness Consciousness

At any given moment there is always an Exactness of how to use your time, where to spend your money and how much, where to go and be, what consciousness to be in, etc. etc. This dovetailing exactness of being of all planes in a given moment in space-time is Supramental existence. It is beyond the ordinary, human, mental way of living.

No Title

Remember Mother before any meeting. It will tend to turn out magnificently!

No Title

There is a subtle difference between Intention (which is good) and Expectation (which is not). And that can make all the difference in the outcome. Sri Aurobindo says we need to have patience as if we had all Eternity before us, yet practice the inner methods that evoke what He calls "Instantaneous Miraculousness." That's how we can resolve the contradiction between Intention and Expectation.

In one sense the True Spirit of Christmas is not so much being grateful for gifts and other rewards you have received, but being joyously happy for the good fortune others have been blessed with.

No Title

For the spiritual individual, correcting wanting elements inside has the life response effect of correcting corresponding problems in the world around us. This dynamic enables us to fulfill our nature as both a true Individual, as well as a Universal being.

No Title

Those most ignorant of the facts and how to live properly tend to attract the worst conditions. Their wrong attitudes evoke their ruin.

Couple's Business Surprise Issuing from Harmony

You must always have harmonious relationship with men, machines and materials. The moment you begin a quarrel with someone or mishandle an instrument, you are declaring war against your own prosperity.

Surendar used to quarrel with his wife over all petty things. He would criticize every word and movement of his wife. She would criticize his character and his parents. They never thought that their restaurant business was slowly going down because of disharmony between them.

One day, they watch the movie Titanic together. The love between Jack and Rose suddenly changed their hearts and each began to apologize to the other. That was the moment they understood how much they loved each other and the quarrels were just an expression of their deep love. They resolved not to quarrel again over anything. Their decision was genuine and sincere.

The next day the young couple received an offer from an apartment builder to acquire the old restaurant building and they made a profit of a few million rupees. It would have taken them more than 16 years to earn that money through the restaurant business.

by Ken Gold/Chandrasekaran (from 'Honey, Let's Make Money')

The Receptionist's Silent Will

In any discussion, we are tempted to express our thoughts. Thoughts have a peculiar characteristic. If you refuse to express it, the thought will try to seek expression someone near to you. The person who expresses thinks that it is his idea. So, he will happily approve the idea.

Selvi was a receptionist in a hotel. She always spoke politely in a soft voice. She earned Rs. 2500 a month. The hotel owner was a strict and tough businessman.

One day, her colleague did not listen to a customer properly and as a result he was billed wrongly. She told the owner it was Selvi's mistake. The owner began to scold Selvi. Though Selvi wanted to explain what happened, she decided to use silent will.

The commotion drew the attention of the unhappy customer. He was surprised to see that the wrong person was in trouble. He interfered to tell the owner that Selvi had always been polite and soft-spoken and the person who created the problem was her colleague. The hotel owner was highly irritated and immediately dismissed the colleague. Then he told Selvi, "I'm sorry about the incident. Why didn't you tell me what happened?"

Selvi said, "You want to make all our customers happy. I thought we must find a way to solve the problem and make the customer happy instead of trying to find whose mistake it was." The hotel owner was happy and told Selvi, "You are responsible and thoughtful. You should not be a receptionist anymore. From this moment, you are the customer service manager!"

by Ken Gold/Chandrasekaran (from 'Honey, Let's Make Money')

Mother's New Year Message:

"This wonderful world of delight waiting at our gates for our call to come down upon earth."

Unsuccessful Candidate Turns Problem into Golden Opportunity

If you see every problem as an opportunity, life will respond and transform problems into opportunities. You must really feel the problem is an opportunity and be happy about it. If you take this attitude, life will arrange circumstances to change the problem into opportunity. Life knows that solutions are always built into the problem. When there is a problem, someone has to solve it through a product or service. Can you provide that solution?

Karthick was a young doctor from New Delhi. He wanted to work in the United Kingdom and obtain an FRCS certificate. His father was a retired civil servant.

If you are an overseas qualified doctor and want to work in the UK, you must pass a registration exam called the PLAB test. Karthick appeared for that examination in London. Though he was bright, he could not pass the exam. He was given a permit to reappear after ten months. Without income and support from his family, he had to live in London for ten months, a mission impossible. He did not like to go back to India as he would never be able to go back to London.

He decided not to accept defeat, find out ways to survive in London and prepare for his next attempt. He went to the library, read many inspiring books and came to the conclusion that nothing was impossible. Without any solid reason, he began to believe that his problem was an opportunity.

He developed a friendship with an Indian working as a postman in London. The postman's cousin was an eCommerce consultant in New Zealand. After a long discussion over the telephone, and an exchange of emails, the consultant told Karthick that it was actually an excellent income opportunity and not a problem.

Anyone appearing for any exam would love to prepare for it by solving as many previous test and practice papers as possible. In the past two years, Karthick had collected 8000 questions from various offline and online sources. He has good knowledge in the field. Would he not be able to create a saleable product from the collection and his knowledge?

Within a week, Karthick hired a web developer in India through his father. He sent copies of all questions and answers to the developer and built a password protected website. Any candidate who paid \$10 a month would be given a password to access the questions.

Karthick knew where to find candidates. After all he was a candidate. Each candidate spent more than \$4000 for the exam, so \$10 a month for this treasure was a grace to all the candidates. He had to bear the harsh realities of life for the first three months. By the end of the third month, he earned \$900. He needed just \$600 to maintain himself.

By the time he passed the PLAB and got a job, he was earning \$2500 a month from his website. His basic pay as a Junior House Officer in a London hospital was around \$1800.

by Ken Gold/Chandrasekaran (from 'Honey, Let's Make Money')

No Title

Everything that comes to us does so for our personal and spiritual growth. So when negatives come, ask what is life trying to teach us, including what negative qualities should we shed, or what positive aspects do we need to develop in our nature. And when positives come, ask what good qualities in ourselves warranted this result, so we can be more conscious of it, and then repeat it, and expand it -- for ourselves and others.

No Title

If you can, try not to pry and ask another about the status of a certain matter. As a result, it is likely the other party - on their own, without prompting - will respond and give a favorable answer about the issue. It is the Life Response power of "Silent Will" in action.

No Title

Serendipity is all around us, constantly occurring, depending only on our interest and ability to consciously observe it.

Reader: Serendipity are the hints of Life to show us that our thoughts and consciousness on the inner is synchronous with the outer happening, it may be a very glimpse of what we are thinking, planning an action etc., at that moment. Hence it may be a sanction from the life for us to proceed accordingly what we are thinking at that moment. Also there could be several subtle variation of it, like the synchronous moments may carry messages, warning, or synonymous thoughts to smile and so forth. Since various factors at play at any time, one must be conscious and through knowledge on Life Response to come to conclusion precisely.

No Title

From a higher perspective one sees that all of the people who caused you the most problems, all the situations that were most difficult, and all the negative traits you harbored within have all served to help you grow as a person and further succeed in life. Nothing - outside Mother - raises the consciousness and one's achievement more than such opposition.

No Title

You are who you are because you have developed in consciousness over a span of multiple births. Now you are here in this life to make a further growth; and in particular areas. Therefore all of the circumstance you encounter, good bad or in-between serve to give new knowledge to your soul, psychic being, your true self, that It is seeking. Thus, if you can identify what those needs are, make the necessary adjustments in consciousness, while offering them to the Divine, the Mother, you will accelerate the fulfillment of your deepest purpose here on earth.

A "Token Project" to Test What Works Inwardly to Attract More Outwardly

We can also keep track of our own life response experiences on any particular project we are involved in, which will help us in our future efforts. Karmayogi calls this creating a "Token Project," which we analyze from various facets of consciousness, including how life is moving from a life response perspective, which can then serve as a kind of standard for all other facets of work and life.

In other words, it's a test project for what works inwardly, so we can easily duplicate those particular inner movements that are working for us now in future, evoking even more dramatic positive results.

No Title

In Mother's Consciousness when you sincerely wish to overcome a particular deficiency in yourself, the wider society will quickly show a propensity to do the same.

Silent Will

If you can, try not to pry and ask another about the status of a certain matter. As a result, it is likely the other party - on their own, without prompting - will respond with a favorable answer about the issue. It is the Life Response power of "Silent Will."

Gratitude for Something In the Future Attracts

Ben had suggested that Jessica try to be grateful for things. The dialogue then ensued:

"What should I be grateful for? Jessica asked Ben. "For becoming a successful auctioneer," Ben told her. "But I have not yet had my first customer!" Jessica said while laughing. However, Ben could understand from her voice that she was really interested in the idea.

"When you offer gratitude for FUTURE customers, the law of gratitude will make life respond by sending customers to you now," Ben told her.

"Really?" Jessica could not yet believe Ben. "Try it now. When you offer gratitude for the past, problems you currently have will dissolve. Likewise, if you offer gratitude for the present, your future will be prosperous! Offer gratitude for the future, the present will be full of opportunities!" Ben explained.

"You are nuts," Jessica assured me. "Yet I want to help you" Ben told her. She smiled, closed her eyes and offered her gratitude to the evolutionary force silently for sending her customers. Kiwis, like Westerners have a wonderful trait. You cannot make them do what they don't want to. However, if they decided to do something, they will do it sincerely even if it is silly and insignificant.

The next day, Ben received an email from Jessica that all her goods had been sold out! However, she still finds it difficult to reconcile the material result with the invisible process!

by Ken Gold/Chandrasekaran (from 'Honey, Let's Make Money')

Consecration Method

(Here is a recent message from a friend I have been guiding)

"Happy New Year Mr. Posner! I have been using the consecration method daily when communicating with the Spiritual Force. The answers I need come to me in the most amazing ways. My faith in this force grows stronger as well.

Changes in my life have been taking place easily and effortlessly by learning to stay out of the way.

Thank you for your constant encouragement and please let me know if you will have new materials coming out. "

Namaste.

D

No Title

In Silence we meet and experience who we really are; our True Self and being. And from there we are able to perceive the world as it truly is.

No Title

Even things that seem hopeless and undoable are reenergized and reborn through Consecration method.

Mother Comments on Her Transformation:

"I have noticed that in this body's life, I've never had the same experience twice – I may have the same type of experience to a higher degree or to a much vaster degree, but never identically the same. And I don't retain the experience: I am constantly, constantly (gesture forward), constantly forging ahead; you know, the work of transformation of the consciousness is so rapid, it must be done so fast that you don't have time to enjoy or dwell upon an experience or draw long-lasting satisfaction from it, it's impossible. It comes powerfully, very powerfully, it changes everything, then something else comes.

It's the same thing with the transformation of the cells [Her physical body]: all kinds of little disorders come, but to the consciousness they are clearly disorders related to the transformation, so you see to that particular point, you want order to be restored; at the same time, something knows full well that the disorder came to make the transition from the ordinary automatic functioning to the conscious functioning under the direct Direction and the

direct Influence of the Supreme. And the body itself knows this (still, it's no fun to have a pain here or a pain there, or this or that being disorganized, but it KNOWS).

And when that point has reached a certain stage of transformation, you move on to another point, then on to another, and on to another again. So nothing is done, no work is definitively done until... everything is ready. So you have to do the same work again, but on a higher or a vaster level, or with more intensity or in greater detail (it depends on the case), until EVERYTHING has been brought to a homogeneous point and is ready in the same way.

According to what I see, it's going as fast as it can go. But it takes a great deal of time. And everything is a question of changing the habit. The whole automatic habit of millennia must be changed into a conscious action, directly guided by the supreme Consciousness."

(from Her 5000 page dialogue - 'Mother's Agenda' - January 22, 1966)

No Title

Our Aspiration is not just our intention to reach our highest possibility, our highest nature, to connect to the Spirit in life, but it is actually the Divine Consciousness in us aspiring to come out.

No Title

The Divine Will in man, i.e. his deepest Aspiration is the secret of the Evolution.

No Title

Sri Aurobindo indicates that the human is an imperfect species. We are therefore transitional beings, which means we are not the final goal of the Evolution. It has to go further.

No Title

We are not here merely to become knowledgeable, successful, fulfilled mental beings, but to become divine beings: to foster the Supramental Evolution here on earth.

No Title

Shift from asking Mother for the things we desire and want, which is essentially Ego strengthening, to asking Her to give us what She wants of us. i.e. "Thy Will, not my will."

No Title

The Evolution is brought about by a "reversal of consciousness," which occurs when we shift from the separative Ego state to the Psychic Being within.

Comment: When we are in touch with our psychic being, we feel harmony with others and the world, we feel deep silence and richness, we experience continuous intuitions of knowledge, we feel love and joy on a continuing basis. This furthers our development, as well as the world around us: hence furthers the Evolution.

By practicing Consecration (opening to the Mother and Her Force), Non-Reaction to the intensities around us, Taking the Other Person's Point of view instead of fixating on our own, practicing Self-Givingness instead of selfishness and ego, we move to the Psychic, the Evolving Soul, with all of its divine attributes, and thereby further the Evolution.

Work-Family Balance Evokes Startling Response for Chef

When our lives are in BALANCE, we can experience not only peak levels of success, but a deep, rich inner life of fulfillment. When it is not, life for us becomes fragmented and we can enter a period of slow or rapid decline. And yet if we shift from this state of disharmony, disequilibrium to its opposite, not only will we experience its wonderful benefits, such as better relations with others but we can evoke a powerful response from life. For example, if you shift away from obsession with your work life, at the expense of your family life, to a balance between the two, life will tend to quickly present you unexpected good fortune.

In the recent well-received film 'Chef,' the brilliantly skilled chef of a leading Los Angeles restaurant is at odds with the owner. The owner wants him to present the meals that have been successful for a big gathering at the restaurant where the leading food critic in the city is on hand, but the chef wants to offer something daring, as he knows the critic will appreciate it much more. However, the owner has his way, the food critic gives a disastrous review of the chef, and the chef quits in a major huff. And to make things much worse a video of the intense squabble goes viral across the internet.

In the meantime, obsessed with his brilliant work, the chef has ignored his young son, not to mention the fact that he is divorced from the woman who cares for him and his career.

Now that he has quit the restaurant, he decides to "downscale" and run a food truck of Cuban food - a huge comedown from his previous position. Feeling sorry about his son, they join together on a whirlwind tour of the southern part of America with the food truck, serving meals that meet the desires of local crowds in Miami, New Orleans, Austin, and elsewhere. He is now happy in what he is doing, even though he is not expressing himself as creatively as he would as a chef in a high-end, prestigious restaurant.

After the summer tour with his son and helper, the father chef has to tell the little boy that the fun time they had together was over, and they had to part ways, meaning that the chef would resume his work somewhere, and the boy would return to his normal life, including school. The boy reacts very sorrowfully to this development and sends his father an email with an attachment of photos of their amazing journey through the American South.

When the chef views these wonderful moments sent by his son, he is thunderstruck and realizes that he cannot separate and leave his child behind, and therefore they agree to let the boy work with him as an assistant in whatever food endeavor he participates in locally.

We know that when you make a dramatic shift in attitude, life will respond to that effort. And that is exactly what happens in 'Chef.' Just after the chef makes the decision involving his adoring son, the critic who lambasted his mediocre offering at the fancy restaurant, suddenly, out of nowhere walks up to the food truck and tells the chef that his modest food offerings have been marvelous. He then proceeds to inform the chef that he is willing to bankroll a new prestigious restaurant where the chef can cook anything he pleases! The chef is startled, and then overjoyed by this stunning development in his life, as he now has the opportunity to participate in the work position of his dreams!

Because the chef embraced the needs of his young child, he moved his life into a greater balance and harmony. As a result, life responded with the opportunity of a lifetime; fulfilling his career and family dreams all at once. Even his former wife appeared eager to rekindle their relationship.

When you bring your life into balance, whether between work and family, or any set of conflicting aspects, you release energies that align with the greatest possibilities that are able to fulfill your wildest dreams.

No Title

The best way to get rid of a negative trait is to forget it, work on its opposite. Working on the negative trait will energise it, drawing energy from our attention. (Sri Karmayogi)

No Title

To perceive instances of Life Response everywhere, in all situations is Supramental perception.

No Title

Sri Karmayogi is fond of saying that "Education is the Yoga of the Collective."

Reader: Yes. He wrote that Education is the Yoga of the Society.

Comment: Yes, thank you. I believe he said both.

No Title

Perpetual "Thy Will be Done" is spiritual Surrender.

Famous Boy's Life Saved Twice

Then there was the case of an impoverished Scottish farmer whose name was Fleming. He spent his days trying to scratch out a living for his family by working the fields. One day as he toiled, he heard a desperate cry for help emanating from a nearby bog. He then dropped his tools and ran over to that area to see what was the problem. He then discovered a boy up to his waist in black muck, and was still sinking. With the boy screaming and struggling, Fleming was able to free him from the treacherous hole he was in, saving him from what would have been a certain slow death.

The day after this harrowing incident, a carriage pulled up to Fleming's humble home. An elegantly dressed nobleman stepped down and introduced himself as the father of the boy that Fleming had saved. The nobleman then said that he wanted to repay the small farmer for his noble deed of saving his son's life. Fleming however responded that he could not accept payment for what he did, waving off the offer from the nobleman.

At that moment, the farmer's own son came to the door of the family hovel. The nobleman then asked Fleming if the boy was his own son. The farmer proudly told him that indeed he was.

Taking this into consideration, the nobleman made Fleming an interesting offer. He offered to take the boy in and give him a good education. The nobleman told the farmer that if the boy was anything like his father, he would grow up to be a fine man that the father would be proud of. After consideration, Fleming agreed.

As it turned out, farmer Fleming's son would go on to graduate from medical school in London. He would then go on from there to become known throughout the world as Sir Alexander Fleming, the discoverer of Penicillin.

Years later, the nobleman's own son was stricken with pneumonia. Fortunately, that boy would recover, and would do so through the drug Penicillin.

But who was the nobleman, and who was the nobleman's son that avoided pneumonia? The nobleman turned out to be Randolph Churchill. The nobleman's own son turned out to be none other than Winston Churchill.

Winston Churchill thus had been saved by the penicillin that was developed by Fleming's own son, who had been educated by Winston's father in return for having saved Winston's life one time before.

Again, while this is an extraordinary story, we must still ask ourselves why this outcome took place? (Karmayogi)

Reader: Good share Roy!

Comment: Thanks! The episode offers a dramatic example of the Life Response power of sincere, heartfelt GRATITUDE.

Apology as Fountain of Life Response

I have found it almost universally true that when you apologize for your earlier angry, rude, or otherwise untoward behavior toward another, the person who was abused will respond with startling positive information. In other words, a powerful positive Life Response will follow.

Moreover, if you savor the entire episode, recalling the moment of your apology, the unexpected positive response that originally came to you from that exchange will continue to blossom taking on new forms. Eg the person you apologized to and received the positive response from will unexpectedly become your ally in other circumstance; or a new social bond will be created between you that benefits both sides; and so forth.

Thus, that one original moment of contrition -- which is a reversal from negative to a more positive consciousness -- holds within itself a vast power to repeatedly generate positive outcomes. It is a fountain of the miraculous to behold!

No Title

Current aggravation (with computer, family members, work, etc.) is being out of step with the earlier requirements of Life.

Reader: Sir can u explain further

Response: At each moment life demands, requires certain actions or inactions. But we do not heed them, for whatever reason. Now that they were neglected we now find ourselves in the wrong mental and emotional condition. We react with aggravation, frustration, and the like to corresponding situations. Had we responded, acted, or not acted in the right way in terms of the needs of in that earlier period of time, we would now be in the right flow. But we didn't, and as a result we are at odds with the current conditions, which we react to.

Eg a woman had opportunities to fix her faulty computer, but instead ignores it. Now the game on her computer isn't working correctly and she is in anguish. Had she done the right thing earlier, she would have been in the right flow of life. But she didn't, was out of step with the demands and requirements of Life in that moment, and now she is in anguish when she faces new consequences in the form of the once-more faulty operation of her computer.

Other examples:

-Likewise, if a mother had earlier given the child the right attention over recent period of time, she would not be bothered by the child's current aggressive negative behavior.

-A student gives an instructor a poor rating but it could have been avoided if the teacher had completed some of the advanced lessons in the training materials, and thereby presented his knowledge with greater clarity.

-The nations has low rates of income, frustrating the people. But had they heeded to the advice of garnering higher skills in the New Economy that could have avoided the current anguish and frustration.

In sum we could say that current Aggravation is a product of our past Ignorance; not having the necessary knowledge and right attitude to act in the right way in an earlier place and time. It can be in small and great matters of concern.

Taking Responsibility in Our Romantic (or any other type) Relationships

Many people believe that their relationship would be vastly improved if only their partner would listen to reason, do what they say, eliminate the behaviors they find objectionable and be as sincere to the relationship as they are.

The first rule for progress in human relationships may be the hardest for many to accept, but it is the single most important principle for rising in the scale of romance. It states that we have the power to improve our relationship only when we realize that we and we alone are responsible for making it better.

This rule seems to contradict that obvious truth that in any relationship both parties contribute to the problems that arise between partners and to the solution to those problems.

This principle is based on a profound truth of life. We acquire power of mastery in our lives only when we realize that we are the determinant of our own lives and not any circumstance or other person.

Taking responsibility means to stop blaming your partner, family, friends, fate or misfortune for the difficulties you encounter in the relationship. (from romanceEternal.org)

No Title

Marriage is a social institution only. No one is obliged to it. We can do whatever we want in these matters, no matter the influences, demands of others, society. Only Love is truly real, though there can be real Love in marriage.

No Title

Forgiving others for what they have done to us can be helpful, but is a limited truth. It puts the onus on the other party. On the other hand, taking Responsibility for what others did to

us, seeing our hand in it, and learning from our limitation of consciousness that helped precipitate it is a higher view. It is a growth one can royally benefit from.

Reader: whoa.... for some reason this whacks me upside the head like a stick! This is extremely profound, Roy, and ... well... I think this is a meditation in itself for me to ponder and think on for a while. It's a wonderful, wonderful insight. I suspect that if I should be able to fully absorb this truth, I shall feel a true release!

No Title

Overmind expresses as individual rays of spiritual Truth, but each ray is not in harmony with the others (just like the Gods). In Supermind, the plane above it, each Truth of existence expresses as an individual ray, yet each one is in unity with all others rays. Hence Supermind is Unity consciousness. And we access that integral truth Knowledge and Power through Mother, through individual acts of Consecration.

Example: In 'Pride and Prejudice' Eliza Bennett sees the world from her view. She has various knowledge and understanding; particularly expressed through her sense of individuality and self. It is her ray of truth. Likewise, Jane, her sister, sees the world from her view, and has her comprehension, including her desire to always do the right thing, be good, etc. That is her ray of truth. And yet they do not see the world clearly from the other person's perspective.

However, Jane Austen the author, perceives ALL views, as she is the creator of the story; including how each view integrates with all others in a kind of unity and oneness.

Thus the sisters can be said to be Overmental within their perspective; while Jane Austen is Supramental.

No Title

One of the best indicators you are growing in consciousness is that you are continuously casting aside Ego movements when they arise.

Exponential Power of Consecration

When you fully consecrate an upcoming meeting of a new opportunity, the scale of possibility tends to increase exponentially.

For example, when you first meet with a restaurant owner to sell them your services, you discover that the outlet is but one of a hundred in a chain. That is the life response power of opening to Mother and Her Force. She vastly broadens the scope.

Risking All in Life for Sake of Discovery

Those who are dedicated to changing the world at all costs will travel the world to make it happen; will risk any risk; and in the end uncover realities that change the course of their times and beyond.

We see this beautifully portrayed in the recent film 'The Physician,' about a young Englishman who in the 11th century travels to the other side of the world to Persia to discover the greatest physician on earth, when in reality it is he the young man who makes the greatest discovery about the makeup and functioning of the physical organs of the human body. Interestingly, it will be his mystical power that drives him to seek and discover that infinitely practical reality, and in the process overcome the superstitions of the world.

Turning Around Our Limitation of Consciousness

We each have several central negative qualities in our nature. If we can identify one or more, and consciously turn it around, our lives can quickly move to the next level of success and fulfillment.

On the other hand, persisting in these negative qualities -- which mostly reside in our Attitudes -- will cause us to repeatedly fall down, suffer, and fail.

No Title

We are at one of those Hours of God, when the old bases get shaken, and there is a great confusion; but it is a wonderful opportunity for those who want to leap forward, the possibility of progress is exceptional. (The Mother, from Agenda, April 1, 1971)

Sudden Memory as Predecessor of Car's Return

There are astonishing moments when we suddenly think of something for no particular reason, and then several moments later something very dramatic and unexpected occurs that precisely mirrors our original thought. It is another variation of what we call a "predecessor indicator" of what is to come.

A man and woman were having a conversation about the correct use of grammar in articles, film, etc. The man suddenly had a memory of something that occurred nearly a decade ago. He recalled being in his car in a parking lot about to meet with the police department of a suburban client for which he hoped to do some project management training. As he recalled sitting in that car, he remembered that on the radio was a discussion of what constitutes a well written article. He had listened intently to the discussion.

His mind then returned to the here and now. He turned to his friend and told her that he could not understand why in the world he suddenly thought of this obscure moment many years ago, aside from the grammar connection. He never remembered that moment from the day till that moment, yet suddenly thought of it in a flash. It was like recalling a long-forgotten dream from many years ago.

The man then got up and looked through his window and noticed that there was an car parked in the common area that he did not recognize. But then when he looked closer he thought it was the car that had been stolen from his neighbor. Suddenly the neighbor knocked on the door to inform me that the police had indeed found the stolen car and here it was! He was thrilled to no end; and I was happy for him too!

The recollection of the past event and the current situation were directly related, although our normal view is to see no correlation. In this case, the flash of a memory from the past regarding sitting in a car in front of the police offices was synchronous with the stolen car's imminent return by the police. In other words, the spontaneous memory was a predecessor to the coming car incident.

No Title

Sri Karmayogi tells is that every event and circumstance in our lives is preceded by such an indicator. AND there are absolutely no exceptions to this rule!

Comment: Here's another recent example: Over the course of months I had been training officials who run the large jail system for the 3 million person county nearby. All of these sessions revealed a palpable tension between the attendees of the courses and upper management who were not there. In essence, though the attendees were happy to be at the training and learn new features for their program, they were troubled by the fact that upper management set up the system in the wrong way, making it difficult for them to move things further.

Well now it turns out that there has been a jailbreak of three very dangerous criminals from that very large jail, which has riveted the entire USA as they try to apprehend them.

Once again we see the predecessor-successor dynamic, in that the internal tension expressed in the class was an indicator of the later escape.

(It is also true when there is internal disharmony it can lead to such results, though the direct correlation here is not certain. What is true is that the internal discord was a Predecessor Indicator of the future problem.

And let us keep in mind that we too can see this dynamic in every important circumstance in our lives if we choose to consciously explore it. It is truly a wonder to behold!)

No Title

If we sincerely try to perfect our own work – through greater effort, deeper values, higher attitudes, new insights derived, comprehensive organization, striving for perfection in all details, etc., then life will quickly respond with good fortune in this area or others we hold dear.

No Title

Negatives occur in our lives because we haven't learned to improve things through the positive.

'Non-Reaction' Method in Car Incident Attracts

Not reacting to the intensive expressions of another almost always attract an immediate positive response.

For example, a man wanted to clean the stain on the backseat of his car and his friend immediately stopped him because he was using something she thought was abrasive. She expressed herself with a kind of anguish. However, the man did not react to her intensity, remaining still. A minute later, she volunteered to clean the stain all by herself through another technique.

His stillness and non-reaction to her intense response very soon attracted her volunteering to do the work herself, relieving him of the effort.

Conscious Eating

To eat with higher consciousness-

- consecrate the activity beforehand (offering to Divine)
- avoid viewing your phone, tv, and other distractions
- focus on and savor the food; enjoy each mouthful
- be in the moment of eating; not in past or future concerns
- be as silent as possible in speech, emotion, and thought

Your meal is then likely to become a fresh, peaceful, even exhilarating experience.

No Title

Technology is on the physical surface, whereas Wisdom is in the depths. We are normally more enamored with the former than the latter, especially in the West. Yet, this is the reversal of consciousness the Evolution seeks.

No Title

For the true practitioner of Sri Aurobindo's Integral Yoga - admittedly there are very few – only constant Consecration is required. (i.e. opening to the Mother and Her Supramental Force.) There is really nothing else to do. As a result, the universe comes to that individual as necessary, and all her Aspirations for the world and those she is involved with tend to come true.

No Title

If sincere, focused Consecration doesn't bring the immediately desired result, then a more important longer-term lesson is being revealed.

Power of Past Consecration

Many believe that if you have made a grave error from the past that is still having a dire influence on you now, you will not have a chance to overcome it. That the past is now sealed; that fate cannot be altered; that even God does not have that power to change it.

However, if you have made a grave error or done something negative that is having long-term affect, i.e. still affecting you now, you can practice "Past Consecration" which will have the power to overcome the negative influences on your present condition from the past.

Eg suppose you made wrong financial arrangements that caused you to go into great debt. It is dearly affecting your present life. Now you recognize your mistaken attitudes of incessant borrowing from the past, feel genuine contrition for it, and offer it to the Mother, you are likely to see a powerful positive response, such as an offer for a new work that pays four times what you are now earning, enabling you to pay back much of the debt in a timely manner. Or you will suddenly come upon a government sponsored debt repayment plan that is a compromise from all parties. Etc. etc.

Past Consecration thus overcomes the negative influences of the past on your present condition. Over the years, we have seen a number of examples of this dynamic in our Life Response research. How then can you apply it in your own life?

Dissolving Problems through Mother

Ordinarily to solve a nagging problem through the Spirit one opens to the Mother (consecration), but one also identifies the corresponding limiting quality in our being (attitude, habit belief, behavior, etc.) that precipitated the difficulty in the first place and then reverse it. In tandem, life will respond immediately, giving relief.

In addition, to gain the full measure of the response, one also needs to periodically revisit the limiting quality to see that it has not arisen again in our nature, blocking the further action of the Force. Thus, Consecration + overcoming the Corresponding Limitation on an Ongoing Basis melts away the problem, now and forever.

No Title

Sri Aurobindo had realized the Mind of God, Supermind, and was explaining, intuitivizing, and inwardly acting through that integral Truth Knowledge. From that poise He was able to convey all aspects of the omnipresent Reality

No Title

By itself I have but a wavering faith in Life; for Nature is relentlessly shifting directions, up and down, positive and negative. However, through Mother I have a fuller Faith in Life, as the result is almost universally positive, and where the scope for that spiritual Trust is unlimited.

No Title

Ordinarily Man tries to solve his problems through his capacities, not Mother. He comes to the Divine or Mother only when the problems are intense. And yet we can learn to have full reliance on Her in all aspects of our lives in an ongoing basis, which means fewer problems will arise in the first place, and the movement forward toward success will accelerate.

Evaluating Mother's Response (and Non-Response)

Mother answers most of our calls to Her, but sometimes we do not see the response. Why not? Here are several reasons:

- She wants us to identify and overcome a limiting attitude, habit, belief; and only then she moves into action
 - She responds in a different area than we expected, whether as material result or as an idea presented for improvement
 - She is waiting for the right time, and the call is fulfilled later on
 - What we ask for is not helpful for our consciousness and growth and She withholds response
 - The call is too shallow, without intensity and depth. Our Faith is too flimsy or brittle
- Other?

We can learn to be observant of the results (or non-results) that come from our prayer, call, consecrated act, etc. to Her. Then life becomes a matter of putting the puzzle of Her together in our lives, to enable ultimate possibility.

From Capitalism to What(?) On Road to New Society

Fifty years ago Mother said communism and capitalism were coming to an end. A few years after she made the remark to Satprem in Agenda it occurred in Russia. Now Capitalism is showing serious signs of cracking and its time may be up as well, replaced by a socialistic capitalism or a human-centered economics or what? With wealth concentrated in the hands of a few and economic insecurity everywhere, the old foundations are cracking, making way for a new order, in whatever form that comes. The extremism of the recent American presidential campaigns indicate the change has come to the heart of Capitalism. The financial crisis (Great Recession) revealed all of the weaknesses in the system.

And yet we should remember that this change is all for the good; to enable further evolution of the society on the way to greater harmony in the world and an increasing likelihoods of a Spirit-based life on earth.

No Title

With Nuclear Weapons still out there in abundance, Evil lurks all around us, ready to be deployed.

No Title

In ordinary life, making a request of another is necessary to get things done. In spiritual life NOT making the request, withholding communication of it gets the thing done, and more so. The latter approach builds up powerful subtle energies within that attract what is necessary on the outside. Consecration can then add enormous power and certainty to this dynamic.

Equanimity Power

As soon as you accept a difficult situation with good cheer, it immediately gets reversed. Example: A man was asked to begin a class very early in the morning. It seemed to be asking too much. Yet he reacted positively in all respects. A moment later, the class was scheduled by the client with a much more moderate starting time. It was the life response result of practicing calm and equality of being in a difficult situation. It is what we normally mean by the term "Equanimity," but with a positive "Life Response" twist!

Overcoming Scarce Money Resource Through Consecration

To solve a problem, the divine Mother makes use of every last bit of an existing resource, including those items you had long forgotten.

Example: A man did not know how he was going to pay for a big rent payment. He clearly did not have enough funds. He then Consecrated the issue deeply and intensely, as did a friend. Soon he came to realize that over the last number of months he had consistently overpaid on his rent. As a result, he now only had to pay a lesser amount, since he had overpaid before. Through his realization, Mother had reminded him of this fact, when in his mind it was long forgotten. There was still plenty of the resource (money), except it resided in the past, which could now be used when he had been short in the present. She helped him make use of it, enabling him to pass through the ordeal.

No Title

A true socialism is where the government employs all the people; which is probably not what we want. However, emerging socialistic and human values tied to an evolving democratic and just economic system would indeed be a progress, and seems to be where we are headed.

Attracting the Negation of the Negative You Attracted

If an outer problem suddenly appears, think of any immediate lower consciousness attitude or action on your part that might have precipitated it. If you identify it, while simultaneously feeling a degree of contrition, the problem will instantaneously go away.

For example, a man started acting silly in the presence of his friend. Immediately thereafter his Internet connections stopped working. Perceiving the relationship between the two, and feeling contrition for being the cause, the connection suddenly came back on.

No Title

Rely on nothing but Mother, and you will quickly zoom to the top in your field and career.

Goodwill Attracts New Female CEO

Goodwill towards someone or some party will always evoke good or great fortune; sooner or later; but almost always without fail.

A woman with a very prestigious background in corporate America was now part of a small startup with great ambitions. An outside consultant played an important role in bringing her to the group several months earlier.

While meeting with the principles, the consultant was once again impressed with the woman's considerable management insight, culled from years of heading one of the most influential CEO support organizations in the world, among her other great achievements.

The consultant later told another member of the startup group that she was a treasure and could provide deep insight into the company, helping lead it to great success.

At the time the woman was just one of the five investment partners. However, a few days later that same partner friend mentioned earlier informed the consultant that the woman had now been made CEO of the new startup! The consultant was truly astonished by this new development, although it completely made sense given her God-given talents. Still, he did not expect this turn of events.

However, when the consultant thought about the matter some more, he realized that her ascendancy was due in part to his Goodwill toward the woman; being impressed with her insights, demeanor, and overall capacity to lead, and how she would be of great benefit to this fledgling startup. As a result, life responded with her ascendancy to the top of the organization.

The consultant had long known that Goodwill sooner or later attracts good or great positive results for the recipient; which is exactly what took place on this occasion.

Maximum Use of Space-Time in the Process of Creation

Through a Still mind which generates Intuitions of knowledge without thought, you develop great wherewithal to make right decisions that make the most efficient use of Space and Time.

Eg let's say you are preparing your breakfast. There are many tasks involved for the different aspects. There is a Time element as well as a Space element. The order in which it is executed is key, as it creates the greatest efficiency in getting it all done. Therefore, if the mind is calm, still, not preoccupied, filled with the thought, it is now far more open to rays of knowledge coming in, where at each point one is being "told" what to do; in the right order that best makes maximum use of space and time.

In supramental consciousness this goes further, as one perceives the entire undertaking as well as the individual steps involved in a kind of revelation without thought. Moreover, when you execute it in Supermind, - the plane of pure Truth consciousness; where the Mother and Her Force reside - life RESPONDS as well. Now one not only overcomes limits of space and time, but new, unthought of possibilities and insights present themselves, emerging from out of Nowhere.

Furthermore, if you now observe this unfolding carefully, you can perceive the process of accomplishment at work in in your task, emulating the Process of Creation in which a universe

of infinite forms emerged from a Divine Source. through the plane of Supermind. Now in the smallest act you have learned to overcome limits of space and time as you collaborate with the Mind of God.

No Title

Relying on yourself, which is Individuality, is greater than relying on others, especially their sameness of opinion and herd view. However, relying on Mother is far greater than relying on our self, on our capacities, as it includes the Individual, Universal, and Transcendent "capacities" combined and integrated in one. It enables, creates ultimate possibility, effectivity, and results in life.

No Title

Karmayogi says that Sri Aurobindo's 'The Life Divine' is the horoscope for the universe; for all of humanity; for all that is to come.

Tomorrow's Influences in the World

The Tech culture I have been part of the last three decades has been the next step and direct descendants of the counter culture of the hippy 60s and 70s, along with environmentalism and scattered new age movement. I believe India will be key to driving the next stages, at practical and spiritual levels. Science will also play its role, as will entertainment, new forms of education, new economics, as well as deeper thinking and understandings of life from a variety of sources and disciplines.

No Title

While it is true that the society will tend to be unresponsive or even crush those who are without, it is also true that many who are without are ignorant of the inner and outer means to move out of their oppressive situation.

No Title

Unconscious people tend to blame everybody else for their problems except themselves. They just don't see their hand in things, which is their essential ignorance.

No Title

Now that the first Black individual has been in office in the US White House, then next perhaps it is time for the first Jew; or first Latino. Or is it time for the first woman? Or something else. Who can see into the eyes of Fate, of Nature's desire, progression, and evolution in the world, currently led by USA.

No Title

By virulently condemning a man, you reinforce his tendencies to say and do the wrong things. On the other hand, through your strength of being, through your goodness, and right action, tolerance, and openness, through your silence in words and expression, the man in the wrong will come to see the errors of his ways, and one-day make the necessary reversal of consciousness.

Example: In Les Miserables by Victor Hugo, a priest has a deep impact on the young Jean Valjean, even though at the outset Valjean is a mere husk of a man; a physical person without great self-control. However, the priest does not condemn him; even sees the good in him. Valjean then goes on to become a great man, always remembering the priest as a shining example of goodness and right behavior.

No Title

Are we deferring to, opening to Mother in each activity we engage in order to attract ultimate results, or are we satisfied with mediocre outcomes through non-consecrated action?

Reader: An in-between is...are we allowing our consecration to be hijacked by self-interest and expectation and thus getting mixed results?

Response: Very good point. Pure consecration requires an extra level of self-control and vigilance - removing personal expectation, demand, ego, etc. It is a shift, focus, reliance, faith in "Thy (Her) Will" instead of my will. On the other hand, I know of very few people who consecrate on a regular basis - pure or mixed - to begin with!

No Title

Sri Aurobindo indicated that as long as you belong to the religious tradition you cannot tread the path of the Integral Yoga.

No Title

The purpose of hourly consecration is not merely to remember something on the hour; but to consecrate and remember the Divine. To connect with Mother, and give ourselves to Her. That will produce the greatest result.

No Title

The principle and functioning behind the phenomenon of Life Response is Inner-Outer Correspondence.

No Title

All that comes to you on its own is necessary for you to know.

No Title

When you don't consecrate an upcoming activity, like a meeting, the chance of one's Ego rising before and during the interaction is greatly increased

No Title

Consecrating one's home to the divine Mother brings greatness to the people who live and visit there.

No Title

There are times where you will be required by Life to summon the courage to take the first step on a new path, which can open the door to the next phase of your existence.

No Title

When you bravely, intentionally, intelligently take a step into a new, unexplored area, the whole world can suddenly open up.

Reader: This happened to me last November and is still happening

Response: Martyn, I am very glad you have had this sort of experience. It's a joy and wonder to behold! We have seen that even the smallest effort to step into a new domain, -- especially where one is reluctant, afraid, intimidated, et al -- can suddenly open up vast new opportunities. I just had that very experience, which precipitated these comments.

No Title

Top of the hour Hourly Consecration reminder lets you know if you have maintained or lost touch with the Big Picture.

No Title

Mind providing the right insight is a fine thing, even as Mind emptying itself of thought becoming Silence is a sign of Spiritual Growth.

No Title

Pain is a preparation for new-found discovery of Joy in life.

No Title

Life is constantly asking us to do the right thing. If we are sensitive enough to know what that is and take the corresponding right action, life will not only provide the obvious benefit that comes from that effort, but will also bring us unexpected positive conditions that fulfill one or more of our secret aspirations.

No Title

If your day is going poorly and you consecrate the situation -- having faith in Her and the outcome -- everything will soon turn around.

No Title

In most cases, charity for the underprivileged perpetuates their condition.

Reader: Interesting Roy. How can we attempt to help them as an alternative?

Response: First of all I should mention that in addition to not really helping the receiver and keeping them in their lowly place, charity also tends to make the recipient resentful toward the benefactor, that they have borrowed and owe; that they are somehow beholding to them. Charity also tends to puff up the benefactor, as he often gives charity in order to make himself feel good, out of an ego sense, instead of a true munificence and care.

What then is an alternative? We can help through collaboration, instead of charity. E.g. government, private sector and the general public can work together to get at the root and solve issues of poverty, unemployment, low wages, skewed income, lack of education, etc. A sincere desire to do so is key, as a willingness to work together harmoniously to make that happen. This instead of wrong ideologies of giving charity by one party, and not caring about doing anything tangible for the disadvantaged on the other. We have to give up our limited ideological and part view for something collaborative, where we sincerely and intensely work together to resolve problems, freed from ideology, open to all perspectives.

From an even higher, spiritual view we can find the corresponding limitation in our being to the outer social problem, overcome it, which will reflect in changes and improvements in society. E.g. if we see too much poverty in the world, and we are poor, then we must discover the ways for us to become more prosperous, which will thereafter evoke a response from the society which can have a similar positive development. This is a proven Life Response phenomenon.

Moreover, just like the society pulls in all direction, instead of sincerely and harmoniously to resolve problems, we can integrate the parts of our being that are not in harmony -- e.g. an intention to achieve a thing in one direction, but a wrong attitude in another -- and change ourselves, which will not only evoke positive response in our own lives, but can also ripple out in the world with corresponding positive change in society. In other words, to change the world, change ourselves. It really does work!

No Title

Mother, when evoked, always brings the fresh and new and the Unexpected.

No Title

Knowledge without thinking is a spiritual goal.

No Title

Doing what you need to do causes the universe to do what it needs to do for you. This is Life Response.

Supermind Knows at the Outset the Right Path Among All Paths

In our daily routines there are a wide variety of paths to take at any moment in time. Each starting point is a path that leads to other connections, which then branch out and connect to other connections still. Our days and its moments proceed along this line.

In Supermind - accessed through consecration to the Mother - we know exactly the RIGHT original path to take that leads to perfect outcomes. It knows at the outset the best path that leads to optimal branching of people and circumstance.

It comprehends this unfolding before it actually happens, as it has power to know past, present, and future it holds in Its consciousness. Thus, through Mother we are, from the beginning, set on the right path from among a grid of endless possibilities; in an ever-shifting environment, going out in all directions, projecting us on the right road of the miraculous.

Example: A driver we know of was picking up passengers, taking them to destinations for a fee. When he consecrated the activity at the outset, he immediately got a call to pick up a certain passenger, which turned out to be a fine fare. When he then dropped that person off, he received another request for someone in that vicinity who needed a ride to a location that produced better income still. It continued this way for several iterations of rides that followed.

Because the driver consecrated, the Force knew the future optimal path among the possibilities that would produce the best results. The Force saw all paths and possibilities in the future, and chose just the right starting point for the ecstatic driver.

Parallelism: Simultaneous Unfolding of the Same Subject from Unrelated Sources

One startling phenomenon of life is that a new interesting perception or interest we have will be simultaneously mirrored throughout the world in different ways, even if there were no or little interest in the matter for days, week, months, and years on end; where there was no communication among the parties, nor any common source of knowledge to draw from.

Eg you start watching a documentary on the history of Math and on the same day you are invited to a seminar on the subject of Mind where the speaker is a mathematician. You had not thought of the subject of math in months, but here were two instances of it spontaneously coming at exactly the same time. Moreover, if we were to examine the newspapers and other media sources, we would see a confluence on sudden interest in that matter on that same day.

It is a spontaneous confluence of the same thing, also known as "parallelism." It is but one fascinating indication of the subtle ways life is organized, that is just beyond our normal perceptions of reality.

No Title

A silly, unnecessary reference to a vulgar matter can quickly attract negative conditions.

No Title

Hold onto the very best of your heritage, but shed the worst. It is your unbiased intuition which will know the difference.

No Title

When a moment of pure pleasure arises, such as a feeling of serenity inside or seeing the sunlight sparkling diamond-like on the sea, think of Mother. Now observe and bathe in the ecstasy of the moment.

In honor of Mother's birthday - February 21

"If Sri Aurobindo is an ocean of peace, Mother is an eternal spring of sweetness. But She loves to call Herself a Force in action endeavouring to evolve the next species.

Sri Aurobindo succeeded in bringing the Supramental golden light into his very physical body in 1950. All his life he was working for this Force to come down on earth to abolish suffering and death and evolve the first member of the next species.

Mother offers to all those who sincerely aspire a touch of this Force if they come forward to give an opening to the Divine Touch.

She assures us of the Presence of the Force that descended in 1956 and invites us to take a leap forward in the evolutionary march."

(from Forward to the book 'The Life and Teachings of Sri Aurobindo and the Mother' by Karmayogi)

No Title

It's not how much time you put in a work, but the speed in which results come; by which it is fully accomplished. "Life Response" results arrive speedily, even instantaneously, couched in perfect execution. On the other hand, ordinary life creates ordinary results, and is thus burdened by time.

Comment: Consecration, aspiration, intention, right attitudes, high values, perfect skills, deep knowledge, multi-faceted organization, full effort, patience, etc. enables Speed of perfect execution expressing through extraordinary Life Response results.

Reader: It can't be rushed at a pace that sacrifices quality either.

Response: Yes. Patience brings speed of result. By speed here I don't mean speed of execution, but speed of results. Right execution (through consecration and all) brings results very rapidly. smile emoticon

Taking Responsibility for Your Life

You are responsible for your life. If you're sitting around waiting on somebody to save you, to fix you, to even help you, you are wasting your time. Only you have the power to move your life forward. (Oprah Winfrey)

Synchronized Events

"Events that synchronize are revealing." (Sri Karmayogi)

Comment: They are revealing because they indicate such things as-

- the subtle relationship between the events
- the deeper association of the parties (that the surface view misses)
- the alignment in consciousness between things
- the profound ways life is organized
- the positive or negative circumstance at work
- what to do or not to do in future
- one's areas of focus and interest that helped bring it about
- one's development in consciousness that precipitated it
- other?

No Title

Try to avoid making demands of others. Instead, wherever you can, serve as a model of that quality. In other words, lead by example. It can have a far greater long-term, positive impact.

No Title

There is a Conscious Intention behind what looks like Chance. It is Divine in origin and nature.

RK: Mostly it is show the Origin and think of the Origin.

No Title

History reveals that two men saved the world - Churchill and then Gorbachev. Sri Aurobindo and Mother were actively behind both in consciousness, supporting and providing enormous subtle power to their vast achievements.

No Title

Often when a great boon, opportunity, et al comes to a person who rejects it, is oblivious to it, etc, it tends to quickly go to someone else; often to someone nearby, or even back to the giver.

No Title

It is a basic law of life that seeking help from a person with ill will always backfires on the one who seeks that help. (MSS)

Comment: Eg money given by parents to a son in order to support his business, but who are soon upset the child is not remaining in the parents' town, will quickly see those funds consumed by unfavorable circumstance.

What Determines Outcomes for Interacting Individuals

It is not just the conscious intention of the people involved in a situation that matters, but much more the sum of the forces of Life that are subconsciously active. And these forces are not entirely separate from the individuals involved's conscious intentions, but rather also include their subconscious urges.

Thus the result at each moment depends on the accumulated force of intention in ALL the participants. I.e. how things turn out, how Life unfolds, -- whether in one's interest or the opposite, whether positive or negative, -- depend on these cumulative energies at any moment in time, not just one's own consciousness and force. (paraphrase of MSS)

No Title

Ultimately it is the strength and purity of one's aspiration that determines the end result. (MSS)

RK: Yes, practically I am seeing Aspiration without courage and strength is useless and remains as fantasy.

No Title

One subtle principles of Life is that all events which occur at the same time or at same place are related to one another in consciousness, even if they appear to have no obvious association. Often the relationship is in the form of a correspondence between the events, a mirror image, a similarity, or even a reverse expression of the same type of situation.

E.g. several individuals are discussing the idea of business values because one individual has come to visit and learn about such things, and in the midst of it, completely from out of the blue, an associate calls, who on further thought is recalled to be one of the pioneers in educating the public about such values. (paraphrase of MSS)

No Title

Since Mother knows your future, She is able to adjust the present when you Consecrate circumstance.

No Title

People react to those who are outraged, believing that their current cause or purpose is flawed or misguided. And they are often from one perspective right. However, it is the deeper

underlying issues that the public has long forgotten that is the real source of the outraged's affliction, and that is fully justified.

Comment: A good example are terrorists. Their cause is crude and misguided. However, their underlying sense of past abuse by the West, which even they are not fully aware of, is fully justified. Our past hypocritical diplomacy for a hundred years is the foundation of their deep resentment. They just express it in the crudest of methods, bordering on evil. We therefore need to admit our abuse in order to help assuage their hate.

Other examples: the fierceness and fanaticism of Russian and French Revolution revolutionaries, rise of Nazism in light of WWI overly abusive sanctions put on them, Blacks taking to rioting in 60s and beyond burning stores, etc.

The Supramental Manifestation

Today is the anniversary of perhaps the most important moment in the history of the world, when the supramental Force descended on earth on February 29, 1956. On this day Mother envisioned a golden hammer breaking through a golden door allowing the supramental light, power, force to descend on earth. It is perhaps the reason why every time we consecrate, open to Mother, the Force moves to create perfect outcomes in our lives.

'Lord, Thou hast willed and I execute:

A new light breaks upon the earth,

A new world is born.

The things that were promised are fulfilled'. (the Mother)

Comment: Why was the Force ready to descend in 1956? It was because Sri Aurobindo worked on that possibility from the ethereal realms after He left in 1950. That was why He left.

No Title

The descended Supramental Force is the power we now have in our midst to evolve ourselves into the New Supramental Species beyond our current human makeup, ushering in a new Supramental-based Divine Life on Earth.

Consecration vs. Prayer

Sincerity, opening, receptivity, and consecration are the methods Sri Aurobindo advocates. When we pray, we ask for a specific thing. Having applied for a job, I naturally seek selection. Consecration differs from prayer in that we come forward to accept whatever the Divine grants. The Divine may grant something else or more or less. The capacity to accept what the Divine offers leads to spiritual progress. (Sri Karmayogi)

No Title

A working theory: Because the peoples and nations of the world do not show the urge to cooperate and collaborate to solve pressing issues facing society, negative forces like Trump and others arise to force the world in that direction. They are Life's negative compulsions to push the world forward when there is a great Evolutionary Positive Power secretly seeking to express Itself.

Westerner vs Indian

Sri Karmayogi says the Westerner is quite developed in Character and Personality, while the Indian is very dull there. On the other hand, he indicates that Light is there in the body of the Indian, while there is darkness in the body of the Westerner.

Notes:

By Character he means an identifiable, definitive, formed human nature. A kind of distinctness of being. By Personality he means a more developed character, with a truer sense of Individuality.

The spiritual experiences of the ancient Rishis and such is inherited by Indians through their bodies. Thus there is Light there. Westerners have no such spiritual inheritance; only surface, material, scientific, technological, mental qualities. Thus an acute absence of Light; a Darkness.

The Light of Indians coming to the surface through a developed Character and individuality (Personality) will be an enormous growth of being, enabling them to lead the world forward.

Through their ascent out of poverty to prosperity Indians can come out of their dullness, rising in character and individuality, blending these characteristics, and thereby become a Shining Light, leading the world forward.

No Title

Stop arguing and fighting with one another, and good things will quickly start coming your way.

No Title

When you do those things that you were hesitant to do but are necessary, Life generally follows with a stream of positive developments.

Comment: Eg you are hesitant bring in your car and have a major repair done that is necessary though expensive, even though you have the funds. Now you give in and do what is needed. As a result, not only does the repair go exceedingly well and fast, but when you arrive back at your home a series of unexpected positive developments are taking or have taken place.

By releasing your energies, and giving up hesitancy, fear, and the like attracts corresponding positive developments from the field of life. You have moved into alignment with positive new developments because of your courage and willingness to accept what was necessary to be done.

Adversaries Become Friends

When practicing Non-Reaction, as well as persistently and deeply Consecrating the situation over time, bitter adversaries, such as hostile neighbors miraculously become friends; and do so in the most creative and unexpected ways!

Consequences of Disparaging Others

Avoid saying anything negative about another party, such as your competitor; otherwise you may suffer the Life Response consequences.

A man disparaged a competitor in front of a client. A little while later, the man discovered that he had lost several clients. A little later still, he realized that he had lost them to that very same competitor he disparaged, something he never experienced before! Life responded negatively to his negative attitude.

No Title

Often when extreme disillusionment takes hold in society, intensely negative, reactionary forces are first to gain control. Progressive forces are required to wait their turn.

No Title

Whether you are conscious or unconscious of the fact, Life is continuously responding to your deepest Motive - positively, negatively, or in between.

No Title

For an individual of high consciousness, acts of silliness and goofiness tend to quickly attract negative conditions.

Reader: Sir can you help us with an example

Response: Eg you are walking down the street with friends, and pick up a small branch and put it under your nose as if it were a moustache. Or you are having a conversation and make a nonsensical rhyme. Or you start parodying a person by wild exaggeration behind their back. Or you walk around and make silly noises, or go off on a tangent of wild puns; or otherwise act clownish.

Its might be fine in some instances for the average person -- although even there, discretion is advised -- but for a person of elevated consciousness, it is not wholesome, and will often immediately lead to a negative response from life, -- such as the sudden unexpected arrival of a bill. or the cancellation of an opportunity, or someone else in the area suddenly starting to act obnoxiously or otherwise wildly, disturbing the peace, etc. etc.

No Title

Then there are the situations where the opposite is true. Associates of mine were once training some Scandinavian managers on business management techniques. They were however very stiff, dour, and dull. However, a quick dose of some silliness on their part loosened them up, and the proceedings went swimmingly thereafter!

No Title

When you shift from blaming others or circumstance to understanding your role in creating that negative condition, you have taken a great step toward its higher resolution. Life will rapidly react favorably to that higher consciousness movement.

No Title

The great changes in the world are percolating up from below through new ideas, higher values, and transformative experiences of individuals and groups. The age of great leaders at the top bringing us forward, at least for now, seems to have come to an end.

No Title

The human Individual is increasingly embodying not just the Microcosm, but the Macrocosm as well. I.e. he has a rising power to influence not only his micro surroundings, but the macro circumstance and events in the world. His evolutionary development - including an increasing access to the universal (e.g. Internet) and spiritual dimensions (i.e. the Force) - makes that possible.

No Title

In America the belief in "Individualism;" that government is suffocating and bad, originating in the questionable beliefs of the Pilgrims, is poisoning society. This is in contrast to "Individuality" in which we cherish the capacity of each person to fulfill his potential in his own God-given way. The latter embraces all sectors in society's movement forward.

No Title

The intensity of the aspiration of the people (or lack thereof) that ultimately determines the success (or failure) of each society.

Comment: Leadership is also critical, as it can reflect the quality and intensity of the Aspiration of the people; though politics and its divisive, ideological nature often gets in the way. Visionary leaders, which are very rare, bring out or kindle the Aspiration in the first place. Most of the time the energy and will percolates up from the people, including lower level thinkers, and the main leader, head of government reflects it. Occasionally it occurs the other way around (e.g. Churchill and Gorbachev). When all is in sync in all directions, then there is great social progress.

No Title

When the most depressing situations are turned over to Mother, they become situations of the richest emotions ever enjoyed. (Sri Karmayogi)

No Title

We can see how the Ego has expressed in society down through the ages. At first those most physically strong held sway. Then those of the uncompromising aristocracy and their power were dominant in ego expression. Now it is the super-rich who lord over life through manipulation of lightly regulated computerized financial instruments and other means with little regard for others' conditions in society.

Preventing Major Catastrophes and Problems to Come

When a major man-made catastrophe or any major problem occurs we are likely to identify the cause and thereby lay blame on the right party. That is a natural ability we humans possess. In this instance we are able in the present to place blame based on what has occurred in the past.

But what about other serious problems that have not yet occurred; that could happen in the future. Can we prevent these negative outcomes from taking place?

Well we can use our minds to investigate all known information in regard to a matter, discover the weak points, and thereby make necessary changes that can avoid such problems. This is prevention; also known as being pro-active

However, it is also the case that even if the mind had access to all the knowledge in the world, it cannot know everything that is to come. There are catastrophes and other serious negative outcomes that will happen despite our best efforts to prevent them. It is this apparent unpredictability of existence that is beyond our capacity to control all life's unfoldings.

And yet if we open to higher, spiritual dimensions of mind, -- including Intuition and especially Supramental perception, -- the potential problems of the future will tend to reveal themselves in the present, and we can therefore make the necessary preparation to prevent them. This is the greatest of all mental capacities to control the fate of the future. It is an extraordinary supra-physical and supra-mental ability that humanity is only beginning to realize.

No Title

Evolution is a process by which the infinite separate parts - objects, people, etc. - come to realize that we are all actually related to one another, integrated with one another, unified with one another, yet still somehow maintain our individuality. Evolution is thus a process of overcoming our surface separative identity and instead perceiving and realizing our inherent integral Oneness, while fully expressing our individual uniqueness. (paraphrase of MSS)

No Title

Profound knowledge and wisdom takes on real life when it is experienced practically and dramatically in our lives. That is also a secret to it spreading.

No Title

The contradictions we encounter in life are Nature's way of forcing us out of our fixed mental viewpoints.

Conscious vs Unconscious Life Response

The degree to which we evoke Life Response comes down to our level of ASPIRATION in life. Aspiration being our intention to rise in consciousness. One expression of our Aspiration is our focused awareness and continuous COMMITMENT to evoking these miraculous-like outcomes.

Even if our aspiration stems from merely trying to raise our salary, or to be more of a success, or to improve our family condition, it is justifiable to use the methods of Life Response to raise ourselves up. On the other hand, if our Life Response approach is for the purpose of raising our Consciousness -- to engage in personal and spiritual growth -- that is even better. If we constantly maintain that aspiration to raise our consciousness and use the Life Response methods to make it so, then one will live a life of endless wonder!

The truth however is that most people, including many devotees aren't even at level 1. They go on with their lives, and only AFTER a response comes do they recognize it and appreciate the wonder of the miraculous-like event. They are stimulated for a short while, and then fall back into their ordinary routine. This is Unconscious Life Response; the opposite of Conscious, continuously-evoking Life Response. Here the aspiration is weak or dull; or if it perks up once in a while because of an experienced LR miracle, it then falls back, dominated by the surface consciousness, the Physical influence with its dulling effect, by the commitments and obligations of daily life.

So it all comes down to what we want in life. Do we at least have some Aspiration for personal growth. Moreover, is it sincere; or just a passing thought? If we pass these conditions, are we then ready to take to Life Response in earnest to raise our consciousness - inwardly and outwardly through methods -- like Consecration, greater cleanliness and orderliness, identifying and overcoming a negative attitude, focusing our intention, silent will, non-reaction, taking the other person's viewpoint and all.

Let us then remind ourselves every day that we have a Choice; whether we wish to live conscious lives, and raise our Aspiration to do so, or simply go on just as before.

No Title

Reading about Life Response without experiencing it is like gazing at a menu without tasting the selections. Not very satisfying!

Adversaries Become Friends

When practicing Non-Reaction, as well as persistently and deeply Consecrating the situation over time, bitter adversaries, such as hostile neighbors miraculously become friends; and do so in the most creative and unexpected ways!

Negative Life Response to Silliness

For an individual of high consciousness, acts of silliness and goofiness tend to quickly attract negative conditions.

Further Thoughts:

-For the average person such actions might not have any great consequence, but for a person of high consciousness it's a come down to engage in such actions. Also the higher you rise in consciousness, the more Life compels you to go higher still, including taking to increasingly more dignified behavior. Silliness, goofiness, and the like are not part of that path, unless done to convey a higher purpose. Life will then respond according to the quality of the energies released.

-Silliness Examples: Eg you are walking down the street with friends, and pick up a small branch and put it under your nose as if it were a moustache. Or you are having a conversation and make a nonsensical rhyme. Or you start parodying a person by wild exaggeration behind their back. Or you walk around and make silly noises, or go off on a tangent of wild puns; or otherwise act clownish.

It might be fine in some instances for the average person -- although even there, discretion is advised -- but for a person of elevated consciousness, it is not wholesome, and will often immediately lead to a negative response from life, -- such as the sudden unexpected arrival of a bill. or the cancellation of an opportunity, or someone else in the area suddenly starting to act obnoxiously or otherwise wildly disturbing the peace, etc. etc.

-Then there are the situations where the opposite is true. Associates of mine were once training some Scandinavian managers on business management techniques. They were

however very stiff, dour, and dull. However, a quick dose of some silliness on their part loosened them up, and the proceedings went swimmingly thereafter!

Reader: Thanks Sri Roy, Your message is very pithy and the timing could not be more appropriate for me to hear. The clownish behavior will attract most serious events to bring gravity to the stakes at play. Ken

Response: Very nicely put.

Consequences of Disparaging Others

Avoid saying anything negative about another party, such as your competitor; otherwise you may suffer the Life Response consequences.

A man disparaged a competitor in front of a client. A little while later, the man discovered that he had lost several clients. A little later still, he realized that he had lost them to that very same competitor he disparaged, something he never experienced before! Life responded negatively to his negative attitude.

Fascinating Confluence of Attitudes Episode

Life is constantly revealing subtle yet profound messages, if only we look below the surface. Let me give you a most unusual true-life example:

A man was complaining that the jobs he secured never seemed to last too long; that the effort just wasn't worth it considering the financial benefits.

It turns out that he revealed this fact this to another individual who was at that very moment having the exact opposite experience! That the jobs he was getting were long-lasting and therefore the effort was well worth it. In fact the first man was actually a client of the second man, a very good and lasting one as it turns out, proving his point!

The confluence of the two men in the same place in space and time was Life's way of putting them in proximity so they could learn from the situation. It offered the subtle hint that if the wrong attitude of complaint of the first individual were reversed, he would quickly attract the positive experiences of the second man.

In that way we can learn from every circumstance; as Life is always revealing profound messages.

No Title

When you expand a necessary effort, Life suddenly expands along with it.

Comment: Example: A man had been making a required effort, working a certain number of hours a day. Then he decided to expand that effort by increasing the daily hours. When he did, life immediately responded with dramatic positive developments in his work commensurate with that expansion.

No Title

There are pivotal moments in our life where great change has taken place, and our lives are turned in another direction. It is for these experiences that the psychic being, the evolving soul within has taken birth in us in its quest for complete, integral Realization.

No Title

The Psychic Being - the evolving soul within ourselves - exists for a purpose: to awaken the truth of the Divine in us, and to serve the Divine.

No Title

Shakespeare's perception that progress often emerges through tragedy is no longer the necessary means of change today. It can now happen through Conscious Positive Action. It is likely that this will increasingly be the modus operandi in the emerging New Age. We call it

"Self-Existent" progress – i.e. positive movement forward, without negative bi-products. (Supramental Action and Power that issues from Consecration has this nature.)

No Title

When individuals are intensely thinking of one another, they tend to unintentionally, "coincidentally" meet at common points in space and time.

Comment: Darcy and Eliza unintentionally meeting at the pond at his Pemberley estate in *Pride and Prejudice* is a dramatic example. You can observe it's common occurrence in life, literature, and film.

No Title

When an individual shifts from reluctance to acceptance of what needs to be spent, unexpected funds often arrive out of nowhere, replenishing the coffers. In fact, the amount that comes is often exactly equal to what was spent!

When you shift from an unwilling attitude and instead spend on what is necessary, you are likely to discover one or more unexpected benefits - such as a lower cost than anticipated, a product of higher quality than previously available, and so forth.

No Title

Shifting from Fear, Worry, Uncertainty, and the like to Mother is a central dynamic regularly practiced by devotees.

No Title

Each time you shift from impatience to patience, life quickly responds in your favor.

No Title

Only the supramental consciousness has the integrality of knowledge to overcome the partisan ideology and limits of politics.

Comment: (Supramental knowledge and power - via consecration and long-term connection to Mother -- gives perfect knowledge, answers, remedies to any and all problems in society, while simultaneously manifesting them as real. Politics is almost the opposite: progress through contradiction and division and dispute that is slow and painful; whose results are at best partial, exclusive, and incomplete: not integral and fresh thinking.)

Reader: Yes, Very true. It work beyond good and bad, laws of government, even law of Nature. It contains everything in it. It can see both sides of the coin.

Response: Yes, very true!

No Title

It is ironic that at a time when so many are clamoring for good jobs in the world, revealing a great deficit in employment, more good jobs were created in the last 10 years in China and India and environs - perhaps as many as 1 billion - than any comparable period in the history of the world.

Comment: It is interesting that often the world fails to acknowledge its own progresses; only its deficits. E.g. I have found it ironic that environmentalists are often perpetually cynical and pessimistic, even though they have had many great successes!

Reader: I do agree. And I feel like everything is fragmented. Nothing is connected though they were connected in the system. They only see half of the side of the coin. Otherwise to say they lack Supramental Vision.

No Title

It is interesting that at a time when people are clamoring for jobs, employees are clamoring for workers, since few qualify, not having the skills to fill those jobs. This indicates that in one sense there is not so much a jobs deficit as a Skills Deficit.

Comment: I recall how in the 1990s Bill Clinton and others were practically begging people in the US to upskill so they were ready for the 21st century, but few heeded the call, outside of certain progressive, forward-thinking areas mainly on the coasts. Now people wonder why they are earning so little. It's due in large part because they never skilled up; which remains as one of the causes of their travails today.

Reader: Except the fact they already possess all the necessary skills to fill the gap. Unfortunately, they fail to see it. Still it's prevailing with this present generation even with the developed countries human capital.

No Title

We think we are here to gain more, to be more prosperous, to succeed optimally, et al; but we are really here to become stronger people inside; to shed our negative attitudes and wanting habits; to understand life and our lives in new ways; to develop greater trust and faith in life's unfoldings; to gain inner power over the outer life; to express our highest personal values in all facets of our existence; to give up self-absorption and ego and replace it with harmony and self-givingness; and to discover the spirit within and around us. These are among our true purposes in life - which can be summed up as our "personal and spiritual growth." That is why we are here.

No Title

To do the Integral yoga is to exchange our every-day human personality for a life of Surrender to Mother.

No Title

To open to and lose ourselves in the Transcendence makes for very special moments in our lives.

Reader: Yes Sir, I am seeing that reflection in every event in my day. I have opened myself 10 year before and it responded with beautiful moments which I unable to understand, respond or recognise during that time. Yes, finally time and my patience paid that dividend today and in my everyday events too. What I sowed long before , I am reaping it.

Response: Further thought: My comment above came just as I had looked up into the sky and felt the transcendent Divine there behind our existence. It had occurred several times in a day. What I experienced in these moments is similar to what arrives in an hour of meditation, but now suddenly, all at once. It is to be swept into the "whiteness of the Beyond," to a realm far beyond our own, of profound richness and expansiveness and depth - in pauses, while still actively engaged in the details of life.

Reader: Individual Experiences are limited only to the respective Individual's. Since I haven't become Supramental being now I unable feel it the way you feel it but I am on the way to that horizons. Though I able to understand and Visualize with the narration you have given above, that itself giving me immense pleasure and enjoyment. Each word tells thousand messages, experiences which we usually understood with the pictures conveys thousand words. The word "Whiteness of beyond" , richness, expansiveness means a lot to me and it is Indulging me in the happiness I ever encountered before. Thanks for Sharing your further experience with us sir.

No Title

Integral Consecration of a serious problem is to offer the issue to Mother every time you think of it; which attracts ultimate positive response from life. E.g. people come forward from out of the blue to completely solve your financial problem, eliminating that great burden.

No Title

The culture of our times blinds us to the Great Issues and Dimension of life, yet it is only through our times that those Qualities are realized.

Comment: As it takes billion years to reach this civilization. This Journey definitely will take another several billions year to realise. Supramental force alone can shrink the time and it's dimensions.

Unity in Diversity in the Evolutionary Process

The Involutionary process is the means by which the original Source Being's Oneness is turned into infinite variations of itself (as infinitely variable formations of matter down to the atomic level).

The Evolutionary process is the means by which the original Harmony and Oneness is restored (emerging from life to mind to spirit); or rather the evolutionary process progressively harmonizes and unifies the Involution's Infinite Variations, thereby creating a richer and more dynamic Oneness than the original Source Being's Oneness. (Indicating that a Divine Life on earth would be greater than the original Divine!)

This evolutionary process is magnificently expressed in the great motto of India - "Unity in Diversity," which is actually supramental - an expression of the Truth Consciousness - in nature.

Reader: I am blessed to read your posts. It carries world knowledge in it. Entire universe is working on two principles Involution and Evolution. Your post explained it very elegantly.

Flat Tire Turnaround

A man had just earned a bundle the previous day, but when he took off in his car the next morning, he felt something wrong. He then got out of his vehicle and noticed that his tire had gone flat. A moment later, he discovered a screw in the tire. Suddenly he shifted to dismay, as it would be yet another big expense for his car.

Fortunately, a friend reminded him that he had free roadside assistance as a result of being a paid member of AAA. He then called them up and the roadside assistance truck and driver quickly appeared.

However instead of fixing the flat and having the car towed to a tire dealer, the driver simply filled the tire with air and informed the man that he could now drive the car to a dealer safely for repair. He also told the man that he probably didn't need a new tire at all, and that he also knew of a retail outlet that would fix the flat for under \$10. A moment later still, the roadside assistance driver thought of another outlet and said that they would in fact fix the flat for free! The man then took up the offer, brought it to the dealer, and everything worked out perfectly!

The man had thus gone from thoughts of having to buy one or more tires, to no tires needed, to an inexpensive fix, to a fix with zero cost!

When he then thought about it, the man knew that his friend had been Consecrating to Mother at each step of the ordeal. When he asked her, she verified that it was true! He also reminded himself that he had mostly practiced Equality of Being throughout the ordeal, remaining calm despite the problem. Finally, he also noticed how cheerful and kindly each person had been, and how soft and still the atmosphere had been at every stage.

He once again reminded himself that only Mother could create such a divine-like set of circumstance. He then chalked it up to another Supramental experience.

No Title

In the Integral Yoga there is nothing to do but Wait, - on Her, on Life - but do so without the burden of "waiting."

Intense anger is subconscious desire to harm or even destroy one's self.

No Title

In Supramental Life one experiences in rapid succession one astonishing, miraculous-like Surprise after another.

No Title

From the Psychic Being one cannot help but want to create harmony and oneness with everything and every person one encounters.

No Title

Grace coming in that is deflected due to lack of receptivity for whatever reason often expresses as physical pain.

No Title

On the dot Hourly consecration has great power to relieve physical ailments, stabilize dangerous situations, and otherwise create harmony and well-being.

No Title

To perceive the truth in each side of an issue and then integrate it into something higher still indicates the Spirit emerging in the Mind.

No Title

Since Supermind knows the final outcome, it takes you through all the necessary pathways that will bring you there. That is why one needs full faith in those unfoldings when opening to Mother.

Power of Right, Moral Choice to Evoke the Truth

When you make the right, moral, higher consciousness choice in a cross-road situation, life often respond by pulling away the curtain, revealing powerful, hidden truths.

A man was offered huge financial backing for his floundering furniture business. However, the benefactor demanded a romantic date with the woman the man had feelings toward. He felt the rich man was forcing him to do something that was not right. And so he not only refused to set up the date, but refused the rich man's funding for his business.

Immediately another party came forward and revealed the true background and identity of the woman he cared for, and why she had entered his life.

The truth of their relationship was now on the table, whereas before he was in the dark. His strength of will and right moral action attracted these critical developments and knowledge into his life. In essence, one form of truth evoked another.

Mother's View Of Yogic Life

For the serious follower of their Path (not the average person) - including His Integral Yoga - Mother frowned on:

1. Attachment to Property
2. Marriage
3. Procreation of Children
4. Religion; following Gods
5. Politics
6. Belief in Medicine and Doctors
7. Conformity
8. Material, Money Obsession
9. Blind Pursuit of Career Success

10. Pursuit of Pleasure, Ego

She does instead accept correspondingly - (1) Shared Property, (2) Romance as Path of Growth, (3) Higher Consciousness Child Education and Non-Possessive Adult Guidance, (4) Direct Spiritual Experience, (5) Consensus Governance of Ideas, (6) Power of Force and Inner Methods to Regenerate, Heal, (7) True Individuality, (8) Funds Used to Further Human Progress, (9) Pursuit of Deep Values in Work, Serving Humanity, (10) Pursuit of Meaning, Purpose, Harmony of Being.

No Title

Life Response experience is a key steppingstone to Divine Life living.

No Title

Intel founder Andy Grove taught the world what Karmayogi called "The Great Secret: The Power of Organization." Intel was the most efficiently run company I ever worked at, implementing organizational values to the highest degree. It was a great reason for their enormous success In computerizing the world. You could say he single-handedly organized Silicon Valley. And what a special character and human being he was. May we all continue to learn from him and his great pioneering works.

Comment: "Andy Grove helped set Silicon Valley on a treadmill of relentless self-improvement."

No Title

Sri Aurobindo says it is the "Hour of the Unexpected." Let us always be ready to embrace that unpredictable Change.

No Title

Many Indian films, literature, and the like are filled with what might be called "spiritual sweetness." It is a palpable sense of something Deeper and cherished behind events. On the other hand, Hollywood and related films of the West have practically none of that; as it is mostly foreign to the culture.

No Title

Her Spirit-based understanding of Life will be India's great contribution to the world.

No Title

Opening to Mother quickly and astonishingly turns chaos into order.

No Title

Fundamentally the root cause of terrorism is Poverty and the feelings of Hopelessness that arise from it.

No Title

The world has failed to deal with the root cause of terrorism - poverty and hopelessness.

No Title

The poor and hopeless are more than willing to take up fundamentalism and other forms of violence to overcome their internal misery.

No Title

A Human-centered (not money-oriented) Economics will go a long way toward overcoming current human misery.

No Title

The rapid, self-multiplication and spreading of Money in the world is a sign that the Force is increasingly at work on earth. The Financial Crisis and its extreme, rapid movement of funds in the name of greed was but one indicator of this phenomenon; a negative one. We can harness Self-multiplying Money through higher human values, which will bring about unprecedented wealth power benefit to the world.

No Title

Terrorism is a chink in the armor of society reflecting lack of organization (cooperation, coordination, integration, etc.) at many levels - militarily, politically, socially, and economically - to deal with and eradicate it.

No Title

Despite the specter of fundamentalist terrorism, violence in the world has been dramatically decreasing in recent decades.

No Title

The world could use a Global Rapid Reaction Force or World Army to deal with security issues on earth. It would be another step toward human unity.

No Title

World Army, Self-multiplication of Money, Human-centered Economics, New Paradigm of Existence, True Individuality, a New Education and others (including Character of Life, and Life Response phenomenon) are all concepts advocated or perceived by Mother's Service Society (MSS) for the benefit of the world.

No Title

As your consciousness deepens, you increasingly have insights and intuitions that prove to be prophetic.

No Title

From the Psychic Being one sees the value and truth of each and every person, and each and every thing.

No Title

The closer we get to the truth of our Being within, the greater the power we have. The more we live on the surface of life, the weaker, the more powerless we are.

No Title

Our adversaries are secretly our "gurus." They provide the opposing force through which we can change and thereby grow in consciousness.

No Title

Genius is making innovative connections between things few or none have made before.

No Title

True Individuality is to live one's truth despite the herd view, yet be open in heart and mind to all possibilities raised by others.

No Title

Our mind may know the right way to live our lives, but our vital being will persistently gain the upper hand and return us to our dull, petty, destructive habits.

No Title

When you confess your wrong attitude to someone else, the world can open up through that other person's words. It is the Life Response power of embracing the Truth.

No Title

Threat of environmental catastrophe may serve to help unify the world.

No Title

Contradictions, conflict, division with others and life indicate Ignorance on our part that needs to be overcome.

Comment: We think the problem is "them." But the conflict has arisen to help us see our own limitations and thereby grow as a person. It is one aspect of the journey from out of the Ignorance into the Integral Knowledge.

No Title

We take great pleasure in our small, repeating habits; in the predictable and comfortable and routine. Yet it is only when we break out of that mold that life becomes fresh and new, releasing newfound energies that quickly attract unexpected positive conditions. Then life becomes a Wonder and Joy to behold!

Reader: I always attempted this. But failed 100%. But result produced 100% too. I have failure inventories when I try to break that habit. Unconsciously it has taken its form, what I have set and made the ball rolling a long time back. Yes, it pays the dividend over the long term though we see failure in our every attempt.

Response: What you have addressed may be related to another issue. When YOU initiate on your own a new undertaking, Life fails as much as succeeds. However, when the opportunity COMES TO YOU on its own -- i.e. it is Life's, Mother's initiative -- and you take it up, it succeeds 90%.

In my original entry above I was focusing on daily habits, and how we can overcome them; to create ongoing freshness, not major changes in one's life, such as a new major project, a career change, etc. to create success. which has other factors involved.

No Title

Once you decide what you really want is to discover your Soul (psychic being), everything in your life - whether positively or negatively - conspires to try to make that happen. (paraphrase of MSS)

Comment: From this perspective I can see how key events in my early life took shape - and continue to do so.

No Title

Acknowledging the quiet, subtle, remarks of others, even when not initially understood, will soon attract more information about it and its further development and implementation. In that way, small things become great when consciously acknowledged.

No Title

If possible try to avoid energetically describing recent negative situations, as it tends to quickly attract additional troubling conditions.

No Title

Every situation you encounter that rubs you the wrong way has come to teach you something about yourself so you can grow as a person. Then what upsets or pressures or otherwise has been bothering you, and what is it trying to teach you about yourself, including how you can respond with higher consciousness?

No Title

People who are poor are unaware of the means by which they can achieve financial success. Or if they know it, they choose to ignore it.

No Title

Intense difficulties are a means of solidifying our realization of an inner, spiritual method.

No Title

Over-reacting to another individual's folly gives energy to their side. On the other hand, withdrawing reaction causes people to focus on the other person's foolish deeds.

No Title

Lest we not forget, Sri Aurobindo implores us to engage in an Adventure of Consciousness and Joy.

Comment: This gives ultimate meaning and direction in our lives.

No Title

The all-positive Sunlit Path is to consecrate every aspect of a challenging work or endeavor, leaving it to Her to fill in the eventualities. She will do all the heavy lifting, resulting in enormous Success in all facets of the work.

No Title

God, the Divine became the universe. We, as material form of Him have that same Infinite Capacity to become anything we choose.

Comment: ... and at any scale - up to infinity.

No Title

In many cases a leader or manager who withholds complaint, restraining from blaming others gains an inner power that has the effect of compelling subordinates to suddenly engage in positive activities. It is one of the great subtle methods of evoking response from others who we are responsible for.

No Title

At every moment there is doubt, switch to Faith.

No Title

Accept, accept, accept the unseemly behavior of others. Do not react. Life will soon offer blessings in response.

No Title

After It recently cancelled a serious problem, a friend of mine called out: "Consecration SO, SO works!"

No Title

Some form of good fortune may come your way and you may wonder why it is occurring just now. But if you think back and consider aspects of your being that you consciously elevated a while earlier, you may come to fully understand why all this benefit has suddenly descended on you.

No Title

Sri Aurobindo's Integral Yoga asks us (metaphorically) to be willing to hang onto the edge of a cliff by one's finger nails, yet still have Faith in Her. To evolve, transform in this yoga, we may be required to risk all - whether physically, vitally, mentally, spiritually. It is therefore not for the faint of heart; only for the courageous; for those having already achieved a certain level of conscious development and have the Aspiration to go further. It is that Surrender of one's life and being that enables the Force to act with great effectivity, bringing about our ultimate transformation, as well as a vast power over events around us and in the world.

RK: But it is intriguing why it is always losing power over life to test courage - leading till the point of losing courage.

Response: Yes, it can go that way too. Eg one is forced into dire poverty, or be nearly ruined by floods, or being thrown out of the organization one is intensely dedicated to, or be driven out by hateful, /negative adversaries, or experience intense ongoing physical pain, etc. But then we have to distinguish between ordinary human courage and Yogic Courage, which is ultimate detachment and faith. In that way through these ultimately disheartening situations we are catapulted to the reverse situation including being deposited at the very top.

Reader: With my understanding. You are not losing power nor it is testing your courage in your life. If it is time, you will be automatically upgraded whether you mind understand it or not. Actually, you are regaining power. Integral yoga has several stages. One can be accomplished by directing oneself with suggestion given above. If you don't understand it and apply it. Still you have the growth with respect to your present capacity. But in the process, you will feel like lost everything like we paint our house. During the process of painting, house looks ugly only. If you stop painting middle of it. It looks ugly in your entire life. But till the point of painting completed, you can feel the freshness in that room or place but you cannot enjoy the wholeness in your entire house. Tool is go Beyond your Mind to understand the Subtle Life Progress. Accept end knowledge and do research to understand mean of it. Resource are lying at your feet. You just have to take it.

Response: Thank you for those fine points:

I invite you to review my notes on Integral Yoga gathered primarily from Appa's statements at the bottom of this page. It can help clarify. Near the conclusion he discusses the great changes and difficulties of the integral yoga path.

<http://royposner.weebly.com/articles-etc.html>

No Title

"The Secret" tells us to ASK the universe what we want, and then let go and have trust in what can come. "Life Response" tells us NOT to ask, and wait on the compulsion of Life to bring what IT wants of us.

Comment: For devotees "Life" = the Divine, Mother

Reader: WOW! We can make a billion bucks with this concept. Awesome sir. I never have given thought about it, in this angle.[We - is you (Singularity). I just used WE for figure of Speech]

Response: It is a great concept, and is something MSS and I have addressed in our writings. Thus, in addition to making the inner commitment to achieve something and offering it to the universe, which is kind of the aspirational or "inner action" part of the process, there is also

the detached or "inner inaction" part of the process, including waiting patiently and cheerfully, refusing to take outer initiative until conditions are ripe, refusing to be anxious or disturbed, irritated or annoyed (non-reaction), etc. which are all psychological attributes of immense power. The book and film *The Secret* know the first part, but not so much the second. Not to Ask at all is a further step, where one does not even request a want from the universe; but rather one waits on Life's initiatives, like an unexpected opportunity coming in. These tend to have a Divine sanction (we can call it Mother's) as it knows that it is best for your growth. Being Receptive to the incoming Grace here then is key. From the get-go there is nothing to Aspire for other than our growth or what the Divine wishes, and the universe will fulfill it with what it perceives is best for you. This is a step beyond *The Secret*, or perhaps we can call it the Secret inside *The Secret*.

No Title

Previous to the modern era, the greatest spiritual seekers and realizers of all time were the Rishis of India who communed with the Spirit directly, and came to Know the Reality. And yet it is astonishing that hardly anyone in the West is familiar with them, let alone have the experience of what they discovered.

Consecrated Job

When you consecrate an opportunity, small project or job you have been given, then what takes place thereafter is ordinarily extraordinary.

For example, today I decided to consecrate each small job I was assigned to as it came up. On the very first one I encountered (and consecrated), the client was much to my amazement from the exact same small town I was from, which was many hundreds of miles away, amidst 40 million people in California! We had a wonderful conversation, full of synchronistic circumstance. It was a very rich and enjoyable experience! And when I turned on the radio just after, I heard divine-like mystical choral music, which seemed like a verification of what had just taken place. Mother the Divine works in mysterious and astonishing ways!

No Title

It is not the power of personality that achieves in spiritual life, but rather the withdrawal of it, deferring to and allowing the Spirit to act on our behalf.

No Title

Deeply Aspire for your psychological and spiritual progress, and Mother will supply the vehicles for that to happen.

Greatness of Professions

What follows are some thoughts on random professions and the qualities that can lead them to greatness:

- Doctors are greatest when they focus on the psychological cause of illness.
- Attorneys are greatest when they get at the Truth, beyond anyone's particular version of the truth.
- Accountants are greatest when they understand the subtle laws of money.
- Athletes are greatest when they see themselves in the integral context of the team.
- Religious leaders are greatest when they harken to the original spiritual experience of the founder.
- Workers are greatest when they create works of perfection offered in service to a higher power.
- Politicians are greatest when they abandon their ideology and seek connection to the truth of the Whole.
- Writers are greatest when they express Life's Character in a way that is forceful and moving.

-Leaders are greatest when they lead by example, and motivate others to greatness.
-Scientists are greatest when they embrace the invisible, the subtle, the not measurable, in addition to the material.
Reader: This is a wonderful list sir. I would like to know the same for parents.
Response: Main one is that the greatest parents are those that do not possess the child, but guide them.

No Title

Constant consecration IS Surrender; as we arrive at a central milestone of Sri Aurobindo's integral yoga, and a significant stage of personal transformation.

Self-Multiplying Money's Infinite Potential for Society

A new, unrecognized, and therefore unappreciated development in society is the phenomenon that money is now beginning to self-multiply, creating a potential for wealth for all citizens of the world. However, with that development has come a dark shadow in which people are using that exponentially-expanding, vast abundance of capital for selfish gain.

The financial crisis was not only an indicator of greed, but a first great indicator of the newly-arrived self-multiplying money, now unfortunately being abused. Sheltering, tax avoidance, money laundering and other such abuses are spreading everywhere in the world; not only because of greed, but because vast sums of money are being generated as a result of enormous social development and progress. Self-multiplication of money and its infinite-like expansion is a great unrecognized product of these advances.

Thus an opportunity for equitable, fair utilization of this emerging vast array of funds is available to us if only we cooperate, and consciously and correctly make use of this new-born, infinite resource now at our disposal.

(Mother's Service Society background quotes and my paraphrases)

Cause of Self-Multiplication of Money

"The increasing speed of currency circulation raises its value and generates more money as it abridges Time.

As each transaction acts like the function of a bank, the greater transactions can lead to generation of higher amount of money as well as raise the currency value."

Society evolving (social development) speeds up and enriches circulation of money, stimulating its self-multiplying power.

Regional and World Currency, Self-Multiplication of Money, and End of Poverty

"The proposed Asian currency will shoot up in value if India and China are members by virtue of their population. If the theme is of value, it is an argument for world currency. That move alone is enough to abolish the poverty of the world at one stroke. As electricity made the world bright by its illumination, a world currency will make it prosperous by its inherent capacity for multiplication. Time, Space, speed, population, productivity, trust will increase the value of the currency and have the power to multiply its quantity. Such a process reaches the point of maturity where self-multiplication starts.

Spiritually, the theory says, any energy can be produced from any source if only the appropriate method is devised. Abundant money can wipe out universal poverty. Increasing levels of education can wipe out universal ignorance."

Those in touch with the movement and vibration of self-multiplying money will be it's great beneficiary.

No Title

Perceiving one's times in relation to the Big Picture leads to Social Wisdom.

Sri Aurobindo's Yoga

The essential steps of Sri Aurobindo's Integral Yoga can be summarized as follows:

1. Constant Consecration
2. Connecting with Psychic Being (experiences of harmony, love, bliss, silence, inner guidance, transcendence, etc.)
3. Spontaneous opening of mind to planes of spiritualized mind (intuition, revelation of light, movement toward integral knowledge)
4. Supramental Force descending into us, transforming our mental, vital, and physical being, into new formations of them
5. Supramentalization of world around us (and life fully under our control from within)
6. Divine Life on Earth

Subtle Signs

At any given moment life is presenting subtle signs - both literal and figurative - of what you should or shouldn't do.

Eg you are driving toward a destination, but do not know which way to go. But then you see an advertisement of a product that also happens to be the name of a street you are familiar with. When you navigate onto that street, you are amazed how it takes you directly to your destination with great ease and in record time.

Perceiving the subtle signs of life throughout your day enables you to navigate the shortest, quickest path between yourself and accomplishing your goal or task. It's mystical guidance from the Unknown that you can continuously capitalize on.

No Title

In surface, Ego consciousness, I perceive you are in my way in a tight squeeze situation. From the other person's perspective, I am in their way. From a universal consciousness view, we see how each of the parties are in the way of one another. In Supramental Consciousness, no one is any longer in the way of anyone else; as life bring forth sufficient room for all to flourish.

No Title

In ordinary life, there is celebration after a success. In spiritual life, there is Humility.

Comment: ...the humility builds up energy that attracts, further extending the success, or creating a new form of it.

No Title

People who complain intensely about a situation, such as a social condition, don't see how they or their type of thinking had a hand in creating it in the first place.

No Title

Intense surface reactions are indicators of deeper, festering problems.

No Title

Consecration makes life Smooth in the extreme.

No Title

If something repeats in our work, we can consecrate each iteration, evoking ultimate efficiency in the course of our day.

No Title

Impatience: destroyer of positive outcomes.

No Title

There is always a flow of life events unfolding. Try not to lose connection with it; otherwise you'll be led astray.

No Title

Up till now Nature has been evolving by itself. But through Man and his higher functioning of Mind - including true rationality, insight, vision, intuition, and above to supramental perception - he can redirect and lead the evolution forward toward its higher, and ultimately cosmic purpose.

Comment: (This also speeds up the Evolution, while enriching it infinitely.)

No Title

Spiritual culture is the life that discovers the Infinite in the finite. (Karmayogi)

Comment: Immersed in the Spirit, one senses, believes that from the smallest thing can come the greatest; so one respects any and all things. Also anything one does has the ability to open up infinite possibilities. Lodged in the Spirit, the Infinite can always break out from the current finite. A third aspect, is that the Infinite Consciousness is there lodged in any finite - whether person, place, or thing.

No Title

The evolving Inner Spirit sees the blemishes of others as his own psychic opening. (Karmayogi)

Comment: In spiritual life we perceive blemishes of others as our own, which indicates a further opening into the psychic self.

No Title

Maximum effort ensures endless progress. (Karmayogi)

Comment: Especially when that great effort is targeted in the direction life perceives as necessary for our own improvement - whether spiritual, material, or in between.

For example, if a poor man, not normally disposed to doing so, works extra hard to earn money, he will see life cooperating with that effort, not just at the level of funds, but of growth in his being; reflecting as progress in his life. The same dynamic holds for every other person and their making maximum effort, affecting their particular deficiencies, releasing their potentialities.

No Title

He who wants to rectify a universal deficiency first must realize it's force in his own self. (Karmayogi)

Comment: For example, if you want to get rid of corruption in society, find the same or related in yourself and overcome it.

We do not see that the forces in society have their counterpart within us. Actually we are an individualization of that collective within us. Or to put it another way, we are not just individual beings, but universal ones; with the whole of society reflected within us. Thus, if we change a corresponding personal quality, it goes out to the universal plane and changes the world around us, the society, as well; as they are not really two different things, but the same one thing.

No Title

The Rishis of India experienced liberation (moksha) by merging into the Spirit, apart from life, while in Integral yoga we are here to actively realize Spirit in the details of our lives.

No Title

As we rise in consciousness - from mind to the spirit in the mind; from the surface being to the depths, - the division and conflict we see between ourselves and life, ourselves and others, ourselves and spirit melt away, and we perceive that all in harmony, integrated, and united.

No Title

The Transcendent reality is not something separate from ourselves, but is actually our True Self.

Comment: As Sri Aurobindo tells us in Life Divine, we are simultaneously Individual, Universal, and Transcendent beings. The transcendent is the Spirit of and beyond the cosmos, while the psychic being, the True Self is the Spirit inside us. But actually at another level, the transcendent and the true self are the very same thing, and we are simply a small inlet of that same Cosmic Sea.

No Title

According to the laws of quantum physics, Time can work in the reverse; i.e. our choices of the present can effectively determine the past. This is reality known by those who have had access to the supramental power. E.g. one can consecrate a negative influence of the past on our present condition, creating new realities in that past that effectively cancel its negative influence on the present.

Generosity of Spirit Evokes Life Response

Bill is a gregarious, intelligent, and generous senior businessperson, which means he has a tendency to evoke good fortune from out of nowhere. An example of that happened recently. (And it wasn't the first time!)

As a principle founder of a new company, he was thinking about the money a friend could earn if he took up sales with his organization. He also thought about his own ability to sell and earn. However, being a founder of the organization, as well as an expression of his generous nature, he felt that he should instead focus on what the salesperson could make, not his own finances. In fact, he decided that he did not have to earn anything in sales in the new venture, and should focus more on the well-being of the staff, including this one particular potential salesman.

As it turned out, almost instantaneous to having this generous thought and emotion, he received word that a new client was interested in Bill's services: one that could potentially be his best private customer in over eight years as a management consultant.

Because Bill acted in a spirit of generosity and self-givingness with the salesperson, Life immediately responded with word that he had secured his best potential client in years; one that could in fact raise his income and lift him out of the financials doldrums he had found himself in.

Or to put it another way, his selfless interest in another's financial well-being, suddenly evoked a response that secured his own. It was yet another reminder of the subtle and profound principles and laws through which Life operates.

Mind vs Brain

Mind and brain are not the same. Mind is a plane of existence we partake in, including the knowledge contained therein. Brain is a biological processing unit that makes knowledge of Mind accessible to us. Even if there were no brain, there would be (infinite) knowledge in creation. Moreover, there are spiritual planes of mind that enable knowledge to more readily pour into our field of awareness. The more we rise to these higher, spiritual planes of mind, the more powerful, integral, and life changing is the knowledge.

Comment: Mind is like the program coming in (to the radio, computer, phone). Knowledge is like the content of the program. Together they are the "software."

Brain is like the physical receiver of the programs and knowledge. It is the "hardware."

Neuroscience's Limited Understanding

Neuroscience is trying to make the bridge between biology and consciousness, but is still stuck on the material side of the equation; hence it mistakenly uses the terms "mind" and "brain" interchangeably. It is an infant science, trying to become something more. Studying Sri Aurobindo's thought will explain many things they are grappling with. If they realize that Mind is previous to Life instead of that Mind only emerges from Life, they will begin to understand the truth of things.

Reader: What is the meaning of Mind being previous to Life?

Response: Out of the Divine came Consciousness. It then became Mind, and after that Energy that would be the source of creation (Life). This is what Sri Aurobindo calls "Involution." Once creation comes about, there are material entities, followed by living forms, then man, where mind is expressed for the first time in creation. Thus Mind that man realized in the evolution was actually already there previous to creation in the Involution.

Or to put it another way, Man progressively realizes Mind and Its knowledge in the Evolution that was enabled by the Divine in the Involution.

No Title

All the negative signs we see around us in the world are actually compulsions of Nature to change our ways. These difficulties will have the longer-term effect of creating greater harmony amongst the peoples, culminating in Human Unity.

Further thoughts:

-A great blooming of interconnectedness occurred after the horror of WWII and the Cold War (UN, EU, regional alliances and global trade associations of all sorts, etc.); and will continue to happen now in the wake of current circumstance (financial crisis, unemployment, skewed wealth, terrorism, economic instability, environmental crisis etc.).

-The negative, conflictive conditions that Nature brings exposes our limitations of consciousness, and create the compulsion to work together to solve problems, instead of each side pulling in its own direction.

-There are all necessary steps on the road to human unity and the elevation of consciousness of groups and individuals, out of which can arise a spirit-based, divine life on earth.

-Society's difficulties mirrors the difficulties we ourselves as individuals are having, which indicate the direction of the further development of our own consciousness and being.

No Title

The Internet enables all of the knowledge and news to be broadcast all around the world. Yet, it also reveals the utter ignorance we have about what is happening in other countries, as we are obsessed by our own.

No Title

When you are blocked from accomplishing something at the outset, it is often an indicator that this is not the right path to pursue. There is a subtle principle of life that expresses this dynamic: Initial outcome is an indicator of the final result.

No Title

Karmayogi indicates that Americans are obsessed with doing things, constantly having to act, as they can't sit still even for a minute. If they are asked to be quiet for a few moments, they become fidgety. It is because their vital and physical energies dominate their being. Quietude is foreign to their nature.

On the other hand, Indians enjoy being at rest, love to do nothing, as there is tamas, inertia in their nature.

Being still inside while being active on the outside would seem to resolve these contradictions.

Comment: Some people, such as the Jews have learned to master certain aspects of their vital and physical nature, which makes them so active and dynamic in the Mind. Then there are gurus, sages, seers, and yogis and such who have mastered the mind as well, and so are "active", actually still in the Spirit.

No Title

What we see is what we believe in. Yet the truth lies 99% elsewhere. But we persist in believing that the 1% we know is all of the Truth. This is the basis of human Ignorance.

Comment: How the do we reverse this dynamic?

The more you open to Mother and Her Supramental force, the more you refrain from reacting to others' intensities, and the more you take the other person's point of view, the deeper your center of consciousness becomes. As a result, knowledge and truth increasingly streams into your mind as insight, light, intuition, revelation, and Supramental perception; melting away the barriers to the other 99%. You have now engaged in the great yogic process of transformation out of the Ignorance into the Integral Truth and Knowledge. Moreover, you now have the mental and spiritual power to become the Master of Life.

No Title

Each nation pulls in its own direction, then gives justification for its separative, egotistic actions. Instead each nation should discover its Soul and Psychic Center, so it will consistently feel unity and oneness with other countries. Thus, the same consciousness-raising dynamic for the human individual applies to individual nations as well.

No Title

As mental beings we obsessively look at our smartphone all day. We are seeking stimulation in the mind. Constant hit and miss benefits are the result. However as Spiritual beings we would look at the phone at just the RIGHT time, attracting optimal life response results.

No Title

There are many things we like, and equally many we don't. These are our Preferences. On the other hand, the spiritual person is constantly shedding likes and dislikes; exchanging what he prefers for the truths life has put before him.

No Title

Preference is divided consciousness. Acceptance is stillness and harmony.

Bill Paying Response

When I recently gave up my hesitancy to pay several bills, instantly within a few seconds unexpected funds were added to my account. When we circulate money due, rather than horde it, it can have this powerful life response effect.

The Gardeners Return

If your possessions or environment is being neglected by others whose job it is to take care of it, don't complain, but simply do what you can within your power to improve the situation. Life will then respond in your favor!

For some time - almost two months! - our gardeners had not come to cut back our grass lawn, which was growing abundantly and wildly after recent rains. However, I managed to hold back complaint and bother.

Then one day, I looked around and decided to improve the condition of a lovely flowering bush in front of our property by cutting back the discolored and disfigured leaves and branches. I then watered the huge plant and returned inside my house.

The suddenly, within a half hour, and after a two-month hiatus, the gardeners showed up with their equipment and did a complete landscape of the entire property!

As we see, when you restrain yourself from reacting to a difficult situation, and instead do anything you can to improve it -- whether practical or symbolic, -- life will reward you with the most astonishing positive developments!

No Title

In our life experiences are hidden all of the subtle principles of existence. The only question is whether we are interested in discovering them, and whether we will apply that knowledge in order to bring out the infinite potentials of life.

Transdisciplinary Approach to Knowledge

We perceive the disciplines of life - sociology, psychology, science, medicine, governance, law, politics, economics, business, religion, etc. etc. - in isolation from one another. Yet the real power of knowledge comes through integration of truths from all of these on each of them. Then we release ultimate Truth and therefore ultimate power in society, furthering human progress and evolution on earth.

Comment: ... it is a moment from the part to the integral whole; i.e. from separateness of part knowledge to multi-faceted, integrative, holistic understanding.

No Title

We tend to focus on the problems others are causing us, not on the problems we are causing others.

No Title

Spiritual perception always sees Opportunity beyond the conflict.

No Title

In Mother, nearly anything is easily achieved; and it occurs in record time. In ordinary life, only a small percentage is achieved, and only through drudgery and the long duration of time.

No Title

When you consecrate each client (or customer, project, job, etc.), not only will the work go exceedingly well, but you will attract many more, and in tight succession, densifying your schedule and enhancing your income beyond what you are accustomed.

Supermind = Knowledge + Its Power of Material Realization

The Knowledge that the true spiritual individual possesses is not just a multi-faceted understanding of the situation or the ways of life and beyond, but a simultaneous POWER for its manifestation as real on earth. It is an understanding that knowledge's instantaneous accomplishment in the world.

This is Sri Aurobindo's startling view of our spiritual potential through our mentality and is fully realized in our being when we move beyond our surface mind, our logical mind, and even intuition, and land in Supramental perception.

When we call Mother, the integral Knowledge and understanding of a matter comes instantaneous to it actually being accomplished in Life. In this way, Mother, the channel of Supermind is beyond any conception of spiritual Truth and Being ever devised by Man.

No Title

For the spiritual individual it is not the negative conditions occurring on the outside that is the problem, but the part of him that needlessly reacts to it inside.

No Title

You cannot be an instrument of the New unless you are willing to give up certain attachments to the old.

No Title

Some of the most charming, convincing, endearing individuals turn out to be bold faced liars.

No Title

Evil is not the opposite of good, but it's dark shadow.

No Title

Without the good there is no evil in the world. Evil is the perversion or negative offshoot of the good. Eg nuclear weapons (negative, evil) is offshoot of nuclear fission discoveries and science (positive, good). The apparent good of the West created the Great Depression that destabilized Germany and led to Hitler and fifty million dead.

On the other hand, in a more conscious life, each good created casts no dark shadow. It is "Self-Existent" Good. There are currently very few examples. The Supramental, Mother's Force in action has that quality.

Reader: When the Light of Truth shines on evil, it disappears suddenly as its base is very fragile.

As what happened in Les Miserables, when Jean Valjean frees Javert despite he had a chance to revenge for his evil deeds...the act of goodness shatters foundation of Javert's living principle so far.

The same had happened to Jean Valjean earlier in his life when the Bishop touches his soul despite his act of stealing and transforms him.

The unconditional act of goodness may have such powers to transform as like Supramental Force.

Thank you Sir.

Comment: Yes, their Goodness created no dark shadow. In fact it (their light of truth) melted away the fragile darkness around them.

No Title

The more you notice synchronicities occurring in your life, the more they tend to take place.

Comment: ...also the more you will be compelled to seek out the Mysteries of life

Reader: Very Much True. I am seeing it and kind of more or less excited about it. But need to consecrate it. Those feelings are not my feeling anyway. It is expressing through me. And I am getting the benefit.

No Title

Flowers and Psychic (Soul) Opening

The best way to open oneself to the deep influence of flowers is to love them and to seek to discover the same qualities in oneself. Love of flowers can be a valuable help in finding and uniting with one's own true psychic being. This love means that one is drawn by the psychic vibration in the vegetal kingdom and consequently by the psychic presence in one's own self. The beauty of flowers is one of Nature's means of awakening in man the quest for his own soul. (Karmayogi)

No Title

Failure of prayer is failure to reach the maximum intensity possible. (Karmayogi)

Comment: Eg in Jane Austin's *Sense & Sensibility* the younger Miss Dashwood sister has been jilted by a lover and wanders out in the cold and rain, where she becomes very sick. With death at her doorstep, her elder sister prays with all her might, mustering all her emotions and feelings, crying out to God for her younger sibling's recovery. When she awakes at her sister's bedside the next morning, her sister is fully cured. That is the type of intensity that allows Prayer to be unailing; that Appa is referring to above. With that level of intensity of prayer to Mother, most any life problem can quickly be solved.

No Title

All my resistances = all my suffering

No Title

As aspects of the old civilization continue to crumble, new progressive ones are taking its place. We notice the former far more than the latter, as we don't have the eyes (right consciousness) to perceive the change.

No Title

In work and other aspects of life, we make 99% effort, yet use only 1% of higher consciousness available, when it could be 100% for both - which would attract results instantaneously, and exhibit perfect perfection. The problem is we don't know the laws of higher consciousness, of Life Response - including consecration, aspiration, non-reaction, self-givingness, and gratitude - that can generate these startling results, though it is humanity's destiny to use these Inner Tools in future.

No Title

Evolution is the process of progressively shifting out of each contradiction and conflict of life, replacing it with Harmony and Oneness.

No Title

-To exert oneself at his maximum is ideal.

-Life has no further Ideal beyond exhausting one's effort. (Karmayogi)

Comment: Life normally responds overwhelmingly to making an exhaustive, all-out effort. (Eg see the wonderful film 'Erin Brockovich' for a powerful true-life example.)

No Title

Non-stop energy is from non-stop aspiration. (Karmayogi)

Comment: Aspiration is the intense, ongoing intention and will to accomplish, or to grow, or to discover the spirit, which concentrates and releases vast quantities of corresponding energies.

No Title

Do everything that should be done, without exception, and you will always be guided along the right path.

No Title

Unknown to us, the entire world changed in 1956 when the Mother brought down the supramental power that Sri Aurobindo had prepared, providing us with the spiritual Force that can set right all life conditions in a flash, accelerating human development and the evolution of life on earth.

No Title

Centuries of persecution of Harijans (untouchables) by caste Hindus led to their alienation and consequent embrace of Islam so that they could be free. This in turn led to the birth of Pakistan as a separate nation. Conversely, a fair treatment of Harijans will lead to the undoing of Pakistan and its subsequent reintegration within the Indian union. (MSS)

Freedom and Equality Together

-Freedom is only effective to the degree its resources and benefits - money, technology, infrastructures, education, et al - are Equally available to all.

-Freedom is fulfilled through equal distribution of its benefits, while Equality is fulfilled in an environment of complete freedom.

-Freedom and equality melded together harmonically is the outcome of a Human-centered economics.

-Freedom and equality together in harmony is the solid basis of Spiritual Life.

Cosmic Compulsion to Evolve

We understand that through our rise in consciousness we progress, even evolve. What we do not see is how behind the scenes the Force is compelling us to advance in consciousness.

This is memorably presented in the 1960s sci-fi epic film '2001: A Space Odyssey.' Millions of years ago an ape sees shattered bones of a dead animal in front of him, picks up a large, heavy major bone, and realizes it can be used as a weapon to defend himself and his people against aggressive rival clans. Through his elevation of consciousness and awareness, he is able to progress.

However, what we miss is the fact that a Monolith, an entity from billions of years in the future, has come and visited this primitively culture, and emanates an evolutionary vibration that subconsciously compels the ape to make the leap in awareness.

Similarly, in our lives, we are not only consciously moving forward and progressing, but there is a Spirit and Force behind the scenes that is in tune with our destiny and urging our way forward. It is the compulsion of the Spirit in life.

No Title

There are two spiritual movements that together create a magnificent atmosphere. The first is Stillness; which occurs by emptying the mind of all thoughts. The second is Fullness which occurs by opening to the Mother and Her Supramental power, filling the stillness with a profound Richness within.

No Title

If you rely less on idle speculation and more on Mother, you will attract the very best outcomes.

No Title

If you observe closely, you will see that each minor problem is associated with several major ones, just as every small opportunity is connected to several great ones. This indicates that the small is not isolated and limited, but is merely an outlet to the infinite sea of possibilities.

No Title

"Necessity is the mother of invention" is a great insight realized by society. It suggests that there are solutions for every problem, which are in fact the means by which the infinite potentials of Life are realized.

No Title

Having the intense Aspiration for improvement, while exhibiting infinite Patience in that process is one of the great challenges before us. And yet they are not opposites, but complements that can bring out the best of both simultaneously.

No Title

Life Response outcomes are determined by subtle Algorithms of Existence.

No Title

In the evolution of society, there is likely to be a gradual moving away from the ownership of property, which is a form of physical ego. The "Shared Economy" dynamic now emerging - eg Uber, Lyft, Airbnb, - are some of the first indicators in this long-term movement. Hippy communal living of the 60s and 70s was an earlier marker.

No Title

Life always gives us exactly the teacher we need at every moment. This includes every mosquito, every misfortune, every red light, every traffic jam, every obnoxious supervisor (or employee), every illness, every loss, every moment of joy or depression, every addiction, every piece of garbage, every breath. Every moment is the guru. (Charlotte Joko Beck)

Chain of Relations in a Life Response Event

One interesting characteristic of Life Response is how a positive or negative outcome will reveal a chain of interrelated circumstance.

Eg by mistake a man left the backdoor window of his car open at night. That in turn drew a drifter who attempted to get into the car through the opening in window, causing the car alarm to go off. The drifter in turn had been wandering the streets at night because his mother had locked him out of the house. The woman was in turn mentally disturbed, which led to her erratic behavior. And so on and so forth in a never-ending chain.

Thus any negative circumstance reveals not only a chain of problematic corresponding events but also offers an opportunity for positive change when these limitations are identified and addressed through corrective means. Likewise, a chain of positive outcomes is an opportunity to improve those conditions further, even to the nth degree.

By the way, it turns out that when the man's car alarm originally went off, he was having negative thoughts about another person he worked with. The car alarm event was therefore a negative response to his inner criticism of his colleague. Thus, we could say that the chain of related circumstance not only moves out in a chain, but on careful examination can also reveal a correspondence going within.

Mother is constantly urging us to move forward and progress - each in our own particular way.

No Title

The real you is not a puppet which life pushes around; the real, deep down you is the whole universe. (Alan Watts)

No Title

We are slowly coming to realize that the entire universe lies within, and therefore we have a vast power over it.

No Title

From moment to moment what matters most is our level of consciousness: i.e. our capacity to maintain the highest state possible. All other matters are secondary.

Comment: Eg the higher the level of consciousness, the greater the chance of attracting considerable success, creating better relations with others, resolving problems, etc.

No Title

Often we have a very fixed way at looking at things, and therefore we tend to push away great opportunities when they come to us.

No Title

The self-multiplication of Money - a recent phenomenon recognized by sage Karmayogi - is causing vast amounts of currency to be created in the world, and is therefore a good thing. However, this new availability of vast sums -- due to money's ever-increasing super-circulation -- is being coopted and manipulated by financiers, thereby ruining the potential for this super-abundance to spread around the world where needed.

No Title

It is interesting that 1-10% of the population controls a vast majority of the wealth in the West, causing a good part of the middle class to fall into the lower class, while in Asia there has been a near opposite effect, with the middle class emerging in spectacular fashion. It indicates where the center of gravity in the world is changing.

And it - Asia's emergence into prosperity - also fulfills one of Sri Aurobindo's criteria for the emergence of Human Unity and a further Divine Life on Earth. Another step is the reunification of India so she gains her rightful place as Guru of the world.

No Title

And that goes on twenty-four hours a day, and, I can say, as many thousand seconds as there are in a day, spontaneously, sincerely, absolutely (gesture of offering): "Here, I give it to you." Oh, here comes a difficulty; oh, so-and-so has a difficulty; oh, these circumstances are bad, oh... "Here, here, here, I cannot sort it out with the knowledge I have - do what needs to be done; do what needs to be done, I give it to You." It's a gesture of every minute, every second. (Mother, from Agenda - March 28, 1964)

Comment: ... and She indicates that there is a positive RESPONSE to the Force every time.

Recalling Luck Attracts More of It Instantly

When you think about and identify with good luck that has come to you in the past, it instantly comes to you in the present.

Eg today at the very instant I thought that Friday the 13th - a day considered unlucky in popular culture - had always been lucky for myself in the past, a family walked by my seat in a restaurant holding a metal sign for the food deliverer to bring their order to their table. The card at the top of it said "13".

No Title

Physically Mother often suffered due to the fact She was doing the physical transformation, and took on the pain of the world, as well as others around her. However, psychologically emotionally, and mentally She was a fully realized being.

The physical change was the one area She was intensely working on, which would be key for Her to become the first supramental being, the beginning of the New Human Species. She indicated near the end that Sri Aurobindo would return with the new Supramental body.

No Title

Over-insistence attracts resistance. Best to let it slide or take to detachment, which will quietly attract conditions more to one's liking.

No Title

It's not what I want from Her that I should be concerned with, but what She requires of me.

No Title

The goal is to create the greatest material result with the least outer effort, which occurs by taking to right consciousness through powerful life response evoking methods.

No Title

The growth of extreme religious fundamentalism of all types in the world is an indicator that religion itself is on the wane, to be replaced by direct spiritual experience by any individual.

No Title

There is more than enough money in the world to solve poverty and ease the refugee crisis. There is more than sufficient technology about climate change to make headway against it. But nothing will happen to solve these deep problems until people stop identifying with one nation, tribe, religion, or ethnic group and start identifying with the human world as something each of us creates or destroys every day. (Deepak Chopra)

Reader: Well, Said sir.

I was also thinking on the same plane.

Above all, I don't think people deserve richness, in my research they don't want it but say it when the problem comes up.

Individual and family Aspiration is in Scarcity. Either Government should come forward to execute the above solution. Hope bureaucrats managing that, I am not sure whether that is possible in our lifetime.

Maybe revolution kind of thing should take place or as Sri Aurobindo said, we need superhuman to manage this governance. Or otherwise, Each Individual should Aspire to accomplish the prosperity.

Like Sri Aurobindo Said in his book "The Life Divine" either Collective Evolution or Individual Revolution in his first chapter " Human Aspiration".

Let's see which one is taking form. To my perspective as soon as any one of the aspiration heads up another side of it also will take the form. Whatever, let Prosperity raise up.

No Title

People want to do good so they can go to some eternal heaven beyond this life. However, our goal should be to rise to our highest consciousness here in the world in order to help make THIS LIFE a Heaven on Earth.

No Title

Accidents normally happen when two negatives intersect.

No Title

We want all good things to happen in our lives, without the bad; but then there would be no scope for personal growth -- at least based on how humanity is now constituted.

Reader: I hope, in my recent days I started anticipate only failures. Another side of the dualities which we usually don't pay attention. Looks like life is responding better now than before. Say in exponential terms.

No Title

By moving to a deeper consciousness, culminating in the psychic being, the more likely you are to catch yourself when you are feeling or acting Selfishly and Egotistically; and therefore when you halt that negative inner or outer behavior, life instantly responds in your favor. This has increasingly been my very rewarding experience!

No Title

The scientist says that consciousness is itself a form of physical stuff (ie brain output). Actually, physical stuff is itself a form of Consciousness (ie spirit).

Reader: As long as they accept "Consciousness" exist. I am ok with that. Because they cannot go beyond that to think, because they are thinking. lol.

Response: The scientists only acknowledge human consciousness, not spiritual consciousness, and as a result miss the foundation of everything.

Life Response Approach to History

We perceive history as unfolding in a logical manner; that certain events that take place are due to obvious previous ones. However, a "consciousness approach to history," where life response phenomenon is at play can reveal a very different perspective of things.

Take the US Civil War. In it we see an obvious difference of opinion between the North and the South over slavery and states' rights. We clearly see those factors as leading up to and burnishing the Civil War. And yet a Life Response view of history adds this all-important factor: that the Civil War was a negative response to the US slaughtering and diseasing of the Native Peoples of that nation during those times. As a result of America's hateful reign against these people who lived on the land for thousands of years, the "Black Problem" was set in motion, and lives on till this very day. Who would have seen this astonishing connection? Not historians. And yet we know that negative circumstance around us is almost always due to our negative attitudes and behaviors; and that includes those results that come from domains that appear to have little to do with us

In this way, we can look back on all of history, as well as current events, and see the unfoldings in terms of the Consciousness of the players. When we do, and when we perceive those circumstance in terms of the principles of Life Response, we gain an unprecedented insight into the workings of the world that till now has been fully hidden from sight.

Life Response Power of Deferring to Others

When you focus on the wants and needs of the other person over your own, what you get back far exceeds anything you would have gotten by first focusing on your intention first.

Example: A man was working on a project, the results of which he wanted to show to his partner. However, he learned that his partner also had things he wanted to show him. Rather than communicate that he wanted to present what he had been working on, the first man embraced his partner's needs. He even consciously thought about the life response power of deferring to the wants of the other person over one's own.

Well, within 5 minutes of having that thought, he saw an email from a third colleague that a large project he had been working on was now completed, plus he had sent the files to prove it. The first man was astonished, as he had almost forgotten about this important project and was surprised it was completed so soon.

He clearly perceived the life response power of deferring to others over one's own needs. It can attract startling results: whether from the other person unexpectedly focusing on your needs, or, as in this case, something else of great importance suddenly coming to you from out of nowhere with great news and material results.

No Title

The person practicing yoga (conscious evolution) develops an inner power of detachment (non-reaction) toward everything that is occurring, even when hell-like conditions are raging around him, and as a result turns horrific conditions into showers of honey.

Comment: Non-reaction plus consecration to Mother will do the trick.

No Title

Maturity of any faculty is in its Silence. (Karmayogi)

No Title

Surrendering the sense of triumph, the ego is blunted. Surrendering the sense of accomplishment, it is better accomplished. (Karmayogi)

No Title

Expectation of results interferes with consecration. (Karmayogi)

No Title

- The initiated work must be followed inside only.
- Tend the work inside, nourish it and accomplish it there.
- He who seeks accomplishment must remain inside. (Karmayogi)

Unexpected Sales Development

We (two salespeople working together) recently had a marvelous sales life response. It was due to the following qualities all mixed together:

- Making the extra effort
- Doing something we ordinarily do not do
- Persistence and will
- Perceiving synchronicity with other events
- Really appreciating the contacts stunning outlet
- Taking to Silence by one of the salespeople
- Consecration (opening to the spiritual Force) at each point

As a result, one of the two owners of the high-end, multi-location restaurants suddenly appeared from out of nowhere in front of us and was very interested in wanting to learn of our service. We hadn't even solicited this gentleman. We had been interested in merely talking to one of the outlet managers, when the higher up appeared from out of the blue!

No Title

Spirituality is not confined to pursuit of the otherworldly or unattainable. It is a living power for the transformation of human consciousness and the solution to the compelling challenges confronting humanity. (MSS)

Spiritual Values and Fulfillment in Sales

At the most primitive level Sales is mere exchange, money for goods and services. It is to gain benefit as money, as physical or subtle goods and services. This is our most surface view of sales exchange.

However, there are higher values that seek to manifest in life. Maybe we can call them "spiritual values." In the sales exchange Life seeks not just money and goods, but Joy and Happiness for the parties and the world (consumers). This is one spiritual value or Idea.

Likewise, life seeks benefit that can bring greater Harmony and Oneness in the world. It even seeks to bring harmony in the sales exchange between the two sides. Ego is the opposite of

this, with each side pulling in its own direction, creating division and conflict. It is seeking benefit for its own side alone in the sales exchange.

Thus we can see these spiritual values manifesting at two levels; in the sales process and for the society.

There are other spiritual values, Real Ideas that seek to manifest in the world, including the sales exchange, moving out to society. A critical one is Knowledge. Having the facts and skills to perfectly perform the exchange is one expression. Products and service that go out to consumers, society can follow, giving knowledge to them. Computer, smartphone, Internet services are examples of knowledge going to the society.

The same with the Real Idea of Silence. Eg we can consummate the sale through quietude and stillness, instead of wordiness or loud aggressive speech. After all the Spirit seeks for Silence to enter life, move it, and elicit results. Silence also allows us to be Silent Witness so we really know what is going on in the sales exchange. Silence too can spread to the world, as well as enter our nature and being. Eg calmness in all conditions are what the Spirit seeks.

Thus any of these Real Ideas can manifest in the exchange and go out in society, but they also enable the salesperson to grow - psychologically and spiritually.

Other spiritual values, Real Ideas are Creativity (eg new ways of doing things), Goodness (eg self-givingness, generosity of spirit, gratitude), Love (eg genuine affection), Timelessness (overcoming constraints of time) and Infinity (infinite results in the world). Each of these can manifest in the exchange, go out to society, and be integrated in the Being of the sales professional.

We can imagine how each of these might take shape in the sales process, and beyond.

No Title

In one sense we could say that our deepest purpose comes down to this: the degree to which we apply the Spirit to Life.

No Title

Withdraw Insistence, and your viewpoint will soon come about.

No Title

Moving to a higher level before one has saturated the current plane can prevent the higher level from manifesting, and can even undo or destroy what has been accomplished at the current plane.

No Title

In the story 'Pride and Prejudice' the atmosphere was generally positive, and so despite so many obstacles many were able to rise in life. In Shakespeare's play 'Othello,' the atmosphere was very negative, and so the smallest item (a handkerchief) led to the destruction of the main characters. Thus how life responds is dependent not only on our own attitudes and behaviors, but on the quality of the surrounding atmosphere.

What then is the atmosphere surrounding your work and its effect on your ability to accomplish? What can you do about it -- both outwardly, and especially inwardly - to improve things if negative; or improve them further if positive?

No Title

Its best to obtain praise when you are not looking for it.

No Title

If you worry about getting sick from others, fear-laden, illness-related information may start appearing from several directions.

No Title

If you wish that your preferred constituency alone achieves all of the successes, you may attract an over-abundance of riches that seriously tax your systems.

No Title

Fear attracts the object of fear.

No Title

A true Yogi is never bothered by circumstance, no matter how problematic; yet knows precisely what to do or not to do based on the conditions.

No Title

Rely not on your personal talents, but on Her infinite capacities.

No Title

Evoking Mother attracts rapid, unprecedented results; so don't let your mind get in the way.

No Title

Ongoing optimal Organization enables the repetitions to be perfect.

No Title

There is nothing the mind can do that cannot be better done in the mind's immobility and thought-free stillness. (Sri Aurobindo)

Sri Aurobindo Explains the Universal Mind, and How He Attained It

All developed mental men, those who get beyond the average, have in one way or other, or at least at certain times and for certain purposes to separate the two parts of the mind, the active part, which is a factory of thoughts and the quiet masterful part which is at once a Witness and a Will, observing them, judging, rejecting, eliminating, accepting, ordering corrections and changes, the Master in the House of Mind, capable of self-empire, samrajya.

The Yogi goes still further, – he is not only a master there but even while in mind in a way, he gets out of it as it were, and stands above or quite back from it and free. For him the image of the factory of thoughts is no longer quite valid; for he sees that thoughts come from outside, from the universal Mind, or universal Nature, sometimes formed and distinct, sometimes unformed and then they are given shape somewhere in us. The principal business of our mind is either a response of acceptance or a refusal to these thought waves (as also vital waves, subtle physical energy waves) or this giving a personal-mental form to thought-stuff (or vital movements) from the envioning Nature-Force.

It was my great debt to Lele that he showed me this. "Sit in meditation," he said, "but do not think, look only at your mind; you will see thoughts coming into it; before they can enter throw these away from your mind till your mind is capable of entire silence." I had never heard before of thoughts coming visibly into the mind from outside, but I did not think either of questioning the truth of the possibility, I simply sat down and did it. In a moment my mind became silent as a windless air on a high mountain summit and then I was one thought and then another coming in a concrete way from outside; I flung them away before they could enter and take hold of the brain and in three days I was free.

From that moment, in principle, the mental being in me became a free Intelligence, a universal Mind, not limited to the narrow circle of personal thoughts as a labourer in a thought factory, but a receiver of knowledge from all the hundred realms of being and free to choose what it willed in this vast sight-empire and thought-empire. (Sri Aurobindo)

Consciousness of Material Nature

As we progress and awaken to the soul in us and things, we shall realize that there is a consciousness also in the plant, in the metal, in the atom, in electricity, in everything that belongs to physical nature; we shall find even that it is not really in all respects a lower or more limited mode than the mental; on the contrary, it is in many "inanimate" forms more intense, rapid, poignant, though less evolved towards the surface. (Sri Aurobindo)

No Title

As soon as the mind falls silent, Truth rushes in.

No Title

At the point you break through your reluctance, there instantly arises a vast opening for your success.

No Title

Fear is fear of the Unknown, which is one expression of our fundamental Ignorance as humans. Controlling fear, including getting at its source, is an essential human obligation. Consecrating it is a shortcut to overcoming it.

No Title

Mother says that so long as nuclear weapons are readily available, they are bound to be used. Comment: Pakistan, India, Russia, US, China, North Korea, and Israel among others are each dangerous in their own ways. Eg a rogue individual, nationalist or terrorist obtaining weapon from any of them somehow, is bound to happen in some way as long as there are over 5000 nukes at large. The world is asleep on this issue - courting disaster.

Aligning with the Cosmic Governance

"A world of endless possibilities and infinite outcomes. Countless choices define our fate: each choice, each moment, a moment in the ripple of time. Enough ripple, and you change the tide..... for the future is never truly set." (from film X-Men, Days of Future Past)

Thinking about this - i.e. free will, our role in destiny, our power to change the world, etc. - from the spiritual point of view, we can say that there is an overall Cosmic Governance and determinism. Also, there is an individual governance (through the Psychic being) which has itself planted itself in our essence in order to acquire certain types of experiences. Also, at any time, our acts vary anywhere from lower consciousness (swabhava) to higher consciousness. When they reach a certain intensity, right atmosphere, it's time for life to respond.

Sometimes we may align consciously or unconsciously (or subconsciously) with the Cosmic Governance, Life would then respond in greater magnitude. As a result, we would grow and evolve faster than what we are now, and maybe we even could become the instrument of the Divine to bring forth His cosmic intention. Yet, as indicated in the film, the choices are infinite. We could align now, in the future, in the next birth, and so forth.

On the opposite side, the lower consciousness acts also when we reach a certain intensity causing life to respond negatively, resulting in Karmic Effect. Yet, they do serve a purpose as well -- i.e. for the Psychic to learn through those experiences through which it is seeking to learn and grow in Life.

In 'Pride and Prejudice,' the Cosmic Governance was to unify the class difference among the people to avoid revolutionary movement. The opportunity to align with it came to Darcy in the very beginning. He chose not to align by calling Eliza "tolerable". The result was a ripple of experiences, which gave greater lessons for his Psychic being. He was fortunate to learn them quickly, undoing the past and aligning with the cosmic movement, even becoming an instrument of it.

No Title

Then what is our Psychic seeking? And what is the Global Governance? Understanding Life Response, Observing the Synchronicity etc.. are the tools to guide us along in the ocean of infinite choices... (SM)

No Title

Truth is always experienced as joy, pleasure, bliss (Ananda). Being out of phase with Truth causes pain. It is Ignorance on the way to Integral Knowledge. That is the aim of yoga, which is conscious evolution.

Startling Explanation of Consecration from Partner Friend

A partner friend who I have slowly moved toward Karmayogi's view of things is experiencing one truth after another of Appa's in rapid succession through a work to the point that yesterday he explained Consecration from a level of depth I had never heard before. I sat there in mild shock as he suddenly became my teacher.

He explained that Consecration has the instant power to clear out all resistances, so that he can achieve the business goal. He then went on to explain that process in detail in terms of his very specific real recent experiences in sales.

I sat there in the garden of his home in astonishment and wonder as he explained. It was a seminal moment in our business relationship, but even more so in his own personal and spiritual growth in life.

Limits of Moving to a Higher Plane and Response of Life

Moving to a higher level before one has saturated the current plane can prevent the higher level from manifesting, and can even undo or destroy what has been accomplished at the current plane.

Eg if you are ambitious to get a corporate account when you haven't yet saturated your effort and accumulated a necessary solid group and foundation of local accounts, not only is it likely that your effort upward will be thwarted, but your limited success at the local level could be put in jeopardy.

On the other hand, if you make the full effort or otherwise saturate the effort and result at the current level, life tends to take over and take you directly to the threshold of that higher potential.

In both instances it is quite like movements in the game of 'Chutes and Ladders'.

No Title

The Subtle universe is the cause of the physical universe, and the destiny of the physical universe is to increasingly become Subtle

No Title

In any life situation there Is an opportunity to consider what is the deeper issue involved there, and what aspect of one's higher consciousness needs to come out.

No Title

When your emotions get caught up in a negative situation, you add fuel to the fire; only making things worse. That is why Non-Reaction as a life response strategy is so powerful; so helpful all around.

No Title

Every bother can be consecrated, clearing the way for quick life response results, as well as one's higher consciousness in that area in future.

No Title

When responding to another's comments, it is always best to begin with their interests and concerns, rather than one's own inputs or solutions. It takes a great deal of restraint on our part to take this tact, but it always attracts a better result in the conversation. It is also a sign of a cultured individual; even a person of higher consciousness.

Reader: Looks like it suits me sir. In the process of becoming higher consciousness,

No Title

I am witnessing my imperfection in the perfection evolutionary process.

No Title

When I am traveling towards that path I am making some noise, same noise helping me to go deeper and making me go silent.

Life taught me how contradictions can be complimentary.

On the contrary, same life teaching me that sometimes complimentary can also become contradictions. Able to understand Supramental View little bit.

Observing and analysis this thought process, it has given me harmonious result which helped me to understand Silent better than writing.

Soon I will go silent I think so when I understood what is real Supramental is... ?

No Title

The world and its people are now quite disturbed, as it cannot solve its problems within its current framework. However, this can change on the outside through greater cooperation among all sectors, peoples, nations (i.e. higher harmony); and inside each of us through the development of greater awareness, higher values, and other forms of higher consciousness.

Reader: As Sri Aurobindo says - Either Collective Evolution or Individual Revolution (Inner Revolution). Refer The Life Divine - Human Aspiration p4 p2 s1 for the original version.

For all Problems of existence are essentially problems of harmony - Sri Aurobindo (The Life Divine) P4P3S1.

No Title

When you perceive one or several truths in another's point of view that you persistently condemned or disagreed with in the past, you are taking a small step toward Supramental perception - ie Unity & Truth consciousness.

Reader: is this past consecration

Response: Past consecration is where you recall a negative of the past (and its cause) that is still adversely affecting you today and offer it to the Mother so its influence in the present gets dissolved. So the above statement is perhaps a kind of past consecration.

No Title

In slow motion the old world is crumbling, and a New World is being born.

No Title

Do what has to be done; every reluctance overcome.

Beingness & Life Response

One of the poises of the Supreme Consciousness is Silent Witness to the world. I.e. just observing its Creation; just "Being." We too can take that perspective through various inner

methods, -- like Non-Reaction, Non-Blaming, and Silence of thought and action, -- each of which can attract sudden good fortune; i.e. the most positive conditions of life.

Focusing on Something Attracts More of It

Whatever you focus your heart or mind on, life immediately brings more of it in the form of additional information. Here are a few recent examples:

-A man was fully absorbed by a spectacular mural just painted of a famous musician, and instantly when he went into a restaurant that artists music was playing. The odds seemed 1,000 to 1 of that happening.

-A woman was very pleased by the soup she had just made, and when she resumed her novel, the first character she learned of had the same unusual name of the type of soup she just focused on. The odds of this seemed 10,000 to one.

This is perhaps the most common type of subtle phenomenon known in the world. It happens to each of many times a day, though we ordinarily fail to perceive it even once. However, a conscious individual will ordinarily experience it at least a few times a day.

As you develop a deeper poise within, you become far more aware of this startling singularity in your life. On the other hand, living on the surface, we will perceive nothing at all.

No Title

If good things come to you without any physical or mental effort on your part, it is an indicator of a rising consciousness.

Cleaning Up the Mess

Not reacting + making a "token effort" of a small thing one can do in difficult circumstance can work wonders, attracting great, positive results.

A neighbor left the garbage, the barbecue pit, the chairs, and various used foodstuffs spread out over a common grassy area after a family gathering several evenings earlier. It raised the hackles of the neighbors. However, two individuals practiced not reaction in the face of this difficult situation. Despite the intensity of the moment and the oblivious attitude of the woman, they maintained an equal poise throughout.

In addition, one of the two cleaned up a small area near their own home as best they could, without interfering with the main body of debris. Moreover, he took this token action with a still heart.

Shortly thereafter someone from out of the blue quietly and unexpectedly came in and cleaned up the entire mess!

It showed the double Life Response power of Non-Reaction and making a calm, small "Token Effort" to improve the situation.

No Title

Causality, - i.e. cause and effect, - determines the nature of space-time. The problem is that we do not know the subtle laws of causality, though life response phenomena reveals

No Title

To Mother: Our lives are increasingly consumed by You and Your Supramental Force.

No Title

Increasingly upon waking you will be given answers, solutions as your consciousness deepens.

Going Beyond Surface Conditions Attracts Surprising Sales Outcome

In yet another Sales exchange, we shifted the situation from a seemingly doubtful outcome to one of quite likely by taking to these inner strategies:

- We remained patient, yet focused
- We adjusted to the proprietor's schedule
- We were not bothered by the buyer's apparently irritated demeanor
- We were very prepared in our presentation.

At the end, an over-burdened, seemingly disinterested proprietor of several locations suddenly showed keen interest in our services. By not being caught up in the surface reality, Life responded positively all around. The shift in the buyer's demeanor, and therefore his interest was quite striking.

No Title

The rival who repeatedly condemns its adversary will continually attract bad fortune in its own domain. When it gives up that hostility, success will blossom before its eyes.

Comment: eg we often see this in sports.

Reader: Attempt of rival itself a non-progressive action unless they apply on themselves. If it is practiced in the respective field, yes indeed there is a toughest time ahead in the evolutionary process. Because Individual Prosperity is the first steps towards collective evolution. Isn't it...

No Title

Past consecration is where you recall a negative of the past (and its cause) that is still adversely affecting you today and offer it to the Mother so its influence in the present gets dissolved.

Restraint, Silent Will, and the Software Application

Silently willing something from another, yet not speaking it out, or being over-eager to present it, or being overly attached for others' acceptance, soon attracts the original intention, and then some.

A man developed a sophisticated program for his work group. He mentioned it once before, and it received a mild positive reaction the first time it was distributed to the team. Now he remained silent about further developments in the program. He held back from verbalizing to others the improvements he made. He was even reluctant to send the program out to others, holding back as much as possible, as he knew the life response power of restraint.

When he did send the new version, he expected little in return, but instead received a tremendous positive reaction from his work partner. By restraining one's self and practicing Silent Will - i.e. holding back verbalization of one's intent,- parties that were lukewarm or indifferent now come rushing to you with appreciation.

Higher Meaning of "Organization" in Society

The goals for society is for it to consciously evolve, instead of merely "happen," which is unconsciousness development, which is slow and painful. When society individually and collectively consciously develop its aspirations, skills, capacities, systems, activities, etc. society evolves quickly, which is Development, which is "Organization" in the highest sense of the term. Organization is thus Development is Progress/Evolution.

Comment: (this is an interpretation of Sri Aurobindo's and Karmayogi's view of what Organization is and how Society progresses)

What Organization is for the Individual

When a person consciously develops his aspirations, intentions, motives, goals, to dos, character, nature, consciousness, etc. he is in essence "Organizing" himself to a higher level. "Organization" is thus the means of growth and development for the individual. Greater Organization is greater progress.

No Title

A great attitude becomes a great mood. A great mood becomes a great day. A great day becomes a great year. A great year becomes a great life. (unknown author)

No Title

The higher and deeper the consciousness, the more likely we are to attract positive conditions. The lower and more surface the consciousness, the more likely we are to attract the opposite.

Carpet Cleaning Life Response

Think about an area of your home, office, etc. that has remained filthy or otherwise unattended to for a long while. Now clean it. Life will almost certainly respond with unexpected positive conditions soon after.

A man ordered a new table for his office. It was due between June 3rd and 10th. He had forgotten the matter completely. Then he noticed an area of carpeting that had become filthy over the last several months. While sitting nearby and observing its condition, he decided to clean that dirty patch. And so he got down on hands and knees and scrubbed away.

After making the effort, he got up and looked outside his front window. Within TWO MINUTES a FedEx truck pulled up in front of his house. It was the table he ordered, almost a week early! And not a few moments after making that exhaustive cleaning effort to clean an ignored filthy area of his home!

That is the "Life Response" power of cleanliness and orderliness in life. Miraculous-like conditions suddenly take shape before your eyes!

Following the Divine Flow of Events

There is an absolute, perfect flow of events that are continually unfolding that can lead anyone to ultimate achievement in life. When we are centered in our deepest depths and highest heights (i.e. Truth Consciousness, Supermind), we can much more easily apprehend that flow and follow it, which will rapidly take us to the pinnacles of success.

In this Divine-determined and influenced existence, we are able to perceive every sign, every right turn to be taken along the way; whereas in normal life we move here and there haphazardly on a long, often pain-filled road to achieve our goals.

Let us then deepen our center of awareness so we are in tune with these subtle cosmic-influenced unfoldings, and thereby continually evoke powerful positive response that will quickly enable us to realize our ultimate potential in life.

Consecration Brings Vision & Intuition that Instantly Resolves Problems

We know that Consecration, i.e. opening to the Mother's Divine Force, quickly sets right any negative condition. We could say it has a direct, miraculous-like effect on the PHYSICAL world. And yet Consecration also has the power to evoke knowledge and information from the spheres into our MInds through vision, intuition, and other higher spiritual/like MENTAL powers.

The other day a friend of mine lost the key for her car. Naturally she was a bit upset. When I learned of the fact, I hurriedly looked in various places for the key, including the car itself. Though I searched and searched, I found nothing.

During the next several hours we both consecrated the problem. In addition, my friend simply forgot the issue as a tactic to evoke positive response. Still after several hours nothing was resolved.

A little while later, when I had a bit more time, I then refocused on the matter. I too consecrated the issue. But then something astonishing took place. Suddenly I had a glimpse of my friend reaching into an area between the two front seats of the car to look for a recharging device. We noticed at that time that the cover was slightly soiled. Now suddenly a memory and a vision of that area suddenly appeared in my mind. And so it then occurred to me that the key could possibly be in that location.

So I went out to the car to examine that holding area between the seats. I dug my hand deep into the container. And voilà, there among a number of other items was the missing car key! I then presented it to my friend who was naturally very happy by this development.

What happen was that after the consecration a visual thought was simply planted in my mind; one that seemed to come from out of nowhere. We call that a vision or an intuition. It turns out that such a mental experience is one of the outcomes, (like setting right life conditions), of consecration. That is, via the consecrated act one moves to a higher plane of mind, where information and knowledge simply appear in one's consciousness without any thought at all. It thereby comes and provides the solution to any difficult problem!

No Title

"The real you is not a puppet which life pushes around. The real deep down YOU is the Whole Universe. ... You are something that the Whole Universe is doing, in the same way that a wave is something that the Whole Ocean is doing..." (Alan Watts)

No Title

There is the reality we encounter, and then there is our reaction to that reality. That is the nexus Moment of Truth; i.e. whether or not our higher consciousness will hold sway.

Interrelatedness of Truth, Falsehood, and Life Response

The base for falsehood/lies also is Truth. That is why when a person who uses falsehood/ lies against others, it affects the other person only as long as the other individual is clinging to a parallel falsehood/lies within himself.

And yet the falsehood/lies will bounce back (boomerang) to the person who uses it against other persons when he cannot do anything to prevent its response. In that respect the falsehood/lies reflects its origin "truth". That is Life Response. (Nedumaran Ramakrishnan)

Synchronous Negative Events

If you experience a negative outcome around you at the same time you see someone else's strident or questionable comments or other expression, it is best to not act or react to their statements, as it would only generate problems in future. It reminds us again that synchronous, parallel events are related, no matter how little they seem to have in common on the surface. From the true depths of our being we perceive that they are inexorably connected.

Thinking vs. Creative Thinking

Thinking is the activity by which mind associates, organizes, coordinates and integrates information, thoughts and ideas. Creative thinking is the process by which mind extends the boundaries of existing thought and knowledge to connect, reconcile and unify previously unconnected or contradictory perspectives. (World Academy)

On Understanding the Nature of Mind

Mind is humanity's highest developed instrument for seeking knowledge. It is an instrument with remarkable capabilities and characteristic limitations. It is ironic that we invest so little time in education and scientific endeavor trying to understand the nature of mental knowledge and the character of the mental processes by which we arrive at it. (World Academy)

Life Response Power of Withholding an Opinion

If you have a strong opinion about something that should happen, that is not in tune with popular belief, hold back from expressing it, and soon it will occur.

Eg let's say you have a keen insight about whether a particular player should play or another player should not, and you hold back from expressing it at a sports forum, you will see that precisely what you desire, that is not readily accepted at first, is soon adopted on its own. It's the power of that energy held back, that increases in power and draws, attracts those very conditions one desires from life.

No Title

Blood boiling usually indicates ignorance of the facts behind the situation.

No Title

Non-reaction toward the precipitator of an uncomfortable situation causes that person to more quickly leave the scene.

No Title

Since all thoughts come from the outside, not inside, we can pick and choose which ones to think about, including universal ones which can give insights into vast issues and problems.

Reader: I wish to embrace Universal Nothingness. It needs application of energy to embrace it, I think. In recent days, I am picking only what is necessary for my transformation.

No Title

Money coming unexpectedly, without its conscious calling, is Grace, is Supramental.

No Title

When you do the things you feared or put off, they are accomplished far more easily and speedily than you might have imagined - often dramatically so. Life has in essence responded with positive conditions to your elevation of consciousness.

No Title

Values are Spiritual Skills, while Attitudes are Psychological Skills. Values determine our level of Growth. Listen to the 'Power of Values' by Janani Harish on 15 July 2016 at GIIMS Campus 2 at Marine Drive Cochin, Kerala, India at 10 .00 AM.

No Title

When there is Absolute Stillness permeating the air during a contract signing, or when a solution to a problem comes, or other circumstance, it is a sure indicator of Mother's Presence in life.

No Title

The illegality of Guns in America will eventually take hold, an indicator of a movement out of her physical consciousness.

No Title

Most of our problems in life are due to our reliance on what we believe to be true compared to what the actual truth is.

Barrier Breakers of the World

"I saw them cross the twilight of an age,
The sun-eyed children of the marvelous dawn,
The great creators with wide brows of calm,

The massive barrier-breakers of the world
And wrestlers with destiny in her lists of will,
The laborers in the quarries of the gods,
The messengers of the Incommunicable,
The architects of immortality.
Into the fallen human sphere they came,
Faces that wore the Immortal's glory still,
Voices that communed still with the thoughts of God,
Bodies made beautiful by the Spirit's light,
Carrying the magic word, the mystic fire,
Carrying the Dionysian cup of joy,
Approaching eyes of a diviner man,
Lips chanting an unknown anthem of the soul,
Feet echoing in the corridors of Time."

(from the canto 'The Vision and the Boon' from the 25,000 line epic mystical poem 'Savitri' by Sri Aurobindo)

No Title

Consciousness is previous to and the cause of Life, and reemerges in Life through our progress and Evolution.

No Title

Mother asks devotees to give up association with Gods, who are beings of the overmental plane, and instead surrender to Her, the divine shakti, expressing Truth consciousness of the greater Supramental plane.

No Title

"The internet has altered global culture almost beyond recognition."

No Title

As soon as you fret about money, negative experiences tend to occur that increase your expense. On the other hand, overcoming such feelings brings positive results, including conditions that reduce cost.

Angels in the Architecture

(synchronistic life response)

It was reported in the news that during the playing of his famous song 'The Boxer', Paul Simon interrupted the performance to give homage to the sudden passing of Muhammed Ali, the world famous boxer and global personality.

If indeed Simon found out about this development during or just before the playing of the song, it would be a startling synchronicity. It turns out that Simon continued on with the performance and sang the final verse of the song, which almost exactly describes Ali's life (And his death), even though the tune was written forty years ago!

"In the clearing stands a boxer, and a fighter by his trade
And he carries the reminders of ev'ry glove that laid him down
And cut him till he cried out In his anger and his shame,
"I am leaving, I am leaving." But the fighter still remains"

Well it also turns out that ever since I read about that "coincidence," Paul Simon synchronicities have been happening to me one after another.

Eg as I walked about with a business partner in downtown Long Beach, CA I noticed the design of the old historical buildings. As a result, I remembered and started chanting to myself the lines "He sees Angels in the Architecture, Spinning in Infinity," (from 'You Can Call Me All') by Simon. Then when we walked in the first restaurant where we were performing our sales duties a Paul Simon song suddenly came on the speaker. Then I went into another restaurant, and it happened again! There was Simon's voice on yet another tune.

And so at this point I knew from experience that this dynamic could keep repeating. Eg a long lost letter could now suddenly fall out of a drawer with Paul Simon lyrics, or a truck could go by saying "Simon Furniture" as soon as I walked out into the sunshine. Etc. etc. But now I said to myself something along the lines of "Oh God no more, no more iterations from the surroundings; I have to concentrate on my work!"

That's the power of concentrating on a particular subject matter: Life quickly sends you more information, more content on that very same matter. I have experienced it hundreds, if not thousands of times over the years. In fact, such synchronicities are perhaps the most common form of Life Response event one can experience.

In addition, if I'm the incident the Simon-Ali sync was really that auspicious, then descents from the realm of information would have become universal-like, and thus perpetual in nature. It would mean the potential for an endless stream of the miraculous from the same source event for many individuals throughout the world.

No Title

Life is divided, but we are engaged in the monumental yogic effort to make it Whole.

Comment: We engage in that evolutionary process by elevating our consciousness, and bringing Mother into all aspects of our lives.

Perfect Parking Space

(life response power of taking a fresh approach)

We are creatures of habit. However, when we break the habit and try something different, creative, new, life can suddenly open up with unexpected good fortune.

A salesperson was trying to introduce one of his accounts to another junior sales rep, so the latter could take over the account. However, each time they went to the facility, they had trouble making contact. One time the owner wasn't in. A second time, the facility was closed. A third time they did not have loose change for the parking meters. And so forth, for about half dozen iterations.

The senior rep was thinking about giving up on the idea of meeting with the account for now. However, the junior sales representative had the thought that they could try a different approach. Rather than park out front where the meters were, they could park around the block somewhere where metered change was not required.

So they drove over to the facility one more time, not expecting any particular result. When they arrived, they noticed that there was an unmetered space, right at the corner of the restaurant! A better space could not have been found! They then got out of the car, went inside, and met with the General Manager of the restaurant, to whom the junior rep was introduced.

Because they tried a different way, a different strategy, life responded and provided an unexpected space DIRECTLY IN FRONT of the facility. A better situation could not have been created! That is the power of giving up one's habit or routine, and doing things a different way. Life opens up in most unexpected and helpful ways!

With that in mind, consider what activities are you repeating that are not getting the desired results, or are keeping you in the same place, preventing you from moving forward. What other ways, approaches, ideas, etc. can be brought to bear to change the situation? If you try out a new way, you may be stunned by the way life quickly responds!

No Title

The most creative, innovative, breakthrough thinking occurs when our mind falls Silent.

No Title

Artificial intelligence can only be truly effective when the subtle laws of Life Response are known and programmed in.

Evoking Progress On Many Fronts Simultaneously

One of the great principles of Life as espoused by Sri Aurobindo and expanded on by Karmayogi is how Nature works on many fronts simultaneously in the evolutionary process.

Eg in the recent mass shooting in Orlando, Florida, we see issues that touch on 1. Mental illness in the country and how it expresses. 2. Spousal abuse. 3. Severe anger issues (what creates it) 4. The settlement of immigrants. 5. The taking to religious fanaticism (reasons for). 6. The readily availability of guns in the country. 7. The holes in the FBI's pursuit of potential terrorists. And so on and so forth.

Likewise, we can see that problematic issues in our own lives touch on many issues simultaneously, when we see it in relationship to issues involving various aspects of ourselves, to issues involving others connected in those circumstances, to the wider social context, etc. etc. In this way, Nature works on many fronts at once to further progress in its course towards increasing higher consciousness and human development.

(Another example: In Jane Austen's 'Pride and Prejudice' 10 interrelated people are simultaneously dealing with and overcoming their own individual as well as their associative collective problems. It is a slow, and in many ways, a torturous process)

And yet that (Nature's Way) is a slow and painful process, involving many parties at any nexus point. Fortunately, we have the power of Consecration and other higher consciousness means to not only rectify the situation but also resolve all related situations both instantaneously and simultaneously. This supramental power takes us to the frontier of consciousness giving us an enormous power to resolve all interconnected problems at once if only we so choose to use it.

This is key to furthering the evolution; to turning division and conflict in Life into harmony and progress: not through Nature's difficult ways but through the Divine Power of Creation that is available to us through our higher consciousness, including the Divine Mother and Her Supramental Force.

No Title

The fact is that others see situations and circumstance from perspectives that we completely miss, even though we hold on like a bulldog to the limited view we have.

No Title

If you do the right thing at every step, including those things you are reluctant to do, life will continually respond in your favor.

Reader: In Life, the very important and unanswered question of all time is, is there something called right or wrong? or it is for understanding purpose ?

Response: At a variety of moments in the course of one's day, of a project, etc. there are decisions to be made. These can be thought of as crossroad decision points.

That which enhances positive result, helpfulness, goodness, truth, equality of being, strength, right attitude, etc. etc. is the direction to take at each point, instead of the opposite. Life will respond positively as a result.

If you have the subtle sense you can always tell which way to go, which action to take. The deeper one's consciousness, the better the decision making. The more you are self-aware of your own nature, positive and negative qualities, the more you will be able to choose in the right direction in any given moment in time.

All of this can come under the heading of Truth. I.e. being aware of the Truth of your being, the Truth of the situation and the Truth of what is best. Higher consciousness all around in ones being puts one in touch with such unfolding Truth.

If you practice Karamyogi's key methods - from consecration to non-reaction to taking the other person's point of view to self-givingness, you will be more in touch with the Truth and will increasingly be able to make the right decision, which is in essence the difference between wrong and right.

No Title

When another person steps forward and admits his deficiency of consciousness and wishes now to change, there is a very good chance that it parallels and brings out a similar deficiency that you too are making efforts to overcome.

Unexpected Relations through Mother

-Mother (i.e. Consecration) turns individuals who were utterly at odds with one another into comrades and friends.

-Mother creates out of negative associations positive relations that are utterly unexpected, even startling.

-Mother moves life in directions that far exceed our expectations, leaving us both ecstatic and dumbfounded.

Reacting to Money Concerns and the Response of Life

As soon as you fret about money matters, additional negative circumstance tend to occur that increase your expense. On the other hand, overcoming such feelings and remaining cheerful brings positive results, including conditions that reduce cost.

A woman started fretting about her money situation, Within one minute she discovered a new expense that had not been there before. If she had remained calm in the face of money concern, good things would happen, such as a cost now suddenly discovered to have gone down, or a new or expanded source of income now coming in.

No Title

A hostile partnership against you will split apart if you consecrate and practice non-reaction.

Movie Time Distortions and Subtle Laws of Life

Even when there are artificial time distortions created by writers, authors, directors in film and literature -- as in science fiction, fantasy, and the like -- they still are able to present the underlying life principles that in essence resolve the contradiction of time they have created. It is because the subtle life laws are subconsciously (not consciously) understood and therefore presented by these creators to their audience. That is one reason why, despite its often artificiality, it can still hold our interest.

Choosing in the Right Direction to Make Life Respond

At a variety of moments in the course of one's day, of a project, etc. there are decisions to be made. These can be thought of as crossroad decision points.

That which enhances positive result, helpfulness, goodness, truth, equality of being, calm, strength, right attitude, effort, higher values, etc. etc. is the direction to take at each point, instead of the opposite. Life will respond positively as a result.

If you have the subtle sense you can always tell which way to go, which action to take. The deeper one's consciousness, the better the decision making. The more you are self-aware of your own nature, your positive and negative qualities, the more you will be able to choose in the right direction in any given moment in time.

All of this can come under the heading of "Truth." I.e. being aware of the Truth of your being, the Truth of the situation and the Truth of what is best. Higher consciousness all around in one's nature puts one in touch with such unfolding Truth.

If you practice Karamyogi's key methods - from consecration to non-reaction to taking the other person's point of view to self-givingness, you will be more in touch with the Truth and will increasingly be able to make the right decision, which is in essence the difference between wrong and right.

Life Response Power of "Forgetting"

When there are several simultaneous intense difficulties going on at once, it is often the best approach to disassociate yourself from ALL of them and do something else, which will allow all issues to work themselves out on their own, often for the best.

One man found himself right in the midst of a hurricane of two simultaneous difficult situations. Each one would normally occupy one's full attention and stir up the emotions. However, this individual decided to put everything aside, - lock the doors, turn away from his computer, - and have his lunch instead. He also offered the entire matter to the higher power and decided to forget about it completely. An hour so later, he found out that both problems had been resolved on their own much to his satisfaction.

Thus "forgetting" the situation and putting your focus elsewhere, while offering the entire situation to the Spirit, can often be the best remedy to intense situations that are trying to work themselves out.

No Title

Mother solves problems through Life that cannot be solved by Life itself.

No Title

Mother's solutions are infinitely creative.

No Title

Reader: A happy beginning

A good continuation

And no end

An endless progression

- MOTHER

No Title

Best not to imagine negatives; only positives or nothing at all.

Negatives as Life Response Opportunities

Each small negative reveals an opportunity that when understood and acted upon can attract positive conditions.

A man carelessly let a large cooking utensil fall from its location. It revealed that the location was filthy. Now he had the opportunity to clean that area. And we know when we take to higher levels of cleanliness, positive things happen - such as unexpected additional work or opportunity coming in; more money, etc.

In this way, every negative in your life can become a golden opportunity to attract success if perceived in the right light.

No Title

The movement of the UK out of the EU is a moment of Darkness in the world, one that can ironically eventually lead to a greater Truth and Light expressing as greater Unity, which is opposite of the current wave of the Exiters.

Solving the acute problems in the world can only come about by greater cooperation and coordination -- not nations pulling their separate ways -- which leads to greater harmony in society, setting the stage for human evolution and a divine life on earth.

No Title

Karmayogi via Garry Jacobs and the World Academy of Arts and Science (WAAS) have come up with the answers to the major social and economic problems in the world. A New Paradigm that is a Human-centered Economics is one starting point. A modicum of World Governance where nations can work together through a common legislative process to solve problems is another.

No Title

The economic problems facing the world - such as wage stagnation and radically skewed wealth in the world, revealed by the financial crisis brought on by speculative greed,-- are example of the weakness of the money-centered economics of capitalism. A new economics with the Human Being at the center of life must take its place.

Comment: The recent exist of the UK from the EU, indicates that reactionary forces are taking up the solutions to the economic limitations of the current system. They rightfully acknowledge the problems, but bring solutions that can only exacerbate it. In fact, theirs are the very forces that accelerated economic pain in the world in the last twenty years, through their advocacy of laissez-faire, unregulated capitalism, which almost completely collapsed the system in 2008.

No Title

Optimists turn challenges into opportunities.

No Title

A life consecrated to the Divine is the only life worth living. (The Mother)

No Title

You must rise high enough in your consciousness so as to be above contradictions. That is the solution. (The Mother)

Comment: There are so many contradictions, divisions, conflicts, etc. we have within ourselves, with others, with life. To raise our consciousness so that these contradictions are resolved and turned into harmonies is the moment-to-moment secret goal Life aspires for you.

No Title

You know, the creation is the result of division; but that creation has to become Unity in order to become divine again. (The Mother)

Comment: Creation was/is an increasing Dividing process from Oneness of Spirit to Mind to Energy divided all the way down to the atomic level of Matter. This is the Involutionary process of division for the sake of enabling Creation. It is the movement from the Divine to atomic existence.

However, Life on earth is a movement back up from infinitely divisible physical matter to animated Life to Mind to Spirit through forms, including us. It is the Evolutionary process from division to Oneness.

No Title

Sri Aurobindo had the deepest, most profound insights into the nature of Reality of any individual who has ever lived.

No Title

It is a key aspect of Sri Aurobindo's integral yoga (and the future of the race) that we develop a super intuition, a supra-mental capacity that continually sees into the Truth of things.

No Title

Surrendering to the shakti, the divine Mother and Her Force is not only the means of transforming our own lives, but is also the means of evolving the World around us. These are in fact the dual movements of our being required by Sri Aurobindo's Integral Yoga.

No Title

To truly understand current events and history, try to imagine the Higher development and Intent that is trying to work itself out, and how circumstance -- whether problematic or fortuitous -- are always secretly aligned to that cosmic Interest.

No Title

A free economic system becomes destructive when it only truly satisfies the needs of the few.

No Title

Equality is the perfect complement of freedom. Without the former, the latter becomes destructive.

No Title

Unbridled financial transactions are as potentially as dangerous as nuclear war in its material impact. The 2008 Financial crisis that almost brought down the world economy in 24 hours - - by greedy individuals through super-rapid speculative trading of financial instruments -- is but a processor of what could increasingly occur in the future.

On the other hand, the Human Individual placed at the center of economic life can become the new value and standard. A "Human-Centered economics" -- not the current money driven approach -- can become the New Paradigm of social existence.

Consecrating One's Life to the Divine and Speed of Its Realization

When someone has decided to consecrate his life to the seeking for the Divine, if he is sincere, that is to say, if the resolution is sincere and carried out sincerely, there is absolutely nothing to fear, because all that happens or will happen to him will lead him by the shortest way to this realisation.

That is the response of the Grace. People believe that the Grace means making everything smooth for all your life. It is not true.

The Grace works for the realisation of your aspiration and everything is arranged to gain the most prompt, the quickest realisation -- so there is nothing to fear.

Fear comes with insincerity. If you want a comfortable life, agreeable circumstances, etc., you are putting conditions and restrictions, and then you can fear.

But it has no business in the sadhana! (The Mother, from Mother's Agenda, May 26, 1967)

No Title

The destabilizing leaving of UK from EU is an indicator that the world need to come closer together, not further apart. This will serve to further human unity and help make way for the emergence of the Spiritual Individual and eventually a Divine Life on Earth.

No Title

From the perspective of the Supramental consciousness, all the clash and conflict that is taking place in our lives and in the world is a means by which a higher Harmony is trying to emerge.

No Title

The Supramental being always knows exactly what to do in every situation since he is in identity with the Truth of all things, including the truth of what is unfolding.

No Title

We each see things from the limitation of our individual viewpoint, not from the view of all perspectives, which is Supramental.

No Title

Where the average person perceives contradiction and conflict and duality, the gnostic (Supramental) being perceives complementarity on the way to a higher harmony.

No Title

In his consciousness, the gnostic (Supramental) individual regards all beings as beings of his own self. Thus, he has a spontaneous sympathy with all others he encounters in life. As a result, there would be no contradiction or strife between one's own good and the good of others. One would do and work for and dedicate one's self to the well-being of others as much as one's self.

Perceiving Conflict as Opportunity in 'You've Got Mail'

It is one profound observation that things happen in Life in order to make us evolve. Sometimes it comes to us as a bitter lesson, but behind this apparent difficulty there contains an Opportunity, which comes to us as Fortune or Grace. However, in order for these positive developments to come about we need to move in harmony with life and change our consciousness, especially our attitudes along the way. As a result, life will Respond and miraculous events will unfold.

In the movie 'You've Got Mail' Kathleen's "Shop Around the Corner" bookstore was threatened by the opening of a new much bigger store and chain, Fox Books. Though she had a very positive and cheerful disposition that nothing untoward would happen, eventually she had to shut down the store due to the competition after it had served the community for 42 years. It was devastating moment in Kathleen's life.

However, after a while she accepted what life had put forth before her. She even visited the competing and dominating Fox Books herself and discovered that it was indeed big, had cheaper prices, and realized that people did like it there. Yet she also perceived that what lacking was the personal touch including a lack of service.

Most interestingly, we see that as she moved on from being store proprietor, a new opportunity opened up for her to become a writer.

Meanwhile during that period, she was also in communication with an anonymous Internet friend. In a startling turn of events, it turned out to be Joe Fox himself, the owner of the competing book chain.

In an earlier scene, she accused him of spying her bookstore. But then she felt bad that she should not have said such things, even if that was true. It was at that point that her change in consciousness aligned with Joe Fox's consciousness who began to show genuine interest in her. Eventually they became friends, in contrast to their being bitter enemies in the beginning. In the end, she was so happy when she discovered that indeed Joe was the internet friend and as a result would now become her life partner.

As we see in this situation, the surface occurrences at the beginning appeared dark and threatening. But the Reality's bigger picture was to-

--elevate her from her current contentment of shop girl to new career of being a writer.

--simultaneously enable her romantic life flourish, enabling her growth and personal fulfillment

--elevate Fox Book Store to a higher level of customer service through her innovative strategies

In the end, what seemed stressful and conflictive was actually an unfolding of Opportunities through a Cosmic Plan that addressed the truths of all parties those aligned with It. (SM)

Key Human Behaviors That Attract Sudden Good Fortune (Life Response)

- Be positive, optimistic, and cheerful
- Give up a wanting attitude or belief
- Shun negative feelings toward others
- Stop negative attitudes towards life
- Turn negative emotions positive
- Try to make any situation better
- Choose what is positive and helpful
- Make a decision about something
- Take the necessary physical action
- Embrace what life has put before you
- Overcome any reluctance you have
- Feel deep enthusiasm in your work
- Make the full exhaustive effort
- Don't blame others
- Don't complain about others
- Don't react to others' intensities
- Take responsibility for a situation
- Increase cleanliness & orderliness
- Systematize an activity
- Organize facts into ideas
- Maximize the use of a resource
- Pay all your debts; collect money's due
- Circulate money, don't hoard it
- Give people/objects more attention
- Commune with the essence of objects
- Shift your focus to others
- Be selfless and self-giving
- Show gratitude to others, life
- Send others good will
- Forgive others when wronged
- Take to greater psychological strength
- Hold back a thought so others speak it
- Talk less; and in a low, soft voice
- Take the other person's point of view
- Eliminate thinking in intense situations
- Move from agitation to stillness
- Be calm and equal when problems arise
- See negatives as positives in disguise

- Hold back initiating; wait for life's signals
- Execute an activity perfectly
- Open to the spiritual Force
- Really aspire for something to happen
- Plan, implement, and execute a goal
- Focus on what should be accomplished
- Embrace the truth of things, not shun it
- Forget a problem, not dwell on it
- Change a long-standing negative habit
- Apply higher values in every work you do
- See difficulties as opportunities
- See the outer as reflection of your inner
- Choose the higher consciousness direction
- Shift out of lying, deception, dishonesty
- Stop any form of ill-will toward others
- Take every small detail seriously
- Believe infinite can break out of any finite
- Go the extra mile; make the extra effort
- Give up the trivial for what is important
- Withhold opinions
- Don't celebrate prematurely
- Don't over-anticipate a positive outcome
- Avoid sarcasm and cynicism
- Withhold ego movements of all kind
- Listen first, then talk]
- Review past negatives & offer it to the Spirit
- Embrace the many-sided truth of things
- Don't insist; move life from within

"Inner Selling" That Attracts Ultimate Sales Results

Ours entire Sales approach is predicated on a single principle: "the Inner moves the outer." This means the capacity to evoke great results through minimal outer effort, yet significant inner, higher consciousness means.

The methods to implement this powerful sales approach are varied, and include-

- Consecrating every sales act - whether making a presentation, sending a follow up letter, etc. This is the single great key.
- Observing the signs around us to know what to do and what not to do.
- Eliminating all negative attitudes - whether towards others, towards work, or towards life.
- Being fully organized at all levels. That includes cleanliness, orderliness, systemization, etc.
- Focusing our Intention in the extreme
- Willingness to go the extra mile
- Reduced speaking, and wherever possible, a silent mind
- Always being agreeable. Constantly taking the other persons point of view.

Each of these, whether perceived as practical or not, have a vast capacity to quickly attract dramatic sales results.

Generosity & Outflow of Funds Attracts

Over the years we have seen that shifting from tightness to generosity towards a deserved party instantly attracts a doubling or more of funds.

Eg over time a man came into substantial income due to his diligence and hard work. On receiving a portion of those funds, this often tight-fisted individual made a generous contribution to his partner.

As it turned out, within five minutes of that act, he was contacted by his agent that he now had new work that would earn triple the contribution he made to his friend.

It was also a lesson that when we allow money to circulate and outflow as it should, avoiding hoarding, it accelerates the inflow.

No Title

The one thing we are sure to do every week is express our EGO in a hundred different ways.

Reader: True words Sir... May be can say that every day. It is 100% true.

Response: Yes, and each Ego movement attracts a quick negative response from life.

Reader: How to detect if it is an ego movement or not?

Response: -There are dozens, even hundreds of ways we express our ego. It is just a matter of stopping to examine what we are thinking, feeling, and doing at any moment in time, identify it, and halt that ego-oriented behavior.

-What is Ego? Ego is where you position yourself at the center of life, and through your negative inner and outer behavior separate yourself from the concerns of others and the world.

-Eg in Jane Austin's novel 'Pride and Prejudice' we see many examples:

--Darcy feels proud and above the people who are in a class below him

--Wickham takes actions that are selfish and harmful to others, such as his elopements with Lydia and even Darcy's young sister

--Eliza's pride is hurt when Wickham does not show up at the ball because she is in love with him

--Mr. Collins boasts about his association with the rich and aristocratic Lady Catherine.

--Lady Catherine tries to interfere in the relationship between her nephew Darcy and Eliza Bennet, which are really none of her business.

-Lydia acts wildly without concern of the harmful effect on others.--Mr. Bennet continuously mocks his difficult wife, and boasts how he can remain in the library apart from his silly children

--Mrs. Bennet is perpetually petulant and self-absorbed, not caring what others think or feel.

--And so forth

In the course of our own day, we too take actions that are insensitive to others; that are foolish, ignorant, spiteful, vindictive, hostile, conflictive, reactive, argumentative, overly assertive, demanding, cynical, sarcastic, mocking, mistrustful, dismissive, insufferable, unwilling, unresponsive, uncaring, indifferent, petulant, irritable, reactive, cantankerous, prideful, prejudicial, bullying, dominating, interfering, destructive, disdainful, selfish, shameless, deceitful, dishonest, underhanded, interrupting, self-pitying, self-loathing, self-absorbed, and others. They are each expressions of Ego.

And yet at any moment in time we can catch ourselves and consider if we acting in any of these ways, and then halt it in its tracks. We can also Consecrate that negative ego-oriented behavior so it will occur less often or not at all in future.

The key is whether we are sincere about making such changes, or whether it is subject of mere passing fancy.

Note that people who practice yoga (conscious evolution) or similar are constantly watching out for, vigilant of such separative EGO-oriented inner and outer behaviors.

When you realize that a good deal of what we do in the course of our day are expressions of EGO, then you understand that there is a lot of work for us to do!

However, we can begin today, from where we are, and examine our thoughts and feelings at any moment, and cleanse ourselves of any EGO movement we are expressing. And when we do, Life will quickly respond in our favor!

Reader: Sir, thanks so much for taking out the time to write this response. It is very helpful.

No Title

People readily blame their governments, and often rightly so. Yet can anything compare to the ignorance and stupidity of the people themselves?

No Title

If you can't resolve the contradiction or conflict with someone or some thing outwardly, you can do it Inwardly, through even more subtle forms of higher consciousness.

No Title

By being fully aware of, yet Not Reacting to the negative behaviors of others, it releases positive energies that go out and create pressing conditions compelling that troubled person to change.

Startling Life Response Story of Indian Actress

(how seeking the Truth attracts; opening the doors to infinite-like results)

Truth is the real reality, as opposed to what we believe or wish things to be. And one interesting aspect of Truth is that when we take to it, instead of accepting the limited knowledge we have, extraordinary things can suddenly take place.

A woman was married to a ruthless Indian landlord. He not only abused his wife but he carried on an affair with a famous Indian musical actress. One day the wife asked her assistant to find out what this actress was like. The assistant went to see the actress's performance, and then reported back to the wife that she was rather ordinary looking, and could not act or sing very well. Though the wife listened attentively to her assistant's words, she was skeptical about the report. And so she herself went to the performance to see what the actress was really like. In her heart and mind, she needed to know the truth.

When she arrived on the scene, she was taken in by the bright lights and colors outside the theater. And then when the performance began she was less concerned about the beauty and talent of the actress her husband was having an affair with (and bankrolling the production), as she was by the magic of the musical theater. She was dazzled by this new reality - overwhelmed by the action, the dialogue, the color, sweep, music, etc.

The wife then moved out of her husband's place and was not heard from again. Meanwhile, the husband and the actress continued their relationship. More than the affair, it turns out that the actress really wanted the husband to bankroll a great new epic story she could star in. However, the part never came her way.

A few months later the actress was browsing the newspaper and learned that a dazzling new actress had performed in this new play, and she received rave reviews. Now the actress wanted to know who this woman was; and so she travelled to Calcutta to find out. When she arrived in the theater she was stunned to see that this new great actress was in fact the former wife of her boyfriend! She was started and overwhelmed to discover that this abused wife was now at the top of her field!

As we see, when the wife made the effort to discover the Truth of things, rather than stay with her limited view, she had an overwhelming experience at the theater, that compelled her to take it up as a career, and was then rapidly catapulted to the top of her field. That is the Life Response power of seeking Truth. The doors of Infinity are suddenly opened wide!

(by Roy Posner, based on TV series 'Stories by Rabindranath Tagore')

Life Response Power of Intuition

Intuition of information saves vast amounts of time as the answer, solution, direction, knowledge, etc. directly enters the mind without thought.

Being a spiritual capacity of Mind it has power to overcome the limits of space and time, while attracting infinite-like results. It is thus a powerful means of evoking "Life Response" results; i.e. onset of sudden good fortune.

Eg a man had the intuitive descent into his mind and therefore the compulsion to review a particular book, which gave him some of the most powerful examples for the research he was he was doing. Otherwise, he would have had to go through many other books to find the types of information and insights he was after.

PS. If you consecrate life activities to the spiritual Force, keep your mind as Silent as possible, and center the consciousness more deeply within, sudden descents of intuitions of knowledge directly into the mind without thought will occur more often.

No Title

In our discussions with others, let us aspire for the many-sided Truth to come out, while leaving our fixed opinions, supported by an intractable Ego behind.

No Title

One great spiritual question is "at what level of Depth do we wish to live our lives?"

No Title

We don't readily see that difficulties make us stronger, give us greater wherewithal and capacity, and more essential knowledge and wisdom for the future.

No Title

We've inherited the power to create infinitely in our own lives from the Infinite Creator.

Attracting Simultaneous Multi-Pronged Waves of Negativity

A wave of negativity (such as anger) or positivity (such as goodwill) can be directed toward you from several parties simultaneously though those individuals do not know one another nor have they ever been in contact. Something in you or some action you took awakened and attracted that general wave that then comes in specific form from each party.

Eg three individuals living far apart, with no connection to one another suddenly get angry at you for a variety of reasons after you have had a discussion with one of them on a controversial topic that causes him to become furious.

This indicates anger and similar intense emotions and sensations spread like a wave, and can be simultaneously picked up and recommunicated by multiple parties, though they each express it in terms of completely different issues.

Reader: The relation is possibly in the quantum level, like in the case of "ghost" relationships between quantum particles that have overt connection in time/space.

No Title

When intense anguish or anger is being expressed by a number of individuals, it is best to withdraw your direct involvement and interest, and remain calm. Otherwise you may simultaneously attract similar-type negative conditions and reactions from other sources that on the surface seem unrelated, but in the depths inexorably are.

No Title

From the highest Consciousness, there is nothing and no one to blame.

Comment: (i.e. all is as it needs to be)

No Title

From the perspective of the Reality, everything serves a purpose in creation. For the supramental individual, marriage, family, children, career, property, possessions, even romantic love fade into the background of necessity compared to experiencing oneness with others and life, inner and outer freedom, true individuality, deep knowledge and wisdom, joy and delight of being (bliss), soul to soul connection, communion with the spirit, and surrender to the will of the divine Force.

No Title

Each of your adversaries present another way for you to grow.

No Title

Best not to express an opposing opinion around an angry person, as he is likely to vehemently turn it against you. Plus other negative conditions are likely to suddenly present themselves out of nowhere. The best position then is to be calm and equal, to not react to one who is filled with anger.

No Title

There are many uncouth people in the world. Through their unconsciousness, Nature secretly seeks to make good people even better.

No Title

A person who lives outside of normal life can actually be the individual who truly lives Inside it.

No Title

In a tragic outcome, one can see how every side contributed.

No Title

The first thing to do when you are frustrated trying to solve a problem or accomplish a goal is to rid one's self of the frustration. That shift in attitude will help bring about the best of outcomes.

No Title

Stillness attracts action that has accomplished.

Source & Purpose of Evil in the World

To bring some clarity about the nature of Evil, including Evil's source, as well as its solution, I am quoting below from my summation of the chapter 'The Origin and Remedy of Falsehood, Error, Wrong and Evil' from Sri Aurobindo's metaphysical opus 'The Life Divine.'

"In this very interesting chapter, Sri Aurobindo begins by addressing the issue of good and evil. The first and surprising claim he makes is that good and evil serve a purpose in evolutionary Intention behind things. He then goes on to explain how good can come out of evil, and evil out of good. Moreover, we should keep in mind that our notion of what is good and what is evil keeps changing as we and society changes.

Sri Aurobindo then shifts and focuses on the roots of evil. He says it is not inherent in the Absolute, Brahman, or Satchitananda, rather it occurs at the occult planes that emerge below Supermind. That in the supraphysical realms there are personalities, powers, and forces that are titanic and daemonic. And that the intention of these powers of Darkness and Evil seek to prolong the Ignorance and Inconscience in creation.

Sri Aurobindo goes on to say that Man has become an instrument of these supraphysical good and evil energies and forces, incarnating them in the world.

Sri Aurobindo then focuses on how evil came to express in our own human nature. To do that he diverges and focuses on how mind came to be in the first place; in particular, how the surface consciousness and thinking intelligence came to be. And yet despite its positive effect, the human intelligence is also filled with human error, contributing to our essential Ignorance.

In perhaps the key to that chapter Sri Aurobindo indicates that falsehood and evil takes root in our vitalized mind of desire and sensation; in the most surface mental and vital consciousness. Thus, our beliefs and opinion take shape as a part knowledge that suits our lower nature and the inputs of our senses. It is in essence the Ego asserting itself at the level of Mind. This is where evil establishes itself in Man.

Sri Aurobindo then goes on to explain in detail how Ego appears in the three increasingly dark aspects of our being -- Ignorance, Falsehood, and Evil. Interestingly he goes on to explain the utility of ego in the wider scheme of things. That Ego is the first necessary means by which we distinguish ourselves from others and the mass. Otherwise, we would not have a unique identity, a sense of our own existence.

Sri Aurobindo then concludes that to overcome Ignorance, Falsehood and Evil, we must overcome the influence of Ego, which can occur by replacing the outer, life-personality with the inner or true vital being, which is the subliminal and psychic entity/the soul within."

No Title

If a negative situation is observed, don't go on restating it, especially with intensity, or even in jest. Otherwise, it will quickly start repeating itself in new, unexpected forms.

Pet Food Bowl

In making the journey from blaming others to non-blame, the helpful Truth suddenly reveals itself.

Eq a man wanted to blame his spouse for a missing pet food bowl. He caught his wrong attitude, and then carried on with other matters. A moment later, he discovered the missing bowl in the fridge, indicating that no blame was deserved, plus now the missing item had revealed itself!

The Essence of Love is Unconditional

"love ... is unconditioned: it doesn't depend on whether you are loved or not, whether you are intelligent or not, whether you are wicked or not...

But it goes without saying, love is unconditioned, otherwise it isn't love, it's what I call bargaining: "I give you my affection so you give me yours; I am nice to you so you are nice to me"! That's how people understand it, but it's stupid, it's meaningless.

That's something I understood when I was quite small, I used to say, "No! You may wish others to be nice to you if you are nice to them, but that has nothing to do with love, no, nothing, absolutely nothing." The very essence of love is unconditioned."

(The Mother, from Agenda, June 14, 1965)

Reader: True but it is very difficult to follow this, unless one is very very matured and has a highly developed consciousness to not expect the same level of Love and affection from the other person.

Response: Yes, you are right. However, we can get there by taking small steps in that direction. I.e. do we seriously, sincerely want to begin to attain that capacity of unconditional love. If so, one can ask ourselves, what small steps should I take?

No Title

We are expressions of the body of God trying to evolve in a material universe.

No Title

Life works its way forward through the positive as well as the negative.

Method to Attract a Great Positive Change in Your Life

Here are some of the essential steps to rapidly attract the realization of a great personal goal you aim to achieve

1. Give yourself 30 days to make the great change and evoke the great response.
2. Meet the following conditions before starting out:
 - Make sure that indeed you have a cherished goal in mind that you want to achieve.
 - Make sure you are crystal clear about what it is you want to achieve.
 - Make sure you intensely want to accomplish the goal.
 - Commit yourself to following the plan for the full 30-day period.
3. Once you are qualified, you can implement your plan by following the following general guidelines:
 - Develop your vision and its purpose

The first step is to write down in one or two sentences precisely what it is you want to achieve; i.e. the goal to be accomplished.

-Develop a Strategy

The second step is to come up with several strategies to make your vision/goal occur. They can be practical (outer), as well as psychological (inner).

Develop Action To Dos

The third step is to develop specific time-bound action to dos to carry out the strategy above.

Carry Out Your Plan

The fourth and final step is to carry out the action to dos in a timely manner.

4. SUCCESS FACTORS

To absolutely insure success, be sure to meet these requirements:

-Total Commitment

The first factor that will guarantee overwhelming success (through life response outcomes) is that your desire to accomplish the goal is total and complete.

-Be Positive; Overcome Limited Attitudes, Perceptions

The second factor that will guarantee rapid, overwhelming success is that your attitudes surrounding the plan are fully positive

-Open to the spiritual Force

The third factor that will guarantee rapid, overwhelming success is that your effort is fully consecrated. I.e. as you envision, develop, and execute your plan, you offer it to the spiritual Force.

-30-Day Deadline

Finally, to insure rapid, overwhelming success, you should focus your efforts on achieving the goal within the allotted 30-day period. This should be your uncompromised deadline date for generating results. By setting this limit, it will condense and amplify your energies, which will dramatically increase the likelihood of attracting your heart's desire.

PUTTING IT ALL TOGETHER

If you meet the preliminary conditions, follow the steps of the plan, and incorporate the success factors, the object of your desire will quickly become your living reality. In fact, results will come so fast, you will hardly believe what is happening.

For example, one young Indian woman I know of who studied computers and worked at a web design company, followed this approach. Her particular aspiration in life was simply to advance her career. As a result of intensely taking to her inner and outer plan, she attracted

one remarkable result after another. First, she was able to leave her old job and start her own company. Then, her business quickly expanded to the point where she hired a dozen employees. That in turn enabled her personal income to rise an incredible 10-fold. By consciously directing the course of her life, she was able to achieve in a year what would have normally taken a decade, or a lifetime -- if ever at all.

Reader: What Roy Sir is giving is an excellent guidance. .I am sure it is a comprehensive approach which can bring 100% result. even results can exceed our expectation. One or the other way I am a beneficiary of this method. When I started my first business venture 14 months back., my total reliance was only on this method. And nothing else than this approach...I was quite sure of success although I had lot of tensions and pressure in between in the initial months. I followed the method silently with total dependence of the Spiritual Force and the above mentioned method. I am now more than successful. ..Thank you Roy Sir. THIS IS AN UNFAILING APPROACH.

No Title

As you increasingly embody Universal Consciousness, the compulsion to take responsibility for the quality of your inner behavior grows.

No Title

Advancing in the integral yoga, the body increasingly becomes - through expressions of well-being or the opposite, - a barometer, indicating the status of life around you.

No Title

Often when one insists on one side of a complex issue, the other side, truth suddenly and dramatically presents itself.

No Title

When you take full responsibility for a situation, shielding others from concern, one or more of those parties may suddenly present you with a most unexpected accomplished work. It is a positive response from life to your higher consciousness attitude.

No Title

When considering and consecrating a difficult problem or situation, think about its effect on other people, not just yourself. That can intensify and widen the positive impact of the response.

No Title

Each of the values promulgated by the current technology age - such as crowdsourcing, the shared economy, coworking space, mindfulness, yoga, neuroscience, and so forth have roots in the hippie generation in the 1960s and 70s, which Mother said at the time was a further descent of Supermind (truth consciousness) in the world.

Comment: Mother also indicated fifty years ago that property ownership would increasingly become obsolete. Her vision is slowly coming about through the above developments in this hippy influenced technology age.

No Title

Mother would experience physical pleasure (serenity) or pain depending on the psychological state of the people around her, both near and far. Her body was thus a continuous Barometer of Consciousness. By the way, a number of devotees have or currently are experiencing this same phenomenon as well.

Reader: I read somewhere that Her requirement in an attendant was absolute purity of thought.

Response: Yes, makes much sense.

No Title

Many Individuals are bored with bland material life, and so look for intensity elsewhere. They then often seek it out negatively, which only exasperates the situation.

No Title

We have to learn how to smile in the face of the misery around us and in the world, or at least be still (non-reactive) and observant. That will help create the best conditions for improvement. Life WILL respond.

No Title

Regarding all the evil-like beliefs, circumstance, and actions we see in the world: I believe it's part of the Multiplicity that needs to emerge, break out in creation, and then to shatter in order for there to be the full positive, multi-faceted, detailed unfolding of the higher consciousness.

No Title

Silence breeds accomplishment.

No Title

Ordinary mind merely sees the one thing, and then only in a very limited sense. In Supermind one sees how each thing - circumstance, event, unfolding - fits within the context of all others.

No Title

It is our deepest beliefs that are the starting point for accomplishing our life's purpose.

Example: One day many years ago, in a great cathedral I saw a magnificent presentation about what Auroville stood for and could become, that stirred something deep inside, which caused my subconscious to lead me to those individuals who would enable me to make my dream of serving Mother possible.

No Title

In a problematic situation, be calm, think deeply (and intuitively), and weigh various strategies. You are bound to come up with a helpful solution.

No Title

Sri Aurobindo says that "one man can change the world." That can happen when you have a vision of the goal to be achieved, offering it to the supramental power, and changing one or several related limiting attitudes or beliefs in one's nature. Now that Vision can spread throughout the world.

No Title

The Adventure of Consciousness is intensifying!

Reader: What does this mean sir?

Response: By taking to conscious evolution, i.e. integral yoga, one embarks on a great adventure in life. Sri Aurobindo calls this the "Adventure of Consciousness."

For myself, that process, which I have been following for years now, is accelerating and intensifying, through life experiences and the necessary inner work.

Inheriting Sri Aurobindo and Mother's Work to Bring About the Supramental Change

Sri Aurobindo worked to bring down the supramental power into all planes of His being, - mental, vital, and physical. However, at one point, Sri Aurobindo felt He had to leave in order to enable the Force's further descent into Life. He thus left in 1950. All of his consciousness then entered Mother and She continued His work on earth, focusing on the physical transformation.

Meanwhile in 1957 the Supramental force descended deep into the atmosphere of earth as a result of His actions in the subtle plane, culminating in Mother's vision in which She shattered the Golden Door with the Golden Hammer, enabling the Supramental power to flood into the earth.

Before Her passing, Mother indicated that Sri Aurobindo would return in the New Body, as a Supramental Being, or perhaps it would take shape in other ways.

Mother was in constant contact with Him for several decades after His passing, until She left in 1973.

She did not fully realize the physical transformation, - i.e. the cells transfigured with a new consciousness, and organs and systems transformed into centers of light as She saw in her visions, - but did make great strides in this area, opening the door for others to try, ushering in the possibility of the new being to one day appear on earth.

By regularly opening to that ever-intensifying and deepening Supramental Power, we can continue Their efforts in various facets of our own lives, becoming instruments for the decisive change; for the emergence of a new humanity, a new species, and a Divine Life on Earth.

No Title

The integral yoga consists of turning impossibilities into possibilities that become realities.

No Title

With deep sincerity, let me rid myself of all forms of selfishness.

No Title

If you take vital/emotional interest in current tragedies and such, you may soon discover negative events quickly moving in your direction as well.

No Title

Sri Aurobindo indicates that Money is mostly in the hands of asuric, daemonic or other negative forces. For the most part till recently the people who have accumulated great wealth were those who thought of money and little else. And yet Sri Aurobindo indicates that it is our obligation as devotees to secure money for higher purposes; to liberate it from dark forces and bring it into the Light.

No Title

Because Sri Aurobindo brought Supermind into the world, people's growth and development now accelerate very rapidly when focused on. The progress of the individual that ordinarily took years, now can happen in months or even less because of the higher consciousness vibration in the atmosphere due to the Supramental power He brought down on earth.

Nature of Parallel Work Events

If something is going wrong in one work, there is likely to simultaneously be a parallel negative circumstance in a different area. In other words, bad news often arrives in packs that are parallel to one another, (as does the good).

Example: a consultant found out that a major project he was working on had abruptly come to an end, when it was expected to go on indefinitely, meaning that a significant source of income had now dried up.

The next day when he arrived at a business center to conduct a 2-day training session, there was a malfunction in the pipes behind the ceiling tiles in the room, potentially disrupting the entire training.

The two situations had no connection on the surface, but shared a negative vibration in the depths. These are what we call "parallel events" that move together positively, neutrally, or negatively. They are but one formation demonstrating the subtle Character of Life.

No Title

It is a subtle observation of life that Expectation delays or cancels accomplishment and success.

No Title

Consciousness existed before space and time. Moreover, as we evolve as a species, as individuals, we increasingly come in touch with that consciousness that has existed forever.

No Title

(An important reminder from Appa, originally posted here 5 years ago today.)

For one who wants to move to the Spirit, it is important that any work is done by consecration [i.e. offering it to the spiritual Force] rather than merely accomplishing it. (Karmayogi)

No Title

Terrorism (whether nationalistic, communistic, religious, etc.) has its origins in Poverty and the grievances that issue from it. We can thus overcome its evil by cooperatively addressing and overcoming that root cause. This is one of the great global challenges.

No Title

If you can, avoid telling another person what is wrong with them and instead practice the methods of Non-reaction and Consecration in relation to their behavior and actions. Doing so will, sooner or later, create life conditions that will compel them to change. These approaches can also help you control your own disturbed emotions toward others, and thus be a powerful means for your own personal growth.

No Title

A vast array of unprecedented, unique spiritual experiences are being had by individuals throughout the world that precisely match up with Sri Aurobindo's own experiences during his lifetime. It is in large part due to the fact that through His Yogic efforts he opened up these portals of spiritual possibility for the world, making way for these dynamic, new, unprecedented, intuitive, synchronous, Supramental-like experiences.

Changing Status of Money Power in the World

Sri Aurobindo, in a change from the Indian spiritual tradition, said that the money power (shakti), which is in the hands of the Asuric forces, must be reclaimed for the Divine.

That money abuse - whether selfishly used for business, for speculation, et al - can be turned around through the bringing forth of higher values and consciousness toward money. That money attachment and egoistic slavery to money needs to be abandoned.

Likewise, the shunning of money, as advocated by certain religious traditions, also has had a negative effect.

Shedding attitudes of ego and mistrust, and learning the Laws of Money will increasingly put it in the hands of the right forces and powers; the right institutions and individuals.

By combatting the Asuras, dark forces, Sri Aurobindo freed up the money power (shakti) in the world so it can move in the right directions.

We could say that recently dark forces have regained an upper hand. Yet it can be seen as a sign that the earth subconsciously yearns for purification of itself in terms of the money power. Now Sri Aurobindo asks us to take up the challenge that He so powerfully initiated.

One interesting facet is that the more we think of the positive aspect and destiny of money power, including its potential to uplift society, the more money will flow in our direction. So indicates Sri Karmayogi.

It is thus our spiritual responsibility to become abundant and prosperous, and do so for the Evolution, the emergence of the Higher Consciousness, and a Divine Life on Earth.

No Title

There is an ebb and flow quality to Money power. It comes, and then it recedes, it comes once again, and departs, etc. etc. ad infinitude. And yet it is the people who develop a higher consciousness in general, and toward money in particular who can more easily abridge the ebb and flow vibration of money, attracting steady, ever-increasing large sums for themselves, society, and the Spirit.

No Title

Sri Aurobindo and Mother frowned upon many traditional Hindu religious practices, including Gods worship, temple attendance, rituals and dogma, priestly involvement, et al, seeking to replace them with direct spiritual life experience. Opening to the Supramental Shakti (Mother) and raising one's consciousness in all facets is the essence and core of their teachings. It is the way forward that can hasten the Evolution and thereby usher in a New Age, a New Humanity, and a Divine Life on Earth.

Four Levels of Spiritual Realization

Sri Aurobindo in Life Divine discusses four levels of spiritual realization, from lowest to highest.

The first, Religion is great in many ways, especially its source teachings and founders inner experience, but degrades into ritual and superstition. Thus, it is lowest on the scale.

Occultism, which does involve the experience of something beyond the material reality into the supraphysical, supernatural is next.

Beyond that and higher still is Spiritual Knowledge, such as understanding the teachings of the Vedas, Upanishads or any other deep spiritual truths.

The highest of all is Spiritual Experience, which is the direct experience of the spirit - whether mindfulness, mental silence, soul, transcendence, shakti, etc.

Thus, He and Mother asked Indians to give up religion and move higher up the scale, preferably directly to Spiritual Experience, as the Force and its workings are increasingly very active and powerful in its action.

No Title

From the moment you boast that success is guaranteed, everything begins to unravel.

No Title

In a dispute, each side knows the truth the other misses, yet also acts in Ignorance the other party perceives.

No Title

The less you advertise your achievement for status' sake, the more that success will grow.

No Title

Krishna said "abandon all yogas and surrender to Me." That became the basis for Sri Aurobindo's integral yoga, i.e. to surrender to the divine Shakthi, to Mother; to the

supramental Power that is increasingly descending on earth, transforming existence, thereby furthering the Evolution.

No Title All difficulties in life are problems of consciousness, and nothing else. The rest are just symptoms.

No Title

Sri Aurobindo has pushed consciousness into unprecedented areas never before experienced in life.

Comment: Supermind as creator, Supramental Truth Consciousness and Force we can open to, and Psychic Being (the Evolving Soul) are but several examples. All Life is Yoga, i.e. every detail of our existence is a means of bringing higher consciousness is the foundation.

No Title

As soon as one individual makes a unique breakthrough in consciousness, it opens up that same possibility for everyone else.

No Title

Space and Time were brought about by Supermind so the Real Ideas, -- the Spiritual Values of peace, harmony, truth, wisdom, goodness, beauty, love, joy, timelessness, and infinity -- could spread from the Creator throughout Creation.

No Title

Mother and Sri Aurobindo proclaimed the end of religion, to be replaced with direct Spiritual Experience.

No Title

Sri Aurobindo's teachings are at odds with the Indian tradition of experiencing Spirit apart from Life. For Him, all Life, including the active parts, is an opportunity for Yoga-based change (i.e. conscious evolution).

No Title

All that Sri Aurobindo and Mother accomplished in consciousness is readily available for each of us to realize in our own lives.

Reader: Sir, are there any examples for this?

Response: Yes, very many. Among them:

- The ability to open to the supramental Force (Mother) and use it to raise the consciousness of our mental, vital, and physical being. Plus the capacity to use that power to bring instant good fortune into our lives and the life around us.

- Our capacity to connect with our psychic being (evolving soul) so we know what our ultimate purpose in life is, and can increasingly move in that direction.

- The capacity to know the integral truth of any situation in any moment in time, giving us ultimate decision making capability. This is intuitive and revelatory knowledge power beyond mere surface mental perceptions.

- The ability to alter the conditions in the world from within ourselves.

- Etc

No Title

Terrorism is a (negative) sign that Human Unity seeks to establish itself increasingly in the world.

Perceiving and Overcoming Our Negative Attitudes

We each embody our own unique set of negative attitudes -- whether toward others, towards work, towards life, even towards ourselves.

Eg one person is shrinking, fearful, disorganized, deceitful, dishonest, meddling, and scheming. Another is insensitive, uncaring, bullying, brash, and prideful. A third is foolish, silly, neglectful, impulsive, ignorant, and mindless. And so forth for hundreds of attitudes, of which we each have our own unique negative set.

There are thus infinite permutations of attitudes any individual can have, expressed through billions of people.

In one sense, Personal Growth is simply the methods of overcoming these wanting attitudes and turning them into their positive equivalent. Normally that happens through the pain of Life. However, conscious individuals consciously make the effort to make these reversals in Attitude.

One more thing: At each point you consciously shift away from a negative attitude, life responds; i.e. good fortune quickly rushes to your doorstep. In that sense, nothing attracts "Luck" faster than identifying and overcoming a negative attitude. We have seen this dynamic in hundreds, even thousands of cases.

No Title

In the cosmic scheme of things Terrorism not only serves to galvanize the population against it, but to reveal its underlying causes - like poverty, economic inequality, hopelessness, and other forms of misery in the world.

We think terrorism is just the product of lunatic and religious fanatics, but it is also Nature's exceedingly negative way of waking the world up from its inertia and unconsciousness, and addressing its problems.

No Title

Often dark forces come back to reign over us one last time, so their false ways will falter and fail in plain view; in order for its low consciousness to be seen for what it truly is and thus be finally eradicated from the world.

No Title

A normal parent adores her children and broadcasts their attributes wherever possible for others to hear or see. A spiritual oriented person sees this as an ego movement, and aspires to adore other children encountered as much as their own.

A normal person seeks marriage, children, home, family, car, possessions, and financial security. On the other hand, a spiritual-oriented person follows a unique path that is an Adventure of Consciousness. While he may have some of the attributes of the average person, he still sees them in terms of the higher purpose.

No Title

Negative conditions stimulate, promulgate positive, helpful thoughts and insights.

No Title

Marriage is merely a social custom, easily adhered to or broken; without essential foundation. Love on the other hand is Reality itself; offering us an adventure in Romance that has roots in the Spirit.

No Title

True Romance is never fully realized, as its fullness is always just out of reach, continuously urging us on to attain it. It is a never-ending Adventure of the Soul, always seeking its complement, indicating its spiritual source and nature.

No Title

In the course of our day we are ordinarily entirely focused on benefits that can come to us, not what can come to others. It is yet another example of our perpetual Selfishness that issues from Ego. (Even when we think about or actually help others, the underlying concern is still for our own status, advantage, utility, benefit, et al.) Pure self-givingness and concern is indeed very rare.

Entrepreneurs and Money

Ironically, chasing money is the surest way to not get it. Successful entrepreneurs don't worry about getting rich. They focus on sharing the value they create with others and riches follow naturally. (Sujan Patel)

No Title

To at any moment be able to perceive the true truth behind a situation, matter, or thing is a great spiritual attainment. It is an indicator of an intuitive, revelatory, even supramentalized Mind.

No Title

Any movement of coarseness, crudeness - whether in action, behavior, even language, - not only invites negative response, but also calls in dark forces that have the power to ruin life.

Opposition of Darkness to the Integral Effort

Great opposition will come to those who journey on Sri Aurobindo's integral path. These dark forces will perceive you as a threat to their false and evil control in the world.

Yet if we look at such opposition as actually being a challenge and an opportunity for us to rise that much more quickly and intensely in consciousness, then we will discover that ironically these apparent opposing dark forces are really Aids in our development.

This is something I have seen very much in the last several years.

It is because the integral action not only transforms the individual, but also the society around him, that the Asuras and other dark forces have gathered around him or are stationed nearby.

Then Non-reaction becomes a very powerful inner method to overcome their influence and hostile actions; especially so in tandem with Hourly Consecration. One is thereby able to stand up to the negative forces through the power of inner Silence, which steadily causes them to dissolve in impact, or they simply leave. I.e. both the Asuras and the individuals they inhabit are diminished.

Then you look back at the experience and see that these dark elements have had the effect of strengthening your consciousness, which means they have ironically become your AIDS.

No Title

No human being in the history of the world has broken down more barriers to the development of higher consciousness than Sri Aurobindo. He did it from within himself through titanic effort, which also expressed in his teachings. As a result, now others can more easily follow in his footsteps, exploring and experiencing new avenues of consciousness never known before.

No Title

When there are problems in the world and the forces of good do not take the opportunity to work together to resolve them, the asuras, i.e. dark forces settle in men and rush in to fill the gap.

No Title

Working to satisfy the material needs of one's family is good. But also working to meet the needs of others (fellow workers, the company, the customer, the community, etc.) is even better. An attitude of self-givingness toward both is very doable, and will be infinitely rewarding all around!

Life Response Result of Going the Extra Mile

Put in the extra work or go the extra mile for someone or some organization, and you will soon find that the work that was remaining to be done is suddenly lessened, taking the burden off yourself. It is life responding with ease to making that extra intense effort.

Example: an instructor went the extra mile to make the training room more orderly by gathering and grouping all of the manuals together. It was a big effort in a short period of time, because his class was soon to begin. Plus this effort was not even his responsibility. When the class then proceeded, the instructor was very surprised to learn attendees were eager to get out early, greatly lessening his obligation.

In other words, the effort in one sphere relieved the need for effort in the other - even though on the surface they did not seem to be connected. In the depths, however, they were.

No Title

When you fail to address a serious problem that exists at the current level, it spreads to the next highest level, even where there appears to be no obvious connection between them.

Reader: Sir, I would like an example for this.

Response: For 100 years, America has failed to collaboratively deal with the poverty in many of its inner cities, the South and elsewhere. Now that has spread to the middle class, who are the "new poor", as their income has not grown in 25 years, and 70% have \$1,000 or less in savings. Only the very wealthy have benefited, as they have become even more rich, and now own 95% of the wealth.

If American had dealt with the poor and skilled up both the poor and the middle class, this could have been avoided. However, the prevailing mood was to "leave things alone" and not to solve problems through cooperation of all parties, of business and government, etc. And so the negativity unaddressed, i.e. the problem, moved to the next higher level -- the middle tier of American society.

We can discover other examples in life, whether the connection is obvious or subtle. Eg here are two examples that have an obvious connection between the lower and the next higher plane.

-500 years ago, the cause of the Black Plague was unaddressed (lack of hygiene, etc.) and then it spread throughout the continent, killing half the population (400 million).

-The same with the Bubonic plague in 17th century London, England before the Restoration. (lack of hygiene and sanitation of the lower classes.)

How Darcy Fully Engaged in the Adventure of Romance (and won over Eliza)

"Romance is for those who seek adventure, the challenge of unceasing effort, the thrill of never ending mystery and discovery." (The Book)

Examples involving Darcy (in Pride and Prejudice)

--One who risked his identity, status, position, image for the sake of love

--Went to his enemy to compromise and convince him

--Turned a disgraceful elopement into an honorable marriage

--Brought Bingley back to Jane's life

--Embraced all in Mr. Bennet's family

--Yet, decided not to express his love again till the last moment Elizabeth expressed out of Gratitude (SM)

Thoughts on Complementarity

That which completes another's function partially or fully is its complement. (Karmayogi)

Eg: night and day, man and woman, infinite and finite, earth and sky, teacher and student, right and wrong, time and timelessness, space and time, superior and subordinate, good and evil, seller and buyer, war and peace, lover and beloved, pen and paper, software and hardware, speaker and listener, washer and dryer, knower and knowledge, enjoyer and what's enjoyed, hater and what's hated, hammer and nail, subjective and objective, perceived and perceived, love and hate, creator and creation.

-The Existence in the universe is an integrated whole. Therefore, everything is the complement of another or every other thing directly or indirectly.

-All parts are complements to the whole as well as other parts. (Karmayogi)

Comment: Note that a complement can be positive or negative. Lover and beloved (positive); hate and what's hated (negative).

Of all the complements, the complementary nature of the Infinite to the infinitesimal is the most striking. (Karmayogi)

Of all the complements known to us, the complement of a woman to man is the most significant as it represents the universal principles - male and female. (Karmayogi)

Every contradiction can reverse and become a complement.

Example of contradictions: Israelis and Palestinians. Their resolution and harmony would make them complements.

At the highest level of consciousness contradictions are perceived as secretly being complementaries. Eg an enemy may actually help you grow as a person as you perceive new truths in life through such encounters. The enemy in that sense becomes one Guru.

No Title

Through Consecration (opening to the Mother in all activities), and following Karmayogi's 10+ methods of inner behavior (including non-reaction, silent will, attention, patience), all aspects of Parenting can be perfected.

No Title

Life is change. However, we ordinarily want the stability that sameness and non-change brings, which causes us to be in contradiction with the requirements of Life.

Yet we can overcome our fixation with the stable, the unchanging by elevating our consciousness; by surrendering to the unfoldings of life, especially when it is guided by the will of the Divine Mother. Then we will always be on the right path, on the fresh and unexpected tract towards the future.

No Title

Whenever you are upset, angry, frustrated, etc. about the current conditions, catch yourself and quiet those emotions. Life will then quickly move miraculous-like on your behalf.

No Title

In the supramental consciousness we perceive that behind the conflicts and clashes occurring around us, there is a Higher Harmony trying to emerge.

No Title

The lower our consciousness is the more we progress through struggle and strife. The higher the consciousness, the more we progress through positive outcomes alone.

No Title

Culture is the measure of the level of sensitivity we feel in our interactions with others. Eg we behave more courteously, we treat others with greater respect, we are sensitive to the needs of others, we try to make others comfortable. A truly cultured individual embodies all of these and more.

No Title

The true measure of the quality of the outer work is ultimately determined by the quality of the inner consciousness. The inner attitudes and values are far more important than the mere physical action. We should remember that every time we act. As a result, the outer life will continuously respond in our favor.

Outer vs Inner Work

The status of the individual determines whether the work is best done outwardly or from within.

For example, the Physical man will do best to outwardly engage in hard work and do so with skill and diligence.

The Mental man can work outwardly, but is best guided inwardly through higher understanding and values.

The Supramentalized individual can work completely from within and move life without any outer physical action. For example, Sri Aurobindo worked completely from within to win the Second World War.

We can do the same through consecration to the Mother and having at our disposal an understanding of and power over the unfoldings of life.

No Title

Sri Aurobindo discovered that Supermind is the Creator of our infinite-like universe. And yet we have access to that same Supramental power by consecrating to Mother, enabling us to attract and create infinitely as well.

East-West Synthesis through Sri Aurobindo

Westerners are fixed in the material realm, in the scientific, and surface mind. Easterners are fixed in the ethereal plane apart from life, in religion and its practice, including ritual and superstition.

These widely different perceptions and worldviews form a kind of contradiction between these two regions. As they say, "never the twain shall meet." In other words, these world-apart and conflicting views need to be synthesized and harmonized into an integral knowledge that harmonizes the contradiction.

It turns out that Sri Aurobindo has provided that synthesis - in vast detail, with supreme depth of insight.

But are the peoples of the earth ready to embrace it?

The resolution to the problems of the world, and the way forward in the evolution is plainly laid out before us. It just requires certain pioneer individuals to reach out and embrace His integral view, both from the West and the East.

No Title

There are a variety of invisible entities that are either trying to support or ruin our lives.

Comment: There are greater and lesser dark, malevolent forces at work at the subtle, invisible planes. Such forces, called Asuras and Rakshakas in Sanskrit arose at the dawn of creation side by side with the Gods.

They tend to enter certain people's beings to create mischief in the world.

When they perceive a progress occurring through forces of light of certain individuals, in society, et al they tend to activate in order to upstage and spoil that positive evolutionary movement.

People who live intensely vital lives, unknowingly become instruments of these forces, carrying out their malevolence, trying to impede human progress.

On the other side, there are spiritual-oriented entities, including Gods who represent certain qualities like truth, beauty, wealth, security, wisdom, joy, creativity, etc. They also have their play, and can help us and watch over us. They too can enter into individuals and play out their role supporting individual and collective progress.

These negative and positive entities can also be quite small and minor. Eg Mother experienced little tiny invisible entities trying to create mischief, such as small accidents, something like in the film Gremlins.

Mother and Sri Aurobindo inwardly fought against Asuric forces, especially the great ones and overcame most of them but not all. WWII could be seen as being caused by an Asura entering Hitler, which they worked together to overcome in the subtle plane. SA called WW II "Mother's War" as those great titanic dark forces sought to negate Their recent great spiritual progress on earth.

Whenever we try to make a great progress - say to the next level of achievement, - some of these dark forces might fight back in some insidious ways, at times through others, or other mischievous ways where we could trip up.

Among followers of SA and Mother such malevolent beings are called "Hostiles." Interestingly some devotees blame such hostiles for their bad fortune, when it was really their wrong attitudes and behaviors that attracted the negative conditions! Maybe those forces work in tandem with our lower ego movements and ignorance.

We can consecrate any such malevolence, and the influence can dissipate. There are also several powerful mantras we know of that can ward off their influence if conditions become very insidious. I've used it only on a few occasions.

If you notice intense negatives in people nearby, you can practice both Non-Reaction and Hourly Consecration (on the dot), and their influence will soon diminish. Often they just leave, never to return. That has in fact been my own recent experience.

No Title

There has been a startling 90% reduction in Violence in the world over the last 20 years, yet a 5x increase in it being reported.

No Title

Consecration essentially involves the breaking of habit and routine for something higher.

No Title

The Pioneer individual is the great instrument and vehicle of the Evolution.

No Title

Unshackled from repeating habits, the routine, the social norm, the Pioneer Individual furthers society's development, and hence the Evolution.

No Title

The Pioneer Individual is in touch with the subconscious needs of the society, taking it into uncharted waters that benefit all.

No Title

The ultimate Pioneer in the world is one who listens to his Soul for guidance, and surrenders to and becomes an instrument of the Divine Power.

No Title

Strong, undisturbed Nerves are a sign of a developing Inner life.

No Title

It is a common experience in life that when you push aside fear of engaging in a work that seems daunting, it unfolds far more easily than you might have imagined.

Life Response Power of Embracing Another's Point of View

Here's a little challenge for you. As an experiment, in the course of your day try to accept every suggestion every person you encounter makes, putting aside your own view of things. Whether their viewpoint is true or false or in between, by accepting, embracing their point of view, you will immediately rise to a higher level of consciousness, which means that a fuller understanding will flood your mind and good fortune will quickly come your way - often in the form of a life movement that expresses your own original point of view!

This approach might seem counterintuitive and illogical at first, but on closer examination it indicates that when you embrace all points of view, no matter the veracity of its content, your consciousness expands to the plane of Truth, where all is known, and also where that integral knowledge instantly manifests as something real in the world. That sudden manifestation is the positive Response from life to your embracing another's position.

Here's an example: An instructor was giving personal attention to a student. However, after a short while, the student mildly indicated that he felt uncomfortable with the instructor being in such close proximity. On the other hand, the instructor felt this was the only way he could perform the instruction.

After lunch, the teacher had a change of heart and decided to listen to the student's concerns, no matter what his position. Rather than be insensitive to the student's plight, the instructor now made a major adjustment in his training technique.

As it turned out, for the rest of the day the student was all smiles and full of light, whereas before he seemed morose and grim.

That is the power of taking the other person's point of view. Life quickly turns around. And, as in this case, in both parties' favor!

No Title

It appears that the Integral Yoga of Sri Aurobindo is to have total faith in Mother, and all the rest of life will take care of itself. This is what He summarizes as the yogic method of "Surrender."

No Title

For many individuals, nothing is more important than their social prestige (including position, influence, and being appreciated). It is often greater in people's minds than success and wealth; even love and happiness.

No Title

Consecration overcomes contradiction, conflict, and duality, turning those conditions into harmony and oneness.

No Title

The first law of creation is Freedom. The source consciousness, the Divine can do anything it wishes - whether good or bad, great or small, to act or not to act, etc. It is His play. His choice. His decision.

And as we rise in consciousness, we perceive that that is also true for ourselves. I.e. we too have the freedom to act as we please; to become anything we wish to become. Or to not act or become anything at all. It is our choice; our free will to choose how we wish to live our lives.

Relations Among Past, Present, and Future in Life Response

We know the past affects the present, and the present can affect the future. But can the present affect the past? Or can the future affect the present? Well, according to the laws of life response it appears they can.

Eg I once asked Karmayogi if the circumstances that were attracted would occur if the attractor, such as the person who changed his attitude and evoked the response, did not change his attitude. He indicated that it would not. Which in turn implied for one that a person in the present could have an impact on the past, whether for better or worse.

For example, if Eliza in 'Pride and Prejudice' didn't change her opinion about Darcy when visiting his great estate, then Darcy would not have left several early from London and thereby met her at the pond - which brought them together for romance and marriage. In that way, her present would've had an impact on his past! And in turn her present!

Or if I hadn't cleaned my refrigerator on that fateful day, then the new abundant work would not have come to my agent to offer it to me as a response to my cleaning effort.

It also works the other way around, where if my agent hadn't made the effort to secure work in the hours and days before I cleaned out my refrigerator, then I might not have cleaned it in the first place and attracted that work! That party's elevation of consciousness in its present in essence compelled me to act thereby affecting my future.

There is then proof that the hard divisions we make of time - separating past, present, and future - begin to break down as we deepen our consciousness, since any one can determine the outcome of either of the others.

Thus, time shifts from being linear in three statuses to existing in one continuous stream of existence; undivided, not conforming to our normal views of cause-and-effect.

After all, Time emerged from the Timelessness of the Divine consciousness; without division, without any starting or end point. Just as timelessness has no sequence of unfolding of time, so time itself has no linear requirements. Past, present, and future are continually affecting one another in the most unusual of ways, even if it defies our ability to comprehend it.

No Title

In an act of consecration, allowing for Uncertainty of what will happen, what form the response will take shape allows for the widest possibility and greatest results. We refer to it as 'Thy Will - Not My Will - Be Done.' From that poise, we are uncertain of the outcome or the means by which it will be realized, leaving it entirely up to Mother, fully trusting in Her Will, in Her cosmic creative action, even if it is counter to our own intentions.

No Title

The greatest Aspiration in life is the desire to Surrender to the Force, to the supramental Power, to Mother and Her Divine Will, and become an instrument for the Spirit in life.

No Title

Truly successful Individuals tend to spontaneously see things from other people's perspective. That way they garner a wide variety of insights, enabling them to make the best of decisions. So why not make that your daily habit today?

No Title

If you align with the needs of the universe, then your capacity to attract is never-ending.

No Title

The fact of having reached the level of consciousness required to contact a God (of the Overmental Plane or Higher) would be sufficient to solve a problem. (NR)

No Title

One sign of a higher mental consciousness is that the details of their life are well Organized.

No Title

Organization in its various forms makes life more stable and therefore easier to engage in. It creates a foundation of security and ease that supports great success.

Increasing Progress through the Positive in the Emerging Mental Age

In times of old, progress took place mainly through conflict, contradiction, and violence. For example, almost all of Shakespeare's plays involve tragedy and pain, and through it a slow and difficult progress.

But now society is increasingly moving forward through more positive means, with far less of the violence and insentience of previous times. For example, to settle a dispute, we do not have a duel, but take it to court. Likewise, we have an international bodies that prevent nations from arbitrarily attacking strong one another.

As the Mental center has replaced the vital as the main influence and driving force of our being - leading to greater rationality and adoption of human values, - progress is increasingly occurring through the positive.

As Sri Aurobindo explains, the movements of life is shifting from Prakriti to Purusha, from Nature to Soul, from unconsciousness to consciousness.

There is even the emergence of new formations, developments that have NO dark shadow at all. This occurs when the Divine Force is brought to bear; when our life activities are consecrated to the supramental power, to the Mother - which has the effect of only producing the Good, without the negative bi-product, shadow, and darkness.

From that basis, we can rapidly move forward toward fulfilling the deepest aspirations of humanity - establish a life on earth of joy and wonder, of infinite creativity and possibility; establishing New Age guided by the Spirit above and the Soul within us.

No Title

Most of the world is emulating America – the Material leader, while India is destined to become the Spiritual guide and leader.

Comment: Karmayogi indicates that if USA continues to develop psychologically it can move beyond the material leader of the world to the psychological one. If it stays as material-oriented only, then the mantle will move elsewhere.

The other end of the material is the spiritual, where India can one day shine. However, to do that it must first move out of its poverty, adopt material organization, while maintaining its cultural roots. It needs to reawaken spiritually instead of religiously, which means to reach back to the Vedic experiences of the Rishis as Sri Aurobindo has explained, but in an evolutionary context (which He has done), which means the Spirit is to be integrated in life, not experienced apart from it.

No Title

According to Sri Aurobindo for India to ascend to its destined role as Guru of the world, three conditions must be met:

- Asia must rise out of its torpor
- India must emerge from out of its dire poverty
- India must re-federate with its former territory

No Title

Accidents are due to-

- lack of concentration in a given moment
- doing too many things at once
- lack of concern for the details of life
- being mentally diverted
- inattention or not paying attention
- lack of concentration
- negligence toward material objects
- lack of organization
- lack of skill
- anger and bother
- weakened nervous system
- wasted, depleted energies
- doing too many things at once
- impatience, over-eagerness, hurried feeling
- being at odds with others' movements
- conflict between parties
- someone's ill-will
- being reactive to others' intensities
- unexpected occurrence
- karmic destiny
- etc.

"Accidents are expressions of the still unorganised nature of organisational efficiency."
(Karmayogi)

Comment: In 'Gone With the Wind' parents Rhett and Scarlett lose their daughter due to the child falling off a horse. However, in consciousness, it was a direct result of the intense conflict between the child's parents.

To avoid all accidents (and other unanticipated difficulties), Consecrate every life activity, as Appa and others do.

No Title

Patience has the Life Response effect of speeding up results, or even bringing about conditions in the first place where none seemed possible.

On Patience

(from book 'Life Response in Work' by Roy Posner)

"If we look back on a number of the true life examples of over expectation or over anticipation presented so far, we can observe that Patience, or rather lack of it was the fundamental issue. For whatever reason people were unable or unwilling to be still in terms of the timeframes involved, and as a result attracted negatives. (Or instead they had the presence of mind to be still and patient and thus attracted the positive.)

Then what is patience?

Patience can be thought of as a spiritual quality in which we are in the right frame of heart and mind when it comes to TIME.

When we are patient, we not only know what the right timeframe of things to unfold should be, but we also tend to know what to do or not to do, as well as how to do it.

Also, when you are patient and follow the natural flow of life that is presented you, there is a sense of stillness and peace inside.

That in turn builds up powerful positive energies that attract the full cooperation of life.

So why not consider the various ways you are impatient. Make the concerted effort to overcome that inner or outer behavior. Turn every moment of impatience into patience, and watch your life blossom before your very eyes."

No Title

Subconsciously man ordinarily seeks psychological support from the woman in marriage, and she seeks physical security from him.

India-Pakistan Economic Ties

We believe the key to harmonic relations between India and Pakistan is increased economic cooperation.

It is a guiding principle of ours that to resolve an issue at one level, it is helpful to move to a higher level. So to overcome India-Pakistan squabbles over Kashmir and other political matters, economic cooperation becomes very necessary. That is why we have supported and encouraged the India-Pakistan- Iran pipeline as a practical as well as symbolic development for many years.

The scale of our view is essentially: physical (force) > political > economic > social > psychological > spiritual. Whichever base levels there is conflict, have the parties move to the next highest one to solve it.

We also see trade between India and Pakistan (and close by nations) dramatically increasing in recent years, which is an additional very good sign. Also, if cool heads prevail, the Force can do its work and increasingly smooth out matters on its own.

Eventually one day India and Pakistan can be united in some form, perhaps in a federation with the other states from partition forward.

No Title

Life is ALIVE, taking its own natural, self-aware course, whose flow and purpose we are only dimly aware of.

No Title

Unnecessary conversation confuses, delays, or cancels the desired result.

No Title

What we want is the result; not the self-justification of why it hasn't yet happened. Introspection of one's limited consciousness related to the matter will explain the latter scenario.

Taking Responsibility & Super Responsibility

By taking Responsibility and especially by taking Super-Responsibility (sometimes called Consciousness Responsibility), there is never a reason to blame anyone for anything. And as a result, you can reverse any negative condition in life, including those you were technically not responsible for.

Responsibility: (1) I faltered, causing my staff to fail, and I take responsibility and will try to improve things. (2) My staff faltered, yet I take responsibility. I will examine the

corresponding negative element of consciousness in myself and change it, which will cause life to work in all our favor.

Super-Responsibility - I have just been hired on to lead the staff I have had no association with in the past. They have experienced failure and discontent. I will take super-responsibility by looking inward to move life in a positive direction for my staff. Eg I will intensely consecrate (open to the higher consciousness) and thereby loosen their failures that occurred before my arrival. I am thus taking super-responsibility for something I had little or nothing to do with. Now life can respond positively for all parties involved!

No Title

We are asked to continually plunge inside in order to discover inspiration, meaning, and higher consciousness to better navigate the outside. It's thus the never-ending journey of OUT and IN.

No Title

Our deepest purpose is to evoke the divine reality behind existence within existence.

Positive and Negative Arriving Together to Work Out the Conflict

(the story of a restaurant sales team)

Sometimes a positive and a negative can happen together at the same moment involving the same circumstance and parties.

A team of salespeople were now at the point of making powerful connections, as their customers were referring other customers to them, dramatically reducing the amount of effort they had to make.

However, at the very peak of this development, the owners of the company cut off all funding for the group. It could not have come at a worse time!

And yet the owners made the decision in order to set a standard for future salespeople, which is understandable from that perspective.

Still the timing was cosmically bad, and now the sales team was forced to start all over with the customer-referrer customers. Moreover, the sales team wondered if their reputation had been damaged and that they had lost credibility with the super-referring clients.

As we see, a positive and negative can come together, as in this case where funds were cut off at precisely the wrong moment, and yet where a standard was established for the future.

It is an indicator that Life is trying to move forward through and beyond the method of contradiction to arrive at a higher harmony.

The future awaits this possibility for the conflictive parties involved.

Reader: Thank you Sir

Life evolves through good and bad, finally lead towards greater Good, though the initial conditions on the surface may look contrary.

In "The Book", the team united together and launched MAI with just "Aspiration" as their asset. Life always evolved through contradictions for them. Despite the initial success of their first product MAIS, they had to give up due to obvious fault in it. That initial failure, the contradiction of life, bonded them more closely together and finally led to "The Book" which guided them the right direction from that day onwards.

Response: Yes, that is exactly correct Senthil. From a higher point of view, the negative in my incident was a way of enabling a higher harmony to unfold (AND a greater outcome of performance and success) for the players. Thus, the negative is a positive in disguise; at least in potential, depending on the consciousness level and attitudes and behaviors of the players.

No Title

Shift your faith in your own skill to Mother's "skill", and life will continually reward you in ways you never would have imagined.

Limitations of Indians

Deficiencies of Indians that Sri Karmayogi or devotees have pointed out:

- laziness, inertia, and sloth
- harmful effects of caste
- dishonesty, lack of truthfulness
- corruption at all levels
- filth and lack of cleanliness
- religious ritual devoid of real meaning
- forgetfulness of Indian spiritual tradition
- disrespect for women in many ways
- materialism from West when devoid of values
- lack of individuality; following the herd
- hoarding gold; not circulating money
- petty squabbling
- garish female dress
- tradition that stifles freedom of expression
- superstitions of all kinds - eg auspicious days
- not knowing way out of poverty
- lack of organization
- ignorance of all sorts
- etc.

Any Indian with one or more of these traits who reverses it will move into alignment with the very best of conditions. Then which one(s) do you identify with, and which are you sincerely committed to changing? Please share your experiences in this area.

Limitations of Americans

Deficiencies of Americans that Sri Karmayogi or devotees have pointed out-

- they "think with their bodies." Ie they are enamored with what their senses (visual, audio) tell them
- they are hypnotized by material things; always talking about it exclusively
- they live on the surface
- they perceive, believe in obvious, mechanistic cause and effect, not subtle influences
- they cannot sit still for 5 minutes, always having to do things
- they are impatient and always in a hurry
- they perceive the infinite in matter; not the subtle, spiritual infinite
- they enjoy their freedom by abusing it
- they talk too much or too loud
- they struggle to deal with psychological issues
- they are swept away by fads and the innocuous
- they hate regulation, and thus seriously abuse themselves when they go overboard
- they are enamored with financial speculation (Great Depression, Recession results)
- they talk about democracy and freedom, but engage in diplomatic insincerity
- they can be very shallow
- their bodies are filled with darkness, not light (as a result of surface living)
- they don't like paying taxes even though that's the patriotic pact we make with govt. to protect us

- they are poisoned by anti-government individualism of the Pilgrims (which is different from individuality)
- they are quick to judge, slow to learn
- they worship and gossip endlessly about their entertainment stars
- in their feelings of entitlement and freedom they abuse the privacy of others (paparazzi)
- they make little effort to learn the deep cultures of others, especially the East
- they show abuse of culture in public places
- they use unnecessary foul language
- they are slow to engage in important wars, though quickly get involved in foolish ones
- they can be cynical and sarcastic
- they often have no self-control
- they are driven to offer an opinion on everything
- they are fully stocked up on guns, leading to endless tragedies
- their mouths often move before they think
- they adore the trivial and the trite

Several of these traits are naturally common to all of humanity.

Any American with one or more of these traits who reverses it will move into alignment with the very best of life conditions. Then which one(s) do you identify with, and which are you sincerely committed to changing? Please share your experiences in this area.

Comment: Naturally Americans also have many positive qualities, which I have written about elsewhere.

Higher Consciousness Individuals Move the World

It is interesting that an individual of naturally developed high consciousness - Michael Gorbachev - lifted society out of the Cold War, preventing nuclear catastrophe, which is where the US and Russia were headed.

Likewise, a visionary like Steve Jobs created technological tools for an entire age. His was a different form of higher consciousness than Gorbachev, but nevertheless was still a form.

Normally only great men foster great movements that change the world - whether a Di Vinci or a Churchill or a Lincoln.

And yet opening to the Spirit makes that possible for ANY individual. After all it is said that "one man can change the world." And by opening to the Force, that possibility is dramatically enhanced, as any person can be that one man; and there can be many such individuals.

What really changes life then is the application of higher consciousness through pioneer individuals. Whether it is there at birth in a person or is developed through a process of personal and spiritual growth, the world moves forward through the great efforts of Conscious pioneer individuals.

And then when you add the Power of the Supramental action - activated through consecrated effort, - then everything quickly becomes possible.

Thus, there is great hope and vast potential for the world. However, we must consciously partake in that social quest. Our minimum effort should to raise our own consciousness in every way we know how, thereby contributing mightily to the movements of progress in the world.

No Title

When you relate to people from your Soul to Theirs, then every person is cherished no matter their station in life.

No Title

A small quarrel or confrontation can ruin a great possibility that is trying to emerge. This indicates that the small is as great as the large; and therefore everything, every detail, every moment should be valued.

No Title

Consecration brings out the divinity, the infinity even in the smallest thing.

No Title

A spiritual act, a consecrated act offered to the Mother, even for the smallest of matters, has the power to replicate and endlessly expand.

Comment: Example: In the 1970s Appa initiated a scheme for helping land owners locally through bank loans that then spread like wildfire throughout India because it was originally consecrated to Mother, plus he had the deep aspiration for the improvement of India, the country he loved. Thus, embedded in a small matter consecrated is an infinite power to replicate and expand.

No Title

Supramental Truth is not truth overcoming a truth, such as one side is right and another wrong, rather it is truth COMPLETING truth. It Completes any limited truths with the fullness of its knowledge.

No Title

The Real (Supramental) Truth is the truth that takes all points of view and harmonizes and then unites them. That is the supramental consciousness.

No Title

From any truth, even the incomplete truth of others, the attitude should always be "what can I learn from this." This is to take the supramental perspective of the Whole of the truth of things.

No Title

Real Truth completes the missing knowledge of any truth, putting everything in its right place.

No Title

Srinivasa Ramanujan, the great self-taught South Indian mathematician, knew the truth of 100 theorems in his Mind, something that is opposite of the typical mathematician who works hard to figure out one of them by racking his brain. His spiritualized mind opened to the higher knowledge directly, and as a result all the theorems were known to him in one by one or in bunches.

That is how the supramental being will increasingly know in future; through a direct intuition, illumination, revelation of the knowledge simply appearing in the mind. It is to be in Identity with the object of knowledge, without the need for thought.

No Title

In a group of individuals each has a part knowledge of the truth. Often each knows truths the others miss. The Whole Truth is that which Completes the limited truths of each individual. Plus, those truths are now all integrated and interrelated. This is the Supramental Truth and Knowledge one can attain. It contains ultimate power for both insight and success in life, with a vast capacity to manifest ultimate positive conditions.

No Title

Truth is the actual nature of Reality, not merely our own individual opinions, attitudes, or beliefs about it. And when we rise toward supramental, truth consciousness, we begin to move into complete identity with and therefore have many-sided integral knowledge of that Reality. As a result, we have ultimate inner power to know, act, and achieve in life. Life collaborates in every way.

Putting Money in Hands of Higher Consciousness

Money is still mostly in the hands of the Asura (dark forces), though that is rapidly changing due to new developments in consciousness, technology, et al in the world.

For us to participate in winning over money to the higher consciousness, we need to rid ourselves of various corresponding darknesses in our own being. That will release positive energies and then developments that will increasingly put money in the hands of the Good instead of the Greedy or otherwise Unconscious.

What then are your corresponding darknesses in relationship to money, - in terms of habit, attitude, motive, belief, behavior, action, - and what will you do to overcome them?

If you take right actions, you will soon notice corresponding positive conditions related to money suddenly showing themselves in your own life, in your immediate circles, as well as in society around you.

Making that corresponding inner change has that individual AND universal power!

No Title

It is heartening to discover the array of Indian business management authors who seem to have a deeper insight in that field than their Western counterparts. It is an indicator of the deep intellectual capacity of India, including a subtle awareness of the Spirit behind that knowledge. This is a welcome trend that will only accelerate in the coming years.

Life Mirrors Our Nature, though in Subtle Variation

According to the principle of inner-outer correspondence everything happening outside ourselves is a reflection of our consciousness within. Therefore, we can always discover the outer event mirroring something in our nature.

However often that correspondence may not be very obvious and direct. Often it may be difficult to detect the inner quality in ourselves that mirrors the outer circumstance. One needs to seek out a VARIATION in attitude to see the inner-outer connection.

For example, say something bad happens in our sales efforts, such as the cancellation of a contract by the client. We then perceive that it is due to the recklessness of one of our salespeople. Being conscious of such things, we now seek to see the inner correspondence, and conclude that we ourselves are not reckless. So, we then ask how does the outer negative of the salesperson and cancelled account reflect something in me?

However, when we think deeply about it and review our lives, we realize that we have actually been acting insensitively and callously to certain members of our non-sales staff. It is not recklessness, but it is close in that insensitivity and callousness show a disregard for others; same as with recklessness. As a result, now we see the correspondence between our behavior and the lost sales account, and hopefully are conscious enough to make the inner effort to change.

We see something similar occurring in families, where a grown-up child rebels against a parent's negative behaviors and beliefs in a particular area, when actually demonstrating a very similar, though not exact same negative trait with their own children. Eg one may rebel against the blatant materialism of one's parent, yet may pamper one's child to no end, causing them to become spoiled rotten. Pampering is a variation of materialism, just redirecting the attachment in a somewhat different way. Now we can perceive correspondence between our parent's negativity and our own.

This all indicates that inner-outer correspondence may not always be very direct and obvious to our understanding, yet it occurs nevertheless, in subtle and not so subtle shadings.

Outer life events still reflect our positive and negative attitudes and behaviors, even if we don't at first recognize them in the mirror.

No Title

If you want the great benefit, then you will need to make the significant change in consciousness that will bring it about.

No Title

All significant improvement in our lives, in the world require a corresponding change in consciousness.

No Title

It is inevitably the case in normal life that horrible, unexpected developments will come our way, forcing us to change. That is precisely why we need to be open to all points of view, including those we disagree with - not just fixating on our own limited perspective, which is often what gets us in trouble in the first place.

By developing a broad, open mind that embraces all possibilities, we avoid those mistakes, errors, and foolish actions that lead to the inevitable unexpected horrible conditions. By being fully open-minded to every side of an issue, we are armored with the multi-sided Truth of things that leads to wisdom, while shielding us from difficulty and pain.

No Title

Followers of Religion have limited experience of the divine, yet the followers insist on their viewpoint as absolute truth. Spiritual practitioners, on the other hand, have more extensive spiritual experience and insight, and almost never insist on the way things should be. Mental and vital humility is a hallmark of their developing being.

No Title

Karmayogi indicated a while back something to the effect that fantasy literature and films, such as Harry Potter, are like training wheels for the Spiritual life. Though the plots may be silly or unfathomable, the magic serves the purpose of stimulating the young person's imagination, and can be a precursor to partaking in a spirit oriented life. In other words, the artificial magic of fantasy entertainment presages the real Magic of the Spirit to act in life.

No Title

"Study without desire spoils the memory, and it retains nothing that it takes him."

When I studied western philosophy in college, I had little interest in the subject. Years later I couldn't remember a thing about what I had learned. Also, years later I would go through computer software coursed. When I would revisit the topic after a long while I was surprised how much I retained, and how useful it would turn out to be. So, one message is clear; take a deep interest in what you learn; whatever it is.

(thanks to GIIMS)

No Title

There is a difference between a perfectionist who obsesses, and one who perfects every detail knowing that the Infinite can suddenly break out.

No Title

We come to wrong conclusions because we are dominated by our prejudiced viewpoints.

No Title

It is normal for individuals to go through several catharses in their lives. However, if at a young age we acquire a knowledge of the subtle laws of Life, we can avoid most of these harsh realities.

No Title

Consecration transcends conflict, creating new, unprecedented possibilities.

Famous Individuals' Catharsis on the Road to Greatness

We see how so many great individuals were forced to go through a catharsis in order to reach the pinnacles of success. It almost seems to be the norm of life. And yet one wonders if it is necessary; if it a requirement of Life.

Eg Abraham Lincoln was often sarcastic and cynical early in his career, and as a result often abused his political rivals. Then one day one of rival challenged him to a duel. Fortunately, at the last moment both parties agreed to halt the life-threatening situation. And yet this event had a great effect on Lincoln's psyche, and he began to change as a person. Years of personal growth ensued, culminating in his greatness as a president.

Likewise, Steve Jobs invented the personal computer, but was then kicked out of Apple and was forced to wander in the desert of technology. It caused him to change as a person, and when he ascended once again the mantle at Apple, he developed a series of even greater products that revolutionized the world. The catharsis of being kicked out of the company he founded changed his worldview, leading to the powerful positive events that followed.

Finally, Darcy in 'Pride and Prejudice' was humiliated when his marriage proposal was turned down by the woman he adored because of his proud and haughty nature, forcing him to reevaluate himself, after which he engaged in a brave deed that enabled him to prove himself and thereby win over the heart of the one he loved. Without the traumatic event of being turned down, he never would have changed.

And yet we know we can attain any of these great results without catharsis if we learn the laws of higher consciousness early on. As a result, we can avoid the pain life brings, and instead live a life of never-ending success and fulfillment.

No Title

Our anger indicates a hidden flaw from our side.

No Title

We think we are different than our parents (including certain of their negative traits), yet we express some of the very same traits (eg toward our children), but in subtle variation that we completely miss.

No Title

Until you apply the necessary inner or outer Method that achieves, life will continually be haphazard.

Non-Complaining Power

One of the common ways that workers spend their lunch hour or other break-time is by complaining about others - whether superiors, peers, or subordinates.

Yet they fail to realize that NOT complaining has the greatest life-attracting power to resolve such issues. By keeping the heart and mind still in relation to the problem, one sends out positive energies that quickly align with conditions that work in our favor. It is truly one of the astonishing subtle laws of life!

No Title

Belief in the power of the unseen is Faith.

No Title

The best way to know God is to become God.

No Title

"Sri Aurobindo always said that the most important, but also the most difficult thing, is to learn to keep one's BALANCE IN INTENSITY. To have the intensity of aspiration [for growth, the divine], the intensity of effort, the intensity of the march forward, while at the same time keeping one's balance – the balance of perfect peace. That's the ideal condition." (The Mother, Agenda 4/22/1967)

No Title

"What people generally call force (in the English sense of the word strength) is something very heavy and tamasic. The true Force is a movement of fantastic speed but... in perfect calm. There is no agitation; the movement is fantastically faster, but without agitation, in such calm!... They generally don't even feel that Force, yet it is the one that makes – that will make – the transformation possible." (The Mother, Agenda 4/22/1967)

Inner Approaches to Relating to Another's Problem

Karmayogi has emphasized that the more we concentrate on a problem, the more we tend to energize it.; i.e. make it worse. So we see that if we are trying to help our children, parents, staffers, etc with their issues, it may be that we are so absorbed by it, attached to it, bothered by it, that we worsen the situation.

Therefore, we can instead offer the problem to the Higher Power, to the Mother, and then FORGET IT, without insisting on a particular outcome. Now we are in a much better position for the Force to act, and have the problem be resolved, or otherwise attract conditions favorable to all parties involved.

Another complementary method is to think about the nature of the problem that is occurring around us, and change our own consciousness correspondingly. That too will have an immediate positive effect on the outer difficulty. Eg we may see that the outer problem can be related to our own dominating nature, or to a fixed point of view, or to some other limiting quality. Though there may be no obvious, direct association in the ordinary sense, there IS a subtle connection between our own limitation of being and the outer problem, which means if you change the inner, the outer will soon react accordingly.

So if you shift yourself away from thinking about the problem others are having, offer the issue to Mother and forget it, and if possible identify any inner correspondence between your own nature and the outer difficulties people are having and change it, it will benefit all parties involved. The result will be that positive conditions will quickly present themselves, resolving their problem.

On Criticizing a Friend

Since it is well known that you can lose a friend by criticizing a friend, one can instead help them along toward higher consciousness by practicing inner methods such as -

-Non-Reaction - to their intensities or things that bother us. As a result, life will soon respond in the positive.

-Silent Will - i.e. not saying a thing, which compels them to speak it out themselves soon after; and can, in the process, cause them to realize their deficiency on their own. This is also a "response from life."

-Completing Forgetting the Matter - which enables criticism vibrations to dissolve, opening the doors to positive conditions.

-Offering the Matter to the Divine - which activates the higher power, enabling positive conditions to manifest.

In this way, instead of criticizing a friend, we can engage in inner methods that enables the friendship to grow, while both of you rise in consciousness in the process.

(By the way, the same approach can work with anyone else - such as a family member or a fellow worker.)

No Title

From one perspective, Perfection not only requires the perfection of the giver of the service, but also the perfection of the party who receives it.

No Title

Life responds through the unknown and the unexpected.

Reader: Sir is it because Divines plan and way are unknown to human mind

Response: It is because there are deep associations between things, which we do not see. And when we energize those associations through an inner method of ours that evokes a response, it is surprising that it occurs, and startling how it takes shape; i.e. how unexpectedly creative it is.

And then, as you suggest, there is a divine intention, which is in touch with who we are, that we need to experience to grow, etc. Such things are normally far beyond human understanding.

So it's all a bit like watching a film or play that we know nothing about. We sit there in wonder at the startling unfolding.

No Title

On the other side of unwillingness and reluctance lies vast success.

No Title

According to Wikipedia: the richest 1% of the American population in 2007 owned 34.6% of the country's total wealth, and the next 19% owned 50.5%. Thus, the top 20% of Americans owned 85% of the country's wealth and the bottom 80% of the population owned 15%." Also (as of 2012) the bottom 40% combine for a paltry 0.3% of the wealth.

Comment: These are extremely dangerous signs for the country (and other nations as well). It indicates that a New Paradigm of Economics - human centered, with the human being at the center of life - needs to replace the current money orientation that is creating this extreme unequal wealth distribution, as well as dangerous forms of speculative financial undertakings.

Individuality, Faith, and Life Response in 'Interstellar'

Individuality is to be optimistic in pessimistic conditions, embracing life's opportunity with a leap of Faith.

In the movie Interstellar, NASA space pilot and father Cooper was initially in that very situation. However, he then shifted from individuality and the optimism that issues from it, and relied instead on Dr. Brand and his "Plan A".

On the other hand, his daughter Murph demonstrated an inner spiritual courage and Faith that proved to be a greater power.

At one point in the story, knowing that there was no longer a Plan A as devised by Dr. Brand; that her father seemed unlikely to come back; that the earth was dying off due to dust storm; and that the gravity equations was not solved, she wondered what could she possibly do?

And yet when she changed her attitude about her father, releasing all her misgivings, she aligned with his consciousness of "third dimensional time" directly and started to receive his message from beyond the spheres. At that crucial situation, she perceived that it was not some ghost she was seeing, but rather it was her father himself who was trying to communicate with her through the bookshelf and the watch.

As she has said at the conclusion of the movie, no one believed in her when she solved the gravity equations, but it was the value of Faith and Courage; indeed, it was her Individuality that solved the problem for mankind.

As such, we see that our past and future always co-exist in our present. Our change in consciousness, including a reversal of our wanting attitudes align us with related consciousness and bring startling positive results as Life Response. How and where it would align, what kind of results it would bring, we may not know; but what really matters is our present moment, our choice, what we are doing at the here and now.

For example, in the movie, young Murph was able to perceive the message from the bookshelf (third dimensional time) as "STAY" and explained it to her father. But he didn't listen to her and was instead convinced that going for the mission was the right thing; and so he chose the other way.

If he would have listened to his daughter, he would have solved the problem together with her. -- by aligning with her in third dimensional time and receiving the message directly without the need to go on the mission. Would that have been possible? I think yes. It may be like getting in touch with one's Psychic being to bring forth results from depths, instead of going through the process in life.

However, he chose in the other direction. As Life Divine message indicates "there is no waste in the universe." The process of going through the mission, travelling space/wormhole/blackhole and so forth gave him the immense experiences and delight for his soul. On the surface, he missed his daughter and the family very much. That Love was the connecting bridge for both of them to align and to travel from surface to depth to bring out the actual knowledge what was needed at that period on earth.

It's like Darcy in Pride and Prejudice. He could have married to Elizabeth at his first meeting in Meryton, but he chose the other way and came back to the same Reality after going through so much experience in his life. (by Senthil R Murugan)

No Title

Taking the other person's point of view can have the life response effect of dramatically reducing the effort required for creating the outcome.

No Title

There is always scope to be more Cheerful. That single inner shift can go a long way toward making your day a happy and successful one. In fact, Life loves to respond with good fortune to that small but powerful psychological gesture.

No Title

Each time you find yourself in an argumentative state, catch it and halt it in its tracks. Now your day can continue in serenity and peace.

No Title

More scientific evidence is coming verifying the ancient wisdom that brain and mind are not the same entity. Brain is a transmitting mechanism that connects thoughts and the body. Mind is an ascending plane of information, knowledge, and truth that exists everywhere and nowhere.

No Title

Shift your prayer from "oh Mother please bring me this and that" to "I offer to you my wrong xyz attitude related to the current matter so that you can act in my best interest."

No Title

We think of the Spirit as being apart from the body, the vital, the heart, and the mind. However, the purpose of getting in touch with Spirit is to uplift and divinize each of these.

The Journey from Ignorance to Integral Knowledge

Aside from his discovery of the Supramental Power (Mother's Force) and the Psychic Being (evolving soul; the spirit inside us), Sri Aurobindo's great contribution has been his understanding of our multi-dimensional IGNORANCE born of creation. His integral yoga is in fact the multi-birth Journey from Ignorance to Integral Knowledge. I.e. knowledge of the-

-truth of our nature; including its physical, vital, mental, spiritual parts

-truth of our purpose in life

-truth of the nature and ways of Life

-truth of the purpose of Life

-truth of the nature of the transcendent divine

-truth of the super-nature we can become

-truth of where we as a species are evolving towards

-truth of the evolving spirit within us that connects to the Divine Spirit

The Integral Yoga brings this knowledge to us, enabling us to be leaders of the evolution and harbingers of a coming Divine Life on earth.

No Title

No matter how many times you change jobs, Life's circumstances will repeat and compel you to face the same limitation in your character until you make the necessary decisive change.

No Title

Power of Taking the Other Person's Point of View

Taking the other person's point of view is to shift from your limited viewpoint to that of the universe's.

Taking the other person's point of view puts you in touch with the multi-sided fountain of integral knowledge and Truth.

Taking the other person's point of view puts all necessary knowledge in a given moment at your fingertips.

Taking the other person's point of view is a supramental state, as it harbors multi-sided understanding and awareness.

Taking the other person's point of view shifts one from uncertainty and weakness to truth and inner strength.

Taking the other person's point of view overcomes our limiting separative Ego, and engenders Harmony of Purpose.

Taking the other person's point of view shifts one from assertion and defensiveness to tolerance and open-mindedness.

Taking the other person's point of view causes your own (original) viewpoint to emerge and stand out.

Taking the other person's point of view breeds mental silence and stillness.

Taking the other person's point of view engenders vast insight and success.

Taking the other person's point of view is the shortcut to rapid achievement.

Taking the other person's point of view engenders sudden positive response from life of all sorts.

Taking the other person's view is a shift from ordinary life to A New Way Of Living.

Indian names often consist of spiritual qualities and entities, whereas Western names often indicate physical job tasks and locations. It suggests where emphasis lies in their respective

cultures, and perhaps also subtly implies limitations, and thus where change needs to take place.

No Title

Despite the appearance of the opposite, society, nations, and institutions are gradually shifting from separateness to integration. It is a movement from ego to self-identity to unity of purpose.

No Title

Impatience often contributes to lack of understanding.

No Title

At the point that you yield to another's point of view, you move to the universal plane, where life responds and your own aspirations are fulfilled.

No Title

At each point where you restrain from arguing or insisting on your position, that idea is progressively realized in the world.

No Title

Advances in technology and medicine will enable humans to live longer, which from one point of view is a laudable goal. From another, one can ask what good is extending life if humanity is going to continue to live in the same lower consciousness.

Sri Aurobindo on the other hand offers simultaneous unlimited life (live as long as you wish) and the rapid evolution of consciousness. In fact, the latter is what enables the former to come about. That occurs when the divine supramental force reprograms the cells to no longer believe in the inevitability of illness, disease, and death. Then one can live as long as one wishes, while living a life of peace, truth, harmony, love, joy, creativity, timelessness, and infinity.

Referrer of Clients Comes Alive!

Rather than complain about another person letting you down in a work, do all you can on your own to make it right. As a result, startling positive conditions will present themselves.

Eg for over a month a sales group was unable to gain the cooperation of a client's general manager who promised to help them secure additional clients. He made promises, but never quite delivered.

Then one day the head of the sales group decided to take action and not wait around for the referrer individual to act. The sales group head was also able to maintain calm and refrain from any animosity towards the referrer.

A short while later the salesperson was very surprised to receive a phone call from the referrer client, as he had never called before! Moreover, he told the salesperson that he was now deeply engaged in the field trying to secure more clients for the sales group!

The salesperson was stunned at this turn of events, yet he knew that by making the decision to take responsibility and do what he could without the referrer, had in fact attracted the referrer who was now fully engaged in fulfilling the promise he had made repeatedly for over a month!

No Title

Willingness brings inner peace, and inner peace bring humility.

Reader: What is "willingness" in this context sir?

Response: Say your boss asks you to do something somewhat challenging. You can be willing or unwilling to do it. If you give in and take their point of view, you become willing, which is often followed by a sense of ease and even deep peace. In deep peace one feels a soft stillness, and the ego fades; and therefore humility can take hold.

No Title

Peace is the pleasure behind the moment.

No Title

Over-anticipating anything, including money, delays it.

No Title

Where Mother's devotees reside, work, or focus their interest, that land, people thrive and prosper, becoming vanguards in the world.

Simultaneous "Unrelated" Events

When two apparently unrelated significant events arrive simultaneously, on deeper analysis you will see that they are actually very much connected.

Eg a man received an email from a boss that was a wholly uncalled for and unfounded rant on the political scene. At the very same time, the man received another message from the finance division of that same firm that funds he had earned were on their way, which was good news

On its own, the man might have thought that that he perhaps he should no longer work for his seemingly crackpot boss. However, the coming funds indicated that despite the rant, it was worth continuing to be part of his organization - at least until signs indicate otherwise.

In this way, through synchronous events, - even if they are seemingly incongruent with one another - can reveal subtle truths and indicators for the future.

No Title

Laziness, unwillingness, blame, expectation, over-anticipation, complaint, mistrust, sarcasm, gossip, carelessness, slovenliness, disorganization, uncleanliness, loud speech, hoarding, wastage, and depleted energies, among others, delay the flow of money in your direction.

No Title

Ironically, "laissez-faire" (free markets) works most powerfully when those individuals, entrepreneurs work for the betterment of the entire society. On the other hand, Laissez-faire by itself, for its own sake, for its own interests alone, gradually destroys or warps itself, as we have seen in recent years.

No Title

The evils of Communism came about because of the excesses of Capitalism (greed, oppression, corruption), as well the meddling of the nations of the ladder in the early formations of the former.

No Title

Mindless pursuit of money, influence, power is a grave digger.

Reader: Sir, I have a question. As a Mother devotee, all the above three things come to us. So what should be our attitude towards it?

Response: Pursue high attitudes -- toward work, life, others, and self; focus on being self-giving; do the work as perfectly as you can; make each day a day of personal growth - while shifting your attention away from obsession with money, influence, and power.

Decide at the beginning of the day which values you are going to pursue - the higher or the lower. The choice is ours.

As Mother devotees, we also gain her power in that process if we choose to call to her at each point.

No Title

The reason there has been a seemingly never-ending "Black problem" in America from the Civil War onward is because it has been a negative life response to the actions of the settlers here who brought disease and death to the 25 million Native Peoples, virtually wiping them out, in the period just before.

Synchronicities and Our Path

The intense Synchronous moments observed in life may be the life-changing experiences coming from our deeper self trying to synchronize with our surface self directly to show us the path. Some examples:

- Darcy's arrival while reading Lydia's elopement letter in *Pride and Prejudice*.
- The falling of Book from the shelf to Dan in the novel *The Book*.
- Arrival of Abbe Faria on the verge of Edmond Dante's life in *Count of Monte Cristo*
- The crucial moment to find gravity solutions for Murph in film *Interstellar* (Senthil R. Murugan)

Supramental Business Planning

In normal business life, the leaders or founders of the organization bring out the relevant issues they are familiar with, weigh the possibilities, and then come to conclusions that are then acted upon. It is a rational, yet still incomplete approach. A far more successful method would include the following approaches, which essentially brings to bear the power of Higher Consciousness.

-The mind would be more still and more open, attracting intuitions of knowledge without the necessity to think. Thus, the final goal and conclusion of the normal human analysis and synthesis process described above would be known at the outset.

-Through an elevation of consciousness in the planning stage, the goal is achieved before it is even executed as the spiritual Force attracts the outcome at the beginning.

-Through mental silence, higher attitudes, and opening to the Force the results come quickly in ways one would never have imagined, while opening up new opportunities never thought of before.

Such "Supramental Business Life" is available to anyone who wishes to engage in it. It is just a matter of knowing which of the Inner Keys to turn. I.e. which inner psychological and spiritual method to utilize that will quickly evoke the miraculous.

No Title

In the old world, spiritual teachers focused on spiritual matters alone. But increasingly in the new world the Spirit is being applied to the Details of life, bringing out its perfection, infinity, divinity.

No Title

For the spiritual aspirant, the challenge of Life is all inward, not outward.

No Title

Sri Aurobindo, the great spiritual sage and seer, worked inwardly for the independence of India. It miraculously occurred on his birthday, August 15th.

Comment: It is also the day 2 years earlier when WWII ended in Asia, also something he inwardly worked for.

Power of Affection

To feel genuine affection for people around you is a wonderful goal worth pursuing. It is an indicator of a growing consciousness and the spirit moving in life. That being the case, ask yourself which individuals have you been none to pleasant toward or oblivious to - among friends, family, co-workers - who are worthy of your attention and affection? When you then give of yourself in this way, not only will it energize the recipient, but good fortune will descend on all parties.

Sri Aurobindo and Mother: First Avatars Seeking Man, Speeding Up the Evolution

Sri Aurobindo says that in the past the Avatars came down to reveal the divinity, not to work for this transformation. Mother and Sri Aurobindo are the first to come to work for the evolution here on earth.

They did not come just to show humanity that there is a higher reality. They came to speed up the evolution.

They took birth in human bodies to bring the Supramental down into the world. They called the Supramental Force down into matter. They came to do the yoga for humanity.

In the tradition, so far man has been seeking the Avatar. This is the first time that the Avatars have come seeking man. (Sri Karmayogi)

Hypocrisy of US Brings Terrorism: Satyagraha of India Brings Partition

Anti-Americanism, as all feeling protests, is largely due to the aid USA has given this region. Diplomacy has degenerated into organised hypocrisy, which terrorism is addressing, by its bombs. A nation that had wiped out the entire population of Red Indians now espousing the cause of human rights may be a welcome development, but it is ridiculous. Such ridiculous behaviors are without number. Nature's way of answering them is of the type of terrorism.

Nature has presented partition and ten million refugees as an answer to Satyagraha [Gandhi's non-violent resistance], an inadequate force for a formidable cause. Knowing the language of Nature, life, society, time and the ways in which law, government, and the masses function will be a help to study politics. (Karmayogi)

No Title

In potential Internet has the capacity to create more freedom than even democracy.

No Title

The scale of social evolution in terms of governance is-

Repression > Stable, Good Government > Democracy > Inner Freedom

Thus, asking a repressive state to go directly to Democracy without first going through stable, good governance is naive. Russia is a current example.

No Title

The economic prosperity of a nation is directly dependent upon how independent the Individual there is. (Karmayogi)

No Title

Britain brought geographical unity, democracy, modernization to India and her other colonies. (Karmayogi)

No Title

Frustration with the situation indicates several wrong attitudes behind.

Two Doctors

Life's requirements can be greater than an apparent moral good.

Example: A doctor believed that experiments should not be conducted on humans to determine the validity of an untested medical solution. However, the doctor's best friend suddenly had a serious injury, and only an experimental procedure could solve it.

And so despite the doctor's anger with the approach, another doctor conducted the emergency operation using the untested approach. It turned out to work perfectly, showing that Life's requirement was even greater than the apparent moral good of the first doctor.

Life in fact demanded the experimental procedure of the second doctor whom the first doctor believed was in the wrong.

New Article: On Liberality, Conservatism, And Governance In USA – By Roy Posner

[A question was raised as to whether there is a liberal bias in the media and elsewhere in America. That touched off the following thoughts, which came to me in multiple parts.]

Undoubtedly the liberal approach is in the ascendancy, and there is a bias in that sense. And it - Liberal Democracy – is fully spreading throughout Europe and now Asia. It is because that despite its limitations - and there are several key ones - it is far more aligned to the Truth of things; to human values. And if it can (1) rid itself of the belief in giving aid to countries abroad (not good, as they later resent it), and (2) shed the belief that government must spend enormous sums to solve problems, instead of partnering with the public sector, it's overall approach will continue to be embraced around the world.

It is clear that a laissez-faire approach to governance, economics, et al can no longer work in the modern world. As a renowned Indian thinker explained to me, the falsehood that Bush Jr represented had to play out for all the world to see (9/11, Katrina, Financial crisis and Great Recession, misguided Iraq war), so that the laissez-faire philosophy can be rejected once and for all. And so the Republican Party is still reeling from that, and therefore a fanatic like Trump has filled that vacuum.

Then what is governments purpose? For one, government can serve by offering to the people a vision of what is possible, and what is aimed at, as in China, India, and most of Europe; and the private sector and the people are influenced to carry it out. Government should not force that vision and goal on anyone, but nudge society in that direction. America has too often avoided this approach as it is the land of individuality where government should not interfere. But that is no longer enough. When China, India, and other nations are zooming ahead because of that integral approach of government working with the private sector and the people themselves (despite the flaws there), we must reevaluate our own limited laissez-faire, contempt for government perspective of a large segment of the population. We in turn can continue to nudge other nations toward freedom and individuality

The Republican view is dying because it does not wish to follow such an integral approach. And the liberal Democrats will increasingly be forced to follow it due to the pressures in society, if they wish to remain in power.

Ultimately something greater is emerging that we now only dimly see. In parts of Asia and Europe they have already begun this approach with great success. We will see if America follows suit.

A new Human-based (not money based) Economic paradigm is beginning to present itself, as the old ways crumble under the strain of its limitations. A new world is trying to be born.

I believe it is helpful to distinguish between Governance and the Process of Growth in a society.

Societies evolve when Pioneer Individuals bring something new into the world, and then society hopefully follows. In one sense, governance exists to foster this dynamic through leadership. It is to take the best of these ideas percolating from below and make it known to the society as potential objectives to move the nation or community forward. In this way

liberal democracies champion the individual while fostering their view for the benefit of everyone.

Liberal democracies are also sensitive to issues like tolerance, fairness, et al, making sure that excesses are avoided in society. It a protection and security function of government.

Weapons proliferation, lack of gun control, financial speculation that jeopardizes the economy are examples of excesses. In the past it was to control over labor abuse, environmental degradation, etc. Modern government seek to protect the public from such abuse, as well as protect the people from foreign aggression, as well as provide basic necessities like infrastructure, a harmonious physical environment, etc.

Encouraging individuality and the ways of pioneers, setting the tone and direction for the people, protection against abuse by other sectors, and the security of the people are amongst governments duties. It becomes a partner in the growth process in society. It is also engaged in the world, not cowering or hiding or being involved in the issues of the world

In WWI and WWII, the Republican Party did not want to get involved in those struggles, putting the US and the world at grave risk. This is a shame that cannot be forgotten. Likewise, during the time of Stalin, liberals in the US were oblivious that he was killing 25 million of his people. That too is a great shame.

In one sense, the entire issue is really about human Ignorance. Both sides -- liberal and conservative -- have it, demonstrate it time and time again. In fact, looking at it another way, governments, the private sector, and the people are constantly swimming in ignorance. And yet also in that sense we can learn from one another to avoid our misconceptions which further harm the world. Thus, that can be another value of governance - the pursuit of Truth.

The era of hard ideologies is ending, as it cannot stand up to the exigencies and pressures of life. Solutions to pressing problems are at hand and that is why we are in an era where we are seeing increasing cooperation among nations and regions in so many areas of life, not retreat into bunker mentality or just "letting things go as they may -- i.e. laissez-faire." All manners of new associations and bodies are blossoming throughout the world seeking to bring fresh, new solutions to the world's problems. These are the types of connections - economic, political, social, cultural - that build bridges and helps solve the problems that are ever-accelerating in society. These interconnections are the necessary steps for not only solving the many problems, but also for the further emergence of Human Unity.

Laissez faire economics and approach to society is now considered a failed method. No one wants disengagement and "letting things be; let the market solve it on its own" approach. It only exacerbates the problems. Engagement in the world so we can move forward together is increasingly becoming the modus operandi. Active bridge building among the nations is increasingly occurring to solve common problems. In Asia, we see this rapidly emerging. EU is the example in Europe.

US will need to increasingly participate with these movements as well. We can work with other nations to solve our common problems.

Conservatives may be alarmed to learn that a light firm of global governance - such as a world parliament or similar - may soon emerge in the world to tackle these increasing pressing cross-nation economic, social, and environmental challenge that cross national boundaries and cannot be solved by individual nations alone.

There is a conservative strain in American life that is anti-government. It's grounded in a truth that is mixed with a falsehood.

The meshing of freedom and Individuality is one of the great contributions of America. It is a combination of values that appeals to almost everyone in society. However, Individuality is not the same as Individualism, which is anti-government. That latter extreme strain of belief has its roots in the Pilgrims who came to avoid intolerance of European nations, but then set in stone an anti-government philosophy that has unfortunately spread and lasted till this day. It has poisoned conservative thinking, and led to US uninvolved at the outset of WWI and WWII, which could have brought totalitarianism throughout the world including the USA. Winston Churchill himself warned his fellow Tories who were not willing to engage the enemy at the outset of these wars due a similar conservative, anti-government strain in England.

A second false belief is the right to have weapons, manifesting currently as 200 million guns in the hands of the public. Such a thing exists nowhere else in the world and is an extreme menace to society. It too has roots in an outdated belief. Guns were acquired by American settlers to protect against Native Americans incursions. But there has been no such thing for over 150 years. Bad habits spread become festering infections in society. The society has now become an armed camp, and can prove lethally dangerous if social problems continue to fester in the society.

Add that to a culture that is obsessed by violence, violent films and video-games, infatuation with street gangs, love of weapons proliferation and technology, crime et al, and you have a corrupted underbelly of society. Old outworn values of Puritan anti-government individualism and 2nd American Gun Rights create a false bottom for conservative forces in America. It is ruining them and their philosophy. However, the public will no longer tolerate it. If you then mix in the often crude cultural behaviors of young people, you have a very toxic combination.

As a result, countries like India which look to America as an economic model also see her culture of violence and guns, of extreme immodesty and lack of purity and say "we don't want those aspects. We will take her economic model, even her culture of individuality, freedom, and tolerances, but not her excesses." This is how America is viewed around the world. When they hear about the gun violence and the rantings of a maniac like Trump, they wonder what America stands for anymore.

And yet Conservatives rightly see the excesses of Hollywood, even as liberals see the excesses of Wall Street. Hopefully, each are beginning to learn from one another, which would be a good thing.

Conservatives also raise the issue that we are moving away from classic culture, such as standard great literature in the name of cultural diversity. Again, there is some truth in this mixed in with a core falsehood.

I recall during the 60s and 70s how rebellious youth in America were exposed to the writings of Native Americans, Sufi (mystical Islam), to the deep spiritual culture and wisdom of the Indian Vedas, Upanishads and Gita; to the writings of Zen and the Buddha, to contributions of blacks and women, and on and on. We were introduced to new worlds, new vistas that the western classics alone did not address. Now this knowledge is increasingly assimilated and becomes part of a much greater knowledge. Well it turns out that Liberals embraced this current, even if they did avoid the classics for a while. It shows their tendency to be in touch with the progressive and evolving currents of society, even though it can seem excessive at times.

I remember when I was a boy and the Judeo-Christian view and the 10 Commandments and Jesus was the only thing we were exposed to; and if we wandered from that straight and narrow we were ridiculed. Contrast that now with endless founts of wisdom that is at our fingertips through the Internet, a system developed by and large by the liberal hippies who became boomers. And the same with the personal computer and the smartphone. And so now as a result we are now a long way from the rigid conservative view of the previous conservative generations.

After all, how can one be an individual if we are locked into a narrow mindset? What good is freedom and individuality, if we are boxed in to only know the traditional way.

Let me end here with this one thought: that there is a difference in my mind between Freedom and Liberty. Freedom is the space that allows us to act in the way we so choose. Liberty is the opportunity in society to experience Freedom. When all facets of society work together, including government, the private sector, the people, et al, then we create the Liberty that allows true Freedom to flourish.

The great eye opener of the 21st century in term of economics has been the Great Recession which itself was initiated by the financial speculation on home purchases. It not only devastated the economy, reduced net worth among all classes, but revealed other problems that had been festering for years. Two are key: One is the utterly skewed income distribution in the society, where now 80% of the wealth is owned by 20% of the people. Where the lower 40% owns less than 1% of the wealth. These are astonishing statistics.

We could argue that this is the natural way of things. That money first comes to the wealthy and then it filters down into the other classes of society. However, there are signs that this unequalness is still accelerating. In a laissez-faire based economics, this may be the outcome, especially if financial schemes (shenanigans) is at the root for the economy. Conservatives have been unwilling to address this, and liberals are deeply concerned, but do not have any integral solutions. Even the recent comeback of the economy, in terms of all time high prices of the stock market and so-called low unemployment is favoring the wealthy who are acquiring most of the newly generated wealth, while on the other side, middle class jobs are for the most part lower-paying, requiring many people to take two poor-paying jobs to survive. The pressures on the middle class are thus becoming enormous.

Which brings us to the second outcome of the Great Recession, which is that income has not risen for the middle class over the last 20 years. That the average salary is the same as it was two decades ago. This is a really startling statistic. I recall Bill Clinton in the 90s continually asking the public, the private sector and all to make sure Americans got the skills necessary for the 21st century. For the most part it happened. His call to re-skill was never heeded to, as people felt comfortable with where they were at. When Globalism took shape, the value of their labor collapsed, or at least it did not continue its steady rise of 40 years.

In the wake of these developments there is an angry public, with even angrier candidates espousing a mixture of coherent and incoherent solutions. Here is where America has lost trust in government's ability to solve problems, even though they the citizens themselves are as much to blame as anyone. It is they who refused to skill up - save the progressive people on the two US coasts who did in fact take up the clarion call. Silicon Valley is the ultimate proof of the power of knowledge to create a new world and break away from the limits of society. It is their Individuality that is creating the new world.

There ARE solutions, such as free education and free MOOC courses on the Internet, etc. that can help people acquire the necessary knowledge and skills for the modern economy. Yet many regions of the country, -- particularly in the Midwest and South -- have dug a deep hole for themselves by not acquiring the necessary skills for higher paying jobs that would enable a nation-wide increase in wages beyond its current 20-year stagnant condition.

One wonders if Capitalism can save them. Or is it really the super-entrepreneurs of Silicon Valley, Austin Texas, Seattle Washington et al who will create the vast wealth that others can become a part of. Maybe government can only guide people in this direction, not solve these problems directly. Or perhaps the problems are really global not local in essence, and a comprehensive solution must come from above. Or both.

In any case, the two parties seem unable to put a comprehensive program together to see our way out of the great problems revealed by the Great Recession.

One other thought: When it comes to the middle class, I have recently been advocating a new theory, which goes something like this: Because the US failed to deal with the poor, especially in urban and rural America from 1950-1990, that "poverty" has now spread to the middle class, many of whom are in essence the "new poor." Or to put it another way, if you avoid a problem that is festering, it spreads. In this case from the lower to the middle class. This is again the result conservative thinking that simply avoids solving such problems, "letting the market decide;" as well as the liberals who have a keen interest in the subject, but do not have a way to solve it other than throwing money at the problem. The ability of public and private sectors to work together to solve the problems are avoided, as each side constantly retreats into its own ideological corners.

It makes me think that the presidential race between Trump and Clinton has been so intense not because of these two players, but because the people feel hopeless in the face of the new economic reality that are now facing. And the more the election becomes a confrontation of personalities, the more the public feels alienated. Of course, blame is fully on the heads of the citizenry as they need to look in the mirror and see what they have advocated over the last several decades, avoiding skills (except at the coasts) and being self-satisfied with the way things were, while the world was rapidly changing.

Enter the role of Globalism into this soup of confusion for the American citizenry. The reasons skills were advocated is because of the global nature of labor. It seeks lowest costs, which puts great pressure on current jobs, when it can be done cheaper elsewhere. Americans like

many others had their head in the sand on this issue. They knew jobs were going overseas. What they didn't know is what to do about it. Despite Bill Clinton's clarion call, the issue was pushed aside.

Fortunately, a great element entered the picture in the form of the Internet, and then Smartphones. This opened up infinite opportunities. Those who seized it, whether programmers, or other entrepreneurs rode a vast wave of success. The Internet had suddenly given the entrepreneur a great tool to be great. Internet became a fountain of Liberty, as it created a vast potential for vast numbers of people to become true individuals. This is what the people on the US coasts discovered, especially the West Coast.

Even education itself has been liberated through the Internet, if only individuals here and abroad made use of these enormous, low-cost learning tools. It seems that despite ourselves, some Force is alive in the world that is bringing "economic and social grace" if only we recognize it and take it up. The individuality of individuals can take flight through the blessings of an overwhelmingly helpful new Tool in the world.

Though the political parties are aware of the power of the Internet, there is not yet a comprehensive understanding of how to make use of it. In the meantime, entrepreneurs from below are exercising their Individuality, which is occurring in a dynamic atmosphere of Liberty that enables one to fulfill one's deepest aspirations.

Which leads to what government should ultimately be about. Namely, a human-centered institution from above that gently guides the people to fulfill their deepest aspiration, by helping them become themselves, their True Selves, which is the real fount of all creativity that manifests in the world.

No Title

Accomplishment through insight & intuition, and Self-congratulations do not go hand in hand.

No Title

The greater the powers developed through yoga, the more humility is required.

No Title

Everything that comes to you is significant. A tiny matter can point to, lead to a great outcome if you relate to it in the right way.

No Title

We often come to erroneous conclusions because we Hate something, or because we Love it.

How Societies Evolve and Governance's Purpose

Societies evolve when Pioneer Individuals bring something new into the world, and then society hopefully follows.

In one sense, governance exists to foster this dynamic through leadership. It is to take the best of these ideas percolating from below and make it known to the society as potential objectives to move the nation or community forward.

In this way, liberal democracies champion the individual while fostering their view for the benefit of everyone.

Government Duties

Encouraging individuality and the ways of pioneers, setting the tone and direction for the people, protection against abuse by other sectors, and the security of the people are amongst governments duties.

It becomes a partner in the growth process in society.

It is also engaged in the world, not cowering or hiding or being involved in the issues of the world

Increasing Cooperation in the World to Solve Global Problems

The era of hard ideologies is ending, as it cannot stand up to the exigencies and pressures of life. Solutions to pressing problems are at hand and that is why we are in an era where we are seeing increasing cooperation among nations and regions in so many areas of life, not retreat into bunker mentality or just "letting things go as they may – i.e. laissez-faire." All manners of new associations and bodies are blossoming throughout the world seeking to bring fresh, new solutions to the world's problems.

These are the types of connections - economic, political, social, cultural - that build bridges and helps solve the problems that are ever-accelerating in society.

These interconnections are the necessary steps for not only solving the many problems, but also for the further emergence of Human Unity.

Individuality vs. Individualism

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However, Individuality is not the same as Individualism, which is anti-government. That latter extreme strain of belief has its roots in the Pilgrims who came to avoid intolerance of European nations, but then set in stone an anti-government philosophy that has unfortunately spread and lasted till this day. It has poisoned conservative thinking, and led to US uninvolvedness at the outset of WWI and WWII, which could have brought totalitarianism throughout the world including the USA.

Winston Churchill himself warned his fellow Tories who were not willing to engage the enemy at the outset of these wars due a similar conservative, anti-government strain in England.

Freedom vs. Liberty

There is a difference in my mind between Freedom and Liberty. Freedom is the space that allows us to act in the way we so choose. Liberty is the opportunity in society to experience Freedom.

When all facets of society work together, including government, the private sector, the people, et al, then we create the Liberty that allows true Freedom to flourish.

No Title

How can American leaders speak with moral authority and certitude in the Middle East, the Arab world, and elsewhere when it engaged in the systematic annihilation of 25 to 50 million of its own Native Peoples by slaughter and disease.

Subtle Strategies to Counter Bullying, Abusive Behavior

Q: How does one deal with bullying, abusive and threatening individuals?

A: How to respond depends on the plane from which you wish to act -- i.e. physical, vital, mental, spiritual.

First of all, it is best NEVER to lose one's temper; no matter what the situation.

A Mental approach to bullying behavior is to discover strategies that can compel a bully to change; such as contacting someone in authority; working through a common friend, etc.

A step up, i.e. a Spiritual approach is Non-Reaction. By simply withdrawing all anger, bother, even interest, you will begin to see things happening, circumstance unfolding where the bully's ways are being tempered. It takes patience and control of our feelings for such startling positive outcomes to take shape.

Then there is the opposite approach: When I was a child I physically tackled two different bullies who were physically and psychologically abusing friends of mine. That worked somewhat because they responded to force. Unfortunately, they continued to bully other

individuals they perceived as weak. This is the other extreme - the Physical approach. It only works when you are "prepared to go to war."

I have seen the power of Non-Reaction to people's behavior, including various forms of bullying and abusiveness. It is simply amazing how it attracts positive change. In tandem with Consecration - i.e. opening to the spiritual Force - it is normally unfailing. That's my suggestion.

No Title

Planning reduces 50% of the physical effort. Consecration can eliminate 100% of the physical, vital, and mental effort. Actually, it can be greater than that, as life responds and the benefit doubles or more!

No Title

If you make the full, exhaustive effort, and the result does not come, very soon after it WILL - in another form, from another direction.

No Title

A consecrated effort brings startling, unexpected results during the unfolding; even before the intended goal is accomplished.

No Title

Withholding a verbal request of another to have something done compels them to act on it shortly thereafter. It is the spiritual method of "Silent Will" in action.

The Nature and Capacities of the Planes of Being

There are four essential planes of being (from lowest to highest) - physical, vital, mental, and spiritual.

- The spiritual is the only plane that can solve problems of any of the others.
- The spiritual is the only plane that can produce results from all others simultaneously.
- The lower plane cannot solve a problem of the higher one.
- The higher can solve a problem of planes lower than it.
- The higher the plane, the more subtle it is; the less material.
- The higher the plane, the less mechanistic and empirical.
- The higher the plane, the more varied the possibilities.
- The higher the plane, the less fixed it is in time.
- Progress is an upward movement amongst the planes, but there is also a descent for it to be fully realized.
- For each plane, there are multiple sub-planes. At least 3 for each; and each of the 12 subdivided by another 3, for 36 at least.
- We can also perceive planes from the surface to the depths. Eg surface Mind to inner mind.

No Title

There will be various points in a project or other work where there is anxiety, worry, bother, etc. It is at these points that all emotion should be withdrawn, all thought of it emptied, as if it were forgotten. Add consecration of the matter as a final touch. Now life can more readily move in these areas, in due time, on its own, creating optimal beneficial results.

No Title

The first thing to do when you Lose something is to remain very calm, have faith, and then proceed as best you can. In such a positive atmosphere, what was lost is bound to be quickly found.

No Title

We see a person before us as a body that is in motion and sentient. But that is not how they are experiencing their own lives. They are experiencing it just like you: from within, inside their body, in their minds, looking out on the world.

No Title

The degree to which you live in the Depths (as opposed to the surface) is a key measure of your yogic achievement.

No Title

The Divine reveals Itself at the end of making the extra effort, going the extra mile.

Real Life Matched by TV Synchronicity

As soon as you switch on the tv after intensely discussing an idea or experiencing specific circumstance related to one's work or self, you are likely to see the show being broadcast presenting the very same thing you were focused on.

How is this possible? How can this billion to one shot matching real life and tv life take place? Indeed, it is a startling subtle association of life known as "synchronicity."

Knowing the subtle laws that govern this and related "life response" phenomenon will increasingly be important and key to success in future.

Two Doctors at Odds & the Requirements of Life

It can be seen that Life's requirements and demands can supersede in truth an apparent moral good.

Example: A doctor believed that experiments should not be conducted on humans to determine the validity of an untested medical solution. However, the doctor's best friend suddenly had a serious injury, and only an experimental procedure could solve it.

And so despite the doctor's anger with the approach, another doctor conducted the emergency operation using the untested approach. It turned out to work perfectly, showing that Life's requirement was even greater than the apparent moral good of the first doctor.

Life in fact demanded the experimental procedure of the second doctor whom the first doctor believed was in the wrong.

No Title

The more your mind is clear and free of all thought, the more intuitions of knowledge of what is necessary to be known will descend into your being.

No Title

Look around, keep your eyes open, your mind alert. Many of Life's subtle laws and ways of working will reveal themselves.

No Title

Willingness to learn from a negative situation attracts a mirror-image positive one.

No Title

It is advised that parents mentor their children; not lord over and dominate them. In adolescence, teen years and forward, parents should pull back further still, letting their children alone determine what they want and who they wish to be. Guidance is welcome, smothering them with our intentions is not.

No Title

As marriage breaks down in the West, learning the inner keys that deepen Romance between partners become that much more important. At RomanceEternal we have discovered these inner methods, and offer them free to the world.

Of course, Easterners are invited as well, as they too can learn the secrets of deep, abiding, long-lasting Love. In fact, the principles of Romance offered are based on the profound spiritual teachings of India and elsewhere

Non-Initiative in Finding a Romantic Partner

Selecting the right partner and living together peacefully in a lasting relationship are not easy. Is there a way to select rightly? Is there a way to ensure that a peaceful relationship lasts? The answer to both questions is 'Yes'. The short answer is patience and good manners.

Eagerness for relationship and intensity of emotions often make us rush into relationships that later disappoint or end painfully. Patience in selecting a partner works far better. Better still, refrain from taking initiative and wait for life circumstances to indicate whether the relationship is really meant to be. Unhurried non-initiative is the secret of making the right choice.

No Title

Hard ideologies prevent one from ever perceiving the integral truth of things.

No Title

10% of the US population now control 75% of the wealth of the nation. This can be the basis of great instability, even insurrection in the country. So far none of the leaders have a comprehensive plan to change this and uplift the Middle Class out of its severe doldrums. Each are stymied by a limiting ideology.

A fresh, new approach, including a Human-centered economics (instead of money centered) as advocated by the World Academy can be the basis of integral growth strategies that can help change the distribution of income and wealth to something that is more fair and just.

To know what you wish to be, begin by connecting to and asking your Soul "what are my deepest Aspirations in life." Answers will quickly come. Now consider the possibilities, and then follow your heart. You will be set on the right path toward success, even greatness.

No Title

Parents who are concerned about the direction of their children's career and meddle in their decision in any way are doing a great disservice. They should completely stay out, and have faith inside that their children are moving in the right direction. That is all a parent can do. More than that is interfering, which is destructive.

Check Out Incident: Sarcasm and Negative Response

It is a subtle truism of Life that even the tiniest sarcasm can instantly attract negative circumstance.

A woman who was a cashier at an enormous department store was checking out a customer who was next in line. It was Saturday and the store was mobbed.

The customer put all his goods save one on the conveyor belt. When the items were being checked out, the man told the cashier that there was one large item remaining in the cart which was too heavy to put on the belt. She vaguely nodded in recognition of his remark.

As she was checking out the items she saw that several items out of -20 were for his pets, and as a result said to the man "boy, your cats are sure spoiled." She said it with a smile. However, the man was surprised to hear her say that and responded that he purchased several pet items because he had run out of everything in that area.

After he ran his credit card through the machine to make the purchase, he reminded the woman about the still unchecked out item remaining in the cart. However, she had already printed out his receipt.

And so she began to apologize profusely to the man, while informing him that he had to run his card once more through the machine to accommodate the item in the cart. In fact, an entirely new bill had to be created. Meanwhile, the cashier continued to apologize profusely for her error, until the moment he left.

As for the man himself, he had remained quite calm throughout the episode, and also sensed the subtle life response principle behind what had taken place.

As we see, a small faux pas in the form of a sarcastic remark can attract problematic circumstance. That even the tiniest, seemingly insignificant remark has the power to evoke difficult conditions.

So the next time you are tempted to express a sarcasm or cynicism, catch yourself and hold back expression. You will be doing yourself a big favor!

PS Remember the large, heavy item in the cart? Well it turned out to be another one of the man's pet purchases, adding just a little bit of irony to this true story!

No Title

Life is a series of natural and spontaneous changes. Don't resist them; that only creates sorrow. Let reality be reality. Let things flow naturally forward in whatever way they choose. (Lao Tzu)

No Title

For any problem we have, there is a set of solutions that are there in the subtle plane that our mind is not able to grasp. However, if we are silent and still, if we consecrate the issues, our mind will expand to that plane and those solutions will enter our consciousness as an intuitive knowledge, or other formations of that Truth.

Feeling Another's Pain from a Distance

One aspect of yogic life is that you experience the physical pains of others who are at a distance.

A variation is that you experience symptoms of an individual who has earlier experienced a serious illness that you only later find out about.

As soon as you understand the external source of the pain, it instantly goes away.

Life Repeats in Business

It is said that life circumstance will repeat again and again until a different consciousness is brought to bear. Consider these facts:

--(2006) Microsoft Windows based PCs has -90% market share. Apple PCs has <10%

--(2016) Google Android based Smartphones has 80%+ market share and growing. Apple Smartphones has <10%

It is the difference between an open system vs. closed system. Microsoft and Google allowed other companies to manufacture their OS. Apple only allowed itself to build them. The world takes to the open system, not the closed away. Closed ones can be for elites, but then it becomes a barrier to global success and becoming a world standard.

It is a subtle principle that life repeats unless a force of Change is brought to bear. Microsoft's and Google's more open system, based on a kind of generosity and open-mindedness of the

founders, and Apple's closed system based on a kind of possessiveness of its founders, of keeping its products close to its vest has repeated.

Apple still has time to change course for its future products however. A shift in consciousness will reopen the doors of infinity for them if they so choose.

Detachment & Success

If there is something, someone that you are very attached to, - like a local sports team or a family member - that you also really want to succeed, the best approach is to give up the attachment, ignoring it as much as possible. While you have forgotten, in time, at the right moment, their success will fully blossom.

No Title

In a highly conflictive situation, where the facts bear out that you are mostly in the right, still it is worth considering why you attracted that situation. If you do, you are likely to discover a limitation in your being at play, or there is an area of your being where you are capable of bringing to bear a higher consciousness method you have recently learned about; or both.

No Title

It is more facile to be unique, different, individualistic on the surface than it is in the depths. On the surface, it translates as image. In the depths, it is Aspiration of the soul and being.

Reader: Thank you Sir.

One cannot manifest the Divine will as long as he is member of the collective. Probably being individualistic on the surface is the first step to become a True Individual. Actually, that is ego. But it needs to be outgrown eventually by recognizing Divinity in others around which may bring forth the knowledge from the depths and also might align with the cosmic intent. It's a journey of Self-realization. That's what Darcy had been through in P&P from surface individual to become a True Individual. (From Garry Sir Speech)

Response: Yes, the journey from surface to depths is also one from ego-based individuality to soul based. Now one becomes the True Spiritual Individual, taking all guidance and cues from Within.

No Title

The cosmic, subtle knowledge of how life truly works can populate Artificial Intelligence (AI) systems of the future, accelerating the revolution in human consciousness that is now beginning to unfold.

No Title

Going one step beyond your threshold opens the doors to the infinite.

No Title

Rather than resist a complaint or suggestion of a spouse, do the best you can to see the truth in it, and follow that advice. Life will quickly respond in the positive.

No Title

Inferiority complex related to a matter attracts additional failures.

No Title

Constantly putting down the other side who are successful is a sign of inferiority complex, and invariably attracts additional failure. Best to ignore the opposition, and instead discover one's inner resources and strengths.

No Title

The subtle principles of how and why life unfolds as it does is completely missed by material science. They are focused on the surface, when the Truth of things lies in the psychological and spiritual depths.

No Title

Through Mother, Gorbachev saved the world.

No Title

Hatred of government by US citizens of the South contribute to that area's poverty and destitution.

No Title

While you are absorbed in the needs of the present, your subconscious is guiding your future.

No Title

Jesus who brought Love to the world did not have the Power to avoid the cross.

No Title

Krishna who is adored for his deeds, his associations, and the boons he can bestow, is not truly understood for what he really is - soul of the divine in the world.

Reader: It's His birthday today

Response: I didn't know that. Must have picked up a thought wave.

No Title

In the West, Jesus is worshipped as God. In the East (India) it is often Krishna.

No Title

Avatars point the right way for humans to follow. Sri Aurobindo and Mother went beyond that as they fully engaged in the evolutionary process they envisioned.

No Title

Great avatar Buddha was not able to go beyond "voidism" - i.e. what comes from the negation of the negative, that one is attached to -- which is experienced as Nirvana. The positive side of Spirit, the underlying Reality beyond and including all things was not in his purview.

No Title

It is best to allow people to make mistakes and learn from them instead of pointing out their errors each step along the way. The former has greater life response power to attract the positive.

No Title

There is a difference between our Attitudes (lower emotions) and our Higher Emotions. The former - which include negative feelings of all sorts towards others, work, life, self, - dominate our day, continually spoiling it. On the other hand, the latter - which includes feelings of humility, goodness, affection, self-givingness, generosity of spirit, gratitude, etc.- lift up our day and all those around us. Thus we can judge our day, our life, our being by which side dominates.

Comment: BTW: The former rapidly attract negative conditions; the latter attract the positive.

Oneness in the Organization

Increased harmony among the parts and individuals is key to attracting great success in an organization. Examples are-

- The founders having a deep faith in the performance of the sales staff.
- The sales staff wishing for the founders to see a great return on their investment.
- The owners taking a keen interest in the well-being of its staff, including their personal growth.
- The staff having a deep interest in embodying the personal, business, and social values propagated by the leaders.
- Any movements towards greater cooperation, coordination, and integration in the organization.
- Developing a oneness of purpose between the organization, its products and services, and the customers who purchase them.
- Having unity of purpose, direction, strategy, action, results, and reward.

No Title

When a nation or region cherishes its history and culture, rejecting modernity in the name of tradition, while doing so at the expense of human safety, it is setting itself up for disaster - natural or man-made.

No Title

The "power of positive thinking" is the stable inner consciousness that attracts success.

No Title

Others' insincerity can elicit exhaustion and fatigue in one's being during the interaction, and in the hours and days that follow.

No Title

Physics now understands that the universe's nature depends on that which is perceiving it, not just what it is; indicating that it is less like a great machine and material mechanism, and more like a mental construct; a product and formation of cosmic Mind.

Our Creator Power in Creation

Moving down from Its ineffable, unknowable, immutable status, the Divine became a Being; was then Conscious of Its existence, which released a Force; which caused Him to Delight in that self-awareness. Through that Force He then extended Himself and became the universe. (Ishwara/Creator power)

Similarly, when we rise to our highest consciousness, we become self-aware of who we truly are, which also releases a power, and we too experience the ultimate joy and delight of being. As a result, through that Force we become ultimate Creators in the world as well.

Thus, it is the Divine's intent and purpose for us to mirror the creation power of the infinite Divine in the field of Life, enabling God to become the universe, furthering the Evolution.

No Title

Just like the Creator, we are here to be ultimate creators in creation.

No Title

The evil perpetrated on the native peoples of the United States in the 19th century, - where 25-50 million died through violence against them and the horrible diseases that followed -

returned to US in the form of the negative life response of the Civil War, where the nation fractured and almost collapsed, which continues on till this day as the still unresolved "black problem" in the nation.

No Title

India and the East embrace the great infinite-like material capacities of the United States, but increasingly reject her violent gun culture and her more extreme out-of-control, lower consciousness cultural tendencies.

No Title

Most of the problems we see in the Middle East and Arab area nations are a product not only of a medieval mindset there, but of 50-100 years of diplomatic insincerity and hypocrisy of the West in that region.

No Title

The emergence of the middle class in India (and the rest of Asia) resembles in many ways life in America in the 1950s and 60s, except they have skipped right over to the technological, Internet age, while allowing their ancient cultures to reemerge and flourish.

No Title

USA needs to evolve psychologically to continue to be the leader of the world. Economic and military power alone, as in the past, will not suffice.

No Title

Mother in the 1960s describes her vision of dozens of Asian cities with vast skylines. It would later come to pass. She saw the future in Her mind's eye.

Knowing the Ways of the Supramental Force in Our Lives

This Supramental Force is not a force of the body or dynamic force of the vital. Nor is it the idea-force of the mind. Strictly speaking, it is not the force of the Timeless Spirit, the witness Purusha of the Jivatma. This is the force or power of our evolving soul, the Psychic Being, which remains constantly with us, knows no failure and has the capacity of being cheerful forever.

It [the supramental power] is the higher force that created the world acting through our minds. Its essential character is joy. It is best received by human gratitude. It stays on with us forever by our learning the process of its working. It does not move at the speed of sound or even light. It exceeds the speed of Mind and even that of Light.

Mother is the channel for this force. Sri Aurobindo is the Origin.

Let us try to know all about this force or at least all that concerns us in this force. (Sri Karmayogi, from 'Spiritual Opulence')

The Silicon Valley startup mindset is now spreading around the world. Rooted in true Individuality, this soul value is manifesting first as technology-based products and services.

At further stages, it can evolve to become Spirit-based, as the center of individual innovation advances from products and service to entrepreneurial activities of goodness and self-givingness. It is shift from true individuality to True Spiritual Individuality, ushering in a more conscious society and a new stage of life on earth.

Reader: Sir, I would like to know more about what a Spirit-based startup would potentially be like?

Response: If you read the history of MSS it will begin to become clear. Better still you can create it yourself and thereby know it in full.

It would have the basic structure of any organization, with its commensurate goals, strategies, structure, systems, activities, etc. However, it would operate according to all the inner laws

described by Karmayogi. My recent list of those factors that evoke Life Response in the LR Facebook group contains many of these. My 'Life Response in Work' book further expands on each of them.

No Title

When you perceive the Divinity behind all forms of darkness, suffering, falsehood, and evil in the world, you quickly become a vehicle for envisioning and intuitivizing the solutions to any of those conditions.

No Title

Mother said that the feminine form is gradually becoming more masculine, and the masculine form is becoming more feminine. She also indicates that the Supramental form will be neither.

No Title

When serving Mother, as soon as the Ego rises, the work collapses.

No Title

True service to Mother and Her work requires surrendering our ego, surrendering our preference, surrendering our ambition.

No Title

When we restrain ourselves from taking an initiative, Life soon initiates on its own, and in a way that is superior to what we would have accomplished had we originated the action.

No Title

A person below us in social status does not mean they are below us in consciousness.

No Title

True self-givingness is to help another accomplish more, without expecting anything in return.

No Title

Prayer is to ask something of, to make a heartfelt request of the Divine in order to gain personal benefit. Consecration is to offer any circumstance to the Higher Power so the Divine can act as it sees fit, divinizing that aspect of life.

No Title

One challenge every day for the devotee is to change his perspective from doing work in the ordinary way to making it Mother's work, and thereby practice the spiritual-like methods and values that entails. It's the old versus the New Way of Living.

No Title

We are hypnotized by material things, surface unfoldings, yet are mostly oblivious to the subtleties and nuances that are the central factors that truly determine our lives.

On Irritation

- Irritation is being bothered by the unexpected.
- Irritation is something at odds with one's beliefs that creates emotional disturbance.
- Irritation tends to quickly attract more of what irritated you.

-Irritation causes you to lose emotional balance, forcing you to be out of kilter with the remaining work.

-Best to control yourself when you are irritated.

-Avoid acting until you return yourself to normal.

-Consecrate irritation so it is diminished and even eliminated short and long term.

Reader: Easy method, but hard to follow, sir.

Response: Yes, trying to do it in ordinary life is quite difficult, but a sincere dedication to one's personal and spiritual growth as an ongoing aspiration makes it much easier.

Inner and Outer Harmony

If there is lack of harmony on the outside, we can seek to discover it inside. I.e. uncover the necessary shifts in consciousness in our nature that will attract commensurate outer harmonious conditions.

Eg a man constantly sought to create outer harmony with others in the wide variety of works he performed. However, he never found it as life continuously disappointed. It was because inside he was bitter. If he got at the cause and shed the bitterness inside, outer harmony with others in the works he performed would suddenly blossom.

No Title

A good deal of what we assume to be true is actually False. That alone should make us humble.

No Title

A spiritual person spends less time seeking boons from Gods, and more trying to emulate the best qualities of that deity. For example, instead of seeking money from Laxshmi, try to become more benevolent and generous in your own life. Take the same approach with any other God you revere.

No Title

We take great pleasure in ranting and raving about the people, places, and things we hate. It is because the intensity of the experience is pleasurable to us, indicating that falsehood lurks at the core of our being.

No Title

When you establish utter Stillness in the midst of darkness, trouble, and evil, the latter dissolves - at first gradually, and then accelerates.

The Happy Food Stand Proprietor

One of the great subtle observations of life is that when you give in to a request you have so far resisted, the whole world can suddenly open up.

A proprietor/cook at a tiny food concession stand, refused to hire an elderly woman because of her age and disfigurement. He lived a lonely life, working hard to pay off debts incurred as a result of a terrible incident that occurred several years earlier. As a result, a kind of darkness continually spread across his face.

One day a young woman implored him to take on the old lady as a helper. He fought against it at every turn. But then his heart melted when he observed the utter goodness in the elderly woman, and hired her on.

When he did, his business suddenly boomed - in large part due to the elderly woman's delicious recipe.

Thereafter he also shed the darkness that weighed on him, and developed a fresh new business that had the effect of making his face continually shine.

No Title

When you do something, a work for Mother, it should not be for yourself, to meet your needs, but for Her intentions in the world, whether individual or universal.

No Title

Contempt for your rival or enemy will only energize them in the subtle plane, increasing their power.

Democracy Not Always the Best Way Forward

It is indeed a strange thing to realize that democracy is not always the necessary step for the progress of a nation. Eg the British helped organize India in ways the latter never would have been able to achieve on her own. In America, the colonial leaders learned everything there was about democracy from the British who lived in its birthplace and cradle. The Americans then implemented it in full later on.

While it is true that democratic countries tend to engage in wars far less than non-democratic, it is also true in certain cases that democracy is not always the best way forward - particularly when the country is decidedly backward or otherwise disorganized. In many cases the nation is not ready for democracy because it has no history or tendencies in that direction. Sometimes such nations need to acquire it slowly, taking a step at a time, to avoid a catastrophic backlash by regressive forces.

On the other hand, it is also true that it was great thing for Indians to force out the British, as she was ready for democracy. In fact, India could have achieved it sooner if not for Gandhi who delayed independence by advocating Ahimsa - non-violence. The result was partition, and two nuclear-armed enemy states facing one another.

While democracy is a great development in the history of society, all nations need not attain it in the same way. The Asian Tigers, Singapore, and China are not exemplary democracies, but may have the type of governance that is necessary. Perhaps even Russia is that way, where the democratic tradition is near zero.

No Title

When Truth is in a showdown with the mind's prejudices and opinions, the latter usually wins. Ignorance is maintained. However, when the body is beaten down and shaken out of its false beliefs through Nature's difficult circumstance, then Truth almost always prevails, as mind and heart finally see the light.

No Title

Different geographical, historical backgrounds demand different ways of development. Each develops its own values. Values of one culture are irrelevant to another, but values are eternal. While social values can differ and even moral values, spiritual values are eternal. The value of a society depends upon its spiritual values. (Karmayogi)

No Title

Truthfulness at the lowest stratum is the measure of a society's integrity. (Karmayogi)

No Title

Real personal values are the bedrock of social stability. That comes out of independence, self-respect, individuality, etc. (Karmayogi)

No Title

Democracy is rule by the people. Rule is authority. That authority comprises of physical vital strength, property, leadership, education, wealth, etc. Without these being widespread, i.e. reaching all the people, democracy has no reality. (Karmayogi)

No Title

Aspiration for surrender is Transformation. (Sri Karmayogi)

No Title

The fundamentalists can come out of their fundamentalism if exposed to wider ways of life and given a liberal education. (Karmayogi)

The key to the end of fundamentalism is education spreading and prosperity rising.

On Limits to Democracy

"In some places, such as Central Asia, elections have paved the way for dictatorships. In others, they have exacerbated group conflict and ethnic tensions. Both Yugoslavia and Indonesia for example, were far more tolerant and secular when they were ruled by strongmen (Tito and Suharto, respectively) than they are now as democracies. And in many nondemocracies, elections would not improve matters much. Across the Arab world, elections held tomorrow would probably bring to power regimes that are more intolerant, reactionary, anti-Western and anti-Semitic than the dictatorships currently in place." (Fareed Zakaria)

No Title

"The American system is very undemocratic."

Zakaria is perceptive in seeing this aspect. It is not only true of democracy, but every other thing, as discipline, freedom, abundance, etc. (Karmayogi)

No Title

The American public's stupidity is exemplified by the its persistent desire for lower taxes in tandem with more government benefits.

No Title

The Catholic Church seems an odd place to begin the story of liberty.' Contradictions are complements. When the agent who denies liberty goes to his extreme, he exhausts his vibration and begins in the opposite camp the opposite vibration. (Karmayogi)

Comment: Perhaps referring here to Martin Luther, and how democracy in the world largely came about as a result of his protest against the church.

No Title

Luck is Grace and Divine sanction.

No Title

England was under the domination of several countries. She freed herself from all that. A subject nation is qualified to dominate the world. In the process of freeing themselves from the Romans, the Vikings, the French and the Germans, England created the basis of human liberty. (Karmayogi)

No Title

America was the first nation that openly showed that national policies were based on small local causes. (Foundation of democracy) (Karmayogi)

No Title

Freedom is the free living of the positive citizen where his daily needs, not his aspirations, are not interfered with from any social organisation, especially the governing organisation. (Karmayogi)

No Title

The economic prosperity of a nation is directly dependent upon how independent the Individual there is. (Karmayogi)

Measuring Nations' Social Values

Karmayogi advocates that a list of social values be drawn up, each being on a scale from not implemented to fully so, and determine how each nation scored for each value along a scale (eg 1-10). Spiritual values can also be included. Examples-

-Social/Individual Values - freedom, individuality, aspiration, truthfulness, tolerance, justice, fairness, progress, continuous improvement, education, collaboration, organization, trust, creativity, innovation, faith in government, etc.

-Spiritual Values - peacefulness, harmony, goodness, generosity, faith, spirit, etc.

Each nation would have a score for each value, as well as a composite score. There can even be a composite score for each value in the entire world by summing up the nations' scores.

In this way, we can measure the progress of life on earth, determine where there are deficiencies, and thereby devise strategies to increase the lagging values and strengthen further the well-scored values for individual nations and across the world.

No Title

All values are capable of giving infinite growth in life since the values are the passage towards the Reality(Divine) that is infinite in nature. When values are followed or implemented seriously in one's life, the response from the Reality brings abundance in life. Mr.Nirmal of ExNora took a value " Cleanliness and Sanitation" for his personal reason but extended to others (Local slum) near his residence. He did the work tirelessly till he achieved a satisfactory level of sanitation and cleanliness in that area. His value took him to the level of world famous personality and acknowledged him for his service in cleanliness. Such is the power of any value. (Nedumaran Ramakrishnan)

No Title

Reactionary forces condemning progressive matters indicate-

-its short or longer-term success.

-it can now spread around the world.

No Title

We are looking for answers in the outer life; however, they reside within.

No Title

Massive weapons development and proliferation is the evil at the heart of the world.

Embodying Human and Spiritual Values

From out of the Divine Being comes Spiritual Values that enter into the universe. They include Peace, Silence, Truth, Goodness, Love, Delight, Timelessness, and Infinity. It is what the Spirit wishes the creation to embody.

However, when Man evolved out of matter and life forms, he did not have the consciousness to embody these Spiritual Values directly. As he grew in heart and mind, he developed lesser, but critical value, like cleanliness, orderliness, non-wastage, physical effort, cooperation and

so forth. Society also evolved its own corresponding values - like tolerance, justice, freedom, et al. Any value embraced has the power to elevate life in both quantity and (especially) quality; taking it to places never before imagined.

And yet as Man continues to evolve in consciousness, he increasingly comes in contact with, begins to embody the divine-originated Spiritual Values. It has in fact vast, ultimate power to enhance life. Now the mixture of human values and Spiritual values merge, and carry the individual and society forward in ways unimagined.

No Title

Supramental Consciousness has the Integral Knowledge of what is necessary to be known at that time, as well as the Will and Power for it to come about.

No Title

Supramental Consciousness has the Integral Knowledge and Will/Power fused, yet also has the capacity to hold back expressing or implementing it, as it might not be the right time and place; considering the person, the environment, etc.

No Title

As you rise in consciousness, the wall separating the inner and the outer thins. Eg you feel less and less separate from others; that you are in fact them, as much as you are yourself.

When you are in the supramental consciousness, the veil completely disappears; there is no difference between the outer and the inner.

You could say the whole world is inside you in that state, and therefore can feel all others at all levels within.

No Title

When Supermind descends in full, creating the supramental consciousness and being, there is also the supermind in the person, in matter that is simultaneously awakening. Thus that Power comes from above and below at the same time in the supramentalized, gnostic individual.

No Title

Karmayogi - the greatest thinker and sage on earth; a multi-dimensional spiritual genius, unprecedented in the history of the world; perhaps hundreds or even a thousand years ahead of his time.

No Title

It would be a great feat if the entire history of the world, including current events, were re-written according to the laws of Life Response. We would see and understand life in an entirely new way.

Comment: BTW: Karmayogi in his writings has already given many dozens if not hundreds of historical examples.

No Title

It would be a great feat if the entire history of the world, including current events, were re-written according to the laws of Life Response. We would see and understand life in an entirely new way.

No Title

When you are universalized (on the way to being supramentalized), each action you take, or feeling you feel, or thought you think, tends to quickly materialize as an accomplishment in the wider world.

Dividing and Harmonizing Power in Creation

The universe that we know of came to be through a process of infinite Division. It is an endless dividing movement that created the lowest consciousness (matter) from the highest (the divine, spirit).

First there was the original Conscious-Force that emerged from the infinite divine. It went through a further dividing process and became a somewhat lesser Knowledge and Will. (It is where Mind originates.) Knowledge then separated, divided from Will, leaving only the force of Will, with the Knowledge dissipating. That remaining force became the Energy that would be the basis of creation. That Energy divided infinite-like down to the atomic level and became dumb, inconscient form of Matter. Here the material universe began.

Like the divine we too create through a process of division. We look out on the mass around us - a Oneness that we cannot grasp. And so we divide that reality, perceiving parts and pieces; individual forms, acts, movements, ideas, thoughts, etc. Through the same process of infinite division from out of the Whole, we are able relate to life and thereby think and feel and act. We then create by continually dividing that reality into new pieces, new possibilities.

On the other hand, if we were to move in the OTHER direction - from the part to the Whole - we would bring unceasing higher consciousness to that aspect. Rather than a process of division, of an increasing consciousness, it is one of connection and integration among the parts; of harmony and unity; where the Consciousness and the Force are reunited in that entity. It is divinity incarnate; the supramentalization of reality.

No Title

Contempt for immigrant arrivals is the negative expression of the next stage of human unity.

Reader: Sir, would be grateful to know bit of explanation to this message. Thanking you advance.

Response: Despite all of the outer negative conditions, the world is slowly but surely moving towards increased human unity. There are so many global and local organizations, - political, social, economic and cultural - indicating this. Moreover, Inter-Nation cooperation facilitates such unity.

Immigration problem indicates an inability of countries to agree on a method to solve it. It is an acutely political deadlock. Nations are reluctant to change to accommodate them; even unwilling to work together to come up with schemes for improvement. Unwilling to address underlying causes. It is the nations' ego fully expressed. And that includes the ignorant citizens.

And yet if they did work together to come up with solutions, it would be a progressive movement, and if successful a further step in human unity.

Thus, we see the immigration problem as negative, when it is really an opportunity for nations to move beyond their ego, their selfishness, their non-cooperation to working together, thereby establishing the next level of unity humanity is moving towards.

No Title

There is a self-existent Reality that is infinite and eternal. It is also a Conscious reality and Being. Moreover, this Being is also Becoming; i.e. coming into existence in the material universe, in our world. In other words, this universe is a progressive manifestation and evolution of that self-existent reality; of that Being.

No Title

We have not yet discovered and developed the power of Consciousness that created us.

No Title

To be truly Conscious is to know-

- that we are infinite and eternal
- that everyone else is infinite and eternal
- that we can experience our own soul
- that we can experience the divine soul of every person we meet
- that every person we meet is truly ourselves
- that the whole universe, cosmos is divine
- that our real existence lies beyond our individual selves
- that we are the entire universe
- that we are transcendent in nature
- that we can create infinitely just like the Creator

This is our true existence. It is our Perfect Consciousness. It is what we are destined to realize.

No Title

It is astonishing to realize that this moment has never existed before, that we are on the front edge of history and time, and we are all pioneers experiencing it together.

No Title

One powerful method to take when there is threat of war or other upheaval or conflict, - and therefore fear and anxiety is everywhere - is to completely forget the matter and focus your energies instead on realizing your own higher nature. Now life will unfold as it must. All things will take shape for the progressive movements in the world as perceived from the highest perspective.

No Title

A Mental-centered person will relate to a Solution to a Problem on a number of, but not all occasions. A Vital/Emotional person will relate to it only when it stimulates him. A Physical person will relate to it only after he is forced to accept it or life bludgeons him to comply. A Spiritual person is one with that solution, and perceives all aspects of it as sudden knowledge appearing inside. He is ready to act immediately as necessary.

Non-Reaction Attracts in Dhanak

If something negative happens to you, such as being lied to and betrayed, yet you do not react, remaining very calm, not speaking about it to anyone, startling positive conditions will soon reveal themselves, often coming as a total reversal of the original negativity, and then some.

In a lovely film called 'Dhanak,' a young Indian girl was distraught that letters she sent to a famous actor to help her little friend overcome his blindness, were being intercepted by her callous aunt.

And yet despite the horror, she did not react with anguish or with blame. She remained unusually calm, something startling for someone so young.

Well it turned out that a very short time later, from out of nowhere there arrived an adult friend of theirs on a bike, who let them know that the actor had instead come to a local village to make a film; an absolutely startling reversal. The disappointment of the unsent letters was now completely reversed. Instead of not being able to meet the actor because the letters of introduction had been hijacked, the actor was sent nearby to them by Life!

The young girl's calm demeanor -- not reacting in the face of potential bitter disappointment -- attracted from out of nowhere the very person who could help her fulfill her deepest wishes for her little friend.

Breaking the Routine at Four Planes

When something happens that breaks the routine, presents something different or new, the quality of our reaction depends on the plane we are centered in at the time. E.g. -

- The Physical being normally does not care about it or want it
- The Vital/emotional being accepts it only if it seems pleasurable or matches one's attitudes
- The Mental being stops to consider its purpose, measures the logic, and therefore can come to see the utility of it
- The Spiritual consciousness perceives it as the natural order of things, as part of the Reality, the All; and Delights in its existence

Stages of the Conscious-Force

When the Reality, the Infinite Divine initiated, the Consciousness and the Force were one. I.e. the Being was Conscious of its existence, which emanated a Force. It therefore was (and still is) a Conscious-Force.

At the outset of creation, the consciousness had separated from the Force. Moreover, only Force remained. It took shape as the invisible, unconscious Energy out of which the material universe would take form.

Now through our progress and growth on earth, the Consciousness and Force are gradually reunited. This is Evolution: the progressive manifestation, materialization of the Conscious-Force in Life.

No Title

In a conflictive situation involving a number of parties, resolution would occur much more quickly if each participant were to put aside their ego. In fact, the result that comes would be the very best outcome for each, as life would respond favorably to their more harmonic tact.

No Title

Physically man and woman represent Division, as one has become two. Spiritually man and woman become Union when they identify with and merge with one another's soul.

The Key to The Novel 'The Book'

The key and "hook" to the story presented in Garry Jacobs' novel The Book is that the MAI team has created an artificial intelligence system that can make recommendations to solve any known problem in the world. As a result, the world embraces it in full. And it is able to solve any difficulty on earth because its logic and knowledgebase is based on a long-lost BOOK that contains the most profound knowledge of existence ever devised by man. That book is actually The Life Divine by Sri Aurobindo and the endless commentaries of Sri Karmayogi and others, though it is not identified that way in the novel.

No Title

"Conformity is the jailer of freedom and the enemy of growth." (John F. Kennedy)

Comment:

"... jailer of freedom"

Conformity opposes those who advocate any new developments in the world.

"... enemy of growth"

Elsewhere Karmayogi indicates that the degree of a society's social progress and economic achievement is indicated by its capacity to develop highly individualistic people.

Destiny's Milestones

If it weren't for that fateful day in 1975 in a suburb of Los Angeles, CA when I met with Garry Jacobs to sell his ashram wares in USA, I would not have been able to link my knowledge of

Sri Aurobindo to accomplishing work through consecration to Mother, launching my entire life in that direction.

If it weren't for my desktop publishing effort in 1988 in Berkeley, CA to produce a price list for Garry's company I would not have worked for that chain, which led to my launching a 25-year training career.

If it weren't for Appa's urging Garry to teach me the Character of Life in Napa, CA at his house in summer of 1996, I would never have been set on a course of bringing Life Response to the world.

Oneness & the Response of Life

A life response is made possible because of the Oneness of existence; that from the highest, deepest, and truest perspective, everything is inter-connected with everything else; that all things are in a profound communion with one another.

Therefore, when we shift our consciousness to the positive, a kind of "disturbance" takes place in the stability of that Oneness; a pressing on the strings that connect everything together.

And in order to reestablish the stability, a reaction takes place, and forces are released which we move into alignment with; the result of which we experience as a startling response from life.

No Title

Karmayogi has gone into the deepest depths of Sri Aurobindo's profound wisdom, and as a result has expressed in infinite detail the truths of truth in virtually every field of life.

Taking Another's Viewpoint Attracts Great Benefit for One's Self

If you take another person's point of view that's opposite of yours, - even if it is without merit or negative, - life will invariably create circumstances that fulfill your original suppressed intention.

A prominent, well-respected elderly woman employed a senior member of another race to drive her around town, among other duties. It turns out that the society of the time did not allow someone of his race to mingle with their own.

After a series of dramatic events, the man seemed committed to helping his people's cause. However, the elderly woman insisted that either he occupy his time with his people's cause or work for her; but not both. He knew what he wanted, and yet he held back his feelings and took her point of view - to resume working for the woman.

The next day, he entered a restaurant where he knew he was unwanted by the other clientele; and yet he felt an urge to make himself at home, much to the chagrin of the others who were of a different race. However, just before he had a chance to take that difficult and potentially dangerous action, the elderly woman suddenly appeared and to the shock of all gathered there, urged the man to take his rightful place at the counter. And so he did just that, fulfilling his deepest desire for himself and his people.

When you take another person's point of view, dramatic results can happen, including startling events where your heart's desire - earlier put aside, - become real in the world. It is Life's startling method of rewarding a person who has taken a wider, universal, and more harmonic view of existence.

A Salesperson's Personal Value of Truth Attracts

It is said that if one adheres to high personal Values, luck will descend and you will attract great fortune from life.

A salesman had worked hard for a company, and yet produced hardly any results. Though the product was very difficult to sell, he did not blame anyone, and went further and thought about taking personal responsibility.

And so at one point he made the conscious decision that he would not receive payment unless he succeeded. A week later, he was still unable to secure a sale, and so decided to not bill the client for that period.

Interestingly, on the day that he would ordinarily send the bill, not only did he not do so, but much to his surprise and glee several checks of considerable value arrived at the same time. It was a most unusual and unprecedented experience in this stage of his career.

Because he dug deep and did what he believed was just and right – in this case, adhering to the personal values of Integrity and Truth – Life rewarded him with a sudden cascade of income.

The Devotee and US-Russia Development

When you intensely want something from the world and you are related to Mother and Her supramental power, events can suddenly manifest in startling ways that fulfill your intention.

A devotee had a discussion with a friend in which he intensely described how the United States and Russia had missed the opportunity and not taken advantage of the end of the Cold War to collaborate on important global issues.

The very next morning when he awoke, he read that United States and Russia had seriously agreed to cooperate on the issue of the devastating Syrian civil war, creating a hold on all military activity. It was an unprecedented breakthrough in their relationships since the Cold War ended decades earlier, reflecting the devotee's intense inner aspiration in that regard.

No Title

Throughout your day constantly monitor your Ego, pushing it aside when active, in feeling and action. This is an essential method and activity for living a more Conscious life.

No Title

Impatience has many causes, including-

- living too much on the surface; not referencing the inner being
- inability to find a quiet space inside as circumstance unfolds
- getting too caught up in the needs of the moment in relation to the wider requirements of life
- emergence of reaction (instead of silent witness to life)
- nervous energy in excess unorganised into mental values. (Karmayogi)
- compensating for lost time through negative emotional intensity
- the sensation of the moment viewing eternity. (Karmayogi)
- not realizing that calm best leads to patience that attracts the best results

No Title

Spirit is not to be found someplace else or far away. It is here, Now. Our only task then is to adjust our consciousness to a higher frequency to perceive it.

No Title

Fifteen years later, the public still does not understand that the evil of 9/11 was an extremely negative response of life to the hypocritical meddling and diplomatic insincerity of the West in the affairs of an unstable Middle East region for 100 years.

No Title

Is the Higgs field discovered by science an aspect of the divine consciousness behind the energy that is the source of creation?

No Title

Despite mediocre food, one particular value helped make McDonald's the largest restaurant chain in the world - Cleanliness. People value coming to a clean food outlet, despite so-so food.

Then how much do you value Cleanliness and Orderliness, and what will you do to improve it to attract similar infinite-like results in your life?

No Title

When those who are disenfranchised become prosperous, then religious extremism and terrorism will come to an end.

No Title

Humiliation of Russia by the West after the Cold War ended has brought the undemocratic autocrat Putin and his unpredictable strength.

No Title

The lost opportunity of US and Russia to work together after the Cold War ended may be one subconscious reason for the rise of Trump and his fascination with Putin. It is a negative means of reestablishing the relationship that should have blossomed between the two great nations in these intervening years

No Title

Karl Marx's prediction that most of the wealth of a nation would be accumulated in the hands of the few in capitalist countries has precisely occurred in the United States over the course of the last 20 years.

New Economic Vision

Karl Marx's work is perhaps the only comprehensive critique of Capitalism ever developed. Yet now we need to go further. We need something more substantial.

Karmayogi and Garry Jacobs at the World Academy have provided an outline of that very thing, which is expressed under the moniker "A Human-Centered Economics." It is where Man, the human being comes first, is at the center of economic life, instead of money, as it is now. They have offered the world a profound vision of a new organization of the economic future of humanity.

No Title

Through Mother, Gorbachev neutralized the grave danger of Reagan's collision with the Soviet military that could have triggered global nuclear war.

Thought of the Day:

Values are aspects of Truth. Truth expressed in Life in different forms. They are called Values. Cleanliness is a physical Value. Cleanliness of Singapore indicates that Singapore as a Nation, aspired the truth of Cleanliness. Orderliness is another Truth. Punctuality, Regularity, Trust, Trust Worthiness, Quality, Systemization, Standardization are all different aspects of Truth expressed appropriately at different places or different situations or different levels. The World evolved many millions of times from its primitive forest living only through Values. The indwelling Divine Consciousness, in the process of Evolution, by using the Aspects of Truth brought out this phenomenal Growth. Values can take us to the subtle plane and hence will reveal the new horizons of life what will not be visible for when there are no values in life. Behind any progress in the world, there will be a value visible or hidden. I would call the Values as the subtle vehicles to reach us to riches. The success Stories of Countries,

Continents, Big Corporates and significant Individuals have one thing in common. That is Values. The subtle vehicles took them to the prosperity. (Nedumaran Ramakrishnan)

No Title

One thing I have gradually learned over the years is not to quickly judge what I perceive as a negative situation; as I may not have all of the facts.

No Title

Revisiting a negative situation from the distant past can quickly reenergize it into existence in the present.

No Title

Anger is absence of Mind when truth is trying to reveal itself.

No Title

Life cannot become perfect until we develop a perfect consciousness.

At each point we want to develop a more perfect life, we need to develop a corresponding more perfect consciousness.

No Title

Our life is the field through which we discover who we are.

Everything that happens to us in life, every event is an occasion for us to know ourselves better.

No Title

Without going inside, changing inside, there is no progress in life.

Thus, going inside is the first essential principle of living a spiritual life.

No Title

As we look around and go about our business from moment to moment in the course of the day, our orientation is constantly focused on how the world should change. However, instead we should consider how WE should change.

No Title

We have total power to become what we want to become. Or as Krishna said, "you become whatever you believe you can become."

No Title

Mother is mother of all the Gods, as She is born, originates in Conscious Force (Chit) , the force (shakti) that emanated from the original Being (Sat). Sat-Chit-Ananda are the origins of creation. She asks all Gods (overmental) to surrender to Her Supramental power.

Startling Relationship Between the Darkness and the Light

From the perspective of a higher consciousness, forces of Darkness are often a vehicle for the emergence of forces of Light. Contrary to their intent, the former help the latter more fully come out.

Example: in the film Avatar, the hostile, oppressive evil people of Earth caused the spread-out, non-cooperating, separate clans of Pandora to work together in harmony for to drive the enemy out. Not only did they succeed, but they became a unified people for the first time in their history.

If you study history or current events or even the life of any individual, you will see this startling dynamic frequently occurring. It is one of the subtle principles and indicators of the true nature of existence.

No Title

We all want benefits from the Divinity, but we don't want to change ourselves; to become more divine-like in nature.

No Title

Karmayogi indicates that success will not come to you unless you pay back all your old loans.

No Title

If you want to change the world, then change the corresponding limiting quality inside yourself. Life will respond!

No Title

If you don't react to the hideous beliefs of a business associate, he can lead you to greater success.

No Title

Inconscient+Surrender=Superconscient

Time+Timelessness=Integrality of Time and Timeliness.

In other words

Past Consecration in the present is bright future that is ever present reality.

Nedumaran Ramakrishnan

Siddha Power

According to others, one siddha, i.e. spiritual-like power I have apparently possessed over the years is that whenever someone else's computer stopped working, when I came by and merely gave it a minimum of attention - often without doing anything, - the device would suddenly start functioning again. Having been in the computer business, plus having Mother's Force behind may have something to do with it.

Well it turns out that yesterday it happened once again. I was attending a large gathering of people in the restaurant field, when the next speaker's computer would not work with the overhead properly. I.e. the projector would not adjust and pick up the computer's screen and present it to the large audience. It was a serious interruption in the flow of the morning's activities.

So I got up from my table at the front of the room and walked over to the computer. And though I wasn't able to fix the problem, the second I left, another person arrived who instantly did fix it. In other words, all I had to do was focus my attention on the computer issue and within a minute it was resolved. I have experienced this many times in my life.

I wonder if other devotee individuals have such native on-going siddha powers they would like to share.

Willed Immortality

Mother's Force offers miraculous-like outcomes, including the power to live as long as we wish. If the cells of the body can surrender to that power, then we can begin building an evolved type of humans who can experience "Willed Immortality."

Through the power of the Force, illness, disease, and suffering would begin to vanish, while bodily systems and functions - organs, tissues, fluids, nerves, bone, etc. - would be replaced by new centers of consciousness

Naturally there would need to be a commensurate evolution of consciousness at the other levels of our being - including transformation of our sensations, emotions, attitudes, thought perceptions, values, and intuitive capacities.

As presented in her 6000-page journal called Agenda, Mother Herself pioneered this work of transformation of her physical body in dramatic fashion, and so we can take up that profound inner work from where she left off. Or as Satprem, Mother's main disciple indicated, we can engage in the process of "willed mutation of the species," to bring about a supramentalized existence, including the capacity to choose unending life; or more accurately, to live as long as we wish.

A Cosmic Experience

Today I had a powerful momentary experience. I was thinking a bit about what "universal consciousness" is, such as the idea that we can contain the entire universe inside ourselves; and that we can even affect the entire world from within.

A moment later, I suddenly felt my inner self within extending outward to the entire creation. That I was not just a small inlet of existence, but my consciousness extended outward throughout the cosmos. I was both together, as one endless extended being. That I stretched from within outward forever.

A moment later I was back in my "inlet self."

This happened as I was driving home.

Perfect Equality of Being, Non-Reaction by Identifying with the Supreme as Foundation for Expressing Supermind

Supermind can express itself through a terrestrial consciousness only when there is a constant state of perfect equality – equality arising out of spiritual identification with the Supreme: all becomes the Supreme in perfect equality.

And it must be automatic, not an equality obtained through conscious will or intellectual effort or an understanding preceding the state itself – none of that. It has to be spontaneous and automatic; one must no longer react to what comes from outside as though it were coming from outside.

That pattern of reception and reaction must be ... free from all rebound, you might say. It's the difference between something coming from outside and striking you, making you react, and something freely circulating and quite naturally generating the vibrations needed for the overall action.

... But once the consciousness is identified with the Supreme, all movements are, so to speak, inner – inner in the sense that nothing comes from outside; there are only things circulating ... I never have the feeling of something coming from outside and bumping into me; there's rather the sense of multiple and sometimes contradictory inner movements, and of a constant circulation generating the inner changes necessary to the movement.

This is the indispensable foundation [for Supermind to express in one].

(The Mother, from Mother's Agenda, January 12, 1962)

No Title

In order to get to Truth, the world first had to go through Falsehood. In future, however, we can go from Truth to greater Truth.

No Title

Mother's Force subtly alters the genetic code.

No Title

It's time to spread the word about Mother's Force, the Supramental Power around the world!

No Title

Ideology contains truth, but also filters it out.

No Title

Selfishness is often marked by being caught up in the glee of a separative moment.

No Title

Every moment reveals subtle signs of what to do and what to avoid. Following this approach, you will always be on a glorious, energizing, and ecstatic path!

No Title

Whatever you react negatively towards, you will soon experience yourself, in one form or another; often in exactly the same way.

No Title

People see what they want to see. They will judge a situation based on how they are predisposed. The Truth however often lies elsewhere.

Overcoming Momentary Discouragement Attracts

Right after you catch yourself and cease from being discouraged in a discouraging situation, life quickly clears itself up.

Eg a man was disheartened that his computer was giving problems, and he was therefore unable to complete his work, which seemed endless. However, he caught himself and calmly restarted the machine. When he returned to the work, it not only went very smoothly, but the man discovered there was far less work left than he anticipated!

No Title

Take the other person's point of view, giving up your own; and conditions around you will suddenly become more responsive.

No Title

"Affectation of candour is common enough- one meets with it everywhere." (Pride and Prejudice)

thanks to Saraswathi.

No Title

Perhaps the one great secret about the Great Financial Crash of 2008 is that it was due to lack of controls INTERNATIONALLY. Trillions of dollars from China, Japan, Saudis, etc. throwing their money at trash housing instruments, creating a negative cascade effect. Little has been done on this global front.

And so such disasters can easily happen again, albeit in new forms. And yet on other side of this darkness, there can be harmony and great global prosperity once nations work together, collaborate to set regulation and standards to protect the world of this liking speculative menace. Until then, selfishness and ego reigns throughout the world.

No Title

Each day is an Adventure of Consciousness!

No Title

Our society gets a monster-like Trump because we have failed to work collaboratively to solve our common problems. So the Asura tries to come in on the coat tails of the movement; to "fill the void," as they say.

No Title

Trump has the energy for action, to solve problems, but a vital that readily invites and harbors darkness.

Backsliding in Consciousness

As more conscious individuals, we tend to make steady progress in the course of our lives, but then on occasion we BACKSLIDE and revisit the same limited habits, attitudes, and behaviors. That is why having ongoing, true Sincerity of purpose and inner Commitment to a higher life, to Mother is so important.

After all, we know that the Physical consciousness always likes to retake what we have gained; returning us to emptiness and blandness, as it is in essence perverse. Therefore, being vigilant about backsliding into our old ways and remaining there is an important element of living a truly Conscious Life.

Starting Out Your Day

Instead of starting out our day by reading the papers, watching tv news, etc., we can begin by opening to Mother. Not only will we begin from a higher basis, but it can actually give us the power to attract solutions to the very problems being addressed in the morning media! I.e. positive solutions to current social issues just happen on their own due to our higher consciousness start of the day activities.

In that way, you can literally "make the outer news" from within, changing local or world events in that process.

It begins by focusing your orientation inward and upward at the start of the day, and is fulfilled through startling life response outcomes, for yourself AND the collective.

No Title

When you are on the path and have grown considerably as a person, but then you fall down, go backwards in your life, do not despair, for you have arrived at a lesser starting point from which you can spring even further forward. It is like a long-jumper who garners the greatest speed for the greatest leap the further back he begins. Life will then reward you as you venture forward into new territories of achievement, happiness, and inner fulfillment.

No Title

Ultimately, as long as there is death, things always come to a bad end. Only when the victory is won over death will things cease to come to a bad end ... that is to say, when the return to Unconsciousness will no longer be necessary to allow a new progress.

(The Mother, from Agenda, Nov. 13, 1963)

No Title

All complaint of others invariably leads back to one's own self.

No Title

We believe we have full knowledge of the current situation, when we actually have but a sliver. It is one expression of what Sri Aurobindo calls "our human Ignorance, born of creation."

No Title

When we rise in Consciousness, we are actually coming in contact with the Conscious-Mind that has always been there.

No Title

Consciousness is always there before the form: whether an idea before a technology, or the Divine before the universe.

No Title

Readily feeling Mother, the Divine presence within is a central experience of the serious devotee.

Roofing Contract and the Power of Silence

Recently an associate of mine narrated an interesting story to me that was a reminder of the power of Silence; i.e. how holding back speaking at crucial moments can elicit overwhelming response from life.

My associate friend told me that many years ago he was running a roofing company in the Napa Valley in California. It would eventually grow to become a successful, nation-wide business. However, at the time of the story, it was in its infancy.

Well, one day R went to visit a prospective client. The purchasing agent listened attentively as R described how his service would save his businesses loads of money. In essence, my friend's company could repair existing roofs for commercial buildings at a much lower price than replacing them with new ones, and yet would last just as long. This was the case because of an innovative technology that my associate friend devised in his roofing services.

And so my friend R explained the service to the prospective buyer from every angle. In fact, he just continued to ramble on, describing the product with hardly taking a breath. Meanwhile, the potential customer listened attentively, without saying a word. In fact, there was no sign on his face indicating whether or not he was interested in the service, as he just stared blankly back at my associate friend.

Well at one point my friend realized that he was simply talking too much in his presentation; not giving the potential client a chance to speak. And so R ceased all talking, allowing the properties' owner to have his say. In the next minute or so, the man asked my friend one or two basic questions about the service, which R then responded to.

At the completion of my friend's answer to his simple questions, the purchaser immediately reached into his filing cabinet and pulled out a stack of folders. He then put the folders on the table and said to my associate friend, well "Let's start with these." In essence, he gave my friend the contract for all of those properties!

My friend stared in disbelief at this turn of events. On further reflection, he came to see that the moment he stopped talking and allowed the potential customer to speak, the whole world opened up. It would be one of the seminal moments for his fledgling company; one that would help propel the company to nation-wide status.

As you see, when you speak uncontrollably, you waste precious energies that would better be served by being Silent. When you then catch yourself and halt all such excessive speech, you release powerful positive energies into the field of life that align with the very best of conditions - including an overwhelming response that can change the course of your business and your career!

No Title

The spiritual goal is not to best another, but to give up one's ego.

No Title

Even your enemy is an extension of your soul. Such is the experience of the supramental consciousness.

No Title

There are several levels of interacting with Mother:

1. There is praying, asking for boons and benefits. Anyone can interact with Mother this way.
2. There is working with Her Force to help us overcome specific limitations in our nature. This indicates the aspiration and action of a devotee. It's at a higher plane.
3. There is Surrendering all aspects of one's life; our very purpose to Her. It is the central method of becoming a Supramental being, ushering in a Divine life on earth. It is the highest level of interacting with Mother.

Why These Thoughts?

Why do I write these daily thoughts, especially over the last five years? Here are several reasons that come to mind:

- It is to capture my moment to moment personal experiences and ideas.
- It helps indicate where I've made a progress in understanding and life experience.
- It points out the signposts and milestones of the way forward on Their transformational path.
- It is to document the details of the Character of Life, including "life response"
- It is to document the Inner Life.
- It is to provide a knowledge that can be useful to others.
- it is to contribute to a compendium of wisdom called "mother-base," which can be part of a future spiritual growth program.
- It is to get the perspective of others to these ideas and personal experiences.
- It is for the enjoyment of sharing with others.
- Other?

No Title

A hallmark of Mother is Life coming to you, rather than the other way around.

The Obvious Revealed

The Divine Mother and Her Supramental Force reveals the obvious; even when you did not perceive it as such. Here's an example:

A man had a GPS app running on his smartphone while in his car. He used it to more easily navigate around the huge Los Angeles basin.

The phone itself was held up by a special dashboard holding devise. The little technical marvel served him well for quite a while, but gradually stopped working properly, as it would no longer adhere to the dash. During this time, including that particular day, he tried any number of ways to make it work. However, each time it failed, as the device continuously fell from its perch.

Nearly giving up on the situation, the man offered the matter to the Mother. Less than five minutes later, he realized that there was a special lever on the back of the holder that enabled the smartphone to adhere MUCH better to the dashboard!

He was startled that he never saw this, as he thought he had looked at it from all angles. However, MOTHER saw it, making the solution known to the man in a jiffy!

He understood that She can reveal the obvious; even when we completely miss it when left to our own devices.

No Title

Mothers who intensely scream at their children do not understand the life response powers of non-reaction, silence, and personal attention.

No Title

Even the Asura plays a role in the world's becoming.

No Title

Why not give those deserved individuals in your life Unconditional personal Attention, sincere Affection, and true Love; which means you bestow these attributes of the Heart without expecting any of them in return. Life will respond enormously to such high consciousness human behavior. Where then, with whom will you start?

Reader: Should this be started not from our loved ones or initially with the those we face contradictions

Response: If you have the aspiration to apply these methods, Life will indicate to whom it should be applied.

No Title

In response to tensions between countries or within a nation, Mother asks that we take to absolute stillness and calm inside, pushing aside all bitter emotions, in order to create the best atmosphere, and therefore the best outcome for all involved.

Reader: Sir the same thing applies to family and personal tensions and while putting aside all bitterness it should not be suppressed either dilution/ changing it to sweetness. the second is herculean task

Response: Yes. If you shift out of bitterness, positive conditions will quickly be attracted. It is a personal growth moment, invariably accompanied by life response benefit.

If one goes a further step and change it to sweetness, then LIFE-ALTERING conditions will suddenly appear before the parties involved. It is an evolutionary/like movement. This usually requires the development of an ongoing inner poise of silence and warmth and goodness, which can occur over time. It happens when we see other souls as extension of our own, the reverse of separative consciousness, Ego.

No Title

Often it merely takes a firm DECISION on our part to act in a certain way in order to evoke a magnificent positive response of life. In other words, sudden good fortune can come to you even before you actually ACT on the decision! This extraordinary phenomenon has been our common experience over the years.

No Title

One trait that all nations and all their people have in common is that they are hopelessly PROVINCIAL. That is, they know and care very little about things cultural, social, political, etc. beyond their own familiar territory.

No Title

Each of the nations of the world are raging at their neighbors, expressing their grievances in a circus-like atmosphere of the absurd.

No Title

As soon as you start crowing about a recent accomplishment, it either quickly gets degraded, or other negatives follow.

Life Response Power of Truth

When you reveal to others an important truth that you have been hiding, opportunities of a lifetime quickly open up.

A man was in the running for a very high diplomatic position that would involve resolving difficult relationship between two nations. He secretly harbored a deep desire to attain this position because he felt he could apply high human values in the negotiations.

Unfortunately for him, an older and more experienced man appeared on the scene, and the higher ups were now apparently interested in this senior man to fulfill the high political office. This turn of events deeply troubled the younger man as he aspired for that diplomatic position.

In the meantime, the younger man was afraid to tell his upper-class friends about a boy he had fathered through a relationship with another race.

However, finally he could bear it no more, and revealed to others in the high society he moved in that he was the father of this dark-skinned boy.

A few moments later, the elder rival for the political position met with and went for a walk with the younger man. There he revealed that he was in fact NOT interested in the position, but had actually been sent by his superiors to check out the qualifications and character of the younger man, whom they really wanted to fulfill the position!

When you reveal the truth you were hiding, life has a funny way of quickly responding with startling positive conditions, including the realization of an opportunity of a lifetime; of one's deepest aspiration in life.

No Title

Key to India-Pakistan-Regional harmony and re-federation are increasing and deeper economic ties. (You can solve a problem of the current plane by moving to the next higher one. The conflict here is at the Political plane. It therefore can be resolved by going to the Economic plane, the next one higher.)

(Beyond these are, in ascending order, the Cultural, Psychological, and Spiritual planes.)

No Title

Democracy alone does not guarantee a successful society. E.g. consider the United States (inequality); Russia (authoritarianism); Iran (fundamentalism); India (corruption); etc.

Democracy therefore requires more than its mere existence through free elections to be a successful entity. It needs social stability, economic well-being, fairness and justice, equal opportunity, freedom of the press, religious tolerance, truly free elections, human rights, etc. Otherwise it remains but a hallow shell; an empty husk. A great ideal, unfulfilled.

No Title

The spiritual person resolves all outer problems inside through spiritual methods.

No Title

When life is not moving for you, making the right token effort in a certain direction will energize conditions, opening the floodgates.

No Title

Where in the moment you see no connections between things, look a little deeper, activating the subtle mind, and you will perceive startling associations.

No Title

Because of the veto power of the original five members of the United Nations (and their alternates), that institution is inherently undemocratic. It's too bad because the UN stands for so many positive human values.

Cultivating Cassandras

Great companies combine a strong sense of identity with a fierce hostility to groupthink. Andy Grove, a CEO of Intel, advised CEOs to balance the sycophants they inevitably attract by cultivating "Cassandras" who are "quick to recognize impending change and cry out an early warning". These Cassandras are often middle managers who "usually know more about upcoming change than the senior management because they spend so much time 'outdoors' where the winds of the real world blow in their faces". (The Economist)

No Title

Reduce your compulsion to announce your goal. It will now have a much better chance of succeeding.

No Title

The harder you work, the more opportunities come to you from out of nowhere.

No Title

Tax sheltering is the corporate darkness of our time.

No Title

Faith has eyes that see beyond the visible. (Jubal)

No Title

Indians and Pakistanis get all riled up in the media and amongst the public, leaving peace and harmony an orphan.

Reader: Looks Like Mother Nature Wants that way. Is it not ? Sir.

Response: Yes, Prakriti/Nature wills that. But Purusha/Spirit asks for inner peace on all sides. Shared prosperity is and will accelerate the latter. I believe that is key.

No Title

Though both can be explored, Life Response is a thousand times more powerful than outer space exploration. It's an expression of the infinite power of Inner Space to truly comprehend and improve the conditions Life.

No Title

When you are in a line for service, the instant you consciously give up your bother, the line rapidly moves in your favor.

No Title

Perhaps we could say that a Divine Father (Ishwara) conceived of the energies and values and forms of the universe, and through Her divine Shakti via Supramental action, it emerged from the Divine Mother as real.

No Title

Karmayogi indicates that property ownership and its pursuit is perceived as Ego to a slowly-emerging Supramental humanity.

No Title

Money essentially belongs to the vital plane. It is now managed by mind. We think of bringing an element of Supermind into mind so that abundance will issue by replacing competition of the mind by the cooperation of the Supermind. (Karmayogi)

No Title

Sri Aurobindo's position is there is only JOY all over creation. He even talks of intolerable ecstasy and Mother speaks of unflinching rapture. Still we feel pain, sorrow, suffering, disease and death. Sri Aurobindo says these are all the experiences of the ego, not the inner spirit. (Sri Karmayogi)

No Title

When the infinite human TRUST reflects on goods and services, infinite money is created. (Karmayogi)

No Title

Competition represents ego and cooperation represents the psychic. (Karmayogi)

No Title

A prejudiced individual is one who only seeks out information and experiences that substantiate his already entrenched beliefs.

No Title

Sri Aurobindo ... had adopted the attitude of complete surrender to the eternal Mother. (The Mother, Agenda, 12/14/63)

No Title

All the lessons that life is trying to teach you for your progress are lined up for you in a perfect progression one after another.

Goodwill Broadcasting

Nothing attracts positive conditions for other parties (and yourself) more quickly than silently welling up, feeling, and broadcasting goodwill toward them.

No Title

Doing the right thing in the present means that you are in touch with the truth calling you from the future.

No Title

The highest men are calm, silent and unknown. They are the men who really know the power of thought; they are sure that even they go into a cave and simply think five true thoughts and then pass away, these five thoughts of theirs live through eternity. Indeed such thoughts penetrate through the mountains, cross the ocean and travel through the world. (Vivekananda)

Process of Achievement & Quick Response of Life

It is not sufficient to have a vague idea of a better life and wish to have it. One should work by formulating clear goals, using the mental faculties to envision the end states in as much detail as possible and 'feel' the desired state emotionally. Finally, one should execute well thought out plans towards achievement of the desired goals as a movement towards the Divine by the Grace of the Divine. i.e. Engage in concentrated, consecrated actions. This way of being quickly leads one into a new life, within weeks or even days. (NR)

No Title

Life Response outcome (sudden good fortune) is a movement of Timelessness in Time, and Spacelessness in Space, as the latter in each pair is reduced in an event.

No Title

Russia and US missed a golden opportunity for cooperation after the Cold War ended. Crisis like Syria, India-Pakistan, and others emerging could easily have been solved if the two had cooperated. Now it is a race to the bottom in various areas of the world.

What will reestablish the Opportunity to re-emerge? Just as the Cold War ended as a result of a secret Consciousness - the Supramental emerging, so Her power can be tapped into again to bring about a new, unexpected form of Harmony in the world. We can each help bring that about by going Within.

No Title

Key to a spiritual life is giving up and broadcasting one's opinions. Keeping it to one's self, or better still, eliminating it in the mind, is one reflection of a yogic poise.

Reader: The personal opinion is at best a limited view; to sacrifice the limited view is to move to Mother's vision, which is the Integral Truth of reality.

Response: Yes, very true Navin. And then there is the fact that the opinion is a form of excessive speech, that wastes energy, that in turn attracts negative conditions.

Reader: Personal opinion is arising out of EGO which The Mother advocates to completely get rid of. Further the unspoken word drains greater amount of energy, which could have been channelized for constructive / positive action.

Evocation from the Past

By intensely revisiting something in the distant past causes you to attract something from that time instantaneously.

A man intensely focused on a music artist long ago from his youth. When he then checked his email, he saw but one entry: it was invitation to attend a high school reunion of exactly that time. He had never received such a request before in his life.

This show that our consciousness has a power over time. It is subconscious, and its reaction is such. However, we can make it CONSCIOUS, and evoke whatever is necessary from the past, ... or the future.

No Title

We will never know the truth of our being, the true nature of reality around us, and truly think, feel, and act unless we shift from our surface consciousness to a deeper poise within, culminating in our True Self. This is the first essential of spiritual life, and our emergence from a limited, ignorant, egoistic existence.

No Title

Karmayogi indicates that the first thing to do to solve a problem is to stop energizing it. When we keep thinking about the problem, we energize it. Even when we consecrate the problem, such as in hourly consecration, we can energize it. Consecration should be an act of Self-Offering to Her and Her will; not an opportune time to dwell on the problem, desperately asking Her to solve it. I.e. instead of remembering, dwelling on the problem on the hour, we should remember Mother alone. Life Response results will then be maximum.

Reader: It is helpful, actually blissful, to become aware of Her presence in the concentration centre or in front of you. If you feel threatened, you can imagine Her large and enveloping you. This shifts the focus to Her and gives immediate relief while the problem itself and its resolution lie in Her hands. The problem/ opportunity are secondary, illusory in a sense...the solution is always to go towards The Mother, because She always does what is required. We describe the situation in order to make it clear to our mind, and to a certain extent, that itself gives some relief, because the situation seems less daunting and

manageable. However, as the hours pass, the consecration gets deeper, and you forget the problem completely (as you should), and conscious remembrance of the Divine is left. If you recall Mahabharata, Draupadi Maa dropped all efforts to save herself and gave her mind completely in surrender to Bhagavan Sri Krishna and then He saved her.

Response: N explains it beautifully. The focus should be on Her, not the problem, though a brief offering it to Her at the outset is acceptable. All emotion is to Surrender to Her, to open to Her Will, not the problem however. In other words, Thy Will Be done, Not My Will.

No Title

When the soul forgets it's problems, they disappear. (aphorism of Sri Aurobindo)

No Title

The deeper the source of our consecrated efforts; that is our focus completely on Mother not ourselves, the more She acts in our favor. The shallower our consecrated effort; that is our focus on our own needs, wants, - essentially our Ego, - the less we see Her actions in life.

No Title

The culmination of 10,000 years of abuse of women by men is being played out by Trump's misogynous abuse of Clinton and others of her sex, as she vies to be the first American president in the nation that is the leader and pioneer country of the world. It is a multi-millennial symbolic event, as well as an actual greatly meaningful one.

No Title

Beyond worshipping and adoring Mother is the effort to become Her.

No Title

The global Financial system - currently unregulated - threatens the stability of the world no less than nuclear war.

No Title

Tax sheltering and avoidance are expressions of Dark Money

No Title

Dark Money can bring about the ruination of Man.

No Title

Money is Self-Multiplying, and is doing so at an accelerating pace. The amount of money on hand in the world has increased from \$50 to \$500 trillion in just the last decade. This is due to the increasing spread of human values, like trust, transparency, truthfulness, cooperation, and innovation. Unfortunately, most of that money is tied up in speculative financial instruments, threatening to bring down the world. As a result, a development and force of Light is for now imprisoned in Darkness.

No Title

Hate is inverted Love. The former can easily turn into the latter when Ego is given up.

No Title

The Hour of God is an article written by Sri Aurobindo. In Tamil, it is Iraivan varum tharunam. Exactly when you understand the value of a particular Value like Punctuality, Cleanliness,

Orderliness, Good Will, Patience as valuable, it is the hour of God in your life. Till such time these values are mere words without any meaning. (Nedumaran Ramakrishnan)

Reader: Sir, in which volume can I find this article?

Response: Karmayogi's commentary:

What needs to be changed is not the method, not the life style, not even Time but everything must be swept away at one stroke. No longer it is gradual change, but now the order of the day is sudden transformation. It is truly the Hour of God. If man fails, God will not go or wait for him but will fulfil Himself.

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The Time has Come To know this is the Hour of God is to make the distant hour come now. To have that knowledge is not given to mind. It is there in the heart. It arises in the fullness of the heart which comes through surrender.

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Sri Aurobindo reached the Absolute and realized it fully in His very body. When He did so, He created the Hour of God for Man and in the absence of response, came down to remind man by His own personal presence. He went further to bring The Mother in order to reach man on his own terms. That hour of God is alive in each movement of man at each moment, presenting itself to him eagerly, for him to exercise his choice in its favor.

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Today, every sadhak, every devotee, and everyone who has known Him in some fashion is the HOUR OF GOD for the world. Sri Aurobindo was the Hour of God, as HE became GOD himself. He has given it to all of us, but to know it as such is still left to the perception of man which is his Self-conception.

No Title

Let's give our ears more of a chance, and keep our mouths at rest.

Arm Cast that Verifies Man's Earlier Subtle Perception

There are subtle signs that appear that indicate that earlier you had made the right choice.

A man that made a certain decision not to act because he sensed danger ahead. He followed that plan and withheld action. Several hours later, in a completely different context, in a completely different part of town, he saw an individual with his arm in a cast which had the bright color that exactly corresponded to the emblem involved in the earlier issue. He was also overheard discussing virtually the very same issue the first man had gone out of his way to avoid!

PS As the first man wrote this post while walking on a hillside, a woman suddenly appeared wearing the exact same colors that were indicated in the original story! She was the only person around! Another indicator verifying the truth of the first man's subtle perceptions and actions.

No Title

When devastation comes to our area, then naturally we show great concern. However when such trouble comes to other areas, we show little lasting interest. Is it any wonder that when we go through a terrible plight, others are mostly indifferent!

No Title

Former US president Jimmy Carter, who dedicated every ounce of his being toward peace, had the following background:

His great-great-grandfather killed a man in a gunfight. His great-grandfather was stabbed to death in a fight, and his grandfather was shot to death in a fight.

As we see, the extreme negative can influence and help create the extreme positive.

No Title

"You only see the turn, you don't see the road ahead."
(from the wonderful film 'Stand and Deliver')

No Title

Patience attracts a result that is even better than the solution to the problem.

No Title

Today, clan loyalty or fierce regionalism is increasingly giving way to a growing sense among many people that we all share a common identity and destiny as human beings. Society is evolving from the nation state to the human community. (Janani Harish)

No Title

The greatest contribution to society comes from the efforts of the True Individual. And the truest individual is one who works for the empowerment of society.

Delicious Dish

When you give up your preference and embrace someone else's point of view, a surprise will surely be in store all around!

A woman asked her spouse if he was interested in ordering a certain dish from a restaurant. He answered that he was tired of having the same old thing. The woman remained silent.

However, after a short while, the man remembered the importance of taking the other persons point of view and shedding one's preferences and reluctances. And so he acceded to her request.

When she returned with the meal, he expected to see the same old thing, but instead it turned out to be a complex and sumptuous meal. He in fact commented that this was the most delicious meal he had ever had from that restaurant.

That's the power of shifting away from one's reluctances and preferences, and embracing another's position, instead of fixating on one's own. Life brings you the unexpected; in this case, a most unexpected and enjoyable delicious dish!

No Title

Professional sports teams often rise to the top of the league securing a championship when their city is going through a great success or boom, or a great failure or disaster. There seems to be no logical correlation; but there is.

No Title

One well-intentioned undertaking failed to gain traction as (1) it was an initiative originating in the mind of a man, rather than from Life; and (2) the inner attitude (of the founders) was positive, but the outer conditions and atmosphere was relatively negative, indicating a poor start. Thus, after very brief mild success, the business failed to get off the ground.

Shift from Wish Magnet to Overcoming Outer Limitations to Attract (by Deepak Chopra)

Sometimes the law of attraction [aka Life Response] is a bit misinterpreted. People use it like a wish magnet. They bait the hook with a dream, toss it out into the universe and expect to draw in money, a soul mate, happiness—whatever big fish they want to land. But think about another natural law: gravity. Gravity isn't selective. It pulls on everything, not just the things you want it to pull.

The law of attraction also pulls on everything; it attracts to you many things at once, not just one thing. The obstacles you meet are part of the whole picture. For that reason, this law

can't be used as a wish magnet, even though it would be wonderful if it could. I think it's more useful to use another spiritual law, the law of reflection. This law states that the whole situation around you is you. "I am what I see. What I see is me." [Inner-Outer Correspondence] Once you see it is only you reflecting yourself back, what happens? You become more self-aware. As self-awareness expands, you become much clearer and focused on what you truly want. Then and only then can the law of attraction work for you reliably.

We are not talking about blaming yourself. Many people fear being blamed, which is why it's so easy to project on others. Those around you block your way, keep you from being happy and throw up obstacles to your getting ahead. Such an attitude keeps you stuck because if you are waiting for someone else to change in order to make you happy, you will wait forever. The only change that will make your reflection different is inner change. I mean inner change that is very specific and conscious.

If your reflection is full of stress, do what it takes to reduce your sense of being stressed.

If your reflection causes you to be anxious, look at your own fear. Do what it takes not to be afraid.

If your reflection makes you feel depressed, consider why you feel helpless and hopeless. Do what it takes to have hope and a sense of power over your own fate.

If your reflection shows other people in control over you, look at why you have given up your own power. Do what it takes to reclaim control over your own fate.

I have to use a general phrase like "do what it takes" because every situation has many elements. Maybe you will need to take outer action; surely you will have to take inner action. At bottom, whenever you see something negative in your reflection, three choices present themselves: Do I put up with it? Do I fix it? Do I walk away? These are fundamental choices. It takes self-awareness to know how to make them.

I really want you to make these choices, and the first step is to realize, with true conviction, that everything you see going on in your life is part of your reflection. It is telling you your own personal story, and fortunately, it also contains the clues you need to change that story.

No Title

Arguing is Ego, no matter what the conditions.

No Title

In the future, time and space will increasingly be overcome through Inner means.

Greek Blueberry Yogurt

It is a truism of life that when you have erred in the past, you have the opportunity to revisit the issue, reverse the situation in the next round, making a change to the positive. When you do, not only will you self-correct an earlier false movement, but life will suddenly work in your favor. This is true for something trivial, or for something great. Here is an example of the former, but the principle applies to important matters as well.

A man accidentally ate his partner's blueberry yogurt, when he was supposed to have the raspberry. He felt guilty about the matter, and expressed his contrition. The next day when he was shopping, he noticed that he could purchase a set of identical blueberry-only yogurts. (That struck him as a nice response from life!) And so as he viewed the products, he thought that would assuage his friend's feelings and reverse his previous error. He then went ahead and purchased that item.

When he arrived home, he happily showed the 4-pack of blueberry Greek-style yogurt. She looked at it for a moment, and then exclaimed. "You know you can have the whole thing, since I am not too fond of yogurt anyway." The man stood there in a daze. He thought that he had purchased the item for her benefit, but now was she not only rejecting it, but it was now his to have!

After a moment he reconsidered the situation and realized that it was a positive life response to his effort to rectify and reverse a wrong of the past in the next round. This dynamic occurs

for the most trivial matters, such as blueberry yogurt, or for the most important developments in one's life, whether work, relationships, money, etc. When we consciously reverse a mistake of the past, the present blossoms before our eyes!

No Title

Each physical disease has its own unique psychological cause, and therefore its corresponding psychological solution.

Predecessor/Successor Phenomenon

Calamity or other forms of intensity at the beginning indicates the same throughout the terms and/or at the conclusion. Bush and Gore virtually tied at the end of the 2000 election, throwing the country into turmoil. The Supreme Court then made a controversial decision. giving Bush the advantage, who became president. It was soon followed by 9/11, Katrina hurricane killing thousands, the faulty Iraq War, and the greatest financial crisis in America in 75 years. What occurred at the outset was indicated in the unfolding and at the end of the term.

Kennedy and Nixon had a similar ordeal in the 1960 election, as Kennedy prevailed in a controversial outcome. He was later assassinated before completing his term. The beginning was a predecessor, that indicated the final outcome.

Bringing Our Profound Knowledge to the World

Q: If we see and have access to the profoundest of Knowledge on earth - from Sri Aurobindo, Mother, Karmayogi, et al - what can we do that will truly bring it to the world?

A: One thought is that it will manifest to the degree we make our own corresponding growth within.

Each person can discover what that entails - whether a missing aspiration, overcoming a wrong attitude, adopting a key value, or making the right inner and outer movement that attracts corresponding results.

G got to the top of W not because of his or Karmayogi's ideas, but because he discovered the particular, right inner levers that attracted the result that lifted him up - not unlike chutes and ladders. He examined the life conditions, even when extremely challenging, and made the necessary inner adjustment, and was thereby propelled to the top. Being in that power position, now the Knowledge he and his colleagues had developed could spread.

What about us? In the depths we can discover those unique levers that are required of us, attracting the results, the Opportunities that enable us to present the unprecedented Knowledge we have created for the world.

So what are those unique levers? Deep introspection will reveal what is required. And that's precisely what some are beginning to engage in.

Being Responsive to Change

Life constantly changes, shifts direction, subtly making new requests of us. Therefore to be successful in life we need to be responsive to that change - whether small or significant.

Thus we need to be vigilant and overcome our physical/material consciousness that does not want to change, that is fixed; that is unresponsive to the flow of events, the shifting of circumstance.

It is then simply a matter of recognizing our unresponsiveness, our reluctance, our indifference to life's requests, and take action in the opposite direction.

Life will then quickly respond to you in return, and forever be your friend.

No Title

The first step for going in the right direction is to stop going in the wrong one.

No Title

True consecration is not to want something and offer it to Her so it is realized. Rather true consecration is to want Mother and nothing else.

No Title

To have the Mother give us what we want is not what being a devotee is about; even though she will grant us anything we wish. Rather being a devotee means we want Mother and nothing else, for the experience of Her filling up our being is what our Soul truly desires.

Giving Up Our Right and Claim Attracts

It is a subtle truism of life that when we give up our right and claim to something, the very best conditions related to that area will return to us.

Eg, one man gave up his claim to a property jointly developed with his partner, after the latter demanded the entire land be placed under his control. The second man naturally was happy to receive it, even though the first man was the person who truly developed the property, raising its value considerably.

However, after a short while the person in charge of all the lands said to the second man that he must give the entire property back to the first individual!

Because the first man gave up his rights and claim to the land, the very best conditions came to him from a higher power.

No Title

We ask Mother for blessings, hoping She improves our lives. But what will really energize Her blessing are our corresponding changes in consciousness - whether overcoming negative attitudes; worn out, fixed habits; and destructive behaviors and beliefs. Then She will be energized to rapidly move on our behalf!

What Consecration Does

Consecration solves problems, resolves conflicts, dissolves dead habits and un-wanted traits, opens up new opportunities, generates freshness and enjoyment in everything we do, widens the personality, deepens our awareness, and reveals one's true inner self. Through consecration the Divine unveils to us its presence in the world around us and deep within ourselves. Consecration makes our lives a joyous living. (Karmayogi)

Negative Thoughts that Fulfill Themselves

The power of attitudes is most easily demonstrated in the negative. "I had a deep fear that something would turn out bad and it did... I told them it could not be done that way and I was right". How many times can we catch ourselves saying or thinking: "I told you so" or "This task is beyond my capacity" or "They will not understand me." When we anticipate the outcome of an event, our attitude has the power to fulfill itself in life, like a self-fulfilling prophesy. Every problem or constraint we meet in life has its counterpart in our own attitudes. (Karmayogi)

Comment: It is because we live on the surface, instead of in the depths. Surface living allows the separative self, the Ego to dominate, which in turn brings out our worst of our attitudes - towards others, work, life, and self. Constant Consecration, non-reaction, and taking the other person's point of view deepens the consciousness, lessens the Ego power, and thereby softens our negative attitudes.

Freeing Ourselves from Our Attitudes

The greatest power of attitudes comes from giving them up. No matter how justified an attitude may appear to be, when we cease to insist on it, rise above it and free ourselves from its grip, our personality opens and grows, our being expands and our consciousness is elevated. We become younger, freer, and happier. (Karmayogi)

Our Attitudes Come from Others

Very few of our attitudes are really our own. If we examine our attitudes toward most things in life--people, communities, habits, customs, etc.--we will find that almost all of them have come from our families or our peers. Even when we take pride in the fact that we have given up family attitudes, if we scratch the surface we will find they are still there. Attitudes toward authority, money, wealth, education, social position, and occupation usually have deep roots in the past. (Karmayogi)

Opposition to Inner Insistence

The more you insist on your position in your mind (without verbalizing it to anyone), the more people will appear and take an opposing view. Releasing the insistence inside dissolves the outer opposition.

Faith in Supreme to Make Right Choice

There are times when a collective of individuals have to make a choice - such as among three candidates for office, or to lead a company, etc. However, as a spiritual individual and observer of the situation we can have an influence on the outcome of events from within ourselves. And yet, with our limited knowledge and understanding, we don't necessarily have all the facts to make the right choice.

And so we offer the matter to the Higher Power, as it not only knows the current conditions, but the future circumstance as well. On our behalf, it then selects that individual or party that allows the full play and development of the positive, of real progress, even if the choice seems, at least in the short run, to be at odds with the truth.

In the final analysis then, we need to offer the matter to the Supreme, to the Mother and have faith in that choice; as She is in touch with past, present and future; as well as the full play and unfolding of what will bring about substantive change in the world.

No Title

We are here to open to, adore, and surrender to Mother and Her Force so we can evolve into our highest consciousness, culminating in a Supramental existence

No Title

The whole world is subconsciously doing yoga. As human beings, we can become conscious of that process and consciously evolve ourselves. (Karmayogi)

No Title

In their pure form, Goodness, Self-givingness, Generosity, Gratitude are neither mental nor emotional. They are psychic or spiritual. (MSS)

Token Effort of Giving Out Cards Attracts

Sometimes life requires us to make a small, token effort in one area in order to attract positive conditions in another.

An instructor and consultant had not received any training inquiries in quite a while. In addition, several other paying projects were coming to an end. And so he wondered where his next set of funds would come from. A month passed, and his concern only mounted.

Then he came to know about a small opportunity. Rather than forget about it, in deference to the bigger issues he was confronted with, he saw the small, somewhat humiliating effort as a kind of stepping stone in consciousness that could draw the larger paying works toward him.

And so he began giving out many cards at many locations in order to fulfill the small token work. Well, it turns out that after only one hour of making this multi-day effort, he received

a sole email in his Inbox in which he was offered a substantial amount of training work, when he hadn't had any in months!

By making the token effort in a relatively small ego-deflating area, he was able to attract a result in another area of greater concern. He smiled as this happened, as he had experienced this dynamic not a few times in his life!

No Title

India and its vibration of Harmony can bring about reconciliation among any set of conflictive nations.

Eg India is working closely with both Russia and the US, which can in turn help smooth out relations between these two superpowers. There are many other possibilities.

No Title

US is the great economic and military power. Will it then emerge as the great psychological leader? If not, it can occur elsewhere, such as India.

No Title

India has a great advantage, as it can bring its natural spiritual capacity to all interactions, both at home and abroad.

No Title

Inner peace and Non-reaction will attract the best results, whether regarding US-Russian deep chill, India-Pakistan hostility, bitter US election, etc. Reaction and accusation will only intensify all problems.

No Title

If each side in a conflictive situation sees how their own consciousness attracted the negative condition, - eg in US-Russia tension, India-Pakistan hostility, etc. - it can quickly improve outer circumstances from within.

For example, the US and the West humiliated the Russians after the end of the Cold War, keeping them at arm's length in global decision-making; relegating her to a second-hand citizen, No wonder she elected an autocratic strongman to abuse the West.

Likewise, India's Ahimsa [non-violence] delayed independence and gave the British a chance to divide and conquer, which took shape in the form of partition. Also, India's evil untouchability [Dalit] attracted negative conditions to their doorsteps.

In this way, we see Inner-Outer Correspondence in action. Fortunately, we can reverse ourselves, seeing things anew, and thereby attract enormously positive conditions.

No Title

Deep, LONG-LASTING conflict indicates deep, long-lasting unity to come. Or to put it another way, the length of the problem indicates the depth of the resolution. On this basis, India and Pakistan can reunify over Kashmir. I.e. resolution of long-lasting deep conflict over Kashmir can be the basis of their reunification.

No Title

Constant religious celebrations, even when well-intentioned indicate that Indians are for the most part not serious about seeking, embodying Higher Consciousness in their lives.

No Title

For decades Americans - rich, poor, and in between - have been unwilling to use up their vacation time, as they just love to work. No wonder they became the greatest economic power in the world!

No Title

Recent Darkness settling over the world indicates the Asura is trying to block the Light that is rapidly accelerating and spreading on earth.

No Title

All those who have accomplished in the world have known the power of Silence, Silent will, not taking initiative, not parting with information out of enthusiasm and excitement believing oneself to be frank. This is a knowledge of which the Rishis have laid down the rules by their own living.

... A still higher knowledge is the capacity NOT to prove one's rightness whether it is a theorem in Mathematics or a concept in philosophy. (Karmayogi)

No Title

Cheerfulness solves problems is a yogic principle. FDR .. was able to solve the world's greatest economic problem [the Great Depression] because he could maintain his cheerful demeanor during those oppressive days. (Karmayogi)

No Title

It is a spiritual principle not to activate the hostile forces by undue concern. Attention energizes. (Karmayogi)

No Title

-The intense ASPIRATION of the society, expressed through individualistic entrepreneurialism, is the dynamic that drives modern populations to economic success.

-It is the very secret of America's success, and serves as a model for the rest of the world.

No Title

At certain critical times, the great economic success of America, - born of intense aspiration expressed through individualistic entrepreneurialism, - has been ruined by Money taint. Great Depression and (recent) Great Recession are two examples, originating in unbridled financial speculation. It indicates that without higher values, Money Greed and therefore ruin become a product of economic success in the modern environment.

No Title

For well over 150 years Americans have had an intense ASPIRATION for success; and as a result, they succeeded beyond compare!

Role of Government in Terms of Economy

Government should allow the society to grow economically without interference, save for essential protections for the population.

But when the society falters, government is required to step in to remedy the problem - as it did in America after the onset of the Great Depression under FDR, and as is also necessary now in the wake of the Great Recession, which not only crushed many in the middle class, and revealed no wage growth in America for 20 years, but also uncovered the fact that 5% of the people control 80% of the wealth.

Otherwise the society should take to Individuality and entrepreneurship, which is exactly how United States accumulated its unprecedented wealth over the last 50 years.

No Title

United States is not really a Capitalist country, but more of an Entrepreneurial one. Whenever it takes to the former, it abuses itself; when the latter, it seems to expand almost infinitely.

No Title

"Appreciate where you are in your journey, even if it's not where you want to be. Every season serves its purpose." (anonymous)

We also call this "Accepting the Givens of Life." When you do, - such as embracing your current work or situation, no matter how uninspiring - positive conditions suddenly start taking place, such as a golden opportunity arising; whereas sulking about your current condition attracts the (negative) opposite.

Evoking "Instantaneous Miraculousness"

At the point you shift from complaint to non-complaint, or blame to non-blame, or reaction to non-reaction, or unappreciation to appreciation, or reluctance to acceptance, or ill-will to goodwill, life responds out of all proportion in your favor. And it occurs instantaneously. We call it "instantaneous miraculousness."

Hack Attack: Progress via Positive Emerging from Negative

We know how an evil deed can cause great pain for the victim. Less understood is the phenomenon that a nefarious negative deed can backfire and make the positive force it opposed even more powerful.

Eg one nation hacks another nation's presidential candidate in order to prop up the opposition whom it favors. However, after a brief period of time, the content of the hack reveals unknown outstanding positive qualities of the first, hacked candidate.

If we examine with subtle eyes we can perceive how a negative is often turned into a positive when an underlying and unexpected truth is revealed. Thus a positive emerging out of negative is one of Nature's secret ways of progress.

No Title

One by one each of the social values of socialism is being adopted by liberal democratic capitalist nations. They engender greater trust and social cohesion, which has the effect of strengthening nations, while accelerating the money supply.

No Title

The whole society speculating in questionable financial instruments is a kind of sickness. It destroys trust, and therefore, longer-term, taints and withers the supply of money in the world.

No Title

We focus on what we want from the Divine, from Mother; not what She requires of us.

"Mother, let me be open to, surrender to what you wish of me."

Evolution of Money in Society

"Greater Trust accelerates, self-multiplies the Money supply in the world."

In the history of money, we see evolution of form: barter > coins > bills > checks > credit cards > smart phones, electric pulses.

It is increasing subtlety, from physical/material barter to invisible pulse wave.

The scale also indicates ever-Higher forms of Trust among the population, between institutions and people, etc.

This increasing Trust accelerates circulation of money, which increasingly expands the money supply in the world.

Eventually Money Self-Multiplies, heading toward infinity. As a result, all the funds necessary in the world are produced. (Eg global money supply is now \$300 trillion whereas 10 years ago it was less than \$50 trillion.)

Now Money needs to be more equitably distributed, which requires the adoption of higher social Values.

Evolution of the society evolves Money - in terms of money's form and quantity. Evolution of money also helps evolve the society. Eg venture capital in Silicon Valley.

No Title

Money is a social force, a Divine Force. All that is asked of us is to use it right. If we do, it expands infinitely for the benefit of everyone in the world.

Non-Reaction Power

To the degree you ignore another's negativity, eliminating any emotional feeling, is the degree that Life will respond and neutralize their offending behavior or at least dissolve their influence. This is a great secret of the inner method and power of Non-Reaction.

No Title

Sri Aurobindo asks us to give up Overmental consciousness of Gods - Krishna, Rama, Durga, etc. - for Supramental consciousness of the Divine Mother and Her Force, as it is the evolutionary power now fully available and active in the world.

The Mocked Become Tomorrow's Dominating Power

One wonderful aphorism and truth I learned along the way is that "what is mocked and laughed at will one day rule the world."

Eg the European continentals laughed at the English 500 years ago. She then became the most powerful nation in the world with a vast empire.

The British laughed at the Americans 250 years ago. The US became the world's greatest economic and military power.

The US East Coast laughed at the West Coast, particularly California. From the latter emerged Silicon Valley, leading the world into a new technological era.

We see similar dynamic elsewhere; eg the world 50 years ago mocking China and India as basket cases, who are now leading the world in growth, and vastly accelerating in their level of influence.

And what of the Middle East, Africa, etc tomorrow?

We see the same dynamic in politics, business, etc.; even in the schoolyard, where the denigrated, awkward teen one day becomes a genius that takes society to new vistas.

Let us therefore be humble and cherish all individuals and collectives, for they may spearhead the next set of changes in the world.

No Title

One expression of the dark side of the marvel of social media is a tendency toward mass conformity.

No Title

Life consists of human pleasure and pain. Yet we can go beyond both by opening to and surrendering to the spiritual Force, the divine Mother. Then we experience spiritual Pleasure without any corresponding pain. It is Supramental Life; A New Way of Living.

No Title

We love to repeat the same thing ad infinitum, which keeps us from moving forward - like walking in place. It is the physical consciousness, born of matter, that does not want to change. It is our fixed, habitual nature that tethers us to the past in the present.

No Title

True Happiness is not found in someone else, but in Self.

Comment: I.e. Self is not our ego self. Self is our essence and being; our individual soul and spirit.

Simply Knowing What Needs to be Known

Gurdjieff's and Sri Aurobindo's both agree that our tendency to live on the surface of life is the basis of our Ignorance - leading to our perpetual error in thought, attitude, habit, and belief. They also agree that these limitations in our nature can be overcome by discovering our deeper self and soul within, as well as the transcendence above. That in turn leads to the development of a higher consciousness, and a new type of individual; one who simply Knows what needs to be known without thought at any given moment, leading to a perpetual Knowledge of the truth of things, enabling a great power over life.

No Title

We have explored many dozens of subtle laws governing life in these pages over the years. Eg the many subtle principles involving the success or failure of individual Acts; or the laws of Life Response. Almost none of these principles are currently known by humanity, though in 100 years or less they are bound to be more widely perceived and utilized.

Interestingly, when we evoke the spiritual Force, Mother, all of the laws that have governed and dominated life on earth are shifted further to the positive. In that way Supramental Life has its own subtle laws of existence, superseding those of Nature. To know both sets enables us to come out of our fundamental Ignorance, and thereby become the Masters of Life.

No Title

In a world where power of true individuality is increasingly afforded to us, Conformity still reigns supreme.

No Title

Opportunities coming to a devotee means Mother is increasingly moving towards you.

No Title

Cosmic beings - like Gods, asuras, raksheras, angels, spirits - preceded human beings.

No Title

When an individual fanatically expresses a questionable idea and insists that his position will be overwhelmingly accepted, you can be assured the opposite will take place in the extreme.

No Title

In a crossroad situation, try to get in touch with your Inner Guide. It will show you the best way.

No Title

Traditionally, men depend on women psychologically, while women depend on men for physical security. Breaking out of that stricture is biological progress: i.e. discovering that missing aspect that we lean on in another in one's own self.

No Title

Indians often seem confined by conformity, while Americans often abuse their individuality (rebelliousness). It would seem that a happy medium can be found. A quiet true individuality?

No Title

The deepest and truest expression of individuality issues from soul.

No Title

The social environment drives one into conformity. We act and think and talk just like everyone else. Few are willing to venture outside that societal box. Those that do, in a positive way, become heroic individuals.

No Title

Technology is marvelous, but what really has power to move life are human values. When applied, they shift things from their current finite status to their infinite capacity.

No Title

When we utilize personal values, we fulfill the divine intent to bring its "real ideas" - i.e. Spiritual values - to the world.

Spiritual values include peace, silence, harmony, oneness, truth, wisdom, goodness, love, delight, timelessness, and infinity.

No Title

Have you ever noticed that when you navigate through a difficult passage, pushing yourself through the obstacle, that when you get to the remainder of the work, it is so much easier to accomplish! Not just easier compared to the difficult work that preceded it, but far easier than you expected it to be in the first place. This has been my quite common experience over the years.

On India's Spirit-based Emergence in the World (by Karmayogi)

- India is sleeping not because she is sleepy, but because of a wider scheme of Nature that she should wait till all others wake up.
- The instrument we had a few thousand years ago, the Spirit, is thousand times more powerful than the latest instrument of the richest nation.
- We are poor, dull, and blind because that is the fashion in which our treasure should be preserved, as gold is buried in the forest and is covered by an anthill or thorny bushes.
- We may sleep, but that Spirit, "that which is awake in things that sleep" * is awake all over the world. In India too, it is stirring in the subtle plane.
- When the energies of that Spirit are linked to the life of today through an ORGANISATION, the transition in progress will resemble the speed of the rocket.
- The crucial thing is that the cream of the nation should awaken to this possibility and fashion that critical organisation. Prior to that, the values by which that organisation should emerge should be espoused by the population. In the corrupt atmosphere of today, this possibility is a vanishing dream.
- Otherwise, the population should awaken to this possibility and fashion that organisation themselves.
- The cream can do so in a short time. The masses will take a long time, but in either case it is a certainty.
- In the event of the elite failing, an infinitesimal minority of a few hundred idealists doing it in their lives to a great perfection can usher it in almost as a miracle.

-- In any case, such a change can come about ONLY by utter truthfulness that is absolute.
-- My own hope is India still has that aristocracy of Satyam.
-- I do see the distant signs of that splendor. The majority may fail, the minority too may fail, but the underlying SPIRIT cannot fail. It accomplishes by Self-Conception, not depending upon externals.
--The only question is through whom and how soon?
--Are you willing to be the vehicle of Indian Spiritual Prosperity? If so, India will achieve in the short run. (2004, from 'Spiritual Opulence')

No Title

Have you ever noticed that people get upset, angry when things go wrong, such as when the lights go out. When they do react that way, it almost ensures that things are going to continue or get worse, now or later. On the other hand, quiet Non-reaction to the issue attracts positive results, such as the problem instantly resolving itself.

Reader: It really does pay to go silent for a while and to consecrate and if time is available to visualize the positive outcome with Mother involved...like if lights are out, one can see Her switching them on.

No Title

Instead of complaining about or being disappointed by a negative situation, discover what there is to be learned, because behind the problem powerful positives are waiting to be discovered.

Non-Reaction Power

To the degree you ignore another's negativity, eliminating any emotional feeling and response, is the degree that Life will respond and neutralize their offending behavior, or at least dissolve their influence. This is a great secret of the inner method and power of Non-Reaction.

Reader: True but very hard to practice as we are bound to react for any act. Needs to be extremely cautious to refrain from reacting.

Response: Yes, it can be for the beginner. However, if you develop a deeper consciousness within, it makes it much easier. That's why a spiritual approach to life is so helpful.

Also, if you see it work once by not reacting to the outer intensity, and attract the startling positive result, you are quickly reminded to try the approach again when the intense outer situation arises.

We know a number of individuals who practice this approach regularly and continually see a marvelous sudden positive life response effect.

If you try it in a few small situations, you can begin to develop this capacity. It takes a certain amount of will, sincerity, and faith.

Non-reacting done in tandem with Consecrating (offering the outer negative intensity to the Mother), then becomes a marvel of startling results. Self-control and Faith are then key. Miracles then take place.

Attitude Change from Below Can Attract Massive Organizational Success

Even an individual on the lowest rung in a business or other organization can have a vast impact on the success of the business by simply changing his own attitude in one or several areas. That change in consciousness then vibrates up and attracts powerful positive conditions for that collective. It really can happen that way.

Husband's Journey from Separateness to Oneness

When you give up your own ego wants, needs, and desires, shifting your focus to another - such as helping them fulfill their aspirations, - life responds, and fulfills your own needs and more.

Eg a man decided to give full attention to his neglected wife for one full year putting aside a golden opportunity in his career that would likely never come again. His whole life till that point was wrapped up in his own career.

A year later after taking a long trip with her, she finally got pregnant, something she deeply desired up to that point; plus he was unexpectedly offered that very same job position of his dreams!

By focusing on someone else's needs above his own he attracted a plethora of positive condition for both he and his spouse. It was a journey from ego and separateness to harmony and Oneness with another, which is a sure sign of an evolving spirit.

Universalizing By Going Within

When you go within and discover your soul, the psychic being, you universalize. In that state, you feel no boundaries between you others; that they are part of you and you are part of them. In that state, you feel no boundaries with life. It is Oneness of being. You may even experience the universe inside yourself or that your body and being extends endlessly beyond the boundaries of yourself.

Harmony, Mutuality, Oneness in Supramental Life

Harmony is a form of peaceful relation, devoid of conflict or problems with others and with life. Mutuality is greater still in that we are inexorably bound up with the concerns of others and life. It is intertwined harmony. Beyond that is Unity, where we have lost ourselves, are one with the needs and concerns of every person and thing we encounter in life. We have lost ourselves in Other, as we and they are one.

Harmony, Mutuality, and Unity can then be thought of as a mantra of the aspiring supramental being aiming to live a Supramental Life.

No Title

Stagnation has its pressing issues. So does growth.

True Self, Genius, and Education

In sum, the person who becomes consciously aware of his or her true self will facilitate the expression of his or her individuality, thereby accelerating the process of personal accomplishment and growth for themselves and the world. Moreover, social organizations where facilitators like teachers and leaders bring out the true essence and potential of individuals will foster an ever-expanding community of entrepreneurs, creative artists, and free thinkers. One could even imagine a society where the number of geniuses expands a thousand-fold through this dynamic. In fact, one Indian school taking this approach advertised its goal as "every child a genius."

Supramental Education

Among other things, connecting with our True Self enables our mind to expand in all directions so that intuitions of knowledge come pouring in from out of nowhere without thought - radically accelerating the knowledge-acquiring process.

In addition, through True Self (psychic being), we break down our separation with others, enabling us to interact in the Learning process with ever-wider groups and collectives of individuals. This shared experience widens and deepens our knowledge of the subject matter under consideration.

In that way, inner, soul-based personal experiences are simultaneously both individualized and universalized - expanding in all directions, overcoming space and time (i.e. Life Response).

That's what mooc4 (or Mooc10!) is about: both realms - individual intuition and revelation, and shared knowledge with collectives - functioning together.

Supramental Education is then both Individual and Universal knowledge acquiring experience - occurring simultaneously with one another, while fully integrated for ultimate Insights of Truth.

Reader: Sir I did not understand the Mooc4 or Mooc10 part

Response: Moocs are free or very low cost online college level courses available to anyone that have been developed by the finest universities in the world. MOOC = Massive Open Online Courses.

It Harkins a potential technological revolution in education

Mooc2 is an improvement.

Mooc4 is a term developed by an MIT professor that allows for vastly-collaborative one-to-many-to-many arrangements for certain Mooc courses. He has shown it to work, which could lead to a low-cost revolution in learning.

You can lookup "Mooc" on the internet (Eg Wikipedia). Then also do a search for Huffington Post article on Mooc4 for powerful experience at that level.

Mooc10 - I am slightly joking here. Ie, that system would have to evolve to its 10th release level to be supramental!

Supramental Perception: Journey from the Part to the Whole

Many times we read or hear about something and think that is inconsequential or ridiculous, only to later discover the truth in it, in which case we are taken aback.

Our error begins in the mind which only believes in what it knows, what matches its current limited knowledge. It is the minuscule Part that is Mind, looking out on the Whole of the Reality trying to match it to the sliver it perceives.

That is why personal growth and especially Yoga (conscious evolution) exists: to deliver us from the Part the mind sees to the Whole that is the Reality is in every subject matter and life experience so we know the integral Truth of things. It is what could be called Supramental Perception and Life.

No Title

If you want a negative situation to cease from continuing, let go of your negative feelings about the situation. Doing so will release positive energies that will attract corresponding positive conditions.

No Title

Nothing resolves a grave situation faster and more completely than calling intensely to the Mother. It is the life response power of Consecration; the Spiritual Force in action.

(If accompanied with the thought/feeling of "Thy Will, not my will, be done," then it has extra power. If also practiced at the top of every hour, on the dot, the prayer/calling is infallible.)

Non-Reaction that Lifted an Organization Member to the Top

When a member and several associates were sued for taking an august institution in directions beyond what its name implied, to embracing dozens of other fields and disciplines, it ended up causing an uproar, then a vote of all the members, in which case the man rose through that emergency poll/election from somewhere in the middle of the pack of 500 members to head of the institution, steering the influential organization in an entirely new, progressive direction, expanding its influence internationally.

He did so through the advice of a spiritual mentor and practiced absolute Non-Reaction and Equality of Being to the intense negative situation, attracting startling outcomes that took him from the object of a nefarious suit to the top of a world-influencing organization in a month's time.

No Title

We may have democracy, or we may have wealth concentrated in the hands of a few, but we cannot have both. (Louis Brandeis)

No Title

Despite all of its inherent advantages, Democracy does not guarantee a fair and balanced economy. It is subject to huge distortions of economic benefit. Therefore, it may not be right for all countries at the outset, as we have seen in Asia and elsewhere.

No Title

The estrangement between the United States and Russia is the most troubling and likely the most dangerous condition in the world.

No Title

At each moment scan yourself and release the dark emotion, attitude, thought, belief, habit that is simmering inside. The day will then smile on you with good fortune (instead of the opposite).

No Title

Indulging, showing accidents, violence, cruel circumstance, suffering, et al in order to get kicks and thrills shared with others, is a lower, vital movement that has the power to attract the same back to you.

"Past Consecration" of Negatives that Attracts Positive Conditions in the Present (by Karmayogi)

"After long periods of association with Mother's ideals, it is possible to feel that certain defects insist in one's life. These have their roots in the make-up of one's personality. Mother's Force acts in life through the individual mind. It is true that Mother's Force is infinite and can have beneficial effect in spite of the deficiencies of the person's mind or character. There are many occasions when we see the expression of it. It is also true that man's mind is a manifestation of the Divine and its aspects begin to assert themselves as and when man grows. A time comes when man cannot move ahead loaded with his deficiencies. They are to be removed before he goes ahead in his sadhana.

Let us take the situations where an industrialist faces a strike situation. The strike will have a history of many years. Settlements arrived at in earlier situations will have a bearing on this strike. Personal relationship between the employer and the strike leaders will have a history of its own. There would have been times when strikers would have had their way in spite of their illegal actions. Management would have yielded. In other cases management would have succeeded in splitting the union and forcing the strike to withdraw. Laws would have been implemented with a vengeance to one's own advantage. Things would have snowballed and the situation will make one see it is useless to resort to any of the old ways, good or otherwise. Human strength and human resources come to their tether end. In such situations people say, "I have been praying constantly, but nothing stirs." Yes, he has been praying that he must have his way, Mother should lend Her Force to him against the other! Things don't move and won't move. In Mother's kingdom, nobody is against any other. Surely there is a solution acceptable to both at the next higher level of interests. It is here we feel it is in the power of any devotee to move things almost instantaneously. It is in his power to correct all lapses of the past. Man lives in the past, present and future. Mother's Consciousness is ever present. It includes the past and the future. It is timeless. Man lives in the plane of time, but the Divine lives in eternity. That is why we say things can be corrected instantaneously. Numerous examples can be cited.

All that the devotee has to do is to retire to an isolated place and relax himself physically and mentally, recollect the history of the situation before him. As and when the past events flash before his mind, he must offer them to Mother. Always, each such item will be connected with a mental habit or temperamental behavior of his. He must offer such habits to Mother now. It is best done if it could be done with right feelings. A sense of unburdening will come over him. This can be periodically repeated until the desired momentum is gathered. The problem in hand will begin to thaw in parallel. Things will move swiftly.

These problems exist in many layers. Each time one will be able to undo one layer. One has to continue till the whole past of the situation shows itself before the mind to be offered to Mother. In doing so, it will be helpful to look inside oneself for the same attitudes of mind as those projected on him by others. For instance, if the employer feels that the strikers make unlawful claims, he himself will use unlawful habits in another domain of his life. If he ceases to do so, the strikers will change their mind at once. As we are to Mother inside, so life is to us. Sometimes we will be guilty, not on the same plane but on a different plane. For example, the company may not take initiative to return articles or money of others because no claim is presented. The workers may reflect this attitude in their plane as: we will not work unless we are constantly supervised and checked. To correct the latter situation, it is enough to initiate action to return all that does not belong to the company.

To bring the past before the mind and offer it to The Mother is one of the most effective ways of correcting a tangled situation. It is better done by withdrawing one's own psychological enjoyment in having done past actions. If you have dismissed an officer on the expiry of his term (instead of normally renewing it) so as to bring in one of your men, you must now regret having done so and deeply resolve not to do so in the future. For a devotee, this might have resulted in the non-renewal of a license at its expiry. Psychological purification fortifies this reviewing. This is an unfailing way of bringing Mother's Force to bear upon a situation for its immediate solution.

The same holds good to anticipating the future plans and offering them to The Mother. That may be called Anticipatory Consecration whereas the former is consecration of the past.

-- We generally take for granted that past is past and is to be left as such. We apply this principle even to the Divine Capacity. That is a limitation of our faith.

-- We live in time, i.e., the past is inaccessible. Mother's Consciousness is in the plane of timelessness, i.e., the past is accessible for consecration.

-- The past of an act is still buried in the present act and that is the lever for us to act upon it.

-- The Divine acts on life through the human mind. Hence the mind often acts as a limitation. This limitation is expressed as aspects of temperament.

-- Strands of the act and aspects of the temperament dovetail into each other.

-- Past reviewed helps dissolve the physical past of the act but leaves a psychological remainder.

-- This remainder hangs on aspects of temperament

-- To attempt to shed the aspects of temperament is truly a reversal of consciousness at the plane of behavior.

-- Reviewing the history of the act suddenly takes on itself a great velocity and becomes the reliving of it.

-- The soul relives the entire life at the time of death. Conscious reliving of an act is psychological rebirth into Mother's Consciousness.

-- These reviews move matters and dissolve the problem gradually, but surely. But reliving instantaneously solves the problem miraculously. Review belongs to the physical part of mind, reliving is psychological

-- There is no human problem that cannot be so solved if only commensurate interest can be evinced."

"Integrated Approach to Peace & Human Security in the 21st Century"

This just released article has the potential to change the direction of society, and the course of life on earth - by Garry Jacobs, leader of the World Academy and Mother's Service Society. (begins) "Humanity has made remarkable progress during the past two centuries in advancing peace, democracy, human rights, economic development and social equality. The evolution of human relations has progressed far from the time when physical violence, war and conquest were the predominant form of international relations. Diplomacy has evolved from political negotiations at the conference table to mutually beneficial economic exchange and creative cultural integration. But the ideal of peace and human security for all human beings remains elusive, distant and utopian. Violence and insecurity persist and social harmony is threatened by the competition for political supremacy, markets, jobs and scarce resources. ..."

Value of Deep Gratitude Returns 20-Fold

When you sacrifice your all financially for another party in gratitude for what they had earlier bestowed on you, life tends to instantaneously respond by returning the funds 10-100 fold.

A man was loaned £600 pounds for a business undertaking when he was strapped to the limit. (In modern terms its equivalent value is perhaps £25,000.)

Years passed and his success was only modest. At that time he learned that the party who had loaned him those funds long ago were now themselves in difficult straits. He wanted to help them, but he himself had little more than £600.

He struggled with the issue, acknowledging it could put his own family at risk. However, he felt deeply about returning the financial favor.

It turns out that the day after transferring the funds, he learned that an anonymous donor had sent him 10-20 times the amount he had just spent! It would come from a source completely unrelated to the party he had given the £600 to. Life had conspired to bring good fortune through another friend who felt grateful to him, just as he felt grateful when he gave his last funds to the original party.

That is the life response power of the high human value of Gratitude. Infinite-like results suddenly open up in your favor.

Exceptional and Problematic Qualities of America & Americans

Exceptional Qualities of America, of Americans:

- Work hard
- Organized material life to the hilt
- Accumulated huge wealth
- Brought out the infinite in matter
- Have generally high business values
- Are individualistic, entrepreneurial
- Have assimilated and ennobled waves of immigrants
- Various race, cultures, religions, etc generally get along
- Are generally trusting
- Are friendly and flexible
- A general level of honesty & integrity
- Are generous and charitable
- Increasingly becoming psychologically complex
- Economic and military leader of the world
- Values education
- Generally optimistic
- Value and experience high levels of freedom and liberty
- Other?

Problems in America, with Americans:

- 200 million guns in hands of its citizens
- Weapons proliferation throughout world
- Obsession with violence on tv, games, media, etc.
- 10% own 80% of the wealth
- Averages wages have not increased in 20 years
- Average savings is one months' salary
- Unregulated financial speculation; Black Money
- Surface, material, sense orientation
("Americans think with their bodies" i.e. five senses)
- Can't be still for 5 minutes
- Facile culture
- Many have general contempt for government
- Are gleeful about avoiding paying taxes
- Love benefits that come their way, but are unwilling to pay for it (as tax)
- Often don't practice what they preach
- Diplomatic insincerity
- Support what is in own self-interest, not what is right
- High levels of crime
- Problems of poverty, infrastructure, etc. unaddressed
- Lacking skills for new economy
- Serious falling out with Russians
- Others?

Mother says that Americans are like chicks peeking out of their shells, peeking out into the world, thinking they know everything, how to solve everything, but know nothing (of what is deeper; of higher consciousness).

No Title

When you are connected to Mother, She constantly fills you up with right thoughts, indicates the right course of action, leads you to the right location, and otherwise guide you hand-in-hand throughout your day. The result is startling positive outcomes, spontaneous joy, and deep inner fulfillment.

No Title

Boasting indicates Life's coming abuse upon one's vital/emotional and physical consciousness.

No Title

Churchill who saved the world from fascism when Sri Aurobindo evoked a fog at Dunkirk, returned to lead the country and attracted a poisonous fog that killed up to 12,000 Londoners in 1952. The coal-based smog mixed with the fog, and proved lethal. Sri Aurobindo had by now withdrawn His Force, as He now sought the end of colonialism which Churchill was against. He was soon unceremoniously removed from office.

No Title

Life often creates a schism between one's beloved and one's deep commitment to work and society. It is resolved by a subtle balance that offsets the limits of one's nerves. A higher and deeper spiritual orientation makes that resolution and balance possible.

No Title

To truly know Spirit is to see it in the details of life. To see it only apart from life is a partial view advocated by the Tradition. Modern life demands the spirit's application in the Multiplicity.

No Title

Many of the things you assume to be true are not. So find out more about that subject or matter.

No Title

In the midst of turmoil, inner and outer silence will produce the best outcome.

No Title

Neglecting a matter deserving of your attention compounds it on the subtle, and therefore the material plane.

No Title

We, in Tamilnadu are an ethical culture whose values are enshrined in the Thirukkural. One of our values is to honor another's opinion. Thiruvalluvar goes to the extreme length of saying that even when served with poison we should happily drink it. The other man's point of view is thus sacred. (Sri Karmayogi)

Source of Indian Corruption

Sri Aurobindo used to say, 'I know my countrymen'. Having lost the power of thought, passing through eight centuries of slavery, the Indians who were once known for their prosperity and truthfulness lost both and along with that the self-confidence for survival. It is a wonder that in such depraved conditions we still are left with some things that can be called GOOD. Our political corruption is one expression of a social status developed over almost a millennium.

On Overcoming Indian Corruption Without Condemnation

There is disgust in us for the prevailing state of affairs. It cannot be sufficiently condemned. At this stage, it is better to pause and remind ourselves that by condemning we shall be postponing the day of its exit. Condemnation is a negative appreciation, a negative attachment. Let us know calm comprehension is superior to condemnation. That way corruption will find its exit at the earliest. (Sri Karmayogi)

Organization of Society Around Its Aspiration

Society for us is a collection of a great many individuals or communities. It really is not that. It is an organised entity, organised by its social will. Society has an aspiration. It is subconscious. That aspiration translates itself into social will. It achieves what it aspires for. There is more. Society is integrated in its consciousness around its aspiration not as an organisation but as a live organism like the human body. It is not moral like man. It is non-moral or amoral. One thing is true; it is fully active all the time conscious or subconscious. (Sri Karmayogi)

No Title

A humility that is incapable of being humiliated is needed for accomplishment. (Sri Karmayogi)

No Title

Corruption becomes the order of the day when those who are unfit to be honest employees become the boss. (Sri Karmayogi)

On Corruption

(extracts from article 'Corruption' by Karmayogi)

Corruption has its basis in life, mind, spirit and beyond. Poverty is the basis in life that permits man to seek corrupt solutions. Where poverty was permanent, corruption can develop into a way of life. It is at this stage corruption becomes a culture, acquiring complex social forms with the approval of the society.

Every nation has gone through a phase of corruption. Now they have outlived it. They have done so by education, prosperity and social values.

Corruption is availed of by those who have no self-respect, who are not ashamed of ill-gotten wealth.

Education gives self-respect.

The right person exercising his personality of integrity sends a message to the nation: All is not lost; everything can be saved, if the right move is made.

Corruption is in the form of bribes to political bosses to secure undue favors. So, what we know as corruption is predominantly achieved through illicit money. Still, I should say this is confined to the surface layers of the society. I say so because there are still a rare few politicians and officers who are totally free of corruption.

Government has power enough to abolish corruption if the leader is incorruptible.

One of the laws of social evolution is the worst leads to the best. ...

Corruption now will certainly give the society the lasting significance of great values. All the developed countries now cherish such an experience. ...

It [corruption] is one of the processes of accomplishment before a society becomes civilized and acquires values.

Organisation comes first, values next. India is in such a phase. What is now understood as corruption is an overwhelming flood of good things of life before any organisation can be developed to receive them. Values are nowhere in the picture.

Abundance of quickly advancing prosperity has no patience with values that are constricting. Hence the appearance of corruption

Corruption is a comprehensive process of high accomplishment for competent men not used to the compunction of conscience or cultural values.

Suppose USA which is on the list of corrupt nations in the 8th place decides to move to the first place and eradicates corruption in every form in all walks of life, her hegemony will be at once lost and a nation that is a non-entity now will occupy her place. Corruption at no level can be totally given up without losing the present eminence attained through corruption.

1. It is within our [India's] power to get rid of corruption to a great extent.
2. Whatever the route the society takes, the goal is going to be wonderful.

There is disgust in us for the prevailing state of affairs. It cannot be sufficiently condemned. At this stage, it is better to pause and remind ourselves that by condemning we shall be postponing the day of its exit. Condemnation is a negative appreciation, a negative attachment. Let us know calm comprehension is superior to condemnation. That way corruption will find its exit at the earliest..

Corruption is the most common behavior of the undisciplined member of an unorganised group when they are not caught and punished.

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Corruption becomes the order of the day when those who are unfit to be honest employees become the boss.

Corruption rises in men in whom there is no sense of shame or self-respect.

Societies that have not essentially overcome corruption can develop through corruption.

Presence of violence sustains corruption.

The demagogue is one who can rouse the masses by his mastery of linguistic eloquence. Demagogy differs from eloquence in that the latter expresses thought while the former expresses emotions. It is an instrument that can stir up turbid emotions and can pander to the low tastes of the population. It is a rich soil that can breed corrupt fruits.

Corruption is attractive to non-achievers. They believe they can achieve by corruption what is not attainable. They are unaware of the other aspect of it. Resorting to corruption they will soon be debarred from the zone of accomplishment.

Capacity to accept low standards of living, a low standard of morals breeds corruption.

Advancing technology makes the unscrupulous adopt corrupt practices without compunction.

The native home of corruption is diplomacy. Its shining instrument is the medium of bargaining.

The Book's MAIS Expert System Is Based On Sri Aurobindo & Karmayogi

In Garry Jacobs' novel 'The Book,' the protagonist group's MAIS Expert System draws on the various principles of Sri Aurobindo's metaphysical opus The Life Divine, plus Karmayogi's many spiritual insights and methods for evoking positive response, to create an ultimate system of intelligence that various organizations of the world vie to obtain in the story.

MAIS is not only able to determine the likely outcomes (positive or negative) of any approach or decision that an individual or group takes, but also has the profound wisdom to recommend the very best approach to solve any short or long-term problem occurring in the world. (It thus is not only a technological means of furthering social progress, but also a method of furthering human evolution on earth.)

Trump and Economic Problems of Heartland

Rise of Donald Trump is a negative life response to the USA's inability to work collaboratively to solve its economic and social problems. Negative in that an individual of low character is forced on the nation.

It can be looked on as positive in the sense that the deficiencies of the society can now be more targeted and addressed. This especially so in the South and the industrial Mid-West, where wages have completely stagnated over the last 25 years, and opportunities are limited. On the other hand, the coastal cities have adopted and joined the New Economy, including tech and globalism. These other "heartland area" are backwards, like to maintain the status quo, which prevented them from acquiring the skills for the modern age. They were thus annihilated by globalism, where labor is shifted and utilized to where most efficient. The "heartlanders" sat on their hands when Bill Clinton in the 1990s implored people to acquire the skills of the 21st century. The coastal cities took it up to a large content, and they prospered. The inlanders and southerners remained unmoved, and as a result became angry when things did not change.

And so it is now Trump's problem to deal with.

Trump, Putin, and Russia

The great danger in the world (2016) is the rift between the US and Russia. There has been a terrible falling out. It was mainly caused by the US and the West who humiliated the Russians after the Cold War by ignoring them. The autocratic Putin came to power and is widely supported by Russians because of his forcefulness in the wake of their humiliation.

It is therefore ironic that Trump, an individual of very low character, is amenable to Putin and Russia, and can thus potentially assuage them and reestablish positive relations.

It is continuously ironic that reactionaries like Reagan, Nixon, and Trump who hated communists are able to make accommodations with them (China, Soviet Union, and now again Russia).

And yet America runs the risk of being ruined by Trump's mercurial and unstable Ignorance, which is a further negative response to America for humiliating and marginalizing the Russians.

No Title

She [Mother] wanted Indians to wean themselves from worshipping the Gods in the temple and offer their worship to the Supreme only. Again, this wish has been ignored with the vast majority of the Hindus choosing to visit temples and keep worshipping their favorite gods. (Karmayogi)

No Title

Centuries of persecution of Harijans by caste Hindus led to their alienation and consequent embrace of Islam so that they could be free. This in turn led to the birth of Pakistan as a separate nation. Conversely, a fair treatment of Harijans will lead to the undoing of Pakistan and its subsequent reintegration within the Indian union. (Karmayogi)

Harmony of Nations (2016-17)

With the onset of the Cold War, India and Russia became partners, one reason being Russian belief in the liberation of India during British rule. Then realizing that India and Russia were partnering, the United States began to support the Indian adversary - Pakistan. Each stronger nation of the dual pair supplied the weaker ones with arms, eventually including nuclear technology. The race towards death and destruction had begun. Kashmir and other issues were the fuse. Two nuclear adversaries now stared across one another with hundreds of nuclear weapons promising Armageddon.

With the end of the Cold War matters softened for a while; at least from the perspective of Russian and the US. However, with the continued annoyance of terrorism, the US began to slowly move away from supplying Pakistan with arms. Several years later she found and killed Bin Laden, and became ever more aware of the danger of the Pakistan military in relation to dealing with terrorism. In the US, therefore there began a tilt towards Asia and away from Europe, with warming relations with India slowly taking hold.

In the meantime, Russia had begun to befriend Pakistan, as the latter was in alliance with China. Russia wants to be close to China for her emerging economic strength and markets, and hence part of a China – Pakistan – Russia alliance. And yet Russia continues to supply India with military hardware, one reason being Russia needs capital.

So we see that Russia is playing somewhat of a balancing act. Meanwhile US is allying with India as a counterbalance to the Russia – China – Pakistan alliance. This in turn can cause a strain for both Russia and the US. Russian straining relations with India, her long-term ally; and US with Pakistan as the former seeks help in locating sources of terrorism in Pakistan and Afghanistan.

In addition, we have had the rekindling of a Cold War-like environment recently between Russia and the US, mainly due to Russia's sense of inferiority caused by US and the West's neglect of the Russians following the end of the Cold War, elevating Putin in power as a model of strength to counter their inferiority complex. He seems to relish abusing the Americans, just as they had earlier abused Russia after the fall of the Berlin Wall.

On the surface, we thus now see a US – India alliance vs. a Russia – China – Pakistan association.

So how can this potential conflict be broken? One way is for there to be a cooling off between the US and the Russians, and the same between India and Pakistan. Also, in general, China seeks markets and may be more flexible all around, so long as she does not dwell in their desire to keep certain territories out at sea. In addition, as globalism spreads and the interrelations between nations strengthens, absence of political ties will further defer to economic ones. Finally, since there are problems common to all the nations (lack of jobs, unemployment, debt, unequal money distribution, financial recklessness, the environment, etc.), some intermediary group or organization or nations can help develop strategies for common improvement. Garry Jacobs in a Cadmus article proposes the birth of one such institution.

Aside from the outer, there are "inner means" for further developing further political harmony among the nations. One way is to take inner responsibility for outer conflict by changing one's own corresponding limitations of consciousness. Eg if an adversary nations does something not to our liking, we can discover what in us corresponds to that deficiency; and then change that attitude and behavior. When we do, the outer life will responds in kind such as the adversary suddenly acting in a way that pleases us. We call the outcomes of this powerful inner/outer correspondence a "Life Response."

This and other methods, such as Consecration and taking the other party's point of view are what can be called the 'Spiritual frontier of diplomacy.'

No Title

The Trump voters have legitimate grievances. However currently their means of achieving it appears without substance or highly flawed.

No Title

Globalism is a positive development in the wider scheme of things, as it indicates a further interrelation and integration of humanity through economic development. However, its implementation, currently unorganized in the world, have left gaps where many have suffered as jobs have left, leaving people underemployed and without skills.

No Title

One area where Trump excels is in bullying the weak. However, there is hope. Karmayogi says: "When a bully bothers a timid colleague, others instantaneously rush to his help. It is a response of social goodwill and culture."

Intro to Life Response

An American businessman who promised an Indian fertilizer company a 70 crore loan from a bank, met the Bank of America officers in 1972. In those times, these were novel ideas but

he was determined to call at as many banks as necessary. Bank of America said that only 2 days earlier they had opened their South-East Asian fertilizer division!

In pursuit of an important work, we want to meet a friend whom we have not met for a few years. On leaving our house, in a pleasant surprise, he enters our house. Life is full of such strange events. Literature too is teeming with such incidents. History has the same character. I call this phenomenon of ready help coming in an inconceivable fashion 'Life Response'. "Thank God, you have come," we exclaim. We also feel we are in luck. We are right.

But this is not the caprice of Life. There is a law behind such occurrences. Some half a dozen such events described in detail and the laws underlying explained will make it clear that such a phenomena follow their own rules. One who knows such rules will always discern how such events come to pass. There is more.

Should one not submit to life, but rise above the social average and evoke the Spirit, he can make Life Respond. Life Response is a known phenomenon, not the capacity to evoke a Life Response. Still it is not totally unknown in life. Extraordinarily courageous people say, "Well, I have never been let down". Optimistic persons, when their hopeless project comes round, say, "I know it will come round." It can come round to anyone who relies on the Spirit. (Karmayogi)

Life Repeats Phenomenon in USA Election

Karmayogi indicates that we can predict the future if we truly know the laws of life response, and are able to keep our ego at bay.

In the year 2000 after two consecutive Democratic administrations in the United States, Al Gore lost to the Republican George Bush jr. even though Gore collected more votes. The Electoral College proved decisive.

In Bush's administration, there was one calamity after another - 9/11, hurricane Katrina, a false war in Iraq, and The financial catastrophe that almost brought down the world economy.

In 2016 a very similar set of circumstances unfolded. After two consecutive Democratic administrations ended, Donald Trump the Republican defeated Hillary Clinton even though she received more votes. Again, he won through the system of the Electoral College.

This indicates a repetition; and it is one subtle principle that life will tend to repeat over and over again unless there is a decisive shift in consciousness. And so we see a repetition in this most recent 2016 US election of the earlier election of 2000. That would suggest that the coming administration of Trump will again be calamitous, as it was with Bush jr.; perhaps even more so.

Global Solutions to Economic and Social Problems in Wake of Shocking USA Elections

For several years, I have been speaking about the economic discord in America to a somewhat surprised international audience - including the issues of very stagnant wages for most Americans over last 20 years, 80% of the wealth in the country being in the hands of 10% of the people, intense job insecurity, lack of savings, sense that no one cares or has a winning solution, etc.

I also mentioned that neither political party had a solution to these issues because the issues loom so large, beyond the scope of their ideology and viewpoint. In fact when we step back and examine the situation we see that it is in fact a Global problem not a local or national one alone; one that has taken other shapes - including feelings of lack of opportunity, acute accumulation of debt, extremely high levels of unemployment, vast job displacement in the wake of globalization, a deep sense of hopelessness and rage, inducements towards fundamentalism, nationalism, and terrorism etc. Moreover, these issues cannot be solved by individual nations by themselves as they are too all-encompassing, but can only be resolved at a broader, global level.

The Trump victory is a shock to the system; an indicator of a festering global economic recoil taking its first shape, with many others likely to follow.

Fortunately, one individual, Garry Jacobs, in his recent brilliant article for Cadmus Journal has laid out the problem in full, along with a number of excellent strategies for Improvement. And not just at the economic level, but also in terms of peace, the environment, and overall in what can be called "Human Security."

I advise all those seeking guidance on how to create a more secure life for humanity take the time to read his detailed masterpiece of analysis and call to action. It is an extremely timely article, given the shocking events of late, including the worrisome Trump election.

2016 US Election, Political Establishments, and Vision of Our Future

- Trump is/represents a vulgar, brute force that has also waylaid the political establishments.
 - The Trump victory was a smashing of the Republican and Democratic establishments, though a force without any knowledge of what to put in its place.
 - Trump absorbed the anger of those left out of the global economy that the political establishments were unable to address.
 - The solutions to the nations' and the world's problems lay beyond the two American political parties. That is why they were smashed in the recent presidential election.
 - The two American political parties, being ideological and fixed or limited, are not in touch with the emerging higher solutions for the well-being in the world. Hence they were cast aside by Life in the primary and popular elections.
 - There are insightful individuals who have the solutions to economic and other forms of insecurity in the world, unknown by the establishments, but they need to be heard.
- Here is one great example by Garry Jacobs in his detailed article about the future economic and psychological security of mankind:

No Title

If you don't assume a person will act a certain way, chances are good they will not.

No Title

The prosperity that came to the US East and West coasts through intelligence, entrepreneurship, and skill did not come to the US industrial heartland, the South, and rural America. Trump subconsciously stepped into that breach in order to turn their anger and frustration into success to match their coastal brethren. Furthermore, that possibility will need to extend to the disaffected around the world. For that to happen, new forms of global collaboration will have to take shape, as well as fresh, new insights and policies that have never existed before.

No Title

Indians now have Aspiration and Will for success. What is missing is Organization of that intent in order to focus it, and application of human Values to amplify it.

No Title

The Trump victory is an acknowledgement that the old ways (of both parties) are not working to meet the needs of the dispossessed, though it doesn't yet have a clue of what an effective replacement should be.

No Title

There are many fine secular and spiritual teachings around the world. However, Karmayogi's is of a much higher order because it utilizes Supramental Perception to bring out the integral macro and micro details, across all fields of life, in a way that has never existed before.

Response of Life to Reaction vs Non-Reaction

If you respond to a problem with anguish, the problem will take on new forms and intensify in the hours or days ahead. On the other hand, if you respond calmly, with a silent heart and mind, the problem will dissolve or another form of good fortune will come to you.

A woman was aggravated with her son's actions. The next day she learned that he had committed a crime and was in jail awaiting a hearing.

That same woman a short time after, walked to the ocean's edge and went into a state of peace and calm. Very soon after, her son was found not guilty, and the man she was having trouble engaging in a relationship with suddenly seemed open to the possibility.

Reader: An adjunct is that after consecration, if the problem seems to worsen, that is a sign of the deeper levels of the problem surfacing themselves for resolution. For example, my car went out of gear and refused to take gear thereafter. This fortunately happened in my own yard, and further investigation revealed a rare problem in the gearbox itself. The mechanic was able to diagnose other problems that would not have been revealed during a routine service and sort out both the original problem but two additional ones.

Response: Very true.

No Title

People who are fixed and insist on their point of view, when it is clear they are in the wrong, are inviting being humbled by Life.

From our side, we need not respond with a counter view to their insistence.

And if in due time they have their comeuppance, it is impermissible for the spiritual individual to gloat.

No Title

Unfettered, insistent religious proselytizing, accompanied by a sense of certainty in one's mind, causes human darkness to spread. Humility, on the other hand, has far greater positive effect, penetrating to the soul and spreading throughout life.

No Title

Trump is the latest bursting forth of the infection of human insecurity in the world. More will likely come, and from other directions, including completely opposite points of view.

Terrorism is also a product of insecurity - with an economic source. Financial crisis was an example of extreme excess that amplified insecurity. Disbelief in the institutions of governance, economics, business, etc. to foster human insecurity is another dimension.

A New Way of Thinking needs to meet the challenge of human insecurity accelerating in the world.

Global Crisis Needs New Thinking (by Garry Jacobs)

All of the threats to peace and human security persist and continue to grow. The urgent compelling need for radical change and the growing danger of continued inaction are indicated by the lack of a compelling vision of the future, the loss of confidence in traditional institutions, rising cynicism regarding prevailing economic theory and policies, growing hostility to business and financial institutions, the backlash against globalization, the sense of helplessness to combat climate change, the inward turning of nations, rising disillusionment with established parties and policies, and growing resentment, alienation and violence among the youth. The social compact for peace, freedom and prosperity for all so enthusiastically embraced in the early 1990s has been replaced by a growing sense of uncertainty and insecurity regarding the future of the human community.

This trend is not inevitable. Crises can be converted into opportunities. History confirms that it often requires the intensity and urgency of serious crisis to generate the willingness for radical change. The growing disenchantment with national politics is a negative sign of a positive opportunity. The loss of faith in conventional social theories and policies is a demand for urgently needed new thinking. The failure of international institutions to fill the vacuum

created at the end of the Cold War is an invitation for radical reform. Circumstances are now ripe for bold international political action to promote new thinking, strategies and policies. Opportunity knocks for an international coalition of nations, institutions and individuals dedicated to establishing a new paradigm for global peace and human security.

(excerpted from article "Integrated Approach to Peace & Human Security in the 21st Century", Cadmus Journal)

No Title

A New Way of Thinking needs to meet the challenge of human insecurity accelerating in the world.

Evolution from the Nation State to Psychological, Social, and Cultural Integration Among Nations

Social evolution has progressed up to the level of the nation-state and struggles to advance haltingly beyond it. Peace and human security are still organized on that basis. Yet many of the essential conditions for permanent peace and human security necessitate cooperation and collaboration between nations. ...

Ensuring lasting peace and human security between nation-states will require psychological as well as social and cultural integration. Efforts to achieve global peace and human security can have only limited success so long as our educational system highlights differences in national culture, our economic system promotes competition between nation-states, and our political system places emphasis on national sovereignty rather than human unity.

(by Garry Jacobs; excerpted from article "Integrated Approach to Peace & Human Security in the 21st Century", Cadmus Journal)

No Title

Sri Aurobindo defines Human Unity as "the attempt of human mind and life to grow out of national idea and form and even in a way to destroy it, in the interest of larger synthesis of mankind."

No Title

Observe how a small thought taken in the right spirit can become an opening to a deluge of knowledge.

No Title

Immediately Consecrate any negative condition, thought, feeling, or action you experience - so that it does not later repeat, or indicate a negative final outcome of a matter yet to come.

Black Money and the Common Man

Black Money flows not just from above - from among officials, businesspeople, leaders, and other powerful individuals and institutions, - but also from below through the Common Man. Bonet Kannothe gives a number of examples, as it relates to India:

1. Common man is the one who goes and gets his groceries from a retail shop for cheaper price, knowing that the retail shop hardly pays any tax at all.
2. Common man is the one who prepares fake rental agreements and shows it as proof for HRA.
3. Common man is the one who pays bribe (through black money) to a government official, just to make out work easier.
4. Common man is the one who accepted Rs. 500/1000 (Black money) from both political parties that are contesting elections.
5. Common man is the one who purchases a product without bill, to save money (thereby creating black money)

6. Common man is the one gives maamool (black money) to the police for keeping their illegal shops
 7. Common man is the one who offers bribe (black money) to the police for drunk and drive, not wearing a helmet, etc. instead of paying heavy fines at the court.
 8. Common man is the one who saves money little by little and purchases property and registers for under market value to save money (thereby creating black money)
 9. Common man is the one who gives donation (Black money) to a private school who won't give a bill
 10. Common man is the one who doesn't even understand that he is entitled to far more privileges than he/she is currently receiving, which is drastically reduced to corruption/black money
 11. Common man is the one who complains about the corrupt system but doesn't take any steps to correct the system, but instead keeps on playing the blame game.
 12. Common man is the one who is complaining now that this Bold step is causing inconvenience to them.
 13. Common man is the one who justifies all these acts saying politicians are corrupt, so we can be corrupt too.
- So I am asking how can one cleanup a system that you and me (Common Man) are an integral part of?

No Title

to my progressive friends in America. To the degree that you don't react - in your nerves, your emotions, and feelings, even your thoughts - Trump will avoid doing or dramatically tone down harmful things you perceive. I have already seen proof substantial results of taking to this inner, spiritual approach.

Trump, Putin, and Russia

Many may abhor the reactionary policies and crude personality of Trump, yet his presence has already served to cool the dangerous conflict we have seen brewing in the last few years between Russia and the US. This was threatening the world's stability. Trump's interest in working with Putin was perhaps alone why the higher power acceded to Trump's ascent. In one sense, everything else became secondary to this dangerous escalating conflict.

The next step is to create economic and social well-being for the planet, something that appears opposite of Trump's temperament. That too will play out in direct, contradictory, and ironic ways for the purpose of creating greater political, economic, social, and cultural stability and harmony in the world.

No Title

Instead of merely condemning one's self for mistaken behavior or action, try to uncover a good out of that difficulty or problem. Then you will see how even the negative can serve Life's purpose.

No Title

Inner Guidance comes from the Soul (psychic being). Eg "Yes, do this, but avoid that." Intuition of knowledge enters the mind without thought. (Eg the equation of material life suddenly enters Einstein's mind as $e=mc^2$ from out of nowhere.) Both are spiritual movements evoking the superconscient.

No Title

There is a fine line between anger and righteous indignation. And yet the spiritual individual avoids both, attracting what is necessary and right from the world.

Double Evolutionary Movement; Global Unity, True Spiritual Individuality

There are two simultaneous, yet opposite and complementary movements taking place in our evolution: a macro shift from identifying with our nation to that of the entire world; and a micro movement toward greater individuality culminating in individualistic behavior emanating from the Soul.

In this simultaneous evolutionary development, we fully embrace the fact that we are Americans or Indians or members of any other nation we dwell in, but then we transcend that and identify with the whole of those nations increasingly interlocked in harmony and unity. All nations are then able to work together as one to build a new world beyond one national identity to solve all its present problems, while opening up endless opportunities.

Complementing there is an increasing movement where people express their deepest individuality, not following the herd view, but instead awaken to one's soul and our deepest purpose here on earth, receiving continuous ultimate individualistic guidance from within. In that way, our attitudes, values, behaviors, and actions express a most profound uniqueness and true spiritual individuality, contributing dynamically to our own betterment and fulfillment, as well as that of the world.

No Title

Man must emerge out of his small shell of nationalism and view the wide world as his own. (Karmayogi)

No Title

The two World Wars of this century where fifty million people died for their nations were the symbolic destruction of the human physical rigidity characterised by nationalism. The end of the Cold War, the vital extension of the World Wars, gave rise to globalization and thinking in terms of internationalism. (Karmayogi)

No Title

This moment never existed in the history of the universe, and we are privy to it!

No Title

Apparent impending negatives that carry fear will often dissolve into nothingness when ignored.

Stages of Relations Among Nations

Self-formation of the individual nation state has been the first level of development, taking shape over the last several centuries. It is identity of self of each nation. It reaches its zenith in cultural richness. Yet over time it can become Egoistic, whether as brute force and aggression, or stagnate and ossify - as insularity, as inward-looking separateness from the remaining nations of the world. The Ego of Nations has led to the three great wars.

Identification with all other nations is a further stage of development of the Nation. It sees other countries as part of one's self, and one's self as part of the community of other states. We are just entering this stage in recent decades, with economic globalism an early manifestation.

Individuality to Mutuality to Oneness are the stages for maturation of the individual Nation. We are currently climbing out of the first stage, trying to tether with the second. Our destiny is reach the last one, characterized by the Indian motto "Unity in Diversity."

Expecting a Negative Attracts It

Expectation that someone or some party will act negatively will help insure that it does.

A woman told her friend that the matriarch of the family who was on her way to visit was bound to be highly critical of her and her family. Indeed when she arrived that is precisely

how she behaved. In fact, on her arrival everything conspired to go wrong, fulfilling the woman's earlier negative expectations in the extreme.

As we see it is always best to refrain from expressing a potential negative outcome, as we will give it energy to come about!

No Title

It is often difficult to gauge the truth of things until some time has passed or one has digested the facts and issues from all sides. That is why there is a profound relationship between Truth and Patience.

No Title

As we have seen, Democracy itself, despite all its great benefits, does not guarantee equality in society. Incomes there can be radically skewed towards the wealthy, and the wealth of the country can reside in the hands of the very few. However, a HUMAN-centered democracy does insure much greater equality and opportunity, including for those nations currently with wealth imbalance. Let's see it come about.

No Title

Society is beginning to move from ego-based nationalism to a human-based internationalism, on the way to World Unity.

No Title

What Americans have not yet come to understand is that our problems are simply shadings of broader global problems - economically, socially, environmentally, psychologically, security-wise, etc. And that is true for every other nation on earth.

No Title

Sri Aurobindo asks us to shift from focus on our national identity to a global view of being citizens of the world.

No Title

In a decent society, there is perhaps no more patriotic act than to pay one's taxes. It is the essential covenant between the individual and the nation. We pay in, and the government keeps us secure and free to pursue our aspirations in life.

No Title

Two world wars including 50 million dead and the Cold War that could have ended civilization were the product of unbridled nationalism - both as assertion as well as lack of cooperation among the countries. Thus, sincere Unity of Nations beckons us.

No Title

We think that life is about obtaining what we want, but it's really about what our Soul aspires for in this existence, which our surface being may be at odds with. Therefore, it is worth discovering who we really are; why we are truly here. The answer to those questions lies within.

Citizens of the World

From here on in let us focus on being Citizens of the World, rather than merely of the nation we belong to. That way we can focus on the issues that are increasingly affecting everyone, not merely those that our own countryman are constantly absorbed with. After all, when we

address the issues at the macro level, the local micro levels benefit as well -- i.e. ALL nations, communities, and other collectives.

Sri Aurobindo tells us that the Unity of Nations and the world is our destiny. Let us start today by making some gesture in that direction - as Citizens of the World.

Balaraman's Vision of Mother

Balaraman is a mirasdar living in his native village. He is devoted to the Mother. His entire family is devoted to Mother. His thoughts come to him as images; rather, he thinks in images. Whenever he meets me he used to describe the many visions he had. Some are of Mother and others are of life. I used to think the Rishi was in him.

One day late in the evening he came out of his village house and he was struck by a vision whose immensity immobilized him. Standing on the edge of the road outside his house, he saw a huge light (Brahmanda jyothi). To his great surprise, it fragmented into a million bits of light that spread all over the world, and each bit lodged in one human being. He was overwhelmed by the vision, but by itself it explained nothing to him.

The next morning the All India Radio announced that The Mother of the Ashram had attained Mahasamadhi and She had left her body at 7: 30 p.m. the previous day. This news and the time of Mother's departure immediately helped him understand his previous day's vision. It showed that Mother had not merely left the world but was enshrined in every human heart where a soul lodged. (by Karmayogi)

No Title

There is a difference between having faith in Mother that She will do everything we want, and having faith in Her that She will do what is best for us.

Nationalism vs Love of Country

There is a difference between Nationalism and Love of Country. The former concentrates energy on one's own nation, at the expense of others; not caring about their condition or plight unless it serves one's interests. The latter is deep appreciation of one's nation, of its great attributes and character, and includes a willingness to do what is necessary for its betterment. It also sees how it can aid in the improvement of surrounding nations, as well as how it can be aided by them. It is an harmonic rather than an exclusive view.

Nationalism easily can get caught up in darkness, in the form of mindless self-aggrandizement, chest pounding, and sense of superiority; whereas true love of country emanates light, is expansive, and touches others in a mutually engaging way, contributing mightily to the progress of the world.

No Title

When you connect with your soul, the psychic being inside, you are living in both time and timelessness; actually, Timelessness in Time.

No Title

Calling the Mother from the psychic being within has ultimate spiritual, psychological, and material power.

Global Minimum Wage

With massive underemployment, low wages, spreading around the world due to the negative side of globalism, ownership of the world's wealth in the hands of a few, et al, a Global Minimum Wage has been proposed as a way for people to sustain themselves on the at toward creating future growth.

"Peace and rising expectations fueled by the information age and rising human insecurity resulting from unfettered markets are an insufficient foundation for building a peaceful and

prosperous world. The absence of international regulation and coordination is exploited to the advantage of multinational corporations at the expense of job seekers.

Global policy coordination can stabilize global labor markets, but it will not address the severe inequalities in wages, which are aggravated by the ease with which jobs now move from one place to another. Some form of GLOBAL MINIMUM WAGE which could be graded according to average national income, would more substantially benefit low income workers with minimal impact on total employment. Its main affect would be to remove the price subsidy which presently benefits more wealthy consumers domestically and abroad."

(from article 'Integrated Approach to Peace & Human Security in the 21st Century' by Garry Jacobs)

No Title

Nationalism - separative, ego consciousness that avoids international cooperation - creates problems greater than the issues it hopes to resolve.

Life Orchestrates Startling Confluence in Sports Event

There are ebbs and flows of Life; including ups and downs. Eg a dynastic sports team that was at the top of its field one decade is at the very bottom in the next. Not only that but the new top dog and dynasty rubs salt into the wounds of the once great team now at the bottom.

For example, it turns out that on the very day one poor team served to honor the owner who guided them in their glory days, he was drowned out by traveling fans of the now great team. Plus, it was unusually miserable outside and the stands were mostly empty of local fans since their home team were at the bottom of the standings.

In other words, all of the negative things the once great team did following their reign now rushed toward them in this one sorrowful symbolic event. And out of 32 teams, the very best one had come to the stadium of the worst to humiliate them in any numbers of ways.

It is thus startling and infinitely revealing how Life orchestrates reality down to the smallest detail in such minor (or major) events. Through her actions, Ironies appear at every level. Karmas of the parties come together in startling way, not only indicating the ebb and flows of Life, but the fact that She is indeed conscious.

No Title

In the coming Supramental existence as envisioned by Sri Aurobindo, Prakriti (Nature/Life) and Purusha (Soul, Spirit) are no longer differentiated opposites, but have fused into one essential thing.

No Title

A primitive man perceives only the material reality, complemented by a God in his heaven. A highly conscious, evolved man perceives all planes of existence, from matter to spirit, all intertwined, making up an omnipresent Reality, an All, that is secretly an evolving divinity emerging in every person, every event, everything.

No Title

I am writing these posts so individuals can have the future consciousness of humanity today.

Life Repeats in Accelerating Fashion

A great insight of life is that everything tends to repeat. Eg if a woman is weak in deference to a bullying boss and out of anguish moves to a new job, she will tend to meet with the same situation with a boss there. Moreover, the second and ensuing mimicking iterations will tend be WORSE than the previous. Eg the second boss will not only be insensitive, but she may simply fire people at random. This repeating pattern - that also accelerates in its repetitions - holds true for positive and negative circumstance since Life can repeat along either track.

Another example: In the 2008 US Democratic Party primary, Obama got the nomination even though Hillary Clinton won the popular vote. Eight years later Trump won the US presidency though Clinton won the popular vote. It was a repetition for her; and the second iteration was even worse than the first.

No Title

Human consciousness is so corrupt that people prefer the misery and ignorance of the EGO to the luminous joy that comes from sincere surrender to the Divine. Their blindness is so great that they refuse even to attempt the experience and prefer to be subjected to the misery of their Ego rather than make the necessary effort to free themselves from it. (The Mother, from Agenda Feb 10, 1972)

Comment: Every so often in the course of the day we can check to see if we are experiencing/expressing our Ego. If so, we can catch it in its tracks, avoiding negative outcomes and response from life.

Ego expresses in a thousand ways, among them: being inconsiderate of others, thinking only of one's self, acting in selfish manner, arrogance, pride, superiority, asserting opinions and points of view, not listening, closed-mindedness, boastfulness, dishonesty, deceitfulness, self-pity, ignorance, unbridled desire, self-love, meddling/interfering, seeking approval, feeling spurned, anger, hate, delusional, etc.

Longer term we would need to develop a deeper poise and consciousness within to avoid the reparative inner and outer behaviors of ego.

No Title

Can you move about today and perceive that each thing you encounter is an expression of the Divine?

No Title

We voice our opinion, believing we have special insight into the facts on a matter, when in fact we barely know a fraction of the truth. That alone should humble us, but instead all-powerful, impenetrable Ego fixates on what we believe to be true, thereby holding sway over our lives.

No Title

Sri Aurobindo indicates that neither the current Scientific formula, nor a perfected economic society, nor democratic existence, nor varying structure of governance, nor religion are enough to create the higher, perfected, divine society and existence that the world is moving towards. It is the Spiritual Change of individuals that alone can transform the race and bring about a new perfected Divine Life on Earth.

No Title

When you are on the precipice, and circumstance seem dire in the extreme, a sincere, emotionalized prayer will always be answered.

Small Act Attracts African Doctor's Great Turnaround

We have seen over the years that a willingness to overcome a hesitation to engage in the smallest act can open the doors to infinite-like results from Life.

In a true story, an African doctor living in rural France found himself about to lose his license due to the acts of several vindictive individuals. In addition, his wife ran out on him for spurious reasons.

In the midst of this his child asked him to take him to a soccer match, something that was the furthest from his mind. However, in deference to his child, he gave in. There he discovered that his daughter was one of the players, in fact the very best one on the team! Now suddenly

everyone in the town was on his side, and the devious individuals who plotted against him meekly scurried away. In addition, his wife came back to him at the same moment!

What could have precipitated this vast turnaround? It was a willingness to engage in a small compassionate act; in this case, accede to the request from his child, while in the midst of a terrible ordeal. His capacity to defer to the boy, when most individuals in his predicament would focus their feelings laser-like elsewhere, attracted the sudden, vast, and unexpected turnaround in his life!

Comment: It shows how the smallest, the seemingly insignificant act can have an enormous impact on our lives. That the infinite is waiting in potential to come out of every finite act, thought, feeling, etc. And that is because every finite has its source in the Infinite Consciousness.

No Title

With Mother's Consciousness you can control the weather, make bad people disappear, end an on-going crisis, make well the seriously ill, stop wars that are about to start, make foreign enemies retreat, evoke protection from an impending attack, bring the future into the present, cancel the burden of the past, cancel apparent negative certainties, quickly turn opportunities into realities, discover the truth in a confusing situation, get right to the heart of the matter, accomplish in a day what takes a month, find what seemed hopelessly lost, appear at just the right moment, avoid natural disaster that has come to neighbors, become more beautiful or handsome, evoke opportunities out of nowhere, make one's face constantly shine, have one's heart constantly open, turn scandal into fame, observe the judge suddenly reverse in your favor, quickly go from the bottom of the barrel to the top, come in contact with one's soul within, perceive others as extension of one's self, continuously feel happy inside, have unruly children become still, argumentative spouse become agreeable, hear divine music where there was none, become more intelligent, stronger inside, more sensitive to others, have your work already accomplished for you, turn critics into adorers, mean landlords into self-giving helpers, long-delayed problems being solved, argumentative relatives agreeable companions, uninteresting situations into thrilling discussions, cruel bosses into compliant mentors, sick friends suddenly healed, no one in line when you check out, broken machines suddenly start working, inadequate supplies turning into abundance, miserly friends acting generously, perceive insights everywhere, constantly see right flow of life, costs get reduced, value/benefit increases, hostile friends retreat, support from unexpected sources, stuck traffic starts moving, work heads toward perfection, everyone seems friendly, ...

Karmayogi: Supramental Avatar of Knowledge

A genius is one who brings out ultimate knowledge in a field in his time, more often than not emanating from experiences of spiritual mind - i.e. through silence, vision, intuition, etc.

A genius also normally applies himself to a particular field - like Einstein to physics and Ramanujan to mathematics. It is however rare to apply one's genius to multiple fields simultaneously.

And yet Karmayogi has done just that. Through his genius-based efforts he has brought out infinite-like wisdom from many fields of life simultaneously - including the domains of social development, education, history, literature, economics, spiritual growth, human evolution and transformation, and the nature of creation and reality.

And he has breached, gotten to the essence and core of each of these fields in vast detail through many thousands of unprecedented, ground-breaking insights, a feat unknown in the world till now.

Moreover, he has INTERCONNECTED these thoughts in unimagined ways, creating in essence an Integral Wisdom across all fields of life. Over the years I have thus referred to him as a multi-dimensional Spiritual Genius.

I am even tempted to say he has attained Supramental Genius in the plane of Knowledge. Ie become an avatar-like Personality for our time and all time. One whose Wisdom can move the world forward toward its infinite possibilities in this accelerating Mental Age.

Reader: I love this post sir. You have put in words what I feel in my heart. Appa has also helped the growth of so many individuals so that we may become like Him. Appa's writings are a revolution for the Indian. If we follow it truly, very soon India will be at the top leading the world.

Response: Thank you for that very true insight about India's potential great advantage through Appa. Perhaps we can say that the Knowledge is fully supramentalized when each of the things Appa wishes to happen, as expressed in the thoughts, does so.

No Title

As an evolutionary movement out of Ego, Property will increasingly be given up.

Controlling Negative Reaction Attracts

When you refrain from reacting to the negative intensity of another, - whether a boss, leader, politician, peer, subordinate et. - their behavior will invariably start to soften in the days and weeks that follow. It is additional proof that you really can alter conditions of life from within.

French Fry Ego Lesson

We can see the negative-attracting power of Ego in this innocuous little true incident I just experienced:

Two young boys are squabbling over who gets the larger portion of one order of French fries. One boy grabs as much as he can, while the other pulls the tray to the opposite side of the table to keep away the food! A truly pathetic incident to observe.

As it turns out, to the very end they engage in this friendly yet irritated competition for the upper hand.

When they then exit the restaurant and come to their bikes, one boy notices that the back wheel has gone flat. They're not too happy with this development, and of course ignorant of the subtle cause.

It is a simple but true exposition of the power of Ego to attract the negative, and do so virtually instantaneously to their false behavior.

Actually, unbeknownst to us, we too are engaging in such behaviors all the time, with the same negative-attracting results that follow.

Only in our case God is observing these situations, and shaking his head at the pathetic selfish, egoistic Ignorance on display!

No Title

Many people seek a cadre of friends. In higher consciousness, the opposite takes place, as many old friends disappear, and key new ones appear unsolicited, corresponding to new stages in one's life.

No Title

Friends disappearing and others appearing on their own is a sign of one's rising consciousness.

No Title

Can you sense, feel the Soul in each person you come in contact with?

No Title

An act that takes a good society from tax-evasion to tax payment is a patriotic act.

No Title

Selfish people do not perceive how being benevolent can attract all that they want, and more.

No Title

Five ascending levels of Prayer:

- (1) please dear Lord, God, Mother let me have such and such and such
- (2) please dear Lord, God, Mother remove this problem from my life
- (3) please dear Lord, God, Mother help me correct my ways in order to improve my life
- (4) please dear Lord, God, Mother show me how to become a better person
- (5) please dear Lord, God, Mother I surrender to you all my life, purpose, and being

Pollyanna's Conscious Happiness Attracts

In the course of our day we experience many things. What follows each depends on the attitude we bring to bear. One key reaction to the unfolding of our day is whether we see things in a positive light or from a darker perspective. When we react cheerfully and happily, not only do we feel more energized and uplifted, but we attract positive conditions from life.

In the story of Pollyanna, a charming young girl very consciously has this positive view of life. Moreover, she aggressively yet sweetly advocates others to practice it as well. In fact, she continually asks them to play the "gladness game;" i.e. to consciously see each moment in a positive light.

Though they are resistant at first, they come around and see the wisdom in the little girl's approach, and as a result each of their lives turns around. Good fortune follows their efforts.

As a result, the people of the town are deeply grateful to Pollyanna for showing them a better way to live their lives. In essence, she has attracted goodness and happiness from every quarter.

Comment: I am tempted to say she is a child guru, and therefore one could devote one's self to her "teachings." In essence, she is at war with pessimism in the world, and she asks all to follow.

Reader: As a total aside, the author of Pollyanna, Eleanor H. Porter, is from Littleton, NH, which is where I frequently do my grocery shopping (I go between North Conway and Littleton since I live in between both). Perhaps it is a coincidence (yup...right!), but Littleton - which honors the book and author and has a bronze Pollyanna statue - is well known for its very courteous driving on its Main Street.

I have never been able to figure it out, but I have never been in a town where nearly everyone "gives way" and allows cars to easily enter traffic from side streets, people wave and smile while crossing the street, and more. John and I always marvel at how "good" it just "feels" to be able to participate in such an upbeat way of helping others - even when it's just a simple act of letting people get into traffic.

Perhaps that "gladness" from the literature has somehow rubbed off on the people in town. Not that the town isn't without its issues, but it really is interesting that no other town I've ever been in has that particular vibe...

Response: Thank you Kathy for sharing your fascinating connection with the story.

We see that a simple but profound idea in the author's mind has not only touched many people, but continues to spread throughout the (real) town and around the world.

At the end of the story of Pollyanna there is a shine on all the faces of those who had been touched by her, and they are now able to further spread that positive attitude, appreciation and goodness to others. What a response to Pollyanna's conscious decision to view things from the bright side of life.

No Title

We are living the past's future, and the future's memory.

Reader: What does this mean sir?

Response: In the past, we imagine the future. We are now in the present living that out. Also in the future, we think back through memory. We are in the present creating that memory.

No Title

How can one know what something Truly is if it is always being compared to something else?

No Title

The mind does not readily perceive that Life can rapidly move forward through negative circumstances.

(It reminds us that from the highest perspective, the divine Reality is the ALL, is all things, including both positive and negative, and therefore everything together serves a purpose in moving conditions forward.)

Global Minimum Wage

To overcome low wages, low savings, under employment, and a general sense of insecurity of citizens around the world, Garry Jacobs, the CEO of the prestigious World Academy and VP of Mother's Service Society, has proposed a Global Minimum Wage.

"Peace and rising expectations fueled by the information age and rising human insecurity resulting from unfettered markets are an insufficient foundation for building a peaceful and prosperous world. The absence of international regulation and coordination is exploited to the advantage of multinational corporations at the expense of job seekers. Global policy coordination can stabilize global labor markets, but it will not address the severe inequalities in wages, which are aggravated by the ease with which jobs now move from one place to another.

Some form of global minimum wage, which could be graded according to average national income, would more substantially benefit low income workers with minimal impact on total employment. Its main affect would be to remove the price subsidy which presently benefits more wealthy consumers domestically and abroad."

(CADMUS JOURNAL Volume 3 - Issue 1, October 2016 Integrated Approach to Peace & Human Security in the 21st Century Garry Jacobs)

Power of Withholding Response

When you restrain yourself from responding to a questionable idea being asserted, others tend to soon come forward and make that point for you. (They are in essence picking up your energy or vibe, adding to what they believe, and moving your/their position forward.)

A woman made a blanket, highly-questionable remark on a particular subject on the Internet. An insightful man reading her remark saw the holes in the argument. He was energized to respond, but held himself back. A short while later, someone else responded to the woman with a well thought out retort. It was virtually the same thing the insightful man wished to say, but held back.

The incident was simultaneously an example of the Life Response power of Not-reacting to another's intensities; as well as the power of Silent Will, in which you refrain from voicing your position, causing them or others to speak it out for you.

Both tend to attract unexpected, startling results from the field of life.

No Title

An individual can have terrible viewpoints on virtually all matters, yet have one insightful perception that can save the day. In that way, we need to be open to all people and what they say - even the brute, the bully, and those otherwise absorbed in falsehood.

Subtle Synchronicity

Increasingly a respected, insightful man was told by individuals that his daily remarks often exactly corresponded to things they were just now experiencing, even though they had not

been in contact with him in any material way. How could he know what they were experiencing; or have his thoughts be synchronous with what they were experiencing?

He understood that it was due to the fact that he was increasingly moving into a wider field of existence, beyond the bounds of his individual self, into what we may call a "universal consciousness;" where their world and his intersect in the subtle plane.

No Title

When a serious problem reveals itself in society, we often see the lowest element step in first to address it.

No Title

In Integral Yoga, we are constantly shedding the old skin of who we were for something Marvelous we are Becoming.

How Indians Triumphed in America

"Today a quarter or more of the Indian-born workforce is employed in the tech industry. In Silicon Valley neighborhoods, such as Fremont and Cupertino, people of Indian origin make up a fifth of the population. Some 10-20% of all tech start-ups have Indian founders; Indians have ascended to the heights of the biggest firms, too. Satya Nadella, Microsoft's boss, was born in Hyderabad. Sundar Pichai, who runs Google, the main division of the firm Alphabet, hails from Tamil Nadu."

I hope you get a chance to read this uplifting article from Dec 1, 2016 edition of Economist magazine below:

No Title

"We are all drops of awareness, in an ocean of consciousness." (unknown)

No Title

When an opportunity presents itself, shift from indifference to sincere interest, or from vital enthusiasm to consecrating the possibility.

The Complete Opportunity

We can make perfect an incoming Opportunity by responding to it through a Complete Act:

- (1) The Mind perceives the Opportunity and possibility. It registers as a solid idea.
- (2) The idea then garners the emotional sanction and will of the Vital. There is a real desire for it to happen; for the Opportunity to become real.
- (3) The (Physical) body then executes it by taking whatever action is necessary, while demonstrating right attitudes and skill.

Life then invariably cooperates through that inner and outer effort. I.e. The Opportunity blossoms as a reality.

If the Opportunity is also consecrated, then a powerful development is bound to take shape.

Alternately, if you Consecrate the very moment the Opportunity arises, and then detach, you can attract something unprecedented in Life.

Reader: This is exceptionally relevant for me right now, Roy... I'm going to do a bit of consecrating on a particular opportunity that has presented itself. However, the opportunity isn't just mine for the taking - my work needs to be reviewed and accepted in order for me to be able to participate and use the opportunity. It's rather important, and I want to approach it in the correct manner.

No Title

At each point you think of the Mother, the spiritual Force instead of the Problem, Life cooperates and acts in your favor.

Life Responds to Balance in One's Life

If you create more Balance in your life, good fortune will quickly follow. In which areas then are you negligent and therefore deficient?

Eg an individual scores himself on giving proper attention in various the areas of life:

Work 110%

Family 60%

Health 70%

Friends 80%

Chores: 50%

Other: ?

From this we see that this sample individual is overworking a bit, needs to put more energy into Family matters as well as chores, and somewhat improve health. When he takes such action within a few hours or days Life suddenly comes forward with positive developments, whether in the changed area or somewhere else. It will be a miracle to behold.

Life Response Power of Embracing Another's Truth

The more you do what people suggest or ask of you unhesitatingly, the more life will cooperate with you: even if what they ask of you seems wrong-headed!

It is because when the mind expands to embrace others' viewpoint, it moves one from the part to the whole, from the local plane of truth and knowledge to the Universal. Moreover, it is not so much the details that matter, as the willingness to join the Oneness of existence by embracing others' truth.

A man was asked by his friend what the frequency of being paid on a new service he subscribed to. At first he took it lightly. Then he looked into it, and discovered that there was a simple system to get paid, and that he would receive his due funds much more quickly than he had believed!

Because he listened to and acted on his friend's question, he was ushered into wider field of existence, from which life tends to respond in your favor!

No Title

"Taste of Ignorance" = taking pleasure in one's Ignorance, believing it to be the truth.

The Tutor: Astonishing Life Response Association Between Distant Past and Present

We ordinarily perceive events occurring in the present, and then as necessary are able to make associations between them. I.e. we readily understand the cause and effect relations among them. However, we don't easily see how events from the Distant Past relate to our present experiences, nor do we perceive that these associations are really quite startling. Let me give you a recent example.

About 40 years ago, a friend of mine invited me to tutor individual students in a class of Dyslexic children. I ended up doing one-on-one sessions in mathematics and other subjects with several students, one at a time. It turns out that had a particularly memorable (and amusing) session with one of the students; one that my friend and I enjoyed discussing over the years.

It turns out that I renewed my friendship of 40 years about a dozen years ago, and my friend and I would email one another several times a year. We even visited one another several times. Well, one day several months ago, I came to realize that my friend's invitation to teach in the school of the Dyslexic children all those years back was actually the beginning of my 40 years' instructor career! I never made that association till then, and so I felt gratitude toward him and that opportunity.

Now here's where the story gets interesting. The other day I did my first tutoring session in 40 years with a young man, as all the rest of my instructing for all those decades was in corporate classroom training in California, mainly in the San Francisco Area, including Silicon Valley. And so this small tutoring job was harkening back to the one-on-one work I first engaged in decades ago and never really did since. That is until the other day.

As so after the session was over, I exited the facility and got into my car. I then picked up my Smartphone and looked through my email. It turns out that only One message arrived. However, when I looked closer I was startled to realize that it was from my friend of 40 years ago!

In essence, because I had done a one-on-one tutoring session just now, essentially my first in 40 years, I moved into alignment with the very person who gave me my one and only previous tutoring session 40 years ago! Thus, the present and the distant past were intimately, inexorably connected.

From this incident, we see that Life is really Conscious. It "keeps track" of the past and coordinates it with events in the present and the future, creating innumerable startling associations. We call them Synchronicities, though I refer to them as responses from life, or Life Response.

It turns out that they are occurring all the time, but we miss them because our "subtle antennae" are not engaged. When they are however, we continuously experience the most startling circumstances, linking past, present, and future. Moreover, the startling experiences energizes us to no end.

We call such experiences, moments of "Instantaneous Miraculousness," and it is there for us to perceive at any time we make the effort to closely examine the events in our lives.

No Title

Devotees of the Mother who dedicate themselves to a field or work subconsciously attract results that affect the entire society, though they may not know they've been instruments, or had any great personal success in that area.

No Title

We have seen the stunning power higher levels of cleanliness has to attract good or great fortune; in particular, greater money and wealth. And so we applaud India's monumental effort to increase its level of cleanliness and orderliness. Only good will come of it.

Vast Benefits of Being in "Time" Instead of "time"

Normally we are in the present, while being "burdened" by the past and the future. I.e. as we move from moment to moment, our view of reality is affected by our past experiences and our future expectations. It causes the present to be clouded by past and future. It is not therefore the pure Present.

However, when we are in a higher consciousness, our inner being sends up guidance of those things from the past that would be helpful for the current moment, while also providing intimations of the future of where we are truly headed. This heightened awareness in the present gives us great advantage in navigating our day, whereas the normal, lower consciousness approach is filled with obstacles that lead to poor choices and decision making.

The key however is to deepen your consciousness on a regular basis so that past, present, and future become one undivided Timeless reality that enables you to take right action that attracts infinite-like results.

It is the difference between living a life of "Time," rather than "time." The former enables 10 times the results in the course of your day.

Regular Consecration (opening to the spiritual Force), and constantly taking others' viewpoint deepens the consciousness, shifting you from the experience of time to Time, and thereby attracting its startling inner and outer benefits.

Cosmic Time Leverage

Before there was space and time there was timelessness, where all is linked. Even when space and time came about, it was integrated as supramentalized consciousness. Past, present, and future are One.

Now we can experience the same when we rise in and deepen our consciousness. Then Life becomes a startling Mind trip as we experience the Oneness of Time in our daily experiences. It gives us cosmic time leverage that enables superb decision making, and the startling positive life response conditions that follow.

Self vs Life Initiating in Terms of Success & Response

There is a difference between your coming up with a notion /idea and then taking action on it, compared to Life presenting the opportunity to you in the first place and your acting on it to fulfill it. When you initiate to fulfill your own idea, it tends to succeed far less often than when life comes to you with the idea/opportunity and you respond to it, taking it up in full. The latter not only succeeds more often than self-initiating, but also attracts very positive results. Actually, when devotees take up a Life Initiative, a life-originating opportunity, it is really Mother who is behind it.

No Title

When you take an interest in something you are not normally interested in, Life suddenly takes an interest in you.

No Title

Sudden, great success of local sports team is often accompanied by great tragedy or astonishing positive developments in the wider community, whether ongoing or recent.

No Title

Honesty is aided by accurate, precise thought based on truth; perceiving the practical and emotional value in it; and then expressing it accordingly through right inner and outer behavior.

No Title

Impatience and accident go together.

No Title

Solutions to intractable problems rapidly occur amidst absolute calm and infinite patience.

No Title

We must stop confusing religion and spirituality. Religion is a set of rules, regulations and rituals created by humans which were supposed to help people grow spiritually.

Due to human imperfection, religion has become corrupt, political, divisive and a tool for power struggle.

Spirituality is not theology or ideology. It is simply a way of life, pure and original as was given by the Most High. Spirituality is a network linking us to the Most High, the universe and each other. (Haile Salassi)

Reader: To my understanding, it's Study, Research or Realization of how life or Spirit involved in matter which can be done with their own instrument which is our Physical Body and its components. It's what we Call Education I think.

Reversal of Attitude About Job Re-Attracts It

When you make a decision not to take up an opportunity, but then see the error of your ways, the possibility suddenly comes back to you again ON ITS OWN! It is a reminder of the Life Response power of shifting one's attitude to the positive.

An instructor was offered a training job, but did not accept it because the commute seemed unworthy of the effort. However, then he discussed the issue with a friend, and saw the error in his ways. He then sighed that he made a mistake and that the work was lost.

Within two minutes of that contrition, the opportunity came back to him through his agency! He sat there stunned about something he thought was gone forever. What seemed utterly improbable had now become the reality!

The instructor then went ahead and responded positively to the opportunity that returned to him.

Life Response Power of Giving Up Our Opinions

We love to offer and assert our opinions. Yet when we give them up life cooperates and new opportunities come our way.

(The opportunities come in the area OPPOSITE where we earlier asserted. Eg if we favored one group over another, by giving up opinions in that direction, we receive opportunities originating from the opposite side.)

No Title

Current state of the world is Disunity on the way toward Global Unity

No Title

Over 100 years ago, the business barons in the United States cared little about the plight of the worker, but that changed due to adoption of higher human values in corporate America. In recent decades, companies have continued to care little or just play lip service to helping resolve the problems of society; however, that too is beginning to change. And Human-centered Values among the players is once again leading the way.

No Title

The more you hate the leader (even without expressing it), the more he will act in a hateful way. Silent, unemotional concern, even forgetting the matter has the effect of Life's circumstance reigning in the abusive leader, or creating unexpected negative conditions that greatly weaken him, even humble him.

No Title

Silence - of speech, thought, even movement (stillness) - attracts positive conditions from out of nowhere.

Meditations on Spirit and Evolution of Life

-Through our psychological and spiritual growth and evolution, the world is increasingly being divinized; which is God's intent.

-Through evolution of Life on earth, the world is becoming God. God in material form.

-God has become the world, and through our consecrated efforts, the Mother we are bringing out its full divine nature.

-Opening to supramentalized Force, Mother hastens the evolution and the divinization of life on earth.

-God has hidden himself in Life so we can have the joy of re-discovering Him in it.

-Rediscovering God, the Divine in life is Evolution.

-Evolution is the re-discovery of Spirit in life.

-God is ultimately both Spirit and Life. The All. The Reality.

- God, the Reality is everything that is, and everything that isn't.
- Matter and Life are God in disguise.
- The outcome of our spiritual evolution is Joy spreading throughout the world.

No Title

Evolution is growth in consciousness.

No Title

Trump is helping America and the world evolve by devolving.

No Title

The Heaven we seek is not beyond this world, but in it.

No Title

Custom education to meet the needs of each individual person is where the future lies

Psychic Being/Evolving Soul

The Soul, Jivatman is a spark of the Divine, eternal. It goes back to Being when the individual dies.

The Psychic Being, which Sri Aurobindo said was his greatest discovery, is an adjunct to the Soul. It is an Evolving soul, entity which is learning from each successive birth it inhabits in order to continue its journey from Ignorance to Integral Knowledge.

In that process, it deepens the inhabitant's consciousness, opens one to the divine Shakti, the Mother, enabling the supramental transformation of his being and the life around him, and the establishment of a new race of individuals, culminating in a Divine Life on Earth.

No Title

Intense vital movements short-circuit money.

No Title

In many fundamental ways animals and humans are very much the same. Sri Aurobindo calls Man the "thinking animal," evolving toward a true Human existence; and eventually a New Species and Supramental Life.

No Title

Krishna said in the Gita "you can become anything you want to become."

No Title

Sri Aurobindo indicates that Life is evolving through the evolution of consciousness. And Consciousness is evolving through the Organization of Life. The two go together.

Thus, our life is developing because we are becoming more conscious. And our consciousness is gaining power because of the life we have developed outside. (MSS)

No Title

In Sri Aurobindo's epic poem 'Savitri' (essentially the Mother), she has come to defeat Death as a reality in life, which her lover Satyavan represents through his plight in the story. Savitri succeeds and conquers death, ushering in a New Spiritual Age.

It is then our goal as humans to do the same in the evolution: to overcome death as an end goal of the transformation of our being through the development of a supramental consciousness by opening to Her Force.

No Title

When we are patient we perceive what to do and in the right order, understand the necessary time period required of each, and yet are fully, quietly absorbed in the needs of the present.

No Title

The pioneer will often be condemned for his actions or beliefs from all quarters. At a later stage, the new values he has brought forth will become those of the society itself.

No Title

Patience is not getting ahead of yourself, which puts you in harmony with the rhythm and flow of Life, thereby garnering Its cooperation with your efforts.

The Small Opens to the Infinite

Often times a great opportunity will come out of a small association with another person or group. So keep focus on even the smallest matter or detail between yourself and the other party because it might lead to an opening to the infinite!

(It is proof that within the finite, the smallest thing, lies the infinite. That is because within it is an involved Consciousness of infinite possibilities of Divine origin.)

No Title

Being silently bothered by circumstance, even when you are in the right, only aggravates it.

No Title

The whole world wants to partake in prosperity. It's not just for elites. LIFE wants that to happen. We are currently in that transition. Events expose all the things that are preventing that new reality from taking place. Just now the dams are being broken. A more just, fair, and humane world awaits us.

No Title

Beneath the outer veneer, the global economy is being driven by Financial speculative forces bringing great wealth benefit for the few, disregarding the vast needs of the many.

No Title

Perhaps the most significant political development since the end of the Cold War was the West's humiliation of the Russians, marginalizing them in global decision making. Gorbachev, MSS, and others have expressed this view. The rise of authoritarian, undemocratic Putin and his popularity there can be understood in this light; as a way Russia is trying to gain self-respect.

Controlling Emotion through Rational Mind

The rational mind controlling the dark vital/emotional being is a key to personal and spiritual growth.

Eg let's say in the middle of a work you are informed about the latest development concerning funds coming your way. You react to the situation with emotion of high anticipation. However, then you catch yourself, and continue your focus on completing what you are now doing, putting the incoming email to the side for a moment. Then you also remember to consecrate

the incoming email as it can be good or bad news. When you then get to the email, you discover to your delight that all has worked out fine.

By having the rational mind control your vital emotions, you are able to attract positive conditions. Consecrating it takes it one dimension further, evoking optimal results from the field of life.

No Title

When a problem is investigated from all sides, the solution is relatively easy to discover and implement.

As Universal Beings, We Can Change the World from Within

We think we are just are our own limited individual selves. Yet we are much more than that. We are the entire universe; actually, we are the Reality itself; the All; undivided, Infinite and Eternal.

This means that from within we can alter anything about ourselves, our friends, our families, our work, the community, the nation, the society, the world, and the cosmos. We have that power within ourselves. By opening to the power of the Divine Mother, we can target and project our Aspiration on all and anything. Life WILL respond.

Startling Double Synchronicity with Baggar Vance

The other day I had a marvelous experience I would like to share.

A friend of mine and I decided to watch the film *The Legend of Baggar Vance* (from 2000), which I had seen several times before over the years. It is essentially the Bhagavad Gita presented in a modern context. It is the tale of the local golfer Junna (as Arjuna) competing against the two greatest golfers in the world. Junnah/Arjuna is guided by Baggar Vance, who is the equivalent of Krishna. (The title "Baggar Vance" is similar to Bhagavad Gita.)

Baggar shows Junna not only the keys to golf, but to Life Success. He shows Junna how to become "one with the field," enabling perfect execution in works; here meaning the capacity to execute the perfect golf shot. Baggar also reveals himself as a supernatural divine presence; infinite and eternal, which Junna begins to realize he too can become.

While watching the film I could feel the essence of Krishna coming through the performance of actor Will Smith. Junna is also convincingly performed by actor Matt Damon.

Then my story changes. The next morning I headed out to a client, but before that I stopped at a restaurant for breakfast. At the facility, they have several mounted televisions - presenting various content, like news, weather, human interest stories, sports events, interviews, sitcom excerpts, etc.

However, when I got there that morning and looked at one of the screens, I saw that they were showing highlights of women golf pros performing at their craft. I immediately saw the connection with watching *Baggar Vance* the night before. I smiled at the synchronicity of the two events. It was a million to one shot of this taking place, yet I have had this experience hundreds of times before.

A minute later the presentation on the tv changed and instead there was an interview with none other than ... Matt Damon! The very actor who played Junna in the film from 2000 I watched the previous night!

I was stunned and gripped by the profundity of this super response from life; as if Krishna had simultaneously orchestrated the situation and blessed me with his cosmic smile.

It was a trillion to one possibility, yet it occurred.

And It was yet another reminder that when we deeply focus on something - here the powerful spiritual-like events in the film - more of it comes to us from out of nowhere.

Then you realize how cosmically interlinked all things are in the universe, something we can constantly perceive if we just open our eyes.

Reader: Beautiful lesson today, Roy, and I enjoyed that YouTube clip. In another addition to your story, here's a little "coincidence" for you: The other night, we had the TV on and for the

first time in my life I saw the name of that movie, "Legend of Baggar Vance" in the movie listings. I had absolutely no idea what that was, and very nearly turned it on to see, but didn't feel like I had the patience for a movie. It is now on my list of must-sees!

Reader: 10th December was Gita Jayanthi here in South Africa. I'm not sure on which day it would have fallen in the USA with the time difference, but surely an interesting synchronicity.

In the Wake of Russia's Humiliation

25 years ago, the Cold War ended, but the West and its leaders claimed victory, leaving Russia feeling humiliated. Years of further humiliation followed as the Russians were left out of new developments in the world, and were threatened by an advancing NATO. She then turned around and elected an autocratic, undemocratic leader in Putin to gain a sense of self-respect. Because the West did not embrace Russia as an equal partner at the end of the Cold War, Russia acted aggressively through Putin.

Her hacking the US in the recent election was the most brazen act yet in Russia's attempt to rise out of her humiliation. She was usurping democracy in order to put in place a leader (Trump) who was, despite his many awful characteristics, a friend of Russia; even an autocratic, undemocratic, mercurial, and dangerous Russia.

In one sense, we have returned to the moment of the end of the Cold War, and the question of whether Russia and the West are equal partners in the future is once again being raised. It is occurring through negative events, with negative actors playing out on the world stage. It is life responding to the West's insensitivity to the Russian Bear 25 years ago.

No Title

Karmayogi says the Chinese (like the Indians) are a subtle race. You can see this quite clearly in Lao Tzu's 'Tao te Ching,' which contains a number aphorisms and principles of what are essentially methods of evoking sudden good fortune, Life Response.

Being Prepared for Our Future

"Y2K should serve as a cautionary tale for us. Not so much for what took place, but for what didn't."

When the clock ticked to the year 2000, many on earth were fearful that many systems throughout the world would fail, leading to global catastrophe. Instead everything seemed to go smoothly, startling many who thought doom was imminent.

Then in the aftermath of "U2K," many in the media claimed the effort to upgrade systems' computer code for the new millennium was all a waste of time, since nothing happened.

But was it a waste?

A few months after IBM claimed that if it had not engaged in extensive reprogramming, it would have lost hundreds of millions if not billions of dollars itself. Multiply that by many hundreds and thousands around the world and it indeed could have been the greatest technological and economic catastrophe in history.

Being prepared is a thoughtful work; a quiet one too as one does one's best to insure smooth flow of life in future. Too many of us live for today, forgetting that tomorrow beckons.

And yet if we are conscious, we can sense subtle danger that lies ahead, and act now to prevent future catastrophe and ruination. That goes for ourselves, our families, our communities, or anything else in life.

If that is the case, then we can ask what are those aspects of the future that we ourselves are neglectful of, unprepared for. What future disasters can we avoid by being thoughtful about the exigencies of the future.

Y2K should therefore serve as a cautionary tale for us. Not so much for what took place, but for what didn't.

PS By the way, Life has a funny way of cooperating with such conscious attempts to safeguard our future by working on our behalf when we arrive there.

True AI Wisdom

We can only develop true Artificial Intelligence (AI) when we understand the true nature of human and cosmic consciousness, as well as comprehend the subtle laws of Life. Sri Aurobindo and Karmayogi have revealed all of these for us, much of which is explained in Garry Jacobs' novel *The BOOK*, about an AI company that has come upon and incorporated the most profound Wisdom of Life in their AI software that can solve any problem on earth.

No Title

If your belief in a matter is determined by your biases - political, religious, social or otherwise, - you will never know the Integral Truth of things.

Broadcasting One's Success Attracts Negatively

As soon as you broadcast your success in a given area, it immediately begins to diminish.

Eg a man somewhat proudly pronounced how he was helping the organization he was part by contributing content. The next time he went to that source of information for new developments, he discovered that it had virtually dried up!

No Title

Mind living on the surface is fooled by first impressions.

A "Complete Work" that Evokes the Infinite

Krishna indicated that we should engage in Works not for our own sale, for our own accomplishment, but for the sake of others, and ultimately as service to the Divine.

We can interpret "Works" not merely as physical effort, or performance in our career and work life, but any and every ACT we engage in. Each Act can then become a "Complete Act", which is determined by-

- Clearly knowing what we want to accomplish
- Having the intense aspiration and Intention for it to come about
- Executing it with full effort and skill
- Applying high personal values
- Executing it with positive attitudes and optimism
- Partaking in it with heart and soul
- Striving for perfection in the execution and outcome
- Planning the effort; Organizing the details
- Not being attached to the fruits, rewards
- Making the full persevering effort
- Being fully absorbed and focused, not diffused and spread out
- Avoiding negative attitudes towards others, the work, one's self, and life
- Engaging in it with quietude and steadiness
- Being patient and avoiding expectation
- Maintaining balance with other aspects of One's life
- Not being bothered by challenges and obstacles
- Seeing difficulties as opportunities
- Perceiving the positive emerging from the negative
- Not reacting and being steady in the face of others' intensities
- Seeing the details in terms of the wider whole of things
- Understanding the Essence of things and what is really trying to come about
- Always seeking to get at the heart of the matter
- Having the perfect skills necessary for its execution

- Giving up old, dead habit and routine for the new
- Being cooperative and collaborative with others
- Willfully serving others
- Not broadcasting one's success
- Not being bothered by failure
- Learning from our mistakes
- Constantly learning new things
- Acquiring all necessary knowledge
- Stilling the mind so one intuitivizes what to do and to avoid
- Maintaining a deep center so Guidance percolates up from within
- Waiting on life's initiative coming in before acting
- Seeing things from the perspective of others
- Being selfless and self-giving
- Feeling gratitude and appreciation
- Being guided by the Truth of things, not opinions or prejudiced
- Being open to possibilities, not closed-minded
- Seeking benefit for others, not just self
- Consecrating it (opening to the Force) before, during, and after
- Having infinite Faith in the process and the outcome

Engaging in any and all of these will not only result in a Complete Act, a Complete Work, but to the degree implemented will continuously attract positive conditions from life. As a result, the infinite will currently fill the current finite. Accomplishment, as well as the satisfaction of all involved will be never-ending.

Inner-Outer Correspondence

"All in this universe is connected through an invisible link and each action by us affects all in the chain known or unknown and creates a rhythm of response across the universe. This rhythm affects each involved in a good or bad way depending on what type of stimulus they have given."

No Title

"Please" adds sweetness to a request.

No Title

Over-Expectation and Over-Anticipation have a tendency to stop things dead in their tracks. I.e. it attracts non or negative response from life.

Hour of the Unexpected in Global Events

An argument can be made that the Divine brought Trump to power to stabilize the relationship between USA and Russia, which in recent years and months had become very dangerous to the entire world.

And yet it can also be argued that we all get the dubious baggage of Trump as a negative life response to the West's neglect and disdain of Russia since the end of the Cold War; humiliating them as it were; not involving them in global decisions since they were perceived as the "losers." (Gorbachev called it the "Triumphalism" of the West, beginning at the end of the Cold War, that led to the autocratic, undemocratic yet strong Putin, who gives the Russian people a sense of dignity.)

It is my view that because of all of the delicate relations among China, Russia, India, Pakistan, and USA, Trump will have to tread delicately not to offend. Internationally his previous boisterous proclamations will be reined in, especially if he wants economic progress.

Besides, the unknown always comes and "trumps" ideology. Eg Bush Jr, desiring to impose undeterred, free-market Reaganism, met with 9/11, Katrina, a dubious Iraq war, and the global financial crash triggering economic near depression under his watch. Now, as it was then, it is the Hour of the Unexpected.

No Title

Because we are in essence a Soul, we are infinite and eternal beings, extending in all directions, existing forever in space and time. It is then only a matter of developing our Consciousness within to perceive it so; and to make it fully real in our material existence.

The Pure, Self-Existent Consciousness Unfolding in Life that We are Destined to Realize, to Become (by MSS, Roy Posner)

There is a self-existent, Conscious Reality, a Being, which is Infinite and Eternal that is the source of and has become the universe.

The Tradition has missed that the source consciousness is not just a Being, but a Becoming of that Being.

Being is thus Becoming. This universe is a progressive manifestation and evolution of that Self-Existent Reality.

Therefore, if you want to know what the world is going to become, you have to know about that Something that is emerging that was hidden. It is Alive, something Conscious.

Thus, you can't judge the universe from what we see; from matter, but instead see this universe as a progressive manifestation of the Being; of Consciousness and Life.

What then is Consciousness?

As we understand it, consciousness is the thinking we do, the awareness we have, and the capacities we have through our minds.

However, mind is not pure Consciousness, but only an imperfect, little expression of True Consciousness. We are Ignorant in so many ways. (The 7 essential ways that Sri Aurobindo explains.)

Thus, Mind consciousness is not the end of the (evolutionary) story. It is only the start.

How then would the perfect Self-Existent Consciousness be?

A pure, perfect Consciousness would-

- know ourselves and others to be Infinite and Eternal. That because we are in Essence a Soul we extend infinitely and eternally in all directions in space and time.

- know the Divine Soul of every person we meet; constantly relating to the Divine in other people.

- know that the whole universe, the world is Divine.

- know that the world and the universe is a very small place. That our existence goes beyond the universe. That the infinite, eternal Reality expressing in the universe is infinitely greater than the universe.

- know that we are an expression and incarnation of the Ishwara, the creator, who has created the universe.

This is the Becoming of that Self-Existent Reality. Until then we are not conscious; only living on a superficial shadow of that consciousness.

And this movement of the Becoming of that infinite, eternal Self- Existent Consciousness and Reality is not going to stop until we become conscious that this is what we are here for; that this is our Destiny to realize and become.

[based on the message and teachings of Sri Aurobindo's 'The Life Divine']

No Title

Society is simultaneously evolving and cracking up so the New World can be born.

No Title

The British liberated India from its sleep. Gandhi liberated India from the British. Nehru brought socialism to India. Singh liberated India from socialism's bureaucratic limits. Modi is liberating India from material filth and psychological corruption.

No Title

When consecrating a problem, such as an illness, focus on the Mother and Her Force, not the problem. The former rectifies it; the latter deflects its resolution.

No Title

For every piece of mis-information one knowingly subscribes to, advocates, and communicates, a serious negative response from life will follow. Or to put it another way, spreading lies and the like will invariably boomerang and attract the fury of Life.

No Title

The body normally heals itself when IT decides, not when we decide. And yet through the Mother's supramental Force that limitation is overcome.

No Title

Over-excitement about a success quickly attracts its opposite. However, a measured response will elicit even greater accomplishment to follow.

No Title

If the Force is working through you, all you have to do in life is listen, and follow its directions.

US Economic Challenges

Among the economic challenges facing the US are:

- the startling fact that average wages are the same as they were 20 years ago, an unprecedented development in US history
- the equally startling fact that 80-90% of the wealth in the country is in the hands of less than 5% of the people, also unprecedented in the extreme, and dangerous to freedom and democracy
- that current wages are insufficient for a vast majority of people to keep up with cost of living, placing huge strains on individuals and families
- that the cities on the coasts are prospering while inland areas, including industrial Midwest and the South are struggling, creating a 2-region economic reality at odds with one another
- that unregulated financial speculation threatens to take down the US and global economy at any moment
- that huge percentage of the population do not have the necessary skills for the work of the 21st century
- that there is no safety net or hope when being left out as a result of job flight through globalism
- that healthcare costs are skyrocketing
- that higher education is out of the reach of a large percent of the population
- that greed and materialistic values are distorting the direction of society
- that many of the issues are of global scale and so can only be solved through global cooperation and collaboration, whereas countries are pulling in their own direction, exacerbating the problem
- that no one has a comprehensive, Integral plan to solve the issues, with parties falling back to their ideologies

-that there is disconnect between business, government, and the people
-others?

No Title

A value implemented produces great benefit when it is accompanied by other related, supporting values. Eg democracy is greatest when accompanied by freedom, individuality, diversity, equality, and fairness. Likewise, customer satisfaction is best when accompanied by quality of goods and services, innovation, responsiveness, organization, goodwill, etc.

Making Best Use of Increased Energies that Come through Consecration

When you have a problem, are ill, or are experiencing any other life challenge, it is an indicator of lacking Energy on your part - whether physical, vital, mental, or spiritual, depending on circumstance and the individual. However by opening to the Mother, to Her spiritual, supramental Power, -- aka Consecration - the problems tend to quickly give way or simply disappear. Moreover, the energies that were lacking are restored accordingly.

And yet there is a tendency to SQUANDER those energies when they return by speaking too much, thinking too much, by getting too caught up in our vita/l emotions and desires, by taking to unnecessary physical actions, etc. However, if we were able to be STILL when the energies come and positive conditions are restored by Her Force, they will build up even further, quickly evoking even better, even more startling positive conditions in our lives.

No Title

Society is familiar with human evolution as a movement from the ape to Man, but not his evolution from that point forward. Sri Aurobindo has outlined that evolutionary possibility in extraordinary detail - from the current, continually emerging mental-based Humanity to a Spiritual-based one.

No Title

Sri Aurobindo's integral understanding of existence draws the Arc of Tomorrow.

No Title

A study found that Americans who prioritize doing good for others are almost twice as likely to say they are happy about their lives. In essence, the more we are one with the rest of humanity, the better we feel. (thepowerofideas.com)

No Title

Many of the intense illnesses we experience - severe headache, toothache, et - are due to connection with others who are angry with us and have ill-will, or have negative need or dependence, or we are otherwise at odds or in conflict with. When from our side we realize the association, or from theirs they soften their stand, the pain tends to rapidly subside.

Distortion of Truth and The Doubly Failed Businessman

When an individual subscribes to lies, whether he knew of its underlying falsehood or not, the outcome will reveal itself negatively in another area of his life, often as failure.

A man was part owner of a rising business. He had put great effort into it over the course of three years. Still he maintained an utter certainty that it would succeed, and that his approach was bound to succeed, despite what others had said.

Somehow he got very caught up in the US election. He sent out 3 or 4 letters that detailed his opinions, with striking intensity, bordering on bitterness. He had listed a dozen or so of the extreme untruths about one of the candidates that had been spread by the foreign and domestic hacking web sites that had infiltrated all aspects of the Internet in the USA. Virtually every untruth was made up for the purpose of defeating her in the election. He fell for this

information hook, line, and sinker, expressing it in his letters in considerable detail, as did millions of others.

But what was most interesting is that during the week it was revealed all throughout the world that these were in fact untruths made up in minds of various hackers, the businessman called a loyal friend to essentially say he has failed in his business venture.

You see, the two events go together in Life Response phenomenon. The lies he subscribed to revealed to the public the same week he is utterly demoralized and calls the friend that he has failed in his venture. They are synchronous in consciousness.

In fact, we can go further and say that they are the SAME weakness in his consciousness expressed two ways: an utter belief in his infallibility, i.e. my way or the highway, and his propensity to naively embrace false information - both expressing a fundamental Ignorance and Falsehood. It is a case of two sets of untruths moving together, eventually expressing their negative outcomes together.

Landscaping Response to Individual's Decision to Goodwill Broadcast

Broadcasting our goodwill to others we know has a great tendency to evoke good or great fortune for the recipients of those vibrations. Plus it, in effect, benefits the sender as well. We have traced a number of startling instances of the Life Response power of sending out feelings of goodwill.

Well today I noticed a new wrinkle of this phenomenon, as follows.

Several years ago, a man's friend offered him a new living situation in a new city when the first man had to leave his old residence. However during the time, he lived in the new location, there were a number of problems, one of which was lack of upkeep by the owners.

Now three years later, the man decided he was going to well up goodwill feelings and broadcast it to several friends; one of whom was the friend who helped secure his new residence.

Well within 5 minutes of making that decision, five men arrived on the scene and proceeded to engage in the first major landscaping upgrade on the property in three years!

By merely making the DECISION to broadcast the Goodwill - he had not actually taken the action yet - he attracted a wonderful result for his personal surroundings! That was a new wrinkle for me in regards to the enormous Life Response power of Goodwill.

No Title

Surface consciousness divides. Inner orientation harmonizes.

No Title

Consecration works! Every little thing that you consecrate in the course of your day will turn out like a golden Jewel.

No Title

Every devolution sets the stage for an even greater evolution.

Involutionary and Evolutionary Processes

The Involution is the process by which the universe came to be from a Divine source. The Evolution is the process by which the universe progresses by rediscovering and manifesting its Divine nature.

To know where we are headed in the Evolution is to know where we have come from in the Involution. They mirror one another in the reverse.

Global Harmony Among Nations, and Overcoming Terrorism and Economic Failure

The problems that individual nations are having with solving terrorism shows that it is an international problem that needs to be resolved collectively.

Unfortunately, nations are being nationalistic and want to handle it themselves through their own strength (which will be elusive), and that nations are at odds with one another over a host of other issues and are therefore reluctant to, or are uncomfortable with collaborating to overcome terrorism.

Thus, in a funny way terrorism serves to try to unite nations in collaborative effort, forcing them to overcome their own limitations. This we might say is the longer-term intention of Life: to create increasing global harmony. (We could also say that the very decentralized nature of terrorism is Nature's way of forcing nations to work exceedingly close to solve the issue; hence furthering the global unity, fulfilling the vision and dream of Sri Aurobindo and others.)

It also shows the need for some sort of global rapid reaction force to quickly arrive and overcome problematic conditions, such as cells of terrorists or other outbreaks of violence.

More telling, the world could use a World Parliament or similar with teeth and power of action to pass collective legislation to overcome the economic anguish that is often at the root of terrorist acts.

Just now the world is in chaos in terms of terrorism, as well as various facets of economics. The reality is that these two are inexorably related, and that only collective action will solve issues that are simply too great for individual nations to resolve on their own.

Comment: The approach India, Pakistan, and Iran have been trying to collectively work out to bring economic benefit is one model of the power of economic collaboration to develop nations and thereby reduce anguish and the threat of terrorism that follows.

Ultimately associates of mine and I (and others) see no real military solution to terrorism. It needs to come from something higher - which is political/diplomatic, but even better, more powerful - economic.

Contemplating Causes that Have Thrust Us Forward

This time of the year often compels us to look back on our lives. If we are truly conscious, we will be particularly interested in how the past shaped us; made us who we are.

One aspect is to recognize those individuals who directly had a hand in our progress; our movement forward. Though we may think we've progressed due to our own efforts, we may forget those people and our critical moments with them that shaped the course of our lives.

One way of looking at that is to consider what attracted their critical inputs in the first place. E.g. one man was catapulted into the spiritual life by a close friend. And yet it was because the recipient's father had nurtured that friend over the course of years that the recipient attracted the great benefit from the friend. It was goodwill of the father toward another coming back to the son.

In another instance, the same man found a link between the spirit and a new-found career, melding them together, from another friend a few years later. Again, it was a response to something; but to what? Looking back, he realized it was due to his own deep Aspiration to find work where he could apply the spirit. And he found exactly what he was looking for through this friend!

In this way, each of us can look back on our lives and see the correlation between the response that thrust us forward and the underlying cause that attracted it. We can see it emerging from an aspiration within ourselves, but also from outside influences that altered the cause of events in our favor.

No Title

Mother has said that having the Divine Consciousness puts us in the right attitude in regards to our actions, towards things, brings an atmosphere of consecration, of suppleness, assent, aspiration, goodwill, plasticity, and effort for progress.

(paraphrase of P.V. Sankar)

No Title

Nature's Way is to create and solve many problems simultaneously.

Reestablishing Solid US-Russian Relations Despite Great Dangers

It is interesting that Putin and then Trump announced their desire to upgrade their nuclear arsenals on virtually the same day. They may want to dominate the world agenda this way.

It would be an interesting development. Positive in one way, as it would bring US and Russia closer after recent extreme estrangement and Western humiliation of Russians since the end of the Cold War. This would relieve tension at the top.

Nevertheless, it could be very dangerous to the rest of the world, since their policies and tactics are highly questionable.

It seems that Nature wants to reestablish a more solid basis at the top, even though it seems to be run by unstable personalities, with regressive agendas. There are many ironies in these course of events.

No Title

Even though reestablishing positive relations at the top between US and Russia can be a great positive realignment, it may be up to other nations and associations to lead the world forward to solve its ever-increasing social and economic problems.

No Title

If the US and Russia increase their stockpiles of nuclear weapons, as advocated by Putin and Trump, it would be telling the world that any country can develop such weapons, leading to a great nuclear weapons race among the nations, radically destabilizing life on earth.

No Title

We are moving towards greater global unity not so much through harmony among the individual nations but through increasing regional Associations of Nations. Then the associations themselves associate with one another to further the global unity process.

No Title

Through Sri Aurobindo's Wisdom and Mother's inner Guidance we become more aware of the emerging trends and possibilities for the world.

No Title

The Russians hacked the recent American election because she subconsciously felt humiliated, left out, and unappreciated by the West since the end of the Cold War.

No Title

Intractable long-term conflicts like Israel-Palestine and India-Pakistan (over Kashmir) may only be solvable through the action of the divine Supramental Power (as was the end of the Cold War). On the other hand, the Northern Ireland conflict was mostly resolved as a result of one side backing down, which was a movement of their higher consciousness that brought benefit to everyone.

No Title

Should China see the wisdom of creating an Asian Union along the lines of EU and promote Asian currency, she has a great opportunity to play in the affairs of the world in this century. (Karmayogi)

Catching the Business Wave of Change

To be a great success in your field, try to discover and align with broad social - i.e. universal - movements. Catch the wave of change, of the new. Eg Narayana Mouthy of Infosys was not a powerful man, but he created a giant IT industry in India by aligning and moving with the cosmic movement of IT growth.

No Title

Rather than merely condemn a leader for his foolish action, conceive of a number of practical positive solutions in that area. In that way, you turn his negative energy into a springboard for positive change.

No Title

An incoherent, unorganized viewpoint and perspective leads to, attracts unintended negative consequences.

No Title

The future is about creating unions of nations, and the union of those unions. This is one key expression of the further organization, integration, and unity of the world.

Santa's Miraculous-Like Delivery of Presents and Mother's Cosmic Experiences of Space Time

How can we explain Santa's unfathomable ability to deliver presents to two billion children within 24-48 hours? Relativity and quantum physics try to explain it but fall short. Let me offer one possibility that might bring us a step toward answering that (imaginary) possibility.

As explained in Mother's Agenda, the Mother and Satprem have had a variety of conversations where Mother was able to either abridge time or expand it. Let me give you two examples, which are fantasy extrapolations of interactive experiences they actually had.

-In one scenario Mother brings a spoon with food in it to her mouth, and suddenly stops cold. She is frozen in that position for 20 minutes. When She comes out of it, Satprem asks her about her experience. She answers that she literally experienced only a few seconds of time.

-In a reverse situation, Mother brings the spoon to her mouth again. Stops for a second and then resumes. When Satprem asks her what she experienced, she said she experienced a full 20 minutes of time with detailed events. In yet another incident she says several days went by for her in the one second she was frozen with the spoon as perceived by Satprem.

There are moments of space-time that are outside the bounds of understanding of relativity theory and quantum physics. They do however relate to the power of Consciousness itself. It shows us that these theories of physics are but an outer shell of something far deeper and more complex; the capacity to overcome the expansion or contraction of space-time through the experiences and capacities of someone with a supra-human consciousness.

Therefore, one suggestion is for scientists to try to rise to her level of consciousness, and then become real cosmic pioneers of space-time! Then they may be able to explain the fantasy of Santa Claus in "real" (consciousness-based) terms; not merely the mechanical, mechanistic and material!

Disassociation from Corruption Attracts in 1000 Rupee Note

There are times when you receive something or otherwise become part of something that has shady or other untoward qualities. When you come to extricate yourself from that situation - whether because you have suffered as a result of being connected to it, or have simply through higher consciousness seen the falsehood in the association, - life will greatly reward you in some fashion.

In the Indian film '1000 Rupee Note' a woman gains funds - a 1000 rupee note - through a shady, corrupt politician. When in her poverty she tries to spend it on necessities, everything goes wrong. She is even arrested by a corrupt policeman who take the money from her and

spends it on food for his staff! She is not even able to purchase a picture frame for her beloved son who has recently died.

At one point, she becomes fed up and simply wants to distance herself from the entire disastrous matter and go home. When she does, and boards the bus, the man who was trying to sell her the frame with her son's picture runs up to her and gives her the frame with picture intact for free! She is startled by this development, and then sitting beside a friend who has now become her newly adopted "son," and with framed picture in hand, she becomes completely blissful, as the two circumstance give her full purpose in life. Always optimistic, she is once again happy to no end, but now with an inner richness.

As we see, extricating ourselves from falsehood in whatever way is a sure way to bring good fortune and happiness in our lives.

No Title

The invisible is more powerful than the visible.

Historical Progress and the Reversals of the False

Often for progress to occur in history it is not the person in the know that is demanded by Life to grow further, but he who is fully in the Ignorance to reverse his limiting attitude and grow into the light. That is why at one level we often need to be patient with falsehood-oriented leaders so they can emerge into some greater truth none of us would have fathomed.

The brute, anti-communist Nixon going to China to negotiate with the despised Mao to open up relations, and the ignoramus Reagan negotiating with the hated enemy, the dark Soviets to end the Cold War are two such instances of reversal of consciousness that come to mind.

No Title

As long as our consciousness is imperfect, then we can never perfect the outer life. Ending war, poverty, disease, et al - gaining a more perfect life, - cannot happen until we have made a commensurate gain in consciousness. The two go together.

No Title

Life, and all that happens to us, is the field by which we discover who we truly are.

Everything that happens to us is thus an occasion to know ourselves better.

Thus Life and our experiences in it are the means by which we rise in Consciousness, and thereby develop a more perfect, even a divine Life.

No Title

The first essential thing to live a spiritual life is to shift our consciousness from an outer orientation, to an inner, deeper poise within.

Without going inside, changing inside, becoming conscious inside, there is no progress in Life. This is true because Life evolves by Consciousness.

No Title

Our fundamental orientation is on how the world, others should change; not how we should change.

On Possession of Property

- Obsession with preservation of property leads to reactionary thinking.
- In the emerging Divine Life, property is progressively dispossessed.
- Focusing on property is a tendency of the Physical Ego.

-The poor need to possess before they can dispossess. Many others too, as they need to learn the means and methods of accomplishment.

-Auroville is a kind of experiment in social life trying to distance itself from possession of property.

No Title

The West humiliated the Russians after the end of the Cold War - keeping them at bay for decision making, expanding NATO as a threat against them, encouraging shock economics, etc. Instead of being partners, the West (and especially the USA) practiced "triumphalism" of "we won, you lost" mentality, instead of moving together as partners.

The result was Russian humiliation, and the ascent of the autocratic, undemocratic Putin who gave Russians a sense of strength. Hacking US election was another unfortunate and harmful sign of Russian desperation.

Now (as Gorbachev has recently stated) the USA and West need to reestablish equal partner relations with the Russians to create a solid basis for global stability.

No Title

The Force that is there from 1956 in the earth's atmosphere overtly had been there in buried potential ever since the creation of the earth. Those collective and individual urges that invite that Force overtly or covertly into their functioning are evolutionary in every sense of the word. (Sri Karmayogi)

No Title

Faith in Mother arises when we lose faith in ourselves. It is the voluntary giving up of one's faith in one's capacities that generates Faith in the Mother. (Sri Karmayogi)

No Title

Sri Karmayogi says he is tempted to call Mother's consciousness "spiritual technology."

No Title

Karmayogi says Mind and culture are absent in America. Her's is a society that values and has succeeded greatly in acquiring prosperity and wealth; not thought and powerful ideas. That approach worked for a while, but now she is deeply suffering the consequences.

No Title

Asians, including Indians seek to emulate USA economically, but without the unregulated financial speculation that threatened to and still threatens to bring down the world economy.

No Title

Most who have taken the Spirit, value children and family. They welcome it as central to their lives. Then there are the few who value their lack of family and children that enabled them to focus laser-like on their spiritual development.

No Title

Stupidity is inability to or unwillingness to learn lessons from the past. Eg if unregulated financial speculation led to the great crash of 2008 that way-laid economies of the world; and then after a recovery took place, the people seek to abolish all regulation once again on risky stock trades, then rational Mind has been abandoned. Stupid people, caught up in their vital blindness, would once again rule the day. And consequences once again would be infinite.

No Title

What people consider their "rational thought" is not so. It is actually their own prejudiced view. True rational thinking utilizes impartial logic and reason that arrives at Truth, while getting to the heart of the matter. It is rare indeed.

No Title

Stubbornness is unwillingness to embrace or act when the solution is right before you.

No Title

Bitterness is unwillingness to take responsibility for the conditions one finds oneself in.

No Title

Opposition to a higher position energizes it. Eg environmental degradation (global warming) deniers taking over the government in America is energizing California's commitment in the environment area - with new pollution standards, new clean products and services, new industries, high paying jobs as a result, etc.

"In a paradoxical way, it [the opposition by the global warming deniers] could speed up the efforts of leaders in the world to take climate change seriously," he said. "The shock of official congressional and presidential denial will reverberate through the world."

New Forms of Education for a New World

"Humanity confronts challenges of unprecedented scope, magnitude and intensity. The evolution of an increasingly complex, highly integrated global society necessitates the development of a more comprehensive and integrated science of society. Radical changes in education are essential for effectively addressing these challenges. Present knowledge is outdated and inadequate. The modes of learning and thinking fostered by the present system are insufficient. A radical reorientation of educational content and pedagogy is urgently needed."

-Garry Jacobs, CEO of the World Academy (WAAS), and VP of Mother's Service Society (MSS)

Power of Faith that Comes from Within

In the film 'Chariots of Fire' based on the true events involving the great British runners in the 1920s Olympics, Eric Liddell is both a superb runner and an eloquent spokesman for his Faith.

In this video clip, we see how Eric intensely speaks of the spiritual power of Faith that comes from within that mirrors a runner's intensity and will.

The speech has such power that it evokes the sunlight after a hard, uncomfortable rain. I see that moment as a powerful metaphor, as well as a response from life. It is also a reminder that we too can evoke that Power from within, from the depths of our souls - whether our faith is in Christ, Krishna, Mother, or whomever.

Power of Environmentalism to Attract

We know that higher levels of Organization, including increases in Cleanliness, Orderliness, systemization, and maximum use of resources attract unexpected positive conditions.

It turns out that Environmentalism is a GLOBAL form of higher levels of cleanliness and orderliness, and therefore its implementation will tend to attract positive conditions, including the unanticipated further wealth and progress of that community.

Power of Withdrawing from a Work Not Right for Its Time

If you raise your consciousness in one area by doing the right thing, life will tend to respond positively in another.

A man decided that he would not pursue developing the next book, site, et al, requiring a great mental effort, as it would not only tax him physically, but take him far afield from what he needed to do shorter-term.

And yet within 24 hours of doing so, a colleague, out of the blue, came up with what was essentially the heart of the knowledge and wisdom that would be required for such a work.

The man was utterly astonished (but somehow not surprised), as he saw the power of not only not initiating action (waiting on life's initiative instead), but also had the good sense and understanding that such an effort would distract him from what was key to focus on at this point in his life.

Instead someone came forward from out of nowhere and in essence provided the wisdom that would be a core part of such an effort.

No Title

In one sense Life Response is really an Occult work -- drawing out miraculous-like experiences. On the other hand, accessing and embodying the Divine reality in order to evolve and transform ourselves and life is truly a Spiritual work and experience.

No Title

We are Force without Being, causing us to be Unconscious. Therefore, we need to discover our own (Psychic) Being within, uniting it with Force, so we can truly become Conscious.

No Title

Try to go deep, rather than live on the surface, And from there call Mother. Now you are beginning to live a spiritual life; on the way to transformation and even supramentalization.

No Title

The more impatient you are with the progress, the more things get delayed.

Comment: (In such stations, putting the matter out of mind (even forgetting it) can often speed progress, as life works on your behalf.)

No Title

Superficial understanding of a matter brings wrong results from action.

What Occurs at Outset Indicates Final Outcome in Computer Consulting Incident

Life contains subtle laws, 99% of which are not known by we humans. A number of those principles revolve around our actions. We call them subtle Laws of Acts. One of the central laws is that what occurs at the outset of any circumstance, indicates the outcome. Let me give you a recent true-life example.

A man was working on a contract basis with clients. Each contract was a mini project that would generally take less than a day. His latest contract was with a gentleman who wanted improvements in his spreadsheets which were built to beat the state lottery.

When the consultant first arrived at a restaurant to meet the man, they both acknowledged that they had not brought their computers! Each thought the other would bring one. Things had thus gotten off to a rocky start. The consultant then (despite the fact that it was not really his responsibility) volunteered and went home to retrieve his laptop. But when he arrived there, his expensive eye-glasses broke in two. Already the consultant, well-versed in the subtle laws of life, including those of outcomes at the start, clearly understood what was going on.

When the consultant then returned to the restaurant and interacted with his client, he came to understand that the spreadsheet system, built to beat the lottery, was very complex. The consultant's contracts were normally for relatively simple or moderately complex projects.

As things progressed, the client grew impatient and agitated, even though he didn't have the language skills to explain the system clearly to the consultant. He just said that a programmer had previously developed it, and that he would move fast when he programmed, and all the developer would do is type a few things, and wham it would be fixed. Therefore, he expected the same of the consultant now working on the system. And yet the truth was the very opposite. It was enormously sophisticated and complex. Thus, the expectation of the client for the consultant was completely out of line with the reality of the situation.

Things then went from bad to worse. In the end, the consultant said he could go no further, as not only was the spreadsheet system too complex to easily fix, but the client wouldn't pay him for services rendered so far. The client then proceeded to ask the consultant to do additional work for him, even though he wasn't willing to pay for the work already done!

And so, the consultant was more than happy to extricate himself from the situation. As he drove home, he saw clearly the nature of the unfolding of events. It also struck him clear as day that things at the very outset did indeed indicate the final outcome. The fact that they both were without computer, forcing him to have to drive all the way home, though bringing the laptop is normally the responsibility of the client, would indicate the final disastrous outcome.

In fact, it indicated the difficulty of the steps along the way, including the impossibly difficult spreadsheet. How could the consultant quickly improve on it, when it was like a mesh of tangled wires that needed to first be unraveled? Fortunately, as he headed home he acknowledged to himself, that he had taken it all in good spirits. Knowing the subtle laws of life help enormously in that regard!

Mother's Will for Us is What Our Soul Wants

We pray to Mother asking for all sorts of things - more money, better position, better grades for our children, a bigger house or car, etc. She can give us that, but the asking only increases our Ego.

Instead we should open to Mother and indicate "Thy Will Be Done." In that way, Mother's Will, not our will is fulfilled, as She gives us precisely what She wants of us. Mother's Will protects us from our own Ignorance, of what our surface consciousness wants, and instead give us what our Soul desires, enabling our growth in consciousness.

Shedding Ego by Giving Up Opinions

The fundamental problem with Ego is that we think we are separate from everyone else. When we are around others and our opinions prevails, it is a failure from the Soul's point of view. It is only when we acknowledge that everyone else's viewpoint is correct, is there real success from the Soul's perspective. This is then a reversal of consciousness; an indicator that we are moving from the ego to the Psychic Being, the Soul.

No Title

Each time there is a Reversal of Consciousness in our own or the world's being, an instance of good or great fortune takes place - i.e. Life responds.

No Title

The central movement in our being on the way toward a Supramental Consciousness and Life is a reversal from the predominance of the Ego to the Psychic Being within.

No Title

With significant Egoistic tendencies of nations like USA, Russia, and China - India can serve as a buffer that helps create further harmony in the world.

No Title

If you don't have something good to say about someone else, keep it to yourself. Engaging in conversation about another's negative qualities tends to reinforce it in consciousness, causing that quality to persist or even increase. On the other hand, withdrawing negative comment attracts more favorable conditions for yourself relative to that individual.

Experience of Simultaneous Time

In normal life, we perceive the circumstances of the present, but have no real perception of what the future will bring, nor clearly perceive how the past has impacted the present moment.

However, when we come to the Spirit, this begins to break down. In that state we not only have an acute awareness of the unfolding of the present, but we have visions, intuitions of the future that would come to us; plus we perceive more clearly how specific elements of the past are impacting present conditions, i.e. the current moment.

Thus, in the spiritual domain - ordinarily experienced from within - past, present, and future are not separate entities but become one continuous single stream of existence, available to us in the eternal Now.

There is also another dimension of time to consider.

We are normally caught up in the moments of time. We do not feel that we are free of it. However, in the spiritual life, we can connect with a sense of timelessness, mirroring the state of the original divine Consciousness from which all things emanate.

And yet it is not just Timelessness we seek, - such as when we are separated from life through meditation as the ancient Rishis experienced in India, - but rather we experience a kind of Timelessness in the details of time. This is a progressive and evolutionary timelessness. So that when I undertake any action I feel the Infinite and Eternal behind my actions, enabling the most profound perceptions, and therefore the finest decisions that lead to the most successful actions and outcomes. In essence, I bring a higher consciousness that moves me out of the bounds of time, while deeply affecting the world.

Sri Aurobindo combined these two dimensions of time: the time of past, present, and future melded together in one unified experience, to a second dimension which is the timelessness in time that enables ultimate success in the details of life. He combines these two and calls it "Simultaneous Time" as both the oneness of past present and future, and the time of timelessness in time are both occurring simultaneously in our experience.

The spiritual individual constantly lives in this framework of time, has ultimate practical and spiritual experiences, and therefore becomes an evolutionary personality and being.

This dual experience of time is where the future of humanity is headed. Is the basis of what Sri Aurobindo calls a new human species on the way to creating a Divine Life on earth.

Comment: I am thinking of some practical examples of either aspect of Simultaneous Time:

A. Oneness of Past, Present, Future:

-Just for personal enjoyment I found and viewed a simple drawing of mine that was a picture of an unusual creature. A day later I went to see the newly-released popular sci-fi film 'Arrival' and there was that same creature in a very similar form, though I had no idea there were any creatures in the film. From the perspective of watching the film in the present moment, I could think back to viewing my drawing and see the connection.

In this way, if we are immersed in an inner consciousness, intuitions can constantly enter our being that can indicate the future, what we will experience in the future. I.e. while looking at my drawing in the present I can have a vision of seeing the creatures when I am in the theater in the future watching the film.

(BTW: It turns out that the film Arrival is actually about an alien race that live in the Oneness of Past, Present, and Future, and wish to teach that capacity to the people of earth. One woman attains that power. It also turns out that after I saw the film I thought I understood Simultaneous time that much better than before, and so that is why I wrote the above article! Every few years I try to repealing it, based on a (hopefully better) new understanding. Here's a link to discussion of Time in the film. <https://www.youtube.com/watch?v=6QAujmYORLA>)

-When we engage in Past Consecration, we are altering present conditions, based on past negative influence. Yet there is also the power to reverse the negative past itself!

-Many individuals had premonitions of 9/11. One friend was setting up a convention in New York City on how to prevent security attacks in buildings when the 9/11 incident occurred. On the way to work a man tuned into his radio to learn of the attack when he exactly came to a point on the street where he had earlier had a violent stomach cramp. etc. In these cases, the present was subtly indicating negatives of the future. The three time periods were interconnected at the subtle plane, essentially indicating their Oneness. (BTW: It is for this reason that is recommended that we consecrate a negative that is occurring, so it won't repeat in the same or different form in the future.)

B. Timelessness in Time

-When I engage in a work, I am focusing on Time. But I can do that work with reference to Timelessness, which is a release into silence, into non-anticipation, into patience, etc. which allows the work to go exceedingly well. It evokes response from life. It is Timelessness in Time.

Karmayogi indicates that when we move into the depths and touch the psychic, we experience Simultaneous Time (i.e. A+B above). Synchronous, Life response life occurs when we function from that poise. I.e. Space and Time are overcome in the material world around you; eg in the work we do.

Mother's New Year Messages

"Blessed are those who take a leap towards the Future."

"This wonderful world of delight waiting at our gates for our call to come down upon earth."

No Title

A seed has within it the knowledge of how to become a tree. We have buried within us the knowledge of how to become a divine-like Supramental being.

Comment: It is because it was out of the supramental consciousness that the universe came to be, and thereby us.

Sri Aurobindo and Mother in Relation to Sri Krishna

1. It is believed by devotees that Sri Krishna was the previous incarnation of Sri Aurobindo, though there are no reports that Sri Aurobindo confirmed it.
2. Sri Aurobindo has commented that Krishna's Ras lila dance should not be viewed as immoral. It should be seen as a dance where Sri Krishna shares the delight of his soul with the souls of the gopikas who danced with him.
3. In Thoughts and Aphorisms Sri Aurobindo mentions Krishna's Gitopedesam as one of the four most important events in history for having spurred the start of devotional religion.
4. In his collected poems He mentions Krishna in many of his poems. This tempts readers to believe that Bhagawan Himself was an ardent admirer of Sri Krishna.
5. During the Alipore court proceedings, Bhagawan had an experience of the Universal divine where he saw everybody and everything as forms of Narayana who is the parent God behind Sri Krishna.
6. In her younger days before her meeting with Sri Aurobindo she used to refer to a saint that she regularly met in her dreams as Sri Krishna and identified Sri Aurobindo as that Sri Krishna.
7. It is based upon Mother's request that Krishna descended into Sri Aurobindo's body in 1926 which is celebrated as the Overmental Siddhi day.
8. When Mother was trying to supramentalise her body, she had a spiritual experience where she found that Sri Krishna was following her and even putting his arm around her shoulder.

9. In Agenda she has said that when she expressed a doubt about the various Gods and their musical instruments Sri Krishna appeared before Her along with Saraswathi and claimed that he was really using his flute while Saraswathi insisted that she played on her Veena.
10. When Mother was holding group meditations in the Ashram meditation hall, many Gods used to attend that meditation sitting on top of the pillars there and one of those was Sri Krishna. (N. Asokan, MSS)

The Divine's Communication to Humanity

The Divine has tried to Communicate with humanity many times through its messengers as well as through historical events. Whether humanity heard the message or cared for the message is not clear. Still he has done his part almost in a Nishkamya manner. Let us see some of those communications.

1. Through the appearance of Jesus he tried to tell the Jews that He is essentially a being of love and not a stern judge. His message was not received well by the Jews though others were more receptive.
2. Through the appearance of the Buddha, the Supreme tried to convey the message that a life spent fulfilling desires is a vain effort and that one should seek liberation from the hold of desires through attaining Nirvana.
3. Through the Gitaopdesam of Sri Krishna, The Divine tried to convey to humanity that nishkamya karma is the best way to do one's work in life and surrender to the Divine Will is the best way to be free from Karma.
4. Through the long period of European renaissance, He demonstrated to the World the full power of mental creativity.
5. Through the American revolution he gave a powerful call to humanity to become aware of human rights and the dignity of man.
6. Through the French Revolution He gave another call to humanity on the need for liberty, equality and fraternity and initiated a movement for the dislodging of monarchies throughout the world.
7. When the call to Freedom went out of control and allowed lawlessness to spread throughout Europe, again through the appearance of Napoleon He tried to teach humanity the need for order, discipline and authority etc.
8. Through the Russian revolution, He gave a call to the world to get rid of capitalistic exploitation and inaugurate the socialist era in human history. Unfortunately the call to socialism was not correctly implemented in the U.S.S.R resulting in the reappearance of autocracy till 1990 when Gorbachev put an end to it.
9. Through the two world wars The Divine sent a very clear message that imperialistic era in human history was nearing its end and that those trying to give it a new life deserved a good beating.
10. Through the arrival of Sri Aurobindo and The Mother the Divine has sent out a latest communication that the time has come for humanity to go beyond the mental stage and take steps to pass into the supramental stage. The spiritual ground work has been done and the results are waiting to unfold. (N. Asokan, MSS)

Spiritual Solutions Suggested for Global Problems

Though a lot of discussions are going on in Public and International Fora for solutions to global problems, only very rarely is a spiritual perspective on these problems is even considered. Spiritual solutions may sound very simple but they are effective and shorn of mental complications. Let us see some such solutions as advocated by Bhagawan Sri Aurobindo and Mother.

<u>Problem</u>	<u>Spiritual Solution</u>
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1. Global poverty	The Productive skill of a sizable section of the world population remains substandard. They must be raised to match the level prevailing among Western Populations who are highly motivated to live a comfortable and prosperous life. Such motivation is missing among Asian and African people.
2. Terrorism and Violence	They are the result of anger felt by aggrieved people who perceive a miscarriage of justice rendered by the global community. If those miscarriages are set right, such terrorist attacks will disappear.
3. Pollution and Global warming.	Earth's capacity for absorbing man-made waste has been severely strained leading to an excess piling up of waste which appears to us as pollution. Earth must not be seen as mere earth, but as Bhooma Devi, (Mother Earth) and efforts must be taken to bring down waste generation to levels that Earth can manage with. As we human beings like to dress up in new clothes, so does Goddess Bhooma Devi also wants to wear neat dresses and appear clean.
4. Unemployment	The global economy is ill-designed to give everybody an opportunity for productive employment. If it is spiritually realized that society's productive power is infinite, it will at the same time give rise to endless employment opportunities.
5. Nuclear threat	Man functions motivated by ego which is capable of wrecking great destruction. If ego submits to the rule of the Spirit this threat will cease as the spirit is not capable of destructive functioning.
6. India versus Pakistan problem.	Hindus and Muslims must realize that they are both brothers. Such an awareness will recreate favorable circumstances for both nations to join together.
7. Israel versus Palestine problems.	What was said about Hindus and Muslims applies to Jews and Muslims as well. If they also realize their brotherly unity, they can live together as one nation.
8. Global water shortage	Rain is a sign of grace. Deficient rain suggests withdrawal of grace from humanity. If instead of rejecting grace, humanity chooses to welcome grace, rain will come in abundance and river water disputes between nations will disappear.
9. Drug addiction and alcoholism and sexual abuse of women.	People who value sensory pleasure above everything commit these wrongs. If such people realize that there are greater pleasures than mere pleasures of the body, they will reform.

<p>10. Caste riots, race riots and religious riots.</p>	<p>These are crude behaviors caused by the upsurge of primitive elements in human personality. A descent of supramental grace alone can purify these tendencies and rid humanity of these destructive practices.</p>
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Process that Brings About the Supramental Divine Life on Earth

We live in Ego, Ignorance, Time, and Finite. It is because we live on the surface of life. When we move to the depths, - culminating in the Psychic Being, the evolving soul, - we shift from Ego, Ignorance, Time, and Finite to Oneness, Knowledge, Timelessness, and Infinity.

How does this happen? From the psychic, we tend to shed our preference and opinions; give up our own viewpoints, adopting others'; and are still, not reacting to the intensities of those around us. Thus, Ego breaks down, we garner more knowledge of the truths of life, and now behave and act in ways where we are in tune with Timelessness, attracting infinite-like results, overcoming limits of space and time (Infinity).

Also, from the psychic being we more readily open to the divine Mother, to Her Supramental shakti, enabling the progressive transformation of our nature and the divinization of life around us.

As a result, we become ultimate creators through that Force, mirroring the original creator (Ishwara) who used Supramental power to evolve this universe. Thus, we each become ultimate Creators in creation, bringing about a Supramental Life on earth, embodying the spiritual qualities, the Real Ideas of the divine Reality in our being and the details of life. They are Silence, Peace, Truth, Knowledge, Wisdom, Goodness, Harmony, Love, Beauty, Joy, Timelessness, and Infinity.

The journey within to the psychic, and the opening and surrendering to Her Force above is the dual process of the yoga that brings about the Supramental Divine Life on earth.

Living in the Depths and Vast Accomplishment

Living on the surface of our being - where most humans are centered, - limits our success and accomplishment. There ego, ignorance, time, and finiteness dominate.

On the other hand, as we center ourselves in a deeper poise within, we gain more power to accomplish. There we experience silence and stillness, harmony and oneness with others and life, a deep integral knowledge and wisdom, an intensity and power, the joy of life's experiences, the capacity to overcome space and time (life response/sudden good fortune) through our aspirations and actions, etc. All previous finites, limits of possibility, become infinities of accomplishment.

No Title

It seems that the only way we feel genuine sympathy for others' plight is when we deeply experience it ourselves - whether individuals, communities, or nations.

No Title

You can make the case that India has a great, rich culture because she is able to express herself in language, in art, in spirit through an astonishing array of illuminating analogies, metaphors, similes, and mythos - in order to explain life, as well as how to live it.

On the other hand, Americas is nearly the opposite, as these qualities are weakly developed, which is one reason that despite her great material capacity, military strength, and psychological complexity, it is considered by certain thinkers to be a nation lacking in real Culture.

No Title

Karmayogi has indicated that he would like devotees to take to careers in Literary Criticism, - thereby revealing the Subtle Laws of Life at work that others can learn from, - rather than becoming computer programmers, doctors, and such. (I suppose in-depth film critiquing would be included.)

Reader: Thank you. Maybe I foresaw this in the 70s itself, switching from my Physics degree to Literature for my Masters!

Response: Congratulations Krishna.

A little personal background: Once I wrote to Karmayogi asking him about what could be my future work, and he listed out in detail several lines I could pursue; one of which was Literary Criticism. I did in fact take that up in part, writing very long critiques of the film Seabiscuit, as well as the English tv series House of Elliott (30+ serial episodes).

Then there was my contribution on Pride and Prejudice that MSS themselves have developed in vast detail. Eg Karmayogi and I did a 300-page literary study together on P&P, one of his first studies on the story. Then there were my other film critiques, which were part of many other film analysis presented at the Mother's Service Society and Human Science sites. My focus in these critiques were mostly targeting key Life Response circumstance in the story, though the critiques of Seabiscuit and House of Elliott were broader.

Then of course Garry Jacobs in collaboration with Karmayogi wrote brilliant analysis of all manner of fiction and film. Just on Shakespeare alone Karmayogi and Garry collaborated on analysis to bring out stunning insight on a wide variety of the plays.

All of these not only involved Life Response analysis, but exploration of the wider "Character of Life." This is an area that the multi-dimensional spiritual genius Karmayogi has opened up for the world. His brilliant, insights into the subtle laws of life are unprecedented in world literary history; as he has had the spiritual experience to describe each one of them in vast, startling detail.

From this basis, any individual can take up literary criticism/analysis, opening up that field in ways unimagined. We all certainly encourage it!

Literature sub-site of Mother's Service Society site:

<http://www.motherservice.org/literature>

Reader: Thanks for the detailed insight. I remember reading your analysis of Pride and Prejudice. You will be glad to know my elder daughter is also a journalist and reviews films, TV series as well as graphic fiction.

No Title

Ask Mother for what She wants of you, not what you want of Her.

No Title

Intense reaction with emotion to disturbing events is not what we want; rather non-reaction in the nerves to that intensity, still allowing for the possibility for action as necessary if perceived from a state of inner calm.

The "Greatness" of Atheism

Q: If everything is Divine and there is only One Divine how to reconcile the fact that Atheist who are his creation do not believe in Him?

A: Sri Aurobindo goes even further. He says, very often the atheist is more sincere than the devotee. It is because the atheist does not know anything of spiritual qualities by himself, doesn't believe anything, that he is searching for the answers.

Atheism has done great service by having the courage to sincerely question the superstitions of religion and elsewhere. 500 years of Atheism has allowed the people to question, to ask the question - what is the truth?

So they have provided a great service by asking the people to search for knowledge instead of superstitious beliefs.

In other words, the Divine has also created Atheists so that the world can make greater progress. (paraphrase of Garry Jacobs)

Comment: A great dialogue takes place throughout the marvelous film Contact, based on a novel by scientist Carl Sagan, about man's search for extraterrestrial life throughout the cosmos. Here atheism and spiritual experience are in contradiction but move toward resolution and integration in the story. At the end, the scientist Eleanor "Ellie" Arroway who was a total skeptic and atheist has had an overwhelming journey throughout the universe that became a profound mystical experience, thereby uniting science and spirit within her.

Thus Atheism served her well on the way to discovering Truth, including a sense of cosmic awe that is a spiritual experience. She has confirmed Sri Aurobindo's viewpoint on the matter.

In this clip, Ellie expresses the emotion and faith of that intense experience after her return from her journey across the cosmos

<https://www.youtube.com/watch?v=l8sdx dgTMIo>

Reader: Thank you Sir.

As a coincidence, I just watched the movie today and trying to comprehend the movie. It does not matter whether one is Atheist or one who believe in the Divine. Those who are in the pursuit of Truth sincerely would be able to experience THAT one day. The Divine can be experienced but not explained by human mind.

In the movie, Dr Ellie Arroway didn't believe in God as she was a scientist on the surface. But in her depths she was in the quest for Truth. Indeed she experienced that Reality one day, but she could not able to explain or prove to anyone.

Response: Senthil, a magnificent "coincidence" (synchronicity, life response)!

Karmayogi says that life responded with the disbelief of the world audience to Ellie's outer and inner journey because she herself as a scientist disbelieved in the mystical/spiritual. It was a negative response. But then she gave a convincing speech to the world directly from the heart of her experience, which would cause some on earth to believe her, furthering the evolution. She was thus a pioneer for a certain subset of believing individuals; something like Rhonda Byrne and The Secret.

Also let us not forget that science is making a startling number of discoveries that supports the truth of the subtle undercurrents of the universe, including such principals as Entanglement that explain inner-outer correspondence of Life Response.

Thus, in many case atheist scientists are paving the way for the spiritual understanding of the underlying factors governing the Reality!

Synchronicity Involving Psychic's Office

I have been experiencing many startling synchronicities of late; perhaps one an hour. They each can be considered mini life responses.

Eg yesterday while driving with a friend, I stopped on a major road in the Los Angeles airport area, and mentioned that six months earlier I had driven a psychic and her child to the child's school. As I narrated the story to the friend as we waited at a stop light, she pointed to the right and said that we were exactly along-side the office of the psychic! I had no idea we were

anywhere near her office, and had long forgotten where precisely that was! In essence, I had a psychic experience involving a psychic.

This is the type of experience I am having at least once an hour; sometimes 4 or 5 times within a single minute. Sometimes I would implore the universe "please stop, so I can concentrate elsewhere!"

It is an indicator that Supramental Life is accelerating. The Force is densifying for those who seek to open to it.

Finite and Infinite are Part of Same Reality; Turning Finite into the Infinite

Q: How to reconcile the concept that the Divine is operating in the Infinite dimension, whereas we are operating in the finite dimension?

A: The Divine is Infinite. But it is not true to say that He is operating only in the Infinite dimension.

The Divine is not only Infinite, He is One, includes Finite, Infinite and Everything. What we see as finite is the frontal appearance of the Infinite Divine. So it's our view and perspective that matters. We think that we are poor, we have an incurable disease and that's why we are limited using our senses, but the True Omnipresent Reality is only One.

The right question is how to bring forth the Infinite Divine to the finite which we experience on the surface of life? The short answer for that is to go to give up our Ego, reach the Psychic being within, and universalize ourselves by identifying others as part of our own selves.

By doing so, we would perceive not only the Truth of ourselves, but the Truth of everybody else around us which constitute the whole REALITY.

Thus, it is not necessary to leave the earth in order to realize the Infinite. We can manifest the Infinite in all finite things (that we perceive by our senses).

For example, In *Pride and Prejudice*, Darcy experienced Infinite Delight when Elizabeth embraced his proposal the second time. Out of that successful small proposal (which the first time failed due to his lower consciousness) came this time as infinite joy that could last a lifetime. (paraphrase of Garry Jacobs)

Solving Global Economic Challenges

Among the central economic problems in India are poverty, corruption, bureaucracy, and unpaid taxes. Among the key problems in USA are wage stagnation, skills deficit, low savings, and radical wealth distribution imbalance.

Each country's economic challenges can be accounted for this way. There are dozens of types of economic problems. Most nations will not be able to solve their problems on their own. A comprehensible regional and global approach will help greatly. Many successful associations have been formed at the top and continue to accelerate benefiting the members; while entrepreneurial efforts continue and are rapidly expanding from below. The associations among nations will continue to expand horizontally; even as their efforts integrate with entrepreneurial efforts vertically.

The key is putting the human being at the center of life; not just money; not the Ego of nations, of businesses, or anything or anyone else. Working to uplift the individual human to enable their fulfillment in life is the deepest value and goal. Cultural, psychological and spiritual integration are steps beyond.

Realizing Truth with or Without the Guru

The Guru has an important place in the spiritual tradition, but the soul is never limited by it.

The real Guru is the Inner Divine. Every Shastra can offer us something at a particular time, but the real Shastra is the Truth that we can discover inside. For example, Sri Aurobindo had Guru Lele for just only 3 days, the rest He did Himself.

There is a Truth in the Guru. It does not mean that we cannot realize Truth without outer Guru.

There is also a value in any scripture. Sri Aurobindo had himself read all the scriptures and studied them. We should not be limited by any of them. (paraphrase of Garry Jacobs)

No Title

Steve Jobs was great not because he created a successful company, but because he discovered the soul-value that "an Individual can change the world."

Being in the Becoming

The Indian tradition is to seek Moksha (liberation) in the Spirit, the Being apart from Life, whereas Sri Aurobindo advocates discovering Spirit/Being in the details of life - i.e. Being in the Becoming - thereby evolving and divinizing it.

The Divine Expresses as Transcendent, Universal, Individual; the Totality of these is the Reality, Brahman

Traditionally we call the Divine, God the "Transcendent" aspect of the Divine. However, The Transcendent is only one expression of the Divine. The Divine actually manifest three aspects, forms of itself - the Individual (ourselves), the Universal (the universe) and the Transcendent (the divine spirit).

Together these three are called "Brahman" by Sri Aurobindo. When he speaks of Brahman, He does not mean only the Transcendent. What He has said is, the Universe is Brahman and the Individual are also Brahman. They are three expressions of One Reality. The One Reality is Brahman.

Brahman is thus the All; the creator and creation; the Spirit and Life; the transcendent, the universal, and the individual. And the Divine expresses in each.

The Divine as Our True Self

Sri Aurobindo's philosophy is the Transcendent has become the universe, and then you, the individual soul. That's why He says, why do you want to worship God, when you can become God?

The Real God is not separate from us. It is our True Self. (paraphrase of Garry Jacobs)

No Title

In the Divine Life, we as individual forms manifest the Divine's Will Uniquely and Infinitely.

Reconciling Opposites through Others' Point of View; It is Supramental

Q: How can we reconcile opposites we encounter in life?

A: Opposites are reconciled based on the plane we are in.

-In the physical plane, we reconcile the opposites by conflict.

-In the vital plane, it is by competition

-In the mental plane, it is by compromise.

How then can we reconcile opposites in our own lives?

Instead of asking and asserting our Ego, we can embrace the Other Person's Viewpoint. Then the real Truth of each side can be realized.

By taking to the other person's viewpoint we move to the Supramental view where the many-sided, integral truth of things is known. It is only in the Supramental view that the Truth behind the contradictory view of the individual parties reconciled.

So the real reconciliation comes, when we want the Truth instead of our preference, our opinions, our ego, and so forth. It is when we want the Mother's Truth.

There is no reconciliation toward Truth in Ego, which only wants to be separate from everyone else and assert its own position. (paraphrase of Garry Jacobs)

Comment: It is my experience, that when we take the other person's point of view - no matter what the degree of truth or falsehood in it -- the other party or someone else suddenly starts advocating your position, even they have not been compelled to do so. It is a Life Response (sudden good fortune) reaction.

No Title

Though the Divine originates in the Transcendent, it has come to express in the universe (Universal) and in each of us (Individual).

Similarities of Films 'Contact' & 'Interstellar'; Science's Pursuit of Understanding of Simultaneous Time; and Knowing the Integral Truth of Existence

This film Contact (1997) is very much like Interstellar (2014) and both are connected in many ways. Some of the synchronous observations between the two movies are:

1. Both women, Dr Ellie (Contact) and Dr Murph (Interstellar) were individualists.
2. Both were in pursuit of Truth in the depths of their being
3. Both were very much attached to their father. The love, the affection between them was the connecting bridge that made that Reality happen.
4. Both valued and demonstrated Faith and Courage, when the whole world thought the other way or believed it was impossible.
5. We can find the sources of Truth like Simultaneous Integrality of Time in Sri Aurobindo's writing. But how to understand that if we don't experience it? Science is in the quest of pursuing that Truth to make it into Reality and thus to explain the spiritual principle via scientific method.

For example, in 'Contact,' we didn't know who had designed the space travel machine. As science and technology has evolved significantly since then, 'Interstellar' has explained it beautifully and convincingly; how that knowledge could have been transmitted to solve the space travel equations by instantaneously communicating in third dimensional time and thus solving the problem for mankind.

6. Matthew McConaughey the actor played a key role in both movies.
7. The key message of both movies I think is "The pursuit of Truth", or Sri Aurobindo's message of "Don't stop in the middle". As Garry Jacobs has explained, every tradition, every practice has a value in it, but they are not ultimate. We may follow any but should not be limited by any. We should go on till we find the Integral Truth. An Integral Truth is not a substitute or a replacement for other partial Truths, rather it will reconcile all the other Truths. (SM)

Reader: When I have seen Interstellar. I could see Sri Aurobindo explanations on Timeless Dimension with the attempt to understand Timeless Plane through graphical representation. And I never got opportunity to discuss about it around my circle until now. And the movie Contact attempted 20 years back to shed a light on us, now it's explained well with the advancement in the present technology in the movie Interstellar. It is showing that Supramental Energy is at work constantly to make us understand what SRI AUROBINDO is talking about through different medium. One should know the core Principal of SRI AUROBINDO's Vision to Connect the dots happening around us which is Immortality otherwise it stays just as another movie in our life Time.

Response: Excellent point VPB.

... and now this year we have the marvelous film Arrival, which is what started my recent thinking about Sri's Aurobindo's Simultaneous Integrality of time.

No Title

Equation for the Supramental experience of Time, based on the teachings of Sri Aurobindo and Karmayogi:

SIMULTANEOUS TIME = Past, Present, and Future in the Eternal Present + Timelessness in Time

Turning the Finite, the Small into the Infinite, the Great

It is a spiritual principle of life that the smallest thing can be an opening to the largest thing. Therefore, we should pay close attention to and perfect the small matters we encounter in order to realize its infinite potential. In other words, at any moment the Infinite can break out, emerge from the finite.

This cosmic dynamic can occur at the physical, the vital/emotional, the mental, and the spiritual levels (including Supramental by opening to the spiritual Force, the divine Mother).

In this short video, it is demonstrated at the raw physical/material level. We have seen it miraculous-like occur at the other levels as well, evoking startling life response (sudden good fortune) results - i.e. the infinite suddenly, from seemingly out of nowhere emerging from the finite.

That being the case, what small tasks, or feelings, or thoughts, or intentions, attitudes or values can you more perfectly execute or consecrate, evoking the sudden emergence of vast positive results in that area?

Keep in mind that behind all finite things is an involved, absorbed Infinite. That is because everything, including the smallest matter or thing has its origins in the Divine, which is an Infinite reality.

<https://www.facebook.com/Nassim.Haramain.official/videos/483108088547121/>

No Title

Silence Phenomenon: Refraining from expressing an opinion, - even forgetting the matter completely, - causes the idea to spread.

Even Clean Person Can Quickly Attract Great Benefits through Modest Increase in Cleanliness

We know that Higher levels of Cleanliness attracts good fortune. This is true not only for someone who is slovenly and makes the effort to become cleaner, but even for a relatively clean person who raises his level of cleanliness by say 10%.

A man decided to finally purchase a vacuum for his car, then made the effort to clean the inside, including all the rugs in the vehicle. Within 24 hours his housemate discovered that she was now fully certified to receive certain important funds from the government, where it was doubtful before, including an additional unexpected immediate cash payment. Meanwhile the man's own client who had been tardy in paying a bill now quite overdue suddenly began processing the payment.

Our efforts of cleanliness and orderliness will generally always bring good fortune - in the form of more work, more money, more resources, new opportunities, and so forth. Even the clean individual will attract such results when his threshold of cleanliness is nearly at hand.

Not Reacting to False Action of Another Takes Man to Better Locale

If you refrain from responding negatively to an error of another party, you will quickly be taken to a more positive place.

A man was entering a parking space in front of a supermarket. He clearly had the right-of-way, when suddenly another car crossed two spaces illegally and took the space that he was entering. After a slight bother, the man continued on, seeking a parking space. When he turned the corner he found a space almost exactly in front of the supermarket!

By not reacting to the false action of another, an individual was taken to an even better location.

And while this may be a relatively small event in the course of one person's day, this Life Response principle holds equally true for much more significant circumstance of your day; and even your life.

Each Day ...

Each day we are challenged by a unique set of circumstances demanding our attention, intention, knowledge, skill, effort, right attitudes, personal values, etc. Each circumstance can also be Consecrated, so we gain the full cooperation of Life, including the quick dissolution of any problem. If we follow that formula, each day will be a Marvel of astonishing perfect outcomes, vast success, and ecstatic Joy and Delight of being.

No Title

People give up their superstitions when they see the benefit. Not before.

No Title

Reality is like layers of the onion. It depends on which layer or level you want to view it from.

No Title

Infinite variation of flowers; infinite variation of people; reflecting infinite variation of the Divine in life.

New Economic Theory (NET): Reconciling the Creative Individual and the Collective

NET can resolve the incessant debate regarding the apparent contradiction between private interest and public good by reconciling them within a larger formulation of human security, welfare and well-being that takes full cognizance of the mutual interdependence between these two aspects of social reality. The creative individual is the catalyst for all social innovation, development and evolution. The development and evolution of the collective ensure the greatest possible distribution of benefits to its individual members. NET can best be founded on a conception that recognizes these two dimensions as mutually complementary rather than mutually antagonistic.

--by Garry Jacobs, from article 'Contours of New Economic Theory'

When you put together deep knowledge about a subject that intensely matters to you, charisma happens. You gain courage to share your passion, and when you do that, folks follow. (Jerry Porras)

-thanks to VPB

No Title

The beginning of love is to let those we love be perfectly themselves, and not to twist them to fit our own image. Otherwise we love only the reflection of ourselves we find in them. (Thomas Merton)

thanks to RomanceEternal on Facebook

Benefits, Limits of Materialism

Sri Aurobindo has indicated that Materialism has done a service to mankind by eradicating the superstitious beliefs which came out of individual interpretations which are only partial truths of the whole Reality.

Instead of believing such partial views, beliefs, Materialism washed away all such beliefs; indeed, it is the service to humanity as this has created the quest for the Integral Truth.

Materialism holds to the philosophy represented by science that established strict processes and methods to validate a theory to ensure whether or not it is true.

Thus, Materialism helps discipline the mind of intellectuals to think of things from many different points of view; to study other possibilities rather than quickly accepting a position and jumping to conclusions

However, it does not mean that materialists are not superstitious. Quite the contrary, the materialists are equally superstitious, if not more so.

Eg scientists are superstitious in that they tend to deny or avoid the more subtle workings of life, including the nature and reality of Spirit. Scientists are thus locked into limited perceptions of life that their methods seek to overcome.

The partial view of materialism is also the cause of attracting negative "shadows" to each of their discoveries, eg nuclear bombs to nuclear discoveries, or pollution as side effect of technology.

In the final analysis, Materialism has helped in the evolution of life on earth, but now it must be shed must be shed for the sake of Truth and Progress. (paraphrase of Garry Jacobs)

Power of Spending, Circulating Money

One great spiritual insight into the nature of Money is that the more we spend, the more we receive. On the other hand, the surface materialistic view is the opposite; that when we give something, we will have less.

Therefore, we should overcome our hesitation to spend, especially when that hesitancy originates from tightness, stinginess, and possessiveness.

That does not mean that we should waste money, eg spending lavishly to fulfill our lower desires. But rather when there is a real need, good cause, instead of possessing it (limited view), we should spend freely and happily (expansive view).

Perhaps most interesting of all is that when we spend money freely for wholesome things, letting money circulate instead of hoarding, possessing it, Life tends to quickly return the favor. She will respond with sudden good fortune, in the form of fresh supplies of money coming in from out of nowhere, new opportunities suddenly arising, etc. That too is a spiritual principle.

Money's Mission on Earth

[A question was raised of whether we really need Money in the world.]

Colleagues and I believe money is a Social power, even a Divine resource and power, that allows for progress when used properly. Its form, nature, and behavior are based on the level of trust among its holders. The greater the trust, the more subtle the form, the more it circulates and expands, and the greater its power.

Ultimately money would likely be unnecessary, especially when living in a spiritual-like environment like Auroville, where everyone is working for the same purpose - spiritual progress. A step further is no possessions.

Until then money will be used in increasing subtle forms, with increasing positive power and effect in the world.

Money has evolved from barter to a physical thing to a check to a credit card to an electronic pulse of debit or credit. It will continue to evolve in new ways presently known or unknown.

Money is now self-multiplying to enormous sums due to its increased circulation and to increase in productivity-related values in society. Currently that vast, ever-accelerating amount is just not distributed correctly. It is in the hands of dark forces among the people. This vast horde of money needs to get in the hands of everyone, not just a few.

And yet Money is now accelerating in quantity beyond belief, making vast prosperity possible for every person on earth someday. In 25 years every person in earth could in theory be a billionaire.

Spiritual pioneers will give up money for a life based on trust in the mutual exchange of goods and services. But for most of the world money still has a psychological, social, and spiritual mission.

Money in all its forms can disappear when it has fulfilled its mission in the world - to create material security and well-being in life.

No Title

The biological process of overcoming limits of the physical is to direct the Force into the cells of the body so that it no longer believes in the inevitability of pain, disease, suffering, and death. Eventually new organs and biological systems begin to take shape.

No Title

Best to refrain from trying to change an ignorant, false individual. Either the exigencies of Life will compel them to change through conflict, pain, and anguish, or it will be for another life.

No Title

Through Mother we each have inner power to shape events in the world.

No Title

Russia is trying to regain a sense of self-worth after the humiliation of the end of the Cold War, and the West's disdain for Russia's inputs in global developments since that time. Now there is a swing in the opposite direction, with Russia flexing her muscle, after being ignored and humiliated by the West. It is an inevitable movement, though it is also somewhat of an extreme one. Hopefully, Russia will gain the respect of the West as well as discover the right balance to deal with her endless problems at home and abroad. Her rapprochement with US is a welcome sign.

No Title

Wherever you over-assert, you are bound to attract and encounter opposition. Thus its best to restrain yourself as much as possible, and be humble. That way you will gain many more supporters than detractors.

No Title

Strong emotional outbursts are usually followed by sheepish, sincere apologies. It is recognition that the unbridled vital ego had briefly taken over one's consciousness. Personal/spiritual growth overcomes this and similar tendencies, as our being is more centered in the depths than the surface.

No Title

What you intensely/emotionally oppose gets energized and expands through your opposition. On the other hand, putting the matter out of mind causes it to move in your direction.
Corollary: Silence moves opposing things towards your position.

No Title

When you call to Mother to solve a problem, focus on Her, not the challenging issue at hand.

No Title

Often individuals who are wealthy have pronounced, fleshy ear lobes.

(Currently Bill Gates, Warren Buffet, Donald Trump, Michael Bloomberg, Larry Ellison come to mind.)

Reader: Interesting observation sir

Response: The Mother's lobes were large as well, as she had the infinite power at her disposal to marshal the world's wealth, though that is not the course she took.

Low human values invite disaster - sooner or later.

Little Perceived Vast Collective Developments in History

Most Central and South American of native blood don't realize that they their ancestors were Asian in origin.

Most Americans don't realize that their white ancestors in the US were responsible for the death of 25 million native peoples through violence and disease.

Most Russians are oblivious to the fact that their powerful leader Stalin had 30 million fellow countrymen shot to death during his reign.

Most Tibetans don't realize that though the Chinese brutalized them, life was forcing them to give up their occultism and other practices for something Higher. Even the Dalai Llama recognized this.

No Title

It is interesting how Great Britain was abused in WWII. Even by its friends. Karmayogi says: India stabbed Great Britain in the back in their fight against Hitler and was rewarded with Freedom. U.S.A. was unresponsive till she was attacked, and she became the superpower as a result of Britain's total sacrifice.

No Title

This moment never existed in the history of the universe. And we are here to be part of it, partake in it, enjoy it!

Human-Centered, Not GDP View of Economic Well Being of the Individual

Disposable income, level of employment, health and well-being, fair income distribution, education-based potential, etc. are measurements of the status of the Human individual in nations, and is thus a more proper measurement of well-being in society compared to GDP, whose factors can create extremely harmful imbalances and distortions for the average person even when that index is going up.

Eg in America 5% own 90% of the wealth, and huge speculative financial movements take place which can both bump up GDP, yet have an extremely adverse effect on individuals, as captured in progressive, Human- centered indexes like HEWI (Human Economic Welfare Index), developed by Garry Jacobs and Ivo Slaus, executive leaders of the World Academy of Art and Science.

'ANWL' Book & Supramental Life

The tome 'A New Way of Living' can develop into the handbook for living a Supramental Life. It explains existence from the perspective of-

- the Individual (personal & spiritual growth)
- the Universal (society's growth, the nature/character of life),
- the Transcendent (the Divine Source of all things)

Supramental Life embodies these three aspects of Reality - Individual, Universal, Transcendent - integrally, seamlessly, simultaneously.

Supramental Life is the realization of Sri Aurobindo's vision of a Divine Life on Earth.

Through our inner and outer efforts of Higher Consciousness we bring this about.

Karmayogi has explained it from every angle; in extraordinary, vast detail.

Life Response is the entrance way.

Mother's Supramental Force is the central means to make it happen.

Many dozens of inner methods bring it about.

The subtle Laws of Life will explain how everything unfolds.

The Process of Creation turns Energy into this unprecedented Reality.

This Blueprint of Tomorrow progressively manifests as Supramental Life.

No Title

To understand the overall Russia-Trump matter, one needs to go back to how the West and the US humiliated Russia after the end of the Cold War, by confronting her with NATO, by keeping her out of the loop on international matters, etc. Gorbachev said that Western "Triumphalism", instead of working as equal partners with Russia, set in motion events that led to the autocratic Putin being in power, who gives the Russian people a sense of strength and dignity, despite his brutalistic tendencies.

Trump has subconsciously connected to the reestablishment of ties with the Russians, which is a good thing, despite his own dangerous, low consciousness rhetoric.

Let us see what takes place.

Opposition and Progress

Opposition and opposites stimulate progress. ... Sri Aurobindo's idea, it seems, is that opposites are the most effective and rapid way to knead Matter so that it may intensify its manifestation...

... We begin to understand very concretely – that all those things [difficulties, opposing forces] are only goads to make the Manifestation progress and grow more intense, more perfect...

If the goads are crude, it is because the Manifestation is very crude. As it grows more and more perfect and apt to manifest something ETERNALLY PROGRESSIVE, those very crude methods will give way to more refined ones, and the world will progress without the need for such brutal oppositions.

(The Mother, from Agenda, May 15, 1963)

No Title

Evolution is the shift from power of convenience for the few to that of the collective, bringing fairness and justice to all.

(paraphrase of Nedumaran Ramakrishnan)

No Title

Sri Aurobindo sent his Energy to Churchill, enabling him to win World War II. Likewise, the Mother sent Her Force to Gorbachev enabling him to end the Cold War.

No Title

Startling fact: Of the 4 billion people around the globe without access to the internet, one-quarter of them live in India.

Reader: and they are about to come on online...

Response: Yes it is true! However, India still having very serious problems getting 750 million out of poverty.

Reader: As open source continues to gain momentum, it will enable a kind of renaissance across the globe.

No Title

My aspiration is to bring Mother and Her Power to the world. It begins with Consecration, expands through Life Response and Character of Life knowledge and experience, culminating in the realization of the Process of Creation and Accomplishment, human Transformation, and a Divine Life on earth.

No Title

The reason for intense skewed distribution of wealth in the world is lack of skills, aspiration, and wherewithal at the bottom, and human selfishness and indifference at the top. There are also untold number of causes in between.

It's a reflection of lack of Human-centered values, now dominated by Money values at the center of life.

Three Levels of Logic and Intention: Human, Life, and Divine

There is our own human logic; our view of how things should be, and how to make them come about. Above that is Life's logic and its determination, which transcends human logic.

And yet beyond that is Divine logic, which is the Ultimate determining Force of where things should be, and are truly heading.

For example, a leader may come into power and have such and such intention for his organization. That is his human logic at work. But then Life's situations and circumstance take over and overwhelm human intention, forcing it in the background.

And yet there is a higher force, Divine logic that is unfolding that transcends our intentions, as well as Life's forceful designs. And if we are in touch with that Supreme Power, then we overcome our limited human understanding, as well as the imposing positive and negatives of Life's intention, evoking ultimate conditions. We then become a Conscious Center of that Infinite consciousness, enabling its great Intention to progressively spread around the world.

Instructor Shifts Away from Separation, Attracting Wonderful Result

When you change your attitude about a person, shifting from separation to connection, fortuitous circumstance can suddenly occur, and others can blossom right before your eyes.

An instructor was having a problem with a slower student, and did not know what to do. He then thought about the matter and decided to give her some extra attention. When he did that, she quickly discovered a new feature that suddenly made her job position so much easier. It was a revelation for her, and a startling coincidence that the feature was just what she needed.

And we see that this synchronicity of events, this "Life Response" occurred because the instructor shifted his attitude from separation and distance to embracing the needs of another individual. In essence, it was a journey from division to Harmony.

No Title

Beneath all the dramatic changes in the world, as well as all conflicts and contradictions, is a further movement toward World Unity, including the prosperity and well-being of all the peoples, classes, nations, etc.

No Title

How to make Globalism work for everybody in the world is one of the great issues of our time.

Eliza and Darcy Align in Space-Time

When life response occurs, two parties move into alignment in the same space-time, place/moment. Interestingly, neither normally knows that they or the other party is doing so.

One of the most powerful example of this synchronistic dynamic can be seen in 'Pride and Prejudice.' There Eliza Bennett visits Darcy's estate when he is away on business, and realizes to her surprise that he is in fact a good man, not a prideful one as she had come to believe. Thus, an invisible attracting dynamic takes place, as he physically moves toward her - returning early to his vast estate from a business trip. This dynamic also occurs the other way around.

As a result of their complementary shifts in consciousness, they arrive in the same point in space and time. They are stunned at this development, yet are deeply happy inside, as they

have secretly come to long for one another. Their relationship is thus rekindled, and they are soon married.

What has happened is that their Higher consciousness - in the form of more positive attitudes toward one another - has aligned both parties in space-time, bringing great, even ultimate reward to both.

It turns out that this dynamic is happening to each of us all the time, to a lesser or greater degree. Unfortunately, we are normally unaware of the fact. However, we can become keenly cognizant of this phenomenon, and thereby continually evoke startling positive results. It is one of the great subtle powers of human existence.

No Title

For America to continue to lead the world, it must advance beyond material and military power to the psychological and the human. Otherwise, others will take the mantle and shape global events.

No Title

What good is creating jobs in your country if it causes others in other nations to lose theirs? That is why nations need to more deeply collaborate in formulate human benefits for all. Nations acting alone create a zero-sum game, which does great harm to the world. Collaboration and integration among the peoples of the planet creates an "everyone's a winner" mentality.

No Title

Freedom is fulfilled through fairness and equality; fairness and equality through freedom.

No Title

The best way to counter a reckless leader is to practice Non-Reaction to his/her tendencies, which will Attract beneficial conditions for those involved. On the other hand, reacting will only energize his/her negative behavior.

The Force, Not Artificial Technology Can Establish True Unending Life

There is now discussion of how we can reach immortality through the power of Technology. However, there is already a "Spiritual Technology" available to us that can lead us toward unending life on earth.

If we open to the Divine Supramental Force, the programming of the cells can be altered so that it no longer believes in the inevitability of a need to decay, or to formulate into disease, or even to die. In that way, the body's cells are able to overcome its millions-year old negative program, replacing it with a New Possibility of Unending Life.

This was in fact the great effort the personality known as the Mother made to transform her physical body in order to bring about a new human species that can be immortal, or live as long as one wants.

Not technology, but the spiritual Force can create true unending life. Not artificially, but through the supramental Power that is the source of this world.

This was part of Indian seer and sage Sri Aurobindo's vision for a new humanity. Willed endless Life; the emergence of new type of human body consisting of centers of consciousness replacing current systems, organs, and all; all on the way to the establishment of a Divine Life on Earth.

Trust and Prosperity

Karmayogi says that the key to prosperity in the world is Trust. Let us think of some examples:

- We trust the banks and place our money in it.
- The bank loans out funds as it trusts its borrowers.

- We accept money credit card, and Internet pulse of credit/debit because we trust in the system.
- We trust in other parties, communities, nations, people, spurring economic development.
- We trust in the products and services we are offered by others when we embrace them.
- We trust in our government to utilize our paid taxes efficiently.
- We trust in the Spirit, and Luck comes our way.
- If we are more fully conscious, we learn to trust others, not always being skeptical, fearful, cynical, etc.
- Others?

At each point that we move toward Trust, whether psychological or spiritual, development takes place. Now as the related monetary funds circulate, even more development occurs.

Ultimate Trust arises by connecting with our Soul that is in touch with the Soul of others and the worlds institution's Essence and Being. Goodwill, energy, and increasing Wealth naturally follow suit.

No Title

When Life makes requests of you and you shun them, you are likely to fall back and suffer the consequences. If you are a spiritual devotee and this happens, it is doubly worse, as it is likely the Divine behind Life making the request. Fortunately, if you suffer as a result of not taking up the opportunity, and acknowledge it through contrition and humility, it will often come back later on in another form for you to latch onto.

No Title

Right attitude equals speed, high performance, success. Wrong attitude equals slowness, delay, imperfection, failure.

No Title

Loving your job/work tends to attract unexpected new opportunities. Tolerating it has an opposite effect.

No Title

The infinite multiplicity that the Reality divides into includes everything - including all positives and negatives. It includes infinite negative variations, so they can evolve into their corresponding positive state, enabling the Reality to become an infinitely varied Divine multiplicity.

No Title

An infinitely Divine multiplicity here on earth will progressively exceed the underlying Supreme consciousness, which has no material variation.

No Title

Life in earth will progressively exceed God, as it continues to materialize Him in infinite variation.

No Title

Forces that oppose a progressive cause tend to energize it.

No Title

Regressive forces can unknowingly become instruments of social movements, as they can unconsciously latch onto something bigger than themselves.

No Title

If you overcome your hesitation of spending on something very important, life will return the favor by filling your coffers or otherwise bringing good fortune.

No Title

When you are involved in works for Mother, you are invariably engaged in a Universal work; i.e. for the world, society, not just for one's self. That makes it more challenging, as well as more satisfying.

No Title

Often freelancers don't attract work because they really don't want to work; or earn; or both. However, as soon as their attitude shifts, work begins to pour in.

No Title

Sri Aurobindo's teachings are so utterly different from the Indian tradition that learned Indians failed to understand him. Certainly, the people around him did not.

Disciplines for Integral Yoga

[Sri Aurobindo's] Integral yoga carries with it many disciplines. Instead of blindly following them, it is worth knowing the reason behind the discipline and acting with the necessary knowledge.

1. Don't complain.

The very act of complaining energises the thing complained about. Hence the prohibition against complaining.

2. Don't drink liquor and don't smoke

Causes a big drop in consciousness level requiring a great effort to come back to normal. Hence the injunction against these two.

3. Physical relations with one's married partner

Causes tremendous loss of energy which could have been positively channeled for higher purposes.

4. Don't take initiative.

Most initiatives are ego-based and therefore end up in failure. When life takes the initiatives, then it succeeds. Hence the advice against taking initiatives.

5. Don't attend funeral rituals.

Devotees who die, don't need funeral rituals. By carrying out rituals one is only needlessly delaying the departed soul from going to the feet of the Mother. Hence the warning against attending rituals.

6. Don't make demands on people for this or that favour.

The Mother is attending to our needs all the time. Hence it is necessary to tell Her only and She will arrange. People may sanction our request or not depending on their convenience whereas Mother always grants a sincere prayer. Hence the impropriety of making demands.

7. Don't pick quarrels.

When two people are quarrelling, both are in the wrong according to Mother. Hence the devotee is asked not to quarrel.

8. Don't put your faith in money, position, people or social status.

All these won't come to our help all the time. The only sure unfailing support is Mother's grace. Hence devotees are advised to give up these undependable supports.

9. Don't be proud or vain.

Pride and vanity only help to swell up one's ego which sadhaks are supposed to give up. Why strengthen what one is supposed to give up. Hence the advice against pride and vanity.

10. Don't be tempted by lottery schemes or engage in usury.

Lottery schemes are controlled by dark forces which are inimical to devotees. Hence one is advised to keep away from lottery. For some unspecified reason the Mother is against money-lending. So one is asked to honor Mother's wishes.

11. Don't follow traditional rituals.

Traditional rituals are most lifeless and empty. By practicing them one is only committing oneself to deadening forms which are against the spirit of integral sadhana which is full of life.

12. Don't go about worshipping Gods.

The Gods are fully satisfied with their splendours and have no interest in progressing further. The aim of integral yoga is to go to supermind which is above the Gods. Why stand in awe of Gods when one wants to go higher?

13. Don't be habit bound.

The aim of integral yoga is to be always fresh and spontaneous. By acting out of habit one is only strengthening one's fixity. Therefore, one is advised against forming habits. Many people have regular waking and sleeping hours and eating hours etc. It is fine but to the extent these are habits they are against the spirit of sadhana.

14. Don't engage in violence.

Except where Divine sanctions it, violence has no place in a sadhak's life. One can achieve whatever one wants through surrender and consecration. So where is the need for violence?

15. Don't become a slave of physical comforts or of money which is man's own creation.

Slavery to comforts only strengthens one's identification with one's own body, whereas the goal of yoga is to detach oneself from one's body and be identified with one's soul. Enslavement of any kind is against the spirit of this yoga which calls for mastery over material nature. (MSS)

No Title

Unknown to each, several scientists from around the world will invent the same thing but in a different way. Same for other professions/fields and their corresponding ideas, actions, etc. It's like an invisible cosmic cloud of information that moves across the world that we pick up on, believing it to be our own, yet is universal.

Comment: In Supramental consciousness we not only can be receivers, receptacles, but also be Initiators, Originators of such cosmic thought waves in the world.

No Title

Sri Karmayogi is a constant receptacle of the Divine through has infinite-like writings, which are utterly Fresh and Creative. He is an Original Thinker and Cosmic Genius, who is in tune with, is manifesting infinite iterations, variations of the Supreme's Real Ideas, as that unprecedented knowledge just pours out of him.

Like and Dislike of One Another, and Attraction Power

We shouldn't feel dislike toward others. It should be neutralized by overcoming our wanting attitudes toward them. We can even go a step further and from within send them, broadcast our goodwill. These will attract positive conditions all around.

However, if they have dislike for us, we should first of all not react, nor should we send them goodwill, as it will only ricochet negatively back on us.

In addition, there may be some aspect of their ill-will that relates to a negative attitude on our part. In that case we should investigate and make the firm decision to overcome it. Life will respond positively to that as well.

No Title

So many are talking about getting jobs in the tech industry and such, but we still need people who understand the fundamental workings and character of Life. Literary criticism, evolutionary psychology, historical analysis based on consciousness approach, etc can aid and advance the Evolution as well; maybe more so.

No Title

The great psychological disease of the modern world: IMPATIENCE, and the negative conditions it attracts.

No Title

What the modern world requires is maximum speed in tandem with infinite patience, enabling ultimate accomplishment.

No Title

"Brexit and the election of President Trump are the symptoms of society's preference to cling to the past rather than engage with the challenge of making the most of the future." (Rob Nail, CEO of Singularity University)

No Title

Inner orientation in the Depths enables ultimate outer perception and attraction power.

For Leslie

When the book 'The Adventure of Consciousness' by Satprem fell on Garry and Leslie at Moe's bookstore in Berkeley, California in 1972, it set in motion a series of events that brought Garry and Leslie to Karmayogi, and brought myself to Garry and Leslie.

A whole world of startling events followed.

I thank her for her wonderful interactions in the early days of Mere Cie; for her marvelous, flawless transcriptions of Appa's works; of her very helpful interface between Him and myself in many communications over a decade ago; for her inspiring work at Primrose School; and most of all in the joy she expressed in her words, her actions, and her smile.

Her Journey now continues with Mother in the Great Adventure beyond.

Connecting to Universal Waves of Information

Important ideas coming into our minds are often not our own, but invisible waves of knowledge from the subtle planes of Mind that we latch onto. That's why thoughts come simultaneously to several individuals at once, or inventions occur in several places in the world simultaneously, though there has been no contact or association among them.

Observers then turn around and call such developments "coincidence," when in fact the participants are sharing Waves of Information moving through the cosmos.

No Title

We want Life to move in a straight line; in a direction we perceive is to our advantage. However, Life is Conscious and full of surprises, that are there for our personal and spiritual growth, not our convenience. Let us therefore become conscious of the things that come our way, and what purpose it serves to elevate our lives.

No Title

In an open society, treacherous leaders can spur Progress through intense reaction to their negative actions.

No Title

People who relish disasters of all sorts can quickly become victims of it in their own lives. Best to stay away from, not broadcast such circumstance, lest you attract similar conditions to your person.

America has Wasted its Wealth by Not Investing in Its People

"American international companies made millions and millions of dollars from globalization ... The question is: where did that money go? It was wasted, Ma explained.... What if they had spent part of that money on building up their infrastructure, helping white-collar and blue-collar workers? You're supposed to spend money on your own people... It's not globalization – and everything that comes along with it, like free trade and outsourcing – that's to blame for America's woes. It's the way the country's elite managed the process."

-Jack Ma (founder of Alibaba, China's largest online retailer):

No Title

Mother may not give us the complete solution at once, but instead presents it over a certain period of time in order to give us the integral fullness of circumstance.

No Title

Often when there is intense disenchantment in society, individuals of lower values, or low consciousness circumstance will seize the day. Ascendancy and effect of the Higher will only come later.

The Specter of Nuclear World War

The lucrative arms business is suddenly expanding rapidly again, even as the nations of the world are becoming increasingly belligerent toward one another, leading to the real possibility that nuclear world war could break out very soon. "It all looks as if the world is preparing for war," said Gorbachev recently. Let us therefore pray for its reversal.

(This article explains it very well.)

<https://www.thenews.com.pk/print/183086-The-spectre-of-a-war-in-the-world>

No Title

It is a burning passion in me that India should awake to her Spiritual Treasure and become prosperous soon. (Sri Karmayogi)

No Title

The advent of the Spirit in life makes what is rare today widespread tomorrow. (Sri Karmayogi)

No Title

Wherever life opens prosperity, religion goes to the background...

... Hence the remedy for terrorism lies in opening up the avenues of Economic Betterment. (Karmayogi)

No Title

In India, we have not only subtle knowledge but subtle knowledge that is spiritual. Sri Aurobindo's Force gives a further evolutionary dimension to that Spirit. (Sri Karmayogi)

No Title

The guarantee to work is the basis of economic security. (Karmayogi)

Dark State of the World - 2/1/2017 - and the Way Out

- Dangerous Nationalism is on the rise around the world, creating vast friction within and among nations.
- Nations are rapidly rearming and acting bellicose toward one another, quickly moving the world toward regional or global tactical or even Nuclear War.
- United States is rapidly approaching insurrection and even Civil War-like conditions.
- Extremes of wealth inequality are threatening to tear nations and communities apart.
- Global warming is accelerating, threatening the sustainability and even the continuation of the physical earth.
- "Men, countries, continents! The choice is imperative: Truth, or the abyss" said the Mother.
- Thus, Sri Aurobindo's "The Hour of God" has truly arrived. We need to shift in consciousness today for now is the opportunity to make a great advance.
- Intense spiritual Prayer and Faith is needed to overcome these rapidly emerging dark circumstance.
- Only the Force can overcome these eventualities, as it did to win WWII and ending of Cold War.
- "One man can save the world," the wise man said - which Churchill, and then later, Gorbachev accomplished.
- Global Higher consciousness, Peace, unprecedented Prosperity for all, and serious movement toward Human Unity would be the result.
- The choice is ours.
- May Higher Minds prevail; not egoistic and selfish ones, as is now the case.

No Title

For spiritual aspirants: try not to control the world. Instead let the Divine behind Life, the world control you. Results will be astonishing.

Intense Focus Attracts Related Beer Truck Instantaneously

When you intensely focused on an issue, trying to see its fine points, life will suddenly present things directly related to what you were thinking about in ways that will astound.

A man was thinking about the issue of illegal immigration; i.e. whether it is a political issue or social issue or both. The particular question was whether or not companies should allow advertising in relation to their point of view on the issue. As an example, the issue was related to a national beer company's commercials on television.

The man continues to focus his mind on the issue. He was also walking at that time. It turns out that as soon as he stopped thinking about the issue and looked up, he immediately saw a truck owned by that very same national beer company he was thinking about! In fact, he had not seen a truck related to any beer company - let alone this well-known firm - in months if not years! Yet within 30 seconds of concluding his thoughts on the issue there suddenly was a truck in front of him from that very company. It was in fact the very first vehicle he saw.

The odds of that happening are a million to one, and yet he knew that that is precisely how life responds when you focus intensely on an issue, and try to dig further into the truth of things.

It turns out that he had had this sort of "life response" experience dozens if not hundreds of times before. Each time he was reminded of the subtle and miraculous-like undercurrents of Life.

No Title

We have found that when you embrace your current situation, such as a job position - rather than shirking it and hoping to get out for something different - life soon takes you to a better

situation. Thus putting full effort and positive attitude into one's current work - no matter how good or bad - quickly attracts better conditions for that person. In other words, embracing the present - rather than shunning it - guarantees a better future.

No Title

When the Divine has willed the emergence of supramental Man, no amount of human opposition can impede such emergence according to Mother. (Sri Karmayogi)

Maximizing Economic Security

Creating all the essential conditions to access and capacity to obtain remunerative employment of every citizen who seeks work is the optimal strategy for maximizing economic security for all ...

-New Economic Theory (NET) by Garry Jacobs

No Title

As you grow in consciousness, certain friends and relatives will recede from your life.

Comment: They recede because they cannot contribute to your further progress; and in certain instances may even be hostile to it.

No Title

Do you know what your Soul wants of you in this Life? If you do, you are well on your way to living an Adventure of Consciousness!

No Title

Self-Awareness is truly knowing who You are, and what You really want

No Title

A well-formed thought or note has real influencing power, whereas rough, ragged, hurried, impatient expression attracts negative unknowns.

Beyond Nature's Way of Division to Enable Progress

The more intense the division, the more integral, powerful the coming together. Eg WWII was followed by European Union; the conflict between Eliza and Darcy in Pride and Prejudice was followed by their intensive, benefit-spreading coming together.

On the other hand, Perpetual Higher Consciousness avoids the negative side, the conflictive, and goes directly to the positive outcome, rapidly turning limitation, finites, into infinite-like conditions. This will increasingly be the way of the future as we develop our consciousness to a higher level. In essence, the way of Spirit replacing the way of Nature.

No Title

If you want to attract opportunities for career success, you really have to want to work.

No Title

The material universe is the physical body of God.

The Traditions vs Sri Aurobindo's Integral View of Existence

Sri Aurobindo talks about the truths of the traditions in detail like the truths of Bhakthi Yoga, Raja Yoga, Gnana Yoga and how they can be taken further to evolve the truths of an Integrated view, which He calls "Integral Yoga."

The truth is Satchidananda is real, the Spirit is real. At the same time, the matter is real, the life is real, and the mind is real as well.

The tradition has discovered the truth of the Spirit. But it has missed the relationship between the Spirit and the world.

Sri Aurobindo's view is to build on that essence of truth and how to forge that relationship to make it conscious through the discovery and utilization of the Psychic Being (evolving soul) and Supermind (the spiritual Force and creator of the universe).

How to do it? Sri Aurobindo has given us the map, the engineering drawing, the detailed methodology for assembling the parts of the universal nature to reveal that divinity. (Paraphrase of Garry Jacobs)

Spirit vs. Soul

Q: What is the difference between Spirit and Soul?

A: Spirit is the Unmanifest Divine in the Transcendent.

Soul is the Spirit in the Universe. (Garry Jacobs)

Reader: This area I am not able to follow.

Response: You can think of Soul as spirit gathering in the heart or essence of the material world. Each of us has a Soul, as does the world and universe. Even objects have a kind of essence or Soul.

Soul is thus a gathering of spirit at the heart of the universe and each human.

Soul is also evolving, gathering new experience in a progressive movement, whether at universal, global, or individual level.

Evolution itself is the progressive movement from Nature (Prakriti) to (Purusha); from the slow and difficult way of Life to the more rapid, harmonious way of Essence/Being/Soul.

Individually it is a movement from the surface consciousness to the Depths within (culminating in soul/psychic being),

Behind Soul is the transcendent Spirit, the Divine, including Its Cosmic Intent.

Soul, including Psychic Being, is the interface between Nature/Life and Spirit; the bridge between these two realms, serving a progressive, evolutionary purpose. Eg it is where Timelessness and Time meet.

No Title

It is gratifying to me to see an American make an Indian more individualistic, and see an Indian make an American more spiritual.

No Title

While Patriotism is a generally positive love of country, originating anywhere along the political and social spectrum, Nationalism is a powerful negative force of Ego that tends to end in War.

No Title

Systemizing enables greater speed in life, as it produces simplicity of execution. It is one expression of the power of Mind to organize life.

If that is the case, then what can you systematize in your life, accelerating results, and therefore your or others' success?

No Title

Each generation tends to ignore the cultural developments of the previous one, seeking new expression. The former then fades from the scene. The latter eventually too is forgotten, as the next generation after appears.

No Title

Hopefully young Indians will take the best of America, -- freedom, individuality, entrepreneurship, intention, hard work, giving up inhibition, optimism, prosperity, et al, -- without taking the worst; the excess.

The Great Missed Opportunity and "Triumphalism"

An opportunity missed can ruin a life. When the Cold War ended the West and Russia had the opportunity to solve the world's problems. Instead the West marginalized the Russians and practiced what Gorbachev recently called "Triumphalism." i.e. America and the West's view that "you Russia lost and we the West won, so retreat from the world stage."

Since the end of the Cold War (1989) Russia was humiliated. marginalized, ignored, left out of international negotiations, and even threatened by an expanding NATO. And so in response, in order to gain self-respect, to give them a sense of strength the Russian people have chosen an undemocratic autocrat in Putin.

When we miss a golden opportunity, life can respond, setting loose great negative forces in the world.

No Title

Physically controlling terrorism is a good thing. The more countries cooperate to end the scourge, the better. However, to END terrorism, we must help create prosperity in the nations where they originate. When people acquire material goods and move up the ladder of prosperity, they are far less likely to take to extreme fundamentalism, nationalism, and the like. Let's create a global solution to resolve this problem economically.

Guiding Our Way Forward

When I notice the ongoing success of a function, such as a computer app, and the decision I had to make among several choices to pick the right one months or years ago, it is clear that a Higher Power was at work making just the right choice as it related to yet-to/be future events and circumstance.

Or to put it another way, Mother knew the future when we were deciding in the present, Guiding our way forward.

Unconsciousness and Response of Katrina

When you have an insistent false view of reality, sooner or later Life will respond with negative circumstance, though not necessarily in the form you might expect.

George Bush Jr as president of the US did not believe in global warming, coming from an oil family; the fuel that dramatically accelerates it.

You might think life would then respond with a corresponding, mirror-image vast disaster related to oil. Instead Mother Nature gave the country Hurricane Katrina that put a Southern city under water and killed more people than 9/11.

Katrina came under his watch as a negative response to his beliefs about global warming, coming to his beloved South. It was as if She said, "well you don't believe in a truth in one form; well I'll give it back in another!"

It was no coincidence it happened on his watch at that time. Or to put it another way: "Life is Conscious; even if we are not."

Comment: If we examine our own situation, we will see how we too attract negative conditions due to our limited opinions, attitudes, behaviors, and beliefs. However if we identify and reverse them, negative conditions will evaporate, or positive new ones will suddenly appear. This holds true for any Collective as well, such as a family, a business, a community, or nation.

Difficulty of Sri Aurobindo's Path

In Sri Aurobindo's integral yoga, you are constantly stretched to the limit. Life constantly takes you to extremes, with your capacity to surrender the only way forward. Moreover it's only when you surpass that limitation, that roadblock of life, that sticky point, that you have a further breakthrough into the light, making a yogic advance; rarely before.

Thus, Integral Yoga is not for the faint of heart; even those spiritually disposed.

No wonder Sri Karmayogi does not actively recommend the Integral Yoga to anybody, with its vast extremes and difficulties to negotiate; except in those cases where an individual intensely aspires to do so. And even then he cautions.

And yet it is the most powerful spiritual approach that exists on earth to reach the Supramental heights and an integral, spiritual transformation.

Strategies to Increase Harmony, Romance

Here are a number of strategies to create greater Harmony in your significant relationship, that will also have the effect of increasing the level of Romance between you.

- Focus on giving, not taking
- Shift from your wants to theirs
- Don't blame them for anything
- Take responsibility instead of blaming
- Don't complain
- Don't over-react to their bother. Be still.
- Listen first, talk after
- Take their point of view, giving up yours
- Don't irritate them
- Don't tease them
- Acknowledge their good points
- Acknowledge what they have done well
- Don't harbor resentments
- Give up any ill-will
- Catch, halt any bitterness
- Don't try to change them
- Don't point out their deficiencies
- Don't try to dominate them
- Halt all Ego movements in relation to them
- Speak more softly, respectfully
- Treat them like royalty
- Feel and express gratitude
- Re-balance your life, priorities for them
- Engage in enjoyable things together
- Give up expectations of them
- Let them be free
- Always ask them what they want
- Make yourself peaceful inside
- Feel your soul, as well as theirs

Pick out several harmonic, romance-inducing strategies and begin implementing them today!

No Title

Deregulated financial speculation is the greatest threat to the world economy today. It is the hydrogen bomb of global economics and social stability.

One Week's Work in One Day

Work is done by several people in several fashions. People working in a sluggish organisation visiting alert companies often find that there the work is done quicker. What they do in a month gets done here in a day or two. They are all appreciation. It stops there. NO ATTEMPT IS MADE TO KNOW HOW THE WORK WAS DONE QUICKLY. You may have seen uneducated people, or less educated persons trying to write down the monthly accounts. They take a whole day. While doing it, they perspire. It is a work of half an hour to an educated person. A graduate in an office was trying to draft a reply to a routine letter of ten sentences. He wrote it down ten times and spent a full hour on it. Obviously, he had no skill and language was a bother. Still, IS IT HUMANLY POSSIBLE TO DO SEVEN DAYS OF WORK IN ONE DAY?

The value of a programme can be best appreciated by the CEOs of companies. They attend seminars paying a fee of Rs. 25,000/-. There are two parts in the scheme. The first is elimination of waste, alertness, memory, presence of mind, unruffled temper, organised work, etc. One who is unorganised and sluggish will double his efficiency by doing all these. Maybe he will treble it. That is the smaller part of it. A Dutch girl was in tears when she was given a 50-hour work in a 40-hour week. A colleague consoled her and tried to help her. The first thing he asked her was to write down all the work and post the shortest time it needed next to it. She did that. It totaled 27 hours. She was all smiles. OUR WORK IS NOT TIME CONSUMING. OUR WAY OF DOING IT IS.

CEO's are efficient. They do not commit such lapses. The second part of the programme is to upgrade the idea behind the organisation of work. Here we can only mention the principle, not offer a detailed explanation accompanied by a striking example. The secret lies in the fact that we LOVE what we do as we are efficient in doing it. Instead of attending to the details, one should take care of its essence. CAPACITY TO MOVE AWAY FROM THE LOVE OF DETAILS TO THE SIGNIFICANCE OF THE ESSENCE ENABLES ONE TO DO IN ONE DAY THE WORK OF SEVEN DAYS. The basic contradiction lies in the fact that efficiency is attention to details. It is possible for us to take care of the essence without losing hold of the details. Learning to do it requires the discussion of an actual work. No question need be raised as to its possibility, as the people above us are already doing it. It is not a knotty problem, but a subtle tangle one needs to undo with penetration. (Karmayogi)

Making Extra Effort Attracts Next Level of Training Materials

Willing to go the extra mile to clarify that which is confusing can suddenly open up opportunities that take us to the next level.

A man engaged in learning a complex and comprehensive software application made an extra effort to discover how one particular obscure feature worked. After pushing himself to find information about it, discovering it, and then making the extra effort to learn it, he suddenly discovered an even higher level of training course available for the application. In fact, it was just what he needed at that point in his self-training efforts!

When we make an intense, persevering effort - i.e. going the extra mile, - it has the power to attract new opportunities and benefits that are precisely what we need at that point in our development. It almost seems like magic, yet it is how life works when perceived from the subtle level.

No Title

Consciously going the extra mile is preferable to doing so unconsciously on occasion.

Comment: With this approach Response from Life will be much more consistent, cumulatively taking one to peaks of success.

No Title

Saturation at the current level attracts conditions that take you to the next level.

Spirit and Soul According to Sri Aurobindo

For us, Spirit is soul or God, a power that presides over human destiny, as we take government to be a power in the capital.

Spirit, to Sri Aurobindo is the experience of Sat [the original Being] while it tries to objectify. This experience renders Sat into substance. It is out of that substance the world is made.

It is difficult for us to distinguish between Spirit, Soul and Being. He explains that Spirit in the transcendent plane is before Time was created and Soul is the Spirit in the Cosmos and Universe. (Sri Karmayogi)

No Title

We can inwardly call to the Spirit to bring about Truth in the world for a great cause, dissolving the opposition. It is an ultimate expression of the method of "Silent Will."

No Title

One expression of Supramental Life is everything dovetailing, synchronizing exactly at the right moment among the parties and circumstance, while being fully conscious of all movements involved at each point along the way.

No Title

When you look up, it is not just God's sky that you see, but God in the form of Sky.

No Title

In normal life, we enjoy repeating our personal habits over and over. In higher consciousness, Spiritual Life we enjoy doing things differently each time as circumstances and intuition dictate. Freshness, energy, and joy invariably follow; not to mention unexpected, positive response from Life.

No Title

The world has been evolving very fast in consciousness in the several decades, and has shown that it ready to go to an even greater stage of cooperation. However, there are dark forces that do not want that to happen. They (dark forces at the subtle plane) want to take a stand against such Progress. And so circumstance take shape that work out the movement to the next stage.

Interestingly, even the progressive forces have their dark spots. And so Nature creates circumstances for the dark forces to reveal their falsehood so that they are overcome, while the progressive forces are purified and further enlightened.

Betrayal is Ignorance of our inner limitation that attracts from life the betraying outer result.

On Betrayal

Here are some powerful insights on the subject of Betrayal, by Karmayogi.

- Betrayal seeks you as you still cherish loyalty.

- Betrayal in friendship only expresses that the growth cycle of the relationship is completed.

- If you betray one who lovingly trusted you, it comes back to you.

- When a dearly loved friend betrays you, the heart gets crushed and knowledge is born. What gets crushed is faith in falsehood and what is born is Truth. Whose heart was false? His who betrayed or the one that was crushed? Only falsehood gets crushed. Truth never gets that turn.

- One avoids betrayal if he has the knowledge not to depend on them. (Karmayogi)

Comment: Perhaps we can say that when a work is done from a higher consciousness, there is loyalty that is without attachment, preventing or not being bothered by betrayal.

Ignorance of the Visual Sense

People see what is in front of them, and then jump to completely erroneous conclusions. It is because we live on the surface, and the discriminatory mind is held at bay, while the sense mind (visual, auditory) is in the fore.

An individual saw a photo of a potential skyscraper. He then asserted that it was a shame that there were no other pictures showing the front side. In fact, he assumed they were never created. In fact, there were in existence those very photos, which had recently been presented to the audience interested in the topic.

By being dominated by what he saw before him through the visual sense, his mind was not thinking logically, which would enable him to consider other possibilities. Sense mind is like that. It is more often than not, limited, exclusionary, and illogical. It is our front facing visual vehicle of Ignorance in the world. And it leads us to wrong conclusions many times in the course of our day. Just observe yourself in the course of your day, and you will be astonished how often the sense mind comes to the wrong conclusions.

Special Capacities of Mother's Grace

We know Mother's Grace is supramental and that therefore it is something special and different from the grace of overmental Gods. Let us see some sample demonstrations.

1. Grace can cancel all our past wrong doings and give us a new start in life. For example, if a debtor sincerely regrets his past debt-ridden life, She can help clear all his debts and make him start his life afresh.
 2. Grace always gives more than what is asked for. For example, if a devotee prays for a 1000 Rupees annual Increment in salary, grace can offer him 2000 or more.
 3. Grace can bring about new opportunities in the horizon of the devotee's life which never existed before in his life. For example, a normal business man will get export opportunities which he never expected.
 4. Grace can solve long-standing problems in no time leaving the devotee totally surprised. For example, a husband and wife who were separated for 10 years will find themselves together after the wife starts offering harmony flowers to Mother for just a week.
 5. Grace can bring about new laws to favour a devotee. For example, a devotee hesitated to opt for VRS as she feared loss of income. Government announced that those opting for VRS will be paid lump sum for all remaining service years.
 6. Grace can turn trouble into a benefit for a devotee. A devotee's agricultural property was constantly invaded by cows for grazing which spoiled his crops. Complaints to the village chieftain proved useless. This prompted the devotee to raise Bamboo along his farm's borders. Now the bamboo fencing is providing an impenetrable protection for the whole of his property making cattle invasion an impossibility.
 7. Grace can make a remote distant possibility in the future an immediate present reality. For example, a devotee hoped to expand his business to 500 crores by the end of his life which meant in his 80s. Surprisingly he reached that level in the next 10 years.
 8. Grace can help retrieve lost valuables. For example, a devotee lady lost her passport and the government refused to give her a new passport demanding that the lost passport be returned. She voiced a prayer and the same day an employee of a travel agency came to her house saying that she had left her passport in their office 3 months ago when she came to book some flight tickets.
 9. Grace can help devotees crippled by disease to recover enough to do work like every other normal person. For example, a lady proved unfit to do domestic work for which she was hired due to circulatory problem. But her living in a devotee's house cured her complaint and she worked for another 30 years before she was advised to take rest.
 10. Grace can make a failure pave the way for a bigger success. A devotee failed in his IAS entrance exams. Later on he wrote bank exam and passed and was posted as a Bank Manager.
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10. Grace can make a failure pave the way for a bigger success. A devotee failed in his IAS entrance exams. Later on he wrote bank exam and passed and was posted as a Bank Manager. (N. Asokan, MSS)

No Title

When you see how everything fits together in your life, nothing can ever seriously disturb you.

Various Ways Increased Harmony Elevates Life

Sri Aurobindo said that all problems of life are problems of Harmony. Thus if we address the lack of harmony, we can solve any and all the problems of life. Eg-

- greater Harmony solves the problems that exist among nations
- greater Harmony bridges the gap and solves problems that exist among government, the private sector, and the people
- greater Harmony solve the problems that exist between individuals
- greater Harmony resolves problems that exist within collectives; whether within a nation state, the locality, community, an institution, a business, a family
- greater Harmony amongst the different parts of our being – physical, vital emotional, mental, and spiritual - eliminates all problems we counter, and attracts the greatest positive possibilities

- greater harmony between our values and beliefs, with our behavior and actions resolves problems and attracts ultimate success
- greater Harmony between what your promise and what you deliver will garner the cooperation of life.
- greater integration and Harmony among the field of Life - science, technology, sociology, psychology, etc. - enables deeper insight for each of them
- greater Harmony between Spirit and Life rapidly evolves the latter.
- greater Harmony between the needs of the individual and that of any collective elevates both.
- others?

No Title

... to rest and enjoy ourselves, now it is not the time for that. We are here to prepare the way for the new creation. (Mother, from Agenda)

Life Moving towards You Succeeds

Whatever comes to you of its own accord, its own initiative, that you embrace, tends to succeed; whereas what you initiate tends to succeed far less often. It is because the former has the sanction of Life, even the Divine; whereas the latter only has your sanction.

Shedding Dishonesty Attracts

Sri Karmayogi says Dishonesty is India's greatest failure. Not merely politicians and officials, but the common man as well.

It is also a proven subtle law of existence that shifting from Dishonesty to Honesty attracts sudden good fortune from out of nowhere. This is where India can dramatically accelerate its development.

Each citizen should therefore examine his attitudes and behavior, and block out Dishonesty, substituting Truth of thought, feeling, and expression, which will cause Life to present golden opportunities, rocketing him to the top. It will seem like a miracle!

--

"Dishonesty is to act without honesty. It is used to describe a lack of probity, cheating, lying or being deliberately deceptive or a lack in integrity, knavishness, perfidiousity, corruption or treacherousness." Wikipedia

No Title

It's easy to be critical of others, but it's much more difficult to be Non-critical. The latter takes true conscious restraint. And yet practicing it will create better relations with others, while attracting the sudden onset of positive conditions. Thus, being non-critical is a spiritual virtue; a sign of a higher consciousness personality.

Intimacy and Intensity of Love In 'The Notebook'

(SM)

In the film 'The Notebook,' Noah and Allie were attracted to one another, and they spent their summer holiday moments together, and life was like heaven on earth.

It was a time where there was no influence on them from mental considerations, family or society. They loved each other intensely, and their moments were filled with joy, freedom and love.

In one such moment, Noah expressed his dream of buying an abandoned house. Allie then expressed how she would like it to be furnished, and how she would like to spend their life in it as a family. Noah then promised Allie that he would do so in the future. It was a dream that came from the depths of their Being.

In the meantime, they were forced to separate due to her parents' influence. As a result, their love and dream then moved into the depths of their being, as they were moved about by the surface happenings of their lives.

We have seen that Initiatives originating in Life (as opposed to our own efforts), and the synchronous, serendipitous moments we experience are the guiding lights that show us where we should focus our energies, which in turn can ultimately lead us to what we are destined to experience.

When Noah got back from the war, his father gifted him the abandoned house, which was in essence an initiative of Life. And when he looked at the home, the first thought that came to him was of Allie. So he decided to renovate the house and then began working on it.

In the meantime, he discovered that Allie was in a relationship with another guy (Lon). Though he felt disappointed, he did not react to it and instead focused on completing the house as intended (thus practicing "Silent Will"). Indeed, he did so, completed the house which came out beautifully.

At the same time, Allie got engaged, and was about to marry Lon. At this very intense moment, she happened to see the picture of Noah with the completed house in a newspaper. It was Life's initiative once again.

It led her to meet up with him up, and she realized how she was so much more free and cheerful than in the past, where she was happy, but really just content within social limitations. They finally got married and lived together till the end.

In our life, how many life initiatives and synchronous moments do we notice? And do we think about it seriously, and pursue it accordingly?

Before Noah and Allie were reunited, both were in a relationship with other people. If they were destined to marry each other, why did life introduce other people in their lives which caused unnecessary pain and? This pattern can be seen in many movies - like "Serendipity", "Sleepless in Seattle;" and also in many relationships. There is no easy or general answer as each case will be different.

However, what I thought of was this: each soul is here to learn particular lessons and go through certain experiences. The purpose is not only to gain a knowledge, but to give certain experiences to other souls, and through their interaction those other souls would grow as well in that journey. Probably that was the case for the various partners in this film.

In real life, we are not aware of our soul's purpose. Could we progress in our life without going through such unnecessary interactions, thus avoiding such painful shifts? Perhaps so, provided we were very conscious about what's happening within us, around us, life's synchronous moments and so forth.

[Issues addressed: intensity/depth of love; Life's Initiatives Succeed, Silent Will, Power of Intention, Necessity of Life Experiences to Grow, Soul's experience]

No Title

We can live an ordinary life like everyone else or we can commit to an extraordinary existence as envisioned by Sri Aurobindo and the Mother. It is that great decision that awaits us. What then will you do?

No Title

In a general and absolute way, difficulties are ALWAYS graces. And due to ... (how can I put it?) human weakness they fail to be helpful. Difficulties are ALWAYS graces. I have been on earth for quite a while this time and always – always, always, always, without a single exception – I have seen in the end that difficulties are nothing but graces. I can neither feel nor see things otherwise because it has been my experience all my life. I might be upset at first and say, "How come, I am full of goodwill, yet difficulties keep piling up...." But afterwards, I could have simply given myself a slap: "Silly you! It's just to bring more perfection to your character and the work!" There.

(Mother, from Agenda, April 4, 1972)

Que Ta volonté soit faite [let Your will be done] – WHATEVER it is.

Voila. That's my position. (The Mother)

On Higher Consciousness Governance

One can govern without taking sides. That is the mistake of all the governments; they reduce their capacity tremendously. But beyond the mind, there is a higher and deeper consciousness – they would find a Consciousness in which one can make use of all the capacities. It is a question of the consciousness being broad enough, so that each capacity can be put in its place in order to make a general harmony.

(The Mother, from Agenda January 20, 1973, spoken to the Dalai Lama, who was sick of politics, its divisiveness, and therefore uninterested in governing Tibet one day again in future.)

Life's Initiatives vs Our Own Intention

Q: You indicated that Life's Initiatives succeed, whereas our own initiatives succeed less. But don't our dreams, our intentions also bring about success?

A: Intention, Aspiration surely moves one toward a goal. It does not however guarantee success in the desired area, as what Life wants of you may supersede your intentions. My own experience has been that almost every success I have had come when something or someone came to me, offering an opportunity. When I initiated strictly on my own, without any outer influence, there was limited or short-term success.

Of course, our subconscious and Soul being aspires too, but unlike the surface personality and its intention, the Soul is fully in sync with Life's, the Divine's initiative coming to you. In a fully conscious individual, one's Intention and Life's influence and initiative become one.

Eg Steve Jobs did not change the world simply out of his own intention, as there was already a computer revolution developing. He caught the wave and built on it. On the other hand, he was also in touch with his True Individuality, his Soul purpose, which sent him in the right direction, attracted the right things and thereby altered the technological history of the world.

Thus, if one's Aspiration is deep, Life will tend to conspire in your favor. And yet, even then, Life, the Divine may have different plans for you!

No Title

If you call to the Universe for it to bring something significant to you, -- i.e. what IT wants and intends for you, (not what you want), -- and you have faith and are patient, Life will seek you out with golden opportunities. It is the real Secret behind 'The Secret.'

No Title

Self-giving is the path to transcending ego and universalizing the consciousness so we truly live for the Divine in others, the world and beyond, rather than our own personal advancement. (Garry Jacobs, MSS)

No Title

The more we advance on the way, the more the need of a divine Presence becomes indispensable – imperative and indispensable. (The Mother, Agenda, February 21, 1973)

Our Purpose: To Have an Individual and Global Consciousness Together, Merged

I have a sort of impression of knowing the why of the creation.

It was to realize the phenomenon of a consciousness which would have at once an individual consciousness – the individual consciousness we have naturally – and a consciousness of the whole, a consciousness (how to put it?) ... it could be called global.

But both consciousnesses merge into something ... which we have yet to find. A consciousness at once individual and total.

And all the work is to merge the two consciousnesses in a consciousness which is both at once. That is the next realization. (The Mother, Agenda, October 30, 1971)

No Title

What people call "Luck" is the onset of unexpected, sudden good fortune from the field of Life due to shifts in one's consciousness to the positive.

No Title

Dark/asuric titanic forces can galvanize, deepen, make more aware and conscious the forces of Light.

No Title

Personal initiatives are increasingly becoming painful; while responding to Life's initiatives, to Her's becomes pleasurable when acted upon.

Reader: Why increasingly?

Response: The more conscious you become, the more resistance when you initiate on your own, as you become (in one sense) even more out of tune with life

No Title

We make quick, fast, inaccurate judgments about others because we live on the surface. And yet from a deeper poise within, we tend to reflect more on the situation before making blanket statements about others. Patient there, we inquire, we contemplate, we learn, and are therefore more likely to be in touch with the truer Truth of things.

No Title

A positive or negative experience suddenly coming can indicate not just one thing but several, or even a dozen simultaneously. It is another indicator that Life/Nature always moves on several fronts simultaneously, which is Its great Efficiency.

No Title

-Moving away from the habitual activity that gives satisfaction and identity helps you open to what is trying to come.

-Give up habits that bring satisfaction and identity, so the descending Grace will enter without pain and the corresponding opportunities flooding in will be realized.

No Title

Sri Aurobindo came to tell the world the beauty of the future to come... He came to give – not a hope: a certitude of the splendor towards which the world is moving. (The Mother, from Agenda November 27, 1971)

No Title

Greater than the folly of men is the Light and Strength and Force of the Divine Mother.

Tyranny and Love

-Tyranny is lack of means of expression of intense love.

-Tyranny is intensity of love ill delivered.

The victim of tyranny when he penetrates it and reaches the truth inside can surrender to it if he wants to transform tyranny into Love. Surrender is the alchemy that transforms cruelty into Love. (Karmayogi)

No Title

A capable man who is strict will become a tyrant. (Karmayogi paraphrase)

No Title

Tyranny is cruel, unreasonable, or arbitrary use of power or control. Thus, a tyrant is one who expresses these qualities to the detriment of others.

Higher consciousness shifts one from the ego-orientation of Nationalism to the harmonic, human-centered state of Internationalism. It is a shift in focus from me to us. From preoccupation and strict assertion of my land first, to that of the needs of all on Earth.

The Future Is for Fairness, Not for Tyranny

Man was physical at the dawn of civilisation. The physically strong man became the ruler. He was not elected or selected. He foisted himself on those who were weak. People worshipped his strength. The original meaning of the word tyrant was leader. That was so in Greece, where democracy was born. Today man is not so physical or even vital. Mind has emerged in action, if not in mastery. Cruelty is frowned upon. (Karmayogi)

No Title

Higher consciousness shifts one from the ego-orientation of Nationalism to the harmonic, human-centered state of Internationalism. It is a shift in focus from me to us. From preoccupation and strict assertion of my land first, to that of the needs of all on Earth.

No Title

The future is not for the national collective, but for the Individual. Democracy, socialism, Individuality and Spirituality will rule the future. (Karmayogi)

No Title

European Union can become even stronger when member nations abandon their self-absorption with their own concerns to that of the needs of all members. It is a movement from national ego to greater collaboration, integration, and harmony. Its success can then serve as a model for the whole of humanity to follow in its progressive movement toward Human Unity.

No Title

Each significant disaster that arises opens up vast opportunities for unprecedented positive change.

Comment: This disaster opens up possibilities for dramatically improving the infrastructure throughout the United States, which can be a great boon for the county:

<http://fortune.com/2017/02/18/oroville-dam-california-flood/>

The Future and Spirit

The Future is not for rituals and ceremonies. It is not for religion or religious worship. The Future is for the Spirit. (Sri Karmayogi)

Avoiding Life's Negative Repetition

Each small negative event usually indicates another one to come; often one much greater. Therefore, one should consecrate the small negative immediately after its occurrence to prevent the bigger one from coming later on. After all, life's Acts tends to repeat. Through consecration we overcome that tendency, avoiding future failure and pain.

In Depths Intuitions are Revealed

As soon as you move to a deeper consciousness, intuitions of what needs to be known, what is necessary to do next, etc. suddenly present themselves in your mind, thereby avoiding pitfalls and problems.

No Title

Turning off your mind when it is not necessary is a wonderful thing to do; with marvelous benefit.

From Nation-state to Individuality and Internationalism

We are gradually moving away from the pre-eminence of the nation state. It is happening from two directions. From below, through the increasing empowerment of the Individual; and from above through various formations of international collaboration, on the way to global unity.

Comment: Over 75 years ago this is what Sri Aurobindo suggested would occur in his society-oriented books such *Ideal of Human Unity*, *the Human Cycle*, etc.

On Mother's Birthday

21st February is the day the Divine - Shakti - presented herself in a physical form to the world. SHE has declared that SHE is a force in action. Mother played that role to the Power of Sri Aurobindo. He said that His powers would have remained with Him if Mother had not arrived. Mother is eternal. She has always been there and always will be there. (P.V. Sankar)

No Title

On the surface, the conflicts and contradictions we have with others get amplified; while in the depths they are assuaged and harmonized.

Two Words

In the spring of 1976 Garry Jacobs said to me the two most important words of my life just before I went out selling that day for the first time for his fledgling import company in California, Mere Cie. He simply said: "Remember Mother." As a result of those words, my life would never be the same.

Ego and Life Flow

As soon as you add your ego to the Flow, things quickly move out of sync.

Detachment and Speed

Attachment to and expectation of potential future outcomes makes time go slow; often painfully so. However, when we are detached and not expecting - i.e. in the Right Flow - life moves fast, and successfully so.

Assumptions: Fact Checking Our Lives

Assumptions are the bedrock of our mental existence. We go forth in Life assuming certain things to be true, and our decisions then follow.

However, if we were to examine our assumptions against the true truth of things, we might be in for a shock how often we assumed wrong.

Eg one man seeking to sell his books abroad assumed that most Indians spoke English as a second language, when in fact only 10% do.

Such assumptions can also relate to great historical events. Eg Nehru, the first Indian prime minister assumed the Chinese would cooperate over border matters and instead invaded India. Likewise, Gandhi his mentor assumed that peaceful non-violence would bring about

Indian independence without violence, when it actually elicited the opposite with millions dead, plus partition of future nuclear enemies.

It is always helpful to consider the truth of our assumptions. I recall Karmayogi imploring me to check the historical facts whenever I made factual statements in my books and articles. When I went back and fact checked certain specifics in Wikipedia et al, I discovered holes in several of my assumptions. Sometimes I was taken aback, but in the end I was happy to discover the real truth of things.

How many things we assume to be true, but are not. It is one of the great ways we express our Ignorance in life.

All fields of life have their assumptions. Science's worldview assumes that the material reality alone is real, with other dimensions of existence questionable. Here the assumption in essence denies or ignores the subtle and spiritual. How many limited or false assumptions are there in other fields of life, in the institutions we partake in, and all?

Carefully examining the assumptions around us can purify and uplift a work. It can also help us understand a great work. Eg in studying Sri Aurobindo's metaphysical epic, the Life Divine, it might be worth listing out some of the assumptions he makes about reality. That way others can more readily understand his worldview, and thus the dense words and arguments in his great work.

Likewise, we can examine our own worldview and fact check our own assumptions. Maybe years ago, we had an experience in a certain direction and now assume that all such matters must turn out the same way. It can be a dangerous assumption for ourselves and others.

Or maybe we were raised with a certain philosophy in business or economics and we hold onto it doggedly, regardless of the reality Life is presenting.

In such ways, our assumptions are often riddled with falsehood and error. It happens in regards to money, to romance, to every aspect of our lives.

Fact checking the truth requires an open and discriminating mind. It is thus one great means of continuous personal and spiritual growth.

Comment: (response PVS)

Thanks to Roy Posner for this veritable post. My understanding from what Roy has stated is that we must not stop short of our assumptions but must go into the Truth of the matter.

Assumption, I feel, is a very powerful tool that our ego employs to keep all our senses under the cloud of ignorance. On a louder thinking, I felt the 'assumption' is the engine of our day to day activities and thus keeps us perpetually completely immersed in ignorance. It is very amusing to note that the foundation for all top management tools like Forecasting, budgeting, Strategic Planning, Balanced Score Card, Bench marking etc. is full and full assumptions.

Mother says The Truth cannot be expressed in mental terms. The Truth cannot be formulated, it cannot be defined - it is to be lived. The Truth is something living, moving, expressing itself at each second, and it is one way of approaching the Supreme.

Kalidasa has referred to the extraordinary capacity of swan 'separating milk from water' in the Abhijnanasakuntalam drama. Can we be like Swans separating Truth from assumption?

One way, I feel is by Ātma-vichāra, by looking at any thought other than our primal thought 'I', which is the domain of Rishis.

The other easiest way for us is to perpetually refer our thoughts to MOTHER and be guided by HER dictum. In other words, we have to replace assumption with consecration that will ultimately make our whole Life their Yoga. Again, easily said than done.

Post Serendipity

When posts appear exactly when people need them, even though the author has no knowledge of what those individuals are going through, it's a sign of a rising Unity consciousness; otherwise known as "Supramental."

Detachment Attracts Startling Outcome

When you detach yourself from your position in a debate with another, startling outcomes can come about, including the complete reversal of the other individual's point of view

Eg one person shifted from defending his position to utterly forgetting about it, and an hour later the other individual told him that she had never received his point of view in the first place through the Internet, and now that she mysteriously did, she completely sympathized with the man's earlier point of view!

Blame to Inner Responsibility

A rising consciousness is indicated by a shift from placing blame on externals to taking Inner Responsibility for conditions.

Acceleration of Humanity's Progress

Human progress is accelerating; not just materially or technologically, but in knowledge and understanding, and even psychologically.

Though not occurring evenly, in some area the change is approaching the exponential.

Humanity has evolved in the last 20 years as much as the last 100, the recent 10 in what it took in the previous 40, etc.

If human nature evolves concurrent to those other rapid changes, then a New Age will truly begin. Short of that it will likely be a ragged, yet still with a dynamic movement forward.

Also, those Spiritually connected, who are fully open to the evolutionary change can increasingly serve as guides into this New Unknown.

Reader: I was reading about this a few minutes back. If the universe were a year old, then it would have begun on January 1st at 00:00:00:00.

The Solar System would have formed on the 1st of September, and by the 23rd, the first life would have evolved. Non-avian dinosaurs would have lived between the 26th and 31st of December, and the lineage of humans and chimpanzees would have diverged on December 31st at 20:00.

Humans would have evolved at 23:52, and put a person on the Moon by 23:59:59:54. <http://www.thestargarden.co.uk/Timeline.html>

Response: Yes, scientist and author Carl Sagan pointed this out in the Cosmos TV series several decades ago. Thus, the trend line of our current and future, ever-accelerating, exponential evolution would become an ever-decreasing micro-infinitesimal.

I would add one more entry to the extensive, mainly-material timeline: Supramental Consciousness and Power descends on earth in 1956, altering and enhancing inner power over Life.

No Title

The more complete your faith, sincerity and surrender, the more will grace and protection be with you. (Sri Aurobindo)

Great Blow as Grace

Grace does not work according to human demands or conceptions. It has its own law and way. How can it? Very often what seems to be a great blow or calamity at the present moment may appear to be a great blessing after ten years and people say that their real life began after that. (The Mother)

The Experience of the Divine Consciousness

Disciple: What will happen if one realizes the divine consciousness?

Sri Aurobindo: First thing, you will become calm, quiet; secondly, there will be the feeling of strength, I mean the presence of a Force. Thirdly, the sense of the Infinite will be felt, you

will feel yourself as the Infinite. Fourthly, something will be always there behind which will be able to govern the nature. Also, the sense of Eternity and of yourself as Immortal. Even though the body dies you know you are immortal. Also, there are many things more. For example, freedom from everything even from the world. You realize the Transcendental and the Universal consciousness.

On Destiny

Destiny is not a thing fixed. It is just a complex of forces which can be changed. (Sri Aurobindo)

Silence and Intuition

Disciple: How to get the intuition? By calmness of mind?

Sri Aurobindo: Calmness is not enough. Mind must be silent.

No Title

People here are epitomes of the world. Each one represents a type of humanity and if one type is conquered that means a great victory for the work. (Sri Aurobindo)

Comment: We can identify one special type each of us represents (in terms of a deficiency). If we overcome it, it will vibrate out and likewise change something corresponding throughout the world. Thus, we are truly Universal beings (not just individual) when we shift our consciousness this way.

For example, a mental, spiritually oblivious tech can perceive the true underlying subtle laws which will not give him great power, but eg evoke the sudden arrival of a consciousness movement among scientist, or mathematicians, et all. Similarly, an uninvolved mother, a strict parent, a lazy worker, etc. can evoke some corresponding development in society, such as a new material benefit coming to many or a new law passed.

The question to ask yourself then is what "impossibility" do I represent? A man of advanced consciousness, yet who is heavily in debt? A great thinker who is also impatient with others ignore it? Etc. etc.

Once you figure it out and then shift the deficiency to the positive, it can vibrate out and change the world correspondingly.

Connecting with the Psychic Being

Disciple: How to gain control of psychic control (evolving soul)?

Sri Aurobindo: By constant remembrance, consecration of ourselves to the Divine, rejection of all that stands in the way of the psychic influence. Generally, it is the vital that stands in the way with its desires and demands. And once the psychic opens it shows at every step what is to be done.

Creating Goodwill Inside

Disciple: how to see good in everybody, how to love all and have good-will for all.

Sri Aurobindo: One has to start with the idea of good-will for all; to consecrate oneself to the Divine, try to see God in others, have a psychic good-will and in oneself reject all vital and mental impulses, and on that basis proceed towards the realization

No Title

Each time you gleefully describe a past negative event like a natural disaster or a man-made one, you evoke the conditions for it to happen again.

Power of Intuition in a Sped-Up World

With the world speeding up, the normal mind, our thinking mentality is increasingly unable to keep up. Instead a Spiritual Mind needs to begin to replace it, including an Intuitive capacity where knowledge enters the mind without thought from out of nowhere, with just the right solution or information needed.

That way the knowledge and truth required is able to keep up with the vast change accelerating around us. In fact, it even puts us ahead of the game.

There is also a way to facilitate this process: Allowing the mind to fall Silent as often as possible tends to evoke these miraculous-like Intuitive results.

No Title

We witness the dissolution of marriage as an institution, but fail to see the emergence of companies, schools, offices - institutions - replacing the role of the family. Organisations tend to replace the family as the basic social unit, thus allowing the social evolution to rise to greater heights. (Karmayogi)

On Socialism

-[Spread of social benefits is Socialism.]

-The aim of all socialism is to distribute prosperity over the entire population.

-Distribution of profits will eventually lead to a kind of socialism.

-Socialism [has] succeeded all over the world clandestinely through capitalism.

-[Capitalism is embracing and implementing the values and benefits of socialism.]

-USSR [through its initial values] gave socialism to the entire world. [despite itself being a police state through state socialism]

-[Socialism is spreading around the world through capitalism, without police state of state socialism.]

-USSR at one stroke awakened all the European states and USA to the stark reality of Socialism and made the lives of the workers all over the capitalist countries better off than in USSR.

-[The world does not appreciate that Russia before, during, and after the Revolution brought socialism and its benefits to the world.]

-Technology is trying to deliver man the social goal of socialism/communism

-Capitalism was compelled to work for socialism more successfully than USSR by a process no one ever contemplated as Silent Will.

(Karmayogi, with additions in brackets)

On Speed

--Speed is a movement of Time. All activities occur in the plane of Time. If the speed of the movement is increased, it affects all others. Hence progress is assured.

--Speed is the elimination of any gap in movement.

--Events in the physical plane move at the speed of objects – Slowest. In the vital plane the speed is of the events – as fast as events move. In the mental plane thought moves, not acts.

Life moves by the mental plane as fast as thought can move the events and acts. In the spiritual plane action is instantaneous. --In the supramental plane acts are raised to Marvel and are made instantaneous.

--When the outer becomes inner, speed rises phenomenally.

--The speed of consciousness enables the basket of fruit to become an endless source of supply of fruits. ... As God has created the world through that Process, Mind is creating an endless supply of fruits by its increasing Speed.

--When we are functioning in time (the successive process of time) our learning or unlearning should take an enormous time. When we are in the Timeless, their speed is enormous.

--Life and yoga are the same in their type of process; only their speed is different.

--Before you think and formulate the thought, the impulse of the vital makes several moves. Life outside also moves many times. Here we see the speed of life far greater than the mind's thinking.

--The more we shift from reliance on the physical methods, the more we rely on the power of mind through technology and organization, the greater the speed of the results.

--Realisation of the place of SPEED in creation by the mind may be enough to abolish violence in one's mind.

A knowledge of the process of creation will inform him of the value and meaning of SPEED, a movement in Time.

One reaches an inner calm that is a reservoir of creative energy in the world when he understands the role of Speed in Time.

-The speed of ascent is the speed of Time. The speed of descent is that of the Timeless. Their meeting gives the ascent the speed of descent.

--The value of money rises or increases with its speed of movement.

(Karmayogi, extracted from various sources)

No Title

Mother saw the Mantra of Life in Sanskrit, Einstein saw the formula of the Universal energy, Srinivasa Ramanujam received theorems from those planes. That is by intuition. (Karmayogi)

On Artificial Intelligence

Artificial Intelligence (AI) and artificial common sense are attempts to mentalise Matter in the computer.

Technology essentially devises a material pattern that lends itself to being a silent instrumentation for the mental process.

Opening and closing a ball pen by pressing the bottom is made possible by a spring and a bend in the wire.

Sri Aurobindo speaks of consciousness buried in Matter. Upanishad says, "HE sleeps not in those who sleep."

In this sense, the project of Artificial Intelligence gains in evolutionary significance. (Karmayogi)

Reader: Sir can you throw more light on this....

Response: If we learn how to perceive the subtle truths of life, we can incorporate it into the AI software, dramatically aiding the world. Hence its evolutionary significance.

Also, just the fact that you are seeking that subtlety - i.e. the truths of the Character of Life - is a yogic like effort at the level of Mind, also an evolutionary development.

Garry Jacobs' 530-page novel 'The Book' is in one sense an exposition of this possibility.

No Title

Surrender, is the Conscious Act of Forgetting, all the layers of our Personality, so that MOTHER takes it up. (Sri Karmayogi)

No Title

Internet in cyber space is creating unity that is missing on earth. Its contributions are overcoming Time by speed, overcoming ego by making possessiveness impossible, free service that eliminates profit, global reach by electronics. (Karmayogi)

Cosmic Coincidence Over LaLa Land

Close by to my home is Signal Hill. When you venture to the top of it - around 500 feet - you can see a vast expanse of the Los Angeles Basin. From that vantage point on a path at the top of the hill you can pan from the coast all the way across the heart of LA to Orange County, with the huge, snow-capped San Gabriel mountains as a backdrop. You can even see the skyline of downtown in front of the mountains, as well as the Hollywood sign just a bit to the left.

Yesterday I did my usual daily walk on Signal Hill - this time in the mist, as the end of a rain storm had passed through. As I parked my car to get out, I noticed a huge rainbow in the sky. I also noticed that it was beginning to fade, so I somewhat hurriedly walked around the bend to get a better view and hopefully a photo with my smartphone. When I arrived there, I saw the rainbow right over downtown and the Hollywood sign area.

As I continued to walk in that direction, I thought that this was a very significant occurrence. For one, I never saw a rainbow from Signal Hill, and second its location was astonishingly specific. Then I remembered that the Academy Awards were to occur that night, and so I felt strongly that the lovely occurrence of the rainbow was related to that somehow. Several hours later I mentioned that possibility to my friend, though she looked at me in slight bewilderment.

I did not watch the Oscars that night, but when I woke the next morning and learned that they had mistakenly switched the Best Picture award, creating the greatest confusion in Oscar history, I knew that my experience of the rainbow over the Hollywood sign was a prophetic gesture of Nature, indicating what was to come.

It was doubly interesting as the confused movie was called "LaLa Land," a backhanded reference to the derisive nickname for the Southern California metropolis which I was overlooking from the hill.

In addition, I knew that the confusion of presenting the wrong winner at the Oscars was endemic of the entire vibration that has been occurring in America over the last few months, as a president exhibiting tyrannical-like behavior has been confusing Truth with Falsehood in an almost unending fashion. The atmosphere of the country is so rife with nervousness, confusion, and vindictive falsehood that it spreads to the nation's most famous entertainment ceremony. Even on a normally happy occasion such as this, truth and falsehood, fact and fiction were royally confused.

No Title

The individual that people will deride and make fun of will often rise up to lead an entire new movement for the community or the world.

No Title

Youngsters with normal, average souls tend to live on the surface of life, and are preoccupied with the mundane, the material, and the superficial; while youth with ripe souls tend to stand back and examine life from a certain distance, perceiving in their own way the ignorance and folly of others.

No Title

We see the enormous rise of socialistic benefits - not state socialism - engulfing Europe over the last several decades; and increasingly descending on America as well.

Socialistic Benefits in Capitalism

Here are examples of Socialistic benefits that have emerged through Capitalism:

- Right to unionize
- 40-hour workweek
- Paid overtime
- Paid vacation
- Workman's Compensation

- Unemployment Insurance
- Paid pregnancy leave
- Concern for worker's safety
- Management eliciting employee feedback
- Employees ability to buy shares in the company
- Employees right to own the company
- Consumer protection laws
- Chapter 11 bankruptcy protection
- Court/legal protection
- Provision of protection, including police force, fire, garbage, military
- Public-funded roads, bridges, transit systems, etc.
- Public funded schools, libraries, postal service, etc.
- Municipal, state, federal parks, zoos, etc.
- Socialized Health care
- Food and drug oversight
- Disease control prevention
- (to be continued)

Comment: Here is a more complete list for USA in particular:

<http://www.dailykos.com/.../-75-Ways-Socialism-Has...>

No Title

What ultimately determines success in Life is one's own Self and Individuality, and thereby one's Purpose and Being. The deeper one is lodged in Self, the greater the potential released.

The Mother talks about Total Surrender

"You see, in the present condition of the world, circumstances are always difficult. The whole world is in a condition of strife, conflict between the forces of truth and light wanting to manifest and the opposition of all that doesn't want to change which represent in the past what is fixed, hardened and refuses to go.

Naturally, each individual feels his own difficulties and is faced by the same obstacles. There is only one way for you. It is a total, complete and unconditional surrender.

What I mean by that is giving up not only of one's actions, work, ambitions, but also of all one's feelings, in the sense that all what you do, all what you are, is exclusively for the Divine. So, you feel above the human surrounding reactions. Not only above them but protected from them by the wall of the Divine's Grace.

Once you have no more desires, no more attachments, once you have given up all necessity of receiving a reward from the human beings whoever they are and knowing that the only reward that is worth getting is that one that comes from the Supreme. And that never fails.

Once you give up the attachment of all the exterior beings and things, you at once feel in your heart this presence, this force, this grace, that is always with you. And there is no other remedy. It's the only remedy for everybody without exception.

All those who suffer, it's the same thing that has to be said. All suffering is the sign that the surrender is not total. Then, when you feel in you a 'bang' like that, instead of saying, 'Oh this one is bad', or 'This circumstance is difficult', you say, 'My surrender is not perfect'. And then you feel the grace that helps you and leads you and you go on.

And one day you emerge in that peace that nothing can trouble. You answer to all the contrary forces, the contrary movements – the attacks, the misunderstandings, the bad wills – with the same smile that comes from full confidence in the Divine's Grace. And that is the only way out, there is none else.

This world is a world of conflict, suffering, difficulties, and strains. It is made of it. It has not yet changed. It will take some time before changing and for each one there is a possibility of getting out. If you lean back on the presence of the Supreme Grace, that is the only way out."
(Mother)

No Title

Supermind, Mother's Force quickly resets reality in your favor.

No Title

In Supramental Life, all is done for you, as a result of your conscious or subconscious evocation of the Force. In one sense, all you have to do is "show up", and enjoy the startling benefits.

Surrendering to the Mother and Her Force is in one sense the relatively "easy" part. Transformation of our being at all planes, culminating in the physical, then follows, which is challenging in the extreme. 99% of us have not come even close to the first part, let alone the Integral Yoga that follows.

Power of Mother's Force, Good-Will to Attract Good Fortune

"As both my husband and I are employed, my son was taken care of by my sister-in-law and her husband. He was given more affection and pacified by both my sister-in-law and her husband all the time. They felt no one should raise their voice and scold my son.

After my sister in-law's husband's demise, my son came under my control and we shifted from Erode to Chennai. Previously my son was matriculating and enrolled in school, though his English was poor. When he had returned to Chennai, he was put under CBSC BOARD to study. I was shocked to see my son's academic performance; i.e. his marks. He scored very low.

I regularly spent some time with him in his studies, sitting with him. I then realized that he did not have the capacity and willingness to study.

It is Karmayogi who introduced MOTHER in my life through the article "Idhuvarai balikaadha praarthana ini balikkum" With reference to Appa's books, I understood the power of Sri Aurobindo and Mother.

With sincere prayers to Mother, my son was able to get through in his 10th public exam; and also he was able to score even a little higher in his 12th.

Finally, he was able to climb up the ladder with Mother's Force acting on him and scored 75% (First class) in his degree. After a while much to our surprise, he secured his favorite job position in ZEALOUS SERVICES as a quality analyst and customer support executive.

Yesterday with reference to your guidance, I sent Good-Will to my brother, and as a result my son to our surprise again completed his certificate course in Talley and got an 'A' Grade."
(R)

No Title

The ultimate form of activity originates in Conscious passivity.

Comment: It is the yogic inner poise that attracts results infinite-like.

No Title

Life is constantly throwing new challenges at us. The question is whether or not we embrace them in a positive way. If we do, we tend to shoot up; if not, we are liable to take the slippery slope downward.

Tips to Extend One's Youthful Years

It is generally known that Mother devotees look much younger than their age warrants, the secret being the Mother's consciousness that resides within them. The Mother herself has said

that youth has more to do with one's attitudes and mind-set than with one's body. Let us therefore see what tips are available to extend one's youthfulness.

1. Exercise your body well and eat moderately. That is neither overeat nor eat below your requirement.
2. Engage yourself productively for at least 6 to 8 hours per day If not more. Please don't stop working simply because you are officially retired. Please continue working so long as your body permits.
3. Please avoid bad habits like drinking, smoking, overeating and taking drugs etc. At the same time avoid wasting time by idling.
4. Always keep an optimistic outlook on your life and fill your imagination with rosy pictures of what you are going to achieve in future. These may range from becoming a millionaire, a big business magnate, a V.I.P politician and a notable author, artist and a sports person etc. What matters is that such a rosy picture must fire you with a big ambition to achieve whatever the goal may be.
5. Always seek challenging circumstances that draw out your best efforts. Set goals that most others would find difficult to achieve. For example, if you are a humble clerk in some government office, set the goal of becoming the secretary of the department before you reach the age of 50. If you are a businessperson, set the goal of earning in millions and finding your name in the Fortune 500 of your country.
6. Please don't let yourself be plagued by anxiety, fear, worry and doubt. All of these wreak great damage on one's psychological health and bring about premature ageing, as well as a haggard appearance.
7. Please learn the art of staying cheerful all the time. Learn to look at the defeats and failure you face as a normal part of the ups and downs in one's life and keep up the feeling that you will overcome the setback in your life.
8. Exercise your creative powers freely and think of innovative ways to come up in your life. Nothing gives more refreshing energy than the joy of discovering one more innovative approach in one's life.
9. Please keep your surroundings clean. Please follow punctuality and implement other values in your life such as honesty, harmony, productivity and ensure that there is a definite plan and goal to your life.
10. The Divine consciousness is ever fresh and ever creative. So try to forge an inner link with the divine consciousness and thereby connect oneself with the fountain head of youthfulness.

(N. Asokan, MSS)

Reader: I would also add consecration of speech and food...both are manifestations of the Life Force itself, so consecration of the same is consecration of Life Force.

No Title

Life is constantly moving towards Goals we do not perceive. Perceiving our goals in terms of Goals Life seeks to manifest is to Universalize.

No Title

Embracing the New fills our life with dynamism.

Russian interference in the American election is a negative life response to the US and the West ignoring, keeping at arm's length Russia after the end of the Cold War.

Values of Human-Centered Economics

Current [Economic] theories value growth, money, markets, systems and rules. Human-centered economics should be based on values of freedom, dignity, security, welfare, well-being, sustainability and evolution. (Garry Jacobs, CEO World Academy)

Individual as Catalyst for Progress

The individual as leader, pioneer, inventor, artist and original thinker is the catalyst for all social innovation, creativity & evolution. (Garry Jacobs, CEO World Academy)

How Society Evolves

Society evolves by increasing levels of consciousness and organization directed in pursuit of universal values of freedom, human dignity, equality, interrelationship, innovation, creativity and individuality. (Garry Jacobs, CEO World Academy)

No Title

Technology and the Internet are the means by which Mind subconsciously has paved the way for the spreading of the Spirit.

Faith in the Face of the Challenging New

When something new comes up that is a dramatic change from the ordinary, the physical consciousness ordinarily rises up in opposition. It does not like change, as it wishes to repeat the same thing in an habitual manner.

However, that is just the occasion to offer the matter to the Higher Consciousness, to the Divine Mother in a gesture of Faith in Her Power to help you navigate the challenge. That then becomes a nexus point, a reversal of consciousness in which we shift from ordinary Life to Divine Life.

No Title

Long-term, Loyalty is not engendered by asking or demanding it from others, but by involving them in decisions where they are fully respected.

No Title

As the mind grows subtler, one is increasingly able to probe the depths of Truth.

Being True to Himself Attracts Loving Partner

When you break away from a partner (romantic, business, other) of a lower consciousness, who is moving in the direction opposite of your own, a person of higher caliber tends to quickly arrive on the scene to fill the void, and then some.

A man was engaged to a woman who was becoming increasingly materialistic at a time he himself was making breakthroughs in his level of awareness. The more he progressed, the greater the discord with his partner.

Then one day, he could take it no longer, and broke off the engagement. Immediately a sweet, lovely woman completely in tune with his new view of the world appeared on the scene, adoring the man for what he was.

By being true to himself and his newfound awareness, by being strong and doing what was necessary, he attracted the true love of his life.

No Title

In a positive atmosphere, an action reflecting a higher consciousness will attract a corresponding positive response from life. In a negative environment, the response is more likely to be muted or negated.

Reader: I think only 'silent will' can be a solution for transforming a "negative environment"... although anything 'positive' is hard to do in an environment full of negation... But if one happens to be in a so-called "negative environment", then perhaps only 'silent will' can help. ...What do you think about this Roy?

Response: I would say that taking an action in a negative environment is always best consecrated. Our actions should also be kept under the hat to not draw attention to it; so yes Silence or Silent can be helpful under such conditions.

Key to overcoming a negative environment (whether or not one is trying to accomplish something) are not reacting to its intensity in any way, and if serious enough, engaging in hourly Consecration to offer it to the Divine Force.

Spiritual Recommendations for Business Enterprises

Business is mostly run these days in a very commercial manner with profit being the main motive and values given only a negligible importance. However, Spiritual ideas can definitely have a big impact on business if the business community receives them well. Let us therefore see a sample list.

1. Values are the power engines of any business. So, any business that implements values is sure to succeed.
2. Materials respond very well to positive attention paid to them. Therefore, good care of the premises, good maintenance of the production facilities and proper care of the products traded will ensure the enterprise a much longer life than expected.
3. No business is fully perfect at any point of time. There is always infinite scope for improving the operations of the company. So one must always look for scope for improvement in maintenance, production, sales and stocks and accounting etc.
4. The employees of any company are a real asset to the company. The more the company takes good care of them, the more it will prosper. Coke company has a policy of wishing its distributors be prosperous first before the company receives any money. Such a policy has brought great prosperity to that company.
5. The company must keep itself fully aligned with the tastes and requirements of the market and must not allow itself to get deviated. Chrysler car company allowed its car designs to be way out of touch with customer preference and as a result suffered huge losses.
6. Lack of orders and idle workers and machines is always a sign that the company is defective in certain key areas. An inner correction there is sure to bring about an outer response.
7. Funds shortage is a sure sign that values and activities inimical to prosperity are being practiced in the company. If those malpractices are removed, prosperity is sure to return to the company.
8. One must make sure that harmony prevails at all key interfaces of the company such as that between management and workers, company and its customers, company and suppliers and company and government etc. If such an harmony is assured, the company will fly like a rocket and when this harmony is disturbed it will go slow like a bullock cart.
9. According to Divine Mother, the best way to earn more money is to spend more. Therefore the company can spend liberally in modernising its machinery, in the upkeep of its premises and in paying its employees.
10. It is tempting to avoid paying income tax. It is usually seen as a short route to maximize profits. But experience has clearly shown that only those companies that pay proper taxes flourish in the long run. (N. Asokan, MSS)

(comment by PVS)

Asokan Sir has crisply presented the invaluable spiritual principles for any business in 10 points. Thanks.

"Spirituality in Business" is a subject most earnestly discussed, researched, deliberated and applied worldwide. There is a continuous effort by Corporates to institutionalize indispensable spiritual principles in the organizational culture.

Khalil Gibran says "Work is Love made visible"

More and more people want to bring a greater sense of meaning and purpose into their work life. They want their work to reflect their personal mission in life. Companies are finding the most effective way to bring spiritual values into the workplace is to clarify the company's

vision and mission, and to align it with a higher purpose and deeper commitment to service to both customers and community.

The simple steps required to develop a spiritual organization are very easy to implement. They include:

Shared vision.

--High level of individual and organizational integrity.

--Culture that values service, excellence, dedication, contact with the customer and action over personal advancement and personal gain.

--Cooperation, communication, and community.

--Supportive environment for the individual's growth

--Culture that supports personal growth.

Spirituality is an experience that there is something more to life than just our narrow, ego-oriented view of it. When the Managers develop the spiritual side of their life, develop a quality of lightness, appreciation and humor. They bring a sense of optimism to life, even in the face of problems. They don't take themselves too seriously. They are fully alive, and they radiate this aliveness to others.

Most of the top-ranking Business Consultancy firms are using spiritual approaches for the betterment of their clients.

Sri Aurobindo's revelation to the world is "All Life is Yoga". Running a business or managing a business is also part and parcel of our life. Applying Sri Aurobindo's creative spiritual principles to the business, any organization can seamlessly become a "Living Organisation". Pujya Appa's prescription for any business is that "balance the five components" first and growth will follow.

Accepting Loss of Prestigious High School Position Attracts It Back to Student

This happened way back in 1997 when I was studying in 12th grade (High School) in Chidambaram. I was 16 years old then. In our school, there was a practice every year on Teacher's Day that a high school final-year student would become the "Chief Guest" for the Teacher's day function at school. It is one of the prestigious moments for a student, who will distribute prizes to the teachers and preside over the function.

I've always been fascinated by the Chief Guest role and wished that I would become one during my final year. Every year I used to think so and then forgot about it.

During my final year, my class teacher adopted a new method of selecting a student's name out of a lot - which were written on pieces of paper - who would then become the Chief Guest for that year's celebrations. Honestly, I hoped that my name would be drawn; but unfortunately, it did not go to me, but to a friend who used to sit next to me in the class. I felt sad that my name was not drawn, but never felt anything about the friend who got the role.

And yet very soon after. I changed my perspective and felt happy about the outcome, and congratulated her with a full heart. In fact, I gave her some tips on how to present herself when she presided the function at the podium. And so, I forgot my wish and then went home without any expectations, jealousy, frustrations, etc.

The next day when I arrived at the class, there was a discussion going on among some of the students with our class teacher. I went ahead and sat in my seat. My friend who was selected the day before for the Chief Guest role then came over and told me that she is not ready to accept the role as she was feeling nervous. I was surprised to hear this, and told her to remember the tips I had given her previously. But she was not ready.

By then our class teacher asked me to come over to her location. As soon as I reached there, she told the students that Tharani (me) would be the right person for the Chief Guest role, that she had decided so, and then asked the students what they thought about this. She asked: Is this good to you all students? Everyone unanimously said yes and congratulated me. I was shocked and surprised. I never thought things would turn out this way. I was standing there silently.

Before I could say yes, my teacher decided that I would be Chief Guest, and so asked me to get ready. She then left the class for prayer. I was startled. I couldn't believe in anything. It was completely Mother's Grace.

On reflection, I also realized that because I gave up my attachment to winning the role and accepted the situation as is, the position of Chief Guest miraculously came back to me. That is the power of changing a negative attitude.

(RT)

Queen Victoria's Newfound Openness and the Ride of a Lifetime

When you give up your restrictive view and open to the wider field of possibilities, life can bring you great benefit, often exceeding what logically seemed possible.

In the British TV series *Victoria* (2016), based on true events, the young Queen of England, has begun to settle into her role, with the support of her young German husband, Prince Albert. However, Albert often feels confined by his role and by the fixed habits of the royalty that surrounds him, and therefore ventures out to explore various possibilities, something his wife, the Queen of England, has mixed feelings about.

In the meantime, the Queen is caught in the middle of the usual squabbling between the two political parties of Great Britain.

One day, Prince Albert goes out to meet Sir Robert, the leader of the opposition party, to ride on a new invention – the Railroad Train. The Queen is not too happy with this as she sees Albert acting too independently, and besides the man he is with is of the party that the Queen is not well disposed to.

When Prince Albert returns, in a fit of anger she gives him a piece of his mind. And yet the next morning, she ventures out and watches the sunrise and has a mystical-like experience of openness and clarity. As a result, that day she ventures herself, and herself takes a ride on that train, just as Prince Albert did with Sir Robert the day before! She thoroughly enjoys every minute of the ride; the very opposite of her perception of the day before. Her entire demeanor has now changed.

Soon after she gets word that not only the party she is disposed to, but the opposition party are BOTH in favor of legislation she has proposed; something almost unheard of in political discourse. It was a startling turn of events in her so-far brief reign as Queen.

Because Victoria had the morning vision, and as a result became more open, and then ventured onto the train ride, Life returned the favor and offered her a political outcome she never would have imagined. Her new-found OPENNESS to life around her, including the needs of her husband Prince Albert, OPENED the portals to a corresponding wider possibility by enjoining the two parties in a way no one would have imagined.

No Title

What Sri Aurobindo meant is] that the world of the soul and the inner realities are so much more wonderful than the physical realities that all the physical "wonders" make you smile.

(Mother, from *Agenda*, May 29, 1965)

The True Laws of Life vs. the Superficial Ones

For me, circumstances, characters, all events and all beings move about according to certain "laws," if I may say so, which aren't rigid, but which I perceive and because of which I can see: "This will lead to that, and that will lead there, and this person being like that, such-and-such a thing is going to happen to him, and ..." It's growing increasingly precise. I could, if it were necessary, make predictions based on that. But the relation of cause and effect in that domain is, for me, absolutely obvious and corroborated by facts.

While for them [scientists], who do not have that vision and that consciousness of the soul, as Sri Aurobindo says, circumstances unfold according to other, superficial laws, which they consider to be the natural consequences of things; quite superficial laws that do not stand up

to a deeper analysis, but they don't have the inner capacity, so that doesn't bother them, they find it obvious.

(Mother, from Agenda, May 29, 1965)

Comment: In essence, She is perceiving the principles governing Life, and hence Life Response.

Reader: Roy, i have a question. Outline of the situation: there is someone who has done something intensely grievous (permanent and definitive and this took that someone more than 10 years) to someone else who was not aware of this at all and who had not any feeling of enmity toward that other someone, but years ago that other someone needed that someone who but when wanted to help that person was suddenly 'hindered' to do so and could not reach that other someone, despite having offered telephone number in case something came in between, that other someone was in most desperate need of that someone, the someone who intended help was suddenly hindered the moment this someone wanted to go out for the appointment with that other someone..., the next the someone who intended to go to the appointment but who was suddenly 'hindered' which grieved that someone too and could not reach that other person, tried afterwards to find that other person but nowhere to find and so sadly had to give up and hoped that other someone would still make it..., many years later a robbery of most strange type occurs to the someone who was hindered without their will and beyond their power, many intensely personal created art works of a lifetime throughout many years etc. and personal photos etc. are taken with the robbery (not money etc.), the victim of the robbery suffers intensely and grieves immensely as too it also destroys the future and other people in sharing the artworks etc. (these are lost with the strange robbery), the victim suffers immensely deep and starts to remember all the personal works and because the suffering is so intense starts to remember each detail of many years ago and then sees, discovers to utmost bewilderment, the other person of long ago had initiated this to happen; the other person feels guilty, but meanwhile has reached the high position sought after those many years ago and must have that moment lost all hope to reach that position ever because the person needed was beyond own will suddenly abruptly hindered and could find no way to reach the other person.... but had always wished that other person would reach the wished for position etc. and never thought anything "bad" of that person..., this so was not the case with that other person who must have felt full of hatred, anger, madness and so had wished some 'evil fate' for that in this regard totally innocent person..., after so many years... caused immense grieve to that innocent person and caused damage also to humanity, while having reached the high and influential position years ago had wished for that precisely the innocent person had wished for that person years ago to reach..., now the outcome was felt by that other person.... and at first 'guilt' became part of that other person's experience, the victim however would like the other person to transform and leave the ego behind and in no way feels like causing a similar sad event for the other person, despite all damage done. My question now is how could 'life response' balance the situation the highest good for humanity and life all in all is served?

Response: Thanks for the note Anjez. Some thoughts:

-The abused party should try to understand what attracted the abuser.

-The abused party can also come to understand what purpose this served, is serving in his/her life.

-If the abused comes into that knowledge and also offers it to the Divine Mother's Force with intensity, it can open up great possibilities from the field of life. It can have multi-dimensional effect.

No Title

The purpose of integral yoga is to unfold the Infinite in human life. - Sri Aurobindo.

(NR)

No Title

God did not so much create the world, as He became the world.

Reader: And is the Universe

No Title

Science and Spirit are coming to the Truth of Reality from opposite ends.

Reader: Interestingly Science is part of the Spirit so can only make an attempt at describing the whole of which it cannot ever see. It is a cell within a tree within a forest..... trying to describe God which is its whole. It is like a caterpillar trying to describe a Butterfly. (IMO)

Response: Yes, from one perspective all comes from Spirit. However, Science has mostly focused on the material realm, which is a view of the part, not the whole.

And yet Science is moving slowly to a wider and deeper understanding of Life, while those engaged in Spirit are increasingly applying it in Life (including material existence), instead of apart from it. Thus, "Life application" draws both towards a more integral understanding and truth. I. e. a more complete understanding of the Reality.

No Title

Science has revealed the superstitions of Religion: Spirit, the superstitions of Science.

No Title

Science is moving slowly to a wider and deeper understanding of Life, while those engaged in Spirit are increasingly applying it in Life (including material existence), instead of apart from it. Thus, "Life application" draws both towards a more integral understanding and truth. I. e. a more complete understanding of the Reality.

No Title

Though it now expresses negatively through cyber-attacks, leaks, and other forms of hacking of others' information, what is gradually occurring deeper-still is the end of human Secrecy.

No Title

Negativity normally comes to us through our weak spots in consciousness.

No Title

Reactionary forces use lies and deceit to further their cause, masking truth and progress.

No Title

They say that Hinduism is not a monotheistic religion, like Islam, Christianity, and Judaism. Actually, in one sense, Hinduism in its essence is the most monotheistic of all, as it believes that there is but One Reality -- God and Life inexorably linked and woven together.

No Title

If you consecrate each challenge that rises in the course of your day, having full faith in the Mother, your daily life will become a never-ending Adventure of Consciousness and Joy.

If you want to see changes in other people, make the necessary corresponding change in yourself.

No Title

Mother says that every single thing that has happened in Her life, including the most difficult, has served to intensify Her faith and further develop Her consciousness. Devotees can view their own lives similarly.

No Title

What people don't realize is the vast power of Sri Aurobindo and Mother to alter the conditions of life on earth. They are vessels for the Supramental power, something unprecedented in the earth's history. Bhagavan describes Its effective power as one of "Instantaneous Miraculousness." Anyone can tap into that cosmic force at any moment for instantaneous, unprecedented positive results.

Application Rejection that was a God-Send from The Mother

I took up my Biology group in my 11th and 12th as I had no interest towards the computer Science and so I chose up my graduation also in Biology. I did my B.Tech Biotechnology in a reputed and branded institution.

Biotech students mostly prefer to take up their Master's studies in Abroad and I too had the same idea. 3 years passed. When I was in my final year, all department students who were eligible without backlogs were asked to attend the placements. The company which was about to come for the recruitment was an Excellent MNC. Initially I possessed no interest to walk through placement as I felt biotech is no way related to MNC. But we were compelled to attend in order to show high number of placements in the record. I and my friends went through the placements.

1ST Round I had my aptitude test, I had no expectation. I was ok with both success & failure in clearing the 1st round. With Mother's blessings, I got cleared in my 1st round and went in to the 2nd Round. 2nd round was more of technical round, I and my friends prepared for this round hardly as it was not easy for us to learn about all the technical programs in computer science. Again, I would say, With Mother's blessings I got cleared in my 2nd round. The happiest moments happened when, me, along with my friends cleared the 2nd round. We all went to 3rd Round. 3rd Round was the personal interview (HR round). I would say this was the easiest round as the questions posted to me by HR were simple and I was able to respond him quickly. When I was about to complete my HR round, My HR said "Avanthikaa I would like to meet you in my MNC". I was so happy to hear that from him and hence was confident that I would be shortlisted in the final round also.

At 12am (early morning) we were all waiting for the results. My college placement coordinator began to read the names of those students who had been shortlisted in the final round. Around 800 students were waiting for the results. I was expecting my name to be read out by the coordinator. All my friend's classmate's names were called but not my name.

I still felt my name would be the last but then unfortunately my name was not called. Around 694 students had been shortlisted and I dint get through. The worse feeling.

I really felt very bad, frustrated, when all my friends' names were read and not my name. Also, I remembered my HR telling me that "he would like to meet me in his MNC". But I dint know what went wrong. I was so upset. I got in to my bus with full of tears in my eyes. I was not able to tolerate my Emotions. When I reached home I cried loudly to my Mother saying her that all my friends got selected in that MNC and I was not. She said everything happens for good and asked me to sleep. I had no sleep that night. I had lots of questions breaking inside my head and for the next few days I didn't turn up to anyone neither my family nor my friends. I felt lonely and bad when I had to meet my friends in my college. My heart and mind was heavy. Whenever I saw Mother's photo I stood in front of that Cried badly and asked what did I do? I gave my best and HR told me that he would like to see me in his organisation and all my friends were selected why not me? I also asked Mother standing in front of her photo "Its only because I dint ask you that I want to be placed in this MNC I dint get this opportunity, and if I had asked you, you would have made me to get through the final round is it?" asking this question I stood for sometime viewing her photo.

The next few days and weeks passed, and I still felt heavy without knowing the reason of being rejected by the MNC. I prepared for my GMAT and wrote. I scored 612/800 and applied for two universities abroad and got shortlisted by US university and a Singapore university. I felt little happy though I had the heaviness lasting in me. Then, another MNC came and recruited 5 students out of 400 students and I was the only girl from whole final year who got placed in that MNC and this gave me little more happiness. My questions filled with loads of doubts dint vanish.

The months passed and I was choosing for my career path to move on. My friends were all waiting for the MNC'S call letter and they had no further alternative. They all decided to get in to that MNC as it was about to pay quite huge amount for freshers. I also tried cracking Indian colleges for my Masters and I got through the admission. The Sweetest part came later. The answer for my questions were let out. i.e. The MNC which neglected me and took most of my friends had some problem with the management people of my college and they decided to break the contract and all the placements for about 694 students were cancelled and as a result most of friends resulted in disappointment as they had no other alternative and the admission for the Master's program was also over. They had to wait for an year.

This is the point which made me to realize the reason for my rejection by the MNC. My heaviness went light. I felt like flying. I felt Mother was with me at each and every incident that happened. I was filled with the bliss that night. I understood " THE POWER OF MOTHER AND AUROBINDO". I also felt no one else could take care of me and give best things in life as MOTHER does. I realized that "Mother always gives her child the best opportunity that a child could have".

(A)

Response: It shows the power of Mother as well as the gaps in Faith we have of Her. True faith accepts all that comes, no matter what the result. It is beyond any apparent good or bad result. Faith in Her Force at each point not only always produces the right results, but also eliminates anguish along the way.

This story thus has a happy "life response" oriented ending, but also a good lesson for the future about our level of Faith in the Higher Power.

No Title

Before an entity can go to the next highest state, negativity can intervene, tearing away at Progress, yet secretly helping the entity to confront its limitations. Now it can move to the next highest level.

UK's Brexit is a potential example in terms of the European Union, as is Trump in America relative to Globalism and World Unity.

No Title

It's very interesting, you know, the greater part live in the past; a good number (they are more interesting) live in the present; and just a few, an infinitesimal number, live in the future.

(The Mother, from Agenda, February 14, 1972)

No Title

But how wonderfully things get organized when you really and sincerely put yourself in the Divine's hands!

(The Mother, from Agenda, February 16, 1972)

No Title

Mother indicates through spiritual evolution we will see in future decrease and eventually elimination of-

Property attachment, Materialism, Authority, Conformity, Secrecy, attachment to Money, Marriage, and even Family.

New Spirit-based Species on Earth

Sri Aurobindo and Mother indicated that a New Spirit-oriented species would evolve out of the current human one. In Agenda She explains the various visions and experiences She had of the New Species.

In one instance, She became this new being at the subtle plane. She was enveloped by it; in essence becoming it. As she looked at her body, She saw it. Tall, slim, with no organs for digestion, procreation, etc all, replaced with centers of consciousness.

Naturally they will be completely transformed beings, supramentalized and realized in mind, psyche, emotion, etc. now also in physical substance, shape, purpose, capacity.

Some of these Supramentalized individuals - filled with that Force at all levels - will be pioneers of this New Race, living alongside the current humanity, after which they will further spread. They are in essence a new Supramental species, living a Divine Life and Existence on earth. The results for the world will be beyond breathtaking.

Life Response Power of Reversing Irritation

We have often seen over the years that turning irritation into pleasant demeanor can instantly attracts good fortune.

A man and his friend both needed to print to their printer from their PCs. There was a problem in making connection with the printer. Because of this and other matters, the man became a bit irritated.

He then caught himself and resumed his normal pleasant demeanor. The printer suddenly came back online, much sooner than he expected.

By shifting from irritation to pleasantness, he evoked a very rapid positive response from life.

No Title

It boils down to this: Faith in Her; nothing else.

Comment: (or perhaps we can say "Faith in Her, primary; everything else, secondary."

We Are Amalgam of Positive and Negative Traits, as Seen in Pride and Prejudice

Q: How is it possible that a girl like Lissy who can respond to a fake and superficial personality like Wickham can also respond to a serious and meaningful personality like Darcy?

A: Darcy two is a product of two parents. He describes his father as very good man. I believe he learned pride and self-importance from his mother, not surprising since she was Lady Catherine's sister.

Eliza has a developed mind and intelligence, good values and manners all acquired from her father. So too she has her mother's attraction to red coats and handsome flatterers. So we can explain it as a product of her inheritance. Like all of us, she is a product of two very different parents and shares characteristics of both in a unique combination, very different than what the other four children inherited.

At the same time, we see that Eliza's high character comes from her mind and her attraction to falsehood comes from her vital. The emotions of deep affection for Jane come from the heart in between. Her great accomplishment is to rise above the vital falsehood and live by the light of her mind, which brings Darcy.

We can also see the Darcy acts from two distinct aspects of his personality -- the proud, pompous, self-centered and very silly sense of self-importance and arrogance which brings him to dances so he can refuse to dance and objects to Bingley marrying Jane but is ready to propose to Eliza. His assuming Eliza wants to marry him is act of folly and foolishness. His proposal to her is as awkward as Collins'. If he has an inner being of good character, goodness, generosity, he also has an outer character groomed to aloofness and obedience.

Sri Aurobindo tells us that we all are a mix of multiple contrasting and often competing personalities held together by being in one physical body. We can all identify the contradictions among our own selves -- the mix of higher and lower impulses, the good and bad urges, the gems of knowledge and insight acquired side by side with areas of blind and utter ignorance and folly.

The story is great because these two characters both lean toward their higher side and progress through the effort to better themselves rather than to dissipate like Lydia. So they

share some higher values and also a will for progress and perhaps it is that which really attracted them to one another. (Garry Jacobs)

Challenges That One Must Encounter in Purna (Integral) Yoga

Though Bhagawan [Sri Aurobindo] and Mother have laid out the path that we all must tread, our task does not become any easier because of that. The road to transformation still presents many challenges that one must successfully face. When we relate to Mother as a spiritual mother, she is kind and generous and showers us with lots of grace. But when we relate to her as our spiritual guide, she becomes a tough task master and the soft maternal side disappears from our view to be replaced by a stern teacher. Still, undaunted we must go on and emerge as winners. Let us therefore see some sample list of challenges that we must face.

1. Anyone setting on the journey of purna yoga, must widen his mental understanding so that he can see any issue from a whole perspective and not just his perspective only. Unless he embraces the other person's point of view, he will never get to a full understanding.
 2. He must shift from looking at contradictions as antagonistic pair of opposing forces to a higher level where they appear as complementaries working towards unity.
 3. He must move away from his rational and analytical mental faculties and instead try to develop illumination and intuition that give the whole picture in a flash.
 4. His mind must come to accept that suprarational solutions to problems are possible when the spiritual grace starts acting on matter. For example, he must come to believe that grace can help a patient live on when no medical cure is available.
 5. He must have the conviction that all hardships that he has encountered have come to him only to awaken his consciousness and that they have all come to him only to teach him a lesson.
 6. He must learn to give unconditional love to others and stop expecting rewards for the kindness he has shown. That is the nature of the divine love that Mother is showing to her children and so he must follow her in that respect if he is sincere in his sadhana.
 7. He must learn to see that as he is to Mother so is life to him and take the blows and punishments he gets from life to mean that something is wrong in his alignment with Mother.
 8. As Mother is a fountain of joy, he must also learn to radiate joy all the time to others around him and ensure that his native joy is not conditioned by the good or bad events or good or bad news that come to him.
 9. As mother was a hard worker, he too must work hard and exert himself to his utmost capacity hoping that at the point of exhaustion Mother will take over.
 10. He must take the illnesses of his body as reflecting the inner imperfections and decide to cure the outer malady by curing the inner imperfection first.
 11. He must not be a slave of sensory pleasures and must become their master first. He must make his body serve him rather than he be seen serving his bodily needs. For example if his body tells him that it is hungry, and it is time to eat, if he runs to the dinner table dropping the work on hand then he is a slave of his bodily needs. On the other hand, even though the body tells him that it is hungry, if he can make it postpone eating till the work on hand is finished, then he is master of his body.
 12. As the finest indication that all is well with him, he must succeed in maintaining Mother's light on his face all the time and be recognised as a light bulb in the midst of ordinary faces.
- (N. Asokan, MSS)

Science's vs. Sri Aurobindo's view of Evolution of Forms

The evolutionary perspective of science is of the biological form evolving by competition for survival resulting in greater powers of consciousness, whereas Sri Aurobindo affirms the spiritual evolution of consciousness which puts forth new biological forms more capable of expressing that consciousness. (Garry Jacobs, MSS)

Imagined Technology Is Realized by Others Decades Later

["The Secret" basically says that if you conceive of something that you want to see come about, deeply believe in that possibility, and offer it to the Universe, it will occur sooner or later. In that way, The Secret and Life Response are quite similar. Here then is a true story and experience of an Indian friend of ours illustrating that process.]

"Though Television had made its entry in India much earlier, in the later 1980s there was a B/W TV in our Grandma's home and it was such a pleasure to watch Ramayana/Mahabharata serials on Sundays. My grandma's home was in Trichy approximately 150 kms from Chidambaram where our family lived. I was 7-year-old girl and my brother was just 2-year-old then. There was no TV in our home.

Our dad was constructing a house at that time and during one of our vacations in Trichy he bought a calling bell for our new home which was in the shape of small TV. I was looking into it deeply when one of uncles was making fun of me mentioning; "Look my girl, this is a small TV where your favorite news reader appears and will read news for you". I was thrilled to hear this. I definitely knew that it is a calling bell and its purpose. But when my uncle was making fun of me, I imagined how good it would have been when there is a TV like this which you can carry it wherever you went. I felt light and happy. I felt really good.

When we were coming back to Chidambaram by train, again I was thinking how nice it would have been if there is a TV of that small size that you can carry it if you have to travel like this and watch Ramayana/Mahabharata so that you cannot miss the telecast even if you are not at home. I mentioned this to my parents, but they didn't pay attention to what I said. But I felt happy about my what I imagined. I was not a grown-up who doubted imagination and its possibilities. An so time moved on, and I forgot about the matter.

22 years later, I was working as a Software Engineer and developing applications for iPhone/iPad in Chicago, USA for a major retailer where one could install this app for purchasing goods online using iPhone. Several apps were in the developmental stage and iPhone 3 had made its entry in the market with the potential for online streaming of videos. In fact, in one of our meetings I commented that that iPhone is an extension of a mobile phone and not an alternative for laptop/desktop. I was not very thrilled about the iPhone at that time as my focus was only in developing the apps. I had never explored the iPhone fully.

After a few years, everybody realized the potential for smartphones and live streaming. As a result, I now came to realize the comment I had made few years back. iPhone/iPad had in fact become an alternative for laptop/desktop, and the TV too.

Now I remember my imaginative experience as a small kid and the happy feeling associated with it. Indeed, what I imagined came true.

The only difference is that the kid who imagined that possibility just felt happy about her experience, never doubted, and forgot about it; but the adult though still to imagine about does so always with doubt, fear and expectations.

I had come to realize the message of The Secret. Conceive, Believe, Offer it to the Universe; and sooner or later it will come true.

(RT)

No Title

Surrender is Faith deepened.

When A Person Become an Individual

So much has been written about the individuality of Lizzy and Darcy [in Pride and Prejudice] that it has become necessary to define when a person becomes an individual. So let us see a sample list of situations that promote individuality.

1. When a man does what he thinks is right though he sees others around him not following what he does, then he is an individual. For example, a person may stick to his policy of not taking bribes when he sees all the others in the office taking bribes. Such a commitment makes him an individual.

2. When he has given his word and does everything to honor it though it is not advantageous to do so, that him an individual. Let us say a rich young man falls in love with an ordinary middle-class girl and promises to marry her. His parents arrange for an alliance with another rich girl who will bring a lot of dowry. But if he rejects the rich alliance and marries the girl he has loved then he is an individual.
3. When he ignores outer appearance and cares for inner values then he is an individual. Let us say a fresh M.B.A post graduate seeks employment in his company and demands 50,000 rupees salary. Another man who has passed only plus two but has 10 years' experience managing another workshop employing 50 people, is also asking for manager job and demands only 20,000. If he values experience and not just the M.B.A degree and selects the plus two candidate, then he is an individual.
4. When he is confronted by a formidable challenge and the situation looks hopeless, he is able to courageously declare that he can face the challenge successfully, then he is an individual. For example, when Hitler threatened to attack England and surrender seemed to be a foregone conclusion, Churchill bravely declared that England need not surrender but can win the war, that makes him an individual.
5. When he is financially down but refuses to avail financial help offered by friends and relatives and says that he will come up on his own, that makes him an individual.
6. When he wants a job but refuses to ask for recommendation and tries to get the job solely on his merit that will make him an individual.
7. When a big fortune will come to him if he agrees to a proposal not to his liking and he refuses that makes him an individual. Let us say a rich uncle wants to adopt him as his foster son promising him a fabulous inheritance. He knows that his uncle has made his money by dishonest means and so he refuses to become his uncle's heir. That makes him an individual.
8. When he refuses to lie and thereby denies himself an advantage, that makes him an individual. Let us say a young man wants to join the army as an officer and passes the test. During the interview, he is asked if he has ever taken drugs. If he says no he will get selected as an officer. But during his college days he has smoked Ganja a few times. So he admits to smoking Ganja and loses his officer post. But his honesty makes him an individual.
9. Let us say a young man is promised a big rise and promotion in his office if he agrees to play politics and join in secret intrigues. But he refuses to join such intrigues and insists that he will get his promotion by fair means only, then that makes him an individual.
10. If a man does not switch his camp loyalties for the sake of getting money and position that makes him an individual.

(N, Asokan, MSS)

No Title

When we open to Her Force, Mother rapidly brings life under control, and then some.

Reluctant Instructor Pays the Consequence

Several of those who are close observers of the subtle laws of existence have pointed out that if you are reluctant to take up a request in one area, Life will often take away in another.

Though offered to him directly, a trainer was unwilling to offer his services on a subject matter he felt he had long ago outgrown.

It was only several years later looking back in retrospect that he realized that about the same time of his reluctance to teach those courses, the major instruction work which he normally engaged in and paid well had begun to dry up.

As we see, if we are unwilling to embrace what Life presents to you, it may simultaneously take away something else that you cherish.

No Title

A contradiction, conflict unsettled will come back again, albeit in a somewhat different form.

No Title

The true consciousness needed ... is to look at one's own faults first, before complaining about others' faults, and to mend one's ways before demanding others should mend theirs. (Mother, from Agenda)

No Title

Let us not rush to judgement about a matter until we have the necessary facts to come to a reasonable conclusion. Truth calls out for that openness and patience.

No Title

Opposition to falsehood and evil can occur:

- physically through insurrection and battle
- vitally through intense emotion
- mentally through logical argument
- psychologically through willed purpose
- spiritually through Silence that opens to Divine power

Surprise Treat

Sharp, surprising things happening to us is always an indication of Life Response in action. And yet do we know the inner or outer cause on our part that precipitated it?

Take this simple little story that occurred the other day:

A senior instructor on break from teaching a class tried on two different occasions to purchase a treat from a vending machine using his credit card, but in both instances failed. It turned out that the WiFi-based system for payment was not functioning properly.

However, a few minutes later in the classroom, completely unsolicited, someone arrived on scene and handed him a treat from that very machine! He was very surprised by and happy about the sudden turn of events!

On further reflection, he realized they he had earlier tried to help a friend purchase an item from that very same machine, though once again he met with failure. And yet he further understood that the surprise treat coming to him from that same machine through a friend of a friend was the result of his Goodwill effort to help the first friend just a few minutes earlier.

In other words, the surprise coming to him was an indicator of the Life Response phenomenon of inner-outer connection in action.

No Title

AI (Artificial Intelligence) will have the greatest solutions, advice power when it is programmed with the (dozens, hundreds, even thousands of) subtle laws of life that Sri Karmayogi has revealed to the world.

Realization of Mistake Attracts Instant Improved Condition

[When you realize you have done the wrong thing and feel a sense of contrition for the fact, good fortune will tend to quickly move in your direction. Consider this true-life story from a friend of ours.]

"This happened recently when I visited a bank nearby to withdraw some cash. I entered the bank and pulled a token for myself and started waiting. I realized that at least 15 members were waiting before me and I had to wait for nearly half-an-hour for my turn.

Meanwhile I thought of purchasing some groceries from nearby shops and then come back. But before stepping out of the bank, I decided to do be a clever woman. I pulled out another token for myself so that even if I had to miss my turn for the previous token I can still use the current token.

After finishing my purchases from all shops, I came back to the bank only to realize that the previous token number was about to be called. There was a woman with a preceding token number doing some transactions and I was waiting for my turn. I was happy that the next would be my turn. When the woman was done, the cashier was about to press the buzzer, but all of a sudden she stopped and came out of her place and went somewhere. I started waiting for more than 5 minutes. I was irritated as how this could happen only to me.

I started waiting and suddenly I asked myself whether I committed anything wrong. I realized that I shouldn't have taken 2 tokens. I should not have taken chances and acted like an overly clever lady. As soon as I realized that, the cashier came in and took her seat and pressed the button to call my token number! I was thrilled!"

(TR)

Cascade of Life Response from Past Restarts in Present

Today I was reading an old post from 2012 (that Facebook re-presented for me), where I explained that I had been experiencing a "cascade of the miraculous," with one life response occurring after another in a very short period that day. It was an astonishing experience to go through back then.

Then out of curiosity today I did a search on "the miraculous good fortune" in Google, and much to my surprise my two books (Life Response in Work and the Miraculous Phenomenon of Life Response) came up first among thousands of images. It was totally unexpected!

It was if the Cascade of the Miraculous -- the entry of which Facebook had reposted for me as a reminder -- was now CONTINUING! It was also a reminder that a life movement of a particular type will tend to repeat when focused on again.

No Title

In Supramental Consciousness everything is revealed to you at the exact precise moment it is required; not before or after.

Evil Out of Good; Good Out of Evil

Q: Sri Aurobindo has mentioned that the Good can come out of Evil, and vice versa. How to reconcile it?

A: Sri Aurobindo says, as long as we are in the ego, even our good act can have both consequences of good as well as egoistic.

When a man commits a good act, he becomes satisfied, which is out of ego. As a result, he receives the consequences as the act of goodness and at the same time the act of being satisfied, pride and so forth. Likewise, when he performs a good act to an evil man, he receives that evil from him in return as a consequence for his egoistic satisfaction.

For example, in *Pride and Prejudice*, Darcy told Fitz William that he had prevented Bingley from getting married to a woman of unreasonable background and culture. Karmayogi has mentioned that Darcy was not at fault for advising Bingley not to marry Jane as indeed her family culture was low. However, he did that with an egoistic nature, out of pride. As a result, the negative response came back to him at the crucial moment of his life when he proposed to Elizabeth, who humiliated him down to earth.

On the other hand, an evil act may have good consequences if we approach it with right attitude. For example, Wickham's scandal helped Darcy to reflect his own mistake, reverse them and thus he became a true gentleman.

[Also, the evil consequences of World War II resulted in good in terms of human evolution by liberalization of European colonies over India and Asia.]

As we see, life is not completely one or the other. Life evolves through both good and bad to manifest a bigger Reality.

However, one can still commit an act of goodness without the shade of ego; and such an act will have only positive consequences. It is not impossible, but quite difficult as ego plays a bigger role in all the acts we do.

As a devotee, what do we have to do? Before committing an act, we have to consecrate and offer it to the Mother in order to free from negative consequences. (Garry Jacobs, MSS)

Conversation Tips

Here are some thoughts on how to behave when engaging in conversation with someone:

- Listen first; speak after
- Think about what they are really trying to say, what they really want, beyond their words
- Try to keep the conversation in the direction of the other person, not just your own interests
- As often as possible try to take the other persons point of view, even if it is wrong, as it will attract positive conditions in the dialogue
- Only speak when they are ready to listen, as they may be preoccupied elsewhere
- Always be respectful of the other person
- Continually praise the other person's thoughts or ideas, as appropriate
- Never be accusatory, or inflammatory, or irritable, or sarcastic or cynical
- Consecrate, open to the Divine Force before any conversation to ensure the best outcome
- Silence the mind as much as possible, letting insight and intuition flow

No Title

The "Instantaneous Miraculousness" of Life Response seems startling to people, as it is beyond the pale of normal causality. Yet it is actually Normal existence, that Mind completely misses. Fortunately, the individual with Supramental perception perceives this miraculous dynamic most of the time.

Deciding in Direction of Truthfulness Over Dishonesty Attracts

[In life we are constantly facing cross-road decisions, both great and small. When we choose in the right direction, such as truthfulness and honesty over dishonesty, life tends to quickly return the favor, in small or large measure. Here is a friend's life response incident that reflects this dynamic.]

"This happened last year in the UK. Our family was in the UK due to my husband's onsite assignment. It was a week before our arrival in India. We were coming back for good, so we did a lot of purchasing.

One day our son was at school and my husband took leave, and we both went to make some last-minute purchases as well as packing things. We went to a mall and I was feeling thirsty. So we purchased 2 water bottles. I opened 1 bottle took a sip and realized that it was sparkling water. Both the plain water and sparkling water were sold under the same brand and we didn't take the time to read it fully before taking the sip.

So we went back to the shop to purchase plain water and to return the unopened bottle. I told the shopkeeper the situation and he just asked us to keep the bottles on the same rack and pull out the plain bottles. In fact, he was so busy doing other things that he didn't notice whether we were following his instructions. So we kept the unused bottle in the rack and pulled out the plain water instead, and decided to use the soda water as we have already opened it.

As we were making our way to the next shop, we both were smiling at each other for the same reason. Though there were chances that we could have replaced the used soda water as I just took a sip, we never did that. Our hands were not dexterous enough for that, and so we smiled at each other as we talked about that.

Later when we were about to pay bill for our purchased goods, the cashier handed us a gift coupon for that day with a value of £9! I was surprised and asked him whether we can go back now and use it. He smiled and said yes. I was thrilled and went ahead for some more purchase.

Returning my husband and I realized the incident was a life response for our truthfulness. The cost of a soda water is £3, whereas the coupon value at the end of the shopping was £9,

which is 3 times more than soda water. We were thrilled and realized how life responded in our favor."

(TR)

No Title

Mother's Force overcomes confusion at the mental level, fear at the vital/emotional level, and strain and pain at the physical level.

No Title

Conflict is Nature's great but difficult method of creating higher levels of harmony. On the other hand, Spirit sidetracks such contradictions in the Way Forward.

No Title

Doing what Life or your deepest Being is compelling you to do is usually more important (and effective) than following what your surface being desires.

No Title

The more you Non-react to the deeds of a treacherous leader, the more Life will deflate his power.

No Title

When you are in alignment with Mother, She not only gives you what you wish for, but far exceeds it in unexpected, dynamic, and fully-satisfying ways.

No Title

If you begin to break your harmonious relationship with a community that has been exceedingly helpful to you, other parties who depend on you will suddenly start breaking that association.

Mother's Work: Bridging the Extremes of Her Identity with the Supreme Above and the Darkness Below

No later than yesterday night, I had this feeling: "My god, there's always farther down to go! It's always lower, ever lower." And at the same time, my identity with the Supreme keeps growing while I simultaneously seem to be going down into the most incredible dark dregs of ... yes, of mud, ever possible in life.

... "But why! Why am I seeing all this? Am I losing my contact?" On the contrary, it felt closer and closer, stronger and stronger, more and more conscious, luminous, and at the same time ... this (gesture below).

... my impression was that the higher I rise, the more I notice things below... the more I feel this constant, luminous Presence, the more I see those things. So it has become very clear to me that it is impossible to manifest THAT integrally without everything below being offered up to the Light.

... "How do I do His work? What's the new way of doing the Work? ... And the reply came, very concrete, without words: "By bringing the two extremes together.

You join the two extremes. Your whole work is to make the junction."

--The Mother, from Agenda, November 14, 1962

No Title

The most trivial work can be used to learn the laws and methods of life response to evoke sudden good fortune.

No Title

Romantic, human love is an egoistic version of Divine love; i.e., the love we feel when we commune with the Supreme.

No Title

Evil is acting harmfully to others' great detriment, based on ignorant, false beliefs that one has intensely emotionalized.

On Overcoming Evil

-Evil uses the imperfection of the good to destroy the good and establish evil, but it does not see it is destroying itself widely.

-The evil in us, if condemned morally, will be negatively fortified. To know how that evil is perfection of good and how it circles the good in us, will help dissolve it. Condemnation confirms, understanding dissolves.

-The evil of the world is not to be confronted outside in a head on collision. It has to be tackled inside by transformation.

-Spiritual awakening is the death knell for evil. (Sri Karmayogi)

No Title

Impatience dramatically reduces potential solutions.

The Good Behind Evil

-Why God has created evil and poisonous insects is an eternal question. An answer is available in the process of creation of Self-absorption and the method of evolution and transformation. Good when self-absorbed becomes evil, nectar when self-absorbed turns into poison. Evil is necessary for something to be transformed into Good.

-Evil sheds its mark of evil and reveals itself as a marvel when you move from scorching it to understanding it, tolerating, appreciating and finally enjoying its play. Enjoy the play, evil becomes Good.

-Evil uses the imperfection of the good to destroy the good and establish evil, but it does not see it is destroying itself widely.

-To know that evil is a great Good is knowledge.

-Capacity to see only the goodness in evil is the formula of Life.

(Sri Karmayogi)

No Title

The full GOOD does not ordinarily come out unless there is Evil to compel it to go higher. In that way, Evil serves an evolutionary purpose. When it then fulfills that role, Evil is invariably destroyed.

Non-Reaction Power

In spiritual Life, the more we refrain from initiating an action, the more Life comes to us. Eg a devotee decided to map out a new direction for his career, but nothing came of it, as no one really responded. So he gave up pursuing the matter, and just decided to see what would come on its own. A few days later, a new set of contract work unexpectedly came to him, which he gladly accepted.

No Title

Evil compels the good to become the GOOD. Spirit fulfills it.

No Title

In innumerable instances, we can see how evil (or something approaching it) has served to heighten and perfect the good.

No Title

Speaking ill of someone tends to quickly attract negative circumstances.

No Title

Not reacting with intensity to a negative situation soothes it.

Taking Another's Point of View Resolves Serious Computer Problem

By merrily accepting another's position, whether or not it is true, can instantly resolve a serious problem.

A man was having serious difficulties with his computer. He could not copy files or folders, nor execute other commonly used routines. He was stuck in this precarious situation and did not know what to do.

A friend of his suggested that the problem might be caused by the new optical mouse he had recently purchased. He then continued to experiment to see what the source of the problem was, though he thought and told her that it was doubtful that the mouse was the cause of the problem.

Then he decided to take her position, whether or not true, as he understood the law of taking the other persons point of view. Within two minutes the computer started acting perfectly fine as before! They both smiled as they understood the miracle that had just taken place!

Devotees Carry Around Mother's Grace

People usually try to avoid certain things that are not safe for them. A few years ago, when share-auto was introduced in Tamil Nadu, India, the share/auto drivers took too many passengers than they should transport. Moreover, this overload of passengers caused accidents.

However, when I went to book service a few years back, - I usually take share autos, instead of town buses - I no longer heard about any share-auto accidents after that!

Thanks to Mother's Grace.

(DM)

Comment by RP:

You must be carrying Mother and Her Supramental Force with you.

Comment by D:

Yes sir. Mother is always with us when we do service to Her

Power of Cleanliness and Orderliness Revives Malfunctioning Computer

Few months back, my office laptop was unable to go into 'hibernate' mode whenever I intended to bring it to meetings/discussions. As a result, either I had to carry the laptop without closing it, or shutdown and restart as and when needed.

One day during meditation, it came to my mind that I should implement 'cleanliness and orderliness' principle here. I then cleared the unwanted stuff of my office desk and also cleaned up unnecessary files from my laptop.

To my surprise, my laptop immediately was able to change mode (to hibernate and vice-versa) without difficulties.

Mother's principles always work, everywhere, anytime.

No Title

Most of what interests and excites us culturally in our generation will be long forgotten in the minds of those who live one or two generations down the line. That is why we should always live with the future evolution in mind. Besides, that way your life will always remain fresh, instead of being tied down to tired, nostalgic memories, or hypnotized by the latest crazes and fads.

Spiritual Potentials that Await Mother's Children

Children of Mother have enormous spiritual potentials which hinge upon their taking to Mother fully. Let us see some such potentials.

1. Vast Earnings -- According to Shri.Karmayogi, any devotee of Mother can easily earn one crore (\$150,000+) per year which would be greatly in excess of his annual requirements.
2. Leader in Field -- Another point that Shri.Karmayogi would like to stress is that any devotee can become the leader in any field that he is operating in. Whether it be business, farming, civil service or professions or politics he has the option to be the leader there.
3. Life Under Control -- Devotees of Mother have the potential to bring Life fully under their control if they choose to surrender to Mother fully. When Life sees that they have surrendered to Mother fully, Life in turn chooses to surrender to them fully and act as per their wishes.
4. Expands Infinitely -- Should any devotee allow Mother's infinite consciousness to be born within him, he can see that whatever he touches expands to infinite dimensions. If he takes to organic farming that field will expand rapidly and if he takes to handicraft exports, the export market will expand by 1000 times etc.
5. Spiritual Joy - -Should he allow Mother's love to be born in him, he can see what immense joy he can derive by practicing self-giving and he will see himself turning into some spiritual Kamadhenu.
6. Radiance -- Should he allow Mother's joy to be born him, he can see himself glowing like a 1000 watts light bulb.
7. Problems Disappearing -- Should he allow Mother's strength to be born in him, he can see problems that appeared to be of Himalayan proportions turn into petty sandhills overnight.
8. Attract Many People -- Should he allow Mother's sweetness to be born in him he will see people flocking towards him all day long as ants swarm towards a honey pot.
9. Atmosphere of Harmony -- Should he allow Mother's harmony to be born in him, he can see that wherever he goes the atmosphere of harmony goes there before him and life cooperates fully with him to the last detail.

(N. Asokan, MSS)

No Title

I am often struck by how my young Indian friends have this tendency to conform. More individuality -- i.e. not following the herd, thinking for themselves, and discovering their true selves and acting from it -- is something that would be helpful to them and the world.

Rooting for a particular outcome is a good thing. Connecting with and rooting for what the Mother wants is much better, as the latter has tremendous Life Response impact on the outcome.

No Title

Not reacting to another's intensity is the journey from negativity to neutrality. Taking the other man's point of view is Supramental. Not initiating - instead waiting on Life's initiative - is to be one with the Reality. Each attract good or great fortune from out of nowhere, often instantaneously.

No Title

Wherever there is lack of Organization – uncleanness, disorderliness, missing plan or procedures or systems, waste of resources, etc. etc. – you invite negative circumstances to be evoked from life. Accident, confusion, depletion of funds, work going sour, etc. are examples of such negative conditions.

Shifting from Blaming Others to Overcoming One's Own Corresponding Limitations

When you are bothered by another's action and are tempted to complain, it's best instead to look inside, examine one's self, and see the corresponding limitation and change it.

One man was constantly complaining to his mate that she was unable to maintain her attention when he spoke to her. This irritated him to no end.

But then he began to see that he was too quick in asking for her attention or he spoke too soon before he had it. He now understood that it was an opportunity to grow - i.e. by changing himself inside rather than blaming someone else on the outside.

Willingness to Embrace Current Work Takes One to Pinnacles of Success

Over the years we have seen that a willingness to embrace one's current position or work, no matter how unfavorable or come down in position quickly attracts conditions that propels one to the heights.

Eg a once high-flying executive embraced a humbling position he was pit in, rather than disdain it. As a result, two stupendous opportunities came to him at the firm, which quickly propelled him to the top of the organization. It even opened a door that gave him an opportunity to rectifying an earlier great failure that caused to tumble from the heights.

That is the life response power of embracing one's current position or work no matter how distasteful.

No Title

Knowledge can be apprehended at several levels; from surface to depths: i.e. from form to content to Essence culminating in Truth. Rarely are the latter touched upon in human discourse. However, a spiritualized Mind is fully absorbed there

No Title

Principles of "Life Response" properly understood and implemented can solve any and all problems of the world.

Asking the Divine to Transform Our Limited Nature

... as you go forward and as all that Consciousness, in fact, grows more and more alive, true and constant, how at first you feel you are a rotten bundle of insincerity, hypocrisy, lack of faith, doubt, stupidity. Because as (how can I explain?...) as the balance changes between the parts of the being and as the luminous part increases, the rest grows more and more inadequate and intolerable. Then you are really utterly disgusted (there was a time when it used to hurt me, long ago – not so long ago, but anyway long enough, a few years ago), and more and more there is the movement (a very spontaneous and simple movement, very complete): "I can't do anything about it. It's impossible, I can't, it's such a colossal work that it's impossible – Lord, do it for me." And when you do this with the simplicity of a child (gesture of offering), really like this, you know, really convinced that you cannot do it, "It's not possible, I'll never be able to do it – do it for me," it's wonderful! ... Oh, He does it, mon petit, you're dumbfounded afterwards: "How come! ..." There are lots of things that ... prrt! vanish and never come back again – finished. After a time, you wonder, "How can that be?! It was there...." Just like that, prrt! in a second.

But as long as there is personal effort, it's ... oof! it's like the man who rolls his barrel uphill, and down it rolls again every minute.

... But it must be spontaneous, not as a calculation, it mustn't be done with the idea, "It's going to work." It must truly be done with the sense of your complete helplessness and of the very formidable dimension of the task that ... "Oh, please do it Yourself; I can't – it's not possible."

... There is no greater joy than to know that you can do nothing and are absolutely helpless, that you're not the one who does, and that what little is done – little or big, it doesn't matter – is done by the Lord; and the responsibility is fully His. That makes you happy. With that, you are happy.

(The Mother, from Agenda, August 11, 1964)

No Title

One expression of a higher consciousness is the capacity to lead people and circumstances to a plane where a harmony is worked out.

No Title

Bravado is acceptable in certain cases, eg to rally the troops. However, it can also attract dark forces and conditions.

A Physical mainly person "thinks" through his senses, including the visual. A Vital person mostly thinks with his emotions and feelings. A Mental person predominantly thinks with his mind, using rational thought. A Spiritual person does not think at all, as knowledge simply appears in his field of awareness.

How the World Is Getting More in Line with the Supramental Manifestation

Though Sri Aurobindo and Mother have predicted that the supramental manifestation is still very far off, what we are seeing gives us the feeling that the world is getting ready for this very supramental manifestation. According to Sri Aurobindo, prosperity and security and knowledge are very essential for the manifestation to take place. These three things seem to be much better now than before and as such the world seems to be a better place for the supramental manifestation to take place. Let us therefore see what those favourable conditions are.

1. Compared to the economic conditions prior to 1956, global prosperity is much higher now than before. All over the world, people are better fed, better clothed and sheltered than before.
2. More people all over the world are better educated than before. Knowledge is a key requirement for the supramental manifestation. As such this increased awareness will definitely be very helpful.
3. Though the world has entered the nuclear age, a third world war has not broken out and people are living there lives in relative peace and security. Such a peaceful atmosphere is very conducive for the higher manifestation.
4. Prior to 1956, people were heavily steeped in religion and life revolved around going to temple, church and mosque. This however is not the case now. A lot of people have weaned themselves from the hold of religion and declared themselves as free thinkers. This freedom from religion is a great help in the direction of supramental manifestation.
5. It is said that human unity is a major requirement for supramental manifestation. Internet and social media have unified the world as never before. Cold war has ended putting a stop to East & West hostilities.
6. Better health is said to be a requirement for the supramental manifestation also. Even by this standard, the world is much more healthier today than it was prior to 1956. People live a longer life span and are better fed and are free of major epidemics.
7. There is a greater spiritual receptivity in the world now than before 1956. A lot of young people in countries like America and Europe have turned towards Eastern spirituality and given up their traditional pursuits of money, comfort and sensual pleasure. This has to be seen as a big victory for the Spirit.

8. Physical cleanliness is a key requirement for supramental manifestation. The world is certainly much cleaner now than before. Sanitation and sewage disposal have made world's cities much cleaner places to live.

9. Rising individuality is one key hall mark of the emergence of the spirit. People were very much dominated by the power of social authority and mass conformity was the order of the day. But now individuals have freed themselves from the hold of social authority and are freely voicing their opinions and doing what they think is right. This marks the first step in the emergence of the spiritual individual.

10. Abundance is a sign of spiritual prosperity. We are already seeing an abundance of consumer goods as never seen before. The number of vehicles on the road, the variety of clothes and electronic gadgets available in department stores all speak of unheard of prosperity. This can be taken as the forerunner of the supramental abundance that is on its way when money and goods will be as plenty as water and air.

(N. Asokan, MSS)

Comment :

It's a very thoughtful list.

Here are additional signs that may indicate alignment with Supramental:

-Values, such as exist in companies and other organizations - like customer service, appreciating the worker, safety, -- are on the increase.

-Socialistic, human-centered attributes are increasingly adhered to - like fairness, justice, minimum wage, maternity leave, etc.

-Truth is increasingly valued

-Environmental concerns are on the increase

-Democracy is on the increase, allowing for greater freedom and tolerance.

-Internet has come to the world, giving access to all manner of information instantly

-Global cooperation and collaboration are on the increase - economically, socially, culturally - providing an umbrella of greater possibility.

-Types of families, living arrangements, marriage variations, etc. are on the increase adding to choice and freedom.

-Greater percent of the population are demanding to be part of the world's success.

-Global consciousness is on the rise.

-A big upsurge of people being predominantly psychological and mental, instead if physical and vital.

-Dramatic reduction in violence - over 90% worldwide since WWII, including 50% in the last 20 years.

-Movement away from socialistic economies in China, India and elsewhere, and towards socialistic in Europe, increasing prosperity.

-Money self-multiplying in the world, offering potential huge windfall for every citizen on earth.

-Human centered economics being offered to the world from various sources.

-"Shared economy" concept on the rise.

Problems with Religion

The Mother has issued a call to humanity to wean itself from the hold of religion and come over to spirituality. She has done so based on her understanding that religion is not conducive to spirituality. Let us try to find out why religion is not conducive to spirituality.

1. Most places of worship have been taken over by hostile forces as the atmosphere in such places tend to be very low. Such a low atmosphere attracts hostile forces to come and settle

down there. The reason for the very low level of atmosphere is that most worshippers who come there voice all kinds of prayers both right and wrong. While Divine beings are unable to sanction wrong prayers, false beings readily do so. As the intensity of wrong prayers increase, divine beings are forced to vacate the temple and that paves the way for hostile beings to move in and fill up the vacuum.

2. Religions make a ritual out of everything and in this process end up making everything mechanical and lifeless. Carrying out life less rituals is very inimical to spirituality. In this manner religion ensures that spirituality has been driven out of religion.

3. Religious beliefs are very often authoritarian and dogmatic and not open to modification. Over the years this lack of flexibility tends to make religion become petrified like rock and thus become the very opposite of the ever-present freshness that is the nature of spirituality.

4. Many religions have organisations that govern the day-to-day administration of religious institutions. These institutions and authorities give interpretations that distort the original meanings of the scriptures and effectively distance the common man from the God head that he is worshipping.

5. Religion does not give any scope for dissent which is available in spirituality. When Martin Luther challenged some basic tenets of the Roman Catholic Church he was expelled. But when Satprem argued with Mother at many points during the recording of the Agenda, She listened to his arguments without showing any displeasure.

6. Many religions visualise God as some autocratic despot unwilling to share his supremacy with man and reluctant to share his divine qualities with man fearing that it may lead to man becoming his equal and no longer his subordinate. This is far from true as the real Divine being is only very happy to let man become divine also.

7. Each religion believes it to be superior to every other religion and insists that its particular set of beliefs alone is the real truth while deriding the belief systems of other religions. In this way religious discord has spawned enmity and hatred among religious followers and led to holy wars causing thousands of deaths.

8. ALL religions prescribe uniform methods for its followers and show little individual adjustments to each person's peculiarities. But spirituality is very adaptable and each one is given full liberty to fashion his own individual approach to sadhana and Godhead.

9. Religions are very resistant to accommodating new knowledge. For example, Islam assigned a subordinate position to women in its inception and it holds on to that position even after 2000 years while the position of women has vastly improved. But in spirituality man and woman are both given equal rights with Sri Aurobindo and Mother as the best examples.

10. Religion is static and does not have a progressive and evolving view. But spirituality is very progressive and looks forward to seeing humanity rising from its present mental stage to the future supramental stage.

(N. Asokan, MSS)

No Title

Any time you make an attitude more positive, you create a ripple in the universe that attracts good fortune.

No Title

Through consecration a hopeless situation is quickly resolved. Perhaps there is no greater miracle of life!

No Title

When you move to a higher value in relation to another party, life can respond with overwhelmingly good fortune.

For example, let's say that you are motivated by money when it comes to your client, but then you change to focusing on the client's true purpose and deepest values. As a result, a titanic change suddenly comes about in your life, such as a significant other who was about

to leave you (and also believes in higher human values) suddenly comes forward with a proposal of marriage.

No Title

The Divine doesn't want you to suffer. Rather the Divine want you to elevate your consciousness so you come out of suffering.

No Title

Sri Aurobindo has fully explained how the Divine Reality became the universe, and the way forward in the evolution that culminates in a new Supramental Race beyond the current human species.

No Title

An individual who refuses to learn from others - only through experience - will be wasting decades of his life.

No Title

Human Ego exacerbates chaos and confusion in life. Controlling it brings about harmony and therefore greater success.

No Title

Conflicts in work has one common source: human Ego.

No Title

Ego is the ultimate time waster, as one has to traverse the long arc of chaos and conflict it generates.

No Title

Life often responds gradually or fitfully to your deepest aspirations, as the Divine wishes you to first learn certain important lessons along the way.

No Title

Nature/Life knows each of our strengths and weaknesses. It is incorporated in the cosmos, and therefore determines how Life will treat us.

No Title

Nothing really matters except Faith in Her. All then works out exactly as it should.

No Title

Each Harmonic act quickly attracts positive results from life; whereas each Ego movement attract the opposite.

Experience of Time from the Psychic Being

In ego, we experience one moment at a time. In the Transcendent we experience a oneness of time; a timeless Eternal. As our Psychic Being (evolving soul) within is on the border of these two, it can see both aspects together: i.e. it can see the Timeless Eternal unfolding in Time. By moving our consciousness to the depths within, we can begin to connect to our Psychic Being and begin to have such experiences. (paraphrase of Garry Jacobs)

Not Reacting to Our Enemies

Sri Karmayogi's theme is that we energize the opposition by reacting or responding to them. It is a practical experience not only for the individual but also to the group, including our enemies.

It is a fundamental law that when we respond and react to an enemy who provokes and annoys us, the stronger they become. Instead we should focus on Mother, and forget about the enemy. In that way, the opposition would actually become a basis of our progress! (paraphrase of Garry Jacobs)

No Title

In intuitive and supramental consciousness you perceive so many connections between things that you do not see through ordinary mind.

A Devotee's Outlook on Health Matters.

As devotee I would like to share my understanding of health issues with others. Whether they are correct or not from the medical point of view is for doctor devotees to decide.

1. A sound and strong health is a must for seekers of Integral yoga so that their bodies can bear the inrush of spiritual forces should that happen. That is why I believe Mother recommended physical exercises for all Ashramites irrespective of age.

2. The psychological condition of people is equally responsible for people's health as are physical factors. That is, a happy and cheerful and confident personality can maintain a good health even if diet is not good while a worrisome and diffident personality will be prone to frequent physical break-downs even if his diet is very good.

3. An illness in the body according to Mother always signifies that something is ill in the being. The latter precedes the former. A psychological depression invites cancer formation as the depression drains the person's energy, thus weakening the body's integrity and allowing disruptive forces to start operating.

4. The human mind has the capacity to exaggerate minor disorders into major break-downs and thereby cause many unnecessary visits and treatments at the hospital. People who are deprived of attention are known to use illness to attract attention by getting admitted into hospitals as in-patients.

5. That placebos cure illness as much as real medicines attest to the mind's power of cure arising from mere belief. Conversely even the most potent medicines fail to cure patients if he has given up his belief that he can get well.

6. The role of Grace in curing illness is to act like a catalyst. In many chemical reactions catalysts speed up the chemical reaction just by acting as a connecting agent. In a similar way, Grace acts as a catalyst by speeding up the physical curative process by serving as a link between the body on the one hand and the curative process on the other.

7. A good deal of current diseases and disorders have risen chiefly because man has gotten out of alignment with Nature. Till two centuries ago man ate well and worked equally well thus using up all his physical energies. Now he continues to eat well while at the same time drastically reducing the work load. The result is he has a lot of unused energies in his body which manifest as type 2 diabetes.

8. Mother says death comes to the body only after the physical being gives up the will to live. Why and what for it chooses to do so is a mystery known only to the person's soul.

9. If the soul decides to cure a person, it can do so overnight and transform a hopelessly sick person into a perfectly fit one in just one night. An accidental encounter with his psychic being led to a patient's full recovery from a near fatal illness which totally perplexed the doctors attending on him. The patient, on his part, could not bring himself to tell the doctors that his chance encounter with his soul has saved his life as he thought that they just would not believe him.

10. A descent of Psychic Peace can cure a heart ailment, dissolve kidney stones and erase all traces of cancer in the body.

No Title

... the psychic [being] has to remain very much in command of the whole being – the whole bodily being – guiding the life, then the mind has time to be transformed. (The Mother, from Agenda, December 18, 1971)

Comment: Sri Aurobindo says in Life Divine that when the psychic (evolving soul) moves to the fore of our being, the spiritual transformation, - i.e. transmutation of the mind to non-thought, intuition, revelation, etc. - can take place. Supramentalization is a further stage.

Confusion Conveyed

Over the years we have noticed that if you talk about your past confusion with others, you are likely to attract more confusion in the present!

For example, one woman relayed her experience to a client about the confusion she had involving a purchase she made for her grandchild. Immediately after that nervous explanation, she ran into more confusion when a key data system at work seemed to have problems!

Thus, we see that it is in your best interest to keep past confusion to yourself!

No Title

Inability or unwillingness to engage in nuanced arguments in developing solutions to persistent problems insures acute failure down the road.

Why We Are Here & How to Make It Happen

You are here now, I mean on earth, because you once chose to be – you don't remember it, but I know; that's why you are here.

Well, you must stand up to the task. You must make an effort, you must conquer pettiness and limitations, and above all tell the ego: your time is over. We want a race without ego, with the divine consciousness in place of the ego.

That's what we want: the divine consciousness, which will enable the race to develop and the superman to be born.

(The Mother, from Agenda, April 2, 1972)

No Title

The best remedy (I mean the easiest) for me, is: what You will – what You will, in all sincerity. In all sincerity.

(The Mother, from Agenda, April 12, 1972)

No Title

A debauched life can open the door for evil to enter and replace it.

Life Response in World Events

"Life Response" - evoking good or bad fortune from seemingly out of nowhere - happens not only to the individual, but also in business, in current events, in history, in war, in peace, among nations, etc. In world events, it can be seen most strikingly.

-eg the West attracted the Soviet police state under Stalin by meddling in the Russian Revolution, which it sought to squash. It was a negative life response to a wrong intention.

-It occurred recently with the rise of Putin; a reaction to how the West humiliated Russia after the end of the Cold War, causing the nation to lose self-respect and elect an autocratic strongman to regain it. Again, Ego of the West evoked a negative personality.

We can also see how the Spirit can shape world events, evoking powerful positive response from life.

-It happened in WWII when Sri Aurobindo sent his Force into Churchill, rallying the world against German fascism and aggression. After the war he withdrew His Force, and the British Empire collapsed, freeing India and other nations.

-It happened in 1989 when Mother from the ethereal plane ended the Cold War that threatened nuclear annihilation of the world by putting Her Force in Gorbachev.

No Title

Ideological differences are cast aside as prosperity increases through economic integration. It is one expression of the evolutionary movement of society.

Special Attributes of the Divine Consciousness

The Divine being whom we call God has some unique attributes which men don't have. Let us therefore see what those attributes are.

1. He is the ultimate reality behind existence named Brahman and the whole universe and its infinite number of constituents are only Himself in various forms.
2. The Brahman when it manifests takes the form of Sachchidananda where sat is existence, chit is consciousness and Ananda is bliss.
3. The divine consciousness is infinite and it is this very infinity that is the cause of his total freedom and it is out of this freedom that his bliss ensues.
4. What we call manifestation is a projection of this divine consciousness. As a projection, it appears to be outside the divine consciousness. But in reality, the entire creation is only within the divine consciousness.
5. The delight of the Divine is self-existent and is not dependent on anything coming from outside.
6. The Divine took a plunge into ignorance from his high level of omniscience and the delight of liberating himself from that ignorance is greater than the static bliss he experiences at the level of sacchidananda.
7. When the subjective state of Sacchidananda objectivises itself, it appears as Supermind which is described as Truth consciousness.
8. The Divine appears as itself and as the world both at the same time and both are equally real. His infinite consciousness does not suffer any diminution for having turned a portion of Himself into creation for the simple reason that infinity cannot be diminished by any amount of subtraction.
9. Brahman as the Absolute Reality escapes all definitions and cannot be limited by any definition. It is because he is above all qualities, he is able to generate an infinite number of qualities.
10. The Divine consciousness is fully equal and cannot be disturbed by any outward happenings.
11. Though there is a lot in this creation that is imperfect and evil, the Mother has asked humanity to wait till the last act of this drama when the marvel will unfold.
12. Evolution has come up with the human body to house the human mind in the human brain. The Supermind is working to evolve a Supramental Body to give it a proper housing. It is believed that the Psychic Being [evolving soul] in the future will take on a solid and dense form and serve as the Supramental Being.
13. Sat splits into Truth and Goodness while Chit splits into Knowledge and Force. Ananda gives rise to Joy, Love and Beauty.
14. The Divine is a gender-less being though at the level of humanity his executive power of Divine Shakti has been termed Divine Mother.
15. The Divine being takes on human forms now and then in order to be close to humanity and teach them how to become Divine like himself. His last messengers were Sri Aurobindo

and the Mother. They lived their whole life as a living demonstration of what divinity can mean for humanity. It is up to humanity to take the cue and respond.

(N. Asokan, MSS)

No Title

Faith is spontaneous knowledge in the Psychic. (The Mother)

On Dynamic Faith

Beyond absence of faith, and even Faith itself is to possess Dynamic Faith. It is to feel that no matter what happens to you, that the Divine Grace is always there, always with you, watching over you.

As a result, we are able to face all difficulties, pass through all dangers, while nothing untoward stirs inside. Our faith is total, pure, sincere, dynamic, never-ending.

Life therefore becomes startling, miraculous, energizing, joyful, ultimately fulfilling.

Going Beyond Human Psyche to Cope with Intensifying Pressures of Life

Though we are excited by technology and its ability to solve problems in the world, the human psyche is being mightily taxed by circumstance and events around us and in the world.

Therefore, something needs to supersede the human mind and our "desire soul." What can that be? It is the Spirit; which can also be thought of as "raising one's consciousness."

If we don't take to this inner life - through which we can more readily connect to the divine Spirit and its Force, - we are increasingly bound to be eaten alive by the realities and pressures of life.

Fortunately, through development of higher consciousness - whether higher attitudes, behaviors, attitudes, perceptions, beliefs, values, etc. - we can avoid this outcome. In fact, from that higher poise we can turn the vast pressures and difficulties of life to our advantage, channeling them into vast positive opportunities for ourselves and the world.

No Title

Putin and Trump are the negative result of the West and Russia not working together after the end of the Cold War. It is life responding, trying to create a new bond between the two sides, yet through negative individuals that both sides deserved.

No Title

Blaming and complaining about others are two common expressions of human Ego. And yet the spirit-oriented individual is always vigilant of them, rejecting them outright when they appear in one's consciousness.

No Title

If it weren't for a number of negative conditions I experienced, a number of key positives in my life would never have taken place. And that is pretty much true for everyone.

Greatness of Sri Karmayogi

Sri Karmayogi has shown through thousands of thought entries how Sri Aurobindo and Mother's teachings can be understood in terms of all of the events and developments of the last 50 years; massively applying, extending their Knowledgeable and Wisdom to all fields of life; and further clarifying through his vast, unbounded spiritualized intellect the way forward in the Evolution.

Sri Karmayogi is in my view the greatest original thinker in the world of the last 50 years, a fact one day that humanity and a coming super-humanity will awaken to.

Cleaning Neglected Area Attracts Instantaneous Startling Result

When you give attention and clean or order something that's been neglected for a long time, life will instantaneously respond accordingly.

A man's difficult neighbor to a man was finally moving out and only their last mobile storage unit remained. It stayed there for a while; perhaps too long to the man.

Then one morning the man decided to clean out a neglected area of his yard, bordering out another neighbor. It was filthy; filled with leaves and other debris. When he completed that brief effort, he heard a noise in his front yard, and realized that the mobile storage device of the difficult neighbor was after two weeks suddenly being propped up and ready to be taken away by a truck attached to its front.

As the truck with storage unit left the areas, the man knew that his effort at cleaning a much-neglected area instantaneously evoked a positive Response from Life

No Title

When a dark force retreats from one's environment, positive opportunities quickly present themselves.

No Title

Flowers know much better than we do. It's spontaneous, not thought out, not willed: it's divine vibrations that express themselves spontaneously. (The Mother, from Agenda January 11, 1967)

No Title

Sarcasm tends to invite retort in a group setting. Best to explain your view in logical terms, or better still remain silent, so it spreads in the atmosphere, causing others to pick it up and even adopt it.

Four Levels of Relating to Spirit

Utilizing the Divine to help you cope is stage one use of Spirit. Opening to the Divine when you have an acute problem is the second level of Spirit use. A third level is where your focus in the course of a day is the Spirit, and from there everything follows. A fourth level is to Surrender to the Divine, as you're very purpose of existence is centered there.

No Title

When your value, belief is false, Life will present circumstances that will challenge it. Will you then notice the correspondence? Will you then change your ways if you do? If so, life will become your great Ally.

No Title

US and Russia working together can help solve most of the major political issues and conflicts of the world.

No Title

Low values of an organization shift the useful positive energy to a competitor with higher values.

Book Sales "Coincidence"

What we call "coincidence" is simply an inability to understand the deeper reasons why we are unexpectedly connecting.

A man met another individual for the first time in a restaurant, and the second person narrated to the man his background history in selling books online. The first man listened attentively to his interesting stories.

Then one day six months later, the two met for a second time in another restaurant far away, which they both perceived as an amazing coincidence; a one in 1 million shot.

However, the first man on further examination of the situation realized that he had recently taken on the new prospect involving the sales of books online; precisely the earlier avocation of the second man that he had discovered in their first meeting.

That was the reason they met again; in what they considered a virtual impossible coincidence. It was because the second individual represented that same vibration of online book sales that the first man was now pursuing. Thus they met in the same place in space and time.

Coincidence is thus really connections of interest at the subtle plane that make things connect in space-time at the physical plane.

No Title

In a troubling situation, not worrying about the outcome or response of others attracts the best result.

No Title

Intense anger by a devotee not only can draw out negative circumstances from his own small circle, but can attract substantial negative events in the world.

What You Believe in Determines

- If you believe in yourself, your capacities will uplift you
- If you believe in others, their interest and gratitude will take you higher
- If you believe in your true self and soul, it will guide you toward your ultimate purpose
- If you believe in the Divine, it will take you to the heights and depths of the Supreme.

No Title

At the moment you garner the courage and break away from circumstance that has long-time oppressed you, Life moves forward and offers its full protection.

No Title

Let us be patient and optimistic, do what is necessary, and the best will come.

Examples of How Materials, Objects Mystically Respond to Attention

[giving objects, machines, properties, etc. proper attention cause them to evoke startling response from life. Here are a number of examples:]

1. My father owned a cashew Estates in Ramapuram near Cuddalore. He maintained it well and spent a lot of money in developing that Estates. Later on a property dispute rose between him and another man who claimed rights over it. The odds were stacked heavily against my father as he did not have any documentary records to prove that he owned that property. The court judgement went against him. The man put up the property for sale. Surprisingly nobody would buy that and finally he was forced to sell the property to my father only who had all along been taking good care of it.

2. I once owned a drilling machine and I was taking good care of it. I lent it to an electrician who reported to me later on that it was stolen when he left it on his bicycle. I was sad for a few days and reported it to my father. He said that it won't go away from me as I had taken good care of it. Just as he said on the third day the electrician met me and handed over the drill saying that whoever took the drill left it in a shop that the electrician frequented with instructions to hand it over to him.

3. In our compound a particular place in the garden looked very dirty. I spend an hour cleaning up that place and wondered what reward I would get. Surprisingly Dharmapuri centre which had not given me any bathi order for 3 months or more called me up and placed an order for 10000 rupees worth of incense. This happened within half of hour of cleaning up that place.
4. I own a desk top computer which I am maintaining quite well. One day a Singapore devotee called me saying she would to gift me something. I suggested a lap top for which she immediately sent the money. It looked like life was gifting me an extra computer for taking good care of my earlier computer.
5. I used to have a scooter model called Hero Winner. It soon became unpopular in the market and it was given up as a failure model and stores even stopped keeping spares for repair. But I insisted on keeping this failure model as it was serving me very well. I hunted down a spare parts shop in Chennai and regularly purchased spare parts for repair whenever I needed to service my scooter. But at one point yielding to pressure from family and friends I agreed to dispose of the vehicle for a paltry 3000 rupees. On the day I decided to sell my machine I sent my car to Chennai for some work. At around 11.00 clock I got a call from my driver saying that Check post authorities have detained my car saying that it was plying as a taxi without paying tax and that they would release my car only after due taxes have been paid. I immediately understood this incident to be the result of my scooter reacting to my proposal for sale. I immediately gave up the idea. Within minutes my driver called to say that they have released the car after some devotee friends of mine went to that place and assured the check post authorities that the car was not a taxi but kept for personal use only.
6. In our house frontage a few plastic chairs are kept for visitors to sit. One day my wife spent considerable time cleaning those chairs by washing them with soap water. Next day early in the morning when she opened the door she was surprised to see a big bouquet of flowers resting on one of those plastic chairs that she had cleaned. She took it as a sign that the chairs were very pleased with the attention that they got and they were demonstrating that by adorning themselves with flowers.
7. Prior to 2013, I used to live right opposite to my father's house. It was the ground floor of an old house. But I took it as it was right near to my father's house. I lived there for 14 years and during that long time I spent more than a lakh of rupees towards repairs and maintenance for which I did not charge the owner. At some point of time my father agreed to build a 2nd floor to his house so that I could shift there. I understood that the old house that I had spent so much money on was showing its gratitude to me by making my father build a whole new floor for me to shift to.
8. We moved to the house we are living in around 1980. It has been 37 years since we moved to this place. When we came here a mechanical wall clock was installed. My father insists on keeping that clock even now and makes it run by giving keys now and then. Digital clocks are now available. Still he is very fond of that mechanical clock and to everyone's amazement it is still working if somebody gives the key. (N. Asokan, MSS)

Sudden Turnaround Reflecting Man's Decision to Change His Life, Follow Sunlit Path

A friend of mine who was angry that he had been cheated out of shares in an organization, wrote me about his dilemma the other day. In return, I asked him to not react with any intensity to the situation, to see if there was any possibility that he cheated others in the past (causing him to be cheated now, according to the law of inner-outer correspondence), to consecrate the entire matter to the Mother, etc.

Only a few days later, he wrote me the following:

"I have decided to take the spiritual path.

I have been reflecting on my own failings in life to have attracted the type of people and circumstances and consecrated them all to the divine mother. I am sure my journey to redeem myself and rediscover the sunlit path of Mother has perhaps just started.

Miraculously, I have started receiving phone calls for businesses that I have initiated weeks and months ago. My application for refinancing that was under consideration for months to pay all my debts and taxes been pre-approved today. I am invited by the principal of a law firm today, to be part of it.

I am grateful to Mother. I am also eternally indebted to you for your prompt and kind response."

This is a typical Life Response reaction to those who change an attitude, let alone those who make the firm decision to turn around their lives.

No Title

Coming at things from the widest variety of perspectives enables true, integral understanding.

Subtle Indications from Life of What Is to Come

We have read so much about life response from Appa's writings that we should realise by now that life gives many subtle indications of what is going to happen later on. Let us see some such subtle indications.

1. My father had a coconut garden in Cuddalore town itself in the 1960s. But he noticed that workers from nearby Ramapuram village (nearly 10 km away) used to come and work there. He was intrigued by this event and wondered what it meant. Later on a few years later when he bought a cashew estate in Ramapuram itself, he realised that it was a subtle indication of what was coming on in future.

2. The Mother saw in a vision that Chinese people were moving about in Calcutta streets. Immediately she realised that it was a subtle indication of later Chinese invasion which proved to be true.

3. The Jalianwala Bagh incident in which many people lost their lives was a subtle indication that Indian freedom will be accompanied by violent bloodshed and that it won't be free of violence as Gandhiji had wanted.

4. My father wanted to teach consultancy to a devotee in the 90s to which the devotee responded. When he came here, he sent some consultancy papers to him for reading before he came up the stairs to meet him. The devotee later returned the papers back to Appa through the servant who had brought them. Appa noticed that the papers were all in disarray with the numerical order all changed. He understood that the devotee will fail in consultancy which proved to be true later on.

5. When Pakistan was proclaimed an independent country in 1947, the Pakistani flag was hoisted all over West Pakistan, but was surprisingly absent all throughout East Bengal. It was a subtle indication that later on East Bengal will leave the Pakistani union.

6. In the 19th century Ramalinga Adigalar said that a saint from the North would come and settle in Tamil Nadu. It was a subtle indication that Sri Aurobindo would later arrive.

7. A team of Indian professionals showed great interest in learning consultancy from my father in the 1990s and started seeing some income. However, they relied heavily on another senior consultant to bring new clients. Their failure to bring a new client on their own initiative was a subtle indication that their joint consultancy would soon wind up. True to life's indication, the consultancy did come to an end.

8. Sometime in 2015 a building collapsed in Chennai causing many deaths. It was a subtle indication that an Important VIP would be passing away soon. True to that indication the T.N. C.M passed away in December 2016.

9. On India's Independence Day Gandhiji was missing in Delhi as he was conducting Padayathra in Bengal. It was a subtle indication of the end of his role in the freedom movement. True to that indication, his life came to an end in Jan.48.

10. An ardent disciple of my father used to come on the 1st of every month to attend the Prosperity day calling from 90 to 93. My father offered the devotee a chance to visit America and learn the Glen-doman method of teaching. The minute she learnt that she will be visiting America soon, she stopped coming for prosperity day calling for six months in a row without offering any explanation. Later on in the year 1999, my father had to inform her to stop coming to MSS or MMC. Her earlier discontinuation for 6 months of prosperity calling in 93 was a subtle indication of the permanent injunction to visit MSS and MMC that came in 99. (N. Asokan, MSS)

Comment: In 1976, I came up to the San Francisco Bay area to do some sales for the Los Angeles-based Mere Cir imports who were selling goods from the Ashram, Auroville, and MCC. When I arrived there, I went to visit an old acquaintance who when he learned what I was up to mocked my sales effort; saying that I had given up on my artistic and social ideals, when in fact the opposite was the case.

It also turns out that that same meeting I first saw my future partner for a sales business we would create. After a brief successful run, our sales company fell apart due to many simultaneous difficulties.

In other words, the old friend's negative expression (at the time of my first glimpse of my future partner) was an indicator of the great difficulty that was to come.

In 1989 I was working as the national franchise manager of desktop publishing centers located throughout the world. One day my manager suggested that I train a few people on several software applications. It seemed like a come down, yet I accepted it in full. Several days later two beautifully dressed, lovely women approached me and asked if I would join their software training organization. It was as if they were angels who appeared from out of nowhere with this compelling opportunity.

It would in fact kick off a successful 30 year training career that continues until this day.

In other words, their coming to me from out of nowhere, with no effort on my part, was an indicator of the success that was to come.

No Title

In Savitri Sri Aurobindo indicates that in the subtle planes there are higher worlds of consciousness waiting to manifest on earth. However, we need to open ourselves, our consciousness in order for these higher realms to manifest on earth.

No Title

When you ask something of someone that is not yours to ask, you may instead lose an advantage with them you already had.

No Title

When we move out of doubt and fear and the inevitability of suffering and death, replacing it with Faith in the Divine, in Mother, and the Grace that follows, we have moved into the Supramental consciousness of Truth of being, enabling a divine existence for ourselves and an immortal existence on earth.

Goddess Revealed

In the recent Savitri speech by Garry Jacobs on Sri Aurobindo's epic spiritual poem Savitri, he shared an experience of Sri Aurobindo who had met a certain Goddess in His vision and finally recognized that Goddess when he went through the Vedas.

In the midst of the speech, N. Asokan asked the Garry who that Goddess was. Garry could not remember at the time and told the audience that we should be able to find that incident from Karmayogi's books.

Today I was making a list of Karmayogi's books for a project I am undertaking, and in the evening started to read His book "Pushpanjali" from the point I left off earlier that morning.

I was then thrilled to find the answer to the question from that book, as Karmayogi has shared that incident and the Goddess name was "ILA"

I believe it was a life response due to the related project I have undertaken in regard to Sri Appa's books, or it is simply the atmosphere that Sri Appa's books contain. (SM)

Comment: "In Vedic literature, Ilā is also known as Idā. Idā in the Rigveda, signifies food and refreshment, personified as the goddess of speech. Ilā-Idā is also associated with Sarasvati, the goddess of knowledge." Garry Was conveying knowledge (about poem Savitri) through his speech.

Ways We Spoil an Activity

The outcome of an act can be spoiled in a variety of ways. Here are several causes:

- Our focus is diverted by some other matter, causing the present act to be partially ignored, leading to it being spoilt.
- We are in a rush, ruining the right flow, thus negating a positive outcome.
- We overly focus on the goal to be achieved, ignoring the attention the process, the details of the act demand, leading to spoilt outcome.
- We are troubled by matters, bringing negative energy to the act, and thereby attracting negative circumstance while engaged in it.
- We are too eager to show the results to others, thereby negatively affecting the right flow of completing the act.
- We are not properly prepared to do the act - in terms of concentration, skill, necessary information, knowledge, organization, time-wise, energy, resources, etc.
- We have inadequately focused our intent, our goal, and purpose.

Such results come from an unfocused mind, or the vital/emotional being that is carried away. The spiritual approach is to quiet the mind, to settle into the act, to know where one is going and to consecrate (offer it to the spiritual Force) at the outset.

True Value of Life Response

Life Response (onset of sudden good fortune) is truly valuable when it is a means of developing one's consciousness; not merely an occasional striking event you notice along the way. The former indicates Sincerity of purpose and Aspiration for Inner Growth; the latter, mere Curiosity.

No Title

Sri Aurobindo indicates that death is simply a deep-seated, seemingly intractable Habit; one that can and will be overcome through our evolution in Consciousness.

On Karma

Karma is a vibration of conscious or subconscious intent from an individual or collective that moves out into the universal field of life, links up to corresponding circumstance, individuals, etc, and returns sooner or later to that person(s), as positive, neutral, or negative life conditions, depending on the quality of the original force.

No Title

Through one's higher consciousness of Non-Reaction and Consecration, a nefarious, unstable national leader will be progressively pacified by the Force, reversing his positions and tactics.

Values Energize Any Work Activity

In any work-related activity you engage in, think of the deepest personal, business, or social value related to that endeavor, and intensely wish for its fulfillment. It will broadcast a powerful positive force that can attract a far greater than expected result.

Eg instead of merely thinking about the details of a project involving the disseminating of profound books, you instead imagine the benefits the reader will derive from taking in that knowledge. As a result, startling, unexpected positive results will follow. One man tried

this approach and a few minutes later received a completed very important document from a colleague that he did not expect for weeks if not months!

Values like Customer Delight, Truthfulness, Integrity, Goodwill, Perfection, Harmony, and Peace will take any work to the next highest plane.

No Title

Opening the mind to new areas that challenge our mental capacities unexpectedly attracts the support and involvement of people with that capacity.

Integral View of Circumstance

By understanding the principle that Nature/Life works on many fronts simultaneously will help us integrally comprehend circumstance in the world.

-Each problematic situation is a product of a variety of circumstance; much of which seems to an average mind not directly related.

-Each central situation in the course of its resolution is resolving multiple problems at once.

-This is the integral view of the Higher Consciousness.

-We can obtain that view by giving up our prejudices, shedding our ideologies, and quieting the mind so that a multi-sided knowledge can enter a still mind absent of thought.

Non-Reaction Power

"Don't get upset with people and situations, because both are powerless without your reaction." (Pooja Bedi)

When you don't react, remaining still, life responds and their power begins to dwindle; i.e. Life takes away their negativity.

No Title

Technologies become obsolete, whereas the laws of the Character of Life retain their sparkle and startling Truth-value into the future.

Overcoming Obsession/Fear Attracts One's Heart's Desire

One subtle, yet startling observation about life is that giving up one's over-attachment to an outcome greatly increases the possibility of it coming about.

Here is a true-to-life example:

'Home Fires' is a British period television drama about the life of Women's Institute members on the Home Front during the Second World War. It is set in a rural Cheshire community called Great Paxford.

Miriam Brindsley is the wife of local butcher. The thought of war terrifies her, therefore she continually fears for her son's life after he enlists and heads to battle. Then one day he is reported missing, causing Miriam to go into a daily state of mortal fear for his life.

Miriam's continually husband tries to sooth her, but she tries to do everything to discover her son's whereabouts, to the point of deep obsession. She is constantly on the verge of going mad.

One day several months later her husband finally convinces here to let go and let things be, even if it means accepting that their son is dead. Several days after doing just that there is a Nazi bombing raid on the town, which is followed by their son's startling arrival. The parents and the son deeply embrace.

A little while after, the husband praises his wife for believing that their son was alive; and now he has returned. However, on deeper analysis, we see that it is because Miriam has GIVEN UP her obsession that she attracts their son back to them.

In other words, by giving up her over-attachment and hysterical behavior about her son, it creates the calm conditions by which her son returns unharmed.

That is the power of detaching from one's negative obsession and fear. You attract your deepest aspiration in life!

Often ignoring a problem that deeply troubles us will compel Life to dissipate it.

Overcoming Wrong Consciousness that Precipitates Delay

If something does not occur on time as expected or is otherwise delayed, check the limiting inner attitude or outer behavior that might have precipitated it. When you reverse it, the thing desired will quickly appear. Eg-

- if you waste money, then money coming in may get delayed.
- the account you expected to obtain was too quickly or unnecessarily verbalized to others
- the long-term accolade you expected from your boss does not come because the work you did that day was sloppy
- funds do not balance in your account for the month because that day you were not frugal in a purchase
- important papers do not arrive because you were overconfident they would come
- work does not arrive because you were too lazy to do today's chores.

Recognizing and reversing any of these inwardly or outwardly will facilitate the originally hoped-for result. Consecrating it - offering it to the Mother -- will give strength to that possibility.

No Title

Symptoms of life outside are observable, not controllable. They are observable as well as controllable in their origin of inner impulses. The capacity to control the inner impulses offer mastery of the outer life. (Sri Karmayogi)

No Title

[from Within] one man can change the world.

No Title

Unlike the tradition Sri Aurobindo says there is nothing but the Divine: i.e. the Divine manifest, and the Divine hidden; and nothing else. This totality is the Reality; Brahman; the Absolute; the All.

No Title

Difficulties are Opportunities concealed.

No Title

The inner flame of Aspiration for the Divine to descend and enter this world is the starting point of the integral yoga.

No Title

To know Mother acts and how SHE acts is to be conscious. When one is conscious, that capacity to invoke the Force is permanent. (MSS)

Reader: At the very "lowest" level, consciousness of Mother is needed to remember to call Her.

No Title

To remain open to the Mother is to remain always quiet and happy and confident - not restless, not grieving or despondent, to let her Force work in you, guide you, give you knowledge, give you peace and Ananda. If you cannot keep yourself open, then aspire constantly but quietly that you may be open. (Sri Aurobindo)

No Title

The more a regressive force pushes in its negative direction, the more it compels a corresponding progressive force to intensify.

Power of Embracing Opportunities, Relevant Requests Coming Your Way

Life coming to you on its own is normally much more powerful than your going after life. When embraced, the former tends to succeed very often, while the latter not as much.

A man was offered the opportunity to engage in a new software product. It would allow inspiring mini audio messages on the subject of "Life Response" to appear in people's smartphones on a daily basis. He was hesitant about taking it up, as he had other ideas in mind. However, soon after he changed his point of view.

And so the man began to make audios for the public for this project. As it turned out the individual who made the original offer, could not follow through as other matters became more pressing.

And yet, as it would turn out the individual who made the audios met another man who would later create magnificent videos out of the original audios. By embracing the original opportunity of the second man, and working to make it real, the first man was able to attract a third individual who turned his own inspiration into a work of art.

From this true story, we see that it is important to be vigilant of opportunities or relevant requests coming your way. Taking them up in earnest can propel you to the pinnacles of success, as life will tend to respond out of all proportion in your favor.

Making Right Cross-Road Decision When There is a Problem

When something isn't working out, it usually means it requires more of your attention, or it is time to move on to something else. Knowing how to negotiate such situations is a key to success in life.

Eg you are trying to make a new post, but the system gets bogged down and begins to run slow. Either it means you need to be more patient or perhaps adjust your computer for more efficient operation, etc.; or it is an indication that life wants you to move onto something else. Being able to work your way through such situations and having the subtle sense to make the right choice is one of the keys to great success in life.

Tip: Developing an Intuitive capacity gives one the subtle sense of what to do, as the thought of the right choice enters the mind without having to think about it. How is that possible? Through inner growth, consecration, silencing the mind, et al deepens the consciousness and opens the mind to Intuitions of right knowledge and action in such cross-road situations.

No Title

When people assert their point of view to the point of belligerence, then you sense Ego spreading throughout their being.

No Title

In a world progressing rapidly, reactionary forces dramatically present themselves so Life can purge them once and for all from the consciousness of humanity.

No Title

Lack of inclusion of certain segments causes positive forces to be confronted by negative ones who are secretly seeking to be part of the whole.

Terrorism is one example; rising out of the anguish of poverty. As is the abuse of Russia toward the West due to her being ignored. Also, the arrival of Trump in the name of the dispossessed.

It is Life's difficult, yet necessary movement toward an inevitable higher Harmony. To that effect, all sides need to work out the issues.

Equality of Being During Math Test Attracts Great Results

[when you remain very still when difficulties arise and go a step further and offer it to the Spirit, not only will you solve an immediate problem, but you will also attract powerful positive results related to the bigger picture. Here's an example:]

"I was studying in Engineering college then. We were giving mid-term tests and on a particular day when the incident happened, it was math based subject Control Systems. I didn't do the previous mid-term test well and hence I was preparing well this time in order to score well.

On that morning when I left home for the exam I forgot to take pro-circle instrument (for angle measurement) and a graph sheet for the test. I didn't realize this until I received the question paper and started reading the questions. Because both the questions were math problems and required pro-circle, graph and scale. I had a scale but forgot to bring the other 2 things. Usually I get panic. But this time I stopped myself getting panic consciously and just called MOTHER. That's it, I never bothered about anything, marks, results. I felt the calmness inside. I stood up and asked the invigilator (who happened to be one of the lecturers teaching a subject for us that semester) whether it is possible for him to allow me to go and buy a graph sheet from the student-store located downstairs. Usually teachers would not allow any student to go outside the class until the test is over. But I tried my best to put forth my request as that was the best that I could do at that time.

The teacher came forward to help me. He said it would take a lot of time to go and come back. He immediately asked the students in that hall whether anybody has got extra graph-sheet. One of my friends gave me a sheet. I thanked both of them and started working on the sheet. After some calculations, I realized that I needed a pro-circle to continue working on the problem. But I felt I cannot go back for one more help. I didn't get panic this time too. Since I've practiced several problems on graph-sheets I know where will a 60-degree line pass through inside a square. I completed the problem without using a pro-circle. I wrote the final answers and came back from the hall.

After a week or so, when the corrected test papers were distributed, our teacher mentioned that lot of students have not scored well this time and many were not able to complete the problem precisely. She worked out the problem on the board and explained the steps and wrote the final answer too. I was startled to see the results as they were so precise and exactly the same as mine. Only few students got the correct result and scored full marks. I was one among them.

I thanked Mother and later realized that not reacting to the situation and choosing to remain absolutely calm and do the best that could be done at that moment was the start and Mother's Grace followed."

(RT)

Appa's Initiative Coming In as Opportunity for Me

When Karmayogi asked Garry and Bob to teach me Appa's core principles at their house in Napa in 1997, it opened the door to my creation of Growth Online, the books I have written on Life Response and others, and the serious practice of personal growth and yoga.

Appa saw the signs from his side - as I had worked with them on a business venture the previous year - and acted to initiate this project. From my side, I received an opportunity from him, - an external initiative coming in - which usually ends in success, as opposed to Initiating on one's own, which brings success less often. It has taken me almost exactly 20 years since those weekly teachings began to recognize this dynamic.

No Title

Neo-Fascism is trying to spread around the world (Philippines, Turkey, Russia, USA, Egypt, etc.) in the vacuum of liberal democracies inability to incorporate the dispossessed in society - in terms of poverty, unemployment, low skills, low wages, refugee status, terrorism, etc. It will force the progressive forces to seriously work together in that regard, thereby uplifting all peoples, while negating the further rise of an odious movement.

No Title

Comment Wikipedia: "Neo-fascism is a post-World War II ideology that includes significant elements of fascism. Neo-fascism usually includes ultranationalism, populism, anti-immigration policies or, where relevant, nativism, anti-communism, anti-socialism, anti-Marxism, anti-anarchism and opposition to the parliamentary system and liberal democracy."

David Brooks explains this very well in this article in NY Times:

<https://www.nytimes.com/.../the-crisis-of-western-civ...>

No Title

Overcoming reluctance to engage in a small thing reveals a much greater one.

No Title

Over-Attachment to a person, place, or thing can blind you from the Truth when negative circumstance involve them.

No Title

As long as you have negative emotional feelings toward another when condemning their troubling behavior, you too will be in the wrong. On the other hand, if you catch yourself and shed that harmful emotion, those you rail against will magically begin to change their awful ways, or other surprising beneficial results or events will take place. It is a powerful truth of Life, ... and Life Response.

Abusive Boss

Anger toward an abusive boss compounds the problem, intensifying the negative relationship. Instead, being non-reactive to the boss' behavior and becoming peaceful inside, while wanting positive change, will attract positive circumstance - such as someone working against him on your behalf, the reversal of his abusive behavior, his disappearance from your life, etc.

No Title

An intense negative coming your way will on self-reflection reveal corresponding negative behavior or habit or attitude or belief on your part. Thus, in one sense, such problems occur to help you grow out of your limitations.

Evil is a Moral Reality; Not a Material or Spiritual One

Q: If God really exists, how is it possible that permits evil?

A: Evil is real to the human moral view. It has no reality. An object is materially real. Evil has no material reality, its reality is moral.

Fire is real to us, not to the fire walker.

For a child that detests going to school, school is evil. It is evil to that age, not really.

In the last century war-wounded legs were to be amputated. The wounded soldiers dreaded it and slept with a revolver to prevent the surgeon coming. It is an evil that saves his life. A stray dose of whiskey was all the anesthesia at that time. Is it really evil to save a life amputating his leg?

The daughter-in-law finds the mother-in-law evil and vice versa. It is there in their attitude, not in reality.

A spoilt child raised on sweets and chocolates finds good food evil. The evil is not in the food, it is in the child's attitude.

Widow marriage was a great evil in the last century.

The evil changes with Time. சத்தி is incarnate cruelty. As women poisoned their husbands when secure, சத்தி was instituted to prevent it.

There was a real instance of two wives competing to burn with the dead husband. The military General gave the verdict on behalf of one who happily allowed herself to be consumed by the flames.

What is really evil can be an enjoyable good in certain conditions.

Evil has a moral reality, not a material or Spiritual reality.

(Sri Karmayogi)

No Title

Give yourself unconditionally to others, and the Divine will compensate you a thousand-fold, whether or not others give you in return. (paraphrase of N. Asokan, MSS)

No Title

Through our rise in Consciousness, the Invisible increasingly manifests as the visible.

Reader: visible through 'insight' in the mind

Response: Eg adopting invisible human values, life outside ourselves is heightened, accomplishment increased.

Through invisible silence, we are better able to cope and succeed in the outer world.

Through invisible consecration startling positive outer events occur in the world.

Through control of our invisible (to us) emotions, we attract sudden positive outer circumstance

Etc.

Sri Aurobindo's Dream

- reunification of India
- prosperity for India
- re-emergence of Asia
- world union, human unity
- India as guru of the world
- transformation of humanity
- emergence of supramental race
- divine life on earth

No Title

We know of God, but not of God's body, which is the universe.

Mother Explains How to Reach and the Experience of the Psychic Being

In order to find the soul, you must go in this way (gesture of going deep within), like this, draw back from the surface, withdraw deep within and enter, enter, enter, go down, down, down into a very deep hole, silent, immobile, and there, there's a kind of... something warm, quiet, rich in substance and very still, and very full, like a sweetness--that is the soul.

And if one is insistent and is conscious oneself, then there comes a kind of plenitude which gives the feeling of something complete that contains unfathomable depths in which, should

one enter, one feels that many secrets would be revealed... like the reflection in very peaceful waters of something that is eternal. And one no longer feels limited by time.

(The Mother)

No Title

Both religion and science have failed to explain how the Divine became the universe. And yet Sri Aurobindo has explained it in full.

No Title

Westerners have a difficult time relating to and staying with Life Response and related phenomena as their surface, physical, material nature dominates their existence; not the depths, not the subtle and causal.

Reader: I think it must be because "traditionally", or such, ego and ratio stand in the way and consequently "spiritual dimension" is seen as "superstition"...

Response: Yes, the European mind (including USA) is rooted in science and the material, solidified by a certain rationality (scientific method and rational thought) that excludes the unseen and subtle (that has no material basis). It is their Superstition.

No Title

By insisting on their approach establishes a type of Ego go that is adverse to other points view, experiences, etc.

No Title

After two world wars Europe is now liberal-minded, but still indifferent to the ultimate forces behind our existence.

No Title

Ironically Jesus - a spiritual figure - has helped humanize them through focus on compassion and love.

Reader: How do you, Roy, think to --given the situation-- best induce circumstances that the "spiritual dimension" can be reached?

Response: What people are doing with hatha yoga, mindfulness, and all are good things. Also as the world intensifies we begin to appreciate stilling the mind to come up with spontaneous intuitive solutions without thinking etc. if the EU deepens it could also help.

Sri Aurobindo says Europe should look to Asia to learn about the spiritual source of things, the subtle workings of life, etc.

Of course, Life Response knowledge and practice would be a natural!

Reader: So... this may take another generation if all goes 'well'?

(i.e.: it so will not happen 'now', that is: it will not be "mainstream" now, but perhaps within another generation yet to come...)

Response: Something like the hippies exploded on the scene and then quickly disappeared. It was supramental according to Mother, until it imploded due to wildness, drugs, sex, etc.

Likewise The Secret dramatically arose on the scene from seemingly out of nowhere. It is in reality the first wave of Life Response for the world. (Ours is another, or several levels higher still.)

The Divine is preparing many things behind the scenes, and they will come out as necessary.

The Supramental Consciousness can break out in new forms, new ways, in an instant.

But so can another financial crisis and calamity, to name but one area.

The Divine knows the right time and place.

All we need to do is Aspire for something higher, and be patient.

Things happen in stages. But certain stages can come very fast! So keep an eye out!

Reader: "The Divine knows the right time and place. All we need to do is Aspire for something higher, and be patient." Okay... "The supramental consciousness can break out in new forms, new ways, in an instant." It could help if we consciously call on (?) the 'supramental force'... then if so, what is the best way to do according to you, is it through "consecration"?

Response: Remember the Mother before doing anything important. Also recognize and consecrate any negative attitudes. You will gain enormous power over the outer life, constantly evoking the miraculous. Also, every act or feeling of goodwill or self-givingness or gratitude will attract wonderful outcomes.

No Title

Asia, the East offers the infinite, eternal Depths to the West; while the West has given or rekindled the infinite material wherewithal to the East.

No Title

The world is being strained in the extreme with acute problems because it is lost on the surface consciousness; in the physical, material mind, at a time when problems are accelerating, which only intuition (powerful knowledge, solutions entering a silent mind without thought) and other formations of spiritualized mind can grapple with and resolve.

No Title

Mothers persistently screaming at their children only intensifies the unruly behavior of the child. Patient, quiet discussion has a much more lasting effect.

No Title

Karmayogi implores us to constantly distinguish between Physical, Vital/Emotional, Mental, and Spiritual in any situation or circumstance. That way we can make intelligent distinctions in life that bring much greater, deeper understanding, and therefore the very best insights and strategies for improvement going forward.

No Title

Mother was disgusted by the Christian image of the crucifixion and the need to suffer intensely to reach the divine. The Divine she said should be obtained by Truth, Harmony, and Love, which Christ embodied, as did a number of other great spiritual figures.

Reader: I noticed something in the Lord's Prayer...Jesus says "forgive us our trespasses as we forgive those who trespass against us" (this can only be attained in the state of Advaita)...he has not said anything about his death paying for sins. Also, he often said to people "your faith has healed you"...so he clearly taught a path of purification by Grace.

No Title

Technological artificial intelligence is a sign that an even greater Spiritual intelligence is about to emerge in the minds of humans.

Comment: Perhaps we can say that AI will be the "offloading" of the current human intelligence from human to tech, enabling humans to now see into the deep Life laws and spiritual insights of a still, spiritualized mind of intuition, illumination, and supramental perception.

Reader: Roy, I am thinking: what about re-learning how to consciously relate to 'nature', i.e. non-human life forms, relating to Planet Earth and all its inhabitants in a profound respectful way unlike now... how do you see artificial intelligence could be helpful this way?

Response: Any time a major decision has to be made, we need to look at it holistically, at the various sides and issues. AI can insure that happens before final decisions and courses of action are made. It sees things at various planes simultaneously, and whatever is not considered or out of balance relative to the rest is flagged for further consideration.

Certainly human-centered factors are part of that consideration. As would those factors affecting the environment - sustainability, and all. Compassion for non-human life forms would be part of human-centered or environmental factors or values that would go into AI knowledge base and decision-making algorithms. This also can be included in education curricula.

It all depends on how serious we are about applying higher, human-centered and environmental values.

Compassion is another, that is a spiritual value.

Reader: Okay Roy, ... I am now thinking of --only for example-- the invention once of microscope (say that is also "artificial intelligence", albeit perhaps a bit uncommon when thinking about 'AI' today) through which so 'micro-organisms' can be seen and reflected upon, studied further etc. etc., that else could not have been detected.... so that way the "microscope" may add to "spiritual intelligence" of humanity..., i.e.: a rise in awareness that there also exist 'micro-organisms' that cannot be seen without a 'microscope'...; is such how you mean in your upload when you say "Technological artificial intelligence is a sign that an even greater Spiritual intelligence is about to emerge in the minds of humans."?

Response: Tech AI is happening because spiritual experience is knocking on our door, which requires us to unload ordinary rational thought and thinking into software. Same with Internet, where these systems can hold facts, so we can focus on deeper insight, original thinking and such.

Reader: I hope so.... (given the fact that the Internet also knows so-called "trolls"...)

I think it all depends what is the content of the AI that could unleash 'spiritual intelligence' to emerge or... dawn onto humanity as a species, as a whole species in harmony and respectful appreciation together with all other life.

Response: -Yes, the quality of the personal and social Values are key.

-Asuras (dark forces) also enjoy the Internet, and are increasingly ruling many foolish young men. We need to find positive outlets for their energies, instead of destructive ones. It also relates to economic insecurity of individuals who take to such malicious behavior. Let us pray that this calms down

Quality in the New Education

The capacity to untap the full potential of the individual for self-guided learning, critical and original thinking, problem solving and application of knowledge to real-world issues determines the Quality of Education. (World University Consortium, founded by MSS)

No Title

We are constantly offering our opinions on matters without checking the facts. On discovery of the truth, we are royally embarrassed.

No Title

Try something different today, and see if life responds.

Romance Reborn

Annie was puzzled and disappointed when the passionate longing and intense affection she felt for her boyfriend when they were 6000 miles apart gradually diminished when they got back together.

But then IRES showed her how she could revive the original intensity she had felt during the initial stages of romance. Three weeks later Annie reported that she felt like a new person. Not only her boyfriend but other people were responding to her in new, unexpected ways.

Power of Non-Dual View of the World

Try to avoid looking at the other person as something separate and different than you. Rather see them as a part of, an extension of you; and you a part of, an extension of them. The same between yourself and anything else you encounter in life.

This creates a non-dual view of Reality, of existence - that enables awareness to emerge out of Ignorance, harmony out of separation, and fulfillment and joy out of emptiness and conflict.

No Title

It is best not to take out your frustration on others; whether your children, your workers, etc. Instead go to a deeper place within where you can separate yourself from what frustrates you, understand its source, and then begin to let it go. Now your relations with others will be more gentle, more peaceful, harmonic.

No Title

Every problem has an inner source within us, though we look for it, perceive it only on the outside.

Reader: How do you mean this Roy: when we look within, we perceive it only outside

Response: I mean we can discover how we are the cause of the outer problem, whereas we normally only look for outside causes. We can discover something correspondingly wanting in our consciousness that is reflected in the outer negative circumstance.

Eg instead of blaming others, or looking for a simple mechanical cause, like machines not working properly that in turn causes the business to slow and money lost, we can say that our wrong consciousness attracted that result. We can discover the wrong attitude, belief, habit, behavior, etc. that helped bring that about. It means to take inner responsibility for outer problems and circumstance.

The problem is we live on the surface, and therefore only perceive surface, outer causes. Moving to the depths, a deeper poise enables us to see our consciousness as cause, or if not ourselves something else deep within others, or deep within the circumstance itself.

Reader: inner-outer movement.... change the inner --thus the outer will no more have "effect" on the inner...., yes, this way of looking/seeing so to say more 'introspective' is familiar (but can be also "forgotten" in the "day to day" daily life once perhaps 'routine' of some sort comes along or "conditioning" can get a hold etc.)

Response: Yes, that is why one needs to build a deeper center, so we can easily embrace inner-outer correspondence in our daily lives. A deeper center comes through stilling the mind, taking the other person's point of view, practicing non-reaction to the intensity of others, and regular consecration (i.e. offering to the Divine Mother) of current circumstance.

Inner Power that Helped End the California Drought

For last five years California had the worst drought in 160 years. Climate scientists said California had less than one percent chance of beating the drought, and the recovery would still need to take decades according to researchers who studied weather patterns going all the way back to 1571. Despite 100 to 1 odds and other dire predictions, it rained furiously over the past six months, and suddenly and most unexpectedly the drought in California ended.

Some thoughts on this:

Weather pattern is in part determined by the flow of the Jet Stream. Last year while everyone was saying how dry it was, I kept thinking that there is vast amount of rain OFF the coast of California, about 200 miles out to sea. No one ever talked about it, but I kept noticing this tremendous amount of rain so nearby, yet so far.

I thought if only the Jet Stream shifted a bit we on land can enjoy this enormous amount of rain.

And so I followed the patterns regularly and then on daily basis I hoped for a shift, put out a kind of prayer, but then did not insist, and withdrew my attention.

The Jet Stream started to shift, came directly over the state, and the rains poured in.

Sometimes during this process, I would even wave my hand over the map of the weather and Jet Stream imploring it to fully envelop the area. I also hoped it would gather over the dams in the eastern mountains (Sierras). Several dams overwhelmed by the rain broke and threatened people below. Fortunately, only a few died.

Sometimes it looked like it would never stop. They called it a "River of Rain", from California to Hawaii that went on for days and days. It even threatened a great catastrophe, but fortunately it soon relented. 160-year drought ended in several months. Rain totals were double and triple normal. On my street, twice there was two feet of rapidly running water, and rubber boats (Kayaks) were floating by with happy passengers steering them! It was beyond belief.

No Title

To the degree the US and Russia insist on having them, nuclear weapons will spread among a number of the remaining nations.

No Title

Because the Asura senses the world is rapidly moving toward human unity - through globalism, increasing associations among nations, the rapid rise of Asia, and other means, - it has forged an alliance with Extreme Nationalism in certain countries to block or deflect that progress. How that gets resolved will determine the speed and quality of further integration and unity of life on earth.

No Title

When individual nations pull in their own direction, oblivious to or consciously separating themselves from others, you create the ripe conditions for War.

No Title

With the number of problems accelerating and intensifying in the world, the Asura (great dark force) has seen fit to enter the fray and do its mischief in order to block their resolution and further human progress.

Reader: driven by "the ego"?

Response: Problems due to increasing complexity and a surface human mind not capable of grappling with it; so problems persist, intensify, creating great pressures. Dark forces can enter the out of control situation and thereby influence circumstances.

Reader: In another post you stated, if I do understand well, that --though not necessarily a 'precise' citation--- "they secretly want to be part of the whole"...

Response: That's interesting. Maybe I meant that even the dark forces subconsciously want to be transformed into the Good. I am not sure of the context. 😊

No Title

Sri Aurobindo's famous dictum that "all problems in life are essentially problems of Harmony" is increasingly obvious when we look around and view the situations and conditions of the world.

Comment: In other words, by moving to a higher harmony (among individuals, parties, efforts, ideas etc.), we can solve any problem.

Garry Jacobs' novel The Book is filled with examples of this happening among the participants, in the situations, in the storyline, enabling forward progress of the AI company that is at the center of the story:

No Title

People's unrestrained vulgar behavior and persistent use of extremely foul language gives license for dark forces to seep in.

No Title

Sri Aurobindo's greatest intellectual work is 'The Life Divine,' where he explains all matters related to Spirit and Creation; whereas his greatest spiritual work is 'Savitri' where he poetically described in 20,000 lines, 400 pages His and Mother's actual mystical experiences.

No Title

The cure for Democracy is not to destroy it, but to make it more democratic.

Reader: The perfect platform to establish Unity, Harmony, Joy, and freedom is Democracy. All other social systems suppress one thing or the other and establish a partial result.

Response: It is interesting that the view you express is certainly something MSS accept as generally true, yet in Appa's critique of the book of CNN's Fareed Zakaria, he repeats that Democracy is not the only way forward. Progress can happen through other systems as well; sometimes even better than the current forms of Democracy. Eg through democracy you can still elect a tyrant! (as we have seen in several countries lately). And in a poor country democracy is liable to turn against the people who are in a weak position whether through tyranny, corruption, etc: Then there is the issue of how public apathy can ruin democracy. Hence going forward, we need to make Democracy more democratic for it truly be an effective approach to governance.

<http://www.karmayogi.net/?q=publicawareness>

Here is the lengthier article where Democracy is brought into question by Appa in his vast review of Zakaria's book on Democracy. The (lengthy) article is all encompassing and very enlightening, on a variety of subjects:

<http://www.karmayogi.net/?q=futureofdemocracy>

Quotes by Appa from the article: "The assumption that democracy is a panacea for all ills is as valid as Lenin's assumption about state economy or Hitler's idea of the superiority of race."

"Democracy is a positive form that arose against monarchy. Zakaria ignores the negative side. He assumes that democracy is absolutely GOOD. He ignores what Sri Aurobindo calls the dark imperative.

As thinkers assume democracy is infallible, the French assumed the King was infallible.

At all times MAN has considered his new idea infallible which means he is selfish, oblivious, and considers himself infallible."

"Democracy is one major aspect of polity. It is a passing phase."

—

Appa notes that Americans superficially think that Democracy in USA means more freedom, but for most people there it really means Prosperity, even if lacks true liberty, freedom; and the ascension of inequality and ignorance of truth prevails.

Reader: Sir, I visualize Democracy as an ultimate evolutionary stage, where all the social systems will reach finally. The democracy as a system is not in a position to bring any significant change in the society's adverse features since the psychology of low consciousness is to make use of freedom to establish its nature in the society. When supermind was descent

in the playground, Mother saw the darkness(Anthakaram) of the world covered the supramental light and it could not establish itself in the world. I see Democracy as a stage which will be the order of the world effortlessly when the darker forces are transformed into positive higher conscious forces. Please read the word "platform" as "plane" since it is the plane of Unity, Harmony, Joy, and freedom.

Response: Yes, it has that in potential. I wonder if we could gradually move towards a system where there is no system. No real government. Kind of like Auroville, which is really based on a set of principles, spiritual principles, where there is decentralized, loosely-fitting organization and governance.

Reader: Sir, It will be the reality of the world when all the people of the world raise their consciousness (guided by their psychic Being) towards the evolutionary spiritual goal (towards Gnostic Living). Different governments, different societies, with varied interests, justify or fight for their side of justice (petty Conflicts to Great Wars) is nature's way of ruling the world. It is a good idea to form similar systems like Auroville all over the world to study and understand the purpose of such set ups. With that paradigm, the meaning of development, work, market and so many other things will be redefined.

No Title

"Another day for you to realize Me"

No Title

[Presented here is a poem by SM about the suffering of the main character of Dumas' great novel 'The Count of Monte Cristo' and how it relates to our lives as devotees.]

EDMOND DANTES

When one has immersed deeply in surface life,
And his destiny is to accomplish far greater,
Life has no means to divert him to his soul's path,
Except only by introducing,
Disappointment, failure, suffering and so forth.
And yet one can look deep and find,
Hidden beneath such problems,
Concealed the opportunity, always,
A shorter path to accomplishment,
Which may not appear apparently so.
As such,
Nothing is a test,
Nothing is a punishment,
Nothing comes to one for no reason,
Even including evil and falsehood.
The deeper the issue, could it be greater the destiny awaiting?
The life of Edmond Dantes might shed some light,
And teach us how Life works.
Edmond Dantes,
An ignorant and innocent sailor,
A person of naïve goodness,
Was Happily content in his life
As a first mate of the ship, Pharaon,
And with Mercedes the fisher girl.

Being naïve and good,
Yet lacking knowledge,
Will do more harm than benefit,
Particularly in a negative atmosphere.
And it needs wisdom to give that value strength.
Dante's innocent and ignorant nature,
Made him vulnerable to
Danglars's jealousy and Fernand's evil plan.
Life used these forces in that negative atmosphere,
And put an end to his surface life.
On the verge of getting married,
He was sentenced to prison,
Not knowing what his mistake was,
And not knowing who was behind that evil plan.
Chateau d'If, the prison,
An inconceivable place for punishment,
Where nobody could survive,
He was fortunate to endure,
Not just one or two days,
But for more than six years.
Life had left him alone, yet it had greater plans,
It awaited the right alignment, and the moment.
Days passed, and one day,
Depressed Dante thought he had no hope for the future,
And wanted to end his life.
On the brink of commuting suicide,
Life intervened.
The Grace came as a knocking sound.
It was Abbe Faria, a fellow prisoner,
A priest and an intelligent scholar,
Who had dug a tunnel hoping for escape,
And ended up in Dante's cell.
Behind that chance-like event,
Life had played its role,
And made their connection for a purpose.
As Abbe's soul was earnestly waiting
To pass on his knowledge to the next,
And Dante's soul was searching for answers,
They became truly acquainted with one another.
Now after a long period of darkness,
Dantes had finally faced the symbol dawn,
And embraced it very well.
In the following eight years,
Abbe had become everything to Dantes,
As a Teacher, Guru and Father.
He not only solved the puzzle of how Dantes was betrayed,
He also taught him everything in the field of life,

Language, culture, science and so forth.
And also practical skills like sword fighting.
Dantes evolved to greater heights,
In the shortest time imaginable.
On Abbe's death bed,
He shared the secret of the treasure,
Hidden on the island of Monte Cristo.
After his death, Dantes used Abbe's body as a tool,
And escaped from the prison.
Later, he went on to discover the treasure,
Married the princess Haidee,
And lived as a most powerful, wise Count
For a long period of time.
What Abbe had dreamed, was fulfilled in Dante's life.
So, as devotees,
Do we have to look for problems, failures in Life?
Indeed the answer is NO.
The Mother's Sunlit Path, awaits us always,
If we seek that path Sincerely.
Still, at certain times,
Life has its own way to uplift us to the next level,
And it may come as problem, challenge or other ways.
In those difficult times,
By having Faith in The Mother,
Accepting what Life has given,
Doing the best we could do at that moment,
And moving with patience,
Will help us cross the difficult days faster.
As Mother has said,
Faith is the Surest Guide in the Darkest Days.

Spontaneously Taking to Right Action

When a method for attracting life response or otherwise improving your life moves from the idea, a thought [mental], to the emotions based on your experiences [vital], and further still ingrained in the body consciousness [physical], it's utilization becomes second nature to us. Now you can go about your day and you will spontaneously act in the right way according to the subtle laws of life, as it is now ingrained in the very fiber of your physical being. As a result, the world constantly responds positively to your every behavior, as if every step you took were followed by the blossoming of flowers.

No Title

The West Coast of the US - untethered and far away from the establishment East Coast - comes up with the most creative ideas and ventures, as presented in tech, entertainment, and many other areas of life. As the US East Coast was a leap beyond Europe, so the West Coast has that relationship to the East. It even reflects commercially. The five highest valued companies are on the West Coast, and they are all Tech. 30 years ago, suggesting such a thing would garner the scorn of the East, just as they experienced the scorn of Europe many decades earlier.

Strange Dynamic of New Work Inquiries

It is my experience that new work doesn't come until the current contracted work is engaged in; not before. As soon as I engage the latter, customers come out of the woodwork seeking my services! This extraordinary phenomenon has occurred many dozens of times throughout my working life.

No Title

Each time your thoughts or feelings go negative, offer it to the Mother. Soon after positive circumstance are bound to take shape.

No Title

There is no point of arrival; there is only this moment.

No Title

That which observes what one is observing.... or thinking, or feeling, or acting ... is your True Self and Soul.

Quiet Intimations of Whom You Can Become

"Dreams [i.e. whom we aspire to be in life] always come from behind you, not right between your eyes. It sneaks up on you.

When you have a dream, it doesn't often come at you screaming in your face, "This is who you are, this is what you must be for the rest of your life." Sometimes a dream almost whispers.

And I've always said to my kids, the hardest thing to listen to - your instincts, your human personal intuition - always whispers; it never shouts. It is very hard to hear.

So you have to every day of your lives be ready to hear what whispers in your ear; it very rarely shouts.

And if you can listen to the whisper, and if it tickles your heart, and it's something you think you want to do for the rest of your life, then that is going to be what you do for the rest of your life, and we will benefit from everything you do."

-Steven Spielberg, famed film director

Reader: Dear Sir,

The word "dream" is it literally meaning the dream we experience during our sleep or it is meant to phrase "the instinct"? Thank you Sir.

Response: "Dreams" here meaning our Aspiration in life of what we want to be. I slightly corrected article for clarity. Thanks.

No Title

The more you rise in consciousness, the more new vistas of inner change are perceived to be achieved.

No Title

The closer you get to one's spiritual goals, the more the field of spiritual potential expands before you.

No Title

As one grows older, nostalgia, as well as experiences of our youth may flood our thoughts. That persistent look backwards may be a sign that we have stopped growing, and therefore have come to the end.

No Title

Sri Aurobindo sent his Force to Churchill, helping him win WWII, but then withdrew it after victory so the British Empire could collapse, which it did.

No Title

Expectation takes us out of the present moment.

The Mother and Lost Items

Over the years we have seen a particular power of the Mother to help us find lost items. Here a friend's recent report who was on vacation in the American West with a friend.

"This is what happened today: We arrived in Zion National Park and I put my wallet and cash envelope in my backpack.

Before taking the shuttle through the park I went into the gift shop to purchase a couple of magnets. I looked into my backpack for my cash wallet and couldn't find it. So I needed to use my debit card instead.

I walked back to the RV and consecrated to the Mother that I would find my cash wallet.

I got into the camper and emptied the back pack. No cash wallet. I called Amy to see if anyone found it and turned it in. I then turned around and saw the wallet on the floor in the passenger seat! As I found it, Amy came into the RV.

-Sue"

Comment: Once I was with this same woman on a trip to Hawaii. When we arrived at the airport there after a 3000-mile trip from San Francisco, we could not find one of our pieces of luggage. We scampered around looking for it, but could not find it. We were so upset by this development, considering that it was the start of our 25th anniversary vacation.

Then I intensely consecrated the matter to Mother. A few moments later - voila - there it was!

Upon further discussion, it turned out that my friend had consecrated the matter as well.

Yes, it was another example of Mother's special power of helping others find their lost items.

First Recommendation to Elicit Response in Business: Cleanliness & Orderliness!

Normally the very first recommendation we make to our business customers and clients is to clean up and make more orderly their facilities wherever possible; especially where neglected. When they perceive it or not, this quickly elicits powerful positive response from life in the form of more money, more sales, more opportunity, suddenly appearing from out of nowhere! It is itself miraculous-like and the foundation for all other miracles to come!

Comment: Here are a number of astonishing stories of how taking to cleanliness and orderliness attracted sudden good fortune! (You may need to download after opening.)

<https://1drv.ms/b/s!AjayTOYvR8hzgY8LWd5f1OjTWKFi7w>

No Title

Inside Modi's great financial, economic, anti-corruption, and cleanliness campaigns is the threat of rising groups supporting Hindu fundamentalism and nationalism, including those who are aggressively intolerant. We know that the Asura can enter such an opening and wreak havoc on society. We already see similar things spreading in different parts of the world. Let us hope Modi navigates this obstacle as skillfully as he has the remainder of his progressive platform.

No Title

When the Soul evolves in us, it becomes the Psychic Being. And when the psychic being fully evolves and reaches its ultimate capacity, it becomes the Supramental Being.

No Title

Our Aspiration for the Divine, for Mother to manifest in life is the flame of the psychic being in us. And it is through that aspiration of the psychic flame that the divine life on earth can come about, will be made possible.

No Title

As supramental beings we each become ultimate Creators in life, just like the divine creator, the Ishwara. Thus, He creates, manifest the universe in the Involution, and we create a divine life on earth in the Evolution.

No Title

Given the current conditions, what happens at any moment is always for the best; including the worst of things. But that doesn't mean that there can't be an even better way. There is. But given the current reality, atmosphere, et al, even an apparently limiting result is the best that can be.

No Title

There is never all truth on one side and none on the other in a contradictory or conflictive situation. Levels of truth reside in both. Therefore, integral Truth and Evolution takes place through the play and reconciliation of these two opposites.

Reader: Can we say Truth is conflict-free. If there is a conflict we have to take responsibility as there is a false viewpoint in us?

Response: Yes, when the Integral Truth is reached, there is no conflict; instead a higher harmony is reached. When we give up our Ego-driven position, that only our side of the truth is true, we go beyond the contradictions with others and establish a more harmonic basis with them.

By the way, Sri Karmayogi tells us to always embrace the other side's, person's point of view, even if wrong, as it tends to attract the integral Truth presenting itself. I.e. Life responds, often embracing our own original position. (I.e. the other side will come around and agree with us!)

No Title

Taking another's viewpoint is the beginning of establishing the Supramental (Truth) Consciousness in our being.

Reader: "By the way, Sri Karmayogi tells us to always embrace the other side's, person's point of view, even if wrong, as it tends to attract the integral Truth presenting itself. I.e. Life responds, often embracing our own original position. (I.e. the other side will come around and agree with us!)

Taking another's viewpoint is the beginning of establishing the Supramental (Truth) Consciousness in our being." This is maybe especially helpful when 'irreparable damage' was done not based in truth but on false assumptions, so when that way (based on false assumptions) a hurt was done from one against another?

When having to deal with "asura", the asura force of darkness, I was wondering how to best deflect and the connection in higher harmony of the "Supramental (Truth) Consciousness"... also: can the "asura" be taught (?) about the Supramental (Truth) Consciousness at all?

I found this: <http://www.karmayogi.net/?q=node/421> In "637. The Irrational Politician"it says "During the first decade of the twentieth century, Sri Aurobindo entered politics. Someone who knew his yogic bent asked him why he came to politics from yoga. He replied, "When an Asura is sitting on your Mother who is prostrate, how can anyone think of anything else?"....

Response: Act with higher consciousness to keep out asuras. Consecrate too for self or society.

No Title

When there is Aspiration, - a flame and call for the Divine to descend here on earth, for the Mother and Her Force to enter our lives, - the Psychic Being is born within us.

No Title

Do it the right way, the best way; not merely the same old way.

No Title

Humiliation is one of the causes of fanatic ferocity. (Karmayogi)

Comment: In fighting for freedom, men feel righteous, noble and proud. There is something more deeply seated than the national freedom. It is one's self-respect. There are moments in history when a population or a section of population is HUMILIATED in such a fashion that they cannot publicly acknowledge it to others or even to themselves. At such moments, men lose their balance and readily grow irrational. When leaders are absurd, irrational and still have a vast universal backing, it means there lies a deeply buried injustice. Such movements will always win and long rule over the territory they won. Ireland was one such. Irish Catholics were, by law, banned from judgeship. They were prevented from becoming bishops. They were called stupid and ridiculed. The Irish too acknowledged it to be true, but could not openly acknowledge it. Hence the ferocious fanaticism. Humiliation is one of the causes of fanatic ferocity. Thus, the leaders become irrational. (Karmayogi)

"When leaders are absurd, irrational and still have a vast universal backing, it means there lies a deeply buried injustice."

Russia seems like this now. They were humiliated and ignored by the West after the Cold War ended. Through the autocratic, undemocratic Putin they feel some self-respect again. From time to time the country's irrationally lashes out.

No Title

The nations of the world have to come together to solve problems that individual nations cannot do by themselves. This is the true Globalism that awaits us; and a harbinger of Human Unity. I.e. Unity in diversity.

No Title

Perhaps the most powerful way to thwart terrorism is to put modern appliances, household goods, and the like in their hands. They will forget their fundamentalism. Just trying to kill them off is like mowing the grass. They are temporarily cut down, but then they come back thicker and taller (with more intensity and greater quantity). Thwarting them in tandem with making them prosperous and an open-minded education seems to be a logical way forward.

Reader: This is wonderful. Global prosperity will abolish terrorism.

No Title

In a conflict with another, you may be in the right; however, the person in the wrong might know something about your limitations. Therefore, it may be wise to examine and accede to their insights about you as well. That's why it is said that contradictions are ultimately/secretly complements that can help one another. It also is why it is said that Nature works on multiple fronts simultaneously - to improve things, to foster progress through a great efficiency.

Concept Clarified Attracts

When you make the extra effort to clarify a concept for someone else, sudden good fortune will come your way: from that person or somewhere else. It is the Life Response power of taking to higher levels of mental organization.

Eg a man was having trouble working out with a colleague overseas a method by which his social media posts would get to the wider public. Rather than giving up on the issue, he made the effort to explain it even more clearly. A minute after posting that updated instruction his colleague on the other end informed him that the entire problem had been solved!

No Title

Shift any act from dullness and routine to freshness and energy. New unthought of possibilities are bound to quickly arise.

Karmic Consequence in America

The annihilation of the Native American population of 3-5 million people through violence and disease by the white military and settlers in the 19th century karmically attracted the Civil War shortly thereafter, pitting brother against brother in the bloodiest American war ever.

Likewise, US citizens now foolishly possess 200 million guns, companies trade vast amounts of military hardware around the globe, and the nation still stocks thousands of nuclear warheads; also awaiting their karmic consequence.

No Title

As we have seen, - and shocking to many, - tyranny can arise even in democracies; as we have witnessed recently in Egypt, Turkey, Philippines, USA, and Russia.

Coming Unity of Nations

The one solution to the current predicament of each nation pulling in its own direction at the expense of others, leading to acute tensions and potential for a multiplicity of local wars, is Global Unity and Governance. In fact the intensity of the disunity is a frontal distortion for the unity that is coming.

Also, the varying associations among nations of Asia - economic, political, cultural - can serve as a model for forms of international cooperation for the rest of the world. Asia has become the leader in this movement.

It was Sri Aurobindo's dream to see brought about international harmony through a network of association, and Human Unity through growth in Consciousness among the people, all on the way to the establishment of Divine Life on earth.

We still appear to be in a relatively early stage of that process, though things seem to be rapidly progressing, despite all of the outer discord.

No Title

Giving up all emotional feelings towards the person or group you disdain sends out a vibration that helps mollify, deflate, cancel their positions.

No Title

Lack of fairness for all people in a nation makes democracy practically worthless.

Sri Karmayogi's Prosperity Dream for India

It is my ardent wish that the lowest member of [Indian] society should enjoy all that the highest member now enjoys. I may be labelled a Dreamer. Was it not a dream that India could become free without an armed insurrection? How many of our dreams have come true. In fact, what we have not dreamt of is being given to us by technology. Spirituality can give anyone in Truth, anything he deserves. (Sri Karmayogi)

Internet & Global Market

To any man functioning in the local market or national market, Internet offers a global market. He must avail of it. (Karmayogi)

Relationship Between Population and Power of Currency

Karmayogi says that when nations band together, the power of their currency rises. We saw that with the establishment of the EU.

Suppose, Karmayogi conjectures, China and India band together to create a common currency. Or something similar among any number of nations. Its value relative to the rest of the world's currencies would rise dramatically. That would drive higher levels of prosperity.

Karmayogi also indicates that if there were a Common World Currency, its power would be awesome, infinite-like; and all on earth would share in its benefit. Why would it rise in value in such a way? It is because it would be the currency of 7+ billion people. Population gain, Karmayogi claims, increases the power of the currency it utilizes, bringing prosperity to all.

Vibrant Companies are Stimulated, Not Destroyed by Merciless Competition

A fully ORGANISED company cannot die whatever the competition is, however unscrupulous they are.

Organisation is health, vitality. It is healthy irrespective of the environment. There are various levels of organisation. The company that faces stiff competition will survive if it is organised enough to survive in the environment. A company that is integrated with the society will be vibrant. Any society is moving on certain lines. On those lines, the society will carry great force, as the Indian society is moving towards greater education and greater prosperity.

To minister to THOSE needs consciously is to be vibrant. That vibrancy is a vibration of growth. Strong competition will stimulate that vibrancy. At a time when companies are dying like flies crushed by the competition, a vibrant company will find itself growing. Competition is a welcome stimulus for an organised, vibrant company.

Forty new entrants in the scooter market twenty years ago struck terror in the heart of Bajaj. That year, he grew 100%. (Karmayogi)

No Title

When you withhold the urge to inform others of potentially bad news, they tend to quickly come forward to inform you of unexpected good news.

Comment: Eg a man was about to tell his friend who was on vacation about some potential bad news on the home front. However instead of messaging her about this issue, he remained silent. And yet when he did speak to her, she immediately presented him with some unexpected good news!

No Title

"Necessity is the Mother of Invention"

Is the aphorism that life is constantly proving true.

Comment: Eg for years people talked about building cars that fly. However now that traffic is so congested on the roads in Silicon Valley and elsewhere, (and drone and electric technology has emerged), a plethora of new and existing companies have suddenly and most seriously taken up the challenge of building them.

Necessity (in tandem with innovation) has thus spurred Invention.

No Title

The pioneer individual leads the society forward. Who then is the pioneer within ourselves? It is our psychic being, the evolving soul within. When we are conscious of it, (and maybe even when we are not), it becomes the leader of our being.

No Title

It's best not to forcibly take someone to places they are not capable of; whether in terms of understanding, psychological or spiritual development, and so forth. Allow them to be who they are; at the level they are at. Anything else would be an injustice.

Life Response Power of Restraint, Non-Interference

The more we restrain ourselves from interfering, warning others, or otherwise involving ourselves in a negative situation, remaining silent and still instead, the greater life will respond in our (and others') favor.

Eg, instead of actively warning a second party of a third party's potential treachery in relation to the second, life unexpectedly brings positive developments in the form of a fourth, who now most unexpectedly bonds with the second, creating a positive, buoyant atmosphere instead of one of fear and paranoia.

In other words, by standing back, restraining himself and not interfering, the first party set in motion positive developments that proved beneficial to all.

No Title

Each day offers us the opportunity to awaken our Aspiration for the Divine and join in the Adventure of Consciousness and Joy.

No Title

Constantly seeking approval indicates missing self-esteem, support, precariousness of position, etc.

Comment: Building inner strength is one antidote. That can come from overcoming a life challenge, rising in a position, higher knowledge, spiritual perception, deep faith, etc.

No Title

We think of Ego in terms of overbearing strength, but it is also there in sense of inferiority and weakness.

No Title

We can change any of the outer conditions from within, without any physical action on our part. We just need to know which inner method/lever to bring to bear in each situation.

Obsession

-Obsession is dogged determination to act repeatedly in a certain direction.

-Obsession is a habit, routine, activity you cannot break for psychological reasons.

-Obsession is unwillingness to let go, whether the intent is good or bad.

-The officer who chased after Jean Valjean in Les Miserables was obsessed in the extreme, and committed suicide when the obsession came face to face with Love and Truth.

-Every culture has its overbearing obsessions. Rather than control them, they indulge them, relishing the fact, giddily enjoying in blissful ignorance.

-An obsession can start off as a truth, but then loses its purposefulness, turning negative through mindless repetition.

-In Obsession, the subconscious rules the conscious.

-Obsession reflects a truth that has been twisted by a psychological deficiency.

-Obsession tries to turn illusion into reality.

-Obsession and ego often go hand in hand.

-Obsession's root is human Ignorance.

- An obsession can be positive if behind it is a high value or noble quest.
- Obsession and single-mindedness are not quite the same.

No Title

Mother may send us to a physical place or psychological situation we may not want in order to broaden our outlook.

No Title

I recently had the experience while eating a delicious slice of pineapple that the food actually seemed happy to be serving my needs; that its purpose was being realized through my eating and enjoyment. A gesture of self-givingness from the plant kingdom.

No Title

Each difficulty we encounter is secretly a spur for us to acquire the next level of consciousness.

No Title

Shifting from aloofness/indifference to involvement/engagement opens endless possibilities from the world around us.

No Title

Often, we give to others what we didn't receive in our lives. I.e. we compensate for that which is missing inside.

For example, a child who was ignored by her parents may as a teacher give her young students a great deal of attention, winning the admiration and affection of many.

No Title

-Evil, despite its egregious falsehood, will normally hold several truths that the good does not perceive.

-When the good perceives the truths that evil knows, it becomes the Good. Now life progresses. Evil disappears.

Reader: Interestingly, while you can't call an act of nature evil, no matter how catastrophic and disastrous, it can its wake reveal much that "the good" did not reveal. Hurricane Katrina is a case in point in its exposing racism, political corruption, governmental neglect, et.al. I agree with the irony that the evil of human origin will expose what "the good" doesn't or can't. Well said.

No Title

Patience discovers truth. Impatience, ignorance.

No Title

As soon as you go beyond your greatest fear, Life opens up in ways unimagined.

Reader: ow to overcome fear?

Response: Replace it with Faith. Eg faith in Her, the Mother, the Divine.

Going beyond our greatest fear also requires the development of inner Psychological Strength, which is built up through life experience as well as on-going faith.

No Title

The Divine is always observing the Play of Life, smiling and responding positively wherever there is an evolution in consciousness.

No Title

Reality is God and the universe, without the seam.

Mother's Service Society

For 40 years I have had the pleasure of working with The Mother's Service Society, an organization that has pioneered the practical application of spirituality in a wide variety of fields of life, including –

social development, education, literature, history, current events, science, economics, business, family, and the psychological and spiritual development of the individual.

Please visit if you have the chance to make use of this incomparable global resource.

<http://www.motherservice.org/>

No Title

At some level, every false leader we attract, we deserve. Knowing why is wisdom.

No Title

The Phenomenon of Life Response occurs-

- in Life Itself
- in Our Own Lives
- In Work
- n Business
- in Society
- in Current Events
- in History
- in Literature, Film
- in Science
- in the Environment
- etc.

From Complaint to Taking Full Responsibility

Level 1: I discover a problem, and blame you for causing it

Level 2: I see my hand in the problem; what I did or failed to do that caused you to create the problem

Level 3: I take full responsibility for the problem, and refrain from narrating to the other person their responsibility

Level 4: I consecrate the entire issue, the responsibilities, offering it to the Mother, hoping for better situations in future; perhaps for life to respond

Disparate Things Arising Together Are Related

According to a deeper view of life, all events which occur at the same time or at same place are related to one another in some manner, even if on the surface they seem to have nothing to do with one another. Often the relationship is in the form of a subtle correspondence between the events, including a similarity, a mirror image of one another, or even a reverse expression of the same type of situation.

Eg you are having a conversation with a friend who is explaining the concept of personal Values, and in the middle of the dialogue a senior author calls who is a friend of the friend of mine, and who is known for writing about business Values for the American Management Association, of which he was president. Superficially you may not perceive a connection, but

if you think a bit about what this person represents, you will see a connection; that he has called at this time as a synchronous circumstance to your learning about those same issues he is deeply involved with,

Thus, when things are happening to you in a certain direction in the course of your day, pay attention to what otherwise suddenly arises from an entirely different direction. If you seriously think about what is going on, - the issues involved, who the parties are at play are, and their propensities and beliefs, et al, - you will begin to see the subtle correspondence between the circumstance that you did not perceive originally. When you perceive the deeper connection, it is startling to behold. As a result of this approach, you can an entirely different perspective of life's unfolding!

No Title

If you don't accept the Grace coming in, it will often go to someone related or even nearby.

Seeking Help from Those with Ill-Will Backfires

It is a basic law of life that seeking help from a person with ill will always backfires on the one who seeks that help.

Eg parents have ill-feelings about the direction their child is taking, as it appears he is moving away from them in terms of distance and interest. It turns out that each time he borrows certain amounts of money from them, things go wrong for him, including further losses

Success, Failure of Similar Initiatives Indicate Final Outcome

When two individuals take a small initiative in an area and for one it works out and for the other it does not, it indicates bigger success to come for the person who succeeded in the earlier small initiative, and failure for the other person.

Eg in the film 'Wicker Park,' Alex goes into the camera shop hoping to meet Matt but fails. Lisa goes into the shoe store willing to meet Matt and succeeds. This reflects the fact that Alex's initiatives will eventually fail to win Matt and Lisa's will eventually succeed in getting him back.

No Title

How can you garner the emerging integral knowledge and truth of a matter if you are already pre-disposed in a certain direction?

Truth requires an extremely open mind, and better yet one that is empty of thought and can be filled with intuitions of integral knowledge that pour in from the spheres.

Rise of Socialistic Qualities In The World And The Fascistic-Like Backlash

One of the reasons for the rise of Neo-fascism in the world just now is that is a reaction against the rapid expansion of socialism throughout the world. This is not the socialism where the government employees all the people, or of communism. Rather it is that which brings socialistic-type, human-centered benefits to all the people at all levels of society - merging freedom and individuality with fairness and security. These socialistic-type benefits have taken form in many different ways (as explained in this article):

<http://www.dailykos.com/.../-75-Ways-Socialism-Has-Improved-A...>

This rise of socialism in the form of socialistic-type benefit in many ways started in in Scandinavia, which has the highest rate of human satisfaction and prosperity in the world, spread throughout the EU, and is now unfolding in USA and elsewhere. The neo-fascistic, alt right, etc. are the reaction of the forces that do you not want this to come about, though it is inevitable. It is after all a human-centered economics, which is spreading by itself around the world. That is the case because the people want all of these benefits, despite what they say or the candidates they vote for.

This gradual change that has occurred and will continue to occur is not the end of capitalism. It is rather the merging of capitalistic and socialist qualities on the way toward creating a more prosperous, free, fair, and just society.

Beyond that is greater harmony in the world, on the way toward Human Unity.

Expansion of Socialistic Tendencies

Karmayogi has indicated the expansion of socialistic tendencies as inevitable for the well-being of the world. It is an expression of a Human-centered economics; not money-centered that it is trying to grow beyond.

(from Karmayogi)

"... for the Individual. Democracy, Socialism, Individuality and Spirituality will rule the future."

"Marx's idea of Socialism never gained ground for seventy years until Lenin made it a reality. It ended up as a reality of command economy and police state [USSR]. After seventy years, it destroyed itself.

Socialism in the sense of welfare to the masses has become an abundant political fact all over the world."

"... socialism succeeded all over the world clandestinely though capitalism ..."

Karmayogi also indicated that Marxism failed under state socialism of the USSR, as it became a nefarious police state, yet succeeded in its values and programs and policies under Capitalism; a great irony.

Marxism failed under state-run communism and succeeded, and will continue to succeed under Capitalism.

Karmayogi also pointed out that India was close to going communistic, but instead the main parties adopted many of the platforms and policies of communism, avoiding a communist state, while bringing benefit to the people.

No Title

Evil often takes shape when an ignorant body of people are blindly led forward by a nefariously charismatic leader.

No Title

Personal Transformation cannot occur in full for the individual unless the society is also evolved, transformed.

Reader: It contradicts with the famous quote "One man's perfection can save the entire World" (or a similar quote)

Response: He can change the society as he changes himself.

No Title

Steve Jobs gave us (the society) the Smartphone, even as he in many ways changed his demeanor after he was tossed out of Apple and returned with better interpersonal, human skills.

No Title

One man can change himself and the world simultaneously.

Or to put it another way, the Spiritual Pioneering Person is both a true Individual and a true Universal being together.

Reader: Could we say,

When the society is in positive atmosphere and want to evolve, it would be easier for an individual to transform and also to make contribution to the society. It's like how Darcy had transformed in the positive atmosphere.

On the contrary, when the atmosphere is negative one need to take a great struggle to transform himself. As what Dantes had gone through in The Count of Monte Cristo.

Thank you Sir.

No Title

The people who have led and collaborated with Mother's Service Society have in their lifetime been great Pioneers of the Spirit; thrashing their way through the jungle of human (and their own) unconsciousness, providing devoted and heartfelt service; as the Force, Mother, the Supramental Power increasingly permeates the world around them.

No Title

When you say, write, or do something that turns out to be the right thing at the right time for another party (while having no knowledge you did so), it means you are tuned into "IST", Intuition Standard Time.

No Title

Paralysis of individual nation's inability to solve national problems indicate the need to go higher, - i.e. to international, collective solutions, where countries can help one another en masse.

No Title

Signs of failure in the EU are not indicators of it breaking up, but rather its power to become even stronger; even influencing other nations to take similar approaches (as we are increasingly seeing in Asia and elsewhere).

No Title

Our efforts to eradicate terrorism, and overcome economic problems, - like low employment and wages, and high debt, - is forcing global organizations to become more integrated and united, pushing past their differences.

Thus, these apparent negatives spur higher levels of human unity. This is Nature's method of progress: creating and resolving contradictions enables more intense formations of Unity and Harmony among people and institutions.

No Title

Being part of the tech scene in San Francisco/Silicon Valley has been thrilling for me for these decades. However, the ability to tie this into Mother's work has elevated it to absolute thrilling!

No Title

We want to keep grabbing benefits from the world, but the only way that truly happens is not by taking, but by Giving. That's precisely what attracts powerful positive life response! Unfortunately, we have it the wrong way around.

No Title

Nature/Life normally gives you one chance to right a wrong. If you make a mistake that causes a catharsis, its full fury is held back, as you are given one more opportunity to do it right. If however it's done wrong a second time, - through ignorance, proud intention, malice, or deceit - then Life's (Prakriti's) full force and fury tends to be released.

No Title

You can execute each important activity of your day by just doing it; or you can consecrate it to Mother, making it fresh, and attracting very positive outcomes.

No Title

Impatience for it to begin blocks/delays that which is trying to get started.

No Title

Those who fully adapt when the routine or the familiar are taken away tend to be great successes.

What Bothers Us About Others, We Tend to Exhibit Ourselves

What a person doesn't like about the behavior of others, he tends to exhibit himself to one degree or another.

E.g. a businessman tended to get annoyed when in a group discussion there was confrontation among the members. It irritated him that people couldn't get along, as he believed in the importance of group harmony.

Yet on closer analysis we see that he often himself got into conflict with others, in a variety of ways, that in essence put him at odds with his own belief system!

So that brings up the question: in what ways are we similar to that which we don't like in others or in life? And what will we do to change that dynamic?

Works Given by Mother & Our Growth in Consciousness

-When through Mother you receive a new work with new features, it will contain the next level of content that you were ready to learn based on your previous knowledge. Thus with Her you are always on a path, - given new concepts, values, etc. to acquire, - that are conducive to your growth in consciousness. Moreover, She is always aware of what is needed.

-When Mother gives you a work, that content is also preparing you for a future work that you don't know about or how to perform, though She knows what that is.

-Mother is constantly giving you works or otherwise creating conditions that are conducive for making a growth in consciousness.

No Title

If the mind is in touch with one's soul, genius can be developed.

No Title

A possibility becomes a problem so that the problem can reveal the possibility. (Sri Karmayogi)

No Title

When the Supermind arrives, every man will become an avatar. (Sri Karmayogi)

No Title

That which observes that which is observing is the Soul.

Reader: What is Spirit then?

Response: Spirit is the Transcendent Reality, the Divine behind all things, infinite and eternal, and includes the soul of each person. The soul is the Spirit within us.

Reader: How these are connected., the Individual Soul and the Universal Spirit? My understanding is it's a continuous stream of existence a higher and lower Consciousness. Can you clarify little more?

Response: inner-Outer Oneness, Psychic Being, and Life Response

-The outer world and our being are not divided as we perceive when we live on the surface, but a single stream of continuous existence. Thus, from within, through our higher consciousness, - higher attitudes, focused intention, non-reaction, consecration, etc. - we can evoke positive conditions from the world outside ourselves. This is Life Response.

-The soul within us is an inlet of the divine spirit, which is an ocean. The soul has an evolving part called the psychic being, that has travelled with us through many births, including this one.

-When we are centered deep within, culminating with connection to our psychic being, then that experience of one continuous stream (Oneness) is amplified. From that consciousness, we can more readily make the outer respond from within us. And if we call Mother from there, we become the ultimate Creator in life, the Ishwara on earth, as life responds overwhelmingly.

No Title

As we get supramentalized, - i.e. integrally transformed at various planes of our being, - we are increasingly able to shape world events from within.

No Title

Efforts to the point of near exhaustion, - whether physically, emotionally, or mentally - attract sudden good fortune.

No Title

The popular aphorism "one good turn deserves another" is actually a law of Life Response.

No Title

There are certain individuals with whom you connect with, - either in person or using communication technology, - who will cause you to fall ill. They generally have ill-will towards you. On the other hand, there are those with whom you connect with who will quickly make you feel better. They likely feel a high level of Goodwill towards you.

No Title

Connecting to the psychic being is a matter of concentrating inside, moving your center of being deep within, yet doing so without thought.

The Startling Secret of Criss-Cross Circumstance In Our Lives

There are times in our life when two or more major circumstance are taking place simultaneously. While they may appear to have nothing to do with one another, often it is the case that a shift in consciousness in one can very quickly impact the other.

A woman had lost her husband in a car accident, yet as life would have it, she was offered the chance to adopt and care for a child. She was hesitant to get involved, - i.e. give her affection and love - for fear that she would get her heart broken again.

She was also in charge of a manufacturing operation that made parachutes for pilots. One day her plant was shut down when the parachutes were found to be defective. She was now also likely to go to jail.

One day she saw the child gently sleeping, and then felt an overwhelming emotion toward him. She began to sob uncontrollably. All the pain of the loss of her husband came out, even as she had now changed her view and decided to adopt the child.

The next day, she happily reported to a friend that she had gotten news that she had been cleared of all charges and would not go to jail, which was a great relief. She also learned unknowingly to her that gangsters had infiltrated her parachute plant, causing the factory to squeeze costs to make more profit for them, at the expense of quality and safety.

In addition, her friend most shockingly admitted that she had been the one to bring in the gangsters, as she had gotten mixed up with bad people for a number of years in order to survive financially.

As we see, when the woman gave in and agreed to take in the child, life instantly brought her news that freed her from serving time in jail, plus she learned the truth about the gangsters, unburdening her from that psychological weight.

In this situation, two critical circumstance in her life had in fact crisscrossed - the child and the plant issues - indicating that there was a reason they occurred at the same time. When she gave into life through the child, the universe rushed in with the truth that freed her from both physical and psychological baggage in relation to her factory.

Life often crisscrosses two or more circumstance in our lives this way, and by raising our consciousness in one, we can instantly affect the other in a positive way. It is one of Life's secret methods of growth and progress.

No Title

The difference between life as we know and life as influenced by Mother is tremendous. Our life gains a new respectability. Our daily activities yield greater results than usual. Our intelligence gains a greater sharpness. Even if we work all day, we will not feel tired. We will experience an abundant enthusiasm. Wherever we go, we will feel welcomed. (Karmayogi)

Complaint to Constructive Criticism, to Silent Will, to Consecration

Complaining is different than constructive criticism. The former contains ego and therefore tends to attract the negative.

And yet we can take things to a higher level still. Beyond constructive criticism is Silent Will, where you silently wish for improvement without vocalizing it. It has a great power for other others to pick it up and accept it and act on it.

Beyond that is consecrating It, and then forgetting about it, letting the divine, the Mother take care of it all. Like Silent Will it too can evoke startling positive results; here through Supramental power.

Vast Efficiency from Higher Levels of Organization

Organization of one's self, of a routine, of an activity, of a process, of a system can increase efficiency of result 10-100 times. E.g. Henry Ford revolutionized manufacturing in 1913 by creating a process that broke the assembly of the Ford Model T automobile into 84 distinct steps as the car moved down the line on a conveyer belt. The process revolutionized production and dropped the assembly time for a single vehicle from 12 hours to 90 minutes. Ford was able to reduce the cost of the Model T from \$850 to \$30 and produce a car every 24 seconds.

What do we need to organize in our personal or work life to a greater degree?

[thanks to Karmayogi]

Making Contact with the Psychic Being

In order to find the soul, you must go in this way (gesture of going deep within), like this, draw back from the surface, withdraw deep within and enter, enter, enter, go down, down, down into a very deep hole, silent, immobile, and there, there's a kind of... something warm, quiet, rich in substance and very still, and very full, like a sweetness--that is the soul.

And if one is insistent and is conscious oneself, then there comes a kind of plenitude which gives the feeling of something complete that contains unfathomable depths in which, should one enter, one feels that many secrets would be revealed... like the reflection in very peaceful waters of something that is eternal. And one no longer feels limited by time.

One has the feeling of having always been and of being for eternity.

That is when one has touched the core of the soul.

No Title

In a negative atmosphere, a relatively minor negative circumstance can attract a much larger one. When the atmosphere is positive, the greater negative will tend not to occur.

Comment: In a positive atmosphere, small positive gestures are rewarded with bigger ones. Eg in *Pride and Prejudice*, in which the atmosphere is positive, the Gardeners kindly invite Eliza up to their county, and as a result she finds out the truth about Darcy's nature at his nearby estate, which kindles their romance, leading to their marriage.

No Title

Things become divided so they can further unite.

Reader: But what is the importance of those division...for a higher Unity?

Response: Yes. Until a higher consciousness is brought to bear, life evolves fastest through intensity of division, discord, contradiction that evolves into higher harmony, unity. However, with Sunlit Path (relying on Mother exclusively,) the progress, evolution doesn't have to go through intensification of division. It is always fully in the positive, while melting away the negative.

Reader: "(...)evolution doesn't have to go through intensification of division. It is always fully in the positive, while melting away the negative." 😊:)

Things that Win Mother's Appreciation

The number of qualities, acts and attitudes that would please Mother are endless in number. However, we can select some key acts and attitudes as they increase our receptivity and take us near to Mother. Let us see some of them:

1. Keeping things neat and orderly.
2. Working to the maximum of one's capacity.
3. Not relying on mental reasoning but relying on the faith of the soul.
4. Staying cheerful all the time irrespective of good news or bad news.
5. Remaining truthful and shunning falsehood in all its forms as lying, cheating and trickery etc.
6. Doing all of one's daily activities such as eating, dressing, going to work through consecration.
7. Keeping a progressive attitude and trying to improve oneself all the time.
8. Practicing life response and trying to correct all outer problems through inner corrections.
9. Doing one's work as an offering to the Divine.
10. Taking up a constant prayer that Her Will should be done and not one's own Will.
11. Looking at hardships that come to oneself as occasions for correction and self-improvement.
12. Boldly confronting the challenges that come up in one's life and looking at problems as disguised opportunities.
13. Staying alert and conscious all the time.
14. Keeping oneself under the protective circle of Mother and not doing anything that would cancel Her protection.
15. Exhibiting good will to those one is dealing with and being grateful to all those who have given help and support.
16. Giving consideration to the truth in the other man's point of view.
17. Avoiding religious rituals and worshipping traditional gods.
18. Attempting to wean oneself from mechanical habits and trying to act fresh and be plastic.
19. Keeping one's body physically fit and well-conditioned.

20. Treating bodily disorders as expressions of inner disorders and curing the inner disorder as a way to the cure of the outer malady. (N. Asokan, MSS)

No Title

Accepting responsibility for the wrongs in the lives of our friends & relatives is "Consciousness Responsibility." (Sri Karmayogi)

Reader: This is wonderful sir. Can we say Doctor Thorne does it? When Roger kills his brother, he takes responsibility for bringing up Mary Thorne

Response: Yes, to a large degree. I think full Consciousness Responsibility is where we do not have real, direct connection with those individuals who committed the wrongs. Eg a manager makes many mistakes, causing all sorts of problems in the company. A new manager is brought in, and takes responsibility for every wrong committed by the previous manager. He does not blame anyone, including the previous manager. He figures how to right those wrongs, by himself, both psychologically and tactically.

his is most powerful when done spiritually, as one can consecrate all the problems, making it easier to right the past wrongs as powerful positive response from life.

No Title

When you withdraw from insisting on your position on a matter, Life quickly comes forward out of the blue with developments or knowledge that fully affirms your position. It is a miracle to behold!

No Title

It's only the ego, in tandem with the surface, physical consciousness that blocks us from realizing that every other person is you.

Two Vacuum Cleaners

If you lose a useful possession, device, benefit, etc., but then refrain from complaining about the fact, fresh supplies will arrive from out of nowhere, often replenishing what you had previously.

After years of good use, a man's vacuum cleaner suddenly stopped working. However, rather than complain about the fact, he made do with a simple broom and pan. Though it took extra effort, he simply enjoyed what he was doing with a lesser tool.

Well it turned out that a few days later, he was most surprised when on her own a housemate purchased another almost identical vacuum cleaner for him! Now he was happily back to work cleaning with a much more efficient tool, just as he had done in the past.

Taking the tactic of not complaining and practicing equality of being when the device expired, he attracted a perfect, very similar replacement from seemingly out of nowhere.

It turns out that we can take that approach in our lives whenever anything material or otherwise goes wrong. That way we can attract marvelous things back to our person!

On How Gangsterism Formed in America and Exists in the World

The role of gangsters in American politics is something that cannot be missed.

Life in America started in the wilderness. It creates the possibility of muscle men looting the produce at the time of harvest. The possibility of the earliest settlements came to stay as a feature of wild life. It was felt as a necessity by men of muscle power. Many work and produce. Those who are endowed with strong muscles and no conscience find looting a possible profession. Even after towns came to be organised that way of life was an avenue of earning for many, especially because men in power sought their help to quell strikes, break processions, shut down orators, assassinate leaders.

Gangs come into existence in the social life and operate in collusion with political leaders. The [MSS Social] theory must have its pronouncement on this feature.

An ideal monarch can wipe them off or keep them in control. In a democracy as the low passions of high placed people are in display, the high ambition of the lowest section of the population is not only not denied existence but are enfranchised. To them, particularly the strong amongst them, democracy is a fertile opportunity.

Society in this respect has always preferred the method of allowing the population to exhaust their exuberance to suppressing them. It is in tune with the spirit of democracy of adult suffrage. It allows the ignorance of people to be slowly educated by experience.

The ignorance of illiterate voters is the political counterpart to the violence of the muscle men that are gangsters. In a dictatorship, there is a large possibility for the gangster to become the chief. Gangsterism is the dictatorship of the illiterate muscle.

Additional:

-Enthusiasm is for production, not for governance. In the absence of mental energy to create new political organisations, the strong in politics become gangsters. There is no mental energy for abstract ideas or their application to new conditions of government. Mental sloth is the result.

-The Crime Syndicates of Chicago of which Al Capone was the crux were born because of ill-housed overcrowded apartments of business nationalities - Study of these gangster lives will complete the knowledge of American Prosperity. Out of these crime dens was born the best of artistic work such as the furniture industry.

He whom we call a gangster now was once a great hero and a ruler.

(Karmayogi)

Inner-Outer Correspondence of the Negative

From any negative experience you have, you can relate it to something amiss inside - whether wrong attitude, belief, behavior, action, etc. When you do, and then reverse it, life will rapidly respond in your favor - by cancelling the negative, by bringing about a new type of positive, both, or something beyond.

Examples:

- A businessman had ill-feelings toward another. His business started failing. As soon as he recognized and then reversed the attitude, prosperity quickly began to come his way.

-A woman was ashamed that she had a particular living condition, and thus lied about things. Her own psychological and her interpersonal relationships with others deteriorated. She then reversed herself, and told the truth. Suddenly her husband was elected to high office, when it was almost certain he would lose the election.

-A father realized that through his neglect he had created a condition for his daughter to run away with a scoundrel. He changed his view and decided to give his children more attention, which instantly resolved the scandal involving his daughter.

-A captain of a ship, in search of an enemy vessel had fully garnered the ill-will of his crew. He then understood it was due to his callous actions. He then reversed himself and did something of great benefit for his first mate. As a result, the enemy ship he was seeking suddenly appeared, miraculous-like before them from out of the blue, completely vulnerable. As a result, the captain and crew destroyed the enemy vessel.

No Title

Any small thing you resist embracing or acting upon, but then take up, will unfold like a miracle.

No Title

We are all drops of awareness in an ocean of consciousness. (anonymous)

Comment: When we connect to the psychic being within and the supermind surrounding us, we experience the entire ocean of consciousness in our individual being; gaining its vast wisdom, sweetness, serenity, and power.

No Title

A growing consciousness weeds out what is no longer necessary; that is unessential. It is a form of personal organization - i.e. prioritization in life.

This includes withdrawal from certain friends, relatives, colleagues; as well as activities, projects, goals, etc. who are no longer helpful to that rising consciousness.

No Title

Acts or circumstance that arise at the same moment, that on the surface seem unconnected, are actually inter-related from the perspective of a deeper consciousness.

No Title

Organization of self - in terms of time, space, knowledge, skills, resources, work, activities, thought, behavior, attitudes, values, purpose, character, etc. - makes things so much easier and more pleasant for others.

No Title

A growing consciousness weeds out what is no longer necessary; that is unessential. It is a form of personal organization - i.e. prioritization in life.

This includes withdrawal from certain friends, relatives, colleagues; as well as activities, projects, goals, etc. who are no longer helpful, who may even be harmful to that rising consciousness.

Effect of the Force in Recent World History

Sri Aurobindo won WWII by sending his Force to Churchill who quickly moved up the ranks, convinced a nation and the world of the necessity of taking up the fight, and led the Allied victory over unprecedented tyranny.

Likewise, Mother sent Her Force into ICPF and Gorbachev and ended the Cold War that threatened the end of the world through nuclear annihilation.

It would be interesting to know Their and Our effect on the world in recent years and now.

Hippy Legacy and the Force

Mother suggested that the supramental Force descended into the Hippies in the 1960s, leading to new lifestyles, new ways of seeing the world, and new formations of life. It was however cut short when they could not hold the Force, and took to extreme wildness and drugs, with a number of their cultural heroes dying.

In the wake of the Hippies came the New Age movement, the Computer and Technology revolution in Silicon Valley, the empowerment of the Individual in companies, cross-culturalism of all sorts, a new sense of inner and outer Freedom, and the Environmental movement, to name a few. Their influence can be thought of as unprecedented in modern history.

Through the Hippies, the Divine loosely spread around the world, uplifting the society in terms of human and spiritual values.

Now it is up to us to solidify and further advance their legacy and ideals. That will happen when we make the sincere, conscious effort to call down the Force into our lives.

No Title

When a supramental-influenced individual takes up a new, obscure area of life, sooner or later it expands greatly, as the wider society fully adopts it.

No Title

When you develop the subtle sense, you acutely perceive how each thing is dovetailing with the things that are to follow.

Comment: ... and therefore where to put your focus in a given moment, the order of things to come, the deeper purpose of what you are doing, and so forth.

Life Response Power of Controlling Our Opinions

There are times when we are so sure of ourselves and communicate our opinions, only to discover it was false information - much to our embarrassment. It is what happens when the vital/emotional being dominates our mind; fortifying our impulsiveness, impatience, pride, combativeness, and prejudiced viewpoint.

And yet if we control ourselves in such situations and refrain from expressing our viewpoint, soon after unexpected positive conditions are likely to present ourselves - often in the form of reinforcing what we originally believed!

One individual noticed many times over the course of his life that when he refrained from expressing an opinion in a heated, divisive issue, his point of view was suddenly expressed eloquently or emphatically by others in the media; or sometimes evoked real world circumstance that fully embodied his position!

Withholding a vital opinion has enormous power to spread one's truth to others; even to manifest as something real and material in the world.

No Title

An emerging Supramental consciousness increasingly senses future directions and outcomes, and shifts his focus in that direction, landing in the right place at the right time.

The GOOD vs Destructive Good of Science

The reason that science creates good things that are accompanied by destructive bi-products - like industrial pollution, nuclear bombs, environmental degradation, et al - is because it sees things exclusively through the physical and material; avoiding the deeper, invisible, and ethereal planes (from the psychological to the spiritual).

It is the combining of matter and spirit by Science that will reveal true Truths of existence; manifesting the GOOD in its discoveries and technologies, avoiding destructive bi-products of the Good.

No Title

In a work, it is often how you react to psychological challenges that is key to attracting a great outcome.

No Title

In a positive atmosphere, tactics of higher values, higher consciousness always win the day.

Comment: Life responds miraculous-like to taking this tact.

No Title

In a given work, project, competition, etc., building up personal Character is more important than immediate success.

No Title

Sometimes the reason good things are not happening to you is because you are the good thing that needs to happen to other people. (anonymous)

Mother Followers with Power to Affect the Collective

It is often the case for followers of the Mother that while trying to solve their own problems, they end up quickly attracting a benefit that goes to the collective; even the whole society. Thus, Her followers not only are not only capable of becoming true Individual beings, but collective ones as well; sometimes referred to as "Universal." Here is but one true story of a devotee that demonstrates this phenomenon:

"When I first came to the US I was on a dependent visa. I was very disappointed that I could not work here. However, very soon the laws changed and starting from May 26, 2015 all spouses on dependent visa were provided work authorization! For this I did not even voice a prayer to Mother."

Man Creates Multi-Faceted Joy by Doing the Right Thing

At a certain point in a spiritual-oriented life, you feel great pleasure in doing the right thing - whether based on the morale thing to do, a higher knowledge, some subtle insight, etc. You feel that pleasure at the outset at the moment of engagement, as well as, especially in the results.

This as opposed to normal life where we do such things only begrudgingly. It is a kind of chore to think through and take the right action (or inaction), as our physical consciousness does not want to be bothered.

A man was in a restaurant. At first, he sat in a booth made for 4 people. But he was only one. A few moments after, he thought it over and moved to a seating location made for one or two people. He felt glad he took this tact.

15 minutes later the man looked over at the booth he abandoned and he saw two young parents and their very young child. They were ecstatic, joyfully playing with their child over a food matter. As he observed their glee, he understood how abandoning the booth made the way for this very happy threesome to enjoy one another. The joy they felt filled the man's heart with his own Joy. He was also very glad that he did the right thing.

No Title

Getting the result is not the aim. We should acquire knowledge of the process. (Karmayogi)
Comment; The more fully you know the process, the greater the results will be.

No Title

From the worst, the best will arise" when we face it with calm faith and without fear. (The Mother)

Burden and Purpose of the Avatar

The Gods are reluctant to take human form on earth, feeling they would be encumbered, imprisoned from becoming who they really are; what they truly represent.

This is also true for the Avatar, who would be encumbered by the Karma, suffering, and death-prone inevitability of dwelling in the human form. This at the same time the Avatar knows that he is truly divine and immortal.

Yet the Avatar is fully willing to take on the burden of the human form and evolution on the outside, even though within he is immortal and a bringer of divinity to the world.

(based MSS study of 'Savitri' by Sri Aurobindo)

[in the story, Savitri, as incarnation of the Divine Mother, is the Avatar. This is of course a representation of the Mother we know and love.]

Reader: In "Evening Talks", Bhagavan describes a dual consciousness of the Avatar ...it is quite fascinating, like He acknowledges that Sri Aurobindo the Divine knows everything, but says that the human aspect could not have known about His pending injury (on His leg).

No Title

As you progress in consciousness, you realize that 50% or more of your verbalization is unnecessary. (and with it comes Attraction power.)

No Title

Marx was right that capitalism would be increasingly dominated by finance, which would become increasingly reckless and crisis-prone. (The Economist)

True Personal Organization

Personal organization is not just a cleaning or ordering of your desk, or creating a to do list and an updated schedule. It's also the organization of your mind; including a clear understanding of your goals and values and beliefs; of your intentions; of the processes you engage in; of the projects and activities you are involved with; of the knowledge and skills required to be successful in your work and life.

Ultimately, organization is to be clear about who you are, and what you want to become. Clearly answering the question of "who am I" is the organization of your Soul and Being.

To what degree then are you organized?

Gorbachev on US-Russian Relations

"The current situation is not right. We need to change that. Let us stop provoking each other. Let us stop trying to tear up other countries. ... Our two countries are still central to world peace. We need peace in order to resolve other world problems. One percent of the world controls 90 percent of the wealth. The ruling class is happy with this but things cannot continue as they are. ... Budgets smell of gunpowder. ... Fear is being cultivated. This is resulting in a new arms race."

No Title

Spiritual philosophy puts us in touch with Eternity and Infinity. Spiritual practice brings them here on earth.

From Conditioned Mind to True, Spiritual Individuality

We are dominated by the conditioned mind, consisting of all that we have learned since birth, plus all of the tendencies we have inherited genetically. It is a cloud of misinformation, poor attitudes, and false habits, dominating us at all times, preventing us from perceiving the world as it truly is; i.e. the true nature of the Reality.

However, through elevation of consciousness, we are able to break through the conditioned mind, receiving intimations of Truth, of the world as it truly is. This occurs progressively, as the consciousness deepens, the mind and desire soul grow still, and we become Silent Witness to the world.

Now all our thought, and feelings and actions are truly our own. We become aspirational, creative, insightful, intuitive, calm, peaceful, joyous, loving, living in timelessness, attracting the infinite into the current finite.

We have made the great Journey from conditioned consciousness to our true selves; our true, spiritual Individuality.

No Title

Perhaps the hardest thing in the world is to shift from exclusively believing in what our five senses tell us - and the ensuing faith in a material and mechanistic-oriented reality -- to the workings and accessing of the Invisible.

And yet it is at the heart of our further evolution: the key to turning current humanity into a spiritualized super-race of Conscious Beings.

No Title

Sri Karmayogi repeatedly says that Mother accomplishes miracles in the lives of devotees in such a way that they appear as normal events. (N. Asokan, MSS)

Shedding Things on the Road to Transformation

We are each attached to a core set of a dozen or more things, including-

- physical objects we crave
- people we desire or detest
- certain daily habits and routines we deeply enjoy
- particular points of view we adamantly adhere to
- ways of acting and reacting that give us pleasure
- specific expressions of our personality that we fall back on
- not to mention all manner of obsessions and attachments.

Mother asks us to give up all of these; to shed these obsessions and attachments, and instead be "attached to," surrender to Her Force, as we make our way forward on the road to personal growth and transformation.

And yet is there even ONE single thing we are willing to give up out of the dozens we fiercely adhere to? Mother smiles at our never-ending fixidity and reluctance to change!

Our progress in life is thus infinitely slow, and therefore we are perpetually reborn in order to move the needle forward for our soul and being.

No Title

We take care of the things we value, not those we don't value. And that is where our problem lies.

No Title

We rightfully perceive darkness and evil expressed by certain nations, peoples, leaders, etc., yet we fail to see how our side contributed to the rise and/or expansion of that darkness. All of history and current events can be viewed this way - whether WWII, partition of India, Colonialism, Cold War, terrorism, etc; and similar for peoples and leaders. When understood in a particular case, it will be a revelation.

No Title

Through the Bad, the Good get better.

Response: Example: As a result of devastation of WWII, the remaining "good" European nations, - who each pulled in their separate directions before the war, - did not want this to ever happen again, and so formed the European Union, a growth that made them better.

Another: The tragedies that people have had in their lives invariably end up making them better people.

Accelerating Life Response

My own life response experiences - LRs, synchronicities, parallelisms, etc. - are accelerating in the last month or two. Perhaps 5-15 a day. And those are just the ones I recognize happening to myself. There are also others that I am not conscious enough to perceive.

Then there are those happening to those around me, in others, in the news, in shows, etc - which are also accelerating in my awareness. 😊

Unintended Consequences for USA's Foreign Policies in Recent Years

Many of us are familiar with the principle of "Unintended Consequences." Here are several that come to mind in terms of USA's foreign policy over the last 50+ years:

--US supports Sadaam against the Iranians in the Iran-Iraq war, and then has to get rid of him in two Gulf wars.

--US supports Mujadeen in Afghan war after Russia comes in, which leads to rise of Taliban, Al Quida, 9/11 attack on US

--US secretly overthrows democratically elected government in Iran, replacing him with Shah, leading to the radicalization of Iran, rise of Islamic Fundamentalism, taking of US hostages, and tense relations between the two countries

--US supports Shiite, anti-Sunni Maliki government in Iraq which leads to disenfranchisement of Sunnis, who link up with fanatics in Syria and form ISIS.

--US gets rid of Kaddafi in Libya, who was keeping an eye out for terrorists in Africa for US and West, and now Libya is filled with terrorists.

--US and West ignore Russians after end of Cold War, and are now intimidated by the shenanigans of Putin, who the Russians respect because he gives them dignity.

These are the principle of "unintended consequences," which can also perhaps be thought of as Life Response "reversals."

No Title

The world is plagued by terrorist attacks forcing nations to spend millions of dollars to enhance security measures. A simple but effective mechanism to address the grievances of aggrieved nations can be formulated that can take away the basic grouse of the terrorists and bring the scale of attacks vastly down. Yet such an effort has not been taken so far and the world remains on the edge. (N. Asokan, MSS)

Reader: Yes sir. Unless we address the grievances of terrorists we will be constantly under threat. Can we say Root causes of terrorist attacks are unfairness and poverty?

Response: Yes, and unemployment, and intensity of rising expectations for improvement in an inter-connected world. And radical income distribution imbalance in the world mirrors these.

Reader: Prosperity and Education will surely alleviate the tendency for the poor to be manipulated by terror ideologies...but what about the actual Asuric forces, those that just want to watch the world burn. Osama bin Laden was both super rich and an Engineer, Burhan Wani's father is a school headmaster, Al-Baghdadi is a PhD...these are just a few examples.

Response: We can overcome it by:

-eliminating all enmity and hate in our hearts from our side. Especially among devotees. (this is key)

-money in general in the world is in hands of the asura, and we can move out of that vibrations so it spreads harmoniously, especially to those who are without.

-nations can stop pulling in separate direction and truly work together to overcome cause of terrorism and action of terrorists.

-Terrorism is a symptom like poverty, unemployment, inequality disease, conflict, war of non-unity in the world. Sri Aurobindo says all problems are problems of harmony. If nations give up their individual ego sense, then much can be resolved, achieved in these areas.

-seen from perspective of the Reality terrorism has come to help unify the world through our cooperation to resolve it.

-terrorism has come to press on the people that it is time to resolve the world's issues together, instead of letting them fester. It has personalized the issues (as any person is

vulnerable), rather than being abstract. Thus, it can compel us to seriously move on the underlying issues.

-terrorism is no more serious than the other issues, but since it is personalized and sensationalized, it gets all the attention.

Disease kills 100 times more than terrorism does, but it is quiet, not drawing attention to itself. Nuclear proliferation poses 10 times the threat, but people don't truly care. War kills hundreds of thousands each year. It is impersonal to the world's population. Same with the misery of poverty. Etc.

No Title

So much money is channeled into pursuit of economic gains through trading in stocks and selling foreign exchange. All this is unproductive and gives a unhealthy and illusory appearance of a "booming economy". Common sense will call for a curb to such practices. But failure to do so results in regular economic setbacks called "recessions", leading to loss of jobs for thousands of people and reduction in GDP. (N. Asokan, MSS)

No Title

Everything about India is unpredictable, as the people know things about life that no others do. And those insights will increasingly come out, releasing changes in India that are unprecedented in the world.

Power of Perceiving Gradation of Planes in Life

Any problem in life can be resolved by going one level higher. For example, if there is political conflict between nations, the parties should consider moving towards greater economic well-being. That will ease the tension that exists at the political level. If there is economic discord between two nations, they should go higher and develop greater cultural bonds. If there are cultural differences between nations, they can go higher by connecting at the spiritual level. In essence, it is a movement from physical to vital to mental and spiritual. It is also a movement from the surface to the depths.

The same process can be seen for the individual. There is a gradation from the lowest, the physical, to increasingly higher levels of being: from the vital/emotional, to the psychological, to the mental, to the spiritual. For example, if two individuals are having vital/emotional conflict with one another, they could move to a higher plane of reason of the mind (mental) to try to work out their differences. Likewise, when two parties have different mental perceptions of a matter, they can go upward toward a spiritual level to find a common harmony and truth, (or go inward to find the deeper connection between the parties). Both are spiritual movements.

Thus, in any situation, in any aspect of life, it is always worth understanding the gradation of planes involved – from physical/material, to the vital/emotional, to the psychological, to the mental, to the spiritual. For society, these correspondingly take form as political, economic, social, cultural, and spiritual.

We can even see this dynamic of planes or stages of being in the history of the world; first emerging from a physical age (hunter, agrarian) to a vital one (focused trade and interrelations), to mind (the modern human, through freedom, democracy, education, technology, et al) to spiritual (emerging slowly, as unity and oneness of nations in the world, personal growth of individuals, etc.).

Finally, we can see planes of being in the evolution of the universe - beginning with physical matter, followed by life forms (vital) of the plant and animal, to the mental (in higher life forms, especially humans), to the spirit (of the transcendent) one day permeating life in the cosmos.

Whenever you try to perceive the Reality you encounter in terms of these planes, it is much easier to perceive what is, what is taking place; and what can be.

No Title

Internal disunity attracts external adversaries.

No Title

Buddha asked the central questions about the nature of life, - especially the negative side (i.e. why there is sorrow, suffering, pain, death, disease), - and through that grappling helped move the world forward in ways unprecedented.

Appreciation of Russia

It's difficult for those in the West to understand Russian grievances since the end of the Cold War (particularly their inputs and influence being ignored), just as it is hard for America and the West to understand how so many socialistic benefits have come to their capitalistic democracies.

The good that has arisen out of Russian aspiration and thinking (plus Marx) is underappreciated throughout society. Only American liberty and prosperity is universally accepted.

No Title

Everything happening around you - positive and negative - is a reflection of who you are, what you are feeling, thinking, believing inside. If you see these correspondences, and then elevate the positive qualities that are bringing positive outer results, and overcome the negative ones evoking negative outcomes, life will continually respond in your favor!

From Sensation to Knowledge to Truth in Society

Gradually society is shifting from sensation (which is of the vital) to (the higher) information (which is of the mental plane). Perceptions, insights and decisions at this level lead to on-going success. That is why knowledge and education is so much more powerful than emotionally responding to screaming headlines.

At the spiritual level, mind is silent, and truth floods the mind without the need for the thinking processes. From this plane, all actions lead to great success, attracting the infinite into the current finite. It is Society's greatest way forward.

On Buddha's Limited View of Reality

Though Buddha was the first to seriously, intensely question why there is suffering in the world of every type, and though as great Avatar he brought love and compassion to humanity, his Knowledge of the nature of the underlying Spiritual Reality was limited. Though he recognized the role of Ego in creating suffering, he did not see these things in the wider context of cosmic unfolding that Sri Aurobindo later revealed.

Thus, Buddha did not believe in the Supreme, nor the pure Existent (Sat of Sat-chit Ananda), which is the Spirit at the source of creation. For Buddha, no such thing existed.

It then follows that Buddha did not perceive the Process of Creation that originated from Sat ending in the creation of matter, nor did he see how Ignorance came out of that process. His view was that Ignorance is Ego alone, and not part of the Involution from Spirit to Matter, as Sri Aurobindo explained.

Shankara went somewhat further than Buddha, as he accepted the Divine Reality, yet indicated that all things in life are viewed from the perception of illusion, which he called Maya. Sri Aurobindo says there is no such thing as illusion, as everything is real, even Ignorance. Also, all things are part of an evolutionary process of development. Thus the movement from Ignorance to Knowledge from ego to non-ego and harmonious view were part of an evolutionary process.

It is possible that Buddha did not even believe in Soul (i.e. the spark of the Divine in each individual). Moreover, the idea of an evolving soul, which Sri Aurobindo discovered and called the "psychic being" was unknown to Buddha.

(For Buddha, the flux of karma made possible and perpetuated rebirth, which Sri Aurobindo may partially agree with in that rebirth is for the purpose of moving from Ignorance to Knowledge.)

We can also conclude that the process of Creation, the planes of being through which Life emerged in that process, including the role of Supermind, et al are unknown to Buddha.

To what degree he believed in human evolution (the second process, after the first one of involution from spirit to cosmic mind to energy to matter is complete) is unclear.

Transformation of our being at all planes to become divinized beings as the end process of evolution, including the immortality of the body, are yet other issues that are open for discussion.

Partaking in the Rhythms of Infinite Consciousness

Deepak Chopra tells us that the non-local (everywhere) field of Infinite Consciousness is constantly rising and falling, and everything we do in our own lives is part of that cosmic movement, -- even though we only perceive ourselves existing as separate from it, in a limited local field. He says that this view is an illusion of our limited consciousness.

And yet if we go deeper within, we can experience our existence in terms of the rhythm of that infinite undercurrent of existence. Then we become one with the Reality.

Reader: Kashmir Shaivism describes the rhythms in some detail.

Response: Yes, and while on the subject I found the following powerfully written summation as it relates to Tantra. It explains, as abstraction, the cosmic process very well. Sri Aurobindo seems to embrace this, and then adds the Involution and Evolution (including Supramental plane and action in both) to particularize the process.

"All that exists, throughout all time and beyond, is one infinite divine Consciousness, free and blissful, which projects within the field of its awareness a vast multiplicity of apparently differentiated subjects and objects: each object an actualization of a timeless potentiality inherent in the Light of Consciousness, and each subject the same plus a contracted locus of self-awareness. This creation, a divine play, is the result of the natural impulse within Consciousness to express the totality of its self-knowledge in action, an impulse arising from love.

The unbounded Light of Consciousness contracts into finite embodied loci of awareness out of its own free will. When those finite subjects then identify with the limited and circumscribed cognitions and circumstances that make up this phase of their existence, instead of identifying with the transindividual overarching pulsation of pure Awareness that is their true nature, they experience what they call "suffering."

To rectify this, some feel an inner urge to take up the path of spiritual gnosis and yogic practice, the purpose of which is to undermine their misidentification and directly reveal within the immediacy of awareness the fact that the divine powers of Consciousness, Bliss, Willing, Knowing, and Acting comprise the totality of individual experience as well—thereby triggering a recognition that one's real identity is that of the highest Divinity, the Whole in every part.

This experiential gnosis is repeated and reinforced through various means until it becomes the nonconceptual ground of every moment of experience, and one's contracted sense of self and separation from the Whole is finally annihilated in the incandescent radiance of the complete expansion into perfect wholeness. Then one's perception fully encompasses the reality of a universe dancing ecstatically in the animation of its completely perfect divinity."

[Wallis, Christopher; Tantra Illuminated, chapter I, 1 The Philosophy of Nondual Śaiva Tantra]

No Title

It is not so much that difficulties of themselves come to make us progress; rather, it is how we REACT to difficulties when they do arrive that determine our progress.

Speeding Up the Rebirth Process

We are continually being reborn in order for the psychic being to discover a higher truth and consciousness in its cosmic journey, and for us to progressively shed our universal Ignorance (of who we are, what our purpose is, what the truth is, what our awareness is, etc.).

Mother indicates we have may have been reborn perhaps 1000 times since the dawn of history, and many of those births we experienced were simultaneous to her own.

She and Sri Aurobindo also indicate us that by opening to the supramental power we can hasten our evolution, making this birth the equivalent of 100 births, rapidly speeding up the transition from our animal-like origins to the true human being to a new divine, supramental species. What would normally take 30,000 years can be accomplished in 300, or even less through an active engagement in the means of human transformation.

No Title

Well-mannered moral behavior matures into spiritual oneness when we perceive the soul of the person we meet.

No Title

Each time you experience Life Response, you realize there is a COSMIC REALITY behind all existence

No Title

Life Response Knowledge can be thought of as an expert system for evoking the Miraculous.

Ultimate AI Wisdom

An Artificial Intelligence (AI) system filled with the vast wisdom and insights of Sri Aurobindo, the Mother, and Karmayogi would be the greatest in the world. In Garry Jacobs' 700 page novel, he describes the unfolding of just such a thing, as the AI system the team builds - filled with Their wisdom - is able to solve key problems of the world, while elevating its founders to the pinnacles of success. Our challenge now is to make it real in the material world!

Levels of Value in Doing a Work

Here are several levels of attitude, perception, and values we can subscribe to when engaging in a work: ordered from lower to higher consciousness.

- Just doing the work mechanically, without feeling, without concern
- Doing the work to gain some personal benefit, such as higher salary, greater position, personal prestige, etc.
- Doing the work so that it is personally fulfilling
- Doing the work with concern that it enables great benefit to those who use its products, services etc.
- Doing the work so it brings individual and collective benefit for Society
- Doing the work as a means of personal growth for oneself, others, the organization, the community, etc.
- Doing the work as pure service; for the deepest Values perceived within it, or determined by the organization
- Doing the work for the sake of the higher consciousness, for the divine and it's unfolding in life. I.e. as Spiritual service

No Title

We are the Divine's eyes looking out on Its creation.

No Title

When something occurs that is synchronous or parallel to your own experience, there is likely a deep, hidden message contained within it.

Four Planes of Being in the Spiritual Realization Process for Buddha and Sri Aurobindo

Buddha's way out of pain, suffering, ignorance, and death was complete detachment from the physical, vital, and mental forms of life. When this inner effort of voiding all aspects of life had reached its peak, liberation from the negatives of existence was complete.

Sri Aurobindo indicated that detachment and voidism was but one possible starting point, as he advocated a process of human Transformation of the physical, vital, mental, and spiritual planes, as part of an individual and collective evolutionary movement on the way to bringing about a divine life in earth.

Life Response to Giving Another Attention

When you shift your focus away from yourself and give another individual greater attention, taking interest in their interests, at some point during or after the interaction you are likely receive a startling positive benefit in return.

A man purchased a wireless mouse for his laptop computer. It worked well at first, but over the next month or so gradually started to falter. The man became slightly frustrated when using it.

Recently a friend of this gentleman had taken a road trip around the American Southwest, and she had accumulated a good number of interesting photographs. Though the man had viewed a first set of pictures with her, he was reluctant to continue onto the next, as there were so many. However, a few days later, he decided that he was going to go through the next set of photos with her.

As they went through the images together, the woman noticed that the man was having trouble with his mouse. She suggested that he get a mouse pad, or better yet, just use hers. When he tried it out, it worked absolutely perfectly! His prayers were answered, as he now had a solution to his problem, without having to purchase a new mouse.

As we see, when we give others attention, taking interest in their interests, life has a funny way of giving back to you in the form of an unexpected benefit; sometimes from the very person that you committed your time to in the first place!

Aim of Sri Aurobindo's Integral Yoga

-The yoga we practice is not for ourselves alone, but for the Divine; its aim is to work out the will of the Divine in the world, to effect a spiritual transformation and to bring down a divine nature and a divine life into the mental, vital and physical nature and life of humanity. (Sri Aurobindo)

-Purna/Integral Yoga aims at bringing down the power of the Supramental plane; the descent of Supermind abolishing pain, suffering and death from the face of the earth. (Sri Karmayogi)

-Integral yoga aims at ALL aspects integrating in supramental harmony to bring heaven on earth. (Sri Karmayogi)

-[The object of the Yoga] is the liberation and transformation of the human being ... the bringing down of the divine Ananda upon the earth. (Sri Aurobindo)

-Integral Yoga enables the evolution and transformation of the individual, as well as the world around him. (Roy Posner)

-Sri Aurobindo recognizes the essential divided nature of man. He lives in his ego, in ignorance, in time, in limitation, finite, and suffers from disease and death. Integral Yoga is the conscious method of overcoming Man's limited nature and arriving at his spiritual and supramental Nature. (Sri Karmayogi)

-Purna Yoga accepts life, lives it as the Divine Wills it to be lived, so that Life is divinised. (Sri Karmayogi)

-The aim of Integral Yoga is transformation of human life into Divine Life; to bring down a divine life into the mental, vital and physical nature and life of humanity. (Roy Posner)

-Sri Aurobindo says the real goal of yoga is to transform mind, life and matter, to divinize them. (Sri Karmayogi)

-The embodied soul should seek total release from falsehood and ego in all parts of its being; and, rising into the higher realms of Spirit, bring down the spiritual force and truth to life on earth, so that death, suffering and disease can be abolished forever. [This is the integral yoga] (Sri Karmayogi)

Yoga is to become the child of The Mother ... (Sri Karmayogi)

Yoga is on the broad, deep line with the one aim of reaching Her. (Sri Karmayogi)

Download the entire article from which the above is taken, below:

"This document is an overview of Sri Aurobindo's "Integral Yoga." It contains several short statements of His, many detailed statements of Sri Karmayogi, and several of my own. I have organized it as I believe the yoga is intended, and have paraphrased some of their remarks for context and clarity. I hope this profound knowledge is beneficial to you as you continue on your personal and spiritual journey. -R"

'Overview of Sri Aurobindo's Integral Yoga (as interpreted and extended by Sri Karmayogi)'

No Title

By perceiving and detaching himself from dualities, the contradictions of life when they arose, - such as pleasure and pain, good and bad, happiness and unhappiness - Buddha experienced peace and harmony; oneness with life. This was the experience that was the very basis of his enlightenment.

No Title

Sometimes you need to see certain people, parties, organizations, et al move in the wrong direction in order to know what the right direction is.

Reader: We have to see the bad to appreciate the good.

Response: Yes, to see the good; as well as see new directions and possibilities of the good.

No Title

Higher organization compresses time, reduces space, saves resources, makes life efficient, fills it with ease, calls the infinite into the finite.

No Title

What is older than the soul ... and what is newer than that soul?

No Title

When Siddhartha Gautama became Buddha ("the enlightened one") 2500 years ago, spiritual Compassion was born in the world.

No Title

Unless there is good reason, avoid pressing others about the limits of their spiritual beliefs in order to help them go higher. It is not fair to ask this of them; to press them on it. Instead, let them be who they are, let them discover for themselves what is higher or deeper. If necessary, let them experience nothing new at all.

Hamlet, Mind, and Individuality

Karmayogi says Mind was born in the collective during the 16th century, and Hamlet represented that collective individual.

Thus, Hamlet announced to the world the birth of Mind among the population

When Hamlet arose in literature in Shakespeare's play, individual social conscience was born.

He showed social conscience in questioning the need for revenge against his uncle who murdered his father. He used his Mind to consider the possibilities.

Social conscience arises out of individuality.

Individuality comes through Mind.

Infinite possibilities, breakthrough developments come through individuality.

Spiritual individuality goes further, as it is above Mind - in Intuition and light - and deep in the soul. It attracts silence, peace, harmony, wisdom, love, delight, as well infinite-like results that overcome space and time.

Reader: Sir, last few days I was thinking about Hamlet. I will share with you what Appa had written about it to me.

"HAMLET is the climax of Shakespeare's plays. Criticism has not been able to explain why Hamlet is talked as the best of plays nor could it explain why Hamlet delayed killing his uncle Claudius. It was a period when Mind was born in Germany in the common Man. It was first in evidence in Socrates in Greece 2500 years ago. Vital acts readily. Mind hesitates, vacillates and even oscillates. This is the explanation for Hamlet's delay. "

I think the hesitation of the Mind is very well captured in its famous quote "To be or not to be" if that's correct.

No Title

In Shakespeare's time and earlier, life evolved through tragedy. But that is no longer necessary in the modern world.

No Title

Fixating on one principle to the exclusion of all others is closed-mindedness that becomes the root of falsehood and conflict in life.

No Title

Putting aside silliness, replacing it with seriousness, attracts serious, even groundbreaking helpful discussion and knowledge.

Contrasting Night & Day Shopping Efforts

Sarcastic witticisms and comments will spoil a work, whereas focused seriousness tend to attract perfect conditions.

A couple went out together to do some shopping at a superstore. As they approached, one of the two started mocking the abundance of overweight people who frequented the store. After doing their shopping, the checkout lane they parked themselves in suddenly got stalled. They then went to another lane, and that got stalled as well, perhaps even worse; plus the cashier was an overweight woman, reminding them of the negative, sarcastic perceptions they had on the way in the door.

The story continues.

About a week later the couple went to that same superstore to shop for a very few items. Remembering their previous misadventure, the man controlled himself and put all sarcasm aside as he entered the store. Moreover, his partner now seemed very focused on carrying out their shopping goals. He saw that as a positive response to his effort to put the negative aside. In fact, he noticed how briskly she walked toward the intended area of the store, and struggled a bit to catch up with her!

But there was more.

The woman very quickly found the items the couple were looking for: perfect fit at a perfect price! Plus, when they went to checkout there was no backup at all and they were whisked through to their surprise and joy.

Shifting away from sarcasm, and focusing their mind intensely at the work at hand, putting all other things aside won the day for the two, turning negative response in one iteration to a perfect magic carpet ride of success in the other!

No Title

Life Response is the experience and outcome of applied spiritual principles and methods.

Higher Level Success Factors

If you want to succeed at a level higher than your current status, your consciousness will need to rise accordingly. Discovering where that lies is key to greater success. It generally comes down to one or more of the following:

- greater effort
- greater skill
- greater knowledge
- higher attitudes (eliminating negative ones)
- higher behaviors
- higher values
- higher organization (of time, space, goals, et al)
- greater cleanliness, orderliness
- spiritual attributes (silence, non-reaction, et al)
- reduced ego (less self-absorption)
- greater intention, aspiration
- greater conviction
- greater energy
- clarity of purpose
- self-givingness (giving instead of taking)
- non-wastage of resources
- control of harmful desires
- improved bodily condition
- life balance
- mental clarity
- truthfulness
- greater harmony (w/ others, life)
- positive attitude
- cheerfulness and optimism
- deepening the consciousness
- etc.

Which ones are key for you to rise to the next level of success?

Negative Response to Unexpressed Silliness

Silliness that occupies our emotions, tickling our Ego can quickly attract faulty outcomes, including misplacement of property.

A man was about to narrate a silly thought to a food cashier/server. His emotions were intense with the thought. He couldn't let go of it. Still he held it inside and did not speak it out.

Immediately the server started having trouble placing the desert the man ordered into a bag, as it began to wilt, and so the server had to get another one.

Five minutes later, when the customer was in his seat, the server called out to the diners in the restaurant if anyone had left a credit card behind, which he held in his hand. It turned out that our diner friend had left it in the payment machine when paying for the food. As so as he sheepishly called out to the server that it was indeed his card, the man was thereby royally embarrassed in front of the other diners.

As we see, the energy of his unexpressed silliness had gone out and disturbed the outer conditions, including the processing of the order and the temporary loss of a significant personal item. Best then in these situations to gain control of ourselves and be simple and humble, enabling all to go smoothly.

No Title

Remove your Ego from each interaction, and your life will never cease to be astonishing.

No Title

Life is like the wheel of a vehicle. It is always going around in circular patterns, though it is also always moving forward.

Reader: While the Ego is also circular but stays still moving forward and hardens like stone (imo)

Response: Yes, inability to keep up with the forward movement of life is due to Ego or Ignorance (entrenched thinking, unawareness, etc.).

No Title

Sri Aurobindo came with the greatest foreknowledge of anyone living, as he knew the "horoscope of the universe." He quietly prophesied that the liberation and ascent of India would take place; as would the rise of Asia. Human unity would follow; and that there would be the deployment of the supramental power, enabling a divine life on earth. He indicated that all of these were a certainty. And each are coming about. (paraphrase of MSS)

No Title

Mother indicates that the Supramental life will be free of conflict, armies, government (we will be self-governing), money, marriage, property, and eventually our current bodily makeup and functionings - including, procreation, breathing, circulation, digestion, and all - which will be replaced with centers of light. Immortal, divine life will be the result.

No Title

Our progressive awakening of consciousness from out of the inconscient is the process by which the Evolution takes place. (MSS)

No Title

Only collectively, cooperatively, collaboratively can the problems of the world be solved. Individually, left to their own devices, nations will increasingly remain in the dark and suffer.

No Title

Each of us express our SELFISHNESS in any number of small and large ways in the course of our day. And yet we are unaware of the fact because we are lost in it.

No Title

India is increasingly offering a "Middle Way" in helping resolve issues among the nations of the world.

No Title

So long as the number of nuclear weapons is not reduced by the major powers, other countries, including nefarious ones, will seek to gain them too. It is inner-outer correspondence; a negative response to the major powers, and an unconcerned world.

Causes, Solutions to Terrorism (2017)

- Terrorism is the nefarious tactic of the weak, steeped in powerlessness and poverty.
- Conscious global prosperity will weaken their hate. When there are abundant household goods available, people turn away from the terrorist mindset
- Terrorism is the outcome of earlier hypocritical policies of the victims' nation. Eg rise of Islamic fundamentalism, Taliban, ISIS, et al originated when Western powers engaged in diplomatic hypocrisy that exacerbated the already existing religious falsehood. The solution is for grievances to be identified and addressed.
- Philosophically, terrorism has come to further unite the world. It is the Bad that compels the Good to become the GOOD.
- Countries uniting ONLY militarily to fight terrorism, without other complementary remedies - of overcoming poverty, of acknowledging past diplomatic shenanigans and insincerity, etc - will exacerbate terrorism in the extreme.
- Within fundamentalist societies, brave leaders can step forward to lead their country out of their intellectual and behavioral darkneses.

No Title

Buddha had this unique capacity to constantly engage in compassionate acts. With that in mind, how many have you precipitated recently? Can you think of one or two? If so, then how can you do the same or more in future - bringing benefit to others, while raising your consciousness?

Religious Forms at Odds with Source Teaching

- Statues of Buddha are contrary to Buddha's beliefs, as is Buddha heaven.
- Church is contrary to Christ's beliefs.
- Hindu rituals are contrary to Vedic view.
- Ownership of Sri Aurobindo's works by one religious organization is a contradiction.

No Title

The formless world rushing towards form is matched by an equally ardent rush of the world of forms to rush towards the formless. (N. Asokan, MSS)

No Title

It is not necessary to physically go back in time to connect to and rectify our negative past behaviors; as, of course, that is not readily possible. Instead, we can move deep within to connect with that time, feel true contrition for our past mistakes, and offer the entire matter to the Mother and Her Force. Life will then rapidly loosen the past's troubling influence on our present.

No Title

For new things you develop, first go DEEP, then go wide.

Perceiving Additional Negatives Behind the Negative

If someone is displeased with your behavior, look deeper and you may discover yet another negative issue at play.

A man was pestering his spouse about a news story. She was actually hoping for some peace and quiet. Indeed, he came to understand that he was insensitively invading her space.

And yet soon after something else took place. The person in the news whose negative actions the man mocked was now on his way to create something quite troubling.

The man now realized that by obsessively speaking about this particular gentleman in the news, he attracted negative circumstance related to this individual.

The man understood that he should have remained silent about the original news story; which would not only have avoided the negative response that followed, but would have also avoided disturbing the psyche of his spouse.

No Title

Frustration in accomplishing an objective indicates a missing or faulty inner or outer strategy.

No Title

When something is gone, something better is coming. (anonymous)

No Title

"Software is eating the world."

-famed tech funder, Marc Andreessen

Two decades ago, Karmayogi wrote me that he loved software, even though he knew little of its workings. He said that software in fact expressed the infinity buried in the Mind.

Now as software spreads into the fiber of life, its insights (AI, et al) are running roughshod over the old reality of work. Hence Andreessen's remark. And it is also bringing forth vast, unprecedented possibilities, fortifying Karmayogi's profound view.

Life Response Power of Shifting from the Habitual and Routine to the Fresh and New

Every day we love to engage in the habitual and routine. We feel comfortable in that space; it makes us happy. However, a spirit-oriented individual continually BREAKS through these impediments, follows new flows of life that subtly present themselves, causing one's life to always be fresh, energizing, even thrilling.

Also, each time we go down that different path, instead of same old one, life quickly opens up for us.

That's what happened to one man when he decided one day to literally walk on a different path for his afternoon exercise. He not only came upon vistas he had never seen before, but he discovered an unknown bookstore there, and quickly, magically found a book with reference to an individual who would give for free a detailed critique of the book he was writing, enabling the final draft to be vastly improved.

As we see, when we go down a new path, literally or figuratively, - giving up tired old routines and habits, - life has a funny way of suddenly opening with infinite possibilities.

Let us then ask ourselves: which habits and routines are we stuck in; and how can we cast them aside and take up fresh new acts, new patterns, in order to attract the marvelous, making life thrilling?

No Title

Given the present conditions, negatives are often the most efficient means of creating further positives.

No Title

In the 1970s, in Agenda, Mother indicated the end of Communism and Capitalism were soon at hand. Mother's Service Society (MSS) and World Academy (WAAS) have indicated that they will be replaced by a Human-centered economics.

No Title

... human beings constantly exert their will on each other, or they themselves receive suggestions and manifest them as their own will, without realizing that it's all the external Falsehood [coming from others or life]. (The Mother, from Agenda, March 9, 1966)

Comment: Half or more of the physical pains we experience - even emotional pangs, mental confusions, et al - are due to unknown ill-wills of others, a generally poor atmosphere, negative societal developments, etc.

On How People Would React to the Truth of How Life is Actually Working

This morning, it was really extraordinarily amusing to see the mass of things [the true determining factors] that lie behind this [surface] appearance, an appearance that seems complicated enough as it is, but it's nothing! It's thin, flimsy, without complexity in comparison with the MASS of things behind, which ... (drilling gesture) which bore their way through to reach the surface. It's amusing.

But certainly ninety-nine people in a hundred would be seized with panic if they knew, if they saw. I had always been told (I read it, Sri Aurobindo often said it to me, Théon too often said it to me, so did Madame Théon) that it's the Grace that keeps people from knowing. Because if they knew [how life worked, what aspects of life were truly determining things], they would be terrified!

All, but all the things that are constantly there, moving behind - behind the appearances - all the complexities that are the true causes of or the instruments for all those small events, which to us are absolutely unimportant, but because of which one day you feel everything is harmonious, and another day you feel it takes a labor to do anything at all. And that's how it is. And naturally, when you know, you have the key. But if you know before you have the key, it's ... a little frightening.

I think that when people take leave of their senses, it's because they are put in contact with the vibrations before having the knowledge, the sufficient knowledge, the sufficient state of consciousness. (The Mother, from Agenda, March 26, 1966)

Comment: Through our conscious awareness of the Character of Life, including the Life Response phenomena, these determining aspects Mother is referring to are more fully revealed.

The Mother's Journey from the Utility of Atheism to the Supreme

That's another interesting point, because I was an outright atheist: till the age of twenty, the very idea of God made me furious. Therefore, I had the most solid base - no imaginings, no mystic atavism; my mother was very much an unbeliever and so was my father. So from the point of view of atavism it was very good: positivism, materialism.

Only one thing: since I was very small, a will for perfection in any field whatever; a will for perfection and the sense of a limitless consciousness - no limits to one's progress or to one's power or to one's scope. And that, since I was very small. But mentally, an absolute refusal to believe in a "God": I believed only in what I could touch and see.

And the whole faculty for experiences was already there (they didn't manifest because the time hadn't come). Only, the sense of a Light here (gesture above the head), which began when I was very small, I was five, along with a will for perfection. A will for perfection: oh, whatever I did always had to be the best I could do. And then, a limitless consciousness. These two things.

And my return to the Divine came about through Theon's teaching, when I was told for the first time, "The Divine is within, there" (Mother strikes her breast). Then I felt at once, "Yes, this is it." Then I did all the work that's taught to find Him again; and through here (gesture to the heart center) I went there (gesture of junction above with the Supreme).

But outwardly, mentally, no religion – a horror of religions. And I see now that it was the most solid base possible for this experience: there was no danger of imaginings. (The Mother, from Agenda, June 5, 1966)

No Title

Consecration, opening to Mother, overcomes Nature's slow and difficult method of progress through contradiction and conflict. Resolution is dramatically sped up, as remarkable circumstance quickly reveals themselves.

No Title

To rectify a legitimate grievance, the populace may turn to a dark force - such as an autocrat, a nationalist, a fascist, a communist, a terrorist, a religious fanatic - plunging the society into further darkness. In that way, a fair grievance can turn fully irrational.

No Title

A higher Consciousness, an unprecedented supramental Force seeks to progressively manifest on earth, taking form as silence, peace, harmony, light, power, beauty, love, delight, timelessness, and infinity. It is then only a question of who will stand up and be a receptacle of that Consciousness and Force, and thereby lead himself and the world forward in the Evolution.

No Title

Supermind does not repeat. Each iteration of Mother's Action is utterly unique, and dynamic in the extreme.

No Title

Mother's Consciousness is universal. Any act done in it spreads. (Sri Karmayogi)

No Title

To know the more subtle, inner reasons for the cause of circumstance is far greater than knowledge of the surface reasons, which is our usual understanding. Supramental perception takes it a step further to knowledge of the integral, many-sided TRUTH, plus a propensity to manifest as real, which is rare indeed.

No Title

Increasingly the Universal culture is wiping out the local one. That's because it draws from a higher order of values; spiritual in fact.

Eg in these times tech (internet, phone, AI) is a kind of universal culture, that makes local cultural issues pale by comparison. In future, there will be something else that will indicate a further development in the universal culture. Perhaps it will be something like a human-based society, or universal harmony in the world, etc. It's likely to be something unexpected, wholly unique, and of higher societal Values when compared to the past. After all, Sri Aurobindo did indicate that is the Hour of the Unexpected.

No Title

The cultural icons and expressions we hold so dear from our generation are so easily forgotten by the next. It's the cruel truth of evolutionary progress.

No Title

The Great Depression and the Great Recession dramatically increased the adoption of Socialistic-like benefits through Capitalism.

Startling Experience of Confluence of Mother's Agenda and Savitri

There are -4000 pages of content in Mother's Agenda, where she engaged in a continuing 20-year dialogue about her spiritual quest with her close disciple Satprem. It is a marvel beyond anything I have ever read. Over the last 40 years, I have gone through those thousands of pages perhaps a dozen times.

It also turns out that I ordinarily like to listen to Garry Jacobs speeches on Saturday evenings, which I connect with over the Internet on demand. I have followed his discussions on Pride and Prejudice, The Life Divine, and now Savitri. In the latter series, Garry has gone through profound explanations on 3 or 4 early segments of the epic spiritual poem by Sri Aurobindo, and was up to the point of explaining the King's yoga; i.e. the startling experiences in the subtle realms of existence of Savitri's father, the King.

However, on this particular occasion I did not have the energy to listen to Garry's talk on this latest topic, and instead decided to instead do some reading in Mother's Agenda. And so while in bed, I randomly opened the 4000 page file to see where I would land. And what do you know, but right before me was Mother's discussion of how she had recently after many years taken up the reading of Savitri, and was especially intrigued by the section of the poem concerning the yoga of the King (because Mother was going through those same experiences), which turned out to be precisely what Garry was now focusing on in his discussions on the poem!

It was a miracle to behold; a one in a million shot that I would randomly land on that paragraph. But there it was!

It indicated to me the overwhelming power and joy embedded in these two works, and when they cross-link, the startling and wondrous naturally follow.

(I later told Garry about the event and he too was amazed, calling it a "wonderful".)

And so I would like to conclude with the statement of Mother's from Agenda that I had miraculously encountered:

"I am reading Savitri, the second Book, I think, the transformation of the King, his experience. I had read it very long ago, I didn't remember at all, not at all; these days I have been reading it again ... and it's like a detailed description of the experience my body is now having! Extraor-di-nar-y. When I read it again, I was flabbergasted.

It's absolutely as if my body were trying to copy that! And I didn't remember at all, not in the least which would mean that Sri Aurobindo had SEEN the thing – did he see it, or did he experience it? I don't know ... And that's what he regards as the supramentalization of the physical being. Do you remember that in Savitri?" (Mother, from Agenda, 1969)

Reader: Appa indicated that in Savitri, HE is the King Ashwapathi.

Response: Yes, it's true. I perceived that back when I first went through the poem decades ago. Thanks for the reminder!

Reader: Great coincidence. It indicates your alignment with Sri Aurobindo, The Mother, Appa and Garry Sir.

No Title

If you impersonally express your critique of another's hobby or presentation, without calling out their name, it can evoke a response from them whereby they unexpectedly take interest in your interests! (Not making it personal by revealing their name builds strength that attracts the startling positive result.)

No Title

A small group will pioneer a New Consciousness, as they transform into a higher form of human.

No Title

It is hard to know what our negative qualities are, even as others perceive them clear as day.

Consciousness Responsibility

Shift from blaming others to taking responsibility. This is a laudable human movement that tends to evoke positive conditions, while aiding your growth as a person.

Now go a step further and take responsibility for problems caused by others; that you have NOTHING to do with. It is called "Consciousness Responsibility" by Karmayogi. It is a supramental movement as your subtle sense perceives your relationship to all things. That nothing is outside yourself. That you are the Reality. And as a result of that action - consecrated or otherwise - life responds overwhelmingly for any and all parties.

Example: I have just been hired on to lead the staff I have had no association with in the past. They have experienced failure and discontent. I will take super-responsibility by looking inward to move life in a positive direction for my staff. Eg I will intensely consecrate (open to the higher consciousness) and thereby loosen their failures that occurred before my arrival. I am thus taking Consciousness Responsibility for something I had little or nothing to do with. Now life can respond positively for all parties involved!

Reader: Lee Iacocca is one example.

Response: Yes, very true. He took responsibility for entire mess at Chrysler he had nothing to do with creating, and radically changed the organization, with great (life response) success.

Supramental Character

In 1969 Mother had the ongoing experience of the Supramental Person, the consciousness of the Superman; the Character/nature of this intermediary individual, which She says lies between the current human and the coming immortal, physically changed supramental being. This Personality's nature and atmosphere included-

- a Peaceful Joyfulness
 - a smiling Benevolence
 - Sweetness
 - Luminous, Radiant, filled with Light
 - supreme Power/Force
 - an immense Personality
- (all of these together at once)

Her experience of this descended supramental character in her being is described in detail in Agenda during the period of January 1 through February 1969.

On What Happens When We Leave in Rebirth Process

[after they die] Most people – the vast majority of people – go into a sort of assimilative sleep: all the experiences they had in their lives, all they learned, the consciousness seems to ruminate over that.

In the beginning the span of time between two lives [rebirths], is very long, and it's a sort of assimilative sleep in which the consequences of what one has learned develop inwardly. Then, as the psychic being is formed and as one grows more conscious, rebirths take place more and more closely, until the time when rebirth becomes the result of a choice: at a precise place, for a specific length of time.

And then, depending on what the psychic being wants to do, depending on the action it has to do, the new birth may be near or distant. There, we have all possible differences.

(The Mother, from Agenda, May 21, 1969)

No Title

Mother's Life is like being on a Magic Carpet Ride. Unpredictable, without certainty, yet infinitely joyful. Faith is the only thing you can truly hold onto, rely on. The miraculous, the continuous result.

No Title

Restraining yourself from speaking out (or writing about or otherwise communicating) what you desire; or better yet forgetting that intention, will tend to attract that very thing in short order, especially if it is a movement that is wholesome and for the good.

No Title

Western humiliation of the Russians after the end of the Cold War has turned Russia vindicate, as they seek the self-respect they were denied.

Reestablishing better relations based on mutual understanding of how they have abused one another in recent years is of vital importance to world stability, as well as their capacity to work together to help solve the world's problems.

No Title

If it comes to you, be open to it; even if you're not so inclined. Doing so will often bring very pleasant surprises!

No Title

The whole universe is inside you. Your inner - attitude, values; spiritual methods like non-reaction, taking the other person's point of view, waiting on life's initiatives, consecration, mental silence, deeper poise, etc. - determines the outer, as they are one and the same.

No Title

It is so easy to perceive what we think others are doing wrong. It's much more difficult to see our hand in it.

No Title

In supramental consciousness there is no separation between you, others, and the world.

No Title

Increasingly each day in our activities we can shift from self-absorption in self, in our own concerns alone (i.e. Selfishness, Ego, Separativeness) to the interests and concerns of others (Humility, Self-givingness, Harmony).

What a Transformed Society Would be Like

Each person has his own idea of what a divinized/transformed society/world would look like. I present here my vision of what that would be.

1. The traditional division between poor and the rich will disappear. Everybody will be uniformly rich.
2. There won't be illness, epidemics, natural disasters and wars that kill a lot of people.
3. Society will govern itself without the aid of police stations as there won't be any crimes like theft, murder and robbery and molestation of women etc.
4. Education will lose its present mental focus and instead will become an education fostering the development of one's soul and spiritual faculties.
5. People will marry not for the purpose of getting children. The main purpose of marriage would be to foster each other's spiritual development.
6. The various nations of the world will interact with each other in perfect harmony and so there won't be any great wars and genocidal attempts such as those that occurred in the past.

7. The Earth would be looked upon as Mother Earth and will be treated that way and violent environmental assaults that have occurred before in the past will be replaced by gentler approaches that are in harmony with Her ways of functioning.
8. The hold and sway of religions over humanity would have come to an end thereby putting a stop to worship at temples, churches and mosques. Instead we will find each man with a formed aspiration who seeks the Supreme in his own unique way.
9. The egoistic man will disappear and instead we will find the spiritual individual who seeks to express his own unique spiritual individuality that forms its own equations with the Supreme in a way that does not clash with the approaches of others.
10. Man's obsession with mere physical survival that has occupied so much of his valuable time will disappear leaving him with plenty of time to pursue his spiritual interests. (N. Asokan, MSS)

Insurrection, Revolution, Calamity, War

-With 90% of the wealth in the hands of 10% of the people, insurrection and revolution are almost inevitable.

-With 5000 nuclear bombs still in the hands of nuclear powers, nuclear exchange and tens of millions dead are very probable. Plus, bombs spreading to other nations, as they feel the need to defend themselves.

-With the selling/proliferation of military weapons amongst the nations continuing to accelerate, war of various types and intensities are in the cards.

-Without control of the global financial trading, greed will continue to assert itself creating stupendous cycles of boom and bust, that seriously threaten the economic well-being of all people on earth.

Though these are issues are not being seriously, collaboratively addressed by the world, there is hope. We see that there is increasing global corporation what it comes to the environment. Still these other issues remain of vital concern, and threaten the very survival of the human race.

No Title

Sri Aurobindo says that pain is usually the first sign of the awakening of consciousness.

No Title

Sri Aurobindo has indicated that the Evolution is the Inconscience of our lives and being coming out of its darkness from below, and the Superconscience descending from the transcendent into life from above, until they both meet and fuse. As a result, all the forms in nature become divine forms; and life becomes a divine life.

No Title

We take all that we have learned in past lives and utilize it to meet the challenges of this new birth; this new Adventure of Consciousness.

No Title

Memory binds us to the past. We must break beyond its karmic influence and embrace the New in the Now.

No Title

The inner flame of Aspiration for the Divine is the key to the Evolution.

No Title

Best not to say anything negative about another person. That way you gain inner power to affect them in a positive way.

No Title

Give up your insistence. Sentiments in this or other areas of life will soon move in your direction.

Buddha Attracts Right Candidate for the Throne

There is a wonderful scene in the 55-episode Indian reenactment of the life of Buddha.

At this point Siddhartha has grown up as prince, but then has left his father's kingdom in search of the end of human suffering, and has become the Enlightened one, the Buddha.

Time passes and there seems to be no legitimate candidates to take over for the current sickly King (Buddha's father), except one, his cousin, who is a completely evil individual.

And yet Buddha accepts in full this individual as the one legitimate candidate to ascend the throne; in essence, taking their point of view, the view of the King's cabinet; giving up any preference, and doing so without reservation and with complete serenity.

A minute later, Buddha's evil cousin appears on the scene, drunk; just back from the brothels. The current King's court sees this abomination and withdraws the cousin from succession to the throne. They then ask the Buddha what HE wants, and he proceeds to select an honorable man with the power to lead.

By fully taking the other man's point of view (that of the cabinet), and doing so in a detached, serene way, Buddha instantaneously attracts startling circumstance for himself and the entire kingdom.

No Title

In an act of Divine Intervention, as Its instrument, Gorbachev ended the Cold War, saving the world.

No Title

Each time we change, Mother smiles.

No Title

It is Appa's aspiration and initiative in consciousness that I become a Great Success in my senior years. If I reach a certain intensity of will in that inner effort, then I can fulfill His prophecy and dream.

Angulimala

Any person can completely change his nature at any moment, including this very second, and become the opposite of who he is. Even the most evil individual can quickly shift out of their demonic state and become an instrument of higher consciousness.

In the legend as shown in the recent 55-part series on the life of Buddha, Angulimala had become an evil murderer, chopping off the fingers of humans because of something that had taken place earlier in his life when he was a monk.

Now Buddha went to confront him in the forest. Angulimala was about to slay Buddha with a sword and cut off his fingers, when Buddha showed absolute fearlessness, and made Angulimala understand that he can change into a good person right now, on the spot, wiping away all of his past. Buddha reminded Angulimala that he had attained his evil status because of things that occurred in the past, and from that moment on could live a life of righteousness, goodness, and humility.

Then right before Buddha, Angulimala melted in his emotions, and suddenly changed, shifting from overwhelming hate to one of deep compassion and love for all. After all, love IS the flip side of hate.

Angulimala then took up residence as a monk in Buddha's spiritual community. In fact, Buddha said that because of his purity and intense compassion and goodness, Angulimala had become his favorite among all his followers.

Anyone can change from what he is to what he should become in an instant. It is simply a matter of becoming aware of the truth of one's being and life, and our choice that follows.

Reader: hank you Sir.

Similar incident can be seen in the film Les Miserable, where Jean Valjean's nature was wiped off completely by the priest who had shown him mercy despite he stole things from his place. He became a new man from that moment onwards.

Response: Great example.

Angulimala's story serves as an example that even the worst of people can undo the faults in their beings and return to the right path.

Biological Imperative and Beyond

Humans are dominated by biological imperative - mate, children, family, household, etc.; acquired from animal ancestry - from bird to ape. They are in one sense forms of social conformity, rooted in physical and vital biological need.

True individuality, on the other hand, is a product of mind that can extricate ourselves from biological imperative, to the opportunities of a wider and higher life, culminating in the spiritual, both universal and transcendent.

Change at Four Planes

The Physical consciousness, i.e. the body, does not want to change. It does not even want to move. It is determined by habit and the routine.

The Vital consciousness only wants to change when it feels like it. When it comes to change, the vital is up-and-down, willing and unwilling, desirous and indifferent.

The Mental consciousness is open to change, perceives the rationale, the logic behind it. Whether it will actually engage in change is another matter; depending on the pull of the other planes.

The Spirit loves to change, relishes it, thrills in its possibility and execution; just as it joy-filled in the current reality.

No Title

As soon as you strongly assert your position, advocating for your side, expressing your attachment, you delay or cancel the chance of it coming about.

No Title

A principle and its opposite can both be true. The Truth depends on the plane from which you are viewing it.

No Title

Non-reaction to someone's assertion of their position in support of their team brings victory to your side.

No Title

Buddha embracing the contradiction of the two sides of his being, of the positive and negative, brought him to Nirvana.

Don't Be in Conflict with Anyone or Anything.

Opposing, fighting, or struggling against anything or anyone in life causes conflict.

Conflict attracts more conflict; fighting against something attracts more things to fight against, and struggling attracts more things to struggle over.

Step away from conflict, because when you're in conflict with anyone or anything in life, it harms you.

(Rhonda Byrne, The Ten Secret Insights)

No Title

Ten years after she released the video and book 'The Secret,' Rhonda Byrne reveals what she feels are now her greatest insights on our ability to attract the miraculous. They seem to go far beyond her original conception of a decade ago in The Secret. Several are also quite similar to Life Response methods, which is also celebrating its 10th anniversary.

No Title

Stock exchanges are poisoning humanity, with their gambling casino mentality, shaking the foundations of global economic security. Their shocks, as in 2008, will keep repeating and accelerating, until man sees money as an instrument to serve human welfare, not as a toy to be manipulated for personal greed and gain.

No Title

Achievements begin and end inwardly. The outer is only an expression. (Karmayogi)

Comment: Yes, intention, willfulness, intensity, focus, attitude, values, perceptions, spirit, silence, et al, -- all inner - are what ultimately attract outer conditions that bring benefit, achievement.

No Title

Man unconsciously achieves slowly and after a very long time understands. Mother helps us achieve at once and reveals the understanding soon after. (Karmayogi)

Comment: Yes, this is very characteristic of the Supramental action.

No Title

[usual] Achievements arise out of a sense of deficiency. Great achievements are creative. (Karmayogi)

Comment: Eg Steve Jobs, Elon Musk, Garry Jacobs.

Predicting the Future Based on Subtle Signs of the Past

The subtle clues of what is going to take place in the future are always there in the events of the past. Therefore, if we pay close attention, we can fairly easily predict eventualities to come.

Example: two professional sports teams were matched against one another in the championship series. The first team to win four games would be declared the winner. That could happen in four, five, six, or seven games.

The year before, the local team was ahead three games to one and just needed one more victory to secure the championship. However, through a series of negative events, mainly caused by their own lack of consciousness, they lost the final three matches, and the opposing team won the series four games to three. The key moment was when the local team were ahead three games to one, and they lost their mental balance.

A year later the same two teams were matched up for the championship. After observing the behavior of the local team throughout the course of the year leading up to this second championship series, it seemed clear that the locals had risen in consciousness.

And so once again they were ahead three games to one, and many thought they would stumble once more. But this time, they won the fourth game, and therefore the series.

The key moment once again took place when they were ahead three games to one, but this time it was clear from the signs of their personal growth during the year that they would prevail, which they did.

Life had once again forced them to be in the three games to one situation, but now they could prevail in that same situation because of their inner growth in consciousness.

Thus, if we are keenly aware of the events we can perceive the subtle clues from the past that predict precisely what would happen in the future.

We can also see how life repeats, until the point where a new, higher consciousness is brought to bear, causing conditions in essentially the same situation to reverse.

No Title

Ultimately, we devotees are here not so much to worship Mother, but to Become Mother.

What he [Sri Aurobindo] saw was that the supramental Force would have enough influence on the various governments of the earth, of the nations, to permit hope for a harmony.

(The Mother, from Agenda, May 6, 1967)

Comment: It helped end the Cold War.

No Title

It is what you think and feel on the Inside that determines what opportunities or difficulties you will attract from out of nowhere on the outside.

India the World's 4th Fastest Growing Economy

At a time when India was virtually the poorest country in the world, Sri Aurobindo's and Karmayogi's seemingly impossible dream of Indian prosperity is now being fulfilled. No one thought it possible, but THEY did.

Now she can begin to fulfill her other predicted role: as Guru of the World. Human Unity and Supramental existence can then follow.

No Title

The American ethos is not to interfere in the making of money, even if it squashes people. It is sacrosanct. That is a point where the American society is beginning to fall apart.

Therefore, she needs to reverse from Money-oriented to Human-centric values in order to continue as world leader.

No Title

Note to myself: "No thinking, unless absolutely necessary."

No Title

When you make a resolution to change, life will quickly test you on it.

Gratitude toward Russia

The main political tragedy of our times has been the disrespecting of Russia after the end of the Cold War. It goes with another tragedy: the disrespecting of the contributions of the Russians to society's progress and evolution. She through her advocacy of Socialism, has brought all manner of social benefits to mankind; though ironically it has come through capitalism.

Eg America avoided revolution when the Great Depression took hold in the 1930s by adopting many of the social policies (New Deal, et al) advocated earlier by Marx, Trotsky and others. A stream of social benefits have come to America and the West through the portals that Russian thinkers opened to the world. We have little gratitude toward the Russians,

remembering only the treachery of the police state of Stalin. However, we should look deeper in order to understand the great social benefits that have come our way.

At the end of the Cold War, there were still two great philosophies. In our Ignorance, we accepted one (Capitalism), without the other (Socialism). Karmayogi says socialism, i.e. social benefits-oriented society, is the future, though the form it takes is yet to be determined. We are right in the midst of this transition. The Great Financial Crisis of 2008, rooted in ruthless speculation and greed, may have been the turning point.

No Title

Lack of Patience creates psychological suffering.

View of Evil Individuals by Sri Aurobindo and Buddha

While under house arrest in Alipore jail by the British for alleged terrorism, Sri Aurobindo had a vision of all being manifestations of the Divine, including the murderer. ("It was there Sri Aurobindo saw the convicts, jailers, policemen, the prison bars, the trees, the judge, the lawyer etc., as Narayana. Sri Aurobindo saw compassion, honesty and charity in the hearts of murderers." -Karmayogi)

Likewise, Buddha felt deep compassion for all those around him, including those who sought to annihilate him. He felt that even the most evil individual can change from that point forward and move toward true Goodness, therefore it served no purpose to be in hateful opposition at the outset. He thereby lifted up many in darkness this way.

No Title

Every time I judge someone else, I reveal an unhealed part of myself. (Shawne Duperon)

Ignoring Gorbachev

It is very interesting that the man who single-handedly ended the Cold War, Michael Gorbachev, is reviled and ignored both in Russia and the West.

In Russia, he has pointed out the undemocratic, autocratic behavior of Putin and other governing bodies; while he has reprimanded the West for advocating "Triumphalism" of the West's victory over the Soviets, thereby excluding Russia from participating in major global issues and decisions in the world over the last 25 years.

One Negative Indicates Many Iterations

If we look a little deeper, we will see how a single negative situation opens the door to the possibility of multiple iterations of it. Eg-

-when one huge residential building burned down, killing dozens in London due to improper cladding, it quickly made the society aware of 100 other huge structures with the same problem in that city.

-when water was discovered to be contaminated in one mid-size city in Michigan, it was discovered that as many as 10,000 other cities in the USA had the same problem.

Thus, in a strange, ironic way the original event becomes a kind of blessing in disguise; i.e. a warning of how to make improvements before the iterations of the original negative circumstance turns into full-blown calamities.

New Age of Speed and the Emergence of Spiritual Mind

In the emerging business/organization world, SPEED is determining the future. Speed of insight, speed of choices and options, speed of decisions, speed of actions, speed of access to resources, speed of expansion, speed of movement, speed of reacting to change, speed of altering course, speed to team up and team down, etc.

With speed increasing exponentially as it is, the Mind's limited capacities to perceive and know are causing strains in consciousness. Thus Mind needs a higher form of itself:

- as Insight to coordinate and expand ideas
- as Light of knowledge, with solutions bursting forth as visualized understanding
- as Intuitions of knowledge entering the mind without thought
- as Revelations of Truth
- as Supramental Perception of the many-sided truth in a flash, accompanied by the full manifestation of its form in the material world.

We can learn to access these spiritual dimensions of Mind by shifting our center of awareness to a deeper poise within. Practicing non-reaction, taking the other person's point of view, and consecration makes this fully possible.

No Title

On the road to Transformation you catch every negative thought and emotion that arises inside, and cast it aside.

No Title

The truth of what is happening in any given moment is beyond the normal comprehension of mind. However, we can come to know that truth when we perceive the Subtle Indicators that are constantly revealing themselves.

No Title

Everything gets recycled in life, including us (through rebirth).

No Title

Over the last three decades, an unprecedented consolidation and concentration of earning power and wealth has made the top 1 percent of Americans immensely richer while middle class Americans have been increasingly impoverished. The two phenomena are deeply interconnected, which conventional theory fails to explain. (by Garry Jacobs - excerpted paraphrase of following article)

Silent Will

Refusing to give expression to what we want generates a greater power of accomplishment. That is the principle of Silent Will. But it is only one step in a continuum that starts with Desire and ends in Delight.

Silence of Speech -- Our Will is the will of the surface, limited, ignorant egoistic being. In the best of circumstances, it achieves a superficial goal -- a small accomplishment or petty pleasure -- and in the process, sets in motion a reaction from the Law of Karma. This is only the first step in accomplishment and spiritual progress. Yet how difficult it is merely to remain quiet and not express vocally what we want, what we believe, what we think!

Silence of Mind/Thought -- Next is to move from silence of Speech to Silence of Mind -- from not speaking to not thinking. The refusal to entertain a thought or wish evokes far greater power for accomplishment. It is still the will of ego that acts, but it is less subject to the ignorance of mind, since we suspend our thought regarding the action.

Detachment, Non-Reaction -- Next is the detachment from the egoistic desire, preference, reaction. Here we move concretely away from ego and away from mental preference toward a neutral status in which Life and Mother can act more freely in space vacated by ego. Always the response and result will be many times greater. The time required depends only on the degree and depth of our detachment at mental, vital and physical level. When the detachment is mental, you will see other people expressing your own thoughts or something far better with deep conviction. When the detachment is vital, you will see others enthusiastically embracing a far better solution. When the detachment is physical, the results issue instantaneously. The power of giving up preference and giving up reaction has to be seen to be believed. In my experience, it makes known opponents reverse themselves and offer

intense support and even those who continue to oppose take actions that fulfill our greatest good.

Consecration -- Still there is one more step from neutrality to Consecration. When we reverse our egoistic surface will and transform it into a sincere aspiration for Mother's Will to be Done. Then She acts immediately and definitively to bring a result which is unimaginable. (Garry Jacobs)

Gossiping about Another Individual

-Gossip is popular mostly for the reason that one feels superior to the man about whom he gossips. He feels he is sitting in judgement over someone. Another reason is in passing on to others the vile acts of someone else, the speaker indulges his own low tastes.

-People who gossip about someone or something do not take them into consideration at all. They talk about them or these subjects what they like to talk. So, it is 'rational' to their imagination. No one takes the least effort to be factual, fair, or rational. Everyone tries their best to be wishful, fanciful, and satisfy their wildest imaginations (Karmayogi)

No Title

Consecrate every issue/problem that arises in the course of your day. Virtually everything will work out splendidly!

No Title

Let us not be so reactive, and respond calmly, peacefully, patiently to life's circumstance.

Beyond Our Part Knowledge of the Facts

We assume what we know of the matter are the actual facts, when often there is a huge gap there in our knowledge. Are we then interested in probing what is missing to get at all the salient details? And even further are we interested in getting at the deeper truths; at the underlying meaning and purpose in the facts that are trying to reveal themselves?

Negative Response to Consecration?

Question: Can you receive a negative Life Response to an act/situation that has been consecrated?

Answer: Here are some possibilities:

-when a person who could have practiced detachment and non-reaction instead got swept in the situation and were left only to consecrate while they will still disturbed. This can attract a negative situation.

-though a perceived negative came, it actually set up conditions for an even greater positive down the line.

-if we lack faith or assert My will (over Thy Will) be done that can attract a negative.

-sometimes you can consecrate intensely in one area, only to see a negative show up in an unrelated area. (Sets of negatives often come together at once, even though they are from unrelated areas.)

-one may be on the wrong side of an issue, and the consecration brings positive result for the other side.

-one is caught up in an egoistic movement, and the consecration evokes results opposite to what one intended.

-when the karmas of other parties or the general atmosphere are not supportive to your intention, a negative can come in return to the consecrated act.

-the incoming negative response is really an opportunity when we look a little deeper.

Reader: Ultimately it is always the situation of the consecration working in your favour (.I.e. in favour of the real you, the Psychic Being, Soul), the negative is always the face of an

opportunity and/ or the activation of negative atmosphere to bring an higher positive result. If, in the "worst case scenario" (seemingly), the Ego takes a hit...the ego was meant to fall...this is still Divine action FOR the benefit of the devotee. There is no time that She does not act in our favour, such is Her nature...supremely, the Universal Mother is always for Her children, it can never be otherwise.

Response: Navin, thanks for that great insight.

No Title

Not reacting to an abusive leader's remarks and deeds - weather business manager, head of a nation, or other - has the cosmic power to dilute his/her effectivity. I have repeatedly seen this dynamic at work.

No Title

Withholding legitimate criticism causes the other party to soon act according to one's own wishes in that area. It is a form of "Silent Will."

No Title

Silicon Valley consciousness - start up values, individuality, entrepreneurship, creativity, risk-taking, failure-tolerant, change-the-future culture, et al - is spreading rapidly from California to cities and nations around the world.

No Title

The Great Transition is from doing things the human way to Mother's Way.

Living the Mother's Path

In this compendium of thoughts from the Supramental KnowledgeBase, a number of the keys for following the Path of the Mother are revealed. This knowledge is primarily for those who are followers/devotees of Sri Aurobindo and The Mother, though anyone can benefit.

I would like to thank the Mother's Service Society (entries marked "MSS") - especially Sri Karmayogi and N. Asokan - for providing much of the following material. Items with an unmarked author are written by myself. -Roy Posner

(downloading after opening this file can improve quality)

<https://1drv.ms/b/s!AjayTOYvR8hz9xltUfPef2DFNgu0>

No Title

From the perspective of the Psychic Being (evolving soul), there is no good or bad happening to you, but rather circumstance unfolding that are leading to your further progress.

Reader: Evidently, my freshman algebra teacher was not a Psychic Being. I progressed to taking the class over in Summer School in Jamaica H.S.

Response: Your soul perceived taking the course over was the necessary path to further your growth at that time.

Just like my failing [western] philosophy twice in a row at Syracuse U., as I was years later to become somewhat of a philosopher!

He/She works in mysterious ways, which the psychic being within winks at.

Psychic Being and Experience of Simultaneous Time In Film 'Arrival'

INTRO

Here we will explore the mystical meaning of the science fiction film 'Arrival', in terms of the notion of time (past, present, and future), and our capacity to perceive all time in the present by moving to a deeper consciousness.

SYNOPSIS

Arrival is a 2016 American science fiction film. It follows linguist Louise Banks, who is enlisted by the U.S. Army to help translate communications from one of several extraterrestrial craft that have appeared across the world. She must find out why they have arrived on Earth before tensions lead into war.

The movie begins with the arrival of 12 extraterrestrial spacecraft at various places in the world. Each country is trying in their own way to come to grips, to understand the purpose of the arrival of the gigantic alien vessels.

The United States has chosen Louise, a school teacher, as well as the physicist Ian for the mission to decipher the aliens' voice, and to interpret their purpose of arrival.

After arduous trial, Louise succeeds in making the first breakthrough by making the "heptapods" (the aliens) write on the screen. However, their language is in a strange format, in the form of circular symbols with no beginning and end.

As Louise is trying to understand their language, she starts to see the subtle images of a girl as well as many other things. Through those subtle images, she understands the heptapods language.

However, in the meantime all 12 countries shut down their communication system out of fear and global threat; plus, the US is also preparing to withdraw.

Louise manages to reach the spacecraft alone, meets the "heptapods" and finds that they have come here to help humanity by offering a means of going beyond time; i.e. reach a state of what could be called "simultaneous time" – i.e. the experience of past, present, and future experienced in the present moment. They also came because they knew they would need the help of humans help 3000 years from now.

They have chosen Louise to be the liaison with humanity in order for the countries to co-operate together in that mission. She would also be the conduit by which she could see into the future, which she does. Louise comes to know that all the subtle images she is seeing belong to the future plane as she comes to understand it, including her family life.

She also plays a vital role by calling to Chinese General Shang to stop the global war through the images of the future.

The movie ends by showing her family life several years later, with her daughter dying due to a rare disease; just as she had seen in her visions.

The movie also ends with the message that "Weapon opens Time". (It turns out that this is not a destructive weapon, but a term indicating something like a tool; though the nations mis-construe it or misinterpret the term and expression as a harmful thing.)

COMMENTS

As an analogy, I thought that the Weapon refers to our "Psychic Being," which is our evolving Soul, our True Self within. And one profound aspect of this Psychic element within us is that it knows our Present, Past and Future simultaneously. I.e. it enables us to be in a wider framework of Time, sometimes called "Simultaneous Time," where in any given moment we have the full access to the truths of the past, present, and future in the eternal Now; the ever-Present.

How then can we get in touch with our Psychic Being that has this experience of "Time"?

As we are immersed on the surface activities and ignorance, we cannot hear its clarion call, missing the messages that are emanating from the depths within us. Yet, at times we receive

hints of the Psychic Being's workings; its influences and messages in our lives; its profound connection to our destiny.

How then can we more actively perceive the Psychic Being's intimation?

When we are intensely concentrating on a way to solve a problem, we can give up our reliance on Mind, including the ability to think. At such moments, - when we lost faith in our personal capacities, - the Psychic Being within us comes to the surface and whispers subtly to us, which we perceive in the form of a sudden idea or subtle vision.

In Arrival it was not clear whether Louise had that power naturally or through the aliens. I therefore thought of the following. Louise was running out of time to decipher the symbols of "heptapods," though she was trying earnestly.

At one point in time, she could not figure out anything more, and so she gave up on that approach. As a result, suddenly she started to see the images of a little girl (an image from future) and as a result, she started to perceive the meaning of current issues she had been struggling with.

In the beginning, the images came to help her to solve heptapods language and decipher its meaning. However, as the movie progressed, she eventually came to know about her own future life, including its purpose. (including deciphering heptapods language to make it known to the world, and as a result stop a potential global war.)

If reaching a dead-end with her mind to solve problems was one factor, what other traits in Louise's nature which helped her connect with the Psychic?

- One is probably her genuine willingness to try to understand and solve the issue,
- A second is her willing to never give up and try earnestly
- A third is her propensity not to think materialistically alone like others (who eg had thought of the aliens' arrival as a material threat).
- A fourth is that at one point, when she was not making any progress, she began to approach the problem from the alien's point of view (and as a result finally succeeded in making contact, causing them to communicate and write their concepts on the screen).
- Though her team and she were making progress in deciphering the language, one by one all the countries shut down their communication system. And yet she continually tried her very best to make all the countries collaborate.

Through these higher personal and spiritual methods, her Psychic Being came to the surface, compelling her to make a call to Chinese General Shang in the present that would reverberate into the future, when at that time his and then the other nations stood down from war.

One question that was puzzling from the movie is, why Louise had embraced her family life despite knowing the fact that what life was going to bring to her (her daughter's sickness) in the future. I understood from Garry Sir's Savitri lecture that Life is presenting the means for our progress in the best possible way, according to the state of consciousness we are in. It doesn't mean that there could not be any other better way.

For example, why Darcy had to go through a year of struggle to marry Elizabeth despite the fact he was introduced to her in the very beginning. It was because it came from the consciousness of Jane Austen, who had written the story 200 years ago, and that was her best possible way she imagined the transformation of a man like Darcy. What if that story had happened now? What if Darcy would have known about Life Response principles? The course of events could certainly have been different.

In other words, the Divine's plan is not carved in the stone. As we rise in consciousness, the Divine's plan changes in response to it, and we continue to evolve progressively because in essence we ARE the Divine; we are the author; we are the creators of our own story. It is our choice that matters.

So in the movie, could Louise have acted differently to save her daughter? Definitely yes; provided she followed higher spiritual values like Faith in the Divine, not relying on the known medical facts, past consecration, and so forth.

FURTHER THOUGHTS

- Why did the Heptapods use the term "Weapon"? Wouldn't they know they would use the nations to react?
- Perhaps the reasons they would die off in 3000 years is their ignorance indicated by their inability to use a non-threatening world, instead of Weapon.
- The Heptapods knew that the weapon would go off and that one of them would die as a result. They felt it was inevitable, which would teach the humans that one can know the future, which would help gain the trust of the humans, so they could help the heptapods in the distant future.
- (Consecration would overcome such inevitability – Destiny over Fate.)
- It is possible that they never meant "Weapon," and it was misinterpreted as such. That it was more like a tool, or system or other positive aspect.

(by Senthil Murugan, with additional thoughts by Roy Posner and Susan Lamkey)

(from July 1, 2017)

Key Methods of Attracting Sudden Good Fortune (Or Avoiding Negative Outcomes)

- increase levels of cleanliness and orderliness
- do not react to the intensities of others
- take the other person's point of view
- consecrate an upcoming act or event; or problem or situation
- take an important action rather than hesitate
- shift your attitude toward another away from the negative
- feel gratitude for what you have, instead of what you don't have
- shift from lying, deception, not being forthcoming, to being truthful
- take responsibility instead of blaming
- avoid complaining
- avoid cynicism and sarcasm
- remain positive, cheerful, optimistic in a difficult situation
- for nagging problems consecrate exactly at the top of the hour, every waking hour
- make the extra effort to complete something, or clarify, or create the intended outcome
- know when to proceed or recede based on the subtle signs
- embrace in life's requests initiatives, which always succeed and avoid your own initiative, which succeed less often
- clarify thoughts, ideas that are now unclear or confused.
- take responsibility for outcomes, rather than blaming or complaining
- examine your past fault in a matter and consecrate it (past consecration)
- avoid squandering, wasting resources
- move from surface perception to a need to want to know the actual truth
- do not have any ill will towards anyone
- well up good will inside, and send it to a deserved individual.
- get to the psychological cause of a physical illness, and overcome the negative quality in one's self.
- keep absolutely still in a difficult situation (detachment)
- take responsibility even when you are not responsible (super responsibility)
- use the spiritual Force to alter the conditions of the environment (from lacking rain, fires, floods, lack of electricity, etc.)

- shift from self to self-givingness
- catch any ego movement within
- speak softly in a low, soft voice
- reduce the amount of words you speak
- hold back from expressing one's opinions
- avoid saying anything negative about another person
- feel an intense aspiration for something to come about
- focus your actions and activities down to the essentials; focus on what is most important
- move from an active mind to when of stillness of thought; i.e. silence
- refrain from speaking out what one wants or believes, causing others to speak it out for you (silent will)
- show tolerance and patience when dealing with other people
- change any limiting quality of your being
- collect all funds due to you, payout all that you owe, and circulate money instead of hoarding it.
- avoid cheating and corruption of all kind
- shift from weakness to psychological strength
- make the extra effort; go the extra mile
- be still, without desire when important decisions are being made, when important outcomes are moving toward fruition
- don't over-anticipate an outcome
- don't celebrate prematurely; wait till the success has fully come
- listen first; speak second
- move your center of awareness away from the surface and to a deeper poise within to have the greatest insight and create the best solutions
- still the mind so that you are able to intuitive knowledge without even thinking.
- shift from fear to Faith
- shift from suspicion to trust
- identify the bad apples in a bunch and take the necessary action
- always make the right, higher consciousness crossroads decision
- don't rush to share your work, knowledge, success with others; let it simmer
- shift from conflict, contradiction to neutrality; or better yet to harmony
- don't assert your position; let it stand as once expressed
- see how life around you is expressing your consciousness within, positively and negatively; then avoid the negative aspects, while enhancing the positive ones
- avoid excessive energy-depleting activities
- organize (list, categorize, prioritize) the activities of your daily and longer-term life
- plan out and strategize, instead of merely jumping into action and doing
- consecrate any overpowering desire or negative attribute you identify in yourself
- maintain a generally positive attitude; i.e. be optimistic
- be sincere about your intent, rather than being facile
- identify the values you deeply believe in and figure out how to implement them in your daily life
- embrace change rather than resist it
- be still and consecrate every situation you find yourself in
- shift from unwillingness to willingness
- expand your horizons; don't limit yourself to what is comfortable

- change the habit and routine with something new and fresh; or do what you normally do with fresh perspective and energies
- respond positively to every opportunity coming in
- avoid ego movements of every kind
- perceive the soul of every person you engage with
- make sure you have all the facts, rather than assert our part or missing knowledge
- make a decision for improvement in a given area
- think of the other person and their needs first, yours second
- have faith that all will work out fine
- be open-minded and tolerant
- let go as necessary
- focus on your inner being, your soul, and observe the world, others from that poise
- when necessary, change your point of view
- focus on life response possibility (sudden good fortune), which will tend to attract it
- focus on giving rather than taking
- avoid giving to a person who is hostile towards you
- avoid recalling negatives of the past, lest you are suddenly compelled by life to relive them
- disappointment attracts more disappointment
- discover the truth about something, which can change your perspective
- go out of your way to help someone in need in your normal domain
- trust that things will work out well
- catch any negative thought or emotion, and cast it out
- shift your view from limited possibilities to limitless
- shift from pessimism to optimism
- avoid gossip of all types
- avoid interfering in others' lives
- have deep faith in higher power when things are critical
- accept, embrace the givens of life; that which life has put before you
- give greater attention to others
- give greater attention to objects, things

Garry Jacobs' Forward to Book 'The Miraculous Phenomenon of Life Response' by Roy Posner

All of us can recall some inexplicably wondrous moment in our lives when circumstances seemed to miraculously conspire for our advantage. Some call it luck or chance. Others name it fate, karma, fortune or the grace of God. No matter what we call it, wouldn't it be great if life would cooperate with us all of the time? That is the possibility offered by this book.

Life Response explains in crystal clear terms the true nature of our relationship with the world around us. It depicts life as a mirror. It tells us of the precise one-to-one correspondences between our inner consciousness and events in the world around us. It presents us with the secret code needed to decipher these correspondences. But even more importantly, it presents us with a set of inner keys for mastery over outer life -- it provides us with the remarkable knowledge of how to make life respond.

This is a marvelous book on a topic of extraordinary importance. It presents a knowledge that has been totally missed by modern materialistic science because it contradicts with conclusive evidence the scientific premise that the world around us is inanimate, unconscious, and totally disconnected with what we think and feel inside. This knowledge has also been largely ignored by spiritual traditions who in their quest for divine connection and immortality, sought liberation or escape from life in the world rather than earthly fulfillment.

Roy Posner has been studying the phenomenon of life for decades and meticulously gathering real-life evidence to document the validity of life response. His book is rich with real world personal experiences, as well as examples from biography, history and literature. Together, they provide overwhelming evidence that he is on to a profound truth of life.

Regardless of whether you are an entrepreneur trying to master the intricacies of the market, an aspiring artist seeking to create something unique, a teacher trying to inspire the youth of the world, an intellectual in quest of knowledge, or a householder striving to raise a happy and harmonious family -- this book offers a profound, invaluable knowledge for everyone. – Garry Jacobs (author of The Vital Corporation)

Startling Completion Dynamic that Leads to Perfection

When you have created a work, - such as a detailed article, or the steps of a procedure, or similar, - life will often send you an individual having to do with a completely different matter, that ends up revealing a single important point that was left out of the first work, thereby moving it to perfection.

Here's a true life example: A man made an extensive list of factors which can evoke instances of sudden good fortune; i.e. "Life Response." At the same time the man was having a detailed discussion with a woman on a completely different matter. In that discussion a key transformative method had been discussed.

Well, it turned out to be the single key life response method that the man had left out of his earlier list, thereby moving it closer to perfection!

Steve Jobs, Focus, and the Process of Creation

"Focusing on a very few things (to make them great) doesn't mean saying yes. It means saying no." (Steve Jobs)

Jobs here means focus on a few things and make them great, while putting aside all other matters.

We can explain it philosophically: There are three essential processes in creation - self-conception, self-limitation, and self-absorption. Self-Conception is to conceive what we want to achieve. Self-Limitation is to focus on that aim to the exclusion of all other things. Self-Absorption is to completely lose one's self in bringing about success in the work you have chosen, focused on.

Perfect outcome are the result. By following the triple Process of Creation, Jobs was able to produce such extraordinary results time and time again.

To Be Titled

Probing deeper and deeper into a matter progressively gets you to the essence of the truth. Being intuitively open delivers you there automatically.

To Be Titled

The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that honors the servant and has forgotten the gift. (Albert Einstein)

To Be Titled

Analytic, systematic thinking need to be replaced by holistic thinking. The former captures pieces, fragments of the Truth, the latter their Essence and Integral Relationship.

To Be Titled

Mind falling into Silence opens the doorway for intuitions of knowledge; i.e. answers, solutions, essence, truth, et al entering the mind from out of nowhere, without the need to think.

To Be Titled

From the perspective of the Highest Consciousness EVERYTHING is Divine, even the undivine, as both move the world forward, whether through action or reaction.

Influence of Negative External

In addition to your own wrong attitudes - towards others, life, work, self, etc. - that attract negative conditions, you can also fall victim to negative External - such as others' ill-will, a poor surrounding atmosphere, and other wanting outer conditions. As a result of such influences, you can suddenly fall ill, feel angry, make mistakes, have accidents, etc.

Knowing the difference between the inner cause and the outer influence takes a subtle perceptive sense that comes with experience, knowledge, and spiritual growth.

Naturally, this inner and outer causality has its equivalent in the positive direction

To Be Titled

Sometimes you are required by life to have social or business relationships with individuals whose viewpoints you are at odds with. If you hold your opinions to yourself and act cordially, you'll get the best out of the relationship, up to the point where the differences may become too great.

On the American Election and Frustration with the Establishment

The American society has put its trust with an unstable political leader because it has been so frustrated with an out-of-touch establishment who have lorded over ever-increasing division between rich and poor/middle class, skewed income/wealth distribution, stagnant wages, unemployment, skills-gap, lack of savings and wealth, etc. that have all grown acutely over the last 25 years.

The first impulse has been to become isolationist with the slogan America First; when solutions to these acute problems actually depend on even GREATER cooperation, coordination and integration among the nations and global institutions of the world.

To Be Titled

Unstable rogue nations with nuclear bombs and delivery will continue to proliferate as a negative life response to non-reduction of US, Russian, and European and Asian stockpiles of atomic weaponry.

To Be Titled

Most of the problems in the world can easily be solved through greater harmony among nations. Eg the great Financial Crisis of 2008 was not so much due to lacking laws in the US, but to unregulated international speculation by the Japanese, Chinese, and Saudis, and others at the time. International cooperation and regulation could have prevented this very serious crisis, reminding us once more of Sri Aurobindo's famous dictum that "all problems in life are problems of harmony."

Reader: Global Society via collective IMF, World Bank, Central Bank coordinated global policy. Not sure which, but it is evident by shared post GFC policies in Western Democratic Countries like Canada, Australia, and NZ. (particularly post last US Fed Bank "Open Market Operations" in 2011). Screwed them all up btw.

Response: Good point. Global Institutions, like nations and other organizations must also evolve out of their limitations. I am also referring more to political, social, and cultural orgs like EU, UN, ASEAN, APEC, etc. - not just economic, - like eg a number of them in this list:

<http://www.un.org/depts/los/Links/IGO-links.htm>

Also new global organizations, that are more in tune with Human needs, will also emerge.

Perhaps even Global Governance, like a World Parliament can begin to form to legislate global solutions, whereas the problems are far too great for individual nations to solve.

And Global Society is rapidly emerging. Internet, entrepreneurship, individuality, startup culture, et al.

World Unity is progressively emerging from behind all conflicts.

To Be Titled

An Ignorant individual will defend his ignorance as Truth, even when a wide-range of well-informed individuals perceive the opposite.

To Be Titled

The best way to learn a subject is to Teach it. It not only forces you to become very familiar with its content, but you learn through unexpected student questions on matters that you hadn't addressed before.

To Be Titled

A rational, non-ideological individual readily shifts to the opposite view when his knowledge and experiences confirm it. The irrational, ideological person will change only when he is continuously pounded by life.

To Be Titled

Corporate focus on the bottom line, instead of People is further skewing the wealth distribution in the world. (from 10% to 5% or less of the population owning 90% of the global wealth). This may signal a gradual end to Capitalism, and a rapid movement toward a Human-centric economic system.

To Be Titled

Freedom and Fairness are made for one another in a harmonious society. In an un-harmonious environment - as we are increasingly experiencing now - these two laudable human Values are at odds with one another.

Reader: It's interesting to note the emphasis right now on job loss and AI/Robots and the need to reinvent the shareholder model. Mark Zuckerberg today discussed the benefit of Alaska's Energy Dividend - allowing all to benefit from resource wealth. Eion Musk seems to be of the same belief. However, existing leadership struggles with the need to share from their past belief in "Game of Thrones". Winter is thawing and summer is dawning with new think. "The irrational, ideological person will change only when he is continuously pounded by life."

To Be Titled

Proliferation of nuclear weapons among powerful nations is the greatest threat and danger to the world. Moreover, it lures other less-powerful nations into wanting the same.

To Be Titled

Depend on Mother/the Force alone at each moment, and your outcomes will always be splendid.

To Be Titled

Mother in 1969 Agenda called man's obsession with landing on the moon "childishness;" implying that our focus on getting to the physical/outer frontiers was but a trifle compared with discovering the Inner ones.

To Be Titled

As revealed in 1969 Agenda, the Mother discovered a plane of being where living devotees and deceased ones interacted with one another on a regular basis, carrying out mutual plans and projects.

To Be Titled

Through Deeper Consciousness, we perceive the Harmony in the apparent randomness and chaos of Life.

To Be Titled

Years ago, when meeting a customer in my sales effort, I would consecrate to Mother what was about to happen. The results were invariably miraculous-like.

To Be Titled

Emptiness, what is lacking is opportunity. What is completely empty is Infinite opportunity.

Perceiving the Whole Truth of Things

For one to truly perceive a matter, situation, idea, et al, one needs to have the capacity to see the whole of the truth of things being presented, including all aspects, missing none, with an intuitive capacity to discover that Totality.

Normal human logic on the other hand is to simply make linear deductions, and to be satisfied with pieces of the whole, with fragments, to come to any conclusion. Thus it is always missing the total Truth of Things, satisfied with the part, even a part that is itself false. Wrong strategies and actions invariably follow.

There is an inherent bias in our mind to pick out those facts, information, ideas, that are consistent with our own framework of belief and knowledge, rather than be open to new possibilities. That bias of Mind keeps us in the Ignorance.

To Be Titled

To think as much about what ISN'T there as compared to what IS, puts us in touch with, awakens us to Infinite Possibilities.

To Be Titled

Throughout Sri Aurobindo's teachings there is one essential element and theme: There is an ascending Aspiration of man for the Divine, and, as a result, a descending Grace, impacting, divinizing our lives. This is the basis of the Evolution and Transformation of the individual and humanity.

To Be Titled

We become conscious in the measure we are capable of overcoming our limitations and growing into something wider. (Garry Jacobs)

To Be Titled

The Supermind is the gateway by which the Transcendent Divine manifests itself in Life. (Garry Jacobs)

Comment: In creation process, and through our lives

To Be Titled

When you take seriously a laughingstock - whether he/she is allegedly clumsy, foolish, stupid, handicapped, class or race prejudiced, etc. - the organization will quickly zoom to the top of its field, or accelerate beyond recent past success.

To Be Titled

Showing dignity toward those who have been the victims of unfair or unflattering ridicule attracts success for all parties.

To Be Titled

It takes less energy to Complain; more to restrain ourselves and dissolve that psychological anguish.

To Be Titled

Like all in the universe seen and unseen we have lost touch with the fact that all are manifestation of the transcendent Sat-Chit-Ananda; formations of that Being, Conscious-Force, and Bliss.

To Be Titled

Mother, through our collaboration, has come to permanently overcome disease, suffering, and death; replacing them with their divinized, supramentalized equivalent.

To Be Titled

The Divine, Mother may give us a great boon due to a method we practice that evokes Her Power. But to have it continue and expand, to repeat, etc. we will have to shift to something greater, to a higher consciousness; which means shedding a negative trait, or acquiring a new positive one.

In other words, for a one-time blessing to continue or repeat, we need to move to the next higher level. Then in tandem with a method, the psychological and material grace will be never-ending.

To Be Titled

Karma is not just the result of everything we physically do, but everything we think, and feel, and believe. It is child of all our past energies, - physical, vital, mental, and spiritual - in this life, as well as previous births; that meet and have a consequence in the now.

Thus, to change the future we have to overcome the momentum of past energies. We accomplish that by raising our consciousness to next higher levels.

To Be Titled

Mother did not come merely to give boons to her followers, but to permanently overcome darkness, ignorance, falsehood, suffering, disease, and death; replacing them with their supramental equivalents, leading to a divine life on earth.

To Be Titled

When the supramental force is evoked, it creates solutions and outcomes that work on many fronts simultaneously.

To Be Titled

When we open to Mother in difficult circumstance it creates results that affect each of the parties in different ways; in some, giving direct positive benefit; in others, revealing ways they ought to or have to change.

Change of Attitude Brings Instant Relief

A woman informed a man over the phone about some severe back pain that has immobilized her and forced her to take rest. When he asked for the reason, she could not say anything other than stating that she moved some plant pots in her garden.

On coming to know about her back pain the man's wife told the man that the woman had the habit of forcing her domestic maid to wipe the floor clean in her big meditation hall by bending down and wetting the floor with water and then later on wiping it with towel. The man's wife had earlier told the woman that mopping would be a much easier task to carry out instead of kneeling on the floor and wiping with hands. The latter would be a more difficult task which will cause more pain to the domestic maid involved. But the woman did not listen to this advice and insisted with the maid that she should continue to clean the floor in the old way. The man's wife said her back pain could be the karma for forcing this hard labor on the maid. The man conveyed this news to the woman. She saw the justice in what the man said and immediately reversed her stand on the issue and decided to tell her maid to do mopping from the next day.

The very next morning she woke up without feeling any back pain and was amazed by this life response. She communicated this to the man and he thought it would benefit many other individuals/devotees who have developed physical disorders through wrong attitudes. (N. Asokan, MSS, slightly modified)

To Be Titled

We think taking more will earn more, and it can; but earning more by Giving to a greater degree also creates wealth, but without the Dark side.

To Be Titled

Don't be burdened by the past; just learn from it in the present, and implement its lessons in the future.

Thoughts on the Nature of Problems

- Without problems there would be no progress.
- If there weren't any problems, most people would just stagnate.
- Problems are opportunities in the disguise of difficulties.
- From the Divine's perspective, there are no problems, just new opportunities unfolding.
- Higher Consciousness quickly turns problems into opportunities fulfilled.
- Through Supramental Force, the Mother, problems quickly dissolve; their shelf-life is minimal
- Normal life is an unfolding from problem to problem; whereas the Sunlit Path (constantly opening to Mother, the Force), the movement is mostly from positive to positive.
- Through Sunlit Path, culminating in Supramental Life, problems are constantly seen as opportunities, and regularly transmuted into positive results and progress.
- Problems reveal limits in our consciousness. They are therefore opportunities for personal and spiritual growth.
- Acting on a problem with right, higher consciousness evokes startling positive response (sudden good fortune) from life.

To Be Titled

As long as you long for something or take initiative to reach something, God comes to you as strangling hands. When the initiative ceases and turns inwards, life's touch is a caressing marvel. (Karmayogi)

Sri Karmayogi On Solving Problems Inwardly

[various extracted]

- Man has problems to solve as long as he does not understand. In the areas he understands, he ceases to perceive problems and strangely there will be no problems to perceive, i.e. the problems dissolve by the changed perception of man.
- Changed perception dissolves the problems in the mind; changed sense perceptions generate joy in the nerves; changed physical sensitivities bring about an inner and possibly outer transformations.
- When the aspiration for the Mother is greater than the anxiety to solve a problem, the problem dissolves.
- Anxiety and Mother are the lower and higher ends of your own inner consciousness, one that creates the problem and the other that can solve it.
- Man wants to solve problems; and creates more.
- The first condition to solve a problem is to forget it, the second is to turn to Mother. When one is happy to think of Mother, no problems can ever exist in one's life.
- Those whose problems remain unsolved are those who forget Mother and think of the problems. It develops the problems. They are unconscious about their forgetfulness. By calling Mother, problems will be solved.
- Each problem that we face brings to us a certain truth hidden by falsehood. We must seek the Truth behind the appearance. That Truth will be found inside us as it is a universal Truth. The problem will not be there once it is seen.
- Problems will cease if one does not stop growing is a rule of life. Problems become universal opportunities when one begins to grow in his being.
- Receding problems is rising faith.

To Be Titled

For each problem that arises, shift from trying to solve the problem to Mother. The problem will get resolved and/or new opportunities, benefits will arise.

Beyond the Habit of Death toward Willed Immortality

- Death is not a law. It is only an ancient habit - meaning it is not inevitable or necessary - and therefore can be overcome.
- Now death serves a purpose; namely for our progress, as that limitation compels us to act and change within the strictures of time.
- We are reborn to further that progress.
- Thus death serves as a process of life; a process of progress.
- However, we are not bound to that habit; even that process. We can alter that process in a continuous single life.
- We can do so through intense evolution of conscious, including at the material level.
- We can use supramental power to sustain unending progress in a single, continuous life.
- The very cells of the body can be trained to cease its decay through that divine power; overcoming its habitual nature of disease and decay.
- Even the organs and other structures of the body can reconstitute itself and evolve into higher formations of itself.
- Mother fully engaged in this radical transformation of willed unending life, and made startling progress.
- Now we can take up where she left off. We can make small experiments. Many devotees have seen startling results.
- However, the true supramental change requires a descent of some divine individual to help us forward; to come with a supramentalized body that we can begin to emulate.
- Mother had many visions and direct material experiences of what that being is like; both in physical nature and character.

Change of Behavior in One Area Attracts Startling Revelation in Another

One of the profound dynamics of the Life Response phenomenon is that if you change your behavior in one area of your life, it can attract startling results that resolves a great issue or problem in another. This is magnificently portrayed in the recent Indian film 'Lion,' a true story about an orphaned Indian boy and his quest to reunite with his birth family. Here's the story:

In 1986, Saroo, a five-year-old boy lives with his elder brother Guddu, his mother and his younger sister in Khandwa, India. Guddu and Saroo sometimes steal coal from freight trains to trade for milk and food so the family can survive.

One day Saroo follows his older brother to a job and they arrive at a nearby train station, where Saroo decides to stay back and take a nap. Guddu tries to wake him up, but Saroo is too tired. When Guddu does not return, Saroo searches for him and boards a train presuming Guddu is aboard. Saroo falls asleep again in one of the compartments, and wakes up to find the train in which he was sleeping in motion.

After several days, the train arrives in faraway Calcutta, 1200 kilometers to the east, where he does not understand the local Bengali language. (he speaks Hindi) Saroo then stands at a ticket counter and tries to obtain a ticket home, but the attendant does not recognize the name of his village, which Saroo says is "Ginestlay." He spends the night in the station with some street-children, but is then woken up and forced to run when a group of men try to kidnap them.

Saroo continues to wander around the city before coming across Noor, a seemingly friendly woman who brings him back to her apartment. She tells Saroo that a man, Rama, will help him find his way home. However, Saroo, sensing that Noor and Rama may have sinister intentions, runs away.

After two months of living near the Howrah Bridge in Calcutta, Saroo is taken to the police by a young man. Unable to trace his family, they put him in an orphanage. Three months later, Saroo is introduced to Mrs. Sood, who tells him she has placed an advertisement about him in several local newspapers, but no one has responded. She then tells him that an Australian couple is interested in adopting him. Mrs. Sood then begins to teach Saroo English. Saroo now moves to Hobart, Tasmania (an island state of Australia) under the care of Sue and John Brierley where he slowly settles in. A year later, the couple adopt another boy, Mantosh, who has trouble adjusting to his new home and suffers from rage and self-harm.

Twenty years later, Saroo, now a young man, moves to Melbourne to study hotel management. He starts a romantic relationship with Lucy, an American student. During a meal with some Indian friends at their home, he comes across jalebi, a delicacy he remembers from his childhood. He confides that he is adopted, and his friends suggest he use Google Earth to search for his hometown in India. Saroo then begins his search to discover his Indian origins and family. However, in that process, he disconnects from Lucy, as he is overwhelmed by the thought of the emotions his family in India must have gone through while he was missing.

Now comes the part of the story that shows the power of Life Response; i.e. the capacity to evoke good fortune from out of nowhere.

Even though Saroo and Lisa have separated, she urges him to bond with his foster mother Sue, whom he has been estranged with due to his repulsion to her dedication toward her autistic adopted other son. Saroo then visits Sue, whose health is deteriorating, and learns that she is not infertile, but had chosen to help others in need through adoption, believing that there were already too many people on earth. As a result of this meeting, he drops his resentment toward her and the two bond as never before.

We know such shifts in consciousness from resentment and anguish to goodwill and harmony portend a great opening and response from life. And that is exactly what soon happens.

After a long period of fruitlessly searching for his hometown, now, after this meeting with Sue, Saroo decides to use Google Earth to locate his roots. He then suddenly and most intuitively zooms into an area that seems familiar. He then notices a region of rock formations where his biological mother worked; and then further zooms in and discovers the tiny village where he lived: in the "Ganesh Talai" neighborhood of the Khandwa district. This is his

hometown area that he was calling "Ginestlay" since he went on his train misadventure as a child.

Discovering the exact location, Saroo journeys back to his hometown in India, where he has an emotional reunion with his biological mother and sister, though he also learns that Guddu was killed by a train the same night that they went to the station as children. It turns out that Saroo's mother never gave up hope and believed that one day her missing son would return, and therefore never moved away from the village.

The instance of sudden good fortune ("Life Response") took shape in the form of the quick discovery of his family's whereabouts by intuitively discovering his roots 1200 kilometers east of Calcutta. And yet what enabled that response from life to occur was his earlier shift from antagonism towards his foster mother to re-bonding with her, and feeling deep affection for the woman who raised him for the last 20+ years. That shift in consciousness created an opening in Saroo's being that would soon enable him to intuitively discover the whereabouts of his family's location.

Life had responded overwhelming to his shift in consciousness to the positive. Then all that followed unfolded like a miracle.

[thanks to Wikipedia]

Comment: from Senthil Murugan)

Thank you Sir for nicely capturing the story, I just watched the movie.

Saroo had used all his mental efforts, focus and tried to locate his hometown. Day by day his focus, as well as his emotions, got intensified, yet he could not locate his hometown. When he had met up with her foster Mother Sue and understood about her point of view and the truth behind wiped out all his negative feelings towards her and his brother. Due to that, he almost wanted to give up his mental efforts (i.e. search). When he was browsing on his computer without any aim, life suddenly out of blue had shown the rock formation and the rest was history.

The next day when Sue visited and saw all his efforts, he confided in her that he didn't want to share them earlier as not to hurt her feelings. Probably that was the psychological blockage that had prevented him from finding his hometown despite his mental and emotional efforts. When he was in alignment with her Mother's view and also with life, it overwhelmed his psychological blockage and then life had revealed the answer for his search instantaneously.

Response: In summary we can say that if your shift from ill-will toward someone close to you to understanding and even goodwill, good fortune can suddenly come your way, and your life can suddenly turn around, as was the case here.

To Be Titled

Withhold an opinion and its truth value will silently spread. Express it boldly and it will soon meet with opposition.

To Be Titled

The more you think about, worry about a problem, the worse it will get. Best to practice "non-reaction," and offer the matter to the Higher Power, the Mother. All will then work out for the best, as it should.

To Be Titled

If only our eyes are open to those processes, clues and keys, the year 2500 A.D. can be Now. Poverty, disease, illiteracy, tension, discord, problems can vanish in 5 or 10 years from the face of the earth. (Karmayogi)

Life Response: Confirmation from the World of Science

Now that we know that life response is a real phenomenon of life, and it is based on a fundamental oneness between the inner and the outer, several other issues suggest themselves. For example, though we have identified the mechanics behind this miraculous-

like event, we have not yet identified the force or power that enables it to happen: i.e. the substance that binds the inner person and the outer world. Second, we still do not know why a particular object or individual -- in this case, my agent -- suddenly appears on the scene and works on my behalf. Why not someone else; or no one at all? Finally, we do not know why this individual or object brings me good fortune. Why not something neutral, or even negative?

Surprisingly, recent developments in the world of science may shed some light on these issues. Extraordinary findings in the field of quantum physics -- i.e. the study of the very small -- confirm that there can be an instantaneous connection between physical objects that are extremely far apart. For example, for over half a century scientists have known that a shift in the "spin" of an electron of an atom can instantly affect the spin of another electron of that same atom even if the two particles are on opposite sides of the world -- or the other end of the galaxy! Like the principle of inner-outer correspondence, the phenomenon of "non-local connections" between objects corroborates the fact that there is an extraordinary, super-subtle relationship between objects, defying our commonly held beliefs about what is possible; of how cause and effect interrelate; and the nature of space and time.

The difference, however, is that whereas the scientific view of non-local connections indicates that changes in material properties -- like the spin of atoms -- can affect related properties of objects thousands of miles away, the principle of inner-outer correspondence extends that to include non-material changes as well, including variations and fluctuations in our feelings, emotions, attitudes, thoughts, and beliefs. Thus, if I change my emotions and attitude here, it can instantaneously connect with and attract good fortune from another object or individual from anywhere on earth.

(Excerpt from book 'The Miraculous Phenomenon of Life Response' by Roy Posner)

To Be Titled

A truly conscious person will tend to be, aim to be the last person to speak.

To Be Titled

We are so happy when Mother works for us, gives to us; but not so happy and motivated to work for Her; i.e. to change our nature and become what we should become.

To Be Titled

All of Nature (Prakriti) is organized to habituate the past, to repeat all things, to perpetuate the unconsciousness of life. And yet the divine Mother has come to change that entire machinery; to convert this mechanical Nature into the Conscious-Force of the Supreme; to manifest a Life Divine on Earth.

From Our Mechanical to Our Spiritual Nature

Just as Nature/Life is machine-like, habitual, and mechanical in its functioning, so too is Human Nature. We act similarly: whether in our thoughts that are mechanical and repetitious, in our emotions that are limited and the same, or in our life energies, where we repeat in the same rounds of behavior and action. This is the case because we are products of Nature/Life, and share in those same limitations.

That is why the first thing we must do to rise out of this fixed, habitual existence is to become more Conscious. We do that by shifting away from the surface of life, where we are concentrated in satisfying our ego and indulging our Ignorance, and detach from that nature, moving to a deeper poise within where we discover our soul.

From that deepest depths we then call down the Higher Force of the divine Mother, setting us free from the mechanical, habitual, repeating influences, opening us to a vast, wider existence that is spiritual, supramental in nature.

After Sri Aurobindo Left and Mother

He [Sri Aurobindo] didn't leave the work [after his passing], you understand; he has never left me, never left the work. The amount of supramental force he had accumulated in his body he passed on to me – and I received it. The rest went into the subtle physical, where he has done the whole work. And he said, "I will take on a body again only when it is a supramental body."

(Mother, from Agenda, August 27, 1969)

To Be Titled

The true nature of the universe comes to us through values; especially spiritual ones.

To Be Titled

We enjoy agreeing with ourselves, while steadfastly being skeptical of others' opinions. It is another form of the irrepressible, separative Ego at play.

Statistics and Truth

[My reply comment on how statistics can help bring out the objective truth of things, as demonstrated in the film Moneyball, which is based on true-life events.]

Yes, this wonderful movie in one sense addresses the question of what is the Truth of things. Facts can help in a very subjective environment, especially where there are inherent biases/prejudices. We could even say that the statistics orientation is an attempt to take the supramental view, where all facts/information gather together to reveal the true Truth of things, which when reached evoke sudden good fortune, as clearly witnessed in the true life events portrayed here.

To Be Titled

We think we can only affect the local area immediately around us, however through Mother and Her Force we can affect a vast segment of society instantaneously.

To Be Titled

Supramental Insight resolves the contradiction/conflict, as it perceives the integral higher harmony and resolution behind, while manifesting it as real in the world.

To Be Titled

By and large, in recent years, USA does not seem to have responded to Mother; though California has. Will it one day spread throughout the remainder of the country? (as it has in India, especially in the south)

Negative Expressions on Facebook

Among the negative vibrations we indulge in on Facebook are envy and jealousy, self-indulgence and narcissism, resentfulness and vindictiveness, spreading of falsehoods, needless gossiping, need to argue and debate; addictive behavior, need for social stimulation, conformity, low self-esteem, and reality avoidance. Most of these are Ego movements; i.e. expressions of separative consciousness.

As we use this powerful tool, we should contemplate what our motives and feelings are at any given moment; shedding the negative ones, and propping up the positive (which are their opposite).

To Be Titled

We may be victims of an unfair economic system, but we are also victims of our own ignorance and unwillingness to change.

To Be Titled

Intense internal division attracts powerful external forces of Darkness; whether in a nation or any other institution or collective.

To Be Titled

Sudden successes come through corresponding shifts to the positive in our attitude, intention, decision, and action.

To Be Titled

A force that holds on too long can retard the organization; even one that is beloved. As soon as he/it leaves, the institution tends to suddenly boom or otherwise meet with great success.

To Be Titled

Go as deep within as you can (concentration) and then call to, rely on Mother from there (consecration). Life will become a marvel.

Mother's View of Rock, Pop Music

[Mother, on listening to the rock and pop music of the late 1960's]

"It opens a lot of doors. All habits, the whole past civilization is as if walled in by mental rules; this music (gesture of breaking through) sends them flying! It strikes me as a band of children crying for something-and the open door.

They must step through it, they must go farther – there are now possibilities that weren't there before, and this [the pop music people] is precisely all that wants to open up so as to receive those possibilities. So a few in the front must be the first to go through and receive what's on the other side."

(from Agenda, April 16, 1969]

Reader: Some may have like the Beatles.

Response: Yes, groups like (early) Moody Blues, Yes, Incredible String Band, Donovan, and others explored the spiritual side of life quite seriously. There was also thereafter the birth of New Age music, world music, etc. that followed that has perhaps an even more direct connection. Indian influence was there in most of these, guiding them forward.

Reader: I am a huge fan of New Age music. It's also a reaction to some of the disharmonious material that rock had degenerated into over time, like death metal, which is even Asuric. I read recently that the surviving Beatles moved to clarify that the Maharishi was not involved in any wrongdoing around the time of their falling out. They have been funding meditation initiatives with TM as well. George Harrison struck me as very spiritually aware person as far back as his early days in music; his early interviews reveal remarkable clarity and insight.

To Be Titled

One must be able to stand in the light of the Supreme Consciousness without casting a shadow. (The Mother)

Comment: When our nature is purified and perfected, this is increasingly made possible.

King Aswapathy's Discovery of Soul in Savitri

[Sri Aurobindo's experience of the discovery of the Soul within, and the clear knowledge that comes to one there, as expressed by King Aswapathy (His namesake) in His epic poem Savitri]

"This knowledge first he had of time-born men,

Admitted through a curtain of bright mind

That hangs between our thought and absolute sight,

He found the occult cave, the mystic door

Near to the well of vision in the soul,
And entered where the Wings of Glory brood
In the sunlit space where all is for ever known."
(Savitri by Sri Aurobindo, Book One, Canto V)

Truth and India's Role in the World

--There is only one country in the world that knows that there is only one Truth to which everything should be turned, and that is India. Other countries have forgotten this, but in India it is ingrained in the people, and one day it will come out.

--We must all recognize this and work for this. India is the cradle of the Truth and will lead the world to Truth. India will find its real place in the world when it realizes this.

(the Mother, from Agenda, April 19, 1969)

To Be Titled

Each wrong decision we make not only has immediate consequences, but causes Life to re-present the same or similar situation down the line with an opportunity to redeem ourselves.

To Be Titled

Lest we forget: no time in history did more people come out of poverty than in the last 10-20 years. Over 1 billion in China and India alone. Vast numbers of good jobs were created throughout the world. Also, crime and violence is down nearly 98% since World War II, and 75% even in the last 10 years. Democracies are now in 90%+ of the governments, compared to 50% 20 years ago. Also the world has become fully awake about the problems of the environment, are very rapidly implementing new forms of energy, et al. Also hundreds of global associations of all sorts are helping to bring the world together in greater economic and social harmony. There are thus many positive developments unfolding throughout the world, amidst the obvious problems.

Comment: Yes, sensitivity towards suffering has been progressively increasing in the world. In that sense, we are very gradually developing Buddha consciousness.

To Be Titled

A Supramental gnostic individual will be a Spiritual Person, but not a personality, in the sense of a pattern of being marked out by a settled combination of fixed qualities, a determined character; he cannot be that since he is a conscious expression of the Universal and the Transcendent. (Sri Aurobindo, from Evening Talks)

thanks to S

To Be Titled

"She's the greatest writer of dialogue in the English language," said Prof Mullan. ... "In reality, she doesn't bother describing the dresses or the houses or what people look like - she's only interested in the psychology, not the image."

Comment: "Although apparently a simple story of romance, Pride & Prejudice contains profound insights into human character and personality, society, social evolution and the character of life itself." (MSS)

Read more here, at Mother's Service Society:

<http://www.motherservice.org/.../introduction-pride-and...>

To Be Titled

When the truth of what to do, and what not to do constantly appears in your mind as intuitions of thought without thinking, then you know you are on a spiritual path.

Guru as Enlightened Being, Not Just Teacher

The Guru is not a "teacher". The Guru is one who is "enlightened," who is a seer, a Rishi, one who has the vision of and has lived the Truth. He has, thus, the knowledge of the goal of human life and has learnt true values in life by living the truth. He can impart both these to the willing seeker.

(Sri Aurobindo, from Evening Talks)

Comment: Yes, one who experiences the true nature of the Divine Reality, of the Spirit within and without, and can then therefore pass that knowledge on. Spiritual experience is first and foremost; then the spreading of the word when others seek it out.

To Be Titled

If you fully accept in your thoughts and emotions the harsh reality of others doing things in a way different from your own view, events are likely to unfold in ways that will prove or improve on your original position.

To Be Titled

If you have a relationship with Sri Aurobindo Ashram, including your linking to their or their centers' or affiliates' Facebook posts; or if you regularly attend Indian temples of any sort, please consider unfriending me. Thanks. –Roy

China Difficulties and South Asia Markets

While USA Tech and other firms are concerned about their inability to sell their technologies (software and hardware) into China due to censorship, they should keep in mind that the greater South Asia market, which is freer, is now 1.8 billion, the largest populated area in the world, and will be 2.3 billion in 25 years. For USA it is a golden opportunity.

New Paradigm of Human Existence

"A new paradigm in human development must be based on a different type of thinking."

Mind and civilization have evolved in tandem since the dawn of humanity. New discoveries, inventions, ways of life and forms of knowledge arose with the evolution of humanity's capacity for observation, imitation, symbolic thinking, intuition, logic, organization, analytic, quantitative and systems thinking. The development of these mental powers has given rise to an endless stream of new tools, art forms, symbols, oral and written languages, inventions, social organizations, ideas and beliefs, religious and spiritual experiences, economic and political systems, educational and scientific endeavors.

In spite of these monumental achievements, humanity confronts persistent and seemingly insoluble existential threats that arise from the prevailing mental monoculture of mechanistic, reductionist, materialistic, analytic thinking.

These challenges call for rediscovery of long neglected mental powers and the quest for more holistic, organic and integral ways of knowing capable of comprehending the growing complexity of life in the 21st century.

(Garry Jacobs, Cadmus Journal, World University Consortium - WUC)

Mental and Spiritual Views

-The Mental view cannot know the spiritual, yet the spiritual can perceive why the mental takes its view.

-The Spiritual view is true at the highest level. At the mental level it has no foundation of logic.

To Be Titled

The existence we experience around and within us is the Divine Reality in physical, vital, and mental form.

To Be Titled

Mother has come to awaken the Soul in man so he can open above to the Light Supreme, and bring down the Higher Consciousness, the Divine Love here on earth. (Garry Jacobs, from talks on Savitri)

To Be Titled

Desire is an impulse that overtakes us that we cannot control. Controlling or negating such desire sets us free from the shackles of Nature.

To Be Titled

Each soul has taken birth for the Joy of higher Consciousness in time. (Garry Jacobs)

Process of Passing through Negative State to Attain their Opposite

To create the maximum intensity of Divinity in life, the Divine has presented its exact opposite, - including ignorance, suffering, and pain. By overcoming these we release in intensity of positive energy that enables their opposite - as knowledge and joy and bliss.

We can see this in our own life, when we perceive how much progress we have made as a result of all the difficulties we have passed through. How much happier we are; how much stronger we are; how much more conscious and wiser we are as a result of negotiating these difficulties.

(paraphrase of Garry Jacobs)

To Be Titled

The great moral concept of Shaw, 'The harm the good man does' needs its complement, 'The good the evil man does'. (Karmayogi)

thanks to S

To Be Titled

The higher consciousness individual is not here merely to solve a problem, but to acquire the inner knowledge that easily resolves that same problem whenever it arises.

To Be Titled

Thy will be done, Not my will

Comment: I.e. when you ask Mother to help you on an issue, let it be resolved in the way She wishes, not in the way you want, which only diminishes the outcome.

To Be Titled

Man normally succeeds by struggling against the myriad of forces at play; often having to swim against the tide to succeed. The Devotee, on the other hand, can be carried along by currents Mother has set in motion; taking him directly to the goal She has intended.

To Be Titled

Normal, i.e. egoistic man wants to own his success exclusively; keeping others at bay. Universal man thoroughly enjoys when his success spreads to others. Supramental man automatically creates success for the collective, and all involved delight in it.

To Be Titled

People are more affected by your insight when it is backed by your personal experience than when you merely state it.

An Introduction to China

"Should China see the wisdom of creating an Asian Union along the lines of EU and promote Asian currency, she has a great opportunity to play in the affairs of the world in this century."
(Karmayogi)

Above quote is an excerpt from the following article comparing China and India, with emphasis on China's great positive qualities as well as her limitations; written by Karmayogi:

<http://www.karmayogi.net/?q=introductiontochina>

The Divine's Aspiration in the Universe

We think of the Spiritual Quest as Man seeking God, the Divine. However, from another perspective, the ultimate quest is the Unknown seeking Itself in time through forms it has manifest. I.e. it is the Divine's aspiration for fulfilling Its intention in the universe.

What is the Divine's intention in the universe? No one seems to have ever addressed this question adequately ... except for Sri Aurobindo, who indicates that the purpose of existence is to manifest a Divine Life. That the world has been created by the Divine in order to manifest Itself in the forms of Its creation.

(Paraphrase of Garry Jacobs, Talks on Savitri)

TALKS ON SAVITRI - by Garry Jacobs

Garry has so far given five 2+ hour presentation talks on Sri Aurobindo's epic 700-page mystical poem 'Savitri'. The talks are chock full of profound new insights on the nature of reality, the quest for immortality; as well as a myriad of practical suggestions for uplifting our lives. Click/tap on the link to see a listing of each of the presentations. For each you can select either audio alone, or audio with video (recommended). Please note that the first talk is called "An Introductory Lecture on Savitri"

<http://www.karmayogi.net/?q=webex-conference-downloads>

Here is Sri Aurobindo's Authors Note that introduces the 22,000 line poem.

"The tale of Satyavan and Savitri is recited in the Mahabharata as a story of conjugal love conquering death. But the legend is, as shown by many features of the human tale, one of the many symbolic myths of the Vedic cycle-

--Satyavan is the soul carrying the divine truth of being within itself but descended into the grip of death and ignorance:

--Savitri is the Divine Word, daughter of the Sun, goddess of the supreme Truth who comes down and is born to save:

-Aswapati, the Lord of the Horse, her human father, is the Lord of Tapasya, the concentrated energy of spiritual endeavour that helps us to rise from the mortal to the immortal planes:

-Dyumatsena, Lord of the shining Hosts, father of Satyavan, is the Divine Mind here fallen blind, losing its celestial kingdom of vision, and through that loss it's kingdom of glory.

Still this is not a mere allegory, the characters are not personified qualities, but incarnations of emanations of living and conscious forces with whom we can enter into concrete touch and they take human bodies in order to help man and show him the way from his mortal state to a divine consciousness and immortal life."

To Be Titled

A SUMMARY OF SRI AUROBINDO'S EPIC POEM SAVITRI - by Jyotipriya (Dr. Judith Tyberg)

http://dhavalpurohit.weebly.com/.../savitri_summary_sir_aurob...

Reader: Her life story is inspiring.

Response: -Yes, truly remarkable. Because of Jyoti and her disciple I was introduced to Garry, Appa, et al. in Spring of 1976. My life changed forever.

-That year her friends and devotees did the yearly performance of Savitri at the East-West Center in LA. I controlled Sunil's music to coordinate with the scenes, and played a luminous God.

-Mother requested Jyoti (an American) to open up the US to Sri Aurobindo's thought. She was a brilliant Sanskrit scholar, especially as she meshed it with His thought.

Reader: I still remember the part where she stood in court with the Mother's flower packet.

To Be Titled

Continuous stupidity or foolishness expressed over time will attract a series of harsh negative conditions.

To Be Titled

Even a small insult of another, or a thing, or an idea will quickly attract back negatively.

To Be Titled

The more you criticize, and do so without any appreciation, the worse things will get for you in that area or elsewhere.

Getting Back in the Game by Embracing the Seemingly Insignificant

If you are not "in the game" - such as not being called on to work on a project, or scheduled to do any training classes, - a minor issue or problem may soon arise that one may tend to ignore, as you have these other more pressing issues to address.

And yet if you take up this seemingly insignificant activity, you may find that life suddenly opens up with new opportunities, putting you right back in the game!

Thus, be vigilant of and never ignore the small situation that comes to your attention, because this seemingly insignificant finite can quickly open the portals of infinite success.

To Be Titled

Opinions are not outcomes, but conjectures and projections about them, supported by our prejudices and limited experiences.

To Be Titled

Expressed opinions circulate; unexpressed opinions rule. (Karmayogi)

To Be Titled

Accumulated knowledge before the other side is known, is after all a bundle of opinions. Mistake not opinions for knowledge. (Karmayogi)

Opinions and Attitudes

In subtle vision, opinions appear like needles. In the atmosphere, millions of such needles exist presiding over man's daily life, says the Divine Mother. If you ever tried to acquire open-mindedness and tried to shake off a preconceived notion, which is an opinion, you will appreciate the difficulty of getting rid of an opinion. After all your efforts, you will see that the opinion prevails. It would have implemented itself.

Attitudes are more powerful than opinions. An attitude is born when an opinion is endorsed by emotions. Some attitudes are, 1) I must stand on my own legs, 2) I must honour my professional status, 3) No one should speak ill of me. These attitudes are powerful forces that decide one's accomplishment.

When we come to the Spirit, it exists in a plane far beyond the realms of opinions and attitudes. Motives are of the whole being and include attitudes and opinions. Between a man who is incapable of opinions and one of strong opinions, the latter achieves more. He who has

the attitude of standing on his own legs, of course, will achieve more than one who is unable to be independent.

The Spirit in its own realms is beyond opinions, attitudes and motives. The one motive of the yogi is to attain to moksha. While it is common to work for one's success or his family's progress, I wish we accept one motive in life: to seek one's progress by the Spirit emerging in life. Let that be one's motive or attitude. At least, let us acquire the opinion that greater progress is in store for us when the Spirit guides our daily routine life at home and the work spot.

What man does, let us know, the Spirit can accomplish better. (Karmayogi)

To Be Titled

In quantum mechanics it is known that the observer is as important as what is being observed to perceive reality. Likewise, the capacity to know anything is determined by the plane of mind one is grounded in. Thus, the individual with Intuitive capacity will rapidly perceive knowledge and truth entering his mind from out of nowhere without thought. Compare that to the ordinary mind that knows slowly and often inadequately, only partially through the hard churning of thought.

Every Good Deeds Comes Back To One: The Amazing Case of Maxwell Morrison

Today, I have two stories for you. Both of them are true. Here's the first one:

Maxwell Morrison was well and truly screwed. He was standing in a courtroom in Bangkok, waiting for his sentence. The offence was drug trafficking, and if found guilty, the sentence would be life in one of the most horrific prisons in the world. The problem was that Maxwell was innocent. The drugs had been found stashed in a musical instrument he had agreed to carry through the checkpoint for a woman who had appeared to have her hands full with a baby, two young children and a whole lot of hand luggage. Of course, the moment the sniffer dogs singled him out for special attention, the woman and her children evaporated into thin air.

He had tried to explain this to the judge in his super-fast-track case, which had so far lasted less than 45 minutes, but the prosecution had countered by pointing out that it would take a very stupid person indeed to be suckered into carrying anything through a security checkpoint for a stranger - especially in this modern post-9/11 world. They had also pointed out that back home in Nottingham, Maxwell was a police officer. A security expert, who could never be as naïve as he was now pretending to be. Maxwell's only counter-argument to that had been, "Appearances can be deceptive". The Judge had given him the strangest look when he said that.

No, things were certainly not going well for him in this case. His only witness had been a British passenger who had seemed a bit drunk during her testimony. She admitted she had seen the woman hand the instrument to Maxwell, but added that they appeared to be travelling together. Again, Maxwell's defense was, "Appearances can be deceptive".

He remembered with irony the first time he had actually heard the expression "Appearances can be deceptive". It was in the eighties. He was a teenager going through a punk rock phase. He wore nothing but black, had multiple body piercings and was always playing with a scary-looking flip-knife. All the kids in school were afraid of him and steered well clear. One afternoon when he was enjoying some peace and quiet behind the boat shed, listening to Grateful Dead on his walkman, he heard a commotion. Three kids were bullying a foreign student. They were about to throw the little kid into the river, and the poor boy kept crying, "Please! Please, I can't swim!"

Maxwell intervened. At first, the three bullies wanted to fight it out, but Maxwell was a good three inches taller than the tallest of them. Plus, he had his knife, and he made them believe he was happy to use it. So they dropped the little foreign boy and went off to find a new victim. Maxwell asked the relieved kid if he was alright. The boy adjusted his glasses, looked at Maxwell for a long moment and said, "Appearances can be deceptive".

"Why do you say that?" Maxwell asked.

"Well, everybody thinks you're scary. Some kids even said you stabbed a teacher once. You're the last person I'd have expected to come to my aid. But thank you for doing so. I would have drowned if you hadn't. In Thailand where I come from, you owe the person who saves your life an eternal debt which you spend the rest of your life paying back. My name is Tran Pack, and I will never forget what you did for me." With that, he shook Maxwell's hand and ran off. Back in the Bangkok courtroom, Maxwell allowed himself a wry smile as he recalled that childhood episode. Thirty years after he saved a Thai kid's life, he was now a 45-year old policeman, about to spend the rest of his own life in a Thai prison, all because appearances can be deceptive. He snapped out of his reflections as the judge banged his gavel three times. It was time for the verdict.

And that's where I'll end the first story. Here's the second story.

Judge Tran Pack could not believe his eyes when Maxwell Morrison walked into his courtroom. Thirty two years had not done much to change his appearance, so Tran recognised him at once. He listened patiently for 45 minutes and then banged his gavel three times before giving the verdict. "Mr Morrison, appearances can indeed be deceptive. Not guilty. You're free to go."

And that is the end of the second story.

My people, I know I don't need to say much more about the lessons from these two stories. As you live your lives, please take every opportunity to do something unforgettable for someone who can't pay you back today. They'll pay you back tomorrow with interest.

My name is Kojo Yankson, and kindness is not a debt you pay, but an investment you make.

GOOD MORNING, GHANAFO!

(Kojo Yankson)

Impressions

Supramental Life. What is It?

It is the future life of humanity ... Yet somehow experienced TODAY.

It is a life based on new observations about the true nature of Reality. In other words, how Life REALLY WORKS. As opposed to the surface view of things.

It is a revelation of profound inner and outer methods that have the power to bring the power of the future into the present; changing the current finites before us into infinities.

It is vast achievement occurring within a matter of days or weeks that would ordinarily happen in the course of months or years – if at all.

It is a level of OUTER SUCCESS and INNER FULFILLMENT unimagined. Yet occurring here and NOW, without waiting for future generations to discover the means to make that happen.

It is Space and Time overcome; attracting the infinite future into the present.

It is the Spirit embodied in life itself; in our lives.

That's what Supramental Life is.

... And yet it is so much more than that.

To Be Titled

As you are to life, so Life is to you. I.e. Life and what it brings to you mirrors who you are; your level of consciousness. This is the phenomenon of "Life Response."

To Be Titled

Try to do things a different way; from a different angle; with a different twist. You might be surprised by what life rewards you with.

To Be Titled

The Supramental is a totally unexpected type life - even different than the ordinarily conceived spiritual existence. Miracles - including the constant cooperation of life - are commonplace.

Cause and effect contain new dynamics. Space and time are overcome. Truth and Unity are its hallmark.

To Be Titled

Sorrow and disappointment are also forms of Ego, indicating that they too should be shed.

Reader: In a sense all negative emotions are incorrect uses of what belongs to Mother...everything a devotee belongs to Her and should only be used in ways that She deems appropriate. So just as we would treat a work object or money as Her property, our emotions and the prana behind them must be directed as per Her rules.

To Be Titled

For temperament to enjoy another temperament, there is a condition of one liking the other. He who has risen above temperament can enjoy any other temperament without any condition. (Karmayogi)

Comment: We can practice this throughout the course of our day, with the various people we come in contact with, either purposely or otherwise.

To Be Titled

A devotee said this today: "I want nothing else but to serve Her - nothing else makes any sense anymore."

To Be Titled

At the point the constituents boastfully predict dynastic greatness, the organization begins to fall apart.

To Be Titled

As long as you choose the work you like, you will have success and failure facing you. For him who chooses to take interest in work given to him, there is only success. (Karmayogi)

To Be Titled

We often see how things that are controversial and socially unacceptable in one era, become common place and accepted in another.

To Be Titled

How can we know the true truth of things when we are stuck in our fixed dogmas, creeds, worldviews, philosophies, and viewpoints? That is why every day we must consider how we can widen our view, be more open, more tolerant, less opinionated, listen and learn more instead of speaking, take the other person's viewpoint, and so forth. Otherwise we will be stuck in our Ignorance, which only leads to error, failure, and despair.

To Be Titled

When an opportunity comes your way, consecrate it, rather than let the ego take over. The former supports its success, and then some. The latter spoils it; often attracting its cancellation.

To Be Titled

When you angrily threaten someone with recourse or retribution, the other person instantly gains the upper hand. Best to keep one's strategy, whatever its value, to one's self.

To Be Titled

To be a strong person of great goodness, one needs the ability to rear a child without abusing, frowning, or feeling frustrated. (Karmayogi)

To Be Titled

The vision of the marvel is to see the creative order in the intense chaos. (Karmayogi)

Comment: an incredible capacity - especially in these modern times. This is one aspect of the Supramental view.

To Be Titled

The Divine experiences STATIC (non-varying) Delight in Satchitananda (the Ananda part), but then extends Itself to Its creation to experience infinite variation of Delight through infinite forms (i.e. us) who grow in consciousness. The latter is thus DYNAMIC (varying) delight, as opposed to its Static origin.

Doing the Right Thing Attracts

A man went shopping in a department store. At one point while examining the food, he decided not to purchase any sweets, as it was not good for him.

Just as he was about to exit the store, he suddenly came upon a pair of light walking shoes he had wanted for several years. In fact, it was precisely what he had longed for.

Because he controlled himself and did the right thing by not selecting the sweets, Life rewarded him with something he dearly desired. It was another instance of the miraculous phenomenon of Life Response in action.

To Be Titled

Don't bite off more than you can chew; pace yourself; do things patiently and perfectly. (Life WILL respond positively to such a conscious approach.)

Pride and Prejudice Character Lessons For Sales Improvement

Each Pride and Prejudice character can teach us something about selling:

- Wickham - A deceiver. So don't be deceiving. It comes back to haunt you.
- Darcy - Don't be proud, and accept the smallest sale with happiness and gratitude. Otherwise Life will return the favor negatively.
- Bingley and Jane - always have a positive, cheerful attitude. It's a winning strategy that always attracts success
- Mr. Collins - Avoid braggadocio and ass-kissing. It will not serve you well.
- Mrs. Bennet - Stop whining, complaining, and condemning. You will look foolish at every step of the way.
- Mr. Bennet - Don't be cynical, sarcastic about others as he was toward his children, which came back to haunt him, when one of them ran away and eloped.
- Eliza Bennet - Be intelligent, forward-thinking, affectionate towards those close to you. Thus know your product and market perfectly. Be creative. Care for those around you.
- Lady Catherine - Don't be condescending to anyone. You might lose the chance for your biggest sale because you acted stuck-up and superior to someone.

To Be Titled

The best way to cancel a refractory idea is to fully welcome it. Life cancels it. (Karmayogi)

I.e. when the stubborn, pig-headed, perverse thought of another comes to us, we can embrace it with a smile. Life will then take over and prove the foolishness of the thought through life circumstance. It is a form of taking the other person's point of view + non-reaction. Eg we listen to and acknowledge Mrs. Bennet's (Pride and Prejudice) ridiculous,

obstinate complaints with a smile, but then life roars back and destroys all that she had hoped for in that area.

To Be Titled

To think of oneself is ego. To consider the past is to be in Time. Memory binds us to mind. Time, mind and ego are of the finite surface. (Karmayogi)

To Be Titled

What is most desirable at any given moment is the greatest possible harmony. (Karmayogi)

From Lies to Integral Truth, and the Response of Life

Truth ranges from partial to Integral (ie supramental). When someone turns away from truth, - such as a leader going to war over a lie, or another leader continuously spewing a succession of lies), - Life quickly moves to discredit the false motive, leading to catastrophes all around. Therefore think about your life, your daily existence and make the effort to eliminate any mis-truths. The more you do that, the more you will align with the integral truth of things, which has a vast power to attract positive conditions; just as its opposite attracts the extremely negative.

Helping Up an Opponent Attracts

Helping opponents up when they tumble in a game or match demonstrates good sportsmanship, and therefore builds good karma. It attracts and sustain success immediately. I have seen that dynamic on many occasions. Practiced regularly, it tends to lead to great overall team success in the course of the season.

To Be Titled

Information is infinite; it is everywhere. Wisdom is finite; it is practically nowhere.

To Be Titled

The very best moment to know a little more of Mother (or self-awareness) is when life utterly deserts us and leaves us in a hopeless condition and in utter despair. (Karmayogi)

To Be Titled

When one stops thinking and stops acting, one moves from Time to Timelessness. (Karmayogi)

To Be Titled

The movement from inertia to expansion is one from selfishness to generosity; from ego to harmony.

Another Opportunity to Correct a Previous Problem, and the Response from Life

If you are conscious of a problem you have partaken in, life will soon or down the line offer another similar opportunity to do the right thing, which when done successfully will also have the power to quickly attract positive conditions from the original matter.

Example: An instructor had a difficult situation with a client. There was plenty of blame to go around. It all started when the client asked the instructor about a particular obscure issue that the instructor was unable to provide an answer for. The instructor consecrated his part in the debacle. After this difficult set of classes, the instructor did not know how much to bill the client, if anything at all since things had gone so poorly. He forgot the matter, and let things fall as they may.

A month later, the instructor's agent called and asked him to contact another existing client who had some technical questions. When he spoke to the client, he was suddenly struck by the negative tone of the conversation, and the very obscure issue that the client was frustrated by. Suddenly the instructor recalled that it was the same obscure issue as the previous very difficult experience with the other client that took place a month ago! The chance of this happening was one in a million, as this was the first contact he was in touch with in nearly a month, and it was on the very same very obscure subject matter!

The instructor knew that this was no coincidence, but rather here was a deep connection between these two events, and he should therefore do his very best to please the current client, which he did. As he did so he kept reminding himself that there was direct connection between the two events, and this was a chance to redeem himself, which he did,

When he ended the phone conversation with the client, he saw a solitary email in his inbox, and it was from his agent, indicating the amount he should bill the first client for. This too was a miracle, as it happened an instance after talking with the second client and the fact that a month had gone past since any discussion had taken place on the issue. Now the amount to bill the first client was given, when he thought there was a chance he would not be able to charge anything. The instantaneousness of the response was astonishing. It was obviously a dramatic positive response from life.

As we see, when you are conscious of a problem we have been a part of in the past, life may very well soon or down the line offer another similar opportunity that will enable you to do right thing, which when done successfully will also have the power to quickly attract positive conditions.

From Insult to Gratitude to Essence of Individuals and Objects

It is one thing to insult another person, it is another to insult an object, such as a plant, or rock, or machine. In either case, you will attract negative conditions from that person, place, or thing.

Eg the machine involved that was the object of your scorn or sarcasm will suddenly stop working properly; or the button on the pair of pants you demeaned will suddenly fall off; or the fruit you were negative towards will unexpectedly taste sour, etc. etc. Best to appreciate all objects - whether inanimate or animate to avoid negative consequences.

The full reversal is when we continually express GRATITUDE towards those individuals and objects we have been taking for granted.

It can go one final step further when you come in contact with the Essence and Soul of that person or object. Now the response from life can be overwhelming, as you have touched on the Infinite within the finite.

On Foolishness

Foolishness is best described as the love of repeating the earlier errors. (Karmayogi)

To Be Titled

To consider an event a problem is the problem with Man. (Karmayogi)

To Be Titled

Both the perceived positive and negative further the evolution.

Implementing Lists for Improvement

We love lists on how to uplift and improve our lives. We also enjoy being liberated from having to implement them.

Sri Aurobindo and Mother Beyond Avatar

Avatars are messengers of tomorrow, leading the way forward for that time. Sri Aurobindo and Mother are greater than avatars as they also implemented, embodied their message for the future of humanity.

Buddha, Shankara, Sri Aurobindo and the Real

Buddha said the material world, our wants, desires and all are illusions, and we should therefore separate ourselves from them which will enable us to become enlightened. Shankara then came along and said that everything is an illusion, and that only the Divine is real.

Now Sri Aurobindo has told us that there is no such thing as illusion, as all is real. That it is our Ignorant perceptions of the real that keep us from perceiving the true nature of Reality.

He adds that human evolution, accelerated through Integral Yoga enables us to become aware of and outgrow our many-sided Ignorance, and realize the Integral Truth and Knowledge of being.

Influencing Sports Events from Within

Today's topic is "Life Response and Sports." Yes, those two things can go together!

I would therefore like to start out with this startling true story in my life involving the local sports team.

The American baseball team The San Francisco Giants, which won three world championships, in 2010, 2012, and 2014, were a sort of test for me. The test being can I influence events in the world from within myself.

Can I actually cause the team to succeed without interacting with them in any way, shape, or form.

I discovered that it WAS possible, and in particular, there were certain subtle rules that could make it come about.

One was for me to WITHDRAW all interest in the team when things were at a tight, critical moment, which had the effect of suddenly and most dramatically propelling the team upward from where they were a moment earlier.

Then there were other times when I need to INTERFERE, i.e. actively engage in the unfolding of events by taking a keen interest in the unfolding of the game; and when I did, again it propelled the team upward in the match, often bringing about the winning run.

So knowing when to DETACH and DISENGAGE from the team's current situation and when to ENGAGE in it (whether on radio or the Internet) are two methods for evoking a POSITIVE RESPONSE from the object of my attention; here being my interest in having the sports team, the Giants, succeed.

I found it particularly interesting how the power of DISENGAGEMENT, called "DETACHMENT" in India, has this power. That is, how each time I practiced that approach in a close situation between my team and its rival, suddenly things started going well for those whom I was rooting for. Again, when there were intense moments where the outcome was to be decided, I would withdraw all interest in events and put my focus elsewhere. Then when I returned, I would discover that things had gone exceedingly well, whereas had I gotten caught up in events, there was only a partial likelihood of success; more often than not, the opposite.

So I followed these two subtle methods of Detachment and Engagement into the baseball playoffs, and then into the World Series, constantly propelling the team upward. It happened dozens of times, with remarkable consistency. And it led to the Giants winning three world championships in five years.

In my mind, the entire undertaking was a constant unfolding of the MIRACULOUS.

It was a miracle from the perspective of the TEAM; of the fact that they reached the pinnacles of success three times, when everyone expected them to do poorly.

And it was a miracle in MY OWN experience in that my engagement with the team had the miraculous effect of propelling them to the stars.

So there was this confluence of the team's OWN LUCK, you might say, and the Luck I was able to bring to bear in these situations.

Perhaps they were one and the same!

Problems as Realities

There are no problems; only realities to be navigated and understood in their evolutionary context.

To Be Titled

The first reaction to a problem should be not to over-react to it.

Comment: over-reaction energizes the problem.

Mother and Sri Aurobindo's Comments on the Psychic Being

1. The Psychic knows only how to give and it does not know how to take- Mother.
2. The psychic being that survives the death of a person carries with itself memories of those occasions in which it was active. It does not carry all memories relating to the activities of the ego.
3. The awakening of the Psychic is experienced as a sudden descent of chillness in the body according to Shri.Karmayogi.
4. The Gods don't have a psychic being like man and if they want to evolve they must take birth in a human body.
5. It required a year-long effort on the part of Mother to discover her psychic being.
6. As people differ in their mental intelligence, so do they also differ in their psychic development according to Bhagawan.
7. Sri Aurobindo had a psychic sorrow about him as he very much regretted the psychic's inability to come and manifest on the surface.
8. It is the psychic being that will take a solid shape and emerge as the supramental being according to Mother.
9. When the psychic takes charge of the body all its illnesses can disappear instantly.
10. Those who are always happy and smiling are radiating something of the psychic delight that they are feeling inside.
11. According to Bhagawan, Hitler had the psychic being of a London Cab driver but Mussolini had a well-formed psychic being.
12. According to Mother, the soul of a nation cannot be divided by religious, linguistic or racial divisions.
13. The soul of a nation like India known as Bharat Mata can take a human form if she wishes says Mother.
14. Even the Divine Mother does not interfere in the decisions of an Individual's psychic being.
15. Once a psychic being awakes, it will be very difficult to escape its influence according to Mother. (N. Asokan, MSS)

Static vs. Dynamic Delight in Creation

Q: A basic question.

The Divine has become the world to experience sheer delight of evolving from ignorance and unconsciousness. The Divine cannot experience that in the Absolute or in Satchidananda.

If Supramental world is so delightful why the Divine has not created That first instead of self-limiting/self-absorbing Himself?

A: I believe Divine experiences STATIC (non-varying) Delight in Satchitananda (the Ananda part), but then extends Itself to Its creation to experience infinite variation of Delight through infinite forms (i.e. us) who grow in consciousness. The latter is thus DYNAMIC (varying) delight, as opposed to its Static origin.

Reconciling Opposites - The Supramental View

Life often comes to us in dual pairs, as conflicting opposites - such as through disagreements, or through differing opinions, or as opposing choices, etc.

Those opposites can be reconciled, though the way that occurs depends on the plane of consciousness we are in.

--At the physical plane, we reconcile the opposites through conflict.

--At the vital plane, opposites are reconciled by competition.

--At the mental plane, they are reconciled by compromise.

How then can we reconcile opposites in our own lives?

Instead of asserting our own position - an Ego movement - we can embrace the Other Person's Point of View. Then the Truth of each side can be realized.

By taking the other person's viewpoint, we move to the Supramental view, where the many-sided integral truth of things are known.

It is only in the Supramental view that the truth behind the contradictory view of the individual parties can be reconciled.

Practically speaking, real reconciliation comes when we aspire for the Truth instead of our own preference and opinions, which are ego movements.

It is when we aspire for the higher Integral Truth of things that it comes into our field of awareness.

Rebirth and Evolution of Consciousness

The purpose of rebirth - and we have passed through hundreds if not thousands of instances - is to continue the evolving Soul's (psychic being's) Journey of realizing ever-higher consciousness, which culminates in our manifesting, becoming the Divine, God in life.

Transformation through Surrender

We cannot transform ourselves in order to manifest the Divine in our being. It is far beyond our capacity. We can however Surrender to the Divine Mother, and She will do for us all that is necessary to bring about our transformation.

Power, Shakti of Divine Mother

It is not just peace, serenity, knowledge, goodness, delight, love, infinity, et al of the Divine that we can experience, but we are also given Power of manifestation through the Divine Mother, the Shakti to bring about the Supramental change.

Spiraling Upward in Spiritual Journey

The Spiritual journey is to be in a never-ending spiral of ascent and descent. We rise up in consciousness (ascent), then bring it back into our normal life, realizing we have a new level of awareness, consciousness that we did not have before. We then can further integrate it into our lives. Thereafter, we can then begin the next round of ascent and descent, and continue this way in a never-ending upward spiral of transformation and change.

Reader: i wonder what humanity has learned from 6 aug 1945 the first atomic bomb ever actually being bombed... and can there exist anything such as 'ignorant learning' or is it that for learning one has to be 'conscious'... and that it all depends how vast and/or big one's consciousness... and depending one's sensitivity and capacity of perception..., attention and love....., is the supramental transformation 'depending' on anything or... is it already here and always had been 'here', but that the "human mind" can be locked out of it once steeped in ignorance? --- just wondering... as Sri Aurobindo was still on Earth in human form this day back in 1945 ---- now perhaps, Roy, you know his view about all this, would he have seen that as "hostile force" to be overcome?

Response: -Atomic bombs are evil, plain and simple. Direct unconsciousness and dark side of the scientific mind, that is divorced from social values.

- And yet at another plane, if overcome, it means a further development in human unity.
- So it depends on the plane from which you examine things. At one plane it is evil, and at another it is "useful" for furthering human unity through cooperation and collaboration against the bombs.
- Einstein was told the bombs would never be used so long as Germans didn't develop similar; which they didn't. So he was deceived. The father of the person who developed the great Energy-creating equation of science was duped.
- Supermind is there in the non-material plane, and it descended on earth in 1956. Everything in the world is under its general influence. It ended the Cold War. Now it needs to descend into the hearts and minds of all the leaders and people of the earth. That will take a conscious decision on all our parts to engage in personal and spiritual growth; or at least open to the Mother's (supramental) Force, and seeing its startling results in action in our lives. It can make a believer out of anyone!

Over-Aggrandizing Success

As soon as you overly-aggrandize your successful organization, or team, etc., you eliminate the chance for greater greatness.

Life from Cosmic Mind

Before life appeared on earth; before the universe existed, there was Mind - Cosmic Mind. Life then emerged from It.

What Would a Supramental Life Be Like?

In this life as soon as one has an idea of something, there is immediately given a power for it to manifest as real in the world.

In this life there is ongoing soul to soul connection with others.

What occurs to another is equally as important as what happens to ourselves. There is thus a sense of Oneness toward both others and life.

In this life when we accomplish something, it simultaneously is done at the collective, societal, universal level as well.

In this life the supramental power is always there, and always available to instantly solve problems, create the best conditions, open up opportunities, etc.

In this life there is no ego, no selfishness, no self-importance; there is also no ignorance, falsehood, or evil.

In this life, a positive development never creates an additional dark shadow. Life is therefore "self-existent."

In this life there is no pain, suffering, or even death. There is unending life if one so wishes it, especially if one has developed a modicum of a supramentalized body.

In this life there is no conflict, strife, war, poverty, and other forms of human misery.

In this life there is constant creativity, generating infinite variations and new formations of reality.

In this life new, unprecedented solutions and possibilities constantly present themselves.

In this life there is continuous peace, inner silence, truth perception, harmony, goodness, generosity, gratitude, knowledge, wisdom, beauty, love, joy, timelessness, and infinity.

In this life, we develop true individuality, even true spiritual individuality that emanates from our soul. Our actions are infinitely creative and dynamic as they emanate from the psychic being within.

In this life we are continuously centered deep within, in the psychic being, and call to the supramental force, the divine Mother, continuously bringing about divine-like developments around us.

In this life we are not just true Individuals, but also Universal beings affecting the world around us in profound ways; and also Transcendent beings, constantly fulfilling the will of the infinite Divine.

In this life we help bring about and partake in an ever-emerging Divine Life on Earth; a Supramental Existence.

From Supermind To Supramental Beings to Supramental Life

SUPERMIND

--Supermind is the plane of consciousness that emerged from the divine source, Satchitananda, that enabled space and time, subject and object, and whose mission it was to unfold the cosmic values, spiritual/real Ideas of silence, peace, harmony, truth, knowledge, goodness, power, creativity, love, delight, timelessness and infinity in creation.

--Though enabling the creation process that brought about the universe, Supermind is also a plane of being that has descended into the earth's atmosphere, and is available to us to enable our ultimate Creative capacity as well.

--Supermind is the plane that Sri Aurobindo discovered and organized, and which the Mother called down into the earth's atmosphere in 1956.

--Supermind is the plane that our mind can reach that is beyond ordinary mind, silent mind, illumined mind, intuition, and universal mind.

-In Supermind we constantly perceive an ever-changing Oneness in the circumstance of Life.

--In Supermind all is known about a matter, plus it has the simultaneous power to manifest as real what is known

--We can open to the Supramental Power to hasten our own evolution.

--Opening to the Supramental Power is opening to the Force of the Divine Mother. It is Her Supramental Shakti (Energy/Force).

--Opening to the Supramental power instantly resolves problems, and creates unprecedented new solutions and possibilities from out of nowhere. That is why it is sometimes referred to as "Unity Consciousness."

--When the Supramental Force is evoked, all is instantly known about a matter, how each part relates to the whole, what the essence of It Truth is, and so forth. It is complete integral knowledge on any subject or matter. That is why Supermind is also called the "Truth Consciousness."

--One who surrenders to the Supramental Power, to the Divine Mother become becomes a transformed being.

--One who surrenders to the Force, to Mother becomes its instrument in life; a pioneer for creating a Divine Life on earth.

SUPRAMENTAL BEING

--Surrendering to the Supramental Power leads to the emergence of a new type of human - the Supramental Being.

--The Supramental Being lives in a perpetual state of harmony with others and life.

--The Supramental Being has realized in his being all of the attributes of the Supramental Plane - including silence, peace, harmony, truth, knowledge, goodness, power, creativity, love, delight, timelessness and infinity

--The Supramental Being is able to create infinitely, just as the Supermind enabled the universe to come about from a Divine Source.

--The Supramental Being is fully evolved at the mental, vital, and physical level. He is fully developed in consciousness in terms of attitudes, emotions, values, beliefs, and actions.

-- The Supramental Being has perpetual knowledge of what to do and not to do at any moment.

-- The Supramental Being individual will in his ultimate form have evolved a new Supramental Body, devoid of the current arrangement of system (circulatory, digestion, et al); of organs, muscle, bodily fluids, et al; replaced by centers of consciousness.

--Ultimately the Supramental Being is able to live as long as he wishes.

SUPRAMENTAL LIFE

--When there are a certain number of, a critical mass of supramental beings on earth, there is the beginnings of Supramental Life.

--Supramental Life is one of perpetual peace, harmony, wisdom, truth, goodness, love, delight, timelessness, and infinity.

--In Supramental Life the society and the world implement all of the cosmic values, spiritual/real ideas from the Source of creation.

--In Supramental Life all strife, suffering, disease, death, war, conflict, etc. are overcome, replaced with their opposites.

To Be Titled

Mother overcomes fate, karmas.

On Caste in India

--Prejudice towards intercaste marriage is much less now than before and love marriages cutting across caste lines are fast spreading in the IT industry where both sexes get a lot of opportunities to socialise and mix.

--Discrimination of the lower by the upper castes is very much getting diminished and if anything, demands and protests for better living standards and greater income by the lower castes have only risen in recent years.

--Caste, class, wealth, parents are social obstacles.

--Caste in India keeps the country divided. (MSS)

Reader: Sir, how parents will be a social obstacle can u explain.

Response: Parents become social obstacles when they try to control whom the child can marry. Or when they dominate the child's life after puberty, which they should not.

They may not let the child become what they wish to become. There are many ways a parent will try to control, dominate the child.

On the other hand, the liberated parent will deeply care for the child without smothering her. Will have great patience, and be a true guide. Will impart high consciousness values. Will allow the child to become whom he wishes to become.

The parent should never possess the child, only nurture her.

Great Manager, Leader as Student

It is claimed that of all the qualities that enable one to become a great manager or leader none is more important than our aspiration to continually be a Student and learn. That includes our desire to learn about ourselves, our character, and parsing and improving on our strengths and weaknesses.

Elimination of Nuclear Arms

The greatest evil in the world are nuclear arms. If countries were to come together and eliminate most of them, many problems in the world would quickly get resolved. If the world were to go in the opposite direction, many more nations will want to acquire these weapons, dramatically increasing the chance of their being deployed, i.e. nuclear exchange.

The Mother said that so long as these horrific weapons exist, they will tend to be used. No side or nation would be immune. Global collaboration that eliminates this evil is thus the ONLY way forward.

Or as Mother put it, "Men, countries, continents! The choice is imperative: Truth or the abyss."

Begin from the NOW

Unless you begin at the point where you are NOW, no real beginning is ever made. (Karmayogi)

India and World's Nuclear Arsenals

India and Nuclear Arsenals comity of nations and the nuclear arsenal [of the world] will be abolished. (Karmayogi)

Multiple Causes of a Single Positive Response from Life

An instructor received an unexpected payment from his major training agency. He wondered what caused it? Could it be a number of things simultaneously? He started listing them out:

- His spouse engaged in a major cleanup a day before. That always seemed to have a money attracting power.

- His spouse beginning an earning project that day, something she rarely does.

- He himself did not waste money at a restaurant that day, and instead cooked a meal that would last, indicating maximum use of resources and non-wastage (of funds).

- The client had "ironically" just earlier begun a campaign to organize its payables.

- A difficult situation he had several weeks back with another client, now raised itself again in a minor form (with a third client), but this time the man handled it splendidly, as he didn't want to repeat past wrong attitudes with the second client.

- He decided and began implementing a thorough review of the course content documentation in one of the subject matters so the students would benefit.

Thus the incident shows that when an instance of sudden good fortune presents itself, we can often trace it back not just to one thing - one attitude or behavior, - but to several. A little "internal investigation" will identify any number of subtle causes, both major and minor.

Plus it just goes to show how subtly, intricately, cosmically the world is interconnected!

To Be Titled

Why do I focus these consciousness-related thoughts on so many different areas of life? Well after all, Sri Aurobindo did say, "All Life is Yoga"! I.e. potential for transformation applies to every aspect of life.

USA Attracts Nuclear Threats

For decades the USA scuttled nuclear arms reduction talks, aided and abetted by its military industrial complex, intent on building weapons of mass destruction, and selling them for profit around the world. No wonder she now fears being attacked from so many directions - from rogue nations, terrorists, et al with these horrific weapons. It is a negative response to America's ongoing low consciousness - hypocrisy of weapons proliferation for the sake of profiteering.

On Changing One's Self

It takes a long time to know where one has to change. Changing itself is not that difficult. (Karmayogi)

Reader: Sir, There is a tamil TV show "Big Boss" is going on for the past 40 day. The inmates will be there for 100 days. One by one , they will be evicted. This game is very useful in understanding how we behave in a similar situation. Where we need to change. Many of the inmates are there blindly going behind the motives of one or two without being aware of that person's motives. Public are aware of the motives of these people. Each one has some agenda and strategy. As an outsider, we are able to view how one person's strategy is being smashed

by others and so on. We are able to understand what change one needs in his or her personality. That is revealing. It reflects our life. We are able to locate where to change seeing a similar personality inside that house. I see the program as a mirror before me.

India's Spiritual Values and the World

Perhaps only India, with its underlying spiritual values of silence, peace, wisdom, harmony, and oneness can save the world from itself.

Benefit of Knowing Silver Lining

In everything, including the worst of things, there is always a Silver Lining. Knowing what that is is Wisdom, and a powerful guide of the Way Forward.

Nuclear Weapons Evil

Because we have not consciously made the effort to do away with the world's greatest evil - nuclear weapons - they will increasingly threaten us all.

To Be Titled

"Sometimes your only way forward is a leap of Faith."

It is one of the great truths of life. Especially when there are no other apparent options, alternatives -- whether at the physical level (taking action, material conditions, etc.), the vital level (feeling, desire, further association with others, etc.), and the mental level (thought, idea, strategy, etc.). And it almost always works, attracts positive conditions; depending on the level, intensity, sincerity of the Faith.

Her Force Spreads

Mother's Force has a universal power to quickly spread from the individual who opens to it to the wider society/collective.

Shed Anachronisms, Lifeless Rituals for Greater Accomplishment

Free your mind from anachronistic habits and ways of thinking and stop following society's lifeless rituals that waste much of your energy. You will find your accomplishment scaling new heights. (MSS)

Life Laws Always Acting

Life has its own laws. Whether we believe it or not, these laws are acting all the time. (MSS)

Master of Life through Mother

He who surrenders to Mother can become a master of life and life will start obeying him from then on rather than him obeying life. (MSS)

Past Consecration

Past consecration has the power to cancel our past misdeeds and give a new lease of life. For example, a man with a lot of debts can get release from his past debts and find new sources of income by using past consecration to sincerely regret his past deeds that led to this huge debts. (MSS)

Availing Opportunities

Opportunities should be availed of as soon as they knock on our doors. It is very difficult to retrieve a lost opportunity. (MSS)

Spiritual Values and Great Accomplishment

Values are the key factors in accomplishment. The more we spiritualise our values, the greater will be our accomplishment. (MSS)

Comment: Spiritual values include inner and outer silence, peace, harmony, goodness, truth, wisdom, self-givingness, generosity of spirit, compassion, humility, gratitude, love, joy/delight, timelessness, infinity, faith, divine power, oneness, unity, patience, optimism, cheerfulness, sincerity, perfection, freedom, tolerance, imagination, creativity.

Accomplishment by Discarding Anachronisms

Our accomplishment will vastly improve to the extent we wean ourselves from anachronisms and outdated ways of thinking that are no longer in step with the world at its current progress level now. (MSS)

Spiritual Individual and Spiritual Values

A spiritual individual is one who respects and follows his spiritual values no matter how different the outside world is. (MSS)

Comment: For example if people are noisy outside in public, one can take to silence, which is our spiritual value. Or if the group around us tries to come up with a solution through debate and thinking, one can look within for a message from the subliminal to help us make a decision. Thus we value the inner approach, as opposed to the outer. Etc.

Mind Suspends, Spirit Starts

When mind suspends its rational enquiries, at that point the Spirit starts working on the physical plane and miracles become possible. (MSS)

Understanding the World through Spirit, Not Mind

The world can never be understood by mind as it is constituted with its finite, divisive approaches and space and time constraints. It can only be understood by the spirit that is infinite in nature, has a whole outlook and functions in a non-spatial and time less dimension. (MSS)

Infinite Divine in the Finite

It is the infinite that has folded itself in to a finite. So in the reverse it is possible to unravel the finite back to its infinite dimensions. That is why it is said that the Infinite Divine can be found in even the minute atom. (MSS)

If we care about the smallest detail, applying our higher consciousness, you can evoke a powerful response from life that turns that limited thing into something vast. In that way, the infinite can emerge from the finite.

100 Ways We Express Our Ego (by Roy Posner) new

The majority of our impulses, desires, emotions, and feelings are rooted in Ego. It is separative consciousness, where one is cut off, separate, divided from others and life. The opposite of that is harmony and oneness.

Then what are some of the ways we express Ego in our lives? Here is a list:

There is little desire to connect with other individuals, parties and their concerns, focusing mostly on our own short-term goals and interests. Thus harmonic influence is missing in our relations with people and the world.

We tend to move conversations with others in the direction that moves us; caring less for their interests and concerns.

We are motivated and driven by what others think of us; by our need for praise and admiration.

We are hesitant to express our gratitude toward other, instead seeking more from them in order to fulfill our desires.

We are fixed, close-minded, and intolerant.

We complain, blame and condemn others; never taking responsibility

We are weak and self-doubting, which are also forms of ego.

We gleefully express our ignorance, are proud of our limited knowledge, wantonly broadcasting it to the world.

We are selfish and self-absorbed; expecting and demanding. It is the opposite of being self-giving.

We are vain, attached to our looks and physical stature, in love with our Material selves.

We feel superior to and look down on others.

We attach ourselves to our own race, our class, our position, instead of being open to all others.

We are jealous and spiteful; filled with streaks of ill-will and hate.

We are oblivious, distant, unconcerned.

We are mocking, sarcastic, mean-spirited, and defensive.

We are self-righteous, fixed in our beliefs; intolerant of others' ways, thoughts, ideas

We care about our own travails alone; keeping a distance from others' problems.

Our center of being is on the surface, which causes us to be separate and distance from others and the world.

We therefore see only the surface in others, in things, causing us to come to wrong conclusions that feed our ignorance.

We wallow in our ignorance, justifying it at every turn.

We are lost in ourselves, separating ourselves with a self-centered demarcation from others.

We are quick to judge, slow to learn.

We are attached to our habits and rituals, causing us to be out of tune with the new; with the varying needs of others and the world around us.

We express ourselves wildly, uncontrollably, oblivious to its affect, others around us.

We feel not our own true self and therefore do not relate to the soul and inner being in others.

We seek to influence, but not be influenced.

We are put off by others in crowd, retreating to the confines of our own skin.

We express our achievements gleefully, not caring for or jealous of others achievements.

We boast of our possessions, our homes, our spouse, our children, our friends, and other associations.

We recoil from criticism, even though we constantly criticize others.

We are hesitant, unresponsive, unwilling, refusing.

Self-justification his ego, just as is condemnation of others.

In a spiritual sense, self-initiating in life is ego, as compared to waiting on and responding to life's initiatives, which generally is not.

Also in a spiritual sense, reaction and recoil to others and life's intensities is a form of ego; being of the nerves in the physical.

Territoriality and possessiveness are ego, in the most egregious form.

Crudeness, callousness, and mean-spiritedness are ego for sure.

Obsequiousness and toadiness are forms of ego, indicating simultaneously a sense of superiority and inferiority.

Fear and hate and depression are ego too.

Dominating, bullying, coercing, repressing are highly abusive forms of ego.

Lying, cheating, deception, subterfuge, and lack of forthrightness are always harmful, and always come back to haunt one.

Instigating, troublemaking, undermining, and scheming can ruin life for others.

Conflict with others can reveal expressions of ego.

Vindictiveness, retribution, and hate are among the lowest forms of ego.

Attention-seeking, being a show-off are childish forms of ego.

-Gossiping, meddling, interfering, defaming, and scandalizing are surely not worthy traits.

- Caring about your children, while being oblivious to all others.

-Loving our nation, while being indifferent to all others.

-Nationalistic contempt for other peoples, nations, regions, etc.

Adversarial Nations Need One Another

Each of the nations that are in an adversarial position with another country actually need one another for their further growth - eg US and Russia, US and China, China and India, India and Pakistan, etc. etc.

Economic Master Plan for World Union

Karmayogi asks the powers that be to draw up a Master Plan for a future World Union; a plan of economic production that will defuse political and military conflicts, and help abolish terrorism at its very roots.

Unity of Ethnicity in America as Model for World Citizens

America is the one country where almost all the ethnic groups of the world live in unity. This new nation was created so that the ethnic, religious group would overcome their separate identity and evolve the World Citizen. (Karmayogi)

Comment: Just as the US has its ethnic groups in unity, so all the ethnic groups of the countries of the world will combine into creating common World Citizen, where people are concerned less about their own country, ethnicity, et al and more about being a citizen of the world, and the issues the world is concerned with. This is part of a movement toward human unity and the eventual development of Spiritual Individuals.

Silver Lining of Darkness

In the most oppressive atmosphere which is a real impossibility there will be a silver lining. (Karmayogi)

Ego as Origin of Evil

According to Sri Aurobindo, there was no inherent evil created in the universe. Rather Evil is the creation of the egoistic perception in life. (Paraphrase of Karmayogi)

World Citizen

The future belongs to the Spiritual individual. A forerunner to him is a World Citizen. (Karmayogi)

Merging of Cultures and the World Citizen

The idea of each culture actively examining the values of another culture that are non-existent in one's own culture will activate World political social life. (Karmayogi)

Comment: Ie we will become World Citizens, and thereby consider issues from a more global perspective, not just from the view of our own homeland.

To Be Titled

The Universe individualises and the individual universalises. (Karmayogi)

Patience and Success

- Patience goes with victory and impatience goes with failure.
- Patience being static allows energy to collect and enables success.
- When a man of several failures is to succeed in one or two events, we see during that phase he exhibits patience. (Karmayogi)

Next Financial Crisis

Q. What could cause the next global financial crisis?

A. There are many possibilities. One is lack of international financial oversight and control. Even the 2008 Financial Crisis was precipitated by unregulated Chinese, Japanese, Middle Eastern, etc. millionaires and billionaires investing in unstable housing financial instruments. It was thus a globally induced crisis, not just American created.

And yet such international regulation can be an opportunity to create more cooperation among the nations of the world; stabilizing the world economy, while taking another important step toward human unity.

To Be Titled

In Supramental Life there is complete Identity, Harmony, and Unity with everyone and everything.

Realization of the Supramental

Q: Are there people who have reached the Supramental perfection yet?

A: The Mother was at that point, though while She was here on earth She was pursuing the final change, the physical transformation into the Supramental Body. In other words, willed Immortality in a new, divine physical being. In essence, a new species.

Mother had attained identity, harmony, and oneness (supramentalization) with others and life at the vital and mental levels, and was working on the final change at the physical (body) level. She said (which Sri Aurobindo informed Her of in the subtle plane) that He would come back with the Supramental Body in a new birth, which would complete Her (and His) mission.

Note that each of us (devotees and others) are slowly being supramentalized as well, as we open to the Force at various levels; some more than others. Most of us are only at the very beginning of this process. (Keep in mind that some were already born quite evolved, which puts them in a higher position.)

Often the supramentalization takes place first at the level of Mind and knowledge, especially through life (vital) experiences that demonstrate the perceptions of spiritualized mind - such as subtle perceptions of life, knowing subtle life laws, seeing the integral Reality for what it truly is, etc. They then, through life experiences, eventually get filled up at the level of the Higher Emotions (goodness, self-givingness, generosity, gratitude, et al).

For others, it may begin with these higher spiritual emotions of the Heart, and then move to the transformation of their mentality/Mind.

Also note that these variations of the process take place progressively across multiple births; though through Sri Aurobindo's, Mother's, and Karmayogi's methods, it can be seriously advanced in a single birth.

Those who Surrender to Mother and Her Force, take the other person's point of view, practice non-reaction, and self-givingness on a regular basis can speed up the process of supramentalization. Those who completely Surrender to Her as part of the process of Integral Yoga move ahead that much quickly. There are very few of these, though I suppose Appa is one.

History of USA

Sri Karmayogi's epic, cosmic 2-part 'History of the USA' touches on every aspect of human existence in the nation, from the individual to the social to the evolutionary, the universal,

and the cosmic. The study and work is written almost like a poem - containing a vast array of individual and universal, material and subtle laws of life. We believe nothing like this exists on earth. You can access both parts here:

<http://www.karmayogi.net/?q=taxonomy/term/274>

Comment: I am glad you had a chance to read Asokan Sir's book. It is a wonderful, relatively easy to understand overview, covering the essential points of the reasons for America's success, as well as the cause of its limits.

Appa's work is of a somewhat different order. It is dense with research notes and exposition. He is explaining the nature of all life on earth through deep, profound principles. It would take a lifetime to clearly understand this work as it touches on all aspects of human nature and the nature of life on earth; all surrounding the reasons the USA took shape and unfolded as it did. It is really a world history, an examination of international influences in the field of thought and elsewhere; and an exposition of the Character of Life.

Still both works more or less cover the same basic territory. Many of Appa's thoughts and principles are given in Ashok's book, and are explained well for the layman.

I believe Appa originally asked me to do the book with him, but for some reason I did not take it up. Being an American Studies graduate at Syracuse University, it was right up my alley, but alas Asokan Sir took up the opportunity.

Often someone of another country, culture sees the truth of one's own nation more clearly, like the Tocqueville did in America. Appa's and Ashok's work in this area goes miles beyond.

Placing Man at the Center of Life, and the Vast Prosperity it Would Engender for All

The more the society or institution values the Person over money, the more abundant wealth is created in society. This is what made America prosperous over 200 years.

In recent years Silicon Valley has valued the benefits that would come to Man through its technologies, and as a result it prospered beyond all belief.

Surely if society implemented the World Academy's proposed Human-centered Economics, with Man held in the middle in highest esteem, it would cause vast sums of money to circulate and flow throughout the globe, reaching every individual in the world.

Positive Gives Right to Negative

Every positive gives a right to its negative, in order to make the positive moreso.

A hypothetical: There is freedom in American society, but then it is challenged by Islamic terrorism. It may indicate the freedom is not truly going out to all in American society, as many are being overlooked. And so there is scope for greater true liberty for many.

Even the roots of terrorism are economic in origin. This in turn mirror prosperity problems in America for the lower and middle-class.

It shows the scope of where the positive can become more positive through the subtle lessons of the negative.

Comment: Q: Does this mean that a positive can come through a negative?

A: Yes, positive comes from positive as well negative. Eg after WWII (negative), the United Nations was formed, the EU was born, the end of British Colonialism took place, etc. etc, speeding up the evolution of the human race by perhaps a hundred years or more, whereas before that there was no unity among nations, as each pulled in its own direction, and there was enslavement of other nations through colonialism.

How Supramental Consciousness Perceives Reality

--Supermind perceives the current necessity and purpose of difficult life conditions, where ordinary mind sees conflict and strife.

--Supermind perceives the progressive unfolding of life, where mind sees a jumble of change.

--Supermind perceives how all things fit together in life, including from moment to moment, whereas mind sees a puzzle where the pieces lie scattered.

--Supramental perception perceives the spiritual nature of all things that make up the Reality. Ordinary mind sees spirit as separate from life, if it exists at all.

--Life, the creation, the universe is the body, the physical manifestation of the Spirit, that is evolving. Supermind perceives this. Ordinary consciousness just sees Life as dumb matter on the way toward something unknown.

--Supramental consciousness is always seeing the Higher Harmony current conditions are moving toward. Ordinary consciousness just sees the contradiction and conflict; the good separated from the bad, devoid of progressive movement.

--Supermind sees All aspects of a truth of a matter or thing, whereas ordinary mind sees fragments and parts.

--Supermind sees how each of the parts, aspects, truths of a matter or thing relate to the Other parts, and to the Whole. Mind sees fragments of truth alone in search of some unifying principle.

--Supermind perceives the Essence behind the parts and the whole of a matter or thing.

--Supermind has both the integral Knowledge of a matter or thing, as well as a Will for its Manifestation as real in life.

--Supermind has the power to manifest as real anything it perceives in unmanifest form.

--By opening to the Supramental Power, things that are in discord, conflict, contradiction are resolved into a higher harmony and unity.

To Be Titled

An unexpected negative coming in from a new source can indicate a new opportunity for collaboration.

To Be Titled

The Supramental Power IS Mother.

To Be Titled

One sign of Supramental Life: Miracles constantly occurring.

To Be Titled

At the point you go beyond your current level of Faith, life responds.

To Be Titled

Mother turns fate into Destiny.

Views on Women by Mother and Sri Karmayogi.

1. Women are not subordinate to men in the sense that they have to wait on men and do errands to attend to their physical needs. Instead, they have equal rights to pursue their own interests says Mother.
2. Women can take to spirituality seriously only when they give up their interest in marriage and having children.
3. Women are more attached to property and possessions than they are to their husbands and parents says Karmayogi.
4. Even Sri Aurobindo surrendered to the Divine Mother obeying the spiritual principle that calls for Surrender to divine Shakti.

5. The realization [in *Pride and Prejudice*] that dawned on Elisabeth that Wickham is fake and that he must be given up is the first instance of rational behavior in literature according to Shri. Karmayogi.
6. The strength of Indian women lie in their loyalty to their husbands according to Sri Karmayogi.
7. A woman has as much right as a man to develop her individuality. Western women are well on their way to doing precisely this, while Indian women are only now starting after being subject to male domination for centuries.
8. Women value their beauty more than anything else and it is not uncommon to find a pretty woman who has an inflated ego that makes her feel equal to the country's prime minister.
9. Apart from physical weakness and more emotionality than men, there is not much difference between men and women.
10. A man who is fully at harmony with his wife has great scope for accomplishment according to Sri Karmayogi. (MSS)

Re-Union of India

Sri Aurobindo and Mother called for the Re-Unification or Re-Federation of India with its former parts and other neighbors. It has been suggested that the best way to facilitate that is through increased trade and economics among the nations. Please see this article on the subject:

<https://www.google.com/.../breaking-the-kashmir-jinx-and.../amp/>

To Be Titled

Turn complaining and blame into gratitude. Life will respond in your favor.

To Be Titled

How others treat us is not dependent on others. It is dependent on ourselves. (Karmayogi)

To Be Titled

The Rishis saw the God in God Himself. Sri Aurobindo saw the God in Man. (Karmayogi)

Comment: I.e. the rishis tried and often succeeded in communing with and merging into the Divine, shunning Life. Sri Aurobindo saw the divinity not just Above, but in Life as well, including Man.

Advantage of Observing Life Patterns

Observe the world from within yourself, and notice the subtle patterns unfolding around you - both visible and unseen. It will give you a great advantage over life - in terms of knowledge, strategies, values, behaviors, and actions.

Outcomes Mirroring Our Attitudes

Unfolding outcomes - whether positive, neutral, negative - are constantly reflecting one's moment-to-moment attitudes. We are normally ignorant or oblivious to this subtle relationship. However, those who are conscious will take the time out to explore, understand, and learn from it. Application is then the next step. Positive Life Response invariably follows.

Applying Inspirational Thoughts

Most of the Inspirational Thoughts presented by people will be forgotten by the reader within 15 minutes. One will quickly go back to one's usual way of being. It is the physical consciousness taking back its control of our nature

Normally that piece of wisdom only sticks when one has gone through a serious ordeal that it relates to. Only then does it become truly real.

On the other hand, conscious people will try to apply the Inspiration as soon as they can in various areas of their lives. They not only elevate their consciousness through application, but gain the added benefit of life soon responding with good fortune in that or a related area. Reader: We have to consecrate the aspiration to apply the inspiration the moment it is read or heard.

Response: Yes, that way the inspiration tends to become "sticky".

To Be Titled

To identify the cause of our failures in external events is the sure way to escape self-correction. (Karmayogi)

Yes, if we blame external circumstance for the cause of our failure, how are we ever going to identify our own complicity in the outcome; our limitations in character that helped bring it about.

To Be Titled

The greatness of USA is that it is able to take the Many - of races, ethnicities, religions, et al - and make the mighty experiment of turning it into the One.

USA and Russia Working Together

Working together USA and Russia, the two military superpowers, can help solve many of the problems in the world - including Israeli-Palestinian, Shiite-Sunni, India-Pakistan, India-China, China-US, N. Korea, Ukraine, etc. etc.

Unfortunately, USA and Russia have lost connection with one another, so richly promised at the end of the Cold War. If they were able to reestablish strong ties and work together to solve global problems, it would make things so much easier for the world. Human progress could accelerate.

To Be Titled

An arduous route that is the longest is the shortest one. (Karmayogi)

Yes, without the arduous route, there would be no result.

Non-Reaction Power Acquired Over Long, Drawn-Out Circumstances

When a long-drawn event is over, we discover that we have learnt one truism of emotion, i.e. attitude. (Karmayogi)

E.g. over a six-month period a man had to deal with very difficult, even dangerous neighbors, and yet in that time he learned the full power of practicing the inner method of Non-Reaction and Detachment that extricated them all from the premises, replaced with very pleasant individuals.

The man had learned of the nuances of the spiritual method of Non-Reaction power. Moreover, the unfolding of these events was at each stage a miracle to behold.

To Be Titled

On the best of days, the worst happens. We must learn to appreciate both. (Karmayogi)

This is a very difficult thing to embrace, as it is very hard to see how great progress is occurring on a very bad day. However, in retrospect it is easy to see. We just have to bring the perspective of the future into our perception of the immediate situation, It will make things much easier, reducing the pain. When we have Faith in Mother it is much easier to navigate.

To Be Titled

Mental occupation or preoccupation is a symptom of incapacity to accomplish what occupies the mind. (Karmayogi)

Yes, e.g. we waste time on games, navigating the internet, et al, while we wonder why we are not getting anywhere in our careers or other aspects of our lives. If we were to reverse the habit and do something useful, opportunities would rapidly move toward us.

To Be Titled

The cold war gave way because the Russians, having come to know of Western prosperity, longed for it. (Karmayogi)

Comment: The same can happen for Muslim Fundamentalism.

To Be Titled

Sri Aurobindo says Nature resorted to foreign invasion [British colonialism] in order to give India geographical unity and succeeded. (Karmayogi)

Comment: i.e. from the material plane the British came to dominate India and use its resources. From the spiritual plane, the British came to unite India.

Reader: Sir, I want to know the spiritual significance of the present state of India, its unsettled issues of the states like threats to public like the farmers of Delta belt, continuous arrests of fishermen by Srilanka leaving them no option for livelihood, the corrupt political system etc. What shall be the Divine Plan behind these issues?

Response: I would say to begin we need a context. From the context (of say India) we can more readily examine situations, and thereby determine their cause and point to a likely solution.

Eg today I went through the following article of Appa's on India. He has several dozen other key dense essays, often in bullet point form. Each is a complex work of genius. From these we can devise essential principles he reveals.

He touches on many ideas, and includes laws of social development in this and the other articles. From these laws when well understood and integrated in our minds, we can understand individual problems and thereby give solutions according to the right context.

It is a lifetime work to go through, though Appa has most of it his mind and thereby can automatically understand any issue, and likely provide a solution.

In Garry Sir's novel 'The Book' the team devise an AI system that can comprehend and solve any problem in the world. It is the same as Appa's principles. It knows the conceptual framework of any problem and therefore has the capacity to offer a deep knowledge of how to resolve it.

If we are so inclined we can begin to learn the principles and see any individual issues that interest us in its right context, and offer helpful solutions.

Here is that one article (on India) I mentioned above.

<http://www.karmayogi.net/?q=india>

Reader: Roy, when reading the link in your reply, i find this quite puzzling in regard to 'supramental life': "Sri Aurobindo desired armed revolution for Freedom. Had it been there in the twenties and freedom won at the point of a gun, those who had died in 1947 in communal riots would have died as heroes on the battlefield earlier. Still, it could not have given us an administration for development." ... When it comes to 'supramental life', i feel this more in line with Gandhi's non-violence --- can you maybe explain why Sri Aurobindo would have desired "armed revolution for Freedom" those days of India's independence struggle?

Response: Gandhi advocated Ahimsa, non-violence. Several times in the 1920s and 30s, the British in India were back on her heels. A little armed resistance from Indians at that time would have sent the British packing. Gandhi refused the opportunity because it was not non-violence. Time went on, Jenner, the leader of the Muslims wanted a nation for them. So eventually did Mountbatten. Independence came, but with it partition into India and Pakistan. Communal violence ensued; millions died. Now two nuclear powers face down one another.

All in one sense because Gandhi didn't seize the moment in the name of Ahimsa. Sri Aurobindo indicated it was a terrible mistake. Armed resistance would have easily done the trick.

Supramental life is different. It is non-violent, except to defend one's self. You cannot have Supramental life if there is colonialism, slavery, oppression, hatred, et al. Human consciousness first must establish this before considering supramental life. Armed resistance is permissible to overcome tyranny. Once essentially established in the mental era, we can go to supramental. The latter is very advanced consciousness. Some are ready for this; most are not.

Gandhi's ideal is great for supramental life, but disastrous in an era of tyranny.

Gandhi refused to fight Hitler in the name of Ahimsa. It was an extreme tactical error in the name of a premature ideal.

Reader: thank you for the reply Roy ---- but how then ever disrupt the "spell" of violence, because people may always find an excuse for "tyranny" and keep repeating violent action-and-reaction to never have to question their own violence?

Response: It occurs progressively. Since 1950s there is 90% less violence in the world. Even 50% reduction from 10 years ago, and accelerating downwardly. Tyranny is thus far less than before. There are breakouts of violence, tyranny for sure, but the trend is definitely downward. Same with disease.

To Be Titled

A Supramental Life can gradually emerge, as violence, tyranny increasingly go down.

To Be Titled

It is an Era of Rising Expectations, everyone wants to be part of the modern world partaking in its benefits NOW. That puts pressures on systems, governments, organizations to be more responsive. As they are responsive, violence goes down. Media showcases tyranny, which also forced violence down. There are more subtle forms of tyranny, such as in China, but that too - its more subtle vs. very physical form - is a sign of progress.

To Be Titled

Supramental Life is for those who have a deep vision, who will evoke response for the benefit of the society from within. They are not waiting on society to solve its problems.

To Be Titled

It is said that one man can change the world through his own vision, affecting the collective vastly. Gorbachev and Steve Jobs are examples. Supramentally we can each be that person.

Reader: thank you Roy, that is a positive answer about violence reduction the last decades... and now i think the time may be now for 'structural' reduction of violence throughout all of society, that reduction of violence now has come to and/or reached the level of so to say "the individual"... in family life, in schools throughout education (so also in the education of the "teachers" of all types of schools and educational institutions), also at the level of the work force, but too any company staff etc., but also where it comes to treatment of animals, such as focus on their wellbeing -- and involved in all this is i think also in how far humanity is conscious of the well-being of Planet Earth and the interaction of our behaviour with our surroundings all-in-all and our relation with one-another and the natural surroundings.

The amazing new technologies are expressions of human spirit [psychic being] evolving in **To Be Titled**

the mind and organising in Matter. (Karmayogi)

To Be Titled

The question the rishis dared not ask and avoided is the question of reconciling Matter and Spirit. ... The point is the Spirit is not the aim, but the Spirit expressing harmoniously the Delight of existence in Matter. (Karmayogi)

To Be Titled

Internet is creating a subtle organisation through the medium of technology which is Mind expressing itself in Matter. (Karmayogi)

Supramental Life Anticipates, Changes the Future

Normal life: Great change happens in the wake of disasters. Supramental Life: all future potential disasters are cognized in advance, and therefore are prevented. One is unconscious, the other fully conscious living.

New Paradigm of Existence for Society by Garry Jacobs

In this extensive article Garry begins to identify the basic components of a new paradigm of society capable of addressing humanity's most pressing challenges and exploiting its unprecedented opportunities.

<http://cadmusjournal.org/.../new-paradigm-necessity-and-oppor...>

Freedom and Humility in Interactive Communication

Give people full license to express themselves, while also feeling you can deeply learn from their expression. It will demonstrate higher values of Freedom and Humility. The interactions will be creative and dynamic, while opening new vistas of understanding.

Connecting with the Reality So We Can Navigate Vast Change in Our Lives.

From the perspective of "the Reality," the All, vast change is unfolding in the course of our lives - with great undulations, giant swings to the positive and negative. And yet from our own limited perspective we are inching along, trying to stay on the same straight and narrow path, hoping to maintain the same rituals and patterns in our lives, avoiding any swings, when in fact vast change is what we are going to experience.

The Reality is the All, and includes all things from Spirit to Matter. The Reality is also past, present, and future. Moreover, if we are in the consciousness of the Reality, the All, we more readily sense and navigate the undulations of change in life; in our own individual lives.

And yet the Reality also includes the Spirit, meaning that Change in our lives can be brought under our control. By following spiritual values, and utilizing the Force of the Divine Mother; the supramental power, we can manage the swings of existence, reducing them down so that we experience a steady, progressive life, harmonious and peaceful, yet dynamic and ecstatic.

To Be Titled

We adore our own children to no end, yet are often indifferent to others' youngsters. It is a sign of possessive, selfish behavior.

To Be Titled

Ordinary Life is a field of conflicting and contradictory forces. Supramental Life is a field of perpetual Unity and Joy.

Power of the Small to Impact Your Life

Even the tiniest thing we do can have an enormous impact on our lives - for better or worse. Therefore, always be mindful of the situation you are in, no matter its level of importance. Stand back in consciousness and observe your behavior, your attitude, and ask yourself

whether you are doing the right thing, feeling the right feeling, behaving in the right way. Know that the smallest inner or outer behavior on your part can make or break your life.

To Be Titled

Neutralize every negative feeling you experience in the course of your day. As a result, Life will be your constant friend.

To Be Titled

We seek outer intensities to energize our lives. However, it is the inner connection that is most intense, energizing, and long-lasting.

To Be Titled

We need to practice self-control in our speech. 75% of our verbalizations are unnecessary, as they dissipate, waste our energies, repelling the Good from coming in.

To Be Titled

There is no excuse for Lateness; as it not only irritates, but make things more difficult. Plus, the tardy individual will lose the respect of others.

To Be Titled

Each important action you take, Consecrate; offering it to the Mother and Her Force. Gradually make your way to consecrating even the smallest of acts. Life will surely offer you its bounty.

To Be Titled

Don't be in a rush to show somebody something you've achieved, or have interest in, etc. Instead, bide your time and be patient. It will then have a greater impact on the other party, and the response will more likely be positive.

To Be Titled

Each nation has its own set of unique Issues and Challenges, which the people of the other nations are mostly ignorant of or oblivious to. In this way, the world is a long way from human unity, even though there is an acceleration in this direction.

To Be Titled

Sri Aurobindo was born with a mission to redirect spirituality with its other-worldly look and make it more prone towards earth. He was the first one to say that earthly life is also divine and that it must be brought out with the help of a descending supermind. (MSS)

To Be Titled

The Mother's mission was to work for the descent of supermind. She awakened the aspiration of the very cells of her body for this purpose, though she did not complete the divinization of her body in this life. (MSS)

To Be Titled

When you overcome a small resistance to make a change for improvement in a thought or insight, it opens up the way to even clearer and newer truths, culminating in Supramental Integral Truth if you take it to its logical conclusion.

Honoring those Greater than You

When you meet a person or ideal that is greater than you, there are two possible responses. One is the desire to serve him and the other is to become more than he. The first is the attitude of the sadhak and the second is egoistic human attitude. (Karmayogi)

There was a disciple living in the Sri Aurobindo Ashram. He understood the great teachings of the Master. Still he did not wish to propagate the teachings of the Master, but rather start his own group, which in many ways were divorced from the Master's teachings. It was a completely egotistic movement, which the Mother laughingly commented on.

To Be Titled

In terms of presenting direct, moment-to-moment spiritual and supramental experiences, Sri Aurobindo's Savitri goes beyond his The Life Divine, and Mother's Agenda beyond Savitri.

To Be Titled

Mother's Agenda -- with its 13 volumes/3000 pages of Mother's own experiences narrated by Her to Her disciple over the course of Her last 20+ years (1951-1973) -- is the first diary of Supramental Life.

Comment: Exactly.

Mother - On the True Meaning of Difficulties in Our Lives

"Difficulties are sent to us exclusively to make the realization more perfect.

Each time we try to realize something and we encounter a resistance or an obstacle, or even a failure - what appears to be a failure - we should know, we should NEVER forget, that it is exclusively, absolutely, to make the realization more perfect.

So this habit of cringing, of being discouraged or even feeling ill at ease or abusing oneself, saying, 'There, I've done it again ...' All this is absolute foolishness.

Rather, simply say, 'We do not know how to do things as they should be done, well then, let them be done for us and come what may!' If we could only see how everything that looks like a difficulty, an error, a failure or an obstacle is simply there to help us make the realization more perfect.

Once we know this, everything becomes easy."

(from Mother's Agenda, October 6, 1958)

Extraordinary Experiences of Mother in The Agenda (Revised)

Among the hundreds of inner and outer experiences the Mother had (as narrated to Satprem in the Agenda) were:

- She had taken a great golden hammer that shattered a great wall that enabled the supramental Force to descend onto the earth.

- She described how she became the first Supramental Personality.

- She saw her own body as the future supramental body - as tall, svelte, without any of the human functioning of breathing, digestion, procreation, and others.

- She experienced the creation of the universe as a series of pulsations that she felt as Divine Love.

- She saw a supramental ship and workers made up of a gray substance that was supramental in nature, symbolic of the new species that was being born or developed in the subtle plane.

- She had the constant experience of trying to infuse Her cells with the Divine Force, and that the cells of the body themselves were consciously reacting to that power, taking the first steps towards the elimination of the decay of the human body on the way to willed immortality.

- She was in constant communication with Sri Aurobindo who had left his body and remained very active in the subtle physical plane. She often referred to him as Lord.

- She said that Sri Aurobindo told Her that He would return with the Supramental Body.

- She indicated that during the China-India war of 1962 She had sent her force and thereby caused the Chinese to suddenly withdraw.
- She met with the Dalai Lama and found him to be a man of great magnanimousness and compassion, but more of a mental man than a spiritual personality. She promised him that one day Tibet would be free of China's occupation.
- She had regular contact with the four great dark forces of creation ("asuras"), and helped eliminate at least two.
- She explained how she had tricked Hitler to invade Russia during WWII, causing a second front to open up, which was the beginning of his downfall. (She feigned the Lord of Nations asura, whom Hitler then followed.)
- She scolded the devotees who did not see a giant subtle Sri Aurobindo sitting over the entire community in Pondicherry.
- She narrated her experiences of Her interaction with several of the Hindu Gods, including Durga, who came to her, some of whom surrendered to Her as ultimate goddess as Divine Mother.
- She would walk with Krishna, and He would lay his head on Her shoulder.
- She had the powerful Mantra of Life that Her early spiritual mentor Theon wanted to take from Her, nearly preventing Her from reentering Her body when he had severed Her chord of life.
- She heard a local tree crying and calling to Her, when She had someone check it out and discovered that an ax had been left stuck in its bark.
- She had a childhood experience where She fell off a huge cliff, but then gently floated to the ground.
- She told of many individuals to whom she sent Her force that had the effect of healing them or preventing them from danger, bringing them success, etc.
- She described how the Divine Mother had entered into her being at one point, ("the great lady up there") making her the incarnation of the Divine Mother on earth.
- She tried to convert the Catholic Church (i.e. the Vatican) to have a less repressive view, which would enable the higher consciousness to more readily flow throughout the world.
- She would scream at the cells in order for Her body to become more conscious, and not take to decay, illness, and all.
- She told Satprem that in America there would be the first breakout of Sri Aurobindo's wisdom through Satprem's books. (and that's what happened)
- She indicated in the early 1970s that Communism would fall in Russia (when the world was suggesting the opposite). It would occur in 1989. She said the same for Capitalism.
- She often described the true nature of individuals by merely looking at their photographs.
- She indicated that Sri Aurobindo was very active in the subtle physical plane.
- She revealed how Sri Aurobindo put all of his consciousness in Mother when He left in 1950. And yet She revealed that She lost contact with Him for a number of years, which made things difficult for Her.
- She described how She lost contact with Her Psychic Being when She went to Japan earlier in the century, before reconnecting with it upon Her return.
- She said she was Hapshupset, the first Egyptian queen, in a previous birth. She also indicated past births as Joan of Arc, Catherine of Russia, and the figure painted in the Mona Lisa.
- She helped people die, guiding them to their resting place, or holding their souls within Herself.
- She had extraordinary experiences with cats, and said that a mother cat was in many ways more conscious in terms of her children than a human mother.
- She constantly felt small or great pains due to the ill-will or ignorance of devotees in the Ashram or elsewhere in the world.
- She described how the mystic Theon had taught Her so much of the nature of Reality, and how his teachings were at various points quite similar to Sri Aurobindo's. He almost killed Her

when he would not let Her return to Her body unless She gave him the Mantra of Life, which She refused.

-She was surprised how humorous Sri Aurobindo was in his letters with several of his close disciples.

-She was concerned that She was moving ahead too fast for Her followers, and so put out simple and direct statements for them to follow, rather than try to explain her experiences to them.

-She envisioned and developed Auroville, and said there would be no 3rd World War so long as it existed.

-She would suddenly stop all motion of Her head and hands for a minute, after which she said she had just had 20 minutes of experiences. She also had the reverse experience. Time and space were extremely relative for Mother.

-She had the experience of LSD without taking any, and said it leads to madness. Besides, She indicated, one can gain all those inner experiences through higher consciousness.

-She said the hippies had manifest the Supramental Power, but it had gotten distorted due to their inability to hold that Divine power in a balanced way.

-She had a vision of great cities with fantastic skylines in Asia (when hardly one or two existed then), which is what came to pass several generations later.

-She said that Sunil's music, used for Her New Year's Messages and for Her recitation of Savitri, was like no music that has ever been on earth.

-She said that Beethoven had reached into a high sphere to call down his powerful music. She also said that Wagner had gone higher than anyone else in terms of planes of consciousness among the classical Western composers.

-She said She had some of her earliest spiritual experiences while listening to the soaring organ music at several magnificent Jewish temples in Paris.

-She said that money would always come to Her at the last minute when it was in dire need.

-She asked Ganesh for funds to come from America, but He said He had no jurisdiction there.

-We know of the experience of one having an out of the body experience. She also experienced kind of the reverse, where the body went outside of Her.

-She indicated that her consciousness spread out widely throughout the spheres, and that she often appeared as very tall in others' dreams and meditations.

-She indicated on one occasion that in the subtle physical Sri Aurobindo was racing around at fantastic speeds, something like a superhero.

-She would have "meditations" with her eyes open, which it was difficult for other disciples to have thought possible.

-She may have indicated that She had experienced almost every major illness, and yet was able to quickly recover from each.

-She told Satprem that he could communicate with his friend who had committed suicide in order to explain the truth behind the friends' problems.

-She interacted with the cells of Her body who were happy to know about the power of the Force.

-She indicated that Sri Aurobindo was able to make the ground ripple through His Supramental power.

-She scolded the disciples who tried to order her papers in their cleaning effort, when She indicated that the "mess" they thought was there was a perfect organization of Her current interests, thoughts, and writings.

-She had a memory and vision of seeing the child Akhenaton (Amenhotep 3), the future mystic King of Egypt, carrying on in the great court.

-She often mentioned that She had so many difficult experiences in order for Her Faith to be more complete; that it was only Surrender to the Force that enabled Her to get over a number of great hurdles, and nothing else; when nothing else was working.

- She spoke of Her ability to make vast bounding strides as a child that defied all laws of physics.
- She had developed a close inner relationship with Indira Gandhi, until other forces overtook the leader and her agenda.
- She indicated that the Chinese were extremely intelligent; that they were a lunar race; of lunar origins.
- At night she did not sleep, but went into a deep repose.
- She continually tried to be a limpid transmitter of the Force. Mother directs the force like a ray; to cure someone, even to get a thief arrested.
- As Her transformation increases there is a greater need to depend exclusively on the Divine Consciousness. Otherwise there is suffering, danger for her.
- She noticed a web and sub-webs of connection between things. If you improve something you are involved with, it improves related things or connected things on this sub-web. The web that encircles the earth. [like Life Response]
- She indicated that physical disorders disappear when (1) one opens the cells to the Divine, (2) when the cells are convinced that they are Divine, and (3) when the body ego disappears, and is replaced with That.
- She experienced the world as the Divine sees it, and indicated that to experience the world as the Divine sees it is our ultimate purpose.
- The notion of time and space, subjectivity and objectivity, whether things are concrete or not, are of the old species.
- She says that these are all breaking down as she is becoming the new species.
- She said there was something forming in Her that is replacing mind.
- She hears and sees with an inner sense. People who think clearly or express the inner life are perceived better by her.
- She indicated that the fastest way for her to connect to the Divine is through a sense of her own non-entity, non-existence; that only the Divine is what is existent. This helps her progress.
- She indicated how people around her were incarnated now because of a past promise to be present at the hour of realization, and how we can understand our past life aspiration to be here; and how we can continue that aspiration by being in touch with our psychic being, instead of just drifting, and leading ordinary lives.
- She often indicated: "The only thing I do is this (gesture of offering upwards), constantly this, in everything - in thoughts, feelings, sensations, in the body's cells, all the time: 'You, You, You. It's You, it's You, it's You ...' That's all. And nothing else.
- She doesn't have the same experience twice; and she doesn't dwell on previous experiences because she is forging ahead; the works of being transformed is so rapid.

To Be Titled

Sincere "thank yous" are often not appreciated, as the dull physical fails to respond.

To Be Titled

There are many causes of human Ignorance, of which the inability to reason properly is one.

Three Dimensions of Being Integrally Transformed

In the process of becoming integrally Transformed, the subconscious/subconscious of our being below becomes conscious; the mental, vital, and physical parts of our being in the midrange are elevated to their highest status; and we are fully open to the superconscious/superconsciousness above. (paraphrase of MSS)

To Be Titled

The Vedic method is to open to the Light that is above, and bring it into our lives below. (MSS)

To Be Titled

Mother did not try to experience trance apart from life (to achieve silence, bliss, escape from the travails of life, etc.); rather She would constantly open Her life and being so that it could expand endlessly in consciousness.

Security and Limits of Reason

Reason is there as a boundary for our understanding. It gives us a sense of security. But as long as we are feeling safe within the bounds of reason, we are missing the whole Truth, and therefore the entire Adventure of discovery. (paraphrase of MSS)

To Be Titled

Few initiatives we take compare in outcome to what comes to us from Life.

To Be Titled

When there is a serious problem in your life, it is not so much what you do outside that matters, as it is what you do INSIDE.

To Be Titled

In Supramental Consciousness one has the capacity to overcome any problem in life from Within.

Life Patterns for Success and Failure

Eventually at some point in our lives each of us will come to see the subtle and not-so-subtle life patterns and actions on our part that make us successful, and those which cause failure.

If we then dedicate ourselves fully to raising the intensity of the ones that cause success, and hold down the ones that evoke failure, we will attract unprecedented achievement in our lives.

To Be Titled

The entire outer life is inside you, so change it from there.

Creation and Evolution Process

Creation is by division; evolution is by unity. (Karmayogi)

In Creation (aka "involution") the Divine Force divides itself Consciousness and Force. It then further divides into Knowledge and Will. The Knowledge then dissolves, leaving only Will/Force. From that the Energy takes shape, which itself divides further into atomic existence as the forms of the universe. Now there is infinite division in infinite forms, yet now devoid of consciousness in the Creation process.

Now begins the Evolution where everything is unconscious and divided into atomic structure as material formations in the universe. Then it further unifies in plants and animal species; then further unifies as it acquires Mind, the capacity to think and know which had been lost in the Creation process. It then further unifies as humans interact and eventually harmonize with one another, while harmonizing the different parts of their being - mental, vital, and physical. The Evolution then moves toward ultimate Unity through our connection to Spirit, i.e. we organize our existence around a Oneness with all and life. Thus evolution through humanity arrives at a divine station, which is where it started in the Creation process; only now there are infinite variations of Spirit through the forms of life.

Creation/Involution is thus realized through division, a dividing process then ends with forms of Force; and Evolution is realized through Unity, as the unification of all aspects of those forms, i.e. humans with Life.

To Be Titled

God comes to me with the face of man. I see the man, not God. (Karmayogi)

Anthropomorphic view of God is false; even childish. The Divine is a Reality that we can commune with and come to truly know in Its facets by going deep and opening our consciousness wide.

To Be Titled

Ask for your right, abundance will respond.

Don't ask for it, the whole world will come to you. Ask for what is not yours, you will lose what you have. (Karmayogi)

thanks to S

To Be Titled

Culture is not speaking out the low emotions that arise, but the incapacity to have any such emotions. (Karmayogi)

thanks to S

To Be Titled

The greatest physical security comes from Truth. (Karmayogi)

Yes, when one engages in truth, life steps forward at critical moments and prevents physical or other material forms of harm that would otherwise come to you.

Thoughts on the Political, Social, and Economic Challenges Facing India in Light of Sri Aurobindo's Dream

In light of the current political, social, and economic situation in India, the region and in the world, I wanted to mention "Sri Aurobindo's Dream", which he expressed before and after Independence. (of which the Mother concurred). It is essentially this:

- India should be free and independent. (already achieved)
- Asia should rise as a great force and influence in the world, beginning with its prosperity (ongoing)
- India should become prosperous (starting to seriously happen)
- India should re-unite or re-federate with the nations around it, including Pakistan, Bangladesh, and others
- India should rise to become the Guru of the World (small signs occurring, mainly through her quietude and insights of being a relatively neutral player)

In this context I aspire to see all of the significant issues - including Kashmir, India-Pakistan, India-China, etc.- unfold. If not political, then further economic integration among the nation parties will help achieve the goals of Sri Aurobindo's Dream.

In my view, Modi has been doing a fine job of reconfiguring the finances of the country (including exposing money to taxation), while sincerely trying to overcome corruption, bringing about greater cleanliness in the country, etc. He has also held back with harsh war of words with adversaries, which he knows only inflames radical elements. Yet he has remained strong, made necessary military arrangements to prop up India's defense, etc. All within a certain quietude and inner strength.

Still the country faces huge issues, including vast poverty, missing infrastructure, serious problems with caste, potential for communal conflict, abuse of women in various areas, remaining corruption, outdated regulation, etc.

The biggest problem in the world as far as I see it is proliferation of nuclear weapons, and loose talk to use it. It puts the world in grave danger, and threatens all of our dreams, let alone Sri Aurobindo's.

In this regard, it is troubling to see harsh relations between US and Russia, who could potentially mediate some of the issues, reducing the chance of nuclear exchange. They could also stand down their own weapons, thereby avoid giving other, new countries excuse for taking on these weapons as well.

I believe that continued and expanded fair economic trade amongst the nations in conflictive situations is the best solution, short of political solutions.

Our own view is that we can change the world from within ourselves, which is what I saw happen to end the Cold War, (enabled by the action of the Divine Mother and others). The same inner, spiritual approach can work for any of the conflictive situations under discussion here. This is what I mean by the phenomenon of "Life Response."

To Be Titled

When you are in the supramental consciousness and you have an idea or a vision of a possibility, it tends to come about.

Great Growth Among the Planes

For a physical person a life of vital emotions and feelings would be a great growth. For the vital person, it would be a life of the mind (thinking, thought). For the mental person, it would be the spiritual life (of higher mind including light and intuition).

All can also benefit from higher spiritual emotions (self-givingness, gratitude, et all) and being centered in the depths within (soul). Also, Consecration can be taken up from any plane. The more take to these, the more likely we move further into the next plane.

The Garbage Picker

Intensely observe something someone is doing wrong to the point of one's irritation, and their wrong-doing will increase. Shift your thoughts and emotions elsewhere, away from the situation, and the problem will tend to quickly dissipate. This is a startling, but true spiritual principle of life; often referred to as "Non-Reaction" or "Detachment."

A man was watching someone going through his garbage containers, which were outside ready for pick up. The more he observed the man in a state of irritation, the more the picker persisted in getting the items from the containers he desired, including bottles and other recyclables.

However, when the man then shifted his thoughts away from the situation, the picker suddenly stopped his activity, and moved away from the scene. Moreover, the garbage truck suddenly arrived for pick up, much earlier than expected.

Knowing God, the Divine in the Ascent - The Psychic Being

Sri Aurobindo says that after years of searching, He made a supreme discovery. He discovered the psychic. Nobody has ever talked about the spirit evolving before. When you go into the higher experiences or trance you see the great Spirit behind, but He was the first to discover that there is a spirit within the evolution that is evolving. Sri Aurobindo says in The Life Divine the we know God in the descent, but we do not know God in the ascent. God in the descent is the Parameshwara who has willed the creation. But what is God in the ascent? It is the godhead concealed in Matter that is evolving from Matter and progressively manifesting itself. That is the psychic. It is not outside of the evolution. It is the seed of spiritual consciousness that is awakening through our conscious experience in Prakriti. When we talk about the soul that goes through the experience of life after life and evolves and gains knowledge, we really mean the psychic.

Sri Aurobindo made the great spiritual discovery that if you concentrate on the Manomaya Purusha, you go to Purushottama, which takes you outside the creation. If you concentrate on the psychic, if you realize the psychic, it takes you to Parameshwara, the Lord of Creation, inside the creation, and you ascend the path by which the lord descended to manifest the worlds in the first place. You go right up the same path from mind to Overmind to Supermind without ever leaving the world. So He discovered the key. He discovered how we can have

that contact with the Lord in the creation and bring down Mother's power into our life. That is the whole secret of this yoga. (Sri Karmayogi)

To Be Titled

Mother said that as a result of the creation, there is Division (the Involution), which has to become Unity (Evolution).

To Be Titled

Mother indicated that in each person there is a part of the personality that needs to be transformed (that the soul seeks to be changed in the life, or if not done in one's life, it waits for the next life).

To Be Titled

Mother said that the time of the ego, of a separate personality is over. It is false. Consciousness, action, and individuality is replaced by the Divine.

To Be Titled

Mother said that everything (in life) is useful and necessary. We must be in the movement of the eternal Unfolding and Becoming, accepting all.

To Be Titled

Mother indicated that it is better to be a limpid transmitter of the force, and be patient, than being anxious to know what is going to happen.

To Be Titled

Mother said that there is no real good or bad; all is what it should be.

To Be Titled

Mother indicated that the Divine Action is so simple, but our complexity, mentality ruins it, diminishes it, distorts it.

To Be Titled

Mother noticed a web and sub-webs of connection between things. If you improve something you are involved with, it improves related things or connected things on this sub-web. The web that encircles the earth. [like Life Response]

To Be Titled

Mother said that the need to think is a transitional phenomenon in human evolution.

To Be Titled

Mother indicated that the purpose of human life is to become, to be the Divine. To have the Joy, the Delight that we are the Divine.

To Be Titled

Mother said that before a body can be totally Transformed, an intermediary stage may take place for humanity which will be the capacity for "duration of life at will."

Comment: I.e. the capacity to live as long as one wishes.

To Be Titled

Seeing that all is Divine helps you understand that there is no real conflict or opposition in life when they seem to appear. Then all difficulties fall away.

To Be Titled

Mother indicated that our ultimate purpose is to have both the Individual and Universal consciousness, i.e. to see the world as the Divine sees it.

To Be Titled

Mother said that incomprehensible illnesses are appearing as we transition between the old manifestation and the new which the body cannot yet process.

To Be Titled

Mother said that Sri Aurobindo came to tell the world of the Marvel, the Beauty to come, of what can be realized and how we can collaborate in that Realization.

To Be Titled

Mother said that the notion of time and space, subjectivity and objectivity, whether things are concrete or not, are of the old species. Mother said that these are all breaking down as she is becoming the new species. These aspects were necessary as part of the mental perception, which is no longer needed.

To Be Titled

Mother indicated that there was something forming in Her that was replacing mind.

To Be Titled

Mother said that for transformation to take place what is needed is Aspiration [for the Divine to manifest in life], and the end of Ego. To those who are Sincere in this regard will receive the divine help.

To Be Titled

Difficulties compel change.

To Be Titled

Mother often spoke of overcoming the defeatist subconscious (subconscious), which believes in the inevitability of death, by bringing in complete Faith in the Force and the certainty of the Transformation.

To Be Titled

We are at a decisive hour in the history of the earth. The earth is preparing for the advent of the supramental being, and because of this the old way of living loses its value. One must launch oneself consciously on the path of the future in spite of the new exigencies. The pettinesses tolerable at one time are no more so; one must widen oneself to receive that which shall be born. (Mother)

To Be Titled

Mother indicated that there is a new power manifesting in Her: the body's new freedom to decide its fate. The Supramental Manifestation gives the freedom of the body itself to decide its fate.

To Be Titled

Mother indicated that the end of physical suffering will come through the Force, fully within a few centuries.

To Be Titled

Mother said that the Financial power is the materialization of a vital force turned into one of the greatest powers of action: the power to attract, acquire, and utilize.

To Be Titled

Mother said that the purpose of difficulties is to make our realizations more perfect.

To Be Titled

Mother indicated that the further you progress in yoga the greater the need for humility, elimination of the ego.

To Be Titled

Mother indicated that the yoga, the true mastery, begins with the tiny things of life at the bottom (habits, thoughts, feelings, etc.) combining with the consciousness at the top; to do work for yourself, and for all.

To Be Titled

Sri Aurobindo says that as you progress you become more universalized, and thus you take on the burdens of others and the world.

To Be Titled

As Mother evolved, her past became non-existent for Her, as if it occurred to another person. She indicates that when the past can no longer bring a lesson to be learned, it recedes and disappears; otherwise one cannot normally try to forget the past.

Direct Perception

Mother said that when neither physical vision or hearing are there, you perceive the thing directly, giving you true knowledge. This is how the Supermind will function.

To Be Titled

A life consecrated to the Divine is the only one worth living. (Mother)

To Be Titled

Our practical knowledge is based on an experience that has become worthless. (Mother)

Reader: Roy, do you know when this was said, approx. what year?

Response: Feb 27, 1971

Agenda is -1951-1973; mostly 1960 onward.

To Be Titled

Today the whole world is following the USA because she is rich. India will be heard with respect if she is Prosperous and Indians realise her spiritual greatness. (Karmayogi)

My Recent Posts of or About the Mother

Please note that a number of the posts of or about the Mother I've recently posted in Facebook come from my analysis of 'Mother's Agenda' that I began 15 years ago.

There are 13 volumes in all, and the posts are mostly from statements I extracted from Her discussions in 1951-1960 (volume 1), and especially from 1971 (volume 12). Hopefully, one day I will complete the study. 😊

To Be Titled

Truth discovers all sides of an issue; not just the side one is predisposed to.

To Be Titled

He who sees a fool as a fool is the FOOL. (Karmayogi)

Yes, every person serves a purpose. In Shakespeare's 'Much Ado about Nothing' a pending tragedy is about to take shape. However a bumbling fool saves the day. No one would ever thought it possible.

We must take every person seriously.

To Be Titled

To one who can dissolve the sorrow of a tragedy, no tragedy ever comes. (Karmayogi)

Incredible remark ... and startlingly true.

Mother's Force Calms Conflict

If you are in Mother's consciousness and physical, violent activity is threatened somewhere in the world, yet you aspire for peace and calm in this locale, unexpected events or related will suddenly take shape that will prevent the conflict from occurring. It is another indicator of the peace-creating power of the supramental Force and Action.

Effect of Dishonesty

In Mother's consciousness, dishonesty of any sort, even if insisted on by the client, will attract unexpected new expenses back to one's person.

Comment: Thank you S. Very insightful. It is easy to let things slip. We need to always be vigilant.

Also, Consecration will help if we have erred; i.e. after the fact.

Values, Methods, and Life Response in the Organization

Higher values evoke Life Response (sudden good fortune) for the organization. In addition, each individual can practice particular inner methods to evoke life response in his/her job, which brings him positive reward through the Life Response phenomenon, which also vibrates out to the organization.

Shifting to Higher Attitudes

What can you do to shift from the lower to the higher attitude for each of these 13 dual pairs?

- Unwillingness to Willingness -
- Arrogance to Humility -
- Self-Importance to Respect for Others -
- Impatience to Patience -
- Suspicious to Accepting/Trusting -
- Unreliable to Reliable -
- Pessimistic to Optimism -
- Defensive to Expansive -
- Insecure to Self-Confident -
- Closed Minded to Open-Minded -

- Self-Satisfied to Aspiring -
- Resentful to Goodwill -
- Sarcasm to Sincerity -
- Indifference to Caring

Patience and Impatience

-Patience speeds up the transaction. Impatience, the opposite.

-Patience also attracts a more positive outcome, opposite of impatience.

Startling Sales Training Technique

One day many years ago I found myself sitting in a chair on a stage next to my sales manager who sat in another chair opposite me. Other sales people observed the proceedings in the audience.

The goal was for me to ask for the sale from the customer (played by my sales manager) to see if I had the necessary skills in that area.

And so I proceeded to ask him for the sale: "Would you like to buy it" I said to him with a sense of clarity and certainty. He looked in my eyes for a second, and then answered "No."

I somewhat bemusedly thought that his response was interesting. And so I gathered myself once more and asked him again for the sale, this time with a little more conviction. Again, he responded "No."

Well this strange, yet amusing interaction would go on for perhaps 10 iterations. Each time I would try to muster up more conviction and persuasiveness, but each time to no avail. Now frustration was building. Also, each time I had to ask I also had to overcome the hilarity of the situation; especially my sales manager with his brilliant dead-panned "No."

Then on the next round when I was nearly at my wits end, he shocked me by answering "Yes" to my offer! I was startled by his response, but I knew this time I not only had conveyed conviction, but I was not worried in the slightest whether or not I would secure the sale. And so, my sales manager detected that dual capacity, and therefore accepted my offer!

In retrospect it seems that he too was simultaneously attached and detached in his sales skills teaching method!!

It was a hilarious and profound learning approach and experience, and certainly helped me in later sales efforts.

Done right, I suppose this little episode could make a humorous, yet instructive scene in a film or a sales instruction manual.

To Be Titled

Each reversal from irritation to acceptance attracts positive conditions that bring you that much faster/closer to your goal.

Garnering the Knowledge of Subtle Insight

It is relatively easy to perceive the obvious messages Reality is presenting at every moment. And yet the real insight, knowledge, and power are the SUBTLE messages coming in that are almost always missed. Living an inner, instead of a surface, life will reveal these continuously.

A Vision and Plan for the Supramental Life Facebook Group

What do we want to express in this Supramental Life Facebook group, as well as the booklet and other expressions that come out of it?

--a vision of a new, divine way of living

--lived expressions of the new, divine way of living

--expression of the spiritual aspects, values in our lives - such as peace, harmony, truth, delight, etc.

- life response phenomenon; including methods to evoke it
- personal and spiritual growth aspects, methods
- character of life; i.e. how life works
- how supramental life works relative to life's normal character
- expressions of supramental life for the individual, for society, in business, etc
- metaphysics of existence, including process of creation, involution, evolution, and the Reality; and the role of the plane of supermind in the process.
- the nature of the supramental plane (supermind)
- the supramental force and action
- human transformation; integral yoga, whose outcome is supramental life
- supramental perception
- expressions of a supramentalized mind, life (vital), body
- vast, varied, startling benefits that come through supramental life
- progress and evolution of life on earth (on the way to supramental life)
- sri aurobindo and mother - their experiences and insights as related to supramental life
- MSS inputs on this topic from all directions
- inclusion of insights from supramental knowledgebase
- inputs, comments, et al from viewers
- a pathway to an interactive, supramental life website. with systems, tools, knowledge to elevate the individual
- other, your inputs?

Reality of Life

When one's soul seeks Knowledge,
 It may come as contradictions on the surface,
 To one's opinion, belief, values and so forth.
 As the mind can see only the partial view,
 It is hard to embrace the Hints of life,
 And when one continues to insist on his ignorance,
 The message of life often gets lost.
 It is wisdom to learn from life,
 That tries to teach us, always.
 On the contrary,
 It is folly to insist on learning
 By only going through self-experience.
 When one insists on that adamantly,
 What appeared as the easier choice at that time,
 Could become the most difficult path to one's progress.
 Darcy, had he listened to Bingley at Meryton, (in Pride & Prejudice),
 Would not have needed to go through bitter experiences,
 When life had presented his soul mate,
 He insisted on his surface ego and called her "tolerable".
 Siddhartha, had he listened to his father in the beginning, (in Siddhartha),
 Would not have needed to go through a cycle of life
 To learn what he wanted to know in the beginning.
 When life presented the cross-road decision,
 He became the victim of his ego and chose his own path.

Cooper, had he listened to his daughter Murph, (in Interstellar),
 Would not have needed to miss his family for a long period of time.
 When life presented an easier way to solve the problem,
 He ignored his daughter's call and valued his common-sense.
 Yet, years later,
 All of them came back to the same Reality,
 And after, went through an arduous process on the surface.
 And through all those experiences,
 Their souls had learnt what it had wanted to learn.
 What about us?
 Gross is our surface life,
 And subtle is our path to Destiny.
 Its wisdom to learn the knowledge of life,
 That tries to teach us on multiple fronts:
 Not only through our own experience,
 But, in so many other ways,
 Like through history, literature, other's experience and so forth.
 By being conscious at every moment,
 By being receptive to what life offers us,
 By applying Laws of Life Response,
 And by raising our consciousness endlessly,
 We could evolve through an easier and shorter path.
 Otherwise, one might need to face the ordeal of experiences,
 Like Darcy, Siddhartha and Cooper had gone through.
 We can align with Cosmic Reality or Karmic Reality,
 The choice is ours.

(SM)

Comment: Very fine "wisdom poem."

Knowing the Subtle Laws of Life enable us to avoid 90% of our meandering (in space and time) towards our goal. We can discover that true Knowledge when we move to a deeper center of being. With this wisdom applied, success can happen quickly; even at the beginning!

Thus all 3 of the individuals addressed in the poem could have achieved it at the start. Unfortunately, Ego got in the way of each, and the journey to their individual desired destinations was long and arduous.

To Be Titled

In a very difficult situation Mother will often bring about an extremely simple solution.

On Reactionary Forces

Reactionary forces are necessary as sign posts to remind us, to energize us to do, to become the very opposite. In that sense, they aid us all greatly and speed up the Evolution.

GIIMS Speech

I just had the pleasure of completing a remote presentation from California to the staff of Global Institute of Integral Management Studies (GIIMS) in Kochi, India on the topic of 'Attitudes and Life Response'. It was a wonderful experience.

To Be Titled

Mind refuses comprehension of those ideas it dislikes. (Karmayogi)

Yes, the crux of the problem. "Taste of Ignorance."

To Be Titled

The soul seeks another soul, never knows its name. Man identifies other souls by caste, place, country, race. (Karmayogi)

Yes, it is a key difference between the evolved, spiritualized individual and the normal person.

Humility and Learning from Others, Life

One sure mark of humility is the willingness to learn from inferiors, and it reaches its acme when the emotions consent to learn from those whom you taught. The best of spiritual humilities is learning from adverse circumstances. (Karmayogi)

Yes, I have learned so much from my students, particularly in trying to respond to their difficult-to-answer questions. Also, as I become more aware, I am increasingly learning from adverse circumstance. It is key to growth in consciousness.

To Be Titled

By knowing Character of Life principles and by developing Supramental Perception one can far more easily anticipate and even predict future outcomes.

Income Inequality

According to a 2016 Oxfam report, the wealth of the lower earning 50% of the global population dropped by 41% between 2010 and 2015.

In 2017, an Oxfam report noted that just eight billionaires own as much combined wealth as "half the human race".

'Arrival' and Simultaneous, Supramental Time

The visionary 2016 science fiction film 'Arrival' can be seen as a magnificent exposition of Sri Aurobindo's startling and profound concept and experience of "Simultaneous Time," where past, present, and future are synchronous in the eternal Now. Where we can in the present be one with the past and the future, meaning that the separation of the three is an illusion. They are part of one continuum that we can experience in an ever-present. I can thus fully perceive the future in the present; and I can fully know the past, not through memory, but direct experience.

It is in essence Supramental Time, which we are evolving toward, and which we will naturally experience in the future.

In Sri Aurobindo's view when we connect with our psychic being (evolving soul) within, the past, present, and future are fully at our disposal in the present, with full experience of and power over all three in the Now. We simultaneously have access to all three in the present.

Uniqueness of Generations

Each generation has its own unique energies. One issue is whether that generation is aware of those particulars, and is best able to utilize them. Merely dumbly moving forward on the wave of that force, without knowing it's hidden purposes, unique values, will land one and one's generation nowhere, and easily forgotten.

Intensity of Youth

Young people enjoy the intensity of negativity, whether in film or in real life, as it stimulates them; yet at the same time they are innocently or foolishly ignorant of the consequences.

Reader: Well Roy, i think young people do not know difference as long as it moves it just moves, there is no comprehension, though comprehension may only start with all those sensations if further growing in maturity... and ability of distinction can come, though question is 'whether' maturity will ever be reached --then with immature (not necessarily young) people, if no ability to distinct the bulk of different types of information... if no ability to discern...., there is no possibility to 'transcend' and the result is the world as we are in now, albeit for the moment... (Or this how i see it.)

Response: Yes, I see your point. And yet eg Education can be very helpful in this regard. Within education we can also teach aspects of personal growth - like higher attitudes, personal values, taking responsibility for your actions, even life response. Conscious parenthood can also be helpful.

Christian View of God and Prosperity

Many of the famous Christian American spiritual teachers have focused on how to discover one's deeper or higher self in order to become Prosperous. Among them are Billy Graham, Dale Carnegie, and Norman Vincent Peale. Thus, in a way, Prosperity for Americans IS God. Anything less is to be out of touch with Him.

Perceiving the Problem Inside

The yogic poise is that the problem is never out there, but in here.

Ie from within we can take responsibility for any problem around us or even in the world, by discovering the corresponding negative element within ourselves, and make the effort to change it, consecrate it. This is how the practitioner of the integral yoga, i.e. the aspiring supramental individual handles it. The problem around us then dissolves.

To Be Titled

Wherever there is disastrous circumstance, you will find the root of it in consciousness.

To Be Titled

We love to gain benefit from Mother, but are not so willing to change our nature so we don't have to constantly ask.

On Equality and Fairness in the World

In one sense the world is becoming far more equal than ever before, as we see China and then India come out of poverty en mass. But in terms of money, a very tiny fraction of the people own most of the wealth in the world. This extremely unequal wealth distribution is patently unfair, and portends rebellion and insurrection.

To Be Titled

He who begins to love what he so far hated is crossing into sainthood. (Karmayogi)
thanks to S

Virtue of Self-Restraint

There is only one virtue. It is self-restraint. (Karmayogi)

Example: In Pride and Prejudice, Mrs. Gardner while riding in a coach with her husband and Eliza Bennet, restrains herself from speaking to Eliza about Eliza's budding relationship with Darcy. An hour later, Eliza, after visiting Darcy's vast estate at Pemberley, falls in love with Darcy. Had Mrs. Gardner interfered, it would have upset the entire balance of the story. She practiced masterful self-restraint; the greatest of (life response evoking) virtues.

On Praising Others

Small mind seeks to stay on top by withdrawing praise of others. Expanded mind realizes when it gives praise to others, good fortune comes roaring back.

To Be Titled

Whatever one boasts about insures the opposite will soon come about. (RP)

Linking the Rivers of India

Appa (Karmayogi), the great sage and genius of India, has for decades advocated the linking of the rivers of India for greater access and use of water and energy. Perhaps like many of his dreams for India this too will come to pass. (here is the article)

<https://in.reuters.com/.../modis-87-billion-river-linking-gam...>

To Be Titled

From the Yogic point of view, every event and circumstance is a Marvel. (RP)

Patience and Gratitude

It is in patience one recognises the value of gratitude. (Karmayogi)

Impatience is to want; to be unsatisfied with the current situation. Patience is to accept, and to have the wherewithal to feel gratitude of current conditions.

Giving Love & Its Return

He who discovers love in life is one who gives that love so that it is evoked from other hearts, not one who expects it from others. (Karmayogi)

Giving love evokes life response of receiving love from unexpected sources.

To Be Titled

The bitterest event is the closest approach to Mother. (Karmayogi)

Being in the depths of despair brings us closest to Her.

On Attention

Man, without exception, enjoys attention, seeks it, and copiously responds to it. It is strange that he is totally unaware of the Divine's Attention to him all the time. (Karmayogi)

A beautiful and uplifting sentiment.

To Be Titled

When you solve a problem, others come forward and recognize it for a completely different benefit.

Levels of Being Treated

People treat you according to your status generally, but when they are keen, they treat you as you are to them. (Karmayogi)

Yes, status is lowest and most common consciousness; as you are to them is somewhat higher, though not always; as divine is when they see your soul as extension of their own.

Who Is At Fault

Start any inquiry with, "I am always at fault", then there is no way you can fail. (Karmayogi)

Yes, this is very hard. But it is essential for breaking with the Ego and coming into higher consciousness. If we see it work a few times, by getting a sudden positive response from life, then we will be more eager to try it out again and again.

Saraswathi adds: Thank you sir. It makes one feel lighter I have observed. If I always feel I am right, the rigidity causes a burden.

To Be Titled

Guide people There

Only from where

They are Now

Comment: In my little haiku poem above, 'There' is essentially higher, spiritual, divine consciousness.

To Be Titled

When there is a problem and you refrain from blaming another, unexpected solutions suddenly appear from your inner or outer field of vision.

Sri Aurobindo's Cosmic View

In Sri Aurobindo's cosmic view, Supermind is the dynamic manifestation of the Absolute, serving as the intermediary between Spirit and the manifest world, enabling a universe of energy and forms to emerge from out of the Divinity, and facilitate the transformation of those forms back into Divine being.

Friends' Positive & Negative Attributes

Each friend you have will have one or several distinct attributes you admire, and can therefore try to emulate. Likewise, each friend will have one or more distinct negative qualities you can also recognize, and which you surely want to avoid.

The Water Heater

Don't sell a negative short. By taking care of it, it might just reveal yet another lurking, hidden problem, which now can also be resolved.

Example: A man's water heater had failed to produce hot water. He called in the plumber who took care of it. On the way out, the plumber then pointed to the air-conditioner fixed into a window, and noted that there was a clog in the water release. Two minutes later, the man took care of that as well. As we see, without the first problem, the second problem might never have been revealed; thereby avoiding a potentially dangerous situation.

Any problem can thus serve a purpose greater than itself; whether as an opportunity to resolve another issue, or the unexpected arrival of some other way forward

To Be Titled

By going Within, you are far more attuned to the needs of the future, and the right influences of the past.

Spending & Non-Wastage Together Attract

Willingness to spend when there are needs, instead of hoarding, together with a decision not to waste funds on what is unnecessary, attract new sources of funds from unexpected sources.

Anger and Your Fault

Every time you are angry, whether at someone or something, you can discover a fault of your own lurking behind.

Eg a man was angry that after he spoke his spouse did not understand what he was talking about. He then came to realize that he was expressing himself when she was busy and could not understand his words. Had he been patient and waited till he had her undivided attention, then the problem and the anger would not have been necessary.

To Be Titled

Mother Nature, in the form of disasters - whether hurricanes, floods, earthquakes, fires, etc. - is always expressing the consciousness of the residences and influencers.

Reader: Yes Sir. But many people doesn't seem to understand Mother nature

Response: People understand the physical aspects of Mother Nature to a large extent, but not how consciousness, including its dark human evoked evokes natural disasters.

Even Mother Nature and her physically destructive movements can be re-directed when we know the inner keys. I have seen it happen many times.

Beyond that people do not understand how LIFE/NATURE itself works, of which Mother Nature is a material subset.

Reader: But the "cause" is not necessarily local, although it is true that this place is 'one and the same' planet..., Planet Earth..., where still too many people are living in division from within themselves, hence creating conflict, disruption, suffering, disbalance, disharmony etc., denial of love all in all and unconscious about it, they do not act as one humanity. How can they talk about nature then when that is about the first they deny? When we realise we are one humanity and all life, including animal life and plant life etc., is one life together... what does our world and beautiful planet look like then and how does that feel... it can only feel truly great and liberated from all whatever darkness within as that is now cause of all division, cause of all problems. How do you see this Roy?

Response: Yes, the cause in consciousness can be local, regional, national, global, etc.

It also always repeats in cycles based on the consciousness that is brought to bear at the time. Bush or and Trump have similar regressive global views. Disastrous Katrina happened in Bush's reign, almost no hurricanes occurred during Obama's, and they appear furiously again under Trump.

To Be Titled

Global Warming and its mufti-faceted effects is the negative unfolding that will increasingly move, force the world into a higher levels of Human Unity.

To Be Titled

All the problems in the world are indications that the old world is cracking up, and a New World is being born.

Conscious-Force in the Involutionary and Evolutionary Processes

As things divide in the Involution, the Conscious-Force is progressively absorbed. Ie out of cosmic mind comes energy and then matter, infinitely divided in its atomic makeup. It (matter) begins as complete unconsciousness.

As things unite in the Evolution, through the emergence of higher life forms, but even more so through higher human qualities (of attitudes, values, behaviors, actions, culminating as spiritual attributes), the Conscious-Force progressively reappears, returning to the surface of life. It is complete, integral (supramental) Consciousness.

To Be Titled

Mother calls Sri Aurobindo's Philosophy NEW Spirituality. Those who take to Mother happily follow the new spirituality in the ways of the old Spirituality. Sooner or later, it stops working. (Karmayogi)

To Be Titled

Money that represents the emerging spiritual Individual is a tool of non-competitive society that is the basis of the World Union. (Karmayogi)

To Be Titled

Mind that comprehends Money that represents the individual is more than the Mind that we know. It is a mind that moves towards the Supermind. (Karmayogi)

To Be Titled

Man who moved from inside without the external compulsion is the evolutionary individual. (Karmayogi)

To Be Titled

Money in the world can Self-multiply, drawing its energies from the individuals who are not possessive, acquisitive, competitive, or miserly. (paraphrase of Karmayogi)

Comment: Example: Silicon Valley founders for 30 years desired to create products and services to benefit humanity, with interest in becoming wealthy a distant second or lower still. The result; a staggering amount of wealth going to them as a result of the benefits they brought to the world. Money just multiplies and even self-multiplies in that environment.

Reader: Still i cannot help seeing "money" is totally unnecessary.

Response: Money is a divine power that can help bring about human fulfillment so long as the values are high.

What money actually depends on the level of trust among the people. The higher the values, the trust, the more subtle the firm money takes on, and the more money circulates into the right places supporting human fulfillment.

Society could exist without money, on say a higher ideal, but it would require a commensurate power to sustain it, such as love. Without that underlying conscious basis - whether trust or harmony or love as the basis of exchange - the entire society would collapse.

Money has not yet fully succeeded because money has become Dark due to human Ego. Money is not inherently dark, only humans are. Rather money is a social force, even a divine force for the purpose of uplifting humanity.

Reader: Thank you for your reply on "money", Roy --- still i do not consider it being a valuable something of any value worthwhile living for.

Response: One should never live for money, but for high values. Money is simply a resource, like ships, bridges, roads, energy, and food. One should not live to eat, but to live, to enjoy, to create, to love.

Resources thus serve to help, support these human needs.

Just as we misuse energy, we misuse money. However increasingly we are learning to utilize them in better ways, in newer forms that can more readily, harmoniously serve humanity.

Also, when we learn the subtle laws of money, it circulates without dark shadow. It moves, it circulates like any useful resource in the Light.

For a deeper explanation of the purpose and meaning of money, please see our article here: <http://cadmusjournal.org/article/issue-5/power-money>

To Be Titled

To accomplish at a higher level, the laws of life and Spirit are to be discovered. They are in the subtle Causal planes. (Karmayogi)

To Be Titled

Mind that thinks to understand should shift to an understanding without thinking i.e. through SILENCE. (Karmayogi)

Supermind's Role in Deployment of Spiritual Attributes

Supermind set forth, deployed the Real Ideas of the Infinite Divine into creation, including spiritual attributes of Peace, Silence, Harmony, Truth, Knowledge, Goodness, Creativity, Love, Delight, Timelessness, and Infinity.

The Source consciousness wished these spiritual attributes/values to manifest in creation, Supermind brought them into being, and it is up to us to make them real in the world, fulfilling the Divine Intent.

In a Divine (supramental) Life, these spiritual values are fully manifest as real.

Supermind in the Involution and Evolution

INVOLUTION - From out of an ineffable, immutable Infinite Reality emerged Sat-Chit-Ananda, in essence, a Conscious Being and Force (Conscious-Force). From that emerged the plane of Supermind, which rendered Space and Time, unleashed Spiritual attributes (real ideas) into existence; out of which emerged the plane of Mind, and out of it dumb Energy, culminating in material existence (Matter).

At the dawn of creation, the original Conscious-Force is fully hidden, absorbed in creation.

EVOLUTION- Now begins the Evolution - from Matter to the emergence of Life Forms, to the development of Mind in those forms, to our opening to Supramental truth consciousness and force, enabling the manifestation of the spiritual attributes/values in the world,, culminating in a supramentalized existence (truth, unity consciousness), a divine life on earth..

In that process, the Conscious-Force once hidden, absorbed at the dawn of creation fully emerges in the forms (ie us) in creation.

Supermind's Multi-Faceted Role in Existence

We can distinguish four aspects of Supermind in and out of creation:

1. Supermind is a plane of existence that is a further projection of Sat-Chit-Ananda (Existence - Conscious-Force, Delight), enabling a universe to emerge from a Divine Source.
2. Supermind rendered and set loose the spiritual attributes/values in creation, including peace, harmony, knowledge, truth, goodness, love, joy, timelessness, and infinity so the forms of creation can manifest them as real, extending the spiritual values of the Source into we humans in the universe.
3. Supermind is a force and plane that we can open to that will help divinize our lives. It is the Mother's Force we can give ourselves to, to further our evolution.
4. Supermind is a plane of Mind beyond Intuitive Mind and Overmind (universal consciousness), where we can know a thing or matter in its complete integral fullness and truth, with an added power for that knowledge to instantly become real in the world.

To Be Titled

It is one of the great ironies of our time in America that the people of the South and Midwest, and rural areas, who have been the most anti-government and conservative, increasingly need that government's financial resources the most.

To Be Titled

As conceived in USA, "Rugged Individualism" is different than Individuality. The former is rooted in anti-government feeling, carried over by immigrants from Europe to escape gov't religious oppression there 300 years ago, though wholly unnecessary in a free USA. The latter, which includes entrepreneurship, is what has helped make America great.

To Be Titled

A sincere man knows he is not sincere. (Karmayogi)

Yes, a sincere person is more willing to accept the truth of himself, including his limitations, such as a degree of insincerity.

To Be Titled

Effort turning into Enjoyment quickly attracts unexpected positive developments.

To Be Titled

Mother Nature works synchronously with the consciousness of the environs.

Young Minds, Old Minds

Though they may not fully understand the wisdom, young minds are often far more receptive to knowledge than old ones, which often become crusted over.

And yet when old minds open up, a new chapter of their life is born, can suddenly blossom, in ways no one would have imagined.

To Be Titled

Life forces ignorant disbelievers to become believers. Otherwise, their ignorance, falsehood, and treachery expand.

To Be Titled

In one sense His spiritual path is actually quite simple. Go within, be still, and go further until you reach the psychic being (soul). From there, open to Mother. Everything else will take care of itself; often in the most extraordinary ways.

To Be Titled

Objections are opportunities - whether short or long-term.

To Be Titled

The ignorant and false will stay that way up till the critical moment of truth affecting them; not a second before.

To Be Titled

Progressive people can learn how to be silent and non-critical of non-progressive ones. It will enhance the arc of their career, including the implementation of their fondest dreams and aspired for personal values.

To Be Titled

Everything in life is invisibly inter-connected in the most complex ways. Life Response phenomenon reveals it all. As we live on the surface, we perceive an infinitesimal fraction of that reality.

To Be Titled

The thirst for physical conquest morphed into economic imperialism and colonialism which have morphed into the global marketplace we know today. (MSS)

On the Deeper Benefit of Trade

-Flourishing trade is a sign that a nation has achieved a level of social maturity beyond the stage of war.

-Trade forges relationships and unifies populations, enriching people's lives by presenting them with a more diversified product range. (MSS)

Guns in US & Nuclear Weapons.

The persistence of gun culture in the U.S. Is the cause of thousands of deaths every year. This relic of the earlier culture of violence could be a reason for the failure to abolish nuclear weapons. (MSS)

To Be Titled

The USA atoned enough for its earlier reluctance to outgrow a barbarian practice [slavery] by electing Barack Obama as the first African-American President. (MSS)

On Cultural Unity in the World

The world has long desired cultural unity, which does not mean cultural uniformity. Cultural unity must be based on a recognition and respect for the rich diversity of cultural influences that have contributed and continue to contribute to human evolution.

The unification of cultures will enable each society to complement and complete its own cultural development by enriching it with the multicultural perspectives of other societies.

Even if cultural unity remains a distant goal, at least cultural cooperation is possible now. (MSS)

Employment as Universal Right

Employment for all job seekers is a subject of immense importance in the field of economics, though contradictory views are put forth regarding its feasibility. When recognized as a fundamental human right, it will acquire the political power for implementation. (MSS)

Reader: but what is meant with "employment"? is it about people to be able to live their utmost inner truth? as long as the mentality is too physical, or so, real life values suffer marginalization.... and oppression

Response: Yes, employment just to live, to survive, to merely enjoy the fruits of one's labor at the material level, without any values would not be much of an improvement.

And yet before people can have a divine-like life, it is best that there is a stability of living - in the forms of employment, prosperity, systems, organization, education, human rights, freedom, opportunity, fairness, equality, inclusiveness, individuality, etc. This foundation will help the world forward, and serve as a basis for human fulfillment, including of the spiritual kind.

Reader: i think in all this what we need 'now' is restoration of nature, restoration of the planet, restoration of ourselves in who we truly are without illusions, understanding ourselves --- and so in it all a basic natural 'respect' for life wherein corruption of values for the sake of "egocentrism" has no place

Response: It's true, and increasingly so. And yet humanity is making large strides in trying to prevent pollution, for further deployment of alternate energy, for trying to help animal species survive, non-killing of whales, etc etc

It's just that the entire past effect has accumulated, and it is now on our shoulders. A recent poll indicated that the Millennial generation has the environment and what to do about it as their highest value. 50 years ago only hippies talked about that. Now the world is coming awake to these issues, to the value of Mother earth, distancing themselves from money and material things as the only value.

Naturally we see the planet and its cumulative stress as a metaphor for ourselves. Heal the Planet, Heal Ourselves.

And I would add that the more we heal ourselves, opening to higher Consciousness, the more life will respond and new dramatic developments will occur at the level of environmental progress. Thus, from within we can heal the world. At that level we can begin to become universal songs. I have experienced that a number of times, and have written about it. We can change the weather, overcome fires, stop wars from within. Mother and Sri Aurobindo did it constantly using the Force. Some of us have done it too.

Reader: yes, heal only from 'within' ---yet now, mostly, alas still corrupt values prevail

Response: Yes, and that is why we must go deeper to change things.

It doesn't change out there. It only changes in here, and, as a result, the out there reflects it. This is how the new supramental world emerges.

Societal Developments for the Avoidance of Violence

Physical violence eventually led to the development of the knowledge needed for the avoidance of violence by means of diplomacy, trade and cultural exchanges, marking the beginning of the transition from the physical to the mental level of evolution. (MSS)

Evolving a Universal Global Culture

The world is in the process of evolving a unifying global culture founded on universal values and recognition of the rich contributions of different cultures to humanity's progress. (MSS)

To Be Titled

Dark forces have risen in America and other parts of the world, giving rise to the propensity and urge for violence and war that have lied dormant. We must patiently push back on these irrationalities in order to bring about the unprecedented, higher values that are ripe and ready to emerge in society.

Life Response Q & A - By Roy Posner

[note that this text flows according to the original 13min. video of the same name]

1. WHAT IS LIFE RESPONSE?

Life Response is the phenomenon where the conditions of life suddenly or very rapidly turn positive due to a shift in one's consciousness.

What normally takes days, weeks, months, or never happens at all, occurs in a very short time; or in a matter of moments -- or even instantaneously in the blink of an eye!

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Some Examples of Life Response:

-A low-producing salesperson gives up his RELUCTANCE to work weekends and instantly attracts the biggest sale of his life as soon as he arrives at work.

-A man gives up his LIMITED ATTITUDE about the service he is offering, and suddenly his business takes off like a rocket

-A man studies the issue and then calls to the Spirit, and all of a sudden a major electrical crisis facing his entire country suddenly comes to an end after weeks of near catastrophic conditions.

2. WHAT IS THE PRINCIPLE BEHIND THE PHENOMENON OF LIFE RESPONSE?

It is this: What is occurring on the outside is a direct reflection of our inner condition.

Thus, when we change our consciousness inside, life instantly responds in kind on the outside.

In that way life is like a mirror, constantly reflecting who we are; what we think, feel, and believe.

We call this relationship 'Inner-Outer Correspondence.'

3. WHAT DO WE MEAN BY ALIGNMENT?

When there is a Life Response outcome, the two parties involved have in essence moved into Alignment with one another.

Their shift to a higher level of consciousness brings them together in a common point in space and time.

In Jane Austen's *Pride and Prejudice* novel, Elizabeth Bennet, the daughter of a middle class 18th century family goes to visit the estate of Mr. Darcy, where she discovers that he is far nicer person than she had thought, causing her attitude to change about him.

Two minutes later when she approaches the estate's lake he suddenly appears out of nowhere, when he wasn't expected back for days. As a result of this, they would fall in love and soon marry. By changing her attitude toward, him, the two moved into alignment, connecting in the same point in space and time.

4. WHAT IS THE SPIRITUAL THEORY BEHIND LIFE RESPONSE?

Life response occurs because everything in the universe and beyond is interconnected.

That is because there is an inherent Oneness behind all things.

And so each time we move to a higher consciousness, we connect with corresponding elements (people, events, etc.) in space and time that we are inextricably associated with.

5. WHAT IS THE SCIENTIFIC PROOF BEHIND LIFE RESPONSE?

The life response phenomena is now explicitly corroborated by the now-accepted scientific principle of "Non-Locality," also known as "Entanglement".

In Entanglement two objects at opposite ends of the universe from one another with no apparent material connection can instantly mirror the state of the other.

E.g. when a shift in the spin of an electron changes, another electron shifts at the exact same moment in the exact same way though they are on opposite sides of the galaxy. Thus the two objects are said to be "entangled."

This is very similar to how in Life Response Occurs.

E.g. if I shift in consciousness to the very positive, a person from around the world instantly contacts me with good news, though I have never communicated with or known them before.

6. WHERE CAN WE OBSERVE LIFE RESPONSE TAKING PLACE?

We can observe it in our own lives; in the experiences of others; in our family or community or nation; in organizations such as businesses; in current events; in history; in fine literature and film; practically anywhere!

In all of these domains of life, sudden good fortune comes about through an elevation of consciousness on the part of someone or some collective of individuals.

7. WHAT PRACTICAL ASPECTS OF LIFE CAN BE AFFECTED BY LIFE RESPONSE?

Any and every aspect of life can be affected by instances of sudden good fortune.

That includes our physical health and well-being; in our relationships with others, whether family, friends; in our success in work and career; in the opportunities that come our way; in the problem areas that we come upon; and so forth

8. HOW QUICKLY DOES LIFE RESPOND?

Life can respond over time, or very quickly, or even instantaneously to our shift in-Consciousness to the positive.

When life response phenomenon occurs instantly, we refer to it as "instantaneous miraculousness."

For example, a trainer without work for months CLEANS his refrigerator and at the VERY MOMENT he completes the work he is informed that he has been booked to conduct classes for entire next quarter

In another incident, a man who had expressed PERSISTENT GOODWILL towards the owner of another business organization unexpectedly receives the biggest referral fee of his life!

9. WHAT ARE THE GENERAL FACTORS THAT DETERMINES IF A LIFE RESPONSE WILL OCCUR?

A life response occurs due to -

- (a) the Quality of the shift we make to a higher consciousness;
- (b) the intensity of the shift;
- (c) the degree to which the surrounding atmosphere is positive

10. HOW FREQUENTLY DOES LIFE RESPONSE OCCUR?

It is always happening!

However, we only see a tiny portion of their occurrence because we are not accustomed to look for them.

And Yet, if we consciously are awake to the possibility of life response, we will experience it far more often.

Actually as we go deeper still in consciousness, we come to realize that EVERYTHING OCCURRING IN THE WORLD is Life Response.

Everything is responding to subtle influences near and far; not just to direct, obvious, material, mechanistic modes of cause and effect.

11. DOES LIFE RESPONSE OCCUR ONLY IN A POSITIVE DIRECTION?

It occurs positively, neutrally, and negatively.

Positively it occurs due to an elevation of consciousness (inner or outer behavior) of the Individual or collective.

Negatively it is due to the persistence of negative consciousness or an intense moment of it.

12. WHAT ARE THE HISTORICAL ROOTS OF LIFE RESPONSE?

The connection between the inner person and the outer result occurring in ways that defy space and time are referred to, discussed in the ancient Indian Vedas, as experienced by the great Rishis (spiritual seekers) of that period.

Discussion of such phenomenon however is scattered across many traditions, from Taoism to Zen to all aspects of ancient and New Age thinking.

13. WHAT ARE THE TYPES OF BENEFIT THAT COME ABOUT IN LIFE RESPONSE INCIDENTS?

- Sudden appearance of positive conditions
 - Sudden arrival of unthought of ideas
 - Impossible problems show new-found solutions
 - Golden opportunities appearing out of nowhere
 - Health restored; Abundant energy in life
 - Goodwill and harmony unfold
 - Spikes in revenues, sales, income
 - Never-ending career and personal growth
 - Perceiving trends and future direction of things
 - Calm, peace, inner richness, and joy prevail
 - See things from many points of view simultaneously (integral understanding)
 - Startling coincidences and synchronicities frequently occurring
- and many others ...

14. WHAT ARE SOME OF THE HUMAN BEHAVIORS THAT EVOKE LIFE RESPONSE?

- Higher levels of cleanliness and orderliness
- Making maximum use of available resources
- Making the full, exhaustive physical effort

- Having the intention to achieve a goal
- Making a decision and having the intense will to achieve a goal
- Organizing information to a higher level
- Applying high personal values
- Overcoming negative attitudes toward self, work and life
- Adopting a generally positive attitude
- Any act of goodness or self-givingness
- Feeling gratitude toward others, life
- Feeling goodwill towards others
- Reducing Volume of speech, using fewer words
- Practicing "Silent Will"
- Controlling all extraneous thoughts
- Not reacting to the intensities of others
- Practicing equality of being in face of difficulties
- Not blaming others; taking responsibility instead
- Embracing the other person's point of view
- Opening to the Spiritual Force (consecration)

By practicing any of these methods, you can quickly attract sudden good fortune from out of nowhere.

15. HOW DOES LIFE RESPONSE COMPARE TO THE BOOK AND FILM 'THE SECRET'?

The Secret is mainly focused on how to achieve a goal. You ask the universe for it to happen, and then wait on its reply. It's a profound insight on how to attract one's heart's desire. However, it is limited.

Life Response embraces this but goes much further, revealing a myriad of reasons life responds, as well as dozens of methods to evoke it.

We have reviewed many issues on the Life Response phenomenon, but there is one more question to be answered.

"How can we consciously learn to apply this phenomenon in our own lives?"

For answers to this and related questions, please read ...

the following books -- By Roy Posner

- The Miraculous Phenomenon of Life Response
- Life Response in Work
- A Life Response Reader
-

Please visit the websites:

<http://royposner.weebly.com/>

<http://lrcenter.weebly.com/>

Here is the video version:

<https://youtu.be/5VY7MOOiv-A>

Key Human Behaviors That Attract Sudden Good Fortune - By Roy Posner

There are certain inner and outer behaviors that evoke sudden good fortune in our lives, such as money or an opportunity suddenly appearing from out of nowhere; or a serious problem instantly dissolving.

With that in mind, let's list out the human behaviors that evoke sudden good fortune:

- Be positive, optimistic, and cheerful
- Make a firm decision about something
- Take the necessary physical action
- Embrace what life has put before you
- Feel deep enthusiasm in your work
- Make the full exhaustive effort
- Take responsibility for a situation
- Increase cleanliness & orderliness
- Systematize an activity
- Organize facts into ideas
- Maximize the use of a resource
- Pay all your debts; collect money's due
- Give people/objects more attention
- Commune with the essence of objects
- Shift your focus to others
- Be selfless and self-giving
- Show gratitude to others, life
- Send others good will
- Forgive others when wronged
- Take to greater psychological strength
- Hold back a thought so others speak it
- Talk less; and in a low, soft voice
- Take the other person's point of view
- Be calm and equal when problems arise
- Execute an activity perfectly
- Open to the spiritual Force
- Really aspire for something to happen
- Plan, implement, and execute a goal
- Focus on what should be accomplished
- Embrace the truth of things, not shun it
- Forget a problem, not dwell on it
- Change a long-standing negative habit
- Apply higher values in every work you do
- See difficulties as opportunities
- See your outer life as a reflection of your inner state
- Choose the higher consciousness direction when making a choice
- Take every small detail seriously
- Believe the infinite can break out of any finite
- Go the extra mile; make the extra effort
- Review past negatives & offer it to the Spirit
- Embrace the many-sided truth of things
- Choose what is positive and helpful
- Turn negative emotions positive
- Move from agitation to stillness
- See negatives as positives in disguise
- Overcome any reluctance or unwillingness you have

- Hold back initiating; wait for life's signals
- Listen first, then talk
- Eliminate thinking in intense situations
- Give up a wanting attitude or belief
- Shun negative feelings toward others
- Stop negative attitudes towards life
- Don't blame others
- Don't complain about others
- Don't react to others' intensities
- Circulate money, don't hoard it
- Shift out of lying, deception, dishonesty
- Stop any form of ill-will toward others
- Withhold opinions
- Don't celebrate prematurely
- Don't over-anticipate a positive outcome
- Avoid sarcasm and cynicism
- Withhold ego movements of all kind

Each of these behaviors tend to attract the sudden onset of good or great fortune.

To know more, please read:

--The Miraculous Phenomenon of Life Response by Roy Posner

--Life Response in Work by Roy Posner

--A Life Response Reader by Roy Posner

<http://lrcenter.weebly.com>

Here is the video version:

<https://youtu.be/V9u7SazVBz8>

Life Response – Its Time Has Come - By Roy Posner

[note that this text flows according to the original 15min. video of the same name]

There is a great change taking place in the world.

There is a shift from concern only with laws of MATERIAL cause and effect to something deeper and more profound.

Gradually in the emerging New Age we are realizing the SUBTLE connection between things; not just the obvious material, mechanical laws.

In addition, people worldwide are increasingly reporting their own synchronistic and psychic experiences; Individuals are increasingly having visions and sudden intuitions of insight.

But have these profound experiences begun to reach some sort of critical mass?

The book and film The Secret has emerged on the scene and become a global phenomenon.

It has ushered in a new type of understanding about life, captured by the phrase "The Power of Attraction".

It tries to explain how from within ourselves we can attract positive conditions from life around us.

And we can do so without taking any outer action.

The Secret focuses on how we can attract and fulfill our deepest DESIRES and INTENTIONS from the world around us.

And we can do so by SIMPLY ASKING the universe for it to come about, letting go, and having the faith that Life will bring it about

The Secret is a great first step in this Startling new area of Human Consciousness. However, the laws governing our existence go far beyond what The Secret reveals. And yet they are FULLY REVEALED through "Life Response" phenomena, which is the capacity to instantly evoke good fortune from out of nowhere.

Through Life Response phenomena, all of the laws, principles, methods of how to evoke such powerful response on a regular basis are revealed.

But why are we only discovering this Profound Knowledge now?

It is because we were not ready to perceive such things before.

Our minds were not developed enough to see into the vast array of subtle forces that enable these miraculous-like events.

Thus, the revelation of the Truths of LIFE RESPONSE has waited until the current MENTAL age of humanity for its first blossoming.

It is only now that we are prepared to truly go beyond the simple material/mechanistic Newtonian laws of cause and effect, and see deeper methods and workings of life so we can evoke these startling results.

Garry Jacobs has elegantly explained why it has always been easier for us to grasp material laws of cause and effect, but difficult for us to grasp the more subtle laws that produce Life Response (Sudden Good Fortune) results.

He tells us that the former has a simple cause and effect dynamic and can easily be perceived by the five senses.

Eg if I hit the nail with a hammer, it is forced into the wood. It is easy to perceive cause and effect at work.

Life response phenomenon however is far more complex, as it involves all aspects of existence – from the material to the spiritual; from the surface to the depths.

Therefore, to understand such subtlety and complexity of Life's workings, we first had to develop a corresponding capacity to perceive it.

Now that time has arrived.

We are ready to comprehend how all aspects of life interact to produce the startling, miraculous-like Life Response effect.

And yet a number of us have made that task much easier for the world.

We have researched and revealed many of the laws, principles, and methods that bring about these astonishing Life Response results.

In other words, we now know EXACTLY what attracts Sudden Good Fortune, from seemingly out of nowhere, and how to make it happen for anyone on a CONTINUOUS basis.

Let us then explore that Knowledge of Life Response a bit further.

(And since Life Response and The Secret are both celebrating their 10-year anniversary at the same time, let us explore how Life Response relates to but goes far beyond the knowledge of The Secret.)

We have always had the capacity to make our dreams come true.

We can contemplate what we want from life and then make the effort to go after, and hopefully achieve it.

And yet The Secret tells us that there is an extraordinary shortcut for this to happen.

The Secret tells us that we can simply VISUALIZE what we wish to occur, and it will come about.

Our research shows that it works in many cases. And when it does it is miraculous to behold. But in many more cases it fails to produce the desired results.

The truth is that visualization of one's hopes and dreams, and asking the universe to make it real is a very partial approach to the Laws of Attraction.

There are so many other aspects and dimensions of life that come into play.

Let's explore this idea a bit further.

We are complex beings.

Aside from our material existence, there are our emotions, thoughts, attitudes, values, aspirations, intentions, capacities, habits, routines, and so forth

Life is also extremely complex.

The intersection of who we are and how life works is the Field where the play of Life Response occurs.

Knowing what that is at every moment requires a vast knowledge as well as a subtle sense.

Since each person is different, and each life circumstance is unique, has its own character, is changing from moment, – we need CUSTOM SOLUTIONS for each person in each circumstance to evoke positive conditions from the field of life.

Discovering that perfect blend of methods that evoke Life Response for a particular person, in a particular situation, given the current atmosphere, requires a great Life Knowledge.

Life Response now provides this very thing to the world.

Our research has shown that evoking sudden fortune is not a matter of simply visualizing what you want, what you intend, but looking at the WHOLE PERSON in the context of Life Conditions

As we have said, we are an amalgam of -

--Desires/Wants

---Intentions/Aspirations

--Habits/Routines

--Beliefs/Values

--Behaviors/Actions

It is how we raise our consciousness in any of these areas that determine whether and how Life Responds

For example, if we are constantly over-expecting and over-anticipating certain outcomes, then if we shift out of this mindset, we will also evoke instantaneous results from the field of life.

Likewise, if we give up a negative attitude, such as hostility to our overbearing boss, or anger towards our children, we can also evoke instantaneous results from the field of life.

In other words, giving up anything negative in our nature – whether a faulty attitude or a misplaced belief can evoke powerful positive conditions from the world around us.

Does this mean we shouldn't aspire for something, and ask the universe for it?

It does not.

However, if we do ask the universe for something to come about, we have to keep a number of things in mind

Many times the universe will not respond to what we ASK for, because it knows that given our present nature, demeanor, attitude, et al, it would not be in our best interest to provide us with this result

The universe is thus considering the entirety of our person, the given conditions of life, to determine whether it responds on our behalf

However, if we also change our nature, raise our consciousness, then the things we ask life for are far more likely to come about.

LIFE RESPONSE thus gives a COMPLETE KNOWLEDGE of the nature of the person and the nature of life in any given moment thus bringing about continuous life response for ourselves and the world around us.

Though Life Response Knowledge is rich and complex, there IS a simple approach for continuously evoking sudden good fortune.

It is to raise our consciousness in any given moment through-

-Right Attitude

-Right Feeling

-Right Thought

-Right Intention

- Right Decision
- Right Behavior
- Right Action

And through these shifts in inner and outer behavior, we will not only create an endless flow of miraculous-like results, but we will grow in consciousness.

We will be uplifted; as will the world around us.

How then can we gain access to this profound Knowledge, so we are constantly attracting "Instantaneous Miraculousness"?

We offer this powerful content to you.

Please read the following:

--The Miraculous Phenomenon of Life Response by Roy Posner

--Life Response in Work by Roy Posner

--A Life Response Reader by Roy Posner

<http://lrcenter.weebly.com/>

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YOU CAN MAKE LIFE RESPOND!

Here is the video version:

<https://www.youtube.com/watch?v=nWBMApnmvdk>

Life Response In Work - By Roy Posner

[note that this text flows according to the original 3min. video of the same name]

Time

It seems like we have so little of it; especially when it comes to our Work.

But what if we could overcome Time ... and Space

What if we could bring about the future in the present?

What if by some miraculous-like phenomenon we could achieve a goal that ordinarily takes days, weeks, or months, in a matter of hours or even minutes?

What if we could accomplish the goal INSTANTANEOUS to having the thought of wanting it to come about?

Sounds far-fetched, impossible? Some Fantasy or story-line from Science Fiction?

It turns out that a number of individuals around the world have researched and discovered ways to attract future outcomes in the Present by making certain shifts in CONSCIOUSNESS.

There are particular changes of habit, attitude, belief, behavior, and action that when made more positive attract instances of Sudden Good Fortune.

We call this extraordinary phenomenon a "LIFE RESPONSE"

In our Life Response in Work book we reveal the powerful inner behaviors that bring about these startling results.

So join thousands of others who have taken to the Life Response phenomenon

... so you too can Evoke the Miraculous.

Karmayogi's Supramental Perception

Karmayogi is continually evoking insight and knowledge at the supramental level, as he-

-perceives many sides of any issue or matter, not just one or a few

-perceives the issue at the deepest level

- perceives the issue from the perspective of a wide variety of fields of life (history, science, literature, economics, metaphysics, etc.)
- perceives the essence and purpose of the issue in an evolutionary context
- perceives how contradictions, conflicts of idea related to the issue are actually moving to a higher harmony
- perceives each issue from the perspective of the Spirit; of the highest consciousness that can be brought to bear; of the Divine intent
- perceives how the issue expresses various aspects of the "character of life", including life response phenomenon
- has a predictive capacity that is extraordinary because of all other factors mentioned here.
- has an inner power to make real, to manifest positive aspects of the issue

Every Act Miraculous

For the supramental being, every normal act we engage in turns into a miracle.

How can that happen?

It can happen by taking to the Sunlit Path; ie a Life consecrated to the Mother and Her Force.

To Be Titled

"True Perception" is according to Sri Aurobindo the capacity to fully, integrally know something or someone; to perceive its or his true character and nature just at a glance.

Comment: Mother had this capacity in spades.

To Be Titled

Supramental perception is to see and feel directly into the soul of things; into the soul of others.

Oneness with Others

He felt the beating life in other men

Invade him with their happiness and their grief; Their love, their anger, their unspoken hopes
Entered in currents or in pouring waves

Into the immobile ocean of his calm.

...

His inner self grew near to others' selves

And bore a kinship's weight, a common tie,

Yet stood untouched, king of itself, alone.

(Sri Aurobindo, from Savitri)

Universalization of Thoughts

He heard the inspired sound of his own thoughts Re-echoed in the vault of other minds;

The world's thought-streams travelled into his ken

(Sri Aurobindo, from Savitri)

To Be Titled

In Stillness come unexpected, the very best of solutions.

From Rationality to Degrees of Super Rationality

While rationality is greater than non-rationality or irrationality, it is inferior to Super-Rationality, which is (progressively) -

- Mind falling silent for better thought processing, thinking (Silent Mind)
- Understanding coming as a burst of Light (Illumined Mind)
- Intuitions of knowledge entering, or appearing in the mind without any thinking involved. (Intuitive Mind)
- Knowing what others are thinking who are at a distance, or projecting one's thoughts so others know it. (Universal Mind, aka Universal Consciousness)
- Knowing the full, integral knowledge and truth of a matter in a flash, while having the complete will and power for it to become real in the world. (Supermind, aka Truth Consciousness)

These progressive forms of Super Rationality are also called realms of "Spiritual Mind."

Growing Out of the Partial, Fragmentary View

Our eyes are fixed on a partial outer manifestation which we see and call the universe — though even now we see and know very little of it or about it, know perhaps a few of its processes but nothing fundamental, nothing of its reality, — and an inner partial manifestation which we do not see but experience and feel and call ourselves. Our mind is shut up in a cleft between these two fragments and tends to regard it as the whole of things and the only tangible and real existence.

It is so that the frog regards himself and his well. But we have to grow out of this frog consciousness and exceed the limits of this well. In the end we come to perceive that we have a truer and divine being of which our petty personality is only a surface and corrupted output, a truer and divine Consciousness in which we must become self-aware and world-aware discarding our present fragmentary and bounded mental vision of self and things. (Sri Aurobindo)

To Be Titled

It is a challenge to perceive an interesting positive or negative development that suddenly arises, and then try to trace it back to one's recent behavior, attitudes, actions, etc. This is the essence of "Conscious" Life Response, instead of the more passive kind where we merely react in amazement when startling results occur, and we don't seek to probe very much into the inner cause, chalking it up to dumb Luck.

To Be Titled

It's astonishing how many people believe that you can only find happiness through another person.

Capacities Vs. Values

Capacity is of the physical. It is what we have already fully acquired. Values is of the mind and spirit, it is what we aspire to attain. Capacity reflects the values we have already fully accepted mentally, endorsed vitally and mastered physically – e.g. the capacity to be punctual in the West, or to make things perfectly, or to organize or to fight courageously. What we call values are capacities still in the making, e.g. generosity, self-giving, taking the other person's point of view, truthfulness. When these values become physical sensitivities, they too are converted into capacities of extraordinary power. (MSS)

Strategies to Become a Supramental Individual

1. Move your focus of being from the surface to a deeper poise within.
2. Focus less on the outer personality of others, and instead relate to their Essence and Being – their soul.
3. Try to discover your own soul, psychic being and then from there commune with the souls of others.

4. Forget the influences of the past weighing on you, and over-concerns about the future. Focus instead on the here and now.
5. Focus, see the truth in the other person's point of view.
6. Try not to react to the intensities of others, or life conditions.
7. See the positive emerging from out of the negative, including new opportunities.
8. Try to discover the Higher Harmony beyond the contradictions – of ideas, desires, parties, individuals, etc.
9. Shift your focus away from your own needs and concerns to those of others.
10. Well up goodwill inside and broadcast it to other individuals, various collectives, and the world.
11. See the outer conditions as a reflection of one's inner state, and make the necessary adjustments.
12. At any point in the day, check for Ego movements, and halt them in their tracks.
13. When a pain rises, don't focus on it, instead offer it to the Mother, the Supramental Power and then forget about it.
14. Catch any negative attitude toward others, life, and self, and neutralize it. Better still turn it into its mirror opposite.
15. Learn all the subtle principles of life – including character of life and life response.
16. Constantly aspire for greater personal and spiritual growth.
17. Make the right decision in cross-road situations, focusing on what is helpful, beneficial, over the opposite.
18. Think about your highest personal and social values, and try to implement them in your life.
19. If you are ready, surrender to the Divine Mother; making all other matters and concerns secondary.
20. Perceive how life is evolving in and around you, and consider how you can inwardly help that movement along.
21. Sense the spirit in all living things, as well as in inanimate things.
22. Know that you can from within determine the outcome of local and global events; of movements of Mother Nature; of circumstance in your city, state, nations, and beyond.
23. Let your mind continually fall silent, and increasingly know through intuition (ideas appearing in your mind without thought) and supramental perception.
24. Make the effort to understand and embrace all sides of a matter; not being fixed on your own partial understanding.
25. Try to increase the level of Harmony in every moment, meetings, discussion, etc.
26. Convince people by not speaking out your thought; i.e. by practicing Silent Will.
27. Observe how your need, emotions, desires are continuing to recede.
28. Periodically sense if you are in tune with the flow of Life, instead of swimming against the tide.
29. Perceive how everything – from Spirit to Matter - make up the same single Reality.
30. Perceive how the Conscious-Force is in all things. Get in touch with it in any matter, object, etc.
31. Perceive that all forms are different forms of the same Spirit.
32. Perceive how you yourself are spirit in the form of matter. How your soul is part of the Oversoul, the transcendent divine, and is within you.
33. Defer to the other person's needs and concerns at any moment you interact.
34. A sign you are making progress is sudden or continuous evocations of silence, and a calm, inner richness.
35. Reduce speaking by 50%, and lower the volume of your speech.

36. Upgrade your level of cleanliness, orderliness, organization, systemization as much as possible.
37. Avoid wastage of any kind, making maximum use of all resources.
38. Feel gratitude toward something or someone you have taken for granted.
39. Give others – people, objects – the additional attention they deserve.
40. Consecrate any past mistakes if they are still impacting your present.
41. Open to Mother before any minor or major activity; for any problem or opportunity.
42. Try to perfect any activity you engage in.
43. Accept what life has put before you, instead of wanting something different.
44. Sense you are a universal being, able to affect the collective, while being an instrument of the Transcendent Divine.
45. Know that you have the power to create infinitely, just like the Creator (Ishwara); especially with the Supramental Power, the Mother's Force in hand.

To Be Titled

Supramental is calm, peaceful, very still, yet extremely creative, dynamic, unexpected.

To Be Titled

Hippy culture (epitome of not caring about money) enabled the unprecedented wealth of Silicon Valley. It demonstrates the infinite power of personal values.

From Divided to Supramental Nature

Sri Aurobindo recognizes the essential divided nature of man. He lives in his ego, in ignorance, in time, in limitation, finite, and suffers from disease and death. Integral Yoga is the conscious method of overcoming Man's limited nature and arriving at his spiritual and supramental Nature. (Sri Karmayogi)

To Be Titled

It's always best to consider the weakness in a strong, positive argument, idea, strategy, philosophy; as well as the strength in a weak version of the same.

True Facial Recognition

Facial recognition software is a technology that can distinguish people from one another for security purposes. It is a powerful skin-deep, surface approach. On the other hand, the Mother could determine a person's entire character and soul purpose by merely looking at the face of an individual, or at a picture of such. It was usually perfectly accurate.

To Be Titled

Trying to be sarcastic and clever when engaged in a transaction normally attracts negative conditions. Best to be silent and humble in such moments.

Computer Sales Story

(a shift from unwillingness to willingness evokes vast response from life)

Many years ago, I was working at a computer store. At that time, I was at the bottom of the barrel compared to my fellow salespeople.

One day I was asked by my boss to work a second consecutive weekend. Having already worked the weekdays, and being continually exhausted I was unwilling to accept my boss's requests. I also felt that it was just asking too much of me.

However, later on when I considered my low monthly sales, my mediocre income, and now my wanting, reluctant attitude, I changed my mind and decided to come in to work that second consecutive weekend.

When I did, within five minutes of entering the store, a man who I thought looked like someone who would never buy anything approached me, and after several minutes ended up making the biggest purchase of my sales career.

In fact, that sale jettisoned me to #1 among my sales peers, and I would then go on to have the biggest monthly sales volume in the history of the four store chains' operation.

It also led to the biggest pay check of my career, not to mention the accolades and rewards that came to me at our company's Christmas party.

Then what is the moral of the story?

One moral is that reversing a limiting attitude can bring sudden good fortune

What Attitude was reversed?

It was my Reluctance. I shifted-

--from unwillingness to work that second weekend to acceptance

--from unwillingness to work hard and make the extra effort to embracing my boss's request

When I made that effort, LIFE RESPONDED as soon as I arrived in the form of the unexpected customer

... who made the purchase of my career.

To Be Titled

Mother's Life is a Magic Carpet Ride. Hold on tight, have Faith, and She'll take you There!

To Be Titled

Globalism and automation are like runaway trains. They are very necessary for our progress, but need to be harnessed and brought under control. We need to collaborate, to work together to accomplish this.

Reader: May I ask, Roy, what type of progress is meant here?

Response: Economic, and then social, cultural, political - thereby creating stability for people, so they have the solid basis of not having to worry about, be consumed by trying to survive in the world, so they can truly engage in personal growth.

The deep spiritual aspirant has far less need for that, as he lives through his individuality, whatever the circumstance; but I do believe global economic stability is necessary for the average person, as solid basis of personal development. Without it, life will continue to be very hard.

Sri Aurobindo was an advocate of global unity including a degree of global governance to stabilize conditions, to establish a solid economic and political basis from which a divine life on earth can begin to emerge.

To Be Titled

Human potential is infinite. We need to know what that consists of, and then make the full effort to harness it. Currently, we are tapping but a fraction.

To Be Titled

Through the mind one can make the decision to open to the Spirit, to the Mother. However, once decided, the mind will only get in the way, interfere with the descending Force.

To Be Titled

It seems that the age of great leaders is over. Henceforth, the People and their needs will set the agenda.

To Be Titled

It's always enjoyable to come in contact with a strong, yet fully rational and empathetic individual.

To Be Titled

Playfully, teasingly, tauntingly discouraging success in another will tend to have that effect.

Reader: Hello Roy, could you please elaborate on this one?

Response: I was leading a training session. A man was trying to figure out how to perform a task on the computer that was being projected on the screen related to the subject of project management. He slightly struggled. The woman next to me began taunting him in a somewhat friendly manner. It caused the problem to get worse for the man. I then chose to ignore it and be silent. The problem was then quickly solved. Energy of new understanding and success abounded in the room.

Law of Attraction vs. Consecration

Law of Attraction as explained in 'The Secret' book is the work of Mind and Emotion to accomplish what one wants through the universal Force. Consecration is the experience as introduced by Sri Aurobindo is the process by which one crosses the limitation of mind, emotion, and body and touches the Truth Consciousness (Supermind) which is the source code for the universal Force. (Nedumaran Ramakrishnan)

To Be Titled

Man always gets what he deserves.

To Be Titled

Willingness to change direction will always engender success.

To Be Titled

It is hard for us to conceive that the things we struggle with now will be of vital importance to us in the future, and will then come to us with great ease.

To Be Titled

It is hard for us to conceive that the things we struggle with now will be of vital importance to us in the future, and will then come to us with great ease.

We came from something Higher, but we have trouble living for, becoming that Source nature ourselves. Or to put it another way, we don't see that the Spiritual Origin of the Involution is the purpose and destiny of the Evolution, which is ours to bring about.

Suitability for Mother's Life

We can consider a number of qualities that indicate one's suitability to come to Mother and Her Life:

--One has a deep desire to have Sri Aurobindo's and Mother's message spread throughout the world.

--One wishes to see life transformed into something greater based on Their vision.

--One is unsatisfied with the status quo - in terms of society, the nature of people, and life.

--One wishes to implement Their ideas in one's own work and life, especially utilizing the power of Mother's Force.

--One has the character of an Adventurer; who seeks an adventure of consciousness.

--One is not satisfied with following the herd view; who wishes to truly be a true individual.

- One is eager to discover the Truth of things; not be satisfied with what is known, or what one knows.
- One seeks to learn from others; and collaborate with others.
- One demonstrates cheerfulness and optimism at every stage.
- There is a willingness to give up all, sacrifice all; without regret.
- There is an intention to bring Their vision to the world through a product or service; or a means of explaining their wisdom.
- One is willing to leave the past behind, and make a new life based on Her ideals.
- One aspires to make connection with the Divine; and with their own Soul and Essence.
- One enjoys working with, collaborating with others; even as he is also happy to be alone.
- One is tolerant of others; and embraces the conditions of life.
- One looks for and discovers opportunities behind difficulties; truths behind falsehoods.
- One leans on his faith, rather than life and the outer conditions.
- One is grateful for everything Mother gives; and also that which She holds back.

To Be Titled

From the perspective of the Reality, there are no positives and negatives (which are mental constructs); just unfoldings in space and time.

To Be Titled

The trouble is that we don't easily perceive the truths behind the negative, which would enable us to more readily embrace it, learn from it.

To Be Titled

Everyone is free to like what they like; to go after whatever they want. Of course there are consequences. So the quality of the effect depends on the nature of the like, the want, the desire; as well as how it relates to one's growth trajectory.

To Be Titled

An indicator of an open, flexible character is a willingness to change, to shift direction based on requests of others or similar life conditions.

Ascending Levels of Knowing, Knowledge

FACTS are the foundation, yet is the lowest form of knowledge. INFORMATION takes us a little further. THOUGHTS take us much further, as it is derived from the correlation of information. Much higher still are IDEAS, which is knowledge derived from relating and integrating thoughts. VALUES bring ultimate knowledge as they are principles that guide accomplishment and growth; an underlying power that gives ultimate insight of idea. This is the sweet spot of TRUE KNOWING and KNOWLEDGE in Education.

Life's Signals of What Is to Come, and Synchronicity

- Life is constantly presenting signals - i.e. subtle signs - of what is to come.
- When life's subtle signals are concomitant to the actual unfolding of what it was pointing to, then Synchronicity occurs.
- Synchronicity is when two things (individuals, ideas, events, etc.) arrive at the same time, occupying the same space, though on the surface they seemingly had nothing to do with one another. (In the depths, there is 100% connection.)
- Synchronicity startles the conscious mind, but it is the natural unfolding of life, occurring all of the time, at every moment, 99% of which we completely miss.

To Be Titled

30 years ago, Karmayogi indicated that India's vast population would be an asset, not a hindrance, as people vehemently believed at the time. Now it's been revealed that only India will soon have the largest population on earth, but also the most youthful, creating a tidal wave of energy, driving the nation forward, making it truly an Age of Indian Greatness.

'Spirit in Life' as Goal of Indian Education

"Some twenty children in the third standard were asked this question. There were twenty different answers. 'In education we learn a lot', 'I can become a doctor by education', 'We get information', 'We can know many things and fool others', 'By education I can get a job', etc. Only one child answered, "I can become intelligent".

This is not a question for third standard.

If twenty adults are asked this question, will the answer be far different?

I used to call education the "yoga of the society."

Next to yoga, it is the most powerful force in the society. Education helps an individual to do better than his parents in the society.

This, education does, by giving him a KNOWLEDGE.

Westerners have got an education, that makes them an individual. It gives them an individuality.

A Westerner knows he alone can take care of himself and he depends on no one.

He goes to extreme lengths to fully deny any help from any quarter.

We in India know that our families take care of us. Our values are family values. The family educates us, gets us married and gets us a job. Our education is not only from the school. We must be loyal to the family; family first anything next. Which is better is not my question. Each culture gives the individual its own education and it stands him in good stead. If the Westerner's individuality has made him prosper, should we not follow him? No.

Should we accept the 'education' given by our culture? Our Spirit is high, very high and noble. In our culture the Spirit is for moksha (liberation from life).

It is not FOR Life. Sri Aurobindo says the Spirit can emerge in your life and make it one of pleasant sensation of plentiful abundance.

This education - Spirit in Life - should be our goal for the future. In practice, it is spiritual values in life.

Honesty, loyalty, integrity, cleanliness, Self-giving are the spiritual values. They all sum up in a life of utter Truthfulness. If we can give our children an education that gives them an experience in life that Truth is of value, and it is the only thing of value, we will have discharged our spiritual duty to the next generation.

Education is ORIGINAL understanding based on one's own life experience. Can we devise our educational system in such a fashion that the pupil will get this understanding on his own personal experience?

(Karmayogi)

thanks to Priya

To Be Titled

Mother Nature responds negatively to conflict, upheaval, resistance, and other forms of darkness in society.

Reader: for example, Mother Nature also responds negatively as consequence of ongoing massive deforestation of which the core is also cluttering of several forms of human darkness and denial of Mother Nature

Response: Yes, that is the material reason, and very true. In this case it is how low human values lead to wrong material actions that directly cause the problem in the form of natural disasters. On the other hand, I am after the occult reasons; i.e. the inner false belief or

intention (without outer action) that evoke the negative response from Mother Nature, and what we can do from within (also without action) to overcome it.

Reader: "the occult reasons"... underlying is the 'same' type of darkness (meant is ignorance) expressed in a myriad of actions of which the core is denial of love and consequently all the fragmentation, "brokenness", destruction...

Response: Yes, that is all very true, but my focus is not on what others feel or do negatively, but the inner power I have to negate it without any action. This is Life Response. All I have to do is open to the Higher Power or forget my emotional intensity relative to the situation, and life immediately moves in the direction I seek, such as a sudden signing of an environmental treaty that was scorned just a few days before.

Reader: Yes. The Life Response of Love is Wholeness. *

Response: It should also be pointed out (as the original post focuses on) that natural disasters can come not only from environmental degradation and neglect, but through deep conflicts in society due to political or social differences. Also, due to intense resistances to change. Most earthquakes, sudden plagues, and the like have this origin.

The Druids and others (including the ancient Vedic Indians) knew of this inner power we have to affect Mother Nature from within. I have seen it at work many times in my life, especially in relation to fires, floods, power outages, etc. etc, I.e. the ability to call to the Force, which instantly or very quickly overcomes the problem.

Another way to do this is to offer the conflict, upheaval, resistance, and other forms of darkness that provoke Mother Nature, and try to change inwardly to their corresponding opposite levels (i.e. peace, harmony, stillness, openness, tolerance flexibility, and then offering it to the Divine power.

By the way, certain individuals in those individual countries can practice these same approaches, and see if they get results (before the natural or man-made disaster occurs). Mother's (supramental) Power makes anything along these lines possible.

To Be Titled

When the consciousness turns positive amongst the constituents relative to the conditions, Mother Nature gives the bounty that had recently been denied.

Comment: After years of drought in Tamil Nadu, certain devotees changed themselves in various ways relative to the weather, and within a few months the worst rainfall amounts in 150 years suddenly came to an end.

PS A friend pointed out that it is an example of inner-outer correspondence.

To Be Titled

We are not left alone to fear and fate, for we have Mother to guide us through, and then some.

To Be Titled

All for one, and one for all is what the world needs.

To Be Titled

First impressions are often very wrong, as we tend to live on the surface (instead of the depths), and are therefore quick to judge in error.

To Be Titled

Yoga is going beyond your threshold.

Recognizing Cause of Life Response Event

Whenever a surprising positive or negative situation or condition comes your way, try to think back to what might have precipitated it on your or someone else's part. If you recognize the cause, you will be well on your way to living a Life Response-oriented life!

From Selfishness to Sharing with Others Attracts

A movement from selfishness to sharing with another or generosity attracts abundance that all parties benefit from.

A man wanted to have some delicious food stuffs, and saw that there was only one item left. He then thought of the possible need of the other person, and immediately suddenly saw that there was actually another one!

This is an example on a micro scale that can also be observed at the macro level if one seriously looks around.

Rebirth with Mother

Reincarnation is not quite the same as Rebirth. The latter is a movement of the Soul that keeps entering a new form in its journey for greater knowledge and realization. We call it the "evolving soul", aka the Psychic Being.

Our soul has travelled many hundreds of times with Her soul in this rebirth process, each time in a new host. We devotees have rebirthed 1000 times with Mother since ancient civilization began.

Gods vs. Our Evolution

The Gods are each "know it all" at their own plane, but disregard the other Gods/planes. Therefore, they fail to gain that more integral knowledge making it hard for them to evolve. Yet we humans have the capacity to know all things and from all angles; and thus grow and evolve endlessly on the way towards transformation.

To Be Titled

The more we explain life from the perspective of Spirit - expressing, revealing a myriad of methods and types of powerful, startling outcomes - the more websites and the like will seem fresh and new.; i.e. be novel. That's why constant investigation into the Character of Spirit - in our own lives and in observing life, - will serve us well. And that character will constantly reveal itself when we engage in the Adventure.

To Be Titled

Moving onto the next thing tends to untangle the seemingly intractable problem of the previous one.

To Be Titled

Anger when not receiving hoped for rewards in the current round insures further delay in the next.

The Secret Knowledge

The Secret Knowledge is the inner power to perceive the outer happenings (Life Response) as precisely as the REALITY has intended, at every moment. It is not just the Secret [concept of Rhonda Byrne's]. It is THE SECRET.

Life Response principles & strategies help to interpret the code of "Secret Knowledge" and teach us how to apply in our Life.

The Secret Knowledge is neither only about Spirit, nor Life, rather it is about the Spirit in Life. (SM)

Helping Another Helps One's Self

If you make a sincere effort to help someone with a difficult or nagging problem, you may soon find that one of your own problems has, on its own, suddenly disappeared!

A man was helping his partners solve an tractable computer problem, where the CPU usage was being used up by some sort of obscure program. The man had also had problems printing from his computer for months. However, this time when he returned from helping his friend solve her problem, his own computer started printing for the first time in months!

To Be Titled

Harmony is abolition of discord, conversion of the enemy's hatred into love, realising inner rancour as outer pleasantness. (Karmayogi)

Comment: The path to such a supramental achievement consists of removal of all sense of ego, deep soul connection between parties, taking the other person's point of view, living in the depths, silence at all levels, seeing beyond the contradiction to complementarity, and fully consecrated interaction.

To Be Titled

When man is physical, he is normally changed by the physically intense and painful responses of life. The greater the resistance, the more formidable the response.

Comment: Examples: USA loves gun violence and disaster movies, attracting the same from the environment.

To Be Titled

The man who refuses to learn, acquires that knowledge through physical pain or tragedy.

To Be Titled

Any moment is a moment of choice. (Karmayogi)

Yes. Instead of merely "going through the moment" unconsciously, we can catch ourselves for a milli-second and consider what is the best choice, the highest consciousness decision and course of action. Now we hold destiny in her hands, instead of being a victim of it.

To Be Titled

In your moment-moment consciousness, try to focus on the NOW, on the circumstance of the present — instead of ruminating about the past, or worrying about the future. As a result, life will unfold smoothly, and therefore be eminently delightful.

Comment: If necessary, consecrate past and future concerns, instead of dwelling on them.

To Be Titled

We're going from an interconnected world to an interdependent one. (Tom Friedman, NY Times)

These are relatively small, but crucial steps on the way toward Human Unity.

To Be Titled

There are two truths of life:

1. The past could not have been different.
2. The future can be ANYTHING.

(Karmayogi)

thanks to S

Comment: The past could not have been different."

The capacity (or lack of it) made what happened the only thing possible.

"The future can be ANYTHING."

It is because the Divine set in motion a universe of infinite variation and possibility.

To Be Titled

The present is at the intersection of fate and infinite possibility. It is our choice to make.

To Be Titled

That the world is Evolving; moving from the finite to the Infinite, is unknown by the great minds of the world. To them there does not seem to be any rhyme or reason to life's unfolding, nor where things are headed. However, Sri Aurobindo has perceived that evolutionary purpose and explains it all in extreme, profound detail.

To Be Titled

The universe was created so that we can experience constant spiritual adventure, discovery, surprise, and delight. When consecration becomes the center of our life, this becomes possible.

To Be Titled

Sri Aurobindo, Mother, and Appa advocate a life of "Spiritual Adventure."

Comment: In it you give up all the trappings of life, focusing on all things that bring personal and spiritual growth; that aid the society in new ways. You become a true individual; as well as a universal one, as instrument for the Higher Will.

To Be Titled

The best way to help someone is to start from where they are.

To Be Titled

At any moment, the Life Response dynamic may play out. Therefore, always be vigilant of the unexpected.

To Be Titled

An ego movement in one area tends to quickly lead to a mistake in another.

Example: A man was bothered that another driver had quickly gone around him, and therefore foolishly, egotistically tried to catch up in his lane. As a result he found himself in the wrong lane to make a U-turn. He then forced himself into the turning lane causing the driver in the car in back of him to angrily honk at the man.

Over-focusing on the negative qualities of an individual may cause you to miss the genius or greatness of that person.

Example: A professional basketball player was roundly mocked, as the media focused on his foolish and clumsy actions. He thus became the laughingstock of the league. However, that same player moved on to play for one of the best teams in the league, played exceptionally well there (beyond all expectations), and went on that year to win the world championship! He had become the comeback story of the year!

To Be Titled

Without the British, India might never have come together and united. (It shows that negatives can be the instrument for positives.)

To Be Titled

Remove your focus on the apparent negative of another person, and they will soon surprise you with a positive.

To Be Titled

We live on a planet of billions of brains ceaselessly firing, instead of being still and silent.

To Be Titled

In the manifestation, no two minutes are alike, it's a continuous movement; so when you come into contact with the Divine, what you collaborate with is the Truth of that Movement. (Mother, from Agenda, September 27, 1969)

To Be Titled

Mother changes fate into Destiny.

Reader: And it will happen soon if we are conscious enough

Response: Yes. Fate is to be determined by karmas and Nature. Opening to Mother's Force, fate is cancelled, attracting great things based on our soul's aspiration that is in touch with the Will of the Transcendent Divine.

To Be Titled

Irritation and bother indicate one needs to shift further from the surface to the depths.

To Be Titled

Everything that happened had to happen the way it happened.

To Be Titled

The greatest depends upon the smallest. (Karmayogi)

The tiniest shift in consciousness or right action can attract enormous positive results. In fact, the infinite cannot happen, burst out in these cases until the finite expresses itself in higher consciousness.

To Be Titled

Man discovers himself in whatever he meets. (Karmayogi)

Yes. It is Inner-outer correspondence. Expressing in the positive, neutral, and negative.

Important Steps in Sri Aurobindo's and Mother's Integral Yoga.

1. During his fight for Independence Bhagawan (Sri Aurobindo) conceives of the idea of using spiritual power to liberate his country from British rule.
2. During his training under Vishnu Bhaskar Lele, Bhagawan secures silence of his mind and the ability to see that thoughts come from outside.
3. In her 20s, Mother is told by a visiting Indian tourist that the Divine is within and that makes Her change her focus from looking outward to looking inward.
4. Before reaching the age 30, through a process of a year-long concentration, Mother is able to discover her Psychic being.
5. During his imprisonment, Bhagawan is told by an Inner voice to go to Pondicherry and take up yoga for the sake of humanity and leave the task of securing independence in the Divine's hands.
6. When She met him for the first time in 1914, He gives her the power of Silence within five minutes without her even asking for it.

7. The Mother requests the overmental Gods to assist Sri Aurobindo in his effort to bring down the supermind. Only Sri Krishna obliges and descends into his body and thereby that day No.24th 1926 is declared Siddhi Day in the Ashram.
 8. For the next 10 years, Sri Aurobindo searches for a way to climb the spiritual stairs. Finally he discovers that it is through Surrender and that the way to climb up is to go inward first and then to attempt the ascent.
 9. Sri Aurobindo writes Life Divine, Synthesis of Yoga and Savithri giving a philosophical. Yogic and poetic description of his spiritual vision of the world.
 10. The Mother discovers that the process to speed up the supramental transformation of Her body is to awaken the cellular aspiration of the very cells of Her body.
 11. Though he got a boon from the Supreme for the earth, he fails to get the cooperation of humanity for his effort to bring down the supermind and accordingly decides to withdraw from His body and to continue His work from the subtle plane thereafter.
 12. Burdened with the sole responsibility of bringing down the Supermind, the Mother fights doubts sent by hostile forces about her ability to do the task successfully without Bhagawan's aid.
 13. On Feb 29th, 1956, during her evening playground meditation, Mother succeeds in bringing down the Supermind thereby heralding the supramental era.
 14. In her Spiritual diary named Agenda, the Mother discloses that in the event of her death, her body should be left undisturbed and that it was likely that she may come back with a new supramentalised body.
 15. However this request is not honored and She is buried on Nov.20th at the same place where He was buried.
- (N. Asokan, MSS)

To Be Titled

Life is responding negatively, in the form of the threat from North Korea, to the USA's and Russia's unwillingness to dramatically reduce their nuclear arsenals. It is negative life response for them and the world. Other nations may follow in North Korea's footsteps, believing they too have a right to these weapons of evil to defend themselves.

Greatness of Organization in The World

Karmayogi says that Organization is the great, unappreciated power of Life.

Let us examine several of the ways:

- The universe is organized in ways that astound. (And scientists are continually discovering new ways.)
- Society is organized in thousands of ways (highways, airports, government activities, etc.)
- Businesses and organizations are organized through systems, activities, projects, strategic plans, et al. And through values like cooperation, coordination, integration.
- People are organized through schedules, to do lists, calendars; as well as through values like orderliness, maximum utilization of resources, non-wastage, etc.
- Ultimate organization occurs when values are planned and implemented in the details of Life.
- The universe emerged from the intention and Plan of a Divine Source.
- Supermind is the great organizer that enabled a universe to emerge from a Divine Reality.
- Mind is an organizing instrument, mechanism that orders knowledge through thinking.
- Yoga is organization of consciousness, enabling the emergence of the Spiritual Individual.
- The emergence of Supramentalized Life (next species) and Divine Life on Earth occur through organization of all aspects of physical, vital, mental, and spiritual existence.
- Fields of life are organized to a higher level when they are integrated with one another.

Without organization the universe, the society, the business, the individual would quickly fall into absolute Chaos. Organization is thus the great harmonizer of existence. It establishes a solid basis, so that Life can Thrive!

Comment: Additional thoughts from Garry Jacobs' novel 'The Book' on the nature of Organization (submitted by Senthil R Murugan):

--Life evolves through growth of consciousness, consciousness evolves through greater organization.

--The extraordinary thing done by an exceptional man during an evolutionary landmark is made a commonplace occurrence by organization

--Saturation of a plane with organization enables it to evoke a life response.

--An organization is a child of the society, born of its needs, energized by its aspirations, expanding as it expands, evolving to keep pace with its changing needs. When it stops growing, it begins dying.

--Perfect organization makes life respond.

--Organization makes it possible to apply the greatest possible force to each minute aspect of work, thereby releasing infinite energy from the infinitesimal. Organization is a lever that can transform the world.

To Be Titled

We can see organization in so many aspects of life; at so many planes; and yet we take Organization for granted. Perhaps we can begin to see it all around and within us more, truly appreciate the fact, and be thankful for it.

Reader: but so this must be about 'balance', else for example "over-organisation" which for example becomes 'controlfreak level' (or how best to say) or either "under-organisation" which so tends to become carelessness (?) or tends to lead to ignorance (?) ... plus perhaps too not to believe "too much" in "organising" for that so it will not become clueless 'organisation for the sake of organising' (?)

Response: Yes, all correct. Eg startups are often devoid of Organization, often unfold in the state of chaos, and therefore desperately need it. Without it they quickly go under. Whereas many mature companies need less organization and spontaneity. But even valuing spontaneity can be organized into a plan of action for the organization.

Likewise, the possibility of a harmonic, global society is at this point very unorganized, with nations unable to solve critical problems, as they are global in scope, and need cooperation, coordination, and integration, which are higher forms of organization.

To Be Titled

Progress is to compete with oneself. (Karmayogi)

Yes, progress is the willed differential in higher consciousness between the future you and the present version.

To Be Titled

A "coincidence" perceived on the surface is a life response, integral connection in the depths.

To Be Titled

... whatever happens happens by the divine Will, that it's ALWAYS for the best, and it's only human stupidity, lack of understanding, shortsightedness that make us say, "Oh, what a misfortune!

It's all MARVELOUSLY arranged.

(The Mother, from Agenda, October 8, 1969)

To Be Titled

What are the business values subscribed to in your organization? How are they implemented in the details of work, including activities, systems, processes, and procedures? (That is key to releasing the vast power of values in a company.)

(Please note that each sincere, serious attempt to implement a higher consciousness business or social value in an organization will be accompanied by powerful positive response from life, uplifting the company in any of a variety of ways.)

To Be Titled

Increasing frequency and intensity of synchronicities indicates a rapidly rising consciousness.

To Be Titled

If things are bothering you, go Deeper. New, helpful perspectives will quickly arise in your heart and mind.

The Transformable Human Body

... for the entire old Indian yoga, the body is something untransformable, and therefore it's a momentary necessity that will disappear; while for Sri Aurobindo, the body is transformable, and the minute it's transformable, instead of thinking of itself as an individual, it thinks of itself as the Lord.

(Satprem, from Mother's Agenda, September 28, 1969)

To Be Titled

If we work together Globally, then all the intransigent problems that exist Locally can easily be solved.

Essence of the Gita

I believe the essence of the Bhagavad Gita is that we can discover our true Self, the Soul and Spirit within, which is a portion of the Divine, and by doing so we will know our true purpose, truly understand the unfoldings of life, constantly take to right action, and perceive the Transcendent Reality behind all things.

There is also the notion of karma; that our past deeds are affecting our current life; yet if we surrender to God, or Krishna, the Divine, we can overcome our past karmas influence on the present, and avoid constant rebirth.

Also, we are reborn in order to further our progress, to move out of our Ignorance, and increasingly discover the true nature of Reality.

Finally, if we connect to the soul within, we will perceive that we are an inlet of the ocean of Divine Reality, and are thereby able to experience peace, truth, goodness, harmony, wisdom, power, infinity, eternity, love, and joy in life.

From Secular to Religious to Spiritual Understanding of a Matter

Conservative Religious leaders bring the beginnings of the spiritual dimension to discussions on matters that secular one's avoid, though the religious reasons are often completely opposite of the truth. Spiritual thinkers can therefore be aware of the tainted, ignorant religious view, and take to the opposite or inverse position, which will put them right in Truths path. Those perceptions will also go far beyond the secular view.

Example: a tragedy has taken place. The secular commentary addresses the obvious causes, which is a great service. The religious leaders then chime in offering issues of lack of faith or other reasons for the calamity. They are on to something, but they are pointing exactly in the wrong direction. The secular rightfully condemn their understanding.

Now the SPIRITUAL-oriented individual chimes in and perceives the subtle aspects (that the religious are trying to fathom in their ignorance), and thereby see into the deepest Truth of

things. They see how the spiritual and temporal are intertwined at a variety of levels. In that explanation, they have also gone far beyond the secular understanding.

Taking Another's Viewpoint Attracts Astounding Result

When you take another person's point of view, astonishing results can ensue, such as a man who never had interest in your way of thinking is now suddenly interested in your philosophy.

Example: A man expressed a strong position that he thought a friend would readily accept, as they had a common interest in the matter. However, his friend expressed the very opposite, which surprised the man. He was about to berate his friend from taking that position, but instead calmed down, and saw into his friend's position. He then sent a message to his friend acknowledging his point of view; understanding why the friend felt the way that he did.

A day or two later, his friend wrote the man asking him his opinion on an esoteric spiritual matter. The man was shocked that his friend expressed such an interest, as he had never done so in the past of five decades of friendship! The man was only too happy to oblige!

To Be Titled

In our ordinary, surface consciousness, we are but a tiny thing compared to the Divine Reality. However, when we connect with our true Self and Soul, then we perceive that we are an inlet of an infinite consciousness and reality. That makes us feel vast (and eternal) inside.

To Be Titled

Stop speaking.

Stop thinking.

Don't look at others.

Mind should converge inside. (Karmayogi)

thanks to S

Comment: Yes, this is the Integral Yoga poise.

To Be Titled

Each time something goes wrong, it is life imploring you to do it right. That opportunity for ongoing success has now been put before you. Thus, the error or failure is secretly a happy occasion.

Influence Others by Not Talking

-To be a better conversationalist, know when to stop talking and actively listen.

-Active listening requires you to be present and pay attention to social and emotional cues.

-Be truly interested in the people speaking, focus on their nonverbal language, and stop looking for your "time to shine" while they are still talking.

To Be Titled

Even stupid ideas can be a bridge to great ones.

Life Response Power of Embracing "Useless" People

Whom people consider useless, when given attention with proper attitude, may bring great luck to one.

When I was in Bangalore, a young boy by the name Siva Sailam was working at a shipping agency, and used to visit our mansion. He was very talkative, and his delivery was so fast that no one could understand his slang. People used to run away when he visited our mansion.

After reading Karmayogi's writings, I understood that even a small thing may lead to something big, I therefore did not want to ignore the boy, and so I used to listen him, trying to understand his slang.

As a result, now I perceived that he was actually talking with sense. One day, he introduced me to his Boss. And that person became my client! This boy changed jobs and went to Mysore to join TVS group. I lost contact with him after one or two years. But the client remains with me even now after 25 years.

(Nedumaran Ramakrishnan)

To Be Titled

Interference is one of life's backhanded ways of making things better.

Unexpected Result by Getting to Deeper Meaning of Ideas

When you reach the deepest underlying cause of a problem, life responds quickly to support your follow-up efforts.

A man was working on a video. Various versions were made, and things were moving along with a bit of a struggle as he worked on further drafts.

Then he paused and decided to get to the heart of the matter, focusing on the deeper meaning of the ideas he had been writing. He then went ahead requested a new text version of the video so he could re-write it from its essence and essential ideas. He also was concerned that the co-author would have to re-type major segments, which could be a bit of a burden.

Instead he received the complete text draft in a matter of minutes, from across the world! Having it all already typed up by the co-author came as a complete surprise to the man.

Here too, in this incident, he thought about the essence, the essential principle involved, and remembered the life response power of getting to the deepest meaning of ideas.

Ridicule and Knowledge

Ridicule is comprehensive low knowledge. (Karmayogi)

Eg a parent who constantly screams at a child, does not have knowledge of how to psychologically bring him under control. Or a politically astute individual who constantly ridicules a negative politician, but has no real solutions to an underlying problem.

thanks to S

To Be Titled

The state of Immortality, is immutably peaceful, tranquil, with ... like lightning-fast waves, so rapid that they seem still. It's like this: complete motionlessness (apparently) within a tremendous Movement. (Mother, from Agenda, October 18, 1969)

To Be Titled

Wherever liberation, freedom, advancement comes to society, there is an evolution of the Spirit in Life. Mother is there.

To Be Titled

At the point we give up normal life for Mother's Life we become instruments of the evolution of Spirit on earth.

Confluence of Histories Of Garry Jacobs And Roy Posner

Garry Jacobs enrolled as a student at UC Berkeley in the San Francisco Bay Area of Northern California in 1964, the year the Free Speech Movement began there on campus. He had no great interest in it, though the movement spread across the country, and then around the world.

He was later in Czechoslovakia in 1968 when the movement against the Soviets began there. It was the first breakaway from the Soviet system, and was influenced by the Free Speech Movement that began a few years earlier in Berkeley when Garry was there.

Years later Garry came to Moscow in 1989, the year the Cold War unexpectedly came to an end. It was a startling confluence of world events, and the intentions and social aspirations of Mother's Service Society.

There are many other such "historical synchronicities" in Garry's life. He has been revealing them in his speeches, especially those for devotees. On many of his journeys he had arrived at a place where a great liberation movement had taken shape, though he had no particular interest in seeing these events.

Let's return again to our earlier timeline, and our synchronous connections over time:

A book about Sri Aurobindo fell on Garry and his wife in Moe's bookstore in Berkeley around 1970 (when reaching for a tome on Yogananda) that caused him to radically change his life, head with his wife to Pondicherry, India and the Sri Aurobindo Ashram, where he met Karmayogi.

He returned back to the states (in Southern California) ~1973 to set up a business to sell products from the Ashram.

Meanwhile in 1975 I arrived in Berkeley, with the possibility of going to Journalism graduate school at UC Berkeley. I used to go to Moe's bookstore on Telegraph Avenue, next to campus, where Satprem's 'Sri Aurobindo: or Adventures in Consciousness' had several years earlier fell on Garry. I had not yet met him.

I met a girl on campus in front of Sproul Hall, where the Free Speech Movement began ten years earlier, and we then headed to Europe. In October 1975 we arrived in Athens, Greece, as they were celebrating the onset of democracy for the first time in 2000 years! I had no idea that was taking place before I arrived. Like Garry's experiences, world events were synchronous to where I went. It was/is the evolutionary Force, Mother bringing about further liberation and change in the world, where we were both cosmic passengers and observers [perhaps facilitators as well].

While in Athens I decided not to continue on to Egypt and Israel with my partner, as I realized that the time had come to seriously work and earn a living. I thus returned to California, where through the East-West Center in Los Angeles I met Garry Jacobs in 1974, who offered me a job in sales of Ashram and other products, initiating our forty-year association. (My commitment to working instead of wasting my energies attracted the most important contact of my life.)

Over the next several decades I found myself in the heart of the computer, internet, and smartphone revolution as I was deeply influenced and worked in the San Francisco Bay Area which is where Silicon Valley is located. I found myself again in the midst of a global revolution. I trained others at corporations in SF and Silicon Valley for over 25 years.

When I finished my book on Life Response in 2008, I was stunned to discover that someone else had written a similar book! It was 'The Secret' by Rhonda Byrne, which spread around the world. Now I was at the center of a New Consciousness movement based on the premise that we can evoke miraculous-like conditions from out of nowhere. At the prodding of Karmayogi, I documented hundreds of examples; experiencing many of them personally, which were then presented in the book, and other tomes to follow.

Aside from all his other duties at MSS, Garry would go on to write the novel 'The Book', a slightly fictionalized version of his own life, where The Book magically appears in the world's history, including several of the auspicious places Garry had gone to in real life. The BOOK inside the novel The Book contains the profound, cosmic wisdom for an artificial intelligence system that has the capacity to solve any social problem in the world. I have run a Facebook blog focusing on the novel for the last several years. Even a film of it has been proposed.

These are a few of our histories and connections, though if we thought about it, we would certainly discover many more.

And yet there is something deeper taking place here; a Secret to be unraveled, of our places in the greater scheme of things, in the evolution of the Spirit on earth.

Notes:

-If the book had not fallen on Garry and Leslie, my life (an many others) would likely have been very different.

-Another startling "coincidence": Garry met Harlan Cleveland, one of the founders of the World Academy (WAAS), which Garry later went on to be the CEO and Chairman of. When I attended Syracuse University from 1967-1972, Harlan had just been the dean of the Maxwell School of Citizenship, where I attended many of my classes, and was the vehicle for a great change in my outlook about social change and the destiny of America. It became the vehicle from which I would have a new spiritual perspective of life, especially when soon after I discovered Sri Aurobindo myself. I attended those classes at Maxwell School of Syracuse U ~10 years before Harlan and Garry would link up, and three years before Garry and I would connect.

(by Roy Posner)

To Be Titled

First generation coming out of poverty often become obese.

To Be Titled

Wealthy people often have thick or elongated ear lobes.

To Be Titled

Suffering has the sanction of the Soul.

To Be Titled

God did not so much create the universe, as He BECAME it.

To Be Titled

Many of the physical pains we experience subtly come from others.

To Be Titled

Mother says Death is merely a bad habit.

Comment: When the cells of the body are trained not to believe in the inevitability of its demise, and the Force is brought to bear, illness and even death become less of a reality. This is the great work Mother worked on in the last decades of Her life. She trained the body not to react to negative conditions in her body. She began to overcome the inevitable habit of the body to fall into illness, to decay, to come undone.

To further that process, Sri Aurobindo told Mother from the subtle plane that He would return with a fully transformed, immortal body. Ie one could live as long as one wished.

We too can follow in Mother's footsteps (as She described in 14 volume Agenda), and practice those same approaches to overcome the habitual nature of the body to take to illness, disease, decay, and death.

To Be Titled

Freedom is wasted when Liberty is lacking - eg economic incapacity in the society that makes it difficult to truly be free.

To Be Titled

To whomever we have hatred will have affection for us is spiritual wisdom. (Karmayogi)

To Be Titled

What the common man is talking about will indicate the state of the country. (Karmayogi)

To Be Titled

Luck is subconscious life response.

Life response is the capacity to create luck.

(From "The Book")

Yes, what we call Luck is life response (sudden good fortune) that comes to us, not knowing what we did to precipitate it. The knowledge of the cause of the luck, the good fortune is subconscious to us. What we need to do is make the cause CONSCIOUS to us, so we can evoke these positive responses of Luck all of the time. It's a shift from unconscious or subconscious life response to its conscious form.

To Be Titled

Mother said that as we evolve, males will acquire feminine characteristics, such as a certain grace and fluidity; and women will acquire masculine ones, such as firmness, physical strength, etc.

Second Chance We Are Given

Karmayogi indicates that when you make one significant mistake, you are given one chance to get it right in the next round. However, if you repeat the mistake or worse, disaster(s) loom.

It is why Silicon Valley did so well after the DotCom crash of 2001. It looked within and decided that starts up would need to generate revenue and even profit before money was handed over to them by venture capitalists; which was not required in their first boom before the DotCom crash. So they learned from the first round mistake, and intensely did not want to repeat it; leading to astounding on-going success; unprecedented in business history.

On the other hand, a politician who follows the same disastrous policies of an earlier president, without learning any lessons, invites cataclysmic disaster, including the wrath of Mother Nature.

To Be Titled

The yoga is to Surrender to Her, and see what happens.

The Subtitle/Motto Of 'The Book'

In the subheading of the title page of Garry Jacobs' epic mystical and practical novel 'The Book' reads: "the spiritual individual in quest of the living organization"

What does this mean?

The "Spiritual Individual" is someone who is in touch with his inner being and is able to know things, to direct his life based on intimations that rise up from within. He is more than a person with individuality, who thinks for himself, but someone with super-individuality whose soul thinks for himself, thereby coming up with ultimate insight for ultimate success and delight in life.

The "Living Organization" is a business or similar in which all parts are in harmony with one another, expressing through highest consciousness and producing ultimate success.

Thus "the spiritual individual in quest of the living organization" indicates a person(s) who expresses their ultimate individuality through soul/psychic being connection in an organization that is in tune with all aspects of its makeup and being.

In the novel Garry Jacobs brings out how the various characters are growing in consciousness, understanding the inner and outer laws of life, even as they build a living organization in the form of their MAIS software technology company.

To Be Titled

Most of what I write about in these posts are based on personal experiences (often recent); rather than mere intellectual understanding.

To Be Titled

The sexless state is the evolutionary destiny of the New Body.

(Mother indicated that it will be replaced by a center of consciousness; as will breathing, blood circulation, digestion, etc.)

What Can Be Taught by Family, Education, Society and Self

Family that is crucial and essential is only a passing phase in the evolving society, as marriage is.

- Wherever family has still a role to play, it will remain. It will disappear from places which have outgrown its need.
- Values that can be taught can be taught only by the family.
- Values that are to be self-acquired can only be acquired by oneself.
- Discipline can be given by the school.
- Society can teach caution negatively.
- Society reveals to a man the basic human possibilities.
- Family unveils the dark recesses of human nature.
- Affection is fostered in the family.
- Manners are cultivated in the school.
- Personality is shaped by the external society.
- Spiritual openings are found INSIDE.

(Karmayogi)

Unplanned, Extemporaneous Speech Attracts Startling Outcome - first draft

There are times when changing direction, improvising, and not going according to a plan can lead to startling positive outcomes.

A renowned speaker was going to make a speech on issues related to social development. He had given such speeches nearly 100 times throughout the world over several decades. This time however his personal and spiritual mentor suggested he go without a speech, without any particular idea in mind. The man was wondering how in the world he would succeed with this approach, but still went ahead and heeded his mentor's advice.

Before he had a chance to get into the speech, one of the participants asked the man if he could narrate the famous incident where a book mysteriously fell off the shelf, which had the effect of altering the course of his and others' lives. The man stood there startled that this question was asked. After all, only a few knew of this event; yet here he was in a place he had never been, with people he never interacted with before, and they immediately brought up one of the great secrets of his life.

But there was more. Improvising on the fly, the man went on to make perhaps the most penetrating speech of his life on the subject matter he was addressing; transcending all other 100+ speeches he had ever made on the subject!

That is the power of going beyond a plan; a set way of doing things; and instead being spontaneous and fresh. Immediately someone asks about a core issue in your life, which opens up discussion in directions one would never have dream of.

When we go beyond the plans and organization of mind, not only will startling circumstance arise, touching on our deepest aspirations, but wisdom will rush in from all directions; filling the mind with fresh, extemporaneous thoughts and insights.

Corresponding Photos

A man removed a picture of a friend, for what can only be called selfish reasons. The next day he was surprised that the same friend published a picture of his that he did not like! He soon understood that one insensitive, ego-oriented error in judgement evoked a corresponding personal embarrassment from life.

To Be Titled

Best not to influence or compel others to become something they are not, unless there's something in them that "calls for it."

Reader: Thank you Sir.

What if we have responsibility for them? If they are not willing and also if we are not trying to make them aware, means we are not doing our duty?

Response: Yes, that is different. I was thinking more about friends, acquaintances, etc. where there is no obligation. On the other hand, if you have responsibility for others, you likely already have a duty to mold them, compel them, etc to some degree. Implicitly they are already "calling for it" from you in such situations.

To Be Titled

Transformation is going beyond one's human potential, to supramental levels.

To Be Titled

We think we are simply having (romantic) relationships, but the Divine knows that at the deepest levels we are undergoing a process of personal growth through that interaction.

To Be Titled

You never know where your life will go, so enjoy the ride and keep open to the widest possibilities.

Cambodia Town

Synchronicities are the most common mystical experience. I have had perhaps thousands of them in my lifetime. Eg here is one I had yesterday;

I was driving near the beach area of my hometown, when I turned on the radio. I found myself absorbed in an NPR segment on the current situation in Cambodia. Apparently the opposition leader who intended to run against the incumbent was arrested for sedition. It seemed to be an autocratic, undemocratic move.

As I listened to the story, I harkened back to the Vietnam era of the bombing of Cambodia that led to the blood-thirsty Khmer Rouge. In combination with the current developments, I felt intense sympathy for this troubled land and people.

I then looked down towards the car radio and then turned it off, lifted my head up, and instantly saw a sign above me that read "Cambodia Town." I was stunned by what I had seen! I had somehow unwittingly drifted into that part of Long Beach, as I listened to the radio broadcast.

Yet I knew that my intense focus and emotion about Cambodia had somehow put me in alignment with outer conditions. It was a mystical echo of my fully absorbed thoughts and feelings; a literal and figurative sign.

It was also another synchronicity, now added to the many hundreds or thousands that had come before it.

To Be Titled

We think it's about growing a business, a profession, a career; but it's really about growing as a person, and further still growing spiritually, in touch and in tune with the Reality.

Consecrated Printing Out of Critical Document

A woman was trying to print a critical document that she had filled out on the Internet. No matter what she tried, nothing would print. She then asked a friend to help, but he too could not get the doc to print out.

Not knowing what to do, the man proceeded to have his lunch. As he sat down, he consecrated the problem the friend was having with printing.

Two minutes later, the printer started working. As she proceeded to collect the pages from the printer, the woman looked at the man and commented that she didn't know what she had done to make the document print.

Hesitatingly, the man told her that he had consecrated the issue a moment before, and hence now the critical document was printing.

To Be Titled

When you do all you can, an overly tight schedule will loosen up, creating something more convenient.

To Be Titled

Positive life response is due to making inner reversals from out of the negative, as well as by enhancing the good.

To Be Titled

Synchronicities are there everywhere around us. A conscious person should be able to see at least several every day. It is one measure of the depths of our awareness.

Decisions

"...if we truly understand the process, we can make our choice, any choice, into a right choice, because the decision itself has power to determine the result. It's a parallel to Heisenberg's uncertainty principle in which the observer influences the object of observation. In this case the quality and intensity of the psychological components of the decision have the power to influence the external conditions and the final outcome. At least, that is what it sounds like to me..."

The above was said by Dan in [Garry Jacobs' novel] The Book. MAI team had ventured into a project for NASA to model a methodology to select right team members for International Space Station. With the help of The Book, they had discovered the inherent flaw in their earlier approach and realized that they have to address the problem differently instead of modelling human compatibility, to model human decision making process. They were determined to do it, but not sure how to do it. Their determined decision and inner aspiration attracted the right source of "The Matrix" and so the project was executed in a much shorter period.

Result:

Before beginning of the project, MAI asked for 18 months but NASA had given only 12 months. With the arrival of "The Matrix" the work required was abridged tremendously and so they thought that they could finish within 12 months.

In Reality, they had completed in just five and a half months after the project began.

(SM)

Comment: Yes, the matrix devised by Karmayogi knows the forces that lead to short or long term success (or failure). It is based on subtle observations of life (Character of Life), and whether the current issue under considerations match the factors that make up one of the four quadrants. Now the AI system can anticipate future outcomes, as there is predictive capacity in each quadrant.

It works for an organization or for any individual, who is trying to resolve a problem or whether to get the "go" on any new venture.

Garry has beautifully encapsulated the process in the life and spirit conscious AI system that is at the heart of his novel.

The Power of Not Reacting in Intense Moment

At intense moments, reacting to an event is a normal human tendency. However, when we take higher consciousness approach and DECIDE not to react to that moment will make Life to respond and bring miraculous results.

Background: [In Garry Jacobs' novel 'The Book'] MAI team (Dan, Ray, Vinay and Anya) were called for a meeting to evaluate their project proposal by NASA. They were confronted by one member of NASA (Roche) vehemently out of ill-will. It was an intense moment! What did Dan do?

The Book says:

"...Dan sat back and observed Roche carefully. The first thing that struck him was that Roche was confronting them with the very doubts with which they had confronted themselves just a few days earlier. His accusations were only a reflection of their own self-accusations. What was the use of getting angry or defensive with him for pointing out basic truths? No doubt he was doing it in a mean-spirited, intentionally provocative manner. Perhaps he was even professionally threatened and jealous that they had evolved an alternative approach to the problem. But Dan saw clearly that reacting and quarreling with Roche would not do any good. He thought about what he had read in the article on silent will. He decided to remain quiet."

"...When Roche finally completed his tirade, all the partners were surprised to hear Ray start defending their position calmly and effectively, and Ray was the most surprised of them all!..."

"...When Ray completed his response, there was silence in the room. Roche seemed to be struggling for something to say, but he sensed that he had lost the initiative irretrievably..."

Result: At the end, MAI team won the trust of all except Roche and the project was indeed awarded to them.

(SM)

Comment: Dan's non-reactive quietude negated Roche's negative energies, awarding MAI the project. He was the guru in the room in that instance. As we see, one man can change the reality from within. This is indicative of the emergence of Supramental capacity and Life.

To Spiritually Endure

Victory belongs to the most enduring. (Karmayogi)

People go through situations, and if they learn from the experience, and they maintain their aspirations in life, they Endure. If they do not learn from the situation, they will not endure; will simply crumble before life.

Mother asks us to Endure. She repeats this request of us over and over in Agenda. "Enduring" meaning going beyond the obstacles, in order to continually discover higher truths. It is a strength to see one's way forward in life, armed with a great intensity of aspiration. We thereby grow and evolve through the process. It is the path of higher consciousness, culminating in human transformation.

thanks to S.

To Be Titled

Each person is put in just the right place; in relationships with just the right people, so they can grow from where they are into something greater.

Divine/Delight, Ego/Pain

ஆனந்தம் பிரம்மத்திற்கு. வலி அகந்தைக்கு.

Delight is for the Divine. Pain is for the ego. (Karmayogi).

The Divine's intent for creation is for us to experience that Being, which is Delight. On the way, we enjoy the experience of Ego, separative Consciousness, which invariably attracts pain. Ego is thus opposite of Divine. Pain of Delight.

thanks to S

To Be Titled

Make the right, higher-consciousness choice at every moment.

Life will constantly be your friend!

Passing on Knowledge

Like all things, knowledge grows by giving. The more you give it to others, the more it grows.

True knowledge cannot be possessed. It can only be received with gratitude and passed on.

(from 'The Book' by Garry Jacobs)

To Be Titled

We don't think about and perceive how each of the significant outcomes in our lives have been evoked because of specific earlier inner or outer behavior on our part. We are too oblivious and mentally lazy to make the correlations. The dull physical un-consciousness rules.

To Be Titled

Normally, giving an opinion does not solve an organizational or social problem. But GIVING UP one's opinion often does; as It attracts the right result.

Supramental Decision Making on the Sunlit Path

The Mother offers us the Sunlit Path.

It is the positive means of experiencing a Higher Life; without any pain, avoiding the negative.

We experience the Sunlit Path when we live our lives from the Supramental plane.

What do we mean by that?

Supermind is the Truth Consciousness.

It is the capacity to know and do precisely the right thing in any given moment, in any situation.

As a result, Life becomes a Marvel.

We attract endless success and experience deep abiding joy.

How then do we know what the right, i.e. Supramental choice is?

There are infallible guidelines to help us decide which direction to take at every moment, in any situation.

Let's examine several of these:

First: When we assert our OWN point of view, it means we are in Ego consciousness.

And that is normally the wrong choice, producing the worst outcome.

Instead we need to reverse that and embrace the Other Man's Point of View.

It will produce the very best outcomes, including harmonic perspectives of the Truth.

Second: Normally when we undertake an INITIATIVE of our own volition, there is an Egoistic element present.

As a result, success is often limited when we go down that path.

Instead, we need to be Still, and wait for LIFE'S initiatives to come to us.

And when they do, we should take them up in full, perceiving them as golden opportunities.

Doing so will invariably lead to the very best outcomes in life.

Third: Instead of feeling ill-will towards others and being selfish, we should practice Goodwill and Self-Givingness.

That too is the right choice; one that will attract startling positive conditions from the world around us.

Forth: Instead of ignoring a problematic situation or blaming others, we should take Conscious Responsibility for it, and do what we can.

There too life will quickly work in our favor.

Fifth: Finally, instead of being impulsive or impatient in any given moment, we should remain Calm and Patient.

That choice always attracts the very best conditions from life.

E.g., whenever we are in a line at the market, we can practice this inner method.

In each of these situations, we take the position of HIGHER Consciousness; avoiding the lower; thereby attracting the very best conditions from the world around us.

This dynamic of always choosing the True over the false is to take the Supramental perspective.

It is the Truth Consciousness view of things.

And yet, if we make these right, supramental-like cross-road decisions, are there any sure signs that our life is now on the RIGHT TRACK?

Yes there is.

It is that we constantly feel energized and filled with JOY.

That conditions around us are so pervasively positive and energizing, that we cannot help but always SMILE!

(by MSS, SM, and Roy Posner; based on teachings of Sri Aurobindo in Life Divine)

Overcoming Negative Consequences of Ego When Engaging in a Good Act

As long as we are in the Ego, the Good acts we engage in can have both positive AND negative consequences.

Why is this the case?

When we engage in a good act, we often feel self-satisfied and prideful in our actions, which are Ego movements.

As a result, not only do we receive the consequences of the goodness in the act, but the negative effect as well.

Eg if an individual is in line at the market, and allows another person to go ahead of him, while seeing it as an opportunity to get to another register that much faster, he will evoke mixed consequences (positive and negative) from the field of life.

Here is an even more extreme example:

If a man engages in a good act in a somewhat self-satisfied way for a Bad person, he will also receive the Dark energies from that person in return – attracting additional negative circumstance.

And yet we can change our ways and engage in an act of goodness WITHOUT any shades of ego, meaning we will experience only positive outcomes, devoid of the negative.

How then can a follower of the Spirit evoke such all-positive response from life; untainted by ego?

Before engaging in any act, including an act of goodness, we should CONSECRATE the activity, offering it to the divine Mother.

That will free us from the egoistic elements, and thereby avoid negative consequences.

Only startling Positive conditions will follow!

(by MSS, SM, and Roy Posner; based on teachings of Sri Aurobindo in Life Divine)

Purpose of Life's Difficulties and Challenges

When we experience something unexpected and troublesome, we blame Life.

The truth is that we attract these life outcomes because of how we are and what we do at every moment.

Each negative attitude, habit, belief, and action attracts a corresponding effect in the material world.

These negative qualities can be summed up by one word – our “IGNORANCE”

I.e. our inherent Ignorance, taking shape in these various forms, attract negative circumstance that evoke unexpected failure, disappointment, and pain from the world around us.

A related truth is that we each have a “Taste” for this Ignorance, as sage Sri Aurobindo puts it.

That is, not only do we make little effort to understand and come out of our Ignorance, but we ENJOY being in it, expressing it, even gleefully DEFENDING it.

An example is one who RELISHES expressing his obvious false opinions on a regular basis.

We may not believe it is Ignorance we are expressing, but rather some TRUTH we are privileged to share with the world.

And yet it is simply Ignorance masquerading as falsehood that we have unconsciously come to believe in.

Also keep in mind, that it is not Life that is putting us to the test when we experience something troublesome.

Rather it is Life responding to WHAT WE ARE; to the energies we release through our negative thoughts, feelings, attitudes, urges, decisions, and actions.

Life is therefore continually responding to our Ignorance.

Life even responds negatively to the expressions of falsehood emanating from our Subconscious Being.

There too, buried deep within us, is another layer of our Ignorance.

Thus, in order to know why life responds to us the way it does, we need to understand the various aspects of our being – including our thoughts, feelings, desires, attitudes, beliefs, and behaviors.

We also need to understand the prevailing Social Atmosphere that is influencing our lives.

Together, --

(1) perceiving the quality of our consciousness at various levels, and

(2) the prevailing social atmosphere, --

Life reveals the Secrets of why it responds to us the way it does.

Also keep this in mind: It is NOT that Life is TESTING Us.

If anything, it is we who are Testing Life!

I.e. we are testing the Reality’s “patience” with us, when we continually express new forms of Ignorance that evoke negative results from the world around us.

Also note that the harshness we experience in our lives is not mere PUNISHMENT for our past inner and outer behaviors.

Rather these circumstances occur to make us THINK about the various ways our Ignorance precipitated the outer problems, so we can CHANGE OUR NATURE –

which will in turn prevent us from moving in the wrong direction in future.

In the final analysis, everything that comes to us in life serves a Purpose.

It comes to teach us, to help us move out of our fundamental Ignorance, and to guide our future behaviors and actions.

(by MSS, SM, and Roy Posner; based on teachings of Sri Aurobindo in Life Divine)

To Be Titled

Difficulties in life come to awaken our consciousness.

To Be Titled

Life comes to awaken in us what is there Secret inside.

To Be Titled

When you have learned all you need to know from people you find difficult, they will leave you forever; plus you will forget all of the experiences, though you will retain the wisdom. (paraphrase of Karmayogi)

To Be Titled

All powers in the universe are expressions of the Spirit's potencies.

To Be Titled

Because the Spirit does not respond to every call is proof that the Divine sees into our nature, and requires us to first change to fill the gap.

Comment: Whether the Spirit/Mother answers our call or not, it is always Grace. If the answer to our call does not come, we are still being protected from all harm, and we are given the opportunity to grow. The Grace is thus always leading us to our Higher Nature.

To Be Titled

Focusing on the negative tends to perpetuate it.

Comment: (ignoring it - with no emotional intensity, - calms it down)

The Electric Fan and Multiple Causes of Response of Life

There are times that a single life response can reveal a half dozen or more life lessons, including the causes of the sudden good fortune outcome.

Recently we went through several of the yearly heat waves that descend on my region of California. Not unbearable, but warm or hot enough to want to make use of indoor fans and air conditioning.

Well during this period we noticed that our nice-looking spinning fan in the bedroom was not producing a commensurate breeze. No matter what the setting, the fan produced hardly anything at all. I thought of several possibilities, but none of them held water. Finally, I decided to simply clean out some of the dust that had accumulated on the outer and inner parts of the fan. After so after a bit of effort, I turned on the fan; with the same results. No wind, no nothing; just a fairly loud hum that produced no beneficial effect. It was time to purchase another fan!

So we set out to the local Target looking for a device to keep us cool. Unfortunately, when we arrived there and asked someone about the whereabouts of the fans, they got on their walkie talky, only to discover that there were no more fans in stock. Oh well, we thought, it makes sense; we are in the middle of a series of major heat waves.

And so we drove off to the Walmart, hoping for a better result. After walking up and down endless isles, we finally reached the fan area; but alas there were no more tall, four-foot standing fans in stock; just very small ones that are hardly taller than ground level. Again, it was obvious about the heat wave effect. And yet I sensed that there was more to these events.

For one, that we were getting no results was due to the fact that somehow we had the wrong strategy. That somehow there was a better way. Eg perhaps we would simply have to wait until there were new stocks; or perhaps we were making a mountain out of a molehill, and should just forget the matter, and get by with what we had.

When we arrived home, I went straight for the fan. I noticed that there was still a lot of dust in it, so why not give it another try and clean out the internals to see if that would have an effect.

The trouble was that the outer cover of the fan did not come off, making it virtually impossible to get at the dust. Yet I gave it another try. This time when I pulled on the round edge in one direction, the cover suddenly came off! That was most unexpected! Now I could get to the dust inside, and clean it out.

After I finished the cleaning, and reattached the cover, I still expected the fan not to work as before, though at least it would look better now that we had removed the dust!

And so I turned it on and sat in front of it. I kind of closed my eyes to see if it would produce even the slightest breeze. However, when the rotating fan turned in my direction, I suddenly felt a moderate, yet in my mind substantial draft coming from the fan! And then when I turned it to the next highest setting, it felt like I had entered a wind tunnel! And when I turned it to its highest setting, it felt like a mini-hurricane!

What in the world had happened? Could the removal of the dust somehow allowed the mechanism in the fan to start working? Or was it simply the principle that if you give something more Attention, it will begin to respond in ways it had not done before. Or perhaps the principle that if you clean something to a higher level, which I had just done, you attract good fortune; here in the form of a virtual blowing machine. Or perhaps the idea that if you persist, life will respond. And so on and so forth.

Yes, now that the fan was working, the Life Response wheels were turning in my head. The conclusion I came to is that several phenomena were at work simultaneously that attracted the startling change in circumstance.

In the final analysis, I realized that the cause of any life response event involves a number of principles simultaneously – ranging from the material outer to the subtle inner.

Moreover, seeing all the causes at once is supramental perception, which not only gives ultimate Knowledge of the situation, but ultimate Power to correct any difficult and challenging situation.

Sue adds: Another reason it worked is because he made an effort to locate a new fan, not finding one, returning home to lean the fan he has just cleaned works better than before!

Senthil adds: Thank you Sir,

Very nice sharing.

Also a minor point could be Non-reaction (or not disappointed) despite not able to purchase the new fan.

RP: Yes, these two were key, and are related.

End of Drought Initiative Succeeds

Few months back I visited Tanjore and Trichy. On the way I noticed river Cauvery which was almost dry like a desert. So I prayed to The Mother that more rains should come and the river must be full of Water. Meanwhile Ashokan Sir and MSS had advised Mother devotees to pray for more rain and to keep profile picture as rainy picture.

I asked some of my friends in FB also to pray for rain. They said not only Tamilnadu but all over south India should get rain, then only we will get sufficient water in Tamilnadu.

Last week when I went to Trichy, I was so happy to see river Cauvery full of water. I'm thankful to The Mother and all who prayed sincerely for rain.

(Devi Mirra)

To Be Titled

Holding back creates power.

Bill Tate Story: Life Response Power of Overcoming Ill-Will

[from The Book, a novel by Garry Jacobs - Chapter 32]

Bill Tate's company was a network service provider to mobile telecoms in the Bay Area. He started only four years ago. Last year his revenues were about twenty million dollars and his

net income was around four million dollars. Then, he said, in the past twelve months, his net income had tripled. What had he done?

Tate's answer follows:

"I changed my attitude. Last year I attended a Dale Carnegie Management Course. On the last day, our instructor gave us one final assignment. He asked us to identify the person in the world whom we disliked the most and go make friends with them, genuinely, not just as a pleasant behavior.

Immediately I knew what my assignment would have to be, and I cringed at the very thought. It was the contract manager of my single largest customer, a forty-five year old engineer, a thorny, aggressive, irritating woman who I simply could not tolerate. Every time I meet or speak with her on the phone, it ends in a quarrel. It had gotten to the point where I avoided her calls and passed them on to someone else in the office. Last year I hired a sales manager just to handle this woman, since I knew I was incapable of doing it myself without quarreling with her.

Anyway, I knew she would have to be my assignment.

At first, I did not do anything. I just reflected on my attitude and the past history of our relationship. I had to concede that she had not always been wrong, and I had not always been right. It occurred to me that she probably disliked dealing with me as much as I did with her. I tried to recall any isolated incidents in which she had actually done something nice for us and was surprised to discover how many I could list. I realized that part of my resentment against the lady was because she reminded me of my ex-wife."

After reflection, Tate decided to make an effort to change his attitude and relationship with the woman. He accompanied his manager on his next visit to her office. She was surprised to see him. Initially she was defensive and even somewhat aggressive. But when she found that Tate had not come to cause any trouble, she gradually relaxed. By the end of the meeting they were both smiling over nothing in particular.

Tate started taking her calls when she asked for the sales manager. He made a couple more visits over the next three months, always along with his sales manager. After that he just forgot about the assignment.

Last week Tate reviewed last year's financials. He knew his business with her company had grown, but he had no idea that it was up four hundred percent.

When they did a detailed cost benefit, it turned out that business from this company alone had tripled Tate's bottom line.

Bee-Hive

I'd like to share an amazing story of the Power of Consecration. A few months ago, one morning when I woke up I found a big bee hive formed on the branch of a tree very close to the balcony of my house. There were a few stray bees buzzing around the verandah of my balcony. I was very worried as my young kid used to play in the balcony as it was his favourite place and it was difficult to keep a tab on him always. I closed the door and consecrated the issue to the Mother. I left to drop my relatives at the airport. Two hours later when I came back I was stunned. The beehive had vanished and not even a trace of a single bee!

(Parameswaran Hariharan)

To Be Titled

Transformation converts torture into rapture. (Karmayogi)

Sri Aurobindo when stung by a scorpion turned that intense pain into rapturous pleasure. We have the capacity to convert a life that is tortuous into one that is blissful by going through transformation; i.e. shedding our negative tendencies, amplifying the positive ones, while connecting to the psychic being/soul within, and from there surrendering to the divine Mother.

Thanks to S

Tragedy as Marvel

To understand a tragedy as a marvel is necessary in yogic perception. (Karmayogi)
Yes, out of the tragedy we can begin to perceive much good, in a variety of directions. Ie the Good that emerges from the Bad. See how Europe evolved by 200 years as a result of WWII. We can also see it there in our own lives. Lydia's outrageous elopement ushered in great change for Darcy, Eliza, Jane, Bingley, Mr. Bennet, and others in Pride and Prejudice.
When we rise in consciousness Yogically, we have this supramental-like perception.
thanks to S

The Facts and Our Ignorance

We can tell the facts, but we will not be able to satisfy anyone (Karmayogi)

People-

- do not want to learn

- normally only truly learn through personal experience, not ideas, facts

- are ideological, harboring one point of view on matters

- have their experiences on a matter, and we cannot convince them otherwise with information

These are expressions of our essential Ignorance, born of creation.

thanks to S

To Be Titled

With the tools of science and its mental perturbations, we barely scratch the surface about the true nature of Reality.

To Be Titled

Behind the surface mechanisms that science has revealed, there is a Conscious-Force and a Conscious Intention working its way out in Nature, in Life.

To Be Titled

When we perceive Spirit as separate from Life, we are missing that they are actually two expressions of the same one Reality.

To Be Titled

Spirit is not the One. Everything is the One.

To Be Titled

Often when we try to rise in consciousness, our body suddenly falls ill. The distance between the two - our current status and our higher aspiration - is a gap that can cause the body to manifest as illness. It is the physical trying to assimilate the new aspiration for future progress.

To Be Titled

Doing things for social reasons, not spiritual, - such as making a courtesy call for a sick acquaintance or accepting funds from a distant relative, etc. - has social consequences, often negative.

To Be Titled

Great crisis, like global warming and radical wealth inequality can help bring the world closer together as a result of working collaboratively to overcome them; furthering the way to Human Unity.

Reader: As a result, the Unity (of the world people) creating strength .. Wow! I often used to wonder how these crises are going to be erased by us.

To Be Titled

The physical consciousness wants to repeat the same things over and over. But Life wants to constantly change! Caught in the cross-fire, we can evolve our being, and thereby become one with the movements of existence.

Reader: Does this mean, that one shouldn't be in the comfort zone?

Response: Yes, it can mean that.

To Be Titled

Life is presenting the means for our progress in the best possible way, according to the state of consciousness we are in. (Senthil Murugan)

To Be Titled

When we lost faith in our personal capacities, - (the Psychic Being) The Mother within us comes to the surface and whispers subtly to us, which we perceive in the form of a sudden idea or subtle vision. (Senthil Murugan)

To Be Titled

Behind our surface perceptions of life, there is a Conscious-Force in nature that is acting in everything. While we react to the unfoldings of life, not understanding the wherefore and the why, the Conscious-Force is at work guiding all matters, giving purpose to all things, - whether positive or negative, great or small.

Reader1: If we consecrate to The Mother, we can try to understand them, and improve in life.

Reader2: I was just reading that the Great London Fire is suspected to have played a major role in defeating the Black Plague by killing the vectors...it's amazing how even a major negative event can result in an even bigger positive.

Response: Yes, it's true. And the earlier (14th century) Black Death (Bubonic plague) that killed over half of Europe paved the way for the emergence of new-found cleanliness, an explosion of cross-national trade, and the emergence of the great Renaissance that revolutionized culture and life. Thus there was a purpose, a higher intention, a Conscious-force, moving and guiding Events beyond the surface view.

There is also the Conscious-Force guiding our own individual lives. The more we are conscious of it, the more we can make use of it to accelerate our own personal growth and success.

Higher Consciousness Approach to North Korea

[the following is the recommendation in 2008 of the expert system in Garry Jacob's epic mystical novel 'The Book' on a course of action regarding North Korea. The approach seems more valid than ever. -RP]

"North Korea will test detonate one or more nuclear weapons in the very near future, but they will not initiate any offensive acts to utilize these weapons militarily, unless powerfully provoked by forceful threats or actual steps to attack or invade North Korea...

In the absence of foreign interference, the Koreas can be peacefully reunified within a few years leading to a final resolution of the Korean conflict. The crucial condition is national pride and self-reliance, not dependence on foreign economic aid by the North or foreign military aid by the South...

The menace of nuclear proliferation will defy solution and continue to spread until those who possess the power [US, Russia, and all] decide to fulfill their own [denuclearization] commitments.

1. Do not, under any circumstances, take any steps militarily that may be viewed by North Korea as initiatives aimed to physically eliminate or impair its capacity for self-defense.
2. Sign an official armistice agreement ending the Korean War.
3. Institute measures to completely remove foreign military personnel from the Korean peninsula as soon as possible.
4. Prepare a comprehensive plan to modernize agricultural production in North Korea to achieve food security. Involve China, Japan, India, Russia, South Korea and USA in formulation and execution of the plan. The objective should be to double food production within a maximum of five years so that all foreign food aid may be eliminated."

To Be Titled

The great changes that take place in a country ordinarily have less to do with the actions of the government, and more to do with the energies, aspirations, and initiatives of the people.

To Be Titled

Except for the Spirit, no faster positive change occurs than revulsion to an Evil force.

To Be Titled

Religions promise eternal existence in the NEXT life. Sri Aurobindo offers it in THIS one.

To Be Titled

America is being led by a dangerous clown who presides over a nation suffering from unbridled economic neo-liberalism that values financial speculation, vast wealth inequality, a vicious labor market, tax avoidance and havens, and other free-wheeling, non-regulated methods for business, instead of human dignity and fairness. It harkens back to the conditions under which Nazi Germany rose in the 1930s, especially so when white racism and the like are added to the equation.

To Be Titled

Oligarchy - where the government operates primarily for the sake of enhancing business in the nation - poisons democracy; turning away from the human needs of the citizenry.

Reader: Doubt whether India is also on the path. India and United States are now treading the same path, US probably has more freedom and tolerance in criticising the state than India, really doubt whether democracy in its true spirit exists in these countries. Scandinavian countries are truly the most advanced in human principles and values, when it comes to governance

Response: Yes, India is trying to take the best of the West, while trying to avoid its excesses. And yes, it is true what you say about Scandinavian countries.

Rising Economic Inequality and Insecurity, Unbridled Capitalism, and their Threat to Democracy

[The following is the capsule summary from article "The Political Economy of Neoliberalism and Illiberal Democracy," by Garry Jacobs, just published in Cadmus Journal]

The unprecedented opportunities missed at the end of the Cold War have come back to haunt and taunt us in the form of misshapen ideologies and misconceived policies.

Discredited notions discarded by history once again raise their heads to be finally buried or bury us. Despite the rhetoric of the Washington Consensus, the fall of the Berlin Wall, the collapse of communism and dissolution of Soviet authoritarianism did not mark a final vindication and victory for Western democratic neoliberalism. They only removed the antagonist who had compelled Western ideologues to moderate their actions to counterbalance the obvious humanistic appeal of socialism.

Blinded by their own propaganda, theorists, politicians and the general public have embraced a course that threatens the stability and sustainability of Western society. Globalization, financialization, global mergers and acquisitions, shadow banking, international tax havens, the policy bias favoring energy-intensive automation, maximizing share-holder value, state capture, oligarchy and plutocracy have fueled soaring levels of economic inequality and insecurity.

More importantly, they have shaken the roots of the social consensus that is the foundation of modern liberal democracies: polarizing and destabilizing society and throwing political processes into chaos. The notion that economics can be divorced and insulated from politics is an illusion. There is no economy without politics and law. A return to unbridled capitalism is threatening the culture of liberal values and the functioning of democratic institutions. Even mature democracies show signs of degenerating into their illiberal namesakes.

The historical record confirms that peaceful, prosperous, free and harmonious societies can best be nurtured by the widest possible distribution of all forms of power—political, economic, educational, scientific, technological and social—to the greatest extent to the greatest number. The aspiration for individual freedom can only be realized and preserved when it is married with the right to social equality. The mutual interdependence of the individual and the collective is the key to their reconciliation and humanity's future.

Negative Economic Trajectory of Capitalism in the West in the Last 30 Years and the Demise of Democracy

[The following is excerpted from article "The Political Economy of Neoliberalism and Illiberal Democracy," by Garry Jacobs, just published in Cadmus Journal]

Within a decade [of the end of the Cold War] the global market was transformed into a vast frontier for unregulated capitalism, a new wild west for land grabbing and profiteering, a global casino gambling with the stability and security of the global economic system for chips. Faced with intensified competition for global financial dominance, giant American financial service corporations persuaded their government to dismantle the barriers separating commercial and investment banking, which had shielded the domestic banking system since the 1930s.

Shareholder value replaced customer service, commitment to people and social responsibility in corporate mission

With equal suddenness, the heady days of the dotcom boom turned to bust in 2001.

It took a war on two fronts in Afghanistan and Iraq to revive America's economic growth and political self-confidence in the new millennium.

Corporations began channeling their record profits into M&As, share buybacks, offshore tax havens and speculative investments. Capital investment in R&D, new production facilities and new jobs declined by 21 percent between 2000 and 2010.³ A boom in real estate and commodity prices prompted former Fed Chairman Alan Greenspan to deny that any bubble was forming in the US economy, while his successor Ben Bernanke denied the existence of the global savings glut which sent hundreds of trillion dollars into orbit on the global markets in search of speculative returns. Such deniers were rendered baffled and speechless when the sub-prime mortgage crisis and the 2008 global financial crisis set in soon afterwards.

Meanwhile throughout the first decade of the new millennium, there was growing realization around the world that rampant capitalism represented an even greater, and perhaps ultimate, threat to the global community in the form of what Al Gore mildly termed the 'inconvenient truth' of climate change. The rest is recent history.

Unprecedented doses of quantitative easing were poured on global markets to save the financial industry from the consequences of its own actions, while allowing millions of Americans to be dispossessed of their homes and jobs.

The financial crisis gave way in quick succession to the Great Recession, the Eurozone crisis, soaring unemployment in Europe, levels of inequality that have not been seen since the Roaring Twenties, an economic slowdown that eventually stalled even the Chinese juggernaut,

rising incidents of violence, terrorism and piracy by unemployed youth in developing countries, a much heralded Arab Spring which quickly degenerated into civil wars and military takeovers, the ravaging of Syria in the name of freedom, the sudden birth of ISIS, a flood of immigration from the Middle East into Europe, the rise of far-right political leaders and policies in Hungary and Poland, the dissolution of the opened borders of the Schengen systems, the reversion to autocracy in Turkey, the Brexit vote in UK to reverse the long ascent toward European integration, the transformation of American politics into a parody of modern democracy that would be enormously entertaining if only it were not so real, coupled with the recent onslaught of an opiate epidemic and a violent backlash of white supremacy.

This very brief impressionist sketch of important historic events during the last three decades is far from complete. It does not purport to do justice to the multiplicity and complexity of the factors and forces that have driven political and economic developments during this period.

Rather it is intended to highlight the inextricable relationship between the political and economic trajectories of the West during this period, the resurgence of neoliberal economic theory and policy, and the consequent demise of democratic institutions.

There is irony in this assertion. For during most of the 20th century, neoliberalism had been projected as the greatest proponent, strongest bastion and final safeguard for Western liberal democratic institutions.

To Be Titled

Conscious immortality is the soul's destiny. (Karmayogi)

To Be Titled

Spiritual awakening always comes by going within. (Karmayogi)

To Be Titled

The Divine sanctions* the paradoxes, dualities, contradictions, and conflicts of life.

*"sanctions" doesn't mean It desires it, but sees its utility and purpose in the greater scheme of things.

To Be Titled

Going within reveals knowledge of our true purpose and destiny

Life responding negatively to us is not to punish us. Rather it is to awaken us from our ignorance, to make us conscious, so that we can continue to evolve and align our True nature and also be part of cosmic movement.

Wake-Up

Every problem,
Every failure,
Every suffering,
Every misfortune,
Every humiliation,
Every disappointment,
Comes to one to us
to convey but One message:
"Wake-up"

To Be Titled

The Adventure of Consciousness is the process of discovering the interlinkage between the events that are happening around us.

The Secret Knowledge is to Perceive the True Nature of Reality through Life Response Phenomena

The Secret Knowledge remains still a Secret because our mind cannot understand the whole REALITY. However, we can begin to perceive the secret knowledge as Experiences in our lives. Life Response principles and strategies shed light on these experiences, making us more fully aware of the events happening around us.

As we rise in consciousness through these experiences and gain this knowledge, we increasingly perceive the true nature of REALITY in its unfolding; the meaning, purpose, and ways of everything. That is the SECRET.

To Be Titled

The Higher Knowledge we have attained needs to be turned into personal life experiences; i.e. move from the mental plane into the vital plane and lower. It is the Descent to one's Ascent to subtle knowledge. The process of growth, of implementation of the Knowledge is then completed. Adventure, success, and joy is the result.

To Be Titled

Social life (interaction with family, friends, relationships) has social consequences. Spiritual life only attracts spiritual results.

To Be Titled

Tax sheltering, havens, laundering of funds, corporate lobbying and candidate backing is corrupting American society; and along with financial speculation and extreme wealth inequality is poisoning Democracy itself.

To Be Titled

Getting in touch with the highest Values subscribed to by your company can attract unexpected, great benefit for the firm, its customer and yourself.

Ego Judges Everything by Its Own Standards

If I am a good cook, I feel superior to everyone who cannot make a soufflé. If I am a good card player, dancer, skier, palm reader or scrabble player, joker or story teller, I judge everyone else in terms of my strength, no matter how silly it may be, and feel superior. If my grandfather was famous or my uncle is rich, I feel important because of their achievements, even though I contributed nothing to their fame or fortune.

But the ego's irrationality goes way beyond that. Say, for instance, I am a grape farmer in Napa. This year is a bad year due to drought, so grapes are in short supply and are sold at a high price. I am happy because in spite of a lower yield I earned a record income from the crop which I sold to the winery. Next year I go to the supermarket to buy some wine and I find out the price of my favorite table wine has gone up by forty percent. I am furious and feel cheated! I am so subjective, I don't even realize the two events are directly related. That's how the ego responds to events.

Or take the student who has received twelve years of free public education in California and then four years of good quality university education at a tiny fraction of the actual cost to the state for delivering it. When he gets his first job and discovers that his employer is deducting a significant portion for taxes, he feels cheated and wonders whether there is a way he can earn without paying taxes. Then he gets on the highway and complains that the roads are too narrow and resents having to pay tolls for their upkeep!

Each person carefully observes, criticizes and condemns in other people all his or her own weaknesses and worst characteristics. If anything disturbs us in another person, it is because we possess the same characteristic, expressed or unexpressed, in ourselves. That too is ego. (from the epic novel of practical and spiritual life 'The Book' by Garry Jacobs)

To Be Titled

Complaining and Blaming in all forms is Ego, which means they should always be shed. Good fortune invariably follows.

To Be Titled

When we act without thinking things through, we invariably suffer the consequences.

To Be Titled

The people's rejection of the reactionary forces that perpetrated Capitalism's decades-long excesses and failures is a must for the well-being, security, and progress of humanity.

To Be Titled

Mother devotees have great inner power to seriously change the world

To Be Titled

Breaking old, outworn habits is often critical for attracting the New.

To Be Titled

Professional sports teams often win championships during the year of major calamities to that region. This is a remarkable correlation. It also occurs when there is great internal harmony among the team members and leaders, mixed with exceptional skill in the organization.

To Be Titled

Consecration - opening to Mother and Her Force - can quickly solve any problem.

Chicken-Sync

Just after I left my house where a friend was preparing a chicken dinner, I turned on the radio and immediately there was an NPR interview of how "Big Chicken" (corporate chicken industry) has been shooting up their animals with 4-times the antibiotics humans normally take. Yet another startling synchronicity; this one informative!

Reader: Thank you Sir.

Such synchronous messages from life:

- for us to smile?
- for us to aware, so we would be conscious of eating?
- to warn us, so not to eat them,
- or others?

Response: Yes, all. And to increasingly be aware of the subtle connections and Wonder of the Reality.

To Be Titled

A startling phenomenon is that if you do something as others want it (as opposed to how you want it), life often turns around and gives you what you originally wanted, and then some!

Instructor Corrects Past Wrong and Attracts Benefit in Unexpected Way

When you correct a mistake from the past by doing things the right way in the present, - even in a wholly different area, - unexpected benefits from the original source can suddenly come to you.

An instructor did not perform a series of classes the right way for a client. As a result the client would not pay. Months later the instructor learned new materials, preparing his lessons this time in the right way. Out of the blue the older client suddenly made a payment, which the instructor benefitted from.

To Be Titled

Each thing, event, unfolding has its own necessity and flow. Let us get in touch with it. Life will become a Marvel.

To Be Titled

A global Redistribution of Wealth movement could be getting under way that develops somewhat along the lines of the environmental crusade.

To Be Titled

Often it is not helpful to make the extra effort to help someone in anguish and pain. It can make things worse. Best to be still inside and consecrate the issue at hand. Positive developments will quickly arise.

To Be Titled

What we perceive in life as Chance is actually an expression of the Divine's Intention.

To Be Titled

Through Supermind the Divine deploys Real Ideas that it wishes to see manifest in Life. All thoughts, forces, powers, values, and ideals in the universe are expression of that cosmic Intention.

To Be Titled

"An unseen Presence moulds the oblivious clay." (from Sri Aurobindo's Savitri)

To Be Titled

The goal of creation is the deployment of Spirit in Life.

Token Effort

It turns out that when we are in a very negative situation, and we don't see any clear way forward, life may be asking us to make the smallest token effort to do anything we know how to get the ball rolling.

When we make that smallest token effort, life has a funny way of responding by completely wiping out the negative condition!

(From "Life Response in Work" by Roy Posner)

Example: a woman could not find a full time job no matter how hard she tried. One day she was asked to work a temp job, which involved a very difficult commute. She was reluctant to go; but then on the insistence of a friend she went. Within a day or two she was contacted for and secured full time work!

Infinite from Finite – Case Study

When an unknown customer called from a neighboring state and placed a \$150 order, the sales manager of a flooring company decided to treat this tiny order by an unknown customer as if it had been placed by the biggest & most important customer the company ever had.

The company laid out the red carpet and delivered super service to the customer. The manager's actions didn't make sense to his staff, since they spent much more on the order than they made. But one thing led to another. The customer was so pleased, he spoke to another company and that company placed orders with the flooring company for more than \$5 million over the next few years.

(From "Life Response in Work" by Roy Posner)

Infinite from Finite

In life we tend to focus our energies on what we deem as important, placing less emphasis on the seemingly small and insignificant. I.e. we perceive where we should focus our attention, placing smaller things to the side.

However, we have seen that a small thing has just as much capacity to bring about a great result as a large one! In other words, infinite-like results can emerge from the smallest finite.

(From "Life Response in Work" by Roy Posner)

To Be Titled

If you don't have something good to say about someone, best not to express it. Otherwise, It can attract unexpected negative consequences.

To Be Titled

Integral Yoga is the method by which we move from human life to Supramental Life.

To Be Titled

Sri Aurobindo helped us understand our limitations, mapped out a way to become more integrated individuals, revealed to us the unseen forces at work in life, uncovered a Force and consciousness that enabled infinite possibilities, and ultimately revealed the source of creation and the destiny of humanity and the universe.

Choosing a Growth Path to the Future

Q: So there seems to be a number of ways people can learn to improve themselves and understand and master life.

A: Yes. An individual can at the highest level participate in the unfolding of the spiritual destiny of the universe, or, if a little less ambitious(!), can simply learn to make his being more whole by learning the fundamental techniques of personal growth -- including higher attitudes, more skills, greater and more integral knowledge, more energy, more organization, and other capacities to make them a more integral person.

One can also learn the inner functionings of life, including the subtle principles and powers of Life Response and Consecration, i.e. opening to the spiritual Force when engaging in life. These will attract extraordinary results, and if taken up in full with sincerity enables one to become the Master of Life.

One can also learn, if so inclined, to understand how the universe came to be from a divine source. Such principles of creation as Satchitananda, and the nature of the Truth Consciousness (Supermind) that Sri Aurobindo has so magnificently identified and brought into the world.

One can also embark on a journey of spiritual transformation, including the discovery of one's personal evolving soul, as well as opening to the descending spiritual Force and Light that enables us to transform our physical, vital, and mental nature, thus evolving into a new spiritual-oriented being. That can culminate in an ultimate change, a supramental

transformation, where we develop a Supernature, and become harbingers of a new type of spirit-oriented individual on earth.

So which path should one take? It depends on what we are ready for. What we aspire for, what motivates us, what we hunger for, looking for, are seeking in life.

To Be Titled

Excesses of the negative side energize the positive more than anything, except the unfolding of the Spirit in life

To Be Titled

Built into every opposition are the seeds of greater progress.

To Be Titled

When a person, near or at a distance is angry with you or is otherwise upset with you, it will often express as intense physical pain in your being.

To Be Titled

Not reigning in guns in America (there are 300 million) will cause the society to endlessly (and needlessly) suffer. It is an indicator of a low physical consciousness.

Mental, Vital, and Physical Changes Required for Sadhaks of Integral Yoga

A seeker of Integral yoga has to perfect himself in so many ways. Even if all cannot be attempted, some major changes are essential. Let us see what are those changes.

Following are the changes required at the MENTAL level for any serious student of integral yoga.

1. His mind must widen enough to accept the truth of other person's point of view.
2. He must allow insight and inspiration to take the place of reason and logic.
3. His mind must be trained to see that what looks to be separate entities are in fact parts of a vast integrated whole.
4. His mind must be humble enough to accept that a supra rational force is governing this world and that Mind is neither the creator nor the governor.
5. His mind must be plastic and flexible enough to give up useless anachronistic habits and attitudes and accept only those that are relevant for the current time.
6. His mind must pierce behind what appears to be purely coincidences and see that they are in fact cause and effect. For example, a bad man comes to one's house as a guest and bad news follows. Instead of dismissing the whole thing as pure coincidences he must see that one is the cause of the other. In other words, his mind must admit that because the bad man came, bad news followed.

At the level of feelings (VITAL) these following changes are required for a seeker to qualify himself or herself as a serious student of Integral yoga.

7. He must learn to be cheerful all the time irrespective of whether he gets good news or bad news.
8. His heart must be magnanimous enough to give its love to others without expectation of getting something in return.
9. He must have a courage that is not frightened by any opposition or challenge however big it is.
10. His heart must be very generous and should feel pleasure upon hearing that some good has happened to another person instead of feeling jealous or competitive.
11. Wherever he goes or whoever he meets with, he must radiate an atmosphere of good will.

12. His loyalty to Mother should be so powerful that he comes forward to break with convention if that is required for serving Mother.

At the level of the body (PHYSICAL), following changes are required.

13. His body must not be a creature of habits and enslaved to routine. For example, if it is required that he get up at 4.00 a.m in the morning for a journey or stay awake till 12.00 p.m in the night in order to complete a work, his body must be able to cooperate.

14. It must stay healthy and fit and be strong and supple enough to bear the inrush of divine forces if that happens in response to his or her meditations.

15. His body must be detached from comforts and not insist that it get these comforts wherever he or she goes. For example, if the sadhak goes to the countryside for some work and there is no A/C available, he must bear with the absence of A/c and get on with the work required.

16. If he falls ill, he must learn to see that it is because of some wrong attitude and try to correct that attitude and thereby restore his or her body's health. He or she must not try superficial medications to cure that illness.

17. He or she must train his or her body to consecrate all its daily movements such as waking up, brushing the teeth, taking a bath, taking food, dressing up, going to office, starting one's daily work, starting a vehicle and returning home etc. If he learns to consecrate his speech it is all the better. This won't be easy at first and he may fail a number of times. But sadhana requires that he keep on trying till he succeeds.

18. Under no circumstances can he allow his body to be dull and lethargic. He must keep his body dynamic and alert and ready for action at a moment's notice.

19. Though ready for action at an instant's notice, still he must train his body to sit patiently for a few hours in meditation if that is what the sadhak wants to do.

20. The body must not shrink from menial work if that is required as part of his or her service.
(N. Asokan, MSS)

To Be Titled

Through Mother and Her Force we can truly change the world from within.

To Be Titled

On the day a man completed a similar work the right way, he finally received payment from the client for something done the wrong way months ago.

To Be Titled

Seniors live fresh, energized lives - with purpose and meaning - when they open themselves to new possibilities. Otherwise, they stagnate and wither away.

To Be Titled

Every situation provides the opportunity for a startling Life Response outcome. It all depends on how we choose to behave inwardly or outwardly in that circumstance.

To Be Titled

We think we are being rational, but we are actually rationalizing what we believe.

To Be Titled

Technology has 5% effect; Mother 95%.

To Be Titled

In any situation we believe what we believe based on what we experience. But what we experience is only a tiny fraction of the truth, though we believe it is All of it.

An EMAIL, a Game and the Book

At the most devastating time of our life, when we lost faith in our capacities, GRACE comes to us, overwhelming us, though the FORM it takes may appear contrary to what we perceive. Our job then is to simply to be RECEPTIVE to it, consciously or subconsciously, and the remainder of the GRACE will be fulfilled by Itself.

In Garry Jacobs' novel 'The Book,' the most anticipated email from NASA, the last hope of MAI's (the organization's) survival, came in the form of a misfortunate "Rejection" letter to their surface view. Yet, it was in fact an act of GRACE. (Otherwise, Dan would have preoccupied with a new project or other.)

Something in Dan had become Receptive to the Grace, as he had previously practiced acts of Higher Consciousness. He did this-

- by not reacting to the email and its apparent bad news when it arrived, and
- by restraining himself by not sharing the bad news immediately with his partners, so not to spoil their weekend.

After the rejection letter, he did not know what to do; and so he flipped on the TV. At that moment, it was broadcasting one of the greatest Superbowl contests between the San Francisco 49ers and the heavily favored Cincinnati Bengals in 1989. He was inspired by the play of Joe Montana, the man who simply never gave up till the last minute of the game. Dan lost himself in that game, that awakened his subconscious/subliminal. With that inspiration, he decided to go for a walk, and the rest was history. The GRACE had led him to the Moe's Book Store, where "The Book" had fallen off, which changed his life forever.

During his walk, what had Dan thought to himself? The Book describes the situation:

"... After being dominated and squarely beaten for 57 minutes, a team could elevate its performance to such an extent that it accomplished more in the last three minutes than it had in the previous 57. How was it possible? There had to be some principle or rule of life to explain this remarkable phenomenon. Could anyone have predicted this outcome? He [Dan] was really inspired by Montana's performance. Here was an athlete who faced the peak crisis of his career. Everyone knew the odds weighed heavily against his team. He must have known that too. But given a tiny crack, a small opening in an apparently hopeless situation, he was able to convert the crack into a window and the window into another Superbowl ring. It was incredible to watch. Dan could not help comparing Montana's situation in that game with his own situation at MAI. He marveled at Montana's confidence, courage, and psychological stamina. By comparison, he felt his own faith and commitment were insignificant..."

(SM)

The Method

Knowing the Method of how something comes about, how a solution can be reached, et al is one expression of Organization in life; which itself is a form of higher consciousness, always attracting greater success.

Over-Anticipation vs. Aspiration

"The more you anticipate, the more it gets delayed."

This is an association we have mentioned a number of times before. We should however note that "looking forward to something" is not necessarily the same as over-anticipating, and therefore has a different (less negative or a positive) Life Response effect; especially if it is aspirational, rather than desirous.

E.g. if I say "we're going to win all those sales this week, you can count on it," then you are over-anticipating, which tends to negate the possibility of it happening.

On the other hand, if you say to yourself "I hope to get very good sales this week," then it is aspirational, which can attract its realization.

Meena adds:

"As long as it's aspiration instead of ego, it will give positive results."

Perceiving the Spirit in Life is the Secret Knowledge

-Nature forges the Spirit into forms in the universe.

-We see only the form; not the Spirit in it.

-To perceive the Spirit in the form - in matter, life, and mind; in ourselves and others; in all things - is to attain the Secret Knowledge.

-An evolution of consciousness upward and within enables us to see this Truth of Existence; this Reality.

To Be Titled

US and the West should apologize to Russia for abusing her after the Cold War. Russia should apologize for its hacking of the US election and other shenanigans as a form of revenge. Furthermore, they should take steps to re-establish relations on a respectful basis. Together they can then work to help resolve a number of the pressing issues in the world.

To Be Titled

When you indicate "Thy Will Be Done" at the end of a consecration or prayer, it's best to really mean it, instead of it just passing your lips. I.e. you are indicating that you are truly open to any way the Mother will deal with the issue or circumstance at hand, instead of your own fixed way. This will give the invocation greater power, for greater result.

Personal Values Attract their Fulfillment

Personal values are the key to direction and success in life. They also tend to attract their fulfillment. The more intense one's belief in the value, the greater the fulfillment.

A man believed deeply in a particular spiritual teaching. He also sought work in his life. One day his aspiration met with an opportunity where he was able to meld his spiritual philosophy with the work he was assigned to. Life had now become golden, and continued in that direction for his entire career.

Then what are your personal values, and how do they reflect in your work, or outside it?

To Be Titled

The movement toward greater Unity in the world is occasionally interrupted by reactionary forces advocating go-it-alone selfishness. It is an attempt to harken back to earlier times, to bring back the old ways because they fear moving forward with others, together, into the unknown.

Reader: Thank you Sir.

I thought the below quote from 'The Book' may be related:

"Anything that is acquired by selfishness eventually serves to help people outgrow selfishness. It can serve no other purpose. This is true of physical strength to dominate over others, aristocratic privilege, authoritarian power, superior technology, higher education, inordinate wealth, and even spiritual knowledge. - Messages XXV"

Response: Yes, when an ego movement takes place (such as selfishness), it comes back on one negatively, with a further opportunity to outgrow it. If taken up, it can serve to further the positive, progressive movements; in any of the areas alluded to in the comment from The Book.

What Bothers, You Share

If there is a trait that you are bothered by in others, there is probably at least a vestige of it in yourself. If you shed it, others will also do so, or simply cease to be a significant part of your life.

Eg if you are bothered by old friends who cling to the adventures of their youth, you will see that despite your embracing of the future in many aspects of your life, you enjoy going back on occasion and sharing "the good old days." If you were to cease your nostalgic attitude, others sharing the same habit would change their ways, or fade from view, or New opportunities for the Future would descend on you, etc.

To Be Titled

The era of Economic Globalism that is open, fair, and equal is in its opening act.

Formulations of the Secret Knowledge

The Secret Knowledge is to know the Reality, the All, which is (any of)-

- the interplay and integration of Spirit and Life (Purusha and Prakriti)
- the Creator conception and the Energy that manifests it as real (Ishwara and Shakti)
- the interplay of He and She.
- the One and the Many
- the Being and Becoming
- etc.

The Reality is as any these dual pairs, which are actually undivided from one another. (Eg the universe consists of formation of Spirit.) To know their workings is to have the Secret Knowledge; it is to one with the Reality; including its nature and workings.

[thoughts inspired by canto 'The Secret Knowledge' from epic mystical poem 'Savitri' by Sri Aurobindo]

To Be Titled

I was once asked by a very wise individual, "Do you feel that the things you come in contact with are expressions of Spirit? Or that everything around you are forms of Spirit? That all things in the Reality - either invisible or visible - are formations of Spirit? That you and I are Spirit? Well, I find it hard to experience that; but that is what Sri Aurobindo asks of us! That is how things are!"

From Conscious to Subtle Learning

One can know, learn without having to consciously understand, as it just comes to one like in intuition and other means of knowing without thought above the mind, or wells up through the subliminal being within (that is in touch with the superconscient) to the conscious mind, etc.

Such approaches are known by some new age education and other groups, and certain individuals in the world. Among the Mother's education principles, these subtle approaches are strongly advocated as a higher and far more effective way of learning. Eg if you silence the mind, live from a deeper poise within, et al, then knowledge will simply come to you; as it did when Einstein intuitivized $e=mc^2$ and changed the world.

Ultimate capacity of knowing, learning is the ability to know the truth of a matter in its integral entirety; otherwise known as "supramental perception." Imagine sitting before your laptop, with eyes closed, and the entire understanding of a matter its made clear to you. You and the object of knowledge become one.

A True Leader of One's Constituency

A key to becoming a great government leader is to sincerely listen to one's constituency, and then do whatever they can to help them. Ideology should be held in check. Open to the truth

and what is right should be priority #1. Party affiliation and such should be further down the list.

... That is the way of a true Patriot.

Where Sri Aurobindo and Mother Differed from the [Indian/Eastern] Tradition

1. Rejecting illusionism, they affirmed that Life is for real but that it has to be divinized.
2. While traditional yogas called for purification of just one part of being, Purna [Integral] yoga called for total transformation of all parts of the being.
3. Rejecting the pursuit of Moksha [liberation into the Spirit] as escapism, they called for Transformation right here on Earth.
4. While traditional spirituality called for a clear-cut division between Life and yoga, they announced that life and Yoga can be combined in such a way that a new yogic life emerges.
5. It was the Mother who boldly stated that education must aim for the flowering of the soul and not just flowering of mental faculties.
6. While laying down general guidelines for sadhana [spiritual development], She however emphasized that the spiritual experiences of each sadhak are unique to himself and therefore deserve special attention. Traditional yogas did not pay attention to individual variations and lumped them all together.
7. She gave equal rights for the female half of humanity in matters spiritual and in that sense differed a lot from traditional yogas which gave a very secondary role for women in general.
8. While traditional spirituality gave a lot of importance to Shastras and Gurus, Bhagawan [Sri Aurobindo] and Mother were very lenient in these matters and even went so far as to say that the Inner Divine was the only Guru.
9. While traditional spirituality sought the experience of Sacchidananda as the ultimate goal, He was the only one who said that our goal must be the effort to bring down its objective version, which is Supermind.
10. While traditional spirituality held no one responsible for the divinization of earth, Bhagawan and Mother however accepted that responsibility and stated that they were here to do that as a service to the Divine. (N. Asokan, MSS)

To Be Titled

What if South Indians practiced Life Response to such a successful degree that they attract the interests of the rest of the world, who wish to do the same, leading to a new perspective of how Life works, vast success and fulfillment for many, ushering in a new age of Spiritual Enlightenment.

To Be Titled

The most insignificant thing done with right Consciousness attracts larger, greater things.

To Be Titled

Not feeling the influence of Time in the present moment is a spiritual experience.

To Be Titled

Life is always indicating, suggesting the most Efficient way forward, but we mostly miss it.

Unjust and Just Societies

-An unjust society is one that gives winners first shot at going higher. A just society gives all members, from low to high, equal power to further rise up.

-Unjust societies succeed in the short run, but fail longer term (in the form of backlash or ruination), whereas just societies move up together unendingly.

-Unjust societies refuse to utilize the lower, claiming they lack capacity; whereas just societies embrace them, perceiving their potential to grow.

-Unjust societies embrace selfish attitudes, while just societies embrace human values.

To Be Titled

For any fear or doubt that enters your mind, offer it to the Mother; and then forget about the matter. Life will now unfold with less consternation and friction.

To Be Titled

An evolving consciousness increasingly perceives the silver-lining in negative circumstance.

To Be Titled

This present moment in time has never existed before in the history of the universe, and we are all privy to it. What a privilege it is to ride this cosmic wave into the future.

Questions about the "Character of Life"

Understanding the ideas presented in the Facebook group 'Character of Life in Literature and Film' can help us understand the answers to the following questions:

-Why does one person have luck and another fail to have it?

-Why do bad things happen to good people, and good things happen to bad ones?

-Why did the outcome of the story occur the way it did, when it seemed like it should have happened a different way?

-How is the social atmosphere affecting the outcome of events?

-Why does the tiniest action have the power to create the greatest outcome?

-How does our own character intersect with Life's character?

-Can Character of Life knowledge help us understand the true purpose and meaning behind circumstance and events.

-Does Life really have a character; a nature that follows its own laws and principles; its own course and flow?

-Is Life Conscious in ways we never would have imagined?

-Is there something we can do in consciousness that can causes outer events to turn more in our favor?

-Is Life a vehicle for something higher; such as a spiritual dimension?

-When we take an action, hoping for something to come about, why does nothing happen, or even worse, the very opposite?

-Why do people coincidentally appear on the scene in certain situations?

-Is life around us reflecting, positively and negatively our being inside?

-Is there a relationship between events happening around and our capacity to grow as a person?

-Can I become very successful, and inwardly fulfilled by learning the Laws governing the Character of Life?

-Can Character of Life indicate the purpose of human existence; social existence, universal existence, cosmic existence?

-Can Character of Life knowledge enable me to become the master of life? And if so, how?

Journey of the Evolving Soul and the Integral Knowledge

The Soul's journey in our being and then onto other births is an evolution of consciousness from Ignorance to Integral Knowledge of the truth of the Reality.

Through our Sadhana, i.e. willed, conscious transformation, the Evolving Soul in us condenses that process: from hundreds of births into only several, or even one.

Embracing One Area of Your Life that Evokes Positive Response in Another

Focusing yourself in one area of your life can evoke good fortune in an entirely different one. Eg-

-you exhaust your effort, fully absorb yourself in the current given work, and a vast opportunity comes for a beloved book you are writing in a completely different area.

-you overcome a resistance and accept paying work in sales, and out of the blue you get an opportunity of a lifetime to be a radio actress which you have always dreamed of.

A corollary of this is that you can examine any problem you are having in one area of your life, and consider what other areas of your life you are negligent in or where you can raise your consciousness. When you then take positive action there, your problem in the other, problematic area will disappear or otherwise formulate into something very positive.

Deeper still, you will see how the original problem area and the other area where you now have taken action are related psychologically in your being. I.e. there is a deficiency in consciousness on your part that is common to both.

“Silent Will” Handbag

If someone lets you know that they are going to take a specific action that you believe is unnecessary, and you have a better suggestion, you can withhold verbalizing your thoughts, and within a short period of time the other person will change and express and do what you had in mind.

A woman wanted to purchase a new handbag at Walmart, and expressed that fact to a friend. The man felt it was unnecessary to drive so far; plus he felt that Target was a better (and nearer) choice. However, he withheld informing her of his opinion on the matter. A minute or two later, as the man walked into another room, the woman said she would now go to Target instead to secure the handbag.

By practicing “Silent Will,” the man had caused the woman to pick up on his inner vibration of unexpressed thought, adopting it and speaking it out as her own.

To Be Titled

Without the interference of mind's thoughts, my subconscious is increasingly informing me of actions to take, which when followed, lead to stupefyingly accurate and synchronous outcomes.

The Supreme Source and the Creation

In the Supreme it's a unity that contains all possibilities perfectly united, without differentiation. The creation is, so to speak, the projection of all that makes up that unity, by dividing all opposites, that is to say, ... by separating: for instance, day and night, white and black, evil and good, and so on Altogether, all of it together is a perfect unity, immutable and ... indissoluble.

The creation is the separation of all that “makes up” this unity – we might call it the division of the consciousness – the division of the consciousness, which starts from unity conscious of its unity to arrive at unity conscious of its multiplicity IN UNITY.

... And for us as we are, each point of this Consciousness has the possibility of being conscious of itself AND conscious of the original Unity

And that's the work now being accomplished, that is to say, each infinitesimal element of this Consciousness, while retaining this state of consciousness, is now recapturing the total original state of consciousness – the result is the original Consciousness conscious of its Unity AND conscious of the whole play: all the innumerable elements of this Unity.

So for us, it gets expressed as the sense of time: going from the Inconscient to this state of consciousness. And the Inconscient is the projection of the primeval Unity, of the essential

unity unconscious of its own Unity – that's the Inconscient. And this Inconscient is growing increasingly conscious in beings who are conscious of their infinitesimal existence and AT THE SAME TIME – through what we call progress or evolution or transformation – who manage to be conscious of the original Unity.

(The Mother, from Agenda, November 19, 1969)

To Be Titled

Seeing how and why people appear at certain moments and certain circumstance will give you subtle clues of what has happened in the past and what is going to happen in the future.

To Be Titled

Knowledge Intuitively entering the mind without thought will increasingly be the foundation of Genius in the future.

Backup Drive Incident

Best to avoid speaking about how an improved condition, system, et al will do so again in the current situation. Chances are that it won't!

A man proudly mentioned that he had reformatted a near-full disk drive, and now as a result, the drive was not only spacious, but could back up his computer very rapidly. However, when he then backed up the current files on his system to the drive, it reverted back to its old slow ways!

As we see, it is best to remain silent, withholding anticipation in such situations. Also it is best to keep Ego at bay - here in the form of self-adulation. Both tend to attract negative circumstance.

To Be Titled

Our consciousness and our given experience constantly mirror one another.

To Be Titled

We are one with everything and everybody, though we experience separateness from all things, all people. It is an illusion of our surface consciousness; the strong basis of our essential Ignorance.

Oneness and "Consciousness Responsibility"

"Consciousness Responsibility" is vastly effective as a spiritual method for producing startling results because everything and everybody are really One.

"Consciousness Responsibility" is when we take responsibility for others' negative actions, even though we didn't have any hand in it. As a result of our Oneness with people and life, we feel compelled to solve any problem created by others, even though they were not of our doing.

And that in turn generates vast power that evokes sudden good fortune for all those involved. In fact, the more responsibility we take for others' misdeeds, the greater the positive life response results.

By taking Consciousness Responsibility we in essence shift from our separate, ego self to our higher, True Self that experiences Oneness with all. In that way we not only evoke startling results for all parties, but we grow deeply as a person.

Manifesting Infinity in Life

There is a great difference between the spiritual and the purely material and mental view of life. The spiritual view of life holds that the mind, life, body are man's means and not his aims, his outer instrumental self and not his whole being.

It sees the infinite behind all things finite and adjudges the value of the finite by higher infinite values towards which they are always trying to arrive.

It sees a greater infinite reality within man and in the world, and holds that to be of the highest importance.

It seeks the emergence of that infinite in the blossoming and perfection of spiritual individuality and through that in the life of humanity.

It perceives an evolutionary process by which that infinite is progressively unfolding and manifesting itself in matter, life, mind and beyond.

The spiritual individual in life strives to realize the power of that infinity in his own being; to exceed the limits imposed by social convention and egoistic values; to express that power in all fields and aspects of outer life for the out-flowering of humanity; and through it, to find his unity with his fellows. Its ultimate aim is an infinite abundance, an infinite fulfillment and perfect perfection of life. (MSS)

Process of Creation (in All Aspects of Life)

One process of creation governs all human accomplishment - business and career success, personal life, artistic creativity and intellectual discovery, romantic fulfilment, personal growth and spiritual experience. All are expressions of a single process -- a process of creation by and in consciousness.

Sri Aurobindo and The Mother have enunciated all the principles, stages and strategies for applying this process in any field. Whatever the field, highest achievement is possible for those who consciously apply this process in their own lives. (MSS)

To Be Titled

Being absolutely still in a storm-like situation rapidly calms the issue.

To Be Titled

If you obsessively worry about time, life will soon set forth conditions where you will be further trapped by time.

Reader: Thank you Sir.

It is intriguing. So the life's message is not to worry about time, future and do what we think is best in the present moment?

Response: Yes. It is to be patient and calm inside. That keeps you in the present

Problems lead to progress when they are capitalized on.

To Be Titled

[in terms of the financiers]

Money is not meant to make money,

money is meant to prepare the earth for the new creation.

(The Mother, from Agenda, November 22, 1969)

To Be Titled

The men of finance and the businessmen have been offered the possibility to collaborate with the future, but most of them refuse, convinced that money is stronger than the future.

(The Mother, from Agenda, November 22, 1969)

Knowledge that Heals

Knowledge, when it goes to the root of our troubles, has in itself a marvelous healing-power as it were. As soon as you touch the quick of the trouble, as soon as you, diving down and

down, get at what really ails you, the pain disappears as though by a miracle. Unflinching courage to reach true knowledge is therefore the very essence of yoga. (Sri Aurobindo)

Comment: I have had this experience when I discovered the cause of pain being an ill-will from a particular party who made an appearance via email at the peak of the intense disturbance. Acquiring that knowledge caused the pain to instantly subside.

To Be Titled

The more you ignore - physically, emotionally, and mentally - a destructive personality, the more they will self-destruct or simply move away. This is especially so when we are under the influence of the Mother and Her supramental Force.

To Be Titled

Serious, thoughtful people don't normally have a continual smile on their face, as Mind dominates their visage. However, followers of Mother who have these mental capacities normally have faces that Shine.

To Be Titled

From a higher consciousness one can intuitivize the real needs of the Future in the present.

Two Baskets!

A good friend told me about an incident that took place several decades ago. It turns out that he was playing in a basketball pick-up game, and a player on his team didn't want my friend to pass the ball to another player on the team since that third player was a very poor shooter. However, in the game, my friend passed the ball to the poor shooting teammate, who then shot the ball, and it went into the basket! A little while later, my friend passed the ball to him again, and once more he scored!

After narrating the story, my friend told me that he believed that his own positive attitude toward the poor shooting player (including the willingness to pass to him) was the reason he scored the two baskets.

It was exactly right. The baskets were a positive response from life to my friend's positive, generous, and harmonic attitude on the court.

Response that Restores the Balance at Current Level vs. Higher Level

What is the difference between life reacting to our actions and life responding to them?

Dan explained, "Life always acts to restore the balance. Normally it reacts to restore the status quo at the present level of our existence. But when for some reason we elevate our consciousness to a higher level, it responds to elevate the life around us to the same degree, thereby restoring the balance at a higher level. You might say that routine actions evoke reactions from life and progressive actions generate responses."

(from novel 'The Book' by Garry Jacobs)

Bringing the Consciousness in the Force of Life to the Surface

Science regards life as inanimate force, energy in motion, which lacks consciousness or intention. According to The Book, the force of life is conscious, or rather subconscious.

Consciousness is inherent in the force, involved [hidden, absorbed] in it and seeking to emerge. The contact and conflict of force with force in life releases the hidden consciousness within it, enabling life to evolve to a higher level.

(from novel 'The Book' by Garry Jacobs)

To Be Titled

In recent years there have been global movements against corruption (eg in India) and of misogyny (eg in USA). Still to come are movements to overcome vast wealth inequality, nuclear and tactical weapons proliferation, and religious intolerance, amongst others.

To Be Titled

Life going where you don't expect it to go is a hallmark of Supramental life.

Experiencing the New-Consciousness Knowledge One Teaches

-One must have lived what one wants to teach.

-To speak of the new consciousness, let it penetrate you and reveal its secrets to you. For only then will you be able to speak of it with competence.

(The Mother, from Agenda, December 6, 1969)

We filter out the thoughts that don't fit our worldview, distancing ourselves from other truths, reinforcing our ignorance.

A Miraculous Experience of Anya

(Power of Gratitude)

"Conscious awareness of God acting in human life is called gratitude - The Book".

One day, when Anya (one of the MAI partner) was pondering about the earlier discussion with her partners, she suddenly remembered about her professor Grigori Nikonov, during her school days. Grigori was a brilliant mathematician, but a very difficult and unpleasant person to work for. After leaving Moscow, Anya rarely thought of him and when she did it were always his insults, slights, sarcasm and teasing that she remembered. Thoughts about him kept coming into her head that night and she could not get rid of them.

At one point she took out an old diary she had written during her last years in Moscow and found some entries about Grigori that she had not remembered. When she tried hard to recollect their relationship from the very beginning, she recalled how much he helped her during her initial years at the Institute. It was he who had gotten her admission, secured her scholarship and ensured she got the courses she wanted. He had even coached her through some rough patches when her grades were falling. She was amazed that she had forgotten so much.

She woke in the middle of the night still thinking about Grigori. Lying in bed, she began to regret all the negative feelings she had harbored against him for years. Almost involuntarily she began to offer gratitude to Grigori for all he had done for her. At first, it was mixed with bitter recollections about times he had made her angry or sad. She even found herself punching the pillow to let off pent up frustration against him. Gradually the anger subsided and was replaced by a peaceful, sweet feeling and then a deep warm feeling of gratitude. She realized that she would not be where she was today had it not been for his help and even for the hardships he imposed on her. The feeling lasted for just a few minutes, then it faded, and she got up.

The following morning, Anya rose earlier than usual feeling more refreshed and enthusiastic than in months. When she checked up her email in the morning, a sweet surprise was waiting for her. It was indeed an email from Grigori, stating that he was working in New York on a project at Citibank. He said that he had heard about her work with MAI and thought that she and her team's expertise was exactly what they need for the project. He had already spoken to his boss and attached a copy of that email. Also he referred Anya was his most brilliant student, ever! When she called him, he had explained the project to her and asked whether MAI could take up that project for five hundred thousand dollars!

The response of Grigori was almost too much to believe. Anya had changed her attitude to him and he had suddenly materialized out of the blue after a decade of silence.

(From the novel 'The Book' by Garry Jacobs)

To Be Titled

Man is the crown of terrestrial life and exhibits reason as the crown of his accomplishment. Reason and logic are the finest tools of his mind. While senses involve observation, reason involves thinking. Human civilization is thus a long record of the evolution of human thought. (MSS)

To Be Titled

The “final frontier” is not in outer space, but rather lies Within, in Inner Space.

Right Consciousness and Pain

[A woman with a problem leg] noticed that as long as she is in the right attitude, she no longer feels ANYTHING [any pain]; there’s nothing anymore, it seems completely gone. As soon as she falls back into the ordinary consciousness, the pain comes back She’s had innumerable experiences. I found that very interesting.

When you are in the consciousness (that is, the consciousness which grows truer and truer: not something at a stop but a consciousness in ascent), when you are in that, all goes well; as soon as you go out of it and fall back into the old unprogressive consciousness, or progressive in a very slow and invisible manner, then the disorder comes back. And that’s like a lesson given in a perfectly clear and evident way. It’s really interesting.

(The Mother, from Agenda, December 10, 1969)

Comment: This has been my experience as well. Eg when I engage in the wrong work activities for this this point in my life, I have some pains. When I do the right activity (of the right consciousness for me), no matter how strenuous or mentally taxing, I feel perfectly fine.

The First Lesson to be Learned: Don’t Blame

(silence) Certainly, a great step will be taken when it becomes natural for man to seek to perfect himself instead of expecting perfection in others That reversal is at the basis of all true progress. The first human instinct is, “It’s the fault of circumstances, it’s people’s fault, it’s ... See how this fellow is, how that fellow is, how ...” And it goes on indefinitely. The FIRST STEP, the very first step is to say, “If I were as I should be, or if the body were as it should be, all would be perfectly all right for it.” If, to make progress, you wait for others to do so, you can wait indefinitely.

That’s the first thing that should be spread everywhere. Never lay the blame on others or on circumstances because whatever the circumstances may be, even apparently the worst, if you are in the true attitude and have the true consciousness, it doesn’t matter in the least for your inner progress, not in the least – and I’ll say, including death. That really seems to be the first lesson to be learned.

(The Mother, from Agenda, December 10, 1969)

Application of “All Life is Yoga”

Sri Aurobindo says “All Life is Yoga.” Let’s then consider ASPECTS OF OUR LIVES where we can apply higher consciousness in order to grow, progress, evolve:

- in the quality of our attitudes in work
- in the application of values in our work
- in the level of consciousness we bring to bear when interacting with others
- in how we handle finances and money
- in how we deal with difficult situations; with serious crisis
- in making right decisions in cross-road situations
- in taming ego movements when they arise
- in the quality of our feelings towards others, ourselves, and life
- the degree to which we use spirit in our lives
- in our level of commitment to grow as a person

- the degree to which we take care of our physical health
- whether we adhere to truthfulness and honesty
- the degree we overcome our deficiencies, such as unreliability, lack of punctuality, laziness, etc
- in our level of openmindedness and tolerance
- in our level of psychological strength to meet life's challenges
- in the way we respond to opportunities that come our way
- in our level of psychological strength to meet life's challenges
- the degree we are willing to learn the subtle laws of life
- the degree we apply the inner spiritual methods to evoke positive response from life
- whether we see the positive, the opportunities behind life's problems
- the degree we give up rituals and superstitions
- the degree we aspire to overcome our ignorance in exchange for an integral knowledge
- in our level of aspiration for something Higher in our lives
- in our capacity and willingness to be humble and self-giving
- the degree to which we sincerely want to elevate our consciousness
- the degree we consecrate conditions, circumstance, activities in our lives
- whether we see that the inner and outer reflect one another; that we change the outer negative by reversing the inner
- in the consciousness we bring to bear in our work, our family life, friendships
- in the way we upkeep our possessions and devices
- to the degree we are organized, clean, and orderly
- in the level of optimism and cheerfulness we maintain
- the degree to which we maintain silence in our mind, peace in our heart
- the degree to which we avoid selfishness
- the degree to which we are willing to and actually overcome our deficiencies
- the degree to which we are open to embrace the truth others are expressing
- the degree to which we listen and not interrupt
- the degree to which we attain perfection in our work
- the level of knowledge and skills we bring to bear in work
- the degree we maintain good relations with fellow workers, associates, neighbors
- the degree we enhance our creative capacity
- the degree to which we practice non-reaction, taking other's viewpoint, consciousness responsibility, etc
- the degree we seek out and utilize the process of creation in our lives

Pure Goodness

When you reach the highest levels of gratitude, every thought you think, word you speak, and action you take comes out of pure goodness. (Rhonda Byrne)

Pioneer and Society

The society is evolving subconsciously. The pioneers are leading the evolution of society in various fields catching the spirit of cosmic movement subconsciously. (Senthil Murugan)

Giving, Respect, and Ego

Giving to others, - in the form of money, investment, support, good-will, nurturing, et al - is good. But then when one expects Respect in return because one has given, it turns goodness

into Ego, spoiling in part or in full the original good intentions. It can then also attract negative conditions, mixed with the positive.

Practical Concept of Infinity

"The physical sciences regard infinity as a mathematical concept. We have not yet come to realize that in human life infinity is a practical concept. There really is an infinite potential for creation..." (from the novel *The Book* by Garry Jacobs)

Anything can burst out from its current finite condition to its infinite status - whether money, material items/possession, knowledge/wisdom, media, global harmony, etc. The key is to shift from lower to higher attitudes, and to embrace spiritual values, both of which quickly release the infinite from the current finite we observe around us.

To Be Titled

Despite unsettling outer conditions, the world is moving toward greater Human Unity, including among nations. Interestingly, the current negative environment when overcome is the setup that provides the counter-energy that can make that happen.

Challenges to Democracy

Democracy is under siege. Nations with a long history of liberalism are recanting on fundamental principles of secular democracy or embracing political sentiments that effectively undermine those principles. Fences are being constructed, both physically and psychologically, along borders of previously open societies. Democratic elections have become the means for installing leaders with little respect for democratic values. The tolerance, openness and inclusiveness on which modern democracy is founded are being rejected by candidates and voters in favor of sectarian, parochial fears and interests.

The role of the free press as an impartial arbiter of facts is being undermined by the rise of private and public news media conglomerates purveying political preference as fact combined with a blinding blizzard of fake news.

Party politics has been polarized into a winner-take-all fight to the finish by vested-interests and impassioned extremist minorities trying to impose their agendas on a complacent majority.

Corporate power and money power are transforming representative governments into plutocratic pseudo-democracies.

Fundamentalists are seizing the instruments of secular democracy to impose intolerant linguistic, racial and religious homogeneity in place of the principles of liberty and harmonious heterogeneity that are democracy's foundation and pinnacle of achievement.

Cherished ideals are thrown to the wind or given only rhetorical lip-service.

The institution which has presided over the most remarkable advances of civilization in human history is frail and tottering.

-Garry Jacobs, *Cadmus Journal*

from article 'The Political Economy of Neoliberalism and Illiberal Democracy'

<http://cadmusjournal.org/.../political-economy-neoliberalism-...>

Complete Act

"...The underlying premise of Complete Act is that accomplishment is the result of completion at some level. For an act to achieve a result, it must meet all the minimum requirements. If a single element is missing—one decision, one positive attitude, one skill—it remains incomplete. If any of the requirements are supplied in greater than minimum measure, the results of the act are magnified. The accomplishment is greater. If all the requirements are supplied to the saturation point, then the act not only fulfills the intention, but also evokes a

positive response from life. It harnesses the forces of life to achieve results many times greater than anticipated..."

(from the novel The Book by Garry Jacobs)

Comment: A "Complete Act "consists of a Clear Focus of what one wants to accomplish; a Determined Will to see it come about; and the Full Effort to accomplish the goal with highest skills and right attitudes. It is the mental, vital, and physical components occurring consecutively. When the complete act is accomplished, life responds out of all proportion with positive conditions.

Cooperation, Collaboration; or the Abyss

Problems in society can no longer be solved by individual nations merely working on their own. They (the people, the nations, et al) must work together, collaborate, to create new global solutions (political, economic, social, etc.) that can benefit all. Each nation pulling in its own direction is creating enormous stresses.

Sri Aurobindo says all problems of life are problems of Harmony. A shift from ego of the individual nation to collaboration among nations is the ideal we seek. Now the old way (of lacking collaboration) is under enormous strain, and is shattering, making the way for the new. It is our choice how to proceed. The Mother said "Truth or the Abyss."

To Be Titled

Animals fight over their territory. So do human animals.

To Be Titled

Life Response-evoking methods cancel past negative karmas.

To Be Titled

Never blame anyone in your Life.

To Be Titled

Good people give you Happiness. Bad people give you Experience. Worst people give you a Lesson & Best people give you memories. (unknown)

Wrong Conclusions

Constantly jumping to wrong Conclusions is one of the great failings of man. It occurs in large part because we live on the surface of life, dominated by the senses, and because we hold fast to our misbeliefs and prejudices, giving short shrift to rational thought. All in all, it is one of the great expressions of human Ignorance.

Wealth Inequality in USA

-1% of the population in the USA (-330,000 people) own nearly 80% of the wealth of the country. 99% of the population (-329,000,000 people) own 20% of the wealth.

-Severe wealth inequality, as exists in US and increasingly occurring elsewhere is a sign of lacking human-centered values.

To Be Titled

LOVE is self-giving without asking for anything in exchange. (The Mother)

MEANNESS is a weakness that calculates and ... (laughing) demands from others the virtues one does not have. (The Mother)

SELFISHNESS is to put oneself at the center of the universe and to want everything to exist for one's own satisfaction. (The Mother)

NOBLENES is to refuse to make any personal calculation. (The Mother)
GENEROSITY is to find one's own satisfaction in the satisfaction of others. (The Mother)
COURAGE is the total absence of fear in all its forms. (The Mother)
Divine psychological perfection is a smile in any circumstance. (The Mother)
Transformation is rapid and deep evolution

Equality of Being

[in the novel 'The Book' by Garry Jacobs]

At one point of time, the MAI team [the artificial intelligence company in the story] was subjected to ill-will, and the company was served with legal notice in a false criminal investigation. The same day Federal officers arrived at MAI with a search warrant authorizing them to seize incriminating evidence relating to the case. Obviously, everything was set up and MAI partners had no time to react. The officers had seized several documents.

What also appeared to be lost during that search was "The Book" [the vast book of profound wisdom in the story]. It was a devastating moment for Dan and the MAI partners.

Yet, Dan spoke with full of hope and confidence, as indicated below:

"...The coming of The Book was not just a life response to my aspiration. It was something more. What do you call it when you get more than you deserve. Perhaps that is what The Book means by "grace". The Book has not come to us because we have qualified ourselves to deserve it in some way. I believe it has come because it has a purpose, a work that needs to be accomplished and it needs someone through whom to express that purpose. That's a very different thing. If I'm right, then The Book cannot and will not leave us unless or until its work is finished or we betray that work. My mind tells me we have just suffered a great loss. But for some inexplicable reason my heart does not feel that way..."

At the end, "The Book" came back to them by itself in a miraculous way.

[SM]

Intense Light of the "Insignificant"

There's no more "big" or "small," "important" or "unimportant," all that is ...

Sometimes, very small things that the mind regards as completely insignificant have a more intense light than "big" problems, things the mind regards as problems of importance: problems of government, for example, of relations with other countries; sometimes it's more ... insubstantial than very small things that appear to be nothing. All that is linked to the total movement of the creation towards ... towards the true awareness.

(The Mother, from Agenda, December 20, 1969)

To Be Titled

EVERYTHING comes to make you move forward as fast as possible, everything: obstacles, contradictions, incomprehensions, trivial occupations, everything but everything is to make you move forward. It's to touch one point, another point, yet another ... and make you progress as fast as possible.

(The Mother, from Agenda, December 27, 1969)

Brahman, Reality, the All

By Brahman being the only Reality, we mean it is the All, and includes everything, big and small, positive and negative, spirit and matter, the One and the Many, etc. And that everything in that Reality, that All, whether good or bad, helpful or harmful, serves a purpose in the Unfolding. Brahman then is not just the Source Consciousness, but the Source and its multiplicity of forces and forms in the universe integrally combined. This is Sri Aurobindo's view of the Reality, the All.

Power of Complete, Integral Knowledge

Complete, Integral Knowledge leads to accomplishments that have no negative consequences or side-effects."

(from the novel The Book by Garry Jacobs)

Complete knowledge is what Sri Aurobindo calls "Integral Knowledge," a complete identity with the Truth of things. And when one acts from that poise, there are no deficiencies in the thinking, which in turn create beneficial results only; no dark shadows.

We can rise to this level of knowledge, which He calls Supramental perception, through various means. One is by taking the other person's viewpoint, another is by seeking all sides of the truth, yet a third is by opening to higher mental and spiritual forces. Together we garner integral knowledge, enabling great accomplishment with no negative consequences or side-effects.

Professor Stearne

As MAI [company] was progressing with various versions of the AIS programs, the intensity of opposition from the forces of darkness continued to increase as well. MAI was seeking for some Higher Guidance to understand the things that were happening around them. At that crucial moment, Life led them to Prof. Stearne. Without Prof. Stearne, MAI partners could never have accomplished what they dreamed of.

One day, Dan (the leader of MAI team) spoke to Levin (another MAI partner), complementing Prof. Stearne:

(Senthil Murugan)

"...You know, that man has discovered truths in The Book that I have read ten or even twenty times without understanding what they really meant. I understand the words and the concepts, but he is able to translate abstract concept or principle into terms of life. It's an amazing gift. I can quote by heart the very lines in The Book on which he has based his ideas on inversion, referral, practical concept of infinity and so forth; but the way he explains them, they acquire a whole new reality. I was thinking tonight how lucky I am. First life brings me The Book and then it brings me the professor. And in between it has brought me a lot of other wonderful people as well..."

(From the novel "The Book" by Garry Jacobs, page 424)

To Be Titled

If we inwardly concentrate on the value of Wealth Equality in America and the world, it can broadcast a pulse of energy, light that can evoke a powerful positive response in the wider community.

True Nature of Time in 'Arrival'

The aliens in the film 'Arrival' came to teach humanity about the true nature of Time, and in return we would save them in the future. The lesson of time is that past, present, and future are connected in ways we have barely begun to understand. That from the present, we can fully know the true nature of the past, as well as perceive the true future. As a result, we are filled with truth needed in the present moment. Sri Aurobindo calls it the experience of "Simultaneous Time" in the eternal Now. This is a mystical, spiritual attainment we are fully capable of experiencing when we develop and connect with our True Nature and Being.

To Be Titled

He felt the beating life in other men
Invade him with their happiness and their grief;
Their love, their anger, their unspoken hopes
Entered in currents or in pouring waves
Into the immobile ocean of his calm.

(Savitri, Sri Aurobindo)

To Be Titled

Thought lay down in a mighty voicelessness;
The toiling Thinker widened and grew still,
Wisdom transcendent touched his quivering heart:
His soul could sail beyond thought's luminous bar;
Mind screened no more the shoreless infinite.
(Savitri, Sri Aurobindo)

To Be Titled

A Mother devotee taking a deep interest in, concentrated attention and thought about any social problem can evoke Her Force and thereby resolve it for the collective.

Benefit of Reading The BOOK inside 'The Book'

What does the staff of MAI gain by reading the wisdom contained in The BOOK (which is contained inside the novel 'The Book'? Prof. Stearne, the main wise character in the novel, explains to the MAI partners in the story:

(SM and Roy Posner)

"...You may find this very difficult to comprehend or believe because for you The BOOK is merely a source of inspiring ideas. But that is not the case. The Book is a source of knowledge that is power – only, the knowledge and power we derive from it is limited by the powers of our own consciousness. In other words, what we get out of The BOOK depends very much on who we are. It depends on our aspiration, our sincerity and our consciousness..."

(from The Book, by Garry Jacobs, Page 490)

Comment: Appa's (Karmayogi's) teachings and the sincere and dedicated utilization of his methods for evoking response, in tandem with Her Force, give us this same power in real life.

Extreme Negative Response in USA's History

-USA terrorized Japan with two nuclear weapons, setting loose Evil technology in the world. As life response many decades later, North Korea is perceived in USA as a nuclear threat.

-Americans annihilated the Native People through war and disease, eliminating 90% of the population. Life responded negatively with brother fighting brother in the Civil war.

-USA and West interfered in Russian Revolution. Life responded negatively with the devil Stalin, who through Soviet Union he led became a menace to the world.

-USA speculators triggered the Great Depression, helping Hitler eliminate the progressive Weimar Republic, take power, and terrorize the world.

-USA takes to outdated, outmoded, Laissez-faire form of Capitalism over last several decades, including allowing for extreme financial speculation, causing life to respond negatively, through speculation induced Great Recession, the greatest economic crisis since the Great Depression.

Synchronous Moment: Berkeley Receipt & Credit Card

Synchronicities - what people refer to as "coincidences", but which are not -- just keep unfolding in waves and torrents. Let me tell you about but two that happened to me in recent days:

(1) BERKELEY RECEIPT: A close friend who I have only seen three times in the last 30 years came to visit me in Southern California. After our visit, the next day he made his way with his wife to the northern part of the state to meet his son in Berkeley. As it turned out, at the moment he began to leave my area for the journey north I found a piece of paper on the seat of my car as I was sitting down. It was a parking receipt for parking in Berkeley from a decade

ego. How did it get there? Somehow it blew out of the side-pocket on the driver's side door, and got loosened to appear at this very moment. I have never seen a receipt of anything on the driver's seat of the car, yet it appeared at this very moment when my friend was headed up to Berkeley. Why this unnecessary receipt was still kept after all these years is a mystery. Apparently so I could have this astonishing synchronous moment!

(2) THE CREDIT CARD: And this one happened today: I have spent over a decade paying off a credit card for a certain company. After all this time, today this particular card was paid off. However, it was done through a third-party agency, and my association with the original card company had long passed. Miraculously in the mail today was a brochure from that company. Not in the last 12 years have I received any literature from the company! Moreover, the literature was actually for a previous residence of my house, so they had no way of knowing I had paid off the card. Plus, the card debt was handled by a completely different organization. Somehow miraculously the advertising literature from the company came the same day I had paid off a 12-year debt, with nothing outward to connect the two; yet inwardly or cosmically they were indeed related. A kind of thank-you note from the credit card company!

Such synchronicities are common occurrence that all of us can witness on a regular basis if we just make the small effort to look around and perceive these subtle and startling associations.

To Be Titled

If you overcome your resistance to do something, putting your faith completely in Mother, the outcome will be spectacularly simple and successful.

Supramental Perception and Integral Knowledge

Supramental Perception (or whatever name we give to it) is a wholly unique phenomenon, as one has Complete Knowledge of the truth necessary in any given moment of time. This is an almost inconceivable possibility, yet Sri Aurobindo has given us the way forward to achieve it. It enables unprecedented power and capacity to function in life, as every decision will end in the right outcome.

Sri Aurobindo indicated that this Knowledge was there before creation. In fact, it was the Supramental Plane and Power that conceived creation, and helped unfold space and time, and real Ideas of what the creation should be. Moreover, one purpose of life is for all beings to also have that capacity of moment to moment integral Knowledge.

This virtually unprecedented understanding of our capacity to know -- I call it supramental perception -- comes from the deepest readings of the ancient Vedas and Upanishads of India, brought forward into a modern evolutionary context by Sri Aurobindo.

Man knows with mind that only gives a partial knowledge of what is happening, what needs to be known - in any moment, situation, circumstance, etc. Beyond that is silent mind (where thinking ceases so true rationality can emerge), and intuition (where truth enters the mind without the necessity to think). Beyond that is universal mind, culminating in Supramental Perception that knows everything one needs to know in any given moment, among other startling knowledge capacities.

Through our development in consciousness, opening to the Divine Mother, taking the other person's point of view and other methods, we move toward that deeper poise from which we develop this integral knowing capacity. Increasingly, only through such spiritual mind-related capacities will we be able to solve the problems of the world. These issues are increasingly not solvable, even by rational mind.

To Be Titled

This universe and all in it, melded, integrated with the divine Source are together the Reality. Through Supramental perception, we fully see and live that Truth: perceive that Spirit and the details of Life are interrelated and One.

To Be Titled

Learning from each mistake opens the doors of consciousness a little wider.

To Be Titled

In retrospect, a growth or spiritual-oriented individual will look back on the chaos he was part of and realize that there was a much simpler way forward.

To Be Titled

In a very dark atmosphere (eg inquiry of treason of highest officials), a simultaneous harmful development by that same side (eg tax legislation that supports the rich) will one day prove to be utterly ruinous.

Multiple Responses from a Single Higher Consciousness Movement

We see how a particular inner or outer behavior precipitated a particular powerful positive response from life. We are happy to experience this result, but then become self-satisfied with it. And yet little knownst to us, our higher consciousness movement is likely creating additional positive life response reactions - whether for ourselves, for others around us, or a much wider collective.

For example, a man takes to improving a neglected area where there is poor lighting, which not only improves that condition but attracts an opportunity for a better health solution for himself. However, this individual then looks into the conditions further and discover other startling Life Response results, such as the community suddenly having better lighting and sanitation, or new health discoveries similar to his own that are suddenly revealed for the entire community or nation.

It is because everything is secretly connected to everything else in life that these additional expressions of life response are able to emanate from a single higher movement in consciousness on our part.

This being the case, let us make a greater effort to perceive a wider array of responses to any single elevation of consciousness on our part. We are likely to be astonished by what we discover!

Comment: This is one expression of Sri Aurobindo's saying, "Don't stop in the middle." That we can take things many steps further, beyond the limited current perspective and reality.

To Be Titled

The end of the Cold War did create a power vacuum. But rather than building a stronger system of global governance to fill it, we have rushed to grab all the spoils and all the power to ourselves. The world we see around us is a direct reflection and result of our own actions. We have no one to blame but ourselves.

(from novel The Book by Garry Jacobs)

To Be Titled

The scientist sees everything, every object, force, et al as separate from one another. The spiritual person sees all things as One; as deeply interrelated and intertwined.

To Be Titled

Negative situations are secretly a stimulus for us to find a better way.

To Be Titled

Gleeful enjoyment of another person's comeuppance quickly attracts accident or other negative conditions.

To Be Titled

There is a true poise within, where whatever comes to us, happens to us - good or bad - we take as a Grace for our progress, releasing our Delight in the experience.

How the Soul Responds to Difficulty

Our soul, our psychic being receives a negative experience as an indicator of an even Greater growth; of even Greater positive conditions to come. It therefore receives the apparent negative as a Grace, releasing Delight and Joy in our being.

Eg a spirit-oriented individual laughed when a judge ruled that his vast property was going to be taken away, because he knew even greater things were to come, related to it or other, which is precisely what happened.

To Be Titled

Our own destiny is not carved in stone, though the cosmic goals and intentions of the Divine are.

To Be Titled

The Divine does not want us to suffer over long periods of time in order to achieve a goal. It is our Ignorance that causes the delay. If we were conscious, the results would come much more quickly.

To Be Titled

Incessant complaining about another indicates deficiency in one's self.

Comment: best to discover what that is.

To Be Titled

Do we want to achieve, progress, evolve through the Sunlit Path of Spirit (purusha); or through the slow, lengthy, and difficult way of Nature (prakriti). The choice is ours.

To Be Titled

When we read what the characters have gone through in a story or in a film, we are subconsciously reading the process of our own awakening, our own self-discovery. (MSS)

To Be Titled

Avoid belittling a small matter; otherwise, it will turn into a large one.

To Be Titled

Your level of success in life is not half as important as the degree you are raising your level of consciousness. The former readily takes shape from out of the latter.

To Be Titled

Remember, without the difficult times in your life, you wouldn't be who you are today. Be grateful for the good and the bad. (Steven Aitchison)

America's Spiritual Seekers in India

Q: Why has America sent the largest batch of spiritual seekers to India of any country?

A: Any creed taken to the extreme reveals its fallacies and generates a reaction. America has embraced materialism more than other countries and therefore the reaction comes from there where its gross inadequacy and inability to promote peace and happiness is self-evident. (Garry Jacobs)

Living a Greater Life than You Were Told by Society to Live

When you grow up, you tend to get told that the world is the way it is. Your life is to live your life inside the world, to try not to bash into the walls too much: Try to have a nice family life, have fun, save a little money... but that's a very limited life.

Life can be much broader once you discover one simple fact: Everything around you that you call "life" was made up by people that were no smarter than you -- and you can change it. You can influence it... the minute you understand that you can change it, that you can mold it, that's maybe the most important thing. To shake off this erroneous notion that life is there and you're just going to live in it -- versus embrace it, change it, improve it... and make your mark upon it.

(Steve Jobs)

To Be Titled

In sports, as in life, intense anger attracts injury or similar to self or team-mate.

To Be Titled

Intensity of the negative intensifies the opposing positive.

Rising to Next Plane, Equilibrium of Energies, and Consecration

--Life always seeks to restore an equilibrium of energies.

--Eg if something attempts to rise to a higher level, something comes to bring it back the previous level; thereby restoring the equilibrium.

--Therefore, when we rise up to the next plane, it ordinarily evokes a hostile opposition; as life always seeks to balance out, to establish an equilibrium of energies.

--Eg if you are seeking to bring a new set of positive values to an institution, an unexpected opposing force will rise to not only prevent the values from being adopted, but to destroy your influence in the institution.

--However, if you consecrate the movement to the next highest level, (eg the interest in implementing the higher values in the organization), life responds, not negatively, but fully positively, restoring the equilibrium, but now at a higher level.

--Also, if you do not react in feeling and thought to the intensity of the opposition, it can have a similar effect. Or if you consecrate the opposition, it will melt away; in all cases restoring the equilibrium at a higher level.

Supermind Sees Beyond Dualities

"Mind and ego see the whole world in terms of dualities and opposites - good and evil, right and wrong, truth and falsehood, progress and reversal, good fortune and misfortune, pleasure and pain. The dualities do not exist in Supermind. [I.e. all is One] For Supermind EVERYTHING is an expression of the Spirit and serves an essential evolutionary purpose". (Sri Karmayogi)

Eg In the story Pride and Prejudice, Pujya Appa [Karmayogi] explains that to Darcy's mind Wickham is a scoundrel, but for Supermind, Wickham is an essential component to Darcy. (P.V. Sankar)

To Be Titled

Spiritual life is not merely asking the Divine for favors, but is to continually make the effort to grow in consciousness in all facets of our lives.

To Be Titled

"Punctuality is not about being on time, it's basically about respecting your own commitments." (unknown)

... and respecting other people, and their time and concerns.

Supermind and Internet

Descent of Supermind into the world is a movement of Unification and Oneness. Eg in just 2 decades the Internet has emerged as the first global social system linking billions of people together in a manner unimaginable just a few decades earlier. (Garry Jacobs)

To Be Titled

Much of what you sedentarily (physical) or emotionally (vital) resist, you need to fully embrace.

Power of Restraining Ourselves from Sharing

If possible, hold back from sharing an emerging positive development. That way it will intensify and grow stronger.

Let's say you are writing an article and it is coming along well. If you withhold from telling others, then the remainder will unfold faster, and with new insights you hadn't seen before, improving the doc tremendously.

It applies to any similar circumstance; especially where the thing is not yet completed. Even when completed, it can be done if there is scope to do so.

To Be Titled

The leader who consistently sees the opportunities behind a serious problem will rise (along with his organization) to the pinnacles of success.

To Be Titled

At each point in our lives the Divine, the Mother is teaching us a lesson. Are we paying attention? Are we recognizing the issue? Are we taking up that challenge for self-improvement?

Life Response Comments in the Film 'Secretariat'

(based on a true story)

As it indicates in the novel 'The Book', "Life does not attack the weak, because it has nothing to gain by doing so." And so, challenges come from life only for those who have the capacity to face it; who are able to convert that challenge into opportunity, fortune, and Grace.

In the movie 'Secretariat,' Penny was a content housewife, living happily with her husband, two daughters and two sons. One day she lost her mother, and as a result returned to her childhood home. There she came to see that everything was in a bad shape; that her father's health was deteriorating; and that the farm he had managed for horse breeding operations was not making money. In addition, her brother wanted to sell the farm, but Penny insisted on keeping it. And so she had to stay for a longer period in order to resolve these issues.

The first thing she discovered was the dishonest horse trainer, and so she fired him. We know Life responds to our Motive, rather than to our action. Life then responded indeed for her in the right spirit. As it turned out, through her father's good friend Hancock, she was able to approach veteran trainer Lucien. Initially, he rejected her offer, but later changed his mind and accepted it.

At that time, she found out that two of her best mares (Somethingroyal and HastyMatelda) were pregnant by the owner Odgen Phipps Stallion 'Bold Ruler'. Penny's father had a deal with him that a coin toss would decide who would choose which foal. Hasty Matelda's foal was every one's favorite due to her young age. However, Penny's choice was entirely different as she wanted Somethingroyal's foal. She thought that it had a unique combination, a rare quality of mix of speed and stamina. Though she lost the coin toss, she received Somethingroyal, just as she wished. It was a first sign from life that these earlier events of good fortune would predict the final outcome. Her dream indeed came true at the end with

Somethingroyal's foal. After the coin toss, she immediately came to know that Lucien wanted to join her as the trainer.

All were surprised with the Somethingroyal colt. In fact, her father wanted the horse to run races. Despite not knowing much about that field, Penny stepped into a male dominated business to fulfill her father's last wish. However, it was not easy for her, on several fronts. For one, her family was also not appreciative of her efforts. Instead her husband wanted her to be back for her family and kids. But she was determined to run the horse because that willfulness came from her genes through her father; through her subliminal/subconscious aspiration. Earlier in the movie, this was nicely captured, when her father spoke to her as a little child, "Don't let them fool you darling, it's not whether they think we won. Its weather we think we won. You run your race, Penny"

Mrs. Ham (father's secretary) chose the name 'Secretariat' for the horse. However, the first race ended in failure. Then as per Lucien's advice, she employed veteran jockey Ron Turcotte. From then on "Secretariat" won many races, and eventually was named "Horse of the year".

At that time, life challenged her again with the sudden demise of her father. Now she had to pay six million dollars on taxes owed on the estate. Her brother also urged to sell the horse, but she rejected his advice. She wanted to walk in the footsteps of her father.

She had also employed Hancock's son (Seth) out of good will and gratitude. She drew up a horse breeding plan and contacted potential investors. All of them turned her down. Owner Phipps offered her 8 million dollars to purchase Secretariat, but she refused. In her heart she knew how much Secretariat was worth. And so determined to take risk, she made a bold decision to let him run in Triple Crown Race, which no horse had won in the past 25 years.

And yet life gave her another challenge.

Just before the Triple Crown race, Secretariat lost the Wood Memorial race in very poor fashion. She scolded Lucien and jockey Ron in anger and asked them to fix the issue. Both however did not react to her, remaining calm at that moment. Life immediately responded and revealed the reason for Secretariat's poor performance, which was due to an abscess in his mouth. Penny immediately recognized her mistake and apologized to both.

Though the horse was recovering, it still had not eaten since the abscess. Lucien worried if it was okay to run Secretariat in the race again. It was a beautiful scene in the movie: Penny reached "Secretariat" and looked at him subtly, deeply. Similar to the scene of being One with the Field in the movie 'The Legend of Bagger Vance,' Penny became identified with the horse. We know that material objects respond to our attention; then why can't an animal, such as a horse? The next morning onwards, Secretariat started to eat again as normal.

Secretariat went on to win the 'Kentucky Derby' and 'Preakness' in record times. The third race of the Triple Crown, the 'Belmont' was the acid test for him, as people believed that he was capable only for speed and not for long run running. In the meantime, her family became supportive of her efforts. At the Belmont Ball, her husband confessed to her, "I want you to win. And win or lose, you've taught our children what a real woman is. What is it to believe in yourself, and I never could have taught those things. And you've taught me something, too." She felt immense emotional fulfillment. With that happiness inside, she went to Secretariat and talked to him subtly, "I realized something, I've already won, I made it here, I didn't quit, I've run my race, now you run yours."

Secretariat went on with a remarkable face, beat all the odds, and won the race with an extraordinary finish besting his rival horse by 31 lengths.

Secretariat was considered one of the greatest horse who ever lived. And Penny saved her farm, and lived with her family happily afterwards.

It was not just a movie about winning the horse race. It was a depiction of the LIFE of Penny, who rose up from a content housewife, and transformed herself into a living inspiration that touched the lives of all the people around her. (We call this a Gnostic Being). She just simply refused to give up when life challenged her on a number of occasions. And as a result, she went on to fulfill her father's legacy and last wish.

It was like Darcy from Pride and Prejudice. He could have walked away after Elizabeth's abuse, or he could have withdrawn after hearing about Lydia's elopement. Instead, he chose the other way. As a result, he not only succeeded royally by winning over the woman of his

dreams, but he also fulfilled the dreams of all other people he was associated with. He brought Bingley back into Jane's life, turned a misfortunate elopement into a marriage, restored the honor of Mr. Bennet's family, elevated the status of Mr. and Mrs. Gardiner, and so forth.

Qualities Demonstrated by Penny in the Story that Enabled Good Fortune:

- Had Aspiration to Rise Up Higher
 - Demonstrated Power of Willfulness. Determination. Never Say Die Attitude
 - Inherited Her Father's Willful Capacities
 - Expressed True Individuality; To Think for One's Self; Not Being Constrained, Determined by the Herd
 - Demonstrated Inner Psychological Strength at Key Moments
 - Had Deep Belief in The Potential for the Outcome to Come About
 - A Positive Attitudes maintained throughout
 - Experienced Deep/Subtle Connection with Another Sentient Being
 - Felt Gratitude at Steps along the Way
- (Roy Posner & SM)

Anticipating Negative Outcomes

Avoid anticipating a negative outcome - as in "yeah that won't work out", - lest you attract that very result. Instead, imagine the best, - without being overly attached to it; offering it to the divine, the mother; - not the worst. The best conditions are now far more likely to present themselves.

Physical Violence Down 90% in World

Throughout human history violence, war and conquest have been dominant. Today the percentage of people dying from physical violence globally has fallen by 90% or more from levels common before 1950. Aggression by one country or people against another was common practice and even considered legal before 1947. Today it evokes outrage and opposition by the world community. (Garry Jacobs)

Movement toward Free Things in the World

Many things once very rare or costly are becoming almost free -- books, information, phone calls. People once prided on how many books they owned in their library. Now millions of books including all the classics are available free on the internet. The founder of IBM predicted the world market for computers would be only 5 a year. Today every mobile smart phone has more computing power that the original IBM mainframe and hundreds of millions are being sold annually for a nominal price. (Garry Jacobs)

To Be Titled

A person who insensitively brushes aside another individual's suggestion will soon meet with a new problem.

Child Education of the Future

The best type of child education is where the teacher discovers and nurtures the inner aspiration and truth of the child through his perfect attention to it, which is ultimately only made possible through his own inner connection to his True Self. This is the education of the future, which it is now time to embrace.

Agitated vs. Rational Explanation

A willy-nilly emotional outburst energizes, but then agitates, while a rational explanation with clear reasoning calms and soothes. Due to the entry of Truth in the latter, the crowd, participants are calmed into an almost spiritual-like peace.

Reaching Intensity of Negative in Order to Elicit Action

Sometimes a negative force does not meet with a concerted positive opposition until that negative reaches a certain threshold of intensity.

Example: A government is oppressing its people. The people are disturbed, but haven't the strength to act. Then a heinous crime is committed by the gov't. against the people. Now the people rise up to toss out the vicious leadership.

We can see this dynamic in various aspects of life: from the issues of society to our own daily lives.

E.g. a man doesn't commit to hard work, even though his financial situation is deteriorating. Then an unexpected bill appears in his inbox, unsettling his entire situation. Now he commits to making the full physical and psychological effort to secure a good-paying job.

Supramental Perception of Oneness

Supramental nature sees everything from the standpoint of oneness and regards all things, even the greatest multiplicity and diversity, even what are to the mind the strongest contradictions, in the light of that oneness; its will, ideas, feelings, sense are made of the stuff of oneness, its actions proceed upon that basis. ... the supramental, the divine life is a life of essential, spontaneous and inherent unity. (MSS)

To Be Titled

First objective in yoga: Identify each time our Ego is engaged, and make an effort to overcome it.

Limits of Current Collective Existence, and Need of Spiritual Change

Sage and seer Sri Aurobindo examined the current reality and indicated that this existence cannot be the basis of a new [Supramental] collective life. He says that only Spirit - not the current mind and mentality - can harmonize our mental, vital, and physical existence, and create this new collective divine society.

Moreover, Sri Aurobindo indicated that there are severe limits to the current collective life, including the modern methods, to enable a perfect society. He indicates that neither the current scientific formula, nor a perfected economic society, nor democratic existence, nor varying structure of governance, nor religion are enough to create the higher, perfected, divine society and existence that the world is moving towards.

It is the Spiritual Change of individuals that alone can transform the race and bring about this new perfected Divine Life on Earth.

(based on Sri Aurobindo's 'The Life Divine' - chapter 56, The Divine Life)

To Be Titled

Knowing how the good side had a hand in creating the bad is wisdom

Following the Right Speed of Life

Beneath surface impressions, Life has an exact right Speed for us to move in at any moment. If we go too fast beyond this measure, eg being undisciplined or impatient to accomplish something, life will quickly reveal our wrong relation to time in the form of error or similar. Best then to settle down, be quiet inside, regain your composure, and then take up the right flow, including the right speed of action, or inaction. If you are conscious in the least, an important life lesson will have been learned.

To Be Titled

In absolute silence sleeps an absolute Power.
(from Savitri by Sri Aurobindo)

To Be Titled

Women's cooperative nature will serve well the future of humanity.

To Be Titled

Sincerely wishing to apply high personal values, with humility, patience, and purity of purpose, attracts the fulfillment of one's intention.

To Be Titled

At the point you shift your focus from yourself to others, life responds.

To Be Titled

Coordinated approach among peoples to solve problems like global warming, terrorism, hacking, wealth inequality, etc. will have the effect of furthering Human Unity.

To Be Titled

Evolution is the progressive movement from division, separateness, conflict, and contradiction to harmony, unity, and oneness.

To Be Titled

Evolution is the inversion of the process that led to the creation of the universe, Involution.

To Be Titled

God, the Divine, as a Conscious-Force is there at the outset of the Involution, disappears when forms manifest in creation, and progressively returns in all forms in the Evolution.

Supramental Timeliness

The Supramental person is constantly helping others get out of predicaments and jams, which the receivers are deeply grateful for, though this was never the conscious intention of this higher-consciousness individual!

Eg an evolved man appears at just the right moment, offering an excellent solution, and saves the day for a client, though he had no idea what was occurring in the client's schedule nor of his unfolding circumstance. In other words, the supramental person is always in the right place at the right time, whether consciously or subconsciously doing so, defying all human logic of how life works. Perhaps we can call it Supramental Timeliness.

To Be Titled

People ordinarily consider the right tool, the right method, and the right time to undertake any activity; but rarely consider the right consciousness to bring to bear. The latter of course makes all the difference.

To Be Titled

We are given great opportunities, or great obstacles, or both as the means of our ascent in consciousness.

To Be Titled

If you restrain yourself from taking the next step in order to get the upper hand in an argument or debate, the other party is likely to contact you soon-after on their own with a positive development that is of interest to you. It shows the spiritual power of Restraint to attract the positive; especially in ego-related situations.

To Be Titled

Though we are not, Life/Nature is comfortable with the unfoldings of the present, as it is in touch with the future, and perceives how they interconnect.

Floral Surprise

"Dear Roy Sir,

Merry Christmas and happy new year to you and your family. I would like to share an amazing experience I had yesterday.

After a long time, yesterday morning I was reading some of your posts about Mother in Facebook. I was not able to add you in Facebook as my parents-in-laws monitor my Facebook activity and they particularly do not like me praying to Mother, or keeping Mother's photos in the house. I had a kind of sad feeling, I couldn't even do this, and so carried on with my browsing, reading news headlines, emails etc.

I was doing my work and suddenly heard the doorbell ring. It was unusual to have any visitors during that time of the day, I thought it could be a courier of some sort, or perhaps mail for my husband; and so I opened the door. There was a guy out in the snow with a little piece of paper reading my husband's name and asked if that person was me. I said that would be my husband, and he indicates they have some flower bouquet for him.

I was surprised and received the package of beautiful flowers. It had a card amidst the flowers with my husband's name and my name on it, wishing happy holidays and new year. It was from my husband's financial advisor. It was a surprise because we have been their clients for like 3 years now and this is the first time they sent out flowers.

And the highlight was the florist name, it said "Roy's florist". It was such a pleasant surprise to me. I was so happy. They also sent a 2016 floral calendar along with it and the first month had the wordings "Spirited Grace". I was so thrilled and I just wanted to share it with you."

D (December 25, 2015)

Overcoming Our Resistances in Work

Steve Jobs was reluctant to allow iPods to connect through Windows; only Macs. When he later gave up that resistance, life responded, and Apple sales grew spectacularly, and the company began its great boom from the time he returned from exile.

We too have such resistances in work that we can shed, that can likewise propel us to the pinnacles of success and fulfillment. Identifying what those resistance are is thus key. Once understood, we can take up the necessary change, thereby attracting good fortune in our lives.

To Be Titled

Today, the day of monumentally misguided tax cuts in the US, is the day that capitalism, -- that has benefited from many socialistic ideas and policies, but has not gone nearly far enough, and is still dominated by false economic beliefs that has created a vastly unequal, undemocratic society, -- begins to collapse and be replaced by a new type of Human-Centered Economics.

Perceiving Truth Beyond the Senses

"Seeing is believing" is a limited perspective of life. It indicates that only what our senses perceive is what the truth is. Not only can we be mistaken through our senses about what is occurring, but the truth is more often than not, not visible at all.

What we should believe in is the true Truth of things, and seek to discover what that is in each circumstance. It requires rational thought, insight, and intuition beyond what our senses, our eyes and ears tell us.

Mother Asks Us to Partake in the New Race

"The World is preparing for a big change. Will you help? ... That big change is the emergence upon earth of a new race which will be to man what man is to the animal. The consciousness of that new race is already at work on the earth to enlighten all those who are capable of receiving and listening to it."

(The Mother, from Agenda, 1970)

Mother Devotees' "Illness" as Resistance

People close to me for the work fall "ill." ... And depending on their receptivity, I must find a way to make them understand that they shouldn't worry, that it's not an "illness," but ... the body's resistance.

The body [Mother's body] has learned that at its own expense! It's constantly like that: if you are in the true position, everything is fine – provided you don't observe yourself, don't keep observing, "Oh, the body is like this, or like that, it feels this way or ..." As soon as you pay attention to it, as soon as the consciousness is turned to it, something goes wrong. It goes wrong.

One has to be ... like this (gesture turned upward). And then, there is something that KNOWS all the same, something that knows, but without observing (I don't know how to explain). And you can see that as soon as the consciousness of the cells takes the true attitude, the thing that manifested as a disorder no longer manifests as such ...

(The Mother, from Agenda, January 3, 1970)

To Be Titled

I am happy to report that I attended the wonderful inaugural conference at University of California Berkeley in 2013, where the World University Consortium (WUC) was founded. Thanks to Garry Jacobs, head of WAAS for inventing WUC, and organizing this Second World Conference on Future Education in Rome. A great force has been unleashed to help guide education into new frontiers of possibility, including the power of the true Inner, Self-Directed Student. **Congratulations!**

Vision of Future Integral Political Party in India

Below S S Sreejith lays out his vision of a new political party with commensurate strategies that can lead India into the future, based on an INTEGRAL Solution to all of its vast problems and opportunities.

"Strategic discussions are going on the upcoming General Elections of India by 2019 among political parties and in media and let us look into all our political parties.

My point of view is that NONE of them are capable enough to handle the social transformations of 2020 resulting from globalization, high aspirations of youths, middle class and common men and IT revolutions, women empowerment, their equality in jobs and their social aspirations, NRI returns to India, huge number of expatriates presence, likely opening of windows & platforms for International hypermarkets and International Universities, threats of neighbours and International and national terrorisms, Infrastructure and energy demands, climatic changes, changing community, family and other social structures, new skill demand because of older jobs getting obsolete etc.,

Look at our political parties:

-BJP + Alliances: Religious polarisation and Hindutva as the main agenda

-Congress + alliances; Caste based polarisation, lack of leaders and very weak organisational structure

-Third front including regional parties, few Janatha dals, communist parties and left, AAP and new smaller parties: Are not able to take India as one integral nation but believe in divisions, not standing for the corporates and prosperity, only focusing on lower middle class as vote banks and no visions.

THERE IS A POSSIBILITY AND SCOPE FOR A NEW POLITICAL PARTY TO EMERGE WHICH IS HAVING FOLLOWING CAPABILITIES

1. A political party with skilled and professional leadership
2. A political party with Human Centered Approach
3. A political party which can take care of the people not just Hindus, Christians, Muslims, Sikhs or Jains or only people from North or South
4. A political party with no considerations to casteism in INDIA
5. A political party with visions of progressive, sustainable and all-inclusive growth and development.

CAN WE ENVISAGE A NEW POLITICAL PARTY OF THAT SORT FOR NEW INDIA?"

S S Sreejith Sreejith

Reader: Bhagavan Sri Aurobindo said in His Uttarpara speech: "This Hindu nation was born with the Sanatan Dharma (Hinduism), with it it moves and with it it grows. When the Sanatan Dharma declines, then the nation declines, and if the Sanatan Dharma were capable of perishing, with the Sanatan Dharma it would perish."

Any party capable of nation building must keep the above as one of its bases.

Abolishing the divides between religions, sects and caste groups can be done by introduction of the Uniform Civil Code and abrogation of all sections that create inequality between citizens...this can only happen when we no longer accept the false view that non-appeasement equals majoritarianism.

Response: I may be wrong, but I sense that Sri Aurobindo moved away from this view (Sanatan Dharma; as a focal point) later on. This was a nationalistic rallying point at the time, and was successful for its intent. (identifying with the great spiritual tradition of India, which had been trampled on through colonialization and other negative developments).

Now Appa asks us to find the spirit inside and open to the new Force that is there that Sri Aurobindo discovered and brought to the world. The old ways and teachings (Vedas, Upanishads, et al) are great, and are the foundation of Bhagavan's Newer Knowledge. but we must each discover our own way to the Spirit.

Also, as a rallying point for action, strength, etc. I personally find it uncomfortable, even as India has been weak in the past (Gandhi's ahimsa/non-violence before partition, allowing China to penetrate her borders, dealing with terrorism, appeasement, etc. etc.)

Sanatan Dharma is a great ideal, but tying it to nationalism and politics seems counterproductive. It creates too much strain. We need other forms of commonality first, with a Human-centered approach being one, and commonality of higher truths amongst religions and teachings another.

Besides Sri Aurobindo and others have given us Knowledge that transcends the spiritual tradition, which can powerfully take India to the future and fulfill its national and spiritual destiny; so why not, as an individual, start there.

<http://www.karmayogi.net/?q=node/930>

To Be Titled

Life is the Becoming; filled with negatives and positives. Our challenge is to bring the Being (the Spirit; the unalloyed, self-existent Positive) into the Becomings of our lives, enabling progress, evolution, transformation, human unity, culminating in a Divine Life on Earth.

To Be Titled

Ultimately, only the evocation of the Divine, i.e. the divine Mother can save the world.

To Be Titled

To constantly be creating harmony where there is discord is one indicator of a devotee's consciousness.

Comment: Q: If we are not feeling good about what is happening, like arguments or feelings, how can we create harmony in such situations.

A: By detaching and not reacting at all to the situation - in action, feeling, and thought. Life will now soon respond with positive conditions.

Q: True sir thanks, but sometimes the opposite party thinks we are not giving enough respect by not reacting to what are they telling if we are quiet for long. For example, we don't like what are they telling in a close atmosphere, and we don't react, the opposite party expects a reaction from us. If we keep quiet in close atmosphere, it is quite obvious.

A: Then just agree with them. Taking the other person's point of view is a powerful spiritual approach. After a short while, they are likely to come around to your original point of view. The situation can turn around, like magic. Taking to another's point of view (whether true or not) moves one closer to the integral truth of things, from the part to the whole of the truth; which is a Supramental perspective, which in turn releases powerful positive condition, including eventual agreement and harmony.

To Be Titled

Mother says the Winter Solstice is spiritual and symbolic; as it harkens the coming of the Light.

Overcoming Limitations of Nations in Multi-Polar World

We are rapidly moving toward a multi-polar world, with identifiable weaknesses of the 5 main players. Gradually each will need to grow out of their limitations in order to create a more harmonious society, as indicated below:

USA - come out of geo-political arrogance, acute materialism, lack of equality in wealth distribution

EU - unwillingness to have a strong integrated military; need for EU to become stronger, even more united

Russia - come out of undemocratic, brutalistic tradition

China - come out of lack of freedom for the individual

India - come out of poverty, corruption, sectarian intolerance, and poor relation with Pakistan.

On Cynics & Cynicism

-Cynics don't normally bring the world forward. Visionaries do.

-Cynics may have great insights, but enjoy stewing in their cynicism. Nothing gives them more pleasure.

-Cynical distancing easily becomes cynical superiority. In either case, cynicism is retained. (Karmayogi)

-Cynicism is due to lack of energy. It can create a vicious circle of lower energy and greater cynicism. (Karmayogi)

To Be Titled

Brahman is the totality of existence - i.e. the divine and the universe inexorably intertwined, in all the details. Supermind perceives life from this vantage point..

Limpia and Lauren

(musings on the novel 'The Book' by Garry Jacobs)

Blessed are souls who have goodwill and gratitude, both on the surface of their being as well as in the depths.

Limpia and Lauren were the first two employees of MAI (the AI organization in the story). Limpia was the helper and Lauren was the admin executive. During several difficult periods, MAI was forced to take tough measures, like retrenching employees. Yet, Limpia and Lauren remained part of MAI even at those difficult times.

The goodwill of MAI was served by Limpia and Lauren's gratitude in return in many instances. Among many, there were two striking incidents as indicated below.

-Limpia was the one who had preserved 'The Book' in a dramatic manner during federal officers' search at MAI.

-Only through Lauren, Dan had noticed 'The Book' pages were fading in an instance. And later on, after serious experiences and with the reversal of Dan's attitude, 'The Book' pages were restored.

As such, without both of them at that RIGHT time, the events of the story could be entirely different. Their acts came as Gratitude on the surface and out of Goodwill in their depths.

(SM)

Welcome To 'The Cleanest Village in India'

(reminds us of power of Cleanliness to attract health and prosperity)

"And the secret to Mawlynnong's sparkle? A tribal tradition that equates cleanliness with a beauty all its own. Resident Badapbiang Khongtheim says fellow villagers don't look at how grand someone's house is but how tidy it is kept.

"Cleanliness has more value than material wealth," she says. "It's what people see, it's what they talk about, it's what they exchange compliments over."

<https://www.npr.org/.../welcome-to-the-cleanest-village-in-in...>

To Be Titled

Let us be patient and let Mother orchestrate our entire reality.

-thanks to Senthil

Pursuing Negative Associations that Spread

Pursuing an association with a negative person can vibrate out and attract ill-fortune for someone you care about.

Eg one woman actively pursued getting involved with a scoundrel because of his good looks and charms, which quickly attracted ill-fortune for the sister she adored, when the sister's fledgling romance with a man she cared deeply about suddenly ended when he unexpectedly moved away to another town.

When we blindly connect ourselves with negative people, that vibration can spread to other people we care about, causing ill-fortune for them and dismay for ourselves.

This principle also works in the reverse - with good people we actively pursue and associate with; that vibrates out and attracts positive conditions for others we are connected with.

The Coming of the Light

What we now call Christmas was celebrated long before the coming of Christ. That period around the Winter Solstice was celebrated, honored in various cultures as the beginning of the return of the Light, when the days were beginning to get longer; an actual and a symbolic event.

The coming of the Light is the hope of renewal, rebirth, new possibility and new chance to redeem one's self; an opportunity to raise our consciousness. The Solstice and the New Year were celebrated as one thing: a New Dawn for the Spirit to enter our lives. Let us take up that golden opportunity and be reborn into a New Life!

Rise of Reactionary Forces

The vast reactionary developments we are witnessing in the world today is a backlash to the enormous progress and many advances in consciousness over the last few decades.

It is also a reaction to the inability and failures of societies to deal with new economic and social realities that are burdening humanity. In that environment, harsh, anachronistic and reactionary forces rush in to fill the void.

A greater dawn of light, truth, and harmony awaits us beyond these troubling, unsettling times.

Getting in Touch with the Mind of the Cells

We know of the human mind. We are in it and using it right now. What we didn't know is that the body itself has a kind of mind, which the Mother calls the "mind of the cells" or the Cellular Mind.

For example, if this bodily mind detects that there is a spiritual Force at work in life, the cells of the body brighten and become happy, and thus vibrate in a certain way that creates a healthy feeling and the dissolution of small pains.

In human transformation, which is the end goal of Sri Aurobindo's yoga, the cellular mind shifts its demeanor from a pessimism of the inevitability of illness, decay, and death, to a "reprogramming" in which it perceives the possibility of endless well-being and unending life. Moreover, when the mind of the cells perceives the Supramental power at work, it brightens with a kind of joy, and sheds its feelings of doom to one of continuous well-being and joyful belief in its endless existence.

As described in Her 4000-page diary "Agenda," the Mother spent much of her time in the last several decades of her life communicating with the Cellular Mind, convincing it of its spiritual destiny; of its capacity to reprogram its outlook, leading not only to endless health and unending life, but transformation of the very structures and systems of the body into centers of consciousness, replacing the current gross physical being with its organs, fluids, and the like.

If we are very sensitive, we too can have "discussions" with this bodily mind, and ask it, train it to open to the Force, which will alter its programming away from the inevitability of its decay and demise, shedding the feelings of "pralaya," the memory of life passed down through thousands of generations of the inevitability of suffering and death.

To Be Titled

At any given moment, we each live in different Mind-states from one another. Key then is to move to a common Mind-state where we relate fully to the concerns and needs of another. There life reaches, evokes, fulfills a much greater potential, possibility. It is one expression of Supramental living.

To Be Titled

Shifting from unwillingness or indifference to willingness opens the door to a flow of synchronicities.

To Be Titled

The more one perceives an idea in a field in relation to other fields, the better, the more integrally one knows it.

To Be Titled

Synchronicities, Life Response, et al make you feel that the Divine is alive in the world.

Prof. Stearne - The Gnostic Being - Reconciling All Sides

When a Gnostic Being acts from the Truth of his Being, he reconciles the Truth in Every other being's view point.

In the novel 'The Book', after the arrival of Prof. Stearne, MAI's growth rose to greater heights. Yet, at the same time, the intensity and threat of the adversaries also continued to increase, aiming for the 'The Book'.

What was needed was a permanent solution; not just for MAI, but such solution could reconcile all viewpoints [including positive AND negative, i.e. the adversaries]. How to devise such a solution? It is possible only when one has the Absolute's view point, and one acts from one's True Self.

At that crucial time, Prof. Stearne devised a master plan [that would reconcile the contradictions], worked towards that earnestly and executed it flawlessly. He had never proclaimed that he was going to solve it, not even shared it to MAI partners. When the solution unfolded, when the puzzle was revealed, it was a miraculous moment for everyone. Dan and MAI partners were speechless. At the end, everyone was benefited I, including the adversaries.

"Complete knowledge is knowledge that leads to accomplishments that have no negative consequences or side-effects." - The Book

-Senthil Murugan

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RP: Please expand on this post for greater understanding.

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SM: MAI was using 'The Book' and introducing different kinds of AI products for human progress. And so 'The Book' was very much needed for the human evolution. The various groups of forces of darkness (the adversaries) wanted to possess 'The Book'.

Prof. Stearne came out with the solution, for the Knowledge of The Book to reach all of humanity, and at the same time he wanted 'The Book' to remain with Dan. However, he executed it in such a way that it might look like he had taken 'The Book' (thus risking his own life), and took measures to spread the knowledge of The Book, yet the original copy remained with Dan. It was a master plan of genius.

It reconciled the Truths of MAI partners. The adversaries also benefited by having that knowledge in hand. It was an illusion as they wanted to possess it. He was also considerate to leave his house for his helpers and so forth. In the process of manifesting this solution, He had addressed the needs of all the people He had associated with, which I thought was the characteristic of Gnostic Being.

When the mystery was revealed, Dan thought as below in The Book:

"...Stearne had explained on the very first night they met him that The Book might have been subjected to a spell that prevented it from being physically reproduced by a photocopy machine. It could only be accessed by human consciousness. Knowing that, Stearne had passed the entire one thousand seventy pages and four hundred fifteen thousand words of The Book through the medium of his own consciousness and written it afresh by hand. He must have tested this hypothesis months ago and found that it worked, then set himself to that arduous task. No wonder he spent such long hours working with The Book in the Cloister. He was not just trying to understand it. He was reproducing the knowledge of The Book in a new form, while remaining absolutely true to the original text. Not a single word had been changed. Considering his age, Dan estimated that he must have spent over three hundred days working on the project between other obligations. He must have anticipated the danger and foreseen the need soon after their first meeting with him.

Dan marveled at the brilliance of Stearne's strategy. After this, no one could come after them to obtain a copy of The Book. There was no need, since it would be available to everyone. After this, no one could come after them to prevent others from reading The Book. That was impossible. As of this very morning when Levin had discovered the full text of The Book on the Internet, it had become universal knowledge; the shared property of all humankind.

Stearne's strategy had permanently removed the threat of a backlash against MAI.

There was only one further thing that Dan could desire. The Book should be recognized by the world for what it was, a pathway to humanity's future. That he knew was too much to ask for just then. Yet the genie was out of the bottle, and in time it would work its magic in and on the world. He was very sure of it..."

Questions about Educational System

1. **LEARNING APPROACHES** -- The present educational system has many deadening effects on the students. These include soulless memorization, exams that only test memory power, uninteresting subject presentation, an attitude of rejecting questions by teachers etc. What needs to be done to remove these deadening influences and make Indian education system a lively and fresh experience.
2. **INSIGHT & INSPIRATION** - The educational system is geared to promote rational thinking and understanding abilities. Unfortunately, very little attention is being paid to the development of Insight and inspiration which are the true foundations of creativity. These are assumed to be in-born virtues and beyond the scope for cultivation. Still I believe that these two can be nurtured provided the right methods are used. However, I am eager to know myself what these methods are?
3. **DEVELOPMENT OF PERSONALITY** - Our present educational system focuses mainly on mental development which is understood to be the development of our rational faculties. It leaves untouched the development of our personality apart from giving some polish to our external manners. How to bring in values such as self-reliance, individuality, thirst for progress, creativity, harmony, other man's point of view etc which enrich the personality?
4. **TECHNOLOGY** - Today the Computer is looked upon as the store-house of knowledge and there is heavy pressure to computerize the teaching. Still there are those who feel that computers can rob the personal touch lent by teachers. Is it fair to accuse computers of robbing personal touch? Can these opposite points of view be balanced at some point?
5. **HISTORY** - History is taught to students nowadays in an unimaginative manner simply giving the facts of the situation with no questions asked about why it happened so and how it happened. Moreover, it is not even asked what lessons has history taught all of us so that we can protect ourself from repeating past mistakes. How to turn teaching of history from storytelling into a study of history?
6. **SPIRITUAL GROWTH** - The Mother wanted the Ashram school to teach students in such a manner that they are able to spiritually flower. She regretted that the school was only producing brilliant minds. May be She believed that an education fostering spiritual efflorescence is key to the later emergence of India as the World Guru. Is it practically feasible to formulate an educational system that promotes spiritual efflorescence even after the Mother lamented that the Ashram school did not live up to Her expectation?
7. **VOTING/CITIZENRY** - The voting behavior of an educated population and uneducated population seems not to differ very much with both groups electing demagogic politicians who make false promises and operate on the basis of wrong assumptions. If so it needs to be asked why the education received by people of developed countries fails to modify their electoral behavior?
8. **SACREDNESS OF EDUCATION** - Education in the past used to be looked upon as a sacred profession with the teacher almost looked upon as a Spiritual Guru. However, that hallowed esteem has come down very much due to the commercialisation of education. Is such commercialization inevitable or can its hallowed esteem be sustained even today?
9. **WOMEN'S ROLE** - Women are traditionally believed to be deficient in mathematical skills and it is alleged that is why there not many women taking to Engineering course. In this age of feminism with women claiming equality on all fronts can such a rumor be allowed to persist without factual verification.
10. **EAST & WEST INSIGHTS** - Can an educational system be devised that combines the virtues of Western Materialism and Eastern Spirituality so that a healthy integrated personality is developed?

(N. Asokan, Mother's Service Society)

To Be Titled

Generally speaking, keeping good news to yourself will cause it to build up further. The inverse with negative news: the more you share it, the more it gets amplified.

To Be Titled

Best to shift from the surface reasons to the deeper reasons.

To Be Titled

We enjoy acquiring new knowledge that reinforces what we already believe in; rarely seeking out new vistas of truth and possibility. It's the fixed physical consciousness that does not want to learn, to change; only repeat what it already believes to be true.

Supramental Perception of the Event

Normal, human consciousness sees an event unfolding and draws conclusion from what it sees. It then makes conclusions, often erroneous. It doesn't consider what happened before one arrived on the scene. However, if he is of a special mental consciousness, who is curious to dwell on the event, he will use rational thought or imagination to perceive what might have happened before.

On the other hand, the person with Supramental perception will perceive the truths of the present relative to the incident, as well as intuitively apprehend the past circumstance leading to the present; as well as correctly envision where the event is heading toward in the future. Thus, through supramental perception, past, present, and future are known in that Now moment in time.

There are other benefits too, because one now has a great power to determine what is best to do or not do, in that moment. I.e. one has all truths in hand for right decision making that leads to perfect actions and outcomes. Thus, Supramental is not only a vast power of Knowledge and Truth, but a power of Life Action to do what is right based on life conditions.

To Be Titled

Forgetting about a troubling situation often attracts its resolution, as sudden good fortune comes about there while you had your attention focused elsewhere.

The Role of the Subconscious in Attraction

Our conscious self is what we are aware of. What we are unaware of for the most part is our subconscious.

The subconscious has many qualities; some good, others not so good. (That is for another discussion!) However, one interesting aspect and power of the subconscious is that it can cause us to take certain actions, or move in a certain direction without our conscious mind even perceiving its influence.

For example, sometimes the subconscious influence can compel you to take action, to go to places that have the net effect of changing your life forever.

Case Study:

In Garry Jacobs' novel 'The Book,' Dan, the young hero of the story sincerely aspired to formulate an Artificial Intelligence system based on a deeper life knowledge.

As it turned out Life led him to it, when on a very special day his subconscious compelled him to take a walk and end up at Moe's Bookstore in Berkeley, where he reached up among the shelves causing a book to fall into his lap that gave him the profound answers and vast subtle knowledge he was seeking for his ambitious artificial intelligence system.

(From "Life Response in Work")

Comment: In a real-life experience, the subconscious compelled a man to visit a spiritual center, where he met an individual who told him about a work opportunity that would dramatically change the course of his life. In other words, his subconscious was aware of the

lurking opportunity, and compelled the man to go to the spiritual center to discover the job opportunity that would enable him to meld his deepest work and spiritual aspirations.

Complementarity in Our Romantic (and Other) Relationships

"...The first rule of romance is the principle of complementarity which underlies all events and relationships in life. Everything in the world is a complement to everything else. Everything that happens to us, everyone we meet, represents a complement to some aspect of our being. Your partners, your friends, your family members—each represent an expression of something in you. Each presents you with the necessary conditions and opportunity to perfect a portion of your being. But they are all partial.

It is only the man-woman relationship that represents complete complementarity on all planes—physical, vital, mental and even spiritual. That is why no other relationship can generate the intensity, the ecstasy and the pain that romance can, none except the relationship between the soul and God, which is a higher, all-encompassing form of romantic relationship. But leaving that aside, the love between man and woman provides the greatest opportunity for enjoyment, fulfillment, growth and even spiritual development."

(from The Book, page 507, by Garry Jacobs)

Moving from Finite to Infinite View of Reality

The Divine spends Spirit Energy without suffering any diminish of its energy. That is the Reality of the Infinite dimension. The Divine is operating in Infinite dimension, whereas we are operating in finite dimension. The realities of Infinite Dimension are not real to the materialist who is operating in a finite dimension. Where is the meeting point for this two dimensions and how to reconcile this view? (Asokan Sir)

(Garry Jacobs answers)

- The Divine is Infinite. But it is not true to say that the Divine operates only in Infinite dimension. The Divine is the finite dimension. There is only One, that is the Divine. What we call finite is the frontal appearance of the Infinite. It's not a separate dimension. It's a separate way of looking. That's why He says, our view matters.

- We have to change our view. We think it is finite, we are poor, we have incurable disease and so forth and that's why we are limited using our senses but there is only One Omnipresent Reality. That is Infinite.

- The right question for us is how to bring forth the Infinite Divine in the finite which we see on the surface? The materialist only sees the frontal appearance of the Infinite and mistakes it as finite. There is nothing that is finite. The smallest infinitesimal thing is the Infinite.

- That's why He [Sri Aurobindo] says our view must change. How to change our view? The short answer for that is we have to come out of our ego, we have to discover the psychic.

The psychic is our True Self, which lives simultaneously, aware of the Infinity and aware of the finite appearances, the finite surface. We discover the psychic by getting rid of our ego, by universalizing by having goodwill, self-giving, sincerity and Truthfulness that will move us away from ego to that point in our soul, own being, where we can see the Infinite in the finite.

- So change of view is the answer. It is not necessary to leave the earth in order to realize Infinite. We can't rely on our senses. If we believe in the logic of mind, it will see the partial view and say that's it. But that's not the REALITY. We have to give up faith on mind's externalized way of seeing things and discover greater truth by identity.

- How do we do that? We have to give up our ego, move to the Psychic and we feel by identity the Truth of the Infinite, not only in ourselves but in other people. That's what Darcy discovered in P&P, he discovered infinity of Delight in Elizabeth.

(Paraphrased by Senthil Murugan)

Three Aspects of the One Reality: Transcendent, Universal, and Individual

Sri Aurobindo has written in paragraph no.3 that Spirit is God and in another paragraph no.6 He has mentioned Spirit is not the whole, only partial...how to reconcile both statements? (Nagarajan)

(Garry Jacobs answers)

- The Spirit, The Transcendent is only one expression of the Divine.
 - The Divine [we can also call it the Reality, or the All or Brahman] manifest in three forms, three aspects, the Individual, the Universal and the Transcendent.
 - Traditionally we call God the Transcendent aspect of the Divine.
 - When Sri Aurobindo speaks of Brahman, He does not mean just only of Transcendent. What He has said is, the Universe is Brahman and the Individual is also Brahman [the reality, the All].
 - We do not need to leave the individual or the Universe in order to meet the Transcendent. Traditionally we call that Moksha [liberation, merging into the spirit]. He says the Transcendent is within us, It has become the universe. They are not three separate things at all. They are three expressions of One Reality. The one expression is in Unmanifest, one expression is in Universal and the other expression is Individual. That's why He says, why do you want to worship God, when you can become God?
 - The Real God is not separate from us. It is our True Self. The Divine Life means we are Individual forms to manifest Divine's Will uniquely and infinitely.
 - For example, In Pride and Prejudice, all the individual characters are the individual forms that are manifesting the consciousness of Jane Austen in unique way.
- [paraphrased by SM]

Giving Attention to and Spending Money Attracts

Money responds to attention. Also, the more we spend, the more we receive, how to reconcile these two statements? (Sundaram)

(Garry Jacobs answers)

- These are Mother's principles that are contrary to Materialistic views. Money responds to attention, but attention is not material. Attention is consciousness. So the fact that money responds to attention is not the belief of the materialist, but it's our experience of the devotee. By giving attention to money or giving attention to anything, not just money, it will respond.
- More we spend, more we can get is a spiritual principle. This is the principle Karmayogi has written, the idea behind is, obviously in physical terms, when you give something, it goes away from you. It's a commonsense to the senses, to the materialist that if you spend more, you will have less. So the principle behind that is our hesitation to spend out of smallness, tightness and possessiveness should be overcome. However, spending more does not mean like Lydia who spent lavishly without sense of purpose.
- When Karmayogi says, spend more and more money will come, He doesn't mean waste money, he doesn't mean indulge yourself in lower desires. What He says is not to be attached or possessive of Money. When there is a real need, good cause, instead of possessing it, (limited view) spend freely and happily (freedom).
- When we give freely, Life will give freely to us. That is the spiritual principle which many devotees have seen which is a fundamental principle for abundant prosperity.

(paraphrased by SM)

Reader: Giving Attention will attract Appa told expecting will delay how to differentiate ... (but attention is not materials) need some clarification

Response: Giving attention to money is eg to make sure our accounts are up to date; or to focus our attention on cost overruns, on wastage, etc. Positive outcomes are thereby attracted. Expectation is to overconcern ourselves with a hoped-for outcome, for potential results; expecting something to happen, rather than letting it flow as it should. As a result, negative results tend to be attracted, including their reduction or cancellation.

Karmayogi's constant theme is that we energize the opposition by reacting to them or responding to them. It is a practical experience not only for the individual but also to the group (eg another nation, religion, etc.).

(paraphrase of Garry Jacobs)

The intensity of the act of consecration determines the power and depth of the outcome.

The Mother and Kiki the Cat

I had a very sweet little cat, absolutely civilized, a marvelous cat named Kiki. He had a wonderful color and was just like velvet.

We used to have meditations and he would come, get up on a chair and go into trance; he would make the brusque movements of trance during the meditation. And I had to rouse him out of it, otherwise he wouldn't wake up!

This cat Kiki, was born in the house and had the habit all cats have, that is to say, if something moved, it played with that. Just then there was in the house a huge scorpion; as was its habit, the cat started playing with the scorpion. And the scorpion stung it.

But it was an exceptional cat; it came to me, it was almost dying, but it showed me its paw where it was bitten—it was already swollen and in a terrible state. I took my little cat—it was really sweet—and put it on a table and called Sri Aurobindo.

I told him, "Kiki has been stung by a scorpion, it must be cured." The cat stretched its neck and looked at Sri Aurobindo, its eyes already a little glassy.

Sri Aurobindo pulled up a chair, sat down facing the table and began to gaze at Kiki. This lasted about twenty or twenty-five minutes. Then suddenly the cat relaxed completely and fell asleep. When he woke up, he was entirely cured. Sri Aurobindo didn't touch him, he didn't do anything; he simply gazed at him.

In those days, I had the habit of holding a meditation in the room where Sri Aurobindo slept and it was regularly the same people who came; everything was arranged. But there was an armchair in a corner, in which this very cat always settled beforehand—it did not wait for anyone to get into the chair, it got in first itself! But it never came in until we were beginning the meditation. It settled there and remained there throughout the meditation.

And regularly it went into a trance! It was not sleeping, it was not in the pose cats take when sleeping: it was in a trance, it used to start up, it certainly had visions. And it let out little sounds. It was in a profound trance. It remained thus for hours together.

We indeed would finish but it remained, and it was only when I went to take it, called it in a particular way, brought it back into its body (to its normal body consciousness), that it consented to go away; otherwise no matter who came and called it, it did not move.

Well, this cat always had a great aspiration, a kind of aspiration to become a human being; and in fact, when it left its body (at death) it entered a human body. Only it was a very tiny part of the consciousness, you see, of the human being; this one was a cat which leaped over many births, so to say, many psychic stages (i.e. many stages of development of the mind and consciousness in animal births) to enter into contact with a human body. It was a simple enough human body, but still, all the same, (a human body). It happens... I think these are exceptional cases, but still it happens.

(The Mother)

Mother's New Year Message:

"This wonderful world of delight waiting at our gates for our call to come down upon earth."

To Be Titled

It is interesting that Jeff Bezos, head of Amazon, never sought profits, but rather continuously sank all available funds back into the company for further expansion. Now on paper he is the richest person in the world (worth \$99B).

Integral Spirituality Versus Traditional Spirituality

There are so many differences between Integral spirituality and old spirituality that we can as well call Integral Spirituality a subject in itself and not just another variety of spirituality. Let us try to see some of those differences.

Old Spirituality	Integral Spirituality
Karma cannot be abolished but must be endured or suffered.	A touch of Mother's supramental grace can abolish and dissolve karma.
Money is to be shunned like a plague.	Money has to be earned and then transformed into a tool for Divine use.
Austerities are to be welcomed.	Austerities are a perversion and have no place in integral spirituality.
The body is to be neglected.	The body needs to be exercised regularly and treated as the temple of the Divine.
Women are to be shunned as evil.	Women have as much right as men to access integral spirituality.
Inner work alone is important and outer work is to be shunned as generator of karmas.	Outer work is equally important and is to be treated as the worship of the body.
Liberation or Moksha is the goal of yoga.	The liberated soul must keep on remaining on earth and work for transformation.
Rituals and mantras are very important.	Rituals are dead forms that imprison the soul and therefore are to be given up.
In the name of simplicity poverty is to be embraced.	There is nothing sacred about poverty. If prosperity brings out divine opulence it is to be welcomed.
Sannyasa is the ideal and the stage of householder is seen as an obstruction to spirituality.	One can remain in society and keep working without any attachments and that is a greater accomplishment than sannyasa.

(N. Asokan, MSS)

Human and Divine ways of Looking at the World.

We all know that the Divine does not look at the world as we look at it and that many times it is totally different. Let us try to see how different are the human and Divine perceptions.

Human perception	Divine Perception
1. World appears to be made up of infinitely diverse and separate objects.	World is one unified whole and it maintains the diversity without losing unity.
2. Problems appear as bad in the eyes of human beings.	Problems are the means for awakening and improving one's consciousness.
3. Man seeks pleasure and avoids pain.	Divine offers a delight that is wholly above pleasure and pain.
4. War is a horrendous calamity.	It is the means the Divine uses to break human physicality.

5. Ego is something humanity cherishes.	Ego is the false self that has ousted the Divine Atman from its rightful place.
6. Money, sex and power are the three things that appeal to human ego.	These three are the temptations that hostiles use to maintain their grip over humanity.
7. Evil is something man detests.	Evil is a transitory phase in evolution that will disappear when the Divine Marvel discloses itself.
8. World is there for man to serve him and be at his disposal.	Nature takes humanity in its stride as it speeds along on its way to superhumanhood.
9. Man fears change and clings to tradition as it affords security.	The Supreme has given the green signal for supramental manifestation and nothing can arrest humanity's march towards that goal.
10. Science has solutions to all human problems.	Rationality has failed to solve world's problems and the world looks up to the supra rational to deliver results.

(N. Asokan, MSS)

The Truman Show

Aspiration is the source of Reality. This movie captures that concept beautifully. This movie can be seen as the Divine's play in our life -- it is not to test us, not to tease us, not to humiliate us, but to evolve out our true individuality and to manifest His plan in our lives. We can be part of it if we sincerely aspire for it. Instead most of the times we live our material life not only just knowing our character but also the purpose of other characters whom we interact with. This quest continues on and on for many life times.

Life can be a biggest helper on that context as it tries it's best to create situations for us so that we can reflect, turn back and go in the right direction. And so it creates failures, disappointments, problems, challenges, opportunities, luck, coincidences, synchronous events and so forth. At the same, we are surrounded by so many things, persons, situations which they continuously feed our ego and keep us in the surface, ignorant life. However, the man continues on this quest without conscious awareness but continues to evolve subconsciously.

This movie subtly asks us the question, what if we could lead your life consciously? What are we aspiring for? Who or What is our aspiring factor? (like Sylvia in that story)

A comparison of our life and Truman's life in that film:

No	Our Life	Truman's Life
1	We are the characters in the Divine's play	Truman is a real character in the TV Reality show
2	We are not aware of our purpose in life	Truman is not aware of his True life.
3	We are content with our surface ignorant life and live for it	Truman is content with his life in the Reality show believing that it is real
4	Grace (Life) comes to us in many forms to awaken us	Sylvia came to him and tried to explain it to him.

5	We believe in our finite limitations.	Truman believe in his limitation – fear of water
6	Life tries to awaken us in numerous ways, through synchronous events, and so forth.	Truman gets hints in his life—falling spot light, rain showers only on him, radio channel messages about himself and so forth.
7	When we act away different from our routine, life responds.	When Truman brings Meryl in a car ride against the plan, the obstacles he faces make him think.
8	When we try to bring higher consciousness to the established routine, we face resistance from the atmosphere, swabhava and so forth.	Whenever Truman tries to act against the routine he faces obstacles to put him back in the plan. (car ride, bus breakdown, entering new lift and so forth)
9	Despite obstacles, our quest for Divine life continues	Truman's quest for Sylvia continues
10	When we are stuck with the surface life, it is time for us to go within.	Truman reflects on all the events and obstacles and perceives that something is wrong.
11	When we take the right decision and act on it, it fulfills by itself.	Truman decides to risk his life and find out Sylvia. It is a quadrant II decision (Inner positive/Outer negative). As a result, after overcoming dramatic flood, fear of water, he finds out the real Truth that he is in a TV show indeed.
12	The Divine (in us) delights as we go through the process, and also at the end.	Not only Truman, the whole world rejoices at the end.

(Senthil Murugan)

Attitude of Client Attracts Negative Result

Sometimes there are negative responses from life that are difficult to correlate, while other times it is fairly easy to see the cause. Here is one case of the latter.

A consultant was working with a woman at her home on a software project she was engaged in for her company. She was very bright, energetic, and tough-minded. When the consultant made a small suggestion at the outset, she sternly dismisses it. The consultant perceived this as a flaw in her character, which seems to express in other ways as well.

The remainder of the session went well, except near the end when she could not get a key function to operate properly. As a result, she cried out in exasperation and frustration. With a deadline due the next morning, she found herself in a very difficult situation. Moreover, the consultant was unable to help her solve the issue.

And yet the consultant knew that the rigid unwillingness of the client at the outset was mirrored at the end by the failure of the software function to work properly. It was a negative life response to her rigid attitude expressed at the beginning of the session. Unfortunately, there was now nothing he could do to help her.

Self-Givingness, Acceptance, and Complementarity In Love Relationships

"...At the heart of romance lies a mystical secret. The real essence of permanent romance is self-giving. What works is not the personality profile. It is the willingness for genuine self-giving. When people first meet, they are willing to do everything and anything to please the other. That attitude and that effort bring out the best in the other person. Romance is possible not because the other person is perfect, but because we chose to regard them as perfect. We refuse to see anything else. We relate only to the soul which is divine. Romance is a chase in endless pursuit of something that does not exist for the sake of creating joy in the other person. Whatever the defects the other person possesses, the effort to give and to please will help one develop the complementary aspects of one's nature needed for one's own growth.

I am not saying that romance should be always blissful and harmonious. The closer you come, the deeper you relate, the more you will become conscious of the contradictions between you that can be converted into spiritual complements. Every time you see a defect in the other or have the urge to correct him, it is an opportunity for your own self-improvement and self-development. The more you are able to accept what is generally considered negative in the other person without reacting to it, preferably without even seeing it, the more positive your own inner being grows.

The spiritual truth is that the lover is the perfect complement attracted to you for your spiritual perfection. When your lover abuses you and you refuse to react or when your lover taxes your patience and you remain calm, you discover deeper, richer aspects of your own personality coming to the surface. No other person can provide you with the same breadth and intensity for spiritual progress. True romance helps you develop true individuality which is spiritual..."

(from the novel 'The Book', page 509 by Garry Jacobs)

Role of the Guru to Help Us Make the Very Best of Life

India is the only country where, in tradition the Guru-Sishya relation existed. Guru is the person who has realized the TRUTH and looks for another person who is truly dedicated in learning the TRUTH and the Guru transmits it to him. This person looks for someone and the chain continued for thousands of years without break.

A Guru is not just a teacher; he touches us where nobody else can. Saint Tulsidas has said without the Guru's guidance one cannot swim across the vast ocean of life. One may have all the powers on the earth but to cross mind one needs the direction of the Guru.

P.V. Sankar

Romance is a Quality Within

"...In the ultimate analysis, romance is not something you find in other people. It is something you create in yourself. It is not something you wait to happen to you. It is something you cause to happen by your aspiration, your choice. Romance is an expansion of personality that exceeds all normal limits. A person cannot just be romantic in one thing with one person. Romance is an attitude toward life, a seeking for the unknown. The aim of romance is a self-existent joy in ever-increasing intensity seeking to become infinite. There cannot be romance without some element of Infinity..."

(from 'The Book' page 510, by Garry Jacobs)

Essence of Education

The essence of education is knowledge of human accomplishment in every sphere of life, the essence of what is needed to be productive, successful, secure, content, healthy, responsible human beings building effective, responsible, harmonious sustainable societies.

(Garry Jacobs, WUC and WAAS Chief Executive Officer)

"Regression" of the Divine

In order for life in the universe, including ourselves to be progressing (the Evolution), the Divine had to "regress" from spirit to mind to dumb energy to first forms of matter at the dawn of time (the Involution). The two are complements of one another; inexorably inter-twined, inter-related.

Outer vs Inner Freedom

"Freedom is the final law and the last consummation – The Book"

"...But those words meant something very different to the two men who read them. For Ray's father, it had meant freedom from external oppression by tyrannical government.

To Dan, it had come to mean freedom from confinement and limitation by the tyranny of his own thoughts, opinions, attitudes and ego. Real freedom was not a state of politics. It was a state of consciousness.

The opposite of confinement was boundless expansiveness, endlessness, "Ananta" in Sanskrit. And he had learned that Ananta is akin to Ananda, absence of boundaries is the secret of unlimited delight..."

(From 'The Book', page 529 by Garry Jacobs)

To Be Titled

If progress can't come through a positive movement, then it comes through a negative one.

To Be Titled

Trump represents the Darkness inside each of us. Let us discover what that is and overcome it. Then the world and we will further evolve through the positive in life; not the dark shadow.

Attention to Objects, Their Appreciation, and Response from Life

Give a physical object, such a machine, and it will soon start operating in ways you would not have imagined. Even a small, token effort of attention can attract that startling result, especially if the object has been neglected. It is the soul of the machine expressing its appreciation.

A man cleaned part of a vacuum cleaner that went beyond normal levels of attention, and the next day it seemed to clean everything in sight! He was utterly amazed at the results it produced for that small extra effort of attention and cleanliness.

Creating Silicon Valley-like Potentials

Q: How can we create Silicon Valley results in our somewhat backwards area?

A: Intuitivize something radically new in your field, catching the wave of social change, and then go for it. Now you have Silicon Valley like potentials!

Beyond Exclusivism to Embracing All

The step forward humanity must take IMMEDIATELY is a definitive cure of exclusivism. That's what is, in action, not only the symbol but also the effect of division and separation. They all say, "This and not that" – no, this AND that, and this too and that too, and everything at the same time. To be supple enough and wide enough for everything to be together. (The Mother, from Agenda, January 3, 1970)

To Be Titled

The power of execution has to come from above, like this, imperative (gesture of descent). And for that, this (Mother points to her forehead) has to keep still. (from Agenda)

Supramental Resolution Creates Something Beyond Merely Merging of the Two Opposites

... this [supramental] Consciousness, where the two contraries, the two opposites are united, the nature of both changes. They don't remain as they are. It's not that they unite and remain the same: the nature of both changes. And that's quite important. Their nature, their action, their vibration are completely different the minute they unite. (Mother, from Agenda, January 21, 1970)

The Cosmic Connection - The Work, Life Coming to You, Revealing Itself

As we go within, as we rise in consciousness and when the time and the atmosphere are ripe, the work that needs to be done will be revealed by life, by itself.

In the novel 'The Book' by Garry Jacobs, Prof. Stearne was introduced to the readers in the very early chapters, as He had presented His speech at the AI conference. Afterwards, there was not a clue of what He was doing for the next several years. When the time was right and when the atmosphere was rich, life brought the MAI partners to Him without any effort on His part..

It was the same case for the MAI partners. Despite their continued progress, the threat of adversaries continued to increase. When they were stuck with not knowing what to do next, life brought them to Prof. Stearne. It was a mutual need for both. Without each other they would not have achieved what they had dreamed of.

In fact, what had happened was a COSMIC ACT, which brought the right parties in alignment and harmony in order to manifest a greater Reality, and to manifest the Spirit in Life.

(SM)

To Be Titled

Socialism is likely coming to the world, but not the form where everyone works for the government; rather a variation of the Scandinavian model, with the Human Individual, not just money, at the center of a New Paradigm of Economics.

To Be Titled

If we examine life, we can witness the High devolving into the Low. Eg in India the ancient spiritual value of harmony devolving into conformity; and in America the value of Individuality

devolving into selfishness and lack of self-control. Hopefully, reversals are now in the cards for both.

Perfection Factors

How can we know the factors that we want to maximize in any work?

In any work we can list out all of the key factors that lead to perfection, and then measure to what degree we have reached the high end of the scale.

When we reach the highest level on each factor, we approach Perfection. As we approach and attain perfection, we witness startling positive conditions move in our direction.

In business we call it "Standards of Performance," though it applies to any type of work.

The Divine vs Our Solving the World's Problems

The Divine could easily solve all of the problems in the world. However, It wanted us to learn that process, so we could do it ourselves. What good would it be if we as ignorant beings inherited God's accomplishment? Instead, we can evolve and learn the process and acquire the powers to create a divine-filled universe and life. As a result, there can be more diversity for its accomplishment, creating a richness of possibility that even the Divine does not inherently possess.

Irrationality to Rationality to Intuition

Irrationality is increasingly being left behind. Yet, rational thinking, though certainly preferable, is itself becoming the status quo. Replacing it is Intuition of knowledge without thought, with its vast capacity to instantaneously evoke the Breakthrough New.

New Education Paradigm

A new paradigm is urgently needed to shift emphasis to student-centered, active, collaborative learning, critical and original thinking and creativity, and knowledge that is value-based, multidisciplinary, contextual and integrated. (WAAS, WUC)

To Be Titled

When we are ready inside, life brings us the connections we need that will take us to the next level.

To Be Titled

Being with Mother and observing the Leela [play of existence], we can understand the purpose of every movement of our life and everything happenings in the world.

(Nedumaran Ramakrishnan)

Methods of Consecrating One's Self to Mother's Life

Q: How can I release myself completely to the life as a new individual in Mother...how can I really consecrate myself to the Divine...

A: Though it sounds obvious, you start from where you are. You build things up gradually from your current psychological status.

From Karmayogi's perspective, you practice the methods of non-reaction, taking others' point of view, and consecrate activities. To do that regularly you build up an inner life; deepening the poise. The more you practice Appa's methods, the more you build up the inner life, and vice versa.

Each time you practice restraint, non-reaction, and taking others viewpoint, life moves in your favor. I have seen incredible results by not reacting to the intensities of others or circumstance. The world really moves to the positive through that single method. Life responds in miraculous ways. Patience is part of that process.

You thus build up these little victories. It gains momentum. Increasingly you see points, feel moments where you can surrender to Mother.

These are inner victories; like outer victories in sports, but they are inside, and they build up. You are then living more deeply. You also more easily relate to others. The ego begins to dissolve. The Separation barrier - between you and life, you and others - breaks down. You feel what others feel, and you genuinely connect with them. You really, sincerely care about them.

On your side, your energy build up; you become energized by small things, big things, anything.

Of course you work on your weak points as well, and understand and consecrate them.

When bad things happen, you try to see the inner association. etc.

You are also always examining your attitudes, and make them pure. You are constantly catching your negative attitudes towards others, towards life, towards work, towards self, and making them positive. Life responds with positive conditions everywhere!

Physical Transformation Process

The biological process of overcoming limits of the physical is to direct the Force into the cells of the body so that it no longer believes in the inevitability of pain, disease suffering, and death. Eventually new organs and biological systems take shape.

To Be Titled

Only when we have the full mastery, full knowledge of Supermind can we truly, clearly, perfectly know what to do at the next moment.

The Supreme, Infinity, and the Individual

-The origin and purpose of true Individual is that the Supreme is Infinite, and He wants to manifest Infinity in the universe. He cannot do that if we are all the same.

Infinity means infinite variety; an infinite complexity in order to manifest Himself. That's the role of the Individual in the universe. I.e. each of us is manifesting a truth of the Supreme. Even if we are infinite in numbers, and even if in each moment we manifest a different truth, we can never exhaust the infinite truths of the Infinite. It's multidimensional Infinity.

-The individual is the Divine's instrument; rather it is Supreme's form to express the Infinite creative potential of Himself in every moment of time, in every point in space, in every individual center differently. (paraphrase of Garry Jacobs)

To Be Titled

Being a serious practicing Mother devotee requires a persistent and sometimes intense courage and bravery, as you are continually challenged by the needs of the effort of transformation.

Overcoming Ignorance and Separativeness, and Becoming One with the Divine Reality

Q: What separates us from the Divine? Is it Ego?

A: I would say Ignorance separates us from the Truth of existence. Ignorance of our true nature. Ignorance of the nature of the divine, of the Reality, of our purpose, of the parts of our being, of time and space, etc. In essence, everything!

And overcoming Ego - and its sense of separateness from others and life - is the antidote, the central way to come out of that Ignorance.

How do we then overcome Ego? By practicing Karmayogi's methods, like consecration, non-reaction, taking the other person's point of view, mental silence, and self-givingness. Through these methods Ego dissolves, and we begin to perceive the true Truth of existence, as the separation from life dissipates and our many-sided Ignorance fades away.

When ego breaks down, we also perceive ourselves as one with others, and as a result joy spreads.

Also as we shed ego, we move in harmony with the flow of life; accepting and embracing any and all of its movements.

As we unseparate ourselves from the world around us, we also connect with the Divine reality itself, that is behind and supports all existence. We even begin to see life itself as Divine.

Further still, we perceive the divine as ourselves (the spiritual Individual). We also perceive the Universe as divine, including society, and the unfoldings of life within it. Finally, we perceive the very essence of the Divine, which is the Transcendent spirit behind all existence. All of these are perceived together as expressions of the one divine Reality

This is how the "supramental being" perceives life. The Individual, the Universal, and the Transcendent as one Integral Reality. He perceives the true nature of the Divine; no longer hindered by ego and separateness and Ignorance. He lives in the Integral Truth of things.

And so every day we can daily take small steps in that direction; to become one with the Divine Reality.

To Be Titled

If a sincere, dedicated, insightful Mother devotee puts out a thought, a novel idea, a masterful solution, it unexpectedly spreads throughout the world, often solving the seemingly unsolvable problem it addressed.

To Be Titled

Rain is symbol of Grace. Flood is indicator of Grace unchanneled or resisted, causing suffering.

Infinite Power of Valuing 'Continuous Development'

Jeff Bezos the CEO who continuously re-invests Amazon's relatively meager profits every year is now the richest man EVER. That is the power of working for the sake of the value of 'Continuous Development', instead of focusing on harboring profits. It is a level of faith in the future potential in one's field, area, or domain. The result: Infinite wealth from no profits, or even loss!

To Be Titled

When you take a keen interest in a matter you never thought of or witnessed before, watch how life soon presents you with iterations of it from out of the blue in the hours and days that follow. If you catch the correlation, it will astound and energize.

To Be Titled

True love is greater than attachment, in that the connection of giving is unconditional. As a result, there are never disappointments; only joy.

To Be Titled

It is amazing what you can accomplish if you do not care who gets the credit. (Harry Truman)

Aim of Life is to Manifest Divine; Happiness Follows

Q: Is the aim of life to be happy?

A: That is just putting things topsy-turvy. The aim of human life is to discover the Divine and to manifest it. Naturally, this discovery leads to happiness, but this happiness is a consequence, not an aim in itself. And it is this mistake of taking a mere consequence for the aim of life that has been the cause of most of the miseries afflicting humanity.)

(Mother, from Agenda, March 28, 1970)

End of Pain and Its Cause

... physically, the body's whole experience now is that it only has to ... to give itself unreservedly, to abandon itself totally to the divine Presence, and the pain, any pain at all, disappears. ...

It's not at all that it turns into something else: it disappears. And on a physical level, it's more important because, along with the pain, the CAUSE disappears too. Which means that the disorder that had occurred is dissolved, it no longer exists.

(Mother, from Agenda, March 28, 1970)

What 'AIS' is in The Book (within the Novel 'The Book')

[note: In Garry Jacobs epic mystic novel 'The Book', we witness the astonishing experiences of the MAI company, who utilize an expert/artificial intelligence system that can solve any problem in the world. They offer this service for a fee, with dramatic effect in the novel.

They also will come to offer the underlying AI engine as a free product to the world. This is called 'AIS'. It is the inference engine of application within "the Book", which itself holds the cosmic knowledge described in the novel 'The Book'.]. -RP

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What is AIS?

(from the novel)

"...It is the embodiment of the knowledge of The Book. The Book is a single object written in a philosophical language that will be unintelligible and inaccessible to most people.

AIS is an operational product that can be reproduced at no cost and distributed to every individual and organization in the world.

AIS is the power of The Book made manifest and practically usable by anyone anywhere regardless of their level of education or present standard of living.

The Book contains the knowledge of accomplishment. AIS converts that knowledge into usable power.

The Book is akin to the theory of electricity. AIS is like the electrical power plants that apply the theory to light and energize the whole world. The difference is that there are a few thousand power plants in the world, whereas we have the capacity to infinitely multiply AIS and provide a power plant for personal accomplishment to every man, woman and child on earth..."

(From 'The Book', page 314, by Garry Jacobs)

(AIS = Advanced Intelligent System. It is an artificial intelligence product by the MAI organization) -SM

Small Predecessor Gesture Indicates Something Larger to Come

A woman was in dire financial straits, yet a relatively well to do friend came forward and helped her make a great physical move from one city to another, and also paid her back due storage fees. It was a saving grace for the woman from this generous benefactor.

One day the woman recalled a much earlier incident when she remembered the first time she met the benefactor woman. She was going to her first guild meeting in her new town, and as she was about to enter the locale for the first time, she realized she had no cash on her. Fortunately, at that very moment, a stranger came along and asked the greeter at the guild to let the woman in for free. That stranger turned out to be the benefactor who would help the woman greatly in the future.

It was what we call a "predecessor" event of what was to come. If we examine our own lives, we may notice a similar dynamic; how an initial circumstance involved with a party is an indicator of something larger or more sustaining to come. It occurs very often, though we ordinarily lack the subtle sense to perceive it.

Life Response Power Of A Decision That Overcomes Reluctance

"Dan and (Kurt) Levin were discussing a passage in The Book about the creative power of will. Dan suggested that Levin consult the Archives to see what it had to say on the subject. Searching the Archives was still a rather cumbersome procedure at that time because the articles had been collected and bound as they were discovered on the Internet, rather than organized subject-wise.

Kurt had already discovered that searching the Archives could be a laborious task and had vowed to take up the indexing project himself at the first opportunity, but so far there did not seem to be many such opportunities at MAI. Till then he would just have to do things the hard way, so he went over to the bookcase and simply picked out one of the volumes at random and sat down with it on the living room couch.

Without paying much attention to what he was doing, he opened the volume in the middle of the book and glanced down at the page. Staring back up at him was the title of an article in bold font, 'The Power of Decision'. Kurt exclaimed so loudly that it distracted Dan from the passage he was reading in The Book. Looking up, he asked Kurt what he was exclaiming about and Kurt explained.

Inadvertently, he had selected the very volume and page which contained the article he was looking for. On hearing him, Dan put down The Book and came over to the couch to listen to the passage as Kurt read it out. The article gave precisely the explanation that they were looking for.

Levin explained. "I took a decision and evoked a life response. When you suggested I consult the Archives, my first thought was that it might take hours to find the passage we were looking for. But then I decided to brush that thought aside and attack the problem, because I believed it might provide us with an important clue. I decided to find the article and my decision led me instantly to the place. That is what the passage means when it says, "A decision has the capacity to evoke a life response". This is a life response!"

(From 'The Book', page 351-352, by Garry Jacobs)

[Archives - The huge collection of articles which MAI partners had gathered from the internet over a period of time which elaborated the knowledge of the Book (in the novel The Book) with many practical concepts, ideas and examples.]

To Be Titled

Knowledge is great; however Ignorance is greater as it has the capacity through its reversal to quickly reach INTEGRAL Knowledge.

Comment: Sri Aurobindo says ignorance becomes greater than knowledge because ignorance is created by knowledge when it has exhausted all its possibilities as knowledge and ventures to create something greater outside knowledge and achieves it in its opposite (Karmayogi)

We see this in the character of Dantes in Count of Monte Cristo who is falsely imprisoned, in his ignorance experiences the peak of suffering, and comes out the other side with great Knowledge (learned from saint-like Abbe Faria while in prison) and Power (discovery of vast hidden wealth after he escapes).

Resource Misuse in Another Perceived in Self

Whatever fault we are seeing in others, there will be a drop of the same fault in us, in some other ways.

I used to complain about my mother that she is purchasing things she likes, but not using it properly/fully.

Suddenly I realized I have the same habit, BUT PURCHASING BOOKS, NOT READING IT COMPLETELY.

Thanks to Sri Karmayogi's teachings about Mother's principles

One of my WhatsApp group friends shared from Karmayogi's writings that "Buying books and not reading Will stop the flow of money. It is wasting resources"

(Kosalai)

Sincere, Emotional Gratitude Makes Life Respond

From the beginning, the idea of building the Cloister had been Anya's and she insisted on designing it and supervising its construction according to her own conception. She argued that if Dan was going to be living at MAI twenty-four hours a day to avoid the dangers of living alone, he must be provided a suitable environment for both work and relaxation. She came up with the idea of converting the still vacant fifth floor of their offices into a living space for Dan. The top floor had obviously been built with some special purpose in mind.

Anya claimed the design was intended to create a rich, warm and colorful contrast to the stark utilitarian offices below where they spent their days. In spite of repeated jokes by the partners about her architectural prowess, the design proved so successful that the partners found themselves naturally gravitating there to refresh their energies.

By mid-December Dan was able to move upstairs to the new residential facility which was officially referred to as the Cloister, but which Anya spoke of as Dan's Ashram.

[In an instance] Dan casually mentioned to Levin how deeply appreciative he was of Anya's effort to design such a pleasant living environment for him at MAI. Levin responded half-jokingly that if Dan's words were really heart-felt, Anya should walk in the room the next second so he could thank her personally. Dan laughed at the notion of a test, but he insisted that he really did feel deeply grateful to her for overriding his objections to the Cloister. Before he had finished the sentence, the living room door opened and Anya walked in. She greeted them with a sweet smile. She found them both sitting speechless with strange expressions on their faces.

Frowning slightly, she asked whether she had come at a time when they did not want to be interrupted. Dan assured her that quite to the contrary there was no one in the world they would have rather had walk in the room at that moment. They all laughed. Then Dan remarked, "You may not know it, Anya, but you have just corroborated a profound truth of life. You arrived just at the instant when I was telling Kurt how deeply grateful I feel to you for creating the Cloister."

(From 'The Book', excerpts from pages 351-352, by Garry Jacobs)

Energy Shifts of Individuals in a Life Response Event

We can understand the underlying reasons for a Life Response outcome in terms of the ENERGY LEVELS of the participants; whether positive or negative, increased or decreased.

Take the example in *Pride and Prejudice*. In one scene, Wickham enters the Bennet house. There one of the sisters Eliza is smitten with him, though he has proven to be a treacherous individual. The overall energies for Eliza can thus be perceived as moving to the negative; i.e. they are depleters of positive outcomes.

Also note that over time Eliza has shown great love for her sister Jane, hoping she marries soon and to a good man. Here energies are fully positive when it comes to Jane.

Interestingly what happens next is startling, and a response from life; a negative one in this case. When Wickham arrives at the Bennet home, there is suddenly word that Bingley, whom Jane is in love with, has moved onto London with his entourage without notifying her. She is thus crushed at the apparent end of their mutually loving relationship.

What is most significant for the purpose of this discussion, i.e. as it relates to Life Response, is the fact that the Bennets find out about this at the very moment Wickham enters the Bennet house.

We can say that the 100% positive energy Eliza has toward Jane dissipates to a degree when Wickham enters the house, as Eliza is taken by a handsome scoundrel. The dissolved positive energy toward Jane manifests in the form of Bingley leaving, a crushing blow to Jane.

Thus, we are able to see how life responds to shifts in our energies; in this case a shift to the negative in relation to a beloved sister that attracts the apparent ruination of her relation to her beloved.

Thus, we can see any Life Response event in terms of Energy Increase or Dispersion (as the case here) among the key participants. That way we can more deeply see what caused the response. It is relatively easy to see that when Wickham arrives a negative response follows in the form of Bingley leaving. However, deeper still, we can see how Eliza's positive energies got squandered in relation to her sister when Wickham arrived, which attracted the bad news about Bingley.

This Energy Analysis of the participants explains life response that much more deeply and insightfully. This energy view can be applied to any Life Response outcome. All we have to do is look a little deeper, look into the nature of the principal's energies (i.e. interests, aspirations, desires, motives, values, etc.), and see how they shift, or increase or decrease across the event horizon.

Following What Society vs What Mother Asks of the Devotee

The devotee of Mother shifts from being preoccupied with the society to focusing on what Mother wants of us. I.e.-

- not to be concerned with what others think of us, expect of us
- not to try to please others so they will like us
- not to go to temple because that's what the society demands of us
- not to be obsessed with marrying off children so we look good in the eyes of others
- not to study to become an engineer to please the family
- and so forth, ad infinitum.

... but rather do what Mother asks of us, in order to grow in consciousness; in order to partake in, play a vital role in the progress and evolution of humanity.

To Be Titled

To the degree we focus ourselves on the demands and influences of the society, we are controlled by the society. To the degree we give ourselves to Mother, we gain full control over life.

-When we surrender to the society, we surrender to Life. When we surrender to Mother we gain the power OVER life.

To Be Titled

Perpetually focusing on the negative continuously attracts more of it.

Comment: Q: "Perpetually focusing on the negative attracts more of it." That means if we find a negative in others how should we react? I understand no reaction. But if the characteristics or behavior bothers how should we react?

A: Control one's self and not react to the intensities of others. No reaction in one's physical action, in one's vital emotion, even in one's mental thought. Startling positive conditions will invariably follow.

By raising one's consciousness over time, one learns not to react on a regular basis. Also, when you experience the startlingly positive life response to one's non-reaction, you tend to remember your past positive experiences when employing the methods, and therefore practice it that much more often.

I've seen horrible conditions melt away, and bad-acting people change their ways or even disappear from the scene because one took to non-reaction. It's an opportunity for the miraculous!

Nature of the Secret Knowledge

The Secret Knowledge is to perceive spirit and life integrally entangled, comprising the Reality. The Secret Knowledge is to perceive the spirit unfolding in life, furthering the evolution.

The Secret Knowledge is to have the wisdom of the nature of the Reality, the All, and know the means of furthering the evolution, enabling the infinite to arise from the finite in life.

To Be Titled

All disease is a means towards some new joy of health, all evil and pain a tuning of Nature for some more intense bliss and good, all death an opening on widest immortality. Why and how this should be so, is God's secret which only the soul purified of egoism can penetrate. (Sri Aurobindo)

To Be Titled

"Life response is a mathematical formula for what one aspires to."
(from 'The Messages' in 'The Book' by Garry Jacobs)

Mathematics

Mathematics is the Queen of Sciences. There is no object in life that cannot be described mathematically.

-Mathematics is the very first codification of the mental formulation of consciousness. Physics and mathematics represent two branches of knowledge and naturally get intertwined at their origin.

-Mathematics has reduced the laws of Nature to formulas, often to Numbers.

-Mathematics is the form of Spirit in NUMBERS.

-Mathematics can represent any fact of life or truth of philosophy. It represents the Absolute by Infinity.

-Sri Aurobindo speaks of a mathematical formula of creation -- one in terms of yoga -- and says it is intelligible only to Him.

-By applying Sri Aurobindo to all other sciences as well as life, that field can be reduced to a formula.

-Life Response represents that idea about the movements of life.

-Life events lend themselves to prediction because they are movements according to measurable rules.

(Karmayogi)

Overview of the New Education

The New Education enables-

- the ability to truly think instead of parroting information
- understanding, not memorization
- application to life issues, not mere static knowledge.
- the ability to self-learn and be infinitely self-motivated to learn
- full development of personality and character of the individual
- the development of full capacities necessary for achievement in life
- the support of true individuality of the student
- the recognition and catering to the aspirations of the Soul and True Self of the individual
- the acquisition of a knowledge that is dynamic in that it also has the full experience of it
- acquisition of deep life knowledge. eg analysis of student's aspiration, attitudes, values, and ways to uplift them
- the student as the center of learning, with the teacher as helper
- the utilization of the latest technology that is live, dynamic, supportive
- the capacity to integrate knowledge from one field of inquiry with all others
- continuous learning of what thinking and knowledge acquisition truly is

--an understanding of the infinite potentials of life, and the infinite potential of the individual student

Life, Equilibrium, and Change

"Life acts at every moment to preserve and restore equilibrium. Where the force for change is weak, life overcomes it and restores the equilibrium at the present level. Where an evolutionary force for change has sufficient intensity, it disrupts the equilibrium at the present level and life rises to restore it at a higher level." (from the 'Archives' in 'The Book' by Garry Jacobs)

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Life always seeks equilibrium. We can say that in this dynamic the equilibrium is restored through a Response from life.

Suppose a man has a deep aspiration to link his career to his ideals. That is a substantial rise in consciousness. It also shifts life out of equilibrium.

A short while after, he casually meets with someone about a great opportunity that would meld paying work with his highest ideals. It changes his life forever. This response from life restores the equilibrium, but now at a much higher level.

To Be Titled

Sarcasm is inability or unwillingness to express a truth with rational, persuasive thought.

To Be Titled

When we are in touch with our psychic being, our evolving soul, we experience our deepest, truest self from which originates our most original, unique, and dynamic thoughts and feelings and actions of being.

Mental-Induced Life Response

The Mental is the plane of information and knowledge. It includes our ability to think and reason, to conceptualize things, and to aspire and have intention to have things come about. It is also where our personal values and beliefs reside.

We will see that when we take to certain mental movements, life will respond in kind. That includes having an aspiration to accomplish a goal, an intense will and decision to achieve.

E.g. the moment one individual focused on accomplishing a matter instead of ignoring it, the opportunity suddenly came to him.

Also at the Mental plane resides our cherished values and beliefs.

We have often see that when people take to higher values, such as Honesty or Respecting Others, or Valuing the Customer to know end, life quickly responds.

Formula for Accomplishment from America's Success Story

[what made America great?]

"... Two things—an indomitable energy and a capacity for practical organization. Energy alone can create a revolution, but it cannot build a nation. A social structure and infrastructure were needed to channel that energy effectively.

Europe was the birthplace of mind and science. America's genius was in converting mental truths into practically useful technologies and forging new types of social organizations to make them effective — a democratic federal system of government, transcontinental railways, land grant colleges, state universities, community colleges, the first national telephone system, mass production on moving assembly lines, standardization of parts, mail order catalogs, suburban shopping centers, multi-divisional corporations, commercial airlines, drive-in restaurants, amusement parks, instant printing, overnight delivery, credit cards, ATMs, HMOs, retirement communities, computer networks, venture capital, mutual funds, call centers, e-mail, e-commerce, e-money – not all of them were invented in the USA, but all of

them took root here and were absorbed as integral parts of the social infrastructure faster and more fully than anywhere else in the world.

Social organization in Europe was designed to preserve the status quo. Social organization in America was designed for maximum individual accomplishment without regard to status.

Energy directed by an aspiration for high accomplishment became the Force for unparalleled material and social accomplishment. That force was transformed by practical organization and technology into productive Power. That power, channeled through skilled, educated, hardworking people with a flair for invention and innovation has produced all this material abundance and set an example for the whole world..."

(From 'The Book', page 169, by Garry Jacobs)

New Human Orientation and Functioning

The New Functioning in life is a total moment-to-moment reliance on the Supramental power, Mother's Consciousness; no longer depending on the mind, one's feelings, desires, intentions, et al. It is a totally new formation of the human being; a radical Reorientation and dependence, experienced at every moment.

Eg a device is not working properly and you have to remove it. However it is tangled up in a mesh of wires. In ordinary life you struggle to you find the right wire to remove. On the other hand by simply opening to Mother, the supramental power you instantly see the wire you are looking for and then easily remove it.

Or your computer does not start up correctly, which causes one's mind to be engaged in a myriad of ways to try to solve the problem. Instead you put your hand on the computer and call in Her Force, and this time the system starts up perfectly. Countless hours of struggle have been avoided.

In every aspect of your moment-to-moment life, you rely on Her. No mental interference, no anguish or pain, just a never-ending evocation of right conditions.

To Be Titled

... true divine Compassion ... is the total understanding that everyone is what he must be. (the Mother, from Agenda)

Golda Meir: Power of Strength, Courage, and Determination to Accomplish, that Attracts

"...The British had announced they were ending their occupation of Palestine within six months and setting up two states, one Jewish and one Palestinian in their place. Already fighting raged between the two peoples, but everyone knew that as soon as the British left, total warfare would break out.

[At that crucial time, the Jews were very much in need of money for their survival.] Kaplan, the unofficial treasurer of the nascent state, had just returned from an unsuccessful fund raising effort to America. He could not obtain commitments for more than five million dollars in donations during the coming months. David Ben Gurion [who became the first prime minister of Israel] knew they needed at least five times that amount. Without it, there would be no Israel. So he decided to fly to America immediately and make a direct appeal.

A colleague, Golda Meir, daughter of a Ukrainian carpenter, insisted that Ben Gurion was needed in Palestine. She offered to go in his place. She got on the next plane with only the dress she was wearing and ten dollars in her purse. When she arrived in the USA, she learned of a national assembly of Jewish organizations convened in Chicago. She called the organizers and told them she was coming and they would have to find a place for her on the agenda. She told the assembly that the entire survival of the Jewish race was at stake and she required twenty-five million dollars immediately. She raised \$1.5 million in a single night and before she left America she had commitments for fifty million dollars, ten times what Kaplan had obtained, twice what Ben Gurion said they required and three times the annual oil revenues of Saudi Arabia at the time. A carpenter's daughter had changed the fate of Israel.

Golda's strength, courage and determination were inspiring. It was a story of ultimate accomplishment, not only for Golda as an individual, but for a whole nation..."

(from 'The Book', pages 216-217, by Garry Jacobs)

Comment: Because future Prime Minister Golda Meir of Israel made the extra determined and courageous effort to secure the funds, life cooperated and brought her far more than she and others expected. As a result, she enabled Israel to get established.

To Be Titled

The Divine not only has an intention for Life on earth, but also has an intention for each one of us in our lives.

To Be Titled

The real measure of what you have discovered Inside is what you experience outside in your life in response.

To Be Titled

The first principle of a Consciousness Approach to Business Management is that the outer reflects the inner. I.e. we can move the outer life through movements of higher consciousness within us.

To Be Titled

Sri Aurobindo says that Supermind has descended here on earth, is everywhere, is in everything, and is determining all things at every moment.

To Be Titled

Mother said that at every moment it is always the best thing that is happening. She then added, but that doesn't mean that it couldn't be better. (And that can happen because at any moment we have the capacity to raise our consciousness.)

To Be Titled

The difficulties, problems that we experience in our lives is not the result of Life trying to punish us. Life only has only one motive: to awaken the awaken Divine in us; the Spirit in our lives. At every moment life brings to us that which can awaken that Consciousness.

To Be Titled

At every moment life is bringing us what we need for our progress.

Accelerating Actions of the Supramental Power

Q: With all the problems around us, who is aware of the Supramental power that Sri Aurobindo brought down to earth?

A: In South India and among isolated people around the world there is a rapidly growing awareness. But increasingly there is also a semiconscious or subconscious feeling that something is afoot, is awakening and being born in the world, despite all of the problems. (The problems may in fact even be accelerating that higher consciousness.)

Personally I feel the atmosphere increasingly densifying with that supramental power and action. Startling things were always there when opening to Mother and Her supramental power, but now that is rapidly increasing; miracles are becoming VERY common for those open to that Consciousness. Constant Consecration (opening to Mother) has become the great means of evoking the continuously Miraculous.

How Significant Individuals and Society Itself Work Together to Create Great Achievements in the World

"...All great accomplishments were in essence accomplishments of all humanity, built on the foundation of cumulative achievements in the past, yet often he observed a single individual or a small group played a crucial role in bringing them to fruition. It had become fashionable to praise the outstanding individual and forget the collective that made him what he was. Bill Gates did not make the revolution in personal computing. The revolution made him. There would have been no revolution in France without Rousseau and Voltaire, but there would have been no Napoleon without the French Revolution. They created each other.

The precise relationship between the two—the individual and the collective—was a missing link in their [AIS] formula and Golda's [Golda Mei of Israel] story contained a key. One person, totally determined, thoroughly motivated, identified with the wider interests of the entire society, rather than merely selfish, narrow interests, could make the difference between victory and defeat, high accomplishment and failure. In effect, her personality became a vehicle for the social aspiration and social energy to express itself in action.

The incident revealed the link between the decisions and actions of an individual, the initiative of an organization and the destiny of an entire society. It seemed to combine and integrate in some manner elements of the decision-making matrix, the power of organization, energy conversion and social integration. Dan wondered whether Golda had understood the process that governed her remarkable accomplishment. She had done it, but did she understand how?

Rising from bed, he turned on the light and reached for The Book on his night table. He flipped through the pages to a chapter entitled The Individual and read these lines.

The individual rises on the strength of endowments drawn from the collective. The collective fulfills itself through the differentiation of the individual.

Society fulfills itself through the uniqueness of its individual members. The individual fulfills itself by universalizing to identify with the whole society. Both give expression to something beyond either of them which is trying to manifest..."

(From 'The Book', page 217, by Garry Jacobs)

To Be Titled

Over-stress weakens the subtle outer sheath that can keep illness at bay. It creates inner disturbance that weakens the nerves, allowing illness to take root.

To Be Titled

The first thing the physical consciousness must realize is that all the difficulties we encounter in life arise from the fact that we do not rely exclusively on the Divine to find the help we need.

(Mother, from Agenda, February 1, 1972)

Power of Work & Organizational Values that Rapidly Turned Around Chrysler in the 1970s

In late 1970's, Chrysler corporation, America's biggest car manufacturing company was on the edge of bankruptcy. The media carried interviews with experts who predicted that Chrysler would fold within a maximum of six months. Lee Iacocca took over as Chairman of Chrysler in 1979 at the height of the crisis and applied to the US Government for loan guarantees in order to persuade the banks to extend additional credit. The government put up guarantees equivalent to \$1.5 billion to be repaid in ten years. What followed was corporate history.

In 1982 the company started making profits. In 1984 alone it earned \$2.4 billion, which was more money than it had earned in all the fifty-nine previous years of its existence. That brought its three total earnings to \$3.3 billion. From 1979 to 1981, Chrysler lost an average of three million dollars every day and from 1982 to 1984 it earned a net profit of three million a day, a net improvement of six million a day or \$6.6 billion in three years. By the end of 1984 the company was able to announce retirement of the government loan guarantees seven years ahead of schedule.

How did he accomplish?

Ray [one of MAI partner] observed from his research that Iacocca had been applying the energy formula in all that he did at Chrysler. He may not have been conscious of it, but his actions were fully consonant with the knowledge inherent in the formula. That helped explain why Chrysler's performance had defied the predictions of all the experts.

Iacocca had found the key to not only conserving energy but multiplying it at various levels of the company. Iacocca had focused on elevating the company's performance on key work and organizational values. He improved discipline, increased freedom for individual initiative, raised product quality, accelerated product development, insisted on close coordination between functions, enhanced service to customers, collaborated with the unions through a partnership with the United Auto Workers, communicated frankly and openly with shareholders and the public-at-large, etc. It gave every employee at every level of the company a higher standard of performance to which they could aspire and a personal means by which they could directly participate in the turnaround of the whole company. Iacocca engaged his people, released their energy, captured their imaginations with a new vision of what the company could become. And what they conceived as possibility, they converted into actuality within a phenomenally short span of time.

(from 'The Book' pages 148, 160, by Garry Jacobs)

To Be Titled

The more you move the conversation or explanation away from one's ego and toward the Harmonic, the greater the result.

Instructor Perceives Negative Correspondence in Himself

When negatives come your way, make the effort to discover if there is something parallel in your own behavior that attracted it.

In a variety of ways an instructor was being ignored by members of the training company he contracted with. Eg at the Christmas gathering, he practically felt invisible.

Years later he thought about that situation and perceived the connection between his own negative attitude at the time and the negative condition he found himself in. He recalled that when his training manager asked him to provide instruction on a particular topic the company needed instruction in, he ignored the request, focusing instead on the subject where he was already strong. A few months later, his relationship with the company collapsed.

In essence, he had Ignored the manager's request, and he in turn attracted conditions where he felt Ignored and out of place in the organization.

As we see, If you examine a negative unfolding in your life, you can correlate it to something wanting within yourself. Perceiving that correspondence can reveal similar negative associations, which can in turn lead one to understand the underlying cause of one's greatest failures and difficulties in life.

When such a series of associations becomes crystal clear, and one offers the entire matter to the Higher Power, you can suddenly attract startling positive conditions that can turn your life around or take you to an entirely new level of success.

To Be Titled

Small things carefully attended to, instead of being ignored, can evoke big responses from life.

To Be Titled

See the truths within the Truth, but also the truths buried within the Falsehood. It is another shading of supramental perception.

To Be Titled

Ignorance is partial knowledge. There is an element of Truth buried even in the most extreme error and falsehood.

(From 'The Book', page 212, by Garry Jacobs)

To Be Titled

The wealth of the earth must be used for the transformation of the earth. (the Mother, from Agenda)

To Be Titled

Whatever sufferings come on the path, are not too high a price for the victory that has to be won and if they are taken in the right spirit, they become even a means towards the victory. (Sri Aurobindo)

Comment: Sri Aurobindo's remark is focused on those who actively seek the transformation of life on earth, not for the average person. He says that true seekers will understand their own suffering in the context of the reward of actively participating in the evolution of life on earth.

--

Eg Mother constantly felt pain due to negative influence of devotees around her. Still she accepted it as a means to further her own yoga by more fully relying on the Divine Will as means of developing greater faith.

Thus each serious devotee, and especially the sadhak will see the problems, the suffering, and pain in their lives as instrumental for their further growth, thereby furthering the evolution towards the earth's divine destiny.

Influence of Others on Mother's Body

The body still receives vibrations: with some people, when they sit in front of me, suddenly there are pains, things going wrong; but now it knows (naturally it knows it's in pain!), but it doesn't put the blame on others: it puts it on itself, it takes it as an indication of the points that aren't yet exclusively under the divine Influence. From that point of view, it's very interesting.... It knows the gap between the consciousness of the being using it and itself; but it doesn't suffer from it and has perfect humility and modesty. And it's not surprised or worried, because its "May Your Will be done." That has become an absolute law: "May Your Will be done; it doesn't concern me, ..."

(the Mother, from Agenda, August 5, 1970)

Beyond Individual Existence

Certain experiences make me think that this sense of personal limitation isn't necessary to physical existence – it's a thing we have to learn, but it's not necessary. The impression had always been there that a body defined as making up separate individualities is necessary – it's not. One can live physically without that; the body can live without that ...

(the Mother, from Agenda, August 5, 1970)

Learning from Failure

One sports coach was far interested more in the games his squad lost than those they won, as the former offered a vast learning opportunity to improve the team.

To Be Titled

If you connect with the inner being or soul of an object, you can elicit its cooperation and better functioning.

To Be Titled

High Ideals turn into institutions and products that shape and elevate the world.

Divine Creates through Supermind via Processes of Self- Conception, Self-Limitation, and Self-Limitation

Supermind is the Divine's power for manifesting the Infinite by a process of Self-conception, Self-limitation and Self-absorption. By this process of creation, the Spirit gives form to different aspects of itself.

By Self-conception, the Spirit projects truths of itself as Real-Ideas, which are powers or vibrations of the Self-Conscious Being. This is akin to the way Jane Austen conceived the general theme and story line of her novel.

By Self-limitation, it holds back other aspects of itself, like the other wavelengths of white light, so that each aspect can manifest as a distinct vibration. Then Austen fashioned from her own personality and personal experience specific characters and events through which to manifest the theme of romantic love.

By Self-absorption, the Infinite Consciousness of which each aspect is an expression conceals or absorbs itself within the form it manifests, hidden from view within each form as the Individual Divine. By concentrating solely on the unique attributes of each character, the people in Austen's story acquire their own distinct and separate personalities.

Each of these characters and events is a creation of the author's creative consciousness, which is its source and the very substance of which they are composed.

(Garry Jacobs)

Coming Apart, Then Together

World is splintering, nations pulling in their own direction in order to learn the futility of that movement, so it can reverse itself and come together with greater energy, on the way to Human Unity and eventually a Divine Life on Earth.

To Be Titled

Synchronicities rapidly accelerating in one's life is indicator of oncoming Supramental existence.

Positive Attitude Attraction Power

Though it defies logic, the Intensity of Positive Attitude previous to the work often supersedes the actual effort in evoking real success, as life cooperates from all quarters.

To Be Titled

We blame issues and problems on everybody else, not seeing how our limitation of consciousness had a hand in it or attracted it.

To Be Titled

Every problem that comes into your life secretly serves as a means for you to grow.

Consciousness is Ultimate Determinant of Success

It is not energy, skill, opinion, attitude or character, either singly or in combination, that ultimately determines the results of action. It is consciousness. As is the consciousness, so is the result.

(From 'The Book' page 379, by Garry Jacobs)

Reader: Thank you Sir.

All the factors (other than consciousness) mentioned appears to play their roles depend on the situation. Yet, how to understand that consciousness is the only reason? That

consciousness means the combination of aspiration, motive, attitude of self-giving and so forth...?

So, one has to focus on the consciousness factor and not the others....? Thank you Sir.

Response: Yes, plus the spirit contained within it to whatever degree.

Consecration that Attracts Parties that Ease Burden

When you deeply consecrate a very challenging work situation that puts enormous burden on your efforts, parties step forward from out of nowhere to make those conditions so much easier. It is truly remarkable!

Perfection Attracts Ease of Burden

When you do everything you can as perfectly and diligently as possible in a very complex, detailed situation, you will see the primary and secondary burdens lightened.

A Manager's Disappointment

A strong, intelligent manager who insists on his way, close to brow-beating his people, will attract the failure of his subordinates to accomplish the goals he set forth, causing disappointment. A little tact and softness would have prevented the negative response from life from occurring.

To Be Titled

Increasingly the only meaning and purpose of my life is to surrender to Her Force, Power, and Will.

Conversation on Making Our Connection with Mother (Supramental Power) More Effective

S: Sir can I ask something about our prayers to Mother? On occasions I am not able to call her with utmost sincerity...my own inner mental and physical restrictions overpower...how can I overcome that?

RP: Over time you can move the center of your being deeper within, plus you can silence the mind on a regular basis, which will create an increasingly clearer, less interfered (from externals) opening to Her [the Supramental Power].

In Sri Aurobindo's Yoga, this translates as making connection with the Psychic Being, and calling Her from there.

S: Is the psychic being really present in our body?

RP: Yes, it is a thumb-sized subtle entity behind the heart.

S: I believe I heard it before as well...what is it?

RP: It is the evolving soul, the True Self that enters the body from birth (actually before) and seeks to have higher experiences so it can evolve, on its journey from body to body.

S: Is it a separate entity than my consciousness?

RP: They are separate when we are not conscious. When conscious the Consciousness and the Psychic become One in our being.

We can think of it as our (normal) consciousness (small c), and Consciousness (large C), which is One with the Psychic; and one with the Mother and Her Force.

S: Understood...why it is not happening at our Will...the oneness?

RP: Lower consciousness (c) interferes.

Physical consciousness especially wants to stay on the surface, repeat the same patterns, habits, not change, not learn, etc.

S: How to get rid of it? How to get the sanction from the Divine?

RP: We need to build deeper consciousness. That can happen by constant consecration, non-reaction to others' intensities, taking the other person's viewpoint, self-givingness, silencing the mind, etc. Now our calling is purer; our being more receptive to the descending Grace.

S: got it...sometimes I feel like I know all about Mother and Consecration and in other time feels like I know nothing?

RP: I know what you mean. Eg Sri Karmayogi has given hundreds of facets of Consecration in his writings, each bringing out a more subtle aspect. They are thus all one in his Understanding. Gradually we build up this knowledge. especially as we go through the various experiences of consecrating, and the results that ensue.

S: Divine should have made it little simpler...

RP: He has. We simply aren't oriented in that direction!

S: I was joking, in fact...but you are right...Thanks!

RP: [smile emogi]

S: Feels now like this is the most delightful experience...practicing HIS Yoga...

RP: Yes, challenging, but delightful.

S: May that eternal light come to all in Full and transform our lives into Life Divine!

RP: [prayer emogi]

S: Thank you!

RP: [smile emogi]

On Anxiety

-Anxiety is not the reality. It is fear of the reality.

-Anxiety is reinforced by our constant dwelling on it.

-Anxiety distances one's self from the Now.

-Anxiety is to be gripped by an unknown future.

-Anxiety is weakness in the nerves.

-An unbridled mind fosters anxiety. Inner stillness of thought and feeling keeps it at bay.

-Anxiety is lack of faith in life.

-Consecrating anxiety or fear is to substitute Mother in its place, which engenders Faith.

To Be Titled

Life is Change.

Ganesh & His Bother

In one recent variation of the story, Ganesh, in trying to win the prize of Life, walked around his Mother, the divine Mother encompassing a few meters. His brother walked around the world, which is 40,000 kilometers over many months and years. Ganesh instantly attracted all the solutions of Life by consecrating to the divine Mother (to supramental power) with hardly any motion, while his brother labored for years travelling around the world with limited results. Essentially Ganesh gained all the rewards from within, from Mother. If we are sincere in this movement, we can do the same.

Reader: Thank you Sir.

The wisdom is there in front of our eyes. Lord Muruga believed in His power of having peacock and so forth so that He could win over His brother. Lord Ganesh gave up His capacities and humbly submitted to the Divine Mother.

It is interesting to see Life Response through such stories.

To Be Titled

If you reject outright someone else's positive suggestion, you may be asked by life to serve a key role in its implementation.

To Be Titled

Don't judge the future by the present.

Blaming Others Accelerates their Blame

If you intensely and persistently blame someone or some party as the cause of your problems, they will continue to do so, and in new, ever-expanding forms.

Interest in Origins and Values of Organization Attract Founder

When we take a deep interest in a matter, life can return the favor by providing us with more information on that matter; sometimes coming direct from the horse's mouth.

An instructor was working at a large manufacturing plant on an assignment. The topics covered were the software needs at the production level. Because the consultant was interested in the matter, he started thinking about the origins of the organization, as well as its deepest values. This was not part of the work he was contracted for. It was his own curiosity, grounded in his background in management consulting.

At one point, the consultant was resting in an empty room on his lunch break. Suddenly an elder man wandered into the room. It turned out to be the founder of the organization, whom he had never known of, let alone seen before! This very senior individual then proceeded to explain to the consultant the origins of the organization he founded, going back many decades.

That is the power of taking a deep interest in a matter, such as an organization's origins and values. You attract the very person who can give you the greatest insight, as he magically appears before your eyes!

To Be Titled

"To calm all personal ambitions, I must declare that

"If, for any reason, this body becomes unusable, the universal Mother will again start manifesting in hundreds of individualities according to their capacity and receptivity, each one being a partial manifestation of the Universal Consciousness."

(the Mother, from Agenda, October 14, 1970)

Problems Dissolving Ego

From one perspective, all of the difficulties we encounter in life serve the purpose of dissolving the Ego, when taken in the right spirit.

Beyond Mind for Mother

I feel I am entering what will replace the mind. An atmosphere that will replace the mind, the atmosphere of the new creation...

(the Mother, from Agenda, October 31, 1970)

Past Lives Knowledge vs Future Consciousness to Become

The knowledge of past lives is interesting for a knowledge of one's nature and the mastery of one's imperfections. But to tell the truth, it has no crucial importance and it is far more important to concentrate on the future, on the consciousness we must acquire and the development of the nature, which is almost limitless for those who know how to do it.

(the Mother, from Agenda, November 7, 1970)

Democracy to Autocracy to Human-Centered Economy

Because Liberal Capitalism has failed to include the vast majority in the wealth accumulation of many of its subscriber nations, there is an abandonment of Democracy to Autocracy in an increasing number of countries. This is hopefully a temporary outcome, as the peoples of the world learn how to work together to enable wealth to spread to all; not just the very few; bringing a new Human-centered economics into play, instead of the current Money-oriented one.

To Be Titled

When does information or understanding become knowledge? When it touches life and is confirmed by experience. (Karmayogi)

To Be Titled

When do we really know something? We must confirm the knowledge in psychological experience by observation and application – review of our lives, experimentation, practice. (MSS)

Greater Knowledge & Accomplishment through Silence/Stillness

-Detachment from thought leads to silent knowing. We know more by silence than by word or thought

-We learn more by Listening rather than talking

-We act more powerfully by Silent Will than overt expression

-We accomplish more by Non-initiative than by ego initiative. Not acting is a better solution. (MSS, paraphrased)

All of these attract onset of good fortune (whether as knowing or achieving) from seemingly out of nowhere. It is "Life Response."

To Be Titled

"It is the old methods of yoga that demand silence and solitude.

The yoga of tomorrow is to find the Divine in work and in contact with the world."

(the Mother, from Agenda, January 27, 1971)

Mother Devotee and Rise of Tech of Silicon Valley

Because I was/am a Mother devotee, my constant, almost daily work in San Francisco/Silicon Valley area over three decades, turned into the greatest technological miracle of modern times. Her Force working through Her devotees helped facilitate this vast societal change.

California Values, Thought

Because California is so far away from the major populations of the world, it is able to soar ahead in its values and thinking.

To Be Titled

"In Roy I see a bright ray of light; in you and your life. Hope of transformation." (Appa)

Mother First Envisioned Failure of Soviet System

In 1971 in Agenda Mother noted that the Soviet experiment had turned out to be a great failure, and thus people there were deeply dissatisfied. In 1989 it shocked the world how much the system had deteriorated before it collapsed. However, Mother knew it many years before.

To Be Titled

The only thing that can save the world from its increasingly acute wealth inequality is a new Human-centered Economics.

To Be Titled

If you are going to live for the future, you cannot remain stuck in the past.

To Be Titled

Those who do not complain are never pitied. (from a Jane Austin novel)

To Be Titled

I have been a selfish being all my life, in practice, though not in principle. (from a Jane Austin novel)

To Be Titled

Vanity and pride are different things, though the words are often used synonymously. A person may be proud without being vain. Pride relates more to our opinion of ourselves; vanity, to what we would have others think of us. (from a Jane Austin novel)

To Be Titled

Make seemingly impossible situations possible through Consecration and Faith.

To Be Titled

The central spiritual goal is to become One with, Unified with Everyone and Everything we encounter.

Triune Aspects of the Divine

The Divine is above in the transcendent; is at play in the unfolding of the universe (as Shakti of the divine Mother), and is in each of us, immanent in our being, in our soul.

To Be Titled

Sri Aurobindo's Prophecy is that a Divine Life on Earth is inevitable. That is so because everything is Already divine, and that through an evolutionary unfolding this Plan will be progressively realized.

Integral Knowledge and Power

True Integral Knowledge is to know all views and their interrelations of any matter or thing, plus it has one's Will and the Power to manifest it physically, to Realize it materially in the world.

Reacting and Non-Reacting

Reacting never helps; it only complicates.

I have seen this phenomenon many times. Instead Non-reaction has a vast power to improve a situation.

Deepest Aspiration Silently Fulfilled

Welling it up deep inside, an Aspiration - without acting on it, without telling others about it, without even further thinking about it - can be realized in full.

Many years ago I had the deep Aspiration to work in an area that somehow connected with Sri Aurobindo and Mother. I told no-one about it, did not consciously act on it; kept it close to my heart. A year or two later this came about when I came upon an opportunity to work for Garry Jacobs and his import company Mere Cie, changing my life forever.

To Be Titled

Scoundrels rise to fill the void when good people fail to fulfill it.

To Be Titled

Hourly consecration is a movement that signifies the beginning of surrender. (Karmayogi)

To Be Titled

A central purpose of Education is to help make us more conscious, aware, knowledgeable, and therefore empowered for accomplishment, success, and happiness.

To Be Titled

Mind does not know the future, or truly understand the past. However, Supermind does.

The Queen's Husband

We have seen that deep resentment overcome attracts the truly miraculous.

In one historical account, the husband of a world renown queen (Victoria of Great Britain) resented the man whom he thought was his uncle, but turned out to be his real father.

One day after discovering this shocking news, the child of the queen and husband became extremely ill, and near the end. However, the father of the queen's husband reminded him to tend to the child, instead of continuously expressing his resentment toward him.

The queen's husband then practiced self-control and gave up his bitterness. After attending to the child along with others gathered around her, the little girl miraculously came out of her deep fever and lived.

As we see, giving up resentment has the power to overcome the inevitability of the end of a child's life, not to mention any other catastrophic situation.

Comment: Actually the child fell ill in the first place due to his intense resentment and anger.

Turning an Unreality into a Negative Real

Worrying about a potential problem that is not an actual one can manifest it as real.

A man was upset about another matter. He then became obsessed about his daughter not catching an illness due to open windows in the house. It was an absurd claim; however, he kept insisting, egged on by his other frustration. Suddenly a mild flush on his child's face turned into a serious illness.

Only when the man gave up his earlier upset about another matter, did the child suddenly return to full health.

To Be Titled

Surrender takes place when our psychic being gives itself fully to the Divine; to Mother.

To Be Titled

In the case of a serious problem, knowing when to engage in action and when to be utterly still is to have supramental sense.

To Be Titled

Beyond adoring Mother is making the inner and outer effort to become like Her.

To Be Titled

Mother's Force is especially effective in solving our problem when it is accompanied by utter stillness on our part.

Mother's Past Lives

As She revealed in Her 4000-page diary "Agenda," in past births Mother was:

- Hapchupset (Amonhotep's wife and queen of Egypt)
- Catherine the Great of Russia
- The person in the painting Mona Lisa
- Joan of Arc, martyr of France.

She half-joked that in the next life she just wanted to be an ordinary person, without the weight of physical transformation on Her shoulders!

Life Response Power of Decision to Unclutter

We know the life response power of cleanliness and orderliness, including clutter; and we also know the life response power of making a decision. We can also combine both to get an astonishing result.

An artist who often had too much clutter in her surroundings was looking for a particular photograph within a host of other photos. She scrolled and scrolled on her smartphone to find it without success.

Then at one point she indicated that she wanted to get rid of the clutter on her phone. At the very INSTANT she said that, the photo she was looking for suddenly came into view!

That is the power of making a Decision to improve one's self in a particular area; in this case to unclutter, which is a form of cleanliness and orderliness.

To Be Titled

To be in positive attitude,
When everything seems all right,
Is a mental awareness.
To be in positive attitude,
When everything seems NOT right
Is a spiritual awareness.
(SM)

(a poem by SM)

Chrysler

It's a great mystery in life,
To see how ignorance and life play out in tandem,
And puts one in an apparent uncomfortable situation.
Yet, such moments are not to punish one,
Rather, to bring the subliminal powers to the surface,
And thus to accomplish magnificent things in life.
That's why, in that context it is said,
"Ignorance is greater than Knowledge."
To have a positive attitude,
When everything seems all right,

Is mental awareness.
To have a positive attitude,
When everything seems NOT right
Is Spiritual Awareness.
The late 1970's,
It was a significant period in history of Chrysler Corporation,
The biggest car manufacturer of America,
As It could not cope up with Japanese competition.
It went through an arduous path,
And eventually started to struggle, and barely survive.
The people had lost faith,
The Government had lost hope,
The banks had proclaimed no future,
The media broadcasted failure,
And it appeared bankruptcy was inevitable.
At that crucial moment,
What was needed was neither money nor market,
Rather a change in consciousness,
That could inspire and transform the entire organization.
A man took up that challenge,
And secured the senior post in 1979.
After joining he realized,
The situation was pathetic indeed.
Had he known about these adverse conditions before,
He might not have joined.
As there seemed no path to survive,
He approached the Government,
And convinced them for a conditional loan,
Which he had promised to re-pay in ten years.
And what followed; what he did was corporate history.
A series of courageous acts to discipline the company,
Enhancing measures to improve product quality,
Focused and built products for customer needs,
Explored Innovative designs (K- car), and
Implemented novelty schemes (money back guarantee).
Also, he engaged his people from all levels,
Released their energy and captured their imaginations.
And so, what they had conceived as possibility,
Became Reality in a short period of time.
In essence,
He had found the key,
Not only to conserve energy, but to multiply it,
Across various levels of the company.
Life had responded in great abundance,
For the organizational measures and his brave leadership.
Against all odds and predictions,
The profits started to flow in from 1982 onwards.

That success and abundant profits,
Continued in subsequent years.
He was able to settle the entire loan in 1984,
Seven years ahead of the payback period he had promised.
Indeed he transformed the company 180 degree,
And restored the company's value and image.
He made it prosperous, and brought it back to the peak again, as it once was.
By transforming contraries into complements,
He had brought social Superconscious to the surface.
He was Lee Iacocca, the Chairman of Chrysler Corporation.
Why does the life have to work in that manner?
Problems then Solutions, Suffering then Happiness.,
It happens when a deserved soul,
Exclusively concentrates on the surface.
And so,
Everything that comes to us,
Comes only with the sanction of our soul,
Only to awaken our consciousness,
And to move us from our surface ignorance,
To our subliminal depths,
In order to reveal our true purpose of existence.
At the same time,
Do we always have to learn the hard way?
Indeed we need not do so.
The purpose of life is to shift our focus inside to the subliminal,
By practicing acts of higher consciousness,
We can consciously move towards it.
And that's what Mother has called,
"The Sunlit Path."

Source:

Articles from Karmayogi.Net

'The Book' by Garry Jacobs

Power of Cleanliness, Orderliness Turns Around Company

The young owner of a once large computer services company that was now on the verge of bankruptcy decided to follow a consultant's advice and take to higher levels of CLEANLINESS and ORDERLINESS in the organization.

Very quickly his business recovered, then it boomed, to the point that within two years he was able to retire for life!

To Be Titled

Understanding that behind the apparent negatives are vast opportunities is perhaps the single great revelation of Society en mass in the last half century.

To Be Titled

Intentionally forgetting about a matter will often lift up that party to the level you earlier hoped would come about. Often higher still!

From Strongmen/Dictators to a New Way of Living

Rise of strongmen, dictators around the world, with their extreme measures, is a sign that people want change, to uplift their lives, but that rational leaders are so far unable to bring about this change.

In fact, the strongmen/dictators only exacerbate the problems, compelling the reasonable leaders to come up with new, creative strategies that can solve society's increasingly pressing problems.

A new Human-entered economics, -- with the Individual at the center of life, instead of money, as advocated by WAAS, MSS, and others -- gives the complete solution, enabling a new, more equal, harmonious, and spiritually supported way of living to emerge.

Let us see how this social and economic change unfolds in the world.

Dangal and the Life Response Power of Silence

Dangal is an Indian film based on the true story of how a famous wrestler (Mahavir Singh Phogat) became a coach, overcomes his anger that he has no sons to follow him in the sport, and ends up training his daughters, who become national champions.

In one scene near the end, the Mahavir is giving hand signals to his daughter Geeta, who is competing in the Commonwealth Games for the world championship. Unfortunately, in the middle of the action, the father is tricked into being locked up by a jealous coach where he cannot offer his signals to his very skilled daughter.

However rather than remain in anguish, Mahavir begins to sit quietly and becomes still, almost to the point of meditation. After a short time, he hears the national anthem of India being played, indicating his daughter has secured the victory; perhaps the happiest moment of his life.

Because he took to stillness - in mind, in thought, in emotion, and in action (in not trying to escape) -- over anguish, Life returned the favor by securing the victory for his beloved daughter. Her wrestling champion sister also shared in that overwhelming pride and joy.

Geeta would go on to be the first woman champion ever sent to the Olympics for India.

Thank you for the 98,000 likes at Facebook over the years.

Power of Shedding Childhood Remorse

Shedding bitterness for being wronged in the past evokes most unexpected and joyful circumstance all around.

As depicted in the tv series 'Victoria,' the queen of England was bitter about the way she was treated as a child by her mother, as well as another official who tried to stifle her empowerment when growing up.

However, after seeing another child from Africa go through similar circumstance, the queen was now able to see her own childhood in perspective, and therefore she was now able to shed her long-time resentment.

At that very moment, from out of nowhere, the man who taunted and stifled the queen as a child arrived on the scene, and expressed deep-seated feelings of remorse and goodwill, withdrawing all material claims against her.

She then turned around and invited him to join the holiday dinner that she was sharing with others. The Joy and Goodwill now continued to spread all around.

(This being the case, what old resentment do you still hold onto, from childhood or otherwise; and how can you shed it? This can be the key to evoking a tremendous positive response in your life!)

Missing Startling Synchronicities

Life Response and its dozens of forms of synchronicity happen to us many times every day, however we miss THEM, because we are locked into our normal dense human consciousness, which does not perceive such subtleties, unless the event is very dramatic. And even then,

95% will be missed. That is why a new human species with supramental perception and consciousness will come one day, with this vast life response capacity to continually perceive and evoke the miraculous.

Sample Incidents of Life Response Power of Cleanliness and Orderliness

-There was the incident where I cleaned out my refrigerator and instantly evoked months' worth of work when I had absolutely nothing in sight.

-There was the manufacturing company that cleaned their filthy environment of carbon particles and evoked a startling sale from seemingly out of nowhere.

-There was the carpeting business that cleaned, straightened out and reordered their stockyard, and very soon after reported big inflows of money and new sales they never expected.

-There was the legal secretary who had no projects she was engaged in, but who attracted a major new client the next day after cleaning and reorganizing her workspace.

These and hundreds of other experiences I and others have had over several decades show the extraordinary capacity to evoke good fortune by taking to higher levels of cleanliness and orderliness.

There is no physical movement or action that evokes the positive from life more readily than this approach!

(from Seminar 'Life Response and Work - Physical')

Realizing the Supramental Consciousness and Being Requires Cells of Body Aggregating and Becoming an Independent Conscious Entity

The problem I am preoccupied with is building that supramental consciousness so IT becomes the being. It's that consciousness which must become the being. That's what's important.

... And in order to do that, all the consciousness contained in these cells [of the body] must aggregate, form and organize itself into an independent conscious entity – [i.e.] the consciousness in the cells must aggregate and form into a conscious entity capable of being conscious of Matter as well as conscious of the Supramental.

That's the thing. That's what is being done. How far will we be able to go? I don't know.

(The Mother, from Agenda, April 26, 1972)

To Be Titled

Sri Aurobindo used to say: it is woman that can build a bridge between the old world and the supramental world. (the Mother)

To Be Titled

When the "good" forces are unable to recognize, let alone address acute problems in society, then negative forces rush in to fill the void.

Knowledge, Experience, and Power

Knowledge is only great when it is verified by experience. Then it releases a Power beyond compare.

To Be Titled

Knowledge verified and enhanced through Experience empowers education.

Aspiration from the Depths

The deeper you go within, the more life responds to our aspiration. On the other hand, when we live on the surface, -- in our thoughts, and feelings, and outer initiatives -- the result is

negligible, as the energy is not stored, but dispersed, preventing the "magnetism effect" of Life Response from taking shape.

To Be Titled

To solve the outer problem, best to go deeper inside (to silence) rather than doing things, expecting results on the surface.

Taking Initiative (Ego) vs. Life's Initiative

Taking an outer initiative is mostly the initiative of the Ego, which creates negligible, questionable, or problematic results. Best to wait on Life's or the Divine's initiative coming to you, and then respond with full force. Everything will then cooperate, and lift you up to the stars.

Perceiving Life's Subtle Signals On the Road to Vast Accomplishment, Joy

Life is constantly providing you with Subtle Signals, of which way to turn, how to proceed, what to avoid, etc. However you can only perceive them from a Deeper Consciousness. From the surface you are mainly picking up your own internal Ego signals of thought and emotion. So why not build a true inner life, - a state of inner serenity and silence within, - while constantly opening to the spiritual Force above, and you will be continuously guided to the Truth; and as a result you will gain a personal roadmap that when followed will help you rise to the pinnacles of success and the depths of happiness.

On Ayn Rand

From my understanding, Ayn Rand seems to be a combination of positive and negative:

Positive:

Belief in true individuality, not following the herd, think for yourself. Steve Jobs and other progressives followed her and her message. She asked us to discover our true nature and being within. How we can make a difference in the world by first thinking for ourselves.

Negative

She advocated a kind of selfishness on top of her individuality. She despised progressive political movements, especially socialistic, as she had witnessed the poison of the Soviet system, which she over-equated.

She was actually admired by many progressives for the positive reasons.

However, the conservatives (especially in USA) focused on her anti-collectivist view in tandem with individuality and entrepreneurial spirit, creating a negative conjunction.

Many in Asia admire her positive positions, while ignoring her negatives that conservatives here admire.

Comment:

On Ayn Rand: She focused on the immense innate potential an individual has, how individual is superior to collectivity. The universal truth is each individual is potentially divine, though she may not have based her philosophy on this.

However collective progress should happen along with individual progress. Both are mutually inclusive and complimentary, the fact she had overlooked.

(Sivakumar Saravanan)

Right Poise for Dealing with Intensifying Modern Problems

Everyone is increasingly under so much strife and pressure, and yet the old ways of dealing with life are no longer sufficient. The only answer lies by going deeper within, or surrendering to the Higher force above. That way life continually self-corrects in your favor.

Our skill or capacity lies within deeper. What skill one gains by practice can be brought by going within to the domain where the capacity is. That is Divine Power. (Nedumaran Ramakrishnan)

To Be Titled

Sole reliance on Mother is Astonishing Life.

Intensity of Descending Force, Accelerated Difficulties, and Miracles

I think I already told you, there's a kind of golden Force pressing down (gesture); it has no material substantiality, and yet it feels terribly heavy....

... It presses down on Matter, to force it, to compel it to turn INWARDLY to the Divine – not an external flight (pointing above) but inwardly turning to the Divine. And the apparent outcome seems to be inevitable catastrophes. But along with this sense of inevitable catastrophe, there come solutions to situations or events that look simply miraculous.

As if both extremes were becoming more extreme: the good getting better and the bad worse. Like that. And a stupendous Power PRESSING down on the world. Such is my impression.

... it's as tangible as this (Mother feels the air between her fingers). And even in life circumstances, many things otherwise indifferent are becoming suddenly acute – acute situations, acute differences, acute ill wills – and at the same time, singular miracles. Singular. People on the verge of death are saved, inextricable situations are suddenly untangled.

And the same for individuals too.

Those who know how to turn to ... (how shall I put it?) who SINCERELY call upon the Divine, who feel it's the only salvation, the only way out, and who sincerely offer themselves, then ... (gesture of bursting open) within a few minutes, it becomes a wonder ...

(The Mother, from Agenda, May 6, 1972)

Comment: It seems the same now (2018) throughout the world, as well as for myself and acquaintances.

To Be Titled

Only the Mother and Her Force can save the world; though we can collaborate fully.

Reader: Indeed Sir! We can only play a perfect Instrument.

My or Everyone Job is to aspire to let myself or ourself make empty

So, thy will be done not my will or our will.

Response: Yes, sincere, deep Aspiration will attract Her Will to us.

To Be Titled

... this Power, this Might, which is NOT MATERIAL, is becoming more concretely effective on earth than earthly material things.

(The Mother, from Agenda, May 6, 1972)

To Be Titled

...in the body, whatever has trouble adjusting to this new Power creates difficulties, disorders and illnesses. Yet in a flash you sense that if you were totally receptive, you would become formidable.

(The Mother, from Agenda, May 6, 1972)

Comment: This too has been my experience.

To Be Titled

It is little known that at this moment on earth we are all moving at ~67,000 miles an hour (around the sun).

Vision of AIS to Consciously Evoke Life Response

Dan explained in the novel 'The Book'-

"...Our meeting in Fort Lauderdale and contact with The Book are clear instances in which life has brought something new from outside in response to a greater awakening or aspiration within. It did not react to maintain the status quo. It responded to create something new. And the consequences of those responses are still working themselves out in our lives. The capacity to evoke life responses at will gives one the power to accomplish anything in life.

Our ultimate objective must be to impart that capacity to AIS. Then, regardless of the situation, the conditions, the apparent limitations, we can consciously attract the knowledge, the conditions and resources we need for higher achievement, the way Edmond subconsciously attracted Abbe Faria to discover his cell, save him from starvation, impart precious wisdom, provide him the map to a fabulous fortune and in the very act of his own death, also provide the means for Edmond's escape from prison in the body-bag intended for the Abbe's corpse. What Edmond did subconsciously, we must aim to make possible for each person to do consciously in their own lives. And to do it consciously means to progress much more quickly without the need for intense suffering as a spur to our awakening and effort..."

(From 'The Book' by Garry Jacobs, page 325)

To Be Titled

Sincere, deep Aspiration will attract the Divine's, Mother's Will to us.

Devolution and Evolution in Society

With the world rapidly devolving in the last several years, - eg Democracy in many places is on the run, rise of autocracy, international cooperation collapsing - it means that greater faith must be placed in the Higher Consciousness, than just the institutions of society. In recoil the devolution is then very likely a prelude to a great Evolution. The latter can quickly appear, even when we are seemingly at the darkest hours.

To Be Titled

There is plenty of wealth in the world - perhaps as much as \$200 trillion. However, somehow it needs to be recirculated for balance and fairness.

Quantum Entanglement and Simultaneous Time

Science has a partial explanation of Life Response. Quantum Theory indicates that two particles on either end of the universe can instantly affect one another. If one shifts on one end of the universe, so will another on the other side.

This is the phenomenon of "Entanglement." This indicates that when we raise our consciousness, something nearby or at a great distance instantly or very quickly responds in the positive.

Now Quantum physics has gone a further step, indicating that a change in the spin of a particle can cause the response of another at great distance over TIME. I.e. cause a spin in the present to affect the second particle in the Future or the Past.

It is essentially Entanglement across past, present, and future. That what I think or feel or do in the present automatically affects future or present circumstance; aligning ourselves with positive developments in both future and present. It also happens in the negative (negative life response).

It is another confirmation of Sri Aurobindo's cosmic concept "Simultaneous Time," which is one aspect of the nature of the Reality we are capable of realizing as we grow in consciousness and move toward becoming Divine-like, Supramental beings.

Unconscious Experience vs. Conscious Growth

There are gaps in our consciousness that get filled through the pain of Experience. However, through Conscious Growth we avoid these rigors of time, self-educating ourselves about the nature of Reality, thereby filling those gaps quickly, evoking the best of conditions.

It is the Sunlit Path.

To Be Titled

Perhaps Global Warming is Mother Nature's way of forcing the nations of the world to work together, compelling Society to shift from increasing disunity to greater Harmony and Oneness.

To Be Titled

Deep Aspiration, welling up from one's true self, attracts new, unprecedented, unique opportunities to fulfill it.

To Be Titled

Supramental Perspective: there are no problems, only Opportunities.

To Be Titled

There is the right time and the wrong time to engage in an activity. As we develop in consciousness, as we move further along the Path, we increasingly develop the Subtle Sense that continuously knows when to act vs when to cease action or even forget the matter.

Examples of Experiencing Simultaneity of Past, Present, Future

From the perspective of the Reality, the All, past, present, and future do not exist as separate entities; there is imply one non-divided reality of time. This in contrast to the mind of Man, that perceives three divisions of time. How then would this undivided time of the reality express if we were to rise to that vast supramental Consciousness? Here are some capacities:

- one would intuitivize conditions, aspects of the future so that you know exactly what's going to happen then, and it then happens precisely that way

- one would intuitive the past so that you know exactly what occurred in the past that is affecting your present, and then make the necessary change, adjustments, overcoming negative karmas and enhancing positive ones.

- one would have a sense of taking the exact amount of time to accomplish an objective, as one knows the past influences and the future directions

- one does not feel the boundaries or the separate dimensions of time (past, present, future), as they are replaced with a mystical sense of timelessness

Reader: Hi good morning

Be in present. It is very very powerful

Do maximum work in orderliness and accurate. Do not expect anything in return.

"Doing once duty is highest service to the supreme"

See the life response. Only watch.

Enjoy your presence. Be peaceful. Be stable.

Try try.

Response: Yes, no expectation of result in a work keeps you in the Now. And yes also calmly responding to the life response does same.

Reader: Thanks really.my practical experience also

Sri Karmayogi's books guidance

To Be Titled

Only by going deep within, away from the surface of life, do we understand the reason for life's hard conditions, including the positive benefits..

Immortality Indicated in the Unconsciousness

The Divine's promise of immortality and Life Divine can be found in the inconscience, the unconsciousness of existence. (paraphrase of Savitri by Sri Aurobindo)

The inconscience is the result of the involution/devolution of the spirit in the creation process of the universe from a divine Source, which was absorbed; the hidden divinity in the inconscience, that will come out fully in the Evolution.

"Wisdom" of Unconscious Acts

From within we can perceive the Wisdom in the unconscious acts of nature. (paraphrase of Savitri)

Eg if someone unconsciously blurts out the truth of a matter, not understanding its implication, it serves a greater progress. From a deeper poise, we can come to see the purpose of such unconscious movements, as it serves the unfolding of the positive.

To Be Titled

We are stuck in Ego, Time, Mind, and Ignorance, on our way to their opposite.

Comment: Opposites are Harmony/Oneness, Timelessness or No Time, Silent or Intuitive Mind, Integral Knowledge.

To Be Titled

Living, working in the Now we are unburdened by the limits, influences of the past, nor attached to the outcomes of the future.

Consecration Contains "The Complete Act"

Based on the teachings of Sri Aurobindo and his view of the process of creation, Karmayogi has conceived of "The Complete Act." It is the combination of certain factors executed consecutively in a process that all but guarantees perfect execution and outcome, including an often startling, unexpected positive response from life.

The Complete Act begins with the conception of what one wants to achieve, followed by one's supporting will and emotions for it to be carried out, out, followed by the physical execution of the act, supported by right attitudes and skills, leading to an outcome that is perfect; even unprecedentedly so.

One can follow this process for any major activity, like a project, or even the smallest act, such as brushing one's teeth. It is as microcosm of and similar to the process that enabled the universe to emerge from a Divine source.

Consecration is the opening to the Supramental Power that has descended into the earth's atmosphere, that engages in and fulfills all stages of The Complete Act process in a single spiritual gesture, returning immediate unprecedented, infinitely creative results.

Consecration is the spiritual method of opening to the Supramental power, aspiring for a great outcome, yet indicating "Thy Will Be Done;" where the Spirit's Will of the outcome is paramount, not our own will, which can limit the result.

One can consecrate before engaging in The Complete Act, at each stage, or even retroactively.

No Title

Growth in consciousness occurs more readily through what you don't know than what you know.

Birthday

In a conscious person, conscious of his soul, on the birthday the Soul seeks a rebirth, a birth into higher consciousness. (Sri Karmayogi)

Taking Other's View is Supramental

Do you know Karmayogi's principle of taking the other person's point of view? Even if they are wrong, it helps to embrace their position. Doing so, often has the effect of bringing them around to your original position!

It is to take the Supramental Perspective of the potentiality and reality of the many-sided truth of things, not just the part one knows.

It may be worth an experiment. It also puts one's Aspiration on a steadier psychological basis.

To Be Titled

FAILURE can be great avenue for progress, though I am not sure we should seek it out! Rather, we should intensely seek PROGRESS, which begins as Aspiration. Most powerful when it originates from the deepest depths, the Psychic being.

To Be Titled

In Supermind there is no success or failure; only opportunities.

To Be Titled

As Sadhak (beyond devotee) one is closing in on Surrender; letting the Divine, the Mother , the Force work through one. Karmayogi says there is nothing to do in this state except wait for the Divine Signal, and then act accordingly.

The Power Of Inversion - Google

Prof. Stearne's explanation in The Book:

"...Google - When they announced the launching of a new search engine in 1998, it certainly appeared to be counter-intuitive. The last thing anyone thought we needed was another search engine when already we had Excite, Yahoo, Lycos, Infoseek, Altavista, Webcrawler and a dozen others to rely on. Besides, no one had ever figured out how to make money in the search engine business. Then along came Google with a superior product. They realized that they did not have to make money on searches. They could offer that service free, provided they received something in return.

According to The Book, there is no such thing as giving without receiving. There is always a return, only you have to be able to recognize it. Google did. They realized that the information generated by users searching the web is valuable to advertisers. So two years later they established Adwords to market ad space to advertisers based on the search terms and keywords web users were interested in. The whole concept is a beautiful inversion..."

(From 'The Book' by Garry Jacobs, page 420)

Inversion in Creation Process

Involution is a process of inversion in which

Sat becomes Matter

Chit becomes Life

Ananda becomes Psychic

Supermind becomes Mind.

(Sri Karmayogi)

- Mind is the inversion of Supermind.
 - Life is the inversion of consciousness.
 - Ignorance is the inversion of knowledge.
 - Hate is the inversion, perversion of Love.
 - The entire history of earth is in the subconscious. It is the inversion of the superconscious.
 - The surface being is the limited inversion of the whole that the subliminal is.
- (Sri Karmayogi)

The Power Of Inversion – Amazon

Prof Stearne's explanation in The Book:

"... When the World Wide Web was founded in the mid-1990s, most pundits of the day heralded the arrival of the digital age and prophesied the immediate demise of books and newspapers. What they said made good common sense. It was self-evident to almost everyone, except a thirty year old financial analyst named Jeff Bezos who apparently saw everything in reverse from the way we normal people view reality. He started amazon.com, an on-line bookseller of all things! How prosaic. Twelve years later his company is the largest bookseller in the world with revenues of ten billion dollars, while one hundred thirty-three year old Barnes & Noble is only half as big. That's the power of inversion..."

(From 'The Book' by Garry Jacobs, page 420)

The Power Of Inversion – Sears

Prof. Stearne's explanation in The Book:

"...Take the well-known story of Sears Roebuck, as it was called in the early days. Richard Sears was a railway station-master who transformed himself into a clever city-based merchant and a marketing genius. In the 1890s, he recognized the growing demand for urban manufactures among the prospering farmers in the rural areas and developed a mail order business to tap that market. He offered them everything he thought the rural folk wanted, including hair restorers, longevity tonics and potions claiming the efficacy of Viagra. Sears relied on the trust and gullibility of rural folk who have faith in anything modern that comes from the city. He soon built himself a thriving business with a one million dollar turnover. Not bad for an ex-station-master.

Then along came Julius Rosenwald, an experienced businessman and investor who bought in as his partner. And what did Rosenwald do? He turned the model on its head. He inverted it. He introduced Sears' famed policy, Satisfaction guaranteed or your money back, a revolutionary breakthrough in retailing at the time. In philosophical terms, he pulled an inversion. Instead of asking rural customers to trust Sears, he announced that Sears would trust their customers. Any customer was free to return any merchandise they purchased for any reason whatsoever, or no reason at all, no questions asked, no penalties. What was the result? Nearly everyone in America started buying from Sears. Within twenty years it became not only the largest retailer in America, but the largest in the world, and it held that title for nearly seven decades. That is the power of an inversion!.."

(from 'The Book' by Garry Jacobs, pages 419-420)

To Be Titled

When you discover your (or your organization's) own Soul or Inner Center, you will begin to know the same of the client. It is Ultimate Customer Value.

Complete Knowledge

Prof. Stearne's explanation in The Book:

"...As The Book states, complete knowledge has to be all-inclusive. It has to take into account inversions, reversals, contradictions and oppositions as well..."

(From 'The Book', by Garry Jacobs, page 422)

To Be Titled

When you try to do things differently, you invite Possibilities into your life.

To Be Titled

"Consciousness Responsibility" is to take responsibility for others' unconsciousness. Life then responds overwhelmingly!

Reader: There is an Ancient Hawaiian healing method called Ho'oponopono. This is now gaining huge popularity across the world. Basic principle is gratitude, love and assuming responsibility for what is happening outside you, as outside is only a reflection of your inside

To Be Titled

An emerging Life Divine can and will progressively solve every major problem in the world.

To Be Titled

He who insists on Consecration in a problematic situation will be the ultimate determinant of a positive outcome.

To Be Titled

The West has a very primitive, insufficient view of the nature of the Divine Reality compared to the ancient tradition of India, including the Vedas, and especially as dramatically updated and detailed by seer and sage Sri Aurobindo in an evolutionary context. In His view all of the details of how the universe emerged from a Divine Source are intuitively explained, and the purpose, destiny, and destination of life in the cosmos is also dramatically presented; providing a revelation for the world.

Creation Process Same for Divine and Us

Sri Aurobindo's comprehension of Reality explained as first Involution from a Divine Source to matter, followed by Evolution from matter to spirit is virtually the same process we follow when we successfully engage in a project or the smallest activity.

It is a process of first apprehending the goal through Mind (for the Divine it is Cosmic Mind/Supermind); then having the vital will and drive for its manifestation as real (for the Divine it is the conversion of cosmic Idea into Cosmic Energy); and finally physically executing strategies to make it happen (for Divine, it is the conversion and breakdown of Cosmic Energy into atomic existence, which appears as matter in the universe).

For the Divine, Supermind coordinates the entire process. For Man he can rise to intuition and then Supermind to engage in the process for perfect execution that formulates a miraculous-like Response from Life (sudden good fortune from out of nowhere).

To Be Titled

"Something must be eternal for anything to exist."

That's the dynamic behind the Involution; the Creation process, from Spirit to matter. And that's why life on earth is headed toward Divine existence (the Evolution); i.e., for the Eternal Consciousness to re-emerge in the details of life. Evolution is the reversal of the Involution.

Water Desalinization Synchronicity

The other day I mentioned to a friend that I had once tasted the water near one of the towns on San Francisco Bay to determine if it was fresh water or salt water. I then asked her if she thought the water was fresh or salty. After all, the ocean backflows into the Bay, but also the rivers of California flow into the Bay and out to the ocean.

I mentioned this issue to my friend only because, after all these years, this memory and question had simply appeared in my mind. We then had a brief discussion of the nature of the water that flowed into the delta-like area astride the town; and then matter was forgotten. Two weeks later I opened the local newspaper on my iPhone, and immediately saw the dominating headline "\$10 Million Coming to Bay Area Desalinization Project; But Not On the Ocean."

It turned out to be the town of Antioch, the very one I mentioned to my friend a week earlier. Please note that there was no news articles on this topic or any other discussion I knew of when I thought of the matter and relayed my memory to my friend. Never had I discussed the issue, nor had seen any articles or reports of such had come to my attention. And now here a week later was an article directly addressing the issue I had thought of from out of the blue a week earlier.

How can this happen? Perhaps there is a vibration of these circumstance floating about, originating in events in the town (which the news article would later reveal), which I then picked up through my "mental receiver" as the contents were being developed. It then came to the fore a week later with the public announcement in the paper, synchronous with my experience.

Or further perhaps we can say that when we are in touch with a higher consciousness, or the Mother's supramental Force, past, present, and future become one thing, eg enabling us to receive in the present intimations of the future.

These are of course the eternal synchronicity and "Life Response" questions!

What do you think?

Nuclear Proliferation and Threat, and South Korea's Opportunity to Advance Humanity

At the global level, South Korea has a unique opportunity to leverage its achievements and public visibility to provide a voice, model and leadership for the collective advancement of humanity as a whole.

The nuclear threat which it faces today is the consequence of the failed policies of the five original nuclear powers, which have refused to meet their commitments under the Nuclear Non-Proliferation Treaty and missed the opportunity to eradicate this great menace to humanity at the end of the Cold War. Their entrenched position must be radically altered to prevent a further escalation and proliferation of similar threats.

Korea has an opportunity to become a strong courageous voice of humanity calling for the total abolition of nuclear weapons, which is the only viable solution to the problem it faces and the danger of further nuclear proliferation in other regions.

(Garry Jacobs, chairman of World Academy; October 17, 2017)

To Be Titled

Society supports the development of individual leaders who in turn support the development of society. The individual and the collective represent complementary rather than contradictory elements. (Garry Jacobs)

Sharing the Benefits

... hand in hand with freedom, social values and power structures require the sharing of benefits among the wider population. Only then can it preserve the stability, cohesiveness and harmony required for continuous evolutionary advancement. (Garry Jacobs)

To Be Titled

Beyond the appearances of life, there is a Divine Will seeking to accomplish Its Intentions.

Asia's rise, ascent in culture, economics, power, and influence is being further accelerated by the weakening of the US through Trump and other regressive forces.

Neocapitalism's Destructive Tendencies That Work For The Few, Not The Whole Of Society

So long as democratic capitalism was confronted with competition from the economic security promised by communism, it was subject to self-imposed constraints to prevent excessive discontent among lower levels of society and intellectuals who favor social justice over acquisitive self-indulgence.

Now that the competition has vanished, neoliberal ideologues have revived capitalism's destructive tendency to affirm the claim of the most talented and dynamic of its members to the full and sole benefits of labor. In reality individual accomplishment is always the result of the cumulative achievements of the society as a whole. (Garry Jacobs)

To Be Titled

Becoming the Supramental Being is a bigger change from the current human being than the human is from the chimpanzee. Yet, due to our collaboration with the ever-increasing Force in the atmosphere, it is beginning to occur.

To Be Titled

Great powers pulling apart, in psychological conflict of purpose - namely US, Russia, EU, China, India, Pakistan, Middle East, Korea, et al - indicate World Unity, now unseen, lurks just around the corner. From within and without, forces of Higher Consciousness can help make that happen.

To Be Titled

Behind the difficulties of the world, the Divine Will is unfolding.

To Be Titled

Each day presents its own unique challenges, requiring us to discover a limitation in consciousness on our part we are required to overcome.

Maximizing Energy

Most people don't know how to conserve and build up their energies. They waste it on frivolities and social/vital pleasures. If they took to silence - in thought, emotion, speech and action, - they would be brimming with energy for productive use; including great success that engenders deep happiness and joy.

To Be Titled

People want a great outer life; not an Inner Life that creates the best conditions inwardly and outwardly.

To Be Titled

Two negative karmas (recent status of Russia and US) coming together in contradiction will need to find their way forward.

Reader: A country named SYRIA#

Response: Yes, it would if they could work out their difference there; as well as in deterring nuclear proliferation, a general respect for one another, etc. Working together they can solve many of the problems of the world. Just now they are at great odds, depleting a valuable resource for helping the world progress; but that can change swiftly when the right consciousness is brought to bear.

Talking about Impending Rains

If you talk too much about approaching significant rain when in a drought situation, it will tend to quickly fizzle out. Best to quietly hold the knowledge inside.

A man talked about an approaching storm, but the more he discussed it, the more it faded away; not a happy experience as it was in severe drought conditions.

To Be Titled

Energy depleting activities cause favorable weather, like potential rains in a drought situation, to dissipate.

To Be Titled

When Truth is reversed for Anachronistic Viewpoint on a foundation of Conspirational Lies, Evil is afoot.

To Be Titled

Grasping the complete, many-sided truth of a matter from "out of thin air" is Supramental.

Intense Thinking about Another Causes Alignment in Space-Time

A frequent alignment effect occurs in my life as follows. I have a good feeling about a student in a class, and he has the same for me, for whatever reason. When we go on the break, though there are dozens of people moving to and fro, I arrive at the rest room at the very instant he does, almost bumping into each other!

It also works in the negative. I have problems with a student, and he too feels negative because perhaps I did not answer his question. Then on the break dozens of people move to and fro in the building, and the very moment I enter the class, he too enters, and we too almost bang into each other!

It follows the principle that when two people are thinking intensely about another, they align in space-time at some point later on. This has happened to me many, many times over the years, and perhaps it has happened to YOU!

Evolution through Our Self-Evolution

The Divine itself has transformed and evolved as the Universe, and we humans are the extensions of that self intervention (Self-Evolution) of the Divine and its Shakti.

Evolution continues, and Beyond humans are evolving themselves as Supramental beings. We are moving from mind to Supermind. Hence Life essentially is for experiencing that Self - Evolution.

Sri Aurobindo tells us that All Life is Yoga, and every experience in Life, whether good or bad, is helping us EVOLVE.

(paraphrase of S.S. Sreejith)

Dunkirk and The Darkest Hour

[Epic Life Response through Courage and Workings of Grace]

When the surface appearances are dark, when we have lost faith in all our capacities, when our resources are exhausted and when we do not know what to do next, it is the moment for Grace to act. Such a moment had fallen on Prime Minister of Great Britain Winston Churchill during 1940 World War II, and what happened at Dunkirk at that time was the history.

Sri Karmayogi has written that Dunkirk was saved by the cosmic plan, Sri Aurobindo's force.

During May 1940, British troops and the allies were trapped at Dunkirk and the Germans continued to advance, capturing the countries one by one like Belgium, France and so forth. The lives of trapped men at Dunkirk were at stake, as they had lost their Air Force and the

Germans continued to destroy all the ships and men. It appeared that only a miracle could save them.

At that crucial period, Churchill had become the prime minister of UK, though he was not favorite of the King, and even his own party members. It was his deepest belief that the nation would fight till the end against Hitler. However, by seeing the advancement of German troops, his party members proposed to have peace talks with Hitler. They threatened to resign from the war cabinet, and to bring a no confidence vote against Churchill.

His party members were threatening. Dunkirk's condition was real and devastating indeed. He asked the USA to help by sending rescue ships and save the men at Dunkirk, but President Roosevelt declined sighting political reasons. What else Churchill could do? Against his deepest belief, he was almost ready to sanction and try the peace negotiation efforts.

However, at that crucial moment, the King came and saw him, and he granted his full support on whatever decisions Churchill made. It was the Moment of Grace; a sign from life, that was needed at that immense hour. The King also suggested him to go to the public seeking their opinion. It was a suggestion for Inversion!

Moved by his unexpected, genuine support, Churchill went into the underground train and met people of his country. He came to understand that all were on his side, echoing his belief to fight till the end, and did not want peace negotiation with Hitler on any terms.

He received that same kind of support from the outer cabinet members. It gave him the confidence, the clear direction he would have to pursue. With that encouragement, he rejected the peace proposal initiatives and he delivered his speech at the Parliament, which was one of the greatest speeches in the history of mankind.

"...We shall defend our island, whatever the cost may be, we shall fight on the beaches, we shall fight on the landing grounds, we shall fight in the fields and in the streets, we shall fight in the hills; we shall never surrender..."

He himself had aligned with the Cosmic Plan subconsciously. By embracing the spiritual determinants in total, i.e. in the form of Courage and Faith, he was able to make life respond: He ordered to bring back the troops at Dunkirk by using civilian boats. He was hoping that he could save about 10% of the people at Dunkirk.

At that synchronous moment, it was the Divine's plan to create the famed mist at Dunkirk, so the German fighters could not see and attack on them. As a result, almost all 300,000 men of British forces were rescued by civilian boats under operation Dynamo; more than 10 times what Churchill had thought earlier.

The British never surrendered to Hitler afterwards.

(SM)

Honesty Power Evokes Deliciousness

Last week I had a strange life response.

I bought some fruits to my kids and her friends.

First a lady was weighing the fruits and then a young man came and continued to weigh them. And finally he started calculating the total cost of the fruits.

While doing so, he calculated less weight to one item. The lady who weighed those items also did not find the mistake. But I said that he calculated less weight, than we bought. And then I gave the correct amount to them.

After eating the fruits, my kid said that the orange we bought in that shop tasted exactly like mango. I think this as The Mother's Grace and a strange Response from life. (Devi Mirra)

RP Comment: Higher levels of Truth (including honesty) is a spiritual-like value that attracts good fortune - in forms such as breakthrough success and material satisfaction.

Wi-Fi Incident: Getting in Touch with, Giving Attention to Technology

Nowadays, network problem has become very common. Today I was as usual using my phone with WiFi. Suddenly there was no net connection. But when I looked at the modem, there was no problem in it. So I thought there may be a problem with my phone, and so I rebooted my phone. After that, WiFi worked properly.

Again in the evening, network connection didn't work. This time, rebooting my phone didn't help me.

So I looked at the modem and made a call from landline phone [which doesn't use WiFi]. What a surprise, Wi-Fi connection became alright!

So I thought that these things which we use daily, require our attention at times. So instead of just getting stress and blaming the network we can give attention and seek Mother's Grace to solve even smaller problems in our life. (Devi Mirra)

Comment by RP: The technology is conscious, and becomes outwardly conscious to us when we bring a higher consciousness to them. Yes, we get in touch with that by giving them greater Attention.

Also, when they are working fine we can inwardly offer our Gratitude to them, which will keep them working all the time, without interruption.

To Be Titled

Life seeks greater Harmony, - it is the Divine intent, - though it often comes about through Disharmony.

To Be Titled

Karmayogi says that the greatest power of Knowledge is Ignorance. I.e. it is the fastest means of bringing Truth about.

To Be Titled

No matter where the world wanders in these dark pseudo populist, dictatorial, oligarchic times, it must deal with the vast inequality, low wage, massive poverty, et al. in society. The Peoples of the world will demand it, as "Rising Expectations" continue to accelerate.

To Be Titled

The more you hold it inside and don't Complain, the more you tend to attract what you want or wanted, sooner or later. It's a form of "Silent Will."

To Be Titled

The Conscious tend to think critically and thus always question their motives, their facts, their logic and their conclusions. The Unconscious who negatively wield Power have the kind of arrogant confidence in the rightness of their cause that is only possessed by the truly ignorant. (paraphrase of TM)

To Be Titled

It is difficult to hold back one's Opinions; but the Conscious individual regularly does so. The reward is that Life continually takes to your points of view.

To Be Titled

Keep your attention, your mind focused on those things of higher consciousness, rather than the low or superficial. That will keep you in tune with, will attract conditions of a Higher Order from life.

To Be Titled

You wouldn't expect it, but unnecessary silliness for the conscious individual quickly attracts errors, misunderstandings, and the like.

Future Body of the Supramental Being

- In the evolution men and women are progressively becoming like one another.
- Mother says the supramental being would be sexless.
- She even became that herself several times in several startling subtle experiences.
- All current systems of the body - circulation, breathing, digestion, procreation et al - would be replaced with centers of consciousness.
- This personality would live as long as it wants.

Resolution of Phone Problem through Silence and Attention

Today I had Android phone problem. I just did 15 minutes meditation (thoughtless state) and again I tried my phone, with carefulness and greater attention. What a surprise, within a second my phone started working and my urgent transaction finished within a minute!

All are happy with this at home.

Silent will is very powerful.

(Sundari Sankar)

To Be Titled

The physical consciousness, including its habits and routines, doesn't want to change; only wants to keep repeating. So you have to take charge, do things freshly, differently; and as a result life will quickly reward you, often in the most unexpected ways.

To Be Titled

Aspiration is the source of all accomplishment in life. If there is Aspiration, the will, the power, and the knowledge will come to achieve.

To Be Titled

Nothing is impossible for the Divine when it wants to act. No law of life can restrain it; be a barrier to Its Intent.

To Be Titled

Our Aspiration to achieve is limited because our consciousness is limited in perceiving and believing in the infinite possibilities around us.

To Be Titled

Aspiring for the success of others qualifies you to receive the bounties of life. Otherwise, you are focused on yourself, which is ego, which qualifies you for nothing.

To Be Titled

Aspiration that originates in the Psychic Being that calls to Mother, the Supramental power, has ultimate effect.

To Be Titled

Each devotee can aspire to make \$100,000/100 Lak per year, and accomplish that goal through Mother's /Appa's methods. Not for the sake of the Ego, but for an Adventure of Consciousness and Joy. For deep personal and spiritual growth.

Hourly Consecration Approach

Q: How to do Hourly Consecration?

A: My approach is-

At exactly (eg) 6:00 pm on the dot you remember Mother or move your attention to the Force while offering the problem or opportunity, then think/feel "thy will be done"; altogether for a few minutes. Do this for each waking hour. What is key is the intensity.

Supramental Perception of Subtle Signs

Subtle signs are constantly presenting themselves, indicating what we should be aware of, what we should or shouldn't be doing, and so forth.

Unfortunately, 95% of the subtle signs are missed by the average person. Even the considerably conscious person perceives only a very few in the course of the day.

As you develop your inner self, and see the correspondence between things, that percent rapidly rises. The Supramentalized individual is one who is in total harmony with his environment, and thus perceives these subtle and not so subtle indicators all the time. As a result, all his reactions are in the right direction. From within he is able to become master of the outer life.

Life Repeats Devastatingly in Current Affairs

George Bush Jr failed in so many of his earlier business and related ventures, and a few months from the end of his 2nd term as president the severe global Financial Crisis occurred, a direct correspondence to his consciousness. (i.e. the unbridled capitalistic financial speculation, which he advocated.)

There is a life principle that you get one chance to learn from a calamity. If you don't, the new iteration is far worse. (think WWII, after WWI)

Which brings us to Trump, with the same or worse propensities, and the potential for unprecedented devastation.

Ongoing Startling Soul Experience

I am increasingly shifting back and forth between the experience of my normal "Roy self and being," and a Something that is behind or observing it. It is an astonishing yet sometimes very disorienting experience that I have been having for 10 years, and has been accelerating recently. Often one is caught between the two, and one does not know who one is.

Still it is utterly amazing; extremely unusual. And through Mother I am able to control it if it gets out of hand. I believe It is a soul, psychic being phenomenon. Something Transformational.

On Opposition in Creation Process

Opposition is the basic input in the process of creation. Overcoming the opposition and bringing harmony in consciousness is the process of evolution. Other man's point of view, Transformation and consecration are aiming to bring that harmony in consciousness. (Nedumaran Ramakrishnan)

To Be Titled

You can't run away from the problems you are having by going outside - i.e. socializing, watching tv and movies, taking drugs and alcohol, overeating, engaging in sex, and other diversions. - but rather by going inside, and discovering there the levers of real change.

To Be Titled

Often we get overwhelmed by life. This is an indicator and opportunity to densify our relationship with the Divine; by remembering Mother (consecrating) more often - i.e. in the small details of our daily lives.

To Be Titled

In the Sunlit Path we offer everything (problems opportunities, activities, our very lives) to Mother as life unfolds. It's simple really. But it requires real Faith. I.e. transferring our hopes, wants, expectations to Faith in what She will bring.

To Be Titled

Living happily, steadily in the chaos, randomness, unpredictability, - what we seem to have little control of - is a yogic poise.

To Be Titled

The Soviet system would likely never have come about if the West had not meddled in their Revolution. And Putin would likely never have come about if the West hadn't ignored the Russians, relegating them to second hand citizens after the end of the Cold War. Add the lack of Democratic tradition in Russia, and you have these two negative outcomes.

To Be Titled

India can increasingly serve as a positive counterbalance - to EU, USA, China, Russia frictions - in the rapidly emerging multi-polar world.

Sri Karmayogi - Ultimate Visionary

The only True Visionary I know of in the world is Sri Karmayogi, who is perhaps hundreds of years ahead of all other visionaries (in a vast array of fields), and much more than that beyond the common man.

To Be Titled

Mother communicated often with Sri Aurobindo after His passing, who was/is fully engaged in activities. Similarly, we are increasingly communicate with Mother, whose Force has greatly intensified since She left the material plane.

Mother and the Church

Mother for years tried to inwardly and outwardly change the Church, which She felt was holding back society. If it could change, then it would be a great release and support for a new consciousness. If you read Her Agenda, She discusses many of these inner and outer initiatives (in the 1960s and 70s) to change the underlying beliefs of the Vatican (especially), as well as other church leaders.

To Be Titled

Sri Aurobindo worked to organize and densify the Supramental power for the earth before and after He left in 1950. Then in 1956, Mother, in a vision, wielded a golden hammer that set loose the Supermind to pour down on the earth, fulfilling Sri Aurobindo's cosmic efforts. That power is now available to each of us to Transform life.

Radical Perfection and Change

The public and their business leaders scorn the idea of perfection, as it appears to stifle innovation and change. But that is not the Perfection we advocate, which embraces Uncertainty and other forms of Radical Change as part of that effort to Perfect.

Perfection is therefore not just to do everything exactly right, but to also embrace change perfectly from moment to moment.

--

and let's not forget perfection of organization, attitudes, values, etc.

To Be Titled

Intuition is to be in touch with the Inner Voice that is itself in touch with the Superconscious.

To Be Titled

What greatly changes the world is following the Process of Creation, plus practicing the powerful Spiritual Qualities and Methods at our disposal.

Sri Aurobindo's Intent and Will is flowing through us, and we are beginning to perceive it in one another. Life Responding on the outside is proof it is not an illusion.

To Be Titled

One must give everything of one's self, and then when one has exhausted the last drop of energy, one must Let Go. At that point, Life takes over, as positive response comes quickly from a variety of directions. It works the same in any field - whether, science, art, athletics, business, education, governance, or other.

To Be Titled

Willingness to shed the routine, doing the same thing over and over, avoiding what you fear, and instead journeying into and embracing the Unknown is key to attracting the next set of positive conditions in your life.

To Be Titled

Experiencing Failure is a way to come to Know what you don't know, and is therefore part of the Journey.

To Be Titled

Intuition enables one to integrally connect with one's past, present, and future at once.

To Be Titled

Discover one's soul, psychic being, and one then tends to perceive the same in others. Harmony and Oneness is the result. It is a great yogic achievement. It can even be done by the businessperson! Maybe he should take it up before others!

To Be Titled

The noise of the external world is muting the voice of the Inner World. (Malidoma Some)

To Be Titled

Key to developing our consciousness is to see the world inside-out, instead of the opposite.

Indian Limits to Success

Here is my paraphrase of Karmayogi's list of negatives of Indians that hold them back from achieving success in life, as presented in Spiritual Opulence and elsewhere:

- dishonesty
- corruption
- laziness
- rather meditate or do nothing than act
- lack of motivation
- lack of independent thinking
- lack of individuality

- conformity
- not perceiving the power of Indian thought in relation to success
- not taking advantage of Indian intuitive capacity.
- not perceiving India's potential
- lack of education
- lack of organization
- acute Ignorance in life
- caste, stifling of women, et al
- non-circulation, hoarding of jewelry, other wealth
- obsession with temple attendance and gods, not the wider spirit available
- not perceiving that the infinite can arise from the finite
- not seeing they have access to supramental power that brings instantaneous luck into one's life
- poor attitudes towards others, work, and life

Of course things are really beginning to change for the better since Karmayogi wrote 'Spiritual Opulence'. And there are new problems that have now arisen. Perhaps others might perceive the newer ones more than myself.

Eg materialism (like the West), selfishness, missing core set of personal values, etc.

One Sentence for Practicing Life Response

I am sharing my experience. It is very simple.

Example.

--"Practice silence one day"... It is at PHYSICAL level.

--Next day practice silence for one more day in VITAL level.... Do not get angry.

--Third day practice silence in MENTAL level... Thought-less state

--Fourth day, by adding them one by one, I was in a state of ease....ease means soul conscious

Really, the whole week I was very happy.

I heard good news.

I earned very good name during my PhD viva test.

So many things happened. (Sundari)

(later added by Sundari)

I just did 15 minutes meditation (thoughtless state) and again I tried my phone, carefully and with greater attention. What a surprise, within a second my phone started working, and my urgent transaction finished within a minute.

All are happy with this at home.

Silent will is very powerful.

Comment: Nice experiment to evoke life response among the ascending planes, that succeeded royally.

Reader: Can you please elaborate on Silence at vital level. Also silence in mental level is very difficult to attain-thoughtless state by even who are very advanced spiritually.

Response: Silence at vital level includes not reacting to the intensities of others; instead remaining calm and still. Also not reacting emotionally to bad news, others condemnation, etc. It is also not getting caught up in our desires, needs, wants.

At the mental level we can increasingly reduce thinking by controlling the mind's restless and needless thinking, and begin to open to intuition where knowledge comes on its own into our mind without the churning of thought. Also practicing silent will, consecration, meditation,

moving to inner poise instead of the surface, etc. can all reduce thinking. The mind thus slowly moves toward silence. Only for a very rare few does it all happen at once.

Beyond Rationality

Humans are considerably more rational than they were 200, 100, or even 50 years ago. This is due in large part to education. However rationality is not enough to meet ever-intensifying life conditions. Deeper Insights about the nature of existence must follow.

On Global Trade

-Global Trade and automation are great things, especially if we keep an eye on those who are left behind. If we don't (and we haven't), upheaval will follow.

-Trumps anti-global view (especially trade) helps point out how precious global cooperation is key to the progress of society. Without his recoil, we might not fully appreciate its role in the world. The Darkness serves the Light.

-Successful global trade and unregulated laissez-faire capitalism are longer-term incompatible.

(TM) Up to now, the global economy has followed the model of laissez faire capitalism: The strong and the rich get stronger and richer while the great middle struggles to avoid losing ground and the bottom third falls further and further behind, stuck in a virtual debtor's prison.

(RP) Yes. And it can't go on that way any longer.

-Global trade, despite its flaws, has fostered a lot of good will among nations over the years. We see this in many places, especially in Asia.

-Global trade is a further step toward human unity.

-Full economic, social, cultural and spiritual integration are further stages for the future.

To Be Titled

To solve a problem at the current level, go to a higher or deeper level.

To Be Titled

Taking the other person's viewpoint is the supramental view, as it opens one's consciousness to all sides, which is the way Supermind perceives existence.

To Be Titled

Interestingly, when you stop railing against another's Evil, that Darkness tends to start dissipating.

To Be Titled

If you want to overcome the problems you have with your children, first recognize the same or similar issues in yourself.

To Be Titled

Only the cooperation and collaboration of nations can save the world of its problems.

To Be Titled

Individual fulfillment and harmony of purpose are twin goals of creation.

To Be Titled

The power of positive thinking is its ability to attract good fortune, engendering great success.
Reader: Is the power of positive thinking really valid if one adopts consecration as a practice

Response: Consecration normally contains positive thinking, since we seek positive outcomes through it, and because we have some degree of Faith in the outcome; what Mother/the Divine gives.

We could thus say that the greater the Faith, the more positive is our thinking in relation to the consecrated act.

To Be Titled

Our conception of God determines His power

To Be Titled

Upon awakening do we merely engage in our normal routines, or do we consecrate the day, offering our deepest Aspirations to the Higher Power.

To Be Titled

The great, vastly expanding companies and organizations of the present were in touch with the Future in the their past.

To Be Titled

Being in touch with the Future is key to success in the present - whether organization or individual.

To Be Titled

Regressive forces are those desiring to bring back, invigorate a past that no longer has any relevance.

To Be Titled

Nothing good can come out of an evil man other than through positive reaction to his negatives. Eg Israel would never exist were it not for Hitler. Nor the UN, the EU, the end of colonialism, the ascent of America, etc. (paraphrase of Tony)

To Be Titled

When Mind refuses to accept the truth, Nature creates situations of emotional distress and even physical suffering to prove its point.

To Be Titled

When there is fear, worry, doubt, put all of your faith in Mother. Things will work out as it should.

Supramentalized Knowledge/Skill of a Subject/Capacity

As knowledge in the world expanded exponentially there was a movement to create categorizations of topics. Same with skills and the need for specialization. The world we see around us is like that.

However, now Knowledge and skill specialization has become so compartmentalized and isolated from the integral truth of that subject or work that it misses its true potential. As a result, now there is a vast need for cross-pollination of disciplines of knowledge and skill. That way the individual gets a holistic view of things. Eg the sociologist needs certain economics and psychology knowledge. The same for every other knowledge or skill.

And when he garners the cross-pollinated integral whole, details, and essence of a subject or skill, he gains the supramental view of thing, as well as an enormous capacity to bring about

startling developments in any field. Also, life responds dramatically in the positive to that integral, cross-pollinated supramentalization.

This then becomes an ultimate challenge for education; to develop students with such extraordinary abilities

To Be Titled

The best remedy (I mean the easiest) for me, is: what You will – what You will, in all sincerity. In all sincerity. And then – then understanding comes. Then you understand. But you don't understand mentally, not here (Mother touches her head).

(The Mother, from Agenda, April 12, 1972)

To Be Titled

The Supramental view acknowledges the role ignorance, falsehood, and evil play in the Evolution.

Psychic Being Replaces Ego in the Evolution

Ego is the obstruction. Ego was necessary to shape humanity, but we are now preparing the way for a superhumanity, a supra- humanity. The job of the ego is over – it did its job well, now it must disappear.

And it is the psychic being, the Divine's representative in man, that will stay on and pass into the next species.

So we must learn to gather all our being around the psychic. Those who wish to pass to the supra-humanity must get rid of the ego and concentrate themselves around the psychic being.

(The Mother, from Agenda, April 12, 1972)

Not Divine "Will," But Divine's "Way of Being"

And for everything, everything, all problems, do like this (Mother opens her hands): what You will, Lord, what You will....

I know – I say "will," but it's neither a vision nor the will of the Divine, it's ... His way of being. A particular way of being – successive ways of being. We always think of a "conscious will," but it isn't like that: it's His way of being. The way of being of His consciousness.

He has projected His consciousness into a creation: it's His way of being. And it's His way of being that changes.

(The Mother, from Agenda, April 15, 1972)

Conscious Eating

- Consecrate the activity to the Divine/the Mother
- Concentrate on the meal at hand, putting aside other matters
- Avoid speaking if you can
- Empty the mind of thoughts
- Focus on the food
- Observe yourself eating
- Savor the food, but without attachment
- Eat slowly, carefully
- At the end feel fulfilled, immersed in silence and satisfaction

To Be Titled

Evolution is the journey from separative, divided consciousness to Oneness.

To Be Titled

The Supramental has descended from the spiritual to the mental to the vital and now to the subtle physical plane. The last step is to bring it into the full material plane. It will be the means of material transformation, including willed immortality of individuals. That became Mother's mission in Her later years, as captured in Agenda.

Go Within Rather than Outside to Accomplish a Work

Instead of going outside to organize a work, e.g. by planning, strategizing, connecting with others, et al; instead go WITHIN, where you will see that the work is organized at a Higher Level.

And if we go within to connect with the work, are in touch with that higher level, we gain enormous power over life, including its results.

In essence, when the ego doesn't act, when the mind, or the vital, or the physical doesn't act on the surface, something HIGHER acts and organizes life for success. We can say that it is Mother who is acting, taking over and bringing about an integral response.

It turns out that going Inside to accomplish a work, instead of on the surface is a spiritual challenge given to us by Sri Karmayogi.

To Be Titled

When you go within, instead of going out to take initiative, the Force descends and starts acting.

To Be Titled

When you withdraw from the surface, the ego, the mind, the initiative, and all, and go deep within, the consciousness in turn rises; ascending towards the Light like a ray returning to the sun.

To Be Titled

Refraining from unnecessary silliness instantly attracts the positive. The inverse is also true.

To Be Titled

Old way: thinking to garner knowledge. New way: NOT thinking to gain it.

Comment: ... through Silent Mind (rational thought steeped in silence), Illumination (perceive a knowledge in a flash), Intuition (knowledge entering mind without thought), and Supramental Perception (integral truth and knowledge appears in one's "mind" without thought; with equal power for its full realization, manifestation in life).

Move Life from Within when Opportunity Comes

When an opportunity comes, our normal reaction is to go into a state of action on the outside. Instead, we should go INSIDE, where we will perceive the organization of our consciousness relative to the matter, which we can then raise to a higher level, enabling us to quickly and powerfully move the outer life from Within.

To Be Titled

have to go beyond the THOUGHT of the Knowledge we have been given to the EXPERIENCE of it. That is ten or a hundred times more powerful.

To Be Titled

We should try to earn a 100 crore or more. Not just for our own sale, but for the world. I.e. to help bring society forward in consciousness through best utilization of these funds. It is part of our universal mission on earth, beyond our Individual quest.

To Be Titled

When we give up our limitation and smallness, including our egoistic self-concern, and widen ourselves to the Universal, we meet there the infinite Divine, in Its omnipotence and omniscience.

To Be Titled

We devotees are transitional beings, between the human and the Supramental; to a lesser or greater degree.

To Be Titled

World economic problems can only be solved by greater cooperation among the nations.

To Be Titled

The current very negative Trade Wars may help shock the world into deeper, fairer, and more just cooperation; leaving no man behind.

To Be Titled

Mind as we know it no longer exists in the experience of Supramental Perception. A new formation, instrument of cognition is enabled. Sri Aurobindo called it Supermind.

To Be Titled

Asian people discovered the Americas 20,000 years ago.

Demise of Communism, Capitalism

In the early 1970s the Mother said Communism and Capitalism would both soon crumble. When the Soviet system collapsed in 1989 everyone Was astonished, but not Mother and a number of Her followers. Same now for Capitalism.

Only a Human-centric economic and social system can work for the emerging needs of society, not a Money-centered one as we have now, which is the source for so much strife in the world.

To Be Titled

The Divine in collaboration with Nature have an Intention for the world which only a few can perceive. Through the Play of Forces - both harmonic and their opposite - the Divine Intention is being realized in the world.

The Dominant Urge, Wave of the Times; And the Coming Spiritual Individual

Religion, race, and language often become a bone of contention. The Crusades were fought over a sacred religious spot. There is a lot of truth in those forces. But there is always an overriding factor. In each period MAN is after something -- survival, territorial integrity, living standards, patriotism, honour of the sacred soil, etc. That is the God of that period. All the other things are lip service. Capitalism, socialism, communism are beside the point for the masses, if the God of that period is not honoured.

Russia stood for communism. The popular idea was America swore by capitalism. Abolish the visa requirements and allow free immigration as the US did in the 16th and 17th centuries, and regardless of 'isms', populations would move towards a land of prosperity in a great exodus.

Rising standard of living was the God of the 20th century and it will be so until Asia and Africa become prosperous.

Ramanujam refused to go to Cambridge in the twenties, as he was an orthodox Brahmin and crossing the ocean was impermissible to his orthodoxy. It is true the religious scruple is a block, but only up to a point. When that point of tolerance is crossed, MAN is carried on the wave of the period.

In a period of patriotic fervour, MONEY will lose its lure. There are times when Man is willing to die for his religion or to defend his nation. It is true. A greater truth is the dominant wave of the century or the period or the age. It is something that compels. Man's dominant urges find themselves subservient to that cause.

The twentieth century witnessed a phenomenal rise in the standard of living all over the world. Today India is at \$500 while the USA was at \$750 in the thirties and from there she has now crossed \$30,000. No more is Man bound by isms, religions, national pride, etc. He wants to raise his standard. When the Soviet Union asked for 6000 skilled workers, from the USA alone 100,000 volunteered to come in the 1920s. The cause of a period is called the evolutionary tide. Nothing can stem that tide while it is on the ascendant.

It is my personal view that the 21st century will espouse another greater cause. It will not be a cause of patriotism, honour, religion, race or anything that has actuated Man up until now. It will be the cause of the emerging Spiritual Individual. He will value his freedom, his own personal views, his own prerogative to protect his individuality. It is not social individualism or psychological independence, but the INDIVIDUALITY of his Spiritual Being.

(Karmayogi)

To Be Titled

If you need work and are offered a small paying job, and instead of being disappointed and unwilling, you accept it, then before you even go on the job, a much larger opportunity will tend to come your way. In other words, shifting from unwillingness to acceptance, - no matter how small a matter, - opens up wider possibilities; i.e. the infinite potentials of life.

To Be Titled

"One good turn deserves another" is the law of karma, is Life Response, i.e. onset of sudden good fortune, from out of the blue.

Karmayogi - Multi-Faceted, Integral Genius

Karmayogi explains society better than the greatest social scientist; history better than the greatest historian; economics better than the greatest economist; business leadership better than the greatest business leader; education better than the greatest educator; psychology better than the greatest psychologist; and spirituality better than the greatest living guru. All in the same one person. Sri Karmayogi: The great, unprecedented, unrivaled, multi-dimensional integral genius in the world.

To Be Titled

Sri Aurobindo said that one man can change the world. (e.g. like Martin Luther, Leonardo da Vinci, Albert Einstein, Steve Jobs, et al.) Then what can you do in your life to make that happen?

(please enter in Comments)

Consciousness-Based Thoughts on the US Civil War and Beyond

Freedom and Unity are the highest of values. In fact, they are spiritual in essence; deriving from the Supreme.

Lincoln believed in and applied them both to secure victory for the North, against the South who hoped to maintain human slavery of Black Africans.

To arrive at the spiritual values of Freedom and Unity, the opposite presented itself: Slavery (no freedom) and Division (conflict, between the North and South).

It turns out that the application of the two spiritual values by Lincoln and his followers were able to overcome the contradictions.

Those who were selfish, like some of North's generals, needed to be replaced to make those values real in the world. To that end, Lincoln exercised bold and profound Leadership.

The Aspiration for application of these values can be thought of as Supramental in intent, and therefore had inner and outer power to win the day. Not only as a guiding ideal, but also its propensity to manifest as real in the world; in the form of the victory of the North. (Supermind has integral knowledge and truth, as well as and urge for manifestation as real.)

As a result, of the victory of the North, vast energies were released for the good; as it royally lifting up the economy. It began a decades-long boom; unprecedented in the nation's history.

Let's look in an entirely different direction.

Karmayogi indicated that the Black problem in America came about (and exists till this day) because of the settlers and army of the country wiped out millions of the Native people through violence and passed-on disease. I.e. the Civil War and the conflict over the status of Blacks in the modern world was a negative life response to vast abuse of the native peoples.

Let's take it in another direction still.

America is still guns-obsessed, leading to a multitude of tragedies; that even schoolchildren have been compelled to rally against. Guns, like slavery and the holocaust against the Native people, are all of the same order. Attributes of what we may call a low "physical consciousness."

We can take it further still.

I believe income inequality is a product of such low physical consciousness. I.e. accumulation of wealth in the hands of the few, devoid of fairness. That said, then if the US reverses those negative ways, wealth will spread in diverse ways throughout the land, and its bounty will go out to all segments of the people.

(thanks to SM's original article on the subject 'Ultimate Determinants of the US Civil War' that inspired my thoughts here)

Ultimate Determinants in the US Civil War

What was the determinant in abolishing slavery and the end of American Civil war?

[Paraphrase of Garry Jacobs' 'The Life Divine' lectures by SM]

150 years ago, in 1861, shortly after Abraham Lincoln became the President of United States, a war was waged to determine whether the country as of today would exist as One or that would be broken into independent states/countries. The North (Union) and the Southern (Confederate) States fought each other and both had opposite views on slavery where Northern states wanted to eradicate but the southern states favored it. If the outcome of the war could have been different, the country USA might not exist as like today.

What determined the outcome of the war?

- Based on the facts, the southern states were winning the war in the early years of the battle.
- General McClellan who was the general of Northern army was not fighting The South as per President's order. He was constantly making excuses that they didn't have enough troops and so forth. It was all due to his selfish reasons as he was aiming to contest for President in future elections and then to make peace negotiations in the future.
- In the late 1862, in one of the crucial battle between General McClellan (Northern Union) and General Robert E Lee (Southern States), McClellan decided to retrieve. Later, the soldiers of Northern states found three cigars wrapped in a paper on the ground. That paper contained in the key information about the battle plan and the number of soldiers information in the Southern army. With that info, the Northern states secured their first victory which was a turning point in the Civil War. So, was it "Chance" the determinant?

- The President, Abraham Lincoln, who perceived that as a sign of God and decided to act on ending slavery and took immense measures to bring the 13th amendment to the Congress for voting in the next 2 years. It was passed in Congress House by a mere margin of two votes.

So was it the chance, or the military and economic power of North, or President Lincoln who was the determinant?

The two things that ultimately determined the outcome of war and abolishing slavery was Freedom and Unity. All the common people who were earnestly seeking for freedom, equality, and wanted to progress in the society determined the final outcome. Freedom and Unity are nothing but the fundamental Spiritual aspects of the Spirit. Perhaps all the above said factors became the instruments to manifest the cosmic plan.

It was interesting to note that the war started after Abraham Lincoln became the President in 1860. It might be due to subconscious understanding of what was going to come in the future and so the reaction forces resisted that on the surface by creating that war.

The movie, "Lincoln" ([https://en.wikipedia.org/wiki/Lincoln_\(film\)](https://en.wikipedia.org/wiki/Lincoln_(film))), beautifully portrays the final four months of President Lincoln's life and how he had succeed in abolishing the slavery and also ending the war. He was so adamant to bring the 13th amendment in place despite of many opposition and he took immense measures to convince some of Democratic members to support that. He wanted that to happen at any cost before the war was concluded and the southern states united. Perhaps he might have perceived sub consciously what was going to come in the future. Within 3 months the amendment was passed in the Congress, he was shot dead in April 15, 1865.

He preserved the Union, abolished slavery, strengthened the federal government, and modernized the economy.

Society & The Individual

[Society's Institutions Support Growth of Individual; while Each Person Develops His Own Individuality and Potential]

In future the best practice of government is to deeply value, care about, and help develop the potential of each individual in society.

The same for the economic system, where the human individual, not money, should become the center of life.

The same for the education system where teachers will not just impart information, but will serve students and their aspirations in life.

And the same for the corporate world, where leaders will do everything they can to bring out the potential of its employees.

Each of these (and other) institutions of society can work to bring out the greatest possibilities for each person on earth.

From the other side, each individual can fully develop his/her own individuality and thus potential, the results of which will not only enable that person's great success and fulfillment, but will also be a great boon to society.

To Be Titled

Too much excitement as a result of winning an account (or a match or any clear success) will often cause it to go elsewhere. Instead, when the agreement comes, be as calm as possible, offering the opportunity to the Higher Power. Now the energies will settle in, and it can be your account, etc. forever.

To Be Titled

Not expressing an Opinion is more powerful than expressing it, as Life cooperates with that verbal restraint.

Past Consecration Attracts Another to Clean

"Good evening,

For 2 days I practiced inner silence and calling to MOTHER and did past consecration, to clean my inner attitude.

(By past two days inner clean work I mean past consecration.)

This past month I tried to clean my veranda room, but I was unable to clean.

Wonderful, within one day all of a sudden my daughter cleaned everything.

Inner and outer life response.

Thanks lot to MSS". (Sundari)

Comment: Past consecration of inner attitude released the positive energies that enabled the aspiration to clean be fulfilled through someone else. The Inner Cleaning attracted the Outer Cleaning Help. (It is likely to have other positive implications as well.)

To Be Titled

Everything is exquisitely interconnected, but we miss it, perceiving only the surface view. However, living deeper within, we progressively perceive it everywhere.

To Be Titled

Sometimes it's what you hold inside, keep close to one's heart and being, and don't share that has the greatest power for inner change and fulfillment.

Synchronicity on the Highway

A fact that expresses Truth tends to attract more of it from Life. This is perhaps the first time I have recognized this fact-related nuance of the life response phenomenon.

I was driving on a highway, accompanied by a friend. I mentioned that as you get older that other cars seem to be driving faster. While it is true that in recent decades highways seem to be having faster drivers, it also seemed true that as you age, others appear to be going faster, though they are not from the perspective of age influence.

A second after I expressed these two facts related to driving speed on the highway, my friend said we just passed an old age home with assisted living. She pointed it out because she caught the synchronicity between my discussions seconds earlier and this fact.

One step further: Supramental consciousness perceives all sides, the essence, and the totality of a matter. When you get close to that multifaceted truth in your thoughts, life vibrates and returns more of it; i.e. the two align facts and information.

As I had examined things from various angles, I felt I had come to a significant insight on the truth of this matter; raising me closer to Supramental perception, thereby enabling the synchronicity to come about

To Be Titled

Material well-being and prosperity is the solid foundation for personal and spiritual growth, development, and transformation

Predecessor Events Indicating Future Outcomes and the Power We Can Have Over Them

One aspect that relates to both the Character of Life and Life Response is the phenomenon of "Predecessor Events." That things occurring in the present indicate things to come in the future.

Eg in the book 'Lady Anna' by Trollope a young woman is on a date with a ruthless cousin. And on their meeting, she trips and does serious damage to her leg. Months later this man and a relative will strive to kill both the woman and her significant other.

As we see small circumstance can indicate future ones; large or small, negative or positive.

To avoid the negative iteration(s), take notice the original negative circumstance as it occurs or just occurred and Consecrate it (offering it to the divine Power). That way the negative iteration in future will NOT occur.

If the negative does come (where consecration was not evoked) and negative repeating consequences followed, one can do "Past Consecration" to overcome the past's influence on the present. Intense contrition when taking to this spiritual-like act will bring greater power and effectivity to the Past Consecration effort.

To Be Titled

Through Life Response phenomenon one makes ultimate use of time, as what would normally take a lengthy duration happens in an instant, creating ultimate efficiency in life. The same for space.

To Be Titled

Youth enjoys dissipation of their vast energies as they are not conscious of the means to positively absorb them. Conscious youngsters are the exceptions.

To Be Titled

The Knowledge that comes through Education absorbs the vast energies of youth for productive use, instead of their normal animalistic propensities. The deeper the knowledge, the greater the energy utilization result. The greater the energy utilization result, the more life cooperates with each act.

To Be Titled

We come in contact with certain people at certain times to further our and their progress and evolution. There is the Divine intention behind. Whether we succeed will depend on how we relate to, react to circumstance.

To Be Titled

Going after life - the clients, the media, et all - to spread the word about Her is not Mother's way. Instead She waits outside your door for a loving yearning of the Inner Flame.

(paraphrase of Sri Karmayogi)

Background Research On Life Response

Life Response is a phenomenon that we have been doing a great deal of research on over the last several years. Actually, my teacher Sri Karmayogi at Mother's Service Society has been examining this phenomenon and explaining it to his followers for over thirty years! He in fact coined the term "life response" many years ago.

In particular, we have discovered the keys that trigger life response. That is, the human behaviors that we can adopt in our lives that will cause life to suddenly, often instantaneously to respond in kind.

The thing that is startling, miraculous-like is that the response can originate from half way around the world; from people you have never known; in areas of life never perceived; and it can happen in the blink of an eye!

Most would call such outcomes as "luck," or shrug it off as mere coincidence. The truth is that life response is just one expression of the secret ways that life is organized at the subtle level of existence; just beyond our normal level of awareness. Just as we are unaware of certain frequencies of sounds and light, we are unaware of the subtle life forces and powers that are occurring in the universe. These forces and powers hidden behind life, form a kind of cosmic organization and backbone on which phenomena like "synchronicity", "simultaneity", "interconnectedness", and Life Response occur.

(from collection 'Conversations' with Roy Posner, 1998-2007)

Predecessor and Successor Outcome in Bottled Water Incident

A man was doing grocery shopping. He saw an item he wanted. It was a bottle of carbonated water, lightly sweetened with fruit flavor. However, to get at the item he had to pass a worker and his cart of products that he was loading onto the shelves. It was blocking the man's way forward to the desired item.

In fact, the person loading the shelf was talking on his cell, oblivious to customers trying to get by. The man, who has seen these correlations many times before, was very hesitant to take the item he desired from the shelf. Still he did take it, though he knew that such things has consequences down the line.

He then completed his grocery shopping and went out to his car. Curious about the taste, he then tried to take a sip from the bottle he purchased, but the item exploded on him, releasing the liquid with all of the fizz.

As he stood there with water all around, he instantly knew that the earlier incident involving the bottle with the shelver/worker was a "predecessor" of the exploding bottle incident (the "successor"). He had seen this subtle life dynamic many times before, but his desire outweighed caution.

He also thought that had he Consecrated the earlier negative event, the follow-up successor event would never have occurred. It was another life lesson to be learned along the way.

To Be Titled

The Psychic Being is the Divinity in ourselves. It is imperishable, existing life to life, birth to rebirth, ad infinitum. Sri Aurobindo asks us to connect to It within to make our existence imperishable, never-ending, infinite, immortal; including our physical existence.

How Can We Change Our Consciousness?

We have to shift from will of the ego and dividing mind to Thy Will by consecration and surrender - from selfishness to self-givingness. (MSS)

To Be Titled

Soul gradually awakens to the divine quest for immortality. (MSS)

To Be Titled

We turn knowledge into power through our psychological Experience. (MSS)

Expressions of Stillness, Beingness that Attract

We know more by silence than by word or thought.

(Don't speak, think; knowledge will come)

We act more powerfully by silent will than overt expression.

(Don't speak out your idea, want, and others will speak it out for you.)

We accomplish more by non-initiative than by ego-initiative.

(Don't initiate, let life initiate for you; then respond to that).

(Based on MSS)

Creation Process

What happens when your vision inspires you

Your mission is clear

You decide to go for it

You meet your resistance

You choose paradox
Your intention is strong
You take in new information
You stay through chaos and creation
You get support
You are congruent
You are in synergy
You choose responsibility
(Unknown)

Ego Reaction to Round of Success or Failure, and Life Response

If the Ego grabs hold of a success, the next round will likely bring failure.

If the Ego is shed when there is failure (eg through contrition, self-awareness, yet without self-pity), the next round will likely bring success.

Non-Expectation Attracts

Often a hoped for result comes about precisely at the point you have forgotten the matter. In these instances, it is what life requires from us to reap its bounty. Another way of saying this is that in such cases life responds at the point of non-expectation. I have experienced it many times, and it is a wonder to behold. Eg longed for checks arrive only when I have forgotten the matter.

To Be Titled

Mother says that in normal life we rush around here and there, only to end in a big crash (psychological, emotional, or physical). Aspiration for higher consciousness and deeper poise and stillness of being are nowhere to be found.

Life Works on Many Fronts Simultaneously

One of the subtle laws of existence that Sri Aurobindo revealed is that Life (otherwise known as Nature or Prakriti) works on many fronts simultaneously.

Take the nearly ruinous elopement episode involving Lydia and Wickham in Pride and Prejudice:

--As a result of this negative situation, Wickham will eventually be tamed, forced to pay his debts, and settle down and marry, all good for uplifting his lower consciousness.

--As a result Darcy takes responsibility for an action that he did not really create as part of an initiative to elevate his character.

--As a result Darcy and Eliza will be married, overcoming their previous pride and prejudice.

--As a result the struggling middle class Bennett family will come into great wealth.

--As a result, three marriages take shape, when the Bennett family were concerned that no one would want to marry their daughters.

--As a result the middle and upper classes will come to work out their differences, as they do in the wake of the elopement, as the wealthy Darcy will marry the middle class Eliza.

Examine any problematic situation, and perceive how its resolution has or would resolve a variety of situations. In this way, we see how Life works on many fronts simultaneously.

Surface vs Deep Consciousness When In Line

When in line for store checkout, the surface consciousness wants the customer ahead to speed up; whereas the Deeper consciousness cares that customer is served well.

To Be Titled

Surface living leads to Ego and Separateness. Living in Depths enables Harmony and Oneness.

To Be Titled

One of my favorite Indian films of recent years is AMAL. It is a story about a man of utter humility and self-givingness; and how life responds as a result. I have watched it several times, and each time I have perceived more of its depth.

Here is the trailer.

<https://www.youtube.com/watch?v=WDk8C2W8mu4>

The actual film is available on YouTube.

To Be Titled

Man is the Infinite with the appearance of the Finite. The Force helps him discover his own infinity. In life, it is material abundance. We can call it "Spiritual Opulence". (Sri Karmayogi)

To Be Titled

A problem is a problem and looms largely only as long as we are inside it. The moment we are able to come out of its structure the problem dissolves. (The Mother)

-thanks to p santhosh

Resolving the Play of He and She

-All is a play of He and She. Of Spirit (purusha) and Nature/life (prakriti).

-He acts through process, through law, through necessity, and fixed rule. She acts through fantasy, caprice, chaos, unpredictability, and chance.

-Our whole life seems to be the experience of combinations of these. Eg we see the Necessity of things happening in our lives (He), but also perceive mere Chance (She) at work. We fail to see the Truth of things; i.e. how these opposites are resolved.

-And yet we can reconcile both by withdrawing from the surface of life and moving to the depths within, culminating in the psychic being, and surrendering to Mother's Supramental Force.

-Through our higher consciousness we continuously perceive the right relation and deeper Truth of things. We reconcile contradictory forces, opposites in our lives; living naturally, harmonically in the play of He and She.

To Be Titled

Nations are lost in their individual problems; trying to solve what is unsolvable on their own. They should realize that it is only through cooperation and harmony with other nations that they can find their salvation.

To Be Titled

Competition turning into Cooperation is a sign of conscious evolution.

Supramental as Integral Truth and Creation Power

Supramental means "Truth Consciousness." One perceives all sides of a matter, each fitting in its right place; the essence of the matter, and its totality. One has everything one needs to know to successfully act, creating ultimate results.

Supramental also contains the urge and will for the Integral knowledge of that matter, that Truth, to manifest as real in the world. Thus Supramental is ultimate Creation power, as it is based on Integral Truth.

Thus the universe came to be through this dual aspect of the Supramental.

It was also infused with cosmic values - like peace, harmony, love, joy, timelessness, and infinity rolling out in creation through the evolutionary process.

Sri Aurobindo thus indicates that "Supermind is the Creator." It is the same as the power of the Mother's Force.

To Be Titled

Virtually all of our daily lives involve what we might call "Surface Living." Rarely in the course of our day we go within, into the Depths of our consciousness. Thus we receive as response a bare minimum of positive results, instead of the infinity that lurks behind all things.

Beyond the Straight Jacket of the Physical Consciousness

The physical consciousness does not want to change. It wants to repeat the same thing over and over, ad infinitum. Repeat the same thoughts, the same feelings, the same physical habits and routine.

It has inherited this unchanging quality from the fixidity and unconsciousness of matter. Most of our lives are governed by it. We are slaves to it.

However at each point where we break out of it, life responds in our favor, which energizes us to no end.

Who would have thought that this capacity to instantly evoke the marvelous is always at our fingertips. When we break out of the straight jacket of the physical consciousness, life quickly Opens Up before us. It is a Wonder to behold!

Perfect Dovetailing of Circumstance

Wouldn't it be marvelous if everything could flow perfectly in the course of your day. It can, to perfect precision if you consecrate the activity beforehand, as well as maintain the highest positive attitude. Life will then cooperate and flow smoothly, perfectly down to the tiniest detail. A profound dovetailing of circumstance will surely follow!

Pleasure in One's Duties

The physical consciousness just wants to do things it deems enjoyable, rather than do one's duties, which it considers humdrum and mundane. Yet duties can become highly energizing when done in the right spirit, right consciousness, - revealing avenue of discovery and pleasure one would not have thought possible.

USA's Greatest & Missing Values

USA greatness is due in large part to it valuing Individuality. In recent years it has begun to falter because it has not valued fairness and equality in the spreading of wealth. To embody TRUE Individuality it will need to adopt these undeveloped harmonic social values. Then She can return to the position of true world leader and influencer.

To Be Titled

Mother could perceive the character of any person just by looking at a photo. Her consciousness is so wide and deep that She could perceive any and all vibrations in their proper proportion. We too can develop that cosmic relational capacity by building an inner life.

To Be Titled

Certain Mother devotees, channeling Her Force through their institution, acted synchronously with Her ending the Cold War.

Theft and Its Inverse Relation to Attention

A landlord owned among other properties of a small isolated coconut garden. For long years he could not harvest the nuts for his use or sale. Before they were fully ripe all of them used to be stolen. This garden is sandwiched between two labour settlements from which it is futile to try to protect the nuts. The landlord used to harvest the nuts before they were ripe and use them as tender coconuts, for purposes of drinking. He was vexed in his attempts to stop pilfering and therefore stopped tending the garden. Recently he took to Mother and there were very happy changes in his general life, business life, life as a landlord except for two aspects of which this was one. To help maintain progress in life and take it to higher levels, it is necessary that at the present plane of activities loopholes such as this need to be plugged.

It was erroneous on his part to have left the garden to itself. He neglected it and the neglect got itself organised. It was suggested to him that he visit the garden for a short while every day for a week. While at the garden it is desirable that he takes a good full look at each tree or at least each row of trees. He must regret having neglected the trees and try to think of the garden and the trees during the course of the day as often as possible. The trees, he was told, would certainly respond to this attention; but if his attention could be genuine interest in their lives as a plant, it is desirable.

Some weeks later he reported that thefts have stopped completely and after a long time he had his first ever harvest! He explained that there were four ring leaders in the area who had been sharing this garden among themselves. One of them was caught in some electric shock and was no longer valid for purposes of nocturnal tree climbing. In the other's locality, civic consciousness made itself felt and in the local panchayat it was decided that no one should indulge in such activities anymore. The other two seemed to have turned a new leaf and felt regret for their past.

The philosophical part of this episode is after all the landlord refused to evince continued interest when it became impossible for him to be properly remunerated by the trees. The pilferers think all day of the trees. The trees have responded to the attention issuing out of the pilferers' mind. When attention in the shape of physical visits, mental thought was coming from the landlord, the trees have readily responded with gratitude. Attention from the landlord is of greater intensity and of higher value as his consciousness is superior to that of the pilferers. In this case the landlord being a devotee, he carries Mother's Consciousness in his thought.

Normally theft in one's property takes place when sleep is indulged in during the day. This incident is illustrative of another dimension to theft.

(Karmayogi)

To Be Titled

People normally speak out information they've heard from others. Rarely does a person have a truly Original thought. This indicates how far society has to travel from its current Ignorance to Integral Knowledge. It almost seems infinite.

To Be Titled

Sri Karmayogi's thinking is a never-ending cascade of Original Thought. No one else on earth comes close.

Complete Act Enabling Perfect Outcomes

Sri Karmayogi has devised 'The Complete Act,' which results in perfect outcomes, including startling Life Response results. It consists of:

- Mental Vision of the activity to be accomplished.
- Vital Will for it to be done.
- Physical Effort to execute it, through right strategies, attitudes, and skills.
- All topped by offering each stage to the Divine, the Mother.

Perfection, and the Infinite breaking out from the current finite are the result.

To Be Titled

Sudden interest in a matter for no particular reason indicates that information is passing through the cosmic ether, passed on by others earlier or just now or in future, and one has caught onto it. This is one explanation of Synchronicity experience.

Comment: Information is like invisible radio waves of many different frequencies; corresponding to different knowledges. Our brain is like the receiver that tunes into a particular frequency of information.

NO!

(words of the rebel who seeks to become a true Individual)

No, I don't want to have a family

No, I don't want to have children

No, I don't want to get married

No, I don't want to be forced to be with that person

No, I don't want a home in the suburbs with a two car garage

No, I don't want to be a doctor or lawyer, or engineer

No, I don't want to be told what to be

No, I don't want to work in a big company

No, I don't want to think about my long-term security

No, I don't want to eat what they want me to eat

No, I don't want to dress like they dress

No, I don't want their materialism

No, I don't want to be educated like they are educated

No, I don't want to live where they want me to live

No, I don't want to be caught up in the consumer economy

No, I don't want to follow my country's dominating religion

No, I don't want to follow any religion

No, I don't want to go to church or temple

No, I don't want to think what others think

No, I don't want to be a patriot

No, I don't want to have allegiance only to my country

No, I don't want the same social views as everyone else

No, I don't want to be part of their social clique

No, I don't want to retire in some comfortable place

No, I don't want to live an ordinary life

No, I don't want what?

What I DO want is to be able to THINK FOR MYSELF Unencumbered by prevailing thought, values, and beliefs. I want to create Good in the world, in my own way, in my own time; by what I am truly inspired by. Not by the prevailing winds. I want to know my purpose, essence, and true self.

I want to turn all of these "Nos" into a resounding YES of INDIVIDUAL CHOICE, BELIEF, AND ACTION

Distancing one's self from self-satisfaction and maintaining a steady Aspiration to improve one's condition is a sign of a growing consciousness.

Comment: One can have it throughout one's life. It can be never-ending.

To Be Titled

Self-satisfaction is a first sign of life atrophy and decay.

To Be Titled

Yearning for, dwelling on nostalgia of youth, with its social, cultural trappings, is an indicator of a life in decline.

Athlete Turns His Career Around by Staying Positive in a Difficult Situation

One thing we have noticed over the years is that if difficult conditions happen to you, and instead of sulking or being down on yourself, you stay positive, life creates opportunities where you can shine.

A professional basketball player with very good ability ran into serious injury problems when he first came into the league. As a result, the team that originally drafted him would not even pay the minimum amount for him to remain on the club.

Yet Instead of being down on himself, he stayed positive. Rather than sulk, he got himself in the best physical condition of his life, and stayed ready to play despite there being little opportunity to do so.

But then soon after, from out of nowhere, he was given a golden opportunity by being selected to perform in the playoffs, where he then shined.

So what took place in this episode?

Life had responded by giving him an opportunity because he remained positive, despite the challenges he was confronted with.

As a result, he completely turned his career around.

To Be Titled

In any situation remain silent in a state of Choiceless Awareness, and just the right way to respond will occur to you as it arises. (paraphrase of Deepak Chopra)

Supramental Existence and the Integral Yoga

The Integral Yoga is what enables us to become Supramental Beings, ushering in a Supramental Life on earth.

The Integral Yoga is to go within, discover the Psychic Being (evolving soul), and from there Surrender to the Divine Mother. Supramental existence follows.

Supramental Existence is one of utter peace, truth consciousness, integral knowledge, harmony and oneness with others and life, ultimate power to achieve, perfect unprecedented outcomes, vast creativity, unfathomable love and delight, timelessness and the infinite breaking out.

To Be Titled

Supermind's Place in the Cosmic Scheme of Things, in Terms of Involution and Evolution.

Supermind can be thought of as an interface between the upper hemisphere of the spirit, and the lower hemisphere of existence in the universe.

Supermind in essence enabled a universe of matter, life, and mind to emerge from a divine source (the Involution); and the universe to be divinized through that same divine source (the Evolution)..

In the Involution, Supermind is that which enables the upper hemisphere of Sat-Chit-Ananda (Being/Existence, Conscious-Force, Delight) to become cosmic mind, and then energy, and then the universe of matter, life, and mind.

In the Evolution, Supermind is the power we can open up to that enables the spirit, the supramental force, the divine Mother to divinizes all material, vital, and mental existence, enabling a divine life on earth. (Now existence in the universe - as matter, life, and mind - is re-melded with Sat-Chit-Ananda.)

To Be Titled

Nostalgia for the past indicates that forward movement is lacking, and therefore the end is approaching. Instead, it is best to be forward-looking, aspirational. It keeps one young at heart, with the possibility of an unexpected round of important achievement still to come.

To Be Titled

Not being punctual, on time is an ego movement of subconscious obliviousness or disrespect that tends to put others in an uncomfortable position.

Law of Contrasts

One variation of the principle that contradictions, - eg conflictive entities, - are really complements in disguise, is the Law of Contrasts. That without the negative, the positive cannot be fully appreciated. Eg without suffering, one cannot fully appreciate well-being. Without hate, one cannot fully appreciate love. Without unhappiness, misery, et al, one cannot fully appreciate happiness/joy. And so forth.

This also explains why the Divine Reality allowed for infinite variations of the positive and the negative. So there can be contrast, and therefore the full appreciation, expression, and embodiment of the Positive forces.

To Be Titled

By refraining from trying to change those you want to change, you create better conditions for them to change.

To Be Titled

I have made it a habit to always do this (gesture of abandonment to the Light). When a problem comes up, I offer it to the Lord and then leave it. And the moment the solution is required, it comes – it comes in facts, in deeds, in movements.

(the Mother, from Agenda, July 18, 1961)

The Fridge and the Veranda

(bi-directional cleanliness response)

One way life responds to one's shift in consciousness is by a decision to engage in a similar action by another person..

For example, one man from USA recently got down on his hands and knees to thoroughly clean his refrigerator, and suddenly unsolicited received a message from a friend in India who reported that she has worked out a progressive scheme to clean, make orderly, and consecrate her veranda.

Note that the response was simultaneously in the other direction as well, as the lady engaged in cleaning the veranda was happily surprised about the man's synchronous cleaning of his fridge.

Thus we see that a higher consciousness vibration can not only evoke a similar action by another, but the awareness of the fact can occur synchronously in both directions.

Vastly Underutilized Capital Flow in the World

The world now possesses all the capabilities needed to eradicate poverty and provide for the minimum needs and aspirations of every human being on earth. According to McKinsey, global financial assets rose from \$12 trillion in 1980 to exceed \$225 trillion in 2012, and they are projected to reach \$370 trillion by 2020 (Lund et al., 2013; Economic Times, 2011).

Yet only about 20% of these resources are actually involved in supporting the real economy that produces the goods, services and employment opportunities needed to provide economic security and welfare to human beings. The rest of these assets are circling the globe in search of speculative returns, destabilizing financial markets, drawing off funds from investment in

productive assets, lowering economic growth and employment generation, widening inequalities, compelling countries to build up huge currency reserves, and rewarding behaviors that promote greater inequality, social unrest and instability.

The single act of modifying tax policies to encourage investments in the real economy could radically alter the global economic outlook for individuals, nations and humanity. (Garry Jacobs, chairman of the World Academy)

New Economic Theory

Economic theory shapes society by shaping understandings, policies and beliefs about what is possible. It also provides justifications for economic arrangements. It is still difficult to conceive of what precisely should be the shape of new economic theory, but some of its essential characteristics can be identified:

1. Economics should be goal-oriented. It must shed the poise of ivory tower scientific objectivity and accept responsibility for the wider social and political consequences of economic activity. Its validity should be judged based on its efficacy in improving human welfare.
2. Economics should recognize the true value of human beings as the most precious and perishable of all resources and the source of all creativity and innovation. It should seek to maximize the development of human capacities both for their contribution to human welfare and to our sense of fulfilment as productive human beings.
3. Economics needs to replace the implicit values of current theory, which often favour specific classes and activities in the guise of freedom and impartiality, with explicit affirmation of values that promote the equitable development of all human beings. Among these, the implicit power exercised by money over public policies and the distribution of benefits in democratic society needs to be fully exposed.
4. New theory needs to re-evaluate existing concepts of value in the context of the knowledge-based service economy in which utilization is an essential determinant of value.
5. New theory must integrate economy with all other fields of social life. It must break down the arbitrary divisions that presently divide the social sciences and replace the concept of externalities with a growing awareness of the complex nexus of political, legal, commercial, organizational, technological, social, cultural and psychological factors that determine economic performance and results.
6. New theory needs to be based on measures of value that more truly reflect the real and sustainable contribution of human activity to human welfare and well-being. It should also adopt measures of wealth that reflect the true contribution of activities to wealth generation and the net loss of wealth resulting from depletion and pollution of the natural environment.
7. New theory should broaden notions of wealth and well-being to incorporate the large non-monetarized sector, which is ignored by present theory but plays such a central role in determining our real freedom, comfort, social security, human relations and the quality of life.
8. New theory should abandon the mechanistic, reductionist view of economy as a machine and replace it with a conception of economy as a complex, living and continuously evolving social network of human relationships capable of endless development and enrichment.
9. New theory needs to re-examine the concepts of certainty and finite limitation implicit in prevailing theory. It needs to recognize the central quest of human beings for security, the inherent limits to certainty in a rapidly evolving society, and the relationship between uncertainty and creativity which is the source of continuous innovation and potentially unlimited human development.

(Garry Jacobs, chairman of World Academy)

“What Should I Do with My Life?”

If one doesn't know, how can we discover what to do with our lives?

First of all, look around for subtle signs; for life indicators. They are always there, pointing toward future possibilities.

If that doesn't work for you, intensely ask the universe (or the divine, if you are so inclined) to reveal its Secret to you. And then let it all go; forgetting the matter completely. Be sure to have Faith in whatever is to come; not just what you may want.

Also, maintain a positive attitude; be cheerful and optimistic. Be sure to brush aside any negative feelings about others, work, life, and yourself.

Soon after life will begin to reveal the path it has laid out for you. It may come from outside or from within yourself. One way or another, Life will respond to your aspiration.

If opportunities come into your field of awareness, by all means take them seriously; and as necessary seize them.

Be open to all possibilities, for it is the Hour of the Unexpected.

Levels of Spiritual Realization

Sri Aurobindo indicates that greater than an ordinary, non-believing individual is a religious person who has a minimum degree of inner life, but also tends to merely follow ritual and dogma.

Greater than the religious individual is the spiritual philosopher who seeks to understand the truth even though the actual experience of the spirit is beyond him.

And greater than the spiritual philosopher is the occultist who tried to get in touch with the spirit, or at least gain certain powers through supra-normal means.

And greater than the occultist is the spiritual practitioner (like the yogi or rishi) who makes the effort to connect with the supreme or the inner soul on the way to become a realized being in the world.

Most people lie somewhere between an ordinary, non-believing person and a limited religious follower, indicating how far we have to travel on the road to spiritual realization.

Our Children's Education

We should want our children to be educated so they can grow as a person, become knowledgeable and fulfilled individuals; not merely so they can earn.

Against the background of this film from India (Salt Mango Tree), we can begin to understand our fanaticism for our child's education taken in the wrong direction. Let them become who they are meant to become, without obsession and interference, is an important message.

Method of Supramentalization

When you shift from the surface consciousness to the depths within, and from there surrender to the supramental power (and its intent, will, knowledge, etc.), you begin to become supramentalized. (many-sided truth knowledge, harmony and oneness with others and life, soul to soul connection, elimination of the negatives in the world, physical transformation/willed immortality, etc.)

So that can be our objective. When we do that, we will experience all the qualities listed above, and then some. We will know them even more practically, specifically, in our own terms.

Are you willing to give it a try?

The Yoga of Constructing the Chart of Life

The Yoga of experiencing it, realizing it, makes the Chart of Life we have so diligently been working on - including planes, processes, and all - truly come alive.

How to make that happen?

Shifting from Outer to Inner life is key.

Surrender. Consecration. Taking other's point of view, and non-reaction creates a new orientation, where the integral truth of things, including how life truly works, is organized, is fully revealed to you.

Now you have taken the first steps into the Truth Consciousness, which is what Supermind is.

As a result, you can more readily, easily construct the Chart of Life.

To Be Titled

To go Up, you go In.

To Be Titled

When you don't learn from the ignorance and falsehood of previous times, it not only repeats, but gets exacerbated in the extreme.

Following the Thread of a Surprising New Opening

When there is a new development in an area where there was little progress for a long while, it often indicates an OPENING that you should further pursue, which in turn quickly will open up additional related possibilities.

Therefore, once you perceive that opening, be sure follow the related threads, and take them as far as they can go. In fact, if you pay close attention, you will see that you are being guided by a Higher Hand each step along the way.

Eg an author's book had not been updated with the latest content at a site for a long time, despite requests for such. Then one day the man saw to his great surprise that the site had been upgraded for several of his books. He then went ahead and made further improvements on the principle work that had been updated.

He then saw further Life cooperation, as others suddenly inquired on subjects directly related to the area he was making improvement in, even though they had no knowledge of his new work on the book, nor had been in touch with him for months on end.

The entire matter seemed miraculous-like to the author, yet he was too busy tending to the several openings that now presented themselves to enjoy the synchronous unfoldings!

How Supermind Enables Triplicities from Real Ideas in the Involutionary and Evolutionary Process

Through a comprehending and then apprehending process, Supermind turns potentiality of conditions (values) into reality.

Eg it changes the Real Idea of Love into Lover Loving the Beloved. Or Knowledge into Knower Knowing the Known. Etc. for every divine attribute. Supermind in essence turns these Real Ideas, spiritual concepts of the Supreme (like silence, truth, knowledge, harmony, love, delight, etc.) into living realities in Space and Time. From Cosmic Idea into triplicities of Subject - Method - Object.

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What I described above can be said to occur in the Involution i.e. previous to the material creation of the universe.

However, in the Evolution (beginning with material creation in the universe), the triplicities have lost their Identity relationships. Eg the Knower no longer Knows the Known. There is a loss of direct Identity with the object. So eg I don't know what is around the bend.

And so through an Evolutionary process Supermind re-establishes these Identity relationships, where the triplicities are reconnected, - Knower Knows the Known, Creator Creates Creatively, etc.; but now (and for the first time) it occurs in LIVING human existence in the universe; up to the latest moment in space-time.

So we can say:

INVOLUTION

-Real Ideas of Supreme as starting point

-Supermind turns them into triplicities/realities in Involutionary process. Every attribute formulates into perfect Identity relationships. Through them, there is ultimate Consciousness.

-With the onset of creation, Identity of triplicities is lost. Dumb energy and matter exists. There is absence of consciousness.

EVOLUTION

-By our opening to Supramental power (the Force of the Divine Mother), the Identities are reestablished, Triplicities are reformed -- but now in creation, in living human existence.

-Ultimate consciousness now manifests through supramental beings.

-Divine (Supramental) Life on earth progressively comes into being.

Thoughts on Corporate Values Implementation

Values and Corporate Culture

Work culture is based on universal values - physical values (e.g. speed and punctuality), organizational values (e.g. systematic functioning and coordination) and psychological values (e.g. integrity and respect for the individual). Work culture is the foundation for all productive activities.

"Elevating the work culture will raise operational efficiency far more than can be done through traditional approaches. It is done by effectively imparting the higher attitudes of senior executives to those at lower levels of the organization."

Corporate culture is a very broad term which includes the orientation of the company and its people to all the qualitative dimensions of interpersonal interactions and business performance.

Values represent the most conscious core of corporate culture, rather the effort of management to consciously elevate some aspects of corporate culture to a higher level of performance.

—

Values and Profitability

We measure the value of a value in terms of the extra profit it generates.

Every corporate value can be converted into profit-value.

A systematic effort to raise operational performance on key corporate values can serve as a powerful lever for integrating separate business units into a more cohesive group and energizing an organization to multiply its profits.

—

How Many Values to Implement

The most successful companies in value implementation either implement one value 100% or several values 10%. To be comprehensive and achieve maximum results, implementation of all essential work values must approach 100%.

—

Depth of Values Implementation

While many companies espouse high corporate values and urge their people to realize them, these efforts are usually limited to a commitment by top management, communication programs to staff, and inclusion of values in the performance appraisal process.

"In practice, the result is usually more talk than action and the actual levels of value implementation achieved remain far less than optimal. The amount of energy required for implementation is an accurate index of overall corporate efficiency. The higher the efficiency, the less the time and energy required for elevating values."

—

Values in Strategic Planning

Values lend themselves to systematic implementation just as readily and completely as the quantitative objectives covered by the strategic planning process.

A comprehensive approach must also include formulation of quantifiable and measurable standards for each value in each area of operations, assignment of responsibility for achieving these standards to people all the way down the line to the production floor, systems for implementing and monitoring performance on the values, and essential skills to elevate performance.

—

Values Make Organization Come Alive

"Use value implementation as a higher level strategy to energize organization and make it come alive. A comprehensive program of value implementation can dramatically improve performance and profitability."

(MSS)

-thanks to Priya

To Be Titled

As religion and its dogmas die out, rationality takes its place, only to be the springboard for a New Spirituality,- in increasingly higher forms, - to take shape

Don't Stop in the Middle

[in regard to extending a current Life Response result]

Karmayogi says "don't stop in the middle." I.e. for any Life Response outcome, keep drawing from it, by extending the higher consciousness decision, attitude, action that evoked it; whether horizontally along the same lines to draw more response, or vertically to extend to related but different areas and concerns (while maintaining the momentum of the earlier movement).

Boasting Incident Involving Gardeners

If you gleefully call out the fact that you evoked a Life Response while it is still unfolding, you can cancel it, in part or full.

A man was telling his friend that he had been thinking about the gardeners cutting the grass which was somewhat overgrown and then suddenly arrived on the scene to do their job from seemingly out of nowhere.

It turns out that one of the gardeners was doing the heavy work with the powerful lawn mowing machine, when the man made his boast about the synchronous event. Well, one minute after the man boasted that he had evoked a response, the gardener's lawnmower suddenly broke down. In fact, when the gardeners tried to add fuel to the machine to get it going again, it still didn't work, which means that it might that there might have been something seriously wrong with the machine..

As we see, it is best then to remain silent when you believe you have evoked a response from life, especially if it is still unfolding! Silence, holding things inside instead of verbalizing them will give the outcome greater strength, with even more possibilities for response.

To Be Titled

it's best not to hope that someone else follow one's earlier suggestions - as it brings in an ego element; - but rather let it go, offering that need to the Higher Power. Now whatever happens, happens, and one's consciousness is cleared of the mental and emotional clutter of ego, need, and desire.

To Be Titled

Poverty and inequity don't get solved by an algorithm. They got solved by sharing. (Aaron Peskin)

To Be Titled

People will virulently hold onto their ideologies, no matter how much the facts disprove it.

Breaking the Chains of Like and Dislike

We like whiling away the time, thinking about what we like, and don't like, reinforcing our prejudicial views, in endless cycles of repetition.

This is not the higher consciousness at work. Rather it is the Physical, which likes to repeat in endless cycles; never wanting to learn; never willing to change.

When we move to a deeper poise, away from the surface, the game changes, as our inner being opens to possibilities, and there develops an inner urge to go beyond its current understandings. Now the chains of like and dislike are broken. As a result, we can truly understand: now we can grow, evolve, transform.

Absolute and Relative Integrated in the One Reality

From the deepest poise, culminating in the supramental consciousness, we perceive that the Absolute (life beyond creation, this universe) and the Relative (life within the universe, creation) are Integrated and One.

The Absolute unfolds itself in the Relative, and the Relative is a manifestation of the Absolute. This is the perception of their integral oneness, which together make up the omnipresent Reality.

Infinite became Universe for Sheer, Active Delight

Sri Aurobindo tells us that the Infinite and Eternal Absolute did not create the universe. It became the universe, for the sheer delight of self-manifestation, of becoming in Space and Time.

The unmanifest Pure Existence experiences itself as a static bliss. Manifestation adds to that the Self-experience of active Delight.

If we can speak of a goal at all, its goal is to experience the infinite delight of a progressive manifestation in endless Space and eternal Time, in which it is at once the creator, the creation and the act of creating. (MSS)

To Be Titled

We need Mother and Her Force to help us shift from survive to Thrive.

Reaching for Gold, Tumbling into Oblivion

In one variation of Nordic myth, men climb over one another to get to the gold at the top. But now, as some have reached it, the base is crumbling, due to the overwhelming weight precipitated by greed in motion, causing the bottom to collapse, and all to fall into oblivion.

This is similar to America's problem, which is spreading rapidly to other parts of the world. Vast income inequality is expanding, as the wealthy claw to the top through financial speculation and other instruments, and the rest tumble into misery. Eventually all collapse, undoing the system that supported them.

Practical Example of Interrelation Among the Individual, Universal, and Transcendent

As we evolve as Individuals, we discover that we can be instruments for fulfilling the needs of Society, which is actually the progress of the Universal, which in turn fulfilling the will of the Transcendent, the Supreme.

Eg members of MSS seek to evolve in personal consciousness, so they become true spiritual Individuals. As they do, they come upon new avenues to bring about the progress for society (eg in economics, education, business, literature, Indian development, etc.), bringing the highest consciousness to these concerns, with the best solutions.

This universal action is in turn secretly carrying out the will of Transcendent that seeks the evolution of consciousness in these societal matters.

Humility towards the Divine

... when you say to people, "Be humble," they immediately think of "being humble towards others," ... True humility is humility towards the Divine, that is, the precise, exact, LIVING sense that you are nothing, can do nothing, understand nothing without the Divine, ...

(The Mother, from Agenda, Sept 13, 1967)

To Be Titled

Perceiving the utility of the negative in life is to begin to know the Reality, the All, in its various facets.

To Be Titled

In ordinary mind we know a thing when it shows itself, not before. In Supermind we can know a thing before.

'Truman Show' Film as Metaphor for Our Perceptions of Reality

The Truman Show is a movie about a TV show. Truman was born and brought up in the giant set in an Island. 5000 cameras were watching him growing, studying, working, getting married and so on.

The surprising thing is that all other characters in the set are actors who knew they are acting, including persons whom he believed to be his Mother, Wife and friend. In order to make him stay in the island, the Director created a fear of Water in his mind so that he will not go near water or venture into boating.

He gets clues from various incidents that he is being watched and something is wrong with his surroundings only at the age of 30. The show is running for 30 long years. Finally, his desire to escape this situation made him to escape from the island in a boat. After rowing a long distance, the boat hit a wall that had a picture of sky and clouds painted on it. He then found the exit and entered the real world.

This is exactly how we live in this world. Each person is living in a set like this and are unable to move out of that set. Many times the people around us convinces us to accept our present status as real, but actually it is not. Crossing the limitations of mind and emotions and entering into the inner self will open up the gate for exiting from our limitations.

The TV viewers who watch the show represent God (collective God) who enjoys when Truman exits. God enjoys when Man identifies Him within. That finding is a moment of celebration, like how children enjoy in hide and seek game.

The Director plays the role of LIFE. He decides Truman's life. Life decides the life of all of us. When man wants to cross his limitation/ boundary, Life punishes him or threatens him and make him accept what his limitations lead him to. There are so many parallels we may find from the story.

(Nedumaran Ramakrishnan)

To Be Titled

In Supermind right thoughts constantly come in right moments.

To Be Titled

The problems of each nation cannot be solved by that nation, especially on the economic level. The solution has to be regional, and then global. The potential that comes out of the latter approach is infinite. We just don't clearly see it yet.

Comment: Eg because Asia continues to boom beyond compare we in the US should try to create as many alliances with them as possible; especially when it can improve conditions for

"fly over" America. Trump so far is going in the opposite direction. Coordination with other nations is key for increasing wages and melting away income inequality, especially when done in a fair and just manner.

A global society is plainly in view.

Lessons from Silicon Valley for Improving Economic Conditions of the World

Silicon Valley created the greatest concentration of wealth of all time; and it had little to do with policies of the Left or Right, but of values, of individuality, hippy freedom, wanting to change the world, technology for the benefit of humanity, liberating use of capital investment, openness to highly educated immigrants, etc. in other words, something very different from the traditional economy.

It was the unfolding of something New and Unexpected. Understanding this and other emerging processes and systems across the globe can help us learn from one another.

Human ingenuity that supports the well-being of society and its people is limitless. Let's think along these lines, and all of society's major economic problems will begin to disappear.

Qualities of the Supramental Individual

--The supramental individual will be in Harmony with everybody and everything. Sense of separateness will disappear. There will be a complete identity with each person, every object, all circumstance in the unfolding of life; thereby seeing the purpose in all things.

--All dualities will cease, as he perceives the higher harmony and resolution in all conflicting, contradicting elements.

--The Supramental individual will be fully in touch with his psychic being, and from there have a continuous soul to soul connection with others.

--He will be in a never-ending state of peace and joy.

--His one goal will be to surrender to and carry out the Divine Will, Mother's Intent, fulfilling the Integral Yoga.

--He will be in tune with the great currents of change in the world, and have a vast impact.

--He will be an instrument for unprecedented insight, change, and determination. The seemingly unfathomable will be made real through him. He will be a vehicle for infinities to emerge from finites.

--The physical transformation into the supramental species lies beyond.

--He and the world around him progressively embody sat-chit-ananda in the universe.

--Along with others like him, he will help usher in a Divine Life on Earth.

Supramental Man

Though Mother has predicted the emergence of the Superman, She has not clearly specified how different he will be and what will be his capacities. There are references here and there in Bhagawan's [Sri Aurobindo's] and Mother's writings which we have to collect in one place. Let us try that now.

1. The supramental being will be immortal and he need not die as ordinary humanity has done in the past.

2. Though the supramental being will retain the basic human form, he won't have respiratory, circulatory or digestive organs as he won't have to breathe or eat food in order to live. He will be drawing on the universal energy that is around him.

3. The supramental being will be a sexless being and therefore neither male nor female. However, he can reproduce by directly generating a new supramental being out of his body.

4. The superman will exhibit intuitive capacities and can find out what other people are thinking and feeling without them having to speak it out.

5. The superman's Knowledge and Will power will be one and unified. As such whatever he wishes will get automatically realised and there won't be any time gap between the wish and

the result. Suppose he wants to go to Chennai from Pondicherry. He will be there the next instant and he won't have to travel for 3 hours like we human beings do.

6. His body will be so plastic and bending like rubber that he won't suffer any injury like we ordinary humans do.

7. He will look at any issue from a full perspective and not have a one-sided view like we ordinary human beings do.

8. He won't be subject to the normal process of ageing that we are subject to and therefore he will look eternally young.

9. As he lives in the plane of Self-existent Truth and Self-existent good, he won't have the usual good and bad and sin and virtue type of mentality that we humans have.

10. Though devoid of ego he will still be an individual but one who can harmoniously relate to others.

(N. Asokan, MSS)

Supramental's Unshakeable Peace & Spiritual Equality of Being; Absence of Division

Mother says one of the sure signs of the supramental is an unshakeable peace and absolute spiritual Equality. There is no trace left of ego so there is no reaction to anything.

Whatever action the supramental being initiates is an act of the Divine Will, not a separate egoistic will.

There will be no dualities of pleasure and pain, good and evil, joy and suffering, knowledge and ignorance, power and impotence.

All will be an experience of delight, eternal goodness and truth. (Garry Jacobs)

Thoughts On Film 'The Truman Show'

"He doesn't know it, but everything in Truman Burbank's life is part of a massive TV set. Executive producer Cristof orchestrates "The Truman Show," a live broadcast of Truman's every move captured by hidden cameras. Cristof tries to control Truman's mind, even removing his true love, Sylvia from the show and replacing her with Meryl. As Truman gradually discovers the truth, however, he must decide whether to act on it."

TRUTH

It can be looked at as a metaphor for Truth.

Truman cannot know the Truth because he is blocked from doing so. Not only from the outside, from within himself, unable to penetrate to the truth.

He does not have the power to penetrate to the Truth as his mind is on the surface. For a long time, he misses subtle signs to know the truth.

As a result, he becomes a victim, and suffers.

Also, the system that controls him breaks down, revealing little glimpses of the truth. False society is always eventually undone.

HUMAN BEHAVIOR OBSERVED

People like to watch such reality shows in order to observe human behavior. We react to the characters based on our propensities, preferences, prejudices.

We move along with them as if we too are part of the story; only we are silent and invisible.

The film is an exploration of this dynamic; only here it is the story of exploitation of an individual.

REALITY SHOW CULTURE

The writers and director of the Truman Show movie are describing the propensity of American and related cultures obsession with reality shows.

Ironically the story is a kind of escapism for the observers in the film observing real situations for Truman. (they are enjoying the falsity of it.)

The film is where we are observing the observers observing Truman in the story. It creates an interesting complexity.

FREEDOM

It is also a story about being trapped, and how we as human don't like to be restrained; we want to find a way out, and so root for Truman to discover it.

We enjoy his liberation, and feel those who exploited him get their come-uppance.

--

CRUELTY OF SOCIETY

Yet the authors of the film at the end are also saying that the viewing audience of Truman's hardships don't care that much care when the secret is revealed, as they can change channels and go on to the next thing.

In this sense, the film is a condemnation of society; who can be exploited by commercial interests, callously observing Truman's plight. Society is thus shown to be cruel.

The leaders of the cruel society -- in this case the director of the reality show and related commercial interests in the film -- are crueler still.

Truman is like a guinea pig for the enjoyment of the masses, not unlike the gladiators in Roman times.

HERO, TRUE INDIVIDUAL

Truman is a hero because ultimately, he prevails, despite all obstacles.

He moves out of the limits society has placed on him, and in that sense becomes a true individual. In the USA we value the pioneer, who forges his way through an endless landscape.

The pioneer overcoming obstacles and prevailing is the HERO.

Reader: Wonder if Carey took this this part because he had already awakened or this part was the beginning of his awakening? The author was unknown to me but I since discovered he was a fellow kiwi.

Response: It was part of his awakening. He has given explanation of his awakening in certain videos, which can be seen on YouTube, including this one:

<https://youtu.be/TucyzpHDNIE>

Fear of Hell

...the fear of hell, mon petit! The amount of harm that conception has done in the world is frightening, frightening: the idea that if you commit a serious fault, it means hell for ALL ETERNITY, do you hear!

It's horrible.

It's a dreadful, monstrous notion....

And that's what frightens them [certain Christians and the like]. Even when consciously they don't accept it, it's there in the subconscious.

(The Mother, from Agenda, September 13, 1967)

To Be Titled

Just keep doing the right things, instead of that which is false, that strokes the ego, and life will continuously be your friend.

To Be Titled

Socialism, or rather Socialistic Values are spreading throughout the world. Those who were left out want to be a part of the rising tide. It is the era of Rising Expectations. US Midwest and South is one region that has been left out. They need to become socialistic in their values to re-emerge, and may already be turning in that direction. Trump was an intercept who caught their anguish, but whose solutions are opposite of socialistic.

Ethical Behavior, Psychological Strength, and Collaboration Attract Great Success in The Tiger Hunter

Many qualities go into creating a successful venture or startup.

In the Indian comedy/drama film 'The Tiger Hunter' three qualities evoke great response from life and ultimate success for the principals: Ethical/Honest Behavior, Psychological Strength, and Collaborative Effort.

Here is a brief synopsis, followed by the three episodes where sudden good fortune (i.e. Life Response) is evoked due to right behavior:

"Sami Malik, a young Indian, travels to America in the 1970s. He dreams of becoming an engineer to impress his childhood crush and live up to the legacy of his father, a legendary tiger hunter. When Sami's job falls through, he takes a low-end job and joins with a gang of oddball friends in hopes of convincing his childhood sweetheart that he's far more successful than he truly is -- or perhaps ever could be. He works his way upward, eventually developing a micro-wave oven that actually cooks food properly; the first of its kind, and the ticket his and others' great success."

-ETHICAL BEHAVIOR: Sami decides to tell the truth about the fake arrangements he made borrowing someone's house to impress his girlfriend and her father, which causes him soon after to be given an opportunity to present his invention for the first time.

-PSYCHOLOGICAL STRENGTH: Sami decides to confront a favored white engineer at the company with the fact that he had stolen Sami's ideas, which attracts another person at the meeting who questions the ethical behavior of the favored engineer, further propelling Sami up the ladder to success.

-COLLABORATION OVER GO-IT ALONE: Rather than be ashamed of the half dozen young Indian engineers who live with him in a cramped space, he uses their knowledge to build the product (an excellent micro-wave oven) that propels him and his friends to the pinnacle of success.

Here is the trailer:

https://www.youtube.com/watch?v=BF151O_uIoA

Perceiving, Undertaking Right Sequence of Acts that Attract

In Supramental Consciousness one knows precisely in which sequence acts should occur, as one is in touch with the integral truth of things, as well as perceiving the right flow of life circumstance among past, present, and future. There is thus persistent cooperation from the world around us.

End of Communism, Capitalism; Human-Centered Economics

The Mother said in 1970s that Communism was failing and would soon collapse. No one saw that as a possibility, but it soon happened. She also said back then that a similar fate would come to Capitalism, and we see that gradually happening in our own time. Both are to be replaced with something greater than each. We call it "Human-Centered Economics."

To Be Titled

We can only attain the Integral Knowledge when we know, have the experience of the (Integral) Reality.

We can only know the Integral, Omnipresent Reality when we know it as the truth of our own being.

Aspiration that Fulfills Itself

If you have a deep, intense Aspiration, it has a power to fulfill itself.

In 1975 I wanted to meld a career where I earn, yet somehow have connection to Sri Aurobindo and Mother. Months passed, and one day, when I found myself at East-West Center in Los Angeles, that possibility presented itself on its own, without any effort on my part. I, of course, gladly accepted the opportunity, and my life was changed forever.

The Aspiration had self-fulfilled itself.

To Be Titled

True "Learning" is an awakening of consciousness: i.e. to become more Aware.

Judging from the Vital and Beyond

From the vital/emotional plane we cannot judge reality. Only from the mental plane (or higher to the Spirit) can we accurately, integrally judge it, know it.

Eg Lizzy in Pride and Prejudice mistook Wickham's charming nature when she was smitten by him through her vital feelings and emotions. Only when she reflected on things with her mind did she come perceive his false, duplicitous nature.

It would turn out to be an Awakening; an evolution of consciousness that changed her.

To Be Titled

We can see that a devotee individual who refrains from sex, drugs, alcohol, gluttony, gambling, gossip, cynicism, habit/routine, materialism, money obsession, anger, bitterness, fear, and other forms of dissipation will continuously maintain the shining face of a young bachelor.

To Be Titled

As man becomes more mental, time seems to be moving faster, which may compel us at the cellular, genetic, or similar levels to create an urge of the body toward longer life; even first movements toward immortality.

To Be Titled

The increasing pressures of the Outer life are compelling us to develop a more developed Inner life.

Lenience vs. Strength toward Workers

Q: Sir I have a doubt about giving orders to the workers and getting it done in the due time. If we are strict only the workers will do the work given by us. But if we feel for them and be lenient then they won't finish the work.

So what should be the border line for being strict and also be human-centered..? (Devi)

A: It depends on the situation. Sense where there would be personal growth (either for yourself or them).

Being sensitive (a high human value) in conjunction with psychological strength is a great capacity. Great managers and leaders have this dual capability.

Philosophically we say that we must find the Higher Harmony beyond the contradiction. You might want to think about what that is. Going deep inside we discover it. We can also offer the issue to the Divine Mother.

Equanimity that Enabled Negative People to Move Away

Early last year, through utilization of Non-reaction and Consecration power, I was able to cause all the negative people around me to move away; replaced with very pleasant individuals. Hardly a word passed my lips, or any outer action taken to attract these fortuitous circumstance.

To Be Titled

When an untruthful person recruits other untruthful individuals, their lies begin to spread, tripping up one another, revealing their foolishness, enabling calamity to follow.

On Psychedelics

-Psychedelics are "mind altering" drugs (like LSD) or natural substances (eg psilocybin or peyote).

-Psychedelics is prevalent in the West (not East) because there has been few other real/substantial paths of consciousness here to fulfill our spiritual aspirations.

However many wonderful paths are now opening up, evoking startling, on-going experience, rendering psychedelics unnecessary.

-Also I have found that people who use psychedelics, rapidly go to "first base," but then remain there for the remainder of their lives.

-The Mother took them several times, and found it a means of breaking through, but was simultaneously a path to madness. She said it ruined the equilibrium of consciousness of the person.

She said that opening to the spiritual Force was far more effective in reaching higher states of consciousness, and without highly-disturbing negative side effects.

With Supramental (Truth) consciousness descending deeper into the world, it is much easier to have most psychedelic experiences, without any of the extreme negative effects. That has also been my experience.

A detailed explanation of the Mother's experiences and understanding about these drugs and substances is given here:

<http://auromaa.org/counterculture-and-the-new-world-hh-183/>

Reader: Mind altering-opening -expanding "entheogens" which when ingested purposefully produce nonordinary states of consciousness of a profoundly personal spiritual/religious quality.

Response: Yes, they can, and they also create distortions of consciousness that prevent people from going beyond that. Many such individuals are stuck in a culture of psychedelia, which shows they have stopped growing at that point. Mother's explanation above (see link; in conversation with Satprem) is far beyond anything I have read about their true nature.

"And the way of consecration and surrender to the supreme Power is infinitely superior – it's slightly more difficult. It's more difficult than swallowing a drug, but infinitely superior." (The Mother)

To Be Titled

Sri Aurobindo resolves the apparent contradiction between Matter and Spirit by indicating they are two views of the same Reality.

Meaning of My Frequent 11:11 Experiences

Below is a link to a fine article on the 11:11 phenomenon. I am interested in this subject because it frequently happens to me -- many dozens of times -- especially when waking up in the middle of the night and seeing my clock showing the time as 11:11.

The author says it is a sign of Spiritual Awakening. And because this is so, it is very important to stay grounded in the present moment, the Now.

Another author says that its occurrence indicates that you have a higher level of potential manifesting before you, but also have a greater amount of challenges. That when you see this repeating number, it's indicating that a window of opportunity is being flung open for you, and it is in your best interest to take it up as it appears.

I believe it also relates to universal movements of sorts. Perhaps, it is an indication that One is increasingly developing inner powers to affect the world around one.

By the way, I wrote this post because I had just had another 11:11 experience, and then looked for and found a good article online that explained the phenomenon from the highest consciousness point of view.

A moment after I completed the above post having to do with a 11:11 experience I just had, I passed by my friend's computer. She was playing some sort of game that every quarter-second was generating a different random 7-digit number on the screen (eg 6745784). Half-seriously, I asked her if she could evoke 11:11 on the screen.

Two minutes later when I walked into another room she called out that her screen said she had 11 chances left to win. It was immediately followed by the screen indicating that she has 1:11 of time to complete the game!

And hour or two after this comment above on my original post, I for the first time that afternoon turned on my phone; and what do you know, it said 1:11!

... and now a few minutes after this last comment about my phone, a bus crossed in front of me, - the only bus I saw that day, - and it said in the front on the electronic monitor that it is the 111 Line!

Apparently, it can go on like this never-ending during the course of the day, if I wish to pursue it.

<https://lonerwolf.com/1111-meaning/>

To Be Titled

Intensity - whether of aspiration, values, effort, etc. - abridges time. Lack of it causes things to occur much less slowly over time.

To Be Titled

Nerves are the physical in the vital.

Reader: Some explanation will be more useful thanks

Response: We exist at several planes; Physical, Vital, Mental, and Spiritual. (i.e. from lowest to highest consciousness levels).

We can say that the Vital is the plane of emotions. Yet it is more than that. Where the Physical and Vital meet is the nerves. Where the Vital and the Mental meet are one's attitudes. Nerves are close to our physical substance of the body hence we say "Nerves are the Physical in the Vital. I.e. Nerves are in the lower part of the Vital plane, near the Physical plane.

Here is a partial diagram:

SPIRITUAL

-intuition

-higher mind

MENTAL

-rational thought

-values/beliefs

-information processing

VITAL

-attitudes
-raw emotions
-nerves

PHYSICAL

-aspects of the physical body
-material substance of the body

To Be Titled

The person who helped you regain a settled living condition may be the same person who surrounded you with bad people. Knowing how to negotiate both is a sign of a conscious, discriminating mind.

To Be Titled

Money is mostly in the hands of asuric (dark) forces. Therefore, we must, through our higher consciousness, win money back for the Divine Intention and Purpose

To Be Titled

Some people further the Evolution through their persistent Devolution.

Infinite from Finite Example

Since the finite emerged from the Infinite consciousness, infinite results can potentially emerge from any finite.

E.g. in 1973 Paul Stanley of KISS came to my parents' house to visit my sister, whom he was good friends with. Before she came down, I talked with Paul at length, mainly about music. He was already slightly known. He would go on from there to create the KISS band, which has earned more money through concession and merchandising sales (clothing, accessories, etc.) than any musical act in history! In the Billions of dollars!

It was another example of the infinite emerging out of a finite, something I witnessed firsthand in that meeting and in what followed.

To Be Titled

Infinity, or the infinite, is not just an expression of unbound size or extension, but of endless Possibilities, Potentiality.

Our Relation to Other Worlds

Unknown to us we are in constant communication with other unseen worlds. Our inspirations come from there, Our ideas come from there. Our higher aspirations come from there.

If we weren't in contact with those other worlds, there would just be material forms on earth; there would be no life on earth. No mind on earth. No humanity on earth.

We exist because of the interaction, the interplay of this material plane and these other worlds.

Unique Expressions of Supramental Nature

The supramental era will commence a new phase in spirituality with each supramental individual relating to the Supreme in his own unique way instead of the stereotyped and common path that everybody follows now days. (MSS)

Comment. his own unique way”

To Be Titled

People have different interests, talents, capacities in life. This can extend to the unique way we relate to the Divine. One person may be a great disseminator of knowledge; another a very creative type with great imagination; yet another one who is steeped in silent contemplation; etc. One can thus express the Supramental nature uniquely through one's own unique nature and life experiences..

To Be Titled

We can struggle to bring justice and similar values to the world via existing institutions, through the slow, difficult methods and processes of Life/Nature. Or we can open to Mother's and let Her Super-Nature make it happen rapidly, in fresh unexpected ways, from seemingly out of nowhere.

To Be Titled

Spirit and Life mixed together is the Reality, the All.

Book Service Attracts Abundant Rain

After about eight years, I once again participated in Mother's book service and received Mother's Grace as rain.

When I started from my house for book service, in the afternoon, it was so hot in this summer. But evening when I returned home, it began to rain. The next day also it rained heavily in my area for more than one hour.

Yesterday I went to my parents' house, and to my surprise, it rained throughout the night.

Today I came home. My father called in the evening and said that there was a heavy rainfall with winds, at their place.

I'm so grateful for the Mother's Grace as rain. (Devi)

Comment: Please explain what book service is, so others can understand. Thanks.

Devi: Book service is like introducing The Mother to the people by selling the Mother's books and explaining about The Mother and the contents in the book written by Sri Karmayogi appa. Because these books are not available in the stores for sale like normal books.

I think that the devotees of The Mother can easily do this service.

Comment: There is great Life Response power, Mother's power, when making the decision, taking up, and engaging in Book Service, especially with the right aspiration, intensity, attitude, faith, etc. There is also great power in the books themselves.

Devi: Yes sir. As you said, when we go for book service we can deeply feel The Mother's presence with us doing miracles.

Supramental Individual in Film "Phenomenon"

A question that can be asked is whether there has ever been a film depicting a Supramental Being.

In the recent 55-episode series on the life of the Buddha we see many of these aspects, though not all. Of course there are a number of other movies presenting such Divine personages. Eg in the 6-hour English production of Mahabharata, Krishna also appears to have many of these attributes. But do they truly have the gnostic, supramental qualities as described in the next to last chapter of Sri Aurobindo's 'The Life Divine' and elsewhere?

One such film that stands out for me in this areas is the 1996 movie 'Phenomenon.' I have watched the film more than 10 times, each time enjoying being in the atmosphere of one who is on the cusp of Supramentality.

Among the ways the central figure in the story George Malley expresses those traits at the mental, vital, and physical levels are-

- the ability to synthesize any knowledge into a greater knowledge, leading to non-stop intuition and revelation of thought
- his universal capacity to know things at a physical distance, including its goings on
- his miraculous-like power to solve any mystery
- his ability to continually create exceedingly creative solutions beneficial to the community and society
- his power over the physical/material plane, overcoming gravity, magnetism, etc. (telekinesis)

But then what is he missing to be a true supramental personality?

-We can ask, does he show true harmony and oneness with others? He does seem to come into identity with ideas and material objects. However, in part due to the situation he finds himself in there is a modicum of conflict in his life with others, mostly due to the bewilderment and fear of his capacities by many members of the local community. This also irritates him on occasion, disturbing his equality of being.

-Does he show oneness and identity with things, life around him? Well, he still goes through conflictive situations. A supramental Being does not normally have to pass through contradictions to experience that harmony and oneness. He is constantly evoking a higher harmony (as Buddha is able to do in several of the episodes.)

-He does not appear to be aware of the Divine, Supramental Force or use it; though the writers of the film leave it open as a possibility that his capacities originate from a supra-normal, even spiritual-oriented race or entity.

-Does he experience the ecstatic Joy (ananda) of the supramental being? In many ways he does, but perhaps not the divine Bliss.

-His sense of True Individuality is established, though it is not clear to what degree he is in touch with his psychic being, evolving soul.

-How about Divine Love? It is not clear if he feels such a thing or consciously conveys it to others, though he fully loves one person (human love).

Please let me know if you agree with these assertions by watching the complete 1996 film when you have a chance. And let's discuss what makes him gnostic-like, i.e. Supramental, and where he comes up short.

To Be Titled

Each day we need to develop the necessary courage to face its own unique, pressing challenges. Having faith in Mother can give us all the psychological strength we need to meet those challenges each day, while evoking continuous positive response from life.

Ideological Thinking and Truth

If you are overly attached to an ideology – whether political, social, ethnic, religious, etc. – then you will never know the full truth of things. Best to be fully open in one's mind, at all levels, to all possibilities, which will enable Truth to continually follow in your footsteps.

To Be Titled

An evolved person tries to stay on the track of what the other person is interested in, not on his own track. The best outcomes unfold this way. To make that happen, he remains stationed in the silence within.

To Be Titled

Since capitalism is running into serious problems around the world, it would be very helpful to develop fresh, new, dynamic, creative strategies and approaches to meet the economic needs of the people.

Bringing the Powers of the Subtle Planes Down on Earth

The truths of the other, subtle planes beyond this life are destined to become real here in the material world.

Therefore, we need to know about them, experience them, so we can bring their power here on earth.

For us, Society, with all it consists of, all its aspects, appears to be infinite; i.e. infinite-like. But the true Infinite lies beyond what the society offers, existing in the subtle planes.

The movement, evolution from the subtle planes to real existence is made possible by our higher consciousness. It culminated as Supramental existence on earth.

Infinite Money

Karmayogi in his deep studies on the nature of Money indicated that if we understand the correlation between Money and Society, and Money and its Cosmic Source, we will perceive its power to manifest infinitely, and thereby attract it infinitely in our own lives.

Devotees' Universal Power to Solve Problems in the World

Devotees can take any short or long-term problem in society, think deeply on all the issues involved, have an intense aspiration for its resolution, and consecrate/offer the entire matter to the Mother and Her Force. As a result he will shortly witness an opening for improvement; even a sudden complete, integral solution to the problem.

In this way, the devotee, through his act of Individuality takes a step towards fulfilling his additional role of Universality; which is itself an expression of the Transcendent will.

To Be Titled

Losing yourself in the process is the best way to fulfill your goal. Continually focusing on the goal deflects you from the process.

Coming Out of Ego

Though we are normally unaware of the fact, we are in the Ego much of the time. From that separative poise we often say, think, or do what is false, wrong, error-prone, harmful, hurtful, etc. Life then responds (negatively) in kind; one way or another, sooner or later.

This chain of events never ends, this wheel never stops turning.

Therefore, being aware of and coming out of Ego is the first duty of the devotee on the path.

The Force Affecting Global Events

—In late 1930s and 40s Sri Aurobindo sent his Force to back Churchill to defeat the evil Nazis, and he royally succeeded.

—Sri Aurobindo sent his Force and evoked a fog at Dunkirk in 1940, enabling the British to escape, preventing the Nazis from fully taking over Europe in WWII.

—In 1962 the Chinese responded to Mother's Force and withdrew its forces after invading India.

—In 1972 Mother informed Satprem that the brute Nixon must be stopped and not win the coming election. He won, however he soon was forced out through the Watergate scandal.

—With the world on the brink of Nuclear War, Mother's Force was utilized by devotees through their organization in 1989, that became the vehicle for the rise of Gorbachev, and the end of the Cold War.

—Devotees' inner and outer actions in South Korea, led to rapprochement between North and South Korea, when US and The North were on the verge of nuclear confrontation.

—With the very negative Trump on the rise, we as devotees can call to the Force to see his power diminished.

A Great Teacher

A great teacher explains the complex in simpler terms, while still retaining the complexity.

A great teacher is always learning from his students.

The best way to learn a subject matter is to teach it.

A great teacher is in touch with the aspiration, intentions, even the inner being of his students.

A great teacher will constantly be presenting his materials in fresh, new ways, incorporating the latest developments and understandings.

A great teacher is fully responsive to the questions of his audience.

A great teacher is fully prepared, fully knowledgeable, fully motivated, fully engaged, always seeking perfection in work.

A great teacher keeps all Ego movements in check. Selflessness and selfgivingness are practiced instead.

Being able to shift with the tide of student interests and needs is a requisite skill of a great teacher.

A great teacher will have excellent communication and presentation skills; with complete mastery over the subject matter.

A great teacher will always go the extra mile for his students.

A great teacher will always be trying to improve himself; constantly rededicating himself to his profession.

A great teacher will have ultimate impact on his students, and by extension ultimate on the world.

To Be Titled

Homelessness is obliviousness that becomes national shame.

To Be Titled

Ill-luck, taken in the right spirit, can intensely teach you the path to attracting Luck.

To Be Titled

You know, an ardent faith, a psychic aspiration, a fervor, a self-giving, instead of being forever turned in on oneself, turned in on oneself A self-giving, that's what is needed to save the world!

(The Mother, from Agenda, October 19, 1967)

To Be Titled

... the work of the consciousness is to permeate the inconscient and make it progressively more capable of manifesting the consciousness (gesture like a flower rising out of the earth).

(The Mother, from Agenda, October 21, 1967)

Going Beyond Mind

The Mind, in its rigidity, lacks the flexibility of Insight that the Spirit in the Mind possesses. Thus it is infinitely less capable of knowing the integral truth of things unfolding at every moment. Shifting from activity to mental silence enables the mind to move toward the spirit, and therefore more perceptive, insightful, dynamic.

To Be Titled

We are fully alive when the psychic being is awake, active, influencing our lives.

To Be Titled

Personal organization saves time, energy, effort, and resources; avoiding troubles; supporting life so it can thrive. Same for organization of the family, business, community, nation, and world.

To Be Titled

Mother said that when she didn't focus on and give attention to Her body, instead simply offering the matter to the Force, pains she had quickly disappeared. On the other hand, when she gave attention to Her body, pains would increase or reappear.

What Supermind Is

"For the supermind is a Truth-Consciousness in which the Divine Reality, fully manifested, no longer works with the instrumentation of the Ignorance; a truth of status of being which is absolute becomes dynamic in a truth of energy and activity of the being which is self-existent and perfect. Every movement there is a movement of the self-aware truth of Divine Being and every part is in entire harmony with the whole. Even the most limited and finite action is in the Truth-Consciousness a movement of the Eternal and Infinite." (Sri Aurobindo)

Ascent to Supramental Truth and Descent

"An ascent into the supramental Truth not only raises our spiritual and essential consciousness to that height but brings about a descent of this Light and Truth into all our being and all our parts of nature. All then becomes part of the Divine Truth, an element and means of the supreme union and oneness; this ascent and descent must be therefore an ultimate aim of this Yoga." (Sri Aurobindo)

Supramental Truth Consciousness

Truth is the Actual Reality of existence.

Truth is also complete, many sided knowledge of the current status of existence, of the Reality.

Truth is complete, many sided knowledge of the current status of existence, of the Reality.

We live in Mind, not Supermind. It is a very partial knowledge at any given moment.

The partial knowledge of Mind is our essential Ignorance. It leads to wrong judgement and error.

It can result in Falsehood when the Ignorance is related to or acted upon with glee. It leads to Evil when further acted upon with malice.

Life is the slow, painful journey from Ignorance to greater Truth. Personal growth, development, and evolution is the conscious rapid path out of Ignorance and into the integral Truth.

Full, ongoing apprehension and mastery of the Truth in life situations is Supramental Consciousness.

—

The plane of supramental consciousness is Supermind.

It is both a plane of a spiritualized Mind and a power to manifest any knowledge as real in the world.

The Mother's Force is both the supramental consciousness and a Force for its manifestation. Whenever Her Force moves it creates integrally true and perfect outcomes.

Moving within to the psychic being (evolving soul) and surrendering to Her and Her Force puts us on the road to becoming Supramental Beings.

There we have ongoing Integral Knowledge with Supramental Force to become the Masters of Life.

Peace, Harmony, Truth, Love, Delight, Timelessness, and Infinity is our natural condition.

Transformation of our body, emotions, heart, and mind is our living reality. It is the perfection of our life at all planes - mental, vital, physical - to their supramental equivalents.

We are led at each step along the way by the Supramental purpose in the cosmos.

We thereby become vehicles for the transformation of all life in earth.

Fall into Physical Consciousness

Devotees will periodically fall into a state of blahness, emptiness, with lack of purpose and motivation, which we have come to understand is the assertion of physical consciousness over our normal being. In these periods of our lives, whether short or long, we should remain calm and steady, until our normal consciousness returns.

To Be Titled

When you assert something has changed for the good when it has just begun to be accomplished, it tends to soon get undone. Best to be silent on such matters until it is firmly established.

Vast Power of Knowing Money's True Nature

Karmayogi says that if we know the true nature of Money, -- including how it is a Social power, and a Divine power, plus appreciate the value of Trust behind it, -- we can have a power over it, and bring it back into the hands of the Divine. That is one approach.

He has written deeply about the Nature of Money - hundreds of pages.; each line a pearl of wisdom. (see link below)

He also says that a person who is not a slave of Money, but has an aspiration to see it in the hands of the Higher Consciousness, can have a great power over it.

Also we know the principle that in the cause of a problem lies the solution. The problem as Deepak Chopra indicates is rooted in attachments to certain forms, - family, religious, nation, etc. - that hold sway over us; rather than for development of all of humanity. We are capable of shedding such attachments.

In this way Money can work for the world, supporting the Human Individual. instead of how so much of money now works, merely Chasing more Money

There is much more about the nature of Money that Karmayogi addresses, which give us deep insights on how to proceed: including money's needs to circulate instead of stagnate; its self-multiplying power, and many other unprecedented, breakthrough concepts.

And yes, one person can take this up as challenge and change the world, with Mother as his Guide, showing him the way forward.

The following is an extensive article on the subject:

To Be Titled

Human life is ego-centered. Divine Life is Psychic-centered. (Karmayogi)

To Be Titled

In Mother's Life all that matters is the Consciousness involved.

To Be Titled

It is not the society, not even the conscience, we have to follow. We must follow the Soul. (Karmayogi)

To Be Titled

Sri Aurobindo's Integral Yoga in one sense is actually quite simple: center one's self in the Psychic Being, and from there surrender to the Divine Mother. All else will follow as necessary.

To Be Titled

Supramental is non-stop synchronicity and Life Response.

To Be Titled

Karmayogi indicates that the more India is prosperous, the more Indian spirituality will spread around the world

Infinite Power of Karmayogi's 'Consciousness Approach to Business Management'

To show the power in Karmayogi's words, I would like to share a true incident I experienced several decades ago:

In 1985 I went to visit NeXt Computer, the startup that Steve Jobs founded after he was extirpated from Apple.

One day I decided to give Steve a copy of Appa's booklet 'Consciousness Approach to Business Management' at the NeXt headquarters in Palo Alto California. In a dramatic moment of my life, I reached out to hand Steve the booklet as he walked through the office, but was intercepted by his subordinate who said that Steve did not have the time to review such things just now. Steve and his entourage then waltzed passed me, in a slow-motion like memory, like a scene from a movie.

Well it turns out that though Steve Jobs did not read the booklet (at least that is what I believe), he did return to Apple and made it the largest company on earth in terms of market value, nearly \$1Trillion.

We can speculate that the effect of Appa and his words, whether read or not, likely got transferred into Steve's consciousness, creating the greatest business infinite in history! It seemed like an ultimate Response from life.

To Be Titled

To truly know and experience the world on the outside, go deeper Inside.

Man's Creations are Originally in the Subtle Plane as Potential

All that Man has created, invented in the last 100,000 years was already there in the higher planes as potential. The same for what Man will "create" in future. Meaning that if we are in touch with those higher planes, all that would come to us in thousands of future years, can come very rapidly; in a very few.

In other words, Man thinks he created everything from scratch; but it was always there in the subtle planes as potential, waiting for Man to catch onto it.

Universal Goal of Devotees

The goal in the Integral Yoga is not to develop higher consciousness so we alone can reach the top - in success, wealth, knowledge, love, happiness, et al - but rather that every person achieve it. In this yoga (transformation discipline) we thus have Universal intentions, and through the development of our higher aspirations and powers, we help bring it about.

Intuitivizing Vast Knowledge from Higher Planes of Mind

All the vast powers of mentality reside in the higher planes of Mind, a tiny sliver of which we have brought down into our own lives.

From those planes you would have knowledge of anything, everything of any aspect of life. Eg you would intuitive them in your being; like India's Ramanujan, who vastly opened to those planes in one small area of life.

This is the frontier of Consciousness that awaits us.

To Be Titled

Aside from my own experiences and the thoughts that emanate from them, I am often trying to put Karmayogi's and Garry Jacobs' and Sri Aurobindo's and Mother's thoughts into my own words so that it will be easily understood by others.

Supramental Life in Film 'Phenomenon'

"I was inspired by your [Roy Posner's] comments on "Phenomenon" and watched the movie second time. I tried to relate to your post (in Facebook group) "WHAT WOULD A SUPRAMENTAL LIFE BE LIKE?" to some of the instances in that movie." (SM)

WHAT WOULD A SUPRAMENTAL LIFE BE LIKE? (featured)

— In this life as soon as one has an idea of something, there is immediately given a power for it to manifest as real in the world.

George had several ideas as a result of his experience. However, the world was not ready to embrace and try it out. He had tried himself with the organic fertilizer and then passed on that to his friend Nate. Also, he had written down all the possibilities and given that to Dr Ringold for the future.

— In this life there is ongoing soul to soul connection with others. What occurs to another is equally as important as what happens to ourselves. There is thus a sense of Oneness toward both others and life.

He could identify himself with the nature and that's why he was able to perceive earthquake, identify himself with the rhythm of wind and so forth. He could clearly see the problem from other's point of view like the he was able to solve rabbit's problem.

One fine example was that he could understand not just Nate's surface problem as he was in need of a helper to clean his house, but a need of soul mate from his depths. And so he had connected him to Ella beautifully.

— In this life when we accomplish something, it simultaneously is done at the collective, societal, universal level as well.

The world was not ready for that at that time. Perhaps that's why Mother didn't supramentalize the world though SHE has the power to do that. When the world evolves collectively, it would be easier to accept.

— In this life the supramental power is always there, and always available to instantly solve problems, create the best conditions, open up opportunities, etc.

He could see various, numerous possibilities. Though people was not receptive to that except very few. It frightened his friends at the bar and also public in the book fair.

— In this life there is no ego, no selfishness, no self-importance; there is also no ignorance, falsehood, or evil.

— In this life, a positive development never creates an additional dark shadow. Life is therefore "self-existent."

— In this life there is no pain, suffering, or even death. There is unending life if one so wishes it, especially if one has developed a modicum of a supramentalized body.

— In this life there is no conflict, strife, war, poverty, and other forms of human misery.

— In this life new, unprecedented solutions and possibilities constantly present themselves.

Indeed he had those possibilities and written down for the future.

— In this life there is constant creativity, generating infinite variations and new formations of reality.

Same as above

— In this life there is continuous peace, inner silence, truth perception, harmony, goodness, generosity, gratitude, knowledge, wisdom, beauty, love, joy, timelessness, and infinity.

He had expressed some of them to certain extent. He did not force Lace to accept his love. He happily, willfully accepted her to let go as she was not ready for that kind of surprises.

Yet, she came back to him and she told she could not stop her from loving him till her life time.

— In this life, we develop true individuality, even true spiritual individuality that emanates from our soul. Our actions are infinitely creative and dynamic as they emanate from the psychic being within.

Other than initial conflict and confusion, he himself amazed about what was going on with himself and he talked about Spirit to the doctor in the hospital. But the world viewed them as only physical things happening in the brain. Unfortunately he had not met anyone who could understand such psychic experience and guide him along.

— In this life we are continuously centered deep within, in the psychic being, and call to the supramental force, the divine Mother, continuously bringing about divine-like developments around us.

— In this life we are not just true Individuals, but also Universal beings affecting the world around us in profound ways; and also Transcendent beings, constantly fulfilling the will of the infinite Divine.

He became a universal being as the movie ends with how he had touched everybody's lives in his next birthday.

— In this life we help bring about and partake in an ever-emerging Divine Life on Earth; a Supramental Existence.

Indeed this film had the glimpse of aspiration towards Supramental Existence and had picturized it well, though they may not aware of that on the surface but perceived subconsciously. [SM]

Pioneer Individual and Society

The Pioneer Leader does consciously what the Society wishes for subconsciously.

For example, Steve Jobs wished to make easy-to-use computers for the average person, which the Society subconsciously, unknowingly wished for as well. When he brought them to fruition, in various forms, and through a variety of parties, the Society took to it in full.

To Be Titled

Acceptance, willingness allows for possibilities; while engaging in their opposite cuts off potentials of life.

To Be Titled

A divine force shall flow through tissue and cell

And take the charge of breath and speech and act

And all the thoughts shall be a glow of suns

And every feeling a celestial thrill.

Often a lustrous inner dawn shall come

Lighting the chambers of the slumbering mind;

A sudden bliss shall run through every limb

And Nature with a mightier Presence fill.

Thus shall the earth open to divinity

And common natures feel the wide uplift, Illumine common acts with the Spirit's ray

And meet the deity in common things.

Nature shall live to manifest secret God,

The Spirit shall take up the human play,

This earthly life become the life divine.

(Sri Aurobindo, from Savitri)

To Be Titled

The nations of the world need to come together in a spirit of Collaboration to seriously/sincerely solve the vast array of economic problems in society.

To Be Titled

The Pioneer Individual creates things that the Society does not know it wants.

To Be Titled

In one sense Trump is in power because conservatives and liberals, together and apart, could not solve the fundamental economic problems of American society.

And so now democracy itself is under threat.

To Be Titled

The world is increasingly in a Hurricane, which is why we need to discover our psychic center within, our soul, so that we can avoid the whirlwind, yet harness its vast energy and power to create the infinitely Good.

To Be Titled

Unwillingness changing to willingness attracts the diminishing of the problem that caused the unwillingness in the first place. (This is a very common experience of mine!)

Eg I am offered a project. It seems to me to difficult, so I don't want to do it. Then I have a change of heart and agree to do it. I then find out that the problem regarding the project was much less than I imagined. Life responded to my shift in attitude.

From Current Horrible Action of Mind to Its Greater Role as Instrument of Manifestation

But you know, I see more and more how horrible the mind's action in life is. Of course, in the long run, at the end of the curve, the mind will bring a precision and accuracy that didn't exist without it, but men come to regard that precision and accuracy as the truth, and that has spoilt everything. When it becomes nothing more than an INSTRUMENT of manifestation, it will be very useful. But for the moment it's still ... I am beginning to see in small details how its action is to add something to the manifestation, but in its daily labor it's horrible.

(The Mother, from Agenda, October 25, 1967)

Beyond Self-Satisfaction to What Truly Keeps One Young

"It is not the number of years you have lived that makes you old. You become old when you stop progressing. As soon as you feel you have done what you had to do, as soon as you think you know what you ought to know, as soon as you want to sit and enjoy the results of your effort, with the feeling you have worked enough in life, then at once you become old and begin to decline. When, on the contrary, you are convinced that what you know is nothing compared to all that remains to be known, when you feel that what you have done is just the starting point of what remains to be done, when you see the future like an attractive sun shining with innumerable possibilities yet to be achieved, then you are young, howsoever many are the years you have passed upon earth, young and rich with all the realisations of tomorrow. And if you do not want your body to fail you, avoid wasting your energies in useless agitation. Whatever you do, do it in a quiet and composed poise. In peace and silence is the greatest strength."

(The Mother, from Agenda, November 4, 1967)

To Be Titled

The universal and the individual are the two essential appearances into which the Unknowable descends....God having entirely become Nature, Nature seeks to become progressively God!!!
(S S Sreejith)

From Chaos Theory to the Interconnectedness of Life to the Infinite Power of One Individual to Change the World

"...Chaos theory is a misnomer. What the scientist sees as a dynamic nonlinear system is only a result whose cause remains unknown. It may well appear like chaos to us, but that is only because we have not discovered the real determinants. We live in the gross physical whereas all power of determination lies in the subtle and causal planes. Tiny movements can have immense consequences, because everything is linked to everything else, everything is connected, everything that occurs on the surface of life is an expression of an underlying unity.

What do we know of real causes beneath that surface? History only tells us entertaining stories. Grand consequences emanate from apparently insignificant events. An apparently chance meeting, a book falling off a shelf can change our life. A single individual can change the course of human events. A yogi sitting in a Himalayan cave dreamed of freedom and the French Revolution was born. One individual has the power to change everything because each individual represents the whole of humanity, is one with the whole of humanity, is the whole of humanity in inner consciousness. Our arrogance is born of ignorance. A child, it is said, could topple the whole edifice of the modern world. If so, then a child with Knowledge can also transform it..."

(From, 'The Book', page 526, by Garry Jacobs)

On Trump

-He came to office due to legitimate economic grievances of the people. Often the first party to embrace a people's grievance will be a negative one, which Trump is.

-Laissez-faire capitalism, including globalism has failed many, particularly in the US Midwest and South. They then take to electing anyone who will address their grievances, including those undemocratic in spirit, like Trump.

-Democracy is usurped when the economic system fails the people. Democratic countries need to develop a more human-centered system for it to truly flourish.

-Often the light is preceded by the darkness. Plethora of autocrats around the world, including Trump are examples of the latter, that can be followed by the former.

-The more we rage against Trump, the more harmful he can become. I.e. we will be energizing his negativity. Inner aspiration for his reduced influence and removal from office can set loose events that can dramatically influence his tenure. Even Mueller, the head of the Russia collusion investigation, is in his own way practicing a form of this "Silent Will."

-Even a tyrant or brute is capable of doing one very good thing. Nixon and Reagan are examples.

Long Beach Prescience and Beyond

Almost five years ago I moved from the beautiful town of Lafayette in the San Francisco Bay Area in Northern California, where I lived for 35 years, to Long Beach in Southern California.

I had been to Long Beach a few times for work-related activities during the time I lived Lafayette, though I never explored the city. And yet I now recall that I had several dreams about Long Beach years before I ever settled there. The dreams consisted of very specific places in the city, mostly near downtown, though I had never been there. Then on several occasions when I moved to Long Beach, I came upon those very places I saw in my dreams, and exclaimed to a friend that I had seen these locations in my dreams 10-20 years before moving to the city!

It was another experience of prescience through dreams. And that occurred several years after going through a startling set of events, where almost every other night for six months I dreamt the next day's news; either quite exactly or very close!

Keep in mind that these were fresh new events in which there had not been any discussion of those particular situations in the news previous to those dreams.

More recently, I have had a different set of mystical experiences; namely Synchronicities in Waves, such as five iterations within 10 minutes of a particular thing occurring from out of nowhere. Eg I look at my clock and it says 11:11, then a moment later a bus goes by numbered 111, and then another instance of 111 appears again across my field of vision, and then again. At one point, after being startled by these multi-pronged synchronous event, I called out "enough!" to the universe! And then it stops

Dozens, perhaps hundreds of these experiences per month have been happening to me.

As the consciousness develops, - as one is increasingly filled with supramental light, - prescience, synchronicity, and Life Response occurrences ramp up.

Plus through consecration, non-reaction, and other inner methods devised by Sri Karmayogi, negative circumstance are constantly cancelled, people arrive at just the right time, flow if life is totally harmonic, etc., etc.

These seem to be first indicators of Supramental Life; small steps on the road to infinite-like, never-ending "Instantaneous Miraculousness."

To Be Titled

Make the effort to understand what others are saying when not understood, and you will be rewarded by new shadings of the truth.

Means of Immortality Here on Earth

—Christians advocate eternal life in heaven. Sri Aurobindo advocates immortal, divine life here on earth.

—Science advocates immortality through material manipulation of the body, such as through gene changes. Mother and Sri Aurobindo advocate endless life through transformation of the cells through their surrender to the supramental Force.

—The Mother made the preparatory experiments on her body for endless life on earth. By opening Her cells to the Force, She opened the gates for future individuals, generations to become immortal. (i.e. for people to live as long as they wish)

Collaborating in Our Cosmic Destiny

There is a cosmic destiny set for you, but you can choose whether or not to follow it, collaborate with it; which is your free will. If you do, ultimate fulfillment will come into your life.

To Be Titled

The only real security in life is the divine, the Mother.

Equivalencies Between Involution of the Supreme and Human Evolution

We can see how the Involution is mirrored in human consciousness through our Evolution. First a few definitions:

INVOLUTION is the Descent from the divine spirit to matter. It comes first.

HUMAN EVOLUTION is the Ascent from human body to spirit. It comes after.

Below are the Involution/Human Evolution equivalencies.

Note that physical body is the human starting point, and we are ascending upward . in an evolution of consciousness, culminating in spirit. For the divine, spirit is the starting point and has descended to become matter. it is involution, absorption of consciousness.

THE DIVINE - THE HUMAN

Sat-Chit- Ananda/Spirit (I) = Satchitananda individual (E)

Supermind (I) = Supramentalized individuals (E)

Cosmic Mind (I) = Intuitive, Revelatory Mind (knowledge w/o thought) (E)

Mind (I) = Mind/Mentality (eg human thought) (E)

Energy (I) = Life (eg human emotions, interactions) (E)

Matter (I) = Our physical body (E)

Humans have risen to mind, and are predominantly centered there. Many have risen to rational mind; many not. On occasions humans have experiences of intuition/intuitive mind.. Supermind ascendance awaits in the future, with some people having small intimations of it. In our evolution we have begun to rise to these higher, spiritual realms of mind.

Through a dividing and absorption (disappearance) of consciousness process the spirit of the divine has become matter.

Government Role in Economy

Government should at first be held in the background as much as possible, allowing the private sector and entrepreneurship/individuality to succeed. If it fails, government should step in. In the current environment in USA and sections of the world, government needs to step in fiercely - to undo income inequality, and many other problems.

The system also needs to be rethought out for the betterment of all. The old system is failing the common man.

Eg In India and China socialism was abandoned, as it was stifling the countries. Free enterprise was given a chance and has begun to succeed royally. 700 million came out of poverty in two decades. But then government has increasingly stepped in when the problems cropped up. Basically they are where USA and EU was in the 1950s and 60s.

US laissez-faire system has become a mistake.

It should be replaced with a global Human-centered economics.

Ascending Planes of Security in Life

We see planes of existence in life - from Physical to Vital to Psychological/Mental, to Spiritual - in an ascending scale. We also know the concept of Security; i.e. protection from the exigencies of life. We can therefore try to see some of the ways that security expresses at each of these four planes of existence for the average person.

Physical Security - Safety from accidents, Mother Nature's wrath, natural disasters, drought, food shortage, disease, illness, physical threats, war. Utilization of army, police, fire fighters, governance (education, highways money flow, safety nets, social security, life/car/property/health insurance, etc.).

Vital Security - Family affection and support, friendships, marriage, children, romance, etc., social institutions (democracy, law, medical, financial, etc.), job, work, wage, creative impulse, etc.,

Psychological and Mental Security - Knowledge that is provided by schools, by human values of society (like freedom, fairness and equality), an individual's capacity to use mind to understand and protect himself from life's exigencies, psychologists and related professions, etc.

Spiritual Security - Inner Stillness/Peace, Inner Joy, Faith, power of the Divine Force to move, intervene in life, eliminating forces of insecurity.

Having all securities is what man desires. Spiritual Man desires only the spiritual security f faith and the Force, as it will insure all the others take palace as necessary, or not bother

about them as it seeks something higher - i.e. Peace, Truth, Harmony, Love, Joy, Timelessness, and Infinity.

On Security

--The king gave the physical security of law and order. Democracy has extended the rule of law so much that the individual can exercise his individuality. Sri Aurobindo requires the security from hostile forces for Truth to be followed by the individual. It is the security at the physical, social, subtle levels that ensures the progress of man.

--Creation of security in one plane will ensure the rightness of action in all the planes below.

--Insecurity is for those who love security. Those who love danger are always secure.

--Insurance is the Individual security given by the collective. Individual prayer to Mother is the security the individual gives the collective. Prayer is the premium paid by the devotee to the Divine for the well-being of the world.

--There is complete security for what is achieved. Insecurity is only for new pastures. Secure foundation; insecure fresh attempt.

--Psychological security is the highest known security. It rises when the world outside values are true inner values.

--Security is the ultimate accomplishment in any field.

--The subconscious fullness that makes the conscious oblivious is security.

--Security is a sensation of the sub-conscious stability.

(Karmayogi)

Science, Technology, and Evolving Human Spirit

The advance of scientific enquiry, the amazing new technologies are expressions of human spirit evolving in the mind and organising in Matter. (Karmayogi)

USA'S Spiritual Aspiration

The USA wants to know. Having achieved material prosperity, the USA is in quest of Spirit. It reaches for Hathayoga, Tantra or the vital spirits mistaking them for the Spirit.

Internet as Subtle Organization

Between the hurricane of the Force and the well laid out royal paths of reason, we see another phenomenon where the mental advances in science have learnt to organise themselves in matter as technology. Its latest version is the Internet made possible by the advent of computer technology. This being an organisation, it is integrating itself with all the existing organisations such as money, communication, education, and entertainment. It does everything necessary to create a subtle organisation. The world knows several subtle organisations. All institutions are in one sense subtle organisations. Internet is creating a subtle organisation through the medium of technology which is Mind expressing itself in Matter. (Karmayogi)

To Be Titled

The prosperity of the West is due to Individuality and [hard] work. (Karmayogi)

Sri Karmayogi's Name

Why did T. Natarajan incorporate the name of. "Karmayogi"? Karma Yoga is the yoga of "works." That through our life actions linked and offered to the spirit, our lives can reach its greatest possibilities, culminating in human transformation.

Moreover, through any of the fields of life one can apply the spirit, hence his vast interest and prolific, genius writings in so many areas, including personal and spiritual transformation, the

nature of reality, the process of creation, business, economics, education, history, literature, film, the character of life, social development, the future of India, etc. etc.

His name thus represents transformation through the activities of life; to bring the Spirit to bear on them.

This was also Sri Aurobindo's aim in developing an integral approach to human transformation; personified by his credo that "all life is yoga."

Kashmir and Reunification

Kashmir indicates the future reunion of Pakistan and perhaps, if Kashmir is solved the problem created in the society by Mind's partial view will be resolved and India will reach Supermind. (Karmayogi)

Comment; Supermind is Unity consciousness. It may take a degree of it to get the harmonizing energy and solution that can resolve the Kashmir situation. That would show the harmonic power of Supermind; not just of ideas, but of actions, solutions that issue from it. Now Supramental perception and action can spread throughout India, and then the world.

Rajaji's Great Idea for India's Future Prosperity

Of any developmental inspiration, the only thing that surfaced as an idea was Rajaji's ORIGINAL idea of transforming the village into a polytechnic. His idea excels even the resourcefulness of Napoleon in that it is a vibration of a genius in the widest context of collective evolution. It was not mooted at the All-India level. It was a stillborn child vitiated by its malicious motive born out of traditional ignorance.

Here is a gem of a suggestion which when combined with the modern resources of Western technology will render each village into a veritable powerhouse that avails of the latest tools for the exercise of ancient spiritual skills.

Similarly, ways and means can be devised to draw entirely upon the reservoir of Indian spirituality. If the above relates to skill and the totality embraces the complete personality of Bharat Mata, in every sector such a strategy is available to unleash the infinite energies of the field.

To Be Titled

A Life of Truth Consciousness is Divine Life. (Karmayogi)

To Be Titled

Sri Karmayogi's single great aim is to see the Supramental Consciousness, the Force of the Divine Mother roll out throughout the world, and Divinize life.

Human vs. Soul/Divine View of Events

Humanity judges each event in terms of whether it is good or bad, pleasant or unpleasant to ourselves. The Divine and each individual soul regards each event in terms of its contribution to the awakening and evolution of our consciousness. Often what is least desirable to the ego is most helpful for our progress. (Garry Jacobs)

Head vs. Mind

.. we can envision the whole WORLD and the whole of history in our minds which are centered in our tiny heads. How is it possible? The ideas and mind are in one plane which is not confined to the physical while the head is in another. (Garry Jacobs)

Questions about God that Demand Explanations.

[questions posed by N. Asokan of MSS. Answers provided by Roy Posner]

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1. Why has the Supreme given so much freedom to his creation? What can he mean by it? Does He not know that misuse of that freedom will mean the disfigurement of the beauty of his own creation?

--He has allowed the freedom so there can be infinite variation in the universe; of experience and joy.

--

2. The Vedic Rishis lived at a time when Mind was not formed in humanity. Yet it is claimed that they had great spiritual experiences. How is it possible for people without a formed Mind to have spiritual experiences exceeding Mind?

--You can have spiritual experience in the heart centers- eg self-givingness, goodwill, bhakti, et., that have little to do with Mind. You can also melt into the infinite without the experience of mind.

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3. The U.S exploded two atomic bombs even when both Bhagawan and Mother were present. Does that mean that it took place with their spiritual consent? How could they have given their consent when their own work for the cause of peace and human unity stands spoiled by this development.?

--They may not have given their consent, but rather may have been silent witness to the situation, to perceive how that fits into the greater scheme of things. Certainly Mother later condemned the weapons in all shapes and forms in Agenda.

--

4. Sri Aurobindo claims that He reached Sacchidananda in no time but that it took 10 years of hard labor to reach Supermind? Supermind is only the objective version of Sacchidananda and if so why should it take so much more time to reach it when the subjective version was easily accessible.?

--Satchitananda is in the tradition, and therefore one may readily seek it out. Supermind is less known, hinted at in the ancient texts. Also, Supermind has a direct influence in the created universe, even as it carries out the mission of Satchitananda. It resides between the upper and lower hemisphere. Therefore maybe it was less easy to perceive, to be clear about. I.e. it can only be fully known through its action and one's experience of it in the material world. Supermind is after all simultaneously a power of both Integral Knowledge and will for Manifestation, which may have taken time to realize.

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5. Communist nations such as China that have an official atheistic policy have not suffered in any big way because of their denial of God. What does this show about God? Does this mean that He is not bothered about their denial and extends His benevolence to them as well as to His God-loving children of other nations.

--Much of the belief in God in the world comes in the form of religion, which is highly distorted with their superstition and only partial knowledge of the truth of the Spirit. Atheism can stand as a way to point out religions falsehoods, even as it casts aside its benefit. So China is in many ways no worse than any other country. Also atheist China responded to Mothers call in 1962 and withdrew from India, even as India fell asleep to Her call.

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6. The entire manifestation can be described as a product of Divine Imagination in which case the whole manifestation is within His Consciousness only. Still the world looks like it is outside of God's consciousness. If so then how is it that this illusion has risen?

--Everything is within His manifestation. Gods true kingdom is the Reality, the All. It's just that the lesser elements have to catch up; and they were created for diversity of experience and joy.

--

7. It is claimed that the manifestation issued from the word "OM". If so how is it possible that this sound possessed such a creative Power?

--Through a sound, humans can perceive Him, so OM was made possible.

--

8. It is claimed that the Infinite consciousness has hidden Itself in the Finite. This is impossible since the Infinite is much bigger than the Finite and so how can it be hidden inside something that is smaller than itself?

--The Finite is not truly finite. That is only a frontal appearance. It is actually an Infinite in disguise, ready to burst forward. It carries that seed within it.

--

9. The Divine consciousness is said to be immutable. Yet at the same time it is said to be constantly refreshing its creation. How can the Supreme exhibit such opposite capacities at the same Time?

--Out of stillness came movement. The movement was a product of the Divine's Aspiration to be more than Itself. They work together.

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10. The Divine does not crave human adoration. Still, this is how Worshippers have chosen to relate to Him. This is like asking a man with a full stomach to keep on eating more. This will only lead to an upset stomach. However, the Divine does not show any such upset caused by unwanted attention. How to explain this non-vulnerability?

--Mother does not want us to ask things of Her, which has a partial ego element, nor even adore Her, but to become like Her. I.e. to Aspire for the Divine to come into our lives. It is easier to love a great thing than to become it.

To Be Titled

Evil (and ignorance and falsehood) generate the good faster than the good does; at least until the good becomes the truly GOOD.

To Be Titled

Perhaps the greatest of all human qualities is the ability to think for oneself.

Einstein's Rejection Letter

[after reviewing an historical letter in which Einstein's theories were rejected outright by University of Bern in Switzerland as being mere artistic fantasy rather than scientific, and therefore his application for doctorate in physics was rejected.]

Ideas of great minds will often be rejected if out of step with prevailing winds; or at odds with the sentiments of austere institutions.

Great minds are often very individualistic and are therefore their unconventional ideas are roundly rejected outright by supporters of the herd view.

Even Supermind is rejected by members of the Indian spiritual tradition; or at least completely misunderstood.

-thanks to Sreejith

Power of Knowledge of Process of Creation

"According to The Book, one who has the complete knowledge, one who knows the complete process of creation, has the power to manifest the Infinite in life. And when that power manifests, it does not take time. It generates results instantaneously. The aspiration, the decision, the action and the result are simultaneous and fully integrated with one another..."

(From 'The Book', page 520, by Garry Jacobs)

Perception of an Idea at Five Planes

We can perceive several planes of being in our nature, rising up from lowest to highest consciousness. They are Physical, Vital, Mental, Spiritual, and Supramental. Also people tend to be centered in their being predominantly in one of the planes, usually vital or mental.

Also we can perceive how each type of person perceives an idea, thing or matter (from lowest to highest)-

A Physical person rarely perceives an idea, as he is not interested in learning, and so it bounces off his mind.

A Vital person perceives an idea only when he experiences it.

A Mental person perceives it when it is rationally presented and understood.

A Spiritual person perceives its truth in the silence of his mind.

A Supramental person perceives it Instantaneously in the moment it reveals itself as an integral truth, and simultaneously manifests as something materially real in the world.

Team Member Right Consciousness Attracts

When a team member gives up his frustration, it subtly gives positive energy to his teammates, attracting everyone's success.

Suppose a key injured player shifts from frustration to calm acceptance, his team will quickly improve their performance, even if they have no knowledge of his original perception or his change of heart.

In this and similar ways each team member can attract great performance and outcome for all, - whether in sports, business, or other fields of life.

Ways to Remain Young at Heart

Mother's consciousness helps to keep us young at heart though we may age physically. However, remaining young at heart demands certain attitudinal shifts without which a youthful disposition is not possible. Let us see what these attitudinal shifts are.

1. MAXIMUM EFFORT - Always try to do your maximum even if it is very difficult. For example if minimum working hours is eight and you can keep working for 10 or 12 hours, then opt for these 12 hours instead of the minimum eight.

2. SETTING CHALLENGES -- Welcome challenges in your life. If they are absent, go out seeking challenges or set for yourself challenging goals. For example if you are a businessman, set yourself a challenging goal in terms of revenue target and then work towards it.

3. OVERCOMING ROUTINE -- Nothing is more deadening than functioning in a soulless routine manner or functioning out of set habits. So be innovative in yr daily functioning and act out of spontaneity than out of fixity of habits. If yr work is a soulless routine work like entering figures in acct books, then try to do it while consecrating it. That will put life in to that work. If you have a fixed habit of taking tea or coffee at 4.00 p.m in the evening, then pl try to not expect the tea at 4.00 p.m and focus on the work on hand.

4. CHEERFULNESS- Pl try to remain cheerful at all times irrespective of what happens to you and irrespective of what news you get. Nothing works better to keep you young than an attitude of constant cheerfulness.

5. PROBLEMS TO OPPORTUNITIES -- Pl take the problems you face and try to find out how to turn them in to great opportunities. If you are faced with a shortage of income, then try to figure out how to turn the shortage into a plenty.

6. FOCUSING ON OTHERS - Pl turn yr attention to other people around you and see what you can do to make them improve their careers and enhance their happiness. Wherever you get a receptive listening try to show them the potentials that are awaiting them and share in the joy of their progress.

7. LEARNING THE NEW -- Pl be always on the look-out for learning something new. Nothing keeps us more on alert than this eagerness to learn something new every day.

8. OVERCOMING SELF-SATISFACTION - Pl don't be ever satisfied with what you have achieved. Always try for a bit more. If you are a great admirer of cleanliness, then keep on trying to improve yr score on that front.

9. EMBRACING LIFE RESPONSE - PI learn to look at yr life as well as the life around you through the mechanism of Life Response. It will yield unending marvels of new insights that constantly updates yr knowledge.

10. SEEKING DIVINE PRESENCE - PI try to feel the Divine's presence in all the friendly touches as well as unpleasant shocks that Life gives you. If you succeed in that, that will keep you forever young at heart.

(N. Asokan, MSS)

To Be Titled

Every situation carefully observed subtly suggests several courses of action ... or inaction.

To Be Titled

"Simultaneous Time" is to experience the past, present, and future in the Eternal Now. It is supramental in nature.

Experience of Time Among Person Types

There are several TYPES of persons, of which the normal human being is centered mostly in his vital or mental being. Moreover, we can see how each type of person relates to Time:

--A physical person enjoys mindlessly reveling in the past.

--A vital person likes those moments that are satisfying, whether in the past or present.

--A mental person focuses on that which is useful among past, present, and future.

--A spiritual person lives in a state of Timelessness, i.e. beyond time.

--A supramental person lives in simultaneous time -- where past, present, and future are experienced as one, without boundaries, in the Eternal Present. E.g. from the present he can change the past and future.

To Be Titled

Time emerged from Timelessness; so through our higher consciousness we can learn to bring out the Timelessness in Time.

To Be Titled

An evolving personality progressively focuses less on the negative, and more on the positive. In fact, she sees negatives for what they really are, intense forms of the positive; as possibilities, opportunities.

To Be Titled

Life repeats negatively, especially among those in the physical consciousness, lost in the Ignorance.

Great Changes and Challenges in World Since End of Cold War

Colossal political, economic and social changes followed the sudden end of the Cold War and the associated ideological competition. These include the collapse of the Soviet Empire and Warsaw Pact, the rapid expansion of NATO, the establishment of the European Union and Eurozone, the dramatic expansion of world trade after the founding of the WTO, the birth of the World Wide Web as the first truly global social institution, the rise of global civil society, the globalization of multinational corporations and financial markets, the financialization of economies, the resulting global impact of the 2008 financial crisis, the intensification of multicultural contacts in a shrinking world of intensified cross-border communication and immigration, rising expectations of an increasingly educated young population, accelerated technological development and application threatening existing job security and future job

creation, rising levels of economic inequality and concentration of wealth, increasing influence of money and economy on national policy and international relations, the recent emergence of China and India as economic powerhouses, the recent proliferation of nuclear powers and reliance on nuclear weapons reversing the dramatic breakthrough in nuclear arms control in the early 1990s. These changes are themselves both the causes and results of rapid and radical change.

This remarkable confluence of diverse factors has shaken conventional theories and beliefs, generated widespread confusion, and raised fundamental questions about the future of humanity. Concerns about the future have not reached this intensity since the end of World War II led to the founding of the UN and the Bretton Woods institutions. In combination, they signal disillusionment with the prevailing intellectual paradigm that has dominated global thought for the past few decades, but without clearly signaling the characteristics of the new paradigm that is yet to emerge and replace it. As in the past, one result has been a reversion to earlier dogmas and discredited doctrines in search of greater certainty. Competitive and aggressive nationalism, isolationism, mutual suspicion and xenophobia are rearing their heads. Prevailing philosophies, institutions and policies have been discredited. But a new shared vision of pathways to a more peaceful, prosperous and sustainable human community has yet to emerge.

(Cadmus Journal; Garry Jacobs, et al)

Remainder of article:

Over the past few millennia, humanity has evolved from an organization of villages, tribes, city-states and petty kingdoms into an international system of nation-states. It is now in the process of moving beyond nation-states to form a more closely integrated global community with effective institutions for global governance. (Garry Jacobs)

To Be Titled

Terrorism and autocratic, oligarchic, undemocratic populism are due in part to the fact that certain large swaths of peoples feel they have been left out of the general wave of prosperity in the world, and grab onto whatever system - nefarious or not - they believe will serve their interests.

Comment It is increasingly the Era of Rising Expectations.

To Be Titled

Life is a never-ending Workshop to work out our limitations of consciousness on the road to transformation and immortality.

Comment: It occurs across multiple births, though it can be radically sped up within one.

Benefits of Cryptocurrencies

Cryptocurrencies allow peer to peer exchange of money, without need of middlemen like banks and other financial intermediaries.

This-

- allows for lower cost money transactions
- enables the poor to participate who haven't bank accounts
- enables speeding up of transactions
- shifts the power to the user instead of institutions
- allows for new forms of monetary trust forging new monetary potentials
- can make use of the Internet enabling all sorts of developmental possibilities
- could lead to a global world currency with far greater effectivity than current national currencies
- could be regulated from its inception against international financial speculation
- can use programming capacity of web to easily establish rules and regulations
- etc.

The negative is that Cryptocurrencies can be abused for wild speculation, to avoid taxes through havens and the like, etc. strong regulation or over-site would alleviate such concerns. Currently such currencies are approaching \$500 billion.

Garry Jacobs:

"... we are still in the earliest stage of the development of CCs, akin to the time when the Internet was primarily used for email and file transfers.

It would be unfortunate if out of fear of possible loss of control, national governments were to prematurely stifle experimentation and experience with this new financial networking tool.

At the same time, the risks are too great to permit their unbridled development without close monitoring and regulatory powers to mitigate misuse.

Under these conditions, management by international institutions is the most effective strategy for fostering positive innovations conducive to the fullest and most equitable development of the contribution of CCs to global human welfare and well-being."

To Be Titled

The era of the nation state is starting to come to an end, replaced with a Global Society.

Unfettered Globalism and Laissez-Faire Capitalism as Source of Wealth Inequality

The end of the Cold War was viewed by many as the unilateral defeat of authoritarian communism and the final supremacy of liberal democratic capitalism. Few perceived that the victory was to be so short-lived. For in their extreme forms, these two ideologies were mutually reinforcing. The threat of global communism was a factor that kept advocates of western capitalist democracies aware of the need to maintain its legitimacy by ensuring that its citizens were wealthier and enjoyed greater liberty than those in competing communist countries. Each extolled values and social realities that the other ignored. In the aftermath of WWII, European thinkers concerned by the ominous threat of fascism and communism founded the Mont Pelerin Society to extol economic liberalism as the ultimate safeguard and antidote to authoritarianism. They acted on the premise that so long as the acquisition and possession of property are free and unrestrained, human freedom will be preserved. Ironically, today unbridled economic liberalism has become a principal threat to liberal democracy. Dismantling the constraints previously imposed by social democratic policies to shield Western Europe and North America from the lure of communism, a more aggressive form of neoliberalism emerged to tear down the fetters that protected the economic rights of the working class and freed corporations to wholeheartedly pursue shareholder value, unmindful of the essential responsibility of business to serve the wider interests of the whole society.

Globalization added fuel to the fire of market fundamentalism. Freed from the constraints imposed by nation-states, stateless multinational corporations took refuge in offshore tax havens and compelled nations to compete with one another for investment, jobs and foreign exchange earnings. The surplus profits accruing to the wealthy multiplied global financial assets from a mere \$12 trillion in 1980 to in excess of \$150 trillion by 2015. A small and declining percentage of this accumulated capital is being reinvested in the real economy to create jobs and meet human needs. The remainder is circling the globe in search of speculative returns giving rise to a Global Casino.

(Garry Jacobs and others, for Cadmus Journal)

To Be Titled

Globalism, despite its vast current pitfalls, is a sign of a coming new Global Society beyond the nation-state.

To Be Titled

Trump (and similar regressive movements around the world) represent forces against an emerging New Global Society; yet ironically through backlash, will likely help accelerate it.

To Be Titled

Global Governance is the solution to most of the societal problems of the world.

What is needed is not the end of Globalism, but a much better version.

To Be Titled

Globalism in the context of a New Global Society is a solution we can aim for.

Shifting to Mother (Consecration) from Timidity Attracts Boss's Positive Action

Today morning i saw the video [on how overcoming negative attitudes attract good fortune]..I felt Mother has sent this for me as I have to change my attitude in my work place...I used to hesitate to speak with my superiors, avoid them with fear, lack of confidence...i was afraid of the attitude of my dept colleague and so I prefer to avoid and keep quiet. Just after seeing it ,i decided to change my negative attitude . Mother is the Only TRUTH....Let me rely on HER alone and not on my knowledge, others attitude....a lot of miracles happened ..my boss called me to redress a complaint...i can boldly talk with him about my work. The highlight ... yesterday's data which was automatically updated with today's data was made available once again for the benefit of my organisation after I called and informed the concern person....Thank you Mother... (BE)

To Be Titled

The whole blissful Reality is available to be felt and seen at any given moment.

Comment: I.e. spirit and life around us are completely intermingled, and we perceive but one integral Reality; the All.

Subtle Powers of Consciousness that Heal

All illness can be healed through methods of higher consciousness. This is what is not talked about in the West, who are obsessed with pills and their use.

We are out and out materialists, not believing in or even being aware of the subtle planes and powers of life.

I have known of dozens, hundreds of people who have been cured or dramatically improved through higher consciousness methods, adding decades to their lives.

Triple Speed

A problem taken in the right spirit quickly leads to dramatic, unexpected improvements.

A man's and a friend's computer and smartphone began intermittently running very slowly. In fact, all four systems were on the verge of uselessness.

And so now the man had to go through the bother of getting serious tech support. Though he was close to irritation, he then thought that the good could come out of the bad of this situation. And so he became relaxed, considering the severity of the situation.

The support person then said they would send someone over. The young technician who arrived not only replaced the old router and modem with new ones at no charge, but the entire system now ran at triple the fastest speed it had ever run before!

To Be Titled

"...Life is the raw material from which the creative imagination of great writers generates works of fiction that are truer than life—truer because they probe and reveal more deeply its real character..."

(Janani Ramanathan, from Cadmus journal)

Education and Character

Sri Aurobindo has said education does not change character. It gives information as well as ideas. Ideas are powerful enough to enlighten and even inspire the Mind. It is utterly insufficient to influence **സ്വഭാവം** the character. Character is a formation of the body whose full power issues out of emotion. [In *Pride and Prejudice*] Darcy wanted Elizabeth not merely as a wife but as a love who would let him love her. His fulfilment would be in winning her emotional opening to her. Our own character will change when our deep emotions are powerfully stirred. (Karmayogi)

To Be Titled

What you deeply value takes shape through an emotionalized ideal.

What Do I Deeply Value?

Personal values are the ideals you hold dearly, emotionally, even passionately. What then do I deeply value?

- Sri Aurobindo's thought.
- Karmayogi's interpretation of His thought in all fields of life.
- Mother as power in the universe to enable all levels of individual and societal transformation.
- Their Knowledge spreading throughout the world.
- Emergence of New Global Society based on Their spiritual perspectives.
- Personal computer, Smartphone, and Internet revolutions.
- Inspiration of Steve Jobs' life.
- Progressive values of California.
- Prosperity of India.
- US moving beyond physical/material consciousness.
- Diversity of America.
- Individuality, thinking from the depths of one's self, above all things.
- Freedom, so we can all become true spiritual individuals and realize our infinite potential.
- 'Unity in Diversity' as motto for the future.
- Life Response knowledge, experience spreading throughout the world.
- Works of Garry Jacobs, interpreting teachings of Karmayogi.
- My own works (books, thoughts, presentations, music, etc.), and it spreading.
- Perfection in works; Success in works.
- Mother's Service Society pioneering efforts in all fields based on Sri Aurobindo, Mother's, Karmayogi's, etc. teachings spreading around the world.
- Fulfillment of each person I know; clients I am responsible for.
- Sharing the joy of each person's success, happiness.
- End of greed, selfish political policies.
- Society moving out of its Ignorance, replaced with Integral Knowledge of the Truth.
- Humor and good cheer.
- Appreciation of great artists, achievers.
- Transformation of my own self.
- Harmony wherever there is discord brought about by higher understanding.
- Solution to all world problems through utilization of Supramental Force (Mother's Power).
- To get in touch with psychic being and call Mother from there to enable personal transformation.
- Discovering the inner powers to healthy, long-life.
- Supramentalization of Life. Divine Life on Earth coming. Being an instrument of this process.

(what then do you value?)

To Be Titled

When the world can't solve its problems, asuric, dark forces quickly step in and take over.

Plight of Workers and False Populism (2018)

Subconscious fear of losing out to automation, globalism, skills gap, and wealth disparity are causing people around the world to take to false populism. Fresh, new, coherent replacements, including global solutions, have yet to clearly emerge.

To Be Titled

Science - whether quantum physics, biology, chemistry, astro-physics, etc. etc. - is merely chipping away at the surface of things. The truth lies much much deeper.

The Descent of the Higher Worlds

Sri Aurobindo indicates through his epic poem Savitri that all the subtle and higher worlds that Aswapathi experiences in the story - eg the endless kingdoms, infinite ways we can know spiritual bliss - are destined to manifest here in this life for us.

Moreover, they are also involved, buried in our own subconscious, but are destined to re-emerge when they descend from Above.

(thanks to Garry Jacobs)

To Be Titled

The Divine Plan, Intention is not just to climb the stairs to ever-higher consciousness realms, as many spiritual personalities have done in the past, but to bring down those planes so we can be transformed, and usher in a Divine Life on Earth.

(thanks to Garry Jacobs)

Awakening Powers Above/Within

Becoming conscious means that the powers Above have awakened in us.

All that comes to us in life, positive or negative is to awaken in us the planes of consciousness that are Above; that are buried in ourselves.

Inner Means of Immortality

Silicon Valley wants to extend our lives to 1000 years. But what good will it be if we don't expand in consciousness the mind, the heart, and the vital being. It would be a tortuous physical existence!

Dark Matter, Dark Energy; Involution, Evolution.

There is the possibility that Dark Matter is of the Involution, as it is a contraction, compressing movement that creates matter, galaxies out of nothing; while Dark Energy is of the Evolution of the cosmos, causing the already created objects, universes to fly apart in an accelerating manner.

To Be Titled

When you boast something will happen, you are likely to immediately attract obstacles.

Refugee Crisis and Global Cooperation

Like many other issues, the Global Refugee Crisis shows that only through cooperation among nations can these problems be solved. Individual nations cannot do it by themselves. Global cooperation in an emerging Global Society is where we must be headed.

To Be Titled

Subconscious fear of losing out to automation, globalism, skills gap, and wealth disparity are causing people around the world to take to false populism. Fresh, new, coherent replacements, including global solutions, have yet to emerge.

First Indicators of an Emerging Global Society

"Enlightened globalism crashes headlong into the fiercely held notion of sovereignty of nations."

Nations won't disappear. They can still fully exist as sovereign states. Yet the emphasis switches to solving global problems together, from top down; simultaneous to bottom up.

Absolute sovereignty of individual nations is gradually replaced with the ideal of "Unity in Diversity." The Unity takes shape through an emerging Global Governance and Society, which simultaneously expressing through the Diversity of individual nations.

Then there are the ways individuals will relate to those changes,:

Human attachment to nation states will gradually loosen as we come to see that a nation by itself cannot solve its own problems.

It may come through a self-aware enlightenment or through conflict of forces.

--The EU was an example of a first kind of limited Global Society, coming in the wake of WWII.

--The Financial Crisis had it gone another step (negatively), could have triggered other federations of nations.

--Radical degradation of the environment can make us focus on the blue planet, rather than our own nations. Threat of nuclear exchange too.

--New, broader perspective of the world through extensive travel, the cross-border power of the Internet, and frustration with political realities in one's country to solve problems can loosen strong ties to one's own nation state.

--All of the global associations taking place, eg so many in Asia and elsewhere, indicate rapid movement to global society and global governance.

To Be Titled

Mother's power working through devotees' aspiration, creates miracles for one's self and Society.

To Be Titled

"You must find the place inside yourself where nothing is impossible." (Deepak Chopra)

Instructor Avoids Class Cancellation by Taking Responsibility, Honoring His Duty

An instructor was scheduled to do some training work. However, due to a sore tooth he contacted the training company, requesting that someone take his place. They searched and searched but could not find a replacement.

Perceiving the need to take responsibility in the situation and do the right thing, the instructor informed the training company contact that he would do the class despite the pain. Then unexpectedly the contact turned around and told him that they had now found a substitute instructor! As a result he could now go to the dentist to solve the problem that morning.

Because the instructor took responsibility for the situation, - honoring his duty; not wanting to create a problem for the students who would have to reschedule, or for the training company itself, - life brought a substitute instructor much to his surprise, and great relief.

To Be Titled

Greater harmony among the nations can solve the immigration problems in the world.

Populism and Pluralism

One of the greatest threats to democracy today issues from the resurgence of populism. Populism is a social-psychological phenomenon that undermines the pluralism on which democracy depends. The right of the people to struggle against entrenched powers and privileged elites was once regarded as a sign of democratic vibrancy. Today populist appeals are being applied as a divisive force to generate confusion, prevent intelligent debate, fuel disharmony, polarize heterogeneous populations, weaken social cohesion, obscure a shared vision and undermine the sense of unity and common identity on which nation-states are founded.

"The control of the media by authoritarian governments, the take-over of the press by oligarchs, infiltration of social networks by disruptive foreign influences, and conscious misuse of media as an instrument for falsification by political parties cannot be easily remedied, as long as the public is willing to be misled."

A culture of free inquiry, questioning and critical thinking is central to democracy and the wider distribution of social power. Trust in democratic leadership and institutions is founded on that freedom. Effective human relationships are associated with the promotion of the human and professional, scientific, artistic and spiritual potentialities. Populism undermines the trust generated by constructive human relations and tends to replace these qualities with simplistic slogans, cloistered virtues, empty platitudes, suspicion and incriminations.^{3,4} These divisive trends are further aggravated and intensified by the conscious falsification of electoral promises by populist candidates and the misrepresentation of facts by biased mainstream media outlets and surrogate purveyors of fake news. They constitute as much a violation of the principles of free speech as efforts of central authorities to suppress public expression.

Rising expectations are a powerful instrument for social development. They release the energy of the population for new endeavors and higher forms of accomplishment. But in times when social expectations rise far faster and higher than the opportunities to fulfill them, they can result in increasing levels of frustration, discontent and disillusionment that readily respond to populist appeals. So too, rising levels of uncertainty and insecurity regarding the future increase the appeal and susceptibility of populist slogans and remedies. Resentment toward the privileges of entrenched elites, hostility toward identifiable groups as scapegoats, groundless accusations and conspiracy theories find a receptive and responsive audience. Assigning blame to others for the people's failures or sufferings has been the path to leadership followed by many a demagogue.

The accelerating speed of change, increasing complexity and growing uncertainty regarding the future in recent times present fertile soil for populism to seed and sprout luxuriant but pernicious weeds of discontent. The dramatic changes since 1990 referred to earlier have added fuel to populist tendencies. The anticipated impact of the 4th industrial revolution on employment and job security has aggravated fears of unemployment and a future without sufficient work opportunities for the next generation of youth everywhere. The shift of entire industries overseas, the change to new energy sources, the suffering generated by the 2008 financial crisis, the shift of economic power to Asia, concern regarding a military resurgent Russia and more assertive China, reports of rising inequality and the increasingly global competition and the flood of immigrants entering Europe from the Levant have all become additional fuel for a pernicious form of populism.

Populism exists in every democracy in the form of fringe movements led by those who are excluded, disillusioned or opposed to the established order. But so long as mainstream society remains wedded to a central vision, its impact will remain minimal or can prepare the ground for constructive future developments, as the anti-establishment youth protests of the 1960s in support of the environmental movement, women's liberation and equal rights for African-Americans paved the way for mainstream evolutionary changes in subsequent decades. But populism can also become a tool wielded by seasoned politicians to undermine pluralism. Here the objective is not social progress but rather opposition to it by entrenched interests. Like

the Fascist appeal of anti-Semitism in pre-war Germany, the gun lobby in the USA and anti-immigrant fervor in Europe are efforts intended to divide the population in order to carve out a section of adherents for political support, based on spurious or self-interested motives opposed to the welfare of the nation and the well-being of the entire population. The turmoil and confusion resulting from such movements dissolve the bonds of inclusiveness, tolerance, cooperation and shared vision on which societies depend for their integrity and future development.

There are no sure short-term remedies to the threat of populism. The control of the media by authoritarian governments, the take-over of the press by oligarchs, infiltration of social networks by disruptive foreign influences, and conscious misuse of media as an instrument for falsification by political parties cannot be easily remedied, as long as the public is willing to be misled. Imposition of stricter regulation of electoral campaigns can moderate the tendency toward extremism. It is ironic that American law strictly prohibits and punishes perjury under oath in the courtroom, while permitting candidates for the highest political offices in the country to make wild accusations and false promises without any accountability under law. Laws regarding election conduct exist, but are rarely enforced. The right to free speech becomes a shield that undermines the very power of free speech by obfuscating truth with an impenetrable barrier of conscious falsehood and confusion. Rising levels of general education can shield the more educated from susceptibility to its more extreme forms. But recent events in Europe and North America show that education alone or in its present form may not offer sufficient protection.

The only assured protection against populism is neither unlimited free speech, rigorous enforcement of electoral conduct nor universal education. Resistance and immunity to populism in democracy can only be achieved by building truly inclusive and equitable societies in which rights and social power are extended universally. Without addressing the underlying causes of populism—economic insecurity and social inequality—populist calls will always find both powerful sponsors and willing audience.

(Garry Jacobs and others, for Cadmus Journal)

Individuality and Globality

We see two simultaneous, yet opposite movements occurring in the world: one towards increasing true individuality (micro): the other towards increasing global economics, culture, and governance (macro).

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Wealth Inequality Increasing, Decreasing

Though income inequality and wealth distribution is accelerating among many nations, it is decreasing among the totality of people and nations, mainly due to the increasing movement out of poverty and toward prosperity of hundreds of millions of Chinese and Indians.

Patience + Method = Quickest, Most Powerful Response

Utter Patience on one side, as if one has all of eternity; yet practicing the right inner method that evokes the quickest and powerful response - eg via consecration or calling - is the solution we are after.

Spiritual Caress of the Cheek

An Indian woman was suffering from great pain from her tooth. She was therefore given a pill for relief by a dental worker. He only had one. Moreover, he was about to leave for a week, so the lady was left with just the one pill.

She was about to take it, but then hesitated, and thought of another way. The lady then imagined The Mother's hand caressing her cheek in the painful area.

Very quickly the pain went away. In fact, it never came back again.

Keys to Prosperity for the Individual Indian

- real aspiration for success
- willingness to work hard
- entrepreneurial spirit
- true individuality; not following the herd
- not looking for safe jobs
- following your bliss; deepest aspirations
- honesty and integrity; truthfulness
- utilizing Indian propensity for rational thought
- utilizing Indian propensity for intuition
- taking to original thinking and thought
- making use of the spirit in work and life
- embracing "unity in diversity"
- becoming more organized
- cleanliness and orderliness
- acquiring the necessary skills
- embracing one's deepest values
- aspiration for prosperity of the homeland
- always doing the right thing
- keeping the attitude positive
- giving up poor habits
- shifting from selfishness to self-givingness
- feeling gratitude instead of complaining
- wishing the best for others (goodwill)
- being psychologically strong in tough times
- perceiving opportunities behind difficulties
- not wasting money; maximum use of resources
- fully embracing the work at hand, not what you want

On Napoleon

Q: Napoleon was hailed by Sri Aurobindo as the man who restored order in France after the frenzy of the Revolution. But the order he restored was only the old order when he blatantly declared himself as Emperor. What is so special about restoring the old order that he deserved to be hailed by Sri Aurobindo?

A: The French Revolution and Napoleonic era irrevocably changed France and Europe forever. Even though Napoleon tried to restore an aristocracy and hereditary rule, it was far different than what prevailed before the Revolution. The main differences are 1) the power and influence of the Catholic Church and the Pope in the Vatican was drastically reduced so that the rulers of France were no longer subject to an external authority and the vast wealth of the church was seized by the monarchy.

2) The hereditary aristocracy of France was annihilated in the Revolution. The new aristocracy came from the wealthy class of merchants and soldiers, not from the ancient families. So physical inheritance of privilege was wiped out. Money replaced birth as the main source of power.

3) France after the revolution was a nation of French citizens, not merely passive subjects under the control of mercenary soldiers. France had matured from a monarchy to become a nation state and laid the foundations for democracy to come.

On Napoleon: Napoleon established a set of impartial impersonal laws to which all citizens were subject in France and in other countries conquered by Napoleon. The whims of monarchs were replaced by rule of law. So even if Napoleon reverted to old forms of authority, the nation he ruled was altered forever. (Garry Jacobs)

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Roy Posner added:

"What is so special about restoring the old order that he deserved to be hailed by Sri Aurobindo?"

--Because a number of countries threw off aristocracy for democracy in the wake of his both positive and negative actions. Top of Form

Germany's Karma

Q: Germany is sure to face karmic retribution for killing Jews and inflicting enormous civilian casualties on the Soviet Union during World War II. If so what kind of karmic retribution it will be?

A: Apart from the 5 million German's killed in WWII, Germany was divided for 45 years after WWII and one third of its people lived under the most oppressive totalitarian regime. Millions suffered and died. It is not possible for us to imagine the torment they suffered or the constant anxiety of the West German's living on the battlefield between East and West when fear of a Soviet invasion was a constant threat to them.

But the principle of Karma is not a simple matter of eye for eye. We reap karma according to our consciousness. Germany was universally condemned and compelled to live with its monstrous reputation after the war. It became the most progressive and liberal country and the leader of the movement toward European unity which brought permanent peace to Europe.

A change of consciousness changes the results, just like it does for devotees who repent their past deeds and decide to change. Human justice demands retribution. Divine justice demands evolutionary progress. (Garry Jacobs)

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Roy Posner added:

Germany is currently burdened by immigrants, as a life response backlash to its acute racism during WWII. She also had to reintegrate Eastern Germany, a mighty task. And now the EU, and Germany its financial leader and founder, is burdened by poorer countries who are in debt and on the cusp of bankruptcy, or are moving to populism in its Southern and Eastern regions. Germany is being consumed by these and other issues, despite her great prosperity. Also the Germans were devastated at the physical level during WWII, and have in generally been acutely peaceful.

To Be Titled

Human justice demands retribution. Divine justice demands evolutionary progress. (Garry Jacobs)

Germany, and Jews Arriving at Homeland

Germany [via the horror it created, ironically] became an instrument for the fulfillment of the 2000 year old aspiration of the Jews for a return to their homeland.

Half went to Israel and the other half went to USA where they have enjoyed a freedom from persecution unknown for the past 2000 years.

It gave rise to a form of liberal international inclusive Judaism quite contrary to the exclusive separative Jewish faith of those in Europe, so it helped Judaism evolve from a religion of the chosen people to a strong advocate of the rights of blacks, women and other minorities. (Garry Jacobs)

Oneness of Indian Subcontinent

Sri Aurobindo says that India (the whole subcontinent) is a nation with a soul. It is not merely a legal recognized nation state but a real unified entity with a common culture that belongs together.

That helps explain why after it was finally united for the first time in 1947 it has held together by the consent of the people rather than the force of compulsion. (Garry Jacobs)

Goodness and Greatness of Jimmy Carter

[President Carter is known for creating Israeli-Egypt accord, environmental focus, and human rights push, which was followed by great human-centered works after he was president. He was however condemned by some for being passive, and for focusing on the malaise facing the country.]

Much historically-maligned USA President Jimmy Carter had a close repore with the youth of the nation that inspired up and coming leaders in Soviet dominated Eastern Europe to seek similar relations with hoped for new leaders. That then morphed into the Velvet Revolution that brought down Communist domination there and eventually the fall of the Berlin wall and the end the Cold War.

He later joined MSS's International Commission on Peace and Food (ICPF) whose first plenary meeting in Trieste was synchronous with the fall of the Berlin Wall and the end of the Soviet Empire.

We thank the Divine Mother for predicting this outcome a 17 years earlier, and working from the ethereal realms for supporting Gorbachev who single-handedly ended the Cold War, avoiding the destruction of all life on earth.

Correspondence of Vulgarly

Sri Karmayogi has discovered a startling way to change the conditions of society. All one has to do is examine the outer problem, discover a correspondence in your own nature, and change that. When you do, the outer conditions of society will change as well.

There was a leader who was vulgar, ill-informed, and acutely egotistical and insecure. An aware individual, who spent his life fighting injustices, was acutely aware of this leader's negative propensities. However, the man himself often expressed his opposition to the leader through his own vulgar language and imagery. It was clear that if he were to overcome his own vulgarity, the nefarious leader's fortunes would deteriorate, and the policies he advocated would also change.

In this way we can each examine the qualities in society we would like to change, and find our own corresponding deficiency, change it, and see the world around us quickly reverse. We can take that approach with leaders, with social issues, even with conditions in our own organizations, businesses, families, relationships, and friends.

Eg we can see how certain qualities we dislike in a family member corresponds to something similar in our own nature. In one instance, a woman constantly yelled at her child who had Attention Deficit Disorder. If she were to give up her incessant yelling at her, son, the boy would start changing for the better.

Why not give this method a try. If you do, the miraculous will start happening in your own life!

White Cars Synchronicity

Every day my life is filled with synchronicities; where events occur that seemingly should not happen, but they do; where the odds of one occurring are literally a million or even a billion to one.

Take the other day. I was driving home on a busy street with heavy traffic. I looked ahead and to my left and saw two cars, both white. A quiet voice inside me said, "here we go again!"

I then looked in my rear mirror and saw two additional white cars trailing me. Now there were four white vehicles on my side of the street, all together, headed in the same direction.

I then gazed in front of me, and looked for cars ahead of the two white cars in front of me. I immediately saw another white car ahead (no other color). I then quickly looked in the mirror to see what was behind the two white cars trailing me. It was three more cars - all white!

I then looked up ahead and counted six white cars (no other color) in front of me and five (no other colors) behind, for a total of 11 white cars, all in a row!

There may have been as many as 13.

Keep in mind that this was no procession, such as a wedding or funeral. These were 11 or possibly 13 white cars of drivers who knew nothing of the operators of the other vehicles, but had lined up in back and front of me.

It was another startling, miraculous-like synchronous event; not unlike the hundreds or even thousands such incidents I have experienced over the years.

To Be Titled

When we listen to another and hear their thoughts, do we take a moment and reflect on what they really mean; what their real motive and concern is behind the words?

Perceiving All Sides' Loss and Gain (the Totality) in History

German aggression [subconsciously] came to destroy colonial imperialism and its purpose was served by a defeat in which America demanded that the Allies give up their empires. So though we say Germany lost, England, France and Italy also lost their empires.

It is the total result that matters, not merely win and lose.

Moreover what we call victory and defeat is itself only superficial.

Germany emerged stronger and is now the leader of Europe. What was defeated was falsehood in Germany rather than the German spirit, and Falsehood in the Allied countries as well.

The net effect is an evolution of consciousness for those involved and for humanity as a whole leading to the founding of the UN and the Declaration of Universal Human Rights.

So too, America failed to defeat Vietnam in the Vietnam War but the result was to stop the spread of communism, to shift China from supporting violent revolution to seeking economic development by trade with its erstwhile enemy USA. What won in Vietnam was national self-determination for each nation state. (Garry Jacobs)

Comment: Yes, further proof that Life/Nature moves on many fronts simultaneously.

Prosperity that goes to all tends to melt away political divisions.

Benefits of Life and Higher Planes Descent

All that has come to us, to society in the world, say in the last 200 years, is the result of a descent of corresponding modes or planes of higher consciousness from above.

Involution and Evolution of Divine and Our Soul

Not only has the Divine descended in a process of involution to become matter, losing its Divinity, but so has our soul (psychic being), crossing many births, losing its spirit, taking on the form and role of our surface being.

In both cases, the spirit in all of life and of our own soul must remerge in its fullness via the evolutionary process through our higher consciousness.

To Be Titled

Mother says that the Gods do not have Psychic Beings, and thus cannot evolve. In that way, we are potentially greater than them.

To Be Titled

Our True Self (psychic being) is Immortal. It never comes to an end in space, time, and beyond.

To Be Titled

We want more love, more joy, more power, more intensity because that is what our Soul aspires for in a higher form from the Spirit above.

To Be Titled

The higher, Spiritual life can be said to come down to two qualities: how much Aspiration do you have to uplift your life, to raise your level of consciousness; and how much Faith do you have in the Higher Power, in the Mother to make it happen.

To Be Titled

The spiritual person shifts from trust in Life to Faith in Mother. Or perhaps we can say a spiritual individual trusts in Life that is based on Faith in Her.

To Be Titled

The Psychic Being (true self) is evolving through multiple births, through an array of consecutive individuals it inhabits, and thus through our own personal progress.

To Be Titled

Shifting from resentment to gratitude opens up the world for you.

To Be Titled

Complete non-reaction to someone's mental abuse soon after attracts their reasonable, softer nature.

To Be Titled

US and Russian vast nuclear arsenals can easily justify, legitimize any country's belief that they too should have nukes, making the world that much more dangerous.

To Be Titled

The Supramental Force looks into the future, and thereby determines its actions in the present.

To Be Titled

In Supramental Consciousness you continually appear at the right place, at the right time, with little or no thought involved.

To Be Titled

When opening to Mother (supramental force), seemingly unusual situations will develop in response to one's life challenge. Though the mind will not readily perceive the rationale in the present, in hind-site it will.

Synchronous Indians

It is startling how utterly serendipitous and synchronous Indians are in my life. They appear at the most auspicious moments!

Eg I am sitting in a motel lobby with no one in sight for a long while. I then read about how the Indian economy expanded at 7% rate, and instantaneously a man, - an Indian with a prosperous look, - appears!

This sort of connection with Indians occurs very frequently.

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PS. Just after the above incident, I returned to my own hotel in Oakland, California, and wandered into the large lobby of the Hilton Hotel. Immediately I saw a large contingent of people gathered near the front desk. Suddenly I realized that 25 of the 30 people there were Indians, who were checking into the hotel. Moreover, they were all darting around me!

I was flabbergasted, yet somehow not surprised.

To Be Titled

Forthcoming Honesty in a small situation attracts immediate benefit.

To Be Titled

The billions of consciousnesses experiencing the Reality in an infinite variety of ways are expressing the Divine's Intent.

To Be Titled

The involutionary process that made the universe, earth, matter from the divine Spirit, which hid itself to make life possible, is through a reversal going in the other direction, through evolution revealing the Spirit and the infinite possibilities buried inside.

To Be Titled

Creation is searching for its hidden Self.

To Be Titled

Because there is something deep inside, in our soul that knows the divine purpose and plan, we on the surface aspire for more in life; even aspire for the Heights.

Gods Don't Really Matter Now, but We Do in Tandem with Supramental Power to Drive Evolution Forward

Mother says in Agenda that at this time and point in the evolution the Gods don't really matter. They don't matter because they don't know how to bring their divinity, the Divine down here on earth, to uplift. They lack that knowledge and power.

Yet we have it in full, at least in potential. And so we matter completely. And it is because Sri Aurobindo and the Mother gives us ,puts at our disposal so much of this knowledge and power, - provides the direction and means to bring about the divine existence on earth, the Supramental knowledge and path; not to mention that they have brought down the Supermind onto earth - that we are key to the further progress of life on earth..

Thus praying to and calling in the Gods, - who exist at the lesser overmental level, - is not going to bring Supermind down; is not going to help bring about a Divine Life on Earth.

Goodness of Doctor Thorne

In 'Doctor Thorne' by Anthony Trollope, we see how the goodness of one man (the doctor) attracts an array of positive developments for others, as well as for himself.

Summary of Story

Trollope turns his attention in this novel to the landed wealth of Barsetshire. The gentry, represented by the Greshams, are in decline. They are in decline because of the political imprudence of the squire and his predecessors. Having lost his Tory constituency and his money, Squire Gresham attempts to save the estate for his son Frank.

This is when Doctor Thorne enters the picture.

When their father dies, Doctor Thomas Thorne and his younger, ne'er-do-well brother Henry are left to fend for themselves. Doctor Thorne begins to establish a medical practice in Barsetshire. Thorne's brother Henry seduces a woman named Mary, the sister of stonemason Roger Scatcherd. When Scatcherd finds out that Mary has become pregnant, he seeks out Henry and, in the ensuing fight, kills him.

While her brother is in prison, Mary gives birth to a girl, also named Mary.

A former suitor offers to marry Mary (Sr.) and emigrate to start a new life, but he refuses to take the baby. Doctor Thorne persuades Mary (Sr.) to accept the generous offer, promising to raise his little niece. He names her Mary Thorne, but not wishing to have her illegitimacy made public nor have her associate with the uncouth Roger Scatcherd, he keeps her birth secret from all.

After his release from prison, Roger Scatcherd rises quickly in the world. In time, his skills make him extremely rich. When he completes a seemingly-impossible important project on time, he is created a baronet for his efforts. It turns out that throughout his career, he entrusts his financial affairs to Doctor Thorne.

When Thorne becomes the family doctor to the Greshams, he seeks to help his friend the squire of the Gresham estate by advising various cost saving measures and suggesting judicious loans. Thorne persuades Roger Scatcherd to loan ever-growing sums to the squire.

Rigorous in his ethics, proud of his social station, and in no way awed by the upper classes, Doctor Thorne supports the squire in his attempt to restore the estate to its former vigor.

Eventually, much of the Gresham estate is put up as collateral.

Meanwhile, Mary (Jr.) grows up with the Gresham children and becomes a great favorite with the entire family. As a result, Thorne feels obliged to tell his friend the squire her secret.

Mary falls in love with Frank Gresham, the son and heir to the squire of Greshamsbury and nephew of the Earl and Countess De Courcy; and he with her.

However, Frank's parents desperately believe that they need him to marry wealth in order to rescue them from the financial distress resulting from the squire's repeated expensive and fruitless political aspirations.

Frank's snobbish mother and aunt wish him to marry an eccentric, if kind-hearted older heiress, Martha Dunstable, an American. He reluctantly visits her at Courcy Castle and they become friends. He foolishly and playfully proposes. She demurs, knowing that he does not love her, and he tells her about his love for Mary.

Sir Roger Scatcherd has aside from his vast wealth become a drunkard following his time in prison, and Doctor Thorne tries in vain to get him to curtail his drinking.

In Roger's will, he stipulates that the bulk of his estate go to his odious, dissolute only son Louis, but leaves Doctor Thorne in control of the inheritance until the heir reaches the age of twenty-five.

Should Louis die before then, Roger Scatcherd stipulates that the estate go to his sister Mary's eldest child. Thorne is now forced to divulge Mary (Jr's) history, but Scatcherd leaves the will unchanged.

The patient eventually dies of his excesses, and Sir Louis is about to inherit his vast wealth.

Conveniently, the son Louis is also in love with Mary, proves to be a threatening individual to Frank and Mary, and just as much an alcoholic as the father. His weaker constitution causes him to quickly suffer the same fate.

After consulting with many lawyers, Doctor Thorne confirms that his niece Mary is the heiress to Frank's estate; much richer even than Miss Dunstable.

Frank's mother and Countess De Courcy learn of the truth, and despite themselves come to accept that Mary is to inherit all of Roger's wealth, and therefore the Gresham estate would be saved. It come to them as a great shock, and a great relief.

When all is revealed, everyone is elated. With the way now clear, Frank and Mary marry.

Doctor Thorne's Goodness

We know that Doctor Thorne's selflessness attracts conditions that help restore the 800 year old Gresham family tradition and wealth that had been lost during recent times.

-One way his selflessness is expressed is by taking in Mary (Sr) illegitimate baby, avoiding scandal, and that child Mary (Jr) rises to the heights of wealth and fulfilling marriage..

-Another way he is selfless is by doing all he can to help his friend Squire Gresham to restore the Gresham family name and wealth; particularly by influencing Roger to loan the squire ongoing funds. It enables Squire Gresham to recoup somewhat.

It also has the effect of enabling Frank and Mary to wed.

He also encouraged Frank to marry for love, a higher value, instead of being mercenary and marrying for money.

Actually Doctor Thorne's goodness, generosity, and self-givingness – i.e. his moral strength -- saves Greshamsbury Park itself.

Additional Notes:

"It can be said that Trollope reveals his political sympathies with the English upper middle class and his antagonism to the aristocracy and their morality."

(Roy Posner)

Collaborating with the Divine Intent

The Divine always has an intention for certain positive qualities, cosmic values to be realized in the world. We can choose to cooperate with that intent through our higher consciousness, enabling it to be fully realized in a short period of time. Or we can ignore it, allowing Nature's slow and difficult path to run its course.

For example, the Divine wishes a higher Harmony to come about among nations. The individual countries can consciously and deliberately cooperate and collaborate with one another to quickly realize the Divine intent. Or they can avoid working together, which will enable Nature to take over, opening the door to war or other harsh realities, which will still bring about the result the Supreme aspired for, but through terrible consequences and suffering.

To Be Titled

Shifting to willingness to do what is necessary, what life requires of you, attracts those things you had earlier hoped for.

To Be Titled

Avoid focusing your time and effort in trying to elicit benefit (wealth, fame, prestige, honors) for your achievement. Instead aspire that your success spreads throughout the community, the society so that it can bring benefit throughout the world.

To Be Titled

Colloquialism "one good turn deserves another" is indicative of the phenomenon of Life Response.

To Be Titled

Mother indicated that her mind was normally clear, empty of thoughts (unless engaged in conversation; even then ...). This too is my aspiration.

Startup Forever

In one sense, a company should always act like a Startup, no matter its size - by being fresh, innovative, and idealistic; i.e., advocate, deep, progressive values throughout the organization. Progress will be never-ending.

To Be Titled

Religion may not enhance capacity for moral belief and action, - it may even work opposite to it, - but Spirituality always does.

To Be Titled

It's better to improve the argument than raise the voice.
(thanks to padmapriya)

Experiences of Spirituality

Q: Spirituality and empathy are one in the same aren't they? That feeling that we're all on the same boat?

A: Yes, exactly. Feelings and actions of Oneness. It is opposite of sense of separateness, of ego. It is an Harmonic experience instead.

Then there are other forms of Spirituality, including the experience of the Transcendent, being in touch with one's Soul, expressions of divine Love, experience of Timelessness, evoking the Miraculous, utter Silence of being,

... Also Faith, blissful feelings of Joy, aspiration for and embodiment of Truth, ...

Integral Knowledge (opposite of the Ignorance), True Individuality, Utter Peace within. Etc.

To Be Titled

When Knowledge reaches its maximum for us, then the Ignorance becomes a greater power for progress and change.

To Be Titled

Though Indira was often in touch with Mother during the 1970s, only Modi mentions and honors Sri Aurobindo in public.

Commitment to Deep Values Attracts Corresponding Results from Out of Nowhere

A man had attended the initiation of the World University Consortium (WUC) in Berkeley, California in 2013. It was an initiative of the Mother's Service Society of Pondicherry, India.

The organization and its members advocate breakthrough methods to dramatically enhance the future education.

As it turned out, six months later this individual suddenly received a contract for many thousands of dollars' worth of consulting work for a conglomerate of a dozen Community Colleges in the same San Francisco Bay Area. He had not solicited this work, nor had he ever worked with any group of colleges or universities in his 25+ year training and consulting career.

Several years later he came to see the connection between his deep values in partaking in the World University Consortium, and the biggest contract of his career from a collective of colleges.

Infinite and Finite

The Infinite has divided itself infinitely to create the finite. (the universe of matter; involution)
The finite is progressively uniting to re-create the Infinite, but in Life. (evolution)
Supermind facilitates in both direction.

Process to Improve Our Lives

When we consciously aspire to improve our life condition, the idea or goal begins in the Mind, it gathers energy and will for its execution in the Vital, and manifests as real in the Physical. This is both the Process of Creation (to bring about a major thing, goal in life), and "the Complete Act" (normally associated with manifesting a small thing perfectly.)

To Be Titled

I held back from saying a certain thing. So the other person near me immediately spoke it out instead. It is the phenomenon of "Silent Will" in action; a powerful inner method of evoking conditions in your favor.

To Be Titled

Westerners don't readily understand the teachings of Sri Aurobindo and the Mother, including most who think they do. Even Indians have trouble, as it is a major advance on the foundations of their spiritual Tradition.

Subtle Physical Plane

-We perceive the gross material world, not the subtle physical, which lies beyond normal sight. There all forms are perfect, are beautiful. One challenge of the evolution is to bring the subtle physical into the material reality we perceive around us. That will further ennoble life, divinize it.

-In one sense the subtle physical is the real, and the physical around us is an illusion, a distortion of the true truth of things; an imperfection on the way to perfection, The subtle physical is already in that state.

-Looking out on the world we do not see things as they really are; only perceive the limits of existence through our limited mind. We are not conscious of things as they really are.

-Everything that comes into being at the material plane, comes from the subtle physical, passes through there.

-Moreover, everything in our future, including accomplishments to come is indicated there; resides there.

-The subtle physical is continually setting forth its qualities into the physical plane. Eg the sudden blossoming of trees, may be indicating good fortune to come. Having a subtle sense, indicates that you are able to see subtle formations unfolding in the material world.

-The subtle physical is concealing the greater, higher consciousness planes still.

-Sri Aurobindo lived in the physical plane, and had constant interaction with Mother, beginning nine years after he left.

-Mother seemed to indicate that the supramental being is there in the subtle physical, awaiting to manifest in the physical.

To Be Titled

Bothersome outer realities compel an aware person to go deeper, accelerating her growth in consciousness.

Supramental, The Mother in Creation Process

Normally in Life the Process of Creation begins in the mind as an idea, picks up the will and is energized in the vital, which gets executed at the physical plane.

However with Supermind we offer the original goal/idea to the higher power, supramental force, the Mother, who then energizes us at the vital plane and gives us the results rapidly, perfectly, magnificently at the material/physical level.

Actually a Supramentalized Individual would WAIT on the Force, the Mother to give original direction for the idea, and we would then follow Her actions, to manifestation. This means the Supramental initiates and guides the whole process. We do not initiate, first waiting on the Spirit, supramental sign.

This is the central method of the yogi practicing Sri Aurobindo's Integral Yoga (i.e. ultimate transformation).

The Nature of the Gnostic/Supramental Being

[a summation of the next to last chapter of Sri Aurobindo's 'The Life Divine' called "The Gnostic Being"]

What would the Gnostic Individual, i.e. the Supramental Being be like? What spiritual qualities would this individual possess?

INTEGRAL TRUTH KNOWLEDGE, including-

- the capacity to perceive the right relations between the parts of any truth
- a complete identity with that integral truth of things
- an integration of Knower, Knowledge, and Known
- the capacity that leads to right dealings with life
- the ability to know directly the truth of things (Truth Consciousness)
- an Integral Knowledge that has also has Will and Power for it to manifest as Real.

ONENESS, including-

- oneness with all aspects of being
- oneness with others, including care for their good and well-being
- an inner oneness between the individual and the outer life experienced.
- having a World consciousness and action
- being at one with the individual, universal, and transcendent purpose and action
- being one with the Divine Intent
- being one with all planes of being, enabling one to become the master of life
- having universality and cosmic consciousness

DELIGHT-

- by knowing and living one's purpose
- in one's relations and experiences with life movements
- in one's relation with others
- within one's own self and being
- as a result of the shift from pain and suffering to their opposite
- within the various planes of one's being
- in communion with the Divine
- in love of God

DEVELOPMENT OF PERSONALITY AND SELF-

- in an ascending scale, having gone beyond Manners, Behavior, and Character to Personality and Spiritual Individuality

A WIDE FREEDOM, including-

- freedom that sees beyond laws, restrictions, and mental standards
- the reconciliation of freedom and order

REALIZATIONS IN THE VITAL PLANE OF HIS BEING, including-

- higher vital expressions, such as universal connection of love with others
- diverse experience giving the full sense of life

REALIZATIONS IN PHYSICAL PLANE OF HIS BEING, including-

- overcoming the limits of physical consciousness, including the drag of the subconscious
- the responsiveness of the physical body to the Spirit
- the supramental effect on the body
- the restoration of the intuition of the body
- the right physical perceptions, including its right relation with things
- the body's capacity to be flooded with the supreme energy of the consciousness-force

An Analysis of Sri Aurobindo's 'The Life Divine' by Roy Posner

Summary of Process of Creation

What follows is the Process of Creation in a nutshell. It's the same for the individual, the collective, society, and the divine:

Step 1 - Understanding Process – leads to TRUTH

Step 2 - Assessing Process – leads to CAPACITY

Step 3 - Planning Process – leads to DIRECTION

Step 4 - Organizing Process – leads to ORGANIZATION

Step 5 – Executing Process – leads to IMPLEMENTATION

Step 6 - Optimizing Process – leads to RESULT

Step 7 - Improving Process – leads to PROGRESS

(Wolfgang Albrecht Dietrich)

Transitions and Overcoming Reluctance of the Physical

The physical does not want to be altered from its ongoing patterns when faced with a change in direction necessitated by life, including the very smallest thing.

Acceptance and embracing the change in one's mind will more easily facilitate the transition. Centered within or otherwise in the spirit makes it far easier still.

Why We Ignore, Doubt the Facts

The mind doesn't follow the facts. Facts, as John Adams put it, are stubborn things, but our minds are even more stubborn. Doubt isn't always resolved in the face of facts for even the most enlightened among us, however credible and convincing those facts might be.

As a result of the well-documented confirmation bias, we tend to undervalue evidence that contradicts our beliefs and overvalue evidence that confirms them. We filter out inconvenient truths and arguments on the opposing side. As a result, our opinions solidify, and it becomes increasingly harder to disrupt established patterns of thinking.

We believe in alternative facts if they support our pre-existing beliefs.

(Ozan Varol)

Planes of Being in Popular Culture

In the Beatles and beyond, Ringo was essentially physical; Paul vital/emotional, John mental, and George spiritual. Their integration of capacities can be seen as their group persona.

In the Wizard of Oz, the cowardly lion was physical, the tin man vital/emotional, the straw man mental, and Oz himself spiritual. In that sense they were projections of Dorothy's being, trying to become whole and one.

We can make similar distinctions of planes or attributes of being in our own culture; of our own time.

True Happiness and Spirit

True, never-ending Happiness depends not on external circumstance, which rise and fall, come and go, but on one's level of connection to the Divine Spirit.

To Be Titled

The Soul remembers to be in touch with Mother, even if the mind forgets.

Corporate Progressivism and Human-centered Economics

There are signs that a human-centered (rather than money centered) economics is beginning to take hold.

Eg USA big business, which used to be mostly Republican, has been slowly shifting in the other direction, especially on the coasts where most large firms are headquartered. This indicates that money and wealth for social benefit, not just for accumulation and making more money, is gradually getting established. I have seen no one mention this development.

If the corporate world can change in this direction, then nations will become more progressive. It has already happened to a large degree in Europe and especially Scandinavia. India too is likely to move in this direction.

Even China is beginning to talk along these lines, in trying to protect its people. Eg brilliant Jack Ma, head of huge Chinese company Alibaba constantly speaks about investing in its people, and how US should do the same.

To Be Titled

We will only know the true Truth of things when we are centered in the ultimate depths of the psychic being. Stationed there and aspiring for what is above, the Supramental, integral Truth of things comes pouring in.

To Be Titled

In the outer, surface plane we judge the book by the cover. In the inner, deepest depths we perceive its many-sided contents.

Born in Inconscience that is Ignorance

We do not remember our past lives or the space between them because when we are born we are in the unconscious of utter ignorance; not knowing what is going on around us, who we are, what our purpose is. Our soul is involved, hidden from us, at the other extreme from the inconscience we are born into.

Breaking Out of Our Unconscious Herd View to True Individuality through Mind and Spirit

Evolution from the Unconscious begins in unconscious identification with the collective. There is no individuality in Matter or Life. It begins only with the emergence of Mind. Therefore only conscious human beings are capable of true Individuality.

But our individuality is at best partial because we are only partly mental; and in large measure we share the subconscious inheritance of all human beings; and behave as members of the herd due to our biological, social, cultural and psychological conditioning.

Thus the individual evolves out of subconscious unity with the collective by developing mentality and becoming conscious of his or her own spiritual uniqueness. (Garry Jacobs)

We Are Not Here Just To ...

We are here not just to have visions, but to realize them.

We are not here just to worship Mother, but to become Mother-like.

We are not here just to gain a profound knowledge, but to experience and embody it.

We are not here just to just understand Their Integral Yoga, but to fully engage in it to transform our lives.

'Hidden Figures' Reveals Spiritual Methods of Attaining Success

I recently watched the beautiful movie 'Hidden Figures.'

This movie beautifully illustrates the power of Non-Reaction, Accepting Life, Patience, Silent Will, Embracing opportunity and many others.

I thought of the following comment upon watching this movie. I think it has a direct message for me:

--

Even when you are chosen by the Infinite, when you are aligned with His cosmic purpose, when you are destined to be a pioneer of evolution, the change is not that easy. The established forces and forms of Life resist against that as they do not want to be changed. We may not be able to revolt against them alone unless we have that kind of strength and spiritual support. Instead of reacting against life, when we accept what Life has given us, and when we continue to aspire our dream, eventually it will make Life to respond and bring us opportunity that would manifest our deepest aspiration and also make us an instrument of cosmic purpose.

The established forces that resist need not be from outside, they could be our fixed habits, attitudes, swabhava, subconscious impulses and so forth.

(SM)

Physical Form, the Subtle Physical, and the Spirit

-Form is the last step in the manifestation of Spirit.

-Material form manifests in the gross/material physical, but has its origins in the subtle physical.

-For form in the material plane to become perfect, it would need to fully manifest the Spirit behind.

-As She indicated in Agenda, the Mother saw the infinitely evolved Supramental form in the subtle physical; what it looked like if it were to manifest in the physical; consisting of an inexpressible wonder, beauty, and gracefulness.

To Be Titled

Everything positive and negative that happens on earth in the physical plane has its corresponding aspect in the subtle physical. All our capacities and incapacities have their correspondence there.

To Be Titled

The greatest teacher, failure is. (Yoda)

To Be Titled

What are considered failures in the short-term view are transitions to the positive from a longer-term perspective.

Means of Emergence of True Individuality

True Individuality fully emerges when we-

- think deep on things through rational mind
- shed the influences of the collective, herd view
- open ourselves to the higher influences of the Spirit
- discover our psychic being and remain centered there

To Be Titled

World is moving toward World Unity through disunity.

Mother's Supramentality

When in the body Mother was a supramental person in most planes (vital, mental, spiritual, etc.), except the material (Her body), which She was trying to supramentalize through the transformation of Her cells by opening to the Force.

Sri Aurobindo's Supramental Mission

Sri Aurobindo is an emanation of the Supreme who came on earth to announce the manifestation of a new race and the new world, the Supramental. Let us prepare for it in all sincerity and eagerness. (The Mother)

Living the Mother's Path

In this compendium of thoughts from the Supramental KnowledgeBase, a number of the keys for following the Path of the Mother are revealed. This knowledge is primarily for those who are followers/devotees of Sri Aurobindo and The Mother, though anyone can benefit.

I would like to thank the Mother's Service Society (entries marked "MSS") - especially Sri Karmayogi and N. Asokan - for providing much of the following material. Items with an unmarked author are written by myself. -Roy Posner

(downloading after opening this file can improve quality)

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To Be Titled

The recent speed of change in Asia far exceeds the most rapid progress ever witnessed in the Western world in the past. (N, Asokan, MSS)

Great Complementary Values of East and West

We can now see more clearly the highest achievements of both sides of the world. They reveal distinct but complementary approaches to reality—one mental, the other vital-social; one emphasizing the ultimate value of the individual, the other the sacred value of the social collective; one founded on individual uniqueness, the other on social unity.

In the Western World, mind was liberated from the dominance of social culture and the past and came to place increasing emphasis on fullest freedom for the maximum development of the individual.

In the Eastern World, mind was subordinated to the wider social goal of collective harmony, integration and continuity with the past.

The West made freedom the ultimate value and perceived the society as the context and field for individual development and achievement.

The East based itself on the value of social harmony and continuity based on a consciousness of the immense contribution of the collective to individual achievement.

(N. Asokan, MSS)

Intellectuality Fails as Partial Knowledge

A mental culture [as in the West] prides itself on its intellectuality. That capacity helps to liberate mind from the limitations of superficial sense impressions. The achievements of the last few centuries have been primarily those of the intellect. But when any truth or power is followed in the extreme, it inevitably turns into its very opposite. Intellectual knowledge is always based on a set of explicit or implicit assumptions. There are always issues that fall outside the pale of assumptions. Often the limitation of initial premises is forgotten and a partial truth is applied outside its field of validity. The extreme doctrines of state communism and neoliberalism are examples of the excessive application of partial truths as if they were universally valid. (N. Asokan, MSS)

Failure of Eastern Tradition

Unlike the West, traditional Eastern cultures blindly subordinate ideas and experience to established wisdom, thereby reducing knowledge to superstitious beliefs. (paraphrase of N. Asokan, MSS)

Eg In India, the very vitality of its ancient social institutions became an obstacle to future progress. As elsewhere, intuitive wisdom became enshrined in doctrine. Living institutions ossified into rigidly fixed social structures such as the caste system in India, the feudal system of Europe and religious institutions in all countries. In the process, India lost her native vitality and creativity and became enslaved first to conventional tradition and later to foreign occupation. Any hope of regaining her past spiritual culture only became conceivable after India attained her independence. (N. Asokan, MSS)

Going Beyond the Worst and Best of East and West

The East has ossified traditions and superstitions, shuns individuality, yet reveres the harmony of the group, and is open to the Spirit; while the West overuses mentality that denies the Spirit, even as it promotes the new and the development of true individuality.

A balance of the positive of the two, while negating their negatives is what the World Energies seek.

To Be Titled

Supramental Consciousness perceives the Truth in all of the sides.

True Love

Most of what people call Love implies reciprocity, i.e. not only giving, but expectation of receiving affection or something else in return. True Love lies beyond this. It is unconditional. The only thing one expects is to give.

Revisiting for Truth

Often you need to revisit a place or thing or matter a second or third time to truly perceive the truth of it.

Overcoming Resentment

If you have deep resentment toward a boss or relative or friend, practice non-reaction inside to control your feelings. Then watch in the days and weeks ahead as life opens up in your favor in relationship to that individual.

Re-Emergence of the Soul

The evolution begins with the Soul, the Psychic Being hidden, involved in the unconscious, the unconsciousness. Through the development of our higher nature, it emerges out of hiding, accelerating the evolutionary process.

To Be Titled

Through our Perfection of form, we get a first glimpse of Heaven's design.

To Be Titled

They who bothers us, agitate us the most are those who have the most to teach us.

To Be Titled

Everything that comes to us is a symbol of the Divine trying to touch our lives.

To Be Titled

Everything in life - including the beauty of nature - is a poor copy of that which is there in the unmanifest Divine. To bring that Perfection into our lives is Life's, the Spirit's goal.

What Great Literature Has Taught Us.

<i>Great Literature</i>	<i>Lessons Taught</i>
1. <i>Mahabharat</i>	It has taught us that though Truth is good, it needs divine support to win against falsehood. That is why the Pandavas needed the support of Lord Krishna to win against Kauravas.
2. <i>Ramayana</i>	This epic has taught us that though Asuric forces as represented by Ravana are very powerful, they finally succumb to divine onslaught. Further it has taught us the power of chastity, the value of filial devotion and the value of animal devotion as shown by Hanuman's devotion to Sri Rama.
3. <i>Silappadikaram</i>	This story is a clear demonstration of the power of chastity as shown by Kannagi's destruction of the whole of Madurai due to her anger over her husband's death on false ground.
4. <i>Pride and Prejudice</i>	This story shows the power of transformation (Darcy's changed attitude). Plus one sees the power of good will (Lissy's good will for Jane bringing her the hand of Darcy) the power of consciousness responsibility (Mr. Bennet's acceptance of responsibility for Lydia's elopement solving the whole problem)
5. <i>Dr. Thorne</i>	This novel is a clear demonstration of the power of upright attitudes. Dr. Thorne's goodwill for Gresham brings unheard of prosperity to his own daughter. This attests to the power of goodwill.
6. <i>Around the World in 80 days</i>	This story proves the power of punctuality. The power of setting aside the value of punctuality in favor of humanitarian attitudes. When Fogg disregards his journey schedule to save Aouda and Passportou when they are caught in danger, life bends backwards to help him win the wager.
7. <i>Count of Monte Cristo</i>	This shows the transformation that can come in an uneducated man when he acquires knowledge and wealth.

8. <i>Les Miserables</i>	This French novel shows the heights of nobility that a man can reach when he decides to purify himself. The story also shows the depths of sacrifice that a mother is capable of to safeguard her daughter.
9. <i>Romeo and Juliet</i>	This drama shows us that though teen age love is passionate and intense, it cannot survive in an hostile atmosphere as evidenced by the hostility of the two families of Romeo and Juliet towards one another.
10. <i>Othello</i>	This drama shows that even a mighty warrior can be defeated by a cunning and vile man especially when the warrior chooses to not exercise his critical faculties.

(N. Asokan, MSS)

Where Science and Spirituality Differ

<i>Science</i>	<i>Spirituality</i>
1. We need senses to gather knowledge of the outside.	Intuition can obtain knowledge without the mediation of the Senses
2. All theoretical claims need to be experimentally proved.	This applies to lower type of knowledge only and does not cover higher inspirational knowledge.
3. Silence is absence of sound.	It is absence of thought.
4. There are limits to quantitative growth.	When the Spirit is active, quantitative limited growth can be replaced by qualitative endless growth.
5. Survival of the fittest is the grim law of life.	In a spiritually organized society this need not be true at all as Society turns a Mother who takes good care of all.
6. Climate change is threatening life on earth.	It is only a symptom of the disharmony between human greed and what earth will absorb by way of waste. If that disharmony disappears, the dangers of climate change will disappear also.
7. Science has no solution of problems like poverty, human disunity and exhaustion of natural resources.	The Spirit has solutions for all these as it operates on the principles that the finite can be made to disclose the infinite.
8. Reason does not give convincing evidence about the presence of a divine being governing creation.	Reason is the not the instrument to discover God. Spirit is the proper instrument.
9. Science is aware of the evolution of form only.	What drives the evolution in forms is only the change of consciousness within which forces the form to evolve in a way suitable for the expression of new consciousness.
10. Science does not know where Man is heading.	Spirit knows that he is heading towards supermanhood.

(N. Asokan, MSS)

Global Immigration Problem

Anti-immigrant sentiments around the world indicate that the nations' people have yet to develop a global perspective of the reality of conditions; only local ones, and distorted at that. It also shows that working our way through this issue will help further Human Unity.

Comment: Its one of many reasons that some form of Global Governance - and with teeth - is needed.

On Life's Security and Change

We want security in life. But Life is change. And Spiritual Life is Rapid Change. There it is always the hour of the Unexpected. Deep, inner courage enables us to flow with it, and ride that wave to our evolutionary future.

To Be Titled

When you keep your worried attention on an unfolding negative, it tends to get worse. Best to shift your consciousness elsewhere.

To Be Titled

The partition of India is a reflection of adherence to caste and untouchability. The internal division attracted the external division. When given up, India can be reunited.

To Be Titled

Life does not reveal everything at once. She reveals what is necessary at each point, for the sake of the drama, the Play, in order to create maximum effect for multi-dimensional progress on earth.

To Be Titled

When an individual advocating, believing in deeper values is being oppressed from all sides, a higher authority tends to appear to save the day.

To Be Titled

Before we can claim unity, we need to honor and appreciate diversity.....wholesome integration lies in integrity with which we approach our uniqueness and the right to one's self-determined identity. (Mila Popovich)

To Be Titled

On this Independence Day, July 4th, in America, we can be eternally grateful to General George Washington who tirelessly fought from that day onward for 12 years to create our great nation. Without that supreme, ultimate physical and psychological effort there would likely have been no United States.

To Be Titled

When a negative comes your way, don't worry about it. Instead consecrate it, and trust in what will come. Now the best, most necessary conditions will unfold.

To Be Titled

We see problems. The Divine perceives them as opportunities through which we can grow in consciousness.

To Be Titled

There is no drug for lack of true human Happiness. It must be won inside.

To Be Titled

A person who knows the society is man. A person who sees the society and the world within himself is a yogi. (Karmayogi)

To Be Titled

Calling Mother will help solve all problems. The Mother within us calling Herself will solve the world's problems. (Karmayogi)

To Be Titled

To whichever person we have spoken about our defects becomes our supreme enemy. (Karmayogi)

To Be Titled

When we think something is impossible the most important aspects come to the surface. (Karmayogi)

To Be Titled

Mother is Certainty. Not certainty of what you want, but what is Best.

Universal Power of Yogi

If a person takes an action in his own local environment and startlingly it evokes a response for the entire society, that individual is or is destined to become a Yogi.

To Be Titled

Revenge is never part of spirituality.

To Be Titled

Yogis have universal power.

We are caught up in the sense of separateness from everybody else, instead of our **To Be Titled**

sense of Identity with everyone else.

The Spirit Too is Evolving

It is not only we who can evolve. It is also the Spirit that can evolve. That it can express in life in ways it has never expressed before.

Raising Your Team to the Heights

If you are part of a team - business, sports, or otherwise -, and you wish to raise it to the heights, look inside yourself, discover what is lacking in consciousness (whether limiting skill, attitude, effort, etc.), and raise it up to the fullest. Life will respond with good or great for the team, as well as yourself.

Perfecting Your Work

List out all the ways you can perfect your work, and then take it up in full. The entire universe will begin to rush to your doorstep.

Life's Challenge

We hope for a life of ease. But that is not we are here for. We are here for a life of Challenge, and the higher consciousness required to meet it, raising up our life.

To Be Titled

Continually try to connect with the Self behind yourself.

Comment: .. all manner of benefits will follow..

Reader: What are the practical methods of connection?

Response: I simply stop myself, shift away from the ordinary surface consciousness and concentrate on my inner self and being. In other words, I go deeper within. Then I try to maintain that connection, in the background, throughout the day.

The deeper the connection, the closer we come to the psychic being, the true Self and soul, which essentially resides behind the heart.

Periodically I check to feel if the connection is still there.

Also when one approaches and connects to the true self/psychic one tends to be more peaceful, open-minded, flexible, insightful, harmonic with others and the circumstance of life, happy, etc etc. One other outcome is that Life flows magnificently; it cooperates from all sides.

Also if from those depths, we further connect to the Supramental force, the Mother, the experience, action, and results are that much greater.

Reader: I am blessed to feel the same for five to six days..I felt peace..Non reaction..Calm.a blissful state....Now i feel i am not connected to that such level and kindly guide how to regain it once again

Response: Until we build up a great receptivity it will come for a while and then seemingly retreat. It is the physical consciousness reclaiming its territory in the absence of great aspiration and receptivity. Calm, patience, and steady aspiration for Her into our lives will win it back for ever-lengthier periods.

To Be Titled

World subconsciously wants to move toward greater Unity. However, for now Dark forces, real and subtle, have emerged to block it.

Politician vs Patriot

A politician is one who will stick to his ideology, not giving one inch to any truth of the other side. A Patriot, on the other hand, is one who thinks solely about the welfare of the country, and is open to any course of action that appears beneficial.

Power of Withholding Opinions

When you hold back expressing your opinions, they gain power to manifest as Real in the world.

To Be Titled

To understand why this world is filled with ignorance, misery, and suffering, one must learn about the process by which Life emerged from a Divine Source.

Attracting Expanding Harmony of the Group

A group moving from discord to affectionate harmony will suddenly attract a further widening of the circle that includes additional members who share the same harmonic feelings.

Non-Complaint Attracts

Restraint from complaint of another's actions, releasing all emotional attachment, soon attracts completion of one's original intention.

On Timidity

"Timidity is a form of vanity. When you are timid, it means that you attach much more importance to the opinion others have of you than to the sincerity of your action." (The Mother)

Yes, timidity is therefore a form of ego. We don't normally think of it that way, but Mother explains why it is very well.

Incorporating the Subtle into the Limited Physical

This material physical reality we perceive is a distortion, a muddying, a lesser version of that same thing as it exists in the Subtle physical plane. And yet through our higher consciousness the physical plane can be improved, evolved to incorporate the higher properties of the subtle.

To Be Titled

Only when we understand Life and its Character will we begin to perceive our purpose; i.e. why we are here; and where we are headed.

To Be Titled

World is evolving from two ends: toward greater true individuality, and towards increasing collective harmony.

Purpose in the Universe

If an Infinite Consciousness is the source of all creation, then this created universe must have a purpose. Even the flaws of life - ignorance, falsehood, pain, suffering, et al - must also serve a purpose.

Sudden Memory of a Person

When the memory of a person whom you have not thought of in decades suddenly comes to mind, it indicates that something of the past has not been resolved. Best then to consider the issue, and then consecrate it. The thought of that person will not come again, or some other aspect of your life will show a change, etc. it's another indicator that everything that comes to us in life serves the purpose of awakening our consciousness.

Blocked!

It is always helpful to be consciously aware of all things occurring around you, which are signs and indicators of what to do; or what not to do. Here's a recent example:

The other day I felt it necessary to get a new iPhone by upgrading my current one. I thought I could afford it. It was also true that my current iPhone was working fine.

When I left my home to make the purchase, I immediately noticed my driveway was blocked by a utility-service vehicle. I instantly knew it was a sign of a problem with my goal.

Still, after waiting for a while, I headed out to the Apple store. When I arrived, I made an appointment with a staffer. While waiting I then checked out the price of the iPhone I hoped to upgrade to. It turns out it only came in configurations that was at least twice the amount I was budgeted for. As a result, I cancelled my appointment, and headed home.

It turns out that the blocking of the driveway was a sign of difficulties to come. Though I kept this in mind and headed out anyway, I was a bit stunned, but somehow not surprised by the exorbitant price of the upgraded price. The blockage at the outset was a sign of what was to come: a failed outcome.

There is another way to look at it: that the blockage was a sign that an upgrade was unnecessary at this point, and the money could best be used elsewhere. In other words, I was being guided by a higher power, looking out for my best interests.

Reader: Other than the signs from Life, what should be our attitude and deciding factor if we need to upgrade our laptop, phone etc.,

For example, we can afford and buy new things, but once we buy new, we would neglect the one which we are using currently.

On the other way, if we don't upgrade, we could not use the latest features, so we are clinging on with the old.

Thank you Sir.

Response: I recall that when Mother received a letter that she had to reply to she often turned the envelope inside out and used it from there. In other words, maximum utilization of a resource, instead of throw-away approach is one powerful way to approach this matter. So best use practices for each technology are thus helpful here, including optimization of features.

Another, closely-related method is giving extra attention to material objects, thus keeping them in best working order.

Also connecting to the being and essence of the technology will keep it longer-lasting and responsive

These approaches attract the best conditions from life for the object.

Plus keeping costs to a minimum is a money-oriented value to keep in mind. This also attracts positively. On the other hand, if there is a need to spend and we have the funds, we should be willing to loosen our purse strings.

Finally, and to more directly address your question, prioritizing where to spend our money is important. (it is an organizational value). Actually I neglected to mention in my story that I had been considering purchasing an important piece of furniture instead of the phone. And after the iPhone incident above, that's exactly what I ended up doing with my budgeted funds!

Unpredictability of Life

Life seems so unpredictable: one minute it is working well, the next it falls apart. It appears to us that way because we don't understand the Character of Life, including its subtle laws. E.g. we don't readily perceive the connection between our inner selves and the world around us; i.e. inner-outer correspondence.

Intensity is Sought by Life

Life seeks intensity. And it enjoys that intensity, whether positive or negative. It doesn't enjoy in the sense of the normal happiness, but in the sense of being alive.

Our Vital Being and Life Itself Seek Drama, Intensity

Our vital/emotional being likes intensity, likes drama. If we can't be happy, then we need to have something to complain about; or to accuse others of and blame; or to feel victimized, etc. There is a certain fulfilment we get from that drama and intensity.

This is also true of Life itself. Eg the 20th century had unlimited prosperity, but as if being unsatisfied, it turned to two world wars with untold misery and suffering. Something in Life's, Society's being wanted this added intensity, as it was unsatisfied with the positive of the times.

Weather for ourselves or for Society, it is an important characteristic of life.

The Vital, Dissatisfaction, Restlessness

Another characteristic of Life is that it is Restless; always seeking to fulfil an unfulfilled desire. Eg I have a certain possession, but my neighbour has a better one, and I too want it. There is an urge in the vital for something more, as it is never satisfied.

To Be Titled

We are the Divine who has forgotten Himself. (the Mother)

To Be Titled

Loud speech attracts negative conditions. Soft speech, the opposite.

To Be Titled

In the face of life's exigencies, we are so weak and vulnerable. Only our deep association with Mother can give us the necessary inner strength to carry on.

To Be Titled

Because the physical does not like to change its routine, when a difficulty arises it panics, and becomes negative and defeatist. Stationed in a deeper center of being, such reactions would not occur.

To Be Titled

Evolution, - including where we are headed and what our purpose is - cannot be truly understood unless we understand the Involution, from Spirit to matter.

To Be Titled

There are those in their seniors years who constantly look backward, dwelling on their cultural past, lost in nostalgia. And then there are the very few who dwell on and live for the psychological and spiritual future, who become highly energized instruments of the Evolution.

To Be Titled

World Governance of various sorts, including World Parliament with teeth for action, is key to the future for all problems of all nations.

To Be Titled

The True Warrior has Inner Strength, Higher Values, and outer capacity to do Good.

To Be Titled

Self-justification of a position in a difference of opinion with another, -- even at the level of unexpressed emotion, -- attracts even more resistance from the other side. Best to offer it to the Higher Power, then let it go. Positive developments will quickly follow.

To Be Titled

Every difficulty is an opportunity to grow. So be still, and learn what life is trying to teach you.

To Be Titled

Spiritual Life is not about seeking boons from the deity, which is essentially the religious impulse, but about elevating our consciousness and becoming Divine-like ourselves.

Fulfilment in Rising Consciousness

For the spiritual individual fulfilment does not come about by acquiring all that one wished for, but by rising in consciousness as we meet the challenges and opportunities of life.

The Spiritual Quest

For the spirit-oriented individual the quest is not simply to acquire things, to accomplish more in life, but to increasingly seek and develop a higher level of consciousness.

To Be Titled

As is the Consciousness, so is the Force that issues forth.

Integrating Material and Spiritual in Work

There are those who believe in the material reality, and then there are those who only believe only in the spiritual. Then there are the few who believe in both, and are able to integrate that belief into their life's work.

Eg Einstein believed in both the material and spiritual, which opened his mind vastly, so that his equations of physical reality often came as revelations of truth; i.e. as intuitions of thought from out of nowhere. Same with the great pioneer Indian mathematician Ramanujan.

One step further is to open to the Spirit in one's work, so that it can be divinized; so perfection can be released, enabling the infinite can emerge from the current finite.

Creating Heaven on Earth

The goal is not to get into heaven, and avoid hell. Rather the goal should be to convert this hell on earth into heaven -- through greater awareness, deeper values, and higher consciousness.

To Be Titled

Be accepting of all possibilities; not just the things you are predisposed to. Think "the sum of," rather than one versus another. Life will reward your efforts!

To Be Titled

Human-centered social and economic benefits are spreading through all societies because the people are increasingly demanding it.

Era of Rising Expectations

The world is increasingly in an era of Rising Expectations, where internet and media is available to all, where people see how much better other people are living, and nobody wants to be left behind in their lifetime.

To Be Titled

China is investing in its people. America is not; but it needs to.

To Be Titled

If you expect negative results from others, you will surely receive them.

Each resistance you give up is followed by an unexpected positive response from life.

Reader: Does resistance refer to the unwanted qualities that we have inside us?

Response: Here it is meant as unwillingness to do what is necessary at each moment in our lives.

To Be Titled

Trump is here to insure that the society becomes more progressive; which is opposite of his intent.

California Influence on America

In America California is ahead of the curve on so many issues, developments, et al, and slowly but surely, often begrudgingly, the rest of America invariably follows.

Housepainters Group and 'Savitri'

In 1973, when I was 23 or so, I was part of an outside house-painting group of 4 people. All were followers of Sri Aurobindo and Mother.

Every morning we would gather in a park near the home we were painting, take out Sri Aurobindo's epic mystical poem 'Savitri,' and read a page or so, followed by a short meditation. We then proceeded to do the work in silence, and perfection in the work was often the result.

The reading and meditation created a nice atmosphere throughout the day.

In addition, each of us were given a nick-name, representing our nature in the group. So there was "Inspiration," who was our spiritual leader, and "Perspiration," the person who worked the hardest. I believe I was "Cooperation" (i.e. working together in harmony) or something similar.

It was my first chance to correlate the spiritual teachings of Sri Aurobindo with work I was engaging in in my life, and the first real opportunity to do the work by surrendering to Her Force.

It would blossom much further - both inwardly and outwardly - when I met up with Garry Jacobs, Mere Cie, and Mother's Service Society in Southern California two years later. The quest to bring about a divine Life by opening to Her Force had now begun in earnest.

To Be Titled

Each generation creates a kind of greatness of individuals that never existed before. Understanding them and their cause will help us better anticipate and realize future greatnesses.

To Be Titled

If in the midst of great confusion and swirling forces, you put all your faith in Mother, all will work out, like a beautiful coordinated symphony.

To Be Titled

Mother predicted the end of Communism AND Capitalism. The former is gone, and the latter is morphing into something unknown.

Randomness vs Purposefulness Perception

Those who are material and mechanistic in outlook view all subtle movements of life as random and coincidental. On the other hand, the deeper person, of greater consciousness, perceives intention, purpose, and causality everywhere; in the invisible and the visible.

Confessional

I have so much synchronous and psychic experience, awareness, and power in life, yet there are a few areas where I seem utterly helpless. This is where the inner battle is being waged; where the Quest continues.

Modi and Ramdev

"Modi and Ramdev are corrupt nationalists and intolerant religious fanatics under the guise of political-economic reformist and "godman." Is this True?"

Definitely not true of Prime Minister Modi. He is very open-minded and progressive. The country is in midst of anti-corruption tidal-wave, where corruption operates at every level of

society. Modi helped spearhead and accelerate the anti-corruption movement. Moreover, he has distanced himself from the old extreme nationalism wing of the BJB party.

Spiritual teacher and billionaire businessman Ramdev has also been a spearhead of anti-corruption movement, as well as an advocate of Yoga practice and Ayurveda medicine. His vast business empire reflects this. He's very popular around the world, and has indeed been in cahoots with Modi, as they have both helped elevate one another's career..

Still I personally find Ramdev a bit too conservative for my taste, as well as a bit too disingenuous.

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Keep in mind that the issue of nationalism in India is complicated. There is the Trumpian type of stand up for India nationalism, that is tied to being a Hindu, at the expense of other religions and practices, which I find abhorrent.

Then there is the urge to see Indian ancient values and teachings (like knowledge of the ancient Vedas and Upanishads) restored in the face of the extreme influence of materialism from the West. This aspect of what could be considered nationalism, but what is really the restoration of Indian culture and belief, seems laudable to me.

Modi, who often speaks of Sri Aurobindo, has navigated this difference quite well, focusing more on the latter approach than the former, while Ramdev mixes them together a bit too much. Plus his attitudes about sex, women, and homosexuality, among other things are quite regressive.

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In my opinion Modi is the finest Indian leader since Nehru. He is s very inclusive, a great uniter, and dynamic in his understanding of technology and the modern world.

Modi is business-oriented and dynamic, which is similar to Ramdev, who has created a Yoga and Ayurveda empire. Ramdev however needs to work on his personal and spiritual values and beliefs some more!

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Then there is the relationship between corruption and the political parties.

The Congress Party of India, who were once the dynamic party of India eventually became the party of the poor (which the BJB were previously!). However, the Congress party could not deliver, and besides, the anti-corruption movement swept the country, elevating Modi to the top.

Now the BJB is business-oriented, a complete reversal from their previous poor people orientation; while Congress went the opposite way! Congress is now trying to get back in the game with the national election coming up. In politics things flip flop very quickly, though at the national ticket level Modi is still very strong.

Modi has also advocated anti-defecation in streets, and for cleanliness in the country. He started with the basics, which I fully agree with! After all, cleanliness and orderliness evoke good fortune.

Ramdev blaming corruption only on Congress-connected people is a falsehood. It exists at every level of society.

Congress was in control at the time of Ramdev's formative years, so it seemed to Ramdev like the corrupt were mainly with them. But corruption had already been institutionalized at every level of society, including any and all parties.

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As you may know I watched the first 40 episodes of the tv series about his life. It was very interesting. Another 40 episodes are to come! Talk about overkill and self-justification. Still it showed a number of subtle spiritual principles of life. Whether these were his own real experiences, I'm not so sure!

I sense that Modi has differences of opinions with Ramdev, but keeps it to himself. I also sense that Ramdev is more liberal in his social views than he lets on.

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Watching Ramdev in various interviews, he did not come across as being very spiritual in his demeanor to me. There are dozens of others around the world who seem to exceed him in this regard. And yet the mega-lengthy film DOES portray him as a spirit-oriented individual. So who knows where the truth lies in this regard!

Meaning of "Impersonal"

"Impersonal" in the ordinary sense means to be distant, aloof, not caring. "Impersonal" in the spiritual sense means not to assert one's personality and one's ego; not to interfere; to be detached, yet conscious, aware, and caring, all at the same time.

To Be Titled

Supramental Life lies beyond the Spiritual life previously imagined.

Our, the Divine's Purpose and Meaning

-There's a meaning and purpose to everything that happens; to ourselves and to the life around us. (It is not mere chance.) And it is up to us discover what that is.

-Everything has a meaning and purpose in our lives because it is a reflection, an emanation of the Divine's purpose in unfolding this universe.

Consecration: Moving to Our Highest Consciousness

What Sri Aurobindo and Mother mean by "consecration" is for us at each moment to aspire and act in the highest consciousness we are aware of. To find that point in our psychological and spiritual compass, and move away from the low, and instead take to the highest high. And as a result, life will unfold magnificently, and cooperate with us from various quarters.

To Be Titled

Karmayogi asks devotees-

- to forget astrology
- forget auspiciousness of days
- forget going to temple
- forget worshipping Gods

Instead he asks us to remember Mother.

And to shift away from asking Her for personal boons to aspiring to become like Her in consciousness.

To Be Titled

The conscious individual continually sheds resistance and insistence.

Acting on Ego

Before you take an action, consider if you are doing so for Ego's sake. If so, hold back or otherwise modify it to express a more harmonic attitude or position.

Man's Power Over Malfunctioning Computer

Many people over the years have told me that as soon as they would contact me about a computer or software problem, the difficulty would immediately stop. Even before I offered a solution!

Being in computer-related business and simultaneously a devotee of Mother and Her Force may have something to do with it.

Layers/Planes of Cause of Negative Condition

In any negative situation, there many layers of causality, from the material to the subtle. Eg someone has an ache. There is not only the physical cause, but also the psychological cause, as well as external subtle cause. If you consecrate all of them as a single entity to the Divine Mother, they can all dissipate at once, causing the pain to disappear.

Devotees Evoking Universal Benefits

Mother devotees have universal power to change the world around them by opening to the Force and aspiring that the benefits come not only to one's own self, but also to the wider society.

Follow-through on Promises Made

One serious faux pas of many is the inability to follow through on the promises one has made to others. It is a common issue, even among highly conscious individuals. Unfortunately, it can result in serious loss of credibility.

Individuality and Cooperation in East and West

In Asia one problem is lack of Individuality, as people tend to follow the herd, whereas in the West, especially USA, there is greater sense of individuality, which has made the country dynamic and prosperous. And yet the West (especially USA) needs to become more cooperative and harmonic to solve its pressing problems (like wealth inequality, stagnant wages, and poor jobs), just as Asia needs to bring out the individuality of its people.

Citizen of the World

I decreasingly relate to being a citizen of a country (in my case USA) and increasingly to being a citizen of the world.

To Be Titled

Time "slows down" when you concentrate on time. It speeds up/disappears when you are enveloped by Spirit.

To Be Titled

Mother asks us to shift from animal life to Higher life.

To Be Titled

When you feel strongly about a matter based on compelling evidence, and hold it quietly inside, soon after someone will step forward and advocate it to the world.

To Be Titled

True Patience inside quickly dissolves long lines, waits, etc. outside.

To Be Titled

Obstacle is the greatest path.

To Be Titled

It is best to associate with those with an inner flame of Aspiration for something greater, higher in this life; instead of those constantly harkening back to the past, who seem half-dead inside.

Predicting Success and Failure of An Undertaking

We can determine the success or failure of an undertaking based on several criteria.

A. FOUR QUADRANTS

we have seen that success of an undertaking can be determined by how it falls into one of four quadrants. Within each quadrant is a unique combination of positive and negative, for both the Inner and Outer conditions. We can consider "Inner" as the psychological status of the person(s) engaged in the effort, and "Outer" as the status, consciousness of the surrounding, external environment.

We can also say that the Inner reflects long term results, and the Outer reflects short-term results.

Here are the four combinations/quadrants, with real world examples:

1. INNER POSITIVE, OUTER POSITIVE indicates short and long-term success

-(Microsoft) Ultimately the attitude of founder was positive and the industry was positive as it boomed, leading to vast success, short and long term.

2. INNER NEGATIVE, OUTER POSITIVE indicates short term success, longer term failure

-(Computerland) I reluctantly work in computer store, which is indoors, when I enjoy outdoors. Computer industry is booming, filled with opportunities. I start slow, but have huge success, but then when market slows a bit, I have no drive to continue. And so I leave the company.

- (Marriages in Pride and Prejudice) Darcy and Bingley arrive in town amidst great positivity in the community (outer). However Mrs. Bennet who has the aspiration to marry off her daughters to prospects like these two men is very negative in her general demeanor (inner). Things fail miserably in the shorter term, yet longer term succeed royally through three marriages in the family.

3. INNER POSITIVE, OUTER NEGATIVE indicates short term failure, with opportunity for long term success

- (Collins in Pride and Prejudice) He is positive inside to marry, though outside he is not liked. He is thus blocked short-term when two sisters reject him (short term). However he marries Charlotte later on (longer term), fulfilling his dream.

- (New Artiste) I have great enthusiasm to sell a legacy line of tapestries under NewArtiste moniker. However the staff related to the old and even new inventory are skeptical about my success. We have very limited short-term success, and after six months close down the effort. Future is unknown.

4. INNER NEGATIVE, OUTER NEGATIVE indicates short and long-term failure.

Note: personal attitudes, habits, beliefs, values, energy, aspiration, willfulness, and action are some of the factors that are measured to determine the positive or negative.

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B. SELF VS. LIFE'S INITIATIVE

To this we can add another dimension; whether you seek it out (Self Initiative); or whether the opportunity come's on its own to one (Life's Initiative)

Generally speaking Self Initiative succeeds less than 50%, whereas Life's Initiative succeeds 80/90%,

I. SELF-INITIATIVE

-(Computerland) I initiated working there, but it didn't sustain, as I left after nearly two years. Thus it, was a partial success. New Artiste effort was also self-initiated and didn't succeed.

II. LIFE'S INITIATIVE

-(Training Career) Two ladies came to me from out of the blue, and asked me to be an instructor, which I followed through on, leading to a successful 27-year training career.

Ego vs. Harmonic Self-Initiative -- We can refine this factor for the success of a Self-initiative by adding the fact that a self-initiative that originates in Ego is not worth pursuing, though one that is harmonic or otherwise rises from our deepest consciousness, is worth pursuing. Eg the Gardeners in Pride and Prejudice, as well as friend Charlotte cared for their friend Elisabeth Bennet, which ended in a positive outcome of Lizzy's marriage.

Life and Self-Initiative Together -- Also it can be recognized that sometimes life's initiative and self-initiative may occur together. Eg I was offered an opportunity to work in Sothern California, but I did not take it up and instead travelled the world. Then when I saw that this was not working, I returned back to California to pursue the opportunity that I had neglected. It resulted in a further opportunity that would change my life.

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C. COMBINATION

We can combine the Four Quadrant and Self vs Life's Initiative to determine success.

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D. OTHER DIMENSIONS

We can consider additional dimensions that affect such outcomes. Eg perceive subtle life signs, such as Life Response phenomenon to indicate future potential; as well as the impact of the Spiritual Dimension, such as offering the opportunity to the Higher Power (consecration)

To Be Titled

Overcoming your resistance and making the necessary effort, with consecrated support, will always bring a positive surprise.

To Be Titled

Even a scoundrel or a buffoon will know things vital to the unfolding of the Truth. Thus he plays an important role in life.

To Be Titled

In one sense, there are no difficulties in life; only an acute inability on our part to perceive the true Purpose behind things.

To Be Titled

Sri Aurobindo and Mother are "just behind the curtain," in the subtle physical. The curtain and therefore we are transparent to them, but the curtain and they are opaque to us. If we rise in, deepen our consciousness, the boundaries will cease to exist; the subtle physical and the physical will become One.

To Be Titled

When you live on the surface, you have surface reactions, which are often faulty. When you are centered in the depths, your reactions are keener; are more in touch with the true truth of things.

To Be Titled

A subtle consciousness perceives how one development in one's life relates to another, even though on the surface there appears to be no connection.

Hurdles Mother Faced in Her Sadhana and Help She Received in Her Sadhana

1. Even in her childhood years Mother displayed a strong equality in her nerves which is a fundamental requirement in Sadhana. She attributed that equality as a gift from her father who possessed such an equality.
2. During her training period under Max Theon, He sent her outside of her body in search of the Mantra of Life. Though She found the mantra in the subtle plane she refused to share the details of the mantra with him. Angered by this, he cut of the subtle thread that linked Mother's life with her body which endangered her life. Later he relented and used all his occult powers to restore the link and thus bring her back into the body.

3. It was Madam Theon who disclosed to her that She was the incarnation of The Divine Mother after seeing a crown studded with 12 diamonds on her head. She further told her that so long as the crown was on Her head, she did not have to fear anything or anybody.
4. While Mother was making fruitless search to meet with the Divine, it was an Indian visitor to Europe who told her to look for the Divine inside. That was a completely new information for Mother who had been till then searching for Him outside. Armed with this new information she succeeded in discovering Her Psychic being within one year.
5. After seeing Sri Aurobindo She chose him as Her collaborator in her Integral yoga. This angered her husband Richard who insisted that She choose him to be the Collaborator. When She refused a quarrel ensued and Richard tried to strangle Her with his hands. She remembered Sri Aurobindo and at once he relaxed his grip on Her throat.
6. When She met Him for the first time He gave Her Spiritual Silence without Her even asking for it. Since then the Silence remained with Her for the rest of Her life.
7. When She set out on a subtle mission to locate the place where the world's wealth was kept, She was stopped by an enormous python from entering a cave where the money was kept. The python demanded that She gain mastery over the sex impulse in humanity failing which it would not allow entry. As the Mother admitted failure in this matter, she returned without visiting the site.
8. After His departure, She found it a very difficult task to deal with doubts raised by hostile forces as to her capacity to bring down the Supermind without His Presence. Harassed by this doubt. She took to repeating? Om Namo Bhagavathe? endless times which at one point succeeded in dissolving this doubt.
9. She could not meet him in the subtle plane for nearly 10 years as He feared She might get distracted from Her work if He appeared before Her as and when She wished.
10. In an effort to promote World Unity, She endorsed English Prime Minister Winston Churchill's proposal for an Anglo- French Union during world war II. But the French government declined the offer which was a big disappointment for Mother.
11. When She intensified her Sadhana and tried to purify the subconscious regions of her personality Her body felt like it was on fire. On sensing that She decided that She won't recommend this Sadhana to anybody else.
12. During her final days She told Her bodyguard not to remove Her body out of the room She lived in as there was a chance that the body might undergo a transformation which would help Her reappear with a new supramental body. But he ignored Her instructions and buried Her body like it is done with any other body.

(N. Asokan, MSS)

Comment: A few others:

- She was realized in Her Mental and Vital, but came against the great ordeal of the Physical transformation.
- She spent much psychic capital trying to convince and convert the cells of her body to adopt the Supramental Force to prevent their degradation and decay.
- She was up against the resistance of the subconscious, which always tried to bring her and others back down to the lower consciousness. She said it had to be converted and overcome.
- She could not fathom how to convert Her own body into the supramental being. She indicated it would be for later; perhaps Sri Aurobindo returning with the New Body.
- She spoke of the Censor that always tried to convince Her of the futility of taking the positive steps She made in consciousness.
- She had to deal with the unconsciousness of the devotees, whose negative consciousness she had to absorb while still moving forward in Her development. Also, though She was so far beyond Her followers in experience and knowledge, She restrained Herself in explanation so as not to baffle them..

To Be Titled

Often a negative party, with the wrong outlook, will initiate discussion on an issue, which then energizes society for greater discussion, often in opposition. In that sense, the party plays a vital role in the spread and intensity of the analysis, and therefore of progress and evolution.

To Be Titled

Sarcasm and cynicism muddy the psychological waters, attracting negative conditions. Best to keep such thoughts and feelings to one's self.

To Be Titled

We are fearful of certain things coming to us, and yet we do so without reflecting on why it has come, and what purpose it serves in our lives.

To Be Titled

Everything that comes to us - positive or negative, pleasurable or painful, great or small - does so to awaken the Consciousness in us.

Rising Above Nature and Society to Live Out Our Individual Purpose

Nature's instinct and programming compels the animal to be what it should be. On the other hand, people around us, our families, relatives, friends, education system, our culture - in other words Society itself - is telling US what to be.

And yet we have the mental will and power to rise above the herd view and become anything we wish to become. We humans have the unique capacity to become true Individuals and live out our true life's purpose.

Man the Insatiable Seeker

- Man's natural joy of life is overcast
 - The animal's thoughtless joy is left behind,
 - He has risen to greatness and to discontent,
 - He is awake to the Invisible.
 - Insatiate seeker, he has all to learn:
 - He has exhausted now life's surface acts,
 - His being's hidden realms remain to explore.
- (from Sri Aurobindo's 'Savitri,' the Kingdoms of the Little Life)

To Be Titled

If you can't say something positive or neutral about someone, best to keep it inside. Better still, cast off the negative thought and feeling altogether.

To Be Titled

The Mother is continually giving devotees and other individuals certain intimations, intuitions of thought that when taken to the world dramatically change it for the better.

Difficult State of the World

Recently, everything in the world has been shaken up and laid bare so we can better understand the issues that have remained hidden and neglected, so the world can seriously and sincerely resolve them.

To Be Titled

When do we get lazy? It is when we are self-satisfied. Satisfaction is the opposite of Aspiration., which occurs when we aspire to elevate our lives; to raise our capacity and consciousness.

To Be Titled

We are in the physical. Sri Aurobindo and Mother are in the subtle physical. How can we collaborate with them? What do they want from us? What can we do to best serve their intentions? (Garry Jacobs)

Prayer, Consecration, Calling

Prayer is great. ("Mother please give me what I want.") Still it is most often filled with ego.

Consecration is greater still. ("Mother here is this issue and that issue. I consecrate them to you to be solved. Thy Will be done in this matter.")

Calling is greatest of all. ("Mother, Please come into my life, to guide me forward." "Mother please bring your consciousness here. Your knowledge, your peace, your power" "Mother let me be an instrument of your Will." We are thus calling not for our sake, for our problem, but for Her sake, so Her Consciousness can Divinize the world.

(paraphrase of Garry Jacobs)

Going Within to Solve a Problem: A Moment of Conscious Evolution

When we are having a problem, our programming is to react on the surface: "He is to blame." "They ruined the situation." Etc.

Instead we need to ignore the programming and go within, to discover our higher self, which will reveal the necessary, greater truths.

It is a moment of Conscious Evolution.

Consecrating One's Achieved Success

Though we may have utilized Mother to rise up and succeed, a new level of consecration is necessitated by that higher status. At this level of achievement we can consecrate our sense of satisfaction, our sense of status, our feelings of prestige, our sense of self-importance, our sense of our developed capacities, our sense of our endowments, our proud sense of comfort we have achieved and material objects we have acquired, our sense of feeling special, etc etc. (paraphrase of Garry Jacobs)

To Be Titled

Is Mother here to serve us, or are we here to serve Mother?

To Be Titled

Expectation delays or cancels - and very often disappoints.

Reader: Could you please explain why to stop expectations....?

Since Every step in life based on the expectation of results.....!

That's applicable including scientists research too ?

Without expectations how creativity will function further....?

By

Nemam Santhosh Prabhakaran

Response: By expectation here I am referring to over-expectation or over-anticipation.

I had a friend who constantly expected things to occur; spoke it out in anticipation of it happening, saying such and such would happen, and every time he did so, the goal got delayed, or even got cancelled. It is a subtle truism of life that one can readily observe.

Listen to people who are sports fans, anticipating that their team is going to do great. Insisting on it; only to see the squad they are rooting for crashing to the bottom of the standings. Instead a little humility, a little less bragging, and less opinionating would help.

Note this is different than having a goal, preparing for it, and executing it. In this case, there is no over-anticipation, over-expectation. One is focused on the right execution, and absorption in the work, rather than telling others that all will go as planned. Done well it will produce great results.

Over-expectation and over-anticipation attract negative results from life, whereas envisioning and properly executing a reasonable desired goal will ordinarily attract positive results.

Shifting from Blame to Self-Reflection Attracts

We blame others when they do or say things that we do not like, never asking what we did inside, negatively in consciousness that evoked that experience in the first place. However, if we examine and come to understand the inner cause and offer it to the higher power for its transformation, wondrous positive conditions will quickly present themselves.

For example, a man is walking through a bus terminal and asks someone there for directions. However the employee is very rude, which upsets the man. When he exits the terminal and returns to his office, he thinks about the incident and realizes that he had acted to another person in a similar manner an hour earlier. He then offers that insight to the Spirit. Within five minutes a friend knocks on his door and proceeds to tell him about some great new developments.

To Be Titled

To be You, Lord, at every moment the supreme Spontaneity. (the Mother)

Comment: This is essentially an example of what Karmayogi refers to as "Calling Mother."

To Be Titled

In the subtle physical, Sri Aurobindo and Mother are creating and building the suitable Environment to prepare mankind to receive the Divine Consciousness. (paraphrase of Vimalathithan Prophecy Begins)

Humans Contemplate Their Purpose

The human is the first species who is able to say Who Am I? What is my purpose in Life? And as a result, looks skyward and contemplates that he is part of some Great Mystery; that there may be a Divine Reality beyond all things, which suggests our deepest purpose in the greater scheme of things.

To Be Titled

Mother is here to serve the Divine Will and we are served by understanding Her guidance, and act accordingly, thereby supporting both the Divine and Mother's work. (paraphrase of Devakanni Subramanian)

To Be Titled

Each Conscious retreat from our Ego in the course of the day will attract a happy Surprise.

To Be Titled

India's Aspiration for success is great now. Nothing can hold Her back. Plus She has the advantage of Yogic Wisdom.

To Be Titled

The true nature of Reality lies far beyond our surface view. In the depths we discover It in full.

To Be Titled

Questions for a conscious person to continually ask:

Who am I?

What is my purpose?

What is life asking of me?

To Be Titled

Consciousness is the original status of Being of the Supreme.

To Be Titled

Doing things the same old way is mechanical, physical.

Doing things dynamically different is Spiritual, Supramental.

Which way do you want to live your life?

August 15:

-Sri Aurobindo's birth

-Indian Independence

-End of WWII in Pacific

To Be Titled

First order of any business or work is Cleanliness, Orderliness.

It attracts money, orders, and opportunities.

To Be Titled

He who worked inwardly for the freedom of India from British rule was rewarded when Independence Day turned out to be the same date as his own birth, August 15.

To Be Titled

Disparage a person, place, or thing, and something is bound to soon go wrong relative to it.

To Be Titled

To feel that what one has is not there with others is pride. To want others to have what one has is fulfillment. (Karmayogi)

To Be Titled

If world affairs affect you, then it indicates that you have a higher attitude. If that attitude is higher still, then it will be calm. (Karmayogi)

To Be Titled

If an important thing changes, then a thousand things will happen successfully. (Karmayogi)

To Be Titled

To feel that what one has is not there with others is pride. To want others to have what one has is fulfillment. (Karmayogi)

To Be Titled

This world is filled with unconsciousness and darkness, which is why Sri Aurobindo and Mother came to teach us how to lift up our lives; to shed our Ignorance; to transform our individual and collective existence into something higher, to help bring about a world of light and love and beauty; to help bring about a Divine life on earth.

Mira

Dear Roy, I wanted to share a story with you about a recent event in my life. I shared it with Garry when we were on a conference call the other day. Also, I received such a generous message from Senthil for my birthday that I ended up sharing the story with him as well and he urged me to share it with you.

Here it is as I wrote it to Senthil:

I was highly aware of the Mother about my birthday, as Garry told me about the special darshan one would get on one's birthday. And so, I felt that deeply.

At an office, a little 3-year-old girl insisted to her mother to meet me even though I am a stranger.

The girl stood in front of me with such beauty and presence that I got on my knees to be at her level and asked her is she is from another world 😊 because she was so brilliant.

She gave me a deep, long hug and I was amazed and filled with warmth.

Before she left, I asked her about her name - she smiled with her eyes and said "Mira". 🌸🌸
(Mila Popovich)

Mother Devotees' Works Spread Throughout Society

Where a Mother devotee takes to a higher value, or a career interest, or to a rising tide opportunity, etc., their success spreads to a wider plane, to benefit the entire society. It is because followers of Her Path are not just individual beings on the way to Individual transformation, but also UNIVERSAL beings with universal power brought about by Her Supramental Force.

Non-Reaction Power at Three Levels

Question: Can non-reaction pretty much solve everything? I.e. not reacting physically or emotionally to any perceived negative essentially dissolve it?

Answer: It can solve it at the Physical or Vital or Mental level.

Eg I had very unruly, even dangerous neighbors. I learned to control myself and not call the authorities. (physical) Then at the Emotional level I stopped reacting as well, i.e. not getting angry, over-stimulated when they did something wrong. In other words, I moved to emotional calm. As a result over a relatively short period of time, they moved out.

Also an even worse person whose husband managed the properties most surprising suddenly was forced out as well. And her husband, the manager was removed - forced out of his position - as well.

Moreover, soon after several wonderful people replaced all of these different very negative characters.

It was a cascade of the miraculous.

I have seen the power of non-reaction in this and many other occasions. It never fails to astonish.

Plus, it is essential for any kind of sustained spiritual life.

To Be Titled

The key in life is to grow, evolve from our surface being to our True Being; the Evolving Soul within; the Psychic.

Comment: This is the path of the Supramental Yoga. Progressively move from the surface and within, connect to the subliminal and then psychic being (evolving soul, True Self); and from there open to the supramental power (through Mother) so that Force transforms all aspects of our being and all life around us.

Also in psychic being we experience ultimate truth, knowledge, silence, harmony, creativity, love, and delight. Timelessness and Infinity are also there.

To Be Titled

Our sole purpose in life is to discover the truth of our being. And what is that truth? It is that we are INFINITE.

Comment: That our psychic being, the evolving soul, lives on forever, across births, until immortal in an undying Supramental , divinized body.

We are infinite, in and beyond space and time.

That through our True Nature, there are no finites to hold us back.

To Be Titled

Our goal is not only to discover the Divine above or within us, but to discover It in every act, in every situation.

Comment: This is where the rubber meets the road on the path of Human Transformation. Where everything, the true nature of the Reality is revealed.

To Be Titled

Why would you want to worship the Divine, when you can become Divine?

To Be Titled

What can we learn from each Experience in our lives that will keep us on the path of realizing our deepest purpose?

To Be Titled

Perhaps the key moment of my life occurred in 1976 when Garry Jacobs asked me "to remember Mother" before each sales presentation when selling for his import company, Mere Cie.

To Be Titled

When you are experiencing half dozen or more Life Response or Synchronicity events in the course of your day, it is an indicator that you are well on your way on the Path of personal and spiritual growth and transformation.

To Be Titled

When you overcome your fear of doing something and then do it, life quickly responds, as startlingly it becomes much easier to accomplish the work than originally thought.

Comment: (I have had this experience so many times over the years!)

To Be Titled

Withholding comment builds up power in the expression and idea.

Comment: It is a form of "silent will."

To Be Titled

Stillness is the greatest power of movement.

To Be Titled

After Chennai floods of a few years back, Karmayogi intimated that vast overflowing waters was a symbol as well as a reality of the people's inability to absorb the descending Grace because of their lack of receptivity in consciousness to inner and outer improvements.

To Be Titled

There are only so many times you can inwardly or outwardly condemn someone for being a fool. After a while, its best to withdraw and let a fool be a fool.

To Be Titled

When you consciously separate yourself from those who hold back your growth, more conscious individuals will soon appear to take their place.

To Be Titled

Defensiveness indicates falsehood lurking.

Breaking Out into the True Truth of Things

Very, very few people truly think for themselves. They are dominated by social convention, the herdal view, the family, the culture, the party line, the propensities of the belonged-to collectives.

They even subconsciously take pleasure in their Ignorance; in the small part they falsely believe is the whole of things.

It is only when we move deep within and discover our true self, our spiritual individuality, - that bubbles up deep, integral truths from the depths, - do we truly break out into the wider expanse of live, revealing the true truth of things.

To Be Titled

While people are absorbed in the small or greater bits of troubling news they encounter, they should keep this in mind: 125,000 people come out of poverty EVERY DAY; and this has been going on for 25 years.

To Be Titled

Moment-to-moment perception of the subtle rhythms and laws of life is Supramental.

To Be Titled

Every moment life is revealing a subtle, yet complex puzzle. Life Response analysis fits all the pieces together into a whole, revealing the integral Reality.

To Be Titled

Rewriting or retyping a quote from Them, instead of merely copying it Is powerful method. It moves the spiritual thoughts closer to reality. I.e. the Consciousness is more readily harvested; the Jeevan realized. Life is now ready to respond.

To Be Titled

Life often rewards you with sudden good fortune when you make the greater effort, go the extra mile.

Family Matters and Response from Life

When life responds negatively, indeed it is a hint of life, perhaps not for the surface ego. When that happens we do not need to dwell on the effect, rather when we fix the cause, the effect gets corrected by itself.

On a higher level, we can offer gratitude to that (negative) effect, not because of that negativity, rather because it helped to reveal the negative cause in us that needs to be fixed.

During my recent trip to home, I didn't have any minor arguments/quarrel with my parents (usually that happens at least once due to nature of my swabhava). So, I had a sense of satisfaction when I return. When I came back and then called them, I received a negative comment during my stay, it was a blow to my ego and hurts.

When I slowly reflect, the cause was so apparent. When I perceived that, I started to smile at life, perhaps that's the detachment. I thought that I had hurt my sister's feeling unintentionally during the trip, so I called her and offered sorry to her. Then I called my parents, the situation all reversed and harmonious in a short period of time.

(SM)

Comment: Recognizing and taking responsibility for the outer negative, and correlating it to one's earlier actions, including the involvement of another party, evokes the response that overcomes the original negative. The incident dramatically shows the process.

To Be Titled

When we experience Life Response in our lives, we are beginning to AWAKEN.

Reader: This reminds me of satguru saying a year back on sivratri "Tonight should not be a night of wakefulness but Awakening".

Response: Spiritually poetic!

To Be Titled

"Any man can make mistakes, but only an idiot persists in his error." –Cicero

Kurt Levin

Kurt Levin, a key character in The Book, who was in a quest for Knowledge, had come in contact with the mysterious Book in 1989, long before it had fallen off the shelves when Dan was at Moe's Bookstore in 2004.

He was also attracted subconsciously to the Artificial Intelligence conference in 2000, yet he was not known to the MAI partners at that time. He even contacted Prof. Stearne after the conference.

He then came to know that The Book was with the MAI team, and he tried by various means to contact them, but not directly, as he believed in the power of US Government, etc..

All his initiatives and personal efforts had failed. He then came to realize that his attitude was wrong. As a result, he came to MAI and sincerely admitted that fact.

He explained, in his own words:

"...Over the past few months I have spent a lot of time asking myself why I lost contact with The Book in the first place and why I was unable to renew that contact despite six years of serious pursuit.

Sitting and listening to the two of you in Washington last week, I finally came to the conclusion that it was my own attitude that stood in the way. I understood that I was looking for a very special knowledge and I finally concluded that I needed a very special attitude in order to find it.

Looking back to 1989, I realized that my aspiration had been real, but my attitude had been defective. I really wanted that knowledge, but I wanted it in order to possess it. I wanted it for the power it would give me. I wanted it for self-aggrandizement, for ego, not for Good. That is when I decided to alter my approach and come to you directly speaking the truth and nothing but the truth. I was convinced by then that nothing good would come from trying to

acquire the knowledge of The Book in the wrong way with the wrong attitude. So I have come to you and here I am..."

(From 'The Book' by Garry Jacobs, page 310)

Life responded for his sincerity and he became united with the MAI team. He came to MAI at the crucial moment, as they could not have progressed further without him.

(SM)

To Be Titled

There are subtle CLUES everywhere to guide our lives. We just need to develop the Subtle Sense to perceive them.

To Be Titled

For each negative attitude you shift out of, you will quickly receive one or several positive responses; often ones that are great.

Devotees' Purpose:

to bring the Higher Consciousness into their lives to help transform and divinize themselves and the world.

To Be Titled

Best not to anticipate what another is going to say, and therefore interrupt the conversation. Let them have their say in full, and continue the dialogue from there.

Mother's Prophecy of Satprem's Book in America Fulfilled

As She narrated to him in Agenda in the late 1960s, Mother told her closest disciple and friend Satprem that his book 'Adventure of Consciousness', about the life and teachings of Sri Aurobindo, which they worked on together for half a decade, would meet with great success in America.

One day as Garry Jacobs and his wife Leslie at Moe's book store in Berkeley, California were reaching for a different book, suddenly Satprem's tome fell on them, leading to their discovering a new life interest and their going to India where they would meet Sri Karmayogi. Their startling, infinitely productive 45+ year collaboration at Mother's Service Society would now begin. (And as a result, my own involvement would soon follow.)

In that great episode, Mother's prophecy of the success of Satprem's book in America had essentially been fulfilled.

To Be Titled

Don't worry about where you're going to go next, what's going to happen next, etc. Instead consecrate, consecrate.

Each time you do, you will be pointed in the right direction, and everything will work out for the best.

To Be Titled

Ultimately we are each here to discover our unique limitations in consciousness and overcome them, which will open us up to our Higher Nature, which is the consciousness of the Supreme, with the infinite power of the Creator to manifest our lives.

We are here not merely to connect with the Origin of all things, but to bring down Its consciousness into the details of life in order to Divinize existence.

A Devotee is not only here to raise his consciousness, reaching the Supreme and bringing it down into his own life for his OWN good, but is also here for the sake of, the good and betterment of the SOCIETY.

To Be Titled

We grow in consciousness by going deep within and discovering our Psychic Being, and from there opening to the Transcendent, and then bringing down its truth, peace, light, beauty, love, and joy into the details of life.

Through Mother (the Supramental Force)

- all decisions are the right ones
- all problems get solved
- all aspirations are fulfilled
- all illnesses are cured
- all thoughts are true ones
- all values are fully implemented
- all attitudes are rendered positive
- all conflicts are neutralized
- all emotions are positive
- all actions end perfectly
- all life movements are harmonious
- all interactions contain goodwill
- all parties benefit
- all viewpoints are respected
- all obstacles are overcome
- all strategies are the right ones
- all bodily systems function perfectly
- all sensations are satisfying
- all opportunities are great ones
- all relationships are joy filled
- all devices run flawlessly
- all activities run like clockwork
- all projects meet their deadlines
- all acts are complete ones
- all efforts are rewarded
- all subtle life patterns are recognized
- all families are affectionate
- all careers reach the heights
- all expressions are convincing
- all silences bring results
- all experiments will reward
- all things lost are found
- all things forgotten are remembered
- all ego movements are shed
- all ignorance becomes knowledge
- all falsehood turns to truth
- all evil switches to good

- all dissatisfaction turns to contentment
- all ill-fortune turns to luck
- all that bothered falls by the wayside
- all failures turn to successes
- all poverty turns to wealth
- all buried secrets are discovered
- all dark forces are rendered powerless
- all the best people come to your doorstep
- all life is fulfilling and sweet
- all confusion turns to clarity
- all sorrow becomes joy
- all pain turns to pleasure
- all negatives are perceived as opportunities
- all things in life get transformed
- all aspects of life are divinized
- all mortal things become immortal
- other?

Reader: Can you explain this a bit more Roy Sir? For example, the first point "all decisions are the right ones", does it mean whatever decision we take we have the power to make it right? Or does it mean something else?

Response: Whatever decisions we make will be the very best as Mother will guide us.

Simultaneous Events

"...Simultaneous events are always related causally or correlated by some common underlying principle or element. Events that happen at the same time are related, even when they occur to different people or on different sides of the planet. There are no exceptions!..."

(From 'The Book' by Garry Jacobs, Page 109)

To Be Titled

When the Positive can no longer further a cause, then the Negative will.

To Be Titled

Welling up Goodwill towards others, rather than mostly caring about what you can get from them, attracts startling good fortune.

Mother's Attempt at the Transformation of the Physical Body

In the past decade or so of Her life, the Mother was working on the physical transformation of Her body, in order to bring about an immortal existence.

Her main focus was to convince the cells of her body of their underlying capacity for unending existence now that She could focus the supramental power on them. She succeeded in getting the cooperation of Her body to make the physical transformation change.

However, She was still left with the dilemma of how to transform the organs of Her body, including the breathing and digestive system, et al into new centers of consciousness, replacing the current gross material functioning. She was in a dilemma how of how to bring this about. How does one change physical, material organs into their subtle center of consciousness equivalents?

She suggested at the end that Sri Aurobindo might return with the New Body, in full consisting of spheres of light and consciousness replacing the current gross structures of the body. In one incident during those latter years, Mother became the supramental being physically in the subtle physical. She looked at Her body and saw that it had become svelte, tall, graceful,

sexless, with unlimited capacity, grace, and responsiveness. Also all the internal physical functionings of the body - systems, organs, fluids, et al were replaced with their center of Light equivalents.

This would come to be the being She aspired to manifest in life; a Supramental Being that was both immortal and infinitely flexible and responsive to the descending Force.

Planes of Our Being

Here's a nice image of the makeup of our being. Note that the Spirit is the innermost center. (We could call it the spark of the Divine within us.)

Connected with the Spirit is the Soul, which is the Psychic Being, the evolving Entity that takes birth in the body and then enters other bodies in succession on its journey of Self-Discovery (through the experiences of the individual it inhabits).

Next, the mental being involves thought of the Mind, including fact processing, the beliefs we have, and where rational thinking takes place.

The Vital being consists of our attitudes, feelings, emotions, and sensations.

The Physical Body is just that: the gross, material, container of our existence, including all its systems and functionings.

To Be Titled

Care more about the benefits that can come to others than to yourself, and Life's Benefits will suddenly rush toward you.

To Be Titled

When I am in harmony with everything and everyone, I feel happy and blissful.

(S S Sreejith)

Recognizing Society's Benefit to Us

During discussion, Ray one of the MAI partner asked a profound question "So far we have been talking mainly about the actions of individuals and their consequences. What about society? How do I distinguish and separate the Individual from the social, the consequences of my own actions and the consequences of actions of the society and world in which I live?"

Dan replied:

"Today everyone in society enjoys certain benefits which individually we did nothing to deserve. We reap the benefits of all the collective discoveries of the past—Tom Edison's light bulb, Bell's telephone, the airplane, TV, computer, immunity for polio and many other infectious diseases that used to plague humanity, etc. We take these things for granted and do not think we are being singled out for any special reward. Everyone has access to these things, or at least many people do, and we happen to be among the fortunate. We rarely ask why life is bestowing such wondrous gifts on us. We take it for granted.

But when Hurricane Katrina inundates New Orleans and destroys thousands of homes, we like to think that this has nothing to do with us. Those who lost everything wonder why God has punished them. Those who escaped harm thank God for their good luck. We easily forget that Katrina and climate change are also a natural reaction and consequence of the collective actions of American society over the past hundreds of years and also a direct reflection of our collective unwillingness to accept responsibility for the environmental consequences of our actions, until the rising price of gas forces us to give up our SUVs or the rising sea level forces us to move inland.

We are happy to benefit personally from America's collective development, but unconscious and unwilling to accept responsibility for the consequences of that development. We forget that we too benefit from the ignorance, wasteful evils of the society we live in. So how can we expect to escape individually from the consequences wrought by our collective action?

We are not being punished for our sins, but we are reaping the natural consequences of our earlier actions"

(From 'The Book' by Garry Jacobs, page 321)

To Be Titled

Continuous Alignment with others in space and time is Supramental.

Willingness of Contractor Evokes Cancellation of Difficult Work

Shifting from unwillingness to willingness always attracts good fortune.

A training company was having trouble with setting up the client's 12 computer systems. They contracted with a man to help in the hardware and software setup, but he ran into many obstacles. Still he persisted.

The next day, the training company head asked the man to do something even more trying for the client. The contractor was near his wits end, as he was looking forward to some quieter time, but still he accepted the request. He then immediately drove off to meet with the client, a half-hour drive away, to resolve lingering software installation issues.

At the moment he arrived at the client's site, the client indicated that all problems had been solved! Thus, the contractor was no longer needed, and therefore turned around and headed home!

Because the contractor was willing to make the effort despite the pressures, life responded and cancelled the need for his further difficult work. It was another example of the life response power of Willingness to do what Life gives, instead of unwillingness.

Power of Relating Things from Multiple Disciplines

An entity is greatly enhanced when is linked or combined with a different sort of entity.

For example, in science we can see how we can combine a technology, on the one hand, with an artistic quality on the other - such as astronomy and origami.

Imagine then if we could create links between any discipline, such as physics, and the Subtle Laws of Existence, like Life Response, that spiritual-oriented individuals have begun to reveal. Life would be enhanced in all directions. Infinites would continually break out of the current finites. It is Inter-disciplinary Power taken to a new, cosmic level.

Supramental Solution

When a problem surfaces and when we analyze and solve it using our mind, we solve it based on a limited point of view, and therefore it is bound to have other consequences. When one solves a problem that reconciles the view of all those who are involved, then it comes from Supramental Consciousness.

In The Book, Prof Stearne became aware of the danger in front of MAI team, soon after His first meeting with them. And so He had thought of what needed to be done. And so He took an arduous task, and worked on silently without telling anyone; not even a hint, but magnificently manifested that solution in His own style. When the mystery was revealed, the MAI partners were speechless.

What had He done?

- First and foremost, He preserved The Book and ensured that it remained in MAI's hands.
- He permanently eradicated the danger that was daunting to the MAI team for so many years.
- He guided the MAI partners to manifest their mission and vision which they had dreamed off several years ago; and also brought out meaningful purpose in their lives.
- He manifest the solution that would help not only the MAI partners, but also the entire humanity.
- He thought of reconciling the needs of those who were in the lives after manifesting his plan,
- for example for His servants Juan and Rosa, giving them His entire property.

- He perceived that after His plan was executed, it would create loneliness and vacant place in Dan's life, and so He invited Kristy (Rose) into Dan's life.
- He also reconciled the solution from the Adversaries point of view, as they would not need to chase after The Book again.
- And, many others...

(Based on 'The Book' by Garry Jacobs)

(SM)

Gossip, Rumor, Etc. and the Little Life

Gossip, rumor, and interest in scandal are the of the consciousness of the "little life." The worse the news, the greater the intensity for us, and therefore the more we enjoy it. It is shameless and without dignity.

To Be Titled

We may hope for it in the ordinary sense of the word, but Karmayogi says Mother IS Luck.

To Be Titled

Everything in the "little life" is offering us an opportunity for progress. We can bring our higher consciousness to bear in the smallest, most insignificant details to make it an occasion for personal and spiritual growth.

LIVING A GREATER LIFE THAN YOU WERE TOLD BY SOCIETY TO LIVE

When you grow up, you tend to get told that the world is the way it is. Your life is to live your life inside the world, to try not to bash into the walls too much: Try to have a nice family life, have fun, save a little money... but that's a very limited life.

Life can be much broader once you discover one simple fact: Everything around you that you call "life" was made up by people that were no smarter than you -- and you can change it.

You can influence it... the minute you understand that you can change it, that you can mold it, that's maybe the most important thing. To shake off this erroneous notion that life is there and you're just going to live in it -- versus embrace it, change it, improve it... and make your mark upon it.

(Steve Jobs)

Foundational Security of Organization

In Business we can say that Security comes from Organization. Structure of job positions, hierarchy, authority, standard operating procedures, systems, business plans, are all foundational. When they are secure, the rest can follow. It is the solid ground from which all can thrive.

People don't value Organization - they take it for granted -- as they value the expert products and services much more. But everything depends on the foundation of Organization in business. It is the "Security" of the company.

It is the same for Society. There are roads and systems, schedules, means of providing education, ways to pay our taxes, military, police, fire support, etc. etc. We take them for granted, but they too are the foundation of society's physical security in life. Society achieves, thrives on top of the foundational security of Organization.

It is also the same for us as Individuals. When we are in a clean, orderly environment, when we have a to do list and schedule, when we plan our goals, when our computers are structured to meet our needs, when our appearance is neat and tidy, etc. we create personal organization.

When the solid foundation of daily existence is there, then we live in Physical Peace. We can now move to the vital peace of shared emotional experiences. No need to quarrel, as the Security of the physical is there.

In sum, Organization is the foundation that is the Security of Life. That enables us to move to the next plane of higher emotions and clear thoughts that will figure a way to take us to the future. The Spirit naturally does the same automatically.

Laissez-Faire Capitalism vs Human-centered Socialism

The great "battle" of the next generation may very well be between forces that want to hold onto laissez-faire capitalism, which is failing the world, except the rich and super-rich, and the forces that want to bring about a human-centered economics, that is something like socialism, but goes beyond.

Comment: Laissez-faire failure is also one of the reasons that Democracy is starting to fail around the world.

Beginning a Meeting with Someone

When you first have your meeting with someone, - whether a friend, a client, a colleague, a family member, a significant other - it is best to defer to them, to what is on their mind. That will focus the conversation in the best direction, for it to blossom. If you keep up this general approach throughout the conversation, it will end up being sublime.

Higher Consciousness and Discovery

Prof. Stearne's comments in a speech:

"...According to the testimony of our greatest scientists, scientific discoveries are the result of intuition, not experimentation. You do not happen upon the formula for $E=mc^2$ by digging into any number of sand piles or conducting any number of experiments. You discover that formula by opening your mind to a higher way of knowing.

Discovery is an act of consciousness, not a lucky stroke of the shovel or pitch fork. It is a power that resides in the human mind and consciousness, not in the machine which is our instrument...'

(From, 'The Book' by Garry Jacobs, page 21)

Failure of the System

People think this entire era is about Trump and how he represents the negative, and we have simply to do away with him and all will be all right.

But that is only the tip of the Iceberg. The entire Laissez-faire capitalist systems has failed the masses, including the effect of unfettered globalism, automation, wealth inequality, financial impropriety; and thus democracy itself is being challenged because of its inability to solve these underlying problems.

Until we get to these issues, Trumps will appear in new forms, and other disturbances will appear unprecedented in the world's history.

Comment: Collaboration, leading to Global solutions, culminating in Human Unity can solve all such problems. This is the way to the future.

To Be Titled

The more you move to the Spirit, the more one's normal human relationships disappear.

Silicon Valley Can Go Within to Discover New Forms of the Infinite

So many want to expand outward from Silicon Valley throughout the world, and that is quite laudable. However, there can also be a movement INWARD to discover a profound knowledge of the subtle workings of life, captured in software, that can solve the problems of the world; that can evoke unexpected extraordinary positive response from the world around us.

Silicon Valley can thus expand in new directions by going deep within to discover new forms of subtle knowledge that when harnessed can unleash the Infinite for the world.

Grace and Super Grace

When Grace acts, karma is dissolved. When man refuses to believe in karma, Grace acts. When man refuses to believe in his capacities, Super Grace acts. When Super Grace descends on you, it brushes aside your faith in your capacities and acts. (Karmayogi)

Super Grace Comes at Beginning

When Grace comes we get the result at the end of a labor. When Super Grace comes, we get the result in the beginning. (Karmayogi)

Knowledge of the Whole in What We Do

In whatever we do, we should have knowledge of the whole. We should look at all points of view. Knowledge of the whole means the good and bad, the high and low, without judging, without reacting; objectively we should understand where we are. We should not distort things one way or another. (Karmayogi)

Acting from the Highest Value in Whatever We Do

In whatever we do, in any area where we want to achieve unfailing success, we should act from the highest values that are possible for us. Be truthful, honest, clean, punctual, well-organized, generous, thoughtful, kind, and humble. We all know the list. These are not impossible things; these are human values which society has cherished as ideals for thousands of years. At least in this one area where we want to unfailingly succeed, we should be capable of acting from the highest values. (Karmayogi)

Formula for Unfailing Success

- Acquire knowledge of the whole
- Act from the highest values
- Organize time and energy
- Determined enthusiastic energy
- Unceasing effort
- Call Mother

(Karmayogi)

To Be Titled

At every moment you are afforded the opportunity to make the Higher Consciousness decision, which will in effect attract the more positive response from life.

To Be Titled

Life confronts us with darkensses that mirror our dark nature that we try to conceal.

Comment: Eg you harbor ill-will towards someone. In return Life will come along with a person who has ill-will towards you. When you examine the situation you will now see that the outer darkness is reflecting your own inner darkness. It is the principle of inner-outer correspondence, expressed in the negative. So if you give up the ill-will, the same will happen coming back to you.

This dynamic occurs in many instances during a typical day, and dozens of times per week, reflecting other dark attitudes, habits, beliefs and actions on our part. If you are observant you will see these inner-outer connections.

Effect of Little Life

The greatest problem with living the “Little Life” – with its small desires and sensations, its petty needs and ambitions, its dumb repeating habits, its questionable attitudes and values – is that it prevents us from living the Greater Life.

To Be Titled

There is a deeper seeing from within
A greater vision meets us on the heights
In the luminous wideness of the spirit’s gaze.
At last there wakes in us a witness Soul
Then all assumes a new and marvellous face:
(from Savitri by Sri Aurobindo)

It’s not that the Little Life is simply discarded and replaced by the Higher Life, but rather the Little Life is transformed and thereby BECOMES the Higher Life.

Horizontal and Vertical Planes, and the Integral Yoga/Transformation

Q: Just how many planes of being are there?

A: You can divide the planes of the person or life in many different ways. I usually speak of say 12 levels in the “vertical scale” (3 physical/matter planes, ascending through 3 vital planes, through 3 mental planes, through three planes of spiritualized mind), though I suppose you can discover other levels too.

Then there are a number of planes that can be understood in the “horizontal scale,” from the surface to the depth; including one’s surface consciousness, the subconscious, the subliminal being, and the soul/psychic being. Eg a superficial, ignorant person may predominantly live on the surface, while one who has a developed subtle mind perceives the subtle workings of life around him more readily.

The depths behind the surface and ordinary mind - ie the Horizontal scale - include the subconscious mind, which influences one’s decisions positively or negatively, though we are not cognizant of it. Then deeper still is the subliminal mind, which within is in touch with universal forces and sends up positive influences to the surface of our being. And at the deepest depths is the soul or psychic being, which is the evolving spirit and true self within us, which has the greatest transformative power.

Eg In the integral yoga one goes within, shifting one’s consciousness from the surface to the depths (along the horizontal scale), which also has the effect of moving one upward from normal or rational mind to spiritual mind (of planes 10-12) in the vertical scale. “We go in to go up.”

If we consider the power to accomplish in life that includes the spiritual approach to our existence, then we can see that going to the deepest depths creates the most powerful lever to take us to the highest heights of spiritualized mind where we cognize the Reality in its integral Truth, which leads to the most profound insights, intentions, and actions that lead to the greatest successes. Here Life Response is continuous and overwhelming.

Citizens of the World

In the emerging new world it’s best to think less that we are a citizen of a country, and more that we are a citizen of the World.

Gratitude Toward, What Society Is

We feel little gratitude for what Society has given us, though we express deep grievances where we believe it has failed us. Do we even truly know what it has provided us? Do we even know what Society actually is; consists of?

To Be Titled

Why worship the guru when you can become a guru; i.e. become truly conscious and divine-like in your nature.

Emma's Self-Initiating Failure

In Jane Austin's 'Emma' we see the complete failure of Personal Initiative - here of meddling in the romantic affairs of others - not originally sanctioned by Life.

Ignorance to Falsehood

In the general Ignorance of the mind, we tend to see only one side of an issue, and then defend it vociferously. Moreover, we enjoy our limitation of understanding. Hence our Ignorance is emotionalized, and thereby moves to Falsehood.

Valuing Benefit to Audience Attracts

In your presentation always hold dear the value that you really want the audience to benefit, not just that you want to perform well. That will help create the right energies for life to respond positively to your efforts.

To Be Titled

When you do the necessary thing, instead of avoiding it, life quickly cooperates with your effort.

Comment: Example: you are ready to go home, but there are a few important items that you should attend to, such as purchasing several items for your pet and filling up your car with gas.

Overcoming your resistance to do those tasks, you head out to accomplish them. When you do, traffic is lighter than usual, the products are in stock, and in general life seems to cooperate at each turn.

Overcoming the resistance and taking the action quickly opens up life in your favor.

Ascent and Descent when Reaching Supermind

Please keep in mind that when we mention Supermind (in the evolution) we don't just mean that it is the ultimate plane of spiritual mind, but that when we reach, embody that plane, it supramentalizes all planes below it - including the Mind, our Vital being, and our Physical body (and for that matter all matter, substance in creation).

There is thus an Ascent and Descent dynamic occurring as we enter that plane, including Supermind.

To Be Titled

Mathematics can represent any fact of life or truth of philosophy.

It represents the Absolute by Infinity.

(From 'The Book' by Garry Jacobs, page 303)

Gratitude in Everyday Life

We are easily bothered by the expense of certain items, yet do not appreciate so many things that come to us for free or at minimal cost. It is to move from ego-sense to gratitude and appreciation in everyday life.

Problem-Solving through Collaboration Among Nations

Increasingly individual nations will no longer be able to solve its own economic and social problems. It will require collective approaches, strategies, and actions among the countries of the world.

Values and Jeff Bezos' Vast Wealth

Jeff Bezos, the richest person in the world, valued at \$160B, became fabulously wealthy by not caring about profits at Amazon; only expanding the business at any cost, and keeping prices as low as possible for the customer. Only in the last year or two did Amazon make a serious profit.

It expresses the spiritual principle that great wealth comes to those who do not care about money, but have the highest personal Values in relationship to it.

To Be Titled

There is no scarcity. We do not know how to use the resources is the truth. (Karmayogi)

To Be Titled

The Call, Aspiration for the Higher to come into Life helps It descend into all planes of our being, enabling their Transformation, leading to ultimate Delight in the experience; Ananda.

To Be Titled

For every Falsehood in human society there is a correspondence in us of lacking consciousness. If we make a change in that area that is personally false, and offer it up to the Higher Power the corresponding negative in Society will also tend to be resolved. I.e. Life at the Universal plane will respond.

To Be Titled

As Mother gives no occasion to lie, She never gives you a single occasion to ask anyone for a favour. (Karmayogi)

Reader: Dear Mr. Roy,

Can you tell me how to implement the same... With some example too.....

Response: Eg avoid asking-

-for a loan, borrowing from a friend

-for them to pay you a certain salary when job offer was never made

-for others to do something when no relation was established between you.

In other words withhold asking favors of others, and as necessary take responsibility for the situation.

The former is rooted in psychological weakness; the latter in strength. The former attracts negative outcomes; the latter positive ones.

Moreover, in general, it's best when Life comes to you, with opportunities or requests, and you then respond to them positively. It's not so good when you initiate and ask favors of others; especially in a non-binding, non-contractual relationship.

On Our Acceptance of Others' Lying

[I was thinking about the connection between Trumps continuous, brazen Lying and something in ourselves that tends to lie or accept lies.. I found this]

"When people lie to your face, it means you like them in spite of their lies. When they lie about you behind your back, it only means you have not yet acquired the power over lies." (Karmayogi)

Change in Lying, Insincerity, Prejudice, Superiority

The world has witnessed Revolutions against governments. An upsurge against lying, insincerity, prejudice, superiority is on the agenda. A psychological REVOLUTION is the order of the day. (Karmayogi)

To Be Titled

Whatever you intensely try to avoid, you will invariably tend to attract. Detached, Non-reaction and calm introspection is a preferred approach.

To Be Titled

A child's excess energies can be fully absorbed through the mind when she learns how to truly Think.

Life's Powerful Neutrality of Purpose

The dualities like good and bad, good and evil do exist in life. They exist in a sense that they serve a purpose in the overall perspective of the Divine's plan. It's not by condemning or running away from them that we can get rid of them. Rather when we rise in consciousness, when we transcend our ego, we are able to perceive the whole Reality and their purpose.

In *Pride & Prejudice*, Darcy was good and Wickham was bad is a limited understanding. Both are needed for each others' growth in consciousness, as well as to manifest the Divine (here Jane Austen) plan.

Thus, Life is neutral; it acts according to its laws, and presents opportunity to everybody. The extent we want to utilize that fact and grow in consciousness is a question of our choice.

(SM)

Rejection, Ego and Our Progress

Q: How do we take rejection as a means of our further progress in life?

A: Experience of the emotional state of Rejection is one of Ego. It is a truth that does not square with our desires, so our Ego is offended and reacts. When you develop higher consciousness, then ego reactions such as sense of rejection are reduced. In that higher state we accept the development as part of the flow of life, while understanding what purpose it serves in our lives.

Eg from the experience of being rejected for a job we applied for, we can now consider what we are lacking - in skill, knowledge, experience, approach, intention, practicality, etc. This will make us stronger in the longer term; meaning that the Rejection was actually a positive in disguise.

Results from Business Values

Q: To what extent do business/corporate Values produce results?

A: The actual results (sales, response of the market, revenues, profits) reflect the true value that is believed in when applied in action. Application of the corporate value with emotion in action is the ultimate determinant of the result.

To Be Titled

So-called "Millennials", in constant fear of being laid off, could turn to Socialism for security in a very insecure world.

The Phone Case

A key indicator of a successful outcome is when people come to you instead of your having to go after them, or otherwise struggle to succeed

Eg you are at a store looking for a cover to your phone because the old cover has fallen apart. As you gaze at the display where there are so many choices, suddenly a salesperson comes up to you and asks if she can be of help. You briefly tell her what you want, and immediately she finds and picks out what you were looking for. Moreover, later on when you try it out at

home, it works out perfectly, far exceeding your expectations! This is precisely what happened to me today.

In this case, the result came because I committed to saving money by fortifying my current older phone, which was in perfect working order, rather than incurring the unnecessary expense of a new one. As a result, Life cooperated with my decision by attracting the salesperson who instantaneously came up to me, helping me find precisely what I was looking for.

Thus, a confluence of several factors - the maximum utilization of a resource, my taking action for a replacement of a damaged case, and the immediate help of Life through the salesperson - enabled this wonderful result to take place.

All worked together to overcome limits of space and time to create a successful and joy-filled outcome.

On Grace and Lack of Receptivity

Divine Grace comes as pain when there is lack of receptivity in one's being, in the same way cyclone rain comes as Grace but leads to great destruction because the community and its infrastructure were not developed enough to harbor it.

It's a lesson to be learned for the next time, for future understanding, decisions, and actions.

Tolstoy On "Chance"

"...Tolstoy was profoundly right when he wrote in his epilogue to War and Peace that there was no such thing as chance, only events whose cause we do not perceive and understand and therefore appear to us

as chance..."

(From 'The Book' by Garry Jacobs, page 304)

Inner Powers of Negotiation

Silence:

-All great negotiations are in silence. [I.e. the more you hold back from speaking, even thinking, the more it will influence others to your position, or the right one.]

-Where negotiation is not possible, silent action will achieve. [I.e. do what you can to improve things, but keep it to yourself as much as possible. Life will respond.]

Marshalling Unseen Resources

The skill of a negotiator depends upon his knowledge of the unseen resources on both sides and the readiness of his mental action that brings those resources to bear upon the proceedings.

Honesty

What brings a negotiation to a successful conclusion is the honesty of intentions, not the capacity to bargain.

Pleasantness

Every possible emotion of pleasantness fostered sincerely in a negotiation will complete it successfully is a rule.

Mental Attitude

If you are in a negotiation for some months and finally have finished it to your own satisfaction, you know what it was in your mental attitude that brought that success about. I call that an organization of values and attitudes of the mind.

(Karmayogi)

Learning from Previous Failure

Karmayogi gives a simple example on saturating the previous plane. Take an act of negotiating to buy or sell something. He says, "Instead of becoming engrossed in bargaining,

go inside yourself, examine the earlier negotiations that failed and identify the reasons for failure. Avoid those errors now, or at least decide to avoid them now. During the next negotiation, you will be conscious of your failures and the chance of failure will become less". This is evolution in consciousness. (RK)

Taking Super Responsibility for What Went Wrong

... imagine that you are moderating a negotiation between two parties. After several days, the discussion breaks down because of a disagreement on fundamental principles. Though you have made a concerted effort to bring the parties together, and have done your work diligently and professionally, an element has crept in that seemed beyond your control, preventing the two parties from coming to an agreement. What I am now suggesting is that even in this case you can take responsibility for the negative outcome!

The reason one can come to this conclusion is because of the fundamental relationship between one's consciousness and the world outside us. The principle of inner-outer correspondence indicates there is anything negative occurring within one's purview, we should be able to discover a corresponding wanting element inside -- no matter how small or trivial -- change that trait, which will then bring about a powerful positive response from life.

Thus, even in situations where we do not see any obvious correlation between the outer and the inner, we can dig a little deeper, discover the subtle causality, and reverse that wanting characteristic, causing outer conditions to quickly improve. This is what I mean by "super responsibility;" another powerful means by which we can quickly change the conditions of life from within. (RP)

Beginning a Conversation

In a new conversation it's advisable to allow the other person to speak of their interests first. And then throughout the conversation it's best to constantly take an interest in what they have to say; focusing on what their interests are, over your own concerns.

As a result, life will respond positively. Moreover, all that you were interested in saying at the outset will be conveyed in due time, and then some.

Not only will the conversation go very well, but along the way, unexpected positive developments are likely to be revealed.

On Contacting Another to Initiate a Conversation

Q: Should I contact another person first, or wait for them to contact me?

A: It depends on the situation. If eg you have some work for them to do, it's best to contact them as necessary. It is possible to practice "Silent Will "and have them call us on their own first in these sorts of situations, but that takes a great inner discipline and patience.

If it is more casual conversation, then if you wish you can wait, and see if you draw them in, after having consecrated the potential conversation (or practiced silent Will).

It's always best to calm down before contacting another.

Also if you contact them and they are busy, it might indicate you are too anxious, or it may not be the best time to connect. Therefore, one can wait, or even forget the matter for a while to put things in their right perspective. Then move or not move as necessary; as Life seems to suggest.

To Be Titled

Internet, web, social network, et al is the individual's experience of the Universal Plane at a subtle material level.

Trade Wars

In response to the mayhem, disruption, and disunity of Trade Wars in the world, there can be acute recoil that furthers, even accelerates cooperation, collaboration, and unity among the nations.

Comment: (Yet another example of how the negative can serve the good.)

To Be Titled

Russian Revolution and its Values energized most of the social benefits that have since come to the world.

To Be Titled

Increasingly the people of the world are demanding social, i.e. socialistic-like benefits, both from the private and public sectors, and among all classes. In fact, the momentum is accelerating.

Accelerating Socialistic-Like Benefits

Increasingly the people of the world are demanding social, i.e. socialistic-like benefits, both from the private and public sectors; and among all classes. In fact, the momentum is accelerating.

To Be Titled

On Socialism's Vast, Quiet Infiltration of Capitalism, Et Al

- Socialism has succeeded abundantly all over the world of capitalism.
 - Socialism succeeded all over the world clandestinely though capitalism.
 - Socialism thrives under official capitalism.
 - Capitalism was compelled to work for socialism more successfully than USSR by a process no one ever contemplated as Silent Will.
 - Socialism is a laudable goal for the society and it still remains so.
 - Socialism in the sense of welfare to the masses has become an abundant political fact all over the world.
 - The right distribution of profits will eventually lead to a kind of socialism.
 - Abolition of monarchy is the dissolution of ego – Democracy.
- Overcoming Nature and ushering in divine nature is socialism.
- Democracy, Socialism, Individuality and Spirituality will rule the future.
 - England, Germany and Russia were given the duty of winding up the consequences of Napoleon's rule. All of them opposed socialism. USA took it up. Socialism of Marx is more fully accepted by USA.
 - Soviet Russia sponsored State Socialism and ended up as a police state.
 - Russia that took up Marx's socialism resorted to violence.
- (Karmayogi)

To Be Titled

Unconsciously repeating the same old physical habit is a grave digger. Doing things fresh and new, reinvigorates Life.

To Be Titled

Yoga is for yogis, yogic Force is for all of us is my formula. (Sri Karmayogi)

Comment: Yes, it is opening to the force and power of the Divine Mother that alters the equation of Reality, evoking the miraculous in the positive.

Overcoming Habit

-Habits are the physical skills that maintain the surface personality.

-Habits are in the physical substance.

-We see we go back to our old habits, having cherished a new one for some time. It is the conscious that learns, and the substance asserts after some time. Whatever the substance learns is never given up. That is why old habits die hard. Mother calls the process of substance unlearning what it has learnt, transformation.

-Habits die hard. We are not aware of most of our habits as they are subconscious. Mother says even death is a habit of the body.

-Pain dwells in the rigidity of habits.

-Habits persist in spite of a full decision to the contrary.

-The deeply buried habits that are to be given up are not unknown. We are reluctant to be conscious of them and when they present our will has no energy to exert itself.

(Karmayogi)

To Be Titled

You have to be brave when a challenge arises, consecrate the issue, have faith, and do the thing you have to do, with calm and an inner smile.

Life will take care of the rest.

To Be Titled

If you look around you will see that Life is constantly throwing up synchronous circumstance, which are nothing less than minor (and sometime major) miracles.

Going Within to Have Courage to Face Problems

Q: How we can get the courage to face changing situations when we don't have it. Should we consecrate the problem or the solution. Like to be brave in the problem or the problem to be solved.

A: Learn to develop an Inner life. When we are centered deeper within, we are less bothered by outer circumstance, and so are able to know have a clearer, less emotionalized experience, including a clearer understanding of what to do or not to do.

Ordinary life will keep us on the surface of things, of life, where we will constantly be reacting to life's exigencies and problems: being bothered by outer circumstance.

To go within requires one to make the deep Decision to live a Spirit-oriented Life.

One can practice plunging inward as one is moved to do so. It will then cumulate. And the inner (subliminal) being will be discovered, and deeper still the Psychic Being, the evolving True Self.

Then nothing on the surface will bother us. Our equality of being will always be maintained.

It is the beginning of the Integral Yoga.

To Be Titled

Human life is filled with physical and psychological suffering. Transforming these into their evolved, spiritualized equivalents is our Sacred Goal.

A note to devotees:

Life around us pulsates with the practical, mixed with the lower vital. How to be still inside, call to the Force, and perceive how our mere presence can divinize the unfolding circumstance, and transform the forms of life into their divine equivalents.

To Be Titled

It is said that anything - such as a nation - is only as strong as its weakest link.

- Slavery leading to US Civil War
- Class in UK
- Caste and corruption in India
- No democratic tradition in Russia
- Insularity of Japanese
- Fundamentalism in Middle East
- Physical/Material consciousness of Americans
- Etc.

Santa Cruz Episode

Wherever you intensely focus your attention, life quickly crates new iterations of it from out of nowhere in the most astounding ways.

The other day I was reading an article about serious traffic congestion from Silicon Valley to the coastal town of Santa Cruz in Northern California. Is it difficult, winding, and dangerous road.

Having driven this road a number of times over the years, I took special interests and what the writer had to say, especially trying to come up with unique solutions to the problem. I was enjoying this article immensely, even though I was 400+ miles away in Southern California where I now live

As I was completing the article, and with an intense focus, a series of young men walked into the restaurant where I was dining. The one closest to me was wearing a T-shirt that caught my eye. On it wasn't emblazon the words "Santa Cruz", with a picture of a wave in the ocean.

I have never seen anyone with a Santa Cruz T-shirt before that I can recall when I lived in the Bay Area which is not far away from that city, or certainly anyone in Southern California hundreds of miles away wearing such a shirt. So it was an absolute miracle beyond belief that someone would walk in with that T-shirt on, mirroring my intense interest in an online article about the dangerous road leading to that beach-side community hundreds of miles away.

Life always responds immediately to an intensely focused mind by bringing you astonishing iterations of content, corresponding to that deep interest. It's an astonishing phenomenon and truth of Life!

To Be Titled

When one has a desire to be elsewhere and neglects the current work, then if one changes one's consciousness - taking up the tasks at hand - it ordinarily brings an immediate positive response from Life.

Out of Step with Time

Too often people do not want to accept the natural flow of Time. Through forms of unconsciousness - wrong urge, impulse, attitude, action - they interfere with time, falling out of step with it, creating confusion, interference, and other necessary breaches in the outcomes of life.

Goodwill Magnificent Response in Les Miserables

Our acts of goodwill, as it subconsciously aligns with Life's purpose, when Life returns that gratitude in response, it is perceived as Grace.

Dan explains the beautiful incident:

"...In Hugo's Les Miserables, the ex-convict Jean Valjean, who has assumed a new identity and become mayor of a small town, saves a poor cart driver named Fauchelevent from being crushed when his wagon collapsed. After pulling him out, he also finds employment for the old man as a gardener at a convent in Paris. Fauchelevent is filled with gratitude.

Years later, Jean Valjean's true identity is exposed and he seeks refuge in Paris. The police eventually locate him and pursue him on a chase through the streets of Paris until Jean Valjean is backed into a cul de sac with no apparent means of escape. He scales a high wall and lands in a deserted garden. It turns out to be the very convent where he sent Fauchelevent, who finds and takes him in and saves his life by concealing him from the police.

Jean Valjean may have forgotten Fauchelevent many years ago, but Fauchelevent and life have not forgotten him. They return at an equally crucial life-threatening moment to return the favor..."

(From 'The Book' by Garry Jacobs, page 312)

(SM)

To Be Titled

Politics is dirty, from all sides, all parties. It makes one's skin crawl. There is an element of falsehood in it, no matter the belief, ideology. True Truth remains on a distant horizon.

To Be Titled

True Intelligence lies far beyond brain-power. It is expressed through inner, Supramental Wisdom.

Supramental Transition

Mother says the transition from our human state to Supramental beings is as great as from the ape to Man. And yet some are secretly beginning to bridge that gap. Eg consistent experience of Life Response, including the use of the Mother's supramental Force, is a starting point.

Centers of Consciousness and the Supramental Body

Need for digestion, breathing, procreation, etc. ends for the Supramentalized person, as all such physical centers are replaced with their equivalent Centers of Consciousness.

To Be Titled

Democracy will fulfill itself when politics is replaced by something higher.

To Be Titled

An elected official who doesn't play politics, has high personal and social values, and works for the benefit of the country is a true Patriot.

To Be Titled

Mother will put you in impossible situations, which when you have Faith, She will fully resolve for you. These will turn out to be great yogic learning experiences.

Living for Others

Live for others in a work in a smaller domain and life will respond and give you the opportunity to live for others in a much larger one.

To Be Titled

So many moment-to-moment Subtle Signs, Life Movements are occurring that we miss. They are constantly indicating what to do, and what not to do. Unfortunately, we are asleep, oblivious to their presence, lost on the surface of our lives.

We tend to focus on single issues—and do not pay enough attention to the overriding issue of where the globe is heading... There needs to be a greater sense of urgency to confront the globe's looming problems.

(Keith Suter, Cadmus Journal)

On Inner Causes of Health Disorder

-- When something goes wrong with the Inner being there is a corresponding disorder in the outer body.

-- Persistent physical disorders of the body that refuse to go are a sign of resistance to change.

-- The health disorders of my children have to be seen in the context of their spiritual sadhana. Otherwise they cannot be understood.

(The Mother)

-thanks to N. Asokan at MSS

Corporate Value Implementation

Corporate Value implementation includes, conversion of the value into a policy and the policy into an objective for each facility, commitment and active responsibility by top management, establishment of standards and rules, on-going training, systems for monitoring and enforcement, middle and lower level management responsibility, regular meetings and involvement of all personnel on a daily basis. (Garry Jacobs)

Corporate Values at the Bottom Level

The most powerful corporate values are not the ones that are preached and practiced by top management. They are the ones that penetrate through all the layers of the organisation down to the bottom, where they are implicitly followed often unconsciously. (Garry Jacobs)

Natural Negotiators

-Perfectly reasonable cooperative people appear to have a strong potential to become effective negotiators.

-Profile of effective negotiator seems to reflect a distinct set of co-operative as opposed to stereotypically competitive traits

-Skilled negotiators avoid defend/attack spirals, emotion-laden comments, assigning blame or disclaiming fault.

(Priya Mahesh)

Comment: They have natural capacity of non-reaction

To Be Titled

Silence silently, subtly links people together in synchronous experience, while ceaseless chatter has the opposite effect

To Be Titled

The outer, surface mind can no longer handle the ever-increasing intensities and exigencies of life. An Inner Mind that is still, yet open, that silently observes the world, is the means by which we can address and resolve the increasingly complex issues of the world.

To Be Titled

Unwillingness to address the partial truth of another when condemning their entire position is a sure indicator of Ego at work.

Having All Perspectives Simultaneously

We only see our own position, perspective relative to the unfolding situation. Yet circumstance demands knowledge of ALL perspectives simultaneously. When we develop universal and then Supramental Consciousness we will have this complete moment-to-moment Knowledge of the Reality.

To Be Titled

The Supreme Conscious-Force aspiring to come out, to reemerge in the unfolding of creation is the compelling cause of the Evolution.

To Be Titled

I belong to no nation, no race and no religion but only to the Supreme. (the Mother)

To Be Titled

When the positive can no longer bring about the necessary change, then the negative will.

Example: Nations of Europe had the opportunity to work together in early 20th century, but they each pulled in their own direction. WWII was then instigated by the Nazis. After that quickly came the United Nations, the European Union, and the end of colonialism by UK and others.

Goodness always returns. In Pride and Prejudice:

--Charlotte's goodness and caring for Eliza - her noting that Darcy cares, - enables Charlotte to get married (to Collins) through Bennet family.

--Eliza's goodness, caring for, protecting Jane, enabling Eliza to get married in future (to Darcy)

Overcoming the Mania of the Tragic

When people write me long letters (what letters I receive! laments all the time: my health is going wrong, my work is going wrong, my relationships are going wrong – laments all the time), and I always see, behind, that Consciousness, luminous, magnificent, marvelous – sun-filled, you know – exactly as if to say, "Whenever will you be cured of that mania!" The mania of the tragic and the lower.

(The Mother, from Agenda, May 8, 1965)

To Be Titled

Demonstrating psychological strength, courage, and fortitude during trying times, releases a torrent of energy that comes back as enormous positive response from life.

To Be Titled

The negative comes to open the door to, reveal a new, unexpected positive.

Life's Contradiction Reveal Higher Truth in 'Miss Mackenzie'

Life poses contradictory conditions, which no fault of ours, comes to reveal greater truth; and when one decides to go with the flow of life, it responds in its own fashion.

In the story, 'Miss Mackenzie' by Anthony Trollope, after spending most of her adult life nursing her dying uncle, and then her invalid brother Walter, Miss Mackenzie inherited a significant fortune from Walter at his death. However, at one point of time she lost all that money to her cousin, John Ball, as he was the rightful inheritor.

At the end of the story, despite the fact that she had rejected the earlier marriage proposal by John Ball, she married him? who soon became Sir John Ball; and as a result she became The Lady, also becoming quite popular in society.

Though it appeared that she had lost all the money earlier, life posed that contradiction only to reveal the goodness of John Ball to her.

(Paraphrase of 'Savitri' lectures by Garry Jacobs)

(by SM)

Comment: The negative comes to open the door to, reveal a new, unexpected positive.

To Be Titled

T. Natarajan of South India (aka Sri Karmayogi) - the greatest multi-dimensional thinker in the world over the last 50 years. No one else has come close.

Comment: His contributions are in the fields of economics, history, education, literature, principles of life, evolutionary spirituality, creation theory, business, work, human psychology, sociology, Indian development, supramental transformation, etc. - each filled with hundreds, thousands of unprecedented-in-the-world thoughts. Over 10,000 breakthrough conceptions, previously unknown to the world

To Be Titled

A multi-dimensional spiritual genius of a type unknown before. If an individual has given 100 original ideas he is considered great. Appa has given the world 100 or 1000 times that.

To Be Titled

Plus he has evoked staggering change for the world and his followers through inner spiritual and psychological power.

To Be Titled

Consecration opens the mind in trying to solve a pressing problem.

Soul and Past, Present, Future in Now

As we approach the evolving soul within, the psychic being, moment to moment time perception in the present shifts to Timelessness, or rather past, present, and future all together, fully accessible in the Now.

To Be Titled

Psychological Strength over weakness saves the day.

Return of 2008 Troubles

I believe that backtracking on the national and international financial constraints in response to 2008 global crisis has the greatest power to attract an unprecedented global economic convulsion. It's according to the laws of karma. I.e. if you backtrack on a positive that restrains a vicious negative, it quickly comes back in one form or another with a ferocious force.

To Be Titled

If you want her/him to change, first change yourself accordingly.

What Happens is Always for the Best?

In connection with an old Playground Talk of March 14, 1951-

[Devotee:] I feel like asking you a very simple question. You say here, "If we always had the feeling that what happens under any circumstances is the best, we wouldn't be afraid...." Is it truly the best that happens under any circumstances?

[Mother:] It's the best in the given state of the world - it's not an absolute best.

There are two things: in a total and absolute way, at every instant, it's the best possible with regard to the divine Goal for the whole; and for someone who is consciously attuned to the divine Will, what happens is the most favorable to his own divine realization.

For the whole, it's always, every instant, the most favorable to the divine evolution. And for the elements consciously attuned to the Divine, it's the best for the perfection of their union.

(from Mother's Agenda, May 19, 1965)

To Be Titled

Truth is buried deep beneath narrow-mindedness, ideology, frenzy, emotion, and ignorance.

To Be Titled

Often negative forces' actions are sanctioned by Nature to shake things up, allowing the positive to break through in this difficult way.

The Little and Greater Life

We are so caught up in the details of ordinary life that we fail to ask the essential questions of Why are we here, and What is our purpose. We need to substitute the ordinary Little Life with the Greater Life of deeper purpose and meaning.

Collaborating with Will of Divine Mother

The Divine Mother wants to manifest Infinity in Life; manifest the Supreme on earth and in each of us. And we are here as Her representatives to manifest Her Will in Life; to be the instruments that help create a Divine life on earth.

Our True Purpose

Whatever we have in life, whatever we have gained, in the end is not our true purpose. Our True Purpose is to manifest the Spirit in life, fulfilling its and our higher Intentions in the world.

To Be Titled

So many great things are there in the world because people felt revulsion for certain negative aspects that appeared, and were motivated to bring about something better.

Beyond Spirals of Change

The world moves ahead in Spirals of Change. It is Nature's slow and difficult method. However, through, utilizing Spirit the dips are negated, as change occurs through the positive; ie it is Self-existent, without a Dark Shadow.

To Be Titled

To be One with another person is True Love.

Mental (Not Spiritual) Values of West that India Lacks

You have asked about my comments about western writers. It is true the westerners have not acquired spirituality. It is also true that in spite of our spirituality we have not acquired the mental culture. Mental culture makes the country prosperous. Prosperity brings popularity. Values of integrity (கொடுத்த வாக்கை காப்பாற்றுவது), punctuality, orderliness, self-respect are great values which we do not have. There were no Indian stories in which I can illustrate these. All the stories I quote from are full of these mental values. (Karmayogi)

Comment: This is explained in great detail in Karmayogi's book 'Spiritual Opulence'

To Be Titled

Every year Mother would summon Her devotee and great composer Sunil Bhattacharya to compose New Year's Music to match Her yearly message. Here is one of my favorite years, 1972, of New Year's music by Sunil. It honors Sri Aurobindo's Centenary that year. Mother indicated that his music, including compositions for Savitri, was of a type that reached sublime peaks of consciousness beyond anything She had ever heard..

<http://sriarobindolighttrust.org/.../70111.../New Year 1972.mp3>

Material vs Psychological Progress

Our progress at the material level - eg smartphones, hyperloop, atomic level changes to matter, etc - is continually accelerating; while our progress at psychological level - ego, selfishness, desire, et al - is hardly changing. The transition from our focus at the material to the psychological and spiritual is key to our personal growth and happiness; to the survival and expansion of our human potential, to the possibility of transformation of our nature to something unimagined.

For What Purpose?

We get solutions to problems; but then what? Mother solves a conundrum for us, and we develop Faith. But Faith for what purpose? Just to solve more problems? Is there something deeper, greater that we aspire for; that we want out of life? Or are we happy to simply float along and see what happens? Let us go deeper Within and consider our lives.

High Values of Phileas Fogg Attracts

Genuine goodness without any mercenary motive never fails to return as Gratitude at the time most needed.

In the story 'Around the World in 80 days', Phileas Fogg took on an extraordinary challenge to travel around the world in 80 days for a great wager. As he experienced numerous obstacles along the way, he faced them with calm and equanimity. As he was a detailed planning person, it helped him in his quest.

At one point of time, he came across a ritual in which an Indian princess was forced to undergo sati. Out of genuine goodness, he rescued her from that situation and then brought her with him.

Also, at one point his servant Passepartout was caught by Red Indians. He realized that later on, and he then went after and rescued him with the help of American soldiers.

At the end of the journey, it appeared that they had reached the goal later than the stipulated time and so they apparently lost the wager. He apologized to the princess that they now had to live in poverty, given that the wealth was lost. Upon hearing that, Aouda, the princess confessed to him that she loved and wanted to marry him. So he sent Passepartout to arrange for the marriage ceremony. Passepartout went to the town and came to learn that it was only December 21st, as they had gained one day by travelling from east to west!

Fogg quickly rushed to the Reform club and reached there as punctual as ever, and won the wager!

(SM)

Treating One's Smaller and Larger Customers

Companies should treat small customers equally to big customers, even in tough times, such as when there are shortages of product. That indicates a higher value of customer delight beyond revenue and profit motives.

To Be Titled

Along with great beauty, there is great misery in life. Our goal then is - through our higher consciousness - to overcome the latter, while heightening the former. It will take the full Will of one's Life's Purpose to help bring about that eventuality; that Divine change.

Leonard and Adam

Another startling experience: (at least several happen to me every day)

Just listened to a radio interview with legendary songwriter and poet Leonard Cohen's son Adam, who collaborated with him on a final set of LC poems, and he also took care of him with a walker in his final year.

I then walked into BKing restaurant and standing there was an elderly man with a walker wearing a somewhat rumpled dark suit and tie with an old man's hat; exactly like LC dressed. He also looked very much like LC.

He then proceeded out of BKing, slowly and in pain, just like LCs last year of life as Adam explained in the interview.

The man was practically the only person in the restaurant.

To Be Titled

To educate for individuality is to allow the pupil's inner capacities to develop to their fullest extent.

(World University Consortium - WUC)

Money vs Human-centered Economics

In a Money-centered economy corporate profits and weaponry come first. In Human-centered economy Education comes first. We have a choice of which approach to embrace in future.

Response to Breaking Through Challenging Situation

Each time we get through an unprecedented challenge, - say in a particular work we have not been involved with before, or for a very long time - life immediately turns around and offers us considerable work in that same area, or in another area we had hoped to one day be a part of. In other words, breaking through such challenges quickly opens up doors of opportunity. This is a common subtle phenomenon one readily perceives along the Way.

To Be Titled

Patriotism that is exclusive is poisonous; that is inclusive, serves the country well.

To Be Titled

India can help China become more democratic.

GRACE

by SM

It appears to enter as a stranger in our lives,
It appears to pose as contradictions to our surface needs,
It often presents itself to us as shocks or surprises,
And sometimes, It does act miraculously, from out of nowhere.
It comes to us with so many conditions, such as,
We might be destined, but ignorant on the surface,
Our soul might be seeking, but occupied with surface life,
We might be stranded in a problem, lost our capacity and hope,
And we might decide to call Mother out of despair,

And so forth -- in all such variations.
 Not because It comes in an unfamiliar form,
 That we could not perceive It,
 Rather we could not see It,
 As we are blinded in our ignorance and ego.
 In the essence, It comes to us,
 According to our state of consciousness,
 And what we need in the depths, indeed,
 It does not need our support,
 To enter and act in our lives,
 Yet often, It awaits the right moment and intensity.
 As It enters in our life,
 With a sole purpose in its mission,
 It does everything It could,
 To awaken us from the ignorance,
 To shed our surface ego,
 To align us in the cosmic plan.
 And to give us, lead us, to what we are destined.
 Instead of ignoring or running away,
 As we accept whatever comes to us,
 And embrace life in the right spirit,
 Eventually we would come to know,
 Neither had we been tested nor punished,
 Rather we had been blessed and guided by It.
 As we continue with our higher consciousness,
 It would reveal the Marvel to us,
 And presents us Infinite possibilities,
 It is GRACE...and It is Unconditional.
 For Darcy, It came as Elizabeth's humiliating abuse, (Pride & Prejudice)
 For Dantes, It came as unjustified punishment, (The Count of Montecristo)
 For Jean Val Jean, It came as the Bishop's unconditional kindness, (Les Miserables)
 For Dan, It came as The Book falling off the shelf. (The Book)
 And now, It is the Hour of God,
 The Grace need not come as hardship to awaken us,
 And It seeks us to shower its Higher form,
 Despite It comes to us in so many ways,
 There are times, the Grace gets disappointed,
 And not able to shower its gifts upon us,
 Not because It couldn't give,
 Rather because we couldn't receive.
 As we continue our lives, insist on our ignorance,
 And act according to the state of our swabhava,
 Silently withdraws the Grace,
 And awaits the next right moment and intensity.
 As the Grace showers from above,
 Our values from below make us receptive,
 And to let the Grace acts in our life.

As the Grace awaits to bless us always,
The corresponding inner work,
In order to align with Grace,
Also awaits on us and the choice is ours.

Hippy Movement that Endures

The hippy movement originated in the USA as a revolt against the establishment. It was the distance beginning of the emerging individual. Though they were absorbed by the society later, the spirit of their revolt is still alive. (Karmayogi)

To Be Titled

Which one do we want to live: the Little Life (typical, average, mundane); or the Greater, Higher Life? It is our choice.

New Mental Orientation When Stationed in Psychic

In the Evolution we shift from mind to the psychic being within, behind the heart. As a result, mind moves from mental churning to its spirit equivalent; where we have regular experiences of intuition, illumination, and then universal and supramental perception (truth consciousness).

Simplicity of Explanation

"If you cannot explain something simply, then you don't know it well enough." (Albert Einstein)

This is my common experience as an instructor! The more integral the understanding and knowledge, the more likely it can come out as a simple pearl of insight that is useful to others.

Blockchain and AI Together

The unfettered, decentralized, democratic, cumulative knowledge-centered, highly efficient, integral nature of Blockchain technology in tandem with Artificial Intelligence (AI) may prove to be a technological boon to the world.

To Be Titled

We know so much about the material world, but so little about the immaterial, subtle worlds and their effect upon the physical.

Doing What He Could Do Attracts for Instructor

If you find yourself in a tight position, such as waiting on something critical to arrive, and you are not sure when it will come, if you can do anything you can in the meantime, the object of your desire will arrive that much more quickly.

An instructor had a number of classes quickly coming up, and yet he did not yet have the training materials necessary to go through the courseware. He asked they be sent through his training company supplier, but he did not know when it would arrive. He estimated anywhere from a few days to a week.

Meanwhile, he worked with the information he already had, which was stored in uneditable PDF documents. As it turned out, within one hour of taking up that somewhat mentally taxing task, the package with the materials he desperately needed suddenly arrived via UPS!

When you do all you can in a pressing situation, Life will cooperate and bring you what you are after; especially if circumstance are offered to the Spirit for consecration.

Perception of Time in Work

When you are mentally fully absorbed in a work, the time element seems to disappear. It is a subconscious, willful-less phenomenon. When you open to the Spirit you are Consciously bringing the timelessness of the Divine into the unfoldings and movements of time. Results are thereby sped up, made ultimately efficient in terms of time, and harmonized, divinized

Resenting One's Success

There are people who will be jealous and resent one's success, which may cause them to penetrate a chink in one's psychological nature. Therefore, it is best to remain humble in one's accomplishment, as well as not react to others' ill-will should it come.

To Be Titled

We need great Voices around the world, not tied to political parties, advocating unprecedented solutions.

Negative Forces Fulfilling the Divine Plan

It is an irony of life: those who act against the Divine's plan become an instrument in one way or another to manifest that plan in the flow of life.

In *Pride & Prejudice*, Darcy had interfered in Bingley's marriage earlier. Later on he became an instrument by turning Lydia's elopement into marriage and brought back Bingley to Jane's life.

Lady Catherine, who was vehemently against intermixing of classes, the final confrontation of her with Elizabeth and further informing to Darcy, reconciled the last piece of the puzzle in the manifestation of Divine's plan, i.e. social evolution.

(SM)

Comment: Perhaps we can say that there was not quite enough positive energy to bring things over the top, to their consummation. And when the positive forces cannot move things further, the negative ones, like Lady Catherine's interference, will serve that purpose, do the trick.

To Be Titled

Life, including all our experiences, is Consciousness teasing, tempting us to awaken from the Unconsciousness in our selves.

To Be Titled

Life is tempting us to awaken in Consciousness because Life Itself is trying to awaken in consciousness, thereby fulfilling its Universal Purpose.

To Be Titled

We are instruments of Life, of Mother awakening the Spirit, the Soul buried within us so a Divine Life can flower.

From Loss of Jobs Due to Automation to Emerging New Jobs

in recent years it has very much been the case that vast quantities of jobs have been lost to automation. However, new technologies, job types will arise to take the place of the jobs that have been automated.

In fact automation is there in one sense so that we can do even more important tasks; expand our thinking capacity in work even more.

Despite all of the cynicism, new types of jobs will merge from every field, and new fields to come. Because we don't see it, we are cynical.

Best to get out there, explore the opportunities that are there in one's industry or otherwise emerging in society; take them up and change new world. We can each aspire to be a Steve Jobs or similar, or we can simply sit there and weep.

To Be Titled

Everything around you, as well as yourself, are expressions of the multiplicity of the One.

Avoiding Global Financial Calamity

Global financial calamity can be avoided if countries work together; in one another's interest. On the other hand, pulling apart insures catharsis.

Nature of Fascism

Fascism takes place when ignorance (wrong notion) and falsehood (emotionalized wrong notion) lead to malicious action based on the previous two. Another name for it is Evil. We are thus today (2018) on the edge of fascism in America.

Leader Nations in the Future

USA held the world together since the end of WWII. But now (2018) it looks as if that is no longer the case. It is perhaps because her consciousness has not gone beyond the Physical plane. (I.e. stuck in the surface, material view; unable to see deeper into Life.)

To lead in future, it is necessary to break through such constraints, as it is necessary to have psychological and spiritual insights and capacities.

It is here that India can serve a great purpose; in tandem with other nations who also have or seek to develop such higher levels of consciousness.

To Be Titled

Only a road paved with Miracles can take us to our destination.

Comment: Q: Could you further explain?

A: Yes. You reach a point on the spiritual path where you are given great challenges, and it is only by surrendering to Mother or similar can they be overcome, which unfolds through miraculous-like conditions. Extreme Faith is required.

To Be Titled

No sense living in fear, as it only energizes, attracts the object of fear.

To Be Titled

When you have a problem, offer it to the Mother (consecrate); do whatever you can to improve things, but don't fret, replacing it with calm, still Faith in Her. Great things will follow!

To Be Titled

People who are great in one generation often become reactionary, anachronistic in the next.

To Be Titled

Put your faith in the Supramental Power, in Mother, and less in doctors and pills and all.

Pad Man Transcends the Social Atmosphere: Life Responds!

Pad Man is the film and true-life story of an Indian mechanic who developed an inexpensive sanitary napkins for the masses of women in India, - despite virulent opposition from members of his narrow-minded community.

However when he exited the town and their thwarting hostility and shame, - leaving behind their ignorance and superstition, - life quickly opened up for him and his venture, to the point

where he became world famous and even spoke inspirationally before a great gathering at the United Nations.

When an individual steps out of a hostile environment, doing all that he could, life takes over and introduces him to immense possibilities. Our hero in essence saturated his efforts at the first plane, which opened up enormous opportunities for him at the next plane, and the next!

Mother's Unexpected, Unprecedented Solutions

There are times when if you offer a problem to Mother, She will not give you the solution you are after, but subtly points to an even better, unprecedented resolution. If you recognize and take it up, it will amaze, build up your Faith to a higher level, plus give a wonderful solution and opportunity that you can use well into the future.

To Be Titled

According to the ancient spiritual principles, it is true that we do not owe anything to anyone else, except to discover our own Soul and true Individuality. It is also true that we cannot indulge our false ego-Self, separating ourselves from the word around us, including others.

Our Level of Consciousness, Computers, and AI

Bill, one of MAI partners in the novel 'The Book' asked:

"...In many books and films, we come across the idea of computers developing themselves until they finally become more intelligent than human beings. Why can't we ask AIS to develop itself?..."

Dan replied:

"...If our aim was simply to design a faster processor or a more efficient set of algorithms—a better way to run through the maze—then what you say might be possible. And after watching movies like The Matrix, it is no wonder that you should ask.

But here is where science and science fiction diverge. Our objective is to enhance human capacity for accomplishment in life. We are not just trying to build better physical systems like a faster racing car or faster computer. We are trying to create better, more effective living systems that consist of human beings acting and interacting freely and creatively, working in cooperation or competition with one another. Well, the capacity for accomplishment in life is a direct function of our consciousness. The more conscious we are of life, the greater our knowledge of how human beings, organizations of people, social groups evolve and develop in the wider plane of universal life.

Computers are a human invention. They may calculate faster than we can, but they can only become as conscious as we are and as we program them to be. They can create data and analyze information, but they cannot create consciousness. Only human beings can discover or awaken consciousness and program it into computer systems.

Before we can program AIS with that knowledge, we have to acquire it ourselves. We have to grow our own consciousness before we can create a more conscious system...."

(From 'The Book' by Garry Jacobs, page 327)

[thanks to SM]

Instantaneously Overcoming Any Life Limitation

There is a radical shortcut to overcoming the limits of time, the distance of space, the long-term problems of life, and all sorrow and grief. It is the power of the Force that when evoked instantaneously overcomes these limits. It is the miracle of tomorrow available today. It is Sudden Good Fortune through the Supramental Power that awaits our call in any given moment of our day.

To Be Titled

Sri Aurobindo, Mother, and Karmayogi ask devotees to give up Gods and Temples. They ask us instead to progressively, sincerely evolve our nature and open to the Supramental Power: Her Force.

To Be Titled

If only we could be idealistic, noble, and aspirational for a Higher Cause, it would give great purpose and meaning to our lives.

JP Morgan and the Panic of 1907

"...In 1907—six years before the founding of the US Federal Reserve—the failure of the Knickerbocker Trust Company precipitated a major banking crisis that threatened the collapse of the entire financial system. Even the government seemed powerless to avert disaster.

The US Treasury Secretary called on a private individual, J. P. Morgan, to salvage the system. Morgan applied his acumen, knowledge, and reputation to corral the New York banking community into backing a cooperative plan that saved the system. What the Fed could not do in 1929, one man accomplished during the Panic of 1907..."

(From 'The Book' by Garry Jacobs, page 264)

Comment: Like Churchill, a conservative, even reactionary character was forced by life to be progressive. He gathered all the bank leaders together and developed a method of funnelling money from big to small banks at a time of financial panic. It would later prove to be the beginning of the Federal Reserve (the Fed) of America which stabilized the money supply for over 100 years. It shows the power of changing an attitude, or one's nature in the name of saving a higher cause, here the nation's financial stability. It also shows that one man can save the world.

To Be Titled

Disappointment and failure are always pointing to something higher; to a greater realization.

Comment: Eg something untoward happens in our family. However we come to realize that because of it we are motivated to change direction and pursue a new possibility that then takes us to the heights. The disappointment subtly pointed to, opened the door to a greater possibility. We can learn to develop this type of awareness at all times; regardless of circumstance.

Beyond Opaque Perceptions of Life

The scientist, the materialist have little or no understanding of the subtle laws and forces that lead to outcomes, that govern circumstance in life. Nor can you teach them these subtle principles. At some point they need to spontaneously have the experience themselves. Then a bit of light will penetrate their opaque perceptions of the world.

To Be Titled

From one perspective there is no positive or negative. There is just what is, and what isn't.

Scooter Synchronicity

Lime is an app-based system for renting electric scooters in USA. I was reading an article on how one can become a "Lime Juicer" to pick up and recharge the scooters on the street after being used by the renter.

At one point in the article I read the words to the effect "low battery power," in reference to the recharging process. At that very instant a message popped up on my iPhone, telling me that I now had "low battery power".

Comment: One reason this occurred is that several hours before I had an intense interest in trying to figure out how the Lime and Bird scooter systems worked, noting them on the street, and explaining this information to a friend.

To Be Titled

When the mind focuses like that, Life returns the favor and brings more information about it from out of the blue. It can also take this miraculous-like synchronistic form.

—

I have had hundreds if not thousands of such dramatic synchronicities in my life. Perhaps half dozen a day in recent years, and accelerating.

It is one expression of Supramental existence.

To Be Titled

Without Failing there is no waking up, without Ignorance there is no knowledge, without mistakes there is no learning process. (Priya Mahesh)

To Be Titled

Worry or fear is failure to go Deeper.

To Be Titled

Often there reaches a point where if you want something to succeed, you need to move your attention away from it.

Mother's Supramentalized Senses

"It's rather strange, this eyesight. There always seems to be a veil between me and things, constantly; I am so used to it; I see everything very well, but as if there were a slight veil. Then all of a sudden, without any apparent reason (an outwardly logical reason, I mean), a thing becomes clear, precise, sharp (gesture: leaping to the eyes) – the next minute, it's over. Sometimes it's a word in a letter or written somewhere, sometimes it's an object. And it is a different quality of vision, a vision ... (how can I explain it?) as if light were shining from within things instead of shining on them: it isn't a reflected light. It isn't luminous, it isn't like a candle, for instance, or a lamp, not that, but instead of being lit by a projected light, things have their own light, which doesn't radiate.

It's becoming more and more frequent, but with perfect illogic. Which means that I don't understand the logic of it at all; I don't know why this thing ["lights up"] rather than that thing, or that rather than this: suddenly something leaps to the eyes – "Ah!" – and it's gone in a flash. And the vision is so precise! Extraordinary, with the full understanding of the thing seen while you are seeing it. Otherwise, everything is as if behind ... is it a veil? I don't know.

Sometimes (often), the same thing happens to me with speech. I feel as if I am speaking from very far away or from behind a woolly substance that blunts the precision of vibrations. In its extreme form, it's because of this that I sometimes don't hear – nothing: when some people speak to me, I hear absolutely nothing. With others, I hear the drone of a sound devoid of meaning. And with other people, I hear EVERYTHING they say. But it's a different way of hearing: what I hear is the vibration of their thought and that's what makes it very clear."

(from Agenda, June 2, 1965)

To Be Titled

Some people say Silicon Valley advocates failure. But I believe that is not quite accurate. Rather SV ACCEPTS failure when it comes as a mean to greater understanding that leads to an unprecedented success.

To Be Titled

Great physical ordeals, like life-threatening catharsis can awaken one inside; revealing various aspects of the Mystery.

On Leadership

A few extracts on leadership from the novel The Book by Garry Jacobs:

"...The first requirement for effective leadership is self-respect. Without that others will never respect your capacity or authority.

Too many leaders act just like the devotee. When all they have to do is remain open and flexible and alert for the next wave of change, they stick their heads underwater or into the sand and drown from what? Blindness and rigidity! You don't have to be a genius to survive and succeed in business, but you cannot afford to insist on what you know, what you like, what you prefer, or what worked in the past.

Society is ruthless in demanding what it wants next and quickly forgets past services rendered. It is loyal only to itself and to those whose only allegiance is to society's needs rather than their own.

Leaders who do not fall prey to premature ossification often succumb to an equally fatal malady by thoughtless imitation of every latest fashion or fad. Changing with the fashion is a surface movement. The real power of social change lies in movements in the depths..."

(compiled by SM)

Calling Bell

In our house, our calling bell rings with (a song) a sanskrit Gayatri Mantra.

For the past few days the bell was not working properly and so I switched off the bell.

Today I thought of what may be the problem and why is the bell not working and I switched on the bell and ringed 3 times. Only blurry sound came just like when we tune on the radio.
(கர ன்னு சத்தம் கேட்டது)

Then suddenly when I rang 4th time..

The bell rang and Gayatri Mantra was perfect.

Thank you Mother for your Grace 🙏🙏🙏

(Devi Mirra)

Joining the Forces of Silent Change

The old mental order is crumbling or going through intense pressures, making the way for Something Greater. The Higher is also coming through subtly and Silently, while most on earth are consumed by the intensity of the change and the difficulties of their own lives.

It is then a matter of choice to join the forces of Silent Change. We can partake in this quiet process, ushering in a new-type person, a new society; spirit-oriented and supramental in nature.

Comment; Why "Silent Change"?

Most change is very public; out in the open. Here - in developing this higher self, higher human, in building this new world - it is mostly undetected, beneath the radar of societal tumult. Sri Aurobindo says the new world is being born while Man is asleep - preoccupied with so many other matters, the problems of their times, their surface interests. ... This new world is being built mostly undetected. Silently the great Change is being made.

To Be Titled

Artificial Intelligence itself won't save humanity, but evolved human consciousness that knows the Reality and its subtle life laws, blended with AI predictable capacity, can.

To Be Titled

Mother's supramental Force is the ultimate solution to humanity's problems.

The Lake House

In *Pride & Prejudice*, Elizabeth visited the Pemberley estate, astonished by its beauty, and thought from the depths of her being that she could have been the mistress of the estate. As a result, Darcy appeared in front of her sooner than expected, surprising her.

One question that arises is how could a thought in the present moment affect the acts of the past since Darcy had changed his plan a few days earlier, deciding to come back early to the estate? How we strain to understand this reality through our minds as it seems illogical.

It is because we are limited in our perceptions of Time and Space; as our minds cannot perceive such things, as it is itself limited in capacity and point of view. However, our higher and deeper Consciousness can.

The Truth of the Reality is that it is One, and we all are connected in consciousness; not only in the present moment, but to the past and future as well.

Unfortunately, the thing we are preoccupied with is our surface existence. And yet we would be able to perceive this triple time capacity in the Now by going within into our depths, to our Psychic being, where Time is synchronous in the past, present and future. From that poise one change would affect another; and results would happen instantaneously, from out of nowhere in the present moment. We would perceive this unfolding take shape as a 'Life Response'.

Hollywood science fiction and fantasy movies like *Arrival*, *Interstellar* and many others help us visualize this dynamic. 'The Lake House' is one such beautiful, romantic love story that portrays the concept throughout the film.

In the movie, Dr Kate witnessed a tragic accident on Valentine's day of 2006. Out of her genuine goodness and attitude, she tried her very best to save him but she couldn't. Though she had handled many cases in the past, this one greatly disturbed her emotionally. She was not aware of the reason why at that moment.

And so as per her friend's advice, she travelled for peace of mind, and finally ended up in the Lake house where she lived a while before. In addition, her deep emotion puts her consciousness in alignment with Alex who had lived there in the past exactly two years behind her time.

The story unleashes beautifully between them, despite the fact that they were two years apart, as the mailbox served as the medium to exchange their thoughts of consciousness. It is very beautiful to witness how the present moment of Kate influenced Alex's life (who was in the relative past). Also, the actions he took made an impact on Kate's life later on in her own time. For example, there was the tree which Alex planted on her Racine apartment; the Persuasion book which she lost in the station that was recovered by Alex, and many other such startling, time-abridging incidents.

As a result, both lived two years of their lives very deeply connected to one another, though they could not perceive that in their real time as events unfold by themselves. Even though they met each other in the past, they could not perceive that they were meant for each other at that moment. It's like Darcy not recognizing Elizabeth as her soul mate when they first met at Meryton, despite the fact they were meant for each other.

Kate and Alex were then out of contact for quite a while. And yet at the end, - on Valentine's day 2008, - she understood that it was Alex who died in the accident she witnessed earlier. She then rushed to the mailbox to prevent him from coming to meet her, and asked him to wait two more years in his time from 2006 to 2008 in order to avoid that horrible incident. Something in Alex also moved him to go to the Lake House that day and receive her message. The movie ends beautifully with his real time arrival in 2008, and so they were united at the Lake House again. Though it is difficult to comprehend by mind, it is not impossible for this to happen.

As such, the movie gives us awareness. We are the creators of our own destiny and we can manifest that Reality by going within. What else could we do, as we are stuck in surface living and limited by ignorance, time and space?

And the movie gives us awareness that in life nothing happens by chance. And by being conscious, aware and act according to the laws of Life Response, we can quickly align with

the Reality that is subtly manifesting. For example, though Alex and Kate met each other in 2004 at a birthday party, they were not conscious of that fact, and therefore they had to go through long series of events before finally reuniting in 2008.

(Roy Posner & Senthil Murugan)

Comment: [Inspired by Senthil's words, I went ahead and watched the film again last evening. I had the following additional thoughts:]

-it is said that a desperate prayer does not fail to produce the results. At the very end, in a state of utter desperation and despair, Kate got on her knees and asked the universe for help. Alex arrived (across time) a moment later.

-It can also be seen in life, that self-givingness gives back from the universe. At one point Kate says that the one thing that gives pleasure to her in her career as doctor is the satisfaction of helping others. Life returns the favor in relation to Alex.

-Sri Aurobindo says that from the highest perspective of consciousness, we have power over past, present, and future in the Now. From a psychic poise within, we have this power. These fantasy films show that power superficially or in terms of a clever scheme, but in the end it is still true after all. As Senthil points out, we see this in science fiction films like Interstellar and Arrival. In all three films the triple time are interconnected backwards and forwards, instead of the normally perceived linear flow of time.

Love is an added power that abridges the three times states into one. That's because true Love is yet another property of the Psychic, the evolving Soul within.

Tales of My Name

My Hebrew/Yiddish middle name given at birth is "Yakov", which translates as "Jacob" in English. I have known and worked with Garry Jacobs for 43 years, whose associations radically altered the course of my life.

My first name is Roy, which turns out to be a common Indian name in parts of India. Why was I born with this name in America, yet have a very close associations with many Indians? Perhaps the answer is obvious - in terms of Consciousness- from the question!

Eg a famous autobiography, also touching on his association with Sri Aurobindo - 'Pilgrim of the Stars' - was written by his close disciple Dilip Kumar ROY. And that turned out to be the first book I read that touched on the life of Sri Aurobindo.

In fact, a few years back, Indian passport officials assumed that my last name was Roy, though it was actually my first name; and because of this discrepancy among various documents, refused my visa application!

Physical and Subtle Physical

Everything that now exists in the physical/material plane once existed in the subtle (immaterial, invisible) physical plane.

Therefore all that will come to be in this life now is formulating and existing in the subtle physical.

For example, it is said that Sri Aurobindo, who left the material plane in 1950, is working out the Supramental Being in the subtle physical, which will one day manifest in this material life.

Raising One's Energy Level

"...A simple, practical technique for raising one's energy level:

Call energy. Open yourself psychologically and invoke energy to descend and enter into your personality.

The idea sounded so simple that they tended to dismiss it as a gimmick of some sort, until one morning Anya reported that she had tried it with remarkable results. She had been working late the night before on a very tough problem, finally quit in frustration at 3 am, and

spent the rest of a short night on the couch in her office. The following day she resumed the work but found by 11 am her patience and mental concentration were thoroughly exhausted. She lay down on the couch but could not sleep, so she sat up and imagined that her mind and heart were spreading out simultaneously in all directions. Then she started calling energy as in a silent prayer. She reported that within five minutes her mind was totally refreshed and she felt energy coursing through her nerves and body. She went back to work and within an hour had solved the problem that had been perplexing her all the previous day and night..."
(From 'The Book' by Garry Jacobs, page 63)

To Be Titled

All our disappointments are hidden opportunities ready to emerge.

To Be Titled

We often go through endless repetition of the negative until we see into it what can be learned, enabling us to make a great progress.

To Be Titled

"Heaven on earth" is not the Life Divine. It's a mere projection of what we think would be best; not the true, unprecedented positive qualities that would make up that Divine existence, transcending our imagination.

To Be Titled

A good or great thing coming to us is but a Glimpse of a Divine Life. When the glimpse repeats endlessly, and in endless variation, then the Divine Life is upon us.

To Be Titled

An aspiration, a hope is the awakening of the Spirit in us.

To Be Titled

We are not here so Mother can fulfill our aspirations, but so we can fulfill Her's.
(And as a result She will give us that which is beyond our wildest imagination.)

To Be Titled

Mother acting through us for the sake of all around us and beyond is the highest relation we can have with Her.

To Be Titled

Life is communicating with us at every moment, through subtle and not so subtle signs, trying to awaken us to something Higher.

Our aspirations for the New far outdistances our Gratitude for the positive developments that have come to the world in the recent past.

To Be Titled

If you want to change something untoward in the world to something good, change the corresponding element within yourself. Eg if you want harmony in the world, try to harmonize the different parts of your being. Or if you want peace in society, go within and discover a deeper peace in your heart and being.

To Be Titled

When you are regularly opening to the Truth Consciousness (i.e. the Supramental), you spontaneously align yourself with forces that prove to be great successes; whereas in ordinary life, it is very much hit and miss.

Non-Reaction to Beating Attracts

Two saint-like men came into a filthy village in India. They aspired to clean up the mess. One day as they walked around town they saw a drunken husband beating up his wife. It had happened many times before.

However, rather than rush to the wife's rescue they remained very still; they did not react. Most shockingly a minute later, the woman turned on her husband and started wailing on him, shouting that she would never be beaten by her husband again.

That is the power of non-reaction. Life suddenly creates unexpected, miraculous-like positive conditions that rectify a horrible situation.

To Be Titled

When spiritual-oriented people turn to the good, the positive in a particular area, it tends to have a universal effect.

To Be Titled

In a high consciousness environment, an individual showing egotistic tendencies may suddenly find himself challenged by a humble individual with the same or greater talents. The higher atmosphere has that type of influence.

To Be Titled

Thinking Mind is very helpful, but it can also get in the way. Not thinking can then intuit the result.

Becoming Genius in a Field

Ramanujan the Indian mathematical genius became so by silencing his mind completely and opening to the divine universal energies. Intuitions of mathematical insight then poured into his mind that he then transcribed on paper. Theoretically any human on earth can follow the same and become genius in a given field in no time at all.

To Be Titled

Sri Aurobindo and Mother's teachings are so different from the Indian tradition, that scholars of Indian spirituality misread it. It has a radical modernism and evolutionary perspective that they don't appreciate, let alone grasp.

Comment: The evolving Psychic Being and Supramental plane and consciousness are dramatically different concepts and realities than the Indian tradition.

To Be Titled

God lives everywhere and in everything, and you will be able to see Him if you can find Him deep inside yourself. (The Mother, from Agenda, June 9, 1965)

To Be Titled

Wherever there is fear, change it to stillness and faith. Life will then be on your side.

To Be Titled

When you try to create progress in the present for the sake of the future, and there is a problem that arises, it may be a warning from the future not to pursue that course. However, if you consecrate the situation, such karmas can be dissolved.

To Be Titled

Populism, in its varied forms, is due in large part to liberal democracy's inability to create prosperity for all.

To Be Titled

If life can't progress any more through progressive means, it progresses through the calamity of regressive forces.

Comment: example: The nations of the world refused to work together in harmony between 1918 and 1939, which would have been progress through the positive. Instead Hitler came along and tyrannized the world, leading to deaths of many millions. Yet after WWII ended, in response to the horrific events the United Nations was formed, British Colonialism came to an end, the European Union was formed, etc etc

In other words, because life couldn't progress any more through progressive means, it progressed through the calamity of regressive forces.

It also happens this way in our own lives.

World Academy

Global Governance: Challenges & Opportunities

A Roundtable & Planning Workshop

Inter-University Centre, Dubrovnik – November 22-24, 2018

The world we live in presents challenges and opportunities beyond the capacity of even the strongest, most developed nations or group of nations to effectively address without working in concert with the rest of humanity. Peace and security, climate and environmental management, immigration and population, trade and investment, technological development and employment, tax evasion and money-laundering, drug traffic and terrorism compel us to seek global solutions backed by institutions with the capacity and authority to conceive, implement and enforce them. None of these issues can be effectively addressed at the level of individual nation states pursuing their own self-interest in competition or conflict with that of other nations or by bilateral agreements or regional groups of nations. All necessitate increasing and unprecedented levels of cooperation and collaboration by the global community as a whole.

We live in an increasingly globalized world, yet our instruments of governance remain anchored in antiquated, flawed and largely ineffective national level institutions guided by narrow perspectives, misguided priorities, competitive strategies and mutually exclusive objectives. Global governance remains an artificial appendage or after-thought forged by the compulsions of necessity rather than consciously conceived and designed as an integral and essential component of a comprehensive and effective system for human self-governance.

Humanity and its institutions have, no doubt, evolved dramatically from the time a few centuries ago when international relations were decided by the whims of monarchs and ambitions of colonial empires, enforced by the exercise or threat of violence, enshrined in bilateral treaties and alliances, modified to suit the apparent advantages of the moment, and founded on principles of self-interest and balance of power.

Today the world is governed by myriad institutions at innumerable levels, including international governmental institutions, charters, conventions, treaties, rules of law, committees, systems, multinational and national corporations, non-governmental organizations and associations relating to peace, security, justice, trade, economy, finance, transport, communication, education, science, technology, culture, religion, entertainment and other fields.

In spite of this multiplication of pathways and instruments for governance, the rapid evolution of global society continues to outpace the development of institutions to guide, monitor and manage the increasing range and magnitude of the opportunities and challenges that arise. The growing gap between the needs of humanity and its prevailing system of institutions severely retards our collective progress and threatens to undermine the foundations of peace,

security, freedom and stability on which the gains of the post-World War II and post-Cold War world have been achieved.

This three-day roundtable cum PG course will explore the recent challenges and opposition to the continued evolution of global governance to identify the key drivers of global social evolution, critical obstacles and impediments, the most desirable goals and effective strategies to further progress toward their realization. It will build on insights derived during the Dubrovnik Roundtable on the Future of Democracy (April 2018) and the Paris Colloquium on the role of international organizations in global economic governance (May 2018). It will seek to draw insights from multiple fields—economy, politics, law, human rights, civil society, media, education, science, technology, psychology and culture—and explore the interdependences between them.

<http://www.worldacademy.org/.../iuc-nov-2018/global-governance>

To Be Titled

My life is increasingly filled with a torrent of synchronistic miracles.

To Be Titled

When you are in Mother's consciousness, something or someone you have identified as significant, of great potential, that is now very obscure, unknown, soon rises from out of nowhere into great utility, success, renown, and fame.

To Be Titled

Do your duty; don't procrastinate. Life will surely smile on you.

To Be Titled

Taking to the deeper truth, values behind a situation has a greater life response power than doing what is seemingly practical.

To Be Titled

You can pull someone out of their fixed belief system with a persuasive argument build on a practical truth, but it will only last a moment, as they will quickly jump back into their narrow view, which will continue on for the rest of their lives.

Reader: In these situations, can we accept the other person's point of view completely? Is that the right way?

Response: In a given moment one can accept their point of view in order to evoke the best positive conditions. Longer term if you truly have higher, deeper values than the other person, and you perceive their view as never-changing, then stick to your own truth.

Ascent to and Descent from Supermind

It is by rising to the summit of consciousness through a progressive ascent that one unites with the Supermind ...

... it is by REDESCENDING through the levels of the being with a supramentalized consciousness that one can accomplish the permanent transformation of physical nature.

(The Mother, from Agenda, November 6, 1965)

To Be Titled

Everyone is hungering for things on the outside, when they can be found - and infinitely more!
- Inside.

To Be Titled

Just beyond the Darkness -
the contradictions
and divisions, -
a Unified World
is being born.

To Be Titled

People want benefits from the Deity; but few want to become like, evolve their consciousness like the Deity.

To Be Titled

First question to ask oneself: "what is my purpose in life?", "why am I here?"

Reader: Asking is easy but who will answer and from where I get answer

Response: from deep within; by developing an inner life.

To Be Titled

A special inlet of the Self, of the Spirit of All in the cosmos is behind the heart; an evolving soul; a psychic entity and being.

To Be Titled

The deeper you move within, the more you come in touch with the Truth Of things.

To Be Titled

When negative forces gain power, it sooner or later galvanizes the positive forces to become even more positive.

On Encryption

To encrypt something is a superior idea that comes from a thinking mind with the purpose of securing life from harm. However, like all technologies it is neutral, meaning it can be used for good or evil.

Eg the evil Germans in WWII communicated their military intentions to one another by encrypting messages sent among its attack ships. The British in turn broke their encryption by using other computer technologies, and ultimately secured victory at sea in the Atlantic theater of the war.

Today we encrypt files to keep away snooping eyes. It shows that some secrets are worth protecting, concealing. It is not the opposite of truthfulness, but a form of silence and a way of protecting what is rightfully ours.

From Nationalism to Internationalism in History

The two World Wars of this century where fifty million people died for their nations were the symbolic destruction of the human physical rigidity characterised by nationalism. The end of the Cold War, the vital extension of the World Wars, gave rise to globalisation and thinking in terms of internationalism. (Karmayogi)

Avoiding Grief at the Outset

Often we don't act to correct a serious problem until it dramatically presents itself. Then through suffering we painstakingly overcome the problem. However if we were conscious enough we could have perceived the problem in the first place, avoiding pain and grief. Subtle and not so subtle signs, indicators presented themselves, but we lacked the capacities to read them or the will to address them.

To Be Titled

Social movements move society forward, driven by pioneer individuals.

Withheld Predictions Attract

Avoid outer verbalization of a prediction. Keep the vision secure and still in your mind. At the point you detach yourself from the prediction - with any sense of "I'm telling you" or "I told you so" gone - the withheld prediction will come to pass. It is a form of "Silent Will" in action.

To Be Titled

You cannot truly know the truth of your field unless you relate that knowledge to the truth of related fields. In that way you build up Integral Understanding.

To Be Titled

Sri Aurobindo says we have been progressing from city states to nation states and now on the cusp of Global structure and outlook.

Rise of Asia is key to global prosperity, wherewithal, and psychological growth.

India as Arbitrator in New World

I believe India will increasingly become the great arbitrator of differences and disputes in that region (Asia) and outside it; on its way to becoming the "Guru of the world."

To Be Titled

Through Life, we are awakening to OUR purpose. And through us, Life is awakening to ITS purpose.

To Be Titled

The Mother wants to bring down all the Divine qualities into Life, - peace, harmony, knowledge, truth, power, love, delight, infinity, and timelessness, - and She wants us to collaborate in that process.

To Be Titled

When you identify with not just your own aspirations, but the aspirations of Humanity, your efforts will be great for others, as well as yourself. You will partake INFINITELY in the rewards because of your Universal intention.

To Be Titled

The power of Life is not from the outside; from out there; from externals. The power of life comes from Inside; from Consciousness within.

To Be Titled

"We" are not born over and over. Rather our soul, our true self, our psychic being is repeatedly reborn in its journey and quest through time to discover - through the person it inhabits - the integral truths of existence.

To Be Titled

Whatever your mind focuses on, more of it soon appears, from out of nowhere!

To Be Titled

We can evoke those qualities we desire from another person by changing the corresponding qualities in ourselves.

Emerging Social Movements in the World

What the world needs are progressive Social Movements. Such movements spearhead dramatic social change.

Eg the hackers who developed the pc, smartphones, internet, and web in Silicon Valley and elsewhere were part of a social movement. I got to see it up close.

New Age global thinking is another movement. Human based economics can be a third. And so forth, in ways we cannot even imagine. A World Parliament. A World Army. A New Education. Etc are other possibilities

"In Search of Excellence" movement based on the book helped revolutionize individual empowerment in the workplace in the 1980s, itself an offshoot of America's 1960s and 70s generation rebellion against authority movement.

Even USA's recent taking to multi-culturalism has roots in that same movement amongst the hippy generation, who embraced a myriad of other cultures, eastern religions, spirituality, clothing, music, folk arts, etc.

In India the recent movement has been against corruption at all levels. They are sick of it. Also a movement away from filth and uncleanness. It is starting to become abhorrent to them.

There are even trade unions of a sort emerging in China!

Environmental degradation is fostering any number of sub-movements.

Even so-called "California Cuisine" - i.e. healthful smaller portions of meals using locally grown produce was a movement originating in Berkeley and spreading around the world.

And the Student Free Speech Movement, also originating in Berkeley spread to eastern Europe in the 70s and 80s, beginning the liberation of those countries from Soviet oppression.

In all of these and countless others we see that Social movements happen when deep social values are engaged.

Comment: Additional Recent Movements:

- The 1%
- # MeToo
- Cryptocurrencies
- Corporations solving Americas problems - like recent \$300M/year tax on corporation to end homelessness in SF (led by Salesforce)
- Global immigration Rights
- March for Our Lives (gun control)
- Privacy in technology
- Arab Spring
- Occupy Wall Street
- De-Nuclearization
- World Governance
- Social Media
- Net Neutrality
- Artificial Intelligence
- Corporate Citizenship
- LGBT rights
- Democratic Socialism
- Mindfulness
- Yoga
- Populism

- Globalism
- Nationalism

To Be Titled

Social movements happen when deep-seated social values are engaged.

To Be Titled

God Organized the universe. We can at least Organize our own lives.

To Be Titled

It is said that what you do - in relationship to an issue, idea, etc. - is more important than what you say. However, what you deeply BELIEVE IN and ASPIRE to happen in the world are even greater than these.

To Be Titled

If dealt with in the right way, out of the negative can come new energy for success.

To Be Titled

Shift from wanting a thing for yourself to aspiring it for everyone.

To Be Titled

The movement of consciousness exceeds the speed of the thinking Mind. (Karmayogi)

To Be Titled

For the nth time, an apparent negative turned out to be a positive in disguise.

The Sadhak's Work for Sake of Divine

The work which the sadhak of the supramental yoga has to do is not his own work for which he can lay down his own conditions, but the work of the Divine which he has to do according to the conditions laid down by the Divine. Our yoga is not for our own sake but for the sake of the Divine. It is not our personal manifestation that we are to seek, the manifestation of the individual ego freed from all bounds and from all bonds, but the manifestation of the Divine. Of that manifestation our own spiritual liberation, perfection, fullness is to be a result and a part, but not in any egoistic sense or for any ego-centred or self-seeking purpose. This liberation, perfection, fullness too must not be pursued for our own sake, but for the sake of the Divine." (Sri Aurobindo)

To Be Titled

Life brings good with the bad. Spirit only the good; actually Great Good.

To Be Titled

Our goal is to discover the Spirit in Life so we can discover what Life is really meant for; what purpose it serves.

To Be Titled

Hell is Life without the Spirit; a war of Life between good and bad, happiness and suffering, pleasure and pain. Heaven is Life bathed in the Spirit, with no dark side, only a neverending, ever-accelerating Great Good unfolding.

To Be Titled

Life will never give up, it will keep pressing, until it discovers its own Divinity, its own Eternity; its own Infinity. It is we through our Higher Consciousness that makes this possible.

To Be Titled

Everything that happens to us in life is to awaken the Consciousness within us.

To Be Titled

The only creation for which there is any place here is the supramental, the bringing of the divine Truth down on the earth, not only into the mind and vital but into the body and into Matter. (Sri Aurobindo)

To Be Titled

Synchronicities accelerating is an indicator of emerging supramental (truth) consciousness. Nature accomplishes through a process of turning contraries into complementaries. It does so slowly and painfully. Supermind, Mother's Consciousness does the same, but quickly, even instantly, without any difficulty; and without any residual negativity for the next round.

To Be Titled

Once you stop complaining, things that aren't working out suddenly start to work.

To Be Titled

... everything is a question of changing the habit. The whole automatic habit of millennia must be changed into a conscious action, directly guided by the supreme Consciousness. (The Mother, from Agenda, Jan 22, 1966)

Man's Subconscious Opening to Superconscious

When your subconscious is in touch with the superconscious, the universal, Life leads you to your destiny.

Eg a man open to the spirit one day decided to go to a spiritual center in his new town. He went there seeking spiritual sustenance with like-minded people. However when he arrived he was immediately directed to several spiritual oriented people who had founded an import business. The man then went to meet them, joined their company, and his inner and outer life would be changed forever.

His inner being that was subconscious to him - that which he was not consciously aware of, - was open and in touch with the wider universal plane, causing Life to guide him toward his destiny.

To Be Titled

The aim of romance is a self-existent joy in ever-increasing intensity seeking to become infinite. (MSS)

To Be Titled

Life is inextricably One, as it was/is One at the Source.

To Be Titled

Synchronicity reveals that Oneness in spades to an evolving consciousness.

An ungenerous person acting generously immediately attracts significant financial benefit to his person.

To Be Titled

Avoid anticipating, expecting the negative. You just may attract more of it.

To Be Titled

How can we have an Inner Life - with all the powerful and profound benefits it offers - if we are continually living on the surface?

To Be Titled

When you softly, consciously interact with objects, things, - instead of handling them roughly, unconsciously - you begin to sense how each one is an expression of the Divine Reality. I.e. how objects, things are material formations of the Divine Reality.

To Be Titled

HE who explained the nature of Reality. The Divine Source of things. The process of creation from spirit to matter, The purpose of life and where we are headed. HE who revealed and brought down the transformative Supramental power into the earth's atmosphere. Who envisioned the next stages of human existence, culminating in a Divine Life on Earth.

To Be Titled

Physical consciousness individuals will not change their fixed position no matter how compelling the evidence in the opposite direction. At that point Life may take over; harshly driving them down until they submit.

Ascent and Descent

by SM

As we aspire,

As we become conscious,

As we rise in our consciousness,

We start to perceive,

How hard, how difficult, how unfortunate events are.

Although they appear on the surface as such,

Are they not also part of the Reality?

It is in fact what we are learning – which we can call “the Ascent.”

But there is more, as Life then does its part in return,

By evoking possibilities from out of nowhere,

Behind which are opportunities for greater progress.

And it goes further still, ready to reveal the Marvel.

And that demands that we not to stop in the middle,

That we continue the process of Ascent.

Then we can internalize and apply that wisdom in the next situation.

And when we do, it would be the next phase of learning,

The lessons now applied downward into Life,

And that is – “the Descent.”

When Reality struck so hard on the surface,

When Lydia eloped suddenly in Pride and Prejudice,

The family's prestige was hanging in the air,

And the future of the other daughters came into question.

Then Mr. Bennet realized,
He should have listened to Elizabeth's advice,
He should have been more responsible,
Then he went further, beyond that thought,
And travelled to London by himself,
Searched for them throughout the city,
Yet, it was all in vain, as he returned with nothing to show for it.
And yet at that intense, misfortunate moment,
He took a stand,
He perceived that all that took place occurred only because of himself.
And now, because he blamed no one else, except himself,
He took "conscious responsibility,"
And that was the moment of Ascent for him.
But Life had not forgotten his Ascent,
And It responded through Mr. Gardiner,
Who brought surprising news, much sooner than expected,
That Lydia had married Wickham,
And Mr. Gardiner had made all the arrangements,
Also he spent a vast amount of money,
To convert that elopement into a marriage, thereby saving the day.
And yet Mr. Bennet did not stop at that level,
As he took another stand.
Despite, the fact he had little money and did not how to earn such,
He decided from the depths of his being,
To repay Mr. Gardiner, no matter what,
And to honor honesty and return with gratitude.
And the next moment proved to be the moment of Descent.
As the atmosphere was ripe,
As he subconsciously aligned with the Cosmic Plan,
Before he took any further step,
Life revealed its Marvel;
With the sudden arrival of Bingley,
And the surprise marriage of sisters Jane and Elizabeth;
Without the need of any money on Mr. Bennet's part.
As a result, not only was the family's prestige restored,
But they were financially and socially elevated to greater heights.
And so in our own lives,
We may not know how to distinguish,
The acts which we undertake,
Whether in the Ascent or Descent.
And yet it does not matter.
Life demands us to simply be conscious,
In all that It brings to us,
And apply our higher conscious knowledge.
And by doing so,
Not only will we evoke response from Life,
But these moments will be filled with ultimate joy and delight.

Comment: Ascent and Descent is incorporated in Sri Aurobindo's symbol. The triangle going up is the Ascent, and the one going down is the Descent. It is our Aspiration from below calling to the Divine above (Ascent) who responds to that call as Grace (Descent).

To Be Titled

The more you go within, into the depths of one's being, the more you go up, ie are more inclined to consecrate, to offer one's actions and issues to the higher power.

It is also true the more you go up, ie consecrate, the more your center of consciousness will be centered within; in the depths of your being.

To Be Titled

... as the Manifestation grows more perfect, the necessity of destruction decreases, to the point when it will disappear and will be replaced by the process of progressive transformation. (The Mother, from Agenda, March 4, 1966)

To Be Titled

We are content to perform our tasks in the ordinary way, which leads to ordinary results; instead of offering the act to Mother, to the Supramental power, which evokes the Miraculous.

To Be Titled

Restraining yourself from action or expression compels the other person to approve it, or carry it out for you.

To Be Titled

Each time we break through a negative - such as admitting one's fault, or overcoming a wrong attitude, or putting aside self-pity - sudden good fortune comes to us from an unexpected direction.

To Be Titled

Anger is never justified, as it indicates a flaw or missing capacity or lack of understanding on our part.

To Be Titled

Our commitment should not be to our point of view of the situation, but to the Highest Consciousness we can bring to bear.

It is clear - very clear - that what for us is translated as progress, as progressive manifestation, is not only a law of the material manifestation as we know it, but is the very principle of the eternal Manifestation.

(The Mother, from Agenda, March 4, 1966)

Comment: One interpretation: The material progress we make in life, that society makes, mirrors the laws and means of progress of the Divine in its eternal, ongoing Manifestation.

Also note that the processes of Creation are similar. Eg starting with an Idea, followed by a Will for it to become real, and then an energy of action that leads to material manifestation.

Pursuit of Values vs Profit

Pursuit of values generating more profits than pursuit of profit only is an achievement of the Spirit. (N. Asokan MSS)

Contraries Reconciled

Reconciling contraries and turning them into complementaries is very normal for the Spirit.

(N. Asokan MSS)

Reader: Roy Posner can you explain further. Not understand the essence of this

Response: There are ongoing conflicting relations in life - eg between two spouse, or boss and worker, etc. Though they are contraries, contradictions to us, they are secretly complementarities waiting to emerge.

Life evolves by contradictions becoming complements. The Spirit more easily makes this happen. When one or both of the conflictive takes to Spirit, the Force, or connects with the soul inside, the conflicting aspects dissolve and the higher harmony, including the complementarity between them fully emerges. What seemed conflictive was the basis of something higher.

Spirit is thus higher consciousness method of progress, of turning contradictions into complements. Their disagreeing behavior masking their true complementarity.

Reader: Thank you sir

Yesterday in monthly meeting, my boss son, who is half of age abused me for not done, what he has asked me to do. Initially I got annoyed, angered and I made up my mind to give him back in another way (tit for tat). After coming to him, prayed to mother. Suddenly recollected my experience in the book "life divine teaching" so prayed to mother to remove (change)-the subhava in me(which attracted my boss's son abuse).

Also tried to move from surface to spirit (by calling mother).

Now I understood this abuse is for higher consciousness to evolve in me

Thanks for your post

Response: Yes, the challenge, the conflictive situation has come to us to awaken our consciousness. In this case, to remember to take to Mother; now and in future situations. And to have greater Faith in it.

Past Consecration

Past consecration undoes wrongs done in the past and opens up avenues for present and future accomplishment. (N. Asokan MSS)

Failure as Stepping Stone

Failure in the present is only a stepping stone for greater future accomplishment is the law for the Spirit.

(N. Asokan MSS)

Consciousness Responsibility

One person accepting "consciousness responsibility" leads to the resolution of a whole crisis where many others are involved. (N. Asokan MSS)

Disappearing Problem

A long-standing problem disappearing in a second is something habitual to the Spirit. (N. Asokan MSS)

Token Act

Perfection in a token act bringing great results for a composite act where many parts are defective is a sign of the power of the spirit. (N. Asokan MSS)

To Be Titled

The Spirit promotes growth by demolishing obstructive institutions. (N. Asokan MSS)

Ascent and Descent in Spirit-based Problem Solving

To solve a problem through Spirit there is a movement of both Ascent and Descent. Eg say you have a problem; whether at the physical level as pain, or as lacking funds at the vital level; or as confusion at the mental level. You then gather yourself and call to the Spirit, with deep, intense Aspiration. This is the Ascent; the Call from below.

The Spirit is then activated and moves down into the problem with power, knowledge, and will, and resolves it in full. This is the Decent.

In fact, whenever you solve a problem, with or without involvement of spirit there is the ascent, descent dynamic.

Eg let's say you have a scheduling problem. This is at the vital level/plane. Now you activate the mind to think of ways to resolve it. If you are lucky, intelligent, aware, etc you may easily solve it. Most times it's not so easy.

Let's say you come up with a solution. So far all of this has been in the Ascent. When you then take action based on your mental analysis to resolve the problem, you have engaged in the Descent.

We go up in the Ascent to a higher plane to try to resolve a problem that is at the current (lower) plane, and then there is a Descent down from the higher plane down into the original lower level to make it happen; to manifest the solution as real in the world.

The planes we ascend and descend in are as follows:

- Spiritual (highest)
- Mental
- Vital
- Physical (lowest)

Thus any time we have a problem, we can consider what plane the problem is occurring at and therefore which higher plane we can solve the problem from. Once there, we can consider solutions.

Feelings and emotions of the Vital plane is a hit and miss plane to apply solutions from. Use of Mind is a good problem solver, but does not always reveal a solution. On the other hand, the Spirit is infinitely more powerful than these, and ordinarily never fails to resolve the issue. Moreover, if we develop our consciousness, the Spiritual plane and its infinite-like power can become our never-ending, Miraculous-like friend.

Reader: Thank you sir

It is basically step back and call mother.

But in real life. Due to urge, instead of step back, the first 3 levels started working/ acting , leaving the spirit behind.

Spirit will not come into act till we call IT.

Why spirit is not coming to act without calling.

When others are in act always 24x7.

How can we make sprit to act in our life 24x7

Response: It's because we live on the surface, not in the depths. In the depths - the inner being, - we are more likely to open to Mother and Her Force. We feel the possibility of the Spirit more often as a choice around us from this deeper center of being

To Be Titled

When the Spirit is active, quantitative limited growth can be replaced by qualitative endless growth. (N. Asokan MSS)

Power and Peace

What's lamentable above all is the way men confuse power with violence. That sort of ignorant feeling that thinks power must manifest as violence.²⁶ Violence is an asuric deformation. True power acts in peace – a peace like this (gesture of massive descent), which nothing can disturb. (The Mother, from Agenda, March 19, 1966)

To Be Titled

If we can't acknowledge existing progress, then we have no right to condemn when it is lacking.

To Be Titled

The more we make fun of someone, the more they will demonstrate ways to be made fun of.

To Be Titled

The Being within Knows, while the mind ruminates and fumbles.

Comment: I.e. station in the inner being, and therefore the inner mind, there percolates into one's thoughts precisely what to do and what to avoid, leading to right decision and action; whereas mind needs to consider various sides, determine which is right and wrong, while being burdened by its own prejudices, its limited knowledge, tendencies toward error, etc.

The former is flawless intuition of knowledge without thought; the other, is burdened by a mixture of what is truth and what is not.

A stilled mind and constant consecration establishes for that person a center of being deep within so these types of wisdom messages constantly percolate up from the inner mind to our conscious surface awareness.

Overmental to Supramental Change

Sri Krishna is God/Divine incarnate at the Overmental level. It is Universal consciousness; to know all things at once, but not quite the ultimate plane of being. Eg gods there are divine-like, but are not in integral harmony with one another.

Sri Aurobindo went further and brought down in the earth's atmosphere and into his own being the Supramental plane, beyond the universal. Supermind is ultimate consciousness, with each aspect of being integrated with every other. Thus, Supramental is called the Truth or Unity Consciousness.

By opening to Supermind and its Force, to the Mother's Power, the Divine Consciousness descends into our being and life, bringing peace, truth, unity, knowledge, beauty, love, and joy into every aspect of our lives.

Its fulfillment on earth is made possible by those willing and able to partake in the integral yoga and transformation. It culminates in the unfolding of a Divine Life on Earth.

12 Ways to Attract Sudden Good Fortune into Your Life

Each of the following will attract sudden good fortune into your life:

1. Take full responsibility for the conditions around you, whether you created them or not.
2. Shift away from any negative attitudes towards others, life, or work.
3. Gladly embrace the work you are given, rather than what you desire.
4. Take to higher levels of cleanliness and orderliness.
5. Practice high money attitudes like paying off debts, collecting moneys owed, circulating funds, and non-wastage.
6. Consecrate (offering to the Spirit) any important action you are about to take. Also consecrate an opportunity, or any negative feelings inside.
7. Don't react to another's intensities or wrong actions. Be still and detach yourself from it.
8. Speak softly and with fewer words.
9. Shift a habit to something different.
10. Consider and fully commit to one or more deep personal values you believe in.
11. Deeply aspire for something important to come into your life.
12. Put your faith in the Divine Force above all other things.

Looked at in the right way one can perceive a benefit right around the corner from a deficiency.

To Be Titled

The minute we are truly pure, that is, under His influence alone, there are no limits, no limits – nothing, nothing, there is nothing, no law of Nature that can resist, nothing, nothing.

(The Mother, from Agenda, March 26, 1966)

USA and China

-The two countries are mirror image in one sense.

-USA values individuality, which is a great thing, and often distains government, to her own disadvantage. China advocates strong government which is a good thing, but not individuality, which is to her disadvantage.

-USA and China must learn from one another.

-Their current leaders (2018) are pulling in the wrong direction, opposite of what is needed. That strengthens the intensity of a needed recoil in the opposite direction.

-Our philosophy is that contradictions on the surface are secretly complements in the depths. That is what USA and China are to one another. That is what they need to resolve to see their complementarity.

-Through their interaction they will help one another grow; as each knows something the other does not, in terms of individuality and governance.

-This is based on the Consciousness approach to current events and history, - here bringing out the principle of "Contradictions are Complements", which itself based on the vast, comprehensive, integral teachings of Sri Aurobindo and Karmayogi.

Reader: Thank you Sir

Perhaps it is something like MAI and Lempe in The Book, One lacked the other and Life had put them in contact so that they would learn in such illusory contradictions. The miniature version of many such contradictions can be seen in our lives, (as I am facing), and we are too caught up with our ego, defend ourselves and justify our view point instead of what is needed for Reality. The Reality is not either one is correct, rather both views are right to manifest a greater Truth. One who could perceive that and act as an instrument to manifest that Truth will be the leader of Tomorrow.

To Be Titled

The real challenge and difficulty as individual like me is to surrender that issue to the Force, as our ego delight in our partial truth and forget the rest.

Response: profound.

To Be Titled

The Reality is not that either point of view of two individuals, parties, et al is correct; rather that both views are right in order to manifest a greater Truth. One who can perceive that and act as an instrument to manifest that Truth will be the leader of Tomorrow. (SM)

To Be Titled

Appreciate the point of view of the other side, and as a result new possibilities will arise that transcend both your ideas.

To Be Titled

As something moves to Perfection, it becomes supramental, causing infinity to break out.

Comment: How well do we perfect our work, that will have the effect of attracting infinite=like results? Let's make a list to indicate all the things necessary for the work to be perfect; and then make a commitment to carrying them out. That execution of all things to perfection

followed by the attracting results is an expression of the Supramental Consciousness in our being.

Human Transformation in 'The Man Who Invented Christmas'

"...Life is the raw material from which the creative imagination of great writers generates works of fiction that are truer than life—truer because they probe and reveal more deeply its real character..."

(Janani Ramanathan, from Cadmus journal)

The film "The Man Who Invented Christmas" explains the above quote beautifully as it portrays how the famous author Charles Dickens conceived the story "A Christmas Carol", created the characters, lived with them, evolved himself, and completed the story.

In that process Dickens created the famous character "Scrooge" who was a cold-hearted miser. Initially, he could not imagine that Scrooge could be transformed into a good human being.

And yet through that story-creating process, he evolved himself by giving up his grudge towards his father, which was due to a childhood incident that haunted him through frequent nightmares.

As he relieved himself of that incident, it removed his mental block, and so he was able to complete that story beautifully, with the character Scrooge transformed into a noble, kind person.

In addition, the story became a huge success, and the character Scrooge became one of the most famous in all of English literature.

(SM)

Advent of the Supramental

As to whether the Divine seriously means something to happen, I believe it is intended. I know with absolute certitude that the Supramental is a truth and its advent is in the very nature of things inevitable. The question is as to the when and the how. That also is decided and predestined from somewhere above; but it is here being fought out amid a rather grim clash of conflicting forces. For in the terrestrial world the predetermined result is hidden and what we see is a whirl of possibilities and forces attempting to achieve some thing with the destiny of it all concealed from human eyes. This is, however, certain that a number of souls have been sent to see that it shall be now. That is the situation. My faith and will are for the now. I am speaking of course on the level of the human intelligence – mystically-rationally, as one might put it. To say more would be going beyond that line. You don't want me to start prophesying, I suppose? As a rationalist, you can't.

(Sri Aurobindo, December 28, 1934)

To Be Titled

"Past Consecration" of our previous errors, wrong attitudes and actions, et al dissolves the negative influence of that past on the present.

Reader: Thank you Sir.

An ignorant question.

Let's say I have done ten unrelated wrong things or errors in various stages of my life. On which area of my present life they are still having those karmic influences, or that might have been already dissolved, I would not know.

As I start to recollect those things and offer to Mother daily, when would I know they have been dissolved?, I may not perceive through response from life unless I am clear about the connection of that past in the present situation?

Thank you Sir.

Response: all the individual smaller things may indicate one or two major flaws in one's nature. It's worth thinking about all of them interrelated to come up with the one or two major

flaws. You may then see how the major flaws point to still other minor ones. In other words, you are building up a case for the deeper picture. Then you are ready to consecrate the major flaws with great intensity. Other people's input can also be helpful.

To Be Titled

Each thing that commands our attention in the course of the day has its own special needs, its own flow, and we should fully honor it.

To Be Titled

Sometimes you need to go around the block to see the whole picture.

To Be Titled

Offer an inch, receive a mile.

To Be Titled

The more you open to the Force, to Mother, the more your face will shine and the more you will look years younger.

To Be Titled

Christmas is the festival of the return of the Light - it's much older than Christianity! - when the days were beginning to grow longer. (The Mother)

To Be Titled

Gods as Ways of Being of the Supreme

To Be Titled

This relationship with the gods is extremely interesting. As long as man is dazzled, in admiration before the power, beauty, realizations of those divine beings, he is their slave. But when they are, to him, ways of being of the Supreme and nothing more, and when he himself is another way of being of the Supreme, which he must become, then the relationship is different and he is no longer their slave – he is NOT their slave. (The Mother, from Agenda, May 18, 1966)

Wide and Narrow

First, go wide, and open yourself up to all possibilities. Then narrow the focus, which will reveal the salient, essential details; which will also bring out the Essence.

Searching for Truth

People believe what they want to believe; but are not that interested in discovering, let alone embracing the actual truth.

Suppose one were to say, "today I will suspend my beliefs on the (current) subject, and I will discover the real truth behind that matter or thing." Done with some frequency that person would become a growing individual; gradually coming out of his ignorance on the way to integral knowledge; attracting infinite possibilities into his life.

To Be Titled

The Divine aspires for the universe to evolve and become like Him. To apply his spiritual values to the details of life.

T To Be Titled

here is always a truth that is trying to unfold in our lives, and that truth is behind all circumstances and events. (MSS)

To Be Titled

There is both Freewill and Destiny together. I.e. we have free will whether or not to follow the Path the Divine has secretly set out for us.

To Be Titled

Go deeper to find the real You; not the surface you determined by externals.

To Be Titled

We need to find our true self, our soul, our True Individual Personality that is not encumbered by surface activities and beliefs, by externals, by others' take on things.

To Be Titled

The real Joy should come not from getting what you desire, want, hunger for - whether a car, a house, high grades for a child, more money, more anything, - but from the silence and stillness you experience inside from which happiness and deep fulfillment arises.

To Be Titled

Science is greater than religion. But spirituality is greater than science.

To Be Titled

The greatest experiences I have had throughout these decades has been training others in and around the San Francisco Bay Area, including Silicon Valley, experiencing an endless array of startling Life Response incidents, while continually being in touch with the Mother and Her Force.

To Be Titled

Patience puts us in right alignment with time and the unfoldings of life.
Impatience, the opposite.

Accepting Responsibility in Challenging Situation

Accepting responsibility in a problematic situation can evoke tremendous response from life. When Lydia in Pride and Prejudice eloped with the duplicitous Wickham, Darcy took responsibility for Wickham's behavior having known him since childhood; and Mr. Bennet took responsibility for being oblivious to his children, which helped pave the way for the elopement that could ruin his family.

Fortunately all turned out well as life responded positively to their taking responsibility for their psychological deficiencies relative to an acutely problematic situation.

Purpose Served by Life Response, Character of Life, Life Divine

"Life Response" explains what are the rules of life and what are the benefits of partaking in those principles.

"Character of Life" explains the process of the game beyond the rules of Life Response, and the results observed. Or we can say it explains the subtle reasons beyond the surface happenings.

"The Life Divine" in essence explains everything about what Life is, about the nature of existence, and much beyond.

(SM)

To Be Titled

Gratitude turns what we have into Enough.

To Be Titled

Going after life is normal existence. Life coming to you is Spiritual existence.

To Be Titled

When the good side is able to see the value in the negative side, -- perceiving the possibility of a resulting more-perfect, higher-level, integral resolution, -- then it moves to the spiritual GOOD.

To Be Titled

In the films Interstellar, Arrival, and The Lake House Entanglement occurs across timeframes.

To Be Titled

Without Mother my life would have meant very little. It has thus been a great privilege to know Her.

Zero, Infinity, and the Process of Self-Multiplication of Money

Prof. Stearne's comments from The Book:

"...The breakthrough concept in The Book is just that--the concept of infinity. That is where The Book departs from all known philosophies. That is the source of its enormous power. According to The Book, zero and infinity are practically related to one another, the one gives rise to the other. Or to put it another way, zero represents the unmanifest infinite and infinity represents the manifest zero. According to this view, it is both theoretically and practically possible to manifest anything infinitely, including money.

The central purpose of The Book is not to present a philosophy. It is to present a practical knowledge, a formula, by which the Infinite can be made to emerge out of the finite. That is what The Book means by the process of self-multiplication..."

(From 'The Book' by Garry Jacobs, page 408)

Comment: Yes, when the Infinite Source Consciousness is brought to bear, anything can break out into Infinity, including money.

Changing Ourselves

Transformation is difficult, but it can begin with wanting to Change - whether some aspect of our being or something external.

Most people don't change unless there is an external compulsion to do so. But that is to be ruled by Life. We want to be determined by our own self and Soul. That in turn opens us up to the wider Consciousness which comes to us with unexpected positive circumstance and opportunities. As a result, our life becomes fulfilled in so many ways. That is the Life Response power of Change.

So where will you begin?

Fact-Checking Life

Karmayogi once told me that in my writing I should always fact-check for accuracy, which puts one on the side of the true truth of things, rather than its opposite.

Eg recently I was thinking of the mega-size concerts I went to in my youth. I recalled that I attended the Strawberry Fields Rock Festival in Canada in 1970 when I was 20. In the ensuing years believed it was even bigger than the famed Woodstock festival which I also attended, putting the number of attendees at 700,000. When I recently looked it up on Wikipedia, it

was estimated that in fact only 70,000 had attended Strawberry Fields! Boy, was I off base! (And It turns out that a different rock festival I attended during that time drew the 700,000 fans I had been thinking of.)

In fact, there have been countless occasions where I had a memory of something, then fact checked it on the Internet or elsewhere, only to discover the real truth of things; which was often at odds with what I imagined.

It's a great lesson for those who seek Truth in Life, which is a high spiritual value. By a discipline of fact-checking, one continually discovers the true truth of things, - rather than being sloppy; depending on one's limited knowledge or memory, - which take one down a path that avoids ignorance, falsehood, and error.

To Be Titled

When you develop Integral Knowledge, - i.e. knowledge of how the universe and everything in it and beyond it works, - you will tend to always do the right thing in your moment to moment life, attracting infinite success and inner fulfillment.

Meaning of Negative Circumstance that Lead to Very Positive Outcomes in The Book

"When the problem intensifies, perhaps it is moving towards solution subtly, though on the surface it may look contrary"

In the Garry Jacobs novel 'The Book',

- Thomson had meeting with MAI team thrice and he threatened them one way or another. The final meeting was most direct and severe threatening as forced to give up MAI to the US government. As a result, MAI became universalized from its content position and known to the rest of the world, Indeed that had brought them in touch with Howard (Thomson's boss) and later North Korea project.

- MAI had come in contact with Oppenauer as they were not aware of his true motive. He had done all the measures to take over MAI as like planting spies, conducting raid at MAI and so forth. At the same time when Accomplish was launched, it suffered data pollution and it became a major setback for the company. Oppenauer used that opportunity and wanted to take over MAI at a humiliating price of 25 million dollars, However MAI had resolved the inherent defects of Ignorance and Falsehood in Accomplish through inversion principle and wanted to launch it free. It made him angry and he withdrew voluntarily from the company. However, MAI went on to launch Accomplish2 (later UNIAC) as free, it became a phenomenal success and they repaid all Oppenauer loans well ahead of promised.

- Adversaries continued to search for The Book. At the extreme, they had kidnapped Limpia, searched in Cloister and warned MAI directly by leaving the note. Also, they had planted explosive in a nearby vicinity as a direct warning message for MAI. This made Prof Stearne to work tirelessly and executed the permanent solution sooner than imagined which eradicated and reconciled all the threats and problems. (SM)

Comment: Terrific extracts that cover similar ground, and therefore similar principles. You have listed one at the outset.

Another is if dramatic progress can't happen through the positive, it happens through the negative. In fact it is the fastest way forward, and with the greatest power.

We could also say that the team's aspiration was great, and life created those conditions to most powerfully, quickly fulfil it; which relates to the previous principle.

Plus the Divine, the Force wants to fulfil its Own aspiration, and there is a push from Above.
(Roy Posner)

To Be Titled

One tragedy of life is people coming to big conclusions based on scanty evidence. They are then bewildered when life reveals truth pointing in an entirely different direction. Such rash decision-making is often the product of a facile or impatient mind. Mob rule often has these

propensities and roots. Thoughtful, patient contemplation of the many-sided issues of a matter is a sign of the workings of a rational mind..

I live my life consciously evolving my individual nature, and other times giving of myself to others, testing my limits. I move between these two worlds, which is a great challenge, since they are so different. However, these two oscillating realities mutually reinforce one another, creating great creative energy and joy.

To Be Titled

Transformation is difficult. However, it is human swabhava that if one wants to change indeed, such change is possible in five minutes in mind, being and soul. (Sri Karmayogi)

Mother's New Year's Message - 1935

"We surrender to Thee this evening all that is artificial and false, all that pretends and imitates. Let it disappear with the year that is at an end. May only what is perfectly true, sincere, straight and pure subsist in the year that is beginning."

Human Attitudes Towards Money that are Against Mother's Values

<u>Human attitudes</u>	<u>Mother's attitudes</u>
1. Money is the centre of human existence	Money is not the centre of our existence, but only a tool to facilitate human economic interactions. Its occupation of the centre stage is a result of the perversion of values.
2. Spend less and save more	Spend more and get more
3. Earn money by whatever means available.	Money should be earned only in ways that the Divine will appreciate. That is through hard work and honest means.
4. Lend money or speculate to earn more money.	Money should finance work and thereby generate more money. Money generating more money through lending is a short cut that may become counterproductive. It is a like feeding fertiliser directly to the plant instead of using it to enrich soil which is the normal procedure.
5. Money can be used for ostentation and for luxury.	Ostentation and luxury are egoistic flaunts that diminish one's soul.
6. We need money to boost our ego and strengthen our assertion.	Such misuse of money is fatal to our soul's emergence.
7. Money first and anything next is our policy.	Man first and money next is the correct policy.
8. Evade tax and thereby accumulate more money.	Pay tax and have a clean conscience and you will earn more money.
9. Money deserves our worship.	Don't worship Mammon but offer the worship to the Divine.
10. Spend lavishly and enjoy your life.	Pl treat money as an expression of your productive capacities and thank God for providing you with those capacities.

(by N. Asokan, MSS)

10 Freedoms Guaranteed by Grace

1. If a devotee has an aspiration for material progress but is suffering from poverty, He is guaranteed freedom from that poverty once he enters Mother's fold.
2. If a person with a long-standing chronic illness turns into a devotee he is guaranteed freedom from that illness once he lets Mother on the scene.
3. If a person is leading a lonely life for want of a marriage partner, he or she will be provided with a life partner the moment he or she promises that if Mother arranges a partner for them, they will take care of their partner in a way that Mother will appreciate.
4. If a person is idle, unemployed or underemployed and genuinely wants to be productive and capable of earning money, he or she will be provided with gainful employment if they promise Mother that they will do the work she arranges for them in a way that She will appreciate.
5. If a person is suffering under a tyrannical boss or employer or life partner Mother will arrange for that person to be freed from that oppression once the concerned devotee locates the defect in his personality that invites that oppression and resolves to remove it.
6. If a devotee's factory or farm or shop is not fetching him a good income, it can be turned remunerative by the touch of grace if the devotee accepts to implement work-values in full.
7. If a person is afflicted with loan liabilities far in excess of his earnings, She can free him from his debt burden if he resolves to remove from his personality the urge to spend in a manner disproportionate to his income.
8. He who suffers from frequent job loss and interruptions to his income inflow can be saved by grace and provided with a steady job and income once he decides to shed the irresponsible attitude towards life and career which invite such hardships.
9. If a person has quarreled with all his relatives and no relative comes to his house, it can be reversed by the impact of Mother's grace if he resolves to turn sweet and amiable and shed his past quarrelsome behavior.
10. If a devotee is childless and wants to become a father or mother, he or she will be blessed with the joy of becoming a father or mother if he or she daily imagines Mother gifting them a new-born child as a gift.

(by N. Asokan, MSS)

No Title

Going deeper within, looking out from that inner poise, while opening upward, surrendering to the Mother and Her Force makes it much easier to solve our most pressing problems and challenges.

On Death and Unending Life

--Sri Aurobindo says death is a process of life; to enable us, - across multiple births, - to overcome our fundamental Ignorance on the way to Integral Knowledge.

--Man dies of old age, diseases or accidents is a physical explanation. The spiritual explanation is one dies when his spiritual growth stops. (Karmayogi)

--In death the form dies, but the energy behind remains. A new form can now incorporate it.

--Death of the body is like a light bulb going out. It can be replaced by another, as the energy source is still there.

--Death occurs so a new, fresher ready to evolve form can take its place.

--Death is incapacity to hold the life force of life.

--It is the inner being that survives death. (Karmayogi)

--He who is unable to see life beyond death is not spiritual. (Karmayogi)

--Death is to take on another adventure beyond our adventure of life on earth.

--Transformation - psychic, spiritual, and Supramental - has a final goal of overcoming death itself.

--Death occurs so immortality is made possible. (evolution through deaths and rebirths makes that possible.)

--Mother says that when you die it's because you Need to die; ie it's not a haphazard thing.

--Mother also says death is just a Bad Habit. It is therefore not inevitable; that we can learn to develop the right consciousness in relationship to the cells of the body in an effort of transformation. That was Her great mission in life.

--Through spiritual and supramental transformation the necessity of multiple births is overcome. One attains Integral Knowledge and Capacity in this life.

Conjunction of Life Responses

Today I had a life response while listening to someone telling me that they had just experienced a life response; precisely matching the subject matter of her response.

She told me she just randomly came upon a cat video, which matched exactly a dream she had of the same the night before. As she said she had a life response regarding a video, I simultaneously saw the expression "Life Response Videos" on my computer screen, which itself was a booklet of text and links to videos on life response!

No Title

If life is a field of force,
And Human attitudes & emotions,
Become the expressions of that force,
Then what occurs to us and around us,
Reflects nothing but the play of those energies.
(paraphrase from The Book by Garry Jacobs)

Comment: It is one way of explaining the basis of inner-outer correspondence.

Silence of a Spirit-Oriented Mentor

When you recognize a problem in another, and if it is at all possible, it is best to refrain from expressing it to that individual. Then you can consecrate the matter in full.

As a result, there is a very good chance that the other person will come to see the light on their own, and will then make the necessary change. If they later tell you about their inner and outer actions, you can smile and continue to remain silent about your involvement.

This is a powerful approach that a spirit-oriented mentor can take.

Ignorance Born of Creation

Some of us are aware of the defects inside us that prevent us from accomplishing greatly - including a lack of intention, will, organization, right attitude, values, effort, skill, and so on. Sri Aurobindo expands the narrative from the means of accomplishment to the fundamental Ignorance of man born of creation.

He tells us we are Ignorant of-

- the various parts of our being
- how these parts are in conflict with one another
- our own deficiencies
- who we are and what our purpose is
- the purpose of life, and how we fit in
- the nature of the transcendent beyond; as well as the spirit within
- the nature of the world outside ourselves; how it works
- why things happen the way they do
- the subtle forces at work in life
- the Force available to us
- the nature of the Reality

Life Response Not Perceived

The miraculous nature of life responses, negative/positive/neutral inner-outer correspondence seems so obvious to me at this point in my spiritual development, it is astounding to me how people, even those close to me DON'T see these connections, and furthermore don't believe life responses can be induced by right action, thought and sanctification. (KL)

Comment: If you can completely forget the matter vis a vis others' non-belief or non-experience, they will, sooner or later, tell you of a LR incident or synchronicity they have experienced.

I.e. Consecrate (offer it to the Force), and forget the matter.

No Title

Each life response or synchronous experience compels us to further commune with, have faith in the Divine Reality.

No Title

We think we are a body that has a soul, but we are really a Soul, a Being that has a physical form.

No Title

There is the Divine reality, and then there is Life. Inclusive and integrative of both is the integral REALITY, the ALL.

Comment: Sri Aurobindo says this is the highest conception of existence afforded to man.

No Title

We often seek alms, boons, benefits, and grace from the Divinity; yet infrequently do we try to evolve ourselves & become like Him, adopting His virtues.

Comment: Virtues like silence, peace, truth, knowledge, creativity, harmony, love, delight, timelessness, and infinity.

No Title

I am Increasingly depending on my True Self (Soul) within, and Mother above, and nothing and no one else.

The Crosby-Related Incident at MacDonald's

Recently I have been interacting with several old friends from way back when. One of the things I was rediscovering was my interest in some of the old bands and singer songwriters of my youth. One group was Crosby, Stills and Nash who enjoyed spectacular success in their time, as both a group and as solo artists. Recently I have really been focusing on one member, David Crosby, who is a folk-rock legend, not only for his music but for his cultural influences among the hippy and baby boomer generations.

In fact, it's been a great pleasure to discover that he has had a tremendous renaissance in creativity, in music composition and performance at the age of 78! Where people normally fall into later life drowse and nostalgia, he has come upon a great new energy and therefore a tremendous creative rebirth; an astonishing development, in my eyes, but one which I totally relate to.

And so I have been making a playlist at YouTube of the very best of his most recent recordings, and then distributing them to some of my old-time friends. Also I have found interviews of him and other such content.

The other day while having an online, Facebook messenger conversation with a friend, he mentioned that one of his favorite tracks of Crosby's was from decades ago called "Page 43". I liked it too. Then yesterday I found an extraordinary interview of Crosby by world famous American comedian and film star Robin Williams. It was a manic, hilarious, and yet profound conversation between true individuals. As I listened to it again while having a coffee in MacDonald's, I was at the part where Crosby is describing that songs often came to him just after he drifts into sleep. That is, when the conscious mind grows silent, the inner mind grasps onto "something" and he wakes with an entire song now in hand! Something similar has happened to me several times over the years.

What was so astonishing was that at the very moment I looked up from this discussion about the silent source of composition, I saw a large plastic customer number on the table, so that servers could deliver their order to the right table. When I noticed it was "43" a wave of utter astonishment came over me, as I recalled that that was the name of my friend C's favorite Crosby song that he mentioned several days earlier! As Crosby was describing in the twenty-year-old interview how he wrote through sleep, that serving number appeared on that table! (with no other such markers anywhere in site.)

It was another synchronous event in a staggering series of synchronicities that have been happening to me in recent months; often 5 to 10 incidents a day.

Comment: There is another dimension to the story. It's that I gave up my reaction to my friend C when he first mentioned to me that Page 43 was a favorite of his. Though I thought it was good I did not think it was among his very best. And so during the breadth of the incident, I gradually gave up my prejudicial view, which I believe contributed to the 43 serving number appearing on the table in the incident. It was a shift out of Ego to harmony with another, including their point of view.

Significant Positive Qualities of Countries

- India - belief in subtle workings of life, and the divine reality; intuitive
- China - also a subtle race, but more mental, practical
- USA - individuality, hardworking, adventurous, melting pot
- France - idealism, values
- Germany - inventive, philosophical
- Russia - brotherhood of man

No Title

Changing a single negative aspect of your being - whether a particular activity, habit, attitude, or value - can attract a major turnaround in your life. Are you ready to make that small, but significant consciousness raising effort?

No Title

The more you delve into your own Essence and Being (ie your Soul), the more likely you will perceive It in others.

Movements of Time in Various Directions

Past, present, and future are not merely linear in their unfolding, but can move in a variety of directions - forward, backward, circular, etc. Thus any one period can affect any of the others. Eg If we rise in consciousness in the present, the past can be altered to the positive.

The reason this is possible is because in reality there are no real divisions of past, present, and future. That is a human convention. There is actually only one stream of time, without division, even without any set direction.

Science is beginning to perceive the true nature of Time, and what it is discovering does not necessarily conform to our own individual, human conception of time. One further scientific revelation about time is that is that it may in fact not exist at all.

The sage and seer Sri Aurobindo says that space is extension, and time is movement in extension. And they emerged from a Divine reality.

It is clear that Time's true nature still remains to be discovered.

Forgetting a Benefit for Another Attracts Its Accomplishment

If after you provide someone with a potential benefit, you utterly forget about it (instead of waiting anxiously for the other person to get the result), that other person will come back to you that they did indeed get the benefit, which will come as a complete surprise to you since you completely put the matter out of mind. That letting go of the potential result attracts a very satisfying outcome all around!

No Title

When a devotee of Mother gives of himself for the sake of another or others in an unprecedented way, that effort and result tend to spread to the universal plane, including society.

Inner Voice, Detector

As soon as we are bothered in some way, - as anger, irritation, over-assertion, frustration, etc. - it's a sign of a limitation in our being.

Fortunately, over time we can develop an "inner detector". The deeper the poise we reside in, the more the subtle detector (originating in our inner, subliminal being) can be at work on our behalf; letting us know at the right moment "no no, you don't want to go there."

No Title

Constant Consecration of circumstance, taking the other person's point of view, mental silence, and other methods can build up this Inner Voice over time. As a result, gradually the Ego breaks down, replaced by harmonic tendencies and feelings.

No Title

Each devotee represents an impossibility to be overcome. That's why we are here; to make that change.

Inner Status When Helping Others

(A note for a life coach, psychiatrist, trauma mentor, social worker, or anyone responsible for helping others with their problems)

The more you are an "empty vessel", the more you can fill up listening to other's problems. And the more you build up an "inner life", as opposed to living a surface existence, the more you can be an empty vessel.

And then there are various psychological and spiritual methods for developing an inner life.

No Title

Karmayogi asks that each devotee earns a Crore rupees per year. As a result, not only will he gain material security and prosperity, but through that effort come to learn the Process of Accomplishment, and the essential principles of Life.

No Title

Mother says that if we add expectation to our Aspiration for something significant to come about in our lives, the whole thing gets warped.

Life is Alive and Conscious

Life gives you particular beneficial circumstance in the present because it knows future outcomes. In that way life is alive and Conscious.

A former star player came to play for a championship team. He seemed to come out of nowhere, and it seemed like an excess for the team, already loaded with fine players. However during the season a key young player was lost for the year with a serious injury. Now the new player who seemed an excess became vital to the team.

When the new player arrived in the present, it was in touch with circumstance of the future. In that way Life is alive and Conscious!

No Title

There has never been a moment of Coincidence in the history of the universe, and there never will be. Everything happens for a reason.

No Title

There would likely never have been a Cortez without a Trump.

Indian Mind

The mind of the Indian is open to the spiritual ranges, including Intuitions of knowledge that come without thought; as well as a native capacity that opens to the universal plane, enabling them to get at the Essence of things.

What Abuses You, You Abuse Elsewhere

If you feel you are being treated by others or by life unfairly, chances are you are doing something in relation to others or life in a similar or somewhat different way. Reversing one's negative propensity will cause life or others to stop bringing negative conditions to you. Eg-

-A woman complains about not having money, yet she does not adhere to cleanliness and orderliness. When she changes that behavior, life too reverses in her favor.

-A man complains he receives little work, yet he doesn't pay his credit card bills when required. When he does, work comes in abundance.

-A man complains that he is short on cash, yet realizes he's a cheapskate in relation to his friend. When he spends on her behalf, money rolls in equal to or exceeding the amount spent.

-A mother who constantly complains about things discovers that her daughter's involvement with a rich suitor who is also a good man has broken off. When she later keeps her mouth shut, the situation reverses; and a marriage is agreed upon.

-A man complained that he received poor service from his gardeners. Well it turns out he was prejudiced against immigrant workers. If he were to give that up, there would be no more problems with the work quality of the immigrant gardeners.

Super Grace

Devotees depend on their skills, deferring to Mother, in their efforts to accomplish. Grace comes as a result. When we give up our reliance on our skills and other native capacities, and rely on Mother alone, SUPER Grace is bestowed on us.

No Title

Time is subjective. A decade can be like a blink of an eye. A minute can last forever.

No Title

Life has an Intention, a Purpose for each of us. The question then is whether we recognize it, and whether we are willing to collaborate in its unfolding.

No Title

Shifting from faith in yourself - your skills, your capacities - to faith in Mother is yoga; ie engaging in the transformation process.

No Title

The West, including USA are increasingly taking to meditation and mindfulness, and seeing wonderful results. One question is will it stick? Another is will it spread? And will they go higher still and embrace something spiritually great, like the vision seer and sage Sri Aurobindo has laid out for the future of humanity - i.e. its spiritual evolution of life on earth, culminating in a Divine existence.

Accepting Given Conditions Attracts Elsewhere

Accepting a thing in full, even when it requires a change of plans will tend to quickly attract an important benefit from somewhere else.

An instructor was asked to work on a Monday by his agent. However his schedule seemed not to allow for it. The instructor then requested a later date from the agent, but he refused. The instructor then made certain adjustments, and then accepted the original date (Monday). Within two minutes an email arrived, letting him know about the progress of an upcoming big project, when he had heard nothing from this prospective client for over a month. Opening the door in one area comically attracts benefit in another.

Experience of Divine Consciousness

Q: What happens when the human consciousness is replaced by the Divine Consciousness?

Sri Aurobindo: One feels perpetual calm, perpetual strength, – one is aware of Infinity, lives not only in Infinity but in Eternity. One feels the immortality and does not care about the death of the body, and one has the consciousness of the One in all. Everything becomes the manifestation of the Brahman. For instance, as I look around the room I see everything as the Brahman – it is not thinking, it is a concrete experience, – even the wall, the book is Brahman. I see you not as X. but as a divine being in the Divine. It is a wonderful experience.

Indian Associates' Prosperity through the Force

Opening to the Force, to Mother before a sales presentation can increase results by ten times. We have seen examples of it countless times, among so many individuals - in sales, in business, et al - who became rich as a result.

We have witnessed so many Indian friends and associates who have taken this approach and risen to the pinnacles of success. While our American and even European friends over the years have fallen behind; have in essence fallen asleep.

No Title

It's almost always best not to interfere in the affairs of others, unless they ask your advice or involvement. Even then, proceed with caution, and insure that you have the facts and know what you are talking about.

We Evolve through a Contradictory Process

"The vehement rejection from life on the surface is indeed not so [i.e. not the way life normally progresses]. Rather it comes in Contradictory form, through something in us that is not receptive to the other side's position or status. When we manage to identify and reverse it, It embraces us in a magnificent and miraculous way." (paraphrase of SM)

I.e. we progress, evolve through contradictions with others - whether another party, a differing idea, etc. By changing our consciousness relative to that conflictive, differing position, we become more conscious, and thereby progress; evoking positive response along the way.

Thus behind every conflict, division, contradiction, harmony with other parties there lurks an Opportunity to raise ourselves - realized by taking to a higher consciousness relative to the adversary or adversarial idea. When we reverse ourselves and embrace that other position or otherwise learn a lesson from that unfolding, not only do we realize a higher harmony, but life responds and we are thrust into a higher status in life.

This is then how life normally works for our progress. It is Nature's Way: 'Prakriti' in Sanskrit. All isn't thrown at us at once negatively or positively. Instead it comes through a process that is realized through the resolution of dual pairs in contradiction and conflict, as the parties shift from division, ego, separateness to greater awareness and higher Harmony.

No Title

Greater than forgiveness is awareness of why one attracted negative circumstance in the first place.

Comment: (It helps avoid such problems in future.)

No Title

LIFE RESPONSE = THE SECRET++++++

Types of Life Response

We can put Life Response outcomes into various categories. Eg-

-Two parties appear/meet in the same space at the same time. (Space-Time Sync response)

- More information appears from out of nowhere on the subject or matter you were just thinking about (Interest-based Synchronicity)
- You negate a negative and life instantly brings you rewards, (Overcoming the Negative response)
- You take to a higher thought, attitude, value habit, decision, action, and Life Instantly responds in your favor (Instantaneous Miraculousness)
- A thing happens at the outset indicating the final outcomes (Predecessor response)
- As you are doing something, another person takes to the same thing, or unwittingly joys the group (Parallelism. Entanglement)
- You aspire for something, will it, organize it, and act on it and life brings the goals sought. (Process of Creation response; Complete Act)
- You open to the Force and the circumstance are quickly elevated, a problem solved, etc. (Grace and Super Grace)

No Title

People will get energized and commit to inner change, only to fall back on old habits. It shows that commitment to change requires great Self-Discipline and Sincerity of Intent.

Anticipating the Rains

Over-anticipation delays, reduces, or cancels.

Eg several times when an impending rain storm approached the California coast where there were drought conditions a man would carefully observe the weather pattern, anticipating its movement, instead of just letting them come as they may. As a result the rains would suddenly veer off in another direction, defying the earlier weather reports, leaving the land still parched and dry.

When we overly anticipate, expect, become too attached to a possibility, we send out energies that align with its negation. It's therefor best to offer the possibility of rain to the Divine and then forget about it. Rains - or for that matter any other real possibility that is presenting itself - will now tend to follow.

No Title

Often Negative conditions can create an intensity toward progress that the positive cannot achieve.

No Title

The necessity and purpose of the Negative is not appreciated in the unfolding of the Reality, the All; as it points to even greater positives.

Syncing with the Band

(narrated by C, a lifelong friend of mine)

"My friend D just went through an amazing experience that reflected as a Life Response.

D loves a band called L&F. They are from Russia and play songs by the band Chicago. This past weekend they began a tour in the US in Los Angeles.

Because he loves the band so much, and H likes them too, he paid for her ticket, as well as our daughter K's who lives in LA.

Once H was at her daughter K's apartment, D went to check in to his hotel. He LOVES this band and discovered that they were also at the hotel. In fact, the entire weekend, he had meals with them (all 11 members) and saw them in the lobby regularly!

But, there's more!

The day of the concert, D went to lunch with a friend. They traveled to a totally different part of LA to a Deli. Upon arriving, D went to the restroom where upon he met L, a band member!

And when D found his friend, they were seated next to the band, and D sat within inches of L!"

—

RP Comments:

Yes! A great deal of intention and enthusiasm on D's part set the stage for these synchronicities, responses from life. But I think what sealed the (cosmic) deal was D earlier paying for the others' ticket. Generosity attracts like that. There are surely several other reasons as well.

Generosity fulfilled his aspiration, and then some! ☺

Goddess

As you may know, in the early 1970s at Moe's books on Telegraph Avenue in Berkeley, California, a book fell on Garry and Leslie Jacobs that was written by Satprem on the life of Sri Aurobindo ('The Adventure of Consciousness'). It changed their lives forever, as they would travel to Pondicherry, India and eventually meet up with Sri Karmayogi. And consequentially it changed my life as well, as I would meet them a few years later, which began a lifetime of collaboration.

So here is another somewhat related tale:

One day around 10 years ago I went to that same bookstore (Mo's), and climbed the steps to the third floor. While browsing through books in the Spirituality section, I suddenly saw a woman ~10 yards away, also perusing books on the shelves. Immediately I saw that she was stunningly beautiful. She was in fact statuesque. And yet she also seemed somehow Unreal.

I was overwhelmingly attracted to her – but for several very different reasons. Her beauty was mesmerizing, but even more compelling still was that she did not seem quite human. It's hard to explain exactly why. She seemed like some goddess from the Mahabharata. A kind of three dimensional color statue come to life. A woman of overwhelming Presence.

To not seem too obvious, I then turned my attention back on the book I held in my hand. But then when I looked up a moment later, I noticed that she was gone. She seemed to have momentarily vanished.

And so I quickly got up and looked around the corner of the bookshelf, but alas she was not there. I then looked up and down the hallway. But it was completely empty. I gazed at the elevator, but the doors were closed. I looked down the stairs, but no one was there. She was nowhere in sight.

After desperately looking around in this state of mild panic and intense curiosity, I calmed down and sat back on the bench. I then recalled that she had earlier given me a soft look. Had sent some small recognition my way. But had she really? Or was it just my imagination? Finally, I looked around once more to see if by some chance she had returned, but found nothing. I was now resigned to the fact that she or it or something sublime had disappeared and was now gone from my life. Someone who in fact might not have been from this world.

What is Real

As you get older you increasingly wonder what was real, what came from a dream, and what was from one's imagination.

Normal vs Supramental View of Reality

In ordinary life one perceives reality in a very limited way, whereas steeped in spirit, in supramental perception, one sees, experiences multi-faceted, infinite existence, making one wonder if our earlier, normal perceptions were even real; whether they were an illusion, or an Ignorance of a very partial, limited consciousness of our earlier life.

A Life Response-Oriented Way of Living

"...What, however, if we were to discover a different way of living?

What if all of life -- including all of the objects and players around us -- looked much the same as they do now, but where the dynamics of existence were fundamentally different?

What if our perceptions of what was possible were to change?

What if our understanding of the relationship between cause and effect were to alter?

And what if our view of space and time were to shift to something decidedly different?

What if we could instantaneously change the course of life outside ourselves by simply making an adjustment in consciousness.

E.g., you overcome a virulent attitude toward another person, and 2-minutes later an unknown individual contacts you from half way around the world with news of a large business contract, or a huge financial windfall, or a phenomenal career opportunity.

Such incidents of "life response" occur all of the time, in endless variation, and in every field of life. All we have to do is open our eyes to see it..."

(From 'The Miraculous Phenomenon of LIFE RESPONSE' by Roy Posner)

Ask Yourself at Each Moment

In any situation stop and ask yourself: what is the right thing to do? what is the best attitude to have? what is the highest value? what is the greater truth? what is the best strategy? And then move forward along those lines. Life will quickly reward such efforts with good or great fortune.

Beyond Prime to Old Age Success

Normally one has a great success in one's "prime years", and then retires into old age. Greatness then is unexpected in those latter years. But what if one can have great results in one's prime, but then go on to have an even greater one in one's senior years. It is unexpected in normal life; but a common reality for those taking to the Spiritual Life where one continues to be guided with purpose from Higher Sources well into the future.

No Title

I want to be in the flow of the Now; nothing else. Not encumbered by past, nor future.

No Title

Do you seek knowledge that reaffirms what you already believe, or do you seek to discover alternate possibilities? The latter is a way out of our ignorance, and toward a more integral knowledge of Truth.

Reader: Both sir...former is soothing confirming that what we thought so far is right or it exists...latter gives thrill in knowing something new...

Response: What we already know may be true or false. Confirming the current knowledge behind one's belief; as well as seeking and discovering new knowledge moves us closer to Truth. And yes, when we move toward Truth, we experience wonder and joy.

Inner-Outer Correspondence

Why does life suddenly respond on the outside with good fortune when I change my inner condition? The answer is that there is no "inner" and "outer" to begin with. They are not two separate entities as we have come to believe, but are parts of the same continuous stream of existence. Though our senses tell us that there is a world outside us that is separate and apart from our own selves, from a deeper perspective there is no such division. And because we share this same contiguous reality, when I change the inner me, the outer -- which is really inseparable from myself -- instantly responds in kind. In other words, the inner and the outer are One.

(from 'The Miraculous Phenomenon of Life Response' by Roy Posner)

Instantaneous Global Connection

Change your consciousness to something higher on one side of the world - like shedding a negative attitude or embracing a meaningful value - and there is an instantaneous result coming to you from the other side of the world, though you have never associated with them in any way shape or form before. It is what science calls "Entanglement" theory, which we call "Life Response" or "Inner-Outer Correspondence" or "Instantaneous Miraculousness"

Future Affecting Its Past in Payment Incident

I think I had a life response where the future affected the past. It involves a payment from my agent M.

—

I hadn't received the way overdue hundred dollars I was hoping to receive from him for about a week. Then on my birthday (the 17th) I made the decision to contact him again about it. So I did the next day on the 18th. Then today when I looked at my bank account, I noted that there was \$100 payment in my account - made on the 16th! So it was kind of like the payment on the 16th had been influenced by events in the future on the 18th.

—

Is my decision to secure the payment attracted the earlier result; whereas there may not of been a result on the 16th if I hadn't committed on the 18th! I was following the principle that if you collect on overdue amounts, rather than letting them go, good fortune will follow.

—

I cannot prove that the future decision affected circumstance in the relative past, but it really did seem that way. And I think it also happened this way because I consecrated the issue.

—

Perhaps it was a form of what we call "past consecration." you offer up to the Spiritual Force a past negative's continuing influence on one's present, and life responds by bringing about conditions that cancel that negative effect on one's here and now

—

And here is perhaps the most important result. By getting paid on that last hundred dollars, it completes all monies due, which tends to attract the opening of positive conditions from life from this point forward. The fact that it happened in such a dramatic fashion is an indicator of such for the future.

—

And what's additionally strange is that when I went to look at my bank account before seeing the monies that came in from M, I thought my balance for this account would be around \$4K. Instead it was \$4500, meaning I had that much more funds! In fact, that's what made me look through my account in the first place, where I found M's payment!

—

So past, present, and future have a much more subtle relationship than a strictly linear view would indicate.

No Title

You may think you know the cause(s), but dig deeper and you will discover hidden truths that defy your initial analysis. Now you are on your way to the integral Truth of the matter.

Opening to Higher Consciousness on One's Birthday

"Let this day of your birth be for you an occasion to give yourself a little more, a little better to the Divine. Let your consecration be more total, your devotion more ardent, your aspiration more intense.

Open yourself to the New Light and walk with a joyful step on the path. Resolve on this day that it may be this and the day will not have passed in vain." (The Mother)

No Title

Keep aspiring for the Higher Worlds to descend into the lower.

General Characteristic of Life Response

First, the response from life was sudden -- or at least occurred very quickly in relative terms. (Timelessness replaces time)

Second, what came did so in large quantity or degree -- i.e. it was abundant. (Infinite replaces finite)

And third, the response unfolded in a way that defied normal views of what is possible -- i.e. it was subtle. (Non-mechanistic cause and effect)

(From 'The Miraculous Phenomenon of LIFE RESPONSE' by Roy Posner)

Dan Attracts the Recovery of The Book

There is a consciousness in all things, even the most material, which responds to conscious attention. – The Book

The Book had come to Dan and MAI for a purpose. With Its guidance, MAI team was progressing on multiple fronts against countless opposition. At one point of time, it appeared that The Book was lost during the federal officers' search at MAI office due to an act of adversary. Yet at that devastating moment, Dan did not react. Perhaps, the same kind of situation he faced several years before and the same kind of attitude he expressed on that moment! What followed was astonishing.

Dan then went for a walk the next day morning and he ended up in front of Moe's Book store at the early morning 7 am. And he had a thoughtful feeling about The Book as:

"...How much had happened in the past three years. How much his life had changed. How much richer, more meaningful it had become. Only now he realized the magnitude of that change. Only now he realized how different he felt than when he had walked into Moe's that Superbowl Sunday. The sense of disquiet was no longer there, the sense that something was missing. Nothing had been missing from his life the past three years. Every moment had been full, rich, challenging, satisfying. It was not just answers he had found. It was meaning. Not the meaning that comes from faith, but the meaning that comes from connection. For the first time in his life, he felt everything was connected, inside and outside, thoughts and feelings, aspirations and work. It all fit together as an integral whole. It moved forward as a single unit. Life became a little brighter and lighter every day. It evolved..."

The following day The Book had come back to him miraculously through Limpia. The incident could be explained in multiple ways.

- Life responded for the attitude of Non-Reaction Dan had practiced at that intense moment.
- As everything responds to attention, his conscious attention to The Book all these years made the life to respond.
- And there is another way to explain. The Book that was lost on the surface on that day was real. The next day Dan had a thoughtful feeling of Gratitude about The Book. Perhaps, that moment of Gratitude had brought him and Limpia in an alignment of space and time. As such she protected The Book out of Gratitude and Goodwill on that day (in the past) which made The Book to miraculously re appear on his desk, the day after. (in the future). As such all the Reality was One and Interconnected, but it appeared as separate events for the surface mind, indeed they are not so.

(Based on 'The Book' by Garry Jacobs from chapters 101-103)

(Senthil Murugan)

In addition, Dan had evolved and learned from The Book and its laws through life experience, and so now had the Supramental view of conditions just before entering Moe's. That ultimately expansive, positive, and integral view opened the world, and so the book returned. (Roy Posner)

No Title

The only thing I want of Her is to be in touch with what She wants of me.

Inner Values as Ultimate Basis of Marketing

[In a video presented by a woman in front of an audience, she advocated not just smart advertising for companies, but to believe in doing the right thing, believing in care and well-being of the animals in raising them for food. Here is my response.]

What the producer of the food values in their hearts will increasingly determine their success in future. Life will respond with positive outcomes to such positive deep-seated social values they subscribe to that are in sync with same emerging social values of the consumer. Such businesses will truly thrive, be great when they lead a Social Movement.

Like Elon Musk championing electric cars at Tesla. Like easy to use computers and smartphones advocated and built by Steve Jobs at Apple. By the founders' values of nutritional, pure foods of Whole Foods grocery chain, etc.

The pioneer makes the public aware. The pioneer also seeks to know the emerging values of the society; what the emerging interests of the "You" is (in the video), which is really the "Us." I.e. from the consumers end we too - the producers - need to be increasingly socially conscious.

Supramental Precision and Timing

In supramental consciousness everything happens exactly when it should; things dovetail precisely down to the second with other matters, to your under amazement.

No Title

Have been experiencing 10+ Synchronicities per day. And it continues to accelerate. A part of myself seem to be becoming some future-type individual in terms of life-evocation capacity.

T No Title

Things that you have negative emotions about are usually the qualities that when overcome quickly lead to great happiness and success.

Forgetting Ticking Sound from Tire

Over the years we have seen that forgetting about a current problem is often the best way to attract its resolution.

A man heard a ticking sound from his car. He realized that something was stuck on one of his tires. However he was unable to see where since most of the wheel was blocked from view. He then forgot about the matter.

A couple hours later he returned to his car and immediately saw the cause of the problem, as some sticky tape could be seen dangling from one of the tires. He then removed it, and the ticking sound was gone; the problem was solved!

Silence, Calling; Consecration

Silence and calling (divine) is powerful in all aspects. Consecration is very important before doing any act. (Sundari Shankar)

--

Comment: Very fine remark. Examples:

Today I walked along beach bluff, and instead of wandering thoughts, and emotional bother I went to stillness and called o Mother. It worked, and all turned clear. This follows your first statement; of method for any ongoing aspect of the day.

On the other hand, if you consecrate a difficult work, a short while later it tends to start going much smoother than expected. This is an example of your second statement.

'Head-Voice' © System

[a note sent to my technical friend in Silicon Valley]

Dear S,

Imagine a person is walking down the street, and is suddenly angry or fearful. Immediately the signal processor attached to his head picks up the vibration of fear from the brain (Neuroscience has identified this), in this case Fear. Now suddenly he hears a voice in his head or surrounding it saying "Life Responds to Psychological Strength. etc." It connects through GPS and expert system in cloud that sends the right message based on the problem. The user takes this advice, and suddenly attracts a great positive benefit (eg getting the loan) that negates his fear. It's a Life response.

Is this doable? In 10 years? In 5? ☺ -Roy

No Title

You exist here on earth so that your Evolving Soul within can learn from your experiences. When it cannot learn any more, it withdraws, and so does the physical body. The Psychic Being now rests in the Subtle realms, or prepares to and then enters a new body, for new experiences, in its quest for Cosmic Knowledge and Wherewithal.

No Title

Best not to take someone where they are incapable of going. It would be unfair to them and their lives.

No Title

... if you are forever thinking of the next thing you have to do, it's horrible. If you do the thing as it comes, without thinking of anything else, it's very good.... That nasty habit of thinking, always thinking – very bad. (The Mother, from Agenda, October 15, 1966)

No Title

Most bacterial illness is facilitated by human fear.

Comment: It's true with all aspects of life. I.e. Fear attracts the object of fear.

Evoking Life Response for the Collective and Becoming Universal Beings

In the context of a team, of the organization, practicing life response-inducing methods like "Non-Reaction" becomes really dynamic. Now the person is not just becoming a significant Individual within his own existence, but a Universal being in influence. That's what Sri Aurobindo sees us becoming.

Eg a manager does not react with emotions in a negative situation, in a critical situation. Now life responds, attracting a contract for the entire organization that was seemingly lost. He does this through non-reaction, but it can also happen by shifting out of a negative attitude, taking another's point of view, offering the matter up to the spirit (consecration), etc.

He becomes not only a true Individual through this situation, but a universal one, affecting the collective.

No Title

Appearance of "11:11" on clock or otherwise when you view it indicates right action, right consciousness, or similar on one's part. It is a mathematical, time-oriented indicator of synchronicity of life.

No Title

When the Ego of the speaker, and the Ego of the listener is abolished, Man unites with Man in Material Space - MSS.

Reader: Thanks Roy. MSS research is a Legendary Encyclopedia.

Response: In essence, Harmony and Oneness replace division of the parties created by ego-sense.

Power of Weighing All Sides in Decision Making

It is said that Shakespeare's Hamlet suffered from self-doubt (about seeking vengeance for the murder of his father) and therefore succumbed to events. Rather he was gripped by "conscience"; by the ability to weigh various truths before making a decision. In that sense he became the first true individual at the mental plane. All Europe then followed his form of scientific-like inquiry.

We can learn by his capacity to consider all sides of a matter, and then make an integrally true decision that has ultimate positive attracting power and impact.

Comment: We see something similar 2000 years earlier in Aeschylus' Oresteian Trilogy when Athena steps in to establish justice rather than the vengeance of the Furies in the cosmic trial against the children who murdered their mother for murdering their father who was king of the Greeks.

No Title

Spiritual individuals increasingly embrace the things that come their way, while decreasingly focusing on things wished for.

Comment: It is Life, the Mother coming to that person; whereas what one wants is in large part egoistic desire. The former almost always ends in success, as it has Life, the Divine's sanction; whereas the latter fails as much as it succeeds, or worse.

No Title

If I could shout to the world that Consecration works, I would, but I would prefer to remain silent and continue discovering the silence within. (Dorothy Davis)

No Title

"...In all Spiritual Life, whatever that goal might be, the first essential thing is to Go Within. Without going inside, without being conscious inside, without changing inside, there is no progress of Life because Life evolves by Consciousness..."

(paraphrase of Garry Jacobs from The Life Divine Lectures)

No Title

When you open to Mother, you are opening to the Supramental Power, which evokes the best conditions, enabling progress and transformation, on the way to establishing Supramental individuals, culminating in a Divine Life on Earth.

Sale's Manager's Commitment to Truthfulness

A sales manager contacted a personal mentor about the fact that sales had stagnated for his group over the last several years. In the dialogue, the mentor noticed that the client had mentioned his lack of honesty in his managerial position. The conversation went deeper as they now saw a link between the stagnant sales of his sales group and his insincerity and lack of truthfulness. Then in the conversation, the manager made a COMMITMENT to be more forthcoming with his staff. The following took place during and after these conversations over the course of several days:

--As soon as the manager sent the first contact email to the mentor, he received favorable response from his team on a deal that they were currently pursuing. The manager made a conscious effort in his email to the mentor to be as honest as possible with him. The email from his team came right after he sent the mentor the original email summarizing his challenges.

--After reading the mentor's response, the manager decided to address an issue with salary changes for some members. He had been postponing this task for a while. He texted these members and apologized. He then worked on salary adjustments to his boss, and a separate inquiry to HR confirming several items. When he then opened his Inbox, the first email was from a team member stating that one of their clients requested they start a project right away and that they needed to provide them with initiating papers. This was totally unexpected.

--The manager had been working with his past personal training studio (outside of work) to resolve a billing question he had. The owner of this personal studio did not provide him the details he was looking for. The manager would email her every week without any progress. He was starting to get frustrated. Then the day of the main exchange with the mentor, she sent an email mentioning that she will provide all the details (without any email reminders from the manager).

Before, during, and after these experiences the manager acknowledge his lack of honesty during sales and delivery situations. He mentioned that he didn't feel good while lying, and too often rationalized these events as something he needed to do for being part of a competitive business, thereby blaming it all on circumstances.

He acknowledges his lack the courage and psychological fortitude to be completely honest. As a result of contacting the mentor, he began the process of revealing his dishonesty, and his commitment and determination to overcome it. As a result, the first series of life response miracles ensued!

No Title

Life is conscious. It is constantly responding to our positive and negative behaviors and beliefs.

No Title

There is great pleasure in seeing people you know rise in Consciousness.

Progressive Change of the AI Program in 'The Book'

We see a steady, yet dynamic phenomenon occurring in Garry Jacobs' epic, mystical novel about an AI software company that offers the deepest wisdom in the world to solve any problem on earth:

It is that each time they experience a profound new life principle through their own dramatic circumstance, they incorporate that wisdom into their AI-based decision-making software. In that way they are growing in consciousness in parallel with the growth of their expert system software that can solve most of the world's problems

We can apply this same principle in our own life. Namely, that each time we have experiences that lead to a particular growth in consciousness on our part, we can then incorporate it into our own life plan for improvement.

Making the Right Choice from Spectrum of Choices

"...In any given moment, there is a spectrum of choices before us. When we perceive them and then consciously choose in the right direction, the conditions of life quickly turn in our favor. On the other hand, if we fail to choose rightly, then life remains in stasis, or falls back. It is thus in those precious moments when all the world waits on our choice that determines whether or not we will invoke the miraculous.

There is also one other point to consider. Not only can we evoke life response by understanding the current conditions and choosing correctly, but we can do so at any moment in time, "on demand." In this way, life response can become our never-ending reality..."

(From, 'The Miraculous Phenomenon of LIFE RESPONSE' by Roy Posner)

On Fear and Overcoming Diseases

Some of the diseases which are considered most dangerous are the easiest to cure; some that are considered as of very little importance can offer the most obstinate resistance.

Nine-tenths of the danger in an illness comes from fear. Fear can give you the apparent symptoms of an illness; and it can give you the illness too,— its effects can go so far as that.

Whatever the character of the experience you have, you must give no room to fear; you must keep an unshaken confidence and feel that whatever happens is the thing that had to happen. Once you have chosen the path, you must boldly accept all the consequences of your choice. But if you choose and then draw back and choose again and again draw back, always wavering, always doubting, always fearful, you create a disharmony in your being, which not only retards your progress, but can be the origin of all kinds of disturbance in the mind and vital being and discomfort and disease in the body.

- The Mother

Meaning of the Moniker of 'The Book'

'The Book - the spiritual individual in quest of the living organization' This is the title, the moniker. But what does it mean?

"The Book" - It is the deep, spirit-based wisdom in the form of a book that is the basis of the company's software that is increasingly capable of solving any social problem on earth.

"The Spiritual Individual" - It is the highly individualistic leader of the team who is steadily becoming more deeply conscious, by understanding and applying the spiritual-based wisdom of The Book.

"The Living Organization" - It is the company firing on all cylinders, suffused with values, in harmony with its surroundings, producing results of absolute perfection.

Now we can perhaps better understand the moniker for the novel "'The Book - the spiritual individual in quest of the living organization" I.e. the leader is becoming an evolved spiritual individual by going through the process of making his organization integrally perfect.

Great Literature Gives Insights into Character of Life

"...the great literature of any country and culture not only entertains us; It gives us insights into human nature, into how people act, into why we are the way we are. It also shows us the true nature of, the Character of Life..."

(paraphrase of Garry Jacobs from Savitri lectures)

Openness in a Crucial Moment

In a key moment in history, in a decisive moment in one's life, at any crucial point in time if that individual(s) remains open-minded, attuned to possibilities presenting, then a significant or great outcome and progress can quickly come about. It will be an evolutionary moment. If however that individual(s) is closed-minded relative to circumstance, is prejudiced in belief, then it will be an opportunity missed, or even worse, a trouble increased; even a slide into oblivion.

No Title

What we think is the truth and what actually is are two different matters. Therefore we should be sure to confirm the facts, rather than be ensconced in our delusions.

Ghosting

Ghosting is the act of disappearing from a friend, associate, boss, or loved one because you no longer want to associate with them, but do so quietly, almost seeming to have vanished. Hence the moniker "ghosting."

Unfriending in Facebook, quitting a job without informing one's boss are examples. The morality of it is covered in heated discussions. Is it an act of liberation or one of callousness are several of the boundaries of discussion? Each of us have our stories; on both sides of the coin. It is rich material for discussing human nature and hence growth in consciousness.

Long-Time Response to Brave Childhood Gesture

A goodwill gesture from long ago can come back as a positive life response many years later; often being of great consequence

Eg one day in the 1950s a very young boy stopped a bully from continuing to pounce on a friend in the back of a school bus. Years later the parents of the pounced-on boy would come to offer the now adult young man a job that would lead to a vast opening in his career; indeed an enormous change and focus in his entire life!

It was a life response to the young boy's act of bravery many years before when he was compelled to come to the aid of a boyhood friend in distress.

No Title

Not reacting with emotion to an outer negative intensity is the surest ways to neutralize it or change it into good fortune. Reacting only intensifies it.

Nature of Synchronicity

Synchronicities have a variety of behaviors. One is that when a subject or matter is focused on, it awakes corresponding formerly dormant participants into your purview from seemingly out of nowhere.

Eg two individuals start planning on partaking in the publication of a book in printed format. Suddenly people related to the project closely or distantly start communicating with the two, though they have no knowledge of the two individuals' actions. In fact, their interactions may have been dormant for weeks, months, or years on end - till this moment in time. These other people's reactions have become synchronous in space and time, through common vibration that attracts them to the originating parties.

Kali & Mahakali

After going through Mother's comments in Mother's Agenda on the subject of Kali, I came up with the following understanding:

--There is Kali a universal power/God who wants to strike out hard when it perceives ignorance and absence of other right attributes in the world. Mother often has experienced Kali's intense desire to act in these circumstances, and yet often wants to calm her down so that a more peaceful approach can take shape.

--There is also Mother's MahaKali nature (of Her four aspects) which is Her warrior nature, Her forcefulness, and absolute determination, will to do what is necessary, etc.; that is in tune with the Divine Intention.

--There are also sub-Kali's warriors of the original Kali God, who act beyond and in the world.

--Plus there are Kali aspects that rise in our individual selves, mainly as vital entities that want to act, strike, etc. based on want, desire, emotion etc; which is generally false and dark.

--Then there are groups of individuals who worship various aspects of Kali, in temples and elsewhere, on holidays and in festivals, for better or worse.

No Title

This moment in time we are now experiencing has never existed in the history of the universe, and so we are prospective pioneers of the evolution of life on earth.

Ultimate Team Players Who Attract Great Results for the Collective

Let's say you are on a team - whether in sports or on a project or elsewhere, and you want to know the best way to contribute to its success.

Well of course one can contribute through one's skill, capacity, knowledge, effort, etc. It will certainly help the team/group move forward and succeed. But how can you attract circumstance that has a dramatic impact on the ENTIRE GROUP?

One approach is to examine one's own Limitations - whether physical, emotional, psychological, or mental - relative to the activity, and try to overcome it. As a result, life is bound to respond not only for your own personal betterment, but for the collective team or group as well.

There are many strategies of this sort that can attract benefit for the collective one is part of. Most relate to shedding negative attitudes and embracing positive ones; as well as taking to higher personal and work values. Eg you shift from blaming other team members or the coach or outside forces such as the media, and instead take personal responsibility for circumstance. Doing so will evoke a response from life for everyone involved.

For example, one athlete played little on the professional sports team he was on because a series of serious injuries had reduced his effectiveness. However, he never complained about his situation, maintained a very positive attitude, and did everything he could to improve his physical rehabilitation and conditioning. As a result, through unexpected, serendipitous circumstance, he was suddenly was catapulted to first. Then the team would go on to win a championship!

We have this universal power at our disposal to attract good fortune for the Collective entity we are part of. By shifting our orientation from the outer problems we encounter on the team or group to an inner psychological orientation to the positive, we release energies that move out and align with the very best outcomes for the Collective we are part of.

As a result we become Ultimate Team Players in the field of life.

Starling Mysteries, Synchronicities Surrounding an Actor's Nomination

A well-known American actor has finally been nominated for an award for acting by his peers. Moreover, in an interview recently he revealed that his family only a few weeks back had suffered a great catastrophe as the California fires in the South had overtaken his home and burned it to the ground.

Interestingly it was this very actor who was the voice of Smokey the Bear; the national mascot advertisement that has run for over 75 years to prevent forest fires in the national parks and elsewhere. Moreover, on the very day the actor was born in the 1940s, the Smokey the Bear campaign first began!

Who can make up such "coincidences?!?" Is life really random, as some believe, and this man simply fell into one of its traps? Or is Life CONSCIOUS; and so these startling associations are really synchronous and filled with meaning.

Here we have a man who was the victim of the very thing he advocated and was a spokesman for - fire prevention. And its representation, Smokey the Bear, had its origins on the day of this actor's birth. And to top it off, this has come about just as he is about to be nominated for the highest acting honor of his profession; in view of billions of tv viewers around the world!

From these and countless other experiences of others and ourselves, we can begin to clearly perceive that Life is conscious, that it has a character, and therefore unfolds in synchronous ways filled with meaning, - if only we look beyond the surface.

No Title

Life is repeatedly testing us on a weak point in our nature. Those who measure up to that test, quickly advance in their lives. Those who don't will have to relive the challenge and experience.

Writers' Subconscious Knowledge of Life's Character

"... Every writer has within him or her, to a greater or lesser degree, a subconscious knowledge of the workings of life. Therefore, when that author portrays a scene through the expressions of one of more characters, there is an instinctual sense of how life really operates under those conditions. It is not that they have a knowledge of the phenomenon of life response per se, but a sense of how life flows and what scenes, events, and outcomes would naturally arise from their predecessors.

The greater the artist -- e.g. a William Shakespeare, Alexandre Dumas, or Jane Austin -- the more they capture the subtle nuances of life, and hence are more likely to express life response incidents in their stories..."

(From 'The Miraculous Phenomenon of LIFE RESPONSE' by Roy Posner)

No Title

The serious devotee is continually being put in the position of having to turn impossibilities into possibilities. Stillness and consecration make it happen.

No Title

It is a truth of life that Nature works on many fronts simultaneously -- whether individuals or collectives, or both. It is the way Nature overcomes past limitations en masse, on its way towards greater progress and evolution.

Comment: Thank you Sir.

Perhaps deep behind there is a cosmic intention which builds the Reality through such events, individuals and so forth and one may be able to perceive them by Becoming of That.

It is an adventure of consciousness as how Life compels and guides them through towards that Reality. Such theme can be found in great literature and films.

Sea Biscuit is one such great film, where the characters Red, Howard, Smith and the horse Sea Biscuit from out of nowhere, united together and through that process overcame their painful past and accomplished in Life.

Response: Yes, Seabiscuit is a great example, as several individuals, and even several vast collectives simultaneously benefited from a common challenge and ordeal successfully navigated.

And yes the Divine sanctions Nature's (Prakriti's) way, even though it Knows even better ways to achieve great success, that are devoid of struggle and pain. When we are in touch with the Reality we can follow this Sunlit Path of opening to the Divine Force (the Mother) to rapidly move things forward, instead of waiting on Nature's slow and difficult path.

Using "Grateful" Instead of "Thanks"

It is said that using the term "grateful" is far more powerful than "thanks" or "thank you" or even "my pleasure." E.g. -

Instead of saying, "Thanks for staying late to get that done," say you're grateful -- and say why. Say, "I am so grateful you volunteered to stay late yesterday. You saved me from having to call the customer to say we were going to miss the deadline." (Jeff Haden)

Such use of Gratitude not only expresses one's heartfelt and sincere feelings about the matter, but also has Life Response power to evoke sudden good fortune from out of nowhere. Over the years we have witnessed many examples!

Misreading Woman in Booth

So many times do we misread the physical actions of others (let alone the emotional, psychological, and mental).

A man was sitting in a restaurant booth by himself. An attractive older woman sat in the next booth, facing him. Suddenly she got up and sat on the other side of the booth, with her back to the man. The man thought she switched seats so not to be bothered by him.

And yet now she was facing another man in a third booth! The woman then got up and switched back to her original seat; and so the first man assumed she didn't want to be bothered by the third man.

However a few seconds later, the woman's female friend joined her and sat opposite her in the booth. A few seconds later the first woman said "I was going back and forth trying to see which was the best seat to keep the sun out of my eyes."

The first man stunned by the development, as he had completely misread the situation!

This is a very common dynamic in life. That is why patience and being non-judgmental are such great harbingers of the truth. And why a still mind attracts intuitions of truth into the mind without thought. And also why orienting your life to a deeper poise within makes you more aware of what is truly happening on the surface.

No Title

Silence concentrates the energies, attracting success.

Comment: Silence in thought, in speech, even in action.

No Title

At each key moment think about and do what the right thing is. Life will quickly reward you in return.

No Title

Often when you accept taking on a significant work that is very challenging, even overwhelming, you tend to attract future ease in this or other areas, even before you undertake the original activity. It turns out that just making that brave decision has that life response-easing effect.

Valuing Continuous Improvement

Periodically ask yourself this: is there a way I can improve my environment, myself, or any other aspect of my life? After all, there is always scope for Continuous Improvement; one of the highest of human values. You may be utterly surprised by what you come up with!

A man was observing his friend struggle with emptying the water from a defective washing machine. This went on for weeks. He then asked her if this activity could somehow be improved. Indeed she suddenly understood a better method for draining the water. It seemed to have eliminated 75% of the effort involved.

Just the effort to come up with improvement had attracted a successful solution into her mind. We can follow that same approach, over time establishing Continuous Improvement as a personal value we deeply cherish.

No Title

Making a determined effort and solving a pesky problem in one area of your life tends to be an unexpected solution in another.

Improvement Attracts Work for Instructor

Making an extra in an area long neglected tends to attract work for that item instantaneous to working on it, though you have not heard from the responder in months on that subject!

A trainer put in extra time on a software program he taught others by upgrading it to the new version. It took ~ an hour. At the very instant he completed it, his agent contacted him for work on that topic, though he had not heard from or communicated with the agent for months on anything related to that subject matter.

We see the life response evoking powers of giving things greater Attention, as well as Continuous Improvement in action.

No Title

As we eliminate our negative propensities in relation to our romantic partner, as we cherish the good qualities and not react to the negative ones, as we aspire for ever-increasing intensity and complementarity with another, we not only grow as a person, but we enter the realm of the spirit – of harmony and unity.

Social Stigmas in Relationships

True love transcends social position, class, religion, wealth, race, and any other external factor. Love is eternal in the heart and soul of one individual that links with the heart and soul of another.

Four Quadrants Approach Explains Unexpected Latter Success

Often a person's focused intention and aspirations for something to come about gets fulfilled, beyond all expectations, in the near or distant future, long after he has forgotten about the matter!

—

We can see an example of this dynamic utilizing Karmayogi's 4-quadrant system of predicting success.

In one instance we can see how the inner intention was there and positive (quadrant 2), but the outer was not, as it was somewhat negative. As a result, according to the rule of that quadrant, the result did not occur short term. But longer term it could occur, and in this instance did occur because not only did the inner intention still maintain itself,

This occurred with an aspiration of mine ten years ago for Microsoft Project to join the Microsoft Office set of apps. I mentioned that the masses would use it, whereas now it is only being used by a limited set of individuals. This was thus a positive inner, i.e. of my aspiration.

However, the Microsoft leader countered that by keeping it the way it was, they were making huge sums of money off the exorbitant price of the app. He brazenly admitted so! Obviously this was negative.

Since the outer was negative back then, the inner aspiration that was positive was not enough to make his aspiration come about; and it failed to materialize.

However, years later Microsoft has reversed itself, and is now taking up what the devotee aspired for. So now Project will enter the Office 365 domain, and likely be a boon to all people in the world using software to track projects.

In Quadrant 2 the inner is positive, but the outer is negative, so the possibility fails in the short run, since the outer determines immediate success or failure. It can however succeed in the long run, since the inner aspiration maintains itself. In this case the aspiration persisted and Microsoft took it up.

—

4 Quadrants:

Quadrant I is (+,+) meaning all the inner urges and outer factors are positive. Result: Unfailing success

Quadrant II is (+, -) the inner is positive and the outer is negative. Result: Difficult to begin but will end in a success.

The III is (-, -) a quadrant where both are negative. Result: Cannot begin, but if begun will fail.

The IV is (-, +) the inner is negative and the outer is positive. Result: Make a good start but end in a failure

... of all factors, mental arrogance is the most unfavorable to the action of the divine Grace.
(Mother, from Agenda, November 19, 1966)

Comment: Yes, constant feelings and expressions of Gratitude towards a wide variety of things that come into our life releases great joy and happiness in our being.

No Title

The truly happiest of people are those who are most Self-Giving.

No Title

Constant feelings and expressions of Gratitude towards a wide variety of things that come into our life releases great joy and happiness in our being.

No Title

When an Opportunity comes your way, Consecrate it in order to know how to proceed.
The response from life will be the indicator.

No Title

Truth is not merely our very limited perspective of things, but what truly is, and what is actually unfolding in life. Aspiring to know the many-sided, integral Truth of things is thus a universal value and ideal that is spiritual in nature.

February 21

Our divine Mother came to us on this day, and continues to direct our lives, offering Her Supramental Force, from behind the veil.

No Title

Our small, petty interests that fill up our day can be exchanged for deeper and wider possibilities.

No Title

You garner great inner power when you perceive the ridiculous behavior or the ignorant beliefs of another, and rather than call them out, you remain absolutely detached and silent.

No Title

Mother does not seek ordinary people. She wants extraordinary individuals who Aspire for something greater, deeper, even Evolutionarily in intent.

Valuing Fairness

Belief in fairness is a value of the Soul. It emerges in the individual and society. It is the opposite of selfishness which is of the physical, and is an expression of the Spirit.

No Title

Silence can be thought to be absence of-
Thought
Speech

Intention
Initiative
Action
Movement

Favorite Selling Technique

At one time, my favorite selling experience was to put the goods or wares before the customer, focus in the depths within, and never say a word!

Minimally, we can wait for them to speak first. It is a form of Silence and Silent Will; which tends to attract.

Approaching the Supreme through Truth and Other Spiritual Attributes

Truth is a living, changing thing, which expresses itself every second and is ONE way of approaching the Supreme. Everyone has his own way of approaching the Supreme. There may be some who can approach Him from every side at the same time, but there are those who approach through Love, those who approach through Power, those who approach through Consciousness, and those who approach through Truth. And each of these aspects is as absolute, imperative and indefinable as the supreme Lord himself is. The supreme Lord is absolute, imperative and indefinable, ungraspable in his entirety, and his attributes have that same quality.

(the Mother, from Agenda, December 24, 1966)

Comment: Aspiring for the full, integral Truth in any situation, condition, knowledge, etc. gets one to the Essence of Reality, which is a great thing, giving one great inner power; all in all a primary quality of Spirit..

Opposite of this is incomplete/part knowledge, ignorance, misunderstanding, falsehood, deception, distortion, lies, indifference, powerlessness, etc.

No Title

The greater the impossibility, the greater the inevitability. (Sri Aurobindo)

Comment: It means that the greater the opposition to one's work or to an opportunity, the more likely for it to come about, to be fulfilled. The opposition overcome releases a tremendous energy for the fulfilment of one's original aspiration.

No Title

What comes to us from Life is what we need for the next stage of our progress and evolution.

No Title

Things will keep coming back to us, repeating, until we change that limiting aspect of our nature. It is thus for the sake of our growth that life repeats with the same or similar challenges.

No Title

Life has come to us with challenges now - either to make us understand the limitations of our being in the past, or to prepare us for what is seeking to be born in the future.

No Title

We are trained to blame others, to point out others' flaws, while leaving our own Ego intact.

No Title

Our Aspiration for improvement in life is the Divine's Will in us; the Supreme's power to make anything aspired for real.

No Title

The world is increasingly becoming more conscious because the Supramental power is increasingly spreading throughout the globe.

No Title

the dark events in the world are a sure sign of the intensity of the unprecedented positive to follow.

No Title

Humanity has made more inner and outer progress in the last 100 years than the previous 1000 or 2000. And in the last 10-20 years there has been more progress than the previous 100. It shows that the Force behind is accelerating in the world.

Hippy Values, Silicon Valley, and India

The Hippies gave birth to the vast reach of Silicon Valley, which has spread to India and around the world. Hippy values - eg then hippy Steve Jobs attending Homebrew Club with other tech-oriented hippies - created the most powerful vibration in society over the last 30 years.

It's also interesting to note that many hippy values came from India and its profound teachings. And so we see that what goes around comes around!

India > Hippy Values > Silicon Valley > India!

Indians, Americans, and the rest have little knowledge of these relationships, as they are fully absorbed, engrossed in the technology.

It is another powerful reminder that Deep Values change the world.

(photo is of Homebrew Computer Club in Silicon Valley in late 1970s)

'Halt and Catch Fire'

This is one of my very favorite tv series of recent years. It is the story of how the computer and internet revolution came to be, yet completely fictionalized, with overtones of contemporary times. It is hypnotic and educational. Filled with business, societal, and life lessons.

My own instructor and consulting career in and around San Francisco/Silicon Valley dovetailed with much of these times.

(4 seasons available on Netflix and elsewhere. Here is a 10-minute overview.)

Comment; The HACF series is raw life experience, untempered by the profound wisdom underlying The Book.

No Title

While the Ego hungers, the spiritually receptive part of the being lies dormant, unengaged.

No Title

In Mother it is a continuous Adventure in Consciousness.

Inner Factors that Attract Business Success From Out of Nowhere

- Shifting out of a negative attitude or false belief
- Seeking the full Truth of a matter
- Sincerely applying personal and business values at all levels of the organization

- Improving the cleanliness, orderliness, and systemization of the business
- Practicing non-wastage at all levels
- Practicing silence in thought and speech
- Having an intense Aspiration for improvement
- Observing opportunities coming in and fully responding to them
- Making a decision and commitment for something to happen
- Opening to the Spirit (consecration)
- Creating greater harmony in the organization
- Greater coordination, cooperation, and collaboration
- Shifting from blame to taking responsibility
- Shifting from complaint to gratitude
- Shifting from self-need to the aspirations of the company
- Embracing in full what life is asking one to do; accepting the givens
- Greater degrees of punctuality, timeliness, and reliability
- Positive, optimistic attitude. Faith in success.
- Valuing others as much as one's self
- Deeply valuing customers and employees
- Breaking habits, and doing things fresh, and doing fresh things
- Being calm and not reacting to the intensities of others
- Taking to other party's point of view, instead of insisting on one's own
- Keeping focused on one's mission, goals, and values
- Keep accounts up to date. Pay due bills. Collect all due funds. Avoid wasting money.

No Title

From one perspective, giving extra attention to negative circumstance energizes, exacerbates it.

Similarities Between Roy Posner's 'The Journey' and 'The Book' by Garry Jacobs

(by Senthil Murugan)

[The Journey by Roy Posner is a short novella about a man's involvement in the development of a computer system that is able to evoke "Life Response," i.e. sudden good fortune for the person using it. The Book is an epic, mystical novel by Garry Jacobs about a team of engineers who develop a software program that is capable of solving nearly any problem on earth.]

I read the story 'The Journey' again. As you have said, indeed it is similar to 'The Book'. In fact it came as a sign, a predecessor, as you have written the story in the 90s while Garry Sir has written a much more detailed version, The Book, ~2008. I found many parallels between The Journey and The Book including:

- the touch of revolutionary spirit in the beginning of both stories. (Acropolis in The Journey vs Garry Sir's several experiences as indicated in The Book.)
- cosmic connections of characters across the globe meeting and working for a common purpose
- mysterious events throughout the stories
- events of synchronicity, coincidence in the stories
- similar start of the story as subconscious quest of one character in The Journey, and the four members of the team in The Book
- the stories also end in similar fashion (though different context), where Dan in The Book starts to think that he knew something, and in The Journey the man starts to think about the possibility of New Dawn on earth. (Also, interestingly both events occur after in conversation with female characters Kristy (The Book) & Liddy (The Journey)!

- similar breakthrough experience between Anya's reversal of her professor in The Book and the man's reversal about Jason in The Journey
- in both works, there are subtle insights of The Mother, Sri Aurobindo, and Sri Appa, but expressed in different context. (Garry Sir also explained in his speech about The Book that he wrote the novel for Westerners to aid them in business and accomplishment, etc, and yet it contained everything of The Life's Divine and Sri Appa's principles.)
- and many others.
- I think both books are not easy to take up, unless one has an inner quest and interest. Though The Journey is much smaller book, the quality of the English is very rich, and the way it was written with a mystery unfolding behind the scene, requires interest and patience.
- as it is the time for The Book to become popular, perhaps it is the time for The Journey as well.

(Roy Posner adds)

- both the man in The Journey and the team in The Book are on an Adventure; a hallmark of which is not to know what is coming next; which is in essence the "Adventure of Life".
- use of artificial intelligence in Excalibur in The Journey and the expert system-based AI in versions of the software in The Book are similar. The former had the capacity to evoke life response, and the latter could solve most any problem on earth.
- Both books are full of synchronicity power. When we take an interest in them in various ways, life responds for that individual with startling "coincidences" and synchronicities. The works have that power to effect Life, for Life to respond.

(SM)

- the Journey and The Book carries such Consciousness, it evokes powerful response when one tries to identify with it.

download free pdf of The Journey here:

<http://royposner.weebly.com/.../2/7/1/0/271003.../thejourney.pdf>

download free pdf of The Book here:

http://www.karmayogi.net/books/gj/The_Book.pdf

Internet's Accelerating Information and Human Progress

Internet is liberating us by providing ever-accelerating, infinite-like amounts of information; bringing all problems of the world into the bright light of day. Thus nothing and no one can be ignored. This will help further human progress, evolution as limitations in society are made that much clearer so they can more readily be addressed and eventually solved.

30,000 Years

The Mother says Sri Aurobindo's teachings - of a future supramental, divine life and existence - are 30,000 years ahead of the times; in terms of understanding and realization. And yet because of the Supramental Force's accelerating descent and power into the earth's atmosphere, that divine existence can happen much more quickly; perhaps in 300 years; or even less.

The first stage required is to expand our minds and begin to understand His infinitely profound spiritual teachings. Not one in a million on earth comprehends it, and even 99% of followers of Hindu thought misunderstand or misinterpret His futuristic spirituality, as they lean on the Indian tradition and cannot go any further. And yet the founders of Mother's Service Society (MSS) have made groundbreaking strides in bringing to light the Master's unprecedented spiritual view of a Divine Life on earth.

Thus the time is ripe now for those with great Aspiration and Sincerity to be pioneers of that emerging knowledge; while practically applying it in the details of their lives - so that 30,000 years of advancement can begin to take shape in a matter of decades; or even less!

No Title

The Mind seeks to run with one point, ignoring all others, until reality sets in.

No Title

Man vociferously seeks to defend his position, his point of view, like a dog protects its bone.

No Title

Losing yourself in the needs of the customer is the foundation of all sales success.

No Title

Consecrating each sales interaction is the key to attracting INFINITE sales success. (It's also true for any work-related activity.)

No Title

What we are aiming for is the continuous, never-ending Cooperation of Life.

Origins of Consciousness

Science says Consciousness begins when humans become aware and understand. Sri Aurobindo says Consciousness has always existed - emanating from a Divine Source - and slowly beings on earth from lower to higher come in touch with that infinite Consciousness through their knowledge and experiences, thereby becoming more conscious and aware.

No Title

Experiencing what's wrong compels you to discover what's right.

India's motto

"Unity in Diversity"

is gradually becoming the

Mission of the world.

Overcoming Limits of Knowledge, Mind, and Time through Karmayogi's Wisdom

We live in an essential Ignorance of how life works, what it's purpose is, and how to make it respond, as we slowly make our way to a vast integral Knowledge of that truth, by the means of a very limited instrument- Mind.

Fortunately Karmayogi has explained an infinite variety of ways to facilitate that process, enabling lifetimes of acquired wisdom (requiring many births) to occur in a single lifetime, even a single decade; even year. We need only reach out and drink from that fount of ultimate Truth.

Thus we are infinitely blessed to be associated with Him, as we are able through his genius works, to abridge vast periods of time, attracting infinite-like results in the here and now. And through His infallible methods, we have never-ending ecstatic experiences, on the path spiritual path of Supramental Transformation.

"Token Project" Experiment that Elicits Life-Changing Inner and Outer Results

Practice several life respond-evoking methods on a small project or endeavor, and then see which one does the trick; evokes a response from out of nowhere. Now apply the decisive factor that elicited the Response to something much bigger, like a great project or undertaking. Life is likely to respond in ways that elevate your life to heights never experienced before.

Multi-dimensional spiritual genius Sri Karmayogi calls this experiment in consciousness a "Token Project."

Eg you set aside some time and switch to a higher attitude, or a deeper value, or a consecrated effort, on small small matter, project, activity, and manage to elicit a life response result. Now you apply the approach or approaches that seemed to have the most direct effect during the token experience, but now to a much larger project or endeavor. Life will respond again, but this time on a much greater scale. A positive positive result will this time be enormous; even unprecedented in your life.

Now explore more deeply that particular factor that attracted the enormous result; making it the guiding star of your existence. You will not only elicit continuous good fortune, but you will begin to undergo a dramatic transformation of your nature.

Concentration at Physical, Vital, Mental Levels Evokes Corresponding Illness

One of Mother's statements is "If you concentrate on the body, it falls ill. If you concentrate on the vital, you get depressed. If you concentrate on the mind, it goes mad." When man focuses his mind, ego, attention on himself, he loses the normal harmony of nature. Most illnesses fall in this category. People who subconsciously want to give attention to themselves focus on the body and fall ill or the body demands attention and the more they give it, the more the body gets ill. (MSS)

Subconscious Cause of Illness that Comes with Onset of New Work

-You have frequently reported that expansion of your work or intensification of your efforts has been followed by health problems. It is a simple deduction to say that subconsciously something resists progress in this direction. In some people, the resistance issues from plain laziness, in others from fear or insecurity of venturing in new areas, in others from satisfaction with where they are, etc.

-You report that right now everything external is very positive but the body is not. In the past you have often reported instances in which illness comes just at the time of an opening in external work or when you take up a greater work seriously. If that is true, it gives a very good clue. It suggests that something in the subconscious does not want more work. It is for you to affirm or reject this hypothesis from inside. One test is to pray intensely to Mother asking for the external work to expand double or triple.

See how willingly the heart and vital energies flow into the prayer. If they respond eagerly and with full energy it is one thing. If the pray is flat or only in the mind, it suggests another. Becoming more conscious in the lower vital center helps reveal the subconscious. (MSS)

No Title

The positive and negative happening outside us is a reflection of the subconscious positive and negative occurring deep, hidden inside.

Shifting Out of Desire for Something to Happen to Detachment

There will be times where you are overly-eager for a thing to happen in a certain way. As a result of persisting in that direction, you are bound to delay or cancel the possibility. Therefore, at that point, it is best to detach from the matter, putting it out of mind, while consecrating it without expectation. Now the best thing will occur, whether or not it meets your original desire. In fact often this approach will create a kind of "spiritual vacuum" that will in fact fulfill your original intention. Over time one can learn how to engage in this delicate balance routine.

No Title

From one perspective Romance occurs to fulfill our heart's and soul's desire to connect with another. From another perspective, romance takes place so each partner, though their

complementary-other, can work out and overcome the negative qualities (attitudes, habits, beliefs) in their own nature.

The Subconscious

-The subconscious lies hidden, buried within us, as a plane of being.

-The subconscious is that which we are not aware of, conscious of, but is real.

The subconscious includes knowledge and intention buried within that eludes us.

-The subconscious influence can lead us to an extraordinary and unprecedented place or outcome that our conscious being was unaware of.

-The subconscious is in tune with the Superconsciousness, but also the Darkness.

The subconscious, also called the subconscient, contains a higher element within it, called the subliminal being. This is the part in touch with the superconscient, the cosmic.

-The lower, darker aspects of the subconscious is in touch with the unconsciousness of the fixed, unchanging, physical/material aspects of our being.

-The reality around us reflects the subconscious qualities of our being. It is another form of inner-outer correspondence.

-Our goal is to make the subconscious conscious; to bring the subconscious truth to our surface awareness.

-Another goal is to convert the darkness of the subconscious into light.

-Through spiritual silence, peace, consecration, non-reaction, and all we increasingly become aware of the truths that are subconscious to us.

-We could say that what is subconscious to us is a basis of our Ignorance. Also the basis of intuitive-like Knowledge that rises up from it.

-Not only the individual, but the group, collective, society have their own subconscious aspects.

Cause of Revolution

Sometimes the forces of evolution cannot move any further forward, mostly due to the entrenched forces of the past, causing a build-up of pressure, thereby making way for an explosion of various sorts that is Revolution. It can range from violent convulsion to dramatic breakthrough.

No Title

Whenever you go to a Higher level, it tends to raise commensurate resistances from the world around you. Now you can utilize inner means to overcome it.

Continually Doing the Right Thing

We see certain individuals in literature and film who continually try to do the right thing, thereby evoking magnificent response from Life. Examples are-

-Dan in Garry Jacobs' novel 'The Book'

-Mary in Trollope's 'Doctor Thorne'

-Lorenzo in 'Medici the Magnificent' tv series

Each time they practice doing the right and true thing, it has an impact beyond their understanding. Eg for Dan it enables the company to jump from providing expert system software for the stock market to expertise to higher aspects of life, including business, government, and society.

For Mary, she is able to attract vast wealth after she selflessly gave up her attachment to marriage.

For Lorenzo he is able to keep The Renaissance flowering in the 16th century, as Medici family's evil enemies are reduced to powerlessness through his goodness.

What about ourselves in this regard? in our moment-to-moment lives are we conscious enough to continually try to do the right thing? If we do, we will tend to attract startling positive conditions back to our person. Life will be our marvellous friend!

No Title

Higher values and deeds of Mother devotees not only impact their own lives, but secretly have a wider impact on society and the world. Careful observation of the inner and outer will bear that out.

No Title

In the last 50-75 years humanity has made as great a progress as the previous 2000.

Character of Life in 'The Boy Who Harnessed the Wind'

This is a very recent and inspiring film about an African boy who tries to develop a method of generating water for plantation when there is severe drought and the people are on the verge of starvation. The plot is first presented, followed by my thoughts on the film based on a Consciousness approach to the Character of Life. (Roy Posner)

PLOT

Born in Kasungu, Malawi, William Kamkwamba is a young schoolboy who comes from a family of farmers who live in the nearby village of Wimbe.

William also dabbles in fixing radios for his friends and neighbors and spends his free time looking through the local junkyard for salvageable electronic components.

Although he is soon barred from attending school due to his parents' inability to pay his tuition fees, William blackmails his science teacher (who is in a secret relationship with William's sister) into letting him continue attending his class and have access to the school's library where he learns about electrical engineering and energy production.

By the mid-2000s, failing crops due to drought and the resulting famine has devastated William's village, leading to riots over government rationing and William's family being robbed of their already meagre grain stores. People soon begin abandoning the village, and William's sister elopes with his former teacher in order to leave her family "one less mouth to feed".

Seeking to save his village from the drought, William devises a plan to build a windmill to power an electric water pump that he had scavenged earlier. William builds a small proof of concept prototype which works successfully, but to build a larger windmill, William requires his father, Trywell, to give permission to deconstruct the family bicycle for parts, which is the only bicycle in the village and the family's last major asset.

His father believes the exercise futile and destroys the prototype. However, after intervention from William's mother, William and his father reconcile, and with the help of his friends and the remaining members of the village, they build a full-size windmill which leads to a successful crop being sown. (Wikipedia)

COMMENTS:

-The society subconsciously wishes for something to come about. In this case a solution to growing crops when there is no water, there are severe drought conditions

-An individual, a very young man, comes forward to offer a solution thereby fulfilling the subconscious wishes of society.

(Society evolves through its subconscious aspiration for improvement that is brought about by a pioneer individual.)

-There is also great resistance from the community, including his own father; from ignorant, reactionary forces. However it is eventually overcome. Overcome through the young boy's cleverness, aspiration, knowledge and skill.

(A society can wipe out the positive intention of the pioneer individual or support it. In this case it was a close call!)

- The boy is individualistic; thinking for himself. He is clever by coming up with a plan to make use of various junk mechanical and electronic components to solve the problem. Also, he is compelled to utilize the school library even though he was expelled from the school.
- The boy doesn't complain when others vociferously turn against him. He practices a kind of stillness and calm, that eventually attracts the change in his father who gives him the vital part, the bike so necessary for creating the turbine, to turn the windmill that will pump the water out of the ground.
- He follows the whole Process of Accomplishment to a tee: i.e. (1) intense Aspiration, an (2) Organized plan to become knowledgeable on the subject, and the (3) Implementation of the plan through high skills and right attitude. It is the "Complete Act" - i.e. intention, organized via strategies that are implemented through knowledge, skills, and right attitude.
- The father has to be dressed down and humiliated by his wife for his weaknesses, before he relents and gives the bicycle to his son. That is the only way to break his physicality; his unchanging, fixed nature.
- The boy's father, in a bout of extreme anger yells at him to give up the venture and plough the empty, dry fields. Instead the boy DOES NOT REACT, which creates the inner energy for life to respond on his behalf.
- His father's arrival is a life response to the son, for all the intention, humility, calm, intensity, cleverness, and goodness of the boy. It comes to the boy as he has just buried his dog who has died of starvation.
- His father valued education, and through his son's creative actions, utilizing the resources of the school he was so encouraged to attend, the father set the stage for the solution to the problem.
- The boy is courageous and persevering, which carries him through all obstacles.

No Title

In these hundreds, thousands of posts (since 2011) I have been trying to reveal the subtle secrets of how Life really works.

No Title

Life continually offers us circumstance where we can grow; which may be at odds with what we want.

No Title

People are up in arms, ranting and raving throughout the world on various issues. Little do they know that a moment of Deep Silence regarding the issue can create an Opening for their side that they never could've imagined.

Comment: It is the inner, Spiritual way of solving outer problems.

No Title

Happiness and success is all about our moment-to/moment Attitudes. Positive attitudes attract positive conditions. Negative attitudes - anger, fear, ego, cynicism, irritation, desire, unwillingness, et al - repel positive conditions; even attracts negative ones.

Taxes and Patriotism

Perhaps the greatest act of patriotism for the average person is paying one's Taxes. In a democracy it provides the funds for governments to function and shield us from harm. It is the great social contract between government and the people. And yet, most people look at in the other way around; an indication of our ego and selfishness.

No Title

We are slaves of money; willing to do most anything to possess it. In such situations, Human Values are thrown to the wind.

No Title

Spirituality is perfectly aligned with Truth. Religion, on the other hand, is aligned with both truth and falsehood mixed together.

No Title

Not just everybody, but every living thing, aspect of life - material or invisible - is going through an evolution in consciousness.

Illness, Well-Being, and the Supramental Body

Sri Aurobindo says there is a subtle, invisible sheath surrounding our body. When it is penetrated, illness comes in.

When our psychological framework is deficient, eg over-stressed, not sufficiently rested, negative in our outlook, taken to intensely vital activities, etc. the sheath tends to break down, and penetrated by the illness.

For each major illness, we can see a particular psychological insufficiency. Eg those who are rigid have heart conditions; those insecure have diabetes, those who are selfish have certain forms of cancer, etc. We have developed an extensive list based on experience. Reversing these psychological conditions, reverses the illness.

The Mother says that the cells of the body are pessimistic, having experienced pralayas of disintegration, and conflagrations, of suffering, death, decay, and death through the millennia in previous generations. She therefore worked for the cells to become positive, responsive; especially to the Supramental Force.

People have different psychological reasons for falling ill. Eg one man fell ill each time before a big opportunity came his way. The illness was almost indicative of his coming success. It's likely that he had a certain subconscious resistance to the work; whether a fear, a reluctance to engage in it, not wanting things to change, etc.

The Mother made the effort to overcome illness, decay of the body, and death itself. She made great progress, and was able to convert and bring the cells of her body to a state of Joy. She could not however transmute them into centers of consciousness, which was her ultimate goal, which would be the basis of a new, immortal Supramental individual.

The more attention we give to an illness, the more it intensifies.

Utter calm, and opening to the Force is the best way to tend to a current illness.

It is always worth understanding what the inner psychological cause of the illness is. Once that is understood, the body can heal instantaneously.

The "physical consciousness" within us is defeatist. When it senses illness, it reinforces it, strengthens it.

We can observe a cold coming on such as I the throat, which slightly bothers us; and then spreads through to other parts of the body through fear, focus and attention to it, through depression, etc. The lower, physical consciousness, that is defeatist latches onto the illness, reinforcing it.

For a spiritual individual, the Force may be coming down strong, but there is resistance in the subconscious part of our being, causing various pains, like ongoing headache and stomach troubles. Somewhere there is a cause of this resistance. Eg one man was in serious debt, but could not or would not pay back what was due. As a result, the Force descending turned into pain because of this psychological resistance. Once the material matter is dealt with, the physical pain will give way.

Through a 3-day prayer, opening to the spiritual Supramental Force, to the Mother, a serious illness can be completely eliminated.

The Force can best work through a state of utter calm and stillness. Patience and optimism are also great helps in bringing about the recovery.

The "programming" of the cells via the Force, and the transmutation of the various systems and organs of the body into centers of consciousness will not only eliminate all illness from thereon in, but will usher in the Divine, Supramental Being; essentially a new, Immortal human species. It includes the capacity to live as long as he/she wishes to.

No Title

Conformity repels success. Individuality attracts it, in spades.

The True, Spiritual Individual

The greatest individuals are guided by the Spirit within. They take their cues from their deepest center, which brings out the most profound insights, that lead to the greatest outcomes in life. It is the other side of life from conformity, which takes its cues from the surface, from the herd view of others.

No Title

The Divine willed our particular individual existence so that we could truly think for ourself, i.e. be a true individual, and thereby elevate life around us in a significantly unique way.

'Darkest Hour' Revisited

There are certain films and stories that no matter how many time we see or read them, they never fail to inspire. It is because they might be expressing the Character of Life, as the Truth. Perhaps 'Darkest Hour' is one such movie which portrays life events of Winston Churchill who inspired his entire nation against Hitler at indeed the Darkest hour.

Belgium had fallen, Norway had fallen. France was about to fall. 300,000 British and French men were stranded at Dunkirk, and were being bombed by German air forces. There appeared to be no hope of winning; not even a fight was possible against the mighty enemy.

The American President rejected supplying warships or any civilian ships at that crucial time. The members of Churchill's own political party were against him, and instead pressed hard to start peace negotiation talks with Hitler through Italy. They even convinced the King of United Kingdom of that tact, as he also disliked Churchill. Meanwhile, there was no favorable news from the field to save people at Dunkirk (Operation Dynamo). It appeared that he had no other choice but agreeing with his party members, and so he reluctantly agreed with them superficially, but he did not feel that way in his heart.

It is said that Grace comes when we have lost all our capacities; and often through unfamiliar, unrecognizable forms. And sometimes through people we don't like. Because Churchill exhausted all his efforts, at that crucial moment, the King he was in disagreement with came to see him, and surprisingly promised to offer his support. He also suggested that he take his views to the people. Immediately afterwards, Churchill learned of the good news that many civilian boats were ready to be initiated for Operation Dynamo. Another positive response from life to Churchill's exhaustive effort, and now a willingness to embrace those he had been in disagreement with.

Churchill went before the public, travelled underground train, and was rejuvenated by the peoples' support and willingness to fight against Hitler at any cost. The outer cabinet people echoed the same. These developments cleared the daunting doubt in his heart, and so now he boldly rejected the peace negotiation talks. And then he delivered one of the greatest speeches in history, which inspired the entire nation. Meanwhile his party members were shocked by the transformation in the views of everyone all around.

Earlier when Elizabeth Layton joined the duty, Churchill immediately wanted to fire her because she was unable to follow his first dictation. She survived through the influence of Churchill's wife. Later as Grace she would bring the letter from the King about his Prime Minister post. She continued to inspire Churchill, and therein he brought her to the War Cabinet and the Parliament. She worked with him to prepare that magnificent speech. After delivering the speech, the rest was History.

When he initiated Operation Dynamo, he said, "May God watch over them all".

The following is a paraphrase of Sri Karmayogi, translated from Tamil:

"Britain, despite the fact that they only had 237 fighter planes, fought and won the air war against 720 German planes. It was not only due to their courage and bravery, but because they exhausted all human efforts, and as a result the Divine Grace acted. And so they were able to win the war. And the Dunkirk fog which helped British forces to escape for seven days was a direct act of Grace."

(Senthil Murugan)

(Roy Posner offers these additional comments)

-Churchill saw into the integral TRUTH of things, that Hitler wished to take over the world. He saw it clearly, and so he was infinitely energized by that truth.

-As a result of his powerful insight he pushed aside all those who were defenders of the status quo, who wanted to appease Hitler. He even abandoned the support of his own party who were mostly against Churchill's view, though the opposition party was for it.

-He was willing to create all necessary relations with various parties in pursuit of the Truth he perceived in his very soul and being. And so he attracted the King to his side, when the King previously disliked Churchill.

-His exhaustive efforts attracted positive developments. His courage and perseverance were almost super-human.

-His willingness to take to the streets to hear out the people created a tremendous response from them, further energizing Churchill in his quest.

-The fog coming to Dunkirk was a Grace due to Church's intense aspiration based on the Truth, as well as the action of the Divine Grace in response. (Sri Aurobindo and the Mother worked tirelessly from within to bring about these changes before and throughout WWII.)

-He saved the world from fascism, which would have sent history backwards for hundreds if not thousands of years.

-He was a True Individual who acted based on the inner TRUTH he clearly saw before him.

-It is said that one man can change the world. He literally fulfilled that maxim.

Hierarchy of Reactions

-When confronted with a problem, blaming others is a normal instinct (physico-vital).

-Self-control is a higher instinct (mental).

-Non-reaction/complete inner silence is the highest instinct (spiritual). Positive Life Response occurs shortly after

Reader: U message every single time to my daily incident..thank you sir.. just now thinking about an incident happened at my office. My colleague was telling though I scrutinized a file I missed a particular concept which our boss needs a clarification. (actually it's her desk work but my boss wants all of us to see the file as a precautionary measure.) I suddenly reacted that I have mentioned that point to some extent but not in boss's angle.

After seeing your post I realised that I must be in silence.

Overcoming Bad Inner/Bad Outer

"If you try to rise up in a negative atmosphere where you also are not inwardly prepared, life will bring forth circumstances that can crush you out of existence."

This quote is a reflection of one the 4 scenarios, 4 boxes of the Success Matrix Karmayogi has created for decision making.

1. Good inner, good outer (i.e. atmosphere). Short and long-term success.
2. Good inner, bad outer. Short term failure. Longer term success.
3. Bad inner, good outer. Short term success. Longer term failure.
4. Bad inner, bad outer. Short and long term failure.

The quote you mentioned is essentially the 4th scenario. Under these conditions no effort will succeed.

Best then to either wait for the outer to become more positive before acting or make the inner more positive. To do the latter requires rising in consciousness relative to the psychological needs of the work - usually related to one's limitations in attitudes, organization, values, beliefs, effort-level, habits etc.

So it takes self-scrutiny or life guidance from others to help one make the climb out of one's limited Inner state. In addition to above determinants (attitudes et al) Spiritual methods would be included in the mix, like Non-Reaction, Mental silence, Consecration, and all. Hopefully the outer will also improve as a result, clearing the way for long and short term success when actions is taken.

No Title

Happy to realize that "Mira" is contained in "miraculous."

Embracing the Givens That Launched A Career

If we were to look back on our life, we would discover key moments that determined the course of events from thereon in. Often it comes subconsciously, as one takes an action here or there, and then life on its own seems to have brought a commensurate reaction of circumstance in another area. One that in fact can be the start of an entirely new direction in one's life, such as the blossoming of an entirely new career. Let me give you a very personal example.

In 1989 I was hired as international franchise manager of several dozen desktop publishing centers in California and around the world. I would contact the franchisees to smooth out matters with corporate, developed standard operating procedures that would become a franchisee handbook, and various other tasks related to our member centers around the world.

One day when at corporate headquarters in San Francisco I was asked to train two members of one of our franchisees on several software packages that were necessary to know by employees in that industry. My first response was surprise that I would be called on to be involved with such a low-level activity. After all I was the international franchise manager, not an instructor. And so, though I took up that task, there was a bit of resentment building inside me. And yet soon after I was able to control myself - bruised ego and all - and absorbed myself in the instruction I gave on a PC that the three of us were gathered around.

It turns out that an hour or so into the training something startling occurred. Two very attractive, professionally-dressed women came into the facility, and greeted me. At first I thought they were offering some service that would be beneficial to our company, including the franchisees, and so I would be a logical contact for them to make. However, after a few moments I realized that was not why they here. They were in fact suggesting that I come work for them as an instructor for their new software training company in the East Bay.

Then I wondered how they had found me. Perhaps they saw me training the two staffers on the PC, and that is why they came to me. Or perhaps someone previously informed them about me and my whereabouts by some other individual. Or perhaps it was something else. In any case, I never found out.

However, after leaving the desktop publishing company several months later, I thought why not contact this training company and see the possibilities there. They were after all located right in my own backyard in the East Bay. And so I made an appointment and met with the same two women at their facility in San Ramon. They then signed me up to be the instructor of a few classes to see if I liked it. Well, it started off a bit clumsily, but I made it through it. And it then would turn out to be my first classroom training experience of my life. In fact, that class kicked off a 30-year training career that continues till this very day!

I have thought back many times over the years about the two professionally dressed women who appeared right before me that day. Their arrival several months earlier at the San Francisco facility while I was training two franchisee members on a mere software program

would turn out to be one of the seminal moments of my life. One that launched a life-long career.

And recently I started thinking about this event again, as I have been reviewing a number of key moments in my life. One thing I have come to realize is that though I was not sure how the two ladies discovered me, I knew for sure that it was my willingness and acceptance to train the two franchisee staffers at the SF headquarters on a relatively low-level activity attracted the two women from out of nowhere that would change my life. By giving up my ego and taking up my boss's request and fully absorbing myself in that training activity with two franchisee members, I attracted a result that would change the course of my existence forever.

Opening to the Universe Attracts Startling Result for Speaker

When you open up to the universe, your deepest, most precious aspirations in life can quickly be realized.

A man had been travelling around the world on and off for decades speaking on issues of social development, economics and all; but never speaking in public of his own life-long spiritual quest, the signature spiritual moments of his life, etc.

One day his teacher told him that when he makes his next speech - which was to be in Israel, - he should have no prepared outline, but should instead speak off the cuff on the social development-related issue he agreed to address.

When the man arrived at the talk, the first question from the audience was a request from an attendee for the man to further explain a great spiritual incident in the man's past, where a book fell on him changing the course of his life.

The man was stunned that anyone in these meetings would know of such things; particularly this great spiritual moment and turning point of his life!

And so the very topic the man aspired to talk about for decades had now presented itself. By opening himself to the universe, - disregarding a speech, and going impromptu and spontaneous - life opened up an opportunity to talk about a matter so close to his heart.

That is the aspirational potential and power we have within ourself. To let go. To lay down all restrictions. To open to the Possibilities. To see where life takes is.

And as a result - as in this case, - to see our most precious secrets reveal themselves to our great delight.

Reader: Thank you Sir for sharing.

Perhaps that was the beginning...opening up a vast Reality begins very subtly, often through an act which looks insignificant at that moment. When one fully embraces, Life's Marvel to behold in its own flow.

Its amazing synchronicity to witness how the Reality opens up by taking the advice literally from Life in both the experiences of presenting to the conference and the training career.

Response; Yes very true; and in both cases we are taken down a road unexpected. The Reality is after all so vast; so infinitely varied; so infinite in scope. Why should we be reduced to one line of unfolding, when there are endless possibilities.

No Title

If India, Pakistan, and Bangladesh reunite or federate by 2050 (after 100 years of partition/separation), there will be one country with -2.3 billion population. Sri Aurobindo's fourth dream would therefore be fulfilled.

Sri Aurobindo's Dreams for India:

1. Indian independence
2. prosperity of Asia

3. prosperity of India
4. re-unification of greater India
5. India as Guru of the world

The first dream was fulfilled. Life is now fulfilling the 2nd, and moving on to the 3rd, with intimations of the 4th and 5th.

No Title

~37 years ago Mother's Incense began production in India, and I and my partner began the first sales effort in USA (Northern California, San Francisco area). We sold the first line called Mother's Fragrances, as we carried around our sample display from store to store in our sales effort. It was a Pioneering work I was thrilled to be part of. Now there are four lines, and various accompanying products. Congratulations on the new Herbal line of Mother's Incense! My Her Force spread round the world through these natural, herbal agarbathies!

-Roy Posner

Triple Work Marvel of Remaining Calm

[I recently discovered the following from a 1998 email I sent to a friend, indicating the life response power of non-fluster, calm, and acceptance of the work]

Dear Garry,

I also have some tales to tell.

--Non-Fluster Attracts

Last week I decided not to get flustered anymore with Dian my training leader on the Autodesk project even as her confusion escalated and she piled more work on me. Five minutes later I went to the mailbox and received the check for MTI Double It! work from MIRA which was months late!

--Shifting to Enjoyment of Work

This morning, after days of exhaustion and continuous pressing of work, I decided to enjoy the work, even the details, and considered the pressure as part of the opportunity. I expressed this positive attitude in a phone conversation to Dian (again just after a phone call in which I am further drowned in work from her!). I go to the mail box ten minutes later and find the check from my training company AND first blessing packets from Robin in months!

Oh, these were so obvious, it was ridiculous!

Roy

-- PS My EMail had not been working (the access # was busy for almost a day), preventing me from interacting with everyone, including my training company. I decided not to get flustered, and contacted AT&T in a calm way (again considering it part of the work). So I got hold of a different access number, and dialed in for email. It worked, and there were your two inspirational messages. So it was really a triple marvel!

Origins of Life Response Work?

[This conversation (including what follows here) may have been the beginning of my career in relation to Life Response - books, videos, consulting, advising, etc.]

"Roy

I had received and read your Friday message but somehow saw only the first two paras in the preview box and thought that was all. This afternoon I noticed an unread message in your message box and discovered that I had missed the best part. Your examples are wonderful. We should gather as many as possible under different headings -- change of attitude, expectation, fear, token initiative, silent will, etc. This will be rich material for the growth site and Evolve program.

Thanks for sharing yours.

Attracting Work by Giving Up Belief in a "Slow Season"

[from a recently discovered 1999 email I sent to a friend]

I was just thinking about the idea of PERSISTENT effort that was mentioned in the Unfailing Success article (as well as a related questionnaire statement that you came up with for the personal growth program).

I thought about the fact that in the early spring (i.e. now) my training workload is usually pretty heavy; but it normally falls off a bit in late spring/early summer. So I thought that it would be worth it if I was able to somehow fill my calendar during that period (I had no idea how to achieve it; plus I wondered where I would get the energy to do the work, coming after a period of heavy work in the previous period).

Within 2 minutes of this thought (which I'm not sure I ever had before as it relates to myself for this particular circumstance) I got a call from my training company asking me to do a series of classes during that period! This had the effect of turning my schedule for training during that period from moderate to heavy!

(Not embracing the belief that there is little work during that period and the willingness to work during that period, evoked the response. It shows where a growth path lies!)

A Single Individual's Ability to Affect a Societal Problem

Our theory [of Social Development] describes the process by which societies develop naturally. It can be applied by governments to formulate effective strategies. It can be applied by companies to identify opportunities to act as agents. It can be applied by individuals to become pioneers to personally develop and benefit by activities in line with the general progression of the society, e.g. Bill Gates.

It does not readily lend itself for conversion into a strategy that a single individual can take to move the whole society. That requires a greater force than that of the individual. But as a Mother's devotee, your intense aspiration for a solution and offering of the problem to Her can DEFINITELY lead to a response from life -- a subtle action that resolves the problem. We have seen it many times. ICPF's impact on the cold war and rising levels of unemployment is an example.

All that is necessary is your intense personal interest backed by full emotional intensity, faith in Mother, impersonal (non-egoistic motive) and consecration. If you care to make an experiment, try for a week and observe closely the newspapers to see if there is any reflection of your effort.

(Garry Jacobs' 2000 comment to Roy Posner)

Reader: I think such efforts are required to bring relief to the acute water problems in Chennai this summer

Response: You can see life response examples of accomplishing this and similar (including drought overcome) on page 531 forward in book 'A Life Response Reader' here:

http://lrcenter.weebly.com/.../a_life_response_reader.pdf

Reader: Thanks a lot. The way the climate is changing is scary. The temperatures are scaling heights which are unseen before. How the human body will cope up with such changes is a huge question. Truly we need Mother's intervention

Response: We can evoke Her and Her response. The methods to do so along with corresponding successes are explained.

Shifting Center of Consciousness Experience

For years I have had a startling experience where I no longer know who this person is inside me, who or what is looking out from within myself, where the inner me has disappeared to, etc. it is almost impossible to explain. Yet it can be at once overwhelming, frightening, and exhilarating.

I have experienced this phenomenon perhaps 200 times in the last decade or so. It usually lasts -15 seconds, and sometimes I can even make it occur at will. Starting -2010 it began occurring fairly regularly.

The other day I found an exchange I had with Karmayogi in 2001 that might explain it: It was perhaps after the very first time I had this startling, impossible-to-explain experience:

"Appa saw your experiences. He said it is not that you were a person with NO consciousness, but your consciousness lost its present centre and was rising up to create a new centre, so in the meantime for that 15 seconds you felt as if you had no consciousness.

This is an experience one gets at the Samadhi, he says. If you cultivate it, remember it, long for it, it can become permanent."

No Title

Unfortunately, we are not centered, absorbed in the magnificence and power of Consciousness, but rather in the accepted reality and limitations - hardness, fixidity, rigidity - of ordinary Mind.

Cigarette Synchronicity

I recently listened to a radio program about the hundredth anniversary birthday of famous great African American singer Nat King Cole. He died in 1965 at the age of 45 from lung cancer. He was a heavy smoker. I took great interest in the discussion since NKC was a great favorite of my father and somewhat myself.

When I arrived back home 10 minutes later, I saw what I thought was a candy wrapper on the lawn near our palm tree; the only thing that was not grass. I picked it up and it said "Marlboro rewards." I understood that it had something to do with the famous cigarette company. Probably a discount on cigarettes coupon or similar benefits. The synchronicity was too obvious!

Life Is continually throwing up such synchronicities, 98% of which we miss. As we become more conscious, we increasingly perceive them all around us.

PS Synchronicities are often precipitated by taking a Focused Interest in a subject matter, circumstance, event, etc. - as was the case here.

No Title

The deeper the consciousness, the more very-helpful Intuitions of knowledge from highest levels of mind present themselves.

No Title

There is the divine Reality beyond this universe, but there is also the divine Reality that IS this universe, that is Evolving.

Non-Assertion Power

When you hold back from asserting your position, it gains power, especially if you psychologically detach from it. At that point, it re-emerges through the words of others, and through the conditions of Life.

No Title

True Love is shifting from what you want to what they want.

Go the Extra Mile; Life Will Respond

An instructor had some extra time before a class to prepare for yet another class later in the week. He thus made that extra effort, thereby making the best use of his time.

When he was done, he opened his email account and discovered to his delight that a colleague of his had completed a vast important work that the instructor did not expect to be done for a while, if ever.

The instructor's extra effort attracted an unexpected result that perfectly corresponded to his own extra work.

Life always mirrors on the outside any movement to a higher order, including making the extra physical effort.

No Title

Any movement from one's current status to a higher level of consciousness - weather of effort, attitude, values, knowledge, givingness, gratitude, etc. - tends to quickly evoke corresponding positive response from life.

No Title

It's a waste of time having a convincing dialogue with an irrational person. Best to withdraw and let Life have its say.

No Title

True Individuality opens up dynamic, never-before discovered Infinities for the world.

Comment: Thinking for yourself, being an original thinker, doer, opens up unprecedented, infinite-like results in the area or field addressed.

No Title

Do you want someone to be cleaner? Then clean an area that you have avoided. Now the other person will come around; even if they have no idea what you initiated!

No Title

Non-Reaction spiritual-like technique is difficult because we live in our Ego. Coming out of Ego, it is much easier to remember. Deeper center eliminates ego, and makes Non-reaction response almost automatic.

Perceiving Subtle Signs for Taking Action

1. Someone mentions wanting to go to someone's house. You spill a cup of coffee just as they finish the sentence. - Sign not a good idea to move forward.
2. You've been offered work and every time you try to get on the phone to do the work-they're are interruptions and you can't schedule a time that's mutually agreeable. Last time you were on the phone a huge fight broke out nearby. - Sign not a good idea, withdraw from the offer.
3. You've been consecrating an issue and just as you finish a particular prayer you get a call indicating a solution. - Sign to move forward.
4. You've been offered something and when you go to follow up on it you suddenly find yourself unable to get there. - Sign not to move forward. (Unknown)

No Title

According to Life Response phenomenon, the more you Give, the more you Receive. Similarly, the more you take, the more is taken away.

No Title

From the highest, Supramental consciousness, anything that is known, simultaneously manifests as Real In the world.

No Title

Mother in Agenda said it is an error of education, science, et al to divide ordinary life from spiritual life. They should be integrated and made one in our daily existence.

No Title

Sri Aurobindo has shown that the truth does not lie in running away from earthly life but in remaining in it, to transform it, divinize it, so that the Divine can manifest HERE, in this PHYSICAL WORLD.

(The Mother, from Agenda, April 5, 1967)

Comment: The rishis, ancient buddhists, et al sought the spirit and similar apart from life, by shunning it. Sri Aurobindo asks us to bring down, release the Spirit in the very DETAILS of life, in order to divinize it, manifesting a divine life on earth.

No Title

How do we bring the Divine into this world? We intensely Aspire for It. We free ourselves from this endlessly-repeating ordinary existence where ignorance, falsehood, and suffering persist; aspiring instead for something Greater.

No Title

Rationality that doesn't embrace the Spirit is as ignorant as religion that twists spirit into limited, superstitious ritual and view.

No Title

The true nature of Reality beckons far beyond our current understanding.

Comment: Sri Aurobindo speaks of the "Integral Reality": i.e. this universe and the spiritual plane beyond, both integrally mixed together. This is the True Nature of Reality, which defies our current comprehension.

Our Triple Purpose in the Evolution

There are three aspects of existence: Individual, Universal, and Transcendent. When as true, spiritual individuals we help fulfil the universal (societal) purpose as devised by the transcendent divine, we further the Evolution on earth.

No Title

Had 'Adventure of Consciousness', the book by Satprem about Sri Aurobindo, not fallen on Garry and Leslie Jacobs at Moe's Books in Berkeley in 1972, sending them to India, I would never have met them, thereby not come in contact with Karmayogi and Mother's Service Society, not written Life Response and other books, not been the same person, not encountered most of you, etc. etc.

Vibration "Passing Overhead" As Basis of Synchronicity

Imagine an invisible force or vibration is passing overhead. At about the same time you suddenly have an intuitive insight. You are thrilled because you believe you have just had an original idea.

Now you turn on the tv and there is suddenly someone talking about the same subject matter, when never in your life have you never heard or seen anyone on tv address that matter! From their side, they too perceive that they have had a unique insight; that was theirs alone.

Could it be that we are each tapping into the same force or vibration "passing overhead." And what you see as synchronicity is really a shared experience of some force or vibration tuned into; that you had in common.

Perhaps scientists will discover the underlying physics of this phenomenon; or better yet its true nature will be uncovered by future "spiritual adventurers."

No Title

Withholding expression of valid criticism has the power to soon evoke great personal realization on that matter by the other party.

Comment: It is a form of Silent Will.

No Title

Even those on the side of Truth can have vast gaps in their understanding.

No Title

Progress keeps happening, despite reactionary forces that oppose. In fact, it often requires those backwards-thinking entities to truly progress!

Great Social Developments Over Last 50 Years

Here is a partial list of significant social developments I have noticed over the course of the last fifty years:

- End of WWII through Cooperative Effort
- European Union (A Development Beyond the Nation State)
- End of Cold War (Opening Doors Wide to Human Progress)
- Birth of Internet (Connecting World as Never Before)
- Freedom, Democracy Spreading Among Nations
- Environmental Movement and Sanctity of the Earth
- Liberation of and Expansion of Rights of Women
- Increased Individuality (Capacity to Think for One's Self)
- Rationality on the Increase
- New Age Cultural and Spiritual Movement
- Global Consciousness
- Rise, Prosperity of Asia
- Global Trade Dramatic Increase
- Vast Increase in Economic, Political, and Social Treaties Among Nations.
- Rose of Socialistic Capitalism
- Cultural Influence of China, India
- Fairness & Equality of Opportunity
- Rapid Multiplication of Money
- Social Media, Mass Communications
- Potential of World Governance
- Dramatic Decrease in Violence
- Seriousness about Demilitarization
- Vastly Higher Levels of Education
- Life Response Experience Increasing
- Spirituality Spreading
- Mind-Body Association in Medicine
- Progressive Social Values Spreading
- Protection, Guarantee of Human Rights
- Empowerment of Workers in Workplace

- Artificial Intelligence, Expert Systems Rising
- Respect for & Integration of Other Cultures
- Reduction in Racial, Class, Caste Divisions
- Power of Technology to Uplift Our Lives
- Supramental Knowledge, Power Spreading
- Human Progress, Development Evolution Accelerating
- Incorporation of High Business Values in Planning and Execution
- Getting married and having children later on
- Not getting married or having children

No Title

The spiritual person does not Insist. He eases up on things and lets go. As a result, the other party tends to come around to one's original position on their own. It is the power of Silent Will, that attracts.

Power of Business Organization

Creating standard ways of doing things - such as standard operating procedures (SOPS), clearly defined jobs and lines of authority, well-functioning systems, et al - establishes a very solid basis for infinite-like success. It is the unrecognized power of Organization in action.

Right Response to the Negative that Lift's One to the Heights

You can do everything right in the world, and yet unexpected negative karmas can come one's way. Therefore, it is how you RESPOND to them that can make all the difference in the world - to a career, to an organization, to a movement, etc.

Often it is simply to realize that the negative serves a Purpose in the unfolding; provides the necessary energy and opposition that when overcome lifts one to where one wanted to go; or, as is often the case, to levels of success undreamed of.

No Title

Life is 10% of what happens to you, and 90% of how you react to it. (Thomas Swindoll)

INDIA HELPED SPARK THE TECH REVOLUTION!

The popular view is that high technology spread from America to other places like India over the last several decades. However less known is the fact that the Vibration of India came to America during Hippy Era of 1960s and 70s, sparking social change and the computer revolution in Silicon Valley a few years later; closely followed by the birth of the Internet, and then the Smartphone there. Thus India is in its own way is responsible for igniting the Technological Revolution that has now spread around the world.

India, Tech, And Transitions of My Life

When I arrived in the San Francisco Area in the early 1970s it was just as the hippy Summer of Love era was coming to a close and the spiritual New Age Movement was beginning there.

Many of us were in fact associated with various gurus and teachers - Maharishi Mahesh Yogi, Sri Chinmoy, Swami Muktananda, Hare Krishna movement, Bubba Free John, Sai Baba, Yogananda, Ram Das, etc. - either from India or influenced by Indian teachings. Eg from store to store my partner and I used to carry around a display of Mother's Fragrances Incense for sale throughout the Bay Area and Northern California, pioneering the fragrances named in honor of my own gurus, The Mother and Sri Aurobindo.

Also occurring just a few miles south, down highway 101 in the South Bay, was the birth of the personal computer. In fact, when I stopped selling products from Mother's Commerce Company (Pondicherry, India) in the area, I immediately got involved in selling personal

computers - first at retailer Computerland and then on my own as consultant and instructor. It seemed such a natural. We were former hippies influenced by India and Indians, now dovetailing into technology, which we believed equally could save the world. It was the wonderful bridge between Spirit and Material Reality; in this case a new age of personal technology. This transition is in many ways the key story of my life.

Thus, we can make the case that India and its spiritual teachings were responsible in many ways for the birth of Silicon Valley itself, including microprocessors, personal computers, the Internet, the Web, Smartphones, etc. etc. Through the values of India coming through the hippies who got involved at the Homebrew Club and other associations in nearby Silicon Valley, we made the synthesis of spirit and matter; each in an extremely dynamic way. The San Francisco Bay Area was the center of this global transformation.

I recall years earlier my roommate at Syracuse University who was deeply into Indian teachings and other esoterica, even as he had piles of Popular Mechanics magazine under his bed, at the back of which you could purchase your own "personal computer construction set." Thus, Indian spirituality merged with technology was there ten years earlier. It was a "predecessor" event of what would actually take place in my own life, as I made the transition from being part of the hippy revolution, selling products from India, being deeply influenced by Mother and Sri Aurobindo, and then decades of work in and around the San Francisco Area (including Silicon Valley) in the profession of computer sales, software training, consulting, etc. etc.

And out of this would come all my studies on Life Response, making the career of technology an endless state of wonder via a continuous flow of marvelous response from life. Technology proved to be the field where I could practice all of the inner laws of life. And these laws, discovered by my teacher Sri Karmayogi, came from deeply rooted insights of the ancient Indian tradition, married to the Evolutionary (Supramental) teachings of Sri Aurobindo.

Satprem's 'Adventure of Consciousness' Book in Our Lives

As Mother discussed with Her disciple Satprem in the early 1970s, there was hope that his two books, 'Sri Aurobindo Or The Adventure of Consciousness' and 'On the Way to Supermanhood' would become big sellers around the world. However, Mother said that even if only a few books were sold, deeply affecting those readers' lives, it would be a great achievement.

And so it would turn out that Adventure of Consciousness, the book about Sri Aurobindo, fell on Garry and Leslie at Moe's Books in Berkeley when they were reaching for another book, that then set them on a course to travel to the Ashram, and then meet Karmayogi.

And somewhat thereafter my long-term friend in Queens, New York, M was carrying the same book around, which he showed to me, which in turn changed my life forever. The vibration of the book overwhelmed me, and I now became familiar with Him and Her. And that in turn led me to move to Northern California, and then later connect with Garry and Leslie and Appa in Southern California.

Perhaps we can thus say the book fulfilled its purpose through these few individuals and several others, just as Mother prophesized.

Reader: As Everything is Brahman, The Book carries the power, by cosmically connecting people across the world... and its vibration continues in the subsequent forms through

'The Book' and many others.

Thank you Sir for sharing.

Response: Great insight

Reader: True! Impacted my life Very Much Deeply and I bought all Satprem Work and also Agenda.

Mind of the Cell and Evolution II is also his great work. ❀

I felt Goosebumps after reading this Post. And I have travelled 15 years back when I read these posts. 🙏

Response: Very stirring comment.

Comment: Through Her intention, Mother put the power of Satprem's book in motion, and it continues to vibrate out among us in a variety of ways.

It (and its offshoots) are modestly, deliberately, yet powerfully bringing Sri Aurobindo's vision to the world.

No Title

Life consists of an endless series of small and large contradictions that we can overcome and harmonize through our Higher Consciousness.

No Title

Individual Fulfillment and Harmony of Purpose (with others, life) are the twin goals of creation.

Disruption & Evolution

Disruption in the world is not simply due to upheavals in politics, economics, and social concerns, but to a fundamental inability of limited mind to grasp the truths of life, its purpose, and the evolutionary unfolding of Higher Consciousness.

No Title

Mind tells us to go after life. On the other hand, Spirit tells to wait for Life's Initiative to arrive; and fully honor it when it comes to us, implores us.

No Title

If you are bitter about a matter, - such as an acute feeling of being wronged -- you will likely energize it, and thereby compound the problem.

Non-Initiative and Aspiration

Though Non-initiative is recommended over taking initiative, as it tends to far more often end in success, inner Aspiration - whether for higher life status, or personal and spiritual growth - is still encouraged, as it tends to attract Non-initiated great Opportunities.

Social Development Principles

-Social development occurs through a universal process; though we are unaware of it.

-It begins with the Aspiration of society for a certain progress that ends in its fulfillment.

-Pioneer individuals take to a unique understanding that opens the door to a unique possibility.

-The pioneer individual is trying to fulfill something Society subconsciously yearns for.

-If the Society agrees with the new development by the pioneer individual, social progress takes place.

-Society may also crush the pioneer individual, and his aspirations and initiatives, out of existence, preventing social progress.

-When a great progress comes as a possibility, it tends to also attract an equally strong opposing force. These are reactionary elements in society that arise to block progress.

-The process of social development can be thought of as an idea that is organized into strategies for fulfillment, which are then acted on and implemented through full effort, right attitude and positive values.

-The pioneer Individual is carrying out the subconscious will of the Society, which itself is carrying out a Universal purpose, which is carrying out the Transcendent aspiration and will of the Divine.

Transcendent

v

Universal

v

Societal

v

Individual

-Society evolved from a primitive physical state of survival, then emerged into a vital stage of community, commerce, and cooperation, and then into a mental state of organization, individual initiative, and the potential for human fulfillment.

-We have now entered the Mental stage of human evolution - of rationality, calm and relatively clear thinking. Higher still we are slowly emerging into the Spiritual domain of integral truth where spirit is applied to the details of life, enabling instantaneous miraculousness.

-The Spiritual stage occurs when true spiritual individuals progressively emerge among the people, and is fused with ultimate harmonic relations among them.

-We can think of the evolutionary process as a movement from Ignorance to Integral Knowledge. We are only partially out of the Ignorance, as humanity is yet to discover the higher principles of Life.

-"Unity in Diversity" is one way to think of the highest mission of society. I.e. we experience true individuality, while increasingly being in harmony with others and life.

-Society evolves through ever-increasing emergence of spiritual values of truth, peace, knowledge, power, joy, love, infinity, eternity.

-The personal and spiritual growth of the individuals furthers Society's growth, and vice versa.

-Society endlessly evolves, through ever- higher expressions of consciousness, culminating in a new form of humanity and a Divine Life on Earth.

No Title

The Force produces greater results when we are calm, patient, positive, and have faith.

No Title

Behind the fragmentation, nationalism, shutting out and non-collaboration among nations, there lurks the likelihood of further movements toward the Unity of Nations.

No Title

There are times where withholding broadcast of certain information is critical for its continued, on-going success. Broadcasting it can have the effect of distorting, reducing, or even halting it in its tracks.

Higher Order Relationship of Clarice & Lorenzo Medici

'Medici' is a TV series about the rule of Florence during the emergence of the Renaissance and how the Medici family served as the banking support system for society, which included patronage to the great artists of that remarkable time.

The first season involves Cosimo, the son of Giovanni, the head of the great Medici bank, who believes that it is fine to do a small evil if it enables a greater good. Giovanni's son Cosimo grapples with his father's questionable belief system, and eventually gives it up when he realizes that Giovanni has bribed various high members of the Catholic Church to secure favor.

Many years go by and Giovanni's great grandson Lorenzo is raised by his grandmother to have the highest values in life. Lorenzo grows to become an exceptional young man of high personal values and ideals; in many ways the very opposite of his great grandfather Giovanni.

At one point Lorenzo, who is now head of the Medici bank gets involved with a beautiful woman of high position who he has an intense physical relationship with. During that time

many things seem to go wrong for Lorenzo, despite his high values of fairness, justice and the like.

At some point subconsciously Lorenzo realizes he needs a higher form of relationship, and soon after meets the kind and humble Clarice. She is exactly what Lorenzo needs for a higher love, as well as his own personal growth. Not the intensity of sensual relationship, but the deep love with someone who is kind, loyal, even spiritual: a perfect complement to his own powerful, deep-seated ideals.

Clarice will not only prove to be a near perfect mate for Lorenzo, but she will take several actions behind the scenes that will enable Lorenzo to overcome several very serious political and social challenges occurring around him.

His connection to an individual of a higher order proves to be a great benefit to him, as he is able to act in ways that fulfill his own deepest values, as he navigates through the complex, dangerous issues facing an emerging Florence during the flowering of the Renaissance.

Clarice and Lorenzo are two magnificent characters of the highest order, making their way through difficult, yet breathtaking times in Renaissance Florence.

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Trailer:

<https://youtu.be/NM1E6GnHC00>

Clarice composition:

<https://youtu.be/wZk6Vi7tcYk>

Power of Values Instead of Money Concerns Attracts It Infinitely

Karmayogi indicates that great wealth can come to those who care little about money, but deeply about higher values that can bring great success in work. Example: The hippies in Northern California shunned money for Higher Values and attracted the greatest wealth the world has known in nearby Silicon Valley.

Controlling Primal Negatives

There are a number of primal behaviors we can learn to overcome in life. We can shift from-

- Fear to Faith
- Hate to Calm and (even) Affection
- Desire to Self-Control
- Ego to Humility and Selflessness
- Depression to Helping Others
- Self-Pity, Psychological Weakness to Inner Strength
- Blame to Self-Responsibility, Appreciation and Gratitude
- Fixidity, Rigidity to Openness, Willingness
- Confusion to Stillness, Peace of Mind

Life will quickly respond in your favor by taking to any of these reversals in consciousness.

America, India Leading World to the Future

America has led the world to the present, but can it lead it to the future? It can if it becomes less surface, sense-oriented, material, empirical, and more psychological and spiritual. If not, there are other candidates. India for one is a great possibility, with its rich spiritual tradition re-emerging from out of its current religious superstition, corruption, and poverty. On that basis it can become the leader and "guru" of the world.

Extra Mile Attracts Student Response

Willingness to go the extra mile to solve a problem - for a customer, client, or anyone, - can lead to all their related problems being resolved on their own!

Eg a student was struggling in a slower classroom setting. The instructor told the student he would give her some extra help on the topic during the break. She was glad to hear this. The instructor thought he likely would have his hands full with the student the remainder of the day. However, instead she later told the instructor that after the initial problem she was following along very well!

No Title

Mind seeks and struggles to know. In Spirit, knowledge comes to mind spontaneously without thought.

No Title

In a recent comment, Garry Jacobs indicated that he is having deeper insights into the circumstance he authored in his epic mystical novel 'The Book'! I.e. he is increasingly perceiving events in the story from a more profound perspective, suggesting that the narrative could become even more powerful in future, giving an even greater richness to the work.

Reader: Thank you Sir.

MAI partners are thrilled to witness synchronously the arrival of The Book rewritten by Prof.Stearne, and the next day it become available to whole world, a treasure of Infinite Wisdom belong to the entire humanity. As we all are receiving The Book synchronously now, perhaps a subtle indication of what presented in The Book is already happening and the other events that are going to manifest soon.

Response: Very powerful remark.

The Gift

Recently I conducted a two-day training session in Irvine, California. In previous sessions I had been a bit reluctant to hand out the official books for the course; using my own materials instead. However, this time I decided to incorporate these manuals into the overall curricula.

And so at a strategic moment I handed out the books to the attendees. I began by talking about a certain topic in the book. And so I asked the students to open their books for the very first time and turn to the specific page for that topic. When I then quickly looked down, I noticed that the student closest to me already had the page open. I said to her that how was it possible to get to the page so fast? After all the book is over 200 pages and it would certainly take a few moments to thumb through it to the requested page. She then said she simply opened the book at random, and instantly found herself at that very page! When I mentioned it being a startling synchronicity, the student shrugged, merely staring back at me, without reaction or emotion.

The next day we had to work with yet another book. So once again I handed out the manual, and then again asked the students to open the book for the first time and then turn to a specific page for the topic I was discussing. Startlingly, two seconds later another student whom I passed by had instantly opened to exactly the page I requested. When I asked her what she did; she too said that she had just randomly opened the never-before-opened book, and had gone to the exact page I requested!

It just seemed utterly impossible for this to have happened; and yet once again the same miraculous-like event had taken place. Though my students seemed somewhat blasé about it all, I was shaken to the core. For my students it was mere coincidence. For myself it was an indicator of something powerful and profound that had been taking place.

And so after the class, I headed home for the evening, When I arrived, I laid down on my bed to rest, but shortly thereafter heard the letter-carrier talking with my friend at the front room. They seemed to be discussing the arrival of some type of package. Two minutes later my friend came into the bedroom and handed me the object. And yet as she approached me, I instantly knew what it was, and took the package from her outstretched hands. In fact I had just received the first ever printed volume of Garry Jacobs' epic mystical novel 'The Book' that was promised to me. It was a Gift from the author that I dearly looked forward to receiving.

Then I suddenly realized why those miraculous circumstance had occurred on that and the previous day with my students. They were in essence “predecessors” events; i.e.. miraculous-like indicators of things to come; in this case a book to come so filled with consciousness that it has the power to instantly change people’s lives. In essence, my two instances of startling book-related coincidence were a foreshadow of the arrival of The Book, which seemed like nothing less than a Gift from heaven.

Adopting Complementary Vales Which Nations Lack

Complementary values are required to create a whole. The contradiction occurs in a society because the complementary values has not been exercised. Eg India had cooperation and harmony, but without real individuality in the mass. America the opposite; individuality without the necessary cooperation and harmony of purpose. And so forth for each and every nation.

The whole of the movement out of Ignorance to Integral Knowledge, indeed all of history is to discover and embody the complementary value which it lacks.

On Sri Aurobindo’s and The Mother’s Progressive Spirituality

KL: “I have been experiencing greater understanding, affinity and resonance with the progressive spiritual philosophy of Sri Aurobindo and The Mother the more my own spiritual practice and insights mature.”

RP: Congratulations.

Progressive spiritual philosophy is exactly it. They are already at the finish line silently waiting for others to arrive through materialism and even the spiritual tradition.

They saw what no one saw before; a perception that never existed before. It’s so radically different. Psychic being (evolving soul) and Supramental plane and power especially so.

And yes even this sometimes miserable universe is divine in their eyes.

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The Indian and other spiritual traditions say that the world is unreal or an illusion or to be shunned, and we simply have to connect to the spirit. They however say, in their progressive yoga, that the world is Real, but the force must be applied to it to elevate it in consciousness; to divinize it. It’s therefore an evolutionary philosophy.

In particular, the supramental, the Mother, is the power, the integral truth and knowledge that what we open to; the Force that enables the personal, societal, universal transformation.

And inside we move from the surface to the depths, until we connect to the psychic being, the evolving soul, which will make us far more likely to open to the Supramental power, and thereby divinize life, including our own lives.

Karmayogi’s Spiritual Contributions to the World

Karmayogi has revealed to us most of the subtle laws of life, the workings of supermind, and has himself practiced integral yoga and transformation to a large degree. It is almost unfathomable how far he has gone in his experiences and writings.

He has in essence surrendered to the Force, to the Mother at every detail level of life, and has documented his findings of the many facets and workings of individual, societal and cosmic existence.

His writings are hundreds of years ahead of our times in the many fields of life he has addressed. And yet it has all been documented and offered to the world for humanity’s future reference.

His vast knowledge comes not only through his opening to the Mother, to that Supramental Knowledge and Power, but also from his deep studies of Sri Aurobindo’s ‘The Life Divine’, which is the bible of spiritual insight and the pathways to our future human existence. He has taken the Master’s radical departure from the spiritual tradition, and explained it with fresh eyes for the modern world.

No Title

Vivekananda indicated that yoga is accelerated evolution.

Societal Effect of Changing One's Consciousness

For those who are spiritual devotees, their own problem is representative of something typical in society. So if that individual raises his consciousness in connection with that issue, it can have a positive effect to the corresponding element in society. It can also eliminate that particular negativity in the world once and for all.

So from that perspective an individual problem is a universal problem.

No Title

If you go out of your way to help others, others unexpectedly will go out of their way to help you.

Thoughts on Fire at Notre Dame Cathedral in Paris

Europe is in psychological and existential turmoil. Brexit of UK and right-wing states are rising in Eastern Europe. They are also there in Italy. Yellow vest movement in France marches on. Macron is under pressure. Immigrants are hated. Trump is amplifying the negative.

France is the heart and soul of Europe, and it too is under enormous pressure. Notre Dame is the spiritual soul of Paris, which is the cultural soul of France and all Europe. The intensity of circumstance, including many-sided psychological and political conflict subtly lit the fire.

There are forces at work that want to retrench, go backward. The EU is the greatest political, social, and economic development since WWII. This development and others like it can expand much further. The forces that can enable this to happen are currently expressing themselves in the lowest possible ways.

The EU leaders need to become braver, more inclusive, and emboldened. They need to understand the economic disparities in the world and come up with innovative methods to solve them. Until then these outcast autocracies and kleptocracies will fill themselves with hate against others not perceived of their kind. They will continue to advocate incoherent and irrational policies that will further drive these nations and economies into the ground.

In addition, China, India, the US and others can play vital roles in leading the charge forward toward a better world. Asian unity, - currently expressed through many far-sited economic alliance, - is already becoming a progressive development on par with the EU itself.

Behind the current darkness there are increasing developments towards Harmony, Unity, and collective action. After all the darkness is a more intensive form of the positive that will reveal its greatness in the next rounds of human events.

No Title

As The Book says, simultaneous events are related without exception...only what they are trying to reveal, we might not know as we are on the surface. (SM)

Comment: Even apparent negative circumstance can happen parallel, synchronous to positive ones. Looking at the negative deeper, we may discover a positive element within it.

No Title

All the negative, reactionary forces rising around the world indicate the Evolution is accelerating.

No Title

As the Supramental Power descends from above, It awakens the buried, involved Conscious-force in the world, in humanity, in the individual, precipitating their further growth, development, evolution, transformation.

Spiritual Values in the Involution and Evolution

The Supreme deployed cosmic determinates, spiritual values and verities - including peace, truth, harmony, wisdom, power, creativity, love, delight, timelessness, and infinity - in the Involution from spirit to matter. Likewise, we increasingly apply those same spiritual values in our lives in the Evolution, from matter to spirit; fulfilling the Divine intent on earth.

No Title

As I advance in age, I am increasingly engaged in the yoga of going deeper within, opening to the Mother and Her Force, in order to open up opportunities, rectify problems, and transmute life, - thereby purifying, perfecting my mental capacities, my psychological being, my vital/emotional propensities, and my physical being.

Primal Energy as Source of Material Creation

Q: What happened before the Big Bang?

A: Sri Aurobindo indicates that before material creation there was/is a Divine Reality that involved itself into a primal Energy. Its intent was to further subdivide, which it did as atomic form that became the basis of matter and the material universe.

Sri Aurobindo's Cosmology and Transformational Path

Every so often I like to revisit the subject to see if and how my understanding has progressed from previous descriptions.

--INTRODUCTION TO THE REALITY, INVOLUTION AND EVOLUTION:

-The Reality consists of two movements; an Involution, a descent from the Supreme Consciousness down to matter; as well as an Evolution from matter to the Supreme.

-In the Involution/descent the Consciousness is increasingly lost, hidden, involved in order to enable a dividing action that would lead to material creation in a universe. In the Evolution the Consciousness is progressively regained to connect back with the Supreme and divinize life.

-Through the Involutionary dividing process the Supreme extends itself to material creation, though its outcome is unconscious, inscient matter. However through the evolutionary process that dumb matter evolves into conscious forms, culminating in humans that progressively embody the Supreme.

-The Supreme creates a universe for the purpose of seeing its Consciousness imbued in an infinite multiplicity and variation of forms for the purpose of infinite Delight.

-The universe is the body, the material incarnation of the Supreme - the Divine, God.

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--DIVISION PROCESS OF THE INVOLUTION, UNITY PROCESS OF EVOLUTION:

-To begin with there is only the Supreme. It is infinite and One

-To become the material universe and beyond, the Supreme goes through a division process. It first divides into three: Sat, Chit, and Ananda

-Sat is to perceive its own I finite, eternal Existence; its Beingness. Chit is the emanation of a force, a Conscious Force as a result of recognizing its existence. Ananda is Its Delighting in its awareness of its Existence, Being, and Conscious Force.

-All three are One in Sat-Chit-Ananda.

-Within Itself the Being aspires for a universe of infinite, varying forms to be created that would embody its own divine attributes in infinite variation. That would require a dividing capacity and action, and so it extends Itself to a 4th plane - Supermind.

-Supermind will create the universe from out of the Conscious Force and the spiritual attributes of SatChitAnanda.

-There are divine-attributes bound up in Sat, Chit, Ananda that the Supreme seeks expression in the material universe to come; through sentient beings, eventually through human in evolved form. These spiritual values/attributes include Peace, Truth, Wisdom, Oneness, Love, Delight, Timelessness, and Infinity.

-These attributes are only divine attributes SatChitAnanda. They are not embodied, acting in a realm of forms. Supermind thus has the mission for their expression in the universe to come. It makes this possible through a dividing process and action.

-Via Supermind each of the divine attributes, aka "Real Ideas" formulates into standard structures of Subject - Method - Object. Eg love becomes lover loves the beloved, knower knows the knowledge, etc. Though there is now a divided action, the subject and object are still fused in Oneness.

-That is an essential quality of Supermind: things that are divided remain in identity and one. Thus eg the Lover, through its love is one with the Beloved

(This is also the goal for the forms, we humans to come in creation. To shift from divided nature - in thought, emotion, action, - to oneness. Eg I shift from partially to fully knowing the knowledge of any matter; in its completeness. I the lover fully, integrally love the beloved, instead of partially loving or even hating.)

(-By opening to Supermind via the Divine Mother in the Evolution, we will embody the spiritual values, reestablishing the lost oneness, transforming our own lives and life on earth.)

-In order to unfold the spiritual aspects in the triplicity arrangements, there needs to be a cosmic context for it to take place. Thus Supermind unfolds space and time. Space is extension. Time is extension in motion. Now the Real Ideas have the context to express in its triplicities.

In Supermind each of the triplicities are in a fundamental oneness, plus all of the triplicities are one with every other one.

Also in Supermind the Conscious Force becomes a fusing of Knowledge and Will. I.e. what it knows (in integral harmony) gains the capacity to become real.

-Now there is a further division in the descent, the Involution, but not of the harmonic kind as in Supermind.

-There is a slight breakdown in the unity of the aspects of the Supramental plane. This is called the Overmental plane, which each divine attribute, each God that emerges there does not stand in unity with each of the others, but seeks fulfillment in its own realm alone. Thus a kind of separateness begins to be established, instead of the perfect unity.

-Now the Conscious-Force, the Knowledge and Will begin to break down still; the pairings lose their integral consciousness and knowledge, becoming a plane of Mind. Mind does not know the unity of truth of the object it seeks to know. It has only a partial knowledge; incomplete; no longer unified. (Again in Supermind in the evolution, the human will grow beyond its Mentality (even rational thought) to Intuitions of knowledge, and even supramental perception that knows the complete object of knowledge, while having total power to make it real in the world.)

-Now the Consciousness, the Knowledge is full absorbed and hidden. What remains is Mostly unconscious energy. Energy will become the source of the material substance that is to follow. (In the Evolution, there is an upward movement from material substance to energized forms, recapturing a fraction of the Energy of the Involution. It acquires all the energies by rising to Mind, spiritual mind, to the depths within, instead of the surface, etc.)

-Now the energy further divides into ultimate small entities that is atomic substance that takes shape as material form of matter.

-At the point of matter, there is total Inconscience, with the Conscious Force, with the Knowledge and Will fully buried, hidden, involved in material form.

-The final operation of the Conscious Force occurs in energy. In matter the Conscious-Force is fully involved.

-The Involutionary process that begun as spirit being ends with infinitely divided matter. It is also where the Evolutionary process, - from matter to animated life (energy) to Mind to Spiritual/cosmic mind to Supermind to Conscious Force reemerging - begins.

-Though hidden involved, there is a compulsion of the Conscious-Force in matter to evolve into higher forms in the Evolution. There is also the support of the higher planes above for these developments. Eg the mental plane descends into the physical enabling the evolution of the physical to a form of mentality there.

-The Evolution occurs in inverse formation to the Involution. Involution is a descent from Sat-Chit-Ananda, to Supermind, to Mind, to Energy/Vital to Physical Matter. The Evolution is an ascent from physical Matter to Vital, animated life from to Mind to Spiritual Mind, to Supermind, to Sat-Chit-Ananda

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--THE REALITY:

-The Reality is the all. It is both the Involution and the Evolution.

-The Reality is the Supreme and the creation/universe inexorably intertwined.

(in our own lives, we see them as separate. Spirit and Matter are perceived as two separate realms. Our destiny is to rise in consciousness, and see them as one. As we move from mind to intuitive mind to supermind that increasingly and integrally occurs.

Also, as we rise on consciousness, the Conscious-Force progressively moves from its hidden, involved state to the surface of our lives, of life. I.e. each point where we rise to a higher consciousness, the involved Conscious-force progressively comes out, and also leads to the next higher formation of consciousness)

-Reality is to perceive integrally together:

--The Involution and Evolution

--The Being and Becoming (The Being is essentially spirit, the Supreme) Becoming is essentially Life

--Spirit and Matter

--The One and the Many

--The Individual, the Universal and the Transcendent (the universal carries out the transcendent intent. We carry out the universal intent. We carry it out by becoming aware of our true Individual nature.

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--THE INDIVIDUAL IN THE EVOLUTION

-In a universe of matter, life/energy, and mind, we appear as sentient beings consisting of a physical, vital, mental, and spiritual planes, levels of being.

-In the physical plane, there is the subplane of pure material substance of the body (physical physical); the vital in the physical (physical movement) which is seat of our physical urges and sensations; and bodily movements; and the mental in the physical, which is the consciousness of the body, where it learns how to act, where it learns the primary skills needed for existence and action from movement

-In the vital plane, there are the sensations of the emotions (physical in the vital); where our feelings, emotions, passion, enthusiasm reside (vital in the vital); and where our attitudes, life intelligence, and higher emotions lie (mental in the vital).

-In the mental plane there is the processing of information into facts, associations, and ideas (physical in the mental); the ideals and values we subscribe to (vital in the mental); and the plane where we engage in pure, rational thinking, using logic (mental in the mental)

-Beyond that is the spiritual mind, consisting of the Higher Mind (silence of the mind producing right thinking); Illumined mind of light and vision: intuitive mind of intuitions of thought without thought: universal mind that perceives all; and supermind, which has integral, unitarian knowledge with an associate power to make that which it knows real.

-This is the vertical scale of human consciousness. There is also a horizontal scale ranging from the surface to the depths. The surface are the ordinary moment to moment reactions of the mind and emotions that we experience.

-The depths is the Inner Being, consisting of the Subliminal being, the subconscious, and the superconscious. The Subliminal receives messages from the superconscious, and then relays them to the surface as guidance. The Inner Being is a far vaster range than the outer being,

but it is mostly hidden from the average person. By developing in yoga (through silence and other methods) one can get in touch with the subliminal and its profound inner guidance.

-Within the Subliminal is the Psychic being, the evolving soul in us that has taken birth in our person to acquire knowledge in its journey through time. It leaves the body at death and goes to rest or enters a new birth to acquire further knowledge.

-When we open to the Psychic Being we experience divine spiritual attributes like peace, love, delight, and timelessness; and we know our purpose of our life on earth. It is the starting point of Sri Aurobindo's Integral path of Transformation. Through our connection with it, our mental, vital, and physical nature is uplifted and ultimately transformed.

-When the individual is able to create by connecting to the Supramental, he attains the same power as the Ishwara, the Creator aspect of Sat-Chit-Ananda, enabling us to be infinitely creative creators just like the Supramental plane that enabled a universe to come into being from a Divine Source.

-Descent Follows Ascent in Consciousness -- For every ascent in consciousness to a higher plane, there needs to be a corresponding descent into the lower planes to purify these, and complete the cycle of transformation.

-From Behavior to True Spiritual Individuality - In the Integral Yoga one moves beyond the surface being, tied into the herd, conformist, non-individualistic view and advances upward from Manners (copying others) to Behavior (unconscious individuality) to Character (an identifiable formed nature, character) to Personality (A uniqueness of character and action) to true Spiritual Individuality (spiritual individuality made possible by upsurging of inner guidance from the subliminal and psychic being).

--TRANSFORMATION OF OUR BEING

The yoga of Sri Aurobindo is to get in touch with the Psychic Being, and feel all its wonders – joy, love, truth, etc. – and then surrender to the supramental Force (the Divine Mother), which will transmute the mental, vital, and physical planes of our being, and also divinize life.

When we reach the psychic being, we begin to discover our True Self and identity. As true Individuals we not only fulfill our own purpose, but the Universal purpose we are tasked with, which in turn fulfills the transcendent, the Divine purpose.

Our ultimate status is to become supramentalized beings. They will be the harbingers of a new humanity living within a Divine Life on Earth.

--CHARACTER OF LIFE

Life has a character, just like we humans. It is governed by laws and principles. One law is that how you are inside is reflected by life outside. It is the principle of Inner-Outer Correspondence. Therefore if you change your nature inside, life will instantaneously attract positive conditions on the outside to match it.

-Another law of life is that it will always repeat, unless some higher consciousness is brought to bear; then it will not repeat.

-A third law of life is that everything that happens in life is indicated by a predecessor event or circumstance. There are no exceptions.

-A fourth principle of life is that circumstances that happen simultaneously are related in consciousness.

-A universal law of life is that it/Nature works on several fronts, circumstance simultaneously, for the purpose of their progress.

Shift Out of Irritation Attracts Remarkable Result

I was shopping for some bread at a huge supermarket. I was looking among the choices. Standing in front of the endless bread choices was a young girl with her mother. The youngster repeatedly called out that she liked the Artesano style bread. I never heard of it. It seemed to be an obscure brand.

However, the young girl kept calling it out to her mother over and over; imploring her to buy it, which she did. Still the young girl kept repeating her mantra about the bread!

That caused me to say in my mind sarcastically "why not say it again little girl, for a 6th time." Of course I withheld my sarcasm.

But then I had an inspiration and said to myself "why not purchase this bread and see what it's like," which I did!

I then walked down past several very long shopping isles of food. Suddenly I came upon a small presentation, and the first thing I saw was an advertisement for ... Artesano products! Though hundreds or even thousands of articles or brands could've been advertised there, it was this obscure brand that I had just earlier witnessed appeared before me!

Instantly I understood the synchronicity, having experienced such Life Response events thousands of times. Once again I clearly witnessed the fact that when you come out of negativity, - in this case out of irritation and sarcasm, - you immediately attract startling, fortuitous events.

Life had clearly winked at me on this unexpected, joyous occasion. And by purchasing the bread itself, I evoked a response that was particularly magical!

No Title

The Divine Mother is the Divine response to the Human Aspiration for light, love, truth, joy, and spirit.

Moving to the Depths Within

We will move to the depths within - the subliminal being and psychic when we still the mind, and withdraw from the surface consciousness.

Methods of constant consecration, non-reaction, and taking another's viewpoint will greatly aid in this endeavor.

From the depths we will truly perceive things, receive inner guidance, and more readily be able to surrender to the Supramental Force, to Mother, to bring life under control (life response), and transmute our mental, vital, and physical nature.

No Title

People think Romance is only about Love. Actually its equally about one's own personal change; our capacity to rise above one's limited perspective in the relationship; our ability to change our consciousness relative to our partner.

No Title

Some call it "Fate". Others call it "Destiny". Perhaps we can call it "Collaboration with the Intention of the Universe".

Society vs Mother's (Truth's) Consciousness

Society values mass conformity and frowns on anybody doing anything different from the convention.

The Mother values independence and originality and welcomes the spiritual rebel.

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Society supports lifeless and ossified institutions even when their inner worth has been fully lost and only the outer shell remains.

Mother's consciousness will have nothing to do with such dead institutions and will support only vibrant and live institutions to the extent that they evolutionarily move forward.

--

Society will support anything only after it gets the social endorsement of the majority.

Mother's consciousness will support the Pioneer even when he is a lone individual without any social backing.

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Society respects only money, power and status.

Mother's Consciousness respects the inner worth of the man and his or her willingness to serve Truth.

(N. Asokan, MSS)

(RP)

-Social Consciousness supports the local man, race, religion; whereas Mother's consciousness embraces all people.

-Society is slow to perceive true trouble ahead, while Mother's Consciousness can anticipate it.

-Society accepts a limited, simplistic view of history and current events, while Her Consciousness perceives many sides and deeper aspects to things.

-Society values standard-like education, while Mother's Consciousness values deeper insight and wisdom.

-Society is vulnerable to waves of fleeting issues, sensational movements, while Her Consciousness is focused on things with lasting meaning and value.

Society is blinded by the commercial, the superficial, the mechanistic, while Her Consciousness is examining, always in touch with the depths.

Though Society has a wide range of social values, Mother's Consciousness is concentrated on a core of eternal spiritual values - like peace, truth, harmony, wisdom, knowledge, love, delight, beauty, timelessness, and infinity.

Society does not truly perceive its meaning and purpose in the wider scheme of things, including its destiny, while in Mother's Consciousness we perceive our individual, universal, and transcendent purpose and meaning.

Social consciousness suffers from the physical consciousness that does not want to change, while consciousness of the Mother, Truth is opposite.

Social consciousness though change occurs through conflict, or at least spirals to the negative after positive cage; whereas Mothers consciousness is from one peak to the next, with no negative residuals.

No Title

From the Silent Depths, and being Open to life, we can continually perceive the Right Flow of circumstance, and thus exactly which Way to follow.

No Title

In Romantic relationships we are afforded the opportunity to break through divisions and contradictions with our partner, and discover the corresponding Harmony and Complementarity.

Instructor's Acceptance of Different Procedures Attracts Financial Reward

When you accept in full a request that you were irritably averse to doing, life immediately responds positively along the exact same or similar lines.

A man performed a training class for a new vendor. He expected payment in 30-45 days. Several days later, the vendor asked the instructor to follow certain procedures for future classes, though in his mind it clashed with his normal way of doing things.

However, after a few hours, he changed his viewpoint and committed to these new procedures, and then went ahead and made an initial token effort to get the ball rolling in that direction.

Several hours later, he received a letter in the mail from the vendor. Inside was a check for the full amount, paid in one day!

When you shift from reluctance and habit, life cooperates with your change, and brings a startling "life response" result.

Preventing Repetition of Tech Issue Attracts Fantastic Facility Improvements

Intensely trying to improve procedures so their previous negative expression will not repeat attracts startling positive organizational and procedural developments in the next round.

An instructor had a very difficult time of it with a client company several months back. It was due in large part to a missing computer component.

Several months later, he had another scheduled class to conduct at the same company headquarters. Concerned that the same problem might reoccur, he undertook a full court press with officials involved that it would not happen again.

When he arrived at the office, he was startled by how much the overall facility had improved, as well as how they had made dramatic improvements in the technology he was so concerned about. He was in fact dazzled by the enormity of the Improvements.

Moreover, it turned out that the session he conducted went exceedingly well, far surpassing his expectations.

By intensely focusing on preventing the repetition of a previous serious problem, he attracted a startling set of positive results all around.

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PS. It should also be noted that the issue was consecrated - i.e. offered to the higher power, the Mother -- at various points by the instructor, providing additional life response-evoking positive energy.

Solving Global Problems

Ultimately the solutions to all the major global issues - such as immigration, income inequality, still massive poverty, unemployment and stagnant wages, disease, global warming, etc. - require collective, collaborative action among nations. It requires increased World Governance, with real teeth to legislate, from above; matched by creative solutions pecculating from individualistic people and institutions from below.

No Title

Society is ready to advance at an accelerated level, as never before. The negative in the world serves as the necessary roadblock to help us marshal intensely focused energy so the society can make the great change.

No Title

Collaboration of another that comes out of non-insistent reminder on your part attracts substantial benefit.

The Subtle Physical Plane and Body

Years after Sri Aurobindo left his body, the Mother would regularly communicate with Him, as he was in the realm of the Subtle Physical. He would eg give her information about certain things, how and whether to act, etc. and she would receive it in the physical.

The subtle physical plane is near to our material existence, but still apart and non-material: ie subtle and invisible. It also has a capacity, a propensity to manifest as real.

Once Mother had the experience of the supramental body. It enveloped her. When she looked at herself, eg down at her arms and legs, she perceived their super-evolved Supramental equivalents had taken shape in her body. It was an embodiment in the material physical from the subtle physical.

When we dream, we journey in our subtle physical body in the subtle physical plane, often having subtle vital experiences.

The Gods exist in subtle in certain physical planes, as do dark entities. And yet they have the ability to influence our lives in the physical plane in which we dwell.

There are subtle physical planes of great beauty, of pleasure, bliss, and darkness.

There are invisible sheaths or layers that surround our physical body. It is our subtle physical body that exists at the subtle physical plane. It puts us in contact with universal forces. It also protects us from microbes and entities that can penetrate us and make us ill.

When we communicate with others psychically, telepathically, via thought transference, et al. we connect through the subtle plane, using our subtle capacities of mind and feeling; even spirit.

(from Sri Aurobindo)

--By the gross physical is meant the earthly and bodily physical - as experienced by the outward sense-mind and senses. But that is not the whole of Matter. There is a subtle physical also with a subtler consciousness in it which can, for instance, go to a distance from the body and yet feel and be aware of things in a not merely mental or vital way.

...the subtle physical has a freedom, plasticity, intensity, power, colour, wide and manifold play (there are thousands of things there that are not here) of which, as yet, we have no possibility on earth.

(from The Mother, mainly from Agenda)

For me, the subtle physical is far more real than this distorted world, but to see it you have to be conscious there,... For me, this subtle world is far more real than the material world – much truer, much more tangible, concrete, real – but for others in this material world to believe in the subtle worlds,

[Are you referring to the supramental world?]

It applies to everything: every true thing in the world, including all the fairy tale miracles. Things that appear miraculous to the physical consciousness happen in an altogether different way, but to it they are indeed miraculous since they don't depend on any physical processes.

As I have said [re the Experience of the 'Supramental Ship.') , ' to travel from one place to another there is no need for any means of transport, to feed ourselves it is not necessary to put external things into the body, to dress ourselves we have no need to put on clothes, etc The play of forces is the spontaneous expression of Truth and of the true Will, the true vision. (The Mother)

And what are the influences that come from the subtle physical?

Generally they are of a far higher quality than material influences. I have noticed (I don't know whether it's a personal or a general thing) that the subtle physical I see is always of a somewhat higher quality than the physical proper. I mean somewhat more harmonious: things are smoother.

... this realm is generally calm – calm, orderly, where things are more harmonious – GENERALLY (I can't say whether it's the case with everybody, but in my own case it's like that).

As I told you, Sri Aurobindo lives there permanently, as though in a house of his own: you can see him, you can stay with him, he is busy. It is very much like the physical, but a physical that would be less grating, you understand, where things are more harmonious and satisfying, less excited.

This is the subtle physical as I know it, I can't say if it is the same for everyone. Sri Aurobindo said, "There is a true physical," well, I have a feeling that this is what he calls the "true physical" – a subtler physical, the true physical which is behind.

[But does it influence the whole earth?]

Oh, yes! In general, these things are terrestrial. ...

I think that as the Supramental descends, the subtle physical will have a greater and greater action on earth, because it is the world where the new creation will be formed before it "descends," before it becomes absolutely visible and concrete.

I often have a sense that it would take only a very tiny thing – which is hard to define – a very tiny movement of materialization to make this new creation concrete to us as we are. And it is probably – it will probably be formed completely in that subtle world before it materializes.

Tuning into the Vibration of Mother Nature

One little hobby I have had over the years is to put together groups of songs that have a common theme. For example, I would go to YouTube and play a song with a certain meaning, and then recall other songs that have similar meaning, and would then play those songs in sequence.

The first time I recall ever doing that was when I was a substitute radio announcer at the student-run radio station at Syracuse University, where I put together a series of tunes from the underground music of that time.

Well the other day I started doing something similar. I was compelled to play a song about the degradation of Mother Nature called "Whose Garden Was This " by Tom Paxton. After being moved by that song I recalled another piece on the same theme by Joni Mitchell called "Bad Dreams". It was very powerful. It then led me to play the popular song by the group Spirit called "Nature's Way". And so forth.

As I played these songs, I felt a deep feeling and compassion for the state of Mother Nature; for her lands, her greenery, her rivers and lakes and mountains, and other aspects that were being degraded around the world. Then I forgot about the entire matter.

Well it turns out that today I found out that yesterday, when I played these songs, was Arbor Day in the United States; the holiday that celebrates the well-being of trees, the planting of trees, and the appreciation for Mothers Nature in general.

I had obviously caught the vibration of that celebration in my own small way, as I went from one song to another; feeling deep empathy and appreciation for the natural world.

No Title

We know the ways of Mother Nature, but not of Nature, Life, - i.e. its energy, causality, purpose; life response, synchronicities, parallelisms; laws of repetition, alignment, et al, - as it is mostly subconscious to us.

IN SEARCH OF KRISHNA

This essay, organized by Roy Posner, tries to answer the questions of Who Krishna is in terms of consciousness beyond and within life, What are His teachings relative to the Divine Reality; How does Sri Aurobindo's Supramental view compare; and How can we make the Supramental Change.

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--WHO KRISHNA IS

Krishna of the Gita is the transcendent Godhead, Paramatma, Parabrahma, Purushottama, the cosmic Deity, Master of the universe, Vasudeva who is all, the Immanent in the heart of all creatures,

... and He is the Godhead who was incarnate at Brindavan and Dwarka and Kurukshetra, and who was the guide of my Yoga and with whom I realised identity ...

(paraphrase of Sri Aurobindo)

—

--KRISHNA'S OVERMENTAL VS. THE SUPRAMENTAL DESCENT

Krishna is not the Supramental light. The descent of Krishna would mean the descent of the Overmind Godhead preparing, though not itself actually, the descent of Supermind and Ananda. Krishna is the Anandamaya; he supports the evolution through the Overmind leading it towards the Ananda.

(Sri Aurobindo)

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(here are further comments on Sri Aurobindo's above remarks)

'Ananda' is the sanskrit word for the Delight of Being that is innate to the Supreme Divine Nature, 'Satchidananda' as it is called in Indian spirituality.

At the Supramental level (in the Supermind) it is still all part of the same Oneness in all its diversified Aspects.

At the Overmind level where the One starts manifesting Separativeness, each Aspect begins to work on its own as one specific Godhead, although still in an overall harmony with all the other Aspects/Godheads.

Only at the Mental level does the sense of duality and utmost polarization appear, and the struggle between what is seen by the Mental Consciousness as multiple Opposites.

So this Essential Ananda that Krishna manifests as a Godhead on the Overmind Plane is one of the most needed Aspects of our Divine Nature that must be reconquered, on our way from our present mental consciousness as ordinary human beings, to hopefully the Overmental level and then some day the Supramental level. For the gradual transformation of our whole being, and particularly the physical body, this Ananda is one of the most indispensable powers required.

One can see then how important was this deliberate joining of Krishna, as early as 1926, to the intense evolutive work that Sri Aurobindo had been given the task of doing for the Earth.

(Lab of Evolution - Bhaga)

--KRISHNA'S VIEW OF CONNECTING TO SOUL AND DIVINE REALIZATION

In the Gita, Krishna said that mind does not have the capacity to experience the Purushottama. One has to go behind the heart to the Chaitya Purusha [the soul] from where you can know the Purushottama. Through the heart to the spirit behind the heart, one goes and realizes the Divine as a divine personality.

(Garry Jacobs, from Lectures on Sri Aurobindo's The Life Divine)

—

--THE SUPRAMENTAL PROCESS

Krishna is the Divine Reality come to earth; with all its properties of Being, Soul, Creator, Master of Life. He is the cosmic consciousness, the overmental plane brought down through his incarnation.

Can we compare Krishna's representation and Sri Aurobindo's Vision of the ultimate reality and its place in the Evolution?

We can know the Divine Soul, [which Krishna has incarnated), - which is the Overmental realization, the cosmic consciousness, - by connecting to our own soul. Therein the overmental light would come down and transform our nature and all life. This movement would support the Evolution of life on earth.

Sri Aurobindo said we can go further and make the Supramental change where there is no division, no separation among the planes; only integral Truth and Unity and Knowledge, with added power for instant manifestation as life response result.

According to Sri Aurobindo, we enable this by connecting to our psychic being, our evolving soul within, and there surrendering to the shakti, the divine Mother, the supramental Force, transforming our mental, vital and physical nature; and having the power to be ultimate, infinite-like creators in life; paralleling the action of the Ishwara above (creator aspect of SatChitAnanda, the divine Source) which enabled this universe of forms.

(Roy Posner)

No Title

The more you give up what is less necessary in your life, the more you receive what is needed.

No Title

When there is difference of opinion, conflict, agitation, try to shift from participant to Silent Witness. Your perceptions will then tend to elicit favor and prevail.

No Title

I increasingly have Faith in Mother, but not in life itself; or rather I have Faith in Life through Mother alone.

No Title

Attempts to improve your service, such as upgrading a skill, clarifying instructor documentation, or similar, tends to attract a benefit - such as a new client or a new project in that area - from out of nowhere.

No Title

When the thoughts of the mind are stilled, the vital emotions are less likely to get agitated, thereby preventing the physical body from being traumatized and worn down.

No Title

Silence of the mind (not thinking), emotions (not desiring, reacting), and body (not initiating, forcing) + Faith in the Force = best conditions for attracting success.

What Do You Think?

A devotee recently said that Indians are God-fearing, dependent on the Divine; but people in the West are self-reliant, depending on their own capacities, not the Divine's. How do you see it? Please respond in English, Tamil, or ...

Reader: Perhaps we can say, every country has a core strength in the beginning. Mind was born in Greece, Literature in England, Science generally in Europe, Individuality in America and Spirituality in India.

No Title

However, the world is collectively evolving. Life will bring circumstances for the country or the individual to learn the other aspects what it lacks.

No Title

Perhaps, it is happening. After Hippy's era, many westerners are attracted to Indian spirituality.

No Title

As a devotee, it's not what we want, but what She offers, - whether as materially real or as opportunity, - that should be embraced, undertaken.

No Title

When everything is dovetailing perfectly, you know you're in Mother's, i.e. the Supramental, Truth consciousness.

Staying on Message

There are so many distractions in life, therefore it is best to "stay on message", focusing on those things that represent our most essential goals, and your highest personal and social values.

Such a focused approach to life requires organizing and taking control of our entire psychological and spiritual nature. Success invariably follows in its footsteps.

Sync Magic

A friend of mine had 4 consecutive Synchronicities within perhaps a minute today; a record in my experience. And I was there to witness it; actually, to be part of it.

PS The music that precipitated the syncs - Brian Eno's 'Thursday Afternoon' - seems to quite literally be a synchronicity-evoking machine. (In fact, the syncs occurred on a Thursday (!) while listening to this music in the background.)

Astonishing Dreamscape Phenomena

In the past and recently I have myself been going through several startling phenomena related to dreams:

-Around 20 years ago I went through a 6-month period where every other night I dreamt the next day's news! And I was not following those stories previously in any way.

-Recently something equally astonishing has been taking place-

I am suddenly having a flash of a dream I had 30-50 years ago, though I haven't thought of the dream once in all those years. And this has been happening almost every other day for the last year or so. So far up to -75 "recovered" dreams!

Often as soon as I rest my head on the pillow and close my eyes, a new recovery takes place, instantly recalling a scene in a dream I had decades ago. It also happens occurs when doing routine things, like when taking my daily hillside walk.

--

BTW: Mother says that if upon wakening you remain absolutely still, instead of thinking or getting up out of bed, you will fully retain the dream in your memory for the rest of the day and longer; not haphazardly as we do now.

No Title

Save your energy so that you are able to come up with New Things, rather than just repeat the same old things over and over again.

No Title

A certain type of individual intensely enjoys criticizing the faults of life, which is commendable; but it turns harmful when it is not balanced by truly acknowledging life's Successes.

HEWI

The GDP (Gross Domestic Product) of a nation does not reflect the true economic and social health of society. Thus Garry Jacobs In collaboration with Ivo Šlaus, developed the Human Economic Welfare Index (HEWI), an alternative to GDP which incorporates several socioeconomic indices to indicate the quality of economic and social well-being..

<http://mssresearch.org/.../H1-HEWI-1%20Human%20Economic%20Wel...>Top of Form

Development of Bodily Mind

My body consciousness, separate from my ordinary consciousness, is increasingly forming, defining itself, making decisions, and "acting." Eg it says "ok, now that you (the normal me) took this action, here is what I am going to do next in return." And then it does it on its own, creating some inner or outer condition. Thus the bodily mind is developing a reasoning and action power independent of my own normal mental reason and will.

Perhaps eventually the ordinary mind and this bodily mind can work together; influencing one another's thoughts, influences, and actions for the betterment of both.

Phileas Fogg: How Higher Consciousness Supports Actions of a Positive Person

People of great character attributes may attract the support of the Higher Consciousness through the workings of life, even though they are not cognizant of the fact.

E.g. the character Phineas Fogg, who manages to traverse the world in a balloon in the story 'Around the World in Eighty Days', demonstrated great calm and equality of being on his journey; a wonderful capacity to live in the moment; was creative in the extreme; was kind and had goodwill toward others, along the way; and had great organizational capacities.

In the end he wins his bet and accomplishes his extraordinary feat, with a seemingly miraculous-like support of Life at the end of the story.

Perhaps we can say that he expresses so much positive energy, that he naturally aligns with the support of the Higher Power and Consciousness, even if that relationship is subconscious to the recipient. Through Life the Higher Power offers its boons to a person endowed with great positive attributes for accomplishment and success.

Accessing, Changing the Past and Present in the Time-less Now

Fully living in the Now, the Ever-Present, we are not concerned about the past or the future, and are fully engaged in the current moment. And yet from that poise, we have full access to the past and future when we turn our attention in that direction. The necessary intimations come into our minds from the past and future to guide us, to support our current needs.

How do we accomplish this? The more we move away from the surface and into our deepest depths within, the more we experience that ever-present; that single stream of undivided time consciousness.

In this way, from within, we can even alter the past and present from within ourselves, in the Time-less Now.

Maintaining Consecration of a Serious Issue

Consecration of a serious issue moves toward perfection (and thus a positive life response outcome) when it is accompanied by an absolute still mind that is not worried about the future result.

Moreover, each time the worry rises, it can be replaced by another consecrated effort which will build up ensuing Faith. Accompanied by a still mind, the divine Force can then move and accomplishes its intention.

Even thinking about whether or not the Force will accomplish should be replaced by silencing the thought, and then again consecrating it out of existence. The result will reflect our efforts to make the consecration perfect.

Here's a recent true-life example:

A man had an important meeting coming up which could lead to the need for a serious action to be taken. At first, he consecrated the entire issue, let go of it, and had Faith in the outcome. Then each time the issue came to mind over the course of the next several days, he immediately halted the thought and then consecrated again.

When the man arrived at the meeting several weeks later, the bothered thought and emotion came up again as he waited for the other party to arrive, and once more he consecrated the outcome, kept the thought out of mind, and again maintained his Faith.

Finally, the other individual informed the man that there was no need to take any serious action, as had been suggested the previous month, much to the individual's relief!

The consecrated effort had achieved the desired outcome. The divine Force had fully worked on his behalf.

Easing of a Challenging Work

Overcoming one's reluctance to engage in a work, and then making the extra effort at the outset to prepare for it, attracts an easing of all the work in ensuing stages.

A man was up against an apparent challenging work. For one, he was not too eager to review certain materials the client had asked him to review, as it seemed complicated and confused compared to other engagements.

However, the man then changed his outlook, and made the extra effort to understand his client's needs, including the fore mentioned materials. When he then made that effort, he soon discovered that the work was far easier than he thought; reducing his psychological stress about the matter!

That is the life response power of reversing out of one's reluctance. It opens up conditions of smooth flow and ease.

No Title

The devotee transforms the world by transforming himself. The corresponding change in society soon follows.

No Title

From a Supramental perspective if it's gleaned, intuitivized to happen in the future, then it's just a matter of time before it happens in the present.

No Title

True, Integral Knowledge contains an inborn power of self-action, that invariably succeeds. It is thus Supramental; the power of the Mother.

Multi-Cause, Effect Life Response

A single Life Response can have several causes, while a single cause can evoke multiple responses.

Eg when a man evoked the biggest sale of his life, it was caused by several things - shifting from unwillingness to willingness, by making a firm decision instead of none, and by taking to a determined action.

Inversely when a very wealthy man shifted from arrogance to humility, he attracted several things - an opportunity to redeem himself, the woman of his dreams to love and marriage, and a middle-class family suddenly turning to great wealth.

No Title

Reduced speech and/or soft speech attracts positive conditions. Excessive and/or loud talking attracts negatively.

No Title

If you can't say anything good about someone or something, its best to keep it inside.

Spiritual Aspirant's Triple Capacity and Purpose

The spiritual aspirant is capable of manifesting his true Individuality by going within and raising his nature, which then has the tendency to vibrate out and effect society at the universal plane, whose own intention is to manifest the transcendent's Will on earth.

The spiritual aspirant thus has the capacity to serve a triple role and purpose: Individual, Universal, and Transcendent; which in totality is the Reality, the integral All.

No Title

We make more progress in life through our failures than our successes.

No Title

In the West the ideal is that we can find the perfect person in our romantic relationship. But never do we ask how we can perfect our own nature so that we can attract that perfect individual.

No Title

We can have more harmonious relations with others when we first elevate our consciousness.

No Title

It is in our human relations with others that our character and personality develops.

No Title

Our relationship with others is the rich material for our spiritual progress.

Dan And Joe's Ultimate Form of Faith

It is said that an ultimate form of Faith is to feel the happiness as if the results have already come.

In the novel 'The Book, Dan, who leads a team at an AI company has just been dealt a serious blow, as the firm has apparently lost its only client.

And yet when Dan turns on the tv he sees that the American football quarterback great Joe Montana is in an impossible situation with only 2 minutes to go in the Super Bowl.

Dan notices that Joe he is full of optimism that he can pull it off. Joe's body language suggests a tremendous faith in his ability to get it done. It is like he is feeling the joy that the results have already come; that he has already succeed in his impossible task. It is a spiritual-like faith in the face of the nearly impossible. Then Joe goes on and drives the team downfield to victory, winning the world championship match in the last few seconds!

Meanwhile, Dan who is watching this on tv is re-inspired, and a new-formed Faith is kindled, even though the one great client has surely been lost.

Well, it turns out that the next day, it is discovered that there was a mix-up and miscommunication, and the major client has in fact been secured!

Dan's infectious Faith demonstrated that despite apparent doom for the firm, it has moved into the field of life and attracted the realization of dramatic success!

No Title

Life brings people and parties together so each can work out their limitations in consciousness.

Darcy's Consciousness Responsibility

"Consciousness Responsibility" is to take responsibility for things you are not directly responsible for, attracting great fortune to your doorstep.

Example: When the elopement happened involving the youngest Bennet sister Lydia and the scoundrel Wickham in Pride and Prejudice, potential scandalizing everyone, Darcy took responsibility for the entire matter though he had no direct hand in the issue. As a result, he not only made the effort and resolved the entire issue, saving the entire Bennet family, but attracted the woman of his dreams to marriage, Eliza Bennet.

By going beyond normal responsibility - i.e. dealing with what you are normally responsible for - to Consciousness Responsibility, which is be responsible for a wider field that others are actually accountable for, - he changed the course of his and several other peoples' lives.

Methods of Daily Spiritual Life vs Practicing Transformative Supramental Yoga

The ongoing daily spiritual approach and routine is to consecrate wherever we can, and practice spirit-oriented methods on a regular basis - like non-reaction, silent will, taking

another's point of view, shedding negative attitudes, practicing humility and self-givingness, taking to higher personal organization, making a greater effort, etc.

On the other hand, the yogic, transformative approach is to move the center of our being away from the surface of life, and into the depths; culminating in identity with our psychic being (evolving soul), it then continues by aspiring for and surrendering to the Mother's supramental Force, which descends into our being, transforming all planes of our being, (mental, vital, and physical), as well as the world around us, while giving us the capacity to create infinitely; together enabling us to become gnostic, Supramental Beings, ushering a new human race, and the unfolding of a Divine Life in Earth.

No Title

Life increasingly coming to you, as opposed to constantly going after it, is one goal of a spirit-oriented Individual.

Krishna as Harbinger of Yoga of Divine Transformation

Krishna was the first to show us what normal human consciousness is, and what the Divine Consciousness is that we can evolve toward and embody. Thus, He was the first real advocate of integral yoga; asking us to move from the ordinary to an extraordinary Supreme Consciousness that will enable us to embody the divine Spirit in all aspects of our nature, of our lives, as we journey on the path of evolution and Transformation.

Overcoming Human Constructs to Know Reality

If we want to know the true nature of Reality, we will have to –

- (1) overcome all human constructs, whether the precepts of systems of thought like mythology, philosophy, religion, theology, science, and so forth
- (2) overcome human conditioning that has risen from virtually all aspects of daily life
- (3) overcome the tyranny of surface living, by a mechanistic, material worldview, as we are hypnotized by the physical, by matter

Only by going to the Source of these ideas, expressions and experience, - to Consciousness itself, - can we know the true nature of Reality. Top of Form

World Governance Beyond Nationalism to Solve Nations' Problems

Out of economic desperation nations are turning to extreme forms of nationalism and populism, focusing on their own nation, ignoring others, instead of working together to solve problems, or better yet uniting to solve economic and other issues collectively under new forms of world governance.

The fact is these problems cannot be solved by any one government; and attempts to do so will only dig the hole deeper. The time of Harmonic action is here. World Governance's time has come.

No Title

Shell companies, money laundering, off-shoring, and other ways to avoid tax is accelerating the downfall and collapse of capitalism in the world. It is a personification of ego in the realm of wealth.

No Title

Nationalism, which is to pull in one's own direction exclusive of other nations, is doomed to fail. Only cooperation and harmony among nations will enable us to meet the great challenges we face in the world.

Dan's Dedication to What is Right

Dan is the de facto leader of the MAI team in Garry Jacobs' epic, mystical novel 'The Book'. Dan's dedication to Truth, to always trying to do the right thing, the best thing at various points attracts positive results. We can do the same in our own lives and attract similar marvellous results.

Knowledge of the Distant Future Revealed Today in 'The Book'

It is interesting that the company Garry imagined in his novel 'The Book' was fully involved in creating and distributing its Artificial Intelligence (AI) software to solve the world's problems. This came (2008) a decade before the current rage of AI technology in society. It was a kind of prophecy.

And yet is very small compared to the startling array of deep insights on the nature of how Life works revealed in the story. This is a wisdom that is unlikely to be acquired for decades; even hundreds of years. Thus 'The Book' is an epic mystical novel revealing the future understanding about the nature of Reality, expressed in a myriad of details.

Author Garry Jacobs has assimilated the teachings of Sri Aurobindo and Karmayogi, and revealed it in detail through a startling set of circumstance and events. He has given us the Knowledge of the future today.

No Title

There is a deeper Me that is in touch with the universe and Its Ways and Will.

No Title

Instead of preparing yourself and planning a work, offer it to the Mother at each point, leaving the result in Her hands. You will be astonished by the positive results you will receive from life. (paraphrase of Karmayogi)

Comment: A man who is a great thinker and speaker rarely had a chance to speak in public about his deepest, spiritual beliefs; instead focusing on the topic at hand at secular-like gatherings.

Then one day his spiritual teacher suggested he not plan at all, with no agenda or outline, for his upcoming talk; offering the matter to the Force, the divine Mother.

No Title

He was then astounded when the first question directed to him was an inquiry about his deepest beliefs, which he immediately shared: the first time he ever did so in a public forum!

No Title

That is the power of depending on Spirit. It can even overcome the common-sense need to organize and plan in advance.

No Title

Conformity restrains progress. Individuality accelerates it.

Then what are the ways you conform? How can you become more individualistic?

Consciousness Responsibility in Indirect Effect Situations

You can take to certain lower inner or outer behaviors that can attract negative circumstance for OTHERS, though they are only peripherally related to the movement, if at all. (I.e. the atmosphere is lowered by your consciousness attracting their negative for the indirectly involved party.)

Now through "consciousness responsibility" you can rectify the effect on all direct or indirect parties; or the benefit can come to them as a fresh positive result in another area of their lives.

Shifting Deep Within and Thriving in a Hyper-Accelerating World

Life is shifting from rapid, to accelerated, to exponential, to hyper movement and change. Mind cannot keep up with the speed of this change, as its rigid, limited perspective is overwhelmed. However, shifting beneath mind, in silence, open to the universal plane, one opens to and embraces this radical acceleration. It is the only way to survive in this super-speed, chaotic, unpredictable New World. Great leaders and ideas emerge there, commensurate with the hyper-accelerating surface life. In that process of enjoining the hyper, unpredictable movement, we become Supramental in nature.

The Hippies and the Supramental Force

Mother said the Hippies were experiencing the descent of the Force, though most could not hold it, as it was intense and overwhelming, requiring a great psychological stability. Still the Hippies could be considered the first manifestation of a Supramental race.

History of the Hippy Movement on Wikipedia (see below) is very thorough, though it has no inclination of the spiritual Force at work; which continues to increasingly descend today; though once again we are decidedly unaware of its existence and action.

No Title

Inner forces, like individual attitudes, values, aspirations, intensities, as well as prevailing surrounding atmospheres, and also divine intentions are what determine the flow and outcomes of life.

No Title

Always being in the exact right place at the exact right time is supramental.

Does Science Need to Validate Spiritual Consciousness for It to Spread?

KL: I've been reading a book by the Dalai Lama who observes the existence of a still deep and possibly irreconcilable chasm between Western science's reliance on results of biochemistry and studies of electrical brain patterns to validate origins of psychological states versus the experience of the subtleties of subjective observations of mind of which Western science accords little if any credence in determining the validity of a lab study. Until science develops an instrument to measure such profound assertions such as those based on psychic mystical states Aurobindo purported to have experienced, there is scant chance the existence and/or descent of Supermind can be discussed other than anecdotally. Two different lenses.
...

RP: The fact that higher Consciousness is expanding in the world, which can be proven by observing vast positive changes in society, is proof enough, without calling anything supramental. (Btw, this is one of Deepak Chopra's main themes.)

KL: I understand

RP: Material science will be the last to discover it. No sense waiting on them.

From the article in Wikipedia about the Hippy movement, it was mentioned that 20% of Americans believe in New Age thinking. That's almost 75 million people. And that's just in this country. Imagine that in the 1950s. They wouldn't know what you're talking about!

Violence down 80% in the last 20 years. Vast numbers of people identifying with the entire globe (eg environmental movement). Internet connecting the whole world. Etc. etc

These are astonishing change, and it is only accelerating. More and more people will come to see the Oneness between us all. That is Higher Consciousness. Whether we call that spiritual or not is less important.

As the people experience more synchronicity - a la The Secret and Life Response - that will be proof enough of a higher order at work.

Already 3 billion believe in God. As cross pollination occurs among the religions, and the superstitions and rituals are put aside, the greater their understanding of higher consciousness will be in the world.

Comment: By the way, the Force is actually behind and directing the accelerating positive Social Change occurring in the world.

Transformation Measurements

Aspiration - The intensity and degree to which you want to transform yourself and the world.

Sincerity - Whether you truly wish to transform yourself and the world around you, as opposed to it being just words.

Purity - How perfectly you are focused and dedicated to transforming yourself and the world, as opposed to being caught up in other matters.

No Title

From a wonderful documentary - Heima - about their return to the Icelandic countryside by new age band Sigur Ros, this 5 minute haunting piece is called 'Von.' The audience reactions, some in a near mystical trance, are priceless.

<https://www.youtube.com/watch?v=AotZiyzsVjQ&t=2333s>

Challenge to Progress by the Asura

When great positive forces like Internet, world wide web, social networks, and all arise, they are invariably challenged by counter forces which try to poison, to ruin them through nefarious means. This is the Asura (dark force, entity) at work.

Yet if taken in the right light, these positive forces can address their vulnerabilities, and become something still greater; often much greater, leaving behind or absorbing the darker elements in their ascent.

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Overcoming Separative Ego of Nations

When nations pull in their own individual direction, disaster looms: such as WWI and WWII; the 2008 financial crisis where there were no international speculation regulations; and so on.

Like the Ego of men, so too is there an Ego of nations. Let them come out of it, and all major problems in the world will be resolved; through collaboration and harmonic purpose.

Consciousness Responsibility, Soul, and Universalizing

Consciousness responsibility is to widen ourselves and take responsibilities for others false actions. It is a movement away from the narrow responsibility of just ourselves, which is essentially an Ego-movement, to a wider sphere, which we engage in when we connect to our deepest depths, the soul, the psychic being within, which is opposite of ego. Rather it is a universal movement. Life responds out of all proportion to such widened sense of responsibility.

No Title

With Consciousness Responsibility you don't blame others or life. Instead, you widen yourself, embrace others' issues, as their problem becomes yours to resolve. And when you do, the rewards from Life are marvelous all around.

No Title

Seventeen of the twenty fastest growing cities in the world by GDP at the moment are located in India, including all of the top ten.

Comment: Karmayogi's intense aspiration for Indian development, i.e. prosperity, has come to fruition. Forty plus years ago when he first started aspiring for economic well-being for the country, which he deeply believed would come true - most thought he was extremely naïve), - as it would be lucky if one city in a thousand cities came from India in terms of GDP growth.

No Title

That is the power of the Force moving in the world, and particularly on behalf of India. It will surely continue in this ever-accelerating direction.

No Title

The higher consciousness individual gets in touch with the vibration of the future in the present, giving him enormous predictive power.

Influences on Who You Are

The influences of who you are, including your disposition and purpose are

- Your genetic inheritance
- Your family upbringing
- The social, societal influence around you
- The circumstance you go through
- Your soul's purpose and influence
- The karmic influence of past lives
- Your purpose in the comic scheme of things.

Knowing the Force by Intensely Experiencing It

The overwhelming majority if Eastern and Western spiritual teachers did/do not get the life response power of the Force, of the Shakti, that one opens to; that evolves all things; that opens the door to divine life; including the phenomenon of instantaneous miraculousness.

This power, plane of consciousness that we call "supramental" is only understood when it is experienced in full. Not just through the occasional synchronicity; but through a series of frequent, intense, infinitely creative and dynamic, overwhelming personal experiences.

No Title

Congratulations to PM Modi on his 2nd term victory. I salute Aspirational and Development-oriented India, which he personifies. (Also hoping regressive nationalism is kept under control.)

\$100,000

Karmayogi wanted to put this short story by William Learner on the doorstep of everyone, as it so powerfully portrays the power of consecration to resolve a disastrous situation. A beautifully written and very inspiring story based on a true incident.

<http://www.motherservice.org/Essays/100,000.htm>.

No Title

Religious proselytizing reveals the weak points of a movement. Attracting followers in silence reveals the opposite; an inner spiritual strength.

No Title

A Sunny Attitude amidst a storm brings good or great Fortune.

Comment: Same with not-reacting negatively in an intense situation, an example of which was the airline pilot Sully Sullenberger who remained calm and therefore made a miraculous landing of his plane on the Hudson River, saving the lives of 155 passengers. He was calm and professional throughout the ordeal, which is always the best basis for attracting positive conditions.

Also Karmayogi once lost his entire fortune in a legal case, yet smiled and cheerfully laughed at the time the result came. And yet the decision was later overturned. He not only made marvelous investments with the funds for MSS, but his consciousness rose significantly through the experience. His Faith in Mother enabled him to be perfectly cheerful in the face of apparent personal disaster. He knew life would respond in his favor, and it did.

Sri Aurobindo's, Mother's Miraculous Experiences

Sri Aurobindo made the floor ripple through his accumulated Supramental force

Sri Aurobindo turned extreme pain of a scorpion bite into a pleasurable experience

Mother fell from a hundreds foot cliff and landed safely without an injury

Mother influenced Hitler to invade Russia, splitting his forces, turning the tide of the war in the Allies favor

Sri Aurobindo evoked the fog at Dunkirk, preventing the Germans from wiping out England, and turning the war

Through Mother, Gorbachev brought down the Soviet nation without a single loss of life, ending the Cold War

Mother looked at her body, and saw a fully embodied new Supramental being

Hundreds of times they sent the Force to recipients, bringing about the end of illness and other troubles

Mother envisioned a golden mallet striking a golden door, releasing the supramental force that flooded down onto the earth

While in Alipore prison Sri Aurobindo experienced Krishna, Narayana, the Divine in all people including murderers and criminals

Mother would walk at night resting her head on Krishna's shoulder

Mother would have intense communications with certain Gods who appeared before Her, trying to convert them to the one Divine and surrendering to the Divine Mother

Sri Aurobindo saw India free in the subtle physical plane, and it later came about - and on his birthday August 15th

Mother would know the full consciousness of a person by merely looking at a picture of the individual

Mother regularly communicated with Sri Aurobindo on the subtle plane after he left

Divine Principles and their Indian Versions

1. The Original Divine peace settled in the bodies of Indians over time degenerated into the inertia of Indians.
2. The spiritual detachment from material possessions exhibited by Sannyasins later degenerated into Indian acquiescence of Poverty.
3. The divine principle of surrender is seen in the Indian wife's willingness to obey her husband without any questions.
4. The divine principle of diversity is seen in India's regional cultural variations along with multiple languages.

5. The divine principle of delight is seen in Indian Tantric yoga which urges its followers to enjoy the divine principle of Bhoga (enjoyment) and manifest it in their daily lives.
 6. The divine principle of Knowledge is represented by the Brahmin community, that of Valor by the Kshatriyas, that of wealth and possessions by the Vaishya community of traders and farmers and that of service by the Sudras.
 7. The divine principle of sacrifice is demonstrated by the Indian wife who slaves away for her husband and children.
 8. The Divine principle of Silence is demonstrated by Countless Sadhus who take oaths of silent meditation lasting for several days.
 9. The divine principle of omnipresent divinity is seen among Indians worshipping earth as Bhooma devi.
 10. The Divine principle of Truth is seen in Gandhiji's commitment to Truth in the form of Satyagraha.
- (N Asokan, MSS)

Initial Difficulty Indicates Final Outcome

One of the things I have learned along the way is that everything that happens in life is always indicated beforehand. We call this initial occurrence and predictor of what is to come a "predecessor event".

Eg a friend of mine had to walk a long distance and across a major bridge to get to a job he desperately needed. It was an absurd situation he found himself in. After several years of working at the company, it was mired in controversy, and went down along with my friend. The bridge fiasco at the outset indicated the fiasco that was to occur at the firm he worked at. It was a predecessor, an initial indicator, of what the final outcome was to be.

Another person got lost on the way to perhaps the most important job interview of his life. Seven years later his work with the firm ended in bankruptcy. It too was an example of a predecessor/initial occurrence of what was to come; what was to be the eventuality.

Fortunately this man had the wherewithal to consecrate the situation when he was lost, which not only enabled him to find the office of his future employer, but enabled their relationship to last a lifetime, despite the period of bankruptcy.

As we see there are subtle ways that life operates. As we rise in consciousness, we increasingly perceive these methods of Nature, and therefore can make them our ally.

If we think about it, we may have had similar experiences of the subtle workings of life, including the phenomenon of predecessor events that subtly indicate future outcomes.

Captain Sully's High Values in World Famous Airplane Incident

At a moment of immense danger, when one is not preoccupied with the surface occurrences, and one does everything one could, Life will cooperate from multiple directions to address that serious problem, as well as reveal hidden opportunities.

When Mr. Bennet in *Pride and Prejudice* was confronted with a situation where his family's honor was at stake, and as a result moved away from his irresponsibility and took the right steps, it rapidly attracted the accomplishment of the marriage of his 3 daughters.

Similarly, Captain Sully, who loved his work and had an extraordinary 20,000 hours of flying experience, was confronted with a situation where 155 passenger's lives were at stake. And when he acted in the very short span of 208 seconds with utmost dedication, sincerity, and courage, life cooperated from all the angles, honoring his extraordinary task, saving all the passengers. As a result, he became world famous.

The movie, "Sully" ([https://en.wikipedia.org/wiki/Sully_\(film\)](https://en.wikipedia.org/wiki/Sully_(film))) portrays the real life experience of Captain Sully, who saved the lives of the passengers of US Airways flight 1549. When he took off on the flight from LaGuardia airport, New York City on Jan 15, 2009, within minutes of departure he encountered the loss of both engines due to his plane running into a number of birds. He had a mere 208 second to respond. He then made the right decision, landed that flight on Hudson River magnificently, and saved everyone's life. Though he

became an American hero immediately afterwards, the aftermath events were not that easy, as he had to prove himself; prove that he took the right actions.

During the aftermath investigation of that incident by technical experts, he was confronted with the fact that one of the engines was still running on idle power, and therefore he could have turned back safely to LaGuardia airport. He calmly rejected the idea as that data could be based not on what he had experienced on that day. Later the investigation board ran several computer simulations and thereby claimed that he could have safely returned back to LaGuardia airport instead of landing on the Hudson River.

Despite the fact that his career was now at stake, Captain Sully believed that he had done his duty as best he could. Yet, he was not sure how to prove his right actions to the investigation board. And yet that night when he watched the TV, he saw a broadcast of news about the incident, and then perceived the clue that “perfect time” was the key factor.

It was the day of the public hearing, and he consecrated deeply before entering the room. It was the first time the simulation videos and cockpit voice were going to be released. Initially two simulation videos were shown, and they proved that the flight could have been landed back safely to the airport.

As he sensed the “time” factor and figured out what was the mistake in the computer simulation, he did not react; but politely put up his argument that the simulations had not accounted for the “human factor”.

At the overwhelmingly difficult moment of losing both engines, Sully had to think, check so many things, and make the right decision; instead of what the computer simulations considered by default, which was to turn back to the airport once the problem was identified.

Also, he proved why it was wrong, as the computer simulations had to run 17 times before it was proven right. By considering the fact in his argument, the simulation was run again with delay time of 35 seconds to respond (though in actual scenario, more time was needed to take the right decision), and it was proved that the simulation videos were not able to demonstrate a safe landing.

Also at just the right time, the engines analysis reports arrived and confirmed that both engines had lost the thrust at that moment. That made the panel experts admit their flaws, and they therefore dismissed the case of pilot error.

Captain Sully became world famous ever since these dramatic events.

Sri Appa has written in detail about that incident. He has summarized as (translated from Tamil)

“...Sully was not feared of the danger, and he wanted to accomplish his duty with utmost dedication and sincerity. As a result, the danger transformed itself into the opportunity...”

(Senthil Murugan)

Comment: He lives just two or three small towns over from where I lived in Lafayette, Ca in the San Francisco Bay Area.

The film indeed shows the power of steadiness, fearlessness, inner strength, and professionalism; as well as the power of dedication to Truth in the conflictive aftermath; and how life invariably responds positively to that spiritual-like value via unexpected support.

We also see the power of Non-Reaction and Consecration (opening to the spiritual Force) at play.

No Title

I push a bit harder in my own work, invariably, and much to my surprise someone comes forth with word of great new developments from a whole other work I am related to.

Perceiving Mother’s Countless Unknown Experiences

Mother indicated in Agenda that beyond the vast number of inner and outer experiences She narrated in the recordings, She had dozens, hundreds, perhaps thousands of experiences that She did not have the time or wherewithal to explain, as that time would interfere with Her yoga and other duties.

Imagine if we knew what those were! How many other countless startling insights could be derived by Her followers from such a knowledge!

Perhaps we devotees are meant to one day discover them on our own, in our own lives; perceiving what Mother experienced but did not have the time to explain.

No Title

The European Union serves as the first critical model for future Human Unity.

The Future Body

Mother Said That The Future Body Would Have No-

- reproductive parts
- digestive parts
- breathing parts
- circulatory parts
- structural parts

all to be replaced with Centers of Consciousness. This is the body of the Supramental Being. We can aid in that process by overcoming certain limitations of our physical nature.

No Title

All that comes to us serves to help us grow.

Keys to Society's Evolution

For society's evolution to take place-

- Rational mind needs to be replaced by intuitive mind
- Nations need to come together, not split apart (eg EU, federation of India)
- World governance must create global legislation from top down
- Individuality must be encouraged from the bottom up
- Spiritual Force must be brought to the fore to solve problems
- Ego of nations must be replaced with cooperation and collaboration
- Nationalism replaced with Human-based society, economics
- Education should develop unique capacities of each child
- Science should create in context of other disciplines (like sociology, psychology, etc: Not merely be material, empirical
- Religion - of ritual, superstition, et al - should be replaced by spiritual experience
- The people should become aware of the Character of Life and its subtle laws
- High human values should be adopted by the people - including freedom, tolerance, fairness, goodness, peace, and harmony
- "Unity in Diversity" can be the central motto and value.
- Global Governance can lead, legislates our way forward
- Individual nations alone cannot solve its problems. Collaboration with others, leading to ultimate unity can only solve those issues
- Political, economic, social, and cultural integration is the goal
- Spiritualization of life on earth is the ultimate mission, expressed thorough peace, silence, harmony, knowledge, wisdom, creativity, love, delight, timelessness, and infinity
- All problems in life are seen as opportunities
- Shift from our current inherent Ignorance born of creation to Integral Truth and Knowledge of existence
- Perceiving Reality as it truly is. Eg Understanding the integration of Spirit and Matter

Breaking the Vicious Cycle

AW: where the ego is ascendant, ignorance is ruling and therefore there is an inability to perceive "spirit"... Hence in the ego-world of ignorance, "spirit" simply has no meaning and cannot be perceived (I.e. a "vicious circle")

RP: Yes. That's why pioneer individuals who are aware of this dilemma take up personal and spiritual development (yoga), to help break the vicious cycle, creating an opening for the rest of the world to follow.

No Title

Do the right thing at any moment, and Life will take care of the rest.

Comment: -Eg Lorenzo tried to do the right thing throughout 'Medici the Magnificent'

-Dan tried to do the right thing throughout 'The Book'

-Darcy did the right thing when learning of the elopement in 'Pride and Prejudice'

-Jean Valjean did the right thing by going to the trial where a man was falsely being accused of being Jean Valjean in 'Les Miserables'

All met with great success, one way or another.

No Title

We are now in nation-states and the next step may be a global state or global governance. However, there is great resistance to this move. (Ashok Natarajan)

No Title

If you recognize another's mistake and initiate to inform them of the fact, soon after, - and much to your embarrassment, - someone will initiate in and inform you of an altogether different mistake you have made!

"Life is like a beanstalk...isn't it?"

Yes, we are constantly climbing up, rising up, progressing, evolving; even though we may circle back down on occasion as seeming regression. And yet that is really assimilating what was above, down below. Life can thus be said to be akin to a spiraling beanstalk.

Power of Quickly Recognizing Wrong Behavior Outcomes

Acting silly in an inappropriate situation quickly attracts negative conditions. However, realizing the error and taking responsibility will instantaneously reverse the situation.

This indicates that when a negative outcome suddenly ensues, and you recognize your wrong attitude, you are likely to quickly reverse the negative conditions, or otherwise attract positive ones.

No Title

So Far: The Smartphone is great; the Internet is greater still; Life Response/The Secret is greatest of all.

Array of Challenges

It is far too difficult to deal with our normal array of physical, vital, psychological, and mental problems/challenges with our ordinary consciousness. Only by being steeped in Mother, the supramental Force, - from a poise deep within - can we navigate these issues; overcoming them; indeed turning them all into golden opportunities and blissful achievements.

Reader: Please do differentiate the psychological, and mental problems/challenges

Response: Psychological is an introspective mixture of emotion (vital) and thought. Like my view and feelings about another person, or a sticky problem that has arisen, or an opportunity coming my way.

By Mental, I mean more of the right knowledge or truth of things: that the mind grapples with through forms of logic and reason. Like how to resolve a math equation or having the knowledge of how to fix a faulty device.

(And then we also know that thought and reason can be tinged by wrong attitudes and false beliefs rising up through our psychological and emotional nature.)

Through the higher Power, the supramental Force the best emotions, attitudes, thoughts, actions and results tend to come about.

No Title

If Spiritual aspirants, devotees look around, they will perceive subtle, powerful Connections between things that the ordinary, surface consciousness-oriented person completely misses.

Ideologues and Truth

Political, economic, social, cultural Ideologues subscribe to one set of values at the expense of another, causing their truth to be tarnished by degrees of falsehood.

No Title

Engage in a work not so much to earn, or even to be successful, but to Grow as a Person.

No Title

For most people "Growing as a Person" means shedding certain unwanted habits, attitudes, or beliefs. For the spiritual aspirant it also means increasingly relying on the Force, on Mother; rather than on one's own self or the exigencies of life.

The Choice of Nations

Working together, collaboratively, the nations of the world can solve its problems relatively easily. However, working apart, separately, ensnared in Ego, as is occurring now, the solutions will come slowly, painfully, and be filled with conflict. The choice is ours for the making.

1 Nation Veto Power in UN

The UN is undemocratic not only because of the deference and special privileges afforded to the original security council founding members, but also because of the absurd 1-nation Veto power.

Imagine if in your country one single representative in a 221-1 vote could block an initiative. It is absurd possibility, but that is precisely what the UN has. Let's make the UN more democratic by ending the Veto Power.

Message to a Friend

Karmayogi has given virtually all the answers to the major issues in nearly every field of life -- based on Sri Aurobindo's' philosophical framework, which is rooted in the deepest Vedic truths married to evolutionary thinking.

Why then dabble on the periphery, - with other teachings, methods, philosophies, yogas, etc., - when you have the deepest insights ever presented to humanity at your fingertips?

Krishna, Sri Aurobindo, and the Accelerating Evolution

Krishna and what He represents is just one level below Sri Aurobindo. I.e. Overmental vs. Supramental. Universal vs. Truth Consciousness.

Overmental/universal was/is the great foundation of the supramental, but still missing the full integrative truth, plus the instantaneous Transformative twist.

However, the Supramental Force came down in 1956 and the world has changed dramatically ever since. The evolution is speeding up, accelerating, becoming exponential in its change.

The Process of creation itself is also accelerating all around us.

The Force is rapidly Leading the world, the universe forward toward the future.

Will we participate in that Great Possibility?

On Apologizing

Apologizing is a step toward taking responsibility for a past mistake or problem.

It also humanizes the interaction, as it is the giving up of ego, releasing humility, which will be greatly appreciated by the other side, especially if the contrition is sincere.

And yet one does not need to browbeat one's self, as it can come off as a variant of self-pity.

Clarity of thought about the wrong action taken, through emotionalized sincerity without self-pity will smooth out problems while having the added benefit of attracting unexpected positive developments thereafter.

Comment: Elizabeth sincerely apologized to Darcy at the end of Pride and Prejudice for her family's outrageous behavior, immediately after which he unexpectedly reaffirmed his love for her, causing their engagement and marriage. Her sincerity of apology attracted a startling life response from him when she had all but given up hope for the renewal of their relationship.

It is a life lesson of sincerity and truthfulness that can be applied to business and other domains of life.

btw: "Past consecration" lends itself to contrition and a deep sense of "apology" for past errors within one's self.

Enjoyment, Accomplishment in Work

When you enjoy what you are doing, no matter how difficult, or especially when difficult (!), the more life cooperates with your efforts. It is thus said "Enjoyment is Accomplishment. Accomplishment is Enjoyment."

No Title

The central purpose of my life is to help fulfill Sri Aurobindo's and The Mother's mission of a Transformed world and a Divine Life on Earth.

No Title

Insight and Intuition are known phenomena. They deserve no apology. Science must pronounce on them. (Karmayogi)

Comment: Intuition is knowledge that comes to one without the need for thought.

Overcoming a Problem through Various Levels of Silence

We see something is wrong on the outside with someone or some party. Rather than speak it out, we can hold it inside. Life will begin to move favorably where there is the problem. It is Physical Silence that makes it happen.

And yet what we hold inside is still an emotion we may be bothered by. Now we can dissolve that emotion by detaching from it. Life on the outside that was troubling will move further in our favor; often much further. It is Vital (emotional) Silence that makes it happen.

Now all that remains is the thought of the matter. When we give that up, the outer world that was so problematic at the inception is now fully reversed. It is Mental Silence that makes it happen.

If we used spiritual means, such as Non-reaction and Consecration of the issue; the Speed of the reversal is something to behold. Life will move at startling speed in our favor, reversing

the original problem that emanated from another person or party. It is It is Spiritual Silence merged with Spiritual Force that makes it happen.

No Title

It takes great self-control not to initiate on our own, unless Life's circumstance compels us to do so.

No Title

The essence of Growth Online (1997-2015) has become the Supramental KnowledgeBase.

No Title

Rapid increase in interconnectedness of all aspects of life is creating the beginnings of a highly developed Global Society.

No Title

The current unbridled capitalistic system as practiced in USA and elsewhere does not protect people from falling into poverty, addiction, and mental illness; often leading to the eventuality of homelessness. There needs to be a great reversal to improve these negligent values and conditions.

No Title

Quantum Entanglement - i.e. Non-local Connection - is science's explanation of 'Life Response' phenomenon.

No Title

Currently emerging Global Society is a stepping stone to the beginnings of a Divine Life on Earth.

No Title

Silent response to another's ill-behavior soon evokes their apology.

Influences of Past & Future on the "Present Moment"

In ordinary surface consciousness we live from moment, yet are burdened by the negatives of the past and the worries and anxieties of the future.

However, by going Deep Within we live more in the Present Moment, and receiving the necessary intimations of truth from the future and the past that will help us in the Now.

Thus, from the depths, culminating in the psychic being, past, present, and future are one and undivided in the Present Moment.

No Title

Living on the surface, time grates, impatience reigns. From the Depths, all is Smooth flow, perfectly sequenced. Time is your friend.

No Title

The Deeper Part of ourselves can be fully engaged in the world, yet without being caught up in it.

No Title

Where is Higher Consciousness? It is everywhere. It is just a matter of focusing one's self and tuning into It.

Simultaneously Resolving Interconnected Issues in Our Lives

It is said by the Master that "Life works on many fronts simultaneously."

Take any issue and note the subtle signs as indicators of what and what not to do. Also notice the convergence of Other Issues in relationship to the first one. You will see a branching effect, where issues are interrelated. Look even closer still and notice that life is dealing with all of these inter-related concerns simultaneously!

Life working on many fronts simultaneously is an astonishing method of Nature, indicating a vast intelligence and Efficiency at work beyond our surface perceptions. This Method of Life happens, can be perceived in or personal life, in our work lives, in society around us, in politics, in economics; in every field and aspect of human existence.

Now note how this dynamic is occurring in your own life; for example, involving Work Issues. See how many other issues are directly or peripherally tied into the main issue at hand. Notice how a change in one can affect a change in the others; often simultaneously.

When Darcy in *Pride and Prejudice* resolved the elopement issue, not only did it lead to the proper marriage of the wild youngest daughter, but it led to his own marriage and happiness; to Eliza shedding her false beliefs about Wickham and the deception of other attractive and charming men; to Mr. Bennett coming to grips with his aloofness from his family; to the family avoiding financial ruin; to the middle and upper classes of England getting along, thereby avoiding revolution. Etc

If we rise in consciousness not only will one issue be resolved, but others directly or peripherally related to it will also be affected.

Life secretly wishes to resolve all related issue to a single issue through a rising of consciousness on the part of an individual or collective. It is a dynamic and vastly efficient means of furthering Human Progress.

No Title

The Supramental consciousness, Mother's Force can not only quickly resolve the issue at hand, - whether ours or the collective's - but surrounding and peripherally-related issues as well.

Boons

Everyone wants boons. Boons from the Deity. Boons from this and that; boons, boons, and more boons! And yet it is said that if you want boons, then Change Yourself; Elevate your Consciousness. Boons will then come from ALL DIRECTIONS!

Youth Movement Sweeping Away World's Problems

If the youth of the world idealize and then mobilize, all the problems of the world - nuclear weapons, climate change, terrorism, economic unfairness, et al - will be swept away to never return. That is the power of a Movement. And that is the power of the New Generations to effect change.

Surprising Arrival of the Internet

The surprising arrival of the Internet in 1994 was the first time in history that humanity has been connected in substantial ways. It has always been divided before that.

And it took the end of the Cold War to allow for everyone to participate in the Internet; so that all of humanity will have the knowledge and platform to move forward.

Internet, - like the youth movement of the 60s through 80s, the end of the Cold War, etc. - is another manifestation of the Supreme Consciousness on earth. More particularly, it is a further unfolding of the power of Truth and Knowledge to be used in the world.

No Title

Our problems come to point out the particular areas of our being, our lives that need to change.

Extending Emotionalized Family Bond to Society

If we had the same concern for the people in the world, in society that we have for our own family members, then any problem, - such as poverty, wealth inequality, et al - could easily be solved.

Thus, it is human intention, connection, and emotional bond that ultimately determines our ability to overcome limits in society.

From Individuality to Social Consciousness in the West

In Western Society we have learned to be individualistic, to create our own world, taking care of our own selves first. We here in the West are still learning of the power of taking responsibility for all of the issues and ills of society. And that requires a deeper bond between our own emotions, values, and beliefs, and the needs of the world. Once we do, life on earth will become more fully realized. Problems will be replaced by great successes and human progress.

No Title

An Aspiration for something Higher, for the Divine, for the Mother is a critical element for evoking the Grace.

No Title

The Darkest Hour is the announcement of the greatest Opportunity. (Garry Jacobs)

Comment: When a falsely-accused young prisoner Edmond Dantes is about to give up all hope and destroy himself, another inmate (and former priest) in the next cell, Father Abbe, burrows through to the desperate young man's cell, and, becomes his teacher in various aspects of life, eventually revealing the secret location of a vast lost treasure. The young man eventually escapes and becomes the fabulously wealthy and influential Count of Monte Cristo in Alexandre Dumas famous novel..

Like many other instances we could narrate, this is an example of how the Darkest Hour is the announcement of the greatest Opportunity. It occurs for all of us in some facet(s) in the course of our lives.

Power of Not Accepting the Negative

Not believing, accepting negative news is one form of Faith. It has the power to readily cancel what was thought to be true.

One learned, evolved man was told by a breathless individual that a bunch of ex-convicts had carried off an individual at an agrarian estate.

However, the man refused to believe, feel that negative vibration of fear.

Soon after he learned that the event had never taken place.

No Title

The Secret is not "out there". It is Within us. The Secret is the power of Consciousness; of our right attitudes, beliefs, and values - the Inner - that determines, evokes the Outer conditions.

No Title

Each moment affords us an opportunity to evoke a positive response from life. It is simply a matter of choosing in the Right Direction.

No Title

If you really want to keep a secret, you should forget about it. Otherwise it gets energized, and the compulsion to speak it out is increased.

No Title

The more we try to hide something, the more it gets energized, and therefore discovered!

Non-Reaction + Consecration

Non-reaction to someone else's or circumstance's intensities is great. Beyond this Consecrating the activity is greater still, especially in tandem with non-reaction. Life responds overwhelmingly!

Altering a Contentious Relationship

Shifting the inner to the positive always attracts a corresponding outer positive result. For example, if you've had a contentious relationship with someone, but now aspire for more positive relations, outer circumstances will present themselves that will quickly give you the opportunity to do this in full.

Drama of Problems

Mother in Agenda says that all the problems we have in life get energized, reinforced by the Drama we add to these experiences - whether in psychological conflict, fear, anger, physical illness, work issues, war, etc. etc. Withdraw the Drama and the problem eases off substantially.

No Title

Calm and patience in a slow-moving situation compels it to occur more swiftly. Distress, impatience intensifies the condition, delaying it further.

In Gratitude To Jyoti

It was because of Dr. Judith Tyberg that I was able to meet Garry and Leslie Jacobs in 1975, which changed my life forever.

Here is the background of the story:

One day while living near the beach in Santa Monica, California, I decided to visit the East-West Cultural Center near downtown Los Angeles. I had been regularly visiting the Cultural Integration Fellowship near Golden Gate Park in San Francisco when I lived in Northern California, and was looking for something similar in the Los Angeles area where I now resided. And so I headed out to the East-West Cultural Center one day, with no particular intention, other than meeting with like-minded people.

At the door Trudy greeted me; the main disciple of Dr. Tyberg ("Jyoti") at the time. Jyoti had experienced numerous darshans with Sri Aurobindo and Mother over the years, and had been instructed by the latter to open up America to Their teachings. Jyoti was at the time perhaps the preeminent Sanskrit scholar in the world. In fact, her name "Jyotipriya" was given to her by Sri Aurobindo, and means "the Lover of Light."

After Trudy greeted me, she told me about several people in the San Fernando Valley suburb of LA, who were importing products from the Sri Aurobindo Ashram, and were looking for like-minded people to join them in that efforts.

Soon after I met Garry and Leslie Jacobs at their office home, and eventually came in close contact with Karmayogi, their guru and spiritual genius. My entire life thereafter was now

dedicated to their purpose of carrying out Sri Aurobindo and the Mother's vision through MSS's dramatically new insights and initiatives.

Therefore, all these years later I can say that I met the members of Mother's Service Society because of Jyoti, who was instructed by Mother to bring Their teachings to America. I am forever indebted to Dr. Tyberg for her works and being part of and influencing the course of my life.

Finally, let me say that I met with or was in the company of Jyoti several times; had several interesting conversations with her; and even once played a "luminous God" in her annual production of Savitri. (I also guided Sunil's music in the background of the production.)

Please note that Jyoti was no ordinary scholar, but was also a practicing yogi who was trying to embody what she learned from the Master and the Mother, while bringing so many individuals into their sphere of influence at the East West Cultural Center.

Eternal gratitude to you Jyoti.

No Title

It is said that the Indian's body is filled with Light; and the Westerner's is filled with Darkness. It is any wonder that Indians are able to perceive Life Response, synchronicity, and other subtle phenomena everywhere, while the Westerner perceives them hardly at all.

No Title

Westerners are generally alert in the mind, but dull in the Spirit.

No Title

We rarely change through a sudden revelation and adoption of an ideal in the mind; but by being pummeled by the exigencies of Life. However, the more-conscious, growing, spirit-oriented individual increasingly reverses that dynamic.

No Title

The mind is focused on outer conditions; the Spirit on the Inner.

No Title

Auroville is there so that individuals no longer relate to their own nation, but to the family of Man; to a unifying, Divine Consciousness.

Airport Incident: Higher Power Orchestrating the Details of Life

Once again I have perceived how Mother keeps saving me from my own foolish errors. Even when I haven't made a consecrated effort on my part. Here's a recent example:

On many high-end automobiles, all you need to do to start the car is to push a small button. Still you are given a key with electronic buttons on it to open and close the doors of the vehicle.

Because I had been using the inside little button so often to start and shut down the car, that when it came time to return the car to the rental company, I neglected to return the keys!

And so discouraged somewhat and mildly shocked, I headed toward the airport via a shuttle bus with unreturned keys in my pocket.

I then thought about how to handle this disturbing situation. First off, I was hoping I could drop off the keys at the rental company's office at the airline terminal; but I soon discovered that there was no such thing. Then when I asked an attendant what to do, I was instructed to use the "white courtesy phone" to speak to someone about what to do. However, the phone was dead!

So I turned around, exited the terminal, hoping to return the keys to the driver of the shuttle to the offsite car rental company.

I prepared for the usual lengthy wait for the bus. However, this time the shuttle bus came almost immediately; in less than two minutes! And when I stepped on board the bus and began to explain my predicament to the driver, I noticed that the bus was practically empty, so he was able to give me his undivided attention. After explaining my situation, the driver cheerfully said he would take the keys back to the car rental company. And so when I turned back to the terminal, I noticed that the bus INSTANTLY took off, when they normally wait awhile for passengers to enter the vehicle.

It all transpired so swiftly and effortlessly; as if I were on a magic carpet ride.

I immediately sensed the Higher Power at work. Mother's Force operating in full to help rectify this troubling situation.

I have indeed felt this swift moving vibration at work many times in the past; with everything dovetailing and synchronizing, as if a Divine Watchman was orchestrating the details of Life.

It was indeed yet another unforgettable instance of the Higher Power at work!

Comment:

Further discussion:

(SM)

Thank you Sir for sharing Airport incident. I thought of the below few comments.

- Life tends to repeat, often ends positively as we take the right measures.
- Few years before, you had the dramatic, miraculous experience involving return car, airport and so forth, where you were conscious and consecrating every moment.
- However, Mother is always guiding us. And in this case, you may not have consecrated (I might be wrong), but when you took the right measures of Not-reacting to the incident, The Mother's Force came forward to make things move in a miraculous manner.
- First of all, why should the incident happen? You have posted few days earlier as you were making a trip from Long Beach to SF. Though no conscious intention of boasting, perhaps subconsciously you might be seeking some miraculous moment or an experience and all have played together with the aid of Conscious Force to manifest that.
- Again, travel is generally tend to have such possibilities, as we are slightly shifting from our routine day-today life.....

(RP)

Marvelous insights!

One related point. I prepared for parts of a month for this presentation. It took so long because the client wanted me to use quite dated software and materials, as that was the only way they could spend their grant funds. However, when I arrived the participants told me that they had the latest software and expected me to base my presentation on it! That made the experience far easier for me. So a full effort pays a life response dividend.

Moreover, during the previous months' preparation time for the old materials, I found flaws in the new content, as well as made other notable improvements in it. This shows that the negative serves to make the positive moreso.

Also this being my former, long-time hometown area, I did not indulge in trying to recapture experiences, but kept completely focused on the task at hand. I suppose that too can have an effect.

After a while the Force enters and settles in the subconscious, even the body consciousness, and has its play without the interference of the mind. I am not saying I have reached that stage, but it may be an emerging quality.

Superstition of Religion and Science

Both Religion and Science are superstitious. Religion often follows questionable rituals and beliefs and dogma, forgetting the pure spiritual essence of its origins; while Science only

believes in the material, the mechanistic, not understanding the deeper principles of Life, let alone the Spiritual Origins of existence and the Divine Force surrounding and guiding us.

No Title

"Coincidence" is an expression of ignorance.

No Title

The more the nations of the world pull apart, the more they will be compelled to come together.

Buddha's Vs Sri Aurobindo's View of Reality

Buddha came to believe that all material things are an illusion that weighs heavy on us, and therefore we should detach from them, thereby moving towards liberation that is Nirvana.

On the other hand, Sri Aurobindo says all is real, but is limited in consciousness, and we can bring the Force to bear to evolve and divinize it and all aspects of life.

No Title

Instead of excluding each other, religions should complement each other. (Sri Aurobindo)

Psychic Being Moments

Mother had past lives in the form of a variety of famous people, including Catherine the Great, Hatshepsut of Egypt, and the woman in the Mona Lisa. But it was not memories of their entire lives she recalled, but rather "psychic moments," where she was connected to her psychic being in those lives, which she was able to experience in this one. That's how she crossed the boundaries and made the connection between them.

No Title

By quieting the mind one can more readily perceive the Source of creation.

No Title

The liberation of women in all facets of life continues to be one of the great developments in the world.

Indian Water Deficit

Water deficit in India is a direct negative life response to Indian's consciousness concerning water, including ignoring the need to link the rivers, increase dams, have better infrastructure in cities, waste groundwater, etc. People should pray for this change in their consciousness towards water (and act on it), rather than simply pray to Mother or whoever for more of it.

Mother's Connection to "That" and Mental Silence

Mother in Agenda in 1967 was making the effort to fully, i.e. at all times, immerse Herself in "That", the Force, the Divine. And when She kept the mind silent, She was able to maintain a stable connection to That. And life Responds to that effort accordingly.

And by the way, we can make modest efforts of our own along those same lines.

No Title

This very moment has never existed in the history of the universe, and we are privileged to be alive and take part in it.

No Title

It is not so difficult to distinguish between a progressive and a reactionary face. The Mother could perceive the entire nature of an individual from a mere glance at a photo.

No Title

The 4th dimension is the Spiritual, and its Consciousness, which permeates and is the source of everything.

No Title

How many lesser or greater calamities have you avoided in the present because similar things were consecrated in the past.

No Title

What strategies can you employ in your life to get closer to Mother? (please list)

For each important activity may I consecrate

For each problem may I consecrate

For each opportunity may I consecrate

For others' problems may I consecrate

For my family's issues may I consecrate

For society's ills may I consecrate

For the success of the organization I belong to may I consecrate

For money coming to me may I consecrate.

—

Shifting from my initiatives to what She wants of me

Seeing my life in the context of Her purpose

Surrender to Her will

Silencing my mind and think of Her instead

Study His and Her lives and insights to bring me closer

Please list several ways Not tease, infuriate partner.

-Only speak when other person is ready to listen, not before

-In conversation focus on other person's concerns rather than one's own.

-Keep up conversation on the interest; concerns they are expressing; not turning the focus towards one's self.

You can better get along with another at work or home.

No Title

Through Gorbachev, Mother ended the Cold War, saving the world, preventing the destruction of all life on earth.

No Title

Mother's knowledge; i.e. the supramental understanding of Reality is greater than 100 PhDs.

No Title

The greatest thought is one that reconciles all sides of a matter in an intuitive insight.

No Title

At each point where you feel a concern about an issue, consecrate it. Life WILL cooperate.

No Title

Westerners have little experience of Higher Consciousness, of Spirit, because they are fundamentally material and mechanistic. For Indians, however, Spirit is there in the very fiber of their being. All they have to do is go a little deeper, focus on it, and they will perceive the divinity within.

Unaddressed Malaise of USA

When president of the USA Jimmy Carter in the 1970s noted the malaise of America after Vietnam and Watergate, asking the country to look within and discover the cause of its mistakes, no one listened. Reagan then came on and unloosed trickle-down economics on the nation that has led to unprecedented wage failure and wealth inequality of the people, threatening Capitalism to its core. The Financial Crisis was the first great warning sign, with others likely to come.

Meanwhile US has still not addressed its malaise, selfish values, runaway greed, acute materialism and other psychological impediments.

Trump is thus the personification of all these traits; what Americans apparently deserve by not addressing these critical psychological issues.

No Title

In the visible evoke the Invisible.

No Title

Human Values, not technology, evolves society. Tech provides the info and communication capacities so higher values can be understood, take root, and spread.

No Title

No problem in the world can be solved from the plane of consciousness that created it. Something higher is needed.

Keys to Attracting Business Success

What are the Keys to Attracting Immediate Business Success According to Consciousness Approach to Business Management?

- Developed and implemented BUSINESS VALUES applied at all levels of the firm
- Strength in each the 5 Business ENGINES - Market, Products/Services, Organization, People, and Capital
- Intense Focus on One's People, Customers, Shareholders
- Following the process of creation and implementing a STRATEGIC PLAN
- Inner HARMONY that attracts outer success
- Higher Consciousness of Top Management

For further information:

<https://1drv.ms/b/s!AjayTOYvR8hzgZwT97UsTSubyyYMVA?e=DVzTPh>

Formations of Beauty In The World

When the universe began from a Divine Source, all beauty was lost; so too all harmony, wisdom, creativity, love, delight, infinity, etc. that is inherent in the Source, the One. This was the Involution.

As forms took shape in the Evolution, first inklings of Beauty began to emerge.

It occurred first in an infinite variety of Physical formations.

As sentient life took shape, the beings perceived physical beauty according to their species, in forms, and in one another.

As man came to be, the beauty he saw was increasingly through his Mind, the vibrations of which could descend into his Feelings and Sensations. He could also create beauty through creative inspirations, as in art and architecture.

As man becomes Spiritual, he sees beauty not just in physical forms, but in other higher spiritual attributes, such as the beauty in seeing individuals and collectives move towards a greater harmony of being, or a shift from contradiction to oneness and love, etc.

Perhaps we can say that when Spiritual Attributes form, and especially when the attributes get mixed together, new forms of beauty can be seen arising.

Eg when Perfection comes about, one can see the beauty in it. If we put our heart and soul into that effort, then Joy and Delight, and even Power result, reinforcing or making still greater the nature of that Beauty.

In spiritual Devotion we see a kind of Beauty.

We see beauty in the mother's love of raising the infant child. Seeing the child come into his own is a kind of beauty as well.

We see the perfectly chosen word in sentences of a novelist that is the beauty of expression.

As a company harmonizes its inner systems with its outer connections, with the market, the public, we witness not only a harmony and perfection, but a symphony-like unfolding that is Beautiful-like.

As the higher Consciousness, the Spirit enters our being, Beauty of various sorts take shape.

We can see Beauty of the Soul shining through the eyes of the spiritual seeker or the realized individual.

We can say that the Divine aspired for beauty in the forms it sought to manifest in infinite variation in the creation process.

As we raise in consciousness in various ways, we become instruments for the spiritual attributes to shine through - including Beauty that is Divine in origin.

“Unending Life On Earth” Incident

An interesting thing happened to me today as it relates to the subject of “eternal life.”

As I was driving home after shopping for groceries with a friend, I started thinking about our capacity to live as long as we wish.

I thought of the possibility at several levels:

Biologically, I thought some people genetically live longer than others, which could spread.

Medically, I understood that Medical technology could devise all sorts of ways to keep us alive for a very long time, if not forever.

Evolutionarily, I thought that the human species will gradually evolve through nature towards unending life. But that could take forever.

Spiritually, I ruminated, we can open to the supramental force, which can change our cellular functioning, replacing organs with corresponding centers of consciousness, enabling unending life if we so choose.

After thinking about this, I refocused on the task at hand; making my way back to my house.

And so when I arrived home a few minutes later and unloaded the groceries into my house, an Asian man dressed in shorts suddenly appeared in my driveway, and enthusiastically called out to me “Jesus can give you eternal life!”

He then walked up close to me, and handed me a pen attached to a tiny little booklet explaining his position and the sect he belonged to. He then walked away with a big smile on his face, and wished me well. A little startled, I managed to do the same.

I quickly understood how my earlier focus on the various capacities to achieve unending life attracted this gentleman from out of nowhere!

Except where he advocated eternal life beyond this world, essentially in Heaven, I had been focusing my thoughts on its possibility here on earth!

"Slice of Life" Incident

Focus your mind intensely on addressing a conundrum, and life will create a solution for you. Yesterday we were discussing why there are no drive-through pizza outlets where you could buy a single slice or a small portion like other fast-food chains. We then concluded it either might not be a viable business strategy, or it just never worked out in the past. Still I wondered....

It turns out that the next day I noticed the following (which I sent as a note to a friend).

"I just noticed that there is a combo Taco Bell and Pizza Hut that's a drive-through in Seal Beach. So therefore you could drive-through and order a personal pizza for one, which is the solution to what we talked about yesterday! A drive through Pizza Place!

It was a Life Response to our focused interest in a possibility!"

Indians' Supramental Synchronicity

I have noticed an astonishing phenomenon that has occurred in my daily life over the years. Whenever I consider a life response I have recently experienced, suddenly from out of nowhere Indians appear on the scene! Where none were there before. And it is even more astonishing when considering that there are very few Indians in my community.

Indians are surely very open to and in the flow of some form of Supramental synchronicity!

No Title

When the Mind moves from its logical, rational moorings to its Cosmic capacities, it gains a fantastic power to alter individual and collective reality.

Blaming Others for Limitation One Also Has Attracts Related Problem

If you are critical of another party's deficiency, while unconsciously having that same or similar limitation, a problem or calamity may suddenly arise indicating your weakness.

In the tv series 'Madam Secretary', the husband of the secretary of state of a nation complained about another nation's (India's) harmful nationalism and oppression of the minority Muslim population, not thinking that his own country suffers from the same problem (white nationalism), albeit it in a slightly different way.

Well very soon thereafter his country is attacked by a fanatical white nationalistic group from his own country.

These events demonstrate unconscious awareness and hypocrisy of government leaders. It can be related to a wide variety of issues.

(season 5, episode 1)

Supreme Act of Kindness Attracts Ultimate Possibility

A small, out-of-the-way Human Gesture for the sake of the beneficiary can quickly bring about a life-changing opportunity for the benefactor.

Consider this powerful example of this phenomenon from the tv series 'Madam Secretary'; season 5, episode 3, The Rake:

A judge excuses Secretary of State Elizabeth from jury duty. On her way out, Elizabeth bumps into a woman named Katelyn. Rather than ignore this ordinary citizen, Elizabeth goes out of her way to discuss Katlyn's case, a surprising act for the Secretary of State of the United States. It is a heart-felt goodwill gesture.

Katelyn explains to Elizabeth that she is about to go to 20 days in jail since her ex-husband forgot to pay her car insurance, with the court citing her a misdemeanor case. Katelyn doesn't have any money for proper representation, and she fears for her future if she gets sent to prison. Elizabeth then gives her the number of a Legal Aid Foundation and her card, encouraging Katelyn to call her if things go south.

Mike B, who is organizing Elizabeth's potential run for president, is then tasked by Elizabeth to help in Katelyn's case after she lost all chances of getting proper representation from the

Legal Aid Foundation. Mike overwhelmingly wins Katelyn's trial, sending the DA running after his defeat.

Interestingly, that's when Elizabeth realizes her purpose for her presidential campaign. To help people with their human rights worldwide. Elizabeth calls Mike B over to tell him that she's running for president officially.

Had Elizabeth not made the small gesture of helping an ordinary citizen (Katlyn), none of these events would have transpired, and she would not have been motivated to run for president. The small act of goodwill evoked events that led to potentially the single most important career moment of her life.

No Title

If you don't sincerely respond to others, - to their inputs, remarks, etc., - they won't respond to you.

No Title

How you interact with others in key moments indicates your true character.

No Title

True Patriotism celebrates the Good we have in common, whereas Nationalism seeks to focus on our own needs, separating us from and marginalizing others. (Please watch this short, excellent video!)

No Title

Like the famed mode of the submarine - "silent running" - we should be still, hold back, and observe. Life will then cooperate with our quiet intent.

No Title

A great one-word mantra for keeping your thoughts and attitudes positive is "Gratitude".
(it also attracts good fortune)

No Title

Obstacles are secretly opportunities.

On Certitude

For the average person it is very difficult to live without Certitude. For the Yogi it is relatively easy. However, through our own personal and spiritual growth we can begin to fill that gap.

No Title

There is a gradual, progressive Journey of Civilization from out of ego and selfishness to harmony and love. The direction is definitely upward, though it spirals as a means of being more varied and inclusive.

No Title

Strong minds discuss ideas, average minds discuss events, weak minds discuss people.
(Socrates)

Comment: I would add that the true spiritual personality perceives the integral relationships among all three.

Quantum Physics and Life Response

1. Quantum physics theory indicates that electrons and therefore matter does not exist until it is being observed in some fashion. Without the observation there is no existence. In that way, the universe grants us the power to create reality.
Thus within ourselves we hold the power of Creation, A corollary of this is that what manifests on the outside is created from within ourselves. The Inner manifests the outer. Thus just our Intention can manifest reality. It also reaffirms that Intention can evoke life response results.
2. Quantum physics indicates that reality is created from the Quantum field; the soup out of which everything comes to be. It is an invisible field of energy that represents all possibilities. According to Sri Aurobindo all emerges from Conscious-Force through the involutionary process (from spirit to universal mind to energy to matter). This is similar to the quantum field.
3. Quantum physics indicates that everything in the universe is nothing but vibrating energy. Sri Aurobindo indicates that all planes of existence in the universe are simply different forms of the Conscious-Force (Chit in Sanskrit).
4. Quantum physics suggest that all life, matter, us is electromagnetic; attracting other electromagnetic formations, visible or invisible. Thus forms are simply electromagnetic elements attracting like elements ere we see the beginning of the Law of Attraction. Eg like attracts like. I.e. Life Response.
5. Your thoughts, feelings, subconscious movements, beliefs, conscious actions, intentions, are therefore just formations of electromagnetic energy.
When one's consciousness moves to a higher plane, degree, intensity, etc. relative to any of these aspects, then the electromagnetism goes out and connects with like elements. it attracts them, aligns with them, and thus seems to create them or their appearance in space-time from out of nothing.
When the consciousness goes lower, there is still alignment, attraction et al, but there is attraction of corresponding lower or negative elements.
6. Certain sub-subatomic particles, even separated by vast distances, can instantly know what the other is doing. Eg when one photon was jostled, it produced an instantaneous same reaction, in terms of speed, direction, spin, etc. in the other photon, though miles apart. This "entanglement" indicates the alignment of most any dual-pairs is possible. And at an instantaneousness of these pairs that exceed the speed of light. Just as a life response can evoke a reaction from the other side of the world (or universe) instantaneously, as a result of shift in our consciousness.
7. In quantum theory things are not just this or that, but this AND that; i.e. both. That relates to the spiritual principle that a thing is what it is and its opposite. Eg an idea can be both true and false, depending on the context.
8. In quantum theory the small is just as important as the large. This relates to the spiritual truth that the infinite can arise from the smallest finite.

Also see Garry Jacobs article Sri Aurobindo & Hyperspace comparing Quantum Physics concepts and His cosmic teachings:

https://1drv.ms/b/s!AjayTOYvR8hzgaw_NGyjt-5D8x-A0A?e=BpuEiF

Spontaneous Form of New Civilization

The Renaissance and the Hippies are two examples of an awakening spontaneously happening at a social, cultural, economic and political levels based on new core values.

We may see new formations raking shape along these lines.

When the values shared reach a threshold, the new development takes shape from seemingly out of nowhere.

The Tech culture is the latest example. Internet potential burst out of new sets of interests and values.

A new civilization as Garry Jacobs, myself, Sri Aurobindo, and others envision requires the emergence of something very deep in man; a new level of collaboration and harmony married to something unprecedented we have not yet envisioned.

Some say it may come out of a new spiritual awakening.

Collaborating with, Completing Their Supramental Mission

Sri Aurobindo spent his life bringing down the Truth Consciousness (The supramental power) from its infinite heights into the earth's atmosphere.

Mother completed that phase by taking a golden hammer and releasing that force further down into the earth.

Now followers of Them can bring the Force down into the details of their lives furthering Their mission, enabling a vast power to uplift and transform all aspects of life on earth.

No Title

Sri Aurobindo embodies the Supreme, Mother the Force, and We the field of Life.

No Title

We are incomplete, on the way to becoming Complete.

The Need for Global Leadership

Leadership is needed to generate awareness of the enormous, unutilized global potentials that can be tapped to accelerate global progress.

It is needed to challenge outmoded, unidimensional theories and compartmentalized models, narrow national and sectoral perspectives, piecemeal stakeholder strategies and fragmented institutional functioning that obstruct global social progress.

It is needed to formulate comprehensive, integrated strategies and policies capable of mobilizing all stakeholders in the global community and directing all the available global social energies for practical application.

And, most of all, it is needed to fully unleash and mobilize the energies of global society, to release a broad-based social movement to transform the compelling challenges confronting humanity today into catalysts for rapid global social evolution.

Leadership is needed at the level of local communities, nation-states, regional entities and international organizations to convert those capabilities into effective actions to achieve concrete, tangible results. (Garry Jacobs and others for Cadmus Journal)

No Title

Doing the smallest thing by the greatest principle is yoga. (Karmayogi)

No Title

Consciousness creates reality. So too out of reality emerges Consciousness.

No Title

Consecration affects past, present, and future.

True Individuality and Personality

Howard Roark (in the Fountainhead) expresses his true individuality by thinking for himself and not being swayed by the herd. We can say that such a person is in contact with his inner Personality and True Self, as opposed to others who rely on the social imperative. When that inner force is weak though true, relative to the world around him, society tends to crush him

and his ideals. If it is strong, as it was in the case of Roark or a Churchill or a Gorbachav, it can change the course of the world around them.

How many of us think for ourselves, instead of being determined by the herd around us, the social view, the collective views expressed by media and popular culture? How many of us seek to know the true truth, the many-sided truth, instead of the part and convenient truth that the world presents to us on the surface or that we are attached to within ourselves.

The true Individual in that sense is spiritual because he seeks identity with the full object of knowledge which the limited normal mind of man cannot perceive. Limited, normal mind perceives an exclusive truth, whereas the logical and better, still illumined and intuitive mind are powers of spiritualized mentality that seek the inherent truth in the object of inquiry. There is knowledge by identity with the object. There is no separation between the knower, the knowing, and the known. The influence of the social herd clouds that identity, as does the normally divided mind of man. Only when we seek the deeper consciousness within, do we move to the wider truth by identity. (Karmayogi)

No Title

Two nights ago while sleeping, a gigantic white light completely enveloped me, jettisoning me awake at 4am. Never experienced anything like it.

Volkswagen Bus Sync

Though I have had hundreds, perhaps thousands of synchronicities before, I just had another one that I thought would be worth sharing.

Just a few minutes ago I got into my car and turned on the radio and instantly heard on a news program discussion about Volkswagen; in particular, how owners of these vehicles have an almost fanatic attachment to them.

At that moment I looked up and saw before me very busy traffic on the street stopped at a traffic light. And yet their standing out right before me was a beige Volkswagen 1960s VW bus; precisely the type of vehicle that was being discussed on the radio!

I have not seen such a vehicle in months, but there it was instantaneous to my focused interest of hearing discussion on it on the radio.

As I have mentioned before in other posts, such synchronicities are a very common experience for me.

And by the way, I managed to get a photo of said vehicle. ☺

--

There is a slight addendum to the story. It turns out that not 10 minutes before I experienced the VW vehicle, I was sitting in a restaurant in which I was reading an article about how BMW had just tossed out its top executive because of its lack of focus on electric vehicles. BMW is of course a German car company and vehicle just like Volkswagen.

No Title

If you truly, sincerely take responsibility for your mistake, instead of sloughing it off, life will reward you with great, unexpected opportunity.

Comment: -It is what the team does in the novel 'The Book' when they realize the product they are offering may be destructive, and take it off the market, and even close up shop if necessary, despite the fact that they could sell it for \$100 million. As a result a critical opportunity opens up with NASA, pointing to a whole new direction for the company

-It is what Mr. Bennet does in Pride and Prejudice when he accepts the fact that he was the cause of his youngest daughter eloping with a scoundrel, potentially bringing scandal and ruin to his family. As a result of life responds when two of his daughters are married to wealthy men, securing the Bennett family forever.

Scientific View Vs Character of Life

Science perceives chance or randomness or certain material or mechanistic laws of life. It does not perceive Life's True Character.

We at MSS through guidance of Sri Karmayogi have revealed the Character of Life for 40 years and come up with many astonishing laws and principles, of which inner outer correspondence, repeating and predecessor events, and practical concept of infinity are but a few.

That knowledge of the Character of Life comes through painstaking observation and subtle perception and awareness on our part, which we can develop through our elevation and deepening of our consciousness.

By knowing the Character of Life we can truly understand the nature of life, the source of its problems, and therefore its integral solutions.

Infinite as Practical Concept In 'The Book'

The "logic of the infinite" sees all elements and all connections between things; while the logic of the mind grasps at one thing and strains to relate it to others.

When we go deeper, we develop a higher forms of mind that can more readily grasp the logic of the infinite.

In fact, in the coming Divine life the infinite is continuously expressed in the finite. As a result, in this world there is infinite abundance, well-being, joy, and love.

In Garry Jacobs epic mystical novel 'The Book', through a process of personal and spiritual growth, they gain the insight that enables them to develop products and services that have an infinite like capacity; that have an infinite like effect on the society.

And yet we too we have the capacity to release that same infinite capacity and reality in our own lives.

Infinity is a practical concept means that we can through our higher consciousness release the infinity in our current finite existence.

Therefore infinity is both infinite, but also Practically available to us.

Moving On In Our Relationships

We go through a period of time in our lives where we are absorbed in certain levels of personal or spiritual growth. During that time we create new or build up old associations, friendships, et al.

But then when we have attained that growth, and are ready to move on to the next stage in our lives, we may see certain associations no longer are able to keep up. We have in essence outgrown the relationship and perceive that it is time to move on.

If done quietly, and without malice; with complete humility, our relationships can now naturally recalibrate and readjust.

No Title

Over the years I have had an astonishing number of synchronicities involving African Americans and Indians. (and it just happened again!)

No Title

Start from where you are; no matter the conditions. Then Consecrate it all; and aspire for your progress and growth. Life will respond and lift you to the heights.

No Title

Free will is actually a predestined phenomenon from the higher planes happening within you.

Reader: Sir, Is this the view of Mother and Sri Aurobindo on predeterminism? Which works mention this. Will you be kind enough to clarify

Response: Yes, very similar. In his metaphysical opus, The Life Divine Sri Aurobindo indicates that we have free will within the determination of the Divine. I.e., the Divine wishes for certain outcomes in the world, and we have choice of whether to collaborate with that movement and Intent.

No Title

Knowing who you truly are Within is the critical step for knowing what Reality is; what the universe is and beyond.

Seeing Beyond the Physical Conditions

We may know some of the Physical conditions in a given situation, but do we know the psychological and spiritual, or better yet the integral perception of that reality?

As long as we live on the surface of life, dominated by what comes into our field of awareness through our five senses, we will tend to see only the outer, physical, material conditions, reinforcing our fundamental Ignorance born of creation

On the other hand, centered in the Depths Within, we see beyond the physical conditions into the other planes, including the subtle laws of life that are unfolding. We thereby become one with the Object of the Truth of the situation; having the integral awareness of the conditions; the very best state of Knowledge for clear thinking, decision making, and taking action.

Power of Connecting To The Essence Of The Individual, Company, Society, And Universe

A person can be viewed from various levels, from the outer, material, physical (i.e. body) to the inner depths (soul or psychic being). In between are sensations, emotions, intentions, and thoughts, among others.

So too a company be perceived from the outer material (products, machinery, plants, et al) to the inner most plane of business values (i.e. the "psychic center"). Likewise, in between we see systems, activities, projects, procedures, and goals to be achieved

The greatest power of outer, material success comes from the implementation of deepest Corporate Values. Likewise, going to the depths of a person - the psychic/soul being - produces the greatest outer accomplishment, including psychological and spiritual fulfillment.

The parallels between the individual and a company extends to the society as well; even to the process of Creation by which the material universe emerged from a divine source.

No Title

At the heart of everything there is an Essence, a Spirit. Discovering it, tending to it, bringing it out, helping it grow and blossom throughout one's nature enables the infinite to emerge from the finite in that or any other aspect or realm of life.

No Title

Only when a force of opposing truth is Physically felt by them will a selfish person yield.

No Title

Intuition can bring the solution when nothing is revealed by the mind.

Religious/Spiritual Views of Suffering

Buddha deeply recognized and sought the end of suffering by detaching from the world. Christianity saw the necessity of suffering as a means of salvation. Sri Aurobindo seeks the transformation of all suffering into its opposite, ushering in a divine life on earth.

Logic of the Infinite

Logic of the Finite is the understanding of surface mind, which is puny. Logic of the Infinite is the many-sided truth of how life is truly unfolding in all its aspects and dimensions at any given moment.

We increasingly gain access to the Logic of the Infinite when we raise our consciousness and move into the depths of our being within.

No Title

Quantum Entanglement, - where two objects become intertwined and remain so no matter the distance that grows between them, including across the universe - is the scientific basis of "The Secret" and "Life Response" instantaneous ATTRACTION phenomenon; particularly the Alignment of the two entities aspect.

"Appa Center" House in Napa

(On learning that N. Asokan at MSS had translated a short story from my book 'Essentials' called 'A Day in the Life of an Evolving Being' into Tamil.)

"Thanks for bringing it to my attention.

As I may have mentioned before, in the summer of 1996, I met regularly with Garry Jacobs and Bob Macfarlane on weekends at their home in Napa, California, where we discussed a dozen or two topics provided by Karmayogi in a list.

From the discussions I wrote a series of initial articles, which were presented at Growth Online, the web site I had just formed, and later expanded and organized into a collection of essays that became the book 'Essentials'

'A Day in the Life of an Evolving Being' story was an attempt to create a single article that incorporated a number of the other personal and spiritual growth topics from Essentials into a simple story - incorporating the topics of inner-outer correspondence, life response, personal organization, personal attitudes, spiritual silence, consecration, etc. I believe it's the third to the last essay in the book:

<http://royposner.weebly.com/.../2/7/1/0/271003.../essentials.pdf>

I tried to something similar in 'The Miraculous Phenomenon of Life Response' book in the chapter 'A New Way of Living', where I created two exact same scenes, one with lower consciousness of an individual going to a gathering at a home, and one with that person demonstrating higher consciousness. This chapter was one of the favorite things I ever wrote!

<http://royposner.weebly.com/.../7/1/0/271003.../liferesponse.pdf>

It's kind of a composite of many experiences I had visiting the house in Napa.

By the way, there were for me many very happy occasions visiting that home - including profound discussions, powerful meditations, going on walks, planning new ventures (like the idea of doing film reviews), having dinners, learning of new developments in India, etc. etc.

Often Robin (Garry's office manager), Dan and Larry from Mere Cie, and others were there. It was kind of like a Karmayogi center in America, though it also was the headquarters for the International Commission on Peace and Food (ICPF), and Mira International, their management consulting company, which I collaborated with a bit. ☺

Roy"

Painting Truck Sync

As mentioned elsewhere, synchronicities are accelerating greatly for me with further descent of the Supramental power into earth's atmosphere. For myself -5 to 10 instances are occurring per day.

For example, earlier today while driving, I heard on a radio news report that 5000 children in Los Angeles County come down with Lead Poisoning each year. I had an idea why.

The instant that the report ended on the radio I stopped at the red light, with a worker's van in front of me. There was a sign on the back door that I noticed indicating his was a Painting business, which as we know is the main cause of lead poisoning!

It was a magnificent little but poignant response to the report and my interest in it. Fortunately, I had a bit of time at the light, and so took the accompanying photos. ☺

No Title

to move outside our Comfort Zone is often key to great accomplishment in life.

Shifting to Higher Value Attracts in 'The Book'

Over the years we have often seen that shifting from a lower value to a higher one, even sacrificing benefit in the short run, can quickly attract enormous success.

Eg in the novel 'The Book' by Garry Jacobs, Dan and the team decided to give up their AI stock market app they sold to the public up because it had become destructive, even though they could have sold it outright for millions. As a result, from out of the blue they won the NASA project, and were now set sail to fulfill their ultimate dreams for business success, both for themselves and the world.

It was a prime example of the power of shifting from valuing the lower, here money, to the higher value of doing what was ethical and right, to attract enormous success.

Complete Knowledge Power

The Book says, "Complete knowledge is power to accomplish without negative consequences or side-effects. Such knowledge is unfailing."

RP: When you have complete knowledge, you see things from many angles, perspectives; thus your tendency to make the right decision is elevated enormously, including absence of negative circumstance.

Man on The Moon and Supramental Descent

Humanity celebrates the 50th anniversary of men landing on the moon. But isn't the advent of the descent of Supermind into the earth's atmosphere in 1956 1000 times more significant, as it gives a new infinite-like power to quickly change the conditions of life around us?

Man is material, physical in consciousness (thus this great moon landing celebration), not spiritual. And yet, urged on by a small minority of followers, he is slowly opening to that much greater something.

It is true that Mother devotees have led the change along these lines. And yet aside from them, a number of individuals have become instruments of the Force, though they do not perceive it consciously. Eg hippies, internet, Steve jobs, and many others scattered around the world have subconsciously been in touch with the supramental power.

Mother followers are actively pursuing this vast shift as it is fresh in their hearts and minds. They have experienced the proof of its power in their daily lives, with astonishing outcomes. That must change, as the Force can more consciously enter the minds of non, hardcore followers

Is the moon landing and similar adventures then a waste of time and energy? Even the ability to look back on the earth from the moon and see the blue planet and its beauty is a form of getting in touch with Something Else, though be it a surface, superficial view.

In the final analysis, the Supramental Power, Action, Force can increasingly penetrate the daily lives of individuals. That will enable a mindset to take hold; enabling New World based on spiritual qualities to take shape.

No Title

True Love always gives; never takes.

No Title

In the new film 'Mary Poppins Returns', she demonstrates a number of the divine-like attributes of the incarnation of God we know as Krishna.

No Title

True Love is completely accepting the person for who they are; not trying to change them to what you want them to be.

No Title

In the best situation, a person trying to overcome a personal limitation will come to you, rather than your initiating and trying to change them.

Mary Poppins and Krishna Avatar

In the new fantasy film 'Mary Poppins Returns', a mystical-like character who descends from the sky as a nanny to help the children of a family in London, demonstrates a number of the divine-like attributes of the avatar, God-incarnation Krishna.

-Eg she knows what is going to happen in future. Still she does not interfere with the unfolding; Except where it is absolutely necessary. She allows for their free will within Her determination.

-She always remains exceedingly silent. Speaks few words.

-She discourages over-anticipating.

-She teaches life lessons, including seeing the light behind the difficulty/darkness, and that all material things/people that have departed this world live on in subtle space, and we can commune with them.

-Krishna is a God of the Preserver/Maintainer lineage, just as she tries to preserve the deteriorating conditions of this middle-class English family.

-She says that Everything is possible, including the Impossible.

-She is inspiration personified. God inspiring us to become something greater.

-She continuously evokes instantaneous miraculousness around her.

Trailer:

<https://www.youtube.com/watch?v=-3jsfXDZLIY>

No Title

In Agenda Mother called America's passionate decision in the 1960s to match the Russians, who had just launched Sputnik, with satellites of their own and a mission to the moon, "Pure childishness."

29 February 1956

The most important day in the history of the world.

It is when the Supramental Consciousness descended onto the earth.

No Title

India has the aspiration for progress and prosperity, which is a great thing. But she also has Spirit, the Force that when opened to can bring progress and prosperity ten times faster.

No Title

Sri Aurobindo tells us that the individual, the organization, the society, and life are all Spirit: they are the manifestations and expressions of an evolving Spirit. They are in fact various expressions of one Integral Reality.

No Title

Our life is a novel that each of us are writing and learning from. (Garry Jacobs)

No Title

Every moment, act, situation, experience affords us the opportunity to grow as a person; including the capacity to be more spiritually realized.

No Title

What the Mind wants to happen is desire and expectation. What the Soul wishes for, aspires for is Aspiration.

Infinity Behind the Ignorance

Every aspect of ourselves that is negative, that reacts, that is in error, that is false and ignorant, has the Infinity behind it, once we recognize that negativity and reverse it. I.e. an Infinity of Opportunity instantaneously presents itself.

Positive Qualities of the Team in 'The Book'

What does the team in the novel 'The Book' have in consciousness that enables them to persevere despite their false actions?

- They have a genuine Aspiration to do something good in the world
- They have the Sincerity to recognize their Ignorance, and to admit their faults
- They are fundamentally Truthful. They don't try to convince themselves that they are right and others are wrong

No Title

When we can discover the Joy inside when everything is lost outside, then life will respond and everything will be gained.

No Title

Everything around you, as well as yourself, are evolving material formations of the Spirit.

No Title

Everything that causes us to react has the opportunity, the Infinity behind it if we don't react.

No Title

The whole opportunity, Infinity reveals itself to us in the measure we go Inside.

Comment: Eg when we consecrate, offer conditions to the spiritual Force, we shift our consciousness from outer action to inner power, which tends to evoke tremendous results - ie Infinite-like.

It has a similar power when we withdraw into silence and soul within.

Whereas acting on the surface, - in our ordinary moment to moment experiences of life, - we gain minimal results, from the depths within we evoke, attract infinite-like possibility, opportunity to our doorstep.

Mind keeps judging, anticipating, reflecting, connecting, dividing. It does not want to be still.

No Title

hat we perceive as our own personal intention, we are, - to a lesser or greater degree, - always subconsciously collaborating with the Divine Intent.

Reader: True Sir. The perception of discord is the intent of Divine in involution and search for agreement in evolution are seen as the problems of existence. I think the perception is rooted

in subconscious and to change it to evolutionary one, Consecration/ shift is the way. Your observation please.

Response: Yes, for the Divine Intent to become conscious to us is to help advance, hasten the evolution.

Consecration (opening to the supramental Force, Mother), inner concentration to make contact with our soul/psychic being, taking other person's viewpoint, non-reaction, silence, etc. are the means of revealing the Divine intent.

The Divine Intent is to increasingly see the cosmic determinates, i.e. the Spiritual Attributes unfold in the world - including peace, harmony, truth, knowledge, goodness, beauty, love, delight, infinity, and timelessness. That too is our secret, subconscious intent, which we can realize and bring to the surface of our lives.

Reader: Most of the time in our lives, we neither aware of our individual purpose nor Divine's intent. Also we all are at different levels.

Yet, the Divine manifest its plan by using all of us in varying degrees. We can see that clearly in stories.

P&P is a great example. None of them aware their purpose or Divine's purpose. The discord came through life at all different levels to awake them. To the measure they perceived that and searched for an agreement inwardly, aligned with the cosmic purpose. For Darcy, his surface egoistic identity was shaken at its root, in the quest of addressing that he led the cosmic purpose. All the others contributed to that plan subconsciously also based on their levels.

Our current lives is even more complex. The discord comes at all different levels, like life, society, family and so forth. The challenge for us is, what discord we need to address as that might help fulfills our soul as well as Divine's plan. When we think of addressing something, we may not perceive clearly, whether we are moving towards soul's purpose or simply ego's needs. To the measure we perceive it wrongly, the other discords might come along to confuse us even...

Thank you Sir.

Response: Excellent, Senthil

Reader: Yes. It's true that Divine is fulfilling its Intent through all of us. Even though all are in disagreement with each other in one point or the other, all move in the direction of Divine's Scheme.

MGR gave permission to few politicians for starting Private engineering colleges. They were not educated enough to run the engineering colleges. But they managed the colleges successfully and produced more engineers. That was the time when software companies came in to India. The field absorbed all of them and more engineering colleges had to be opened in Tamil Nadu. The founders of engineering colleges started with profit earning motive only. But Divine used them to develop the state and in turn the country. The GDP of Tamil Nadu got raised after this boon.

No Title

Each country is going through personal growth out of its own particular limitations and falsehood by interacting with all other nations, indicating that Life works on many fronts simultaneously.

No Title

Knowledge that comes through Intuition is infallible; and cannot be held back.

30-Day Consecrated Approach Attracts Great Success

In the "30-Day plan" Karmayogi asks us to consider what we truly want in life, deeply aspire for it, do what we can to make it happen, and offer it to the Mother, the Force with faith and right attitudes. Then we stand back and see what happens, which ordinarily results in the fulfillment of our aspirations and more.

E.g. around 20 years ago a friend of mine diligently followed this approach and secured a full-time job that lasted 10 years, when she hadn't found full-time work in over a decade. It happened within the 30 day target timeframe.

Another individual followed the same plan and sold her house for \$1million in that same period after months, even years of failing to secure the sale.

Both happened after these individuals attended a multi-day presentation by Garry Jacobs at his house in Napa, California. It was centered around discussions of Sri Aurobindo's spiritual opus 'The Life Divine', especially on topics related to the Process of Creation - for the universe, the society, and the individual; which as we learned were all quite similar.

I too attended this profound set of presentations, and gained great spiritual and practical insight and material benefit.

No Title

The problems of the world can no longer be solved by individual nations, but only through deep, integral collaboration with all other nations.

Principles of Energy

All in the universe, the world, society, the individual, the act are forms of energy.

Therefore all accomplishment is dependent on that energy - in terms of quantity, quality, etc.

The energy is really in its essence a Conscious Force; an ultimate consciousness that emanates a force.

The origins of all Life is this Conscious Force. As it enters into forms of mind, and life, the Force is maintained but the consciousness is lost. It is involved, hidden in matter, life, mind, movement, etc.

And yet the more conscious we are, the more the consciousness re-emerges from that Force. Now the Energy in universal and human existence has greater, more intelligent, spiritual power.

Through that Energy, that Conscious Force, peace, harmony, wisdom, goodness, love, delight, infinity, and timelessness increasingly express in life.

Discarding Money Values Attracts Fantastic Success for the Team

When the Team in 'The Book' move out of their obsession with money acquisition via their stock market AI system, they evoke a response that changes the course of the company and their careers. They receive the opportunity through NASA to provide a solution to create Harmony among the astronauts in the space station.

Through their higher value towards money, life responds and brings them an opportunity for something much greater, much higher, in the form of building an expert system to create Harmony among teams of people in the world.

The Team's Harmony and NASA Solution

In the novel 'The Book', the attempt to create Harmony for a half dozen NASA astronauts on the cramped space station comes from the Team's OWN internal harmony - which can be seen in their own harmonious relationships, including their higher levels of Truthfulness, Goodness, Respect for One another, etc.

In other words, they themselves are the solution for NASA's attempt to create harmony aboard the vessel, which can then be encoded into their AI software they build for NASA and eventually the world.

On the Announcement That Three Individuals Have \$100 Billion Net Worth

In one way there is a degree of greatness in these individuals, but the society has failed to see the power of Fairness in the world. So money accumulates in the hands of a very few; and conflict, darkness, and evil follow.

No Title

The more we give up blaming life, reacting to life, the more we move into its Harmony and Right Flow.

No Title

The Mother says that whatever comes to you in life, - no matter how difficult or challenging, - you have the capacity to realize.

No Title

When the conflict on the outside forces us to see the truth inside, - of our hand in it, responsibility for it, - we gain a great knowledge. And as a result, life responds in our favor.

No Title

The Inner and the Outer are a Dance, a Play (Lila) that offer us the opportunity to become more conscious of the ways of life, and of our hand in it.

No Title

When you restrain yourself from countering another's position with your own, you tend to attract greater harmony, energy, and aspiration.

Will Life Always Smile Back at Us If We Remain Happy?

Q: Mother says if we smile at life, life will always smile back at us. But I have seen many instances, even calamitous ones, where I was happy, yet very negative things happened in the world. (paraphrased)

A: -We are complex beings. We may smile on life superficially, or for a brief moment related to something that satisfies us in the short term, but we still can be burdened with many negative qualities, thoughts, attitudes, beliefs, etc. The subconscious is filled with these, and the universe is aware of them, and aligns negatively to them; and we with the universe.

-Karmas may have been created earlier, in the past, that are presenting negative now even though we may be momentarily happy.

-Great social forces evokes the earth moving; often due to extreme conflict in those or neighboring vicinities. As we have seen in huge calamities in extremely conflicting areas like Afghanistan, Pakistan, Iran, Haiti, and elsewhere around the world over the last 40 years. This is normally beyond our capacity to halt, unless we have gained great yogic power, and have the will to do so.

-We are affected by the social life and universal forces that are beyond our control or consciousness. We are not Universal Beings yet; only beginning to be so. As we evolve, we have more control of the outer.

-But maybe what Mother really means in her quote is that if we can ACCEPT all that life brings, - whether positive or negative, - then good fortune will be our never-ending experience. That we generate a higher vibration when we accept anything negative as a positive, an opportunity, something of great potential in disguise, which in turn comes back to us as good fortune.

So smiling at life is more than being happy and positive, but accepting the darkness as part of the unfolding in the Reality. After all, the Divine sees beyond the positive and negative, into the intrinsic Truth of things, and so can we. It's just a matter of developing a more inclusive perspective, of embracing the negative as part of the unfolding and progress of the whole.

When we accept the ALL, then life smiles on us with good fortune - as peace, as harmony, as truth, as light, as joy, as infinity, etc.

Taking to a Spiritual Path and Pleasing Society

You cannot easily take to the spiritual path if you are trying to please the society around you and its values. And yet you can grow in consciousness on the spiritual path and thereby discover a great means to help the society.

Overcoming a Seemingly Hopeless Case

There is never a hopeless case. There is always something you can do Inside. You can always be more Sincere. Always be more Truthful. Always be more Self-giving. Always have more Faith. Always have more Aspiration. Always take to higher Values. The outer will then quickly respond in your favor.

No Title

The key to attracting the infinite on the outside is to come in touch with the Infinite inside.

Response: I.e. improve one or more aspects of consciousness that we can raise to a higher level: truthfulness, sincerity, aspiration, harmony, self-givingness, right attitudes, higher values, etc.

Future of America's Global Leadership

Karmayogi has said in the past that America has led the world forward for these many decades because of its economic and military might. However if she is to continue to lead the world, she would need to develop social and psychological capacity; a more humanistic understanding of life conditions.

However, Trump's arrival seems, - at least at first glance, - to indicate that the US is going backwards and will not attain that social and psychological maturity.

On the other hand, revulsion against Trump may be so great that it forces America to look deeper inside, which will give it a newfound energy that will enable it to lead the world once more; likely in partnership with other emerging powers like the EU, China, India, etc.

Predicting the Future Of A Venture's Success

There are inner forces as well as outer forces that determine a venture's success, such as starting a new business or other form of organization. The inner are mostly psychological factors, and the outer are mostly the social environment factors outside ourselves.

When all of these factors are positive, success is guaranteed. When all of these factors are negative failure is certain. Then there are various combinations of positive or negative in between which have a bearing on the outcome.

-

INNER DETERMINATES

- Energy level
- Aspiration
- Determination
- Knowledge
- Skills
- Self-confidence
- Faith
- Opinions
- Attitudes
- Values

—

OUTER DETERMINATES

- Cooperation of other people

- Organizational capacities
- Financial and other resources
- Location
- Social Support
- Infrastructure
- Market Access and Conditions
- Reputation and Social Status
- Access to Expertise
- Access to Technology

Note that these factors are the basis for the Four Quadrant Matrix developed by Sri Karmayogi that indicate the chance of success of any venture.

Comment: 4 QUADRANT MATRIX

Quadrant I is (+,+) meaning all the inner urges and outer factors are positive. Result: Unfailing success

Quadrant II is (+, -) the inner is positive and the outer is negative. Result: Difficult to begin but will end in a success.

The III is (-, -) a quadrant where both are negative. Result: Cannot begin, but if begun will fail.

The IV is (-, +) the inner is negative and the outer is positive. Result: Make a good start but end in a failure

No Title

Each illness has a unique psychological/soul cause. Identifying that cause and eliminating it will enable the body to heal.

Comment: Here are several:

Illness -- Psychological cause:

1. Hypertension -- A tense and anxious personality.
2. Tuberculosis -- Emotional depression
3. Cancer -- Vital depression, Selfishness, Greed
4. Migraine -- Excessively meticulous personality
5. Stomach ulcer -- Too much worry
6. Poor appetite -- A cheerless and dejected mood
7. Skin disease like Psoriasis -- Persistent irritation
8. Diabetes -- Insecurity and fear of future
9. Digestive disorders like loose motions -- Insecurity and fear in the vital
10. Joint disorders like knee pain -- Suppressed irritation
11. Asthma and other allergies -- Lack of enough vital energy to sustain normal life
12. Chest pain like angina pectoris -- Tight unyielding and inflexible personality.
13. Infertility -- Deep seated fear of having children

No Title

Normally when you rail against another's behaviors from a distance - whether a family member, a politician, or whomever - the object of your distain will redouble those qualities!

No Title

The true greatness of any achievement is not the result, but understanding the Process that got you there; including the consciousness brought to bear that achieved the result.

Life Success Required for Wisdom to Spread Demonstrated in Dramatic Book Authors Incident

A knowledge itself, no matter how great does not ordinarily lead to outer success - be it financial, business, or similar. Rather a success happens first in the field of Life, that then incorporates the knowledge.

Eg Garry Jacobs of MSS carried around 'Consciousness Approach to Business Management' booklet by Karmayogi in the late 70s/early 80s, presenting it to certain individuals so that it's profound wisdom could be applied in business and elsewhere. He had only modest success.

Then several years later Garry wrote a book based on Karmayogi's knowledge called 'The Vital Difference'. Though at first outraged that his co-author got equal billing on the cover when he had hardly written a word, Garry gave up his egotistical view and gave his co-author equal listing.

IMMEDIATELY Garry attracted business clients worldwide, and his Mira International consulting business took off. It changed the course of his professional life. AND only then could the knowledge of Karmayogi be truly applied in a practical way!

Thus Life's exigencies (including the vast Response) came first. THEN the Knowledge followed.

So what about the vast inner knowledge and wisdom others have developed in recent years? E.g. the Supramental KnowledgeBase, Character of Life insights, principles from The Book, et al. Well they too require a Life Success vehicle of some sort to first take shape in order for its ultimate profound knowledge can be made use of and applied in the world.

No Title

Contradictions always arise from the inadequacy of vision and the incapacity to see something from all standpoints at once. (The Mother, from Agenda, August 26, 1967)

Comment: Supramental perception is the opposite. Opening to that Force, Mother reveals all essential sides at once, or in quick succession; something ordinary mind is incapable of.

Reader: All Contradictions are Complements" - Sri Karmayogi.

Response: Yes, seeing various, many sides causes us to see the truth of all positions, instead of seeing just one side in contradiction with other positions. Thus the apparent contradiction we perceive at the surface level of mind are instead perceived as complements of one another. This is the beginning of Supramental Perception, which is ultimate Truth Knowledge, which gives us great power to engage in right action, that leads to great success.

Taking another's view point, humility and self-givingness, regular consecration, concentration in depths, non-ego, et al enables this to happen.

No Title

Insincerity is agreeing to a cause of action, such as recommended by another individual, and then consciously or semi-consciously knowing that you will not follow through.

No Title

A sincere person who employs consciously the best of strategies allows Life to accomplish not at his level, but at the widest level. (Karmayogi)

Insincerity that is Deception

Another form of Insincerity is deception of character. Mr. Wickham of Pride and Prejudice is a classic example. There is also political insincerity: eg the British in recent centuries, and the West in dealing with the Middle East. In these cases Insincerity is Deception of character, or of agreement or intention.

No Title

Everything around us and in us are formations of the Conscious-Force of the Supreme.

The Mother and Jimmy Carter's Longevity

The Mother lived in the material plane till age 95. Meanwhile, Jimmy Carter is the longest-living president in American history, at 94, and still going strong.

It turns out he was in the 1980s and 90s, along with his wife Roselyn, closely associated with the group founded by Mother's Service Society - known as ICPF; the International Commission on Peace and Food. It helped bring about the end of the Cold War via Mother's vibration.

Mother's energy tends to spread to other individuals, who then live robustly into old-age; often unexpectedly living long lives, including as long as She.

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On a personal note: While growing up in the 1970s, my father wrote an impassioned letter to the then president Carter about the success of the New South, such as was taking place around the Atlanta, Georgia area where my father was expanding his business contacts. Most surprisingly Carter was touched by the note and he wrote a personal letter in return to my father. I recall seeing the letter, which was a proud moment for our family.

Also once at Garry Jacobs' house in Napa, California, where ICPF was based. I answered the phone. It was Roselyn Carter on the line, a Commission member.

The first episode in its way was a predecessor to the latter outcome, which occurred almost 20 years later.

No Title

Even the tiniest negative behavior will cause an instantaneous negative ripple, at a distance or close by.

Power of Attraction of Young Boy In 'Mere Pyare Prime Minister'

Last night I watched this terrific and inspiring new film from India. The story revolves around the film's eight-year-old protagonist, Kannu, who lives in a slum and dreams of building a toilet for his mother. After his mother Sargam gets raped when she goes out in the night to defecate in the open, Kannu takes charge of improving the conditions in the slum.

In his quest to build a toilet, Kannu writes a letter to the prime minister and travels to Delhi from Mumbai with his fellow comrades Ringtone and Nirala.

The film brings into focus the issues of defecation in open and sanitation problems faced in slums.

Here is the link to the film as described in Wikipedia:

https://en.wikipedia.org/wiki/Mere_Pyare_Prime_Minister

Here is the trailer (in Hindi):

<https://www.youtube.com/watch?v=vIa2XyG5mIY>

—

Observations:

I had several comments on the film, the main one involving the credibility of the notion that three small children from the slums could get the attention of the Prime Minister of India. Is it even remotely possible in real life?

My answer is that it is so long as one follows the qualities demonstrated by Kannu and his two young friends. In essence he presented these qualities that had the power to attract the seeming impossible:

--Kannu is extremely determined, driven by the tragic act perpetrated against his mother; but also by his social consciousness and awareness of the sanitary conditions of a community without toilets.

--As a child Kannu has no doubts he will succeed. His attitudes are fully positive at every stage of the journey. That always attracts the positive.

--Kannu is extremely sensitive of her needs and is thus very giving toward his mother, almost divine-like in actions, and reaps the rewards in return.

-When Kannu leaves, he is silent about his intent, not informing his family and community. He only returns calls after he succeeds in making contact. Keeping the silence within of an undertaking attracts more energy and results.

-The administrator in the federal government Kannu meets has a kind-hearted disposition, and so gives the threesome a change when they are at the Prime Minister's gates.

-Kannu and two friends are so determined, that they arrive at the gates of the Prime Minister's office at the same time a children's group are meeting with the PM's public liaison. This makes it easier for the threesome to get his attention. This is a powerful example of Luck, or perhaps we can call it Grace.

Thus the final outcome is no coincidence, but the response from life to Kannu's intention, bravery, social conscience, silence, self-givingness, et al.

AI Developments in Sales vs the Ultimately Profound AI in 'The Book'

The technology developments announced between Salesforce and others are indicating that AI and similar tools can give the salesperson and others much deeper insight into the nature of the customer, the transaction, as well as building up the knowledge of the sales professional.

Instead of engaging in a lengthy, deep analysis of the data in such transactions, the systems can through its AI and analytics offer immediate strategies and recommendations to achieve sales goals.

It is actually what Garry Jacobs' epic novel 'The Book' explores in great detail. There it involves a team of young individuals who are developing software that can solve any social issue in the world!

The difference is that the Team in Garry's novel have access to the most profound subtle principles of life, giving it a power that these emerging AI technologies can only dream of -- whether in sales or any other social field of life.

In essence, spiritual, multi-dimensional genius Sri Karmayogi and his vast life wisdom that enables vast, ultimate-like success IS the AI system of the team in 'The Book!'

No Title

I see India can skip the agricultural phase and enter into immense Prosperity by urbanization and through the service sector. (Karmayogi)

Comment: In 1989 I worked as national franchise manager for copying and desktop publishing retail centers. In a number of the stores were young Indian workers who just arrived from the Punjab. Just a few months after leaving their agrarian life they were interacting with complex machines of technology.

When I later worked in Silicon Valley, I saw many Indians starting companies that went on to fantastic success. Many of their parents were likely agrarian. Since that time Bengaluru and Hyderabad have emerged as global cities of technology, when just a few miles around them are farmers scraping out a living from the earth.

They had in many ways overcome the traditional life as well as much of the old type of Industrial Revolution of the West; going from farmers who worked the land to operating technologically sophisticated machines and devices. Five hundred years abridged.

Now young people carry around smart phones, with aspirations to join the technology revolution in India. Of course there is industrial development, but the choice jobs are in the emerging Technological theater unfolding in India.

People also see the massive amount of pollution in India. eight out of the 10 most polluted cities of the world are there! And yet from this many technological developments are taking shape. They see the poisonous air of industrialization; contrasted with tech innovation coming for the environment, and they aspire to be part of the latter.

Events are rapidly taking shape where services and tech overshadow an agrarian life shared by most of the society only a few decades ago. This leap is certainly beyond remarkable.

They are offering professional services as they land in urban environments, developing softwares without having to wait for the agrarian sector to mature.

No Title

Work coming on its own is an indication of non-stop work coming. Same is true for anything which comes on its own. (Karmayogi)

Comment: Two ladies came to me and greeted me, asking me to become an instructor at their organization. That work continually came to me on its own in various forms for the next 30 years!

Universal Consciousness

What are some attributes of an individual who has attained "universal consciousness"?

- perceives many different aspects of a thing (instead of a few) in a moment or timeframe, and how they interrelate
- through inner stillness, the essentials needed to be known flood into one's mind
- knows the many-sided truth of things
- senses what is invisible or at a distance, without being told
- feels unity with everything and everyone
- feels one's self as unbounded, not confined to one's small individuality.
- has powerful influence on any aspect of life, of society through one's inner aspiration, behavior
- feels the infinite consciousness in everything one does, experiences
- is unbound by space and time.
- has constant intimations of what the future holds; and the full meaning and influence of the past on the present
- always knows what to do, the right thing to do; and what not to do
- continuously perceives the fullness of what is happening
- senses the Divine Hand in everything
- perpetually connected to one's soul, and the souls of each individual one encounters
- continuously experiences peace, harmony, truth, goodness, love, and joy of being through an ever-expanding inner, soul existence
- perceives the vital role of all things, including the negative in the unfolding
- sees all things visible and invisible, and their relationship, as part of the one Reality

btw: Universal Consciousness is a plane slightly below Supramental (Truth) Consciousness

No Title

An increasing number of individuals no longer consider themselves citizens of their country, but Citizens of the World.

Comment: As Sri Aurobindo indicates, just as nation states replaced city states, so Nation state concept will gradually be replaced by regional and global associations, including increasing degrees of world governance.

(Current nationalistic movements do not want to move forward in this direction, asserting their concern only for their own nation state; often taking shape as autocracy and plutocracy.)

Increasing Global Governance, - within a framework of the value of Unity in Diversity, - is necessary to solve nation state problems that cannot be resolved individually on their own.

Solutions will percolate up from individuals below (bottom up) and be implemented locally and globally, and everything in between.

Various social "Movements" - representing new emerging values - will take shape at every level, moving society forward.

Creation Process from Out of The Supreme (Involution & Evolution)

(based on the teachings of Sri Aurobindo)

--CONSCIOUS-FORCE

The ineffable, immutable Supreme extended to become a self-existent Being and Conscious-Force (i.e. SatChitAnanda).

--INVOLUTION

Through the action of Supermind, the consciousness of that Force begins to hide itself, involves itself, enabling the formation of Cosmic Mind. The consciousness further diminishes unfolding the plane of Mind. The consciousness is almost completely hidden, involved enabling unconscious Energy to formulate, coagulate which becomes the source of creation beginning as dumb Matter.

--EVOLUTION

The involution has now ended and the Evolution begun (upward in consciousness from Matter to Vital Life to movement to Mind and eventually spiritual Mind and upward to Spirit).

[INVOLUTION] The Supreme > Conscious-Force> Supermind > Cosmic Mind >Energy >
[EVOLUTION] Matter (creation) > Vital Life > Mind >Spiritual Mind > Supermind > Spirit.

--CONSCIOUS-FORCE IN INVOLUTION & EVOLUTION

In the Involutionary process there is a snowballing regression of the original Conscious Force, as increasing more divided planes emerge, culminating in Energy. In the Evolution, life increasingly comes back in touch with increasingly higher levels of consciousness, i.e. the Conscious Force.

Consciousness, Conscious-Force is always there, even without creation. when we grow, then we connect back to the ocean of Consciousness, Conscious-Force.

--SUPERMIND IN INVOLUTION AND EVOLUTION

Supermind is the plane that enables the creation process to proceed from out of the Conscious-Force (in the Involution). And Supermind is the plane we open to in Life to enable the Conscious-Force to infuse all planes of existence in the universe in the Evolution.

--DIVIDING IN INVOLUTION, COMBINING IN EVOLUTION

In the Involution the Supreme divides into Sat, Chit, Ananda- Existence, Conscious-Force, Delight. In the next stage the Conscious-Force divides into Knowledge and Will. The Knowledge and Will increasingly divides and breaks down into Energy without Knowledge; and the energy divides at the atomic level where there is no consciousness, which is Matter.

In the Evolution, the process reverses as dumb Matter coagulates and combines, creating the forces and forms of Life. And Life organizes itself as Mind emerges, particularly through Life Forms, including we humans. Mind then connects to its higher regions as spiritual Mind, and further upward as increasing unity consciousness of Supermind, and beyond.

--PURPOSE OF CREATION

-The Divine wishes to extend its static Delight (Bliss/Ananda) to Dynamic Delight in infinite variations of forces and forms.

-The Divine wishes for its comic determinates to manifest in the life forms of creation - including Peace, Harmony, Truth, Wisdom, Goodness, Love, Delight, Infinity (abundance), and Timelessness.

-For humans to follow the process of creation and open to the Conscious-Force via Supermind so that each person can become a unique, infinite Creator.

--OUR ROLE IN THE CREATION PROCESS

- Through Life's circumstances we are afforded the opportunity to grow in Consciousness- i.e. bring back the buried Conscious-force in creation.
- Through our Progress, the Conscious-Force emerges from out of matter, life, and mind.
- By opening to the Supramental Plane, i.e. the Force of the Divine Mother we hasten the Evolution, attracting more perfect conditions, and overcoming limits of space and time. It Life responds instantaneously to shifts in consciousness to the positive.
- By discovering the depths within, including our evolving soul (psychic Being) we are able to experience and help spread the cosmic determinates, the spiritual value, as well as open to the Supramental Force (the Divine Mother) thus evolving the world.
- We thereby become not only true Individuals but also Universal Beings, opening to the Transcendental plane.

No Title

The Ego - i.e. separative consciousness - dominates our lives dozens of times each day. One who recognizes its appearance as it arises, and halts it in its tracks is on a path of Higher Harmony.

No Title

Life is Smart, perceiving the value of the positive AND the negative in the unfolding and its progress. Meanwhile, people are ignorant, suffering the consequences, unaware of the utility of all things behind the Flow.

No Title

As described in Agenda, Mother increasingly perceived illness, not as the result of microbes, decay, and such, but due to Resistances of various kinds.

Inner Power Over Outer Obstacles Attracts Vast Business Success!

Despite the outer obstacles that appear before us, we have inner power to overcome them and succeed mightily. Though it may not happen immediately, longer-term the positive conditions within our own being tends to conquer the outer impediments.

A young Indian man and woman were in love, and they wished to marry. However, the girl's parents objected to the marriage because the boy's sales income was paltry. Still, they got married. However, soon after the young man lost his job. It seemed like a crushing verification of the girl's parents' views about the marriage.

However, shortly thereafter the young woman suggested that the two of them make the products on their own that he had been selling, and do so on their own premises.

And so they then made a go of it. As it turned out within several years they had succeeded so greatly that they now had 100 employees!

As we see, Life responded to their efforts, as their inner aspiration, intensity, and faith overcame the limits of the outer conditions. Long-term their deepest inner intentions prevailed over the short-term outer obstacles.

(thanks to Chandu)

No Title

Through the recent rise of regressive national leaders and their negative values, we are rediscovering our higher ones.

No Title

Sometimes it is only through great difficulties that we break through the hard shell of our habitual, physical consciousness and reconnect with the divine Mother.

At the surface consciousness level there is practically no connection with Mother. However, we can rediscover Her by going deeper within.

August 15th

- Sri Aurobindo's Birthday
- Indian Independence Day
- End of WWII in Asia
- Start of Woodstock music festival
- Feast of Ascension of Holy Mother (in West)
- Napoleon's Birthday (Sri Aurobindo in past life)

No Title

In one sense, nothing matters in life, in work, etc. except the level of Consciousness you bring to bear.

Comment: Life then responds accordingly.

No Title

Sri Aurobindo's presence and experiences on earth was a predecessor event of a Divine Life to come.

On Sri Aurobindo's Birthday, August 15th, same as Indian Independence Day

Sri Aurobindo worked for Indian Freedom in the field of politics between 1906 and 1910. His inner voice told Him that Indian Freedom was achieved and HE was meant for other work. Indian Freedom arrived on His birthday. When Mountbatten was asked why he chose August 15th, he answered that was the day on which Japan surrendered. Sri Aurobindo fought the World War in the subtle plane and that victory too came on His birthday. He prophesied that India would become the Guru of the World. (Sri Karmayogi)

No Title

Intimations coming in on their own without thinking is an ultimate way of Knowing, and provides a very solid basis for Right Action.

No Title

Increasingly I am giving up my own logic for that of Mother's; i.e. of the Infinite.

Mother's Absence of Funds

[as described in Agenda] Running an ashram of 2000+ inmates Mother occasionally found herself without money to pay the bills. The situation would appear utterly desperate.

However, Mother would then call intensely to the Force. Within a very short time money would start pouring in from all sides, saving the Institution from default.

Collaborative Effort at Various Levels Cancels Water Shutdown

There are situations in life that crop up which are challenging, but are overcome through the efforts of SEVERAL individuals consciously or subconsciously working in tandem, that has the effect of evoking the winning response from life. Here's a recent example

Over the last month or so, the various tenants living in a joint property space owned by XYZ Inc. were receiving notices from the water utility company, that unless the bill was paid, the water would be shut down on the four adjacent properties. Though several of the tenants tried to contact XYZ, it was to no avail, even though it was the owners who were responsible under contract for paying the monthly water bill, not the tenants. Thus the water utility was

unaware of the situation and so simply decided to turn off the water for the four properties, leaving the tenants in serious situation. No bathroom water, no water to cook with, bathe with, etc. etc.

Stirred into action, one of the tenants immediately contacted the landlords so they would inform the water utility to turn on the water for the properties. And yet there was a feeling that no one at the landlord organization was responding to the tenants inquiries, and therefore the dire situation could persist indefinitely.

And so another tenant, not knowing what to do, began to prepare for life without water for an indefinite period of time. And so she immediately drove off to the supermarket and picked up several very large containers of water, which would have to be used for bathing, teeth brushing, dish washing, etc. In the meantime the woman's friend began to call to the Spirit, to the divine Mother to take over the situation and help resolve it. And yet a fourth tenant went to the second tenant lady offering her water that she had kept in storage for such an emergency.

In other words everyone was doing their part, whether inwardly and outwardly. Also, the third tenant who consecrated the situation, totally focused his mind AWAY from the matter and was absorbed in updating information on Facebook about a high-consciousness book that was now being offered. Thus, he kept very still about the water situation, and after some doubt and hesitation came to accept all efforts by others that was occurring all around him.

Well it turns out that a few minutes after the man's friend arrived with the bottled water, and he himself had totally focused his consciousness elsewhere after the consecration, that it was announced by one of the tenants that the water had suddenly come on! Apparently someone had gotten through to the landlord who informed the water utility to turn on the spout!

It seemed like luck had haphazardly come to them. And yet the one man understood the power of consecration as well as the power of individuals to do everything one could to deal with the situation. In tandem with the opening to the Force, people doing what they could in a dire situation attracted the happy result!

No Title

We can join the great ocean of the Spirit through the inlet of our Soul.

No Title

Gleeful broadcast of a thing before it is hand is normally foolish, as it tends to diminish or even cancel the result; once again proving the aphorism that Silence is Golden.

No Title

Solution to a problem can only come about when both parties seek solution, i.e. want to solve the problem; otherwise things remain in stasis.

Comment: This approach can solve major problems in the world (Israeli-Palestinian, North-South Korea, Kashmir, etc.); as well as conflicts we are connected to in our own lives.

No Title

Sincerity is there when we examine a failure and take responsibility to learn from the situation and try to improve ourselves.

No Title

The wants of the body, the vital, and the mind is the surface consciousness; i.e. the Ego at work. Instead we can go within and discover our true self, our true purpose, and our true Needs.

No Title

Sadness, depression, hopelessness are expressions of the Ego. Going inside and discovering our True Self and Soul we experienced only Happiness and Joy.

No Title

Our Ego is not our true self. We have within ourselves an Infinite, Eternal Being.

No Title

There is pain in life because we are attached to the very things - habits, attitudes, opinions, beliefs - we should give up.

No Title

The Sunlit Path is to evolve through Truth and Higher Consciousness, rather than through the pain of experience and the difficult shedding of Ignorance.

Multi-Use of Matrix in 'The Book'

The team in the novel 'The Book' realized that the 4-quadrant Matrix not only could be used by NASA for decision making and solving the problems of the astronauts getting along on the space station, but also be applied to their own company, and for their individual selves. It contained the knowledge to create ultimate accomplishment in life; what must be shed in our being, and what should be attained within.

No Title

People who always expect things to go wrong will perpetually attract those very conditions, thereby reinforcing their prejudicial view.

No Title

When you consecrate and practice non-reaction toward questionable people, they will either change for the better or leave, never to return.

From Trying to Convince to Silent Will

Often when we try to impart some knowledge on someone else, the receiving party becomes defensive, not wanting to listen to or regard our point of view "Who is he to tell me such things." "I don't want to deal with this issue in my life," etc. Also, from our side our desire to convince can be a movement of ego on our part.

Thus the giver of the knowledge remains unheard. However, if he practices "Silent Will," - remaining silent, though he wishes to impart that knowledge, - it attracts the other party to discover his knowledge; or better still, the other party acquires the knowledge and wisdom on their own, and only come forward one day to report such.

Both outcomes are the result of the power of Silent Will over a potentially negative movement of trying to convince.

No Title

When we give up our opinion, our belief in regards to an issue, the Force, the Mother rushes in.

Vast Power of Mental Silence-Based Results

When the mind turns Silent, it brings about results far beyond what the mind, in its churning activity can accomplish.

The silence-based results come through dreams, unexpected conditions in life, and through intuitions of knowledge suddenly descending into one's being.

No Title

The mind sees more clearly than the vital ego, and the Silent Mind sees far better than the active one.

No Title

We constantly want to see others change; but it is we, ourselves who first need to change. I.e. we need to change our limited habits, attitudes, opinions, and beliefs first.

Sincerity in Sales Attracts

What are some examples of being sincere in the field of sales?

- doing what you say you will do
- being truthful with the customer
- not taken to exaggeration
- truly wanting to help the customer
- truly adopting the values you say you subscribe to
- truly believing in what you sell
- truly committed to accomplishing your goals
(as leader)
- practicing what you preach.
- being a model of your values toward others

Increased sincerity in sales attracts sudden good fortune from the field of life - whether in the form of increased sales or in other forms.

No Title

Consecrate the small negative occurrences so it is not a predecessor to a much larger problematic outcome.

No Title

Mind is capable of seeing things from another's point of view. Silent mind more frequently, more easily does the same, thereby is capable of perceiving the integral truth of things.

To be perfect in implementing Values at the current level opens up opportunities at a higher level. (paraphrase of Karmayogi)

No Title

To take the other person's or persons' point of view is to shift from one's ego-orientation to a wider perspective. Thus, it is an opening in both knowledge and consciousness.

No Title

If we want to find a solution that is good for Everybody, then we need to move away from our own ego-sense and its single-mindedness, to a deeper state, where Many-Sided Truth can flow.

The Soul Of An Old Machine (and Miraculousness)

Recently I experienced a fascinating phenomenon regarding physical objects.

For a number of months, perhaps even years my computer has been running sluggishly. I had held off purchasing a new machine, hoping to derive maximum use of the current device, despite its lethargy.

However, things started to become so difficult that I recently considered purchasing a new laptop. That's when something very interesting occurred. From that point on my endlessly sluggish computer started working more smoothly, without the usual frustrating delays!

This phenomenon became so pronounced that I began to search for some inner cause. It then quickly occurred to me that my older computer felt so threatened by the possibility of my purchasing a new replacement, that it shed its lethargy and began operating quite smoothly! Then I thought that this goes hand in hand with the idea that every material object has an Essence and Being, a Consciousness if you will - and responds to, can even be provoked by outside forces, - whether from other devices or machines, and even we humans. In other words, the computer has a responsive Soul.

In the 1980s there was a popular book among the Silicon Valley elite named 'The Soul of the New Machine.' It turns out that the author was not so much suggesting the computer system had a spiritual soul, but rather "soul" was referring to the heart of what made it work; its technological essentials, and the efforts of people to make it work.

However, I had in this instance TRULY experienced the machine's Essence, its Being, ... yes, its Soul. Moreover, variations of this phenomenon have happened to me a number of times over the years, especially when I directed the spiritual Force on it when it was malfunctioning. In virtually every instance it suddenly, miraculously came to life right before my eyes!

No Title

Most acts we engage in are done for the sake of the Ego. However, by Consecrating it, it is done for the sake of the Divine, for our highest nature, our Soul, which is the Spirit in us.

Means of Solving Finite Problem Can Be Applied to Solve an Infinitely Greater One

If you solve a problem at the micro level, say through higher consciousness, consecration, non-reaction, and all, you have the knowledge to solve a much greater problem at the macro level. That is why the smallest thing can be an opening to the Infinite.

That is precisely what occurs to the team in 'The Book.' They discover the means of creating harmony for the astronauts on the international space station by using the 4-quadrant AI Matrix, which enables them to solve the much greater Irish problem of conflict between Ireland and Great Britain. They apply the right means applied to the small, the micro, to the macro, bringing about peace and prosperity for UK and (especially) the once-humiliated Irish.

Non-Reaction, Detachment, Separation

Non-reaction is to detach from the revulsion and intensity experienced by the ego-oriented vital being, creating separation from the source, thereby giving mind the opportunity to consider the matter rationally or forget it all together. Now Life has a propensity to respond in our favour.

Comment: Garry Sir indicates that a further stage is to even give up the very thought about the matter, which in turn has a propensity to bring about peace, silence in the mind and richness in the heart.

Sri Aurobindo, Mother, Et Al Change Course Of World History

We see that history had deeper lines of causality that are undetectable by historians, but were critical in world advancement out of its most severe political problems. Here are several key ones:

SRI AUROBINDO AND DUNKIRK --In early 1940s Germany had overrun much of Europe. England is the final prize. British soldiers were trapped and German Air Force was prepare to bomb them, and so they are desperately brought back home through the courage of small boats driven by local citizens. To insure this happens, Sri Aurobindo brings a great fog to the area, enabling the safe return of the soldiers. Great Britain is saved and Hitler chance of taking over Europe greatly diminished.

MOTHER COMPELS HITLER TO TAKE TO TWO FRONTS --Hitler is under the influence of the great Asura; the Lord of Nations. Mother interferes and makes Hitler believe that it is this dark Lord he is communing with, when it is Mother under disguise of him, imploring Hitler to invade Russia, opening a second front in WWII. It will put a huge strain on the German Military and prove to be the demise of Hitler and Nazi Germany.

MOTHER (THROUGH ICPF) AND END OF THE COLD WAR -- (1) In early 1970s when all in the world are wary Of the great power of the Soviet Union, some Russians come back to Pondicherry, India, and as a result Mother knows that Russia is actually a failing state which she tells Satprem in Agenda. It would shock people 15 years later when the Soviet system collapsed, but She expected it.

(2) Karmayogi created the International Commission on Peace and Food (ICPF) led by Garry Jacobs, with an underlying purpose of seeing Mother's Force create peace in the world; influencing an end to the Cold War. It was believed by Gorbachev and Kohl of Germany that it would take 50 years or more for the conflict to end. On arrival of the ICPF's first plenary meeting in Trieste, Italy, it was suddenly announced that the Berlin Wall War was coming down, essentially the beginning of the end of the Cold War. The Cold War has ended in a few months rather than the anticipated half-century!

MOTHER (THROUGH ICPF) END IRISH- UK CONFLICT -- Under the auspices of the Commission (ICPF) Karmayogi asks Garry Jacobs to look into the possibility of ending the decades long, intractable conflict between the Irish and UK over Northern Ireland. The problem goes back hundreds of years, yet within a year or so the problem suddenly ends, the Irish humiliation is over, and for nearly a decade Ireland become the fastest rising economy in Europe. Again, the Force working through the Commission helps end the major world issue and conflict.

Perhaps we will see similar developments for resolving Kashmir problem, Palestinian-Israeli conflict, North-South Korea problem, Rise of nationalism vs Democracy division, Global Warming Issues, etc.

Power of Harmony Applied By Mai

Sri Aurobindo says "all problems in life are problems of Harmony." It is by creating greater Harmony that problems like the astronauts getting along on the space station for the NASA account in "The Book" is made possible. In addition, the team members of MAI apply harmony-related principles among themselves to rectify various conflicts they have experienced.

How then do we create greater harmony in life? Put simply, by moving from separateness and division to a harmonic connection between the parties. And how is that brought about? It begins by giving up any Ego movements.

How does one give up ego movements? For starters, by being vigilant of its occurrence, and catching it when it appears. And it always helps to be stationed in the depths of one's being, rather than the surface to better catch such instances of Ego when they arise.

Higher still is to perceive the inherent Oneness that exists among all of us. That we are one in Soul and Spirit, which is in essence our True Selves. To recognize that the surface self of Ego is not our true self, but a distortion of who we really are; and is the source of all conflict.

On these and similar basis MAI is able to offer NASA a great solution to great harmony amongst the astronauts on board the international space station. They are also utilized to create greater harmony among the team members, as well as further harmony in each of their personal lives.

No Title

The furthest "out" that mankind can go lies deep Within.

No Title

We took on this birth in order to grow in consciousness beyond the previous one.

No Title

We are disturbed by Time when we don't know how to Flow with it.

How Team In 'The Book' Developed Internal Harmony That Led To Matrix, And Then Nasa & Ireland Solutions

In the second section of the book, The Gnostic Stairway, Life gave the team experience first. Through that process it revealed the solution, the knowledge and the entire process. Here is the chronology:

- MAI team was awarded PAIS (NASA) project, yet they were not sure how to model due to lack of source knowledge.
- while working on them, they had internal conflicts, misunderstanding and so forth as no one had clear pathway to model it.
- Life threw the puzzle as NASA wanted to reopen the contract bidding process, jeopardizing the account. The partners then put aside their disagreement and worked in harmony to justify their proposal and eventually won the contract.
- Perhaps to increase the intensity of the issue, life exposed two more experiences of confrontation, (Ray's confrontation with family members, Tony, ex MAI employee's confrontation with Jack while he was working illegally on abandoned MAIS).
- After all had happened, while Dan was reflecting all the three issues, as they related with conflicts/confrontations, The Book gave him the clue "All problems of life are problems of Harmony"
- When Dan and the partners understood "Right Decision" was the key to reconcile discord and establish Harmony, life revealed them The Matrix decision-making tool through Archives.
- The rest followed... (solution for NASA and for Irish conflict, and more.)

(Senthil Murugan)

Comment: Several Comments:

- PROBLEM AS POSITIVE: From this we see that the near losing of the NASA account served a purpose, as it forced them to deal with their own internal conflicts and resolve it through higher harmony, which led to the Matrix, and all that followed. In other words, apparent darkness is really light in disguise.
- CREATING HARMONY: Main way to create Harmony is to give up Ego, i.e. doing things only for one's own self, which creates separative, not harmonic, consciousness. Perceiving the Oneness with others enables feelings of harmony. That we are really one another. That we each have a soul when we move from the surface to the depths, culminating in connecting with our Soul, we feel the harmony and oneness with others. Now that we have the Harmony with others any problems of Life can be solved.

Inner Factors That Attract Business Success From Out Of Nowhere

- Shifting out of a negative attitude or false belief
- Seeking the full Truth of a matter
- Sincerely applying personal and business values at all levels of the organization
- Improving the cleanliness, orderliness, and systemization of the business
- Practicing non-wastage at all levels
- Practicing silence in thought and speech
- Having an intense Aspiration for improvement
- Observing opportunities coming in and fully responding to them
- Making a decision and commitment for something to happen
- Opening to the Spirit (consecration)
- Creating greater harmony in the organization
- Greater coordination, cooperation, and collaboration
- Shifting from blame to taking responsibility

- Shifting from complaint to gratitude
- Shifting from self-need to the aspirations of the company
- Embracing in full what life is asking one to do; accepting the givens
- Greater degrees of punctuality, timeliness, and reliability
- Positive, optimistic attitude. Faith in success.
- Valuing others as much as one's self
- Deeply valuing customers and employees
- Breaking habits, and doing things fresh, and doing fresh things
- Being calm and not reacting to the intensities of others
- Taking to other party's point of view, instead of insisting on one's own
- Keeping focused on one's mission, goals, and values
- Keep accounts up to date. Pay due bills. Collect all due funds. Avoid wasting money.

MIRAculousness

Reader: Constant REMEMBRANCE creates Constant MIRAculousness

The Mother's Extraordinary Experience of Spontaneously Acting Without Intention

In September 30, 1967 Agenda the Mother speaks of an extraordinary state of a future way life unfolds. Instead of in any moment there being a cause and then an effect, there is just effect; a right result. I.e. the Individual simply does the right thing, which is then followed by the right thing which is successful, and so on; all without intention.

Instead of saying I must do this and then doing it, one just does it. And then one simply does the next required thing. In other words, a spontaneous unfolding of consecutive right actions without thought or intention.

There is no will, there is just the doing of the exact right thing. And others around one are also just doing in the same way. And what one and others are doing are always the right thing, done perfectly.

It is an ultimate, supramental efficiency of right action, without intent or cause, but just an ACTION, a doing, a becoming of consecutive actions that are all aligned; without intent or thought. It is just doing, and others just doing - all exactly right; just happening as if by itself, on its own. And we just spontaneously partake in the unfolding.

Consecration's Effect on the Collective

We have had any number of experiences where our consecrated action (opening to the spiritual Force, to the Mother) had an effect on a wider group collective of individuals. Among our personal experiences of utilizing the Force have been-

- the evocation of rain when water was in short supply (regional)
- the return of electricity after it had been completely shut down (local)
- the deflection of potentially dangerous snow storms that were on the way (state, nation)
- the attraction of a major household appliance for every person in a living complex (local)
- the prevention of two hostile groups from coming to blows (community)
- the effect on the outcomes of a war (international)
- the bringing of disaffected family members to a state of harmony (family)

From book 'Life Response in Work' <http://royposner.weebly.com/life-response-in-work.html>

COMMON-SENSE KEYS TO ACCOMPLISHMENT IN LIFE

Let's consider what we normally understand as the keys to accomplishment. Common sense provides a number of the keys to accomplishment, including-

- Having clear goals

- Intensely wanting to make real those goals
- Making the firm decision and commitment to make it happen
- Putting out the full effort
- Being psychologically stronger rather than weak in the face of life's exigencies, pressures
- Having the necessary knowledge and skills
- Persevering, never-say die attitude
- Having the right attitude towards the work, life, others, and ourselves
- Having deep values we believe in, cherish

From book 'Life Response in Work' <http://royposner.weebly.com/life-response-in-work.html>

Getting the Credit and Life Response

"You Can Accomplish Anything as a TEAM Provided you do not mind who gets the credit."
(Priya Lets Sell)

Two stories that illustrate:

--A powerful thinker and author GJ had just released a new book. On the cover it listed himself and the "co-author" who hardly wrote a single word of the business tome. However, rather than seethe, he decided to give up that ego movement and accepted the reality. Immediately thereafter this business consultant started receiving business management consulting business from around the world. By accepting the reality and moving to humility, his entire career as business consultant opened up from that day on!

--Julia child, the most famous tv personality related to cooking in history, was about to release a book early on in her career. Two other ladies were listed as co-authors. They were one day gathered around a table. There the second author was upset that the third author was included, as she did virtually nothing in writing the book. However, Julia smiled, and said she would be happy to be listed LAST, even though she (Julia) wrote virtually all the recipes! The book was then published, and went on to be the most successful cookbook in history, and Julia went on to world fame on television for the next 30 years. Her indifference to fame, and her humility opened up the doors to literal Infinite Success!

Notes on Mother's Involvement with Gods As Described In Her 'Agenda'

(Over the years I have read Mother's 13-volume Agenda perhaps a half dozen times. Occasionally I have recollections of certain themes there that I thought might be interesting to readers. Here is one.)

--Mother used to rest her head on Krishna's shoulders when she walked at night.

--When Mother spoke to various Gods who appeared to Her in person - eg Durga and others - and asked them about how they feel about people giving them offerings in order to receive boons - She said they indicated that they couldn't care a whit about such things; were totally Indifferent, the opposite what ordinary people believe.

--Mother could not stand the ridiculous Blue color in which Krishna was depicted. He was a dark-skinned God man.

--Mother asked several of the Gods to surrender to the Divine Mother. That was one of Mother's comic objectives.

--Mother said the Gods have no capacity to evolve; and no Souls and this could not evolve. (?)

--Being of Overmental capacity (not Supramental Truth Consciousness), individual Gods were in perfect harmony and capacity with that line of consciousness they belonged to; but were not in perfect Harmony with other Gods.

(Sri Aurobindo says that Overmind, though an expression of Universal Consciousness, is the very beginning of division in the Involution.)

Learning at Various Levels

Mental people can learn solely through ideas. Vital people through stories illustrating the ideas. Physical people avoid learning at all costs. This story (by Priya about children learning about teamwork from their mothers' actions) brings out the best of all three realms. Plus there is a spiritual dimension subtly embedded, about the power of Harmony of purpose through Teamwork.

https://www.facebook.com/priya.letsell.1/posts/355480595399551?hc_location=ufi

No Title

Life is continuously bringing us what needs to be evolved, requiring our higher level of consciousness. Life is Conscious that way!

No Title

In Life the Divine allows Dark Forces to have their play, as they can enable a more Integral Positive when overcome.

Comment: Of course we can regularly open to the Force, the Divine Mother, thereby avoiding the play of Darkness and Light, taking instead to the "Sunlit Path."

Reader: Is Consecration same as opening to the force or one of the methods of opening to the force

Response: It's the same thing at the level being discussed, though Sri Aurobindo also speaks of consecrating one's entire Life to the Divine.

Esalen, Michael Murphy, Sri Aurobindo, and the New Age

From the Esalen Institute on Big Sur on the very isolated and magnificent Central California Coast the New Age movement emerged in America. Its leader Michael Murphy had just come back from spending several years at the ashram of Sri Aurobindo in Pondicherry, India where he envisioned a new life, a New World.

I met Michael one day in the early 1980s at his offices while selling Mother's Fragrances incense in the Marina District office in San Francisco, and we had had a brief, but wonderful conversation. We talked about the possibility of a Divine Life on Earth, something that he had already begun to manifest by co-founding Esalen, several hundred miles to the south.

It's thus interesting to consider that Sri Aurobindo was from the angle the well-spring of the New Age movement in America, since Esalen was in many ways its launch pad.

<https://www.facebook.com/EsalenInstitute/>

No Title

When you remove ego from the situation and take to Humility, the Integral Truth of the conditions increasingly reveal themselves.

Would it be egoistic to say that Mother's consciousness working through my 30+ years of training and consulting in and around Silicon Valley helped it become Infinite-like?

No Title

Mind is the Entrance Way. Mind is the Bar.

No Title

Better than praying for results in a problematic situation, give up the negative inner or outer behavior that it corresponds to.

Perfection Attracts

Movements toward perfection normally attract positive conditions. Eg a small business in a somewhat hopeless position perfected the letter of application for a huge contract. Their

chances of winning it were very slim. However, they won the contract because the decision-maker noticed how immaculately perfect the letter was written.

Transition from Religion to Spirit

We can come out of the falsehoods of religion and come upon the Spirit by aspiring for and seeking Truth: the truth of who we are, what our purpose is, where the world is heading, etc; and connect with like-minded individuals who also seek such Meaning in life.

Intermediate Stages to the Supramental Body

Mother says we cannot evolve into a physical supramental being - containing centers of consciousness, rather than the current physical organs - from the current substance of our current material body. Rather there needs to be intermediate stages. She discusses various intermediate possibilities in Agenda on May 27, 1970.

Fully Embracing Current Problematic Work or Job Attracts

Over the years we have witnessed people yearning for a different work or job. However, spurred on by Karmayogi's dictum, through his associates, when that person dedicated themselves more fully to the current (apparently problematic) work or job, good things quickly started happening; whether in that work or job area, or in another as (e.g.) a new opportunity. "Embracing the Givens of Life" is thus a great way to evoke the miraculous.

I have seen this wondrous dynamic countless times in my own life.

PS: From a higher perspective the Divine aspires for you to grow as a person and evolve through the work/job before you. That's why it has come; for you to make a progress.

Here are some true-life examples on this dynamic as well as closely-related matters:

<https://1drv.ms/b/s!AjayTOYvR8hzgZY1TM2FGHZ8j2TuLw?e=Qg66Xx>

No Title

Karmayogi's (aka T. Natarajan's) vast teachings across an enormous range of fields of life appear to be 500 years ahead of its time, but through our Knowledge of it can be Realized within 50, or less.

Dialogue on Honesty and Truthfulness Of Indians

RP: In 'Spiritual Opulence' and elsewhere Karmayogi repeatedly indicates that Indians are not very honest and truthful. I wonder why.

SM: I think the values were there in the very olden days. It was lost somehow... Sri Appa is repeatedly mentioning all the stories full of values in order to consciously reinvoke those values in us.

RP: Yes, an overwhelming, invaluable pioneering effort on his part. A blessing for the country when fully adopted.

Spreading aspiration to get rid of corruption at all levels in India may be a first universal response to Appa's efforts.

We can all take it further and apply it in work and business, with friends and family. And so forth.

—

Indians lost their self-respect, confidence, and pride along the way, and so they took to untruthfulness. Now they are becoming prosperous and are likely well on their way to recovering their truthfulness, honesty, and sincerity.

No Title

Dear Friends,

I will likely be reducing my Facebook presence in the foreseeable future. This mainly involves a reduction of my own new, original idea-oriented posts. -Roy

No Title

Discarding outworn habits, routines tends to evoke unexpected positive conditions.

No Title

Do the day's work in Consciousness; not the ordinary way. Life will cooperate from all quarters.

My Mystical Experiences Among the Gods

When I was a young man, my uncle - who was not a religious person - told me that he and I were descendants of the Gods; i.e. the Greek Gods. He seemed certain of it.

Several years later while driving along the coast of Greece, the bus driver announced over the loud speaker that we were just passing under Mount Olympus, where the Gods resided. I then looked outside my window and noticed that the sun suddenly burst out with a terrific light. It had been cloudy until that very moment.

Earlier that day I had another mystical experience when I awoke outdoors among the great peaks of Greece after passing through the mountains between it and Yugoslavia. I awoke to a startling sunrise that stirred something very deep inside me. It was a pure mystical experience.

The next day I climbed the Acropolis and had yet another profound experience that I had been here before; that all was eerily familiar.

Perhaps these incidents were proof of my uncle's earlier assertions of our being descendants of the Gods. Somehow on that trip in the 1970s I felt deeply connected with the subtle forces revealing themselves in that space and time.

Indian Reunification and Other Forms of Harmonic Association Among Nations

According to MSS in order for the nations surrounding India to be rejoined in unification with the mother country, - or for any groups of nations to create harmonic relations, - individuals of all sides must first feel a deep oneness and unity with one another. Events will then reflect that depth as powerful positive response from life.

Thus from this perspective reunification and other forms of harmonic cooperation among nations or other entities is not so much a political or economic issue, but a Psychological and Spiritual one.

Parallel Events are Related in Consciousness

Eg there is a new opportunity at the end of a training course for an instructor. At the same time there is a similar opportunity that suddenly arises for an institution the instructor is related to that he had nothing to do with bringing about. And yet these two parallel events are related to him; specifically to his higher intensity efforts in his training. He could now benefit from both these unexpected positive outcomes.

No Title

Unwillingness to get at complex truths causes people to take to simple-minded populism.

An Angel's Universal Consciousness

'The 1947 adaption of 'The Bishop's Wife' is the story of what happens when a distraught bishop calls to the Divine for guidance to help him recover his lost faith and purpose. An Angel individual (played by actor Cary Grant) then appears before the bishop and guides him, his wife, and others through the vicissitudes of life.

Interestingly I found that the 'angel' character Dudley demonstrates what we can call "Universal Consciousness"; embodying many of the qualities of incarnated divine being known as Krishna.

I would like to list these qualities below:

- Dudley has come to overcome the troubling environment around the bishop - i.e. preserve it - as did Krishna as incarnation of Vishnu, the Preserver
- He constantly sees into the future and knows what is going to happen
- He knows when to act, and when to withhold action, as he perceives the true flow of life
- He never insists on his way; only stating the truth of the situation
- He never interrupts, allowing others to have their full say
- He has physical siddhis (miracle capacity)
- He continuously practices non-reaction; remaining still in the face of others' anxieties toward him or the conditions of life
- He continually takes the other person's point of view when it is raised, though he always knows the inner truth, the direction, and outcomes of life
- He shows tireless compassion and is self-giving
- He sees the positive behind all problems and negative positions
- He alters the course of events through his constant self-offering and opening to the Divine (consecration)

PS. I welcome your further comments on this version of the film.

Birth of World University Consortium (WUC)

Today October 8, 2019 is the 6th anniversary of the first ever meeting of the World University Consortium (WUC) held at the University of California at Berkeley campus. This is a photo from that first gathering where WUC was launched. It took place at Alumni House building on campus. I am seated in the middle with the blue shirt, listening to the vice Chancellor of UC Berkeley. Garry Jacobs, the founder of WUC, spoke after the vice-chancellor, inaugurating this new, progressive, dynamic consortium of higher education institutions.

WUC link: <http://wunicon.org/>

Why Mother Refrains from Granting Our Money Wishes

Why does the Mother, who is all powerful, not give certain individuals the money they pray for?

If you have the wrong attitude toward money, why should Mother offer it to us in abundance? Even if the wrong attitude relates to a peripheral matter, She may hold back Money.

In essence, She is waiting for us to Grow in Consciousness, and when we do, money will come, sometimes instantaneously.

We have karmas related to money. She is more concerned with our overcoming them in relation to money, than in distributing it to us.

Over-borrowing and/or not paying back old debts is one example. She waits for us to make a concerted effort in that area before more money can come.

Others may have no aspiration in life, so money doesn't come. Some will be too spread out in their interests in life, with lack of focus. Others still may be slovenly, unkempt, disorderly, not taking to personal organization, negligent in maintaining financial accounts, etc. etc.

She may also hold back money when She knows we will abuse it somehow if given. I.e. waste it; use it for selfish purposes, to placate our vital needs, etc.

It takes Sincerity of Purpose to look inside ourselves and discover our limitation(s) that correspond to Her holding back funds we ask Her for. If we identify and overcome them, money will flow nonstop throughout our lives.

ICPF Helps End Cold War

In the 1980s The Mother's Service Society (MSS) initiated the International Commission on Peace and Food (ICPF), whose purpose was to end the threat of nuclear war between the US and Russia.

Inspired by Karmayogi, Garry Jacobs formed the organization in Napa California. Within a few years the Berlin Wall fell and the end of the Cold War ensued.

The Consciousness of the commission and their members played a vital role in the ending of the world-threatening conflict. The Spiritual Force played a vital role in this unfolding.

The World Academy (WAAS) carries on the mission of the Commission.

Wikipedia entry for ICPF

[https://en.m.wikipedia.org/.../International Commission on Pe...](https://en.m.wikipedia.org/.../International_Commission_on_Pe...)

No Title

the psychic being is the one that will materialize and become the supramental being!

(The Mother, from Agenda, July 1, 1970)

Comment: Karmayogi speaks of the mental psychic, the vital psychic, and the physical psychic. Perhaps these each through our evolving psychic consciousness will blend with the Supramental Force, creating corresponding three levels of a new, unprecedented on earth Supramental Being.

Lost Materials Recovered Through Consecration & Action

AN'S NARRATIVE: I have a regular habit of frequently checking my vehicle RC books [vehicle registration document] as well as my family Aadhar cards [a person's unique identifier card]. This morning to my shock I found that the RC book of one of my two-wheelers was missing along with my daughter's Adhar card also.

I recently used my 2-wheeler RC book to renew my vehicle insurance as the insurance company demanded to see my vehicle's RC book as a penalty for my late renewal. Just 2 weeks ago myself and my daughter had made a trip to Delhi and I had taken her Aadhar card as ID proof to show at the Airport.

I sensed that I have misplaced them somewhere. But one hour of my searching proved fruitless and even my prayer to Mother did not work. Finally losing faith in the power of grace, I was prepared to spend some money to get a new RC book as well as a new Aadhar card. It involved an expense of 800 for new RC and 200 for new Aadhar.

The tension I was under in the morning got relaxed and I attended to my normal work as usual. At around 2.30 P.M I was looking for a particular file in my rack when a plastic folder caught my eye. I could see some certificate relating to my vehicle inside the folder. I grabbed it eagerly and there found my 2-wheeler Rc book as well as my daughter's Aadhar card.

I was surprised beyond measure that my prayer yielded results after loss of faith in the power of grace to retrieve the certificates. Usually when a prayer is not granted, we cite lack of faith as the reason for the failure of prayer. But here in this instance the prayer was granted after definite loss of faith and a switch over to the power of money. This is intriguing and needs to be explained. Readers may comment on this puzzling phenomenon.

RP'S ANALYSIS: There was initial Faith, but nothing came in response. Rather than further Faith he could not muster, he took to ACTION. When the tension then subsided he evoked the response. Or to put it another way, there was not enough sustained energy of Faith to evoke the desired result; but through willed Action to obtain the missing materials, and the subsiding of anxiety, life responded.

GJ's ANALYSIS: The intensity of your anxiety, impatience and expectation postponed the action of faith. It is like expectation delaying the power of prayer. It is not enough we pray. It is necessary that we withdraw the urges of our mental, vital, physical nature that interfere with the action of Mother's power. Mrs. Bennett's aspiration for the marriage of her daughters

was real and powerful, but it could not be fulfilled until her impatience, scheming, reliance on pressure and initiative were withdrawn when they failed to yield results.

A True Devotee

We assume that everyone who claims to be a “devotee” (i.e. aspirant of Sri Aurobindo and the Mother) is a devotee. Obviously, there is a difference between being a devotee and claiming to be one. A devotee is one who has faith in Mother.

People who do not work, who do not return the money they borrow, who are inefficient, incapable, unwilling to work cannot pray; and their prayer of wish fulfillment will never be granted. There cannot be a single example of an efficient, hardworking man not getting his prayers answered. - (Karmayogi, paraphrased)

Rich and Poor

Developing increasing universal consciousness would enable the poor to understand the conscious rich and the ways to become prosperous; and help the rich understand the issues of the poor and aid in their way out of their condition. It is the basis of an integral view of the way forward.

Harmony and Our Universal Power

The way to create Harmony between two disparate parties in the world is to discover the lack of harmony within one's self – whether toward others or towards life, - and reverse it. Life will then respond in the positive for the conflictive entities. We really do have that Universal Power within us!

My New Tech and Response of Life

I have updated my technology with a new laptop computer after 6 years, as well as a new iPhone after 4.

The Acer laptop starts up Windows 10 in 5 seconds, as it has a solid-state drive (ssd), not a hard drive. With last pc it took 10 minutes to load. The new laptop is literally 25 times faster. As for the iPhone 10R, it is very fast, and very smooth compared to my previous model, with a number of marvelous new features.

Wonderful Life Response results accompanied various stages of acquisition and implementation of the devices; mainly the result of consecration, following subtle life signs, and steady focus and patience. Life cooperated at every turn.

Harry Potter, Self-Givingness, and the Response Of Life

Perhaps the most profound Life Response I perceived among the 8 Harry Potter films took place in the very last one.

At one point. Harry, Hermione, and Ron were trying to escape the wrath of the fire dragon. They had now escaped its ferocity by riding their magic brooms into the sky. However, Harry noticed that his arch enemy, Draco Malfoy, was left behind and about to be incinerated by the dragon. Rather than continue to safety, Harry turned his broom around, headed down toward Draco, and scooped him up before the fire dragon annihilated him. Harry's two friends were shocked by Harry's brave gesture, indicating that no enemy should be rescued, jeopardizing one's own life, but Harry insisted on it.

It is now later in the day when the forces of good, led by Harry were fighting against the forces of evil, led by Lord Voldemort.

At one point, Voldemort and Harry meet alone in the forest, where Voldemort shoots out a terrible force, which seems to have killed Harry. In fact, in the next scene we see Harry and the headmaster, wizard Dumbledore apparently in a heaven-like place.

Then back on earth we see Harry lying lifeless on the ground. Voldemort asks Malfoy's mother Narcissa if Harry is dead, she goes over to him, and announced that indeed Harry is dead.

As the two opposing groups meet, there is a funeral procession for Harry, where Hagrid carries the lifeless body from the forces of darkness to those of the light.

And yet just as the positive group is about to surrender to the negative one, Harry suddenly awakens, rallies his people, and therefore the battle continues on, which the side of Light soon are the victors.

So what is the Life Response in these events? It is simply this: Because Harry earlier in a gesture of self-givingness went ahead and saved Malfoy from death at the hands of the fire dragon, Malfoy's mother Narcissa was later able to fool Voldemort by lying, convincing the forces of darkness that Harry was dead. That allowed Harry to awaken at the opportune time, rally his forces, and defeat the dark Lord and his minions.

In other words, Harry's goodness toward Malfoy returned to him as good fortune through Malfoy's mother's deception, turning the tide of the battle, enabling the forces of light to quickly secure the victory.

As we have often seen, acts of Self-givingness has that astonishing Life Response effect and power to evoke positive conditions in life. It can return the favor of goodness a dozen times or more! It can even, as we see in this Harry Potter episode, save the world.

Our, Life, Divine Wills In Truman Show

We aspire for many things in life, yet we may not know what the Divine is us, our psychic being aspires for. The Divine seeks Himself and reaches us through Life. Perhaps whatever we do, the response from life and the synchronicities from life are the guiding tools that indicates the alignment of our will with the Life's and the Divine's will and also could lead us there if we dare to pursue.

In that context, it is a wonderful quote

"We know about Our will and about the Divine's Will. But do we know about LIFE'S Will reflecting the Divine Will imploring Our will?

- Roy Posner"

and we could get evidence reflecting that in literature, film, our life and so forth.

In the movie "The Truman show", the Divine 's will was to him come out of his own illusory limitations.

Truman's will was to reach her lover, Sylvia.

When that will reaches certain intensity, the life started to respond and came as synchronicities like the falling light, radio frequency mismatch, observing the routine traffic, people and so forth. Life's will was to make him aware of the illusory Reality so that he would seek his True Reality.

And he pursued his dream based on the life's hints, and in that process he overcame his own limitations and manifested all the Will in Reality.

(Senthil Murugan)

No Title

She ALWAYS acts on our behalf when we are truly Receptive.

No Title

The Supramental Action is the Divine power that unfolds on multiple fronts simultaneously and integrally to uplift life.

Our Evolving Soul

-We each have an Evolving Soul, also known as a Psychic Being.

-It is located within us, thumb-sized behind the heart.

-We may or may not be in touch with it.

- That Psychic entity is evolving, and does so through multiple births. By entering a host individual, i.e. us.
- The evolving soul cannot reach its full realization in one birth, so it leaves at death and is reborn again and again in different hosts in its journey to realization.
- In each person it inhabits it seeks to discover through that person's life a new aspect of truth that it is evolving towards realizing; seeking to know and embody.
- It cannot reach its full realization in one birth, so it leaves and is reborn again in different hosts.
- The individual can make the growth of many births in one or several through efforts of higher consciousness. In one sense, the person is here to make that special growth, for himself, as well as the evolving soul, which his higher self within.
- When the individual rises in consciousness, the psychic being gains a new knowledge that it seeks through its journeys through time in embodies beings; i.ee. us.
- Mother says that we, i.e. our psychic being has been with Her and Her being through 1000 births. We are evolving together, in space and time, and beyond.
- Eventually we live as long as we wish, as our immortal soul develops an immortal body, a leap in consciousness and substance beyond our current limited being.

Overcoming Negative Attitude Attracts

Overcoming any of these negative attitudes eliminates negative conditions and/or attracts sudden onset of positive conditions:

- unwillingness
- over-expecting
- over-anticipating
- closed-mindedness
- egotistic
- prideful
- intolerant
- indifferent
- insensitive
- disdainful
- ill-will
- fearful
- hateful
- impatient
- careless
- mistrusting
- jealous
- selfish
- tight-fisted
- dishonest
- deceitful
- wasteful
- messy
- unkempt
- disorganized
- unforgiving
- skeptical
- sarcastic

- over-opinionated
- pessimistic
- doubting
- vindictive
- faithless
- controlling
- dominating
- gossipy
- toady
- destructive
- harmful
- unreliable
- unpunctual
- mean-spirited
- rotten
- spoils
- ruins
- criminal
- hordes
- tactless
- weakness
- shrinking
- self-doubting
- self-loathing
- exaggerates
- distorts
- complains
- blames
- irresponsible

Which ones are you ready to shed, and thereby quickly attract positive conditions into your life? Please comment.

No Title

My aunt and uncle were honored and respected scientists of the Visible; whereas I and others have been "scientists" of the Invisible.

Auto Repair Miracles

A man thought he had major car problems. The following week a different problem crept up with the car as indicated by a light on the dashboard.

He thought that perhaps he merely needed some transmission fluid. When he pursued the matter, he could not find the fluid in the big store he shopped in, nor could he find instructions on how to implement it in the manual. It was to him a sign that a different tactic was required.

After some hesitation, he decided to take the car into the shop. He knew the cost could be very substantial. Yet he had the funds. And besides, he knew that money must circulate, - not be hoarded or guarded; - including purchasing what is necessary.

He had an insight higher still; as a result he offered up the entire situation to the Mother. He simply put his faith in Her.

When the man arrived at the shop, he was told that the outlet does not fix the problems the man had, and he sent him to a different outlet, several miles up the road. Astonishingly, considering the dozens of streets in the area, it ended up being on a main street very close to his home. It was a clear first sign of things to come.

When he arrived at the new shop, he was astonished that one of the technicians immediately helped him out with his problem, considering how busy he and his team were.

The mechanic then volunteered to attach a handheld computer-like device to the man's vehicle to test for any serious problems. The man did not know that such a mobile, hand-held device with diagnostic capability even existed.

And so he waited for the results, hoping it would not be too dire. He also knew his car could have some serious issues.

The technician then showed him the results. On every aspect of the car there was a line-item report. It turned out that on each aspect his car scored a "0"; meaning absolutely NO problem in every major area!

He had earlier thought he might have to spend many hundreds of dollars, if not a thousand or two. But instead he paid \$0. Plus he was relieved there were no problems with any of the major systems of the auto; itself an astonishing development. Plus, all this took place on the perfect street to arrive back to his home. Even that turned out to be a breeze!

It was like a series of consecutive miracles; one after another.

And the technician was SO gracious; so good-matured, kind, and informative. The man never experienced anything like this from any auto technician in the past. Often, they were the very opposite. Plus, he had that space age portable computer device to check out all aspects of his car!

It all ended perfectly.

And yet, what did it all mean? How had he attracted these startling results?

For one, he practiced the law of Circulation of Money, rather than hoarding it. That always evokes financial gain; often in unexpected form.

He also practiced the law of taking Action rather than ignoring a problem, procrastinating, and similar. That too tends to attract good fortune.

Finally, he also consecrated the whole matter, putting everything in Her hands.

What followed was a wonder to behold!

PS to the Story: When the man arrived home, he soon after received a text indicating that he had a big check coming from his agent, which he did not expect for many weeks. Plus it turned out to be precisely the amount he expected to initially pay at the auto repair shop! It was a continuation of the startling Response of Life he received earlier.

Man to Superman According To Sri Aurobindo

-Man is a transitional being; he is not final.

-The step from man to superman is the next approaching achievement in the earth's evolution.

-It is inevitable because it is at once the intention of the inner Spirit and the logic of Nature's process.

(Sri Aurobindo)

No Title

The Ignorant have no knowledge of why they are ignorant, which is one expression of their Ignorance.

Subtle Indicators of Life Reinforcing the Original Condition

When you have a problem, a conflict, an issue, etc., be aware of the subtle and not so subtle verifications emanating from the field of life; whether close or a distance. These will present you with clues of what to do, or what not to do; how to address the situation.

These subtle intimations may come when you drive, when you listen to the news, in a film you are watching, from something someone says casually, off-handedly, and many other sources. To be tuned into these is to be subtly aware of the secret unfoldings of life. They are Indicators of life echoing, reinforcing your original condition or situation.

Moreover, if this is a frequent experience, it will be a measure of your psychological and spiritual growth and capacity.

No Title

If you want to get rid of the negative in the world, discover the corresponding negative in yourself and change it. Life will respond!

Universal Power of Devotee to Alter Unfolding Natural Disaster In California

Can devotees prevent the further spread of natural disasters around them from occurring, from WITHIN themselves, without any outer action, only using inner powers of the spiritual Force, the divine Mother to evoke the miraculous-like result?

My experience is that they surely can, as I and others I've been associated with have made teal over the years. Here's the most recent example:

As you may have heard California in recent years has been experiencing a plethora of fires. The cause of the frequencies and intensity of these natural disasters is still up for debate.

In the northern part of the state, where I have resided most of the last 40 years, there has not only been huge fires, like in Southern Cal, but there has also been a great loss of life accompanying several of these infernos. In many ways this latter development is unprecedented in recent California history, at least in its frequency of occurrence.

One of the recent fires had come to be known as the "Kincade" fire, exploding on the scene with significant destruction, but now threatening the entire San Francisco Bay Area, with a population of over 8 million. With the infamous Santa Ana winds blowing at very high speeds, there was now a dire threat to the entire region, beginning with the Wine Country in the northern part of the Bay Area, which could then rapidly spread south into the heart of the region. The forests had become an inferno, as the dry winds persisted, and was threatening to wipe out everything, including many residents.

It was at this point that I decided to take action; i.e. inner action. After viewing an online map of the scope of the terrifying conflagration, I imagined the fires no longer advancing from its current locations, and hopefully burning out in place during a brief retreat of the ferocious winds. There was almost zero chance of this happening, let alone in very short order.

And so with deep emotion, I managed to muster I offered the entire situation to the Mother and Her Force. I then forgot about the frightening situation and soon went to bed.

When I woke up the following morning, I looked at the latest map of the fire, and noticed that not only had the fire not advanced and envelop the first few cities in its path of the rural north end of the Bay Area, but it had shrunk dramatically overall!

In the days that followed, the potentially most-devastating fire in California history had unexpectedly been dramatically reduced, putting the lives of thousands out of danger.

--

This was not the first cosmic experience I had along these lines. There have been a number of others over the last several decades. On these occasions, my job was to understand the dynamics of the dire event, and once known offer it up to the Force with intense heart-felt emotion, trusting fully in Its action, disregarding everything else.

The Mother would invariably take care of all the rest.

Admirable Qualities For Devotees That Attract The Very Best Conditions, Avoiding Negative Ones

- to speak the truth at all costs.
 - to speak in the lowest volume voice another can hear
 - to Consecrate
 - to not have any part of the house be disorderly
 - to have dirty clothes washed every day
 - Not to react to another
 - Not to Interrupt another's speech
 - Not to slam the door or drop things making noise
 - Not to be impatient
 - Not to be irrational
 - Not to forget one's duty
 - Not to forget Mother
- (paraphrase of Karmayogi)

Universal Vibration Affects Individual's Local Experience

Often I have experienced static, difficulty in a situation, only to soon after discover that there was a universal negative vibration associated with it that affected my local experience.

Eg recently I went to pick up some pills from the pharmacy of a huge pharmaceutical, drugstore outlet. Everything seemed to go wrong in this situation, even with consecration. The cashier at the retail outlet couldn't find the prescription. there was a missing doctor's verification, there was confusion at the facility in various forms. The vibration was confused, nervous and disorganized.

The next morning I discovered that the vast mother company had a huge scandal involving the very drug I was purchasing the previous day for a friend!

I had simply walked into the vibration that was associated with that pharmaceutical outlet for that drug. This sort of universal vibration affecting the individual's experience dynamic happens often, if we open our eyes to see it, to make the connection, to see the correspondence.

PS In fact that drug was the basis of a national epidemic, and even a world-wide catastrophe. The influence was from an even wider universal domain that I had walked into!

Incorporating Life Response Phenomenon Into AI

Life Response phenomenon - onset of sudden good fortune from out of nowhere - and related unfoldings of Life (including synchronicity, timelessness, karmic power, supramental Force et al,) express the truth of existence far than any predictive patterns conceived of by current Artificial Intelligence systems.

However systematizing these cosmic phenomena in some creating way, creating an "AI of Life Response" would be a significant development in our understanding of Reality and its patterns and powers, thereby furthering Human Evolution.

Interestingly, profound fusion of approaches is described to a large degree by Garry Jacobs in his epic mystic novel 'The Book,' and to a lesser extent in the short story 'The Journey' by Roy Posner.

No Title

The emergence of global government is an inevitable development in the course of social transformation.

(Ashok Natarajan)

Comment: This was one of several expression of Sri Aurobindo's and Karmayogi's prophecy for the future of the world, here expressed by the latter's son.

No Title

The demand for economic and social Equality in the world indicates the reign of Capitalism is coming to an end.

Comment: There is a powerful movement towards Equality in the world, and Capitalism is incapable of achieving it. Thus Capitalism will be replaced.

Turning Old-Model Instructors Into Facilitators Of Person-Centered Education

To Sreejith's important question on of how to change old models of teaching when trying to usher in person-centered education, I would suggest:

- Create an education tune-up mini-course on Person-centered education for current faculty, especially instructors, with intense group discussions and break out teams.

- (of course) Make educational courses people-centered with deep level of granularity of application.

- Reward teachers, instructors who demonstrate high levels of person-centered approach in their courses. (end of class surveys can help facilitate this)

- In future, hire faculty who have disposition that would lend itself more readily to people-centered.

I have been an instructor for over 30 years.😊 -Roy Posner

No Title

Organized religion has turned Spiritual Truth into religious falsehood.

No Title

With Mother and Her Force the impossible is made possible.

No Title

The Truth does not ordinarily come out at once, as it seeks to gather related parts.

Coming Global Coordination, Governance, Progress, Human Unity

All of the economic, political, social, and psychological fracturing in the world today indicates a higher level of global coordination, including world governance is in the works, ushering in the next stage of social progress and human unity.

Success, Failure of Globalism

Globalism has been a great success in that it has raised 1 billion people out of poverty (including China and India). On the other hand, Globalism has also been a great failure as it has left many behind, without right jobs and skills, accelerating wealth inequality, and al.

Perceiving the Hidden Patterns of Life

There are subtle patterns of life that go unnoticed, and which defy our normal perceptions of logic, cause and effect, and space and time.

Understanding these hidden patterns not only enables us to see the world in a different way, but gives us the insight to perceive the truths that are unfolding in the atmosphere around us.

From that poise we can know the true truth of the reality unfolding around us, giving us one leg up on the world so that we can make the right decisions that invariably will lead to infinitely successful results. In other words, perceiving the subtle workings of life can lead to great accomplishment, success, and happiness in life.

In this article at Mother's Service Society we'll cover a variety of these subtle hidden patterns in life in the following discussion. We'll begin with that most fundamental aspect of life, the simple act:

<http://www.motherservice.org/content/hidden-patterns-life>

No Title

first step of knowing the true nature of Reality is to become aware that our mind is extremely limited in its perceptions of the world. When we grow in consciousness beyond mind's core limitations, we begin to perceive the true nature of Existence.

No Title

It is often the case that just by coming to understand the solution to a difficult problem, the issue gets instantly solved, without even having to take an action. It is a wonder to behold.

No Title

If your business or similar is crumbling, you will often find that it is your belief in that negative outcome that is creating that reality. Thus, if you change the belief, the reality will quickly change to the positive.

No Title

The world is constantly trying to improve itself, but we mostly miss it, focusing mainly on the conflict.

No Title

There's a great difference between consecrating an act or an event or an opportunity or a problem, and Consecrating one's life to the Divine.

Overcoming the Negative By Going Within

We encounter limited, negative conditions in life. They come to us so we can grow, including growing out of our ego; our limited, surface nature.

What can we do? To go beyond these present conditions, we need to go inside, within, away from the surface consciousness of ego. Here we discover our True Self, the Psychic Being; and the Secret Knowledge of higher consciousness, and personal and spiritual growth.

In tandem with Consecration which is one form of going within, we evolve in consciousness, outgrowing our surface, ego-based nature. Life cooperates from all quarters. Truth, silence, self-givingness, harmony, wisdom, love, joy, timelessness, and infinity envelop our being; transform our lives.

The Secret Knowledge

The Secret Knowledge is that everything we encounter in life, on the outside is a reflection of who we are inside; i.e. our poise in consciousness. And by changing our corresponding limitations within, it becomes an opportunity to progress, as life responds in our favor.

No Title

Shifting from surface to Depths we perceive the true nature of Reality, which includes the utility of ALL things in the unfolding.

Failing Tire Company Gives Up False Belief

Often a failing company finds itself in a predicament because the leaders of the organization believe in its inevitability. However, if they change that belief, life will conspire to turn around the organization to success.

A tire manufacturing business was rapidly going downhill. However, a wise, consciousness-oriented consultant asked them to change that belief. He told them that because they believed they were in a dying industry, because they believed their company would therefore die, life responded negatively in kind, and as a result they were failing

And so the company took up the wise consultant's advice and reversed their negative point of. Life then suddenly conspired to take them in a very positive direction.

No Title

The Indian proverb says "we are what we believe we are; we become what we believe we can become."

No Title

As devotees we are asked to shift our Faith from others' opinions, what the society says is true, to Mother.

No Title

When we give up our Ego-perspective, our focus on our own needs, desires, et al, life reverses and EXPANDS in our favor.

Personal Life Experience, Not Another's Knowledge Compels One To Change

Ordinarily one does not change one's consciousness because another has implored you to do so. It happens when you have a life experience and you are forced to overcome your limitations. Then when you make the reversal, life opens up and blossoms before you.

Disappearing Text in 'The Book'

At one point the text of the pages of the Book (in the novel 'The Book') disappear for Dan. He then comes to realize that they are disappearing because he has lost interest and faith in the knowledge and wisdom of the Book. He got so caught up in the workings of the company, including the AIS software, that he spent much less time in reading the Book.

And so when he changed his relationship to the Book and recommits to being guided by it, the text reappears.

Devotees Political Leaders

When learned, energetic spiritual devotees successfully run for Political Office, there will be great, unprecedented positive social change.

An Opinion Vs. An Attitude

An opinion is basically mental. It is a thought with a certain minimal vitalized emotion. It can change in an instant. An attitude on the other hand has the fuller endorsement of the vital, the emotions, and tends to be more fixed.

Eg in Pride and Prejudice, Darcy has an opinion about Lizzy when he first sees her. It is not flattering, but it can easily change. However, he did change that opinion and developed strong feelings about her. Now he had a set attitude about her; a strong emotional positive feeling about her.

When we change an opinion, life responds. When we change an attitude, which is a deeper formation than an opinion, life can respond overwhelming, as it did for Darcy, as he won over the woman of his dreams, while saving the Bennet family from scandal.

Power of No Opinion, Position

We have endless opinions, positions on a wide number of topics. Yet having NO opinions is great, as we are hanging in mid-air, with the Spirit, Mother to guide us. It is a blissful position to be in, which in turn tends to evoke infinite possibilities.

Wrong Attitude That Distracts from Incoming Truth and Benefit

A wrong attitude can prevent us from seeing what is right in front of us, or what is trying to come to us. Eg we are so taken by someone's beauty and possibility of romance because we are influenced by society to find someone, marry someone, et al, that we fail to discover that the other person is offering an important business opportunity. Shifting away from that attitude allows us to perceive the incoming truth and its enormous benefits. It is life responding to our reversal in consciousness.

Attitudes of Each of the Team Members in 'The Book'

Each of the characters in the story of the novel 'The Book' has one or more attitudes to be overcome.

Eg DAN feels possessive at one point when the book that contains vast life wisdom goes missing, as he has not had time to focus on it, as he is beckoned elsewhere. He merely wants to possess it, rather than learn from it. He is however able to overcome that wrong attitude and life responds.

VINAY is able to overcome an attitude about his attraction to one of the team members, - conforming to society's compulsion for marriage, - and life responds with the knowledge from the woman of a great opportunity for himself and the company

ANYA wants to be accepted and respected socially. She is very sensitive to what people think of her, especially so in the world of men. It turns out that three men at the firm do not respect her authority, nor give her credit for success. She is thus angry and has a wrong-headed attitude toward all of them. She does not see that her own negative attitude brings out the negative attitude of the others.

Eventually through conferring with and gaining knowledge gained from the Book she comes to see how her attitude is causing others' negative attitude. She comes to see that a true individual does not seek approval from others; but does what is right. As a result of her reversal, the others change their view of her, and one person even ends up being of great benefit to the company in the coming years. And it all came as a result of her reversal of attitude.

Thus, for each person, we see various negative attitudes that need to be overcome. They include negative or limiting Attitude towards things, one's self, or others. When overcome, life responds to the positive overwhelmingly, as it does for these characters.

PS: The change in the software offering from the team's company from AIS2 to AIS3 is fundamentally the inclusion of the power of Attitudes, including the AI software's ability to account for what happens when the limiting attitude is overcome.

Motive of Team Members In 'The Book'

Just as Attitudes are deeper than opinions, motives are deeper than attitudes. Motives go down to the essential things that are driving you forward in life. Let's examine the motive of the team members in the novel:

DAN: His motive is an aspiration for knowledge, for Truth, that leads to accomplishment for the organization.

VINAY: His motive is to discover what his role is in life: to be marry, to be successful, and to balance these. (?)

ANYA: Her motive is to be recognized and appreciated in life for her value. It is the driving force, the motive behind her attitude.

Attitude is of the vital (emotions); Motive is deeper, from the Being of the person, from the subconscious of the individual.

No Title

Only the Supramental can overcome the darkness of the subconscious, especially in the physical.

No Title

Life compels us to accept and transform the defects in ourselves that we see in others.

No Title

So many Startling Connections can be seen between things that the average consciousness normally misses.

Embodying Divine Values

Each person should be able to bring out their own unique value or set of values, fulfilling the Divine intent of multiplicity of spiritual values in creation.

No Title

One more VALUE that we don't have coming into our life can elevate our ENTIRE existence.

Motive Attracts Accordingly

What we discover of another person is not necessarily what they are, but a reflection of what our motive is in life. Eg if I want to discredit another person, we will attract things that trouble us from that other individual. Example: Caroline Bingley's constant berating of Lizzy in Pride and Prejudice attracts to Caroline what she doesn't want (i.e. Lizzy's further connection to Darcy).

No Title

Each individual we encounter has something to teach us about ourselves, for our progress.

Life Response in Pride and Prejudice

In terms of Life Response (onset of sudden good fortune from seemingly out of nowhere), Pride and Prejudice boils down to this.

There is aspiration for marriages among the Bennet family members. Life interferes and creates obstacles for this to happen, including the elopement.

Several persons undergo transformation of their being (especially Darcy, Lizzy, and Mr. Bennet) that overcomes the obstacles, leading to great achievement and the original aspiration fulfilled.

At the societal level, life progresses through compromise among the classes, instead of revolution as took place in nearby France.

Sophistication, Intelligence, and Conscious Transformation in Pride And Prejudice

It is interesting that the three individuals who change the most to the positive in Pride and Prejudice - Darcy, Eliza, and Mr. Bennet, - also happen to be the most sophisticated and intelligent in the story. Their mental capacities enable them to evaluate the situations, and thereby Consciously change.

(At the five levels of Personality MSS has developed, they each had a developed Character (level 3), and were on the borders of true individuality, especially Eliza (Level 4). In other words, development of Character and Individuality more readily allow for more and more conscious personal growth, progress, even transformation.)

No Title

Willingness to believe something negative about others brings out the worst in that person. Eg in P&P Elizabeth's negative attitude toward Darcy makes him cancel the romance between Bingley and Eliza's sister Jane.

Beyond Social Approval That Accomplishes For Entire Society In 'The Book'

"By rising above social approval, one rises above the society, and is able to accomplish what no-one else can do."

For the characters in the epic, mystic novel 'The Book,' they must go beyond their concern for social approval, which they do, and thereby accomplish greatly.

-Anya is looking for the approval of the people around her in her work.

-Ray is looking for the approval of his family.

-Vinay is looking for the approval of his family and society.

In the measure that they give up their need for social approval they are able to accomplish what no one else is able to do, do a work that lifts up the whole society. They become pioneer Leaders for the world.

No Title

The more you GIVE the more you GET, as life quickly responds with good or great Fortune.

On Thanksgiving In USA

On Thanksgiving holiday all of America are asked to give thanks; to express our sincere, heartfelt Gratitude for the bounty of our nation. Such sentiments of thankfulness can also spread around the world, to other peoples. Life will always respond in kind to such heartfelt feelings.

No Title

Feel sincere, heartfelt GRATITUDE toward objects, others, spirit, and life. Rewards will invariably pour back in and bless your existence.

No Title

Darkness makes the good greater, and the wider falsehood disappear.

Jealousy in Literature and Film

Jealousy is the egotistic emotion and dark attitude one feels toward others who are receiving what you want to receive. Examples-

-Caroline Bingley is jealous of Eliza Bennett in Pride and Prejudice because Lizzy is garnering the attention of Darcy whom Caroline desires. The more jealous she gets, the more Lizzy and Darcy come together

-Kitty is jealous of the freedom Lydia is allowed in P&P.

-In the Real Rob comedy TV series Rob, a comedian and actor, is jealous that his beautiful wife is constantly getting good acting parts well he is turned out. Each time he feels this way negative circumstances follow.

-Shakespeare's Othello is intensely jealous of his wife being with Cassio, which leads to his and others' doom.

-Jarvet is "jealous" of Jean Valjean's goodness which leads to the inspector's suicide.

-Any other examples?

-Can you identify instances of jealousy among your own circle of friends, family, work, etc, or even involving yourself?

Discovering Our Life's Purpose

[What follows is a response to a friend who is not sure in which direction to turn; i.e. what his Life's Purpose is]

The whole of Sri Aurobindo's The Life Divine can be boiled down to the Process of Creation of the universe from out of a Divine Source, and what in our consciousness prevents us from creating infinitely. It is our Ignorance, born of creation.

We can therefore move forward by either first Creating with aspiration, sincerity, effort; and then dealing with the obstacles along the way; or we can deal with the obstacles up front to make a clearing in the forest for creation possibilities to take shape. The former is the Sunlit Path, which is recommended.

It begins with this: What do you want? Ponder it deeply. Make it practical, yet deep. Eg applying values in work involves both an aspiration to create something special and the special values that rise up from your depths that enable one to create abundantly and with great quality.

Thus I would suggest you make a list of possible practical goals for moving along The Sunlit Path through work or otherwise; as well as infusing each possibility with values you deeply subscribe to.

You will in essence be building a Strategic Plan of Life. We can discuss from that point forward.

PS: Life is often presenting subtle signs of what goals and values to have, and how to move forward. Our consciousness can interfere with these hidden guides and signposts. Moving deeper within will reveal them to be plentiful. Looking around they will begin to appear everywhere.

On Why Americans Accumulate Vast Sums Through Individuality, But Not Share It Fairly

Karmayogi has written something like the following: (not exact translation, just paraphrased)

"...Americans have developed the country once it was just forest. There was no one to help them at that time. They have to believe themselves to survive. They have to make things their own and also need to protect it from others. Their hard work and carefulness gave them individuality (which is based on freedom, as not to depend on others but only themselves). Hence they became true individuals in physical level. Based on that many Americans has earned millions/billions of dollars..."

So I think the individuality and protect themselves is still in their belief/culture and so the goal for rich man continues to be become even richer. They have not seen the need to become universalized. How that would happen? perhaps by Nature's slow and difficult way, or through an inspiring Leader, or through subtle efforts of MSS.

[RP: One way it can come about: Through higher, universal values like Fairness and Harmony of purpose.]

(Senthil Murugan)

A Problem Neglected, Festers, And Spreads to Those Avoiding The Issue

When you let a problem fester it spreads. The US ignored the poverty of blacks, immigrants, and rural Americans, and so it has spread to the middle class, who have little or no excess funds. Same with drugs. When the majority of Americans ignored inner city drug problems, it spread through the middle class as the devastating Opioid epidemic. Most in that category are white who have suffered through job loss or degradation and the family intensities that ensued.

These circumstance beg to ask the question: what have we left to fester - whether in our personal lives or in our work or in the world around us.

No Title

Trump is negatively bringing out many of the unresolved issues in the world.

No Title

India can be a great counterbalance to China, and over time help democratize her.

No Title

One day soon we may see an EU-like Union arise among the nation of Asia.

Our Attitudes That Will Best Serve Future Generations

We pass on our limitations, our fears, our prejudices to the next generation. Instead we should aspire for the best for them. More importantly we should give them the maximum freedom to become who they want to become. Most importantly we should raise our own consciousness to the highest levels so that it creates the greatest opening for positive future outcomes for those who follow.

No Title

Though we hardly see it, things are astonishingly interconnected. In Supermind we see these connections continuously.

What the United Nations Breakthrough Conception - "SDG" - Is

The Sustainable Development Goals (SDG) are a collection of 17 global goals designed to be a "blueprint to achieve a better and more sustainable future for all". The SDGs, set in 2015 by the United Nations General Assembly and intended to be achieved by the year 2030, are part of UN Resolution 70/1, the 2030 Agenda.

The Sustainable Development Goals are:

- No Poverty
- Zero Hunger
- Good Health and Well-being
- Quality Education
- Gender Equality
- Clean Water and Sanitation
- Affordable and Clean Energy
- Decent Work and Economic Growth
- Industry, Innovation, and Infrastructure
- Reducing Inequality
- Sustainable Cities and Communities
- Responsible Consumption and Production
- Climate Action
- Life Below Water
- Life On Land
- Peace, Justice, and Strong Institutions
- Partnerships for the Goals

Wikipedia:

https://en.m.wikipedia.org/wiki/Sustainable_Development_Goals

No Title

Mother's Service Society, World Academy, and now United Nations are ever-more closely aligned.

No Title

If someone does something negative to you, you will discover that you were earlier doing something similar to someone else.

Comment: Eg one woman in work discovered that the abuse and non-cooperation of subordinates towards her mirrored her negative feelings and speech toward a superior.

No Title

When you restrain yourself from insisting on a position, Life quickly acts through another, verifying your original point of view.

Life Responds to The Small, Token Effort Of An Instructor

Over the years we have seen on many occasions that if you take up an imploring small opportunity, it opens the door to something much greater. And yet without making that small, token effort life does not open up.

An instructor had little work for several months. He was tending to the welfare of another person, and little work came in during that period. Then as he was finishing up his support for his friend, a small opening got his attention. He wondered whether he should take up the small instruction job, but then made the firm decision to do so. Not ten minutes after he arrived at the client, he received an email that a big opening had taken place for new work, the first breakthrough in almost two months.

Immediately he understood the principle, as he had seen this dynamic many times: If you take up a small work when there is absence of work, Life Responds and it immediately opens the door to something much greater. For the instructor, that opening took place only when he worked with the lesser client, and not a moment sooner!

White Tesla Phenomenon!

A startling phenomenon occurred to me over the course of this past week. It was similar to a number of such experiences I have had in recent years. Once again it involved automobiles.

I live in a fairly busy small city. I travel in all parts of it on a weekly or a regular basis, meaning I have been in various parts of town over the last week or so. And yet nearly every time I drive amidst the traffic in these various areas, there is ALWAYS a white Tesla electric vehicle either right behind me (the next car) or in front of me, or beside me!

It happened at least 5 times in 7 days, and in each instance appeared as the first car I noticed around me on that relatively short driving trip. And it took place in moderate or heavy traffic. And in completely different parts of town!

It seemed simply miraculous, defying all rules of logic, and possibility, though I have experienced phenomena like this many times in the last few years. It's startling when you consider that a Tesla is perhaps 1 in a hundred cars in my area, and if you factor in it being the same white colored model, and of the same sedan type, occurring five times in a row on five trips, the chances are 1 in a million for that to occur, if not much greater!

It is clear that life works in ways that defy our normal perceptions, if only we take the time to analyze the subtle unfoldings around us.

Comment: These sorts of synchronicities are quite common, if only we have the eyes and interest to recognize them.

PS The next day after writing the above post I drove to and parked my car in a relatively small shopping center. After I pulled into my space, I got out and noticed that the car parked in the next space to the right of my vehicle was a white Tesla!

(It doesn't stop until we literally call out to the cosmos "ENOUGH!" Then that particular sync ceases to keep manifesting.)

Drove past a Tesla dealer today, and the two lead cars out front were white teslas; not any other colors they are available in. The Sync continues!

I have been telling my friend about this phenomenon of the 5, no 6(!) Tesla incidents in the past few weeks. She was not terribly moved in her reaction, After all she had experienced

this phenomenon so many times herself, and especially with my when it came to cars synchronicity and taking our rides together.

Well this was the first significant time that we went out together in quite a long time. At the very outset of our ride together I stopped at a stop light. I called out to my friend beside me. "There, it's happening again?: She did not follow what I meant, I then insisted and yelled out 'look right in front of us!' And there in the next car in front of us indeed was another White Tesla.

Interestingly she had been interested in the SUV version of the Tesla. Well this time, in front of us was a white SUV version of the Tesla, just as she aspired to see the day before!

Enough said! 😊

No Title

Always seek to understand the ESSENCE of what people are saying, not merely the surface knowledge that one enjoys.

Secret to Attracting Good Fortune Through The Organizations We Cherish

One of the unstated insights related to the existence of the World Academy (WAAS), World University Consortium (WUC), Mother's Service Society (MSS), et al is that if we take to an idea(s) that we previously did not accept, or we otherwise rise to a higher understanding in that area, Life on the outside - whether in society, business, or individual -- will RESPOND with good or great fortune to that growth and effort.

That is the MAGIC in potential behind all of these organizations. They are not merely fountains of knowledge, but conduits to attract infinite-like results through our inner efforts. I.e., the Higher Consciousness will respond with startling success outcomes in life, - from seemingly out of thin air, - to our own realizations, growth efforts, and actions through these organizations.

On the Need For Change Among The Rich

The rich have to-

- move from merely trying to become richer
- shift from hoarding funds to circulating their wealth

Most of all they need to adopt Higher Social Values like Fairness and Harmony of purpose.

Several of the richest have initiated this transition.

Magic Moments in Garry's and Roy's Lives

For Garry Jacobs the magical moment occurred when the book 'Sri Aurobindo or the Adventure of Consciousness' fell on him and Leslie at Moe's books in Berkeley, California sending them to India and eventually meeting Karmayogi, their spiritual guide for the rest of their lives.

For myself, Roy Posner, the magical moment occurred five years later when I lived in Santa Monica in 1976 and on that fateful day went to visit the East-West Center near downtown Los Angeles and met there with Dr. Tyburg's assistant Trudy who told me about people who were importing goods from the Sri Aurobindo Ashram. It turned out to be Garry Jacobs and Leslie, who I then then began to work for, changing my life forever

My Favorite Values

Some of my favorite life and work values are simplicity, clarity, essence, knowledge, openness, creativity, individuality, fairness, harmony, and truth. I also aspire to one day truly value service, self-givingness, and humility. What are your current or aspirational values?

-You can see a list of personal values here

<https://1drv.ms/w/s!AjayTOYvR8hzgZcAplZnjiRny24qQQ>

Supramental Response to A Spiritualized Thought

A thought in the mind of a person with supramental mind capacity will see the thought quickly manifest as a reality in some form.

A man with capacity of spiritualized mind had the thought while driving that Tesla could manufacture electric vehicles for big, high-end car companies, like BMW. A moment later a single car appeared on the highway he was driving on. It was a BMW

A further and more powerful response would be a sudden announcement that Tesla had made an agreement to supply BMW with higher-end electric cars. It would be a true Supramental Manifestation, where a thought and the manifesting of it are one. (I.e. according to Sri Aurobindo, Knowledge and Will fused, which is the very nature of Supermind.)

No Title

For the spiritual aspirant, devotee every day is a new, challenging puzzle to be solved – outwardly, but especially inwardly.

No Title

The mysterious BOOK in the novel 'The Book' by Garry Jacobs is essentially Sri Aurobindo's epic metaphysical work 'The Life Divine' ☺

Process of Acquiring A Knowledge; I.E. Learning

In general how do we learn, eg understand an instructor's instruction?

1. In the first go-round you garner a general understanding of the knowledge
2. In the next round you nail down the specifics.
3. In the final round you attain perfection of understanding - from concept to details.

All of this can be aided by:

- An Aspiration to learn
- A Silent Mind
- Creative interpretation and extrapolation
- Reinforcement through life experience
- etc.

Examples of Life Response

- i.e. sudden good fortune from out of nowhere

Over the years, associates of mine and I have experienced hundreds (even thousands) of astonishing Life Response incidents. Eg-

- A trainer without work for months CLEANS his refrigerator and at the VERY MOMENT he completes the work he is informed that he has been booked for work for the entire next quarter
- A man finally gathers the COURAGE to discuss a looming issue with his boss, and the VERY MOMENT he does so a six-month nagging backache disappears
- A woman OVERCOMES HER RELUCTANCE to work a short temp job, and the NEXT DAY she is hired full time after years of trying to secure gainful employment
- A business owner UTILIZES THE VERY LAST PARTICLE of a resource when none was available, and SUDDENLY out of nowhere he is offered HUGE SUPPLIES

These and hundreds of other instances of sudden good fortune are a common experience in life, but most of us fail to see this powerful connection.

Replicating Silicon Valley

Many cities around the world want to recreate Silicon Valley in their backyards. Here is my advice:

Deep Values made the Valley. Freedom, individuality, entrepreneurship, wanting to change the world, and catching the waves of change in society; plus a liberal, tolerant, open social environment. Please start from there if you want to replicate this extraordinary region.

No Title

Fear is of what the Future holds. But with the Mother what is there to fear?

Book - 'Lectures On Sri Aurobindo's The Life Divine' By Garry Jacobs

Beginning in the late 1990s Garry Jacobs, through the encouragement of Sri Karmayogi, began speaking in small forums around the world on the subject of Sri Aurobindo's The Life Divine, and specifically how it can be made real in our lives to evoke good or great fortune.

Out of those small gatherings, Garry produced the book 'Lectures on Sri Aurobindo's The Life Divine'. You can view or download Garry's wonderful, breakthrough analysis of the Master's epic mystical teachings here:

<http://www.karmayogi.net/books/LecturesonLifeDivine.pdf>

Book: 'An Analysis of Sri Aurobindo's The Life Divine' By Roy Posner

In the 1990s Karmayogi began to seriously explore in depth Sri Aurobindo's Master-work 'The Life Divine.' Out of that came much original content by members of Mother's Service Society, especially from Garry Jacobs, on the subject. And so at one point I thought I too would also join in the discussion.

And so over the course of 12 years, from ~2007 to 2017, I wrote my own chapter-by-chapter analysis of The Life Divine, which ended up being a 500 page book. It is available for viewing, free downloading, or purchasing here; and is an integral part of this Facebook group on the Master's great metaphysical work.

<http://royposner.weebly.com/an-analysis-of-sri-aurobindos-t...>

Thoughts on God, The Divine, And The Soul

--God, the Divine did not so much create the universe, as he Became it.

--The universe is the evolving Body of God, the Divine.

--We do not want a Divine life in heaven, but a Divine life on Earth.

--(Divine Life on Earth, not in some heaven and hell, is what we seek.)

--The end result of the Evolution is a Divine Life on Earth.

--The Reality is God, the Divine, plus the Creation; and their integral inter-relation.

--God, the Divine is evolving through our own evolution within.

--Within God, the Divine are the spiritual attributes of peace, silence, harmony, oneness, truth, knowledge, wisdom, love, joy, timelessness, and infinity.

--The Spiritual Attributes of God the Divine entering our being is the means of our progress, and the Evolution of life on earth.

--The Soul within us is the Spirit; an emanation of the Divine.

--The Soul, the Spirit is an inlet of the ocean of God, the Divine in our being.

--God, the Divine evolves in the universe as we connect with our Soul, our Psychic Being. (Psychic Being is the evolving Soul.)

--By opening to God, the Divine (Mother) are blessed in return, and uplift our lives.

--By going within, culminating in the psychic being, the evolving soul, and calling to God, the Divine Mother from there, we evoke ultimate Response.

Knowing The Reality

Sri Aurobindo in 'The Life Divine' indicates Reality is everything, the All; both Spirit and Matter, and their integral relationship; their inexorable Oneness.

In this way we can see the necessity of all things in the unfolding of life; the requirements of all dualities; good and evil; light and dark; infinite and finite, the great and the small, etc.

To truly see life this way, i.e. to perceive the true nature of the Reality, we need to rise in consciousness above mind to intuition where knowledge comes without thought.

Then to see the Reality perfectly requires the attainment of the Supramental (Unity) Consciousness.

Ultimate Means of Manifesting The Infinite In Life

"...One who has the complete knowledge, one who knows the complete process of creation, has the power to manifest the Infinite in life. And when that power manifests, it does not take time. It generates results instantaneously. The aspiration, the decision, the action and the result are simultaneous and fully integrated with one another..." (The Book, by Garry Jacobs, page 687)

Garry Jacobs adds to his own statement above:

"One can apply the process of creation in practical day to day life by Constant Remembrance of the infinite spirit of Mother that is always present and Instantaneous Consecration of each action and event at the moment it occurs. This discipline can reveal the Infinite in Life."

Stearne's Aspiration Fulfilled

Stearne, the wise professor who guides the team throughout the story, aspired for the highest Knowledge with sincerity, and wanted to share that knowledge with the whole world. (and in the end did that very thing by saving the BOOK, and distributing it to all parties, positive or hostile)

Time and The Logic of The Infinite In 'Two Popes'

In the logic of the finite, i.e. human logic, time progresses linearly from past to present to future. In the Logic of the Infinite, time can be perceived moving in any and all directions.

In the marvelous film 'Two Popes' based on true events, Pope Benedict writes the Argentinian bishop to come visit him in Rome about an urgent matter, when it is discovered that the Argentinian bishop had sent a letter several days before asking to meet Pope Benedict in Rome related to a wholly different matter. (Keep in mind that they had been out of touch for months or years when this happened.)

After discussing it both could see "God's hand in it", which is surely true, though we call it "synchronicity" or "life response." They both knew that it was no coincidence.

As it turned out this synchronous occurrence and their meeting presaged their collaboration on a monumental change in their leadership positions of the Church. The strange movement of time in a kind of twisting reverse indicated great events to come; namely the ascension of Francis to the position of Pope.

No Title

Everything happens on the outside, including the negative, to help you grow. Understanding what that growth is relative to the outer condition is wisdom.

Transformation of the Catholic Church Through The Force

Mother spent some of Her energy trying to loosen the stifling teachings of the Catholic Church. She felt that if a more moderate influence was there in the Church there would be a lighter and brighter atmosphere for the spirit and a New Age to emerge in the world.

Perhaps the result of Her and Satprem's inner and outer efforts there came the socially aware Pope John Paul, and the even more open-minded Pope Francis.

As described in Agenda, Mother and Satprem developed close associations with several priests who were open to Sri Aurobindo and Mother's teachings and were trying to practice it within their own faith.

At several points Mother said the Papacy was supported by an Asura, and therefore it would be a good thing to loosen that negative grip. In the recent film 'Two Popes', we see how the rigid, conservative Pope Benedict changes his ways, making way for the progressive, human-centered Pope Francis. Mother's Force may have contributed to these outcomes.

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One other thought in this regard:

When the Catholic Church arose, it had to deal with the "pagan" sects who believed in the Mother Goddess or similar. Instead of drowning out their voice or even conquering them, the Church included their Mother Goddess teachings, incorporating it in the depiction of the virgin, i.e. Mother Mary. Christians who pray to Mother Mary may be in their own way communing with the Divine Mother.

Perhaps through this association Mother, Satprem, et al believed this could influence the direction of the Church.

No Title

The kingdom of God within is an inlet of the ocean of the Divine Spirit. It is the Soul.

No Title

When we exhaust our efforts in any domain of life, - whether we succeed or fail, - great opportunities will surely follow.

No Title

There is no such thing as a hopeless case. It is only hopeless when we give up Hope.

No Title

The external conditions are not the ultimate determinant of reality, but rather what is inside, in you that ultimately determines.

No Title

What determines in life is your thoughts, beliefs, aspirations; not merely the outer conditions.

No Title

Reality is not just the objective, but the Subjective as well, which has ultimate power of determining life.

No Title

Krishna in the Gita said all accomplishment is Inner; i.e. you become what you Believe you can become.

No Title

What looks to be impossible from the outer, surface consciousness, is realized in full from the perspective of the inner.

No Title

The greatest inner, spiritual truth we come to realize only has power, meaning, value when it is expressed in the Outer life.

Versions of AIS (Artificial Intelligence Software) In 'The Book'

AIS was the artificial intelligence software that the team (MAI company) in 'The Book' produced. There was a succession of versions, each inclusive of the best of the previous version.

-AIS 1 included the decision-making matrix which value the Inner conditions as much as the outer. I.e. don't just look at externals for the truth, but also look at the status of the inner conditions. This was a monumental shift in their understanding of life and their work.

-AIS 2 was the realization that if we give up our limited opinions, we can come to the truth and thus great accomplishment. This understanding for the user was the next great leap in the program.

-AIS 3 incorporated the power of Attitudes, those deeply held feelings we have; that are helpful or (often) harmful. To prop up the positive ones, and overcome the many negative ones had the power to evoke sudden positive response from life, and was incorporated in this next stage of their AI program to the world.

Interestingly, with each succession of application of these versions, the company began to grow, even exponentially.

It is also important to point out that each succeeding version of AIS came as the result of preceding crisis in the company and/or among the team members, and a new understanding that was then incorporated in the software.

In Touch with the Superconscious Intent

One's surface, conscious will and one's subconscious will are very different things. In fact, they are often very much at odds. However, seeing their workings and effect on our lives can reveal the glory that is trying to work itself out.

In the film 'The Two Popes', based on true events, the future pope Francis ostensibly came to Rome to retire as bishop of Argentina. He expressed no interest in becoming the next pope after a retiring Benedict. However, subconsciously he came to Rome to become pope so he could broadcast his deep values concerning the plight of the poor and infirm to the world.

Likewise, at a conscious level I wanted to meet people involved with Sri Aurobindo and the Mother in the Los Angeles area in 1975 at the social level. Therefore one day I headed out for the East-West Center. However, subconsciously my being sensed the connection that would occur when I actually arrived; where I would meet someone who told me about the most important contact of my life. I would make a connection with Garry Jacobs and Mother's Service Society, changing my life forever.

In both cases the subconscious was in touch with the "Superconscious", which was aware of things to come; compelling the future Pope Francis and myself to follow in that direction for a profound purpose, even though on the surface we saw it otherwise.

This same dynamic applies to each of us in our own lives. All we need to do is think about how it has played out in our own lives. Seeing these sorts of connections will be a revelation to our being. It is the magic of life; of our progress, personal growth, and true purpose.

No Title

When we discover our true Individuality; an individuality rooted in the Spirit, we will come to know the Oneness of all things.

No Title

The Indian civilization is an ancient one; with great cultural and spiritual assets; but India itself is just a Child country, formed in 1947, and is still learning how to be a nation.

Theoretical Basis of Decision-Making Software (AIS) In 'The Book'

In light of Decision Making and its use in the form of software in Garry Jacobs' epic novel 'The Book' I had the following thoughts:

- All decision-making software has an inference engine of some sort.
- Eg in Microsoft Excel we use the IF statement. If this is larger than \$10,000, then it is Good. if not, it is Bad. If $x > a$, then X; otherwise Y.
- In Decision Making software there is usually much branching off in the logic. Eg if this is true, do this, but if it is not true begin an embedded action that branches out to other factors. If $x > a$, then X; otherwise if $x > b$, etc.).
- AIS and such in 'The Book' could be created on this or similar basis. This is one dimension of the issue.
- We can also see a "Cloud" dynamic.
- Data is uploaded to the web, aka the Cloud; as in send all of the manager self-assessment surveys with hundreds of scores for hundreds of questions.
- Then from "the sky", such as Microsoft Azure, it runs filters, sorts, various logic generators, graphics, dashboards that interpret the data. It is essentially a database system of tables of data.
- You could say the data of individuals going to the Cloud is in the Ascent, and the returned data that is the basis of decision making (or IS the decision) is in the Descent.
- Similar to our Aspiration for the Divine, and its descending Grace as answer to our heartfelt calling or prayer.
- True Knowledge, based on Integral Truth, is of course the ultimate basis for the success of such systems.

I.e. the system integrated with the profound knowledge, wisdom, knowing all the rules of existence, of life, creates the greatest expert results; provides the optimal decision; lends itself to the most profound solution to a problem or possibility.

Musings on Life, Life Response, And Organization

- How can life be constantly responding to me? How can it know what I am thinking and respond to it? Eg I have a bad thought, and the lights suddenly go out. How does Life make this association?
- It is because what we call "Life" is itself really an Organization; an organization of Consciousness.
- What the Westerner calls Life is all the Randomness of existence. It does not see association between our consciousness and the response of Life.
- In the East the organization of life, - including the subtle connections between things, - is better understood; and therefore more readily acknowledged when it takes place. ☸ Even there it is mostly semi-conscious, and more often than not without knowledge of the Subtle principles of Life.
- So again how is it possible that Life is responding to us at every moment? The reasons life can respond to our thoughts, to our attitudes, to our hopes and dreams is that all of Life is organized through subtle connections. It is an infinitely complex Organization that connects us to everyone else, everything else, to every form and force and happening in the world.

No Title

Withholding asserting your position causes others to soon come around to it.

No Title

God did not just create the universe through a divine process, but also BECAME the universe. God is therefore both the Creator and the Creation.

No Title

Ordinary mind sees less than a hundredth of the synchronicities and life response events that are occurring to us every day.

Everything Is Foreshadowed If We Know Where to Look

Each thing one experiences in the present is presaged by circumstance encountered earlier. There are no exceptions.

Example, a friend of mine watches and shares with me a movie about the construction of a work of art that was created within the New York World's Fair of 1964, (she did not know anything of the story before she chose it), when only a few hours before, for the first time in my life I described to her a pond right next to the edifice that had become polluted during that time. It was the first time I had ever discussed this matter with anyone.

Everything is foreshadowed, revealed by life before the event we are focused on.

You could say the present is presaged by the past; or the present presages the future.

It is the astonishing Logic of the Infinite that a person with a universal, or better still a Supramentalized Mind will continuously experience.

No Title

Difficulties we encounter in life provide us with opportunities to extend the boundaries of our Faith.

Ego and Bridging The Gap Of Separateness

Ego is more than bad behavior that props up our own view - such as pomposity, arrogance, pridefulness, and dozens of other egoistic qualities. It is fundamentally a sense of SEPARATENESS from others and life. It is a state of being that is opposite of Harmony.

To give up ego then is to move into a greater degree of Harmony with others and life. To bridge the gap of separateness.

No Title

Ego is the mind's point of view, not the truth of reality. When we take the other person's point of view, we move out of Ego and into Truth.

No Title

The real Truth of things is not derived from the logic of one's mind, but from the Logic of the Infinite consciousness that we can come in touch with.

Power of Planes Of Our Being To Accomplish When Instruments Of The Spirit

The physical, vital, and mental parts all exist in the Ignorance, None of them by themselves can achieve the results we aspire for. The physical (body) understands little if anything. The vital/emotional understands only what it prefers or desires. The mind understands but a trifle, a part, not the whole. Plus it is often not rational.

However, all of them are meant to be instruments of the SPIRIT, which will temper the excesses of our being, in turn releasing us from the Ignorance (our prejudices, preferences, desires, and all), enabling us to gain a multi-faceted integral Knowledge, which will in turn help us accomplish anything we so choose.

How do we bring in the Spirit? There are a wide variety of ways to bring the Spirit into our lives, including calling in the Force to circumstance (consecration), through mental stillness, by not reacting to the intensities of others, by taking the other person's point of view, by connecting to our deeper parts within culminating in the soul, by giving of ourselves fully to the hopes and dreams of others, by taking to spiritual values like harmony and oneness, and so forth.

It is to elevate these various parts - physical, vital/emotional, mental - of our being to their spiritualized equivalents.

No Title

One single change in a Personal Value can change your life forever.

Building A New Kerala State, India (By S S Sreejith)

What we should do to build a NEW KERALA?

1. As people, we have to separate religious beliefs from politics. Even if it is needed, it should be very subtle without disturbing others, keeping the ultimate reality in mind that 'humanity' or 'being human', is more important than being 'religious'
2. It's high time for Malayalees to concentrate only on growth, development and prosperity. People who have achieved prosperity will never get into unwanted struggles. Being happy, loving, joyful, caring, rich and cheerful should be the way of life., which always should be our priority.
3. Our state is one of the most beautiful place in the world. why can't we put more efforts to make it clean, hygiene and orderly., a culture which is there in the European countries., especially of similar places like Switzerland
4. We have reached very high literacy, four international airports in some 800 KM's stretch! two international seaports in less than 250 KM's. water sources, rivers, mountains, rain, deep dense forests., One of the best and moderate climates in India. Three metropolitan cities which can be turned as model global cities, multicultural diverse backgrounds, one single state without much difference between urban and rural places, everything is available everywhere which makes our entire state develop as Dubai, Singapore ,Hong Kong or Vienna., Presence of backwaters, possibility of unique inland waterways, big oceans, mountains, deep dense forests, all these things together gives us the possibility of transforming ourselves as the richest state in India competing even with the global cities. Use this to the core.
5. We can develop 100 tourist destinations with modern infrastructure, systems, tourist culture and orderliness just like in Jadayuppara which will make our state the best tourist destination in the world. And, we have our brand ambassadors already all around the world, the mallus, who can bring us tourists if basic infrastructure and a tourist friendly culture is there. Entire Society should think in that direction, because all of us can be the beneficiaries.
6. We had already done with enough strikes, hartals and bandhs for a life time, ranking no. 1 in the world , well ahead of all nations, all other states in India(they will not be able to cover us in next 25 years even if we are not doing a single one for next two decades)., let's STOP this nonsense
7. Lets create BRAND KERALA products and services., Let us build more organisations like VGuard , Federal Bank, Lulu, Raviz, Eastern, VKC, CIAL or Synthite., to name a few. Let us build more infoparks and technoparks. Let us welcome more global investments, and build a GREEN & CLEAN Industrial revolution protecting our environment and natural beauty.
8. Let us create a unique Kerala MODEL of human centred high-performance work culture with punctuality, quality, systemization, harmony, respect to individuals and freedom as the core Values
9. Let us also create a new infrastructure, traffic and road culture and modernization with people- participation, training in this terms taking KOCHI METRO as Kerala's minimum standard.
10. Let us make Kerala as the Educational Hub of the WorldBuild more Universities of Kerala origin and welcome students all around the world here rather than we going everywhere else for education. Let us build Kerala as the Medical Capital of the World. We already have hospitals of International repute here. Encourage them to improve both in terms of quality and quantity., help them reach globally, encourage Ayurveda and homeopathy also to reach global standards. Create a HEALTHY Kerala and serve the World., provide health insurance for all with everyone participating and contributing to it.
11. Let us encourage our agriculture, exports, spices, marine etc which can reach global standards in quick time if proper attention is given. Let us make our Society think in these terms

12. Moreover, build aspirations and dreams for youths, encourage entrepreneurship, open a single window entry and assistance to our NRIs to return and start business in the state .

13. Many more things, heaven lot of things, can be done. We have all the foundations for it, more can be done comprehensively and quickly if we malayalees change our attitudes to Growth and only Growth., Japan did this, Taiwan did this , entire Europe did this, Why can't we?. Ignore these politicians and give them some time to Change., Pitty., All of them have no other income earning opportunity as of now than politics. Politics and Power had means of only money making and had gone away from serving people. But let us CHANGE first., they will follow, I mean politicians. We as individuals can make the Change., or remember the famous statement BE THE CHANGE WHAT YOU WANT TO SEE IN THE SOCIETY, Encourage each other for that.

14. May we reestablish PEACE. PEACE, PEACE and PEACE

[S S Sreejith is CEO of Global Institute of Integral Management Studies (GIIMS) in Kochi, India]

No Title

You see, everything [happening in our lives] is the Supreme's action to hasten the return of the individual consciousness to the supreme Consciousness. (Mother, from Agenda, August 31, 1966)

Accomplishment of Indians Abroad / Indian Theoretical Intelligence

Indira Gandhi was asked in the Indian Parliament, "Why is it that Indians who flourish in any country do not do so in India?" The Jews, the Chinese and the Indians are known to prosper wherever they are outside their native lands. The Jews are industrious, passionate about their faith and extraordinarily intelligent. No wonder they prosper. The Chinese, apart from being industrious in the extreme, are clean to perfection. They are from a subtle civilisation and are loyal to their partners once they forge a partnership. Loyalty, cleanliness and industry are certainly high components of Prosperity. What does the Indian have?

None of the above traits is attributed to Indians in a great measure or in any measure. Hospitals in the US where a large number of Indians work as doctors say, "Indians have a far greater theoretical grasp than practical experience. Perhaps because practical facilities are less available in India." That is a contributing reason, but it is true the theoretical knowledge of Indians in any subject is considerable. Indians are mental. The mind is resourceful and thoughtful. He who organises his thoughts will be far more effective than he who is endowed with practical skill or knowledge. His mental abilities arise from his spiritual basis.

An Indian and an American visited a French company based in Holland. The American was surprised that with so much of talents, the company was making very little profits. The Indian explained, "Profits go to Paris, and that is why the Dutch are not enthusiastic." The American was surprised by the insight of the Indian. Insight into human motives enables one to organise better. Indians are POTENTIALLY great organisers. In India, the Indian submits to family, social tradition, etc. which prevents him from exercising all his talents. In America, there is no such inhibition. Hence, they prosper. For them to prosper in India, two things are required.

1) They must recognise their inner mental potentialities.

2) They must cast away social inhibitions.

The first they are not aware of, the second they are not prepared for. When the Society offers that Freedom and encourages their talents, they will Prosper. (Karmayogi)

No Title

Self-Discipline is ability to do what you should do, when you should do it, whether you feel like doing it or not. (Brian Tracy)

On Self-Discipline

--Any discipline is worth the name only when it is self-discipline.

- By self-discipline we mean we accept what we understand.
 - Self-discipline is the inner authority.
 - The self when disciplined, inner authority is born.
 - The inner rules when the self submits.
 - Man matures by self-discipline.
 - Discipline is physical-vital; self-discipline is mental.
 - To be aware of the higher endowments and make them express themselves in raising the lower endowments is the maximum one can do in the given circumstances. It can be called self-discipline.
 - The family or the society imposes external discipline until the individual acquires it as self-discipline.
 - Social compulsion is law, not culture which is self-discipline.
 - Education, in the best sense, must offer all social, psychological circumstances for the child to acquire self-discipline.
 - Self-discipline is a value and a subjective organisation.
 - The best discipline we can conceive of is the self-discipline of the psychic (the soul).
- (Karmayogi)

Mother's Instructions Received by Others through Subtle Plane

There is a new activity.... At times I find myself (I catch myself doing something, to be precise) talking with people whom most of the time I don't know, then describing a scene: they can get such and such a thing done, they can be advised to do this or that thing, and it will end with such and such a thing. They are kinds of scenes from a book or scenes from a movie. Then, the same day or the next, someone suddenly tells me, "I received a message from you and you told me to write to so-and-so and tell him such and such a thing"! ... And I am not doing it mentally, it's not that I think, "A letter must be sent to so-and-so and such and such a thing must be done," not at all: I live – I live a scene or narrate a scene, and it's received by someone else (and I am not at all thinking of that someone else), it's received by "someone," this or that or this person, as a message in which I tell him to do this or that thing. And it's happening here, in France, in America, everywhere. It's becoming amusing!

... And in this type of activity, I have all kinds of knowledge that I don't have! Sometimes even medical knowledge or technical knowledge that I don't at all have – yet that I have, of course, since I say, "This is how it is, that is how it is...." It's rather amusing.

(the Mother, from Agenda, September 17, 1966)

Ignorance of Matter

... there is no bad will in Matter, everything is inertia and ignorance: total ignorance of the Truth, ignorance of the Origin, ignorance of the Possibility, ... (the Mother, Agenda, September 28, 1966)

Cure for Suffering is Intensified through Suffering

We may say in an absolute way that the remedy always goes together with the trouble. We could say that the cure for every suffering coexists with the suffering. Then, instead of seeing an "unnecessary" and "stupid" trouble, as people generally think, you see that the progress, the evolution which made the suffering necessary – which is the cause and the goal of the suffering – achieves the desired result, and at the same time the suffering is cured, for those who can open up and receive. The three things – the suffering as a means of progress, the progress, and the cure of the suffering – are coexistent, simultaneous, meaning that they don't follow one another, they take place at the same time.

(The Mother, from Agenda, September 28, 1966)

Opening to Higher Consciousness on One's Birthday

"Let this day of your birth be for you an occasion to give yourself a little more, a little better to the Divine. Let your consecration be more total, your devotion more ardent, your aspiration more intense.

Open yourself to the New Light and walk with a joyful step on the path. Resolve on this day that it may be this and the day will not have passed in vain." (The Mother)

In Dire Straits Mother's Intense Aspiration, Request for Money from Divine Attracts It

About the financial situation, I have a little story to tell you, which took place on Sunday or Monday. I told you that the situation was quite ... to ordinary consciousnesses, it was critical. And there was a payment to be made. I don't remember the material details, but something had to be paid very urgently (I think it was to the workers: they were hungry and hadn't been given their money). And I needed a certain amount – which I didn't have: I had nothing. Then a sort of compassion came into me for those people who didn't have any money. I saw it wasn't right, and I couldn't do anything because there was none. So, in the evening while I was walking (I have an hour of meditation and quiet, of concentration), I presented it all like this (gesture upward), and with an almost childlike attitude I said to the Lord (He was there, of course, I was with Him) something that can be translated (I don't know, I don't speak but it could be translated into words) roughly like this: "I know You are with me and behind everything I do and everywhere, but I'd like to know whether what I do, the work I do, interests You or not! (Mother laughs) And if it does interest You, well, I must have this money."

It came like that, in a quite childlike form, but very, very pure. And two days later, when it was necessary for the money to come, for me to have money, just as everything seemed quite impossible, Amrita suddenly came in, telling me, "Here, so-and-so has sent a cheque for such-and-such an amount." – Exactly the amount needed. And I think it was the first time that person had sent money. It was quite unexpected, absolutely a miracle – a miracle for children. The required amount, just at the required time, and absolutely unexpected. Then I had a good laugh. And I said to myself, "How silly we can be! We don't know that everything happens exactly as it has to."

(the Mother, from Agenda, October 5, 1966)

No Title

... if you are forever thinking of the next thing you have to do, it's horrible. If you do the thing as it comes, without thinking of anything else, it's very good.... That nasty habit of thinking, always thinking – very bad. (The Mother, from Agenda, October 15, 1966)

No Title

Close some doors. Not because of pride, incapacity or arrogance, but simply because they no longer lead somewhere. (Paulo Coelho)

No Title

If I could shout to the world that Consecration works, I would, but I would prefer to remain silent and continue discovering the silence within. (Dorothy Davis)

No Title

"...In all Spiritual Life, whatever that goal might be, the first essential thing is to Go Within. Without going inside, without being conscious inside, without changing inside, there is no progress of Life because Life evolves by Consciousness..."

(paraphrase of Garry Jacobs from The Life Divine Lectures)

On Fear and Overcoming Diseases

Some of the diseases which are considered most dangerous are the easiest to cure; some that are considered as of very little importance can offer the most obstinate resistance.

Nine-tenths of the danger in an illness comes from fear. Fear can give you the apparent symptoms of an illness; and it can give you the illness too,—its effects can go so far as that.

Whatever the character of the experience you have, you must give no room to fear; you must keep an unshaken confidence and feel that whatever happens is the thing that had to happen. Once you have chosen the path, you must boldly accept all the consequences of your choice. But if you choose and then draw back and choose again and again draw back, always wavering, always doubting, always fearful, you create a disharmony in your being, which not only retards your progress, but can be the origin of all kinds of disturbance in the mind and vital being and discomfort and disease in the body.

- The Mother

Great Literature Gives Insights into Character of Life

"...the great literature of any country and culture not only entertains us; It gives us insights into human nature, into how people act, into why we are the way we are. It also shows us the true nature of, the Character of Life..."

(paraphrase of Garry Jacobs from Savitri lectures)

Westerner vs Indian Approach to Solve Problems

Confronted with a problem of life, the Westerner will rarely think of God. Instead, he will try harder each time. When his best efforts fail, he will grow stoical and masculine to muster courage to silently suffer it without sharing his woes with another. Resort to God is the ready impulse of an Indian. (Karmayogi)

Respecting God/the Divine in India vs West

In India the most respected man is the one who seeks God. In the West that high pedestal goes to the scientist and the intellectual, not the God-lover. The West developed Mind. Mind developed individuality. The growing success of individuality alienated him from God. ...

Any capacity of man [eg prosperity, education] increasing makes man forget God. To lose faith in the Divine and shift that faith to oneself is in essence Westernisation of the Mind. (Karmayogi)

Realizing Spiritual Aspects in India So It Can Spread

The greatest spiritual seekers of India have for years called down Peace, Truth and Light. When they descend, the race will reach the heights of its destiny which will take it to unparalleled heights. The call is to go forth from the soil of India so that the entire humanity might respond. (Karmayogi)

No Title

... of all factors, mental arrogance is the most unfavorable to the action of the divine Grace. (Mother, from Agenda, November 19, 1966)

Be in Luminous Consciousness Instead of Complaining

And the habit of constantly complaining about difficulties, oh, how futile, useless all that seemed – a waste of time. We waste our time protesting against what mustn't be – we just shouldn't think about it! We shouldn't be conscious of it, that's all! It should be outside the consciousness; when we are able to have a purely luminous consciousness, this perfectly harmonious, luminous, benevolent consciousness ... free, ultimately, from all that we drag along from a difficult past.

That's it: the power to free oneself from the past, not to drag that behind forever – to surge into the light ... and stay there.

(Mother, from Agenda, November 19, 1966)

No Title

When you forget that you are, when there only remains the Lord, all difficulties instantly disappear. (the Mother, from Agenda, November 26, 1966)

No Title

Silence issues when the gaze is turned inward. (Karmayogi)

No Title

Spiritually, when the soul in man comes to recognise the presence of the Divine, the resulting realisation is Silence. (Karmayogi)

No Title

As thinking is an attribute of the mind, feeling an attribute of the emotions, SILENCE is an attribute of the Divine. Silence is one of the many attributes of the Divine including Peace, Light, Love, Delight, Power, Eternity, Infinity, Immortality, etc. (Karmayogi)

No Title

If thinking is sometimes enjoyable, we can try to compare its intensity with Silence and thinking will pale in comparison. (Karmayogi)

No Title

The central core message of Sri Aurobindo's The Life Divine is that life is an evolving Divine Play and an Adventure. And the aim and goal of that Adventure is Delight of Existence. (Garry Jacobs)

No Title

The greater the impossibility, the greater the inevitability. (Sri Aurobindo)

Comment: It means that the greater the opposition to one's work or to an opportunity, the more likely for it to come about, to be fulfilled. The opposition overcome releases a tremendous energy for the fulfillment of one's original aspiration.

Changing Others vs Self

The solution to any problem lies not in changing others or waiting for them to change, but rather by changing the corresponding element in oneself that attracted or created, sanctioned or necessitated that problem in the first place. For every external force, influence or event that impinges on our lives, there must be a corresponding inner supporting element. The solution lies in finding and reversing that, not making other people change.

(from the mystic novel The Book, by Garry Jacobs)

The Intermediary Stages of Emergence of Supramental Beings

That's something I feel more and more clearly: the necessity of intermediary phases [before full blossoming of immortal supramental being].... It's perfectly obvious that something is going on, but it's not the "something" that was seen and foreseen and will be the ultimate outcome: what's going to take place is ONE of the stages, not the ultimate outcome.

Sri Aurobindo also said, "There will first come the power to prolong life at will" (it's far more subtle and marvelous than that). But that's a state of consciousness which is now being established: it's a sort of constant and settled relationship and contact with the supreme Lord, which abolishes the sense of wear and tear; it replaces it with a sort of extraordinary flexibility,

an extraordinary plasticity. But the SPONTANEOUS state of immortality isn't possible – at least not for the time being.

This structure must be changed into something else, and judging from the way things are going on, it will take a long time before it's changed into something else. It may go much faster than in the past, but even assuming that the movement is speeding up, it still takes time (according to our notion of time).

And the rather remarkable thing is that to be in the state of consciousness in which wear and tear no longer exists, you must change your sense of time: you enter a state in which time no longer has the same reality. It's something else. It's very peculiar ... it's an innumerable present. I don't know.... Even that habit we have of thinking ahead of time or foreseeing what's going to happen or ... it hinders, it reconnects you with the old way of being.

So many, so many habits that have to be changed.

(Mother, from Agenda, December 31, 1966)

The People Surrounding the Coming Supramental Being

And then, when you see how man has had to fight against all of Nature in order to exist, you get the feeling that those who will understand and love those [supramental] beings will have with them a relationship of devotion, attachment, service, as animals have with man; but those who won't love them ... will be dangerous beings. I remember, I once had a very clear vision of the precarious situation of those new beings, and I said (this was before 1956, before the descent of the supramental power), I said, "The Supramental will first manifest in its aspect of Power, because that will be indispensable for the safety of the beings." And it was indeed Power that descended first – Power and Light. The Light that gives Knowledge and Power.

(Mother, from Agenda, December 31, 1966)

No Title

Illness is always a fall back into unconsciousness out of incapacity to sustain the movement of transformation. (The Mother, from Agenda, January 28, 1967)

No Title

There comes a point when you go beyond indignation. (The Mother)

On Conscious Eating

... What's necessary above all is to eat without hurrying: to eat very peacefully. That's indispensable. But very peacefully, not just slowly: there must be inwardly a sort of very slow rhythm, as if one had all the time one needed, in total peace.

This (gesture to the forehead) must be calm, it must live in a sort of eternity. Then one digests well. If the thought is very active, it's bad. There must be a kind of inner relaxation and the sense of a very regular, very vast rhythm.

(The Mother, from Agenda, January 31, 1967)

Psychological Cause of Illness for Devotees

,,, when an illness arises after coming to Mother, experience suggests that the roots are almost always psychological. Even psychological problems respond immediately to a sincere pray. If the problem does not, it means it is at a point in our personality where we are closed to Mother and do not let her in. Praying to Mother for sincerity and calling her from the depths of your being for seven days is sure to solve a problem even of this type. (MSS)

Concentration at Physical, Vital, Mental Levels Evokes Corresponding Illness

One of Mother's statements is "If you concentrate on the body, it falls ill. If you concentrate on the vital, you get depressed. If you concentrate on the mind, it goes mad." When man

focuses his mind, ego, attention on himself, he loses the normal harmony of nature. Most illnesses fall in this category. People who subconsciously want to give attention to themselves focus on the body and fall ill or the body demands attention and the more they give it, the more the body gets ill. (MSS)

Subconscious Cause of Illness that Comes with Onset of New Work

-You have frequently reported that expansion of your work or intensification of your efforts has been followed by health problems. It is a simple deduction to say that subconsciously something resists progress in this direction. In some people, the resistance issues from plain laziness, in others from fear or insecurity of venturing in new areas, in others from satisfaction with where they are, etc.

-You report that right now everything external is very positive but the body is not. In the past you have often reported instances in which illness comes just at the time of an opening in external work or when you take up a greater work seriously. If that is true, it gives a very good clue. It suggests that something in the subconscious does not want more work. It is for you to affirm or reject this hypothesis from inside. One test is to pray intensely to Mother asking for the external work to expand double or triple.

See how willingly the heart and vital energies flow into the prayer. If they respond eagerly and with full energy it is one thing. If the pray is flat or only in the mind, it suggests another. Becoming more conscious in the lower vital center helps reveal the subconscious. (MSS)

No Title

Sri Aurobindo says the whole movement of the cosmos is a movement of Spiritual Evolution. It's an evolution and unfolding and manifestation of the Divine in the universe, particularly on earth. (Garry Jacobs)

No Title

Science and technology, however powerful they may be, are here to serve us and our evolution; not for us to become their slaves. (Garry Jacobs)

No Title

The globe itself is not warming. We are warming the globe. (Garry Jacobs)

No Title

Every disease has its own vibratory mode; it represents a whole field of vibrations to be corrected. It's the EXACT measure of what in Matter resists the divine Influence – the exact measure, to the atom. (The Mother, from Agenda, February 8, 1967)

Drawing Within Amidst Chaos

We are in the middle of the chaos.

And the only solution at such a time is to draw back, as it were (gesture of drawing within), and hang on unshakably to something higher, fasten on to it while the hurricane passes by. Then you can go through.

(The Mother, from Agenda, February 15, 1967)

No Title

Focus only on people's positive side. It does no good to focus on the negative. It only brings them out. (Karmayogi)

No Title

Nothing offers protection as great as a sensation of gratitude to Mother. (Karmayogi)

Believe only positive information:

Accept the discipline of only believing positive news. Refuse to believe any information given to you, no matter how small, that is negative, even to the extent of disbelieving when a restaurant tells you they do not have the favorite food you want. Refuse to sanction it. (Karmayogi)

How Acts - eg Debts - Repeat Until a Higher Consciousness is Brought to Bear

Appa [Karmayogi] says the ACT, which is physical, will always repeat. The person has to bring the light of a higher part, the mind, to bear. Once the person grows into that light, and stations himself there, the physical act won't repeat. But ordinarily, all acts repeat. He says a person may forget an act he has done, but the act never forgets.

Take debts. If a person owes \$1000, he will always owe that much, and even if he pays off that first 1000, he will owe another, and another ad infinitum. If he grows into the light of his mind, recognises his mistake and decides not to incur any debts and to pay off all his debts, and he then physically pays off that 1000, he will earn in one week his whole year's income. (Leslie, paraphrasing Karmayogi's thought)

No Title

... it's a highly Superior Consciousness which sees things with reasons quite beyond us, sees also how things must be done and sets them in motion everywhere (global gesture to indicate the play of forces) until they are done as they must be.

(The Mother, from Agenda, March 2, 1967)

The Marvel of the Supreme Consciousness Moving Things Forward

... the supreme Consciousness ... EVERY SECOND ... makes you do or say or see or know exactly what is needed for everything to move on, ... to move forward... marvelously subtle, ingenious, respectful of everything, but everything; you know, a movement that makes use of everything to lead towards the goal, even "errors" – which aren't errors because when the Consciousness is there, the error isn't one committed by ignorance: ... – it may in appearance be even a blunder, yet it's exactly what is needed for everything to move forward ... move forward luminously towards the desired goal. It's absolutely marvelous! ... It's this marvel of a Consciousness that makes everyone do what must be done, puts everything in its place, sorts out everything ...

(The Mother, from Agenda, March 22, 1967)

No Title

To be young is to live in the future for the future. To be young is to be always ready to abandon what one is in order to become what one ought to be.

(The Mother, from Agenda, March 29, 1967)

Perceiving Subtle Signs for Taking Action

1. Someone mentions wanting to go to someone's house. You spill a cup of coffee just as they finish the sentence. - Sign not a good idea to move forward.
2. You've been offered work and every time you try to get on the phone to do the work-they're are interruptions and you can't schedule a time that's mutually agreeable. Last time you were on the phone a huge fight broke out nearby. - Sign not a good idea, withdraw from the offer.
3. You've been consecrating an issue and just as you finish a particular prayer you get a call indicating a solution. - Sign to move forward.
4. You've been offered something and when you go to follow up on it you suddenly find yourself unable to get there. - Sign not to move forward. (Unknown)

No Title

Sri Aurobindo said that "the divine life will manifest on earth because it is ALREADY buried in the depths of Matter."

(The Mother, from Agenda, April 5, 1967)

No Title

Life is 10% of what happens to you, and 90% of how you react to it. (Thomas Swindoll)

No Title

The Force that descended in 1956 is available to those who want to invoke the Spirit. That Spirit expressed in life releases the infinite from the finite which will usher us into Spiritual Opulence. (Sri Karmayogi)

No Title

Sri Aurobindo saw that the supramental Force would have enough influence on the various governments of the earth, of the nations, to permit hope for a harmony. (The Mother, from Agenda, May 6, 1967)

India's Greatness in Spirit

The future of India's greatness lies in her expressing her Spirit and the national life, not in her imitating any other nation. We can borrow their advanced technology, but not their lifestyle ... (Karmayogi)

Indian Mental Silence

Western children are taught to think, while our [Indian] kids memorise. Thinking is far more powerful than memorisation. We must take to thinking, but that does not mean we must follow the US ways of thinking. As thinking is more powerful than memorisation, Silence is more powerful than thinking. (Karmayogi)

No Title

In a difficult situation, Mother will act, despite one's particular limitations of consciousness. However, if one does not change his ways, the problem or similar will surely return. (paraphrase of Karmayogi)

Happy Employees > Customers > Investors

If your employees are happy, turns out your customers will be happy. If your customers are happy, your investors will be happy, and the company will be successful. (Deepak Chopra)

Consecrating to the Divine, and What Comes for the Realization

When someone has decided to consecrate his life to the seeking for the Divine, if he is sincere, that is to say, if the resolution is sincere and carried out sincerely, there is absolutely nothing to fear, because all that happens or will happen to him will lead him by the shortest way to this realisation.

That is the response of the Grace. People believe that the Grace means making everything smooth for all your life. It is not true.

The Grace works for the realisation of your aspiration and everything is arranged to gain the most prompt, the quickest realisation

(The Mother, from Agenda, May 26, 1967)

No Title

Did Mother and a Devotee Foresee the Internet, the World Wide Web Fifty Years Ago?

I saw Y. on the 31st. She stayed for about an hour and told me of her hopes: she sees the possibility of a sort of world television (I don't know how that would be arranged), with a telephone and a central office where answers to all possible questions would be collected – each question answered by someone eminent or qualified. The result would be the organization of a universal – well, a world education that would really be an education for all countries, in which the knowledge and best qualities of every country in the artistic, literary and scientific fields would be gathered in a kind of transmitting center, and all you would have to do would be to get into communication with it. So then, instead of having more or less incapable teachers to teach what they know also more or less, you would have the answer to every question, the most competent and best answer. Thus there would really be all over the earth an education that would be the best possible, from which everyone would receive only what he wants; you wouldn't have to attend classes, a number of useless classes, in order to catch the little you want to know: you would have it just by getting into communication with the center; you would ask for such and such a number and would get your answer.

If it could be realized, it would be very good. It means that the most beautiful works of art, the most beautiful teachings, all the best of what humanity is GOING to produce, would be collected and within the reach of all those who had a television. There would be pictures along with the explanation, or a text or speech. A kind of imposing central building where everything would be gathered. I found it rather attractive. I told her that we would have that in Auroville (not the central office: just a receiving set). She said that instead of teachers who teach poorly what they know, there would be the best teaching for each subject.... (I didn't ask her WHO would select those people – that remains the somewhat delicate point.) But I found the idea very attractive. She said things are moving in that direction.

(The Mother, from Agenda, June 3rd, 1967)

No Title

The world awaits a global movement of unity based on an inspiring idea or a cluster of ideas. (Ashok Natarajan)

Global Leadership in the 21st Century

The world today possesses unprecedented opportunities and capabilities to promote global human welfare and well-being. But it is in urgent need of leadership to tap the opportunities and address the multidimensional challenges confronting humanity today. These challenges are a reflection of the urgent need to project a unifying global vision, build international support and multi-stakeholder commitment, enhance institutional effectiveness, and mobilize global society for effective action. The optimistic consensus that fueled progress at the end of the Cold War has disappeared. The momentum for collective action has dissipated. The recent retreat from multilateralism, democracy, economic cooperation, regional integration, arms control, cooperative security and multiculturalism undermines global cooperation at a time when it is urgently needed to achieve the development objectives of Agenda 2030, address existential ecological challenges, and prevent a relapse into strident nationalism and the Cold War competitive security.

The world is desperately in need of leadership at this critical juncture. Although leadership has most commonly taken the form of great personalities in the past, it is no longer limited to individuals. Leadership is a way of acting. It is a living social process that encompasses the whole society in which and on which it acts. It may be initiated by idealistic individuals or innovative organizations, but ultimately it has to percolate down to influence the actions of many others in order to generate results. Outstanding individual leaders and the aspiring social collective are complementary forces. The essence of leadership is an inspiring vision of the future. That vision usually encompasses higher values, insightful ideas and growing awareness of untapped opportunities. It is fueled by the rising aspirations of the population transformed into intense social energies released into action. The results it achieves depend on the intensity of society's aspiration for accomplishment, the organization of the ideas and

knowledge on which it is based, the clarity of the goals and plans, and the effectiveness of the institutional mechanisms through which it is implemented. Individuals can play a key leadership role in all stages of this process.

The process of leadership transcends the action of one or a few individuals. It includes generating awareness of unutilized social potentials, projecting higher organizational ideas, mobilizing the available global social energies and resources for practical application, strengthening the effectiveness of existing institutions of governance, and releasing a broad-based social movement to transform the compelling challenges confronting humanity today into catalysts for rapid global social evolution. (Garry Jacobs and others, for Cadmus Journal)

Rising Above All Contradiction

In order to understand and follow Sri Aurobindo's teaching, one must learn to rise above all possibility of contradiction. That is, to reach the region where contradictions no longer exist. ... there lies the source of the true Power. (The Mother, from Agenda, June 7, 1967)

New, Not Traditional Ways of Developing Consciousness

The [religious and other] traditions of the past are very great in their own place, in the past, but I do not see why we should merely repeat them and not go farther. In the spiritual development of the consciousness upon earth the great past ought to be followed by a greater future. (Sri Aurobindo')

Why Modi Came Back to Power

1. He is an average Indian, so that extraordinary Indians or majority of the common man can relate and identify themselves with him.
2. He is using his capabilities as an Indian to the core i.e., organising skills.
3. He dreams, visualises, set standards, targets and engaged in well planned strategic execution with the help of his colleagues.
4. He knows people management; identifies, motivates and keeps the right and best people with him.
5. He is genuine as far as growth of India is concerned. He is truthful to the poor.
6. He knows 'helping rich to flourish their business also is inevitable' to develop resources to serve poor and to lift up the middle class.
7. He uses Hindvuthva and cultural heritage of India to reach administration and win power politics; but his actual goal is developing India.
8. He is the last person to ignore and supersede the constitution (as many of us fear). He respects and agrees with diversity and democracy much more than many of the political leaders in opposition.
9. He wants India to lead the world and make that agenda his personal prestige.
10. He is an average PURE Indian untouched by the western academic or management jargon. Such a person can accomplish things much faster and prioritise Indian needs realistically.
11. He is a man who has tasted hunger and poverty; hence he understands the mindset of the majority of Indians.
12. He learned social responsibility not from air-conditioned classrooms, but from the streets of India. Toilets, Gas connection, Electricity and safety where the primary needs of many; and so he addressed them directly.
13. His stand on national enemies is pretty clear whether it is nations or groups. "if you beat me, I will break you."
14. He and his team members know pretty well how electoral process happens, where to hit, when to hit and how.
15. He knows how to set election agendas and how to make oppositions engage in it.
16. He is good at building friendships and sustaining it.

17. He is a bachelor or is a man staying alone. He has got time on his hand, and has focused energy.

18. He made himself a sellable brand - Brand MODI.

I hope that he will come out of his personification and do something more valuable and more realistic for the Growth of India; more precisely, an All-Inclusive India.

Good luck Mr Prime Minister!

by S.S. Sreejith

On Apology, Apologizing

Apology is for an unintended mishap or injustice.

Apology exonerates the intention of a misjudged act.

Apology can be true or a polite form.

Apology is a shrinking, ungainly emotion.

Apology is a social act, not just personal.

One can apologize for no fault of his if an apology fulfils him.

Apology for intentional discourtesy can only be formal.

An educated pompous person will expand the apology to a drama.

(Karmayogi)

No Title

O Supreme Lord of the Universe,

we implore Thee, give us

the strength and the beauty,

the harmonious perfection

needed to be Thy divine instruments upon earth.

(The Mother, from Agenda, November 22, 1967)

No Title

... there is still the whole weight of millennia of bad habits, which we could call pessimistic, that is, expecting decay, expecting catastrophe, expecting ... well, all those things, and, ugh! that's the most difficult thing to purify, to clarify, to remove from the atmosphere. It's so INGRAINED that it's absolutely spontaneous. That is the great, great, great obstacle – that sort of sense of inevitable decay. (The Mother, from Agenda, June 24, 1967)

No Title

To man, God is too slow in answering his prayer. To God, man is too slow in opening to His influence. But to the (Supramental) Truth-Consciousness, everything is going as it should!

(Mother, from Agenda, July 22, 1967)

Grades Based on Inner Connection with Student, Not Exams

... no more exams! At the end of the year, when you have to give marks to the students, well, instead of using such an artificial method, you will be obliged to observe attentively, follow the child's inner development, have a deeper contact with him (Mother laughs mockingly), and know if he has really understood or not! Then you will be able to give marks, instead of basing yourself on the parrotlike repetition of something they learned without understanding.

(Mother, from Agenda, July 22, 1967)

Student Motive for Learning

The majority of children study because they are forced to by family, habit, current ideas, not because they want to learn and know. Until the motive for their studies is rectified, until they learn because they want to know, they will use all kinds of tricks to make their work easier and get results with the least effort.

(Mother, from Agenda, July 22, 1967)

Beyond Tests for Student Learning

I find tests an obsolete and ineffective way of knowing if the students are intelligent, willing and attentive.

A silly, mechanical mind can very well answer a test if the memory is good and these are certainly not the qualities required for a man of the future.

It is by tolerance for the old habits that I consented that those who want tests can have them. But I hope that in future this concession will not be necessary.

To know if a student is good needs, if the tests are abolished, a little more inner contact and psychological knowledge for the teacher. But our teachers are expected to do Yoga, so this ought not to be difficult for them.

(The Mother, from Agenda, July 22, 1967)

Mother on the Teacher and the Student

The students' point of view is false, the teachers' point of view is false.

The students' point of view: they learn just to appear to know, pass their exam and cram their heads with all kinds of things....

The teachers' point of view is to have as easy a control as possible and be able to give marks without giving themselves too much trouble, with as little effort as possible.

As for me, I say: each student is an individuality, each student should come not because he wants to be able to say, "I have studied and am going to take my exams," but because he is eager to know and comes with the will to know.

And the teacher must not follow the easy method of giving a subject and seeing how everyone answers, whether the answer is good or bad, conforms to what he has taught or not: he must find out whether the student's interest and effort are sincere, and everyone according to his own nature – for the teacher it's infinitely more difficult, but that's education.

(The Mother, from Agenda, July 26, 1967)

No Title

The more the social power is equitably distributed, the more peaceful, just, prosperous, stable and sustainable, society will become. (Garry Jacobs)

Mother's Constant Aspiration of Surrender

May we do nothing but what You want, think nothing but what You want, feel nothing but what You want, say nothing but what You want....

Constantly, uninterruptedly, night and day. In the middle of activity or in the middle of rest, everything asks, "To be what You want, to feel what You want, to do what You want, to exist ... without difference."

(The Mother, from Agenda, August 2, 1967)

A New Conceptual System for Humanity

History confirms that the evolution of human consciousness lies along a path from lesser to greater recognition of the fundamental value and rights of each human being.

It sketches a pathway toward the wider and more equitable distribution of freedom, knowledge, rights and social power.

Humanity has already progressed far on this trajectory from the time when the law of the jungle, slavery, colonial imperialism, authoritarianism, war and genocide were considered natural and inevitable.

But we have much further to go. Envisioning in detail a future based on values that affirm the dignity of every individual can help us identify the core principles and institutional changes needed for a sustainable, human-centered development paradigm. In practice this means concretely imagining how life will flourish in a world in which the 17 SDGs have been fully realized for all humanity.

That will indeed constitute a new paradigm and the emergence of the first truly global civilization.

(Garry Jacobs Chief Executive Officer, WAAS & World University Consortium (WUC))

The Real Genius of Steve Jobs: Icon and Visionary Leader of Creative Individuality.

To truly understand the remarkable technological leadership of Steve Jobs, we must trace back the graphic user interface, mouse and other technologies he introduced in the mid-1980s to the work of Douglas Engelbart at Stanford Research Institute two decades earlier.

The genius of Steve Jobs' leadership was not his technological insight or inventiveness. In the early days at Apple that role was played by its co-founder Steve Wozniak, a brilliant and creative engineer who pioneered the personal computer. Jobs' real genius was in sensing the aspirations of society and finely attuning his actions to synchronize with that pulse.

In many ways Jobs was a typical American of this period. He was born and raised in a country that worships mechanical inventiveness. Americans made building, repairing and playing with machines a national pastime. Jobs grew up during the early days of the transition from mechanics and electricity to electronics.

He was a product of the Hippie Movement, which valued personal freedom and individuality and feared authority and conformity above all else. He understood the deep anxiety generated among youth by the idea of huge mainframe computers running the world. He saw the PC as an instrument to empower the individual rather than dominate and replace him. The release of the Macintosh in 1984 was hailed as the start of a spiritual revolution.

Even more than the products he created, Jobs became an icon and visionary leader of creative individuality. His vision was matched by a remarkable capacity to think outside the box and see beyond 'what is' to 'what could be'. With the birth of the World Wide Web, he saw the possibility of making the PC a part of a global interconnected system. This led to the introduction of the iPod and transformation of the music industry. That same vision gave birth to the iPhone and iPad and made Apple the most valuable company in the history of the world.

(Gary Jacobs, for Cadmus Journal)

The Need for Global Leadership

Leadership is needed to generate awareness of the enormous, unutilized global potentials that can be tapped to accelerate global progress.

It is needed to challenge outmoded, unidimensional theories and compartmentalized models, narrow national and sectoral perspectives, piecemeal stakeholder strategies and fragmented institutional functioning that obstruct global social progress.

It is needed to formulate comprehensive, integrated strategies and policies capable of mobilizing all stakeholders in the global community and directing all the available global social energies for practical application.

And, most of all, it is needed to fully unleash and mobilize the energies of global society, to release a broad-based social movement to transform the compelling challenges confronting humanity today into catalysts for rapid global social evolution.

Leadership is needed at the level of local communities, nation-states, regional entities and international organizations to convert those capabilities into effective actions to achieve concrete, tangible results. (Garry Jacobs and others for Cadmus Journal)

Global Leadership and Consensus Building

Global leadership cannot be embodied in a single individual, institution or group. Global society is too vast, diverse and complex. It will require generation of an inclusive social movement fueled by a common vision, shared values, inspiring ideas, compelling goals, dynamic individuals, energized organizations and committed stakeholders.

Building that consensus and forging that coalition is an act of true leadership which the world ardently aspires for and can fully respond to ...

(Garry Jacobs and others, for Cadmus Journal)

Leadership that Simultaneously Leads and Arises from Society

-Great leaders are themselves the products as well as the catalysts of the awakening of the societies in which they arise. Outstanding individual leaders and aspiring social collectives are complementary forces. Leaders arise to give conscious expression to emerging social ideas and ideals. The most visionary of those leaders come to prepare society by projecting seed ideas that take root and blossom afterwards.

(Garry Jacobs and others, for Cadmus Journal)

Great Leadership that Arises in an Historical Context

Leadership always takes place in a context. No matter how great the individual leader, the results always depend on the readiness of society to respond.

That is why we witness so often throughout history the gathering of great leaders at particular moments in history, rather than their equal distribution in space and time. It is no coincidence that Washington, Adams, Franklin, Jefferson, Madison, Hamilton and Monroe all arose to leadership positions at the birth of the USA.

Indian Independence was similarly blessed by a confluence of outstanding individuals at the same moment in time—Gandhi, Nehru, Rajaji, Patel, and Prasad are only the better known of them. So too, Churchill, FDR, Stalin, Hitler and Mussolini—though very different in personalities, values and aspirations—were all the product of the same age and forces which compelled global society to make the first tentative transition beyond the nation-state.

(Garry Jacobs and others, for Cadmus Journal)

Leadership as a Process

All acts of leadership mature only when the ideas, values, goals, aspirations and intentions of the leader awaken and release the energy and inspiration of other individuals, acquire the power for implementation through organizations, and express in the general movement of the community, the nation or world. Leadership is a process, not merely a person.

(Garry Jacobs and others, for Cadmus Journal)

On Leadership

-Leadership creates out of unorganised energy a direction to achieve actual results.

-Leadership makes the people do what they already know but do not follow.

-Leadership is to have our own power of leading in the vital as a representative of the collective that needs leadership.

-Leadership must act on the composition of the temperament of events.

-Intellectual leadership is to evoke strong convictions in the mentally superstitious. Eye opened is karma dissolved.

(Karmayogi)

No Title

Doing the smallest thing by the greatest principle is yoga. (Karmayogi)

Accepting Sri Aurobindo's Truth Will Lead the World

Sri Aurobindo could not find one person who could accept Him -- beyond Mother -- so that He could give His Truth to the world. HE gave it to the world directly through the subtle plane.

Anyone who now accepts Him and that Truth which is there in the atmosphere, will lead the world according to Sri Aurobindo. Consciousness offers conscious leadership. The World awaits Mother's leadership. No longer will the world accept human leadership. (Karmayogi)

True Individuality and Personality

Howard Roark (in the Fountainhead) expresses his true individuality by thinking for himself and not being swayed by the herd. We can say that such a person is in contact with his inner Personality and True Self, as opposed to others who rely on the social imperative. When that inner force is weak though true, relative to the world around him, society tends to crush him and his ideals. If it is strong, as it was in the case of Roark or a Churchill or a Gorbachav, it can change the course of the world around them.

How many of us think for ourselves, instead of being determined by the herd around us, the social view, the collective views expressed by media and popular culture? How many of us seek to know the true truth, the many-sided truth, instead of the part and convenient truth that the world presents to us on the surface or that we are attached to within ourselves.

The true Individual in that sense is spiritual because he seeks identity with the full object of knowledge which the limited normal mind of man cannot perceive. Limited, normal mind perceives an exclusive truth, whereas the logical and better, still illumined and intuitive mind are powers of spiritualized mentality that seek the inherent truth in the object of inquiry. There is knowledge by identity with the object. There is no separation between the knower, the knowing, and the known. The influence of the social herd clouds that identity, as does the normally divided mind of man. Only when we seek the deeper consciousness within, do we move to the wider truth by identity. (Karmayogi)

Consecration to The Mother makes our life easier than ever..!

I was thinking of buying a machine for my new business. I searched in the internet about it but couldn't come to a conclusion because I'm not sure about how the machine works.

Then I thought of searching for it in my town. I took a share auto and once again I continued to search in the net while travelling. What a surprise though it was a peak hour, no rush anywhere and I reached my destination very quickly than I thought.

I joined my hubby there and suddenly I thought came to ask the nearby shop keeper though he didn't have the machine I was searching. And I inquired the shop keeper. He suggested to ask the nearby street about the machine. I thanked him and started searching.

I saw a shop in the nearby street and inquired about the sort of machine I was looking for. To my surprise, he showed me the exact machine which I was searching in the internet with approximately same price.

My hubby suggested to confirm (about the working process) with his friend about it. Again i could not believe Mother's Grace. The friend also suggested the Same product and same shop whose owner was his friend.

We were so much in awe that only one shop we inquired and found to be the best ever..! Because I thought the whole day we would be searching for a good one.

I thanked The Mother for Her Grace. (Devi Mirra)

Encyclopedia Of Integral Yoga

24.05.14

An inspiring work that can be done by MSS is to develop what can be called the Encyclopedia of Integral yoga. Informative articles can be written by Shri.Appa and Garry Jacobs and others on the integral philosophy of Sri Aurobindo and Mother plus separate articles on key concepts of this yoga such as surrender, transformation, consecration, sincerity, ascent and descent. Further concise synopsis of their literary works can be written also such as Life Divine,

Savithri, Agenda, Secret of Veda, Questions & Answers etc. Under the headings of Power of Grace alone, one can subdivide this section into half a dozen separate headings, such as health, income, relief from debt, harmony in family, career advance educational achievements and one can list under each heading dozen of actual experiences by devotees showing how they got relief and experienced improvements in health, income, relief from debts, progress in family and interpersonal harmony and career advancements etc.

Under the heading of application of principles of integral yoga for betterment of human life, one can write articles showing how spiritual principles can be applied in business management, education, politics and human unity. Then, under the category of Life Response, one can show how life response mechanisms have worked in literature such as Pride and Prejudice, Shakespeare's plays and other major literary works such as Victor Hugo's Les Miserables, Dumas' Count of Monte Cristo and Sherlock Holmes detective stories etc. Under the heading of Traditional philosophies, one can list Adwaita, Vishistadwaita and dwaita and show how Integral Yoga differs from all these in key areas.

Surely this work will take a long time and demand the attention of many competent researchers who are not only academically well-trained but devoted to mother also. Mere writings from researchers will not have the effect that devotee-researchers will have. Any way this is an inspiring work that merits serious attention by Shri. Appa. (N.Asokan)

No Title

A drop of Gratitude can create a New Life. (Garry Jacobs)

No Title

Start from where you are; no matter the conditions. Then Consecrate it all; and aspire for your progress and growth. Life will respond and lift you to the heights.

No Title

The Knowledge of how you got the result is greater than the result. And the Consciousness behind the Knowledge is greater than the Knowledge. (Karmayogi)

No Title

... as long as you want to remain shut in your little person, you are nothing, while if you abdicate that little person, you become everything. (Mother, from Agenda, August 2, 1967)

No Title

Failure is simply the opportunity to begin again, this time more intelligently. (Henry Ford)

No Title

The Universe responds more to our vibrations than to our words. (S. Nagarajan)

No Title

Everything is possible, including the impossible. (Mary Poppins)

No Title

We are not here to make our life easy and comfortable. We are here to find the Divine, to become the Divine, to manifest the Divine. (the Mother, from Agenda, August 19, 1967)

No Title

She is the Force, the inevitable Word,
The magnet of our difficult ascent...

(Sri Aurobindo, from Savitri)

No Title

A sincere person who employs consciously the best of strategies allows Life to accomplish not at his level, but at the widest level. (Karmayogi)

No Title

Each time you understand something you have not understood so far, a block is removed and work is accomplished. (Karmayogi)

No Title

Each time you exercise control over the physical to prevent it from its habitual repetition, you are ushered into a new phase of life. (Karmayogi)

No Title

When you exhaust a thing, fresh supplies come -- maximum utilization. (Karmayogi)

Les Miserables

[a poem by Senthil Murugan of the deeper meaning of the story]

No matter, we are unaware of our destiny,
No matter, we've deviated far from the path,
No matter, we do despair about the current happenings,
No matter, we could not perceive what's going on,
All those are limitations that seem only on the surface,
And not the True governing Reality.
The limitations will remain and appear so,
As long as we cling and hold on to them.
If we do aspire earnestly from the depths,
If we do seek answers sincerely within,
A time might come, a situation we might face,
That would disillusion the surface Reality,
The truth, then rushes in from the depths,
The soul, then overtakes the ignorant mind,
And reconciles all the contradictions on the surface,
It's a moment, we are literally reborn!
Our goal is now set,
Our path is now lit,
Our soul that leads it,
A life not just to quench ego's needs,
Rather a life to give others what we've been given,
A life to kindle the other candles,
With love, kindness and hope.
Is there a man who had been into that journey?
Indeed there was!
The life of Jean Valjean,
A lesson for us to remember and reflect.

It was a period in France,
Where the rulers not cared their people,
Also there was no humanism that exist,
A man who stole bread to save a hungry child,
Was put in prison for nineteen years!
And went through unimaginable tortures in all those years,
At last, the period of parole came,
Yet, he was given yellow papers,
And was being marked 'the dangerous man',
Though he dreamed to see a newer world,
The reality was rather different,
As the life had not changed in the nineteen years,
And the people judged his paper, not him as a person,
Everyone chased him, he ran,
Actually the life chased him, to his destiny.
Without hope, he wandered all along,
One day, as he was resting in a church front,
A Bishop saw him and cared him as a person indeed,
The Bishop gave him food and also place to rest,
Yet, that was not enough,
To console him who was plunged in hatred and self-pity,
And at that night, when everyone slept,
He stole the silver goods and ran away,
Alas, he was caught the very next morning,
And was brought back to the Bishop,
The Bishop looked deep in his eyes,
Surprised him giving two more lamp stands, and said,
"Brother, you've forgotten these,
As I gave this to you too,
All your past deeds, I forgave,
And saved your soul for the God"
Those words daggered like a knife on his chest,
Melted all his moments of hatred and hopelessness,
Wiped out all the past karmas,
And he was literally reborn at that moment,
He was Jean Valjean!
His life from that moment, belonged to the God indeed,
And he remembered it and lived so,
Till his very last breath.

Valjean then moved to the small town Vigo,
And started his life from a clean slate,
As a free, hardworking and honest man,
And no one was aware of his past life.
Eight more years passed quickly,
And he worked hard in those years,
Elevated himself as the Mayor of the town,

And also ran a factory of his own.
One day in his factory,
A young woman, Fantine was punished hard,
And was also taken out of her job,
For no apparent fault of hers.
All had happened without his notice,
He only came to know it later,
And genuinely wanted to reconcile,
For what had happened.
Fantine was angry and disliked him at first,
As she thought, he had not stopped her punishment,
Beyond her bitter words and resentful heart,
He judged not her surface, rather her soul.
He then took the consciousness responsibility,
And also promised to save her and her child Cosette,
Thénardier had kept Cosette under their custody,
Despite they were paid by Fantine for keeping Cosette safe,
Cosette was bullied and worked as their servant.
Life continues to operate in multiple fronts,
And present us opportunities for our consciousness to grow,
Yet, they might appear in the forms we dislike,
To the measure we tune into what we've been given,
We continue to evolve to greater heights.
And that moment had fallen on to Valjean,
In the form of Inspector Javert,
Who was hunting him from the day of his parole!
Javert took charge as the inspector of that town,
And came to the Mayor to report his duty.
When they both met each other,
Javert had not recognized Valjean at first,
Yet, he sensed something was fishy,
And started to doubt the Mayor, from the very beginning.
Also at the same time,
A situation came to Valjean,
To test his innate goodness and honesty,
As he came to know of a news,
A man had been caught and presented in the court,
And was identified erroneously as Valjean,
Also was going to be punished for breaking parole,
The Mayor was caught in the dilemma,
Whether to ignore the news or to reveal his identity,
Then he remembered the Bishop and the words he spoke,
Afterwards he had not worried the aftermath events,
And so he spoke the Truth in the court,
Also was ready to bear the punishment,
By thus Valjean made the other man free,
And thus brought his sincerity to the surface.

A long-awaited opportunity came to Javert,
As to arrest Valjean and put him in prison for life,
Valjean pleaded, to spare him for three more days,
As he wanted to bring Fantine's daughter, Cosette,
Yet, Javert was cold and rejected his plea,
That forced Valjean to escape from that situation,
He then also rescued Cosette, by giving ransom money.
As her mother Fantine also died in the earlier scene,
They both then ran for life to Paris,
And Javert continued to chase them behind.
After an arduous journey,
They both climbed a convent and sought for shelter,
Life responded in a unique way,
And they were given asylum and shelter,
As police was forbidden to enter the convent,
They then lived peacefully over there,
And Javert waited the next opportunity.

Ten years passed quickly afterwards,
As Cosette wanted to see the world,
Valjean and Cosette came out of convent,
And started to live in a nearby community.
The people over there disliked Monarchy,
And was longing for freedom from tyranny,
A group of youngsters led those efforts,
And their plan was to revolt against the rule,
All waited the right opportunity.
In the meantime,
Cosette fell in love with one of the rioters, Marius.
Valjean disapproved their love at first,
As that would reveal their identity to others,
Then he viewed from her point of view,
And changed his mind for the sake of her wish.
A situation came in favor of the protestors,
And they planned for an attack against the kingship,
By rioting through in a planned procession,
During the moments of riot and fight,
Javert was caught by rioters,
Who came there as a spy to watch them,
And they were almost about to kill him,
And at that moment,
Life brought Valjean and Javert in alignment again.
In all the encounters earlier they had,
Falsehood dominated the Truth,
And Javert had been the upper hand, always,
For the first time in their lives, the situation reversed,
As Valjean wanted to handle Javert by himself,

He then took the charge from rioters,
And brought Javert to a lonely place,
At last, a golden chance to revenge all his past!
Yet, he forgave him unconditionally,
And let him go FREE without any demands.
He did that in a sincere manner,
As what Bishop had done to him, years earlier.
The foundation of falsehood is very fragile,
And it could not survive when Truth reveals its power,
Javert puzzled by the action of Valjean,
And his foundation of belief was shattered,
As he could not bear the Truth of Goodness,
He committed suicide and ended his life.
In the meantime,
The situation not favored the rioters,
And they could not resist the massive force,
Their simple guns could not match the great cannons,
Alas, the riot was suppressed too sooner one could imagine,
And all the rioters were killed on the spot,
Valjean saw the wounded Marius,
And he took extraordinary efforts,
Carried him through an underground tunnel,
Swam through the flood of drainage,
Saved his life for the sake of his daughter,
Brought him to Cosette and fulfilled her wish.
As such Valjean lived his life all along,
Only for others and never for himself,
As like the Bishop had told him,
His soul was meant for God, indeed.
And he fulfilled that in every instance.
At last, at his death bed, a fulfilling life he had,
Whoever he had met in his life,
Passed them the batons of love, kindness and hope.
As such,
Whatever the odds we might face this time,
Whatever the hurdles that might be in our path,
Whatever the situations, that might appear as hopeless,
All are only guiding us secretly within,
As to bring our soul to the surface,
And to fulfil what we are meant to be in our depths.
And so, whatever be the circumstance,
Never Give Up Hope!

Trailer:

<https://www.youtube.com/watch?v=isQGHwWyJ6k>

Divine Love Can Overcome Barbaric Human Behavior

Oh, for all really monstrous things [like barbaric human behavior], there is only one force – only one force that can dissolve them. I knew it in principle, but now I know it in practice: it is the force of Love. Love is truly all-victorious – but true Love, not what men call "love," not that: true, divine Love.

You see one drop of "That" in its perfection, and all shadows disappear – all disharmonies disappear. Only in its perfection, in its essential purity.

It truly is all-powerfulness.

(The Mother, from Agenda, September 6, 1967)

Inner Power Over Outer Obstacles Attracts Vast Business Success!

Despite the outer obstacles that appear before us, we have inner power to overcome them and succeed mightily. Though it may not happen immediately, longer-term the positive conditions within our own being tends to conquer the outer impediments.

A young Indian man and woman were in love, and they wished to marry. However, the girl's parents objected to the marriage because the boy's sales income was paltry. Still, they got married. However, soon after the young man lost his job. It seemed like a crushing verification of the girl's parents' views about the marriage.

However, shortly thereafter the young woman suggested that the two of them make the products on their own that he had been selling, and do so on their own premises.

And so they then made a go of it. As it turned out within several years they had succeeded so greatly that they now had 100 employees!

As we see, Life responded to their efforts, as their inner aspiration, intensity, and faith overcame the limits of the outer conditions. Long-term their deepest inner intentions prevailed over the short-term outer obstacles.

(thanks to Chandu)

On Sri Aurobindo's Birthday, August 15th, same as Indian Independence Day

Sri Aurobindo worked for Indian Freedom in the field of politics between 1906 and 1910. His inner voice told Him that Indian Freedom was achieved and HE was meant for other work. Indian Freedom arrived on His birthday. When Mountbatten was asked why he chose August 15th, he answered that was the day on which Japan surrendered. Sri Aurobindo fought the World War in the subtle plane and that victory too came on His birthday. He prophesied that India would become the Guru of the World. (Sri Karmayogi)

True Humility toward Divine

... when you say to people, "Be humble," they immediately think of "being humble towards others," and that humility is bad. True humility is humility towards the Divine, that is, the precise, exact, LIVING sense that you are nothing, can do nothing, understand nothing without the Divine, ... (The Mother, from Agenda, September 13, 1967)

A Comment On Earning 100 Crores

My father Shri.Karmayogi has started stressing that any devotee (of Sri Aurobindo, Mother) can earn 100 crores (~\$15M in USD over a lifetime) in these days and has further commented that the grace of the Mother will help the devotee earn that much. In this context it would be helpful to list some of the factors essential for this accomplishment.

1. EXTRA HARD WORK The devotee must be willing to work for the maximum hours that he can. This can range from 12 to 14 hours a day.
2. FOLLOWS VALUES OVER MONEY He must choose to follow values much more than mere pursuit of monetary gain and if these are in conflict, should come forward to sacrifice monetary gain for the sake of upholding values.

3. SPIRITUAL FAITH Though he should be ready to fully exercise his mental capacities for this accomplishment, he must have more faith in Mother's grace than in his own capacity to deliver the result.
 4. OPPORTUNITIES He should be keenly alive to every opportunity that rises around him and further he should be fond of accepting challenges that come his way.
 5. INNOVATIVE Surely he must be very innovative in meeting the needs of the society as it is this very innovativeness that will bring him luck of that magnitude.
 6. CREATIVE THINKING He must be unconventional in thinking and must have learnt to look at any issue in a way that others don't. For example, Sherlock Holmes learnt to look at any crime in a way very different from the way the police looked at it and it is this fresh perspective that helped him solve all the cases that the police could not handle.
 7. ORGANIZATION He must be a great admirer of the powers of Organization, of coordination and systems and most importantly the power of values.
 8. STEP AHEAD He must be so alert that he is always one step ahead of others in accomplishment
 9. FAILURE TO SUCCESS He should know the art of turning failure into success and problem into opportunity and crisis into fortune etc.
 10. TRUE INDIVIDUALITY He should be an individual in his own right and believe in the truth of his convictions though the whole world won't believe a word of what he says. For example, Sri Aurobindo and Mother held on to their belief in the descent of the supermind though the whole world chose to ignore what they were saying except a select group of some devotees.
- (N. Asokan, MSS, slightly edited)

No Title

Mind is capable of seeing things from another's point of view. Silent mind more frequently, more easily does the same, thereby is capable of perceiving the integral truth of things.

To be perfect in implementing Values at the current level opens up opportunities at a higher level. (paraphrase of Karmayogi)

No Title

... in order ... to manifest That [Divine Consciousness] ... one must SPONTANEOUSLY AND DEFINITELY be above all desires, all ambitions, all preferences ...

(The Mother, from Agenda. October 11, 1967)

No Title

The Lord makes use of everything, and He isn't afraid. He makes use of everything.... How He has used the gods, how He uses everything, how He has used the Adversaries ... everything.... and everything leads ... where we must go. (The Mother, from Agenda. October 11, 1967)

No Title

You know, an ardent faith, a psychic aspiration, a fervor, a self-giving, ... that's what is needed to save the world!

(The Mother, from Agenda, October 19, 1967)

New Conception of Growth As Inner Well-Being For Society

A new conception of growth is needed to guide humanity's future progress. Humanity's aspiration needs to evolve from the limitless material consumption to the endless growth of human wellbeing and inner personal fulfillment. This requires a shift from seeking ever more powerful technologies for external achievements to an inner seeking for inner well-being.

(Ashok Natarajan for Cadmus Journal)

Implementing SDGS (Sustainable Development Goals) Of the United Nations

The UN is a great institution with many accomplishments and also many failures. One of its recent accomplishments is the formulation of SDGs that define the collective goals of humanity to be achieved in the coming future.

The question is, how are these goals to be implemented?

Another question arises also as to who will achieve these goals.

So far, great leaders have emerged to achieve great accomplishments. But currently no such great leader is on the scene.

Is it possible for a movement to replace the need for a leader? Can a movement be inspired by the emergence of an idea?

(Ashok Natarajan for Cadmus Journal)

The Soul's Sanction of Our Suffering, Misfortune, As Means of Our Rapid Growth, Progress

"All these good people lament and wonder that unaccountably they and other good people are visited with such meaningless sufferings and misfortunes. But are they really visited with them by an outside Power or by a mechanical Law of Karma? Is it not possible that the soul itself – not the outward mind, but the spirit within – has accepted and chosen these things as part of its development in order to get through the necessary experience at a rapid rate, ..."

"... to hew through, durchhauen, even at the risk or the cost of much damage to the outward life and the body? To the growing soul, to the spirit within us, may not difficulties, obstacles, attacks be a means of growth, added strength, enlarged experience, training for spiritual victory? The arrangement of things may be that and not a mere question of the pounds, shillings and pence of a distribution of rewards and retributory misfortunes!"

(Sri Aurobindo, as discussed in Agenda, June 17, 1970)

No Title

Do the day's work in Consciousness; not the ordinary way. Life will cooperate from all

The Aspiration and Critical Role of Kurt Levin In 'The Book'

One striking character notable in Garry Jacobs' novel 'The Book' is Kurt Levin. He had such an aspiration, perseverance and relentless effort as he was seeking solution for Israel-Palestine issue in all his mind, heart, and body.

- In the late 80's The Book subtly indicated such future possibilities as he had witnessed The Book in Germany and the aftermath events.

- He was drawn into the AI conference subconsciously as that would be his path forward towards the solution he was seeking.

- He was the first one to get acquaintance with Prof Stearne, only years later other MAI partners established contact with Prof Stearne through Levin.

- Yet, he was not well aware about other MAI partners during that conference.

- As he was earnestly seeking solution for his country, the Northern Ireland Peace Project Report came as a response from life, which indicated the phrases from The Book and got his attention.

- And, he collaborated with US Government and used all his mental means to get connect with MAI and The Book by trying with Thompson, Howard and so forth.

- Yet, all had failed and he came himself to MAI, admitted all his faults genuinely and truly and became united with them. He played a vital role afterwards by bringing them to Prof. Stearne and by various other means in resolving the attack from the adversaries.

- After many hardships, MAI became phenomenally success with their AIS, UNIAC and Bead Games. As that success spread to other countries, MAI was asked to offer solutions through AIS and grid computing for the Israel- Palestine issue.

- Levin was invited under the direct request of Prime Minister Office to lead that mission and the story ends with that possibility that the solution is going to manifest soon.

As such, one could have such unwavering aspiration like Levin, yet he may not know how to do it. But Life would sure bring circumstances to fulfill that quest and the right people who would be in harmony and oneness towards that goal. (Senthil Murugan)

What Is Given Is Best for Our Progress

"To be free from all preference and receive joyfully whatever comes from the Divine Will is not possible at first for any human being. What one should have at first is the constant idea that what the Divine wills is always for the best even when the mind does not see how it is so, ... " (Sri Aurobindo)

(in response) And what he says here, the way things are organized to make you advance fast and give you the maximum, the optimum condition of progress – that's marvelous. (Mother, from Agenda, June 17, 1970)

True Teaching

"The first principle of true teaching is that nothing can be taught. The teacher is not an instructor or task-master, he is a helper and a guide. His business is to suggest and not to impose... He does not impart knowledge to him, he shows him how to acquire knowledge for himself. "- Sri Aurobindo

(thanks to SS Sreejith)

The Mother's Experience with Goddess Durga

(in honor of Durga Puja)

I had a VERY interesting experience – it was last year or the year before, I don't recall, but after I retired to my room upstairs You know that during pujas these goddesses come all the time – they don't enter the body and tie themselves to it, but they do come and manifest. Well, this time – I think it must have been for last year's puja – Durga came (she always arrives a few days in advance and remains in the atmosphere; she is present, like this – gesture as if Durga were walking up and down with Mother). I was in touch with her during my meditations upstairs, and this new Power in the body was in me then as it is in me now, and... (how to put it?) I made her participate in this concept of surrender. What an experience she had, mon petit! An extraordinary experience of the joy of being connected with That. And she declared, "From now on, I am a bhakta of the Lord."

It was beautiful.

This formidable Power, you see – a universal Power, an eternal and formidable Power – well, she had never had such an experience before, she had only experienced her OWN power. She was used to receiving and obeying Commands, but in an automatic way. Then all at once, she felt the ECSTASY of being a conscious instrument.

(Mother, from Agenda, August 2, 1961)

Taking Another's Viewpoint Attracts Verification Message from Life

"To take the other person's or persons' point of view is to shift from one's ego-orientation to a wider perspective. Thus, it is an opening in both knowledge and consciousness" - Roy Posner
Yesterday, I had an argument where I was not willing to see from the other party's view and give the information as requested. After heated argument, I was not in a position to defend anymore and then I prepared some documents for that request. I am not sure whether it has fully satisfied the other party. Yet, it was taking up too much energy as the mind continue to dwell on the thoughts of argument, which I could have avoided in the very beginning.

This morning, Mother answers [as life response] through the Daily Messages [that appeared, as verification of right action.]

"When, O eager disputant, thou hast prevailed in a debate, then art thou greatly to be pitied, for thou hast lost a chance of widening knowledge - Sri Aurobindo"

(Senthil Murugan)

Lost Materials Recovered Through Consecration & Action

AN'S NARRATIVE: I have a regular habit of frequently checking my vehicle RC books [vehicle registration document] as well as my family Aadhar cards [a person's unique identifier card]. This morning to my shock I found that the RC book of one of my two-wheelers was missing along with my daughter's Adhar card also.

I recently used my 2-wheeler RC book to renew my vehicle insurance as the insurance company demanded to see my vehicle's RC book as a penalty for my late renewal. Just 2 weeks ago myself and my daughter had made a trip to Delhi and I had taken her Aadhar card as ID proof to show at the Airport.

I sensed that I have misplaced them somewhere. But one hour of my searching proved fruitless and even my prayer to Mother did not work. Finally losing faith in the power of grace, I was prepared to spend some money to get a new RC book as well as a new Aadhar card. It involved an expense of 800 for new RC and 200 for new Aadhar.

The tension I was under in the morning got relaxed and I attended to my normal work as usual. At around 2.30 P.M I was looking for a particular file in my rack when a plastic folder caught my eye. I could see some certificate relating to my vehicle inside the folder. I grabbed it eagerly and there found my 2-wheeler Rc book as well as my daughter's Aadhar card.

I was surprised beyond measure that my prayer yielded results after loss of faith in the power of grace to retrieve the certificates. Usually when a prayer is not granted, we cite lack of faith as the reason for the failure of prayer. But here in this instance the prayer was granted after definite loss of faith and a switch over to the power of money. This is intriguing and needs to be explained. Readers may comment on this puzzling phenomenon.

RP'S ANALYSIS: There was initial Faith, but nothing came in response. Rather than further Faith he could not muster, he took to ACTION. When the tension then subsided he evoked the response. Or to put it another way, there was not enough sustained energy of Faith to evoke the desired result; but through willed Action to obtain the missing materials, and the subsiding of anxiety, life responded.

GJ's ANALYSIS: The intensity of your anxiety, impatience and expectation postponed the action of faith. It is like expectation delaying the power of prayer. It is not enough we pray. It is necessary that we withdraw the urges of our mental, vital, physical nature that interfere with the action of Mother's power. Mrs. Bennett's aspiration for the marriage of her daughters was real and powerful, but it could not be fulfilled until her impatience, scheming, reliance on pressure and initiative were withdrawn when they failed to yield results.

A True Devotee

We assume that everyone who claims to be a "devotee" (i.e. aspirant of Sri Aurobindo and the Mother) is a devotee. Obviously there is a difference between being a devotee and claiming to be one. A devotee is one who has faith in Mother.

People who do not work, who do not return the money they borrow, who are inefficient, incapable, unwilling to work cannot pray; and their prayer of wish fulfillment will never be granted. There cannot be a single example of an efficient, hardworking man not getting his prayers answered. - (Karmayogi, paraphrased)

No Title

Tomorrow when you rise
Another day for you to realise ME

...

It's you that decides.
(Run of the Mill by George Harrison)

Suffering and The Divine Victory In Life

Whatever sufferings come on the path, are not too high a price for the victory that has to be won and if they are taken in the right spirit, they become even a means towards the victory.
(Sri Aurobindo)

Our, Life, Divine Wills in Truman Show

We aspire for many things in life, yet we may not know what the Divine is us, our psychic being aspires for. The Divine seeks Himself and reaches us through Life. Perhaps whatever we do, the response from life and the synchronicities from life are the guiding tools that indicates the alignment of our will with the Life's and the Divine's will and also could lead us there if we dare to pursue.

In that context, it is a wonderful quote

"We know about Our will and about the Divine's Will. But do we know about LIFE'S Will reflecting the Divine Will imploring Our will?

- Roy Posner"

and we could get evidence reflecting that in literature, film, our life and so forth.

In the movie "The Truman Show", the Divine's will was to him come out of his own illusory limitations.

Truman's will was to reach her lover, Sylvia.

When that will reaches certain intensity, the life started to respond and came as synchronicities like the falling light, radio frequency mismatch, observing the routine traffic, people and so forth. Life's will was to make him aware of the illusory Reality so that he would seek his True Reality.

And he pursued his dream based on the life's hints, and in that process he overcame his own limitations and manifested all the Will in Reality.

(Senthil Murugan)

First Gathering: 'The Book' Ai Conference

[In this beautiful poem-like exposition of the AI Conference that takes place at the outset of the story in 'The Book', - where the team comes together that we would follow throughout the novel, - Senthil Murugan has revealed their and the conference's cosmic purpose in the greater scheme of things.]

There were conferences, happening all around the world,
Without an impact on the world or the humanity.
And there was one more, on the early January 2000,
Scheduled at Fort Lauderdale city, Florida,
On the subject of Artificial Intelligence and Mathematics,
The world viewed that as one among the many.
Perhaps, that was the one conference, among the very few,
Destined to change and shape the future of humanity.
The conference had attracted all the souls,
Those who perceived that potential subconsciously,
Yet, none had that cosmic vision consciously.

But still, that was the best moment,
In the lives of many like-minded souls,
For them to interact and unite together.
Interestingly, the conference had attracted,
Not only the souls, who were in alignment with the cosmic vision,
But also the adversaries, who would resist such progress.
Perhaps, life was unleashing the best possible moments,
To everyone, according to their state of consciousness,
As to learn and grow in the midst of contradictions.
With a leap of Faith in their heart,
Those who pursued the path,
Are the pioneers of the modern world,
And also the Blessed souls indeed.
In that sense,
The conference was a cosmic instrument,
As that initiated the global movement subtly,
And that would go on for many years,
Till that vision gets manifested.
And 'The Book' would reveal the process,
How that happened in Reality.
(based on 'The Book' by Garry Jacobs)
-by Senthil Murugan

No Title

This is a translation and paraphrase of Karmayogi's short article from a recent edition of "Malarantha Jeeviam" journal. (Senthil Murugan)

"AUTHOR

We observe life up to the point of what is needed by us. We do not care about the things that are not related.

An author observes life in its wholeness. He not only observes, but also ponders. He ponders, reflecting on life, together with human character.

When we reflect on it by relating it to our personal experiences, we are able to perceive the world's laws.

It is an irony that one who could not get 10 votes, contests in elections. When a Prime Minister contests in elections for 40 years, always such person would vie against him.

We observe such happenings, but leave it be afterwards. However an author continues to ponder it. When he perceives something, he observes till he discovers what is true, and then creates a character out of it.

Sri Aurobindo calls Shakespeare a "Seer of life". Shakespeare perceives what a character thinks in the depths of his being through his behaviour, and also what would come in the future. When that is realized, then he becomes an author, and he is able to create eternal literature.

When we perceive in a similar fashion, it is an experience. When we understand a story as well as how the author perceives it, then we are deriving the true essence out of it. It is connecting to that author subconsciously.

When we receive that in life, it is experience. When we perceive that in stories, it is greater experience.

Stories and literature teach us life through pleasant entertainment.

Epics like Ramayana, Mahabharatha and ancient literature continue to exist till now because they still help people."

Integral Values of Average Global Indian

I am Communist without Violence,

I am Congress without Corruption,

I am BJP without Communalism

I am for a Human Centered Political Party

I am in Coalition with-

Humanity - Socialism - Democracy - Freedom - Harmony - Prosperity- Sustainability - Entrepreneurship - Inclusiveness - Growth - Equality - Divinity

I am in Opposition with-

Poverty- Illiteracy- Wars- Injustice-Pollution- Racism- Waterscarsity-Terrorism- Joblessness-Slavery

-S S Sreejith., CEO, GIIMS.

An Average Global Indian

No Title

CADMUS JOURNAL - Latest Edition

Volume 4 Issue 1, October 2019

Humanity is approaching a watershed. The challenges confronting the world today cannot be effectively addressed by incremental changes in existing institutions and policies. Neither the speed of change nor the magnitude is sufficient to keep pace with the rapidity of technological developments and social evolution. An effective response requires a fundamental change in our values, conceptual framework, ways of thinking and relating to one another and the world we live in—a change of consciousness.

The articles included in this issue reinforce the need for a paradigm change in the fields of economics, governance, education, global security, and climate change.

The normal tendency of the human mind is to see these challenges as separate from each other, treating each problem as if it had its own independent reality that could be addressed in isolation from the rest. We are now compelled to accept that all aspects of social reality are one and inextricably integrated with one another. The only viable solution is to replace piecemeal reductionist ways of thinking and acting with comprehensive, transdisciplinary perspectives and initiatives that engage and embrace all sectors, stakeholders and levels of society.

The leadership needed is that which will unleash a global social movement which expresses the growing awareness and rising aspirations of humanity as a whole.

The knowledge needed is a knowledge of the process of transforming the long, slow, zigzag course of natural evolution into a more conscious, swift and direct process of social transformation.

The recent emergence of youth activism to address the climate challenge is an unprecedented sign of the awakening of a unifying global consciousness rich with promising seeds for a better future.

These seeds need to be honored and consciously nurtured until they blossom with new possibilities.

<http://cadmusjournal.org>

The Shifting Lines of Social Evolution

By Garry Jacobs (for Cadmus Journal)

FROM: Isolated, smaller, autonomous, culturally homogeneous communities

TO: Larger, heterogeneous, multicultural nation-states giving rise to an increasingly interconnected and interdependent global community
 FROM: Settlement of disputes by use of violent physical force
 TO: Negotiated peace and global rule of law
 FROM: Governance by arbitrary authority
 TO: Freedom, self-governance and self-determination
 FROM: Power based on military might
 TO: Power based on economy, science and technology
 FROM: Development of natural resources
 TO: Development of social capital and the capabilities of each human being
 FROM: Value of financial capital
 TO: Value and centrality of human capital
 FROM: Physical security and wealth generation
 TO: Wellbeing, equality and individuality
 FROM: Rights and power accorded exclusively or disproportionately to the elite
 TO: Universal human rights and more equitable distribution of all forms of social power
 FROM: Cultural homogeneity
 TO: Multiculturalism
 FROM: Development of the social collective
 TO: Development of capacities of each individual

No Title

... Nor let worldly prudence whisper too closely in thy ear; for it is the Hour of the Unexpected.
 (Sri Aurobindo)

'The Book' – MAIS

[Here Senthil Murugan describes in poetry-like fashion how we can learn from our mistakes, uplift our business and personal values to something higher, opening the door to true success and greatness. Garry Jacobs' novel of 'The Book' provides the context of events in which the MAIS company follows this Higher Consciousness movement. -RP]

It was their [MAI partners] mission in life,
 To devote themselves in the field of Artificial Intelligence,
 As to create products that would evolve human mankind,
 And they had chosen a product to start with - MAIS,
 As to help people with investing decision in stock markets,
 An artificial intelligence software,
 Not merely based on past statistical results,
 Rather based on fundamental economic principles.
 They all quit their current job,
 Invested all their hard-earned savings,
 Also arranged loans through other sources,
 And ventured into their new quest,
 By establishing their own company - MAI.
 Their mission and dream was correct,
 Yet, the field they had chosen was not,
 Not because their theory was incorrect,

Rather because, they were not equipped enough,
To prevail against the forces of falsehood,
That dominates the entire stock market.
The life hinted that aspect at the very outset,
By the sudden crash in the global stock market,
Which shrank their funds considerably,
Perhaps, it was too difficult for them to perceive,
The subtle causalities of life at that early stage.
And so, they persisted on.
After an ardent effort for a period of time,
They had made their first dream product,
And that prototype version appeared to be a huge success.
However, that success had not lasted long,
And the message of life, struck them hard,
By an official warning through SEC,
As their software had manipulated the market,
And that resulted in market disturbance.
Though, they had not believed such conspiracy,
After investigating it deeply, they came to know,
It might be a possibility indeed,
That their prototype testing could have caused the chaos,
How harder they tried afterwards,
Neither could they find the reason nor how to solve it.
Indeed they had created a product,
In diametric opposite to their vision.
As to honor their aim and ideal,
A painful decision was made at last,
As to abandon their first dream product.
And that was the story of MAIS.
When our destined path is different,
Though, we are usually not aware of it,
Life continues to observe,
And would create obstacles along the way,
At the right, intense moments,
As a means not to punish us,
Rather to awaken us,
And to align us back in the right path.
MAIS - A failure and blow from life,
Perhaps, it had to be that way for a greater purpose,
In that sense, it was not a failure indeed,
And they perceived that truth themselves, years later.
Also, it was a subtle message from life,
Mere mental power alone would not be enough,
To resist against the forces of darkness and falsehood.
What else the power that could assist them with,
To manifest their mission and dream,
'The Book' alone would reveal...

The Mountain

- The mountain is the symbol of the embodied consciousness based upon earth but rising up towards the Divine.
- The mountain always represents the ascending hill of existence with the Divine to be reached on the summits. (Sri Aurobindo).

Secular India That Is Spiritual

Beauty of India is in its Secularism. Modern India is a secular state. We don't need to follow our failed neighbours or any others for that matter.

Humanity, Secularism, Independence, an Attitude for Global Peace & Unity, Prosperity and Harmony should be the Values of Modern India.

Being Secular is more Spiritual than being Religious; being Global is more blissful than being Patriotic.

Modern India should be proud for its Spiritual contributions than anything else. Spirit does not come under any religion. Modern India should welcome all to follow spirituality including Hindus.

Let the Spirituality, Joy and Bliss rule the world. Let the Divinity lead the people all over. Let us all understand the Glory of Universal Oneness and the magnanimity of underlying Spirit in action!

by S S Sreejith (2014)

Spiritual Sincerity

Sincerity [in our devotion to the Divine] and Truthfulness [in thought, speech, and action] are the most powerful Values for a Divine Life; to bring Divinity into daily life. Yoga, pooja, asana are secondary methods compared with Sincere Prayer, Truthful Surrender, and All-inclusive Consecration to The Divine. (S S Sreejith)

Challenges & Benefits on The Way To Global Unity

Humanity has evolved from the family and local community over millennia through several stages to finally create the present fractured and unstable global community of nearly 200 nation-states, some of which are barely a few decades old.

But already there are signs that the process of social evolution will continue until it eventually results in some form of a unified world community.

The major challenges confronting humanity today all result from the inadequacy of a diverse community of sovereign nations competing with one another for power and advantage and their inability or unwillingness to act effectively and concertedly to address the problems of our collective existence. Recurring war and violence, persistent poverty, financial instability, widening inequality, ecological destruction and climate change are some of the salient features which compel us to conclude that the continued evolution is both necessary and inevitable.

The material and social benefits of global unity will be immense in terms of greater and more equal access to knowledge, power and wealth, but they will bring with them a new set of challenges to ensure that peace and security are not achieved at the expense of freedom, cultural diversity and the fullest development of individuality.

(Ashok Natarajan, for Cadmus Journal)

From Nation State to World State

Creation of global government is a further step in social transformation.

Social existence began at the physical level and only much later moved to the mental level.

At some stage the concept of society emerged, a landmark in human thought.

When people realized the importance of others for their own security, they formed social groupings instead of attempting to destroy others.

As a first result, people began to live in collective settlements. Farming that provided food for the whole society became possible with the beginning of sedentary collective life. People lost their antagonism towards others who lived in the same settlement and reserved their hostility for those outside the community.

What began as the local community later evolved into the present day Nation-State. Competition between communities evolved into competition between nations.

The next evolutionary step is for the nation-state to evolve into the future world state, in which there will be no 'other' who is perceived as a foreign threat. (Ashok Natarajan)

Federal Government & Central Bank For EU

The EU was patterned after the US and as such it marked a considerable progress in European affairs. However, her failure to establish a political union with a federal government and independent central bank has prevented the Euro from acquiring full effectiveness. (Ashok Natarajan)

Admirable Qualities for Devotees That Attract the Very Best Conditions, Avoiding Negative Ones

- to speak the truth at all costs.
 - to speak in the lowest volume voice another can hear
 - to Consecrate
 - to not have any part of the house be disorderly
 - to have dirty clothes washed every day
 - Not to react to another
 - Not to Interrupt another's speech
 - Not to slam the door or drop things making noise
 - Not to be impatient
 - Not to be irrational
 - Not to forget one's duty
 - Not to forget Mother
- (paraphrase of Karmayogi)

Climate Crisis and Global Society

The world's people face "untold suffering due to the climate crisis" unless there are major transformations to global society, according to a stark warning from more than 11,000 scientists.

"We declare clearly and unequivocally that planet Earth is facing a climate emergency," it states. "To secure a sustainable future, we must change how we live. [This] entails major transformations in the ways our global society functions and interacts with natural ecosystems."

(The Guardian)

'Conscious Capitalism': Redirecting Investment from Speculation to Job-Creation

The movement to promote sustainable and ethical investments is already attracting large numbers of wealthy investors managing hundreds of billions of dollars.

WAAS is collaborating with the United Nations Office for Partnerships in New York to attract serious players to this movement and educate the public regarding its immense potential for

reorienting global financial markets from speculation to job-creating investments in the real economy.

Redirecting investments from speculative to productive investments on a global scale will be difficult. A first viable and powerful step to mobilize the support of those who are already convinced of the need for radical change to lend the full social power they possess for change. Alongside these, there are initiatives such as the one proposed by WAAS Trustee Stefan Brunnhuber to create a special cryptocurrency specifically designed for investments in the SDGs.

(Garry Jacobs for Cadmus Journal)

Youthful Pioneers of Social Change

Already there are initiatives underway with the potential to break through the inertia and unleash a social movement with the potential to multiply and spread rapidly from place to place, field to field as a reverse domino effect of constructive initiatives. For example-

Ever since Malala Yousafzai won the Nobel Prize for her courageous efforts to promote the education of the girl child, examples of activist youth leaders keep multiplying in different fields and parts of the world.

Emma González, the 19-year-old American advocate of gun control; Timoci Naulusala, the 12-year-old Fijian whose opening speech at COP23 in Bonn captivated world leaders at the UN's high level annual conference on climate change; 11 year old Ridhima Pandey from India; and Greta Thunberg, the 11-year-old Swedish climate activist are examples of a new breed which is breeding lots of young offspring quickly.

These combined with social movements such as Protect our Planet (POP), founded by former IPCC Chairman and WAAS Trustee Rajendra Pachauri, represent a potentially powerful new social force which both political and business leaders can ignore only at great risk.

So far, these movements tend to be fragmented geographically and by the causes they espouse, but if organized and their activities coordinated, they could become a powerful force for change, as the college campus protestors in USA, Europe and other nations became during the 1960s.

(Garry Jacobs for Cadmus Journal)

Rapid Social Progress Follows Uncertainty

We tend to overlook the fact that periods of high uncertainty [as we are experiencing in the extreme now] are often followed by new openings that lead to periods of rapid social progress. Indeed, it appears that maximum uncertainty is often followed by maximum social advancement. (Garry Jacobs for Cadmus Journal)

OVERCOMING THE RESISTANCE OF THE FORCES IN SOCIETY THAT BLOCK CHANGE

The problems confronting humanity today will not simply vanish because viable solutions exist with the potential to eradicate them. There are entrenched vested interests and powers that benefit from the present dispensation and are either ignorant or skeptical of the greater opportunities for all that would arise from concerted global action.

But obstinate resistance to progress has always plagued and retarded human advancement. With the greater knowledge, higher levels of education and more powerful means for communication now available, humanity is better poised than ever before to overcome the obstacles.

(Garry Jacobs, Cadmus Journal)

Turning Old-Model Instructors into Facilitators Of Person-Centered Education

To Sreejith's important question on of how to change old models of teaching when trying to usher in person-centered education, I would suggest:

-Create an education tune-up mini-course on Person-centered education for current faculty, especially instructors, with intense group discussions and break out teams.

--(of course) Make educational courses people-centered with deep level of granularity of application.

-Reward teachers, instructors who demonstrate high levels of person-centered approach in their courses. (end of class surveys can help facilitate this)

-In future, hire faculty who have disposition that would lend itself more readily to people-centered.

I have been an instructor for over 30 years.☺ -Roy Posner

Cause of Suffering and Unhappiness

The majority of human beings want other human beings to behave according to their own expectations, and life circumstances to follow their own desires, hence they suffer and are unhappy. (The Mother, Agenda, February 5, 1972)

The Luminous Force Within

In the depths of our being, in the silence of contemplation, a luminous force permeates our consciousness with a vast and luminous peace which prevails over all petty reactions and prepares us for union with the Divine, the meaning of individual existence.

(The Mother, Agenda, February 7, 1972)

The Mother and Works

"... a time will come when you will feel more and more that you are the instrument and not the worker.

For first by the force of your devotion your contact with the Divine Mother will become so intimate that at all times you will have only to concentrate and to put everything into her hands to have her present guidance, her direct command or impulse, the sure indication of the thing to be done and the way to do it and the result.

And afterwards you will realise that the divine Shakti not only inspires and guides, but initiates and carries out your works; all your movements are originated by her, all your powers are hers, mind, life and body are conscious and joyful instruments of her action, means for her play, moulds for her manifestation in the physical universe.

There can be no more happy condition than this union and dependence; for this step carries you back beyond the border-line from the life of stress and suffering in the ignorance into the truth of your spiritual being, into its deep peace and its intense Ananda."

(Sri Aurobindo, from 'The Mother')

[What follows are philosophical and poetic musings by Senthil Murugan into Garry Jacobs' epic, mystic novel 'The Book'. The focus is on the Divine Intent behind all events in the story, ... hence in Life itself.]

The Book - The Origin

by Senthil Murugan

The world has witnessed many,
Revolutionary events and evolutionary moments,
The historians continue to analyze them till date,
As what had initiated all those events,
As such, there are multiple theories in existence.
All those theories are not wrong;
All those theories are not right either,
And they explain the happenings only on the surface,
Rather not the integral causality behind.

As such all are partial and limited truths,
 Because we have forgotten the origin,
 Perhaps we are not even aware of the origin.
 The cosmic determinants continue to precipitate,
 At the right time and space,
 In the form of events that would change the course of history.
 Also at times,
 As to attract such cosmic events,
 There are noble souls, who do their part,
 Out of genuine goodwill and self-giving,
 For the benefit and betterment of mankind.
 There was a revolutionary event,
 Followed by evolutionary growth,
 And it occurred out of sudden, when none had imagined.
 Even it happened, thirty years after,
 No theory in place that would explain in wholeness,
 It was the destruction of Berlin wall, in 1989,
 It was the end of Cold War that followed,
 And its origin, started way back in 1956.
 It's all started with the Divine Intent,
 The Mother who had brought the Supramental Descent,
 And that initiated the subtle global movement,
 The Force gained momentum across the years,
 And it precipitated in destructing the wall,
 As a response for the subtle initiative that was taken.
 The world has not perceived till date,
 Neither the initiative nor that Force.
 And the humanity continues to be benefited by it,
 By the aftermath progress, the events had brought.
 'The Book' – It's not only the product of that Force,
 But also Its Instrument indeed,
 And The Book has surfaced this time with an evolutionary mission,
 As to bring abundant prosperity, in the accelerated path,
 Infinite progress, yet without any side-effects.
 As such The Book contains, all we need in essence,
 In terms of Knowledge, the Process and the Power to manifest.
 The Book has explained all that possibility in detail,
 By illustrating through a story,
 As how a company – MAI,
 Which started off with a humble beginning,
 Accomplished Infinite success at the end,
 By utilizing the knowledge of "The Book" in The Book.
 And it's accomplishment, not for the personal profit,
 Rather for the sake of humanity's benefit.
 As we go through The Book,
 Not only would we witness the achievement of MAI,
 But also identify with that Force, subconsciously.

The Force and The Book are awaiting our earnest call,
To the measure we are receptive to Them,
The miracles would be a commonplace in our life.
(based on "The Book" by Garry Jacobs)

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Visit 'The Book' Facebook group:

<https://www.facebook.com/groups/140220262753364/>

No Title

Life is a Universal Force that acts in alignment with the cosmic Reality and the individual Soul's Aspiration. Life thus responds, touches, teases us in order to awaken our being. (Senthil Murugan)

No Title

All substance of being in space is a flowing sea, undivided in itself, but only divided by the observing consciousness (Sri Aurobindo)

On Why Americans Accumulate Vast Sums Through Individuality, But Not Share It Fairly

Karmayogi has written something like the following: (not exact translation, just paraphrased)

"...Americans have developed the country once it was just forest. There was no one to help them at that time. They have to believe themselves to survive. They have to make things their own and also need to protect it from others. Their hard work and carefulness gave them individuality (which is based on freedom, as not to depend on others but only themselves). Hence, they became true individuals in physical level. Based on that many Americans has earned millions/billions of dollars..."

So I think the individuality and protect themselves is still in their belief/culture and so the goal for rich man continues to be become even richer. They have not seen the need to become universalized. How that would happen? perhaps by Nature's slow and difficult way, or through an inspiring Leader, or through subtle efforts of MSS.

[RP: One way it can come about: Through higher, universal values like Fairness and Harmony of purpose.]

(Senthil Murugan)

A Problem Neglected, Festers, And Spreads to Those Avoiding The Issue

When you let a problem fester it spreads. The US ignored the poverty of blacks, immigrants, and rural Americans, and so it has spread to the middle class, who have little or no excess funds. Same with drugs. When the majority of Americans ignored inner city drug problems, it spread through the middle class as the devastating Opioid epidemic. Most in that category are white who have suffered through job loss or degradation and the family intensities that ensued.

These circumstance beg to ask the question: what have we left to fester - whether in our personal lives or in our work or in the world around us.

No Title

Trump is negatively bringing out many of the unresolved issues in the world.

No Title

India can be a great counterbalance to China, and over time help democratize her.

No Title

One day soon we may see an EU-like Union arise among the nation of Asia.

Our Attitudes That Will Best Serve Future Generations

We pass on our limitations, our fears, our prejudices to the next generation. Instead we should aspire for the best for them. More importantly we should give them the maximum freedom to become who they want to become. Most importantly we should raise our own consciousness to the highest levels so that it creates the greatest opening for positive future outcomes for those who follow.

No Title

Though we hardly see it, things are astonishingly interconnected. In Supermind we see these connections continuously.

What the United Nations Breakthrough Conception - "SDG" - Is

The Sustainable Development Goals (SDG) are a collection of 17 global goals designed to be a "blueprint to achieve a better and more sustainable future for all". The SDGs, set in 2015 by the United Nations General Assembly and intended to be achieved by the year 2030, are part of UN Resolution 70/1, the 2030 Agenda.

The Sustainable Development Goals are:

- No Poverty
- Zero Hunger
- Good Health and Well-being
- Quality Education
- Gender Equality
- Clean Water and Sanitation
- Affordable and Clean Energy
- Decent Work and Economic Growth
- Industry, Innovation, and Infrastructure
- Reducing Inequality
- Sustainable Cities and Communities
- Responsible Consumption and Production
- Climate Action
- Life Below Water
- Life On Land
- Peace, Justice, and Strong Institutions
- Partnerships for the Goals

Wikipedia:

https://en.m.wikipedia.org/wiki/Sustainable_Development_Goals

UN - World Academy Partnership on Accomplishing United Nation's New SDGS Via Enhancement of Global Leadership

Published on Dec 3, 2019

The UN - WAAS initiative consists of a multi-stakeholder, multi-sectoral project highlighting innovative strategies and effective principles to accelerate the emergence of dynamic leadership for successful implementation of the Sustainable Development Goals (SDGs). The project involves consultations with UN organizations, member states, business, scientific research and educational institutions, the arts, civil society and youth organizations. A two-

day conference will be held at the UN in Geneva on October 27-28, 2020 followed by a report to the UN on educational and outreach strategies.

No Title

"We are chased by a self we cannot now recall
And moved by a spirit we must still become."
Sri Aurobindo, Savitri

On Money Circulation & Power

(by The Mother)

"Money is the visible sign of a universal force, and this force in its manifestation on earth works on the vital and physical planes and is indispensable to the fullness of the outer life. In its origin and its true action it belongs to the Divine. But like other powers of the Divine it is delegated here and in the ignorance of the lower Nature can be usurped for the uses of the ego or held by Asuric influences and perverted to their purpose." (Sri Aurobindo)

—How does money manifest on other planes?

What other planes? He speaks of the vital and physical, doesn't he?... that it is a force which manifests on the vital plane and the physical plane. The vital forces have a very great influence over money.

(After a silence) You see, when one thinks of money, one thinks of bank-notes or coins or some kind of wealth, some precious things. But this is only the physical expression of a force which may be handled by the vital and which, when possessed and controlled, almost automatically brings along these more material expressions of money. And that is a kind of power.

(Silence) It is a power of attracting certain very material vibrations, which has a capacity for utilisation that increases its strength — which is like the action of physical exercise, you see — it increases its strength through utilisation.

For example, if you have a control over this force — it is a force which, in the vital world, has a colour varying between red, a dark, extremely strong red and a deep gold that's neither bright nor very pale. Well, this force — when it is made to move, to circulate, its strength increases. It is not something one can accumulate and keep without using. It is a force which must always be circulated. For example, people who are misers and accumulate all the money, all the wealth they can attract towards themselves, put this force aside without using its power of movement; and either it escapes or it lies benumbed and loses its strength.

The true method of being in the stream of this money-power is precisely what is written here: a sense of absolute impersonality, the feeling that it is not something you possess or which belongs to you, but that it is a force you can handle and direct where it ought to go in order to do the most useful work. And by these movements, by this constant action, the power increases — the power of attraction, a certain power of organisation also. That is to say, even somebody who has no physical means, who is not in those material circumstances where he could materially handle money, if he is in possession of this force, he can make it act, make it circulate, and if ever he finds it necessary, receives from it as much power as he needs without there being externally any sign or any reason why the money should come to him. He may be in conditions which are absolutely the very opposite of those of usual wealth, and yet can handle this force and always have at his disposal all the wealth that's necessary to carry on his work.

Therefore, it was like this, you see: this letter was written to someone who wanted to go out from here to collect money for Sri Aurobindo's work, and this person had no means at all. So he began by saying to Sri Aurobindo, "But as I myself have no means, people will have no trust in me, and I won't be able to get anything." And Sri Aurobindo answered him something like this, that it is not the external force in its most material form which is necessary, it is the handling of the inner force which gives one control over money wherever it is: whether it is in public institutions or with individuals, one obtains control over it and one can, when it is necessary, attract by a certain movement what is needed.

(The Mother, from Agenda, 28 July 1954)

-thanks to Senthil

The Mother Comments on The Roots of Christmas

Good morning! It's the festival of Light: Christmas is the festival of the return of the Light – it's much older than Christianity! – when the days were beginning to grow longer (Mother laughs).

(Mother laughs) Merry Christmas, mon petit!

Merry Christmas to you too.

The festival of Light....

(The Mother, from Agenda, December 25th, 1971)

Ultimate Means of Manifesting The Infinite In Life

"...One who has the complete knowledge, one who knows the complete process of creation, has the power to manifest the Infinite in life. And when that power manifests, it does not take time. It generates results instantaneously. The aspiration, the decision, the action and the result are simultaneous and fully integrated with one another..." (The Book, by Garry Jacobs, page 687)

Garry Jacobs adds to his own statement above:

"One can apply the process of creation in practical day to day life by Constant Remembrance of the infinite spirit of Mother that is always present and Instantaneous Consecration of each action and event at the moment it occurs. This discipline can reveal the Infinite in Life."

On the True Meaning, Essence, and (Spiritual) Power Of "Organization"

WHAT ORGANIZATION IS

-Organizations is the process and result of bringing things, linking things together that formally were divided, independent.

-Examples of Organization are the family, the community, the nation, the company, etc.

-Organization is the connecting of things on the surface, that are actually One in the depth; i.e. from the spiritual perspective.

-Organization is to give form to the Oneness of things.

-Overcoming the divisions of life is Organization.

-We Organize our lives by relating to one another.

-Organization is to rediscover the Oneness in life.

ORGANIZATION AND SPIRITUAL POWER

-Karmayogi has said that the Mother is an "institution"; essentially an organization. (Eg She is linked to us wherever we are; She is devoid of all separateness. She is anywhere and everywhere; She can bring to us whatever we want at every moment.)

-Mother contains the supramental Force.

-Supermind is the ultimate form of Organization; everything there is linked, known, empowered to instantly manifest in life.

-The Supramental is everywhere, acting at every moment.

-When we call Mother we are linking ourselves to that Supramental power and organization that is always at our disposal.

(thanks to Garry Jacobs)

Mother; The Supramental Organization

- Spirit is an organization in the depths of our being that knows what our Soul is looking for.
 - Organization is not the opposite of Spirit, but is the way Spirit is expressing in the world.
 - Mother, aka the Supramental organization of Life is an organization that can respond at any moment to the highest aspiration, and change any rule and any law.
 - Supermind is the plane; the Organization that evolved a universe of forms out of a Divine Reality.
 - Mother, the Supramental is a power of creation. beyond the creation, acting in the creation, upholding the creation, gradually evolving the creation.
 - It can change anything at any moment. And that's what we call Grace.
 - Grace is an action from out of a Supramental Organization.
 - Grace acts when we give an opening for it to move.
 - We are members of the supramental organization of the universe.
 - We are also part of a lower organization called "Life." It is something that is perpetual; that seems like we can never leave. We can't get out of it; we are subject to its rules and laws.
 - We therefore want to shift from the organization that is Life to Mother, the Supramental Organization, where Grace, infinite Progress, and Transformation is never-ending.
- (paraphrase of Garry Jacobs)

No Title

Difficulties we encounter in life provide us with opportunities to extend the boundaries of our Faith.

Organization of Corporate Consciousness In 'The Book'

- Dan discovered the following in the BOOK which is a paraphrase of Sri Aurobindo's statements: "Life evolves by Consciousness. Consciousness evolves by greater Organization."
- As they each went through issues, difficulties, the team members of MAI were becoming more conscious; more aware of their limiting attitudes, opinions, beliefs. They were also becoming conscious of the response of life to this raising of consciousness.
- Thus, they were further Organizing their consciousness. They were creating links in their level of inner awareness.
- Dan was aware of the power of elevating his own consciousness. But how could the consciousness of the entire company be raised; and thereby attract a further level of positive conditions?
- He understood that each individual is fully absorbed in their own issues, but how can they be joined so that the consciousness of the entire company, as a whole is raised?
- For one we see that though they are cooperative and friendly, they have not harmonized their view of things. Their ideas are not harmonized and together for a common purpose.
- That's why the program for the space station was so important; because it addressed the issue of Harmony. But how to shift it inward from themselves to a wider sphere of the entire company, organization?
- After all, they each brought strengths to the team, but now that the company was rapidly expanding, how could they apply a greater harmony and purpose to this wider sphere? In fact, when the work expanded further, they increasingly ran into trouble. (Eg at one critical point they discovered that they were about to run out of money.)
- It would be helpful to know what a company is relative to the individual.
- Companies are the external expression of our - the founders', leaders', managers' - consciousness; both positive and negative. In other words, companies are expression of our values. The organizations express these values.
- To develop the positive aspects alone and to hold back the negatives is to further the organization of the company.

-Eg acting out of silence, humility, self-givingness, et al, that can express through the operation of the company, as extension of the values of the leaders.

-Values then are the inner principals that link purposefulness together in an organization, such as a company. They energize the organization in the extreme, and are the great means of success, profitability.

-Thus, the inner consciousness of individuals need to express in the outer organization for the company - or for that matter any other level of organization like the society and the world - to progress. It occurs through higher attitudes and values.

(thanks to Garry Jacobs)