

SPIRITUAL LIFE



**INSIGHTS ON
PERSONAL & SPIRITUAL GROWTH,
EVOLUTION, TRANSFORMATION**

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THE MOTHER, SRI AUROBINDO**

BASED ON THE FACEBOOK GROUP

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**Insights on Personal & Spiritual Growth,
Evolution, Transformation**

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Karmayogi, The Mother, Sri Aurobindo**

Categorized by Topic

Based on the Facebook Group

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Accept the Givens

Untitled

When one has a desire to be elsewhere and neglects the current work, then if one changes one's consciousness - taking up the tasks at hand - it ordinarily brings an immediate positive response from Life.

Untitled

When you do the necessary thing, instead of avoiding it, life quickly cooperates with your effort.

Untitled

Acceptance, willingness allows for possibilities; while engaging in their opposite cuts off potentials of life.

Untitled

Unwillingness changing to willingness attracts the diminishing of the problem that caused the unwillingness in the first place. (This is a very common experience of mine!)

Eg I am offered a project. It seems to me to difficult, so I don't want to do it. Then I have a change of heart and agree to do it. I then find out that the problem regarding the project was much less than I imagined. Life responded to my shift in attitude.

Right Response to the Negative that Lift's One to the Heights

You can do everything right in the world, and yet unexpected negative karmas can come one's way. Therefore, it is how you RESPOND to them that can make all the difference in the world - to a career, to an organization, to a movement, etc.

Often it is simply to realize that the negative serves a Purpose in the unfolding; provides the necessary energy and opposition that when overcome lifts one to where one wanted to go; or, as is often the case, to levels of success undreamed of.

Untitled

As a devotee, it's not what we want, but what She offers, - whether as materially real or as opportunity, - that should be embraced, undertaken.

Untitled

Willingness to move outside our Comfort Zone is often key to great accomplishment in life.

Untitled

The Mother says that whatever comes to you in life, - no matter how difficult or challenging, - you have the capacity to realize.

Will Life Always Smile Back at Us If We Remain Happy?

Q: Mother says if we smile at life, life will always smile back at us. But I have seen many instances, even calamitous ones, where I was happy, yet very negative things happened in the world. (paraphrased)

A: -We are complex beings. We may smile on life superficially, or for a brief moment related to something that satisfies us in the short term, but we still can be burdened with many negative qualities thoughts, attitudes, beliefs, etc. The subconscious is filled with these, and the universe is aware of them, and aligns negatively to them; and we with the universe.

-Karmas may have been created earlier, in the past, that are presenting negative now even though we may be momentarily happy.

-Great social forces evokes the earth moving; often due to extreme conflict in those or neighboring vicinities. As we have seen in huge calamities in extremely conflicting areas like Afghanistan, Pakistan, Iran, Haiti, and elsewhere around the world over the last 40 years. This is normally beyond our capacity to halt, unless we have gained great yogic power, and have the will to do so.

-We are affected by the social life and universal forces that are beyond our control or consciousness. We are not Universal Beings yet; only beginning to be so. As we evolve, we have more control of the outer.

-But maybe what Mother really means in her quote is that if we can ACCEPT all that life brings, - whether positive or negative, - then good fortune will be our never-ending experience. That we generate a higher vibration when we accept anything negative as a positive, an opportunity, something of great potential in disguise, which in turn comes back to us as good fortune.

So smiling at life is more than being happy and positive, but accepting the darkness as part of the unfolding in the Reality. After all, the Divine sees beyond the positive and negative, into the intrinsic Truth of things, and so can we. It's just a matter of developing a more inclusive perspective, of embracing the negative as part of the unfolding and progress of the whole.

When we accept the ALL, then life smiles on us with good fortune - as peace, as harmony, as truth, as light, as joy, as infinity, etc.

Fully Embracing Current Problematic Work or Job Attracts

Over the years we have witnessed people yearning for a different work or job. However, spurred on by Karmayogi's dictum, through his associates, when that person dedicated themselves more fully to the current (apparently problematic) work or job, good things quickly started happening; whether in that work or job area, or in another as (e.g.) a new opportunity.

"Embracing the Givens of Life" is thus a great way to evoke the miraculous.

I have seen this wondrous dynamic countless times in my own life.

PS: From a higher perspective the Divine aspires for you to grow as a person and evolve through the work/job before you. That's why it has come; for you to make a progress.

Here are some true-life examples on this dynamic as well as closely-related matters:

<https://1drv.ms/b/s!AjayTOYvR8hzgZY1TM2FGHZ8j2TuLw?e=Qg66Xx>

What is Given Is Best for Our Progress

“To be free from all preference and receive joyfully whatever comes from the Divine Will is not possible at first for any human being. What one should have at first is the constant idea that what the Divine wills is always for the best even when the mind does not see how it is so, ... “ (Sri Aurobindo)

(in response) And what he says here, the way things are organized to make you advance fast and give you the maximum, the optimum condition of progress – that’s marvelous. (Mother, from Agenda, June 17, 1970)

Untitled

All that comes to us serves to help us grow.

Untitled

Accept the seemingly difficult conditions coming from Life; offering it to Mother. She will then make it much more manageable.

The more we accept Life as it is, Without Reacting in fear and anguish to its exigencies, challenges, and difficulties, the more life will cooperate with us, the more we will grow as individuals, and the more we will aid in the world's progress.

Untitled

When you stop thinking about things that are occurring in the world, life in the days ahead seems to bring about just what was necessary.

Untitled

Some of us are constantly trying to control the world. We need to relax and let go.

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Action Vs Non Action

Untitled

In the case of a serious problem, knowing when to engage in action and when to be utterly still is to have supramental sense.

Untitled

There is the right time and the wrong time to engage in an activity. As we develop in consciousness, as we move further along the Path, we increasingly develop the Subtle Sense that continuously knows when to act vs when to cease action or even forget the matter.

Equanimity that Enabled Negative People to Move Away

Early last year, through utilization of Non-reaction and Consecration power, I was able to cause all the negative people around me to move away; replaced with very pleasant individuals. Hardly a word passed my lips, or any outer action taken to attract these fortuitous circumstance.

Untitled

Every situation carefully observed subtly suggests several courses of action ... or inaction.

The Mother's Extraordinary Experience of Spontaneously Acting Without Intention

In September 30, 1967 Agenda the Mother speaks of an extraordinary state of a future way life unfolds. Instead of in any moment there being a cause and then an effect, there is just effect; a right result. I.e. the Individual simply does the right thing, which is then followed by the right thing which is successful, and so on; all without intention.

Instead of saying I must do this and then doing it, one just does it. And then one simply does the next required thing. In other words, a spontaneous unfolding of consecutive right actions without thought or intention..

There is no will, there is just the doing of the exact right thing. And others around one are also just doing in the same way. And what one and others are doing are always the right thing, done perfectly.

It is an ultimate, supramental efficiency of right action, without intent or cause, but just an ACTION, a doing, a becoming of consecutive actions that are all aligned; without intent or thought. It is just doing, and others just doing - all exactly right; just happening as if by itself, on its own. And we just spontaneously partake in the unfolding.

Untitled

The Supramental Action is the Divine power that unfolds on multiple fronts simultaneously and integrally to uplift life.

Untitled

To act is to have faith in the necessity of the action. OBJTo not act (non-initiative) is to have Faith in something Higher.

Untitled

We have to act, but our faith should not be in the action, but in the Higher consciousness, Mother, that is trying to express through the action.

Untitled

Constantly do the Right Thing. Life will lift you up.

Acts, Complete Act

"Wisdom" of Unconscious Acts

From within we can perceive the Wisdom in the unconscious acts of nature. (paraphrase of Savitri)

Eg if someone unconsciously blurts out the truth of a matter, not understanding its implication, it serves a greater progress. From a deeper poise, we can come to see the purpose of such unconscious movements, as it serves the unfolding of the positive.

Consecration Contains "The Complete Act"

Based on the teachings of Sri Aurobindo and his view of the process of creation, Karmayogi has conceived of "The Complete Act." It is the combination of certain factors executed consecutively in a process that all but guarantees perfect execution and outcome, including an often startling, unexpected positive response from life.

The Complete Act begins with the conception of what one wants to achieve, followed by one's supporting will and emotions for it to be carried out, out, followed by the physical execution of the act, supported by right attitudes and skills, leading to an outcome that is perfect; even unprecedentedly so.

One can follow this process for any major activity, like a project, or even the smallest act, such as brushing one's teeth. It is as microcosm of and similar to the process that enabled the universe to emerge from a Divine source.

Consecration is the opening to the Supramental Power that has descended into the earth's atmosphere, that engages in and fulfills all stages of The Complete Act process in a single spiritual gesture, returning immediate unprecedented, infinitely creative results.

Consecration is the spiritual method of opening to the Supramental power, aspiring for a great outcome, yet indicating "Thy Will Be Done;" where the Spirit's Will of the outcome is paramount, not our own will, which can limit the result.

Complete Act Enabling Perfect Outcomes

Sri Karmayogi has devised 'The Complete Act,' which results in perfect outcomes, including startling Life Response results. It consists of:

- Mental Vision of the activity to be accomplished.
- Vital Will for it to be done.
- Physical Effort to execute it, through right strategies, attitudes, and skills.
- All topped by offering each stage to the Divine, the Mother.

Perfection, and the Infinite breaking out from the current finite are the result.

Untitled

When you don't learn from the ignorance and falsehood of previous times, it not only repeats, but gets exacerbated in the extreme.

Process to Improve Our Lives

When we consciously aspire to improve our life condition, the idea or goal begins in the Mind, it gathers energy and will for its execution in the Vital, and manifests as real in the Physical.

This is both the Process of Creation (to bring about a major thing, goal in life), and "the Complete Act" (normally associated with manifesting a small thing perfectly.)

Untitled

Most acts we engage in are done for the sake of the Ego. However, by Consecrating it, it is done for the sake of the Divine, for our highest nature, our Soul, which is the Spirit in us.

Untitled

Do the right thing at any moment, and Life will take care of the rest.

Comment: -Eg Lorenzo tried to do the right thing throughout 'Medici the Magnificent'

-Dan tried to do the right thing throughout 'The Book'

-Darcy did the right thing when learning of the elopement in 'Pride and Prejudice'

-Jean Valjean did the right thing by going to the trial where a man was falsely being accused of being Jean Valjean in 'Les Miserables'

Untitled

The Process of Creation and the Complete Act are essentially the same.

Comment: The business, the organization, the society, the universe, all have processes by which they come about and expand.

All those processes are somewhat similar.

At the tiniest (micro) level there is the act. It too has a process, of being created, of a successful outcome. And its process is also similar to all the other ones above, at the wider macro levels.

The processes of creation of each type though similar are each complex. The simplest way to explain the process in general terms is as follows-

- there is a vision of a possibility
- there is an intention for it to come about
- there is the organization of the possibilities
- there is the execution of the best ones
- the vision manifests successfully as something real in the cosmos.

In first half of Sri Aurobindo's epic mystic 'The Life Divine' He explains the process by which the universe emerges from a Divine Source. It is a process at the macro extreme. It consists of the emergence of Satchitananda [Existence, Conscious-force, delight] from out of the Supreme and its vision of extending itself into a real form; to Supermind to organize that and make that come about; to mind; to energy which will formulate into the substance of matter. Overall it is an involutionary unfolding that brings about the universe from the vision of a divine source.

[There is also a (reverse) process unfolding in creation, on earth - from physical to vital to mental to spiritual. We call it the Evolutionary process.]

The process of development in a business, organization, and society is similar to the involutionary process of the Supreme as described above. Eg in strategic planning activity if a business we develop a mental plan of what the firm wishes to achieve, that is then organized into strategies for the ways to achieve it, the best of which are then carried out through skilled action of people.

The process of successfully executing a common daily act is at the opposite micro extreme. Eg when we want to accomplish something, such as purchase an object online, it begins with a Mental idea of what we want to achieve, gains the sanction and support energies of the vital will, which is executed through a physical action to brings about the intended result. We also call this process at the micro level a "Complete Act."

We can study each of these processes Eg study the process by which a business or organization grows; or how society grows. As we understand them we can see their overall similarities as well as their differences.

Karmayogi has written vastly on the process in each if these (and other) areas, and that material is abundantly at our disposal. (Roy Posner)

Perfecting Acts That Creates Consciousness

Firsts we have to be conscious and then only we can go to consciousness. This accrues as knowledge to discriminate on what to do on what not to do, when to do, where to do etc. Then it turns into wisdom. It reaches psychological depth and we receive subtle awareness, insight etc.

[how then to move to Consciousness?]

Karmayogi says, one conscious act is worth more than hours of meditation. Even in routine acts that we do we are not performing at its acme 100 % of what we know.

So at first level it is consciously having responsibility to execute physical, vital and mental requirements at its best.

Appa gives an example. If you use a scissor to open an envelope instead of folding and tearing or using kitchen knife you are conscious. If you use an envelope cutter you are in consciousness.

So conscious to consciousness is step by step method. Unless we are conscious of every act we do -whether this is as Mother wished or against Her wish - we cannot go to the higher psychological level of consciousness.

(Ramesh Kumar)

Untitled

Intensifying one's intention, deeply committing to something, making a firm decision, & going extra mile attracts great possibilities.

Alignment

Intense Thinking about Another Causes Alignment in Space-Time

A frequent alignment effect occurs in my life as follows. I have a good feeling about a student in a class, and he has the same for me, for whatever reason. When we go on the break, though there are dozens of people moving to and fro, I arrive at the rest room at the very instant he does, almost bumping into each other!

It also works in the negative. I have problems with a student, and he too feels negative because perhaps I did not answer his question. Then on the break dozens of people move to and fro in the building, and the very moment I enter the class, he too enters, and we too almost bang into each other!

It follows the principle that when two people are thinking intensely about another, they align in space-time at some point later on. This has happened to me many, many times over the years, and perhaps it has happened to YOU!

Untitled

The key is to be in the Right Flow of life through Mother, despite challenges, difficulties in the world. That way we will always be in the Light.

Anachronism

Untitled

Regressive forces are those desiring to bring back, invigorate a past that no longer has any relevance.

Another's Point of View

Taking Other's View is Supramental

Do you know Karmayogi's principle of taking the other person's point of view? Even if they are wrong, it helps to embrace their position. Doing so, often has the effect of bringing them around to your original position!

It is to take the Supramental Perspective of the potentiality and reality of the many-sided truth of things, not just the part one knows.

It may be worth an experiment. It also puts one's Aspiration on a steadier psychological basis.

Untitled

When we listen to another and hear their thoughts, do we take a moment and reflect on what they really mean; what their real motive and concern is behind the words?

Untitled

Appreciate the point of view of the other side, and as a result new possibilities will arise that transcend both your ideas.

Untitled

To take the other person's or persons' point of view is to shift from one's ego-orientation to a wider perspective. Thus, it is an opening in both knowledge and consciousness.

Untitled

Ego is the mind's point of view, not the truth of reality. When we take the other person's point of view, we move out of Ego and into Truth.

Karmayogi's Unique Method Of "Teaching"

Karmayogi advocated a unique way of teaching. Rather than lecture all the way through with occasional questions, he asked students, devotees at the outset to ask questions of things they did not understand, and in that way work their way forward. It created great participation and insight.

Ascent Descent

Ascent and Descent when Reaching Supermind

Please keep in mind that when we mention Supermind (in the evolution) we don't just mean that it is the ultimate plane of spiritual mind, but that when we reach, embody that plane, it supramentalizes all planes below it - including the Mind, our Vital being, and our Physical body (and for that matter all matter, substance in creation).

There is thus an Ascent and Descent dynamic occurring as we enter that plane, including Supermind.

Ascent to Supramental Truth and Descent

"An ascent into the supramental Truth not only raises our spiritual and essential consciousness to that height but brings about a descent of this Light and Truth into all our being and all our parts of nature. All then becomes part of the Divine Truth, an element and means of the supreme union and oneness; this ascent and descent must be therefore an ultimate aim of this Yoga." (Sri Aurobindo)

The Descent of the Higher Worlds

Sri Aurobindo indicates through his epic poem Savitri that all the subtle and higher worlds that Aswapathi experiences in the story - eg the endless kingdoms, infinite ways we can know spiritual bliss - are destined to manifest here in this life for us.

Moreover, they are also involved, buried in our own subconscious, but are destined to re-emerge when they descend from Above.

(thanks to Garry Jacobs)

Benefits of Life and Higher Planes Descent

All that has come to us, to society in the world, say in the last 200 years, is the result of a descent of corresponding modes or planes of higher consciousness from above.

Ascent to and Descent from Supermind

It is by rising to the summit of consciousness through a progressive ascent that one unites with the Supermind ...

... it is by REDESCENDING through the levels of the being with a supramentalized consciousness that one can accomplish the permanent transformation of physical nature.

(The Mother, from Agenda, November 6, 1965)

Ascent and Descent

by SM

As we aspire,

As we become conscious,

As we rise in our consciousness,

We start to perceive,

How hard, how difficult, how unfortunate events are.
Although they appear on the surface as such,
Are they not also part of the Reality?
It is in fact what we are learning – which we can call “the Ascent.”
But there is more, as Life then does its part in return,
By evoking possibilities from out of nowhere,
Behind which are opportunities for greater progress.
And it goes further still, ready to reveal the Marvel.
And that demands that we not to stop in the middle,
That we continue the process of Ascent.
Then we can internalize and apply that wisdom in the next situation.
And when we do, it would be the next phase of learning,
The lessons now applied downward into Life,
And that is – “the Descent.”
When Reality struck so hard on the surface,
When Lydia eloped suddenly in *Pride and Prejudice*,
The family's prestige was hanging in the air,
And the future of the other daughters came into question.
Then Mr. Bennet realized,
He should have listened to Elizabeth's advice,
He should have been more responsible,
Then he went further, beyond that thought,
And travelled to London by himself,
Searched for them throughout the city,
Yet, it was all in vain, as he returned with nothing to show for it.
And yet at that intense, misfortunate moment,
He took a stand,
He perceived that all that took place occurred only because of himself.
And now, because he blamed no one else, except himself,
He took “conscious responsibility,”
And that was the moment of Ascent for him.
But Life had not forgotten his Ascent,
And it responded through Mr. Gardiner,
Who brought surprising news, much sooner than expected,
That Lydia had married Wickham,
And Mr. Gardiner had made all the arrangements,
Also he spent a vast amount of money,
To convert that elopement into a marriage, thereby saving the day.

And yet Mr. Bennet did not stop at that level,
As he took another stand.
Despite, the fact he had little money and did not how to earn such,
He decided from the depths of his being,
To repay Mr. Gardiner, no matter what,
And to honor honesty and return with gratitude.
And the next moment proved to be the moment of Descent.
As the atmosphere was ripe,
As he subconsciously aligned with the Cosmic Plan,
Before he took any further step,
Life revealed its Marvel;
With the sudden arrival of Bingley,
And the surprise marriage of sisters Jane and Elizabeth;
Without the need of any money on Mr. Bennet's part.
As a result, not only was the family's prestige restored,
But they were financially and socially elevated to greater heights.
And so in our own lives,
We may not know how to distinguish,
The acts which we undertake,
Whether in the Ascent or Descent.
And yet it does not matter.
Life demands us to simply be conscious,
In all that It brings to us,
And apply our higher conscious knowledge.
And by doing so,
Not only will we evoke response from Life,
But these moments will be filled with ultimate joy and delight.
Comment: Ascent and Descent is incorporated in Sri Aurobindo's symbol. The triangle going up is the Ascent, and the one going down is the Descent. It is our Aspiration from below calling to the Divine above (Ascent) who responds to that call as Grace (Descent).

Aspiration

Untitled

When you want something with a pure heart, the entire universe conspires for you to get it... It's when you want or ask for something with the best intentions for all and trust that the Divine energy will make it happen in the best way possible. (Salona Surjoo)

Untitled

It is said that what you do - in relationship to an issue, idea, etc. - is more important than what you say. However, what you deeply BELIEVE IN and ASPIRE to happen in the world are even greater than these.

Untitled

If only we could be idealistic, noble, and aspirational for a Higher Cause, it would give great purpose and meaning to our lives.

Untitled

Which one do we want to live: the Little Life (typical, average, mundane); or the Greater, Higher Life? It is our choice.

Living A Greater Life Than You Were Told by Society To Live

When you grow up, you tend to get told that the world is the way it is. Your life is to live your life inside the world, to try not to bash into the walls too much: Try to have a nice family life, have fun, save a little money... but that's a very limited life.

Life can be much broader once you discover one simple fact: Everything around you that you call "life" was made up by people that were no smarter than you -- and you can change it.

You can influence it... the minute you understand that you can change it, that you can mold it, that's maybe the most important thing. To shake off this erroneous notion that life is there and you're just going to live in it -- versus embrace it, change it, improve it... and make your mark upon it.

(Steve Jobs)

Deepest Aspiration Silently Fulfilled

Welling it up deep inside, an Aspiration - without acting on it, without telling others about it, without even further thinking about it - can be realized in full.

Many years ago I had the deep Aspiration to work in an area that somehow connected with Sri Aurobindo and Mother. I told no-one about it, did not consciously act on it; kept it close to my heart. A year or two later this came about when I came upon an opportunity to work for Garry Jacobs and his import company Mere Cie, changing my life forever.

Aspiration from the Depths

The deeper you go within, the more life responds to our aspiration. On the other hand, when we live on the surface, -- in our thoughts, and feelings, and outer initiatives -- the result is negligible, as the energy is not stored, but dispersed, preventing the "magnetism effect" of Life Response from taking shape.

Untitled

Only the Mother and Her Force can save the world; though we can collaborate fully.

Reader: Indeed Sir! We can only play a perfect Instrument.

My or Everyone Job is to aspire to let myself or ourself make empty

So, thy will be done not my will or our will.

Response: Yes, sincere, deep Aspiration will attract Her Will to us.

Untitled

Sincere, deep Aspiration will attract the Divine's, Mother's Will to us.

Untitled

Deep Aspiration, welling up from one's true self, attracts new, unprecedented, unique opportunities to fulfill it.

Untitled

Aspiration is the source of all accomplishment in life. If there is Aspiration, the will, the power, and the knowledge will come to achieve.

Untitled

Our Aspiration to achieve is limited because our consciousness is limited in perceiving and believing in the infinite possibilities around us.

Untitled

Aspiring for the success of others qualifies you to receive the bounties of life. Otherwise, you are focused on yourself, which is ego, which qualifies you for nothing.

Untitled

Aspiration that originates in the Psychic Being that calls to Mother, the Supramental power, has ultimate effect.

Untitled

Upon awakening do we merely engage in our normal routines, or do we consecrate the day, offering our deepest Aspirations to the Higher Power.

Untitled

Mother says that in normal life we rush around here and there, only to end in a big crash (psychological, emotional, or physical). Aspiration for higher consciousness and deeper poise and stillness of being are nowhere to be found.

Aspiration that Fulfills Itself

If you have a deep, intense Aspiration, it has a power to fulfill itself.

In 1975 I wanted to meld a career where I earn, yet somehow have connection to Sri Aurobindo and Mother. Months passed, and one day, when I found myself at East-West Center in Los Angeles, that possibility presented itself on its own, without any effort on my part. I, of course, gladly accepted the opportunity, and my life was changed forever. The Aspiration had self-fulfilled itself.

Untitled

The higher, Spiritual life can be said to come down to two qualities: how much Aspiration do you have to uplift your life, to raise your level of consciousness; and how much Faith do you have in the Higher Power, in the Mother to make it happen.

Untitled

Because there is something deep inside, in our soul that knows the divine purpose and plan, we on the surface aspire for more in life; even aspire for the Heights.

Untitled

Avoid focusing your time and effort in trying to elicit benefit (wealth, fame, prestige, honors) for your achievement. Instead aspire that your success spreads throughout the community, the society so that it can bring benefit throughout the world.

Untitled

It is best to associate with those with an inner flame of Aspiration for something greater, higher in this life; instead of those constantly harkening back to the past, who seem half-dead inside.

Untitled

The Call, Aspiration for the Higher to come into Life helps It descend into all planes of our being, enabling their Transformation, leading to ultimate Delight in the experience; Ananda.

Untitled

An aspiration, a hope is the awakening of the Spirit in us.

Untitled

We are not here so Mother can fulfill our aspirations, but so we can fulfill Her's.
(And as a result She will give us that which is beyond our wildest imagination.)

Untitled

When you identify with not just your own aspirations, but the aspirations of Humanity, your efforts will be great for others, as well as yourself. You will partake INFINITELY in the rewards because of your Universal intention.

Untitled

Shift from wanting a thing for yourself to aspiring it for everyone.

Untitled

The Divine aspires for the universe to evolve and become like Him. To apply his spiritual values to the details of life.

Untitled

How do we bring the Divine into this world? We intensely Aspire for It. We free ourselves from this endlessly-repeating ordinary existence where ignorance, falsehood, and suffering persist; aspiring instead for something Greater.

Non-Initiative and Aspiration

Though Non-initiative is recommended over taking initiative, as it tends to far more often end in success, inner Aspiration - whether for higher life status, or personal and spiritual growth - is still encouraged, as it tends to attract Non-initiated great Opportunities.

An Aspiration for something Higher, for the Divine, for the Mother is a critical element for evoking the Grace.

Mother's Constant Aspiration of Surrender

May we do nothing but what You want, think nothing but what You want, feel nothing but what You want, say nothing but what You want...

Constantly, uninterruptedly, night and day. In the middle of activity or in the middle of rest, everything asks, "To be what You want, to feel what You want, to do what You want, to exist ... without difference."

(The Mother, from Agenda, August 2, 1967)

Untitled

Start from where you are; no matter the conditions. Then Consecrate it all; and aspire for your progress and growth. Life will respond and lift you to the heights.

Mother's Moment: Intense Aspiration That Takes One To The Peak Of Success

Intense Aspiration is able to give The Mother's moment. Such moment brings one to the Apex of any field. Mother says intense aspiration itself is Supramental power. Mother's moment is a greatest moment in creation. Whatever work one does, in whatever field, whoever does, or aspires to do that, they would see themselves that they go to the peak without difficulties. In such moment, a writer would see that his book would be sold in abundance. (Karmayogi)

- translated from Tamil by Senthil R. Murugan

Expansion And Contraction In Life

Everything that grows, progresses, expands does so through an Inner Impulse, an Aspiration -- whether an individual, a company, a nation, or an empire. Everything that contracts, withers, dies does so by losing touch with that original Inspiration and Purpose. When it is sustained, It expands endlessly.

Untitled

As long as we are Learning, we are Growing. When we lose the aspiration to learn, we fall back into sameness; growth stops, ends.

Untitled

True Education is there when there is constant Aspiration to learn, to grow. Otherwise it is dead, lifeless education.

Untitled

Aspiration to learn, correct, perfect and perform make us lively.
(Priya Lets Sell)

Aspiration

Aspiration is the inner mounting flame emerging from the psychic being. Each day kindle that fire and aspiration for one's improvement and for the Divine to enter one's being. Life will then become an endless miracle of positive circumstance.

Untitled

When your Aspiration for something reaches a saturation point of utter joyfulness, life quickly responds in that interest area.

Comment: Example: A man had learned a powerful software program. He hoped to offer development services using the program for an emerging great institution. He saw potential great benefit to the organization.

When he arrived back home he saw an email which asked him to instruct in that program on an ongoing basis for a local training company. It would be the first of such training in his career! The joyful aspiration to offer that program to the first institution attracted a wonderful training opportunity from the training organization.

My Aspiration In Life Fulfilled

People often come to Mother as a result of a trauma, or as a result of a current problem, or simply as a result of some deep aspiration for something to come about.

When I landed at East-West Center in 1976 and thereby came to Mother via Mother's Service Society I fulfilled a deep aspiration to meld a connection with Her with a Work, an occupation that would reflect it.

On that glorious day I connected with a business where we sold products in service to Mother. It was a livelihood, a service, as well as a means to grow in consciousness. It was a deep Aspiration fulfilled.

Untitled

There is a bit more Light than Darkness in the world, then surely there is great scope for raising our Consciousness.

Desire Vs Aspiration

Desire has the vital, ego element associated with it. Eg "I have to have this;" whereas to Aspire or Aspiration is to want to elevate your being in some way, to improve your situation, your life, fulfilling one's purpose.

Desire issues from the surface, from the senses or the lower emotional centers. Aspiration issues from deeper within, to the depths of one's being, even one's soul.

Eg I had the deep Aspiration to meld my association with Sri Aurobindo and Mother to some kind of practical work, and that is exactly what happened when through a series of powerful circumstance I met with Garry Jacobs and his wife Leslie in 1975, when they were selling products from the Ashram.

Both Desire and Aspire can evoke a response from life. The former however can attract a mixed bag, eg a good looking man or woman desired, but with great faults; while the latter tends to bring from the higher spheres that which is beneficial to your life; that can take you to a higher place, position in life. It generally evokes a positive response.

Note that the more intense the Aspiration, the greater the response. Or the more you are in tune with what would be beneficial to you and aspire for it, the more it comes.

You can feel the difference between Desire and Aspiration; in how it expresses though our feelings and emotions; namely between our lower and higher emotions.

A Consecrated aspiration is the most powerful method of attracting the most positive results; especially when the consecration originates from a deep place within; including the Psychic Being.

And the highest expression of consecrated Aspiration occurs when we Surrender our very purpose and being to that reality. Transformation of ourselves, of life result.

Aspiration Fulfilled Through Meditation: 3-Day Prayer

In the common forms of meditation one detaches from thoughts, as well as the world. It can ease a mind and may open the doors to the spirit.

In Sri Aurobindo's and Mother's sadhana, in meditation one focuses on the deeper aspirations one has in life, - like aspiring for peace or truth or harmony or love, - (dismissing all other matters), which releases a power to attract it.

Their method of Meditation is thus a means of eliciting an experience, that deepens into spiritual realization, culminating in human transformation.

Untitled

The sense of self-satisfaction is to remain in our Comfort Zone. Our True Self is not content with this, seeking greater adventure and growth.

Comment: -The Divine is here for infinite achievement; it has no comfort zone.

-Our aspiration for more, for greater growth is to take us in that direction,

-Great opportunities coming our way is here to take us beyond our Comfort Zone,

-We can see where we are self-satisfied and break through. Our Aspiration for something higher, greatly beneficial will show us the way.

Untitled

The Darkness that descends on the Seeker comes to reveal a greater Aspiration in her for the Divine; a greater Knowledge.

Comment: Whatever difficulty comes, we should know that the Divine is behind it; or rather sanctions it as a means of going further. The Divine, Mother does not want us to stop where we are - i.e. "Stop in the Middle" - but to keep going forward led by our Soul and our Inner Aspiration to discover and embody the ultimate Truths of existence.

Real Faith is where we have reached our inner being, the Soul. There the Soul knows and thereby perceives obstacles as steps to take us further on the path, to further our spiritual growth, our progress, evolution, and transformation.

Power Of True Aspiration, Decision, Sincerity, & Faith

Aspiration is the hope to do something good in our life, such as wanting to become a better person. It is not tarnished by Ego.

When the Aspiration for something is really true; when the Decision is truly true; when the Sincerity is really true, and when the Faith is truly true, there is no opposition that can't be overcome.

Eg Churchill exhibited all four when all seemed lost as the opposition Germans were about to invade Britain at a time all of Europe was overrun - life responded in his and the nation's and the world's favor.

The same with Subramaniam in India who believed that hybrid seeds could lead to agricultural self-sufficiency in India at a time of severe food shortage.. The people in the government, scientists et al laughed at the vision, but it did indeed come about. It is because his vibration of Aspiration was true that life fully responded to his vision..

But what about if you don't get the results in the short run? If it meets the above conditions it will surely come later on, and in a bigger way.

And if it does not come at all, then if one goes back and one makes sure the level of aspiration or decision or sincerity or faith is true, life will surely respond.

The key is always if the vibrations of one or more of these aspects is truly TRUE.

Aspiration:

We can Aspire with all our might for the highest we can conceive, which will be a service to the Divine.

Comment: By aspiring for something greater, for something that can truly uplift ourselves and those around us, we align with the intention of the Divine; with the Spiritual Evolution of life on earth.

Untitled

To know what the Divine wants of us, best to be empty in the mind, and still in the vital emotions. From there Aspire, and answers will pour in.

Limits To Our Aspirations

The less we are caught up in our normal routines, the more we will be in touch with our deeper aspirations. Thus from our deeper and wider status we will more readily connect with our deepest intention and aspirations.

We are thus lost in our pre-occupations, such as the Physical things we do; the Vital connection we have to our pride, prestige, dignity, self-importance, our desires, impulses, and sensations; our attachments, our possessiveness; our petty concerns; our opinions, attitudes, sentiments; our reactions resentments, irritations, fears, etc.

From there, from those constraining influences how will we ever be able to connect with our deepest Aspirations in life, which issues from the depths of our being.

(paraphrase of Garry Jacobs)

Untitled

When we aspire for successes in our life, and get them, our aspiration tends to level off. When we aspire for Mother, the aspiration keeps growing.

Untitled

When we are self-satisfied with what we are, then we Stop Growing. When we kindle the fire within & Aspire, we Grow.

Untitled

Aspiration of the Soul is the greatest determinant of our life.

Comment: When not expecting anything I met Dr. Tyberg and Trudy at East-West Center in LA (Sri Aurobindo center), the Aspiration of my soul came to fruition, as they introduced me to Garry and Leslie Jacobs in December 1975.

Now I had a work to match my spiritual proclivities (Sri Aurobindo and Mother), what I cherished more than anything. The Aspiration was from my Soul; the attraction to the result came subconsciously.

Reader: Thank you Sir.

When we are conscious, we would be able to perceive and align with soul's aspiration and manifest that quickly, otherwise one would need to go through long process, long journey. Whatever path one may choose, our soul would not limit us as it is interested to gain the consciousness, the essence of knowledge through all the experiences like positive and negative, good and bad and so forth. How quickly we would align with that aspiration is the key in our life and it depends on our Consciousness growth.

In Interstellar movie, Cooper's soul sanctioned the adventurous process, yet it could have been much shorter and more amiable path had he listened to his daughter Murph in the very beginning.

Response: -Yes soul sanctions positive and negative, as it seeks experience that leads to knowledge, eventually integral knowledge through one or multiple lives.

Eg I had a very difficult experience in 1997, which left me in a terrible psychological state. A state of near non-stop fear that lasted 4 hours every morning for 6 weeks. To survive I had to lay on the floor and call Mother every minute of the intense ordeal. At the time Appa told me that it was "fear going out". He also told me that my soul sanctioned the entire ordeal.

-There is a difference between soul sanctioning positive & negative and our getting in touch with our soul's, our psychic being's purpose. To make it truly positive we surrender from those depths to Mother, which more fully puts us on the Sunlit Path (with positive only development).

-Some day all these principles will be clear and cohesive and integrated. I think for that to happen we need to have more experiences in the depths.

Untitled

Aspiration is our part; Grace is Her part. (Sri Karmayogi)

Comment: Aspiration is the ascent that brings down the descent of Grace. (Sri Karmayogi)

There is also Karmayogi's commentary in his article 'Aspiration, Rejection, Surrender'. Some of the things he says:

-Aspiration is essentially a soul quality.

-When Mother comes to you through life, that will be a very glorious moment. Such a thing will constantly happen to you if you release aspiration.

-If aspiration is completely supported by rejection, inner conditions are prepared for surrender, but surrender is not automatically made.

In between there is one more stage. For the aspiration to become dynamic, one has to consciously invoke the Divine to accept all that he does. This is called consecration. What aspiration begins, consecration completes.

When consecration is completed, it is consummated in surrender.

Here is Appa's complete article:

<https://www.motherservice.org/New%20Essays/aspiration.htm...>

Continuous Progress: Don't Stop In The Middle

A key principle brought out in the first chapter of The Life Divine - The Human Aspiration - is that we should not stop in the middle of our quest and growth process. Once we have reached a level of consciousness through inner effort, we should not stop there, but continue to make progress. It should therefore be an ever-lasting upward movement.

Eg you practice non-reaction with a spouse, and as a result you not only avoid an argument, but you feel a quiet peace and richness thereafter. Maybe there will even be a sudden external response from life. We have grown a bit in consciousness through the episode. However we can continue that efforts horizontally trying again with the same method (here Non-reaction), and vertically with other methods; just as long as we are engaging in continuous progress, building on the first episode.

Personal growth suggests that we cannot rest on our laurels, but instead we should keep moving forward. So when you engage in that positive spiritual method and see the inner or outer result, enjoy the outcome, but don't stop in the middle on your journey. Keep moving forward, practicing the powerful inner methods you are drawn to, and your life will become a startling, never-ending experience of vast success and unbound happiness and Joy.

(Roy Posner)

From Ambition To Aspiration For Progress

If constant ambition turns into aspiration to progress, instead of one goal, it goes subconscious and now it is called determination that gives the result in any endeavour. (Ramesh Kumar, paraphrasing Karmayogi)

Untitled

AMBITION= I am doing this for myself, my ego-sense. ASPIRATION= I am doing this for my progress, for Mother.

Untitled

Fulfilling our deepest Aspirations in life is the Goal, whereas constant, ever-intensifying Consecration is the Work.

New, unthought of Progressive Spiritual Values is that which will distinguish future times from the present era.

Beyond "I'm Sorry"

The fact that we are sorry about something shows that we are still attached to it. Turn the regret into an Aspiration for one's improvement. It can generate enormous benefits. (Garry Jacobs)

Untitled

The deepest positive Intention will always express itself in life - sooner or later.

Aspiration At Various Levels

Aspiration is of a higher order than ambition or desire. It is a Call for a higher purpose, will, manifestation to descend into our lives. It reflects of our Soul's the Psychic Being's intention for us in life.

Aspiration can be experienced at three levels; in the mind, the vital, and the body.

-In the mind Aspiration seeks Truth. It is not what interests me. (It is the Light of the Being, the Psychic awakening in the mind.)

-In the vital Aspiration seeks Abundance, Energy, Capacity, Power and Delight. Not just for self, but for universally, for everyone. (Karmayogi has great vital Aspiration; always aspiring for the benefits to come to others.)

-In the physical Aspiration seeks Immortality. (It is the psychic being behind the physical seeking unending life; to manifest infinity and eternity perfectly in physical form; to wipe out imperfections of illness and death.)

-The Aspiration, from whatever level, is the Divine awakening in us. Aspiration is the sincere, ardent Call from us to the Divine through our Psychic Being, that evokes a response and descent of the Force, the Mother into our being, into Life.

(paraphrase of Garry Jacobs)

My Aspiration

A reader asks how I have created such abundant output over the years. I.e. what has generated my Aspiration to create and achieve. My answer is that it has come from-

-the radiating Inspiration of certain personalities who subscribe to the deepest personal and spiritual values (in my case Karmayogi and Garry Jacobs)

-Learning, educating myself in areas that are of great interest to me

-Looking inward, discovering, and then subscribing to the deepest of values

-Having marvelous, even miraculous-like experiences that have reinforced my knowledge, interests, and values in life

-Being tuned into changes in society and a desire to be part of that wave of innovation and change. Eg in new technologies and new age spirituality

-Doing work(s) I truly love (while accepting those works that are given to me, whether loved or not, as means of progress along the way)

-Establishing focused goals in my life, strategies to implement them, and following through with vigor and positive attitude

-Being disciplined and staying on target

-Being a True Individual (thinking for myself), not following the herd view

-Seeing the benefit and rewards that other derive from my works; sharing the joy of others' success

-Being humble that great insights and are constantly coming from others, ever-widening the scope of insight

-Feeling eternal gratitude that Mother has so often pointed the way forward, generating waves of Faith to carry on and take things further.

All of this (and more) creates the Energy that flows outward through activities in ever-accelerating output.

And if you also learn the Subtle Principles of Life, including spiritual methods that evoke the miraculous, the Energy is intensified that much more, generating even greater and deeper outcomes - whether of knowledge or any other form of worldly success.

Untitled

The soul's Aspiration for spiritual growth inside compels the aspirant to seek greater Progress on the outside.

On The 50th Anniversary Of The Mother's Service Society

-by Roy Posner, October 17, 2020

In the heart of the world there is a Light. While the old world sheds its skin, collapses, a new world is being born. And the Light at the center of our life, guiding our way forward, hurtling us toward our spiritual destiny is Mother's Service Society.

In 1976 a young man came upon the outer banks of that organization when he met with Garry and Leslie Jacobs in California, and began his professional career. Little did he know at the time that behind Mere Cie, their import company, was an emerging Institute that interpreted the works of Sri Aurobindo and the Mother and applied it to all fields and facets of life.

And little did he know that at the center of this heart of light was the indomitable focus on opening to the Mother and Her Force in whatever areas of life we were engaged in. This was the stunning magic and power that a young man came upon on that fateful day. Karmayogi, the founder and inspiration of MSS had earlier instructed Garry Jacobs to think of Mother in all projects he was assigned to, just as Garry now asked me to "Remember Mother" on my first day's sales effort for Mere Cie. For myself, it was the day the Magic was born.

Now 50 years after MSS's founding, all the thoughts have been thought; all the ways to enrich life with Mother's power has been explained from every angle in every major field of life by the multi-dimensional spiritual genius Sri Karmayogi, the founder and Light within the Light of MSS. What more could we want? And yet now Garry Jacobs works to spread that knowledge so that new generations of devotees can understand the vast, unprecedented Wisdom that Karmayogi, and previously Sri Aurobindo and Mother, brought to the world.

And now after all these years we have come to understand that the warehouse of that Knowledge, the center of all initiatives and projects to change the world through Higher Consciousness, is contained in the vehicle that is Mother's Service Society.

My personal efforts to gather, categorize, understand, and spread that profoundest of Knowledge are but an echo of a magnificent chorus of wisdom and power that is

vibrating around the world. In these dark times of pandemic and economic and social and political turmoil, MSS stands out as a beacon lighting the way forward, while most of the world's thinkers, organizations, and institutes can only look on blankly at the turmoil on earth and ask "Why?" And yet MSS has addressed all the issue behind these and other ultimately challenging developments, providing profoundest of answers to Life's persistent questions.

Perhaps we can say that MSS has dusted the world with pure wisdom ready to be mined by all those on earth who seek a better life.

So I congratulate Mother's Service Society, MSS, - the monumental intellectual and spiritual beacon of the world - on its 50th anniversary. And I do so as we are so strangely huddled within our homes due to Covid19, and stranger still realizing that Appa physically left us just a few months before this 50th anniversary celebration of the institute he conceived of and gave life to.

I am so proud to have participated in MSS's various initiatives and projects across these many decades, knowing that I am but a tiny leaf blowing in the wind, as I humbly bow before the greatness of this Divine institute on earth.

Atmosphere

In a high consciousness environment, an individual showing egotistic tendencies may suddenly find himself challenged by a humble individual with the same or greater talents. The higher atmosphere has that type of influence.

Attention to Others, Things

Attention to Objects, Their Appreciation, and Response from Life

Give a physical object, such a machine, and it will soon start operating in ways you would not have imagined. Even a small, token effort of attention can attract that startling result, especially if the object has been neglected. It is the soul of the machine expressing its appreciation.

A man cleaned part of a vacuum cleaner that went beyond normal levels of attention, and the next day it seemed to clean everything in sight! He was utterly amazed at the results it produced for that small extra effort of attention and cleanliness.

Beginning a Conversation

In a new conversation it's advisable to allow the other person to speak of their interests first.

And then throughout the conversation it's best to constantly take an interest in what they have to say; focusing on what their interests are, over your own concerns.

As a result, life will respond positively. Moreover, all that you were interested in saying at the outset will be conveyed in due time, and then some.

Not only will the conversation go very well, but along the way, unexpected positive developments are likely to be revealed.

Untitled

When one has a desire to be elsewhere and neglects the current work, then if one changes one's consciousness - taking up the tasks at hand - it ordinarily brings an immediate positive response from Life.

Untitled

A very small matter may actually be signaling something big if embraced.

Untitled

In one sense the pandemic is all about moving from unappreciation of things we have had to appreciation through their absence.

Attitude

Positive Attitude Attraction Power

Though it defies logic, the Intensity of Positive Attitude previous to the work often supersedes the actual effort in evoking real success, as life cooperates from all quarters.

Untitled

To be in positive attitude,

When everything seems all right,

Is a mental awareness.

To be in positive attitude,

When everything seems NOT right

Is a spiritual awareness.

(SM)

Untitled

The power of positive thinking is its ability to attract good fortune, engendering great success.

Reader: Is the power of positive thinking really valid if one adopts consecration as a practice

Response: Consecration normally contains positive thinking, since we seek positive outcomes through it, and because we have some degree of Faith in the outcome; what Mother/the Divine gives.

We could thus say that the greater the Faith, the more positive is our thinking in relation to the consecrated act.

Perfect Dovetailing of Circumstance

Wouldn't it be marvelous if everything could flow perfectly in the course of your day? It can, to perfect precision if you consecrate the activity beforehand, as well as maintain the highest positive attitude. Life will then cooperate and flow smoothly, perfectly down to the tiniest detail. A profound dovetailing of circumstance will surely follow!

Untitled

Unwillingness changing to willingness attracts the diminishing of the problem that caused the unwillingness in the first place. (This is a very common experience of mine!)

Eg I am offered a project. It seems to me to difficult, so I don't want to do it. Then I have a change of heart and agree to do it. I then find out that the problem regarding the project was much less than I imagined. Life responded to my shift in attitude.

Shifting to Mother (Consecration) from Timidity Attracts Boss's Positive Action

Today morning i saw the video [on how overcoming negative attitudes attract good fortune]..I felt Mother has sent this for me as I have to change my attitude in my work place...I used to hesitate to speak with my superiors, avoid them with fear, lack of confidence...i was afraid of the attitude of my dept colleague and so I prefer to avoid and keep quiet. Just after seeing it ,i decided to change my negative attitude . Mother is the Only TRUTH....Let me rely on HER alone and not on my knowledge, others attitude....a lot of miracles happened ..my boss called me to redress a complaint...i can boldly talk with him about my work. The highlight ... yesterday's data which was automatically updated with today's data was made available once again for the benefit of my organisation after I called and informed the concern person....Thank you Mother... (BE)

Untitled

Shifting to willingness to do what is necessary, what life requires of you, attracts those things you had earlier hoped for.

Untitled

For each negative attitude you shift out of, you will quickly receive one or several positive responses; often ones that are great.

Untitled

Each time we break through a negative - such as admitting one's fault, or overcoming a wrong attitude, or putting aside self-pity - sudden good fortune comes to us from an unexpected direction.

Untitled

The more you give up what is less necessary in your life, the more you receive what is needed.

An Opinion Vs. An Attitude

An opinion is basically mental. It is a thought with a certain minimal vitalized emotion. It can change in an instant. An attitude on the other hand has the fuller endorsement of the vital, the emotions, and tends to be more fixed.

Eg in *Pride and Prejudice*, Darcy has an opinion about Lizzy when he first sees her. It is not flattering, but it can easily change. However, he did change that opinion and developed strong feelings about her. Now he had a set attitude about her; a strong emotional positive feeling about her.

When we change an opinion, life responds. When we change an attitude, which is a deeper formation than an opinion, life can respond overwhelming, as it did for Darcy, as he won over the woman of his dreams, while saving the Bennet family from scandal.

Our Attitudes that Will Best Serve Future Generations

We pass on our limitations, our fears, our prejudices to the next generation. Instead we should aspire for the best for them. More importantly we should give them the maximum freedom to become who they want to become. Most importantly we should raise our own consciousness to the highest levels so that it creates the greatest opening for positive future outcomes for those who follow.

Untitled

A Sunny Attitude amidst a storm brings good or great Fortune.

Comment: Same with not-reacting negatively in an intense situation, an example of which was the airline pilot Sully Sullenberger who remained calm and therefore made a miraculous landing of his plane on the Hudson River, saving the lives of 155 passengers. He was calm and professional throughout the ordeal, which is always the best basis for attracting positive conditions.

Also Karmayogi once lost his entire fortune in a legal case, yet smiled and cheerfully laughed at the time the result came. And yet the decision was later overturned. He not only made marvelous investments with the funds for MSS, but his consciousness rose significantly through the experience. His Faith in Mother enabled him to be perfectly cheerful in the face of apparent personal disaster. He knew life would respond in his favor, and it did.

Untitled

The main blockages to our next level of success are in our Negative Attitudes - towards Others, Work, & Life

Untitled

Often what you are unwilling to do is where your entire future Success is locked up.

Becoming Receptive To The Force Through Changed Attitude

A consecrated act will attract the best results when we are Receptive to the descending Grace. Therefore changing a related negative attitude, habit, or belief may be required for the Force to act on our behalf.

Eg a woman does hourly consecration for an illness to cease. Unfortunately there is no tangible result. However, when she changes her attitude about visiting the doctor and makes an appointment, the illness suddenly gives way.

Untitled

Overcoming small unwillingnesses, obliviousnesses quickly attracts Overwhelming response from life.

(see example)

Eg overcoming unwillingness to see the doctor attracts instant health; overcoming unwillingness to take on an out of the ordinary opportunity attracts an opening of a lifetime; overcoming unwillingness to join the team attracts discovery that the team has made huge progress. Etc.

The Unpaid Bill

A wonderful result of consecration today that I wanted to share with you - and this will likely be my intro to my next consecration video:

So, a vendor who has been VERY slow to pay me - literally 4-5 months will go by before he'll pay my commissions - decided last week to pay me. It's only a matter of a couple hundred dollars, but because I split the commissions with business partners, it bugs me that his payments are not very reliable.

But even though he said he paid, the payment did not go through, and he said he would check into it.

That was a week ago Monday (9/14).

This morning, I found myself feeling quite irritated by the whole matter, and was getting ready to shoot off a quick but pointed email to the tune of "Any updates? I still haven't received the payment..."

THEN, I caught myself. I stopped in my tracks and thought, "Ok, you are feeling very irritated by this. It's ongoing, and you already know that he is unreliable - but he DOES eventually pay. RIGHT NOW you are feeling very annoyed. THIS is a time to release and consecrate this before writing."

So, I stilled myself, and opened to the Spiritual Force, and said - as deeply felt as I could - "Mother, I ask you to remove this feeling of annoyance, and I offer this non-payment up to you." I just felt it as deeply as possible.

I felt myself let go of the entire feeling. I then decided to NOT write an email at all.

I kid you not: at 12:38 pm [9/24] a PayPal payment came through, and the email from him saying he had figured out how to set up the account and that I should now see the \$131. 😊

I wrote a cheerful "Thank you! It came through!" to him, and looked up and thanked Mother and the Divine!

(Kathy T.)

Comment: What evoked the response:

- Overcoming irritation, upsetness, and blame.
- Becoming rational instead of emotionally irrational
- Consecration - offering to the Spirit - the matter
- Letting go after the consecration, not insisting on one's point of view and want, but letting the Higher Power - Mother - take over
- Gratitude after the positive response - i.e. that worked in the reverse in time

Ants And Mother

In our house every now and then ants would bring soil and accumulate it behind Mother and Sri Aurobindo's photos because of the flowers offered to Mother. So my husband used to spray pesticides or a chalk to get rid of them. This disturbed us a lot and we felt bad that the ants had to give up their lives.

One day it so happened that we chanced to listen to M Sir's speech, a staunch follower of Appa. While narrating his personal experience about how he handled ants problem, he explained that he consecrated the problem to Mother and changed his inner thoughts, and so the ants vanished without any human effort.

So we followed the same and we requested Mother to handle this problem, and Ants disappeared. Nowadays, they come rarely and disappear within a day as we request Mother.

(a devotee)

Untitled

Doing what you were reluctant to do will attract great results, and in ways you would never have imagined. (ep)

Being Beingness

Planes of Our Being

Here's a nice image of the makeup of our being. Note that the Spirit is the innermost center. (We could call it the spark of the Divine within us.)

Connected with the Spirit is the Soul, which is the Psychic Being, the evolving Entity that takes birth in the body and then enters other bodies in succession on its journey of Self-Discovery (through the experiences of the individual it inhabits).

Next, the mental being involves thought of the Mind, including fact processing, the beliefs we have, and where rational thinking takes place.

The Vital being consists of our attitudes, feelings, emotions, and sensations.

The Physical Body is just that: the gross, material, container of our existence, including all its systems and functionings.

Joining the Forces of Silent Change

The old mental order is crumbling or going through intense pressures, making the way for Something Greater. The Higher is also coming through subtly and Silently, while most on earth are consumed by the intensity of the change and the difficulties of their own lives.

It is then a matter of choice to join the forces of Silent Change. We can partake in this quiet process, ushering in a new-type person, a new society; spirit-oriented and supramental in nature.

—

Why “Silent Change”?

Most change is very public; out in the open. Here - in developing this higher self, higher human, in building this new world - it is mostly undetected, beneath the radar of societal tumult. Sri Aurobindo says the new world is being born while Man is asleep - preoccupied with so many other matters, the problems of their times, their surface interests. ... This new world is being built mostly undetected. Silently the great Change is being made.

Chance Necessity Fate

Einstein’s Remark about God, and Determination in the Universe

Q: Einstein said “God does not play dice.” Does he have a point?

A: Though he might not mean it that way, his remark suggests that there is a Divine Reality. Moreover that Reality has a divine Plan that we can all participate in, collaborating in its unfolding.

There is thus a certain Determination in the universe; rather than mere randomness and chance. Moreover, there are subtle cosmic laws governing the Divine Action.

And yet to us, existence seems very much the opposite - random; without any obvious determination, let alone a Source determining force. That’s because we are unable to

perceive the subtle principles, laws, rules governing existence, as we live too much on the surface of Life.

Sri Aurobindo, the great Indian sage was able to perceive this Reality in full. He knew and experienced and explained it in great detail, and with great clarity. He looked into Life and out of it perceived the Process of Creation; i.e. how the universe came to be from a Divine Source, and how we in the universe are evolving back to Spirit; yet bringing the divine attributes into the details of life.

Still it should be noted that we have complete freedom to partake in this Divine Unfolding. We can choose whether or not to participate, to collaborate with It. And to the degree we do, we enable the greatest positive results in the shortest period of time in our lives and in the world around us. This dual process culminates in what he calls "a Divine Life on Earth," which he has clearly seen is the destiny of humanity.

Tolstoy On "Chance"

"...Tolstoy was profoundly right when he wrote in his epilogue to War and Peace that there was no such thing as chance, only events whose cause we do not perceive and understand and therefore appear to us as chance..."

(From 'The Book' by Garry Jacobs, page 304)

Change

Changing the World by Breaking Away from The Herd

The number of people who change the world is few. Why is that the case? It is because the remainder of us follow the herd, feel the instinct to keep in line with the past, not upset the norm, the tradition.

Until one looks around and asks who am I? What is life? What is my purpose? What should I become? Where are we headed? one will never cease following the herd. Until one uses the power of mind to question the norm, and seek one's own path, one will be in lock step with all others.

It is through mind that we can question things, enabling us to break away from the herd and become true individuals, with the capacity to change the world.

"What Should I Do with My Life?"

If one doesn't know, how can we discover what to do with our lives?

First of all, look around for subtle signs; for life indicators. They are always there, pointing toward future possibilities.

If that doesn't work for you, intensely ask the universe (or the divine, if you are so inclined) to reveal its Secret to you. And then let it all go; forgetting the matter completely. Be sure to have Faith in whatever is to come; not just what you may want.

Also, maintain a positive attitude; be cheerful and optimistic. Be sure to brush aside any negative feelings about others, work, life, and yourself.

Soon after life will begin to reveal the path it has laid out for you. It may come from outside or from within yourself. One way or another, Life will respond to your aspiration.

If opportunities come into your field of awareness, by all means take them seriously; and as necessary seize them.

Be open to all possibilities, for it is the Hour of the Unexpected.

Beyond Nature's Way of Division to Enable Progress

The more intense the division, the more integral, powerful the coming together. Eg WWII was followed by European Union; the conflict between Eliza and Darcy in *Pride and Prejudice* was followed by their intensive, benefit-spreading coming together.

On the other hand, Perpetual Higher Consciousness avoids the negative side, the conflictive, and goes directly to the positive outcome, rapidly turning limitation, finites, into infinite-like conditions. This will increasingly be the way of the future as we develop our consciousness to a higher level. In essence, the way of Spirit replacing the way of Nature.

Joining the Forces of Silent Change

The old mental order is crumbling or going through intense pressures, making the way for Something Greater. The Higher is also coming through subtlety and Silently, while most on earth are consumed by the intensity of the change and the difficulties of their own lives.

It is then a matter of choice to join the forces of Silent Change. We can partake in this quiet process, ushering in a new-type person, a new society; spirit-oriented and supramental in nature.

Life, Equilibrium, and Change

"Life acts at every moment to preserve and restore equilibrium. Where the force for change is weak, life overcomes it and restores the equilibrium at the present level. Where an evolutionary force for change has sufficient intensity, it disrupts the equilibrium at the present level and life rises to restore it at a higher level." (from the 'Archives' in 'The Book' by Garry Jacobs)

— —

Life always seeks equilibrium. We can say that in this dynamic the equilibrium is restored through a Response from life.

Suppose a man has a deep aspiration to link his career to his ideals. That is a substantial rise in consciousness. It also shifts life out of equilibrium.

A short while after, he casually meets with someone about a great opportunity that would meld paying work with his highest ideals. It changes his life forever. This response from life restores the equilibrium, but now at a much higher level.

Untitled

Life is Change.

Untitled

When you try to do things differently, you invite Possibilities into your life.

Untitled

Living happily, steadily in the chaos, randomness, unpredictability, - what we seem to have little control of - is a yogic poise.

Boons

Everyone wants boons. Boons from the Deity. Boons from this and that; boons, boons, and more boons! And yet it is said that if you want boons, then Change Yourself; Elevate your Consciousness. Boons will then come from ALL DIRECTIONS!

Untitled

We constantly want to see others change; but it is we, ourselves who first need to change. I.e. we need to change our limited habits, attitudes, opinions, and beliefs first.

Untitled

... Nor let worldly prudence whisper too closely in thy ear; for it is the Hour of the Unexpected.

(Sri Aurobindo)

Untitled

If you want to get rid of the negative In the world, discover the corresponding negative in yourself and change it. Life will respond!

Personal Life Experience, Not Another's Knowledge Compels One to Change

Ordinarily one does not change one's consciousness because another has implored you to do so. It happens when you have a life experience and you are forced to overcome your limitations. Then when you make the reversal, life opens up and blossoms before you.

Untitled

Life compels us to accept and transform the defects in ourselves that we see in others.

Untitled

The Secret before us every minute is that when we change our own negative Attitude, others around us suddenly change theirs.

Untitled

If you want a thing, spend less time trying to get it, and more time changing impediments in your consciousness that prevent it.

Comment: What prevents us from accomplishing are wrong attitudes, fixed habits, and faulty beliefs. When we change any of those, life quickly responds with good fortune, fulfilling one's earlier aspiration. Most importantly, we grow as a result, so now we have greater psychological status to succeed in the next rounds as well.

In other words, change first one's limited nature to evoke response rather than first wanting a result and making efforts to succeed. This way you will what you want (or related), plus you will have grown inwardly for even greater successes in future. It is a movement inward first to make the inner change, rather than starting with the outer physical effort.

Change The World By Changing Yourself

If you want to awaken all of humanity, then awaken all of yourself.

If you want to eliminate the suffering in the world,
then eliminate all that is dark and negative in yourself.

Truly, the greatest gift you have to give is that of your own self-transformation." (Lao Tzu)

Now Is An "Hour Of God"

We are at one of those Hours of God, when the old bases get shaken, and there is a great confusion; but it is a wonderful opportunity for those who want to leap forward, the possibility of progress is exceptional.

(The Mother, from Agenda, April 1, 1971)

Untitled

Rather than asking things of the Divine, discover and change one critical corresponding deficiency in your being. Divine gifts will then pour in.

Untitled

If we change corresponding negative qualities in our being – whether in habits, attitudes, beliefs, or actions – positive vibrations will move out into the field of life, and the virus will dissipate.

Untitled

By identifying and overcoming our own unharmonic negative attitudes and behaviors, the virus will begin to dissipate.

Untitled

A true Consecrated act is accompanied by shedding all negative propensities - attitudes, beliefs - we bring to bear. It is to rely only on Her.

Eg I want to secure more work for myself, and so I wish to consecrate the possibility. However I also recognize that I have a negative attitude of unwillingness to teach certain subjects, as well as propensity to dislike my agent who secures work for me.. Inwardly I tell myself I don't want those things, even consecrating them to Mother.

Now in that context of the overall aspiration for increased work, when consecrated -- , i.e. only for what the Divine wants, without my negative impediments, -- the life response result is tremendous. I secure months' worth of work, and most unexpectedly at a far higher paying rate than I ever would have imagined.

Untitled

We can only change another person by changing ourselves.

Untitled

Life unfolds to show you all your personal defects. Whether and how you choose to address them is up to you.

Untitled

Garry Sir once asked me: "Do you really feel that everything around us is also the Divine, as Sri Aurobindo indicates?"

Comment: I.e. since the universe is the physical body of the Divine, then all material objects are in essence also the Divine. But can we feel that? Do we look around and feel the divinity in things, people around us? Several times I have had the experience.

If you want someone to change, stop complaining about them – both inwardly and outwardly. Life will then respond in your favor.

Untitled

Instead of trying to change others, think of and act on the ways you can change yourself. Others will then follow.

Untitled

Changing our nature is often easier than discovering what in our nature needs changing.

Untitled

Mother says by 25 our nature is fixed, whereas Integral Yoga is to continually make breakthroughs throughout our lives.

Untitled

We want our problems solved by the Higher Power, but too often fail to see and change our defects in character that attracted it.

Changing Life

Untitled

Along with great beauty, there is great misery in life. Our goal then is - through our higher consciousness - to overcome the latter, while heightening the former. It will take the full Will of one's Life's Purpose to help bring about that eventuality; that Divine change.

On Life's Security and Change

We want security in life. But Life is change. And Spiritual Life is Rapid Change. There it is always the hour of the Unexpected. Deep, inner courage enables us to flow with it, and ride that wave to our evolutionary future.

Life's Challenge

We hope for a life of ease. But that is not we are here for. We are here for a life of Challenge, and the higher consciousness required to meet it, raising up our life.

Unpredictability of Life

Life seems so unpredictable: one minute it is working well, the next it falls apart. It appears to us that way because we don't understand the Character of Life, including its subtle laws. E.g. we don't readily perceive the connection between our inner selves and the world around us; i.e. inner-outer correspondence.

Untitled

Do we want to live the LIFESTYLE of Consecration - to the Force, Mother, evoking endless Miraculousness - or the ordinary life?

Untitled

Life is not going to back to normal, but rather forward to Different.

Untitled

We can't go back to the old life, as we are being thrust into the New - our Destined Future.

Character of Life

Life's Powerful Neutrality of Purpose

The dualities like good and bad, good and evil do exist in life. They exist in a sense that they serve a purpose in the overall perspective of the Divine's plan. It's not by condemning or running away from them that we can get rid of them. Rather when we rise in consciousness, when we transcend our ego, we are able to perceive the whole Reality and their purpose.

In *Pride & Prejudice*, Darcy was good and Wickham was bad is a limited understanding. Both are needed for each others' growth in consciousness, as well as to manifest the Divine (here Jane Austen) plan.

Thus, Life is neutral; it acts according to its laws, and presents opportunity to everybody. The extent we want to utilize that fact and grow in consciousness is a question of our choice.

Untitled

"...Life is the raw material from which the creative imagination of great writers generates works of fiction that are truer than life—truer because they probe and reveal more deeply its real character..."

(Janani Ramanathan, from *Cadmus journal*)

Untitled

Only when we understand Life and its Character will we begin to perceive our purpose; i.e. why we are here; and where we are headed.

Unpredictability of Life

Life seems so unpredictable: one minute it is working well, the next it falls apart. It appears to us that way because we don't understand the Character of Life, including its subtle laws. E.g. we don't readily perceive the connection between our inner selves and the world around us; i.e. inner-outer correspondence.

Scientific View vs Character of Life

Science perceives chance or randomness or certain material or mechanistic laws of life. It does not perceive Life's True Character.

We at MSS through guidance of Sri Karmayogi have revealed the Character of Life for 40 years and come up with many astonishing laws and principles, of which inner outer correspondence, repeating and predecessor events, and practical concept of infinity are but a few.

That knowledge of the Character of Life comes through painstaking observation and subtle perception and awareness on our part, which we can develop through our elevation and deepening of our consciousness.

By knowing the Character of Life we can truly understand the nature of life, the source of its problems, and therefore its integral solutions.

Untitled

Our life is a novel that each of us are writing and learning from. (Garry Jacobs)

Perceiving the Hidden Patterns of Life

There are subtle patterns of life that go unnoticed, and which defy our normal perceptions of logic, cause and effect, and space and time.

Understanding these hidden patterns not only enables us to see the world in a different way, but gives us the insight to perceive the truths that are unfolding in the atmosphere around us.

From that poise we can know the true truth of the reality unfolding around us, giving us one leg up on the world so that we can make the right decisions that invariably will lead to infinitely successful results. In other words, perceiving the subtle workings of life can lead to great accomplishment, success, and happiness in life.

In this article at Mother's Service Society we'll cover a variety of these subtle hidden patterns in life in the following discussion. We'll begin with that most fundamental aspect of life, the simple act:

<http://www.motherservice.org/content/hidden-patterns-life>

Untitled

"Character of Life" is an original, highly sophisticated perspective of human existence that Sri Karmayogi has brought to the world.

My Startling Predecessor Events With Steve Jobs

Karmayogi says that everything that happens in life is indicated beforehand - and there are no exceptions.

In 1983 I was invited by a vice president of sales at Apple to join the company. I went to the corporate headquarters in Cupertino, California and met with the principle and his wife in the lobby.

Just as I was about to be hired on there was a commotion around us, and our meeting was suddenly cancelled, The next day I would later learn that founder Steve Jobs had been fired from the company.

Five years later I went to the hillside campus of NeXT Computer in Palo Alto where Steve Jobs was founding a new computer company. I had come there with a friend with the intention of giving Steve Jobs a copy of Karmayogi's Consciousness Approach to Business Management.

Suddenly Steve appeared in the office ahead just around the bend, and was headed in my direction. This seemed like the golden opportunity I was hoping for. And so I reached out and attempted to hand the paper to Jobs, but at the very last moment an associate of his cut me off and deflected my effort. The paper never got to Jobs.

If we examine these two situations closely we can see that the first situation involving the Apple sales position and its last minute failed outcome, was an indicator of the outcome of the effort at NeXt to hand over Karmayogi's paper. The former was an indicator of the outcome latter.

If we closely examine events in our life we can see such correlation as this phenomenon of predecessor events. It is one example of the subtle patterns of life that most of us miss.

PS. A few years later, after Steve Jobs returned to Apple and turned it into the most successful company in history, I went to the Apple stockholder's meeting at the same location I had the original sales interview years before; i.e. at Apple's headquarters in Cupertino. I had one share of stock and was therefore entitled to the shareholders' meeting attended by several hundred investors.

At the end of the meeting, everyone cleared out, except Steve and a few associates whom he was engaged in conversation with under the glowing stage lights. The only other person in view was myself, standing about 15 yards from Jobs waiting my turn to talk to him.

Interestingly he stared back at me, meeting my gaze. I thought there was a chance to talk to him about various things, including Karmayogi's insights into infinite success.

However, after 5 minutes of standing there and trading an occasional glance, nothing transpired. And so I solemnly left the building and walked out into the bright sunshine. It too was indicated by previous nearly successful, but ultimately unsuccessful outcomes in my relation to Jobs.

The good news is that Apple recovered under Jobs and ended up becoming the most successful company in the history. Perhaps he had caught Karmayogi's energy and insights after all!

BTW, such indicators of the past of what occurs in the present happen positively, neutrally, or negatively. We can perceive it in our current circumstance, or look back on our lives to see this startling correlation and phenomenon of life.

(Roy Posner)

Predecessor To Meeting Garry And Leslie Jacobs

I had a predecessor to my first meeting with Garry and Leslie Jacobs in Southern California in 1975. Back in the early 1970s I was a student at Syracuse University in New York state. For several years I was unable to hone in on my interests in life; hence I was an uninvolved, demotivated student.

Then I started being interested in the rapid changes involving youth at the time - the hippy movement, the new age spiritual movement et al; and so I changed my major to

American Studies, and did most of that learning at the Maxwell School of Citizenship within Syracuse University.

Well it turns out that an earlier dean of the school was Harlan Cleveland, the very individual who brought Garry Jacobs into the World Academy several decades later! Already I had an association!

It was a predecessor event of what was to come.

Karmayogi says everything is indicated beforehand; and there are No exceptions.

And by the way, my middle name in Hebrew is Jacob!

(Roy Posner)

Untitled

To know the Character of Life is to know the Secrets of Life.

Circumstance

What Happens is Always for the Best?

In connection with an old Playground Talk of March 14, 1951-

[Devotee:] I feel like asking you a very simple question. You say here, "If we always had the feeling that what happens under any circumstances is the best, we wouldn't be afraid...." Is it truly the best that happens under any circumstances?

[Mother:] It's the best in the given state of the world – it's not an absolute best.

There are two things: in a total and absolute way, at every instant, it's the best possible with regard to the divine Goal for the whole; and for someone who is consciously attuned to the divine Will, what happens is the most favorable to his own divine realization.

For the whole, it's always, every instant, the most favorable to the divine evolution. And for the elements consciously attuned to the Divine, it's the best for the perfection of their union.

(from Mother's Agenda, May 19, 1965)

Cleanliness Orderliness

Attention to Objects, Their Appreciation, and Response from Life

Give a physical object, such a machine, and it will soon start operating in ways you would not have imagined. Even a small, token effort of attention can attract that startling result, especially if the object has been neglected. It is the soul of the machine expressing its appreciation.

A man cleaned part of a vacuum cleaner that went beyond normal levels of attention, and the next day it seemed to clean everything in sight! He was utterly amazed at the results it produced for that small extra effort of attention and cleanliness.

Untitled

First order of any business or work is Cleanliness, Orderliness.

It attracts money, orders, and opportunities.

Untitled

Cleaning & ordering at the end of the current round makes you receptive in the next.

Power Of Cleanliness To Attract A Friend

Here is a life response shared by a Facebook connection:

"Greetings to all.

I wish to share my life response experience which happened today.

I'm living in this house for past 1.5 yrs. I have a helper for cleaning the house. As I used to travel a lot I have never fully cleaned the balcony. Even if I did, it was just 10%.

2 days back, I cleaned 100% of the balcony space with my helper.

Today I had a friend connecting with me after 7 months. I thought it was over. That was a miraculous response."

Cleanliness/Orderliness Power For Our Clients

The very first thing we suggest to our business clients is to clean and organize their place (offices, warehouses, manufacturing facilities, et al) to perfection.

When big or increased sales and money suddenly start pouring in from out of nowhere, they are astonished.

We usually refrain from explaining what happened, keeping it - the Life Response Power of Cleanliness and Orderliness - to ourselves, waiting perhaps for a later, more appropriate time to explain.

Collective

Untitled

Society supports the development of individual leaders who in turn support the development of society. The individual and the collective represent complementary rather than contradictory elements. (Garry Jacobs)

Untitled

Aspiring for the success of others qualifies you to receive the bounties of life. Otherwise, you are focused on yourself, which is ego, which qualifies you for nothing.

Untitled

World is evolving from two ends: toward greater true individuality, and towards increasing collective harmony.

Untitled

Sri Aurobindo said that one man can change the world. (e.g. like Martin Luther, Leonardo da Vinci, Albert Einstein, Steve Jobs, et al.) Then what can you do in your life to make that happen?

(please enter in Comments)

Untitled

Shift from wanting a thing for yourself to aspiring it for everyone.

Untitled

When you identify with not just your own aspirations, but the aspirations of Humanity, your efforts will be great for others, as well as yourself. You will partake INFINITELY in the rewards because of your Universal intention.

Untitled

If a sincere, dedicated, insightful Mother devotee puts out a thought, a novel idea, a masterful solution, it unexpectedly spreads throughout the world, often solving the seemingly unsolvable problem it addressed.

Untitled

There is a GLOBAL pandemic because ALL of Humanity has to go to the next level in the world's Evolution.

Untitled

Yesterday I had enough of all the tragedy and finger-pointing regarding coronavirus in USA. I consecrated the entire matter. The Next Morning I opened the paper and for first time new corona cases were listed as going DOWN in USA. As I saw once again, Consecration indeed works for the collective.

Further comment:

In this instance, I had broken beyond the bounds of one side being right and the other being wrong. I simply wanted change, that transcended both.

Garry Sir had a similar experience in the 1970s when he was tired of the ongoing arguments of the two sides involving a court case. Rather than justifying his side (who

were mostly in the right), he told Mother he was tired of the whole thing; the years-long ongoing case. Right after that the case simply ceased to exist, to their benefit.

Untitled

Results of a devotee's Consecration tends to expand to the collective.

Comment: A Devotee made the effort to contact a home management company about a dangerous wasp nest on his neighbor's property. He had already been stung by one of them. When the service person arrived not only did he take care of the large nest on the neighbors property, but surprisingly also did a thorough exam of his own property, removing several additional nests.

Extremely challenging conditions in the world are due to Society's subconscious aspiration to make a great Progress.

Visa Response At Universal Plane

Opening to Mother to a personal issue can open the doors for the collective. Here's the experience of S.

"I have one experience regarding this:

it happened around 2015. I am on a dependent visa in the US and dependents are not allowed to work.

When I prayed to Mother (actually I did not even pray to Mother, I just used to feel regret in my heart in front of Mother's picture), they passed a new law that all spouses on dependent visa will become eligible to go to work."

Mother enables a personal issue get resolved at the collective level. Her supramental Force can evoke solutions at the universal plane.

Unintended Effects On The Collective Through Mother

It is often the case for followers of the Mother that while trying to solve their own problems or create some success, they end up quickly attracting a benefit that also goes to the collective; even the whole society. Thus, Her followers not only are not only capable of becoming true Individual beings, but collective ones as well; sometimes referred to as "Universal." Here are several examples of devotees that demonstrate this phenomenon:

1. "When I first came to the US I was on a dependent visa. I was very disappointed that I could not work here. However, very soon the laws changed and starting from May 26, 2015 all spouses on dependent visa were provided work authorization! For this I did not even voice a prayer to Mother."

2. An American friend of ours was very concerned that the fires burning out of control in Northern California for nearly a month could soon lead to the deaths of hundreds, maybe thousands, as the smoke in the air had turned dangerously toxic.

He then called intensely to Mother, hoping for some change.

The next morning when he awoke, he saw that the skies had completely cleared. He later learned that an unexpected weather system had swept through the area clearing out the smoke, potentially saving the lives of many scores of people.

In this case, the man not only evoked a response for himself, but for millions of others in the wider community.

3. "I was doing my full time PhD with a scholarship in Taiwan couple of years back and that money was just sufficient for my stay and studies there. It was in the third year of my research and in the November month of 2009, my entire amount in the post office account there was over by 25th afternoon and I was so reluctant to ask my in laws, relatives or my friends, some amount of money to run a week. I was also in a dilemma whether to raise some money by taking a loan from the department.

After two three hours of mental tensions, I switched over to the spiritual Force. My Prayer was intense and deep and ended in a meditation and subsequently to a sleep. I had a noodles packet, two eggs and a single packet of three in one tea in the night, my last available food stored.

Next day morning, I was moving to college, but some message was coming strongly inside to check my Post Office account there. I was surprised to see 45,000 NT\$ available in my account which is 60,000 Indian rupees. I alarmed "the Spiritual Force" and it was difficult to hide my tears from the public standing outside in the ATM counter, when I turned back after withdrawing some amount.

I went to the department and heard this thing: There was a meeting in the University headed by the President about a special payment to be made for students who had scored more than 75%, last week and the final decision and allocation of amount was done on 25th afternoon. My University is with more than 120 departments and more than 40,000 students and I was so sure that, around 10,000 students of them had received this much of amount. That means the money allocated that day was few crores!!!!"

4. A tenant noticed that his living complex had become filthy and overgrown due to the inattention of the manager of the property. However, rather than confront him, he narrated the information to the owner, and even picked up a bit of the litter as a token gesture. Several days later, it was clear the manager got the word, and people were brought in to help clean up the mess. The tenant was pleased with this outcome ... but there was more.

The very next day he opened the major newspaper for the region and saw a headline that indicated that the city the man lived in (Long Beach, California) had finally decided to consider instituting regulations for upkeep of all rental apartments by their owners, -- including electrical, plumbing, heat, trash, general upkeep, etc., -- something this city alone had been lax to do and wholly negligent in. Now suddenly there was a public outcry and movement in the community to institute these fundamental regulations; something hardly ever mentioned before.

5. A woman and her son were experiencing many delays in their travels as they navigated the various airports In India since there were no direct flights. As a result, they were continually fatigued and irritable along the way. Moreover, she began to rail against the system that did not provide more direct flights to her destination. Finally, she realized that the problem was in her attitude, which she then offered to the Divine Mother. She later learned that for the first time, direct flights were available to and from her local city to the desired destination, making the need for transfers unnecessary! Through the spiritual Force, she evoked a response not only for herself, but for the collective!

6. A close devotee of Karmayogi who made him feel physically well was living in Fremont, California with husband and young son. One day she had troubles with her stove. She could not get it to work properly. She reported the incident to apartment manager.

However rather than complain about it to herself in the interim she cleaned the filaments as bet as possible, while offering to Mother her prayers. A few days later the manager arrived with a brand new stove. She was thrilled about this development. Even more astonishing was that as a result of this incident management decided to install ovens in the remaining dozens of apartments in the complex!

7. This is at a time when I was taking deep interest in the severe drought that had overtaken the state. I have been thinking deeply about this issue, had some recent success in evoking rain as in the past, and just a few days later was happy when it was announced by the governor that there would be huge cutbacks in water use and wastage around the state in an attempt at conservation.

The day after the announcement and my visit to McDonald's I watched the national TV news about the governor's plan to radically reduce water outflows in the state. At one point in the video the announcer showed a McDonald's that was altering their landscaping from grass to succulents and such in order to save water. A few seconds later the announcer said "here is an example of what McDonald's is doing in Long Beach, California in trying to adapt to the governor's new order mandate."

When I looked closer at the video I noticed that that they were showing the very same McDonald's that I had had been in and walked across a few hours earlier! In fact, they were showing the very same workers altering the shrubbery that I saw only a few hours earlier!

To appreciate the enormity of this cosmic response, one needs to know that this was a live national news broadcast and that there are also nearly 10,000 McDonald's in the world of which 7000 are in the USA, and yet they managed to show the very one that I had just frequented!

Vaccine Attraction Through Consecration

I wanted to share a wonderful experience or life response that happened today. I was just consecrating some things in the morning and telling Mother that only Her will

should act and my will should not at all act. In a few minutes I got this email from our local hospital with the title: “Good News at Christmas – COVID-19 Vaccine”.

“An FDA-approved COVID-19 vaccine designed to prevent the COVID-19 virus is the best hope for ending the pandemic. With two vaccines on the horizon, chances are you have some questions about the vaccine.

We are committed to keeping you and our community informed and educated so you can keep yourself and your loved ones safe. That's why we've compiled a list of frequently asked questions to help you better understand how the vaccines were created, some of the safety protocols the CDC and FDA have in place and the current plans for distribution.

We will continue to update information regarding COVID-19 vaccination as it becomes available, so be sure to check our COVID-19 web page frequently for the latest updates.”

(Saraswathi)

RP: The response was not just for her, but also the collective.

New Phone Surprise

I wanted to share an experience that happened today.

In the morning I had a small argument with my husband while making breakfast and then my husband left to office. Usually I would have just sat and fumed and felt angry. But today I was just praying to Mother using the following words “Remove my ego Mother”.

My husband came back home for lunch and informed me that they gave a new iphone to him at office for free. My husband had an old phone, I think from 2014 or so, and never changed it.

I felt it was Mother’s response to my prayer to remove the ego 😊 (Sara)

Comment: 😊 my husband returned now and informed that all other people in the office who had older version of phones were given new phones. Mother’s Grace is truly universal. (Sara)

Collaboration Cooperation

Collaborating with Will of Divine Mother

The Divine Mother wants to manifest Infinity in Life; manifest the Supreme on earth and in each of us. And we are here as Her representatives to manifest Her Will in Life; to be the instruments that help create a Divine life on earth.

Untitled

Competition turning into Cooperation is a sign of conscious evolution.

Collaborating with, Completing Their Supramental Mission

Sri Aurobindo spent his life bringing down the Truth Consciousness (The supramental power) from its infinite heights into the earth's atmosphere.

Mother completed that phase by taking a golden hammer and releasing that force further down into the earth.

Now followers of Them can bring the Force down into the details of their lives furthering Their mission, enabling a vast power to uplift and transform all aspects of life on earth.

Untitled

Given the conditions, it's wise to consecrate everything; every detail of our lives.

"Going it alone" is foolish in these times. Collaboration and unity are paramount.

Untitled

Lack of Cooperation in the world is the subtle root cause of the emergence and spread of coronavirus.

Comment: It has come - through strident means - to reverse the non-cooperation.

Untitled

Until we abdicate the little person inside - where we blame, accuse one another - the divine Work cannot be done.

Comment: If we switch to cooperation and harmony with one another, ours and the Greater Work of transformation will quickly get accomplished.

"What should be said is that in this Consciousness where the two contraries, the two opposites are united, the nature of both changes. They don't remain as they are. It's not that they unite and remain the same: the nature of both changes. And that's quite important. Their nature, their action, their vibration are completely different the minute they unite. It's separation that made them what they are.

Separation must be done away with, then their very nature changes: it's no longer "good" and "evil" but something else, which is complete. It's complete."

(Mother, from Agenda, January 21, 1970)

Untitled

Solution to Global Pandemic = Global Cooperation.

Untitled

COOPERATION of nations will end global warming, for after all our separative Ego actions - i.e. Non cooperation - created it in the first place.

Untitled

The entire arc of history can be seen as a movement from My point of view (ego) to Their point of view (cooperating with others).

Communicating

Beginning a Conversation

In a new conversation it's advisable to allow the other person to speak of their interests first.

And then throughout the conversation it's best to constantly take an interest in what they have to say; focusing on what their interests are, over your own concerns.

As a result, life will respond positively. Moreover, all that you were interested in saying at the outset will be conveyed in due time, and then some.

Not only will the conversation go very well, but along the way, unexpected positive developments are likely to be revealed.

Untitled

If you reject outright someone else's positive suggestion, you may be asked by life to serve a key role in its implementation.

Computers Internet Technology

Untitled

Internet, web, social network, et al is the individual's experience of the Universal Plane at a subtle material level.

Untitled

Did Mother and a Devotee Foresee the Internet, the World Wide Web Fifty Years Ago?

I saw Y. on the 31st. She stayed for about an hour and told me of her hopes: she sees the possibility of a sort of world television (I don't know how that would be arranged), with a telephone and a central office where answers to all possible questions would be collected – each question answered by someone eminent or qualified. The result would be the organization of a universal – well, a world education that would really be an education for all countries, in which the knowledge and best qualities of every country in the artistic, literary and scientific fields would be gathered in a kind of transmitting center, and all you would have to do would be to get into communication with it. So then, instead of having more or less incapable teachers to teach what they know also more or less, you would have the answer to every question, the most competent and best answer. Thus there would really be all over the earth an education that would be the best possible, from which everyone would receive only what he wants; you wouldn't have to attend classes, a number of useless classes, in order to catch the little you want

to know: you would have it just by getting into communication with the center; you would ask for such and such a number and would get your answer.

If it could be realized, it would be very good. It means that the most beautiful works of art, the most beautiful teachings, all the best of what humanity is GOING to produce, would be collected and within the reach of all those who had a television. There would be pictures along with the explanation, or a text or speech. A kind of imposing central building where everything would be gathered. I found it rather attractive. I told her that we would have that in Auroville (not the central office: just a receiving set). She said that instead of teachers who teach poorly what they know, there would be the best teaching for each subject.... (I didn't ask her WHO would select those people – that remains the somewhat delicate point.) But I found the idea very attractive. She said things are moving in that direction.

(The Mother, from Agenda, June 3rd, 1967)

Perceiving Source Of Negative Response

Sometimes our lower movement evokes a negative response from the environment. Eg the internet connection fails that we can associate back to a negative attitude on our part.

(Or it may be due to another person at our gathering.)

Other times negatives come from outside due to their influence alone. Eg the Internet goes down state-wide while we were having an harmonious meeting.

We need to widen our consciousness to perceive the possibilities; to see what in ourselves (or from the society) are attracting the negative, and to make the inner adjustments.

From such events we become more conscious and grow. That's one reason such circumstance come; for our progress.

Receiving For Free And Complaint

It's interesting that the more we get, receive for free - eg Internet, Google, Facebook, et al, - the more we complain about them. When we Pay in a transaction we are less likely to complain. That's because normal transactions require two sides - the purchaser and provider, - not just a free side. As soon as we get something for free we complain, and want more. It's human nature. It's the falsehood of the ego.

Conscious Unconscious

Untitled

The Conscious tend to think critically and thus always question their motives, their facts, their logic and their conclusions. The Unconscious who negatively wield Power have the kind of arrogant confidence in the rightness of their cause that is only possessed by the truly ignorant. (paraphrase of TM)

Untitled

It is difficult to hold back one's Opinions; but the Conscious individual regularly does so. The reward is that Life continually takes to your points of view.

Awakening Powers Above/Within

Becoming conscious means that the powers Above have awakened in us.

All that comes to us in life, positive or negative is to awaken in us the planes of consciousness that are Above; that are buried in ourselves.

Untitled

Unconsciously repeating the same old physical habit is a grave digger. Doing things fresh and new, reinvigorates Life.

Untitled

Life, including all our experiences, is Consciousness teasing, tempting us to awaken from the Unconsciousness in our selves.

Untitled

Knowing who you truly are Within is the critical step for knowing what Reality is; what the universe is and beyond.

Untitled

When the conflict on the outside forces us to see the truth inside, - of our hand in it, responsibility for it, - we gain a great knowledge. And as a result, life responds in our favor.

Untitled

A sincere person who employs consciously the best of strategies allows Life to accomplish not at his level, but at the widest level. (Karmayogi)

Untitled

Each time you understand something you have not understood so far, a block is removed and work is accomplished. (Karmayogi)

Untitled

Life is continuously bringing us what needs to be evolved, requiring our higher level of consciousness. Life is Conscious that way!

Power of No Opinion, Position

We have endless opinions, positions on a wide number of topics. Yet having NO opinions is great, as we are hanging in mid-air, with the Spirit, Mother to guide us. It is a blissful position to be in, which in turn tends to evoke infinite possibilities.

On Freshness

How to create Freshness, i.e. new-found energy and joy in any act - in our lives?

--When we don't react in the same old way to a situation or condition, we create the possibility of Freshness.

--When we don't allow our usual mental (beliefs) or vital (attitudes) or physical reactions (habit) to come into play in a situation or condition, Freshness is born

--It is to engage in any act not out of habit, not out of social conditioning, but CONSCIOUSLY. New energies of Freshness arise.

--When we consecrate the act, with "Thy Will Be Done", the act is infused with Freshness.

Normally freshness occurs when we are surprised or feel joy in what life presents.

Our goal is to create Freshness any time of the day; in any activity engaged in. It is possible by taking to the above or similar steps.

"Life is routine because life is unconscious. Conscious Life brings continuous Freshness"

Freshness opens all of life to possibilities. Or rather when we take to freshness, the whole world opens up to us. We attract positively and enormously.

When in 'Around the World in 80 Days' Phineas Fogg gives up his ridiculous habits in order to win the wager, he evokes enormous freshness and energy that allows him to succeed in travelling around the world and winning the bet.

Untitled

The more conscious we are, the more growth comes through opportunities. (Sunlit Path). Otherwise, it comes through difficulties.

Comment: And yet even the problem is secretly an opportunity.

Untitled

Pandemic is revealing nearly every major problem in every country, collective throughout the world. It is thereby making us conscious.

Reader: The unessential things are getting cropped up.

Untitled

Consciousness and Time have an inverse relationship. The more conscious we are, the quicker things happen.

Comment: When we have a substantial or intense rise in consciousness, we often experience "instantaneous miraculousness" - i.e. life response phenomenon in no time.

Conscious Awareness In First Five Minutes Of A Meeting

-In the first five meetings of a meeting you can sense the vibration and outcome of the gathering. What will happen for the entire meeting will be presented at the outset.

-If at the outset of the meeting you detect the vibration is negative, Consecration of the limitation can turn the tide.

-If one feels, exhibits calm, sweetness, humility, yet with a vibrancy for a positive outcome just before the meeting begins,, one can attract the total positive that the meeting would produce in the first five minutes.

-Throughout the meeting one can sense the subtle and not so subtle vibration, and make the necessary inner adjustment to turn the tide (whether moving to calm, to silent will, to taking the other person's view, consecrating a negative remark, etc. etc.)

(Roy Posner)

Devotees Success Capacities Vs Non- Devotees

I think the only difference between devotees and non-devotees is we devotees can apply these inner, life response evoking methods and principles CONSCIOUSLY - at least we have the opportunity to do so - and attract these startling results, whereas people in life do it unconsciously.

(Sara, paraphrased)

Untitled

People who don't wear masks is to suggest they don't believe in the invisible virus; similar to disbelief in the Invisible Spirit.

Consciousness

Consciousness and Organization Together

"Life evolves through growth of consciousness, even as consciousness evolves through greater organization." - The Book

They always go together. Either one alone is not enough to bring forth results in life. One who lacks the first half of the formula means they haven't the energy; no fuel to drive the life. And one who lacks the second half of the formula means there is dissipation of energies due to lack of proper organization.

One of the ways life reconciles this by bringing contradictory parties in alignment; so one can learn from the other.

When MAI was lacking in organization, life brought them to Lempe's consultancy and through that process and with The Book, they discovered the above principle, and as a result both companies benefited magnificently.

The Book says:

"...The discovery arose from the realization that the two companies, MAI and Lempe, were mirror images of one another.

MAI had abounding energy, a clear direction, unlimited technological and market potential, and creative, enthusiastic people, but too little structure through which to channel that energy effectively and multiply its power to tap even a fraction of its potential.

Lempe had a highly developed structure, well-developed policies, systems and procedures, and a disciplined work culture, but the source of its life energy had somehow dried up. It had lost its direction and momentum. Its structure had become an impediment slowing down and entangling each action in a bureaucratic mass of lethargy.

The two companies were complements, two sides of a coin. Each possessed something that the other very much needed..."

(From 'The Book' by Garry Jacobs, page 165)

Untitled

The power of Life is not from the outside; from out there; from externals. The power of life comes from Inside; from Consciousness within.

Unconscious Experience vs. Conscious Growth

There are gaps in our consciousness that get filled through the pain of Experience. However, through Conscious Growth we avoid these rigors of time, self-educating ourselves about the nature of Reality, thereby filling those gaps quickly, evoking the best of conditions.

It is the Sunlit Path.

Untitled

Key to developing our consciousness is to see the world inside-out, instead of the opposite.

Surface vs Deep Consciousness When In Line

When in line for store checkout, the surface consciousness wants the customer ahead to speed up; whereas the Deeper consciousness cares that customer is served well.

Untitled

... the work of the consciousness is to permeate the inconscient and make it progressively more capable of manifesting the consciousness (gesture like a flower rising out of the earth).

(The Mother, from Agenda, October 21, 1967)

Untitled

In Mother's Life all that matters is the Consciousness involved.

Untitled

A Life of Truth Consciousness is Divine Life. (Karmayogi)

Untitled

As is the Consciousness, so is the Force that issues forth.

Untitled

Everything that comes to us - positive or negative, pleasurable or painful, great or small - does so to awaken the Consciousness in us.

Untitled

Consciousness is the original status of Being of the Supreme.

Untitled

Life is tempting us to awaken in Consciousness because Life Itself is trying to awaken in consciousness, thereby fulfilling its Universal Purpose.

Untitled

The movement of consciousness exceeds the speed of the thinking Mind. (Karmayogi)

New, Not Traditional Ways of Developing Consciousness

The [religious and other] traditions of the past are very great in their own place, in the past, but I do not see why we should merely repeat them and not go farther. In the spiritual development of the consciousness upon earth the great past ought to be followed by a greater future. (Sri Aurobindo')

Untitled

Consciousness creates reality. So too out of reality emerges Consciousness.

Untitled

In one sense, nothing matters in life, in work, etc. except the level of Consciousness you bring to bear.

Comment: Life then responds accordingly.

Untitled

Do the day's work in Consciousness; not the ordinary way. Life will cooperate from all quarters.

Untitled

All substance of being in space is a flowing sea, undivided in itself, but only divided by the observing consciousness (Sri Aurobindo)

Untitled

Everything is connected in Consciousness. With Inner Eyes we can continuously see those connections throughout our day.

Untitled

When you grow in consciousness, you release fresh energies for sustenance. When you stop growing, you are headed for the end.

Untitled

Ultimately it is not Technology that will rid us of Coronavirus conditions, but Higher Consciousness that will prevent its attraction.

Difficulties And Consciousness

it is impossible to overcome a difficulty if the consciousness gets lowered. On the contrary, in order to overcome difficulties, the consciousness must strive to rise above its ordinary level. (The Mother)

-thanks to Saraswathi

Untitled

The issue is not who is right and who is wrong, but the consciousness we bring to bear in the situation.

Untitled

Energy is Consciousness manifest. So is Thought, Light, Will, Matter, etc.

Untitled

The Time it takes for something to happen depends on our Consciousness. The Higher, the quicker. The lower, the slower.

Untitled

True History consists of movement of Consciousness far beyond the facts.

Untitled

Science and Spirit are not incompatible, when we add Consciousness as the glue.

Comment: Consciousness is the source of everything, which science does not yet perceive, though they perceive increasing consciousness in man through his evolution.

It is actually both; and they - consciousness in the Involutionary and Evolutionary process. - are deeply related.

Using Mind For Growth (Beyond Knowledge)

We need to develop our consciousness, not just use mind as a vehicle of ordinary knowledge. Each person has a path for personal and spiritual growth, and mind should be used for developing them.

Relationship Between Brahman [The Divine Source] And Our Consciousness

"Can we say that in every point of time what happens is the Will of Brahman depending upon the level of Consciousness of the individual.

The best happens when earthly/ individual Consciousness is in tune with the Consciousness of the impersonal Brahman.

Whatever happens is to raise the individual Consciousness in tune with the Ultimate Consciousness, and hence is the Divine's Will."

-S S Sreejith

Conscious-Force

Reemergence of the Conscious-Force in Creation

Out of the Supreme came a Conscious-Force, which devolved/involved into an energized Cosmic Mind, which devolved/involved into a knowledge-less Energy, which involved/devolved into and inconscient Matter. This is the Involution, ending with creation.

And yet the Conscious-Force that is buried in Matter seeks to come out. And so dumb Matter evolved into energized Life through animate beings, who evolved mind in their beings, which is further evolving into Cosmic-like Mind, and then into Supermind, with the Conscious-Force re-emerging in full as a Divine Life on Earth as the culmination of the Evolution.

The Conscious-Force is now in a greater formation, as now all of life, all of existence is Divinized with Its Power.

Untitled

Everything around us and in us are formations of the Conscious-Force of the Supreme.

Degree Of Response To A Consecrated Act

Whether or not a consecrated effort is fulfilled, or whether it comes swiftly or after a while, or arrives partially or in full, depends not only on the receptivity of the person evoking the act, but the social context and influence.

Eg one man gets instant results reliving backpain when consecrated to Mother, while another with back pain has to wait five years for it to cease, due to some lacking in receptivity at that point; (in his case too much faith in doctors rather than in Mother's Force, plus fear that he was bound to get what his father had, etc.). This is indicative of one's OWN inner influences and receptivity to the Supramental power.

Likewise, there is the outer influences. Eg if one wants to be elected to be prime minister, evokes Mother, but the President is secretly in opposition, the swift, full movement of Mother may be absent. This is indicative of the outer influences at play that determine the total receptivity of the person to receive the Grace.

Perhaps we can apply Karmayogi's Four Quadrant System to determine the potential outcome, at least in part. We might need an expanded version of the tool to not only indicate whether a response will come, whether it will come in the short or long-term, as well as whether it will come partially or in full. Perhaps we can even incorporate a module that determines how big the response will be, and whether it can even move to the collective for even wider results.

We have to look at the totality of conditions to see how the Force, how Mother responds.

(Roy Posner)

Untitled

When you Pray, your Prayer touches this World. ,, This Force sometimes grants what we do not know to be in existence. (Karmayogi)

Comment: Devotees, through prayer, calling, et al, have this subconscious power to elicit a great response for the collective, while not seeing it in one's own life.

Eg I experienced that that in my own life in relation to Apple, - almost working there, being a great advocate of their products over the decades, though not benefitting directly financially from them -- which became the highest valued company in history (over \$1.5 Trillion).

If we think about it we can also come up with a similar scenario along these lines, - including much smaller, - in relation to Appa's profound insight.

Untitled

Behind the material, the surface view of things, there is a Consciousness that is also a Force, that influences & directs Life, that is One and Eternal.

Untitled

In the Involutionary descent, the original Conscious-Force became dumb Energy out of which unfolded the material universe.

Untitled

Sri Aurobindo says Consciousness (conscious-force, chit) is the source of Energy, which is the origin of Matter.

Consecration

Rising to Next Plane, Equilibrium of Energies, And Consecration

--Life always seeks to restore an equilibrium of energies.

--Eg if something attempts to rise to a higher level, something comes to bring it back the previous level; thereby restoring the equilibrium.

--Therefore, when we rise up to the next plane, it ordinarily evokes a hostile opposition; as life always seeks to balance out, to establish an equilibrium of energies.

--Eg if you are seeking to bring a new set of positive values to an institution, an unexpected opposing force will rise to not only prevent the values from being adopted, but to destroy your influence in the institution.

--However, if you consecrate the movement to the next highest level, (eg the interest in implementing the higher values in the organization), life responds, not negatively, but fully positively, restoring the equilibrium, but now at a higher level.

--Also, if you do not react in feeling and thought to the intensity of the opposition, it can have a similar effect. Or if you consecrate the opposition, it will melt away; in all cases restoring the equilibrium at a higher level.

Untitled

When you are regularly opening to the Truth Consciousness (i.e. the Supramental), you spontaneously align yourself with forces that prove to be great successes; whereas in ordinary life, it is very much hit and miss.

Untitled

When you have a problem, offer it to the Mother (consecrate); do whatever you can to improve things, but don't fret, replacing it with calm, still Faith in Her. Great things will follow!

Consecration that Attracts Parties that Ease Burden

When you deeply consecrate a very challenging work situation that puts enormous burden on your efforts, parties step forward from out of nowhere to make those conditions so much easier. It is truly remarkable!

Untitled

Make seemingly impossible situations possible through Consecration and Faith.

Untitled

Hourly consecration is a movement that signifies the beginning of surrender. (Karmayogi)

Consecration Contains “The Complete Act”

Based on the teachings of Sri Aurobindo and his view of the process of creation, Karmayogi has conceived of "The Complete Act." It is the combination of certain factors executed consecutively in a process that all but guarantees perfect execution and outcome, including an often startling, unexpected positive response from life.

The Complete Act begins with the conception of what one wants to achieve, followed by one's supporting will and emotions for it to be carried out, followed by the physical execution of the act, supported by right attitudes and skills, leading to an outcome that is perfect; even unprecedentedly so.

One can follow this process for any major activity, like a project, or even the smallest act, such as brushing one's teeth. It is as microcosm of and similar to the process that enabled the universe to emerge from a Divine source.

Consecration is the opening to the Supramental Power that has descended into the earth's atmosphere, that engages in and fulfills all stages of The Complete Act process in a single spiritual gesture, returning immediate unprecedented, infinitely creative results.

Consecration is the spiritual method of opening to the Supramental power, aspiring for a great outcome, yet indicating "Thy Will Be Done;" where the Spirit's Will of the outcome is paramount, not our own will, which can limit the result.

One can consecrate before engaging in The Complete Act, at each stage, or even retroactively.

Untitled

He who insists on Consecration in a problematic situation will be the ultimate determinant of a positive outcome.

Hourly Consecration Approach

Q: How to do Hourly Consecration?

A: My approach is-

At exactly (eg) 6:00 pm on the dot you remember Mother or move your attention to the Force while offering the problem or opportunity, then think/feel “thy will be done”; altogether for a few minutes. Do this for each waking hour. What is key is the intensity.

Untitled

Often we get overwhelmed by life. This is an indicator and opportunity to densify our relationship with the Divine; by remembering Mother (consecrating) more often - i.e. in the small details of our daily lives.

Untitled

In the Sunlit Path we offer everything (problems opportunities, activities, our very lives) to Mother as life unfolds. It's simple really. But it requires real Faith. I.e. transferring our hopes, wants, expectations to Faith in what She will bring.

Untitled

Upon awakening do we merely engage in our normal routines, or do we consecrate the day, offering our deepest Aspirations to the Higher Power.

Untitled

The best remedy (I mean the easiest) for me, is: what You will – what You will, in all sincerity. In all sincerity. And then – then understanding comes. Then you understand. But you don't understand mentally, not here (Mother touches her head).

(The Mother, from Agenda, April 12, 1972)

Untitled

Too much excitement as a result of winning an account (or a match or any clear success) will often cause it to go elsewhere. Instead, when the agreement comes, be as calm as possible, offering the opportunity to the Higher Power. Now the energies will settle in, and it can be your account, etc. forever.

Untitled

The more you go within, into the depths of one's being, the more you go up, ie are more inclined to consecrate, to offer one's actions and issues to the higher power.

It is also true the more you go up, ie consecrate, the more your center of consciousness will be centered within; in the depths of your being.

Perfect Dovetailing of Circumstance

Wouldn't it be marvelous if everything could flow perfectly in the course of your day? It can, to perfect precision if you consecrate the activity beforehand, as well as maintain the highest positive attitude. Life will then cooperate and flow smoothly, perfectly down to the tiniest detail. A profound dovetailing of circumstance will surely follow!

Untitled

I have made it a habit to always do this (gesture of abandonment to the Light). When a problem comes up, I offer it to the Lord and then leave it. And the moment the solution is required, it comes – it comes in facts, in deeds, in movements.

(the Mother, from Agenda, July 18, 1961)

Untitled

We can struggle to bring justice and similar values to the world via existing institutions, through the slow, difficult methods and processes of Life/Nature. Or we can open to

Mother's and let Her Super-Nature make it happen rapidly, in fresh unexpected ways, from seemingly out of nowhere.

Devotees' Universal Power to Solve Problems in the World

Devotees can take any short or long-term problem in society, think deeply on all the issues involved, have an intense aspiration for its resolution, and consecrate/offer the entire matter to the Mother and Her Force. As a result he will shortly witness an opening for improvement; even a sudden complete, integral solution to the problem.

In this way, the devotee, through his act of Individuality takes a step towards fulfilling his additional role of Universality; which is itself an expression of the Transcendent will.

Shifting to Mother (Consecration) from Timidity Attracts Boss's Positive Action

Today morning i saw the video [on how overcoming negative attitudes attract good fortune]..I felt Mother has sent this for me as I have to change my attitude in my work place...I used to hesitate to speak with my superiors, avoid them with fear, lack of confidence...i was afraid of the attitude of my dept colleague and so I prefer to avoid and keep quiet. Just after seeing it ,i decided to change my negative attitude . Mother is the Only TRUTH....Let me rely on HER alone and not on my knowledge, others attitude....a lot of miracles happened ..my boss called me to redress a complaint...i can boldly talk with him about my work. The highlight ... yesterday's data which was automatically updated with today's data was made available once again for the benefit of my organisation after I called and informed the concern person....Thank you Mother... (BE)

Consecration: Moving to Our Highest Consciousness

What Sri Aurobindo and Mother mean by "consecration" is for us at each moment to aspire and act in the highest consciousness we are aware of. To find that point in our psychological and spiritual compass, and move away from the low, and instead take to the highest high. And as a result, life will unfold magnificently, and cooperate with us from various quarters.

Consecrating One's Achieved Success

Though we may have utilized Mother to rise up and succeed, a new level of consecration is necessitated by that higher status. At this level of achievement we can consecrate our sense of satisfaction, our sense of status, our feelings of prestige, our sense of self-importance, our sense of our developed capacities, our sense of our endowments, our proud sense of comfort we have achieved and material objects we have acquired, our sense of feeling special, etc etc. (paraphrase of Garry Jacobs)

Untitled

Don't worry about where you're going to go next, what's going to happen next, etc. Instead consecrate, consecrate.

Each time you do, you will be pointed in the right direction, and everything will work out for the best.

Untitled

Consecration opens the mind in trying to solve a pressing problem.

Past Consecration

Past consecration undoes wrongs done in the past and opens up avenues for present and future accomplishment. (N. Asokan MSS)

Maintaining Consecration of a Serious Issue

Consecration of a serious issue moves toward perfection (and thus a positive life response outcome) when it is accompanied by an absolute still mind that is not worried about the future result.

Moreover, each time the worry rises, it can be replaced by another consecrated effort which will build up ensuing Faith. Accompanied by a still mind, the divine Force can then move and accomplishes its intention.

Even thinking about whether or not the Force will accomplish should be replaced by silencing the thought, and then again consecrating it out of existence. The result will reflect our efforts to make the consecration perfect.

Here's a recent true life example:

A man had an important meeting coming up which could lead to the need for a serious action to be taken. At first he consecrated the entire issue, let go of it, and had Faith in the outcome. Then each time the issue came to mind over the course of the next several days, he immediately halted the thought and then consecrated again.

When the man arrived at the meeting several weeks later, the bothered thought and emotion came up again as he waited for the other party to arrive, and once more he consecrated the outcome, kept the thought out of mind, and again maintained his Faith.

Finally, the other individual informed the man that there was no need to take any serious action, as had been suggested the previous month, much to the individual's relief!

The consecrated effort had achieved the desired outcome. The divine Force had fully worked on his behalf.

Untitled

At each point where you feel a concern about an issue, consecrate it. Life WILL cooperate.

Untitled

Consecration affects past, present, and future.

Untitled

Consecrate the small negative occurrences so it is not a predecessor to a much larger problematic outcome.

Consecration's Effect on the Collective

We have had any number of experiences where our consecrated action (opening to the spiritual Force, to the Mother) had an effect on a wider group collective of individuals. Among our personal experiences of utilizing the Force have been-

- the evocation of rain when water was in short supply (regional)
- the return of electricity after it had been completely shut down (local)
- the deflection of potentially dangerous snow storms that were on the way (state, nation)
- the attraction of a major household appliance for every person in a living complex (local)
- the prevention of two hostile groups from coming to blows (community)
- the effect on the outcomes of a war (international)
- the bringing of disaffected family members to a state of harmony (family)

From book 'Life Response in Work' <http://royposner.weebly.com/life-response-in-work.html>

COMMON-SENSE KEYS TO ACCOMPLISHMENT IN LIFE

Let's consider what we normally understand as the keys to accomplishment. Common sense provides a number of the keys to accomplishment, including-

- Having clear goals
- Intensely wanting to make real those goals
- Making the firm decision and commitment to make it happen
- Putting out the full effort
- Being psychologically stronger rather than weak in the face of life's exigencies, pressures
- Having the necessary knowledge and skills
- Persevering, never-say die attitude
- Having the right attitude towards the work, life, others, and ourselves
- Having deep values we believe in, cherish

From book 'Life Response in Work' <http://royposner.weebly.com/life-response-in-work.html>

Untitled

There's a great difference between consecrating an act or an event or an opportunity or a problem, and Consecrating one's life to the Divine.

Untitled

How many lesser or greater calamities have you avoided in the present because similar things were consecrated in the past.

Untitled

As much as possible leave the Logistics of how to do a work, project, et al in Mother's hands. All will turn out surprisingly well.

Untitled

Each act of Consecration puts you in touch with Supermind, where all that is required is known, and all aspired for is achieved.

Untitled

A negative situation that has been consecrated will get you the result faster and more fully than a non-consecrated positive.

Untitled

By Consecrating an act, -- normally filled with falsehood, ignorance, ego, and error, -- we turn it into its positive opposite.

Untitled

With Consecration everything that seems to be wrong instantly gets fixed.

Untitled

Each time we consecrate an act, not only do we evoke startling success, but it untangles another strand of falsehood in our being.

Untitled

When we consecrate an act, we open the doors to Infinite Possibility, since within any small thing lies an Infinity to be realized.

Comment: Since each element down to the atom is the outcome of a process beginning with the Divine Reality, there is infinite possibility and potential in the tiniest thing. Thus if you make the smallest thing, activity conscious, then you can release its infinity - as accomplishment, creativity, joy.

Discovering One's Deficiencies & Offering Them To Change

All discoveries are always graces – wonderful graces. When you discover that you can't do anything, when you discover that you are a fool, when you discover that you have no capacity, when you discover that you are so petty and mean and stupid, well ... "Oh, Lord, I thank You so much, how good You are to show me all this!" And then, it's over. Because the minute you discover it, you say, "Now this is up to You. You will do what has to be done for all this to change." And the best part of it is that it does change! It does change. When you do like this (gesture of offering to the Heights), sincerely: "Oh, take it, take it, take it, rid me of it, let me be ... only You" ...

It's wonderful.

(The Mother, from Agenda, January 31, 1966)

Untitled

Contradiction leading to resolution is normally how life progresses.

Comment: The "Sunlit Path" -- opening to the Spiritual Force to create instantaneous miraculous outcomes in life -- is better, as it creates all positive results, without negatives that stand as contradiction to move things forward. Sunlit Path will increasingly be the way of the future.

Evoking Deep Peace & Prosperity

Commitment to and practice of consecration (offering circumstance to the Divine) in tandem with non-assertion/insistence can attract deep peace into one's being, along with additional positive effect.

A man practiced those two virtues from the time he woke up one morning, and within several hours he felt a deep peace and silence fully envelop him.

Plus soon after that day he received word of an unexpected rapid deployment of a financial windfall.

The man also understood that the deep peace and silence was a predecessor indicator of the word about the funds to come later that day.

Untitled

Consecration is not what I want, but opening to what the Divine wants for me.

Untitled

Each positive response through consecration builds Faith to engage it more often.

Untitled

Consecration should be directed toward the good fortune of others, not just self.

Untitled

Consecration isn't just to solve a problem, but an essential path of divine living.

Comment: It is to surrender to the will of the divine; enabling, attracting ultimate progress.

Untitled

Ultimately we should consecrate for the sake of the Divine, for Mother.

Comment: This is a very high form of consecration that can be thought of as a first step into spiritual Surrender (ie self-giving of our entire life, existence, purpose to the Divine, to Mother).

The ultimate method of His integral yoga is surrendering our entire life and purpose to the divine. Consecrating is normally thought of being done in the details of life. Surrender is consecrating our entire being to the divine, Mother. Surrender is an ultimate form of Consecration.

Untitled

A true Consecrated act is accompanied by shedding all negative propensities - attitudes, beliefs - we bring to bear. It is to rely only on Her.

Eg I want to secure more work for myself, and so I wish to consecrate the possibility. However I also recognize that I have a negative attitude of unwillingness to teach certain subjects, as well as propensity to dislike my agent who secures work for me.. Inwardly I tell myself I don't want those things, even consecrating them to Mother.

Now in that context of the overall aspiration for increased work, when consecrated -- , i.e. only for what the Divine wants, without my negative impediments, -- the life response result is tremendous. I secure months' worth of work, and most unexpectedly at a far higher paying rate than I ever would have imagined.

Untitled

One way of thinking of Consecration is the offering of my limitation as it relates to the problem. "Mother take this limitation of mine."

Untitled

Consecration is a means of psychological purification, a way of personal growth, and a path of spiritual evolution.

Prayer Vs Consecration

With Prayer (eg to Mother) you often receive what you want, but you can also draw impediments. With Consecration, you shed impediments while attracting what is best for you. You rise in consciousness, now and forever.

Prayer can have an ego aspect as you are asking for something you specifically want. Therefore it can attract a positive result that also has impediments in it. You are not concerned about changing one's self or elevating one's consciousness.

On the other hand, with Consecration we are asking to improve ourselves, elevate our nature, while on the way to solving a problem, or taking advantage of an opportunity, or simply seeking the Divine in our lives.

Consecration And Receptivity

You see, the goal is to be more Receptive in your Consecration efforts^[OBJ:OBJ]. The more you can discover and overcome limiting habits, attitudes, and beliefs in your being; in various aspects of your life, the more, the better the Force can work through you, for whatever problem you Consecrate.

— —

When consecration is full, ie fully Receptive, then life responds positively with few or no negative shadows. Whereas while prayer can also evoke the desired result, but may have negatives associated with it, as receptivity is not considered. "I want ..." and pray

for it attracts, but it can attract a mixed bag. A man may pray for a pretty girl and attract her, but she might be an out and out materialist.

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Receptivity (of Consecration) avoids the negative. And we become receptive by overcoming the negative baggage in our being relative to the problem - especially as it relates to our attitudes about others, life, work, etc.

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Digging and throwing makes you receptive in terms of dealing with that which you want to consecrate, just as Chandru discovered (in '100,000' story). when he was in great debt, and the result was \$100K out of nowhere; the response to the consecration

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Imagine you are in serious debt, and you want to get out of it. You can pray for it, but it might not happen, or if it does, it may be with strings attached.

When taking to consecration of that problem I might consider all of my attitudes about money. For example I might be a cheapskate; not spending on others. Or I might not work hard enough, thereby falling into to the trap of depending on credit cards. Or I was a spoiled child given too much. Etc etc. These all can be discovered, dug up, and thrown out. Now you are more receptive. The Consecration result comes. Often in the most unexpected ways; and often more than one ever expected.

Consecrating For Others

Q: What is the best way to consecrate for the sake of another, or others.

A: The best way to consecrate for others, is to consecrate that same issue in ourselves. Eg when a woman consecrated her own bad habit, her son, whom she was consecrating for, gave up his. Thus we see that anything that is there in life, in others, is also there in ourselves.

In addition we can consecrate our Relationship with that other person. Eg if we are overly attached to that individual, the fear may interfere in the receptivity of the consecration. Consecrating out of Goodwill toward the other person is superior. Doing it for the sake of the Mother is ultimate.

Beyond that it is for the other person to respond; to aspire, have faith, and all. In fact, the best thing is for the other person to consecrate and pray.

Consecrating From A Deeper Center

Increasingly in last few years I draw within to the Inner Being before consecrating. I believe it's the subliminal being (inside the subconscious). Perhaps once in a while I go deep in the subliminal into the psychic being (i.e. evolving soul).

This arriving at a deeper center before consecrating Karmayogi called "concentration.", which enables greater purity (i.e. much less ego) and power for consecration.

When arriving at the deepest depths within (i.e. of the psychic) the aspiration to Surrender our entire being to the Mother then becomes paramount.

Comment: [From S. S. Sreejith]

I have a recent experience that our Psychic centre is unaffected by our problems, pain, even physical illness or sorrows. If we are able to be there for some time and call Mother or Consecrate everything even our physical illness can go.

All our physical illness, problems or anything have life only when we are with our Ego. If we can move to our deeper inner, in our Psychic it is unaffected by any of the externalities, it is a SAFE zone inside us.

Calling Mother and Consecrate from there, we come out very energetically and joyful to normal life after our call. Increase the time with the Jivatma which is within us, waiting for our attention.

This Corona season and these discussions have taught me the greatest lesson and an unflinching method. Thanks!

Reader: how to arrive at the psychic centre, does that require years of practice? Is there a way or method to reach the psychic centre

Response: Focus your concentration within, away from the surface of things. Just stopping and silencing the mind for a bit can help one do that. Meditation is another way; but not to disappear in a divine moksha, but to feel the Inner being, of which the psychic is the deepest part.

In addition, the more we Consecrate acts in our lives, the deeper our consciousness moves to, culminating in psychic being. Same with practicing non-reaction to others' intensities, as well as taking another's point of view. They push you deeper, while evoking good fortune on the outside..

Appa used to go within and see a thumb-sized entity there. It was his psychic being. From there we can call to Mother, and change anything in the outside world.

A 3-day prayer can also deepen the consciousness; put one in touch with the psychic, and by surrendering to Mother solves a serious problem or makes real an opportunity on the outside.

Untitled

Prayer is "I want this, I want that. Please give it to me." Consecration is "I offer this act, condition to your Consciousness, and Thy Will Be Done."

Untitled

When we consecrate a problem, the deepest consciousness is us inside meets the deepest consciousness outside. Thus the inner divine meeting the outer divine has an ultimate possibility to resolve the problem.

Untitled

Consecration is not just a method (of evoking response from the Divine), but a Way of Living.

Untitled

Consecration is a Spiritual Act and a Spiritual Attitude, which makes a Spiritual Life Style possible on earth. (S.S.Sreejith)

Example:

Spiritual Act - I consecrate an upcoming activity, or an opportunity, or a current problem, etc

Spiritual Attitude - I surrender to Her Will, not my will. I have great Faith in the outcome, whatever it is. etc.

Spiritual Life Style - I engage in these acts all of the time, I practice Mother, the Force First in all endeavors, situations. I aspire to divinize myself and everything around me whenever possible. This is my lifestyle from morning till night.

Untitled

At its purist, highest, at our most receptive, Consecration puts us on the "Sunlit Path" of Supramental Transformation.

Untitled

In our moment to moment lives our day is determined by the exigencies of life. Consecration overcomes this determinism.

Untitled

At its purist, highest, at our most receptive, Consecration puts us on the "Sunlit Path" of Supramental Transformation.

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Untitled

Consecration turns vast complexity into startling simplicity.

Untitled

Yesterday I had enough of all the tragedy and finger-pointing regarding coronavirus in USA. I consecrated the entire matter. The Next Morning I opened the paper and for first time new corona cases were listed as going DOWN in USA. As I saw once again, Consecration indeed works for the collective.

Further comment:

In this instance, I had broken beyond the bounds of one side being right and the other being wrong. I simply wanted change, that transcended both.

Garry Sir had a similar experience in the 1970s when he was tired of the ongoing arguments of the two sides involving a court case. Rather than justifying his side (who

were mostly in the right), he told Mother he was tired of the whole thing; the years-long ongoing case. Right after that the case simply ceased to exist, to their benefit.

Untitled

The easiest way to solve a serious problem or fulfill a great opportunity is to offer it to the Divine, to the Mother.

Comment: Taken together Karmayogi and other devotees have seen this phenomenon at work hundreds if not thousands of times in their lives.

Untitled

First consecrate the issue at hand. Then in the unfolding have Faith in Her alone; not yourself, not the conditions. You will attract greatly.

Comment: Example: Karmayogi would take on many initiatives for the sake of the Mother (consecrating each one so), and then have complete Faith in the Mother for it to come about. He would attract and achieve immensely, even without the resources and capacities to do so!

Thus, Consecration to Mother connected to Faith in Mother in an act that attracts overwhelmingly.

Untitled

Consecration is ultimately not a method for attaining outer results through the Force, but for Growth in Spiritual Consciousness.

Untitled

A consecration effort that evokes a positive response is only complete when Gratitude follows.

Untitled

Man, instead of grappling with the problems outside, should transform himself inside.(Karmayogi)

Comment: I.e. go within into one's inner self and call Mother into the issue from there. It is consecration.

-thanks to Saraswathi

Prayer Vs. Consecration

When you pray for somebody, it's YOUR desire you're asking the Divine to fulfill...When you're consecrating, you're giving the problem to Mother; you're giving up your relationship with the person, you're giving up your understanding, your attachment, your fear, and all of that, and leaving it in Mother's hands. (Garry Jacobs)

-thanks to Kathy

What Consecration Does

Consecration solves unsolved problems.

Consecration resolves conflicts.

Consecration reveals one's own inner self.

Consecration takes one to greater and deeper centres.

Consecration makes one move to external life from inner points.

Consecration dissolves layers of habits and character.

Consecration widens the personality and deepens the vision.

(Sri Karmayogi)

On Consecrating, Praying For Others

To consecrate for another person is to consecrate in ourselves that which corresponds to the other person's problems, issues.

Karmayogi says, if the other person has problems, eg is ill, it is best that the other person prays for themselves.

The first person can still pray for the other person, but there are restrictions; namely the attitude of the first person who is doing the praying for the other.

If the other person does not want to come out of their illness, the first person's prayer for him won't do much good; it may even energize the problem, the illness.

If the two persons do not have a good relation with one another, it can have a problematic result.

It's not wrong to help other people; but our capacity to help them depends on our strength. And so if we try to take up something (eg for another) that exceeds our strength, it may have a problematic impact on us.

Also it is hard to do something right without the ego feeling proud of it, such as consecrating, praying for another. To the measure of ego, we invite a consequence back to us.

(On the other hand if we have great spiritual purity, we can have a positive effect.)

Generally speaking for spiritual growth we need to change our OWN consciousness; not change the conditions of other people.

We cannot compel a progress on another person; but we can certainly make a progress by changing ourselves relative to the situation.

(We can certainly have goodwill and sincerity toward another, and make our own progress that way.)

(If we are universalized in our consciousness, - a very rare condition, - then we can have a dramatic effect on others.)

(paraphrase of Garry Jacobs)

Untitled

Praying is to ask for OUR Will to be done by the Divine. Consecrating is aspiring for HER Will to be done, which is better.

Untitled

Consecration is greatest when it originates from the Depths instead of the surface, and with Intensity instead of routine.

Untitled

Consecrating each detail in the course of our day is the foundation of A New Way of Living, evoking never-ending wonder.

White Pickup Truck

When you Consecrate a problem, you often get more than you asked for.

Eg a man was concerned that his gardener might get stung by wasps when he mowed the front lawn in a few days. Rather than worry about the problem, he Consecrated it, offering it to the Divine Mother.

When the gardener arrived several days later, he mowed the front lawn without incident, which itself was a nice response from life.

But better yet out of the blue his neighbor suddenly decided to fix the back wheel of their pickup truck which had been standing idle on the street for months, an eyesore for the community.

As we see, an original Consecration, - and the care the man had for the well-being of the gardener - had the effect of eliciting from the Higher Power greater results than what was originally intended.

Untitled

When Mother's Force moves in response to our deepest consecration it often comes in multiple positive parallel waves of unrelated matters.

The Unpaid Bill

A wonderful result of consecration today that I wanted to share with you - and this will likely be my intro to my next consecration video:

So, a vendor who has been VERY slow to pay me - literally 4-5 months will go by before he'll pay my commissions - decided last week to pay me. It's only a matter of a couple hundred dollars, but because I split the commissions with business partners, it bugs me that his payments are not very reliable.

But even though he said he paid, the payment did not go through, and he said he would check into it.

That was a week ago Monday (9/14).

This morning, I found myself feeling quite irritated by the whole matter, and was getting ready to shoot off a quick but pointed email to the tune of "Any updates? I still haven't received the payment..."

THEN, I caught myself. I stopped in my tracks and thought, "Ok, you are feeling very irritated by this. It's ongoing, and you already know that he is unreliable - but he DOES eventually pay. RIGHT NOW you are feeling very annoyed. THIS is a time to release and consecrate this before writing."

So, I stilled myself, and opened to the Spiritual Force, and said - as deeply felt as I could - "Mother, I ask you to remove this feeling of annoyance, and I offer this non-payment up to you." I just felt it as deeply as possible.

I felt myself let go of the entire feeling. I then decided to NOT write an email at all.

I kid you not: at 12:38 pm [9/24] a PayPal payment came through, and the email from him saying he had figured out how to set up the account and that I should now see the \$131. 😊

I wrote a cheerful "Thank you! It came through!" to him, and looked up and thanked Mother and the Divine!

(Kathy T.)

Comment: What evoked the response:

- Overcoming irritation, upsetness, and blame.
- Becoming rational instead of emotionally irrational
- Consecration - offering to the Spirit - the matter
- Letting go after the consecration, not insisting on one's point of view and want, but letting the Higher Power - Mother - take over
- Gratitude after the positive response - i.e. that worked in the reverse in time

Ants And Mother

In our house every now and then ants would bring soil and accumulate it behind Mother and Sri Aurobindo's photos because of the flowers offered to Mother. So my husband used to spray pesticides or a chalk to get rid of them. This disturbed us a lot and we felt bad that the ants had to give up their lives.

One day it so happened that we chanced to listen to M Sir's speech, a staunch follower of Appa. While narrating his personal experience about how he handled ants problem, he explained that he consecrated the problem to Mother and changed his inner thoughts, and so the ants vanished without any human effort.

So we followed the same and we requested Mother to handle this problem, and Ants disappeared. Nowadays, they come rarely and disappear within a day as we request Mother.

(a devotee)

Five Simultaneous Jobs After Consecrating

I would like to share the consequences that took place after buying the book Jeevanulla Sthabanam part 1 by Karmayogi.

Presently I am working as a science teacher in a private school. Also my children are studying in the same school. I shifted to this profession just 4 months back. I am paid only half salary, because of poor fee collection. So I was trying for additional income, doing some background work, after consecrating to Mother.

One day after meditation my friend called and told me about a transcription job, asking me to do sample file. I took it as Mother's grace. I qualified for the job, which had better payment.

(Also I have trained few to do the task and waiting for job.)

By the way, I bought the book Jeevanulla sthabanam on 25th October in Dindigul center and talked to Senthil Sir about my work.

After few preliminary processes and qualification test for the same kind of work, I secured an independent contract with a leading company based in Australia on 29th October. It was for a high-paying company for the same work. It was the first time in my life I got a job in a foreign company paying in US dollars.

Also, the project coordinator called me on 28th Oct. as a reminder to take qualification test.

Another opportunity was given by mother to me for translation work. I have sent a sample and waiting for reply. I told mother that I would follow the guidelines given in the book. Also, I promised Mother that I would come in formal dress to work (working from home, but I took that room as office and took Mother as MD).

Now I have 5 jobs. 4 similar ones and one teaching profession. All are online jobs, working from home.

Just wanted to share the events after buying Jeevanulla sthabanam. As a gratitude to MSS I am sharing.

(by S, paraphrased)

Comment: Shows the following at work

- Don't stop in the middle consciousness
- Making best of a negative environment
- Taking advantage of opportunities coming
- Karmayogi's consciousness through book
- Consecration effect from Mother's Force
- Faith in possibilities

Prayer Vs. Consecration

When we pray we get what we want, mostly which is an accomplishment for ourselves. But when we consecrate we manifest the divine in an act or accomplishment which renders the act spiritual and manifests Her grace. (Su)

Comment: Yeah I agree with you. When we pray we ask for a particular result which may or may not be good for us in the large scheme of things. When we consecrate we refuse to ask for a result so it gives us what is right for us according to the divine will. (Sara)

General Consecration Method

Q: How to approach Consecration?

A: Here is a general approach:

Think of the issue, matter, activity, problem at hand. Offer it to Mother. Have no expectation of the result, (“Only Her will be done, not My Will.”) Now carry on with your day, your life, not thinking of the matter. Life will normally respond.

If no response consider, discover your limitations of consciousness relative to the issue, and consecrate that.

Untitled

Whenever something goes wrong, it’s a reminder that something could have been Consecrated.

Untitled

Consecration readily gives you everything you need in a situation, a work, etc.

Vaccine Attraction Through Consecration

I wanted to share a wonderful experience or life response that happened today. I was just consecrating some things in the morning and telling Mother that only Her will should act and my will should not at all act. In a few minutes I got this email from our local hospital with the title: “Good News at Christmas – COVID-19 Vaccine”.

“An FDA-approved COVID-19 vaccine designed to prevent the COVID-19 virus is the best hope for ending the pandemic. With two vaccines on the horizon, chances are you have some questions about the vaccine.

We are committed to keeping you and our community informed and educated so you can keep yourself and your loved ones safe. That's why we've compiled a list of frequently asked questions to help you better understand how the vaccines were created, some of the safety protocols the CDC and FDA have in place and the current plans for distribution.

We will continue to update information regarding COVID-19 vaccination as it becomes available, so be sure to check our COVID-19 web page frequently for the latest updates.”
(Saraswathi)

RP: The response was not just for her, but also the collective.

Untitled

Shift from expectation to Consecration.

Contradictions are Complements

Life's Powerful Neutrality of Purpose

The dualities like good and bad, good and evil do exist in life. They exist in a sense that they serve a purpose in the overall perspective of the Divine's plan. It's not by condemning or running away from them that we can get rid of them. Rather when we rise in consciousness, when we transcend our ego, we are able to perceive the whole Reality and their purpose.

In *Pride & Prejudice*, Darcy was good and Wickham was bad is a limited understanding. Both are needed for each others' growth in consciousness, as well as to manifest the Divine (here Jane Austen) plan.

Thus, Life is neutral; it acts according to its laws, and presents opportunity to everybody. The extent we want to utilize that fact and grow in consciousness is a question of our choice.

Untitled

Two negative karmas (recent status of Russia and US) coming together in contradiction will need to find their way forward.

Reader: A country named SYRIA#

Response: Yes, it would if they could work out their difference there; as well as in deterring nuclear proliferation, a general respect for one another, etc. Working together they can solve many of the problems of the world. Just now they are at great odds, depleting a valuable resource for helping the world progress; but that can change swiftly when the right consciousness is brought to bear.

Untitled

Nature accomplishes through a process of turning contraries into complementaries. It does so slowly and painfully. Supermind, Mother's Consciousness does the same, but quickly, even instantly, without any difficulty; and without any residual negativity for the next round.

Untitled

Ill-luck, taken in the right spirit, can intensely teach you the path to attracting Luck.

Untitled

An evolving personality progressively focuses less on the negative, and more on the positive. In fact, she sees negatives for what they really are, intense forms of the positive; as possibilities, opportunities.

Rising Above All Contradiction

In order to understand and follow Sri Aurobindo's teaching, one must learn to rise above all possibility of contradiction. That is, to reach the region where contradictions no longer exist. ... there lies the source of the true Power. (The Mother, from *Agenda*, June 7, 1967)

Untitled

The Darkest Hour is the announcement of the greatest Opportunity. (Garry Jacobs)

Comment: When a falsely-accused young prisoner Edmond Dantes is about to give up all hope and destroy himself, another inmate (and former priest) in the next cell, Father Abbe, burrows through to the desperate young man's cell, and, becomes his teacher in various aspects of life, eventually revealing the secret location of a vast lost treasure. The young man eventually escapes and becomes the fabulously wealthy and influential Count of Monte Cristo in Alexandre Dumas famous novel..

Like many other instances we could narrate, this is an example of how the Darkest Hour is the announcement of the greatest Opportunity. It occurs for all of us in some facet(s) in the course of our lives.

Untitled

Contradictions always arise from the inadequacy of vision and the incapacity to see something from all standpoints at once. (The Mother, from Agenda, August 26, 1967)

Comment: Supramental perception is the opposite. Opening to that Force, Mother reveals all essential sides at once, or in quick succession; something ordinary mind is incapable of.

Reader: All Contradictions are Complements" - Sri Karmayogi.

Response: Yes, seeing various, many sides causes us to see the truth of all positions, instead of seeing just one side in contradiction with other positions. Thus the apparent contradiction we perceive at the surface level of mind are instead perceived as complements of one another. This is the beginning of Supramental Perception, which is ultimate Truth Knowledge, Which gives us great power to engage in right action, that leads to great success.

Taking another's view point, humility and self-givingness, regular consecration, concentration in depths, non-ego, et al enables this to happen.

Inner Power Over Outer Obstacles Attracts Vast Business Success!

Despite the outer obstacles that appear before us, we have inner power to overcome them and succeed mightily. Though it may not happen immediately, longer-term the positive conditions within our own being tends to conquer the outer impediments.

A young Indian man and woman were in love, and they wished to marry. However, the girl's parents objected to the marriage because the boy's sales income was paltry. Still, they got married. However, soon after the young man lost his job. It seemed like a crushing verification of the girl's parents' views about the marriage.

However, shortly thereafter the young woman suggested that the two of them make the products on their own that he had been selling, and do so on their own premises.

And so they then made a go of it. As it turned out within several years they had succeeded so greatly that they now had 100 employees!

As we see, Life responded to their efforts, as their inner aspiration, intensity, and faith overcame the limits of the outer conditions. Long-term their deepest inner intentions prevailed over the short-term outer obstacles.

(thanks to Chandru)

Untitled

Shifting from a consciousness of conflict to complementarity is to embrace the Differences between us.

Comment: And each movement in that direction evokes a Positive Response from life.

Untitled

A Hopeless Case only looks so from an EXTERNAL perspective, but not from an INTERNAL one.

Untitled

When life cannot make a progress through the light, it does so through the darkness.

Sri Aurobindo's Teachings & Contradiction

In order to understand and follow Sri Aurobindo's teaching, one must learn to rise above all possibility of contradiction. That is, to reach the region where contradictions no longer exist. (The Mother, from Agenda, June 7, 1967)

Untitled

The more intense the contradiction between two entities, the greater, more integral the Harmony when overcome.

Two Contradictions

Stock market at all time high, while economic conditions in USA nearing all time low.

It is an ultimate Split from reality. It is Division in the extreme. These two contradictions of one another need to be turned into two complementarities. That can only occur through our rising to a Higher Consciousness.

Courage

On True Courage

True courage, in its deepest sense, is to be able to face everything, everything in life, from the smallest things to the greatest, from material things to things of the spirit, without a shudder, without physically ... without the heart beginning to beat faster, without the nerves trembling, without the slightest emotion in any part of the being.

Face everything with the constant awareness of the Divine Presence, a total self-giving to the Divine, and the whole being unified in this will; then you can go forward in life and face anything whatever. (The Mother)

Untitled

Demonstrating psychological strength, courage, and fortitude during trying times, releases a torrent of energy that comes back as enormous positive response from life.

Untitled

Each day we need to develop the necessary courage to face its own unique, pressing challenges. Having faith in Mother can give us all the psychological strength we need to meet those challenges each day, while evoking continuous positive response from life.

Planes, Intensities, And Consciousness Of Courage

Every quality of being - eg energy, perseverance, courage, skill - can be measured in its level of consciousness, (physical, vital, mental, spiritual), as well as its intensity (none to little to great).

Eg take COURAGE. There is (1) Physical courage of the Warrior. There is (2) Vital courage of the head of family who does everything he can to prevent it from falling apart. There is (3) Mental courage of the idealist who seeks to attain some benefit for the constituency he is addressing. There is also (4) Spiritual Courage which we can call Inner spiritual equality of being (strength of not reacting in a tough situation).

There is also Intensity of the attribute, which is the degree to which he has any of the expressions, here focused on Courage. Eg Churchill had both GREAT vital and mental conviction and courage to save Britain from German attack from the sky, and then succeeded in rallying his country to ward them off.

Perhaps we can add a third dimension - the Consciousness we bring to bear. For example when we make the courageous vital effort to protect our family, we can distinguish between doing it with ordinary consciousness, as opposed to offering it to Mother. And there are degrees of consciousness in between.

Reader: I am trying to see how to link these thoughts to another dimension of conscious/subconscious levels. My thoughts are still clouded and may not be in right perspective. Thank you Sir.

The degree or intensity of any quality, could we define in terms of gradation like Unconscious--->Conscious --->Subconscious?

For example, when we want to learn a skill like typewriting, initially we are unconscious, then we take conscious efforts to learn and the learning completes when that skill becomes subconscious.

The level of consciousness in a particular value: It could be perceived by how one is able to apply that value in relation to other values in a required circumstance. When the consciousness level is high, even if that value is compromised or appears to be compromised in a circumstance in need of another value, both values would be fulfilled at the end.

For example, Phileas Fogg practiced punctuality as one of his key values. He had planned in detailed manner to go around the world in 80 days for the wager. However, when he faced the situation like saving the Indian princess or his servant from the tribes, he compromised his value of punctuality in place of other high values like consciousness responsibility. At the end all the values worked out in tandem, life responded him through gratitude of that princess and his servant and he managed to complete the wager successfully, on perfect timing! Perhaps the value of punctuality had reached him until subconscious level

For Churchill, he naturally might be a courageous person. Also, the situation might have forced him to bring the matured courageous value from his subconscious to the surface to save Britain from German attack.

Comment: the original three plus these additional dimensions of a trait would be great for the evolve! program.

Reader: Thank you Sir.

I was thinking another example.

In P&P, after Elizabeth knew the truths through Darcy's letter, she concealed the fact about Wickham to Mr Bennet. Perhaps it was her subconscious attraction which came from her mother's attraction towards red coat. As it came through birth it became her subconscious trait.

At the same time, she had subconscious knowledge to conceal the role of Darcy in stopping Bingley to marry Jane.

It is interesting to note that same experience and consciousness had given two kinds of information to Elizabeth of which one was falsehood and the other was knowledge.

What one consciously could perceive in such circumstance? In concealing the information to Jane, she might have thought about her and not to hurt her feelings. (other man's point of view). In concealing the information to Mr Bennet, though she had argued consciously not to send Lydia to Brighton, her subconscious attraction overruled her intention eventually. Perhaps, her ego mixed with subconscious attraction prevented her to take the right action.

Culture

Limits of Our Culture to Perceive Reality

We grow up in a particular culture, with its particular nuances, and we think that is Reality. But that is only a tiny segment of reality; a fraction of what is so; of the scope of human existence and possibility - limiting our understanding to a very small slice of Life.

We thereby carry around that limitation in everything we think and do. It limits our attitudes and beliefs. It limits our perspective of the Truth of things.

Still we are happy to exist in that limitation, without much compulsion to break out. As a result, our lives are determined, frozen, fixed. We are shuttered up in our little box, thinking it is the entire world.

Solution? Discover the “Inner Culture” that transcends the outer culture.

Decisions; Decision Making

Untitled

At every moment you are afforded the opportunity to make the Higher Consciousness decision, which will in effect attract the more positive response from life.

Untitled

Every situation carefully observed subtly suggests several courses of action ... or inaction.

Untitled

Each moment affords us an opportunity to evoke a positive response from life. It is simply a matter of choosing in the Right Direction.

Untitled

Decisions for success depend less on outer conditions, and more on our Consciousness Within.

Relating An Outer Act To Our Consciousness Within

Don't just rush into an act mindlessly without thought. Instead pause and consider your Inner status. Relate that outer act you are about to embark on to something Deeper Within - whether to an inner flame of Aspiration, to your Consecration effort, to some faith you hold deep inside, or to some value you deeply cherish. Now when we take that action, we will see Life come alive, become fresh, while evoking marvelous positive conditions.

Untitled

In making Decisions always observe the Subtle Indicators and Flow of Life.

Comment: (This approach will always lead you in the right direction, while avoiding wrong ones.)

Decision Attracting Power

It is one thing to WANT something to come about. It is another to make the DECISION for it to happen. The latter attracts results from out of nowhere; often even before one has taken an action to make it come about.

Untitled

The choice before us:

rely on any of the factors we perceive around us, or on Mother, the Force.

Comment: Mind cannot see all the choices, or the choices it sees are only a few, or the choice we see is false, or choosing and initiating itself is based on an ego movement. On the other hand with Mother, it all works out as it should, without making a questionable choice or an ego-oriented one. Mother is TRUTH, and so She will do the exact right thing for us, in the right time and space. An incredible short-cut for life.

Untitled

Each small decision in the right direction is an opportunity to attract a great result.

Comment: We believe great things only happen through big, important things; but it can equally occur through the smallest, tiniest act - that also has the power to attract enormous results. That's why it's best to consider the present conditions in front of you and what would be the best tactic to take.

It can be a choice that improves things, or overcomes a negative habit, attitude, belief or behavior in regards to this micro act. Also consecrating the act will bring additional force attracting even greater positivity.

Untitled

Do we want to just get by, or truly rise up? The choice is ours.

Depths Within Inner Life

Untitled

There is a deeper seeing from within
A greater vision meets us on the heights
In the luminous wideness of the spirit's gaze.
At last there wakes in us a witness Soul
Then all assumes a new and marvellous face:
(from Savitri by Sri Aurobindo)

Going Within to Have Courage to Face Problems

Q: How we can get the courage to face changing situations when we don't have it. Should we consecrate the problem or the solution. Like to be brave in the problem or the problem to be solved.

A: Learn to develop an Inner life. When we are centered deeper within, we are less bothered by outer circumstance, and so are able to know have a clearer, less emotionalized experience, including a clearer understanding of what to do or not to do.

Ordinary life will keep us on the surface of things, of life, where we will constantly reacting to life's exigencies and problems: being bothered by outer circumstance.

To go within requires one to make the deep Decision to live a Spirit-oriented Life.

One can practice plunging inward as one is moved to do so. It will then cumulate. And the inner (subliminal) being will be discovered, and deeper still the Psychic Being, the evolving True Self.

Then nothing on the surface will bother us. Our equality of being will always be maintained.

It is the beginning of the Integral Yoga.

Untitled

The power of Life is not from the outside; from out there; from externals. The power of life comes from Inside; from Consciousness within.

Untitled

Everyone is hungering for things on the outside, when they can be found - and infinitely more! - Inside.

Untitled

God lives everywhere and in everything, and you will be able to see Him if you can find Him deep inside yourself. (The Mother, from Agenda, June 9, 1965)

Untitled

An aspiration, a hope is the awakening of the Spirit in us.

Aspiration from the Depths

The deeper you go within, the more life responds to our aspiration. On the other hand, when we live on the surface, -- in our thoughts, and feelings, and outer initiatives -- the result is negligible, as the energy is not stored, but dispersed, preventing the "magnetism effect" of Life Response from taking shape.

Untitled

To solve the outer problem, best to go deeper inside (to silence) rather than doing things, expecting results on the surface.

Perceiving Life's Subtle Signals on the Road to Vast Accomplishment, Joy

Life is constantly providing you with Subtle Signals, of which way to turn, how to proceed, what to avoid, etc. However you can only perceive them from a Deeper Consciousness. From the surface you are mainly picking up your own internal Ego signals of thought and emotion.

So why not build a true inner life, - a state of inner serenity and silence within, - while constantly opening to the spiritual Force above, and you will be continuously guided to the Truth; and as a result you will gain a personal roadmap that when followed will help you rise to the pinnacles of success and the depths of happiness.

Right Poise for Dealing with Intensifying Modern Problems

Everyone is increasingly under so much strife and pressure, and yet the old ways of dealing with life are no longer sufficient. The only answer lies by going deeper within, or surrendering to the Higher force above. That way life continually self-corrects in your favor.

Our skill or capacity lies within deeper. What skill one gains by practice can be brought by going within to the domain where the capacity is. That is Divine Power. (Nedumaran Ramakrishnan)

Untitled

Only by going deep within, away from the surface of life, do we understand the reason for life's hard conditions, including the positive benefits.

"Wisdom" of Unconscious Acts

From within we can perceive the Wisdom in the unconscious acts of nature. (paraphrase of Savitri)

Eg if someone unconsciously blurts out the truth of a matter, not understanding its implication, it serves a greater progress. From a deeper poise, we can come to see the purpose of such unconscious movements, as it serves the unfolding of the positive.

Untitled

People want a great outer life; not an Inner Life that creates the best conditions inwardly and outwardly.

Untitled

You can't run away from the problems you are having by going outside - i.e. socializing, watching tv and movies, taking drugs and alcohol, overeating, engaging in sex, and other diversions. - but rather by going inside, and discovering there the levers of real change.

Untitled

The noise of the external world is muting the voice of the Inner World. (Malidoma Some)

Go Within Rather than Outside to Accomplish a Work

Instead of going outside to organize a work, e.g. by planning, strategizing, connecting with others, et al; instead go WITHIN, where you will see that the work is organized at a Higher Level.

And if we go within to connect with the work, are in touch with that higher level, we gain enormous power over life, including its results.

In essence, when the ego doesn't act, when the mind, or the vital, or the physical doesn't act on the surface, something HIGHER acts and organizes life for success. We can say that it is Mother who is acting, taking over and bringing about an integral response.

It turns out that going Inside to accomplish a work, instead of on the surface is a spiritual challenge given to us by Sri Karmayogi.

Untitled

When you go within, instead of going out to take initiative, the Force descends and starts acting.

Untitled

When you withdraw from the surface, the ego, the mind, the initiative, and all, and go deep within, the consciousness in turn rises; ascending towards the Light like a ray returning to the sun.

Move Life from Within when Opportunity Comes

When an opportunity comes, our normal reaction is to go into a state of action on the outside. Instead, we should go INSIDE, where we will perceive the organization of our consciousness relative to the matter, which we can then raise to a higher level, enabling us to quickly and powerfully move the outer life from Within.

Untitled

Mother says that in normal life we rush around here and there, only to end in a big crash (psychological, emotional, or physical). Aspiration for higher consciousness and deeper poise and stillness of being are nowhere to be found.

Surface vs Deep Consciousness When In Line

When in line for store checkout, the surface consciousness wants the customer ahead to speed up; whereas the Deeper consciousness cares that customer is served well.

Untitled

Surface living leads to Ego and Separateness. Living in Depths enables Harmony and Oneness.

Untitled

The more you go within, into the depths of one's being, the more you go up, ie are more inclined to consecrate, to offer one's actions and issues to the higher power.

It is also true the more you go up, ie consecrate, the more your center of consciousness will be centered within; in the depths of your being.

Resolving the Play of He and She

-All is a play of He and She. Of Spirit (purusha) and Nature/life (prakriti).

-He acts through process, through law, through necessity, and fixed rule. She acts through fantasy, caprice, chaos, unpredictability, and chance.

-Our whole life seems to be the experience of combinations of these. Eg we see the Necessity of things happening in our lives (He), but also perceive mere Chance (She) at work. We fail to see the Truth of things; i.e. how these opposites are resolved.

-And yet we can reconcile both by withdrawing from the surface of life and moving to the depths within, culminating in the psychic being, and surrendering to Mother's Supramental Force.

-Through our higher consciousness we continuously perceive the right relation and deeper Truth of things. We reconcile contradictory forces, opposites in our lives; living naturally, harmonically in the play of He and She.

Untitled

To truly know and experience the world on the outside, go deeper Inside.

Untitled

"You must find the place inside yourself where nothing is impossible." (Deepak Chopra)

Untitled

Bothersome outer realities compel an aware person to go deeper, accelerating her growth in consciousness.

Untitled

When you live on the surface, you have surface reactions, which are often faulty. When you are centered in the depths, your reactions are keener; are more in touch with the true truth of things.

Breaking Out into the True Truth of Things

Very, very few people truly think for themselves. They are dominated by social convention, the herd view, the family, the culture, the party line, the propensities of the belonged-to collectives.

They even subconsciously take pleasure in their Ignorance; in the small part they falsely believe is the whole of things.

It is only when we move deep within and discover our true self, our spiritual individuality, - that bubbles up deep, integral truths from the depths, - do we truly break out into the wider expanse of life, revealing the true truth of things.

Moving to the Depths Within

We will move to the depths within - the subliminal being and psychic when we still the mind, and withdraw from the surface consciousness.

Methods of constant consecration, non-reaction, and taking another's viewpoint will greatly aid in this endeavor.

From the depths we will truly perceive things, receive inner guidance, and more readily be able to surrender to the Supramental Force, to Mother, to bring life under control (life response), and transmute our mental, vital, and physical nature.

Untitled

From the Silent Depths, and being Open to life, we can continually perceive the Right Flow of circumstance, and thus exactly which Way to follow.

Accessing, Changing the Past and Present in the Time-less Now

Fully living in the Now, the Ever-Present, we are not concerned about the past or the future, and are fully engaged in the current moment. And yet from that poise, we have full access to the past and future when we turn our attention in that direction. The necessary intimations come into our minds from the past and future to guide us, to support our current needs.

How do we accomplish this? The more we move away from the surface and into our deepest depths within, the more we experience that ever-present; that single stream of undivided time consciousness.

In this way, from within, we can even alter the past and present from within ourselves, in the Time-less Now.

Shifting Deep Within and Thriving in a Hyper-Accelerating World

Life is shifting from rapid, to accelerated, to exponential, to hyper movement and change. Mind cannot keep up with the speed of this change, as its rigid, limited perspective is overwhelmed. However, shifting beneath mind, in silence, open to the universal plane, one opens to and embraces this radical acceleration. It is the only way to survive in this super-speed, chaotic, unpredictable New World. Great leaders and ideas emerge there, commensurate with the hyper-accelerating surface life. In that process of enjoining the hyper, unpredictable movement, we become Supramental in nature.

Influences of Past & Future on the "Present Moment"

In ordinary surface consciousness we live from moment, yet are burdened by the negatives of the past and the worries and anxieties of the future.

However, by going Deep Within we live more in the Present Moment, and receiving the necessary intimations of truth from the future and the past that will help us in the Now. Thus, from the depths, culminating in the psychic being, past, present, and future are one and undivided in the Present Moment.

Untitled

The whole opportunity, Infinity reveals itself to us in the measure we go Inside.

Comment: Eg when we consecrate, offer conditions to the spiritual Force, we shift our consciousness from outer action to inner power, which tends to evoke tremendous results - ie Infinite-like.

It has a similar power when we withdraw into silence and soul within.

Whereas acting on the surface, - in our ordinary moment to moment experiences of life, - we gain minimal results, from the depths within we evoke, attract infinite-like possibility, opportunity to our doorstep.

Mind keeps judging, anticipating, reflecting, connecting, dividing. It does not want to be still.

Untitled

The wants of the body, the vital, and the mind is the surface consciousness; i.e. the Ego at work. Instead we can go within and discover our true self, our true purpose, and our true Needs.

Untitled

The furthest "out" that mankind can go lies deep Within.

The Luminous Force Within

In the depths of our being, in the silence of contemplation, a luminous force permeates our consciousness with a vast and luminous peace which prevails over all petty reactions and prepares us for union with the Divine, the meaning of individual existence. (The Mother, Agenda, February 7, 1972)

Consecrating From A Deeper Center

Increasingly in last few years I draw within to the Inner Being before consecrating. I believe it's the subliminal being (inside the subconscious). Perhaps once in a while I go deep in the subliminal into the psychic being (i.e. evolving soul).

This arriving at a deeper center before consecrating Karmayogi called "concentration.", which enables greater purity (i.e. much less ego) and power for consecration.

When arriving at the deepest depths within (i.e. of the psychic) the aspiration to Surrender our entire being to the Mother then becomes paramount.

Comment: [From S. S. Sreejith]

I have a recent experience that our Psychic centre is unaffected by our problems, pain, even physical illness or sorrows. If we are able to be there for some time and call Mother or Consecrate everything even our physical illness can go.

All our physical illness, problems or anything have life only when we are with our Ego. If we can move to our deeper inner, in our Psychic it is unaffected by any of the externalities, it is a SAFE zone inside us.

Calling Mother and Consecrate from there, we come out very energetically and joyful to normal life after our call. Increase the time with the Jivatma which is within us, waiting for our attention.

This Corona season and these discussions have taught me the greatest lesson and an unflinching method. Thanks!

Reader: how to arrive at the psychic centre, does that require years of practice? Is there a way or method to reach the psychic centre

Response: Focus your concentration within, away from the surface of things. Just stopping and silencing the mind for a bit can help one do that. Meditation is another way; but not to disappear in a divine moksha, but to feel the Inner being, of which the psychic is the deepest part.

In addition, the more we Consecrate acts in our lives, the deeper our consciousness moves to, culminating in psychic being. Same with practicing non-reaction to others' intensities, as well as taking another's point of view. They push you deeper, while evoking good fortune on the outside..

Appa used to go within and see a thumb-sized entity there. It was his psychic being. From there we can call to Mother, and change anything in the outside world.

A 3-day prayer can also deepen the consciousness; put one in touch with the psychic, and by surrendering to Mother solves a serious problem or makes real an opportunity on the outside.

Organized Around A Divine Center

The most important thing for an individual is to unify himself around his divine center; that way he becomes a real individual, master of himself and of his destiny. Otherwise, he is a plaything of the forces, which toss him about like a cork in a stream. He goes where he doesn't want to, is made to do what he doesn't want to, and finally he gets lost in a hole without any way to stop himself doing so. But if you are consciously organized, unified around the divine center, governed and led by it, you are the master of your destiny.

(The Mother)

Untitled

Living on the surface you are far more likely to have run-ins with others. From the depths within, the opposite occurs.

Untitled

All the work we do should be done from a Deeper Center, rather than the ordinary way. We will then experience a whole New Way of Living.

Comment: Shift our center of being from inside the mind, focused in our desires, on what we want to accomplish, what the ego hungers for ... to what the Divine seeks through us, to Mother.

Untitled

We need to live deeper inside to express greater depth outside. (Garry Jacobs)

Comment: from a deeper poise within we can better understand the unfoldings taking shape on the outer, surface of our lives; better sense the right solutions to a pressing issue; more readily evoke intuitions of insight of what to do or what to avoid, etc.

Subliminal Determinism On That Fateful Day

"We live so much on the surface that we think that it is the surface mind that decides what we do and how we live. But it is the hidden subliminal [being] that really decides our actions and decides also the direction our life takes." (N. Asokan, MSS)

Eg something inside compelled me to go to East-West center 44 years ago that day where I came to learn of Garry's business that changed the course of my life. It was the subliminal (inner) being within guiding my life, compelling me to take that physical surface action on that Fateful Day.

Then what is the Subliminal? The subliminal being is a higher portion of the subconscious; that part that is not conscious to our surface awareness. The Subliminal is in touch with the Superconscient, which is the Divine spirit permeating and influencing life.

And yet the deepest part of the Subliminal being is the Psychic Being. It is the spiritual inlet of our being to the endless ocean of the Divine. It is the central means by which we evolve and transform our nature in this life.

So perhaps we can say that the psychic in the subliminal (within the subconscious) guided my way forward to take action on the surface on that Fateful Day.

Detachment Equality of Being

Untitled

Often there reaches a point where if you want something to succeed, you need to move your attention away from it.

Meaning of "Impersonal"

"Impersonal" in the ordinary sense means to be distant, aloof, not caring. "Impersonal" in the spiritual sense means not to assert one's personality and one's ego; not to interfere; to be detached, yet conscious, aware, and caring, all at the same time.

Untitled

The (positive) extreme version of Non-reaction is complete Equality of being; a consciousness that nothing can disturb.

Comment: --With Equality of being whatever vibration comes, it does not change us; it has no effect on us. Whereas in life vibrations of all sorts are continually coming to us, and we React to hem. There we are in the flow of Nature, with our Ego out front.

--Thus Reaction (in the negative) and Equality of Being (in the positive) are the two extremes. Non-Reaction is in the positive half.

When ego is gone from us, there is continues Non-reaction, as there is no ego-center from which to react. At that point we are actually in the Psychic being within.

Untitled

Mother wants everybody to have everything, not just a few. It requires the value of Equality: being happy in the happiness of all.

Comment: That is the vibration that attracts unlimited money.

True Strength Of Absolute Calm

The sign of true strength – true strength – is becoming ab-so-lute-ly calm, imperturbably calm in the face of danger – danger or the need to make decisions and do things. An unshakable calm ...

(Mother, from Agenda, June 7, 1967)

Untitled

The great life response evoking power of Detaching the mind from a difficult situation.

Reader: "Detaching the mind..." Truly a valuable thing to keep in the front of our thoughts. Would you like to expand a bit on this,

Roy? I would love to see further discussion on this!

Comment: Instead of getting caught up in the brouhaha of the situation, we withdraw our thoughts and emotions about it, and soon after we will likely see the matter turn in our direction, our favor. We call it "Detachment" (or equality or being).

Leaving the matter to Mother is a similar approach.

Both together is better still.

Untitled

What we call "Non-Reaction" Sri Aurobindo refers to as "Equality of Being".

Details of Life

Untitled

As much as possible leave the Logistics of how to do a work, project, et al in Mother's hands. All will turn out surprisingly well.

Devotees

Devotees' Universal Power

Wherever a serious devotee of Mother wonders, Society breaks out in vast success.

It happened to one well known MSS devotee when he went to Moscow in 1989, and suddenly the Cold War ended. And earlier in the 60s he attended university in Berkeley, where the student movement broke out, which then spread throughout the world.

It happened similarly for another devotee of Her's when his work was focused in Silicon Valley and environs in the 80s and later, causing it to break out into the greatest wealth machine in the history of the world.

Devotees have Universal Power if they learn to apply it; if they learn to open to the descending Force in the atmosphere; the Supramental.

A note to devotees:

Life around us pulsates with the practical, mixed with the lower vital. How to be still inside, call to the Force, and perceive how our mere presence can divinize the unfolding circumstance, and transform the forms of life into their divine equivalents.

Untitled

Being a serious practicing Mother devotee requires a persistent and sometimes intense courage and bravery, as you are continually challenged by the needs of the effort of transformation.

Untitled

If a sincere, dedicated, insightful Mother devotee puts out a thought, a novel idea, a masterful solution, it unexpectedly spreads throughout the world, often solving the seemingly unsolvable problem it addressed.

Following What Society vs What Mother Asks of the Devotee

The devotee of Mother shifts from being preoccupied with the society to focusing on what Mother wants of us. I.e.-

-not to be concerned with what others think of us, expect of us

-not to try to please others so they will like us

- not to go to temple because that's what the society demands of us
- not to be obsessed with marrying off children so we look good in the eyes of others
- not to study to become an engineer to please the family
- and so forth, ad infinitum.

... but rather do what Mother asks of us, in order to grow in consciousness; in order to partake in, play a vital role in the progress and evolution of humanity.

Untitled

As Sadhak (beyond devotee) one is closing in on Surrender; letting the Divine, the Mother, the Force work through one. Karmayogi says there is nothing to do in this state except wait for the Divine Signal, and then act accordingly.

Untitled

Each devotee can aspire to make \$100,000/100 Lak per year, and accomplish that goal through Mother's /Appa's methods. Not for the sake of the Ego, but for an Adventure of Consciousness and Joy. For deep personal and spiritual growth.

Untitled

We devotees are transitional beings, between the human and the Supramental; to a lesser or greater degree.

Karmayogi - Multi-Faceted, Integral Genius

Karmayogi explains society better than the greatest social scientist; history better than the greatest historian; economics better than the greatest economist; business leadership better than the greatest business leader; education better than the greatest educator; psychology better than the greatest psychologist; and spirituality better than the greatest living guru. All in the same one person. Sri Karmayogi: The great, unprecedented, unrivaled, multi-dimensional integral genius in the world.

Untitled

Certain Mother devotees, channeling Her Force through their institution, acted synchronously with Her ending the Cold War.

Untitled

We can see that a devotee individual who refrains from sex, drugs, alcohol, gluttony, gambling, gossip, cynicism, habit/routine, materialism, money obsession, anger, bitterness, fear, and other forms of dissipation will continuously maintain the shining face of a young bachelor.

Devotees' Universal Power to Solve Problems in the World

Devotees can take any short or long-term problem in society, think deeply on all the issues involved, have an intense aspiration for its resolution, and consecrate/offer the entire matter to the Mother and Her Force. As a result he will shortly witness an opening for improvement; even a sudden complete, integral solution to the problem. In this way, the devotee, through his act of Individuality takes a step towards fulfilling his additional role of Universality; which is itself an expression of the Transcendent will.

Untitled

Mother's power working through devotees' aspiration, creates miracles for one's self and Society.

Devotees Evoking Universal Benefits

Mother devotees have universal power to change the world around them by opening to the Force and aspiring that the benefits come not only to one's own self, but also to the wider society.

Mother Devotees' Works Spread Throughout Society

Where a Mother devotee takes to a higher value, or a career interest, or to a rising tide opportunity, etc., their success spreads to a wider plane, to benefit the entire society. It is because followers of Her Path are not just individual beings on the way to Individual transformation, but also UNIVERSAL beings with universal power brought about by Her Supramental Force.

Devotees' Purpose:

To bring the Higher Consciousness into their lives to help transform and divinize themselves and the world.

Untitled

If Spiritual aspirants, devotees look around, they will perceive subtle, powerful Connections between things that the ordinary, surface consciousness oriented person completely misses.

Spiritual Aspirant's Triple Capacity and Purpose

The spiritual aspirant is capable of manifesting his true Individuality by going within and raising his nature, which then has the tendency to vibrate out and effect society at the universal plane, whose own intention is to manifest the transcendent's Will on earth.

The spiritual aspirant thus has the capacity to serve a triple role and purpose: Individual, Universal, and Transcendent; which in totality is the Reality, the integral All.

Untitled

For most people “Growing as a Person” means shedding certain unwanted habits, attitudes, or beliefs. For the spiritual aspirant it also means increasingly relying on the Force, on Mother; rather than on one's own self or the exigencies of life.

Untitled

What strategies can you employ in your life to get closer to Mother? (please list)

For each important activity may I consecrate

For each problem may I consecrate

For each opportunity may I consecrate

For others' problems may I consecrate

For my family's issues may I consecrate

For society's ills may I consecrate

For the success of the organization I belong to may I consecrate

For money coming to me may I consecrate.

—

Shifting from my initiatives to what She wants of me

Seeing my life in the context of Her purpose

Surrender to Her will

Silencing my mind and think of Her instead

Study His and Her lives and insights to bring me closer

A True Devotee

We assume that everyone who claims to be a “devotee” (i.e. aspirant of Sri Aurobindo and the Mother) is a devotee. Obviously there is a difference between being a devotee and claiming to be one. A devotee is one who has faith in Mother.

People who do not work, who do not return the money they borrow, who are inefficient, incapable, unwilling to work cannot pray; and their prayer of wish fulfilment will never be granted. There cannot be a single example of an efficient, hardworking man not getting his prayers answered. - (Karmayogi, paraphrased)

Admirable Qualities for Devotees that Attract the Very Best Conditions, Avoiding Negative Ones

-to speak the truth at all costs.

-to speak in the lowest volume voice another can hear

-to Consecrate

-to not have any part of the house be disorderly

-to have dirty clothes washed every day

-Not to react to another

-Not to Interrupt another's speech

-Not to slam the door or drop things making noise

-Not to be impatient

-Not to be irrational
-Not to forget one's duty
-Not to forget Mother
(paraphrase of Karmayogi)

Untitled

The Indian proverb says "we are what we believe we are; we become what we believe we can become."

As devotees we are asked to shift our Faith from others' opinions, what the society says is true, to Mother.

When we give up our Ego-perspective, our focus on our own needs, desires, et al, life reverses and EXPANDS in our favor.

Untitled

For the spiritual aspirant, devotee every day is a new, challenging puzzle to be solved – outwardly, but especially inwardly.

Untitled

Followers of the Mother have Instantaneous Miraculousness power in their pockets. It's then just a matter of using It!

Untitled

As aspiring devotees, sadhaks we are trying to do the most valuable possible thing one can do on earth.

Untitled

Devotees have a knowledge the world needs. Not just how to be prosperous ... but how to be happy.

Untitled

Karmayogi devotees may be hundreds of years ahead of the common man. Let us then help the average person narrow the gap.

Comment: We do that by being engaged in the world's institutions, while using our spiritual methods to evoke instantaneous response, - not apart from them.

Except those practicing Sri Aurobindo's Integral Yoga (essentially Surrender to the Supramental Force, to Mother) in mostly solitude.

Scales For Evoking Grace

An interesting question is which inner, spiritual methods to use in a given situation to evoke the best results given who we are, life's condition, etc. Suppose we set up some scales that indicate the boundaries of making such a choice.

Thus we can have at least two scales to draw from to determine the most effective method or means to create the result. Eg on one scale (from simplest to most complex method): Just say "Mother", Pray to Her, Consecrate to Her, Hourly Consecration to Her, 3-day calling to Her, etc.

On another scale is surface to depths, - Eg speak, pray, consecrate, call, etc. - from the mind, from the emotions, from the heart, from the psychic being, etc.

A third can be our level of Aspiration, A fourth scale can be the Intensity, A fifth can be the level of Faith, A sixth scale can be the quadrants of whether the inner and outer conditions are positive. Etc. etc.

Where do we start to discover the best result? Do we experiment with all combinations? Do we simply know what is best in any given situation since we know ourselves, and our experiences? Do we engage in a Token Project to find out? Etc.

It can become an AI program for evoking spiritual Grace.

(Roy Posner)

Comment: Thank you Sir.

We have heard many times, we have to start from where we are now. Do we know, where we are now? Do we know what our soul's aspiration is? (not just the ambition/desire which we have thought as the goal), Do we know what is the Reality that is governing our day today lives and leading us to our True Reality? There are many such questions, we may/may not think. Very few may have perceptive answer about their lives.

A perceptive AI program would help, not by analyzing various "scales" of us by ourselves (because our mental inputs would be clouded with ego and mind itself), rather based on life experiences/problems/situations we are facing and so forth. In real life, it is Sri Appa for many devotees as He had that Spiritual Wisdom to guide not only to solve the problem but to bring out the true potential of devotees through Mother's Force.

So, how to start from where we are now? I think in such situations, Life is the guide that comes to us in sanction with our soul in the form of problems, opportunities etc., Most of the times it is through problems due to our nature. The problems that are pressing our day to today lives (in the individual level, not universal problems) are the ones which we need to focus first. I think that could be corrected if we analyse deeply by psychological correction. (for example in a disharmony situation, by taking other man's point of view, not blaming other people and so forth). Such different kinds of problems we would face so many times in our day today lives. Only when our mind is detached and our ego is declouded in such surface problems, we would able to perceive the glimpse of soul's aspiration or at least our nature that needs to be corrected in order to progress along the soul's aspiration. Our soul also sanctions such slow emergence as it enjoys the Lila and our ego use that factor for it's advantage through our nature and taste of ignorance.

At the same time, any effort towards Consciousness growth is not wasted. One could follow any of the spiritual practices you have mentioned Sir, like calling Mother, Consecration and so forth as they would be the ultimate guide to correct one's nature as Garry Sir has mentioned. I think which method suits for oneself is according to their personality. For one it might be easier to pray emotionally, calling and for the other

might be consecration and so forth. But, this is my illusory understanding and mind's ignorance as I am searching for the right method which suits for myself. Thank you Sir.

Response: In evolve software program there was a section for Life Issues/ Guidance, which is very similar to what you describe above (ie problems, opportunities from where we are now, with methods like non-reaction as solutions.)

Another track was Personal Assessment, and a third was Inspirations/Life Learning.

It is also there in various forms in Garry's novel 'The Book'

Appa once had a vision of and described a see-through globe, where in the course of the program the person gets fixed at a point and over time he progresses to another (higher) point.

Mentor guides the person on the way.

I have done this for -50-100 people over the years (mostly devotees). Its often effective, - at least for the immediate problem, situation, - as each individual presents their limitation in consciousness, which suggests the right solution, method.

But then I let go until they contact me again. It is not as comprehensive as evolve would be; though I try to point them to further knowledge, Life learning.

Maybe it is currently all for the best. And there is nothing to do but respond to life's initiatives ie what Mother wants of us. Eg Garry is taking devotee viewers on marvelous journey through all the spiritual concepts and methods. Some take in a little at a time, some in more substantial amounts.

Interestingly it is another legacy of Appa's.

Untitled

We call to Mother only when it is important, not as an essential ongoing part of our life. It is the difference between being a Devotee and a Sadhak.

Reader: Roy Posner, please explain some more. Thank you

Response: A sadhak is one who practices Integral Yoga, ie Surrenders to Mother in all aspects of one's being and life, all the time.

Unintended Effects On The Collective Through Mother

It is often the case for followers of the Mother that while trying to solve their own problems or create some success, they end up quickly attracting a benefit that also goes to the collective; even the whole society. Thus, Her followers not only are not only capable of becoming true Individual beings, but collective ones as well; sometimes referred to as "Universal." Here are several examples of devotees that demonstrate this phenomenon:

1. "When I first came to the US I was on a dependent visa. I was very disappointed that I could not work here. However, very soon the laws changed and starting from May 26, 2015 all spouses on dependent visa were provided work authorization! For this I did not even voice a prayer to Mother."

2. An American friend of ours was very concerned that the fires burning out of control in Northern California for nearly a month could soon lead to the deaths of hundreds, maybe thousands, as the smoke in the air had turned dangerously toxic.

He then called intensely to Mother, hoping for some change.

The next morning when he awoke, he saw that the skies had completely cleared. He later learned that an unexpected weather system had swept through the area clearing out the smoke, potentially saving the lives of many scores of people.

In this case, the man not only evoked a response for himself, but for millions of others in the wider community.

3. "I was doing my full time PhD with a scholarship in Taiwan couple of years back and that money was just sufficient for my stay and studies there. It was in the third year of my research and in the November month of 2009, my entire amount in the post office account there was over by 25th afternoon and I was so reluctant to ask my in laws, relatives or my friends, some amount of money to run a week. I was also in a dilemma whether to raise some money by taking a loan from the department.

After two three hours of mental tensions, I switched over to the spiritual Force. My Prayer was intense and deep and ended in a meditation and subsequently to a sleep. I had a noodles packet, two eggs and a single packet of three in one tea in the night, my last available food stored.

Next day morning, I was moving to college, but some message was coming strongly inside to check my Post Office account there. I was surprised to see 45,000 NT\$ available in my account which is 60,000 Indian rupees. I alarmed "the Spiritual Force" and it was difficult to hide my tears from the public standing outside in the ATM counter, when I turned back after withdrawing some amount.

I went to the department and heard this thing: There was a meeting in the University headed by the President about a special payment to be made for students who had scored more than 75%, last week and the final decision and allocation of amount was done on 25th afternoon. My University is with more than 120 departments and more than 40,000 students and I was so sure that, around 10,000 students of them had received this much of amount. That means the money allocated that day was few crores!!!!"

4. A tenant noticed that his living complex had become filthy and overgrown due to the inattention of the manager of the property. However, rather than confront him, he narrated the information to the owner, and even picked up a bit of the litter as a token gesture. Several days later, it was clear the manager got the word, and people were brought in to help clean up the mess. The tenant was pleased with this outcome ... but there was more.

The very next day he opened the major newspaper for the region and saw a headline that indicated that the city the man lived in (Long Beach, California) had finally decided to consider instituting regulations for upkeep of all rental apartments by their owners, -- including electrical, plumbing, heat, trash, general upkeep, etc., -- something this city alone had been lax to do and wholly negligent in. Now suddenly there was a public

outcry and movement in the community to institute these fundamental regulations; something hardly ever mentioned before.

5. A woman and her son were experiencing many delays in their travels as they navigated the various airports in India since there were no direct flights. As a result, they were continually fatigued and irritable along the way. Moreover, she began to rail against the system that did not provide more direct flights to her destination. Finally, she realized that the problem was in her attitude, which she then offered to the Divine Mother. She later learned that for the first time, direct flights were available to and from her local city to the desired destination, making the need for transfers unnecessary! Through the spiritual Force, she evoked a response not only for herself, but for the collective!

6. A close devotee of Karmayogi who made him feel physically well was living in Fremont, California with husband and young son. One day she had troubles with her stove. She could not get it to work properly. She reported the incident to apartment manager.

However rather than complain about it to herself in the interim she cleaned the filaments as best as possible, while offering to Mother her prayers. A few days later the manager arrived with a brand new stove. She was thrilled about this development. Even more astonishing was that as a result of this incident management decided to install ovens in the remaining dozens of apartments in the complex!

7. This is at a time when I was taking deep interest in the severe drought that had overtaken the state. I have been thinking deeply about this issue, had some recent success in evoking rain as in the past, and just a few days later was happy when it was announced by the governor that there would be huge cutbacks in water use and wastage around the state in an attempt at conservation.

The day after the announcement and my visit to McDonald's I watched the national TV news about the governor's plan to radically reduce water outflows in the state. At one point in the video the announcer showed a McDonald's that was altering their landscaping from grass to succulents and such in order to save water. A few seconds later the announcer said "here is an example of what McDonald's is doing in Long Beach, California in trying to adapt to the governor's new order mandate."

When I looked closer at the video I noticed that that they were showing the very same McDonald's that I had had been in and walked across a few hours earlier! In fact, they were showing the very same workers altering the shrubbery that I saw only a few hours earlier!

To appreciate the enormity of this cosmic response, one needs to know that this was a live national news broadcast and that there are also nearly 10,000 McDonald's in the world of which 7000 are in the USA, and yet they managed to show the very one that I had just frequented!

Who Is A Devotee?

I would say a Mother devotee is one who has Mother close to or at the center of their life. And an Appa Mother devotee is one who in addition is practicing his principles to one degree or another. Beyond that is a sadhak who is practicing Sri Aurobindo's Integral Yoga as Appa has explained (i.e. complete Surrender to Her).

Desperate Prayer Answered

Karmayogi indicates that a desperate prayer is always answered. Eg -

"I remembered one incident: we had been to a museum and my kids were playing in a kids area at the museum and I just turned to look at something and when I turned back my second son who was 2 year old was missing.

My heart literally stopped beating and I searched frantically around and could not find him. At that age he had just started talking and how am I going to find a small baby in so much crowd.

I frantically prayed to Mother that very moment. Instead of shouting my sons name I was shouting "Mother's name" loudly as if I was looking for her.

In a couple of minutes a French man with his daughter holding his hand came and tapped on my shoulder and when I looked around he asked "is this your son" and my heart knew no bounds because it indeed was my son.

Apparently my son had got lost in the crowd and just came to this French gentleman and held his hand and kept saying "amma" and the Frenchman started looking for an Indian woman in the crowd.

From then on I promised Mother I would never lose sight of my kids. Mother does work immediately with intense prayer." (Sara)

(RP) In Jane Austin's 'Sense and Sensibility' one of two sisters Marianne is distraught by the marriage of a man she is infatuated with and rashly runs out in a rainstorm and catches a terrible cold with fever. She takes to bed with the threat that she could die. Her loving, common-sense oriented sister Elinor deeply prays for Marianne's well-being with all her heart and soul. They fall asleep, but in the morning when they both awake and the very ill sister Marianne has regained her health. The other sister is relieved beyond compare and breaks down in grateful tears.

One therefore wonders if Karmayogi's claim about a desperate prayer always being answered also applies to ordinary life outside the realm of Mother and Her devotees.

Devotees Success Capacities Vs Non- Devotees

I think the only difference between devotees and non-devotees is we devotees can apply these inner, life response evoking methods and principles CONSCIOUSLY - at least we have the opportunity to do so - and attract these startling results, whereas people in life do it unconsciously.

(Sara, paraphrased)

Untitled

It is wonderful seeing devotees give their own experiences verifying the ideas Garry is presenting on Money, surprising even him.

Rate Of Change Of Consciousness Of Karmayogi Devotees

A typical devotee consecrates perhaps 5-10 times a day; consciously applies a meaningful value several times a day, change an attitude (decisively) once a week or two, changes an unnecessary habit decisively once a month and evolves a considerable part of their Nature (progressively, even permanently once every several years.

This is causal speculation. But what has been your experience (as devotee; or those of others you know?

Reader: Sir, why limit consecration to 5-7 times a day?

Response: Yes, there are no limits. I was just speculating - very rough estimate - about what people are currently doing.

Devotion

Untitled

A neverending stream of startling circumstance and connections come to us when we are sincerely devoted to living Mother's Life.

Untitled

“Mother first” is the central method of the devotee. Life will then continually smile on us.

Untitled

My favorite quote of recent months, “Mother First, everything after.”

Timeframe Of Getting Results In 3-Day Calling

It is true that Mother acts instantaneously. Every devotee has that experience. Devotees also have experience of not evoking Mother's response for months or years. If it is true that Mother acts in one second, it is also true that opening is not there all the time.

Such an opening comes by intensity. It is the experience of some devotees that a prayer is answered in a few hours and others have seen that before the prayer is started Mother responds.

The greater truth is She responds to an intense calling. To create that intensity several hours are required, sometimes several days. In 3 days one gets that intensity and Mother's response. (Karmayogi)

Untitled

Mother is not far away; She is right here. But we have to move out of our surface consciousness to perceive Her.

Comment: We don't have to go anywhere; we simply need to change our consciousness, give up our limitations to perceive Her everywhere.

Untitled

Give small victories to Mother every day. (Karmayogi)

Reader: Can you please give examples

Response: Practice any of the dozens of methods we know, that Karmayogi has given us, a little bit more than before each day, whether consecration, non-reaction, studying her words, silent will, etc . Any way we can shift from our ordinary way of doing things to connecting to Mother more in the course of our day is welcomed.

Untitled

“Remember Mother” Garry said to me in 1976 before going out on my first sale. It was perhaps the most important moment of my life.

Intellectual Devotion And Non-Reaction Attract

I wanted to share a small experience regarding devotion vs. non-reaction.

Many times when Appa used to write to me he used to praise me a lot for my devotion. He used to even say I have intellectual devotion to Mother.

One time around Jan 2019 I think I got some very bad news and I was crying for 2 days. I then wrote to Appa. He replied saying try to not react at this news and try to calm yourself and read the Life Divine.

So I listened to him and very seriously read the life divine for a week. You won't believe that at the end of the week that bad news turned into good news and my family got a very huge amount of money.

So yes devotion [here in intellectual form] and non-reaction can exist side by side. 😊
(Sara)

Power Of Divine Mother Through Another

When I was growing up from LKG to 5th std I used to perform very poorly at studies. The school failed me in my LKG and I had to repeat LKG twice. (My husband still jokes that he has never heard of anyone failing LKG. 😊😊)

Then in my 5th std, my grandmother (mother's mother) had darshan with Karmayogi and came back and told my mother about it. And my mother took to the Divine Mother.

She was really a strong devotee. I am only realizing it now because in my 5th std final exam I was so scared to write the exam.

Whenever exams used to come until 5th std I would have high fever, and skipped 2nd, 3rd std exams, school used to promote me out of Grace.

During that 5th std final exam I actually asked my mother to pray to the Divine Mother, and you won't believe I stood first in the class that time.

Since that exam until I finished my Masters I stood first in class. Every exam I wrote I used to ask my mother to pray to the Divine Mother.

Many times Appa used to praise me for my intellect. But frankly I am the last person to have an intellect. It only came from my mother's non-stop prayers to the Divine Mother.

I am saying this because a person who comes last in class can become first in class simply by the prayer done (in fact in my case I never prayed, only my mother used to do it).

My mother also for several years did hourly consecration for me. I would say whatever I learnt from Appa all these years came only because of my mother's devotion to the Divine Mother. (Sara)

Untitled

There is a great difference between opening to the Mother to solve a problem, and doing a work for the Sake of the Mother.

Untitled

Karmayogi writes in his books that Mother and Bhagawan are actually alive in their pictures. I have felt it many times (like how in Harry Potter movie the characters move in the pictures). –Saraswathi

Untitled

No worries, open to Mother, She will take care of it.

Untitled

It's a challenge to regularly shift from My Intention to Her Intention.

Discovery

Higher Consciousness and Discovery

Prof. Stearne's comments in a speech:

"...According to the testimony of our greatest scientists, scientific discoveries are the result of intuition, not experimentation. You do not happen upon the formula for $E=mc^2$ by digging into any number of sand piles or conducting any number of experiments. You discover that formula by opening your mind to a higher way of knowing.

Discovery is an act of consciousness, not a lucky stroke of the shovel or pitch fork. It is a power that resides in the human mind and consciousness, not in the machine which is our instrument...'

(From, 'The Book' by Garry Jacobs, page 21)

Untitled

Karmayogi told a devotee that self-discovery should not lead to self-criticism.

Divine

Untitled

The Divine being Infinite itself wants to manifest infinitely; i.e. in infinite ways; in endless variation. It can only do so if every one of us is different. Not only that, but when each one of us is different in relationship with every other person it manifests infinitely. This is so because each of us brings out a different aspect of the other.

Untitled

The Mother wants to bring down all the Divine qualities into Life,- peace, harmony, knowledge, truth, power, love, delight, infinity, and timelessness, - and She wants us to collaborate in that process.

Untitled

People want benefits from the Deity; but few want to become like, evolve their consciousness like the Deity.

Untitled

God lives everywhere and in everything, and you will be able to see Him if you can find Him deep inside yourself. (The Mother, from Agenda, June 9, 1965)

Triune Aspects of the Divine

The Divine is above in the transcendent; is at play in the unfolding of the universe (as Shakti of the divine Mother), and is in each of us, immanent in our being, in our soul.

Creation Process Same for Divine and Us

Sri Aurobindo's comprehension of Reality explained as first Involution from a Divine Source to matter, followed by Evolution from matter to spirit is virtually the same process we follow when we successfully engage in a project or the smallest activity.

It is a process of first apprehending the goal through Mind (for the Divine it is Cosmic Mind/Supermind); then having the vital will and drive for its manifestation as real (for the Divine it is the conversion of cosmic Idea into Cosmic Energy); and finally physically executing strategies to make it happen (for Divine, it is the conversion and breakdown of Cosmic Energy into atomic existence, which appears as matter in the universe).

For the Divine, Supermind coordinates the entire process. For Man he can rise to intuition and then Supermind to engage in the process for perfect execution that formulates a miraculous-like Response from Life (sudden good fortune from out of nowhere).

Evolution through Our Self-Evolution

The Divine itself has transformed and evolved as the Universe, and we humans are the extensions of that self intervention (Self-Evolution) of the Divine and its Shakti.

Evolution continues, and Beyond humans are evolving themselves as Supramental beings. We are moving from mind to Supermind. Hence Life essentially is for experiencing that Self -Evolution.

Sri Aurobindo tells us that All Life is Yoga, and every experience in Life, whether good or bad, is helping us EVOLVE.

(paraphrase of S.S. Sreejith)

Untitled

Nothing is impossible for the Divine when it wants to act. No law of life can restrain it; be a barrier to Its Intent.

Untitled

Often we get overwhelmed by life. This is an indicator and opportunity to densify our relationship with the Divine; by remembering Mother (consecrating) more often - i.e. in the small details of our daily lives.

Untitled

Our conception of God determines His power.

Untitled

The Divine in collaboration with Nature have an Intention for the world which only a few can perceive. Through the Play of Forces - both harmonic and their opposite - the Divine Intention is being realized in the world.

Resolving the Play of He and She

-All is a play of He and She. Of Spirit (purusha) and Nature/life (prakriti).

-He acts through process, through law, through necessity, and fixed rule. She acts through fantasy, caprice, chaos, unpredictability, and chance.

-Our whole life seems to be the experience of combinations of these. Eg we see the Necessity of things happening in our lives (He), but also perceive mere Chance (She) at work. We fail to see the Truth of things; i.e. how these opposites are resolved.

-And yet we can reconcile both by withdrawing from the surface of life and moving to the depths within, culminating in the psychic being, and surrendering to Mother's Supramental Force.

-Through our higher consciousness we continuously perceive the right relation and deeper Truth of things. We reconcile contradictory forces, opposites in our lives; living naturally, harmonically in the play of He and She.

Humility towards the Divine

... when you say to people, "Be humble," they immediately think of "being humble towards others," ... True humility is humility towards the Divine, that is, the precise, exact, LIVING sense that you are nothing, can do nothing, understand nothing without the Divine, ...

(The Mother, from Agenda, Sept 13, 1967)

Untitled

Everything that comes to us is a symbol of the Divine trying to touch our lives.

Untitled

We are the Divine who has forgotten Himself. (the Mother)

Untitled

The Lord makes use of everything, and He isn't afraid. He makes use of everything.... How He has used the gods, how He uses everything, how He has used the Adversaries ... everything.... and everything leads ... where we must go. (The Mother, from Agenda. October 11, 1967)

Untitled

... in order to manifest That [Divine Consciousness] ... one must SPONTANEOUSLY AND DEFINITELY be above all desires, all ambitions, all preferences ...

(The Mother, from Agenda. October 11, 1967)

Untitled

In Life the Divine allows Dark Forces to have their play, as they can enable a more Integral Positive when overcome.

Comment: Of course we can regularly open to the Force, the Divine Mother, thereby avoiding the play of Darkness and Light, taking instead to the "Sunlit Path."

Reader: Is Consecration same as opening to the force or one of the methods of opening to the force

Response: It's the same thing at the level being discussed, though Sri Aurobindo also speaks of consecrating one's entire Life to the Divine.

Thoughts On God, the Divine, and the Soul

- God, the Divine did not so much create the universe, as he Became it.
- The universe is the evolving Body of God, the Divine.
- We do not want a Divine life in heaven, but a Divine life on Earth.
- (Divine Life on Earth, not in some heaven and hell, is what we seek.)
- The end result of the Evolution is a Divine Life on Earth.
- The Reality is God, the Divine, plus the Creation; and their integral inter-relation.
- God, the Divine is evolving through our own evolution within.
- Within God, the Divine are the spiritual attributes of peace, silence, harmony, oneness, truth, knowledge, wisdom, love, joy, timelessness, and infinity.
- The Spiritual Attributes of God the Divine entering our being is the means of our progress, and the Evolution of life on earth.
- The Soul within us is the Spirit; an emanation of the Divine.
- The Soul, the Spirit is an inlet of the ocean of God, the Divine in our being.
- God, the Divine evolves in the universe as we connect with our Soul, our Psychic Being. (Psychic Being is the evolving Soul.)
- By opening to God, the Divine (Mother) are blessed in return, and uplift our lives.
- By going within, culminating in the psychic being, the evolving soul, and calling to God, the Divine Mother from there, we evoke ultimate Response.

Untitled

We think of God as separate from life, but Life is actually the evolving body of Him.

Untitled

WE are the Divine who has forgotten Himself. And our task, the task is to reestablish the connection ...

(The Mother, from Agenda, July 19, 1972)

Untitled

Sri Aurobindo's teachings are utterly different from the Indian spiritual tradition, which is why Indians (and the world) are often baffled by it.

Comment: Eg Divine Reality is the Divine beyond this world in the Indian tradition. Also known as Brahman. However, for Sri Aurobindo this universe and the Divine beyond are part of one Integral reality. He calls it the Integral Brahman. After all, all life emerged from a Divine source, so it too must be divine in essence.

Of course it is not a fully realized existence in the universe. It is evolving; i.e. we, the world, and the universe's inner consciousness is increasingly emerging on the surface.

How is that done. It happens slowly through Nature's slow and difficult way. But it happens rapidly and more integrally when we open to our psychic being (the evolving

soul within) and call to the Supramental Force, the Mother, from there to descend into us and life around us. The Integral reality further evolves, as the Divine beyond and the Divine in Life increasingly merge and interact.

This is NOT how the Indian spiritual view perceives reality. In that view, the Divine and the Undivine (this life) are two separate realities, and the goal is to lose ourselves in the divine part apart from this world. A dynamic interrelationship between the two aspects; the merging of the two realities through an evolutionary process is a foreign concept.

Untitled

In the tradition the Divine is beyond this world. In the new understanding the Divine is IN the world, infusing it with Consciousness & Delight.

Untitled

The Divine is not 'up there' (point upward). It is here (pointing inside) and everywhere. (Mother)

Divine In Physical/Material Life

We experience the physical world around us; and then perhaps some experience the subtle, the Divine behind the physical; with the goal of evolution being for us to experience the subtle, the Divine IN the physical. (It is also referred to as "Being in the Becoming".)

Comment: This perception came out of an inner experience I had just previous to writing the above post.

Untitled

The purpose of the universe is for the Divine to experience Itself through us.

Reader: Then we have a greater responsibility of experiencing the Divine within ourselves and in others.

Response: Yes

Untitled

The Divine is Evolving in the sense that It is continually expressing more of Itself in creation.

Comment: There is the Divine, then there is the body of the Divine, which is creation, this universe of forms. As the body of God (in essence us) evolves through our progress, transformation, then the totality of the Divine is evolving.

We could also say that it is "the Reality" (the Creator and Creation intertwined) that is evolving.

Untitled

We are all gods and creators, because the energy of God is within us and all life is creation. (Sri Aurobindo)

Untitled

The Divine Life is not just for us; it is for the Divine Itself.

Untitled

“He is the Maker and the world he made,
He is the vision and he is the Seer;
He is himself the actor and the act,
He is himself the knower and the known,
He himself the dreamer and the dream.
There are two who are One and play in many worlds;”
(Sri Aurobindo, Savitri, Book 1,
Canto 4: The Secret Knowledge)

Relationship Between Brahman [The Divine Source] And Our Consciousness

"Can we say that in every point of time what happens is the Will of Brahman depending upon the level of Consciousness of the individual.

The best happens when earthly/ individual Consciousness is in tune with the Consciousness of the impersonal Brahman.

Whatever happens is to raise the individual Consciousness in tune with the Ultimate Consciousness, and hence is the Divine's Will."

-S S Sreejith

Untitled

You don't have to adore the Gods, and yet you can become more than the Gods. (MSS)

Divine's Greatest Joy

The Divine delights Himself in the Process of Creation by creating Infinite Forms of His Consciousness, and loses Himself in that process. His greatest joy comes not out of Creation, but when those Forms awaken and seek for the Divine within them. (Senthil Murugan)

Untitled

Nothing exists but the Divine. Everything in life is the Divine.

Divine Mother

Collaborating with Will of Divine Mother

The Divine Mother wants to manifest Infinity in Life; manifest the Supreme on earth and in each of us. And we are here as Her representatives to manifest Her Will in Life; to be the instruments that help create a Divine life on earth.

Untitled

Supreme Lord of the Universe,
we implore Thee, give us
the strength and the beauty,
the harmonious perfection
needed to be Thy divine instruments upon earth.
(The Mother, from Agenda, November 22, 1967)

How We Relate To Mother

Today on Mother's Birthday, February 21, we may ask at what level do we relate to Her. Here are several:

- From a distance, She is someone we admire
- She is someone to ask for and garner Boons from
- She is a Divine entity that we worship and adore
- She is someone we try to be like, emulate in consciousness in our own lives
- She is someone to whom we Surrender all parts of our being, so we become an instrument of Her Divine Will in the world
- She is the means by which we evolve into supramental beings, creating the basis of a Divine Life on Earth

The Mother, The Force, Consecration, Supramental

Q: If we have a question to be answered by Mother, what is the right way to go about it and what are her known ways of answering, now that she [the Mother] is no more in the physical?

A: Mother is the Force, or the conveyer of the Supramental Power. And so aside from the absence of Her physical presence, nothing is different in the way She responds now that She is not in Her body.

She, the Force answers in all the ways we are familiar with. Problems automatically get solved, opportunities become realities, activities are fully successful (and then some). The Supramental power knows precisely what to bring about, limited only by a lack of receptivity, or other limiting conditions.

In fact Her power is greater now that She is not in the physical.

To ask a question of Mother, address Her from inside one's self. Go deep within and then think out or verbalize what you aspire for. Then let go and "Let Her Will Be Done." Based on the conditions She will listen and respond in due time.

—

When we consecrate we are calling to Mother, who acts through the Supramental power. When Mother acts we are receiving a supramental vibration, movement, action from the Supramental plane.

When on earth She would direct the Force on an individual needed. I imagine it is similar now.

Mother And The Supramental Force

Question (RP): Is Mother the same as Supramental Force?

Answer (GJ paraphrased): Mother has realized, is one with the Supreme, i.e. all levels from unmanifest and manifest and their integration.

Above there is SatChitAnanda – existence, conscious-force, delight.

In Supermind Sat-chit-and Ananda – existence, conscious-force, delight - are one.

Supermind is the Nature, the expressive, creative force of Satchitananda. It enables the creation to come about.

Supermind is the Knowledge and Will, the expressive power fused. Through that power creation comes about.

Where then is Mother in this scheme?

we say that Her origins are in the Conscious Force (Chit) of Sat-Chit-Ananda,

How does this Force, the Shakti of Chit relate to the Force of Supermind; and also to Mother?

We need to study all They (Sri Aurobindo, Mother, Karmayogi) have said to begin to truly understand the matter of Mother's relationship to the Supramental Force; whether (eg) they are the same, or different, or related, etc.

—

(RP) We will take up this challenge by gathering thoughts on the nature of (eg) Shakti from our various original sources to help understand relationship between the Mother and the Supramental Force.

Untitled

Spirituality, the Divine, Mother, the (supramental) Force has the power to overcome the environmental & covid19 crisis.

Mother Gives What Enables Our Growth In Consciousness

Mother in various 'Questions and Answers' gives the impression as follows:

"I have not come here to help you or to give you all that you want. I have a purpose-Transformation-Speeding up the evolution. Those who travel in that line never have to worry about my support. It will be always there. They are assured of my support."

--

Life responds for our efforts by giving comforts and develops capacities in the process. But Mother responds with greater capacities by denying those comforts of desires. We can notice - in life - all our transition points based on this bitter truth.

(Ramesh Kumar)

Divine Will, Plan

Negative Forces Fulfilling the Divine Plan

It is an irony of life: those who act against the Divine's plan become an instrument in one way or another to manifest that plan in the flow of life.

In *Pride & Prejudice*, Darcy had interfered in Bingley's marriage earlier. Later on he became an instrument by turning Lydia's elopement into marriage and brought back Bingley to Jane's life.

Lady Catherine, who was vehemently against intermixing of classes, the final confrontation of her with Elizabeth and further informing to Darcy, reconciled the last piece of the puzzle in the manifestation of Divine's plan, i.e. social evolution.

(Senthil Murugan)

Untitled

The Divine not only has an intention for Life on earth, but also has an intention for each one of us in our lives.

Untitled

Sri Aurobindo's Prophecy is that a Divine Life on Earth is inevitable. That is so because everything is Already divine, and that through an evolutionary unfolding this Plan will be progressively realized.

Untitled

Sincere, deep Aspiration will attract the Divine's, Mother's Will to us.

Untitled

"Something must be eternal for anything to exist."

That's the dynamic behind the Involution; the Creation process, from Spirit to matter. And that's why life on earth is headed toward Divine existence (the Evolution); i.e., for the Eternal Consciousness to re-emerge in the details of life. Evolution is the reversal of the Involution.

Untitled

Beyond the appearances of life, there is a Divine Will seeking to accomplish Its Intentions.

Untitled

Behind the difficulties of the world, the Divine Will is unfolding.

Not Divine “Will,” But Divine’s “Way of Being”

And for everything, everything, all problems, do like this (Mother opens her hands): what You will, Lord, what You will....

I know – I say “will,” but it’s neither a vision nor the will of the Divine, it’s ... His way of being. A particular way of being – successive ways of being. We always think of a “conscious will,” but it isn’t like that: it’s His way of being. The way of being of His consciousness.

He has projected His consciousness into a creation: it’s His way of being. And it’s His way of being that changes.

(The Mother, from Agenda, April 15, 1972)

Untitled

The only creation for which there is any place here is the supramental, the bringing of the divine Truth down on the earth, not only into the mind and vital but into the body and into Matter. (Sri Aurobindo)

Collaborating in Our Cosmic Destiny

There is a cosmic destiny set for you, but you can choose whether or not to follow it, collaborate with it; which is your free will. If you do, ultimate fulfillment will come into your life.

Untitled

The Divine Plan, Intention is not just to climb the stairs to ever-higher consciousness realms, as many spiritual personalities have done in the past, but to bring down those planes so we can be transformed, and usher in a Divine Life on Earth.

(thanks to Garry Jacobs)

Untitled

The billions of consciousnesses experiencing the Reality in an infinite variety of ways are expressing the Divine's Intent.

Untitled

Because there is something deep inside, in our soul that knows the divine purpose and plan, we on the surface aspire for more in life; even aspire for the Heights.

Collaborating with the Divine Intent

The Divine always has an intention for certain positive qualities, cosmic values to be realized in the world. We can choose to cooperate with that intent through our higher consciousness, enabling it to be fully realized in a short period of time. Or we can ignore it, allowing Nature's slow and difficult path to run its course.

For example, the Divine wishes a higher Harmony to come about among nations. The individual countries can consciously and deliberately cooperate and collaborate with one another to quickly realize the Divine intent. Or they can avoid working together, which will enable Nature to take over, opening the door to war or other harsh realities, which will still bring about the result the Supreme aspired for, but through terrible consequences and suffering.

Untitled

There is both Freewill and Destiny together. I.e. we have free will whether or not to follow the Path the Divine has secretly set out for us.

Untitled

Sri Aurobindo said that "the divine life will manifest on earth because it is ALREADY buried in the depths of Matter."

(The Mother, from Agenda, April 5, 1967)

Untitled

Sri Aurobindo has shown that the truth does not lie in running away from earthly life but in remaining in it, to transform it, divinize it, so that the Divine can manifest HERE, in this PHYSICAL WORLD.

(The Mother, from Agenda, April 5, 1967)

Comment: The rishis, ancient buddhists, et al sought the spirit and similar apart from life, by shunning it. Sri Aurobindo asks us to bring down, release the Spirit in the very DETAILS of life, in order to divinize it, manifesting a divine life on earth.

Untitled

Some call it "Fate". Others call it "Destiny". Perhaps we can call it "Collaboration with the Intention of the Universe".

Untitled

Free will is actually a predestined phenomenon from the higher planes happening within you.

Reader: Sir, Is this the view of Mother and Sri Aurobindo on predeterminism ?. Which works mention this. Will you be kind enough to clarify

Response: Yes, very similar. In his metaphysical opus, The Life Divine Sri Aurobindo indicates that we have free will within the determination of the Divine. I.e., the Divine

wishes for certain outcomes in the world, and we have choice of whether to collaborate with that movement and Intent.

Untitled

We know about Our will and about the Divine's Will. But do we know about LIFE'S Will reflecting the Divine Will imploring Our will?

Untitled

The real Truth of things is not derived from the logic of one's mind, but from the Logic of the Infinite consciousness that we can come in touch with.

Untitled

There is Divine Intention for each individual, for the society, and for the universe.

Untitled

Sri Aurobindo and Mother came not for humanity's accomplishment, but for the Divine's accomplishment through Life.

Untitled

You know you are experiencing the Divine Will when your own will is nowhere to be found.

Untitled

The Divine will is actually no will at all. It is rather a Vision, of what can be, with infinite potential to achieve it.

Untitled

In Consecration one's own will is replaced by the Divine will, which presents a Vision of the problem solved.

Realization In Alipore Jail

As a young man Sri Aurobindo was placed in solitary confinement at Alipore Jail and abused by the British for alleged terrorist actions, but he stopped all reaction to his plight, and suddenly saw the Divine's purpose in everything. We can do the same in our lives. I.e. see difficulties as fastest way to our growth in consciousness.

Untitled

The devotee is here to help fulfill the divine plan, which is the divinization of life on earth. He does that through Aspiration, Rejection, Surrender.

Comment: I.e. Aspire to grow in consciousness; Reject all negative aspects of one's nature, and Surrender to the Divine Force, the Mother.

This process is described in Sri Aurobindo's essay, booklet 'The Mother.'

"The personal effort required is a triple labour of aspiration, rejection and surrender,—

- an aspiration vigilant, constant, unceasing — the mind's will, the heart's seeking, the assent of the vital being, the will to open and make plastic the physical consciousness and nature;
- rejection of the movements of the lower nature — rejection of the mind's ideas, opinions, preferences, habits, constructions, so that the true knowledge may find free room in a silent mind,— rejection of the vital nature's desires, demands, cravings, sensations, passions, selfishness, pride, arrogance, lust, greed, jealousy, envy, hostility to the Truth, so that the true power and joy may pour from above into a calm, large, strong and consecrated vital being,— rejection of the physical nature's stupidity, doubt, disbelief, obscurity, obstinacy, pettiness, laziness, unwillingness to change, Tamas, so that the true stability of Light, Power, Ananda may establish itself in a body growing always more divine;
- surrender of oneself and all one is and has and every plane of the consciousness and every movement to the Divine and the Shakti."

Untitled

The Divine knows everything, yet It gives us the chance to succeed or fail, as a process of Personal & Spiritual Growth.

Comment: Another way to put it:

We have Free Will within the determinism of the Absolute. I.e. the Absolute, the Supreme has a divine plan for life in the universe, including us. We have the choice of whether to align with that Will or not. If we do, then we fulfill the Divine Intent, as well as engage in the process of Personal and Spiritual Growth.

Scientists believe only in Chance; disregarding the Play of Subtle Forces.

Comment: Eg the scientist would say that in *Pride and Prejudice* Darcy and Lizzy unexpectedly meeting at Pemberley was due to chance. But it is really due to the influence of subtle forces, in this case that which creates their synchronicity - including the fact that Lizzy changes her attitude about him after learning about his goodness as explained by his caretaker, which aligned with his early arrival from London.

Thus there are many subtle principles of life at play that enable such a synchronous meeting; not mere chance.

Untitled

When we move closer to the Divine and Its Will, our life and actions are automatically attuned to Its plans, instead of our own. (MSS)

Education

Untitled

The Knowledge that comes through Education absorbs the vast energies of youth for productive use, instead of their normal animalistic propensities. The deeper the knowledge, the greater the energy utilization result. The greater the energy utilization result, the more life cooperates with each act.

Untitled

True "Learning" is an awakening of consciousness: i.e. to become more Aware.

Process of Acquiring A Knowledge; i.e. Learning

In general how do we learn, eg understand an instructor's instruction?

1. In the first go-round you garner a general understanding of the knowledge
2. In the next round you nail down the specifics.
3. In the final round you attain perfection of understanding - from concept to details.

All of this can be aided by:

- An Aspiration to learn
- A Silent Mind
- Creative interpretation and extrapolation
- Reinforcement through life experience
- etc.

Untitled

Sri Aurobindo's & Karmayogi's teachings are very different from the Indian tradition, with a level of modernity defying expectation.

Untitled

Karmayogi is 100, or even 1000 years ahead of modern thought and understanding.

Comment: But we can abridge that period of time if it becomes a standard of our future education taking root and blossoming throughout the world.

Effort

Evoking a Response for All

Overcoming a resistance and making the necessary effort turns a consecrated act for one's self into a life response and benefit for all those around us.

Eg a man overcame a resistance to go to court, consecrated circumstance, and went to the facility. As a result, after a short while, he suddenly evoked a benefit not only for himself but for the dozens of people gathered in that room.

Untitled

Do your duty; don't procrastinate. Life will surely smile on you.

Doing What He Could Do Attracts for Instructor

If you find yourself in a tight position, such as waiting on something critical to arrive, and you are not sure when it will come, if you can do anything you can in the meantime, the object of your desire will arrive that much more quickly.

An instructor had a number of classes quickly coming up, and yet he did not yet have the training materials necessary to go through the courseware. He asked they be sent through his training company supplier, but he did not know when it would arrive. He estimated anywhere from a few days to a week.

Meanwhile, he worked with the information he already had, which was stored in uneditable PDF documents. As it turned out, within one hour of taking up that somewhat mentally taxing task, the package with the materials he desperately needed suddenly arrived via UPS!

When you do all you can in a pressing situation, Life will cooperate and bring you what you are after; especially if circumstance are offered to the Spirit for consecration.

Perfection Attracts Ease of Burden

When you do everything you can as perfectly and diligently as possible in a very complex, detailed situation, you will see the primary and secondary burdens lightened.

Untitled

One must give everything of one's self, and then when one has exhausted the last drop of energy, one must Let Go. At that point, Life takes over, as positive response comes quickly from a variety of directions. It works the same in any field - whether, science, art, athletics, business, education, governance, or other.

Untitled

Life often rewards you with sudden good fortune when you make the greater effort, go the extra mile.

Extra Mile Attracts Student Response

Willingness to go the extra mile to solve a problem - for a customer, client, or anyone, - can lead to all their related problems being resolved on their own!

Eg a student was struggling in a slower classroom setting. The instructor told the student he would give her some extra help on the topic during the break. She was glad to hear this. The instructor thought he likely would have his hands full with the student

the remainder of the day. However, instead she later told the instructor that after the initial problem she was following along very well!

Easing of a Challenging Work

Overcoming one's reluctance to engage in a work, and then making the extra effort at the outset to prepare for it, attracts an easing of all the work in ensuing stages.

A man was up against an apparent challenging work. For one, he was not too eager to review certain materials the client had asked him to review, as it seemed complicated and confused compared to other engagements.

However, the man then changed his outlook, and made the extra effort to understand his client's needs, including the fore mentioned materials. When he then made that effort, he soon discovered that the work was far easier than he thought; reducing his psychological stress about the matter!

That is the life response power of reversing out of one's reluctance. It opens up conditions of smooth flow and ease.

Life Responds to the Small, Token Effort of An Instructor

Over the years we have seen on many occasions that if you take up an imploring small opportunity, it opens the door to something much greater. And yet without making that small, token effort life does not open up.

An instructor had little work for several months. He was tending to the welfare of another person, and little work came in during that period. Then as he was finishing up his support for his friend, a small opening got his attention. He wondered whether he should take up the small instruction job, but then made the firm decision to do so. Not ten minutes after he arrived at the client, he received an email that a big opening had taken place for new work, the first breakthrough in almost two months.

Immediately he understood the principle, as he had seen this dynamic many times: If you take up a small work when there is absence of work, Life Responds and it immediately opens the door to something much greater. For the instructor, that opening took place only when he worked with the lesser client, and not a moment sooner!

Untitled

When we exhaust our efforts in any domain of life, - whether we succeed or fail, - great opportunities will surely follow.

How To Progress

Start from where you are. Do everything for your progress with right attitude. Give as many possible ways for Mother's force to pass thorough your act. Mother will select you.

(Ramesh Kumar)

Untitled

Push yourself a little further in work. You may be very surprised by the result!

Comment: I have often seen that when one pushes a little harder in one's work beyond one's normal threshold, the remaining work is unexpectedly reduced, creating a sense of ease; or other unexpected benefits come your way. (It depends on the level of your Aspiration.)

Beyond Below, Above The Line

For people below the line, generally the pitfall is self-pity or self-criticism which is ego. For people above the line, generally the pitfall is self-righteousness or feeling pride which is also ego. (It is irony that the ego appears to be their virtue and not commonly able to detect by themselves unless one is sincerely willing or through Life's challenges.)

For the Divine Mother, there is no such thing as above the line or below the line. All are HER children and what matters is whether one wants to progress from wherever he or she is. The Grace in response to our sincere aspiration is always disproportionate. Our duty is to make ourselves less unworthy of us to HER Grace. The mantra is to start from where you are!

(Senthil Murugan)

Untitled

When we saturate, exhaust our efforts at the current level, life lifts us up automatically to the next higher level.

Comment: Eg you do what you can incrementally. You exhaust your efforts, perhaps not getting any result, but then Life Responds to the accumulations of energy taking you to the next higher plane through a golden opportunity. (We see a lot of this in Silicon Valley and other tech centers.)

The exhausting at the current plane is not just of physical energy, but of emotion (vital), of attempts at meticulous perfection in work, et al.

Ego

Rejection, Ego and Our Progress

Q: How do we take rejection as a means of our further progress in life?

A: Experience of the emotional state of Rejection is one of Ego. It is a truth that does not square with our desires, so our Ego is offended and reacts. When you develop higher consciousness, then ego reactions such as sense of rejection are reduced. In that higher state we accept the development as part of the flow of life, while understanding what purpose it serves in our lives.

Eg from the experience of being rejected for a job we applied for, we can now consider what we are lacking - in skill, knowledge, experience, approach, intention, practicality,

etc. This will make us stronger in the longer term; meaning that the Rejection was actually a positive in disguise.

Untitled

According to the ancient spiritual principles, it is true that we do not owe anything to anyone else, except to discover our own Soul and true Individuality. It is also true that we cannot indulge our false ego-Self, separating ourselves from the world around us, including others.

Untitled

The more you move the conversation or explanation away from one's ego and toward the Harmonic, the greater the result.

Problems Dissolving Ego

From one perspective, all of the difficulties we encounter in life serve the purpose of dissolving the Ego, when taken in the right spirit.

Taking Initiative (Ego) vs. Life's Initiative

Taking an outer initiative is mostly the initiative of the Ego, which creates negligible, questionable, or problematic results. Best to wait on Life's or the Divine's initiative coming to you, and then respond with full force. Everything will then cooperate, and lift you up to the stars.

Untitled

Aspiring for the success of others qualifies you to receive the bounties of life. Otherwise, you are focused on yourself, which is ego, which qualifies you for nothing.

Psychic Being Replaces Ego in the Evolution

Ego is the obstruction. Ego was necessary to shape humanity, but we are now preparing the way for a superhumanity, a supra- humanity. The job of the ego is over – it did its job well, now it must disappear.

And it is the psychic being, the Divine's representative in man, that will stay on and pass into the next species.

So we must learn to gather all our being around the psychic. Those who wish to pass to the supra-humanity must get rid of the ego and concentrate themselves around the psychic being.

(The Mother, from Agenda, April 12, 1972)

Ego Reaction to Round of Success or Failure, and Life Response

If the Ego grabs hold of a success, the next round will likely bring failure.

If the Ego is shed when there is failure (eg through contrition, self-awareness, yet without self-pity), the next round will likely bring success.

Coming Out of Ego

Though we are normally unaware of the fact, we are in the Ego much of the time. From that separative poise we often say, think, or do what is false, wrong, error-prone, harmful, hurtful, etc. Life then responds (negatively) in kind; one way or another, sooner or later.

This chain of events never ends, this wheel never stops turning.

Therefore, being aware of and coming out of Ego is the first duty of the devotee on the path.

Untitled

Human life is ego-centered. Divine Life is Psychic-centered. (Karmayogi)

Acting on Ego

Before you take an action, consider if you are doing so for Ego's sake. If so, hold back or otherwise modify it to express a more harmonic attitude or position.

Untitled

Each Conscious retreat from our Ego in the course of the day will attract a happy Surprise.

Breaking the Vicious Cycle

AW: where the ego is ascendant, ignorance is ruling and therefore there is an inability to perceive "spirit"... Hence in the ego-world of ignorance, "spirit" simply has no meaning and cannot be perceived (I.e. a "vicious circle")

RP: Yes. That's why pioneer individuals who are aware of this dilemma take up personal and spiritual development (yoga), to help break the vicious cycle, creating an opening for the rest of the world to follow.

Untitled

The Ego - i.e. separative consciousness - dominates our lives dozens of times each day. One who recognizes its appearance as it arises, and halts it in its tracks is on a path of Higher Harmony.

Untitled

Sadness, depression, hopelessness are expressions of the Ego. Going inside and discovering our True Self and Soul we experienced only Happiness and Joy.

Untitled

When you remove ego from the situation and take to Humility, the Integral Truth of the conditions increasingly reveal themselves.

Would it be egoistic to say that Mother's consciousness working through my 30+ years of training and consulting in and around Silicon Valley helped it become Infinite-like?

Untitled

Our Ego is not our true self. We have within ourselves an Infinite, Eternal Being.

Divine Replacing Ego Authority

Under that Pressure [from the Force], the old remnants of authority, the remnants of the ego's authority should disappear and be replaced by this (same gesture, hands open): a receptivity ... impelled exclusively by the Divine. This in place of the ego. The last traces of the ego getting erased, ...

(The Mother, from Agenda, June 24, 1972)

Untitled

The Ego continually longs for self-justification or gratification while the Soul yearns for Truth and Spiritual Growth.

Untitled

At each point the Ego enters a work, it gets reduced or spoiled or even cancelled.

Insistence Cancels

Insisting on a small reward can cancel the project or work completely Example: A man insisted that a very large European financial client pay for and over-budget hotel bill, instead of remaining still. As a result the partners attracted the cancellation of the entire project.

Comment: Such ego movements squander opportunities.

Untitled

Whatever you accomplish through Ego you can accomplish at a much greater level without it.

Reader: Sir, All the great achievers have achieved by properly managing Ego in dealing with others perhaps through systems and values. Managing Ego includes shifting from Ego in a specific situation.

Comment: Yes, very true points. Values and systems keep people in line, from not getting caught up in ego.

And yet ego can crop up in so many ways, which releases accompanying negatives with their great achievement. Eg many great companies work at odds with the environment, or the plight of the poor, may further wealth inequality, may be working to prop up

their own salaries, etc. America's Robber Barons of the past are an example. Companies obsessed with stock buybacks and non-payment of taxes are modern examples.

There may be values in the company, but not enough of the right ones. There may be systems, but they fail to probe into the dark recesses of greed and selfishness, in the company and in its relations to the society

When we are centered in something higher, such as Mother (or Her values) it is much easier to navigate the negative temptations; to make those transitions where we produce something great while avoiding the negative offshoots, the dark shadow developments.

USA turned Einstein's formula of the nature of the material cosmos into formula of death via nuclear weapons.

We must be vigilant of Ego from any and all sides. Connected to Mother and Her values (consecration, non-reaction, self-givingness, et al) that is far more likely.

Reader: True Sir. Unless one is vigilant, even when calling Mother, the False hood enters within our personality posing to be good thing. I failed on many occasions like that. It is our ego that allowed the falsehood in to our system. Mother is a boon to all of us.

Overcoming Ego Movement That Evoked Powerful Response

When you become conscious of an ego movement, and then shut it down, marvelous things can follow.

A man was bothered that his question was not addressed by an online presenter as much as he had hoped. It hurt his ego Then he decided to swallow his pride, shed ego, and return to the presentation.

What followed was a marvelous discussion by the presenter on the meaning and power of Gratitude in one's life. It was a revelation, and source of great joy for the man.

It also indicated to him that instead of feeding that Ego impulse, he should instead express Gratitude for the vast and varied wisdom of the presenter, plus all the great inner advice he gave the man over the years.

That is the power of directly rectifying an ego movement. It can open up new personal and spiritual vistas in one's life.

Overcoming Egoistic Urges Through Manners & Mother

The Ego wants everything for itself; and looks at things from its own point of view.

It is almost irritable to resist the urge of the ego; eg when it wants to react to someone else's assertion.

Being separate from the ego, perceiving its actions, reactions is a spiritual advancement. That puts us at the borderline. Awareness of its actions, perceiving it in our lives but not yet able to seriously control it.

We need to cross over the border and not be sucked in by the urges, the wishes, the desires, the egoistic impulses.

We do this not just to overcome ego, but so something Higher can emerge in us.

At the most fundamental level we can be well-mannered, which will somewhat control our egoistic tendencies. It is a physical restraint. Eg “I should not take the mango as it belongs to another person.” We call it Self-Control. It is physical self-restraint.

We also learn how to behave in the world. Eg it is common sense not to call another a liar when they are lying. It destroys comradery, affection, trust. It is common sense restraint. It too is a form of manners. Manners are thus the first form of control over our nature.

We need to master our urges in life – when to speak and when not to; when to act and when not too, etc. Again, they are forms of mannered behavior.

In this way we are able grow in accomplishment, in society, in culture, in awareness, knowledge, etc.

The capacity to overcome the urge is a Mastery of Man. The animal only has it in a limited sense.

But is it enough?

The family and society teach us to master the way we express our urge, but not to master the Urge Itself.

Mind can control the urge, but it cannot eliminate the urge.

However, Mother’s consciousness can Dissolve it; Transform it.

Via consecration, Mother’s consciousness takes over from the urge to express, from the ego that is trying to assert, and thereby Divinizes the energy so it has a greater, more harmonic, useful result.

Also over time, the more we call in the Higher Consciousness, call Mother into our being, the more our lower impulses – eg urge rooted in ego – simply do not take shape; remain in stasis; even lead to transformation of our nature.

(Garry Jacobs, paraphrased)

Shifting From Ego To Psychic Being At The Center Of Our Lives

We must shift from our own Ego being the center of our life, to others, or better yet the Divine being the center.

In Ego we see the world around us serving our own interests. In Ego's absence, the outer world, culminating in the Divine, becomes the center, and we serve Its purpose.

We always look out on the world, choosing those things which We can benefit from. That is to have ego at the center of our existence. If we consider how others or the Divine benefits from conditions, situations, then the inner being or the psychic, the soul is at the center. The consciousness there is so much greater, attracting equally great benefit from the world around us.

Identifying the ego at work at an moment is a great yogic development. We can begin in our own humble way by periodically withdrawing ourselves and looking inside; examining our motive, interest. intention, opinion, behavior, and all; seeing where Ego is at play. From there we can draw back from its influence.

(paraphrase of Garry Jacobs; Roy Posner)

Untitled

Examine 10-20 things you did today or yesterday or before, and determine if EGO was involved. If yes, adjust inwardly & outwardly.

Comment: Then pay close attention and see if life responds in the hours or days thereafter.

Ego often evokes negative life response, and overcoming it tends to evoke positive response.

Just here, in this social networking app, we can see any number of instances of Ego on our part.

Untitled

Behind the darkness of the Ego lies the Light of the Being.

Untitled

Through Ego and Ignorance we cut ourselves off from the Infinite potentials of life.

Untitled

Moment to moment Ego blocks a life of personal and spiritual growth. Learn to control, consecrate each instance when it arises.

Reader: Thinking about this a LOT. By consecrating everything - and I mean EVERYTHING - it almost feels like that by doing so, we feed the spirit rather than the ego, thereby weakening the ego's grip on our lives.

Then, it occurred to me that as the ego's grip weakens on our lives, it might "struggle" as we let it go, and it attempts to keep its grasp on us through any means it can. And this is why it's so important to continue consecrating on a regular, constant basis.

Otherwise, we may become complacent when we experience a moment of divine bliss, thinking, "Wow! This feels so good! Thank you Mother," and then go along our merry way.

However, if we just "go along our merry way" in a "business as usual" mode, the ego (which may not be adequately weakened) can "sneak back in" however subtle it may be. But if - even after a moment of wonder and gratitude - we continue turning our thoughts to Mother without breaking any momentum, our spiritual and personal growth can continue.

My aspiration is to keep consecrating and offering myself to completely infuse my life - physical, mental, spiritual - so that every single thing I do and experience is eventually done and experienced through a conscious and unbreakable union with the Divine.

Response: excellent post.

Receiving For Free And Complaint

It's interesting that the more we get, receive for free - eg Internet, Google, Facebook, et al, - the more we complain about them. When we Pay in a transaction we are less likely to complain. That's because normal transactions require two sides - the purchaser and

provider, - not just a free side. As soon as we get something for free we complain, and want more. It's human nature. It's the falsehood of the ego.

Untitled

America has been falling out of its position as world leader due to its selfish competitiveness, rather than cooperative, Harmonic values.

New Phone Surprise

I wanted to share an experience that happened today.

In the morning I had a small argument with my husband while making breakfast and then my husband left to office. Usually I would have just sat and fumed and felt angry. But today I was just praying to Mother using the following words "Remove my ego Mother".

My husband came back home for lunch and informed me that they gave a new iphone to him at office for free. My husband had an old phone, I think from 2014 or so, and never changed it.

I felt it was Mother's response to my prayer to remove the ego 😊 (Sara)

Comment: 😊 my husband returned now and informed that all other people in the office who had older version of phones were given new phones. Mother's Grace is truly universal. (Sara)

Untitled

At any moment stop and ask yourself "Am I serving my ego, or serving the Divine, the Mother?"

Untitled

The fact that we like this, dislike that - backed by ego,- shows the continuous opportunity to grow beyond liking and disliking.

Energy

Raising One's Energy Level

"...A simple, practical technique for raising one's energy level:

Call energy. Open yourself psychologically and invoke energy to descend and enter into your personality.

The idea sounded so simple that they tended to dismiss it as a gimmick of some sort, until one morning Anya reported that she had tried it with remarkable results. She had been working late the night before on a very tough problem, finally quit in frustration at 3 am, and spent the rest of a short night on the couch in her office. The following day

she resumed the work but found by 11 am her patience and mental concentration were thoroughly exhausted.

She lay down on the couch but could not sleep, so she sat up and imagined that her mind and heart were spreading out simultaneously in all directions. Then she started calling energy as in a silent prayer. She reported that within five minutes her mind was totally refreshed and she felt energy coursing through her nerves and body. She went back to work and within an hour had solved the problem that had been perplexing her all the previous day and night..."

(From 'The Book' by Garry Jacobs, page 63)

Rising to Next Plane, Equilibrium of Energies, and Consecration

--Life always seeks to restore an equilibrium of energies.

--Eg if something attempts to rise to a higher level, something comes to bring it back the previous level; thereby restoring the equilibrium.

--Therefore, when we rise up to the next plane, it ordinarily evokes a hostile opposition; as life always seeks to balance out, to establish an equilibrium of energies.

--Eg if you are seeking to bring a new set of positive values to an institution, an unexpected opposing force will rise to not only prevent the values from being adopted, but to destroy your influence in the institution.

--However, if you consecrate the movement to the next highest level, (eg the interest in implementing the higher values in the organization), life responds, not negatively, but fully positively, restoring the equilibrium, but now at a higher level.

--Also, if you do not react in feeling and thought to the intensity of the opposition, it can have a similar effect. Or if you consecrate the opposition, it will melt away; in all cases restoring the equilibrium at a higher level.

Maximizing Energy

Most people don't know how to conserve and build up their energies. They waste it on frivolities and social/vital pleasures. If they took to silence - in thought, emotion, speech and action, - they would be brimming with energy for productive use; including great success that engenders deep happiness and joy.

Untitled

Energy depleting activities cause favorable weather, like potential rains in a drought situation, to dissipate.

Untitled

The Knowledge that comes through Education absorbs the vast energies of youth for productive use, instead of their normal animalistic propensities. The deeper the knowledge, the greater the energy utilization result. The greater the energy utilization result, the more life cooperates with each act.

Untitled

A child's excess energies can be fully absorbed through the mind when she learns how to truly Think.

Untitled

If dealt with in the right way, out of the negative can come new energy for success.

Principles of Energy

All in the universe, the world, society, the individual, the act are forms of energy.

Therefore all accomplishment is dependent on that energy - in terms of quantity, quality, etc.

The energy is really in its essence a Conscious Force; an ultimate consciousness that emanates a force.

The origins of all Life is this Conscious Force. As it enters into forms of mind, and life, the Force is maintained but the consciousness is lost. It is involved, hidden in matter, life, mind, movement, etc.

And yet the more conscious we are, the more the consciousness re-emerges from that Force. Now the Energy in universal and human existence has greater, more intelligent, spiritual power.

Through that Energy, that Conscious Force, peace, harmony, wisdom, goodness, love, delight, infinity, and timelessness increasingly express in life.

Untitled

Nostalgia indicates lack of fresh, new energies.

On Freshness

How to create Freshness, i.e. new-found energy and joy in any act - in our lives?

--When we don't react in the same old way to a siltation or condition, we create the possibility of Freshness.

--When we don't allow our usual mental (beliefs) or vital (attitudes) or physical reactions (habit) to come into play in a situation or condition, Freshness is born

--It is to engage in any act not out of habit, not out of social conditioning, but CONSCIOUSLY. New energies of Freshness arise.

--When we consecrate the act, with "Thy Will Be Done", the act is infused with Freshness.

Normally freshness occurs when we are surprised or feel joy in what life presents.

Our goal is to create Freshness any time of the day; in any activity engaged in. It is possible by taking to the above or similar steps.

"Life is routine because life is unconscious. Conscious Life brings continuous Freshness"

Freshness opens all of life to possibilities. Or rather when we take to freshness, the whole world opens up to us. We attract positively and enormously.

When in 'Around the World in 80 Days' Phineas Fogg gives up his ridiculous habits in order to win the wager, he evokes enormous freshness and energy that allows him to succeed in travelling around the world and winning the bet.

Untitled

Anything manifest is only a movement of Energy, (including matter).

Sri Aurobindo worked and is currently working (from the subtle plane) on building a Global Society on earth.

Comment: Appa too.

Reading Life Divine And Our Energies

Reading the Life Divine is very powerful. This is just my intuition. When we read the Life Divine all our energies are diverted towards absorbing the contents of the book. So there is no energy left for ego to complain or react or vital to revolt.

Or no energy left to think about the problem as mind will be occupied with trying to understand the ideas in the book. (Sara)

Untitled

If possible avoid letting others know about your work until it is complete.

Comment: Announcing the status before complete takes energy out of the work, making it susceptible to reduction in scope or even cancellation.

Reader: Yes Sir. The mind then start wandering away from work and it loses its intensity.

Equilibrium

Rising to Next Plane, Equilibrium of Energies, and Consecration

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Life, Equilibrium, and Change

“Life acts at every moment to preserve and restore equilibrium. Where the force for change is weak, life overcomes it and restores the equilibrium at the present level. Where an evolutionary force for change has sufficient intensity, it disrupts the equilibrium at the present level and life rises to restore it at a higher level.” (from the ‘Archives’ in ‘The Book’ by Garry Jacobs)

--

Life always seeks equilibrium. We can say that in this dynamic the equilibrium is restored through a Response from life.

Suppose a man has a deep aspiration to link his career to his ideals. That is a substantial rise in consciousness. It also shifts life out of equilibrium.

A short while after, he casually meets with someone about a great opportunity that would meld paying work with his highest ideals. It changes his life forever. This response from life restores the equilibrium, but now at a much higher level.

Untitled

Life maintains a balance, a harmony of organization, but Mother, the supramental Force takes it to higher and higher levels.

Comment: Mother, the supramental Force is not trying to maintain Life's harmony. She is trying to change it every minute. As a result, She wants us to make a progress at every moment; in order that Life becomes more conscious and Divine.

Thus Mother, the Supramental Consciousness is a higher organization than Life. It is in fact an EVOLUTIONARY organization. She takes the Balance of the organization of Life to higher and higher levels.

While Life maintains the Stability, She/the Force, creates the necessary Change that brings it to increasingly higher levels of consciousness.

Untitled

Don't fall back. Maintain the Best of who you are!

Comment: Karmayogi indicates that not following this, one can fall into a pit.

Reader: can you plz explain a little more on this.

Response: We maintain certain tasks and duties during the day that provides the support for our overall life. When we abandon these, we weakened the support of life, and we can thereby be affected in various ways negatively - such as losing of money, loss of job, disappearance of opportunity, relationships weakened, etc. The foundational energies are abandoned, and therefore the negatives of life are able to seep in.

There are other things we do that are of even greater significance, like our personal and business values, and our flame and aspiration for greater success that we also should not let slacken; otherwise we can lose the success we had earned.

Thus always seek to maintain the foundational elements of our life. Better still, build on them.

Reader: By tasks and duties are you referring to daily chores?

Response: Yes, habits, routines, chores, job tasks, etc. It can even be maintaining one's developed psychological status; spiritual routines, etc.

Evolution

Sat-Chit-Ananda in the Involutionary and Evolutionary Process

Above the plane of Supermind is Sat-Chit-Ananda. It is the source of all creation in the Involution, and the destiny and final step in the Evolution. That is, in the Evolution all other planes are divinized into their Sat-Chit-Ananda equivalents.

What is Sat-Chit-Ananda?

In the Involution it is the first step out of the unknowable, the Supreme. It is Existence, Consciousness, and Bliss. Sat-Chit-Ananda.

In the Involutionary process it is where Being (Sat) takes shape. Ie a Being exists in creation from out of the Unknowable, the Absolute. And because it is self-aware of Itself (Sat), of its Existence, it emanates a Force, a Conscious-force. That Force (Chit) will later involve into Supermind, which will further involve into the Energy of creation which will become Matter.

And because It is aware of Its Being (Sat) and the Conscious-Force (Chit) that it emanates from It, It takes infinite Delight in that fact. That is Ananda/Bliss of Sat-Chit-Ananda.

At the end of the Creation process, beginning with matter, Sat-Chit-Ananda is completely buried, hidden, involved. However, In the Evolution matter/physical, vital/life, and mental emerge, and then through humans the planes of spiritual mind, culminating in Supermind. And beyond that is Sat-Chit-Ananda. All other planes are divinized as a result

THE INVOLUTION (Descent):

The Supreme

Sat-Chit-Ananda

Supermind

Cosmic Mind

Energy

Matter

THE EVOLUTION (Ascent):

Matter/Physical

Vital/Life

Mental
Spiritual Mind
Supermind
Sat-Chit-Ananda

Reemergence of the Conscious-Force in Creation

Out of the Supreme came a Conscious-Force, which devolved/involved into an energized Cosmic Mind, which devolved/involved into a knowledge-less Energy, which involved/devolved into and inconscient Matter. This is the Involution, ending with creation.

And yet the Conscious-Force that is buried in Matter seeks to come out. And so dumb Matter evolved into energized Life through animate beings, who evolved mind in their beings, which is further evolving into Cosmic-like Mind, and then into Supermind, with the Conscious-Force re-emerging in full as a Divine Life on Earth as the culmination of the Evolution.

The Conscious-Force is now in a greater formation, as now all of life, all of existence is Divinized with Its Power.

Choosing A Growth Path to The Future

Q: So there seems to be a number of ways people can learn to improve themselves and understand and master life.

A: Yes. An individual can at the highest level participate in the unfolding of the spiritual destiny of the universe, or, if a little less ambitious(!), can simply learn to make his being more whole by learning the fundamental techniques of personal growth -- including higher attitudes, more skills, greater and more integral knowledge, more energy, more organization, and other capacities to make them a more integral person.

One can also learn the inner functionings of life, including the subtle principles and powers of Life Response and Consecration, i.e. opening to the spiritual Force when engaging in life.

These will attract extraordinary results, and if taken up in full with sincerity enables one to become the Master of Life.

One can also learn, if so inclined, to understand how the universe came to be from a divine source. Such principles of creation as Satchitananda, and the nature of the Truth Consciousness (Supermind) that Sri Aurobindo has so magnificently identified and brought into the world.

One can also embark on a journey of spiritual transformation, including the discovery of one's personal evolving soul, as well as opening to the descending spiritual Force and Light that enables us to transform our physical, vital, and mental nature, thus evolving into a new spiritual-oriented being. That can culminate in an ultimate change, a supramental transformation, where we develop a Supernature, and become harbingers of a new type of spirit-oriented individual on earth.

So which path should one take? It depends on what we are ready for. What we aspire for, what motivates us, what we hunger for, looking for, are seeking in life.

Practical Example of Interrelation Among the Individual, Universal, And Transcendent

As we evolve as Individuals, we discover that we can be instruments for fulfilling the needs of Society, which is actually the progress of the Universal, which in turn fulfilling the will of the Transcendent, the Supreme.

Eg members of MSS seek to evolve in personal consciousness, so they become true spiritual Individuals. As they do, they come upon new avenues to bring about the progress for society (eg in economics, education, business, literature, Indian development, etc.), bringing the highest consciousness to these concerns, with the best solutions.

This universal action is in turn secretly carrying out the will of Transcendent that seeks the evolution of consciousness in these societal matters.

Joining the Forces of Silent Change

The old mental order is crumbling or going through intense pressures, making the way for Something Greater. The Higher is also coming through subtlety and Silently, while most on earth are consumed by the intensity of the change and the difficulties of their own lives.

It is then a matter of choice to join the forces of Silent Change. We can partake in this quiet process, ushering in a new-type person, a new society; spirit-oriented and supramental in nature.

"Regression" of the Divine

In order for life in the universe, including ourselves to be progressing (the Evolution), the Divine had to "regress" from spirit to mind to dumb energy to first forms of matter at the dawn of time (the Involution). The two are complements of one another; inexorably inter-twined, inter-related.

Untitled

"Something must be eternal for anything to exist."

That's the dynamic behind the Involution; the Creation process, from Spirit to matter. And that's why life on earth is headed toward Divine existence (the Evolution); i.e., for the Eternal Consciousness to re-emerge in the details of life. Evolution is the reversal of the Involution.

Evolution through Our Self-Evolution

The Divine itself has transformed and evolved as the Universe, and we humans are the extensions of that self intervention (Self-Evolution) of the Divine and its Shakti.

Evolution continues, and Beyond humans are evolving themselves as Supramental beings. We are moving from mind to Supermind. Hence Life essentially is for experiencing that Self -Evolution.

Sri Aurobindo tells us that All Life is Yoga, and every experience in Life, whether good or bad, is helping us EVOLVE.

(paraphrase of S.S. Sreejith)

Untitled

Evolution is the journey from separative, divided consciousness to Oneness.

Untitled

The only creation for which there is any place here is the supramental, the bringing of the divine Truth down on the earth, not only into the mind and vital but into the body and into Matter. (Sri Aurobindo)

Untitled

Some people further the Evolution through their persistent Devolution.

Dark Matter, Dark Energy; Involution, Evolution.

There is the possibility that Dark Matter is of the Involution, as it is a contraction, compressing movement that creates matter, galaxies out of nothing; while Dark Energy is of the Evolution of the cosmos, causing the already created objects, universes to fly apart in an accelerating manner.

Involution and Evolution of Divine and Our Soul

Not only has the Divine descended in a process of involution to become matter, losing its Divinity, but so has our soul (psychic being), crossing many births, losing its spirit, taking on the form and role of our surface being.

In both cases, the spirit in all of life and of our own soul must remerge in its fullness via the evolutionary process through our higher consciousness.

Untitled

The involutory process that made the universe, earth, matter from the divine Spirit, which hid itself to make life possible, is through a reversal going in the other direction, through evolution revealing the Spirit and the infinite possibilities buried inside.

Untitled

Creation is searching for its hidden Self.

Untitled

Human justice demands retribution. Divine justice demands evolutionary progress. (Garry Jacobs)

Untitled

Evolution, - including where we are headed and what our purpose is - cannot be truly understood unless we understand the Involution, from Spirit to matter.

Man to Superman According to Sri Aurobindo

-Man is a transitional being; he is not final.

-The step from man to superman is the next approaching achievement in the earth's evolution.

-It is inevitable because it is at once the intention of the inner Spirit and the logic of Nature's process.

Sri Aurobindo

Untitled

We are incomplete, on the way to becoming Complete.

Source Of Separation In Cosmos

According to Sri Aurobindo it's the separation from the Origin [the divine Source] in the Involutionary process that created the Disorder [the falsehood in creation]. And we are here, in the Evolution, to reverse that process. To re-create unity with the Source in the details of our lives.

Comment: Involution is the process by which the divine Source became the universe. Evolution is how life in the universe evolves (through humanity) to reconnect to the Source and embody spirit in the details of our lives.

Involution is the process whereby the Immutable Source becomes a conscious Being, that releases a Conscious Force that involves into Supermind, then to cosmic mind ,then to mind then to energy then to atomic existence (matter). Here the universe is born.

Involution is thus the Journey from Spirit to matter, and Evolution is the journey of matter to mind to Spirit.

Involution is a Descent of consciousness/spirit/source to matter). Evolution is an Ascent (of matter to consciousness/spirit/source).

Supermind is a place of being that both facilitates the descent from spirit to matter, and helps us in the Ascent from matter to life to mind to spirit.

In the Involutionary process, life in the universe is born, but it leads to Ignorance and Disorder as the consciousness is lost in the Descent as energy and matter emerge from cosmic mind. With matter there is complete unconsciousness in matter, in atomic existence at the dawn of existence in the universe.

Sri Aurobindo explains all of these realities in great detail in his spiritual opus 'The Life Divine'. He also experienced these planes and processes in his own life, and helped bring down the Suramental Force (the Mother power) into life, which we can open that evokes "instantaneous miraculousness" in the details of our lives.

1. INVOLUTION

Source

v

Conscious Force

v

Supermind

v

Cosmic Mind

v

Mind

v

Energy

v

Matter

—

2. EVOLUTION

Spirit/Source

^

Supermind

^

Mind

^

Life

^

Matter

Untitled

Evolution often occurs when simultaneously bad people or institutions are neutralized, while the good become Better.

Comment: WW2 is an example. Though evil fascism rose up Fascism nearly destroying society in its wake colonialism came to an end, birth of United Nations took place, European Union was established, America and its democratic ideals rose to prominence etc.

Untitled

Because humanity is going backwards in consciousness when it has to go to the next level in the evolution, the virus presents itself.

Untitled

There is a GLOBAL pandemic because ALL of Humanity has to go to the next level in the world's Evolution.

Untitled

"We're standing at a portal to the future; we're not going back to how it used to be."
(David Brooks)

Untitled

The movement of the Being expressing through the Becoming creates Delight.

Comment: Being is the spirit, the Divine. The Becoming is life movements. "Being in the Becoming" enable spirit to enter all life movements. It is the means of practical and spiritual progress; i.e. it is Evolution itself.

The Processes Of Involution & Evolution In Creation

(i.e. how the universe came to be from a Divine source, and where it is headed; based on the teachings of Sri Aurobindo, Karmayogi, Garry Jacobs, Roy Posner)

INVOLUTION (the Descent) -- The Supreme, the Infinite, the Unknowable becomes the Conscious Being (Sat), self-aware of its existence, which thereby emanates a Conscious Force (Chit), which then extends to Supermind to carry out the Creator's intentions, which is to create a universe of conscious beings to make the Divine Attributes (Real Ideas) manifest in the world.

(To that end Supermind, through its Maya power of division, will guide the involutory, process. It will eventually turn the Knowledge and Will fused in Supermind to mere Will without consciousness in the planes that follow.)

To further the Involution Supermind enables time and space to come into being (so its processes and intentions can become real to future life in the cosmos), and the plane of Mind. It then further divides, leaving only a plane of raw Energy, which further divides still into ultimate detail of individual atomic existence which is Matter.

In these latter processes the Knowledge and Will that are fused in Supermind, lose their Knowledge, their Consciousness, leaving only raw Energy of Will. At the point Matter takes shape, there has zero consciousness, only material matter, awaiting the dawn of the Evolution.

Involution = Conscious Being > Conscious Force > Supermind > Mind > Energy > Matter

Involution is thus a DIVIDING, HIDING process where each plane hides itself in the succeeding plane; as Consciousness is involved, culminating in Matter, where there is complete absence of Consciousness.

We can see the entire process in terms of the degradation/involution/hiding of Conscious Force (Chit), as follows:

Conscious and Force as One (in Chit) > becomes Knowledge and Will as one/fused in Supermind > becomes little Knowledge with Will in Mind > becomes Will alone in energy. becomes complete absence of consciousness in Matter

EVOLUTION (the Ascent): As the Energy further divides into atomic existence, creating Matter in a now-existing universe in the Involutionary process, out of Matter comes the

plane of Life, of living things in the Evolutionary process, which further unites to form the plane of mind in sentient beings, which continues the evolution to spiritual Mind, culminating in Supermind and beyond.

Evolution = Energy > Matter > Life > Mind > Spiritual Mind, Supermind > upward

Evolution is a UNITING process, where each planes is incorporated in the next higher plane. Also each plane that emerges has its seed in the previous lower plane.

NOTES:

Infinite Variation -- Sat-Chit-Ananda increasingly hides itself in the Involutionary process so it can divide infinitely and thereby create infinite variations of itself in the forms that emerge in creation, in us.

Unfolding of Real Ideas -- Out of the Being (Sat) of Sat-Chit-Ananda, comes Real Ideas of that which it wants to manifest in life. They are essentially spiritual qualities - including Peace, Harmony, Truth, Knowledge, Love, Delight, Timelessness, and Infinity. Supermind as the agent of Being, divides each of these into triplicities - eg the Knower Knows the Knowledge, or the Love Lives the Beloved. Supermind enables this to occur in a newly formed Space and Time, as part of the Involutionary process.

Supermind -- Supermind has the ultimate knowledge of what is true fused to ultimate capacity to make that knowledge real.

Plane Emerging from Previous Plane -- In the Evolution each plane emerges out of the previous (eg Life out of Matter) due to an inner urge to do so. The inner urge is the involved Conscious Force inside each plane which it carried over from the Involution.

Goal of Real Ideas Manifesting in Creation -- The goal of the individual human in creation is to manifest the spiritual ideals (Real Ideas) within ourselves, each in our unique way. Doing so enables us to experience ultimate Delight (Ananda of Sat-Chit-Ananda)

Mind to Spiritual Mind; Outer to Inner -- As we rise in consciousness (in the Evolution), we move beyond ordinary Mind to Intuitive and Supermind, which has full integral knowledge of any matter, whereas ordinary mind only has a very limited part knowledge. We also move deeper within ourselves, culminating in the Psychic Being, the evolving Soul within, the Spirit within us.

We Become Mini Ishwaras, Creators -- Our ultimate goals is to be like the Ishwara, the Creator aspect of the Being (Sat), and just like it have an intention to create something great. For Being/Ishwara it is to create a universe of infinite variation for us to open to the will of the Divine Shakti, the Divine Mother. This is our purpose in terms of our capacity to accomplish in life. We have the potential to be a Divine Creator in miniature

from within ourselves, the psychic being, opening at each step to the Divine Mother, the Submental power in life.

Divine Mother -- The Divine Mother is born in the Conscious Force (Chit) and She carries out Her purpose through the power of the Supermind.

Evolution of Society -- Society emerges in a similar evolutionary matter; beginning with physical oriented individuals bent on survival, out of which emerges a society where groupings interact with one another, to a Mental Age (the current status) where there is a predominance of thought and visions of our future progress.

Strategic Planning as Involutionary Process -- When we engage in Strategic Planning for our organization (or life planning for ourselves, we essentially engage in an Involutionary process - from Vision to Goals to Strategies to particular ways of manifesting the goals within the limits of a particular period of time.

Nature of Reality -- Reality is the All. It is all things beyond and in creation. All planes and processes of the Involution and Evolution, and their integration.

(Roy Posner, August 13, 2020)

Untitled

Sri Aurobindo and the Mother have come to Speed up the Evolution, as they directly perceive the vast, Divine Benefits coming.

Untitled

The whole world, in all its detail, evolves through contradiction. Evolving through the Spiritual Positive without negative is a path beyond.

Evolutionary Path

Choosing A Growth Path to The Future

Q: So there seems to be a number of ways people can learn to improve themselves and understand and master life.

A: Yes. An individual can at the highest level participate in the unfolding of the spiritual destiny of the universe, or, if a little less ambitious(!), can simply learn to make his being more whole by learning the fundamental techniques of personal growth -- including higher attitudes, more skills, greater and more integral knowledge, more energy, more organization, and other capacities to make them a more integral person.

One can also learn the inner functionings of life, including the subtle principles and powers of Life Response and Consecration, i.e. opening to the spiritual Force when engaging in life.

These will attract extraordinary results, and if taken up in full with sincerity enables one to become the Master of Life.

One can also learn, if so inclined, to understand how the universe came to be from a divine source. Such principles of creation as Satchitananda, and the nature of the Truth Consciousness (Supermind) that Sri Aurobindo has so magnificently identified and brought into the world.

One can also embark on a journey of spiritual transformation, including the discovery of one's personal evolving soul, as well as opening to the descending spiritual Force and Light that enables us to transform our physical, vital, and mental nature, thus evolving into a new spiritual-oriented being. That can culminate in an ultimate change, a supramental transformation, where we develop a Supernature, and become harbingers of a new type of spirit-oriented individual on earth.

So which path should one take? It depends on what we are ready for. What we aspire for, what motivates us, what we hunger for, looking for, are seeking in life.

Untitled

You know, an ardent faith, a psychic aspiration, a fervor, a self-giving, instead of being forever.

Untitled

An evolving personality progressively focuses less on the negative, and more on the positive. In fact, she sees negatives for what they really are, intense forms of the positive; as possibilities, opportunities.

Wide and Narrow

First, go wide, and open yourself up to all possibilities. Then narrow the focus, which will reveal the salient, essential details; which will also bring out the Essence.

Spiritual Sincerity

Sincerity [in our devotion to the Divine] and Truthfulness [in thought, speech, and action] are the most powerful Values for a Divine Life; to bring Divinity into daily life. Yoga, pooja, asana are secondary methods compared with Sincere Prayer, Truthful Surrender, and All-inclusive Consecration to The Divine. (S S Sreejith)

Untitled

The movement of the Being expressing through the Becoming creates Delight.

Comment: Being is the spirit, the Divine. The Becoming is life movements. "Being in the Becoming" enable spirit to enter all life movements. It is the means of practical and spiritual progress; i.e. it is Evolution itself.

Untitled

Life demands constant adventure & risk taking. Those who love them will progress. Those timid & averse to them will find doors for progress closed.

Untitled

Sri Aurobindo gives the ultimate steps of realization. Karmayogi fills them in with highly-detailed insightful substeps.

Start From Where We Are

One of Karmayogi's principles is that to progress we should start from where we are. That we should rise from our current state of consciousness; from the present conditions.

By taking this tact we can shed an outworn habit, give up a negative attitude, refrain from an unnecessary opinion, avoid a detrimental action, etc. by Consecrating it.

That evokes a response for the better in that chosen area.

That then builds up inner power and aspiration for further improvement. It also builds up receptivity to the action of the Force from the consecration.

Through this approach of consecrating from where you are now you eventually you open to a whole new plane of consciousness.

The method then is to saturate the plane in which we are through consecration of limiting aspects of our being (habit, attitude, opinion, belief, action), which takes us to the next highest plane.

Experience

Untitled

We turn knowledge into power through our psychological Experience. (MSS)

Failure

Rejection, Ego and Our Progress

Q: How do we take rejection as a means of our further progress in life?

A: Experience of the emotional state of Rejection is one of Ego. It is a truth that does not square with our desires, so our Ego is offended and reacts. When you develop higher consciousness, then ego reactions such as sense of rejection are reduced. In that higher state we accept the development as part of the flow of life, while understanding what purpose it serves in our lives.

Eg from the experience of being rejected for a job we applied for, we can now consider what we are lacking - in skill, knowledge, experience, approach, intention, practicality, etc. This will make us stronger in the longer term; meaning that the Rejection was actually a positive in disguise.

Untitled

Disappointment and failure are always pointing to something higher; to a greater realization.

Untitled

Experiencing Failure is a way to come to Know what you don't know, and is therefore part of the Journey.

Untitled

The greatest teacher, failure is. (Yoda)

Untitled

What are considered failures in the short-term view are transitions to the positive from a longer-term perspective.

Failure as Stepping Stone

Failure in the present is only a stepping stone for greater future accomplishment is the law for the Spirit.

(N. Asokan MSS)

Untitled

Failure is simply the opportunity to begin again, this time more intelligently. (Henry Ford)

Untitled

Failure speeds things up for greater success when current success cannot do so.

Untitled

All our successes & failures of the Past are opportunities for the present; as it holds a Knowledge of experience we can now apply.

Reader: I like this. Roy, I wonder if you might expand a little, particularly with regard to the idea about what may be a fine line between learning from the past successes & failures, and knowing when it's time to let them go - release (consecrate) them, and move on to acting on what we've gained from those past opportunities without clinging to them (as "baggage"). Hope that makes sense!

Response: you've explained it well yourself. We can better appreciate these shadings of difference from a specific real experience(s).

Faith

Untitled

Mother will put you in impossible situations, which when you have Faith, She will fully resolve for you. These will turn out to be great yogic learning experiences.

Mother's Unexpected, Unprecedented Solutions

There are times when if you offer a problem to Mother, She will not give you the solution you are after, but subtly points to an even better, unprecedented resolution. If you recognize and take it up, it will amaze, build up your Faith to a higher level, plus give a wonderful solution and opportunity that you can use well into the future.

Untitled

Make seemingly impossible situations possible through Consecration and Faith.

Untitled

Each day we need to develop the necessary courage to face its own unique, pressing challenges. Having faith in Mother can give us all the psychological strength we need to meet those challenges each day, while evoking continuous positive response from life.

Untitled

The higher, Spiritual life can be said to come down to two qualities: how much Aspiration do you have to uplift your life, to raise your level of consciousness; and how much Faith do you have in the Higher Power, in the Mother to make it happen.

Untitled

The spiritual person shifts from trust in Life to Faith in Mother. Or perhaps we can say a spiritual individual trusts in Life that is based on Faith in Her.

Untitled

If in the midst of great confusion and swirling forces, you put all your faith in Mother, all will work out, like a beautiful coordinated symphony.

Untitled

Put your faith in the Supramental Power, in Mother, and less in doctors and pills and all.

Untitled

Wherever there is fear, change it to stillness and faith. Life will then be on your side.

Power of Not Accepting the Negative

Not believing, accepting negative news is one form of Faith. It has the power to readily cancel what was thought to be true.

One learned, evolved man was told by a breathless individual that a bunch of ex-convicts had carried off an individual at an agrarian estate.

However, the man refused to believe, feel that negative vibration of fear.

Soon after he learned that the event had never taken place.

Untitled

Mother takes us out of Time, as we have no fear of future, nor burden of past.

Untitled

That which has no end is true Faith.

Comment: Periodic faith, i.e. when life becomes overbearing and we have nowhere else to turn, is not True faith. It still depends upon life's exigencies in between the spaces.

True Faith is experiencing it to one degree or another every minute of our waking day. It's a whole different orientation to our existence. It is essentially yoga in life.

Untitled

Each positive response through consecration builds Faith to engage it more often.

Untitled

Through deep Faith one believes the impossible is possible.

Untitled

Without Faith one is subject to Karma and to Nature's laws.

Untitled

The descending Supramental Power is increasingly turning Faith into Certainty.

Untitled

Shift your faith from money, power and social status to Mother alone.

(N. Asokan, MSS)

Untitled

Faith is the Knowledge of the Soul reflected in the mind. (Sri Aurobindo)

Untitled

For the Grace to have a perfect and total result of Its action, the faith must be total and perfect.

(The Mother)

Comment: Gita, how do we make the Faith Total and Perfect?

Reader: By remembering your previous experiences.

Response: Yes, past experiences where faith was employed, that brought positive results give one faith in the present. In that way Faith can become cumulative.

Reader: Gratitude

Response: Definitely. It brings that higher, spiritual-like emotion to the Faith, reinforcing it, making it more total.

Untitled

At any moment we can ask ourselves “where am I placing my Faith? In myself?, in the work?, or in Mother?” We can then adjust as necessary.

Untitled

When our Faith is total and pure, the miraculous comes about. Faith in ourselves or in life only bring partial successes, if that.

Untitled

In the measure we open to ultimate Faith in the Divine instead of the conditions, we attract ultimate response of Grace and Truth.

Untitled

Whatever you are doing, shift your Faith from what you rely on, believe in, expect, et. all to Mother. Life will cooperate.

Untitled

First consecrate the issue at hand. Then in the unfolding have Faith in Her alone; not yourself, not the conditions. You will attract greatly.

Comment: Example: Karmayogi would take on many initiatives for the sake of the Mother (consecrating each one so), and then have complete Faith in the Mother for it to come about. He would attract and achieve immensely, even without the resources and capacities to do so!

Thus, Consecration to Mother connected to Faith in Mother in an act that attracts overwhelmingly.

Untitled

Faith in Mother alone in the course of one's day is known as "Working Faith".

Untitled

It is good to have faith in Mother when all else has failed. It is better to have faith in Her alone from the Outset.

Evaluating One's "Working Faith"

Walking Faith can be said to having Faith in Mother, in the supramental Force throughout the course of one's day, instead of faith in-

-the current conditions

-what one understands of the situation

-one's own capacities

-what one believes in

-one's own opinions

-what others say

-what experts say

-what the doctor says

-medicines given

-what the family says

-what society says

-what the prevailing view is

-what facts dictate

-what seems logical

-what seems necessary

-what I have been educated in

Taking to Working Faith will reveal the true truth of things, as well as elicit enormous positive response from life.

Untitled

Each time you move to Faith in Mother instead of trust in the ordinary things, you take a step into the Psychic Being.

Comment: The more your Faith grows, the more you are moving towards the Psychic.

Untitled

Faith in Mother creates infinite resources.

Untitled

At any moment you can ask yourself "where am I putting my faith? In life conditions or Mother?" That will reveal your current consciousness.

Comment: I.e. determine the outcome of your efforts. The level of response.

If your current consciousness is in the lower status, you can shift and raise it to the higher one, i.e. to Mother. Where "She is in charge." Now as you act (or don't act) She will bring the best to you. It is Grace.

Increasing Our Faith By Consecrating Small Acts

We can dramatically increase our faith, by having faith in Mother in the SMALLEST act, not caring about anything in that act but Her. Usually we will get a response each time. From such an approach and method our Faith can increase 10 times, leading to endless instances of securing Life's cooperation.

There is thus an opportunity at every moment to have Faith in Truth, to rely on Truth. On Mother. Doing so builds new Faith for future acts.

Untitled

Behind the "Hopeless Case" is our Soul within through which we experience Faith in the Power that reveals the Solution.

Comment: Eg in many cases we have seen where the doctor saw the patient as a hopeless case, but the patient put all Faith in Mother, and soon miraculously recovered.

It applies not just in health, but in every aspect of life, whether the hopeless case of Chrysler that turned around from bankruptcy to prosperity in three years; or from the British at Dunkirk in WWII under seizure by the Germans, turned it around in miraculous-like fashion.

In the first case Karmayogi was the only person on earth who thought it possible for Chrysler to turn around, and sent a note to Lee Iacocca the CEO who then took corresponding efforts, and turned around that hopeless case. (Karmayogi had the faith.)

Likewise at Dunkirk Sri Aurobindo evoked a fog that stymied the Germans, by opening to the Force that he had full Faith in.

In many such Hopeless Cases life we have seen life turnaround through the power of the Force; through Faith in it, in Mother.

Untitled

Switching from fear to Faith is a great spiritual achievement.

Today's Mother's Consciousness Message

Q: What is your thought about Mother's Consciousness today? Anything new or special?

A: That She is the only thing we can rely on during these pandemic times; and that includes Opportunities that are beginning to show themselves. Mind then just needs to be a receiver, not a thinker! A receiver of Her Knowledge and Actions.

Practically speaking there are a dozen or more moments in the course of our day where we rely on Mind to get us to the next step, when instead we should be relying on Her. Then Life flows miraculously. That's my message for today. -Roy

Untitled

Karmayogi OFTEN sent Garry Sir on seemingly impossible missions that led to enormous, often fantastic successes for the nation and the world. It was Appa's deep connection to and Faith in Mother that made it all happen.

Untitled

Rely on nothing but Mother.

Untitled

Increasingly I have Faith only in Mother. All else will be what it will be.

Untitled

Faith not in events, circumstance, but in Mother.

Faith In Mother That Draws Out The Infinite

Karmayogi directs us to have Faith in the Divine Mother, and Her alone. And She has the power to bring anything about. Not to have faith in ourselves or others or developments or events. Only in Her.

She is an institution that has organized consciousness universally, enabling Her Power of action to be available anywhere for any person in any moment of time; bringing out the Infinite possibilities and realities.

She responds with the miraculous to our call and our Faith exclusively in Her; not ourselves, including our doubts.

Thus the power to earn 100 Crores is already with us; the power is already there.

Can we make this one connection – Faith in Her exclusively -- real and complete?

(Garry Jacobs. paraphrased)

Falsehood

Ignorance to Falsehood

In the general Ignorance of the mind, we tend to see only one side of an issue, and then defend it vociferously. Moreover, we enjoy our limitation of understanding. Hence our Ignorance is emotionalized, and thereby moves to Falsehood.

Untitled

For every Falsehood in human society there is a correspondence in us of lacking consciousness. If we make a change in that area that is personally false, and offer it up to the Higher Power the corresponding negative in Society will also tend to be resolved. I.e. Life at the Universal plane will respond.

Untitled

See the truths within the Truth, but also the truths buried within the Falsehood. It is another shading of supramental perception.

Untitled

Ignorance is partial knowledge. There is an element of Truth buried even in the most extreme error and falsehood.

(From 'The Book', page 212, by Garry Jacobs)

Untitled

Evil (and ignorance and falsehood) generate the good faster than the good does; at least until the good becomes the truly GOOD.

Untitled

The falsehood, darkness of Trump and similar worldwide is represented by same in ourselves.

Comment: Thus if we reverse those limitations in ourselves, his and similar dark influence around the world, that attracts covid virus, will wane.

On Shamelessness

Shamelessness is a kind of distorted form of "non-reaction." It has no foundational basis for restraint, for holding back. One has no conscience, and therefore one does not react.

Eg Trump tells hundreds of lies in front of the world press who then report his falsehoods daily. However, he does not react to those reports of his lies, as he has no Conscience. It is callous, shameless indifference. He simply moves on.

Forgetting Intentionally

Untitled

Intentionally forgetting about a matter will often lift up that party to the level you earlier hoped would come about. Often higher still!

Genius

Becoming Genius in a Field

Ramanujan the Indian mathematical genius became so by silencing his mind completely and opening to the divine universal energies. Intuitions of mathematical insight then poured into his mind that he then transcribed on paper. Theoretically any human on earth can follow the same and become genius in a given field in no time at all.

Untitled

A multi-dimensional spiritual genius of a type unknown before. If an individual has given 100 original ideas he is considered great. Appa has given the world 100 or 1000 times that.

Untitled

Plus he has evoked staggering change for the world and his followers through inner spiritual and psychological power.

Karmayogi: Supramental Avatar Of Knowledge

A genius is one who brings out ultimate knowledge in a field in his time, more often than not emanating from experiences of spiritual mind - i.e. through silence, vision, intuition, etc. A genius also normally applies himself to a particular field - like Einstein to physics and Ramanujan to mathematics. It is however rare to apply one's genius to multiple fields simultaneously.

And yet Karmayogi has done just that. Through his genius-based efforts he has brought out infinite-like wisdom from many fields of life simultaneously - including the domains of social development, education, history, literature, economics, spiritual growth, human evolution and transformation, and the nature of creation and reality.

And he has breached, gotten to the essence and core of each of these fields in vast detail through many thousands of unprecedented, ground-breaking insights, a feat unknown in the world till now.

Moreover, he has INTERCONNECTED these thoughts in unimagined ways, creating in essence an Integral Wisdom across all fields of life. Over the years I have thus referred to him as a multi-dimensional Spiritual Genius.

I am even tempted to say he has attained Supramental Genius in the plane of Knowledge. He became an avatar-like Personality for our time and all time. One whose Wisdom can move the world forward toward its infinite possibilities in this accelerating Mental Age.

-Reposted from book 'A New Way of Living' by Roy Posner
<http://royposner.weebly.com/a-new-way-of-living.html>

Untitled

That we can attract the outer life by turning inner levers within is a knowledge of Sri Aurobindo's that the world does not know.

Comment: It is "Inner-outer Correspondence", which is the means of evoking the phenomenon of Life Response.

Sri Aurobindo calls it "Instantaneous Miraculousness." It is in this knowledge that Sri Karmayogi has made an absolute original contribution to the world.

He codified 1000 principles of the Science of Life that relate to how to evoke this infinite power from within.

It can be the foundation of a New Civilization; based on a vast knowledge of how we can evoke infinite results from within; without any outer action.

100 years from now humanity will look back on this time and see where this knowledge began. In essence by Sri Aurobindo, in endless myriad of ways by Karmayogi.

Good and Evil

Untitled

All disease is a means towards some new joy of health, all evil and pain a tuning of Nature for some more intense bliss and good, all death an opening on widest immortality. Why and how this should be so, is God's secret which only the soul purified of egoism can penetrate. (Sri Aurobindo)

Untitled

When the "good" forces are unable to recognize, let alone address acute problems in society, then negative forces rush in to fill the void.

Untitled

When Truth is reversed for Anachronistic Viewpoint on a foundation of Conspirational Lies, Evil is afoot.

Untitled

Interestingly, when you stop railing against another's Evil, that Darkness tends to start dissipating.

Untitled

Nothing good can come out of an evil man other than through positive reaction to his negatives. Eg Israel would never exist were it not for Hitler. Nor the UN, the EU, the end of colonialism, the ascent of America, etc. (paraphrase of Tony)

Untitled

The Supramental view acknowledges the role ignorance, falsehood, and evil play in the Evolution.

Untitled

The world is increasingly in a Hurricane, which is why we need to discover our psychic center within, our soul, so that we can avoid the whirlwind, yet harness its vast energy and power to create the infinitely Good.

Untitled

Evil (and ignorance and falsehood) generate the good faster than the good does; at least until the good becomes the truly GOOD.

Beyond Total Good & Evil

Even evil can contain some goodness in it; and the good too can contain some evil.

They are opposites that are needed to manifest the ultimate victory of truth and divine.

For example, [in *Pride & Prejudice*] Wickham's falsehood was needed to bring out Darcy's goodness. (MSS member)

Root Negativity Dissolved Spiritually

Great progress has been made in many areas of human existence at the surface of life; but the root negativities in these instances are still there. Only through spiritual development and progress, ie Highest Consciousness brought to bear, can such root negativities be fully dissolved.

Goodness Goodwill Generosity

Untitled

There is a life response dynamic and spiritual truth behind the famous saying that "one good turn deserves another."

Comment: Eg If someone finds an error in your work that is beneficial to you, you may soon find an error in their work that is beneficial to them.

A recent example: A man created a Facebook post for a new initiative. When he showed the post to a friend, the woman noted an error in the date mentioned. And so he made the change, and was grateful to her for her suggestion. (She did a good deed!). A few minutes later the man went to the woman's site and saw a serious error on two of her new posts that were misleading. She quickly changed it, and was grateful to him for seeing and reporting the error.

Untitled

Goodwill towards another attracts unexpected funds, opportunities, and other surprises.

Comment: I admired one man's mental capacity having worked with him briefly at a Microsoft user group in San Francisco. I thought he had strong leadership capacities, great technical skills, and intelligence. Later he would tell me that he was considering running for mayor of the city of Berkeley, California.

One day I was at one of the presentations at the center that he was now head of, and an associate of his tapped me on the shoulder, and showed me a ledger of sales. He noted that I had referred AT&T to my friend to the tune of \$1M of work. I was astounded as I had no memory of doing that.

Moreover, as a result of the referral I was now due over \$50K in commission, by far the biggest paycheck of my life!

When I told the story to Garry Sir, he said it came as a result of my goodwill to the friend at the center. That is the life response power of showing and feeling good will toward another.

Untitled

The multi-faceted Goodwill expressing among so many devotees creates the real possibility of a Great Leap to come.

Untitled

When we actively seek great prosperity for all people, we become infinitely wealthy.

Comment: EG Google and Facebook have created so much wealth in the world by giving their products for free so all can benefit, which is why they have become so enormously prosperous.

Untitled

Man is afraid to give as he fears that he will lose what he has. But the more he gives the more he will get is the law of the Spirit. (N. Asokan, MSS)

Untitled

All the wealth accumulated by recent generations may well be given away as a Spiritual gesture. It is where we are likely headed.

Service For Free That Attracts Infinite Money

One who venerates the age-old [Indian] wisdom and spiritual culture of offering services FREE sincerely will be flooded with money.

A talented young man took to national service outside politics, as his father prepared him all his life for idealistic, patriotic service. Wherever he went, people in great number listened to him for hours. He was dedicated to creating leadership, preparing young men for an entrepreneurial life. In pursuing this ideal, he was to work with big companies promoting their products. He found himself earning enormous amounts of money in this process.

His sensitivity was offended. He gave up projects that earned a lot.

Greater projects came his way. He was determined not to receive money in return of service. He discovered far greater amounts of money flowed in.

(Karmayogi)

Untitled

Intense Goodwill is where we wish that others should receive the benefit first and we should get it last.

Generosity For Higher Reason Attracts

The cleaning person and her husband come every month to clean our house. I usually pay a fixed amount every time they come and I usually don't talk at all when they come. They come and do the work, I pay them and they leave.

So today I was thinking that I will give a little extra money to them (above the fixed amount) for Christmas. But immediately a thought came that I should not give that extra money because "I am generous" or to get a good name as an employer but to see Mother in them and give that money to the Mother in them.

The moment this thought came in a few minutes the lady came and told me she is done with caning and said "I brought a gift for you" and gave me the bag. Apparently she hand made everything in that bag - 4 beautiful smelling lip balms and 2 hand balms and 4 delicious chocolate fudge bars.

Frankly I immediately felt Mother was giving me these gifts (I have pretty dry hands always and love chocolates).

(Sara)

Go Within

Go Within Rather Than Outside to Accomplish A Work

Instead of going outside to organize a work, e.g. by planning, strategizing, connecting with others, et al; instead go WITHIN, where you will see that the work is organized at a Higher Level.

And if we go within to connect with the work, are in touch with that higher level, we gain enormous power over life, including its results.

In essence, when the ego doesn't act, when the mind, or the vital, or the physical doesn't act on the surface, something HIGHER acts and organizes life for success. We can say that it is Mother who is acting, taking over and bringing about an integral response.

It turns out that going Inside to accomplish a work, instead of on the surface is a spiritual challenge given to us by Sri Karmayogi.

Going Within to Solve a Problem: A Moment of Conscious Evolution

When we are having a problem, our programming is to react on the surface: "He is to blame." "They ruined the situation." Etc.

Instead we need to ignore the programming and go within, to discover our higher self, which will reveal the necessary, greater truths.

It is a moment of Conscious Evolution.

Untitled

The deeper you move within, the more you come in touch with the Truth Of things.

Untitled

The more you go within, into the depths of one's being, the more you go up, ie are more inclined to consecrate, to offer one's actions and issues to the higher power.

It is also true the more you go up, ie consecrate, the more your center of consciousness will be centered within; in the depths of your being.

Untitled

Go deeper to find the real You; not the surface you determined by externals.

Overcoming the Negative by Going Within

We encounter limited, negative conditions in life. They come to us so we can grow, including growing out of our ego; our limited, surface nature.

What can we do? To go beyond these present conditions, we need to go inside, within, away from the surface consciousness of ego. Here we discover our True Self, the Psychic Being; and the Secret Knowledge of higher consciousness, and personal and spiritual growth.

In tandem with Consecration which is one form of going within, we evolve in consciousness, outgrowing our surface, ego-based nature. Life cooperates from all quarters. Truth, silence, self-givingness, harmony, wisdom, love, joy, timelessness, and infinity envelop our being; transform our lives.

Untitled

Go within, be silent, arrive at the deepest place, maybe the psychic being. But rather than be released into moksha, liberation, call the Divine Force, call to Mother into your heart, and ask that Her will be done. See what miracles follow.

Untitled

Take any matter and go 10% deeper toward the essence of it. It can be more subtle aspects, such as spiritual, or draw out meaningful values.

Grace

Grace and Super Grace

When Grace acts, karma is dissolved. When man refuses to believe in karma, Grace acts. When man refuses to believe in his capacities, Super Grace acts. When Super Grace descends on you, it brushes aside your faith in your capacities and acts. (Karmayogi)

On Grace and Lack of Receptivity

Divine Grace comes as pain when there is lack of receptivity in one's being, in the same way cyclone rain comes as Grace but leads to great destruction because the community and its infrastructure were not developed enough to harbor it.

It's a lesson to be learned for the next time, for future understanding, decisions, and actions.

GRACE

by Senthil R Murugan

It appears to enter as a stranger in our lives,
It appears to pose as contradictions to our surface needs,
It often presents itself to us as shocks or surprises,
And sometimes, It does act miraculously, from out of nowhere.

It comes to us with so many conditions, such as,
We might be destined, but ignorant on the surface,
Our soul might be seeking, but occupied with surface life,
We might be stranded in a problem, lost our capacity and hope,
And we might decide to call Mother out of despair,
And so forth -- in all such variations.

Not because It comes in an unfamiliar form,
That we could not perceive It,
Rather we could not see It,
As we are blinded in our ignorance and ego.
In the essence, It comes to us,
According to our state of consciousness,
And what we need in the depths, indeed,
It does not need our support,
To enter and act in our lives,
Yet often, It awaits the right moment and intensity.

As It enters in our life,
With a sole purpose in its mission,
It does everything It could,
To awaken us from the ignorance,
To shed our surface ego,
To align us in the cosmic plan.
And to give us, lead us, to what we are destined.

Instead of ignoring or running away,
As we accept whatever comes to us,
And embrace life in the right spirit,
Eventually we would come to know,
Neither had we been tested nor punished,
Rather we had been blessed and guided by It.
As we continue with our higher consciousness,
It would reveal the Marvel to us,
And presents us Infinite possibilities,
It is GRACE...and It is Unconditional.

For Darcy, It came as Elizabeth's humiliating abuse, (Pride & Prejudice)
For Dantes, It came as unjustified punishment, (The Count of Montecristo)
For Jean Val Jean, It came as the Bishop's unconditional kindness, (Les Miserables)
For Dan, It came as The Book falling off the shelf. (The Book)

And now, It is the Hour of God,
The Grace need not come as hardship to awaken us,
And It seeks us to shower its Higher form,
Despite It comes to us in so many ways,
There are times, the Grace gets disappointed,
And not able to shower its gifts upon us,
Not because It couldn't give,
Rather because we couldn't receive.
As we continue our lives, insist on our ignorance,
And act according to the state of our swabhava,
Silently withdraws the Grace,
And awaits the next right moment and intensity.
As the Grace showers from above,
Our values from below make us receptive,
And to let the Grace acts in our life.
As the Grace awaits to bless us always,
The corresponding inner work,
In order to align with Grace,
Also awaits on us and the choice is ours.

Super Grace Comes at Beginning

When Grace comes we get the result at the end of a labor. When Super Grace comes, we get the result in the beginning. (Karmayogi)

Untitled

In a difficult situation, Mother will act, despite one's particular limitations of consciousness. However, if one does not change his ways, the problem or similar will surely return. (paraphrase of Karmayogi)

Consecrating to the Divine, and What Comes for the Realization

When someone has decided to consecrate his life to the seeking for the Divine, if he is sincere, that is to say, if the resolution is sincere and carried out sincerely, there is absolutely nothing to fear, because all that happens or will happen to him will lead him by the shortest way to this realisation.

That is the response of the Grace. People believe that the Grace means making everything smooth for all your life. It is not true.

The Grace works for the realisation of your aspiration and everything is arranged to gain the most prompt, the quickest realisation

(The Mother, from Agenda, May 26, 1967)

Untitled

Aspiration is our part; Grace is Her part. (Sri Karmayogi)

Comment: Aspiration is the ascent that brings down the descent of Grace. (Sri Karmayogi)

Descending Grace (Good Fortune) Seeking Right Vehicle

Karmayogi says there is the phenomenon of “Grace taking insistent initiative.” I.e. once Grace starts descending, it cannot reverse, and it will look for the nearest receptive instrument, including the person having the greater purity (goodwill, etc.) or aspiration to receive it. Eg the refusal of Grace by the client in any manner would come to the consultant.

(paraphrase of Ramesh Kumar)

Level Of Sincerity And 100 Times Prosperity Results

Out of all Karmayogi’s comments on sincerity – the following one I like the most:

Grace is Sincerity of Mother

The level of sincerity shown to Mother determines the level of Grace we receive. If you want hundred times prosperity than now, then there must be 100 times sincerity to Mother too. But we are sincerely insincere to Mother - Sri Karmayogi

(Ramesh Kumar)

Gratitude

Gratitude in Everyday Life

We are easily bothered by the expense of certain items, yet do not appreciate so many things that come to us for free or at minimal cost. It is to move from ego-sense to gratitude and appreciation in everyday life.

Untitled

Our aspirations for the New far outdistances our Gratitude for the positive developments that have come to the world in the recent past.

Untitled

An ungenerous person acting generously immediately attracts significant financial benefit to his person.

Untitled

Poverty and inequity don't get solved by an algorithm. They got solved by sharing. (Aaron Peskin)

Untitled

turned in on oneself, turned in on oneself A self-giving, that's what is needed to save the world!

(The Mother, from Agenda, October 19, 1967)

Untitled

Shifting from resentment to gratitude opens up the world for you.

Untitled

Welling up Goodwill towards others, rather than mostly caring about what you can get from them, attracts startling good fortune.

Goodness always returns. In Pride and Prejudice:

--Charlotte's goodness and caring for Eliza - her noting that Darcy cares, - enables Charlotte to get married (to Collins) through Bennet family.

--Eliza's goodness, caring for, protecting Jane, enabling Eliza to get married in future (to Darcy)

Untitled

Offer an inch, receive a mile.

Untitled

Gratitude turns what we have into Enough.

Untitled

According to Life Response phenomenon, the more you Give, the more you Receive. Similarly, the more you take, the more is taken away.

Untitled

A great one-word mantra for keeping your thoughts and attitudes positive is "Gratitude".

(it also attracts good fortune)

Untitled

A drop of Gratitude can create a New Life. (Garry Jacobs)

Untitled

The more you GIVE the more you GET, as life quickly responds with good or great Fortune.

Untitled

Feel sincere, heartfelt GRATITUDE toward objects, others, spirit, and life. Rewards will invariably pour back in and bless your existence.

From Proudful To Thankful

We feel pride when some good fortunate comes our way. But that is of the Ego; the satisfaction of the surface self. Better than pride is Humility, and especially Gratitude. They are spiritual emotions, creating the solid foundation, the Receptivity for the next round of success.

Untitled

If at the moment of Failure one exudes Gratitude for past success or in general, Infinity can soon break out in one's favor.

Untitled

The first thing to do when there's good news is to offer our Gratitude to the Higher Power. That will insure continued positive developments in future.

Comment: Such gratitude will avoid the hard landing that often comes after a positive development.

Untitled

We need to show Gratitude for the abundance Mother Nature has given us, while asking Forgiveness for what we have destroyed.

Untitled

A consecration effort that evokes a positive response is only complete when Gratitude follows.

Expressing Deep Gratitude

True spiritual Gratitude is not a quality of normal human consciousness.

It can only be truly known when we have experienced Divine Grace; feeling deep spiritual gratitude for it, Mother coming into our life.

The part that can know such grace is the Psychic Being, the Soul within.

Mind can know the concept of Gratitude, but the real Sensation of gratitude can only be felt in the depths of our being.

True Gratitude cannot be easily expressed in words and gestures. It's not something we can wish for, that we can think about.

Gratitude is born of consecration, self-givingness, aspiration, and surrender. It develops through these.

After a man shifted from a negative attitude, from resentment that a person had caused a loss of a year's worth of work to Gratitude toward him, the man experienced an overwhelming positive response that would last 25 years in his business consulting work. That is the power of shifting out of negative attitude and toward Gratitude.

Further still, really feeling Gratitude to Mother is an even greater method; i.e. deep gratitude for all that we have and all that we have gotten from Her.

Offering our Gratitude is itself a great discipline, method.

If you consecrate something and it evokes a response, the first thing you should do is offer Gratitude to Mother. It will have long-lasting effect.

Likewise, we can offer Gratitude for each human relationship we have.

(Garry Jacobs, paraphrased)

Levels Of Gratitude

-Just to say thank you may just be a formality, and has little power beyond its expression.

-To express gratitude with emotion has a greater power, and often evokes response. That feeling of gratitude can move life all around the world; has universal power.

-You have that depth of feeling of gratitude, yet hold it inside without expressing it may have greater power still.

Gratitude To Family Method

When the situation comes to you, say Thank you Mother, Thank you dear family member for a chance to realize my mistake, Thank you my dear family member for giving me a chance to correct me, Thankyou dear family member for giving me a chance to transform myself, Thankyou dear family member for make me closer towards Mother, Thankyou family member for giving me a chance to do non _ reaction, Thankyou family member for giving me a chance to create good life responses in my life. When you say Gratitude deeply your inner calmness is restored .

(Dr. Suresh)

Comment: In a review of the novel 'Siddhartha' by Hermann Hess, Karmayogi commented that had Siddhartha listened at his father at the outset, who had great wisdom, Siddhartha could have avoided all the difficulties that followed, yet still

attained Enlightenment by applying the spiritual principles that his father knew. Though written about a time past in India, Hesse was expressing the Western rebellious character in Siddhartha's nature. It often expresses as non-appreciation for family knowledge, like the wisdom of the father.

(Of course, it can also work in the opposite direction, by the stifling of the individual of his individuality by the family. The family that supports the further growth of the child beyond the current wisdom and accomplishment of the family is a great support to the individual's achievement, which will then in turn reverberate back on the family.

Gratitude For Given Shortest Path To Our Divine Goal

... to be grateful, never to forget this wonderful Grace of the Supreme who leads each one to his divine goal by the shortest ways, in spite of himself, his ignorance and misunderstanding, in spite of the ego, its protests and its revolts. (Mother, from Agenda, June 26, 1964)

Untitled

Gratitude is the Soul's recognition of the Divine in the world.

On Gratitude

Here are a number of helpful insights about Gratitude, with a focus on its spiritual nature.

—
--BY THE MOTHER:

"Gratitude: A humble recognition of all that the Divine has done and is doing for you."

"Be grateful for all ordeals, they are the shortest way to the Divine."

—
--BY KARMAYOGI:

"Gratitude is the sensation that relates the evolving human soul to the evolving Divine Soul in Nature."

"Recognition of His Presence is Gratitude."

"Gratitude grows in significance when we offer it to persons and things taken for granted."

"That sense reaching down to the physical thrills at the recognition of the hand of God in our lives. This is gratitude par excellence."

“Gratitude is the youngest of the gods. She is white and pure. Therefore she is dear to God. When Gratitude is pure and selfless, it is divine.”

“An atmosphere of gratitude will ward off the hostile influences.”

“Gratitude felt for prayers granted will surely prevent the recurrence of the problem.”

“Fullness of gratitude is silent awareness.

“Constant Presence goes with the constant emotion of gratitude.”

“Replace satisfaction by gratitude.”

“To be Mother-centred is a conception sweet in its gratitude.”

“Gratitude is an emotional vision of the Spiritual evolution.”

“The sensation of the soul emerging on the surface is gratitude.”

“To constantly seek gratitude is the truth of the evolving soul.”

Devotee's Gratitude For Great Survey Results

An amazing life response to [our recent discussions and applications of the topic of Gratitude, and our department chief, who is also the chief information officer, who sent a bouquet and a box of sweets to thank members of the leadership team (7 of us) for the extraordinary scores we got in an employee survey.

This is an anonymous survey where employees have to rank the management on various parameters including employee friendliness, rewards, promotion, learning and so on. Our branch scored the highest in the whole company despite being a turbulent year.

And I thought what a way Mother has responded to this gratitude we have for Her by making the top management thank us 🙏.

There are no words to express the gratitude to Mother and Her miraculous ways of seeing Her in everything 🙏. (Su)

Untitled

Let us shift from complaint to gratitude.

Guru

Untitled

Why worship the guru when you can become a guru; i.e. become truly conscious and divine-like in your nature.

Untitled

T. Natarajan of South India (aka Sri Karmayogi) - the greatest multi-dimensional thinker in the world over the last 50 years. No one else has come close.

Comment: His contributions are in the fields of economics, history, education, literature, principles of life, evolutionary spirituality, creation theory, business, work, human psychology, sociology, Indian development, supramental transformation, etc. - each filled with hundreds, thousands of unprecedented-in-the-world thoughts. Over 10,000 breakthrough conceptions, previously unknown to the world.

Untitled

Karmayogi sought to discover the higher value in each person, no matter their status or capacity, and figure a way to bring it further out.

Comment: He wanted to help each person discover their own potential.

He saw the particular positive attributes of each person he connected with, -whether the cheerfulness of one person, the clarity of mind of another, the goodness, capacity for faith, etc. - seeking to bring that out further.

Untitled

Sri Aurobindo said that the real Guru is the Teacher inside the heart - the psychic being.

Teaching Values And Soul

I have learned that when you teach values to someone, you teach to their Soul (psychic being); and he who teaches to the Soul of someone will be called Guru. (Sun)

Habit Routine

Untitled

Unconsciously repeating the same old physical habit is a grave digger. Doing things fresh and new, reinvigorates Life.

Overcoming Habit

-Habits are the physical skills that maintain the surface personality.

-Habits are in the physical substance.

-We see we go back to our old habits, having cherished a new one for some time. It is the conscious that learns, and the substance asserts after some time. Whatever the substance learns is never given up. That is why old habits die hard. Mother calls the process of substance unlearning what it has learnt, transformation.

-Habits die hard. We are not aware of most of our habits as they are subconscious. Mother says even death is a habit of the body.

-Pain dwells in the rigidity of habits.

-Habits persist in spite of a full decision to the contrary.

-The deeply buried habits that are to be given up are not unknown. We are reluctant to be conscious of them and when they present our will has no energy to exert itself.

(Karmayogi)

Untitled

.. everything is a question of changing the habit. The whole automatic habit of millennia must be changed into a conscious action, directly guided by the supreme Consciousness. (The Mother, from Agenda, Jan 22, 1966)

Untitled

Doing things the same old way is mechanical, physical.

Doing things dynamically different is Spiritual, Supramental.

Which way do you want to live your life?

Untitled

Each time you exercise control over the physical to prevent it from its habitual repetition, you are ushered into a new phase of life. (Karmayogi)

Untitled

Sometimes it is only through great difficulties that we break through the hard shell of our habitual, physical consciousness and reconnect with the divine Mother.

At the surface consciousness level there is practically no connection with Mother. However, we can rediscover Her by going deeper within.

Untitled

Discarding outworn habits, routines tends to evoke unexpected positive conditions.

Life Response Power Of Overcoming The Habit, The Routine

When you change your routine, your habit, Life changes its routine for you.

Example: Today I decided not to look at the news in the morning as I usually do first thing. Instead I worked on my program, which I was developing as content I would be

paid for. As a result after a few minutes an astonishing new feature was suddenly made available for that program, which would be of great use to my audience.

In other words, when I changed the old routine, life responded and a new possibility emerged that would be of great benefit to my audience!

By breaking with the old, redundant activity, I opened to life's wider possibilities⁰⁰¹, and as a result a new, wonderful possibility rushed in from Life!

Untitled

Habit ties you down to sameness. Breaking them opens life to immense possibilities, and realities.

Comment: Habit and routine are tied to our Physical Consciousness that does not want to change. However we can break through that led by a greater thought or will within. When life responds as a result we will be energized to break other tired or outworn habits

Example: One man one afternoon decided to take an alternate path to walk on the edge of San Francisco Bay. As a result he came upon the best vista he had ever seen of the Golden Gate; plus he came upon an obscure bookstore there where he found a book in which he discovered a woman who reviewed his emerging new book, causing him to re-write it, with a far superior result, changing his life.

And all because he gave up the habit of literally taking a different path.

Difficulty Of Changing Habit, Attitude, Belief

The Physical finds change of habits very difficult while the Vital finds change of attitude equally painful while the Mind finds change of one's beliefs most unsettling.

For example a lazy unemployed man may have developed the habit of getting up only at 8.00 a.m. When his family forces him to take up a job he will find that he has to wake up every day at 6.00 a.m. so that he gets ready to go to work. He will find getting up two hours earlier most painful.

An employer used to handling his employees in a rough manner may be advised by his consultant to treat them more kindly and respectfully. He will find the transition a painful experience.

Similarly when a consultant tells a stingy businessman to switch over to generous ways of spending, he will find the whole experience very disturbing on his nerves. (N. Asokan, MSS, based on Karmayogi)

Falling Back Into Old Habits Overcome

The mind suddenly sees clearly and is converted, but then it is attacked again by obscurity and falls back into its old habits. Persist in bringing it into contact with the light until the conversion becomes lasting. (The Mother)

-thanks to Saraswathi

Extemporaneous Power Attracts

There are times when pure spontaneity, as opposed to a highly organized presentation can evoke a tremendous response from life.

For example, several years ago highly acclaimed speaker and author Garry Jacobs was told by his teacher Karmayogi not to present his content formally to an Israeli audience, but to just interact with the group extemporaneously.

When he did just that, Garry was amazed that the first person in the meeting asked him about his famous book dropping incident at Moe's books in Berkeley, California that caused him to align his life's propose with Sri Aurobindo and Mother from thereon after. Ordinarily Garry never elicits such personal questions at his social development conferences, as there is a large degree of formality to the proceedings. Yet here when he engaged in the talk extemporaneously without a script, someone went directly to a cherished memory of Garry's life; to the essence of the origins of his belief system.

We too can try such an approach in our own lives and see if we elicit something unexpected as well. I.e. sometimes we can just enter a situation without being overly prepared, being spontaneous, and see what happens. We are likely to see Life take over; producing astonishing results.

Untitled

All people have a fixed view of things, which prevents them from perceiving the wider Truths of existence.

Untitled

Opt out of an outworn or de-energizing habit. Life will instantaneously open up.

Untitled

Mother waits for you to come out of Habit. And then She acts.

Reader: But how do we know which one to change.

We, human being formed with habits.

Response: The ones you have outgrown, that do not serve your growth.

Yes, it can be bad habits or ordinary habits - like always reading the morning newspapers, going down the same path all the time on a walk, etc, - when you could do things differently, in a new way.

Or simply substituting better, more important activities.

In other words shedding the Routine for something Fresh. Making better use of your time.

Another approach is to do routines more Consciously - perfecting it, consecrating it; instead of doing it dull same old way. Eg brushing your teeth with consciousness. Or consecrating a routine act at work.

The "physical consciousness" wants to repeat the same thing over and over, never wanting to change. But we can overcome it for the Fresh and New- whether by shedding a non-energizing act; or making more conscious the current routine, act; or substituting a different, more energizing and necessary activity for the current habit.

In other words, we can regularly evaluate any habit or routine and evaluate its effectivity, necessity in our lives.

That will contribute to our personal and spiritual growth. Life will also respond with good or great fortune to that upgrade.

Harmony Oneness

Untitled

To constantly be creating harmony where there is discord is one indicator of a devotee's consciousness.

Comment: Q: If we are not feeling good about what is happening, like arguments or feelings, how can we create harmony in such situations.

A: By detaching and not reacting at all to the situation - in action, feeling, and thought. Life will now soon respond with positive conditions.

Q: True sir thanks, but sometimes the opposite party thinks we are not giving enough respect by not reacting to what are they telling if we are quiet for long. For example, we don't like what are they telling in a close atmosphere, and we don't react, the opposite party expects a reaction from us. If we keep quiet in close atmosphere, it is quite obvious.

A: Then just agree with them. Taking the other person's point of view is a powerful spiritual approach. After a short while, they are likely to come around to your original point of view. The situation can turn around, like magic. Taking to another's point of view (whether true or not) moves one closer to the integral truth of things, from the part to the whole of the truth; which is a Supramental perspective, which in turn releases powerful positive condition, including eventual agreement and harmony.

Untitled

The more you move the conversation or explanation away from one's ego and toward the Harmonic, the greater the result.

Untitled

The central spiritual goal is to become One with, Unified with Everyone and Everything we encounter.

Untitled

Life seeks greater Harmony, - it is the Divine intent, - though it often comes about through Disharmony.

Untitled

Discover one's soul, psychic being, and one then tends to perceive the same in others. Harmony and Oneness is the result. It is a great yogic achievement. It can even be done by the businessperson! Maybe he should take it up before others!

Untitled

Only the cooperation and collaboration of nations can save the world of its problems.

Untitled

Individual fulfillment and harmony of purpose are twin goals of creation.

Untitled

Life is inextricably One, as it was/is One at the Source. Synchronicity reveals that Oneness in spades to an evolving consciousness.

Untitled

Nations are lost in their individual problems; trying to solve what is unsolvable on their own. They should realize that it is only through cooperation and harmony with other nations that they can find their salvation.

Untitled

Poverty and inequity don't get solved by an algorithm. They got solved by sharing. (Aaron Peskin)

Untitled

We can have more harmonious relations with others when we first elevate our consciousness.

Harmony and Our Universal Power

The way to create Harmony between two disparate parties in the world is to discover the lack of harmony within one's self – whether toward others or towards life, - and reverse it. Life will then respond in the positive for the conflictive entities. We really do have that Universal Power within us!

Untitled

Embracing the differences between us is a Supramental movement, as it garners the many-sided truth of things.

Untitled

Before discovering the best way to accomplish a goal, we should establish a level of inclusive harmony among the participants.

Untitled

We cannot expect a harmonious world if our thoughts & feelings are not harmonious.

Harmony And Accomplishment

“Harmony is the Secret of Accomplishment.”

Sri Aurobindo indicates that all problems in life are due to absence of harmony. Therefore by bringing to bear higher levels of harmony between us, between parties and issues, we accomplish more. It is thus one secret of greater Accomplishment in life.

Deep Aspiration for something helpful to come about is another. A third is true Sincerity of purpose.

Untitled

Harmony of purpose can solve any Problem, as its collaborative power tends to attract positive conditions.

Untitled

What good is freedom without harmony? What good is harmony without freedom?

Untitled

When life cannot progress through harmony, it progresses through disharmony.

Untitled

Spiritual Harmony is the only real protection and the real antidote for COVID-19. (Garry Jacobs)

Untitled

Creating harmony in the home gives us protection from the disharmony that Covid represents.

Untitled

Establish Harmony everywhere in your life to neutralize the virus. After all, disharmony in the world attracted it.

Untitled

Vital happiness in the family brings success, opportunity, prosperity. Disharmony attracts the opposite.

Untitled

Disharmony Becomes Vulnerability.

Comment: We see that today with the virus. The disharmony in the world attracts something we are highly vulnerable to.

On the other hand, Harmony is true Receptivity, as instead we evoke the very best from life we are receptive to the Force in all its divine aspects.

Synchronous Vibrations Of Harmony

A spirit-oriented individual initiated a thought in a discussion group. (It began in relation to the topic of Consecration, i.e. self-offering of the act to the spirit). At one point he focused on the subject of Disharmony and Harmony.

It turned out to be a discussion another man was watching, He perceived the idea (on necessity of Harmony) and wrote about it online as a post.

Meanwhile a woman got the post of the second man that turned out to be synchronous to the performance of a song by a group she was watching on the very same topic of the first two individuals - i.e. Harmony!.

And they got it through an experience of theirs, of someone somewhere back in time.

And the whole episode for everyone together could be called Synchronous Vibrations of Harmony. 🙏

Comment: As we see, past, present, and future are not linear. They interconnect going forward, backwards, or in some kind of swirl in various directions. In essence, there is really no division of time into past, present, future; only one modality of possibility; the eternal, time-less Now.

Untitled

Those who consecrate and take to higher levels of Harmony - toward others, in work, in life - will avoid this virus and similar calamities.

Untitled

Trade War and other forms of disharmony among nations evoked the virus. Replacing it with Harmony will end pandemic permanently.

Untitled

Let us feel greater Harmony today - toward others, work, and life, - and observe how the virus quickly recedes in your area.

Untitled

In Supramental consciousness, Harmony at all levels is established; with everyone, with everything, with Divine.

Untitled

Every movement of ours toward a Higher Harmony brings a powerful positive response from life. Why not give it a try?

Untitled

Taking to Higher Harmony is to move to a plane of Truth. It is a symphony of Oneness among all parties and planes.

Untitled

The best solution for Covid19 is to call down the vibration of Harmony to replace the dis-harmony in the world that evoked it.

Harmonizing Through Intuition

"There is no contradiction that cannot be solved and harmonised in a synthesis if you rise high enough in the intuitive mind and yours is not at all irreducible." (The Mother)

-thanks to Saraswathi

Comment: Intuition occurs when thoughts come in from out of nowhere filling your mind with knowledge of a matter. That knowledge does NOT come through thinking. (It is essentially to be centered in Intuitive Mind rather than ordinary mind.)

And since it is of a higher universal-like knowledge, it automatically can see solutions, understanding beyond the contractions. It sees the Harmony in what at a lower level we see as contradictions and conflict.

In Supermind (Truth Consciousness) you have ultimate, many-sided intuition, with complete Integral Knowledge that sees contradictions as truly complements, in Harmony,. (Eg my enemy is really my guru) with also a propensity for that knowledge to manifest as real, material in the world (eg my enemy suddenly leaves on his own).

(Roy Posner)

Establishing Higher Harmony In Life

Sri Aurobindo says in Life Divine that all problems of life are problems of harmony. Ie any problem can be solved by bringing a higher harmony to it.

In nature there seems to be a natural harmony between things. Among plant, animal, and the biosphere. Moreover, in nature everything serves a purpose, as each and all depend on one another. And that reflects the divine underpinnings of Mother Nature and beyond.

Even our own material body consists of systems that work together integrally in a fundamental state of harmony. And each part serves a critical purpose. And there too the divine harmonic underpinning is reflected.

It is also indicative that everything has a place in the wider scheme of things. [OB] and that is because of a divine foundation of each thing.

Then there is the social context of society. There are fundamental rules and process that maintain an essential harmony so the world and humans in it can function.

And yet humans can choose to be out of harmony with society. Eg negatively one does not obey certain fundamental social norms. Or positively, one can transcend the limitations of society.

Thus in a more positive way, through spiritual development one may disturb the harmony when we seek to grow in consciousness beyond the societal, herdal view.

The principle of life is that all nature seeks a harmony. But when we want to progress as individuals (or as a society) it Breaks the harmony, seeking to re-establish it at a higher level.

Establishing a higher harmony occurs by breaking the limitations of consciousness of the current harmony. It is one kind of life movement. Eg Indians break through the harmony established with British rule in order to establish independence, and thereby establish a higher harmony than was there before.

Overcoming disharmony and bringing things into Harmony is yet another life movement. Eg in the wake of pushing out British rule and establishing independence, India had to overcome the disharmony of cast, of conflict with Muslims, of the onset of dire poverty, and other issues. To this day India is attempting to overcome these impediments to bring about an even higher Harmony still.

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Then what about Harmony within ourselves, as individual humans?

The physical, the vital, and the mental Parts of our big do not operate in harmony with one another in the human. Each can pull in its own direction, acting in its own way. Eg the vital emotions may want one thing, but mind is against it; or the mind wants to do something, but the physical body through its unwillingness and inertia does not want to cooperate.

And yet there is a subconscious harmony among them in relation to nature. This subconscious unity exists because nothing questions anything else. It is like the animal. I simply am what I am. It follows instincts, which is the basis of the subconscious harmony.

The person at any of the three levels can create a disharmony in it. Eg the vital wants to eat large amounts of sweets. As a result, it creates a disease.

[KEY] And so we are out of harmony in our being. But that is true because we are the one species on earth that aspires for something higher, that is destined to rise in consciousness to establish a Higher Harmony. There is a vast difference between our current nature and our potential supramental nature, opening up a vast threshold that can be attained.

Certain segments of the population continue to live in the lower natural harmony. Like aborigines and certain other tribes on earth. Then there are regressive forces, like certain religious or political beliefs that want to remain in the old traditions, preserving the current harmony.

However, MIND WANTS TO PROGRESS, to learn new things, and thereby break the current Harmony for a Higher One. Mind thus creates a disharmony with the Tradition, as it seeks improvement and change.

And then there is the Psychic that can come up, which wants to overcome the ignorance of the mind and the ego, the selfishness of the vital, and the tamas and unconsciousness of the body (the physical); also establishing a Disharmony. A disharmony of the lower so we can create a Higher Harmony still.

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Then how do we overcome the Disharmony in ourselves (let alone with other people)?

The mind is Ignorant. It doesn't know the right thing to do. Thus it can't create the harmony. The vital is selfish, thinking only of itself, competing with others. It can't create the harmony either. The body just wants its physical needs met. It doesn't want to be bothered, disturbed.

[KEY] The three that each pull in their own direction, must give up what they want, and Seek what they came for. They have to relinquish their control to the Psychic Being, and become instruments of the Psychic; the soul, spirit in Nature, in us. (Or as we say they have to give themselves to Mother (which is actually a superset of the psychic .)

The Psychic Being is thus the principle of the Divine Harmony in Nature. It enables the physical, vital, and mental to find harmony in themselves and with the other parts. The three surrender themselves to the psychic's lead, instead of insisting on their own way.

Consecration of the three, including mind's opinions, the vital impulses, the negative attitudes the outworn habits, the events and circumstance in our lives ultimately leads to coming in contact with the Psychic Being. Consecration is thus the Path that leads to Inner Harmony.

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Then what about harmony with others?

[KEY] We can create harmony with the outer world once we create harmony with ourselves. Eg In Pride and Prejudice, Darcy wants harmony with Lizzy, but can only get it when he finds the harmony within himself by giving up his predilections, his haughty proud nature, et al.. His mind and his heart are at odds. He harmonizes these aspects by overcoming his dark nature, and thereby attracts her to marriage, fulfilling his deepest aspiration in life.

Thus if we want Harmony outside, we must first create Harmony inside. We do that through Consecration, on the way to connection with the Psychic, and Beyond.

(Garry Jacobs, paraphrased)

Shift from "what can Mother give to me" to "how can I change to better give to Mother."

Society & Higher Harmony

Society wants to maintain the current level of Harmony, shunning Aspirations for Higher Values, including the Spirit, which in turn creates disharmony, that then needs to be reconciled into a Higher Harmony still.

Untitled

All progress comes by moving to Higher Levels of Harmony.

Comment: We often see the dynamic of a certain harmony established in the world, in our family, between us and another person, in ourselves. But something wants to make a progress, which causes us to burst out of these harmonious relations into new possibilities That creates a Disharmony. But then that problem causes us to reconcile it. And when we do we establish a new harmony but now at a higher level; i.e. a "Higher Harmony".

On Human Progress Through Higher Harmonies

--All the progress we can make comes as problems of disharmony that we have to overcome.

--All human progress comes from moving from what is higher and largely subconscious in us and making it conscious, and thereafter making conscious choices so that we evolve higher.

--The adventure of consciousness is to go step by step to outgrow the earlier harmony and make a progress to the next higher harmony.

(paraphrase of Garry Jacobs)

Untitled

Changing the subject by one party in a conflictive environment causes positive circumstance to suddenly appear.

Comment: Eg a brother and sister were arguing politics on a Zoom meeting. One of the two decided to move off the subject (in order to re-establish harmony.) Instantly a message appeared on the screen indicating that the 40-minute time limit on the free version of Zoom had been extended for this meeting to Unlimited Time, pleasing everybody!

Untitled

Intense disharmonies in the world at so many levels attracted the Virus. Solution to overcoming it then is intense higher Harmonies everywhere.

Untitled

Women celebrating the victory of Vice President-elect Kamala Harris on Sunday near the Indian village of Thulasendrapuram, where her maternal grandfather was born.

Untitled

Out of Harmony comes Infinity; out of disharmony comes finiteness.

Untitled

Shifting from disharmony to Harmony quickly attracts positive conditions from life.

Students Accept Teacher's Targeting Harmony And They Have Startling Experiences

I would like to share the POWER OF HARMONY experienced by two of my students (class 10).

Last night I was talking to my students as they had a few doubts on the subject. After clarifying, I told them about cleanliness, orderliness, avoiding interference when one is talking, and HARMONY with others. Then they accepted that they would try to have HARMONY with others; that is, NOT to emphasize their own wish and agreed to accept

what others say. [Taking the other person's point of view]. I asked them to experience these, and share it with me. This morning as a first work both of them shared the experience via phone. At the age of 14, they felt the events were miracles as a result of insisting on harmony.

What they experienced:

Student 1: As his mother did not cook last night, his father told him that he would buy IDLY for dinner. But the boy likes PATOTTA. He accepted what his father said. The MIRACLE is that the student got PAROTTA (his favorite) for dinner, as all the IDLIES were sold.

Student 2: While watching an entertainment program with me, looking at a particular person on the TV, his family members mentioned the name of a celebrity. But it was wrong. However, remembering HARMONY my student accepted what they said, even though he knew it was a wrong prediction by the family members.

After few minutes, the family members came to him and indicated that their prediction was wrong.

It is MIRACLE for the student, without any argument the things happened after following HARMONY. I just wanted to share the experiences of these children. (Sun, paraphrased)

Untitled

It's all about shifting from separateness, division to Oneness.

Comment: doing so-

- solves all problems
- creates harmony between entities
- sees many more possibilities, opportunities
- leads to great successes
- Creates stillness, silence.
- abounds us in happiness
- opens the door to blissful living
- enables divine life on earth

Untitled

Withdrawing our Opinions breaks the chain of division and disharmony. (MSS)

Heaven and Hell

Untitled

Hell is Life without the Spirit; a war of Life between good and bad, happiness and suffering, pleasure and pain. Heaven is Life bathed in the Spirit, with no dark side, only a never-ending, ever-accelerating Great Good unfolding.

Untitled

“Heaven on earth” is not the Life Divine. It’s a mere projection of what we think would be best; not the true, unprecedented positive qualities that would make up that Divine existence, transcending our imagination.

Higher Consciousness

Untitled

Why worship the guru when you can become a guru; i.e. become truly conscious and divine-like in your nature.

Untitled

People want benefits from the Deity; but few want to become like, evolve their consciousness like the Deity.

Untitled

Artificial Intelligence itself won’t save humanity, but evolved human consciousness that knows the Reality and its subtle life laws, blended with AI predictable capacity, can.

Untitled

Life is tempting us to awaken in Consciousness because Life Itself is trying to awaken in consciousness, thereby fulfilling its Universal Purpose.

Untitled

Life, including all our experiences, is Consciousness teasing, tempting us to awaken from the Unconsciousness in our selves.

Untitled

Everything that happens to us in life is to awaken the Consciousness within us.

Untitled

Life will never give up, it will keep pressing, until it discovers its own Divinity, its own Eternity; its own Infinity. It is we through our Higher Consciousness that makes this possible.

Consciousness is Ultimate Determinant of Success

It is not energy, skill, opinion, attitude or character, either singly or in combination, that ultimately determines the results of action. It is consciousness. As is the consciousness, so is the result.

(From 'The Book' page 379, by Garry Jacobs)

Reader: Thank you Sir.

All the factors (other than consciousness) mentioned appears to play their roles depend on the situation. Yet, how to understand that consciousness is the only reason? That consciousness means the combination of aspiration, motive, attitude of self-giving and so forth...?

Devolution and Evolution in Society

With the world rapidly devolving in the last several years, - eg Democracy in many places is on the run, rise of autocracy, international cooperation collapsing - it means that greater faith must be placed in the Higher Consciousness, than just the institutions of society. In recoil the devolution is then very likely a prelude to a great Evolution. The latter can quickly appear, even when we are seemingly at the darkest hours.

Untitled

We are stuck in Ego, Time, Mind, and Ignorance, on our way to their opposite.

Comment: Opposites are Harmony/Oneness, Timelessness or No Time, Silent or Intuitive Mind, Integral Knowledge

Untitled

Growth in consciousness occurs more readily through what you don't know than what you know.

Birthday

In a conscious person, conscious of his soul, on the birthday the Soul seeks a rebirth, a birth into higher consciousness. (Sri Karmayogi)

Untitled

Each day presents its own unique challenges, requiring us to discover a limitation in consciousness on our part we are required to overcome.

Untitled

Keep your attention, your mind focused on those things of higher consciousness, rather than the low or superficial. That will keep you in tune with, will attract conditions of a Higher Order from life.

Untitled

When you withdraw from the surface, the ego, the mind, the initiative, and all, and go deep within, the consciousness in turn rises; ascending towards the Light like a ray returning to the sun.

How Can We Change Our Consciousness?

We have to shift from will of the ego and dividing mind to Thy Will by consecration and surrender - from selfishness to self-givingness. (MSS)

Untitled

Mother says that in normal life we rush around here and there, only to end in a big crash (psychological, emotional, or physical). Aspiration for higher consciousness and deeper poise and stillness of being are nowhere to be found.

Resolving the Play of He and She

-All is a play of He and She. Of Spirit (purusha) and Nature/life (prakriti).

-He acts through process, through law, through necessity, and fixed rule. She acts through fantasy, caprice, chaos, unpredictability, and chance.

-Our whole life seems to be the experience of combinations of these. Eg we see the Necessity of things happening in our lives (He), but also perceive mere Chance (She) at work. We fail to see the Truth of things; i.e. how these opposites are resolved.

-And yet we can reconcile both by withdrawing from the surface of life and moving to the depths within, culminating in the psychic being, and surrendering to Mother's Supramental Force.

-Through our higher consciousness we continuously perceive the right relation and deeper Truth of things. We reconcile contradictory forces, opposites in our lives; living naturally, harmonically in the play of He and She.

Pleasure in One's Duties

The physical consciousness just wants to do things it deems enjoyable, rather than do one's duties, which it considers humdrum and mundane. Yet duties can become highly energizing when done in the right spirit, right consciousness, - revealing avenue of discovery and pleasure one would not have thought possible.

Untitled

Just keep doing the right things, instead of that which is false, that strokes the ego, and life will continuously be your friend.

Subtle Powers of Consciousness that Heal

All illness can be healed through methods of higher consciousness. This is what is not talked about in the West, who are obsessed with pills and their use.

We are out and out materialists, not believing in or even being aware of the subtle planes and powers of life.

I have known of dozens, hundreds of people who have been cured or dramatically improved through higher consciousness methods, adding decades to their lives.

Collaborating with the Divine Intent

The Divine always has an intention for certain positive qualities, cosmic values to be realized in the world. We can choose to cooperate with that intent through our higher consciousness, enabling it to be fully realized in a short period of time. Or we can ignore it, allowing Nature's slow and difficult path to run its course.

For example, the Divine wishes a higher Harmony to come about among nations. The individual countries can consciously and deliberately cooperate and collaborate with one another to quickly realize the Divine intent. Or they can avoid working together, which will enable Nature to take over, opening the door to war or other harsh realities, which will still bring about the result the Supreme aspired for, but through terrible consequences and suffering.

Fulfilment in Rising Consciousness

For the spiritual individual fulfilment does not come about by acquiring all that one wished for, but by rising in consciousness as we meet the challenges and opportunities of life.

Higher Consciousness and Discovery

Prof. Stearne's comments in a speech:

"...According to the testimony of our greatest scientists, scientific discoveries are the result of intuition, not experimentation. You do not happen upon the formula for $E=mc^2$ by digging into any number of sand piles or conducting any number of experiments. You discover that formula by opening your mind to a higher way of knowing.

Discovery is an act of consciousness, not a lucky stroke of the shovel or pitch fork. It is a power that resides in the human mind and consciousness, not in the machine which is our instrument...'

(From, 'The Book' by Garry Jacobs, page 21)

Untitled

In a high consciousness environment, an individual showing egotistic tendencies may suddenly find himself challenged by a humble individual with the same or greater talents. The higher atmosphere has that type of influence.

Untitled

Our commitment should not be to our point of view of the situation, but to the Highest Consciousness we can bring to bear.

It is clear – very clear – that what for us is translated as progress, as progressive manifestation, is not only a law of the material manifestation as we know it, but is the very principle of the eternal Manifestation.

(The Mother, from Agenda, March 4, 1966)

Comment: One interpretation: The material progress we make in life, that society makes, mirrors the laws and means of progress of the Divine in its eternal, ongoing Manifestation.

Also note that the processes of Creation are similar. Eg starting with an Idea, followed by a Will for it to become real, and then an energy of action that leads to material manifestation.

Untitled

Life consists of an endless series of small and large contradictions that we can overcome and harmonize through our Higher Consciousness.

Untitled

The key to attracting the infinite on the outside is to come in touch with the Infinite inside.

Response: I.e. improve one or more aspects of consciousness that we can raise to a higher level: truthfulness, sincerity, aspiration, harmony, self-givingness, right attitudes, higher values, etc.

Untitled

The Sunlit Path is to evolve through Truth and Higher Consciousness, rather than through the pain of experience and the difficult shedding of Ignorance.

Untitled

You know, an ardent faith, a psychic aspiration, a fervor, a self-giving, ... that's what is needed to save the world!

(The Mother, from Agenda, October 19, 1967)

Daily Checklist

These evoke positive response from life!

Consecrate Every Act

Consecrate Every Problem

Consecrate Every Opportunity

Maintain Connection with Inner Being

Express Gratitude instead of Complaint

Aim for Perfect Work

Think of, & Apply Your Personal Values

Silence the Mind; Practice Silent Will
Catch a Negative Attitude
Go the Extra Mile
Never React to Others' Intensities
Choose Always in the Right Direction
Never Blame Others
Take Personal Responsibility
Think of Mother Every 15 minutes
Practice Cleanliness & Orderliness
Remain Cheerful & Optimistic
Give Up an Outworn Habit
Be Truthful in Everything You Say & Do
Practice Selflessness & Self-Givingness

Untitled

The work one does, the things one accomplishes is far less important than one's accumulation of Higher Consciousness while on the Path.

Untitled

Mother says each day make one further step in consciousness, which will over time accumulate into significant Realization.

Untitled

At each point it is worth asking: Where is the center of the act I am engaged in? In the Ego, or in something Higher?

Comment: -Thus we can do any act with a lower motive or a higher one: for our own sake or for the sake of the Divine.

-Our goal then is to shift the motive from the lower to the higher; from selfishness to the Divine, to Mother.

Untitled

The power is not in the inner method you employ - consecration, non-reaction, silent will, et al, - but in the Consciousness you bring to the act.

Comment: We can practice this in any moment with any method. I can eg have a deep-seated feeling of self-givingness along with my consecration of a business negotiation I am having with another party. Ie we can examine our vital and mental state. and heighten it in the consecration. Now there is a power for the consecrated effort, - here sincere givingness in our hearts,- which tends to evoke the best response.

Untitled

Mother takes away the old props, and gives us Consciousness instead. And yet surprisingly She converts the old props into Super Props.

Comment: By old props I mean foundations of the old world that will be replaced with vastly expanded, much higher consciousness foundations of the New.

Hour Of God In MSS Discussions And Beyond

SM: MSS Discussions = The Hour of God

Zoom discussions have reached 100th session today, which are widening our consciousness vertically as well as horizontally in all aspects.

—
RP: Yes, Such an extraordinary development. These sessions are giving vast, great Knowledge, thereby supporting the personal and spiritual Growth of so many aspirational devotees.

And it is occurring in tandem with the very successful, almost thrilling online global management conference, so timely now for the world.

Even Karmayogi's physical leaving is connected.

And the Opportunities behind the pandemic are beginning to emerge.

All these developments are tied together - in a dramatic, upward movement.

Yes, surely an Hour of God.

—
SM: These sessions are organizing our consciousness.

Negativity Of Others

When one is in a high consciousness one tends not to care or even notice the negativity of others. The Force coming in and the joy of response (and new discovery in that response) lights up our life, absorbing all our energies.

Progress In Consciousness

When ... I speak of progress, I mean "going from the mental consciousness to a higher consciousness," but people generally understand "to make progress materially or mentally or ..."

(The Mother, from Agenda, September 25, 1968)

Rate Of Change Of Consciousness Of Karmayogi Devotees

A typical devotee consecrates perhaps 5-10 times a day; consciously applies a meaningful value several times a day, change an attitude (decisively) once a week or two, changes an unnecessary habit decisively once a month and evolves a considerable part of their Nature (progressively, even permanently once every several years.

This is causal speculation. But what has been your experience (as devotee; or those of others you know?

Reader: Sir, why limit consecration to 5-7 times a day?

Response: Yes, there are no limits. I was just speculating - very rough estimate - about what people are currently doing.

Untitled

As your consciousness rises you may increasingly see 1:11, 11:11, 2:22, 3:33, etc. as you glance at the clock or wake in bed.

Untitled

Beyond rationality is illumination, intuition, revelation, & supramental perception.

Comment: ASCENDING LEVELS OF TRUTH GARNERING OF MENTALITY

Normal Thinking - mixture of truth and falsehood out of the churning of the mind.

Rational Thinking - More truth than falsehood, but still lacking in perception of the various aspects, the many-sided insights of the real truth

Silent Mind - is able to think through a basis of silence that enables keener ideation and understanding

Illumination - while rational or silent thinking, there is a sudden onset of light of truth, like Archimedes "Eureka, I've got it."

Intuition - the truth appears in our mind without thought

Supramental perception - one knows the integral truth suddenly in our minds without thinking, in all its necessary facets One is one with, in identity with the object of perception. Plus the idea tends to manifest as a living, material reality. (Knowledge and Will fused)

Humanity

Untitled

When you identify with not just your own aspirations, but the aspirations of Humanity, your efforts will be great for others, as well as yourself. You will partake INFINITELY in the rewards because of your Universal intention.

Untitled

It is said that the Indian's body is filled with Light; and the Westerner's is filled with Darkness. It is any wonder that Indians are able to perceive Life Response, synchronicity, and other subtle phenomena everywhere, while the Westerner perceives them hardly at all.

Untitled

Westerners are generally alert in the mind, but dull in the Spirit.

Untitled

Westerners have little experience of Higher Consciousness, of Spirit, because they are fundamentally material and mechanistic. For Indians, however, Spirit is there in the very fiber of their being. All they have to do is go a little deeper, focus on it, and they will perceive the divinity within.

Untitled

We need to shift from our current dog-eat-dog civilization to a human one. Covid and other global calamities are telling us that.

Untitled

If we only think about our own plight during these times, not caring about others, keeping them at bay, we will only attract more of what got us here.

Comment: Yes, the virus has come due to human selfishness, the aggrandizement of the ego, intense competitiveness instead of cooperation, lack of harmony among nations, turning away from freedom and democracy, the poisoning of the atmosphere, the inability to share abundance in the world, and many others. The virus brings these issues out into the open and forces us to confront them head on. That is where we are going.

Humility

Humility towards the Divine

... when you say to people, "Be humble," they immediately think of "being humble towards others," ... True humility is humility towards the Divine, that is, the precise, exact, LIVING sense that you are nothing, can do nothing, understand nothing without the Divine, ...

(The Mother, from Agenda, Sept 13, 1967)

True Humility toward Divine

... when you say to people, "Be humble," they immediately think of "being humble towards others," and that humility is bad. True humility is humility towards the Divine, that is, the precise, exact, LIVING sense that you are nothing, can do nothing, understand nothing without the Divine, ... (The Mother, from Agenda, September 13, 1967)

Idea

Receptivity to Ideas By Different Types Of Individuals

Most people are not mental. They are mostly vital; centered in their emotions and needs. Ideas are nothing until they are experienced in life. And yet the ideas were true before they had such experiences. Conscious individuals who are open to new ideas and also experience them are receptive at the mental and vital planes of the spirit. If they are really passionate about the ideas, then they become pioneers of consciousness; forerunners of a new way of living.

(Roy Posner)

Perception of An Idea at Five Planes

We can perceive several planes of being in our nature, rising up from lowest to highest consciousness. They are Physical, Vital, Mental, Spiritual, and Supramental. Also people tend to be centered in their being predominantly in one of the planes, usually vital or mental.

Also we can perceive how each type of person perceives an idea, thing or matter (from lowest to highest)-

A Physical person rarely perceives an idea, as he is not interested in learning, and so it bounces off his mind.

A Vital person perceives an idea only when he experiences it.

A Mental person perceives it when it is rationally presented and understood.

A Spiritual person perceives its truth in the silence of his mind.

A Supramental person perceives it Instantaneously in the moment it reveals itself as an integral truth, and simultaneously manifests as something materially real in the world.

Untitled

There is an interconnectedness among all the Real Ideas emanating from the Divine.

Comment: -I.e. there are integral relationships among the cosmic Real Ideas of being, truth, silence, knowledge, goodness, love, beauty, delight, timelessness, infinity, etc. These interrelations we experience as Values. Eg the business value of "Customer Delight" is a combination of Goodness, Self-givingness, joy, etc.

-In life we are here to increasingly experience and express these divine attributes, as well as their Values combinations - to evolve ourselves and the world.

-If you track back any of the Real Ideas - or even their sub combinations as Values - to the source consciousness (Satchitananda), you experience the unity of that one to all others.

Ignorance

Purpose of Life's Difficulties and Challenges

When we experience something unexpected and troublesome, we blame Life.

The truth is that we attract these life outcomes because of how we are and what we do at every moment.

Each negative attitude, habit, belief, and action attracts a corresponding effect in the material world.

These negative qualities can be summed up by one word – our “IGNORANCE”

I.e. our inherent Ignorance, taking shape in these various forms, attract negative circumstance that evoke unexpected failure, disappointment, and pain from the world around us.

A related truth is that we each have a “Taste” for this Ignorance, as sage Sri Aurobindo puts it.

That is, not only do we make little effort to understand and come out of our Ignorance, but we ENJOY being in it, expressing it, even gleefully DEFENDING it.

An example is one who RELISHES expressing his obvious false opinions on a regular basis.

We may not believe it is Ignorance we are expressing, but rather some TRUTH we are privileged to share with the world.

And yet it is simply Ignorance masquerading as falsehood that we have unconsciously come to believe in.

Also keep in mind, that it is not Life that is putting us to the test when we experience something troublesome.

Rather it is Life responding to WHAT WE ARE; to the energies we release through our negative thoughts, feelings, attitudes, urges, decisions, and actions.

Life is therefore continually responding to our Ignorance.

Life even responds negatively to the expressions of falsehood emanating from our Subconscious Being.

There too, buried deep within us, is another layer of our Ignorance.

Thus, in order to know why life responds to us the way it does, we need to understand the various aspects of our being – including our thoughts, feelings, desires, attitudes, beliefs, and behaviors.

We also need to understand the prevailing Social Atmosphere that is influencing our lives.

Together, --

(1) perceiving the quality of our consciousness at various levels, and

(2) the prevailing social atmosphere, --

Life reveals the Secrets of why it responds to us the way it does.

Also keep this in mind: It is NOT that Life is TESTING Us.

If anything, it is we who are Testing Life!

I.e. we are testing the Reality’s “patience” with us, when we continually express new forms of Ignorance that evoke negative results from the world around us.

Also note that the harshness we experience in our lives is not mere PUNISHMENT for our past inner and outer behaviors.

Rather these circumstances occur to make us THINK about the various ways our Ignorance precipitated the outer problems, so we can CHANGE OUR NATURE – which will in turn prevent us from moving in the wrong direction in future.

In the final analysis, everything that comes to us in life serves a Purpose.

It comes to teach us, to help us move out of our fundamental Ignorance, and to guide our future behaviors and actions.

(by MSS, Senthil Murugan, and Roy Posner; based on teachings of Sri Aurobindo in Life Divine)

Untitled

You can pull someone out of their fixed belief system with a persuasive argument build on a practical truth, but it will only last a moment, as they will quickly jump back into their narrow view, which will continue on for the rest of their lives.

Untitled

Without Failing there is no waking up, without Ignorance there is no knowledge, without mistakes there is no learning process. (Priya Mahesh)

Untitled

The ignorant enjoy being ignorant in the extreme. Watch how they gleefully run from the truth. It's a global phenomenon; taking its own unique shapes in a myriad of places.

Untitled

Knowledge is great; however Ignorance is greater as it has the capacity through its reversal to quickly reach INTEGRAL Knowledge.

Comment: Sri Aurobindo says ignorance becomes greater than knowledge because ignorance is created by knowledge when it has exhausted all its possibilities as knowledge and ventures to create something greater outside knowledge and achieves it in its opposite (Karmayogi)

We see this in the character of Dantes in Count of Monte Cristo who is falsely imprisoned, in his ignorance experiences the peak of suffering, and comes out the other side with great Knowledge (learned from saint-like Abbe Faria while in prison) and Power (discovery of vast hidden wealth after he escapes).

Untitled

Growth in consciousness occurs more readily through what you don't know than what you know.

Untitled

Karmayogi says that the greatest power of Knowledge is Ignorance. I.e. it is the fastest means of bringing Truth about.

Untitled

Evil (and ignorance and falsehood) generate the good faster than the good does; at least until the good becomes the truly GOOD.

Untitled

Life repeats negatively, especially among those in the physical consciousness, lost in the Ignorance.

Untitled

When Knowledge reaches its maximum for us, then the Ignorance becomes a greater power for progress and change.

Born in Inconscience that is Ignorance

We do not remember our past lives or the space between them because when we are born we are in the unconscious of utter ignorance; not knowing what is going on around us, who we are, what our purpose is. Our soul is involved, hidden from us, at the other extreme from the inconscience we are born into.

Intellectuality Fails as Partial Knowledge

A mental culture [as in the West] prides itself on its intellectuality. That capacity helps to liberate mind from the limitations of superficial sense impressions. The achievements of the last few centuries have been primarily those of the intellect. But when any truth or power is followed in the extreme, it inevitably turns into its very opposite. Intellectual knowledge is always based on a set of explicit or implicit assumptions. There are always issues that fall outside the pale of assumptions. Often the limitation of initial premises is forgotten and a partial truth is applied outside its field of validity. The extreme doctrines of state communism and neoliberalism are examples of the excessive application of partial truths as if they were universally valid. (N. Asokan, MSS)

Untitled

To understand why this world is filled with ignorance, misery, and suffering, one must learn about the process by which Life emerged from a Divine Source.

Ignorance to Falsehood

In the general Ignorance of the mind, we tend to see only one side of an issue, and then defend it vociferously. Moreover, we enjoy our limitation of understanding. Hence our Ignorance is emotionalized, and thereby moves to Falsehood.

Infinity Behind the Ignorance

Every aspect of ourselves that is negative, that reacts, that is in error, that is false and ignorant, has the Infinity behind it, once we recognize that negativity and reverse it. I.e. an Infinity of Opportunity instantaneously presents itself.

Untitled

The Mind dividing Reality is the whole source of the Ignorance.

(Sri Aurobindo)

Comment: Mind's dividing capacity is the only way it knows; while simultaneously being the source of its error, ignorance, and falsehood.

Untitled

"Humans are hardwired to dismiss fact that don't fit their worldview."

Brilliant observations of the prejudicial limits of our hearts and minds when it comes to acquiring and knowing Truth.

Untitled

Sri Aurobindo says that every vibration that is offered from the Ignorance to the Light is a victory for the Divine.

Untitled

Through Ego and Ignorance we cut ourselves off from the Infinite potentials of life.

India

India as Arbitrator in New World

I believe India will increasingly become the great arbitrator of differences and disputes in that region (Asia) and outside it; on its way to becoming the "Guru of the world."

Untitled

Karmayogi indicates that the more India is prosperous, the more Indian spirituality will spread around the world

Oneness of Indian Subcontinent

Sri Aurobindo says that India (the whole subcontinent) is a nation with a soul. It is not merely a legal recognized nation state but a real unified entity with a common culture that belongs together.

That helps explain why after it was finally united for the first time in 1947 it has held together by the consent of the people rather than the force of compulsion. (Garry Jacobs)

Untitled

India's Aspiration for success is great now. Nothing can hold Her back. Plus She has the advantage of Yogic Wisdom.

Untitled

India can help China become more democratic.

Untitled

India has the aspiration for progress and prosperity, which is a great thing. But she also has Spirit, the Force that when opened to can bring progress and prosperity ten times faster.

India's Spiritual Decline And Rebirth

India discovered the Spirit that is Inside as well as surrounding us in the ancient Vedic times, which it unfortunately did not apply externally, leading to her vast decline.

Now, as Sri Aurobindo indicates, she has the opportunity to re-discover the Spirit, but this time apply it to the externals, to the outer life, thereby leading to unfettered accomplishment and the Divinization of human existence.

Untitled

Potentially India is in an enviable position: growing rapidly outwardly, while drawing on deep Spiritual roots inwardly.

INDIAN BUREAUCRACY

Without bureaucracy the nation (India) wouldn't run. But that bureaucracy also stifles the country, preventing freshness and dynamism from entering.

Untitled

India's destiny is to be the psychological and spiritual leader; the Guru of the World.

Untitled

If Indians bring their subtle awareness to scientific and other material fields, it will be a boon for the world.

Comment: Already there are signs this is occurring

World leaders who didn't take necessary precautions demanded by threat of virus, are the same people who helped attract it to begin with.

Untitled

Longer term India will strike a balance with USA, China, Russia, EU, and others. Her destiny is to be the Harmonizer (and Guru) of the world.

Untitled

The genius of India is not that it is bringing Spirit to the world, but that it is bringing Spirit into the Details of the Material Life.

Untitled

Among nations in the coming decades India will likely take the Middle Path, becoming the harmonic arbitrator and guru of the world.

Untitled

Karmayogi says the future of India is in the hands of those who become Entrepreneurs, rather than just seeking salaried jobs.

Individual

The Individual's Vs Society's Capacity for Transformation, To Become Divine

-Society is not as great as the individual, because the society has not in any form realized the Divine, whereas some individuals have.

-No society has aspired for the Divine or Satchitananda, but great individuals have and do.

-Society is a manifestation of the Divine, just as we are, but of a somewhat lower form.

-Like the individual, society is evolving, and also has the potential for transformation.

-Just like the individual the society has an aspiration to go to the next step- eg physical to vital to mental, with many substages, with many twists and turns.

-The society helps the individual go to the next step, to fulfill his aspiration; and the individual - especially the pioneer individuals - leads the society to its next steps.

-The consciousness of the individual is not limited by the consciousness of the society, to what the society aspires for. He can break through the conditioning of society and aspire for the peaks, and accomplish it.

-Society has given us, as individuals, so much. But the individual also can aspire for more than the society can offer.

-In the other direction is the question of what the Divine is seeking through society, and what is the Divine seeking through us.

-Ultimately the goal of society and that of the individual are the same: integral transformation and divine existence for individuals and the world.

The Supreme, Infinity, and the Individual

-The origin and purpose of true Individual is that the Supreme is Infinite, and He wants to manifest Infinity in the universe. He cannot do that if we are all the same.

Infinity means infinite variety; an infinite complexity in order to manifest Himself. That's the role of the Individual in the universe. I.e. each of us is manifesting a truth of the Supreme. Even if we are infinite in numbers, and even if in each moment we manifest a different truth, we can never exhaust the infinite truths of the Infinite. It's multidimensional Infinity.

-The individual is the Divine's instrument; rather it is Supreme's form to express the Infinite creative potential of Himself in every moment of time, in every point in space, in every individual center differently. (paraphrase of Garry Jacobs)

Beyond Individual Existence

Certain experiences make me think that this sense of personal limitation isn't necessary to physical existence – it's a thing we have to learn, but it's not necessary. The impression had always been there that a body defined as making up separate individualities is necessary – it's not. One can live physically without that; the body can live without that ...

(the Mother, from Agenda, August 5, 1970)

Untitled

Society supports the development of individual leaders who in turn support the development of society. The individual and the collective represent complementary rather than contradictory elements. (Garry Jacobs)

Untitled

The higher consciousness individual gets in touch with the vibration of the future in the present, giving him enormous predictive power.

Untitled

It is not so difficult to distinguish between a progressive and a reactionary face. The Mother could perceive the entire nature of an individual from a mere glance at a photo.

Individual Leading Society

The individual is the conscious peak and leader of social evolution whose actions reflect, make conscious and give expression to the subconscious preparedness of society. (Garry Jacobs)

-thanks to Saraswathi

Our Purpose In The Universe: Spiritual Individuality

Sri Aurobindo says that the purpose of the universe is to manifest the Divine in life. And the destiny of the individual is to manifest unique aspects of that Divinity.

The emergence of the SPIRITUAL individual makes that happen.

The spiritual individual is one who is in touch with the Divine Truth; who is fully conscious in his inner being, and is giving expression to it.

Individuality

Advocating True Individuality vs Social Change

“Perhaps you have a more political view of the world and I have a more psychological view, as I believe deeply in the capacity of the individual to accomplish most anything he sets out to do, while acknowledging the social constraints of the society. I am radically for true individuality, while also being radically for social change. Repubs and Dems in USA tend to position themselves on one or the other, but rarely both.

This same dynamic applies to many other countries in the world as well.”

(an exchange with a friend)

Untitled

To the degree we focus ourselves on the demands and influences of the society, we are controlled by the society. To the degree we give ourselves to Mother, we gain full control over life.

-When we surrender to the society, we surrender to Life. When we surrender to Mother we gain the power OVER life.

Breaking Out of Our Unconscious Herdal View to True Individuality through Mind and Spirit

Evolution from the Inconscient begins in unconscious identification with the collective. There is no individuality in Matter or Life. It begins only with the emergence of Mind. Therefore only conscious human beings are capable of true Individuality.

But our individuality is at best partial because we are only partly mental; and in large measure we share the subconscious inheritance of all human beings; and behave as members of the herd due to our biological, social, cultural and psychological conditioning.

Thus the individual evolves out of subconscious unity with the collective by developing mentality and becoming conscious of his or her own spiritual uniqueness. (Garry Jacobs)

Means of Emergence of True Individuality

True Individuality fully emerges when we-

- think deep on things through rational mind
- shed the influences of the collective, herdal view
- open ourselves to the higher influences of the Spirit

-discover our psychic being and remain centered there

Individuality and Globality

We see two simultaneous, yet opposite movements occurring in the world: one towards increasing true individuality (micro): the other towards increasing global economics, culture, and governance (macro).

Untitled

World is evolving from two ends: toward greater true individuality, and towards increasing collective harmony.

Untitled

To educate for individuality is to allow the pupil's inner capacities to develop to their fullest extent.

(World University Consortium - WUC)

Untitled

True Individuality opens up dynamic, never-before discovered Infinities for the world.

From Individuality to Social Consciousness in the West

In Western Society we have learned to be individualistic, to create our own world, taking care of our own selves first. We here in the West are still learning of the power of taking responsibility for all of the issues and ills of society. And that requires a deeper bond between our own emotions, values, and beliefs, and the needs of the world. Once we do, life on earth will become more fully realized. Problems will be replaced by great successes and human progress.

True Individuality and Personality

Howard Roark (in the Fountainhead) expresses his true individuality by thinking for himself and not being swayed by the herd. We can say that such a person is in contact with his inner Personality and True Self, as opposed to others who rely on the social imperative. When that inner force is weak though true, relative to the world around him, society tends to crush him and his ideals. If it is strong, as it was in the case of Roark or a Churchill or a Gorbachav, it can change the course of the world around them.

How many of us think for ourselves, instead of being determined by the herd around us, the social view, the collective views expressed by media and popular culture? How many of us seek to know the true truth, the many sided truth, instead of the part and convenient truth that the world presents to us on the surface or that we are attached to within ourselves.

The true Individual in that sense is spiritual because he seeks identity with the full object of knowledge which the limited normal mind of man cannot perceive. Limited, normal mind perceives an exclusive truth, whereas the logical and better, still illumined and

intuitive mind are powers of spiritualized mentality that seek the inherent truth in the object of inquiry. There is knowledge by identity with the object. There is no separation between the knower, the knowing, and the known. The influence of the social herd clouds that identity, as does the normally divided mind of man. Only when we seek the deeper consciousness within, do we move to the wider truth by identity. (Karmayogi)

Untitled

When we discover our true Individuality; an individuality rooted in the Spirit, we will come to know the Oneness of all things.

Untitled

The greatest Act of the Individual is to do something great for Society.

Karmayogi's Spiritual Nature (Updated)

Through Garry's narration of Karmayogi's experiences we can detect the following aspects of Appa's nature; i.e. his Personality and Being.

-He did things for its own sake, it's inner meaning and value, rather than for the sake of reward, money

-There was no greed in him

-He avoided mercenary actions, decisions, always taking to what was just and right

-He held, applied deep, consciousness-oriented values in significant situations

-He remained silent and waited for situations to develop or people to come forward. He never forced himself on people

-He constantly demonstrated fairness, keeping the ego at bay

-He went out of his way to teach and impart knowledge on others

-Through his inner influence he helped propel so many he knew to the heights of inner and outer achievement.

-He did not react negatively to negative situations, perceiving the positive, the opportunity behind

-He sent several devotees on seemingly impossible endeavors, yet they were fully realized, as he intuitively saw into the future

-Through Mother he constantly turned small things into enormous successes.

-He initiated relatively small endeavors that spread throughout India

-He developed countless, profound insights in various fields of life that very often originated in his experiences rather than just in thought

-Through his inner and outer experiences he developed principles of life that dynamically extended Sri Aurobindo's and Mother's teachings into the field of life

-He saw vast potential for India and in countless ways worked to make them real

-Though he initiated undertaking that created vast success, the recipients were often unaware or forgetful of Appa's role, though it did not trouble him in the least

- On countless occasions he had power of Faith to prevail in Truth when false forces were pulling in the opposite direction
- Appa was committed to perfection in the details
- Often through his application of physical values (maximum utilization to the point of perfection, timeliness, et al), (along with consecration), life would respond with startling results
- Most strategies he has given to others he has experienced, understood, applied, tested, etc., attracting astonishing results for the recipient
- He could always assess the situation and perceive in it the appropriate principles of life
- Like not seeking money for its own sake, Appa never asked for power. He was constantly self-effacing, avoiding taking credit for successes. Garry said this quality he had never seen in another human being.
- Appa also knew that by giving up the credit, giving it to others on certain occasions, life would respond in in return, which was what often happened.
- He had an extraordinary capacity to want to see other people flower. He took interest in other people, and discovered the point at which they can expand and grow,
- What he wanted above all things is to Serve Mother.
- He wanted to personally stay out of the way so Mother's intention in life could manifest.
- He did not seek credit for what he wrote, letting others take the credit.
- He knew that to do service to Mother, you have to remove the ego, be totally selfless, which he did by being self-effacing, giving credit to others, and so forth.
- His tireless, unending capacity to give attention to others, has energized them to attract great success.
- He could see through a person's limitation of consciousness and discover and often bring out their positive points. Eg he would perceive a developed psychic being for a person who was outwardly gruff.
- Whatever the caste or class or similar a person was, or whatever others thought negatively of that individual, Karmayogi could always relate to the true Person in them, encouraging them, building them up.
- He also had a specific set of physiological beliefs that he believed in and practiced. Among them:
 - Never claiming credit for anything; even for a thought.
 - Never correcting another person
 - Never speak sarcastically
 - Never expect recognition or appreciation
- He gave people recognition to others, not to prop up their ego, but to encourage them to go further.
- He was very polite, yet could say something strong that needed to be said to an individual, whether alone or so others in a very small group could learn from it as well. Still this was rare, and can be said to be Grace for that person, as it proved to very helpful for their future growth.

-He treated each person according to their nature.

-Using the Mother's Force he was able to heal the infirm and the very sick, and help overcome psychological distress like intense fear. With a combination of the Force and the right strategies for each person, he was able to achieve great physical turnarounds.

-He gave countless strategies and advice to individual business leaders, including one's that were failing, that completely turned around the situation, almost miraculous-like; often in very short periods of time. Aside from his breakthrough personal and business strategies, "Consciousness Approach," that he lent to these situations, he also utilized Mother's Power to reinforce it with highest consciousness, to produce these dramatic results.

-He was able to adjust to each personality and come up with strategies and use Mother's Force for solving their particular problems, for their elevation of consciousness, and all – whether for the individual or the collective.

-His entire life was oriented around Consecration - of acts, of problems, of past issues, of how to overcome limitations in one's nature; always with the belief in "Thy Will Be Done" - ie Mother's Will. He had all devotees follow this practice, which constantly attracted miraculous-like conditions for everyone.

-He brought to the world the study and insights into the Character of Life, unprecedented in the history of the world, an original conception on how life functions.

Inner-Outer correspondence was the first of many startling principles he revealed to the world. There are many dozens, actually hundreds more. They apply to our own individual life, in literature, in film, in history, current events, in work, in business, in human relationships.

He has shared that knowledge especially with devotees through the vehicle of Jane Austin's novel *Pride and Prejudice* to their own great benefit. If this profound wisdom spreads it will dramatically alter our understanding of how life works.

-Every initiative he was DIRECTLY involved led to enormous success. It is because of his Personality and the Mother's consciousness behind. Enormous successes were the result.

-He believed that projects he initiated for India and the world would result in tremendous success, when all others believed it impossible. The projects then evoked those stupendous results, and far beyond. It was indicative of his Personality and the Mother's Force that he relied on.

(Paraphrase of GARRY JACOBS' recollections, by Roy Posner)

Untitled

One man's perfection can save the world. (Sri Aurobindo)

Comment: Perfection of Indian spirituality is not merely to dot the "i"s and cross the "t"s, or to produce deadening efficiency, but to bring Spirit into the work, fostering creativity and innovation, evoking deep insight and intuitions of truth, fomenting unprecedented experience, building up integral power and energy to attract Infinite results from life.

—

“One man’s perfection” means to become an integrally transformed human - at the physical, vital, mental, and spiritual levels, - that likewise has the inner power that can attract best, infinite results from life.

He can change the world because by nature man is or can become Universal.

—

Sri Aurobindo’s integral perfection enabled him to send the Force into Churchill who stood against the Nazis and won WWII. Or we can say that Churchill’s perfect execution of his mission saved the world.

Karmayogi’s unprecedented vast wisdom applied through the vehicle of MSS has laid the foundation to save the world.

Untitled

Individuality is merely a means of action for the transformation of the whole. (Mother, from Agenda, October 26, 1968)

Comment: We think we are here only for our own progress, however true Individuality and perception thereof leads to the progress and evolution of those we are in contact with the group, the collective, the organization, the society, the universe, the Reality.

Steve Jobs' Qualities Of Greatness We Can Learn From

Steven Paul Jobs was an American business magnate, industrial designer, investor, and media proprietor. He was the chairman, chief executive officer (CEO), and co-founder of Apple Inc., the chairman and majority shareholder of Pixar, a member of The Walt Disney Company's board of directors following its acquisition of Pixar, and the founder, chairman, and CEO of NeXT.

Jobs is widely recognized as a pioneer of the personal computer revolution of the 1970s and 1980s - including Apple II, and Macintosh -, along with Apple co-founder Steve Wozniak; as well as the pioneer who ignited the Smart Phone revolution of the 2000s.

Here is a list of personal qualities that made him a great success.

1. SELF-RELIANT -- never worried about what other people thought of him
2. COURAGE -- to follow his convictions
3. SELF-CONFIDENT -- trusted his own judgement and intuition -- his FAITH was in himself
4. OTHERS POINT OF VIEW -- understood what people wanted and aspired for and strove to fulfill their aspirations, rather than imitate what everyone else was doing
5. ASPIRATION -- to change the world and do what no one has done before
6. FAITH -- believed in his vision of possibilities and was never determined by the fact that it had not been done before
7. COMMITMENT -- had intense commitment of all his energies to achieve the goal
8. FAILURE -- learned from his failures and grew through them rather than getting discouraged and losing hope
9. INDIVIDUALITY -- never tried to fit in. He wanted to be himself and express his unique talents.

-thanks to Mother's Service Society (MSS)

Untitled

Individuality is not just awareness beyond the herd view, but to have a POWER to change life in ways that never existed before.

Infinite and Finite

Untitled

The Divine being Infinite itself wants to manifest infinitely; i.e. in infinite ways; in endless variation. It can only do so if every one of us is different. Not only that, but when each one of us is different in relationship with every other person it manifests infinitely. This is so because each of us brings out a different aspect of the other.

The Supreme, Infinity, and the Individual

-The origin and purpose of true Individual is that the Supreme is Infinite, and He wants to manifest Infinity in the universe. He cannot do that if we are all the same.

Infinity means infinite variety; an infinite complexity in order to manifest Himself. That's the role of the Individual in the universe. I.e. each of us is manifesting a truth of the Supreme. Even if we are infinite in numbers, and even if in each moment we manifest a different truth, we can never exhaust the infinite truths of the Infinite. It's multidimensional Infinity.

-The individual is the Divine's instrument; rather it is Supreme's form to express the Infinite creative potential of Himself in every moment of time, in every point in space, in every individual center differently. (paraphrase of Garry Jacobs)

Untitled

Small things carefully attended to, instead of being ignored, can evoke big responses from life.

Untitled

If you need work and are offered a small paying job, and instead of being disappointed and unwilling, you accept it, then before you even go on the job, a much larger opportunity will tend to come your way. In other words, shifting from unwillingness to acceptance, - no matter how small a matter, - opens up wider possibilities; i.e. the infinite potentials of life.

Untitled

Man is the Infinite with the appearance of the Finite. The Force helps him discover his own infinity. In life, it is material abundance. We can call it "Spiritual Opulence". (Sri Karmayogi)

Infinite from Finite Example

Since the finite emerged from the Infinite consciousness, infinite results can potentially emerge from any finite.

E.g. in 1973 Paul Stanley of KISS came to my parents' house to visit my sister, whom he was good friends with. Before she came down, I talked with Paul at length, mainly about music. He was already slightly known. He would go on from there to create the KISS band, which has earned more money through concession and merchandising sales (clothing, accessories, etc.) than any musical act in history! In the Billions of dollars!

It was another example of the infinite emerging out of a finite, something I witnessed firsthand in that meeting and in what followed.

Untitled

Infinity, or the infinite, is not just an expression of unbound size or extension, but of endless Possibilities, Potentiality.

Infinite and Finite

The Infinite has divided itself infinitely to create the finite. (the universe of matter; involution) The finite is progressively uniting to re-create the Infinite, but in Life. (evolution)

Supermind facilitates in both direction.

Untitled

He who chooses the Infinite has been chosen by the Infinite. (Sri Aurobindo)

Untitled

When we consecrate an act, we open the doors to Infinite Possibility, since within any small thing lies an Infinity to be realized.

Comment: Since each element down to the atom is the outcome of a process beginning with the Divine Reality, there is infinite possibility and potential in the tiniest thing. Thus if you make the smallest thing, activity conscious, then you can release its infinity - as accomplishment, creativity, joy.

Untitled

There are times when you won't attract the Big unless you first complete the Small.

Comment: have seen this phenomenon at work SO many times!

THE SIGNIFICANCE OF THE SMALLEST ACT (audio)

(and how we can attract infinite-like results through our right consciousness in relation to the smallest, finite act)

[by Garry Jacobs - 5 min]

<https://1drv.ms/u/s!AjayTOYvR8hzis98WOTi20P3FaLd1A?e=GjMGr3>

Importance Of The "Unimportant"

"... it's often apparently mediocre or rather unimportant things (all that people regard as insignificant), it's generally what brings on the most considerable progress." (Mother, from Agenda, May 18, 1968)

Eg a person sees that before he gives an explanation to someone, he needs to first garner their attention. He sees that with one person in one small situation, realizes it, and is now able to practice the same conscious method with his students, of which he has had thousands over the course of many decades.

Like that we can learn great lessons or see great possibilities, et al from the smallest thing; whether it's from a passing remark, a minor appendage to an issues, even accidentally bumping into someone.

Also from the smallest interaction with someone we can see another's nature, and they can see ours.

We can only imagine what Mother is referring to in the quote in terms of Her own being. A small thing could change the direction of her yoga of the Physical transformation of her body on the way to the supramentalization of her own being and life on earth.

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Untitled

Karmayogi showed Garry Sir time and time again how the seemingly most insignificant thing can lead to vast, even overwhelming Results.

Practical Concept Of Infinity To Achieve 100 Crore

The PRACTICAL concept of Infinity indicates that in each moment for each person there is an infinite potential ready to come out. In other words, Infinity is practically, in material reality available to us all the time.

Why then has Karmayogi asked us to each achieve the 100 Crores - ~\$14 million in our lifetime? It is so that we can discover the practical Truth that in everything there is an Infinite, an infinite potential that can practically be achieved; that in fact we ourselves are that Infinite.

(paraphrase of Garry Jacobs)

Comment: An example;

“Just wanted to share a small experience for this concept of infinity.

In 2017, my husband had been asking me to bake a particular cake for a long time and due to sheer laziness/lack of interest I was not doing it. Then on Feb 13, 2017 I had read this statement in the Life Divine that “Brahman gives his All to everything”. So I decided to give my maximum effort to bake this cake as Brahman does it.

I baked this chocolate cake and my husband praised me for the first time that he had never eaten a cake like that and that’s the best thing I had ever cooked 😊 but surprisingly that month in Feb we ended up eating so many cakes.

My sister-in-law sent 2 cakes for my kids birthday. We got one more cake for my husband’s birthday and then ate more in some birthday parties. Until today in the month of February we eat a lot of cakes. For eg: this February 2020 we had about 4 full cakes etc.

I actually informed this to Appa at that time. How 1 cake that I made with full focus ended up giving more and more cakes. He replied that applying the principles of the Life Divine in our life is to practice consecration and it is a very interesting experiment I had undertaken.

Just like 1 cake done with full attention can keep giving many cakes over the years, the concept of infinity sounds similar.” (Sara)

[Garry Sir responds]

Wonderful, This is the principle and process of self-multiplication Appa speaks about. You did not multiply cakes. They multiplied themselves. Or rather Life multiplied them!

Reader: Great experience. Complete Act fulfilled. The connection she made with Brahman in her Act and her determination to give her maximum effort, the series of Birthdays took place so closely in a month and all fit very much to call it a complete act.

Untitled

We are not each a drop of the Infinite. We ARE the Infinite. We each are the whole of the Infinite.

Untitled

Sri Aurobindo says that the universe is not infinite, but rather a boundless finite.

Comment: Perhaps it extends vastly, outwardly, materially, but then bends back to the starting point, like a loop; like a person walking around the world.

Untitled

Karmayogi sent Garry on many quests throughout his life that seemed to him utterly impossible, yet ended in overwhelming success.

Comment: Karmayogi saw the infinity, the infinite potential in opportunities that came, even from the smallest openings. Garry often did not see it but went along with Karmayogi's insights and suggestions for action. Then when Garry acted on it and personally experienced the tremendous results from these initiatives of Karmayogi, he increasingly became a true believer in the Infinite; the Infinite Potential behind the finite, the smallest opening, possibility.

That Fateful Day: Consequence Of The Book Falling

When Satprem's book 'Adventure of Consciousness' - fell on Garry and Leslie at Moe's Books in Berkeley in 1970 my fate was sealed:

1. Because the book was about Sri Aurobindo they now abandoned their old life and headed out to India.
2. There they went to the Ashram in Pondicherry, and soon met Karmayogi.
3. They then came back to the States to set up arrangements for selling products from the ashram and elsewhere.
4. They then informed people at the East-West Center in Los Angeles that they were looking for help.
5. Compelled by my subconscious to act in 1975 I went to the East-West Center one day and learned from Trudy of people in the Valley who were looking for individuals to sell their products.
6. I made arrangements to meet them (Mere Cie Imports), drove to their house in the San Fernando Valley and met Dan, Garry, and Leslie, and began selling for them.
7. Before my first effort, Garry told me to "Remember Mother" before each sales meeting. My Life in Mother had now begun in earnest. I was 25.

Others of us have also been influenced by that fateful day when the book fell, and have their own wonderful (and fateful) stories to tell.

(Roy Posner)

Untitled

Whenever you think of money or being prosperous think of Mother; finite present will become infinite-like future.

Initiative, Non- Initiative

On Contacting Another to Initiate a Conversation

Q: Should I contact another person first, or wait for them to contact me?

A: It depends on the situation. If eg you have some work for them to do, it's best to contact them as necessary. It is possible to practice "Silent Will "and have them call us on their own first in these sorts of situations, but that takes a great inner discipline and patience.

If it is more casual conversation, then if you wish you can wait, and see if you draw them in, after having consecrated the potential conversation (or practiced silent Will).

It's always best to calm down before contacting another.

Also if you contact them and they are busy, it might indicate you are too anxious, or it may not be the best time to connect. Therefore, one can wait, or even forget the matter for a while to put things in their right perspective. Then move or not move as necessary; as Life seems to suggest.

Greater Knowledge & Accomplishment through Silence/Stillness

-Detachment from thought leads to silent knowing. We know more by silence than by word or thought

-We learn more by Listening rather than talking

-We act more powerfully by Silent Will than overt expression

-We accomplish more by Non-initiative than by ego initiative. Not acting is a better solution. (MSS, paraphrased)

All of these attract onset of good fortune (whether as knowing or achieving) from seemingly out of nowhere. It is "Life Response."

Taking Initiative (Ego) vs. Life's Initiative

Taking an outer initiative is mostly the initiative of the Ego, which creates negligible, questionable, or problematic results. Best to wait on Life's or the Divine's initiative coming to you, and then respond with full force. Everything will then cooperate, and lift you up to the stars.

Untitled

When you go within, instead of going out to take initiative, the Force descends and starts acting.

Untitled

Going after life - the clients, the media, et all - to spread the word about Her is not Mother's way. Instead She waits outside your door for a loving yearning of the Inner Flame.

(paraphrase of Sri Karmayogi)

Untitled

Mind tells us to go after life. On the other hand, Spirit tells to wait for Life's Initiative to arrive; and fully honor it when it comes to us, implores us.

Untitled

It takes great self-control not to initiate on our own, unless Life's circumstance compels us to do so.

Untitled

In the best situation, a person trying to overcome a personal limitation will come to you, rather than your initiating and trying to change them.

An Experiment: Silent Sales Efforts

Years ago I was a salesperson for my company Kenroy. I did my sales presentations with some degree of consciousness, but not enough according to my current standards!

If I had to do it all over again, I would engage in the following experiment:

After greeting the buyer, I would put my wares on the counter, and not say a single word; not even thinking a thought. I would also consecrate the act (i.e. offer it to the Spirit); then SEE WHAT HAPPENS.

I think I am likely to experience a startling positive response from life in one or more of these Silent Sales Efforts. Then I would do it this way over and over again, until I evoked infinite-like results, where previously there was only finite outcomes.

This approach could be extended to any other field or aspect of Life!

Comment: The Practice of Silent Will, Allowing Other side to Negotiate, can be best Applied in a Team, if the Leader carry the same Aspiration as we carry.

For Example, In a Group Discussion, We cannot expect the same amount of Silent Will from the Team.

It can be best applied with one to one meetings, deeper level of Consecration and understanding pulls the consciousness to the Whole. (Priya Mahesh)

Untitled

Personal initiative brings little or nothing. Life's initiative that is Mother's brings everything necessary for success.

My Vs. Life's Initiatives Examples & Results

When we initiate an effort, going after it strictly of our own volition, without any indications from life, success is far less likely. However, when life initiates, often coming to us from seemingly out of thin air, and we embrace it in full, success is just around the corner.

E.g. Initiatives of MY OWN; that therefore never went anywhere seriously:

- 'Consult!' software program. It was useful to me, but only a few purchased it.

- I simply created 'Manage!' software program out of my own volition. Only a few purchased it.

-We created 'NewArtiste' sales company to sell Tapestries de la Mere. We tried to sell 30-year-old tapestries, plus new designs, but after 6-months we barely broke even. The outer atmosphere was not conducive to success. Nor did the outer implore us in any way to take up such a venture.

-Mental initiatives of various kinds succeeded in being accomplished, but at the expense of my own financial success. So in that sense these mental-oriented initiatives are all failures!

Then there are initiatives of LIFE, that almost always succeed, if embraced :

-Suggestions early in my career by others to get a job at a computer store as a way to enter the emerging, booming personal computer industry. I did so, and earned the largest sales and paychecks of my career.

-The two woman who arrived from out of nowhere and invited me to join their training company, ushering in a 30-year training career.

-Growth Online was very successful in its time as I emerged from Karmayogi's effort to impart me his profound knowledge through Garry and Bob. His suggestions are invariably filled with success potential, which were fulfilled at Growth Online, with 2000+ visitors per day! And through AdSense contributed to substantial income.

-Encouraged by Karmayogi to write a book on Life Response (which I did), greatly influenced so many lives positively, including people many of us know. It enabled others to psychologically and financially gain.

Initiatives From Ego Vs Non-Ego

Initiatives motivated by Ego will have the consequences of ego. Eg I want to instruct in an area there is little demand for. As a result, we'll go around in circles in so many ways. Plus it will only reinforce the ego.

On the other hand, when we make an Un-egoistic initiative, such as when others' contact us for our services, or when we simply consecrate the act to begin with, we make a progress. Plus life tends to cooperates with us at every point.

Untitled

Shunning a questionable initiative & replacing it with consecrated Faith attracts unexpected marvelous results along those lines.

Comment: An author sought to extract the latest year's thoughts for his book, normally assigned to an associate of his, carried out at the end of each year. Each time the work had gone very smoothly.

This time the author decided to do the extraction himself, half way through the current year, for several questionable reasons.

However, after a day or two of work, he decided this was the wrong approach, and so he stopped and then consecrated the entire matter to the Divine Force.

The next day another associate completed a video based on the author's past works. However the author was stunned to see the cover of his book in the video that contained the compendium of his thoughts.

He had never seen a picture of that book in a video in a decade. Yet there it was a day after he righty gave up a questionable initiative to personally update that book with new content (when he already had a very competent associate to take up that work).

In tandem with his consecration of the entire matter, halting his initiative and having faith in the future evoked Grace in the form of the startling outcome.

(Roy Posner)

"Our egoistic initiatives disclose our subconscious weakness, particularly our hidden negative which we ourselves not aware of." (Senthil Murugan)

Untitled

Be most ready to serve but do not let the world know of your readiness. Deliver when sought for. (Karmayogi)

Untitled

Before taking up a prospective Initiative, offer it to the Mother, and see if there is an Affirmation in the days to come.

Reader: Affirmation in coming days....can you please explain that further?

Comment: that there is indication, signs, developments, et al that the initiative is the right thing to so. It can be anything that appears to support one's initiative - a certain phone call, a sudden interest expressed in the community, an unexpected reference on the internet, an opportunity in that Ares coming your way, a sudden deep insight you had on the subject, etc. etc.

Inner Life

Going Within to Have Courage to Face Problems

Q: How we can get the courage to face changing situations when we don't have it. Should we consecrate the problem or the solution. Like to be brave in the problem or the problem to be solved.

A: Learn to develop an Inner life. When we are centered deeper within, we are less bothered by outer circumstance, and so are able to know have a clearer, less emotionalized experience, including a clearer understanding of what to do or not to do.

Ordinary life will keep us on the surface of things, of life, where we will constantly reacting to life's exigencies and problems: being bothered by outer circumstance.

To go within requires one to make the deep Decision to live a Spirit-oriented Life.

One can practice plunging inward as one is moved to do so. It will then cumulate. And the inner (subliminal) being will be discovered, and deeper still the Psychic Being, the evolving True Self.

Then nothing on the surface will bother us. Our equality of being will always be maintained.

It is the beginning of the Integral Yoga.

Untitled

If you connect with the inner being or soul of an object, you can elicit its cooperation and better functioning.

Untitled

The increasing pressures of the Outer life are compelling us to develop a more developed Inner life.

Untitled

How can we have an Inner Life - with all the powerful and profound benefits it offers - if we are continually living on the surface?

Untitled

What determines in life is your thoughts, beliefs, aspirations; not merely the outer conditions.

Untitled

What looks to be impossible from the outer, surface consciousness, is realized in full from the perspective of the inner.

Untitled

The greatest inner, spiritual truth we come to realize only has power, meaning, value when it is expressed in the Outer life.

Untitled

Not to depend on the outer means, but on the Inner ones.

Untitled

Pushing and pulling others approach to achieving in life is coming to an end, increasingly replaced by inner methods of Attracting.

Reader: Can u explain further

Comment: We normally try to go after life to get what we want. But that's increasingly the old way. The new, Supramental way is to attract life and its benefit to us from out of nowhere using spiritual means like consecration (opening to the Force, the Mother). That enables life and its benefits and rewards to come to us, instead of struggling by going after it.

Reader: I have been trying my best to follow it...

So we consecrate the desire to The Mother and also take action from side?

Comment: instead of the normal ways to achieve in life, which takes many years, if ever, we practice the various inner methods, which tend to quickly attract the results, benefits to us we are after. Inner methods are Silent Will, consecration, non-reaction, taking the other man's point of view, and others. When we utilize them, life tends to quickly respond in our favor.

Untitled

Don't fret over the outer conditions. Instead focus on the Inner ones.

My Inner Election Experience

When election day came in US and in the few days that followed, I not only consecrated the events, but relied only on that Faith in those days, not paying serious attention to who the winner or loser would be; only an occasional glance. Each time the election rose in my mind, I thought of and connected to that Faith, to the Mother. The more I did so, the more Biden's margin came around, until his victory. Thought I would share. (Roy Posner)

Comment: Simultaneously a friend practiced similarly by intentionally not talking about the election during this time. She too got the desired results.

Untitled

It is a movement from rigid surface mind to Life to Supramental Truth.

The more we live within and aspire for yogic influences, we can start out addressing the issue from the outset at that supramental Truth Consciousness level.

Untitled

For every outer activity you engage in, discover the Inner method for it to happen ten times better.

Reader: Can you please give examples

Response: Let's say you have to have an important business meeting. You prepare well, dress up and hope for the best. You now gain a sale of \$1000, and that's it.

Instead you consecrate the meeting, take the other person's point of view should such a situation arise, not react to some intensity expressed, shift out of a negative attitude etc. You get a sale of \$3000, with the opportunity for \$10,000; plus you are referred to another potential client that can bring in another \$20,000. In addition, the door opens for a new high-end product for you to sell that can move you into the upper echelons of your sales peers.

The possibilities are endless when the activity is done from WITHIN, through its array of inner methods that attract.

Infinitely

Untitled

When you identify with not just your own aspirations, but the aspirations of Humanity, your efforts will be great for others, as well as yourself. You will partake INFINITELY in the rewards because of your Universal intention.

Untitled

Infinity, or the infinite, is not just an expression of unbound size or extension, but of endless Possibilities, Potentiality.

Infinite As Practical Concept In 'The Book'

The "logic of the infinite" sees all elements and all connections between things; while the logic of the mind grasps at one thing and strains to relate it to others.

When we go deeper, we develop a higher forms of mind that can more readily grasp the logic of the infinite.

In fact, in the coming Divine life the infinite is continuously expressed in the finite. As a result, In this world there is infinite abundance, well-being, joy, and love.

In Garry Jacobs epic mystical novel 'The Book', through a process of personal and spiritual growth, they gain the insight that enables them to develop products and services that have an infinite like capacity; that have an infinite like effect on the society.

And yet we too we have the capacity to release that same infinite capacity and reality in our own lives.

Infinity is a practical concept means that we can through our higher consciousness release the infinity in our current finite existence.

Therefore infinity is both infinite, but also Practically available to us.

Inner Outer Correspondence

Untitled

Life confronts us with darkneses that mirror our dark nature that we try to conceal.

Untitled

For every Falsehood in human society there is a correspondence in us of lacking consciousness. If we make a change in that area that is personally false, and offer it up to the Higher Power the corresponding negative in Society will also tend to be resolved. I.e. Life at the Universal plane will respond.

Untitled

We can evoke those qualities we desire from another person by changing the corresponding qualities in ourselves.

Untitled

If you want to change something untoward in the world to something good, change the corresponding element within yourself. Eg if you want harmony in the world, try to harmonize the different parts of your being. Or if you want peace in society, go within and discover a deeper peace in your heart and being.

Untitled

If you want her/him to change, first change yourself accordingly.

Resource Misuse in Another Perceived in Self

Whatever fault we are seeing in others, there will be a drop of the same fault in us, in some other ways.

I used to complain about my mother that she is purchasing things she likes, but not using it properly/fully.

Suddenly I realized I have the same habit, BUT PURCHASING BOOKS, NOT READING IT COMPLETELY.

Thanks to Sri Karmayogi's teachings about Mother's principles

One of my WhatsApp group friends shared from Karmayogi's writings that "Buying books and not reading Will stop the flow of money. It is wasting resources"

(Kosalai)

Untitled

The real measure of what you have discovered Inside is what you experience outside in your life in response.

Untitled

If you reject outright someone else's positive suggestion, you may be asked by life to serve a key role in its implementation.

Untitled

Key to developing our consciousness is to see the world inside-out, instead of the opposite.

Untitled

If you want to overcome the problems you have with your children, first recognize the same or similar issues in yourself.

Move Life from Within when Opportunity Comes

When an opportunity comes, our normal reaction is to go into a state of action on the outside. Instead, we should go INSIDE, where we will perceive the organization of our consciousness relative to the matter, which we can then raise to a higher level, enabling us to quickly and powerfully move the outer life from Within.

Untitled

The Secret is not "out there". It is Within us. The Secret is the power of Consciousness; of our right attitudes, beliefs, and values - the Inner - that determines, evokes the Outer conditions.

Untitled

The Inner and the Outer are a Dance, a Play (Lila) that offer us the opportunity to become more conscious of the ways of life, and of our hand in it.

The Secret Knowledge

The Secret Knowledge is that everything we encounter in life, on the outside is a reflection of who we are inside; i.e. our poise in consciousness. And by changing our corresponding limitations within, it becomes an opportunity to progress, as life responds in our favor.

Untitled

Any problem can be solved by discovering the inner elements in oneself that corresponded to the elements posing the problem or creating the pressure externally. (from The Book)

Untitled

I would rather not dwell on another person's deficiencies, instead focusing on and changing my own.

Embracing The Mirror Image Conditions That Further Our Success And Growth

In the chapter 'The Mirror Image' of Garry Jacobs' epic mystical novel 'The Book' we see two companies that mirror one another. MAI which is full of energy and lacks organization, and Lempe that is organized to the hilt, but has no, has lost its energy.

Then the text of the BOOK inside the novel 'The Book' reveals to MAI leader Dan that Life is continually presenting to us the opposite of who we are. I.e. what's missing in us; the contradiction that is really the complement of who we are.

Thus, in the story when MAI tries to help Lempe, MAI learns what Lempe has and what is missing; and in that process revives Lempe's inspiration and energy. As a result, they both prosper.

And so from this we see that everything we meet, everything we want to run away from, has a valuable lesson for us. And by embracing that reality, it becomes a source of our growth and success.

Comment: PS, We see how Lempe was re-energized through MAI's new understanding: The following is from our 20 page outline of the novel:

"MAI signed the Lempe contract in early 2006. The partners discovered that Energy was the factor that was lacking in Lempe. The Archives helped them with a way to rejuvenate energy in Lempe, through a concise formula: "Aspiration releases Energy, Direction converts the energy into a Force, Organization transforms the force into productive Power, and Skilled action applies the power to generate results."

Untitled

Let us shift from focusing on what is wrong with another person to what is limiting in ourselves.

Change Negative Outer By Changing Corresponding Inner

If you are repulsed by the nature of certain individuals or institutions, look inside and you will discover certain similar traits on your part. Change them and the negative outside will shift to the positive accordingly.

Untitled

That we can attract the outer life by turning inner levers within is a knowledge of Sri Aurobindo's that the world does not know.

Comment: It is "Inner-outer Correspondence", which is the means of evoking the phenomenon of Life Response.

Sri Aurobindo calls it "Instantaneous Miraculousness." It is in this knowledge that Sri Karmayogi has made an absolute original contribution to the world.

He codified 1000 principles of the Science of Life that relate to how to evoke this infinite power from within.

It can be the foundation of a New Civilization; based on a vast knowledge of how we can evoke infinite results from within; without any outer action.

100 years from now humanity will look back on this time and see where this knowledge began. In essence by Sri Aurobindo, in endless myriad of ways by Karmayogi.

Our 'Secondary' Involvement In A Problem

No matter how remote a negative situation appears from your involvement, you can trace something inside yourself in consciousness that was a part of it. Moreover, removing that impediment can go a long way of solving the problem itself.

On Correspondence Between The Outer Conditions Reflecting Our Inner Status

[The principal of Correspondence basically says that our current reality going on outside ourselves is a mirror of what is going on inside us. -RP]

Not going into the details on changing big things by seeing correspondence, I am limiting myself to some common situations we face. This in order to see which one energised the opponent.

1) If others behave in a crooked way or that relates anything to his mind, it is our corresponding misunderstanding or ignorance in mind pertaining to that person or situation, that energise him in that area to behave that way.

2) If anyone reacts emotionally and if we want to see what in us energised - it is our undeserving vital desires and expectations to enjoy the result without doing our part properly in it.

3) If disarray and messiness in surface level of others needs a correspondence, it will be in our inertia in other area, which energise him, sometimes even cleaning email deleting unnecessary mails and spams will change the situation.

Seeing correspondence is for our progress, irrespective of whether other person is changing or not, many a times I have seen such person wont come to us again.

Taking an example of a Doctor -

1) If any patient with a disease comes to a doctor, it does not mean that he will also have that disease. Patient is coming for cure. If we go to Appa it does not mean that Appa has that correspondence. We are going there for cure. Or as a higher version, Appa can see the trait in His nature and try to remove it which is removed from entire humanity, which is meant for extraordinary souls. If anybody shows a disloyalty to me, it does not necessarily mean that I am disloyal at the same level as I can confidently say that after all analysis that I am not like that wherever I worked. We can see that in the next plane on loyalty to Appa or Mother as given in Point 4.

2) When a patient comes for cure with all the queries half baked from web searches and questions doctor and if it anyway touches his emotions like irritation or anger – Appa says this as the next plane is calling us. Taking correspondence, the doctor has to upgrade his knowledge till latest in his field. I know many doctors who never upgrade and still satisfied with what they had ten years back. Many don't even meet Medical Reps. Their knowledge upgradation is only based on the seminars attended which is actually a gift parties. This progress gives vertical growth which makes patients do not show such attitude to him again.

3) If patient's behaviour touches the deep emotion, then next plane is - other man point of view, understanding the patient more, goodwill for his recovery and equality in emotions. Appa says this brings patients who ask no questions. Appa gives an example of a doctor in Cuddalore who has two big lines every day -paid and free. He never speaks to them. He just sees and write prescription and never anybody ask questions to Him. His goodwill and knowledge are so strong. This Appa says as horizontal development in proportion to vertical development.

4) Appa gives another way : seeing the same correspondence with Mother. If patient don't have faith in doctor that doctor knows more than the patient, then why at all he is going to doctor. We can see the same as our correspondence with Mother. We don't have faith in Her. We always question or doubt Her ability or insisting Her to do it in our

way. I have seen many a times others behaviour with me is equal to my behaviour with Mother.

(Ramesh Kumar)

Untitled

See outer problems as pointers, indicators of the necessity for corresponding inner change.

Instrument of Divine

Becoming Instruments of Infinity in Life

The Big Picture problem we have is that the Divine is Infinite and seeks to manifest infinitely in life, - as infinite prosperity, infinite power, infinite beauty, infinite delight, - but we are a finite instrument, pre-occupied with, and interested only in ourselves.

The solution appears to be to go deeper within, and find our souls so we can be wider instruments to manifest the infinite in the details of life.

Untitled

We are not here so Mother can fulfill our aspirations, but so we can fulfill Her's. (And as a result She will give us that which is beyond our wildest imagination.)

Untitled

We are instruments of Life, of Mother awakening the Spirit, the Soul buried within us so a Divine Life can flower.

The Mother and Works

"... a time will come when you will feel more and more that you are the instrument and not the worker.

For first by the force of your devotion your contact with the Divine Mother will become so intimate that at all times you will have only to concentrate and to put everything into her hands to have her present guidance, her direct command or impulse, the sure indication of the thing to be done and the way to do it and the result.

And afterwards you will realise that the divine Shakti not only inspires and guides, but initiates and carries out your works; all your movements are originated by her, all your powers are hers, mind, life and body are conscious and joyful instruments of her action, means for her play, moulds for her manifestation in the physical universe.

There can be no more happy condition than this union and dependence; for this step carries you back beyond the border-line from the life of stress and suffering in the ignorance into the truth of your spiritual being, into its deep peace and its intense Ananda."

(Sri Aurobindo, from 'The Mother')

Untitled

Spiritual Perfection is to be a perfect instrument of the Divine's intention that is expressing through ourselves.

Untitled

To be at every moment as expressive of the Divine Consciousness as one can be. That's the only important thing. (the Mother)

Untitled

We consecrate for what Mother brings, not what we want, what supports our habit, our custom, the tradition embraced by society.

Untitled

Man in the world's life works out the dreams of God.

(Sri Aurobindo)

Integral

Power of Relating Things from Multiple Disciplines

An entity is greatly enhanced when is linked or combined with a different sort of entity.

For example, in science we can see how we can combine a technology, on the one hand, with an artistic quality on the other - such as astronomy and origami.

Imagine then if we could create links between any discipline, such as physics, and the Subtle Laws of Existence, like Life Response, that spiritual-oriented individuals have begun to reveal. Life would be enhanced in all directions. Infinites would continually break out of the current finites. It is Inter-disciplinary Power taken to a new, cosmic level.

Intensity

Untitled

Intensity - whether of aspiration, values, effort, etc. - abridges time. Lack of it causes things to occur much less slowly over time.

Intensity is Sought by Life

Life seeks intensity. And it enjoys that intensity, whether positive or negative. It doesn't enjoy in the sense of the normal happiness, but in the sense of being alive.

Inner Intensity To Achieve In Life

Till the aspiration (for improvement) gets into the nerves that aspiration is merely a desire. Eg in the nerves I believe I can earn \$100,000, and do so. But I only Desire to earn \$1M. As a result, I can't get over the hump to achieve it.

It is similar with consecration, even prayer. The intensity (in the nerves and elsewhere) of the evocation is what can evoke the response from life.

We can see the necessity of intensity in the Act - from idea to Vitalization (emotion, intensity, desire) to action that leads to great results - mental > vital > physical).

Eg in making a speech I have developed the ideas; and with intensity of emotion in the values contained therein, I express it. The audience enjoys it; and better still it evokes a response such as I am hired on to do 10 more presentations across the country.

In the plane of Supermind (far beyond mind) there is not only perfect necessary knowledge but intensity of Will for it to come about. And it does, as the thing under consideration manifests as real. When we consecrate or better yet Surrender to the Divine, we gain this supramental power to achieve. At that plane, the Will and Intensity is inborn in any aspiration we have.

In early 2013 I found myself in financial and household jeopardy. Karmayogi suggested I could overcome the situation by repeating Mother's name, and after a few moments getting up and going out on a walk, as my body kept repeating Her name in the background, while having an intense aspiration and feeling to bring the lofty goal about as I made my way down the street.

After about half dozen rounds of these 15 minute walks over the course of a few days, the intensity reached such a peak that I thought anything could happen.

Appa indicated I had come very close to evoking \$3K per day in the physical plane. I was just short. Another devotee told me something similar. He was sure I would achieve it. I then tried an even more dramatic method.

Though I did not attain my goals then, it was an extraordinary experience, indicating the power of Intensity in a "walking calling".

(Roy Posner)

"How do we not level off?" (Saraswathi)

RP: In my case the issues ran deep, and required the ridding of various attitudes and errors of commission involving Money. How could 3K per day stand on a foundation of wrong attitudes. They had to be overcome for the result to come about. It wasn't even about Intensity. It was about Truth, or misguided actions in life.

For other people, situations it could be this sort of background issue, or it could be -- lack of Intensity; lack of Sincerity; wrong Attitudes towards others, work, or life; clinging to dead Habits; limited Beliefs; focusing on My Will instead of Her Will in the answer; etc, etc. In other words, we need to stand before the mirror and truly self-evaluate. Having a spiritual master who sees deep into one's issues also helps!

(Ramesh) ... we see running river after a summer, but we do not see how much water it took to saturate the dry land beneath to make that flow. So levelling off is a period where Grace is filling the dry areas - opposing areas in us – and we don't see that.

Untitled

The greater the INTENSITY in one's intention, the quicker life brings it about.

Comment: Darcy in Pride and Prejudice intensely wanted to resolve the elopement, and did so rapidly, as life cooperated with his intention. He had that intensity because he felt responsible for his boyhood friend, now his adversary Wickham's negative behavior and involvement. His motives were positive all around.

And yet he intensely wanted to marry Elizabeth Bennett, but failed with his proposal, as his behavior and attitudes were all wrong. And yet when he intensely made the effort to change his own nature, Life brought Elizabeth to him in marriage.

Thus intensely wanting something, that also has a solid, positive foundation, will attract great results in the shortest period of time.

Interest

Whatever your mind focuses on, more of it soon appears, from out of nowhere!

Untitled

When you take a keen interest in a matter you never thought of or witnessed before, watch how life soon presents you with iterations of it from out of the blue in the hours and days that follow. If you catch the correlation, it will astound and energize.

Power Of Intense Enthusiasm In Work

We see the relationship between achievement, even mass achievement, and an intense underlying level of enthusiasm.

We can see that the Complete Act often is incomplete because real enthusiasm is lacking. Skills, knowledge, and effort may be total, but the act is incomplete until the work flows through the emotions.

If the emotions, the enthusiasm is brought to bear, good fortune quickly follows; often taking us to the next level of success in life.

Integral Yoga

The Sadhak's Work for Sake of Divine

The work which the sadhak of the supramental yoga has to do is not his own work for which he can lay down his own conditions, but the work of the Divine which he has to do according to the conditions laid down by the Divine. Our yoga is not for our own sake

but for the sake of the Divine. It is not our personal manifestation that we are to seek, the manifestation of the individual ego freed from all bounds and from all bonds, but the manifestation of the Divine. Of that manifestation our own spiritual liberation, perfection, fullness is to be a result and a part, but not in any egoistic sense or for any ego-centred or self-seeking purpose. This liberation, perfection, fullness too must not be pursued for our own sake, but for the sake of the Divine." (Sri Aurobindo)

Untitled

"It is the old methods of yoga that demand silence and solitude.

The yoga of tomorrow is to find the Divine in work and in contact with the world."

(the Mother, from Agenda, January 27, 1971)

Untitled

Living happily, steadily in the chaos, randomness, unpredictability, - what we seem to have little control of - is a yogic poise.

Supramental Existence and the Integral Yoga

The Integral Yoga is what enables us to become Supramental Beings, ushering in a Supramental Life on earth.

The Integral Yoga is to go within, discover the Psychic Being (evolving soul), and from there Surrender to the Divine Mother. Supramental existence follows.

Supramental Existence is one of utter peace, truth consciousness, integral knowledge, harmony and oneness with others and life, ultimate power to achieve, perfect unprecedented outcomes, vast creativity, unfathomable love and delight, timelessness and the infinite breaking out.

The Yoga of Constructing the Chart of Life

The Yoga of experiencing it, realizing it, makes the Chart of Life we have so diligently been working on - including planes, processes, and all - truly come alive.

How to make that happen?

Shifting from Outer to Inner life is key.

Surrender. Consecration. Taking other's point of view, and non-reaction creates a new orientation, where the integral truth of things, including how life truly works, is organized, is fully revealed to you.

Now you have taken the first steps into the Truth Consciousness, which is what Supermind is.

As a result, you can more readily, easily construct the Chart of Life.

Untitled

To go Up, you go In.

Untitled

Sri Aurobindo's Integral Yoga in one sense is actually quite simple: center one's self in the Psychic Being, and from there surrender to the Divine Mother. All else will follow as necessary.

Universal Goal of Devotees

The goal in the Integral Yoga is not to develop higher consciousness so we alone can reach the top - in success, wealth, knowledge, love, happiness, et al - but rather that every person achieve it. In this yoga (transformation discipline) we thus have Universal intentions, and through the development of our higher aspirations and powers, we help bring it about.

Supramental, The Mother in Creation Process

Normally in Life the Process of Creation begins in the mind as an idea, picks up the will and is energized in the vital, which gets executed at the physical plane.

However with Supermind we offer the original goal/idea to the higher power, supramental force, the Mother, who then energizes us at the vital plane and gives us the results rapidly, perfectly, magnificently at the material/physical level.

Actually a Supramentalized Individual would WAIT on the Force, the Mother to give original direction for the idea, and we would then follow Her actions, to manifestation. This means the Supramental initiates and guides the whole process. We do not initiate, first waiting on the Spirit, supramental sign.

This is the central method of the yogi practicing Sri Aurobindo's Integral Yoga (i.e. ultimate transformation).

Untitled

Doing the smallest thing by the greatest principle is yoga. (Karmayogi)

Encyclopedia Of Integral Yoga

24.05.14

An inspiring work that can be done by MSS is to develop what can be called the Encyclopedia of Integral yoga. Informative articles can be written by Shri.Appa and Garry Jacobs and others on the integral philosophy of Sri Aurobindo and Mother plus separate articles on key concepts of this yoga such as surrender, transformation, consecration, sincerity, ascent and descent. Further concise synopsis of their literary works can be written also such as Life Divine, Savithri, Agenda, Secret of Veda, Questions & Answers etc. Under the headings of Power of Grace alone, one can subdivide this section into half a dozen separate headings, such as health, income, relief from debt, harmony in family, career advance educational achievements and one can list under each heading dozen of actual experiences by devotees showing how they got relief and experienced improvements in health, income, relief from debts, progress in family and interpersonal harmony and career advancements etc.

Under the heading of application of principles of integral yoga for betterment of human life, one can write articles showing how spiritual principles can be applied in business management, education, politics and human unity. Then, under the category of Life Response, one can show how life response mechanisms have worked in literature such as Pride and Prejudice, Shakespeare's plays and other major literary works such as Victor Hugo's Les Miserables, Dumas' Count of Monte Cristo and Sherlock Holmes detective stories etc. Under the heading of Traditional philosophies, one can list Adwaita, Vishistadwaita and dwaita and show how Integral Yoga differs from all these in key areas.

Surely this work will take a long time and demand the attention of many competent researchers who are not only academically well-trained but devoted to mother also. Mere writings from researchers will not have the effect that devotee-researchers will have. Any way this is an inspiring work that merits serious attention by Shri. Appa. (N.Asokan)

Untitled

The purpose of the integral yoga is to make Life Conscious; to make life and ourselves an expression of the Divine Consciousness.

Integral Knowledge

Knowledge of the Whole in What We Do

In whatever we do, we should have knowledge of the whole. We should look at all points of view. Knowledge of the whole means the good and bad, the high and low, without judging, without reacting; objectively we should understand where we are. We should not distort things one way or another. (Karmayogi)

Having All Perspectives Simultaneously

We only see our own position, perspective relative to the unfolding situation. Yet circumstance demands knowledge of ALL perspectives simultaneously. When we develop universal and then Supramental Consciousness we will have this complete moment-to-moment Knowledge of the Reality.

Untitled

Knowledge is great; however Ignorance is greater as it has the capacity through its reversal to quickly reach INTEGRAL Knowledge.

Comment: Sri Aurobindo says ignorance becomes greater than knowledge because ignorance is created by knowledge when it has exhausted all its possibilities as knowledge and ventures to create something greater outside knowledge and achieves it in its opposite (Karmayogi)

We see this in the character of Dantes in Count of Monte Cristo who is falsely imprisoned, in his ignorance experiences the peak of suffering, and comes out the other

side with great Knowledge (learned from saint-like Abbe Faria while in prison) and Power (discovery of vast hidden wealth after he escapes).

Integral Knowledge and Power

True Integral Knowledge is to know all views and their interrelations of any matter or thing, plus it has one's Will and the Power to manifest it physically, to Realize it materially in the world.

Complete Knowledge

Prof. Stearne's explanation in The Book:

"...As The Book states, complete knowledge has to be all-inclusive. It has to take into account inversions, reversals, contradictions and oppositions as well..."

(From 'The Book', by Garry Jacobs, page 422)

Untitled

Grasping the complete, many-sided truth of a matter from "out of thin air" is Supramental.

Supramental as Integral Truth and Creation Power

Supramental means "Truth Consciousness." One perceives all sides of a matter, each fitting in its right place; the essence of the matter, and its totality. One has everything one needs to know to successfully act, creating ultimate results.

Supramental also contains the urge and will for the Integral knowledge of that matter, that Truth, to manifest as real in the world. Thus Supramental is ultimate Creation power, as it is based on Integral Truth.

Thus the universe came to be through this dual aspect of the Supramental.

It was also infused with cosmic values - like peace, harmony, love, joy, timelessness, and infinity rolling out in creation through the evolutionary process.

Sri Aurobindo thus indicates that "Supermind is the Creator." It is the same as the power of the Mother's Force.

Untitled

We can only attain the Integral Knowledge when we know, have the experience of the (Integral) Reality.

We can only know the Integral, Omnipresent Reality when we know it as the truth of our own being.

Education and Character

Sri Aurobindo has said education does not change character. It gives information as well as ideas. Ideas are powerful enough to enlighten and even inspire the Mind. It is utterly insufficient to influence **स्वभावः** the character. Character is a formation of the body

whose full power issues out of emotion. [In *Pride and Prejudice*] Darcy wanted Elizabeth not merely as a wife but as a love who would let him love her. His fulfillment would be in winning her emotional opening to her. Our own character will change when our deep emotions are powerfully stirred. (Karmayogi)

Untitled

You cannot truly know the truth of your field unless you relate that knowledge to the truth of related fields. In that way you build up Integral Understanding.

Untitled

When you develop Integral Knowledge, - i.e. knowledge of how the universe and everything in it and beyond it works, - you will tend to always do the right thing in your moment to moment life, attracting infinite success and inner fulfillment.

Untitled

True, Integral Knowledge contains an inborn power of self-action, that invariably succeeds. It is thus Supramental; the power of the Mother.

Logic of the Infinite

Logic of the Finite is the understanding of surface mind, which is puny. Logic of the Infinite is the many-sided truth of how life is truly unfolding in all its aspects and dimensions at any given moment.

We increasingly gain access to the Logic of the Infinite when we raise our consciousness and move into the depths of our being within.

Perceiving The Necessary Reasons

Through Mind we are lucky to get a few reasons in a situation; mostly one or two. In Supermind, through Mother, we receive all of them; i.e. all that are necessary to know the integral truth of the situation. It is a tremendous advantage that can evoke infinite-like realities.

Mind's Limited Understanding Of The Interconnectedness Of All

Sri Aurobindo endlessly explains in 'The Life Divine' that everything in the cosmos is interconnected. And yet the thinking mind is unable to conceive of anything like that.

It is therefore suggested that the reader would do best to still his mind as he makes his way through the book, so he can more readily perceive this integral nature of existence; this Oneness.

Gradually over time he will come to see certain aspects of that interrelatedness of things in the details of his own life. Eg he may view the negative as a necessary element in life that complements the positive. Or he may see that a reaction on our part here can instantly ripple out and evoke a response from the other side of the world. Then he can begin to perceive Sri Aurobindo's vision of the integrality of existence.

As the reader aspires to know the truths contained therein, the book will reveal through intuitions of knowledge, sudden insights on this or that aspect of that central truth.

Eventually even his mind will begin to perceive the cosmic logic Sri Aurobindo presents on every page of this unprecedented work. Slowly he will begin to perceive the Oneness of the reality in his own life.

Fortunately Sri Karmayogi, Garry Jacobs, myself and others have spent decades explaining the contents of Life Divine - including each chapter, each paragraph, and every life and cosmic lesson and truth of existence. This will make the book far more approachable, accessible, understandable for the average reader, including the notion and truth of the interconnectedness of all in the cosmos.

Untitled

Underneath the surface objective is the multi-faceted subjective, beneath which is the hyper-objective supramental knowledge.

Comment: Eg I approach the police cars and officers who are gathered about a car crash. I see with my eyes and come to a conclusion. But as I get close there are many things seemingly at play. I recognize that multifaceted life events have played out.

But then deeper still is the deepest integral truth of the matters, of all parties and circumstance related to the crash and its current status, which that is supramental (hyper-objective).

Mathematics Of Supramental Knowledge And Action

A situation arises -- such as picking up a package - and you have a moment to think about what will happen. You come up with one specific outcome, which quickly proves to be wrong. There were about 10 basic outcomes to the situation, but the mind settled only on one (which the mind tends to do), without considering the others. It is an example of the limits of mind, even of logical/rational mind.

The same situation arises again. This time the mind is kept still, and you suddenly have the intuition that reason 3 and reason 7 are what is likely to occur. It turns out you were correct. Intuition - which is knowledge and thought coming from out of nowhere without any thinking involved - is perhaps 25 times more efficient and effective than ordinary mind in understanding unfolding circumstance.

The same situation happens a third time. This time you have consecrated the effort, - i.e. offered the matter to the spiritual Force -, plus you were a fairly advanced individual on the spiritual path. You thus know what is occurring is reason 3 and 7 and 9, plus all at once you see many other associations related to the central occurrence (eg you see now other possibilities for the near future, etc.). You have garnered a good deal of truth of the matter.

In other words, you have a near complete integral understanding of the event, plus deep insight into related surrounding events. It is 100 or 1000 times more powerful than intuition, which itself is 10-25 times more powerful than ordinary mind.

Truth be told is that this Supramental Perception not only comes with the complete, integral knowledge of what is likely to occur, but also manifests the outcome itself, in extraordinary ways, in your and everyone else's favor.

Limits of space and time are overcome. Solutions come instantly; and results are vast, infinite like.

You are thus on the side opposite the essential Ignorance of ordinary mind to its polar opposite in a state of integral knowledge with manifestation of ultimate result.

It is a preview of the Supramental Existence to come.

(Roy Posner)

Interconnection

Power of Relating Things from Multiple Disciplines

An entity is greatly enhanced when it is linked or combined with a different sort of entity.

For example, in science we can see how we can combine a technology, on the one hand, with an artistic quality on the other - such as astronomy and origami.

Imagine then if we could create links between any discipline, such as physics, and the Subtle Laws of Existence, like Life Response, that spiritual-oriented individuals have begun to reveal. Life would be enhanced in all directions. Infinities would continually break out of the current finites. It is Inter-disciplinary Power taken to a new, cosmic level.

Untitled

Everything is exquisitely interconnected, but we miss it, perceiving only the surface view. However, living deeper within, we progressively perceive it everywhere.

Untitled

So many Startling Connections can be seen between things that the average consciousness normally misses.

Untitled

Though we hardly see it, things are astonishingly interconnected. In Supermind we see these connections continuously.

Intuition

New Mental Orientation When Stationed in Psychic

In the Evolution we shift from mind to the psychic being within, behind the heart. As a result, mind moves from mental churning to its spirit equivalent; where we have regular experiences of intuition, illumination, and then universal and supramental perception (truth consciousness).

Higher Consciousness and Discovery

Prof. Stearne's comments in a speech:

"...According to the testimony of our greatest scientists, scientific discoveries are the result of intuition, not experimentation. You do not happen upon the formula for $E=mc^2$ by digging into any number of sand piles or conducting any number of experiments. You discover that formula by opening your mind to a higher way of knowing.

Discovery is an act of consciousness, not a lucky stroke of the shovel or pitch fork. It is a power that resides in the human mind and consciousness, not in the machine which is our instrument...'

(From, 'The Book' by Garry Jacobs, page 21)

Untitled

Intuition is to be in touch with the Inner Voice that is itself in touch with the Superconscient.

Untitled

Intuition enables one to integrally connect with one's past, present, and future at once.

Intuitivizing Vast Knowledge from Higher Planes of Mind

All the vast powers of mentality reside in the higher planes of Mind, a tiny sliver of which we have brought down into our own lives.

From those planes you would have knowledge of anything, everything of any aspect of life. Eg you would intuitively know them in your being; like India's Ramanujan, who vastly opened to those planes in one small area of life.

This is the frontier of Consciousness that awaits us.

Untitled

Insight and Intuition are known phenomena. They deserve no apology. Science must pronounce on them. (Karmayogi)

Comment: Intuition is knowledge that comes to one without the need for thought.

Untitled

The greatest thought is one that reconciles all sides of a matter in an intuitive insight.

Untitled

Intuition can bring the solution when nothing is revealed by the mind.

Untitled

Knowledge that comes through Intuition is infallible; and cannot be held back.

Untitled

Intuitivizing a strategy is even better than thinking one through.

Untitled

Intuition is the means by which Mind knows a thing without thinking.

Untitled

In the Mother's consciousness Intuitions of knowledge of what to do or not to do are constantly appearing in our minds.

Untitled

By silencing the mind, we continually connect with the Intuitive zone where we receive the Essence of a knowledge without thought.

Involution

Sat-Chit-Ananda in the Involutionary and Evolutionary Process

Above the plane of Supermind is Sat-Chit-Ananda. It is the source of all creation in the Involution, and the destiny and final step in the Evolution. That is, in the Evolution all other planes are divinized into their Sat-Chit-Ananda equivalents.

What is Sat-Chit-Ananda?

In the Involution it is the first step out of the unknowable, the Supreme. It is Existence, Consciousness, and Bliss. Sat-Chit-Ananda.

In the Involutionary process it is where Being (Sat) takes shape. Ie a Being exists in creation from out of the Unknowable, the Absolute. And because it is self-aware of Itself (Sat), of its Existence, it emanates a Force, a Conscious-force. That Force (Chit) will later involve into Supermind, which will further involve into the Energy of creation which will become Matter.

And because It is aware of Its Being (Sat) and the Conscious-Force (Chit) that it emanates from It, It takes infinite Delight in that fact. That is Ananda/Bliss of Sat-Chit-Ananda.

At the end of the Creation process, beginning with matter, Sat-Chit-Ananda is completely buried, hidden, involved. However, In the Evolution matter/physical, vital/life, and mental emerge, and then through humans the planes of spiritual mind,

culminating in Supermind. And beyond that is Sat-Chit-Ananda. All other planes are divinized as a result

THE INVOLUTION (Descent):

The Supreme
Sat-Chit-Ananda
Supermind
Cosmic Mind
Energy
Matter

THE EVOLUTION (Ascent):

Matter/Physical
Vital/Life
Mental
Spiritual Mind
Supermind
Sat-Chit-Ananda

"Regression" of the Divine

In order for life in the universe, including ourselves to be progressing (the Evolution), the Divine had to "regress" from spirit to mind to dumb energy to first forms of matter at the dawn of time (the Involution). The two are complements of one another; inexorably inter-twined, inter-related.

Untitled

"Something must be eternal for anything to exist."

That's the dynamic behind the Involution; the Creation process, from Spirit to matter. And that's why life on earth is headed toward Divine existence (the Evolution); i.e., for the Eternal Consciousness to re-emerge in the details of life. Evolution is the reversal of the Involution.

Dark Matter, Dark Energy; Involution, Evolution.

There is the possibility that Dark Matter is of the Involution, as it is a contraction, compressing movement that creates matter, galaxies out of nothing; while Dark Energy is of the Evolution of the cosmos, causing the already created objects, universes to fly apart in an accelerating manner.

Involution and Evolution of Divine and Our Soul

Not only has the Divine descended in a process of involution to become matter, losing its Divinity, but so has our soul (psychic being), crossing many births, losing its spirit, taking on the form and role of our surface being.

In both cases, the spirit in all of life and of our own soul must reemerge in its fullness via the evolutionary process through our higher consciousness.

Untitled

The involutory process that made the universe, earth, matter from the divine Spirit, which hid itself to make life possible, is through a reversal going in the other direction, through evolution revealing the Spirit and the infinite possibilities buried inside.

Source Of Separation In Cosmos

According to Sri Aurobindo it's the separation from the Origin [the divine Source] in the Involuntary process that created the Disorder [the falsehood in creation]. And we are here, in the Evolution, to reverse that process. To re-create unity with the Source in the details of our lives.

Comment: Involution is the process by which the divine Source became the universe. Evolution is how life in the universe evolves (through humanity) to reconnect to the Source and embody spirit in the details of our lives.

Involution is the process whereby the Immutable Source becomes a conscious Being, that releases a Conscious Force that involves into Supermind, then to cosmic mind, then to mind then to energy then to atomic existence (matter). Here the universe is born.

Involution is thus the Journey from Spirit to matter, and Evolution is the journey of matter to mind to Spirit.

Involution is a Descent of consciousness/spirit/source to matter). Evolution is an Ascent (of matter to consciousness/spirit/source).

Supermind is a place of being that both facilitates the descent from spirit to matter, and helps us in the Ascent from matter to life to mind to spirit.

In the Involuntary process, life in the universe is born, but it leads to Ignorance and Disorder as the consciousness is lost in the Descent as energy and matter emerge from cosmic mind. With matter there is complete unconsciousness in matter, in atomic existence at the dawn of existence in the universe.

Sri Aurobindo explains all of these realities in great detail in his spiritual opus 'The Life Divine'. He also experienced these planes and processes in his own life, and helped bring down the Suramental Force (the Mother power) into life, which we can open that evokes "instantaneous miraculousness" in the details of our lives.

1. INVOLUTION

Source

v

Conscious Force

v

Supermind

v

Cosmic Mind

v

Mind

v

Energy

v

Matter

2. EVOLUTION

Spirit/Source

^

Supermind

^

Mind

^

Life

^

Matter

The Processes Of Involution & Evolution In Creation

(i.e. how the universe came to be from a Divine source, and where it is headed; based on the teachings of Sri Aurobindo, Karmayogi, Garry Jacobs, Roy Posner)

INVOLUTION (the Descent) -- The Supreme, the Infinite, the Unknowable becomes the Conscious Being (Sat), self-aware of its existence, which thereby emanates a Conscious Force (Chit), which then extends to Supermind to carry out the Creator's intentions, which is to create a universe of conscious beings to make the Divine Attributes (Real Ideas) manifest in the world.

(To that end Supermind, through its Maya power of division, will guide the involutionary, process. It will eventually turn the Knowledge and Will fused in Supermind to mere Will without consciousness in the planes that follow.)

To further the Involution Supermind enables time and space to come into being (so its processes and intentions can become real to future life in the cosmos), and the plane of Mind. It then further divides, leaving only a plane of raw Energy, which further divides still into ultimate detail of individual atomic existence which is Matter.

In these latter processes the Knowledge and Will that are fused in Supermind, lose their Knowledge, their Consciousness, leaving only raw Energy of Will. At the point Matter takes shape, there has zero consciousness, only material matter, awaiting the dawn of the Evolution.

Involution = Conscious Being > Conscious Force > Supermind > Mind > Energy > Matter

Involution is thus a DIVIDING, HIDING process where each plane hides itself in the succeeding plane; as Consciousness is involved, culminating in Matter, where there is complete absence of Consciousness.

We can see the entire process in terms of the degradation/involution/hiding of Conscious Force (Chit), as follows:

Conscious and Force as One (in Chit) > becomes Knowledge and Will as one/fused in Supermind > becomes little Knowledge with Will in Mind > becomes Will alone in energy. becomes complete absence of consciousness in Matter

EVOLUTION (the Ascent): As the Energy further divides into atomic existence, creating Matter in a now-existing universe in the Involutionary process, out of Matter comes the plane of Life, of living things in the Evolutionary process, which further unites to form the plane of mind in sentient beings, which continues the evolution to spiritual Mind, culminating in Supermind and beyond.

Evolution = Energy > Matter > Life > Mind > Spiritual Mind, Supermind > upward

Evolution is a UNITING process, where each planes is incorporated in the next higher plane. Also each plane that emerges has its seed in the previous lower plane.

NOTES:

Infinite Variation -- Sat-Chit-Ananda increasingly hides itself in the Involutionary process so it can divide infinitely and thereby create infinite variations of itself in the forms that emerge in creation, in us.

Unfolding of Real Ideas -- Out of the Being (Sat) of Sat-Chit-Ananda, comes Real Ideas of that which it wants to manifest in life. They are essentially spiritual qualities - including Peace, Harmony, Truth, Knowledge, Love, Delight, Timelessness, and Infinity. Supermind as the agent of Being, divides each of these into triplicities - eg the Knower Knows the Knowledge, or the Love Lives the Beloved. Supermind enables this to occur in a newly formed Space and Time, as part of the Involutionary process.

Supermind -- Supermind has the ultimate knowledge of what is true fused to ultimate capacity to make that knowledge real.

Plane Emerging from Previous Plane -- In the Evolution each plane emerges out of the previous (eg Life out of Matter) due to an inner urge to do so. The inner urge is the involved Conscious Force inside each plane which it carried over from the Involution.

Goal of Real Ideas Manifesting in Creation -- The goal of the individual human in creation is to manifest the spiritual ideals (Real Ideas) within ourselves, each in our unique way. Doing so enables us to experience ultimate Delight (Ananda of Sat-Chit-Ananda)

Mind to Spiritual Mind; Outer to Inner -- As we rise in consciousness (in the Evolution), we move beyond ordinary Mind to Intuitive and Supermind, which has full integral knowledge of any matter, whereas ordinary mind only has a very limited part knowledge. We also move deeper within ourselves, culminating in the Psychic Being, the evolving Soul within, the Spirit within us.

We Become Mini Ishwaras, Creators -- Our ultimate goal is to be like the Ishwara, the Creator aspect of the Being (Sat), and just like it has an intention to create something great. For Being/Ishwara it is to create a universe of infinite variation for us to open to the will of the Divine Shakti, the Divine Mother. This is our purpose in terms of our capacity to accomplish in life. We have the potential to be a Divine Creator in miniature from within ourselves, the psychic being, opening at each step to the Divine Mother, the Submental power in life.

Divine Mother -- The Divine Mother is born in the Conscious Force (Chit) and She carries out Her purpose through the power of the Supermind.

Evolution of Society -- Society emerges in a similar evolutionary manner; beginning with physical oriented individuals bent on survival, out of which emerges a society where groupings interact with one another, to a Mental Age (the current status) where there is a predominance of thought and visions of our future progress.

Strategic Planning as Involuntary Process -- When we engage in Strategic Planning for our organization (or life planning for ourselves, we essentially engage in an Involuntary process - from Vision to Goals to Strategies to particular ways of manifesting the goals within the limits of a particular period of time.

Nature of Reality -- Reality is the All. It is all things beyond and in creation. All planes and processes of the Involution and Evolution, and their integration.

(Roy Posner, August 13, 2020)

Untitled

In the Involuntary descent, the original Conscious-Force became dumb Energy out of which unfolded the material universe.

Joy Delight Fulfillment

Untitled

Individual fulfillment and harmony of purpose are twin goals of creation.

Infinite became Universe for Sheer, Active Delight

Sri Aurobindo tells us that the Infinite and Eternal Absolute did not create the universe. It became the universe, for the sheer delight of self-manifestation, of becoming in Space and Time.

The unmanifest Pure Existence experiences itself as a static bliss. Manifestation adds to that the Self-experience of active Delight.

If we can speak of a goal at all, its goal is to experience the infinite delight of a progressive manifestation in endless Space and eternal Time, in which it is at once the creator, the creation and the act of creating. (MSS)

Untitled

The real Joy should come not from getting what you desire, want, hunger for - whether a car, a house, high grades for a child, more money, more anything, - but from the silence and stillness you experience inside from which happiness and deep fulfillment arises.

Untitled

When we can discover the Joy inside when everything is lost outside, then life will respond and everything will be gained.

Untitled

I ask for a drink from the waters of life, and he [Karmayogi] gives me the rivers and the ocean. (Roy, 2001)

Comment: I did. I wrote this to him back then.

Reader: You mean rivers and oceans of Life?

Response: yes. of wisdom

Untitled

We want things from Mother, but the JOY comes when we Give Ourselves to Mother.

Comment: This is the Sunlit Path.

The continuous joy comes not when we ask Mother to solve a problem, and then after when She does, but when we give ourselves to Her of our free will, expecting nothing in return. Thus we can say that Self-givingness to Mother IS never-ending Joy.

Through self-surrender to Mother we progress from Joy to Greater Joy. Sunlit Path.

A corollary to this is the degree to which we shift from reliance, having trust and faith in Life's conditions to Faith in Mother, Joy grows.

In fact, the very nature of Mother's consciousness is Pure Joy.

Sadness To Joy For The Devotee

-Sadness means we have fallen back in consciousness; into the lower vital/emotional aspect of our being.

-Sadness is a vital sensation that is the result of experiencing something causing unhappiness, such as disappointment, unfulfilled desire, etc.

-Sadness is overcome by going deeper within; or by perceiving its utility; or by not dwelling on the matter; or by calling the Higher Power, the Mother to restore our happiness and joy.

-Sadness can express for the spiritual aspirant just like the average person. Eg if we consecrate 'Thy Will Be Done' and are sad by the outcome, it may indicate we relied our own egoistic will, not Her will, drawing a limited result.

-We can even say that Sadness is insincerity to Mother. That our belief in Her is not matched by our actions. Therefore we became susceptible to the onset of sadness.

-We can thus differentiate between what Mother wants for us, and what we want; between what we Aspire for (which is positive), as opposed to what we want, desire.

-Offer Sadness to Mother. Life will respond. Joy will re-enter our lives.

-There is no sadness in the Psychic Being. Thus arriving at that deepest inner state blocks sadness. In fact, there is only Joy there.

-Also Mother is cheerfulness, optimism, and most of all - Joy. The opposite of sadness.

-Sadness (and even worse Depression) may be supported by other-world negative entities who are trying to extricate the happiness in our feelings. Don't give into it. Offer it to Mother. She will respond.

(paraphrase of Garry Jacobs)

Selfless Givers Of Joy [from a TV Episode]

We can shift from the joy we feel through our actions to the joy others receive and feel through our actions.

In one situation a man and his followers were at first extremely gracious and offered joy and pleasure to their guests. At first it seemed like these givers were selfless in their actions. However, soon after it was discovered that they were more concerned with giving joy than whether the recipients actually Experienced joy

Their giving nature was rooted in ego, not selflessness. Longer term it made all the difference.

In our use of the term "cultured" we mean someone who makes another fully welcome and comfortable when invited in. It is one form of being a selfless giver of joy.

Untitled

Imperfect is the joy not shared by all. -Sri Aurobindo

Karma

Untitled

"One good turn deserves another" is the law of karma, is Life Response, i.e. onset of sudden good fortune, from out of the blue.

Untitled

Without Faith one is subject to Karma and to Nature's laws.

Untitled

Mother dissolves Karma.

Comment: Karma is the subtle effect of the past on the present carried to the future.

The Mother is the power of the supramental plane that overcomes all obstacles whether originated in future or existing in the present.

She overcomes our limited fate contained within Karma, breaking its chains, opening the doorways of infinite possibilities.

Reader: Sir, in what way, karma is different from Life Response? Shall we say "Karma is the accumulation of the past carried forward for Life to respond".

Response: Karma is the baggage from the past carried forward into the present. Life response (in the positive sense) is the phenomenon that cancels karmas by using a method, such as changing an attitude, consecrating or not reacting.

Reader: Thank you...

The best way to invoke The Mother's blessings for dissolving karma is by consecration the past to her?? Or any other method

Response: There are many approaches: eg changing a negative attitude, overcoming a bad habit, taking responsibility, aspiring to change, consecrating a negative quality, consecrating wrong past behaviors, etc. etc. It depends on the person, the conditions, etc. Most important is Sincerity to change. And Intensity of aspiration to change.

Reader: Life brings situations, people, opportunities etc., in sanction with our soul's aspiration. When we align with that consciously/subconsciously, life continues to respond positively to bring greater progress. We could perceive such possibilities life has brought if we reflect our early life.

When the earlier opportunities are missed, but if the soul aspires to grow, it would continue to bring such possibilities again and again through life and that could be perceived as positive or negative, problems or opportunities, depend on the level of consciousness one is in at that time. In the sense that it appears negatively, it can be termed as karma. But, it is a great wisdom and Blessing from The Mother that one could consciously reverse his karma, past acts and so forth by invoking the Spirit and higher spiritual values.

At the same time, if one continues to dwell in ignorance, by unconsciously doing all the things in opposite to soul's aspiration, unaware of further possibilities that has brought by life etc., that would end up in greater karma. Even at that level, the solution lies in invoking the Spirit.

As such the human choice finally determines. In order for the human choice to be positive, align with soul's aspiration etc., one has to grow in knowledge, grow in his consciousness.

In P&P, Darcy was presented with his soul mate in the very beginning of the story. Yet, calling her tolerable, interference in Bingley's marriage, unaware of social forces and so forth resulted in Elizabeth's abuse at the Hunsford proposal which appeared to be

irreversible karma at that moment. But he consciously decided to change afterwards and that resulted in miraculous life response through various courses of events.

Knowledge

Knowledge of the Whole in What We Do

In whatever we do, we should have knowledge of the whole. We should look at all points of view. Knowledge of the whole means the good and bad, the high and low, without judging, without reacting; objectively we should understand where we are. We should not distort things one way or another. (Karmayogi)

Limits of Our Culture to Perceive Reality

We grow up in a particular culture, with its particular nuances, and we think that is Reality. But that is only a tiny segment of reality; a fraction of what is so; of the scope of human existence and possibility - limiting our understanding to a very small slice of Life.

We thereby carry around that limitation in everything we think and do. It limits our attitudes and beliefs. It limits our perspective of the Truth of things.

Still we are happy to exist in that limitation, without much compulsion to break out. As a result, our lives are determined, frozen, fixed. We are shuttered up in our little box, thinking it is the entire world.

Solution? Discover the "Inner Culture" that transcends the outer culture.

Untitled

Without Failing there is no waking up, without Ignorance there is no knowledge, without mistakes there is no learning process. (Priya Mahesh)

Simplicity of Explanation

"If you cannot explain something simply, then you don't know it well enough." (Albert Einstein)

This is my common experience as an instructor! The more integral the understanding and knowledge, the more likely it can come out as a simple pearl of insight that is useful to others.

Untitled

When does information or understanding become knowledge? When it touches life and is confirmed by experience. (Karmayogi)

Untitled

When do we really know something? We must confirm the knowledge in psychological experience by observation and application – review of our lives, experimentation, practice. (MSS)

Greater Knowledge & Accomplishment through Silence/Stillness

-Detachment from thought leads to silent knowing. We know more by silence than by word or thought

-We learn more by Listening rather than talking

-We act more powerfully by Silent Will than overt expression

-We accomplish more by Non-initiative than by ego initiative. Not acting is a better solution. (MSS, paraphrased)

All of these attract onset of good fortune (whether as knowing or achieving) from seemingly out of nowhere. It is “Life Response.”

Untitled

Karmayogi says that the greatest power of Knowledge is Ignorance. I.e. it is the fastest means of bringing Truth about.

Untitled

have to go beyond the THOUGHT of the Knowledge we have been given to the EXPERIENCE of it. That is ten or a hundred times more powerful.

Untitled

We turn knowledge into power through our psychological Experience. (MSS)

Untitled

Sudden interest in a matter for no particular reason indicates that information is passing through the cosmic ether, passed on by others earlier or just now or in future, and one has caught onto it. This is one explanation of Synchronicity experience.

Comment: Information is like invisible radio waves of many different frequencies; corresponding to different knowledges. Our brain is like the receiver that tunes into a particular frequency of information.

Untitled

True “Learning” is an awakening of consciousness: i.e. to become more Aware.

Power of Knowledge of Process of Creation

“According to The Book, one who has the complete knowledge, one who knows the complete process of creation, has the power to manifest the Infinite in life. And when that power manifests, it does not take time. It generates results instantaneously. The

aspiration, the decision, the action and the result are simultaneous and fully integrated with one another..."

(From 'The Book', page 520, by Garry Jacobs)

Untitled

When Knowledge reaches its maximum for us, then the Ignorance becomes a greater power for progress and change.

Having All Perspectives Simultaneously

We only see our own position, perspective relative to the unfolding situation. Yet circumstance demands knowledge of ALL perspectives simultaneously. When we develop universal and then Supramental Consciousness we will have this complete moment-to-moment Knowledge of the Reality.

Untitled

Everything happens on the outside, including the negative, to help you grow. Understanding what that growth is relative to the outer condition is wisdom.

From Spiritual Concept To Usable Product

In order to obtain complete benefit from our knowledge, it has to be transformed into a usable product. Just literacy expression alone won't be enough.

By teaching about electricity discovered by Edison as a principle, students will understand. However, he converted that electricity into electric light which made all to be benefited by it, regardless of whether they understood the principle or not. i.e. the world benefited from his knowledge directly. In order for everyone to be benefited by Sri Aurobindo's principles, the organization which is founded based on HIS principles/knowledge would need to create a product that would be benefited to all. When that happens, the world would embrace Sri Aurobindo instantaneously. It also helps the Supramental Power to manifest in greater dimension in the world.

Computer, bulb, phone, nail polish and so forth are the examples of the product that are used by an individual. It is possible to utilize Process of Creation to make a usable product in the world. The Divine would express through that process. It will spread all over the world immediately.

(Karmayogi, translated from Tamil by Senthil R. Murugan)

Untitled

When you fully acquire the knowledge behind an experience - it's true meaning and purpose - the memory/thought of it never returns.

Untitled

Life is never confusing, out of order; only our perceptions of it are.

Untitled

When you rely on ordinary ways of understanding, Higher Knowledge does not easily come in. Consecration does enable it to happen.

Comment: As long as you are using this limited understanding as the instrument of knowledge, - with its misconceptions, errors, inherent limitations -- the Higher Knowledge, the integral Truth of things won't easily descend into you, if at all. By Consecration you open to that Higher Knowledge and Truth, so long as you don't insist on the lower, ordinary understanding.

That same dynamic is true of the Divine Will, as practiced by "Thy Will Be Done", as opposed to My will be done.

The Mind being still, without thoughts is most helpful for receiving the Higher Knowledge and the Divine Will through Consecration or (further still) Surrender.

Untitled

Intro to Topics by Sri Aurobindo and The Mother Mira Alfassa - Quoting from Roy Posner's books - by Kathy Tremblay

<https://www.youtube.com/watch?v=AnDfn4t3VOW>

Untitled

The knowledge of the way of Life is not even as great as the knowledge of Spirit, yet it is far beyond the knowledge of Science.

Untitled

When you feel that you know nothing, then you are ready to learn. (the Mother)

Untitled

Learn from the past, but don't live in it.

Krishna

In Search Of Krishna

This essay, organized by Roy Posner, tries to answer the questions of Who Krishna is in terms of consciousness beyond and within life, What are His teachings relative to the Divine Reality; How does Sri Aurobindo's Supramental view compare; and How can we make the Supramental Change.

--WHO KRISHNA IS

Krishna of the Gita is the transcendent Godhead, Paramatma, Parabrahma, Purushottama, the cosmic Deity, Master of the universe, Vasudeva who is all, the Immanent in the heart of all creatures,

... and He is the Godhead who was incarnate at Brindavan and Dwarka and Kurukshetra, and who was the guide of my Yoga and with whom I realised identity ...

(paraphrase of Sri Aurobindo)

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--KRISHNA'S OVERMENTAL VS. THE SUPRAMENTAL DESCENT

Krishna is not the Supramental light. The descent of Krishna would mean the descent of the Overmind Godhead preparing, though not itself actually, the descent of Supermind and Ananda. Krishna is the Anandamaya; he supports the evolution through the Overmind leading it towards the Ananda.

(Sri Aurobindo)

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(here are further comments on Sri Aurobindo's above remarks)

'Ananda' is the sanskrit word for the Delight of Being that is innate to the Supreme Divine Nature, 'Satchidananda' as it is called in Indian spirituality.

At the Supramental level (in the Supermind) it is still all part of the same Oneness in all its diversified Aspects.

At the Overmind level where the One starts manifesting Separativeness, each Aspect begins to work on its own as one specific Godhead, although still in an overall harmony with all the other Aspects/Godheads.

Only at the Mental level does the sense of duality and utmost polarization appear, and the struggle between what is seen by the Mental Consciousness as multiple Opposites.

So this Essential Ananda that Krishna manifests as a Godhead on the Overmind Plane is one of the most needed Aspects of our Divine Nature that must be reconquered, on our way from our present mental consciousness as ordinary human beings, to hopefully the Overmental level and then some day the Supramental level. For the gradual transformation of our whole being, and particularly the physical body, this Ananda is one of the most indispensable powers required.

One can see then how important was this deliberate joining of Krishna, as early as 1926, to the intense evolutive work that Sri Aurobindo had been given the task of doing for the Earth.

(Lab of Evolution - Bhaga)

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--KRISHNA'S VIEW OF CONNECTING TO SOUL AND DIVINE REALIZATION

In the Gita, Krishna said that mind does not have the capacity to experience the Purushottama. One has to go behind the heart to the Chaitya Purusha [the soul] from where you can know the Purushottama. Through the heart to the spirit behind the heart, one goes and realizes the Divine as a divine personality.

(Garry Jacobs, from Lectures on Sri Aurobindo's The Life Divine)

—

--THE SUPRAMENTAL PROCESS

Krishna is the Divine Reality come to earth; with all its properties of Being, Soul, Creator, Master of Life. He is the cosmic consciousness, the overmental plane brought down through his incarnation.

Can we compare Krishna's representation and Sri Aurobindo's Vision of the ultimate reality and its place in the Evolution?

We can know the Divine Soul, [which Krishna has incarnated), - which is the Overmental realization, the cosmic consciousness, - by connecting to our own soul. Therein the overmental light would come down and transform our nature and all life. This movement would support the Evolution of life on earth.

Sri Aurobindo said we can go further and make the Supramental change where there is no division, no separation among the planes; only integral Truth and Unity and Knowledge, with added power for instant manifestation as life response result.

According to Sri Aurobindo, we enable this by connecting to our psychic being, our evolving soul within, and there surrendering to the shakti, the divine Mother, the supramental Force, transforming our mental, vital and physical nature; and having the power to be ultimate, infinite-like creators in life; paralleling the action of the Ishwara above (creator aspect of SatChitAnanda, the divine Source) which enabled this universe of forms.

(Roy Posner)

Krishna as Harbinger of Yoga of Divine Transformation

Krishna was the first to show us what normal human consciousness is, and what the Divine Consciousness is that we can evolve toward and embody. Thus, He was the first real advocate of integral yoga; asking us to move from the ordinary to an extraordinary Supreme Consciousness that will enable us to embody the divine Spirit in all aspects of our nature, of our lives, as we journey on the path of evolution and Transformation.

Krishna, Sri Aurobindo, and the Accelerating Evolution

Krishna and what He represents is just one level below Sri Aurobindo. I.e. Overmental vs. Supramental. Universal vs. Truth Consciousness.

Overmental/universal was/is the great foundation of the supramental, but still missing the full integrative truth, plus the instantaneous Transformative twist.

However, the Supramental Force came down in 1956 and the world has changed dramatically ever since. The evolution is speeding up, accelerating, becoming exponential in its change.

The Process of creation itself is also accelerating all around us.

The Force is rapidly Leading the world, the universe forward toward the future.

Will we participate in that Great Possibility?

Untitled

The Knowledge of how you got the result is greater than the result. And the Consciousness behind the Knowledge is greater than the Knowledge. (Karmayogi)

Complete Knowledge Power

The Book says, "Complete knowledge is power to accomplish without negative consequences or side-effects. Such knowledge is unfailing."

RP: When you have complete knowledge, you see things from many angles, perspectives; thus your tendency to make the right decision is elevated enormously, including absence of negative circumstance.

Untitled

Intimations coming in on their own without thinking is an ultimate way of Knowing, and provides a very solid basis for Right Action.

Notes on Mother's Involvement With Gods as Described in Her 'Agenda'

(Over the years I have read Mother's 13-volume Agenda perhaps a half dozen times. Occasionally I have recollections of certain themes there that I thought might be interesting to readers. Here is one.)

--Mother used to rest her head on Krishna's shoulders when she walked at night.

--When Mother spoke to various Gods who appeared to Her in person - eg Durga and others - and asked them about how they feel about people giving them offerings in order to receive boons - She said they indicated that they couldn't care a whit about such things; were totally Indifferent, the opposite what ordinary people believe.

--Mother could not stand the ridiculous Blue color in which Krishna was depicted. He was a dark skinned God man.

--Mother asked several of the Gods to surrender to the Divine Mother. That was one of Mother's comic objectives.

--Mother said the Gods have no capacity to evolve; and no Souls and this could not evolve. (?)

--Being of Overmental capacity (not Supramental Truth Consciousness), individual Gods were in perfect harmony and capacity with that line of consciousness they belonged to; but were not in perfect Harmony with other Gods.

(Sri Aurobindo says that Overmind, though an expression of Universal Consciousness, is the very beginning of division in the Involution.)

Untitled

Krishna in the Gita said all accomplishment is Inner; i.e. you become what you Believe you can become.

Untitled

Mother asked all the Gods to incarnate. Krishna later incarnated into Sri Aurobindo.

Comment: Sri Aurobindo later went further still - beyond the Overmental plane of the Gods - and incarnated the Supramental Truth Consciousness.

Life Death Immortality

Untitled

The power of Life is not from the outside; from out there; from externals. The power of life comes from Inside; from Consciousness within.

Untitled

Through Life, we are awakening to OUR purpose. And through us, Life is awakening to ITS purpose.

Untitled

Life is communicating with us at every moment, through subtle and not so subtle signs, trying to awaken us to something Higher.

Untitled

Life is tempting us to awaken in Consciousness because Life Itself is trying to awaken in consciousness, thereby fulfilling its Universal Purpose.

Untitled

Life, including all our experiences, is Consciousness teasing, tempting us to awaken from the Unconsciousness in our selves.

Untitled

Which one do we want to live: the Little Life (typical, average, mundane); or the Greater, Higher Life? It is our choice.

Untitled

To the degree we focus ourselves on the demands and influences of the society, we are controlled by the society. To the degree we give ourselves to Mother, we gain full control over life.

-When we surrender to the society, we surrender to Life. When we surrender to Mother we gain the power OVER life.

The Little and Greater Life

We are so caught up in the details of ordinary life that we fail to ask the essential questions of Why are we here, and What is our purpose. We need to substitute the ordinary Little Life with the Greater Life of deeper purpose and meaning.

Untitled

When we are ready inside, life brings us the connections we need that will take us to the next level.

Aim of Life is to Manifest Divine; Happiness Follows

Q: Is the aim of life to be happy?

A: That is just putting things topsy-turvy. The aim of human life is to discover the Divine and to manifest it. Naturally, this discovery leads to happiness, but this happiness is a consequence, not an aim in itself. And it is this mistake of taking a mere consequence for the aim of life that has been the cause of most of the miseries afflicting humanity.)

(Mother, from Agenda, March 28, 1970)

Untitled

At every moment life is bringing us what we need for our progress.

Untitled

Life is Change.

Untitled

Life seeks greater Harmony, - it is the Divine intent, - though it often comes about through Disharmony.

Untitled

Often we get overwhelmed by life. This is an indicator and opportunity to densify our relationship with the Divine; by remembering Mother (consecrating) more often - i.e. in the small details of our daily lives.

Untitled

Nature accomplishes through a process of turning contraries into complementaries. It does so slowly and painfully. Supermind, Mother's Consciousness does the same, but quickly, even instantly, without any difficulty; and without any residual negativity for the next round.

Immortality Indicated in the Unconsciousness

The Divine's promise of immortality and Life Divine can be found in the inconscience, the unconsciousness of existence. (paraphrase of Savitri by Sri Aurobindo)

The inconscience is the result of the involution/devolution of the spirit in the creation process of the universe from a divine Source, which was absorbed; the hidden divinity in the inconscience, that will come out fully in the Evolution.

Untitled

Soul gradually awakens to the divine quest for immortality. (MSS)

Untitled

As man becomes more mental, time seems to be moving faster, which may compel us at the cellular, genetic, or similar levels to create an urge of the body toward longer life; even first movements toward immortality.

Means of Immortality Here on Earth

—Christians advocate eternal life in heaven. Sri Aurobindo advocates immortal, divine life here on earth.

—Science advocates immortality through material manipulation of the body, such as through gene changes. Mother and Sri Aurobindo advocate endless life through transformation of the cells through their surrender to the supramental Force.

—The Mother made the preparatory experiments on her body for endless life on earth. By opening Her cells to the Force, She opened the gates for future individuals, generations to become immortal. (i.e. for people to live as long as they wish)

Untitled

Life is a never-ending Workshop to work out our limitations of consciousness on the road to transformation and immortality.

Comment: It occurs across multiple births, though it can be radically sped up within one.

Inner Means of Immortality

Silicon Valley wants to extend our lives to 1000 years. But what good will it be if we don't expand in consciousness the mind, the heart, and the vital being. It would be a tortuous physical existence!

Untitled

Life brings good with the bad. Spirit only the good; actually Great Good.

Untitled

Our goal is to discover the Spirit in Life so we can discover what Life is really meant for; what purpose it serves.

Untitled

Hell is Life without the Spirit; a war of Life between good and bad, happiness and suffering, pleasure and pain. Heaven is Life bathed in the Spirit, with no dark side, only a never-ending, ever-accelerating Great Good unfolding.

Untitled

Life will never give up, it will keep pressing, until it discovers its own Divinity, its own Eternity; its own Infinity. It is we through our Higher Consciousness that makes this possible.

Untitled

Everything that happens to us in life is to awaken the Consciousness within us.

Life Divine

Untitled

A good or great thing coming to us is but a Glimpse of a Divine Life. When the glimpse repeats endlessly, and in endless variation, then the Divine Life is upon us.

Untitled

“Heaven on earth” is not the Life Divine. It’s a mere projection of what we think would be best; not the true, unprecedented positive qualities that would make up that Divine existence, transcending our imagination.

Untitled

An emerging Life Divine can and will progressively solve every major problem in the world.

Methods And Stages Of Creation

Sri Aurobindo, the Indian sage and seer, explained very specifically in his metaphysical opus ‘The Life Divine’ the various stages of how the universe emerged from a Divine source. Science is only beginning to come to grips with these truths. Only when they give up their mechanistic, material-only view will they come to understand the subtle principles of creation, existence, and evolution.

Reading Life Divine And Our Energies

Reading the Life Divine is very powerful. This is just my intuition. When we read the Life Divine all our energies are diverted towards absorbing the contents of the book. So there is no energy left for ego to complain or react or vital to revolt.

Or no energy left to think about the problem as mind will be occupied with trying to understand the ideas in the book. (Sara)

Life Response

Instantaneously Overcoming Any Life Limitation

There is a radical shortcut to overcoming the limits of time, the distance of space, the long-term problems of life, and all sorrow and grief. It is the power of the Force that when evoked instantaneously overcomes these limits. It the miracle of tomorrow available today. It is Sudden Good Fortune through the Supramental Power that awaits our call in any given moment of our day.

Untitled

Whatever your mind focuses on, more of it soon appears, from out of nowhere!

Infinite Speed of Entanglement

Entanglement principal and dynamic allows for instantaneous connection between two objects that are trillions of miles apart. Essentially speed of connection is billions of miles per second (actually faster), whereas science says objects can't travel beyond the speed of Light, 186,000 miles per second. The former is actually how Life Response phenomenon can operate.

Untitled

"Life response is a mathematical formula for what one aspires to."

(from 'The Messages' in 'The Book' by Garry Jacobs)

Mental-Induced Life Response

The Mental is the plane of information and knowledge. It includes our ability to think and reason, to conceptualize things, and to aspire and have intention to have things come about. It is also where our personal values and beliefs reside.

We will see that when we take to certain mental movements, life will respond in kind. That includes having an aspiration to accomplish a goal, an intense will and decision to achieve.

E.g. the moment one individual focused on accomplishing a matter instead of ignoring it, the opportunity suddenly came to him.

Also at the Mental plane resides our cherished values and beliefs.

We have often see that when people take to higher values, such as Honesty or Respecting Others, or Valuing the Customer to know end, life quickly responds.

Untitled

The real measure of what you have discovered Inside is what you experience outside in your life in response.

Greater Knowledge & Accomplishment through Silence/Stillness

-Detachment from thought leads to silent knowing. We know more by silence than by word or thought

-We learn more by Listening rather than talking

-We act more powerfully by Silent Will than overt expression

-We accomplish more by Non-initiative than by ego initiative. Not acting is a better solution. (MSS, paraphrased)

All of these attract onset of good fortune (whether as knowing or achieving) from seemingly out of nowhere. It is "Life Response."

Missing Startling Synchronicities

Life Response and its dozens of forms of synchronicity happen to us many times every day, however we miss THEM, because we are locked into our normal dense human consciousness, which does not perceive such subtleties, unless the event is very dramatic. And even then, 95% will be missed. That is why a new human species with supramental perception and consciousness will come one day, with this vast life response capacity to continually perceive and evoke the miraculous.

Quantum Entanglement and Simultaneous Time

Science has a partial explanation of Life Response. Quantum Theory indicates that two particles on either end of the universe can instantly affect one another. If one shifts on one end of the universe, so will another on the other side.

This is the phenomenon of "Entanglement." This indicates that when we raise our consciousness, something nearby or at a great distance instantly or very quickly responds in the positive.

Now Quantum physics has gone a further step, indicating that a change in the spin of a particle can cause the response of another at great distance over TIME. I.e. cause a spin in the present to affect the second particle in the Future or the Past.

It is essentially Entanglement across past, present, and future. That what I think or feel or do in the present automatically affects future or present circumstance; aligning ourselves with positive developments in both future and present. It also happens in the negative (negative life response).

It is another confirmation of Sri Aurobindo's cosmic concept "Simultaneous Time," which is one aspect of the nature of the Reality we are capable of realizing as we grow in consciousness and move toward becoming Divine-like, Supramental beings.

Untitled

Deep Aspiration, welling up from one's true self, attracts new, unprecedented, unique opportunities to fulfill it.

Untitled

"One good turn deserves another" is the law of karma, is Life Response, i.e. onset of sudden good fortune, from out of the blue.

Untitled

Through Life Response phenomenon one makes ultimate use of time, as what would normally take a lengthy duration happens in an instant, creating ultimate efficiency in life. The same for space.

Don't Stop in the Middle

[in regard to extending a current Life Response result]

Karmayogi says "don't stop in the middle." I.e. for any Life Response outcome, keep drawing from it, by extending the higher consciousness decision, attitude, action that evoked it; whether horizontally along the same lines to draw more response, or vertically to extend to related but different areas and concerns (while maintaining the momentum of the earlier movement).

Untitled

Colloquialism "one good turn deserves another" is indicative of the phenomenon of Life Response.

Untitled

When you are experiencing half dozen or more Life Response or Synchronicity events in the course of your day, it is an indicator that you are well on your way on the Path of personal and spiritual growth and transformation.

Untitled

Every moment life is revealing a subtle, yet complex puzzle. Life Response analysis fits all the pieces together into a whole, revealing the integral Reality.

Untitled

When we experience Life Response in our lives, we are beginning to AWAKEN.

Reader: This reminds me of satguru saying a year back on sivratri "Tonight should not be a night of wakefulness but Awakening".

Response: Spiritually poetic!

Untitled

Quantum Entanglement, - where two objects become intertwined and remain so no matter the distance that grows between them, including across the universe - is the scientific basis of "The Secret" and "Life Response" instantaneous ATTRACTION phenomenon; particularly the Alignment of the two entities aspect.

Musings on Life, Life Response, and Organization

-How can life be constantly responding to me? How can it know what I am thinking and respond to it? Eg I have a bad thought, and the lights suddenly go out. How does Life make this association?

-It is because what we call "Life" is itself really an Organization; an organization of Consciousness.

-What the Westerner calls Life is all the Randomness of existence. It does not see association between our consciousness and the response of Life.

-In the East the organization of life, - including the subtle connections between things, - is better understood;

and therefore more readily acknowledged when it takes place. Even there it is mostly semi-conscious, and more often than not without knowledge of the Subtle principles of Life.

-So again how is it possible that Life is responding to us at every moment? The reasons life can respond to our thoughts, to our attitudes, to our hopes and dreams is that all of Life is organized through subtle connections. It is an infinitely complex Organization that connects us to everyone else, everything else, to every form and force and happening in the world.

Untitled

Quantum Entanglement - i.e. Non-local Connection - is science's explanation of 'Life Response' phenomenon.

Untitled

Wherever you intensely focus your mind, more of it will soon arrive from out of nowhere.

Untitled

When you do & complete an important right thing in your life, you will instantly attract a wave of additional positive supporting conditions.

Untitled

There is often a very particular inner or outer threshold we have to cross before Life will Respond.

Untitled

The fact that life responds instantaneously from any and all quarters tells us that Life is organized; is a cosmic Organization.

Untitled

When your Aspiration for something reaches a saturation point of utter joyfulness, life quickly responds in that interest area.

Comment: Example: A man had learned a powerful software program. He hoped to offer development services using the program for an emerging great institution. He saw potential great benefit to the organization.

When he arrived back home he saw an email which asked him to instruct in that program on an ongoing basis for a local training company. It would be the first of such training in his career! The joyful aspiration to offer that program to the first institution attracted a wonderful training opportunity from the training organization.

Untitled

There is a life response dynamic and spiritual truth behind the famous saying that “one good turn deserves another.”

Comment: Eg If someone finds an error in your work that is beneficial to you, you may soon find an error in their work that is beneficial to them.

A recent example: A man created a Facebook post for a new initiative. When he showed the post to a friend, the woman noted an error in the date mentioned. And so he made the change, and was grateful to her for her suggestion. (She did a good deed!). A few minutes later the man went to the woman's site and saw a serious error on two of her new posts that were misleading. She quickly changed it, and was grateful to him for seeing and reporting the error.

Daily Checklist

These evoke positive response from life!

Consecrate Every Act

Consecrate Every Problem

Consecrate Every Opportunity

Maintain Connection with Inner Being

Express Gratitude instead of Complaint

Aim for Perfect Work

Think of, & Apply Your Personal Values

Silence the Mind; Practice Silent Will

Catch a Negative Attitude

Go the Extra Mile

Never React to Others' Intensities

Choose Always in the Right Direction

Never Blame Others

Take Personal Responsibility
Think of Mother Every 15 minutes
Practice Cleanliness & Orderliness
Remain Cheerful & Optimistic
Give Up an Outworn Habit
Be Truthful in Everything You Say & Do
Practice Selflessness & Self-Givingness

Life Response & Spirituality

-Many people have experienced the Spirit in their lives. However, they have rarely if ever seen it in terms of a Response from life.

-The phenomenon of "Life Response" is not there in traditional yoga or spiritual experience because the goal is those is not about altering life.

-Life response is thus not a method for validation of the spirit. The Spirit needs no validation. We can always experience the Divine, the Mother, the Spirit as light and love and energy and delight

-The reason Life Response is important for us is that the goal is not just inner, subjective spiritual experience. Rather the goal is to Transform Life.

-The value of Life Response is not to prove that the Spirit exists but to be a means to Transform it.

-And therefore Spirit is perceived and experienced as the ultimate power to make life respond.

Untitled

Mother dissolves Karma.

Comment: Karma is the subtle effect of the past on the present carried to the future.

The Mother is the power of the supramental plane that overcomes all obstacles whether originated in future or existing in the present.

She overcomes our limited fate contained within Karma, breaking its chains, opening the doorways of infinite possibilities.

Reader: Sir, in what way, karma is different from Life Response? Shall we say "Karma is the accumulation of the past carried forward for Life to respond".

Response: Karma is the baggage from the past carried forward into the present. Life response (in the positive sense) is the phenomenon that cancels karmas by using a method, such as changing an attitude, consecrating or not reacting.

Reader: Thank you...

The best way to invoke The Mother's blessings for dissolving karma is by consecration the past to her?? Or any other method

Response: There are many approaches: eg changing a negative attitude, overcoming a bad habit, taking responsibility, aspiring to change, consecrating a negative quality,

consecrating wrong past behaviors, etc. etc. It depends on the person, the conditions, etc. Most important is Sincerity to change. And Intensity of aspiration to change.

Reader: Life brings situations, people, opportunities etc., in sanction with our soul's aspiration. When we align with that consciously/subconsciously, life continues to respond positively to bring greater progress. We could perceive such possibilities life has brought if we reflect our early life.

When the earlier opportunities are missed, but if the soul aspires to grow, it would continue to bring such possibilities again and again through life and that could be perceived as positive or negative, problems or opportunities, depend on the level of consciousness one is in at that time. In the sense that it appears negatively, it can be termed as karma. But, it is a great wisdom and Blessing from The Mother that one could consciously reverse his karma, past acts and so forth by invoking the Spirit and higher spiritual values.

At the same time, if one continues to dwell in ignorance, by unconsciously doing all the things in opposite to soul's aspiration, unaware of further possibilities that has brought by life etc., that would end up in greater karma. Even at that level, the solution lies in invoking the Spirit.

As such the human choice finally determines. In order for the human choice to be positive, align with soul's aspiration etc., one has to grow in knowledge, grow in his consciousness.

In P&P, Darcy was presented with his soul mate in the very beginning of the story. Yet, calling her tolerable, interference in Bingley's marriage, unaware of social forces and so forth resulted in Elizabeth's abuse at the Hunsford proposal which appeared to be irreversible karma at that moment. But he consciously decided to change afterwards and that resulted in miraculous life response through various courses of events.

Spiritual Methods That Evoke Sudden Good Fortune (Life Response)

Consecrate an upcoming activity by offering it to the Divine, to the Mother.

Consecrate a Problem you are currently having.

Consecrate a Negative behavior you engaged in in the past.

Have Deep Faith that Mother will set right all conditions.

Avoid speaking out a thought. Hold it in, and other will speak it out shortly thereafter (Silent Will).

Avoid initiating. Await on Life's or the Divine's initiative, and act as necessary.

Don't React to the intensities of others. Be still and equal in temperament.

Take Responsibility for problems caused by others (It is "Consciousness Responsibility").

Take to utter Silence when outer conditions are confusing or overly intense.

Don't Blame others for their actions. Be silent.

Don't Complain about others. Withdraw expression.. Better yet discover the corresponding dark element in yourself and change that.

Shift from untruth to Truth and being forthcoming, transparent.

Move your center of Consciousness from the surface to a deeper poise within.

Identify, halt any Ego movement. Better yet offer it to the Divine, to the Mother.

Overcome difficult hurdles in your life by consecrating that problem Every Hour until it dissipates.

Feel Gratitude for any incoming benefit. Feel gratitude instead of bother toward another person. Feel gratitude about your overall condition in life; towards one's family, community, etc.

Shift from conflict to disharmony to Harmony with others.

Take the other persons point of view instead of insisting on your own.

Get in touch with your Soul and then expand that by feeling the Soul of another, others.

Shift to optimism, to being positive, especially during challenging times.

Feel Goodwill towards others you are in contact with. Well up and send others goodwill through the ethereal realm.

Feel Joy in another's joy, such as their good news or success.

Shift from self-centeredness, egotism to Humility.

Be Self-giving toward others. Give them greater attention; go the extra mile.

Shift from indifference to concern for another's plight. I.e. express Compassion.

Try to Perfect any work you are engaged in.

Don't stop in the middle after a positive response. Keep doing those things to take it further.

Go within and from there express your true spiritual Individuality.

Deeply, intensely Aspire for something profound in your life.

If another person is having a problem direct the Mother's Force toward them.

Take to Values (i.e. spiritual skills) in your personal and work life.

Surrender your purpose, your whole life and being to the higher power, the divine, the Mother. (Surrender)

(Roy Posner)

Prime Mover Of A Life Response

-When life response occurs we can trace back several factors that precipitated it. And yet there will be one main cause, the Prime Mover.

-To discover the prime mover, examine all the causes that precipitated the response and discover the one that really stands out. That is the prime mover.

-In Pride and Prejudice Darcy had a number of wrong attitudes, opinions, and beliefs at the outset of the story that evoked his rejection by Lizzy, but his saying Lizzy was "tolerable" was the Prime Mover that centrally evoked the response.

-In a real-life situation a woman visualized the possibility of getting a job, made the firm decision to seek it out, and maintained a positive attitude to get it. But the Prime Mover that unexpectedly attracted the work was her Waking Faith in Mother.

-Thus we see that Prime Mover can be positive or negative, evoking a corresponding pos or neg life response back to us.

-The Prime Mover contains the greatest subtle force to disturb the equilibrium of energies, which is then restored through the corresponding response from life.

(Roy Posner)

Reader: Thank you Sir.

Prime mover and the principle "Initial events indicate the final outcome" are they one and the same?

Darcy had expressed "Tolerable" physically on the surface. It came out of his strong opinion of seeing Elizabeth and others as middle class inferior people. It originated with mind, vitally felt by seeing them in Meryton dance and physically expressed on the surface became the Prime mover. The reverse is Transformation and indeed he went to that level to reverse his act of prime mover.

Response: very good analysis. it could almost be construed as a Complete Act negatively, reversed through a Complete Act positively.

Three Ways Of Looking At Life Response

There are three central ways we can look at Life Response. There is (1) the incident itself; there are (2) the truths of life that underlie it; and there are (3) the strategies or methods that make it happen. Under each of these we can make a list.

Eg I cleaned my refrigerator which was filthy after long neglect and suddenly attracted a friend who had been away for six months. This is (1) the actual incident. The truth of life is (2) that taking to higher levels of consciousness evoke response; including improving the physical dimension of life. The (3) strategy or method that evoked the response is the life response evoking power of higher levels of Cleanliness and Orderliness.

Comment: We could also add a 4th aspect to our ways of looking at Life Response: the level of awareness we had when this all occurred. Eg from one end, this happened subconscious to our awareness of the fact, all the way to the other extreme we were very conscious in what we were doing at the time in evoking the response.

Untitled

Karmayogi indicated that ALL life is Life Response. (there is nothing that isn't)

Untitled

Life Response is the most profound and powerful phenomenon in the universe, yet hardly one in a thousand perceive it.

Little Life Greater Life

Effect of Little Life

The greatest problem with living the “Little Life” – with its small desires and sensations, its petty needs and ambitions, its dumb repeating habits, its questionable attitudes and values – is that it prevents us from living the Greater Life.

The Little and Greater Life

We are so caught up in the details of ordinary life that we fail to ask the essential questions of Why are we here, and What is our purpose. We need to substitute the ordinary Little Life with the Greater Life of deeper purpose and meaning.

Gossip, Rumor, Etc. and the Little Life

Gossip, rumor, and interest in scandal are the of the consciousness of the “little life.” The worse the news, the greater the intensity for us, and therefore the more we enjoy it. It is shameless and without dignity.

Untitled

Everything in the “little life” is offering us an opportunity for progress. We can bring our higher consciousness to bear in the smallest, most insignificant details to make it an occasion for personal and spiritual growth.

Living A Greater Life Than You Were Told By Society To Live

When you grow up, you tend to get told that the world is the way it is. Your life is to live your life inside the world, to try not to bash into the walls too much: Try to have a nice family life, have fun, save a little money... but that's a very limited life.

Life can be much broader once you discover one simple fact: Everything around you that you call "life" was made up by people that were no smarter than you -- and you can change it.

You can influence it... the minute you understand that you can change it, that you can mold it, that's maybe the most important thing. To shake off this erroneous notion that life is there and you're just going to live in it -- versus embrace it, change it, improve it... and make your mark upon it.

(Steve Jobs)

Untitled

There is a deeper seeing from within

A greater vision meets us on the heights

In the luminous wideness of the spirit's gaze.

At last there wakes in us a witness Soul

Then all assumes a new and marvellous face:

(from Savitri by Sri Aurobindo)

It's not that the Little Life is simply discarded and replaced by the Higher Life, but rather the Little Life is transformed and thereby BECOMES the Higher Life.

Untitled

Which one do we want to live: the Little Life (typical, average, mundane); or the Greater, Higher Life? It is our choice.

Untitled

... as long as you want to remain shut in your little person, you are nothing, while if you abdicate that little person, you become everything. (Mother, from Agenda, August 2, 1967)

Untitled

We are fixed in our little minds, little self, rather than our greater Minds & greater Self, where we perceive all that needs to be known at any moment.

Love Romance

Love, Issuing from Our Depths, Seeks Fulfillment, Completeness

“...Love is a seeking for fulfillment and completeness. It is a universal aspiration shared by all human beings. It need not necessarily be formulated as a thought or a conscious goal. It may act subconsciously, even when we are consciously pursuing other goals, but its power arises from the fact that it issues from the depths and center of our being...”

(From ‘The Book’ by Garry Jacobs, page 256)

Untitled

True love is greater than attachment, in that the connection of giving is unconditional. As a result, there are never disappointments; only joy.

Untitled

The aim of romance is a self-existent joy in ever-increasing intensity seeking to become infinite. (MSS)

True Love

Most of what people call Love implies reciprocity, i.e. not only giving, but expectation of receiving affection or something else in return. True Love lies beyond this. It is unconditional. The only thing one expects is to give.

Untitled

To be One with another person is True Love.

Untitled

People think Romance is only about Love. Actually its equally about one's own personal change; our capacity to rise above one's limited perspective in the relationship; our ability to change our consciousness relative to our partner.

Untitled

In Romantic relationships we are afforded the opportunity to break through divisions and contradictions with our partner, and discover the corresponding Harmony and Complementarity.

Untitled

True Love always gives; never takes.

Untitled

True Love is completely accepting the person for who they are; not trying to change them to what you want them to be.

Untitled

True Romance is living for the happiness of the partner; not what I get out of it.

Untitled

True Love is completely accepting the person for who they are; not trying to change them to what you want them to be.

Moral Of 'Pride And Prejudice'

If Mr. Darcy and Lizzy can both change from whom they were to whom they became, - a great progress in their level of awareness and consciousness - then anyone can do the same in their own lives, inviting enormous positive results - such as deep, abiding romantic love, and other forms of great success.

Untitled

Act as cordially with your spouse as you would with a work colleague you respect. Romance will flourish.

Matter

Untitled

Sri Aurobindo resolves the apparent contradiction between Matter and Spirit by indicating they are two views of the same Reality.

Untitled

Matter and Life are Divine, (since they are emanations, formations of the Supreme), but they do not know or express their Divinity.

Comment: That Divinity needs to awaken in us, and in the cosmos around us (in life, in society, in institutions, et al). We, they need to break through the obstinate forms and forces to a higher consciousness (in business, education, economics, etc.) That begins to occur when we as individuals move our center of consciousness deeper within and call the Force, the Divine Mother into the circumstance of Life. The Divinity (i.e , the Conscious-Force) locked deep within things, institutions, us, comes out, emerges on the surface of life.

Untitled

Behind the material, the surface view of things, there is a Consciousness that is also a Force, that influences & directs Life, that is One and Eternal.

Mind

Untitled

The outer, surface mind can no longer handle the ever-increasing intensities and exigencies of life. An Inner Mind that is still, yet open, that silently observes the world, is the means by which we can address and resolve the increasingly complex issues of the world.

Untitled

Whatever your mind focuses on, more of it soon appears, from out of nowhere!

Untitled

Thinking Mind is very helpful, but it can also get in the way. Not thinking can then intuit the result.

Untitled

The movement of consciousness exceeds the speed of the thinking Mind. (Karmayogi)

Irrationality to Rationality to Intuition

Irrationality is increasingly being left behind. Yet, rational thinking, though certainly preferable, is itself becoming the status quo. Replacing it is Intuition of knowledge without thought, with its vast capacity to instantaneously evoke the Breakthrough New.

New Mental Orientation When Stationed in Psychic

In the Evolution we shift from mind to the psychic being within, behind the heart. As a result, mind moves from mental churning to its spirit equivalent; where we have regular experiences of intuition, illumination, and then universal and supramental perception (truth consciousness).

Mental-Induced Life Response

The Mental is the plane of information and knowledge. It includes our ability to think and reason, to conceptualize things, and to aspire and have intention to have things come about. It is also where our personal values and beliefs reside.

We will see that when we take to certain mental movements, life will respond in kind. That includes having an aspiration to accomplish a goal, an intense will and decision to achieve.

E.g. the moment one individual focused on accomplishing a matter instead of ignoring it, the opportunity suddenly came to him.

Also at the Mental plane resides our cherished values and beliefs.

We have often see that when people take to higher values, such as Honesty or Respecting Others, or Valuing the Customer to know end, life quickly responds.

Untitled

Mind does not know the future, or truly understand the past. However, Supermind does.

Untitled

When Mind refuses to accept the truth, Nature creates situations of emotional distress and even physical suffering to prove its point.

Untitled

Mind as we know it no longer exists in the experience of Supramental Perception. A new formation, instrument of cognition is enabled. Sri Aurobindo called it Supermind.

Untitled

As man becomes more mental, time seems to be moving faster, which may compel us at the cellular, genetic, or similar levels to create an urge of the body toward longer life; even first movements toward immortality.

Going Beyond Mind

The Mind, in its rigidity, lacks the flexibility of Insight that the Spirit in the Mind possesses. Thus it is infinitely less capable of knowing the integral truth of things unfolding at every moment. Shifting from activity to mental silence enables the mind to move toward the spirit, and therefore more perceptive, insightful, dynamic.

From Current Horrible Action of Mind to Its Greater Role as Instrument of Manifestation

But you know, I see more and more how horrible the mind's action in life is. Of course, in the long run, at the end of the curve, the mind will bring a precision and accuracy that didn't exist without it, but men come to regard that precision and accuracy as the truth, and that has spoilt everything. When it becomes nothing more than an INSTRUMENT of manifestation, it will be very useful. But for the moment it's still ... I am beginning to see in small details how its action is to add something to the manifestation, but in its daily labor it's horrible.

(The Mother, from Agenda, October 25, 1967)

Head vs. Mind

.. we can envision the whole WORLD and the whole of history in our minds which are centered in our tiny heads. How is it possible? The ideas and mind are in one plane which is not confined to the physical while the head is in another. (Garry Jacobs)

Why We Ignore, Doubt the Facts

The mind doesn't follow the facts. Facts, as John Adams put it, are stubborn things, but our minds are even more stubborn. Doubt isn't always resolved in the face of facts for even the most enlightened among us, however credible and convincing those facts might be.

As a result of the well-documented confirmation bias, we tend to undervalue evidence that contradicts our beliefs and overvalue evidence that confirms them. We filter out inconvenient truths and arguments on the opposing side. As a result, our opinions solidify, and it becomes increasingly harder to disrupt established patterns of thinking.

We believe in alternative facts if they support our pre-existing beliefs.

(Ozan Varol)

Intellectuality Fails as Partial Knowledge

A mental culture [as in the West] prides itself on its intellectuality. That capacity helps to liberate mind from the limitations of superficial sense impressions. The achievements of the last few centuries have been primarily those of the intellect. But when any truth or power is followed in the extreme, it inevitably turns into its very opposite. Intellectual knowledge is always based on a set of explicit or implicit assumptions. There are always issues that fall outside the pale of assumptions. Often the limitation of initial premises is forgotten and a partial truth is applied outside its field of validity. The extreme doctrines of state communism and neoliberalism are examples of the excessive application of partial truths as if they were universally valid. (N. Asokan, MSS)

Untitled

Mind seeks and struggles to know. In Spirit, knowledge comes to mind spontaneously without thought.

Untitled

By quieting the mind one can more readily perceive the Source of creation.

Untitled

When the Mind moves from its logical, rational moorings to its Cosmic capacities, it gains a fantastic power to alter individual and collective reality.

Untitled

Strong minds discuss ideas, average minds discuss events, weak minds discuss people. (Socrates)

Comment: I would add that the true spiritual personality perceives the integral relationships among all three.

Untitled

Mind is capable of seeing things from another's point of view. Silent mind more frequently, more easily does the same, thereby is capable of perceiving the integral truth of things.

Untitled

The mind is focused on outer conditions; the Spirit on the Inner.

Untitled

The Mind dividing Reality is the whole source of the Ignorance.

(Sri Aurobindo)

Comment: Mind's dividing capacity is the only way it knows; while simultaneously being the source of its error, ignorance, and falsehood.

Untitled

Wherever you intensely focus your mind, more of it will soon arrive from out of nowhere.

Untitled

Mind knows one or a few aspects, possibilities of a matter; whereas Supermind knows ALL; including the where, when, and how.

Untitled

Imagination is the Spiritual Essence of Planning. (Karmayogi)

Comment: In a strategic plan one envisions a future for the organization and then develop and implement strategies to make it happen. The mind can handle these very well, except when it comes to Visions of what is possible. Then rational mind must step aside and let Silence (ie Silent Mind) enter, allowing illuminations of possibility to fill up one's thought processes. It is as if one were able to reach into some unknown future, imagine it in the mind's eye,, and realize that yes we can make that happen. Then the team fleshes out the details of how the organization's material and people resources will fulfill that aim.

We can fathom increasing powers of Vision through these ascending powers of mind:

Mind < [is less than] Silent Mind < Illumined Mind < Intuitive Mind < Supermind (including its Force).

Supermind can actually bring the entire realization of the vision as materially real in an instant; rather than weeks, months, and years.

Untitled

We live within the dome of our mind, instead of the dome of the transcendent Divine.

Untitled

Ordinary Mind is uninterested in Truth, rambling along in endless commentary. It can only know Truth when it is quiet and transparent.

Comment: By "Truth" I am not referring to being truthful, but of knowing the integral Truth of any condition or situation. Mind can perceive one or a few truths of any situation, rejecting outright or not being concerned with or being oblivious to all others. That is the basis of man's Ignorance. However, from a Silent Mind one can begin to sense the many-sided truth of any situation, circumstance, event, unfolding, etc. It thus becomes a more solid foundation for understanding the true nature of the unfolding.

Mind And Truth

.. the mind is incapable of seeing the truth and it judges according to its own limited capacity – not only limited but unconscious of the truth ..

(the Mother, from Agenda, September 25, 1968)

Untitled

Mind it is an extremely limited, restricted peephole into perceiving Reality.

Comment: At any moment there are hundreds of truths surrounding what you are going through. Mind sees but a few, maybe even just one, and even that may be a false belief!

As we go beyond mind too spiritual mind above (eg intuitions), and subliminal mind (near soul) within we come in contact with many truths and the essence of things at any given moment.

This supermind is our evolutionary destiny to become.

Now 99.99% of the people are stuck in the peephole of limited mind. Thus we are steeped in the Ignorance born of creation. The opposite is Integral Knowledge, which is one object of attainment in Sri Aurobindo's yoga.

Through spiritual transformation we open to these regions of cosmic mind, and attain degrees of moment to moment Integral Knowledge.

Reader: can we just practice Consecration to reach the next level of mind?

Response: Yes constant consecrating of the activities of our daily life will deepen the consciousness and open mind into its wider, spiritual capacities. Silencing thought, taking the other person's viewpoint also widen mind to its spiritual equivalent, enabling eg sudden Intuitions of insight without the need for thought. Ultimate is Supramental perception.

Untitled

In Supermind we are in complete Identity, oneness with the object of our focus, revealing its integral Truth.

Comment: -In ordinary Mind we experience an infinitesimal fraction of that.

-Thus Mind needs to evolve to its higher forms -- to silent mind, to illumined mind, to intuitive mind, culminating in Supermind. That will enable us to have a vast moment to moment insight and knowledge on any matter, far beyond what ordinary, even rational mind can now produce, thereby dramatically advancing human evolution.

For this to occur it will require a core set of individuals to go through a process of human transformation. That occurs by opening to Her Force and other methods (like going within, inner silence, taking other person's point of view, etc.)

Untitled

Every negative in life can be overcome if we go beyond the limited perceptions of Mind to the Infinite powers of Spirit.

Untitled

Mind stifles possibilities, perceiving very few. Spirit reveals them endlessly.

Untitled

Stop believing through the mind. Instead focus your belief in Spirit.

Comment: Results will be from a much wider range of possibilities; be of a vastly higher quality; occur much more quickly, be far longer-lasting, etc.

Using Mind For Growth (Beyond Knowledge)

We need to develop our consciousness, not just use mind as a vehicle of ordinary knowledge. Each person has a path for personal and spiritual growth, and mind should be used for developing them.

Untitled

The brain and the mind are two different things. Brain is like a physical radio receiver. Mind is like the signal with knowledge information coming through. And there are various planes of mind that ascend enabling greater, truer, more integral knowledge.

Miscellaneous

Untitled

Sri Aurobindo used to say: it is woman that can build a bridge between the old world and the supramental world. (the Mother)

Untitled

When you exhaust a thing, fresh supplies come -- maximum utilization. (Karmayogi)

Untitled

There is no such thing as a hopeless case. It is only hopeless when we give up Hope.

Influences on Who You Are

The influences of who you are, including your disposition and purpose are

- Your genetic inheritance
- Your family upbringing
- The social, societal influence around you
- The circumstance you go through
- Your soul's purpose and influence
- The karmic influence of past lives
- Your purpose in the comic scheme of things.

Untitled

Only when a force of opposing truth is Physically felt by them will a selfish person yield.

Untitled

When the outer form loses touch with the inner Inspiration, it begins to die. We see that in companies, religions, and ourselves.

Terms Worth Knowing

LIFE RESPONSE

CONSECRATION

PSYCHIC BEING

INVOLUTION, EVOLUTION

THE MOTHER

SUPRAMENTAL

Terms Worth Knowing

LIFE RESPONSE – The experience of sudden good fortune that comes as a result of an elevation of consciousness

CONSECRATION – The act of opening to the spiritual Force, the Mother to infuse it with higher consciousness, evoking startling positive results

PSYCHIC BEING – The evolving soul within, that is our inlet of the Divine, and the basis of our evolution here on earth

INVOLUTION, EVOLUTION – The methods by which the universe emerged from a Divine Source, and the evolution of all forms in creation

THE MOTHER – The instrument of the Divine Shakti on earth; the distributor of the supramental Force in creation

SUPRAMENTAL – The plane of being that enabled the universe to emerge from a Divine Source. The Force of the Divine Mother that leads to truth & perfection

Expressions Worth Knowing

Global Governance – The governing of the earth from a higher level with full inputs upward from all levels below it.

Human Unity – The embracing of all other peoples, cultures, ideas, making them a part of an integral understanding and unfolding of life.

Human Evolution – The change in consciousness of humanity from a lower state to a higher one.

Supramental Individual – An ultimately evolved being who has reached its greatest possibility & potential, with Spirit at the center of life.

Divine Life in Earth – The ultimate evolutionary stage of humanity, embracing an integral, Divine state of social existence, all unified by the Spirit.

The Reality; the All – All things in and above creation, including the Divine and the universe, with everything in an integral relationship.

Spiritual Protection From Adverse Forces

When we think of protection we think of physical protection; from accidents and things like that.

But the protection Mother was speaking about was the protection from all negative forces that come when the consciousness rises; which come to distract us. That's why She says the only protection is complete Sincerity, complete Faith, and complete Devotion. That means protection against anything. That means absolute protection.

And there is an Inner and an Outer aspect to that.

The Inner part is that there should be nothing in us that invites accident or disturbance – including anger, ill-will, jealousy. Negativity of any type makes us weak. Any disturbance inside makes our protection, our subtle sheath weak, for anything to come in and disturb us. Any uncontrollable desire, any impulses, physical impulses, are associated with accidents.

At the same time Outwardly, the lack of harmony in the environment, any troubling relations with other people, anything that brings down the harmony brings down the protection.

Protection then depends on our faith, our devotion, our purity, our sincerity our detachment, on not asserting and drumming up problems. And it also depends on the environment, how clean it is, how peaceful it is. Etc.

Problems coming, accidents coming is a normal thing in life, because we are unprotected in normal human existence. What we want to do is build up the atmosphere to a higher consciousness in ourselves and in our surroundings; and in our mind, our vital, our physical at all levels; and constantly calling Mother, consecrating to Mother; i.e. all of the things we have discussed.

Not reacting. Reaction of any type is an invitation to trouble. Fear is an invitation too. The more positive we are in our consciousness, the more the protection. The more positive our relationships are, the cleaner the environment is. Etc.

Everything is part of an effort to build up a positive atmosphere inside and outside. That is the surest Protection.

(Garry Jacobs)

Comment: Garry later adds that complete Surrender (to the Divine, to Mother) is the ultimate protection.

Untitled

A new mantra for ourselves is "Get out of the Way". (enabling Mother to act).

Comment: I.e. everything (in our being) can get out of the way - what we think, what we want, the urges we have, the initiatives we want to instigate, etc., That creates the best conditions for Mother to act.

Untitled

We need to be as flexible and patient as the situation demands.

Preventing Illness Through True Spiritual Individuality

Illness can spread like a contagion, such as bacteria-based sickness.

Illness can spread when we respond like sheep, believing in the inevitability of it coming to us. Our herd-based opinions draw the illness in.

Illness spreads because our lower nature takes on the fear we feel on the surface, supported by others, causing illness to come in.

It is known truth that when we fear, we attract the object of our fear.

Interestingly even physical things are “contagious”, not just bacteria. Eg a dignitary had back pain and another person sympathized with him. Suddenly the second person who has no history of back pain had the pain! Then his partner also got the pain as he remembers his father’s excruciating backpain over the course of many years due to an accident. It's a true story.

How illness comes on and spreads or otherwise comes to others is only understood superficially by doctors.

There are other unusual examples: The consciousness of a person you know becomes negative such as through anger, and suddenly through the ether you experience a corresponding pain. Similarly, a person’s ill-will towards you often manifests as pain, even if they are a long distance apart.

Then what is the solution to avoid illness; contagious or otherwise?

The way we blindly react to the illness's spread, following the herd view, indicates that we need to become True Individuals, thinking and acting for ourselves. Not being influenced by those around us; not accepting the outside vibrations, but following the deepest perceptions of our being.

We should develop our own atmosphere of calm, quiet, and luminosity. Over time we can also develop a conscious inner being. Then an outside illness cannot touch us. Then it cannot penetrate the subtle sheath that surrounds and protects us, as Sri Aurobindo described.

We must thereby think for ourselves, open to the Light, become true, spiritual Individuals. and illness will not come to us or sustain very long - for ourselves, and universally for others.

(paraphrase of Garry Jacobs; Roy Posner)

Untitled

Please view the Comment(s) under many posts that further explains the post. Thanks!

Untitled

Let me follow You, and not let my limited consciousness get in the way.

Untitled

Almost everything in the world now is an Anachronism compared to how things will one day be.

Miraculous

Untitled

Only a road paved with Miracles can take us to our destination.

Untitled

Sole reliance on Mother is Astonishing Life.

Motive Attracts Accordingly

What we discover of another person is not necessarily what they are, but a reflection of what our motive is in life. Eg if I want to discredit another person, we will attract things that trouble us from that other individual. Example: Caroline Bingley's constant berating of Lizzy in Pride and Prejudice attracts to Caroline what she doesn't want (i.e. Lizzy's further connection to Darcy).

Money Prosperity

Psychological Strength in Money Matters

When you shift from weakness to psychological strength, even risking things a bit, but having faith in the Higher Power, life quickly works in your favor.

A client was long past due for paying an instructor. The instructor was hesitant to take legal action, since he had good relations with the client. However, without saying so directly he said he might have to "take things to the next level."

Within a few days the client more than eagerly agreed pay off on a substantial portion of the account.

(It was also a demonstration of the important of collecting all monies due to you, which, like paying off all funds you owe others as soon as possible, is a methods of evoking positive conditions in relation to money.)

Untitled

The wealth of the earth must be used for the transformation of the earth. (the Mother, from Agenda)

Untitled

Each devotee can aspire to make \$100,000/100 Lak per year, and accomplish that goal through Mother's /Appa's methods. Not for the sake of the Ego, but for an Adventure of Consciousness and Joy. For deep personal and spiritual growth.

Untitled

We should try to earn a 100 crore or more. Not just for our own sale, but for the world. I.e. to help bring society forward in consciousness through best utilization of these funds. It is part of our universal mission on earth, beyond our Individual quest.

Untitled

Material well-being and prosperity is the solid foundation for personal and spiritual growth, development, and transformation.

Untitled

Money is mostly in the hands of asuric (dark) forces. Therefore, we must, through our higher consciousness, win money back for the Divine Intention and Purpose.

Zero, Infinity, and the Process of Self-Multiplication of Money

Prof. Stearne's comments from The Book:

"...The breakthrough concept in The Book is just that—the concept of infinity. That is where The Book departs from all known philosophies. That is the source of its enormous power. According to The Book, zero and infinity are practically related to one another, the one gives rise to the other. Or to put it another way, zero represents the unmanifest infinite and infinity represents the manifest zero. According to this view, it is both theoretically and practically possible to manifest anything infinitely, including money.

The central purpose of The Book is not to present a philosophy. It is to present a practical knowledge, a formula, by which the Infinite can be made to emerge out of the finite. That is what The Book means by the process of self-multiplication..."

(From 'The Book' by Garry Jacobs, page 408)

Comment: Yes, when the Infinite Source Consciousness is brought to bear, anything can break out into Infinity, including money.

Rich and Poor

Developing increasing universal consciousness would enable the poor to understand the conscious rich and the ways to become prosperous; and help the rich understand the issues of the poor and aid in their way out of their condition. It is the basis of an integral view of the way forward.

Mother's Absence of Funds

[as described in Agenda] Running an ashram of 2000+ inmates Mother occasionally found herself without money to pay the bills. The situation would appear utterly desperate.

However, Mother would then call intensely to the Force. Within a very short time money would start pouring in from all sides, saving the Institution from default.

Circulating Funds Attracts In Store Purchase

One key consciousness approach to money is don't sit on your wealth. Let it circulate. Spend it as necessary, and then some. Money or opportunities will ordinarily quickly come back to you from out of nowhere, replenishing the expense and often much more. Circulation is in that way a spiritual law of Money, and of Life.

A man had decided to go food shopping with a friend. Ordinarily he would purchase X dollars amount of food. However, this time he decided to spend more than he normally spent (Y amount), as he felt he should loosen his wallet a bit. Moreover, he certainly had the funds to do so.

An hour or two after he completed his task, he received word of an assignment to three teaching classes for that month, when up till that the time his calendar was practically empty!

By circulating funds he attracted an opportunity that far exceeded in earnings the minimal extra amount he spent. Circulation of funds is thus a spiritual concept because one overcomes attachment to what one has, as well as releases the infinite from the current finite.

What Attracts Money From Seemingly Out Of Nowhere?

You can literally attract money from out of nowhere if you learn the methods of attracting it. Each of the following methods have evoked startling life response results over the years in the lives of thousands

--Cleanliness and orderliness quickly attract money from out of nowhere. Slovenliness repels it.

--Paying all moneys owed to others attracts money from out of nowhere.

--Collecting all monies owed by others to you attracts money from out of nowhere.

--Keeping one's financial accounts up to date attracts money from out of nowhere. Negligence in this area repels it.

--Circulating funds rather than hoarding it attracts fresh supplies of money.

--Generosity attracts funds; whereas tightfistedness repels it.

--Not wasting the resource of money attracts it, while wasting money can ruin one in that area.

--Not being a slave to money attracts more of it. Being a slave of money constrains it.

--Consecrating (i.e. offering to the Divine) a situation, condition, activity attracts positive benefit, including more funds; whereas not consecrating attracts less of it.

--Understanding the true nature of money, its utility in the world attracts more of it. (Money is a divine social force meant for our success and growth.)

--Wishing money to spread to others, rather than just one's self attracts more money.

Anything one does that attracts more success, better paying work, et al also ends to attract more money, including -

--hard work

--going the extra mile

--self-givingness

- organization of thought/ideas/content
- application of higher personal and business and social values in one's life; in the details of one's work
- shedding negative attitudes about others, self, life, and work
- getting rid of a fixed habit; i.e. giving up an out-worn routine, or the same old way of doing things
- giving up a false belief
- truly wanting others to succeed
- practicing goodwill towards another
- being truthful and sincere
- Shedding ego and creating greater Harmony

On Consciousness And Money

1. Money is indispensable for life as well as spirit.
 2. Money is the base for Supermind. [divine life on earth]
 3. Desire for Money is undesirable; desire is always so.
 4. Desire is no good, aspiration is admissible.
 5. Enthusiastic work yields Money, wealth, prosperity.
 6. Intelligent work yields greater wealth.
 7. Responsibility and intelligence will enhance results of work.
 8. Values and responsibility will raise the yield of intelligent work.
 9. Money must move lest it be encrusted
 10. It is wealth that makes life a whole and wholesome.
 11. Rishi reaching immutable Brahman eschewed wealth.
 12. Sadhaks trying to reach integral Brahman will be helped by wealth. [Integral Brahman includes all life in the universe, not just the Divine reality]
- By Sri Karmayogi on Money (dated 5th January 2011)
- thanks to Saraswathi

Untitled

The more we are willing to pay on what we owe, on that which is due, the more money comes to us in return.

Comment: -in other words - the inflow is determined by the outflow.

Additional Money Attracting Phenomena:

- When we hold out from paying what we owe, moneys due to us get delayed.
- Paying in the order the payments are due, not in our priority, attracts fresh funds.
- What we overcome our unwillingness to spend on another, funds often can come back to us from out of nowhere in the exact same amount!

-Money circulation, rather than hoarding, attracts funds and opportunities in our direction.

-Generosity attracts money, opportunities back.

-Keeping accounts up to date attracts funds, often from out of nowhere.

Reader: Exhaust the last money you have to attract the PROSPERITY is all time Spiritual Strategy.

Response: Yes, it's another great money attracting strategy. It has an element of Faith in it.

Untitled

People who love money want more money, and become its slave. Instead money should be an instrument for the elevation of humanity.

Untitled

Money is a Divine Force. So when we take to Spiritual Consciousness, while shedding Ego, Money aspired for comes in Abundance.

Comment: Money comes in abundance when we - aspire for the benefit to go to the many, not just ourselves; when we give up wrong attitudes and misplaced beliefs; when we shed our Ego sense completely in the situation; when we connect to the highest consciousness we know of; when we rely on our deepest faith.

Untitled

Having the right Consciousness toward it, and deeply believing in money's ability to expand infinitely, will attract it to you abundantly.

Untitled

Money self-multiplies, becomes infinite-like to the degree a Higher Consciousness is brought to bear.

Untitled

The more Trust among people, the more advanced forms of Money are created.

Comment: Through increasing trust "money" has evolved from barter to coin to paper to check to credit card to electrical pulse.

Untitled

The more money circulates, the more it increases. Hoarding money reduces its energy, shrinks its supply.

Untitled

Money is a Universal Force with a Divine Origin for the purpose of providing Abundance for every individual on earth.

Untitled

Utilizing higher powers of Mind - knowledge, aspiration, values - can release INFINITE Money for anyone in the world.

Untitled

In Money matters think Universal, so all those related to your work or project also receive substantial monetary benefit.

Untitled

One who masters the powers of Consciousness related to Money will attract it unendingly; even infinitely.

Right Consciousness That Expands, Multiplies Money

By raising our consciousness Money expands, multiplies. It does so by being honest, truthful, trustworthy, self-giving, generous, trusting, knowledgeable, skillful, aspirational, courageous. taking to higher values, keeping the ego at bay, not being selfish, having good will for customers, wanting all to prosper, and always doing what's right. In this way, money comes to us in abundance, and multiplies to no end.

Untitled

Use money to do the Right Thing, not for personal aggrandizement. If you do, life will respond with great abundance.

Spiritual Approaches To Money

--Money earned through Mother's Consciousness is what we seek, not through the falsehood of the Ego.

--To seek money as a means of spiritual progress is the devotee's goal.

--Any Money-related activity that embraces selflessness and self-givingness, harmony, goodwill, peace, gratitude, aspiration, truth, knowledge, faith, knowledge, creativity, love, and delight will be of great benefit to one's self, to society, and will surely help it multiply.

--We should not want money simply for ourselves per se, but to create the consciousness that can use Money for the benefit of the world.

--Power of consciousness in terms of money can make life respond in terms of abundance, and self-multiplication of money.

--

-by Garry Jacobs (paraphrased by Roy Posner)

Untitled

What matters in earning money are the human and spiritual values associated with those funds. As the values are an expression of Higher Consciousness, rather than of the ego satisfaction, that money will multiply; great wealth will descend on us and do so for a Higher, a Divine Purpose.

Untitled

Spend money as a means of personal progress and the progress of others; not to assuage the Ego. The same with earning money.

Comment: In every money-involving activity there is a true and a false attitude. Be conscious and try to make the Right Choice in relation to money; in the right direction, for the higher consciousness, - whether for one's self and for others.

Untitled

The best way to attract great sums of money is to relate to underlying Values & Truths of the situation, rather than money.

Untitled

Money comes in abundance when we take to higher forms of personal relationships - including positive attitudes & spiritual values.

Comment: Eg we create higher forms of personal relationships by trusting others more; feeling goodwill toward others, looking at things from the other person's point of view, wanting others to benefit from transactions and outcomes not just ourselves, keeping the ego at bay, etc. As a result, Money comes in Abundance.

Untitled

Abundance, including vast sums of money, comes when we perceive limitless opportunities where we now perceive little at all.

Take To The Strength Of Your Boss Or Principal For Great Success

Though I am far away from reaching turnover of 100 crores, leave alone earning 100 crores, I think I found out the process which made me come to this level.

If you want to achieve / become what you want – as Karmayogi says -- you need enough Psychological energy for that.

The first point I found is, take the strength of your boss or principal (manufacturer, raw material supplier etc., to whom you depend for business). It means their business is built on certain strength of theirs – may be technical, perfection, consumer view, personal contacts, politeness, anything. Find that out correctly. Try to build that for him irrespective of your grievances, misunderstanding, prejudices, opinions about him towards him. If possible, think of the fact that he is the reason for your today's living, show gratitude for that, if possible, work sincerely to justify the benefit you receive from them.

Though I am yet to achieve in five cases I succeeded in two cases and reached top of that company in one year.

I think this as organizing values as consciousness. It gives will. It gives energy. It finds its expression through our aspiration. This I call as psychological energy necessary for accomplishment.

That makes us understand the true nature of money or prosperity.

That makes us come out of attachment to money and its comfort zone.

That makes us come out of belief in external circumstances, conditions, and rules.

That is shifting all our capacities to capacity of the values.

Then if he consciously wills for the creation of money he can create with respect to his level of faith.

(Ramesh Kumar)

Untitled

Whenever you think of money or being prosperous think of Mother; finite present will become infinite-like future.

Mother's Life

Untitled

A neverending stream of startling circumstance and connections come to us when we are sincerely devoted to living Mother's Life.

Nature

Untitled

The Divine in collaboration with Nature have an Intention for the world which only a few can perceive. Through the Play of Forces - both harmonic and their opposite - the Divine Intention is being realized in the world.

Untitled

The universal and the individual are the two essential appearances into which the Unknowable descends....God having entirely become Nature, Nature seeks to become progressively God!!! (S S Sreejith)

Untitled

Science says watch Nature to understand the world. Sri Aurobindo says understand yourself and you will understand Nature. (see example)

Comment: E.g. see how your emotions, feelings, attitudes, and all cause Nature to respond.

Untitled

What do you want to dominate your day: Nature (the force of life), with its perpetual ups and down, ... or Spirit.

Untitled

We ask important things of Mother, never considering that Her Force will often only move when we change our corresponding nature.

Driving At Speed Limit And Self-Control

To follow the law, in this case speed limit, is to subject the vital impulse for hurry or the thrill of fast movement, to the mental acceptance of self-discipline, self-control, vigilance and safety for oneself and all others. Karmayogi used to insist on me driving at the speed limit or even slower on the crowded roads.

Controlling speed is controlling the vital as controlling thought is mastering the mind.

(Garry Jacobs)

Untitled

Manners is only the most superficial method of bringing one's nature under control. Yet it is a great basis for developing higher consciousness.

Nature's Way

Life's Powerful Neutrality of Purpose

The dualities like good and bad, good and evil do exist in life. They exist in a sense that they serve a purpose in the overall perspective of the Divine's plan. It's not by condemning or running away from them that we can get rid of them. Rather when we rise in consciousness, when we transcend our ego, we are able to perceive the whole Reality and their purpose.

In *Pride & Prejudice*, Darcy was good and Wickham was bad is a limited understanding. Both are needed for each others' growth in consciousness, as well as to manifest the Divine (here Jane Austen) plan.

Thus, Life is neutral; it acts according to its laws, and presents opportunity to everybody. The extent we want to utilize that fact and grow in consciousness is a question of our choice.

Beyond Spirals of Change

The world moves ahead in Spirals of Change. It is Nature's slow and difficult method. However, through, utilizing Spirit the dips are negated, as change occurs through the positive; ie it is Self-existent, without a Dark Shadow.

Untitled

Life unfolds through the contradictions and conflicts among the parties so each can outgrow their limitation in consciousness. This is Nature's method of progress and change.

Beyond Nature's Way of Division to Enable Progress

The more intense the division, the more integral, powerful the coming together. Eg WWII was followed by European Union; the conflict between Eliza and Darcy in Pride and Prejudice was followed by their intensive, benefit-spreading coming together.

On the other hand, Perpetual Higher Consciousness avoids the negative side, the conflictive, and goes directly to the positive outcome, rapidly turning limitation, finites, into infinite-like conditions. This will increasingly be the way of the future as we develop our consciousness to a higher level. In essence, the way of Spirit replacing the way of Nature.

Untitled

Life is a Universal Force that acts in alignment with the cosmic Reality and the individual Soul's Aspiration. Life thus responds, touches, teases us in order to awaken our being. (SM)

Untitled

Hardships in the world just now - from pandemic to economic collapse - are frontal indicators of great positive progress to come.

Untitled

There is nothing that happens in the world that does not lead to greater good. (Sri Aurobindo)

Comment: Thus even behind every negative there is a compulsion for improvement.

Example: there is a pandemic. Millions get sick; thousands die, People only understand the superficial reasons it has spread. In any case, many wear masks; a number of others do not.

After a few months, the ones who wear mask ease of wearing them when the pandemic eases a bit. (They still do not know the deeper reasons for the pandemic.) Now that they are not wearing masks, the virus spreads again.

They didn't learn their lesson the first go-around, and so now suffer even more. Life has come back at them for not staying with what works. They need a hard lesson to understand, to give up ego, selfishness, and disharmony.

They come out of the experience shattered, yet wiser for it. They have grown in consciousness. It only happened when Nature pressed hard on them; when they experienced the intense negative.

As we see it is one example that proves the point that there is nothing that happens in the world that does not lead to greater good - including the intense negative. The evolution is occurring through both the positive and the negative. In future, as we grow in consciousness, the growth will mainly occur through the positive. In reality there is no such thing as positive and negative, since through either we progress; which is a kind of universal positive.

Untitled

The Lord often fulfils multiple objectives through a single act.

(Sri Aurobindo)

Comment: Eg Covid19 virus affects billions on earth in so many different ways, challenging their status, compelling the entities to change (individuals, businesses, institutions, economies, governments, etc. etc; and all changing simultaneously.

Another Example: In Pride and Prejudice: as a result of the elopement things are set in motion compelling many individuals to change, each in their own way, and each with an opportunity for progress. In other words, life works on many fronts simultaneously, and for the greater good.

Untitled

Without Faith one is subject to Karma and to Nature's laws.

Untitled

Virus is accelerating the Evolution.

Untitled

Due to the Force and the stirred up Covid19 virus the old world is rapidly coming to an end, and a New World is being born.

Untitled

Through natural calamities - pandemics, unprecedented fires, floods, etc. - Mother Nature is telling us we have abused Her.

Comment: And (physical) Mother Nature's actions are sanctioned by Life/Nature/Prakriti, which are further sanctioned by the Divine intent.

Untitled

Obstacles are Nature's way of urging us forward into domains we never would have gotten to on our own.

Reader: Yes

Can we explore more on this..

Some problems seem always continuing.. is it because The Mother Wants us to create a breakthrough in that area so that it also helps others with similar problem

Response: Mother does not create obstacles. we do. Or if there are obstacles, we see them as such, instead of as opportunities.

And yes the obstacles remain because we remain as we are. If we change they will give way.

If we are conscious, we will also discover the opportunity behind the obstacle, which will also dissolve the obstacle, while revealing great success if the opportunity is welcome and taken.

Untitled

Science presents endless facts, but it does not know the complexity, the subtlety of the way of Nature, of Life.

Comment: The true nature, logic of life can be understood intuitively without thought, or by perceiving Life's subtle movements whose laws have been revealed and categorized by others, especially Sri Karmayogi.

Necessary

Untitled

When you do the necessary thing, instead of avoiding it, life quickly cooperates with your effort.

Negative Expression

Overcoming the Mania of the Tragic

When people write me long letters (what letters I receive! laments all the time: my health is going wrong, my work is going wrong, my relationships are going wrong – laments all the time), and I always see, behind, that Consciousness, luminous, magnificent, marvelous – sun-filled, you know – exactly as if to say, "Whenever will you be cured of that mania!" The mania of the tragic and the lower.

(The Mother, from Agenda, May 8, 1965)

Untitled

Perpetually focusing on the negative continuously attracts more of it.

Comment: Q: "Perpetually focusing on the negative attracts more of it." That means if we find a negative in others how should we react? I understand no reaction. But if the characteristics or behavior bothers how should we react?

A: Control one's self and not react to the intensities of others. No reaction in one's physical action, in one's vital emotion, even in one's mental thought. Startling positive conditions will invariably follow.

By raising one's consciousness over time, one learns not to react on a regular basis. Also, when you experience the startlingly positive life response to one's non-reaction, you tend to remember your past positive experiences when employing the methods, and therefore practice it that much more often.

I've seen horrible conditions melt away, and bad-acting people change their ways or even disappear from the scene because one took to non-reaction. It's an opportunity for the miraculous!

Untitled

Sarcasm is inability or unwillingness to express a truth with rational, persuasive thought.

Untitled

We blame issues and problems on everybody else, not seeing how our limitation of consciousness had a hand in it or attracted it.

On Anxiety

-Anxiety is not the reality. It is fear of the reality.

-Anxiety is reinforced by our constant dwelling on it.

-Anxiety distances one's self from the Now.

-Anxiety is to be gripped by an unknown future.

-Anxiety is weakness in the nerves.

-An unbridled mind fosters anxiety. Inner stillness of thought and feeling keeps it at bay.

-Anxiety is lack of faith in life.

-Consecrating anxiety or fear is to substitute Mother in its place, which engenders Faith.

Blaming Others Accelerates their Blame

If you intensely and persistently blame someone or some party as the cause of your problems, they will continue to do so, and in new, ever-expanding forms.

Untitled

Vanity and pride are different things, though the words are often used synonymously. A person may be proud without being vain. Pride relates more to our opinion of ourselves; vanity, to what we would have others think of us. (from a Jane Austin novel)

Turning an Unreality into a Negative Real

Worrying about a potential problem that is not an actual one can manifest it as real.

A man was upset about another matter. He then became obsessed about his daughter not catching an illness due to open windows in the house. It was an absurd claim; however, he kept insisting, egged on by his other frustration. Suddenly a mild flush on his child's face turned into a serious illness.

Only when the man gave up his earlier upset about another matter, did the child suddenly return to full health.

Talking about Impending Rains

If you talk too much about approaching significant rain when in a drought situation, it will tend to quickly fizzle out. Best to quietly hold the knowledge inside.

A man talked about an approaching storm, but the more he discussed it, the more it faded away; not a happy experience as it was in severe drought conditions.

Wherever there is fear, change it to stillness and faith. Life will then be on your side.

Untitled

Worry or fear is failure to go Deeper.

Untitled

No sense living in fear, as it only energizes, attracts the object of fear.

Untitled

It is difficult to hold back one's Opinions; but the Conscious individual regularly does so. The reward is that Life continually takes to your points of view.

Untitled

You wouldn't expect it, buy unnecessary silliness for the conscious individual quickly attracts errors, misunderstandings, and the like.

Untitled

When there is fear, worry, doubt, put all of your faith in Mother. Things will work out as it should.

Untitled

Refraining from unnecessary silliness instantly attracts the positive. The inverse is also true.

Non-Expectation Attracts

Often a hoped for result comes about precisely at the point you have forgotten the matter. In these instances, it is what life requires from us to reap its bounty. Another way of saying this is that in such cases life responds at the point of non-expectation. I

have experienced it many times, and it is a wonder to behold. Eg longed for checks arrive only when I have forgotten the matter.

Untitled

Avoid anticipating, expecting the negative. You just may attract more of it.

Untitled

You can pull someone out of their fixed belief system with a persuasive argument build on a practical truth, but it will only last a moment, as they will quickly jump back into their narrow view, which will continue on for the rest of their lives.

Untitled

Self-satisfaction is a first sign of life atrophy and decay.

Untitled

Yearning for, dwelling on nostalgia of youth, with its social, cultural trappings, is an indicator of a life in decline.

Untitled

Nostalgia for the past indicates that forward movement is lacking, and therefore the end is approaching. Instead, it is best to be forward-looking, aspirational. It keeps one young at heart, with the possibility of an unexpected round of important achievement still to come.

Untitled

When you boast something will happen, you are likely to immediately attract obstacles.

Untitled

Subconscious fear of losing out to automation, globalism, skills gap, and wealth disparity are causing people around the world to take to false populism. Fresh, new, coherent replacements, including global solutions, have yet to emerge.

Untitled

It's better to improve the argument than raise the voice.
(thanks to padmapriya)

Overcoming Resentment

If you have deep resentment toward a boss or relative or friend, practice non-reaction inside to control your feelings. Then watch in the days and weeks ahead as life opens up in your favor in relationship to that individual.

Untitled

When you keep your worried attention on an unfolding negative, it tends to get worse. Best to shift your consciousness elsewhere.

Untitled

We are fearful of certain things coming to us, and yet we do so without reflecting on why it has come, and what purpose it serves in our lives.

Untitled

Anger is never justified, as it indicates a flaw or missing capacity or lack of understanding on our part.

Untitled

The more we make fun of someone, the more they will demonstrate ways to be made fun of.

Untitled

If you are bitter about a matter, - such as an acute feeling of being wronged -- you will likely energize it, and thereby compound the problem.

Untitled

... there is still the whole weight of millennia of bad habits, which we could call pessimistic, that is, expecting decay, expecting catastrophe, expecting ... well, all those things, and, ugh! that's the most difficult thing to purify, to clarify, to remove from the atmosphere. It's so INGRAINED that it's absolutely spontaneous. That is the great, great, great obstacle – that sort of sense of inevitable decay. (The Mother, from Agenda, June 24, 1967)

Untitled

Sometimes things have to get worse in order to get better.

Untitled

Boasting presages a level of failure. Keep bravado to one's self. Life will then unfold more smoothly, rather than the opposite.

Comment: Eg a wealthy businessman and owner of a sports team complained that his team was under-valued by the press; that it was worth more, and should be near the top among all sports franchises.

The next day a pandemic took hold in his region. And yet now he was unwilling to shut down the games in the wake of this calamity; which could jeopardize the well-being of the attending public. His actions were repudiated by those who saw into his actions.

In essence, his boastfulness attracted a negative condition. And his egotistic response to a public concern led to his condemnation in the public eye.

Boastfulness and ego-centricity went hand in hand to attract extreme negative conditions.

Finally, we also see a case of money obsession over human values.

Untitled

Fear tends to increase outer troubles. Keep calm & silent. Life will then cooperate on the outside to your higher inner disposition.

Untitled

In a crisis, one's negative propensities tend to come out for all to see. One becomes transparent before the world.

Untitled

Expressions of contempt, anguish, even when seemingly reasonable, amplify tragedy.

Untitled

Too much worry, anguish about a problem only exacerbates, intensifies it.

Untitled

Arguing with another indicates your idea has not developed enough to be persuasive.

Untitled

Extreme negative consciousness of Disharmony in the world in recent years attracted the virus fiercely.

Sadness To Joy For The Devotee

-Sadness means we have fallen back in consciousness; into the lower vital/emotional aspect of our being.

-Sadness is a vital sensation that is the result of experiencing something causing unhappiness, such as disappointment, unfulfilled desire, etc.

-Sadness is overcome by going deeper within; or by perceiving its utility; or by not dwelling on the matter; or by calling the Higher Power, the Mother to restore our happiness and joy.

-Sadness can express for the spiritual aspirant just like the average person. Eg if we consecrate 'Thy Will Be Done' and are sad by the outcome, it may indicate we relied our own egoistic will, not Her will, drawing a limited result.

-We can even say that Sadness is insincerity to Mother. That our belief in Her is not matched by our actions. Therefore we became susceptible to the onset of sadness. ☹️

-We can thus differentiate between what Mother wants for us, and what we want; between what we Aspire for (which is positive), as opposed to what we want, desire.

-Offer Sadness to Mother. Life will respond. Joy will re-enter our lives.

-There is no sadness in the Psychic Being. Thus arriving at that deepest inner state blocks sadness. In fact, there is only Joy there.

-Also Mother is cheerfulness, optimism, and most of all - Joy. The opposite of sadness. ^[OBJ]

-Sadness (and even worse Depression) may be supported by other-world negative entities who are trying to extricate the happiness in our feelings. Don't give into it. Offer it to Mother. She will respond.

(paraphrase of Garry Jacobs)

Untitled

... that haste people have generally delays things. (the Mother, from Agenda)

Comment: "We – people, I mean – live a harried life. It is a sort of semiconscious feeling of the shortness of their life; they don't think about it, but they feel it semiconsciously. So they are forever wanting to go – quickly, quickly, quickly – from one thing to another, to do one thing quickly in order to go on to the next, instead of each thing living in its own eternity. We are forever wanting to go forward, forward, forward ... and we spoil the work." (September 16, 1964)

Untitled

Worry indicates missing Faith.

Reader: Yup. Original sin as its finest...

Response: I see what you mean, however ... There is no sin per se. Only lapses in consciousness to be overcome.

"The concept of sin is something that I do not understand and have never understood; original sin seems to me one of the most monstrous ideas that man could ever have--sin and I don't go together! So naturally, I fully agree with Sri Aurobindo that there is no sin, this is understood, but..." (the Mother)

There IS a kind of original Ignorance in Man in creation that we overcome through our progress, evolution, transformation.

Reader: Having clarified that, I should also add that whenever I really "feel" that I am consecrating deeply, and when I feel like I am making progress in surrendering to the Spiritual Force, than any feelings of "worry" seem to automatically lighten and lessen.

And that feeling of progress compels me to work on consecration and surrender even more, because the feeling of "lightness" and love, etc feel so good in comparison to "worry" etc.

Which then makes me realize that every step I take in this practice is helping me in my continual efforts to rise above that "original ignorance" - something I truly do aspire to do.

Obsessions

We are locked into our obsessions. We have a hard time giving them up; letting go.

Comment: We will discover our obsessions-

- when we think about their possibility and occurrence in our lives
- when we grow in consciousness and are compelled to become aware of them
- when we attract people who share the same or similar obsessions, and feel limited by the interactions
- when we examine certain element of our parents as similar to us
- when we start speaking to ourselves mindlessly, too frequently affirming our obsession
- when we find ourselves debating trivial things, or even important ones with others; or even in our minds.

Untitled

Gleefully retelling a negative past experience can quickly make it reappear.

Comment: Best to keep it to one's self, or if necessary to explain, do so from a detached point of view.

Reader: Roy, thank you!!!! Thank you for bringing this up! This is a topic of great importance, I think. Why so important? Because if you think about it, does anyone REALLY want to keep reliving a negative story? If so, one might want to ponder (and consecrate) on WHY we are reliving (via retelling) the episode. WHY are we #1 "sharing" something negative to begin with, and #2) putting that incident into someone else's mind? (Remember the old saying about "misery loving company?")

Why the perceived need to do such things?

Wouldn't I prefer to share a happy memory and make someone else smile at the same time?

Perhaps there is something that has been "handed down" in the generations that one might not be totally aware of that would lead to this type of behavior. I've thought about this at length. And - in my own life, I have decided to sever any chains of past negativity. Frankly, it's a big part of what this work of consecration has helped me with.

If it's a negative experience, wouldn't it make more sense to "let it go" and "reclaim" that "space" within our hearts for the potential for more positive experiences?

In watching things via social media, I often see topics that become inflamed - more and more - as individuals "feed" the flames of negativity with more negativity until it's just raging beyond belief.

But that's another (related) topic altogether...

In my limited (and ever-learning!) view, my own experiments with consecrating a negative past experience, not only offers a sense of profound relief that I'm no longer "tied" to the negative experience, and I'm not "spreading" it around and re-seeding it to reappear.

Also, consecrating such things tends to bring additional "buried stuff" up - one incident after another - for me anyway. And the feeling of doing so almost always results in a feeling of "fullness" - a gentle glee or happy fullness - in my heart.

It sure beats reliving that negative experience. I can honestly attest to this!

Thank you,

Roy ... thank you!

Comment: In the past Karmayogi, Garry, Ashok, Ramesh, myself, and others have described negative events we were part of in the past, but only to explain where we went wrong and how we changed our inner behavior to overcome the problem, or take it as a life lesson for the future.

In such cases, It was not mere idle chit chat or social interaction for stimulation that motivated us, but as part of a growth process.

We can easily forget to discriminate between these two situations.

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...and yes we certainly don't want to get caught up in the intense social and political issues; which easily sets off the Ego, whether we are right or wrong or in between.

—

-And for sure consecrating Past negatives, with deep sincerity for change in our nature is a powerful spiritual method to free us from our limitations. (It is sometimes referred to as "past consecration")

-Lately we have been talking about deep roots of specific negatives in our being that go way back - to our parents, even having roots in individuals who lived before we were born.

(It also can be traced for positives as well.)

Focusing On Someone/Something Else Dissolve's One's Negative Thoughts

Interesting experience happened today: I was talking to somebody at work for about an hour. Some depressed thoughts came into my mind suddenly. I thought to myself, "These depressed thoughts will ruin the conversation I am having with the other person, and they might affect the other person negatively".

At that moment, I said to myself that I will have to drop all these thoughts and focus on the other person during the conversation. And the thoughts just went away.

It was Garry's voice speaking in my head. All the things I heard from him, I suddenly just remembered to forget about myself and my ego for a moment, and this happened. Feels good to acquire this knowledge. (Leo)

Comment: Garry adds: "excellent effort and response. that is self-mastery in consciousness. what worked for bad mood can work for headache and stomach ache as well and also for all positive fields of accomplishment leading to overflowing joy and endless energy"

Untitled

When you get angry with another's behavior, it will only energize it.

Perceiving Negatives Of Another In One's Self

What bothers you in another, you will find in yourself to one degree or another: sometimes directly; other times more tangentially. Discovering what that is and then Consecrating it will attract much better conditions all around.

Karmayogi's Response To Devotee About Her Regret

I told Karmayogi once that there are a few things I regret in my life from the past (if I would have made a different choice life would have been different). (S)

But Appa replied "Don't regret. What happened in the past had to happen and the past could not have been different because at each moment we apply the knowledge that we have at that particular moment."

Untitled

Doubt - as negative movement - keeps us in Ignorance of the Truth.

Comment: It is replaced with spiritual Faith.

Truth is multi-sided, multifaceted. When we are encumbered by doubt, we are reduced to one stream of thought, and that stream is very often wrong. Faith, or rather consecration opens us up to the multi-sided Truth of things, which is integral, supramental.

Non-Reaction Non-Complaint, Non-Blame

Reacting and Non-Reacting

Reacting never helps; it only complicates.

I have seen this phenomenon many times. Instead Non-reaction has a vast power to improve a situation.

Untitled

The more you hold it inside and don't Complain, the more you tend to attract what you want or wanted, sooner or later. It's a form of "Silent Will."

Untitled

Once you stop complaining, things that aren't working out suddenly start to work.

Equanimity that Enabled Negative People to Move Away

Early last year, through utilization of Non-reaction and Consecration power, I was able to cause all the negative people around me to move away; replaced with very pleasant individuals. Hardly a word passed my lips, or any outer action taken to attract these fortuitous circumstance.

Triple Speed

A problem taken in the right spirit quickly leads to dramatic, unexpected improvements. A man's and a friend's computer and smartphone began intermittently running very slowly. In fact, all four systems were on the verge of uselessness.

And so now the man had to go through the bother of getting serious tech support. Though he was close to irritation, he then thought that the good could come out of the bad of this situation. And so he became relaxed, considering the severity of the situation.

The support person then said they would send someone over. The young technician who arrived not only replaced the old router and modem with new ones at no charge, but the entire system now ran at triple the fastest speed it had ever run before!

Untitled

Complete non-reaction to someone's mental abuse soon after attracts their reasonable, softer nature.

Overcoming Resentment

If you have deep resentment toward a boss or relative or friend, practice non-reaction inside to control your feelings. Then watch in the days and weeks ahead as life opens up in your favor in relationship to that individual.

Untitled

They who bothers us, agitate us the most are those who have the most to teach us.

Non-Complaint Attracts

Restraint from complaint of another's actions, releasing all emotional attachment, soon attracts completion of one's original intention.

Shifting from Blame to Self-Reflection Attracts

We blame others when they do or say things that we do not like, never asking what we did inside, negatively in consciousness that evoked that experience in the first place. However, if we examine and come to understand the inner cause and offer it to the higher power for its transformation, wondrous positive conditions will quickly present themselves.

For example, a man is walking through a bus terminal and asks someone there for directions. However the employee is very rude, which upsets the man. When he exits the terminal and returns to his office, he thinks about the incident and realizes that he had acted to another person in a similar manner an hour earlier. He then offers that insight to the Spirit. Within five minutes a friend knocks on his door and proceeds to tells him about some great new developments.

Untitled

Non-Reaction spiritual-like technique is difficult because we live in our Ego. Coming out of Ego, it is much easier to remember. Deeper center eliminates ego, and makes Non-reaction response almost automatic.

Untitled

Hating the Darkness energizes/empowers it. Changing ourselves within, - eg practicing inner silence and non-reaction, - dissolves it.

Non-Reaction + Consecration

Non-reaction to someone else's or circumstance's intensities is great. Beyond this Consecrating the activity is greater still, especially in tandem with non-reaction. Life responds overwhelmingly!

Untitled

The more we give up blaming life, reacting to life, the more we move into its Harmony and Right Flow.

Non-Rection, Detachment, Separation

Non-reaction is to detach from the revulsion and intensity experienced by the ego-oriented vital being, creating separation from the source, thereby giving mind the opportunity to consider the matter rationally or forget it all together. Now Life has a propensity to respond in our favor.

Comment: Garry Sir indicates that a further stage is to even give up the very thought about the matter, which in turn has a propensity to bring about peace, silence in the mind and richness in the heart.

Buddha's And Ramdev's Non-Reaction

I have watched the 55-episode tv show on the life of Buddha, as well as the 88-episode on the life of Ramdev. In both instances they were repeatedly confronted with situations where there was great passion and agitation coming from someone or something outside them.

Rather than go against it, they accepted the situation (instead of confronting it, going against it). In each instance powerful positive conditions presented themselves thereafter; with the rightful karmas of all parties played out.

In other words, the two spiritual individuals spontaneously knew the right yogic poise to take in the face of uncontrolled questionable intensity coming from the outside. We call that in our devotee practice "Non-Reaction."

Life responds magnificently to the positive when following this dictate.

Untitled

The more you hate the hated, the more the hated will hate.

Comment: Practicing the spiritual discipline of "Non-reaction" will lessen the impact of the hateful on the world. It is life responding in the positive to our soothing state in relation to the negatives of others.

"The more you hate the hated, the more the hated will hate."

Eg a man hates a horrible leader. We notice that the more he expresses that contempt for the leader, the more outrageous the leader acts, thereby furthering the man's hate! Getting out of this cycle through non-reaction and other forms of self-control enables the positive to emerge all around; even from the contemptable leader.

Never Blame, Never Shame, Never Claim, Never Complain

Comment: As a result, life will quickly respond with unexpected positive conditions flowing in your direction. Practice any of these attributes, and observe the startling results in action!

Claim = assert your position, or make demands of others.

Untitled

In the story, each time Harry Potter gets angry, the Evil One gets energized.

Comment: It also holds true in our own lives in our relation to bad individuals. Non-reaction has much greater power to evoke the positive than getting angry at an apparent wrong.

Untitled

To all the conflictive intensities in the world, let us practice Non-Reaction, which will calm the atmosphere, and thereby reduce the virus.

Untitled

Only when we stop Complaining do we start progressing.

Powers That Appear When We Consecrate Complaining

Consecrating our complaining, finding fault in others we

- become aware of our own defects;
- further we become aware of others' strengths;
- further still we develop a capacity to coordinate our strength with another's;
- ultimately we are able to use our strengths to rid ourselves of our weaknesses.

(paraphrase of Karmayogi)

Untitled

NON-

-complaining

-blaming

-reacting

-initiating

-resisting

I.e. Non-Ego

Untitled

Calm in the face of outrageous behavior of others is more powerful than our own outrage. It has the power to assuage the issue.

An example: People are outraged by the pomposity, arrogance, and shamelessness of Trump, but that only emboldens him further. Withdrawing the outrage, causes his actions to diminish. One day it could even lead to a modicum of contrition!

Another example: If a neighbor exhibits outrageous, even dangerous behavior, our outrage will only exacerbate the problem. Withdrawing all feelings from the situation - i.e. practicing "Non-Reaction" - will definitely cause the guilty part to cease their behavior or otherwise withdraw from the situation.

Untitled

Covid19 confinement challenges us to practice spiritual qualities of non-blame, non-complain, non-reaction, taking another's view, etc.

Non-Reaction Levels & Response Of Life

Non-reaction to someone's intense expression can be observed in degrees, from surface to depths:

- React with anger, assertion, etc.
- Not react physically, holding back virulent speech
- no response in speech, plus reactive vital emotions held in check.
- not only speech and emotion held in check, but the very thought of your mental viewpoint about the matter is pushed aside.
- You control all these and then consecrate the pressing situation.

Life responds to each of these withholdings of reaction at corresponding planes. Eg consecration elicits a work response and makes us more steady in the next rounds. Mental control gives us mental strength for dealing with thought-oriented situations in future.

"... when i restrain speech in a negotiation I feel strength and confidence building on handling that project as they expose themselves more and more on critical areas of the projects." (RK)

To develop these increasing capacities to not react, we need to develop inner being. Constant consecration, taking another's view, and non-reaction itself makes that happen.

(Roy Posner)

Untitled

Why condemn others? Instead give up the corresponding elements inside yourself. That way you grow in consciousness.

Comment: And...As I continue to discover, at almost every single turn, if I'm having a negative/hurtful/etc type of feeling, if I settle down for a moment and quiet myself and

begin consecrating, I almost always discover that corresponding element within myself! And then I consecrate THAT very element.

Funny how the more I practice this exercise, and the more I consecrate, the more I find other "bits and pieces" that were otherwise hidden within myself that needed to be unearthed and consecrated!

For me, this is an example of how every day can be more and more of an "Independence Day" (a little play on words today for those of us in the US - along with a different meaning than most of my fellow countrymen and women might give it!) because now that I am on a path with continually consecrating just about everything, I cannot imagine gaining any type of emotional or spiritual freedom without it. (With humble thanks to Mother, Sri Aurobindo and Karmayogi for blessing the world with their knowledge and wisdom!).

Response: excellent self-observation and practice of consecration

Untitled

The more you call Mother inside, the less reactive you will be outside.

Untitled

Each time you are set to blame or complain about something or someone, take to Non-Reaction instead. Life will quickly shift in your favor.

Comment: Eg you are chatting with a rep from a service provider and instead of being agitated and complaining and blaming the faulty system, you remain still and calm (itself wrapped in a bit of consecration), a potentially complex transaction goes as smooth as silk, not only in the outcome, but in the sweetness of the interaction with the representative.

Untitled

Non-Reaction is the Weapon of the Strong. (Karmayogi)

Comment: When we control ourselves and don't react on the outside to the intensities of others, of life, we build up dense, subtle energy, that makes us strong; that in turn attracts powerful positive conditions to our person.

Non-Reaction Responses From Life

"Since I need to visit one place next day early morning, I filled petrol and Air today my bike in the previous night. Next day morning, when I took the bike out of the parking area, found back wheel does not have air. Time is 5.45 AM. I was silent and not reacting for the situation. Somehow I managed to drive the bike to 800 mtrs to arrest the puncture. Luckily the mechanic was awake and he finished the work within 10 min. I reached the place by 25 min. (normally it takes 45 min due to traffic .

In the afternoon, i got a call from a company (in which I have attended the interview 2 days back), that i can join in work on Monday (9th October).

Thanks to Mother, Sri Aravindar, Sri Karmayogi and Roy Posner for making us to aspire for Life response thru Mother values." (Kosalai)

Intellectual Devotion And Non-Reaction Attract

I wanted to share a small experience regarding devotion vs. non-reaction.

Many times when Appa used to write to me he used to praise me a lot for my devotion. He used to even say I have intellectual devotion to Mother.

One time around Jan 2019 I think I got some very bad news and I was crying for 2 days. I then wrote to Appa. He replied saying try to not react at this news and try to calm yourself and read the Life Divine.

So I listened to him and very seriously read the life divine for a week. You won't believe that at the end of the week that bad news turned into good news and my family got a very huge amount of money.

So yes devotion [here in intellectual form] and non-reaction can exist side by side. 😊
(Sara)

Untitled

Constant Remembrance of Mother helps us to better practice Non-Reaction. (MSS)

Comment: Consecration builds up over time and establishes an inner orientation, making one less reactive to others.

Father And Son Reunion

A devotee was contacted by a dear friend who was extremely troubled by his father's lack of confidence and support in some self-employment work that the friend was undertaking. The work was something that the friend was tremendously passionate about, and he was putting in very long hours – which felt like nothing at all due to how passionate he was about it. The work was beginning to pay off in a noticeable way, and the friend decided to share his progress with his father, whom he was visiting at the time.

To the friend's disappointment, his father not only did not share the excitement in the work, but proceeded to dismiss it and expressed his fears and doubts about it.

His son felt deflated and depressed, but decided to remain silent and not press his father about it. After reaching out to the devotee, who helped him understand the generation his father was from, and to remain cheerful about his efforts, and to basically just respectfully acknowledge his father's attitude, and to continue to let it go. The friend agreed, and also continued to assert that he would not say anything further about it to his father, if only to keep the peace and keep his father from voicing any further objections.

After close to an hour of texting to the devotee, the friend began to feel lighter and more confident again, along with feeling less upset by his father's lack of support. At that moment, all of a sudden, the friend's father entered the room – and announced that not only would he like to offer his son some financial backing while he worked on

this endeavor, but also offered his strong opinion that his son should, in fact, continue in the work!

This happened in less than an hour after the father had adamantly expressed just the opposite feelings!

This, pretty much after expressing fear and the equivalent of the “why don’t you just get a job” type of parental thing!

I’m willing to bet that his dad is feeling totally puzzled about his change of heart and attitude!

The friend was extremely grateful for this turn of his father’s opinion, and has redoubled his efforts with even more lightness of heart. It was a wonderful experience to witness, and I am so glad to have been able to share this! (KT)

Comment: Wonderful! Non-reaction, Silent Will, positive Attitude, and great Guidance from a friend reversed the conditions, ushering in a great turnaround.

Untitled

By accepting the lesser of two benefits (instead of complaining), life responds and brings you the greater Benefit.

Objects, Things

Untitled

If you connect with the inner being or soul of an object, you can elicit its cooperation and better functioning.

When you softly, consciously interact with objects, things, - instead of handling them roughly, unconsciously - you begin to sense how each one is an expression of the Divine Reality. I.e. how objects, things are material formations of the Divine Reality.

Opposition

On Opposition in Creation Process

Opposition is the basic input in the process of creation. Overcoming the opposition and bringing harmony in consciousness is the process of evolution. Other man's point of view, Transformation and consecration are aiming to bring that harmony in consciousness. (Nedumaran Ramakrishnan)

Untitled

The higher you rise in life, the more perfect you will have to be, as there will invariably be opposing forces seeking to bring you down.

Untitled

All opposition we meet comes to purify the vibration of Truth in us and release it at a deeper level we did not know was there.

Comment: Eg when Sri Aurobindo was sent to Alipore prison (the opposition), it released in him a level of divinity he never knew was there in him and the world.

Opportunities

Untitled

All our disappointments are hidden opportunities ready to emerge.

Untitled

Understanding that behind the apparent negatives are vast opportunities is perhaps the single great revelation of Society en mass in the last half century.

Untitled

Deep Aspiration, welling up from one's true self, attracts new, unprecedented, unique opportunities to fulfill it.

Untitled

Supramental Perspective: there are no problems, only Opportunities.

Untitled

In Supermind there is no success or failure; only opportunities.

Untitled

Every moment, act, situation, experience affords us the opportunity to grow as a person; including the capacity to be more spiritually realized.

Untitled

Everything that causes us to react has the opportunity, the Infinity behind it if we don't react.

Untitled

Obstacles are secretly opportunities.

Opportunities Out Of Difficulties

We know that there are opportunities behind difficulties. How to evoke the opportunity?

It is how we RESPOND to that challenging situation that determines if we evoke a vast opportunity from it.

If we don't let the negative aspect bother us; or better still simply and directly perceive the opportunity and opening behind, the opportunity will reveal itself.

If on the other hand we react with more harshness or other negative qualities to that challenging situation, the opportunity will recede from us.

Untitled

Often great opportunities come from the Higher Power, but they break because of our lack of readiness and receptivity.

Comment: However when we consecrate the opportunity and surrender ourselves to the Higher Power, to the Mother - instead of being influenced by negative attitudes, fixed habits, and any other ego movements - those opportunities are far more likely to be realized. Life cooperates through our cooperation.

Untitled

The time is ripe for all Higher Consciousness opportunities that come to us be accomplished and made real.

Untitled

Always Consecrate the Opportunity that comes your way.

Comment: It will insure its success, and then some.

Untitled

Opportunities coming on their own from out of nowhere from Life are indicators of Vast Opportunity to Come if followed through.

Untitled

Life pressing indicates opportunities are gathering.

Organization

Consciousness and Organization Together

"Life evolves through growth of consciousness, even as consciousness evolves through greater organization." - The Book

They always go together. Either one alone is not enough to bring forth results in life. One who lacks the first half of the formula means they haven't the energy; no fuel to drive the life. And one who lacks the second half of the formula means there is dissipation of energies due to lack of proper organization.

One of the ways life reconciles this by bringing contradictory parties in alignment; so one can learn from the other.

When MAI was lacking in organization, life brought them to Lempe's consultancy and through that process and with The Book, they discovered the above principle, and as a result both companies benefited magnificently.

The Book says:

"...The discovery arose from the realization that the two companies, MAI and Lempe, were mirror images of one another.

MAI had abounding energy, a clear direction, unlimited technological and market potential, and creative, enthusiastic people, but too little structure through which to channel that energy effectively and multiply its power to tap even a fraction of its potential.

Lempe had a highly developed structure, well-developed policies, systems and procedures, and a disciplined work culture, but the source of its life energy had somehow dried up. It had lost its direction and momentum. Its structure had become an impediment slowing down and entangling each action in a bureaucratic mass of lethargy.

The two companies were complements, two sides of a coin. Each possessed something that the other very much needed..."

(From 'The Book' by Garry Jacobs, page 165)

Foundational Security of Organization

In Business we can say that Security comes from Organization. Structure of job positions, hierarchy, authority, standard operating procedures, systems, business plans, are all foundational. When they are secure, the rest can follow. It is the solid ground from which all can thrive.

People don't value Organization - they take it for granted -- as they value the expert products and services much more. But everything depends on the foundation of Organization in business. It is the "Security" of the company.

It is the same for Society. There are roads and systems, schedules, means of providing education, ways to pay our taxes, military, police, fire support, etc. etc. We take them for granted, but they too are the foundation of society's physical security in life. Society achieves, thrives on top of the foundational security of Organization.

It is also the same for us as Individuals. When we are in a clean, orderly environment, when we have a to do list and schedule, when we plan our goals, when our computers are structured to meet our needs, when our appearance is neat and tidy, etc. we create personal organization.

When the solid foundation of daily existence is there, then we live in Physical Peace. We can now move to the vital peace of shared emotional experiences. No need to quarrel, as the Security of the physical is there.

In sum, Organization is the foundation that is the Security of Life. That enables us to move to the next plane of higher emotions and clear thoughts that will figure a way to take us to the future. The Spirit naturally does the same automatically.

Untitled

God Organized the universe. We can at least Organize our own lives.

Life Response Power of Decision to Unclutter

We know the life response power of cleanliness and orderliness, including clutter; and we also know the life response power of making a decision. We can also combine both to get an astonishing result.

An artist who often had too much clutter in her surroundings was looking for a particular photograph within a host of other photos. She scrolled and scrolled on her smartphone to find it without success.

Then at one point she indicated that she wanted to get rid of the clutter on her phone. At the very INSTANT she said that, the photo she was looking for suddenly came into view!

That is the power of making a Decision to improve one's self in a particular area; in this case to unclutter, which is a form of cleanliness and orderliness.

Untitled

Personal organization saves time, energy, effort, and resources; avoiding troubles; supporting life so it can thrive. Same for organization of the family, business, community, nation, and world.

Staying on Message

There are so many distractions in life, therefore it is best to "stay on message", focusing on those things that represent our most essential goals, and your highest personal and social values.

Such a focused approach to life requires organizing and taking control of our entire psychological and spiritual nature. Success invariably follows in its footsteps.

On the True Meaning, Essence, and (Spiritual) Power of "Organization"

WHAT ORGANIZATION IS

-Organizations is the process and result of bringing things, linking things together that formally were divided, independent.

-Examples of Organization are the family, the community, the nation, the company, etc.

-Organization is the connecting of things on the surface, that are actually One in the depth; i.e. from the spiritual perspective.

- Organization is to give form to the Oneness of things.
- Overcoming the divisions of life is Organization.
- We Organize our lives by relating to one another.
- Organization is to rediscover the Oneness in life.

ORGANIZATION AND SPIRITUAL POWER

- Karmayogi has said that the Mother is an "institution"; essentially an organization. (Eg She is linked to us wherever we are; She is devoid of all separateness. She is anywhere and everywhere; She can bring to us whatever we want at every moment.)
- Mother contains the supramental Force.
- Supermind is the ultimate form of Organization; everything there is linked, known, empowered to instantly manifest in life.
- The Supramental is everywhere, acting at every moment.
- When we call Mother we are linking ourselves to that Supramental power and organization that is always at our disposal.

(thanks to Garry Jacobs)

Untitled

Organise your life, your work, your consciousness.

Organisation consists in putting each thing in its true place. (The Mother)

(thanks to Saraswathi)

Comment: Put material objects in their right place, right order (PHYSICAL). Organize your consciousness, so you hold at bay wrong attitudes and opinions (VITAL). Prioritize your to dos, goals, and personal Values every day (MENTAL). Organize your day around Consecration and Mother (SPIRITUAL)

Then go a step further and interrelate these as you see possible. Eg correlate personal values (or consecrated efforts or ridding of a poor attitude) and one's highest daily dos. Etc.

Untitled

Just like we have rules, regulations, and procedures at work, so we need the same at home during the pandemic.

Comment: That way we are most efficient and effective during these challenging times.

Original Thinking

Untitled

People normally speak out information they've heard from others. Rarely does a person have a truly Original thought. This indicates how far society has to travel from its current Ignorance to Integral Knowledge. It almost seems infinite.

Untitled

Sri Karmayogi's thinking is a never-ending cascade of Original Thought. No one else on earth comes close.

Untitled

Perhaps the greatest of all human qualities is the ability to think for oneself.

Pain Suffering

Avoiding Grief at the Outset

Often we don't act to correct a serious problem until it dramatically presents itself. Then through suffering we painstakingly overcome the problem. However if we were conscious enough we could have perceived the problem in the first place, avoiding pain and grief. Subtle and not so subtle signs, indicators presented themselves, but we lacked the capacities to read them or the will to address them.

Untitled

Mother said that when she didn't focus on and give attention to Her body, instead simply offering the matter to the Force, pains she had quickly disappeared. On the other hand, when she gave attention to Her body, pains would increase or reappear.

Spiritual Caress of the Cheek

An Indian woman was suffering from great pain from her tooth. She was therefore given a pill for relief by a dental worker. He only had one. Moreover, he was about to leave for a week, so the lady was left with just the one pill.

She was about to take it, but then hesitated, and thought of another way. The lady then imagined The Mother's hand caressing her cheek in the painful area.

Very quickly the pain went away. In fact, it never came back again.

Untitled

Human life is filled with physical and psychological suffering. Transforming these into their evolved, spiritualized equivalents is our Sacred Goal.

Suffering and the Divine Victory in Life

Whatever sufferings come on the path, are not too high a price for the victory that has to be won and if they are taken in the right spirit, they become even a means towards the victory. (Sri Aurobindo)

Pathway To Victory

Whatever sufferings come on the path are not too high a price for the victory that has to be won, and if they are taken in the right spirit, they become even a means towards the victory. (Sri Aurobindo)

Untitled

Physical pain comes to generate the higher Consciousness, knowledge, and will that overcomes our Darkness.

Untitled

If thou art pained by any external thing, it is not this that disturbs thee, but thy own judgment about it. And it is in thy power to wipe out this judgment now.

(Marcus Aurelius, philosopher king of Roman Empire)

Perception

Levels at Which We Relate to Others

In a given moment we relate to people by what they look like as they stand next to us or appear in a picture, etc.; and from there we judge their appearance, whether attractive or unattractive; and in a variety of other superficial ways.

On the other hand, the Higher Consciousness Individual does not just relate to the physical presence of another before them, but picks up on the feelings, their psychological status, the person's mind, even that person's soul and essence.

This is an indicator of how future individuals of a spiritual-bent will relate to others. I.e. through soul to soul connection that is supramental in nature.

Beyond Opaque Perceptions of Life

The scientist, the materialist have little or no understanding of the subtle laws and forces that lead to outcomes, that govern circumstance in life. Nor can you teach them these subtle principles. At some point they need to spontaneously have the experience themselves. Then a bit of light will penetrate their opaque perceptions of the world.

Untitled

Always seek to understand the ESSENCE of what people are saying, not merely the surface knowledge that one enjoys.

Untitled

What people see as a constraint, a collapse; Conscious People see as an Opportunity.

Comment: Pandemic is example.

Untitled

In Supramental consciousness we perceive our & others' perspectives on a matter simultaneously, giving great capacity to achieve.

Untitled

Messages From Priya Mahesh

(from 'Let's Sell Successfully')

- Difficulties come to make us Progress
- The Greater the Difficulty the Greater the Progress.
- Be Confident and Endure
- The Hours Preceding Victory are often the most Difficult
- They Conquer Who Believe They Can.
- Small Values cannot Serve Higher Aims

Untitled

Historians have documented the facts of life outside, but do not perceive that history is an Evolution of Consciousness inside.

Perfection

Radical Perfection and Change

The public and their business leaders scorn the idea of perfection, as it appears to stifle innovation and change. But that is not the Perfection we advocate, which embraces Uncertainty and other forms of Radical Change as part of that effort to Perfect.

Perfection is therefore not just to do everything exactly right, but to also embrace change perfectly from moment to moment.

--

and let's not forget perfection of organization, attitudes, values, etc.

Perfect Dovetailing of Circumstance

Wouldn't it be marvelous if everything could flow perfectly in the course of your day? It can, to perfect precision if you consecrate the activity beforehand, as well as maintain the highest positive attitude. Life will then cooperate and flow smoothly, perfectly down to the tiniest detail. A profound dovetailing of circumstance will surely follow!

Untitled

Through our Perfection of form, we get a first glimpse of Heaven's design.

Untitled

Everything in life - including the beauty of nature - is a poor copy of that which is there in the unmanifest Divine. To bring that Perfection into our lives is Life's, the Spirit's goal.

Perfecting Your Work

List out all the ways you can perfect your work, and then take it up in full. The entire universe will begin to rush to your doorstep.

Untitled

As something moves to Perfection, it becomes supramental, causing infinity to break out.

Comment: How well do we perfect our work, that will have the effect of attracting infinite-like results? Let's make a list to indicate all the things necessary for the work to be perfect; and then make a commitment to carrying them out. That execution of all things to perfection followed by the attracting results is an expression of the Supramental Consciousness in our being.

Perfection Attracts

Movements toward perfection normally attract positive conditions. Eg a small business in a somewhat hopeless position perfected the letter of application for a huge contract. Their chances of winning it were very slim. However, they won the contract because the decision-maker noticed how immaculately perfect the letter was written.

Untitled

One of the ways you evoke the Future is by perfecting the work assigned to you in the present.

Untitled

Spiritual Perfection is to be a perfect instrument of the Divine's intention that is expressing through ourselves.

Urge For Divine Perfection

The deep inner aspiration and quest for perfection is divine. It will never be satisfied until Life becomes Divine, i.e. perfect. That is the divine intention. An unceasing aspiration is the spirit in us.

(Garry Jacobs)

Perseverance

Perseverance, Faith, And The Response Of Life

Karmayogi has written: "Perseverance creates faith, says The Divine Mother. One must persevere till faith is born and rises to its full power."

Why does Perseverance create faith?

It is because it stretches you beyond your normal capacity and skill; which means you are abandoning the previous support, and opening to something Greater.

Life cooperates and responds vastly in the positive under such conditions.

Faith now emerges increasingly.

(thanks to Senthil)

Physical Consciousness

Untitled

Great physical ordeals, like life-threatening catharsis can awaken one inside; revealing various aspects of the Mystery.

Physical Transformation Process

The biological process of overcoming limits of the physical is to direct the Force into the cells of the body so that it no longer believes in the inevitability of pain, disease suffering, and death. Eventually new organs and biological systems take shape.

Untitled

The first thing the physical consciousness must realize is that all the difficulties we encounter in life arise from the fact that we do not rely exclusively on the Divine to find the help we need.

(Mother, from Agenda, February 1, 1972)

Beyond Individual Existence

Certain experiences make me think that this sense of personal limitation isn't necessary to physical existence – it's a thing we have to learn, but it's not necessary. The impression had always been there that a body defined as making up separate individualities is necessary – it's not. One can live physically without that; the body can live without that ...

(the Mother, from Agenda, August 5, 1970)

Untitled

...in the body, whatever has trouble adjusting to this new Power creates difficulties, disorders and illnesses. Yet in a flash you sense that if you were totally receptive, you would become formidable.

(The Mother, from Agenda, May 6, 1972)

Comment: This too has been my experience.

Conscious Eating

- Consecrate the activity to the Divine/the Mother
- Concentrate on the meal at hand, putting aside other matters
- Avoid speaking if you can
- Empty the mind of thoughts
- Focus on the food
- Observe yourself eating
- Savor the food, but without attachment
- Eat slowly, carefully
- At the end feel fulfilled, immersed in silence and satisfaction

Untitled

Physical consciousness individuals will not change their fixed position no matter how compelling the evidence in the opposite direction. At that point Life may take over; harshly driving them down until they submit.

Beyond the Straight Jacket of the Physical Consciousness

The physical consciousness does not want to change. It wants to repeat the same thing over and over, ad infinitum. Repeat the same thoughts, the same feelings, the same physical habits and routine.

It has inherited this unchanging quality from the fixidity and unconsciousness of matter. Most of our lives are governed by it. We are slaves to it.

However at each point where we break out of it, life responds in our favor, which energizes us to no end.

Who would have thought that this capacity to instantly evoke the marvelous is always at our fingertips. When we break out of the straight jacket of the physical consciousness, life quickly Opens Up before us. It is a Wonder to behold!

Pleasure in One's Duties

The physical consciousness just wants to do things it deems enjoyable, rather than do one's duties, which it considers humdrum and mundane. Yet duties can become highly energizing when done in the right spirit, right consciousness, - revealing avenue of discovery and pleasure one would not have thought possible.

Untitled

People will virulently hold onto their ideologies, no matter how much the facts disprove it.

Breaking the Chains of Like and Dislike

We like whiling away the time, thinking about what we like, and don't like, reinforcing our prejudicial views, in endless cycles of repetition.

This is not the higher consciousness at work. Rather it is the Physical, which likes to repeat in endless cycles; never wanting to learn; never willing to change.

When we move to a deeper poise, away from the surface, the game changes, as our inner being opens to possibilities, and there develops an inner urge to go beyond its current understandings. Now the chains of like and dislike are broken. As a result, we can truly understand: now we can grow, evolve, transform.

Fall into Physical Consciousness

Devotees will periodically fall into a state of blahness, emptiness, with lack of purpose and motivation, which we have come to understand is the assertion of physical consciousness over our normal being. In these periods of our lives, whether short or long, we should remain calm and steady, until our normal consciousness returns.

Untitled

Life repeats negatively, especially among those in the physical consciousness, lost in the Ignorance.

Transitions and Overcoming Reluctance of the Physical

The physical does not want to be altered from its ongoing patterns when faced with a change in direction necessitated by life, including the very smallest thing.

Acceptance and embracing the change in one's mind will more easily facilitate the transition. Centered within or otherwise in the spirit makes it far easier still.

Untitled

Because the physical does not like to change its routine, when a difficulty arises it panics, and becomes negative and defeatist. Stationed in a deeper center of being, such reactions would not occur.

Seeing Beyond the Physical Conditions

We may know some of the Physical conditions in a given situation, but do we know the psychological and spiritual, or better yet the integral perception of that reality?

As long as we live on the surface of life, dominated by what comes into our field of awareness through our five senses, we will tend to see only the outer, physical, material conditions, reinforcing our fundamental Ignorance born of creation

On the other hand, centered in the Depths Within, we see beyond the physical conditions into the other planes, including the subtle laws of life that are unfolding. We thereby become one with the Object of the Truth of the situation; having the integral awareness of the conditions; the very best state of Knowledge for clear thinking, decision making, and taking action.

Attributes Of The Physical Vs The Spiritual

The Physical Consciousness does not want to change its habit, is unwilling to do things, does not learn, is intolerant, is unresponsive, fixed and not open, aspires for little or nothing of consequence; whereas the opposite, the Spiritual Consciousness, is constantly breaking habits, creating new possibilities, is flexible, open, tolerant, eager to learn, eager to please, aspiring to uplift his/her life in various aspects.

Shifting from the Physical to the Spiritual in these ways is a sign of personal growth, progress; even transformation and evolution.

Untitled

We are happy to do the same thing over and over. It is the physical consciousness that doesn't want to change.

Comment: Breaking the habit, trying something new brings the infinite to us. Like the man who took a different road and discovered a bookstore with a book in it that had information about a person who changed the course of his writing career.

Untitled

Ridding ourselves of minor untoward habits is an entranceway into the Physical Evolution and Transformation.

Untitled

A fool is someone or some party who does not learn from past mistakes.

Comment: For example, America made many mistakes during the flu epidemic of 1918, of not wearing masks, etc. which they are repeating again, even though the past has warned them clearly of such dire behavior.

On close examination we can see this negative dynamic at work in the world, as well as in our own selves. World history, and our own history will reveal plenty of examples.

<https://www.nytimes.com/2020/08/03/us/mask-protests-1918.html?action=click&module=Top%20Stories&pgtype=Homepage>

Pioneer

Receptivity to Ideas By Different Types Of Individuals

Most people are not mental. They are mostly vital; centered in their emotions and

needs. Ideas are nothing until they are experienced in life. And yet the ideas were true before they had such experiences. Conscious individuals who are open to new ideas and also experience them are receptive at the mental and vital planes of the spirit. If they are really passionate about the ideas, then they become pioneers of consciousness; forerunners of a new way of living.

(Roy Posner)

Changing the World by Breaking Away from The Herd

The number of people who change the world is few. Why is that the case? It is because the remainder of us follow the herd, feel the instinct to keep in line with the past, not upset the norm, the tradition.

Until one looks around and asks who am I? What is life? What is my purpose? What should I become? Where are we headed? one will never cease following the herd. Until one uses the power of mind to question the norm, and seek one's own path, one will be in lock step with all others.

It is through mind that we can question things, enabling us to break away from the herd and become true individuals, with the capacity to change the world.

Practical Example of Interrelation Among the Individual, Universal, And Transcendent

As we evolve as Individuals, we discover that we can be instruments for fulfilling the needs of Society, which is actually the progress of the Universal, which in turn fulfills the will of the Transcendent, the Supreme.

Eg members of MSS seek to evolve in personal consciousness, so they become true spiritual Individuals. As they do, they come upon new avenues to bring about the progress for society (eg in economics, education, business, literature, Indian development, etc.), bringing the highest consciousness to these concerns, with the best solutions.

This universal action is in turn secretly carrying out the will of Transcendent that seeks the evolution of consciousness in these societal matters.

Untitled

Social movements move society forward, driven by pioneer individuals.

Untitled

The Pioneer Individual creates things that the Society does not know it wants.

Untitled

T. Natarajan of South India (aka Sri Karmayogi) - the greatest multi-dimensional thinker in the world over the last 50 years. No one else has come close.

Comment: His contributions are in the fields of economics, history, education, literature, principles of life, evolutionary spirituality, creation theory, business, work, human psychology, sociology, Indian development, supramental transformation, etc. - each

filled with hundreds, thousands of unprecedented-in-the-world thoughts. Over 10,000 breakthrough conceptions, previously unknown to the world

Untitled

A multi-dimensional spiritual genius of a type unknown before. If an individual has given 100 original ideas he is considered great. Appa has given the world 100 or 1000 times that.

Karmayogi's Spiritual Contributions to the World

Karmayogi has revealed to us most of the subtle laws of life, the workings of supermind, and has himself practiced integral yoga and transformation to a large degree. It is almost unfathomable how far he has gone in his experiences and writings.

He has in essence surrendered to the Force, to the Mother at every detail level of life, and has documented his findings of the many facets and workings of individual, societal and cosmic existence.

His writings are hundreds of years ahead of our times in the many fields of life he has addressed. And yet it has all been documented and offered to the world for humanity's future reference.

His vast knowledge comes not only through his opening to the Mother, to that Supramental Knowledge and Power, but also from his deep studies of Sri Aurobindo's 'The Life Divine', which is the bible of spiritual insight and the pathways to our future human existence. He has taken the Master's radical departure from the spiritual tradition, and explained it with fresh eyes for the modern world.

Untitled

Karmayogi's (aka T. Natarajan's) vast teachings across an enormous range of fields of life appear to be 500 years ahead of its time, but through our Knowledge of it can be Realized within 50, or less.

Untitled

Blessed are those who take a leap towards the Future. (the Mother)

Karmayogi: Supramental Avatar Of Knowledge

A genius is one who brings out ultimate knowledge in a field in his time, more often than not emanating from experiences of spiritual mind - i.e. through silence, vision, intuition, etc. A genius also normally applies himself to a particular field - like Einstein to physics and Ramanujan to mathematics. It is however rare to apply one's genius to multiple fields simultaneously.

And yet Karmayogi has done just that. Through his genius-based efforts he has brought out infinite-like wisdom from many fields of life simultaneously - including the domains of social development, education, history, literature, economics, spiritual growth, human evolution and transformation, and the nature of creation and reality.

And he has breached, gotten to the essence and core of each of these fields in vast detail through many thousands of unprecedented, ground-breaking insights, a feat unknown in the world till now.

Moreover, he has INTERCONNECTED these thoughts in unimagined ways, creating in essence an Integral Wisdom across all fields of life. Over the years I have thus referred to him as a multi-dimensional Spiritual Genius.

I am even tempted to say he has attained Supramental Genius in the plane of Knowledge. He became an avatar-like Personality for our time and all time. One whose Wisdom can move the world forward toward its infinite possibilities in this accelerating Mental Age.

-Reposted from book 'A New Way of Living' by Roy Posner

<http://royposner.weebly.com/a-new-way-of-living.html>

Values And Attitudes Karmayogi Advocated & Practiced

Karmayogi practiced and advocated the following values, all of which tended to attract good fortune and higher, spiritual atmosphere throughout his life, and in the life of his followers. (And they will continue to do so in this next stage.)

Cleanliness and Orderliness

Coordination among people; among ideas

Silence (of sound, thought, etc.)

Non-wastage (of materials, resources, water, food, etc.)

Kept exacting Financial Accounts

Perfect Organization; Accounting of things

Paying off all Loans on time

Responsiveness to Complaints of others in the (MSS) organization

Tried to maintain Harmony at all levels

Hard Work, including hard inner work on one's consciousness

Advocated health as a value focusing on faith in the divine force over doctors and medicines

Cheerfulness of disposition

Generosity of spirit; Self-givingness; Human kindness

Forgiving nature

Took responsibility for outer negative problems related to him as his own deficiency. Took Responsibility in light of others' deficiencies. He asked others to take responsibility for untoward circumstance happening to, surrounding them.

Courtesy and Civility towards all, not matter their agreement with him or not.

Advocated and supported Prosperity of Followers

Supported Higher Consciousness, Spiritual Growth of Followers

Believed strongly in and made a supreme effort to interpret Sri Aurobindo's and Mother Works in all fields,

Aspired deeply for the Prosperity of India. Aspired to accomplish Sri Aurobindo's Five Dreams

Aspired to see Mother's views of a New Education be implemented; Aspired for Every Child a Genius

He saw defects and deficiencies of others as opportunities for improvement.

He focused on a person's consciousness over his actions when evaluating others deeds.

He was concerned more about what people should not do more than what he should do.

He avoided probing into the personal life of devotees.

He favored cooperation rather than competitiveness among the people around him.

If the consciousness was lost (replaced by routine) by a devotee in a recurring presentation, he saw no further use for that undertaking. Consciousness meant everything.

If a relative or close associate had a weakness, he tried to find the corresponding one in himself.

That abject failure could be turned around into great success.

Seeking recognition dilutes the work.

Believed that any problem has its solution

Take the other person's point of view.

Took a special interest in whoever showed a willingness to progress and improve or whoever showed some spiritual aspiration.

Believed knowledge will grow only when scientists give up their obsession with data and experimentation and move on to ideas and values.

Perfection (in work, in documents' spelling and grammar).

Believed that through great literature and film we can perceive the deepest principles of life at work^[OB].

Never suggested anything to a devotee that went against the grain of their personality.

Also:

Truthfulness, Sincerity, Punctuality, Purity, Not Reacting, Patience, Not Initiating, Aspiration, Consecrated Effort, Mother First.

Our Purpose In The Universe: Spiritual Individuality

Sri Aurobindo says that the purpose of the universe is to manifest the Divine in life. And the destiny of the individual is to manifests unique aspects of that Divinity.

The emergence of the SPIRITUAL individual makes that happen.

The spiritual individual is one who is in touch with the Divine Truth; who is fully conscious in his inner being, and is giving expression to it.

Untitled

Karmayogi is 100, or even 1000 years ahead of modern thought and understanding.

Comment: But we can abridge that period of time if it becomes a standard of our future education taking root and blossoming throughout the world.

Karmayogi's Spiritual Nature (Updated)

Through Garry's narration of Karmayogi's experiences we can detect the following aspects of Appa's nature; i.e. his Personality and Being.

-
- He did things for its own sake, it's inner meaning and value, rather than for the sake of reward, money
 - There was no greed in him
 - He avoided mercenary actions, decisions, always taking to what was just and right
 - He held, applied deep, consciousness-oriented values in significant situations
 - He remained silent and waited for situations to develop or people to come forward. He never forced himself on people
 - He constantly demonstrated fairness, keeping the ego at bay
 - He went out of his way to teach and impart knowledge on others
 - Through his inner influence he helped propel so many he knew to the heights of inner and outer achievement.
 - He did not react negatively to negative situations, perceiving the positive, the opportunity behind
 - He sent several devotees on seemingly impossible endeavors, yet they were fully realized, as he intuitively saw into the future
 - Through Mother he constantly turned small things into enormous successes.
 - He initiated relatively small endeavors that spread throughout India
 - He developed countless, profound insights in various fields of life that very often originated in his experiences rather than just in thought
 - Through his inner and outer experiences he developed principles of life that dynamically extended Sri Aurobindo's and Mother's teachings into the field of life
 - He saw vast potential for India and in countless ways worked to make them real
 - Though he initiated undertaking that created vast success, the recipients were often unaware or forgetful of Appa's role, though it did not trouble him in the least
 - On countless occasions he had power of Faith to prevail in Truth when false forces were pulling in the opposite direction
 - Appa was committed to perfection in the details
 - Often through his application of physical values (maximum utilization to the point of perfection, timeliness, et al), (along with consecration), life would respond with startling results
 - Most strategies he has given to others he has experienced, understood, applied, tested, etc., attracting astonishing results for the recipient
 - He could always assess the situation and perceive in it the appropriate principles of life

-Like not seeking money for its own sake, Appa never asked for power. He was constantly self-effacing, avoiding taking credit for successes. Garry said this quality he had never seen in another human being.

-Appa also knew that by giving up the credit, giving it to others on certain occasions, life would respond in return, which was what often happened.

-He had an extraordinary capacity to want to see other people flower. He took interest in other people, and discovered the point at which they can expand and grow,

-What he wanted above all things is to Serve Mother.

-He wanted to personally stay out of the way so Mother's intention in life could manifest.

-He did not seek credit for what he wrote, letting others take the credit.

-He knew that to do service to Mother, you have to remove the ego, be totally selfless, which he did by being self-effacing, giving credit to others, and so forth.

-His tireless, unending capacity to give attention to others, has energized them to attract great success.

-He could see through a person's limitation of consciousness and discover and often bring out their positive points. Eg he would perceive a developed psychic being for a person who was outwardly gruff.

-Whatever the caste or class or similar a person was, or whatever others thought negatively of that individual, Karmayogi could always relate to the true Person in them, encouraging them, building them up.

-He also had a specific set of physiological beliefs that he believed in and practiced. Among them:

--Never claiming credit for anything; even for a thought.

--Never correcting another person

--Never speak sarcastically

--Never expect recognition or appreciation

-He gave people recognition to others, not to prop up their ego, but to encourage them to go further.

-He was very polite, yet could say something strong that needed to be said to an individual, whether alone or so others in a very small group could learn from it as well. Still this was rare, and can be said to be Grace for that person, as it proved to very helpful for their future growth.

-He treated each person according to their nature.

-Using the Mother's Force he was able to heal the infirm and the very sick, and help overcome psychological distress like intense fear. With a combination of the Force and the right strategies for each person, he was able to achieve great physical turnarounds.

-He gave countless strategies and advice to individual business leaders, including one's that were failing, that completely turned around the situation, almost miraculous-like; often in very short periods of time. Aside from his breakthrough personal and business strategies, "Consciousness Approach," that he lent to these situations, he also utilized

Mother's Power to reinforce it with highest consciousness, to produce these dramatic results.

-He was able to adjust to each personality and come up with strategies and use Mother's Force for solving their particular problems, for their elevation of consciousness, and all – whether for the individual or the collective.

-His entire life was oriented around Consecration - of acts, of problems, of past issues, of how to overcome limitations in one's nature; always with the belief in "Thy Will Be Done" - ie Mother's Will. He had all devotees follow this practice, which constantly attracted miraculous-like conditions for everyone.

-He brought to the world the study and insights into the Character of Life, unprecedented in the history of the world, an original conception on how life functions.

Inner-Outer correspondence was the first of many startling principles he revealed to the world. There are many dozens, actually hundreds more. They apply to our own individual life, in literature, in film, in history, current events, in work, in business, in human relationships.

He has shared that knowledge especially with devotees through the vehicle of Jane Austin's novel *Pride and Prejudice* to their own great benefit. If this profound wisdom spreads it will dramatically alter our understanding of how life works.

-Every initiative he was DIRECTLY involved led to enormous success. It is because of his Personality and the Mother's consciousness behind. Enormous successes were the result.

-He believed that projects he initiated for India and the world would result in tremendous success, when all others believed it impossible. The projects then evoked those stupendous results, and far beyond. It was indicative of his Personality and the Mother's Force that he relied on.

(Paraphrase of GARRY JACOBS' recollections, by Roy Posner)

Untitled

Karmayogi OFTEN sent Garry Sir on seemingly impossible missions that led to enormous, often fantastic successes for the nation and the world. It was Appa's deep connection to and Faith in Mother that made it all happen.

On The 50th Anniversary Of The Mother's Service Society

-by Roy Posner, October 17, 2020

In the heart of the world there is a Light. While the old world sheds its skin, collapses, a new world is being born. And the Light at the center of our life, guiding our way forward, hurtling us toward our spiritual destiny is Mother's Service Society.

In 1976 a young man came upon the outer banks of that organization when he met with Garry and Leslie Jacobs in California, and began his professional career. Little did he know at the time that behind Mere Cie, their import company, was an emerging Institute that interpreted the works of Sri Aurobindo and the Mother and applied it to all fields and facets of life.

And little did he know that at the center of this heart of light was the indomitable focus on opening to the Mother and Her Force in whatever areas of life we were engaged in. This was the stunning magic and power that a young man came upon on that fateful day. Karmayogi, the founder and inspiration of MSS had earlier instructed Garry Jacobs to think of Mother in all projects he was assigned to, just as Garry now asked me to “Remember Mother” on my first day’s sales effort for Mere Cie. For myself, it was the day the Magic was born.

Now 50 years after MSS's founding, all the thoughts have been thought; all the ways to enrich life with Mother’s power has been explained from every angle in every major field of life by the multi-dimensional spiritual genius Sri Karmayogi, the founder and Light within the Light of MSS. What more could we want? And yet now Garry Jacobs works to spread that knowledge so that new generations of devotees can understand the vast, unprecedented Wisdom that Karmayogi, and previously Sri Aurobindo and Mother, brought to the world.

And now after all these years we have come to understand that the warehouse of that Knowledge, the center of all initiatives and projects to change the world through Higher Consciousness, is contained in the vehicle that is Mother’s Service Society.

My personal efforts to gather, categorize, understand, and spread that profoundest of Knowledge are but an echo of a magnificent chorus of wisdom and power that is vibrating around the world. In these dark times of pandemic and economic and social and political turmoil, MSS stands out as a beacon lighting the way forward, while most of the world’s thinkers, organizations, and institutes can only look on blankly at the turmoil on earth and ask “Why?” And yet MSS has addressed all the issue behind these and other ultimately challenging developments, providing profoundest of answers to Life’s persistent questions.

Perhaps we can say that MSS has dusted the world with pure wisdom ready to be mined by all those on earth who seek a better life.

So I congratulate Mother’s Service Society, MSS, - the monumental intellectual and spiritual beacon of the world - on its 50th anniversary. And I do so as we are so strangely huddled within our homes due to Covid19, and stranger still realizing that Appa physically left us just a few months before this 50th anniversary celebration of the institute he conceived of and gave life to.

I am so proud to have participated in MSS's various initiatives and projects across these many decades, knowing that I am but a tiny leaf blowing in the wind, as I humbly bow before the greatness of this Divine institute on earth.

Steve Jobs' Qualities Of Greatness We Can Learn From

Steven Paul Jobs was an American business magnate, industrial designer, investor, and media proprietor. He was the chairman, chief executive officer (CEO), and co-founder of Apple Inc., the chairman and majority shareholder of Pixar, a member of The Walt Disney Company's board of directors following its acquisition of Pixar, and the founder, chairman, and CEO of NeXT.

Jobs is widely recognized as a pioneer of the personal computer revolution of the 1970s and 1980s - including Apple II, and Macintosh -, along with Apple co-founder Steve Wozniak; as well as the pioneer who ignited the Smart Phone revolution of the 2000s.

Here is a list of personal qualities that made him a great success.

1. SELF-RELIANT -- never worried about what other people thought of him
2. COURAGE -- to follow his convictions
3. SELF-CONFIDENT -- trusted his own judgement and intuition -- his FAITH was in himself
4. OTHERS POINT OF VIEW -- understood what people wanted and aspired for and strove to fulfill their aspirations, rather than imitate what everyone else was doing
5. ASPIRATION -- to change the world and do what no one has done before
6. FAITH -- believed in his vision of possibilities and was never determined by the fact that it had not been done before
7. COMMITMENT -- had intense commitment of all his energies to achieve the goal
8. FAILURE -- learned from his failures and grew through them rather than getting discouraged and losing hope
9. INDIVIDUALITY -- never tried to fit in. He wanted to be himself and express his unique talents.

-thanks to Mother's Service Society (MSS)

Planes of Being

Horizontal and Vertical Planes, And the Integral Yoga/Transformation

Q: Just how many planes of being are there?

A: You can divide the planes of the person or life in many different ways. I usually speak of say 12 levels in the "vertical scale" (3 physical/matter planes, ascending through 3 vital planes, through 3 mental planes, through three planes of spiritualized mind), though I suppose you can discover other levels too.

Then there are a number of planes that can be understood in the "horizontal scale," from the surface to the depth; including one's surface consciousness, the subconscious, the subliminal being, and the soul/psychic being. Eg a superficial, ignorant person may predominantly live on the surface, while one who has a developed subtle mind perceives the subtle workings of life around him more readily.

The depths behind the surface and ordinary mind - ie the Horizontal scale - include the subconscious mind, which influences one's decisions positively or negatively, though we are not cognizant of it. Then deeper still is the subliminal mind, which within is in touch with universal forces and sends up positive influences to the surface of our being. And at the deepest depths is the soul or psychic being, which is the evolving spirit and true self within us, which has the greatest transformative power.

Eg In the integral yoga one goes within, shifting one's consciousness from the surface to the depths (along the horizontal scale), which also has the effect of moving one upward

from normal or rational mind to spiritual mind (of planes 10-12) in the vertical scale. "We go in to go up."

If we consider the power to accomplish in life that includes the spiritual approach to our existence, then we can see that going to the deepest depths creates the most powerful lever to take us to the highest heights of spiritualized mind where we cognize the Reality in its integral Truth, which leads to the most profound insights, intentions, and actions that lead to the greatest successes. Here Life Response is continuous and overwhelming.

Planes of Our Being

Here's a nice image of the makeup of our being. Note that the Spirit is the innermost center. (We could call it the spark of the Divine within us.)

Connected with the Spirit is the Soul, which is the Psychic Being, the evolving Entity that takes birth in the body and then enters other bodies in succession on its journey of Self-Discovery (through the experiences of the individual it inhabits).

Next, the mental being involves thought of the Mind, including fact processing, the beliefs we have, and where rational thinking takes place.

The Vital being consists of our attitudes, feelings, emotions, and sensations.

The Physical Body is just that: the gross, material, container of our existence, including all its systems and functionings.

Receptivity to Ideas by Different Types of Individuals

Most people are not mental. They are mostly vital; centered in their emotions and needs. Ideas are nothing until they are experienced in life. And yet the ideas were true before they had such experiences. Conscious individuals who are open to new ideas and also experience them are receptive at the mental and vital planes of the spirit. If they are really passionate about the ideas, then they become pioneers of consciousness; forerunners of a new way of living.

(Roy Posner)

Perception of An Idea at Five Planes

We can perceive several planes of being in our nature, rising up from lowest to highest consciousness. They are Physical, Vital, Mental, Spiritual, and Supramental. Also people tend to be centered in their being predominantly in one of the planes, usually vital or mental.

Also we can perceive how each type of person perceives an idea, thing or matter (from lowest to highest)-

A Physical person rarely perceives an idea, as he is not interested in learning, and so it bounces off his mind.

A Vital person perceives an idea only when he experiences it.

A Mental person perceives it when it is rationally presented and understood.

A Spiritual person perceives its truth in the silence of his mind.

A Supramental person perceives it Instantaneously in the moment it reveals itself as an integral truth, and simultaneously manifests as something materially real in the world.

Subtle Physical Plane

-We perceive the gross material world, not the subtle physical, which lies beyond normal sight. There all forms are perfect, are beautiful. One challenge of the evolution is to bring the subtle physical into the material reality we perceive around us. That will further ennoble life, divinize it.

-In one sense the subtle physical is the real, and the physical around us is an illusion, a distortion of the true truth of things; an imperfection on the way to perfection. The subtle physical is already in that state.

-Looking out on the world we do not see things as they really are; only perceive the limits of existence through our limited mind. We are not conscious of things as they really are.

-Everything that comes into being at the material plane, comes from the subtle physical, passes through there.

-Moreover, everything in our future, including accomplishments to come is indicated there; resides there.

-The subtle physical is continually setting forth its qualities into the physical plane. Eg the sudden blossoming of trees, may be indicating good fortune to come. Having a subtle sense, indicates that you are able to see subtle formations unfolding in the material world.

-The subtle physical is concealing the greater, higher consciousness planes still.

-Sri Aurobindo lived in the physical plane, and had constant interaction with Mother, beginning nine years after he left.

-Mother seemed to indicate that the supramental being is there in the subtle physical, awaiting to manifest in the physical.

Physical and Subtle Physical

Everything that now exists in the physical/material plane once existed in the subtle (immaterial, invisible) physical plane.

Therefore all that will come to be in this life now is formulating and existing in the subtle physical.

For example, it is said that Sri Aurobindo, who left the material plane in 1950, is working out the Supramental Being in the subtle physical, which will one day manifest in this material life.

Judging from the Vital and Beyond

From the vital/emotional plane we cannot judge reality. Only from the mental plane (or higher to the Spirit) can we accurately, integrally judge it, know it.

Eg Lizzy in *Pride and Prejudice* mistook Wickham's charming nature when she was smitten by him through her vital feelings and emotions. Only when she reflected on things with her mind did she come perceive his false, duplicitous nature.

It would turn out to be an Awakening; an evolution of consciousness that changed her.

Our Relation to Other Worlds

Unknown to us we are in constant communication with other unseen worlds. Our inspirations come from there. Our ideas come from there. Our higher aspirations come from there.

If we weren't in contact with those other worlds, there would just be material forms on earth; there would be no life on earth. No mind on earth. No humanity on earth.

We exist because of the interaction, the interplay of this material plane and these other worlds.

Experience of Time Among Person Types

There are several TYPES of persons, of which the normal human being is centered mostly in his vital or mental being. Moreover, we can see how each type of person relates to Time:

--A physical person enjoys mindlessly reveling in the past.

--A vital person likes those moments that are satisfying, whether in the past or present.

--A mental person focuses on that which is useful among past, present, and future.

--A spiritual person lives in a state of Timelessness, i.e. beyond time.

--A supramental person lives in simultaneous time -- where past, present, and future are experienced as one, without boundaries, in the Eternal Present. E.g. from the present he can change the past and future.

Inner Means of Immortality

Silicon Valley wants to extend our lives to 1000 years. But what good will it be if we don't expand in consciousness the mind, the heart, and the vital being. It would be a tortuous physical existence!

Physical Form, the Subtle Physical, and the Spirit

-Form is the last step in the manifestation of Spirit.

-Material form manifests in the gross/material physical, but has its origins in the subtle physical.

-For form in the material plane to become perfect, it would need to fully manifest the Spirit behind.

-As She indicated in *Agenda*, the Mother saw the infinitely evolved Supramental form in the subtle physical; what it looked like if it were to manifest in the physical; consisting of an inexpressible wonder, beauty, and gracefulness.

Untitled

The Deeper Part of ourselves can be fully engaged in the world, yet without being caught up in it.

Power of Planes of Our Being to Accomplish When Instruments of the Spirit

The physical, vital, and mental parts all exist in the Ignorance, None of them by themselves can achieve the results we aspire for. The physical (body) understands little if anything. The vital/emotional understands only what it prefers or desires. The mind understands but a trifle, a part, not the whole. Plus it is often not rational.

However, all of them are meant to be instruments of the SPIRIT, which will temper the excesses of our being, in turn releasing us from the Ignorance (our prejudices, preferences, desires, and all), enabling us to gain a multi-faceted integral Knowledge, which will in turn help us accomplish anything we so choose.

How do we bring in the Spirit? There are a wide variety of ways to bring the Spirit into our lives, including calling in the Force to circumstance (consecration), through mental stillness, by not reacting to the intensities of others, by taking the other person's point of view, by connecting to our deeper parts within culminating in the soul, by giving of ourselves fully to the hopes and dreams of others, by taking to spiritual values like harmony and oneness, and so forth.

It is to elevate these various parts - physical, vital/emotional, mental - of our being to their spiritualized equivalents.

Strategies That Attract Work Success At Four Levels

PHYSICAL - cleanliness and orderliness, maximum utilization of resources; no wastage; overcoming fixed habits, punctuality

VITAL/EMOTIONAL - No bad attitudes towards others, work, life; a general positive attitude, optimistic, generosity, self-givingness, proper handling of money

MENTAL - Reduced expression of opinions; openness, tolerance, application of work values, taking responsibility.

SPIRITUAL - Silence in the mind, Moving to the depths, Consecration to the Spiritual Force. Intense steady Aspiration for improvement, patience, non-reaction, taking another's point of view, gratitude, Movements toward harmony, Focusing on Truth, Success/Accomplishment

Subconscious, Subliminal, Psychic Being

The SUBCONSCIOUS (aka Subconscient) is part of our being that we are unaware of, and is a mixture of positive and negative qualities.

The SUBLIMINAL is inside the subconscious and is very positive aspect as it is in tune with the supraconscient in the universe. From the Subliminal pecculates up to our conscious awareness, to our minds insights and intuitions about the workings of life.

The SUBCONSCIOUS is also negative, as it is the source of difficulties and dark dreams in sleep, reinforces illness when it comes to us, and is the seat of the physical

consciousness that does not want to change. It is the part that has to evolve for the Evolution of the individual and humanity is to take place.

The PSYCHIC BEING is the evolving soul, the spirit in our lives which is a part of the Divine Soul, ray of the Divine. The Psychic is part of the Subliminal. At a subtle level it is thumb-sized residing behind the heart.

The psychic being is constantly being reborn in new individual hosts in its journey through space and time to acquire increasingly greater knowledge and capacity, culminating in Divine physical existence, including immortality.

What The Subliminal Being Aspires For

The subliminal is very often the reverse of the surface personality.

For example while Ravana on the surface hated Vishnu, his subliminal soul only wanted to go back to Vaikuntha and serve Lord Vishnu.

While Darcy and Lissy [in Pride and Prejudice] on the surface exhibited pride and prejudice with respect to each other, their subliminal attraction to each other brought about a marriage between the two. (N. Asokan, MSS, based on Karmayogi)

Comment: Another example: On the surface I wanted to meet people related to Sri Aurobindo and Mother at the Los Angeles East-West Center in 2015, as I had at the San Francisco center when I lived in that area. However, my subliminal wanted me to go to the East-West center in order to meet up with Trudy who pointed me the way to an opportunity to work for Mere Cie Imports and Garry Jacobs. I took up the suggestion and my entire life shifted as a result.

Planes, Intensities, And Consciousness Of Courage

Every quality of being - eg energy, perseverance, courage, skill - can be measured in its level of consciousness, (physical, vital, mental, spiritual), as well as its intensity (none to little to great).

Eg take COURAGE. There is (1) Physical courage of the Warrior. There is (2) Vital courage of the head of family who does everything he can to prevent it from falling apart. There is (3) Mental courage of the idealist who seeks to attain some benefit for the constituency he is addressing. There is also (4) Spiritual Courage which we can call Inner spiritual equality of being (strength of not reacting in a tough situation);^[OBJ].

There is also Intensity of the attribute, which is the degree to which he has any of the expressions, here focused on Courage. Eg Churchill had both GREAT vital and mental conviction and courage to save Britain from German attack from the sky, and then succeeded in rallying his country to ward them off.

Perhaps we can add a third dimension - the Consciousness we bring to bear. For example when we make the courageous vital effort to protect our family, we can distinguish between doing it with ordinary consciousness, as opposed to offering it to Mother. And there are degrees of consciousness ^[OBJ]in between^[OBJ].

Reader: I am trying to see how to link these thoughts to another dimension of conscious/subconscious levels. My thoughts are still clouded and may not be in right perspective. Thank you Sir.

The degree or intensity of any quality, could we define in terms of gradation like Unconscious--->Conscious --->Subconscious?

For example, when we want to learn a skill like typewriting, initially we are unconscious, then we take conscious efforts to learn and the learning completes when that skill becomes subconscious.

The level of consciousness in a particular value: It could be perceived by how one is able to apply that value in relation to other values in a required circumstance. When the consciousness level is high, even if that value is compromised or appears to be compromised in a circumstance in need of another value, both values would be fulfilled at the end.

For example, Phileas Fogg practiced punctuality as one of his key value. He had planned in detailed manner to go around the world in 80 days for the wager. However, when he faced the situation like saving the Indian princess or his servant from the tribes, he compromised his value of punctuality in place of other high values like consciousness responsibility. At the end all the values worked out in tandem, life responded him through gratitude of that princess and his servant and he managed to complete the wager successfully, on perfect timing! Perhaps the value of punctuality had reached him until subconscious level

For Churchill, he naturally might be a courageous person. Also, the situation might have forced him to bring the matured courageous value from his subconscious to the surface to save Britain from German attack.

Comment: the original three plus these additional dimensions of a trait would be great for the evolve! program.

Reader: Thank you Sir.

I was thinking another example.

In P&P, after Elizabeth knew the truths through Darcy's letter, she concealed the fact about Wickham to Mr Bennet. Perhaps it was her subconscious attraction which came from her mother's attraction towards red coat. As it came through birth it became her subconscious trait.

At the same time, she had subconscious knowledge to conceal the role of Darcy in stopping Bingley to marry Jane.

It is interesting to note that same experience and consciousness had given two kinds of information to Elizabeth of which one was falsehood and the other was knowledge.

What one consciously could perceive in such circumstance? In concealing the information to Jane, she might have thought about her and not to hurt her feelings. (other man's point of view). In concealing the information to Mr Bennet, though she had argued consciously not to send Lydia to Brighton, her subconscious attraction overruled her intention eventually. Perhaps, her ego mixed with subconscious attraction prevented her to take the right action.

Planes Of Our Being

The central planes of our being are physical, vital, mental, and spiritual. We could add the psychic seeing (soul) as well.

We all have the first three; a very few the remainder.

In each person usually one of the three predominates. Eg an athlete is mainly physical, a vital person is emotional or highly social, and a thinker is predominantly mental.

A goal of personal growth is to try to bring the central planes further into balance by strengthening the weak plane by elevating certain weak human qualities/attributes of that plane. Eg one person notices certain negative attitudes at the vital plane, and changes these qualities in their nature, strengthening the vital plane.

Or a great athlete, predominantly physical, nowadays try to develop his psychological state (attitude, inner calm, et al) to create greater athletic success.

Another personal growth goal is to bring the planes into further harmony with one another. Eg what the mind believes in and the heart, the emotions desire should be in sync.

There are dozens, even hundreds of human traits, and they express across these central planes/aspects of our being.

Eg there are the attributes of strength, well-being, and stamina at the Physical level; right attitudes and emotions at the Vital level; understanding, reasoning capacity, and personal values at Mental level. There are actually many dozens of attributes for each plane, and their status can each be evaluated.

Then there is the Spiritual plane, which as we mean it are actually higher levels of Mind, beyond rational mind, including silent, illumined, intuitive, and supermind.

The Psychic Being, which is in essence deep in the Inner being includes qualities like humility, self-givingness, goodness, gratitude, et all, spirit-like qualities. Some calls them "attributes of the Heart."

The Mother has written on the topic of Psychic Education, where she explains higher consciousness education at physical, vital, mental, spiritual, and psychic levels. (See Her booklet 'Psychic Education')

Rising consciousness indicates improvements at one or more of these planes; ie raising of attributes in one or more planes.

It should be noted that each of these planes have three or more subdivisions. Eg in the vital/emotional plane there is a mental vital, a vital vital (vital proper) and a physical vital. And each has different qualities and attributes.

Conscious evolution is to be aware of our deficiencies among the attributes in our being and make the concerted effort to improve them. Unconscious evolution is progress on certain attributes through the difficulties and trials of life.

For further information and insightful diagrams on these planes, please visit here:

<https://1drv.ms/b/s!AjayTOYvR8hzgZsur4ElwXPv80gyOA>

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There are other planes/aspects of our being whose operations are hidden and unknown to us, including the Subconscient, which has its own will and intention; which can have dark or light influences and suggestions on our surface consciousness; which is the source of our dreams; which reinforces suggestions if illness, etc.

Contained within the Subconscient is the Subliminal Being which sends up helpful suggestions to our surface awareness as it is connected to the universal plane

(superconscient); as well as the Psychic Being which is the Spirit in us, and the central means of our individual evolution and transformation.

(Roy Posner)

Untitled

The mind, the heart, and the body are the nature of the Divine evolving.

Untitled

Consecration is the method by which the influence of inconscient in life and its varied movements in life shall be linked to Super conscient. The process will lead to subliminal where both inconscient and super conscient meets and from where we can ascent. - Nedumaran Ramakrishnan

Levels Of Learners - From Physical To Supramental

Here is one way to conceive of the ways individual students learn, and thereby make adjustments for each learner as necessary.

PHYSICAL learners learn only by doing; ideas are foreign.

VITAL learners predominantly learn by doing and experiencing; somewhat through ideas.

MENTAL learners can understand through ideas and concepts, through logic, even with limited examples in life. Occasional spiritual intimations are possible.

SPIRITUAL learners come to know through intuitions of the necessary knowledge into the mind without thought, as well as through divine guidance.

SURAMENTAL learners come to know through the complete descent of the integral knowledge (i.e. by identity of the matter under consideration), as well as its instantaneous accomplishment in life.

-Roy Posner

Positive and Negative

Negative Forces Fulfilling the Divine Plan

It is an irony of life: those who act against the Divine's plan become an instrument in one way or another to manifest that plan in the flow of life.

In *Pride & Prejudice*, Darcy had interfered in Bingley's marriage earlier. Later on he became an instrument by turning Lydia's elopement into marriage and brought back Bingley to Jane's life.

Lady Catherine, who was vehemently against intermixing of classes, the final confrontation of her with Elizabeth and further informing to Darcy, reconciled the last piece of the puzzle in the manifestation of Divine's plan, i.e. social evolution.

Life's Powerful Neutrality of Purpose

The dualities like good and bad, good and evil do exist in life. They exist in a sense that they serve a purpose in the overall perspective of the Divine's plan. It's not by condemning or running away from them that we can get rid of them. Rather when we rise in consciousness, when we transcend our ego, we are able to perceive the whole Reality and their purpose.

In *Pride & Prejudice*, Darcy was good and Wickham was bad is a limited understanding. Both are needed for each others' growth in consciousness, as well as to manifest the Divine (here Jane Austen) plan.

Thus, Life is neutral; it acts according to its laws, and presents opportunity to everybody. The extent we want to utilize that fact and grow in consciousness is a question of our choice.

What Happens is Always for the Best?

In connection with an old Playground Talk of March 14, 1951-

[Devotee:] I feel like asking you a very simple question. You say here, "If we always had the feeling that what happens under any circumstances is the best, we wouldn't be afraid...." Is it truly the best that happens under any circumstances?

[Mother:] It's the best in the given state of the world – it's not an absolute best.

There are two things: in a total and absolute way, at every instant, it's the best possible with regard to the divine Goal for the whole; and for someone who is consciously attuned to the divine Will, what happens is the most favorable to his own divine realization.

For the whole, it's always, every instant, the most favorable to the divine evolution. And for the elements consciously attuned to the Divine, it's the best for the perfection of their union.

(from Mother's Agenda, May 19, 1965)

Untitled

If dealt with in the right way, out of the negative can come new energy for success.

Untitled

When negative forces gain power, it sooner or later galvanizes the positive forces to become even more positive.

Untitled

From one perspective there is no positive or negative. There is just what is, and what isn't.

Untitled

If progress can't come through a positive movement, then it comes through a negative one.

Untitled

Often negative forces' actions are sanctioned by Nature to shake things up, allowing the positive to break through in this difficult way.

Untitled

All disease is a means towards some new joy of health, all evil and pain a tuning of Nature for some more intense bliss and good, all death an opening on widest immortality. Why and how this should be so, is God's secret which only the soul purified of egoism can penetrate. (Sri Aurobindo)

Untitled

Scoundrels rise to fill the void when good people fail to fulfill it.

Untitled

To be in positive attitude,
When everything seems all right,
Is a mental awareness.
To be in positive attitude,
When everything seems NOT right
Is a spiritual awareness.
(SM)

Untitled

Understanding that behind the apparent negatives are vast opportunities is perhaps the single great revelation of Society en masse in the last half century.

Untitled

When the "good" forces are unable to recognize, let alone address acute problems in society, then negative forces rush in to fill the void.

Untitled

.. as the Manifestation grows more perfect, the necessity of destruction decreases, to the point when it will disappear and will be replaced by the process of progressive transformation.
(The Mother, from Agenda, March 4, 1966)

Law of Contrasts

One variation of the principle that contradictions, - eg conflictive entities, - are really complements in disguise, is the Law of Contrasts. That without the negative, the positive cannot be fully appreciated. Eg without suffering, one cannot fully appreciate well-being. Without hate, one cannot fully appreciate love. Without unhappiness, misery, et al, one cannot fully appreciate happiness/joy. And so forth.

This also explains why the Divine Reality allowed for infinite variations of the positive and the negative. So there can be contrast, and therefore the full appreciation, expression, and embodiment of the Positive forces.

Untitled

Perceiving the utility of the negative in life is to begin to know the Reality, the All, in its various facets.

Untitled

Everything positive and negative that happens on earth in the physical plane has its corresponding aspect in the subtle physical. All our capacities and incapacities have their correspondence there.

Untitled

When the positive can no longer bring about the necessary change, then the negative will.

Example: Nations of Europe had the opportunity to work together in early 20th century, but they each pulled in their own direction. WWII was then instigated by the Nazis. After that quickly came the United Nations, the European Union, and the end of colonialism by UK and others.

Untitled

The negative comes to open the door to, reveal a new, unexpected positive.

Untitled

For the nth time, an apparent negative turned out to be a positive in disguise.

Untitled

Life is Smart, perceiving the value of the positive AND the negative in the unfolding and its progress. Meanwhile, people are ignorant, suffering the consequences, unaware of the utility of all things behind the Flow.

Negatives From Divine Manifestation

Even mistakes (what we call “mistakes”) and difficulties are the result of the manifestation of the divine Consciousness helping us to progress towards the future perfection through ... (what’s the word?) through continuous molding.

(The Mother, from Agenda, July 17, 1972)

Comment: Yes, the divine force moves, acts but our resistance is considerable, and so it turns it into a perceived negative. Yet behind the negative there is vast opportunity when we don't react and seek that possibility.

Limitation, Not Opposite

-Negative is not the opposite of Positive. Rather it is the limitation of Positive.

-Darkness is not the opposite of Light. Rather it is limitation of Light.

-Hatred is not the opposite of Love. It is the limitation of Love

-Pain is not the opposite of Delight. It is limitation of Delight.

Untitled

Sri Aurobindo and the Mother indicated that the NEGATIVE is absolutely essential for the expression and manifestation of human Life.

Comment: -We see in the progress we make that it is often through expression of our negative consciousness that often brings one to a higher understanding. Another way of putting it is that when we can no longer evolve in an area through the positive, we make progress through the experience of the negative. Eg if I can no longer be more self-giving in a positive, way, I have an experience that is negative the outcome of which compels me to be more self-giving.

-Of course we would like to progress through the positive alone. But that requires a vast leap in consciousness. It is "The Sunlit Path," which is total Surrender to the Divine Mother, that enables progress through the positive only; through the Light, without any Dark shadow.

Eg scientists and even technologists create magnificent material technologies, which are matched by negative outcomes from them. If consecrated or matched by the highest values with great intensity, the dark Shadow mirrored creations are avoided.

Progress Through Good & Bad

We normally make the most progress when things are bad (ie difficult, problematic, et al). However, it should increasingly happen when things are good.

Explanation: When things are good, we tend to relax. But if we push ourselves to progress when things are good, then bad things wouldn't have to occur to make us progress later on. We call this approach - growing through the good alone - the "Sunlit Path."

Untitled

When progress is not able to occur through the positive, it occurs though the negative.

Positive From The Negative

It's always interesting to see how the positive emerges from the negative. Eg the European Union has now been galvanized as never before in response to UK leaving the union.

Another example: a man is threatened to be evicted from his mid-level position on a prestigious organization, only to see a vote take place that elevates him to the CEO position.

Please enter your own examples in the Comments area. Thanks. Roy

Possibilities

Untitled

When you try to do things differently, you invite Possibilities into your life.

Untitled

This very moment has never existed in the history of the universe, and we are privileged to be alive and take part in it.

Spontaneous Form of New Civilization

The Renaissance and the Hippies are two examples of an awakening spontaneously happening at a social, cultural, economic and political levels based on new core values.

We may see new formations raking shape along these lines.

When the values shared reach a threshold, the new development takes shape from seemingly out of nowhere.

The Tech culture is the latest example. Internet potential burst out of new sets of interests and values.

A new civilization as Garry Jacobs, myself, Sri Aurobindo, and others envision requires the emergence of something very deep in man; a new level of collaboration and harmony married to something unprecedented we have not yet envisioned.

Some say it may come out of a new spiritual awakening.

Untitled

Everything is possible, including the impossible. (Mary Poppins)

Untitled

At every moment the best that can occur is always taking place. But that doesn't mean things can't be made better.

Power

Untitled

The Conscious tend to think critically and thus always question their motives, their facts, their logic and their conclusions. The Unconscious who negatively wield Power have the kind of arrogant confidence in the rightness of their cause that is only possessed by the truly ignorant. (paraphrase of TM)

Untitled

A great inner power is to make a suggestion and then not be attached to it. It then vibrates out, seeking fulfillment, in its own time.

Problems Difficulties Challenges

Untitled

You have to be brave when a challenge arises, consecrate the issue, have faith, and do the thing you have to do, with calm and an inner smile. Life will take care of the rest.

Mother's Unexpected, Unprecedented Solutions

There are times when if you offer a problem to Mother, She will not give you the solution you are after, but subtly points to an even better, unprecedented resolution. If you recognize and take it up, it will amaze, build up your Faith to a higher level, plus give a wonderful solution and opportunity that you can use well into the future.

Untitled

When you have a problem, offer it to the Mother (consecrate); do whatever you can to improve things, but don't fret, replacing it with calm, still Faith in Her. Great things will follow!

Avoiding Grief at the Outset

Often we don't act to correct a serious problem until it dramatically presents itself. Then through suffering we painstakingly overcome the problem. However if we were conscious enough we could have perceived the problem in the first place, avoiding pain and grief. Subtle and not so subtle signs, indicators presented themselves, but we lacked the capacities to read the them or the will to address them.

Along with great beauty, there is great misery in life. Our goal then is - through our higher consciousness - to overcome the latter, while heightening the former. It will take

the full Will of one's Life's Purpose to help bring about that eventuality; that Divine change.

Untitled

The difficulties, problems that we experience in our lives is not the result of Life trying to punish us. Life only has only one motive: to awaken the awaken Divine in us; the Spirit in our lives. At every moment life brings to us that which can awaken that Consciousness.

Accelerating Actions of the Supramental Power

Q: With all the problems around us, who is aware of the Supramental power that Sri Aurobindo brought down to earth?

A: In South India and among isolated people around the world there is a rapidly growing awareness. But increasingly there is also a semiconscious or subconscious feeling that something is afoot, is awakening and being born in the world, despite all of the problems. (The problems may in fact even be accelerating that higher consciousness.)

Personally I feel the atmosphere increasingly densifying with that supramental power and action. Startling things were always there when opening to Mother and Her supramental power, but now that is rapidly increasing; miracles are becoming VERY common for those open to that Consciousness. Constant Consecration (opening to Mother) has become the great means of evoking the continuously Miraculous.

Untitled

The first thing the physical consciousness must realize is that all the difficulties we encounter in life arise from the fact that we do not rely exclusively on the Divine to find the help we need.

(Mother, from Agenda, February 1, 1972)

Untitled

Whatever sufferings come on the path, are not too high a price for the victory that has to be won and if they are taken in the right spirit, they become even a means towards the victory. (Sri Aurobindo)

Comment: Sri Aurobindo's remark is focused on those who actively seek the transformation of life on earth, not for the average person. He says that true seekers will understand their own suffering in the context of the reward of actively participating in the evolution of life on earth.

Eg Mother constantly felt pain due to negative influence of devotees around her. Still she accepted it as a means to further her own yoga by more fully relying on the Divine Will as means of developing greater faith.

Thus each serious devotee, and especially the sadhak will see the problems, the suffering, and pain in their lives as instrumental for their further growth, thereby furthering the evolution towards the earth's divine destiny.

Untitled

Every problem that comes into your life secretly serves as a means for you to grow.

Consecration that Attracts Parties that Ease Burden

When you deeply consecrate a very challenging work situation that puts enormous burden on your efforts, parties step forward from out of nowhere to make those conditions so much easier. It is truly remarkable!

Blaming Others Accelerates their Blame

If you intensely and persistently blame someone or some party as the cause of your problems, they will continue to do so, and in new, ever-expanding forms.

Problems Dissolving Ego

From one perspective, all of the difficulties we encounter in life serve the purpose of dissolving the Ego, when taken in the right spirit.

Untitled

In the case of a serious problem, knowing when to engage in action and when to be utterly still is to have supramental sense.

Untitled

Mother's Force is especially effective in solving our problem when it is accompanied by utter stillness on our part.

Untitled

When the "good" forces are unable to recognize, let alone address acute problems in society, then negative forces rush in to fill the void.

Untitled

To solve the outer problem, best to go deeper inside (to silence) rather than doing things, expecting results on the surface.

Right Poise for Dealing with Intensifying Modern Problems

Everyone is increasingly under so much strife and pressure, and yet the old ways of dealing with life are no longer sufficient. The only answer lies by going deeper within, or surrendering to the Higher force above. That way life continually self-corrects in your favor.

Our skill or capacity lies within deeper. What skill one gains by practice can be brought by going within to the domain where the capacity is. That is Divine Power. (Nedumaran Ramakrishnan)

Untitled

Only by going deep within, away from the surface of life, do we understand the reason for life's hard conditions, including the positive benefits.

Untitled

An emerging Life Divine can and will progressively solve every major problem in the world.

Untitled

He who insists on Consecration in a problematic situation will be the ultimate determinant of a positive outcome.

Untitled

Beyond the appearances of life, there is a Divine Will seeking to accomplish Its Intentions.

Untitled

Each day presents its own unique challenges, requiring us to discover a limitation in consciousness on our part we are required to overcome.

Untitled

You can't run away from the problems you are having by going outside - i.e. socializing, watching tv and movies, taking drugs and alcohol, overeating, engaging in sex, and other diversions. - but rather by going inside, and discovering there the levers of real change.

Untitled

To solve a problem at the current level, go to a higher or deeper level.

Untitled

If you want to overcome the problems you have with your children, first recognize the same or similar issues in yourself.

Untitled

A problem is a problem and looms largely only as long as we are inside it. The moment we are able to come out of its structure the problem dissolves. (The Mother)

-thanks to p Santhosh

Untitled

We see problems. The Divine perceives them as opportunities through which we can grow in consciousness.

Untitled

Every difficulty is an opportunity to grow. So be still, and learn what life is trying to teach you.

Response to Breaking Through Challenging Situation

Each time we get through an unprecedented challenge, - say in a particular work we have not been involved with before, or for a very long time - life immediately turns around and offers us considerable work in that same area, or in another area we had hoped to one day be a part of. In other words, breaking through such challenges quickly opens up doors of opportunity. This is a common subtle phenomenon one readily perceives along the Way.

Array of Challenges

It is far too difficult to deal with our normal array of physical, vital, psychological, and mental problems/challenges with our ordinary consciousness. Only by being steeped in Mother, the supramental Force, - from a poise deep within - can we navigate these issues; overcoming them; indeed turning them all into golden opportunities and blissful achievements.

Reader: Please do differentiate the psychological, and mental problems/challenges

Response: Psychological is an introspective mixture of emotion (vital) and thought. Like my view and feelings about another person, or a sticky problem that has arisen, or an opportunity coming my way.

By Mental, I mean more of the right knowledge or truth of things: that the mind grapples with through forms of logic and reason. Like how to resolve a math equation or having the knowledge of how to fix a faulty device.

(And then we also know that thought and reason can be tinged by wrong attitudes and false beliefs rising up through our psychological and emotional nature.)

Through the higher Power, the supramental Force the best emotions, attitudes, thoughts, actions and results tend to come about.

Calm and patience in a slow-moving situation compels it to occur more swiftly. Distress, impatience intensifies the condition, delaying it further.

Untitled

No problem in the world can be solved from the plane of consciousness that created it. Something higher is needed.

Untitled

Better than praying for results in a problematic situation, give up the negative inner or outer behavior that it corresponds to.

Untitled

Difficulties we encounter in life provide us with opportunities to extend the boundaries of our Faith.

Untitled

Our problems come to point out the particular areas of our being, our lives that need to change.

Untitled

Any problem can be solved by discovering the inner elements in oneself that corresponded to the elements posing the problem or creating the pressure externally.
(from The Book)

Untitled

We go through the same thing over and over in Life until we learn Its Lesson.

Untitled

There is one matter in our life that we experience repeatedly, so we can grow in consciousness in that area. It is in one sense our life's purpose.

Untitled

We are looking for answers on the outside, Externally; when the answers lie within, INSIDE.

How To Pray For Change In Society

In response to an essay on how to change the conditions of the world through prayer, it was requested I post a message on how to pray in such circumstance. This is what I came up with:

1. Understand all the issues as best you can
2. Focus yourself on what you aspire for
3. Offer the matter to the Divine Mother with great intensity and sincerity
4. Have faith in the response, thinking "Thy Will Be Done", meaning Trust in what She wants to occur, even if different than what you want.
5. Look for signs of change in the coming days.
6. Repeat all, as necessary.

Untitled

Great difficulties, challenges are opportunities to grow in consciousness, to develop one's nature further; and to connect with one's deeper self, and through it to surrender to the Divine, Mother.

Untitled

When issues become extraordinarily challenging, then past differences between us become increasingly trivial.

Untitled

Conflict, animosity, and ignorance evoked coronavirus. Cooperation & Harmony will keep it at bay.

Difficulties And Consciousness

it is impossible to overcome a difficulty if the consciousness gets lowered. On the contrary, in order to overcome difficulties, the consciousness must strive to rise above its ordinary level. (The Mother)

-thanks to Saraswathi

Mother On The Dire Conditions In The World

[though from decades back, it is apt for the present situation]

You see, in the present condition of the world, circumstances are always difficult. The whole world is in a condition of strife, conflict, between the forces of truth and light wanting to manifest and the opposition of all that does not want to change, which represents in the past what is fixed, hardened and refuses to go. Naturally, each individual feels his own difficulties and is faced by the same obstacles.

...

This world is a world of conflict, suffering, difficulty, strain; it is made of it. It has not yet changed, it will take some time before changing. And for each one there is a possibility of getting out. If you lean back on the presence of the Supreme Grace, that is the only way out."

(the Mother)

Thanks to Kathy

Various Thoughts On How To Overcome The Virus Spiritually

Q (RP): Should we pray to the Divine, to the Mother or practice non-react to overcome covid19?

A (GJ paraphrased): We can practice Non-reaction to the false intensities of others, other parties, for sure. It will help.

We can pray to Mother to bring down Her consciousness and dissolve this disease.

We can pray to Mother to bring down Her consciousness to eradicate all darkness, falsehood, and disharmony et al on earth.

We can think of Her for a few hours, for Her to manifest Her consciousness, thinking about Her, not the problem. We can evoke Mother for a few hours, or a day, or 3 days.

We could also consecrate everything we know about the cause, the nature of the virus, etc..

Let us bring down the Supramental Harmony on earth, and there will no longer be a pandemic.

The Force is there with that Harmonic vibration in the subtle atmosphere. It just needs spiritual aspirants to call it down. It is ready to materialize and thereby wipe out Covid19.

Perhaps the ultimate power of fighting the pandemic is for each of us to fight the unconsciousness, the division, the disharmony in ourselves.

(We can't call down Mother and Her Power to overcome the disease if we ourselves are in a state of disharmony. To the degree we create harmony in our lives, will be the effectiveness of calling down the Mother, the Harmony, the supramental power to overcome the virus.)

Let us call for the Force to come into US as individuals, as an individual, and then we can see what happens.

Let's start from where we are now, "Mother, free me of all falsehood, darkness, and disharmony."

We have all the spiritual tools to eradicate the virus in our lives from within.

Life, the earth, the nations, the entities, the peoples, the individuals will thereby respond to our inner calls to the Force above; at least in the measure we are receptive.

Untitled

Disorders of any kind remind you of the opportunity to shift from Life to Mother; from problems to Grace.

Comment: "Disorders" like physical illness, systems malfunctioning, etc "from Life" meaning away from (eg) what you believe to be true, what the ongoing belief of society is, what the doctor says, what relatives opinions are, your faith in medicines, etc.. "To Grace" means to Consecration, Faith in Mother, and Grace that comes.

You shift from ordinary life and beliefs in such to Mother, which brings Grace - instantaneous miraculousness.

Thus the problem is in that way something to be overcome as well as an opportunity to grow in consciousness; to progress.

Untitled

How many times have I seen a perceived problem turn into sweet, smooth operations through the force of the Mother.

Untitled

Our Problems come because something in us wants to make a Progress.

Reader: Eg our neighbors disturb the community and our own persona lives. We are a spiritually growing individual, so we practice "non-reaction" and consecration. We see that as a result, the disturbing neighbor moves away. Not only have we overcome the problem inwardly through nonreaction method in tandem with consecration, but now we have the capacity to practice it in many OTHER areas of our lives, including at the societal level, such as in preventing fires or floods or electrical outages or pandemic in our community, state, or nations.

Progress is thus the development of spiritual capacity to affect life around us at various levels. That inner capacity could not have come about if we hadn't had the problem of the disturbing neighbor in the first place. That problem was the quickest path to making this powerful inner spiritual progress that we subconsciously sought.

Individual/Universal Problem, Solution

Q: Is an Individual problem equal to a Universal problem?

A: For those who are spiritual devotees, their own problem is representative of something typical in society. So if that individual raises his consciousness in connection with that issue, it can have a positive effect to the corresponding element in society. It can also eliminate that particular negativity in the world once and for all.

So from that perspective an individual problem is a universal problem.

Untitled

From our highest Consciousness, rooted in Mother (the supramental), any and all problems in the world can be resolved from within.

Untitled

Thinking about Mother instead of the problem causes it to start melting away.

Untitled

Ordeals and crises come to quicken Man's progress and as such should - in one sense - be given a hearty welcome. (MSS)

Process of Accomplishment

On Rising to The Pinnacles of Success

We can apply this method to achieve anything: put the urge of our being behind it, seek the enjoyment of that experience, commit ourselves to the idea, work out the necessary plans, and release our full enthusiasm. Then if we add the one extra ingredient of relying on Mother and Her force, rather than on ourselves and our capacities, and with that

Force we act, there is nothing in the world that we cannot accomplish. (paraphrase of Sri Karmayogi by Ramesh Kumar)

The Divine vs Our Solving the World's Problems

The Divine could easily solve all of the problems in the world. However, It wanted us to learn that process, so we could do it ourselves. What good would it be if we as ignorant beings inherited God's accomplishment? Instead, we can evolve and learn the process and acquire the powers to create a divine-filled universe and life. As a result, there can be more diversity for its accomplishment, creating a richness of possibility that even the Divine does not inherently possess.

Untitled

Aspiration is the source of all accomplishment in life. If there is Aspiration, the will, the power, and the knowledge will come to achieve.

Untitled

What greatly changes the world is following the Process of Creation, plus practicing the powerful Spiritual Qualities and Methods at our disposal.

Sri Aurobindo's Intent and Will is flowing through us, and we are beginning to perceive it in one another. Life Responding on the outside is proof it is not an illusion.

Creation Process

What happens when your vision inspires you:

Your mission is clear

You decide to go for it

You meet your resistance

You choose paradox

Your intention is strong

You take in new information

You stay through chaos and creation

You get support

You are congruent

You are in synergy

You choose responsibility

(Unknown)

Untitled

Losing yourself in the process is the best way to fulfill your goal. Continually focusing on the goal deflects you from the process.

Untitled

The Process of how you got there is more important than the success itself, as you can now succeed repeatedly.

Reader: Thank you Sir. Would the process also needs to be changed as we evolve?

Response: As we evolve the process is better understood. We see the process at work in more areas, with ever-increasing shadings. In that sense it "changes."

Power Of Knowing The Process

"The most important thing is not the result but the process." (Garry Jacobs)

If we know the Process we:

- Have an important Knowledge that we didn't have before
- Have a Knowledge we can repeat over and over that brings success
- Have a Knowledge we can pass on to others
- Can do a similar work more easily the next time
- Enables us to know more of the Essence of the thing, releasing more of its potential
- Life more readily responds in that domain

(Roy Posner)

We humans have a problem conceiving of the Infinite, and the Divine has a "problem" conceiving the Finite.

Comment: The Divine is in the infinite; so how does it become the finite forms of creation, including each of us. This is a "dilemma:" for the Divine, which It resolved by conceiving a process of Involution out of which finite beings/forms emerge from the One.

Untitled

There is only one process of accomplishment, one process governing all creation—individual, collective and universal. It is the process by which the finite reveals the Infinite. (The Book)

Comment: It is the same process for the individual, the business, the organization, the nation, the society, the world, the universe, and the transcendent Divine.

That process is essentially:

1. What does the entity seek to create
2. What are the best strategies to enable it to happen
3. The execution of those strategies in space and time through perfect actions, attitudes, skills, and values.

As a result an Infinite-like reality replaces what was once finite.

Karmayogi's General Advice To People

Advice for Prosperity

Work hard, be efficient and creative, follow values and be systematic and organised

Advice For Health

Exercise well, eat moderately and be free of worries and anxieties.

Advice For Harmony

See the total picture, appreciate the other person's point of view and be magnanimous and don't harp on other's faults only but see the good side also.

Advice For Progress

Be aspiring, make use of opportunities, don't shy away from challenging tasks, and have a taste for adventures.

Advice For Problem Solving

See the root of the problem, see your contribution and that of others, bring about the required inner change, and consecrate all the wrong things that you did to bring about the problem.

Advice For Domestic Happiness

Contain your expenses within your income, have respect for your spouse's feelings, give a healthy mix of freedom and discipline to your children, and have clear goals and methods for reaching those goals in your life.

Advice For Maintaining Good Friendships

Move with your equals only, give advice only when asked for, don't have business dealings, don't talk politics if they don't support the same party as you do.

Advice For Improving One's Career

Work up to your maximum, honour and implement the values of your profession, make it as a challenging task instead of a routine one and dare to believe that the impossible is possible.

(N. Asokan, MSS)

Third Time Is Charm, Consecration, And Perfection

There really is a truth to the aphorism "Third Time is the Charm." In the first round you put down what you know. In the second round it is better organized and clarified. In the third round the details are perfected. Now when you offer it to the world it is very solid.

If you go further and Consecrate the effort it tends to reach perfect Perfection. That Truth Consciousness response and guidance tends to round it out perfectly; giving what you have written a great power.

Process of Creation

Reemergence of the Conscious-Force in Creation

Out of the Supreme came a Conscious-Force, which devolved/involved into an energized Cosmic Mind, which devolved/involved into a knowledge-less Energy, which involved/devolved into and inconscient Matter. This is the Involution, ending with creation.

And yet the Conscious-Force that is buried in Matter seeks to come out. And so dumb Matter evolved into energized Life through animate beings, who evolved mind in their beings, which is further evolving into Cosmic-like Mind, and then into Supermind, with the Conscious-Force re-emerging in full as a Divine Life on Earth as the culmination of the Evolution.

The Conscious-Force is now in a greater formation, as now all of life, all of existence is Divinized with Its Power.

Creation Process Same for Divine and Us

Sri Aurobindo's comprehension of Reality explained as first Involution from a Divine Source to matter, followed by Evolution from matter to spirit is virtually the same process we follow when we successfully engage in a project or the smallest activity.

It is a process of first apprehending the goal through Mind (for the Divine it is Cosmic Mind/Supermind); then having the vital will and drive for its manifestation as real (for the Divine it is the conversion of cosmic Idea into Cosmic Energy); and finally physically executing strategies to make it happen (for Divine, it is the conversion and breakdown of Cosmic Energy into atomic existence, which appears as matter in the universe).

For the Divine, Supermind coordinates the entire process. For Man he can rise to intuition and then Supermind to engage in the process for perfect execution that formulates a miraculous-like Response from Life (sudden good fortune from out of nowhere).

Universal Process of Creation

Prof. Stearne comments from a debate:

“...What is the process by which consciousness or spirit becomes the material universe and evolves back again through a gradation of higher life forms to become more and more conscious until those forms ultimately realize their own origin and true nature as Conscious Being?...”

“...We already know all aspects of that process because it is the very same process by which we human beings create our own lives and the social world in which we live. It is the same process by which Shakespeare, that great seer of life, composed thirty-seven plays and hundreds of sonnets in his creative imagination and gave expression to them as immortal literature. It is the same process by which philosophers and inventors formulate new ideas, theories, processes and products. It is the same process that our founding fathers used to conceive of a nation founded in freedom and dedicated to the proposition that all men are created equal. It is the same process by which we each conceive of a romantic soul mate and seek out that person as our perfect complement. There is only one process, regardless of whether we follow it consciously or unconsciously. Isn't ironic?

All the greatest minds in science have said their greatest discoveries arose by an intuitive process, a process of consciousness; not as the result on any experimental method. Yet the discipline we today call science values only method and procedure. It says and knows nothing about the creative process behind its own greatest achievements...”

(From 'The Book', page 442, by Garry Jacobs)

Process of Creation

The process of creation is Energy directed into a Force that is organized into a Power that is executed and Manifests as real.

That same process was/is followed by the creator (Ishwara), the society, and the individual.

Untitled

God Organized the universe. We can at least Organize our own lives.

Divine Creates through Supermind via Processes of Self- Conception, Self-Limitation, and Self-Limitation

Supermind is the Divine's power for manifesting the Infinite by a process of Self-conception, Self-limitation and Self-absorption. By this process of creation, the Spirit gives form to different aspects of itself.

By Self-conception, the Spirit projects truths of itself as Real-Ideas, which are powers or vibrations of the Self-Conscious Being. This is akin to the way Jane Austen conceived the general theme and story line of her novel.

By Self-limitation, it holds back other aspects of itself, like the other wavelengths of white light, so that each aspect can manifest as a distinct vibration. Then Austen fashioned from her own personality and personal experience specific characters and events through which to manifest the theme of romantic love.

By Self-absorption, the Infinite Consciousness of which each aspect is an expression conceals or absorbs itself within the form it manifests, hidden from view within each form as the Individual Divine. By concentrating solely on the unique attributes of each character, the people in Austen's story acquire their own distinct and separate personalities.

Each of these characters and events is a creation of the author's creative consciousness, which is its source and the very substance of which they are composed.

(Garry Jacobs)

Untitled

"Something must be eternal for anything to exist."

That's the dynamic behind the Involution; the Creation process, from Spirit to matter. And that's why life on earth is headed toward Divine existence (the Evolution); i.e., for the Eternal Consciousness to re-emerge in the details of life. Evolution is the reversal of the Involution.

Untitled

What greatly changes the world is following the Process of Creation, plus practicing the powerful Spiritual Qualities and Methods at our disposal.

Sri Aurobindo's Intent and Will is flowing through us, and we are beginning to perceive it in one another. Life Responding on the outside is proof it is not an illusion.

Untitled

HE who explained the nature of Reality. The Divine Source of things. The process of creation from spirit to matter. The purpose of life and where we are headed. HE who revealed and brought down the transformative Supramental power into the earth's atmosphere. Who envisioned the next stages of human existence, culminating in a Divine Life on Earth.

Supramental as Integral Truth and Creation Power

Supramental means "Truth Consciousness." One perceives all sides of a matter, each fitting in its right place; the essence of the matter, and its totality. One has everything one needs to know to successfully act, creating ultimate results.

Supramental also contains the urge and will for the Integral knowledge of that matter, that Truth, to manifest as real in the world. Thus Supramental is ultimate Creation power, as it is based on Integral Truth.

Thus the universe came to be through this dual aspect of the Supramental.

It was also infused with cosmic values - like peace, harmony, love, joy, timelessness, and infinity rolling out in creation through the evolutionary process.

Sri Aurobindo thus indicates that "Supermind is the Creator." It is the same as the power of the Mother's Force.

Infinite became Universe for Sheer, Active Delight

Sri Aurobindo tells us that the Infinite and Eternal Absolute did not create the universe. It became the universe, for the sheer delight of self-manifestation, of becoming in Space and Time.

The unmanifest Pure Existence experiences itself as a static bliss. Manifestation adds to that the Self-experience of active Delight.

If we can speak of a goal at all, its goal is to experience the infinite delight of a progressive manifestation in endless Space and eternal Time, in which it is at once the creator, the creation and the act of creating. (MSS)

Power of Knowledge of Process of Creation

"According to The Book, one who has the complete knowledge, one who knows the complete process of creation, has the power to manifest the Infinite in life. And when that power manifests, it does not take time. It generates results instantaneously. The aspiration, the decision, the action and the result are simultaneous and fully integrated with one another..."

(From 'The Book', page 520, by Garry Jacobs)

Process to Improve Our Lives

When we consciously aspire to improve our life condition, the idea or goal begins in the Mind, it gathers energy and will for its execution in the Vital, and manifests as real in the Physical.

This is both the Process of Creation (to bring about a major thing, goal in life), and “the Complete Act” (normally associated with manifesting a small thing perfectly.)

Supramental, The Mother in Creation Process

Normally in Life the Process of Creation begins in the mind as an idea, picks up the will and is energized in the vital, which gets executed at the physical plane.

However with Supermind we offer the original goal/idea to the higher power, supramental force, the Mother, who then energizes us at the vital plane and gives us the results rapidly, perfectly, magnificently at the material/physical level.

Actually a Supramentalized Individual would WAIT on the Force, the Mother to give original direction for the idea, and we would then follow Her actions, to manifestation. This means the Supramental initiates and guides the whole process. We do not initiate, first waiting on the Spirit, supramental sign.

This is the central method of the yogi practicing Sri Aurobindo’s Integral Yoga (i.e. ultimate transformation).

Summary of Process of Creation

What follows is the Process of Creation in a nutshell. It’s the same for the individual, the collective, society, and the divine:

Step 1 - Understanding Process – leads to TRUTH

Step 2 - Assessing Process – leads to CAPACITY

Step 3 - Planning Process – leads to DIRECTION

Step 4 - Organizing Process – leads to ORGANIZATION

Step 5 – Executing Process – leads to IMPLEMENTATION

Step 6 - Optimizing Process – leads to RESULT

Step 7 - Improving Process – leads to PROGRESS

(Wolfgang Albrecht Dietrich)

Ultimate Means of Manifesting the Infinite in Life

“...One who has the complete knowledge, one who knows the complete process of creation, has the power to manifest the Infinite in life. And when that power manifests, it does not take time. It generates results instantaneously. The aspiration, the decision, the action and the result are simultaneous and fully integrated with one another...” (The Book, by Garry Jacobs, page 687)

Garry Jacobs adds to his own statement above:

"One can apply the process of creation in practical day to day life by Constant

Remembrance of the infinite spirit of Mother that is always present and Instantaneous Consecration of each action and event at the moment it occurs. This discipline can reveal the Infinite in Life."

Untitled

God did not just create the universe through a divine process, but also BECAME the universe. God is therefore both the Creator and the Creation.

The Process Of Creation/Accomplishment

1. Here is the Process of Creation/Accomplishment in Business:

Energy is Directed into a FORCE; is then Organized into a POWER, and through People's Attitudes and Skill leads to vast ACCOMPLISHMENT.

2. It is also more or less the process by which society, life, and the human individual accomplishes in life.

3. And it is similar to the process by which the universe emerged from a Divine Source: I.e. Conscious Force (Chit) > Supramental Power > Material Reality.

Untitled

The Process of Creation and the Complete Act are essentially the same.

Comment: The business, the organization, the society, the universe, all have processes by which they come about and expand.

All those processes are somewhat similar.

At the tiniest (micro) level there is the act. It too has a process, of being created, of a successful outcome. And its process is also similar to all the other ones above, at the wider macro levels.

The processes of creation of each type though similar are each complex. The simplest way to explain the process in general terms is as follows-

-there is a vision of a possibility

-there is an intention for it to come about

-there is the organization of the possibilities

-there is the execution of the best ones

-the vision manifests successfully as something real in the cosmos.

In first half of Sri Aurobindo's epic mystic 'The Life Divine' He explains the process by which the universe emerges from a Divine Source. It is a process at the macro extreme. It consists of the emergence of Satchitananda [Existence, Conscious-force, delight] from out of the Supreme and its vision of extending itself into a real form; to Supermind to organize that and make that come about; to mind; to energy which will formulate into the substance of matter. Overall it is an involutory unfolding that brings about the universe from the vision of a divine source.

[There is also a (reverse) process unfolding in creation, on earth - from physical to vital to mental to spiritual. We call it the Evolutionary process.]

The process of development in a business, organization, and society is similar to the involutory process of the Supreme as described above. Eg in strategic planning activity if a business we develop a mental plan of what the firm wishes to achieve, that is then organized into strategies for the ways to achieve it, the best of which are then carried out through skilled action of people.

The process of successfully executing a common daily act is at the opposite micro extreme. Eg when we want to accomplish something, such as purchase an object online, it begins with a Mental idea of what we want to achieve, gains the sanction and support energies of the vital will, which is executed through a physical action to brings about the intended result. We also call this process at the micro level a "Complete Act."

We can study each of these processes Eg study the process by which a business or organization grows; or how society grows. As we understand them we can see their overall similarities as well as their differences.

Karmayogi has written vastly on the process in each if these (and other) areas, and that material is abundantly at our disposal. (Roy Posner)

Three Stages Of Process Of Creation

There are three stages of the Process of Creation which when completed tends to attract infinite-like results

1. "Self-Conception" is where we first consider the various choices of what we want to accomplish.
2. It is followed by "Self-Limitation" where we focus on one or a few things. The energy begin to get concentrated. We then develop strategies and time-bound action steps for its accomplishment, and as a result the energies move out into the field of life seeking response. We may get a response quickly at this point in the process.
3. Third step is "Self-Absorption", where we focus exclusively on what we have decided on to do in a timely manner, putting ALL other matters of concern aside.

If we have gone through and completed these three stages of the process, the response often comes quickly within the 30-day time period, and fulfills and even exceeds our original intent by far.

Self-Conception > Self-Limitation > Self-Absorption is thus the stages of the Process of Creation; or we can call it the Process of Accomplishment.

The "30-Day methodology" of achieving desired results as explained in our books and practice is more or less based on this process.

—
Example:

A lady was working as a temp for a dozen years, though she aspired for fulltime employment. After being inspired by a speaker, she followed the 30-day methodology to try get the full time job. She did so through focus, inner will, and higher consciousness (i.e. the spiritual method of consecration).

It turned out that She suddenly and most unexpectedly attracted the fulltime job within the 30-day time period.

She had in essence added the Spiritual Dimension and Power to the three stage Process, which tends to attract enormous results; which it did in this case.

She (1) considered what she wanted (self-conception). She then (2) targeted a full time job, and considered strategies to make it happen, while consecrating at each step (self-limitation). She then (3) made this the focus on her life, exclusively absorbed in this one thing, with other matters secondary and put aside.

As a result the spirit-driven concentrated energies moved out into the field of life, and turned temp time work into a fulltime position with a great company, where she worked for ten years.

It was the achievement and fulfillment of the Process in a nutshell.

It works this way for an individual, an organization, a nation; even the world!

In fact, the universe itself emerged from a Divine Source through this essential process.

Unity To Opposites In Creation To More Complex Unity

Mother explains Her experience of the undivided Source Consciousness becoming endless opposites in creation for the sake of multiplicity of possibility, evolving back to a now infinitely-complex Unity:

"In the Supreme it's a unity that contains all possibilities perfectly united, without differentiation. The creation is, so to speak, the projection of all that makes up that unity, by dividing all opposites, that is to say, by separating (that's what was caught by those who said that creation is separation), by separating: for instance day and night, white and black, evil and good, and so on (all that is our explanation). All together, all of it together is a perfect unity, immutable and ... indissoluble. The creation is the separation of all that "makes up" this unity – we might call it the division of the consciousness – the division of the consciousness, which starts from unity conscious of its unity to arrive at unity conscious of its multiplicity IN UNITY. ... And for us as we are, each point of this Consciousness has the possibility of being conscious of itself AND conscious of the original Unity"

(from Agenda, November 19, 1969)

How We Reverse The Process Of Creation By Opening To Mother

"It may have been necessary for the Infinite to create Ignorance in order to become finite, but we are supposed to be trying to go in the other direction!

If we reverse the process and concentrate on the Divine, we can rediscover the greater Whole that we secretly are.

That is what you do when you call Mother.

You are creating through the same process, but instead of limiting yourself further, you are trying to widen yourself.

You are trying to remember the Truth of what we all are, the Supramental Creator".

- Garry Jacobs,

Lectures on Sri Aurobindo's The Life Divine.

Untitled

Division adds to the multiplicity by way of intensifying variety, while Dissent is the first step in creativity. (MSS)

Progress

Untitled

When the positive can no longer bring about the necessary change, then the negative will.

Beyond Spirals of Change

The world moves ahead in Spirals of Change. It is Nature's slow and difficult method. However, through, utilizing Spirit the dips are negated, as change occurs through the positive; ie it is Self-existent, without a Dark Shadow.

Material vs Psychological Progress

Our progress at the material level - eg smartphones, hyperloop, atomic level changes to matter, etc - is continually accelerating; while our progress at psychological level - ego, selfishness, desire, et al - is hardly changing. The transition from our focus at the material to the psychological and spiritual is key to our personal growth and happiness; to the survival and expansion of our human potential, to the possibility of transformation of our nature to something unimagined.

Untitled

When you try to create progress in the present for the sake of the future, and there is a problem that arises, it may be a warning from the future not to pursue that course. However, if you consecrate the situation, such karmas can be dissolved.

Untitled

We often go through endless repetition of the negative until we see into it what can be learned, enabling us to make a great progress.

Untitled

If progress can't come through a positive movement, then it comes through a negative one.

Rising to Next Plane, Equilibrium of Energies, and Consecration

--Life always seeks to restore an equilibrium of energies.

--Eg if something attempts to rise to a higher level, something comes to bring it back the previous level; thereby restoring the equilibrium.

--Therefore, when we rise up to the next plane, it ordinarily evokes a hostile opposition; as life always seeks to balance out, to establish an equilibrium of energies.

--Eg if you are seeking to bring a new set of positive values to an institution, an unexpected opposing force will rise to not only prevent the values from being adopted, but to destroy your influence in the institution.

--However, if you consecrate the movement to the next highest level, (eg the interest in implementing the higher values in the organization), life responds, not negatively, but fully positively, restoring the equilibrium, but now at a higher level.

--Also, if you do not react in feeling and thought to the intensity of the opposition, it can have a similar effect. Or if you consecrate the opposition, it will melt away; in all cases restoring the equilibrium at a higher level.

Untitled

When we are ready inside, life brings us the connections we need that will take us to the next level.

Untitled

At every moment life is bringing us what we need for our progress.

Untitled

Every problem that comes into your life secretly serves as a means for you to grow.

Untitled

FAILURE can be great avenue for progress, though I am not sure we should seek it out! Rather, we should intensely seek PROGRESS, which begins as Aspiration. Most powerful when it originates from the deepest depths, the Psychic being.

Startup Forever

In one sense, a company should always act like a Startup, no matter its size - by being fresh, innovative, and idealistic; i.e., advocate, deep, progressive values throughout the organization. Progress will be never-ending.

Untitled

Progress keeps happening, despite reactionary forces that oppose. In fact, it often requires those backwards-thinking entities to truly progress!

On Certitude

For the average person it is very difficult to live without Certitude. For the Yogi it is relatively easy. However, through our own personal and spiritual growth we can begin to fill that gap.

Untitled

If something comes to us, it has meaning for us; often as an opportunity; always for our progress.

Untitled

Life maintains a balance, a harmony of organization, but Mother, the supramental Force takes it to higher and higher levels.

Comment: Mother, the supramental Force is not trying to maintain Life's harmony. She is trying to change it every minute. As a result, She wants us to make a progress at every moment; in order that Life becomes more conscious and Divine.

Thus Mother, the Supramental Consciousness is a higher organization than Life. It is in fact an EVOLUTIONARY organization. She takes the Balance of the organization of Life to higher and higher levels.

While Life maintains the Stability, She/the Force, creates the necessary Change that brings it to increasingly higher levels of consciousness.

Untitled

All the activities and events occurring in your life are given to you as opportunities for you to grow.

Untitled

Unless the present level gives up its practices, it cannot go to the next higher level. (Karmayogi)

Untitled

Life demands constant adventure & risk taking. Those who love them will progress. Those timid & averse to them will find doors for progress closed.

Untitled

We can say that Spiritual Adventure is to have courage and acquire Faith in areas where we have no faith.

Comment: The divine intervention is for us to go beyond our comfort zone. It is spiritual progress.

Untitled

It is not what you gain outwardly that matters, but what you attain, understand inwardly, spiritually that is all important.

Untitled

When life cannot make a progress through the light, it does so through the darkness.

Untitled

Having knowledge and practice of Consecration and Faith enables 100 years of progress and evolution in 1 year.

Start From Where We Are

One of Karmayogi's principles is that to progress we should start from where we are. That we should rise from our current state of consciousness; from the present conditions.

By taking this tact we can shed an outworn habit, give up a negative attitude, refrain from an unnecessary opinion, avoid a detrimental action, etc. by Consecrating it.

That evokes a response for the better in that chosen area.

That then builds up inner power and aspiration for further improvement. It also builds up receptivity to the action of the Force from the consecration.

Through this approach of consecrating from where you are now you eventually you open to a whole new plane of consciousness.

The method then is to saturate the plane in which we are through consecration of limiting aspects of our being (habit, attitude, opinion, belief, action), which takes us to the next highest plane.

Untitled

We want to receive the good and avoid the bad. And yet the Soul hungers for Progress, no matter what shape it takes.

Reasons For Making Progress

-When we are compelled to make progress, we are in LIFE.

-When we are inspired to make progress, we are AWAKENED.

-When we continually observe and make progress in the midst of positive and negative occurrences, we are EVOLVING.

-When every moment is filled with moments of magic carpet ride, joy and so forth, we are in SUNLIT PATH.

(Senthil Murugan)

Untitled

We make progress at the tether ends of our temperament. (Karmayogi)

Comment: In other words, at the point in our being where we are limited, and then go Beyond that in Consciousness, we make progress.

Continuous Progress: Don't Stop In The Middle

A key principle brought out in the first chapter of *The Life Divine - The Human Aspiration* - is that we should not stop in the middle of our quest and growth process. Once we have reached a level of consciousness through inner effort, we should not stop there, but continue to make progress. It should therefore be an ever-lasting upward movement.

Eg you practice non-reaction with a spouse, and as a result you not only avoid an argument, but you feel a quiet peace and richness thereafter. Maybe there will even be a sudden external response from life. We have grown a bit in consciousness through the episode. However we can continue that efforts horizontally trying again with the same method (here Non-reaction), and vertically with other methods; just as long as we are engaging in continuous progress, building on the first episode.

Personal growth suggests that we cannot rest on our laurels, but instead we should keep moving forward. So when you engage in that positive spiritual method and see the inner or outer result, enjoy the outcome, but don't stop in the middle on your journey. Keep moving forward, practicing the powerful inner methods you are drawn to, and your life will become a startling, never-ending experience of vast success and unbound happiness and Joy.

(Roy Posner)

On Physical, Vital, Mental, & Spiritual Self-Discipline

--Discipline is necessary for survival, let alone accomplishment in life. It is even more necessary for spiritual progress. Perhaps a better term is self-discipline when it comes to spiritual growth.

--Life is a combination of freedom and discipline.

--The greater the self-discipline, the more freedom an individual can use positively.

--If you give people freedom, and there is no discipline, the freedom will be used for dissipation. If there is self-discipline, give them as much freedom as they can responsibly handle.

--Mother says the best progress comes through freedom.

--PHYSICAL DISCIPLINE -- There is discipline at various levels, beginning with the physical discipline. Mother indicates that the physical is best when it is disciplined to regularity. (eg regularity of sleep times, meal times, etc.) In addition to regularity there are the disciplines of cleanliness, orderliness, punctuality, etc. – i.e. all the physical values.

--VITAL DISCIPLINE -- Discipline over one's vital impulses and desires is essential. (Opposite of that is Lydia's lack of vital control in *Pride and Prejudice* that becomes the basis of the almost tragic elopement ordeal.) Without vital discipline we cannot accomplish anything serious in life.

--Mother also advocates discipline in speech. She suggests we speak the minimum number of words necessary, and do so in a low, soft voice. (It actually can attract money.)

-Mother also noted that the freedom she gave the sadhaks at the ashram was abused and used for spreading gossip about others. Self-constraint not to gossip is a minimum discipline of being serious in life.

--Also not complaining about others is a related constraint of self-discipline.

-Non-reaction is a spiritual approach of self-discipline. Reaction is the uncontrolled nature of the vital. Non-reaction catches that reaction in ourselves. Consecration enables us to transform the reactive nature into stillness. Having control over our nature – including fear, anger, and all, is real vital discipline.

--MENTAL DISCIPLINE – The Mind grows when it has freedom to think. And to think creatively, outside the box. I.e. no indoctrination of what we should believe. Likewise, repeating back what we have learned through exams, et al, is not thinking. This is a repression on the mind, forcing it to accept what it doesn't even understand and was told to know, memorize. Mind should be given the freedom to think on its own and question.

--In summary, Mind grows only in freedom. However, the rambling mind, that goes back and forth, with thoughts and fears is not thinking. It is the undisciplined physical mind taking control.

--Control of the physical mind thus needs to be controlled; actually rejected outright. One can consecrate the activity of the physical and vital mind to transform or negate them permanently. Or focus on something higher, by calling Mother, or repeating a mantra (as Mother did), or prayer, etc. These quiet the mind. Even hourly consecration can quiet the mind.

--FAMILY/SOCIETY DISCIPLINE – The family can give discipline to the children, as long as there is no authoritarianism. A certain basic discipline of parent over child is necessary. Eg what physical movements not to engage in, the type of behavior she should practice in a group, etc. etc.

--And yet at the earliest possible age one should encourage the child to acquire the value of discipline in themselves, rather than impose it. Real upbringing is when the parent expresses the need for discipline, and the child accepts it and practices it on their own.

--Society also imposes some of its own disciplines, as well as freedoms, according to its culture and beliefs. They too are necessary for the society to function, as well as to grow.

(Garry Jacobs, some paraphrase)

Untitled

Our Problems come because something in us wants to make a Progress.

Reader: Eg our neighbors disturb the community and our own persona lives. We are a spiritually growing individual, so we practice "non-reaction" and consecration. We see that as a result, the disturbing neighbor moves away. Not only have we overcome the problem inwardly through nonreaction method in tandem with consecration, but now we have the capacity to practice it in many OTHER areas of our lives, including at the societal level, such as in preventing fires or floods or electrical outages or pandemic in our community, state, or nations.

Progress is thus the development of spiritual capacity to affect life around us at various levels. That inner capacity could not have come about if we hadn't had the problem of the disturbing neighbor in the first place. That problem was the quickest path to making this powerful inner spiritual progress that we subconsciously sought.

Untitled

Progressive daily life is a dance of maintaining control and letting go.

Progress In Consciousness

When ... I speak of progress, I mean "going from the mental consciousness to a higher consciousness," but people generally understand "to make progress materially or mentally or ..."

(The Mother, from Agenda, September 25, 1968)

Root Negativity Dissolved Spiritually

Great progress has been made in many areas of human existence at the surface of life; but the root negativities in these instances are still there. Only through spiritual development and progress, ie Highest Consciousness brought to bear, can such root negativities be fully dissolved.

Beyond Below, Above The Line

For people below the line, generally the pitfall is self-pity or self-criticism which is ego. For people above the line, generally the pitfall is self-righteousness or feeling pride which is also ego. (It is irony that the ego appears to be their virtue and not commonly able to detect by themselves unless one is sincerely willing or through Life's challenges.)

For the Divine Mother, there is no such thing as above the line or below the line. All are HER children and what matters is whether one wants to progress from wherever he or she is. The Grace in response to our sincere aspiration is always disproportionate. Our duty is to make ourselves less unworthy of us to HER Grace. The mantra is to start from where you are!

(Senthil Murugan)

Untitled

Don't fall back. Maintain the Best of who you are!

Comment: Karmayogi indicates that not following this, one can fall into a pit.

Reader: can you plz explain a little more on this.

Response: We maintain certain tasks and duties during the day that provides the support for our overall life. When we abandon these, we weakened the support of life, and we can thereby be affected in various ways negatively - such as losing of money, loss of job, disappearance of opportunity, relationships weakened, etc. The foundational energies are abandoned, and therefore the negatives of life are able to seep in.

There are other things we do that are of even greater significance, like our personal and business values, and our flame and aspiration for greater success that we also should not let slacken; otherwise we can lose the success we had earned.

Thus always seek to maintain the foundational elements of our life. Better still, build on them.

Reader: By tasks and duties are you referring to daily chores?

Response: Yes, habits, routines, chores, job tasks, etc. It can even be maintaining one's developed psychological status; spiritual routines, etc.

Psychic Being

Soul and Past, Present, Future in Now

As we approach the evolving soul within, the psychic being, moment to moment time perception in the present shifts to Timelessness, or rather past, present, and future all together, fully accessible in the Now.

Untitled

"We" are not born over and over. Rather our soul, our true self, our psychic being is repeatedly reborn in its journey and quest through time to discover - through the person it inhabits - the integral truths of existence.

Untitled

A special inlet of the Self, of the Spirit of All in the cosmos is behind the heart; an evolving soul; a psychic entity and being.

Untitled

We are instruments of Life, of Mother awakening the Spirit, the Soul buried within us so a Divine Life can flower.

New Mental Orientation When Stationed in Psychic

In the Evolution we shift from mind to the psychic being within, behind the heart. As a result, mind moves from mental churning to its spirit equivalent; where we have regular experiences of intuition, illumination, and then universal and supramental perception (truth consciousness).

Untitled

When we are in touch with our psychic being, our evolving soul, we experience our deepest, truest self from which originates our most original, unique, and dynamic thoughts and feelings and actions of being.

Untitled

Surrender takes place when our psychic being gives itself fully to the Divine; to Mother.

Birthday

In a conscious person, conscious of his soul, on the birthday the Soul seeks a rebirth, a birth into higher consciousness. (Sri Karmayogi)

Untitled

Aspiration that originates in the Psychic Being that calls to Mother, the Supramental power, has ultimate effect.

Untitled

Discover one's soul, psychic being, and one then tends to perceive the same in others. Harmony and Oneness is the result. It is a great yogic achievement. It can even be done by the businessperson! Maybe he should take it up before others!

Psychic Being Replaces Ego in the Evolution

Ego is the obstruction. Ego was necessary to shape humanity, but we are now preparing the way for a superhumanity, a supra- humanity. The job of the ego is over – it did its job well, now it must disappear.

And it is the psychic being, the Divine's representative in man, that will stay on and pass into the next species.

So we must learn to gather all our being around the psychic. Those who wish to pass to the supra-humanity must get rid of the ego and concentrate themselves around the psychic being.

(The Mother, from Agenda, April 12, 1972)

Untitled

Going after life - the clients, the media, et all - to spread the word about Her is not Mother's way. Instead She waits outside your door for a loving yearning of the Inner Flame.

(paraphrase of Sri Karmayogi)

Untitled

We are fully alive when the psychic being is awake, active, influencing our lives.

Untitled

Human life is ego-centered. Divine Life is Psychic-centered. (Karmayogi)

Untitled

Mother says that the Gods do not have Psychic Beings, and thus cannot evolve. In that way, we are potentially greater than them.

Untitled

Our True Self (psychic being) is Immortal. It never comes to an end in space, time, and beyond.

Untitled

The Psychic Being (true self) is evolving through multiple births, through an array of consecutive individuals it inhabits, and thus through our own personal progress.

Untitled

We will only know the true Truth of things when we are centered in the ultimate depths of the psychic being. Stationed there and aspiring for what is above, the Supramental, integral Truth of things comes pouring in.

Untitled

The key in life is to grow, evolve from our surface being to our True Being; the Evolving Soul within; the Psychic.

Comment: This is the path of the Supramental Yoga. Progressively move from the surface and within, connect to the subliminal and then psychic being (evolving soul, True Self); and from there open to the supramental power (through Mother) so that Force transforms all aspects of our being and all life around us.

Also in psychic being we experience ultimate truth, knowledge, silence, harmony, creativity, love, and delight. Timelessness and Infinity are also there.

Untitled

Our sole purpose in life is to discover the truth of our being. And what is that truth? It is that we are INFINITE.

Comment: That our psychic being, the evolving soul, lives on forever, across births, until immortal in an undying Supramental , divinized body.

We are infinite, in and beyond space and time.

That through our True Nature, there are no finites to hold us back.

Untitled

We grow in consciousness by going deep within and discovering our Psychic Being, and from there opening to the Transcendent, and then bringing down its truth, peace, light, beauty, love, and joy into the details of life.

Untitled

There is a deeper Me that is in touch with the universe and Its Ways and Will.

Untitled

That is a great secret of sadhana [spiritual discipline], to know how to get things done by the Power behind or above instead of doing all by the mind's effort. (Sri Aurobindo)

Untitled

the psychic being is the one that will materialize and become the supramental being!

(The Mother, from Agenda, July 1, 1970)

Comment: Karmayogi speaks of the mental psychic, the vital psychic, and the physical psychic. Perhaps these each through our evolving psychic consciousness will blend with the Supramental Force, creating corresponding three levels of a new, unprecedented on earth Supramental Being.

Untitled

Tomorrow when you rise

Another day for you to realise ME

...

It's you that decides.

(Run of the Mill by George Harrison)

Our Evolving Soul

-We each have an Evolving Soul, also known as a Psychic Being.

-It is located within us, thumb-sized behind the heart.

-We may or may not be in touch with it.

-That Psychic entity is evolving, and does so through multiple births. By entering a host individual, i.e. us.

-The evolving soul cannot reach its full realization in one birth, so it leaves at death and is reborn again and again in different hosts in its journey to realization.

-In each person it inhabits it seeks to discover through that person's life a new aspect of truth that it is evolving towards realizing; seeking to know and embody.

-It cannot reach its full realization in one birth, so it leaves and is reborn again in different hosts.

-The individual can make the growth of many births in one or several through efforts of higher consciousness. In one sense, the person is here to make that special growth, for himself, as well as the evolving soul, which his higher self within.

-When the individual rises in consciousness, the psychic being gains a new knowledge that it seeks through its journeys through time in embodies beings; i.e. us.

-Mother says that we, i.e. our psychic being has been with Her and Her being through 1000 births. We are evolving together, in space and time, and beyond.

-Eventually we live as long as we wish, as our immortal soul develops an immortal body, a leap in consciousness and substance beyond our current limited being.

Untitled

Mother lodged inside us is an ultimately profound Center of Being out of which Infinite possibilities continually emerge.

Growth Of The Psychic Being

The Mother comments on the growth of the Psychic Being:

It is through all the experiences of life that the psychic personality forms, grows, develops and finally becomes a complete, conscious and free being.

This process of development goes on tirelessly through innumerable lives, and if one is not conscious of it, it is because one is not conscious of one's psychic being—for that is the indispensable starting-point. Through interiorisation and concentration one has to enter into conscious contact with one's psychic being.

This psychic being always has an influence on the outer being, but that influence is almost always occult, neither seen nor perceived nor felt, save on truly exceptional occasions.

In order to strengthen the contact and aid, if possible, the development of the conscious psychic personality, one should, while concentrating, turn towards it, aspire to know it and feel it, open oneself to receive its influence, and take great care, each time that one receives an indication from it, to follow it very scrupulously and sincerely.

To live in a great aspiration, to take care to become inwardly calm and remain so always as far as possible, to cultivate a perfect sincerity in all the activities of one's being—these are the essential conditions for the growth of the psychic being.

(thanks to Senthil)

Untitled

The organization of the Psychic Being, the Soul, is the instrument through which the Divine is trying to express itself in Life.

Untitled

Organization of the Psychic Being occurs through Self-Givingness, Aspiration for the Divine, Truthfulness, Goodwill, & Harmony.

Untitled

The more we shift from outer organization of Ego to Inner Organization of the Psychic Being, the more the Divine grows within us.

Untitled

Stationed in the Psyche Being, we aspire for the Divine to enter everybody, all things. It is thus a Universal spiritual experience.

Untitled

We want the Divine, the Psychic Being within to express through any act we undertake; not the Ego, nor the habit, nor the false.

Untitled

Only through our connection to our Soul, the Psychic Being can we truly know Mother, the Divine Shakti, who can bring the Infinite to Life.

The Spiritual Individual Is Born When The Psychic Being Moves To The Surface

"We want is to replace the ignorant, human personality with the spiritual personality. That is the Spiritual Individual.

The Spiritual Individual is the Psychic Being coming out and expressing through our minds, our emotions, our vital, and our physical. That's the first step in spiritual progress.

When the Psychic Being comes into the vital we have strength and courage. When it comes into the mind we have enlightenment. When it comes into the heart we have goodwill. And so forth." (Garry Jacobs)

Organized Around A Divine Center

The most important thing for an individual is to unify himself around his divine center; that way he becomes a real individual, master of himself and of his destiny. Otherwise, he is a plaything of the forces, which toss him about like a cork in a stream. He goes where he doesn't want to, is made to do what he doesn't want to, and finally he gets lost in a hole without any way to stop himself doing so. But if you are consciously organized, unified around the divine center, governed and led by it, you are the master of your destiny.

(The Mother)

Untitled

When the Inner Being, the Psychic comes to the surface, we experience a spontaneous, causeless Joy.

Untitled

The Soul/Psychic Being is the channel for the Divine to express in life.

Untitled

We will oscillate back-and-forth in connection with Mother in the course of our day. That will only change when we are rooted in the psychic.

Untitled

The psychic being does not impose. It is a soft silent Voice heard in the silence of Sincerity. (Garry Jacobs)

Untitled

The mission of each of the billions of Souls/Psychic Beings are aspects of the mission of the One.

Comment: -The Psychic Being evolving within us has its own Mission for manifestation. To align with it is a great spiritual achievement.

-Each person connecting to their evolving soul will perceive their own purpose, including what part they play in the Divine Unfolding.

-If we can get in touch with our psychic being, we will know our purpose and destiny here on earth; we will see the power and purpose of living the Divine Life.

The Will of the psychic is always True. It is always in harmony with the will of other psychics and the Divine Will. As opposed to being in touch with the Ego, which is always in conflict.

Sri Aurobindo says that a transcendent, infinite Reality is manifesting itself through the worlds in order to realize itself in form, through the infinite multiplicity and uniqueness of individuals and other formations.

Trying To Convince Others

Best not to try to convince others of your point of view to help them come out of their ignorance if they have not asked for it. They must want to receive advice out of their own volition and aspiration.

btw: the Psychic being never insists. So when we reach it, we will never want to convince others of their wrong convictions, unless they ask. In the psychic we are always non-reactive and still.

Emergence Of The Psychic Personality And The Triple Transformation

The Soul and Psychic Being are different.

The Soul is the individualized poise of the Supreme OUTSIDE of Manifestation.

The Psychic Being is the individual poise of the Supreme WITHIN manifestation, that is evolving progressively. It is the evolving Soul. It is evolving progressively from unconsciousness to subconscious to conscious to supramental consciousness.

The Psychic plays a vast role in the creative process in life. It eventually comes to understand that it is the Ishwara (the Creator) in creation. It becomes a center of consciousness of the Divine Creator; of the Divine creative consciousness.

Moreover, it carries out the will of Ishwara (the creator aspect of Sat (in Sat-Chit-Ananda)).

It unfolds uniquely in each individualization, through infinite variation and possibility.

How then does the Psychic Being emerge?

The Psychic Being starts as a Spark. Then it evolves and becomes a Flame, and eventually becomes an Entity.

As it grows in a form of conscious being, it develops a Psychic Personality. It develops a mental, a vital, and a physical Personality as expressions of the Psychic Being.

As it develops through multiple births, it begins to have the power to push aside the surface personality of the person it inhabits. It pushes aside the ego, and begins to express itself through mental, vital, and physical being of the person. This is the development of the Inner Personality. The Psychic Personality.

From our side, we partake in the Psychic Transformation. First we have to discover the psychic within ourselves; be awoken to it. Secondly, we have to consecrate and surrender so that the powers of the psychic can increasingly take over the actions of our outer nature.

When we can say that our mind really reflects the truths, or knowledge, or faith, or sincerity of the psychic, then the mind is under the influence of the Psychic Personality. We call it Mental Psychic.

Further still as the mind is fully taken over by the Psychic personality, the ego disappears in the mind, and it is the psychic that thinks and acts in the individual's being, and what we say has the truths of the psychic.

This is the Psychic Transformation at the mental level. It also has to occur at the vital and physical levels in the evolution.

The psychic change is the first step of human Transformation, as it is followed by the Spiritual and Supramental Transformations.

The Psychic Transformation is to be one with the Psychic Being. The Spiritual Transformation is to be one with the Spirit itself that radiates throughout the visible and invisible cosmos.. Thus the eternal, transcendent spirit must come down into our being. The mind, vital, and physical become expressions of the Eternal. One thereby becomes an instrument of the Eternal Self.

The third transformation is the Supramental. In this final transformation the limited Mind transforms into its parent Supermind.

Mind tends to break objects, ideas, et al into a myriad of parts, but only perceives one or a few at a time. At the other extreme, Supermind sees all that are necessary at once,, and in their Oneness with one another, in their integral relationship. It sees the parts and the whole simultaneously.

As a result the Mind is supramentalized. Vital and Physical supramentalization then follow.

(Garry Jacobs, somewhat paraphrased; based on the teachings of Sri Aurobindo and Karmayogi)

Comment: (from Garry Jacobs)

Roy has very rightly described the process as far as I know it up to the psychic transformation. Beyond that my own understanding is limited.

A clear distinction is yet to emerge between the spiritual and supramental transformation. The spiritual realization is to be conscious of the infinite freedom and eternity of the spirit in ourselves and everything at the highest levels of our being.

The spiritual transformation should be to have that same consciousness in mind, vital and physical. To know the Self or Spirit everywhere and in everything here not just in trance or the unmanifest.

What then of the supramental?

Knowing the Self or spirit in all things is not the same as knowing all the movements of Nature as the conscious Divine Will and Force acting in the world.

The supramental reunites Being and Becoming, Spirit and Nature. As the spiritual realization knows the eternal spirit, the supramental must know the Spirit in Nature or rather Nature as form, force and action of spirit. To know the Divine acting in all things.

For that to be known from above in supermind is supramental realization of the oneness of spirit and nature, no longer as separate principles.

For it to be known in mind, life and body is for the structures of these instruments to be transformed so our knowing, perceiving and sensing of the Divine Ishwara in life, expressing as the conscious force of shakti replaces mind's limited superficial experience in all things.

This is my understanding but it needs to be confirmed and corrected by a more careful study.

That would still give us only intellectual knowledge. True integral knowledge can only come by psychological experience through an evolutionary transformation of our human consciousness as He explains in the last para of Reality and the Integral Knowledge. We may find further clarity in the last three chapters of Life Divine.

The supramental transformation is not just a transformation of our knowledge. It is also a transformation of our force of being. When it comes in the body, it will mean the Supramental Knowledge Force acting directly in and through us without the interference or intermediary of human nature. The Divine acting directly in and through the human instrument.

Untitled

Not only are we as well as society evolving, but the Spirit Itself is evolving in the universe.

Comment: It is the psychic being within us that is evolving.

Untitled

The agent for integrating all parts of our being is the Soul, the Psychic Being.

Untitled

Each time we are reborn our Soul/Psychic Being is given a chance to evolve further.

Unify Around Divine Center

The most important thing for an individual is to unify himself around his divine center; that way he becomes a real individual, master of himself and of his destiny. (The Mother)

Comment: Divine Center = Psychic Being, Evolving Soul

Untitled

Sri Aurobindo said that the real Guru is the Teacher inside the heart - the psychic being.

Untitled

Ocean of Divine Spirit; inlet of soul, psychic being.

Untitled

Some of us have been reborn a thousand times; each time so the soul can evolve further. It's our Evolving Soul's endless Quest.

Comment: I.e. Quest for integral Knowledge and Sustenance.

Untitled

To experience the psychic being (evolving soul) is to realize Spiritual Individuality in our lives.

Psychological Strength

Untitled

You have to be brave when a challenge arises, consecrate the issue, have faith, and do the thing you have to do, with calm and an inner smile. Life will take care of the rest.

On True Courage

True courage, in its deepest sense, is to be able to face everything, everything in life, from the smallest things to the greatest, from material things to things of the spirit, without a shudder, without physically ... without the heart beginning to beat faster, without the nerves trembling, without the slightest emotion in any part of the being. Face everything with the constant awareness of the Divine Presence, a total self-giving to the Divine, and the whole being unified in this will; then you can go forward in life and face anything whatever. (The Mother)

Untitled

Demonstrating psychological strength, courage, and fortitude during trying times, releases a torrent of energy that comes back as enormous positive response from life.

Psychological Strength in Money Matters

When you shift from weakness to psychological strength, even risking things a bit, but having faith in the Higher Power, life quickly works in your favor.

A client was long past due for paying an instructor. The instructor was hesitant to take legal action, since he had good relations with the client. However, without saying so directly he said he might have to "take things to the next level."

Within a few days the client more than eagerly agreed pay off on a substantial portion of the account.

(It was also a demonstration of the important of collecting all monies due to you, which, like paying off all funds you owe others as soon as possible, is a methods of evoking positive conditions in relation to money.)

Untitled

Each day we need to develop the necessary courage to face its own unique, pressing challenges. Having faith in Mother can give us all the psychological strength we need to meet those challenges each day, while evoking continuous positive response from life.

Punctuality

Untitled

Not being punctual, on time is an ego movement of subconscious obliviousness or disrespect that tends to puts others in an uncomfortable position.

Purity

Untitled

When you want something with a pure heart, the entire universe conspires for you to get it... It's when you want or ask for something with the best intentions for all and trust that the Divine energy will make it happen in the best way possible. (Salona Surjoo)

Untitled

The minute we are truly pure, that is, under His influence alone, there are no limits, no limits – nothing, nothing, there is nothing, no law of Nature that can resist, nothing, nothing.

(The Mother, from Agenda, March 26, 1966)

Purpose

Our True Purpose

Whatever we have in life, whatever we have gained, in the end is not our true purpose. Our True Purpose is to manifest the Spirit in life, fulfilling its and our higher Intentions in the world.

For What Purpose?

We get solutions to problems; but then what? Mother solves a conundrum for us, and we develop Faith. But Faith for what purpose? Just to solve more problems? Is there something deeper, greater that we aspire for; that we want out of life? Or are we happy to simply float along and see what happens? Let us go deeper Within and consider our lives.

Untitled

Through Life, we are awakening to OUR purpose. And through us, Life is awakening to ITS purpose.

First question to ask oneself: “what is my purpose in life?”, “why am I here?”

Untitled

If only we could be idealistic, noble, and aspirational for a Higher Cause, it would give great purpose and meaning to our lives.

The Little and Greater Life

We are so caught up in the details of ordinary life that we fail to ask the essential questions of Why are we here, and What is our purpose. We need to substitute the ordinary Little Life with the Greater Life of deeper purpose and meaning.

Aim of Life is to Manifest Divine; Happiness Follows

Q: Is the aim of life to be happy?

A: That is just putting things topsy-turvy. The aim of human life is to discover the Divine and to manifest it. Naturally, this discovery leads to happiness, but this happiness is a

consequence, not an aim in itself. And it is this mistake of taking a mere consequence for the aim of life that has been the cause of most of the miseries afflicting humanity.)
(Mother, from Agenda, March 28, 1970)

Untitled

Increasingly the only meaning and purpose of my life is to surrender to Her Force, Power, and Will.

“What Should I Do with My Life?”

If one doesn't know, how can we discover what to do with our lives?

First of all, look around for subtle signs; for life indicators. They are always there, pointing toward future possibilities.

If that doesn't work for you, intensely ask the universe (or the divine, if you are so inclined) to reveal its Secret to you. And then let it all go; forgetting the matter completely. Be sure to have Faith in whatever is to come; not just what you may want.

Also, maintain a positive attitude; be cheerful and optimistic. Be sure to brush aside any negative feelings about others, work, life, and yourself.

Soon after life will begin to reveal the path it has laid out for you. It may come from outside or from within yourself. One way or another, Life will respond to your aspiration.

If opportunities come into your field of awareness, by all means take them seriously; and as necessary seize them.

Be open to all possibilities, for it is the Hour of the Unexpected.

We Are Not Here Just To ...

We are here not just to have visions, but to realize them.

We are not here just to worship Mother, but to become Mother-like.

We are not here just to gain a profound knowledge, but to experience and embody it.

We are not here just to just understand Their Integral Yoga, but to fully engage in it to transform our lives.

Our, the Divine's Purpose and Meaning

-There's a meaning and purpose to everything that happens; to ourselves and to the life around us. (It is not mere chance.) And it is up to us discover what that is.

-Everything has a meaning and purpose in our lives because it is a reflection, an emanation of the Divine's purpose in unfolding this universe.

Untitled

In one sense, there are no difficulties in life; only an acute inability on our part to perceive the true Purpose behind things.

Humans Contemplate Their Purpose

The human is the first species who is able to say Who Am I? What is my purpose in Life? And as a result, looks skyward and contemplates that he is part of some Great Mystery; that there may be a Divine Reality beyond all things, which suggests our deepest purpose in the greater scheme of things.

Untitled

Questions for a conscious person to continually ask:

Who am I?

What is my purpose?

What is life asking of me?

Untitled

Ultimately we are each here to discover our unique limitations in consciousness and overcome them, which will open us up to our Higher Nature, which is the consciousness of the Supreme, with the infinite power of the Creator to manifest our lives.

We are here not merely to connect with the Origin of all things, but to bring down Its consciousness into the details of life in order to Divinize existence.

A Devotee is not only here to raise his consciousness, reaching the Supreme and bringing it down into his own life for his OWN good, but is also here for the sake of, the good and betterment of the SOCIETY.

Purpose Served by Life Response, Character of Life, Life Divine

"Life Response" explains what are the rules of life and what are the benefits of partaking in those principles.

"Character of Life" explains the process of the game beyond the rules of Life Response, and the results observed. Or we can say it explains the subtle reasons beyond the surface happenings.

"The Life Divine" in essence explains everything about what Life is, about the nature of existence, and much beyond.

(SM)

Our Triple Purpose in the Evolution

There are three aspects of existence: Individual, Universal, and Transcendent. When as true, spiritual individuals we help fulfill the universal (societal) purpose as devised by the transcendent divine, we further the Evolution on earth.

Untitled

Individual Fulfilment and Harmony of Purpose (with others, life) are the twin goals of creation.

Untitled

Life increasingly coming to you, as opposed to constantly going after it, is one goal of a spirit-oriented Individual.

Beyond Material Consumption to Inner Well-Being

Humanity's aspiration needs to evolve from the limitless material consumption to the endless growth of human wellbeing and inner personal fulfillment. This requires a shift from seeking ever more powerful technologies for external achievements to an inner seeking for inner well-being. (Ashok Natarajan)

Untitled

The central purpose of my life is to help fulfill Sri Aurobindo's and The Mother's mission of a Transformed world and a Divine Life on Earth.

Untitled

We are not here to make our life easy and comfortable. We are here to find the Divine, to become the Divine, to manifest the Divine. (the Mother, from Agenda, August 19, 1967)

Discovering Our Life's Purpose

[What follows is a response to a friend who is not sure in which direction to turn; i.e. what his Life's Purpose is]

The whole of Sri Aurobindo's The Life Divine can be boiled down to the Process of Creation of the universe from out of a Divine Source, and what in our consciousness prevents us from creating infinitely. It is our Ignorance, born of creation.

We can therefore move forward by either first Creating with aspiration, sincerity, effort; and then dealing with the obstacles along the way; or we can deal with the obstacles up front to make a clearing in the forest for creation possibilities to take shape. The former is the Sunlit Path, which is recommended.

It begins with this: What do you want? Ponder it deeply. Make it practical, yet deep. Eg applying values in work involves both an aspiration to create something special and the special values that rise up from your depths that enable one to create abundantly and with great quality.

Thus I would suggest you make a list of possible practical goals for moving along The Sunlit Path through work or otherwise; as well as infusing each possibility with values you deeply subscribe to.

You will in essence be building a Strategic Plan of Life. We can discuss from that point forward.

PS: Life is often presenting subtle signs of what goals and values to have, and how to move forward. Our consciousness can interfere with these hidden guides and signposts. Moving deeper within will reveal them to be plentiful. Looking around they will begin to appear everywhere.

Untitled

The true spiritual individual seeks the Adventure of Life, not the mundane, the habit, the routine.

Untitled

My ultimate aim is to fully organize this knowledge as colleges organise the vast subject into classroom study. (Karmayogi)

Mother Gives What Enables Our Growth In Consciousness

Mother in various 'Questions and Answers' gives the impression as follows:

"I have not come here to help you or to give you all that you want. I have a purpose-Transformation-Speeding up the evolution. Those who travel in that line never have to worry about my support. It will be always there. They are assured of my support."

—

Life responds for our efforts by giving comforts and develops capacities in the process. But Mother responds with greater capacities by denying those comforts of desires. We can notice - in life - all our transition points based on this bitter truth.

(Ramesh Kumar)

Untitled

What good are these and similar Inspirational Ideas if they are merely liked, collected and not consciously implemented in our lives?

Untitled

A goal of creation is for us to simultaneously experience the One and the Many.

Comment: I.e. to experience the One in the details of the Many.

My Aspiration

A reader asks how I have created such abundant output over the years. I.e. what has generated my Aspiration to create and achieve. My answer is that it has come from-

-the radiating Inspiration of certain personalities who subscribe to the deepest personal and spiritual values (in my case Karmayogi and Garry Jacobs)

-Learning, educating myself in areas that are of great interest to me

-Looking inward, discovering, and then subscribing to the deepest of values

-Having marvelous, even miraculous-like experiences that have reinforced my knowledge, interests, and values in life

-Being tuned into changes in society and a desire to be part of that wave of innovation and change. Eg in new technologies and new age spirituality

- Doing work(s) I truly love (while accepting those works that are given to me, whether loved or not, as means of progress along the way)
- Establishing focused goals in my life, strategies to implement them, and following through with vigor and positive attitude
- Being disciplined and staying on target
- Being a True Individual (thinking for myself), not following the herd view
- Seeing the benefit and rewards that others derive from my works; sharing the joy of others' success
- Being humble that great insights and are constantly coming from others, ever-widening the scope of insight
- Feeling eternal gratitude that Mother has so often pointed the way forward, generating waves of Faith to carry on and take things further.

All of this (and more) creates the Energy that flows outward through activities in ever-accelerating output.

And if you also learn the Subtle Principles of Life, including spiritual methods that evoke the miraculous, the Energy is intensified that much more, generating even greater and deeper outcomes - whether of knowledge or any other form of worldly success.

Rationality

Beyond Rationality

Humans are considerably more rational than they were 200, 100, or even 50 years ago. This is due in large part to education. However rationality is not enough to meet ever-intensifying life conditions. Deeper Insights about the nature of existence must follow.

Untitled

As religion and its dogmas die out, rationality takes its place, only to be the springboard for a New Spirituality, - in increasingly higher forms, - to take shape.

Untitled

We believe in the visible, less so the invisible; unless we perceive the invisible impacting the visible.

Comment: Here are two (very different) examples:

We believe in the (invisible) virus when it makes people (the visible) sick.

Alternately we don't believe in the (invisible) spirit unless it evokes a material (visible) response from life.

Untitled

Spiritually we don't want to detach from life. Rather we want to Transform it. Though Spiritual Faith is our greatest capacity, being Rational is foundational.

Reaction, Non-Reaction

Reacting and Non-Reacting

Reacting never helps; it only complicates.

I have seen this phenomenon many times. Instead Non-reaction has a vast power to improve a situation.

Untitled

Life is 10% of what happens to you, and 90% of how you react to it. (Thomas Swindoll)

Reality

Untitled

Artificial Intelligence itself won't save humanity, but evolved human consciousness that knows the Reality and its subtle life laws, blended with AI predictable capacity, can.

Untitled

Everything around you, as well as yourself, are expressions of the multiplicity of the One.

Nature of the Secret Knowledge

The Secret Knowledge is to perceive spirit and life integrally entangled, comprising the Reality.

The Secret Knowledge is to perceive the spirit unfolding in life, furthering the evolution.

The Secret Knowledge is to have the wisdom of the nature of the Reality, the All, and know the means of furthering the evolution, enabling the infinite to arise from the finite in life.

Beyond Exclusivism to Embracing All

The step forward humanity must take IMMEDIATELY is a definitive cure of exclusivism. That's what is, in action, not only the symbol but also the effect of division and separation. They all say, "This and not that" – no, this AND that, and this too and that

too, and everything at the same time. To be supple enough and wide enough for everything to be together. (The Mother, from Agenda, January 3, 1970)

Untitled

... true divine Compassion ... is the total understanding that everyone is what he must be. (the Mother, from Agenda)

Untitled

Mother said that at every moment it is always the best thing that is happening. She then added, but that doesn't mean that it couldn't be better. (And that can happen because at any moment we have the capacity to raise our consciousness.)

Untitled

The central spiritual goal is to become One with, Unified with Everyone and Everything we encounter.

Untitled

The West has a very primitive, insufficient view of the nature of the Divine Reality compared to the ancient tradition of India, including the Vedas, and especially as dramatically updated and detailed by seer and sage Sri Aurobindo in an evolutionary context. In His view all of the details of how the universe emerged from a Divine Source are intuitively explained, and the purpose, destiny, and destination of life in the cosmos is also dramatically presented; providing a revelation for the world.

Untitled

HE who explained the nature of Reality. The Divine Source of things. The process of creation from spirit to matter. The purpose of life and where we are headed. HE who revealed and brought down the transformative Supramental power into the earth's atmosphere. Who envisioned the next stages of human existence, culminating in a Divine Life on Earth.

Resolving the Play of He and She

-All is a play of He and She. Of Spirit (purusha) and Nature/life (prakriti).

-He acts through process, through law, through necessity, and fixed rule. She acts through fantasy, caprice, chaos, unpredictability, and chance.

-Our whole life seems to be the experience of combinations of these. Eg we see the Necessity of things happening in our lives (He), but also perceive mere Chance (She) at work. We fail to see the Truth of things; i.e. how these opposites are resolved.

-And yet we can reconcile both by withdrawing from the surface of life and moving to the depths within, culminating in the psychic being, and surrendering to Mother's Supramental Force.

-Through our higher consciousness we continuously perceive the right relation and deeper Truth of things. We reconcile contradictory forces, opposites in our lives; living naturally, harmonically in the play of He and She.

Absolute and Relative Integrated in the One Reality

From the deepest poise, culminating in the supramental consciousness, we perceive that the Absolute (life beyond creation, this universe) and the Relative (life within the universe, creation) are Integrated and One.

The Absolute unfolds itself in the Relative, and the Relative is a manifestation of the Absolute.

This is the perception of their integral oneness, which together make up the omnipresent Reality.

Untitled

We can only attain the Integral Knowledge when we know, have the experience of the (Integral) Reality.

We can only know the Integral, Omnipresent Reality when we know it as the truth of our own being.

Untitled

Sri Aurobindo resolves the apparent contradiction between Matter and Spirit by indicating they are two views of the same Reality.

Untitled

Spirit and Life mixed together is the Reality, the All.

Untitled

The whole blissful Reality is available to be felt and seen at any given moment.

Comment: I.e. spirit and life around us are completely intermingled, and we perceive but one integral Reality; the All.

Untitled

The billions of consciousnesses experiencing the Reality in an infinite variety of ways are expressing the Divine's Intent.

Untitled

The true nature of Reality lies far beyond our surface view. In the depths we discover It in full.

Untitled

Every moment life is revealing a subtle, yet complex puzzle. Life Response analysis fits all the pieces together into a whole, revealing the integral Reality.

Having All Perspectives Simultaneously

We only see our own position, perspective relative to the unfolding situation. Yet circumstance demands knowledge of ALL perspectives simultaneously. When we develop universal and then Supramental Consciousness we will have this complete moment-to-moment Knowledge of the Reality.

Untitled

When you softly, consciously interact with objects, things, - instead of handling them roughly, unconsciously - you begin to sense how each one is an expression of the Divine Reality. I.e. how objects, things are material formations of the Divine Reality.

Untitled

The Reality is not that either point of view of two individuals, parties, et al is correct; rather that both views are right in order to manifest a greater Truth. One who can perceive that and act as an instrument to manifest that Truth will be the leader of Tomorrow. (SM)

Untitled

Sometimes you need to go around the block to see the whole picture.

Untitled

The true nature of Reality beckons far beyond our current understanding.

Comment: Sri Aurobindo speaks of the "Integral Reality": i.e. this universe and the spiritual plane beyond, both integrally mixed together. This is the True Nature of Reality, which defies our current comprehension.

Overcoming Human Constructs to Know Reality

If we want to know the true nature of Reality, we will have to -

- (1) overcome all human constructs, whether the precepts of systems of thought like mythology, philosophy, religion, theology, science, and so forth
- (2) overcome human conditioning that has risen from virtually all aspects of daily life
- (3) overcome the tyranny of surface living, by a mechanistic, material worldview, as we are hypnotized by the physical, by matter

Only by going to the Source of these ideas, expressions and experience, - to Consciousness itself, - can we know the true nature of Reality.

Untitled

The first step of knowing the true nature of Reality is to become aware that our mind is extremely limited in its perceptions of the world. When we grow in consciousness beyond mind's core limitations, we begin to perceive the true nature of Existence.

Untitled

Shifting from surface to Depths we perceive the true nature of Reality, which includes the utility of ALL things in the unfolding.

Knowing the Reality

Sri Aurobindo in 'The Life Divine' indicates Reality is everything, the All; both Spirit and Matter, and their integral relationship; their inexorable Oneness.

In this way we can see the necessity of all things in the unfolding of life; the requirements of all dualities; good and evil; light and dark; infinite and finite, the great and the small, etc.

To truly see life this way, i.e. to perceive the true nature of the Reality, we need to rise in consciousness above mind to intuition where knowledge comes without thought.

Then to see the Reality perfectly requires the attainment of the Supramental (Unity) Consciousness.

Untitled

The external conditions are not the ultimate determinant of reality, but rather what is inside, in you that ultimately determines.

Untitled

Reality is not just the objective, but the Subjective as well, which has ultimate power of determining life.

Untitled

Sri Aurobindo's teachings are utterly different from the Indian spiritual tradition, which is why Indians (and the world) are often baffled by it.

Comment: Eg Divine Reality is the Divine beyond this world in the Indian tradition. Also known as Brahman. However, for Sri Aurobindo this universe and the Divine beyond are part of one Integral reality. He calls it the Integral Brahman. After all, all life emerged from a Divine source, so it too must be divine in essence.

Of course it is not a fully realized existence in the universe. It is evolving; i.e. we, the world, and the universe's inner consciousness is increasingly emerging on the surface.

How is that done. It happens slowly through Nature's slow and difficult way. But it happens rapidly and more integrally when we open to our psychic being (the evolving soul within) and call to the Supramental Force, the Mother, from there to descend into us and life around us. The Integral reality further evolves, as the Divine beyond and the Divine in Life increasingly merge and interact.

This is NOT how the Indian spiritual view perceives reality. In that view, the Divine and the Undivine (this life) are two separate realities, and the goal is to lose ourselves in the divine part apart from this world. A dynamic interrelationship between the two aspects; the merging of the two realities through an evolutionary process is a foreign concept.

Untitled

The life we humans are living recently is out of touch with our Souls, with Nature, and with the Reality.

Comment: The Reality is the union of the Divine above and this life below, - the big and the small, the material and the subtle, the eternal and the timebound, the good and the evil, etc. etc. - and their integral relationship. Not merely one or the other.

Sri Aurobindo Tells Us Not To Stop In The Middle, To Keep Going To Know The Ultimate Truths Of Existence

The only problem with spiritual experience is that we stop in the middle. We think that our partial realization is the whole of the truth, which it is not. We take a partial truth, a partial experience, and take it for the whole, for the sole Reality.

Sri Aurobindo therefore says don't stop in the middle. Until you get to the Integral Reality that explains everything; until you can explain the universe, as well as the transcendent; until you can explain the destiny of the individual, and the reason for rebirth, and the reason for evil and falsehood, and ignorance, and division in the world; until you can explain, know everything, you have not reached the ultimate Truth. Therefore, keep going! (Garry Jacobs)

Utility Of All Within The Unfolding

It's interesting: EVERYTHING is useful – everything is useful, everything is necessary, in its place in time and space (it's something that is neither time nor space: in the Manifestation, we could say), and it becomes falsehood when it tries to last after its time is over.

So what is needed is to be able to be within the Movement – the Movement of eternal Unfolding – where things ... become truer and truer. For in the total and eternal Movement, all things become truer and truer.

(Mother, from Agenda, June 16, 1971)

Untitled

There is no separate anything. There are no separate acts. There is however a Universal Movement of One existence.

Comment: Everything in the universe are forms of a Single Existence, which Sri Aurobindo calls 'The Omnipresent Reality'.

Reality is indivisible, but we see it as separate; separate from one another in space and separate from one another in time.

This, separativeness is however just the mind's view, but it is not the supramental view, which sees the Oneness of the Reality.

(this and source post by Garry Jacobs)

Untitled

Only a Divine reality could have created this INFINITE Universe.

Untitled

Sri Aurobindo indicates that the Many & the One, the Finite & the Infinite, Time & Timeless are each two sides of the same reality.

Untitled

The If clause is the determinant of the universe.

Comment: Eg If the cart is pulled up the hill, I can now unload the goods. Likewise, If I shift from negative to positive attitude, life will respond. Etc., etc. infinitely throughout the Reality.

Reader: My history teacher used to quote as follows. " Had there been no Nile, Egypt would have become a desert" It is another form for "if" I think.

Untitled

The Reality as devised by Sri Aurobindo is the Theory of Everything science seeks. It is matter and spirit as one. It is the Integral All.

Rebirth

Untitled

"We" are not born over and over. Rather our soul, our true self, our psychic being is repeatedly reborn in its journey and quest through time to discover - through the person it inhabits - the integral truths of existence.

Past Lives Knowledge vs Future Consciousness to Become

The knowledge of past lives is interesting for a knowledge of one's nature and the mastery of one's imperfections. But to tell the truth, it has no crucial importance and it is far more important to concentrate on the future, on the consciousness we must acquire and the development of the nature, which is almost limitless for those who know how to do it.

(the Mother, from Agenda, November 7, 1970)

Untitled

Life is a never-ending Workshop to work out our limitations of consciousness on the road to transformation and immortality.

Comment: It occurs across multiple births, though it can be radically sped up within one.

Born in Inconscience that is Ignorance

We do not remember our past lives or the space between them because when we are born we are in the unconscious of utter ignorance; not knowing what is going on around us, who we are, what our purpose is. Our soul is involved, hidden from us, at the other extreme from the inconscience we are born into.

Untitled

“We” are not born over and over. Rather our soul, our true self, our psychic being is repeatedly reborn in its journey and quest through time to discover - through the person it inhabits - the integral truths of existence.

Untitled

We took on this birth in order to grow in consciousness beyond the previous one.

Receptivity

On Grace and Lack of Receptivity

Divine Grace comes as pain when there is lack of receptivity in one's being, in the same way cyclone rain comes as Grace but leads to great destruction because the community and its infrastructure were not developed enough to harbor it.

It's a lesson to be learned for the next time, for future understanding, decisions, and actions.

Untitled

She ALWAYS acts on our behalf when we are truly Receptive.

Receptivity to the Force In a 3-Day Prayer that Resolves a Serious Problem

A small problem can easily be solved by opening to the Mother, as it requires little from us but a solid faith.

A Big Problem (or goal or opportunity) however requires a much greater effort on our part. The ordinary consciousness of simple faith will not suffice. A wide and deep Receptivity is needed.

--For the big, serious issue to be resolved, accomplished, the solution will depend on several factors, starting with the INTENSITY OF OUR ASPIRATION. The necessary emotion and feeling will help create that intensity, provided it is there to draw from.

--The DEPTH OF OUR ASPIRATION is another key. Calling from the deeper depths, e.g. the heart center, or even the Soul, enables one to call from the Spirit, which has the greatest effect.

--Finally, Karmayogi indicates that the Calling should be smooth, energizing, full, continuous, and enjoyable, resulting in expansive consciousness across its breadth and duration. And if it is not, the alternatives before is to abridge the zone to a manageable level, or remove intrusions of thoughts, and distractions of sights and sounds.

He says that lack of concentration is often a problem. To reach maximum concentration is to imagine Mother's Light or Figure in the calling zone.

One more thing: Karmayogi asks us to begin the Calling by calling Mother into one's self. Try to lodge Her in our being.

These conditions overcome our dense physical consciousness, causing us to be more receptive, and thus Her action can then manifest quickly and profoundly; often in ways wholly unexpected.

Consecration And Receptivity

You see, the goal is to be more Receptive in your Consecration efforts^{OBJ:OBJ}. The more you can discover and overcome limiting habits, attitudes, and beliefs in your being; in various aspects of your life, the more, the better the Force can work through you, for whatever problem you Consecrate.

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When consecration is full, ie fully Receptive, then life responds positively with few or no negative shadows. Whereas while prayer can also evoke the desired result, but may have negatives associated with it, as receptivity is not considered. "I want ..." and pray for it attracts, but it can attract a mixed bag. A man may pray for a pretty girl and attract her, but she might be an out and out materialist.

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Receptivity (of Consecration) avoids the negative. And we become receptive by overcoming the negative baggage in our being relative to the problem - especially as it relates to our attitudes about others, life, work, etc.

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Digging and throwing makes you receptive in terms of dealing with that which you want to consecrate, just as Chandru discovered (in '100,000' story). when he was in great debt, and the result was \$100K out of nowhere; the response to the consecration

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Imagine you are in serious debt, and you want to get out of it. You can pray for it, but it might not happen, or if it does, it may be with strings attached.

When taking to consecration of that problem I might consider all of my attitudes about money. For example I might be a cheapskate; not spending on others. Or I might not work hard enough, thereby falling into to the trap of depending on credit cards. Or I was a spoiled child given too much. Etc etc. These all can be discovered, dug up, and thrown out. Now you are more receptive. The Consecration result comes. Often in the most unexpected ways; and often more than one ever expected.

Becoming Receptive To The Force Through Changed Attitude

A consecrated act will attract the best results when we are Receptive to the descending Grace. Therefore changing a related negative attitude, habit, or belief may be required for the Force to act on our behalf.

Eg a woman does hourly consecration for an illness to cease. Unfortunately there is no tangible result. However, when she changes her attitude about visiting the doctor and makes an appointment, the illness suddenly gives way.

Untitled

Limits are not there in what Life is able to give us, but in our current limited capacity to receive.

Regressive

Untitled

Regressive forces are those desiring to bring back, invigorate a past that no longer has any relevance.

Untitled

Some people further the Evolution through their persistent Devolution.

Untitled

There is perpetual conflict between forces that wish to preserve the old and the forces ushering in the Progressive New.

Comment: We can say that by ushering in the progressive new it shifts society from harmony to disharmony. And yet by reconciling that a new Higher Harmony is established.

Untitled

Backward-thinking, regressive forces will have one net effect of plunging the people into poverty.

Comment: Eg at end of Bush Jr. administration the biggest financial crisis in 50 years occurred, reducing 50% of the wealth of the USA. With Trump ending his reign 50-75% of the population is now in unprecedented financial straits.

Untitled

The chaos we see in the world is due to the resistance, the opposition of reactionary forces to the Higher Consciousness emerging.

Relationship

On Human Relationships

-Relationships can range from physical to vital/emotional to psychological to mental to spiritual. E.g. if am competing in sports with another, then the relationship is physical. If I have a warm relationship with a friend, it can be mostly vital/emotional, with some degree of mentality as well. If on the other hand, I am working with a colleague on important concepts, then the relationship is mostly mental. I may even have a relationship with a teacher or guru who is bringing one along spiritually.

-We also see that relationships can range from the casual, i.e. non-intense, to the very intense. Eg a romantic relationship may be very intense, whereas a relationship with a colleague at work might be only mildly intense, with occasional flare up of the intense.

-There are of course all sorts of people that we can have relationships with. One has relationships with friends, family members, colleagues, significant others, associations, collectives, even with the invisible spirit. Each of these types will tend to have their own dynamics, including different focuses at the physical, vital, psychological, mental and spiritual levels.

-In general, we can say that each type of relationship serves a different purpose in our lives. And that the right blending of relationships is an admirable condition.

-Some people have many relationships and tend to be more social, outgoing people; while others tend to keep to themselves, with only a few, important relations. There is no right or wrong condition in terms of the quantity of the relations one has. The one caveat is that one's relationships, whatever the quantity, should be ones that are as positive and uplifting as possible.

-The best condition is when one continually seeks to raise up the Quality of one's relationships. Constant inner and outer attempts to raise the quality of one's relationship also indicates a person who is making personal progress in life.

-Higher human values will always uplift relationships. For example, consciously trying to maintain a sense of Harmony in the relationship will tend to keep it on an even keel. Also higher values like Caring about the other person (self-givingness) instead of being obsessed with one's own issues will also strengthen relationships. Such higher, emotional and spiritual-like values shift us from a separative, self-absorbed, ego-oriented view in the relationship to one of harmony, affection, and personal growth all around.

-In any relationship it is therefore best to continually shift from what you can get out of the connection to what would bring benefit to the OTHER person; to THEIR concerns and needs.

-Relationships are always at their best when one consciously responds to the Negative. For example, not reacting to the negative intensities of the other person in the relation, - such as an outburst or accusation, - can preserve the relationship under stressful

times. So does taking the other person's point of view when there is a conflictive view of things.

-And of course, such negative attitudes and feelings as jealousy, ill-will, superiority, and the like are never conducive to harmonious, beneficial relationships.

The key in all of this, is that anytime we raise the level of consciousness in our relationships, we are bound to attract Sudden Good Fortune from the world around us. Try making the effort to improve any of your relationships sometime. You will be amazed by the startling positive conditions that suddenly present themselves!

Levels at Which We Relate to Others

In a given moment we relate to people by what they look like as they stand next to us or appear in a picture, etc.; and from there we judge their appearance, whether attractive or unattractive; and in a variety of other superficial ways.

On the other hand, the Higher Consciousness Individual does not just relate to the physical presence of another before them, but picks up on the feelings, their psychological status, the person's mind, even that person's soul and essence.

This is an indicator of how future individuals of a spiritual-bent will relate to others. I.e. through soul to soul connection that is supramental in nature.

Untitled

If you reject outright someone else's positive suggestion, you may be asked by life to serve a key role in its implementation.

Untitled

We come in contact with certain people at certain times to further our and their progress and evolution. There is the Divine intention behind. Whether we succeed will depend on how we relate to, react to circumstance.

Untitled

The person who helped you regain a settled living condition may be the same person who surrounded you with bad people. Knowing how to negotiate both is a sign of a conscious, discriminating mind.

Untitled

It is in our human relations with others that our character and personality develops.

Untitled

Our relationship with others is the rich material for our spiritual progress.

Untitled

Life brings people and parties together so each can work out their limitations in consciousness.

Altering a Contentious Relationship

Shifting the inner to the positive always attracts a corresponding outer positive result. For example, if you've had a contentious relationship with someone, but now aspire for more positive relations, outer circumstances will present themselves that will quickly give you the opportunity to do this in full.

Untitled

How you interact with others in key moments indicates your true character.

Untitled

When you consecrate and practice non-reaction toward questionable people, they will either change for the better or leave, never to return.

Untitled

Each individual we encounter has something to teach us about ourselves, for our progress.

Untitled

People appear and reappear in our lives until we attain the lesson they represent.

Untitled

The parents valuing the child's Freedom should be matched by the child's valuing Harmony with the family.

Untitled

The best we can do for our family is to make continuous progress in consciousness in ourselves; including consecrating in Mother.

Reader: Every time you post one of these snippets,

Roy, it's timely for something I'm going through. e.g. My family is being faced with making some decisions regarding long-term care for a family member. We're getting very close to a bit of a tipping point, and emails today where my input can be helpful have me considering what to say- and being very conscious that I need to be cautious in what I say and do. Consecration here is critical.

Response: Yes, absence of personal initiative other than a consecrated act. - at least to start - is helpful.

Untitled

If you want to change your partner, start by changing corresponding elements in yourself. Life will then respond favorably for both.

Changing Relationships After We Connect To Mother

Only when we progress from our human limitations towards Mother we start to see that when we imitate people around us we are imitating the past, but when we imitate Mother we are following the path of the future. And when we try to move away from the path followed by our peers, family, etc, there is bound to be disharmony.

This disharmony is not so much outside ourselves but inside (because we are trying to reverse an order that has been established for tens of thousands of years). Our mind is in disagreement with what our vital being wants, our vital/emotional being is in disharmony with what our body wants; and they are all in disharmony with what our souls want.

As we intensify our relationship with Mother inside we will notice that these disharmonies inside will be reduced, and thus the outer disharmonies will also fall away on their own.

For example, about friends: I used to have lot of friends at school/college. Over time, most of these friendships turned into disharmony in terms of my having different set of beliefs/values to my friends, or it was just my stupidity of feeling superior or inferior to them.

But as the Harmony has grown inside me after coming to Mother/Appa, just now I don't really have any social friends in my life. My only interactions with the outside world are with the M and P groups, apart from my close family.

I can say in a sense it was my ego that helped me leave my parents house, but it is my giving up (to some extent) of my ego that has helped me become part of M group and A and G.

(a Karmayogi devotee)

Comment: On the spiritual path we may see over time a number of friends, associates, even family members fall by the wayside. We withdraw from these relationships, or let others choose their own way, not with malice or bitterness on our part, but because we objectively realize that they no longer support our growth in consciousness; and in some cases may even be hostile to it.

Untitled

Changing the subject by one party in a conflictive environment causes positive circumstance to suddenly appear.

Comment: Eg a brother and sister were arguing politics on a Zoom meeting. One of the two decided to move off the subject (in order to re-establish harmony.) Instantly a message appeared on the screen indicating that the 40-minute time limit on the free version of Zoom had been extended for this meeting to Unlimited Time, pleasing everybody!

Untitled

When you progress on the spiritual path an old friend you are reunited with may be astonished by the brightness & serenity of your face..

Dealing With Problems Of Non Devotees

Q: Can we (devotees) surrender problems of friends and family members to Mother even though they are non devotees?

A: You can send Mother to them - give them to Mother, rather than identify with them or praying. (MSS)

Comment: This way you are of help through Her, without taking on their vibration. This is somewhat different than devotee to devotee association, where the foundation of consciousness is normally higher.

Another related point is its best not to offer advice to another (who is not a devotee) unless it is clearly asked for. Even then be very cautious in what you say.

Power Of Divine Mother Through Another

When I was growing up from LKG to 5th std I used to perform very poorly at studies. The school failed me in my LKG and I had to repeat LKG twice. (My husband still jokes that he has never heard of anyone failing LKG. 😊😊)

Then in my 5th std, my grandmother (mother's mother) had darshan with Karmayogi and came back and told my mother about it. And my mother took to the Divine Mother. She was really a strong devotee. I am only realizing it now because in my 5th std final exam I was so scared to write the exam.

Whenever exams used to come until 5th std I would have high fever, and skipped 2nd, 3rd std exams, school used to promote me out of Grace.

During that 5th std final exam I actually asked my mother to pray to the Divine Mother, and you won't believe I stood first in the class that time.

Since that exam until I finished my Masters I stood first in class. Every exam I wrote I used to ask my mother to pray to the Divine Mother.

Many times Appa used to praise me for my intellect. But frankly I am the last person to have an intellect. It only came from my mother's non-stop prayers to the Divine Mother.

I am saying this because a person who comes last in class can become first in class simply by the prayer done (in fact in my case I never prayed, only my mother used to do it).

My mother also for several years did hourly consecration for me. I would say whatever I learnt from Appa all these years came only because of my mother's devotion to the Divine Mother. (Sara)

Religion

Untitled

Sri Aurobindo, Mother, and Karmayogi ask devotees to give up Gods and Temples. They ask us instead to progressively, sincerely evolve our nature and open to the Supramental Power: Her Force.

Untitled

Religion may not enhance capacity for moral belief and action, - it may even work opposite to it, - but Spirituality always does.

Transition from Religion to Spirit

We can come out of the falsehoods of religion and come upon the Spirit by aspiring for and seeking Truth: the truth of who we are, what our purpose is, where the world is heading, etc; and connect with like-minded individuals who also seek such Meaning in life.

Untitled

Religion is holding back the world. Spirituality is leading the world forward.

Untitled

Through religion we seek boons from the Deity. Through Spirituality the Deity seeks our own Transformation.

Untitled

Religion has become an obstacle to further progress. So has Science. Spiritual Knowledge resolves the two into something much higher.

Comment: Religion is lost in ritual and dogma. Science only has a material view. Through Spiritual Knowledge we know an Essence much deeper than ritual, and an integral Reality far exceeding but including the physical world. It is Integral Life.

Untitled

The Mother & Sri Aurobindo came to replace religion with Spirituality; i.e. to discover the Essence buried inside religion.

Notes On The Demise Of Religious Orthodoxy

-Mother worked inwardly to dissolve the influence of dogmatic orthodox Christianity in the progressive West, and succeeded to a large extent.

-Her focus was particularly on the limits of the strict Catholicism of the Vatican.

-She felt doing so would open the doors to rationality, and from there we would see the emergence of Spirit in the world; including the eventual advent Supramental.

-In the last 30 years the industrialized West has abandoned this orthodoxy for the most part.

-It is also interesting to note that Sri Aurobindo said that Christ humanized Europe.

-Mother and followers hope to see orthodoxy of all the major religions evolve into something more rational and inherently spiritual. Just now they are dominated by superstition and ritual, losing their rational basis, not to mention their spiritual source.

-Meanwhile influence of deep Eastern teachings, like Vedanta of India, Buddha's experiences, et al are entering Christian thought.

-There is a gathering of spiritual insights from these various religions, but also a direct connection to the Deepest Sources of Wisdom, such as the evolutionary spiritual teachings of Sri Aurobindo.

Resistance

Evoking a Response for All

Overcoming a resistance and making the necessary effort turns a consecrated act for one's self into a life response and benefit for all those around us.

Eg a man overcame a resistance to go to court, consecrated circumstance, and went to the facility. As a result, after a short while, he suddenly evoked a benefit not only for himself but for the dozens of people gathered in that room.

Responsibility

Untitled

"Consciousness Responsibility" is to take responsibility for others' unconsciousness. Life then responds overwhelmingly!

Reader: There is an Ancient Hawaiian healing method called Ho'oponopono. This is now gaining huge popularity across the world. Basic principle is gratitude, love and assuming responsibility for what is happening outside you, as outside is only a reflection of your inside.

Consciousness Responsibility

One person accepting "consciousness responsibility" leads to the resolution of a whole crisis where many others are involved. (N. Asokan MSS)

Accepting Responsibility in Challenging Situation

Accepting responsibility in a problematic situation can evoke tremendous response from life.

When Lydia in *Pride and Prejudice* eloped with the duplicitous Wickham, Darcy took responsibility for Wickham's behavior having known him since childhood; and Mr.

Bennet took responsibility for being oblivious to his children, which helped pave the way for the elopement that could ruin his family.

Fortunately all turned out well as life responded positively to their taking responsibility for their psychological deficiencies relative to an acutely problematic situation.

Consciousness Responsibility in Indirect Effect Situations

You can take to certain lower inner or outer behaviors that can attract negative circumstance for OTHERS, though they are only peripherally related to the movement, if at all. (I.e. the atmosphere is lowered by your consciousness attracting their negative for the indirectly involved party.)

Now through “consciousness responsibility” you can rectify the effect on all direct or indirect parties; or the benefit can come to them as a fresh positive result in another area of their lives.

Consciousness Responsibility, Soul, and Universalizing

Consciousness responsibility is to widen ourselves and take responsibilities for others false actions. It is a movement away from the narrow responsibility of just ourselves, which is essentially an Ego-movement, to a wider sphere, which we engage in when we connect to our deepest depths, the soul, the psychic being within, which is opposite of ego. Rather it is a universal movement. Life responds out of all proportion to such widened sense of responsibility.

Untitled

With Consciousness Responsibility you don't blame others or life. Instead, you widen yourself, embrace others' issues, as their problem becomes yours to resolve. And when you do, the rewards from Life are marvelous all around.

On Apologizing

Apologizing is a step toward taking responsibility for a past mistake or problem.

It also humanizes the interaction, as it is the giving up of ego, releasing humility, which will be greatly appreciated by the other side, especially if the contrition is sincere.

And yet one does not need to browbeat one's self, as it can come off as a variant of self-pity.

Clarity of thought about the wrong action taken, through emotionalized sincerity without self-pity will smooth out problems while having the added benefit of attracting unexpected positive developments thereafter.

Comment: Elizabeth sincerely apologized to Darcy at the end of *Pride and Prejudice* for her family's outrageous behavior, immediately after which he unexpectedly reaffirmed his love for her, causing their engagement and marriage. Her sincerity of apology attracted a startling life response from him when she had all but given up hope for the renewal of their relationship.

It is a life lesson of sincerity and truthfulness that can be applied to business and other domains of life.

btw: "Past consecration" lends itself to contrition and a deep sense of "apology" for past errors within one's self.

Untitled

Sincerity is there when we examine a failure and take responsibility to learn from the situation and try to improve ourselves.

Non-Egoistic "Consciousness Responsibility"

-To take responsibility in life is welcome, as it shows a level of sincerity and willingness to change. It also shows a degree of true individuality.

-Consciousness Responsibility is an even greater action, as we take responsibility for others false actions, misdeeds, et al, even though we have had no direct hand in it.

-Darcy took responsibility for resolving the elopement that was causing pain to the Bennet family. He took care of a problem that was not directly related to any action on his part. In addition, he held back voicing his actions, showing a level of Sincerity and an almost spiritual-like action of remaining Silent until the deed was completed. That Silences aided in his discovery of the guilty parties (Wickham and Lydia), leading to Darcy's greatest happiness in the romantic bond with and eventual marriage to Lizzy.

-In taking Consciousness Responsibility one can even discover one's corresponding defects that mirror the person(s) false actions he is taking responsibility for; and work from there to improve things.

-The one caveat is that doing such a thing can bring in the Ego. It says "see how I am doing a wonderful thing to help others." Therefore, one must be sincere and pure in one's intention.

-It is thus suggested that the motivation and sanction for Consciousness Responsibility come not from one's own self, which is often tied to the ego, but from Life, or better yet from the divine Mother.

--And so it must be practiced with a quietude, a detachment; with a self-effacement; without any sense of self-righteousness. And if done through consecration, it will tend to generate a sense of peace and sweetness. Those will be the signs and indicators of the right initiative. Then we know we are on the right, non-egoistic track of Consciousness Responsibility.

-In fact when we don't think about what good we have done for others in all aspects of life, it will be a great thing, which will in turn generate maximum life-attracting results.

(Paraphrase of Gary Jacobs; and Roy Posner)

Comment: Thank you Sir. Perhaps this is a controversial remark, just to look from different angle.

All the Wickham's scandal towards Darcy was false. However, it is interesting to note that he appeared in the scene where Darcy was needed to evolve further. Could there be any correspondence with respect to Darcy's part on that? Perhaps, we have to go earlier events when he was trying to elope with Georgiana, or even beyond.

Wickham was godson of late Mr Darcy (father) and he grew up together with his son Darcy as friends. We are not sure how close they were during their young age. However, Darcy was aware of Wickham's misconduct during his teen age and ignored them. Since he was godson to his father, Darcy had sense of some responsibility to advise him or to look for any correspondence within himself. When Wickham demanded money instead of taking the job, Darcy took the easy way and thought that that would be over. Indeed it had not and he tried to elope with Georgiana later. Darcy's sense of responsibility towards her sister saved her, but he missed to see the parallel in Wickham's part (though Wickham was wrong and false!).

Yet, life repeated in similar manner with false accusations and he finally had to take consciousness responsibility in greater measure to set right the things. Wickham still served Darcy to bring him closer to Elizabeth through negative way and also brought out his true potential and fulfilled his soul's aspiration. Had Darcy reversed those earlier correspondences, perhaps all this could have happened in a positive way.

Comment: very good points.

It seems that often events have to build up in the course of one's life, or over a period of time for circumstance to ripen, in order for the significant or even great moments of change to occur.

I think Iacocca, the CEO of Chrysler way back when is perhaps a purer version of Consciousness Responsibility. Former managers ruined the auto company, he was brought in from elsewhere, took responsibility for their failure, and turned it into perhaps the greatest corporate turnaround in world history.

https://en.wikipedia.org/wiki/Lee_Iacocca#Career_at_Chrysler

Untitled

To Accept the World's Ignorance as Ours is Consciousness Responsibility. (Sri Karmayogi)

Comment: Eg the people who took over the nearly-bankrupt US giant car manufacturer Chrysler in the 1980s, including its new leader Lee Iacocca, took full responsibility for the past failures of others, and miraculously turned around the company in very short time. It was an instance of the response of life to "Consciousness Responsibility." We can do the same in our own lives.

Untitled

As a devotee we can take "Consciousness Responsibility" for any problem, because we have the power of the Mother at our disposal.

Reader: Consciousness Responsibility is taking responsibility for some problem you had no hand in creating. And by doing so you can evoke great positive response from life.

Comment: I keep coming back to this post,

Roy, because I think that the idea of "consciousness responsibility" is a very subtle nuance that could easily be missed. And, "coincidentally" I just recently came to understand that there is a huge difference between the idea of taking "responsibility" for something and "blame." I think perhaps a lot of people think that by taking

responsibility might mean they are blaming themselves for something - when, in fact, it's anything but!

It's not "blame" at all! It's "owning" something I think. So, let's say I am consecrating a difficulty I am having. As I consider the difficulty (doesn't matter what it may be - money, health, relationship, etc), I suddenly realize that because it is "my" difficulty, I am the one "responsible" for "carrying it around." It's a feeling/emotion/thought that I AM having - so that means it's something that only I can release/consecrate/surrender.

Now, I can see someone I love struggling with a difficulty. But, while I can consecrate "my own" response/reaction to my loved one's difficulty (because I am RESPONSIBLE FOR MY OWN reaction/response), I cannot change THEIR reaction/response - only they can do that, and only if they recognize that it IS THEIRS to consecrate.

Am I making any sense?

It's just that this has been totally whacking me upside the consciousness lately with major "ah ha!" moments!

It's very, very exciting to make and act on this discovery!

Response: A good example of Consciousness Responsibility is Lee Iacocca's role at Chrysler in the 1980s. The company was falling apart and was about to declare bankruptcy. However despite all he thought he could turn the company around. Rather than blame top management for their past errors, backwardness, and all, Iacocca took responsibility for their mismanagement and miraculous-like turned the company around to the point that they soon became the most profitable car manufacturer in America.

btw Consciousness Responsibility is not the same as Past Consecration, where we consecrate our own past mistakes, so their negative influence on the present is dissolved.

Reader: One should not attempt to take consciousness responsibility for his past mistakes (which involved others) and take external actions unless he consecrated the past and received indications from life. Is my understanding correct Sir?

For example, Darcy took Consciousness Responsibility only after Elizabeth had visited Pemberley and also after life presented with the news of Lydia's elopement.

Thank you Sir.

Response: Yes, these precautions would preclude any negative effect on the person taking up such an initiative.

It is also interesting that in Darcy's case he engaged in both Past Consecration - he felt responsible for negative events from past and present leading up to Wickham's and Lydia's reckless elopement - as well as Consciousness Responsibility - in the fact from a wider perspective he was only indirectly responsible for their elopement, but still took responsibility for it.

Restraint

Withheld Predictions Attract

Avoid outer verbalization of a prediction. Keep the vision secure and still in your mind. At the point you detach yourself from the prediction - with any sense of "I'm telling you" or "I told you so" gone - the withheld prediction will come to pass. It is a form of "Silent Will" in action.

Untitled

By refraining from trying to change those you want to change, you create better conditions for them to change.

Untitled

I held back from saying a certain thing. So the other person near me immediately spoke it out instead. It is the phenomenon of "Silent Will" in action; a powerful inner method of evoking conditions in your favor.

Power of Withholding Opinions

When you hold back expressing your opinions, they gain power to manifest as Real in the world.

Untitled

When you feel strongly about a matter based on compelling evidence, and hold it quietly inside, soon after someone will step forward and advocate it to the world.

Untitled

Withholding comment builds up power in the expression and idea.

Comment: It is a form of "silent will."

Untitled

Restraining yourself from action or expression compels the other person to approve it, or carry it out for you.

Untitled

Withholding expression of valid criticism has the power to soon evoke great personal realization on that matter by the other party.

Comment: It is a form of Silent Will.

Untitled

When there is difference of opinion, conflict, agitation, try to shift from participant to Silent Witness. Your perceptions will then tend to elicit favor and prevail.

Untitled

When you restrain yourself from countering another's position with your own, you tend to attract greater harmony, energy, and aspiration.

From Trying to Convince to Silent Will

Often when we try to impart some knowledge on someone else, the receiving party becomes defensive, not wanting to listen to or regard our point of view "Who is he to tell me such things." "I don't want to deal with this issue in my life," etc. Also, from our side our desire to convince can be a movement of ego on our part.

Thus the giver of the knowledge remains unheard. However, if he practices "Silent Will," - remaining silent, though he wishes to impart that knowledge, - it attracts the other party to discover his knowledge; or better still, the other party acquires the knowledge and wisdom on their own, and only come forward one day to report such.

Both outcomes are the result of the power of Silent Will over a potentially negative movement of trying to convince.

Untitled

When we give up our opinion, our belief in regards to an issue, the Force, the Mother rushes in.

Untitled

When you restrain yourself from insisting on a position, Life quickly acts through another, verifying your original point of view.

Non-Assertion Power

When you hold back from asserting your position, it gains power, especially if you psychologically detach from it. At that point, it re-emerges through the words of others, and through the conditions of Life.

Untitled

The more you hold back from initiating, the more life moves forward in your favor.

Comment: Have had many experiences where holding back attracted the intention or even something better.

Of course if someone else's initiative comes to you, it is always well worth considering how to respond and engage in it.

Science has virtually no insight into the subtle Principles of Life that explain how we attract conditions from out of nowhere.

Silent Will Works

A business consultant and a leader of an educational institution were discussing plans for a big change in direction. The consultant was about to recommend that they do research among companies to come up with the best examples for the new syllabus.

However, he restrained himself, practicing "Silent Will." (ie holding back expressing one's intent, causing others to speak it out for you.)

A moment after, the leader suddenly described a wonderful relationship his institution ALREADY had with a European company that would provide the very service that the consultant had in mind.

Moreover, the leader then began to describe a number of ways to contact companies worldwide to hopefully supply even more true-life stories for the syllabus, while possibly creating highly important relationships.

It was a revelation to the consultant to watch this phenomenon play out, as the leader said virtually everything the consultant had hoped for. It was another dramatic reminder that Silent Will Works!

Untitled

Withhold forcing a thought. Life will soon speak it out for you.

Heart Of Silent Will

The heart of Silent Will is not just to withhold my will so others will express it; but to not have ANY will, not take Any position, and let the Divine, the Mother take over, who will bring out the best truths.

Satchidananda

Sat-Chit-Ananda in the Involutionary and Evolutionary Process

Above the plane of Supermind is Sat-Chit-Ananda. It is the source of all creation in the Involution, and the destiny and final step in the Evolution. That is, in the Evolution all other planes are divinized into their Sat-Chit-Ananda equivalents.

What is Sat-Chit-Ananda?

In the Involution it is the first step out of the unknowable, the Supreme. It is Existence, Consciousness, and Bliss. Sat-Chit-Ananda.

In the Involutionary process it is where Being (Sat) takes shape. Ie a Being exists in creation from out of the Unknowable, the Absolute. And because it is self-aware of Itself (Sat), of its Existence, it emanates a Force, a Conscious-force. That Force (Chit) will later involve into Supermind, which will further involve into the Energy of creation which will become Matter.

And because It is aware of Its Being (Sat) and the Conscious-Force (Chit) that it emanates from It, It takes infinite Delight in that fact. That is Ananda/Bliss of Sat-Chit-Ananda.

At the end of the Creation process, beginning with matter, Sat-Chit-Ananda is completely buried, hidden, involved. However, In the Evolution matter/physical, vital/life, and mental emerge, and then through humans the planes of spiritual mind,

culminating in Supermind. And beyond that is Sat-Chit-Ananda. All other planes are divinized as a result

THE INVOLUTION (Descent):

The Supreme

Sat-Chit-Ananda

Supermind

Cosmic Mind

Energy

Matter

THE EVOLUTION (Ascent):

Matter/Physical

Vital/Life

Mental

Spiritual Mind

Supermind

Sat-Chit-Ananda

Science

Beyond Opaque Perceptions of Life

The scientist, the materialist have little or no understanding of the subtle laws and forces that lead to outcomes, that govern circumstance in life. Nor can you teach them these subtle principles. At some point they need to spontaneously have the experience themselves. Then a bit of light will penetrate their opaque perceptions of the world.

Infinite Speed of Entanglement

Entanglement principal and dynamic allows for instantaneous connection between two objects that are trillions of miles apart. Essentially speed of connection is billions of miles per second (actually faster), whereas science says objects can't travel beyond the speed of Light, 186,000 miles per second. The former is actually how Life Response phenomenon can operate.

Quantum Entanglement and Simultaneous Time

Science has a partial explanation of Life Response. Quantum Theory indicates that two particles on either end of the universe can instantly affect one another. If one shifts on one end of the universe, so will another on the other side.

This is the phenomenon of "Entanglement." This indicates that when we raise our consciousness, something nearby or at a great distance instantly or very quickly responds in the positive.

Now Quantum physics has gone a further step, indicating that a change in the spin of a particle can cause the response of another at great distance over TIME. I.e. cause a spin in the present to affect the second particle in the Future or the Past.

It is essentially Entanglement across past, present, and future. That what I think or feel or do in the present automatically affects future or present circumstance; aligning ourselves with positive developments in both future and present. It also happens in the negative (negative life response).

It is another confirmation of Sri Aurobindo's cosmic concept "Simultaneous Time," which is one aspect of the nature of the Reality we are capable of realizing as we grow in consciousness and move toward becoming Divine-like, Supramental beings.

Quantum Physics and Life Response

1. Quantum physics theory indicates that electrons and therefore matter does not exist until it is being observed in some fashion. Without the observation there is no existence. In that way, the universe grants us the power to create reality.

Thus within ourselves we hold the power of Creation, A corollary of this is that what manifests on the outside is created from within ourselves. The Inner manifests the outer. Thus just our Intention can manifest reality. It also reaffirms that Intention can evoke life response results.

2. Quantum physics indicates that reality is created from the Quantum field; the soup out of which everything comes to be. It is an invisible field of energy that represents all possibilities.

According to Sri Aurobindo all emerges from Conscious-Force through the involutory process (from spirit to universal mind to energy to matter). This is similar to the quantum field.

3. Quantum physics indicates that everything in the universe is nothing but vibrating energy.

Sri Aurobindo indicates that all planes of existence in the universe are simply different forms of the Conscious-Force (Chit in Sanskrit).

4. Quantum physics suggest that all life, matter, us is electromagnetic; attracting other electromagnetic formations, visible or invisible. Thus forms are simply electromagnetic elements attracting like elements. Here we see the beginning of the Law of Attraction. Eg like attracts like. I.e. Life Response.

5. Your thoughts, feelings, subconscious movements, beliefs, conscious actions, intentions, are therefore just formations of electromagnetic energy. When one's consciousness moves to a higher plane, degree, intensity, etc. relative to any of these aspects, then the electromagnetism goes out and connects with like elements. it attracts them, aligns with them, and thus seems to create them or their appearance in space-time from out of nothing.

When the consciousness goes lower, there is still alignment, attraction et al, but there is attraction of corresponding lower or negative elements.

6. Certain sub-subatomic particles, even separated by vast distances, can instantly know what the other is doing. Eg when one photon was jostled, it produced an instantaneous

same reaction, in terms of speed, direction, spin, etc. in the other photon, though miles apart.

This "entanglement" indicates the alignment of most any dual-pairs is possible. And at an instantaneousness of these pairs that exceed the speed of light. Just as a life response can evoke a reaction from the other side of the world (or universe) instantaneously, as a result of shift in our consciousness.

7. In quantum theory things are not just this or that, but this AND that; i.e. both.

That relates to the spiritual principle that a thing is what it is and its opposite. Eg an idea can be both true and false, depending on the context.

8. In quantum theory the small is just as important as the large. This relates to the spiritual truth that the infinite can arise from the smallest finite.

Also see Garry Jacobs article Sri Aurobindo & Hyperspace comparing Quantum Physics concepts and His cosmic teachings:
https://1drv.ms/b/s!AjayTOYvR8hgzgaw_NGyjt-5D8x-A0A?e=BpuEiF

Untitled

Religion has become an obstacle to further progress. So has Science. Spiritual Knowledge resolves the two into something much higher.

Comment: Religion is lost in ritual and dogma. Science only has a material view. Through Spiritual Knowledge we know an Essence much deeper than ritual, and an integral Reality far exceeding but including the physical world. It is Integral Life.

Silence

Joining the Forces of Silent Change

The old mental order is crumbling or going through intense pressures, making the way for Something Greater. The Higher is also coming through subtly and Silently, while most on earth are consumed by the intensity of the change and the difficulties of their own lives.

It is then a matter of choice to join the forces of Silent Change. We can partake in this quiet process, ushering in a new-type person, a new society; spirit-oriented and supramental in nature.

—

Why "Silent Change"?

Most change is very public; out in the open. Here - in developing this higher self, higher human, in building this new world - it is mostly undetected, beneath the radar of societal tumult. Sri Aurobindo says the new world is being born while Man is asleep - preoccupied with so many other matters, the problems of their times, their surface interests. ... This new world is being built mostly undetected. Silently the great Change is being made.

Becoming Genius in a Field

Ramanujan the Indian mathematical genius became so by silencing his mind completely and opening to the divine universal energies. Intuitions of mathematical insight then poured into his mind that he then transcribed on paper. Theoretically any human on earth can follow the same and become genius in a given field in no time at all.

Untitled

Thinking Mind is very helpful, but it can also get in the way. Not thinking can then intuit the result.

Greater Knowledge & Accomplishment through Silence/Stillness

-Detachment from thought leads to silent knowing. We know more by silence than by word or thought

-We learn more by Listening rather than talking

-We act more powerfully by Silent Will than overt expression

-We accomplish more by Non-initiative than by ego initiative. Not acting is a better solution. (MSS, paraphrased)

All of these attract onset of good fortune (whether as knowing or achieving) from seemingly out of nowhere. It is "Life Response."

Talking about Impending Rains

If you talk too much about approaching significant rain when in a drought situation, it will tend to quickly fizzle out. Best to quietly hold the knowledge inside.

A man talked about an approaching storm, but the more he discussed it, the more it faded away; not a happy experience as it was in severe drought conditions.

Untitled

Old way: thinking to garner knowledge. New way: NOT thinking to gain it.

Comment: ... through Silent Mind (rational thought steeped in silence), Illumination (perceive a knowledge in a flash), Intuition (knowledge entering mind without thought), and Supramental Perception (integral truth and knowledge appears in one's "mind" without thought; with equal power for its full realization, manifestation in life).

Untitled

Too much excitement as a result of winning an account (or a match or any clear success) will often cause it to go elsewhere. Instead, when the agreement comes, be as calm as possible, offering the opportunity to the Higher Power. Now the energies will settle in, and it can be your account, etc. forever.

Untitled

Not expressing an Opinion is more powerful than expressing it, as Life cooperates with that verbal restraint.

Untitled

Sometimes it's what you hold inside, keep close to one's heart and being, and don't share that has the greatest power for inner change and fulfillment.

Untitled

Going after life - the clients, the media, et all - to spread the word about Her is not Mother's way. Instead She waits outside your door for a loving yearning of the Inner Flame.

(paraphrase of Sri Karmayogi)

Expressions of Stillness, Beingness that Attract

We know more by silence than by word or thought.

(Don't speak, think; knowledge will come)

We act more powerfully by silent will than overt expression.

(Don't speak out your idea, want, and others will speak it out for you.)

We accomplish more by non-initiative than by ego-initiative.

(Don't initiate, let life initiate for you; then respond to that).

(Based on MSS)

Untitled

In any situation remain silent in a state of Choiceless Awareness, and just the right way to respond will occur to you as it arises. (paraphrase of Deepak Chopra)

Untitled

An evolved person tries to stay on the track of what the other person is interested in, not on his own track. The best outcomes unfold this way. To make that happen, he remains stationed in the silence within.

Untitled

When you assert something has changed for the good when it has just begun to be accomplished, it tends to soon gets undone. Best to be silent on such matters until it is firmly established.

Untitled

I held back from saying a certain thing. So the other person near me immediately spoke it out it instead. It is the phenomenon of "Silent Will" in action; a powerful inner method of evoking conditions in your favor.

Untitled

Silence silently, subtly links people together in synchronous experience, while ceaseless chatter has the opposite effect

Untitled

Science is greater than religion. But spirituality is greater than science.

Untitled

Silence of the mind (not thinking), emotions (not desiring, reacting), and body (not initiating, forcing) + Faith in the Force = best conditions for attracting success.

Indian Mental Silence

Western children are taught to think, while our [Indian] kids memorise. Thinking is far more powerful than memorisation. We must take to thinking, but that does not mean we must follow the US ways of thinking. As thinking is more powerful than memorisation, Silence is more powerful than thinking. (Karmayogi)

Overcoming a Problem through Various Levels of Silence

We see something is wrong on the outside with someone or some party. Rather than speak it out, we can hold it inside. Life will begin to move favorably where there is the problem. It is Physical Silence that makes it happen.

And yet what we hold inside is still an emotion we may be bothered by. Now we can dissolve that emotion by detaching from it. Life on the outside that was troubling will move further in our favor; often much further. It is Vital (emotional) Silence that makes it happen.

Now all that remains is the thought of the matter. When we give that up, the outer world that was so problematic at the inception is now fully reversed. It is Mental Silence that makes it happen.

If we used spiritual means, such as Non-reaction and Consecration of the issue; the Speed of the reversal is something to behold. Life will move at startling speed in our favor, reversing the original problem that emanated from another person or party. It is Spiritual Silence merged with Spiritual Force that makes it happen.

Mother's Connection to "That" and Mental Silence

Mother in Agenda in 1967 was making the effort to fully, i.e. at all times, immerse Herself in "That", the Force, the Divine. And when She kept the mind silent, She was able to maintain a stable connection to That. And life Responds to that effort accordingly.

And by the way, we can make modest efforts of our own along those same lines.

Untitled

Like the famed mode of the submarine - "silent running" - we should be still, hold back, and observe. Life will then cooperate with our quiet intent.

Vast Power of Mental Silence-Based Results

When the mind turns Silent, it brings about results far beyond what the mind, in its churning activity can accomplish.

The silence-based results come through dreams, unexpected conditions in life, and through intuitions of knowledge suddenly descending into one's being.

Untitled

The mind sees more clearly than the vital ego, and the Silent Mind sees far better than the active one.

Silent Mind and Intuitions of Insight

"If you just sit and observe, you will see how restless your mind is. If you try to calm it, it only makes it worse, but over time it does calm, and when it does, there's room to hear more subtle things--that's when your intuition starts to blossom and you start to see things more clearly and be in the present more. Your mind just slows down, and you see a tremendous expanse in the moment. You see so much more than you could see before." -Steve Jobs

An Experiment: Silent Sales Efforts

Years ago I was a salesperson for my company Kenroy. I did my sales presentations with some degree of consciousness, but not enough according to my current standards!

If I had to do it all over again, I would engage in the following experiment:

After greeting the buyer, I would put my wares on the counter, and not say a single word; not even thinking a thought. I would also consecrate the act (i.e. offer it to the Spirit); then SEE WHAT HAPPENS.

I think I am likely to experience a startling positive response from life in one or more of these Silent Sales Efforts. Then I would do it this way over and over again, until I evoked infinite-like results, where previously there was only finite outcomes.

This approach could be extended to any other field or aspect of Life!

Comment: The Practice of Silent Will, Allowing Other side to Negotiate, can be best Applied in a Team, if the Leader carry the same Aspiration as we carry.

For Example, In a Group Discussion, We cannot expect the same amount of Silent Will from the Team.

It can be best applied with one to one meetings, deeper level of Consecration and understanding pulls the consciousness to the Whole.(Priya Mahesh)

Evoking Deep Peace & Prosperity

Commitment to and practice of consecration (offering circumstance to the Divine) in tandem with non-assertion/insistence can attract deep peace into one's being, along with additional positive effect.

A man practiced those two virtues from the time he woke up one morning, and within several hours he felt a deep peace and silence fully envelop him.

Plus soon after that day he received word of an unexpected rapid deployment of a financial windfall.

The man also understood that the deep peace and silence was a predecessor indicator of the word about the funds to come later that day.

Untitled

Silence brings your point of view to the World.

Untitled

Sri Aurobindo says there is nothing that can be spoken that can't be communicated more effectively in Silence.

Untitled

To garner the full Richness and Peace of Sri Aurobindo on his August 15th birthday, we can practice verbal and mental Silence.

Untitled

By silencing the mind, we continually connect with the Intuitive zone where we receive the Essence of a knowledge without thought.

Untitled

Not asking for anything from people around us is Silent will or Moving to Silence. Not asking the Divine for anything will take us to the Silence behind the Silence. (Sri Karmayogi)

Comment: We could also say that behind our silence is the psychic being, and behind that silence is the Silence of the Divine consciousness.

Untitled

Shift from the joy of thinking to the Joy of not thinking.

Sincerity

On Spiritual Sincerity

Sincerity is to really mean what you think or say.. Eg you really mean you will “get back to me.” Insincerity is not to mean it.

Spiritual Sincerity is truly meaning to mean a spiritual method or approach. Eg I really mean “Thy Will be Don” in a consecrated act; rather than I still want what I want “my will be done”!

When you truly mean it, are sincere, - eg “I truly want to rid myself of this virulent impediment in my life”, you get the result, life responds in your favor often before you hoped for it.

Thus a Consecrated act always depends on the Sincerity of the individual relative to what is intended^[OBJ]. Attracting a positive, superior result depends on what we truly mean, not what we say.

Musings On Everyday And Spiritual Insincerity

There is the normal term Insincerity that we are aware of. Then there is Spiritual Insincerity for those on a higher path.

Sincerity of either sort is to claim eg that one will do something, but not follow up on it. Many devotees suffer from Insincerity at the spiritual level. I say I will practice non-reaction to others' intensities from here on in - in essence, a spiritual movement -, and forget about their self-promise an hour later.

The average person is insincere in so many ways. (This is not spiritual insincerity; but the everyday kind.) He avoids telling the truth, keeping up on promises, saying what is truly the truth, etc. It takes an endless variety of forms. And the Ego is there to reinforce it every step of the way.

Spiritual Sincerity on the other hand is to truly aspire for and have the strength and fortitude to acquire spiritual capacity like peace, silence, harmony, moving to the depths, consecration, opening to Mother, etc.

I have done Life Guidance for over 50 people, done individually. Many say they will surely take up the advice, but for many there words on only partially true. at best.

Since I am recommending spiritual, inner solutions, they are expressing spiritual insincerity. Those who are Sincere have life altering positive experiences for the better. Life responds all around.

How then to overcome insincerity – of both types?

We are unable to easily do this because we are attached to our nature, and what it wants.

One cause: On the surface we say one thing, but deep down we feel something else. Like Elizabeth Bennet’s feelings toward Wickham in Pride and Prejudice. On the surface she is extremely bothered by Wickham's own insincere behavior, but deeper down she still harbors strong attraction feelings. The surface and depths are at odds.

One way to combat insincerity is to realize that one can never judge another person on how they behave to you. Rather judge them on how they relate to everyone else. From there you can see any obvious forms of insincerity.

The same holds true for ourselves. Others can keep us accountable as well.

One solution to insincerity is to give up the façade of pretention. And be determined to stay with what we say we will do. The Aspiration to change in this direction must be firm.

Insincerity is when the mental and the vital are out of alignment in relation to that mater. The Truth the mind sees, and the urge the vital feels are at odds. The physical wants no change at all.

That which is pleasing to our vital will always distort or block sincerity.

Rationalization is also connected to insincerity. We justify that which is unjustifiable, and so we are not sincere in our expressions to others.

For devotees spiritual insincerity invites Falsehood, a grievous trait for someone on the spiritual path.

The devotees should continually consult with his inner being, for his highest values and attitudes in determining one's true sincerity. From within he should recognize his highest truth and act from there. That will enable Spiritual Sincerity. That will attract the very best response from life.

(Roy Posner, and Garry Jacobs paraphrased)

Untitled

Spiritual Sincerity is the level of follow-through to one's commitment to seek the Divine, the Mother at each point in time.

Comment: Eg in gatherings of presentations for the benefit of devotees, many say they will now give themselves to Mother, but after a few days they return to the same old routines, forgetting their self-Promise. Spiritual Sincerity is to make good on that promise every day, every hour in every act hence forward.

Level Of Sincerity And 100 Times Prosperity Results

Out of all Karmayogi's comments on sincerity – the following one I like the most:

Grace is Sincerity of Mother

The level of sincerity shown to Mother determines the level of Grace we receive. If you want hundred times prosperity than now, then there must be 100 times sincerity to Mother too. But we are sincerely insincere to Mother - Sri Karmayogi

(Ramesh Kumar)

The Mother: On Spiritual Sincerity

Sincerity means that all the elements of your being, all-its movements, each and every one, from the most spiritual to the most physical, from the inmost to the outermost, from the topmost to the bottommost, all parts, severally and wholly and equally, are turned to the Divine, they ask for nothing else than the Divine, they live for and by the Divine.

... .The real test of sincerity, the very minimum of true sincerity lies here, in your reaction to a given situation, whether you can take automatically the right attitude and do exactly the thing to be done.

... Even when you think you are sincere, there may be movements which are not quite straight, behind which, if you probe unflinchingly, you will find lurking something undesirable. Look to the little movements, thoughts, sensations and impulses that crowd the margin of your daily life; how many of them are fired with an aspiration towards something higher ?

... The Grace is equally for all. But each one receives it according to his sincerity. It does not depend on outward circumstances but on a sincere aspiration and openness.

... When I say that if you are sincere you are sure of victory, I mean that kind of sincerity, whole and undivided: the pure flame that burns like an offering, the intense joy of existing for the Divine alone where nothing else exists, nothing has any meaning or reason for existence but in the Divine.

Nothing has value or interest if it is not this call, this aspiration, this opening to the supreme Truth; all this that we call the Divine. You must serve the only reason for which the universe exists : take it away, all disappears.

(The Mother)

Levels Of Sincerity Relating To One's Defects

It is Sincerity to recognize one's defects. However, sincerity with regret is psychological sincerity. One can go further to yogic sincerity. This means to take one's defects and imperfections impersonally, coming from the Divine, and to treat them with a sense of calm, detachment, equality of being.

(paraphrase of Saraswathi)

Society

Untitled

For every Falsehood in human society there is a correspondence in us of lacking consciousness. If we make a change in that area that is personally false, and offer it up to the Higher Power the corresponding negative in Society will also tend to be resolved. I.e. Life at the Universal plane will respond.

The Individual's Vs Society's Capacity for Transformation, To Become Divine

-Society is not as great as the individual, because the society has not in any form realized the Divine, whereas some individuals have.

-No society has aspired for the Divine or Satchitananda, but great individuals have and do.

-Society is a manifestation of the Divine, just as we are, but of a somewhat lower form.

-Like the individual, society is evolving, and also has the potential for transformation.

-Just like the individual the society has an aspiration to go to the next step- eg physical to vital to mental, with many substages, with many twists and turns.

-The society helps the individual go to the next step, to fulfill his aspiration; and the individual - especially the pioneer individuals - leads the society to its next steps.

-The consciousness of the individual is not limited by the consciousness of the society, to what the society aspires for. He can break through the conditioning of society and aspire for the peaks, and accomplish it.

-Society has given us, as individuals, so much. But the individual also can aspire for more than the society can offer.

-In the other direction is the question of what the Divine is seeking through society, and what is the Divine seeking through us.

-Ultimately the goal of society and that of the individual are the same: integral transformation and divine existence for individuals and the world.

Untitled

Social movements happen when deep-seated social values are engaged.

Self-Transformation Content

I was in a major chain bookstore looking for titles on Eastern spirituality. I found the selections rather paltry. The reason being that there was so little Indian or Vedic-related content. Practically nothing.

I then walked upstairs into the more scientific area and I was startled to see two very large and quite varied sections on "Self Transformation", virtually all, in essence, to one degree or another, based on the Secret Knowledge of India.

It was exhilarating to see this potential change in the world! What younger people now had at their disposal.

Devolution and Evolution in Society

With the world rapidly devolving in the last several years, - eg Democracy in many places is on the run, rise of autocracy, international cooperation collapsing - it means that greater faith must be placed in the Higher Consciousness, than just the institutions of society. In recoil the devolution is then very likely a prelude to a great Evolution. The latter can quickly appear, even when we are seemingly at the darkest hours.

Untitled

Society supports the development of individual leaders who in turn support the development of society. The individual and the collective represent complementary rather than contradictory elements. (Garry Jacobs)

Untitled

Social movements move society forward, driven by pioneer individuals.

Untitled

Beyond the appearances of life, there is a Divine Will seeking to accomplish Its Intentions.

Sharing the Benefits

... hand in hand with freedom, social values and power structures require the sharing of benefits among the wider population. Only then can it preserve the stability, cohesiveness and harmony required for continuous evolutionary advancement. (Garry Jacobs)

Society & The Individual

[Society's Institutions Support Growth of Individual; while Each Person Develops His Own Individuality and Potential]

In future the best practice of government is to deeply value, care about, and help develop the potential of each individual in society.

The same for the economic system, where the human individual, not money, should become the center of life.

The same for the education system where teachers will not just impart information, but will serve students and their aspirations in life.

And the same for the corporate world, where leaders will do everything they can to bring out the potential of its employees.

Each of these (and other) institutions of society can work to bring out the greatest possibilities for each person on earth.

From the other side, each individual can fully develop his/her own individuality and thus potential, the results of which will not only enable that person's great success and fulfillment, but will also be a great boon to society.

Practical Example of Interrelation Among the Individual, Universal, and Transcendent

As we evolve as Individuals, we discover that we can be instruments for fulfilling the needs of Society, which is actually the progress of the Universal, which in turn fulfills the will of the Transcendent, the Supreme.

Eg members of MSS seek to evolve in personal consciousness, so they become true spiritual Individuals. As they do, they come upon new avenues to bring about the progress for society (eg in economics, education, business, literature, Indian development, etc.), bringing the highest consciousness to these concerns, with the best solutions.

This universal action is in turn secretly carrying out the will of Transcendent that seeks the evolution of consciousness in these societal matters.

Benefits of Life and Higher Planes Descent

All that has come to us, to society in the world, say in the last 200 years, is the result of a descent of corresponding modes or planes of higher consciousness from above.

Untitled

Avoid focusing your time and effort in trying to elicit benefit (wealth, fame, prestige, honors) for your achievement. Instead aspire that your success spreads throughout the community, the society so that it can bring benefit throughout the world.

Untitled

A person who knows the society is man. A person who sees the society and the world within himself is a yogi. (Karmayogi)

Gratitude Toward, What Society Is

We feel little gratitude for what Society has given us, though we express deep grievances where we believe it has failed us. Do we even truly know what it has provided us? Do we even know what Society actually is; consists of?

Societal Effect of Changing One's Consciousness

For those who are spiritual devotees, their own problem is representative of something typical in society. So if that individual raises his consciousness in connection with that issue, it can have a positive effect to the corresponding element in society. It can also eliminate that particular negativity in the world once and for all.

So from that perspective an individual problem is a universal problem.

Untitled

Currently emerging Global Society is a stepping stone to the beginnings of a Divine Life on Earth.

Taking to a Spiritual Path and Pleasing Society

You cannot easily take to the spiritual path if you are trying to please the society around you and its values. And yet you can grow in consciousness on the spiritual path and thereby discover a great means to help the society.

New Conception of Growth As Inner Well-Being for Society

A new conception of growth is needed to guide humanity's future progress. Humanity's aspiration needs to evolve from the limitless material consumption to the endless growth of human wellbeing and inner personal fulfilment. This requires a shift from seeking ever more powerful technologies for external achievements to an inner seeking for inner well-being.

(Ashok Natarajan for Cadmus Journal)

How To Pray For Change In Society

In response to an essay on how to change the conditions of the world through prayer, it was requested I post a message on how to pray in such circumstance. This is what I came up with:

1. Understand all the issues as best you can
2. Focus yourself on what you aspire for
3. Offer the matter to the Divine Mother with great intensity and sincerity
4. Have faith in the response, thinking "Thy Will Be Done", meaning Trust in what She wants to occur, even if different than what you want.
5. Look for signs of change in the coming days.
6. Repeat all, as necessary.

Untitled

The virus may compel Society to provide everyone on earth with Healthcare.

Society & Higher Harmony

Society wants to maintain the current level of Harmony, shunning Aspirations for Higher Values, including the Spirit, which in turn creates disharmony, that then needs to be reconciled into a Higher Harmony still.

Untitled

Sri Aurobindo has charted out a map for the emergence of a divine future society.

Untitled

The role of the company is to serve the society, not short-term profits.

Solutions

Mother's Unexpected, Unprecedented Solutions

There are times when if you offer a problem to Mother, She will not give you the solution you are after, but subtly points to an even better, unprecedented resolution. If you recognize and take it up, it will amaze, build up your Faith to a higher level, plus give a wonderful solution and opportunity that you can use well into the future.

Untitled

If we want to find a solution that is good for Everybody, then we need to move away from our own ego-sense and its single-mindedness, to a deeper state, where Many-Sided Truth can flow.

Means of Solving Finite Problem Can Be Applied to Solve an Infinitely Greater One

If you solve a problem at the micro level, say through higher consciousness, consecration, non-reaction, and all, you have the knowledge to solve a much greater problem at the macro level. That is why the smallest thing can be an opening to the Infinite.

That is precisely what occurs to the team in 'The Book.' They discover the means of creating harmony for the astronauts on the international space station by using the 4-quadrant AI Matrix, which enables them to solve the much greater Irish problem of conflict between Ireland and Great Britain. They apply the right means applied to the small, the micro, to the macro, bringing about peace and prosperity for UK and (especially) the once-humiliated Irish.

Untitled

It is often the case that just by coming to understand the solution to a difficult problem, the issue gets instantly solved, without even having to take an action. It is a wonder to behold.

Various Thoughts On How To Overcome The Virus Spiritually

Q (RP): Should we pray to the Divine, to the Mother or practice non-react to overcome covid19?

A (GJ paraphrased): We can practice Non-reaction to the false intensities of others, other parties, for sure. It will help.

We can pray to Mother to bring down Her consciousness and dissolve this disease.

We can pray to Mother to bring down Her consciousness to eradicate all darkness, falsehood, and disharmony et al on earth.

We can think of Her for a few hours, for Her to manifest Her consciousness, thinking about Her, not the problem. We can evoke Mother for a few hours, or a day, or 3 days.

We could also consecrate everything we know about the cause, the nature of the virus, etc..

Let us bring down the Supramental Harmony on earth, and there will no longer be a pandemic.

The Force is there with that Harmonic vibration in the subtle atmosphere. It just needs spiritual aspirants to call it down. It is ready to materialize and thereby wipe out Covid19.

Perhaps the ultimate power of fighting the pandemic is for each of us to fight the unconsciousness, the division, the disharmony in ourselves.

(We can't call down Mother and Her Power to overcome the disease if we ourselves are in a state of disharmony. To the degree we create harmony in our lives, will be the effectiveness of calling down the Mother, the Harmony, the supramental power to overcome the virus.)

Let us call for the Force to come into US as individuals, as an individual, and then we can see what happens.

Let's start from where we are now, "Mother, free me of all falsehood, darkness, and disharmony."

We have all the spiritual tools to eradicate the virus in our lives from within.

Life, the earth, the nations, the entities, the peoples, the individuals will thereby respond to our inner calls to the Force above; at least in the measure we are receptive.

Karmayogi's Solutions To Life Issues

If we have a serious issue or problem, and wonder how to solve it quickly, as opposed to Nature's slow and difficult way, what might Karmayogi suggest? It could be any of:

--Remove any obstacle in the way (like a wrong attitude)

--Consecrate a past act

--Change an Attitude

--Be truly Sincere

--Feel Gratitude for what has come

--Raise our level of Aspiration

--Increase our Intensity

--Call for 3-days, generating maximum intensity

--Etc.

In this way what might have taken say 6-months, though Nature's slow, subconscious means, can be solved in a week, or sooner; even instantly.

People don't know or disregard the Inner Rules of life that can make things occur Instantly; instead waiting on Nature's slow and difficult path.

Untitled

The things you are reluctant to do are often the keys to your future.

Soul

Untitled

There is a deeper seeing from within

A greater vision meets us on the heights

In the luminous wideness of the spirit's gaze.

At last there wakes in us a witness Soul

Then all assumes a new and marvellous face:

(from Savitri by Sri Aurobindo)

Our and Our Soul's Cross-Birth Journey of Discovery

We have brought forth our accumulated karmas of hundreds of past births into this one, where we go through certain experiences so we can evolve further as a person, and so our soul/psychic being, true self, can continue on its journey of discovery.

It is a cross-birth unfolding in which we gradually emerge from out of our inherent Ignorance into the light of Truth and Knowledge.

Eventually we, along with our evolving Psychic Being are transformed; are able to reach the supramental heights and depths in all planes of our being - physical, vital, mental, and spiritual, - culminating in a new human form with the capacity to exist as long as we wish.

Soul and Past, Present, Future in Now

As we approach the evolving soul within, the psychic being, moment to moment time perception in the present shifts to Timelessness, or rather past, present, and future all together, fully accessible in the Now.

Ongoing Startling Soul Experience

I am increasingly shifting back and forth between the experience of my normal "Roy self and being," and a Something that is behind or observing it. It is an astonishing yet sometimes very disorienting experience that I have been having for 10 years, and has been accelerating recently. Often one is caught between the two, and one does not know who one is.

Still it is utterly amazing; extremely unusual. And through Mother I am able to control it if it gets out of hand. I believe It is a soul, psychic being phenomenon. Something Transformational.

Untitled

Soul gradually awakens to the divine quest for immortality. (MSS)

Untitled

It is not the society, not even the conscience, we have to follow. We must follow the Soul. (Karmayogi)

Human vs. Soul/Divine View of Events

Humanity judges each event in terms of whether it is good or bad, pleasant or unpleasant to ourselves. The Divine and each individual soul regards each event in terms of its contribution to the awakening and evolution of our consciousness. Often what is least desirable to the ego is most helpful for our progress. (Garry Jacobs)

Untitled

We want more love, more joy, more power, more intensity because that is what our Soul aspires for in a higher form from the Spirit above.

Untitled

Because there is something deep inside, in our soul that knows the divine purpose and plan, we on the surface aspire for more in life; even aspire for the Heights.

Untitled

The Soul remembers to be in touch with Mother, even if the mind forgets.

Re-Emergence of the Soul

The evolution begins with the Soul, the Psychic Being hidden, involved in the inconscient, the unconsciousness. Through the development of our higher nature, it emerges out of hiding, accelerating the evolutionary process.

Untitled

What the Mind wants to happen is desire and expectation. What the Soul wishes for, aspires for is Aspiration.

Untitled

We can join the great ocean of the Spirit through the inlet of our Soul.

The Soul's Sanction of Our Suffering, Misfortune, As Means of Our Rapid Growth, Progress

"All these good people lament and wonder that unaccountably they and other good people are visited with such meaningless sufferings and misfortunes. But are they really visited with them by an outside Power or by a mechanical Law of Karma? Is it not possible that the soul itself – not the outward mind, but the spirit within – has accepted and chosen these things as part of its development in order to get through the necessary experience at a rapid rate, ..."

"... to hew through, durchhauen, even at the risk or the cost of much damage to the outward life and the body? To the growing soul, to the spirit within us, may not difficulties, obstacles, attacks be a means of growth, added strength, enlarged experience, training for spiritual victory? The arrangement of things may be that and not a mere question of the pounds, shillings and pence of a distribution of rewards and retributory misfortunes!"

(Sri Aurobindo, as discussed in Agenda,, June 17, 1970)

Untitled

The kingdom of God within is an inlet of the ocean of the Divine Spirit. It is the Soul.

Soul Connecting To Soul

Normally when one man talks to another it is human talk. One mind meets another mind. If a person acts instead from the soul centre, his soul comes out and meets not the mind of the other man but his soul. Soul meeting soul is Oneness. (Karmayogi)

Untitled

Soul to soul connection does not just happen between romantic partners, but between any number of spirit-oriented individuals.

Untitled

Inwardly, you are an eternal soul attempting to manifest in a body. (The Mother)

Untitled

The Ego continually longs for self-justification or gratification while the Soul yearns for Truth and Spiritual Growth.

Untitled

The Darkness that descends on the Seeker comes to reveal a greater Aspiration in her for the Divine; a greater Knowledge.

Comment: Whatever difficulty comes, we should know that the Divine is behind it; or rather sanctions it as a means of going further. The Divine, Mother does not want us to stop where we are - i.e. "Stop in the Middle" - but to keep going forward led by our Soul and our Inner Aspiration to discover and embody the ultimate Truths of existence.

Real Faith is where we have reached our inner being, the Soul. There the Soul knows and thereby perceives obstacles as steps to take us further on the path, to further our spiritual growth, our progress, evolution, and transformation.

Untitled

The ultimate spiritual realization is living a Divine Life; which is what our Soul has come for.

Untitled

Aspiration of the Soul is the greatest determinant of our life.

Comment: When not expecting anything I met Dr. Tyberg and Trudy at East-West Center in LA (Sri Aurobindo center), the Aspiration of my soul came to fruition, as they introduced me to Garry and Leslie Jacobs in December 1975.

Now I had a work to match my spiritual proclivities (Sri Aurobindo and Mother), what I cherished more than anything. The Aspiration was from my Soul; the attraction to the result came subconsciously.

Reader: Thank you Sir.

When we are conscious, we would be able to perceive and align with soul's aspiration and manifest that quickly, otherwise one would need to go through long process, long journey. Whatever path one may choose, our soul would not limit us as it is interested to gain the consciousness, the essence of knowledge through all the experiences like

positive and negative, good and bad and so forth. How quickly we would align with that aspiration is the key in our life and it depends on our Consciousness growth.

In Interstellar movie, Cooper's soul sanctioned the adventurous process, yet it could have been much shorter and more amiable path had he listened to his daughter Murph in the very beginning.

Response: -Yes soul sanctions positive and negative, as it seeks experience that leads to knowledge, eventually integral knowledge through one or multiple lives.

Eg I had a very difficult experience in 1997, which left me in a terrible psychological state. A state of near non-stop fear that lasted 4 hours every morning for 6 weeks. To survive I had to lay on the floor and call Mother every minute of the intense ordeal. At the time Appa told me that it was "fear going out". He also told me that my soul sanctioned the entire ordeal.

-There is a difference between soul sanctioning positive & negative and our getting in touch with our soul's, our psychic being's purpose. To make it truly positive we surrender from those depths to Mother, which more fully puts us on the Sunlit Path (with positive only development).

-Some day all these principles will be clear and cohesive and integrated. I think for that to happen we need to have more experiences in the depths.

Untitled

We want to receive the good and avoid the bad. And yet the Soul hungers for Progress, no matter what shape it takes.

Untitled

For the soul there is no success or failure; only that which brings us closer to the Divine, - which occurs either way.

Comment: Soul seeks adventure, as it continues to learn from each consecutive person (via Rebirth) it inhabits. It is a Cosmic Journey from Ignorance to Integral Knowledge; through positive or negative experience of the person(s) it occupies. It is the Evolving Soul; aka the Psychic Being hungering for Cosmic Truth.

The Soul's Evolution Through Life's Circumstance

Through life our Soul attracts all the people, events, and situations that reflect our consciousness, plus it indicates the progress required of us to make at that moment. Ultimately everyone and everything we attract is paving the way for our Soul to evolve. (Senthil Murugan, paraphrased)

Untitled

The agent for integrating all parts of our being is the Soul, the Psychic Being.

Untitled

Each time we are reborn our Soul/Psychic Being is given a chance to evolve further.

Groundhog Day, Soul, Rebirth, And Symbol Dawn

[EVERY DAY AN OPPORTUNITY TO GROW IN CONSCIOUSNESS]

In the popular American film 'Groundhog Day' a TV weatherman wakes up every day at the same time (6:00 am) and is forced by life to repeat the previous day. When he awakes each morning all the conditions are precisely the same as yesterday, except for a few small details. And yet, in the course of each day the weatherman has learned one or two things he did not know the previous day. He has in essence grown in consciousness just a bit, which will prove useful for today's iteration.

The film can be thought of as analogous to our own lives. We wake up every day with hopefully a little more knowledge than the previous; and today when we awake we will hopefully experience something that will enable us to grow further; that we can in turn bring into the next day, there make a further growth, and so forth.

The film can also be seen as analogous to the evolution of the soul, the Psychic Being over multiple births. Each time the Psychic (evolving soul) takes birth in a human host, it knows a few things more than the previous birth. And the purpose of the current birth is for the psychic to grow in Knowledge further still. In fact, if that individual is conscious, he/she can make the growth of several births in one; and if one is connected to the highest Consciousness, to the Divine Mother, even make the progress of a thousand births in one.

In 'Groundhog Day' the tv weatherman after having lived essentially the same day repeatedly dozens or even hundreds of times, finally reaches a threshold of gained knowledge, and evolves into a whole human being. He finally grows out of his deficiencies and becomes an Integral Person of sensitivity and compassion, capable of love and self-givingness, and insightful of the truths of life.

As a result, he is now able to live a normal life, without the repetitions, but now at a far more elevated level of awareness and experience than before his daily ordeal. It is comparable to the Soul finally gaining the total integral knowledge, and it now lives in a single, final birth, that can evolve further into a state of physical immortality.

In the epic poem 'Savitri' Sri Aurobindo at the outset explains the Symbol Dawn of creation. It can be taken as a metaphor of our capacity upon awakening to live each day anew; an opportunity to evolve our consciousness that much more each day.

If this is so, can we take up that glorious challenge to sincerely grow each day a little more than the previous in our own individual life?

Here is the film's trailer:

<https://www.youtube.com/watch?v=GncQtURdcE4>

Untitled

The soul's Aspiration for spiritual growth inside compels the aspirant to seek greater Progress on the outside.

Untitled

The Soul is free in its Journey to take a meandering path as long as it wants, & explore all possible opportunities & experiences.

Comment: --This applies to the current Birth (of that Soul), or among all Births of that Person. The goal is to discover what is necessary for the Soul's continued Awakening on its Journey through Life and beyond.

--Mother says that the more conscious you are in the current birth, the more Knowledge the Soul will have acquired to assimilate between births, and therefore the longer the period between Births. (On the other hand a Young Soul, who has limited knowledge, experience - would more likely go back immediately for another birth.)

Reader: Thank you Sir.

There is one ultimate purpose in life:

At the most, to identify with our soul (Psychic Being), align with its aspiration and work towards that to manifest in our life.

At the least, even if we could not identify with our Psychic Being, try to become better person by giving up our limitations imposed by the circumstances, so that we would not add up further veils and ignorance in that process. And so that Psychic Being need not go through many cycles of birth just to outgrow the negativity gathered through our experiences and karmic consequences.

Perhaps, the meandering path is needed in the measure that we are unconscious on the surface, in terms of knowledge, lack of life awareness, life hints, synchronicities and so forth. Many times knowledge is not the only factor, but also the Will. In such cases, the soul sanctions such meandering path as to outgrow the negativity through that journey. (perceived from Garry Sir speeches)

Untitled

For an unconscious soul, - which is most of humanity, - Nature determines. A Conscious soul however is Self-Determining.

On The 50th Anniversary Of The Mother's Service Society

-by Roy Posner, October 17, 2020

In the heart of the world there is a Light. While the old world sheds its skin, collapses, a new world is being born. And the Light at the center of our life, guiding our way forward, hurtling us toward our spiritual destiny is Mother's Service Society.

In 1976 a young man came upon the outer banks of that organization when he met with Garry and Leslie Jacobs in California, and began his professional career. Little did he know at the time that behind Mere Cie, their import company, was an emerging Institute that interpreted the works of Sri Aurobindo and the Mother and applied it to all fields and facets of life.

And little did he know that at the center of this heart of light was the indomitable focus on opening to the Mother and Her Force in whatever areas of life we were engaged in. This was the stunning magic and power that a young man came upon on that fateful day. Karmayogi, the founder and inspiration of MSS had earlier instructed Garry Jacobs

to think of Mother in all projects he was assigned to, just as Garry now asked me to “Remember Mother” on my first day’s sales effort for Mere Cie. For myself, it was the day the Magic was born.

Now 50 years after MSS's founding, all the thoughts have been thought; all the ways to enrich life with Mother’s power has been explained from every angle in every major field of life by the multi-dimensional spiritual genius Sri Karmayogi, the founder and Light within the Light of MSS. What more could we want? And yet now Garry Jacobs works to spread that knowledge so that new generations of devotees can understand the vast, unprecedented Wisdom that Karmayogi, and previously Sri Aurobindo and Mother, brought to the world.

And now after all these years we have come to understand that the warehouse of that Knowledge, the center of all initiatives and projects to change the world through Higher Consciousness, is contained in the vehicle that is Mother’s Service Society.

My personal efforts to gather, categorize, understand, and spread that profoundest of Knowledge are but an echo of a magnificent chorus of wisdom and power that is vibrating around the world. In these dark times of pandemic and economic and social and political turmoil, MSS stands out as a beacon lighting the way forward, while most of the world’s thinkers, organizations, and institutes can only look on blankly at the turmoil on earth and ask “Why?” And yet MSS has addressed all the issue behind these and other ultimately challenging developments, providing profoundest of answers to Life’s persistent questions.

Perhaps we can say that MSS has dusted the world with pure wisdom ready to be mined by all those on earth who seek a better life.

So I congratulate Mother’s Service Society, MSS, - the monumental intellectual and spiritual beacon of the world - on its 50th anniversary. And I do so as we are so strangely huddled within our homes due to Covid19, and stranger still realizing that Appa physically left us just a few months before this 50th anniversary celebration of the institute he conceived of and gave life to.

I am so proud to have participated in MSS's various initiatives and projects across these many decades, knowing that I am but a tiny leaf blowing in the wind, as I humbly bow before the greatness of this Divine institute on earth.

Perceiving Our Higher Nature In Film 'Cycle'

‘Cycle’ is superficially a film about a stolen bicycle in a small town in India, but is really about the taking of a soul (bicycle) of one man by two thieves, who themselves learn to come in touch with their own souls. It is a precious, charming, and lovely story set in a country that deeply values the spirit in life.

Keshav is a well-known astrologer and doctor who lives with his father, wife and daughter. Keshav's grandfather had obtained a yellow bicycle from an Englishman and had bequeathed it to his grandson prior to his death. Keshav is in one sense possessive of his cycle, but he also perceives the great joy it brings to others and the divinity in it.

One night two thieves steal his family’s sacred golden divinity statues and the family’s jewels, and then take Keshav’s yellow cycle to escape. Keshav is distressed and sets out in search of his cycle.

The thieves pose themselves as Keshav's cousins and tour around nearby villages. Wherever they go, they are honored by people for their relation with Keshav. and the yellow bicycle. The thieves are increasingly humbled by the villagers remarks.

The guilt-ridden robbers finally decide to renounce their activities and return all of the stolen goods. They write a letter to Keshav, expressing their respect for him, and also return the bicycle intact.

Keshav realises his folly of being overly attached to the bicycle, and gifts it to a boy who seems to adore the bike. Keshav then returns home, realising the true meaning of detachment and joy.

And yet then when he returns home he sees the bicycle, but it is not the same one. It is another cycle painted yellow created by the villagers so he would feel better. But Keshav touched the bicycle and felt the yellow paint and knew it wasn't his.

Comments:

-The yellow bicycle can be likened to the soul of Keshav. When it is taken, he is lost.

-The bicycle secured by the thieves changes them, as they encounter one situation after another where people of the town not only glorify the bicycle, which seems almost holy, but also deeply admire the goodness of Keshav.

-Together the goodness of Keshav and the influence of the soul/spirit in the bicycle alter the feelings of the once-selfish thieves as they meet others during their escape and wandering period, recognizing the deep feelings the villagers have toward him and his bicycle.

-It is wonderful to see how redemption (of the thieves) can take place inwardly, and without strife or violence. In that sense this is a Spiritual film.

-The scene where the old lady dies and the new child is born is beautiful. She is ready and enters the child's body. A powerful scene of rebirth.

-His little daughter helps him realize that the bicycle, the soul it represents wants to be set loose on occasion to be free to experience life; in order to become something more than it is. In fact his daughter tells him she has seen the bicycle fly. At the end of the story Keshav perceives the valuable lesson of detachment and honoring the freedom of one's deepest depths and purpose - the soul.

-Philosophically we know that contradictions are complements. Through the interaction of events between the two parties - thieves and Keshav (the object of the thievery), - they both perceive a higher truth in their being and grow. Life grows through the interaction of the parties; without the conflict the growth would not happen.

-A beautiful and blessed story.

Here is the Trailer:

<https://www.youtube.com/watch?v=EtVjQAzclVU>

(by Roy Posner and Wikipedia)

That Fateful Day: Consequence Of The Book Falling

When Satprem's book 'Adventure of Consciousness' - fell on Garry and Leslie at Moe's Books in Berkeley in 1970 my fate was sealed:

1. Because the book was about Sri Aurobindo they now abandoned their old life and headed out to India.
2. There they went to the Ashram in Pondicherry, and soon met Karmayogi.
3. They then came back to the States to set up arrangements for selling products from the ashram and elsewhere.
4. They then informed people at the East-West Center in Los Angeles that they were looking for help.
5. Compelled by my subconscious to act in 1975 I went to the East-West Center one day and learned from Trudy of people in the Valley who were looking for individuals to sell their products.
6. I made arrangements to meet them (Mere Cie Imports), drove to their house in the San Fernando Valley and met Dan, Garry, and Leslie, and began selling for them.
7. Before my first effort, Garry told me to "Remember Mother" before each sales meeting. My Life in Mother had now begun in earnest. I was 25.

Others of us have also been influenced by that fateful day when the book fell, and have their own wonderful (and fateful) stories to tell.

(Roy Posner)

The Film 'Soul' And These Auspicious Times

With the new release of the Disney/Pixar animated film 'Soul' many are talking about the issues of birth into this life, which the movie attempts to portray. Given our aspirations for the New Year and the powerful experience of the pandemic that so many have gone through, this topic has a special relevance and poignancy.

As it turns out there is an extensive article about the film in today's Los Angeles times. And so I wrote the following note to the author:

"Dear Sonaiya,

The Indian sage and seer Sri Aurobindo explains that we are reborn over and over as a means for our souls progress. Each time we die, we either go back to the light to rest or prepare a new birth. In that preparation it is determined where our consciousness can grow, and so conditions are established for us to be born through certain parents, circumstance, time and place etc. Now we enter life and hopefully evolve in our own consciousness, giving the evolving soul sustenance for its own growth in knowledge and power in its Journey through space and time.

Roy Posner

Spirit

Our True Purpose

Whatever we have in life, whatever we have gained, in the end is not our true purpose. Our True Purpose is to manifest the Spirit in life, fulfilling its and our higher Intentions in the world.

Untitled

An aspiration, a hope is the awakening of the Spirit in us.

Untitled

We are instruments of Life, of Mother awakening the Spirit, the Soul buried within us so a Divine Life can flower.

Untitled

To be in positive attitude,
When everything seems all right,
Is a mental awareness.
To be in positive attitude,
When everything seems NOT right
Is a spiritual awareness.
(SM)

Untitled

Sri Aurobindo resolves the apparent contradiction between Matter and Spirit by indicating they are two views of the same Reality.

Science, Technology, and Evolving Human Spirit

The advance of scientific enquiry, the amazing new technologies are expressions of human spirit evolving in the mind and organising in Matter. (Karmayogi)

Spiritual Caress of the Cheek

An Indian woman was suffering from great pain from her tooth. She was therefore given a pill for relief by a dental worker. He only had one. Moreover, he was about to leave for a week, so the lady was left with just the one pill.

She was about to take it, but then hesitated, and thought of another way. The lady then imagined The Mother's hand caressing her cheek in the painful area.

Very quickly the pain went away. In fact, it never came back again.

True Happiness and Spirit

True, never-ending Happiness depends not on external circumstance, which rise and fall, come and go, but on one's level of connection to the Divine Spirit.

Untitled

Everything in life - including the beauty of nature - is a poor copy of that which is there in the unmanifest Divine. To bring that Perfection into our lives is Life's, the Spirit's goal.

The Spirit Too is Evolving

It is not only we who can evolve. It is also the Spirit that can evolve. That it can express in life in ways it has never expressed before.

Untitled

The more you move to the Spirit, the more one's normal human relationships disappear.

Untitled

Life brings good with the bad. Spirit only the good; actually Great Good.

Untitled

Our goal is to discover the Spirit in Life so we can discover what Life is really meant for; what purpose it serves.

Untitled

Hell is Life without the Spirit; a war of Life between good and bad, happiness and suffering, pleasure and pain. Heaven is Life bathed in the Spirit, with no dark side, only a never-ending, ever-accelerating Great Good unfolding.

Disappearing Problem

A long-standing problem disappearing in a second is something habitual to the Spirit. (N. Asokan MSS)

Token Act

Perfection in a token act bringing great results for a composite act where many parts are defective is a sign of the power of the spirit. (N. Asokan MSS)

Untitled

The Spirit promotes growth by demolishing obstructive institutions. (N. Asokan MSS)

Untitled

When the Spirit is active, quantitative limited growth can be replaced by qualitative endless growth. (N. Asokan MSS)

Untitled

Instead of preparing yourself and planning a work, offer it to the Mother at each point, leaving the result in Her hands. You will be astonished by the positive results you will receive from life. (paraphrase of Karmayogi)

Comment: A man who is a great thinker and speaker rarely had a chance to speak in public about his deepest, spiritual beliefs; instead focusing on the topic at hand at secular-like gatherings.

Then one day his spiritual teacher suggested he not plan at all, with no agenda or outline, for his upcoming talk; offering the matter to the Force, the divine Mother. He was then astounded when the first question directed to him was an inquiry about his deepest beliefs, which he immediately shared: the first time he ever did so in a public forum!

That is the power of depending on Spirit. It can even overcome the common-sense need to organize and plan in advance.

Untitled

Already 3 billion believe in God. As cross pollination occurs among the religions, and the superstitions and rituals are put aside, the greater their understanding of higher consciousness will be in the world.

Comment: By the way, the Force is actually behind and directing the accelerating positive Social Change occurring in the world.

Untitled

Sri Aurobindo tells us that the individual, the organization, the society, and life are all Spirit: they are the manifestations and expressions of an evolving Spirit. They are in fact various expressions of one Integral Reality.

Untitled

Everything around you, as well as yourself, are evolving material formations of the Spirit.

Untitled

“We are chased by a self we cannot now recall

And moved by a spirit we must still become.”

Sri Aurobindo, Savitri

Untitled

What Man cannot change outwardly through effort, he can change inwardly through Spirit.

Untitled

Sri Aurobindo says that the whole world is an evolving manifestation of Spirit; that Spirit is behind everything happening.

Untitled

There is an interconnectedness among all the Real Ideas emanating from the Divine.

Comment: -I.e. there are integral relationships among the cosmic Real Ideas of being, truth, silence, knowledge, goodness, love, beauty, delight, timelessness, infinity, etc. These interrelations we experience as Values. Eg the business value of "Customer Delight" is a combination of Goodness, Self-givingness, joy, etc.

-In life we are here to increasingly experience and express these divine attributes, as well as their Values combinations - to evolve ourselves and the world.

-If you track back any of the Real Ideas - or even their sub combinations as Values - to the source consciousness (Satchitananda), you experience the unity of that one to all others.

Untitled

Every negative in life can be overcome if we go beyond the limited perceptions of Mind to the Infinite powers of Spirit.

Untitled

Mind stifles possibilities, perceiving very few. Spirit reveals them endlessly.

Untitled

Stop believing through the mind. Instead focus your belief in Spirit.

Comment: Results will be from a much wider range of possibilities; be of a vastly higher quality; occur much more quickly, be far longer-lasting, etc.

Untitled

What do you want to dominate your day: Nature (the force of life), with its perpetual ups and down, ... or Spirit.

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(by Roy Posner and Wikipedia)

Untitled

We are engulfed by the determinism of Life, instead of surrendering to the infinitely-positive determinism of the Spirit.

Untitled

Technology makes things easier. Spirit Transforms life.

Comment: the latter has far greater impact than the former. Transformation of the individual is far beyond - in terms of speed, truth, knowledge, power, results, etc - the benefits technology can bring.

Spirituality

Self-Transformation Content

I was in a major chain bookstore looking for titles on Eastern spirituality. I found the selections rather paltry. The reason being that there was so little Indian or Vedic-related content. Practically nothing.

I then walked upstairs into the more scientific area and I was startled to see two very large and quite varied sections on "Self Transformation", virtually all, in essence, to one degree or another, based on the Secret Knowledge of India.

It was exhilarating to see this potential change in the world! What younger people now had at their disposal.

Untitled

When spiritual-oriented people turn to the good, the positive in a particular area, it tends to have a universal effect.

Levels of Spiritual Realization

Sri Aurobindo indicates that greater than an ordinary, non-believing individual is a religious person who has a minimum degree of inner life, but also tends to merely follow ritual and dogma.

Greater than the religious individual is the spiritual philosopher who seeks to understand the truth even though the actual experience of the spirit is beyond him.

And greater than the spiritual philosopher is the occultist who tried to get in touch with the spirit, or at least gain certain powers through supra-normal means.

And greater than the occultist is the spiritual practitioner (like the yogi or rishi) who makes the effort to connect with the supreme or the inner soul on the way to become a realized being in the world.

Most people lie somewhere between an ordinary, non-believing person and a limited religious follower, indicating how far we have to travel on the road to spiritual realization.

Untitled

As religion and its dogmas die out, rationality takes its place, only to be the springboard for a New Spirituality,- in increasingly higher forms, - to take shape.

Untitled

Religion may not enhance capacity for moral belief and action, - it may even work opposite to it, - but Spirituality always does.

Experiences of Spirituality

Q: Spirituality and empathy are one in the same aren't they? That feeling that we're all on the same boat?

A: Yes, exactly. Feelings and actions of Oneness. It is opposite of sense of separateness, of ego. It is an Harmonic experience instead.

Then there are other forms of Spirituality, including the experience of the Transcendent, being in touch with one's Soul, expressions of divine Love, experience of Timelessness, evoking the Miraculous, utter Silence of being,

... Also Faith, blissful feelings of Joy, aspiration for and embodiment of Truth, ...

Integral Knowledge (opposite of the Ignorance), True Individuality, Utter Peace within. Etc.

Untitled

Spiritual Life is not about seeking boons from the deity, which is essentially the religious impulse, but about elevating our consciousness and becoming Divine-like ourselves.

Untitled

The Mother wants to bring down all the Divine qualities into Life,- peace, harmony, knowledge, truth, power, love, delight, infinity, and timelessness, - and She wants us to collaborate in that process.

Untitled

Going after life is normal existence. Life coming to you is Spiritual existence.

Untitled

Mother in Agenda said it is an error of education, science, et al to divide ordinary life from spiritual life. They should be integrated and made one in our daily existence.

Untitled

The 4th dimension is the Spiritual, and its Consciousness, which permeates and is the source of everything.

Untitled

Religion is holding back the world. Spirituality is leading the world forward.

Untitled

Through religion we seek boons from the Deity. Through Spirituality the Deity seeks our own Transformation.

Establishing Peace & Union In The World

If you want peace in the world or upon earth, first establish peace in your heart. If you want union in the world, first unify the different parts of your own being.

(Mother, from Agenda, June 1965)

--thanks to Saraswathi

Untitled

Consecration is a Spiritual Act and a Spiritual Attitude, which makes a Spiritual Life Style possible on earth. (S.S.Sreejith)

Example:

Spiritual Act - I consecrate an upcoming activity, or an opportunity, or a current problem, etc

Spiritual Attitude - I surrender to Her Will, not my will. I have great Faith in the outcome, whatever it is. etc.

Spiritual Life Style - I engage in these acts all of the time, I practice Mother, the Force First in all endeavors, situations. I aspire to divinize myself and everything around me whenever possible. This is my lifestyle from morning till night.

Scales For Evoking Grace

An interesting question is which inner, spiritual methods to use in a given situation to evoke the best results given who we are, life's condition, etc. Suppose we set up some scales that indicate the boundaries of making such a choice.

Thus we can have at least two scales to draw from to determine the most effective method or means to create the result. Eg on one scale (from simplest to most complex method): Just say "Mother", Pray to Her, Consecrate to Her, Hourly Consecration to Her, 3-day calling to Her, etc.

On another scale is surface to depths, - Eg speak, pray, consecrate, call, etc. - from the mind, from the emotions, from the heart, from the psychic being, etc.

A third can be our level of Aspiration, A fourth scale can be the Intensity, A fifth can be the level of Faith, A sixth scale can be the quadrants of whether the inner and outer conditions are positive. Etc. etc.

Where do we start to discover the best result? Do we experiment with all combinations? Do we simply know what is best in any given situation since we know ourselves, and our experiences? Do we engage in a Token Project to find out? Etc.

It can become an AI program for evoking spiritual Grace.

(Roy Posner)

Comment: Thank you Sir.

We have heard many times, we have to start from where we are now. Do we know, where we are now? Do we know what our soul's aspiration is? (not just the ambition/desire which we have thought as the goal), Do we know what is the Reality that is governing our day today lives and leading us to our True Reality? There are many such questions, we may/may not think. Very few may have perceptive answer about their lives.

A perceptive AI program would help, not by analyzing various "scales" of us by ourselves (because our mental inputs would be clouded with ego and mind itself), rather based on life experiences/problems/situations we are facing and so forth. In real life, it is Sri Appa for many devotees as He had that Spiritual Wisdom to guide not only to solve the problem but to bring out the true potential of devotees through Mother's Force.

So, how to start from where we are now? I think in such situations, Life is the guide that comes to us in sanction with our soul in the form of problems, opportunities etc., Most of the times it is through problems due to our nature. The problems that are pressing our day to today lives (in the individual level, not universal problems) are the ones which we need to focus first. I think that could be corrected if we analyse deeply by psychological correction. (for example in a disharmony situation, by taking other man's point of view, not blaming other people and so forth). Such different kinds of problems we would face so many times in our day today lives. Only when our mind is detached and our ego is declouded in such surface problems, we would able to perceive the glimpse of soul's aspiration or at least our nature that needs to be corrected in order to progress along the soul's aspiration. Our soul also sanctions such slow emergence as it enjoys the Lila and our ego use that factor for it's advantage through our nature and taste of ignorance.

At the same time, any effort towards Consciousness growth is not wasted. One could follow any of the spiritual practices you have mentioned Sir, like calling Mother, Consecration and so forth as they would be the ultimate guide to correct one's nature as Garry Sir has mentioned. I think which method suits for oneself is according to their personality. For one it might be easier to pray emotionally, calling and for the other might be consecration and so forth. But, this is my illusory understanding and mind's ignorance as I am searching for the right method which suits for myself. Thank you Sir.

Response: In evolve software program there was a section for Life Issues/ Guidance, which is very similar to what you describe above (ie problems, opportunities from where we are now, with methods like non-reaction as solutions.)

Another track was Personal Assessment, and a third was Inspirations/Life Learning.

It is also there in various forms in Garry's novel 'The Book'

Appa once had a vision of and described a see-through globe, where in the course of the program the person gets fixed at a point and over time he progresses to another (higher) point.

Mentor guides the person on the way.

I have done this for -50-100 people over the years (mostly devotees). Its often effective, - at least for the immediate problem, situation, - as each individual presents their limitation in consciousness, which suggests the right solution, method.

But then I let go until they contact me again. It is not as comprehensive as evolve would be; though I try to point them to further knowledge, Life learning.

Maybe it is currently all for the best. And there is nothing to do but respond to life's initiatives ie what Mother wants of us. Eg Garry is taking devotee viewers on marvelous journey through all the spiritual concepts and methods. Some take in a little at a time, some in more substantial amounts.

Interestingly it is another legacy of Appa's.

Untitled

Spiritually we don't want to detach from life. Rather we want to Transform it.

Though Spiritual Faith is our greatest capacity, being Rational is foundational.

Spiritual Methods That Enable Supramental Capacity

There are spiritual methods that when engaged in give us supramental capacity.

CONSECRATION - When we consecrate an activity, an event, a problem, an opportunity etc. we are in fact evoking the Supramental Power. It evokes ultimate response, conditions, knowledge, et al in the shortest period of time.

TAKING ANOTHER'S VIEWPOINT - When we engage in this method we open to the multi-sided, integral Truth of things, far beyond our limited perspective, which is a supramental property.

SURRENDER - When we give ourselves, our life, our very purpose for living to the Divine Mother, we are opening to Her Supramental Power, which directs us to the right actions and behaviors that produce ultimate results.

PURITY - When we give of ourselves fully to the Divine, focusing on nothing else, we move to the Supramental plane. All possibilities come from that Spiritual Perfection.

(Roy Posner)

Untitled

The Mother & Sri Aurobindo came to replace religion with Spirituality; i.e. to discover the Essence buried inside religion.

Untitled

The Spiritual supporting the material makes the material Spiritual.

Spiritual Experience

Ongoing Startling Soul Experience

I am increasingly shifting back and forth between the experience of my normal “Roy self and being,” and a Something that is behind or observing it. It is an astonishing yet sometimes very disorienting experience that I have been having for 10 years, and has been accelerating recently. Often one is caught between the two, and one does not know who one is.

Still it is utterly amazing; extremely unusual. And through Mother I am able to control it if it gets out of hand. I believe It is a soul, psychic being phenomenon. Something Transformational.

Perceiving Mother’s Countless Unknown Experiences

Mother indicated in Agenda that beyond the vast number of inner and outer experiences She narrated in the recordings, She had dozens, hundreds, perhaps thousands of experiences that She did not have the time or wherewithal to explain, as that time would interfere with Her yoga and other duties.

Imagine if we knew what those were! How many other countless startling insights could be derived by Her followers from such a knowledge!

Perhaps we devotees are meant to one day discover them on our own, in our own lives; perceiving what Mother experienced but did not have the time to explain.

Space and Time

Intense Thinking about Another Causes Alignment in Space-Time

A frequent alignment effect occurs in my life as follows. I have a good feeling about a student in a class, and he has the same for me, for whatever reason. When we go on the break, though there are dozens of people moving to and fro, I arrive at the rest room at the very instant he does, almost bumping into each other!

It also works in the negative. I have problems with a student, and he too feels negative because perhaps I did not answer his question. Then on the break dozens of people move to and fro in the building, and the very moment I enter the class, he too enters, and we too almost bang into each other!

It follows the principle that when two people are thinking intensely about another, they align in space-time at some point later on. This has happened to me many, many times over the years, and perhaps it has happened to YOU!

Untitled

“Simultaneous Time” is to experience the past, present, and future in the Eternal Now. It is supramental in nature.

Untitled

Time emerged from Timelessness; so through our higher consciousness we can learn to bring out the Timelessness in Time.

Untitled

Time “slows down” when you concentrate on time. It speeds up/disappears when you are enveloped by Spirit.

Untitled

Continuous Alignment with others in space and time is Supramental.

Untitled

In the films Interstellar, Arrival, and The Lake House Entanglement occurs across timeframes.

Simultaneous Integrality Of Time

Sri Aurobindo says understanding Time is the most difficult thing for us to understand.

For us time is a forward flowing movement. Timelessness is difficult to understand. Simultaneous Integrality of Time is harder still.

For us, we are at a point in time; the past has receded, and the future hasn't happened yet. Thus the only thing that exists for us directly is the present moment. (We can try to remember the past, and envision the future in our imagination, but it cannot be experienced Directly.)

This is the mind's status, vision in time. The Mind's Time Vision (in the moment).

Let's consider Timelessness with an analogy. The author of a novel knows the entire story, all time relative to the story, not just the moment. It is a state of absence of divided time – i.e. Timelessness.

There is thus Time of the moment in the Mind, and the Timelessness which is outside time.

However, there are actually two possibilities of Timelessness. Eg the author knows all aspects of the story past, present, and future. Or the author forgets time and circumstance of the story and is engaged in something else, such as blissful meditation. In either state he is in Timelessness.

Both forms of Timelessness are poises of the Spirit.

Then what is Simultaneous Integrality?

Suppose a character in a story is actually the author. (eg Lizzy is Jane Austin). She (Lizzy) knows what has happened in the past in the story for herself as a live memory, and

what will happen in the future. She even knows she can exist in a plane beyond the story; in a plane of silent being, also a plane of timelessness.

Thus she has the experiences of the two types of Timelessness described earlier.

Now suppose Lizzy as Jane Austin can experience, know, directly experience all three poises of time at the same time. (1) the present moment, (2) past, present, and future (aspect of timelessness), and (3) the timelessness of withdrawing from time.

Suppose we can have the experience of all three at the same time, simultaneously. (1) I.e. we can fully know the moment; are totally conscious there. (2) We fully know past, present, and future. (3) And we also know Timelessness beyond the creation. [key]

The True Consciousness then is to know all three simultaneously. Hence we can call it the "Simultaneous Integrality of Triple Time Vision" It is "Integrality" because the three are fully integrated with one another. [key]

The point where all these meet is the Divine, the Supreme Consciousness.

How then can we make it real in our own lives?

If we offer a problem to Mother, - the supramental power - and thereafter are left with being lost in the Wonder of Mother, and then life instantaneously responds, that Life Response is an expression of Simultaneous Integrality.

It is because at that moment (of consecration, surrender, et al) the Supreme Consciousness is acting, which exists in Simultaneous Integrality. [key]

It overcomes what seems to be the limits of that moment, to ultimate possibility in Time and Place; an ultimate Truth of the Reality.

Thus through this analysis we see the Truth that Time is only an expression of Consciousness.

-by Garry Jacobs (paraphrased by Roy Posner)

Untitled

How can there not be a Source Divine Reality if an infinity of space and an eternity of time exists?

Untitled

Consecration overcomes limits of space and time. For example a work that seemed to require weeks of effort occurs in several hours.

Sri Aurobindo

Untitled

Sri Aurobindo worked to organize and densify the Supramental power for the earth before and after He left in 1950. Then in 1956, Mother, in a vision, wielded a golden

hammer that set loose the Supermind to pour down on the earth, fulfilling Sri Aurobindo's cosmic efforts. That power is now available to each of us to Transform life.

Untitled

HE who explained the nature of Reality. The Divine Source of things. The process of creation from spirit to matter. The purpose of life and where we are headed. HE who revealed and brought down the transformative Supramental power into the earth's atmosphere. Who envisioned the next stages of human existence, culminating in a Divine Life on Earth.

Untitled

Westerners don't readily understand the teachings of Sri Aurobindo and the Mother, including most who think they do. Even Indians have trouble, as it is a major advance on the foundations of their spiritual Tradition.

Sri Aurobindo's Supramental Mission

Sri Aurobindo is an emanation of the Supreme who came on earth to announce the manifestation of a new race and the new world, the Supramental. Let us prepare for it in all sincerity and eagerness. (The Mother)

Untitled

Sri Aurobindo and Mother are "just behind the curtain," in the subtle physical. The curtain and therefore we are transparent to them, but the curtain and they are opaque to us. If we rise in, deepen our consciousness, the boundaries will cease to exist; the subtle physical and the physical will become One.

Untitled

We are in the physical. Sri Aurobindo and Mother are in the subtle physical. How can we collaborate with them? What do they want from us? What can we do to best serve their intentions? (Garry Jacobs)

Untitled

In the subtle physical, Sri Aurobindo and Mother are creating and building the suitable Environment to prepare mankind to receive the Divine Consciousness. (paraphrase of Vimalathithan Prophecy Begins)

August 15:

- Sri Aurobindo's birth
- Indian Independence
- End of WWII in Pacific

Untitled

He who worked inwardly for the freedom of India from British rule was rewarded when Independence Day turned out to be the same date as his own birth, August 15.

Untitled

Sri Aurobindo and Mother's teachings are so different from the Indian tradition, that scholars of Indian spirituality misread it. It has a radical modernism and evolutionary perspective that they don't appreciate, let alone grasp.

Comment: The evolving Psychic Being and Supramental plane and consciousness are dramatically different concepts and realities than the Indian tradition.

Buddha's Vs Sri Aurobindo's View of Reality

Buddha came to believe that all material things are an illusion that weighs heavy on us, and therefore we should detach from them, thereby moving towards liberation that is Nirvana.

On the other hand, Sri Aurobindo says all is real, but is limited in consciousness, and we can bring the Force to bear to evolve and divinize it and all aspects of life.

Untitled

Sri Aurobindo embodies the Supreme, Mother the Force, and We the field of Life.

Accepting Sri Aurobindo's Truth Will Lead the World

Sri Aurobindo could not find one person who could accept Him -- beyond Mother -- so that He could give His Truth to the world. HE gave it to the world directly through the subtle plane.

Anyone who now accepts Him and that Truth which is there in the atmosphere, will lead the world according to Sri Aurobindo. Consciousness offers conscious leadership. The World awaits Mother's leadership. No longer will the world accept human leadership. (Karmayogi)

Religious/Spiritual Views of Suffering

Buddha deeply recognized and sought the end of suffering by detaching from the world. Christianity saw the necessity of suffering as a means of salvation. Sri Aurobindo seeks the transformation of all suffering into its opposite, ushering in a divine life on earth.

Untitled

Sri Aurobindo's presence and experiences on earth was a predecessor event of a Divine Life to come.

Untitled

Sri Aurobindo and Mother came to transform life on earth to usher in Divine Life. It is no wonder that their ideas are at variance with those who find the current life natural and normal, seek to maintain the status quo or worship past ideas and customs. (Garry Jacobs)

Karmayogi On Sri Aurobindo's Path Of Supramental Descent, & Ascent To Supermind

"... He [Sri Aurobindo] was soon released from [Alipore] jail. On the guidance of His inner Voice He reached Pondicherry where He stayed till 1950 when he attained samadhi.

It took ten years for Him to discover the spiritual route to Supermind, as He was the very first to explore it.

Indian Spirituality was aiming at the other world. He was seeking to transform this world. He broke new ground in Spirituality.

It dawned on him that the descending Supermind would transform human life on earth into Divine Life. He saw why God created the world and how. The process of Spiritual evolution revealed to Him the key to the redemption of the world.

To reach Supermind, the surface mind we live in or the inner mind through which moksha is reached is insufficient. One needs to reach the subliminal below the inner mind. It is there the evolving soul, the Psychic Being resides.

These were new revelations in the field of the Spirit. He could see moksha provided an escape and what was needed was transformation of the individual soul as a prelude to the transformation of the world.

He discovered the path to Supermind was through the spiritual mind range – Higher Mind, Illumined Mind, Intuitive Mind, Overmind – and worked to create that new path."

(from Spiritual Opulence by Karmayogi)

Untitled

That we can attract the outer life by turning inner levers within is a knowledge of Sri Aurobindo's that the world does not know.

Comment: It is "Inner-outer Correspondence", which is the means of evoking the phenomenon of Life Response.

Sri Aurobindo calls it "Instantaneous Miraculousness." It is in this knowledge that Sri Karmayogi has made an absolute original contribution to the world.

He codified 1000 principles of the Science of Life that relate to how to evoke this infinite power from within.

It can be the foundation of a New Civilization; based on a vast knowledge of how we can evoke infinite results from within; without any outer action.

100 years from now humanity will look back on this time and see where this knowledge began. In essence by Sri Aurobindo, in endless myriad of ways by Karmayogi.

Untitled

Man is the creation of yesterday. Sri Aurobindo has come to announce the creation of tomorrow.

(The Mother)

The Hour Of God, Sri Aurobindo, & The Mother

Sri Aurobindo ... reached the Absolute, and when He did so He felt it was the Hour of God for humans. In the absence of response from humanity, He came down [to earth] to remind humanity through His personal presence.

He went further, bringing Mother, in order to reach humanity on His terms. He made Mother alive in each movement, at each moment-presenting Her eagerly when humanity exercises choice in His favour.

Mother says that She does not represent a teaching or an idea but is a creative Force in action who has come on earth to expedite evolution.

In short - what Mother needs [from us] is evolution in personality that leads us to being Spiritual Individuals.

(Ramesh Kumar, slight change)

Getting In Touch With Sri Aurobindo & Mother

Mother and Sri Aurobindo are everywhere. They are right in front of us, they are deep inside us. Then how can we come in touch with them? If we stop thinking, stop feeling, if we suspend the outer nature, even for a moment, we move away from the surface and come closer to Them. (Garry Jacobs)

What Happened On August 15th

-Birth of Sri Aurobindo (1872)

-End of WWII in Asia (1945)

-Independence of India (1947)

-Woodstock Music Festival (1969)

-Feast of the Assumption

-Birth of Napoleon (1769)

Comment: -Sri Aurobindo worked his entire life inwardly for the independence of India, and it happened on his birthday, August 15th.

-Sri Aurobindo worked inwardly to overcome the aggressor nations in WWII, and the end of the war in the Pacific happened on his birthday, August 15th.

-Sri Aurobindo hinted he was a reincarnation of Napoleon. They shared a common birthday, August 15th.

Untitled

Sri Aurobindo explained 5000 years of the spiritual Past including the Vedas, & 5000 years of the spiritual Future in 'The Life Divine'.

Untitled

It's not Sri Aurobindo's name that is dramatically increasing in the world, but rather His THOUGHT that is spreading across the earth.

Comment: From the subtle sphere He is interested in the result, the work, the action of the Supreme on earth - for the individual, the society, and the collective.

Eg people increasingly understand an integral knowledge of a matter and associate the "integral" concept with Him. How many things need to conjoin to create an integral knowledge and solution.

Untitled

Mother asked all the Gods to incarnate. Krishna later incarnated into Sri Aurobindo.

Comment: Sri Aurobindo later went further still - beyond the Overmental plane of the Gods - and incarnated the Supramental Truth Consciousness.

From Western To Sri Aurobindo's View Of Life

We are bound to shift from the mechanical view of life of the West to Sri Aurobindo's view of a radiant Conscious Being at the source of existence, unfolding throughout the universe.

Subconscious

The Role of The Subconscious in Attraction

Our conscious self is what we are aware of. What we are unaware of for the most part is our subconscious.

The subconscious has many qualities; some good, others not so good. (That is for another discussion!) However, one interesting aspect and power of the subconscious is that it can cause us to take certain actions, or move in a certain direction without our conscious mind even perceiving its influence.

For example, sometimes the subconscious influence can compel you to take action, to go to places that have the net effect of changing your life forever.

Case Study:

In Garry Jacobs' novel 'The Book,' Dan, the young hero of the story sincerely aspired to formulate an Artificial Intelligence system based on a deeper life knowledge.

As it turned out Life led him to it, when on a very special day his subconscious compelled him to take a walk and end up at Moe's Bookstore in Berkeley, where he reached up among the shelves causing a book to fall into his lap that gave him the profound answers and vast subtle knowledge he was seeking for his ambitious artificial intelligence system.

(From "Life Response in Work")

Comment: In a real-life experience, the subconscious compelled a man to visit a spiritual center, where he met an individual who told him about a work opportunity that would dramatically change the course of his life. In other words, his subconscious was aware of the lurking opportunity, and compelled the man to go to the spiritual center to discover the job opportunity that would enable him to meld his deepest work and spiritual aspirations.

Man's Subconscious Opening to Superconscious

When your subconscious is in touch with the superconscious, the universal, Life leads you to your destiny.

Eg a man open to the spirit one day decided to go to a spiritual center in his new town. He went there seeking spiritual sustenance with like-minded people. However when he arrived he was immediately directed to several spiritual oriented people who had founded an import business. The man then went to meet them, joined their company, and his inner and outer life would be changed forever.

His inner being that was subconscious to him - that which he was not consciously aware of, - was open and in touch with the wider universal plane, causing Life to guide him toward his destiny.

Untitled

Only the Supramental can overcome the darkness of the subconscious, especially in the physical.

Abdicating Our Personality By Transforming The Subconscious

We are disgusted with the world as it is – and we have the POWER to change it. But we are such fools that we can't bring ourselves to abdicate our silly little personality to ... to let the Marvel unfold.

And that's all accumulated in the subconscious: everything we have rejected is there, and now it must be brought in contact with the transforming Force ... so that this unconsciousness may come to an end.

(the Mother, from Agenda, July 22, 1972)

Planes, Intensities, And Consciousness Of Courage

Every quality of being - eg energy, perseverance, courage, skill - can be measured in its level of consciousness, (physical, vital, mental, spiritual), as well as its intensity (none to little to great).

Eg take COURAGE. There is (1) Physical courage of the Warrior. There is (2) Vital courage of the head of family who does everything he can to prevent it from falling apart. There is (3) Mental courage of the idealist who seeks to attain some benefit for the constituency he is addressing. There is also (4) Spiritual Courage which we can call Inner spiritual equality of being (strength of not reacting in a tough situation)¹⁰⁰¹.

There is also Intensity of the attribute, which is the degree to which he has any of the expressions, here focused on Courage. Eg Churchill had both GREAT vital and mental conviction and courage to save Britain from German attack from the sky, and then succeeded in rallying his country to ward them off.

Perhaps we can add a third dimension - the Consciousness we bring to bear. For example when we make the courageous vital effort to protect our family, we can distinguish between doing it with ordinary consciousness, as opposed to offering it to Mother. And there are degrees of consciousness ^{OBJ}in between^{OBJ}.

Reader: I am trying to see how to link these thoughts to another dimension of conscious/subconscious levels. My thoughts are still clouded and may not be in right perspective. Thank you Sir.

The degree or intensity of any quality, could we define in terms of gradation like Unconscious--->Conscious --->Subconscious?

For example, when we want to learn a skill like typewriting, initially we are unconscious, then we take conscious efforts to learn and the learning completes when that skill becomes subconscious.

The level of consciousness in a particular value: It could be perceived by how one is able to apply that value in relation to other values in a required circumstance. When the consciousness level is high, even if that value is compromised or appears to be compromised in a circumstance in need of another value, both values would be fulfilled at the end.

For example, Phileas Fogg practiced punctuality as one of his key value. He had planned in detailed manner to go around the world in 80 days for the wager. However, when he faced the situation like saving the Indian princess or his servant from the tribes, he compromised his value of punctuality in place of other high values like consciousness responsibility. At the end all the values worked out in tandem, life responded him through gratitude of that princess and his servant and he managed to complete the wager successfully, on perfect timing! Perhaps the value of punctuality had reached him until subconscious level

For Churchill, he naturally might be a courageous person. Also, the situation might have forced him to bring the matured courageous value from his subconscious to the surface to save Britain from German attack.

Comment: the original three plus these additional dimensions of a trait would be great for the evolve! program.

Reader: Thank you Sir.

I was thinking another example.

In P&P, after Elizabeth knew the truths through Darcy's letter, she concealed the fact about Wickham to Mr Bennet. Perhaps it was her subconscious attraction which came from her mother's attraction towards red coat. As it came through birth it became her subconscious trait.

At the same time, she had subconscious knowledge to conceal the role of Darcy in stopping Bingley to marry Jane.

It is interesting to note that same experience and consciousness had given two kinds of information to Elizabeth of which one was falsehood and the other was knowledge.

What one consciously could perceive in such circumstance? In concealing the information to Jane, she might have thought about her and not to hurt her feelings. (other man's point of view). In concealing the information to Mr Bennet, though she had argued consciously not to send Lydia to Brighton, her subconscious attraction overruled her intention eventually. Perhaps, her ego mixed with subconscious attraction prevented her to take the right action.

Untitled

What is subconscious becomes conscious in Man. Study then is to become conscious of that which is subconscious in you. (Karmayogi)

Automatic Subconscious-Based Spiritual Methods

When a spiritual method you've successfully practiced - like nonreaction, consecration, or silence, - becomes second nature in evoking a response, it has moved to the subconscious. It automatically moves into the gear as the situation dictates.

E.g. a person raises her voice in defiance, and you automatically take to silence and/or non-reaction. Not a single thought is created in the transition between the two. Same with consecration, faith, and other spiritual methods or aspects.

Comment: We can think of the whole process as - first a knowledge is subconscious to the individual. He does not have any real understanding. Then as he learns about and practices the method, he becomes increasingly conscious of it. At a certain point it becomes second nature to him, as it has descended into the subconscious (the physical consciousness) and become part of his personality. Now that quality spontaneously arises from there as needed, influencing our surface consciousness to compelling us to take to that spiritual method. Life then responds accordingly.

It is a kind of ascent of understanding in the mind, then a decent through our experience of it (vital), and an embodiment of it in the psychical (which is subconscious to us). Now it expresses spontaneously as part of our personality and being.

Response:

Thank you Sir. I understand like this:

Abridging gap from our surface nature to the subconscious nature lies the growth of our personality. As we would ascend consciously in certain quality, that aspect would descend in us and eventually would become second nature. The extent of time required may vary even up one life's time depend on the quality one is seeking and nature of his personality.

As we aspire to learn certain quality, it starts with decision to learn. The process of making that decision to subconscious has so many aspects as that relates with so many other qualities and so many other circumstances and such permutations and combinations are endless. Yet, if we continue to aspire, life would continue to bring circumstances in sanction with our soul. In the initial process, such aspiration/decision might face difficult circumstances in life due to resistance of the same quality or related quality in our nature. To the measure we continue to aspire, endure and not discouraged from surface appearances, life would start to respond. If we learn that aspect in one level, it would be easier for us to evoke life response for similar level of

problems or circumstances, but still we might face resistance for the issues that are deeper. We should not get discouraged and not stop in the middle. Eventually such quality would precipitate in us as values, our asset and second nature.

That process would be easier or less difficult when we seek it through Higher Consciousness of Mother, by relying on Her.

Subtle Plane

Subtle Physical Plane

-We perceive the gross material world, not the subtle physical, which lies beyond normal sight. There all forms are perfect, are beautiful. One challenge of the evolution is to bring the subtle physical into the material reality we perceive around us. That will further ennoble life, divinize it.

-In one sense the subtle physical is the real, and the physical around us is an illusion, a distortion of the true truth of things; an imperfection on the way to perfection. The subtle physical is already in that state.

-Looking out on the world we do not see things as they really are; only perceive the limits of existence through our limited mind. We are not conscious of things as they really are.

-Everything that comes into being at the material plane, comes from the subtle physical, passes through there.

-Moreover, everything in our future, including accomplishments to come is indicated there; resides there.

-The subtle physical is continually setting forth its qualities into the physical plane. Eg the sudden blossoming of trees, may be indicating good fortune to come. Having a subtle sense, indicates that you are able to see subtle formations unfolding in the material world.

-The subtle physical is concealing the greater, higher consciousness planes still.

-Sri Aurobindo lived in the physical plane, and had constant interaction with Mother, beginning nine years after he left.

-Mother seemed to indicate that the supramental being is there in the subtle physical, awaiting to manifest in the physical.

Physical and Subtle Physical

Everything that now exists in the physical/material plane once existed in the subtle (immaterial, invisible) physical plane.

Therefore all that will come to be in this life now is formulating and existing in the subtle physical.

For example, it is said that Sri Aurobindo, who left the material plane in 1950, is working out the Supramental Being in the subtle physical, which will one day manifest in this material life.

Untitled

We know so much about the material world, but so little about the immaterial, subtle worlds and their effect upon the physical.

Bringing the Powers of the Subtle Planes Down on Earth

The truths of the other, subtle planes beyond this life are destined to become real here in the material world.

Therefore, we need to know about them, experience them, so we can bring their power here on earth.

For us, Society, with all it consists of, all its aspects, appears to be infinite; i.e. infinite-like. But the true Infinite lies beyond what the society offers, existing in the subtle planes.

The movement, evolution from the subtle planes to real existence is made possible by our higher consciousness. It culminated as Supramental existence on earth.

Man's Creations are Originally in the Subtle Plane as Potential

All that Man has created, invented in the last 100,000 years was already there in the higher planes as potential. The same for what Man will "create" in future. Meaning that if we are in touch with those higher planes, all that would come to us in thousands of future years, can come very rapidly; in a very few.

In other words, Man thinks he created everything from scratch; but it was always there in the subtle planes as potential, waiting for Man to catch onto it.

Specialties Of The Subtle Dimension In Life

We are not just physical entities that walk, talk, eat and sleep. We have a subtle dimension that has to be considered. Let us see some of its specialties.

1. This subtle dimension does not have space and time dimensions. That is why Mother is able to answer our prayers immediately whether it is voiced from Pondy or Chennai or Delhi or even the U.S.
2. This subtle dimension is occupied by formless entities such as thoughts, emotions, Mind and the Soul. Though they may be formless they are nevertheless real.
3. A wish formulated in the subtle plane gets realized sooner or later. According to Sri Aurobindo, the French Revolution broke out towards the end of the 18th century in France because an Indian Rishi doing meditation in the Himalayas prayed for liberty, equality and fraternity.
4. There is a subtle cord connecting the Life force with the body and that connection is essential for life to go on. When Mother located the mantra of life in the subtle plane Theon asked Her to reveal it to him. When She refused, he got angry and cut the subtle

thread linking her life with her body. This made it impossible for Her to get back into the body and it required all of Theon's occult powers to restore the connectivity of the thread.

5. Though an entity is subtle, it can spread in the physical world by contagion. The origins of the corona virus that is affecting the whole world lies in the subtle plane, as we simply don't know how it came into existence. But at the physical plane it is spreading in an alarming fashion by physical contagion.

6. What comes to us from the outside is controlled by what happens in the subtle plane. The author Rhonda Byrne in her book "Secret" has claimed that what is pulled towards us from the outer life is what we are thinking, talking and doing about.

In the year 2001 Hollywood released a movie named "Pearl Harbour" about the Japanese air attack on the harbor at Hawaii which brought the U.S into the 2nd World War II. Just a week later (in 2001) the Al Qaeda plane attack took place on World Trade Center killing more than 2000 people. In April 83 Sanjay Dutt while shooting for a film scene in Mauritius as a terrorist declared in Hindi "I am a traitor to the nation". Immediately upon returning to the Mumbai airport he was arrested under Terrorist and anti-disruptive activities for possessing dangerous weapons and thrown in Jail.

7. Subtle factors can have remarkable effect positive and negative on one's physical health. A naturally happy person will have a fine health though doctors may attribute his good health to good food and regular exercise. Conversely a person affected by anxiety will have a high B.P and heart palpitations though the doctor may see no physical abnormality that can explain the high B.P.

8. A person's silent and unspoken good will for another person can remain physically undetectable. But it can deliver good results to the other person who can remain perfectly oblivious as to how he got this good news such as a well-paying job.

9. The subtle plane is frequently indicating to us what is going to happen to our initiatives. A sudden loss of power when we are about to start a journey can indicate that the purpose of the journey won't be served. Conversely if it rains just when we are about to start a journey, it can indicate that our journey's purpose will get realized.

10. Prayer is only a subtle mechanism we use to bring about desired results on the physical plane. For example, a patient who is a Mother's devotee can be given up as hopeless by the doctor. However he can still resort to prayer to Mother to be cured. When his prayer is answered and he is discharged from the hospital fully cured, it can leave the doctor baffled as to what happened after he gave up on the patient as hopeless.

(N. Asokan, MSS)

Untitled

Regularly experiencing the effect of Subtle vibrations on material life is a key step towards living a spirit-oriented life.

Comment: Awareness and expression of Life Response phenomenon provides this.

Untitled

Increasingly have faith in the Inner, the Subtle, - less in the outer, the material and mechanistic - to Move Life.

Comment: -Or we can say that the greatest power to move material (or non-material) life comes from the Subtle.

- "Subtle" is higher consciousness, the Spirit, spiritual methods, Inner status, the invisible, the Divine, the Mother. Etc.

What Is The Circumconscient?

-There are many unprecedented terms that Sri Aurobindo uses in 'The Life Divine' as well as elsewhere: One is the "Circumconscient".

-Circumconscient is that subtle field around us that we are not mentally conscious of, but can be subtly aware of.

-Eg just before Mother was about to be hit by streetcar in Paris, Her body went backwards and she avoided the accident. Her body was in touch with the Circumconscient field, and picked up the vibration of the vehicle, which in turn caused her body to be thrust backwards, avoiding the disaster.

-Another example: Mother felt the consciousness of Sri Aurobindo before the first time they met when She was 20 miles offshore from Pondicherry. It subtly radiated out like a circumference that She picked up on.

-A third example: It is common among devotees and others to feel a sudden emotional feeling that is actually being generated by another party from half way around the world. It can be positive or negative.

-We can thus see two levels of Circumconscient. The ability to project out one's own consciousness, and the ability to pick up on a spread out consciousness.

-We can add that that the size of that Circumconscient sphere depends on the development of our consciousness to generate or perceive it.

-Our normal, day to day experience through the senses is a very tiny field of perception of reality. The Circumconscient widens that to whatever the consciousness is projecting or absorbing. It can go out to the far ends of the universe, or inwardly into the depths. I.e. there is the analogy of the proverbial tip of the iceberg (hiding the inner depths), and an inverted pyramid that goes outward, upward, et al. (making up the Circumconscient field).

-We are actually unconscious of both our inner nature and its vast lightly understood aspects and powers, as well as the subtle Circumconscient that is above and surrounding us. Actually it is both together that exists and we can become more aware of and have experiences of when we rise in consciousness.

(Garry Jacobs paraphrased; with additions by Roy Posner)

Untitled

When a societal conflict flares, a seemingly unrelated entity suddenly malfunctions.

Comment: Example: A government agency is being fought over from two opposing sides (one of which is rooted in severe negativity). Now suddenly a distant subsidiary starts

malfunctioning, as the negative conflictive vibration of the parent now spreads to even a distantly related entity.

It's not material causality that caused the problem to spread, but subtle energies that move out into the field of life and cause disruptions elsewhere.

Normal mind does not see such subtle, vibrational causality. But one trained in the subtle ways, rules, principle of Life can.

Subtle Signs

Beyond Opaque Perceptions of Life

The scientist, the materialist have little or no understanding of the subtle laws and forces that lead to outcomes, that govern circumstance in life. Nor can you teach them these subtle principles. At some point they need to spontaneously have the experience themselves. Then a bit of light will penetrate their opaque perceptions of the world.

Avoiding Grief at the Outset

Often we don't act to correct a serious problem until it dramatically presents itself. Then through suffering we painstakingly overcome the problem. However if we were conscious enough we could have perceived the problem in the first place, avoiding pain and grief. Subtle and not so subtle signs, indicators presented themselves, but we lacked the capacities to read them or the will to address them.

Perceiving Life's Subtle Signals on the Road to Vast Accomplishment, Joy

Life is constantly providing you with Subtle Signals, of which way to turn, how to proceed, what to avoid, etc. However you can only perceive them from a Deeper Consciousness. From the surface you are mainly picking up your own internal Ego signals of thought and emotion.

So why not build a true inner life, - a state of inner serenity and silence within, - while constantly opening to the spiritual Force above, and you will be continuously guided to the Truth; and as a result you will gain a personal roadmap that when followed will help you rise to the pinnacles of success and the depths of happiness.

Untitled

There are subtle CLUES everywhere to guide our lives. We just need to develop the Subtle Sense to perceive them.

Untitled

So many moment-to-moment Subtle Signs, Life Movements are occurring that we miss. They are constantly indicating what to do, and what not to do. Unfortunately, we are asleep, oblivious to their presence, lost on the surface of our lives.

We tend to focus on single issues—and do not pay enough attention to the overriding issue of where the globe is heading... There needs to be a greater sense of urgency to confront the globe's looming problems.

(Keith Suter, Cadmus Journal)

Untitled

Life is communicating with us at every moment, through subtle and not so subtle signs, trying to awaken us to something Higher.

Our aspirations for the New far outdistances our Gratitude for the positive developments that have come to the world in the recent past.

Untitled

Each thing that commands our attention in the course of the day has its own special needs, its own flow, and we should fully honor it.

PERCEIVING SUBTLE SIGNS FOR TAKING ACTION

1. Someone mentions wanting to go to someone's house. You spill a cup of coffee just as they finish the sentence. - Sign not a good idea to move forward.
2. You've been offered work and every time you try to get on the phone to do the work—they're are interruptions and you can't schedule a time that's mutually agreeable. Last time you were on the phone a huge fight broke out nearby. - Sign not a good idea, withdraw from the offer.
3. You've been consecrating an issue and just as you finish a particular prayer you get a call indicating a solution. - Sign to move forward.
4. You've been offered something and when you go to follow up on it you suddenly find yourself unable to get there. - Sign not to move forward. (Unknown)

Subtle Indicators of Life Reinforcing the Original Condition

When you have a problem, a conflict, an issue, etc., be aware of the subtle and not so subtle verifications emanating from the field of life; whether close or a distance. These will presents you with clues of what to do, or what not to do; how to address the situation.

These subtle intimations may come when you drive, when you listen to the news, in a film you are watching, from something someone says casually, off-handedly, and many other sources. To be tuned into these is to be subtly aware of the secret unfoldings of life. They are Indicators of life echoing, reinforcing your original condition or situation.

Moreover, if this is a frequent experience, it will be a measure of your psychological and spiritual growth and capacity.

Everything is Foreshadowed if We Know Where to Look

Each thing one experiences in the present is presaged by circumstance encountered earlier. There are no exceptions.

Example, a friend of mine watches and shares with me a movie about the construction of a work of art that was created within the New York World's Fair of 1964, (she did not know anything of the story before she chose it), when only a few hours before, for the first time in my life I described to her a pond right next to the edifice that had become polluted during that time. It was the first time I had ever discussed this matter with anyone.

Everything is foreshadowed, revealed by life before the event we are focused on.

You could say the present is presaged by the past; or the present presages the future.

It is the astonishing Logic of the Infinite that a person with a universal, or better still a Supramentalized Mind will continuously experience.

Untitled

In making Decisions always observe the Subtle Indicators and Flow of Life.

Comment: (This approach will always lead you in the right direction, while avoiding wrong ones.)

Untitled

Subtle signs are constantly presenting themselves of what to do and not to do.

Untitled

New things are continually presenting themselves to us. Best to take notice and embrace, rather than be indifferent, oblivious.

Success, Accomplishment

Formula for Unfailing Success

- Acquire knowledge of the whole
- Act from the highest values
- Organize time and energy
- Determined enthusiastic energy
- Unceasing effort
- Call Mother

(Karmayogi)

Untitled

Success depends on a deep Aspiration to achieve a goal, an intense will and desire for it to come about, the persevering effort to make it real, the psychological strength to overcome problems that arise along the way, the right attitudes and values, and the necessary skills and knowledge.

On Rising to The Pinnacles Of Success

We can apply this method to achieve anything: put the urge of our being behind it, seek the enjoyment of that experience, commit ourselves to the idea, work out the necessary plans, and release our full enthusiasm. Then if we add the one extra ingredient of relying on Mother and Her force, rather than on ourselves and our capacities, and with that Force we act, there is nothing in the world that we cannot accomplish. (paraphrase of Sri Karmayogi by Ramesh Kumar)

Untitled

If dealt with in the right way, out of the negative can come new energy for success.

Untitled

When you are in Mother's consciousness, something or someone you have identified as significant, of great potential, that is now very obscure, unknown, soon rises from out of nowhere into great utility, success, renown, and fame.

Resenting One's Success

There are people who will be jealous and resent one's success, which may cause them to penetrate a chink in one's psychological nature. Therefore, it is best to remain humble in one's accomplishment, as well as not react to others' ill-will should it come.

Perfection Factors

How can we know the factors that we want to maximize in any work?

In any work we can list out all of the key factors that lead to perfection, and then measure to what degree we have reached the high end of the scale.

When we reach the highest level on each factor, we approach Perfection. As we approach and attain perfection, we witness startling positive conditions move in our direction.

In business we call it "Standards of Performance," though it applies to any type of work.

Consciousness is Ultimate Determinant of Success

It is not energy, skill, opinion, attitude or character, either singly or in combination, that ultimately determines the results of action. It is consciousness. As is the consciousness, so is the result.

(From 'The Book' page 379, by Garry Jacobs)

Reader: Thank you Sir.

All the factors (other than consciousness) mentioned appears to play their roles depend on the situation. Yet, how to understand that consciousness is the only reason? That consciousness means the combination of aspiration, motive, attitude of self-giving and so forth...?

Untitled

FAILURE can be great avenue for progress, though I am not sure we should seek it out! Rather, we should intensely seek PROGRESS, which begins as Aspiration. Most powerful when it originates from the deepest depths, the Psychic being.

Untitled

He who insists on Consecration in a problematic situation will be the ultimate determinant of a positive outcome.

Untitled

Aspiration is the source of all accomplishment in life. If there is Aspiration, the will, the power, and the knowledge will come to achieve.

Untitled

The great, vastly expanding companies and organizations of the present were in touch with the Future in their past.

Untitled

Being in touch with the Future is key to success in the present - whether organization or individual.

Go Within Rather than Outside to Accomplish a Work

Instead of going outside to organize a work, e.g. by planning, strategizing, connecting with others, et al; instead go WITHIN, where you will see that the work is organized at a Higher Level.

And if we go within to connect with the work, are in touch with that higher level, we gain enormous power over life, including its results.

In essence, when the ego doesn't act, when the mind, or the vital, or the physical doesn't act on the surface, something HIGHER acts and organizes life for success. We can say that it is Mother who is acting, taking over and bringing about an integral response.

It turns out that going Inside to accomplish a work, instead of on the surface is a spiritual challenge given to us by Sri Karmayogi.

Untitled

Too much excitement as a result of winning an account (or a match or any clear success) will often cause it to go elsewhere. Instead, when the agreement comes, be as calm as possible, offering the opportunity to the Higher Power. Now the energies will settle in, and it can be your account, etc. forever.

Untitled

Sometimes it's what you hold inside, keep close to one's heart and being, and don't share that has the greatest power for inner change and fulfillment.

Untitled

Inner forces, like individual attitudes, values, aspirations, intensities, as well as prevailing surrounding atmospheres, and also divine intentions are what determine the flow and outcomes of life.

30-Day Consecrated Approach Attracts Great Success

In the "30-Day plan" Karmayogi asks us to consider what we truly want in life, deeply aspire for it, do what we can to make it happen, and offer it to the Mother, the Force with faith and right attitudes. Then we stand back and see what happens, which ordinarily results in the fulfillment of our aspirations and more.

E.g. around 20 years ago a friend of mine diligently followed this approach and secured a full-time job that lasted 10 years, when she hadn't found full/time work in over a decade. It happened within the 30 day target timeframe.

Another individual followed the same plan and sold her house for \$1million in that same period after months, even years of failing to secure the sale.

Both happened after these individuals attended a multi-day presentation by Garry Jacobs at his house in Napa, California. It was centered around discussions of Sri Aurobindo's spiritual opus "The Life Divine", especially on topics related to the Process of Creation - for the universe, the society, and the individual; which as we learned were all quite similar.

I too attended this profound set of presentations, and gained great spiritual and practical insight and material benefit.

Untitled

All met with great success, one way or another.

Psychology And Spirituality Of Infinite Success

Companies are spending extraordinary amount of funds on new technologies for greater revenues and profits, while hardly training people on the psychology and spirituality of Success, which can open the doors to Infinite Accomplishment in the very shortest period of time. It is a lack of Awareness that is a vast missed Opportunity available to anyone.

Untitled

Devotees can quickly rise to the pinnacles of their organization as a result of the miraculousness they evoke via Consecration.

Untitled

“Don’t stop in the middle” means once you have achieved a result through inner means, push it further for even greater success.

Comment: We often stop in the middle because we believe we have gotten the full realization, when it is in fact usually just a first step!

Higher Consciousness Based Accomplishment

We can reduce the method of higher consciousness based accomplishment to: Intensity of Aspiration to achieve something Higher, true Sincerity to change our nature, Shedding all Ignorances and superstitions along the way, and opening to the Divine Force as means to accomplish.

Untitled

Success that we normally incur through work, can also come through not working; coming by a build-up of Inner Consciousness.

Untitled

Once we have a consecrated success, don’t stop there, but consecrate further in that area. Karmayogi says “don’t stop in the middle.”

Untitled

All our successes & failures of the Past are opportunities for the present; as it holds a Knowledge of experience we can now apply.

Reader: I like this. Roy, I wonder if you might expand a little, particularly with regard to the idea about what may be a fine line between learning from the past successes & failures, and knowing when it's time to let them go - release (consecrate) them, and move on to acting on what we've gained from those past opportunities without clinging to them (as "baggage"). Hope that makes sense!

Response: you’ve explained it well yourself. We can better appreciate these shadings of difference from a specific real experience(s).

Surface

Levels at Which We Relate to Others

In a given moment we relate to people by what they look like as they stand next to us or appear in a picture, etc.; and from there we judge their appearance, whether attractive or unattractive; and in a variety of other superficial ways.

On the other hand, the Higher Consciousness Individual does not just relate to the physical presence of another before them, but picks up on the feelings, their psychological status, the person's mind, even that person's soul and essence.

This is an indicator of how future individuals of a spiritual-bent will relate to others. I.e. through soul to soul connection that is supramental in nature.

Aspiration from the Depths

The deeper you go within, the more life responds to our aspiration. On the other hand, when we live on the surface, -- in our thoughts, and feelings, and outer initiatives -- the result is negligible, as the energy is not stored, but dispersed, preventing the "magnetism effect" of Life Response from taking shape.

Untitled

To solve the outer problem, best to go deeper inside (to silence) rather than doing things, expecting results on the surface.

Untitled

Surface living leads to Ego and Separateness. Living in Depths enables Harmony and Oneness.

Untitled

How can we have an Inner Life - with all the powerful and profound benefits it offers - if we are continually living on the surface?

Untitled

Living on the surface, time grates, impatience reigns. From the Depths, all is Smooth flow, perfectly sequenced. Time is your friend.

Untitled

Many things on the surface that seem to have little to do with one another often unfold, travel together in parallel.

Supermind

Ascent and Descent when Reaching Supermind

Please keep in mind that when we mention Supermind (in the evolution) we don't just mean that it is the ultimate plane of spiritual mind, but that when we reach, embody that plane, it supramentalizes all planes below it - including the Mind, our Vital being, and our Physical body (and for that matter all matter, substance in creation).

There is thus an Ascent and Descent dynamic occurring as we enter that plane, including Supermind.

Untitled

Only when we have the full mastery, full knowledge of Supermind can we truly, clearly, perfectly know what to do at the next moment.

Untitled

Sri Aurobindo says that Supermind has descended here on earth, is everywhere, is in everything, and is determining all things at every moment.

Untitled

Mind does not know the future, or truly understand the past. However, Supermind does.

Untitled

In Supermind there is no success or failure; only opportunities.

Creation Process Same for Divine and Us

Sri Aurobindo's comprehension of Reality explained as first Involution from a Divine Source to matter, followed by Evolution from matter to spirit is virtually the same process we follow when we successfully engage in a project or the smallest activity.

It is a process of first apprehending the goal through Mind (for the Divine it is Cosmic Mind/Supermind); then having the vital will and drive for its manifestation as real (for the Divine it is the conversion of cosmic Idea into Cosmic Energy); and finally physically executing strategies to make it happen (for Divine, it is the conversion and breakdown of Cosmic Energy into atomic existence, which appears as matter in the universe).

For the Divine, Supermind coordinates the entire process. For Man he can rise to intuition and then Supermind to engage in the process for perfect execution that formulates a miraculous-like Response from Life (sudden good fortune from out of nowhere).

Untitled

Sri Aurobindo worked to organize and densify the Supramental power for the earth before and after He left in 1950. Then in 1956, Mother, in a vision, wielded a golden hammer that set loose the Supermind to pour down on the earth, fulfilling Sri Aurobindo's cosmic efforts. That power is now available to each of us to Transform life.

Untitled

The Supramental has descended from the spiritual to the mental to the vital and now to the subtle physical plane. The last step is to bring it into the full material plane. It will be the means of material transformation, including willed immortality of individuals. That became Mother's mission in Her later years, as captured in Agenda.

Untitled

Mind as we know it no longer exists in the experience of Supramental Perception. A new formation, instrument of cognition is enabled. Sri Aurobindo called it Supermind.

Untitled

The only creation for which there is any place here is the supramental, the bringing of the divine Truth down on the earth, not only into the mind and vital but into the body and into Matter. (Sri Aurobindo)

Supramental as Integral Truth and Creation Power

Supramental means "Truth Consciousness." One perceives all sides of a matter, each fitting in its right place; the essence of the matter, and its totality. One has everything one needs to know to successfully act, creating ultimate results.

Supramental also contains the urge and will for the Integral knowledge of that matter, that Truth, to manifest as real in the world. Thus Supramental is ultimate Creation power, as it is based on Integral Truth.

Thus the universe came to be through this dual aspect of the Supramental.

It was also infused with cosmic values - like peace, harmony, love, joy, timelessness, and infinity rolling out in creation through the evolutionary process.

Sri Aurobindo thus indicates that "Supermind is the Creator." It is the same as the power of the Mother's Force.

Untitled

Supermind's Place in the Cosmic Scheme of Things, in Terms of Involution and Evolution.

Supermind can be thought of as an interface between the upper hemisphere of the spirit, and the lower hemisphere of existence in the universe.

Supermind in essence enabled a universe of matter, life, and mind to emerge from a divine source (the Involution); and the universe to be divinized through that same divine source (the Evolution)..

In the Involution, Supermind is that which enables the upper hemisphere of Sat-Chit-Ananda (Being/Existence, Conscious-Force, Delight) to become cosmic mind, and then energy, and then the universe of matter, life, and mind.

In the Evolution, Supermind is the power we can open up to that enables the spirit, the supramental force, the divine Mother to divinizes all material, vital, and mental existence, enabling a divine life on earth. (Now existence in the universe - as matter, life, and mind - is re-melded with Sat-Chit-Ananda.)

Untitled

In ordinary mind we know a thing when it shows itself, not before. In Supermind we can know a thing before.

Untitled

In Supermind right thoughts constantly come in right moments.

What Supermind Is

“For the supermind is a Truth-Consciousness in which the Divine Reality, fully manifested, no longer works with the instrumentation of the Ignorance; a truth of status of being which is absolute becomes dynamic in a truth of energy and activity of the being which is self-existent and perfect. Every movement there is a movement of the self-aware truth of Divine Being and every part is in entire harmony with the whole. Even the most limited and finite action is in the Truth-Consciousness a movement of the Eternal and Infinite.” (Sri Aurobindo)

Infinite and Finite

The Infinite has divided itself infinitely to create the finite. (the universe of matter; involution) The finite is progressively uniting to re-create the Infinite, but in Life. (evolution)

Supermind facilitates in both direction.

Untitled

Mind knows one or a few aspects, possibilities of a matter; whereas Supermind knows ALL; including the where, when, and how.

Untitled

Each act of Consecration puts you in touch with Supermind, where all that is required is known, and all aspired for is achieved.

Overmind Vs. Supermind (Practically & Cosmologically)

--At the level of Overmind there are individual Gods, each representing a divine quality - like strength, light, beauty etc. In Supermind all these attributes (aka Real Ideas) are there together, and they are Integrated and one. Mother's Supramental Consciousness is that.

--During Her life on earth Mother conversed with the individual Gods and asked each to give up their individual power and focus and surrender to the Divine Mother. She did so the Gods integral realization would be coagulated into one integral Power of Supermind, which would then be of a higher order for the Cosmos.

--We should note that Karmayogi asks us to give up going to temples to worship various combinations of the Overmental Gods, and instead surrender to the Divine Mother. It is a mirror movement of what was happening above with the Overmental Gods.

-When Sri Aurobindo and Moher first joined forces they sought to attain to the Overmental realization. But then they understood it was not the True Truth, the Integral spiritual capacity, and so they embarked on realizing Supermind instead.

--After Sri Aurobindo worked to embody Supermind in the atmosphere, Mother called it down in 1956 when she used a golden hammer to break through the golden door, allowing that Force to pour down onto the earth.

--When Sat-Chit-Ananda (Existence, Conscious-Force, Delight) emerged out of the Supreme unknowable, the Supermind emerged as Its Nature. Supermind became the instrument of creation. All the real Ideas of supreme spiritual attributes emerged - including silence, peace, harmony, goodness, knowledge, creativity, love, joy, timelessness, and infinity.

However in order to create multiplicity of possibility the supramental devolved, involved the plane of Overmind where each attribute was embodied by an individual God force. It was a movement away of the integral realization of supermind. It was the first step toward the Ignorance.

Further involution took place as the planes of Mind, then energy, then Matter emerged, with little or no consciousness.

--In Overmind there is a power to bring down one or more attributes as eg Krishna was able to do. There is a deep, powerful Knowledge but somewhat limited, as the attribute comes in isolation of other attributes. It is in fact the beginnings of falsehood.

On the other hand, by opening to Supermind, to Mother one opens to ALL necessary spiritual aspects at once. Plus whatever it perceives as a spiritual value it has a power to realization as a MANIFEST entity, such as a product or method in the world. That is because in Supermind there is both Knowledge of the attributes/Real Ideas, plus a Will for them to come about. That is why consecration brings about instantaneous miraculousness.

Eg there is knowledge of the necessary spiritual attributes (such as in one instance there is bringing down of Creativity, Delight, Infinity) for that occasion; plus there's a will and Power to manifest a product, service, or other material or subtle reality that embodies that Knowledge. There is thus a Will for the Knowledge's manifestation as real.

Thus we say that in Supermind there is simultaneously Knowledge and Will. Knowledge of the necessary spiritual attributes for that occasion, plus a Will for them to manifest as real, as material in the world.

(Roy Posner)

Reader: Thank you Sir.

"...However in order to create multiplicity of possibility the supramental devolved, involved the plane of Overmind where each attribute was embodied by an individual God force. It was a movement away of the integral realization of supermind. It was the first step toward the Ignorance..."

In the Chapter, 'The Ego and the Dualities' Sri Aurobindo says Gods are human conception, the below statement:

"...It is so that he conceives his gods; it is so that he constructs his heavens. But it is not so that his reason conceives of a possible earth and a possible humanity. His dream of God and Heaven is really a dream of his own perfection;.."

How to reconcile this statement Sir?

Response: The forces, emanations of Gods are real, especially Indian Gods. The ways humans turn them into mythic beings, with mental constructs and mythic qualities is in the imagination. Even the Greeks, Egyptians, Assyrians, and others had their Gods. Much of this is constructs. Indian Gods are more real, more alive, but also have been adorned and turned into human-like beings.

Sri Aurobindo here is suggesting the symbolic meaning of the Gods worldwide. They represent qualities of perfection of humanity here on earth.

We need to see all he has written about the Gods.

[from An Analysis of Sri Aurobindo's 'The Life Divine' by Roy Posner]

"It also turns out that Overmind is there in the creation process; the point at which the Gods emerged as invisible forms of force. Sri Aurobindo says that Overmind releases a million Godheads; each fully developed and powerful along its own line; empowered to create its own worlds. And yet though each God, power, force expresses itself in the full, totality of being, each loses touch, its absolute oneness with all others (perceiving the totality only from its own perspective)."

Untitled

In Supermind we perceive the true Truth of a matter, whereas in ordinary Mind it can barely be perceived.

Comment: And Consecration evokes Supermind; the Supramental Force; Mother - with all of its integral truth for those conditions.

Untitled

Imagination is the Spiritual Essence of Planning. (Karmayogi)

Comment: In a strategic plan one envisions a future for the organization and then develop and implement strategies to make it happen. The mind can handle these very well, except when it comes to Visions of what is possible. Then rational mind must step aside and let Silence (ie Silent Mind) enter, allowing illuminations of possibility to fill up one's thought processes. It is as if one were able to reach into some unknown future, imagine it in the mind's eye,, and realize that yes we can make that happen. Then the team fleshes out the details of how the organization's material and people resources will fulfill that aim.

We can fathom increasing powers of Vision through these ascending powers of mind:

Mind < [is less than] Silent Mind < Illumined Mind < Intuitive Mind < Supermind (including its Force).

Supermind can actually bring the entire realization of the vision as materially real in an instant; rather than weeks, months, and years.

Untitled

It is very difficult for traditional Indian spiritual masters to perceive Sri Aurobindo's Supermind. It almost clashes with the spiritual Tradition there.

Untitled

Only Supermind and Its Force can overcome the Inconscience and unchangeability of matter, the physical.

Comment: -We can open to this possibility through Consecration and Surrender. Physical existence will yield to this force, to Mother, to the Supramental power.

-Mother worked exclusively on the transformation of the physical body by surrendering Her cells to this Force.

-Supermind is a plane of existence, as well as a Force we can open to, as well as what we can become.(i.e. supramentalized)

Untitled

Mind it is an extremely limited, restricted peephole into perceiving Reality.

Comment: At any moment there are hundreds of truths surrounding what you are going through. Mind sees but a few, maybe even just one, and even that may be a false belief!

As we go beyond mind too spiritual mind above (eg intuitions), and subliminal mind (near soul) within we come in contact with many truths and the essence of things at any given moment.

This supermind is our evolutionary destiny to become.

Now 99.99% of the people are stuck in the peephole of limited mind. Thus we are steeped in the Ignorance born of creation. The opposite is Integral Knowledge, which is one object of attainment in Sri Aurobindo's yoga.

Through spiritual transformation we open to these regions of cosmic mind, and attain degrees of moment to moment Integral Knowledge.

Reader: can we just practice Consecration to reach the next level of mind?

Response: Yes constant consecrating of the activities of our daily life will deepen the consciousness and open mind into its wider, spiritual capacities. Silencing thought, taking the other person's viewpoint also widen mind to its spiritual equivalent , enabling eg sudden Intuitions of insight without the need for thought. Ultimate is Supramental perception.

Untitled

In Supermind we are in complete Identity, oneness with the object of our focus, revealing its integral Truth.

Comment: -In ordinary Mind we experience an infinitesimal fraction of that.

-Thus Mind needs to evolve to its higher forms -- to silent mind, to illumined mind, to intuitive mind, culminating in Supermind. That will enable us to have a vast moment to moment insight and knowledge on any matter, far beyond what ordinary, even rational mind can now produce, thereby dramatically advancing human evolution.

For this to occur it will require a core set of individuals to go through a process of human transformation. That occurs by opening to Her Force and other methods (like going within, inner silence, taking other person's point of view, etc.)

Untitled

Supermind is governing the evolution of the universe.

Supramental Being

Supramental Transition

Mother says the transition from our human state to Supramental beings is as great as from the ape to Man. And yet some are secretly beginning to bridge that gap. Eg consistent experience of Life Response, including the use of the Mother's supramental Force, is a starting point.

Untitled

Becoming the Supramental Being is a bigger change from the current human being than the human is from the chimpanzee. Yet, due to our collaboration with the ever-increasing Force in the atmosphere, it is beginning to occur.

Evolution through Our Self-Evolution

The Divine itself has transformed and evolved as the Universe, and we humans are the extensions of that self intervention (Self-Evolution) of the Divine and its Shakti.

Evolution continues, and Beyond humans are evolving themselves as Supramental beings. We are moving from mind to Supermind. Hence Life essentially is for experiencing that Self -Evolution.

Sri Aurobindo tells us that All Life is Yoga, and every experience in Life, whether good or bad, is helping us EVOLVE.

(paraphrase of S.S. Sreejith)

Future Body of the Supramental Being

-In the evolution men and women are progressively becoming like one another.

-Mother says the supramental being would be sexless.

-She even became that herself several times in several startling subtle experiences.

-All current systems of the body - circulation, breathing, digestion, procreation et al - would be replaced with centers of consciousness.

-This personality would live as long as it wants.

Supramental Existence and the Integral Yoga

The Integral Yoga is what enables us to become Supramental Beings, ushering in a Supramental Life on earth.

The Integral Yoga is to go within, discover the Psychic Being (evolving soul), and from there Surrender to the Divine Mother. Supramental existence follows.

Supramental Existence is one of utter peace, truth consciousness, integral knowledge, harmony and oneness with others and life, ultimate power to achieve, perfect unprecedented outcomes, vast creativity, unfathomable love and delight, timelessness and the infinite breaking out.

Method of Supramentalization

When you shift from the surface consciousness to the depths within, and from there surrender to the supramental power (and its intent, will, knowledge, etc.), you begin to become supramentalized. (many-sided truth knowledge, harmony and oneness with others and life, soul to soul connection, elimination of the negatives in the world, physical transformation/willed immortality, etc.)

So that can be our objective. When we do that, we will experience all the qualities listed above, and then some. We will know them even more practically, specifically, in our own terms.

Are you willing to give it a try?

Unique Expressions of Supramental Nature

The supramental era will commence a new phase in spirituality with each supramental individual relating to the Supreme in his own unique way instead of the stereotyped and common path that everybody follows now days. (MSS)

Untitled

People have different interests, talents, capacities in life. This can extend to the unique way we relate to the Divine. One person may be a great disseminator of knowledge; another a very creative type with great imagination; yet another one who is steeped in silent contemplation; etc. One can thus express the Supramental nature uniquely through one's own unique nature and life experiences.

Centers of Consciousness and the Supramental Body

Need for digestion, breathing, procreation, etc. ends for the Supramentalized person, as all such physical centers are replaced with their equivalent Centers of Consciousness.

From Current Life To Supramental Life

The supramental-oriented individual will have less need to love one person, to marry, to have families, to acquire wealth, to have possessions, to go after success, and all.

He will increasingly be a solitary individual who has deep soulful relations with each person he comes in contact with, will have full knowledge and power in his daily existence, and will be fully engaged in Life.

Peace, harmony, wisdom, truth, goodness, love, joy, timelessness, and infinity will be his constant state, as he will always be filled with the light of the Spirit.

Eventually his body too will change into new formations unthought of. It is the coming of the Supramental Individual and Life.

Untitled

Future humanity will be as different from the present form as we are from the ape.

Comment: It will likely be a supramental-oriented species, vastly evolved at all levels - mentally, psychologically, and physically; with guidance and power coming through Its Divine Force. We are just now beginning to make that startling transition.

Supramental Intelligence = Perfect Understanding Of Things

... there is an Intelligence highly superior to the Mind, which has nothing to do with the Mind. An "intelligence of things" ... And that's why he [Sri Aurobindo] called his new creation "supramental." He always used to describe it as a perfect understanding of things.

(The Mother, from Agenda, August 30, 1968)

Lord Of Tomorrow

"You see, I invoke the Lord of Tomorrow. Not the unmanifested Lord, but the Lord as he will manifest tomorrow; or in Sri Aurobindo's words, the divine manifestation in supramental form." (from Agenda, 11 October 1960)

-thanks to Sreejith

Total Stillness Of The Body & The Action Of The Force

"the body ... knows what it is. ... it knows one thing, that it's only when (and because) it can be absolutely peaceful – peaceful like something completely transparent and still – that this Power can act. ... It knows the only thing asked of it is that total, transparent stillness."

(The Mother, from Agenda, December 4, 1968)

Comment: Mother was engaged in the supramental Transformation of Her physical body; an unprecedented attempt in the history of life on earth. She indicates here that only through absolute stillness of her body could the supramental Force effectively act on her physical being, enabling its transformation into the New Body.

Supramental Consciousness

Having All Perspectives Simultaneously

We only see our own position, perspective relative to the unfolding situation. Yet circumstance demands knowledge of ALL perspectives simultaneously. When we develop universal and then Supramental Consciousness we will have this complete moment-to-moment Knowledge of the Reality.

Untitled

When you are regularly opening to the Truth Consciousness (i.e. the Supramental), you spontaneously align yourself with forces that prove to be great successes; whereas in ordinary life, it is very much hit and miss.

Untitled

Synchronicities rapidly accelerating in one's life is indicator of oncoming Supramental existence.

Untitled

Supramental Perspective: there are no problems, only Opportunities.

Taking Other's View is Supramental

Do you know Karmayogi's principle of taking the other person's point of view? Even if they are wrong, it helps to embrace their position. Doing so, often has the effect of bringing them around to your original position!

It is to take the Supramental Perspective of the potentiality and reality of the many-sided truth of things, not just the part one knows.

It may be worth an experiment. It also puts one's Aspiration on a steadier psychological basis.

Untitled

Grasping the complete, many-sided truth of a matter from "out of thin air" is Supramental.

Supramental as Integral Truth and Creation Power

Supramental means "Truth Consciousness." One perceives all sides of a matter, each fitting in its right place; the essence of the matter, and its totality. One has everything one needs to know to successfully act, creating ultimate results.

Supramental also contains the urge and will for the Integral knowledge of that matter, that Truth, to manifest as real in the world. Thus Supramental is ultimate Creation power, as it is based on Integral Truth.

Thus the universe came to be through this dual aspect of the Supramental.

It was also infused with cosmic values - like peace, harmony, love, joy, timelessness, and infinity rolling out in creation through the evolutionary process.

Sri Aurobindo thus indicates that "Supermind is the Creator." It is the same as the power of the Mother's Force.

Supramental's Unshakeable Peace & Spiritual Equality of Being; Absence of Division

Mother says one of the sure signs of the supramental is an unshakeable peace and absolute spiritual Equality. There is no trace left of ego so there is no reaction to anything.

Whatever action the supramental being initiates is an act of the Divine Will, not a separate egoistic will.

There will be no dualities of pleasure and pain, good and evil, joy and suffering, knowledge and ignorance, power and impotence.

All will be an experience of delight, eternal goodness and truth. (Garry Jacobs)

Perceiving, Undertaking Right Sequence of Acts that Attract

In Supramental Consciousness one knows precisely in which sequence acts should occur, as one is in touch with the integral truth of things, as well as perceiving the right flow of life circumstance among past, present, and future. There is thus persistent cooperation from the world around us.

Untitled

Sri Karmayogi's single great aim is to see the Supramental Consciousness, the Force of the Divine Mother roll out throughout the world, and Divinize life.

Untitled

"Simultaneous Time" is to experience the past, present, and future in the Eternal Now. It is supramental in nature.

Untitled

Supramental Consciousness perceives the Truth in all of the sides.

Untitled

Supramental Life lies beyond the Spiritual life previously imagined.

Untitled

Moment-to-moment perception of the subtle rhythms and laws of life is Supramental.

Untitled

Continuous Alignment with others in space and time is Supramental.

Untitled

The only creation for which there is any place here is the supramental, the bringing of the divine Truth down on the earth, not only into the mind and vital but into the body and into Matter. (Sri Aurobindo)

Untitled

From the highest, Supramental consciousness, anything that is known, simultaneously manifests as Real In the world.

Untitled

When everything is dovetailing perfectly, you know you're in Mother's, i.e. the Supramental, Truth consciousness.

Untitled

Always being in the exact right place at the exact right time is supramental.

Untitled

The Supramental consciousness, Mother's Force can not only quickly resolve the issue at hand, - whether ours or the collective's - but surrounding and peripherally-related issues as well.

Untitled

To man, God is too slow in answering his prayer. To God, man is too slow in opening to His influence. But to the (Supramental) Truth-Consciousness, everything is going as it should!

(Mother, from Agenda, July 22,1967)

Untitled

Calm and steady nerves and a quiet and peaceful inside are something that the Mother very much appreciates.

(N. Asokan, MSS)

Untitled

In Supramental consciousness, Harmony at all levels is established; with everyone, with everything, with Divine.

Untitled

The (Supramental) Truth Consciousness brings the right results with the right knowledge at the right time.

Untitled

Supramental Force Emerging On Earth - Chronology

1950s - Descent of Supramental power on earth

1960s - Hippias are first major social movement expressing supermind on earth

1970s - Birth of the New Age spiritual movement

1980s - Personal computer revolution takes hold. End of Cold War.

1990s - Birth of the Internet

2000s - Environmental movement spreads around the world

2010s - Smartphone revolution takes place. Globalism spreads around the world

2020s - New global culture and society begins to take shape

... and perhaps-

? - Global Governance

? - Human Unity

? - Supramental Transformation

? - Divine Life on Earth

Supramental (Truth) Consciousness

Supramental is Truth Consciousness, where we know the absolute, multi-dimensional truth regarding any matter, whereas mind knows a few paltry facts.

Supermind has the Will to make real any idea, and does so through its supramental action/force. Normally we have limited will to see through an idea or understanding.

Supramental Truth Consciousness is three things; (1) an ultimate plane of awareness and action. (2) A force we can open to enable ultimate possibility. (3) the plane at which Creation, the universe came about to fulfill the Divine intent.

Supramental Truth Consciousness is the plane we invoke through Consecration and Surrender.

Mother is the deployer of Supramental Action and Force.

Human equivalent of supramental Truth is honesty, integrity, truthfulness, forthrightness, transparency, etc.

(Roy Posner)

Untitled

Consecration of an act evokes the supramental TRUTH Consciousness, which is why that act turns out for the very best.

Comment: Supramental (Truth) Consciousness is a plane of existence that enabled a universe of forms to take shape, weaving out a universe in space and time. That same power and Force is available to us through our consecrated efforts, enabling us to become ultimate creators as well.

Untitled

We are shifting from identity with one's nation, to identity with the whole of humanity, to, among a critical few, identity with the Supramental.

Comment: The Supramental is the Consciousness and Force of the Mother, which we can open to.

Reader: Please share more on how we can be more open to, available for supramental being to use us.

Response: through constant consecration of acts, events, circumstance in your life. Before doing anything important Remember Mother, which will quickly evoke positive conditions.

Untitled

In Supramental consciousness we perceive our & others' perspectives on a matter simultaneously, giving great capacity to achieve.

Mother's Attainment Of Supermind Consciousness

One of the greatest experiences of Mother was when She attained the Superman Consciousness on January 1, 1969. Here are some scattered comments on the attainment.

"I don't know what it is. I don't know what it is, but it's a kind of benevolence; so it was something very close to the human. And so concrete! "

"It was something very material, I mean it was very external – very outward – and luminous, with a golden light. It was very strong, powerful. But its character was a smiling benevolence, a peaceful joy, and a sort of blossoming in the joy and the light."

"It has come like a "mentor" – and PRACTICAL, wholly practical: "This is to be rejected; this is to be accepted; this is to be generalized; this for all inner movements. And it even becomes very material, in the sense that with certain vibrations, it says, "This is to be encouraged"; with others, "This is to be channeled"; with yet others, "This is to be got rid of" Small indications of that sort."

"it limits itself to a certain way of being so as to accomplish His action. And that's something I had asked for a lot: "May I be guided every minute," because it saves a huge amount of time, of course, instead of having to study, to observe, to ... one knows. Well, now I realize it has happened like that."

"I told you how I was surrounded [by a rampart] Oh, but this consciousness is very interesting! It gives me lessons all the time, it's very interesting!"

"It's going on in every detail. I can't tell everything.

And it doesn't just concern itself with individuals: it also concerns itself with events all over the world. I see that clearly because it intervenes in the action of this or that nation, I see that mostly at night.

It's very active."

Comment: (additional from Agenda)

"But that state, which lasted for several hours ... never had this body, in the ninety-one years it's been on earth, felt such happiness: freedom, absolute power, and no limits (gesture here and there and everywhere), no limits, no impossibilities, nothing. It was ... all other bodies were itself. There was no difference, it was only a play of the consciousness ... (gesture like a great Rhythm) moving about."

Supramental Power

Instantaneously Overcoming Any Life Limitation

There is a radical shortcut to overcoming the limits of time, the distance of space, the long-term problems of life, and all sorrow and grief. It is the power of the Force that when evoked instantaneously overcomes these limits. It is the miracle of tomorrow available today. It is Sudden Good Fortune through the Supramental Power that awaits our call in any given moment of our day.

Untitled

Sri Aurobindo, Mother, and Karmayogi ask devotees to give up Gods and Temples. They ask us instead to progressively, sincerely evolve our nature and open to the Supramental Power: Her Force.

Untitled

Put your faith in the Supramental Power, in Mother, and less in doctors and pills and all.

Supramental Resolution Creates Something Beyond Merely Merging of the Two Opposites

... this [supramental] Consciousness, where the two contraries, the two opposites are united, the nature of both changes. They don't remain as they are. It's not that they unite and remain the same: the nature of both changes. And that's quite important. Their nature, their action, their vibration are completely different the minute they unite. (Mother, from Agenda, January 21, 1970)

New Human Orientation and Functioning

The New Functioning in life is a total moment-to-moment reliance on the Supramental power, Mother's Consciousness; no longer depending on the mind, one's feelings, desires, intentions, et al. It is a totally new formation of the human being; a radical Reorientation and dependence, experienced at every moment.

Eg a device is not working properly and you have to remove it. However it is tangled up in a mesh of wires. In ordinary life you struggle to you find the right wire to remove. On the other hand by simply opening to Mother, the supramental power you instantly see the wire you are looking for and then easily remove it.

Or your computer does not start up correctly, which causes one's mind to be engaged in a myriad of ways to try to solve the problem. Instead you out your hand on the computer and call in Her Force, and this time the system starts up perfectly. Countless hours of struggle have been avoided.

In every aspect of your moment-to-moment life, you rely on Her. No mental interference, no anguish or pain, just a never-ending evocation of right conditions.

Untitled

Sri Aurobindo says that Supermind has descended here on earth, is everywhere, is in everything, and is determining all things at every moment.

Accelerating Actions of the Supramental Power

Q: With all the problems around us, who is aware of the Supramental power that Sri Aurobindo brought down to earth?

A: In South India and among isolated people around the world there is a rapidly growing awareness. But increasingly there is also a semiconscious or subconscious feeling that something is afoot, is awakening and being born in the world, despite all of the problems. (The problems may in fact even be accelerating that higher consciousness.)

Personally I feel the atmosphere increasingly densifying with that supramental power and action. Startling things were always there when opening to Mother and Her supramental power, but now that is rapidly increasing; miracles are becoming VERY common for those open to that Consciousness. Constant Consecration (opening to Mother) has become the great means of evoking the continuously Miraculous.

Untitled

...in the body, whatever has trouble adjusting to this new Power creates difficulties, disorders and illnesses. Yet in a flash you sense that if you were totally receptive, you would become formidable.

(The Mother, from Agenda, May 6, 1972)

Comment: This too has been my experience.

Untitled

HE who explained the nature of Reality. The Divine Source of things. The process of creation from spirit to matter. The purpose of life and where we are headed. HE who revealed and brought down the transformative Supramental power into the earth's atmosphere. Who envisioned the next stages of human existence, culminating in a Divine Life on Earth.

Why does Mother, the Force set right life conditions when evoked? It is because it is the Supramental power, the Truth Consciousness, which knows what the perfection of the current conditions can and should be, and has the power to make it so.

Untitled

The Supramental Force looks into the future, and thereby determines its actions in the present.

Untitled

When opening to Mother (supramental force), seemingly unusual situations will develop in response to one's life challenge. Though the mind will not readily perceive the rationale in the present, in hind-site it will.

Gods Don't Really Matter Now, but We Do in Tandem with Supramental Power to Drive Evolution Forward

Mother says in Agenda that at this time and point in the evolution the Gods don't really matter. They don't matter because they don't know how to bring their divinity, the Divine down here on earth, to uplift. They lack that knowledge and power.

Yet we have it in full, at least in potential. And so we matter completely. And it is because Sri Aurobindo and the Mother gives us ,puts at our disposal so much of this knowledge and power, - provides the direction and means to bring about the divine existence on earth, the Supramental knowledge and path; not to mention that they have brought down the Supermind onto earth - that we are key to the further progress of life on earth..

Thus praying to and calling in the Gods, - who exist at the lesser overmental level, - is not going to bring Supermind down; is not going to help bring about a Divine Life on Earth.

Untitled

We are content to perform our tasks in the ordinary way, which leads to ordinary results; instead of offering the act to Mother, to the Supramental power, which evokes the Miraculous.

Overmental to Supramental Change

Sri Krishna is God/Divine incarnate at the Overmental level. It is Universal consciousness; to know all things at once, but not quite the ultimate plane of being. Eg gods there are divine-like, but are not in integral harmony with one another.

Sri Aurobindo went further and brought down in the earth's atmosphere and into his own being the Supramental plane, beyond the universal. Supermind is ultimate consciousness, with each aspect of being integrated with every other. Thus, Supramental is called the Truth or Unity Consciousness.

By opening to Supermind and its Force, to the Mother's Power, the Divine Consciousness descends into our being and life, bringing peace, truth, unity, knowledge, beauty, love, and joy into every aspect of our lives.

Its fulfillment on earth is made possible by those willing and able to partake in the integral yoga and transformation. It culminates in the unfolding of a Divine Life on Earth.

Advent of the Supramental

As to whether the Divine seriously means something to happen, I believe it is intended. I know with absolute certitude that the Supramental is a truth and its advent is in the very nature of things inevitable. The question is as to the when and the how. That also is decided and predestined from somewhere above; but it is here being fought out amid a rather grim clash of conflicting forces. For in the terrestrial world the predetermined result is hidden and what we see is a whirl of possibilities and forces attempting to achieve something with the destiny of it all concealed from human eyes. This is, however, certain that a number of souls have been sent to see that it shall be now. That is the situation. My faith and will are for the now. I am speaking of course on the level of the human intelligence – mystically-rationally, as one might put it. To say more would

be going beyond that line. You don't want me to start prophesying, I suppose? As a rationalist, you can't.

(Sri Aurobindo, December 28, 1934)

Untitled

The Force produces greater results when we are calm, patient, positive, and have faith.

Untitled

The Force that descended in 1956 is available to those who want to invoke the Spirit. That Spirit expressed in life releases the infinite from the finite which will usher us into Spiritual Opulence. (Sri Karmayogi)

Untitled

As the Supramental Power descends from above, It awakens the buried, involved Conscious-force in the world, in humanity, in the individual, precipitating their further growth, development, evolution, transformation.

Untitled

Sri Aurobindo saw that the supramental Force would have enough influence on the various governments of the earth, of the nations, to permit hope for a harmony. (The Mother, from Agenda, May 6, 1967)

Knowing the Force by Intensely Experiencing It

The overwhelming majority of Eastern and Western spiritual teachers did/do not get the life response power of the Force, of the Shakti, that one opens to; that evolves all things; that opens the door to divine life; including the phenomenon of instantaneous miraculousness.

This power, plane of consciousness that we call "supramental" is only understood when it is experienced in full. Not just through the occasional synchronicity; but through a series of frequent, intense, infinitely creative and dynamic, overwhelming personal experiences.

29 February 1956

The most important day in the history of the world.

It is when the Supramental Consciousness descended onto the earth.

Anniversary Of The Supramental Manifestation

February 29, 1956 is the anniversary date of perhaps the most important moment in the history of the world; when the Supramental Force that Sri Aurobindo discovered descended onto the earth.

On this day Mother envisioned a golden hammer breaking through a golden door allowing the supramental light, power, force to descend on earth. The earth then absorbed all of that Force

It is the reason why every time we consecrate an act, open to Mother, the Force, now more readily available, moves to create startling outcomes in our lives.

As she said after this Great Event:

'Lord, Thou hast willed and I execute:

A new light breaks upon the earth,

A new world is born.

The things that were promised are fulfilled'. (the Mother)

The Supramental Descent On February 29, 1956

"This evening the Divine Presence, concrete and material, was there present amongst you. I had a form of living gold, bigger than the universe, and I was facing a huge and massive golden door which separated the world from the Divine. As I looked at the door, I knew and willed, in a single movement of consciousness, that "the time has come," and lifting with both hand a mighty golden hammer I struck one blow, one single blow on the door and the door was shattered to pieces. Then the supramental Light and Force and Consciousness rushed down upon earth in an uninterrupted flow." (The Mother, 29 February 1956)

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"The manifestation of the Supramental upon earth is no more a promise but a living fact, a reality. It is at work here, and one day will come when the most blind, the most unconscious, even the most unwilling shall be obliged to recognize it." (The Mother, 24 April 1956)

Mother And The Supramental Force

Question (RP): Is Mother the same as Supramental Force?

Answer (GJ paraphrased): Mother has realized, is one with the Supreme, i.e. all levels from unmanifest and manifest and their integration.

Above there is SatChitAnanda – existence, conscious-force, delight.

In Supermind Sat-chit-and Ananda – existence, conscious-force, delight - are one.

Supermind is the Nature, the expressive, creative force of Satchitananda. It enables the creation to come about.

Supermind is the Knowledge and Will, the expressive power fused. Through that power creation comes about.

Where then is Mother in this scheme?

we say that Her origins are in the Conscious Force (Chit) of Sat-Chit-Ananda,

How does this Force, the Shakti of Chit relate to the Force of Supermind; and also to Mother?

We need to study all They (Sri Aurobindo, Mother, Karmayogi) have said to begin to truly understand the matter of Mother's relationship to the Supramental Force; whether (eg) they are the same, or different, or related, etc.

(RP) We will take up this challenge by gathering thoughts on the nature of (eg) Shakti from our various original sources to help understand relationship between the Mother and the Supramental Force.

Untitled

With the Internet we find any info we choose. With the Force, exact needed truths are instantly known, plus quickly manifest as real in life.

Comment: The Force is Mother, the supramental power. It is Integral Knowledge and Will fused together.

Hence through the Force we experience not only the necessary mental truths, knowledge of that moment without thought, eg why life is responding the way it is; but there is a Will for that thing to become real in the world; eg the response of a highly unexpected \$10K payment suddenly is deposited in your account..

By opening to the Force we experience both the necessary Integral Knowledge without thought and Will Manifestation of tangible, physical results coming to us together.

Untitled

Spirituality, the Divine, Mother, the (supramental) Force has the power to overcome the environmental & covid19 crisis.

Supramental Entrepreneurialism

"Don't worry about your future. Instead create your own future."

Eg so many of us still hope for a job working for a company. But why not create your own business or similar endeavor? Now you have the opportunity to elevate yourself to the highest heights - both success-wise and consciousness-wise They will be integrally related, especially if one knows and practices Higher Consciousness/Mother's principles that is available to the devotee; not to anyone else. It is Supramental Entrepreneurialism; with access to Its Force. Its time has come!

Untitled

The Supramental Force increasingly saturating the world stirred up the virus representing the world's resistance.

Untitled

In Supramental time, i.e. through Mother, what normally happens in a lifetime can happen in a moment, i.e. instantaneously.

Visa Response At Universal Plane

Opening to Mother to a personal issue can open the doors for the collective. Here's the experience of S.

"I have one experience regarding this:

it happened around 2015. I am on a dependent visa in the US and dependents are not allowed to work.

When I prayed to Mother (actually I did not even pray to Mother, I just used to feel regret in my heart in front of Mother's picture), they passed a new law that all spouses on dependent visa will become eligible to go to work."

Mother enables a personal issue get resolved at the collective level. Her supramental Force can evoke solutions at the universal plane

Supramental Perception

New Mental Orientation When Stationed in Psychic

In the Evolution we shift from mind to the psychic being within, behind the heart. As a result, mind moves from mental churning to its spirit equivalent; where we have regular experiences of intuition, illumination, and then universal and supramental perception (truth consciousness).

Untitled

See the truths within the Truth, but also the truths buried within the Falsehood. It is another shading of supramental perception.

Supramental Perception of Subtle Signs

Subtle signs are constantly presenting themselves, indicating what we should be aware of, what we should or shouldn't be doing, and so forth.

Unfortunately, 95% of the subtle signs are missed by the average person. Even the considerably conscious person perceives only a very few in the course of the day.

As you develop your inner self, and see the correspondence between things, that percent rapidly rises. The Supramentalized individual is one who is in total harmony with his environment, and thus perceives these subtle and not so subtle indicators all the time. As a result, all his reactions are in the right direction. From within he is able to become master of the outer life.

Supramentalized Knowledge/Skill of a Subject/Capacity

As knowledge in the world expanded exponentially there was a movement to create categorizations of topics. Same with skills and the need for specialization. The world we see around us is like that.

However, now Knowledge and skill specialization has become so compartmentalized and isolated from the integral truth of that subject or work that it misses its true potential. As a result, now there is a vast need for cross-pollination of disciples of knowledge and skill. That way the individual gets a holistic view of things. Eg the sociologist needs certain economics and psychology knowledge. The same for every other knowledge or skill.

And when he garners the cross-pollinated integral whole, details, and essence of a subject or skill, he gains the supramental view of thing, as well as an enormous capacity to bring about startling developments in any field. Also, life responds dramatically in the positive to that integral, cross-pollinated supramentalization.

This then becomes an ultimate challenge for education; to develop students with such extraordinary abilities.

Untitled

Mind as we know it no longer exists in the experience of Supramental Perception. A new formation, instrument of cognition is enabled. Sri Aurobindo called it Supermind.

Untitled

Supramental is non-stop synchronicity and Life Response.

Untitled

True Intelligence lies far beyond brain-power. It is expressed through inner, Supramental Wisdom.

Untitled

From a Supramental perspective if it's gleaned, intuitivized to happen in the future, then it's just a matter of time before it happens in the present.

Untitled

Mother's knowledge; i.e. the supramental understanding of Reality is greater than 100 PhDs.

Surface vs Depths

Missing Startling Synchronicities

Life Response and its dozens of forms of synchronicity happen to us many times every day, however we miss THEM, because we are locked into our normal dense human consciousness, which does not perceive such subtleties, unless the event is very dramatic. And even then, 95% will be missed. That is why a new human species with

supramental perception and consciousness will come one day, with this vast life response capacity to continually perceive and evoke the miraculous.

Untitled

Virtually all of our daily lives involve what we might call "Surface Living." Rarely in the course of our day we go within, into the Depths of our consciousness. Thus we receive as response a bare minimum of positive results, instead of the infinity that lurks behind all things.

Untitled

We are dominated by our Surface Consciousness which takes to wrong habits, attitudes, beliefs, behaviors. Stationed deeper we avoid them all.

Reader: And of course the work is to GET to that deeper level.

Response: Yes. Regular Consecration, practicing inner Silence and Silent Will, and taking the other person's point of view really help establish a deeper consciousness. Just reminding yourself to go deeper throughout the day helps as well.

You could also put it this way. Consecration et al creates Deeper consciousness (aka Concentration), and Concentration (deeper poise) creates more likelihood you will Consecrate circumstance. Thus it works both ways; and continues to deepen within; and open above to the Divine, Mother over time.

Surrender

Untitled

Mother acting through us for the sake of all around us and beyond is the highest relation we can have with Her.

Untitled

We are not here so Mother can fulfill our aspirations, but so we can fulfill Her's. (And as a result She will give us that which is beyond our wildest imagination.)

Collaborating with Will of Divine Mother

The Divine Mother wants to manifest Infinity in Life; manifest the Supreme on earth and in each of us. And we are here as Her representatives to manifest Her Will in Life; to be the instruments that help create a Divine life on earth.

Untitled

To the degree we focus ourselves on the demands and influences of the society, we are controlled by the society. To the degree we give ourselves to Mother, we gain full control over life.

-When we surrender to the society, we surrender to Life. When we surrender to Mother we gain the power OVER life.

Untitled

Increasingly the only meaning and purpose of my life is to surrender to Her Force, Power, and Will.

Untitled

Hourly consecration is a movement that signifies the beginning of surrender. (Karmayogi)

Untitled

Surrender takes place when our psychic being gives itself fully to the Divine; to Mother.

Right Poise for Dealing with Intensifying Modern Problems

Everyone is increasingly under so much strife and pressure, and yet the old ways of dealing with life are no longer sufficient. The only answer lies by going deeper within, or surrendering to the Higher force above. That way life continually self-corrects in your favor.

Our skill or capacity lies within deeper. What skill one gains by practice can be brought by going within to the domain where the capacity is. That is Divine Power. (Nedumaran Ramakrishnan)

Untitled

As Sadhak (beyond devotee) one is closing in on Surrender; letting the Divine, the Mother, the Force work through one. Karmayogi says there is nothing to do in this state except wait for the Divine Signal, and then act accordingly.

Untitled

In the Sunlit Path we offer everything (problems opportunities, activities, our very lives) to Mother as life unfolds. It's simple really. But it requires real Faith. I.e. transferring our hopes, wants, expectations to Faith in what She will bring.

Untitled

The best remedy (I mean the easiest) for me, is: what You will – what You will, in all sincerity. In all sincerity. And then – then understanding comes. Then you understand. But you don't understand mentally, not here (Mother touches her head).

(The Mother, from Agenda, April 12, 1972)

Untitled

Whenever possible shift from running thoughts & feelings to Surrender to the Force, to Mother. Good things will surely follow.

Untitled

Spiritual Surrender is substituting Divine Nature for one's personal nature. Startling inner and outer results follow.

Untitled

To practice Surrender to the Divine, Mother in integral yoga, your entire nature should disappear, waiting upon That to determine how to act.

Comment: A total surrender, an exclusive self-opening to the divine influence, a constant and integral choice of the Truth and rejection of the falsehood, these are the only conditions made. But these must be fulfilled entirely, without reserve, without any evasion or presence, simply and sincerely down to the most physical consciousness and its workings. (Sri Aurobindo)

Untitled

In Sri Aurobindo's Integral Yoga there is only one method, - Surrendering to the Divine Force, Mother. Thereafter IT shows the Way.

Letting Go Vs Surrender

K: what is the difference between "Letting Go" and Surrender?

RP: I can answer in terms of how we (devotees) use these expressions.

"Letting go" is usually associated with the act of consecrating something and then leaving the result up to the Divine, what It wants - hence thinking and feeling after the consecrated moment "Thy Will Be Done".

Surrender is to give one's very life and existence to the Divine, to Mother, to the Force. That alone is your purpose, always and forever. Then it is a matter of seeing what comes (from the Higher Power through life) and acting from there. It's actually the central means of following Sri Aurobindo's "Integral Yoga". (which is admittedly only for a few)

Untitled

To surrender to Life now is unpredictability. To surrender to the Divine, to Mother now is Certainty.

Untitled

We call to Mother only when it is important, not as an essential ongoing part of our life. It is the difference between being a Devotee and a Sadhak.

Reader: Roy Posner, please explain some more. Thank you

Response: A sadhak is one who practices Integral Yoga, ie Surrenders to Mother in all aspects of one's being and life, all the time.

Untitled

[Similarity To Our Times]

We must rise above it, and then ... (gesture of looking from above).

What I said is the Truth, and the ONLY remedy:

to exist only for the Divine

to exist only by the Divine

to exist only to serve the Divine

to exist only ... by becoming divine.

(Mother, from Agenda, June 9, 1971)

Untitled

These are times to fully embrace Mother. All else, though important in the greater scheme of things, is secondary.

Untitled

The Integral Yoga is actually quite simple. It is complete Surrender to the Mother.

Comment: --i.e. Surrender is to make one's very purpose in life be Her. The focus of every aspect of our daily lives be Her.

--In its more complex form, Sri Aurobindo's Integral Yoga can be understood from several perspectives:

1. The Integral Yoga is the integral transformation of the mental, vital, and physical planes of our being, more or less in that order.
2. The Integral Yoga is the Psychic, Spiritual, and Supramental Transformations happening more or less in sequence. (This based on what Sri Aurobindo explains in three latter chapters of 'The Life Divine')
3. Karmayogi embraces the above perspectives, and adds that the Integral Yoga is essentially to Surrender all aspects of our being to the Divine Mother, and then to do whatever the descending Grace dictates, - what aspects of our nature should change, what actions to take (and what not to take) -- which in essence fulfills the two perspectives above - i.e. (1) and (2).

Self Immolation Vs Surrender

Self immolation in a broader sense refers to the giving up of aspects of one's being, whether possessions or other physical things, or ideas or ideals we believe, or other aspects of our nature and being for the sake of a cause. It is a kind of negation of who we are, as a path.

This in contrast with Spiritual Surrender, which is not so much giving things up as giving one's self to the Divine in order to be transformed. It is the central method and ideal behind Sri Aurobindo's integral yoga.

Synchronicity

Untitled

If you look around you will see that Life is constantly throwing up synchronous circumstance, which are nothing less than minor (and sometime major) miracles.

Untitled

Synchronicities rapidly accelerating in one's life is indicator of oncoming Supramental existence.

Missing Startling Synchronicities

Life Response and its dozens of forms of synchronicity happen to us many times every day, however we miss THEM, because we are locked into our normal dense human consciousness, which does not perceive such subtleties, unless the event is very dramatic. And even then, 95% will be missed. That is why a new human species with supramental perception and consciousness will come one day, with this vast life response capacity to continually perceive and evoke the miraculous.

Untitled

Life is inextricably One, as it was/is One at the Source.

Synchronicity reveals that Oneness in spades to an evolving consciousness.

Untitled

Sudden interest in a matter for no particular reason indicates that information is passing through the cosmic ether, passed on by others earlier or just now or in future, and one has caught onto it. This is one explanation of Synchronicity experience.

Comment: Information is like invisible radio waves of many different frequencies; corresponding to different knowledges. Our brain is like the receiver that tunes into a particular frequency of information.

Simultaneous Events

"...Simultaneous events are always related causally or correlated by some common underlying principle or element. Events that happen at the same time are related, even when they occur to different people or on different sides of the planet. There are no exceptions!..."

(From 'The Book' by Garry Jacobs, Page 109)

Untitled

Synchronicities accelerating is an indicator of emerging supramental (truth) consciousness.

Nature accomplishes through a process of turning contraries into complementaries. It does so slowly and painfully. Supermind, Mother's Consciousness does the same, but quickly, even instantly, without any difficulty; and without any residual negativity for the next round.

Untitled

Synchronicity reveals that Oneness in spades to an evolving consciousness.

Indians' Supramental Synchronicity

I have noticed an astonishing phenomenon that has occurred in my daily life over the years. Whenever I consider a life response I have recently experienced, suddenly from out of nowhere Indians appear on the scene! Where none were there before. And it is even more astonishing when considering that there are very few Indians in my community.

Indians are surely very open to and in the flow of some form of Supramental synchronicity!

Parallel Events are Related in Consciousness

Eg there is a new opportunity at the end of a training course for an instructor. At the same time there is a similar opportunity that suddenly arises for an institution the instructor is related to that he had nothing to do with bringing about. And yet these two parallel events are related to him; specifically to his higher intensity efforts in his training. He could now benefit from both these unexpected positive outcomes.

Time and the Logic of the Infinite In 'Two Popes'

In the logic of the finite, i.e. human logic, time progresses linearly from past to present to future. In the Logic of the Infinite, time can be perceived moving in any and all directions.

In the marvelous film 'Two Popes' based on true events, Pope Benedict writes the Argentinian bishop to come visit him in Rome about an urgent matter, when it is discovered that the Argentinian bishop had sent a letter several days before asking to meet Pope Benedict in Rome related to a wholly different matter. (Keep in mind that they had been out of touch for months or years when this happened.)

After discussing it both could see "God's hand in it", which is surely true, though we call it "synchronicity" or "life response." They both knew that it was no coincidence.

As it turned out this synchronous occurrence and their meeting presaged their collaboration on a monumental change in their leadership positions of the Church. The strange movement of time in a kind of twisting reverse indicated great events to come; namely the ascension of Francis to the position of Pope.

Untitled

Knowing that a Synchronicity, a Life Response is about to happen is an increasing experience.

Comment: KNOWING LIFE IS GOING TO RESPOND

Eg over the last decade or so I frequently look at my clock and it reads 1:11 or 11:11. And it always happens at auspicious moments or when something positive is going on. It is stunning how this has happened in my life many dozens of times; perhaps a few hundred. Very recently 2:22 and 3:33 is occurring a lot; also at significant moments.

This morning I work up from sleep, let still, wondered what time it was, and thought that one of the auspicious numbers would come up if I were to look at the clock. And so I turned to my right to see the clock and to my amazement it was at 4:44! It was too much!

However what was also significant to me was that I knew life was about to respond, and it did. And with another of those auspicious numbers!

Predictive capacity is one of many yogic achievements, powers, capacities, siddhis.

Reader: Roy, that's an interesting observation. I have also been seeing those repeating numbers a lot. I haven't yet seen anything happen yet, but it's something I've seen a lot over these last few months.

Response: They are like guide posts, telling you that you are going in the right direction and to keep going. Also they are indicators that you are in the universal flow of things; that your conscious or subconscious being is open to the wider spheres of divinity and guidance.

Untitled

Please remove the word "coincidence" from your vocabulary. The phenomenon is synchronicity, or better yet "Life Response".

Taking Another's Viewpoint

Untitled

Taking the other person's viewpoint is the supramental view, as it opens one's consciousness to all sides, which is the way Supermind perceives existence.

Untitled

Make the effort to understand what others are saying when not understood, and you will be rewarded by new shadings of the truth.

Untitled

The spiritual person does not Insist. He eases up on things and lets go. As a result, the other party tends to come around to one's original position on their own. It is the power of Silent Will, that attracts.

Untitled

Even if the other party is 99% wrong, taking their point of view will open the portals of Truth for both sides.

Untitled

Comment: Eg in a meeting between conflictive opposite sides, one small gesture of conceding a point or other small forms of reconciliation can open the doors to vast harmonic change.

Stages Of Taking Another Person's Point Of View

One of the tools for Harmony in life is the spiritual method of "taking another man's point of view"

According to Karmayogi to know the other man's point of view is to know the world as a Marvel for each one of them. It shows how united our will is with our knowledge, so that "Thy Will" be done.

The stages of evolving when you take another person's point of view are:

1. What used to bother me indirectly is not bothering me anymore.
2. Opinions that irritated me beyond measure, is now able to consider.
3. Attitudes that irritated me before is now able to consider.
4. Sensitivities that used to bother me before now no longer bother.
5. I am able to see the other man's point of view in the opinion that hurt me earlier.
6. I am able to see the other man's point of view in the sensitive areas that hurt me earlier.
7. At the present level of life, I am able to bring people of opposite opinions together.
8. At the present level of life, I am able to bring people of opposite attitudes and sensitivities together.
9. We both are same.
10. We are one divine with two aspects.

(Ramesh Kumar)

Untitled

I prayed to include the opposition, and they turned around and supported my view.

Comment: Consecrating opposition's beliefs attracts harmonic outcomes. Eg rather than be disturbed by another's belief, you consecrate it (including prayer approach), and the opposition suddenly embraces, and thereby becomes harmonic with your view.

Garnering, embracing the inputs of the opposition is a movement toward the whole (of the needed knowledge for this occasion), of which an ultimate outcome can be supramental (which is knowing all sides of the matter, perceiving them integrated with one another, all within the context of perceiving the Whole).

Ordinary mind perceives but a drop in this integral rainstorm of knowledge for that occasion.

Consecration is one way to make that happen in a given instance.

However, for the Integral (supramental) Knowledge to be ONGOING, an individual needs to go through a process of transformation. That takes place in stages. Sri Aurobindo lists them as the Psychic (being), the Spiritual and the Supramental Transformation. (This is the outcome of practicing the Integral Yoga or similar.)

In the meantime consecrating others inputs, wanted or not, taking the other person's point of view, and the like, can attract more of the integral understanding of any situation. This is far beyond what the ordinary mind can perceive in a given circumstance. (Roy Posner)

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Untitled

"Taking other person's point of view" really means taking Everyone's points of view; ultimately the Divine's point of view.

Comment: In other words, NOT the Ego's single, separative point of view.

The Force

Instantaneously Overcoming Any Life Limitation

There is a radical shortcut to overcoming the limits of time, the distance of space, the long-term problems of life, and all sorrow and grief. It is the power of the Force that when evoked instantaneously overcomes these limits. It the miracle of tomorrow available today. It is Sudden Good Fortune through the Supramental Power that awaits our call in any given moment of our day.

Untitled

Mother acting through us for the sake of all around us and beyond is the highest relation we can have with Her.

Untitled

Mother's Force is especially effective in solving our problem when it is accompanied by utter stillness on our part.

Untitled

Only the Mother and Her Force can save the world; though we can collaborate fully.

Reader: Indeed Sir! We can only play a perfect Instrument.

My or Everyone Job is to aspire to let myself or ourself make empty

So, thy will be done not my will or our will.

Response: Yes, sincere, deep Aspiration will attract Her Will to us.

Untitled

... this Power, this Might, which is NOT MATERIAL, is becoming more concretely effective on earth than earthly material things.

(The Mother, from Agenda, May 6, 1972)

Untitled

Mother communicated often with Sri Aurobindo after His passing, who was/is fully engaged in activities. Similarly, we are increasingly communicate with Mother, whose Force has greatly intensified since She left the material plane.

Untitled

A divine force shall flow through tissue and cell
And take the charge of breath and speech and act
And all the thoughts shall be a glow of suns
And every feeling a celestial thrill.
Often a lustrous inner dawn shall come
Lighting the chambers of the slumbering mind;
A sudden bliss shall run through every limb

And Nature with a mightier Presence fill.
Thus shall the earth open to divinity
And common natures feel the wide uplift,
Illumine common acts with the Spirit's ray
And meet the deity in common things.
Nature shall live to manifest secret God,
The Spirit shall take up the human play,
This earthly life become the life divine.
(Sri Aurobindo, from Savitri)

Untitled

The Supreme Conscious-Force aspiring to come out, to reemerge in the unfolding of creation is the compelling cause of the Evolution.

Untitled

Mother's supramental Force is the ultimate solution to humanity's problems.

Untitled

The more you open to the Force, to Mother, the more your face will shine and the more you will look years younger.

The Mother

Untitled

When you are in Mother's consciousness, something or someone you have identified as significant, of great potential, that is now very obscure, unknown, soon rises from out of nowhere into great utility, success, renown, and fame.

Untitled

We are not here so Mother can fulfill our aspirations, but so we can fulfill Her's.
(And as a result She will give us that which is beyond our wildest imagination.)

Mother's Unexpected, Unprecedented Solutions

There are times when if you offer a problem to Mother, She will not give you the solution you are after, but subtly points to an even better, unprecedented resolution. If you recognize and take it up, it will amaze, build up your Faith to a higher level, plus give a wonderful solution and opportunity that you can use well into the future.

New Human Orientation and Functioning

The New Functioning in life is a total moment-to-moment reliance on the Supramental power, Mother's Consciousness; no longer depending on the mind, one's feelings, desires, intentions, et al. It is a totally new formation of the human being; a radical Reorientation and dependence, experienced at every moment.

Eg a device is not working properly and you have to remove it. However it is tangled up in a mesh of wires. In ordinary life you struggle to you find the right wire to remove. On the other hand by simply opening to Mother, the supramental power you instantly see the wire you are looking for and then easily remove it.

Or your computer does not start up correctly, which causes one's mind to be engaged in a myriad of ways to try to solve the problem. Instead you out your hand on the computer and call in Her Force, and this time the system starts up perfectly. Countless hours of struggle have been avoided.

In every aspect of your moment-to-moment life, you rely on Her. No mental interference, no anguish or pain, just a never-ending evocation of right conditions.

Untitled

Beyond adoring Mother is making the inner and outer effort to become like Her.

Untitled

Mother's Force is especially effective in solving our problem when it is accompanied by utter stillness on our part.

Untitled

Sole reliance on Mother is Astonishing Life.

Untitled

Only the Mother and Her Force can save the world; though we can collaborate fully.

Reader: Indeed Sir! We can only play a perfect Instrument.

My or Everyone Job is to aspire to let myself or ourself make empty

So, thy will be done not my will or our will.

Response: Yes, sincere, deep Aspiration will attract Her Will to us.

Untitled

Often we get overwhelmed by life. This is an indicator and opportunity to densify our relationship with the Divine; by remembering Mother (consecrating) more often - i.e. in the small details of our daily lives.

Untitled

In the Sunlit Path we offer everything (problems opportunities, activities, our very lives) to Mother as life unfolds. It's simple really. But it requires real Faith. I.e. transferring our hopes, wants, expectations to Faith in what She will bring.

Untitled

Mother communicated often with Sri Aurobindo after His passing, who was/is fully engaged in activities. Similarly, we are increasingly communicate with Mother, whose Force has greatly intensified since She left the material plane.

Untitled

Sri Aurobindo worked to organize and densify the Supramental power for the earth before and after He left in 1950. Then in 1956, Mother, in a vision, wielded a golden hammer that set loose the Supermind to pour down on the earth, fulfilling Sri Aurobindo's cosmic efforts. That power is now available to each of us to Transform life.

Untitled

Mother could perceive the character of any person just by looking at a photo. Her consciousness is so wide and deep that She could perceive any and all vibrations in their proper proportion. We too can develop that cosmic relational capacity by building an inner life.

Untitled

We need Mother and Her Force to help us shift from survive to Thrive.

Untitled

We can struggle to bring justice and similar values to the world via existing institutions, through the slow, difficult methods and processes of Life/Nature. Or we can open to Mother's and let Her Super-Nature make it happen rapidly, in fresh unexpected ways, from seemingly out of nowhere.

Untitled

Mother said that when she didn't focus on and give attention to Her body, instead simply offering the matter to the Force, pains she had quickly disappeared. On the other hand, when she gave attention to Her body, pains would increase or reappear.

Untitled

The only real security in life is the divine, the Mother.

Untitled

Mother's power working through devotees' aspiration, creates miracles for one's self and Society.

Untitled

Mother indicated that her mind was normally clear, empty of thoughts (unless engaged in conversation; even then ...). This too is my aspiration.

Untitled

Westerners don't readily understand the teachings of Sri Aurobindo and the Mother, including most who think they do. Even Indians have trouble, as it is a major advance on the foundations of their spiritual Tradition.

Mother's Supramentality

When in the body Mother was a supramental person in most planes (vital, mental, spiritual, etc.), except the material (Her body), which She was trying to supramentalize through the transformation of Her cells by opening to the Force.

Untitled

Calling Mother will help solve all problems. The Mother within us calling Herself will solve the world's problems. (Karmayogi)

Untitled

Mother is Certainty. Not certainty of what you want, but what is Best.

Untitled

Sri Aurobindo and Mother are "just behind the curtain," in the subtle physical. The curtain and therefore we are transparent to them, but the curtain and they are opaque to us. If we rise in, deepen our consciousness, the boundaries will cease to exist; the subtle physical and the physical will become One.

Untitled

The Mother is continually giving devotees and other individuals certain intimations, intuitions of thought that when taken to the world dramatically change it for the better.

Untitled

We are in the physical. Sri Aurobindo and Mother are in the subtle physical. How can we collaborate with them? What do they want from us? What can we do to best serve their intentions? (Garry Jacobs)

Untitled

Is Mother here to serve us, or are we here to serve Mother?

Untitled

In the subtle physical, Sri Aurobindo and Mother are creating and building the suitable Environment to prepare mankind to receive the Divine Consciousness. (paraphrase of Vimalathithan Prophecy Begins)

Untitled

Mother is here to serve the Divine Will and we are served by understanding Her guidance, and act accordingly, thereby supporting both the Divine and Mothers work. (paraphrase of Devakanni Subramanian)

Untitled

I belong to no nation, no race and no religion but only to the Supreme. (the Mother)

Untitled

Mother acting through us for the sake of all around us and beyond is the highest relation we can have with Her.

Untitled

Sri Aurobindo and Mother's teachings are so different from the Indian tradition, that scholars of Indian spirituality misread it. It has a radical modernism and evolutionary perspective that they don't appreciate, let alone grasp.

Comment: The evolving Psychic Being and Supramental plane and consciousness are dramatically different concepts and realities than the Indian tradition.

Untitled

Without Mother my life would have meant very little. It has thus been a great privilege to know Her.

Mother's New Year's Message - 1935

"We surrender to Thee this evening all that is artificial and false, all that pretends and imitates. Let it disappear with the year that is at an end. May only what is perfectly true, sincere, straight and pure subsist in the year that is beginning."

Psychic Being Moments

Mother had past lives in the form of a variety of famous people, including Catherine the Great, Hatshupset of Egypt, and the woman in the Mona Lisa. But it was not memories of their entire lives she recalled, but rather "psychic moments," where she was connected to her psychic being in those lives, which she was able to experience in this one. That's how she crossed the boundaries and made the connection between them.

Untitled

She is the Force, the inevitable Word,
The magnet of our difficult ascent...
(Sri Aurobindo, from Savitri)

Untitled

With Mother and Her Force the impossible is made possible.

Mother; The Supramental Organization

-Spirit is an organization in the depths of our being that knows what our Soul is looking for.

-Organization is not the opposite of Spirit, but is the way Spirit is expressing in the world.

-Mother, aka the Supramental organization of Life is an organization that can respond at any moment to the highest aspiration, and change any rule and any law.

-Supermind is the plane; the Organization that evolved a universe of forms out of a Divine Reality.

-Mother, the Supramental is a power of creation. beyond the creation, acting in the creation, upholding the creation, gradually evolving the creation.

-It can change anything at any moment. And that's what we call Grace.

-Grace is an action from out of a Supramental Organization.

-Grace acts when we give an opening for it to move.

-We are members of the supramental organization of the universe.

-We are also part of a lower organization called "Life." It is something that is perpetual; that seems like we can never leave. We can't get out of it; we are subject to its rules and laws.

-We therefore want to shift from the organization that is Life to Mother, the Supramental Organization, where Grace, infinite Progress, and Transformation is never-ending.

(paraphrase of Garry Jacobs)

Untitled

Sri Aurobindo and Mother came to transform life on earth to usher in Divine Life. It is no wonder that their ideas are at variance with those who find the current life natural and normal, seek to maintain the status quo or worship past ideas and customs. (Garry Jacobs)

Future Protection Now

The Mother's grace is so powerful that it can anticipate a trouble that will come to her child in the future and arrange for the child's protection now itself. (Paraphrase of Karmayogi, by N.Asokan, MSS)

Untitled

Mother is in us to the degree we are identified with the Source, the One.

Untitled

Mother is not far away; She is right here. But we have to move out of our surface consciousness to perceive Her.

Comment: We don't have to go anywhere; we simply need to change our consciousness, give up our limitations to perceive Her everywhere.

Personal Vs. Impersonal Connection To Mother

We can have an Impersonal or Personal identification with the Mother. I.e. Mother as universal shakti (power) of the Supreme (Impersonal); or Mother "THY Will Be Done" - eg when I consecrate such and such problem to Her (Personal)

The Hour Of God, Sri Aurobindo, & The Mother

Sri Aurobindo ... reached the Absolute, and when He did so He felt it was the Hour of God for humans. In the absence of response from humanity, He came down [to earth] to remind humanity through His personal presence.

He went further, bringing Mother, in order to reach humanity on His terms. He made Mother alive in each movement, at each moment-presenting Her eagerly when humanity exercises choice in His favour.

Mother says that She does not represent a teaching or an idea but is a creative Force in action who has come on earth to expedite evolution.

In short - what Mother needs [from us] is evolution in personality that leads us to being Spiritual Individuals.

(Ramesh Kumar, slight change)

Getting In Touch With Sri Aurobindo & Mother

Mother and Sri Aurobindo are everywhere. They are right in front of us, they are deep inside us. Then how can we come in touch with them? If we stop thinking, stop feeling, if we suspend the outer nature, even for a moment, we move away from the surface and come closer to Them. (Garry Jacobs)

Mother Enters Into Her Vision

As narrated in Agenda, in August 1968 Mother not only had startling visions of great constructions, great cities arising in future, (which came to pass), but astonishingly revealed that She actually WENT to those places when She had the visions.

Untitled

Mother, the Force knows the arc of our Future; therefore in response to our consecrated efforts She gives Right Results in the Present relative to it.

Unintended Effects On The Collective Through Mother

It is often the case for followers of the Mother that while trying to solve their own problems or create some success, they end up quickly attracting a benefit that also goes to the collective; even the whole society. Thus, Her followers not only are not only capable of becoming true Individual beings, but collective ones as well; sometimes referred to as "Universal." Here are several examples of devotees that demonstrate this phenomenon:

1. "When I first came to the US I was on a dependent visa. I was very disappointed that I could not work here. However, very soon the laws changed and starting from May 26, 2015 all spouses on dependent visa were provided work authorization! For this I did not even voice a prayer to Mother."

2. An American friend of ours was very concerned that the fires burning out of control in Northern California for nearly a month could soon lead to the deaths of hundreds, maybe thousands, as the smoke in the air had turned dangerously toxic.

He then called intensely to Mother, hoping for some change.

The next morning when he awoke, he saw that the skies had completely cleared. He later learned that an unexpected weather system had swept through the area clearing out the smoke, potentially saving the lives of many scores of people.

In this case, the man not only evoked a response for himself, but for millions of others in the wider community.

3. "I was doing my full time PhD with a scholarship in Taiwan couple of years back and that money was just sufficient for my stay and studies there. It was in the third year of my research and in the November month of 2009, my entire amount in the post office account there was over by 25th afternoon and I was so reluctant to ask my in laws, relatives or my friends, some amount of money to run a week. I was also in a dilemma whether to raise some money by taking a loan from the department.

After two three hours of mental tensions, I switched over to the spiritual Force. My Prayer was intense and deep and ended in a meditation and subsequently to a sleep. I had a noodles packet, two eggs and a single packet of three in one tea in the night, my last available food stored.

Next day morning, I was moving to college, but some message was coming strongly inside to check my Post Office account there. I was surprised to see 45,000 NT\$ available in my account which is 60,000 Indian rupees. I alarmed "the Spiritual Force" and it was difficult to hide my tears from the public standing outside in the ATM counter, when I turned back after withdrawing some amount.

I went to the department and heard this thing: There was a meeting in the University headed by the President about a special payment to be made for students who had scored more than 75%, last week and the final decision and allocation of amount was done on 25th afternoon. My University is with more than 120 departments and more

than 40,000 students and I was so sure that, around 10,000 students of them had received this much of amount. That means the money allocated that day was few crores!!!!”

4. A tenant noticed that his living complex had become filthy and overgrown due to the inattention of the manager of the property. However, rather than confront him, he narrated the information to the owner, and even picked up a bit of the litter as a token gesture. Several days later, it was clear the manager got the word, and people were brought in to help clean up the mess. The tenant was pleased with this outcome ... but there was more.

The very next day he opened the major newspaper for the region and saw a headline that indicated that the city the man lived in (Long Beach, California) had finally decided to consider instituting regulations for upkeep of all rental apartments by their owners, -- including electrical, plumbing, heat, trash, general upkeep, etc., -- something this city alone had been lax to do and wholly negligent in. Now suddenly there was a public outcry and movement in the community to institute these fundamental regulations; something hardly ever mentioned before.

5. A woman and her son were experiencing many delays in their travels as they navigated the various airports in India since there were no direct flights. As a result, they were continually fatigued and irritable along the way. Moreover, she began to rail against the system that did not provide more direct flights to her destination. Finally, she realized that the problem was in her attitude, which she then offered to the Divine Mother. She later learned that for the first time, direct flights were available to and from her local city to the desired destination, making the need for transfers unnecessary! Through the spiritual Force, she evoked a response not only for herself, but for the collective!

6. A close devotee of Karmayogi who made him feel physically well was living in Fremont, California with husband and young son. One day she had troubles with her stove. She could not get it to work properly. She reported the incident to apartment manager.

However rather than complain about it to herself in the interim she cleaned the filaments as best as possible, while offering to Mother her prayers. A few days later the manager arrived with a brand new stove. She was thrilled about this development. Even more astonishing was that as a result of this incident management decided to install ovens in the remaining dozens of apartments in the complex!

7. This is at a time when I was taking deep interest in the severe drought that had overtaken the state. I have been thinking deeply about this issue, had some recent success in evoking rain as in the past, and just a few days later was happy when it was announced by the governor that there would be huge cutbacks in water use and wastage around the state in an attempt at conservation.

The day after the announcement and my visit to McDonald's I watched the national TV news about the governor's plan to radically reduce water outflows in the state. At one point in the video the announcer showed a McDonald's that was altering their landscaping from grass to succulents and such in order to save water. A few seconds later the announcer said "here is an example of what McDonald's is doing in Long Beach, California in trying to adapt to the governor's new order mandate."

When I looked closer at the video I noticed that that they were showing the very same McDonald's that I had had been in and walked across a few hours earlier! In fact, they were showing the very same workers altering the shrubbery that I saw only a few hours earlier!

To appreciate the enormity of this cosmic response, one needs to know that this was a live national news broadcast and that there are also nearly 10,000 McDonald's in the world of which 7000 are in the USA, and yet they managed to show the very one that I had just frequented!

The Unknown

Untitled

Willingness to shed the routine, doing the same thing over and over, avoiding what you fear, and instead journeying into and embracing the Unknown is key to attracting the next set of positive conditions in your life.

Time

Out of Step with Time

Too often people do not want to accept the natural flow of Time. Through forms of unconsciousness - wrong urge, impulse, attitude, action - they interfere with time, falling out of step with it, creating confusion, interference, and other necessary breaches in the outcomes of life.

Soul and Past, Present, Future in Now

As we approach the evolving soul within, the psychic being, moment to moment time perception in the present shifts to Timelessness, or rather past, present, and future all together, fully accessible in the Now.

Perception of Time in Work

When you are mentally fully absorbed in a work, the time element seems to disappear. It is a subconscious, willful-less phenomenon. When you open to the Spirit you are

Consciously bringing the timelessness of the Divine into the unfoldings and movements of time. Results are thereby sped up, made ultimately efficient in terms of time, and harmonized, divinized

Quantum Entanglement and Simultaneous Time

Science has a partial explanation of Life Response. Quantum Theory indicates that two particles on either end of the universe can instantly affect one another. If one shifts on one end of the universe, so will another on the other side.

This is the phenomenon of "Entanglement." This indicates that when we raise our consciousness, something nearby or at a great distance instantly or very quickly responds in the positive.

Now Quantum physics has gone a further step, indicating that a change in the spin of a particle can cause the response of another at great distance over TIME. I.e. cause a spin in the present to affect the second particle in the Future or the Past.

It is essentially Entanglement across past, present, and future. That what I think or feel or do in the present automatically affects future or present circumstance; aligning ourselves with positive developments in both future and present. It also happens in the negative (negative life response).

It is another confirmation of Sri Aurobindo's cosmic concept "Simultaneous Time," which is one aspect of the nature of the Reality we are capable of realizing as we grow in consciousness and move toward becoming Divine-like, Supramental beings.

Untitled

When you try to create progress in the present for the sake of the future, and there is a problem that arises, it may be a warning from the future not to pursue that course. However, if you consecrate the situation, such karmas can be dissolved.

Untitled

Don't judge the future by the present.

Untitled

If you are going to live for the future, you cannot remain stuck in the past.

Untitled

Intuition enables one to integrally connect with one's past, present, and future at once.

Untitled

The great, vastly expanding companies and organizations of the present were in touch with the Future in their past.

Untitled

Being in touch with the Future is key to success in the present - whether organization or individual.

Untitled

Through Life Response phenomenon one makes ultimate use of time, as what would normally take a lengthy duration happens in an instant, creating ultimate efficiency in life. The same for space.

Untitled

As man becomes more mental, time seems to be moving faster, which may compel us at the cellular, genetic, or similar levels to create an urge of the body toward longer life; even first movements toward immortality.

Untitled

Patience puts us in right alignment with time and the unfoldings of life.
Impatience, the opposite.

Untitled

Sri Aurobindo says there is no beginning to Time. That is only a mental conception.

Reader: When we visit a hill range or a stunning magnificent greenery in the absence of human inhabitation, we can feel the touch of timelessness. We may be struck by a question, how long it is like this? Perhaps they reveal the timelessness within our conceived time.

Untitled

Through Mother, - by opening to Her supramental power, - Time's Arrow can move in any and all directions.

Time's Arrow In Reverse

Bill Gates founded the most successful software company (Microsoft) in history 40 years ago. He later in life went on to fight diseases around the world, and also pledged with others to give his billions away at the end of his life.

Is it possible that the last two (humanitarian) endeavors helped contribute to his earlier endeavor (Microsoft) to succeed? In other words, can time (and causality) work backwards?

--

(SM) Maybe the consecration of the present (Bill Gates' current charity) affects both our past (his success with Microsoft) and future simultaneously. (Though we may not physically see it in the present).

(RP) Nice.

(SRM) Perhaps, alignment of positive subtle correspondences in Bill Gates's PRESENT moments at that time manifested FUTURE causality.

The positive correspondences are by values like Grow by Giving, other man's point of view by aligning with needs of society, alignment with emerging Consciousness after end of cold war etc.,

Such correspondences took shape in the subtle plane out of his aspiration and aligning with his subconscious/subliminal intention. The external actions that he took out of such correspondences grew to manifest greater Reality.

Those who are in alignment in some measure of their aspiration in their depths and also conscious of needs of society and shape their lives accordingly in their present moments are pioneer souls like Bill Gates, Steve Jobs etc.

There are souls who perceive the True Reality surround themselves by past consecration, going within, life pressure etc., are awakened souls. In the measure that they implement their learning of past consecration in their present moments, they could also manifest greater causality of future.

(RP) Wonderful insights.

Token Effort

Untitled

If you need work and are offered a small paying job, and instead of being disappointed and unwilling, you accept it, then before you even go on the job, a much larger opportunity will tend to come your way. In other words, shifting from unwillingness to acceptance, - no matter how small a matter, - opens up wider possibilities; i.e. the infinite potentials of life.

Token Act

Perfection in a token act bringing great results for a composite act where many parts are defective is a sign of the power of the spirit. (N. Asokan MSS)

Token Act Methodology

(Discovering the means of attracting, attaining the seemingly impossible)

Choose your Token Act that seems impossible for you to attain.

When you choose your token act definitely you will have desires and expectation related to it.

And this desire or expectation happens when we seek Benefit from the token act. Karmayogi says we have to quit our desire mind and thoughts completely away so that this cosmic determinism can happen.

So just choose the token act and date and offer both to Mother and forgot about the experiment completely which will fetch you the desired result.

PS

Appa asks us to choose an area in our life which we think that we can never achieve and he refers this as token act.

—

True Life Example

For those who were asking me to detail cosmic determinism here is the experience of a devotee so that u could understand it better.

“My mother's life time goal was to see Karmayogi.. She even mailed about her aspiration to see Appa. But Appa mailed her back that he stopped seeing the devotees from 92. And if at all he changes his mind the first person he would see is my mom.

So my mom chose this area as her token act. I.e. Appa himself should contact her.. And further this method should not involve human action in the plan so she did not seek anybody's help or recommendation to see Appa.

She just left her desire and aspiration to see Appa and offered a date.. 10.dec 2017.

She took up this experiment on June month and gradually diverted her desire and thoughts about Appa and focused on her organisation work...

on 10th December 2017 Garry sir phoned her and told Appa wants to meet her. When she recollected the date .. She was able to remember it was the same date that she offered to Mother...

So in 6 months supermortal power came down and fulfilled the token act on that particular date.”

Another Example

I am reminded of another incident of a devotee. Who was my friend. She decided to take up this token experiment.

She was engaged and after her engagement their relationship broke up due to some reasons. For few months she was not able to come out of that incident.

Then when she read about cosmic determinism she decided to take up this experiment. She offered Mother the token act that the guy who broke up his relationship after the engagement, himself should contact her, and mentioned a particular date.

And she got held up with daily routine made herself very busy ensuring that she never gets free time to think about that guy.

And since she followed it rightly without any thoughts related to that person involved in the token act. She was able to see that the guy texted her on the same date that she mentioned to Mother.

—

Here the point to be considered is. Her token act was that guy should contact her. And beyond this she did not think. And she left the desire to see the result of the experiment by completely removing her thoughts away from the experiment.

(Avanthika)

Comment: -What I call a TOKEN ACT will provide a full field of play for this experiment where he can gather all the experiences he needs to accomplish what he aims for.

-The Token Act will discover the psychological DNA of the person.

-By a token act, I mean an occasion to personally observe, comprehend, record each act and its significance,

-A token act undertaken in this spirit cannot but succeed. Its success is not the result, but the collection of all facts without missing one.

-Life will reveal the significance of time, space, person, name and product, even in the very word of the past.

-The token act in Her consciousness is one that can occupy the whole life of a person. It will be right that from the token act one should change his whole life to Her consciousness.

The token act will enable him see Her in the act.

(Karmayogi)

Transformation

Untitled

Along with great beauty, there is great misery in life. Our goal then is - through our higher consciousness - to overcome the latter, while heightening the former. It will take the full Will of one's Life's Purpose to help bring about that eventuality; that Divine change.

Untitled

The Call, Aspiration for the Higher to come into Life helps It descend into all planes of our being, enabling their Transformation, leading to ultimate Delight in the experience; Ananda.

Untitled

Being a serious practicing Mother devotee requires a persistent and sometimes intense courage and bravery, as you are continually challenged by the needs of the effort of transformation.

Untitled

Whatever sufferings come on the path, are not too high a price for the victory that has to be won and if they are taken in the right spirit, they become even a means towards the victory. (Sri Aurobindo)

Comment: Sri Aurobindo's remark is focused on those who actively seek the transformation of life on earth, not for the average person. He says that true seekers will understand their own suffering in the context of the reward of actively participating in the evolution of life on earth.

--

Eg Mother constantly felt pain due to negative influence of devotees around her. Still she accepted it as a means to further her own yoga by more fully relying on the Divine Will as means of developing greater faith.

Thus each serious devotee, and especially the sadhak will see the problems, the suffering, and pain in their lives as instrumental for their further growth, thereby furthering the evolution towards the earth's divine destiny.

Untitled

“It is the old methods of yoga that demand silence and solitude.

The yoga of tomorrow is to find the Divine in work and in contact with the world.”

(the Mother, from Agenda, January 27, 1971)

Untitled

.. as the Manifestation grows more perfect, the necessity of destruction decreases, to the point when it will disappear and will be replaced by the process of progressive transformation.

(The Mother, from Agenda, March 4, 1966)

Untitled

The only creation for which there is any place here is the supramental, the bringing of the divine Truth down on the earth, not only into the mind and vital but into the body and into Matter. (Sri Aurobindo)

Changing Ourselves

Transformation is difficult, but it can begin with wanting to Change - whether some aspect of our being or something external.

Most people don't change unless there is an external compulsion to do so. But that is to be ruled by Life. We want to be determined by our own self and Soul. That in turn opens us up to the wider Consciousness which comes to us with unexpected positive circumstance and opportunities. As a result, our life becomes fulfilled in so many ways. That is the Life Response power of Change.

So where will you begin?

Untitled

Transformation is difficult. However, it is human swabhava that if one wants to change indeed, such change is possible in five minutes in mind, being and soul. (Sri Karmayogi)

Untitled

The devotee transforms the world by transforming himself. The corresponding change in society soon follows.

Methods of Daily Spiritual Life vs Practicing Transformative Supramental Yoga

The ongoing daily spiritual approach and routine is to consecrate wherever we can, and practice spirit-oriented methods on a regular basis - like non-reaction, silent will, taking another's point of view, shedding negative attitudes, practicing humility and self-givingness, taking to higher personal organization, making a greater effort, etc.

On the other hand, the yogic, transformative approach is to move the center of our being away from the surface of life, and into the depths; culminating in identity with our psychic being (evolving soul), then continues by aspiring for and surrendering to the Mother's supramental Force, which descends into our being, transforming all planes of our being, (mental, vital, and physical), as well as the world around us, while giving us the capacity to create infinitely; together enabling us to become gnostic, Supramental Beings, ushering a new human race, and the unfolding of a Divine Life in Earth.

Transformation Measurements

Aspiration - The intensity and degree to which you want to transform yourself and the world.

Sincerity - Whether you truly wish to transform yourself and the world around you, as opposed to being just words.

Purity - How perfectly you are focused and dedicated to transforming yourself and the world, as opposed to being caught up in other matters.

Untitled

People rarely change through a sudden revelation and adoption of an ideal in the mind; but by being pummeled by the exigencies of Life. However, the more-conscious, growing, spirit-oriented individual increasingly reverses that dynamic.

Divine Love Can Overcome Barbaric Human Behavior

Oh, for all really monstrous things [like barbaric human behavior], there is only one force – only one force that can dissolve them. I knew it in principle, but now I know it in practice: it is the force of Love. Love is truly all-victorious – but true Love, not what men call "love," not that: true, divine Love.

You see one drop of "That" in its perfection, and all shadows disappear – all disharmonies disappear. Only in its perfection, in its essential purity.

It truly is all-powerfulness.

(The Mother, from Agenda, September 6, 1967)

Untitled

When we change ourselves, other people and the world suddenly change.

Untitled

THE WORLD IS NOW IN THE PROCESS OF MAKING A COLLECTIVE POSITIVE TRANSFORMATION (THROUGH NEGATIVE MEANS).

Emergence Of The Psychic Personality And The Triple Transformation

The Soul and Psychic Being are different.

The Soul is the individualized poise of the Supreme OUTSIDE of Manifestation.

The Psychic Being is the individual poise of the Supreme WITHIN manifestation, that is evolving progressively. It is the evolving Soul. It is evolving progressively from unconsciousness to subconscious to conscious to supramental consciousness.

The Psychic plays a vast role in the creative process in life. It eventually comes to understand that it is the Ishwara (the Creator) in creation. It becomes a center of consciousness of the Divine Creator; of the Divine creative consciousness.

Moreover, it carries out the will of Ishwara (the creator aspect of Sat (in Sat-Chit-Ananda)).

It unfolds uniquely in each individualization, through infinite variation and possibility.

How then does the Psychic Being emerge?

The Psychic Being starts as a Spark. Then it evolves and becomes a Flame, and eventually becomes an Entity.

As it grows in a form of conscious being, it develops a Psychic Personality. It develops a mental, a vital, and a physical Personality as expressions of the Psychic Being.

As it develops through multiple births, it begins to have the power to push aside the surface personality of the person it inhabits. It pushes aside the ego, and begins to express itself through mental, vital, and physical being of the person. This is the development of the Inner Personality. The Psychic Personality.

From our side, we partake in the Psychic Transformation. First we have to discover the psychic within ourselves; be awoken to it. Secondly, we have to consecrate and surrender so that the powers of the psychic can increasingly take over the actions of our outer nature.

When we can say that our mind really reflects the truths, or knowledge, or faith, or sincerity of the psychic, then the mind is under the influence of the Psychic Personality. We call it Mental Psychic.

Further still as the mind is fully taken over by the Psychic personality, the ego disappears in the mind, and it is the psychic that thinks and acts in the individual's being, and what we say has the truths of the psychic.

This is the Psychic Transformation at the mental level. It also has to occur at the vital and physical levels in the evolution.

The psychic change is the first step of human Transformation, as it is followed by the Spiritual and Supramental Transformations.

The Psychic Transformation is to be one with the Psychic Being. The Spiritual Transformation is to be one with the Spirit itself that radiates throughout the visible and invisible cosmos.. Thus the eternal, transcendent spirit must come down into our being.

The mind, vital, and physical become expressions of the Eternal. One thereby becomes an instrument of the Eternal Self.

The third transformation is the Supramental. In this final transformation the limited Mind transforms into its parent Supermind.

Mind tends to break objects, ideas, et al into a myriad of parts, but only perceives one or a few at a time. At the other extreme, Supermind sees all that are necessary at once,, and in their Oneness with one another, in their integral relationship. It sees the parts and the whole simultaneously.

As a result the Mind is supramentalized. Vital and Physical supramentalization then follow.

(Garry Jacobs, somewhat paraphrased; based on the teachings of Sri Aurobindo and Karmayogi)

Comment: (from Garry Jacobs)

Roy has very rightly described the process as far as I know it up to the psychic transformation. Beyond that my own understanding is limited.

A clear distinction is yet to emerge between the spiritual and supramental transformation. The spiritual realization is to be conscious of the infinite freedom and eternity of the spirit in ourselves and everything at the highest levels of our being.

The spiritual transformation should be to have that same consciousness in mind, vital and physical. To know the Self or Spirit everywhere and in everything here not just in trance or the unmanifest.

What then of the supramental?

Knowing the Self or spirit in all things is not the same as knowing all the movements of Nature as the conscious Divine Will and Force acting in the world.

The supramental reunites Being and Becoming, Spirit and Nature. As the spiritual realization knows the eternal spirit, the supramental must know the Spirit in Nature or rather Nature as form, force and action of spirit. To know the Divine acting in all things.

For that to be known from above in supermind is supramental realization of the oneness of spirit and nature, no longer as separate principles.

For it to be known in mind, life and body is for the structures of these instruments to be transformed so our knowing, perceiving and sensing of the Divine Ishwara in life, expressing as the conscious force of shakti replaces mind's limited superficial experience in all things.

This is my understanding but it needs to be confirmed and corrected by a more careful study.

That would still give us only intellectual knowledge. True integral knowledge can only come by psychological experience through an evolutionary transformation of our human consciousness as He explains in the last para of Reality and the Integral Knowledge. We may find further clarity in the last three chapters of Life Divine.

The supramental transformation is not just a transformation of our knowledge. It is also a transformation of our force of being. When it comes in the body, it will mean the

Supramental Knowledge Force acting directly in and through us without the interference or intermediary of human nature. The Divine acting directly in and through the human instrument.

Excerpt From 'The Journey': The Physical Transformation

The following is a dialogue between Roy, the narrator and main character of the story, and Francine Alfassa, an associate of his in Egypt as described in the 43-page novella 'The Journey.'

They are both part of the international team and organization that is trying to bring the Excalibur conscious computer that can evoke life response [sudden good fortune] on demand from anywhere the world.

Roy's offices are located in the suburbs of San Francisco, and Francine is located in Egypt where she is both a tour guide at the Great Pyramids, and leader of the Great Sisterhood, followers of the Mother who are trying to do the "physical transformation."

Jason is the dynamic leader, visionary behind the organization.

Here we pick up the conversation later in the story:

[Roy] "So what do you think is going to happen with Excalibur?"

[Francine] "Well, it's kind of like playing with God, fate, and fire all at once!

But it is so intriguing, so fantastic!

Most of the conversations during our meetings and through our correspondence have been about the inner workings and technologies of the program itself.

Most of it is speculation of course. I guess only Jason knows the truth of things. At least, I think he does."

Francine hesitated, and then continued. "Perhaps the whole ordeal is bringing us closer to understanding the Mind of God."

[Roy] "That is quite a big thought. It certainly is a great mystery -- though I am slowly getting a feel for the whole thing."

I paused once more, then resumed.

"So how are things going otherwise?"

[Francine] "Well, my tour guide work is still going quite well. I see life response results and the inner-outer correspondence that makes it occur happening all the time in my work! It is just marvelous.

You know, I think I have become a better person as a result of what I have learned at Growth Online -- from the life response experiences; and the articles on attitude, energy, organization, and all. It is definitely showing up in the quality of my work.

As you can tell by our discussion, I have so much more energy and drive!"

[Roy] "Yes, I have noticed!" I responded.

"Anything else to report?"

Francine paused for a moment to think, and then said: "Our work on the physical transformation is also going quite well. I cannot tell you much about what we are doing

in this area because like the inner workings of Jason's program, there are secrets that must be kept.

Let me just say that we believe that our immediate group, as well as our affiliates around the world, are really making big strides in this area. We are really at the frontier of human consciousness in this field. Perhaps leading the way to an evolution of the human species. Is that too bold a statement?"

"I don't think so, if that is what is happening."

"It really is, and it's immensely practical. For example, how would you like to live as long as you want? 100 years? 200 years? 2000? We are trying, through consciousness (not drugs and genes; that will also happen!) to live as long as we so choose. We call it unending life through wilful intent. There are definite signs of progress."

Francine then paused.

"My God, I just realized that I have already said too much!"

From her tone, I could tell that she was wrapping things up. "Anyway say hello to Sushan for me. We would love to have you visit some time. I know she loves Egyptian history and mythology. After all, her name is "Sushan," which is Middle Eastern for "lily flower."

I know she thinks she has had a past life here, even though she has never visited. Perhaps she will discover old friends and neighbors. (ha ha!). Au revoir!"

You can also download the free PDF of the novella 'The Journey' by Roy Posner here:
<http://royposner.weebly.com/.../1/0/27100343/thejourney.pdf>

Untitled

The play of division, separateness coming to an end is the solution to our transformation. (paraphrase of Mother, from Agenda)

Untitled

To progress in the integral yoga - i.e. Transformation of who we are - one must sacrifice various foundations of one's existence.

True Self

Untitled

When we are in touch with our psychic being, our evolving soul, we experience our deepest, truest self from which originates our most original, unique, and dynamic thoughts and feelings and actions of being.

Untitled

The Psychic Being (true self) is evolving through multiple births, through an array of consecutive individuals it inhabits, and thus through our own personal progress.

Untitled

We will only know the true Truth of things when we are centered in the ultimate depths of the psychic being. Stationed there and aspiring for what is above, the Supramental, integral Truth of things comes pouring in.

Untitled

The key in life is to grow, evolve from our surface being to our True Being; the Evolving Soul within; the Psychic.

Comment: This is the path of the Supramental Yoga. Progressively move from the surface and within, connect to the subliminal and then psychic being (evolving soul, True Self); and from there open to the supramental power (through Mother) so that Force transforms all aspects of our being and all life around us.

Also in psychic being we experience ultimate truth, knowledge, silence, harmony, creativity, love, and delight. Timelessness and Infinity are also there.

Untitled

Our sole purpose in life is to discover the truth of our being. And what is that truth? It is that we are INFINITE.

Comment: That our psychic being, the evolving soul, lives on forever, across births, until immortal in an undying Supramental , divinized body.

We are infinite, in and beyond space and time.

That through our True Nature, there are no finites to hold us back.

New Mental Orientation When Stationed in Psychic

In the Evolution we shift from mind to the psychic being within, behind the heart. As a result, mind moves from mental churning to its spirit equivalent; where we have regular experiences of intuition, illumination, and then universal and supramental perception (truth consciousness).

Untitled

We need to find our true self, our soul, our True Individual Personality that is not encumbered by surface activities and beliefs, by externals, by others' take on things.

Truth

Untitled

Taking to the deeper truth, values behind a situation has a greater life response power than doing what is seemingly practical.

Untitled

Truth is buried deep beneath narrow-mindedness, ideology, frenzy, emotion, and ignorance.

Untitled

See the truths within the Truth, but also the truths buried within the Falsehood. It is another shading of supramental perception.

Untitled

Ignorance is partial knowledge. There is an element of Truth buried even in the most extreme error and falsehood.

(From 'The Book', page 212, by Garry Jacobs)

Untitled

When Truth is reversed for Anachronistic Viewpoint on a foundation of Conspirational Lies, Evil is afoot.

Untitled

When Mind refuses to accept the truth, Nature creates situations of emotional distress and even physical suffering to prove its point.

Untitled

The only creation for which there is any place here is the supramental, the bringing of the divine Truth down on the earth, not only into the mind and vital but into the body and into Matter. (Sri Aurobindo)

Untitled

When an untruthful person recruits other untruthful individuals, their lies begin to spread, tripping up one another, revealing their foolishness, enabling calamity to follow.

Ideological Thinking and Truth

If you are overly attached to an ideology – whether political, social, ethnic, religious, etc. – then you will never know the full truth of things. Best to be fully open in one's mind, at all levels, to all possibilities, which will enable Truth to continually follow in your footsteps.

Untitled

In the outer, surface plane we judge the book by the cover. In the inner, deepest depths we perceive its many-sided contents.

Revisiting for Truth

Often you need to revisit a place or thing or matter a second or third time to truly perceive the truth of it.

Untitled

You cannot truly know the truth of your field unless you relate that knowledge to the truth of related fields. In that way you build up Integral Understanding.

Searching for Truth

People believe what they want to believe; but are not that interested in discovering, let alone embracing the actual truth.

Suppose one were to say, "today I will suspend my beliefs on the (current) subject, and I will discover the real truth behind that matter or thing." Done with some frequency that person would become a growing individual; gradually coming out of his ignorance on the way to integral knowledge; attracting infinite possibilities into his life.

Untitled

There is always a truth that is trying to unfold in our lives, and that truth is behind all circumstances and events. (MSS)

Untitled

The Truth does not ordinarily come out at once, as it seeks to gather related parts.

Untitled

The more we align with the Truth, the less we have to go through the Falsehood, whether as virus or other.

Comment: It is Protection derived from the higher consciousness.

Untitled

TRUTH is the state of all possibilities in their integral wholeness, eliciting the best one(s) through our consecrated effort.

Universal

Devotees' Universal Power

Wherever a serious devotee of Mother wonders, Society breaks out in vast success.

It happened to one well known MSS devotee when he went to Moscow in 1989, and suddenly the Cold War ended. And earlier in the 60s he attended university in Berkeley, where the student movement broke out, which then spread throughout the world.

It happened similarly for another devotee of Her's when his work was focused in Silicon Valley and environs in the 80s and later, causing it to break out into the greatest wealth machine in the history of the world.

Devotees have Universal Power if they learn to apply it; if they learn to open to the descending Force in the atmosphere; the Supramental.

When spiritual-oriented people turn to the good, the positive in a particular area, it tends to have a universal effect.

Life is tempting us to awaken in Consciousness because Life Itself is trying to awaken in consciousness, thereby fulfilling its Universal Purpose.

Having All Perspectives Simultaneously

We only see our own position, perspective relative to the unfolding situation. Yet circumstance demands knowledge of ALL perspectives simultaneously. When we develop universal and then Supramental Consciousness we will have this complete moment-to-moment Knowledge of the Reality.

Untitled

When we give up our limitation and smallness, including our egoistic self-concern, and widen ourselves to the Universal, we meet there the infinite Divine, in Its omnipotence and omniscience.

Practical Example of Interrelation Among the Individual, Universal, and Transcendent

As we evolve as Individuals, we discover that we can be instruments for fulfilling the needs of Society, which is actually the progress of the Universal, which in turn fulfilling the will of the Transcendent, the Supreme.

Eg members of MSS seek to evolve in personal consciousness, so they become true spiritual Individuals. As they do, they come upon new avenues to bring about the progress for society (eg in economics, education, business, literature, Indian development, etc.), bringing the highest consciousness to these concerns, with the best solutions.

This universal action is in turn secretly carrying out the will of Transcendent that seeks the evolution of consciousness in these societal matters.

Universal Goal of Devotees

The goal in the Integral Yoga is not to develop higher consciousness so we alone can reach the top - in success, wealth, knowledge, love, happiness, et al - but rather that every person achieve it. In this yoga (transformation discipline) we thus have Universal

intentions, and through the development of our higher aspirations and powers, we help bring it about.

Untitled

Stationed in the Psyche Being, we aspire for the Divine to enter everybody, all things. It is thus a Universal spiritual experience.

Untitled

There is an immense movement of all things in the universe moving closer to the Divine. (paraphrase of the Mother, from Agenda)

Untitled

A Global Person not only seeks out important local information & news, but also knowledge affecting those in OTHER parts of the world.

Comment: It is a movement beyond a kind of EGO for one's own kind, nation, race, etc. to uniting and harmonizing with the interests and needs of those of different persuasions around the world..

Beyond this is a Universal Individual; one who is able to change the outer societal issues and circumstance from within his/her own consciousness They do so through great interest, aspiration, and use of the Divine (supramental) Force, the Mother.

Untitled

There is a GLOBAL pandemic because ALL of Humanity has to go to the next level in the world's Evolution.

Individual/Universal Problem, Solution

Q: Is an Individual problem equal to a Universal problem?

A: For those who are spiritual devotees, their own problem is representative of something typical in society. So if that individual raises his consciousness in connection with that issue, it can have a positive effect to the corresponding element in society. It can also eliminate that particular negativity in the world once and for all.

So from that perspective an individual problem is a universal problem.

Untitled

What benefit we Offer Up for ourselves, we can also aspire for Everyone. It is an indicator that we are also universal beings.

Outside Influences On Our Thoughts Across Space/Time

There have been many experiments proving that we receive influences from others across space and time in the mind.

Eg if someone solves a problem somewhere, then other people who have no knowledge of the first person's solution, now solve the problem far more easily. This is true for such things as solving crossword puzzles, monkeys trying to solve an issue on an island, etc.

These outside influences on our thoughts is a common experience, and indicate that knowledge is fluid in the universe. It can go anywhere at any time.

Einstein and many other scientists and discovers were able to solve problems when the solutions just came their in their mind as intuitions without thought. They came from the universal sphere.

Universe

Untitled

When you want something with a pure heart, the entire universe conspires for you to get it... It's when you want or ask for something with the best intentions for all and trust that the Divine energy will make it happen in the best way possible. (Salona Surjoo)

Purpose in the Universe

If an Infinite Consciousness is the source of all creation, then this created universe must have a purpose. Even the flaws of life - ignorance, falsehood, pain, suffering, et al - must also serve a purpose.

Untitled

The Universe responds more to our vibrations than to our words. (S. Nagarajan)

Untitled

It is impossible to explain the universe without recognizing the hidden Intelligence expressing through everything.

Untitled

The If clause is the determinant of the universe.

Comment: Eg If the cart is pulled up the hill, I can now unload the goods. Likewise, If I shift from negative to positive attitude, life will respond. Etc., etc. infinitely throughout the Reality.

Reader: My history teacher used to quote as follows. " Had there been no Nile, Egypt would have become a desert" It is another form for "if" I think.

Values

Acting from the Highest Value in Whatever We Do

In whatever we do, in any area where we want to achieve unfailing success, we should act from the highest values that are possible for us. Be truthful, honest, clean, punctual, well-organized, generous, thoughtful, kind, and humble. We all know the list. These are not impossible things; these are human values which society has cherished as ideals for thousands of years. At least in this one area where we want to unfailingly succeed, we should be capable of acting from the highest values. (Karmayogi)

What Do I Deeply Value?

Personal values are the ideals you hold dearly, emotionally, even passionately. What then do I [Roy Posner] deeply value?

- Sri Aurobindo's thought.
- Karmayogi's interpretation of His thought in all fields of life.
- Mother as power in the universe to enable all levels of individual and societal transformation.
- Their Knowledge spreading throughout the world.
- Emergence of New Global Society based on Their spiritual perspectives.
- Personal computer, Smartphone, and Internet revolutions.
- Inspiration of Steve Jobs' life.
- Progressive values of California.
- Prosperity of India.
- US moving beyond physical/material consciousness.
- Diversity of America.
- Individuality, thinking from the depths of one's self, above all things.
- Freedom, so we can all become true spiritual individuals and realize our infinite potential.
- 'Unity in Diversity' as motto for the future.
- Life Response knowledge, experience spreading throughout the world.
- Works of Garry Jacobs, interpreting teachings of Karmayogi.
- My own works (books, thoughts, presentations, music, etc.), and it spreading.
- Perfection in works; Success in works.
- Mother's Service Society pioneering efforts in all fields based on Sri Aurobindo, Mother's, Karmayogi's, etc. teachings spreading around the world.
- Fulfillment of each person I know; clients I am responsible for.
- Sharing the joy of each person's success, happiness.
- End of greed, selfish political policies.
- Society moving out of its Ignorance, replaced with Integral Knowledge of the Truth.
- Humor and good cheer.
- Appreciation of great artists, achievers.
- Transformation of my own self.
- Harmony wherever there is discord brought about by higher understanding.
- Solution to all world problems through utilization of Supramental Force (Mother's Power).
- To get in touch with psychic being and call Mother from there to enable personal transformation.

--Discovering the inner powers to healthy, long-life.

--Supramentalization of Life. Divine Life on Earth coming. Being an instrument of this process.

(what then do you value?)

Untitled

It is said that what you do - in relationship to an issue, idea, etc. - is more important than what you say. However, what you deeply BELIEVE IN and ASPIRE to happen in the world are even greater than these.

Untitled

Taking to the deeper truth, values behind a situation has a greater life response power than doing what is seemingly practical.

Untitled

If only we could be idealistic, noble, and aspirational for a Higher Cause, it would give great purpose and meaning to our lives.

Untitled

High Ideals turn into institutions and products that shape and elevate the world.

Untitled

What you deeply value takes shape through an emotionalized ideal.

Patience + Method = Quickest, Most Powerful Response

Utter Patience on one side, as if one has all of eternity; yet practicing the right inner method that evokes the quickest and powerful response - eg via consecration or calling - is the solution we are after.

Untitled

Forthcoming Honesty in a small situation attracts immediate benefit.

Untitled

When an individual advocating, believing in deeper values is being oppressed from all sides, a higher authority tends to appear to save the day.

Results from Business Values

Q: To what extent do business/corporate Values produce results?

A: The actual results (sales, response of the market, revenues, profits) reflect the true value that is believed in when applied in action. Application of the corporate value with emotion in action is the ultimate determinant of the result.

Corporate Value Implementation

Corporate Value implementation includes, conversion of the value into a policy and the policy into an objective for each facility, commitment and active responsibility by top management, establishment of standards and rules, on-going training, systems for monitoring and enforcement, middle and lower level management responsibility, regular meetings and involvement of all personnel on a daily basis. (Garry Jacobs)

Corporate Values at the Bottom Level

The most powerful corporate values are not the ones that are preached and practiced by top management. They are the ones that penetrate through all the layers of the organisation down to the bottom, where they are implicitly followed often unconsciously. (Garry Jacobs)

Mental (Not Spiritual) Values of West that India Lacks

You have asked about my comments about western writers. It is true the westerners have not acquired spirituality. It is also true that in spite of our spirituality we have not acquired the mental culture. Mental culture makes the country prosperous. Prosperity brings popularity. Values of integrity (கொடுத்த வாக்கை காப்பாற்றுவது), punctuality, orderliness, self-respect are great values which we do not have. There were no Indian stories in which I can illustrate these. All the stories I quote from are full of these mental values. (Karmayogi)

Comment: This is explained in great detail in Karmayogi's book 'Spiritual Opulence'
<http://www.karmayogi.net/books/SPIRITUAL%20OPULENCE.pdf>

Treating One's Smaller and Larger Customers

Companies should treat small customers equally to big customers, even in tough times, such as when there are shortages of product. That indicates a higher value of customer delight beyond revenue and profit motives.

Pursuit of Values vs Profit

Pursuit of values generating more profits than pursuit of profit only is an achievement of the Spirit. (N. Asokan MSS)

Power of Values Instead of Money Concerns Attracts It Infinitely

Karmayogi indicates that great wealth can come to those who care little about money, but deeply about higher values that can bring great success in work. Example: The hippies in Northern California shunned money for Higher Values and attracted the greatest wealth the world has known in nearby Silicon Valley.

Spiritual Values in the Involution and Evolution

The Supreme deployed cosmic determinates, spiritual values and verities - including peace, truth, harmony, wisdom, power, creativity, love, delight, timelessness, and infinity - in the Involution from spirit to matter. Likewise, we increasingly apply those same spiritual values in our lives in the Evolution, from matter to spirit; fulfilling the Divine intent on earth.

Overcoming a Seemingly Hopeless Case

There is never a hopeless case. There is always something you can do Inside. You can always be more Sincere. Always be more Truthful. Always be more Self-giving. Always have more Faith. Always have more Aspiration. Always take to higher Values. The outer will then quickly respond in your favor.

Untitled

To be perfect in implementing Values at the current level opens up opportunities at a higher level. (paraphrase of Karmayogi)

Embodying Divine Values

Each person should be able to bring out their own unique value or set of values, fulfilling the Divine intent of multiplicity of spiritual values in creation.

Untitled

One more VALUE that we don't have coming into our life can elevate our ENTIRE existence.

Untitled

One single change in a Personal Value can change your life forever.

Shifting to Higher Value Attracts in 'The Book'

Over the years we have often seen that shifting from a lower value to a higher one, even sacrificing benefit in the short run, can quickly attract enormous success.

Eg in the novel 'The Book' by Garry Jacobs, Dan and the team decided to give up their AI stock market app they sold to the public up because it had become destructive, even though they could have sold it outright for millions. As a result, from out of the blue they won the NASA project, and were now set sail to fulfill their ultimate dreams for business success, both for themselves and the world.

It was a prime example of the power of shifting from valuing the lower, here money, to the higher value of doing what was ethical and right, to attract enormous success.

Untitled

Organization of the Psychic Being occurs through Self-Givingness, Aspiration for the Divine, Truthfulness, Goodwill, & Harmony.

Untitled

Empowering the individual worker, making their needs and aspirations be the center of a company's culture leads to enormous success all around.

Untitled

At home let us practice tolerance, non-reaction, self-givingness, humility, non-ego, and all, attracting the very best outer conditions.

What Attracts Money From Seemingly Out Of Nowhere?

You can literally attract money from out of nowhere if you learn the methods of attracting it. Each of the following methods have evoked startling life response results over the years in the lives of thousands

--Cleanliness and orderliness quickly attract money from out of nowhere. Slovenliness repels it.

--Paying all moneys owed to others attracts money from out of nowhere.

--Collecting all monies owed by others to you attracts money from out of nowhere.

--Keeping one's financial accounts up to date attracts money from out of nowhere. Negligence in this area repels it.

--Circulating funds rather than hoarding it attracts fresh supplies of money.

--Generosity attracts funds; whereas tightfistedness repels it.

--Not wasting the resource of money attracts it, while wasting money can ruin one in that area.

--Not being a slave to money attracts more of it. Being a slave of money constrains it.

--Consecrating (i.e. offering to the Divine) a situation, condition, activity attracts positive benefit, including more funds; whereas not consecrating attracts less of it.

--Understanding the true nature of money, its utility in the world attracts more of it. (Money is a divine social force meant for our success and growth.)

--Wishing money to spread to others, rather than just one's self attracts more money.

Anything one does that attracts more success, better paying work, et al also ends to attract more money, including -

--hard work

--going the extra mile

--self-givingness

--organization of thought/ideas/content

--application of higher personal and business and social values in one's life; in the details of one's work

--shedding negative attitudes about others, self, life, and work

- getting rid of a fixed habit; i.e. giving up an out-worn routine, or the same old way of doing things
- giving up a false belief
- truly wanting others to succeed
- practicing goodwill towards another
- being truthful and sincere
- Shedding ego and creating greater Harmony

From Proudful To Thankful

We feel pride when some good fortunate comes our way. But that is of the Ego; the satisfaction of the surface self. Better than pride is Humility, and especially Gratitude. They are spiritual emotions, creating the solid foundation, the Receptivity for the next round of success.

Values And Attitudes Karmayogi Advocated & Practiced

Karmayogi practiced and advocated the following values, all of which tended to attract good fortune and higher, spiritual atmosphere throughout his life, and in the life of his followers. (And they will continue to do so in this next stage.)

Cleanliness and Orderliness

Coordination among people; among ideas

Silence (of sound, thought, etc.)

Non-wastage (of materials, resources, water, food, etc.)

Kept exacting Financial Accounts

Perfect Organization; Accounting of things

Paying off all Loans on time

Responsiveness to Complaints of others in the (MSS) organization

Tried to maintain Harmony at all levels

Hard Work, including hard inner work on one's consciousness

Advocated health as a value focusing on faith in the divine force over doctors and medicines

Cheerfulness of disposition

Generosity of spirit; Self-givingness; Human kindness

Forgiving nature

Took responsibility for outer negative problems related to him as his own deficiency. Took Responsibility in light of others' deficiencies. He asked others to take responsibility for untoward circumstance happening to, surrounding them.

Courtesy and Civility towards all, not matter their agreement with him or not.

Advocated and supported Prosperity of Followers

Supported Higher Consciousness, Spiritual Growth of Followers

Believed strongly in and made a supreme effort to interpret Sri Aurobindo's and Mother Works in all fields,

Aspired deeply for the Prosperity of India. Aspired to accomplish Sri Aurobindo's Five Dreams

Aspired to see Mother's views of a New Education be implemented; Aspired for Every Child a Genius

He saw defects and deficiencies of others as opportunities for improvement.

He focused on a person's consciousness over his actions when evaluating others deeds.

He was concerned more about what people should not do more than what he should do.

He avoided probing into the personal life of devotees.

He favored cooperation rather than competitiveness among the people around him.

If the consciousness was lost (replaced by routine) by a devotee in a recurring presentation, he saw no further use for that undertaking. Consciousness meant everything.

If a relative or close associate had a weakness, he tried to find the corresponding one in himself.

That abject failure could be turned around into great success.

Seeking recognition dilutes the work.

Believed that any problem has its solution

Take the other person's point of view.

Took a special interest in whoever showed a willingness to progress and improve or whoever showed some spiritual aspiration.

Believed knowledge will grow only when scientists give up their obsession with data and experimentation and move on to ideas and values.

Perfection (in work, in documents' spelling and grammar).

Believed that through great literature and film we can perceive the deepest principles of life at work^[OBJ].

Never suggested anything to a devotee that went against the grain of their personality.

Also:

Truthfulness, Sincerity, Punctuality, Purity, Not Reacting, Patience, Not Initiating, Aspiration, Consecrated Effort, Mother First.

Untitled

Application of High Values are the key to Individual success, to Business success, to Society's success, and the Divine's success.

Comment: Values are what we call "spiritual skills", as they originally emerge as Real Ideas from the Divine - including peace, silence, harmony, goodness, wisdom, creativity, love, delight (joy), timelessness, and infinity.

Human values - like truth, integrity, givingness, customer delight, developing people, coordination, self-givingness, organization et al -- express in hundreds of ways in various combinations of these central Divine-based Real Ideas.

Real Ideas (and their offspring, spiritual skills) are Divine Attributes streaming in from the Supramental plane seeking to manifest as real, material in the world through our elevation of consciousness.

When we open to Mother we open to the Real Ideas and their spiritual skills subsets that we know as Values in life. Through Her Force the Values manifest through circumstance.

Untitled

The greatest strength of all is Spiritual strength when expressed in life - including Faith, Aspiration, Courage, and Sincerity.

Teaching Values And Soul

I have learned that when you teach values to someone, you teach to their Soul (psychic being); and he who teaches to the Soul of someone will be called Guru. (Sun)

Steve Jobs' Qualities Of Greatness We Can Learn From

Steven Paul Jobs was an American business magnate, industrial designer, investor, and media proprietor. He was the chairman, chief executive officer (CEO), and co-founder of Apple Inc., the chairman and majority shareholder of Pixar, a member of The Walt Disney Company's board of directors following its acquisition of Pixar, and the founder, chairman, and CEO of NeXT.

Jobs is widely recognized as a pioneer of the personal computer revolution of the 1970s and 1980s - including Apple II, and Macintosh -, along with Apple co-founder Steve Wozniak; as well as the pioneer who ignited the Smart Phone revolution of the 2000s.

Here is a list of personal qualities that made him a great success.

1. SELF-RELIANT -- never worried about what other people thought of him
2. COURAGE -- to follow his convictions
3. SELF-CONFIDENT -- trusted his own judgement and intuition -- his FAITH was in himself
4. OTHERS POINT OF VIEW -- understood what people wanted and aspired for and strove to fulfill their aspirations, rather than imitate what everyone else was doing
5. ASPIRATION -- to change the world and do what no one has done before
6. FAITH -- believed in his vision of possibilities and was never determined by the fact that it had not been done before
7. COMMITMENT -- had intense commitment of all his energies to achieve the goal
8. FAILURE -- learned from his failures and grew through them rather than getting discouraged and losing hope
9. INDIVIDUALITY -- never tried to fit in. He wanted to be himself and express his unique talents.

-thanks to Mother's Service Society (MSS)

Untitled

When we pursue Values, we are clearing a path to our psychic being.

Variation

Law of Contrasts

One variation of the principle that contradictions, - eg conflictive entities, - are really complements in disguise, is the Law of Contrasts. That without the negative, the positive cannot be fully appreciated. Eg without suffering, one cannot fully appreciate well-being. Without hate, one cannot fully appreciate love. Without unhappiness, misery, et al, one cannot fully appreciate happiness/joy. And so forth.

This also explains why the Divine Reality allowed for infinite variations of the positive and the negative. So there can be contrast, and therefore the full appreciation, expression, and embodiment of the Positive forces.

Vision

Untitled

There is a deeper seeing from within
A greater vision meets us on the heights
In the luminous wideness of the spirit's gaze.
At last there wakes in us a witness Soul
Then all assumes a new and marvellous face:
(from Savitri by Sri Aurobindo)

World Unity

India as Arbitrator in New World

I believe India will increasingly become the great arbitrator of differences and disputes in that region (Asia) and outside it; on its way to becoming the "Guru of the world."

Untitled

Just beyond the Darkness -
the contradictions

and divisions -,
a Unified World
is being born

Untitled

World is moving toward World Unity through disunity.

Untitled

The recent speed of change in Asia far exceeds the most rapid progress ever witnessed in the Western world in the past. (N, Asokan, MSS)

Untitled

Greater harmony among the nations can solve the immigration problems in the world.

Untitled

World subconsciously wants to move toward greater Unity. However, for now Dark forces, real and subtle, have emerged to block it.

Untitled

World Governance of various sorts, including World Parliament with teeth for action, is key to the future for all problems of all nations.

Untitled

We are now in nation-states and the next step may be a global state or global governance. However, there is great resistance to this move. (Ashok Natarajan)

Untitled

The more the nations of the world pull apart, the more they will be compelled to come together.

Untitled

The problems of the world can no longer be solved by individual nations, but only through deep, integral collaboration with all other nations.

Untitled

The solutions to each nation's individual problems is greater Harmony and Collaboration with the rest of the world.

Negative Karma That Attracts Pandemic

All the negative karma of nations focusing exclusively on their own well-being at the expense of other nations (nationalism), as well as recent rise in autocratic governance, has attracted the negative circumstance of a potential pandemic, which ironically serves to foster cooperation and reconnect countries, furthering Human Unity.

Untitled

A New World is being born out of the darkness of the old.

Untitled

Intense conflicts between nations, within nations, and within ourselves is creating vast Disharmony that is attracting the full fury of the virus.

Untitled

Through Nationalism nations try to solve their own problems without global cooperation. It only compounds the difficulty.

Untitled

Mother's Service Society, through World Academy and United Nations, is preparing Dramatic Change in the world.

Untitled

Disunity in the world attracted the pandemic. Therefore only Unity will keep it at bay.

Work

Living for Others

Live for others in a work in a smaller domain and life will respond and give you the opportunity to live for others in a much larger one.

Perception of Time in Work

When you are mentally fully absorbed in a work, the time element seems to disappear. It is a subconscious, willful-less phenomenon. When you open to the Spirit you are Consciously bringing the timelessness of the Divine into the unfoldings and movements of time. Results are thereby sped up, made ultimately efficient in terms of time, and harmonized, divinized

Untitled

Engage in a work not so much to earn, or even to be successful, but to Grow as a Person.

Enjoyment, Accomplishment in Work

When you enjoy what you are doing, no matter how difficult, or especially when difficult (!), the more life cooperates with your efforts. It is thus said "Enjoyment is Accomplishment. Accomplishment is Enjoyment."

Untitled

Work coming on its own is an indication of non-stop work coming. Same is true for anything which comes on its own. (Karmayogi)

Comment: Two ladies came to me and greeted me, asking me to become an instructor at their organization. That work continually came to me on its own in various forms for the next 30 years!

Untitled

When you do & complete an important right thing in your life, you will instantly attract a wave of additional positive supporting conditions.

Vibrancy In Work

Vibrancy in work comes from high values and ideals, intense aspiration for improvement, vast knowledge and skill, perfect organization; while being in tune with changes in the world. Vibrancy is thus integral of all planes, i.e.- physical, vital, mental, which is spiritual-like.

If we add ACTUAL spirit, not only will doors open wide for you, but they will bring success already accomplished!

(thanks to Kosalai)

Untitled

One of the ways you evoke the Future is by perfecting the work assigned to you in the present.

Untitled

It is forecast that 60% of today's youth will work in jobs that aren't invented yet. Why not begin inventing them now?

Untitled

Karmayogi says the future of India is in the hands of those who become Entrepreneurs, rather than just seeking salaried jobs.

Five Simultaneous Jobs After Consecrating

I would like to share the consequences that took place after buying the book Jeevanulla Sthabanam part 1 by Karmayogi.

Presently I am working as a science teacher in a private school. Also my children are studying in the same school. I shifted to this profession just 4 months back. I am paid only half salary, because of poor fee collection. So I was trying for additional income, doing some background work, after consecrating to Mother.

One day after meditation my friend called and told me about a transcription job, asking me to do sample file. I took it as Mother's grace. I qualified for the job, which had better payment.

(Also I have trained few to do the task and waiting for job.)

By the way, I bought the book Jeevanulla sthabanam on 25th October in Dindigul center and talked to Senthil Sir about my work.

After few preliminary processes and qualification test for the same kind of work, I secured an independent contract with a leading company based in Australia on 29th October. It was for a high-paying company for the same work. It was the first time in my life I got a job in a foreign company paying in US dollars.

Also, the project coordinator called me on 28th Oct. as a reminder to take qualification test.

Another opportunity was given by mother to me for translation work. I have sent a sample and waiting for reply. I told mother that I would follow the guidelines given in the book. Also, I promised Mother that I would come in formal dress to work (working from home, but I took that room as office and took Mother as MD).

Now I have 5 jobs. 4 similar ones and one teaching profession. All are online jobs, working from home.

Just wanted to share the events after buying Jeevanulla sthabanam. As a gratitude to MSS I am sharing.

(by S, paraphrased)

Comment: Shows the following at work

- Don't stop in the middle consciousness
- Making best of a negative environment
- Taking advantage of opportunities coming
- Karmayogi's consciousness through book
- Consecration effect from Mother's Force
- Faith in possibilities

Youth

Young Minds, Old Minds

Though they may not fully understand the wisdom, young minds are often far more receptive to knowledge than old ones, which often become crusted over.

And yet when old minds open up, a new chapter of their life is born, can suddenly blossom, in ways no one would have imagined.

Untitled

Youth enjoys dissipation of their vast energies as they are not conscious of the means to positively absorb them. Conscious youngsters are the exceptions.

Untitled

The Knowledge that comes through Education absorbs the vast energies of youth for productive use, instead of their normal animalistic propensities. The deeper the knowledge, the greater the energy utilization result. The greater the energy utilization result, the more life cooperates with each act.

Untitled

We can see that a devotee individual who refrains from sex, drugs, alcohol, gluttony, gambling, gossip, cynicism, habit/routine, materialism, money obsession, anger, bitterness, fear, and other forms of dissipation will continuously maintain the shining face of a young bachelor.

Beyond Self-Satisfaction to What Truly Keeps One Young

"It is not the number of years you have lived that makes you old. You become old when you stop progressing. As soon as you feel you have done what you had to do, as soon as you think you know what you ought to know, as soon as you want to sit and enjoy the results of your effort, with the feeling you have worked enough in life, then at once you become old and begin to decline. When, on the contrary, you are convinced that what you know is nothing compared to all that remains to be known, when you feel that what you have done is just the starting point of what remains to be done, when you see the future like an attractive sun shining with innumerable possibilities yet to be achieved, then you are young, howsoever many are the years you have passed upon earth, young and rich with all the realisations of tomorrow. And if you do not want your body to fail you, avoid wasting your energies in useless agitation. Whatever you do, do it in a quiet and composed poise. In peace and silence is the greatest strength."

(The Mother, from Agenda, November 4, 1967)

Other Facebook Groups and Booklets

To see the collection of Facebook Groups created by Roy Posner, along with their respective booklets, click [here](#).

Entries are through 2020