



FUTURE EXISTENCE
EVOLUTION
TRANSFORMATION

SUPRAMENTAL LIFE

ROY POSNER, MSS

BASED ON THE FACEBOOK GROUP

SUPRAMENTAL LIFE

**Entries are by Roy Posner unless otherwise stated.
Thanks to members of Mother's Service Society (MSS)**

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Supramental Life Overview



SUPRAMENTAL LIFE. WHAT IS IT?

It is the future life of humanity ... Yet somehow experienced TODAY.

It is a life based on new observations about the true nature of Reality. In other words, how Life REALLY WORKS. As opposed to the surface view of things.

It is a revelation of profound inner and outer methods that have the power to bring the power of the future into the present; changing the current finites before us into infinities.

It is vast achievement occurring within a matter of days or weeks that would ordinarily happen in the course of months or years – if at all.

It is a level of OUTER SUCCESS and INNER FULFILLMENT unimagined. Yet occurring here and NOW, without waiting for future generations to discover the means to make that happen.

It is Space and Time overcome; attracting the infinite future into the present.

It is the Spirit embodied in life itself; in our lives.

That's what Supramental Life is.

... And yet it is so much more than that.

'WHAT IS SUPRAMENTAL LIFE?'

4-minute video by Roy Posner and Senthil Murugan



SUPRAMENTAL LIFE

The Supramental is a totally unexpected type life - even different than the ordinarily conceived spiritual existence. Miracles - including the constant cooperation of life - are commonplace. Cause and effect contain new dynamics. Space and time are overcome. Truth and Unity are its hallmark.



UNTITLED

Ordinary Life is a field of conflicting and contradictory forces. Supramental Life is a field of perpetual Unity and Joy.



WHAT WOULD A SUPRAMENTAL LIFE BE LIKE? (featured)

In this life as soon as one has an idea of something, there is immediately given a power for it to manifest as real in the world.

In this life there is ongoing soul to soul connection with others. What occurs to another is equally as important as what happens to ourselves. There is thus a sense of Oneness toward both others and life.

In this life when we accomplish something, it simultaneously is done at the collective, societal, universal level as well.

In this life the supramental power is always there, and always available to instantly solve problems, create the best conditions, open up opportunities, etc.

In this life there is no ego, no selfishness, no self-importance; there is also no ignorance, falsehood, or evil.

In this life, a positive development never creates an additional dark shadow. Life is therefore "self-existent."

In this life there is no pain, suffering, or even death. There is unending life if one so wishes it, especially if one has developed a modicum of a supramentalized body.

In this life there is no conflict, strife, war, poverty, and other forms of human misery.

In this life there is constant creativity, generating infinite variations and new formations of reality.

In this life new, unprecedented solutions and possibilities constantly present themselves.

In this life there is continuous peace, inner silence, truth perception, harmony, goodness, generosity, gratitude, knowledge, wisdom, beauty, love, joy, timelessness, and infinity.

In this life, we develop true individuality, even true spiritual individuality that emanates from our soul. Our actions are infinitely creative and dynamic as they emanate from the psychic being within.

In this life we are continuously centered deep within, in the psychic being, and call to the supramental force, the divine Mother, continuously bringing about divine-like developments around us.

In this life we are not just true Individuals, but also Universal beings affecting the world around us in profound ways; and also Transcendent beings, constantly fulfilling the will of the infinite Divine.

In this life we help bring about and partake in an ever-emerging Divine Life on Earth; a Supramental Existence.



SUPRAMENTAL LIFE ANTICIPATES, CHANGES THE FUTURE

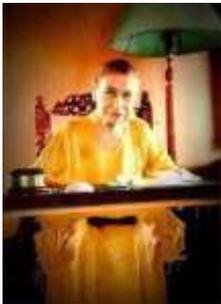
Normal life: Great change happens in the wake of disasters. Supramental Life: all future potential disasters are cognized in advance, and therefore are prevented. One is unconscious, the other fully conscious living.



SUPRAMENTAL LIFE VS. SPIRITUAL LIFE

It's as if our entire spiritual life were made of silver, whereas the supramental life is made of gold - as if our entire spiritual life here were a silvery vibration, not cold but simply a light, a light that goes right to the summit, an absolutely pure light - pure and intense - but in the other, in the supramental world, there is a richness and a power that makes all the difference. This whole spiritual life of the psychic being and of all our present consciousness, which seems so warm, so full, so wonderful, so luminous to the ordinary consciousness, well, all this splendor seems poor in comparison to the splendor of the new world. (The Mother)

DIVINE (SUPRAMENTAL) LIFE



SUPRAMENTAL LIFE/LIGHT

It's as if our entire spiritual life were made of silver, whereas the supramental life is made of gold – as if our entire spiritual life here were a silvery vibration, not cold but simply a light, a light that goes right to the summit, an absolutely pure light – pure and intense – but in the other, in the supramental world, there is a richness and a power that makes all the difference. This whole spiritual life of the psychic being and of all our

present consciousness, which seems so warm, so full, so wonderful, so luminous to the ordinary consciousness, well, all this splendor seems poor in comparison to the splendor of the new world. (The Mother)



30,000 YEARS

The Mother says Sri Aurobindo's teachings - of a future supramental, divine life and existence - are 30,000 years ahead of the times; in terms of understanding and realization. And yet because of the Supramental Force's accelerating descent and power into the earth's atmosphere, that divine existence can happen much more quickly; perhaps in 300 years; or even less.

The first stage required is to expand our minds and begin to understand His infinitely profound spiritual teachings. Not one in a million on earth comprehends it, and even 99% of followers of Hindu thought misunderstand or misinterpret His futuristic spirituality, as they lean on the Indian tradition and cannot go any further. And yet the founders of Mother's Service Society (MSS) have made ground-breaking strides in bringing to light the Master's unprecedented spiritual view of a Divine Life on earth.

Thus the time is ripe now for those with great Aspiration and Sincerity to be pioneers of that emerging knowledge; while practically applying it in the details of their lives - so that 30,000 years of advancement can begin to take shape in a matter of decades; or even less!



A VISION AND PLAN FOR THE SUPRAMENTAL LIFE FACEBOOK GROUP

What do we want to express in this Supramental Life Facebook group, as well as the booklet and other expressions that come out of it?

- a vision of a new, divine way of living
- lived expressions of the new, divine way of living
- expression of the spiritual aspects, values in our lives - such as peace, harmony, truth, delight, etc.
- life response phenomenon; including methods to evoke it
- personal and spiritual growth aspects, methods
- character of life; i.e. how life works
- how supramental life works relative to life's normal character
- expressions of supramental life for the individual, for society, in business, etc.
- metaphysics of existence, including process of creation, involution, evolution, and the Reality; and the role of the plane of supermind in the process.
- the nature of the supramental plane (supermind)
- the supramental force and action
- human transformation; integral yoga, whose outcome is supramental life
- supramental perception
- expressions of a supramentalized mind, life (vital), body
- vast, varied, startling benefits that come through supramental life
- progress and evolution of life on earth (on the way to supramental life)
- Sri aurobindo and mother - their experiences and insights as related to supramental life

- MSS inputs on this topic from all directions
- inclusion of insights from supramental knowledgebase
- inputs, comments, et al from viewers
- a pathway to an interactive, supramental life website. with systems, tools, knowledge to elevate the individual
- other, your inputs?



MOTHER'S VIEW OF SUPRAMENTAL LIFE

Mother indicates that the Supramental life will be free of conflict, armies, government (we will be self-governing), money, marriage, property, and eventually our current bodily makeup and functionings - including, procreation, breathing, circulation, digestion, and all - which will be replaced with centers of light. Immortal, divine life will be the result.



CHANGE THROUGH NORMAL VS. SUPRAMENTAL LIFE

Normal Life: negative circumstance is the most powerful means of positive change.

Supramental Life: unexpected, creative, unprecedented positive change that continually cascades.



SUPRAMENTAL LIFE PIONEERS

A small group will pioneer a New Consciousness, as they transform into a higher form of human.



SUPRAMENTAL LIFE IN FILM 'PHENOMENON'

“I was inspired by your [Roy Posner’s] comments on “Phenomenon” and watched the movie second time. I tried to relate to your post (in Facebook group) “WHAT WOULD A SUPRAMENTAL LIFE BE LIKE?” to some of the instances in that movie.” (Senthil Murugan)

WHAT WOULD A SUPRAMENTAL LIFE BE LIKE? (featured)

— In this life as soon as one has an idea of something, there is immediately given a power for it to manifest as real in the world.

George had several ideas as a result of his experience. However, the world was not ready to embrace and try it out. He had tried himself with the organic fertilizer and then passed on that to his friend Nate. Also, he had

written down all the possibilities and given that to Dr Ringold for the future.

— In this life there is ongoing soul to soul connection with others. What occurs to another is equally as important as what happens to ourselves. There is thus a sense of Oneness toward both others and life.

He could identify himself with the nature and that's why he was able to perceive earthquake, identify himself with the rhythm of wind and so forth. He could clearly see the problem from other's point of view like the he was able to solve rabbit's problem.

One fine example was that he could understand not just Nate's surface problem as he was in need of a helper to clean his house, but a need of soul mate from his depths. And so he had connected him to Ella beautifully.

— In this life when we accomplish something, it simultaneously is done at the collective, societal, universal level as well.

The world was not ready for that at that time. Perhaps that's why Mother didn't supramentalize the world though SHE has the power to do that. When the world evolves collectively, it would be easier to accept.

— In this life the supramental power is always there, and always available to instantly solve problems, create the best conditions, open up opportunities, etc.

He could see various, numerous possibilities. Though people was not receptive to that except very few. It frightened his friends at the bar and also public in the book fair.

— In this life there is no ego, no selfishness, no self-importance; there is also no ignorance, falsehood, or evil.

— In this life, a positive development never creates an additional dark shadow. Life is therefore "self-existent."

— In this life there is no pain, suffering, or even death. There is unending life if one so wishes it, especially if one has developed a modicum of a supramentalized body.

— In this life there is no conflict, strife, war, poverty, and other forms of human misery.

— In this life new, unprecedented solutions and possibilities constantly present themselves.

Indeed he had those possibilities and written down for the future.

— In this life there is constant creativity, generating infinite variations and new formations of reality.

Same as above

— In this life there is continuous peace, inner silence, truth perception, harmony, goodness, generosity, gratitude, knowledge, wisdom, beauty, love, joy, timelessness, and infinity.

He had expressed some of them to certain extent. He did not force Lace to accept his love. He happily, willfully accepted her to let go as she was not ready for that kind of surprises. Yet, she came back to him and she told she could not stop her from loving him till her life time.

— In this life, we develop true individuality, even true spiritual individuality that emanates from our soul. Our actions are infinitely creative and dynamic as they emanate from the psychic being within.

Other than initial conflict and confusion, he himself amazed about what was going on with himself and he talked about Spirit to the doctor in the hospital. But the world viewed them as only physical things happening in the brain. Unfortunately he had not met anyone who could understand such psychic experience and guide him along.

— In this life we are continuously centered deep within, in the psychic being, and call to the supramental force, the divine Mother, continuously bringing about divine-like developments around us.

— In this life we are not just true Individuals, but also Universal beings affecting the world around us in profound ways; and also Transcendent beings, constantly fulfilling the will of the infinite Divine.

He became a universal being as the movie ends with how he had touched everybody's lives in his next birthday.

— In this life we help bring about and partake in an ever-emerging Divine Life on Earth; a Supramental Existence.

Indeed this film had the glimpse of aspiration towards Supramental Existence and had picturized it well, though they may not aware of that on the surface but perceived subconsciously. [SM]

SUPRAMENTAL (TRUTH) CONSCIOUSNESS

Supramental (Truth) Consciousness

Supramental is Truth Consciousness, where we know the absolute, multi-dimensional truth regarding any matter, whereas mind knows a few paltry facts.

Supermind has the Will to make real any idea, and does so through its supramental action/force. Normally we have limited will to see through an idea or understanding.

Supramental Truth Consciousness is three things; (1) an ultimate plane of awareness and action. (2) A force we can open to to enable ultimate possibility. (3) the plane at which Creation, the universe came about to fulfil the Divine intent.

Supramental Truth Consciousness is the plane we invoke through Consecration and Surrender.

Mother is the deployer of Supramental Action and Force.

Human equivalent of supramental Truth is honesty, integrity, truthfulness, forthrightness, transparency, etc.

(Roy Posner)

UNTITLED

A Life of Truth Consciousness is Divine Life. (Karmayogi)

UNTITLED

Supramental Life is far beyond the spiritual life as previously imagined.

UNTITLED

Always being in the exact right place at the exact right time is supramental.

UNTITLED

The (Supramental) Truth Consciousness brings the right results with the right knowledge at the right time.



ATTRACTING LIFE FROM WITHIN IN YOGIC LIFE

The yogic approach is not to go after life, but for life to come to you.

Further comment: From within we gain access to a stillness and a supramental power by which our inner aspirations are fulfilled, as life comes to us from all directions without lifting a finger or making a move. It is the way of life in the next stage of human existence, what Sri Aurobindo calls the Divine Life.

(Roy Posner)



INFLUENCE OF SUPRAMENTAL ON OUR LIVES

Evolution comes by the unceasing pressure of the supramental planes.

It compels to deliver principles and powers.

They might have conceivably slept imprisoned.

It is imprisoned rigidly in the material formula.

This would even have been improbable.

Their presence there implies a purpose of deliverance.

Still this is necessary from below.

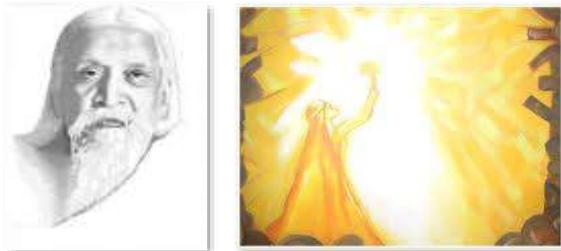
It is actually aided by the kindred superior pressure. (MSS)

Descent of Supermind: “Golden Day”



UNTITLED

On February 29, 1956, the Mother envisioned a golden hammer breaking through a golden door allowing the supramental light, power, force to descend on earth.



ANNIVERSARY OF THE SUPRAMENTAL MANIFESTATION

February 29, 1956 is the anniversary date of perhaps the most important moment in the history of the world; when the Supramental Force that Sri Aurobindo discovered descended onto the earth.

On this day Mother envisioned a golden hammer breaking through a golden door allowing the supramental light, power, force to descend on earth. The earth then absorbed all of that Force

It is the reason why every time we consecrate an act, open to Mother, the Force, now more readily available, moves to create startling outcomes in our lives.

As she said after this Great Event:

'Lord, Thou hast willed and I execute:

A new light breaks upon the earth,

A new world is born.

The things that were promised are fulfilled'. (the Mother)



UNTITLED

The Force that descended in 1956 is available to those who want to invoke the Spirit. That Spirit expressed in life releases the infinite from the finite which will usher us into Spiritual Opulence. (Sri Karmayogi)



UNTITLED

The manifestation of the Supramental upon earth is no more a promise but a living fact, a reality. It is at work here, and one day will come when the most blind, the most unconscious, even the most unwilling shall be obliged to recognize it. (the Mother)



THE SUPRAMENTAL DESCENT ON FEBRUARY 29, 1956

"This evening the Divine Presence, concrete and material, was there present amongst you. I had a form of living gold, bigger than the universe, and I was facing a huge and massive golden door which separated the world from the Divine. As I looked at the door, I knew and willed, in a single movement of consciousness, that "the time has come," and lifting with both hand a mighty golden hammer I struck one blow, one single blow on the door and the door was shattered to pieces. Then the supramental Light and Force and Consciousness rushed down upon earth in an uninterrupted flow." (The Mother, 29 February 1956)

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"The manifestation of the Supramental upon earth is no more a promise but a living fact, a reality. It is at work here, and one day will come when the most blind, the most unconscious, even the most unwilling shall be obliged to recognize it." (The Mother, 24 April 1956)

29 FEBRUARY 1956

The most important day in the history of the world.

It is when the Supramental Consciousness descended onto the earth.



SUPRAMENTAL FORCE EMERGING ON EARTH - CHRONOLOGY

1950s - Descent of Supramental power on earth

1960s - Hippies are first major social movement expressing Supermind on earth

1970s - Birth of the New Age spiritual movement

1980s - Personal computer revolution takes hold. End of Cold War.

1990s - Birth of the Internet

2000s - Environmental movement spreads around the world

2010s - Smartphone revolution takes place. Globalism spreads around the world

2020s - New global culture and society begins to take shape

... and perhaps-

? - Global Governance

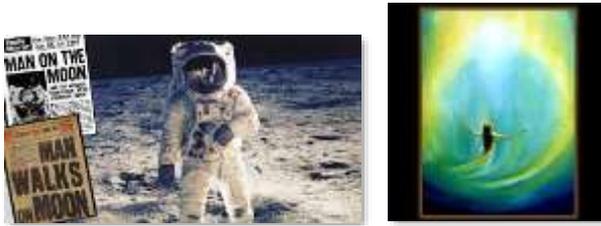
? - Human Unity

? - Supramental Transformation

? - Divine Life on Earth

UNTITLED

Sri Aurobindo made the Supramental plane/force readily available to the cosmos, enabling the Mother to bring it down onto the earth



MAN ON THE MOON AND SUPRAMENTAL DESCENT

Humanity celebrates the 50th anniversary of men landing on the moon. But isn't the advent of the descent of Supermind into the earth's atmosphere in 1956 1000 times more significant, as it gives a new infinite-like power to quickly change the conditions of life around us?

Man is material, physical in consciousness (thus this great moon landing celebration), not spiritual. And yet, urged on by a small minority of followers, he is slowly opening to that much greater something.

Supramental Individual



QUALITIES OF THE SUPRAMENTAL INDIVIDUAL

--The supramental individual will be in Harmony with everybody and everything. Sense of separateness will disappear. There will be a complete identity with each person, every object, all circumstance in the unfolding of life; thereby seeing the purpose in all things.

--All dualities will cease, as he perceives the higher harmony and resolution in all conflicting, contradicting elements.

--The Supramental individual will be fully in touch with his psychic being, and from there have a continuous soul to soul connection with others.

--He will be in a never-ending state of peace and joy.

--His one goal will be to surrender to and carry out the Divine Will, Mother's Intent, fulfilling the Integral Yoga.

--He will be in tune with the great currents of change in the world, and have a vast impact.

--He will be an instrument for unprecedented insight, change, and determination. The seemingly unfathomable will be made real through him. He will be a vehicle for infinities to emerge from finites.

--The physical transformation into the supramental species lies beyond.

--He and the world around him progressively embody sat-chit-ananda in the universe.

--Along with others like him, he will help usher in a Divine Life on Earth.



SUPRAMENTAL MAN

Though Mother has predicted the emergence of the Superman, She has not clearly specified how different he will be and what will be his capacities. There are references here and there in Bhagawan's [Sri Aurobindo's] and Mother's writings which we have to collect in one place. Let us try that now.

1. The supramental being will be immortal and he need not die as ordinary humanity has done in the past.
2. Though the supramental being will retain the basic human form, he won't have respiratory, circulatory or digestive organs as he won't have to breathe or eat food in order to live. He will be drawing on the universal energy that is around him.
3. The supramental being will be a sexless being and therefore neither male nor female. However, he can reproduce by directly generating a new supramental being out of his body.
4. The superman will exhibit intuitive capacities and can find out what other people are thinking and feeling without them having to speak it out.
5. The superman's Knowledge and Will power will be one and unified. As such whatever he wishes will get automatically realised and there won't be any time gap between the wish and the result. Suppose he wants to go to Chennai from Pondicherry. He will be there the next instant and he won't have to travel for 3 hours like we human beings do.
6. His body will be so plastic and bending like rubber that he won't suffer any injury like we ordinary humans do.
7. He will look at any issue from a full perspective and not have a one-sided view like we ordinary human beings do.
8. He won't be subject to the normal process of ageing that we are subject to and therefore he will look eternally young.

9. As he lives in the plane of Self-existent Truth and Self-existent good, he won't have the usual good and bad and sin and virtue type of mentality that we humans have.

10. Though devoid of ego he will still be an individual but one who can harmoniously relate to others.

(N. Asokan, MSS)



NORMAL VS. UNIVERSAL VS SUPRAMENTAL MAN

Normal, i.e. egoistic man wants to own his success exclusively; keeping others at bay. Universal man thoroughly enjoys when his success spreads to others. Supramental man automatically creates success for the collective, and all involved delight in it.



MAN TO SUPERMAN ACCORDING TO SRI AUROBINDO

-Man is a transitional being; he is not final.

-The step from man to superman is the next approaching achievement in the earth's evolution.

-It is inevitable because it is at once the intention of the inner Spirit and the logic of Nature's process.

(Sri Aurobindo)

DIFFERENCE BETWEEN ORDINARY MAN AND SUPERMAN

The superman who is going to emerge in future will be vastly different from the ordinary man as we know. The difference may be as great as the difference between man and monkey. Let us see a sample list.

Ordinary Man	Superman
He is mortal and subject to death.	He is immortal and is not subject to death.
He lives by breathing air and eating food.	He lives by drawing energy from universal plane.
He is either man or woman.	Superman will be a sexless being and therefore neither male nor female.
Ordinary man physically moves from one place to another.	Superman will be there wherever he wants to be in an instant. His movements are not barred by distance.
His knowledge and Will are separate. This means he must work to get whatever he wants. For example, if he wants to buy clothes, he must go to a ready-made shop and then get them.	For superman, knowledge and Will are one and the same. This means whatever he wants he will get instantly. If he wants clothes, they will be there right away. If he wants to meet a person, that person will be there right away.
He uses reason to understand and makes uses of his senses to receive information.	He gets to know others by insight through identity and as such senses are unnecessary.
He functions on the basis of dividing his time between past, present and future.	Superman lives in the ever present.
His understanding is partial, linear and one-sided.	His understanding is many-side, global and integral.

His body is liable to be injured.	His body will be so plastic that it cannot be injured.
He can know other's thoughts only when they speak it out.	Superman knows other's thoughts directly through intuition without their speaking it out.
He reproduces through procreation.	He reproduces by extension.
His Psychic being is hidden.	The psychic being itself acquires a solid form and becomes the supramental being.
Human joy comes from outside and is dependent on good news.	Superman's joy is self-existent and is ever present irrespective of circumstances.
His energy is limited and dependent on his food supply.	His energy is inexhaustible and is always renewed from the surrounding planes.
His life is maintained by the functioning of organs such as the heart, lungs and kidneys etc.	His life is maintained by subtle chakras that work instead of organs.

(by N. Asokan, MSS)



SUPRAMENTAL BEINGS: ULTIMATE CREATORS IN LIFE

As supramental beings we each become ultimate Creators in life, just like the divine Creator, the Ishwara. Thus, He creates, manifest the universe in the Involution, and we create a divine life on earth in the Evolution.



SUPRAMENTAL'S UNSHAKEABLE PEACE & SPIRITUAL EQUALITY OF BEING; ABSENCE OF DIVISION

Mother says one of the sure signs of the supramental is an unshakeable peace and absolute spiritual Equality. There is no trace left of ego so there is no reaction to anything.

Whatever action the supramental being initiates is an act of the Divine Will, not a separate egoistic will.

There will be no dualities of pleasure and pain, good and evil, joy and suffering, knowledge and ignorance, power and impotence.

All will be an experience of delight, eternal goodness and truth. (Garry Jacobs)



UNIQUE EXPRESSIONS OF SUPRAMENTAL NATURE

The supramental era will commence a new phase in spirituality with each supramental individual relating to the Supreme in his own unique way instead of the stereotyped and common path that everybody follows now days. (MSS)



SUPRAMENTAL INDIVIDUAL IN FILM 'PHENOMENON'

A question that can be asked is whether there has ever been a film depicting a Supramental Being.

In the recent 55-episode series on the life of the Buddha we see many of these aspects, though not all. Of course there are a number of other movies presenting such Divine personages. Eg in the 6-hour English production of Mahabharata, Krishna also appears to have many of these attributes. But do they truly have the gnostic, supramental qualities as described in the next to last chapter of Sri Aurobindo's 'The Life Divine' and elsewhere?

One such film that stands out for me in this area is the 1996 movie 'Phenomenon.' I have watched the film more than 10 times, each time enjoying being in the atmosphere of one who is on the cusp of Supramentality.

Among the ways the central figure in the story George Malley expresses those traits at the mental, vital, and physical levels are-

- the ability to synthesize any knowledge into a greater knowledge, leading to non-stop intuition and revelation of thought
- his universal capacity to know things at a physical distance, including its goings on
- his miraculous-like power to solve any mystery
- his ability to continually create exceedingly creative solutions beneficial to the community and society
- his power over the physical/material plane, overcoming gravity, magnetism, etc. (telekinesis)

But then what is he missing to be a true supramental personality?

-We can ask, does he show true harmony and oneness with others? He does seem to come into identity with ideas and material objects. However, in part due to the situation he finds himself in there is a modicum of conflict in his life with others, mostly due to the bewilderment and fear of his capacities by many members of the local community. This also irritates him on occasion, disturbing his equality of being.

-Does he show oneness and identity with things, life around him? Well, he still goes through conflictive situations. A supramental Being does not normally have to pass through contradictions to experience that harmony and oneness. He is constantly evoking a higher harmony (as Buddha is able to do in several of the episodes.)

-He does not appear to be aware of the Divine, Supramental Force or use it; though the writers of the film leave it open as a possibility that his capacities originate from a supra-normal, even spiritual-oriented race or entity.

-Does he experience the ecstatic Joy (ananda) of the supramental being? In many ways he does, but perhaps not the divine Bliss.

-His sense of True Individuality is established, though it is not clear to what degree he is in touch with his psychic being, evolving soul.

-How about Divine Love? It is not clear if he feels such a thing or consciously conveys it to others, though he fully loves one person (human love).

Please let me know if you agree with these assertions by watching the complete 1996 film when you have a chance. And let's discuss what makes him gnostic-like, i.e. Supramental, and where he comes up short.

Here is the trailer for the film:

<https://m.youtube.com/watch?v=H3woaPZowmM&feature=youtu.be>



PIONEERS LIVING IN SUPRAMENTAL CONSCIOUSNESS ENABLING DIVINE LIFE ON EARTH

The ultimate pioneers of consciousness can go onto supramental heights rooted in this truth consciousness. Such a way of knowing can open the doors to a new way of living, to enable the emergence of a new type of evolutionary individual, and a new divine collective life on earth.



NEW EVOLUTIONARY BEING AND COLLECTIVE LIFE ON EARTH

Eventually this individual can become the ultimate evolutionary personality and being. He becomes a transformed gnostic individual, filled with the Divine aspects and powers, living life for a Divine Purpose and Unfolding in creation. He acts with a spiritual orientation and purpose, bringing this spirit to bear in all activities in life. He is infinitely creative, dynamic, releasing the infinite potential of life into every moment by bringing he Being, the Spirit into the Becoming of every moment of our existence.

If a number of such divine-like humans emerge, then there is the possibility of the development of a community of such individuals, living within the greater community of society. Such individuals may come together to help form a new social and collective order and existence, culminating in the possibility of the emergence of a divine life on earth.



THE NATURE OF THE GNOSTIC/SUPRAMENTAL BEING

[a summation of the next to last chapter of Sri Aurobindo's 'The Life Divine' called "The Gnostic Being"]

What would the Gnostic Individual i.e. the Supramental Being be like?
What qualities would this individual possess?

INTEGRAL TRUTH KNOWLEDGE, including-

- the capacity to perceive the right relations between the parts of any truth
- a complete identity with that integral truth of things
- an integration of Knower, Knowledge, and Known
- the capacity that leads to right dealings with life
- the ability to know directly the truth of things (Truth Consciousness)
- an Integral Knowledge that has also has Will and Power for it to manifest as Real.

ONENESS, including-

- oneness with all aspects of being
- oneness with others, including care for their good and well-being
- an inner oneness between the individual and the outer life experienced.
- having a World consciousness and action
- being at one with the individual, universal, and transcendent purpose and action
- being one with the Divine Intent

-being one with all planes of being, enabling one to become the master of life

-having universality and cosmic consciousness

DELIGHT-

-by knowing and living one's purpose

-in one's relations and experiences with life movements

-in one's relation with others

-within one's own self and being

-as a result of the shift from pain and suffering to their opposite

-within the various planes of one's being

-in communion with the Divine

-in love of God

DEVELOPMENT OF PERSONALITY AND SELF-

-in an ascending scale, having gone beyond Manners, Behavior, and Character to Personality and Spiritual Individuality

A WIDE FREEDOM, including-

-freedom that sees beyond laws, restrictions, and mental standards

-the reconciliation of freedom and order

REALIZATIONS IN THE VITAL PLANE OF HIS BEING, including-

-higher vital expressions, such as universal connection of love with others

-diverse experience giving the full sense of life

REALIZATIONS IN PHYSICAL PLANE OF HIS BEING, including-

- overcoming the limits of physical consciousness, including the drag of the subconscious
- the responsiveness of the physical body to the Spirit
- the supramental effect on the body
- the restoration of the intuition of the body
- the right physical perceptions, including its right relation with things
- the body's capacity to be flooded with the supreme energy of the consciousness-force

An Analysis of Sri Aurobindo's 'The Life Divine' by Roy Posner

<http://royposner.weebly.com/.../271003.../lifedivineanalysis.pdf>



LEVELS AT WHICH WE RELATE TO OTHERS

In a given moment we relate to people by what they look like as they stand next to us or appear in a picture, etc.; and from there we judge their appearance, whether attractive or unattractive; and in a variety of other superficial ways.

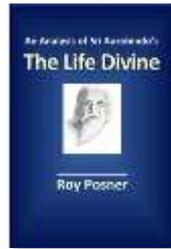
On the other hand, the Higher Consciousness Individual does not just relate to the physical presence of another before them, but picks up on the feelings, their psychological status, the person's mind, even that person's soul and essence.

This is an indicator of how future individuals of a spiritual-bent will relate to others. I.e. through soul to soul connection that is supramental in nature.



PHYSICAL TRANSITIONS TO THE SUPRAMENTAL

There are going to be physical transitions, challenges as we shift from the gross, material organs that make up our inner physical body, to their replacement as centers of Light. These are but some of the transitions we are likely to go through as we shift from ordinary human life to supramental existence.



THE SUPRAMENTAL BEING AND LIFE

In Sri Aurobindo's epic mystic tome on the nature of Divine and human existence - *The Life Divine* - he describes the attributes of the SUPRAMENTAL INDIVIDUAL in the next to last chapter 'The Gnostic Being.' To view my analysis of that chapter, please open the following link and then on the Table of Contents at the start of the PDF book, select The Gnostic Being (p.423)

In the chapter after, I analyze his descriptions of the SUPRAMENTAL LIFE, which he calls 'The Divine Life on Earth' (p.443)

<http://royposner.weebly.com/uploads/2/7/1/0/27100343/lifedivineanalysis.pdf>

THE FIRST SIGNS OF SUPRAMENTAL CONSCIOUSNESS IN THE INDIVIDUAL

The first signs of this new consciousness are quite tangible: One begins to feel others too as part of oneself or varied repetitions of oneself, the same self modified by Nature in other bodies. Or, at the least, as living in the larger universal self which is henceforth one's own greater reality. All things in fact begin to change their nature and appearance; one's whole experience of the world is radically different from that of those who are shut up in their personal selves. One begins to know things by a different kind of experience, more direct, not depending on the external mind and the senses. It is not that the possibility of error disappears, for that cannot be so long as mind of any kind is one's instrument for transcribing knowledge, but there is a new, vast and deep way of experiencing, seeing, knowing, contacting things; and the confines of knowledge can be rolled back to an almost unmeasurable degree. (Sri Aurobindo)



UNTITLED

When the Supermind arrives every man will become an avatar. (Sri Karmayogi)



KARMAYOGI: SUPRAMENTAL AVATAR OF KNOWLEDGE

A genius is one who brings out ultimate knowledge in a field in his time, more often than not emanating from experiences of spiritual mind - i.e. through silence, vision, intuition, etc. A genius also normally applies himself to a particular field - like Einstein to physics and Ramanujan to mathematics. It is however rare to apply one's genius to multiple fields simultaneously.

And yet Karmayogi has done just that. Through his genius-based efforts he has brought out infinite-like wisdom from many fields of life simultaneously - including the domains of social development, education, history, literature, economics, spiritual growth, human evolution and transformation, and the nature of creation and reality.

And he has breached, gotten to the essence and core of each of these fields in vast detail through many thousands of unprecedented, groundbreaking insights, a feat unknown in the world till now.

Moreover, he has INTERCONNECTED these thoughts in unimagined ways, creating in essence an Integral Wisdom across all fields of life. Over the years I have thus referred to him as a multi-dimensional Spiritual Genius.

I am even tempted to say he has attained Supramental Genius in the plane of Knowledge. He became an avatar-like Personality for our time and all time. One whose Wisdom can move the world forward toward its infinite possibilities in this accelerating Mental Age.

-Reposted from book 'A New Way of Living' by Roy Posner

<http://royposner.weebly.com/a-new-way-of-living.html>

Evolving into Supramental Being



UNTITLED

Becoming the Supramental Being is a bigger change from the current human being than the human is from the chimpanzee. Yet, due to our collaboration with the ever-increasing Force in the atmosphere, it is beginning to occur.



FROM PSYCHIC TO SUPRAMENTAL BEING

When the Soul evolves in us, it becomes the Psychic Being. And when the psychic being fully evolves and reaches its ultimate capacity, it becomes the Supramental Being.



STRATEGIES TO BECOME A SUPRAMENTAL INDIVIDUAL

1. Move your focus of being from the surface to a deeper poise within.

2. Focus less on the outer personality of others, and instead relate to their Essence and Being – their soul.
3. Try to discover your own soul, psychic being and then from there commune with the souls of others.
4. Forget the influences of the past weighing on you, and over-concerns about the future. Focus instead on the here and now.
5. Focus, see the truth in the other person's point of view.
6. Try not to react to the intensities of others, or life conditions.
7. See the positive emerging from out of the negative, including new opportunities.
8. Try to discover the Higher Harmony beyond the contradictions – of ideas, desires, parties, individuals, etc.
9. Shift your focus away from your own needs and concerns to those of others.
10. Well up goodwill inside and broadcast it to other individuals, various collectives, and the world.
11. See the outer conditions as a reflection of one's inner state, and make the necessary adjustments.
12. At any point in the day, check for Ego movements, and halt them in their tracks.
13. When a pain rises, don't focus on it, instead offer it to the Mother, the Supramental Power and then forget about it.
14. Catch any negative attitude toward others, life, and self, and neutralize it. Better still turn it into its mirror opposite.
15. Learn all the subtle principles of life – including character of life and life response.
16. Constantly aspire for greater personal and spiritual growth.
17. Make the right decision in cross-road situations, focusing on what is helpful, beneficial, over the opposite.
18. Think about your highest personal and social values, and try to implement them in your life.

19. If you are ready, surrender to the Divine Mother; making all other matters and concerns secondary.
20. Perceive how life is evolving in and around you, and consider how you can inwardly help that movement along.
21. Sense the spirit in all living things, as well as in inanimate things.
22. Know that you can from within determine the outcome of local and global events; of movements of Mother Nature; of circumstance in your city, state, nations, and beyond.
23. Let your mind continually fall silent, and increasingly know through intuition (ideas appearing in your mind without thought) and supramental perception.
24. Make the effort to understand and embrace all sides of a matter; not being fixed on your own partial understanding.
25. Try to increase the level of Harmony in every moment, meetings, discussion, etc.
26. Convince people by not speaking out your thought; i.e. by practicing Silent Will.
27. Observe how your need, emotions, desires are continuing to recede.
28. Periodically sense if you are in tune with the flow of Life, instead of swimming against the tide.
29. Perceive how everything – from Spirit to Matter - make up the same single Reality.
30. Perceive how the Conscious-Force is in all things. Get in touch with it in any matter, object, etc.
31. Perceive that all forms are different forms of the same Spirit.
32. Perceive how you yourself are spirit in the form of matter. How your soul is part of the Oversoul, the transcendent divine, and is within you.
33. Defer to the other person's needs and concerns at any moment you interact.
34. A sign you are making progress is sudden or continuous evocations of silence, and a calm, inner richness.
35. Reduce speaking by 50%, and lower the volume of your speech.

36. Upgrade your level of cleanliness, orderliness, organization, systemization as much as possible.
37. Avoid wastage of any kind, making maximum use of all resources.
38. Feel gratitude toward something or someone you have taken for granted.
39. Give others – people, objects – the additional attention they deserve.
40. Consecrate any past mistakes if they are still impacting your present.
41. Open to Mother before any minor or major activity; for any problem or opportunity.
42. Try to perfect any activity you engage in.
43. Accept what life has put before you, instead of wanting something different.
44. Sense you are a universal being, able to affect the collective, while being an instrument of the Transcendent Divine.
45. Know that you have the power to create infinitely, just like the Creator (Ishwara); especially with the Supramental Power, the Mother's Force in hand.



SPEEDING UP THE REBIRTH PROCESS THROUGH SUPRAMENTAL POWER

We are continually being reborn in order for the psychic being to discover a higher truth and consciousness in its cosmic journey, and for us to progressively shed our universal Ignorance (of who we are, what our purpose is, what the truth is, what our awareness is, etc.).

Mother indicates we have may have been reborn perhaps 1000 times since the dawn of history, and many of those births we experienced were simultaneous to her own.

...

She and Sri Aurobindo also indicate us that by opening to the supramental power we can hasten our evolution, making this birth the equivalent of 100 births, rapidly speeding up the transition from our animal-like origins to the true human being to a new divine, supramental species. What would normally take 30,000 years can be accomplished in 300, or even less through an active engagement in the means of human transformation.



RAPID EVOLUTION OF THE SOUL THROUGH SPIRIT IN LIFE

The personal evolving soul of the individual takes birth in a body in order to gather one new attribute through that host person -- e.g. greater courage, strength, intelligence, generosity, etc.; it can even seek the reverse. It is for this gathering experiential nourishment from its myriad of hosts that the soul travels in its slow journey through successive lives.

However, by connecting to Spirit within ourselves we can overcome this seemingly endless journey. Through Spirit we can enable rapid evolution and change, add more than one new positive trait to one's character, thus providing the evolutionary sustenance that the evolving soul inside our self seeks, abridging multiple births into one fortunate and joyful life.

Another way of saying this is that through our connection to spirit in life we break the slow cycles of the karma of rebirth. Those who have touched spirit within have seen a dramatic change to their inner consciousness, a treat for the evolving soul within. A rarer few have actually discovered spirit through the personal evolving soul itself, further accelerating one's own and one's own soul's evolution.



UNTITLED

Transformation is going beyond one's human potential, to supramental levels.



THE PSYCHIC BEING AS BASIS OF FORM OF THE SUPRAMENTAL BEING

The Mother understood that it is the Psychic Being (the evolving soul within us) which will receive the Supramental Force and acquire a solid form and emerge as the Supramental Being, the next species beyond the human.



GRACE COMES FOR TRANSFORMATION

"What Mother needs is an evolution in our personality that leads us to becoming the spiritual individual. In its peak it is seen as fully transforming man into a supramental being.

SHE WILL SEND GRACE ONLY FOR THAT. We initially rely on prayers, and Grace comes. That should develop the faith in the Grace's principles that goes to develop the personality that needs no prayers in the future. Skill

should accrue capacity to attract Grace, and goes on to surrender that capacity at next level." (Ramesh Kumar)

This statement is so true to life, and yogic experience. We adore the Mother, worship her, ask for things, pray, hope, etc. etc. But in one sense they are all irrelevant to Her Higher

Purpose. She, the Divine has an Intent for the world, for each of us, and we must be receptive to that descending Grace.

We first call the Grace for our own individual purposes, but then it reaches another stage where it just come to us non-stop, and then the only question is how receptive we are to letting it in, to express through our lives.

At that point, clearing out all the blockages, and full surrender is all we need from our side. The Grace will come. No need to ask for things; other than being in touch with our highest aspiration in life. Just Surrender, Surrender, Surrender; in every detail, in every act, in every feeling and want and need. The Grace will just keep pouring in. Positive life response will occur in so many ways, at various planes and dimensions and fields of our being and lives.

We just have to identify our resistances as they occur, consecrate them, which will cast them aside. The Grace will still keep pouring down, as Her Intent is realized through our ever-rising consciousness.



EVOLUTION THROUGH SELF-EVOLUTION

The Divine itself has transformed and evolved as the Universe, and we humans are the extensions of that self intervention (Self-Evolution) of the Divine and its Shakti.

Evolution continues, and Beyond humans are evolving themselves as Supramental beings. We are moving from mind to Supermind. Hence Life essentially is for experiencing that Self -Evolution.

Sri Aurobindo tells us that All Life is Yoga, and every experience in Life, whether good or bad, is helping us EVOLVE.

(paraphrase of S.S. Sreejith)



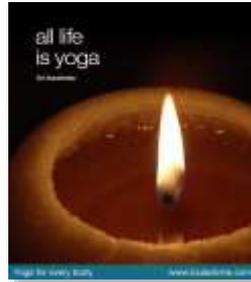
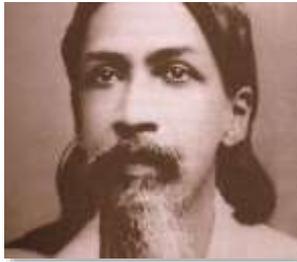
HOW TO APPLY SUPRAMENTAL CONSCIOUSNESS PRACTICALLY IN OUR LIVES

Implementing the supramental consciousness at the physical level of day-to-day will involve essentially introduction of three major aspects of the supramental consciousness. Its chief distinguishing marks are a total and unified point of view, fusion of Knowledge and Will into a single entity which results in instantaneous accomplishment and a sense of perpetual freshness. Acceptance of these three features in our daily lives will necessitate following changes in our thinking and feeling and acting.

1. A widening of our mental outlook so that apart from our point of view on any issue, the viewpoints of others and the total picture is always considered.
2. A fusion of our knowledge and Will cannot be possible in the finite egoistic consciousness that we live in. The Psychic lives in the Infinite and unified consciousness and so he or she who moves to the psychic consciousness can hope to acquire an ability to achieve instantaneous accomplishment. Mother's grace is also functioning in the infinite dimensions and so he or she who is in alignment with grace can also acquire this capacity for instantaneous accomplishment. But again alignment with grace demands such spiritual accomplishments as surrender, liberation from ego-consciousness and absence of egoistic

initiatives etc. As a minimum it will demand complete faith in the power of grace to act on the physical plane.

3. The supermind is perpetually fresh while 99% of our acts are routine, habit-bound and mechanical. He or she who can free himself or herself from the fixity of habits and routine. (MSS)



APPLICATION OF “ALL LIFE IS YOGA”

Sri Aurobindo says, “All Life is Yoga.” Let’s then consider ASPECTS OF OUR LIVES where we can apply higher consciousness in order to grow, progress, evolve:

- in the quality of our attitudes in work
- in the application of values in our work
- in the level of consciousness we bring to bear when interacting with others
- in how we handle finances and money
- in how we deal with difficult situations; with serious crisis
- in making right decisions in cross-road situations
- in taming ego movements when they arise
- in the quality of our feelings towards others, ourselves, and life
- the degree to which we use spirit in our lives
- in our level of commitment to grow as a person
- the degree to which we take care of our physical health
- whether we adhere to truthfulness and honesty

- the degree we overcome our deficiencies, such as unreliability, lack of punctuality, laziness, etc.
- in our level of open-mindedness and tolerance
- in our level of psychological strength to meet life's challenges
- in the way we respond to opportunities that come our way
- in our level of psychological strength to meet life's challenges
- the degree we are willing to learn the subtle laws of life
- the degree we apply the inner spiritual methods to evoke positive response from life
- whether we see the positive, the opportunities behind life's problems
- the degree we give up rituals and superstitions
- the degree we aspire to overcome our ignorance in exchange for an integral knowledge
- in our level of aspiration for something Higher in our lives
- in our capacity and willingness to be humble and self-giving
- the degree to which we sincerely want to elevate our consciousness
- the degree we consecrate conditions, circumstance, activities in our lives
- whether we see that the inner and outer reflect one another; that we change the outer negative by reversing the inner
- in the consciousness we bring to bear in our work, our family life, friendships
- in the way we upkeep our possessions and devices
- to the degree we are organized, clean, and orderly
- in the level of optimism and cheerfulness we maintain
- the degree to which we maintain silence in our mind, peace in our heart
- the degree to which we avoid selfishness
- the degree to which we are willing to and actually overcome our deficiencies

- the degree to which we are open to embrace the truth others are expressing
- the degree to which we listen and not interrupt
- the degree to which we attain perfection in our work
- the level of knowledge and skills we bring to bear in work
- the degree we maintain good relations with fellow workers, associates, neighbors
- the degree we enhance our creative capacity
- the degree to which we practice non-reaction, taking other's viewpoint, consciousness responsibility, etc.
- the degree we seek out and utilize the process of creation in our lives



SUPRAMENTAL EXISTENCE AND THE INTEGRAL YOGA

The Integral Yoga is what enables us to become Supramental Beings, ushering in a Supramental Life on earth.

The Integral Yoga is to go within, discover the Psychic Being (evolving soul), and from there Surrender to the Divine Mother. Supramental existence follows.

Supramental Existence is one of utter peace, truth consciousness, integral knowledge, harmony and oneness with others and life, ultimate power to achieve, perfect unprecedented outcomes, vast creativity, unfathomable love and delight, timelessness and the infinite breaking out.



METHOD OF SUPRAMENTALIZATION

When you shift from the surface consciousness to the depths within, and from there surrender to the supramental power (and its intent, will, knowledge, etc.), you begin to become supramentalized. (many-sided truth knowledge, harmony and oneness with others and life, soul to soul connection, elimination of the negatives in the world, physical transformation/willed immortality, etc.)

So that can be our objective. When we do that, we will experience all the qualities listed above, and then some. We will know them even more practically, specifically, in our own terms.

Are you willing to give it a try?



EVOLUTION = MOVEMENT WITHIN + SURRENDERING TO FORCE

Sri Aurobindo indicates that there are two simultaneous movements we can make to hasten the Evolution: Moving the center of our consciousness into the Inner Being, culminating in the Psychic Center; and surrendering to the supramental Force, the Divine Mother.

(Roy Posner)



SUPRAMENTAL TRANSITION

Mother says the transition from our human state to Supramental beings is as great as from the ape to Man. And yet some are secretly beginning to bridge that gap. Eg consistent experience of Life Response, including the use of the Mother's Force, is a starting point.



THE INTERMEDIARY STAGES OF EMERGENCE OF SUPRAMENTAL BEINGS

That's something I feel more and more clearly: the necessity of intermediary phases [before full blossoming of immortal supramental being].... It's perfectly obvious that something is going on, but it's not the "something" that was seen and foreseen and will be the ultimate outcome: what's going to take place is ONE of the stages, not the ultimate outcome.

Sri Aurobindo also said, "There will first come the power to prolong life at will" (it's far more subtle and marvellous than that). But that's a state of consciousness which is now being established: it's a sort of constant and settled relationship and contact with the supreme Lord, which abolishes the sense of wear and tear; it replaces it with a sort of extraordinary flexibility, an extraordinary plasticity. But the SPONTANEOUS state of immortality isn't possible – at least not for the time being.

This structure must be changed into something else, and judging from the way things are going on, it will take a long time before it's changed into something else. It may go much faster than in the past, but even assuming that the movement is speeding up, it still takes time (according to our notion of time).

And the rather remarkable thing is that to be in the state of consciousness in which wear and tear no longer exists, you must change your sense of time: you enter a state in which time no longer has the same reality. It's something else. It's very peculiar ... it's an innumerable present. I don't know.... Even that habit we have of thinking ahead of time or foreseeing what's going to happen or ... it hinders, it reconnects you with the old way of being.

So many, so many habits that have to be changed.

(Mother, from Agenda, December 31, 1966)



FROM CURRENT LIFE TO SUPRAMENTAL LIFE

The supramental-oriented individual will have less need to love one person, to marry, to have families, to acquire wealth, to have possessions, to go after success, and all.

He will increasingly be a solitary individual who has deep soulful relations with each person he comes in contact with, will have full knowledge and power in his daily existence, and will be fully engaged in Life.

Peace, harmony, wisdom, truth, goodness, love, joy, timelessness, and infinity will be his constant state, as he will always be filled with the light of the Spirit.

Eventually his body too will change into new formations unthought of. It is the coming of the Supramental Individual and Life.

MAN'S SUPRAMENTAL FUTURE

The animal is a living laboratory in which Nature has, it is said, worked out man. Man himself may well be a thinking and living laboratory in whom and with whose conscious cooperation she wills to work out the superman, the god. (Sri Aurobindo)



OPENING TO SUPRAMENTAL, RELEASES CONSCIOUS-FORCE, ENABLES PROGRESS

Opening to the divine Supramental power stimulates the hidden, involved Conscious-Force in our being that spontaneously generates new development and progress within and around us.



PSYCHIC BEING IN RELATION TO THE SUPRAMENTAL

The Psychic Being [evolving soul within] is there to transform the individual personality and to open the individual to the Universal and the Transcendent.

The power to transform the world is not the Psychic. It is the Supramental. The Psychic however is the key to that because it is the representative of the supramental and the higher planes in our lives. Unless the psychic being is there, there will be no receptive organ or instrument through which the spirit can descend and act, and transform Life.

Thus the psychic is there to find the Divine, the supramental and bring it down to enable evolution, transformation, and a Divine Life on earth.

(Garry Jacobs, paraphrased)

THE PSYCHIC BEING & THE SUPRAMENTAL

It is the Psychic Being (within us) that becomes the Supramental being in the body.

Discover the inner being, the psychic being, the evolving soul, and you can most powerfully open to the supramental plane and embody it in all aspects of our being; mental, vital, physical.

By opening to the psychic being one moves away from the surface and is therefore more readily able to embrace the supramental consciousness, the Truth Consciousness, the Force of the Divine Mother.

See the Supramental Life Facebook group:
<https://www.facebook.com/groups/374780016270137>

Spiritual Methods to Attain Supramental



SPIRITUAL METHODS THAT ENABLE SUPRAMENTAL CAPACITY

There are spiritual methods that when engaged in give us supramental capacity.

CONSECRATION - When we consecrate an activity, an event, a problem, an opportunity etc. we are in fact evoking the Supramental Power. It evokes ultimate response, conditions, knowledge, et al in the shortest period of time.

TAKING ANOTHER'S VIEWPOINT - When we engage in this method we open to the multi-sided, integral Truth of things, far beyond our limited perspective, which is a supramental property.

SURRENDER - When we give ourselves, our life, our very purpose for living to the Divine Mother, we are opening to Her Supramental Power, which directs us to the right actions and behaviors that produce ultimate results.

PURITY - When we give of ourselves fully to the Divine, focusing on nothing else, we move to the Supramental plane. All possibilities come from that Spiritual Perfection.

(Roy Posner)

KNOWING THE SUPRAMENTAL TRUTH BY TAKING TO PRACTICAL SPIRITUAL-LIKE METHODS

Taking the viewpoint of others, being and acting in harmony with others, giving up egoistic initiative, giving up faith from the mind's way of seeing things and relying on Mother, non-reaction and equality, goodwill and self-giving are ways in which we make real in thought and feeling a conscious recognition of Supramental Truth which can transform our lives. (Garry Jacobs of MSS)

Truth

MEANS OF SUPRAMENTAL TRUTH

Taking the viewpoint of others, being and acting in harmony with others, giving up egoistic initiative, giving up faith from the mind's way of seeing things and relying on Mother, non-reaction and equality, goodwill and self-giving are ways in which we make real in thought and feeling a conscious recognition of Supramental Truth which can transform our lives. (Garry Jacobs of MSS)



CONSECRATION TO PSYCHIC, SUPERMIND, PERCEIVING THE REALITY

Through constant Consecration one reaches the Psychic Being, thereby dissolving ego, enabling the mind to soar and experience Supermind and its unity consciousness that perceives the true nature of the omnipresent Reality, the All.



POWER OF TAKING ANOTHER'S POINT OF VIEW

Taking Another's Point of View moves one from opinion, preference, and insistence to the many-sided truth of things. It is a Supramental Act.

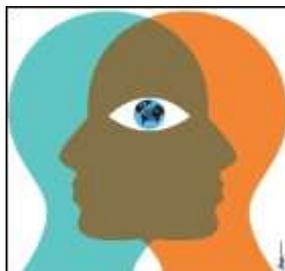


TAKING OTHER'S POINT OF VIEW IS SUPRAMENTAL

Do you know Karmayogi's principle of taking the other person's point of view? Even if they are wrong, it helps to embrace their position. Doing so often has the effect of bringing them around to your original position!

It is to take the supramental perspective of the potentiality and reality of the many-sided truth of things, not just the part one knows.

It may be worth an experiment. It also puts one Aspiration on a steadier psychological basis.



SUPRAMENTAL VIEWPOINT

Taking the other person's viewpoint is the supramental view, as it opens one's consciousness to all sides, which is the way Supermind perceives existence.

The Supramental view acknowledges the role ignorance, falsehood, and evil play in the Evolution.



CHOOSING A GROWTH PATH TO THE FUTURE

Q: So there seems to be a number of ways people can learn to improve themselves and understand and master life.

A: Yes. An individual can at the highest level participate in the unfolding of the spiritual destiny of the universe, or, if a little less ambitious(!), can simply learn to make his being more whole by learning the fundamental techniques of personal growth -- including higher attitudes, more skills, greater and more integral knowledge, more energy, more organization, and other capacities to make them a more integral person.

One can also learn the inner functionings of life, including the subtle principles and powers of Life Response and Consecration, i.e. opening to the spiritual Force when engaging in life. These will attract extraordinary results, and if taken up in full with sincerity enables one to become the Master of Life.

One can also learn, if so inclined, to understand how the universe came to be from a divine source. Such principles of creation as Satchitananda, and the nature of the Truth Consciousness (Supermind) that Sri Aurobindo has so magnificently identified and brought into the world.

One can also embark on a journey of spiritual transformation, including the discovery of one's personal evolving soul, as well as opening to the descending spiritual Force and Light that enables us to transform our physical, vital, and mental nature, thus evolving into a new spiritual-

oriented being. That can culminate in an ultimate change, a supramental transformation, where we develop a Supernature, and become harbingers of a new type of spirit-oriented individual on earth.

So which path should one take? It depends on what we are ready for. What we aspire for, what motivates us, what we hunger for, looking for, are seeking in life.



INTEGRAL PERFECTION IN WORK

An integral, many-sided perfection of a work takes it to supramental status, where one attracts vast, infinite-like possibilities and results. Perfecting every detail, in every dimension is perhaps Sri Karmayogi's central approach to work. His method is to list out half a dozen scales of measure by which one's work can be perfected; e.g. in terms of accuracy, timeliness, responsiveness, level of organization, intensity of effort, maximum utilization of resources, etc. Then act to move the work higher in each scale. Positive life response will break out; as the infinite replaces the current finite.



CONSECRATION CONTAINS "THE COMPLETE ACT"

Based on the teachings of Sri Aurobindo and his view of the process of creation, Karmayogi has conceived of "The Complete Act." It is the combination of certain factors executed consecutively in a process that all

but guarantees perfect execution and outcome, including an often startling, unexpected positive response from life.

The Complete Act begins with the conception of what one wants to achieve, followed by one's supporting will and emotions for it to be carried out, out, followed by the physical execution of the act, supported by right attitudes and skills, leading to an outcome that is perfect; even unprecedentedly so.

One can follow this process for any major activity, like a project, or even the smallest act, such as brushing one's teeth. It is as microcosm of and similar to the process that enabled the universe to emerge from a Divine source.

Consecration is the opening to the Supramental Power that has descended into the earth's atmosphere, that engages in and fulfills all stages of The Complete Act process in a single spiritual gesture, returning immediate unprecedented, infinitely creative results.

Consecration is the spiritual method of opening to the Supramental power, aspiring for a great outcome, yet indicating "Thy Will Be Done;" where the Spirit's Will of the outcome is paramount, not our own will, which can limit the result.

One can consecrate before engaging in The Complete Act, at each stage, or even retroactively.



JOINING THE FORCES OF SILENT CHANGE

The old mental order is crumbling or going through intense pressures, making the way for Something Greater. The Higher is also coming through subtly and Silently, while most on earth are consumed by the intensity of the change and the difficulties of their own lives.

It is then a matter of choice to join the forces of Silent Change. We can partake in this quiet process, ushering in a new-type person, a new society; spirit-oriented and supramental in nature.



METHODS OF DAILY SPIRITUAL LIFE VS PRACTICING TRANSFORMATIVE SUPRAMENTAL YOGA

The ongoing daily spiritual approach and routine is to consecrate wherever we can, and practice spirit-oriented methods on a regular basis - like non-reaction, silent will, taking another's point of view, shedding negative attitudes, practicing humility and self-givingness, taking to higher personal organization, making a greater effort, etc.

On the other hand, the yogic, transformative approach is to move the center of our being away from the surface of life, and into the depths; culminating in identity with our psychic being (evolving soul), then continues by aspiring for and surrendering to the Mother's supramental Force, which descends into our being, transforming all planes of our being, (mental, vital, and physical), as well as the world around us, while giving us the capacity to create infinitely; together enabling us to become gnostic, Supramental Beings, ushering a new human race, and the unfolding of a Divine Life in Earth.

We try to educate our children, give them a good character, train them in values of life, and leave them any property we have. Those who do so congratulate themselves.

Property apart, a good education and wedding is the responsibility of the parent. Beyond that lies employment. Every parent is at pains to fulfil this duty. They are dutiful parents. When we have a work, conduct an exam, build a house, manage a seminar, or conduct a negotiation, we prepare ourselves, plan and meticulously execute. We are satisfied with excellent results. When you have one such work, instead of preparing yourself and planning, observe the course of events.

First speak to Mother, consecrating the work, and do not plan as usual. If you have the luck of such an observation and you are able to leave every step in Her hands, the results will be amazing. "I could never have done this," is what one exclaims at the end.

And that happens every time we are able to leave the work and its different parts in Her hands.

This may generate Faith in you. In that case, consider whether you can give your child education, employment and marriage or you can leave it in Her hands. If you are lucky enough to arrive at the latter decision, you will, in the end, realise that you cannot have achieved that much.

There is a better course. It is to give them Mother instead of property, education and character. It cannot be done orally or by instructions. Every time the duty presents itself to your Mind, refer that to Mother. Make that reference richer and deeper over the years till you reach the very depths of your being.

There is no greater duty than giving Mother to your children. You certainly cannot give to your children what Mother can give them. You are a lucky father if your children take to Mother as fully as they can.

-- Sri Appa (From the book Spiritual Opulence)



STEPS TO BECOMING SUPRAMENTAL

I believe the final process of becoming Supramental is a BIOLOGICAL process, although the starting process is Understanding, Prayer, Surrender and Consecration.

We are in a womb and when our inside being and its consciousness matures, it can release or deliver itself to life through spirit transforming itself to a Divine being in Life.

We are in our mind now. There is WAY or PATH inside where our inner being can move when it matures and when it achieves necessary energy to release itself to life, it CAN.

(S S Sreejith)

UNTITLED

Supramental action through consecration not only gives knowledge that solves the problem, but manifests it as Real in the world.

Comment:

It is the unique quality of the Supramental, of Mother's Force, that has been increasingly available to the world in recent decades.

UNTITLED

Supramental Power evoked - ie Consecration - attracts revelation of the deepest, most relevant Truths related to the matter.

UNTITLED

The complex becomes unprecidentally simple through the supramental power, the Mother.



OPENING TO MOTHER & HER FORCE

-When you open to Mother & Her Supramental Force, you continuously feel Her Guidance.

-When you open to Mother & Her Supramental Force, all conditions are set right, and Truth prevails.

-When you open to Mother & Her Supramental Force, conditions run smoothly, without a hitch.

-When you open to Mother & Her Supramental Force, you continuously know what to do and what to avoid.

-When you open to Mother & Her Supramental Force, you tend to embrace change.

-When you open to Mother & Her Supramental Force, you continually feel a Smile within.

-When you open to Mother & Her Supramental Force, worries and fear disappear.

-When you open to Mother & Her Supramental Force, you are continually calm and collected; even serene.

-When you open to Mother & Her Supramental Force, you grow in consciousness, as do people and things surrounding.

Supramental Body



PHYSICAL TRANSITIONS TO THE SUPRAMENTAL

There are going to be physical transitions, challenges as we shift from the gross, material organs that make up our inner physical body, to their replacement as centers of Light. These are but some of the transitions we are likely to go through as we shift from ordinary human life to supramental existence.



FUTURE BODY OF THE SUPRAMENTAL BEING

-In the evolution men and women are progressively becoming like one another.

-Mother says the supramental being would be sexless.

-She even became that herself several times in several startling subtle experiences.

-All current systems of the body - circulation, breathing, digestion, procreation et al - would be replaced with centers of consciousness.

-This personality would live as long as it wants.



CENTERS OF CONSCIOUSNESS & THE SUPRAMENTAL BODY

Need for digestion, breathing, procreation, etc. ends for the Supramentalized person, as all such physical centers are replaced with their equivalent Centers of Consciousness.



THE FUTURE BODY

Mother said that the future body would have no-

- reproductive parts
- digestive parts
- breathing parts
- circulatory parts
- structural parts

all to be replaced with Centers of Consciousness. This is the body of the Supramental Being. We can aid in that process by overcoming certain limitations of our physical nature.



ON IMMORTALITY

Physical immortality is something different from immortality of our true self, our evolving soul, our psychic being, which is the unending existence of our being through multiple births. Physical immortality is where we are able to live as long as we choose in the physical body. This will be possible when the cellular essence of our being is responsive to the descending or evoked Spiritual Force, and therefore the body's programming will change so that there will no longer be illness, decay, and death.

The Mother worked on this transformational issue for much of Her life, enabling the cells of Her body to be responsive to the incoming supramental power, forging a path for us to follow. She indicated that Sri Aurobindo or perhaps someone else would return with a New Body that is supramentalized with the capacity of willed physical immortality. That New Person would have centers of consciousness instead of the current organs, digestive systems, fluid and breath circulation, et al. She described this being as tall, svelte, sexless, emanating light, which would be an evolutionary change into a new-type of human species.

Mother had many visions and personal experiences in this area. For example, once She saw Her own body become the supramental being at the subtle plane. She actually, physically saw it. Dozens of these sorts of

experiences of Hers are described in great detail by Her in Her 4000-page diary called Agenda.



MEANS OF IMMORTALITY HERE ON EARTH

—Christians advocate eternal life in heaven. Sri Aurobindo advocates immortal, divine life here on earth.

—Science advocates immortality through material manipulation of the body, such as through gene changes. Mother and Sri Aurobindo advocate endless life through transformation of the cells through their surrender to the supramental Force.

—The Mother made the preparatory experiments on her body for endless life on earth. By opening Her cells to the Force, She opened the gates for future individuals, generations to become immortal. (i.e. for people to live as long as they wish)



MOTHER'S ATTEMPT AT THE TRANSFORMATION OF THE PHYSICAL BODY

In the past decade or so of Her life, the Mother was working on the physical transformation of Her body, in order to bring about an immortal existence.

Her main focus was to convince the cells of her body of their underlying capacity for unending existence now that She could focus the supramental power on them. She succeeded in getting the cooperation of Her body to make the physical transformation change.

However, She was still left with the dilemma of how to transform the organs of Her body, including the breathing and digestive system, et al into new centers of consciousness, replacing the current gross material functioning. She was in a dilemma how of how to bring this about. How does one change physical, material organs into their subtle center of consciousness equivalents?

She suggested at the end that Sri Aurobindo might return with the New Body, in full consisting of spheres of light and consciousness replacing the current gross structures of the body. In one incident during those latter years, Mother became the supramental being physically in the subtle physical. She looked at Her body and saw that it had become svelte, tall, graceful, sexless, with unlimited capacity, grace, and responsiveness. Also all the internal physical functionings of the body - systems, organs, fluids, et al were replaced with their center of Light equivalents.

This would come to be the being She aspired to manifest in life; a Supramental Being that was both immortal and infinitely flexible and responsive to the descending Force.



ILLNESS, WELL-BEING, AND THE SUPRAMENTAL BODY

Sri Aurobindo says there is a subtle, invisible sheath surrounding our body. When it is penetrated, illness comes in.

When our psychological framework is deficient, eg over-stressed, not sufficiently rested, negative in our outlook, taken to intensely vital

activities, etc. the sheath tends to break down, and penetrated by the illness.

For each major illness, we can see a particular psychological insufficiency. Eg those who are rigid have heart conditions; those insecure have diabetes, those who are selfish have certain forms of cancer, etc. We have developed an extensive list based on experience. Reversing these psychological conditions, reverses the illness.

The Mother says that the cells of the body are pessimistic, having experienced pralayas of disintegration, and conflagrations, of suffering, death, decay, and death through the millennia in previous generations. She therefore worked for the cells to become positive, responsive; especially to the Supramental Force.

People have different psychological reasons for falling ill. Eg one man fell ill each time before a big opportunity came his way. The illness was almost indicative of his coming success. It's likely that he had a certain subconscious resistance to the work; whether a fear, a reluctance to engage in it, not wanting things to change, etc.

The Mother made the effort to overcome illness, decay of the body, and death itself. She made great progress, and was able to convert and bring the cells of her body to a state of Joy. She could not however transmute them into centers of consciousness, which was her ultimate goal, which would be the basis of a new, immortal Supramental individual.

The more attention we give to an illness, the more it intensifies.

Utter calm, and opening to the Force is the best way to tend to a current illness.

It is always worth understanding what the inner psychological cause of the illness is. Once that is understood, the body can heal instantaneously.

The “physical consciousness” within us is defeatist. When it senses illness, it reinforces it, strengthens it.

We can observe a cold coming on such as I the throat, which slightly bothers us; and then spreads through to other parts of the body through fear, focus and attention to it, through depression, etc. The lower, physical consciousness, that is defeatist latches onto the illness, reinforcing it.

For a spiritual individual, the Force may be coming down strong, but there is resistance in the subconscious part of our being, causing various pains, like ongoing headache and stomach troubles. Somewhere there is a cause of this resistance. Eg one man was in serious debt, but could not or would not pay back what was due. As a result, the Force descending turned into pain because of this psychological resistance. Once the material matter is dealt with, the physical pain will give way.

Through a 3-day prayer, opening to the spiritual Supramental Force, to the Mother, a serious illness can be completely eliminated.

The Force can best work through a state of utter calm and stillness. Patience and optimism are also great helps in bringing about the recovery.

The “programming” of the cells via the Force, and the transmutation of the various systems and organs of the body into centers of consciousness will not only eliminate all illness from thereon in, but will usher in the Divine, Supramental Being; essentially a new, Immortal human species. It includes the capacity to live as long as he/she wishes to.



GETTING IN TOUCH WITH THE MIND OF THE CELLS

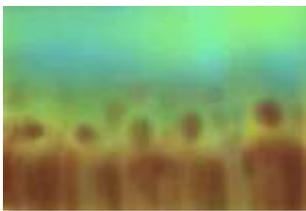
We know of the human mind. We are in it and using it right now. What we didn't know is that the body itself has a kind of mind, which the Mother calls the "mind of the cells" or the Cellular Mind.

For example, if this bodily mind detects that there is a spiritual Force at work in life, the cells of the body brighten and become happy, and thus vibrate in a certain way that creates a healthy feeling and the dissolution of small pains.

In human transformation, which is the end goal of Sri Aurobindo's yoga, the cellular mind shifts its demeanor from a pessimism of the inevitability of illness, decay, and death, to a "reprogramming" in which it perceives the possibility of endless well-being and unending life. Moreover, when the mind of the cells perceives the Supramental power at work, it brightens with a kind of joy, and sheds its feelings of doom to one of continuous well-being and joyful belief in its endless existence.

As described in Her 4000-page diary "Agenda," the Mother spent much of her time in the last several decades of her life communicating with the Cellular Mind, convincing it of its spiritual destiny; of its capacity to reprogram its outlook, leading not only to endless health and unending life, but transformation of the very structures and systems of the body into centers of consciousness, replacing the current gross physical being with its organs, fluids, and the like.

If we are very sensitive, we too can have "discussions" with this bodily mind, and ask it, train it to open to the Force, which will alter its programming away from the inevitability of its decay and demise, shedding the feelings of "pralaya," the memory of life passed down through thousands of generations of the inevitability of suffering and death.



**SUBTLE PHYSICAL
Plane, Body**

THE SUBTLE PHYSICAL PLANE AND BODY

Years after Sri Aurobindo left his body, the Mother would regularly communicate with Him, as he was in the realm of the Subtle Physical. He would eg give her information about certain things, how and whether to act, etc. and she would receive it in the physical.

The subtle physical plane is near to our material existence, but still apart and non-material: i.e. subtle and invisible. It also has a capacity, a propensity to manifest as real.

Once Mother had the experience of the supramental body. It enveloped her. When she looked at herself, eg down at her arms and legs, she perceived their super-evolved Supramental equivalents had taken shape in her body. It was an embodiment in the material physical from the subtle physical.

When we dream we journey in our subtle physical body in the subtle physical plane, often having subtle vital experiences .

The Gods exist in subtle in certain physical planes, as do dark entities. And yet they have the ability to influence our lives in the physical plane in which we dwell.

There are subtle physical planes of great beauty, of pleasure, bliss, and darkness.

There are invisible sheaths or layers that surround our physical body. It is our subtle physical body that exists at the subtle physical plane. It puts us in contact with universal forces. It also protects us from microbes and entities that can penetrate us and make us ill.

When we communicate with others psychically, telepathically, via thought transference, et al. we connect through the subtle plane, using our subtle capacities of mind and feeling; even spirit.

(from Sri Aurobindo)

--By the gross physical is meant the earthly and bodily physical - as experienced by the outward sense-mind and senses. But that is not the whole of Matter. There is a subtle physical also with a subtler consciousness in it which can, for instance, go to a distance from the body and yet feel and be aware of things in a not merely mental or vital way.

...the subtle physical has a freedom, plasticity, intensity, power, colour, wide and manifold play (there are thousands of things there that are not here) of which, as yet, we have no possibility on earth.

(from The Mother, mainly from Agenda)

For me, the subtle physical is far more real than this distorted world, but to see it you have to be conscious there,... For me, this subtle world is far more real than the material world – much truer, much more tangible, concrete, real – but for others in this material world to believe in the subtle worlds,

[Are you referring to the supramental world?]

It applies to everything: every true thing in the world, including all the fairy tale miracles. Things that appear miraculous to the physical consciousness happen in an altogether different way, but to it they are indeed miraculous since they don't depend on any physical processes.

As I have said [re the Experience of the 'Supramental Ship.')] , ' to travel from one place to another there is no need for any means of transport, to feed ourselves it is not necessary to put external things into the body, to dress ourselves we have no need to put on clothes, etc The play of forces is the spontaneous expression of Truth and of the true Will, the true vision.

And what are the influences that come from the subtle physical?

Generally they are of a far higher quality than material influences. I have noticed (I don't know whether it's a personal or a general thing) that the

subtle physical I see is always of a somewhat higher quality than the physical proper. I mean somewhat more harmonious: things are smoother.

... this realm is generally calm – calm, orderly, where things are more harmonious – GENERALLY (I can't say whether it's the case with everybody, but in my own case it's like that).

As I told you, Sri Aurobindo lives there permanently, as though in a house of his own: you can see him, you can stay with him, he is busy. It is very much like the physical, but a physical that would be less grating, you understand, where things are more harmonious and satisfying, less excited.

This is the subtle physical as I know it, I can't say if it is the same for everyone. Sri Aurobindo said, "There is a true physical," well, I have a feeling that this is what he calls the "true physical" – a subtler physical, the true physical which is behind.

[But does it influence the whole earth?]

Oh, yes! In general, these things are terrestrial. ...

I think that as the Supramental descends, the subtle physical will have a greater and greater action on earth, because it is the world where the new creation will be formed before it "descends," before it becomes absolutely visible and concrete.

I often have a sense that it would take only a very tiny thing – which is hard to define – a very tiny movement of materialization to make this new creation concrete to us as we are. And it is probably – it will probably be formed completely in that subtle world before it materializes.



RESPONSIVENESS AT THE PHYSICAL/MATERIAL PLANE

I think we can distinguish between two aspects of the physical when it come to their responsiveness.

-One, the action in the material substance, like the health of the human physical body or of the material makeup of a plant or tree; even down to the molecular and atomic level of living things.

-The second, the effect at the physical plane as it relates to the Life plane, as in a Life Response event that includes the involvement of the physical body.

Eg we see many examples where the material, physical body in a state of illness and disease deflects or absorbs the Force, leading to no results, or results only after continuous evocation of the spiritual power. Mother spent the latter decades of her life trying to make the physical respond, even evolve.

On the other hand, if a person evokes sudden good fortune attracting two ladies who offered a work of a lifetime to a man, there is the movement of their physical bodies to the right time and place relative to the man's consciousness. Their physical arrival was virtually instantaneous to his earlier elevation of consciousness where he accepted doing a work he was previously loathe to take up. Thus we see many instances where life includes a movement, improvement, change at the physical level/plane where the unfolding does not take a long time. Can even occur instantaneously.

It can even happen for the Society in a similar manner. With the Force now at our disposal since 1956 change for the individual and the society at the material level is increasingly feasible.

In sum, in the first instance there is the resistance of the physical substance. In the latter there is the physical plane being taken up by life. Both involve the physical/material plane.

Then a question that arises is whether there a method or approach where both life circumstance that includes the physical AND material substance of the body change can both occur quickly.

In Agenda Mother made many experiments on the physical substance of her body. She felt that if she could overcome them, others who follow Her could do the same; even instantaneously. Often she would have a physical problem, and then saw that each time she shifted her consciousness a certain way, the problem would cease. Then it would come back a short while after; and she would try again, and would succeed again. Eventually it became a kind of shifting to the right consciousness at each moment, which usually meant assiduously surrendering to the Force, and the problem would go away. First intermittently, but then more and more frequently.

We have seen that when a virus enters our system, we react to it, and it worsens. But if we ignore it, it can instantly go away. It indicates that the illness as well as the body itself is somewhat in the subtle plane. I.e. it is not an entirely physical/material phenomenon. It is also subtle and psychological.

We each can make experiments.

Appa put a list together and showed how each type of physical illness has a psychological correspondence. If we change the psychological deficiency, the serious illness can rapidly dissipate.

A certain number of devotees are here in part to make such experiments at the physical plane. They are given ailments to deal with. They can learn how to heal through the Force. Healing Time can thereby be dramatically sped up.

Naturally it is not just a matter of dealing with ailments, as the physical substance of the body decays with old age. Yet it too can be convinced to not decay - i.e. there can be a training of the Mind of the Cells to respond to the Force alone. Mother had some significant successes. When the cells felt the joy of their Possibility to live on without interruption, they increasingly cooperated.

In a hundred years many people may live to 200 or more due to improvements in medical care. Why not Unending Life as well by also adding the Power of the Force. Things could accelerate in this direction over time.

Anything is possible with the Force at our disposal. It not only evokes circumstance where the physical is altered in space and time (i.e. life response), but can also change the programming of the cells to obey that same supramental consciousness through the Force.

ADDITIONAL:

We see that Mother's efforts worked to a significant degree in changing the consciousness and therefore the substance of her cells. She was according to Sri Aurobindo the best instrument for this. Even better than He in the world. One reason is that She was perfectly still in the mind (and vital), allowing the Force to flow better into her physical substance. So Silence (as well as moving to the depths) plays a key foundational role for altering of substance. You mention this.

With Consecration and Surrender physical bodies shift in space and time (life response) and also change in material substance. In addition to Mother, devotees have seen similar experience in certain limited areas.

Mother said that the organs need to eventually shift into their spheres of consciousness equivalents. Even Mother did not know how to do this. She hoped Sri Aurobindo would come with the new body. But would his new incarnation come through the normal birth process or through a subtle physical emerging in the physical? It sounds like cosmic science fiction, but that was what they were working on.

Totally letting go, surrendering, and letting the cells feel the Joy of possibility was Mother's path of altering the physical substance till the end. What She is doing now, with He, is unknown. They are certainly influencing world events, our individual karmas, etc. Creating the new supramental being is the final goal. Mother even had the experience of this in several ways in her lifetime. Extraordinary experiences. How to make them stable and more than subtle, but physical/material is the ultimate challenge.

OVERCOMING THE VIBRATION OF DISSOLUTION AND DEATH

Death exists only for cells that accept the vibration, the suggestion of dissolution. It has no reality at all for cells that do not respond to that suggestion.

Death, Mother says, is not the opposite of life. Life is an immortal power. Death is only a habitual way of behaving which life now accepts, but need not accept. The choice and the power lie with the cells of the body. For them knowledge is power. If a cell knows how to do something, it has the power to do it. The chromosome contains the knowledge and the capacity. In matter as in Supermind, knowledge and will are one. So if the cell really understands that it has the choice to live eternally or to die, then it also has the power to choose - to accept the vibration of disintegration or not. When the supramental power is present in the cell, that vibration cannot enter. Death cannot exist for it. (Karmayogi)

UNTITLED

Only the Supramental can overcome the darkness of the subconscious, especially in the physical.

Supramental Outcomes



UNTITLED

Supramental is calm, peaceful, very still, yet extremely creative, dynamic, unexpected.



UNTITLED

A higher Consciousness, an unprecedented Supramental Force seeks to progressively manifest on earth, taking form as silence, peace, harmony, light, power, beauty, love, delight, timelessness, and infinity. It is then only a question of who will stand up and be a receptacle of that Consciousness and Force, and thereby lead himself and the world forward in the Evolution.



MOTHER = SUPRAMENTAL FORCE

Why does Mother, the Force set right life conditions when evoked? It is because it is the Supramental power, the Truth Consciousness, which knows what the perfection of the current conditions can and should be, and has the power to make it so.



OVERCOMING THE STRUGGLES OF LIFE THROUGH THE SUPRAMENTAL POWER

Normal life is struggle. It is the way of Nature (called Prakriti in Sanskrit). But opening to and benefitting from the spiritual Force overcomes struggle; as well as past and future karmas; as well as space-time limits, the limits of the finite before us, limits of understanding and knowledge, limits of power, etc.

Opening to this supramental power, the Divine Mother overcomes all of these, as life's struggles fall by the wayside.

The only "struggle" is the degree to which we make the effort to substitute "That" for our own ego selves. The more we do, the more our limited self evolves into Self - Individual, Universal, and Transcendent causing us to live a very different sort of existence; far beyond the normal life of travail, stress, and struggles.

SUPRAMENTAL POWER'S MULTI-FRONT SOLUTIONS

When the supramental force [Mother] is evoked, it creates solutions and outcomes that work on many fronts simultaneously.



THROUGH MOTHER (THE SUPRAMENTAL FORCE)

- all decisions are the right ones
- all problems get solved
- all aspirations are fulfilled
- all illnesses are cured
- all thoughts are true ones
- all values are fully implemented
- all attitudes are rendered positive
- all conflicts are neutralized
- all emotions are positive
- all actions end perfectly
- all life movements are harmonious
- all interactions contain goodwill
- all parties benefit
- all viewpoints are respected
- all obstacles are overcome
- all strategies are the right ones
- all bodily systems function perfectly
- all sensations are satisfying
- all opportunities are great ones
- all relationships are joy filled
- all devices run flawlessly
- all activities run like clockwork

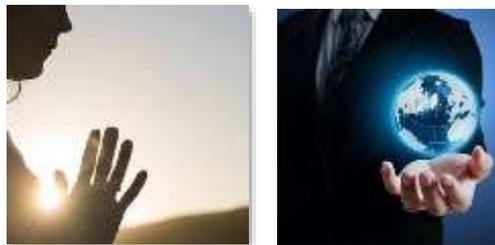
- all projects meet their deadlines
- all acts are complete ones
- all efforts are rewarded
- all subtle life patterns are recognized
- all families are affectionate
- all careers reach the heights
- all expressions are convincing
- all silences bring results
- all experiments will reward
- all things lost are found
- all things forgotten are remembered
- all ego movements are shed
- all ignorance becomes knowledge
- all falsehood turns to truth
- all evil switches to good
- all dissatisfaction turns to contentment
- all ill-fortune turns to luck
- all that bothered falls by the wayside
- all failures turn to successes
- all poverty turns to wealth
- all buried secrets are discovered
- all dark forces are rendered powerless
- all the best people come to your doorstep
- all life is fulfilling and sweet
- all confusion turns to clarity
- all sorrow becomes joy
- all pain turns to pleasure
- all negatives are perceived as opportunities

- all things in life get transformed
- all aspects of life are divinized
- all mortal things become immortal
- other?



UNTITLED

When opening to Mother (supramental force), seemingly unusual situations will develop in response to one's life challenge. Though the mind will not readily perceive the rationale in the present, in hind-site it will.



UNTITLED

As we get supramentalized, - i.e. integrally transformed at various planes of our being, - we are increasingly able to shape world events from within.



WHAT YOU CAN DO WITH MOTHER'S POWER

With Mother's Consciousness you can control the weather, make bad people disappear, end an on-going crisis, make well the seriously ill, stop wars that are about to start, make foreign enemies retreat, evoke protection from an impending attack, bring the future into the present, cancel the burden of the past, cancel apparent negative certainties, quickly turn opportunities into realities, discover the truth in a confusing situation, get right to the heart of the matter, accomplish in a day what takes a month, find what seemed hopelessly lost, appear at just the right moment, avoid natural disaster that has come to neighbors, become more beautiful or handsome, evoke opportunities out of nowhere, make one's face constantly shine, have one's heart constantly open, turn scandal into fame, observe the judge suddenly reverse in your favor, quickly go from the bottom of the barrel to the top, come in contact with one's soul within, perceive others as extension of one's self, continuously feel happy inside, have unruly children become still, argumentative spouse become agreeable, hear divine music where there was none, become more intelligent, stronger inside, more sensitive to others, have your work already accomplished for you, turn critics into adorers, mean landlords into self-giving helpers, long-delayed problems being solved, argumentative relatives agreeable companions, uninteresting situations into thrilling discussions, cruel bosses into compliant mentors, sick friends suddenly healed, no one in line when you check out, broken machines suddenly start working, inadequate supplies turning into abundance, miserly friends acting generously, perceive insights everywhere, constantly see right flow of life, costs get reduced, value/benefit increases, hostile

friends retreat, support from unexpected sources, stuck traffic starts moving, work heads toward perfection, everyone seems friendly, ...

LIFE IS SUCCESS AND FAILURE; BUT NOT IN HER CONSCIOUSNESS

-Life, not only on earth but in the wide universe, alternates with success and failure.

-A rise unaccompanied by a fall is Her [supramental] consciousness.
(Sri Karmayogi)



UNTITLED

Supermind does not repeat. Each iteration of Mother's Action is utterly unique, and dynamic in the extreme.



SUPRAMENTAL POWER FROM ABOVE & BELOW

When Supermind descends in full, creating the supramental consciousness and being, there is also the supermind in the person, in matter that is

simultaneously awakening. Thus that Power comes from above and below at the same time in the supramentalized, gnostic individual.



PERFECT OUTCOMES WITHOUT DARK SHADOWS IN SUPRAMENTAL LIFE

In normal life, such as in science, a dark bi-product often emerges for each positive advance. E.g. power stations which supply energy also produce pollution. Nuclear fission created energy, but also bombs threatening to destroy the world. It is because not all aspects are considered when developing the item; here only the material. The same in business, such as we recently saw with the financial crisis, where the increasing fluidity of money to spread (a good thing) led to its abuse by financiers engaged in unregulated speculation that early destroyed the world economy.

In the supramental existence, where one opens to Her Force, no negative shadow is ever created when something new is developed; only the self-Existent Good. Here in Sri Aurobindo's epic poem Savitri, She is experiencing that very thing. As Divine Goddess and Savior of the world, Her spontaneous beingness and actions always lead to perfect outcomes that are devoid of the dark shadow, and as a result each action is an opportunity for Joy to spread throughout the world.

Reader: "She saw all nature marvelous without fault " (Savitri)



UNTITLED

The Supramental Force is Mother.



EVERY ACT MIRACULOUS

For the supramental being, every normal act we engage in turns into a miracle.

How can that happen?

It can happen by taking to the Sunlit Path; i.e. a Life consecrated to the Mother and Her Force.



**CONVERSATION ON MAKING OUR CONNECTION WITH MOTHER
[SUPRAMENTAL POWER] MORE EFFECTIVE**

S: Sir can I ask something about our prayers to Mother? On occasions I am not able to call her with utmost sincerity...my own inner mental and physical restrictions overpower...how can I overcome that?

RP: Over time you can move the center of your being deeper within, plus you can silence the mind on a regular basis, which will create an increasingly clearer, less interfered (from externals) opening to Her [the Supramental Power].

In Sri Aurobindo's Yoga, this translates as making connection with the Psychic Being, and calling Her from there.

S: Is the psychic being real present in our body?

RP: Yes, it is a thumb-sized subtle entity behind the heart.

S: I believe I heard it before as well...what is it?

RP: It is the evolving soul, the True Self that enters the body from birth (actually before) and seeks to have higher experiences so it can evolve, on its journey from body to body.

S: Is it a separate entity than my consciousness?

RP: They are separate when we are not conscious. When conscious the Consciousness and the Psychic become One in our being.

We can think of it as our (normal) consciousness (small c), and Consciousness (large C), which is One with the Psychic; and one with the Mother and Her Force.

S: Understood...why it is not happening at our Will...the oneness?

RP: Lower consciousness (c) interferes.

Physical consciousness especially wants to stay on the surface, repeat the same patterns, habits, not change, not learn, etc.

S: How to get rid of it? How to get the sanction from the Divine?

RP: We need to build deeper consciousness. That can happen by constant consecration, non-reaction to others' intensities, taking the other person's viewpoint, self-givingness, silencing the mind, etc. Now our calling is purer; our being more receptive to the descending Grace.

S: got it...sometimes I feel like I know all about Mother and Consecration and in other time feels like I know nothing?

RP: I know what you mean. Eg Sri Karmayogi has given hundreds of facets of Consecration in his writings, each bringing out a more subtle aspect. They are thus all one in his Understanding. Gradually we build up this knowledge. especially as we go through the various experiences of consecrating, and the results that ensue.

S: Divine should have made it little simpler...

RP: He has. We simply aren't oriented in that direction!

S: I was joking, in fact...but you are right...Thanks!

RP: [smile emoji]

S: Feels now like this is the most delightful experience...practising HIS Yoga...

RP: Yes, challenging, but delightful.

S: May that eternal light come to all in Full and transform our lives into Life Divine!

RP: [prayer emoji]

S: Thank you!

RP: [smile emoji]



FAITH IN MOTHER'S FORCE AND THE NEW WORLD

In this New Divine Existence, Faith in the Mother's Force is what ultimately matters, and where our attention should be focused. By surrendering to Her supramental power, we will progressively be carried into the New World.

(Roy Posner)



INSTANTANEOUSLY OVERCOMING ANY LIFE LIMITATIONS

There is a radical shortcut to overcoming the limits of time, the distance of space, the long-term problems of life, and all sorrow and grief. It is the power of the Force that when evoked instantaneously overcomes these limits. It is the miracle of tomorrow available today. It is Sudden Good Fortune through the Supramental Power that awaits our call in any given moment of our day.



UNTITLED

When you open to Mother, you are opening to the Supramental Power, which evokes the best conditions, enabling progress and transformation, on the way to establishing Supramental individuals, culminating in a Divine Life on Earth.



KNOWING THE FORCE BY INTENSELY EXPERIENCING IT

The overwhelming majority of Eastern and Western spiritual teachers did/do not get the life response power of the Force, of the Shakti, that one opens to; that evolves all things; that opens the door to divine life; including the phenomenon of instantaneous miraculousness.

This power, plane of consciousness that we call “supramental” is only understood when it is experienced in full. Not just through the occasional synchronicity; but through a series of frequent, intense, infinitely creative and dynamic, overwhelming personal experiences.

UNTITLED

The Supramental Action is the Divine power that unfolds on multiple fronts simultaneously and integrally to uplift life.



SUPRAMENTAL FORCE VS. LIFE FORCE

Supramental force is one of harmony, unity, importance of each thing, matter; the integral relation of each detail with one another and the whole.

On the other hand, strong Forces of Life, like interaction between parties or hurricanes or whatever, ordinarily unfold through division, conflict, difficulty, harm.

The Supramental Force moves from one positive to the next, building on itself in extraordinary ways, while Life Force move from conflict to harmony to conflict, etc. The former leaves no dark shadow, while the

latter always does in their journey of Evolution. One enables progress through ever-unfolding harmony, a "Sunlit Path," while the other progresses through struggle and conflict.

And yet behind the struggles through the Forces of Life is the Divine sanction; an intention to move things to a Higher Order, of which the Supramental Force can be the instrument of progress, evolution.

We live 95% in the latter, through the conflicts and resolutions of Life Forces. However, the Supramental lies before us if only we were to consecrate our daily existence to the Higher Powers.



UNTITLED

Synchronicities rapidly accelerating in one's life is indicator of oncoming Supramental existence.



SUPRAMENTAL QUALITIES AND RAPID EVOLUTION

Only in the Supramental are all the spiritual qualities present - including silence, equality, goodness, harmony, truth, knowledge, purity, creativity, beauty, power, joy (ananda), love, timelessness, infinity, etc.; all of these integrated and one.

When these powers comes down through the supramental power, the world can evolve and be transformed in a few dozens of years what normally would take thousands, if at all.

UNTITLED

If the right thing comes to you at just the right moment, it is Supramental; the consciousness of Truth, the Mother.

Supramental Experiences



SRI AUROBINDO'S, MOTHER'S MIRACULOUS EXPERIENCES

Sri Aurobindo made the floor ripple through his accumulated Supramental force

Sri Aurobindo turned extreme pain of a scorpion bite into a pleasurable experience

Mother fell from a hundreds foot cliff and landed safely without an injury

Mother influenced Hitler to invade Russia, splitting his forces, turning the tide of the war in the Allies favor

Sri Aurobindo evoked the fog at Dunkirk, preventing the Germans from wiping out England, and turning the war

Through Mother, Gorbachev brought down the Soviet nation without a single loss of life, ending the Cold War

Mother looked at her body, and saw a fully embodied new Supramental being

Hundreds of times they sent the Force to recipients, bringing about the end of illness and other troubles

Mother envisioned a golden mallet striking a golden door, releasing the supramental force that flooded down onto the earth

While in Alipore prison Sri Aurobindo experienced Krishna, Narayana, the Divine in all people including murderers and criminals

Mother would walk at night resting her head on Krishna's shoulder

Mother would have intense communications with certain Gods who appeared before Her, trying to convert them to the one Divine and surrendering to the Divine Mother

Sri Aurobindo saw India free in the subtle physical plane, and it later came about - and on his birthday August 15th

Mother would know the full consciousness of a person by merely looking at a picture of the individual

Mother regularly communicated with Sri Aurobindo on the subtle plane after he left



THE MOTHER'S EXTRAORDINARY EXPERIENCE OF SPONTANEOUSLY ACTING WITHOUT INTENTION

In September 30, 1967 Agenda the Mother speaks of an extraordinary state of a future way life unfolds. Instead of in any moment there being a cause and then an effect, there is just effect; a right result. I.e. the Individual simply does the right thing, which is then followed by the right thing which is successful, and so on; all without intention.

Instead of saying I must do this and then doing it, one just does it. And then one simply does the next required thing. In other words, a

spontaneous unfolding of consecutive right actions without thought or intention..

There is no will, there is just the doing of the exact right thing. And others around one are also just doing in the same way. And what one and others are doing are always the right thing, done perfectly.

It is an ultimate, supramental efficiency of right action, without intent or cause, but just an ACTION, a doing, a becoming of consecutive actions that are all aligned; without intent or thought. It is just doing, and others just doing - all exactly right; just happening as if by itself, on its own. And we just spontaneously partake in the unfolding.



LONG BEACH PRESCIENCE AND BEYOND

Almost five years ago I moved from the beautiful town of Lafayette in the San Francisco Bay Area in Northern California, where I lived for 35 years, to Long Beach in Southern California.

I had been to Long Beach a few times for work-related activities during the time I lived Lafayette, though I never explored the city. And yet I now recall that I had several dreams about Long Beach years before I ever settled there. The dreams consisted of very specific places in the city, mostly near downtown, though I had never been there. Then on several occasions when I moved to Long Beach, I came upon those very places I saw in my dreams, and exclaimed to a friend that I had seen these locations in my dreams 10-20 years before moving to the city!

It was another experience of prescience through dreams. And that occurred several years after going through a startling set of events, where almost every other night for six months I dreamt the next day's news; either quite exactly or very close!

Keep in mind that these were fresh new events in which there had not been any discussion of those particular situations in the news previous to those dreams.

More recently, I have had a different set of mystical experiences; namely Synchronicities in Waves, such as five iterations within 10 minutes of a particular thing occurring from out of nowhere. Eg I look at my clock and it says 11:11, then a moment later a bus goes by numbered 111, and then another instance of 111 appears again across my field of vision, and then again. At one point, after being startled by these multi-pronged synchronous event, I call out “enough!” to the universe! And then it stops

Dozens, perhaps hundreds of these experiences per month have been happening to me.

As the consciousness develops, - as one is increasingly filled with supramental light, - prescience, synchronicity, and Life Response occurrences ramp up.

Plus through consecration, non-reaction, and other inner methods devised by Sri Karmayogi, negative circumstance are constantly cancelled, people arrive at just the right time, flow if life is totally harmonic, etc., etc.

These seem to be first indicators of Supramental Life; small steps on the road to infinite-like, never-ending “Instantaneous Miraculousness.”



HOUSEPAINTERS GROUP AND 'SAVITRI'

In 1973, when I was 23 or so, I was part of an outside house-painting group of 4 people. All were followers of Sri Aurobindo and Mother.

Every morning we would gather in a park near the home we were painting, take out Sri Aurobindo's epic mystical poem 'Savitri,' and read a page or

so, followed by a short meditation. We then proceeded to do the work in silence, and perfection in the work was often the result.

The reading and meditation created a nice atmosphere throughout the day.

In addition, each of us were given a nick-name, representing our nature in the group. So there was "Inspiration," who was our spiritual leader, and "Perspiration," the person who worked the hardest. I believe I was "Cooperation" (i.e. working together in harmony) or something similar.

It was my first chance to correlate the spiritual teachings of Sri Aurobindo with work I was engaging in in my life, and the first real opportunity to do the work by surrendering to Her Force.

It would blossom much further - both inwardly and outwardly - when I met up with Garry Jacobs, Mere Cie, and Mother's Service Society in Southern California two years later. The quest to bring about a divine Life by opening to Her Force had now begun in earnest.



DEVOTEES' UNIVERSAL POWER

Wherever a serious devotee of Mother wonders, Society breaks out in vast success.

It happened to one well known MSS devotee when he went to Moscow in 1989, and suddenly the Cold War ended. And earlier in the 60s he attended university in Berkeley, where the student movement broke out, which then spread throughout the world.

It happened similarly for another devotee of Her's when his work was focused in Silicon Valley and environs in the 80s and later, causing it to break out into the greatest wealth machine in the history of the world.

Devotees have Universal Power if they learn to apply it; if they learn to open to the descending Force in the atmosphere; the Supramental.



SUPRAMENTAL RESPONSE TO A SPIRITUALIZED THOUGHT

A thought in the mind of a person with supramental mind capacity will see the thought quickly manifest as a reality in some form.

A man with capacity of spiritualized mind had the thought while driving that Tesla could manufacture electric vehicles for big, high-end car companies, like BMW. A moment later a single car appeared on the highway he was driving on. It was a BMW

A further and more powerful response would be a sudden announcement that Tesla had made an agreement to supply BMW with higher-end electric cars. It would be a true Supramental Manifestation, where a thought and the manifesting of it are one. (I.e. according to Sri Aurobindo, Knowledge and Will fused, which is the very nature of Supermind.)

UNTITLED

What is the Supramental? All the miracles you experience by opening to the Mother are due to the action of the Supramental.

Supramental Perception



HOW SUPRAMENTAL CONSCIOUSNESS PERCEIVES REALITY

--Supermind perceives the current necessity and purpose of difficult life conditions, where ordinary mind sees conflict and strife.

--Supermind perceives the progressive unfolding of life, where mind sees a jumble of change.

--Supermind perceives how all things fit together in life, including from moment to moment, whereas mind sees a puzzle where the pieces lie scattered.

--Supramental perception perceives the spiritual nature of all things that make up the Reality. Ordinary mind sees spirit as separate from life, if it exists at all.

--Life, the creation, the universe is the body, the physical manifestation of the Spirit, that is evolving. Supermind perceives this. Ordinary consciousness just sees Life as dumb matter on the way toward something unknown.

--Supramental consciousness is always seeing the Higher Harmony current conditions are moving toward. Ordinary consciousness just sees the contradiction and conflict; the good separated from the bad, devoid of progressive movement.

--Supermind sees All aspects of a truth of a matter or thing, whereas ordinary mind sees fragments and parts.

--Supermind sees how each of the parts, aspects, truths of a matter or thing relate to the Other parts, and to the Whole. Mind sees fragments of truth alone in search of some unifying principle.

--Supermind perceives the Essence behind the parts and the whole of a matter or thing.

--Supermind has both the integral Knowledge of a matter or thing, as well as a Will for its Manifestation as real in life.

--Supermind has the power to manifest as real anything it perceives in unmanifest form.

--By opening to the Supramental Power, things that are in discord, conflict, contradiction are resolved into a higher harmony and unity.



INTUITIVE PERCEPTION OF REALITY

In quantum mechanics it is known that the observer is as important as what is being observed to perceive reality. Likewise, the capacity to know anything is determined by the plane of mind one is grounded in. Thus, the individual with Intuitive capacity will rapidly perceive knowledge and truth entering his mind from out of nowhere without thought. Compare that to the ordinary mind that knows slowly and often inadequately, only partially through the hard churning of thought.



UNTITLED

To know the more subtle, inner reasons for the cause of circumstance is far greater than knowledge of the surface reasons, which is our usual understanding. Supramental perception takes it a step further to

knowledge of the integral, many-sided TRUTH, plus a propensity to manifest as real, which is rare indeed.



SUPRAMENTAL PERCEPTION OF THE EVENT

Normal, human consciousness sees an event unfolding and draws conclusion from what it sees. It then makes conclusions, often erroneous. It doesn't consider what happened before one arrived on the scene. However, if he is of a special mental consciousness, who is curious to dwell on the event, he will use rational thought or imagination to perceive what might have happened before.

On the other hand the person with Supramental perception will perceive the truths of the present relative to the incident, as well as intuitively apprehend the past circumstance leading to the present; as well as correctly envision where the event is heading toward in the future.

Thus through supramental perception, past, present, and future are known in that Now moment in time.

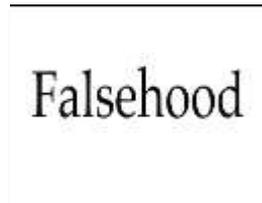
There are other benefits too, because one know has a great power to determine what is best to do or not do, in that moment. I.e. one has all truths in hand for right decision making that leads to perfect actions and outcomes. Thus, Supramental is not only a vast power of Knowledge and Truth, but a power of Life Action to do what is right based on life conditions.



COSMIC SENSE BEYOND COMMON SENSE

Common sense and practicality are very useful in life. However, there is a higher truth; for a greater, infinite-like Life. It can be stated as: Beyond Common Sense is Cosmic Sense. It gives us ultimate power of discrimination. To gain that power, one needs to progressively attain a cosmic consciousness, perceiving the universality and interconnection of things; and beyond that, the supramental truth and power. As result, the Infinite and all its truths open before us. Now all we need do is follow and apply it. The world then unfolds as a Marvel.

Karmayogi also refers to this dynamic as the "Logic of the Infinite," which is something we can perceive in the Unfoldings of our lives, and then apply it, evoking the infinite from the finite. He also tells us that the Logic of the Infinite is a PRACTICAL concept, as it creates vast, practical results when applied. It occurs to the degree we our conscious; e.g. through constant consecration and realizing the Laws of Life, with Surrender a stage beyond that.



UNTITLED

See the truths within the Truth, but also the truths buried within the Falsehood. It is another shading of supramental perception.



UNTITLED

Grasping the complete, many-sided truth of a matter from “out of thin air” is Supramental.



SUPRAMENTAL PERCEPTION OF SUBTLE SIGNS

Subtle signs are constantly presenting themselves, indicating what we should be aware of, what we should or shouldn't be doing, and so forth.

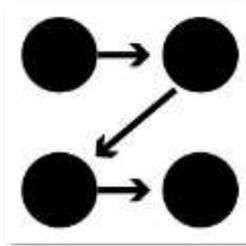
Unfortunately, 95% of the subtle signs are missed by the average person. Even the considerably conscious person perceives only a very few in the course of the day.

As you develop your inner self, and see the correspondence between things, that percent rapidly rises. The Supramentalized individual is one who is in total harmony with his environment, and thus perceives these subtle and not so subtle indicators all the time. As a result, all his reactions are in the right direction. From within he is able to become master of the outer life.



UNTITLED

In Supermind right thoughts constantly come in right moments.



PERCEIVING, UNDERTAKING RIGHT SEQUENCE OF ACTS THAT ATTRACT

In Supramental Consciousness one knows precisely in which sequence acts should occur, as one is in touch with the integral truth of things, as well as perceiving the right flow of life circumstance among past, present, and future. There is thus persistent cooperation from the world around us.



UNTITLED

In Supramental Consciousness you continually appear at the right place, at the right time, with little or no thought involved.

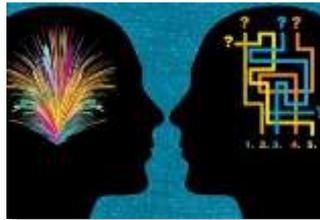


UNTITLED

When Knowledge reaches its maximum for us, then Ignorance (and its eradication) becomes a greater power for progress and change. (This is a supramental perspective)

UNTITLED

In Supramental Consciousness, the outcome is known at the outset.



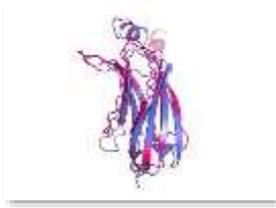
SUPER-RATIONALITY

There are two ways you can be rational. By being focused on reason, and by going beyond reason to the intuitive and supramental. The latter is ultimate rationality of seeing all sides of the truth in their integral relation.



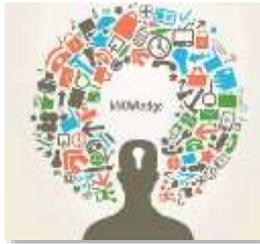
UNTITLED

Moment-to-moment perception of the subtle rhythms and laws of life is Supramental.



UNTITLED

Continuous Alignment with others in space and time is Supramental.



KNOWLEDGE OF THE WHOLE IN WHAT WE DO

In whatever we do, we should have knowledge of the whole. We should look at all points of view. Knowledge of the whole means the good and bad, the high and low, without judging, without reacting; objectively we should understand where we are. We should not distort things one way or another. (Karmayogi)



HAVING ALL PERSPECTIVES SIMULTANEOUSLY

We only see our own position, perspective relative to the unfolding situation. Yet circumstance demands knowledge of ALL perspectives

simultaneously. When we develop universal and then Supramental Consciousness we will have this complete moment-to-moment Knowledge of the Reality.

UNTITLED

When everything is dovetailing perfectly, you know you're in Mother's, i.e. the Supramental, Truth consciousness.

UNTITLED

To man, God is too slow in answering his prayer. To God, man is too slow in opening to His influence. But to the (Supramental) Truth-Consciousness, everything is going as it should!

(Mother, from Agenda, July 22, 1967)

SUPRAMENTAL INTELLIGENCE = PERFECT UNDERSTANDING OF THINGS

... there is an Intelligence highly superior to the Mind, which has nothing to do with the Mind. An "intelligence of things" ... And that's why he [Sri Aurobindo] called his new creation "supramental." He always used to describe it as a perfect understanding of things.

(The Mother, from Agenda, August 30, 1968)

UNTITLED

In Supramental consciousness we perceive our & others' perspectives on a matter simultaneously, giving great capacity to achieve.

UNTITLED

Underneath the surface objective is the the multi-faceted subjective, beneath which is the hyper-objective supramental knowledge.

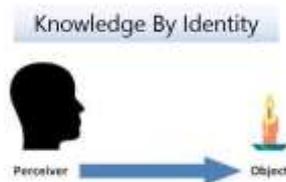
Comment:

Eg I approach the police cars and officers who are gathered about a car crash. I see with my eyes and come to a conclusion. But as I get close there are many things seemingly at play. I recognize that multifaceted life events have played out.

But then deeper still is the deepest integral truth of the matters, of all parties and circumstance related to the crash and its current status, which that is supramental (hyper-objective).

It is a movement from rigid surface mind to Life to Supramental Truth.

The more we live within and aspire for yogic influences, we can start out addressing the issue from the outset at that supramental Truth Consciousness level.



KNOWLEDGE BY IDENTITY IS SUPRAMENTAL

“True knowledge is precisely knowledge by identity, and wisdom is the state one attains when one is in this true knowledge.” (The Mother)

Sample aspects of being one with, in Identity with the object of knowledge, idea, understanding under consideration.

- One knows exactly what needs to be known in that moment, time period
- One perceives all necessary sides, ideas at the point of apprehension
- What one knows is fully True. Error, mistake, ignorance, falsehood fall by the wayside
- One is thus One with, in Identity with the object of inquiry (as if it were before one's eyes)
- One is also aligned with the instantaneous physical manifestation of the idea as a material object in the world. (physical life response)

-One has the knowledge to make life instantly respond, as that knowledge is aligned with truth

-Knowledge by Identity is actually Supramental Knowledge and Perception

UNTITLED

The Supramental reveals the integral Truth of things.

Supramental Harmony, Oneness



SUPRAMENTAL RESOLUTION CREATES SOMETHING BEYOND MERELY MERGING OF THE TWO OPPOSITES

... this [supramental] Consciousness, where the two contraries, the two opposites are united, the nature of both changes. They don't remain as they are. It's not that they unite and remain the same: the nature of both changes. And that's quite important. Their nature, their action, their vibration are completely different the minute they unite. (Mother, from Agenda, January 21, 1970)



The conflicts, divisions, and dualities we perceive in life are not so, but are rather appearances conceived by the lower mind. In Supermind (truth consciousness) they are seen for what they truly are - complementarities on the way to a higher harmony.



SUPRAMENTAL ONENESS

In supramental consciousness there is no separation between you, others, and the world.



SUPRAMENTAL PERCEPTION OF ONENESS

Supramental nature sees everything from the standpoint of oneness and regards all things, even the greatest multiplicity and diversity, even what are to the mind the strongest contradictions, in the light of that oneness; its will, ideas, feelings, sense are made of the stuff of oneness, its actions proceed upon that basis. ... the supramental, the divine life is a life of essential, spontaneous and inherent unity. (MSS)



UNTITLED

In Supramental Life there is complete Identity, Harmony, and Unity with everyone and everything.



ONENESS WITH OTHERS & LIFE

As you rise in consciousness, the wall separating the inner and the outer thins. Eg you feel less and less separate from others; that you are in fact them, as much as you are yourself.

When you are in the supramental consciousness, the veil completely disappears; there is no difference between the outer and the inner.

You could say the whole world is inside you in that state, and therefore can feel all others at all levels within.



RECONCILING OPPOSITES - THE SUPRAMENTAL VIEW

Life often comes to us in dual pairs, as conflicting opposites - such as through disagreements, or through differing opinions, or as opposing choices, etc.

Those opposites can be reconciled, though the way that occurs depends on the plane of consciousness we are in.

--At the physical plane, we reconcile the opposites through conflict.

--At the vital plane, opposites are reconciled by competition.

--At the mental plane, they are reconciled by compromise.

How then can we reconcile opposites in our own lives?

Instead of asserting our own position – an Ego movement – we can embrace the Other Person's Point of View. Then the Truth of each side can be realized.

By taking the other person's viewpoint, we move to the Supramental view, where the many-sided integral truth of things are known.

It is only in the Supramental view that the truth behind the contradictory view of the individual parties can be reconciled.

Practically speaking, real reconciliation comes when we aspire for the Truth instead of our own preference and opinions, which are ego movements.

It is when we aspire for the higher Integral Truth of things that it comes into our field of awareness.



SUPERMIND SEES BEYOND DUALITIES

"Mind and ego see the whole world in terms of dualities and opposites - good and evil, right and wrong, truth and falsehood, progress and reversal, good fortune and misfortune, pleasure and pain. The dualities do not exist in Supermind. [I.e. all is One] For Supermind EVERYTHING is an expression of the Spirit and serves an essential evolutionary purpose". (Sri Karmayogi)

Eg In the story *Pride and Prejudice*, Pujya Appa [Karmayogi] explains that to Darcy's mind Wickham is a scoundrel, but for Supermind, Wickham is an essential component to Darcy. (P.V. Sankar)



SEEING THE UNITY OF BRAHMAN

We fail to see the truth and oneness of Brahman because we live on the surface of life (not experiencing the depth), and we live in our minds which only sees the part and not the whole. When we move deeper within away from the surface and rise above mind to spiritual mind to supermind, we will know Brahman in its Oneness; experiencing the moments of our lives from this wondrous perspective.



DEVELOPING A UNIVERSAL CONSCIOUSNESS

We only perceive things relative to our own selves. We do not readily know how moment-to-moment or ongoing circumstance affect the wider sphere of life and people around us. It is due to the limits of our ego and the finite capacity of our minds. However, a Universal consciousness perceives just that: all things, entities, forces, and forms in relationship to whatever is occurring. A Supramental consciousness goes a step further and perceives a deep unity among those things one universally comes to know.



SEEING ALL IS NECESSARY IS TO PERCEIVE THE MARVEL

For the All, the Totality, the omnipresent Brahman, all and everything that is happening is absolutely essential on its way to a higher Becoming. Sri Aurobindo calls this "The Marvel," and it can be perceived when we rise above mind proper to spiritual Mind culminating in Supermind (Truth Consciousness).



SUPRAMENTAL PERCEPTION OF THE REALITY

Supermind is the faculty that enables us to see the whole of the Reality, the All, Brahman. From there we see the Spirit and Life as two expressions of that same Reality.

UNTITLED

Though we hardly see it, things are astonishingly interconnected. In Supermind we see these connections continuously.

UNTITLED

In Supramental consciousness, Harmony at all levels is established; with everyone, everything; with the Divine Will.

UNTITLED

The Supramental takes all of the discords of life and arranges them into a rapturous, sweet symphony of Higher Harmony.

NOT YET TITLED

Integral yoga aims at ALL aspects integrating in supramental harmony to bring heaven on earth. (Sri Karmayogi)

UNTITLED

In Supermind we are in complete Identity, oneness with the object of our focus, revealing its integral Truth.

Comment:

-In ordinary Mind we experience an infinitesimal fraction of that.

-Thus Mind needs to evolve to its higher forms -- to silent mind, to illumined mind, to intuitive mind, culminating in Supermind. That will enable us to have a vast moment to moment insight and knowledge on any matter, far beyond what ordinary, even rational mind can now produce, thereby dramatically advancing human evolution.

For this to occur it will require a core set of individuals to go through a process of human transformation. That occurs by opening to Her Force and other methods (like going within, inner silence, taking other person's point of view, etc.).

Sri Aurobindo, Mother, and Supramental Existence



SRI AUROBINDO'S SUPRAMENTAL MISSION

Sri Aurobindo is an emanation of the Supreme who came on earth to announce the manifestation of a new race and the new world, the Supramental. Let us prepare for it in all sincerity and eagerness. (The Mother)



SRI AUROBINDO & DEPLOYMENT OF SUPRAMENTAL POWER ON EARTH

Sri Aurobindo came with the greatest foreknowledge of anyone living, as he knew the "horoscope of the universe." He quietly prophesied that the liberation and ascent of India would take place; as would the rise of Asia. Human unity would follow; and that there would be the deployment of the supramental power, enabling a divine life on earth. He indicated that all of these were a certainty. And each are coming about. (paraphrase of MSS)



SRI AUROBINDO ON SUPERMIND & SUPRAMENTAL CONSCIOUSNESS

What Supermind Is

“For the supermind is a Truth-Consciousness in which the Divine Reality, fully manifested, no longer works with the instrumentation of the Ignorance; a truth of status of being which is absolute becomes dynamic in a truth of energy and activity of the being which is self-existent and perfect. Every movement there is a movement of the self-aware truth of Divine Being and every part is in entire harmony with the whole. Even the most limited and finite action is in the Truth-Consciousness a movement of the Eternal and Infinite.” (Sri Aurobindo)

—

Ascent to Supramental Truth and Descent

“An ascent into the supramental Truth not only raises our spiritual and essential consciousness to that height but brings about a descent of this Light and Truth into all our being and all our parts of nature. All then becomes part of the Divine Truth, an element and means of the supreme union and oneness; this ascent and descent must be therefore an ultimate aim of this Yoga.” (Sri Aurobindo)



KARMAYOGI ON SRI AUROBINDO'S PATH OF SUPRAMENTAL DESCENT, & ASCENT TO SUPERMIND

“... He [Sri Aurobindo] was soon released from [Alipore] jail. On the guidance of His inner Voice He reached Pondicherry where He stayed till 1950 when he attained samadhi.

It took ten years for Him to discover the spiritual route to Supermind, as He was the very first to explore it.

Indian Spirituality was aiming at the other world. He was seeking to transform this world. He broke new ground in Spirituality.

It dawned on him that the descending Supermind would transform human life on earth into Divine Life. He saw why God created the world and how. The process of Spiritual evolution revealed to Him the key to the redemption of the world.

To reach Supermind, the surface mind we live in or the inner mind through which moksha is reached is insufficient. One needs to reach the subliminal below the inner mind. It is there the evolving soul, the Psychic Being resides.

These were new revelations in the field of the Spirit. He could see moksha provided an escape and what was needed was transformation of the individual soul as a prelude to the transformation of the world.

He discovered the path to Supermind was through the spiritual mind range – Higher Mind, Illumined Mind, Intuitive Mind, Overmind – and worked to create that new path.”

(from *Spiritual Opulence* by Karmayogi)



UNTITLED

Mother has come to awaken the Soul in man so he can open above to the Light Supreme, and bring down the Higher Consciousness, the Divine Love here on earth. (Garry Jacobs, from talks on Savitri)



MOTHER'S SUPRAMENTAL MISSION

Mother did not come merely to give boons to her followers, but to permanently overcome darkness, ignorance, falsehood, suffering, disease, and death; replacing them with their supramental equivalents, leading to a divine life on earth.



STRUGGLE VS. BEING TAKEN DIRECTLY TO GOAL VIA MOTHER'S FORCE

Man normally succeeds by struggling against the myriad of forces at play; often having to swim against the tide to succeed. The Devotee, on the

other hand, can be carried along by currents Mother has set in motion; taking him directly to the goal She has intended.



MOTHER'S SUPRAMENTALITY

When in the body Mother was a supramental person in most planes (vital, mental, spiritual, etc.), except the material (Her body), which She was trying to supramentalize through the transformation of Her cells by opening to the Force.

ADVENT OF THE SUPRAMENTAL

As to whether the Divine seriously means something to happen, I believe it is intended. I know with absolute certitude that the Supramental is a truth and its advent is in the very nature of things inevitable. The question is as to the when and the how. That also is decided and predestined from somewhere above; but it is here being fought out amid a rather grim clash of conflicting forces. For in the terrestrial world the predetermined result is hidden and what we see is a whirl of possibilities and forces attempting to achieve something with the destiny of it all concealed from human eyes. This is, however, certain that a number of souls have been sent to see that it shall be now. That is the situation. My faith and will are for the now. I am speaking of course on the level of the human intelligence – mystically-rationally, as one might put it. To say more would be going beyond that line. You don't want me to start prophesying, I suppose? As a rationalist, you can't.

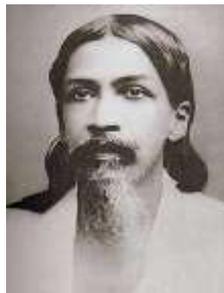
(Sri Aurobindo, December 28, 1934)



THE PEOPLE SURROUNDING THE COMING SUPRAMENTAL BEING

And then, when you see how man has had to fight against all of Nature in order to exist, you get the feeling that those who will understand and love those [supramental] beings will have with them a relationship of devotion, attachment, service, as animals have with man; but those who won't love them ... will be dangerous beings. I remember, I once had a very clear vision of the precarious situation of those new beings, and I said (this was before 1956, before the descent of the supramental power), I said, "The Supramental will first manifest in its aspect of Power, because that will be indispensable for the safety of the beings." And it was indeed Power that descended first – Power and Light. The Light that gives Knowledge and Power.

(Mother, from Agenda, December 31, 1966)



ON SRI AUROBINDO'S AND THE MOTHER'S PROGRESSIVE SPIRITUALITY

KL: “I have been experiencing greater understanding, affinity and resonance with the progressive spiritual philosophy of Sri Aurobindo and The Mother the more my own spiritual practice and insights mature.”

RP: Congratulations.

Progressive spiritual philosophy is exactly it. They are already at the finish line silently waiting for others to arrive through materialism and even the spiritual tradition.

They saw what no one saw before; a perception that never existed before. It's so radically different. Psychic being (evolving soul) and Supramental plane and power especially so.

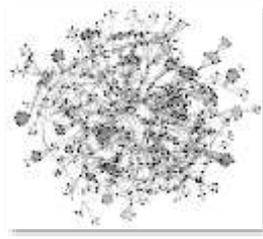
And yes even this sometimes miserable universe is divine in their eyes.

—

The Indian and other spiritual traditions say that the world is unreal or an illusion or to be shunned, and we simply have to connect to the spirit. They however say, in their progressive yoga, that the world is Real, but the force must be applied to it to elevate it in consciousness; to divinize it. It's therefore an evolutionary philosophy.

In particular, the supramental, the Mother, is the power, The integral truth and knowledge that what we open to; the Force that enables the personal, societal, universal transformation.

And inside we move from the surface to the depths, until we connect to the psychic being, the evolving soul, which will make us far more likely to open to the Supramental power, and thereby divinize life, including our own lives.



MOTHER; THE SUPRAMENTAL ORGANIZATION

-Spirit is an organization in the depths of our being that knows what our Soul is looking for.

-Organization is not the opposite of Spirit, but is the way Spirit is expressing in the world.

-Mother, aka the Supramental organization of Life is an organization that can respond at any moment to the highest aspiration, and change any rule and any law.

-Supermind is the plane; the Organization that evolved a universe of forms out of a Divine Reality.

-Mother, the Supramental is a power of creation. beyond the creation, acting in the creation, upholding the creation, gradually evolving the creation.

-It can change anything at any moment. And that's what we call Grace.

-Grace is an action from out of a Supramental Organization.

-Grace acts when we give an opening for it to move.

-We are members of the supramental organization of the universe.

-We are also part of a lower organization called "Life." It is something that is perpetual; that seems like we can never leave. We can't get out of it; we are subject to its rules and laws.

-We therefore want to shift from the organization that is Life to Mother, the Supramental Organization, where Grace, infinite Progress, and Transformation is never-ending.

(paraphrase of Garry Jacobs)

UNTITLED

Supramental Consciousness Changes Contraries to Evolution in Human Nature

in this [supramental] Consciousness where the two contraries, the two opposites are united, the nature of both changes. They don't remain as they are. It's not that they unite and remain the same: the nature of both changes. And that's quite important. Their nature, their action, their vibration are completely different the minute they unite.

(The Mother, from Agenda, January 21, 1970)



UNTITLED

THE [Supramental] Consciousness is conscious of EVERYTHING at the same time: in the whole, in the totality as well as in the smallest detail.

(Mother, from Agenda, January 31, 1970)

Comment:

Mother obtained that consciousness on January 1, 1969 as She explains in detail on that date in Agenda.

Here is a link to my post of some of Her remarks on that occasion::

<https://www.facebook.com/groups/374780016270137/permalink/1100147780400020>

Note that throughout 1969 She described her experiences of that Consciousness, beyond what I have listed.



MOTHER'S ATTAINMENT OF SUPERMIND CONSCIOUSNESS

One of the greatest experiences of Mother was when She attained the Supermind Consciousness on January 1, 1969. Here are some scattered comments on the attainment.

“I don't know what it is. I don't know what it is, but it's a kind of benevolence; so it was something very close to the human. And so concrete! “

“It was something very material, I mean it was very external – very outward – and luminous, with a golden light. It was very strong, powerful. But its character was a smiling benevolence, a peaceful joy, and a sort of blossoming in the joy and the light.”

“It has come like a “mentor” – and PRACTICAL, wholly practical: “This is to be rejected; this is to be accepted; this is to be generalized; this for all inner movements. And it even becomes very material, in the sense that with certain vibrations, it says, “This is to be encouraged”; with others, “This is to be channeled”; with yet others, “This is to be got rid of” Small indications of that sort.”

“it limits itself to a certain way of being so as to accomplish His action. And that's something I had asked for a lot: “May I be guided every minute,” because it saves a huge amount of time, of course, instead of having to

study, to observe, to ... one knows. Well, now I realize it has happened like that.”

“I told you how I was surrounded [by a rampart] Oh, but this consciousness is very interesting! It gives me lessons all the time, it’s very interesting!”

“It’s going on in every detail. I can’t tell everything.

And it doesn’t just concern itself with individuals: it also concerns itself with events all over the world. I see that clearly because it intervenes in the action of this or that nation, I see that mostly at night.

It’s very active.”

Comment:

(additional from Agenda)

"But that state, which lasted for several hours ... never had this body, in the ninety-one years it’s been on earth, felt such happiness: freedom, absolute power, and no limits (gesture here and there and everywhere), no limits, no impossibilities, nothing. It was ... all other bodies were itself. There was no difference, it was only a play of the consciousness ... (gesture like a great Rhythm) moving about."



MOTHER'S SUPRAMENTAL CAPACITY

There are hundreds, thousands of things that Mother explained the deeper cause of that no scientist could ever perceive, let alone ponder. She had the supramental capacity to read conditions of life and take the right action in response. We too can develop that same inner power in our own lives.

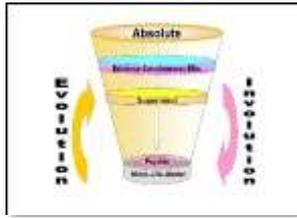
UNTITLED

Mother is the Truth Consciousness; the Supramental force, knowledge, action, and result.

UNTITLED

Being in touch with Mother, the Force is constant miraculousness.

Supermind in Creation Process



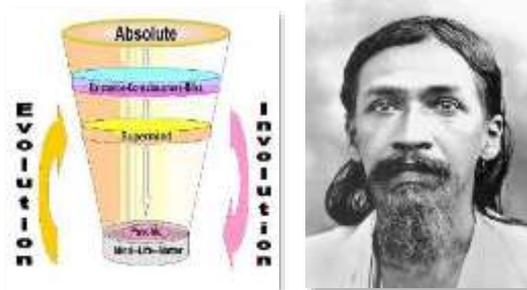
SUPERMIND'S PLACE IN THE COSMIC SCHEME OF THINGS, IN TERMS OF INVOLUTION AND EVOLUTION.

Supermind can be thought of as an interface between the upper hemisphere of the spirit, and the lower hemisphere of existence in the universe.

Supermind in essence enabled a universe of matter, life, and mind to emerge from a divine source (the Involution); and the universe to be divinized through that same divine source (the Evolution)..

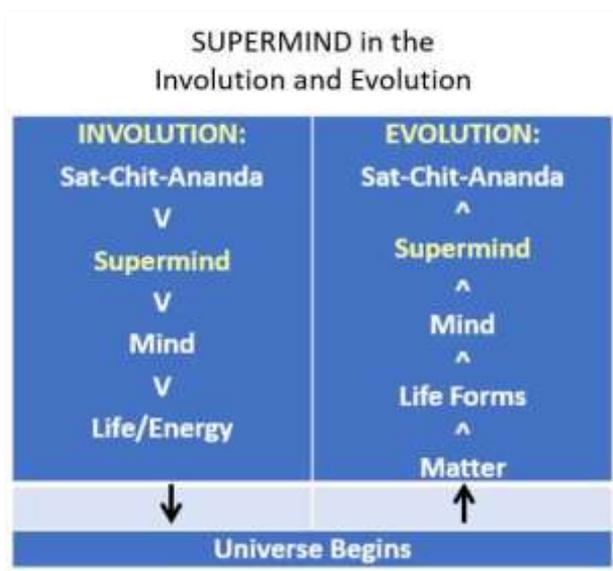
In the Involution, Supermind is that which enables the upper hemisphere of Sat-Chit-Ananda (Being/Existence, Conscious-Force, Delight) to become cosmic mind, and then energy, and then the universe of matter, life, and mind.

In the Evolution, Supermind is the power we can open up to that enables the spirit, the supramental force, the divine Mother to divinizes all material, vital, and mental existence, enabling a divine life on earth. (Now existence in the universe - as matter, life, and mind - is re-melded with Sat-Chit-Ananda.)



SRI AUROBINDO'S COSMIC VIEW

In Sri Aurobindo's cosmic view, Supermind is the dynamic manifestation of the Absolute, serving as the intermediary between Spirit and the manifest world, enabling a universe of energy and forms to emerge from out of the Divinity, and facilitate the transformation of those forms back into Divine being.



SUPERMIND IN THE INVOLUTION AND EVOLUTION

INVOLUTION - From out of an ineffable, immutable Infinite Reality emerged Sat-Chit-Ananda, in essence, a Conscious Being and Force (Conscious-Force). From that emerged the plane of Supermind, which rendered Space and Time, unleashed Spiritual attributes (real ideas) into existence; out of which emerged the plane of Mind, and out of it dumb Energy, culminating in material existence (Matter).

At the dawn of creation, the original Conscious-Force is fully hidden, absorbed in creation.

EVOLUTION- Now begins the Evolution - from Matter to the emergence of Life Forms, to the development of Mind in those forms, to our opening to Supramental truth consciousness and force, enabling the manifestation of the spiritual attributes/values in the world,, culminating in a supramentalized existence (truth, unity consciousness), a divine life on earth..

In that process, the Conscious-Force once hidden, absorbed at the dawn of creation fully emerges in the forms (i.e. us) in creation.



SUPERMIND'S MULTI-FACETED ROLE IN EXISTENCE

We can distinguish four aspects of Supermind in and out of creation:

1. Supermind is a plane of existence that is a further projection of Sat-Chit-Ananda (Existence - Conscious-Force, Delight), enabling a universe to emerge from a Divine Source.
2. Supermind rendered and set loose the spiritual attributes/values in creation, including peace, harmony, knowledge, truth, goodness, love, joy, timelessness, and infinity so the forms of creation can manifest them as real, extending the spiritual values of the Source into we humans in the universe..
3. Supermind is a force and plane that we can open to that will help divinize our lives. It is the Mother's Force we can give ourselves to, to further our evolution..
4. Supermind is a plane of Mind beyond Intuitive Mind and Overmind (universal consciousness), where we can know a thing or matter in its

complete integral fullness and truth, with an added power for that knowledge to instantly become real in the world.



THE DIVINE'S ASPIRATION IN THE UNIVERSE

We think of the Spiritual Quest as Man seeking God, the Divine. However, from another perspective, the ultimate quest is the Unknown seeking Itself in time through forms it has manifest. I.e. it is the Divine's aspiration for fulfilling Its intention in the universe.

What is the Divine's intention in the universe? No one seems to have ever addressed this question adequately ... except for Sri Aurobindo, who indicates that the purpose of existence is to manifest a Divine Life. That the world has been created by the Divine in order to manifest Itself in the forms of Its creation.

(Paraphrase of Garry Jacobs, Talks on Savitri)



SUPERMIND'S ROLE IN DEPLOYMENT OF SPIRITUAL ATTRIBUTES

Supermind set forth, deployed the Real Ideas of the Infinite Divine into creation, including spiritual attributes of Peace, Silence, Harmony, Truth, Knowledge, Goodness, Creativity, Love, Delight, Timelessness, and Infinity.

The Source consciousness wished these spiritual attributes/values to manifest in creation, Supermind brought them into being, and it is up to us to make them real in the world, fulfilling the Divine Intent.

In a Divine (supramental) Life, these spiritual values are fully manifest as real.



KNOWLEDGE & WILL

Supramental Consciousness has the Integral Knowledge of what is necessary to be known at that time, as well as the Will and Power for it to come about.



IN SUPERMIND KNOWLEDGE AND WILL, THE THEORETICAL AND PRACTICAL ARE ONE

In Supermind, there is Knowledge and Will (for that idea's manifestation) together. In the same way an Idea has real power when it both an ideal and when practically applied.

In human life there is normally one without the other. A theoretician has an unproven concept; a worker executes an Idea, but has no understanding of the ideal behind what he is doing. Through knowledge, experience, etc., the two come together slowly. There are thus shadings in between.

However, when opening to Mother, they tend to arrive together; the principle and the manifestation together; or the integral knowledge that also has the commensurate Will for its execution. One Knows, and One

Sees, One Chooses, and One Acts all in one motion. Or it is simply executed for us on its own. The theoretical and the practical are then one and the same.

(Roy Posner)



FROM SUPERMIND TO SUPRAMENTAL BEINGS TO SUPRAMENTAL LIFE

SUPERMIND

--Supermind is the plane of consciousness that emerged from the divine source, Satchitananda, that enabled space and time, subject and object, and whose mission it was to unfold the cosmic values, spiritual/real Ideas of silence, peace, harmony, truth, knowledge, goodness, power, creativity, love, delight, timelessness and infinity in creation.

--Though enabling the creation process that brought about the universe, Supermind is also a plane of being that has descended into the earth's atmosphere, and is available to us to enable our ultimate Creative capacity as well.

--Supermind is the plane that Sri Aurobindo discovered and organized, and which the Mother called down into the earth's atmosphere in 1956.

--Supermind is the plane that our mind can reach that is beyond ordinary mind, silent mind, illumined mind, intuition, and universal mind.

-In Supermind we constantly perceive an ever-changing Oneness in the circumstance of Life.

--In Supermind all is known about a matter, plus it has the simultaneous power to manifest as real what is known

--We can open to the Supramental Power to hasten our own evolution.

--Opening to the Supramental Power is opening to the Force of the Divine Mother. It is Her Supramental Shakti (Energy/Force).

--Opening to the Supramental power instantly resolves problems, and creates unprecedented new solutions and possibilities from out of nowhere. That is why it is sometimes referred to as "Unity Consciousness."

--When the Supramental Force is evoked, all is instantly known about a matter, how each part relates to the whole, what the essence of It Truth is, and so forth. It is complete integral knowledge on any subject or matter. That is why Supermind is also called the "Truth Consciousness."

--One who surrenders to the Supramental Power, to the Divine Mother become becomes a transformed being.

--One who surrenders to the Force, to Mother becomes its instrument in life; a pioneer for creating a Divine Life on earth.

SUPRAMENTAL BEING

--Surrendering to the Supramental Power leads to the emergence of a new type of human - the Supramental Being.

--The Supramental Being lives in a perpetual state of harmony with others and life.

--The Supramental Being has realized in his being all of the attributes of the Supramental Plane – including silence, peace, harmony, truth, knowledge, goodness, power, creativity, love, delight, timelessness and infinity

--The Supramental Being is able to create infinitely, just as the Supermind enabled the universe to come about from a Divine Source.

--The Supramental Being is fully evolved at the mental, vital, and physical level. He is fully developed in consciousness in terms of attitudes, emotions, values, beliefs, and actions.

-- The Supramental Being has perpetual knowledge of what to do and not to do at any moment.

-- The Supramental Being individual will in his ultimate form have evolved a new Supramental Body, devoid of the current arrangement of system (circulatory, digestion, et al); of organs, muscle, bodily fluids, et al; replaced by centers of consciousness.

--Ultimately the Supramental Being is able to live as long as he wishes.

SUPRAMENTAL LIFE

--When there are a certain number of, a critical mass of supramental beings on earth, there is the beginnings of Supramental Life.

--Supramental Life is one of perpetual peace, harmony, wisdom, truth, goodness, love, delight, timelessness, and infinity.

--In Supramental Life the society and the world implement all of the cosmic values, spiritual/real ideas from the Source of creation.

-In Supramental Life all strife, suffering, disease, death, war, conflict, etc. are overcome, replaced with their opposites.



SUPERMIND DETERMINES

Sri Aurobindo says that Supermind has descended here on earth, is everywhere, is in everything, and is determining all things at every moment.



CREATION PROCESS SAME FOR DIVINE AND US

Sri Aurobindo's comprehension of Reality explained as first Involution from a Divine Source to matter, followed by Evolution from matter to spirit is virtually the same process we follow when we successfully engage in a project or the smallest activity.

It is a process of first apprehending the goal through Mind (for the Divine it is Cosmic Mind/Supermind); then having the vital will and drive for its manifestation as real (for the Divine it is the conversion of cosmic Idea into Cosmic Energy); and finally physically executing strategies to make it happen (for Divine, it is the conversion and breakdown of Cosmic Energy into atomic existence, which appears as matter in the universe).

For the Divine, Supermind coordinates the entire process. For Man he can rise to intuition and then Supermind to engage in the process for perfect execution that formulates a miraculous-like Response from Life (sudden good fortune from out of nowhere).



SUPRAMENTAL AS INTEGRAL TRUTH AND CREATION POWER

Supramental means “Truth Consciousness.” One perceives all sides of a matter, each fitting in its right place; the essence of the matter, and its totality. One has everything one needs to know to successfully act, creating ultimate results.

Supramental also contains the urge and will for the Integral knowledge of that matter, that Truth, to manifest as real in the world. Thus Supramental is ultimate Creation power, as it is based on Integral Truth.

Thus the universe came to be through this dual aspect of the Supramental.

It was also infused with cosmic values - like peace, harmony, love, joy, timelessness, and infinity rolling out in creation through the evolutionary process.

Sri Aurobindo thus indicates that “Supermind is the Creator.” It is the same as the power of the Mother’s Force.



HOW SUPERMIND ENABLES TRIPLICITIES FROM REAL IDEAS IN THE INVOLUTIONARY AND EVOLUTIONARY PROCESS

Through a comprehending and then apprehending process, Supermind turns potentiality of conditions (values) into reality.

Eg it changes the Real Idea of Love into Lover Loving the Beloved. Or Knowledge into Knower Knowing the Known. Etc. for every divine attribute. Supermind in essence turns these Real Ideas, spiritual concepts of the Supreme (like silence, truth, knowledge, harmony, love, delight, etc.) into living realities in Space and Time. From Cosmic Idea into triplicities of Subject - Method - Object.

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What I described above can be said to occur in the Involution i.e. previous to the material creation of the universe.

However, in the Evolution (beginning with material creation in the universe), the triplicities have lost their Identity relationships. Eg the Knower no longer Knows the Known. There is a loss of direct Identity with the object. So eg I don't know what is around the bend.

And so through an Evolutionary process Supermind re-establishes these Identity relationships, where the triplicities are reconnected, - Knower Knows the Known, Creator Creates Creatively, etc.; but now (and for the first time) it occurs in LIVING human existence in the universe; up to the latest moment in space-time.

So we can say:

INVOLUTION

-Real Ideas of Supreme as starting point

-Supermind turns them into triplicities/realities in Involutionary process. Every attribute formulates into perfect Identity relationships. Through them, there is ultimate Consciousness.

-With the onset of creation, Identity of triplicities is lost. Dumb energy and matter exists. There is absence of consciousness.

EVOLUTION

-By our opening to Supramental power (the Force of the Divine Mother), the Identities are reestablished, Triplicities are reformed -- but now in creation, in living human existence.

-Ultimate consciousness now manifests through supramental beings.

-Divine (Supramental) Life on earth progressively comes into being.

COMPREHENDING AND APPREHENDING SUPERMIND FROM OUT OF SATCHITANANDA

Satchitananda is the undifferentiated Transcendent One. In Comprehending Supermind it extends itself as an all-containing, all-pervading equal concentration of Cosmic Consciousness populated with forms of itself which that consciousness pervades. The Consciousness is at once the field, the forms and the self-experiencing consciousness.

... In Apprehending Supermind, the Divine Consciousness projects itself into each of these forms of itself and assumes the unique vantage point of each of its forms... All these individual centers are projections of the same Consciousness which resides within each of them as the Individual Divine. (MSS)



SUPRAMENTAL FORCE IN CREATION, IN OUR LIVES

The Supramental Force created the universe from a Divine source. It is a power we can open and surrender to to enable us to move out of our ignorance, divided nature, and become our spiritual and supramental selves.



SUPRAMENTAL, THE MOTHER IN CREATION PROCESS

Normally in Life the Process of Creation begins in the mind as an idea, picks up the will and is energized in the vital, which gets executed at the physical plane.

However with Supermind we offer the original goal/idea to the higher power, supramental force, the Mother, who then energizes us at the vital plane and gives us the results rapidly, perfectly, magnificently at the material/physical level.

Actually a Supramentalized Individual would WAIT on the Force, the Mother to give original direction for the idea, and we would then follow Her actions, to manifestation. This means the Supramental initiates and guides the whole process. We do not initiate, first waiting on the Spirit, supramental sign.

This is the central method of the yogi practicing Sri Aurobindo's Integral Yoga (i.e. ultimate transformation).



SUPERMIND IN THE INVOLUTION AND THE EVOLUTION

In addition to the Supermind's role in the creation of the universe (i.e. the involution), it also play a role in the evolution of man from what he is toward his highest nature. When he opens to this Force he rises. And the ultimate plane (aside from Pure Being) he can rise to is the supramental plane. It should also be pointed out that this supramental Force is descending on its own to make it easier for us to access its Force and so its instrumentality will be even greater when invoked.



NOTES ON SPIRITUAL PLANES OF BEING

These planes occur in the Involution [descent/down] and the Evolution [ascent/up]

The SUPREME - includes, but is also beyond involution, evolution. It is Immutable, Omniscient, Omnipresent, etc. Also called the Reality, the All. I.e. everything is contained in it; including spirit and matter. (Before the Involution there is of course no universe, just spirit.)

PURE BEING (SAT) – Pure Consciousness. Conscious Being, Aware of Itself. First step out of the Supreme and towards creation. The Creator (Ishwara) originates here, as do Real Ideas, including Silence, Peace, Harmony, Truth, Knowledge, Creativity, beauty, Love, Delight, Timelessness, and Infinity.

CONSCIOUS FORCE (CHIT) – Consciousness that is aware of itself is “energized” and becomes a Force. Is thus a Conscious-Force. It is where the Divine Mother (Shakti) emanates; who will carry out the plan of the Ishwara-Creator of Sat.

DELIGHT (ANANDA) - Joy, Love etc. Blissful in its awareness of Itself, and as a Force. Blissful of Being and of Being a Conscious Force

SUPERMIND –

-emerges from Sat-Chit-Ananda

-an extension of Conscious Force

-Knowledge and Will are fused

-Sees all sides of things in their integral unity. There is Integral Knowledge of a thing (Truth Consciousness) Like reading a novel and understanding integrally, perfectly why everything is happening, and what is likely to happen in future.

-There is Unity in infinite diversity, variation.

-Anything it comprehends also manifests as real in the coming Universe in the involution (See next), and in life in the evolution..

-Space and Time are created. Space is extension; time is motion in extension.

-Real Ideas - originated in Sat (pure Being) through the Creator/Ishwara there- - begin to manifest through Supermind; including Silence, Peace, Harmony, Truth, Knowledge, Creativity, beauty, Love, Delight, Timelessness, and Infinity.

-Each Real Idea becomes an object to its own subject. Eg Love Loves the Beloved. Knowledge is Known by the Knower. Etc.

-The Divine Mother is the vehicle for the emergence of the supramental power. I.e. through our Consecration we get in touch with the Supramental Force/Power/Action through the Divine Mother.

OVERMIND –

-Perceives all sides of things at once without thought. Like reading a novel and seeing all issues, sides, developments, etc..

-There is a Oneness of being (and yet oneness is less than Unity in Diversity as in Supermind).

-Knowledge and Will are no longer fused. There are vast, yet separate vibrations of knowledge not integrated with one another.

-It is the plane of the Gods. Each powerful and vast, but not connected to the other Gods. Great Indian mathematician Ramanujan connects to a Divine Goddess who gives him vast insights previously unknown to man. Krishna the ultimate spiritual incarnation in Bhagavat Gita knows everything; but not quite perfectly. (Sri Aurobindo has many qualities of the Supramental Being. The Mother worked to establish the (immortal) Supramental Body.)

INTUITIVE MIND – Knowledge of a thing comes without thought. It simply appears in the mind. (Einstein discovers the formula of the physical universe. $E=mc^2$)

ILLUMINED MIND – Knowledge comes as a flash of light (eg Archimedes “Eureka I’ve got it.” He thinks on things, then lets it go, then comes the flash of insight.)

SILENT MIND – Through silence of the mind it can think more rationally.

(the above planes descend in the Involution (to mind to energy to matter); and ascend in the Evolution (from physical/matter, vital/Life, mind)

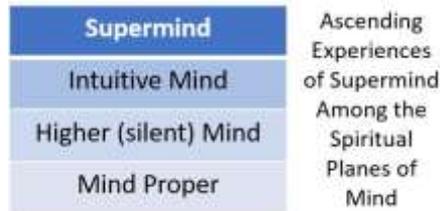
For every movement up (ascent) in the evolution, there is a descent below for it to be complete. Eg if I want to be healthy (an idea in the mind), then I need to do the right things psychologically to make that happen (in the vital) as well as do the right things for the body (physically), which are planes below the mental idea/goal to be achieved.

UNTITLED

Supermind is governing the evolution of the universe.

UNTITLED

Supermind knows exactly what to do among the possibilities in a given moment.



ASCENDING EXPERIENCES OF SUPERMIND AMONG THE SPIRITUAL PLANES OF MIND

1. Silent Mind

-When the Mind stops thinking when in pursuit of knowledge, the mind moves to Higher Mind. In Higher Mind knowledge is there through silence. It is clearer thinking.

-However, there is little chance of experiencing Supermind, Supramental Consciousness there, There is clearer thinking in Higher Mind, but not the complete identity with the object as in Supermind.

-When we embrace the contradictions of life or knowledge and see the truth beyond them - embracing both and going further - we rise to Silent Mind.

2. Intuitive Mind

-Beyond Silent Mind there is In Intuition, which knows without thinking. Some knowledge comes to us without thought, without having to think.

-There is partial knowledge by identity, i.e. with direct connection with the object of knowledge.

-In Intuitive Mind there may be a glimpse of Supermind, but not nearly the full embodiment of the supramental consciousness, of Supermind.

3. Supermind Itself

-In Supermind thinking, even rational thinking, is left behind.

-Supermind is Truth Consciousness that sees into the integral truth of things, conditions, circumstance of life. In Supermind, supramental consciousness there is no ignorance, only direct perceptions of Knowledge.

-In Supermind there is Complete Knowledge by identity with the object concerned, et al. There is a complete experience of this identity.

-In Supermind one has the experience and knowledge of the Whole that is greater than the sum of the parts.

-When attaining Supermind, Supramental consciousness one as in many ways becomes a new Species of humanity.

-It also has a power to directly, quickly, and appropriately manifest the idea into something concrete in the world.

(by Garry Jacobs,, with additions by Roy Posner)

UNTITLED

The Supermind is the gateway by which the Transcendent Divine manifests itself in Life. (Garry Jacobs)

WHAT SUPERMIND, SUPRAMENTAL CONSCIOUSNESS IS

Supermind is the plane of being that was tasked by the Supreme to create a universe of forms.

Supermind is the plane of being that was responsible for bringing the divine attributes - silence, peace, truth, harmony, knowledge, goodness, creativity, joy, delight, timelessness, infinity, et al - into creation.

Supermind enables the plane of Mind to further the process of creation through which energy became matter and life.

Supermind emerged from, is the extension of Sat-Chit-Ananda, Existence - Conscious-Force - Delight.

Out of Supermind comes cosmic mind, energy, and then matter. It is the involution. The evolution is from matter to life to mind, culminating in supermind, or supramental being.

When we open to the supramental power we accelerate the evolution.

The supramental power is the force and power of the Diving Mother.

In Supermind knowledge and will are fused. I.e. there is cosmic knowledge and the will for its realization. In the involution, the descent that unity is loosened through the creation of Mind, and and they grow further apart. in the plane of Life (energy) and the knowledge is completely lost with the emergence of Matter.

Thus Supermind helped create the universe (in the involution, the descent), and it is also the power we can open to that rapidly helps us further the Evolution, the descent; in order to bring about a Divine Life on Earth.

Supermind is Truth Consciousness. I.e. it knows all that needs to be known in any given moment; i.e. the ultimate truth of things.

Supermind is far beyond mind which is limited in perceiving reality.

Supermind, or Supramental Consciousness, has the clearest, most integral perception of the nature of Reality. It sees spirit and life as one; as different but integral parts of the same reality.

In Supermind there is power of perfect, integral knowledge of a thing or matter, plus a power for its instant realization as form in life. What Supermind, Supramental Consciousness Is

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THE SUPERMIND AS CREATOR

(Book 1 Chapter XIV)

(from ' An Analysis of Sri Aurobindo's The Life Divine' by Roy Posner

Introduction

In this chapter, Sri Aurobindo explains how Supermind is the creator of the universe, and how it does so through its comprehending and apprehending action. This is the great revelation and secret of Creation; perhaps the most profound insight of The Life Divine. He also describes

the nature of Supermind as an ultimate knowledge and knowing power that we are capable of realizing.

Summary

Along the way, Sri Aurobindo has indicated that there is a plane of existence -- called Supermind -- that emerged from Satchitananda. He will now add that this cosmic plane will be the dimension that renders creation, a universe out of itself.

He actually begins the chapter by indicating that the Truths of the Conscious Being (Sat) are held in an essential unity in comprehending Supermind, but then differentiates into multiple entities through forces principles, forms, and movements in apprehending Supermind, and yet does so without each and all losing that essential oneness.

He also indicates that these Supermind fundamental Truths of the Conscious Being, of Sat are what he calls 'Real Ideas.' These Real Ideas are seeds that radiate out into creation through the supramental action, expressing spiritual Truths like Silent Witness, Creator, Knowledge, Will, Oneness, Love, and Delight in the forces, principles, forms, and movements of creation.

He adds that all of life -- i.e. Nature -- is the result of the casting and expression of these Real-Ideas.

[In this way a Theory of Creation is devised by Sri Aurobindo. It is a process through which Real Ideas (i.e. Truths of the Conscious Being) are comprehended and then appended (manifested) through the intermediary Supramental plane and its action in the cosmos. It is in fact a universal process of creation that everything in the universe partakes in.]

Sri Aurobindo also describes the nature of Supermind itself as an ultimate knowledge and knowing power. It not only perceives all truths in their inherent Oneness, but has the Will and Power to render those Truths real in creation.

He also says we humans are capable of experiencing that ultimate cognitive capacity. He indicates that if we rise in consciousness, we can develop that supramental capacity of knowledge perception, will capacity. Moreover, as a result of acquiring that integral knowledge power, we have

the capacity to create infinitely in life, just as Supermind itself is able to do as Creator.

Finally, Sri Aurobindo indicates that Mind is a lesser derivation and power of Supermind, yet is a necessarily plane intended by the Infinite consciousness. [That difference is indicated in terms of knowledge and force, time, space, dualities, causality, the finite and the infinite, unity and multiplicity, ego and psychic.] He then reiterates that through our evolution of consciousness, we can rise from our experience of Mind to a higher, spiritualized Mind (through illuminations, intuitions, etc.) and further still arrive at supramental perception.

UNTITLED

Complete Harmony and Integration only occur in Supermind, where there is Oneness of thought, feeling, action, & result.

UNTITLED

In Supermind the Unknown becomes the Known, while materializing as something Real in the world.

Ascent and Descent in Supramental Process



ASCENT TO AND DESCENT FROM SUPERMIND

It is by rising to the summit of consciousness through a progressive ascent that one unites with the Supermind ...

... it is by REDESCENDING through the levels of the being with a supramentalized consciousness that one can accomplish the permanent transformation of physical nature.

(The Mother, from Agenda, November 6, 1965)



ASCENT AND DESCENT WHEN REACHING SUPERMIND

Please keep in mind that when we mention Supermind (in the evolution) we don't just mean that it is the ultimate plane of spiritual mind that we can experience, but that when we reach, embody that plane, it supramentalizes all planes, things below it - including the mind, our vital being, and our physical body (and all matter, substance in creation). It is in essence passing through and embodying the Supramental Transformation.

There is thus an Ascent and Descent dynamic occurring. We ascend into Supermind, and it descends into all planes of our being, transmuting them.

UNTITLED

As the Supramental Power descends from above, It awakens the buried, involved Conscious-force in the world, in humanity, in the individual, precipitating their further growth, development, evolution, transformation.



COLLABORATING IN THE ASCENT TO AND DESCENT OF SPIRIT

The Ascent is the evolutionary movement to Spirit. The Descent is Spirit descending into life. We can collaborate in this dual movement. Sri Aurobindo's Integral Yoga enables this to happen. Its method is Surrender - to the Divine Mother; the supramental force and power.



SPIRITUAL EVOLUTION IN ASCENT AND DESCENT

The Evolution takes place not only by the Lower evolving into the Higher, as in matter evolving to animated life forms and onward to their mentalization, but of the Higher consciousness descending into the Lower, as when the Mother's supramental Force and Power is called and descends into the aspects of our being - mental, vital, and physical, and all

planes in between. These two movements in tandem foster evolution of life on earth, on its way to the great Spiritual and Supramental change.
(ep)

Overmind vs. Supermind



LIMITS OF OVERMIND THAT SUPERMIND, SUPRAMENTAL LIFE RESOLVES

Overmind is the plane of universal consciousness, where each or any thing exists and is known in perfection. However, at that plane each perfection known has lost touch with other perfections of other things. Thus, there is the original basis of Ego (separateness) and Ignorance (missing integral knowledge). (E.g. at that plane each God represents something to perfection, but has lost touch with the truths of the other Gods.)

In Supermind, each thing is in perfection, but also maintains its unity with all other things, as well as the totality and essence. It is a Super Perfection. In Supermind, supramental life, there are no beginnings of Ego and Ignorance, but instead there is Harmony, Unity, and Integral Knowledge that is Truth at all points.

A world on this firmer foundation would be Self-existent, i.e. thoroughly Positive without any dark shadow, which still remains even in Overmind, the universal consciousness.

RELIGION (OF OVERMIND) REPLACED WITH THE SUPRAMENTAL LIFE

Characteristically the old world, the creation of what Sri Aurobindo calls the Overmind, was an age of the gods, and consequently the age of religions. As I said, the flower of human effort towards what is above it gave rise to innumerable religious forms, to a religion relationship between the noble souls and the invisible world...And now, all these old things seem so old, so out-of-date, so arbitrary --- such a travesty of the real truth. In the supramental creation there will no longer be any

religions. The whole life will be the expression, the flowering into forms of the divine. Until manifesting in the world. (The Mother)

OVERMIND VS. SUPERMIND

Overmind expresses as individual rays of spiritual Truth, but each ray is not in harmony with the others (just like the Gods). In Supermind, the plane above it, each Truth of existence expresses as an individual ray, yet each one is in unity with all other rays. Hence Supermind is Unity consciousness. And we access that integral truth Knowledge and Power through Mother, through individual acts of Consecration.

Mind, Ignorance, and Supramental Truth Consciousness



SUPRAMENTAL TRUTH CONSCIOUSNESS

Truth is the Actual Reality of existence.

Truth is also complete, many sided knowledge of the current status of existence, of the Reality.

Supermind is Truth Consciousness. I.e., perpetually having the integral Knowledge of the Truth of the Integral Reality.

We live in Mind, not Supermind. It is a very partial knowledge at any given moment.

The partial knowledge of Mind is our essential Ignorance. It leads to wrong judgement and error.

It can result in Falsehood when the Ignorance is related to or acted upon with glee. It leads to Evil when further acted upon with malice.

Life is the slow, painful journey from Ignorance to greater Truth. Personal growth, development, and evolution is the conscious rapid path out of Ignorance and into the integral Truth.

Full, ongoing apprehension and mastery of the Truth in life situations is Supramental Consciousness.

—

The plane of supramental consciousness is Supermind.

It is both a plane of a spiritualized Mind and a power to manifest any knowledge as real in the world.

The Mother's Force is both the supramental consciousness and a Force for its manifestation.

Whenever Her Force moves it creates integrally true and perfect outcomes.

Moving within to the psychic being (evolving soul) and surrendering to Her and Her Force puts us on the road to becoming Supramental Beings.

There we have ongoing Integral Knowledge with Supramental Force to become the Masters of Life.

Peace, Harmony, Truth, Love, Delight, Timelessness, and Infinity is our natural condition.

Transformation of our body, emotions, heart, and mind is our living reality. It is the perfection of our life at all planes - mental, vital, physical - to their supramental equivalents.

We are led at each step along the way by the Supramental purpose in the cosmos.

We thereby become vehicles for the transformation of all life in earth.



FROM DIVIDED TO SUPRAMENTAL NATURE

Sri Aurobindo recognizes the essential divided nature of man. He lives in his ego, in ignorance, in time, in limitation, finite, and suffers from disease and death. Integral Yoga is the conscious method of overcoming Man's limited nature and arriving at his spiritual and supramental Nature. (Sri Karmayogi)



VISION OF FUTURE

An emerging Supramental consciousness increasingly senses future directions and outcomes, and shifts his focus in that direction, landing in the right place at the right time.



UNTITLED

Knowledge Intuitively entering the mind without thought will be the foundation of Genius in the future.



UNTITLED

Only when we have the full mastery, full knowledge of Supermind can we truly, clearly, perfectly know what to do at the next moment.



MOVING TO SPIRITUAL PLANES OF MIND THAT ACCELERATE CREATION

Mind of Man through his thinking process evolves and moves toward and attracts the Original Energy that created Cosmic Mind that created material life in the first place. When Mind of Man moves to intuition and beyond to ultimate Supermind (Truth Consciousness), this process is radically accelerated, as he now embodies Cosmic Mind and thereby becomes the Creator Source himself in his life.



INSTEAD OF USING MIND TO GAIN UNDERSTANDING, OFFER ISSUE TO THE HIGHER POWER

Our mind cannot truly understand the world, as it is a limited instrument, perceiving only a fraction of the truth; a very limited part of reality.

Therefore, to truly know, we need to stop thinking, and instead offer the current matter, issue, problem, truth-sought to the Higher power, the Divine Mother. As a result, you will be constantly informed of the exact knowledge necessary to carry out your life.

And when that knowledge arrives, it will come not through our rational thought processes, but will simply, automatically appear in our consciousness; as we will simply Know.

This will be one of the methods of cognizing in the future, as experienced by the supramental individual.



UNTITLED

The Supramentalized Mind will give perfect, integral expression to a thought or idea, as it is one with, in Identity with the corresponding Source Truth of that item



UNTITLED

True Intelligence lies far beyond brain-power.

MIND REPLACED BY SUPERMIND

Mind is a transitional entity and means of functioning in the human that will gradually be replaced by Supermind, which is Truth Consciousness and its Force/Power. All knowledge, power of affectivity, and action in life will be derived through that supramental plane and power, rather than through the current thinking/knowing methods and processes of Mind. A number of individuals are increasingly experience their lives this way,

through this Knowledge Force and Power. They are pioneers of a new way of human functioning; the Next Step in our Evolution.

Comment: E.g. you want to know something, and that knowledge simply appears in the New Mind and Center, complete and integral. You want to accomplish something, and from within you access the power that attracts it from the outside. Thus, all power of knowledge and effectively is from within in that center of supramental force, power, and knowledge that gains complete mastery of the outer life. (We gain access to this supramental knowledge and power in the first place by surrendering to the Mother who is its channel and broadcasting mechanism, to the point where it takes over our very being and is the new basis of our New Supramental Nature.)



NEW AGE OF SPEED AND THE EMERGENCE OF SPIRITUAL MIND

In the emerging business/organization world, SPEED is determining the future. Speed of insight, speed of choices and options, speed of decisions, speed of actions, speed of access to resources, speed of expansion, speed of movement, speed of reacting to change, speed of altering course, speed to team up and team down, etc.

With speed increasing exponentially as it is, the Mind's limited capacities to perceive and know are causing strains in consciousness. Thus, Mind needs a higher form of itself:

- as Insight to coordinate and expand ideas
- as Light of knowledge, with solutions bursting forth as visualized understanding
- as Intuitions of knowledge entering the mind without thought

-as Revelations of Truth

-as Supramental Perception of the many-sided truth in a flash, accompanied by the full manifestation of its form in the material world.

We can learn to access these spiritual dimensions of Mind by shifting our center of awareness to a deeper poise within. Practicing non-reaction, taking the other person's point of view, and consecration makes this fully possible.



UNTITLED

Along with precision, Supramental vision gives the RELATIONSHIP between all things, without separating them.

(paraphrase of the Mother, from Agenda)

UNTITLED

Supramental is Truth Consciousness; i.e. where everything that needs to be known in that moment IS known.

UNTITLED

Continuous opening to the Mother and the descent of that Force into our being is the straight path to the Supramental Consciousness.

Comment:

Opening to Mother IS connecting to the Supramental Truth Consciousness.

UNTITLED

Mind is a mere peephole for obtaining knowledge. Truth Consciousness (Supermind) enables a perpetual flood of what needs to be known.

UNTITLED

Mind exists because Supermind (truth consciousness) created it.

UNTITLED

In Mind, Knowledge and Power are separate. In Supermind they are One.

Comment: Eg in Mind I may have Knowledge of how to do something, but little or no energy, drive, will, power for it to come about. Or I may have Power to bring something about, but no knowledge of how to do it.

In Supermind one has both Knowledge of how to do it and the Power for it to come about.

Consecration - opening to the Mother, the Supramental force, - evokes that Knowledge-Power which comes quickly to us as Life Response.

UNTITLED

Mind is the ignorant version of Supermind.

SUPRAMENTAL (TRUTH) CONSCIOUSNESS

The supramental by its very definition is the Truth-Consciousness, Truth in possession of itself and fulfilling itself by its own power. (Sri Aurobindo)

It is the complete knowledge, truth of the situation, with an equal power for it to manifest it in life. IT is integral knowledge and ultimate will and creation-power fused.

Eg in a confused environment, one opens to the Divine Mother (containing the supramental Force) and soon after all that needs to be known is known, in their integral relationships; and in addition, the thing under consideration, the circumstance manifests as real in the world.

Supramental Problem Solving



SUPRA PROBLEM SOLVING

The higher consciousness individual is not here merely to solve a problem, but to acquire the inner knowledge that easily resolves that same problem whenever it arises.



SUPRAMENTAL DECISION MAKING ON THE SUNLIT PATH

The Mother offers us the Sunlit Path.

It is the positive means of experiencing a Higher Life; without any pain, avoiding the negative.

We experience the Sunlit Path when we live our lives from the Supramental plane.

What do we mean by that?

Supermind is the Truth Consciousness.

It is the capacity to know and do precisely the right thing in any given moment, in any situation.

As a result, Life becomes a Marvel.

We attract endless success and experience deep abiding joy.

How then do we know what the right, i.e. Supramental choice is?

There are infallible guidelines to help us decide which direction to take at every moment, in any situation.

Let's examine several of these:

First: When we assert our OWN point of view, it means we are in Ego consciousness.

And that is normally the wrong choice, producing the worst outcome.

Instead we need to reverse that and embrace the Other Man's Point of View.

It will produce the very best outcomes, including harmonic perspectives of the Truth.

Second: Normally when we undertake an INITIATIVE of our own volition, there is an Egoistic element present.

As a result, success is often limited when we go down that path.

Instead, we need to be Still, and wait for LIFE'S initiatives to come to us.

And when they do, we should take them up in full, perceiving them as golden opportunities.

Doing so will invariably lead to the very best outcomes in life.

Third: Instead of feeling ill-will towards others and being selfish, we should practice Goodwill and Self-Givingness.

That too is the right choice; one that will attract startling positive conditions from the world around us.

Fourth: Instead of ignoring a problematic situation or blaming others, we should take Conscious Responsibility for it, and do what we can.

There too life will quickly work in our favor.

Fifth: Finally, instead of being impulsive or impatient in any given moment, we should remain Calm and Patient.

That choice always attracts the very best conditions from life.

E.g., whenever we are in a line at the market, we can practice this inner method.

In each of these situations, we take the position of HIGHER Consciousness; avoiding the lower; thereby attracting the very best conditions from the world around us.

This dynamic of always choosing the True over the false is to take the Supramental perspective.

It is the Truth Consciousness view of things.

And yet, if we make these right, supramental-like cross-road decisions, are there any sure signs that our life is now on the RIGHT TRACK?

Yes there is.

It is that we constantly feel energized and filled with JOY.

That conditions around us are so pervasively positive and energizing, that we cannot help but always SMILE!

(by MSS, Senthil Murugan, and Roy Posner; based on teachings of Sri Aurobindo in Life Divine)



SPIRITUAL SURRENDER: THE WAY OUT OF OUR SUFFERING

You see, in the present condition of the world, circumstances are always difficult. The whole world is in a condition of strife, conflict, between the forces of truth and light wanting to manifest and the opposition of all that does not want to change, which represents in the past what is fixed, hardened and refuses to go. Naturally, each individual feels his own difficulties and is faced by the same obstacles.

There is only one way for you. It is a total, complete and unconditional surrender. What I mean by that is the giving up not only of your actions, work, ambitions, but also of all your feelings, in the sense that all that you do, all that you are, is exclusively for the Divine. So, you feel above the surrounding human reactions – not only above them but protected from them by the wall of the Divine’s Grace. Once you have no more desires, no more attachments, once you have given up all necessity of receiving a reward from human beings, whoever they are – knowing that the only reward that is worth getting is the one that comes from the Supreme and that never fails – once you give up the attachment to all exterior beings and things, you at once feel in your heart this Presence, this Force, this Grace that is always with you.

And there is no other remedy. It’s the only remedy, for everybody without exception. To all those who suffer, it is the same thing that has to be said: all suffering is the sign that the surrender is not total. Then, when you feel in you a “bang”, like that, instead of saying, “Oh, this is bad” or “This circumstance is difficult,” you say, “My surrender is not perfect.” Then it’s all right. And then you feel the Grace that helps you and leads you, and you go on. And one day you emerge into that peace that nothing can trouble. You answer to all the contrary forces, the contrary movements, the attacks, the misunderstandings, the bad wills, with the same smile that comes from full confidence in the Divine Grace. And that is the only way out, there is no other.

(The Mother, from Agenda, May 11, 1967)

thanks to Mila



NEW HUMAN ORIENTATION AND FUNCTIONING

The New Human Orientation and Functioning in life is a total moment-to-moment reliance on the Supramental power, Mother’s Consciousness; no longer depending on the mind, one’s feelings, desires, intentions, et al. It

is a totally new formation of the human being; a radical Reorientation and dependence, experienced at every moment.

Eg a device is not working properly and you have to remove it. However it is tangled up in a mesh of wires. In ordinary life you struggle to you find the right wire to remove. On the other hand by simply opening to Mother, the supramental power you instantly see the wire you are looking for and then easily remove it.

Or your computer does not start up correctly, which causes one's mind to be engaged in a myriad of ways to try to solve the problem. Instead you put your hand on the computer and call in Her Force, and this time the system starts up perfectly. Countless hours of struggle have been avoided.

In every aspect of your moment-to-moment life, you rely on Her. No mental interference, no anguish or pain, just a never-ending evocation of right conditions.



UNTITLED

Supramental Perspective: there are no problems, only Opportunities.



UNTITLED

In Supermind there is no success or failure; only opportunities



DOUBT, FEAR, FAITH, SUPRAMENTAL

When we move out of doubt and fear and the inevitability of suffering and death, replacing it with Faith in the Divine, in Mother, and the Grace that follows, we have moved into the Supramental consciousness of Truth of being, enabling a divine existence for ourselves and an immortal existence on earth.



INTEGRAL SOLUTION TO PROBLEM

To come up with an integral (i.e. supramental) solution to a problem, we must give up our fixed, prejudiced, single-minded, attitudinal, ideological predispositions and predilections. I.e. the part we are fixated on must be given up to acquire the integral whole.

UNTITLED

True, Integral Knowledge contains an inborn power of self-action, that invariably succeeds. It is thus Supramental; the power of the Mother.

UNTITLED

From our highest Consciousness, rooted in Mother (supramental), any and all problems in the world can be resolved from within.

Supramental and Society



INITIATIVES SPREAD TO SOCIETY

When a supramental-influenced individual takes up a new, obscure area of life, sooner or later it expands greatly, as the wider society fully adopts it.



SUPRAMENTAL FORCE AND WORLD GOVERNANCE

What he [Sri Aurobindo] saw was that the supramental Force would have enough influence on the various governments of the earth, of the nations, to permit hope for a harmony.

(The Mother, from Agenda, May 6, 1967)

Comment: It helped end the Cold War.



SUPRAMENTAL BUSINESS PLANNING

In normal business life, the leaders or founders of the organization bring out the relevant issues they are familiar with, weigh the possibilities, and then come to conclusions that are then acted upon. It is a rational, yet still incomplete approach. A far more successful method would include the following approaches, which essentially brings to bear the power of Higher Consciousness.

-The mind would be more still and more open, attracting intuitions of knowledge without the necessity to think. Thus, the final goal and conclusion of the normal human analysis and synthesis process described above would be known at the outset.

-Through an elevation of consciousness in the planning stage, the goal is achieved before it is even executed as the spiritual Force attracts the outcome at the beginning.

-Through mental silence, higher attitudes, and opening to the Force the results come quickly in ways one would never have imagined, while opening up new opportunities never thought of before.

Such "Supramental Business Life" is available to anyone who wishes to engage in it. It is just a matter of knowing which of the Inner Keys to turn. I.e. which inner psychological and spiritual method to utilize that will quickly evoke the miraculous.



SUPERMIND AND INTERNET

Descent of Supermind into the world is a movement of Unification and Oneness. Eg in just 2 decades the Internet has emerged as the first global social system linking billions of people together in a manner unimaginable just a few decades earlier. (Garry Jacobs)



LIMITS OF CURRENT COLLECTIVE EXISTENCE, AND NEED OF SPIRITUAL CHANGE

Sage and seer Sri Aurobindo examined the current reality and indicated that this existence cannot be the basis of a new [Supramental] collective life. He says that only Spirit - not the current mind and mentality - can harmonize our mental, vital, and physical existence, and create this new collective divine society.

Moreover, Sri Aurobindo indicated that there are severe limits to the current collective life, including the modern methods, to enable a perfect society. He indicates that neither the current scientific formula, nor a perfected economic society, nor democratic existence, nor varying structure of governance, nor religion are enough to create the higher, perfected, divine society and existence that the world is moving towards.

It is the Spiritual Change of individuals that alone can transform the race and bring about this new perfected Divine Life on Earth.

(based on Sri Aurobindo's 'The Life Divine' - chapter 56, The Divine Life)



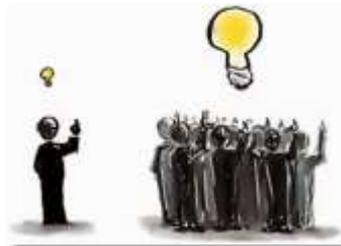
STRATEGIES TO AFFECT WORLD FROM WITHIN AS UNIVERSAL BEINGS

As Universal Beings we can affect anything in the world from within. One strategy is to use the spiritual Force; the Mother's Supramental power. Another is to change a wanting corresponding element in ourselves. A third is to forget the societal issue in the first place, giving up our attachment to it. Life will move - in the collective, in the society, in the world, in the universe.



RESOLUTION OF KASHMIR THROUGH SUPRAMENTAL CONSCIOUSNESS

Supermind is Unity consciousness. It may take a degree of it to get the harmonizing energy and solution that can resolve the Kashmir situation. That would show the harmonic power of Supermind; not just of ideas, but of actions, solutions that issue from it. Now Supramental perception and action can spread throughout India, and then the world.



MOTHER DEVOTEES' WORKS SPREAD THROUGHOUT SOCIETY

Where a Mother devotee takes to a higher value, or a career interest, or to a rising tide opportunity, etc., their success spreads to a wider plane, to benefit the entire society. It is because followers of Her Path are not just individual beings on the way to Individual transformation, but also UNIVERSAL beings with universal power brought about by Her Supramental Force.

UNTITLED

Sri Aurobindo saw that the supramental Force would have enough influence on the various governments of the earth, of the nations, to permit hope for a harmony. (The Mother, from Agenda, May 6, 1967)

THE HIPPIES AND THE SUPRAMENTAL FORCE

Mother said the Hippies were feeling the descent of the Force, though most could not hold it, as it was intense and overwhelming, requiring a great psychological stability. Still the Hippies could be considered the first manifestation of a Supramental race.

History of the Hippy Movement on Wikipedia (see below) is very thorough, though it has no inclination of the spiritual Force at work; which continues to increasingly descend today; though once again we are decidedly unaware of its existence and action. 😊



BIRTH OF A NEW WORLD

The really new thing is that a new world is born, born, born. It is not the old one transforming itself, it is a new world that is born. And we are right

in the midst of this period of transition where the two are entangled — where the old still persists all-powerful, entirely dominating the ordinary consciousness, but where the new one is quietly slipping in, still very modest, unnoticed — unnoticed to the extent that outwardly it doesn't disturb anything very much for the time being, and in the consciousness of most people it is even quite imperceptible. And yet it is working, it is growing — until the time comes when it will be strong enough to assert itself visibly.

The situation we are in is very special, extremely special, without precedent. We are witnessing the birth of a new world; it is very young, very weak - not in its essence but in its outer manifestation - not yet recognised, not even sensed, denied by the majority. But it is here. It is here, making an effort to grow, absolutely sure of the result. But the road to it is a completely new road that has never been mapped out before - nobody has gone there, nobody has done that! It is a beginning, a universal beginning. So it is an absolutely unexpected and unpredictable adventure.

(The Mother)

-thanks to Kani

ELITE OF SOCIETY TO MAKE THE SPIRITUAL CHANGE TO SUPERMAN

What Sri Aurobindo promised and what naturally interests us, we who are here now, is that the time has come when some beings among the elite of humanity, who fulfil the conditions necessary for spiritualisation, will be able to transform their bodies with the help of the supramental Force, Consciousness and Light, so as no longer to be animal-men but become supermen.

(the Mother)

-thanks to Kani



A SUPRAMENTAL WORLD

A new consciousness must manifest on earth and in man. Only the appearance of a new force and light and power accompanying the descent of the supramental consciousness into this world can raise man out of the anguish and pain and misery in which he is submerged. For only the supramental consciousness bringing down upon earth a higher poise and a purer and truer light can achieve the great miracle of transformation. . . . The integral Yoga aims at scaling all the degrees of consciousness from the ordinary mental consciousness to a supramental and divine consciousness and, when the ascent is completed, to return to the material world and infuse it with the supramental force and consciousness that have been won, so that this earth may be gradually transformed into a supramental and divine world.

(The Mother)

-thanks to Kani

Supramental Time



A supramental person lives in simultaneous time -- where past, present, and future are experienced as one, without boundaries, in the Eternal Present. E.g. from the present he can change the past and future.



EXAMPLES OF EXPERIENCING SIMULTANEITY OF PAST, PRESENT, FUTURE

From the perspective of the Reality, the All, past, present, and future do not exist as separate entities; there is imply one non-divided reality of time. This in contrast to the mind of Man, that perceives three divisions of time. How then would this undivided time of the reality express if we were to rise to that vast supramental Consciousness? Here are some capacities:

-one would intuitivize conditions, aspects of the future so that you know exactly what's going to happen then, and it then happens precisely that way

-one would intuitive the past so that you know exactly what occurred in the past that is affecting your present, and then make the necessary change, adjustments, overcoming negative karmas and enhancing positive ones.

-one would have a sense of taking the exact amount of time to accomplish an objective, as one knows the past influences and the future directions

-one does not feel the boundaries or the separate dimensions of time (past, present, future), as they are replaced with a mystical sense of timelessness.



SUPRAMENTAL PRECISION AND TIMING

In supramental consciousness everything happens exactly when it should; things dovetail precisely down to the second with other matters, to your under amazement.



SUPRAMENTAL TIMELINESS

The Supramental person is constantly helping others get out of predicaments and jams, which the receivers are deeply grateful for, though this was never the conscious intention of this higher-consciousness individual!

Eg an evolved man appears at just the right moment, offering an excellent solution, and saves the day for a client, though he had no idea what was occurring in the client's schedule nor of his unfolding circumstance. In other words, the supramental person is always in the right place at the right time, whether consciously or subconsciously doing so, defying all human logic of how life works. Perhaps we can call it Supramental Timeliness.



'ARRIVAL' AND SIMULTANEOUS, SUPRAMENTAL TIME

The visionary 2016 science fiction film 'Arrival' can be seen as a magnificent exposition of Sri Aurobindo's startling and profound concept and experience of "Simultaneous Time," where past, present, and future are synchronous in the eternal Now. Where we can in the present be one with the past and the future, meaning that the separation of the three is an illusion. They are part of one continuum that we can experience in an ever-present. I can thus fully perceive the future in the present; and I can fully know the past, not through memory, but direct experience.

It is in essence Supramental Time, which we are evolving toward, and which we will naturally experience in the future.

In Sri Aurobindo's view when we connect with our psychic being (evolving soul) within, the past, present, and future are fully at our disposal in the present, with full experience if and power over all three in the Now. We simultaneously have access to all three.



PSYCHIC BEING AND EXPERIENCE OF SIMULTANEOUS TIME IN FILM 'ARRIVAL'

INTRO

Here we will explore the mystical meaning of the science fiction film 'Arrival', in terms of the notion of time (past, present, and future), and our capacity to perceive all time in the present by moving to a deeper consciousness.

SYNOPSIS

Arrival is a 2016 American science fiction film. It follows linguist Louise Banks, who is enlisted by the U.S. Army to help translate communications from one of several extraterrestrial craft that have appeared across the world. She must find out why they have arrived on Earth before tensions lead into war.

The movie begins with the arrival of 12 extraterrestrial spacecraft at various places in the world. Each country is trying in their own way to come to grips, to understand the purpose of the arrival of the gigantic alien vessels.

The United States has chosen Louise, a school teacher, as well as the physicist Ian for the mission to decipher the aliens' voice, and to interpret their purpose of arrival.

After arduous trial, Louise succeeds in making the first breakthrough by making the "heptapods" (the aliens) write on the screen. However, their language is in a strange format, in the form of circular symbols with no beginning and end.

As Louise is trying to understand their language, she starts to see the subtle images of a girl as well as many other things. Through those subtle images, she understands the heptapods language.

However, in the meantime all 12 countries shut down their communication system out of fear and global threat; plus, the US is also preparing to withdraw.

Louise manages to reach the spacecraft alone, meets the "heptapods" and finds that they have come here to help humanity by offering a means of going beyond time; i.e. reach a state of what could be called "simultaneous time" – i.e. the experience of past, present, and future

experienced in the present moment. They also came because they knew they would need the help of humans help 3000 years from now.

They have chosen Louise to be the liaison with humanity in order for the countries to co-operate together in that mission. She would also be the conduit by which she could see into the future, which she does. Louise comes to know that all the subtle images she is seeing belong to the future plane as she comes to understand it, including her family life.

She also plays a vital role by calling to Chinese General Shang to stop the global war through the images of the future.

The movie ends by showing her family life several years later, with her daughter dying due to a rare disease; just as she had seen in her visions.

The movie also ends with the message that “Weapon opens Time”. (It turns out that this is not a destructive weapon, but a term indicating something like a tool; though the nations mis-construe it or misinterpret the term and expression as a harmful thing.)

COMMENTS

As an analogy, I thought that the Weapon refers to our “Psychic Being,” which is our evolving Soul, our True Self within. And one profound aspect of this Psychic element within us is that it knows our Present, Past and Future simultaneously. I.e. it enables us to be in a wider framework of Time, sometimes called “Simultaneous Time,” where in any given moment we have the full access to the truths of the past, present, and future in the eternal Now; the ever-Present.

How then can we get in touch with our Psychic Being that has this experience of “Time”?

As we are immersed on the surface activities and ignorance, we cannot hear its clarion call, missing the messages that are emanating from the depths within us. Yet, at times we receive hints of the Psychic Being’s workings; its influences and messages in our lives; its profound connection to our destiny.

How then can we more actively perceive the Psychic Being’s intimation?

One way we can hear its message is to move to total silence: to NOT thinking. For example, when we are intensely concentrating on a way to

solve a problem, we can give up our reliance on Mind, including the ability to think. At such moments, - when we lost faith in our personal capacities, - the Psychic Being within us comes to the surface and whispers subtly to us, which we perceive in the form of a sudden idea or subtle vision.

In Arrival it was not clear whether Louise had that power naturally or through the aliens. I therefore thought of the following. Louise was running out of time to decipher the symbols of "heptapods," though she was trying earnestly.

At one point in time, she could not figure out anything more, and so she gave up on that approach. As a result, suddenly she started to see the images of a little girl (an image from future) and as a result, she started to perceive the meaning of current issues she had been struggling with.

In the beginning, the images came to help her to solve heptapods language and decipher its meaning. However, as the movie progressed, she eventually came to know about her own future life, including its purpose. (including deciphering heptapods language to make it known to the world, and as a result stop a potential global war.)

If reaching a dead-end with her mind to solve problems was one factor, what other traits in Louise's nature which helped her connect with the Psychic?

- One is probably her genuine willingness to try to understand and solve the issue,
- A second is her willing to never give up and try earnestly
- A third is her propensity not to think materialistically alone like others (who eg had thought of the aliens' arrival as a material threat).
- A fourth is that at one point, when she was not making any progress, she began to approach the problem from the alien's point of view (and as a result finally succeeded in making contact, causing them to communicate and write their concepts on the screen).
- Though her team and she were making progress in deciphering the language, one by one all the countries shut down their communication system. And yet she continually tried her very best to make all the countries collaborate.

Through these higher personal and spiritual methods, her Psychic Being came to the surface, compelling her to make a call to Chinese General Shang in the present that would reverberate into the future, when at that time his and then the other nations stood down from war.

One question that was puzzling from the movie is, why Louise had embraced her family life despite knowing the fact that what life was going to bring to her (her daughter's sickness) in the future. I understood from Garry Sir's Savitri lecture that Life is presenting the means for our progress in the best possible way, according to the state of consciousness we are in. It doesn't mean that there could not be any other better way.

For example, why Darcy had to go through a year of struggle to marry Elizabeth despite the fact he was introduced to her in the very beginning. It was because it came from the consciousness of Jane Austen, who had written the story 200 years ago, and that was her best possible way she imagined the transformation of a man like Darcy. What if that story had happened now? What if Darcy would have known about Life Response principles? The course of events could certainly have been different.

In other words, the Divine's plan is not carved in the stone. As we rise in consciousness, the Divine's plan changes in response to it, and we continue to evolve progressively because in essence we ARE the Divine; we are the author; we are the creators of our own story. It is our choice that matters.

So in the movie, could Louise have acted differently to save her daughter? Definitely yes; provided she followed higher spiritual values like Faith in the Divine, not relying on the known medical facts, past consecration, and so forth.

FURTHER THOUGHTS

Why did the Heptapods use the term "Weapon"? Wouldn't they know they would use the nations to react?

Perhaps the reasons they would die off in 3000 years is their ignorance indicated by their inability to use a non-threatening world, instead of Weapon.

The Heptapods knew that the weapon would go off and that one of them would die as a result. They felt it was inevitable, which would teach the humans that one can know the future, which would help gain the trust of the humans, so they could help the heptapods in the distant future.

(Consecration would overcome such inevitability – Destiny over Fate.)

It is possible that they never meant “Weapon,” and it was misinterpreted as such. That it was more like a tool, or system or other positive aspect.

(by Senthil Murugan, with additional thoughts by Roy Posner and Susan Lamkey)



The Supramental Force looks into the future, and thereby determines its actions in the present.



EXPERIENCE OF TIME AMONG PERSON TYPES

There are several TYPES of persons, of which the normal human being is centered mostly in his vital or mental being. Moreover, we can see how each type of person relates to Time:

--A physical person enjoys mindlessly reveling in the past.

--A vital person likes those moments that are satisfying, whether in the past or present.

--A mental person focuses on that which is useful among past, present, and future.

--A spiritual person lives in a state of Timelessness, i.e. beyond time.

--A supramental person lives in simultaneous time -- where past, present, and future are experienced as one, without boundaries, in the Eternal Present. E.g. from the present he can change the past and future.

UNTITLED

We live in the present only; moving from moment to moment; having no knowledge of the future, with only memory of the past. However by opening to the supramental consciousness, to the Divine Mother we are able to alter the conditions of the future, while negating the negatives of the past. Thus in the true Now of Supramental existence we have power over past, present and future simultaneously.

UNTITLED

From a Supramental perspective if it's gleaned, intuitivized to happen in the future, then it's just a matter of time before it happens in the present.



EXAMPLES OF EXPERIENCING SIMULTANEITY OF PAST, PRESENT, FUTURE

From the perspective of the Reality, the All, past, present, and future do not exist as separate entities; there is imply one non-divided reality of time. This in contrast to the mind of Man, that perceives three divisions of time. How then would this undivided time of the reality express if we were to rise to that vast supramental Consciousness? Here are some capacities:

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-one does not feel the boundaries or the separate dimensions of time (past, present, future), as they are replaced with a mystical sense of timelessness

Reader: Hi good morning

Be in present. It is very very powerful

Do maximum work in orderliness and accurate. Do not expect anything in return.

"Doing once duty is highest service to the supreme"

See the life response. Only watch.

Enjoy your presence. Be peaceful. Be stable.

Try try.

Response: Yes, no expectation of result in a work keeps you in the Now. And yes also calmly responding to the life response does same.

Reader: Thanks really.my practical experience also

Sri Karmayogi's books guidance

Miscellaneous



UNIVERSAL CONSCIOUSNESS

What are some attributes of an individual who has attained “universal consciousness”?

-perceives many different aspects of a thing (instead of a few) in a moment or timeframe, and how they interrelate

-through inner stillness, the essentials needed to be known flood into one's mind

-knows the many sided truth of things

-senses what is invisible or at a distance, without being told

-feels unity with everything and everyone

-feels one's self as unbounded, not confined to one's small individuality.

-has powerful influence on any aspect of life, of society through one's inner aspiration, behavior

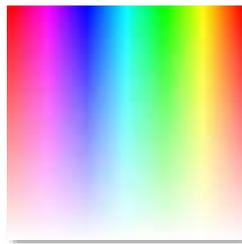
-feels the infinite consciousness in everything one does, experiences

-is unbound by space and time.

-has constant intimations of what the future holds; and the full meaning and influence of the past on the present

- always knows what to do, the right thing to do; and what not to do
- continuously perceives the fullness of what is happening
- senses the Divine Hand in everything
- perpetually connected to one's soul, and the souls of each individual one encounters
- continuously experiences peace, harmony, truth, goodness, love, and joy of being through an ever-expanding inner, soul existence
- perceives the vital role of all things, including the negative in the unfolding
- sees all things visible and invisible, and their relationship, as part of the one Reality

btw: Universal Consciousness is a plane slightly below Supramental (Truth) Consciousness



SUPRAMENTAL CONSCIOUSNESS AND COLORS OF THE RAINBOW

The Supermind or Supramental consciousness is like the spectrum of colors of a rainbow. In Supermind, one perceives each and all aspects of a matter or thing (like the spread of colors of the rainbow), but also sees each thing in relation to the Totality of Truth from which it emanates (i.e.

each color is perceived in relationship to the white or clear Light from which it originates).

Moreover, in Supermind, each individual aspect of a matter or thing is perceived as being in unity with each and every other, since it shares the same Essence and Totality. In essence, Supermind is Unity Consciousness; the reverse of normal life of contradiction and division.

E.g. Joe has his knowledge about a subject. Mary does too, but it a different knowledge than Joe's about the same subject. Each person asserts their point of view. There is no understanding of the other person's position, nor the Totality of truth from which it originates.

In Supermind, one has all the knowledge at once; each individual thing is perceived as being in integral relation to every other; and each thing is perceived in relationship to a higher/greater Totality of Truth of which the individual truths have their origin. This existence is far beyond human functioning, yet is where we are headed.

In Supermind, the Totality, the Details, and the Unity all come in a flash, or at once. Plus there is an intense compulsion for that entire Knowledge or Truth to manifest in the world. Often it does manifest.

When we open to the Mother's Force, we take a step into the supramental plane and consciousness. Frequent consecration will keep us there forever. Our lives will be an endless unfolding of the miraculous, catapulting us to the top of any work or field applied to. Even to the "non-field" of ultimate yogic attainment.



TRUE SECURITY

In one sense hankering for Security is of the lower, physical consciousness. True Security is based on Pure Faith. When one can hang by a fingernail at the edge of a mountaintop and smile because of Faith, then one has

moved from physical to spiritual Security. We devotees live somewhere in between, hoping for physical, vital, and mental security in various shadings. E.g. vital security is created by the Trust and Faith that all life circumstance we engage in will work out well. It's a psychological state of well-being based on life's cooperation. The Mother's Force enables such Security, as she does all the other kinds.

Naturally physical security comes first - money, house, career, possession etc. It is something humans have hungered for since the dawn of time. Mother will provide these of course. But that surely cannot be enough for Her Life, for Supramental Living. When we stop looking for physical security (even that which She can provide) and instead perform our work to perfection, are self-giving to others, and live for the joy of astonishing moments, then we have the Security of Life; secure that spiritual Magic is always afoot, which is to experience the Ananda of Living.



OPENING TO THE DIVINE MOTHER OVERCOMES INFLUENCE OF THE ASURIC INFLUENCE OVER TIME

Sri Aurobindo indicates that the asuric forces, entities, beings seek to throw one off course in our spiritual pursuit and yoga.

The attacks - whether experienced as a violent inner conflict, abnormal depression, compulsions to abandon the spiritual path, suggestions of calamity, irrational impulses, etc., - will gradually fade as one maintains a close connection to the Mother and her Supramental Power.

He says that we should not trouble ourselves and worry about the hostile forces; only we should keep our aspiration and faith and connection to the Divine constant. Through constant self-consecration and opening to Her Force, a settled peace comes in, and so when there is an assault, one is more readily aware of it, and can therefore more easily cast it off and not give in to it.



RESOLVING THE PLAY OF HE AND SHE

-All is a play of He and She. Of Spirit (purusha) and Nature/life (prakriti).

-He acts through process, through law, through necessity, and fixed rule. She acts through fantasy, caprice, chaos, unpredictability, and chance.

-Our whole life seems to be the experience of combinations of these. Eg we see the Necessity of things happening in our lives (He), but also perceive mere Chance (She) at work. We fail to see the Truth of things; i.e. how these opposites are resolved.

-And yet we can reconcile both by withdrawing from the surface of life and moving to the depths within, culminating in the psychic being, and surrendering to Mother's Supramental Force.

-Through our higher consciousness we continuously perceive the right relation and deeper Truth of things. We reconcile contradictory forces, opposites in our lives; living naturally, harmonically in the play of He and She.

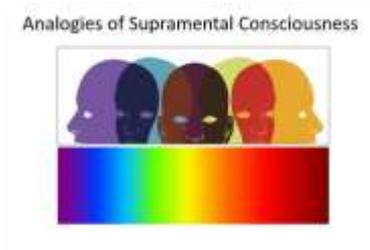


GANESH & HIS BROTHER

In one recent variation of the story, Ganesh, in trying to win the prize of Life, walked around his Mother, the divine Mother encompassing a few meters. His brother walked around the world, which is 40,000 kilometers over many months and years. Ganesh instantly attracted all the solutions of Life by consecrating to the divine Mother (to supramental power) with hardly any motion, while his brother labored for years travelling around the world with limited results. Essentially Ganesh gained all the rewards from within, from Mother. If we are sincere in this movement, we can do the same.

UNTITLED

The descending Supramental Power is increasingly turning Faith into Certainty.



ANALOGIES OF SUPRAMENTAL CONSCIOUSNESS

It is difficult to imagine what having a supramental consciousness is as our mind is very limited to perceive it, let alone becoming that ultimate state of being. So here are two analogies that might be helpful to explain what having SC is:

OUR TOTALITY OF BEING -- Imagine you are considering who you are or have been. You perceive that you are a father/mother, a son/daughter, a parent, a child, a family member, a student, as worker, a manager, an owner, a consultant, an instructor, an author, a researcher, an advisor, a technical specialist, an athlete, a musician, traveler, a being and soul, a unique individual, and many others. Imagine you are all these things **AT ONCE**.

That is similar to having the supramental consciousness.

Also simultaneously imagine that you are not just are and have been these specific entities in one perception, but also a Whole of all these at once. A whole that is even greater than the sum of the parts.

—
SPECTRUM OF LIGHT - Here's another analogy. Imagine a spectrum of light where you are able to see all of the primary colors of the rainbow. At once you are aware of each color of that spectrum, as well as the white light that they combine into. That whole (white) is also greater than the sum of the parts.

To have Supramental Consciousness is to know all of the necessary details in a given moment, all of them perfectly true, and combining to give a whole that is greater than the sum of the parts.

In a situation, the Force sends me the complete knowledge necessary at that moment, plus there is a will in it to become real, to manifest as real in the world.

(Roy Posner)



THREE LEVELS OF TRANSFORMATION

There are ... different statuses of transformation. First is the psychic transformation, in which all is in contact with the Divine through the individual psychic consciousness. Next is the spiritual transformation in which all is merged in the Divine in the cosmic consciousness. Third is the supramental transformation in which all becomes supramentalised in the divine gnostic consciousness. It is only with the last that there can begin the complete transformation of mind, life and body - in my sense of completeness.

(Sri Aurobindo)

-thanks to Kani

RP: It is called the "Triple Transformation" by Him in 'The Life Divine' book.
It ends in a new species of Man beyond the current humanity.

Entries through **Apr 02, 2022**